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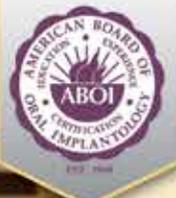
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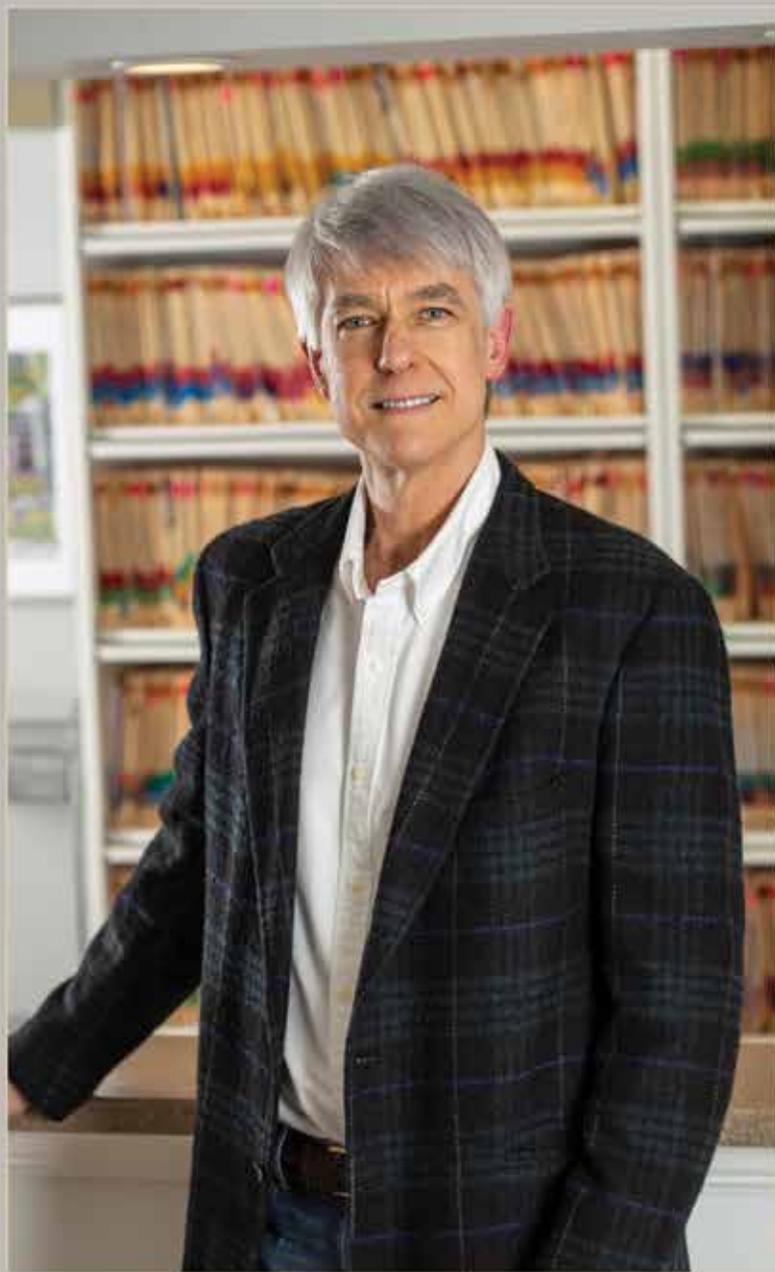
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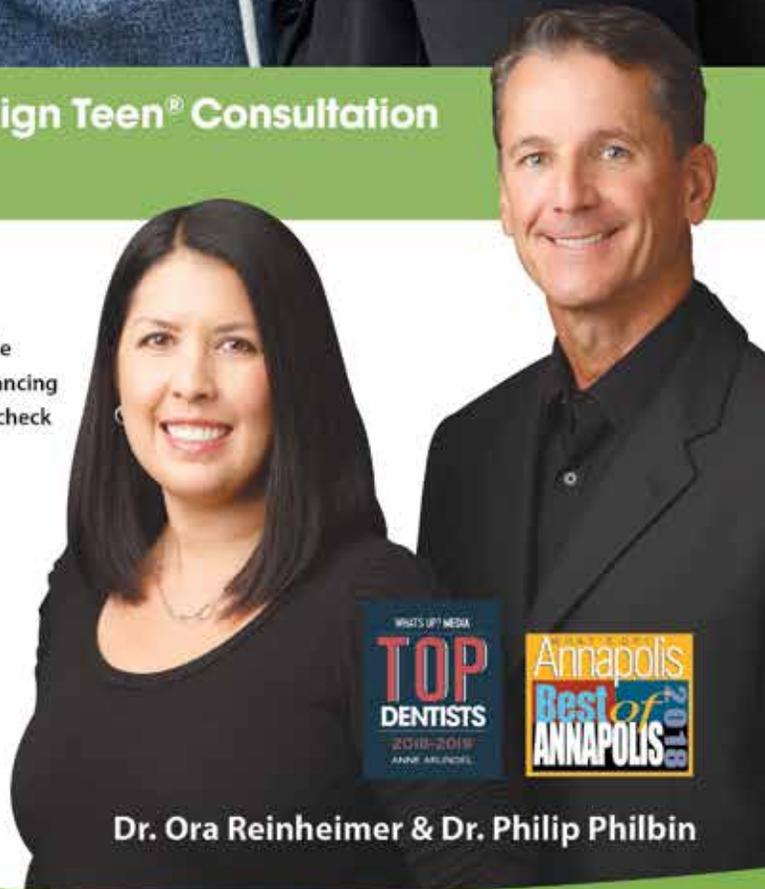
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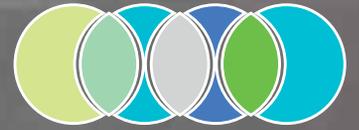
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On the Cover: Home is where the heart is and we hope to inspire yours with this month's home-themed issue. Design by August Schwartz. Contact *What's Up? Annapolis* online at whatsupmag.com
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Annapolis, MD | 4 BR/2.5BA | \$740,000
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Ann Englehart 443-745-5799



Annapolis, MD | 4 BR/2.5 BA | \$819,900
1303 Beachview Road, Fishing Creek Farms

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Kurt Hornig 410-353-0752



Annapolis, MD | 4 BR/3.5 BA | \$849,900
3435 Hidden River View Road, Fishing Creek Farms

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Arnold, MD | 6 BR/4BA | \$1,349,000
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Annapolis, MD | 5 BR/3.5 BA | \$575,000
313 Canterfield Road, Hunt Meadow

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Edgewater, MD | 4 BR/4.5 BA | \$825,000
93 Colony Crossing, South River Colony

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Annapolis, MD | 4 BR/3.5 BA | \$599,900
8 Somerset Court, Hunt Meadow

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Michele Cordle 410-562-8680



Annapolis, MD | 5 BD/4.5 BA | \$869,000
1722 Deacon Way, Saint Margarets

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Annapolis, MD | 2 BD/2 BA | \$895,000
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Annapolis, MD | 4BR/3BA | \$719,000
1703 Robin Hood Road, Epping Forest

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Jennifer McCormick 443-852-0323



Annapolis, MD | 4BR/3BA | \$679,000
1131 Bay Ridge Road, Near Bay Ridge

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Alex Tower Sears 410-353-3703
The Tower Team 443-254-5661



Crownsville, MD | 3BR/3BA | \$1,200,000
735 Riverside Drive, Herald Harbor Waterfront

This contemporary waterfront home was renovated to enhance the incredible views of The Severn River. The home engages Feng Shui principals focusing on different points of light of sunrises and sunsets. Master suite with elevator on upper level. All bedrooms are en-suite. Deep water dock with boat lifts Stunning views.

Anne Harrington 410-340-9961



Annapolis, MD | 3BR/2BA | \$675,000
150 E. Bay View Drive, Hillsmere Shores

Enjoy the water views from this spacious coastal cottage with fine luxury finishes. This 2200 SQF one level home has an open floor plan, screened porch and deck. The .5 acres has fenced yard, detached workshop and 2 car garage. Walk to the community beach and marina.

Jennifer McCormick 443-852-0323
Stealey Ashley 443-326-9041



Olde Severna Park, MD | 4 BR/3.5 BA | \$699,000
36 Hatton Drive

Charming colonial in the heart of Olde Severna Park. Enjoy outdoor living on the screened porch, spa, pool and deck. Walking distance to the elementary school, bike path, shops and restaurants. Incredible water privileges on the Severn River with a beach pavilion and boat slips.

Sandra K. Libby 410-919-1809



Gambrills, MD | 5BR/4.5BA | \$710,000
222 Percheron Court

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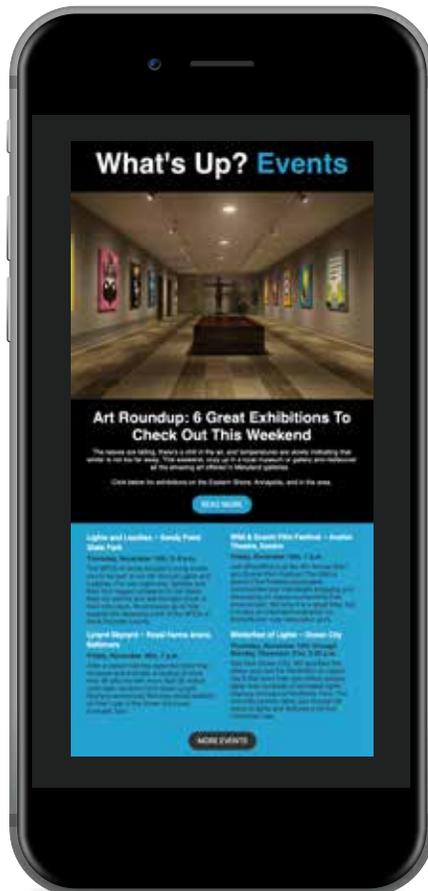
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Host Your Event

You already trust the What's Up? Media team to provide you with a monthly calendar; now, you can rely on us for simple, secure, and convenient ticketing purchases. Search our database for a night out, or contribute your own and take advantage of our community outreach, only at whatsuptix.com.



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UPCOMING MARCH EVENTS ON

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1

The Look 2019

What's Up? Media
The Westin Annapolis Hotel
6:00pm - 9:00pm | **\$18**



23

Annapolis Oyster Roast & Sock Burning

Annapolis Maritime Museum
12:00pm - 4:00pm | **\$25-85**



3

Murder Mystery Dinner Party

The Republican Women of Anne Arundel County (RWAAC)
Primo Pasta
2:00pm - 6:00pm | **\$80**



9

Music 4 Maryland featuring Noah Guthrie & Priddy Music Academy

Music 4 More
Metropolitan Kitchen & Lounge
7:00pm - 12:00am | **\$30**



23

Blue Jeans and Bling

South Shore Elementary School PTA
Anne Arundel County Fairgrounds
6:00pm - 10:00pm | **\$20-280**

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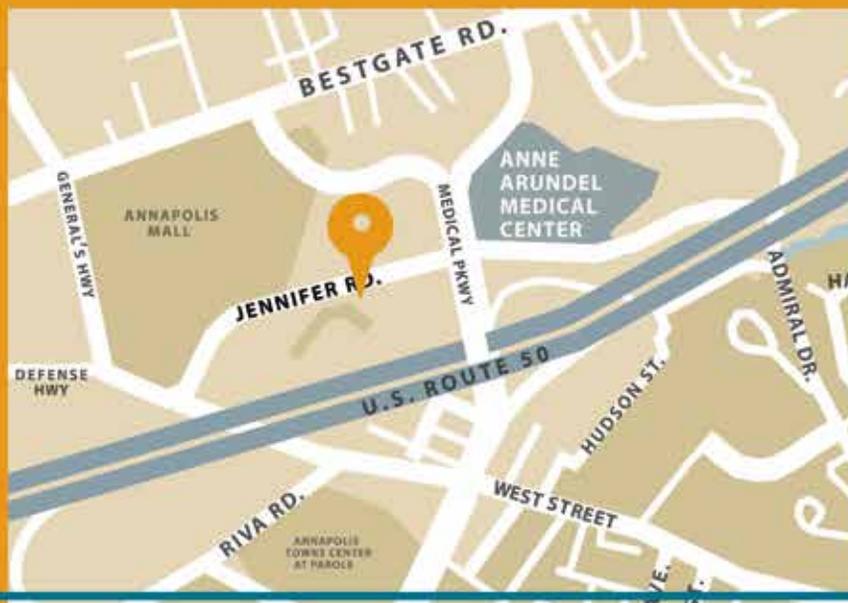
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From the publisher



have good news. March 20th is the first day of Spring! Whether or not the weather cooperates, officially it will be spring. What that means to me is longer, warmer days with fewer gray skies and bluer. It is a very hopeful season for me. It promises good times ahead with many opportunities to be outside enjoying the more laid back and seemingly freer lifestyle. Fun fact: According to the *Farmers' Almanac*, this is the month that worms come out of the ground, which is, I guess, why we see so many pictures of robins with their beaks filled with the poor worms. In fact, the full moon in March is called the worm full moon!

The features in this issue of What's Up? have the air of new things happening and fun on the horizon. I love the story of the new farm families. This is a way of life that seemed doomed but now—with a little ingenuity and help from the state Department of Agriculture, local universities, and private organizations—is again becom-

ing a good possibility as a rewarding lifestyle. If a total lifestyle change isn't for you right now, another article I love is the one on gardening with kids. This time, the results are more personal but just as meaningful. Perhaps, just growing one tomato plant will give you and your child or grandchild a wonderful memory. That can be priceless.

This is the time of year when so many of us start new projects in our homes. We showcase new trends in furnishings, colors, and styles to give you more inspiration. Or, if by chance, you decide to leave the old

"It is a very hopeful season for me. It promises good times ahead with many opportunities to be outside enjoying the more laid back and seemingly freer lifestyle."

behind and find another place to live, we have many pictures of homes for sale and the real estate agents to help you find them. Sometimes I think of this section of the magazine as a "dream book."

So, there are bound to be at least a few good sunny days this month. My wish for you is that you can find time to take some summer furniture and maybe a glass or two of something delicious outside and enjoy the moment. Just think, this is only the beginning. We have the rest of the spring and summer ahead of us!

Veronica Tovey,
President + Publisher



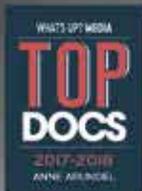
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Maryland's Mental Health Crisis

I want to commend your magazine for publishing the article "Maryland's Mental Health Crisis" [January 2019] by Kelsey Casselbury.

I don't believe I have ever seen an article before like this in a general magazine, particularly regarding lifestyle. Mental health is part of our everyday life and to read an article which describes various diagnoses that affect the average person, who may suffer from emotional or mental problems, always hidden in the past, but certainly much more open today, is appreciated.

There is a greater acceptance of mental health issues today, as is evident by your publication of Ms. Casselbury's article.

—Alan H. Peck, MD, Cambridge

Southern Maryland Coverage

I am the Senior Care Director for Regent Healthcare and I am writing to find out if you have any intentions to expand your publication to cover Southern Maryland? I know without a doubt, that What's Up? magazine would be well read and recognized in Southern Maryland, in addition to all of the other areas. Our company, Regent Healthcare was rated No. 1 by *What's Up? Annapolis* last year and we take great pride in knowing that we are helping those in the community that cannot care for themselves and giving peace of mind to their families as well. We would like the opportunity to do the same in Southern Maryland. Any plans to expand?

—Vicki Chance

Editor's response: Thank you! We are always seeking opportunities to expand our brand and serve local communities. Several of our employees are from or currently live in Southern Maryland, specifically Calvert County, so it is very nice to know that we wanted in this region. We will update readers if and when we plan to expand southward.

Immigration

Your article on immigration by Frederick Schultz ["A Lone Voice Pursues the American Dream," January 2019] was eye opening regarding the impact on local businesses when migrants are not able to secure the right to work. The subject is so appropriate especially with recent news. I also was glad to see February interviews by the same staff member ["Visionaries Among Us," February 2019], who included pediatrician Dr. Robert Graw, who treats two generations in our family. Mr. Schultz is a skilled interviewer who can draw out great input from his subjects. I eagerly await the next issue of *What's Up? Annapolis*.

—Marlyn Ann R. Pringle, Gingerville

Self Care

I loved your [February 2019] article entitled "15 Science-Backed Ways to Practice Self Care". It is one of the best articles I have ever read. You have a talent of delivering extremely good information in a simple, easy to understand way. Keep up the good work! I look forward to your future articles.

—Anita Snyder, Grasonville

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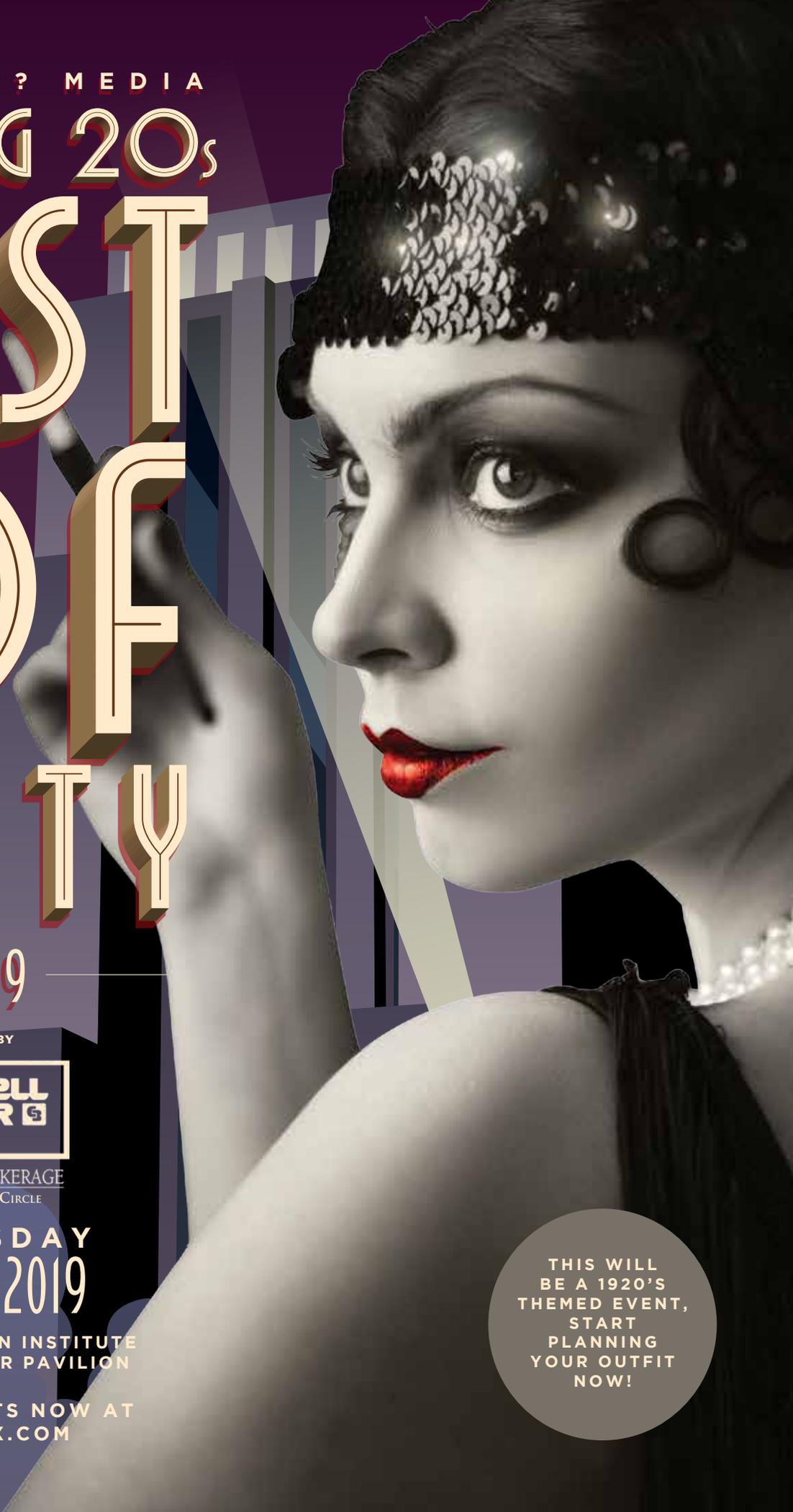
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27 EVENT PICKS | 32 SOCIAL | 42 SALUTE | 46 SPOTLIGHT | 48 ATHLETE



← Ignite Annapolis

Head to Maryland Hall for the Creative Arts on Thursday, March 14th for Ignite Annapolis, a fast-paced series aimed at building community and sparking discussion by entertaining, inspiring, and enlightening the audience. The event will feature 16 thought-provoking speakers, each presenting for five minutes and sharing their personal and professional passions. Proceeds will go to *The Capital Gazette* Memorial Scholarship Fund benefiting students of the University of Maryland's Philip Merrill College of Journalism. Tickets are \$10. For more information, visit Marylandhall.org.

Hospice of the Chesapeake Annual Gala →

Join Hospice of the Chesapeake Foundation in celebrating "40 Years of Caring for Life" during its annual gala Saturday, March 16th, 5:30-11 p.m. at Live! Casino & Hotel in Hanover. This elegant and fun-filled evening will feature dinner, drinks, auctions, and dancing. Proceeds will help support Hospice of the Chesapeake's vital programs. Tickets are \$275 per person. For more information, visit Hospicechesapeake.org.

Photo by Allison Harbaugh, Sugar Farm Productions



Widespread Panic

Since forming their original lineup in 1986, Widespread Panic has released 12 studio albums and 43 live albums, selling more than three million copies worldwide. Their loyal fan base has helped them break attendance records at popular venues across the country, and the band is eager to continue delivering great music and high-energy performances. Widespread Panic will be performing at The Theater at MGM National Harbor Friday, March 15th through Sunday, March 17th, 8 p.m. For more information, visit Mgmnationalharbor.com.

Photo by Andy Tennille



Annapolis St. Patrick's Day Parade →

Now in its seventh year, the Annapolis St. Patrick's Day Parade has become the largest and most popular parade in the city. This year's parade is Sunday, March 10th, 1 p.m. It will travel down West Street, clockwise around Church Circle, down Main Street, around Randall/Compromise Circle, ending on Randall Street. This year's beneficiary is Warrior Events, a local non-profit organization dedicated to enriching the lives of wounded veterans. For more information, visit Naptownevents.com.



← NAVY LACROSSE

Head over to Navy-Marine Corps Memorial Stadium and cheer on the Midshipmen as they hit the lacrosse field. The men will take on Bucknell on Saturday, March 2nd, 3 p.m.; Princeton on Tuesday, March 5th, 4 p.m.; and Lehigh on Saturday, March 23rd, 12 p.m. The women will play Florida on Saturday, March 2nd, 11 a.m.; Boston College on Wednesday, March 6th, 7 p.m.; Brown on Saturday, March 9th, 12 p.m.; Bucknell on Saturday, March 23rd, 3 p.m.; and Holy Cross on Saturday, March 30th, 12 p.m. For more information, and a full season schedule, visit Navysports.com.



Reclaimed Runway ↓

Join Chestertown RiverArts for an evening of creativity, hilarity, and community fun at the second annual Recycled Runway on Saturday,

March 23rd, 5–9 p.m. in the Chesapeake Room of the Rock Hall Volunteer Fire Department. This fashion show will feature one-of-a-kind creations designed by artists and groups of all ages using recycled or re-purposed materials. The event benefits RiverArts' educational programming for children and adults. Tickets are \$50 for general admission and \$100 for runway seating. For more information, visit Chestertownriverarts.net.

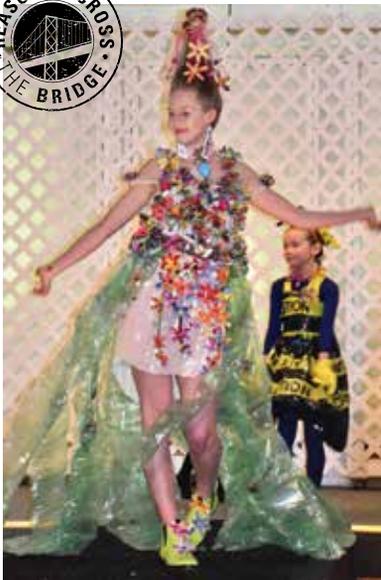


Photo by Lani Seakaly

FLEETWOOD MAC

For more than 50 years, Fleetwood Mac has been creating and performing music for audiences across the globe, selling more than 100 million records. The Grammy Award-winning band, featuring a line-up of Mick Fleetwood, John McVie, Stevie Nicks, Christine McVie, and newcomers Mike Campbell and Neill Finn, recently kicked off a North American tour. Fleetwood Mac will be performing at Capital One Arena on Tuesday, March 5th, 8 p.m. and Royal Farms Arena on Sunday, March 24th, 8 p.m. Ticket prices vary. For more information, and to purchase tickets, visit Capitalonearena.com or Royalfarmsarena.com.

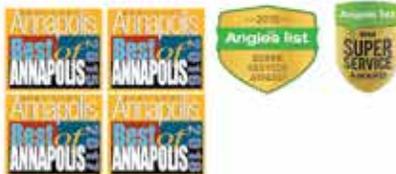
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← **BLACK TIE AND DIAMONDS GALA**

Join the Rotary Club of Annapolis for its annual Black Tie and Diamonds Gala on Saturday, March 2nd, 6–11 p.m. at The Hotel Annapolis. Dress your best and enjoy cocktails and hors d'oeuvres, peruse the silent auction, and bid on special items, great trips, and a signature diamond piece from Zachary's Jewelers at the live auction. The gala includes a sit-down dinner and dancing. Tickets are \$150 per person and \$1,500 for a table of 10. Proceeds from the event will benefit Partners In Care. For more information, visit Annapolisrotary.org.



↑ **ANNAPOLIS OPERA: CARMEN**

Bizet's *Carmen* has everything you want in an opera: a twisting tale, passion, deceit, and incredible melodies from the fiery "Habanera" to the "Toreador Song."

Bizet's final work is known worldwide and has become one of the most popular and frequently performed operas. Starring mezzo-soprano Cassandra Velasco as Carmen, *Carmen* comes to Maryland Hall for the Creative Arts on Friday, March 15th, 8 p.m. and Sunday, March 17th, 3 p.m. Ticket prices vary. For more information, visit Annapolisopera.org.

Ninth Annual Annapolis Oyster Roast & Sock Burning

Celebrate the coming of spring with a unique Annapolis tradition: tossing your old winter socks into a bonfire. Annapolis Maritime Museum's ninth annual Oyster Roast & Sock Burning will be Saturday, March 23rd, 12–4 p.m. Admission includes unlimited raw and roasted oysters, live music, admission to the Museum's exhibits, and a chance to enter the oyster-shucking competition. General admission tickets are \$25, and the "People's Choice" ticket is \$85 and features samples of oyster cuisine from 12 premier Annapolis restaurants. Tickets can be purchased at Whatsuptix.com.



↑ **CHILIFEST**

Join Friends of the Lighthouse for its first annual ChiliFest on Sunday, March 10th, 1–4 p.m. at the Double-Tree Hotel Annapolis. This charity chili cook-off features local chefs, caterers, and amateur cooks from Annapolis and the surrounding areas. Awards will be given in the Judges' Choice and People's Choice "Best Chili" category and "Best Booth Display." Live music will be provided by The Stragglers. Ticket prices vary. For more information, visit Friendslhs.org.

FOREIGNER

Known for popular songs like “Feels Like The First Time,” “Cold As Ice,” and “Long, Long Way From Home,” Foreigner has earned 10 multi-platinum albums and 16 top-30 hits. The legendary rock band will be performing some of their greatest anthems on Friday, March 22nd, 8 p.m. at Live! Casino & Hotel in Hanover. Ticket prices vary. For more information, and to purchase tickets, visit Livecasinohotel.com.

Annapolis Film Festival

Calling all movie-lovers! The Annapolis Film Festival returns for its seventh year Thursday, March 21st through Sunday, March 24th. Enjoy four days of panels, events, parties, and more than 70 films, including diverse shorts, documentaries, and feature films. Festival-goers will also have the chance to socialize and converse with local and international artists and moviemakers. The venues will include Maryland Hall for the Creative Arts, Asbury United Methodist Church, St. John’s College, and Annapolis Elementary School. Tickets are \$145. For more information, visit Annapolisfilmfestival.com.



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CASAblanca

Anne Arundel County CASA, Inc. celebrated 21 years of service to abused and neglected children Saturday, November 3rd, during its annual gala, CASAblanca: Helping Foster Children Weather the Storm. Held at the Westin Annapolis Hotel, this premier event featured a cocktail hour with butler-passed hors d'oeuvres, open bar, plated dinner with dessert, live and silent auctions, various raffles, and live entertainment.



Photography by Scot Henderson 1. Rebecca and Rex Tingle 2. Keith and Kara Zelinsky 3. Erin Dryden and James Yancey 4. Richard and Christina Berwanger 5. Robert Connor and Melissa Jackson



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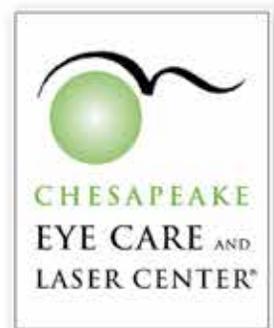
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Nutcracker Tea

For two Sundays in December, the 2nd and 9th, What's Up? Media transformed the Hotel Annapolis into a holiday wonderland for its annual Nutcracker Tea. Families at the sold-out event experienced a high tea, breakfast or lunch, live performances of *The Nutcracker* by Maryland Performing Arts Center, and story time with Santa and Mrs. Claus. A portion of the event proceeds supports local charities.

Photography by Stephen Buchanan 1. Gianna Ferrara, Kennedy Lykudis, Adriana Ferrara, and Berkeley Lykudis 2. Mia Groff, Nya Groff, Chloe Chaloot, and Lilly Baker 3. A dancer performs a portion of *The Nutcracker* 4. Jennifer and Elizabeth Thibedeau 5. Emma, Andrea, and Grace Shove 6. Ranie and Piper Pipkin



TOWNE SOCIAL

Holly Ball

Guests filled the Westin Annapolis Hotel for the Severn Town Club's 55th annual Holly Ball on November 22nd. They enjoyed a cocktail hour, open bar, dinner, raffle, a silent auction, dancing and music from the Oracle Band. Proceeds went to Edgewater's Summit School, which educates students with dyslexia and other learning differences.



Photography by Steve Buchanan **1.** Caroline Bogan, Daniel Burke and Gretchen Mayer **2.** Rick and Corie Stewart, Linda and John Kassel **3.** John Chiochetti, Alice Grabowski, Erin Horst, Jason Horst, Beth Crabtree **4.** Daniel and Elizabeth Grove **5.** Rose Brice and Steve Atkins



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Vine Arts

On November 10th, The Vineyards at Dodon hosted The Arc Central Chesapeake Region's annual Vine Arts event.

Attendees enjoyed a locally sourced lunch, wine tastings, and either a tour of the vineyards or the opportunity to capture the beautiful location through painting, sculpting, or photography. Proceeds benefited the many Arc programs.



Photography by Wil Scott **1.** Sue Gallant, Lisa Bennan, Martha McDowell, Laura Auslim **2.** Jonathon Rondeau, CEO, Debby Dougherty, Stuart Pittman **3.** Deb Watson, Artist, Sen. Ed Reilly **4.** Kathy Creighton, Event Founder, Jonathon Rondeau, CEO

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TOWNE SALUTE

Marie Bossie

Assistance League of the Chesapeake

By Cate Reynolds

When it comes to helping others, Marie Bossie doesn't let anything stand in her way. Originally from Boston, she and her husband, Norman, moved to Maryland in 1981 when he accepted a job at Holy Cross Hospital in Silver Spring. Bossie, a registered nurse, helped found Carroll Home Care and Carroll Hospice, where she served as executive director until her retirement in 2006.

Throughout her career, she was devoted to caring for others, and that remained the same even after she retired. So, when a neighbor approached her about joining Assistance League of the Chesapeake, Bossie decided to give it a shot.

"I wasn't sure whether I was ready to get into something," Bossie says. "But I went to a meeting and I was so impressed with the women and all that they were doing, so I joined."

Assistance League, founded in 1919, is a national non-profit organization dedicated to strengthening communities through various hands-on programs. While the majority of the programs offered focus on children, they vary across each of the 120 chapters based on the needs of the surrounding communities.

Since joining ALC 12 years ago, Bossie has stayed busy, serving as the chapter president, vice-president of philanthropic programs, and strategic planning chair. Currently, she chairs the Kids In Need program which, through a partnership with Old Navy, provides new school uniforms to children at seven local Title 1 schools. When Bossie took over the program in 2012, ALC was giving out 350 uniforms a year. Last year, it distributed 2,500.

"The kids are just so happy when we come," Bossie says. "They can't wait for us to give them a new uniform. The teachers and counselors say the students feel better and more confident, and are more engaged in the classroom and extracurricular activities when they have new clothes. So, we love doing it."

Bossie, a mother of four and grandmother of seven, admits that, as she's gotten older, she's considered cutting back on some of her charitable work. But, for the time being, her commitment to serving others remains unwavering, even after suffering a heart attack in the spring of 2018.

"I'll be 80 soon, and I've thought that maybe it's time for me to step away," Bossie admits. "But then I think, 'Well, I'm still healthy, so why not keep going?'"

After finishing her rehabilitation, Bossie immediately returned to volunteering. In addition to the Kids In Need program, she also contributes to ALC's annual Make A Difference Day book drive, participates in ALC sing-alongs at various nursing homes and assisted living programs, and helps collect donations for Baltimore Washington Medical Center's Stork's Nest program. The Stork's Nest program provides free prenatal support for at-risk pregnant women. She has held almost every position and chair in the ALC organization. She's assisted with grant writing, helped coordinate auction items for the annual ALC gala, and frequently represents ALC at regional and national Assistance League conferences. Her commitment, enthusiasm, and hard work is the result of nothing more than her desire to help others.

"I think that overall [ALC] does great things, and we know it," Bossie says. "We love what we do and that's why we do it. We care so much and we're committed."

To learn more about Assistance League of the Chesapeake, visit Assistanceleague.org/chesapeake

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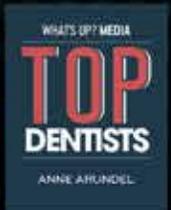


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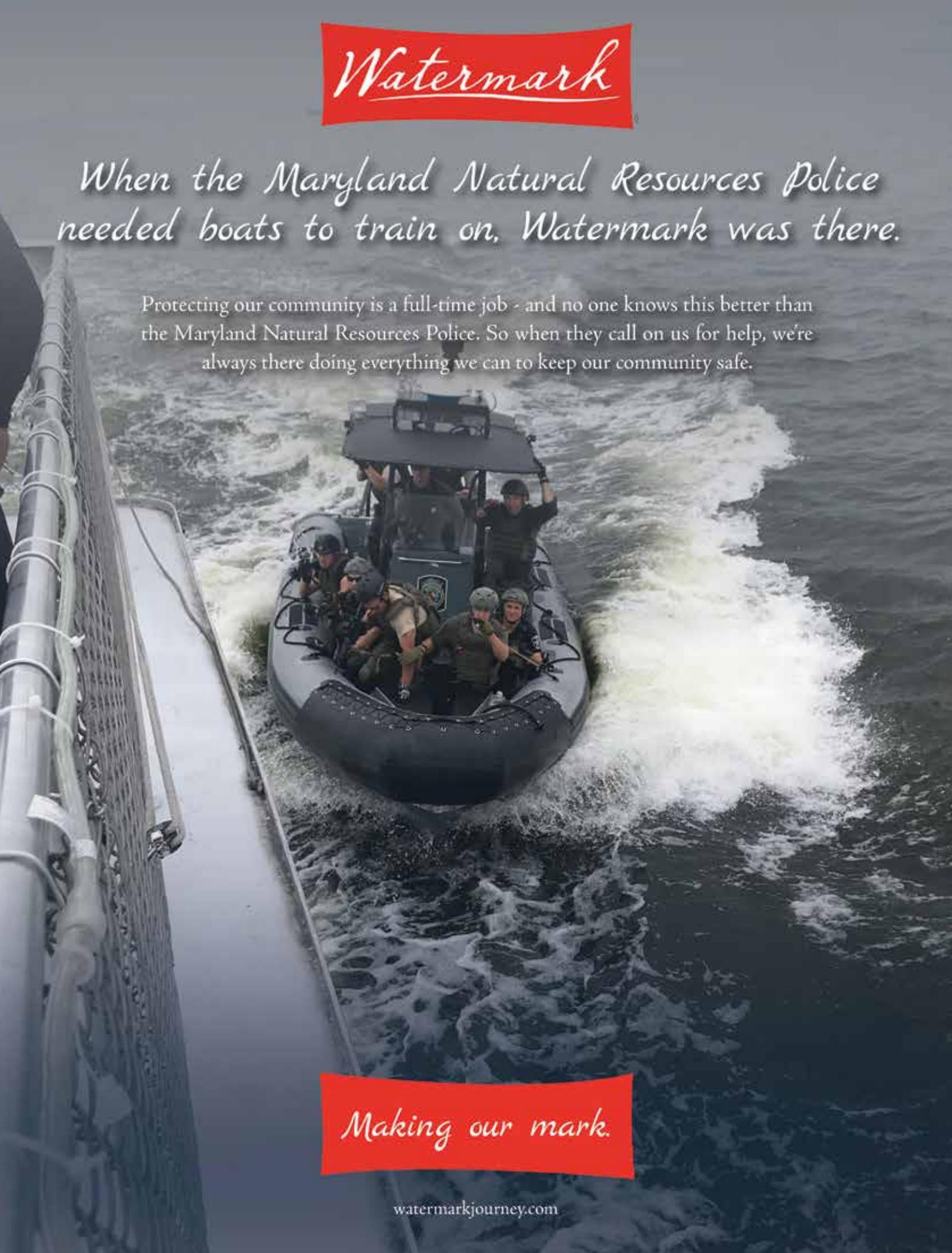
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Chartwell Foundation Donated \$5,000 to Hospice of the Chesapeake

The Chartwell Foundation donated \$5,000 to the Pasadena-based Hospice of the Chesapeake in December as part of its annual giving campaign. Hospice of the Chesapeake has received this donation for the past 13 years. The Chartwell Foundation was founded in 2006 with the goal to award grants and raise funds for local nonprofit organizations for charitable and educational purposes. Since its inception, the Chartwell Foundation has raised or granted over \$500,000.



Left to right: Chartwell Foundation Board President Steve Lombardo; Hospice of the Chesapeake Major Gifts Director Lynne Davidson; Hospice of the Chesapeake CEO Ben Marcantonio; and Chartwell Foundation Board Vice President Joe Flynn. Photo by Elyzabeth Marcussen

Capital Gazette Staff Honored as *TIME*'s Person of the Year

In December, *TIME* magazine announced that the staff of *The Capital* newspaper in Annapolis was one of the honorees in its 2018 "Person of the Year" issue. On June 28th, a gunman opened fire in the *Capital Gazette* newsroom, killing five staff members. The magazine applauded the *Gazette's* decision to put out a newspaper the day after the tragedy, which reflects their dedication to the Annapolis community and journalism. Symbolic of the *TIME's* theme "The Guardians and the War on Truth," the staff was chosen as representation of the broader fight of journalists around the world.



Photo by Mary Bowren

ARTIST EBBY MALMGREN DONATES COLLECTION

Local award-winning artist Ebbly Malmgren donated more than 200 pottery pieces from her personal collection to the Anne Arundel Community College (AACC) Holiday Ceramics Club Sale. All of the ceramic art was sold, and the club earned nearly \$4,800, which benefits AACC's ceramics studio and its educational programs. In addition to pottery and ceramics, Malmgren has also worked in fields such as poetry, writing, printing, and bookbinding. Some of her work has been featured in various exhibitions, such as the Chaney Gallery of the Maryland Hall for the Creative Arts, and she has led discussions at the Mitchell Gallery at St. John's College in Annapolis.



Capital Gazette staff. Photo by Moises Saman—Magnum Photos for TIME

Do you have community or business news to publicize? Send What's Up? an email at cbreese@whatsupmag.com.

Photo by Lisa Masson



ANNE HARRINGTON JOINS BOARD AT ANNAPOLIS MARITIME MUSEUM & PARK

The Annapolis Maritime Museum & Park (AMMP) announced that Anne Harrington was elected to serve on its board of directors. Harrington, an Annapolis resident, works as a real estate agent with Coldwell Banker in downtown Annapolis. In 2003, she co-founded the nonprofit organization The Box of Rain Foundation, which recently merged with AMMP. Harrington also served on the Commissioning Committee of the USS Sioux City. As a board member, Harrington will continue to contribute to the Box of Rain program.

New Chesapeake Bay License Plate Design Unveiled

The Chesapeake Bay Trust and the Maryland Department of Transportation Motor Vehicle Administration (MDOT MVA) unveiled Maryland's new license plate in October. The new design includes the blue crab and the Chesapeake Bay Bridge, along with the phrase "Protect the Chesapeake" written across the bottom. The Chesapeake Bay license plate is available for \$20, and sales benefit environmental restoration projects, community engagement in natural resources, and funding for outdoor education programs for students in kindergarten through 12th grade. For more information, visit BayPlateMe.com.



Photo courtesy of Chesapeake Bay Trust

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TOWNE ATHLETE

Paige Wells

Indian Creek School Basketball and Field Hockey

By Cate Reynolds

As a young girl, Paige Wells was a cheerleader. For five years, she proudly chanted cheers and waved pom poms with a bow in her hair. Eventually, she grew tired of it and decided to pursue a different sport.

Coming from a family of diehard basketball fans, the decision to play was an easy one for Wells, and she instantly fell in love with the sport. At age 11, Wells channeled her enthusiasm into another challenge and took up field hockey.

Wells, now a senior, has played on both the varsity field hockey and varsity basketball teams for four years at Indian Creek.

“I originally started playing field hockey because I wanted to stay in shape for basketball, but I ended up really loving it,” says Wells, who will play basketball at The College of Wooster in Ohio. “I think I’m definitely more passionate about basketball.”

In a sense though, Wells has never completely abandoned the cheerleading mentality. She may have ditched the pom poms, but she continues to loudly and proudly root for others.

The 18-year-old, with the help of the head of the school and a few classmates, formed the Student Advisory Council her sophomore year after witnessing several conflicts at Indian Creek. The goal is to promote acceptance and kindness among classmates.

“It’s a way to meet new people and talk to people you’ve never talked to before,” Wells explains. “I feel like it’s important to meet people who don’t necessarily think the same way that you do or talk the same way you do. It’s a way to help everyone be a little more accepting of each other.”

Wells also volunteered for two years as a counselor for the STARS (Students Taking Academics Responsibility) summer scholarship camp at

“I feel like it’s important to meet people who don’t necessarily think the same way that you do or talk the same way you do. It’s a way to help everyone be a little more accepting of each other.”

Indian Creek, a three-week program that helps disadvantaged minority youth prepare for high school academics.

Wells’ leadership skills are also apparent when it comes to athletics. Her teammates elected her co-captain of her field hockey team during her junior and senior years, co-captain of her basketball team in her senior year, and gave her the “Players’ Choice” award for field hockey in 2017. Wells, a shooting guard, helped lead the Indian Creek basketball team to the IAAM C Conference championship, where they defeated two-time defending champion Garrison Forest School, 43-36, to earn Indian Creek’s first league title.

“Where Paige truly stands out is her consistency of character,” says Head Varsity Field Hockey Coach Jesse Larson. “She’s always in a good mood and providing enthusiasm for the team.”

Despite her many extracurricular activities, academics have

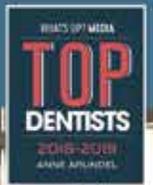
always remained the top priority for Wells. She's challenged herself with several Advanced Placement and Honors courses, and made both Head's List and Dean's List three separate times. At the beginning of her senior year, she decided to leave her club basketball teams, the Maryland Hurricanes and Chesapeake Bay Breakers, so she could focus on school and begin preparing herself for college.

In the fall, Wells will be attending and playing basketball at Wooster, where she plans on majoring in African studies with a minor in psychology. After having attended Indian Creek (about 600 students), going for a small college was a no-brainer. With a total undergraduate enrollment of 1,980, Wooster checked that box. It took only one campus visit for her to commit to Wooster.

"I scheduled a meeting with the [women's basketball] coach and did a tour of the campus, and after I was done, I was just like, 'This is it,'" Wells explains. "The campus is great and everyone there is really nice. I just love it there. I feel college is a great opportunity to study and explore the things you like. I'm really excited to navigate through that. I'm honestly just really excited about all of it."

Do you have a local athlete to nominate? Send What's Up? an email to tworgo@whatsupmag.com.

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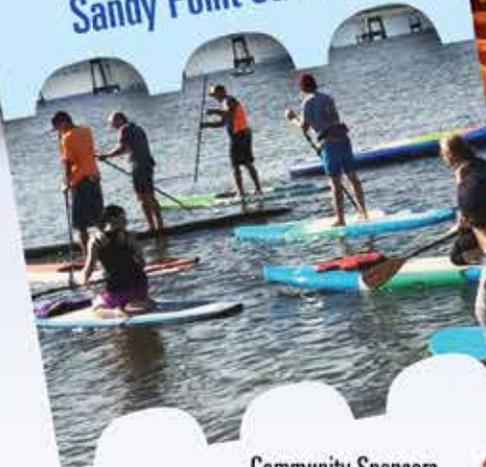
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Maryland Home Values Increasing Despite Drop in Sales

Hasn't Yet Reached Pre-recession Levels

By Anirban Basu

A *Washington Post* article from 2006 about Maryland's housing market provides a glimpse of how people viewed real estate before the subprime-loan crisis and 2008 recession. The author wrote about the robust housing market, highlighting house and townhouse prices in the suburban counties appreciating nearly 25 percent over the previous year. Median home sale prices were \$337,350 with Howard, Montgomery, and Frederick counties ranking among the best performing. Condominium prices were also on the rise, increasing 35.5 percent over the previous year. The article closed with a grim hint of what was to come in just a few months. The article quoted a realtor who had concerns about buyers taking on too much debt: "You have to realize you are not going to have 25 percent appreciation forever."

The state has come a long way in 12 years. The House Price Index (HPI) is a broad measure of home prices for single-family houses compiled by the U.S. Federal Housing Finance Agency. It shows what home values were like compared to other points in time. The HPI for Maryland hit its highest point in the second quarter of 2007. By the beginning of 2008, the official start of the Great Recession, it had only fallen 3.5 percent. Eighteen months later, it had dropped 18.3 percent, and it kept dropping. At its lowest point in the second quarter of 2011, the home price index was 25.3 percent below its peak.

Since then, however, the market has recovered nicely. The economic expansion, now entering its 11th year, has pumped new life in real estate. While not fully recovered from its highest point in 2007, the home price index is just 9.5 percent off its record high, a testament to how far the state's real estate market has come. That being said, the state has lagged compared to the rest of the country. National HPI peaked around the same time as Maryland, but fell by 18.9 percent by the second quarter of 2011. It has since recovered and is 13.9 percent higher than its previous peak. It should be noted, however, that the national HPI is lower overall.



Data published by the Maryland REALTORS shows that the real estate market was down in September, the last month for which there is data. Home sales across the state were down 10.8 percent compared to the same time the previous year, with only three out of 24 jurisdictions showing positive growth. Moreover, none of those three counties had more than 100 sales in the month. The drop in overall home sales could be a result of the Federal Reserve's recent interest rate hikes, a response to an economy that's picked up steam in recent months. With 4.2 percent GDP growth in the second quarter of 2018, followed by a 3.5 percent growth in the next quarter, the Fed increased interest rates in September, with one more rate hike planned in December.

In late November, however, Fed Chairman Jerome Powell commented that the Fed's key benchmark interest rate is near the neutral rate, the point at which the Fed would stop raising rates. Many market analysts had predicted the Fed would continue its rate increases into next year, with two or three more hikes in 2019.

Though home sales might have been down across the state, average and median home sale prices had increased on a year-over-year basis. Average home sale price in Maryland rose to \$332,532, a 4.9 percent increase. The largest increase came in Talbot County, where the average home sale price rose by 64.9 percent. Caroline County (+14.7 percent) and Washington County (+10.1 percent) also saw significant increases. Median home sale prices rose 3.6 percent across the state. Caroline County and Washington County again saw some of the highest increases at 19.5 and 10.1 percent, respectively. Queen Anne's County also saw significant improvement, rising 10.8 percent over the past 12 months. Anne Arundel County's median sale price decreased 1.2 percent for the year, although average prices remain up 3.3 percent.



About

Anirban Basu

Anirban Basu is Chairman & CEO of Sage Policy Group, Inc., an economic and policy consulting firm headquartered in Baltimore, Maryland. In 2014, Maryland Governor Larry Hogan appointed him Chair of the Maryland Economic Development Commission. Basu earned his B.S. in Foreign Service at Georgetown University in 1990. He earned his Master's in Public Policy from Harvard University's John F. Kennedy School of Government, and his Master's in Economics from the University of Maryland, College Park. His Juris Doctor was earned at the University of Maryland School of Law.

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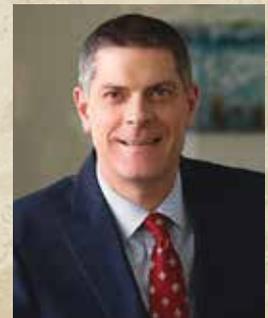
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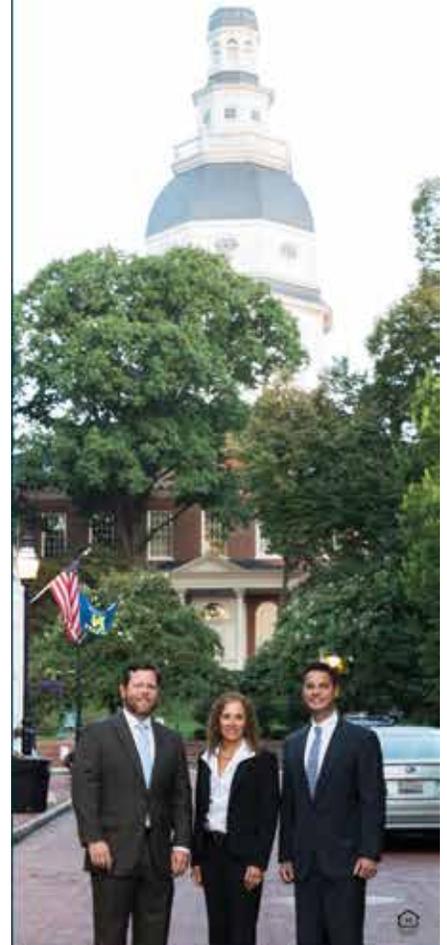
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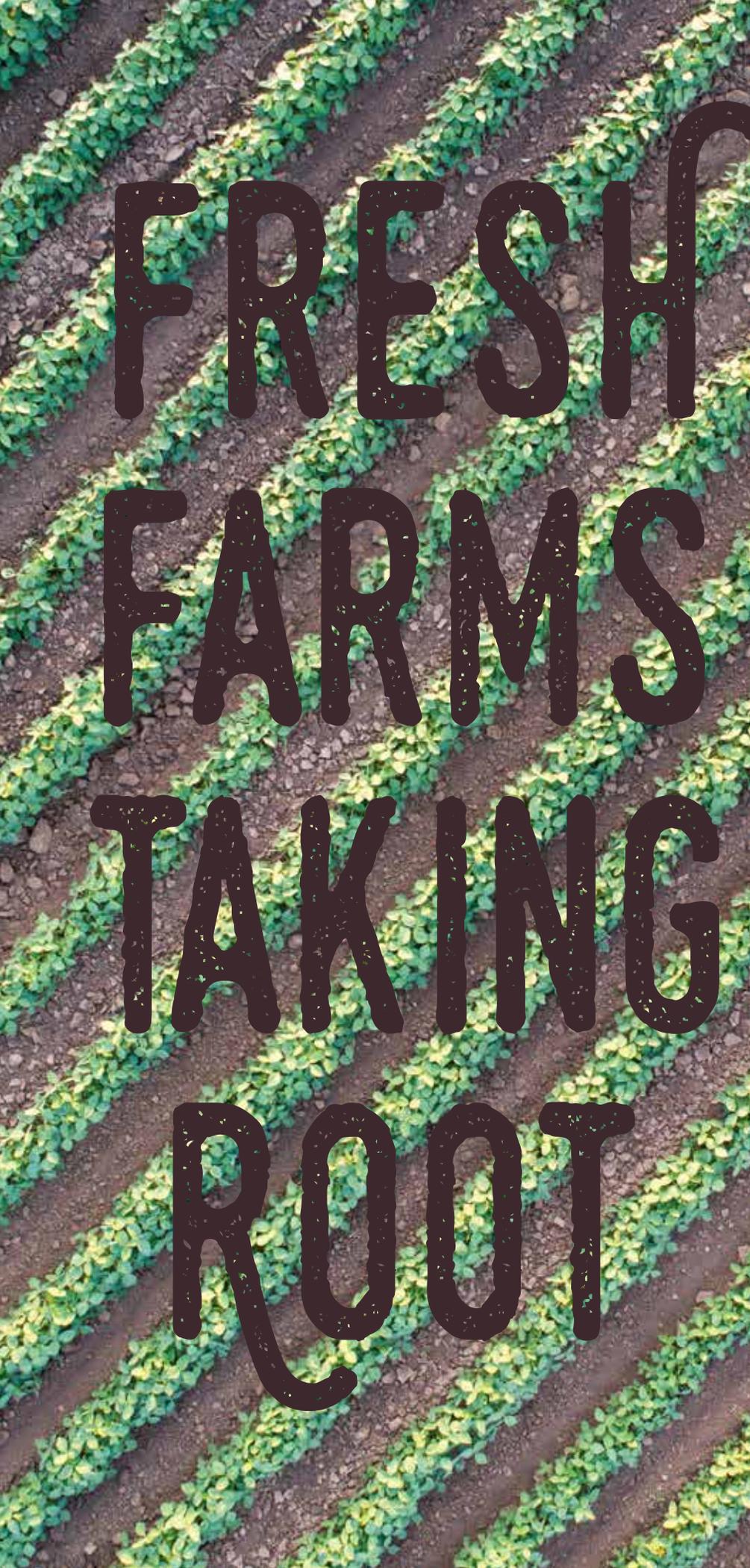
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FRESH FARMS TAKING ROOT

HOW PUBLIC INCENTIVES AND BEGINNING FARMERS ARE NURTURING MARYLAND'S AGRICULTURE

By Janice F. Booth

Photography by Stephen Buchanan

Meghan Ochel and Erik DeGuzman are passionate about farming; it's what they do. They met in 2011 while shopping at a farmers' market. Meghan was working in public health for the federal government; Erik was a civil engineer draftsman. But beneath their professional exteriors, they discovered a shared passion for farming. And from their meeting, *Dicot Farm* in Waldorf, Charles County, was born. (Appropriately, a dicot is a single seed producing two, tiny leaves.)

Neither Ochel nor DeGuzman had any background in farming, so they connected with organizations dedicated to encouraging and supporting beginning farmers, Future Harvest CASA (Chesapeake Alliance for Sustainable Agriculture) and the Accokeek Foundation. They saved money, got married, and began to work on other farms, learning from experts in the profession. Eventually, the young couple bought a farm of their own, where DeGuzman devotes himself full-time to agriculture, while Ochel keeps her job in the city as a safety net.

From 2015 to 2017, they have doubled their certified organic vegetable production, focusing on specialty salad greens and offering food-prep demonstrations and samples, along with recipes—all to educate their customers. Their organic vegetable

production is now year-round. And they've added restaurants to their satisfied customer base. Ochel and DeGuzman attribute much of their success to the practical, beginning-farmer training that has been available to them through federal and state-supported organizations.

FOOD FOR THOUGHT

Those programs that *Dicot Farm* acknowledges for encouraging and supporting them have been established and funded, primarily, by federal and state mandates. They include the Future Harvest CASA, National Young Farmers Coalition (NYFC), the Beginning Farmer Advisory Group to the USDA, the Beginning Farmer and Rancher Development Program, the University of Maryland Extension Collaborative for Beginning Farmer Success, and Urban Farm Free School—to name a few. These programs reach out to both urban and rural populations, looking for citizens who might be interested in farming as a way of life. The programs might offer free workshops on what it takes to start farming, or they might survey the farming community to learn more about the problems and concerns of modern-day farm families. Some of these programs serve as conduits between farmers and legislators, keeping the government agencies aware of the needs of farmers.

Feeding our country healthy, safe food is a fundamental responsibility of government. Protecting the land, the crops, and those who farm that land requires planning, funding, and programs. Since 1933, the federal government has passed Farm Bills to set agriculture policies and ensure the funding that legislation demands. Not only must the government protect the quality of the nation's food, but it must guarantee that the food supply is plentiful.

Diversifying the farms that supply grain, soybeans, livestock, and vegetables protects the food supply from monopolies and massive harvest

failures. When 10 percent of the farms control 70 percent of the farmland, our food supply is vulnerable. In 1910, there were about seven million farms, cultivating approximately a billion acres. But by 2002, only about two million farms cultivated that same acreage. But policies are changing, and the government is encouraging and supporting small and beginning farms by making educational and financial support available.

Has this effort to diversify the farms and encourage new farmers been effective? Is there "new blood" in agriculture? According to the most recent Census of Agriculture in 2012, only 22 percent of farms in the United States were "beginning farms" (a farm operated by one principal farmer for less than 10 years). Of those new farmers, 37 percent were 55 years or older, while only 19 percent were younger than 35 years. In fact, the average age of all principal farm operators was just over 58.

SECURING THE FOOD SUPPLY

"So, what's the problem?" you may be asking.

"The time is now for our country to help young farmers defy the odds, preserve farming as a livelihood, and revitalize our nation's rural economy," asserts Lindsey Lusher Shute, executive director and co-founder of the National Young Farmers Coalition (NYFC), in a 2017 report.

According to the recent Agriculture & Applied Economics report, there are still three critical challenges facing beginning farmers, which are access to: (1) farmland, (2) capital, and (3) farming expertise. In response to the first two problems, land and capital, in 1980, Congress mandated the Farm Credit System specifically to help young and beginning farmers. Since then, Farm Bills have included funding for training programs for farmers and rangers and authorization to move land from the Conservation Reserve Program to farmland for beginning farmers.

Former U.S. Deputy Secretary of Agriculture, Dr. Kathleen Merrigan notes, "Things are changing in American agriculture, and our perceptions and policies need to keep pace...it's no longer Old MacDonald of storybook fame. Rather, it's Ms. MacDonald, a college graduate who didn't grow up on the farm and considers her farming practices to be sustainable or organic."

In 2017, the NYFC called for farm policies in the 2018 Farm Bill that will address:

- (1) land access and affordability, (2) helping young farmers manage student debt, (3) increasing a skilled, agricultural workforce, (4) enabling investments in on-farm conservation, (5) improving young farmers' credit, savings and risk management opportunities, and (6) addressing racial inequity among farmers.

Urban Farm Free School (UFFS) is one of those programs. Sponsored in part by the University of Maryland Extension, the UFFS works to bring farming back to local communities, many of which are urban food deserts where supermarkets and grocery stores are in short supply and offer limited fresh produce.

To kindle an interest in farming, UFFS offers five free courses over a three-month period; the topics include drip irrigation, self-care in a sometimes dangerous and stressful career, marketing, farm insurance and business structuring, and farm finances. Men and women of various ages and levels of experience, like Meghan and Erik, rush from their day jobs in Washington, D.C. and Baltimore to attend these two-hour schools as they examine the possibilities of farming and prepare to become farmers.

Erik DeGuzman and Meghan Ochel met in 2011 at a farmers' market and discovered a shared passion for fresh ingredients and farming, which not only ignited their relationship, but also their new farm, *Dicot Farm* in Waldorf. It has become a second career for the couple, who now harvest organic vegetables, which are sold to local restaurants.







KEEPING IT IN THE FAMILY

Gary Palmer's first career as a professional firefighter in Washington, D.C. was stressful but fulfilling. "I loved being a fireman," he says. "When I retired, I was looking for a way to work for myself, building independence for my family and me." With that plan in mind, in 2015, Palmer bought 23 acres of land and established *Holiday Memories Farm* in West River, Anne Arundel County, to raise Christmas trees, fruit trees, vegetables, laying hens, and flowers.

"My uncles were farmers," Palmer says. "Now, my daughters and sons are working with me on our farm." Ashleigh Palmer and Kelcie (Palmer) Ca'Nerenb, along with Shannon (Palmer) Pierson, and Zeke Pierson work planting trees and vegetables, and gathering fruit and eggs alongside their dad. Gary's son, Justin is an active D.C. fireman, but he helps out on the farm when the work piles up, handling a lot of the carpentry chores. Everyone's involved, and that's exactly what Gary had hoped for.

The Palmer family farm demonstrates that America's investment in reinvigorating local farms can succeed. Like Ochel and DeGuzman on *Dicot Farm*, Palmer has taken advantage of free training and informational programs through Future Harvest CASA and the Anne Arundel County Economic Development Corporation.

Future Harvest CASA has been a powerful force in the restoration of a viable farming system in a five-state region: Maryland, Delaware, Virginia, West Virginia, and the District of Columbia.

Future Harvest CASA's mission is to provide education, networking, and advocacy to help build a sustainable Chesapeake foodshed, where food flows from farm and fishery to table in ways that strengthen farming and the regional food economy, protect

our land, water, and air, and provide healthy, nutritious food that sustains the region's communities and cities.

At one of the Future Harvest CASA's marketing seminars, Palmer was urged to think about how *Holiday Memories Farm* could make memories all year long, not only at Christmas time. That led the Palmers to introduce "Sunflower Sundays," planting sunflowers that they sell at their roadside stand. Then came eggs and chickens—no idea which came first! Soon, Kelcie was offering fresh eggs every week for members of the farm's Community Supported Agriculture (CSA).

CSAs began about 25 years ago as a way to enhance small farmers' visibility and bottom line by having the local consumers share the risks as well as the benefits of farming. Consumers commit to buy various produce in specific quantities. The farmer agrees to raise crops and livestock in a sustainable and responsible manner.

Holiday Memories Farm takes advantage of the opportunities that are out there for beginning farmers. They have applied for and received a grant from the Natural Resources Conservation Service (NRCS), an agency of the Department of Agriculture, to construct a "high tunnel"—an unheated, hooped greenhouse that allows a farmer to extend the growing season by protecting crops like flowers and vegetables. That extends the farm's growing season and thus the income stream, and allows for environmentally responsible production methods, such as drip irrigation. Another grant, this time from the Southern Maryland Agricultural Development Commission, made possible the Palmers' expansion into blueberry farming—very popular with their CSA members.

And so it goes. Given opportunities, encouragement, and support, farming becomes a viable career path, even when you start down that path a bit later in life.

For Gary Palmer (foreground, furthest right), founding *Holiday Memories Farm* in West River brought independence and stress-relief from his first career as a D.C. firefighter, as well as his family together. Several generations of Palmers help operate and manage all aspects of the farm.

NO MATTER YOUR AGE, THERE'S ROOM ON THE FARM

"I'm 71 years old, and farming lets me stay active, physically and intellectually, ten hours a day, every day," Dean Snyder asserts. *Coops and Crops Farm* is Dean's retirement dream.

His first career, the ministry, began in 1968 as pastor to a small United Methodist congregation. "Theology helps me to understand the deepest truths of the universe. Farming helps me understand the deepest truths of the natural world. It's a perfect fit." When he retired in 2013 after serving as the pastor of the bustling Foundry United Methodist Church in Washington, D.C., Snyder began shepherding a smaller flock in Kent County's Kennedyville. His wife, Jane Malone, works remotely in environmental health policy for a national organization focused on radon risk reduction.

On *Coops and Crops'* six acres, Snyder and Malone raise free-range chickens for eggs, Oberhasli goats for milk and cheese, Certified Naturally Grown (CNG) vegetables, as well as "value-added" canned goods—condiments, tomato paste, marmalades, jellies, and jams. All of which they sell at two regional farmers' markets. They've taken advantage of workshops and training sessions offered by the University of Maryland Extension: Beginning Farmer Success, the Bionutrient Food Association, and other programs.

The mission of the Cooperative Extensions, including the one with which Snyder and Malone are involved, is to provide support and education to farmers, specifically in the areas of agricultural research, technology, policy, and education. In 2012, the

Married to each other and their retirement dream, Jane Malone and Dean Snyder founded *Coops and Crops Farm* in Kennedyville, raising free-range chickens, goats, and organic vegetables. The couple learned how to develop their farm through workshops offered by the University of Maryland Extension: Beginning Farmer Success.





University of Maryland Extension established “Beginning Farmer Success” in cooperation with the USDA.

The program’s mission is “to increase the number of beginning farmers and acreage farmed by them in Maryland.” Working with nonprofits like Future Harvest CASA, this program supports farms like *Coops and Crops*, offering free seminars, as well as mentoring and training programs on all aspects of the business of agriculture.

IT’S NOT THE SIZE OF THE FIELDS; IT’S THE SIZE OF THE DREAM THAT MAKES A FARMER

Size really doesn’t matter to J.J. Minetola and his wife, Cristina. They’ve been farming two acres in Davidsonville, Anne Arundel County, for three years now, and business is booming. *Mise En Place Farm* has a

niche market, and supplies specialty microgreens to that market. The farm’s name reflects that clarity of their vision; *Mise En Place* is French for “putting everything in place.”

For 20 years, Minetola’s first career as a chef was all consuming. A highlight of his day was examining the fresh produce as it was delivered. “It was like Christmas morning every day, opening farmers’ produce boxes. Finally, I knew I wanted to fill my own produce boxes.”

In their kitchen garden, the Minetolas began experimentally growing microgreens that he used in his recipes. Microgreens are the young, tender shoots of greens like cilantro, arugula, and sunflower. They found that they could grow and harvest sprouts with exceptional flavor and appearance. *Mise En Place Farm* grew from those tiny sprouts. The Minetolas, and their son, Dean, adopted a new career—farming. While their acreage

Matt Barfield of Chesterfield Heirloom in Pittsfield stands proudly in one of several greenhouses that comprise he and his wife Stephanie’s 12-acre market garden, which grows 40 varieties of heirloom and gourmet vegetables and herbs.

and produce are small, their plan for their farm is not. In barely three years, they’ve added two greenhouses and a caterpillar (or hoop) tunnel, which allow *Mise En Place Farm* to supply restaurants and their individual customers with product year-round. In addition to microgreens, last summer *Mise En Place Farm* added tomatoes. Their commercial and farmers’ market customers bought all the tasty tomatoes they could produce.

EVERYTHING OLD IS NEW AGAIN

Another young family who’ve thrown their hearts into small scale, big returns farming is Stefanie and Matt Barfield of *Chesterfield Heirloom* farm in Wicomico County’s Pittsville. The Barfields along with their sons,

Grayson and Jacob, manage a 12-acre market garden, where they raise more than 40 varieties of heirloom and gourmet vegetables and herbs. Like the Minetolas of *Mise En Place Farm*, the Barfields discovered their love of farming in their own kitchen garden. Their own palates were their guides, as they explored their interest in unique varieties of produce. Most of their vegetables are pre-1940 varieties with names like Bull Nose Peppers, originally raised in the gardens of Monticello, and Ozette Fingerling Potatoes, brought to the New World by Spanish explorers. Their produce reflects the research and passion that went into rediscovering these delicious varieties of vegetables. *Chesterfield Heirlooms* farm is a labor of love.

All this confirms the surveys of the U.S. Department of Agriculture's latest Census on Agriculture. The number of young farmers (under 35) is increasing, and almost 70 percent of these young farmers have college degrees.

Beginning farmers are curious, creative, and brave; they're working around problems they confront:

- The problem: Land is expensive; their solution: grow microgreens and specialty crops.
- The problem: Income stream is uncertain; their solution: keep one member of the farm family employed beyond the farm.
- The problem: Lack of background in agriculture; their solution: take advantage of the training programs directed specifically at beginning farmers.
- The problem: Trouble breaking into the big business model of producer-client contracts; the solution: turn to direct marketing through Farm-To-Table, farmers' markets, CSAs, and produce clubs.

There's always a work-around if you're a farmer.

J.J. Minetola and his son Dean, together with wife/mom Cristina, operate *Mise En Place Farm* in Davidsonville, which became an extension of J.J.'s first career as a chef. Today, the farm produces specialty microgreens to commercial and farmers' market customers.





Our

MARY

MARYLAND

By Ellen Moyer

U.S.A.

With Maryland Day celebrated March 25th—the anniversary of the first European settlers landing in the Province of Maryland in 1634—we reflect upon the natural, cultural, and historical hallmarks of our great state

The sun is rising. The bow of a small white boat, a workboat, splits the shiny waters guided by a single man wrapped in foul weather gear. Silhouetted by the sun, the captain exudes confidence, independence, and a toughness that speaks to a willingness to take on the risks and challenges offered by Mother Nature. This is the Eastern Shore waterman.



Though lifestyles differ across the cultural and ecological zones of Maryland, nicknamed “America in Miniature,” the characteristics of industriousness, determination, and honesty with a tenderness of heart revealed in the love of nature, and the companionship of family and dog defines Marylanders. It is this love of adventure that sent Marylanders to the wilderness of western Maryland to open up routes even further west; it is this driving spirit that brought the City of Baltimore back from

the brink of extinction after the great fire of 1904 leveled 1,500 buildings. It is this drive that sends Marylanders out to sea in tiny sailboats to race around the world. It is this sense of freedom and independence and entrepreneurship and challenge that makes Marylanders the East Coast equivalent of the west’s Marlboro man.

The Chesapeake Bay is America’s largest estuary—the 10,000-year-old drowned Susquehanna River—and almost splits the state in half. Some say it is the soul of the state that shaped who we were in the past and who we are today. Its fingers cross the mournful or serene Atlantic Coastal Plain of sand, seagrass, marshland, and lodgepole pines, where one can still live off the land solo or clustered in small towns. This is the perfect space for shallow draft workboats and the last of the sailing workboats—the State’s official boat, the *Skipjack*—that for years hoisted in the Bay’s bountiful oysters. On its west, waterfalls crash down rivers lined with oak trees that once provided power for the mills that fed a nation and where giant cities grew on the rolling hills of the Piedmont Plateau.

It is a shallow bay with a median depth of 46 feet, 30 miles at its widest, 2.8 miles at its narrowest, and 200 miles long. Large ocean-going ships traverse it, carrying goods to



Susquehanna River illustration published in *Picturesque America or the Land We Live In* (D. Appleton & Co., New York, 1872).



and from the nation’s fifth largest port, on the Patapsco River, in blue-collar Baltimore, the Nation’s largest independent city, first established as a port town in 1706. With a surface area of 4,479 square miles and a watershed area of 64,299 square miles, the Bay’s reach covers six states and as far west as the 3,300-foot Backbone Mountain in Garrett County, Maryland’s highest point in the Appalachian Mountains.



Early risers, Pat Mahoney, Sr. and Pat Mahoney, Jr. of Annapolis, set crab traps and bait; they represent several generations of watermen making an enduring livelihood on the Chesapeake Bay. Photo by Tony Lewis, Jr.



A Chesapeake Bay skipjack sails in hazy light off St. Michaels, Maryland.

Maryland's Eastern Shore

The Eastern Shore is one of the state's three very different ecological zones. The nine counties of the Shore cover one-third of the State's land area. It is humid and semitropical agricultural land for tomatoes, corn, and melons. Eight percent of the state's population lives here. *Progressive Farming* magazine recently recognized Chestertown, founded in 1705 in Kent County, as the Nation's No. 1 rural destination in which to live. It is hard to imagine that in 1790, the census identified Chestertown as the geographic population center of the United States.

Situated along the Atlantic flyway, the area is a waterfowl hunter's paradise. Each November, Marylanders from across the state go on holiday, trading their suits and ties for hunting garb and a shotgun, flocking to the Shore with their premier waterfowl hunting dog, the Chesapeake Bay Retriever, in tow. The Chesapeake Retriever is an American original—a sporting dog bred and raised from two pups rescued from a foundering ship off Maryland's coast in 1807. By 1877, it was recognized as the Chesapeake Bay Ducking Dog, a top sportsman gun dog. The State Legislature named the dog the official State dog in 1964.



Both Captain John Smith and Edward Teach, better known as the pirate Black Beard, were two of the earliest navigators of the Chesapeake Bay.

Maryland rockfish, the State fish, love the brackish waters (half salt, half fresh) of the Chesapeake Bay, choosing this as its spawning grounds, which produces 90 percent of the ocean's striped bass population. The State's Diamondback terrapin, the only turtle to like brackish water, has a lifespan of 100 years. They hibernate in the clay banks of many marshes and are protected in a bayside turtle sanctuary on Kent Island.

Explorer and Captain John Smith, who settled in Jamestown, Virginia, wasn't the first to discover the Bay, but he was the first to explore it extensively. In 1607 and 1608, he described an area teeming with fish and wildlife beyond his imagination. Despite toxic wastes that, today, threaten the Bay's flora and fauna, the Bay still produces more finfish and shellfish than any other estuary in the U.S., which sustains, to a degree, the independent watermen of the Eastern Shore.

The pirate Black Beard swaggered along the shores of the Bay and was rumored to have stashed his treasure here somewhere. In 1781, the French Fleet destroyed the ships of the Royal Navy, helping to bring to a close America's Revolutionary War. In 2006, the U.S. Congress approved the Captain John Smith Chesapeake National Historic Trail, the Nation's first national water trail park.



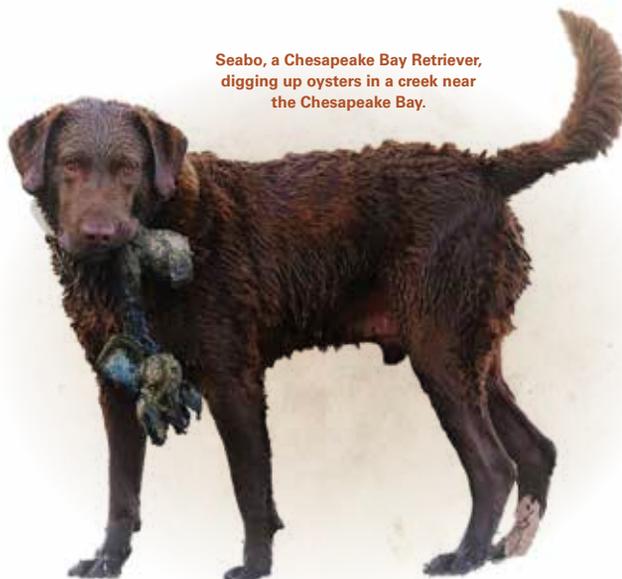
Aerial view of Ocean City, Maryland. Ocean City is one of the most popular beach resorts on the East Coast and is considered one of the cleanest in the country.

Residents of the Eastern Shore who chant “there is no life west of the Bay” have not always been content to be a part of the State of Maryland. Three times, between 1833 and 1852, there were secession attempts, finally losing the effort in 1852 by one vote. Then in 1998, secession reared its ugly head again, when two senators from the Shore proposed the area become a separate state.

Imagine a Maryland without its beach resort of Ocean City...nine miles of play along the Atlantic Ocean and the White Marlin Capital of the World. The town of 8,000 souls enlarges to 350,000 on weekends and hosts the largest white marlin ocean fishing tournament on earth. The hurricane of 1933 cut an inlet from the ocean to Sinapuxent Bay creating this fishing mecca. Before the storm, Ocean City was the vacationing center

for women and families traveling by stagecoach and ferry to the barrier island that opened up in 1875 with the building of the 400-room Atlantic Hotel, with its dancing and billiard parlors.

The newly created inlet separated Ocean City from Assateague Island, home of wild pony shipwreck survivors made famous in *Misty of Chincoteague*. The area is now a National Sea Shore Park.



Seabo, a Chesapeake Bay Retriever, digging up oysters in a creek near the Chesapeake Bay.

Salisbury, the commercial hub of the Delmarva Peninsula, is situated within 100 miles of Richmond, Dover, Philadelphia, Baltimore, and Washington, D.C. Roads from the east, west, south, and north pass through this city, the Shore’s largest, leading visitors to the seaside resorts and horse races at Ocean Downs, or to lunch in the restored barn where Secretariat once lived. The Shore’s largest corporation, Frank Perdue’s Chickens, is

headquartered here. Situated on the Wicomico River, the city was once a port town second only to Baltimore in Maryland. Today, it's a university town and recognized as the home of the Ward Museum of Wildfowl Art. Mark Seidel, a meteorologist of Weather Channel fame since 1992, grew up here.

Without the Eastern Shore, Washington College in Chestertown—America's 10th oldest college, named for the first president who was a founding patron—would no longer be a part of Maryland. The college annually awards the Sophie Kerr grant of \$50,000 to a graduating student with the most promising literary potential. The Sultana Education Foundation also lives in Chestertown. After posting 150,000 volunteer hours, students in Kent County helped launch the *Schooner Sultana*, a replica of a British Naval Ship, in 2001, celebrating the heritage of this wealthy colonial city and port town on the Chester River. Each year, a weekend-long festival celebrates the Boston Tea Party, which never occurred on the Eastern Shore, but did in the State's capital, Annapolis.

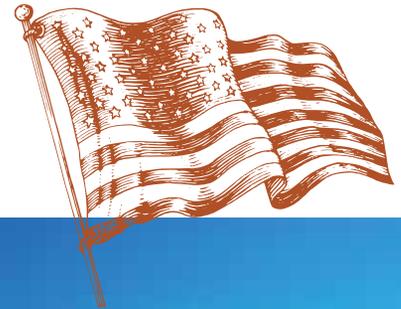
Central to the State

Somewhere in the Annapolis harbor, or in the dredge poured into the Naval Academy athletic fields, are the ashes and remains of the ship *Peggy Stewart*, burned by the citizens of Annapolis in protest of the English tea tax. Annapolis, chartered as a municipality in 1708 by Queen Anne, had wrested the capital designation away from St. Mary's City in 1694. Settled in 1634, by the Catholic Calverts, early colonists were guaranteed freedom of religion under the most progressive charter for any colony at the time. In 1649, the Act of Toleration reaffirmed this freedom in law. Seeking protection for themselves, Puritans fled into Maryland and revolted against the Catholics, burning churches in Southern Maryland and abandoning the Acts of Toleration for decades.

Charles Carroll, the capital city's resident Catholic, became not only the wealthiest American in

the colonies, but a noteworthy activist for the Revolution and framer of America's Constitution. For a brief time, Annapolis, the colonial cultural center and "Athens of America" was capital of the new United States. Maryland deeded land from Montgomery and Prince George's counties to create Washington, D.C., which became the Nation's seat of government along the Potomac River, which doubles as the state's southern boundary.

After the Revolutionary War ended in 1776, industry gravitated to the deep-water port of Balti-



Baltimore's Inner Harbor is a vibrant port that hums with recreational and commercial activity.



Painting by Francis Blackwell Mayer, 1896, depicting the burning of Peggy Stewart.



more, Maryland's largest city and financial power center. It was here, at the first federally funded Fort McHenry, that Francis Scott Key witnessed the American flag still flying after heavy British bombardment in the War of 1812. The thrill and pride and recognition that all was not lost inspired him to pen a poem, "The Star-Spangled Banner," first published in 1814, that would be named the National Anthem in 1931.

Historically a working-class port town, Baltimore, with a population of 700,000, is the East Coast's most affordable city. At one time the second largest port that received immigrants, the city is distinguished by its 300 ethnic neighborhoods. Congresswoman Nancy Pelosi hails from Baltimore's Little Italy, famous for its Italian restaurants.

The city also has a dialect all its own. Natives speak of “Bawlmer” and “Merlin,” reflecting the city’s roots to West Country England. Even the State sport of jousting acknowledges our roots to the Knights of the Round Table. The State’s team sport, of course, is lacrosse, a favorite of the Algonquin tribes, with intense rivalries displayed each year between collegiate teams Navy, Johns Hopkins, Loyola, Towson, and Maryland.

After a flurry of industrial might in the manufacturing of Domino Sugar, McCormick Spices, and steel at Sparrows Point, the city of monuments became the Nation’s center for health and human services and life sciences. With Johns Hopkins University and Hospital leading the way, the area now houses 350 biotech research firms. It is a leader in human genome research. Exploration in the universe is guided by the nearby Goddard Space Flight Center and the National Aerospace Agency, top public-private industries in the high-tech world of today.

The counties of Central Maryland—with 84 percent of the state’s 5,699,478 population, 52 percent of whom are women—now lead the nation in median income with \$70,545. Ranked 42nd in size with an area of 12,407 square miles, this tiny state, at 249 miles long and 1.8 miles wide at its most narrow point in the town Hancock, ranks 19th in the nation for population, and 5th for population density at 541 people per square mile.

In Central Maryland counties, the density grows even higher, but the hills and mountains of Western Maryland offer an escape valve from the hustle and bustle of the D.C.-Baltimore

metro corridor. The four counties of Western Maryland cover 22.4 percent of the State’s land area, and hold 8.4 percent of its population. In places within the region, density can drop to 40 people per square mile.

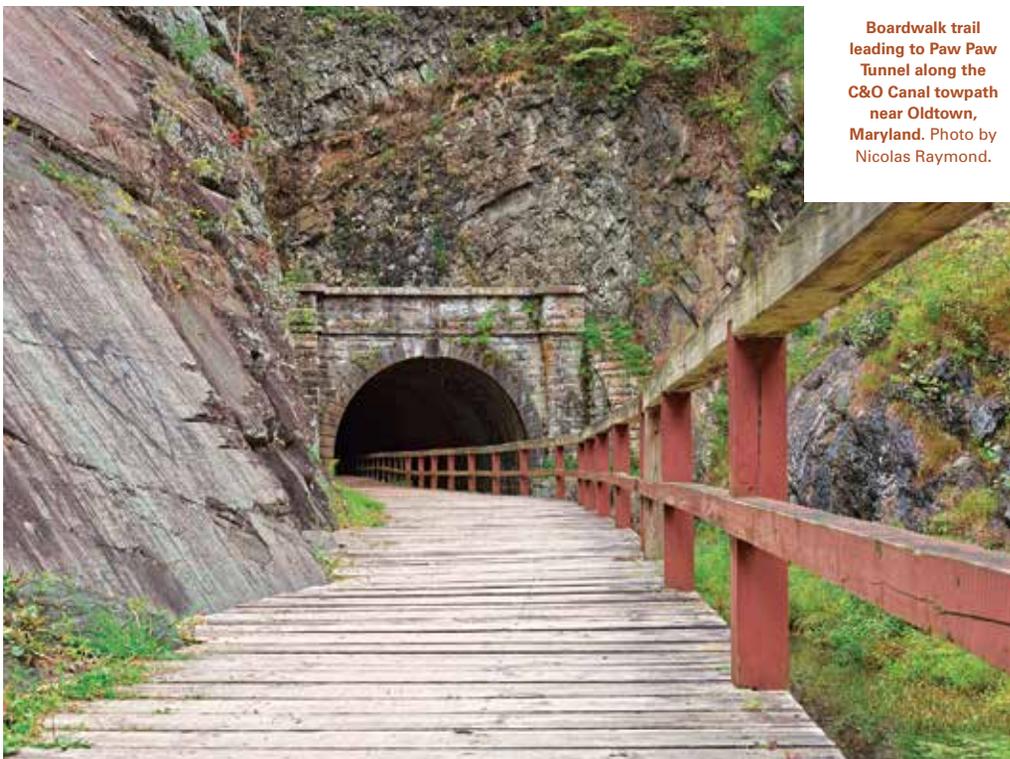
Western Pursuits

Western Maryland is the State’s center for history buffs exploring the Civil War in Frederick County, where the bloodiest of battles took place. It is also here, in Great Meadows, where General Braddock was defeated in the French-Indian War in the 1750s, accompanied by a 23-year old George Washington. It is a mecca for the stories of transportation, the land where the first federally-supported national road, U.S. Route 40, began carrying families with cattle and livestock in 1811 to new homesteads on a westward trek as far as Vidalia, Illinois. It is here, where the Chesapeake and Ohio Canal was built along the Potomac River, carrying, during the course of its 100-year history, tons of coal and timber to the port town of Washington, D.C. It is here, where a 3,300-foot tunnel, the Paw Paw, would be hacked from mountains by men with picks and shovels for the canal and its mule-drawn barges to pass through. It is here, where early settlers, ever restless for new lands, crossed the Potomac through the Shenandoah Valley, leaving orchards of apples in their path.

It is here, where the B&O Railroad, headquartered in Baltimore, began its trek westward, breaking ground on July 4, 1825, the same day President John Q. Adams cut the ribbon for the building of the Canal. The B&O, the first railroad to be chartered in the United States and the first train to attain a speed of 30 miles per hour, would finally outlive

the canal in its transport of goods ever westward. The Nation’s leaders would ride the B&O, the first with a dining car and air conditioning, to relax and camp in the mountains of Garret County, named for the railroad’s president.

And it is here where Meshack Browning, born in 1781, in a book titled *My 44 Years as a Hunter*, describes his life and livelihood in the mountains of Allegany County that teemed with bear and deer. It is here where Thomas Cresap, a frontiersman from the gateway city to the west, Cumberland, laid claim to land disputed between Maryland and Pennsylvania, leading to Cresap’s War, which finally



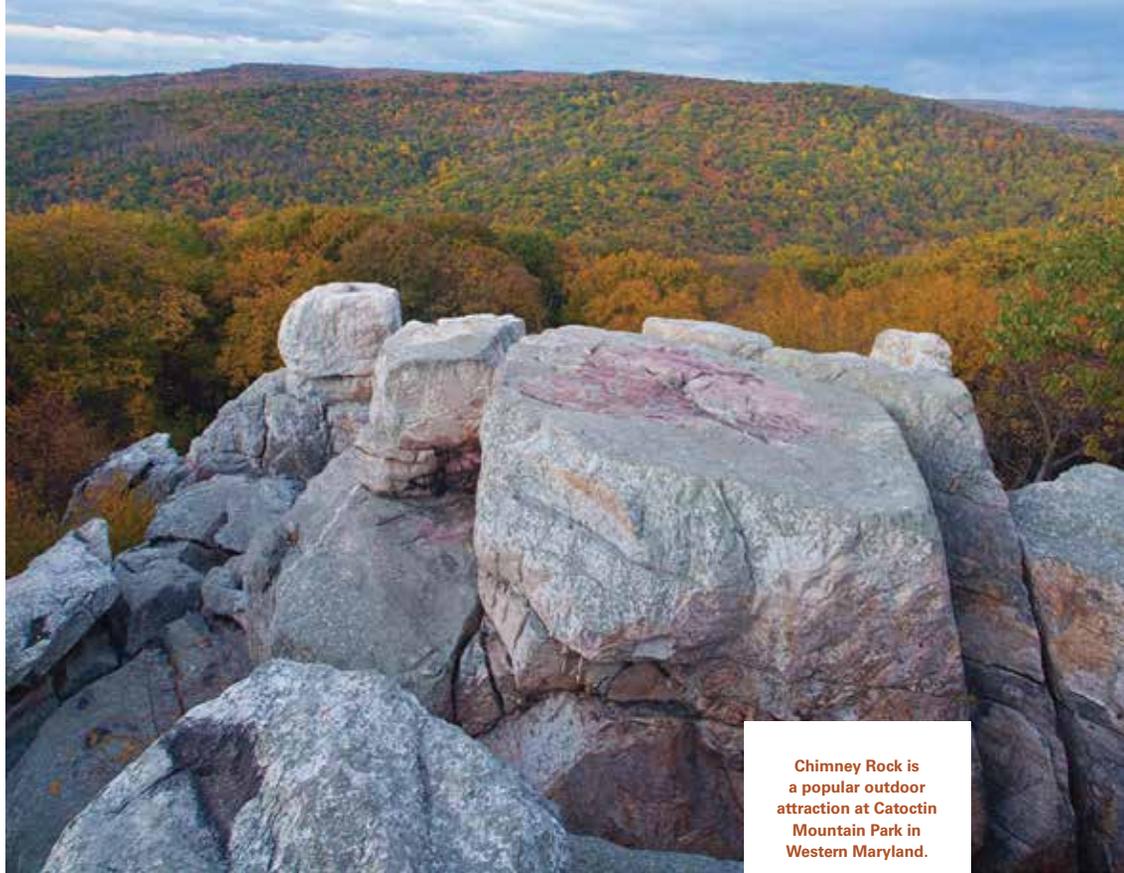
Boardwalk trail leading to Paw Paw Tunnel along the C&O Canal towpath near Oldtown, Maryland. Photo by Nicolas Raymond.

settled the dispute of the States' boundary that became the Mason Dixon line.

Today, the region of 100-inch snowfalls is Maryland's ski resort. The C&O trail is a National Park, a 180-mile hiking and biking trail, from D.C. to Cumberland. The Potomac and Savage rivers welcome canoes, kayakers, and rafters. Deep Creek Lake, the Savage, and Youghiogheny rivers are vacation spots for people young and old from Maryland, Pennsylvania, West Virginia, and beyond. The Adventure Sports Center International in McHenry is patterned after the Olympic Sports Arena in Greece and is a one-of-a-kind kayak center carved out of the top of Wisp mountain. It is a tough training ground for competitive kayak contenders. Much of Garrett County is parkland. Overall, Maryland has 40 state parks and seven state forests that cover about 225,000 acres.

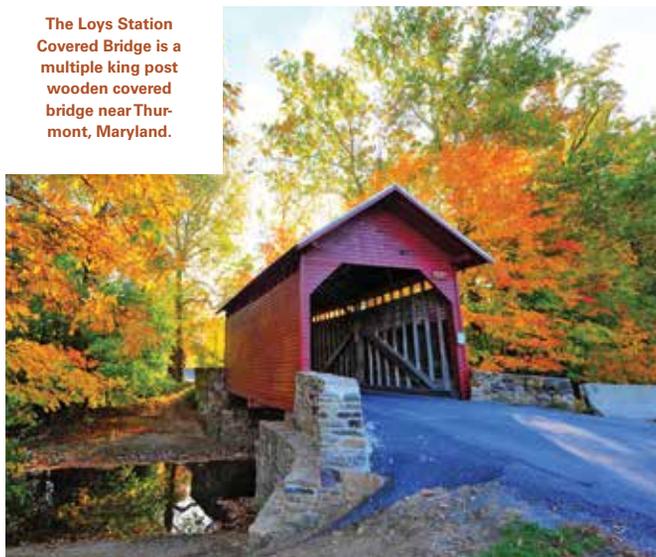
The State has several nicknames. Some refer the "Old Line State" to the Mason-Dixon Line. But there is historical reference to a declaration by George Washington about Maryland's crack army troops, the only state that had regular troops during the Revolutionary War, as the "Old Line." Evidently, these troops distinguished themselves not only in battle but with a special hat dubbed a cockade.

Maryland is also called the Free State, some say because of its original, short-lived religious freedom; others point to the 49.1 percent of Maryland's African American population that were free in 1860. History also records that the editor of the



Chimney Rock is a popular outdoor attraction at Catoctin Mountain Park in Western Maryland.

The Loys Station Covered Bridge is a multiple king post wooden covered bridge near Thurmont, Maryland.



Sun papers, Hamilton Owens, often referred to it as the Free State in 1923 when he mocked a Georgia Congressman for accusing Maryland of being a traitor to the Union because it never passed a state enforcement act supporting prohibition. "Perhaps," Owens wrote, "Maryland the Free State should secede from the Union before acting to prohibit the sale of liquor."

But it is "America in Miniature" that best defines Maryland. Crossing diverse terrain, from the Atlantic to the ancient Appalachian Mountains and encompassing three distinct lifestyles, the state hangs together on the character of its people fostered by the overarching Chesapeake Bay in tune with the motto of the state "Manly Deeds and Womanly Words."



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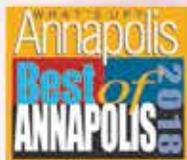
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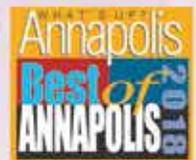
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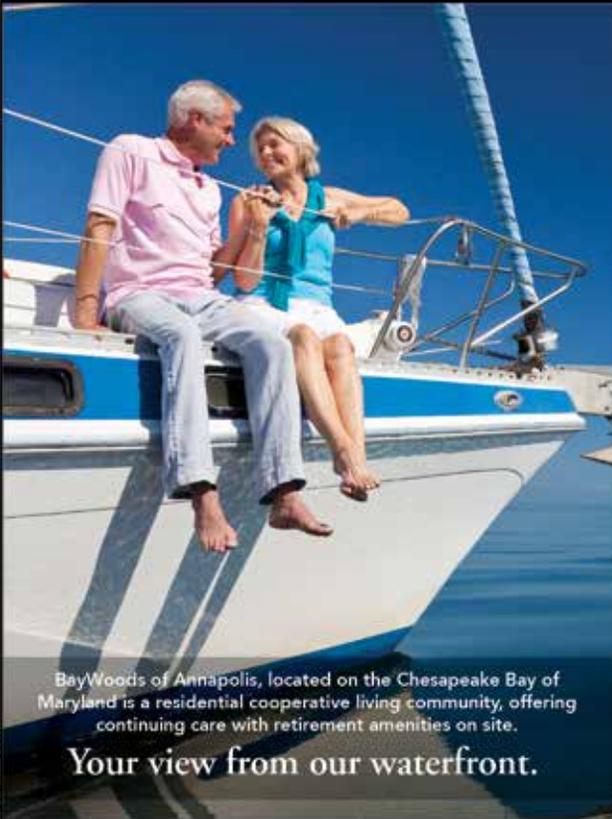


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WHAT'S UP?'S 2019 SUMMER CAMPS YOU SHOULD KNOW

ACADEMY ART MUSEUM SUMMER CAMPS

Location: 106 South Street, Easton. Contact: 410-822-2787; academyartmuseum.org. Constance Del Nero, Director of Children's Education & Community Programs. Dates/Times: Weekly from last week of June through third week of August. Most camps run 2–3 hours. Ages: PreK–12th grade. Cost: Varies by program; most camps are \$100–150. Acad-

emy Art Museum offers interesting and creative camps for every age range. From pre-school summer-themed offerings to tween and teen paper-making and plastic sculpture, there is something for everyone. The Museum's signature Kaleidoscope Camp—a perennial favorite—consists of multi-media projects, while other camps focus on building basic art skills, such as drawing and painting.

New 2019 camps offer high school students advanced drawing, batik, and digital media expertise.

ANNAPOLIS AREA CHRISTIAN SCHOOL SUMMER PROGRAMS

Location: 109 Burns Crossing Road, Severn. Contact: 410-519-5300, x3150; AACSONLINE.ORG/summerprograms. Cedrick Dickens, Summer Programs Director, summer@aacsonline.org.

Dates/Times: June 10th–August 2nd, 9 a.m.–4 p.m.; half day and extended day options available. Ages: 3½ to 18. Cost: \$190–300/week. With 40+ programs to choose from, Annapolis Area Christian School Summer Programs encourage you to find out more and see how they can meet your family's needs. Traditional day program, academic camps, creative arts, and sports camps such

as basketball, soccer, volleyball, field hockey, football, tennis, dance cheer, sports training, teen leadership development, science, coding, drones, and STEM are offered. Tours are available by appointment.

CITY OF ANNAPOLIS RECREATION AND PARKS SUMMER CAMPS

Location: Varies based on camp. Contact: 410-263-7958; Annapolis.gov/recreation. Kathryn Owings, Sports Supervisor, KAOWINGS@ANNAPOLIS.GOV. Dates/Times: June 24th–August 30th. Ages: 4–15. Cost: Varies based on camp. Annapolis Recreation and Parks is excited to introduce new camps for summer 2019! Activities will include traditional day camps with field trips while special interest camps will include sports, STEAM, stand up paddle boarding, and much more! Please visit annapolis.gov/recreation for more information. Follow us on Facebook and Twitter to stay up-to-date on camp announcements!

ANNE ARUNDEL COMMUNITY COLLEGE'S KIDS IN COLLEGE MMER CAMPS

Location: 101 College Parkway, Arnold. Contact: 410-777-1182; AACC.EDU/KIC. Dates/Times: June–August; half and full day options available; before and after care available. Ages: K–12th grade.

Cost: Varies by program. Programs offered include but are not limited to: traditional day camps, academic classes, sports, performance, general interest, art, culinary, dance, engineering, magic, math, robotics, science, technology, and theater. Please see website or call Kids in College at number listed for more information.

ARCHBISHOP SPALDING SUMMER CAMPS

Location: 8080 New Cut Road, Severn. Contact: 410-969-9105; ARCHBISHOPSPALDING.ORG/CAMPS. Spalding offers a wide variety of summer programs, including academic and athletic camps. For more information, including dates, times, ages, and pricing for each camp, please visit the website or call the number above.

ECO ADVENTURES

Location: 216 Najoles Road, Suite 600, Millersville. Contact: 410-987-1300; ECOADVENTURES.ORG. Tina Hayden, Programs Coordinator. Dates/Times: Eco Sampler: June 17th–21st. Walk on the Wildside: June 24th–28th. Harry Potter Wizarding World: July 8th–13th. Art on the Wildside: July 15th–19th. Animal Training & Career: July 22nd–26th. Wilderness Survival: July 29th–August 2nd. Harry Potter Hogwarts Camp:

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- APR** Eastern Shore Sea Glass and Coastal Arts Festival
Saturday and Sunday, April 6 and 7
- MAY** Community Day & Maritime Model Expo
Sunday, May 19
- JUN** Antique & Classic Boat Festival and Arts at Navy Point
Friday and Saturday, June 14 and 15
- JUL** Big Band Night
Saturday, July 6 (Rain Date: Sunday, July 7)
- AUG** Watermen's Appreciation Day
Sunday, August 11
Charity Boat Auction
Saturday, August 31 (Rain or Shine)
- SEP** Boating Party Fundraising Gala
Saturday, September 7
- OCT** Mid-Atlantic Small Craft Festival
Friday and Saturday, October 4 and 5
OysterFest 2019
Saturday, October 26

For event details, visit cbmm.org/festivals.
Chesapeake Bay Maritime Museum | St. Michaels, MD



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José-Luis Novo, Music Director | The Philip Richebourg Chair



MARCH 29 & 30 | 8 PM

COSMIC DEPTH

Eric Whitacre *Deep Field*
Aaron Smith, conductor
Beethoven *Symphony No. 9*
José-Luis Novo, conductor
with The U.S. Naval Academy Glee Club



MAY 3 & 4 | 8 PM

FANTASTIC LIGHT

Mozart
Piano Concerto No. 20
with Brian Ganz, piano
Berlioz
Symphonie Fantastique



MAY 11 | 2 PM

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archbishopspalding.org or 410-969-9105
 8080 New Cut Road, Severn, MD 21144

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CITY OF ANNAPOLIS RECREATION AND PARKS SUMMER CAMPS

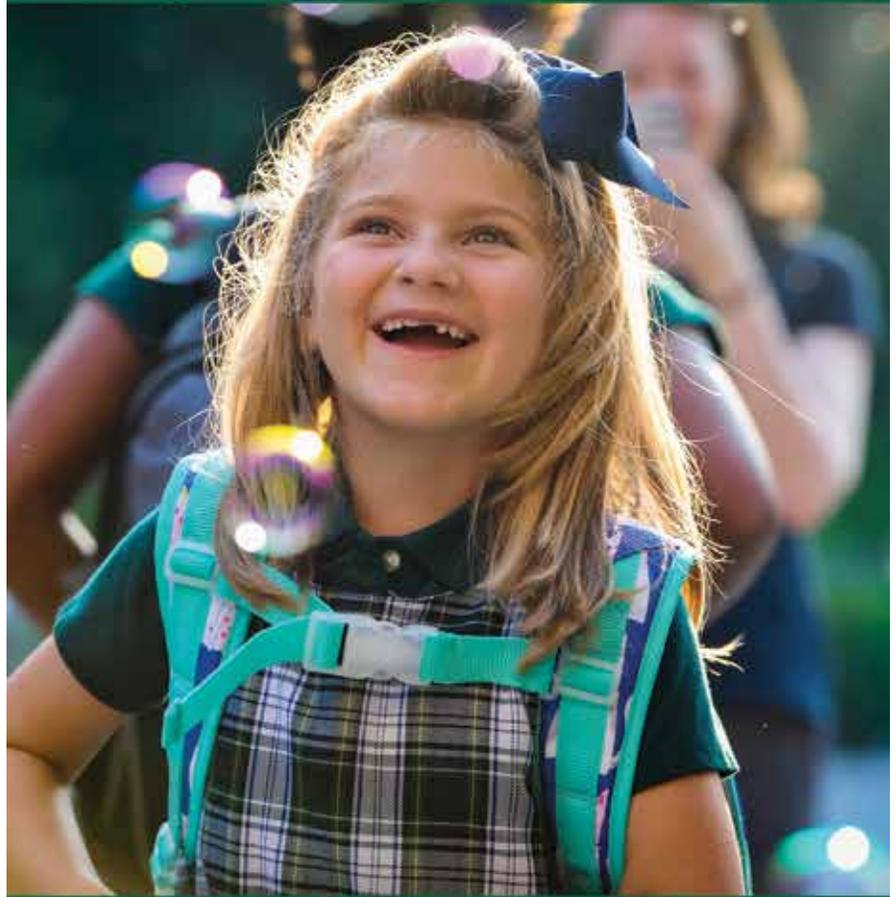
Aug 12th–17th. Marine Biology Sea Camp: August 19th–23rd. Summer Fun Kindergarten Camp: September 3rd–6th. One-day camps are also available during the week of July 4th. Ages: Varies by camp. Please see website. Cost: One-day camp: \$85–95; Full day (9 a.m.–4 p.m.): \$340–375; Mini camps (9 a.m.–1:30 p.m.): \$205. “Experience the Extraordinary.” That is exactly what our summer camps embody! Our 2019 summer camp line-up offers a variety of camps, from animal training to Harry Potter, to Art on the Wildside to marine biology. You’ll quickly see we have something for everyone. Each camp is

highly personalized and designed to get kids excited about our natural world with daily activities such as animal interactions, games, experiments, crafts, guest speakers, fossil digs, field trips, creative snacks, and more! When we get through with them, they may never WANT to come home!

IDEAS SUMMER CAMP

Location: 3112 Arundel on the Bay Road, Annapolis (St. Anne’s School of Annapolis). Contact: 844-516-2267; Ideassummercamps.com. Dates/Times: June 17th–August 9th; free extended care available 7:30 a.m.–5:30pm. Ages: 3–12. Cost: Starting at

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Location: 680 Evergreen Road,

Crownsville; 1180 Anne Chambers Way, Crownsville. Contact: 410-923-3660; Indiancreekschool.org. Kelly Bryant, Summer Camp Director, kbryant@indiancreekschool.org. Dates/Times: June–July. Ages: 3–18. Cost: Varies. Traditional day camps, performing arts camps, blended learning camps, athletic camps on two beautiful Crownsville campuses.

KIDSHIP SAILING

Location: 7001 Bembe Beach Road, Annapolis. Contact: 410-267-7205; Annapolissailing.com/youth-sailing.info@annapolissailing.com. Dates/Times: Week-long camps starting June 10th; full- and half-day options available. Ages: 5–15, all skill levels. Cost: \$295/week for half-day; \$495–645/week for full day. With the lowest student to instructor ratio around, KidShip provides a fun and non-competitive environment for kids to grow as sailors and have a summer they'll never forget! Campers come away with sailing skills, confidence, and a smile. Call or email with any questions.

MACC SPORTS CAMPS

Location: 2485 Davidsonville Road, Gambrills. Contact: 410-451-5110; Themacc.org/sports-camps. Rob Wagler, sports@themacc.org. Dates/Times:

Basketball: July 8th–11th (ages 7–14). Golf and Volleyball: July 15th–18th (ages 7–14). Tennis: July 22nd–25th (ages 7–14). Ambassadors Soccer: July 30th–August 3rd (ages 6–14). Multi-sport: August 5th–8th (ages 5–7). Ages: Varies by camp. Cost: \$50 per camp (Soccer all-day camp is \$150); \$30 for each additional camp. MACC sports camps are designed to give young players an opportunity to learn basic skills in a fun, positive, and encouraging environment. In addition to excellent coaching, we provide a daily life-related "Team Talk" geared toward communicating the truths of God's Word. Each day includes technical and tactical instruction for campers, focusing on the necessary skills to advance in their given sport. Match play and special competitions bring promise and excitement to the program.

MYLAW SUMMER LAW ACADEMY

Location: University of Maryland Francis King Carey School of Law, Baltimore. Contact: 667-210-2517 Mylaw.org. Dates/Times: June 24th–27th, 8:30 a.m.–4:30 p.m. Ages: 10th–12th grade. Cost: \$300 The 4th Amendment and Forensic Evidence is week-long camp filled with presentations, tours, and field

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Academic rigor at Key is derived from achieving a deep understanding of the complexity of concepts and problems, not from the sheer amount of content covered. From First School through Upper School, Key's program emphasizes experiential learning, creative and collaborative problem solving, and building habits of grit and resourcefulness.

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HIGHLIGHTS 2018

- Over 75% of the Class of 2018 received merit scholarships
- 80% will attend "Most/Highly/Very Competitive" colleges/universities
- 33% will attend Research 1 Universities
- 33% intend to pursue STEM-related studies including engineering, computer science, marine and environmental science, pre-health/vet, and architecture
- 100% taking Advanced Courses during junior year scored 4 or 5 on the AP exam (Biology, Calculus AB, Calculus BC, Chemistry, Latin, Spanish Literature)
- 25% of the Class of 2019 scored 1430+ on SATs
- 11% earned National Merit Scholar Recognition
- 90% of recent graduates accepted to one of their top choice colleges
- 98% of alumni parents surveyed would recommend Key to a friend, colleague or family member

VISIT US!

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Ellen Verdon Winkler, Smoke House, 2018. Intaglio with chine colle, 3/10

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 Boys and Girls Ages 10-18

July 6 - July 9
 Session 1: Girls' Performance Camp

July 9 - July 11
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 Offered to campers enrolled in both Sessions 1 & 2

July 11 - July 14
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July 25 - July 27
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trips that connect the youth with constitutional law professors, criminal trial lawyers, public defenders, the Baltimore City Police Department Forensic Science and Evidence Division, the Maryland Forensic Medical Center at the University of Maryland BioPark's chief medical examiner, and other guest speakers and tours. It's a great opportunity for students who are considering a career in forensics or the law, or who enjoy the thrill of crime scene investigation! Cost includes lunch, materials, and a T-shirt. Please visit the website listed above for this summer's application.

**NAVY ATHLETICS
 SUMMER CAMPS**

Location: U.S. Naval Academy, Annapolis. Contact: 410-293-5845; Navysports.com (click on "Camps" tab). Dates/Times: June–August. Ages: Varies by camp and program. Cost: Varies by camp and program

**2019 NAVY
 BASEBALL CAMPS**

Location: U.S. Naval Academy, Annapolis. Contact: 410-293-2831; Navysports.com. Paula Roche, proche@usna.edu. Dates/Times: Summer Elite Showcase: June 18th–19th (current high school players). Little League Day Camp: July 15th–18th (ages 8–12). National Leadership Futures

Overnight Camp (Day option available): July 20th–24th (rising 8th, 9th, and 10th graders). Overnight Leadership Training Camp: July 27th–31st (rising 11th and 12th graders). Visit website for full details. Ages: Varies by program. Cost: Varies by program

NAVY VOLLEYBALL CAMPS

Location: U.S. Naval Academy, Annapolis. Contact: 410-293-5845; Navysports.com. navyballcamp@hotmail.com. Dates/Times: Girls' Performance Camp #1: July 6th–9th, \$625 (ages 12–18). Girls' Mini Camp: July 9th–11th, \$240 (ages 12–18). Girls' Position Training Camp #2: July 11th–14th, \$625

(ages 12–18). Boys' Training Camp: July 11th–14th, \$625 (ages 10–18). Girls' Team Camp: July 25th–27th (high school). Visit website for full details. Ages: Varies by program. Cost: Varies by program

PONGOS LEARNING LAB

Location: 2141 Priest Bridge Drive, Suite 8, Crofton. Contact: 301-789-1815 ext. 4; Pongoslearninglab.com. Chrissy Rey, President and Founder. Dates/Times: Camps begin week of June 17th and run through August. Ages: K–8th grade; however, some camps are open to students up to 12th grade. Cost: \$280–315, plus lab fees. We will cover



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a wide range of STEAM topics this summer, including video production, animation, game design, robotics, and coding. The first and last week of camp is Gamer Club, which gives kids a chance to have some fun while working on their teamwork and sportsmanship skills. For the rest of the summer, kids will spend most of their days at camp learning the subject for the week, or working on related projects or challenges.

SEVERN SCHOOL SUMMER PROGRAMS

Location: Varies. Contact: 410-647-7701 x 2344; Severnschool.com/summerprograms. Laurie Wachs, Summer Program Director, l.wachs@severnschool.com. Dates/Times: June 24th–August 2nd, 9 a.m.–3 p.m.; Extended Care Program is available before and after camp on the Chesapeake Campus only. Ages: 3 ½ years old–5th grade (day camp); 5th–10th grade (specialty camps on Teel Campus). Cost: \$250/week (day camp); \$300/week (specialty camps on Teel Campus). Day Camp and Specialty camps are available for campers entering grades 1–5 at our Chesapeake Campus. Specialty camps at the Teel Campus, including our Community Enrichment Program, are offered at the

Teel Campus. Various sports camps are also available. Please visit website for details.

ST. MARGARET'S DAY SCHOOL CAMP

Location: 1605 Pleasant Plains Road, Annapolis. Contact: 410-757-2333; Stmargarets-dayschool.org. Tricia Hallberg McVeigh, St. Margaret's Day School Director. Dates/Times: June 10th–21st; July 8th–19th; July 22nd–26th; July 29th–August 9th. Ages: 2–10 years old. Cost: \$55–175/week. Join us from June to August at our fun-filled day camp! Every two weeks we will have a new, exciting camp theme with crafts, projects, games, science explorations, and more. Culminating activities and field trips for ages 4 and up at the end of each theme. Summer 2019 themes: Animal Planet, The Magic of Science, Build It Design It Lego, and Ahoy St. Margaret's Pirates!

SUMMER AT KEY

Location: 534 Hillsmere Drive, Annapolis. Contact: 443-321-2575; Keyschool.org/summer. Jane Flanagan, Director of Summer Programs, jflanagan@keyschool.org. Dates/Times: June 17th–August 9, 9 a.m.–3:30 p.m. with before and after care available; half and full day options available. Ages: 3 ½ years–12th grade.

Cost: Varies by program. Summer at KEY has many options for exciting activities and new adventures. From traditional camps to nearly 150 specialty camps to choose from, there is something for everyone.

SUMMER CAMPS AT THE CHESAPEAKE BAY MARITIME MUSEUM

Location: 213 N. Talbot Street, St. Michaels. Contact: 410-745-4947; Cbmm.org/summercamps. Laurel Seeman, Programs Administrative Assistant, lseeman@cbmm.org. Dates/Times: Varies by program. Ages: 4–15. Cost: Varies by program. Explore the magic of the Chesapeake Bay's people, animals, traditions, and environment! Weekly camp offerings rotate between age groups, with an emphasis on a fun, hands-on learning environment that includes on-the-water and environmental activities, stories, games, crafts, and other creative projects. Scholarships available. For more information and to register, please visit the website.

SUMMER-IN-THE-FIELD AT ST. MARTIN'S

Location: 375-A Benfield Road, Severna Park. Contact: 410-647-7055; Stmartinsmd.org. Dates/Times: June 17–21; June 24–28; July 8–12; July 15–19; July 22–26; half and full day options available, as well



ANNAPOLIS AREA CHRISTIAN SCHOOL SUMMER PROGRAMS

as before and after care. Ages: 3–13. Cost: \$199–369/week. Led by Club SciKidz, a variety of one-week enrichment camp offerings including courses in technology, cooking, science, and art. Come explore and have fun!

CAMP SUMMIT

Location: 664 East Central Avenue, Edgewater. Contact: 410-798-0005; Thesummitschool.org. Dates/Times: July 1st–26th, 8:30 a.m.–3 p.m. (closed July 4th); extended care available. Ages: Students entering grades 1st–8th. Cost: \$2,230/student; discount available for Summit

students. Camp Summit offers a nurturing environment where students build self-confidence and get the academic boost they need for back-to-school success. Campers avoid summer learning loss while having fun and making new friends. Morning academics followed by afternoon fun! Details and applications available online.

THE SUMMIT SCHOOL SPECIALTY CAMPS

Location: 664 East Central Avenue, Edgewater. Contact: 410-798-0005; Thesummitschool.org. Dates/Times: Executive Function: August 5th–9th, 9 a.m.–12 p.m. (rising

8th, 9th, and 10th graders); August 12th–16th, 9 a.m.–12 p.m. (rising 5th, 6th, and 7th graders). EmPOWER™: August 5th–9th, 1–4 p.m. (rising 8th, 9th, and 10th graders); August 12th–16th, 1–4 p.m. (rising 5th, 6th, and 7th graders). Ages: Students entering grades 5th–10th. Cost: \$480/student. Make sure your child is ready for back to school success! In addition to Camp Summit, a month-long academic and recreation camp in July, The Summit School offers specialty academic camps including Executive Function and EmPOWER

Writing. Executive Function tackles organization, time management, and study skills. Take home resources that can be used in every class. Benefit from follow-up sessions to check in on progress and help set up a successful school year. EmPOWER™ helps students learn strategies to meet academic writing demands. Develop the skills necessary for effective writing from strong essays to research reports. Details and applications available online.

WEST RIVER SAILING CLUB SAILING SCHOOL

Location: 4800 Riverside Drive,

Galesville. Contact: Learn2sailwrsc.com. Heidi Bay, Director of Education, wrscjuniorfleet@gmail.com. Dates/Times: For ages 5–7: Session II: July 8th–12th, 12:30–3 p.m.; Session III: July 22nd–26th, 12:30–3 p.m. For ages 8 and up: Session I: June 17th–28th, 8:30 a.m.–3 p.m.; Session II: July 1st–12th (no sailing school on July 4th or 5th), 8:30 a.m.–3 p.m.; Session III: July 15th–26th, 8:30 a.m.–3 p.m.; Session IV: July 29th–August 19th (no sailing school on July 30th). Ages: 5–18; adult classes also offered (please see website). Cost:

\$193 and up; Prices vary by session (please see website). We've been teaching sailing since 1953. Learn not only through drills but creative activities, like an adventure sail, treasure hunt, or a game of Jeopardy. Our instructors instill a respect for the water while teaching the techniques and skills to sustain a lifelong passion of sailing. Each session culminates with a special activity of lunch at High Island or watch the horseshoe crabs hatch their young at Round Bay while never forgetting the most important part: FUN!

Annapolis in 2020

CONVERSATIONS ABOUT
THE CITY OF ANNAPOLIS'
FUTURE WITH PROMINENT
PERSONALITIES

By Frederick Schultz



Welcome to our third installment of focused conversations with community personalities as we approach the third decade of the 21st century. These conversations are framed around the foundation question of: How will and should the City of Annapolis evolve, culturally and in all municipal facets? Here, we speak with **Connie Del Signore**, president and CEO of Visit Annapolis and Anne Arundel County (VAAAC). VAAAC is a non-profit, membership-based Destination Marketing Organization (DMO) that generates revenues for the local economy by promoting Annapolis and the Chesapeake Bay to leisure and business travelers across the country and around the world.

We understand you were living in Reading, Pennsylvania, as president of the Berks County Convention and Visitors Bureau before you came to Annapolis. What drew you here?

I thought I needed a change in my life, someplace where I wanted to live as well as work. I interviewed in California, South Carolina, North Carolina, and Florida. Nothing fit. The last day they were advertising this position, I thought, "I've never been to Annapolis, so why not check it out?" I assumed they would hire somebody from Maryland, so I had no pressure. I came down two weekends on my own, just to see if I loved it. I did, I've been here ever since, and I have no plans to leave.

In an interview you did in 2017 with *Business Monthly*, you listed history as third in a list of four priorities in attracting people to Annapolis. Is that the way you see it?

No. History actually would be first. Even if you aren't a history buff, you come here because it's the backdrop for everything you do, no matter what the strong incentives are in that list. I think that's what captures people. This city is not a contained museum, but we have things that make us that classic "museum without walls" we've all heard of.

Let's say I just received a \$5,000 bonus and I have a week to spend visiting—somewhere. Why should I come to Annapolis?

I can't tell you how often I run into people who say, "We stopped in Annapolis on our way to somewhere else, and we wish we had planned to stay two or three more days." I think we have a wealth of potential experiences that you'll remember when you go home. But to make people really think about that is difficult. We have a very small [tourism marketing] budget—\$4 million. To put that in perspective, Baltimore has a \$19 million budget, and Williamsburg, Virginia, has \$20 million.

Since we're so close to downtown Baltimore and Washington, D.C., we're working very hard on that opposite "hub and spoke" so we become the place where people headquarter and plan day trips from here. It's a challenge, but, once people do get here, they realize they've run out of time because there's so much to do.

Are you resigned to Annapolis being a short-term destination?

Absolutely not. Our push this year is to make it a multiple-night stay and use the city as a home base to visit other places. We used to promote weekend getaways, but we're steering away from that in our marketing. We really want visitors to feel like they've done everything they want to do.

If I could talk to every person who came to this community, I'd get a lot of people staying longer. They just don't know what's here. The question you ask is right on the top of the list of how we want to position ourselves.

How do you get a bigger budget?

That's going to be my legacy. When I got here, we had a \$1.1 million budget. After a year or so, I said we really couldn't do much with that. And we didn't. At that point, we worked with Senator [John] Astle and the state legislature to get an increase in the hotel tax.

We first went to the county, and they said, "What do you need more money for? It's already beautiful, and people come here." We needed to educate public officials that Miami, Las Vegas, or Chicago know for a fact that people don't just show up in each of these cities. They must know about it first.

In the span of two years, nothing happened [to our request], so Senator Astle said, "I'm going to take it to the

[state] legislature." The first year, we received 8 percent of the hotel tax, and by the third year it was 17 percent, which meant a \$3.8 million budget. It's been four years now, and we've plateaued.

One thing I am working on now is short-term rental.

What do you mean by short-term rental?

Things like Airbnb and VRBO [vacation rental by owner]. Senator Astle and I worked two years ago to try to get that [the tax on short-term rentals] through the legislature on a statewide basis. But each of the jurisdictions wanted to do their own [legislation]. Now, Baltimore City and Prince George's and Montgomery counties all have short-term rental legislation. What we're looking for are two things. Having the lodging tax collected is one. The other is to make sure there are some ways of protecting people who choose to stay in short-term rentals,

something along the line of annual permitting and safety features in place to help people who are staying at those places instead of a hotel.

I recently commissioned a study that will tell us how many rentals are in Anne Arundel County and how much money is not being collected. That would be one source of revenue. Another could be something I've really not spoken to anyone about until now. It's a dream of mine not to add any more taxes besides the lodging tax, but to look at something that Williamsburg and Charleston [South Carolina] have done. Those cities have pooled funds from their respective arts, restaurant, hotel/lodging, and historic communities for specific projects.

Under what umbrella would such an arrangement be?

Let me give you an example. This is what has been done in other places. In cities that have convention centers, they

will many times take a portion of the hotel tax or some other funding source they find and put it in a separate account. Maybe that fund has a half-million dollars always in it. Let's say you want to bring in an annual week-long conference and its 100,000 people, but you would really like to have some consideration on the rent at the convention center. Your proposal comes to the partner group and they say, "This is going to mean millions of dollars for the community. Let's pay for the rental." That's one way of pooling funds so that you have a larger pot of money.

As we approach the third decade of the 21st century, what is your vision for the future of Annapolis?

We're marketing so differently now. This community needs to, and I think it will, embrace the disrupters. We had a discussion in this city about murals and permitting. All you have to do is go to Paris and see the Eiffel Tower



Del Signore with Michelle Kownacki at Paws Pet Boutique during National Travel & Tourism Week.

Erin McNaboe,
Lou Zagarino, and
Del Signore at the
Military Bowl.



alongside a gorgeous modern fountain and murals, and it all blends together. We've been inviting people here for 300 years, and we need to maintain that integrity, but not without embracing others who will help us moving forward. It's very difficult sifting through all the clutter of some of the things we see that are distractions and not disruptions. There's a huge difference.

In terms of my personal vision, I like to tell the businesses and partners a little bit about my background. I never joined an association. I was a schoolteacher, but I was raised in a family restaurant business. I understand the struggles. I know what "mom-and-pop" is like. I understand all of that and what businesses go through.

We support the Marriotts and the Westins, but they don't rely on us. Small organizations, the small businesses that don't have any marketing money, really do need us. Everything we do in this community—whether it's the city and the mayor or the county and the county executive—has to be about attracting visitors and realizing that it's the second largest industry in Annapolis. The first year I was here, every public official I met told me, "You are such a lucky person. You don't have to do anything. It's such a beautiful place." I immediately stepped back and rethought everything, realizing I needed a new approach that made them see I was here because they were losing business. The truth is compelling. Every visitor brings money that wouldn't otherwise be here.

Another part of the umbrella of this organization is obviously Anne Arundel County, not just Annapolis. How does that fit into the marketing plan?

I recently met a lobbyist who lives in Annapolis, and in her spare time she serves on the Odenton Town Center advisory committee. Odenton is really expanding now, and I had her meet with our partnership people. I don't yet know how it will fit, but there is a niche for people who want to be in a place where people live, work, and play. To use a tired phrase, we're going to find a way to "plug them in," just as we've sold South County.

When we increased our budget, we finally said, "We think we have enough money to sell Annapolis and South County and its environs as one area, and sell BWI airport and Arundel

Mills to a different audience." So, we've separated the two. We have a BWI hotel website, and we try to convince people, through marketing, that if you're going into Baltimore for a baseball game, we're only 11 minutes from downtown Baltimore. Stay with us. It's less expensive, and we have beautiful properties.

We have a campaign called "Experience the Fun." We've found an audience. And the visits to our website and the work we're doing with Maryland Live! Casino and places like the Guinness factory have been great. We now market that separately. We tried doing it all together—"Come to Anne Arundel County"—but that doesn't really give the best sense of place.

Having said all this, Annapolis is still the gem.

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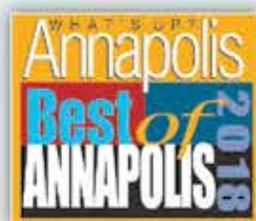
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THE GATEWAY
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How often does someone have a chance for a career advancing opportunity in one evening? This was the case for Annapolis newcomer, Coach

Ryan Odom, as his 16th-seeded team, the University of Maryland-Baltimore County Retrievers, faced the No. 1 ranked team in the nation, University of Virginia, in the NCAA Men's Basketball Tournament last March. This one game could elevate Ryan's status within the basketball world.

In the 80-year history of the National Collegiate Athletic Association, not once has a 16th-ranked seed defeated a top seed in the annual basketball championship tournament. Ryan's father, Dave Odom, was a highly respected NCAA coach—most notably at Wake Forest—that developed two of the greatest players in college basketball history, Ralph Samson and Tim Duncan. Yet, even he hadn't faced the long-shot odds that his son was about to experience.

Coach Ryan Odom was thrilled that his team even qualified for the tournament. To get in, UMBC had to defeat the University of Vermont in the America East Conference championship game. UMBC had lost to Vermont 23 times in a row. In their two meetings during the regular season, Vermont won twice by a combined total of 43 points. In the championship game, Vermont had a nine-point lead with eight minutes to go. UMBC star Jaius Lyles led the comeback that night and hit a three-pointer with less than one second left on the clock to defeat Vermont, 65-62. UMBC advanced to the first round of the NCAA Tournament, where they would face the country's No. 1-ranked team, the Virginia Cavaliers.

Shortly before the game, while the team was warming up, Odom was speaking with CBS announcer, Jim Nantz, who

RELIVING ONE SHINING MOMENT

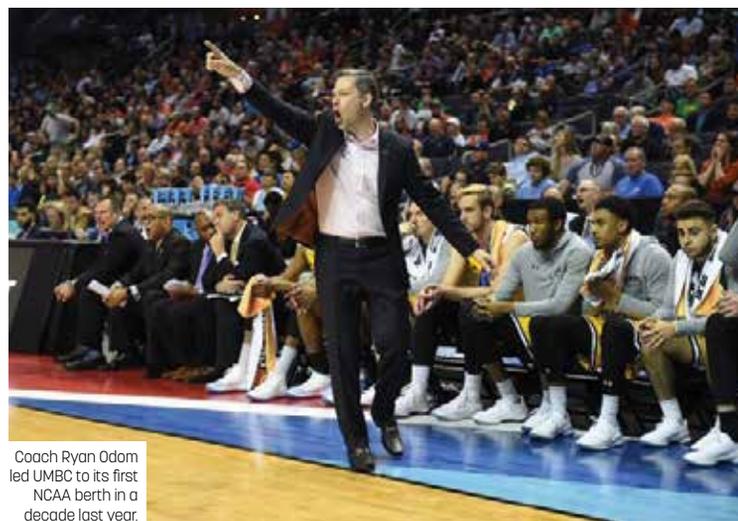


HOW ANNAPOLIS' RESIDENT AND UMBC BASKETBALL COACH RYAN ODOM DELIVERED THE GREATEST UPSET IN NCAA TOURNAMENT HISTORY **By Gary Jobson**

All photos courtesy UMBC Athletics

told Odom he wanted to call the first game ever of a 16th seed defeating a top seed. He asked the 44-year-old coach if his team was going to be the first in history to pull off the upset? Odom pointed to a tee-shirt worn by a player's father that stated, "Why not us?"

The tournament has always been about great games and upsets. Spectators perpetually hope to witness a Cinderella story each March. Odom and his UMBC players faced a team that had a 32-1 record. The Retrievers had only been in the NCAA Tournament one time before, in 2008. One of the reasons why so many people participate or watch sports is that you never know the outcome. For Virginia, they were most likely looking forward to a long tournament run. For UMBC, this was the opportunity of a lifetime.



Coach Ryan Odom led UMBC to its first NCAA berth in a decade last year.

FAMILY ROOTS

Odom's father, Dave, was a career-long successful college coach that included a 13-year run at Wake Forest, with Duncan (5-time NBA champion with the San Antonio Spurs) on the team for four years. From the third through the ninth grade, young Ryan attended basketball practices with his father when Dave was an assistant coach at the University of Virginia from 1982-1989. During that period, star player Sampson was on

the Cavaliers team. Of that time, Odom says, “I loved the passion my father had for basketball. It inspired me to play basketball.” He certainly became a good player. Odom started for four years at Hampton-Sydney College, and graduated as the college’s all-time leader in three-point field goals. The 5’ 10” Odom also was the team captain his senior year and helped lead the team to an 80-30 overall record during his four years there. After graduating, he served as an assistant coach at South Florida, Furman, UNC Asheville, American, Virginia Tech, and UNC Charlotte. He was the interim head coach at Charlotte (8-11 record), then took over as head coach at Division II Lenoir-Rhyne (21-10) in North Carolina before accepting the job at UMBC in 2016. He quickly turned the program around, going an impressive 80-49 his first three seasons. The year before he came to the Catonsville school, the Retrievers struggled to a 7-25 mark during the 2015–16 season.

Odom’s family is passionate about sports. His brother, Lane, is a scout with the Utah Jazz. His father is currently the director of the high-profile Maui Invitational Tournament. His cousin, Russ Atkins, is the general manager of baseball’s Toronto Blue Jays. Odom says he follows sports closely and is an Orioles and Ravens fan, but also roots for the Carolina Panthers, Miami Dolphins, and Los Angeles Lakers.

At our Annapolis neighborhood’s annual Christmas party in 2017, I introduced myself to new arrivals Ryan and Lucia Odom. They have two young sons. He told me he was a basketball coach. Then on Friday, March 16th, 2018, I was watching the UMBC vs. Virginia game on television. And there on the sideline was our neighbor, Odom. The game started off with neither team scoring many points. Virginia was noted for its stifling defense. This was a team that took down Duke and North Carolina that same season. The Las Vegas oddsmakers had Virginia winning over UMBC by 20 points.



Lucia and Ryan Odom were on the Red Carpet for the ESPN Awards.

K.J. Maura from Puerto Rico, who is listed at 5’ 7” tall, proved to be annoying to the much taller Virginia players. He scored 10 points and moved the ball to his teammates Joe Sherburne and Arkel Lamar, who also finished in double figures. The squad was shooting 50 percent from the

THE GAME

The UMBC Retrievers play in an arena that seats 4,024. If they get 1,000 seats filled, it’s considered a good night. In this game, they were suddenly playing in front of 17,943 fans at the Spectrum Center in Charlotte, North Carolina. Another 3.5 Million viewers would watch the game on CBS. As I followed the game, I kept wondering when Virginia would start pulling away, but the scoring was low and close throughout the first half. At halftime, the score was tied at 21-21.

Later, back home in Annapolis, I had the chance to ask Odom what they talked about during halftime. He explained, “Our goal was to be in the game. The low numbers were fine because we were playing the best defensive team in the country. I was worried about them picking it up in the second half. Our players were saying ‘We could do this.’ Let’s have a good start to the second half, and go for it at the beginning.”

The second half got underway, and UMBC came out hot. The fans in the stands responded in kind, and the noise got louder with each UMBC basket. Virginia started to look frustrated. Retriever Jairus Lyles played for 39 of the 40 game minutes and made 9 of 11 attempted two-point shots, and 3 of 4 three-pointers for a total of 28 points.

three-point arc and 55 percent from the two-point zone. UMBC opened the second half with a 7-2 run before Virginia called a timeout. After the timeout, UMBC went on a 6-2 run and suddenly had an 11-point lead. When Virginia took its third and final timeout, they trailed by 19 points.

It is important to note that the Virginia Cavaliers led the NCAA in team defense during the regular season, allowing only 53.4 points per game. The final score was UMBC 74 and Virginia 54. Lyles was named the game’s Most Valuable Player.

Virginia’s coach, Tony Bennett, was gracious after the game. “That was not even close. That’s first a credit to the job by Ryan. I don’t know what to say, but that was a thorough whipping.” Odom would later tell me, “I spoke with Tony a few days after the game. It was bittersweet because I have so much respect for him and UVA. He was okay. It was a special exchange.”

UMBC faced Kansas State in the next round and kept it close. The Retrievers were down by just two points with two minutes left in the game. But Kansas State won 50-43, ending UMBC’s Cinderella run. It was a disappointing loss, but the victory over top-ranked Virginia will long be remembered.

THE UPSHOT

For Odom and his family, the 2017–18 season turned out well. He received offers from other colleges to become their coach but elected to stay at UMBC and receive a substantial increase in salary. After all, his family has grown fond of Annapolis and were reluctant to uproot. “I did get some offers, but I am happy at UMBC, and my family loves living in Annapolis,” he says. “It’s fun just walking our dog, Bear, around. It is a great town to be in.”

The team was nominated for a 2018 ESPY Award by ESPN. The squad traveled to Los Angeles for the event last July and Odom described it as, “An amazing experience.” They lost out to fellow nominee, the Minnesota Vikings, in their award category “Best Moment,” but got a huge ovation from the audience.

This past summer, I took Odom out for a sail. We talked about basketball. I asked him if he can make an average player better? He said, “No doubt, we try to max them out to be the most skilled player they can be using repetition. We want them to be a great student and help young people to be a better human being. We want to develop the whole person. There is more that goes into the mental side. They are going to have slumps and all kinds of personal issues. There are many aspects to working with players.”

“

WE WANT TO DEVELOP THE WHOLE PERSON. THERE IS MORE THAT GOES INTO THE MENTAL SIDE. THEY ARE GOING TO HAVE SLUMPS AND ALL KINDS OF PERSONAL ISSUES. THERE ARE MANY ASPECTS TO WORKING WITH PLAYERS.



Coach Ryan Odom embraces K.J. Maura during the NCAA Tournament loss to Virginia in March.



Odom thoroughly enjoyed the NCAA Tournament experience.

I am certain that is correct. It will be great fun watching Odom over the coming years. I envision continued success for this inspiring coach. For now, he is still a neighbor on our street, and I hope we get a chance to spend some more time on the water. But first, all eyes are on the UMBC Retrievers this March and the hope for another Cinderella season.

FROM HIGH POINT TO YOUR HOME

A review of interior design and décor trends that swept the home industry's most prestigious biannual exposition, High Point Market

By Diana Love

GLOBAL GLAM →

More and more, people are aspiring to make their homes into elegant sanctuaries that periodically take them away from the chaotic world outside. This sanctuary includes the sense and the memory of their most exquisite lifestyle moments through texture, manufacturing, and artistry. Decorators are finding inspiration in their client's international travels or simply in their dreams of travel. Global glam trends reflect the creation of a personal narrative; a context in which memories will be showcased and new meaningful memories will be made. Global glam is heavily inspired by a spirit of wanderlust and the dream of an interesting escape, but without the jet lag.

NATURAL ELEMENTS →

This trend highlights pieces that incorporate natural materials, organic shapes, and earthy motifs. It plays with shapes and patterns found in nature, and relies on the use of organic items as the medium for wall art and design accessories. Adding natural elements like natural stone, raw wood and muted grey, warm beige and brown colors soften a room, and adds a touch of playfulness, tactility, warmth and individuality to a design. Prevailing elements in this organic trend include stone forms, tree trunks and knotted roots.

Wicker and rattan are around every corner of Spring style. Wicker can be defined as any pliable twigs, plaited or woven to make items such as furniture and baskets. Although typically made of willow, nouveau wicker comes in many forms, some relying on sustainable materials and international artisanry. Nostalgic styles like peacock chairs give a nod to the past but are updated for both interior and exterior spaces.

Inspired by the indoor/outdoor beach, boating or waterfront lifestyle, raw and bleached natural materials, simple organic forms, and '70s inspired earthenware lighting and accessories are used to create a casual mix that is almost effortless in placement and coordination with other decor, yet still refined.







Balanced combination of color and material allows geometric elements to pop, transforming wall decor, accessories, chandeliers and furniture into striking works of art. The advantage and benefit of working angles, arcs and strong shapes into decor is the element of energy and dynamism that can invigorate living and working spaces.

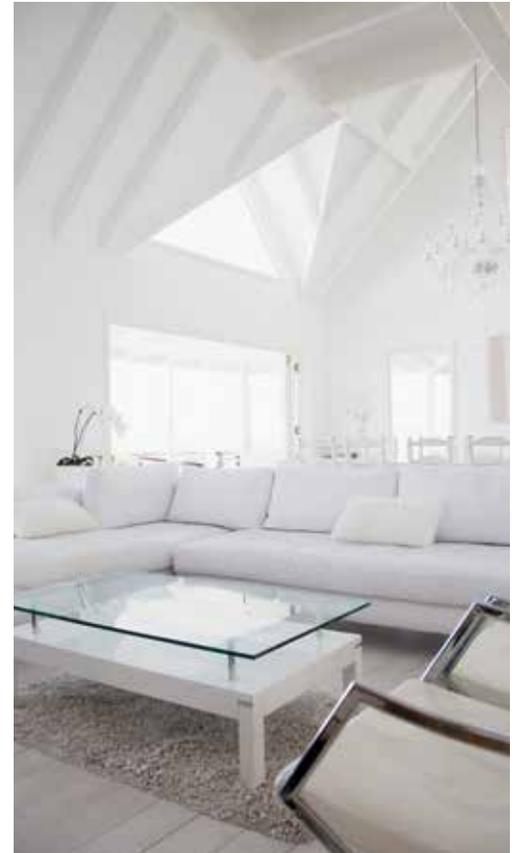
GEOMETRICS & ANGLES ↑

Playing with shapes, angles, and arcs has always offered designers an effortless way to add a creative edge to design projects. Technology begs decorators to use these shapes in 3D illusion wallcovering, resin and brass hardware, sculptural lighting, and statement furniture pieces. Use of geometric shapes is an entree to clever artistry that makes the most of pattern and texture, lines and forms. That energy can flow from your decor into your life. Additionally, while these forms technically have no artistic boundaries, they still lie well within the comfort zone. Trends create buzz by marrying the latest to the greatest and that is exactly what this particular trend will do.



← CURATED CURVES

Whether inspired by an archival piece of furniture, a classic architectural form, or an Art Deco piece of jewelry, curvilinear design reflects the marriage of a strong Continental European influence and a universal passion for reviving bygone eras. Curves will reign supreme in furnishings, lighting, art, and interiors.



WHITE ↑

Reflecting light off water, shades of brightness, and the clouds, white incorporates easily into interior or exterior spaces. As new, high-tech fabrics minimize the maintenance so long associated with white, decorators can use it with confidence. White furnishings give the artist freedom to paint the walls in trendy dark hues or muted natural tones. White plaster and textural gesso finishes are abundant in this season's decor. These finishes reflect an attention to detail and artisanal crafting that can only be achieved by hand. Plaster provides a depth and luminosity that shifts with the light, quietly transforming the look and feel of room or even an item in it. White is a classic and clean look that is so much more interesting than shades of neutral beige, and it is here to stay.

PATTERN PARTY →

Much like we are seeing in fashion right now, pattern play is going strong for home interiors in 2019. Expect to see textiles where geometric meets organic, earthy palettes pop with bright electric accents, and bold patterns that are embracing a mismatched style. This look may seem peculiar on its own, but paired together in a composition, it becomes a visual feast for the eyes. Assortments will have an explosion of pastel, such as over-scaled furniture with light wood finishes and pastel upholstery. Avoid badly printed patterns reminiscent of kitchen drapes circa 1973.



← INDIVIDUALISM

Wall art, carpeting, case goods, and decor can all tell a very personal story that reflects the life and times of the homeowner, not necessarily the interior decorator. This trend celebrates the individual who is living a full and creative life and wants to showcase that daily and expressively. Furniture and art collections are inspired by family heritage, travel, and personal perspective.



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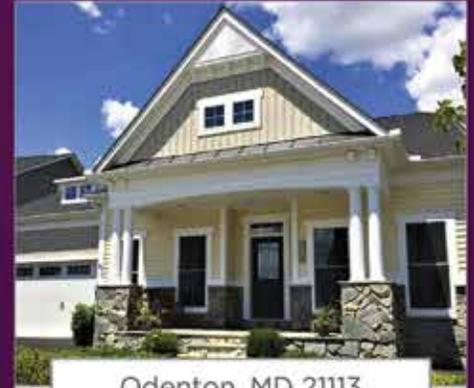
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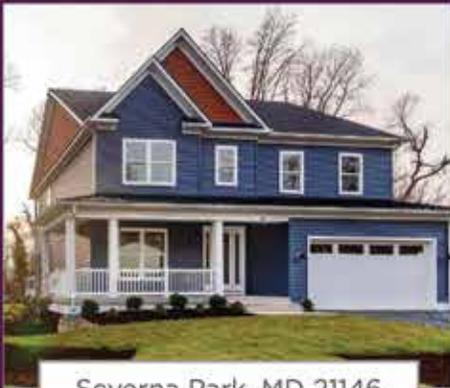
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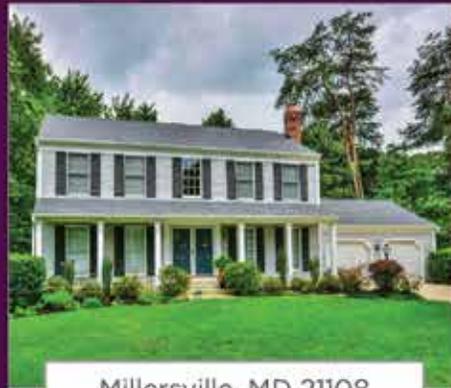
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CHRISTINA JANOSIK PALMER
Christina Janosik Palmer Group of
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Q: Why is Engel & Völkers coming to Annapolis?

A: Annapolis is a vibrant city that appeals to both a local and global clientele. After an exhaustive search of the

best city and partners with which to launch our first Maryland location, we are very excited to have chosen Annapolis. Pairing local expertise with global reach, Engel & Völkers is about to enter Annapolis with a group of best-in-class real estate leaders who live and breathe this incredible market every day.

ANTHONY HITT
President & CEO,
Engel & Völkers Americas



Q: What three actions can home sellers take to ensure the highest sales price of their property?

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#1 - Price it right. If it's not priced properly, it will sit on the market and nobody wants that.

#2 - Be the best house on the block. You want to make your home as desirable as possible to stand out against the competition.

#3 - Hire a team that will market your house aggressively. Finally -- hire an agent who is a highly-skilled negotiator and someone you can trust.

BOB LUCIDO
Bob Lucido Team of Keller Williams Integrity



Q: How should I best prepare to meet with an agent to list my home?

A: Have a discussion with any other decision maker in the home about

your goals, budget, and timelines. Make sure you are ready to sell, know what date you need to sell your home by, and what your budget is for any necessary home improvements or repairs. Make a list of any home improvements you have made to the home. Get an extra key made for the lockbox. Be prepared to take the agent on a tour of your home and share your favorite features about the home and the community.

THE DAVID ORSO TEAM
of Compass Real Estate



Q: What are the most significant factors to consider when purchasing waterfront real estate?

A: First, you should determine if ownership of the property includes

riparian rights, and thus the right to build a pier and/or access the water for swimming, boating and fishing. Once that assessment has been made, it is important to understand if there are any issues pertaining to critical area regulations and any potential violations that exist which the new homeowner would be liable for, even if they were not the owner that created the violations. Additionally, it is extremely valuable to have a boundary survey prepared to ensure the buyer understands exactly what they will own, where the boundaries exist, and if there are any encroachments.

BRAD WALSH

Liff, Walsh & Simmons/Eagle Title



Q: With the ability to search for homes online myself, why should I hire a buyer's agent?

A: The Internet has made it easier for buyers to tour homes online and narrow down

their list. The seller of the home pays the commission of the buyer's agent, so it doesn't end up costing you anything as the buyer, but it can end up saving you time and money by having the guidance of an agent. The closing process for a buyer is quite involved from the home inspection and the loan to all the paperwork and coordination—all the steps to get you to a stress-free settlement. Buying a home is an exciting time, so you should enjoy it and leave the less fun parts to the agent!

THE DAVID ORSO TEAM

of Compass Real Estate



Q: What can I do to attract more showings and possibly receive multiple offers on my home?

A: Taking the time to get your home in prime condition is

so important. A qualified Realtor will have the resources to guide you to be the hottest house in town. Buyers want new paint, new flooring, upgraded baths and great new upgraded kitchens with updated appliances.

Taking the time to give your home a facelift prior to entering the market will pay off in price, a short time on the market and the possibility of multiple offers.

CHRISTINA JANOSIK PALMER

Christina Janosik Palmer Group of Coldwell Banker

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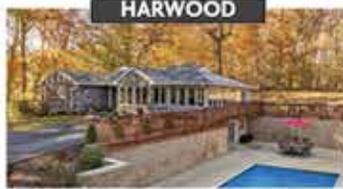
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Home & Garden

116 MORE THAN A CENTURY ON SPA CREEK | 124 HOME DESIGN
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MORE THAN A CENTURY ON SPA CREEK

*Historic home in the state
capital features amenities that
evolved through generations*

By Diana Love Photography courtesy Denise Hadden

Spa Creek is a long and narrow waterway that stretches from the Eastport Bridge in downtown Annapolis to its terminus near Hilltop Avenue. Gracious homes line the many coves of the creek, including historic structures built in the late 1800s and early 1900s. This place is one such house. Built at the turn of the 20th century when the western side of Spa Creek was valued for its proximity to downtown Annapolis and the Chesapeake Bay, the house occupies a tidy 15-acre sloped lot. The house was built to take advantage of the natural grade of the land, thus placing it above the floodplain. This purposeful construction allowed early occupants to enjoy fresh breezes off the water and easy access to the Bay without the constant worry about rising tides or storm surges.







HISTORY

The home was constructed in 1908, and became only the second structure to be built on the western side of the street between Revell and Spa Creek. The building housed the Annapolis Boat Club first, then Claude and Company's Chesapeake Bay Oyster House. Between 1930 and 1954, the house was divided into six apartments. In 1977, the owners converted the apartments into a single-family home and added a spacious addition along the entire length of the waterfront side of the house. Currently, the home is a two-and-a-half story frame set on a raised basement. Due to the sharp slope of the ground toward Spa Creek, the basement is exposed on all sides except the façade. The rear of the home is characterized by a balcony that extends over the 1977 addition as well as by an original balustrade accessed via the master bedroom. Original architectural designs called for three large and distinctive doors. Over time, one door has remained operational while the other two were sealed shut. These doors give entry to a home that is both historical and modern, suited for elegant entertaining and casual family living.



The origins of the home may provide some explanation for the design of the façade and porch overhang. Without a doubt, the porch provided a shady spot for conversation and commerce to many Annapolitans over five decades. The design might also provide insight into the home's interior. The primary entry, a right-side passage, leads to a gracious foyer and oak stairs that wind up to the second and third floors. At the rear of the home are stairs to the lower level, where the kitchen and family room are located.

It might seem unusual that common living areas are housed in what is technically the basement of the home. However, this situation makes sense given the unique waterfront access available on the lower level. Just outside the doors are a patio, garden, and two piers. Certainly, this floor plan is advantageous if you are a boat club or oyster house. Today, it's just as convenient if you are a family with young children who like to play in the water, or if you want to entertain outside, as the new owners do. "This design must have been a deterrent for a lot of people," says the buyer's agent Denise Hadden of Coldwell Banker Residential Brokerage. "This isn't what most folks are accustomed to; however, my client was absolutely charmed by it. It makes sense because you want to have access to the kitchen and bathroom while using the outdoor spaces."

THE HOME

Reid Buckley of The Waterfront Team was the seller's agent. She says the listing price of \$2,650,000 reflected the home's notable origins and the special cache of its location in historic downtown Annapolis. "This property is well out of the floodplain, offers a unique waterfront view, beautiful bones, and two deep-water piers," she explains. "These factors are very unusual and special for a historic home in this specific area."

The most visual features of the home are indeed lovely. Stepping out of the foyer and into the gracious living room is like opening a jewel box. Hardwood floors and the two original doors anchor the sitting room, which looks out to the front porch and Shipwright Street. A pass-through fireplace is trimmed in marble and finished with a traditional solid wood mantel painted a creamy shade of bone porcelain. Elegant arches on either side of the fireplace lead to the formal dining room, characterized by a view of the creek on one side and the fireplace on the other. This room features one huge picture window and two glass doors that open to a large balcony overlooking the garden and creek with views toward Eastport.





home settled at \$2.1 million after being on the market for 124 days. “My buyers have a strong vision of all this home can be,” she says. “They have two sets of school-aged twins who are looking forward to paddle-boarding, kayaking, and sailing and they are excited about making the most of a home on the water.

Diana Love is a journalist and marketing consultant based in Annapolis, Maryland. Her greatest loves are her husband and two young children, her dog MiniMax, and outdoor sports. Originally from Washington State, Diana lived in New York City before settling in Annapolis where she pursues her passion for writing about the people, places, and things that enrich our lives and impact our communities.

Venturing downstairs reveals a more contemporary feel compared to the historic design elements above. The kitchen is efficient but bears every modern convenience including wood custom cabinetry, a four-burner and grill range, and stainless-steel refrigerator. The center island, topped by a thick butcher block, provides additional storage and shelves for cookbooks. Connected to the kitchen is a dining area, living room with a gas fireplace, a beautifully renovated full bath, solarium, and laundry. Access to the stone patio outside is via four brick steps. Stepping down these stairs is evocative of stepping through Annapolis history.



Buckley says that walking upstairs to the bedrooms is like finding a delightful origami that unfolds as you go. The master bedroom has a fireplace and balcony. Three smaller street side bedrooms share the full bath on that level. The fourth floor has an attic loft with another full bath. Wood floors and exposed beams in the master bedroom contribute to the historic feel of the home.



THE SEARCH

The new owners of the home, who are from Montgomery County, worked with Hadden for almost a year before they found this property, which they will use as a second home. Their search priorities included a pool, water access, walking distance to Main Street, and the ability to explore downtown Annapolis and the Bay, as have generations of locals. The owners initially budgeted for a more modest home, but realized they would have to be flexible if they wanted these elements. “We looked at condos, we looked at townhomes, we looked at all the waterfront properties in historic Annapolis,” Hadden says. “This was the only single-family home we visited, and it was absolutely charming.” Through Hadden, the family made an offer when the home first went on the market. While the parties couldn’t agree on a price, the family continued to let The Waterfront Team know that they were interested. Eventually, the



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Neo Eco in 2019

ECO-FRIENDLY TRENDS
FOR YOUR HOME,
INSIDE AND OUT

By Diana Love

Over-consumption, rampant development, and climate change are changing our world

in the space of just three generations. You can do your part to Save the Earth one decision at a time, both inside your home, and out. Eco-friendly design offers long-term environmental, social, and economic value to your property. Here are a few structural, interior design, and landscaping trends for 2019.

Biophilic Design

Biophilia means love for nature. Biophilic design centers on the notion that can bring occupants closer to nature while also tangibly increasing health and wellness through structural design. Studies show that incorporating direct or indirect elements of nature into the built environment can reduce stress, blood pressure levels, and heart rates, while increasing productivity, creativity, and well-being. A biophilic design could include the use of reclaimed or raw woods, stairs to encourage moving, rooms set aside for



recuperating or even napping, excellent air quality and airtight ventilation, low VOC paints and stains, and maximization of natural light over artificial light. Some of the best and most progressive buildings in the world combine the theories of sustainability and biophilic design. The results are inspiring and can be applied to home design, sometimes more inexpensively than you might think.

← **Example:** The Chesapeake Bay Foundation's Brock Center in Virginia is an excellent example of biophilic design. The building exists in concert with its natural surroundings, with minimal impact on the surrounding land, air, creeks, river, and the Chesapeake Bay. Every aspect of the center—its location, materials, construction, utilities, operation, and use—meets the strictest environmental standards, resulting in the least impact possible.

Multi-Use Space

Buildings and even homes designed with multiple use rooms in mind reduce the need for new or more substantial construction. Many offices are also considering different types of work and collaboration when building, resulting in multi-functional lobbies and adaptable workspaces. At LinkedIn World Headquarters in San Francisco, the lobby plays triple duty as a Privately Owned Public Open Space (POPOS), a coffee cafe, and a meeting space, as well as the entry to corporate offices.

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Resilient Structures

Climate change is at the forefront of designers' minds as coastal cities increasingly face the challenges of rising water tables and hard-hitting storms. Annapolis and Anne Arundel County are ground zero for these concerns. Durable materials and the use of non-toxic materials that won't pollute water, air and soil are critical considerations for builders. Prefab homes built to withstand strong winds, with fire resistant cladding materials, and battery systems that preserve electricity in case of power outages can help mitigate the severe financial damage that natural disasters can wreak on property owners. A notable example would be the home on the Florida coast that withstood Hurricane Michael when all surrounding properties were leveled.

Reduce, Reuse, Recycle

Innovation is the name of the game in architecture and design. The best approach to addressing environmentally friendly building starts with innovation and creativity. We need more resilient and more sustainable buildings and homes, highly-adaptable designs and to use technological advancements. All-electric homes home, replace with electricity: induction range cooktops replace gas stoves, heat pump water heaters replace gas ones, and radiant heating and cooling create moist warmth while replacing gas furnaces. These innovations can lead to significant improvements in energy use, since there are various ways of recycling and preserving electric power through solar and water mechanisms.

The wide application of recycled materials will continue in 2019, with a focus on the repurposing of used materials, re-fabricated textiles, and salvaged wood. From window coverings and carpets to paneling and tiling, repurposed materials are being made into products that tell a story, are authentically interesting, and also live up to the goal of all three R's. Common examples include ship-lap paneling or home bars made from old barn wood.

Eco-Friendly Landscape Design

Today, going green and being sustainable is not limited to the inside only. A perfect and intensely green grass lawn is so passé, while native and low-maintenance plants are haute current. With drought-tolerant plants, shrubs and trees that naturally thrive in your home's climate zone, you can save water, avoid using pesticides and fertilizers, and support local wildlife. Chesapeake friendly landscape designs include rain gardens and xeriscapes.



An Abundance of Greenery

From gardens and potted plants to walls and roofs, there's no part of a home that can't be made green. While houseplants add a splash of energizing green to the home interior, green roofs, and walls bring these traits plus a bit of insulation and stormwater mitigation to the exterior of homes. Plants make a home or workspace feel warm and healthy, can improve thermal performance, and increase air quality. Homeowners can create an abundance

of green in every possible way, from private gardens to small oasis on patios and balconies. Vertical gardens and interesting topiaries are quite popular and can bring stunning visual appeal.

Nature Inspired Interior Design

In 2019, the eco-friendliness of a home will be measured by its nature-oriented design. Architects will maximize the home's orientation to the natural landscape, design elements will consider the angle and direction of the sun, grading that impacts how





water moves around the primary structures, and roofing materials and insulation that retain or expel heat.

Home décor will embrace earthy tones, natural wood in every hue, and organic textiles, and will introduce a sense of natural tranquility to living spaces. Natural wood finishes, raw wood, reclaimed wood, and even tree roots will be used for furniture and decorations, while porcelain tile, another eco-friendly option, will embrace a wood-like design. Mixed organic materials

create a deep, layered look; combined with recycled, artisanal, and handcrafted decorations, the sense that the outside has been preserved and praised inside, the home can translate into more eco-friendly lifestyle decisions.

Water Efficiency

Water efficiency has always been the siren call for environmentalists, who continuously look for innovative investments and inventions that optimize water consumption in buildings and houses. With the growing scarcity of natural resources and fresh drinking water around the world, it's imperative that every homeowner equips their home with water conservation features. From water-saving toilets, faucets, and showerheads to efficient appliances, to geothermal wells, rain cisterns for drinking water, waterless toilets, and irrigation-free landscaping, architectural design in 2019 will continue to hyper-focus on water and how we use it. The goal is to bring down water and sewer bills, reduce stormwater runoff, and to improve water quality in our streams, rivers and the Bay.

↓ **Example:** At Chesapeake Bay Foundation's Phillip Merrill Center in Annapolis, cisterns capture rainwater for use in irrigation, fire suppression, hand-washing, mop sinks, gear washing, and laundry. Re-using rainwater reduces the need to draw from groundwater wells or municipal water systems, and decreases runoff to the adjacent Bay and Black Walnut Creek. Water consumption at the Merrill Center is 90 percent less than a conventional building.





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Heating and Cooling

Summers are hotter, and according to scientists, so are the winters. One area that designers will especially focus on is how to efficiently heat and cool homes and offices. Insulation materials and methods will be increasingly innovative. Focus will be on creating airtight spaces decorated with furniture and accessories that contribute to comfortable interior temperatures. Ventilation systems will boast the cleanest air possible. Bamboo floors over radiant heat systems covered with eco-friendly carpets are a great example. According to the Department of Energy, heat gain and loss through windows are responsible for 25–30 percent of residential heating and cooling energy use. Reclaimed wood or sustainably manufactured wooden plantation shutters covering air-tight, energy efficient windows that maximize natural light, warm the home on cold days, and keep out the heat of summer will feature prominently in 2019. Windows will be large and airy, the perfect focal point for interior design, but highly efficient.

Sunlight

Telecommuting and increasing workloads mean that we are all increasingly confined to our homes and desks. We're spending more time on screens than ever before, and that measurement is not going down despite all reports that advocate for a reduction. 2019 design trends aim to make our work spaces airier, healthier, and more open to natural sunlight than ever before. Designs will feature thoughtfully placed large or even floor length windows and doors, skylights and automated, programmed blinds. Windows may be covered in energy efficient coatings that forego decorative treatments. Alternatively, windows without these coatings will make the use of innovative interior designs relying on UV blocking shades. Example: mechanized rolling shades with UV blocking that can be set on timers—many companies make this.

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No Kidding?

GARDENING WITH KIDS CAN
BE FUN FOR EVERYONE

By Janice F. Booth

Spring is just around the corner, or at least most of us hope so. With the wild winds of March upon us and April's rain close behind, it's time to review our plans for our gardens—and our gardeners.

Perhaps you're a gardening mom, dad, granddad, or grandmother. Maybe you have young children or even pre-adolescents in your neighborhood. Investing time in the garden with the children in your life may prove fun, and a lifelong gift for the children and for you. Let me offer some suggestions for gardening with children.

Before we get to specific ideas for garden projects with children of different ages and with different interests, let me list some basic pointers that will be useful if you undertake sharing your interest in gardens with children:

"A picture is worth a thousand words," says the old adage. In this age of Google, when you can get a picture of anything within 30 seconds, introducing children to gardens is much easier if you show rather than tell children about the garden—what a seed looks like when it sprouts, how much soil a seedling needs around it, what a weed looks like. Show, don't tell, applies to activities too. On your knees among the children or elbow to elbow with your young gardener is the best place to really teach children about plants and planting.

Let's all get dirty! Relax, enjoy the mess of soil, water, and curious children.

You'll need the real deal—tools that is. Avoid the plastic tool set from the local Dollar Store. Provide a trowel, a watering can, and a pair of gloves that will fit the size and strength of your young gardener. (Be sure to have enough tools for all the children to avoid conflict. They can use Sharpies to decorate the handles of their own trowels.)

Most children have short attention spans. Be flexible; have lots of little things to look at or do for those first few garden adventures. Instead of asking a 10-year-old to plant eight seedlings in a row, you might suggest she plant a seedling, dig a few holes for future planting, look for some slender twigs to hold identification signs, and design a sign with an index card and a few crayons or colored pencils.

Young children need instant gratification—sometimes we all do. Try a quick-growing vegetable such as radishes, which are ready to eat in three or four days. Or, plant seeds with the little gardener, but pick-up some seedlings, a couple of inches tall, to plant alongside the seeds. Maybe you can even find an almost-mature plant of the same variety for immediate satisfaction for your young tomato farmer.

"Farm to table" can work with kids too. You might plan a meal or a dish with your little gardeners. If one child plants lettuce, another raises a tomato plant, and a third harvests cucumbers, you've got a salad for lunch to which everyone has contributed.



NOW THAT WE HAVE A FEW BASIC PRECEPTS, LET ME DIVIDE MY SUGGESTIONS INTO THREE GROUPS →

- 1 Ideas for gardening with pre-adolescents
- 2 Ideas for gardening with little people
- 3 Ideas for gardening with children who have special needs



1 Those high-energy **8 to 12-year olds** may be a challenge, but a garden is a great place for these youngsters to hang out, when the house is too small, and the world is too large. Taking out some frustration by pulling weeds, or getting some gratification from harvesting your own, tender carrots, or satisfying your romantic nature by creating a fairy garden where only you are in charge may be a real lifesaver.

FOR OUR GROWNUP SENSIBILITIES, LET'S REVIEW SOME OF THE USEFUL KNOWLEDGE PRE-TEENS CAN LEARN IN THE GARDEN:

Number one, **self-reliance**. Once you've introduced the basics and given over a portion of the flower beds or a plot of soil, step away from the project—unless, of course, you have the good fortune to be invited by your 10-year-old to help her set up the fairy castle under the Japanese maple. Or, you may find your 12-year-old complaining at lunch that slimy slugs are crawling around his tomato plant. "What do you think I should do to get rid of them, Grandpa?"

Number two, **basic biology and horticulture**. (Great preparation for high school.) While making those identification signs, they'll learn the common plants' names and information such as edible vs. inedible, sun vs. shade loving, moist vs. dry. They'll learn about food production and preservation, germination, erosion, and insect infestations and treatments.

Number three, the value of **patience and observation**. Children develop these qualities over time, with practice. Gardening provides a perfect activity for developing these skills.

HERE ARE A FEW PROJECTS YOU MIGHT INTRODUCE TO YOUR YOUNG GARDENER:

A Butterfly Garden: Offer a portion of the garden where some wildness can be tolerated. Your young gardener can research types of butterflies common to our region. Then, determine what kinds of plants will entice those butterflies to stop by and deposit cocoons. Among favorites for butterflies are asters, lavender, milkweed, clover, and violets. My neighbor has had success luring swallowtails to her yard with fennel plants. We've had fun watching the cocoons and emerging butterflies.

Art Projects: If fussing about in the dirt doesn't seem to interest your youngsters, suggest she or he decorate the garden. Some easy

creations might be preparing staked signs for the plants and trees in the garden. Building a birdbath or feeder could be fun. (Remind your young builder to research the depth of birdbath water; you don't want to drown the thirsty birds. And, be sure the birdbath is designed to be reasonably safe from marauding squirrels and cats. Gathering interesting flatware, old jewelry or metal scraps to create a wind chime, then figuring out where and how to hang the wind chime will intrigue some pre-teens. Or, build a scarecrow. Halloween is always in season for this age group. The old clothes box and wood scrap pile have just the makings of a fine, scary guard for those flower or vegetable plots.



2 Young children, **2 to 7-year olds**, are usually more enthusiastic about mucking about in the dirt. The trick is to corral their energy and curiosity, so they begin to acquire some appreciation for gardens. The useful skills and knowledge you'll be imparting might include: developing the child's attention span, gross and fine motor skills, simple problem solving, and outcome predictions. The projects for this age group are short-term and straightforward.



FLOWER POOL OR FLOWER BOX:

Depending on your available space, use a kiddie pool or a wooden or plastic storage box as the container for vegetables and flowers.

Decide on a location which has some sunlight every day and where it will be easy to water the plants. Punch a few drain holes (not too large) in the container's bottom.

In the bottom, layer pebbles and sand; then cover that layer with garden soil. (Avoid putting soil too deep. The container will be very heavy, and in a rainstorm, the plants could wash out, over the sides.) Dampen the soil.

Encourage your gardeners to "plan" what they want to plant and where they will plant. Draw a simple diagram marking where holes should be dug. If your little gardener is interested, he or she could draw pictures of the anticipated plants.

Together, choose seed packets at the hardware store. Check to see if the seeds need to be soaked before planting. (Perhaps you can buy seedlings of the same plants. It's fun to have the immediate gratification of seeing the growing plant.)

From this point, it's a matter of watering, observing, talking about what is growing, pulling out any little weeds that might find their way into the garden box.

Take time for daily observations with the little gardeners. You can encourage them to illustrate the growth and measure the sizes. Eventually, there may be flowers to pick or vegetables to harvest.

POTATO SPROUTS & ROOT CUTTINGS:

This is a great precursor to the ubiquitous science projects you'll soon be undertaking with your little gardener.

Choose a wide, low jar or glass, one for each rooting or sprout. Fill the jar with water.

Select a chubby potato, some branches of herbs such as rosemary or mint, or forsythia or willow twigs.

If you're doing the potato, cut the spud in half. Poke toothpicks around the diameter, about 1/2 inch below the cut surface. The toothpicks will serve as scaffolding to hold the potato just immersed part way into the water. (Don't let the potato fall into the water. It won't sprout if it's underwater.)

If you're doing the twigs, simply put the bunch of twigs in the jar. They can be a variety, which makes it fun to identify which is the mint and which the willow.

Put the jar in a sunny window or shelf. Watch that enough water remains in the jar.

Within a week or so, you'll begin to see green shoots pop up from the eyes of the potato, or small hair roots grow out from the immersed branches.

Over the next week, watch as the new growth transforms potato sprouts or branches. Drawing and talking about what is occurring makes a fun project even better.

Finally, you can plant the potato and the branches in pots or in flowerbeds. They'll grow into handsome, mature plants, no doubt.

Of course, there are lots of other activities to do with small children. You'll find ones that are interesting to you as well as to your little gardeners.



3 Finally, a few thoughts on gardening with **special needs children**. Gardening helps improve everyone's motor skills, creativity, and self-confidence. And that's particularly important for people with special needs. When you're gardening, stress and anxiety seem to melt away, and if there are other gardeners about, it's easy to talk about the weather or the sprouting potatoes. These benefits are particularly important for those with developmental and learning disabilities.



ANY GARDEN PROJECT WILL WORK; ONLY A FEW SAFETY PRECAUTIONS AND ADJUSTMENTS MIGHT BE NECESSARY.

Use tables to hold pots and flower boxes so gardeners in wheelchairs can work in the soil.

Work as a team; keep the ratio high; one helper to one gardener is best.

Avoid tight schedules and time constraints. Easy, repetitive tasks are perfect.

Use pictures to explain processes, and take lots of pictures of the projects.

Choose sturdy equipment and materials.

Avoid crowding the gardeners. Leave lots of space between each gardener's plot.

When all the seeds are sown, and all the flowers planted, you and the children will have lots of shared laughs and solved problems to reflect upon—together.

For additional projects and plans, visit whatsupmag.com. There you'll find step-by-step instructions for how to build a wormery, birdhouse, or toad house.



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Travis is a leading resource for his clients and the community. Among his industry expertise, he also manages AnnapolisWaterfrontGuide.com, a website dedicated to providing useful real estate information, market trends and waterfront resources.

Travis is a Certified Luxury Home Marketing Specialist™ (CLHMS), holds the Graduate, Real Estate Institute (GRI) designation, is a lifetime member of The Masters Club, member of the International President's Elite and has received multiple industry awards.

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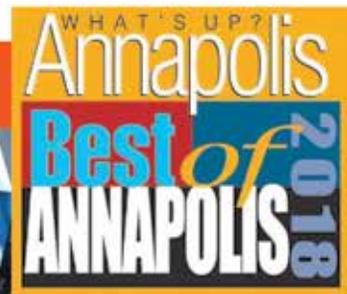
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HOME REAL ESTATE

Historic Downtown Annapolis

By Diana Love

This home, originally built in 1790, was renovated in the early 2000s. The attention to detail and builder expertise in historically accurate restorations resulted in a home that has both every modern amenity and the charm of another era.

The original home was split into two townhomes positioned next to a single-family home. Together, the three residences comprise Gloucester Court, an enclave set well off busy Duke of Gloucester Street. This property has a shared driveway, a valuable and unusual convenience in the historic district.

Malina Koerschner of Coldwell Banker Church Circle was the buyer's agent. Her clients married at the courthouse in Annapolis, afterward celebrating at the Maryland Inn. They raised their family in Crofton while dreaming of retiring to the historic downtown area. The couple wanted to downsize, preferred to avoid lawn maintenance, required at least one parking spot, and wanted to be in walking distance of shops and restaurants. When they saw this home, which is mere steps from where they were married, with no lawn, off-street parking, and immediate access to all that Annapolis offers, they instantly fell in love.

From the outside, the home exudes warmth, from the cheerful yellow siding to the flowering vines draped over a nearby fence. Inside is tidy and refined. The front door opens to a seating area with space for a full sofa and two occasional chairs. Built-in bookcases flank a gas fireplace distinguished by a distressed brick surround. The custom cabinetry is painted white and stands out against neutral walls and dark wide-plank hardwood floors. The contrast between the cabinets, walls, and floors sets the tone for a clean and classic traditional look.

Opposite the sitting area is a staircase to the second and third floor, a dining room and entry to the kitchen. The entire downstairs features a coffered ceiling and thoughtfully placed recessed lighting.

Black and white checked floors, and a large picture window over a farmhouse sink greet visitors to the kitchen. White cabinetry matches the same style used around the fireplace and contrasts sharply with black granite countertops as well as a black Sub Zero stovetop and oven. The refrigerator features custom door panels to match the cabinetry, as does the dishwasher.



Upstairs features two matching master bedrooms, each with substantial closets and an en-suite bath. An attic aerie is accessible from one of the bedrooms. What is unique about the upstairs rooms is the direct view of the State House dome, which can be seen over the rooftops of other historic homes and buildings.

The great surprise of this house, aside from the unmatched views of historic Annapolis, is the luxuriously finished basement. This space includes a full bedroom and bath, as well as a family room and custom bar. The new owners expect to host their adult children in this space, which offers privacy and a home away from home.

"While this house doesn't feel big, the buyers found a significant

Sold For: \$785,000
List Price: \$825,000
Last Sold/Price: \$719,000 (2016)
Bedrooms: 4
Bathrooms: 2 full, 1 half
Living Space: 1,980 square feet
Lot Size: .02 acre

amount of living space for themselves and their expanding family," listing agent Cary Dion says. "In all, with four bedrooms, a full basement, two master suites, an attic, and a driveway, this home offers exceptional use of space on a typically small historic district lot."

From the integrity and quality of the reconstruction to the thoughtful architecture and custom appointments, this historic home offers the charm of old Annapolis with a nod to today's necessities. "You don't see this quality of craftsmanship much anymore, especially in reconstruction that is fairly new," Dion says. "From the banister to arched entries, pocket doors, coffered ceilings, and custom woodwork, this really feels like an old home perfectly brought up to modern standards."

Listing Agent: Cary B. Dion, The Brady Group, Coldwell Banker Residential Brokerage, Inc, Direct: 443-852-4731, Email: Cary.Dion@cbmove.com

Buyer's Agent: Malina N. Koerschner, Coldwell Banker Residential Brokerage, Direct: 410-493-9059, Email: Malina.Koerschner@cbmove.com

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Sold For: \$1,125,000
List Price: \$1,040,000
Last Sold/Price: \$500,000 (2000)
Bedrooms: 6
Bathrooms: 4 Full, 1 Half
Living Space: 3,945 square feet
Lot Size: .41 acre

HOME REAL ESTATE

West Annapolis

By Diana Love

West Annapolis features a mix of homes, both old and new, in a variety of architectural styles. Founded around the turn of the 20th century and defined by a neatly organized grid of streets, the highly coveted neighborhood stretches from Rowe Boulevard to Wardour and along Weems Creek to the Severn River. Monterey Avenue runs parallel to Weems Creek. While the properties along this road were once primarily modest waterfront bungalows, most have been renovated or reconstructed into much larger houses. This house is unique because, while it is indeed one of the larger homes, it was built in the early 1990s, making it one of the older homes on its side of the street.

The builder took great care to every detail as he sought to replicate the historic Allen House of Deerfield, Massachusetts. Architecturally, the home is a typical New England saltbox style design with three stories in the front, a long sloping roof, and one story in the back. A winding front sidewalk leads down a slight slope to a wide front stoop. Protected from the street view by a variety of evergreens and deciduous trees, the home is especially charming for its simple lines and overall feeling of cozy warmth.

The home is deceptively large; in fact, because it is situated deep back onto the nearly half-acre lot, its full size is almost impossible to discern at first glance. The front door welcomes guests into a foyer well-lit with natural light. Floors throughout the main level and upstairs are wide-plank reclaimed barn wood from Pennsylvania.



Chief among the most attractive aspects of the property are high ceilings, traditional trim, and the well-thought out design of multiple living spaces. These include a garage, basement with a storage room, laundry and in-law suite; formal dining room, kitchen, two living rooms, and an office on the main floor; master bath and two bedrooms on the second floor; and a lofty suite on the third.

On the main level, natural light filters in through over-sized windows in every room. The backside of the house has views through paned patio doors to Weems Creek, just a hundred yards or so down a trail and through the trees. The kitchen features an eat-in breakfast table for six, a homework station, and modern appointments like a stainless steel refrigerator and commercial grade Viking range with matching hood. Just off the kitchen, a cozy sitting room or playroom with views through floor-to-ceiling windows to the exterior landscape features convenient access to the upstairs.

The second level features a master suite with a full bath,

plenty of closet space, a fireplace, and a private sleeping porch. Pocket doors lead to a laundry room that looks like it came straight from a designer's magazine. Two other bedrooms and an office share a bath and round out the upstairs space. The loft on the third level has a private full bath and is spacious enough to be a man cave, lady loft, or sleepover room.

"We were looking for a home in Eastport that could accommodate our three young boys, but we just couldn't find the amount of space that we need," the new owner says. "We wanted walkability to downtown, proximity to the shops and restaurants on Annapolis Street, to be conveniently close to Route 50, and to attend West Annapolis Elementary School. This home offered us all of that, plus a ton of cozy charm."

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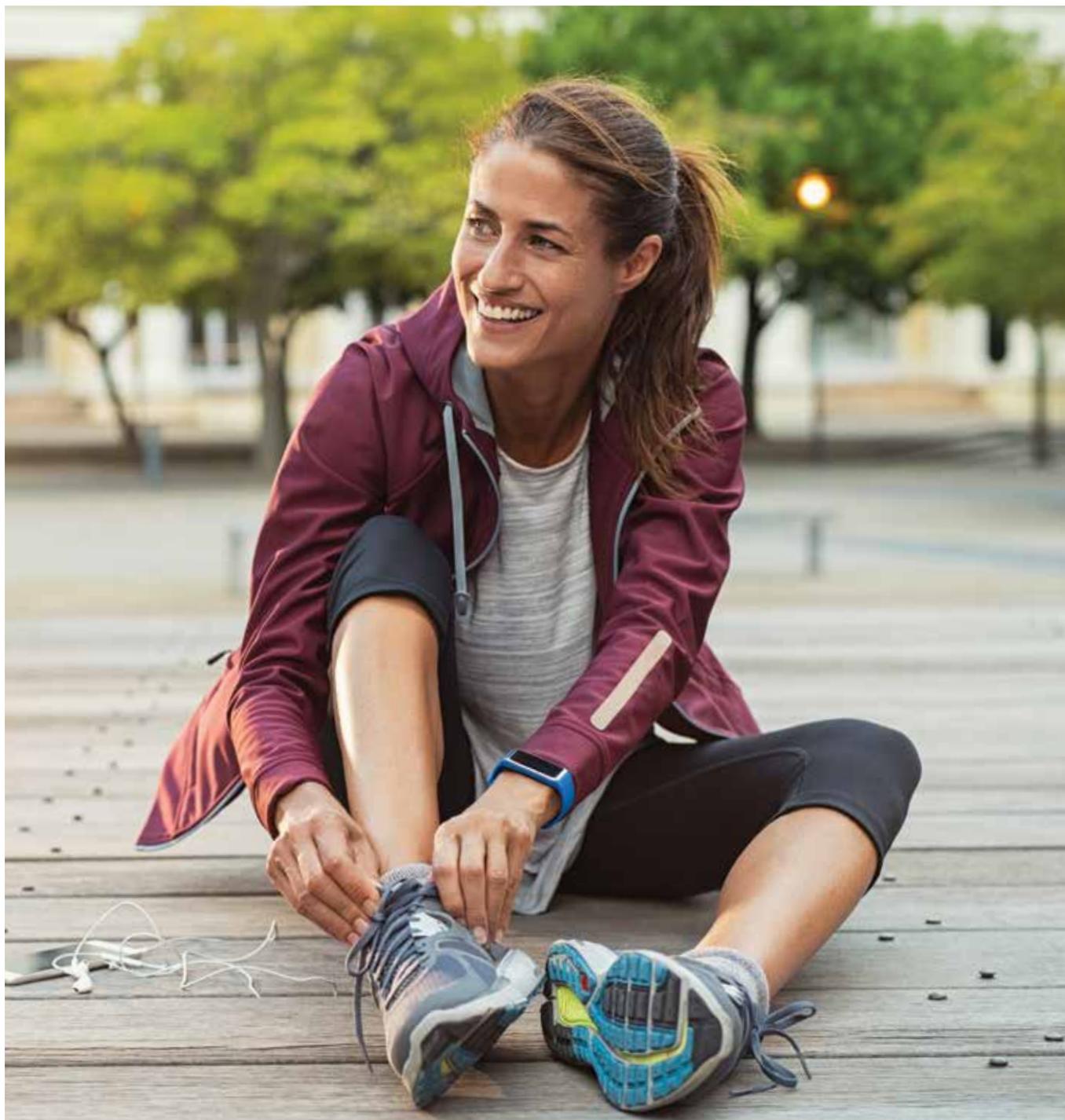


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Health & Beauty

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On the Run:

Fueling Up

By Kelsey Casselbury

Maintaining a healthy diet for everyday life is one thing. Eating for fuel during half-marathon training is quite another. If you haven't noticed yet, training for a road race—particularly one as long as 13.1 miles—can take over a good portion of your life, and that includes planning your snacks and meals for optimal performance.

SAY NO WAY TO NO-CARB

While limiting carbohydrate intake might be an ideal way to eat on a regular basis, runners *need* carbohydrates. This particular macronutrient turns into glycogen, which your muscles stores for fuel during those long runs. However, you want to make sure you're eating good carbohydrates, not just empty calories—that includes sweet potatoes, whole grains, and plenty of fruit.

During a long run (say, 8 to 10 miles or longer), you want to bring a source of easy carbs along for the ride. There are products for this, such as sports gels or beans, but you can also tuck into a pocket a baggie of raisins or dried fruit or even gummy bears or mini-marshmallows (no need to feel guilty about sugar this one time).

TIME IT RIGHT

When you eat matters nearly as much as *what* you eat, both before and after a long run. About two to three hours beforehand, eat a full meal that has carbs, protein, and a little fat—say, a turkey sandwich on whole-grain bread with a slice or two of cheese. After the run, you want to get some carbs in within the hour, such as an orange or, the runner's best-kept secret, a glass of chocolate milk.

ABOVE ALL, HYDRATE

Forgetting to fuel up properly might make you tire out in the middle of your long run, but not hydrating properly is downright dangerous. Here's what you need to know:

1. Drink at least 16 ounces of water two hours before you start a long run.
2. Every 20 or so minutes, drink six-to-eight more ounces of fluid.
3. If you're running for an hour or less, water is a great choice. In fact, it's a better option than sports drinks.
4. After an hour, start incorporating sports drinks to replenish electrolytes, including the sodium that's dripped out in your sweat. Dilute the drink with water or test out different options to see how the formulas affect your stomach.



MARCH'S HALF-MARATHON TRAINING PLAN

If you can successfully run or run/walk a 5K (3.1 miles), you can train for a half-marathon. This 16-week training plan, which started in the January issue and will continue through April's issue of *What's Up? Annapolis/Eastern Shore* is easy to follow and provides alternating days of running, rest, and cross-training exercises, including:

STRENGTH: 20 to 30 minutes of resistance training, such as bodyweight exercises, weight machine exercises or free weights, such as dumbbells or resistance bands.

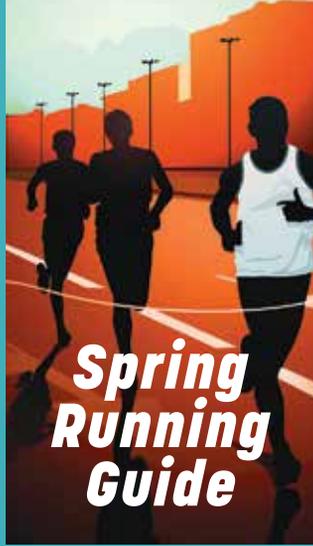
CROSS: 30 minutes of cross-training such as walking, swimming, elliptical, or cycling.

STRETCH: At least 15 minutes of flexibility exercises.

	WEEK 9	WEEK 10	WEEK 11	WEEK 12
MON	Strength	Strength	Strength	Strength
TUES	4 miles	4.5 miles	4.5 miles	5 miles
WEDS	Rest or Cross	Rest or Cross	Rest or Cross	Rest or Cross
THURS	2 miles	2.5 miles	2 miles	2.5 miles
FRI	Rest	Rest	Rest	Rest
SAT	8.5 miles	9 miles	9.5 miles	10K Race
SUN	Stretch	Stretch	Stretch	Stretch

Cut out this schedule and put it on your refrigerator to make it easy to access. Check back in April's issue for the final month of the 16-week half-marathon training plan!

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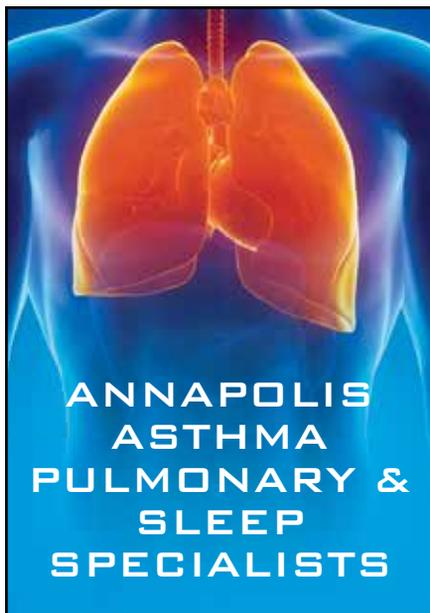
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Dr. Jencks completed medical school at the George Washington University in Washington, DC, where he was elected into the Alpha Omega Alpha National Medical Honor Society. He completed his internship and residency at Stanford University Hospital in Palo Alto, California, and his fellowship at George Washington University. He has a particular interest in the prevention of esophageal and colon cancers, and the management of inflammatory bowel disease.





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HEALTH & BEAUTY HEALTH

The Nightmare of Sleep Paralysis

By Kelsey Casselbury

Imagine the terror: You wake up, but you can't move. There seems to be something (or *someone*) sitting on your chest. You try to open your mouth to make a noise, but nothing comes out—mostly because your mouth hasn't moved a muscle.

Such is the waking nightmare of awareness during Sleep Paralysis (SP). Typically, when you slip into REM sleep, your brain uses a bunch of neurotransmitters to keep your body from moving, so you don't act out your dreams. When there's a glitch in that neuro-matrix, though, your brain wakes up but your body doesn't switch back on—and you can't move a muscle.

That would be scary enough, but on a cognitive level, the effects of sleep paralysis go deeper. The amygdala, which is the part of your brain that controls fear, goes into fight-or-flight mode, and because you're still kind of asleep, you might experience dream-like hallucinations (and they tend to be scary ones, like black shadowy figures lurking at the end of the bed). Although the experience is usually over in just a few seconds or a few minutes, the fright can feel like an eternity.

A DARK HISTORY OF SLEEP PARALYSIS

Accounts of sleep paralysis go all the way back to the 17th century, when Dutch physician Isbrand Van Diembroeck recounted an experience. There's even a famous 1782 painting, Henry Fuseli's "The Nightmare," which features an ogre sitting on a woman's chest that is said to depict the condition. Likely, though, humans endured sleep paralysis for centuries before that without any real awareness of what was going on. Experts say that about 40 percent of people have experienced sleep paralysis at least once, but some suffer from regular occurrences. Sleep paralysis isn't dangerous—but it is extremely distressing.

WHO'S AT RISK?

There might be a genetic component, but researchers aren't entirely sure about that. If your parents deal with SP, though, there's a chance you're going to, as well. Experts do know, however, that if you've been skimping on sleep or feeling ultra-stressed, you're at a higher risk of sleep paralysis. The condition could also link to narcolepsy, a sleep disorder that affects your brain's sleep-wake cycle.

BANISHING THE NIGHTMARE

There's little to be done, medically speaking, to stop sleep paralysis from happening. So it's up to the person experiencing the nightmare to make small habit changes that can decrease the likelihood at night. This might mean taking more time to relax before bed, minimizing sleep interruptions, and above all, remember that it's fear ruling your mind during a bout of sleep paralysis—the more you understand what's going on, the less scary the experience is in the end.

POTS

THE LIFE-ALTERING YET
UNDER-DIAGNOSED DISEASE

By Kelsey Casselbury



Have you ever gotten a little light-headed when you stand or sit up too quickly? Imagine if that occurred all the time—but to the point where you faint when you move from lying down to standing too fast. Such is the life of people who suffer from Postural Orthostatic Tachycardia Syndrome (POTS), a rare and under-diagnosed dis-

ease that affects a person's blood flow and nervous system. About 500,000 people in the U.S. suffer from POTS, according to the Rare Clinical Diseases Research Network, the majority of whom are women between the ages of 13 and 50.

When POTS symptoms—a racing heart rate, chest pain, dizziness, fainting, and either high or low blood pressure—appear for the first time, the experience can be terrifying. The condition makes itself most known when a person quickly changes body position and their heart rate skyrockets. In many cases, they will faint if they don't return to sitting and lying down immediately. For most people, the autonomic nervous system keeps blood pressure on an even keel in all body positions. For those with POTS, the nervous system fails to tell the blood vessels in the lower half of the body to tighten when they stand, and the blood flow to the brain doesn't happen as it should. This leads to a feeling of lightheadedness, at a minimum, or passing out.

However, there are other indicators lurking in the background that a person (or even a doctor) might not realize are related to the disease. These include feeling incredibly tired, suffering “brain fog,” or experiencing flu-like symptoms. These can show up when you're feeling stressed or, unexpectedly, after you've had a big meal because your intestines need more blood flow for digestion, diverting it away from other parts of your body that need it, too.

For people with severe cases of POTS, the disease can be life-altering. What's more, not much is known about the condition, given its rarity, so doctors might not recognize it well enough to give a diagnosis—and those who suffer are told that it's a severe bout of anxiety and the symptoms are all in their head. Those who are properly diagnosed can improve over time with a tailored treatment plan that usually includes daily exercise—the lightest of which can be grueling at first—a high-salt diet, and at least 60 to 80 ounces of water per day.

Health Report



Peanut Allergies at Birth More Than Doubled Since 2001

Infants born with a peanut allergy have more than doubled since 2001, say researchers with the American College of Allergy, Asthma, and Immunology (ACAAI). In the early part of the millennium, data from the Centers for Disease Control and Prevention (CDC) show that 1.7 percent of babies were born with a peanut allergy; in 2017, 5.2 percent were born with the same allergy.

Researchers also revised the total number of children with a peanut allergy upward, noting that around 2.2 percent of children and adolescents in the U.S.—to the tune of 1.25 million—suffer from the allergy. In previous decades, the number of kids with peanut allergies hovered around one percent.

Milk allergies are also on the rise, affecting 1.9 percent of kids in the U.S. Although milk is the most common food allergy for children under age five, they're likely to outgrow it by the time they reach age 18.

Smoking Rates Hit Record Lows

When it comes to cigarette smoking, the rates continue to improve, falling to 14 percent of Americans in 2017—a whopping 67 percent lower than it was in 1965. “This new all-time low in cigarette smoking among U.S. adults is a tremendous public health accomplishment—and it demonstrates the importance of continued proven strategies to reduce smoking,” Robert Redfield, CDC director, says in an agency news release.

However, one in five adults in the U.S. still use a tobacco product, killing more than 480,000 people annually, while 16 million have a tobacco-related illness. In addition to cigarettes, the most common tobacco product, 3.8 percent smoke cigars or cigarillos, 2.8 percent use e-cigarettes, 2.1 percent use smokeless tobacco, and one percent use a pipe, water pipe, or hookah.

Cigarette smoking has been the leading cause of death from cancer in the U.S. for more than 50 years, notes Norman Sharpless, MD, director of the U.S. National Cancer Institute. Entirely eliminating smoking would decrease cancer deaths over time by one-third, he says.



The Parisian Art of Cleansing

COMMONPLACE IN FRANCE, MICELLAR WATERS HAVE CROSSED THE POND TO MAKE A SPLASH HERE

By Kelsey Casselbury

It looks like regular water, and it feels like regular water—so what’s all the fuss about micellar water, a type of facial cleanser that’s now showing up in shampoos?

First, let’s get the pronunciation issues out of the way: it’s my-*sell*-er water, named after the microscopic spheres, micelles, that form when all the molecules come together. (Did you know that beauty could become such a lesson in high school chemistry?) These molecules are called surfactants, and they draw dirt and oil away from your skin like a magnet while still being gentle to the sensitive epidermis of your face. In fact, micellar water is so light and gentle that you don’t even have to wash it off afterward, eliminating an entire step from your nightly skincare routine.

Here’s the key, though: Micellar water doesn’t take the place of your regular facial cleanser. It gets rid of makeup and dirt, but you should still use a gentle non-soap facial cleanser to get the grime that’s tucked deeper into your



pores. Plus, don’t fall for the scam that is micellar water cleansing wipes—they won’t do as well as regular micellar water applied with a cotton pad. They can be more irritating to sensitive skin.

That’s all great news for your face—but now micellar water is showing up in shampoo. Can it have the same effect on your hair? Reportedly, the answer is yes! When in shampoos, micellar water performs the same duties of pulling out the excess oil while still leaving the strands soft and full of moisture. Because it’s shampoo, though, you still have to rinse the micellar water out of your hair.

French women reportedly use micellar water because their tap water is so harsh on the skin. Luckily, Marylanders don’t necessarily have that same problem—but those Parisians just might be onto something here.



HEALTH & BEAUTY HEALTH

Fresh Look

RHUBARB

By Kelsey Casselbury

Strawberry Rhubarb Lemonade

Serves 6

4 cups water

2 1/2 cups fresh rhubarb, trimmed, chopped

1 cup strawberries, stems removed, halved

1 cup sugar

5 lemons, juiced

2 limes, juiced

4 cups ice



Directions: Combine the water, rhubarb, strawberries, and sugar in a medium saucepot over high heat. Bring the mixture to a boil and cook for five minutes. Remove the mixture from the heat and use the back of a spoon to crush the fruit in the pot. Set aside for 10 minutes to let it rest. Strain the mixture through a sieve, using the spoon to press firmly against the strainer to get as much liquid out as possible. Discard the solids and cool the mixture in the fridge. In a pitcher, combine the strawberry-rhubarb mixture, lemon juice, and lime juice and stir to combine. Add the ice, and garnish with fresh rhubarb, strawberries, and slices of lemon and lime. Serve immediately.

You might know rhubarb best for its regular inclusion in a sugary-sweet pie, but this spring *vegetable* has a lot more applications (and more nutritious ones at that) than just dessert. Yes, you read that right—the U.S. Department of Agriculture classifies rhubarb as a fruit, but it's botanically a vegetable (how confusing!) You can eat the stalks, which have a strong, tart flavor (and why it's often cooked as a dessert with lots of sugar), but not the acidic, toxic leaves at the top.

Admittedly, for produce, rhubarb isn't that rich in nutrients. It's a decent source of vitamin K, giving you about 30 percent of the total recommended daily amount in each serving, and it's high in fiber, with two grams per serving. While the vitamin C content in rhubarb won't compete with some other types of fruit, such as strawberries or citrus, it does have a moderate amount.

However, what rhubarb *does* offer is antioxidants, which are those compounds that protect you against the damaging effects of free radicals. This includes polyphenols and anthocyanins, the antioxidant that gives rhubarb its pinkish-red hue, as well as proanthocyanidins. What does all this scientific jargon mean? In short, rhubarb has plenty of nutritional benefits, despite its lack of micronutrients.

Experiment with rhubarb beyond dessert with the lemonade recipe shared here, or by cooking it into a topping for chicken or fish. Simmer bite-sized pieces of the stalks in a saucepot with around 1/3 cup of orange juice, a little honey, and some dried rosemary until the rhubarb is soft. Drain it, and then mix the fruit with softened butter and spread it on a cooked chicken breast.



Right As Rain

WHEN IT'S RAINING, EVEN POURING, YOUR OUTERWEAR DOESN'T HAVE TO BE TOTALLY BORING

By Kelsey Casselbury

When rain is in the forecast, there's no need to resort to an unflattering windbreaker or bulky poncho—a stylish rain jacket is all you need to stay both dry and fashion-forward until the sun comes out again.

In the Trenches

Don't discount the classic trench coat, first made popular by iconic brand Burberry in the 1920s after World War I officers wore them in the trenches (hence the name). It's still made of gabardine, a water-resistant, breathable fabric invented by founder Thomas Burberry. Fun fact: Explorer George Mallory wore a Burberry gabardine jacket on his first attempt climbing Mount Everest in 1924. For an updated look on your classic trench, ditch the belt it came with and tie a colorful belt around your waist to cinch it in.

Seeing Clearly

When designers showed their spring collections, clear or somewhat-transparent rain jackets were all over the runway. See-through raincoats have a bonus that you might not have even considered—after all that thought you put into your daily outfit, transparent outerwear lets the world see your fashion choices in spite of the outdoor showers.

Bold and Beautiful

While classic, neutral pieces are a safe and always stylish choice, rain jackets also offer an opportunity to have a little fun. Channel your inner child with a bright yellow coat, a surprisingly popular color year in and year out, according to the folks at Joules, a British clothing company known for its outerwear. Bold, bright patterns are always on the table, too, whether it's a fun floral or nautical-inspired stripes, a Maryland favorite.



Coast Waterproof Jacket in Navy/Boutique, Joules USA, \$139.95, Joulesusa.com



Reap the Heart Healthy Benefits of What You Sow

Did you know that 610,000 people in the United States die of heart disease every year? That's one in every four deaths, according to the Centers for Disease Control and Prevention (CDC). And did you know that every year about 735,000 Americans have a heart attack?

Many factors contribute to these statistics. High blood pressure, high cholesterol, and smoking are all key risk factors for heart disease. But there are other factors like diabetes, excessive alcohol use, obesity, physical inactivity and poor diet that also take a toll.

Regarding the last three—obesity, exercise, and diet—gardening could help you tackle these risk factors at the same time while engaging in an activity that just requires a little bit of patience in exchange for a healthier life.

“The trend in our society has been towards what is expedient, what is convenient and what is fast,” says Salvatore Lauria, MD, cardiologist at Anne Arundel Medical Group (AAMG) Cardiology Specialists. “Gardening provides somewhat of a counter-balance by slowing things down and getting back to what’s more natural, more organic, and ultimately, healthier.”

Lauria practices the healthy lifestyle changes he preaches to his patients. He himself lives in a rural neighborhood where he grows his own produce and raises chickens. And although Lauria also leads a busy lifestyle, he enjoys using this time to slow down and harvest healthier, fresher food.

610,000

PEOPLE IN THE UNITED STATES DIE
OF HEART DISEASE EVERY YEAR

Clean Eating

When you buy frozen food or eat at restaurants regularly—especially fast-food restaurants—you end up consuming more processed foods. Yes, it's convenient to have someone cook for us because of our busy schedules. But in doing what's easy, you pay the price of eating a lot of things that you don't know about.

“That speaks to the benefit of growing it yourself,” Lauria says. “When you plant your own produce—such as green peppers, carrots, kale, beets, and spinach—you know what you're eating. Plus, there's a sense of satisfaction that comes in knowing that you put all the effort into growing it yourself.”

You also get to choose the fertilizers you want to use, whether they are organic or not. When you garden, you're in control of when to harvest your own food. Vegetables that ripen in your garden tend to have more nutrients and antioxidants compared to the ones you buy in a store.



No Gym? No Problem

It can be physically demanding. But between weeding, planting, and harvesting, you're getting a full-body workout and possibly getting more squatting done than at the gym, Lauria says. “Be mindful of staying well hydrated,” he adds. “But also know that just the act of gardening itself is a healthy habit to develop.”

Besides, backyard gardening can inspire you to learn more about the food you eat and help you make better choices about what you put on your plate. By being more aware of your choices, you'll likely be eating more vegetables and fruits in general.

You'll Become Your Family's Snack Connoisseur

This is just an added bonus, really. Instead of buying snack bags at the grocery store, full of trans fat, sodium, and sugar, you can turn to your very own veggies. You can dry your carrots, beets, or kale and divide portions into small bags as snacks for the week.

This, in turn, can help you save money. Snacks labeled as organic or as containing less sodium

tend to be more expensive. “Grab a few veggies from your backyard, dry them or bake them, bag them, and you're done,” Lauria says. “No need to keep spending money on snacks that you can make yourself at home, and you control the ingredients used.”

It sounds laborious, but in reality, it's really simple. Anyone can grow his or her own tomatoes, peppers, cucumbers, and other basic kitchen crops in their backyard. Growing your own food, with no additives, and using organic practices is a healthier way to go for you and your heart, according to Lauria. In addition, it provides a healthy balance to the hectic-paced lifestyle you may sometimes lead, and it gives you the satisfaction of knowing that you put the effort into creating our own produce.

Year-Round Crops

Planting crops can be done at any time, but there are fruits and vegetables that taste better when they're in season. Here's a list of the best crops to plant year-round, according to Maryland's Best, a program managed by the Maryland Department of Agriculture:

**Cucumbers • Herbs • Lettuces
Mushrooms • Tomatoes
Spinach • Onions • Radishes**

“Reap the Heart Healthy Benefits of What You Sow” is provided by Anne Arundel Medical Center.



SEMINAR SPEAKER



Stuart Jacobs, MD
Pulmonologist,

University of Maryland Baltimore
Washington Medical Center

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Products We Love

THIS MONTH'S PICKS FROM THE BEAUTY BUZZ TEAM

By Caley Breese

Check out the latest and greatest hair, skin, makeup, and grooming products, reviewed by our Beauty Buzz team (and the occasional What's Up? staff member!)



1.

"This is the most lightweight tinted moisturizer that I have ever tried. It feels like you don't have anything on your face. I love a tinted moisturizer that is light, paraben-free, and affordable. This fits all of my requirements."

—Beauty Buzz Member Mandy Owens, 40, Annapolis



2.

"This 3-in-1 eye treatment is giving me visible results with puffiness under my eyes. My skin just drinks it up. It wakes you up in the morning, and you can see results and less puffiness around the eyes."

—Beauty Buzz Member Terrie Boucher, 60, Crownsville



3.

"Not only is the scent FANTASTIC, but it goes on very smooth, no residue, no clumps, and feels really great on the skin. It also lasts ALL day. Everybody should buy this...the whole world should smell like this."

—Beauty Buzz Member Jillian Amodio, 28, Annapolis



4.

"This product has very good coverage and holds your eyebrows in place while giving them a fuller look, thanks to the microfibers, and it doesn't flake during the day. If you are looking for a formula that doesn't contain parabens, this is a great option."

—Beauty Buzz Member Carolina Rauch, 28, Annapolis

2

REVITALITE EYELID & DARK CIRCLE CORRECTOR BY DERMELECT

\$49/0.5 fl. oz., dermelect.com

Correct and conceal those pesky undereye bags and puffiness with this 3-in-1 treatment, formulated with multi-peptides and soy protein. This lightweight cream moisturizes and tightens the skin around the eyes for a brighter, more well-rested look. To use, massage product onto clean, dry skin around the undereye, brow bone, and eyelid.

For more reviews, visit us online at WHATSUPMAG.COM



1

ENERGIZE UNIVERSAL SKIN TINT BY ARROW

\$22/1 fl. oz., birchbox.com

Give your complexion a radiant boost on those no-makeup makeup days. This oil-free, tinted serum offers sheer, lightweight coverage and evens out discoloration. With nourishing ingredients like ginseng and green tea extract, this vegan, gluten-free formula will leave your skin feeling hydrated and energized. To use, gently blend a small amount to your face after moisturizing.



4

BROWFOOD TINTED BROW ENHANCING GELFIX BY LASHFOOD

\$24/0.27 fl. oz., lashfood.com

Condition, tint, and sculpt your brows to perfection with this buildable gel formula and dual-sided brush. Short bristles control preciseness for thin brows, while long bristles provide easy application for thicker brows. Formulated with Nano-Peptide Complex, this gel rejuvenates brows while providing lightweight, all-day wear. Use alone or over a brow pencil or powder.



3

COCONUT OIL DEODORANT BY KOPARI

\$14/2 oz., koparibeauty.com

Your armpits will receive the pampering they deserve when you use this aluminum-free deodorant, infused with coconut oil, coconut water, and sage oil. And don't sweat it! The non-toxic formula glides on smoothly, and hydrates and soothes underarms, while offering a refreshing sweet coconut milk scent. The best part? No sticky white residue leftover on your pits.




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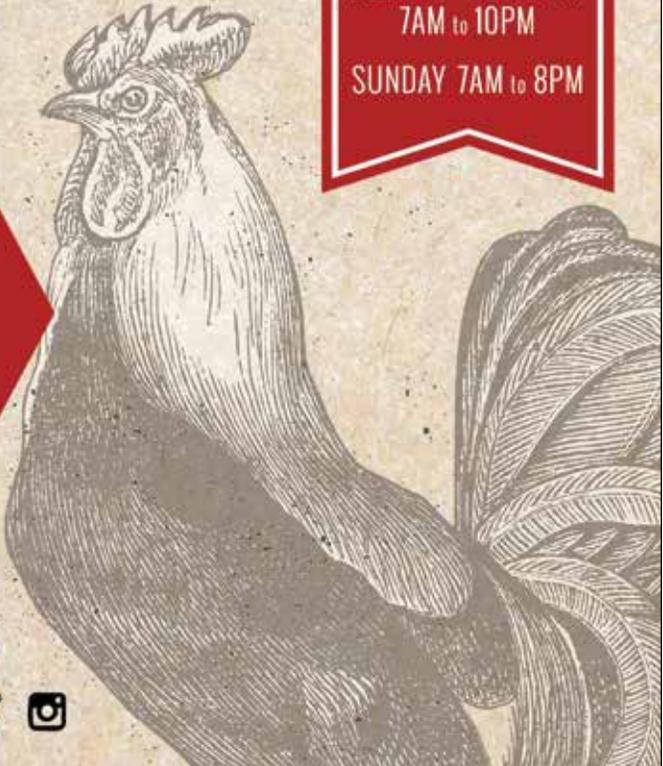
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Dining

162 REVIEW | 164 TASTE | 166 GUIDE

Branzino at
Blackwall
Barn and
Lodge

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329 Gambrills Road, Gambrills | 410-317-2276 | barnandlodge.com

**BLACKWALL
BARN AND
LODGE**

Clockwise: Beef Short Rib, Branzino, Blackwall Barn and Lodge, Chocolate Bread Pudding

DINING REVIEW

A Country Lodge Gem

By Rita Calvert
Photography by Stephen Buchanan

As we pulled into the Blackwell Barn and Lodge, its classic rural architecture welcomed us. It featured fresh white clapboard along with board-and-batten siding complementing stacked stone lit with oversized lanterns and chandeliers. Our sense of hospitality continued with a host staff that was eager to show us around. They offered us a variety of seating options within either of their fireplace dining rooms.

We opted for the choice seat of the house with the four wing-back chairs cozying up to a round table by the main dining room fireplace....but it was a tough choice, given the very different and pretty winter white decor by the other fireplace, complete with delightful faux fur wraps and blankets

for chilly nights. Design continues for the table tops as many food items are served on their respective wooden platters or earthy pottery plates and bowls.

What could be more appropriate at fireside than a classic cocktail, like my companion's choice: an Old Fashioned. It had a new twist: smoked sugar cubes and a skewer of dark cherries with Bulleit bourbon and sour cherry bitters. But I'm getting ahead of myself about that choice, as there were many to consider, including a nice menu of au courant cocktails such as a Maple Nut Manhattan with Knob Creek Smoked Maple Bourbon, a dirty martini with cherry pepper hot sauce and stuffed olives, as well as several refreshing-sounding fruit drinks. There also was a page of adult hot chocolate variations with a bar of chocolate melted in

the milk and a connoisseur's selection of the unique ole smoky moonshine pours. The drink menu also featured an impressive list of draught beers and a very pleasing range of domestic and imported wines by the glass and bottle. The drinks were more than inviting for happy hour, dinner, dessert, and after-dinner drinks.

Our server, Ryan, was engaging, humorous, and responsive to our many questions, returning promptly with Chef Michael Wagner's input if he was unsure of an ingredient or prep technique we inquired about. Ryan knew just how to be attentive throughout our meal, even as the dining room became busier.

The young, yet accomplished, Wagner (a Culinary Institute of America graduate) is on a quest to support local farms and convey them as partners, giving us the benefit of knowing where our food originates. His contemporary concepts also satisfy with everything being made from scratch—biscuits, chive butter, salad dressings, soups, desserts and foods to share around the table for a sense of community. Customary



dishes fill the menu along with novel twists: sinfully rich crab dip served in a crab-shaped crock with a finish of flambéed cognac; southern fried Quail starter with hickory-smoked butter; a take on the currently popular chicken waffle; and even pulled pork mac and cheese. The menu items also lend a sense of rustic comfort as you would find in a lodge: a single meatball that is a classic eight ounces veal, pork, and beef cooked slowly in marinara or beef short rib pot roast.

We browsed the very sizable array of starter choices, including soups, several salads, and options like mussels, crab dip, and other temptations. We gave strong thought to the Domestic Charcuterie plate, which is a mix of three cured meats alongside swiss, blue, and a local cheddar cheeses with dried fruits, nuts, and crostini, on the main starter menu. The novel toasts and flatbread choices all sounded intriguing. One example is the mushroom toast with buttery garlic wild mushrooms, thyme and herbed ricotta spread. But we opted to split the Kale and grilled salmon entrée salad. It was excellent.



fresh herbs. Our server Ryan called it the perfect Sunday dinner. It was. It can be hard to find truly meaty tender short ribs these days. These, however, were delightful, in presentation and flavor. Served in a wide homey pottery bowl, the fragrance alone promised satisfaction. The meat had that deep beefy taste we all long for in a just-right sauce. It was not a thick flour-like gravy that others pass off as a worthy sauce. The farm-fresh vegetables are much more than an after-thought. The butternut squash purée gave a light, colorful touch along with mushrooms full of the meat sauce flavor, and, the roasted baby carrots.



The accompanying roasted beets, mango, candied walnuts, and lemon-poppy-seed vinaigrette were a perfect combo.

Lighter eaters might wish to choose from the “handheld” menu selections of burgers and other meat or fish choices, like mahi-mahi tacos and crab cake sandwiches. We zeroed in on the main entrees. The Branzino I ordered arrived wrapped in the crinkly roasted parchment package that it was baked in. It was a treat to open the present and see a long thin fish filet on a visually styled vegetable bed of carrots, zucchini, new potatoes, and white wine chive butter.

My companion chose the Beef Short Rib Pot Roast with Butternut Squash Purée, roasted farmers market vegetables, and

We couldn't wait to look over the dessert selections, albeit we were nicely full. We split the dark cherry chocolate bread pudding. Now, bread pudding is fairly common, but this was creative. A large square of delicious chocolate with the perfect balance between crusty edges and mousse-like custard interior, swathed with excellent cherries and cream.

We capped the meal with a classic Irish coffee. Wow! Almost a thermos full! It was easy to declare it capable of warming you to the toes even miles from the fire.

Rita Calvert has close to three decades in the food, media production, marketing, and public relations fields. She has created myriad programs, events, cooking sessions on national television for corporations, the stage for cookbooks, and founded the original Annapolis School of Cooking.



Clockwise: Arugula Caprese Pizza, Italian Burger, Lasagna, Pasta Puttanesca, and Grilled Veggie Appetizer



DINING TASTE

Owner Brings World of Experience to Pasticcio

By Tom Worgo
Photography by Steve Buchanan

Antonio Capuano came to Annapolis by way of Italy, Ireland, Germany, and New Jersey. The Italian-born Capuano worked overseas as a chef for six years before opening two restaurants in the Garden State. The 34-year-old now owns Pasticcio Italian Kitchen, which he opened in May.

But it was love that brought him to Annapolis and prompted him to sell his New Jersey restaurants. He met his fiancé, Annapolis resident Guen Assante, 15 years ago while she vacationed in Italy. He was working there as a chef at the time.

Back in Italy, Capuano was practically born into the restaurant business. He started washing dishes at age 12 at a restaurant where his father worked.

It was only a few years later that he went to “one of the top” culinary schools in Italy.

“Some holidays or days off, I used to go with my dad to his work when I was seven,” says Capuano, who is from Montedi di Procida in southern Italy. “He was a chef. He still works. I remember going into the kitchen and seeing the smoke of the big pots and the noise of all the stuff. It was like going to the park for me. That’s when I knew what I wanted to do.”

Capuano is proud of the fact that he continued the family tradition as a chef along with his father, uncle, and cousin. He says one of the things that sets his restaurant apart is that he uses family recipes that go back nearly 70 years. He also takes pride in his growing catering service.

What’s Up? Media recently spoke with Capuano, whose restaurant specializes in fresh and made-to-order food, about the roads that led him to Annapolis, and what sets Pasticcio Italian Kitchen apart.

There’s a lot of Italian restaurants in Annapolis and the surrounding area. What makes your place different?

I don’t see another Italian restaurant like this one. We keep our quality high, even if the food costs are very high. We want the best ingredients on the market. If you choose us, you can always find a consistency in the food. It’s the key.

What do you want your restaurant to be known for? What is your most popular item?

We sell a lot of salads, gourmet pizza by the slice, and pasta. With the salads, we try to make some new and different combinations of things. We try to balance the sweetness and the acid. We have some salads made with fresh fruit. We have salads with spring mix lettuce, green apples, red onions, caramelized walnuts, and goat cheese. That’s one I sell the most. Another one has fresh spinach, pears, cheese, and caramelized walnuts. The contrasts that we have in flavors—the



sweet with bitter, the acid with sweet—it's like an explosion in your mouth. We are also known for our friendly service, quality food, and catering.

What dish are you most hands-on with?

Probably the lasagna. It's made from an old family recipe from my grandparents. It's popular because of the way we cook the ground beef, the layers of pasta, and the cheeses in the middle. When I went into a new kitchen as a chef, and we decided to make the lasagna, I always proposed this recipe. The owners always loved it.

What kind of customers do you want to cater to?

I had something in mind for lunchtime with the hospital, the mall, and a lot of offices around here. We can provide quick service for someone that is in a rush. They can have a slice of pizza, a big salad, or a sandwich.

Can you talk about your catering service?

The quality of ingredients and the love we put into it is the secret to our catering. We specialize in offices and private parties. We also do a lot of catering for the hospital.

Tell me about your culinary background.

I went to one of the top schools in Italy, Celluetti Culinary School. It was close to Rome and 200 miles from home. It was like a college. I learned so many different techniques and recipes. The school would send the best students to Germany and Ireland for a summer. I was 16 when I went to Germany and 17 when I went to Ireland [for the first time]. You shouldn't get paid because you are learning. After a week in Germany, they paid me to work more hours. I was getting more money than my father.

Besides Italy, you spent a lot of your time working in Ireland as a chef. Tell me about your experience and what you learned.

I was 21 years old and had a lot of responsibility as a chef at Vesuvius. After a month or two in the restaurant, I was in charge of the kitchen. It was a very good experience for me. I learned a lot in two years.



Pasticcio Fresh Italian Kitchen

150-F, Jennifer Road, Annapolis
443-949-0608
pasticcioannapolis.com



Talk about how much you enjoyed working with your father.

One time, I went with him for a lunch shift. After lunch, he would go home for a break and go back for dinner shift. One time, I was fighting with my parents because I wanted to go back to work with him because I really enjoyed it. My mother started to scream at me, saying it takes me away from the family.

I can imagine you are here all the time. Is that true?

I just recently got a full day off. Before, it was an hour here, an hour there. For the first four or five months, it was seven days a week, 12 hours a day because the business was new and everything was hard. I was checking each order of French fries that was coming from the kitchen to make sure we are giving people food the way that I wanted.

"A nice place to take friends, family, or just dine for two." –Catherine Schaff

Luna Blu

36 West Street, Annapolis; 410-267-9950; Lunablufannapolis.com; Italian; lunch, dinner \$\$ ☎ 🍷 🌿

Metropolitan Kitchen & Lounge

175 West Street, Annapolis; 410-280-5160; Metropolitanannapolis.com; Modern American; breakfast, lunch, dinner, late-night \$\$\$ ☎ 🍷 🌿 🐾 🏆

Miss Shirley's Café

1 Park Place, Annapolis; 410-268-5171; MissShirleys.com; Southern American; breakfast, brunch, lunch \$ 🍷 🌿 🐾 🏆

Rams Head Tavern

33 West Street, Annapolis; 410-268-4545; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$ 🍷 🌿 🎸 🐾 🏆

Sailor Oyster Bar

196 West Street, Annapolis; 410-571-5449; Sailoroysterbar.com; American grill, seafood, cocktails; weekend lunch, dinner \$\$\$ 🌿

Stan & Joe's Saloon

37 West Street, Annapolis; 410-263-1993; Stanandjoessaloon.com; American; lunch, dinner, late-night, Sunday brunch \$ 🍷 🌿 🎸 🏆 🐾

Tsunami

51 West Street, Annapolis; 410-990-9868; Tsunamiannapolis.com; Fusion, sushi; lunch, dinner, late-night \$\$ 🌿 🐾 🎸

Greater Annapolis

Basmati

2444 Solomons Island Road, Annapolis; 410-266-6355; Basmatiofannapolis.com; Indian; lunch, dinner \$\$ ☎ 🍷 🌿 🐾 🏆

Blue Rooster Café

1372 Cape St. Claire Road, Annapolis; 410-757-5232; GoToRoosters.com; Modern American; breakfast, lunch, dinner \$\$ 🌿 🍷 🏆

Brio Tuscan Grille

305 Sail Place, Annapolis; 410-571-5660; Brioitalian.com; Italian; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🌿 🎸 🐾 🏆

Broadneck Grill & Cantina

1364 Cape St Claire Road, Annapolis; 410-757-0002; Broadneckgrill.com; Contemporary American and Mexican Cuisine; serve breakfast Saturday and Sunday; lunch, dinner \$\$ 🍷 🌿 🎸 🏆

Bruster's Real Ice Cream

1409 Forest Drive, Annapolis; 410-295-0025; Brustersannapolis.com; Dessert \$ 🍷 🐾

Buffalo Wild Wings

2337-A Forest Drive, Annapolis; 410-573-0331; Buffalowildwings.com; American; lunch, dinner \$ 🌿 🍷

Cantler's Riverside Inn

458 Forest Beach Road, Annapolis; 410-757-1311; Cantlers.com; Crabs, seafood; lunch, dinner \$\$ 🍷 🌿 🎸 🏆 🐾

The Canton Restaurant

11 Ridgely Avenue, Annapolis; 410-280-8658; Cantonannapolis.com; Chinese; lunch, Dinner \$ 🌿 🍷

Cooper's Hawk

1906 Towne Centre Blvd, Annapolis; 443-837-9989; Chwinery.com; American; lunch, dinner \$\$ 🍷 🌿 🏆

Chevys Fresh Mex

2436 Solomons Island Rd, Annapolis; 410-573-4932; Chevysannapolis.com; Mexican; lunch, dinner, brunch \$\$ ☎ 🍷 🌿 🏆

Chris' Charcoal Pit

1946 West Street, Annapolis; 410-266-5200; Chrischarcoalpit.com; Greek; lunch, dinner \$ 🌿 🍷 🏆

Chuy's

2339 Forest Drive, Annapolis; 512-473-2783; Chuys.com; Mexican; lunch, dinner \$-\$\$ 🌿 🍷

Double T Diner

12 Defense Street, Annapolis; 410-571-9070; DoubleTdiner.com; American diner; breakfast, lunch, dinner, late-night \$\$ 🍷 🌿 🏆

Eggcellence

2625 Housley Road, Annapolis; 410-573-9503; Eggcellence-brunchery.com; American; breakfast, lunch \$ 🍷

Evelyn's

26 Annapolis St, Annapolis; 410-263-4794; Evelynsannapolis.com; American; breakfast, brunch, lunch, happy hour \$\$ 🌿 🍷 🎸

Giolitti Delicatessen

2068 Somerville Road, Annapolis; 410-266-8600; Giolittideli.com; Delicatessen; lunch, dinner \$ 🌿 🍷 🎸

Gordon Biersch

1906 Towne Centre Boulevard, Ste. 155, Annapolis; 410-266-5965; Gordongbiersch.com; American; lunch, dinner \$\$ ☎ 🌿 🍷 🎸

Grapes Wine Bar

1410 Forest Drive, Annapolis; 410-571-5378; Grapeswinebarannapolis.com; Mediterranean; lunch (Sat. only), dinner \$\$ 🌿 🎸 🏆

The Greene Turtle

177 Jennifer Road, Annapolis; 410-266-7474; Greenturtle.com; American, sports bar; lunch, dinner \$ 🌿 🍷 🎸 🏆

Herald Harbor Hideaway

400 Herald Harbor Road, Crownsville; 410-923-4433; Herald-harborhideaway.com; American; lunch, dinner \$ 🌿 🍷 🎸

Heroes Pub

1 Riverview Avenue, Annapolis; 410-573-1996; Heroespub.com; American, sports bar; lunch, dinner \$\$ 🌿 🍷 🎸

Italian Market & Restaurant

126 Defense Highway, Annapolis; 410-224-1330; Theitalianmarket.com; Italian; lunch, dinner \$ 🌿 🍷

Jalapeños

85 Forest Plaza, Annapolis; 410-266-7580; Jalapeñosonline.com; Spanish, Mexican; lunch, dinner \$\$ ☎ 🌿 🍷 🎸

La Sierra

2625 Riva Road, Annapolis; 410-573-2961; Lasierrestaurantinc.com; Mexican; lunch, dinner \$\$ 🍷 🌿

Lebanese Taverna Café

New Annapolis Location TBD; Lebanese-taverna.com; Middle Eastern; lunch, dinner \$ 🌿 🍷 🐾 🏆

Lemongrass Too

2625-A Housley Road, Annapolis; 410-224-8424; Lemongrassannapolis.com; Thai; lunch, dinner \$\$ 🌿 🍷 🐾 🏆

Les Folies Brasserie

2552 Riva Road, Annapolis; 410-573-0970; Lesfoliesbrasserie.com; French; lunch, dinner \$\$ ☎ 🍷 🌿 🏆

Lures

1397 Generals Highway, Crownsville; 410-923-1606; Luresbarandgrille.com; American grill, seafood; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🌿 🎸 🏆

Ledo Pizza

505 S. Cherry Grove Avenue, Annapolis; 410-295-3030; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$ 🍷 🎸 🏆



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2100 Annapolis Mall Road, Ste. 1200, Annapolis; 410-266-3584; Italian; lunch, dinner, Saturday and Sunday brunch \$\$ ☎ 🍷 🍷

The Melting Pot
2348 Solomons Island Road, Annapolis; 410-266-8004; Meltingpot.com; Fondue; dinner \$\$ ☎ 🍷 🍷

Mission BBQ
2101 Somerville Road, Annapolis; 443-569-4700; Mission-bbq.com; Barbecue; lunch, dinner \$\$ 🍷 🍷

Newk's Eatery
2077 Somerville Rd. Suite 150, Annapolis; 410-934-7000; Newk's.com; Sandwiches, soups, salads, pizza; lunch, dinner \$ 🍷

Paladar Latin Kitchen & Rum Bar
1905 Towne Centre Boulevard, Ste. 100, Annapolis; 410-897-1022; Paladarlatinkitchen.com; Latin American; lunch, dinner, late-night, Week-end brunch \$\$ ☎ 🍷 🍷 🍷 * 🍷

Paul's Homewood Café
919 West Street, Annapolis; 410-267-7891; Paulshomewoodcafe.com; Mediterranean; lunch, dinner, brunch \$\$ ☎ 🍷 🍷 🍷 * 🍷

Pasticcio
150-F Jennifer Road, Annapolis; 443-949-0608; Pasticcioannapolis.com; Italian; lunch, dinner \$\$ 🍷

Ports of Call
210 Holiday Court, Annapolis; 410-573-1350; Doubletreeannapolis.com; Modern American; breakfast, lunch, dinner \$\$ 🍷

Rams Head Roadhouse
1773 Generals Highway, Annapolis; 410-849-8058; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$ 🍷 🍷 🍷

Red, Hot & Blue
200 Old Mill Bottom Road, Annapolis; 410-626-7427; Redhotandblue.com; Barbecue; lunch, dinner \$ 🍷 🍷

Riverbay Roadhouse
1374 Cape St Claire Road, Annapolis; 410-757-2919; Riverbay-roadhouse.com; Steak, seafood; breakfast, lunch, dinner \$\$ ☎ 🍷 🍷 🍷

Royal Karma
302 Harry S. Truman Pkwy, Suite K, Annapolis; 410-266-5006; Indianfoodannapolis.com; Indian; Lunch buffet, dinner \$\$ ☎ 🍷 🍷

Sakura Japanese Steak & Seafood House
2625 Housley Road, Annapolis; 410-573-0006; Sakurasteakhouse.com; Japanese; lunch, dinner \$\$ ☎ 🍷 🍷

Sam's on the Waterfront
2020 Chesapeake Harbour Drive East, Annapolis; 410-263-3600; Samsonthewaterfront.com; Modern American; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Sandy Pony Donuts
1901 Towne Centre Blvd., Ste 130, Annapolis; 301-873-3272; Sandyponydonut.com; Breakfast \$ 🍷 🍷

Seafood Palace Buffet
81 Forest Plaza A, Annapolis; 410-216-2186; Seafoodpalacebuffet.com; American, Japanese, Seafood; lunch, dinner \$ 🍷

Severn Inn
1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; Severninn.com; Seafood; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷 🍷

Sin Fronteras
2129 Forest Drive, Annapolis, 410-266-0013, Sinfronterascfe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$ 🍷 🍷 *

Soul
509 S. Cherry Grove Avenue, Annapolis; 410-267-6191; Soulannapolis.com; Southern-inspired small plates; lunch, dinner, Saturday & Sunday brunch \$\$ ☎ 🍷

Stoney River Legendary Steaks
2190 Annapolis Mall, Annapolis; 410-224-8312; Stoneyriver.com; Steakhouse; lunch, dinner \$\$ ☎ 🍷 🍷

Union Jack's
2072 Somerville Road, Annapolis; 410-266-5681; Union-jacksannapolis.com; British-style pub; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷

Ziki Japanese Steakhouse
1906 Towne Center Boulevard, Ste. 4250, Annapolis; 410-224-6598; Zikisteakhouse.com; Japanese, sushi; lunch, dinner \$\$ ☎ 🍷 🍷 🍷

Zoe's Kitchen
1901 Towne Center Boulevard, Ste. 105, Annapolis; 410-266-7284; Zoeskitchen.com; Casual Mediterranean Lunch, dinner \$ 🍷 🍷 *

Eastport / Bayridge

Adam's Taphouse and Grille
921C Chesapeake Avenue, Annapolis; 410-267-0064; Adams-grilleannapolis.com; Barbecue; lunch, dinner \$\$ 🍷 🍷

Annapolis Smokehouse & Tavern
107 Hillsmere Drive, Annapolis; 410-571-5073; Annapolissmokehouse.com; American BBQ; lunch, dinner, catering, Weekend brunch \$\$ ☎ 🍷 🍷 🍷 🍷

Blackwall Hitch
400 6th Street, Annapolis; 410-263-3454; Theblackwallhitch.com; Upscale-casual New American restaurant; brunch, lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷

Boatyard Bar & Grill
400 Fourth Street, Annapolis; 410-216-6206; Boatyardbarandgrill.com; American, seafood; breakfast, lunch, dinner. \$\$ 🍷 🍷 🍷 *

Bread and Butter Kitchen
303 Second Street, Ste. A, Annapolis; 410-202-8680; Breadandbutterkitchen.com; American; breakfast, lunch \$ 🍷 🍷 🍷

Carrol's Creek
410 Severn Avenue, Annapolis; 410-263-8102; Carrolscreek.com; Seafood; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷

Chart House
300 Second Street, Annapolis; 410-268-7166; Chart-house.com; Seafood; dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷

Davis' Pub
400 Chester Avenue, Annapolis; 410-268-7432; Davispub.com; American; lunch, dinner, late night \$ 🍷 🍷 🍷 * 🍷 🍷

Eastport Kitchen
923 Chesapeake Avenue, Annapolis; 410-990-0000; Eastportkitchen.com; American; breakfast, lunch, dinner \$\$ 🍷

Grump's Café
117 Hillsmere Drive, Annapolis; 410-267-0229; Grumpscafe.com; American; breakfast, lunch, dinner \$ 🍷 🍷

Jack's Fortune
960 Bay Ridge Road, Annapolis; 410-267-7731; Jackfortune1.com; Chinese; lunch, dinner \$ 🍷 🍷 🍷

Lewnes' Steakhouse
401 Fourth Street, Annapolis; 410-263-1617; Lewnessteakhouse.com; Steakhouse, seafood; dinner \$\$\$ ☎ 🍷 🍷 🍷

Main & Market
914 Bay Ridge Road, Annapolis; 410-626-0388; Mainandmarket.com; Farm-to-table; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷

O'Leary's Seafood Restaurant
310 Third Street, Annapolis; 410-263-0884; Olearysseafood.com; Seafood; dinner, Sunday brunch \$\$\$ ☎ 🍷 🍷 🍷

Rocco's Pizzeria
954 Bay Ridge Road, Annapolis; 410-263-9444; Roccospizzashop.com; Pizza; lunch, dinner \$ 🍷 🍷 🍷

Ruth's Chris
301 Severn Avenue, Annapolis; 410-990-0033; Ruthschris-Annapolis.com; Steakhouse; dinner \$\$\$ ☎ 🍷 🍷 🍷 🍷

Sammy's Pizza Kitchen
1007 Bay Ridge Ave, Annapolis; 410-990-9800; Sammyspizzakitchen.com; Italian; lunch, dinner \$-\$ \$ 🍷

Vin 909 WineCafe
909 Bay Ridge Avenue, Annapolis; 410-990-1846; Vin909.com; Farm-to-table; lunch, dinner \$\$ 🍷 🍷 🍷

Edgewater / South County

Adam's Taphouse and Grille
169 Mayo Road, Edgewater; 410-956-2995; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$\$ 🍷 🍷

All American Steak House
139 Mitchells Chance Road, Edgewater; 410-956-4494; Theallamericansteakhouse.com; American; lunch, dinner \$\$ 🍷

Bayside Inn
1246 Mayo Road, Edgewater; 410-956-2722; American, Seafood; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷

Bella Sera
9 Lee Airpark Drive, Edgewater; 410-956-8555; Bellasera-italteofitaly.com; Italian; lunch, dinner \$ 🍷

Broadneck Grill & Cantina
74 Central Avenue West, Edgewater; 410-956-3366; Broadneckgrill.com; American and Mexican Cuisine; lunch, dinner \$ 🍷 🍷 🍷 🍷

The Bistro at South River
3451 Solomons Island Road, Edgewater; 410-798-5865; Golfclubsr.com; Modern American; breakfast, lunch, dinner \$\$ 🍷 🍷 *

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Chad's BBQ

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com; Authentic smoked barbecue; lunch, dinner \$

Pier Oyster Bar

48 South River Road, Edgewater; 443-837-6057; Coconutjoesusa.com; Caribbean; lunch, dinner, late-night \$\$

Edgewater Restaurant

148 Mayo Road, Edgewater; 410-956-3202; Edgewaterrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$

Fuji Steakhouse

169 Mitchells Chance Road, Edgewater; 410-956-8898; Fujisteakhousemd.com; Japanese; lunch, dinner \$\$

Glory Days Grill

3 Lee Airpark Drive, Edgewater; 443-808-8880; Glorydaysgrill.com; American, sports bar; lunch, dinner \$

The Greene Turtle

3213 Solomons Island Road, Ste. A, Edgewater; 410-956-1144; Greenturtle.com; American Lunch, dinner, late-night \$

Happy Harbor

533 Deale Road, Deale; 410-867-0949; Happyharbordeale.com; American; lunch, dinner \$

Harvest Thyme Modern Kitchen & Tavern

1251 West Central Ave, Davidsonville; 443-203-6846; Harvestthymetavern.com; American; lunch, happy hour, dinner \$

Hispa Restaurant

183 Mayo Road, Edgewater; 410-956-7205; Latin American; breakfast, lunch, dinner \$

Killarney House

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com; Irish; lunch, dinner, late-night \$\$

Ledo Pizza

3072 Solomons Island Road, Edgewater; 410-956-6700; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$

M Thai Restaurant

181 Mitchells Chance Road, Edgewater; 410-956-0952; Thai; lunch, dinner \$

Mike's Bar & Crab House

3030 Riva Road, Riva; 410-956-2784; Mikescrabhouse.com; Seafood; lunch, dinner, late-night \$\$

Nova Sushi Bar and Asian Fusion

3257 Solomons Island Road, Edgewater; 410-956-5326; Novasushi.com; Sushi, lunch, dinner \$-\$\$

Old Stein Inn

1143 Central Avenue, Edgewater; 410-798-6807; Oldstein-inn.com; German; dinner \$\$

Petie Greens Bar and Grill

6103 Drum Point Road, Deale; 410-867-1488; Petiegreens.com \$\$

Pirate's Cove

4817 Riverside Drive, Galesville; 410-867-2300; Piratescovemd.com; Seafood; breakfast, lunch, dinner, Sunday brunch \$\$

Plazuelas

3029 Solomons Island Road, Edgewater; 410-956-0080; Mexican; lunch, dinner \$

Rod N Reel Restaurant

4165 Mears Avenue, Chesapeake Beach; 410-257-2735; Chesapeakebeachresortspa.com; Seafood; breakfast, lunch, dinner \$\$

Saigon Palace

10 Mayo Road, Edgewater; 410-956-0505; Vietnamese; lunch, dinner \$

Skipper's Pier Restaurant & Dock Bar

6158 Drum Point Road, Deale; 410-867-7110; Skipperspier.com; Seafood; dinner \$\$

South County Café

5690 Deale Churchton Road, Deale; 410-867-6450; American; breakfast, lunch, dinner \$\$

Stan & Joe's Saloon South

173 Mitchells Chance Road, Edgewater; 443-837-6126; Stanandjoes-saloon.com; American; lunch, dinner, late-night \$

Thursday's Steak & Crabhouse

4851 Riverside Drive, Galesville; 410-867-7200; Seafood; lunch, dinner \$\$

Yellowfin Steak & Fish House

2840 Solomons Island Road, Edgewater; 410-573-1333; Yellowfin-restaurant.com; Steak, seafood; lunch, dinner, Sunday brunch \$\$

Arnold / Severna Park / Pasadena & Beyond

Adam's Ribs

589 Baltimore Annapolis Boulevard, Severna Park; 410-647-5757; Adamsribs.com; Barbecue; lunch, dinner \$\$

Bella Italia

1460 Ritchie Highway, Arnold; 410-757-3373; Bellaitaliaarnold.com; Italian; lunch, dinner \$

Brian Boru Restaurant & Pub

489 Ritchie Highway, Severna Park; 410-975-2678; Brianborupub.com; Irish; lunch, dinner, Sunday brunch \$\$

Café Bretton

849 Baltimore Annapolis; Boulevard, Severna Park; 410-647-8222; Cafe-bretton.com; French; dinner \$\$

Café Mezzanotte

760 Ritchie Highway, Severna Park; 410-647-1100; Cafemezz.com; Italian; lunch, dinner \$\$

Capiche Street Food Italiano

147 Ritchie Highway, Suite E, Severna Park; 443-906-3200; Capicheitaliano.com; Italian; lunch, dinner \$

Donnelly's Dockside

1050 Deep Creek Avenue, Arnold; 410-757-4045; Donnellysdockside.com; Seafood; lunch, dinner \$\$

Founders Tavern & Grille

8125 Ritchie Highway, Pasadena; 410-544-0076; Founders-tavernandgrille.com; American; lunch, dinner \$

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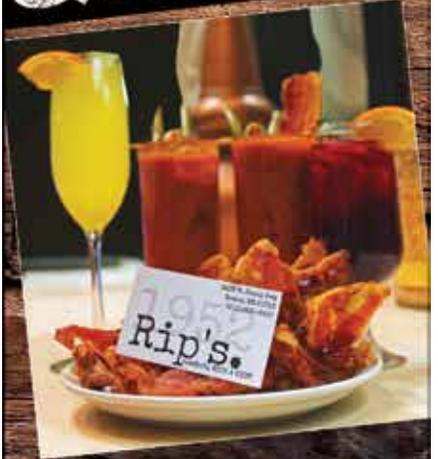
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Gina's Cafe

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascfestmikes; Southwestern, Vegetarian; lunch, dinner \$\$

La Posta Pizzeria

513 Baltimore Annapolis Blvd., Severna Park; 443-906-2840; Lapos-tapizzeria.com; Italian; lunch, dinner \$-\$

Ledo Pizza

552 Ritchie Highway, Severna Park; 410-544-3344; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$

Lemongrass Arnold

959 Ritchie Highway, Arnold; 410-518-6990; Lemongrassannapolis.com; Thai; lunch, happy hour, dinner \$

Mamma Angela's

2225-A Defense Highway, Crofton; 443-584-4038; Mammas.com; Italian; lunch, dinner \$-\$

Mi Pueblo II

554-A Ritchie Highway, Severna Park; 410-544-4101; Mipueblo2.com; Mexican; lunch, dinner \$

Mother's Peninsula Grill

969 Ritchie Highway, Arnold; 410-975-5950; Mothersgrille.com; American, seafood; lunch, dinner \$

O'Loughlin's Restaurant

1258 Bay Dale Drive, Arnold; 410-349-0200 Oloughlinspub.com; American; lunch, dinner, late-night \$

Park Tavern

580 Ritchie Highway, Severna Park; 410-793-5930 Parktavernsp.com; American; lunch, dinner \$\$

Pascal's Chophouse

139 Ritchie Highway, Suite A, Severna Park; 410-647-8216; Pascalschophouse.com; Farm-to-table, USDA prime steaks; happy hour, dinner \$\$

The Point Crab House & Grill

700 Mill Creek Road, Arnold; 410-544-5448; Thepointcrabhouse.com; Casual contemporary American Seafood restaurant; brunch, lunch, dinner \$

Rips Country Inn

3809 N. Crain Highway, Bowie; 301-805-5900; Ripscountryinn.com; Rustic country cooking and Chesapeake eats; breakfast, lunch, dinner \$\$

Romilo's Restaurant

478-A Ritchie Highway, Severna Park; 410-544-6188; Romilosrestaurant.com; Greek; lunch, dinner \$\$

Severna Park Taphouse

58 W. Earleigh Heights Road, Severna Park; 410-793-5759; Severnaparktaphouse.com; American, sports bar; dinner \$

Sin Fronteras

7700 Ritchie Highway, Glenn Burnie, 410-424-2022, Sinfronterascafe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$

Twains Tavern

8359 Baltimore Annapolis; Boulevard, Pasadena; 410-647-5200; Twainstavern.com; American, sports bar; dinner \$

Knoxie's Table

180 Pier 1 Road, Stevensville; 410-249-5777; Baybeachclub.com; American; dinner, weekend brunch

Mason's - Redux 2017

22 South Harrison Street, Easton; 410-822-3204; Masonsredux.com; Modern American; lunch, dinner, Sunday brunch \$-\$

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403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; brunch, dinner \$

The Island Hideaway

14556 Solomons Island Road S, Solomons; 410-449-6382; Theislandhideawaysolomons.com; American; lunch, dinner \$

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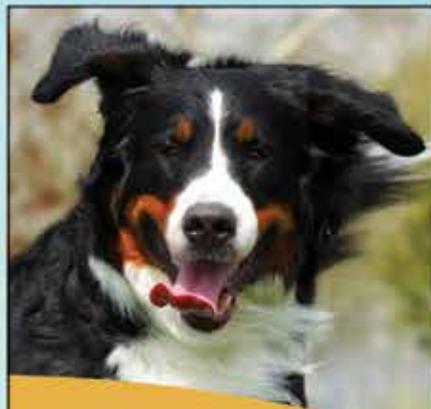
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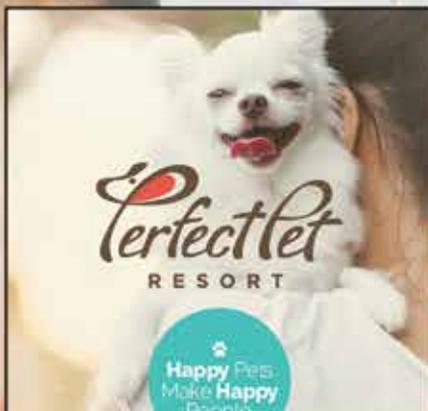
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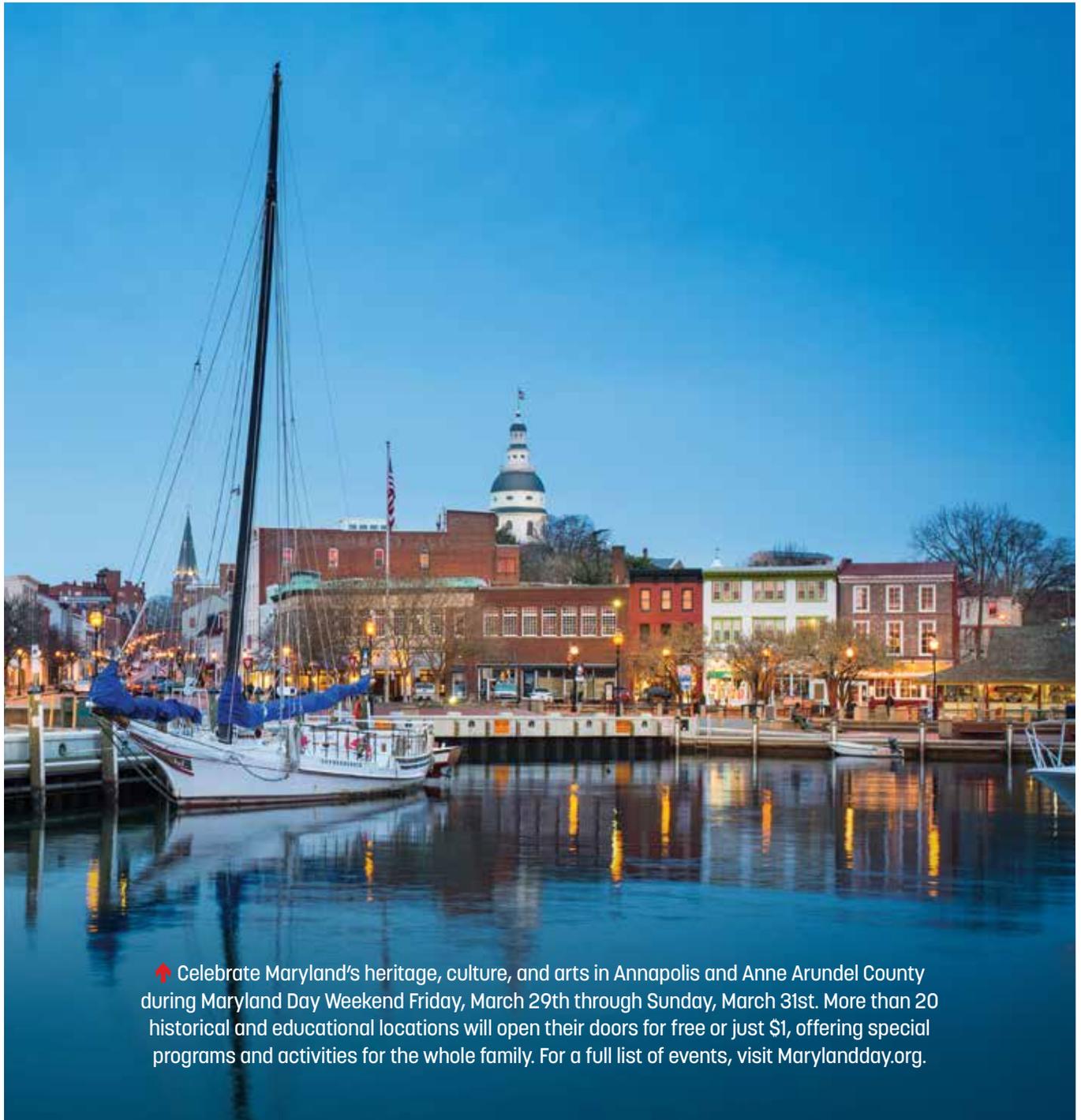
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March Calendar

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(F) FAMILY EVENTS **(C)** CHARITY EVENTS **(TIX)** AVAILABLE AT WHATSUPTIX.COM

Advertisers listed in **red** What's Up? Tix event listed in **blue**



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Friday

1

SPECIAL EVENTS

The Look at The Westing Annapolis Hotel, Annapolis. 6-9 p.m. \$18. 410-266-6287. Whatsuptix.com (TIX)

First Friday in Chestertown at Downtown Chestertown, Chestertown. 5-8 p.m. Free. 443-282-0246. Kentcounty.com

Unique Dishes of Istanbul at Whole Foods Market Annapolis, Annapolis. 6:30-8:30 p.m. \$45.00 per person. 410-573-1800.

Monster Jam at Royal Farms Arena, Baltimore. 7 p.m. Prices vary. 410-347-2020. Royalfarmsarena.com (F)

WWE Live Road to Wrestlemania at Wicomico Youth & Civic Center, Salisbury. 7:30 p.m. \$15. 410-548-4900. Wicomocociviccenter.org

Votes for Women: A Portrait of Persistence at Smithsonian National Portrait Gallery, Washington. 11:30 a.m.-7 p.m. daily. Now through January 5th, 2020. Free. 202-633-8300. Npg.si.edu

Matthew Moore: Post-Socialist Landscapes at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). \$3 for non-members, free for children under 12. Now through April 7th, 2019. 410-822-2787. Academyartmuseum.org

Recent Acquisitions at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). \$3 for non-members, free for children under 12. Now through April 7th, 2019. 410-822-2787. Academyartmuseum.org

Drawing at Chestertown RiverArts, Chestertown. 11 a.m.-5:30 p.m. (Tues.-Fri.), 10 a.m.-5:30 p.m. (Sat.), 11 a.m.-3 p.m. (Sun.). Now through March 31st, 2019. Free. 410-778-6300. Chestertownriverarts.net

Kent's Carvers and Clubs: Guides, Gunners and Co-Ops at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. \$6-15. Now through March 31st, 2019. 410-745-2916. Cbmm.org

Exploring the Chesapeake - Mapping the Bay at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Prices vary. Now through March 17th, 2019. 410-745-2916. Cbmm.org

Between Worlds: The Art of Bill Traylor at Smithsonian American Art Museum, Washington. 11:30 a.m.-7 p.m. daily. Free. Now through March 17th, 2019. 202-633-7970. Americanart.si.edu

Rafael Lozano-Hemmer: Pulse at Hirshhorn Museum, Washington. 10 a.m.-5:30 p.m. daily. Free. Now through April 28th, 2019. 202-633-1000. Hirshhorn.si.edu

Disrupting Craft: Renwick Invitational 2018 at Smithsonian American Art Museum Renwick Gallery, Washington D.C. 11:30 a.m.-7 p.m. Free. Now through May 5th, 2019. 202-633-7970. Americanart.si.edu

Ambreen Butt - Mark My Words at National Museum of Women in the Arts, Washington. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). \$10 for adults, \$8 for seniors and students, free for youth under 18. Now through April 14th, 2019. 202-783-5000. Nmwa.org

Portraits of the World: Korea at Smithsonian National Portrait Gallery, Washington. 11:30 a.m.-7 p.m. daily. Now through November 17th, 2019. Free. 202-633-8300. Npg.si.edu

Cindy Fletcher Holden at Quiet Waters Park, Annapolis. 9 a.m.-4 p.m. (Mon.-Fri.), 10 a.m.-4 p.m. (Sat. & Sun.). Now through March 31st, 2019. \$6. 410-222-1777. Fqwp.org

Section 14: The Other Palm Springs at The National Museum of the American Indian, Washington. 10 a.m.-5:30 p.m. daily. Now through January 2020. Free. 202-633-1000. Americanindians.si.edu

How We Live with Nature: The Student Art Show at Ward Museum of Wildfowl Art, Salisbury. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through April 14th, 2019. \$7 for adults, \$5 for seniors, \$3 for children and college students. 410-742-4988. Wardmuseum.org

Parenting: An Art without a Manual at American Visionary Art Museum, Baltimore. 10 a.m.-6 p.m. (Tues.-Sun.), closed Mon. Prices vary. Now through September 1st, 2019. 410-244-1900. Avam.org

Esther & The Dream of One Loving Human Family at American Visionary Art Museum, Baltimore. 10 a.m.-6 p.m. (Tues.-Sun.), closed Mon. Now through March 1st, 2024. Prices vary. 410-244-1900. Avam.org

Subverting Beauty: African Anti-Aesthetics at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.), closed Mon. and Tues. Free. Now through June 2nd, 2019. 443-573-1700. Artbma.org

Mark Bradford: Tomorrow is Another Day at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Free. Now through March 3rd, 2019. 443-573-1700. Artbma.org

Romare Bearden: Visionary Artist at Reginald F. Lewis Museum of Maryland African American History & Culture, Baltimore. 10 a.m.-5 p.m. (Wed.-Sat.), 12-5 p.m. (Sun.). \$6-8. Now through March 3rd, 2019. 443-263-1800. Lewismuseum.org

DIS | A Good Crisis at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through November 19th, 2019. Free. 443-573-1700. Artbma.org

Time Frames: Contemporary East Asian Photography at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through March 24th, 2019. Free. 443-573-1700. Artbma.org

Woven Words: Decoding the Silk Book at The Walters Art Museum, Baltimore. 10 a.m.-5 p.m. (Fri.-Sun. and Wed.), 10 a.m.-9 p.m. (Thurs.), closed Mon. and Tues. Now through April 28th, 2019. Free. 410-547-9000. Thewalters.org

Monsters & Myths: Surrealism and War in the 1930s and 1940s at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through May 26th, 2019. Free. 443-573-1700. Artbma.org

Wil Scott: Monochrome at Maryland Theatre for the Performing Arts, Annapolis. Free. Now through March 31st, 2019. 410-626-6055. Mtpa-annapolis.org

Visual Harmony: Visual Art Interprets Performing Art at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through March 2nd, 2019. Free. 410-263-5544. Marylandhall.org

New Hope at What's Up? Media Gallery, Annapolis. 8 a.m.-6 p.m. (Mon.-Fri.) Now through April 12th, 2019. Free. 410-266-6287. Whatsupmag.com

MUSIC

Midweek Concert: Peter and the Wolf at Joseph Meyerhoff Symphony Hall, Baltimore. 10 a.m. & 11:30 a.m. Prices vary. 410-783-8000. Bsmusic.org (F)

National Symphony Orchestra: Shaham & Mozart at The John F. Kennedy Center for the Performing Arts, Washington. 11:30 a.m. & 8 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Blood Orange at Rams Head Live!, Baltimore. 8 p.m. \$27 in advance, \$32 day of show. 410-244-1131. Ramsheadlive.com

Quinn XCII: From Tour With Love with Ashe & Christian French at Fillmore Silver Spring, Silver Spring. 8 p.m. Prices vary. 301-960-9999. Fillmoresilverpring.com

KANSAS at Modell Performing Arts Center at the Lyric, Baltimore. 7:30 p.m. Prices vary. 410-900-1150. Modell-lyric.com

Jon Cleary Trio at Rams Head On Stage, Annapolis. 8 p.m. \$25. 410-268-4545. Ramsheadonstage.com

Cole Escala at 9:30 Club, Washington. 6 p.m. \$20. 202-265-0930. 930.com

Annapolis Symphony Orchestra: Moonlight & Movie Music at Annapolis Symphony, Annapolis. 8 p.m. Prices vary. 410-263-0907. Annapolis-symphony.org

PERFORMING ARTS

JQA at Arena Stage, Washington. 8 p.m. Prices vary. 202-554-9066. Arenastage.org

Man of La Mancha at Compass Rose Theater, Annapolis. 8 p.m. \$25-41. 410-980-6662. Compass-rosetheater.org

Oil at Olney Theatre, Olney. 7:45 p.m. Prices vary. 301-924-3400. Olneytheatre.org

The Women of Lockerbie at Bowie Theatre, Bowie. 8 p.m. \$17-22. 301-805-0219. Bowie-theatre.com

Finding Neverland at The National Theatre, Washington. 8 p.m. Prices vary. 202-628-6161. Thenationaldc.org

Once at Olney Theatre, Olney. 8 p.m. Prices vary. 301-924-3400. Olneytheatre.org

Richard The Third at Shakespeare Theatre Company, Washington. 8 p.m. Prices vary. 202-547-1122. Shakespearetheatre.org

The Heiress at Arena Stage, Washington. 8 p.m. Prices vary. 202-554-9066. Arenastage.org

The Merry Wives of Windsor at The Colonial Players, Annapolis. 8 p.m. \$23. 410-268-7373. Thecolonialplayers.org

The Effect at Fells Point Corner Theatre, Baltimore. 8 p.m. Prices vary. Fpct.org

The Washington Ballet Presents The Sleeping Beauty at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Jonathan Van Ness and Friends at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. \$29-174. 202-467-4600. Kennedy-center.org

Saturday

2

SPECIAL EVENTS

Four Centuries Walking Tour at City Dock, Annapolis. 1:30 p.m. \$20 for adults, \$10 for children ages 3-11, free for children age 2 and under. 410-268-7601. Annapolis-tours.com

Saturday Wine Tasting at Wine Cellars of Annapolis, Annapolis. 11 a.m.-4 p.m. Free. 410-216-9080. Winecellarsofannapolis.com

Annapolis Rotary Annual Black Tie & Diamond Gala at Loews Annapolis Hotel, Annapolis. 6-11 p.m. 150. 410-507-6020. Annapolisrotary.org (C)

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. Prices vary. Downtownannapolispartnership.org

Chester Gras 2019 at Chester Gras, Chestertown. 12-4 p.m. TBA. Townofchestertown.com

Monster Jam at Royal Farms Arena, Baltimore. 1 p.m. & 7 p.m. Prices vary. 410-347-2020. Royalfarmsarena.com

MUSIC

The Kooks at Rams Head Live!, Baltimore. 8 p.m. \$30 in advance, \$35 day of show. 410-244-1131. Ramsheadlive.com

Mardi Gras Dance Party w/ Dixie Power Trio at The Mainstay, Rock Hall. 7:30 p.m. \$20. 410-639-9133. Mainstayrockhall.org

Kasim Sulton's Utopia at Rams Head On Stage, Annapolis. 8 p.m. \$39.50. 410-268-4545. Ramsheadonstage.com

Bob Sima at Rams Head On Stage, Annapolis. 12 p.m. \$22.50. 410-268-4545. Ramsheadonstage.com

Deerhunter at 9:30 Club, Washington. 6 p.m. \$25. 202-265-0930. 930.com

Dirt Monkey at 9:30 Club, Washington. 10 p.m. \$20. 202-265-0930. 930.com

Annapolis Symphony Orchestra: Moonlight & Movie Music at Annapolis Symphony, Annapolis. 8 p.m. Prices vary. 410-263-0907. Annapolis-symphony.org

Flutes Fatale! at Unitarian Universalist Church of Annapolis, Annapolis. 8 p.m. \$15, free for youth age 16 and under. 410-266-8044. Uuannapolis.org

PERFORMING ARTS

The Washington Ballet Presents The Sleeping Beauty at The John F. Kennedy Center for the Performing Arts, Washington. 2 p.m. & 8 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Peter and the Wolf at Joseph Meyerhoff Symphony Hall, Baltimore. 11 a.m. Prices vary. 410-783-8000. Bsmusic.org (F)

Peter and the Wolf Luncheon at Joseph Meyerhoff Symphony Hall, Baltimore. 12 p.m. Prices vary. 410-783-8000. Bsmusic.org (F)

George Lopez: The Wall at Modell Performing Arts Center at the Lyric, Baltimore. 8 p.m. Prices vary. 410-900-1150. Modell-lyric.com

Jonathan Van Ness: Road to Beijing at The Hippodrome Theatre, Baltimore. 7 p.m. Prices vary. 800-982-2787. France-merrickpac.com

Gaetano Donizetti La Fille du Régiment at Avalon Theatre, Easton. 1 p.m. \$21. Avalonfoundation.org

JQA at Arena Stage, Washington. (See 3/1).

Man of La Mancha at Compass Rose Theater, Annapolis. 2 p.m. & 8 p.m. \$25-41. 410-980-6662. Compassrosetheatre.org

Oil at Olney Theatre, Olney. (See 3/1).

The Women of Lockerbie at Bowie Theatre, Bowie. (See 3/1).

Finding Neverland at The National Theatre, Washington. 2 p.m. & 8 p.m. Prices vary. 202-628-6161. Thenationaldc.org

Once at Olney Theatre, Olney. 2 p.m. & 8 p.m. Prices vary. 301-924-3400. Olneytheatre.org

Richard The Third at Shakespeare Theatre Company, Washington. 2 p.m. & 8 p.m. Prices vary. 202-547-1122. Shakespearetheatre.org

The Heiress at Arena Stage, Washington. 2 p.m. & 8 p.m. Prices vary. 202-554-9066. Arenastage.org

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

The Effect at Fells Point Corner Theatre, Baltimore. (See 3/1).

SPORTS

Navy Men's Lacrosse vs Bucknell at Navy-Marine Corps Memorial Stadium, Annapolis. 3 p.m. Prices vary. 1-800-874-6289. Navysports.com (F)

Navy Women's Lacrosse vs Florida at Navy-Marine Corps Memorial Stadium, Annapolis. 11 a.m. Free. 1-800-874-6289. Navysports.com (F)

Sunday
3

SPECIAL EVENTS

Yoga and Whiskey at Sagamore Spirit Distillery, Baltimore. 10-11:30 a.m. \$20. 410-624-7488. Sagamore-spirit.com

Murder Mystery Dinner Party at Primo Pasta, Pasadena. 2-6 p.m. \$80. Whatsuptix.com (TIX)

Monster Jam at Royal Farms Arena, Baltimore. 1 p.m. Prices vary. 410-347-2020. Royal-farmsarena.com (F)

Dan Benarik: Design Principles of the Pros at Chesapeake Bay Foundation, Annapolis. 3 p.m. \$60 in advance, \$65 at the door. Cbf.org

Naval Academy Primary School Open House at Naval Academy Primary School, Annapolis. 1 p.m. Free. Naps.napschool.com

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. Prices vary. Downtownannapolispartnership.org

A Hawk's Tail: Falcon Demonstration at Conquest Beach Park, Centerville. 10 a.m.-12 p.m. \$15. Qac.org

MUSIC

Zhu at Rams Head Live!, Baltimore. 8 p.m. \$30 in advance, \$35 day of show. 410-244-1131. Ramsheadlive.com

Jacquess at Fillmore Silver Spring, Silver Spring. 8 p.m. Prices vary. 301-960-9999. Fillmoresilver.com

Gaby Moreno at Rams Head On Stage, Annapolis. 8 p.m. \$21.50. 410-268-4545. Ramsheadonstage.com

Citizen Cope at 9:30 Club, Washington. 7 p.m. \$45. 202-265-0930. 930.com

PERFORMING ARTS

The Washington Ballet Presents The Sleeping Beauty at The John F. Kennedy Center for the Performing Arts, Washington. 2 p.m. & 7 p.m. Prices vary. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. 2 p.m. & 7:30 p.m. Prices vary. 202-554-9066. Arenastage.org

Man of La Mancha at Compass Rose Theater, Annapolis. 2 p.m. \$25-41. 410-980-6662. Compass-rosetheater.org

Oil at Olney Theatre, Olney. 1:45 p.m. Prices vary. 301-924-3400. Olneytheatre.org

The Women of Lockerbie at Bowie Theatre, Bowie. 2 p.m. \$17-22. 301-805-0219. Botheatre.com

Finding Neverland at The National Theatre, Washington. 2 p.m. & 7:30 p.m. Prices vary. 202-628-6161. Thenationaldco.org

Once at Olney Theatre, Olney. 2 p.m. Prices vary. 301-924-3400. Olneytheatre.org

Richard The Third at Shakespeare Theatre Company, Washington. 7 p.m. Prices vary. 202-547-1122. Shakespearetheatre.org

The Heiress at Arena Stage, Washington. 7:30 p.m. Prices vary. 202-554-9066. Arenastage.org

The Merry Wives of Windsor at The Colonial Players, Annapolis. 2 p.m. \$23. 410-268-7373. Thecolonialplayers.org

The Effect at Fells Point Corner Theatre, Baltimore. 2p.m. Prices vary. Fpct.org

SPORTS

Washington Wizards vs. Minnesota Timberwolves at Capital One Arena, Washington. 6 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Monday

4

SPECIAL EVENTS

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. Prices vary. Downtownannapolispartnership.org

MUSIC

Young Concert Artists Presents SooBeen Lee, violin at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$20-45. 202-467-4600. Kennedy-center.org

Tuesday

5

SPECIAL EVENTS

Half Pint Kids Club: Pancake Animal Faces at Whole Foods Market Annapolis, Annapolis. 11-11:45 a.m. \$5.00 per child. 410-573-1800. (F)

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. Prices vary. Downtownannapolispartnership.org

MUSIC

WET and Kilo Kish at 9:30 Club, Washington. 7 p.m. \$25. 202-265-0930. 930.com

Fortas Chamber Music Concerts: Shai Wosner and Orion Weiss at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$45. 202-467-4600. Kennedy-center.org

A Boogie Wit da Hoodie with Don Q & Trap Manny at Fillmore Silver Spring, Silver Spring. 8 p.m. Prices vary. 301-960-9999. Fillmoresilver.com

An Evening With Fleetwood Mac at Capital One Arena, Washington. 8 p.m. Prices vary. 202-628-3200. Capitalonearena.com

PERFORMING ARTS

JQA at Arena Stage, Washington. 7:30 p.m. Prices vary. 202-554-9066. Arenastage.org

Richard The Third at Shakespeare Theatre Company, Washington. 7:30 p.m. Prices vary. 202-547-1122. Shakespearetheatre.org

Richard The Third at Shakespeare Theatre Company, Washington. (See 3/5).

The Heiress at Arena Stage, Washington. (See 3/3).

SPORTS

Navy Men's Lacrosse vs Princeton at Navy-Marine Corps Memorial Stadium, Annapolis. 4 p.m. Prices vary. 1-800-874-6289. Navysports.com (F)

Wednesday

6

SPECIAL EVENTS

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. \$5. 443-842-7000. Marylandlivecasino.com

Carvel Hall: "A Showplace of Colonial Charm" at William Paca House and Garden, Annapolis. 12-2 p.m. Free for HA Docents and Docents-in-Training, \$5 HA Members and Volunteers; \$10 General Admission. Annapolis.org

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. Prices vary. Downtownannapolispartnership.org

MUSIC

George Winston at Francis Scott Key Auditorium, St. John's College, Annapolis. 8 p.m. \$40-55. 410-268-4545. Ramsheadonstage.com

One Ok Rock at Rams Head Live!, Baltimore. 7:30 p.m. \$29.50 in advance, \$35 day of show. 410-244-1131. Ramsheadlive.com

Chelsea Cutler at 9:30 Club, Washington. 7 p.m. - \$20. 202-265-0930. 930.com

Washington Performing Arts presents Steven Isserlis, cello at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. - \$55. 202-467-4600. Kennedy-center.org

Christopher Cross: "Take Me As I Am" Tour 2019 at Rams Head On Stage, Annapolis. 8 p.m. \$59.50. 410-268-4545. Ramsheadonstage.com

Ronnie Hastings, Composition: Rock n' Roll - Senior Recital at Gibson Center for the Arts, Chestertown. 7:30 p.m. Free. 410-778-7839. Washcoll.edu

PERFORMING ARTS

JQA at Arena Stage, Washington. (See 3/5).

Oil at Olney Theatre, Olney. (See 3/3).

Queen of Basel at Studio Theatre, Washington. 8 p.m. Prices vary. 202-332-3300. Studiotheatre.org

Once at Olney Theatre, Olney. (See 3/1).

Richard The Third at Shakespeare Theatre Company, Washington. 12 p.m. Prices vary. 202-547-1122. Shakespearetheatre.org

The Heiress at Arena Stage, Washington. 12 p.m. & 7:30 p.m. Prices vary. 202-554-9066. Arenastage.org

WORLD STAGES: Cirkus Cirkör: Limits at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. \$19-75. 202-467-4600. Kennedy-center.org

SPORTS

Washington Wizards vs. Dallas Mavericks at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Navy Women's Lacrosse vs Boston College at Navy-Marine Corps Memorial Stadium, Annapolis. 7 p.m. Free. 1-800-874-6289. Navysports.com (F)

Thursday

7

SPECIAL EVENTS

AACC College Fair at Anne Arundel Community College, Arnold. 6-8 p.m. Free. 410-777-1999. Aacc.edu

Ladies Night Out at Downtown Cambridge, Cambridge. 4-7 p.m. Free. Downtown-cambridge.org

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. - Prices vary. Downtownannapolispartnership.org

BIG INK at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through April 26th, 2019. Free. 410-263-5544. Marylandhall.org

Making Our Mark: Washington Print Club at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through April 21st, 2019. Free. 410-263-5544. Marylandhall.org

Artwork by Joanne S. Scott: 60 Year Retrospective at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through April 26th, 2019. Free. 410-263-5544. Marylandhall.org

Winter Speaker Series: Towns in the Colonial Chesapeake at Chesapeake Bay Maritime Museum, St. Michaels. 2-4 p.m. \$7.50. 410-745-2916. Cbmm.org

MUSIC

Max Weinberg's Jukebox at Rams Head On Stage, Annapolis. 8:30 p.m. \$55. 410-268-4545. Ramsheadonstage.com

Graveyard and Uncle Acid & The Deadbeats at Rams Head Live!, Baltimore. 7 p.m. \$25 in advance, \$30 day of show. 410-244-1131. Ramsheadlive.com

JJ Grey & Mafro at 9:30 Club, Washington. 7 p.m. \$30. 202-265-0930. 930.com

National Symphony Orchestra: Eschenbach returns with Glorious Bruckner / Acclaimed cellist Kian Soltani plays Haydn at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. \$15-89. 202-467-4600. Kennedy-center.org

Heart & Music at Oxford Community Center, Oxford. 6 p.m. \$25 for adults, \$10 for students. Forallseasonsinc.org (C)

The Honey Dewdrops at Avalon Theatre, Easton. 7 p.m. \$25. 410-822-0345. Avalonfoundation.org

Mid-Atlantic Symphony Orchestra Spring Concert at Easton Church of God, Easton. 7:30 p.m. \$45. 410-289-3440. Midatlanticsymphony.org

PERFORMING ARTS

WORLD STAGES: Cirkus Cirkör: Limits at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. \$19-75. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/1).

Man of La Mancha at Compass Rose Theater, Annapolis. 7 p.m. \$25-41. 410-980-6662. Compass-rosetheater.org

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

Once at Olney Theatre, Olney. (See 3/1).

The Heiress at Arena Stage, Washington. (See 3/1).

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

Friday

8

SPECIAL EVENTS

MLM Mastermind at Capital Financial Partners, Annapolis. 3-5 p.m. First Meeting Free. 703-439-7804. Annapolismcmim.eventbrite.com

Interactive Story Time at Rockbridge Academy (K-3 Campus), Crownsville. 10 a.m. - Free. 410-923-1171. Rockbridge.org (F)

On Stage

Annapolis

The Merry Wives of Windsor

Colonial Players of Annapolis; Now through March 23rd, 2019; \$23; Colonialplayers.org; 410-268-7373 Set in the free-wheeling, conspicuous consumption-driven, suburban lifestyle of the 1980s, this Shakespearean comedic farce will feature all the music, fashion, and cultural references of the 1980s, but with the language and characters that we love.

Pride and Prejudice

Annapolis Shakespeare Company; March 16th through April 1st, 2019; Prices vary; Annapolisshakespeare.org; 410-415-3513 Annapolis Shakespeare Company's adaptation of the beloved Jane Austen classic romantic comedy will delight everyone with its sharp and clever dialog, and the enduring theme of how perceptions and misperceptions shape romance.

Man of La Mancha

Compass Rose Theater; March 1st through March 31st, 2019; \$25-41; Compassrosetheater.org; 410-980-6662 The Legend of Don Quixote. Whether he is battling real giants or tilting at windmills, his search for the right keeps us dreaming of conquering evil forever.

Baltimore

Henry IV, Part II

Chesapeake Shakespeare Company; March 15th through April 7th, 2019; Prices vary; Chesapeake-shakespeare.com; 410-244-8570 *Henry IV* tells the spellbinding chronicle of the roguish Prince Hal, who is pulled between the magnetic, funny, and dissolute Falstaff and his dutiful and despondent father, King Henry.

Dinner with Friends

Everyman Theatre; March 12th through April 7th, 2019; Prices vary; Everymantheatre.org Like any culinary trend, relationships are destined to evolve over time—but can the recipe of friendship retain its zest if the key ingredients begin to change? A fabulous dinner at the home of food writers Gabe and Karen proves hard to swallow when Beth drops the bomb that husband Tom wants out of their 12-year marriage. Suddenly, both couples find themselves grappling with questions of loyalty, individuality, and commitment.

D.C.

JQA

Arena Stage; March 1st through April 14th, 2019; Prices vary; Arenastage.org; 202-554-9066 Complicated, passionate, and difficult, John Quincy Adams was a brilliant diplomat, ineffectual one-term president and congressman known for his eloquence, arrogance, and integrity. This unique, highly-theatrical play imagines key confrontations between JQA and some of America's most dynamic figures: George Washington, Andrew Jackson, Frederick Douglass, Abraham Lincoln, his own father, John Adams, and more.

A Bronx Tale

National Theatre; March 26th through March 31st, 2019; \$54-114; Thenationaldc.org; 202-628-6161 Broadway's hit crowd-pleaser takes you to the stoops of the Bronx in the 1960s, where a young man is caught between the father he loves and the mob boss he'd love to be.

Queen of Basel

Studio Theatre; March 3rd through April 7th, 2019; Prices vary; Studiotheatre.org; 202-332-3300 A bold and Spanish-infused take on Strindberg's *Miss Julie*, set in the back kitchen of a Miami hotel during a night of debauchery. *Queen of Basel* offers a clear-eyed and chilling look at the limits of freedom in the face of American realities of citizenship, race, gender, and class.

West County

The Women of Lockerbie

Bowie Theatre; March 1st through March 17th, 2019; \$17-22; Bctheatre.com; 301-805-0219 *The Women of Lockerbie* takes place seven years after the 1988 disaster in which an American airliner was destroyed over Lockerbie, Scotland, apparently by a terrorist bomb. The Livingstons have come to Lockerbie for a memorial service that is being held for the families of the victims. They meet the women of Lockerbie who are determined to convert an act of hatred into an act of love by washing and returning the clothes to the victims' families.

Oil

Olney Theatre Company; Now through March 31st, 2019; Prices vary; Olneytheatre.org; 301-924-3400 This genre-busting American premiere follows mothers and daughters over two centuries, from the dawn of the age of oil in 1889 to its "peak-oil" demise sometime in the not-too-distant future. In five separate but connected playlets, a single mother named May defies the odds to provide for her daughter Amy by any means necessary. From Cornwall to Tehran, London, Baghdad, and back, the mother-daughter power struggle evolves and shifts, even as the resources that fuel it (and the rest of the world) begin to dwindle.

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. Prices vary. Downtownannapolispartnership.org

Rise Up: Stonewall and the LGBTQ Rights Movement at Newseum, Washington. 9 a.m.-5 p.m. (Mon.-Sat.), 10 a.m.-5 p.m. (Sun.). Now through January 5th, 2020. Prices vary. 202-292-6100. Newseum.org

Workforce Inclusion Talks - Lunch & Learn at The Talbot County Chamber of Commerce, Easton. 12 p.m. Free for Chamber members. 410-269-1883. Thearccoc.org

MUSIC

Broken Arrow: A Tribute to Neil Young at Rams Head On Stage, Annapolis. 8 p.m. \$20. 410-268-4545. Rams-headonstage.com

Saved by the 90s with The Bayside Tigers at Rams Head Live!, Baltimore. 7 p.m. \$12.50 in advance, \$15 day of show. 410-244-1131. Ramsheadlive.com

Scheherazade at Joseph Meyerhoff Symphony Hall, Baltimore. 8 p.m. Prices vary. 410-783-8000. Bsomusic.org

NEA Jazz Master Dianne Reeves at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. & 9 p.m. \$49. 202-467-4600. Kennedy-center.org

West Coast High 2019 ft. Cypress Hill and Hollywood Undead with Demrick at Fillmore Silver Spring, Silver Spring. 7:30 p.m. Prices vary. 301-960-9999. Fillmore-silver-spring.com

James Bay at The Anthem, Washington. 8 p.m. \$45-75. 202-888-0020. Theanthemdc.com

An Evening with The Mavericks at Lincoln Theater, Washington. 8:30 p.m. \$45-55. 202-888-0050. TheLincolndc.com

Heart & Music at Oxford Community Center, Oxford. 8 p.m. \$25 for adults, \$10 for students. Forallseasonsinc.org (C)

AACC Music Faculty Recital at Anne Arundel Community College, Arnold. 7:30 p.m. \$10 general admission, \$7 for AACC faculty/staff/seniors/active military/groups, free for students. 410-777-2457. Aacc.edu

PERFORMING ARTS

Guided Rehearsal: Faust at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. \$15. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/1).

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/1).

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

Love, Loss and What I Wore at St. Peter's Fellowship Hall, Solisbury. 7 p.m. \$10. Communityplayersofsalisbury.org

The Women of Lockerbie at Bowie Theatre, Bowie. (See 3/1).

Once at Olney Theatre, Olney. (See 3/1).

Richard The Third at Shakespeare Theatre Company, Washington. (See 3/1).

The Heiress at Arena Stage, Washington. (See 3/1).

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

The Effect at Fells Point Corner Theatre, Baltimore. (See 3/1).

SPORTS

Washington Capitals vs. New Jersey Devils at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Saturday

9

SPECIAL EVENTS

Saturday Wine Tasting at Wine Cellars of Annapolis, Annapolis. 11 a.m.-4 p.m. Free. 410-216-9080. Winecellarsofannapolis.com

Four Centuries Walking Tour at City Dock, Annapolis. 1:30 p.m. \$20 for adults, \$10 for children ages 3-11, free for children age 2 and under. 410-268-7601. Annapolis-tours.com

Beginner Level Amateur Radio Training at Anne Arundel Radio Club, Davidsonville. 8:30 a.m.-12 p.m. Free. W3vpr.org

The 2019 Annapolis St. Patrick's Hooley at Loews Annapolis Hotel, Annapolis. 6-10 p.m. Prices vary. Naptownevents.com

Gigi's Playhouse Masquerade Gala at The Byzantium Event Center, Annapolis. 7-11 p.m. Prices vary. Gigisplayhouse.org/Annapolis (C)

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. Prices vary. Downtownannapolispartnership.org

Chesapeake Christian School "Field of Dreams" 2019 Dinner and Silent Auction at Chesapeake Christian School, Easton. 5:30 p.m. \$25 in advance, \$35 after February 15th. 410-310-8742. Chesapeakechristian.org

MUSIC

Dr. Dog at Rams Head Live!, Baltimore. 9 p.m. \$20-25 in advance, \$30 day of show. 410-244-1131. Ramsheadlive.com

Scheherazade at The National Philharmonic Music Center at Strathmore, North Bethesda. 8 p.m. Prices vary. 410-783-8000. Bsmusic.org

Sophie Buskin at The Mainstay, Rock Hall. 8 p.m. \$18. 410-639-9133. Mainstayrock-hall.org

The Motet at 9:30 Club, Washington. 8 p.m. \$20. 202-265-0930. 930.com

National Symphony Orchestra: Eschenbach returns with Glorious Bruckner / Acclaimed cellist Kian Soltani plays Haydn at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. \$15-89. 202-467-4600. Kennedy-center.org

NEA Jazz Master Dianne Reeves at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. & 9 p.m. \$49. 202-467-4600. Kennedy-center.org

Whiskey Myers - Die Rockin' Tour with Bones Owens at Fillmore Silver Spring, Silver Spring. 8 p.m. Prices vary. 301-960-9999. Fillmoresilver-spring.com

Robyn at The Anthem, Washington. 7 p.m. \$55-75. 202-888-0020. Theanthem-dc.com

Alice Smith at Lincoln Theater, Washington. 8 p.m. \$35. 202-888-0050. Thelincolndc.com

Heart & Music at Oxford Community Center, Oxford. 8 p.m. \$25 for adults, \$10 for students. Forallseasonsinc.org (C)

High Voltage at Avalon Theatre, Easton. 8 p.m. \$25. 410-822-0345. Avalonfoundation.org

Music 4 Maryland featuring Noah Guthrie & Priddy Music Academy at Metropolitan Kitchen & Lounge, Annapolis. 7 p.m. \$30. 443-257-2582. Whatsuptix.com (C) (TIX)

PERFORMING ARTS

Washington National Opera: Eugene Onegin at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Comedian Jeff Richards of SNL at Rams Head On Stage, Annapolis. 7 p.m. \$25. 410-268-4545. Ramsheadon-stage.com

WORLD STAGES: Cirkus Cirkör: Limits at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. \$19-75. 202-467-4600. Kennedy-center.org

Jared Freid at The John F. Kennedy Center for the Performing Arts, Washington. 9 p.m. \$20. 202-467-4600. Kennedy-center.org

John Crist: The Human Being Tour at Modell Performing Arts Center at the Lyric, Baltimore. 2:30 p.m. & 7:30 p.m. Prices vary. 410-900-1150. Modell-lyric.com

The Classic Rock Experience: Dinner and a Show at Wicomico Youth & Civic Center, Salisbury. 5 p.m. \$35 in advance, \$40 at the door. 410-548-4900. Wicomicociviccenter.org

JQA at Arena Stage, Washington. 2 p.m. & 8 p.m. Prices vary. 202-554-9066. Arenastage.org

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/2).

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

The Women of Lockerbie at Bowie Theatre, Bowie. 2 p.m. & 8 p.m. \$17-22. 301-805-0219. Bctheatre.com

Once at Olney Theatre, Olney. (See 3/2).

Richard The Third at Shakespeare Theatre Company, Washington. (See 3/2).

The Heiress at Arena Stage, Washington. (See 3/2).

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

The Effect at Fells Point Corner Theatre, Baltimore. (See 3/1).

Sunday

10

SPECIAL EVENTS

Open Studio: Book Arts Studio at Academy Arts Museum Of Easton, Easton. 1-4 p.m. TBD. 410-822-2787. Academyartmuseum.org

Yoga and Whiskey at Sagamore Spirit Distillery, Baltimore. 10 -11:30 a.m. \$20. 410-624-7488. Sagamore-spirit.com

Tubman Trail and Swamps Haunted Tour at Long Wharf Dock, Cambridge. 1:30 p.m. \$35. Chesapeakeghosts.com

Annapolis Restaurant Week at Downtown Annapolis, Annapolis. 9 a.m. Prices vary. Downtownannapolispartnership.org

Under Armour KELLY St. Patrick's Day Shamrock 5K at Downtown Baltimore, Baltimore. 11p p.m. \$50. Charmcityrun.com

Annapolis St. Patrick's Day Parade at Downtown Annapolis, Annapolis. 1 p.m. Free. Naptownevents.com (F)

ChiliFest 2019 at Doubletree Hotel, Annapolis. 1-4 p.m. \$25 for adults, \$10 for children. Friendslhs.org (C)

Drawing in Tintoretto's Venice at National Gallery of Art, Washington. 10 a.m.-5 p.m. (Mon.-Sat.), 11 a.m.-6 p.m. (Sun.). Free. Now through May 26th, 2019. Nga.gov

40th Anniversary Gala at Annapolis Waterfront Hotel, Annapolis. 4:30-9 p.m. Prices vary. 410-224-5644. Ballet-maryland.org

MUSIC

Scheherazade at Joseph Meyerhoff Symphony Hall, Baltimore. 3 p.m. Prices vary. 410-783-8000. Bsmusic.org

Heart & Music at Oxford Community Center, Oxford. 2 p.m. \$25 for adults, \$10 for students. Forallseasonsinc.org (C)

AURORA at Lincoln Theater, Washington. 8 p.m. \$25. 202-888-0050. Thelincolndc.com

An Intimate Evening of Songs with Graham Nash at Avalon Theatre, Easton. 7 p.m. \$60-125. 410-822-0345. Avalonfoundation.org

Mid-Atlantic Symphony Orchestra Spring Concert at Community Church, Ocean Pines. 3 p.m. \$45. 410-289-3440. Midatlanticsymphony.org

PERFORMING ARTS

JQA at Arena Stage, Washington. (See 3/3).

Henry IV, Part I at Chesapeake Shakespeare Company, Baltimore. 2 p.m. Prices vary. 410-244-8570. Chesapeake-shakespeare.com

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/3).

Oil at Olney Theatre, Olney. (See 3/3).

Queen of Basel at Studio Theatre, Washington. 2 p.m. Prices vary. 202-332-3300. Studiotheatre.org

The Women of Lockerbie at Bowie Theatre, Bowie. (See 3/3).

Once at Olney Theatre, Olney. (See 3/3).

Richard The Third at Shakespeare Theatre Company, Washington. 2 p.m. Prices vary. 202-547-1122. Shakespearetheatre.org

The Heiress at Arena Stage, Washington. 2 p.m. Prices vary. 202-554-9066. Arenastage.org

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/3).

The Effect at Fells Point Corner Theatre, Baltimore. (See 3/3).

SPORTS

Washington Capitals vs. Winnipeg Jets at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Monday

11

SPECIAL EVENTS

Open Portrait Studio at Academy Arts Museum Of Easton, Easton. 1 p.m.-3:30 p.m. TBD. 410-822-2787. Academyart-museum.org

B2C Mastermind at Anne Arundel Chamber of Commerce, Annapolis. 9-11 a.m. First Meeting Free. 703-439-7804. Annapolismmcb2c.eventbrite.com

MUSIC

Robert Cray Band at Rams Head On Stage, Annapolis. 8 p.m. \$72.50. 410-268-4545. Ramsheadonstage.com

J Boog at 9:30 Club, Washington. 7 p.m. \$25. 202-265-0930. 930.com

Jethro Tull at MGM National Harbor, Oxon Hill. 8 p.m. Prices vary. 301-971-5000. Mgmnationalharbor.com

SPORTS

Washington Wizards vs. Sacramento Kings at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Tuesday

12

SPECIAL EVENTS

Premier Planning Group Seminar at Café Bretton, Severna Park. 6:30 p.m. Free. 443-837-2520. Premierplanninggroup.com

Half Pint Kids Club: Mini Waffle Sandwiches at Whole Foods Market Annapolis, Annapolis. 11 a.m. \$5 per child. 410-573-1800. (F)

MUSIC

Robert Cray Band at Rams Head On Stage, Annapolis. 8 p.m. \$24.50. 410-268-4545. Ramsheadonstage.com

Josh Dukes and Dylan Foley at Talbot County Senior Center, Easton. 12 p.m. Free. 410-822-2869. Talbotcountymd.gov

Travis Scott: Astroworld - Wish You Were Here Tour 2 at Capital One Arena, Washington. 8 p.m. Prices vary. 202-628-3200. Capitalonearena.com

Trevor Hall at 9:30 Club, Washington. 6:30 p.m. \$28. 202-265-0930. 930.com

Fortas Chamber Music Concerts: Takács Quartet with Garrick Ohlsson at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$45. 202-467-4600. Kennedy-center.org

PERFORMING ARTS

Sundance Institute - Theater from the Middle East and North Africa: Jogging at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$15. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/5).

Dinner with Friends at Everyman Theatre, Baltimore. 7:30 p.m. Prices vary. Everymantheatre.org

Queen of Basel at Studio Theatre, Washington. (See 3/6).

Wednesday

13

SPECIAL EVENTS

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. \$5. 443-842-7000. Marylandlivecasino.com

Stroke Support Group at Bowie Senior Center, Bowie. 1 p.m.-3 p.m. Free. 301-552-8144. Dohweb.org

St. Anne's School Open House at St. Anne's School, Annapolis. 9:30-11 a.m. Free. 410-263-8650. Stannesschool.org

Premier Planning Group Seminar at Café Bretton, Severna Park. 6:30 p.m. Free. 443-837-2520. Premierplanninggroup.com

Spring Fling- Lemons are a Thing at Whole Foods Market Annapolis, Annapolis. 6:30 p.m. 8:30 p.m. \$45. 410-573-1800.

Exhibitions

Annapolis

New Hope

What's Up? Media; Now through April 12th, 2019; Free admission; Whatsupmag.com; 410-266-6287

What's Up? Media, in partnership with the Arts Council of Anne Arundel County, invites Anne Arundel County residents to take part in its newest exhibition, *New Hope*. Artists were given the title of the exhibit, but used their own creative imagination to interpret what the theme meant to them.

Cindy Fletcher Holden

The Galleries at Quiet Waters Park; Now through March 31st, 2019; \$6; Fqwp.org; 410-222-177 A

1983 graduate of Maryland Institute of Art, Cindy Fletcher Holden is an Annapolis native and owner of Fletcher Art Studio, specializing in paintings, wall murals, and lettering. In this exhibit are oil paintings, both large and small. The large paintings are celebrations of color, composition, and objects that define our life, work, or home. The small paintings are inspired by a two-year sailing adventure that included two ocean crossings and three continents.

BIG INK

Maryland Hall for the Creative Arts; March 7th through April 26th, 2019; Opening reception: March 14th, 5:30-7 p.m.; Free; Marylandhall.org; 410-263-5544

BIG INK is assembling a giant portable printing press at Maryland Hall for the sole purpose of helping artists print these woodblocks, some of which can reach nearly 4 x 8 feet in dimension. An exhibition of archived BIG INK prints, as well as those printed at Maryland Hall in March will be on display.

Making Our Mark: Washington Print Club

Mitchell Gallery, St. Johns College; March 7th through April 21st, 2019; Free; Sjc.edu; 410-626-2556

The artists, eight regionally prominent printmaking artists, became friends and colleagues in the 1990s and early 2000s, as members of the Washington Printmakers Gallery. They have been active in the D.C. area for many years, producing hand-pulled prints in traditional and state-of-the-art techniques, from woodcut and etching to solar plate and paper lithography. The show, consequently, features several varieties of printmaking, although each artist has contributed pieces in other media.

Artwork by Joanne S. Scott: 60 Year Retrospective

Maryland Hall for the Creative Arts; March 7th through April 26th, 2019; Opening reception: March 16th, 5:30-7 p.m.; Free; Marylandhall.org; 410-263-5544

Joanne S. Scott was one of the cofounders of Maryland Hall for the Creative Arts in 1978. Her career as an artist and poet spans 60 years and includes mediums from acrylic and watercolor to lithography, etching, and other printmaking techniques. This retrospective reflects Scott's love of the outdoors. Her poetry, which will be showcased in the exhibition, was inspired by her time spent in Annapolis raising her family and sailing its waters. The book was illustrated by her late husband David.

Wil Scott: Monochrome

Maryland Theatre for the Performing Arts; Now through March 31st, 2019; Free; Mpta-annapolis.org; 410-626-6055 This is the first exhibition of Wil Scott's evocative work in black, white, and monochrome.

D.C.

Drawing in Tintoretto's Venice

National Gallery of Art; March 10th through May 26th, 2019; Free; Nga.gov; 202-737-4215 This is the first exhibition to focus specifically on Tintoretto's work as a draftsman. *Drawing in Tintoretto's Venice* provides new ideas about his evolution as a draftsman, about the dating and function of the so-called sculpture drawings, and about Tintoretto's place in the Venetian tradition.

Votes for Women:

A Portrait of Persistence

National Portrait Gallery; Now through January 5th, 2020; Free; Npg.si.edu; 202-633-8300

Through portraiture, biography, and material culture, the exhibition examines the contributions of the radical women in antislavery societies; women activists of the late nineteenth century; the "New Woman" of the turn of the century; and the militant suffragists of the 1910s.

Rise Up: Stonewall and the LGBTQ Rights Movement

Newseum; March 8th through January 5th, 2020; Prices vary; Newseum.org; 202-292-6100

Rise Up: Stonewall and the LGBTQ Rights Movement is an exhibit that will explore the modern gay rights movement in the United States, and marks the 50th anniversary of a June 1969 police raid of the Stonewall Inn in New York's Greenwich Village. The exhibit explores what happened at the Stonewall Inn and how it gave rise to a 50-year fight for civil rights for LGBTQ Americans.

Artists Respond: American Art and the Vietnam War, 1965 to 1975

Smithsonian American Art Museum; March 15th through August 18th, 2019; Free;

American.si.edu; 202-633-7970 *Artists*

Respond: Art and America's War, 1965 to 1975 explores artistic reactions to the Vietnam War created during the height of the U.S. intervention in Southeast Asia.

Tiffany Chung: Vietnam, Past is Prologue

Smithsonian American Art Museum; March 15th through September 2nd, 2019; Free; American.si.edu; 202-633-7970 The Smithsonian

American Art Museum has invited internationally acclaimed artist Tiffany Chung to present work that responds to the Vietnam War, and its legacy on the culture and population of the United States. Based in painstaking primary research, *Vietnam, Past Is Prologue* is broad and richly textured, illuminating both the war's scale and the personal stakes of people affected by it.

↑ Ursula von Rydingsvard: The Contour of Feeling

National Museum of Women in the Arts; March 22nd through July 28th, 2019; \$10 for adults, \$8 for seniors and students, free for youth under 18; Nmwa.org; 202-783-5000 Monumental wood sculptures by Ursula von Rydingsvard (b. 1942, Deensen, Germany) evoke the grandeur and power of nature. They simultaneously bear evidence of the artist's meticulous process of cutting, shaping, and assembling thousands of cedar blocks. *The Contour of Feeling* focuses on von Rydingsvard's artistic development since 2000 and her continued commitment to experimentation.

Homeschool: People of London Town at Historic London Town and Gardens, Edgewater. 10 a.m.-12 p.m. \$8 for members, \$10 for non-members. 410-222-1919. Historiclondontown.org (F)

MUSIC

Adrian Belew at Rams Head On Stage, Annapolis. 8 p.m. \$35. 410-268-4545. Rams-headonstage.com

Smallpools at 9:30 Club, Washington. 7 p.m. \$25. 202-265-0930. 930.com

Sundance Institute - Theater from the Middle East and North Africa: Jogging at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$15. 202-467-4600. Kennedy-center.org

The Noise Presents NOTHING MORE - The Truth Tour with Of Mice and Men, Badflower & Palisades at Fillmore Silver Spring, Silver Spring. 6:30 p.m. Prices vary. 301-960-9999. Fillmoresilverpring.com

Hozier: Wasteland, Baby! Tour at The Hippodrome Theatre, Baltimore. 8 p.m. Prices vary. 800-982-2787. France-merrickpac.com

PERFORMING ARTS

JQA at Arena Stage, Washington. 12 p.m. & 7:30 p.m. Prices vary. 202-554-9066. Arenastage.org

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. 8 p.m. Prices vary. 410-244-8570. ChesapeakeShakespeare.com

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/12).

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

SPORTS

Washington Wizards vs. Orlando Magic at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Thursday

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SPECIAL EVENTS

Chesapeake Treasures Smocking Guild at Crofton Community Library, Crofton. 6:30 p.m.-9 p.m. First two visits free. 4107214112. chesapeake-treasures.org

Annapolis Striders March Social at Annapolis Market House, Annapolis. 6:30-8:30 p.m. Free. Annapolisstriders.org

Women in William Paca's Life at William Paca House and Garden, Annapolis. 10 a.m.-12 p.m. Free for HA docents and docents-in-training, \$5 for HA members and volunteers, \$10 for general admission. Annapolis.org

Ignite Annapolis #4 at Maryland Hall for the Creative Arts, Annapolis. 6:30 p.m. \$10. 410-263-5544. Marylandhall.org

Discover St. Anne's School at St. Anne's School, Annapolis. 9:30-11 a.m. Free. 410-263-8650. Stannesschool.org

MUSIC

TUSK: The Ultimate Fleetwood Mac Tribute at Rams Head On Stage, Annapolis. 8 p.m. \$38. 410-268-4545. Ramsheadonstage.com

Appalachian Spring at The National Philharmonic Music Center at Strathmore, North Bethesda. 8 p.m. Prices vary. 410-783-8000. Bsomusic.org

National Symphony Orchestra: Baroque & Beyond at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. \$15-89. 202-467-4600. Kennedy-center.org

3 Generaciones Tour ft: Oscar D Leon, Guaco, La Melodia & Annybell at Fillmore Silver Spring, Silver Spring. 8 p.m. Prices vary. 301-960-9999. Fillmoresilverspring.com

Bert Kreischer at Lincoln Theater, Washington. 4 p.m. & 10:30 p.m. \$37.50. 202-888-0050. TheLincolnDC.com

PERFORMING ARTS

WORLD STAGES: The Last Supper at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$15-35. 202-467-4600. Kennedy-center.org

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. (See 3/13).

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/7).

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/12).

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

SPORTS

The Original Harlem Globetrotters Fan Powered World Tour at Wicomico Youth & Civic Center, Salisbury. 7 p.m. \$19. 410-548-4900. Wicomicociviccenter.org (F)

Friday

15

SPECIAL EVENTS

Irish Bingo at Chesapeake Bay Environmental Center, Grasonville. 5:30-9:30 p.m. \$35 in advance, \$40 at the door. Bayrestoration.org (C)

Artists Respond: American Art and the Vietnam War, 1965-1975 at Smithsonian American Art Museum, Washington. 11:30 a.m.-7 p.m. daily. Free. Now through August 16th, 2019. 202-633-7970. Americanart.si.edu

Tiffany Chung: Vietnam, Past is Prologue at Smithsonian American Art Museum, Washington. 11:30 a.m.-7 p.m. daily. Free. Now through September 2nd, 2019. 202-633-7970. Americanart.si.edu

MUSIC

Appalachian Spring at Joseph Meyerhoff Symphony Hall, Baltimore. 8 p.m. Prices vary. 410-783-8000. Bsomusic.org

Mike Gordon at 9:30 Club, Washington. 8 p.m. \$30. 202-265-0930. 930.com

Legends of Hip-Hop at Royal Farms Arena, Baltimore. 8 p.m. Prices vary. 410-347-2020. Royalfarmsarena.com

National Symphony Orchestra: Baroque & Beyond at The John F. Kennedy Center for the Performing Arts, Washington. 11:30 a.m. \$15-89. 202-467-4600. Kennedy-center.org

Nicholas Payton: Afro-Caribbean Mixtape at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. \$30-40. 202-467-4600. Kennedy-center.org

Joe Bonamassa at Modell Performing Arts Center at the Lyric, Baltimore. 8 p.m. Prices vary. 410-900-1150. Modell-lyric.com

Van Hunt at Avalon Theatre, Easton. 8 p.m. \$25. 410-822-0345. Avalonfoundation.org

10 Summers Presents: The Debut Tour with Ella Mai with Kiana Ledé & Lucky Daye at Fillmore Silver Spring, Silver Spring. 8 p.m. Prices vary. 301-960-9999. Fillmoresilver-spring.com

Widespread Panic at MGM National Harbor, Oxon Hill. 8 p.m. Prices vary. 301-971-5000. Mgmnationalharbor.com

PERFORMING ARTS

WORLD STAGES: The Last Supper at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$15-35. 202-467-4600. Kennedy-center.org

Chris D'Elia: Follow The Leader Tour at Live! Casino & Hotel, Hanover. 8 p.m. Prices vary. 443-842-7000. Livecasinohotel.com

Opera Insight Series: Pre-Performance Talk: Carmen Conversations at Maryland Hall for the Creative Arts, Annapolis. 6:30 p.m. Prices vary. 410-280-5640. Annapolisopera.org

Annapolis Opera: Carmen at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. Prices vary. 410-280-5640. Annapolisopera.org

Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. 8 p.m. Prices vary. 410-415-3513. Annapolisshakespeare.org

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. (See 3/13).

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/7).

Dinner with Friends at Everyman Theatre, Baltimore. 8 p.m. Prices vary. Everyman-theatre.org

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

Love, Loss and What I Wore at Salisbury Wicomico Art Council, Salisbury. 7 p.m. \$10. Communityplayersofsalisbury.org

The Women of Lockerbie at Bowie Theatre, Bowie. (See 3/1).

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

The Effect at Fells Point Corner Theatre, Baltimore. (See 3/1).

SPORTS

Washington Wizards vs. Charlotte Hornets at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Saturday
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SPECIAL EVENTS

Four Centuries Walking Tour at City Dock, Annapolis. 10:30 a.m. & 1:30 p.m. (daily). \$20 for adults, \$10 for children ages 3-11, free for children age 2 and under. 410-268-7601. Annapolistouers.com

Hospice of the Chesapeake's 40th Anniversary Gala at Maryland Live! Casino, Hanover. 5:30 p.m.-11 p.m. \$275. Hospicechesapeake.org (C)

Beginner Level Amateur Radio Training at Anne Arundel Radio Club, Davidsonville. 8:30 a.m.-12 p.m. Free. w3vpr.org

18th Annual Eagle Festival at Blackwater National Wildlife Refuge, Cambridge. 9 a.m.-4 p.m. \$3-25 per vehicle. Friendsblackwater.org (F)

Farm to Table Pizza Night at Crow Vineyard & Winery, Kennedyville. 5-8 p.m. \$25. 302-304-0551. Crowvineyardandwinery.com

White Marsh Park Fishing Derby at White Marsh Park, Centreville. 8:30-11 a.m. \$5. Qac.org

B.I.G Book Sale at B.I.G. Warehouse, Annapolis. 8 a.m.-2 p.m. 410-757-2785. Big-books.org (C)

MUSIC

Appalachian Spring at Joseph Meyerhoff Symphony Hall, Baltimore. 8 p.m. Prices vary. 410-783-8000. Bsomusic.org

Teenage Fanclub at 9:30 Club, Washington. 8 p.m. \$30. 202-265-0930. 930.com

Kelly Clarkson at Royal Farms Arena, Baltimore. 7 p.m. Prices vary. 410-347-2020. Royalfarmsarena.com

National Symphony Orchestra: Baroque & Beyond at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. \$15-89. 202-467-4600. Kennedy-center.org

Crossroads Club: Nate Smith + KINFOLK with Van Hunt at The John F. Kennedy Center for the Performing Arts, Washington. 9 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Let Freedom Sing at Lincoln Theater, Washington. 4 p.m. & 8 p.m. \$25-65. 202-888-0050. TheLincolnDC.com

Bach's St. John Passion at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. \$18-51. 410-263-1906. Maryland-hall.org

DC101 Presents: The Inter-rupters with Masked Intruder, Ratboy at Fillmore Silver Spring, Silver Spring. 8 p.m. Prices vary. 301-960-9999. Fillmoresilverpring.com

Widespread Panic at MGM National Harbor, Oxon Hill. 8 p.m. Prices vary. 301-971-5000. Mgmnationalharbor.com

PERFORMING ARTS

WORLD STAGES: The Last Supper at The John F. Kennedy Center for the Performing Arts, Washington. 2 p.m. & 7:30 p.m. \$15-35. 202-467-4600. Kennedy-center.org

Washington National Opera: Faust at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. Prices vary. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/9).

Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. 8 p.m. Prices vary. 410-415-3513. Annapolisshakespeare.org

Henry IV, Part I at Chesapeake Shakespeare Company, Baltimore. (See 3/10).

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. (See 3/13).

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/2).

Dinner with Friends at Everyman Theatre, Baltimore. 2 p.m. & 8 p.m. Prices vary. Everymantheatre.org

Oil at Olney Theatre, Olney. 1:45 & 7:45 p.m. Prices vary. 301-924-3400. Olneytheatre.org

Queen of Basel at Studio Theatre, Washington. 2 p.m. & 8 p.m. Prices vary. 202-332-3300. Studiotheatre.org

The Women of Lockerbie at Bowie Theatre, Bowie. (See 3/1).

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

The Effect at Fells Point Corner Theatre, Baltimore. (See 3/1).

SPORTS

Washington Wizards vs. Memphis Grizzlies at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Sunday
17

SPECIAL EVENTS

Yoga and Whiskey at Sagamore Spirit Distillery, Baltimore. 10-11:30 a.m. \$20. 410-624-7488. Sagamore-spirit.com

St. Patrick's Day in St. Michaels at Town of St. Michaels. 12 p.m. TBA. Strimichaelsmd.gov (F)

MUSIC

Blue Miracle's St. Paddy's Day Bash! at Rams Head On Stage, Annapolis. 7 p.m. \$20. 410-268-4545. Rams-headonstage.com

Weezer X Pixies at Royal Farms Arena, Baltimore. 7 p.m. Prices vary. 410-347-2020. Royalfarmsarena.com

The Washington Chorus presents St. Patrick's Day Celebration at The John F. Kennedy Center for the Performing Arts, Washington. 3 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Widespread Panic at MGM National Harbor, Oxon Hill. 8 p.m. Prices vary. 301-971-5000. Mgmnationalharbor.com

Celtic Woman Ancient Land at The Hippodrome Theatre, Baltimore. 3 p.m. Prices vary. 800-982-2787. France-merickpac.com

The Hedgelawn Series presents Saxophonist Tae Hwang at The Mainstay, Rock Hall. 4 p.m. \$15. 410-639-9133. Mainstayrockhall.org

Jonathan McReynolds at 9:30 Club, Washington. 7 p.m. \$20. 202-265-0930. 930.com

PERFORMING ARTS

Washington National Opera: Eugene Onegin at The John F. Kennedy Center for the Performing Arts, Washington. 2 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Opera Insight Series: Pre-Performance Talk: Carmen Conversations at Maryland Hall for the Creative Arts, Annapolis. 1:30 p.m. Prices vary. 410-280-5640. Annapolisopera.org

Annapolis Opera: Carmen at Maryland Hall for the Creative Arts, Annapolis. 3 p.m. Prices vary. 410-280-5640. Annapolisopera.org

JQA at Arena Stage, Washington. 2 p.m. Prices vary. 202-554-9066. Arenastage.org

Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. 8 p.m. Prices vary. 410-415-3513. Annapolisshakespeare.org

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/3).

Dinner with Friends at Everyman Theatre, Baltimore. 2 p.m. & 7 p.m. Prices vary. Everymantheatre.org

Oil at Olney Theatre, Olney. (See 3/3).

Queen of Basel at Studio Theatre, Washington. 2 p.m. & 7 p.m. Prices vary. 202-332-3300. Studiotheatre.org

The Women of Lockerbie at Bowie Theatre, Bowie. (See 3/3).

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/3).

The Effect at Fells Point Corner Theatre, Baltimore. (See 3/3).

Monday
18

SPECIAL EVENTS

Rockbridge Academy Open House at Rockbridge Academy, Millersville. 8:30 a.m. Free. 410-923-1171. Rockbridge.org

MUSIC

In The Vane of Crosby, Stills & Nash at Rams Head On Stage, Annapolis. 7 p.m. \$100. 410-268-4545. Rams-headonstage.com

PERFORMING ARTS

Washington National Opera: Faust at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. Prices vary. 202-467-4600. Kennedy-center.org

SPORTS

Washington Wizards vs. Utah Jazz at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumental-sportsnetwork.com (F)

Tuesday
19

SPECIAL EVENTS

Half Pint Kids Club: Fruit & Cracker Flowers at Whole Foods Market Annapolis, Annapolis. 11 a.m. \$5 per child. 410-573-1800. (F)

PERFORMING ARTS

Literary House & Sophie Kerr Series: Living Writers - A Reading by Lidia Yuknavitch at Rose O'Neill Literary House, Chestertown. 4:30 p.m. Free. Kentcounty.com

Akiko Kitamura's Cross Transit at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. Prices vary. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/5).

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/12).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

Wednesday
20

Carmen

ANNAPOLIS OPERA

MARCH 15, 2019 | 8PM
MARCH 17, 2019 | 3PM

Tickets: 410.280.5640 | annapolisopera.org

Maryland Hall for the Creative Arts | 801 Chase Street, Annapolis, MD

Rockwell Collins
HOLDEN & CAMPBELL
M&T Bank
Maryland State Arts Council

SPECIAL EVENTS

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. \$5. 443-842-7000. Marylandlivecasino.com

MUSIC

T-Pain at Rams Head Live!, Baltimore. 8 p.m. \$26. 410-244-1131. Ramsheadlive.com
Massive Attack at The Anthem, Washington. 8 p.m. \$55-95. 202-888-0020. Theanthemdc.com
Reckless Kelly at Rams Head On Stage, Annapolis. 8 p.m. \$29.50. 410-268-4545. Ramsheadonstage.com

PERFORMING ARTS

Washington National Opera: Eugene Onegin at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. Prices vary. 202-467-4600. Kennedy-center.org
Sundance Institute - Theater from the Middle East and North Africa: Love, Bombs & Apples at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. Prices vary. 202-467-4600. Kennedy-center.org
José González & The String Theory at Lincoln Theater, Washington. 8 p.m. \$45. 202-888-0050. Thelincolndc.com

JQA at Arena Stage, Washington. (See 3/5).
Dinner with Friends at Everyman Theatre, Baltimore. 1 p.m. & 7:30 p.m. Prices vary. Everymantheatre.org
Oil at Olney Theatre, Olney. (See 3/1).
Queen of Basel at Studio Theatre, Washington. (See 3/6).

SPORTS

Washington Capitals vs. Tampa Bay Lightning at Capital One Arena, Washington. 7:30 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Thursday

21

SPECIAL EVENTS

Annapolis Film Festival at Maryland Hall for the Creative Arts, Annapolis. 12-10 p.m. \$145. Annapolisfilmfestival.com

MUSIC

Fortas Chamber Music Concerts: Benjamin Beilman in Recital at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$45. 202-467-4600. Kennedy-center.org
Norm Macdonald at Lincoln Theater, Washington. 7 p.m. \$35. 202-888-0050. Thelincolndc.com
Ball in the House at Avalon Theatre, Easton. 8 p.m. \$25. 410-822-0345. Avalonfoundation.org
Meek Mill at The Anthem, Washington. 8 p.m. \$49.50-75. 202-888-0020. Theanthemdc.com

Jungle at 9:30 Club, Washington. 7 p.m. \$25. 202-265-0930. 930.com
Walker Hayes with Filmore at Fillmore Silver Spring, Silver Spring. 8 p.m. Prices vary. 301-960-9999. Fillmoresilver-spring.com

PERFORMING ARTS

Sundance Institute - Theater from the Middle East and North Africa: Love, Bombs & Apples at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. Prices vary. 202-467-4600. Kennedy-center.org
Brian Regan at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. Prices vary. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/1).
Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/7).
Dinner with Friends at Everyman Theatre, Baltimore. (See 3/1/2).

Oil at Olney Theatre, Olney. (See 3/1).
Queen of Basel at Studio Theatre, Washington. (See 3/6).
The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

SPORTS

Washington Wizards vs. Denver Nuggets at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Friday

22

SPECIAL EVENTS

Annapolis Film Festival at Maryland Hall for the Creative Arts, Annapolis. 12-10 p.m. \$145. Annapolisfilmfestival.com
Compass Regional Hospice's Annual Gala at Annie's Steakhouse, Grasonville. 6:30 p.m. TBA. 443-262-4106. Compassregionalhospice.org (C)
Potomac Youth Conference at Wicomico Youth & Civic Center, Salisbury. 5 p.m. TBA. 410-548-4900. Wicomocivicceneter.org

Caroline County Chamber of Commerce 2019 Senior Expo at Chesapeake College, Wye Mills. 10 a.m.-2 p.m. Free. 443-239-0307. Carolinechamber.org

Ursula von Rydingsvard: The Contour of Feeling at National Museum of Women in the Arts, Washington. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). \$10 for adults, \$8 for seniors and students, free for youth under 18. Now through July 28th, 2019. 202-783-5000. Nmwa.org

MUSIC

Foreigner: The Hits on Tour at Live! Casino & Hotel, Hanover. 8 p.m. Prices vary. 443-842-7000. Livecasinohotel.com
Gogol Bordello at Rams Head Live!, Baltimore. 9 p.m. \$31.50 in advance, \$37 day of show. 410-244-1131. Ramsheadlive.com

Harry Potter and the Order of the Phoenix in Concert at Joseph Meyerhoff Symphony Hall, Baltimore. 7:30 p.m. Prices vary. 410-783-8000. Bsomusic.org (F)
NEA Jazz Master Kenny Barron at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. \$39. 202-467-4600. Kennedy-center.org

Rubix Kube 80s Tribute at Rams Head On Stage, Annapolis. 8:30 p.m. \$29.50. 410-268-4545. Rams-headonstage.com
Railroad Earth at 9:30 Club, Washington. 7 p.m. \$28. 202-265-0930. 930.com

PERFORMING ARTS

Washington National Opera: Faust at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. Prices vary. 202-467-4600. Kennedy-center.org
Brian Regan at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. - Prices vary. 202-467-4600. Kennedy-center.org

Whose Live Anyway? at Modell Performing Arts Center at the Lyric, Baltimore. 8 p.m. Prices vary. 410-900-1150. Modell-lyric.com

JQA at Arena Stage, Washington. (See 3/1).

Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. (See 3/15).

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. (See 3/13).

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/15).

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

SPORTS

Washington Capitals vs. Minnesota Wild at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Saturday

23

SPECIAL EVENTS

RiverArts Reclaimed Runway at Rock Hall Volunteer Fire Department, Rock Hall. 5 p.m. \$50-100. Chestertownriver-arts.net (C)
Farm to Table Pizza Night at Crow Vineyard & Winery, Kennedyville. 5-8 p.m. \$25. 302-304-0551. Crowvineyardandwinery.com

Annapolis Film Festival at Maryland Hall for the Creative Arts, Annapolis. 12 p.m.-10 p.m. \$145. Annapolisfilmfestival.com

Annapolis Oyster Roast and Sock Burning at Annapolis Maritime Museum, Annapolis. 12-4 p.m. \$25 for general admission, \$85 for people's choice. 410-295-0104. Whatsuptix.com (TIX)
Beginner Level Amateur Radio Training at Anne Arundel Radio Club, Davidsonville. 8:30 a.m.-12 p.m. Free. W3vpr.org
Potomac Youth Conference at Wicomico Youth & Civic Center, Salisbury. 9 a.m. TBA. 410-548-4900. Wicomocivicceneter.org

Blue Jeans and Bling at Anne Arundel County Fairgrounds, Crownsville. 6 p.m. \$20-280. Whatsuptix.com (C) (TIX)

MUSIC

Harry Potter and the Order of the Phoenix in Concert at The National Philharmonic Music Center at Strathmore, North Bethesda. 3:30 p.m. Prices vary. 410-783-8000. Bsomusic.org (F)

Renée Fleming VOICES: Jamie Barton at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$29-69. 202-467-4600. Kennedy-center.org

Dior Ashley Brown at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. \$9. \$20-25. 202-467-4600. Kennedy-center.org

Whindersson Nunes at Lincoln Theater, Washington. 8 p.m. \$35. 202-888-0050. Thelincolndc.com

Gladys Knight at MGM National Harbor, Oxon Hill. 8 p.m. Prices vary. 301-971-5000. Mgmnationalharbor.com

Delbert McClinton at Rams Head On Stage, Annapolis. 8:30 p.m. \$69.50. 410-268-4545. Ramsheadonstage.com

A Tribute to Charlie Byrd Featuring Chuck Redd at The Mainstay, Rock Hall. 8 p.m. \$25. 410-639-9133. Mainstayrockhall.org

Railroad Earth at 9:30 Club, Washington. 7 p.m. \$28. 202-265-0930. 930.com

Washington Performing Arts presents: San Francisco Symphony at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. - Prices vary. 202-467-4600. Kennedy-center.org

PERFORMING ARTS

Washington National Opera: Eugene Onegin at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. Prices vary. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/9).
Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. (See 3/16).

Henry IV, Part I at Chesapeake Shakespeare Company, Baltimore. (See 3/10).
Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. (See 3/13).

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/2).
Dinner with Friends at Everyman Theatre, Baltimore. (See 3/16).

Oil at Olney Theatre, Olney. (See 3/16).
Queen of Basel at Studio Theatre, Washington. (See 3/16).
The Merry Wives of Windsor at The Colonial Players, Annapolis. (See 3/1).

SPORTS

Washington Wizards vs. Miami Heat at Capital One Arena, Washington. 8 p.m. Prices vary. 202-628-3200. Capitalonearena.monumentalsportsnetwork.com (F)

Navy Women's Lacrosse vs Bucknell at Navy-Marine Corps Memorial Stadium, Annapolis. 3 p.m. Free. 1-800-874-6289. Navysports.com (F)

Navy Men's Lacrosse vs Lehigh at Navy-Marine Corps Memorial Stadium, Annapolis. 12 p.m. Prices vary. 1-800-874-6289. Navysports.com (F)

Sunday

24

SPECIAL EVENTS

Yoga and Whiskey at Sagamore Spirit Distillery, Baltimore. 10-11:30 a.m. \$20. 410-624-7488. Sagamore-spirit.com

Annapolis Film Festival at Maryland Hall for the Creative Arts, Annapolis. 12-10 p.m. \$145. Annapolisfilmfestival.com

MUSIC

Harry Potter and the Order of the Phoenix in Concert at Joseph Meyerhoff Symphony Hall, Baltimore. 3:30 p.m. Prices vary. 410-783-8000. Bsomusic.org (F)

An Evening With Fleetwood Mac at Royal Farms Arena, Baltimore. 8 p.m. Prices vary. 410-347-2020. Royalfarm-sarena.com

Washington Performing Arts presents Christina & Michelle Naughton, pianos at The John F. Kennedy Center for the Performing Arts, Washington. 2 p.m. \$45. 202-467-4600. Kennedy-center.org

The Rippingtons at Rams Head On Stage, Annapolis. 5:30 p.m. & 8:30 p.m. \$39.50. 410-268-4545. Rams-headonstage.com

Nils Frahm at 9:30 Club, Washington. 7 p.m. \$30. 202-265-0930. 930.com

Music Celebrations International Presents 2019 John Philip Sousa Band Festival at The John F. Kennedy Center for the Performing Arts, Washington. 2 p.m. Prices vary. 202-467-4600. Kennedy-center.org

PERFORMING ARTS

Washington National Opera: Faust at The John F. Kennedy Center for the Performing Arts, Washington. 2 p.m. Prices vary. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/3).

Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. (See 3/17).

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. 2 p.m. Prices vary. 410-244-8570. ChesapeakeShakespeare.com

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/3).

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/17).

Oil at Olney Theatre, Olney. (See 3/3).

Queen of Basel at Studio Theatre, Washington. (See 3/17).

SPORTS

Washington Capitals vs. Philadelphia Flyers at Capital One Arena, Washington. 12:30 p.m. Prices vary. 202-628-3200. CapitalOneArena.monumentalsportsnetwork.com (F)

Monday

25

SPECIAL EVENTS

Spirit of Community Awards Dinner at Live! Casino & Hotel, Hanover. 6-9 p.m. TBA. 410-672-3422. CentralMarylandchamber.org

MUSIC

Meow Meow + Thomas Lauderdale at Lincoln Theater, Washington. 8 p.m. \$35. 202-888-0050. TheLincolnDC.com

Maggie Rogers at 9:30 Club, Washington. 7 p.m. TBD. 202-265-0930. 930.com

Ariana Grande: Sweetener World Tour at Capital One Arena, Washington. 8 p.m. Prices vary. 202-628-3200. CapitalOneArena.com

PERFORMING ARTS

Washington National Opera: Eugene Onegin at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. Prices vary. 202-467-4600. Kennedy-center.org

TU Dance & Bon Iver's Come Through at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Tuesday

26

SPECIAL EVENTS

Half Pint Kids Club: English Muffin Breakfast Fruit Pizza at Whole Foods Market Annapolis, Annapolis. 11 a.m. \$5 per child. 410-573-1800. (F)

Decorative Arts for Docents at William Paca House and Garden, Annapolis. 10 a.m.-12 p.m. Free for HA docents and docents-in-training, \$5 for HA members and volunteers, \$10 for general admission. Annapolis.org

MUSIC

Maggie Rogers at 9:30 Club, Washington. 7 p.m. TBD. 202-265-0930. 930.com

Fortas Chamber Music Concerts: Morgenstern Trio at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$45. 202-467-4600. Kennedy-center.org

Washington Capitals vs. Carolina Hurricanes at Capital One Arena, Washington. 7 p.m. Prices vary. 202-628-3200. CapitalOneArena.monumentalsportsnetwork.com (F)

Russia Chamber Orchestra at Francis Scott Key Auditorium - St. John's College, Annapolis. 7 p.m. Free. 410-263-2371. Sjc.edu

PERFORMING ARTS

A Bronx Tale at The National Theatre, Washington. 7:30 p.m. \$54-114. 202-628-6161. TheNationalDC.org

Queen of Basel at Studio Theatre, Washington. (See 3/6).

Wednesday

27

SPECIAL EVENTS

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. \$5. 443-842-7000. Marylandlivecasino.com

BWELL Seminar Series: Breathe In, Breathe Out: Staying Healthy with COPD at Leo & Lysbeth Courtney Conference Center, Glen Burnie. 6:30 p.m. Free. Umbwmc.org/copdtalk2019

MUSIC

Lil Mosey at 9:30 Club, Washington. 7 p.m. \$22.50. 202-265-0930. 930.com

Gabriel Kahane - Book of Travels: 8980 at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$45. 202-467-4600. Kennedy-center.org

Jake E. Lee's Red Dragon Cartel at Rams Head On Stage, Annapolis. 8 p.m. \$35. 410-268-4545. Rams-headonstage.com

PERFORMING ARTS

Washington National Opera: Faust at The John F. Kennedy Center for the Performing Arts, Washington. 2:30 p.m. Prices vary. 202-467-4600. Kennedy-center.org

JQA at Arena Stage, Washington. (See 3/6).

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/12).

A Bronx Tale at The National Theatre, Washington. (See 3/26).

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

Thursday

28

SPECIAL EVENTS

The Cadillac Three at Union Jack's, Annapolis. 10 p.m. \$12. 410-266-5681. Unionjacksannapolis.com

National Symphony Orchestra: Glass's Itaipu & Auerbach's ARCTICA at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. Prices vary. 202-467-4600. Kennedy-center.org

KC Jazz Club: Mary Halvorson's Code Girl at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. & 9 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Jawbreaker at The Anthem, Washington. 8 p.m. \$45-75. 202-888-0020. Theanthemdc.com

PERFORMING ARTS

Bill T. Jones/Arnie Zane Company: Analogy Trilogy at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Jersey Boys at Wicomico Youth & Civic Center, Salisbury. 7:30 p.m. Prices vary. 410-548-4900. Wicomicociviccenter.org

JQA at Arena Stage, Washington. (See 3/1).

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. 7:30 p.m. Prices vary. 410-244-8570. ChesapeakeShakespeare.com

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/7).

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/12).

A Bronx Tale at The National Theatre, Washington. (See 3/26).

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

SPORTS

Washington Nationals Home Opener vs. New York Mets at Nationals Park, Washington. 1:05 p.m. 202-675-6287. Nationals.com (F)

Friday

29

SPECIAL EVENTS

Discovering Croatian Rustic Cuisine at Whole Foods Market Annapolis, Annapolis. 6:30-8:30 p.m. \$45. 410-573-1800.

Fifth Annual Welcome Home Vietnam Veterans Day at Hilton Baltimore BWI Airport Hotel, Linthicum Heights. 4-7 p.m. Free for veterans and one guest, \$30 for extra guests and community attendees. HospiceChesapeake.org

Maryland Day Weekend at Downtown Annapolis. 10 a.m. Prices vary. Marylandday.org (F)

MUSIC

Big Wild - Superdream Tour at 9:30 Club, Washington. 7 p.m. \$25. 202-265-0930. 930.com

KC Jazz Club: Tyshawn Sorey at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. & 9 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Big Bad VooDoo Daddy at Rams Head On Stage, Annapolis. 8 p.m. \$57.50. 410-268-4545. Ramsheadonstage.com

Caitlin Patton and Sammy Marshall in a benefit for NMF and CRC at The Mainstay, Rock Hall. 7:30 p.m. \$30. 410-639-9133. Mainstayrockhall.org

Annapolis Symphony Orchestra: Cosmic Depth at Annapolis Symphony, Annapolis. 8 p.m. Prices vary. 410-263-0907. Annapolis-symphony.org

Music of Bach, Handel, and Others at Francis Scott Key Auditorium - St. John's College, Annapolis. 8 p.m. Free. 410-263-2371. Sjc.edu

PERFORMING ARTS

Washington National Opera: Eugene Onegin at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Bill T. Jones/Arnie Zane Company: Analogy Trilogy at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. Prices vary. 202-467-4600. Kennedy-center.org

VOYAGERS: A Dance Among The Planets at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. Prices vary. 202-467-4600. Kennedy-center.org

DEMO by Damian Woetzel at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. - \$39-49. 202-467-4600. Kennedy-center.org

Jo Koy at Modell Performing Arts Center at the Lyric, Baltimore. 8 p.m. Prices vary. 410-900-1150. Modell-lyric.com

JQA at Arena Stage, Washington. (See 3/1).

Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. (See 3/15).

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. (See 3/13).

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/1).

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/15).

A Bronx Tale at The National Theatre, Washington. 8 p.m. \$54-114. 202-628-6161. TheNationalDC.org

Oil at Olney Theatre, Olney. (See 3/1).

Queen of Basel at Studio Theatre, Washington. (See 3/6).

A Flea in Her Ear at Church Hill Theatre, Church Hill. 8 p.m. 410-556-6003. Churchhill-theatre.org

Saturday

30

SPECIAL EVENTS

Self Watering Bottle Planter at Chesapeake Arts Center, Brooklyn Park. 11 a.m.-2 p.m. Free.

Beginner Level Amateur Radio Training at Anne Arundel Radio Club, Davidsonville. 8:30 a.m.-12 p.m. Free. W3vpr.org

Daffodil Festival at Town of St. Michaels. 10 a.m. TBA. Stmichaelsinbloom.org (F)

Maryland Day Flag-Raising Ceremony at Susan Campbell Park, Annapolis. 10 a.m. Free. Marylandday.org (F)

History and Haunts Paranormal Expo at The Heritage Society of Essex and Middle River, Baltimore. 10 a.m.-4 p.m. \$10. 443-579-5266.

Faith Filled Women Conference at Wicomico Youth & Civic Center, Salisbury. 10 a.m. \$60. 410-548-4900. Wicomicociviccenter.org

Maryland Day Weekend at Downtown Annapolis. 10 a.m. Prices vary. Marylandday.org (F)

MUSIC

Big Bad VooDoo Daddy at Rams Head On Stage, Annapolis. 8 p.m. \$23.50. 410-268-4545. Rams-headonstage.com

Boogie Trio at 9:30 Club, Washington. 8 p.m. \$22. 202-265-0930. 930.com

National Symphony Orchestra: Glass's Itaipu & Auerbach's ARCTICA at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. Prices vary. 202-467-4600. Kennedy-center.org

KC Jazz Club: Amir ElSaffar and Two Rivers Ensemble at The John F. Kennedy Center for the Performing Arts, Washington. 7 p.m. & 9 p.m. \$20-35. 202-467-4600. Kennedy-center.org

RAMS HEAD On Stage

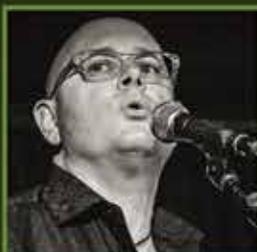
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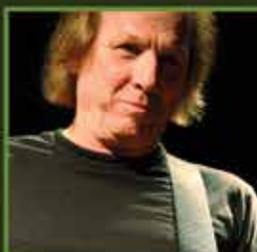
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RICHARDS** OF SNL



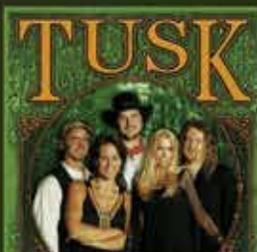
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Pete Kilpatrick Band at Avalon Theatre, Easton. 8 p.m. \$25. 410-822-0345. Avalonfoundation.org

Gary Clark Jr. at The Anthem, Washington. 8 p.m. \$45-150. 202-888-0020. Theanthem-dc.com

Annapolis Symphony Orchestra: Cosmic Depth at Annapolis Symphony, Annapolis. 8 p.m. Prices vary. 410-263-0907. Annapolis-symphony.org

Phil Wiggins and House Party at The Mainstay, Rock Hall. 8 p.m. \$22. 410-639-9133. Mainstayrockhall.org

PERFORMING ARTS

Washington National Opera: Faust at The John F. Kennedy Center for the Performing Arts, Washington. 2 p.m. Prices vary. 202-467-4600. Kennedy-center.org

Bill T. Jones/Arnie Zane Company: Analogy Trilogy at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. Prices vary. 202-467-4600. Kennedy-center.org

VOYAGERS: A Dance Among The Planets at The John F. Kennedy Center for the Performing Arts, Washington. 1:30 p.m. & 4 p.m. Prices vary. 202-467-4600. Kennedy-center.org

DEMO by Damian Woetzel at The John F. Kennedy Center for the Performing Arts, Washington. 7:30 p.m. \$39-49. 202-467-4600. Kennedy-center.org

Richard Wagner Die Walküre at Avalon Theatre, Easton. 12 p.m. \$21. 410-822-0345. Avalonfoundation.org

JQA at Arena Stage, Washington. (See 3/9).

Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. (See 3/16).

Henry IV, Part I at Chesapeake Shakespeare Company, Baltimore. (See 3/10).

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. (See 3/13).

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/2).

Dinner with Friends at Everyman Theatre, Baltimore. 2 p.m. & 8 p.m. Prices vary. Everymantheatre.org

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/16).

A Bronx Tale at The National Theatre, Washington. 2 p.m. & 8 p.m. \$54-114. 202-628-6161. Thenationaldc.org

Oil at Olney Theatre, Olney. (See 3/16).

Queen of Basel at Studio Theatre, Washington. (See 3/16).

Love, Loss and What I Wore at Salisbury Wicomico Art Council, Salisbury. 7 p.m. \$10. Communityplayersofsalisbury.org

A Flea in Her Ear at Church Hill Theatre, Church Hill. (See 3/29).

SPORTS

Navy Women's Lacrosse vs Holy Cross at Navy-Marine Corps Memorial Stadium, Annapolis. 12 p.m. Free. 1-800-874-6289. Navysports.com (F)

Washington Nationals vs. New York Mets at Nationals Park, Washington. 1:05 p.m. 202-675-6287. Nationals.com (F)

Sunday
31

SPECIAL EVENTS

Yoga and Whiskey at Sagamore Spirit Distillery, Baltimore. 10 a.m. \$20. 410-624-7488. Sagamorespirit.com

Daffodil Festival at Town of St. Michaels. 10 a.m. TBA. Stmichaelsinbloom.org (F)

Get Pumped for Pets Run and Fun Walk at Terrapin Park, Stevensville. 9 a.m. \$25-45. Getpumpedforpets.org (F) (C)

ArtFest Open House 2019 at Maryland Hall for the Creative Arts, Annapolis. 1 p.m. Free. 410-263-5544. Maryland-hall.org

Maryland Day Weekend at Downtown Annapolis. 10 a.m. Prices vary. Marylandday.org (F)

MUSIC

Chris Tomlin at Royal Farms Arena, Baltimore. 6 p.m. Prices vary. 410-347-2020. Royalfarmsarena.com

I'm With Her with Verona Quartet at The John F. Kennedy Center for the Performing Arts, Washington. 8 p.m. \$29-49. 202-467-4600. Kennedy-center.org

Where We Lost Our Shadows at The John F. Kennedy Center for the Performing Arts, Washington. 5 p.m. \$29. 202-467-4600. Kennedy-center.org

Mariah Carey at MGM National Harbor, Oxon Hill. 8 p.m. Prices vary. 301-971-5000. Mgmnationalharbor.com

VOYAGERS: A Dance Among The Planets at The John F. Kennedy Center for the Performing Arts, Washington. 1:30 p.m. & 4 p.m. Prices vary. 202-467-4600. Kennedy-center.org

for KING & COUNTRY burn the ships at Wicomico Youth & Civic Center, Salisbury. 6 p.m. Prices vary. 410-548-4900. Wicomicociviccenter.org

PERFORMING ARTS

JQA at Arena Stage, Washington. 6 p.m. Prices vary. 202-554-9066. Arenastage.org

Pride and Prejudice at Annapolis Shakespeare Company, Annapolis. (See 3/17).

Henry IV, Part II at Chesapeake Shakespeare Company, Baltimore. (See 3/24).

Man of La Mancha at Compass Rose Theater, Annapolis. (See 3/3).

Dinner with Friends at Everyman Theatre, Baltimore. (See 3/17).

A Bronx Tale at The National Theatre, Washington. 2 p.m. & 7:30 p.m. \$54-114. 202-628-6161. Thenationaldc.org

Oil at Olney Theatre, Olney. (See 3/3).

Queen of Basel at Studio Theatre, Washington. (See 3/17).

A Flea in Her Ear at Church Hill Theatre, Church Hill. 2 p.m. 410-556-6003. Churchhill-theatre.org

SPORTS

Washington Nationals vs. New York Mets at Nationals Park, Washington. 1:35 p.m. 202-675-6287. Nationals.com (F)

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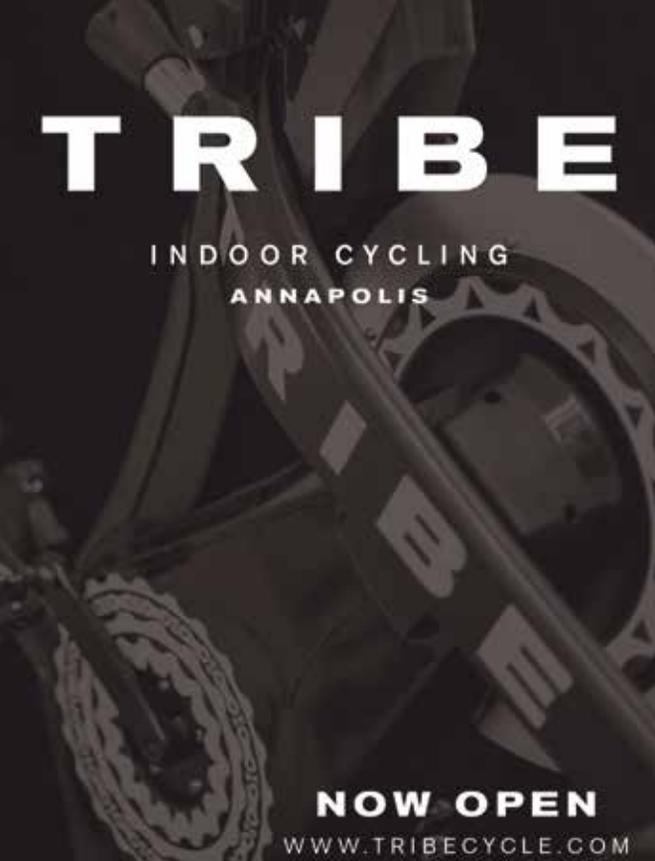
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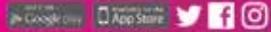
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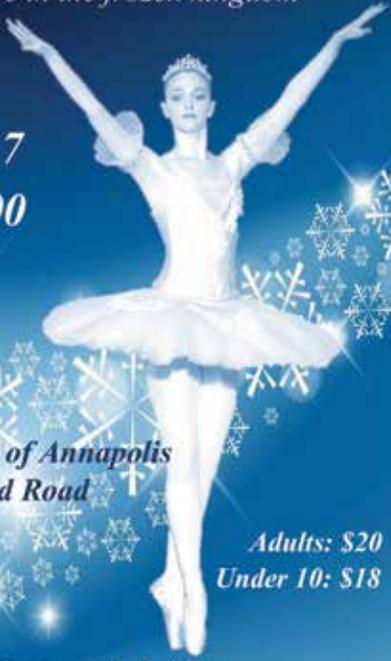
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Where's Wilma?

FIND WILMA AND WIN!

Spring is just around the corner, which means warmer weather and longer days are upon us! Start thinking about summer plans for the kids, and follow Wilma as she takes you on a tour of the 2019 Summer Camp Guide, where you can find some awesome camps for all ages and interests. Thinking about some home renovations while the kids are away? Check out the Home Resource Guide to find some of the best professionals in the area to help you with your home projects. Then, read up on the latest trends in "From High Point to Your Home" for some decorating inspo. As your springtime creativity blossoms, and new projects and ideas begin to bloom, don't forget to stop and smell the flowers every once in a while!

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to this month's winner: Bill Farthing of Crownsville, who won a gift certificate to O'Learys Seafood Restaurant!

Mail entries to: Where's Wilma? Annapolis, 201 Defense Hwy., Ste, 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions



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Entries must be received by March 31st, 2019. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Annapolis.

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Technology Saves the Day or Does It?

By James Houck

Well, it depends on what side of the fence you're on. Let me explain. Chances are, the neighborhood in which you live has an active online community that engages through a social media channel, be it Facebook or the recently popular Nextdoor app. Now, with the tap of your finger on your phone or tablet, you can instantly be on the pulse of your community's latest news, gossip, for sale items, neighborly good deeds (and sometimes bad), and local recommendations.

I've been engaged with the Nextdoor app on my iPhone, as a member of several community networks, all within the vicinity I live. Over the past two years, I've learned a lot about my neighborhood and the people who live, work, and play within it; and from what we share with one another, I couldn't be prouder of our community. I hope your experiences are the same.

Of course, there's occasionally negative news in the mix. But it's good to be in the know, regardless. The social media platforms available today have enabled neighbors and communities to instantly connect in a way previously unseen.

Which is why two months ago in our community of Herald Harbor, those of us scrolling the Nextdoor app were both shocked and gracious when a neighbor posted a photograph of a variance hearing notification. It was mailed to residents within 300 feet of a proposed 180-foot cellular tower, to be erected on open property at the head of the community. And the meeting to yea or nay the requested variances needed to build this tower would take place one month from that notification. Wait...what? A major infrastructure project that nobody heard about previously? Possible approval in only a month's time? Thank goodness one neighbor decided to share the news with all.

Take a moment to imagine the entrance to your community that you travel in and out of, day after day. Is it well-maintained? Is it pretty? Does it give you a sense of pride to live there? Now picture it with a massive monopole cellular tower surrounded by a chain link/barbed wire fence with a cumbersome diesel generator welcoming you.

Some of you reading this may be familiar with this scenario already, as cellular companies perpetually seek locations to upgrade and place communications equipment. Companies including AT&T (of which I'm a customer) and Verizon often subcontract scouting/broker services, such as the locally-owned SmartLink, to seek public or private property owners willing to lease their land on which to erect this equipment. Often, telecommunications equipment is tacked onto existing structures like water towers or built on sites hidden from plain view. Sometimes though, deals are made with private

land owners...and the deals aren't pretty for all affected.

A cellular tower in the middle of a densely packed neighborhood, directly across the street from a daycare center, community center, park, restaurant, and market, however, simply doesn't make sense. Was there due diligence in siting this tower?

Though AT&T deems the tower necessary to service a coverage gap (never mind that I'm a customer with fine service) and to double as part of the new nationwide FirstNet system (a wireless broadband system for first responders/emergency), residents expressed their concerns and doubts. After all, there's more than goodwill involved... there's money and profit. So, the overarching questions became: why here, who stands to benefit, and at what or who's cost?

When the landowner—the local volunteer fire department—finally stepped forward and explained their position, community members became divided on the issue.

NIMBY: acronym for Not in My Back Yard. You likely know the term. You may even be one. When the character of your community is threatened by outsiders, you become one. For many in the community, this project is a resounding no for reasons including neighborhood aesthetics, safety/health concerns, and depreciation of real estate.

On the contrary, proponents cite enhanced cellular reception, emergency services, and a sorely needed income stream for the volunteer fire department (AT&T proposes paying \$1,200/monthly for the lease).

As of this writing, the variance hearing is a week away. By the time you read this, it may or may not be too late to determine the course of this project. Nixing the variance requests (of which there



are seven) would likely kill this project location. An approval, on the other hand, could be met with a legal appeal by the community.

This entire situation raises several red flags and more questions. Projects of this scope are certainly explored or in the planning phase for more than a year. Why would an entire community be kept in the dark for so long?

Should Anne Arundel County revise its Planning & Zoning protocols concerning public notification of large-scale projects? What is deemed large scale? A 180-foot cellular tower seems large-scale in the context of a small waterfront community.

And why did FirstNet partner with AT&T to roll out a new, nationwide broadband wireless network when Verizon, among others, already has the infrastructure in place?

Maybe AT&T, developers, and similar companies should join community networks. They could engage a community first and learn how to communicate effectively with its residents. I urge you to join your community network. You won't know what you're missing until, perhaps, it's too late. After all, your community could be next.

What do you think and why?
Please email your thoughts to our Publisher and Editor at: Veronica@whatsupmag.com and Editor@whatsupmag.com.



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