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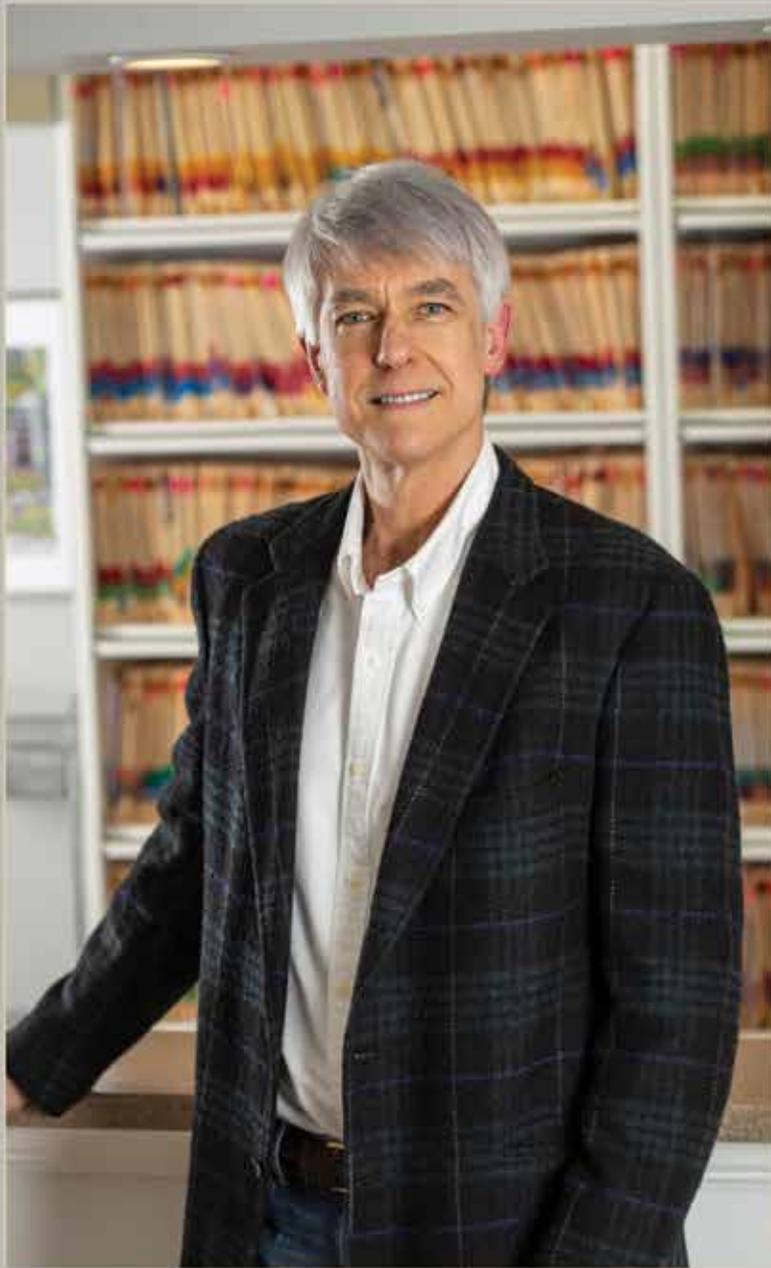
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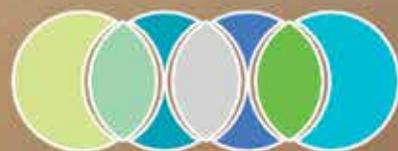


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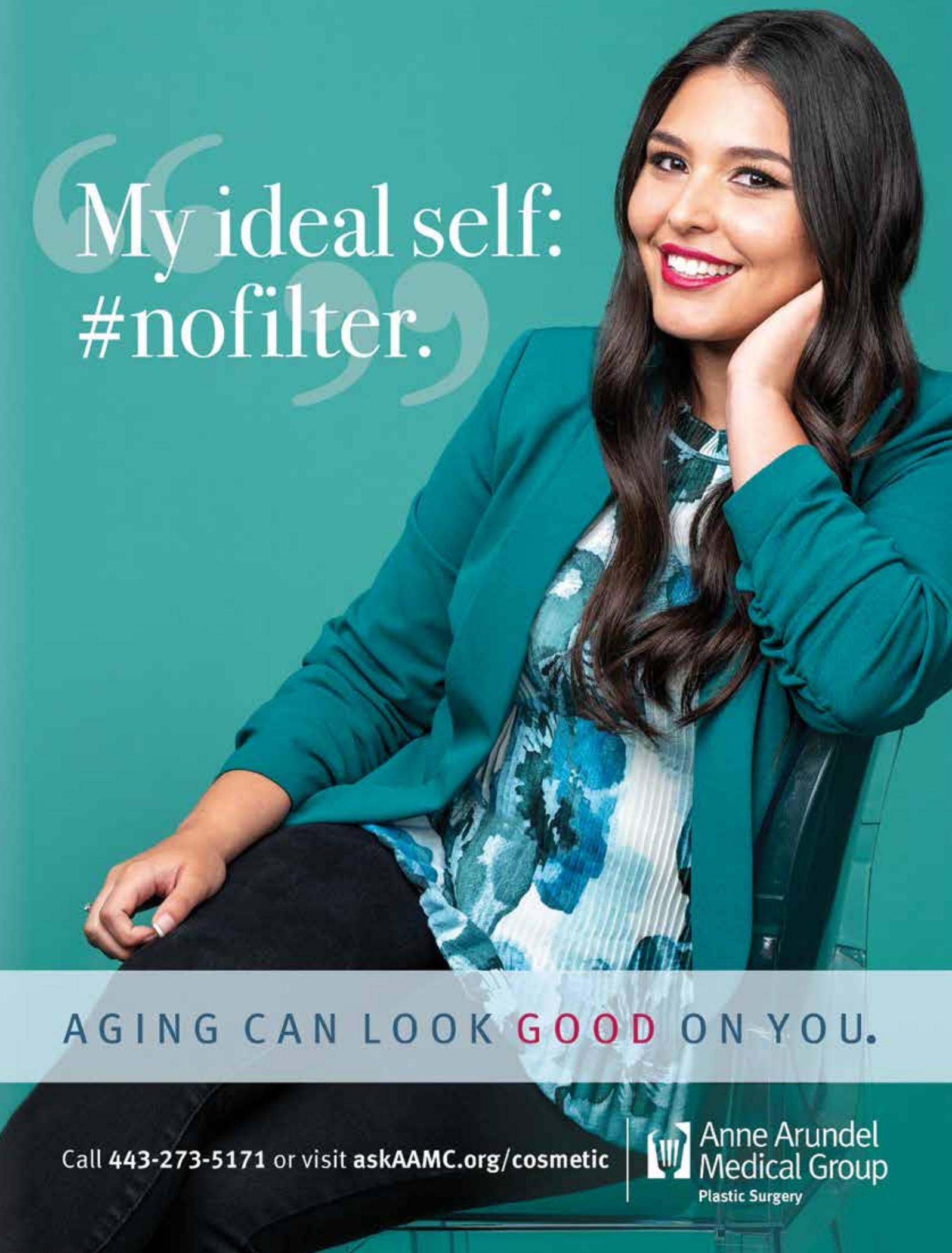
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53

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53%

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95.9%

Sale-to-List Price

53

Average Days on Market

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Sale-to-List Price

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Average Days on Market

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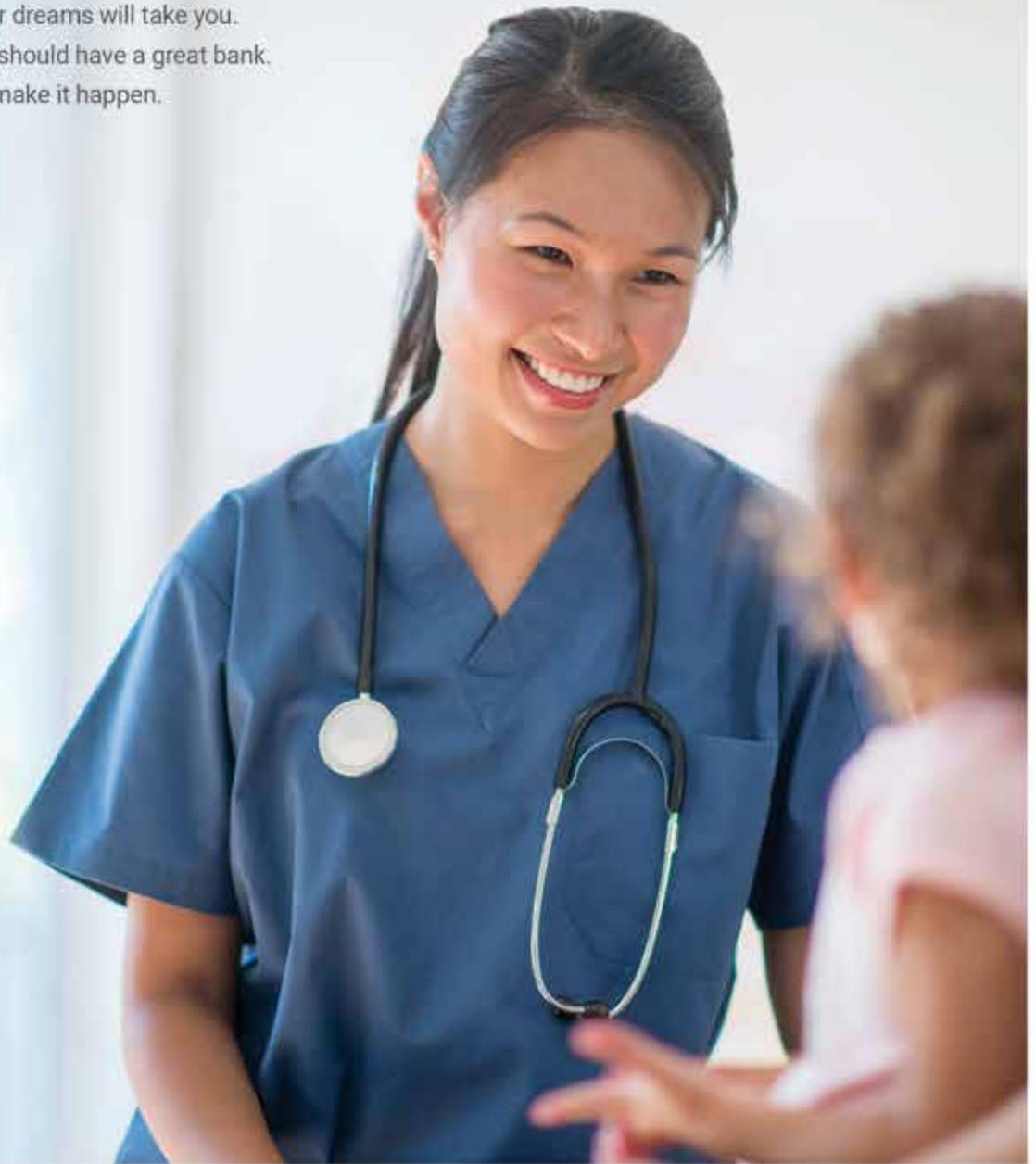
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On the Cover: The market for electric cars in Maryland's is growing; does the state have the infrastructure to support them? Design by August Schwartz. Contact *What's Up? Annapolis* online at whatsupmag.com. Please recycle this magazine.

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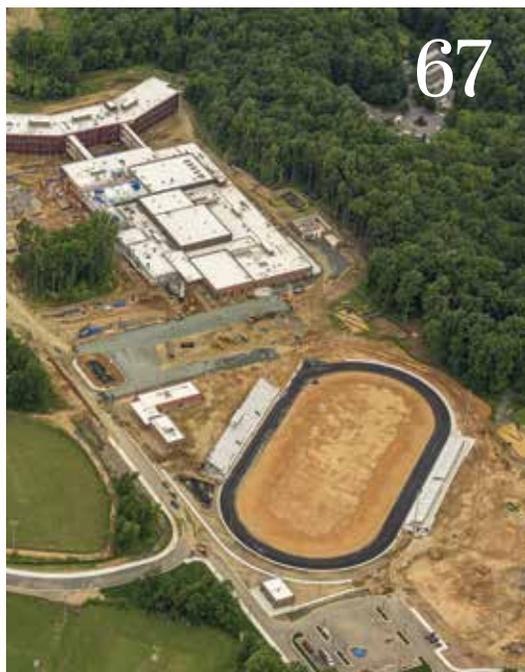
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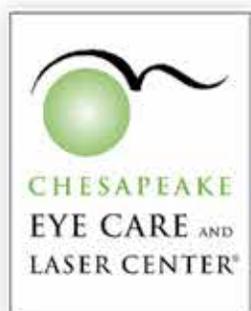
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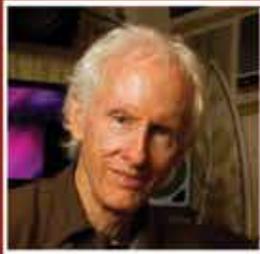
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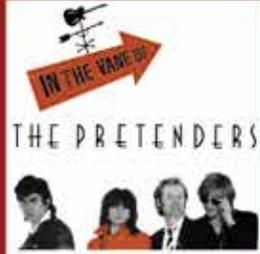
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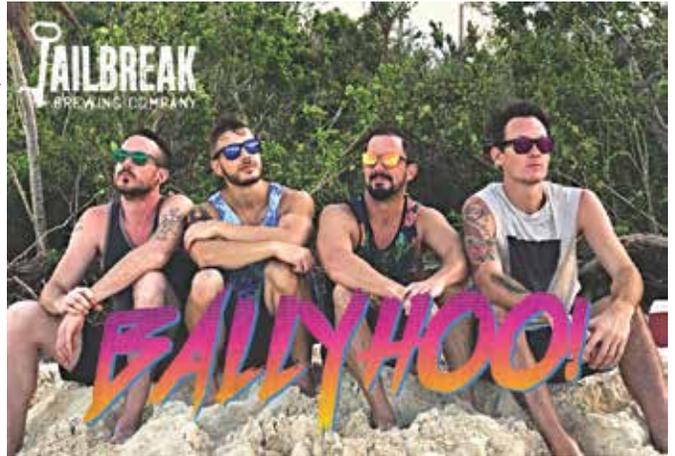
Fishpaws Marketplace
La Posta Pizzeria
6:30pm - 9:30pm | **\$69**

14



Jailbreak's 5th Anniversary Party

Jailbreak Brewing Company
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14

Hospice Cup XXXVIII

Hospice Cup
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11:00am - 9:00pm | **\$50 - \$150**

14

Boatyard Beach Bash 2019

Annapolis Maritime Museum
Annapolis Maritime Museum
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25

Whiskey 101 & Meet the Distiller

Fishpaws Marketplace
Fishpaws Marketplace
6:00pm - 7:30pm | **\$25**

27

Hoot & Hack Golf Tournament

Herald Harbor Citizens Association
Walden Golf Club
8:00am - 3:00pm | **\$120 - \$500**

14

Chesapeake Music Festival

Arundel Rivers Federation
Smithsonian Environmental Research Center
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26

Taste of the Chesapeake

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27

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United Way of Queen Anne's County
Harris Crab House
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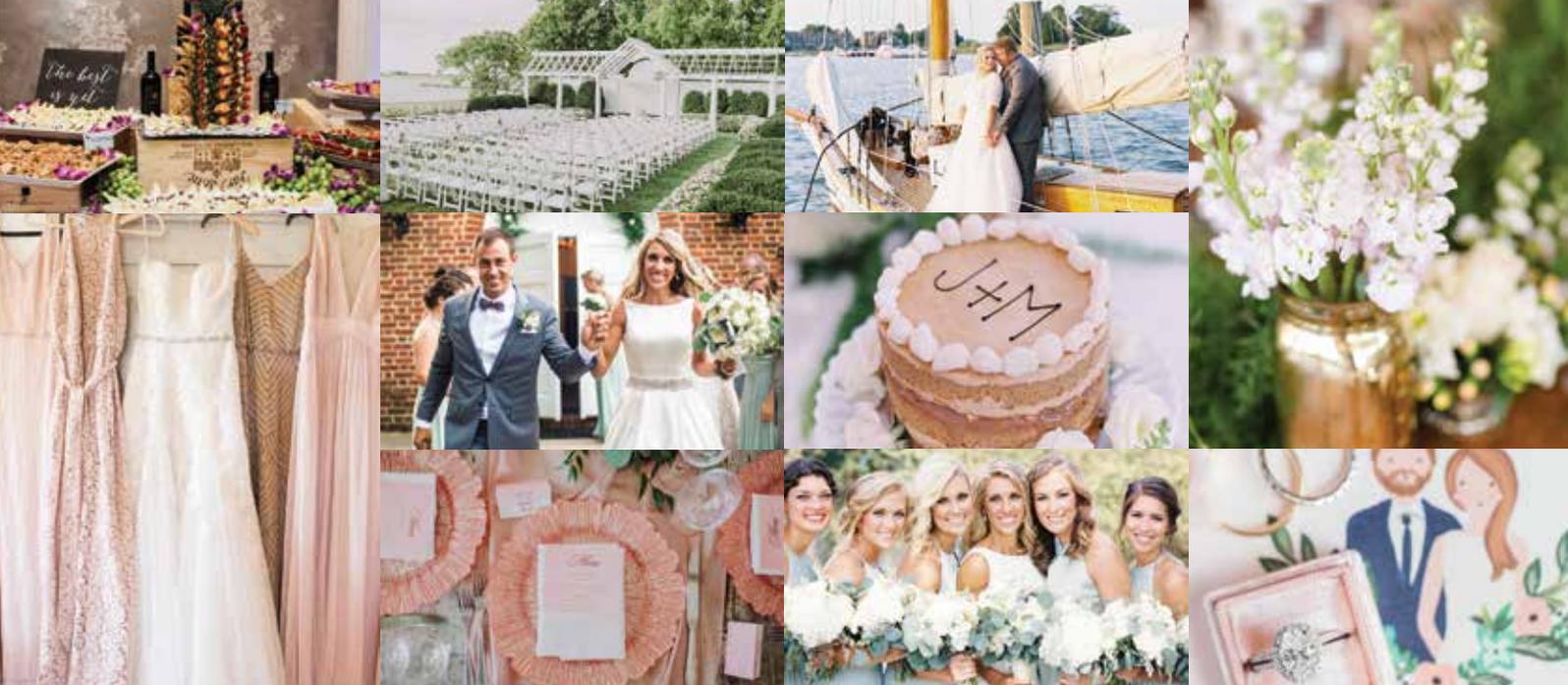
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From the publisher



Another way some people consider this month is the second “new year.” I understand what they mean by the new year reference and it derives from the back to school energy, meaning a fresh start. So, here’s to many positive fresh starts this month!

Veronica Tovey,
President + Publisher

September and back to school. Even though I haven’t had children returning to school for many years, it still seems like that to me every fall. Another way some people consider this month is the second “new year.” I understand what they mean by the new year reference and it derives from the back to school energy, meaning a fresh start. So, here’s to many positive fresh starts this month! Whether it includes a new school for your child, or something in your business or a new home, the temperatures are falling and energies rising—time to start now.

Last month I wrote about a new initiative being started by What’s Up? Media called “The Year of the Woman,” celebrating 100 years of women having the vote. The Anne Arundel County Public Schools system includes, as part of their history classes, a section on suffrage and they are going to join us on a new exciting initiative including their students. Our public library system is also joining us on a few ideas. This is going to be a lot of fun and I invite other community organizations or groups of people, who would like to celebrate this year with us, to give us a call and let us know about your event plans or idea. Do you normally have a dinner event and are you going to honor a woman? Or does your book club want to sponsor a year of women authors? Does your organization support a speaker and is this 2020 speaker on a woman’s topic? We will publicize your events for free on our page of “Year of the Woman” events.

A story in this September issue includes a special feature for the beginning of this school year. Diana Love has researched and written a great article about an issue that pertains to us all, whether we have children re-entering school or not. School redistricting, which affects us all. For some of us, it is the quality of our children’s education, for others it is the value of our real estate that is affected. Also make sure to see our Best of Real Estate, Home and Garden Winners starting on page 99. This is another group of winners that affects most, if not all, of us.

Some other articles that jump out to me; one is about food allergies that can kill and a more pleasant one is about day trips to historic gardens. The surprising thing to me about the food article was the very large increase in people with severe allergies. So many and so severe that some restaurants like Carrol’s Creek are now peanut and tree nut free! “Day Trips” is just a fun read and we all need those!

Whatever you choose to read this issue, I hope you enjoy it. In the meantime, enjoy this end of summer, beginning of fall month.



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Out on the **TownE**

27 EVENT PICKS | 34 SOCIAL | 42 SALUTE | 44 SPOTLIGHT | 48 ATHLETE



↑ **Boatyard Beach Bash**

The Annapolis Maritime Museum & Park will transport you straight to Key West during the annual Boatyard Beach Bash on Saturday, September 14th, 5:30-10 p.m. Enjoy live music from world-class musicians, including members of Jimmy Buffet's Coral Reefer Band. The event also includes cocktails on the beach and an extensive grilled buffet catered by founding sponsor, Boatyard Bar & Grill. Aside from being one of the best parties of the year, this feel-good event is most importantly a fundraiser for the museum's education programs. Tickets are \$85 and can be purchased at Whatsuptix.com.



Photo by Steve Buchanan

↓ HOSPICE CUP XXXVIII

Raise sails, funds, and awareness for hospice care at the annual Hospice Cup. Now in its 38th year, the charity regatta will be held Saturday, September 14th, 11 a.m. at Bert Jabin's Yacht Yard in Annapolis. Whether you're a veteran sailor or just learning the ropes, Hospice Cup offers options for various skill levels. Non-sailors can enjoy watching the race from the decks of a beautiful charter boat. After the races, celebrate the sailors and fundraisers at the Hospice Cup Shore Party. Beginning at 5 p.m., the party will feature live music from The Shatners, food from Paul's Homewood Café, an auction, and plenty of cold drinks. Admission is \$100 for the spectator boat, \$85 for the Shore Party, \$150 for both the spectator boat and Shore Party, and \$50 for the Shore Party for registered sailors. Tickets can be purchased at Whatsuptix.com.



Photo by TJP

↑ Blazers. Bourbon. Cigars

Join Historic Annapolis for its annual gentlemen-only evening on Thursday, September 26th, 6–9 p.m. (VIP entry at 5 p.m.) at William Paca House and Garden. Network with fellow businessmen and community leaders while enjoying cigars, delicious food, and fine liquor tastings. All proceeds benefit Historic Annapolis. Tickets are \$100 for general admission and \$150 for VIP. Attendees must be 21 or older. For more information, visit Annapolis.org.

NFL FOOTBALL

It's officially football season! Cheer on your favorite local football team as they host their first home games of the 2019 season on Sunday, September 15th, 1 p.m. At M&T Bank Stadium, the Baltimore Ravens will host the Arizona Cardinals; at FedEx Field, the Washington Redskins take on their division rival, the Dallas Cowboys. For a full game schedule and to purchase tickets, visit Nfl.com.



Photo by Will Parson

Taste of the Chesapeake

Join the Alliance for the Chesapeake Bay on Thursday, September 26th, 6–9 p.m. for Taste of the Chesapeake. Held at the Crowne Plaza Annapolis, the Taste recognizes the Alliance's environmental leadership award winners, showcases the Alliance's programs and projects, and celebrates progress being made toward Chesapeake Bay restoration. Enjoy an evening of delicious Chesapeake-inspired culinary creations, local wine and beer, live music, and silent auction items. Proceeds support the Alliance's mission to improve the lands and waters of the Chesapeake Bay watershed. Tickets are \$110 and available at Whatsuptix.com.



Photo by Marc Costelli

↑ Concours d'Elegance

The 13th annual St. Michaels Concours d' Elegance returns to the Inn at Perry Cabin on Sunday, September 29th, 10 a.m. Enjoy a day of grand classic motor cars, antique wooden boats, fashion, and style. Peruse rare, exquisite rolling works of art, including pre-war, coach-built, and award-winning sports cars. New this year, the Chesapeake Bay Maritime Museum will host the first annual Chesapeake Bay Motoring Festival, held in conjunction with Concours d' Elegance. General admission is \$50 in advance online and \$60 at the gate, and includes entrance to the Chesapeake Bay Motoring Festival. Proceeds benefit the local chapter of the Antique Automobile Club of America. For more information, visit SMCDE.org.



Photo by Megan Evans

ANNAPOLIS 9/11 HEROES RUN

The Annapolis 9/11 Heroes Run unites the community in remembering the sacrifices of the heroes of the September 11th attacks and in the wars that followed. The run will take place on Sunday, September 22nd, 2 p.m. at Navy-Marine Corps Memorial Stadium, and includes a 5K and 1-mile Family Fun Run. Proceeds support the Travis Manion Foundation programs assisting veterans and families of fallen service members, and promoting character among today's youth. Registration prices vary from \$20-115. For more information, or to register, visit 911heroesrun.org/Annapolis.



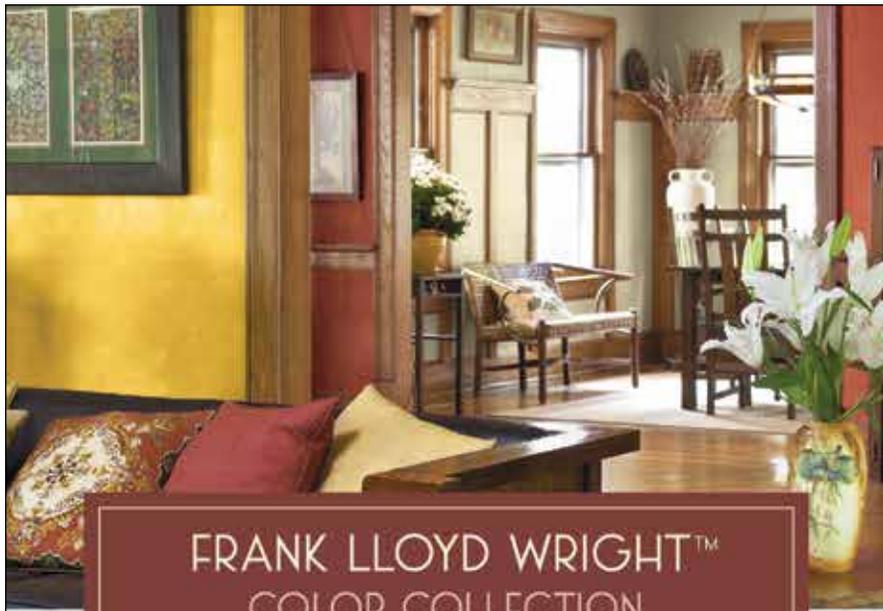
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OUT ON THE **TOWNE**



Photo by Michael McSweeney.

MARYLAND SEAFOOD FESTIVAL

The Maryland Seafood Festival returns to Sandy Point State Park on Saturday, September 7th (10 a.m.–9 p.m.) and Sunday, September 8th (10 a.m.–7 p.m.). Enjoy a weekend filled with delicious seafood dishes, interactive cooking demonstrations, live entertainment, contests, activities for kids, fireworks, and much more. Be sure to check out the Chesapeake Arts Village and purchase unique goods from local artists and merchants. Tickets are \$15 for adults, \$10 for seniors and military, \$65 for individual VIP, \$120 for VIP couple, and free for kids. On-site parking is \$10. For more information, visit Abceventsinc.com.

Photo by Point Shoot Photography



↑ Out of the Darkness Walk

Suicide prevention starts with everyday heroes like you. Join the American Foundation for Suicide Prevention on Saturday, September 21st (11:30 a.m.) at Navy-Marine Corps Memorial Stadium in Annapolis or Saturday, September 28th (11 a.m.) at Idlewild Park in Easton as they walk to save lives and bring hope to those affected by suicide. Funds raised at the walk will benefit the American Foundation for Suicide Prevention. Be a part of a movement turning hope into action, and creating a culture that's smart about mental health. For more information, and to register, visit Afsp.org/Annapolis or Afsp.org/MidShoreMD.



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↓ Arts Alive Gala

Take a bite out of the Big Apple when Maryland Hall for the Creative Arts hosts its 21st annual Arts Alive Gala fundraising event on Friday, September 6th, 6-10 p.m. Attendees will enjoy an evening inspired by the city that never sleeps, featuring great food and wine, specialty cocktails, unique silent auction items, and live music. Proceeds from the event will support Maryland Hall's mission of providing art for all. Tickets are \$200 and available online. For more information, visit Marylandhall.org or call 410-263-5544.

Photo by Jeff Jackson Photography



Photo by Pure Light Images

↑ TWIST AND STOUT

Join Anne Arundel County Department of Recreation and Parks on Saturday, September 28th, 12-6 p.m. for its wine and beer festival, Twist and Stout. Held at Quiet Waters Park, the festival will feature fine wine and craft beer from Maryland, live music, gourmet food trucks, and juried artisan vendors. General admission tickets are \$30 in advance and \$40 day of, and include a commemorative festival sampling glass. VIP tickets are \$75 and include a commemorative festival sampling glass and a separate hospitality tent with exclusive wine and beer samples, light hors d'oeuvres, shaded seating, and private restrooms. Designated driver/non-taster tickets are \$25. Proceeds will benefit the Quiet Waters Park Nature Center Campaign and the construction of new athletic fields in Brooklyn Park. For more information, visit Twistandstout.org.

Anne Arundel County Fair

The Anne Arundel County Fair returns Wednesday, September 11th through Sunday, September 15th. Head to the fairgrounds for five days of entertainment, carnival rides, food and drinks, and more. Enjoy games and activities for the whole family while learning about the agriculture, arts, and history of Anne Arundel County. Admission is \$10 for ages nine and over, and free for ages eight and under. Carnival ride wristbands are \$15 on Wednesday, \$27 on Thursday and Friday, and \$32 on Saturday and Sunday. Single tickets are also available. For more information, including fair hours, visit Aacountyfair.org.

2019 ANNAPOLIS LUSTGARTEN → PANCREATIC CANCER RESEARCH WALK

Be a part of the cure! Join the Lustgarten Foundation at Susan Campbell Park on Sunday, September 8th for the 2019 Annapolis Pancreatic Cancer Research Walk. Participants have a choice between a 2- or 4-mile route. Registration is \$50 for adults and \$15 for children ages 15 and under. Registration begins at 8 a.m. and the walk begins at 9:30 a.m. All proceeds from the walk go directly to pancreatic cancer research. For more information, and to register, visit Lustgarten.org.



Photo by Harriet Mantis Adam Photography

FOR MORE EVENTS VISIT OUR CALENDAR ON pg. 161 OR GO TO WHATSUPMAG.COM

Fashion for a Cause

On June 6th, Hospice of the Chesapeake hosted its annual fashion gala, Fashion for a Cause. The fun evening of runway fashion and luxury automobiles was held at Porsche Annapolis. The event raised essential funds, which directly support Hospice of the Chesapeake's Chesapeake Kids Program.



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Photography courtesy Hospice of the Chesapeake/Jessica Caughron 1. Darlene Sellers, Avis Queen, Stephanie Allston, and Stacy Martin 2. Cary Melnyk, Terri Hussman, and Kevin Campion 3. Carla Christe models a dress 4. Brigid Morahan and Laura Smith 5. Jason Cherry models casual beach clothing 6. Hospice of the Chesapeake President and CEO Ben Marcantonia welcomes guests

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TOWNE SOCIAL

Women's Executive Forum Showcase

On June 5th, Leadership Anne Arundel presented a showcase event for women professionals at Prism Annapolis. The Women's Executive Forum Showcase is a capstone networking event to LAA's year-long women's forum. Guests enjoyed perusing exhibit tables, lite-fare, and wine while networking with other Anne Arundel County female professionals.



Photography by Stephen Buchanan **1.** Jen Harrington and Heather Lentz **2.** LAA President & CEO Kris Valerio Shock speaks to guests **3.** Pam Cole Finlay and Michelle Hellstern **4.** Allie Winsom and Sarah Reilly **5.** Sara Schomig, Ellen Shiery, and Jennifer Chino **6.** Liz Skibbie and Tracy Hall

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Grammy Award-Winning Pianist Supports MTPA

Guests gathered at a private residence in Annapolis on Saturday, July 20th, to enjoy an intimate concert by Grammy Award-winning pianist and composer Peter Kater. As he played, Kater encouraged members of the audience to lie down beneath the Steinway piano to experience the full impact of the music, and many happily took advantage of this unique opportunity. The event supported Maryland Theatre for the Performing Arts and brought awareness to the community about the opportunities that would be created by having a world-class cultural and conference center in the heart of Maryland's capital.



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Photography courtesy MTPA 1. MTPA Board, Staff, and Supporters 2. Over 75 audience members 3. Peter Kater and Artist Cindy Berry Sullivan 4. Peter Kater performs while Desiree Sullivan lays under the piano 5. President of Steinway DC, David Slan and wife Joanna Slan

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Black Tie & Diamonds

The Rotary Club of Annapolis hosted its annual gala, Black Tie & Diamonds, on March 2nd at The Hotel Annapolis. Benefitting Partners in Care, the event featured cocktails, hors d'oeuvres, a silent auction, seated dinner with live auction, and dancing to hit music from C&J Entertainment.



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Photography by Wil Scott
1. April Stup, Anne Myers, Mandy Arnold, Kevin Hurley, Sue Weber, and Pamela Urnowey **2.** Jame Campbell-Chamblis, Pete Chamblis, and Anna Greenberg **3.** David and Fran Schmidt, and Rick Hutzell **4.** Rex and Rebecca Tingle **5.** Caroline and Kevin Richards **6.** Ashley and Lori Johnson



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Health Ms. Marilyn "Nia" Wright, Anne Arundel Medical Center
Nonprofit Ms. Anna Greenberg, Community Volunteer
The Arts Ms. Roberta Pardo, Urban Walls Brazil
Youth Award Miss Mackenzie Boughey, Severn School/
March for Our Lives Annapolis

TRAILBLAZERS:

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Rev. Marguerite Morris, CAST/For Kathy's Sake
Ms. Gail Rand, ForwardGro, LLC
Ms. Asha Smith, Anne Arundel County Public Schools
Ms. Karen Smith, Anne Arundel Women Giving Together
Ms. Sherrie Smith, Trace International Inc.
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TOWNE SALUTE

Jenn Troy

Alliance for the Chesapeake Bay

By Caley Breese
Photo by Stephen Buchanan

Having grown up in a family dedicated to helping the environment, it makes sense that Jenn Troy has always felt drawn to organizations dedicated to the Chesapeake Bay and its watershed. Troy's father, Colby Rucker, owned and operated Rucker Tree Experts, was a co-founder of the nonprofit organization Scenic Rivers Land Trust (SRLT), and co-wrote the Severn River resource book *Gems of the Severn*. In 2005, SRLT approached Troy about joining its board. Troy was grateful for the opportunity to honor her late father, and served on the board for nine years, both as treasurer and vice president. Then, in 2013, Troy began volunteering with Alliance for the Chesapeake Bay, serving as the board's development committee chair. While she enjoyed her time volunteering with SRLT, in 2014, she stepped away from her board position with them and devoted herself to Alliance.

"Alliance for the Chesapeake Bay attracted me with its emphasis on partnerships between communities, businesses, government, and individuals to achieve clean water for everyone," Troy explains. "The Alliance has achieved much in its first 48 years and continues to have a big vision about [how] we are capable of working together throughout the Chesapeake Bay region."

In her position as development committee chair for the Alliance for the Chesapeake Bay Board of Directors, Troy focuses on raising funds and awareness for the organization. She's particularly passionate about several Alliance projects, including the restoration and preservation of a stream and historic cemetery at Asbury Broadneck United Methodist Church, as well as the restoration of wetlands and woodlands on the property of St. Luke's Episcopal Church in Eastport.

"Jenn brings energy and enthusiasm to every board meeting, tabling event, or trash pickup event she sets her mind to," Alliance for the Chesapeake Bay Executive Director Kate Fritz says. "Her passion for the work and people at the Alliance is contagious."

In addition to her board duties, Troy plays an important role in the Alliance's annual event, Taste of the Chesapeake, taking the time to develop partnerships and connect and communicate with other individuals and environmental organizations. The event showcases the Alliance's programs and restoration progress, and recognizes and celebrates environmental leadership award winners.

"One of the reasons I joined the board was when I went to my

first-ever Taste and I met the staff," Troy shares. "I was just incredibly moved by their passion and their knowledge. I couldn't resist joining after I'd met the staff. And I think a lot of people have that experience when they meet the staff and hear the depth of their knowledge about the projects they're working on."

Troy says the one thing that inspires her most about Alliance for the Chesapeake Bay is their dedication to the belief that the community deserves clean water and a healthy environment in which to live, and that everyone can contribute to this.

"Jenn has been a true champion for the Alliance over the last few years, always leading with positive energy and a rallying cry for others to follow her lead," Fritz says. "I greatly appreciate the passion and experience she brings, not just to her work on our board, but to the Chesapeake Bay movement as a whole. She is truly a leader within the organization, always ready to assist in whatever way is needed. Jenn is more than deserving of this recognition of her decades of volunteer work!"

This year's 2019 Taste of the Chesapeake will be held on Thursday, September 26th, 6-9 p.m., at the Crowne Plaza Annapolis. For tickets, visit whatsuptix.com. For more information on Alliance for the Chesapeake Bay, visit allianceforthebay.org.

Do you have a volunteer to nominate? Send What's Up? an email to cbreese@whatsupmag.com.



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Left to right: Tom Herpel, Belinda Fraley Huesman, Brenda Fraley Garver, and Dave Costello. Photo courtesy of The Voice Media



Photo by Brian Saucedo

↑ WHAT'S UP? MEDIA DONATES TO STAIR

What's Up? Media donated \$1,000 to STAIR (Start The Adventure In Reading) Annapolis in May. STAIR is a literacy and mentoring program dedicated to helping children in Annapolis and Anne Arundel County improve their reading skills and self-confidence. The non-profit organization was founded in New Orleans more than 30 years ago, and has chapters in Alabama, West Virginia, and Florida. STAIR Annapolis was formed in 2006, and offers programs that help with vocabulary, comprehension, fluency, phonics, and phonemic awareness.

↑ Golf Tournament Raises Over \$20,000 for Chesapeake Arts Center

Arundel Federal Savings Bank hosted the Seventh Annual Chip in for the Arts charity golf tournament at Compass Pointe Golf Course in April. Attracting more than 90 participants, the event raised \$21,650 in support of the Chesapeake Arts Center and its educational outreach programs. Chesapeake Arts Center's goal is to enrich the community and foster creativity through arts education and various literary, visual, and performing arts programs. For more information on the organization, visit Chesapeakearts.org.

DR. THOMAS S. COPPERMAN JOINS ADORO MEDICAL SPA AND CENTER FOR EYE AND LASER SURGERY →

Dr. Thomas S. Copperman joined Dr. Elba M. Pacheco at Adoro Medical Spa and Center for Eye and Laser Surgery in August. Dr. Copperman received his medical degree from Wright State University and completed a three-year surgical ophthalmology residency at Boston University. He practices the full scope of cosmetic and reconstructive eyelid surgery, facial plastic surgery, and cosmetic injections. Dr. Copperman recently completed the coveted Oculofacial Plastic Surgery fellowship at University of California San Francisco where he mastered the most advanced techniques in cosmetic and reconstructive surgery of the eyes and face.



Photo by The Medicus



Photo courtesy of Connect Rwanda

Annapolis Educators Travel to Rwanda

Head of School Lisa Nagel and third grade teacher Abbey Iliff of St. Anne's School of Annapolis traveled to Rwanda this past summer to further their connection with Rwandan students and teachers. During the 2018-2019 schoolyear, Iliff's class learned about Rwanda during their study of Africa. Additionally, Iliff and her class partnered with local organization Connect Rwanda to participate in a videoconference with Rwandan students as well as share fair trade Rwandan coffee. In April, a group of Rwandan teachers visited St. Anne's School to connect learning and culture for St. Anne's students. During their three-week experience, Nagel and Iliff worked directly with teachers and students in Kigali schools and immersed themselves in Rwandan culture.



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Photo by Elizabeth Marcussen



Photo courtesy of Elise Letavish

↑ TowerCares Foundation Donates \$5,000 to the We Honor Veterans Program

TowerCares Foundation donated \$5,000 to Hospice of the Chesapeake in support of its We Honor Veterans program in June. We Honor Veterans is dedicated to respecting and guiding veterans through a peaceful end-of-life journey. TowerCares Foundation is a nonprofit associated with Tower Federal Credit Union. The organization's mission is to support children and active/retired military personnel and their families.

ASHLING KITCHEN & BAR HOSTS RIBBON CUTTING CEREMONY

New Crofton restaurant Ashling Kitchen & Bar held a ribbon cutting ceremony in celebration of its spring grand opening. Originally started as a catering company, co-owners Saeed Ashrafzadeh and Elise Letavish wanted to find a home base that would be fun and unique to the community, as well as provide a high-end dining experience in a family-friendly setting. Ashling offers a diverse menu, featuring small plates, salads, soups, sandwiches, entrées, and more.

ANNE ARUNDEL SENIOR PROVIDER GROUP AWARDS GRANTS

The Anne Arundel Senior Provider Group (SPG) awarded grants to four different nonprofit organizations dedicated to serving seniors: P.A.W.S. (People and Animals Who Serve), Partners In Care, Meals on Wheels of Central Maryland, and Langton Green. SPG is a nonprofit membership organization that provides services to aging adults and their caregivers and families. Its primary mission is to award grants to local nonprofits in support of their work with the elderly.



Photo by Marc Apter

↑ \$2,700 Raised for Wendi Winters Memorial Foundation

The 16th Wendi Winters PR Bazaar was held in early June at Maryland Hall for the Creative Arts in Annapolis. For many years, slain *Capital Gazette* journalist Wendi Winters hosted the PR Bazaar to help connect small businesses and nonprofit organizations with members of the media. This year, the event was organized by Summerleigh Winters Geimer, Marc Apter, Lisa Seborowski, John Frenaye, and Montana Winters Geimer. This year's event attracted 150 participants, and included a panel of 15 radio, television, online, and print journalists. Additionally, \$2,700 was raised in support of the Wendi Winters Memorial Foundation, an organization that is dedicated to providing programs and events that support local journalism, journalists, and news outlets.

Do you have community or business news to publicize? Send What's Up? an email at cbreese@whatsupmag.com.



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Photo by Steve Buchanan Photography

TOWNE ATHLETE

Talia Gabarra

Broadneck High School (Graduate)
Soccer

By Tom Worgo

Talia Gabarra is no stranger to adversity. For a solid year, Gabarra has rehabbed and worked out to heal a serious knee injury as well as a herniated disc in her back in order to play soccer at the University of Central Florida this fall.

Gabarra never imagined she'd be sidelined by two separate injuries. "I worked so hard to get back on the field," says Gabarra, a recent Broadneck graduate who plays the sport year-round. "It's one of the toughest things I've ever had to go through. It was horrible, but it has made me a stronger person."

The 5-foot-7 Gabarra tore the anterior cruciate ligament (ACL) in her left knee in June of 2018 while playing for the U19 Washington Spirit Development Academy team.

She rehabbed the injury for three months and worked out for another seven before being cleared to resume soccer activities in April.

Then, Gabarra, a midfielder, suffered a herniated disc and had a stem cell shot help alleviate the problem. She believes the injuries were related.

Gabarra's rigorous routine during her comeback, which included lifting weights for eight hours a week and running for another six, made her a stronger and more determined player.

"I learned to really appreciate the game when you are not playing it," Gabarra explains. "I missed it so much. You realize how important it is to you. I also learned how to really take care of my body in every way possible. I learned how to work well in the weight room and

"I missed it so much. You realize how important it is to you. I also learned how to really take care of my body in every way possible. I learned how to work well in the weight room and out on the field running. I learned a lot about mental and physical strength."

out on the field running. I learned a lot about mental and physical strength."

Gabarra couldn't wait for fall practices to start with Central Florida on August 5th. The Knights, who Gabarra chose over scholarship offers from Virginia and Florida, opened the season August 22nd against Wisconsin.

The 18-year-old Gabarra hasn't appeared in a game in 13 months.

"She's as motivated as anybody can be because she hasn't played in a while," says Gabarra's mother, Carin, the women's soccer head coach at Navy. "Central Florida is a very accomplished program. It's a really big jump for her. She is playing with 21- and 22-year-olds. She has to earn playing time and get after it."

At Broadneck, Gabarra had a stellar career, leading the Bruins to two Class 4A championships. She assisted on the game-winning goal in both title games.

Gabarra finished her career with 24 goals and 23 assists,



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including a school-record 16 assists in 2017. That year, she earned *Capital Gazette's* Girls Soccer Player of the Year.

"She's probably the best player skill-wise we've had in school history," Broadneck Girls' Soccer Coach John Camm says. "She was so calm with the ball and had such an innate ability to beat defenders one-on-one. She spent a lot of time playing on high-level club teams."

Gabarra played two years with the Washington Spirit, traveling to tournaments all over the country. She also had stints with two other club teams: Maryland United FC and Bethesda Soccer Club. She's played soccer for 15 years.

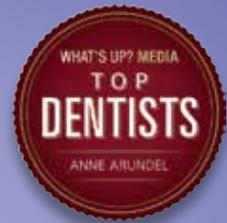
"Her strengths lie in her technical and tactical ability," Carin says. "She has a very high soccer I.Q. She processes and figures things out very quickly."

Gabarra comes from a soccer family. Her mother has served as head coach at Navy since 1993 and played on the 1996 Olympic gold medal-winning U.S. national team. Her father, Jim, played on the 1988 U.S. Olympic team and was a longtime professional coach and player. Gabarra's brother, Tyler, is currently playing at North Carolina State.

"I think I can go on and on about how central they were to my development," Gabarra says of her parents. "I am blessed to have grown up in a house with two soccer coaches."

Do you have a local athlete to nominate? Send What's Up? an email to tworgo@whatsupmag.com.

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Maryland's Economy Moving at a Turtle's Pace

Momentum is at a crawl after Federal shutdown, but signs of life are emerging

By Anirban Basu



About

Anirban Basu

Anirban Basu is Chairman & CEO of Sage Policy Group, Inc., an economic and policy consulting firm headquartered in Baltimore, Maryland.

In 2014, Maryland Governor Larry Hogan appointed him Chair of the Maryland Economic Development Commission. Basu earned his B.S. in foreign service at Georgetown University in 1990. He earned his master's in public policy from Harvard University's John F. Kennedy School of Government, and his master's in economics from the University of Maryland, College Park. His juris doctor was earned at the University Of Maryland School of Law.

While trade disputes and market volatility have captured headlines recently, many aspects of economic life remain benign. The nation has added jobs for 106 consecutive months, an all-time record. Unemployment remains near a 50-year low. Wages are expanding at their fastest pace in roughly a decade. Inflation remains low, and mortgage rates have declined to unimaginably appealing levels from the perspective of borrowers. Add in warmer weather and plentiful sunshine, and one would appear to have a recipe for rapidly expanding home sales in Maryland.

But Maryland's economy, which manifested considerable economic momentum in 2018, has demonstrated precious little capacity to expand in 2019. The 35-day federal government shutdown served as much more of an inflection point than anticipated, with federal contracting momentum interrupted and with recruitment of top talent becoming far more challenging for federal contractors and agencies alike.

There are many ways in which this loss of economic momentum has made itself known, including in the form of incredibly soft job creation. Between June 2018 and June 2019, only one state (Louisiana) added jobs more slowly than Maryland in

percentage terms. During this period, the Free State added a paltry 3,900 net new jobs, representing growth of just 0.1 percent. The bulk of jobs added were in the Baltimore metropolitan area. In fact, available data indicate that the balance of the state has actually lost jobs on net over the past 12 months.

Predictably, Maryland's malaise has also been apparent in the owner-occupied housing market. The softness in housing has not been universal. In much of the Sunbelt, suburbs around booming cities like Nashville, Atlanta, Orlando, and Dallas are experiencing a torrent of homebuying as Millennials, now ages 23–38, are belatedly getting married, having children, and moving to the suburbs just as their grandparents and parents did. But for these dynamics to exist, there must be sufficient job creation to allow people to save for down-payments and support enough confidence for people to chase the American dream.

In Maryland, slow job growth working in combination with anemic housing inventory in many communities has conspired to drive home sales lower. In June, home sales were down 11.4 percent relative to the same month one year earlier. Average price was up 4 percent, however, with the largest increases among a set of Eastern Shore communities: Talbot (plus 36.3 percent), Wicomico (plus 21.2 percent), Queen Anne's (plus 8.4 percent), and Caroline (plus 7.5 percent) counties. Statewide median sales price was up 3.1 percent in June on a year-ago basis.



Is Maryland's Momentum Poised to Reemerge?

In a sign of a possible turnaround both in the local housing market and in the broader economy, pending unit sales were up sharply in June (15.1 percent) in Maryland, likely a response to recent declines in mortgage rates. One can speculate that the sharp decline in mortgage rates has rendered buyers a bit less price sensitive than they had been earlier, allowing sellers to enjoy their moment at the settlement table a bit more. Low inventory also supports higher prices, including in places like Baltimore County, Carroll Frederick, Harford, Howard, Montgomery, and Prince George's counties where inventory remained below three months of supply through June. A year earlier, months of inventory statewide stood at 3.6 months. By June 2019, it had declined to 3.1 months.



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MEET THE MUSICIANS | 10:00-11:00 PM
Tickets required for these events



FEBRUARY 28 & 29 | ANNE AKIKO MEYERS
Beethoven Leonore Overture No. 3
Adam Schoenberg Violin Concerto, *Orchard in Fog*
Bartók Concerto for Orchestra



SEPTEMBER 27 & 28 | STEWART GOODYEAR
Beethoven Egmont Overture
Gershwin Piano Concerto
Rachmaninov Symphony No. 3



MARCH 20 & 21 | ROBERT DiLUTIS
Haydn Symphony No. 104, *London*
Copland Clarinet Concerto
Beethoven Symphony No. 8



NOVEMBER 8 & 9 | LISA PEGHER
Barber Overture to *The School for Scandal*
Richard Danielpour Percussion Concerto,
The Wounded Healer
Chadwick *Hobgoblin* from Symphonic Sketches
Beethoven Symphony No. 4



MAY 1 & 2 | AWADAGIN PRATT
Garrop *Pandora Undone*
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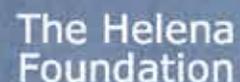
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The Symphony welcomes piano virtuoso Stewart Goodyear for a fabulous performance of George Gershwin's Piano Concerto in F major.

MEET THE MUSICIANS | 10-11 PM

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2019 Private School Open House Guide

Fall and winter dates to mark on your calendars

Compiled by Hannah Poole

If you and your children are considering private school education options, from pre-kindergarten to high school, the fall season into winter is traditionally an opportune time of the year to visit and explore the many schools that dot our region. The following list includes schools located in several counties: Anne Arundel, Caroline, Dorchester, Kent, Talbot, Queen Anne's, and a few beyond. We advise to call ahead and confirm the dates or to schedule private appointments. Within our upcoming January 2020 issues, we'll publish the regional Private School Guide, which includes winter/spring open house dates, tuition costs, average class size, and more. Enjoy perusing and possibly visiting the following schools this fall.

GREATER ANNAPOLIS

Annapolis Area Christian School - Lower 410-519-5300; aacsonline.org; Annapolis Campus - 710 Ridgely Avenue, Annapolis; Open House Dates: November 12th, November 22nd, January 10th, and February 6th; Severn Campus - 61 Gambrills Road, Severn; Open House Dates: November 14th, November 22nd, January 8th, and February 13th

Annapolis Area Christian School - Middle 716 Bestgate Road, Annapolis; 410-846-3505; aacsonline.org; Open House Dates: October 17th, December 4th, and January 23rd

Annapolis Area Christian School - Upper 109 Burns Crossing Road, Severn; 410-846-3507; aacsonline.org; Open House Dates: October 22nd and December 13th

Book of Life Academy 913 Cedar Park Road, Annapolis; 410-263-2600; bookoflifeacademy.com; Open House Dates: Call for information

Calvary Center School 301 Rowe Boulevard, Annapolis; 410-268-3812; calumc.org/calvary-center-school; Open House Dates: Call for information

Chesapeake Montessori School 30 Old Mill Bottom Road North, Annapolis; 410-757-4740; chesapeake-montessori.com; Open House Dates: October 27th, February 2nd, and March 15th, 2-4 p.m.

Chesterton Academy of Annapolis 351 Dubois Road, Annapolis; 410-855-3216; chestertonacademyofannapolis.org; Open House Dates: October 22nd, 6:30-8:30 p.m.; January 20th, 9 a.m.-12 p.m.; March 26th, 6:30-8:30 p.m.

The Harbour School at Annapolis 1277 Green Holly Drive, Annapolis; 410-974-4248; harbourschool.org; Open House Dates: Call for tour appointment

Indian Creek School - Lower 680 Evergreen Road, Crownsville; 410-923-3660; indiancreekschool.org; Open House Dates: November 6th and March 4th, 9-11 a.m.

Indian Creek School - Upper 1130 Anne Chambers Way, Crownsville; 410-849-5151; indiancreekschool.org; Open House Dates: November 17th, 12-2 p.m.; January 28th, 9-11 a.m. (Snow day January 30th)

The Key School 534 Hillsmere Drive, Annapolis; 410-263-9231; keyschool.org; Open House Dates: October 26th, 10 a.m.-12 p.m. (First School and Lower School); November 2nd, 10 a.m.-12:30 p.m. (Middle School and Upper School)

Montessori International Children's House 1641 North Winchester Road, Annapolis; 410-757-7789; montessoriinternational.org; Open House Dates: November 3rd and January 26th, 12-2 p.m.

Naval Academy Primary School 74 Greenbury Point Road, Annapolis; 410-757-3090; napschool.org; Open House Dates: November 3rd and February 2nd, 1-3 p.m.; February 26th, 9 a.m.

St. Anne's School of Annapolis 3112 Arundel on the Bay Road, Annapolis; 410-263-8650; stannesschool.org; Open House Dates: November 15th, 8:30-10 a.m. (Kindergarten-grade 8); November 15th, 9:30-11 a.m. (Twos-PK); March 6th, 8:30-10:30 a.m.; May 1st, 8:30-10 a.m.

Saint Martin's Lutheran School of Annapolis 1120 Spa Road, Annapolis 410-269-1955; stmartinsonline.org; Open House Dates: November 15th, November 16th, January 24th, and March 26th, 9 a.m.

St. Margaret's Day School 1605 Pleasant Plains Road, Annapolis 410-757-2333; stmargaretsdayschool.org; Open House Dates: October 10th, 9:15-11:15 a.m.; January 16th and January 17th, 9:15-11:15 a.m.

St. Mary's Elementary School 111 Duke of Gloucester Street, Annapolis; 410-263-2869; stmarysannapolis.org; Open House Dates: November 8th, 9 a.m.

St. Mary's High School 113 Duke of Gloucester Street, Annapolis; 410-263-3294; stmarysannapolis.org; Open House Dates: November 3rd, 2-5 p.m.

SEVERNA PARK

Severn School - Chesapeake Campus (Lower) 1185 Baltimore Annapolis Boulevard, Arnold; 410-647-7700; severnschool.com; Open House Dates: October 17th and January 17th, 9 a.m.

Severn School - Teel Campus (Middle/Upper) 201 Water Street, Severna Park; 410-647-7700; severnschool.com; Open House Dates: November 6th, 7 p.m.

St. John the Evangelist School 669 Ritchie Highway, Severna Park; 410-647-2283; stjohnspschool.org; Open House Dates: November 5th, 9 a.m.-12 p.m. and 7-8 p.m.; January 29th, 9 a.m.-12 p.m. and 7-8 p.m. Information Nights: February 11th, 6:30 p.m. (Kindergarten); February 13th, 6:30 p.m. (Middle School); March 10th, 6:30 p.m. (PreK)

St. Martin's In-The-Field Episcopal School 375-A Benfield Road, Severna Park; 410-647-7055; stmartinsmd.org; Open House Dates: November 11th, 9 a.m.-12 p.m.; January 15th, 9 a.m.-12 p.m. and 5-7 p.m.; March 10th, 9 a.m.-12 p.m. and 5-7 p.m.

Temple Beth Shalom Preschool 1461 Baltimore-Annapolis Boulevard, Arnold; 410-757-0555; annapolistemple.org; Open House Dates: Call for information

EDGEWATER

Saint Andrew's Day School 4B Wallace Manor Road, Edgewater; 410-266-0952; standrewsum.org; Open House Dates: November 8th, January 17th, April 17th, May 1st, 9-11 a.m.

The Summit School 664 East Central Avenue, Edgewater; 410-798-0005; thesummitschool.org; Open House Dates: November 16th, February 22nd, and April 25th. Drop In Tour Dates: September 11th, October 23rd, November 13th, December 11th, January 22nd, February 5th, February 19th, March 4th, March 18th, April 22nd, May 6th, and May 20th

GAMBRILLS/ODENTON

Odenton Christian School 8410 Piney Orchard Parkway, Odenton; 410-305-2380; ocs.odentonbaptist.org; Open House Dates: November 14th, 7 p.m.

School of the Incarnation 2601 Symphony Lane, Gambrills; 410-519-2285; schooloftheincarnation.org; Open House Dates: November 11th, 9-11 a.m.; January 25th, 10 a.m.

MILLERSVILLE

Elvaton Christian Academy 8422 Elvaton Road, Millersville; 410-647-3224; elvatonacademy.com; Open House Dates: Call for information

Rockbridge Academy 911 Generals Highway, Millersville (Main Campus); 1485 Waterbury Road, Crownsville (K-3 Campus); 410-923-1171; rockbridge.org; Open House Dates: October 14th, November 18th, January 17th (Preview Night), and March 23rd; October 8th, January 9th, and March 12th (Story Time Open House for children 6 and under)



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SEVERN/GLEN BURNIE

Archbishop Spalding High School 8080 New Cut Road, Severn; 410-969-9105; archbishopspalding.org; Open House Dates: October 27th, 12 p.m., 12:30 p.m., 1 p.m., 1:30 p.m.

Granite Baptist School 7823 Oakwood Road, Glen Burnie; 410-761-1118; granitebaptistschool.org
Open House Dates: Call for information

Monsignor Slade Catholic School 120 Dorsey Road, Glen Burnie; 410-766-7130; msladeschool.com; Open House Dates: November 11th, 8:30 a.m.

St. Paul's Lutheran School 308 Oak Manor Drive, Glen Burnie; 410-766-5790; stpaulsgb.org;
Open House Dates: October 16th, 9-11 a.m.; November 7th, 1-3 p.m.; January 16th, 6-8 p.m.; January 30th, 9-11 a.m.; February 12th, 1-3 p.m.; March 10th, 9-11 a.m.; April 28th, 9-11 a.m.

...AND BEYOND

The Boys' Latin School of Maryland 822 West Lake Avenue, Baltimore; 410-377-5192; boyslatinmd.com;
Open House Dates: October 20th; December 5th, April 2nd, May 14th, 8:30-10 a.m. (Campus Visits Talk & Tour)

Calvert Hall College High School 8102 La Salle Road, Baltimore; 410-825-4266; calverthall.com; Open House Dates: November 3rd, 12-3 p.m.

The Calverton School 300 Calverton School Road, Huntingtown; 410-535-0216; calvertonschool.org;
Open House Dates: Call for information

DeMatha Catholic High School 4313 Madison Street, Hyattsville; 240-764-2200; dematha.org;
Open House Dates: November 2nd, 11 a.m.-2 p.m.

Elizabeth Seton High School 5715 Emerson Street, Bladensburg; 301-864-4532; setonhs.org
Open House Dates: November 3rd, 11 a.m.-2 p.m.; October 3rd, 7 p.m. (Prospective Parent Night)

Grace Christian School 7210 Race Track Road, Bowie; 301-262-0158; gcsbowie.org; Open House Dates: November 4th, 9 a.m.; January 13th, February 24th, March 16th, and April 20th, 9-11 a.m.

Notre Dame Preparatory School 815 Hampton Lane, Towson; 410-825-6202; notredameprep.com; Open House Dates: October 12th, 8:30 a.m.-12:30 p.m.; November 7th, 3:45 p.m. (Mini Middle Level Tour for grades 6-8)

St. Augustine School 5990 Old Washington Road, Elkridge; 410-796-3040; staug-md.org; Open House Dates: November 11th, 10 a.m.-12 p.m.; February 2nd, 1:30 p.m.-3:30 p.m.

St. Philip Neri School 6401 S. Orchard Road, Linthicum Heights; 410-859-1212; st.philip-neri.org; Open House Dates: October 14th, 9-11 a.m.; January 26th, 10:30 a.m.-1 p.m.; April 1st, 9-11 a.m.

St. Vincent Pallotti High School 113 St. Mary's Place, Laurel; 301-725-3228; PallottiHS.org
Open House Dates: November 3rd, 2-5 p.m.

EASTERN SHORE CAROLINE COUNTY

The Benedictine School 14299 Benedictine Lane, Ridgely; 410-634-2112; benschool.org; Open House Dates: Call for appointment

DORCHESTER COUNTY

Countryside Christian School 5333 Austin Road, Cambridge; 410-228-0574; Open House Dates: Call for information



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Kindergarten - Eighth Grades
8:30-10:00am
Twos - Prekindergarten
9:30-11:00am

StAnnesSchool.org
410-263-8650



KENT COUNTY

Chestertown Christian Academy 401 Morgneq Road, Chestertown; 410-778-5855; chestertownchristian.org; Open House Dates: Walk In Wednesdays on the third Wednesday of each month, 10 a.m.-2 p.m.

Kent School 6788 Wilkins Lane, Chestertown; 410-778-4100; kentschool.org; Open House Dates: Drop in or call for appointment

Radcliffe Creek School 201 Talbot Boulevard, Chestertown; 410-778-8150; radcliffecreekschool.org; Open House Dates: Call for appointment

QUEEN ANNE'S COUNTY

The Gunston School 911 Gunston Road, Centreville; 410-758-0620; gunston.org; Open House Dates: October 20th, November 17th, January 26th, and April 26th, 3 p.m.

Lighthouse Christian Academy 931 Love Point Road, Stevensville; 410-643-3034; lcaacademy.org; Open House Dates: Walk-In Wednesdays between 9 a.m. and 2 p.m. (Appointments are encouraged, but not required)

Sweet Bay Magnolia Academy at The McArdle Center 201 Love Point Road, Stevensville; 443-249-3368; mcardlecenter.com; Open House Dates: Call for information

Wye River Upper School 316 South Commerce Street, Centreville; 410-758-2922; wyeriverupperschool.org; Open House Dates: October 24th, 6:30-8 p.m.; January 26th, 2-4 p.m.; April 23rd, 6:30-8 p.m.

TALBOT COUNTY

Chesapeake Christian School 1009 N. Washington Street, Easton; 410-822-7600; chesapeakechristian.org/home; Open House Dates: Call for information

The Country School 716 Goldsborough Street, Easton; 410-822-1935; countryschool.org; Open House Dates: October 22nd, 4-5 p.m. (Pre-K Discovery Day); October 23rd, 4-5 p.m. (Kindergarten Discovery Day); March 25th, 4-5 p.m. (Upper School Drop-In Day); April 21st, 4-5 p.m. (Pre-K Discovery Day); April 22nd, 4-5 p.m. (Kindergarten Discovery Day)

Saints Peter and Paul School 900 High Street, Easton; 410-822-2275; ssppeaston.org; Open House Dates: November 10th, 2 p.m. (High School)

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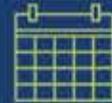
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TIPS + TRICKS FOR SCHEDULING COLLEGE VISITS

MAKE A LIST AND MAP THEM OUT.

Before the application process begins, curate a list of all potential schools, research them, and narrow them down. Once you have reduced your list to the top contenders, it's time to start planning your campus visits. Ideally, you'll want to visit every school you are strongly considering, so map out each school and plan accordingly.

ORDER MATTERS.

Try to visit your top school(s) last. As you visit more campuses, you'll start to get a better idea of your likes and dislikes. Throughout the process, you will gain a better sense of questions to ask and places on campus you want to see and you will know what to look for by then.

TIMING IS CRUCIAL.

Summer may be the ideal time to plan a college visit, but that doesn't mean it's the best time. Plan your visit while school is in session. Observing student life will give you an authentic view of the school and will (hopefully) help you envision yourself as a student there.

EXPLORE ON YOUR OWN.

The official campus tour will highlight the school's best features, so make sure to stray from the pack and explore parts of campus that weren't shown on the tour. This will be the best time to observe students, check out any departments you're interested in, or sit in on a lecture.

TALK TO CURRENT STUDENTS.

It's your tour guide's job to give the best impression possible of their school, making them a pretty biased source. While the information your guide gives you is crucial, you may want to secure a more candid impression by talking to current students. Ask students anything that wasn't covered on the tour: What is the nightlife like? Is it easy to meet and make friends? Is there a lot of diversity on campus? Is it difficult to adjust as a freshman?

DOCUMENT EVERY VISIT.

If you plan to visit several schools, make sure to document each visit. Take pictures, jot down some notes or record a voice memo to highlight your favorite—or least favorite— aspects of each school. Going on several tours within a short period of time can be chaotic, so this will help you separate and compare each visit.

SPEND THE NIGHT.

Take advantage of overnight or shadow programs. Spending the night in a dorm or spending the day in a class will give you the most realistic view of the school you're looking at, and it will make the decision process that much easier.

VISIT THE FRESHMAN DORMS.

Living on campus is generally non-optimal as a freshman, so you'll want to assess the housing options. If you go on a tour, you will most likely get a sneak peek inside a dorm; most universities have several dorm locations throughout campus. In case you are allowed to choose, or have a preference, make sure to check out each dorm you could potentially be living in next year.

LOCATION MATTERS.

The location of your school will be your home for the next four years, so make sure to check out the happenings off campus. It may not seem like an important factor as an incoming freshman, but you'll be glad you considered it once the novelty of campus life—and food—wears off.

KEEP AN OPEN MIND.

Your priorities during your initial school search may completely shift once you start touring, so remain openminded. Walk onto every campus with a positive attitude and save your judgments until the end of the tour.

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- 24% will attend Research 1 Universities
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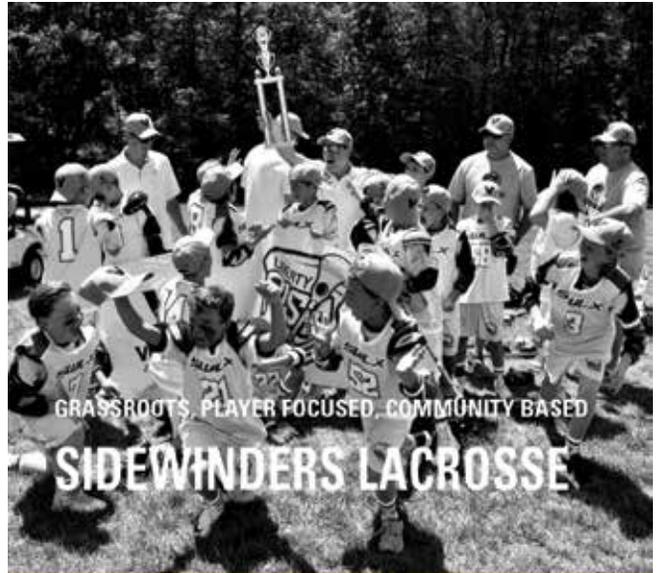
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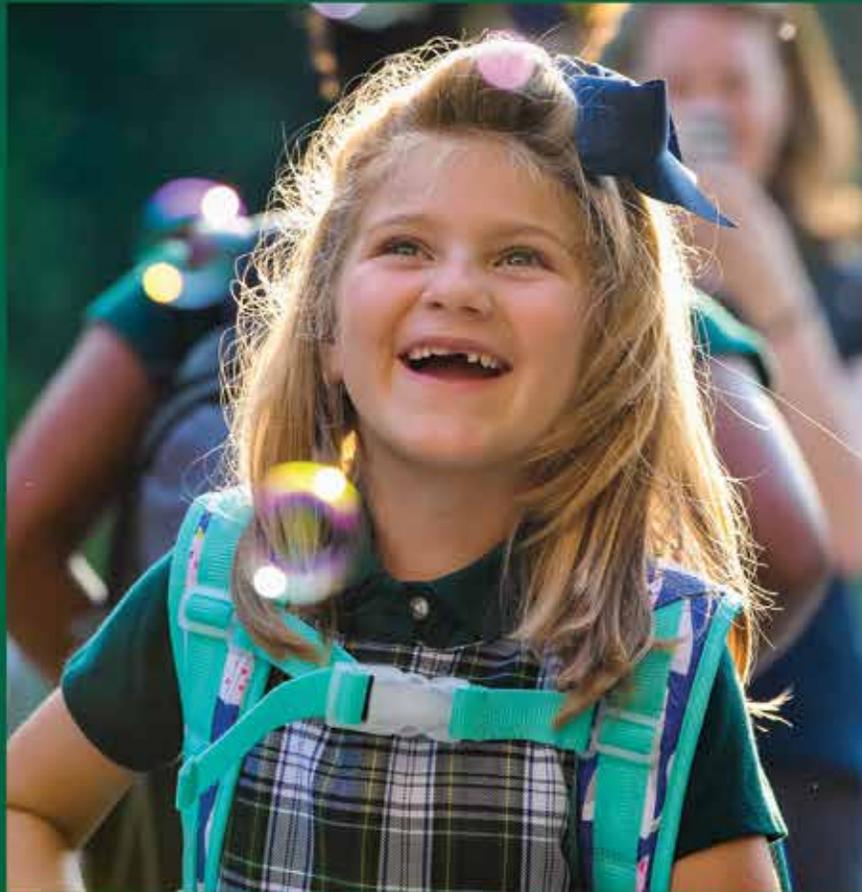
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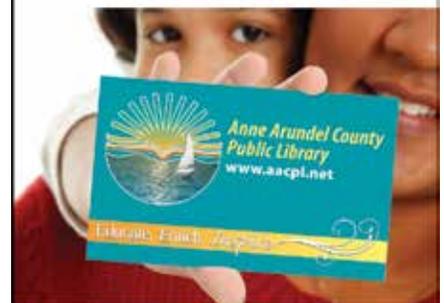
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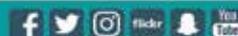
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SPLIT DECISIONS

REDISTRICTING ANNE ARUNDEL COUNTY PUBLIC SCHOOL STUDENTS IS A LABORIOUS, CONTROVERSIAL, AND EMOTIONAL PROCESS ROOTED IN POLITICS, RESIDENTIAL DEVELOPMENT, AND POPULATION GROWTH **BY DIANA LOVE**

April 17th, 2019: After seven months of hours-long meetings, intensive training sessions, much deliberation, and heated debate, members of the Crofton redistricting advisory committee stepped out of the Anne Arundel County Public School (AACPS) offices off Riva Road in Annapolis, some smiling and some not.

The Crofton redistricting advisory committee's founding mission was to formulate a plan for new geographical boundaries for the Crofton and Arundel public school feeder system, and to figure out how to most efficiently assign students to particular campuses. At the April 2019 meeting, the Board of Education voted for an option promoted by the committee that called for using Route 3 as the primary boundary line, delineating Crofton High School and Arundel High School catchment zones. Members of that committee who left that final meeting smiling were those whose families lived in Crofton. Under the adopted plan, their Crofton students will attend Crofton-area elementary schools, Crofton Middle School, and ultimately Crofton Area High School, which is scheduled to open in 2020.

Members of the committee who left the meeting less than satisfied were those whose children currently attend Waugh Chapel, Odenton, and Piney Orchard area elementary schools and Arundel Middle School. These families, who live on the west side of Route 3, hoped they too would be included in the Crofton Area High School catchment zone. Instead, their children will attend Arundel High School. Their elementary- and middle-aged students may have to move from the Crofton feeder system into the Arundel system as redistricting occurs.

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Data provided on the AACPS website shows that Crofton and Arundel area schools are largely at or near capacity. The nine elementary schools are at least 93 percent full, up to 105 percent at Waugh Chapel and 116 percent at Crofton Woods.



The new Crofton High School is currently being built on property located near Underwood Road and is scheduled to open for the 2020-21 school year. Photos on following pages show various stages of construction.



The two middle schools, Crofton and Arundel, are near capacity (93 percent and 96 percent respectively). Arundel High School is currently at 104 percent capacity. Even so, the contention between parents who agreed with the Board of Education's decision and those who did not isn't about school crowding. It's about maps.

THE DEBATE: CROFTON SCHOOLS FOR CROFTON KIDS VS. COMMUNITY & PROPERTY VALUES

Parents happy with the Board of Education's decision have long called for "Crofton schools for Crofton kids." They want their children's community networks, comprised of neighborhood and school pals, teammates, and local service groups such as Scouts, to stay together from elementary through high school. In their view, they've been fighting for a new school for 15 years. They've watched as traffic congestion grew and their quiet suburban township became surrounded by commercial and residential development. They've known for years that schools would become overcrowded and they believe that they laid the path for a new school over decades and should have access to it.

John Boniface, a local parent, was instrumental in the effort to make redistricting about keeping Crofton kids together. A stay-at-home dad with a strong opinion on public education and a high interest in learning how to get what he felt neighborhood students deserved, Boniface and other Crofton parents petitioned politicians, educated themselves on every nuance of the state and county education systems, and attended civic and school board meetings to advocate for their children. Crofton parents were well-known for showing up en masse in matching T-shirts to demand improvements to classrooms, expansion of school facilities, and new construction.

Boniface, along with others, rallied around the fact that elementary, middle, and high schools in the Crofton feeder system, including Arundel High School where his children attended, were at or near capacity. "Since it was created in 1982, the Crofton feeder system reached out as far as Waugh Chapel," Boniface explains. "But back then, there was a gravel pit and nothing else. Development has continued since Crofton Elementary and Crofton Middle were built in the 1980s. Now you have over 1,000 homes being built at Two Rivers, plus new homes going into Waugh Chapel and Odenton Town Center."

"LOOK, WE HAVE 1600 HIGH SCHOOL KIDS IN CROFTON THAT NEED A SCHOOL. I DID NOT STOP. EVERY POLITICIAN IN ANNE ARUNDEL COUNTY KNEW WHO I WAS. I WAS PUSHING FOR HELP WITH FUNDING AND EVERY SINGLE BOX THAT WAS REQUIRED WAS CHECKED."

**—JOHN BONIFACE,
A CROFTON AREA
PARENT AND ADVOCATE**

Crofton township parents fought strongly to have a school districting map that used Route 3 as the geographic boundary that clearly defines Crofton Area High School and its feeder system as a service for students on the east side of Route 3. "Odenton has a school, it's called Arundel High School, and it's a great school. Crofton High is a Crofton school for Crofton kids," Boniface says. This plan "brings [students] stability and consistency to that has been missing for 21 years," Samantha Weaver, a parent on the committee who fought for Nantucket Elementary School to be included in the Crofton feeder system, told the *Capital Gazette* following the Board's final decision. "We're excited for there to be stable boundaries for the area. It's encouraging that we finally get to come together as a community."



On the other side of the debate are parents who live on the west side of Route 3, namely Two Rivers, Waugh Chapel, and Gambrills. While they share Crofton parents' concern with school capacity, they disagree on the slogan and they strongly disagree about the map. They are disappointed and even angry that their children aren't considered a piece of the fabric that weaves together the entirety of the Crofton community, even though they too attend Crofton area elementary schools, play on Crofton sports teams, and have joined Crofton area community groups. "At the meetings, there were all kinds of parents screaming, 'Keep our kids together,'" said one parent. "But what they are really saying is, 'Forget you, your kid doesn't matter. What matters most is the kid on my block, who rides my bus.' I got this very strong impression that we were being pushed out and no one cared about my kids."

Parents whose children will be redistricted from Crofton Elementary and Crofton Middle to the Arundel feeder system because they live on the west side of Route 3 complain about more than just feeling left out. One concern, expressed more discreetly but with no less passion, is the perception that Crofton area schools offer a better education than Arundel's, a factor that could play into home values. "Redistricting can be a fearful exercise, because people sometimes buy homes in an area based on their trust and confidence in their local school," says Jeff Macris, chair of the Annapolis Education Commission and a parent of five children who attend Anne Arundel County Public Schools. In this debate, families who purchased new homes in the Route 3 corridor considered local schools as a significant factor in their purchasing decisions; some parents pulled their students from area private schools because they believed in Crofton area schools' excellent reputation.

ARUNDEL SCHOOLS HAVE THE SAME CURRICULUM, SIMILAR SCHEDULES, STAFF TRAINED IN THE SAME POLICIES AND PROCEDURES, AND A LONG HISTORY OF EXCELLENT PERFORMANCE, ESPECIALLY IN COMPARISON TO OTHER SCHOOLS IN THE AACPS SYSTEM. WHILE PARENTS CITE OVERCROWDING AS ONE REASON ARUNDEL SCHOOLS MAY NOT BE AS APPEALING, CROFTON SCHOOLS ARE ALSO NEAR, AT, OR OVER CAPACITY. CROFTON AREA HIGH SCHOOL WILL BE AT FULL CAPACITY THE DAY IT OPENS.

One parent expressed frustration with AACPS and Anne Arundel County government. "I would love to have someone answer the question of how the county let so much development happen without appropriate schools being built. Why didn't the county realize the negative impact that development has on our schools?"

It's a natural question for parents who are not intimately involved in redistricting and the many other important issues at play in the county education system. AACPS has an entire team of statisticians whose job is to use data from school enrollment records, the census, county building permits, and other sources to predict school capacities over the long term. Their data shows that the county school system has grown significantly in just 10 years, with even more growth projected. The majority of that growth is attributed to overdevelopment: the creation of new neighborhoods and subdivisions, the upzoning of previously commercial or rural land, and the permitting that allowed for high density building plans.

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“BILL 1518 SAYS THAT AACPS IS NOT IN THE GROWTH OR DEVELOPMENT BUSINESS, WE HAVE NO CONTROL OVER IT, AND DON'T WRITE THE LAWS TO GOVERN IT. [THE COUNTY] ADOPTS A DEVELOPMENT PLAN AND WE REACT.”

—BOB MOSIER, AACPS

Anne Arundel County is guided in principal by a Master Comprehensive Plan that guides zoning decisions in particular areas. By upzoning an area, the county opens it to new or re-development. The school system is mandated to serve any students who might reside in those upzoned areas.

Upzoning is a term used for the process whereby the county changes zoning rules to allow for higher value or higher density use. The perfect example of upzoning is the case that led to redistricting: building in West County. Many place responsibility for the massive growth in the Crofton and Waugh Chapel areas at the feet of former County Executive Steve Schuh, who, in 2015, was privy to plans for development of the west side of Route 3. Under his administration, Koch Development Group

and their partner, Classic Group, were able to change the zoning for their Two Rivers/Forks project from an age-restricted community of about 2,000 residences to one that allowed for more than 1,500 homes without age restrictions.

This single change meant a projected influx of about 1,260 students into the Arundel High School feeder system, the

sole high school in use for Crofton, Gambrells, and Waugh Chapel at the time of the decision. Although Crofton Area High School will ease some of the crowding pain caused by development, it will be at full capacity the day it opens.

These decisions, along with the county's support for the Odenton Town Center project and continued development throughout West County, contributed to voters removing Schuh from office and ushering in newcomer Stuart Pittman.

“People now realize that we have had reckless development without the necessary infrastructure; we're forced to consider how to pay now for the true cost of past development,” Pittman says.

Pittman has to dissect and analyze county building code while also forming a comprehensive, county-wide, and area-specific plan for the future that includes sustainable, responsible growth with a vision for public services and infrastructure.

His administration is working with Smart Growth America to understand the fiscal impact of past development as well as the potential impact of future development, and to determine how much to collect in impact fees from developers that will be used to cover the true costs of development: roads, law enforcement, emergency services, and schools.

I GET THE POLITICS, BUT...HOW DID IT HAPPEN?

In 2005, federal base realignment (BRAC) resulted in new and more military service members and government contractors moving to Fort Meade. Simultaneously, the National Security Agency, reacting to the Post-9/11 world, expanded cyber

SCHOOLS BUSTING AT THE SEAMS: HOW DID WE GET HERE?

Bob Mosier, the chief communications officer for AACPS, would like to make one thing clear: neither the superintendent, the Board of Education, or AACPS administrators are in any way responsible for county decisions about zoning and development, the chief factors in school growth. “The county

has a process in place to make development and zoning decisions, and they are singularly in the driver's seat. They adopt a plan and we react,” he says.

But if the school system doesn't have a say in development and how that development might impact school capacity, then who does? That job lies squarely on the shoulders of the county executive and the county council.

security programs and workforce expansion. Later, Crofton was named one of the “100 Best Places to Live in America” by *Money* magazine. Odenton was named “the Most Patriotic City” in the state of Maryland—defined as the number of people who classify themselves as military service members or connected to military service. “This designation connects to the theme of job hiring and growth that occurs with NSA and Fort Meade,” says Anne Arundel County Council Member Andrew Pruski (Democrat, District 4). “Those are good paying jobs added to our area. But it also put pressure on schools and infrastructure.”

In the mid-2000s, market forces came together in a way that made it profitable for big developers to purchase land and to promote political policies

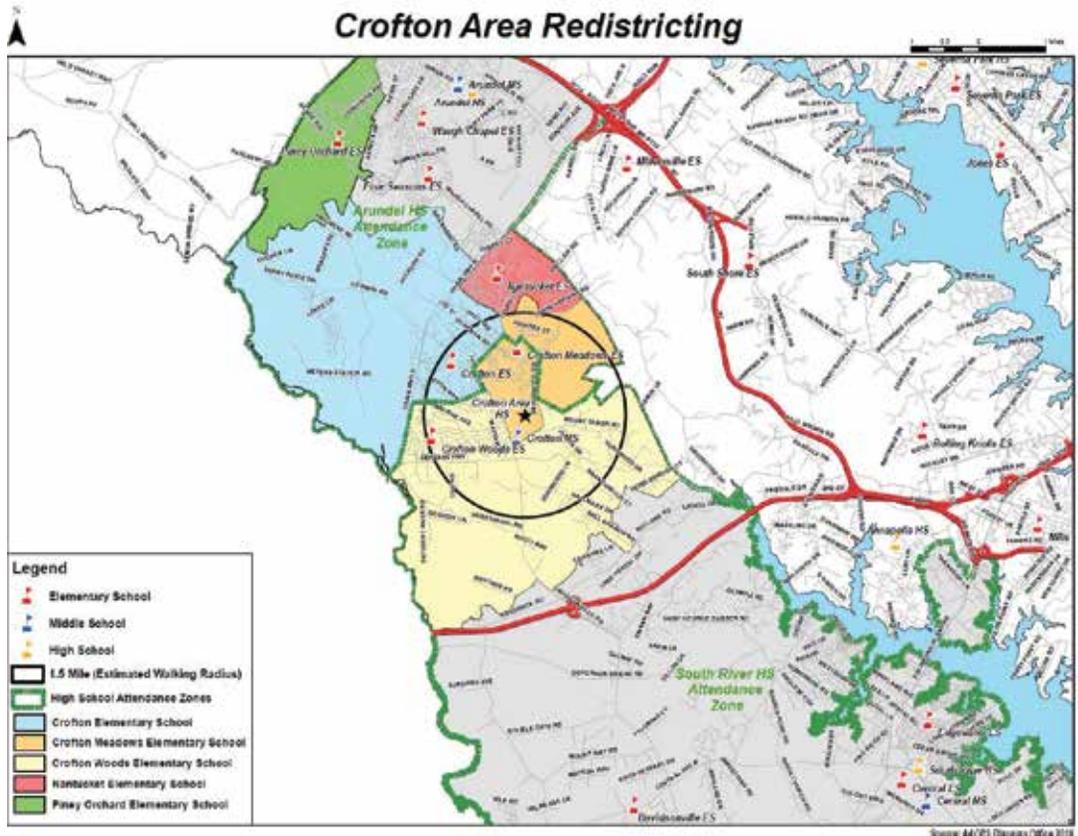
that allowed upzoning of formerly rural or undeveloped space. Their projects were designed to appeal to a growing middle class able to afford new homes, and who wanted those homes within easy commuting distance of West County workplace destinations, Baltimore, and Washington, D.C. AACPS acknowledges this growth strains the system. Their 2019



Capital Improvement Plans notes: “...the increasing number of proposed residential developments that have been approved in the Arundel, Glen Burnie, Meade, North County, Old Mill, and Northeast feeder zones will translate into significant enrollment gains in the coming years. Very large residential development projects are underway in these areas, and combined with the demographic shifts described above, there will be significant enrollment increases in the future.”

At the same time that construction of residential units took off in places like the Route 3 corridor, Waugh Chapel, Odenton, Millersville, and Gambrills, commercial landowners, retailers, and restaurants took advantage of upzoning opportunities in a bid to serve these burgeoning pockets of suburban residential development. As access to groceries, shops, and dining grew in an area previously considered semi-rural, property values soared. Everywhere across West County, business was, and is, booming.

Taxpayers had then and, in fact, have now, little recourse to combat decades of growth, beyond their electoral vote. This fact is largely due to two factors. One, the county’s General Development Plan (GDP), a land use plan that says where things can be developed and how,



“THERE IS A MISCONCEPTION THAT THIS YEAR HAS BEEN DIFFERENT. BUT IT’S THE SAME PROCESS, SAME AMOUNT OF HARD WORK, SAME AMOUNT OF INTROSPECTION. WE’VE BEEN DOING THIS FOR TWO DECADES SO THIS YEAR IS NOT ATYPICAL FOR US. THE PROCESS IS THE SAME WHETHER YOU ARE OPENING A NEW SCHOOL OR NOT.”

is configured by the county council every ten years. The GDP reflects the priorities of voters, who put the chief crafters and decision makers in office. The good news in regards to the General Development Plan is that it is up for renewal and both the County Council and Pittman are working on it now with plans for a 2020 release.

The second factor is, Anne Arundel County requires developers to submit construction applications that are valid for up to six years. Final permit approvals and the timing of construction are determined in part by school enrollment projections. The bad news as it pertains to development and subsequent overcrowding in schools is that when those six years are up, developers can build.

It’s this law that Pittman says needs to be changed. “Lawyers have always told us that we can’t have a permanent moratorium or go longer than [the six years], but I don’t believe that and our law office is looking into it,” he says. Pittman also believes that developers should have to pay higher and more appropriate impact fees.

According to Pittman, when members of the county council worked on the 2009 General Development Plan, they voted on allowing developers to pay lower impact fees than what the outside consultant hired by the county suggest-

ed. Pittman says the impact fees in no way cover the true cost of construction, namely the infrastructure required to support the thousands of people moving to the area.

While Steve Schuh believed that more and smaller schools should be built around distinct communities, a plan that suited Crofton parents, Pittman believes that “the county needs to create a General Development Plan that ends the policy of approving subdivision applications where we don’t have adequate facilities.” Beyond closing loopholes like the six year wait list, his administration is looking to other tools like forest conservation and environmental regulation.

REDISTRICTING ISN’T NEW, OR EVEN UNUSUAL

In a system where county zoning policies, gentrification, and rampant development has directly impacted schools, redistricting has become an annual exercise for AACPS administrators. “There is a misconception that this year has been different,” Mosier says, in response to families who contest the redistricting decisions that removed them from the Crofton feeder system. “But it’s the same process, same amount of hard work, same amount of introspection. We’ve been doing this for two decades so this year is not atypical for us. The process is the same whether you are opening a new school or not.” In fact, Crofton schools were

redistricted in 2014, and while the recent redistricting impacted several feeder schools, it didn’t touch nearly as many students as the 2017 countywide plan that moved thousands of students in the Annapolis and Edgewater catchment zones.

Redistricting is a formal and formulated process determined by regulation and law. The Board of Education looks to their own Educational Facilities Master Plan, the county’s Comprehensive Plan, their budget, and real time data on school capacity to decide when a school will expand, undergo reconstruction, or when a new school will be built. AACPS states that “a fundamental goal of the Board is to



plan is sent by the superintendent to the Board of Education, who votes on which version to accept and adopt. In Anne Arundel County, the Board can go with the superintendent's recommendations, propose another plan of their own, or one put forth by residents not on the committee.

In the case of redistricting in the Crofton area, a committee of 18 local parents spent two months learning about the issues that most impact students and families: residential location, current school capacity, school funding, and future growth trends. The group had three priorities: keep enrollment numbers under control, keep neighborhoods together, and keep students from splitting up. After much deliberation, they formulated four plans, one of which was adopted by Superintendent George Arlotto and forwarded to the Board of Education. "It was clear to Dr. Arlotto that the committee did an incredible amount of work and that their recommendation was well-crafted, well-reasoned, and well-justified," Mosier says.

balance the utilization of facilities and provide capacity for programs and services as they develop." This is a line they stand by in terms of annual redistricting review. Pursuant to the Education Article, Annotated Code of Maryland, the Board of Education, upon the advice of the superintendent, determines the attendance area for each school.

When AACPS and the Board of Education determine a need to redistrict, principals of impacted schools choose parents as representatives to a committee that will make recommendations to the superintendent on the geographical lines

that determine a feeder system. The committee also puts forth a formula for how students will move through a system as the redistricting plan is put into place.

AACPS provides intensive training to the volunteer committee members on county law and policy. They also provide current data and future projections to help the committee members form a full picture of what school attendance and enrollment will look like over time.

The committee makes a formal recommendation to the superintendent, who can use the ideas put forth, or come up with others. A final



The final decision made by the AACPS Board of Education marks the district's first attempt in 30 years (since construction of Broadneck High School in 1982) to create new high school boundaries. The new plan includes students temporarily moving from Crofton Elementary School to Piney Orchard Elementary School until West County Elementary School opens in the Arundel feeder system. Those children will then attend Arundel schools, a blow to those residents of Two Rivers and the nearby area who say they purchased homes based on the Crofton feeder system's reputation for excellence in education.

Construction of the new Crofton Area High School is on pace for its September 2020 opening. The school will open at full student capacity. Photos courtesy Anne Arundel County Public Schools.

The plan sends Arundel High School students who live east of Route 3 in the Nantucket,



THE REALITY IS THAT
CONSTRUCTION OF
CROFTON HIGH SCHOOL IS
BUDGETED FOR

\$134

MILLION AND IS EXPECTED
TO ACCOMMODATE ABOUT

1,700

STUDENTS.

Crofton Meadows, and Crofton Elementary School attendance zones to the new Crofton Area High School, a boon to parents who anticipate that attending a new school will benefit their children and their home values.

The plan also allows for the few students from Crofton Meadows and Crofton Woods elementary school zones who currently bus to South River High School to move to Crofton High, a benefit to parents who don't like their children's commute. Redistricted Arundel and South River high school students will be phased into Crofton Area High School over three years, by grade level.

The option approved by the Board of Education does not include any grandfathering provisions. Along with temporary moves, and concerns about property values, the grandfathering provisions seem to be what has many parents either deeply satisfied, or not. "The redistricting decision means that my three children will have to transfer to Piney Orchard Elementary School. Not only will they have to adjust to a new school, but Piney Orchard is farther away from their current school [Crofton Elementary]," says one parent. This same mom worries about her middle school-aged son who will have to transfer to Lindale Middle. "[It's] a 45-minute bus ride. My son will be forced to quit his after-school activities because he won't be home in time."

Mosier and the administrators at AACPS recognize the emotional nature of redistricting. "Change is hard and when change involves children, it's ultra-hard," Mosier says.

Which brings us back to the ugly side of redistricting: the fight to get what communities think they deserve and those parents who don't get what they want. The reality is that construction of Crofton Area High School is budgeted for \$134 million and is expected to accommodate about 1,700 students. It fit perfectly into Steve Schuh's plan for smaller schools in clearly defined communities. But redistricting didn't address the issues of overcrowding at Arundel Middle, Arundel High, or Old Mill High. The AACPS 2019 Capital Improvement Plan indicates three new high schools will be built in the county, with a new high school to replace Old Mill and, perhaps, another in West County. Mosier indicated in an email that the Board of Education will review an educational specification for Arundel Middle School at its next meeting. "That document is the first in the process that will look at options to expand/renovate [that] school."

TAKEAWAYS

What can you do if redistricting looms over your community, or if your feeder schools are overcrowded or under-performing? Andrew Pruski, the County Council Member who represents portions of West County, says to get involved. Ultimately, it is parent involvement from every demographic of our county that will matter most in guiding the decisions our elected leaders make in regards to development and its impact on the classroom. Educate yourself on local elected officials at every level, from your city or township to the county and state.

Talk with them to fully understand their position in regards to developmental regulations, policies, and their stance on school budgets. Demand that the county executive and their advisors work in transparent ways to legislate reasonable and sustainable upzoning and permitting with the future in mind. Studiously consider how the county functions and how their proposals for zoning might impact infrastructure in your area, then vote for the person who you believe will advocate for your community's best interests. The Anne Arundel County government website allows citizens to take a deep dive into all of these issues.

If you have students in county schools, join the Parent Teacher Organization (PTO or PTA) and make clear your willingness to volunteer on possible redistricting committees. Attend Board of Education meetings to better understand the issues that impact our schools directly. The recent decision to move to a fully-elected school board has important ramifications for parents, students, and every taxpayer. Learn about who your local Board of Education representative is and what they stand for. If your town has an education commission, join it, and take an active role in learning about everything from testing to special education. "Counties change. Students populations and schools change, it's just a fact. But what parents can do is be involved," reiterates Jeff Macris, the Annapolis Education Commission chair. Commissioner Pruski concurs: "Educate yourself, get involved, and advocate for your community." The AACPS website indicates multiple ways parents can be informed and active.

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Horse Pull Contest 7PM

FRIDAY, SEPTEMBER 13TH
Children's Day 9AM - 1PM
Dance Night w/Orcade 7PM - 10:30 PM

SATURDAY, SEPTEMBER 14TH
Loose Ties 2PM - 4PM
Midnite Run 5:30PM - 7PM
Dublin 5 7:30PM - 9:30PM

SUNDAY, SEPTEMBER 15TH
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AS MORE AND MORE MARYLANDERS RETHINK OUR MODES OF DAY-TO-DAY
TRANSPORTATION, ELECTRIC-POWERED VEHICLES (EVs) ARE REVOLUTIONIZING (AND
OFTEN ENERGIZING) THE AUTOMOBILE INDUSTRY // **BY FREDERICK SCHULTZ**

It's that sense of anticipation when you just know something momentous is happening. A well-established consumer fact of life is that our transportation decisions are second only to where, how, and in what we choose to live. If you're familiar with the Tesla Model S, the Nissan LEAF, and the Chevrolet Volt, you already know the way has been paved for alternative choices in automotive propulsion.

As of this writing, myev.com lists 18 of the "hottest new EVs" for the 2019 and 2020 model years—hard evidence that the future is here. Strikingly, each one highlights longer ranges than previous versions, with manufacturers including three new models of Tesla, along with entries from established manufacturers of gasoline-powered cars such as Audi, Hyundai, Jaguar, Kia, Nissan, Aston Martin, Mercedes-Benz, Mini, Porsche, and Volkswagen.



“CHARGING UP”

Cruising along quietly in a battery-powered vehicle sounds like a no-brainer in the grand scheme of car ownership, but while technology is still basically in its infancy, the big challenge is how and where to find a charge when you need it. Naturally, those who choose an electric car will want to have a home charging station—think phone charger, only a much larger capacity. One issue is that the charge time varies considerably depending on the battery size, from under 30 minutes to over 12 hours. A typical 60-kilowatt hour battery takes less than eight hours, with a seven-kilowatt hour “charging point.”

But what about fretting over where to get a charge on the road? In E parlance, that’s called “range anxiety,” and according to several sources, it’s the leading reason potential buyers still don’t trust battery power over gasoline. According to the latest statistics from the U.S. Department of Energy’s Alternative Fuels Data Center, a total of 23,271 charging stations (20,304 public and 2,967 private) are operational in the United States. While California predictably leads all states in number of stations and Alaska has the fewest, Maryland has 1,867 public and 205 private charging stations in the state—and that number is projected to grow. How many will be enough, however, is still an unanswered question.

THE BIG SWITCH

While most of us still suffer “pain at the pump” as oil prices fluctuate, an increasing number of drivers are smiling as they cruise the highways fully charged in electric-powered or partially electric-powered (hybrid) vehicles. A technology once reserved only for golf carts, bumper cars, and forklifts has now forced the automobile industry to change the way it does business.

In 2018, EVs constituted only 2 percent of total auto sales in

the United States, but investment banking firm J.P. Morgan projects that by 2025, EV sales will be up to 38 percent. And according to a poll of potential car shoppers reported in January on cleantechnica.com, “34 percent of Americans expect to buy an EV in the next 10 years.”

As one might expect, online sources for information on EVs—outlining both their advantages and the possible pitfalls—are varied, depending on the information you’re after and its veracity. Among the sources consulted for this

report, we zeroed in on the Smart Energy Consumer Collaborative and its consumer guide titled *Electric Vehicles: How Much Do You Know?* published in October of last year. The guide sets out to address questions on the costs of electric-vehicles, the options available, where to purchase them, how often and how long they need to be recharged, where charging stations are, how home-charging will affect electric bills, and environmental impacts. So, here’s “where the rubber meets the road.”

PROSPECTS FOR EV TAX INCENTIVES

Despite claims that EVs are three times more energy efficient and cost about one-fourth the price of running a gas-powered car, according to Smart Energy, the up-front investment in an EV over a conventional vehicle is still substantially higher.

To help level that playing field, however, as reported on April 10th by *Forbes* magazine's Jim Gorzelany, "a bipartisan coalition introduced a bill that would extend the one-time federal tax credit for buyers of electric, plug-in hybrid, and hydrogen-powered vehicles." The bill, supported by the automobile industry, environmentalists, and EV suppliers, is called "the Driving America Forward Act."

But even if it passes both houses of Congress, the article admits, it faces a veto from the White House, where Chief Economic Advisor Larry Kudlow has already announced elimination "in 2020 or 2021" of the tax credit that had been "enacted in 2010 to help spur sales of plug-in vehicles." But, Gorzelany concludes, "things tend to change rapidly in Washington, so stay tuned."



ACCORDING TO THE LATEST STATISTICS FROM THE U.S. DEPARTMENT OF ENERGY'S ALTERNATIVE FUELS DATA CENTER, A TOTAL OF

23,271

CHARGING STATIONS ARE OPERATIONAL IN THE UNITED STATES



STATE INCENTIVES

According to Maryland EV, a nonprofit electric-vehicle education and outreach resource organized by the Baltimore-Washington Electric Vehicle Initiative, Maryland put a tax incentive in place as well, which went into effect on July 1st. The state "offers an excise tax credit of up to \$3,000 for the purchase of qualified plug-in electric vehicles."

Maryland also has an incentive in place for charging stations. The Maryland EV reports that the state's EVSE Rebate Program "offers 40 percent of purchase and installation price, up to \$700 for residential installations, \$4,000 for commercial installations, and \$5,000 for retail service stations."

How all this will translate into savings for consumers is still a gray area, but it should mean more charging stations available to ease that previously mentioned "range anxiety."

ENVIRONMENTAL IMPLICATIONS

Aside from the fact that automobile manufacturers have been reading the electric-vehicle tea leaves for years and seem to be fully on board to follow the new trend, the environmental implications seem to be just as important, if not more, to consumers.

According to Smart Energy, vehicle emissions from internal-combustion engines come in two forms: air pollution and so-called "greenhouse gases"—notably, carbon dioxide and methane. The U.S. Department of Energy estimates "11,435 pounds of emissions annually are associated with operating a gasoline-powered car, and 4,455 pounds of emissions are associated with operating an EV—about 2.5 times fewer emissions."

These numbers for EVs can increase and even "be carbon free—by taking advantage of rooftop solar and community solar options, with or without energy storage, or enrolling in 'green power' plans," Smart Energy claims.

AN ELECTRIC-VEHICLE TESTIMONIAL

As this story developed, it became obvious that one especially pertinent source of current information on EVs would be somebody who owns one. Thus, we went to Shaun, a young, local, married professional with an infant son who agreed to share some specific insights.

WHY DID YOU DECIDE ON AN EV?

“We bought a fully electric Tesla for a few reasons: 1) We hope that the science proclaiming them as environmentally safer is accurate. 2) The cost per mile is lower, despite the higher up-front cost. 3) They have some of the best safety ratings on the road, and we had a baby on the way.” Shaun also says his family’s EV “provides a great ride,” while it’s also “pretty interesting and feature-rich.”

HOW DOES THE CAR RIDE?

“The handling is very good because of the amazingly low and distributed center of gravity provided by the in-floor batteries.”

WHAT ABOUT TIRE WEAR? “The tires stick to the pavement like glue, but this does cause them to wear a little more quickly, from what a service tech told us.”

WHAT WAS THE BIGGEST REVELATION AFTER BUYING AN EV? “Generally, we find that owning an electric car is a lot like having a smartphone on wheels, with all the benefits and frustrations that would entail. The connectivity, sensors, and other features are still often a surprising pleasure to us, but then there are times when things don’t work or we have to ‘reboot’ our car. Like any new technology—and this has a lot of new technologies—bugs are still being worked out.”





WHAT SPECIFICALLY DID YOU DISCOVER ABOUT TESLA? “Since it’s also a new-technology company, it’s still figuring out a lot of things, from supply and internal communication to car basics that older companies perfected decades ago. For instance, the motors and batteries are top-notch, but the glove box feels a little flimsy.”

HOW HAVE YOU FARED IN GETTING A CHARGE WHEN YOU’VE NEEDED IT? “You should plan to have a home charging station if you buy all-electric, then most of your charging occurs during longer trips. The large in-dash display provides a very easy-to-use charging-station overlay on the map. It will even calculate the shortest route with

the shortest number of stops for charging, and display full instructions with time and range estimates for each stop. We have not yet had to wait to use a charging station but that apparently does occur on the West Coast, where the electric-car density is higher.”

WHEN DID YOU REALLY PUT THE CAR TO THE TEST? “We recently took a trip to Québec and found that the car performed well, even over the long stretches of Québec and Maine forests that offered no charging options. It was our first time going so far with no safety net—200 miles. But the computer’s range estimates were perfect. When we stop for charging, it’s often at highway service stations or convenience and fast food stores, so

we use it as an opportunity for a longer rest stop. Often, hotels and restaurants will even offer free charging for patrons.”

HOW WERE THE ECONOMICS OF THE TRIP? “On the nearly two-week trip from Maryland to and through Québec, to Maine, and back home, we spent \$5 on electricity (per 200 miles). That’s a huge fuel savings.”

WHAT IS THE MOST IMPORTANT FEATURE OF THE CAR TO YOU AND YOUR FAMILY? “We love the fact that our son is not in the back seat breathing in as many fumes. We hope that putting up with the higher up-front costs and some minor frustrations help to give him a better planet. Plus, it’s also pretty fun to drive!”

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WHEN FOOD KILLS

Anaphylactic food reactions in Maryland increased 114 percent between 2007 and 2016. What's going on, and how can deadly outcomes be avoided?

By Kelsey Casselbury

The first time Genevieve Carden tried peanut butter was very nearly her last. She was just 15 months old when her mother, on the recommendation of her pediatrician, gave her a taste—never expecting that the tiny bite of a childhood favorite would forever change how their family would go about their everyday lives. Genevieve went into such severe anaphylactic shock that she arrived at the emergency room limp, unresponsive, and so swollen that she was unrecognizable.

“We had no warning,” Genevieve’s mother, Summer Carden, recalls. “We had no experience with food allergies.” Thankfully, Genevieve, now seven, responded to an epinephrine injection administered by the hospital physicians. For the Carden family, though, nothing was ever the same.

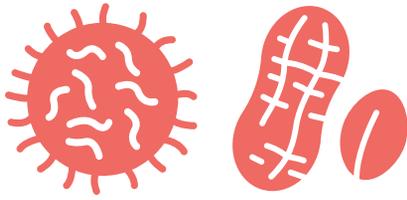
Their story, sadly, isn’t uncommon. Approximately 32 million people in America suffer from food allergies, according to Food Allergy Research & Education (FARE), including 5.6 million children under age 18. Forty percent of those children are allergic to more than one food. At the same time, a number of other conditions that likely have a biological connection—eczema (atopic dermatitis), asthma, and hay fever (allergic rhinitis)—have increased in prevalence, too.

What’s truly mystifying, however, is how food allergies appear to have skyrocketed over the past decade. The latest numbers, based on health insurance claims, estimate that anaphylactic food reactions increased 377 percent between 2007 and 2016. In Maryland, anaphylactic food reactions increased by 114 percent during that same time period.

While some 170 foods have been reported to cause an allergic reaction, there’s eight main players responsible for most reactions: milk, eggs, peanuts, tree nuts, wheat, soy, fish, and shellfish. Additionally, sesame is an emerging concern. Lawmakers in Maryland have taken action to prevent the worst outcomes when it comes to food allergies; for example, it’s one of just 12 states that requires schools to stock epinephrine, which can help prevent fatalities in schools. “The reason these fatalities hit so hard is that they’re always preventable,” surmises Gina Clowes, national director of training and outreach for FARE. “We can go back and see the mistakes that have happened.”

THE RISE OF FOOD ALLERGIES

The numbers don’t lie—there’s clearly a reason to be alarmed about food allergies. Of course, the most prevalent question is, “Why?” The answer to that is an ongoing topic of discussion. It’s a significant area of study for researchers, who have looked at possible links between food allergies and factors such as breastfeeding, Cesarean sections, diet during pregnancy, and vitamin D consumption without finding any definitive or specific connections.



As of now—and this is likely to change as research expands—there are two main theories as to why food allergies have become such an issue:

who's helmed AACPS' Food & Nutrition Services for 25 years, notes that all the meals served in the cafeteria are peanut- and tree nut-free. As part of the operation's bid process, vendors must send a nutrient label, ingredient list, and a statement verifying that the product is free from peanuts and tree nuts.

The Hygiene Hypothesis

Humans, particularly Americans, live in a world that has been rid of germs. Because of the raging battle against germs through hand sanitizer, antibacterial wipes, and other cleaning products, the immune system hasn't been trained to tell the difference between harmless and harmful irritants. "We are a clean society," says Lisa Gable, FARE CEO. "It's in a clean society that you see [food allergies] multiply." Could humans' immune systems simply be getting "bored"? Well, consider this: Research finds that people who live on farms develop fewer allergies. Exposure to farm animals also exposes a person to more germs known as endotoxins, which stimulate the immune response and decrease allergic inflammation. Additionally, the prevalence of food allergies has increased mostly in urban and first-world environments compared with rural and third-world countries.

The Food Introduction Hypothesis

Over the past three decades, pediatricians told parents to postpone introducing high-risk food allergens to children until a year of age or even later. The idea behind these guidelines was well-intentioned but had no effect on rates of diagnoses. As anyone who's had a baby in the past couple of years knows, researchers and pediatricians are beginning to throw those food introduction timelines out the window. In 2015, a landmark study, Learning Early About Peanut Allergy (LEAP), concluded that introducing peanuts to infants between four and eleven months of age—far sooner than age three, as previously recommended—dramatically decreased the likelihood of developing a peanut allergy compared with waiting until age five.

Although children are often the focus when food allergies are being discussed, more and more adults are developing food allergies after spending their adolescent years free from food allergies. "We have dietary trends that, I think, are exposing people on a more frequent basis to more types of allergens," Gable mulls. "We're seeing a rise in sesame allergies and asking to add it as the ninth major allergen."

It's no coincidence that sesame happens to be on the forefront of popular culinary trends, such as tahini—a paste made from sesame seeds that's a major component of hummus. Additionally, more people are reaching for plant-based proteins, which contain allergens such as soy, wheat, and egg. "Everyone who is hyper-aware is recognizing the influence of food trends," Gable says.

LIFE AND DEATH IN SCHOOLS

It's difficult for parents to control what foods might get handed to their kids at school, and that can be particularly stressful if your child suffers from a food allergy. In private preschools and daycares, bans on ultra-risky foods like peanuts help give parents a sense of relief, but neither Anne Arundel County Public Schools (AACPS) nor Queen Anne's County Public Schools (QACPS), which are managed by the foodservice company Sodexo, restrict any specific foods from entering the buildings.

That doesn't mean that food allergies aren't a top-of-mind concern for staff, particularly the head of the foodservice departments, who works with parents, teachers, nurses, and administrators to ensure safety for all students. Jodi Risse,

The precautions, of course, don't stop there. Other ways the department helps families with food allergies include:

Notifying cafeteria cashiers of any allergies when a student purchases food. A picture of the student and their specific allergy pops up at the point of sale, which allows staff to ensure none of the items being purchased will trigger a reaction.

Providing peanut-free or allergen-free cafeteria tables

Having Food & Nutrition Services staff regularly participate in professional training that includes education on food allergies.

Holding monthly meetings for the district's Wellness Council, which includes school nurses and the foodservice department.

Listing all ingredients for every product served or recipe made in the school on the district's website.

In addition to implementing procedures such as annual staff training and point-of-sale student identification, QACPS has made nutrition information more accessible with the Sodexo So Happy smartphone app, available for Apple and Android.

"When employees put their production sheets in, the info rolls right into the app," says Julie Hickey, RD, a dietitian for both QACPS and Talbot County Public Schools (TCPS). "The parent can pull up what's for breakfast and lunch at school, and it lists out the items and identifies the allergens." As of earlier this year, the app is also compatible

with the Amazon Echo, so parents and students can ask Alexa what's on the menu and learn about the allergens.

Of course, the impetus is not entirely on cafeteria staff or the teachers. An important part of keeping students safe is the partnership between parents and staff in implementing the 504 Plan, which outlines accommodations for students with disabilities. Under the Americans with Disabilities Act (ADA) of 1990, food allergies are considered a disability because it affects "major life activities"—e.g. eating and breathing—which means that both public and private schools must make reasonable accommodations to provide services, such as school lunch, for children with food allergies (though private religious schools are sometimes exempt).

Mom Diane Eager worked with AACPS to implement 504 Plans for both of her sons, 15-year-old Ryan, who's allergic to egg, tree nuts, and peanuts, and 12-year-old Alex, who's allergic to milk, egg, soy, peanuts, tree nuts, and shellfish. She's often concerned about her kids being given food-based rewards in the classroom. "At our 504 meetings, I give articles to the teachers that provide suggestions of what to give out instead of food," she says, also recalling that she was asked years back to speak to the PTA about food allergies.

Carden, however, decided against putting a 504 Plan in place for Genevieve, and she allows her daughter to sit at the "regular" lunch tables versus the nut-free tables. "She started school at six years, and I felt it was time she started to learn to eat safely around others, even when they were eating her allergen," Carden says. "The nut-free table, while an option, is not realistic for teaching her to protect herself."

As previously mentioned, Maryland is one of just 12 states that requires schools to stock epinephrine; the Uni-

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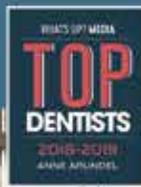
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iversity of Maryland stocks it on campus, too. "In Virginia, a little girl died, and that was the impetus for schools to stock epi," Clowes says. "That was not the case in Maryland, and it shouldn't have to come to that."

MAKING A CHANGE

When someone's life is so significantly impacted by food, a family member's food allergy diagnosis can be both a shock and a substantial adjustment. Such was the case for Jeff Jacobs, owner of Carrol's Creek Cafe in Annapolis, whose son is severely allergic to tree nuts. He knows firsthand the struggle that families that deal with food allergies face when attempting to eat at a restaurant and, because of that, the team at Carrol's Creek began looking at whether it was feasible for the restaurant to go peanut- and tree nut-free free.

It was, as Jacobs and his staff quickly found out, entirely possible. In February, Carrol's Creek Cafe was certified as nut-free by Kitchens with Confidence, the leading food allergen and gluten free auditor for full-service kitchens. "It's not just 'don't order nuts'—that's the easy part," Jacobs notes. "What scared us the most was what we didn't know." To combat that, the restaurant hired a consulting firm to look at all the ingredients it buys, the practices of the manufacturers that the ingredients come from, and where to go when they had to find new products.

12 states require schools to stock **epi-nephrine**. Maryland is one of them.



To Ban or Not to Ban?

If peanuts and other allergens are so deadly, particularly to unsuspecting children, should they be banned from schools? The general consensus among researchers is no. Peanut-free schools aren't any safer for kids with allergies than those that allow the nut.

"I don't think peanut bans are necessary," muses Julie Hickey, RD, who has been a dietitian for 25 years and currently works with Queen Anne's and Talbot County Public Schools. "As long as precautions are in place, the parents and students need to take responsibility. If we ban it in school, it doesn't stop them from encountering it in other places."

A study published in the Journal of Allergy and Clinical Immunology, which reviewed rates of epinephrine administration in K-12 schools, found that schools that were said to be peanut-free had the same rate of epinephrine administration as those without peanut policies. However, having peanut-free tables in the school cafeteria did make a difference.

Jodi Risse of Anne Arundel County Public Schools shares the same opinion as Hickey. "As our children grow and experience independence, they have to deal with it," she says.

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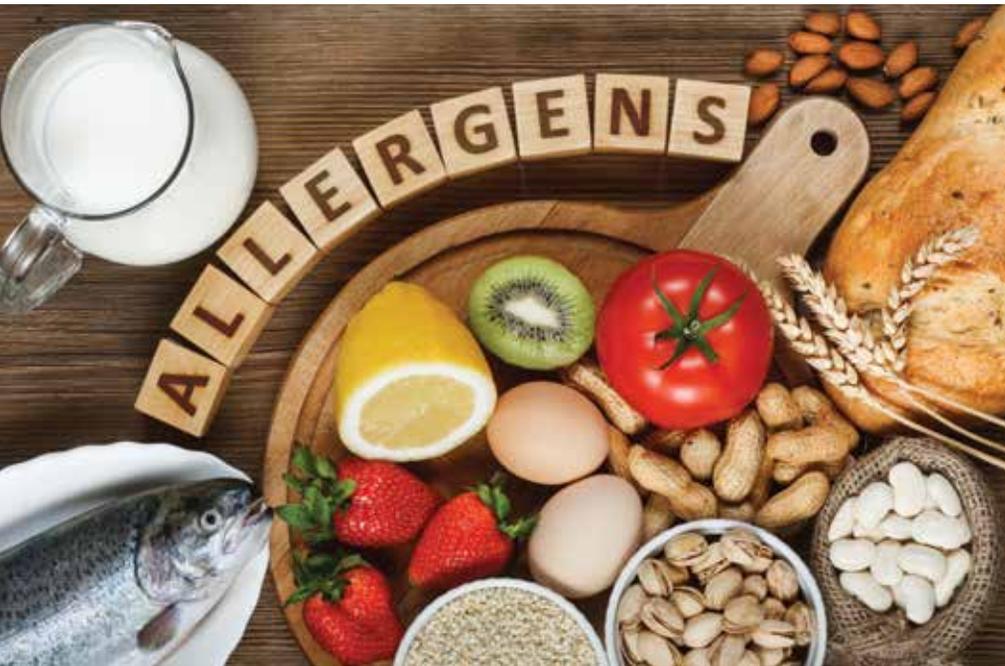
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“The fear is so extreme that it ruins what should be a happy experience, like eating out or celebrating a birthday with a slice of cake.”

The hardest substitution to make, Jacobs recalls, was ice cream. “We used Annapolis Ice Cream and really liked having a small, craft ice cream,” he says. However, it didn’t fit the needs of the new allergen-free policy, requiring Carrol’s Creek to switch to a New York City store with ice cream that is fully nut-, peanut-, egg-, and sesame-free.

Overall, though, the process has been much easier than anticipated, and the restaurant didn’t have to raise prices to account for higher-priced ingredients, nor did the team hear any negativity from the public. “We’ve gotten amazing feedback,” Jacobs adds. “I can’t tell you how many times we’ve heard, ‘My daughter has never been to a nice restaurant before.’ It’s been great to give that to somebody.”

Maryland is one of six states that has food allergy laws in restaurants, Gable

says; it requires that a poster about food allergies be prominently placed in the staff area. She also notes that the National Restaurant Association developed a ServSafe certification for restaurants that includes training on food allergies. All restaurants in the state must have a certified food service manager on the premises during all hours of operation.

“As the number [of people diagnosed] increases, there are more reactions and there are more fatalities,” Clowes says. “We don’t need to wait for fatalities for training on food allergies.”

A NEW WAY OF LIFE

The effect a food allergy diagnosis has can’t be overstated—not only for the patient but also for their loved ones, who are constantly on guard to ensure their safety. “I remember crying the day we found out [about Genevieve’s

allergies], thinking our life would never, ever be the same again—and it hasn’t been,” recalls Carden. “From where we will be throughout the day, who will be with our daughter for each activity, who around her might have ingested peanuts or peanut butter, and where we will need to carry EpiPens for the day—this is the most important focus of our day, every day.”

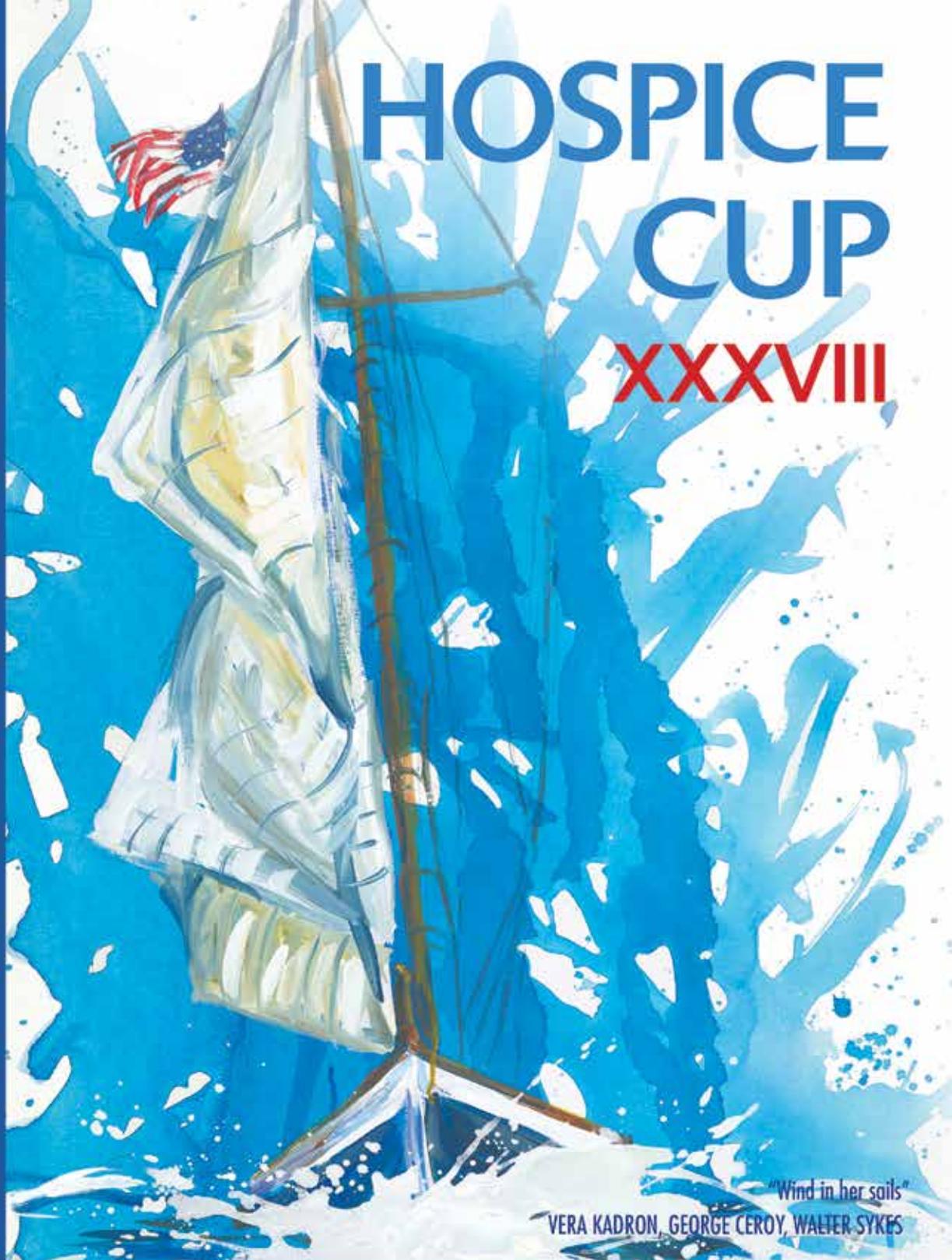
On its website, (www.foodallergy.org), FARE offers the Food Allergy Field Guide for those who have been newly diagnosed with food allergies, which Clowes says is the most downloaded resource on the site. It provides information about what people need to know about food allergies, an anaphylaxis emergency care plan, food label information, advice about dining out with food allergies, and frequently asked questions.

Eager’s children are old enough to be aware of the dangers that certain foods pose to them, and they are capable of administering their own EpiPen injections. However, she says her guard never goes down because ingredients are always changing, even for non-food products, like adding tree nut oils to soaps.

“The moral of the story is be prepared—but you get caught off-guard every once in a while,” Jacobs says, recalling when they were making quesadillas with shredded cheddar cheese and happened to notice that the package said it may contain almonds. Later, he found out, the manufacturer adds nut dust to ensure the cheese doesn’t clump. What was just a regular family gathering could have turned into something much more perilous—and the panic and fear surrounding that risk is what Carden would like other people to understand.

“The fear is so extreme that it ruins what should be a happy experience, like eating out or celebrating a birthday with a slice of cake,” she says. “Knowing that for her entire life, every meal she eats and every product she tries, that she could die—it’s a heavy burden.”

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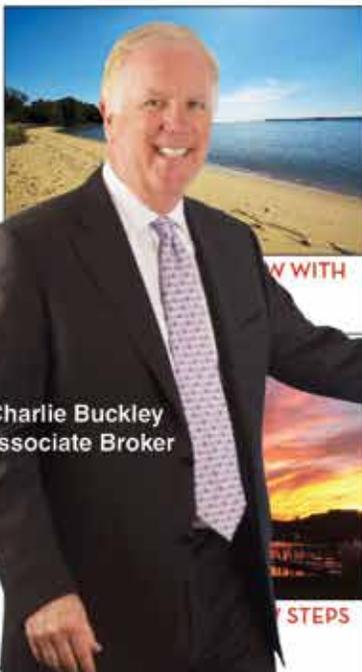


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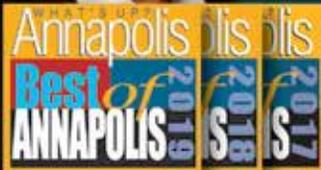
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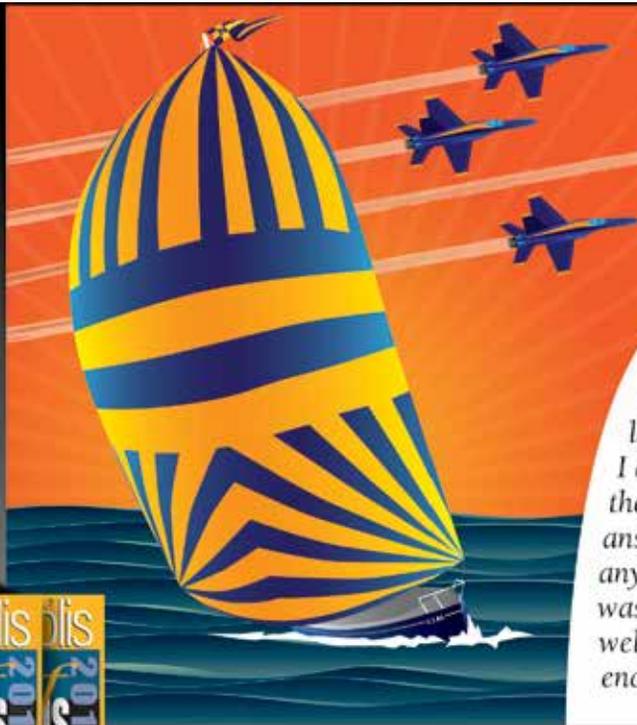
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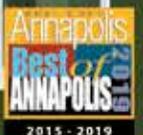
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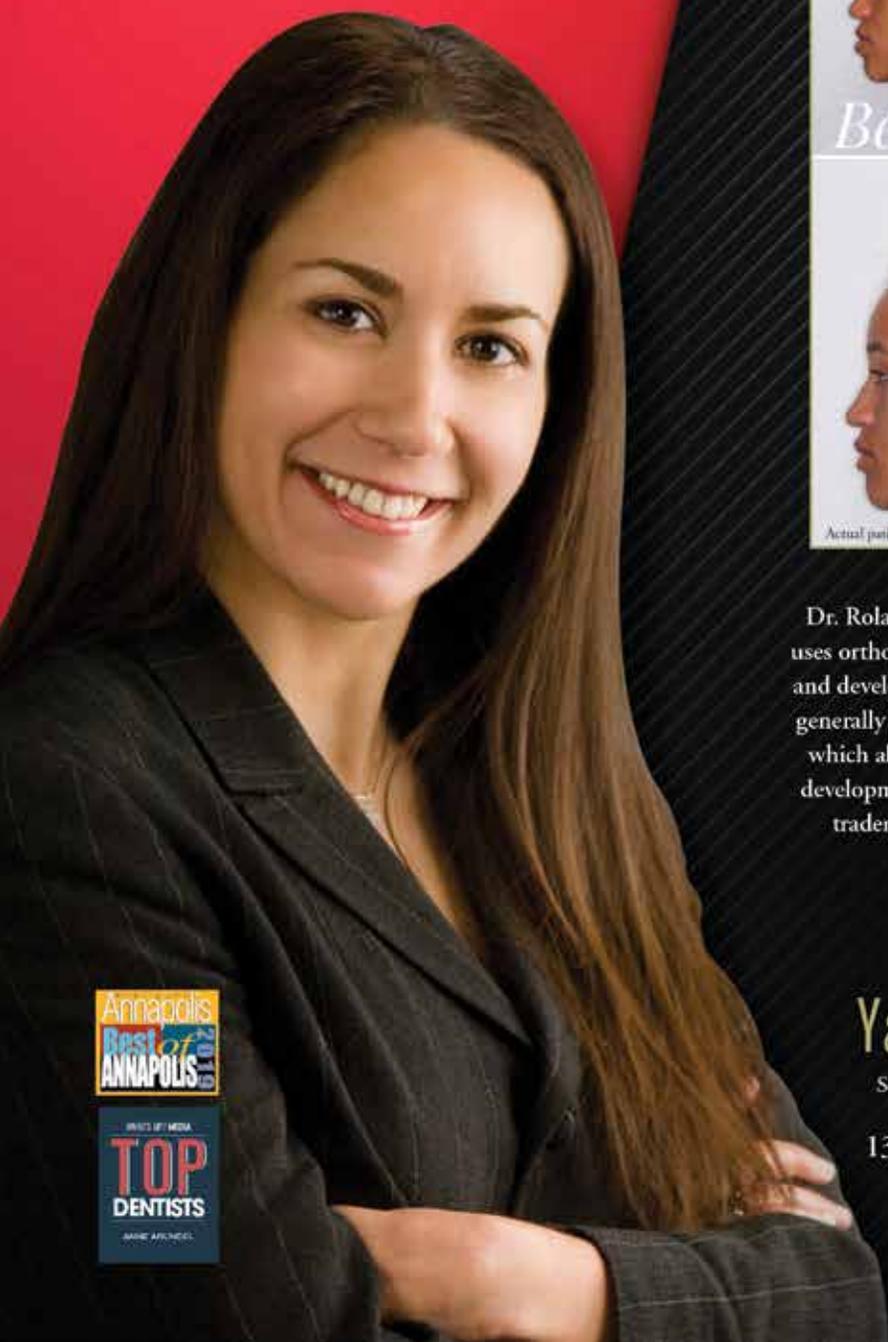
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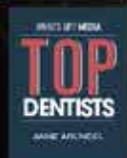
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Annapolis in 2020

CONVERSATIONS ABOUT
THE CITY OF ANNAPOLIS'
FUTURE WITH PROMINENT
PERSONALITIES

By Frederick Schultz

Welcome to our next installment of focused conversations with community personalities as we approach the third decade of the 21st century. Here, we speak with Joe Hudson, who has served as the Hispanic liaison/post advisor with the City of Annapolis Police Department for 10 years.



Photography by Stephen Buchanan

What is your overall opinion of how the Latino community is fitting in with the rest of the city? Are enough connections being made for the Latino community to feel more comfortable being here?

Overall, I think they are [feeling more comfortable]. It's a learning curve on how the community can get services and things of that nature. For a long time, we had a very transient population, but that same population is now actually seeming to settle down here in Annapolis. It's started to take root. I think things are beginning to fall in line a lot better than they were in the past. I know that we have discussions in the schools and in different other areas about how to better serve the population, and how to get the population more involved. But it's taking a while.

What challenges does the mayor face when working with the Latino community?

The community will not work with you unless they know and trust you. The largest hurdle [the Latino community has] is rooted in their countries, where the governments do not provide anything. Help comes from the churches. Government wanting to help is a new and strange concept to many of our families. This is a work in progress. The mayor is moving in the right direction. He has hired a Latino liaison for city hall. Adriana Lee is working in the community, but it takes time. They have made great strides in making the city government more accessible.

What changes have you seen in the national political climate, and how is that affecting the job you do?

The biggest change is the uncertainty of it all. Ten years ago, pretty much everybody understood what the political

situation was and what the path to citizenship was. DACA (Deferred Action for Childhood Arrivals) was introduced and then it was taken away. Now, it might be back on the table. If you're living here, and no one in your family has documentation, you live with that fear all the time. You live with that trauma of "what happens if my dad gets picked up?" Or "what happens if my husband gets picked up or I get picked up?"

A child may be born here but mom and dad weren't, and they don't have documents. So that child who was born here lives with the same trauma as the child who wasn't born here. A lot of times we fail to realize that the child who was born here, who is a U.S. citizen, also bears the same baggage.

What experience have you had in dealing with the immigrant gangs in this area?

I knew every one of the children who were mentioned in the recent *What's Up? Annapolis* article on MS13.

What was your involvement in dealing with the violent attacks?

I had no involvement in the investigation. I worked with a lot of the families and tried to help them deal with their loss.

Can anything be done to prevent those attacks from happening again?

I think the work that I do with my team—mostly bilingual facilitators for the schools—[including] our learning programs, working with our children, and reaching out to them—those are probably the most important things we can do. Uniting and reuniting families is critical to giving the kids a core set of values.

That's the only way they're going to be stronger and not fall into a gang or a runaway situation. I'm just a small part of the puzzle. Every day I do the best I can and reach out to the people that I can. But I'm probably not the most important part of it. People higher up than me do a lot more than I do.

I'm blessed that I have a family who understands the work I do. And they're great about allowing me the time to do it. I'll take phone calls any time of the day or night and try to work through problems that arise. I have families that will say, "I'm having an issue, I don't know what to do." And we'll kind of work through it for the short term and then we'll meet with them in the long term. It's not just the police departments' work or the medical centers' work or the schools' jobs. Everybody's got to be united and pull together in order to lay a solid foundation. And I'm just a small part of this machine. In the end, I think Hillary Clinton said it best, that it takes a village. And that's really true.

How does that translate locally?

The city should work with the Latino community just as they work with any other minority group. The politics surrounding the Latino community should be decided in their home countries and in Washington D.C. Locally, we should see our Latino residents as humans and address their humanitarian needs. I believe the city is a partner but not the primary provider. The primary providers should be our local churches, nonprofits, and community groups.

Because of the high level of trauma experienced by many of the people who have immigrated to this country and the

trauma that has been passed to the children born in this country, bilingual mental health is the most urgent need in the community. Other issues are reunification, parenting skills, language barriers, lack of formal education, and upward job mobility. These are the primary issues faced within our Latino community. Community partners are better equipped to mentor our families. City government's role is to connect services and provide pathways.

What would you like to see City leaders specifically address?

An expansion of mental-health services. Frankly, it doesn't matter where you come from. Mental health is a real issue in most of the country. Many of the kids I work with come from countries that are very violent. It's a traumatic experience for them, and that may have made their journey to the United States even more difficult. In many instances, parents send them here alone. Other times, the parents are already here, and the child had been living with an aunt, uncle, brother, sister, or whatever family member it may be. And they make that journey for the most part alone, on foot. They cross the border, where they may or may not get picked up by immigration and customs. If they are, they're detained.

All that adds to the trauma on these children, most of them only eight to 10 years old. Reunification often never really happens, because no one ever teaches a parent what to do to reconnect with their child. Some of them might have left a child when they were only three years old, and now they're receiving that child when he or she is 13 years old. Any family

THE COMMUNITY WILL NOT WORK WITH YOU UNLESS THEY KNOW AND TRUST YOU. THE LARGEST HURDLE THEY HAVE IS ROOTED IN THEIR COUNTRIES, WHERE THE GOVERNMENTS DO NOT PROVIDE ANYTHING.

bond is not there. The kids don't know their parents, and the parents don't really know their child. That reunification piece is so important.

All the while, the child is dealing with so much trauma—from violence, the journey itself, the detention. Services need to be provided for those children to relieve themselves of that baggage. I call it trauma baggage, because if you pack for a trip, your suitcases are so heavy that you can only carry them for so long.

Trauma is the same way. The longer we carry it, the heavier it becomes, to the point where we can't carry it anymore. So, to me, mental health is the biggest area that we need improvement on. I could talk to you about the opioid crisis; a lot of our kids are addicted. Most of them started with a trauma that was never handled properly.

What's the most important thing you do personally in your job as the Hispanic liaison?

I would say connecting with our kids in the community and working with their families as well. But primarily, the most important aspect is working with the kids. This morning I stopped by a school and talked to a young man who started off the school year with straight As. Now, he's at the opposite end of the spectrum. So, we talked about what's going on

with his life, how we could change those things, how he can improve, where he needs help to navigate whatever's troubling him.

In your emails, you include a quote: "When our children heal, we all heal." Is that from you?

No. I'm actually also part of the National Compadres Network that originated in California. I oversee three different programs—one for boys 14 to 21, one for girls of the same age span, and we have a program called *Cara y Corazon*, which means Face and Heart, and that's for the parents. The line you quote is actually one we use in our mentoring programs that came from the network.

The program is 30 years old. If you think back to what was happening in California in the 1980s, especially around Los Angeles, you remember there was a lot of gang violence and many problems with youth. Consequently, a group of men got together and essentially said, "What's going on here? What's going on with our youth?" They started outlining problems, and they realized that they, too, had some of the same issues. They developed a program with core values and from there started working with kids. That program stretches across the country, to Annapolis, now.



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Stevensville, MD | 4BR/3 full - 1 half BA | \$1,750,000
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Stevensville, MD | 5 BR/5.5 BA | \$1,450,000
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Lothian, MD | 2 BR/2 BA | \$1,499,000
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Search MDAA373682 on cbhomes.com



Annapolis, MD | 3-4 BR/3.5 BA | \$898,000
216 S Southwood Ave

Beautiful custom home w/extensive upgrades & updates near Historic Annapolis. Entry level bedroom, gorgeous kitchen, updated MBA, 2 fireplaces, screened porch, & garage.

Antonia Barry 410-533-1177
Search MDAA405118 on cbhomes.com



Annapolis, MD | New Construction | \$575,000
3245 Arundel on the Bay Road

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Jennifer Chino 443-494-9091



Chester, MD | 5 BR/3.5 BA | \$1,400,000
2903 Cox Neck Rd. E

Custom Colonial on Crab Alley Bay in Southwest. Custom kitchen, new master bath, freshly painted, Tile & Hardwood. Third level flex space. Beautiful sunrises, outdoor living, beautiful pool & screened porch.

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Hanover, MD | 3 BR/3.5 BA | \$425,000
7724 Duncannon Lane

This stunning turn-key townhome is loaded w/upgrades. 4 Years young w/all of the upgrades & not the price! Priced below appraised Value. EZ commute to Ft. Meade, Baltimore, DC.

Sarah Garza w/The PCS Home Team 443-717-3631
Search MDAA403700 on cbhomes.com



Cape St. Claire, MD | 3 BR/1.5 BA | \$340,000
1044 Oak Tree Lane

Excellent opportunity to own a single-family home for a townhouse price! Hardwood floors through the main level and newer carpet.

Carolyn Buchleitner w/The PCS Home Team 410-530-5602
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Crownsville, MD | 4 BR/3 BA | \$575,000
840 Valentine View

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Crofton, MD | 4 BR/2.5 BA | \$535,900
1866 Cabrini Court

Fabulous home on a corner lot featuring spacious master suite, updated kitchen and baths, oversized 2-car garage. Lower level with game room and built in storage.

Don Shankle 410-562-1034
Search MDAA402512 on cbhomes.com



Annapolis, MD | 3 BR/2.5 BA | \$305,000
939 Breakwater Drive

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Jen Holden 443-803-7620
Search MDAA403260 on cbhomes.com



GARDEN DESIGN

Virginia is Notable for More Than Traffic Jams

GARDENS WORTHY OF A DAY TRIP

By Janice F. Booth

Autumn is fast approaching; schools are opening, and our gardening tasks are abating...at least for a few weeks. Now's a perfect time to plan a few day trips to gardens that may inspire us as we plan next spring's garden. Some of us have been to Pennsylvania's grand gardens of the Brandywine Valley and Philadelphia's Main Line. We've explored the District's Dumbarton Oaks, Hillwood Gardens, the National Arboretum, and National Conservatory. We've taken the garden tours of Annapolis.

Now might be the time to wander down into Virginia and explore the historic and lush gardens of the south. Let me suggest some gardens with historical significance and gardens that invite the whole family, with lots for children to enjoy.

So, grab your notepad and sunhat, and let's get started.

FIRST AND MOST NOTABLE OF VIRGINIA'S HISTORIC GARDENS ARE THOSE ASSOCIATED WITH PALATIAL HOMES AND FAMOUS FIGURES WE CAN RECOGNIZE FROM OUR AMERICAN HISTORY TEXTBOOKS. I'LL MENTION BRIEFLY MT. VERNON, MONTICELLO, AND WILLIAMSBURG AND THEN MOVE ON TO OTHER, LESS-RENOWNED SITES.

of garden design moved mid-18th century England away from classicism to a romantic, and more natural appearance. Jefferson based the designs for his gardens, orchards, and wooded areas on Brown's designs. The grounds of Monticello include eight acres of orchards, which Jefferson called his "fruitery," and a thousand-foot-long vegetable terrace. Autumn is a particularly good time for a visit; the Thomas Jefferson Foundation sells seeds collected from their gardens. monticello.org

Mt. Vernon House & Gardens, just outside the District of Columbia in northern Virginia, interests gardeners and history buffs alike. This National Historic Site was the residence of George Washington from 1754 on. The estate includes the restored, expansive gardens designed by our first president. There are acres of garden areas, which include vegetables, fruit, experimental botany, and flowers. An avid horticulturalist, Washington's vision for the gardens was influenced by the English landscape designer Batty Langley. Much of the estate is wheelchair accessible, and there are lots of places to stop, rest, and observe. If you haven't been, go! mount-vernion.org

Thomas Jefferson's **Monticello**, outside Charlottesville, reflects Jefferson's creativity, fascination with the horticultural sciences, and love of nature. As an added bonus, you can see the creative vision of Capability Brown, whose gardens and philosophy



The third of these historical giants is **Colonial Williamsburg**. Founded as a settlement in 1633 and rebuilt and restored by John D. Rockefeller Jr. in 1926, the Colonial-style village includes 25 public gardens and 75 additional gardens that can be toured by appointment. There may not be much that will surprise you among the gardens, but you will get a vision of Colonial garden design. You'll probably want to spend more than a few hours—perhaps a few days touring—Colonial Williamsburg. colonialwilliamsburg.com

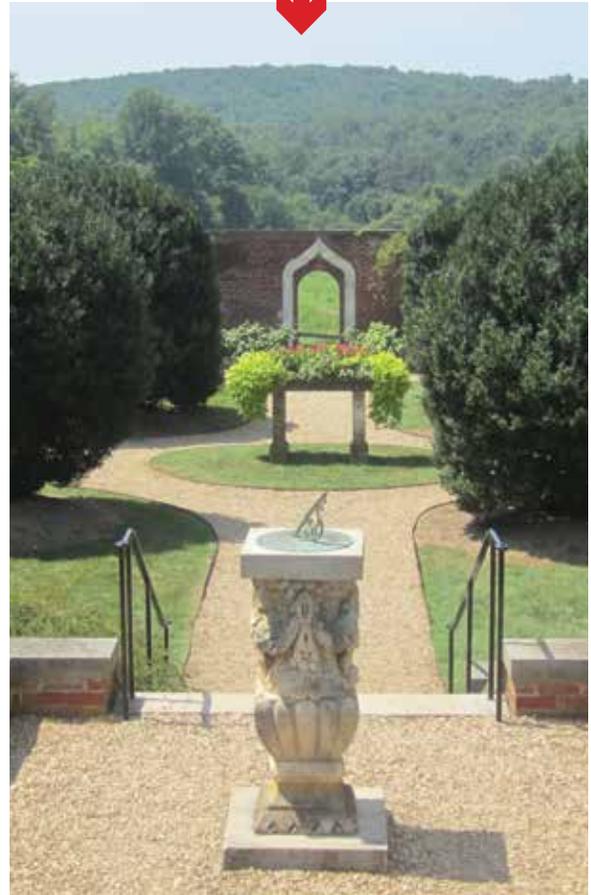


NOW THAT WE'VE GOTTEN THE FAMOUS ONES OUT OF THE WAY, LET ME SUGGEST SOME LESSER-KNOWN BUT HISTORICALLY INTERESTING GARDENS.



Agecroft Gardens: While Agecroft Gardens is not technically historic itself, it is the 20th century reconstruction of 15th and 16th century English country life. In 1925, industrialist Thomas C. Williams, Jr. bought a 15th-century English manor house. He had it deconstructed, moved, and rebuilt near Richmond. The 23 acres of gardens surrounding the house are Tudor in design, and include a “knot garden,” in which boxwoods have been grown and shaped into a square knot, and another garden inspired by famed 17th-century garden John Tradescant’s designs—worth the trip for those interested in historical garden designs. agecrofthall.org

Montpelier Gardens: The family home of James Madison, fourth president of the United States, dates back to 1773. In addition to the two acres of formal gardens, there are miles of hiking trails that crisscross the estate. The nine miles of trails are not arduous, and they wander past Civil War archeological remains. Keep an eye out for birds; there are said to be more than 100 species of birds spotted in and around the gardens. montpelier.org



Berkeley Plantation: Now here's an intriguing historical site. The first Thanksgiving in 1619 was celebrated here—just over one year *before* the now-famous Thanksgiving Day in Plymouth Colony. (President Lincoln signed a proclamation in 1863 establishing Thanksgiving day as a national holiday.) Two presidents were born here: William Henry Harrison, the ninth president of the United States, and Benjamin Harrison, the 23rd president. Today, you can wander over 10 acres of formal gardens, including the Boxwood garden with 100-year-old specimens. There are convenient benches where you can rest and admire the vistas. berkeleyplantation.org

Gunston Hall Gardens: Virginia Declaration of Rights: Established in 1755 as George Mason IV's ancestral home. George Mason wrote the Virginia Declaration of Rights that was eventually incorporated in the United States' Bill of Rights. Currently, there are 550 acres of grounds replete with hiking trails where visitors are encouraged to wander. Look for the garden's highlights, like the Boxwood Allée, or alley, planted by George Mason IV. gunstonhall.com



Oatlands Plantation: Established in 1789 by George Carter, the gardens of Oatlands were typical of the Tidewater region of Virginia, formal and terraced. In 1903, William and Edith Eustis purchased the plantation and began restoring the gardens to the grandeur seen today, complete with a reflecting pool, parterres, arches, and statuary. oatlands.org

THE NEXT GARDENS MAY NOT HAVE THE HISTORICAL IMPACT, BUT YOU'LL FIND THEY HAVE THEIR OWN PARTICULAR CHARMS.

Blandly Experimental Farm and State Arboretum of Virginia:

Blandly Experimental Farm is a 700-acre research field station. The arboretum, which occupies 172 acres, contains over 5,000 trees and shrubs, including a 300-tree ginkgo grove and plants from around the world. The Garden Club of Virginia manages the arboretum. Overseen by the University of Virginia, the farm offers classes and guided walks. Check their website for dates and times. blandy.virginia.edu



Norfolk Botanical Garden:

Established in 1938, the gardens include three acres of children's gardens and a "museum for plants." In addition, there are specialty gardens; Japanese, rose, and desert plants among others. Ninety-five species of birds and 30 types of butterflies have been sighted within the gardens. A tram takes visitors on guided tours around some of the 175-acres, a fun way to explore the Botanical Garden if you have a tired group. norfolk-botanicalgarden.org

Maymont Gardens and Manor: Located in Richmond, this 100-acre estate reflects the glories of the Gilded Age in America. There are bison and deer grazing in the meadows, as well as a petting zoo and nature center if you want a closer look at nature. Maymont offers carriage rides and tours of the mansion, giving you the opportunity to imagine how it might have felt to be the owner of all you survey. This garden is particularly delightful for a multi-generational adventure. There's lots of activities for the children, while the elders enjoy less strenuous encounters with the manor house and garden's treasures. maymont.org

MacCallum More Museum & Gardens: Last, but not least, this tiny jewel of a garden is a particular favorite of mine. You can wander the winding paths of the garden's six acres, and around every corner you may discover a statue, a fountain, an architectural feature, or cluster of interesting plants and shrubs to capture your imagination. Anachronistically, the museum houses a large collection of Native American artifacts purchased by the home's owner, William Hudgins. mmmg.org



Whether you're interested in garden design and want to study the 17th-century work of Tradescant or Brown's renowned 18th-century gardens, or if you simply want to admire the visions of those who loved their gardens, any of these Virginia gardens will delight and inspire you.



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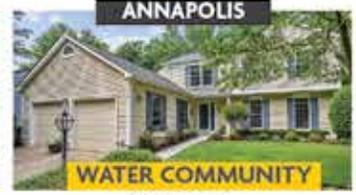


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SEVERNA PARK

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43 KLEIS ROAD



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363 DUTCH SHIP COURT



RIVA

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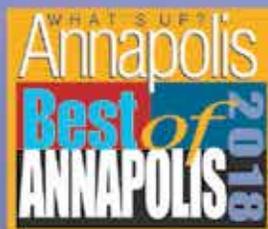
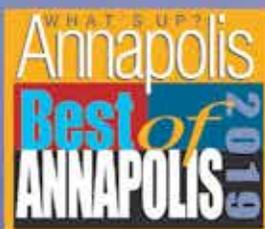


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FULTON | \$1,050,000
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CARVEL BEACH | \$925,000
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SEVERNA PARK | \$599,900
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LA PLATA | \$575,000
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FEDERAL HILL

BALTIMORE | \$550,000
300 E Randall Street



PASADENA | \$500,000
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CANTON

BALTIMORE | \$499,000
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SEVERN | \$415,000
1211 Scattered Pines Court



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LAUREL | \$375,000
247 Spring Gap S



SEVERN | \$375,000
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ARNOLD | \$355,000
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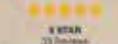
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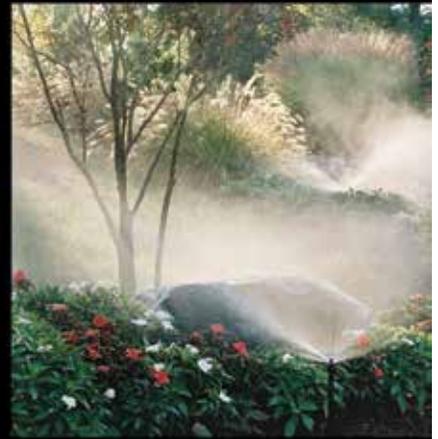
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Annapolis

By Lisa A. Lewis

Situated above Crab Creek and boasting spectacular water views of the creek and South River, this custom-built cottage-style home is absolutely charming—an idyllic retreat where the delights of waterfront living abound. The property was listed on October 21st, 2018 and closed on January 3rd, 2019 after only 48 days on the market.

“The owner, who hails from New York City, originally built the home for his parents, whose primary residence was in Montgomery County,” says Jeff Ross of Coldwell Banker Residential Brokerage, the listing agent for the property. “They were uncomfortable with the idea of owning a second home, but they ultimately ended up docking their sailboat in one of the slips. Over the next 32 years, my client and his family used the residence as a second home to escape the proverbial ‘rat race’ of Manhattan.”

Exuding impressive curb appeal, the four-level home features an eye-catching exterior design and lovely landscaping. French doors greatly enhance the main level—showcasing the serene water views. Adorned with hardwood floors, the living and dining rooms are open to one another, creating an easy flow. The living room features a cozy fireplace and offers the perfect setting to relax and enjoy the views. Sharing a delicious meal is a delight in the dining room, which overlooks the kitchen and includes large windows and access to the waterside deck.



Primary Structure Built: 1986
Sold For: \$1,200,000
Original List Price: \$1,350,000
Last Sold/Price: No previous sale
Bedrooms: 6
Baths: 4 full, 1 half
Living Space: 3,581 sq. ft.
Lot Size: .60 acres

Beautifully designed spaces also await on the upper levels of this stunning home. The exquisite master bedroom, located on the second level, features locally handcrafted wooden cabinetry, a built-in armoire, a fireplace, carpeting, and oversized windows that boast water views. The master bath, which also offers water views, includes a dual sink vanity, and a Jacuzzi tub. A ballet studio, complete with a barre and wall-length mirrors, is located on the third level. Attached to the studio is a charming sitting area with built-in bookshelves.

The lower walkout level features a bedroom and a full bath for additional convenience. The exterior includes a boathouse and private pier with lifts and multiple boat slips, amenities that greatly enhance the property. This home is truly a waterfront paradise.

“This was a meaningful transaction for me,” Ross says. “I met the owner and his wife in 1999 when they brought their children to Annapolis for the school year. During our conversation at dinner—although the own-



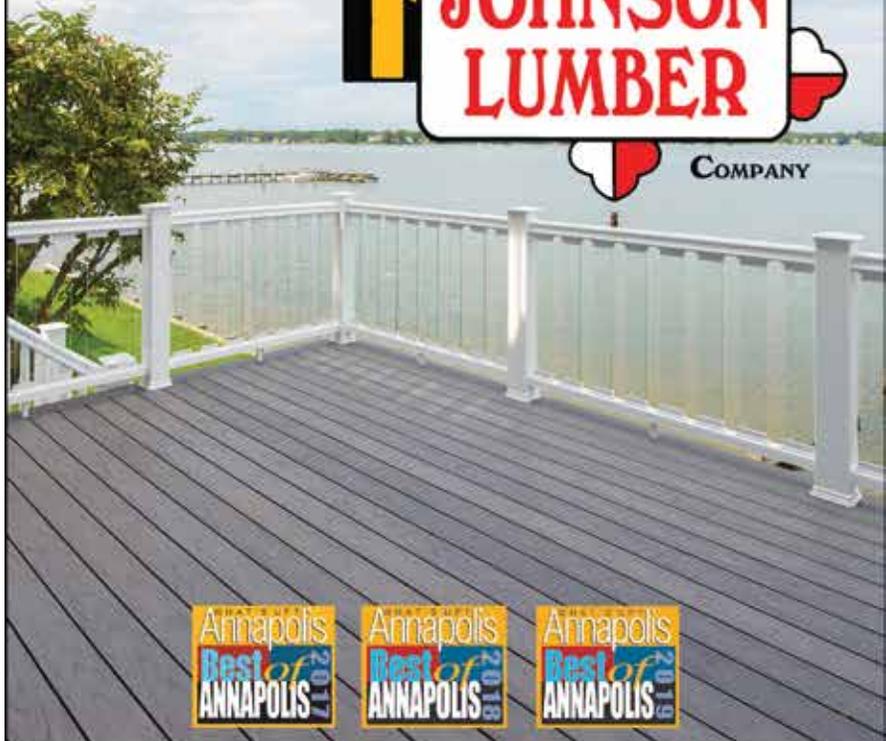
er's wife initially didn't believe me—I finally convinced her that we both grew up in West Orange, New Jersey—less than one mile apart. It was the beginning of a 20-plus year friendship.”

Photography: John Bildahl Photography, 410-991-3580, jbildahl@aol.com, bildahlphotography.photoshelter.com

Listing Agent: Jeff Ross, Coldwell Banker Residential Brokerage, 301-538-5624 (direct), 410-263-8686 (office), jeff.ross@cbmove.com, jeffrosshomes.com

Buyer's Agent: Maria Brown, Cummings & Co. Realtors, 410-227-6717 (direct), 410-823-0033 (office), maria@cummingsrealtors.com, cummingsrealtors.com

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Primary Structure Built: 1940
Sold For: \$810,000
Original List Price: \$825,000
Last Sold/Price: \$680,000
(2009)
Bedrooms: 4
Baths: 4
Living Space: 3,518 sq. ft.
Lot Size: .34 acres

HOME REAL ESTATE

Arundel on the Bay

By Lisa A. Lewis

With impressive curb appeal and beautifully designed living spaces, this custom Craftsman home is an absolute gem—exuding a charming aesthetic that appeals to buyers. The property was listed on January 2nd, 2019 and closed on March 6th, 2019 after only 34 days on the market.

The three-level home, which was completely renovated between 2010 and 2018, showcases exquisite architectural detailing, including wide-plank pine flooring, elegant moldings and trims, and nine-foot ceilings. Ample windows bathe the interior spaces with abundant natural light, creating a warm, cheerful atmosphere.

Designed for modern lifestyles, the main level features an open floor plan that seamlessly blends the kitchen, living, and dining areas into one common space—creating an easy flow that is perfect for entertaining. A relaxing retreat, the living room includes a cozy gas fireplace, custom built-ins, and recessed lighting. Preparing meals is a joy in the well-appointed kitchen, which offers generous cabinetry, leathered granite countertops, subway tile backsplash, high-end stainless-steel appliances, an island, recessed and pendant lighting, and access to the deck. Additional spaces on the main level include an office, a mudroom, and a bath.



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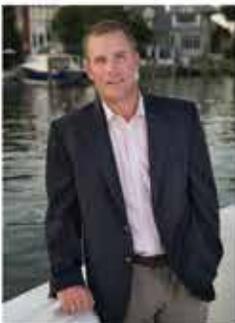
Eastport | Annapolis
\$1,325,000



Homewood | Annapolis
\$755,200



West River | South County
\$620,000



Travis Gray was born in Annapolis and raised on the Severn River. He comes from a long line of real estate professionals and serves both sides of the Chesapeake Bay. He specializes in marketing and selling waterfront homes and fine properties in the Annapolis area.

Travis is a leading resource for his clients and the community. Among his industry expertise, he also manages AnnapolisWaterfrontGuide.com, a website dedicated to providing useful real estate information, market trends and waterfront resources.

Travis is a Certified Luxury Home Marketing Specialist™ (CLHMS), holds the Graduate, Real Estate Institute (GRI) designation, is a lifetime member of The Masters Club, member of the International President's Elite and has received multiple industry awards.

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 e: TGray@cmwre.com
 a: 4 Church Circle, Annapolis



Located on the second level, the stylish master bedroom boasts views of the Chesapeake Bay, and features a lovely bay window, a ceiling fan, a walk-in closet, and recessed lighting. The spa-like master bath with a dual sink vanity, a tiled shower with two rain shower heads, and a clawfoot tub provides a luxurious setting to unwind after a long day. This level also includes two additional bedrooms, which offer water views and a bath.

The third level features a bedroom suite or a recreation/game room area, as well as a sitting area, a bath, and a private balcony that offers glimpses of the bay. In addition, the property also includes a detached garage with a studio/office above. Indeed, this charming home is an absolute delight.

“The seller was offered his dream job in another state, but he had to move almost immediately,” says Debbie Greenfield of Engel & Völkers Annapolis, the listing agent for the property. “It was extremely rewarding to provide our client with the peace of mind that we could accommodate all of his needs from afar. Our strategic marketing and sales plan for the property enabled us to get the home under contract in a short period of time. And the trusted relationship with our client has already led to a referral.”

Listing Agent: Debbie Greenfield, Engel & Völkers Annapolis, 410-353-1605 (cell), 443-292-6767 (office), Debbie.Greenfield@evrealestate.com, annapolis.evrealstate.com

Buyer's Agent: Dave Luptak, The Dave Luptak Team of Long & Foster Real Estate, 202-841-9084 (cell), 410-260-2800 (office), dave-luptak@gmail.com, davemakesithappen.com



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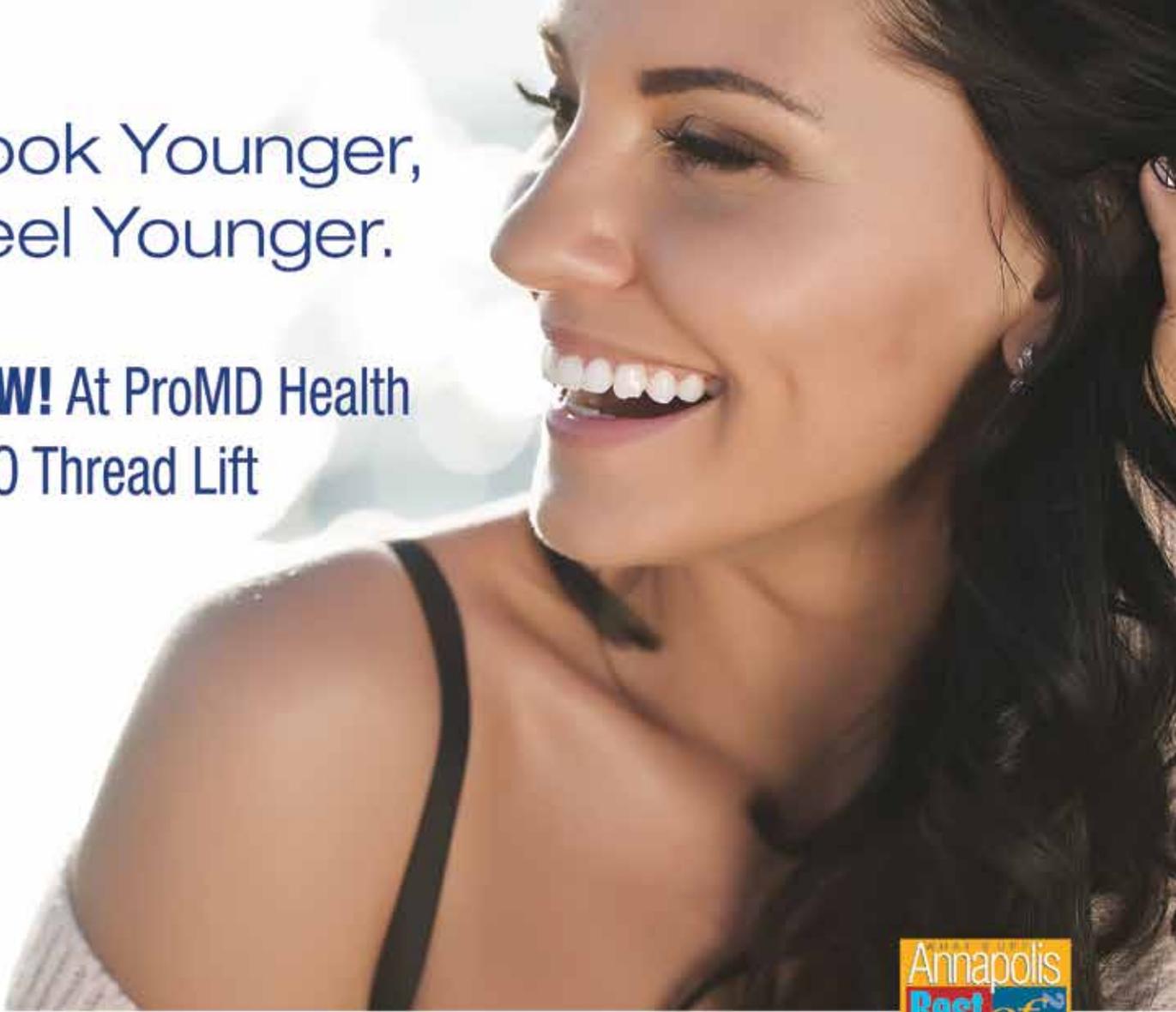
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Health & Beauty

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HEALTH & BEAUTY BEAUTY

A Return to 'Tyte' Skin

SKINTYTE USES INFRARED TECHNOLOGY TO IMPROVE THE APPEARANCE OF SAGGING SKIN

By Kelsey Casselbury

Thanks to rapidly improving technologies in non-invasive skin treatments, there are fewer reasons than ever to go under the knife in an effort to improve your skin's appearance. One of those technologies, SkinTyte, is available through a number of local providers, who gave *What's Up?* the low-down on how the procedure works and why it's a smart option for those looking to tighten up sagging skin.

SkinTyte comes from Sciton, the manufacturer behind other cosmetic laser technologies such as BroadBand Light (BBL) and JOULE X, and targets sagging skin using infrared light technology. "I've had great success with doing treatments under the chair, arms, and knees," says Renee Jamerson, MS,

RN, CNL, of Sullivan Surgery & Spa in Annapolis. "However, any area can be treated."

The technology works by heating the deeper layers of the skin while simultaneously using an advanced cooling system on the top layer. The rapid, gentle pulses of the heat contracts and partially coagulates the collagen, which then jumpstarts the healing of that collagen, as well as production of additional collagen, to give the skin a firmer appearance. "It's a great option for people who want to tighten their skin without resorting to surgery because it ... restores suppleness to skin that's loose and sagging," says Melissa Corbin, PA, of Plastic Surgery Specialists in Annapolis.

One particular benefit of SkinTyte versus other types of skin procedures is the lack of downtime required after treatment, Jamerson notes. However, it does require multiple treatments for optimal results—four treatments spaced three to four weeks apart, as well as maintenance treatments once or twice a year. Corbin recommends using SkinTyte in combination with other skincare treatments and injectables to complement and prolong results. "We've seen absolutely wonderful results, especially in combination with other treatments," she says. "Our patients are very pleased."

Food and Health Collide at National Restaurant Show

By Kelsey Casselbury



from gluten-free company Venice Bakery, which sampled grain-free pizza crusts made from beets, sweet potatoes, cauliflower, and zucchini. The company won a 2019 Food and Beverage (FABI) Award from the National Restaurant Association for these products.

All Hail the Chickpea

If one ingredient could be considered the star of the show, it just might be the humble chickpea—which, perhaps, shouldn't be considered so humble anymore. Not only was the legume itself highlighted in vegan creations, such as chickpea-based pasta and ice cream, but even its byproducts were on display. Aquafaba, which is the leftover liquid from cooked chickpeas, has been incorporated into products such as Fabanaise, a vegan mayo from Sir Kensington's, and FabaButter, a plant-based butter from Fora. The latter was also a 2019 FABI Award recipient.

"Before it's a thing, it's here." So proclaimed the signage hung across Chicago's McCormick Place as it played host to the National Restaurant Association Show in mid-May. Contributing Health & Beauty Editor Kelsey Casselbury had the opportunity to spend two days exploring the show to find out what, if the sign rings true, is about to be a *thing* in the culinary world, and discovering where those trends intersect with health and nutrition.

Plant-Based Everything

From "burgers" to "sausage" to "sushi"—yes, sushi!—every few booths seem to have signs that proclaimed plant-based, meat-free status. Crowds gathered at Impossible Foods' and Beyond Meat's booths to try out their products. In January 2019, Impossible Foods reformulated its plant-based meatballs and other products, switching from wheat protein to soy protein. The result: an impressive meatball that closely mimicked the taste and texture of beef while improving on flavor over what was sampled at the 2018 show. As for the aforementioned sushi, Ocean Hugger Foods was sampling rolls made with tomatoes in place of tuna and eggplant instead of eel—both of which were quite convincing.

Keto- and Paleo-Specific Offerings

One of the most challenging parts of a low-carb diet has long been the lack of convenient snacks, particularly for those

who dislike cooking. Well, companies are doing their part to provide a solution by offering products formulated to meet those diets' stringent requirements. Paleo muesli? Yes, that's now available from Bob's Red Mill. Keto-approved cookies? Bake City has them.

Gluten-Free Goods

With some three million people in the U.S. affected by celiac disease and a number of others who claim they feel better when they eliminate gluten from their diet, it's no wonder that the food industry is constantly looking for ways to cater to this growing population. Gluten-free pizza crusts were a frequent sight at the show. One of the most interesting offerings came

Opening up About Mental Health at Work

By Kelsey Casselbury

How often have you gone out of your way to avoid showing any sign of mental health issue at work, such as racing to the bathroom for privacy when you feel an anxiety attack coming on? Mental health still carries a stigma that's often perceived as a weakness in the workplace, and the symptoms are then kept under lock and key—despite the fact that one in five people experience them.

Discrimination in the workplace based on mental health conditions is, of course, illegal, but that doesn't mean it's easy to share such personal details with a boss or coworker. However, part of creating an ideal work environment for yourself just might mean opening up and sharing your experience.

The Legalese

The Americans with Disabilities Act covers both mental and physical impairments, and this means that employees have no obligation to tell employers about a mental health disorder unless they're asking for reasonable accommodation. That accommodation—which is a legal right for workers—must be granted unless it creates an “undue hardship” for the employers. Potential accommodations could be arranging a quiet workspace for someone with sensory issues or altering a work schedule to accommodate therapy appointment for someone with Post-Traumatic Stress Disorder.

It's important to know that once the condition is disclosed, an employer has the right to ask questions and require medical documentation—but any information gleaned *must* be kept confi-

Tips for Employers

As an employer, it's likely that at least one of your employees—or many more—deals with a mental health disorder on a daily basis. Creating an environment that allows an employee to feel like their mental health isn't a liability is not just about complying with the law or being “nice,” but rather about optimally leveraging the talent of your employees and allowing them to shine to the best of their abilities. One of the most effective ways that an employer, boss, or supervisor can create a culture of understanding in the workplace is to open up about their own mental health struggles and encourage employees to come to talk when and if they feel comfortable. If an employee *does* choose to speak up, here's what to do:

Listen, don't judge.

When an employee comes to you, don't make any assumptions about the situation. Listen to what they have to say without providing any opinionated feedback.

Assume good intent.

Symptoms of mental health disorders might not be as visible as physical conditions, but they're just as real. Ask for medical documentation, but err on the side of assuming the employee is telling the truth—not just because they want to be able to work from home more often than company policy currently allows.

Keep it to yourself.

Confidentiality is not just a favor, it's the law.

Resolve the issue as partners.

Work with the employee to find an accommodation that's suitable for everyone involved, and periodically check in to make sure that everything is still going smoothly.



dential. If an employer rejects a job candidate or fires an employee, they must have objective evidence that the person is incapable of doing the job's necessary duties.

Speaking Up

The right time to disclose a mental health condition to an employer depends on a variety of factors: First, are you feeling well? The right frame of mind can help you feel calm and focused when sharing personal information. Second, does divulging serve a purpose? There are reasons to share, such as requesting accommodations, and there are reasons to stay silent. Finally, do you feel ready? It's a personal decision.

Consider your relationship with your employer to determine if you should talk to your immediate supervisor or having a conversation with human resources first. After all, the HR department is schooled in both the company policies and the laws that protect you.

Not a single person is responsible, on their own, for destigmatizing mental illness. However, being willing to open up and talk about it—even if delicate situations, such as in the office—can go a long way in making the conversations much more commonplace.

Picking the Perfect Plant-Based Milk

IF YOU'VE DECIDED TO SAY 'SO LONG' TO COW'S MILK, THERE'S PLENTY OF NON-DAIRY ALTERNATIVES

By Kelsey Casselbury

The numbers don't lie—Americans are taking a step back from dairy. Although milk and other dairy products remain a common ingredient in the average American's diet, between 1975 and 2017, per-capita consumption of cow's milk has decreased from 247 to 149 pounds per person, according to stats from the U.S. Department of Agriculture. If you're considering ditching dairy in your diet, it's not a move to make without thought. Cow's milk has remained a staple in a standard diet because of its rich nutrient profile; the beverage contains high-quality protein, calcium, phosphorus and B vitamins. Pediatricians still recommend milk for children, particularly whole milk before age 2 due to the influence of its nutrients on brain development. Everyone has their own reasons for choosing or not choosing cow's milk as a beverage. If dairy milk doesn't have a place in your diet, whatever the grounds for elimination, there are more alternatives than ever on the market, each with their own pros and cons. Here are four of the most popular:



Oat Milk

The latest and greatest—or so it seems—in non-dairy milks is oat milk, which has skyrocketed in popularity over the past several months because of its naturally sweet and milk flavor. It's similar in calories to cow's milk, but it contains more carbohydrates and fewer grams of protein (on the bright side, it has fewer grams of fat, too). Oat milk's selling point is its soluble fiber content in the form of beta-glucan, which benefits your body's cholesterol levels.

Best for: Add oat milk not only to coffee or cereal but also to light cream soups and curries in place of cow's milk.



Soy Milk

If you're looking for an alternative to dairy that has a close nutritional profile, soy milk is your best bet. Unlike many other plant-based options, soy milk provides a complete protein—meaning, it contains all of the amino acids your body requires—but it's lower in calories, fat, and carbs than cow's milk. Soy, however, is a controversial food because of concerns over its effect on the body. Rest assured, though, that research has yet to establish any link between a moderate amount of soy and potentially harmful diseases.

Best for: Because of its high protein content, soy milk works well as a dairy alternative in baking.



Almond Milk

Almond milk has long been the darling of dairy alternatives, most likely because it's the lowest-calorie option available—just a quarter of the calories compared to cow's milk. It's also lower in fat, protein, and carbs. Almond milk is mostly water—some brands contain just two percent almonds—which is why it's so light and mild, but it does contain a good amount of vitamin E, an antioxidant.

Best for: Use almond milk in desserts and smoothies, where its slightly sweet flavor profile shines.



Coconut Milk

You might be familiar with coconut milk sold in cans in a grocery store's ethnic section, but the kind you might use to replace dairy in, say, your coffee is a diluted version. The carton-clad version of coconut milk still has that rich creaminess that you might seek from whole milk, but it also features a hint of a tropical flavor—a perk to some, a drawback to others. It has fewer calories, fat, carbs, and protein than cow's milk, but the fat that it *does* contain is known as medium-chain triglycerides. This is a type of saturated fat that's a little controversial—it might decrease appetite and improve blood cholesterol, but it could also raise the level of total and "bad" cholesterol, according to research.

Best for: Add coconut milk to sauces or soups that call for cow's milk or whip it into whipped cream or puddings.



OTHER MILK ALTERNATIVES

Oat, soy, almond, and coconut milk are four of the top-selling non-dairy options, but there are so many others out there, too. If none of those work for your diet, try out a few others—cashew milk, rice milk, hemp milk, macadamia milk, or quinoa milk, all of which are currently available for purchase (or, if you're feeling intrepid, to make at home).

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Fresh Take

ACAI BERRIES

By Kelsey Casselbury



When it comes to superfoods, few are talked about as much as acai berries. Pronounced “ah-sigh-EE,” these reddish-purple berries are native to Central and South America and packed with antioxidants—even more so than other types of berries, which are already known as being booming with beneficial compounds. Potential health benefits from these little gems include improving cholesterol levels and boosting overall energy, immune system, and brain function, among others. However, these berries aren’t easy to find in just a loop around your local supermarket. Rarely do grocery stores sell acai berries fresh; it’s more likely that you’ll see acai berry juice blends. As the popularity of acai berries grows, though, so does the ability to acquire them. Keep an eye out for frozen unsweetened acai berry puree packs, which can be used in smoothies, bowls, or as a topping for desserts.

Acai products show up in powder, tablet, and capsule form all the time, but be cautious—there’s little research done on the benefits of consuming the berry through these methods. The Federal Trade Commission (FTC) as of late has been cracking down on companies that market acai-derived products in a deceiving manner. As always, there’s a better way to get the potential health benefits of acai berries—by enjoying the fruit or juice in its natural form.

Acai & Chia Parfait

Serves 1

- 1 cup vanilla-flavored Greek yogurt
- 3.5 ounces frozen acai berry puree, thawed
- 1 tablespoon chia seeds
- 1/2 cup low-sugar granola
- 1/4 cup fresh fruit of choice
- 1 tablespoon pumpkin or sunflower seeds

Layer a half-cup of Greek yogurt in the bottom of a glass or jar. Add half of the thawed acai berry puree on top of the yogurt. Mix the remaining Greek yogurt with the chia seeds and layer them on top of the acai berry puree. Add the remaining puree and then the granola. Top the parfait with your choice of fresh fruit and pumpkin or sunflower seeds.

NUTRITIONAL INFORMATION (PER SERVING)
419 calories, 30 grams protein, 17 grams fat,
58 grams carbohydrates, 11 grams fiber,
26 grams sugar, 144 milligrams sodium

*Nutritional information is for estimation purposes only and may vary based on brand and weight of individual ingredients.



The Movement Behind Tobacco 21

RAISING THE MINIMUM AGE FOR TOBACCO PURCHASES WILL DRASTICALLY IMPROVE PUBLIC HEALTH, ADVOCATES SAY

By Kelsey Casselbury

In 1992, the government passed federal legislation that limited tobacco purchases to those age 18 and older. Nearly 30 years later, some states—all of which had their own age-based laws prior to the implementation of federal restrictions—are passing or considering laws that increase the minimum age to purchase all tobacco products to 21. In April, the Maryland legislature voted to do just that. The law, signed by Gov. Larry Hogan in May, goes into effect in October. This is another win for advocates of the “tobacco 21 movement that’s championing similar laws across the nation. As of June 1st, Maryland is one of 14 states that have raised the age for tobacco sales to 21 (though, in Maryland, members of the military are exempt), while another 15 states have implemented the same law in certain cities and counties.

Approximately one in five high schoolers in Maryland report using some sort of tobacco product regularly, while more than 35 percent say they have tried vaping pens or e-cigarettes, according to the Maryland Youth Risk Survey. The new law applies to all forms of tobacco, including cigarettes, cigars, smokeless tobacco, e-cigarettes, and vaping devices. The push to raise the minimum age for tobacco sales to age 21 stems from a number of reports that have concluded that doing so could result in significant public health benefits, including fewer tobacco-related deaths. For example, a 2015 report from the Institute of Medicine noted that increasing the age for tobacco sales would significantly reduce the number of adolescents and young adults who start smoking; reduce smoking-caused deaths; and immediately improve the health of adolescents, young adults, and young mothers. There’s a chance the law could change on a federal level (and, in this case, the military wouldn’t be exempt). In May, Senate Majority Leader Mitch McConnell introduced legislation, co-sponsored by Dem. Tim Kaine of Virginia, to increase the age for tobacco sales to 21. States that aren’t in compliance would lose federal funding from the Department of Health and Human Services’ Substance Abuse Prevention and Treatment Block Grant Awards.



Legally Speaking

A Tobacco Timeline

Source: *American Journal of Public Health*, July 2016

1700s	European studies conclude that pipe smoking causes lip and throat cancers.
1820s	German scientists isolate pure nicotine and identify it as a poison.
1883	New Jersey sets the first minimum age of legal access (MLA) for tobacco at 16 years. New York state follows in 1886.
1890	By this time, 26 states have MLAs that range from age 14 to 24.
1898	German scientists begin to hypothesize a link between tobacco and lung cancer.
1939	Ohio and Rhode Island are the last two states to pass MLA laws.
1953	Maryland repeals its MLA.
1964	For the first time, the Surgeon General’s report indicates that smoking causes lung cancer.
1985	The American Medical Association proposes setting the national MLA for tobacco to 21 years.
1992	The federal government sets the minimum age for tobacco sales at 18 years.
2009	President Barack Obama signs the Family Smoking Prevention and Tobacco Control Act into law, which gives the FDA the ability to regulate tobacco products for the first time in history.
2019	The Maryland legislature votes in April to raise the legal age to purchase tobacco from 18 to 21, with the exception of military members. The law goes into effect in October.

Products We Love

THIS MONTH'S PICKS FROM THE BEAUTY BUZZ TEAM

By Caley Breeze

Check out the latest and greatest hair, skin, makeup, and grooming products, reviewed by our Beauty Buzz team (and the occasional What's Up? staff member!)



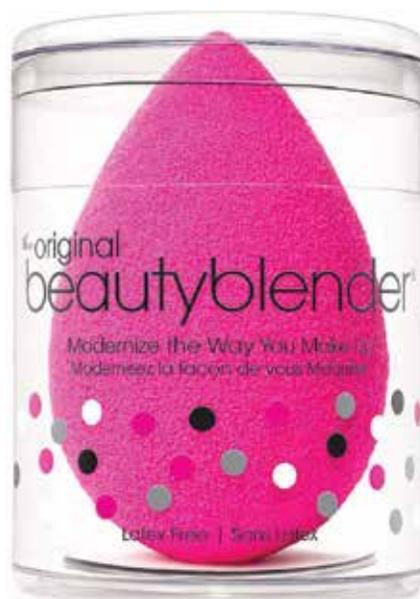
1
TOLERIANE PURIFYING FOAMING CLEANSER BY LA ROCHE-POSAY
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 Cleanse your skin and remove makeup simultaneously with La Roche-Posay's purifying facial wash. This daily cleanser, suitable for those with normal to oily skin, restores skin's pH balance while maintaining its natural protective barrier. The gel-to-foam formula is non-comedogenic and soap-free, leaving you with a refreshed complexion.

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2
VELVET AIR LIPSTICK BY ECRU NEW YORK
 \$24, ecrunewyork.com
 Pucker up! Add a pop of color to your day with this velvety lipstick, available in 10 different shades. This formula glides on effortlessly, leaving a moisturized, satiny finish. Or, blend the color with your fingertips for a matte look. Go from day to night with this long-wear lipstick!

3
BODY SPRAY BY BÁLLA
 \$20/6 fl. oz. on birchbox.com, ballaformen.com
 Whether you need a quick spritz after the gym or want to freshen up before date night, this light body spray offers a clean, woody scent and natural odor-terrents, such as aloe leaf, chamomile, and jojoba seed extract. This non-aerosol spray is free of aluminum, menthol, and parabens.



4
THE ORIGINAL BEAUTYBLENDER® MAKEUP SPONGE BY BEAUTYBLENDER®
 \$20, beautyblender.com
 Blend your makeup flawlessly and effortlessly with this cult-favorite sponge applicator. The material is aqua-activated™ and provides easy, streak-free application. Use this makeup sponge with powder or liquid foundation, BB creams, concealers, or any other complexion product. Simply wet the beauty-blender®, squeeze out excess liquid, and stipple your makeup product with the sponge.



1.
 "This cleanser leaves your skin feeling clean, fresh, and comfortable with no pore-clogging residue. It also foams quickly and removes all of your makeup in one go. I love the pump applicator and the transparent bottle." –Beauty Buzz Member Cathy Belcher, 66, Edgewater



2.
 "I love this lipstick for a sultry look that I want to last. ECRU's Velvet Air Lipstick went on effortlessly to provide a natural long-lasting finish. The formula lasted all day without touch-ups. No lipliner needed! This formula provided a flawless finish that went on super easy without any fuss." –Beauty Buzz Member Lyndsie Cox, 22, Glen Burnie



3.
 "Bálla Body Spray has a fantastic aroma. It is neither too overpowering nor too faint. It's perfect—just right. I really didn't think I would use this product as much as I do, but it's become as essential as brushing my teeth in the morning. I've made my friends smell me after I've applied this body spray. That's how much I believe in this product." –Beauty Buzz Member Conor Reynolds, 26, Baltimore



4.
 "I have used other beauty sponges but this one is by far the best. It's soft and gives you a perfect application of foundation and concealer. It's easy to clean and it doesn't waste a lot of product. I don't think I will go back to using a brush." –Beauty Buzz Member Carolina Rauch, 29, Annapolis

Understanding What Pansexual Means

It was a typical evening as Amanda Brady chatted with her 16-year-old Lee, the oldest of three children. As the two sat in Lee's room talking and sharing laughs, Amanda spotted a Post-It note stuck to the wall. Small, handwritten scribbles outlined some of the goals Lee wanted to accomplish that year. One goal, in particular, stood out to Amanda. It read, "Come out as pansexual by the end of the school year."

"I was totally confused because I had no idea what pansexual meant," Brady recalls. According to the Human Rights Campaign (HRC), pansexual describes someone who has the potential for emotional, romantic, or sexual attraction of people of any gender, though not necessarily simultaneously, in the same way, or to the same degree. Soon after this, Lee asked his family to refer to him by the gender-neutral pronoun "they" while also noticeably becoming more isolated and depressed.

The Turning Point

It was during Lee's senior year of high school when the self-harming started. Lee was eventually hospitalized because of suicidal ideation. "The hospitalization was rock bottom for our family, but it was also a blessing in disguise," Brady says.

In talking with a counselor at the hospital, Lee opened up about identifying as transgender. While there, Lee, who was born female, also firmly stated that he wanted to be referred to as "he" or "they" and changed his name from Liana to Lee. "My husband and I were willing to support him in whatever he wanted to do," Brady says. "We told him that we loved him whether they were 'her' or 'him.'"

Brady, who works as a clinical director of nursing at Anne Arundel Medical Center (AAMC), was

determined to support her son and help him get through this dark time. She says her family sought therapy, got Lee treatment for depression and anxiety and found an endocrinologist to start him on testosterone. "It hurt my feelings when I found out," Brady says, "but I never said I didn't want him to be a boy. I always said I wanted him to be happy and that I would help the best way I could."

Brady also joined AAMC's Lesbian Gay Bisexual Transgender, Queer, Intersex or Asexual (LGBTQIA) Business Resource Group, a group of employees who joined together based on

shared characteristics or life experiences. She wanted to glean from other ways she could better support her son.

"The easiest part for me was when he cut his hair and started wearing male clothes because growing up, I was a tomboy," Brady says with a laugh as she reflects. "The hardest part was not knowing how to help him through the emotional state. He didn't want to open up at all because he thought we wouldn't understand."

Acceptance, Communication, and Support

Danny Watkins grew up in a small community in Allegany County and was raised in a

traditional Catholic family. He told his parents he was gay when he was 15. To his dismay, he was faced with unacceptance and was unwillingly 'outed' to the rest of his family members. Traumatized, Danny tried not to be gay for the next two years to cope with pressure at home. At age 17, his family found out he was dating a boy and the family discord from years before resumed.

"I felt very isolated and lonely," he recalls. "It's as if I were a giant air balloon that couldn't fit in any situation. I was just barely functioning and trying to get through the day. I didn't have the support I needed at home, so I relied heavily on my friends. They became my support system I needed to survive until the relationship with my family started to slowly get better over the next couple years."

Danny pursued a career in nursing, moved out at 19, and worked at an inpatient psychiatric unit. He is now the director of clinical operations at Pathways, AAMC's substance abuse and mental health treatment facility. "Working in mental health has really opened my eyes to suicidality in the LGBTQ community," he says.

Four in 10 LGBT youth say the community in which they live is not accepting of LGBT people, according to the HRC which surveyed more than 10,000 LGBT-identified youth, ages 13–17. An estimated 26 percent of LGBT youth say problems they face include not feeling accepted by their family, having trouble at school or with bullying, and coming out or being open.



Danny advises parents with an LGBTQ child to work on acceptance first. "You should always support your child and try to approach them from a non-judgmental place," he says. He also recommends keeping the lines of communication open and meeting your child's friends as important steps to take. "Reassure your child that you love them and that you support them, no matter who they are inside," he says.

Danny also advises parents to find a good support system by joining local support groups and finding a counselor in the school or community who can provide support and resources.

Silver Lining

Brady and her husband have fully accepted their son's decision to come out as transgender. She is also observing Lee becoming more comfortable with himself. Lee is currently a freshman in college. She says he is growing facial hair for the first time. "He has really blossomed," she adds.

Even as someone who has an LGBT child, Brady admits she still doesn't know all there is to know about the community but is committed to furthering her understanding so she can continue to support her son. "If you isolate your child because you don't see eye to eye, that's a very boring and lonely existence to live," she says. "Love your child for who they are: that's the bottom line."

Anne Arundel Medical Group (AAMG) Mental Health Specialists offers care for diverse mental health needs for adults and children ages six years and older. For more information, visit myAAMG.org/mental-health-specialists.

This article is provided by Anne Arundel Medical Center.

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Dining

148 REVIEW | 150 REVIEW | 152 GUIDE

Photo by Stephen Buchanan

Crab cakes at
Hemingway's



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DINING REVIEW

Dramatic Views With All The Fixings

By Rita Calvert

Photography by Stephen Buchanan

How many restaurants can claim to be a shoreline spot to take an out-of-town guest to get the overview of the gem that is the Chesapeake Bay? Hemingway's, on the eastern side of the Chesapeake Bay Bridge, presents itself as a gathering place for doing nothing more than taking in the stunning view of the bridge's two spans. Aside from the breathtaking views, visitors can enjoy music, share a bite of local seafood, or meet up for a social or business event. The décor is closely aligned with the Chesapeake Bay region, and all of the maritime art, black and white photographs, and tabletop nautical charts are tastefully placed in an airy, bright room with pristine white walls and soaring ceilings, which offer wide open space.

Hemingway's features an expansive outdoor patio which rocks with live music in the summer, so it's recommended to make a reservation. The place gets mobbed with boater and beach traffic, but the good news is that car parking is complimentary and allows for a short, picturesque walk to the entrance.

Jill, the hostess at the front who led us through the bar, was excellent as she took extra care to seat us. Pointing out the window exclaiming, "Isn't this view beautiful? I never tire of it!" She is awaiting the upcoming busy season when boats fill the pier and people gather everywhere. "It's a great energy," she says. Hemingway's attracts both boating and driving diners, a fact our waiter certainly testified to having three tables inside while serving a few on the deck at the same time.

For those wanting wine with character, there are selections in a variety of styles from California, Italy, and even Argentina. The drink menu includes seven creative signature cocktails, featuring concoctions filled with fresh ingredients such as blueberries, watermelon, and cucumber. One cocktail in particular offers a fizzy concoction of refreshing cucumber, lime, and gin. The short draft beer list gave way to a wider list of bottled beers—some go-tos and a few locally-produced.

Although we just missed the weeknight happy hour (oysters on the half shell, rockfish bites, and popcorn shrimp), we found the starters menu inviting. The Seared Ahi Tuna was almost a go, as were some of the raw bar features. For soups, Hemingway's offers three: cream of crab, vegetable crab, and their signature 50/50—a combination of the vegetable and cream. Seafood Salad Stuffed Avocado sounded divine, as did the Heirloom Tomato Burrata Caprese. This salad goes one step further than the traditional Caprese with fresh mozzarella; Burrata is a soft Italian cow milk mozzarella,



HEMINGWAY'S RESTAURANT
 357 Pier One Road,
 Stevensville
 410-604-0999;
hemingwaysbaybridge.com

with ubiquitous Yukon gold mashed potatoes. I usually avoid potatoes, but it was hard to resist a robust mound masked with their skins. Sometimes grilled vegetables are not cooked well, but the chef perfected the medley in flavor and doneness—al dente.

Loving to sample many flavors, I chose the Broiled Seafood Combo: a nice size crab cake (with jumbo lumps and little filler), four medium size scallops, about a three-ounce mahi-mahi filet, and a few medium shrimps. Mashed potatoes and the grilled vegetable combo gave color and texture to the seafood. We learned about substitutions: the restaurant is clear there will be a surcharge for any substitutions. Sure, we were up for a sweet finish! The Key lime pie is a must for those in an island mood, and there is also the famous Smith Island cake as well as a cheesecake of the day. We savored every bite of the deep, sinfully rich, flourless chocolate torte, beautifully presented

1. Heirloom Tomato Burrata Caprese 2. Shrimp, Crab, and Avocado Stack
 3. Crab Cakes 4. Key Lime Pie



housing a center treasure of thicker cream. Alas, we couldn't resist the Shrimp, Crab, and Avocado Stack, served with tortilla chips. The tall and mighty mango, corn, avocado, shrimp, and crab combo was a fitting appetizer to share. While the seafood stack didn't major in backfin lumps, there was a nice sampling of chilled shrimp and crab.

Special dining entrées come on their own separate nightly menu, and regular entrées on the main menu. The main dishes offer fish, steak cuts in six-, eight-, or 12-ounces, a few different pasta dishes, and a vegan Jambalaya. There are always takers for hand-helds when you are up for a more casual meal. Hemingway's offers the obligatory list of the favorites: burgers, crab cake sandwich, turkey club, breaded chicken sandwich—nothing designy, although the Black Bean Burger was an interesting vegan-friendly item and was noted as a customer favorite. Buffalo Shrimp Tacos draw raves from the Southwestern crowd while carrying that over the top popular buffalo spice profile. One vote went for the Shrimp Imperial on the nightly special dinner menu. Seven medium shrimp were plumped full of seasoned golden crab. They were served

with drizzles of raspberry and cream, and adorned with a few fresh berries and mint. The decadent slice is a slim one, which is great for a low-carb diet.

It's a large endeavor to manage such a multifaceted business with a huge, pristine marina, incomparable views, and an impeccably kept restaurant with two dining levels catering to the public and large parties. Kudos to an establishment which can manage to make all of these elements shine. Check their website for the music schedule and bar/happy hour specials.

Rita Calvert has close to three decades in the food, media production, marketing, and public relations fields. She has created myriad programs, events, cooking sessions on national television for corporations, the stage for cookbooks, and founded the original Annapolis School of Cooking.



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JALAPEÑOS

DINING REVIEW

Steeped in Culture, Satiated with Flavor

By Diana Love

Photography by Stephen Buchanan

Baja, Mexico. San Jose, Costa Rica. Lake Atitlan, Guatemala. Valle de Vinales, Cuba. Lima, Peru. Chilo Island, Chile. Madrid, Spain. Villa la Angostura, Argentina. The islands of the Philippines...all places I've lived, or worked, or vacationed...or simply dreamed of visiting. Although separated by continents and oceans, these places have three things in common: a shared colonial history, socio-cultural roots that are entwined inextricably from distinctly regional culinary traditions, and some version of the Spanish language.

When I need a little taste of any of these far away locales, I head to Jalapeños in Annapolis.

Tucked away from nearby chain restaurants just across the street at Annapolis Towne Centre at Parole, Jalapeños resides in a strip mall, squeezed between a nail salon and The Dollar Store. Arrival to the awkwardly sloped and crowded parking lot isn't exactly an auspicious beginning. But stepping into the dark cool of the small reception area, where a long bar showcases bottles of top shelf tequila and where patrons are sipping on margaritas and laughing convivially over what look to be traditional Spanish and Latino dishes, things feel immediately better. A longing

glance at the drinks is interrupted by the waft of garlic and saffron with a top note of roasted proteins and subtle hints of mole, all of which draw us past the bar to the dining area.

Decorated with Mexican masks, paintings of Flamenco dancers, ceramic Spanish plates above the fireplace, wrought iron railings, wall frescoes, and dark wood redolent of central American and Spanish mahogany, Jalapeños strives to aesthetically live up to its marketing slogan of many years: "Eat in Spain, or Mexico, or wherever." Founded in 1999 by a Spaniard (Gonzalo Fernandez) and a Mexican (Aberto Serrano) and led in the kitchen by Obed Serrano, who trained for his culinary career in Spain, Jalapeños has long worked to satisfy customers just like me who want to be carried away to somewhere else, far from Annapolis, but not so far that it breaks the budget or can't be serviced by our preferred designated driver, Uber.

On my first visit, a group of four friends opted for the house made Sangria and a plethora of small plates. Small plates continue to be a hot trend in eating that's not going away anytime soon. At Jalapeños, ordering a variety of small tapas is a great way to traipse across entire continents culinarily.



We started with Ensalada de Camarones Caliente, a saucer of sautéed spinach with raisins, pine nuts, and shrimp. This was a lovely combination of savory and sweet, the earthiness of the greens and the dried field fruit balanced against the briny nature of the shrimp. We also ordered Gambas al Ajillo, large shrimp sautéed in olive oil, garlic, herbs, and tomato concasse, finished with dry sherry. The Gambas is a completely different flavor profile, from the Ensalada: more brazen, but not overwhelmingly so. The flavors of this dish are warm and enduring, a sort of comfort food with lingering notes of nostalgia for cliffside restaurants overlooking the Spanish coast.

The Croquetas, five little cylinders of breaded and fried béchamel goodness, bring back memories of so many trips abroad, so many endless evenings that started with something small, yet meaningful. This dish is famous across the Spanish diaspora, from Spain to Cuba and beyond. Croquetas are soft, fried, salty, and full of flavor and texture—the ultimate ingredients in a comforting food that pair excellently with rioja or tempranillo wine and good company. Jalapeños' version was a mild delight—some renditions feature salty ham or bits of smoked meats, which add an extra layer of flavor missing here. Nonetheless, the five on our plate were gone post haste.

Another comfort food on the menu is one of my favorites. In fact, I'm not sure I've ever been to Jalapeños when I didn't order this tasty treat. Chorizo Sausage is a spicy pork sausage sautéed in olive oil, garlic, and herbs, served over a bed of papas con rajas. It never fails to satisfy my craving for that special combination of savory and salty meat with those hot, soft, and earthy potatoes rendered tender and delicious by the sausage drippings and oil.

Tortilla Española is Jalapeños' rendition of the traditional Spanish omelet made by layering potatoes, eggs, onion, green pepper, and garlic. This dish is renowned for the use of humble ingredients turned into a gastronomic delight. It's a dish every Spanish grandma makes mindlessly and effortlessly. Jalapeños' version was delicious.

On my second visit, our group decided to focus on Latin flavored dishes accompanied by a round of margaritas. Needless to say, as is well documented on Yelp and other review sites, Jalapeños makes delicious and potent cocktails. We relied yet again on Uber and settled in for a great late afternoon and early evening. We started with Guacamole "Oaxaca," a heaping dish of mashed avocados spiced with cilantro, onion, jalapeño pepper, and garden tomato made fresh to order

in the traditional molcajete. Our party managed to finish the entire dish.

We returned to the tapas menu we had so enjoyed on our last visit in search of dishes both strong and memorable. We found what we were looking for in the Ceviche Levantino, a dish characterized by fresh, bright, and exciting flavors. Ceviche is a simple and healthy dish made by "cooking" fresh seafood with the acidity of fresh citrus such as lemon. At Jalapeños, shrimp, scallops, and calamari are marinated in a citrus sauce, olive oil, cilantro, and garlic, and served cold. I could eat this all day.

Ceviche Acapulco is a similar dish of shrimp, scallops, and fish in a spicy tomato sauce served cold, garnished with avocado.

Our longing to recapture some of favorite moments in Mexico and Central America was satiated by three entrees: Pechuga Oaxaqueña, a large chicken breast served with traditional Mexican mole sauce; Tamal de Mole, a chicken breast sauced with mole, then wrapped in a corn masa and steamed in a banana leaf; and Carabineros, large shrimp sautéed with tomato, onion, and garlic, flavored with brandy and served over rice. All of these dishes, sangria, and mole helped us feel close to our favorite destinations without having to leave home.

Dining Guide

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The Big Cheese & Sammy's Deli

47 Randall Street, Annapolis; 410-263-6915; Thebigcheeseannapolis.com; Deli; breakfast, lunch, dinner \$ 🍷

Buddy's Crabs & Ribs

100 Main Street, Annapolis; 410-626-1100; Buddyonline.com; Seafood; lunch, dinner \$ \$ Y 🍷 🎵 🐕

Café Normandie

185 Main Street, Annapolis; 410-263-3382; Cafenormandie.com; French; lunch, dinner, Sunday brunch \$ \$ 🍷 Y 🍷

Castlebay Irish Pub

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Chick & Ruth's Delly

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City Dock Café

18 Market Space, Annapolis; 410-269-0961; Citydockcafe.com; American; coffee, light breakfast, baked goods \$ 🍷

Dock Street Bar & Grill

136 Dock Street, Annapolis; 410-268-7278; Dockstreetbar.net; American; lunch, dinner, late-night \$ \$ Y 🍷 🍷 🐕 🎵

Dry 85

193 B Main Street, Annapolis; 443-214-5171; DRY85.com; American, lunch, dinner, Sunday brunch \$ \$ Y 🎵 🍷 🍷

Federal House Bar & Grille

22 Market Space, Annapolis; 410-268-2576; Federalhouserestaurant.com; American; lunch, dinner, Weekend brunch \$ \$ 🍷 Y 🍷 🍷

Flamant

17 Annapolis Street, Annapolis; 410-267-0274; Flamantmd.com; European; dinner \$ \$-\$ \$ \$

Fox's Den

179 B Main Street, Annapolis; 443-808-8991; Foxsden.com; American Craft Gastropub 🍷 Y 🍷 🎵

Galway Bay Irish Restaurant & Pub

63 Maryland Avenue, Annapolis; 410-263-8333; Galwaybaymd.com; Irish; lunch, dinner, Sunday brunch \$ Y 🍷 🎵 🍷

Harry Browne's

66 State Circle, Annapolis; 410-263-4332; Harrybrownes.com; Modern American; lunch, dinner, Sunday brunch \$ \$ 🍷 Y 🍷 🍷 🎵

Harvest Wood Grill & Tap Room

26 Market Space, Annapolis; 410-280-8686; Harvestwoodgrill.com \$ \$ 🍷

Iron Rooster

12 Market Space Annapolis; 410-990-1600; Ironroosterallday.com; American; all-day breakfast, lunch, dinner \$ \$ 🍷 🎵 🍷

Joss Café & Sushi

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Mason's Famous Lobster Rolls

188 Main Street, Annapolis; 410-280-2254; Masonslobster.com; Seafood; lunch, dinner \$

McGarvey's Saloon & Oyster Bar

8 Market Space, Annapolis; 410-263-5700; MCGarveysannapolis.com; American; lunch, dinner, late-night, Sunday brunch \$ \$ 🍷 Y 🍷 🍷 🎵 🐕

Middleton Tavern

2 Market Space, Annapolis; 410-263-3323; Middletontavern.com; American, seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 Y 🍷 🍷 🎵 🐕

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164 Main Street, Annapolis; 443-598-6920; Preserve-eats.com; Seasonal farm to table restaurant; brunch, lunch, dinner \$ \$ Y 🍷

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Baroak

126 West Street, Annapolis; 410-295-3225; Baroakannapolis.com; American, Belgian; breakfast, brunch, lunch, dinner \$ \$ 🍷 Y 🍷

Carpaccio Tuscan Kitchen & Wine Bar

1 Park Place, Annapolis; 410-268-6569; Carpaciotuscankitchen.com; Italian; lunch, dinner, Sunday brunch \$ \$ 🍷 Y 🎵 🍷

Chesapeake Brewing Co.

114 West Street, Annapolis; 410-268-0000; Chesbrewco.com; Seafood bar & grill; lunch, dinner, Weekend brunch \$ \$ 🍷 Y 🍷

El Toro Bravo

50 West Street, Annapolis; 410-267-5949; Mexican; lunch, dinner \$ \$ Y 🍷 🍷 🍷 🎵 🐕

Fado Irish Pub

1 Park Place #7, Annapolis; 410-626-0069; Fadoirishpub.com/annapolis; Irish; lunch, dinner, late-night, Sunday brunch \$ 🍷 Y 🎵 🐕

Lemongrass

167 West Street, Annapolis; 410-280-0086; Lemongrassannapolis.com; Thai; lunch, dinner \$ Y 🍷 🍷

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33 West Street, Annapolis; 410-268-4545; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$ Y 🍷 🍷 🍷 🍷 🍷

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196 West Street, Annapolis; 410-571-5449; Sailoroysterbar.com; American grill, seafood, cocktails; weekend lunch, dinner \$\$ Y 🍷

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1372 Cape St. Claire Road, Annapolis; 410-757-5232; GoToRoosters.com; Modern American; breakfast, lunch, dinner \$\$ Y 🍷 🍷 🍷 🍷 🍷

Brio Tuscan Grille

305 Sail Place, Annapolis; 410-571-5660; Brioitalian.com; Italian; lunch, dinner, Sunday brunch \$\$ 🍷 Y 🍷 🍷 🍷 🍷

The Brass Tap

2002 Annapolis Mall Road, Annapolis; 833-901-2337; Brasstap-beerbar.com; American; lunch, dinner \$ Y 🍷 🍷 🍷 🍷 🍷

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1364 Cape St Claire Road, Annapolis; 410-757-0002; Broadneckgrill.com; Contemporary American and Mexican Cuisine; serve breakfast Saturday and Sunday; lunch, dinner \$\$ Y 🍷 🍷 🍷 🍷 🍷

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11 Ridgely Avenue, Annapolis; 410-280-8658; Cantonannapolis.com; Chinese; lunch, Dinner \$ Y 🍷

Cooper's Hawk

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26 Annapolis St, Annapolis; 410-263-4794; Evelynsannapolis.com; American; breakfast, brunch, lunch, happy hour \$\$ 🍷 🍴 *

Giolitti Delicatessen

2068 Somerville Road, Annapolis; 410-266-8600; Giolittideli.com; Delicatessen; lunch, dinner \$ 🍷 🍴 *

Gordon Biersch

1906 Towne Centre Boulevard, Ste. 155, Annapolis; 410-266-5965; Gordonsbiersch.com; American; lunch, dinner \$\$ 🍷 🍴 *

Grapes Wine Bar

1410 Forest Drive, Annapolis; 410-571-5378; Grapeswinebarannapolis.com; Mediterranean; lunch (Sat. only), dinner \$\$ 🍷 🍴 *

The Greene Turtle

177 Jennifer Road, Annapolis; 410-266-7474; Greenturtle.com; American, sports bar; lunch, dinner \$ 🍷 🍴 *

Herald Harbor Hideaway

400 Herald Harbor Road, Crownsville; 410-923-4433; Heraldharborhideaway.com; American; lunch, dinner \$ 🍷 🍴 *

Heroes Pub

1 Riverview Avenue, Annapolis; 410-573-1996; Heroespub.com; American, sports bar; lunch, dinner \$\$ 🍷 🍴 *

Italian Market & Restaurant

126 Defense Highway, Annapolis; 410-224-1330; Theitalianmarket.com; Italian; lunch, dinner \$ 🍷 🍴 *

Jalapeños

85 Forest Plaza, Annapolis; 410-266-7580; Jalapeñosonline.com; Spanish, Mexican; lunch, dinner \$\$ 🍷 🍴 *

La Sierra

2625 Riva Road, Annapolis; 410-573-2961; Lasierrestaurantinc.com; Mexican; lunch, dinner \$\$ 🍷 🍴 *

Lebanese Taverna Café

2335 Forest Drive Ste. 46A, Annapolis; 410-897-1111; Lebanesetaverna.com; Middle Eastern; lunch, dinner \$ 🍷 🍴 *

Lemongrass Too

2625-A Housley Road, Annapolis; 410-224-8424; Lemongrassannapolis.com; Thai; lunch, dinner \$\$ 🍷 🍴 *

Les Folies Brasserie

2552 Riva Road, Annapolis; 410-573-0970; Lesfoliesbrasserie.com; French; lunch, dinner \$\$ 🍷 🍴 *

Lures

1397 Generals Highway, Crownsville; 410-923-1606; Luresbarandgrille.com; American grill, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍴 *

Ledo Pizza

505 S. Cherry Grove Avenue, Annapolis; 410-295-3030; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$ 🍷 🍴 *

Maggianno's Little Italy

2100 Annapolis Mall Road, Ste. 1200, Annapolis; 410-266-3584; Italian; lunch, dinner, Saturday and Sunday brunch \$\$ 🍷 🍴 *

The Melting Pot

2348 Solomons Island Road, Annapolis; 410-266-8004; Meltingpot.com; Fondue; dinner \$\$ 🍷 🍴 *

Mi Lindo Cancún Grill

2134 Forest Drive, Annapolis; 410-571-0500; Lindocancungrill.com; Mexican; breakfast, lunch, dinner \$ 🍷 🍴 *

Mission BBQ

2101 Somerville Road, Annapolis; 443-569-4700; Mission-bbq.com; Barbecue; lunch, dinner \$\$ 🍷 🍴 *

Newk's Eatery

2077 Somerville Rd. Suite 150, Annapolis; 410-934-7000; Newks.com; Sandwiches, soups, salads, pizza; lunch, dinner \$ 🍷 🍴 *

Paladar Latin

Kitchen & Rum Bar
1905 Towne Centre Boulevard, Ste. 100, Annapolis; 410-897-1022; Paladarlatinkitchen.com; Latin American; lunch, dinner, late-night, Weekend brunch \$\$ 🍷 🍴 *

Paul's Homewood Café

919 West Street, Annapolis; 410-267-7891; Paulshomewoodcafe.com; Mediterranean; lunch, dinner, brunch \$\$ 🍷 🍴 *

Pasticcio

150-F Jennifer Road, Annapolis; 443-949-0608; Pasticcioannapolis.com; Italian; lunch, dinner \$\$ 🍷 🍴 *

Ports of Call

210 Holiday Court, Annapolis; 410-573-1350; Doubletreeannapolis.com; Modern American; breakfast, lunch, dinner \$\$ 🍷 🍴 *

Rams Head Roadhouse

1773 Generals Highway, Annapolis; 410-849-8058; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$ 🍷 🍴 *

Red, Hot & Blue

200 Old Mill Bottom Road, Annapolis; 410-626-7427; Redhotandblue.com; Barbecue; lunch, dinner \$ 🍷 🍴 *

Riverbay Roadhouse

1374 Cape St Claire Road, Annapolis; 410-757-2919; Riverbayroadhouse.com; Steak, seafood; breakfast, lunch, dinner \$\$ 🍷 🍴 *

Royal Karma

302 Harry S. Truman Pkwy, Suite K, Annapolis; 410-266-5006; Indianfoodannapolis.com; Indian; Lunch buffet, dinner \$\$ 🍷 🍴 *

Sakura Japanese Steak & Seafood House

2625 Housley Road, Annapolis; 410-573-0006; Sakurasteakhouse.com; Japanese; lunch, dinner \$\$ 🍷 🍴 *

Sam's on the Waterfront

2020 Chesapeake Harbour Drive East, Annapolis; 410-263-3600; Samsonthewaterfront.com; Modern American; lunch, dinner, Sunday brunch \$\$ 🍷 🍴 *

Sandy Pony Donuts

1901 Towne Centre Blvd., Ste 130, Annapolis; 301-873-3272; Sandyponydonut.com; Breakfast \$ 🍷 🍴 *

Seafood Palace Buffet

81 Forest Plaza A, Annapolis; 410-216-2186; Seafoodpalacebuffet.com; American, Japanese, Seafood; lunch, dinner \$ 🍷 🍴 *

Severn Inn

1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; Severninn.com; Seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍴 *

Sin Fronteras

2129 Forest Drive, Annapolis; 410-266-0013; Sinfronterascfe.com; Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$ 🍷 🍴 *

Soul

509 S. Cherry Grove Avenue, Annapolis; 410-267-6191; Soullannapolis.com; Southern-inspired small plates; lunch, dinner, Saturday & Sunday brunch \$\$ 🍷 🍴 *

**Stoney River
Legendary Steaks**

2190 Annapolis Mall, Annapolis; 410-224-8312; Stoneyriver.com; Steakhouse; lunch, dinner \$\$ 🍷 🍴 *

Union Jack's

2072 Somerville Road, Annapolis; 410-266-5681; Unionjacksannapolis.com; British-style pub; lunch, dinner, Sunday brunch \$\$ 🍷 🍴 *

**Ziki Japanese
Steakhouse**

1906 Towne Center Boulevard, Ste. 4250, Annapolis; 410-224-6598; Zikisteakhouse.com; Japanese, sushi; lunch, dinner \$\$ 🍷 🍴 *

Zoe's Kitchen

1901 Towne Center Boulevard, Ste. 105, Annapolis; 410-266-7284; Zoeskitchen.com; Casual Mediterranean; lunch, dinner \$ 🍷 🍴 *

**Eastport /
Bayridge**

**Adam's Taphouse
and Grille**

921C Chesapeake Avenue, Annapolis; 410-267-0064; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$\$ 🍷 🍴 *

**Annapolis Smokehouse
& Tavern**

107 Hillsmere Drive, Annapolis; 410-571-5073; Annapolisismokehouse.com; American BBQ; lunch, dinner, catering, Weekend brunch \$\$ 🍷 🍴 *

Blackwall Hitch

400 6th Street, Annapolis; 410-263-3454; Theblackwallhitch.com; Upscale-casual New American restaurant; brunch, lunch, dinner, late-night \$\$ 🍷 🍴 *

Boatyard Bar & Grill

400 Fourth Street, Annapolis; 410-216-6206; Boatyardbarandgrill.com; American, seafood; breakfast, lunch, dinner. \$\$ 🍷 🍴 *

**Bread and Butter
Kitchen**

303 Second Street, Ste. A, Annapolis; 410-202-8680; Breadandbutterkitchen.com; American; breakfast, lunch \$ 🍷 🍴 *

Caliente Grill

907 Bay Ridge Road, Annapolis; 410-626-1444; Calientergrillannapolis.com; Latin; lunch, dinner \$\$ 🍷 🍴 *

Carroll's Creek

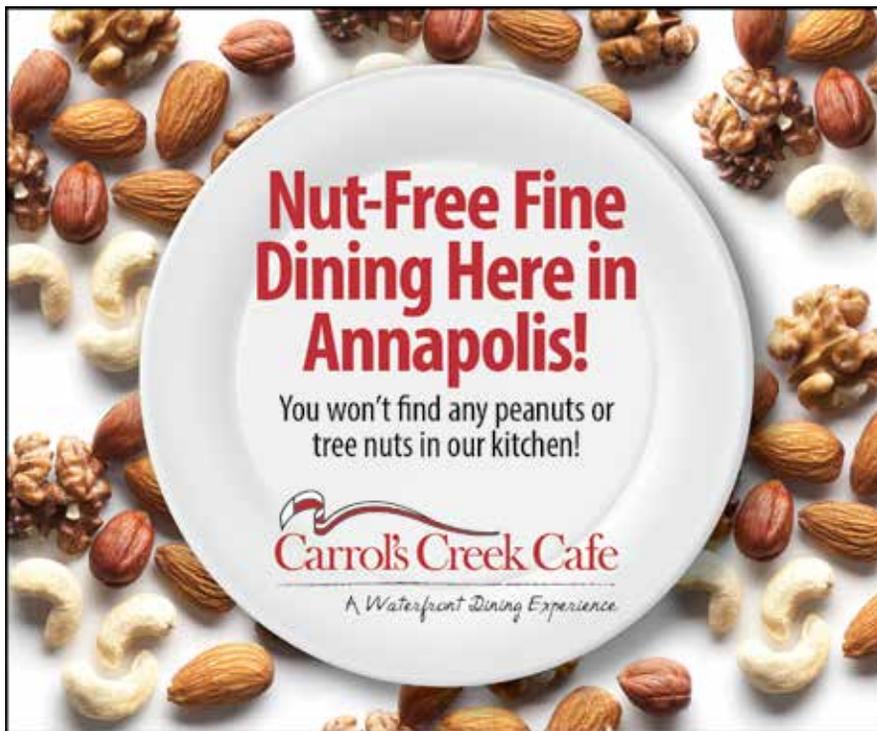
410 Severn Avenue, Annapolis; 410-263-8102; Carrolls creek.com; Seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍴 *

Chart House

300 Second Street, Annapolis; 410-268-7166; Chart-house.com; Seafood; dinner, Sunday brunch \$\$ 🍷 🍴 *

Davis' Pub

400 Chester Avenue, Annapolis; 410-268-7432; Davispub.com; American; lunch, dinner, late night \$ 🍷 🍴 *



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117 Hillsmere Drive, Annapolis; 410-267-0229; Grumpscafe.com; American; breakfast, lunch, dinner \$ 🍴 🍷

Jack's Fortune

960 Bay Ridge Road, Annapolis; 410-267-7731; Jackfortune1.com; Chinese; lunch, dinner \$ 🍴 🍷

Lewnes' Steakhouse

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310 Third Street, Annapolis; 410-263-0884; Olearysseafood.com; Seafood; dinner, Sunday brunch \$\$\$ 🍴 🍷

Rocco's Pizzeria

954 Bay Ridge Road, Annapolis; 410-263-9444; Roccospizzashop.com; Pizza; lunch, dinner \$ 🍴 🍷

Ruth's Chris

301 Severn Avenue, Annapolis; 410-990-0033; Ruthschriss-Annapolis.com; Steakhouse; dinner \$\$\$ 🍴 🍷

Sammy's Pizza Kitchen

1007 Bay Ridge Ave, Annapolis; 410-990-9800; Sammyspiz-zakitchen.com; Italian; lunch, dinner \$-\$ \$ 🍴

Vin 909 WineCafe

909 Bay Ridge Avenue, Annapolis; 410-990-1846; Vin909.com; Farm-to-table; lunch, dinner \$ \$ 🍴 🍷

Edgewater / South County

Adam's Taphouse and Grille

169 Mayo Road, Edgewater; 410-956-2995; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$ \$ 🍴 🍷

All American Steakhouse

139 Mitchells Chance Road, Edgewater; 410-956-4494; Theall-americansteakhouse.com; American; lunch, dinner \$ \$ 🍴

Bayside Inn

1246 Mayo Road, Edgewater; 410-956-2722; American, Seafood; breakfast, lunch, dinner \$ \$ 🍴 *

Bella Sera

9 Lee Airpark Drive, Edgewater; 410-956-8555; Bellasera-tasteofitaly.com; Italian; lunch, dinner \$ 🍴

Broadneck Grill & Cantina

74 Central Avenue West, Edgewater; 410-956-3366; Broadneck-grill.com; American and Mexican Cuisine; lunch, dinner \$ 🍴 🍷

The Bistro at South River

3451 Solomons Island Road, Edgewater; 410-798-5865; Golfclubsr.com; Modern American; breakfast, lunch, dinner \$ \$ 🍴 *

Chad's BBQ

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com; Authentic smoked barbeque; lunch, dinner \$ 🍴 🍷 🐾

Pier Oyster Bar

48 South River Road, Edgewater; 443-837-6057; Coconutjoesusa.com; Caribbean; lunch, dinner, late-night \$ \$ 🍴 🍷 *

Edgewater Restaurant

148 Mayo Road, Edgewater; 410-956-3202; Edgewaterrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$ \$ 🍴 🍷

Fuji Steakhouse

169 Mitchells Chance Road, Edgewater; 410-956-8898; Fужisteakhousemd.com; Japanese; lunch, dinner \$ \$ 🍴 🍷

Glory Days Grill

3 Lee Airpark Drive, Edgewater; 443-808-8880; Glorydaysgrill.com; American, sports bar; lunch, dinner \$ 🍴 🍷

The Greene Turtle

3213 Solomons Island Road, Ste. A, Edgewater; 410-956-1144; Greenturtle.com; American Lunch, dinner, late-night \$ 🍴 🍷 🎸

Happy Harbor

533 Deale Road, Deale; 410-867-0949; Happyharbordeale.com; American; lunch, dinner \$ 🍴 🍷 🎸

Harvest Thyme Modern Kitchen & Tavern

1251 West Central Ave, Davidsonville; 443-203-6846; Harvest-thymetavern.com; American; lunch, happy hour, dinner \$ 🍴

Hispa Restaurant

183 Mayo Road, Edgewater; 410-956-7205; Latin American; breakfast, lunch, dinner \$

Killarney House

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com; Irish; lunch, dinner, late-night \$ \$ 🍴 🍷 🎸 *

Ledo Pizza

3072 Solomons Island Road, Edgewater; 410-956-6700; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍴 🍷

M Thai Restaurant

181 Mitchells Chance Road, Edgewater; 410-956-0952; Thai; lunch, dinner \$

Mike's Bar & Crab House

3030 Riva Road, Riva; 410-956-2784; Mikescrabhouse.com; Seafood; lunch, dinner, late-night \$ \$ 🍴 🍷 🎸 *

Nova Sushi Bar and Asian Fusion

3257 Solomons Island Road, Edgewater; 410-956-5326; Novasushi.com; Sushi, lunch, dinner \$-\$ \$

Old Stein Inn

1143 Central Avenue, Edgewater; 410-798-6807; Oldstein-inn.com; German; dinner \$ \$ 🍴 🍷 🎸 *

Petie Greens Bar and Grill

6103 Drum Point Road, Deale; 410-867-1488; Petiegreens.com \$ \$ 🍴 🍷 🎸 *

Pirate's Cove

4817 Riverside Drive, Galesville; 410-867-2300; Piratescovemd.com; Seafood; breakfast, lunch, dinner, Sunday brunch \$ \$ 🍴 🍷 🎸 *

Plazuelas

3029 Solomons Island Road, Edgewater; 410-956-0080; Mexican; lunch, dinner \$

Rod N Reel Restaurant

4165 Mears Avenue, Chesapeake Beach; 410-257-2735; Chesapeakebeachresortspa.com; Seafood; breakfast, lunch, dinner \$ \$ 🍴 🍷 🎸 *

Saigon Palace

10 Mayo Road, Edgewater; 410-956-0505; Vietnamese; lunch, dinner \$ 🍴 🍷

Skipper's Pier Restaurant & Dock Bar

6158 Drum Point Road, Deale; 410-867-7110; Skipperspier.com; Seafood; dinner \$ \$ 🍴 🍷 *

South County Café

5690 Deale Churchton Road, Deale; 410-867-6450; American; breakfast, lunch, dinner \$ \$ 🍴

Stan & Joe's Saloon South

173 Mitchells Chance Road, Edgewater; 443-837-6126; Stanandjoes-saloon.com; American; lunch, dinner, late-night \$ 🍴 🍷 🎸 🐾

S & J Riverside

4851 Riverside Drive, Galesville; 410-867-7200; Seafood; lunch, dinner \$ \$ 🍴 🍷 🎸 *

Yellowfin Steak & Fish House

2840 Solomons Island Road, Edgewater; 410-573-1333; Yellowfin-restaurant.com; Steak, seafood; lunch, dinner, Sunday brunch \$ \$ 🍴 🍷 🎸 *

Arnold / Severna Park / Pasadena & Beyond

Adam's Ribs

589 Baltimore Annapolis Boulevard, Severna Park; 410-647-5757; Adamsribs.com; Barbecue; lunch, dinner \$ \$ 🍴 🍷

Ashling Kitchen & Bar

1286 Route 3 South Ste. 3, Crofton; 443-332-6100; Ashlingco.com; American; lunch, dinner \$ \$ 🍴

Bella Italia

1460 Ritchie Highway, Arnold; 410-757-3373; Bellaitaliaarnold.com; Italian; lunch, dinner \$ 🍴 🍷

Blackwall Barn & Lodge

329 Gambrills Road, Gambrills; 410-317-2276; Barnandlodge.com; American; lunch, dinner, weekend brunch \$ \$ 🍴 🍷 🍴 🍷

Brian Boru Restaurant & Pub

489 Ritchie Highway, Severna Park; 410-975-2678; Brianborupub.com; Irish; lunch, dinner, Sunday brunch \$ \$ 🍴 🍷 *

Café Bretton

849 Baltimore Annapolis; Boulevard, Severna Park; 410-647-8222; Cafe-bretton.com; French; dinner \$ \$

Café Mezzanotte

760 Ritchie Highway, Severna Park; 410-647-1100; Cafemezz.com; Italian; lunch, dinner \$ \$ 🍴 🍷 🎸 *

Donnelly's Dockside

1050 Deep Creek Avenue, Arnold; 410-757-4045; Donnellysdockside.com; Seafood; lunch, dinner \$ \$ 🍴 🍷 🎸

Founders Tavern & Grille

8125 Ritchie Highway, Pasadena; 410-544-0076; Founders-tavernandgrille.com; American; lunch, dinner \$ 🍴 🍷

Gina's Cafe

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Ledo Pizza

552 Ritchie Highway, Severna Park; 410-544-3344; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$ 🍷 🍴

Lemongrass Arnold

959 Ritchie Highway, Arnold; 410-518-6990; Lemongrassannapolis.com; Thai; lunch, happy hour, dinner \$ 🍷

Mamma Angela's

2225-A Defense Highway, Crofton; 443-584-4038; Mammaas.com; Italian; lunch, dinner \$-\$ \$ 🍷

Mi Pueblo II

554-A Ritchie Highway, Severna Park; 410-544-4101; Mipueblo2.com; Mexican; lunch, dinner \$ 🍷 🍴

Mother's Peninsula Grill

969 Ritchie Highway, Arnold; 410-975-5950; Mothersgrille.com; American, seafood; lunch, dinner \$\$ 🍷 🍴

O'Loughlin's Restaurant

1258 Bay Dale Drive, Arnold; 410-349-0200; Oloughlinspub.com; American; lunch, dinner, late-night \$\$ 🍷 🍴

Park Tavern

580 Ritchie Highway, Severna Park; 410-793-5930; Parktavernsp.com; American; lunch, dinner \$\$ 🍷

Pascal's Chophouse

139 Ritchie Highway, Suite A, Severna Park; 410-647-8216; Pascalschophouse.com; Farm-to-table, USDA prime steaks; happy hour, dinner \$\$ 🍷 🍴

The Point Crab

House & Grill

700 Mill Creek Road, Arnold; 410-544-5448; Thepointcrabhouse.com; Casual contemporary American Seafood restaurant; brunch, lunch, dinner \$\$ 🍷 🍴

Rico's Tacos and Tequila Bar

1266 Bay Dale Drive, Arnold; 410-571-3466; Ricostacos.co; Mexican; lunch, dinner, weekend brunch \$ 🍷 🍴

Rips Country Inn

3809 N. Crain Highway, Bowie; 301-805-5900; Ripscountryinn.com; Rustic country cooking and Chesapeake eats; breakfast, lunch, dinner \$\$ 🍷 🍴

Romilo's Restaurant

478-A Ritchie Highway, Severna Park; 410-544-6188; Romilosrestaurant.com; Greek; lunch, dinner \$\$ 🍷 🍴

Severna Park Taphouse

58 W. Earleigh Heights Road, Severna Park; 410-793-5759; Severnaparktaphouse.com; American, sports bar; dinner \$ 🍷

Sin Fronteras

7700 Ritchie Highway, Glen Burnie, 410-424-2022, Sinfronterascafe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$ 🍷 *

Twains Tavern

8359 Baltimore Annapolis; Boulevard, Pasadena; 410-647-5200; Twainstavern.com; American, sports bar; dinner \$ 🍷 🍴

Vida Taco Bar

541 Baltimore Annapolis Blvd, Severna Park; 410-544-2300; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ 🍷

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403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; brunch, dinner \$\$ 🍷 🍴

Hemingway's Restaurant

357 Pier 1 Road, Stevensville; 410-604-0999; Hemingwaysbaybridge.com; Seafood; lunch, dinner \$\$ 🍷 🍴

The Island Hideaway

14556 Solomons Island Road S, Solomons; 410-449-6382; Theislandhideawaysolomons.com; American; lunch, dinner 🍷 🍴

Knoxie's Table

180 Pier 1 Road, Stevensville; 410-249-5777; Baybeachclub.com; American; dinner, weekend brunch 🍷 🍴

Mason's - Redux 2017

22 South Harrison Street, Easton; 410-822-3204; Masonsredux.com; Modern American; lunch, dinner, Sunday brunch \$-\$ \$ 🍷 🍴 *

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(F) FAMILY EVENTS **(C)** CHARITY EVENTS **(TIX)** AVAILABLE AT [WHATSUPTIX.COM](https://whatsuptix.com)

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↑ Join the Annapolis Maritime Museum at Ellen O. Moyer Nature Park on Thursdays in September for its September Sunsets Concert Series. The lineup features Pressing Strings on September 5th, Swamp Candy on September 12th, Johnny Monet Band on September 19th, and Dublin 5 on September 26th. All concerts are free and begin at 6 p.m. Food trucks will be on site, and beer and wine will be available for purchase. Proceeds benefit the Annapolis Maritime Museum's education programs. Don't forget a chair or blanket! For more information, visit Amaritime.org.

Sunday

1

SPECIAL EVENTS

Maryland Renaissance Festival at Renaissance Festival, Annapolis. 10 a.m. 410-266-7304. Marylandrenaissancefestival.com (F)

First Sunday Arts Festival at Downtown Annapolis, Annapolis. 11 a.m. 410-858-5884. Firstsundayarts.com (F)

Maryland State Fair at Maryland State Fairgrounds, Timonium. 10 a.m. Marylandstatefair.com (F)

American Landscapes at Circle Gallery, Annapolis. 11 a.m.-5 p.m. (daily). Now through September 21st, 2019. 410-268-4566. Mdfedart.com

The Color of Light at Quiet Waters Park, Annapolis. 9 a.m.-4 p.m. (Mon.-Fri.), 10 a.m.-4 p.m. (Sat. & Sun.). Now through October 13th, 2019. 410-222-1777. Fqwp.org

Breaking the Barriers at Quiet Waters Park, Annapolis. 9 a.m.-4 p.m. (Mon.-Fri.), 10 a.m.-4 p.m. (Sat. & Sun.). Now through October 13th, 2019. 410-222-1777. Fqwp.org

American Impressionism: Treasures from the Daywood Collection at St. John's College Mitchell Gallery, Annapolis. 12-5 p.m. (Tues.-Sun.). Now through October 27th, 2019. 410-626-2556. Sjc.edu

Deconstructing Decoys: The Culture of Collecting at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through November 1st, 2019. 410-745-2916. Cbmm.org

Chesapeake Visual Icons at Ward Museum of Wildfowl Art, Salisbury. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through September 29th, 2019. 410-742-4988. Wardmuseum.org

On Land and On Sea at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through March 1st, 2020. 410-745-2916. Cbmm.org

Heather Harvey: The Thin Place at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through September 30th, 2019. 410-822-2787. Academyart-museum.org

Amze Emmons: Pattern Shift at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through September 30th, 2019. 410-822-2787. Academyart-museum.org

James Turrell: Mapping Spaces at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through September 30th, 2019. 410-822-2787. Academyart-museum.org

Patterns of Eastern Shore Live at Chestertown RiverArts, Chestertown. 11 a.m.-5:30 p.m. (Tues.-Fri.), 10 a.m.-5:30 p.m. (Sat.), 11 a.m.-3 p.m. (Sun.). Now through July 28th, 2019. 410-778-6300. Chestertownriverarts.net

Parenting: An Art without a Manual at American Visionary Art Museum, Baltimore. 10 a.m.-6 p.m. (Tues.-Sun.), closed Mon. Now through September 1st, 2019. 410-244-1900. Avam.org

Esther & The Dream of One Loving Human Family at American Visionary Art Museum, Baltimore. 10 a.m.-6 p.m. (Tues.-Sun.), closed Mon. Now through March 1st, 2024. Prices vary. 410-244-1900. Avam.org

DIS I A Good Crisis at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through November 19th, 2019. 443-573-1700. Artbma.org

Hitching Their Dreams To Untamed Stars: Joyce J. Scott & Elizabeth Talford Scott at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through December 1st, 2019. 443-573-1700. Artbma.org

Slavery, The Prison Industrial Complex: Photographs by Keith Calhoun & Chandra McCormick at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through September 29th, 2019. 443-573-1700. Artbma.org

Oletha DeVane: Traces of the Spirit at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through October 20th, 2019. 443-573-1700. Artbma.org

Every Day: Selections from the Collection at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 5th, 2020. 443-573-1700. Artbma.org

Melvin Edwards: The Architecture of Being at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 12th, 2020. 443-573-1700. Artbma.org

Time and Place at The Walters Art Museum, Baltimore. 10 a.m.-5 p.m. (Fri.-Sun. and Wed.), 10 a.m.-9 p.m. (Thurs.), closed Mon. and Tues. Now through March 1st, 2020. Free. 410-547-9000. Thewalters.org

Portraits of the World: Korea at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through November 17th, 2019. 202-633-8300. Npg.si.edu

Section 14: The Other Palm Springs at The National Museum of the American Indian, D.C. 10 a.m.-5:30 p.m. daily. Now through January 20th, 2020. 202-633-1000. Americanindian.si.edu

Votes for Women: A Portrait of Persistence at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through January 5th, 2020. 202-633-8300. Npg.si.edu

Rise Up: Stonewall and the LGBTQ Rights Movement at Newseum, D.C. 9 a.m.-5 p.m. (Mon.-Sat.), 10 a.m.-5 p.m. (Sun.). Now through January 5th, 2020. 202-292-6100. Newseum.org

Tiffany Chung: Vietnam, Past is Prologue at Smithsonian American Art Museum, D.C. 11:30 a.m.-7 p.m. daily. Now through September 2nd, 2019. 202-633-7970. Americanart.si.edu

Enrico David: Gradations of Slow Release at Hirshhorn Museum, D.C. 10 a.m.-5:30 p.m. daily. Now through September 2nd, 2019. 202-633-1000. Hirshhorn.si.edu

Oliver Lee Jackson: Recent Paintings at National Gallery of Art, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 11 a.m.-6 p.m. (Sun.). Now through September 15th, 2019. Nga.gov

More is More: Multiples at National Museum of Women in the Arts, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through September 15th, 2019. 202-783-5000. Nmwa.org

American Myth and Memory at Smithsonian American Art Museum, D.C. 11:30 a.m.-7 p.m. daily. Free. Now through October 14th, 2019. 202-633-7970. Americanart.si.edu

David H. Koch Hall of Fossils - Deep Time at National Museum of Natural History, D.C. 10 a.m.-5:30 p.m. daily. 202-633-1000. Naturalhistory.si.edu

Women of Progress: Early Camera Portraits at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through May 31st, 2020. Free. 202-633-8300. Npg.si.edu

Illegal to be You: Gay History Beyond Stonewall at National Museum of American History, D.C. 10 a.m.-5:30 p.m. daily. Now through January 2019. 202-633-1000. Americanhistory.si.edu

One Life: Marian Anderson at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through May 17th, 2020. Free. 202-633-8300. Npg.si.edu

By the Light of the Silvery Moon: A Century of Lunar Photographs to Apollo 11 at National Gallery of Art, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 11 a.m.-6 p.m. (Sun.). Now through January 5th, 2020. Nga.gov

PERFORMING ARTS

Aladdin at The John F. Kennedy Center for the Performing Arts, D.C. 1:30 p.m. & 7 p.m. 202-467-4600. Kennedy-center.org

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. 2 p.m. Fpct.org

MUSIC

The Fabulous Hubcaps at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Ramsheadonstage.com

Annapolis Symphony Orchestra - Pops in the Park at Quiet Waters Park, Annapolis. 5:30 p.m. 410-263-0907. Annapolissymphony.org

Rising Artist and Pianist George Bowerman at Unitarian Universalist Church of Annapolis, Annapolis. 3 a.m. 410-266-8044. Uuannapolis.org

Monty Alexander Jazz Festival at Avalon Theatre, Easton. 2 p.m. 410-819-0380. Chesapeakejazz.org

Bayside Summer Concert Series at Downs Park, Pasadena. 4:30 p.m. 443-685-4333. Friendsofdownspk.org

Slipknot, Volbeat, Gajira & Behemoth at Jiffy Lube Live, Bristow. 5:30 p.m. 703-754-6400. Bristowamphitheater.com

UB40 & Shaggy at Filene Center, Vienna. 5:30 p.m. 703-255-1800. Wolftrap.org

SPORTS

Marlins at Nationals at Nationals Park, Washington, D.C. 1:35 p.m. 202-675-6287. Nationals.com (F)

Shorebirds vs. Intimidators at Arthur W. Perdue Stadium, Salisbury. 5:05 p.m. 410-219-3112. Theshorebirds.com (F)

Monday

2

SPECIAL EVENTS

Artists' Favorites at What's Up? Media Gallery, Annapolis. 8 a.m.-6 p.m. (Mon.-Fri.). Now through December 13th, 2019. 410-266-6287. Whatsupmag.com

The Sights and Sounds of Abstraction by Christine Zmuda at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through November 16th, 2019. Free. 410-263-5544. Marylandhall.org

Maryland State Fair at Maryland State Fairgrounds, Timonium. 10 a.m. Marylandstatefair.com (F)

Open Portrait Studio at Academy Arts Museum Of Easton, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

A Retrospective of Portraits: Dorothy F. Newland at Troika Gallery, Easton. 10 a.m.-5:30 p.m. (Mon.-Sat.). Now through September 3rd, 2019. 410-770-9190. Troikagallery.com

MUSIC

Bluegrass Jam at St. Andrew's Episcopal Church, Hurluck. 7 p.m. 410-943-4900.

SPORTS

Mets at Nationals at Nationals Park, Washington, D.C. 1:05 p.m. 202-675-6287. Nationals.com (F)

Shorebirds vs. Intimidators at Arthur W. Perdue Stadium, Salisbury. 2:05 p.m. 410-219-3112. Theshorebirds.com (F)

Tuesday

3

SPECIAL EVENTS

Sip and Paint in the Garden at William Paca House and Garden, Annapolis. 5:30 p.m. 410-267-7619. Annapolis.org

Doing the Work: Celebrating 50 Years of MCAAHC at Bonner-Douglass Museum, Annapolis. 10 a.m.-4 p.m. (Tues.-Sat.). Now through December 29th, 2019. 410-216-6180. Bdmuseum.maryland.gov

Four Artists: Moving through Abstraction, Annapolis 1950s to 1990s at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through October 26th, 2019. Free. 410-263-5544. Marylandhall.org

Creative Space: Work by Maryland Hall's Resident and In-House Artists at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through October 26th, 2019. Free. 410-263-5544. Marylandhall.org

PERFORMING ARTS

Tartuffe at Reynolds Tavern, Annapolis. 7:30 p.m. 410-415-3513. Annapolishakespeare.org

Aladdin at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. 202-467-4600. Kennedy-center.org

MUSIC

Marcia Ball at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Mary J. Blige at Filene Center, Vienna, VA. 8 p.m. 703-255-1800. Wolftrap.org

SPORTS

Mets at Nationals at Nationals Park, Washington, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Wednesday

4

SPECIAL EVENTS

Crofton Farmers' Market at Crofton Country Club, Crofton. 4 p.m. Croftonfarmersmarket.com

Dinner Under the Stars at Downtown Annapolis, Annapolis. 6 p.m. 443-452-7321. Dinnerunderthestars.org

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com

Evolve: Painting by Jeff Huntington at Jo Fleming Contemporary Art, Annapolis. 12-5 p.m. (Wed., Fri., Sat.), 12-7 p.m. (Thurs.). Now through October 20th, 2019. 410-280-1847. joflemingcontemporaryart.org

Connections: Work in a Series at Chestertown RiverArts, Chestertown. 11 a.m.-5:30 p.m. (Tues.-Fri.), 10 a.m.-5:30 p.m. (Sat.), 11 a.m.-3 p.m. (Sun.). Now through September 29th, 2019. 410-778-6300. Chestertownriverarts.net

PERFORMING ARTS

Cabaret at Olney Theatre, Olney. 2 p.m. & 8 p.m. 301-924-3400. Olneytheatre.org

Aladdin at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/1).

Doubt at Studio Theatre, D.C. 8 p.m. 202-332-3300. Studiotheatre.org

MUSIC

UB40 featuring Ali Campbell and Astro & Shaggy 40th Anniversary Tour at MECU Pavilion, Baltimore. 6:30 p.m. 410-547-7200. Mecupavilion.com

NSO Pops: Jim James' The Order of Nature: A Song Cycle at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org September Music

Of Monsters And Men at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Mets at Nationals at Nationals Park, Washington, D.C. 1:05 p.m. 202-675-6287. Nationals.com (F)

Thursday

5

SPECIAL EVENTS

Steam Show Days at Carroll County Farm Museum, Westminster. 7 a.m. 443-974-2005. Masondixonhistorical-society.org (F)

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

Literary House Series: A Reading by Rebecca Makkai at Rose O'Neill Literary House, Chestertown. 4:30 p.m. 410-810-5768. Kentcounty.com

PERFORMING ARTS

Cabaret at Olney Theatre, Olney. 8 p.m. 301-924-3400. Olneytheatre.org

Aladdin at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/3).

Doubt at Studio Theatre, D.C. (See 9/4).

MUSIC

September Sunsets Concert Series at Ellen O. Moyer Nature Park, Annapolis. 6 p.m. 410-295-0104. Amaritime.org

Three Dog Night at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

dodie at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Morrissey at Merriweather Post Pavilion, Columbia. 7:30 p.m. 410-715-5550. Merriweathermusic.com

Jennifer Hudson & The National Symphony Orchestra at Filene Center, Vienna, VA. 8 p.m. 703-255-1800. Wolftrap.org

Adam Ezra Group at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

Jenny Lewis at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

NSO at Wolf Trap: Jennifer Hudson at Wolf Trap National Park for the Performing Arts, Vienna. 8 p.m. 202-467-4600. Kennedy-center.org

SPORTS

Rangers at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Friday

6

SPECIAL EVENTS

Arts Alive! A Night in New York City at Maryland Hall, Annapolis. 6 p.m. 410-263-5544. Marylandhall.org (C)

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideawayodenton.com

First Friday in Chestertown at Downtown Chestertown, Chestertown. 5 p.m. 443-282-0246. Kentcounty.com

First Friday Gallery Walk at Downtown Easton, Easton. 5 p.m. 410-690-4395. Discover-easton.com

TREES at the Carla Massoni Gallery, Chestertown. 11 a.m.-4 p.m. (Wed.-Fri.), 10 a.m.-5 p.m. (Sat.). Now through October 13th, 2019. 410-778-7330. Massoniart.com

PERFORMING ARTS

Cabaret at Olney Theatre, Olney. (See 9/5).

Aladdin at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/3).

Doubt at Studio Theatre, D.C. (See 9/4).

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. 8 p.m. Fpct.org

33 Variations at Church Hill Theatre, Church Hill. 8 p.m. 410-556-6003. Churchhill-theatre.org

The Merchant of Venice at Oxford Community Center, Oxford. 6 p.m. Shoreshakespeare.com

MUSIC

The Jerry Douglas Trio at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

National Folk Festival at Downtown Salisbury, Salisbury. 6 p.m. 410-677-1917.

Emmanuel Church Concert Series at Emmanuel Episcopal Church, Chestertown. 7:30 p.m. Emmanuelchester-parish.org

dodie at 9:30 Club, D.C. 8 p.m. 202-265-0930. 930.com

Shreya Ghoshal at MGM National Harbor, Oxon Hill. 8 p.m. 844-346-4664. Mgmnationalharbor.mgmresorts.com

The Piano Guys at Filene Center, Vienna, VA. 8 p.m. 703-255-1800. Wolftrap.org

Intocable - Perception Tour 2019 at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilverspring.com

Phantogram at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Rangers at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Saturday

7

SPECIAL EVENTS

Day on the Bay to St. Michaels at Watermark Cruises, Annapolis. 10 a.m. 410-268-7601. Cruisesonthebay.com

Maryland Renaissance Festival at Renaissance Festival, Annapolis. 10 a.m. 410-266-7304. Marylandrenaissancefestival.com (F)

Maryland Seafood Festival at Sandy Point State Park, Annapolis. 10 a.m. Abceventsinc.com (C)

English Country Dancing at Annapolis Friends Meeting Hall, Annapolis. 6:30 p.m. 410-268-0231. Contradancers.com

Wild Goose Chase Women's Bike Tour at Dorchester County, Cambridge. 7 a.m. 410-521-5894. Friends-of-blackwater.org (C)

Amish Country Bike Tour at Legislative Hall, Dover, DE. 8 a.m. Amishcountrybiketour.com (C) (F)

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

Outdoor Art Fair at Kent Island Federation of Arts, Stevensville. 9 a.m. 410-643-7424. Kifa.us

Learn to Row on the Tred Avon at Evergreen, Easton. 9 a.m. 410-819-3395. Escrowers.org

Log Canoe Cruises at Chesapeake Bay Maritime Museum, Saint Michaels. 9:30 a.m. 410-745-4960. Cbmm.org

Greenland Paddle Workshop at Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 410-745-4960. Cbmm.org

First Saturday in Historic Stevensville at Historic Stevensville, Stevensville. 12 p.m. Stevensvilleartsandentertainment.org

Boating Party Fundraiser at Chesapeake Bay Maritime Museum, Saint Michaels. 5:30 p.m. 410-745-2916. Cbmm.org (C)

PERFORMING ARTS

Norm Macdonald at Live! Casino & Hotel, Hanover. 8 p.m. 1-855-563-5483. Livecasinohotel.com

Cabaret at Olney Theatre, Olney. (See 9/4).

Aladdin at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/1).

Doubt at Studio Theatre, D.C. 2 p.m. & 8 p.m. 202-332-3300. Studiotheatre.org

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/6).

The Merchant of Venice at Oxford Community Center, Oxford. (See 9/6).

33 Variations at Church Hill Theatre, Church Hill. (See 9/6).

MUSIC

Swampcandy at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Rams-headonstage.com

O.A.R. w/ Andrew McMahon in the Wilderness at Merriweather Post Pavilion, Columbia. 6:30 p.m. 410-715-5550. Merriweathermusic.com

Jason Aldean & Kane Brown at Jiffy Lube Live, Bristow. 7:30 p.m. 703-754-6400. Bristowamphitheater.com

Hot Chip at 9:30 Club, D.C. 8 p.m. 202-265-0930. 930.com

Kacey Musgraves - Oh, What a World Tour at Filene Center, Vienna, VA. 8 p.m. 703-255-1800. Wolftrap.org

Eleanor Ellis at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrockhall.org

SPORTS

Rangers at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Sunday

8

SPECIAL EVENTS

Maryland Seafood Festival at Sandy Point State Park, Annapolis. 10 a.m. Abceventsinc.com (C)

Annapolis Pancreatic Cancer Research Walk at Susan Campbell Park, Annapolis. 9:30 a.m. Lustgarten.org (C)

Maryland Renaissance Festival at Renaissance Festival, Annapolis. 10 a.m. 410-266-7304. Marylandrenaissancefestival.com (F)

Wild Goose Chase Women's Bike Tour at Dorchester County, Cambridge. 7 a.m. 410-521-5894. Friends-of-blackwater.org (C)

Hoopers Island Waterman's Rodeo at P.L. Jones Marina and Boatyard, Fishing Creek. 11 a.m. 410-397-3311. Visit-dorchester.org

5th Annual CrowFest at Crow Vineyard & Winery, Kennedyville. 11 a.m. 302-304-0551. Crowvineyardandwinery.com

PERFORMING ARTS

Cabaret at Olney Theatre, Olney. 2 p.m. 301-924-3400. Olneytheatre.org

Doubt at Studio Theatre, D.C. 2 p.m. 202-332-3300. Studiotheatre.org

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/1).

The Merchant of Venice at Oxford Community Center, Oxford. 5 p.m. Shoreshakespeare.com

33 Variations at Church Hill Theatre, Church Hill. 2 p.m. 410-556-6003. Churchhill-theatre.org

MUSIC

Don McLean at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Bayside Summer Concert Series at Downs Park, Pasadena. 4:30 p.m. 443-685-4333. Friendsofdownspk.org

Deerhunter, Dirty Projectors at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Cardi B at Royal Farms Arena, Baltimore. 7:30 p.m. 410-347-2020. Royalfarmsarena.com

Gipsy Kings featuring Nicolas Reyes and Tonino Baliardo at Filene Center, Vienna, VA. 8 p.m. 703-255-1800. Wolftrap.org

BABYMETAL at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Rangers at Orioles at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com (F)

Monday

9

SPECIAL EVENTS

B2C Mastermind at Anne Arundel Chamber of Commerce, Annapolis. 9 a.m. 703-439-7804. Annapolis-mcb2c.eventbrite.com

Homeschool Day at Chesapeake Bay Maritime Museum, Saint Michaels. 10:30 a.m. 410-745-4960. Cbmm.org (F)

On Stage

Annapolis:

Arsenic and Old Lace

Colonial Players; September 13th through October 5th, 2019; Prices vary; Thecolonialplayers.org; 410-268-7373 The Brewster family is a once-elite American bloodline that has now descended into homicidal insanity. Mortimer Brewster, a drama critic and the most ostensibly normal of his clan, is forced to cover up for his sadistic kin while being torn between family loyalty and his desire to marry the woman he loves. Exploring motifs of family loyalty, nature versus nurture, and whether we can ever truly break away from our family's influence, *Arsenic and Old Lace* is a dark, screwball comedy declared one of the funniest plays ever by *The New York Times*.

Tartuffe

Annapolis Shakespeare Company; Now through September 10th, 2019; Prices vary; Annapolisshakespeare.org 410-415-3513 This rollicking 90-minute adaptation of Moliere's most popular and controversial comedy is a bawdy romp under the stars. It's presented in ASC's signature tavern style: fast-paced, frivolous, and fun. Performed weekly on Tuesdays in the Reynolds Tavern courtyard.

Open Portrait Studio at Academy Arts Museum Of Easton, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

MUSIC

Two Door Cinema Club at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Tuesday

10

SPECIAL EVENTS

Public Garden Tour at William Paca House and Garden, Annapolis. 10 a.m. 410-267-7619. Annapolis.org

Italy: A Taste of Italian Tradition Wine Dinner at La Posta Pizzeria, Severna Park. 6:30 p.m. 410-647-7363. Whatsuptix.com (TIX)

American Red Cross Blood Drive at Anne Arundel County Public Library, Edgewater. 9:30 a.m. 410-222-1538. Aacpl.net

Fall Poetry Series & Open Mic at Anne Arundel County Public Library, Crofton. 6:30 p.m. 410-222-7915. Aacpl.net

Antoni in the Kitchen at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. TheLincolnDC.com

PERFORMING ARTS

Tartuffe at Reynolds Tavern, Annapolis. (See 9/3).

Doubt at Studio Theatre, D.C. (See 9/4).

MUSIC

Two Door Cinema Club at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Kamelot at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

Vic Mensa at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. Ramsheadlive.com

SPORTS

Dodgers at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Wednesday

11

SPECIAL EVENTS

Anne Arundel County Fair at Anne Arundel County Fairgrounds, Crownsville. 12 p.m. Aacountyfair.org (F)

Anchors Away! Sunset Cruise on the Severn at Watermark Cruises, Annapolis. 6:30 p.m. Annapoliswellesshouse.org (C)

Crofton Farmers' Market at Crofton Country Club, Crofton. 4 p.m. Croftonfarmersmarket.com

Dinner Under the Stars at Downtown Annapolis, Annapolis. 6 p.m. 443-452-7321. Dinnerunderthestars.org

Alzheimer's Association Support Group at Spring Arbor of Severna Park, Severna Park. 6:30 p.m. 410-544-7774. Springarborliving.com

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com

PERFORMING ARTS

Cabaret at Olney Theatre, Olney. (See 9/4).

Doubt at Studio Theatre, D.C. (See 9/4).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

Criminal Podcast - Live Show at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. TheLincolnDC.com

MUSIC

Grace Kelly at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadon-stage.com

Wilder Woods at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Peter Frampton at The Anthem, D.C. 7:30 p.m. 202-888-0020. Theanthemdc.com

Banks - III Tour at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmore-silver-spring.com

SPORTS

Dodgers at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Thursday

12

SPECIAL EVENTS

Anne Arundel County Fair at Anne Arundel County Fairgrounds, Crownsville. 12 p.m. Aacountyfair.org (F)

Family Bingo at Anne Arundel County Public Library, Linthicum. 6:30 p.m. 410-222-6265. Aacpl.net

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

Open Boatshop at Chesapeake Bay Maritime Museum, Saint Michaels. 5:30 p.m. 410-745-4960. Cbmm.org

How I Built This with Guy Raz: Live with Tristan Walker at Lincoln Theatre, D.C. 7 p.m. 202-888-0050. TheLincolnDC.com

PERFORMING ARTS

Cabaret at Olney Theatre, Olney. (See 9/5).

Doubt at Studio Theatre, D.C. (See 9/4).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/11).

MUSIC

Sara Evans at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadon-stage.com

Pat Owens Live Music at Riverbay Roadhouse, Annapolis. 9 p.m. 410-757-2919. Riverbayroadhouse.com

September Sunsets Concert Series at Ellen O. Mayer Nature Park, Annapolis. 6 p.m. 410-295-0104. Amaritime.org

Get The Led Out at Maryland Hall, Annapolis. 8 p.m. 410-263-5544. Marylandhall.org

Chestertown Jazz Festival at Downtown Chestertown, Chestertown. 12 p.m. Chestertownjazzfestival.org

Thursdays in the Park at Millstream Park, Centreville. 7 p.m. 410-758-2520. Queenanne-scounyarts.com

Judah & the Lion at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

Chestertown Jazz Fest Kickoff with the Larry McKenna Quartet! at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrockhall.org

SPORTS

Dodgers at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Friday

13

SPECIAL EVENTS

Anne Arundel County Fair at Anne Arundel County Fairgrounds, Crownsville. 12 p.m. Aacountyfair.org (F)

Live Aboard Harbor Queen: Johnny Bling at Watermark Cruises, Annapolis. 7 p.m. 410-268-7601. Cruisesonthebay.com

Symposium on Building the New Maryland Dove at Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 410-745-4960. Cbmm.org

Friday Night Cruise-In at Historic Downtown Easton, Easton. 6 p.m. Dentonmaryland.com

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideaway-odenton.com

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. 8 p.m. 410-268-7373. Thecolonialplayers.org

Cabaret at Olney Theatre, Olney. (See 9/5).

Dane Cook: Tell It Like It Is at The Hippodrome Theatre, Baltimore. 7:30 p.m. 410-837-7400. France-merrickpac.com

Doubt at Studio Theatre, D.C. (See 9/4).

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/6).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/11).

The Merchant of Venice at Centreville Wharf, Centreville. 6 p.m. Shoreshakespeare.com

33 Variations at Church Hill Theatre, Church Hill. (See 9/6).

MUSIC

Sara Evans at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadon-stage.com

The Band CAMINO at 9:30 Club, D.C. 6 p.m. 202-265-0930. 930.com

Stone Temple Pilots and Rival Sons at MECU Pavilion, Baltimore. 7 p.m. 410-547-7200. Mecupavilion.com

The Avett Brothers at UMBC Linehan Concert Hall, Baltimore. 7:30 p.m. 802-255-1826. Soundchronicle.com

Shakey Graves & Dr. Dog at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

Angels & Airwaves at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmore-silver-spring.com

Cody Johnson at Power Plant Live!, Baltimore. 8 p.m. 410-727-5483. Powerplantlive.com

SPORTS

New Jersey Titans @ Maryland Black Bears at Piney Orchard Ice Arena, Annapolis. 7 p.m. 410-672-7013. Piney-icerink.com (F)

Braves at Nationals at Nationals Park, Washington, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Saturday

14

SPECIAL EVENTS

Boatyard Beach Bash 2019 at Annapolis Maritime Museum, Annapolis. 5:30 p.m. 410-295-0104. Whatsuptix.com (C) (TIX)

Jailbreak's 5th Anniversary Party at Jailbreak Brewing Company, Laurel. 4 p.m. Whatsuptix.com (TIX)

Anne Arundel County Fair at Anne Arundel County Fairgrounds, Crownsville. 12 p.m. Aacountyfair.org (F)

Intro to Prenatal Fitness at AAMC Doordan Institute, Annapolis. 9 a.m. Aahs.org

Day on the Bay to St. Michaels at Watermark Cruises, Annapolis. 10 a.m. 410-268-7601. Cruisesonthebay.com

Maryland Renaissance Festival at Renaissance Festival, Annapolis. 10 a.m. 410-266-7304. Marylandrenaissancefestival.com (F)

Architrex Tour at Information Booth at City Dock, Annapolis. 10 a.m. 410-268-7601. Annapolistours.com

Annapolis and Colonial Painters at William Paca House and Garden, Annapolis. 11 a.m. 410-267-7619. Annapolis.org

Hospice Cup XXXVIII at Bert Jabin Yacht Yard, Annapolis. 11 a.m. 410-919-8393. Whatsuptix.com (C) (TIX)

Annapolis Opera: Season Opening Gala Celebration at Westin Annapolis Hotel, Annapolis. 6 p.m. 410-267-8135. Annapolisopera.org

Second Saturday Art Night Out at Town of St. Michaels. 5 p.m. Tourtalbot.org (F)

Canoe/Kayak Bass Fishing Tournament at Dorchester County Visitor Center, Cambridge. 6 a.m. Visitdorchester.org

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

Log Canoe Cruises at Chesapeake Bay Maritime Museum, Saint Michaels. 9:30 a.m. 410-745-4960. Cbmm.org

27th Annual Native American Festival at Ball Field, Vienna. 10 a.m. 410-228-0216. Turtletracks.org (C) (F)

Taste the Beaches at Kellam's Field, Chesapeake Beach. 12 p.m. 410-257-2230. (F)

Baltimore Seafood Fest at Canton Waterfront Park, Baltimore. 12 p.m. Baltimoreseafoodfest.com

Kent Goes Purple Community Jamboree at Worton Park, Worton. 1 p.m. 410-778-1948. Kentparksandrec.org (F)

Full Harvest Moon Paddle at Chesapeake Bay Maritime Museum, Saint Michaels. 5:30 p.m. 410-745-4960. Cbmm.org (F)

An Evening at Versailles with Benjamin Franklin at Wye River Upper School, Centreville. 7 p.m. 410-671-5317. Qacif.org

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).

Cabaret at Olney Theatre, Olney. (See 9/4).

Doubt at Studio Theatre, D.C. (See 9/7).

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/6).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. 2 p.m. & 8 p.m. 202-467-4600. Kennedy-center.org

The Merchant of Venice at Centreville Wharf, Centreville. (See 9/13).

33 Variations at Church Hill Theatre, Church Hill. (See 9/6).

MUSIC

Bob Sima at Rams Head On Stage, Annapolis. 12:30 p.m. 410-268-4545. Ramsheadonstage.com

The Dirty Grass Players at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Chesapeake Music Festival at Smithsonian Environmental Research Center, Edgewater. 2 p.m. 410-224-3802. Whatsuptix.com (C) (TIX)

D J Jim Live Music at Riverbay Roadhouse, Annapolis. 9 p.m. 410-757-2919. Riverbay-roadhouse.com

Barns Courtney at 9:30 Club, D.C. 6 p.m. 202-265-0930. 930.com

Del Florida // Changing Scene // Deaf Scene at Cult Classic Brewing Company, Stevensville. 7 p.m. 410-980-8097. Cultclassicbrewing.com

Soulful Symphony: Under an Open Heaven at Merriweather Post Pavilion, Columbia. 7:30 p.m. 410-715-5550. Merriweathermusic.com

Streetlight Manifesto at Fillmore Silver Spring, Silver Spring. 7:30 p.m. 301-960-9999. Fillmoresilver-spring.com

Andrew Bird at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

Dweezil Zappa "Hot Rats & Other Hot Stuff" at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

KIX at Rams Head Live!, Baltimore. 9 p.m. 410-244-1131. Ramsheadlive.com

Marc Rebillet at 9:30 Club, D.C. 10 p.m. 202-265-0930. 930.com

SPORTS

Navy vs. East Carolina University at Navy-Marine Corps Memorial Stadium, Annapolis. 3:30 p.m. 1-800-874-6289. Navysports.com (F)

Braves at Nationals at Nationals Park, Washington, D.C. 4:05 p.m. 202-675-6287. Nationals.com (F)

New Jersey Titans @ Maryland Black Bears at Piney Orchard Ice Arena, Annapolis. 7:45 p.m. 410-672-7013. Pineyicerink.com (F)

Sunday
15

SPECIAL EVENTS

Anne Arundel County Fair at Anne Arundel County Fairgrounds, Crownsville. 12 p.m. Accountyfair.org (F)

Maryland Renaissance Festival at Renaissance Festival, Annapolis. 10 a.m. 410-266-7304. Marylandrenaissancefestival.com (F)

The Best of the Chesapeake at McBride Gallery, Annapolis. 12 p.m.-5:30 p.m. (Sun.), 10 a.m.-5:30 p.m. (Mon.-Wed. & Fri.-Sat.), 10 a.m.-9 p.m. (Thurs.). Now through October 20th, 2019. 410-267-7077. Mcbridegallery.com

Ride for Clean Rivers at Chesapeake College, Wye Mills. 8 a.m. 443-385-0511. Shorersivers.org (C)

Log Canoe Cruise at Chesapeake Bay Maritime Museum, Saint Michaels. 9:30 a.m. 410-745-4960. Cbmm.org

Native American Festival at Town of Vienna, Vienna. 10 a.m. 410-228-0216. Turtletracks.org (F) (C)

Verrocchio: Sculptor and Painter of Renaissance Florence at National Gallery of Art, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 11 a.m.-6 p.m. (Sun.). Now through January 12th, 2020. Nga.gov

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. 8 p.m. 410-268-7373. Thecolonialplayers.org

Cabaret at Olney Theatre, Olney. (See 9/8).

Doubt at Studio Theatre, D.C. 2 p.m. & 7 p.m. 202-332-3300. Studiotheatre.org

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/11).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/14).

MUSIC

Robby Krieger at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Vocal Arts DC presents Brenda Rae, soprano, in Recital at The John F. Kennedy Center for the Performing Arts, D.C. 2 p.m. 202-467-4600. Kennedy-center.org

Bayside Summer Concert Series at Downs Park, Pasadena. 4:30 p.m. 443-685-4333. Friendsodownspk.org

Polo & Pan at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Game of Thrones Live Concert Experience at Jiffy Lube Live, Bristow. 8 p.m. 703-754-6400. Bristowamphitheater.com

Burna Boy - The African Giant Returns Tour at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

SPORTS

Ravens vs. Cardinals at M&T Bank Stadium, Baltimore. 1 p.m. Baltimoreravens.com (F)

Redskins vs. Cowboys at FedExField, Landover. 1 p.m. 301-276-8800. Redskins.com (F)

Braves at Nationals at Nationals Park, Washington, D.C. 1:35 p.m. 202-675-6287. Nationals.com (F)

Monday
16

SPECIAL EVENTS

4th Annual Teeing the Tavern Charity Golf Tournament at Compass Pointe Golf Course, Pasadena. 7:30 a.m. 410-365-4489. (C) (F)

MUSIC

In The Vane Of. The Pretenders at Rams Head On Stage, Annapolis. 7 p.m. 410-268-4545. Ramsheadonstage.com

Live at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Hillsong Young & Free at Rams Head Live!, Baltimore. 7 p.m. 410-244-1131. Ramsheadlive.com

Mainstay Monday featuring Joe Holt and guests Max Murray and Frank Russo at The Mainstay, Rock Hall. 7 p.m. 410-639-9133. Mainstay-rockhall.org

Bloc Party at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

Tuesday
17

SPECIAL EVENTS

Annapolis Rotaract's Putt Putt Classic at Severna Park Golf Center, Severna Park. 6:30 p.m. Whatsuptix.com (TIX)

PERFORMING ARTS

Cats at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. Kennedy-center.org

Doubt at Studio Theatre, D.C. (See 9/4).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/11).

MUSIC

Jake Shimabukuro at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Starset & Palisades at Fillmore Silver Spring, Silver Spring. 7 p.m. 301-960-9999. Fillmoresilver-spring.com

Sigrid at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

The B-52s at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Blue Jays at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Wednesday
18

SPECIAL EVENTS

Crofton Farmers' Market at Crofton Country Club, Crofton. 4 p.m. Croftonfarmersmarket.com

Dinner Under the Stars at Downtown Annapolis, Annapolis. 6 p.m. 443-452-7321. Dinnerunderthestars.org

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com

PERFORMING ARTS

Cabaret at Olney Theatre, Olney. (See 9/4).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/17).

Doubt at Studio Theatre, D.C. (See 9/4).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/11).

MUSIC

Pam Tillis at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

MARINA - LOVE + FEAR Tour at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

NSO Pops: An Evening with Maxwell at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

PnB Rock - Trapstar Turnt Popstar Tour at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

SPORTS

Blue Jays at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Thursday
19

SPECIAL EVENTS

What's Up? Media Party for the Arts: Artists Favorites at What's Up? Media, Annapolis. 5:30 p.m. 410-266-6287. Whatsuptix.com (TIX)

HA Happy Hour at William Paca House and Garden, Annapolis. 5 p.m. 410-267-7619. Annapolis.org

Laughter Yoga at Anne Arundel County Public Library, Deale. 6:30 p.m. 410-222-1925. Aacpl.net

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

Mermaid's Kiss Oysterfest at Baltimore Museum of Industry, Baltimore. 6 p.m. 410-990-4970. Oysterrecovery.org (C)

Haymakers for Hope at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com (C)

Judy Chicago-The End: A Meditation on Death and Extinction at National Museum of Women in the Arts, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through January 20th, 2020. 202-783-5000. Nmwa.org

Live Dangerously at National Museum of Women in the Arts, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through January 20th, 2020. 202-783-5000. Nmwa.org

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).

Cabaret at Olney Theatre, Olney. 10:15 a.m. & 8 p.m. 301-924-3400. Olneytheatre.org

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/17).

Doubt at Studio Theatre, D.C. (See 9/4).

Miss You Like Hell at Baltimore Center Stage, Baltimore. 7:30 p.m. 410-332-0033. Centerstage.org

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/14).

MUSIC

September Sunsets Concert Series at Ellen O. Moyer Nature Park, Annapolis. 6 p.m. 410-295-0104. Amartime.org

Shinedown, Papa Roach & Savage After Midnight at Jiffy Lube Live, Bristow. 6:15 p.m. 703-754-6400. Bristowamphitheater.com

Tinariwen at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. Theincolndc.com

Band of Skulls at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Star Wars: The Empire Strikes Back - In Concert at The Music Center at Strathmore, North Bethesda. 8 p.m. 1-877-276-1444. Bsomusic.org

NSO Pops: An Evening with Maxwell at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

Songs From the Road Band at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

Renée Fleming VOICES: Rhiannon Giddens with Francesco Turrisi at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

National Symphony Orchestra: Season Opening Gala Concert at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

NSO at Wolf Trap: Jennifer Hudson at Wolf Trap National Park for the Performing Arts, Vienna. 8 p.m. 202-467-4600. Kennedy-center.org

SPORTS

Blue Jays at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).

Cabaret at Olney Theatre, Olney. 10:15 a.m. & 8 p.m. 301-924-3400. Olneytheatre.org

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/17).

Doubt at Studio Theatre, D.C. (See 9/4).

Miss You Like Hell at Baltimore Center Stage, Baltimore. 7:30 p.m. 410-332-0033. Centerstage.org

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Band of Skulls at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

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NSO Pops: An Evening with Maxwell at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

Songs From the Road Band at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

Renée Fleming VOICES: Rhiannon Giddens with Francesco Turrisi at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

Cabaret at Olney Theatre, Olney. (See 9/5).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/17).

Doubt at Studio Theatre, D.C. (See 9/4).

Miss You Like Hell at Baltimore Center Stage, Baltimore. 8 p.m. 410-332-0033. Centerstage.org

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/6).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/11).

33 Variations at Church Hill Theatre, Church Hill. (See 9/6).

The Wendi & Justin Comedy Show at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

MUSIC

Taking Back Sunday at Power Plant Live!, Baltimore. 7 p.m. 410-727-5483. Powerplantlive.com

Gina Chavez Duo at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

Grace VanderWaal at 9:30 Club, D.C. 8 p.m. 202-265-0930. 930.com

Star Wars: The Empire Strikes Back - In Concert at Joseph Meyerhoff Symphony Hall, Baltimore. 8 p.m. 1-877-276-1444. Bsomusic.org

NSO Pops: An Evening with Maxwell at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

Mac Demarco at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

Renée Fleming VOICES: Rhiannon Giddens with Francesco Turrisi at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

National Symphony Orchestra: Season Opening Gala Concert at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

NSO at Wolf Trap: Jennifer Hudson at Wolf Trap National Park for the Performing Arts, Vienna. 8 p.m. 202-467-4600. Kennedy-center.org

Banda MS - Sinaloense Tour at Capital One Arena, D.C. 8 p.m. 202-628-3200. Capitalonearena.com

Emo Night at Rams Head Live!, Baltimore. 9 p.m. 410-244-1131. Ramsheadlive.com

SPORTS

Mariners at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Chesapeake Bayhawks vs. Denver Outlaws at Navy-Marine Corps Memorial Stadium, Annapolis. 8 p.m. 866-994-2957. Thebayhawks.com (F)

Saturday
21

SPECIAL EVENTS

OBi Fall Festival at OBI, Millersville. 10 a.m. 410-787-0700. Obiworks.org (C)

Annapolis Home & Remodeling Expo at The Byzantium Event Center, Annapolis. 10 a.m. Midatlanticexpos.com

Day on the Bay to St. Michaels at Watermark Cruises, Annapolis. 10 a.m. 410-268-7601. Cruisesonthebay.com

Maryland Renaissance Festival at Renaissance Festival, Annapolis. 10 a.m. 410-266-7304. Marylandrenaissancefestival.com (F)

Fall Fest at Homestead Gardens, Severna Park. 11 a.m. 410.798.5000. Homesteadgardens.com (F)

Annapolis Out of the Darkness Walk at Navy-Marine Corps Memorial Stadium, Annapolis. 11:30 a.m. Afsp.org/Annapolis (C)

Contra Dancing at Annapolis Friends Meeting Hall, Annapolis. 6:30 p.m. 443-540-0867. Contradancers.com

Alpaca Festival at Outstanding Dreams Farm, Preston. 410-829-2012. Outstandingdreamsfarm.com

Kent Island Beach Cleanup's International Coastal Cleanup at Queen Anne's County, Annapolis. 8 a.m. 410-458-1240. Kentislandbeachcleanup.com (C) (F)

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

Run the Vineyard - Crow 5k at Crow Vineyard & Winery, Kennedyville. 9 a.m. Crowvineyard.com

Easton Airport Day at Easton Airport, Easton. 10 a.m. Eastonairportday.com (F)

DogFest at Baltimore Humane Society, Reisterstown. 10 a.m. 410-833-8848. Dogfest.org (C)

The Maryland Wine Festival at Carroll County Farm Museum, Westminster. 10 a.m. 410-386-3880. Carrollcountymuseum.org

Smithsonian Museum Day at Historic London Town and Gardens, Edgewater. 10 a.m. Historiclondontown.org

Margaret Atwood - THE TESTAMENTS Book Tour at Lincoln Theatre, D.C. 5:30 p.m. 202-888-0050. Theincolndc.com

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).

Cabaret at Olney Theatre, Olney. (See 9/4).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. 1:30 p.m. & 7:30 p.m. 202-467-4600. Kennedy-center.org

Doubt at Studio Theatre, D.C. (See 9/7).

Miss You Like Hell at Baltimore Center Stage, Baltimore. 2 p.m. & 8 p.m. 410-332-0033. Centerstage.org

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/6).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/14).

Marshal Manlove At Wicomico Youth & Civic Center - Midway Room at Wicomico Youth & Civic Center, Salisbury. 5 p.m. 410-548-4911. Wicomicociviccenter.org

33 Variations at Church Hill Theatre, Church Hill. (See 9/6).

MUSIC

Blue Miracle & The Jello Boys at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Rick Wakeman: Grumpy Old Rock Star Tour at Maryland Hall, Annapolis. 8 p.m. 410-263-5544. Marylandhall.org

Star Wars: The Empire Strikes Back - In Concert at Joseph Meyerhoff Symphony Hall, Baltimore. 3 p.m. 1-877-276-1444. Bsomusic.org

Music on the Nanticoke Concert at Vienna Waterfront Park, Vienna. 4 p.m. 443-239-0813.

Rancid with Special Guests Pennywise at MECU Pavilion, Baltimore. 5 p.m. 410-547-7200. Mecupavilion.com

Groovefest Music Festival at Downtown Cambridge, Cambridge. 5 p.m. 443-477-0843. Downtowncambridge.org

grandson at 9:30 Club, D.C. 6 p.m. 202-265-0930. 930.com

TYLER, THE CREATOR Jaden Smith & GoldLink at Merriweather Post Pavilion, Columbia. 7 p.m. 410-715-5550. Merriweathermusic.com

Rebel Soul returns to Cult Classic at Cult Classic Brewing Company, Stevensville. 7 p.m. 410-980-8097. Cultclassicbrewing.com

Hoodie Allen - Whatever USA Tour at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

Victoria Vox at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrockhall.org

Bastille at The Anthem, D.C. 9 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Mariners at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).

Cabaret at Olney Theatre, Olney. (See 9/4).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. 1:30 p.m. & 7:30 p.m. 202-467-4600. Kennedy-center.org

Doubt at Studio Theatre, D.C. (See 9/7).

Miss You Like Hell at Baltimore Center Stage, Baltimore. 2 p.m. & 8 p.m. 410-332-0033. Centerstage.org

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/6).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/14).

Marshal Manlove At Wicomico Youth & Civic Center - Midway Room at Wicomico Youth & Civic Center, Salisbury. 5 p.m. 410-548-4911. Wicomicociviccenter.org

33 Variations at Church Hill Theatre, Church Hill. (See 9/6).

Blue Miracle & The Jello Boys at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Rick Wakeman: Grumpy Old Rock Star Tour at Maryland Hall, Annapolis. 8 p.m. 410-263-5544. Marylandhall.org

Star Wars: The Empire Strikes Back - In Concert at Joseph Meyerhoff Symphony Hall, Baltimore. 3 p.m. 1-877-276-1444. Bsomusic.org

Music on the Nanticoke Concert at Vienna Waterfront Park, Vienna. 4 p.m. 443-239-0813.

Rancid with Special Guests Pennywise at MECU Pavilion, Baltimore. 5 p.m. 410-547-7200. Mecupavilion.com

Friday
20

SPECIAL EVENTS

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideaway-odenton.com

An Evening with the Celebrity Housewives at Live! Casino & Hotel, Hanover. 8 p.m. 1-855-563-5483. Livecasinohotel.com

Pull! For the Arc at Pintail Point, Queenstown. 8:30 a.m. 410-269-1883. Thearccc.org (C)

Treasures of the Earth Gem, Mineral & Jewelry Show at Roland E. Powell Convention Center, Ocean City. 12 p.m. 804-642-2011. Treasuresof-earth.com

Pemberton 24 - Festival of 5ks at Pemberton Historical Park, Salisbury. 4 p.m. 410-548-4900 x108. Pembertonpark.org

Conversations With Nick Cave at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. Theincolndc.com

Movie Night At The Garfield Presents: The Little Princess at Garfield Center for The Arts, Chestertown. 7 p.m. 410-810-2060. Garfieldcenter.org (F)

Bodyphones and Jiwa dan Raga at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through May 31st, 2020. 410-822-2787. Academyartmuseum.org

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).



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Exhibitions



Annapolis:

↑ Evolve: Painting by Jeff Huntington

Jo Fleming Contemporary Art; Now through September 30th, 2019; Free; Joflemingcontemporaryart.org; 410-280-184 The exhibition includes contemporary portraiture in oil on panels or canvas as well as cut paper collage. Jeff Huntington's powerful compositions pulsate with rich layered imagery, patterning, and multiplicity, incorporating Huntington's exploration of techniques he developed for monumentally scaled public art murals made using digitally cut templates, modern screen print techniques and aerosol spray paint. Exhibition images capture the faces of iconic characters that have caught Huntington's attention including Heinrich Himmler and Madame Nhu.

The Color of Light

The Galleries at Quiet Waters Park; Now through October 13th, 2019; Opening reception: September 8th, 1:30-3:30 p.m.; \$6; Fqwp.org; 410-222-1777 *The Color of Light* will feature artwork the West River Artists. This group, founded in 1984, features about 20 artists from Annapolis/D.C. area who meet weekly in Galesville Community Center to paint and to critique.

Four Artists: Moving through Abstraction, Annapolis 1950s to 1990s

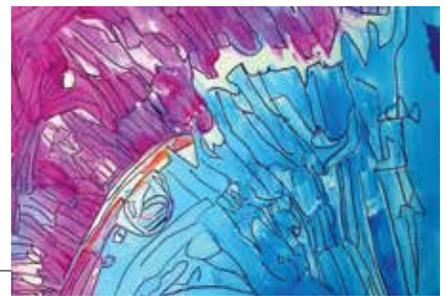
Maryland Hall for the Creative Arts; September 3rd through October 26th, 2019; Opening reception: September 19th, 5:30-7 p.m.; Free; Marylandhall.org; 410-263-5544 *Four Artists: Moving Through Abstraction, Annapolis 1950-1990* showcases the avant-garde work of Michel Freinek, Esther Levy, Virginia Ochs, and Missy Weems, four women living and painting in Annapolis during the period 1950 to 1990. The exhibition will incorporate between four and eight oil paintings from each artist, resulting in an exhibition of approximately 25 to 30 works, large and small.

Artists' Favorites

What's Up? Media; August 23rd through December 13th, 2019 Opening reception: September 19th, 5:30-7 p.m.; Free admission; Whatsupmag.com; 410-266-6287 What's Up? Media, in partnership with the Arts Council of Anne Arundel County, presents its newest exhibition, *Artists' Favorites*. Artists are often asked to make work to fit a theme or to try to fit an existing piece into a themed show. This exhibition is about giving artists an opportunity to step outside the constraints of a theme, and to share their favorite pieces that might not have been a good fit with a previous show.

Creative Space: Work by Maryland Hall's Resident and In-House Artists

Maryland Hall for the Creative Arts; September 3rd through October 26th, 2019; Opening reception: September 19th, 5:30-7 p.m.; Free; Marylandhall.org; 410-263-5544 Maryland Hall celebrates the third-floor studio artists with this group exhibition of both Artists-in-Residence and In-House artists. Though the artists have their own individual studios and work in a wide-range of styles and mediums, this exhibition showcases Maryland Hall's diverse community of both professional and emerging artists.



Leah Loebner, "Blue Emotion," Mixed Media, *Breaking the Barriers*, Open Eye Gallery, Arundel Lodge, Quiet Waters Park

↑ Breaking the Barriers

The Galleries at Quiet Waters Park; Now through October 13th, 2019; Opening reception: September 8th, 1:30-3:30 p.m.; \$6; Fqwp.org; 410-222-1777 *Breaking the Barriers* is an exhibit from the Open Eye Gallery at Arundel Lodge. The Gallery creates a safe, supportive environment for a community of artists to explore and develop their creative visions. Creating expressive works provides opportunities for growth, transformation, to help cope with trauma, and aids in overall recovery and wellness.

American Impressionism: Treasures from the Daywood Collection

Mitchell Gallery, St. Johns College; Now through October 27th, 2019; Free; Sjc.edu; 410-626-2556 American art changed significantly between the late 19th and early 20th centuries when artists moved from European-style landscapes and monumental portraits to intimate subjects of the American countryside and portraits of those around them. This exhibition of over 40 works highlights this shift through the visions of artists Arthur Bowen Davies, Henry Ward Ranger, George Inness, Ernest Lawson, Willard Metcalf, Edward Redfield, Charles Hawthorne, George Luks, and John Sloan.

The Best of the Chesapeake

McBride Gallery; September 15th through October 20th, 2019; Opening reception: September 15th, 2019; Free; Mcbridegallery.com; 410-267-7077 This annual exhibition features paintings and sculptures by noted marine and landscape artists focused on the Chesapeake Bay. From visiting historic square-riggers, pleasure boats, and workboats, the Bay has a lot to offer the artist. Life continues to thrive around this body of water, not just the human variety, but great blue herons, egrets, and osprey that live on and around the water. The small family farms and harbor towns add a quaintness and character along the many miles of sandy and marshy shorelines.

The Maryland Wine Festival at Carroll County Farm Museum, Westminster. 11 a.m. 410-386-3880. Carrollcountymuseum.org

Dorchester's 350th Anniversary Celebration at High Street, Cambridge. 12 p.m. 410-228-1000. Visitdorchester.org

Dorchester Center for the Arts Showcase at High Street, Cambridge. 12 p.m. 410-228-7782. Dorchesterarts.org (F)

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/15).

Cabaret at Olney Theatre, Olney. (See 9/8).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/21).

Doubt at Studio Theatre, D.C. (See 9/15).

Miss You Like Hell at Baltimore Center Stage, Baltimore. 2 p.m. 410-332-0033. Centerstage.org

Perfect Arrangement at Fells Point Corner Theatre, Baltimore. (See 9/1).

What the Constitution Means to Me at The John F. Kennedy Center for the Performing Arts, D.C. 2 p.m. 202-467-4600. Kennedy-center.org

33 Variations at Church Hill Theatre, Church Hill. (See 9/8).

MUSIC

Judy Collins at Rams Head On Stage, Annapolis. 4:30 p.m. & 7:30 p.m. 410-268-4545. Ramsheadonstage.com

Boyside Summer Concert Series at Downs Park, Pasadena. 4:30 p.m. 443-685-4333. Friendsofdownspk.org

The Waterboys at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. Thelincoldc.com

Chris Brown - Indigo Tour 2019 at Capital One Arena, D.C. 6:30 p.m. 202-628-3200. Capitalonearena.com

Alter Bridge & Skillet - Victorious Sky Tour at MECU Pavilion, Baltimore. 7 p.m. 410-547-7200. Mecupavilion.com

Ride at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

North Sea Gas at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

SPORTS

D.C. United vs. Seattle Sounders FC at Audi Field, D.C. 8 p.m. Dcunited.com (F)

Mariners at Orioles at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com (F)

Monday
23

SPECIAL EVENTS

Beginner Yoga at Anne Arundel County Public Library, Eastport-Annapolis. 10 a.m. 410-222-1770. Aacpl.net

An Evening with Dr. Jane Goodall at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

MUSIC

Adam Ant at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. Thelincoldc.com

Whitney at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

SPORTS

Phillies at Nationals at Nationals Park, Washington, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Redskins vs. Bears at FedExField, Landover. 8:15 p.m. 301-276-6800. Redskins.com (F)

Tuesday
24

SPECIAL EVENTS

Chair Yoga at Anne Arundel County Public Library, Crofton. 1 p.m. 410-222-7915. Aacpl.net

PERFORMING ARTS

Garfield Improv Group at Garfield Center for the Arts, Chestertown. 8 p.m. Garfieldcenter.org

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/17).

Doubt at Studio Theatre, D.C. (See 9/4).

Miss You Like Hell at Baltimore Center Stage, Baltimore. (See 9/19).

MUSIC

Magic City Hippies at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Ingrid Michaelson at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Bad Suns at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. Ramsheadlive.com

Massive Attack at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Phillies at Nationals at Nationals Park, Washington, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Wednesday
25

SPECIAL EVENTS

Whiskey 101 & Meet the Distiller at Fishpaws Marketplace, Arnold. 6 p.m. 410-647-7363. Whatsuptix.com (Tix)

Crofton Farmers' Market at Crofton Country Club, Crofton. 4 p.m. Croftonfarmersmarket.com

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com

Open Mic Night at the Garfield at Garfield Center for the Arts, Chestertown. 7:30 p.m. Garfieldcenter.org

PERFORMING ARTS

Cabaret at Olney Theatre, Olney. (See 9/5).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/17).

Doubt at Studio Theatre, D.C. (See 9/4).

Miss You Like Hell at Baltimore Center Stage, Baltimore. (See 9/19).

MUSIC

Ace Frehley at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Cat Power at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. Thelincoldc.com

Stereolab at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Local Natives at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. Ramsheadlive.com

Lizzo at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Phillies at Nationals at Nationals Park, Washington, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Thursday
26

SPECIAL EVENTS

Tribute to Women & Industry Awards at Hotel Annapolis, Annapolis. 11:30 a.m. 410-626-7800. Annapoliswca.org (C)

Taste of the Chesapeake at Crowne Plaza Annapolis Hotel, Annapolis. 6 p.m. 443949-0575. Whatsuptix.com (C) (Tix)

22nd Annual Bowl-a-thon at Glen Burnie Bowl America, Glen Burnie. 10 a.m. 410-787-0700. Obiworks.org (C)

SPCA Benefit Cruise at Watermark Cruises, Annapolis. 6 p.m. 410-268-7601. Cruise-sonthebay.com (C)

Blazers. Bourbon. Cigars. at William Paca House and Garden, Annapolis. 6 p.m. Annapolis.org

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

Ta-Nehisi Coates - THE WATER DANCER Book Tour at Lincoln Theatre, D.C. 5:30 p.m. 202-888-0050. Thelincoldc.com

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).

Cabaret at Olney Theatre, Olney. (See 9/19).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/17).

Doubt at Studio Theatre, D.C. (See 9/4).

Miss You Like Hell at Baltimore Center Stage, Baltimore. (See 9/19).

MUSIC

September Sunsets Concert Series at Ellen O. Moyer Nature Park, Annapolis. 6 p.m. 410-295-0104. Anmaritime.org

Delbert McClinton at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

D J Jim Live Music at Riverbay Roadhouse, Annapolis. 9 p.m. 410-757-2919. Riverbay-roadhouse.com

Miranda Lambert at Royal Farms Arena, Baltimore. 7 p.m. 410-347-2020. Royalfarm-arena.com

Pinegrove at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Renée Fleming VOICES: Rhianon Giddens with Francesco Turrisi at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. Kennedy-center.org

Lizzo at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

Wynonna Judd & The Big Noise at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

Yung Gravy - Experience the Sensation Tour at Fillmore Silver Spring, Silver Spring. 9 p.m. 301-960-9999. Fillmore-silverspring.com

SPORTS

Phillies at Nationals at Nationals Park, Washington, D.C. 4:05 p.m. 202-675-6287. Nationals.com (F)

Friday
27

SPECIAL EVENTS

ASO Opening Night Celebration at Maryland Hall for the Creative Arts, Annapolis. 6 p.m. 410-263-0907. Annapolis-symphony.org

Hoot & Hack Golf Tournament at Walden Golf Club, Crofton. 8 a.m. Whatsuptix.com (Tix)

Movie Night Under the Stars at Eastport-Annapolis Neck Community Library, Annapolis. 5 p.m. Sofaannapolis.com

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideaway-odenton.com

Wine on the Beach at Ocean City Inlet, Ocean City. 11 a.m. Winefest.com

5th Annual UWQAC Crab Feast at Harris Crab House, Grasonville. 6 p.m. 410-643-6288. Whatsuptix.com (C) (Tix)

Lee Ufan: Open Dimension at Hirshhorn Museum, D.C. 10 a.m.-5:30 p.m. daily. Now through September 13th, 2020. 202-633-1000. Hirshhorn.si.edu

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).

Cabaret at Olney Theatre, Olney. (See 9/5).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/17).

Doubt at Studio Theatre, D.C. (See 9/4).

Miss You Like Hell at Baltimore Center Stage, Baltimore. (See 9/20).

Peppa Pig Live! - Peppa Pig's Adventure! at The Hippodrome Theatre, Baltimore. 6 p.m. 410-837-7400. France-merrickpac.com (F)

MUSIC

Bob Mould at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

half*alive at 9:30 Club, D.C. 6 p.m. 202-265-0930. 930.com

Snoop Dogg & Wu Tang Clan at Jiffy Lube Live, Bristow. 7 p.m. 703-754-6400. Bristowamphitheater.com

GRIZ at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

Gloria Trevi: Diosa De La Noche Tur at MGM National Harbor, Oxon Hill. 8 p.m. 844-346-4664. Mgmnationalharbor.mgmresorts.com

SPORTS

Indians at Nationals at Nationals Park, Washington, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Saturday
28

SPECIAL EVENTS

ASO Opening Night Celebration at Maryland Hall for the Creative Arts, Annapolis. 6 p.m. 410-263-0907. Annapolis-symphony.org

Twist and Stout at Quiet Waters Park, Annapolis. 12 p.m. 410-222-7316. Twistandstout.org

30th Annual Kunta Kinte Heritage Festival at Annapolis City Dock, Annapolis. 10 a.m. Kuntakinte.org (F)

Architrex Tour at Information Booth at City Dock, Annapolis. 10 a.m. 410-268-7601. Annapolistou.com

Fall Fest at Homestead Gardens, Severna Park. 11 a.m. 410.798.5000. Homesteadgardens.com (F)

Day on the Bay to St. Michaels at Watermark Cruises, Annapolis. 10 a.m. 410-268-7601. Cruisesonthebay.com

Maryland Renaissance Festival at Renaissance Festival, Annapolis. 10 a.m. 410-266-7304. Marylandrenaissancefestival.com (F)

IRONMAN Maryland at Great Marsh Park, Cambridge. 6:45 a.m. Ironman.com

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchester-town.com

Skin-on-Frame Kayak Workshop at Chesapeake Bay Maritime Museum, Saint Michaels. 8:30 a.m. 410-745-4960. Cbmm.org

Frederick Douglass Day at Easton, Easton. 10 a.m. Frederickdouglasshonorsociety.org (F)

Elf Classic Yacht Race Spectator Cruise at Chesapeake Bay Maritime Museum, Saint Michaels. 10:30 a.m. 410-745-4960. Cbmm.org

Mid-Shore Out of the Darkness Walk at Idlewild Park, Easton. 11 a.m. Afsp.org/MidShoreMD (C)

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/13).

Cabaret at Olney Theatre, Olney. (See 9/4).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/21).

Doubt at Studio Theatre, D.C. (See 9/7).

Miss You Like Hell at Baltimore Center Stage, Baltimore. (See 9/21).

MUSIC

Gregg Karukas at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Jade Bird at 9:30 Club, D.C. 6 p.m. 202-265-0930. 930.com

National Symphony Orchestra: Season Opening Gala Concert at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. 202-467-4600. Kennedy-center.org

Billy Price Band at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrock-hall.org

Joe Russo's Almost Dead at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Indians at Nationals at Nationals Park, Washington, D.C. 4:05 p.m. 202-675-6287. Nationals.com (F)

Sunday
29

SPECIAL EVENTS

Maryland Renaissance Festival at Renaissance Festival, Annapolis. 10 a.m. 410-266-7304. Marylandrenaissancefestival.com (F)

Bands on the Bay Oktoberfest at YMCA Camp Letts, Edgewater. 1:30 p.m. Cel-ebratehopefoundation.org (C)

Fall Fest at Homestead Gardens, Severna Park. 11 a.m. 410.798.5000. Homesteadgardens.com (F)

Osprey 5K and Fall Festival at Kent School, Chestertown. 9 a.m. 410-778-4100. Kentschool.org

13th Annual St. Michaels Concours d' Elegance at Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 443-262-5916. Smcode.org (C) (F)

Generations: A History of Black Abstract Art at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 19th, 2020. 443-573-1700. Artbma.org

Melvin Edwards: Crossroads at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 19th, 2020. 443-573-1700. Artbma.org

PERFORMING ARTS

Arsenic and Old Lace at The Colonial Players, Inc., Annapolis. (See 9/15).

Cabaret at Olney Theatre, Olney. (See 9/8).

Cats at The John F. Kennedy Center for the Performing Arts, D.C. (See 9/21).

Doubt at Studio Theatre, D.C. (See 9/15).

Miss You Like Hell at Baltimore Center Stage, Baltimore. (See 9/22).

MUSIC

JOURNEYMAN at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Sunday in the Country at Merriweather Post Pavilion, Columbia. 2 p.m. 410-715-5550. Merriweathermusic.com

Bayside Summer Concert Series at Downs Park, Pasadena. 4:30 p.m. 443-685-4333. Friendsofdownspk.org

Nahko And Medicine For The People at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. TheLincolndc.com

K.Flay at 9:30 Club, D.C. 6:30 p.m. 202-265-0930. 930.com

GWAR at Rams Head Live!, Baltimore. 7:30 p.m. 410-244-1131. Ramsheadlive.com

Snow Tha Product at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmore-silverspring.com

Catfish and the Bottlemen at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

SPORTS

Ravens vs. Browns at M&T Bank Stadium, Baltimore. 1 p.m. Baltimore Ravens.com (F)

Indians at Nationals at Nationals Park, Washington, D.C. 3:05 p.m. 202-675-6287. Nationals.com (F)

Monday
30

SPECIAL EVENTS

Beginner Yoga at Anne Arundel County Public Library, Eastport-Annapolis. 10 a.m. 410-222-1770. Aacpl.net

MUSIC

Dean Lewis at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

Greg Laswell at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

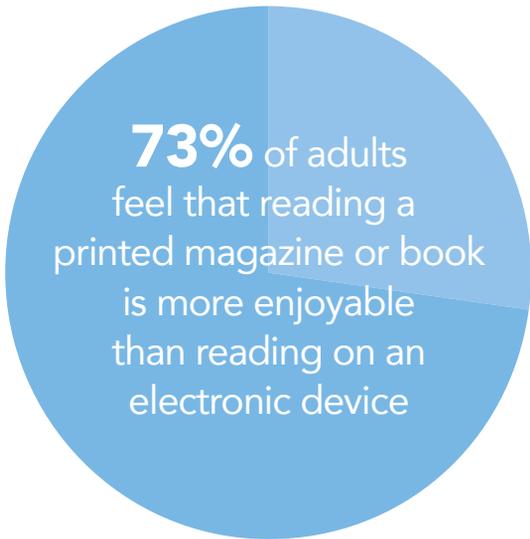
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Source: Two Sides North America and Toluna, n=2,000. Fall 2017

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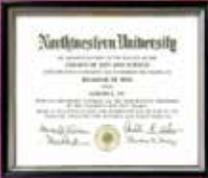
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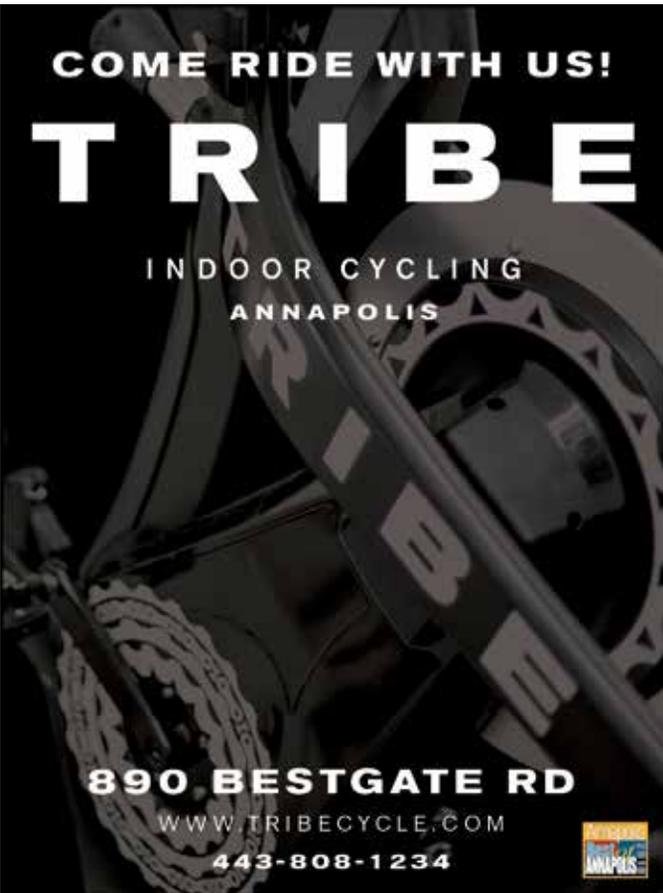
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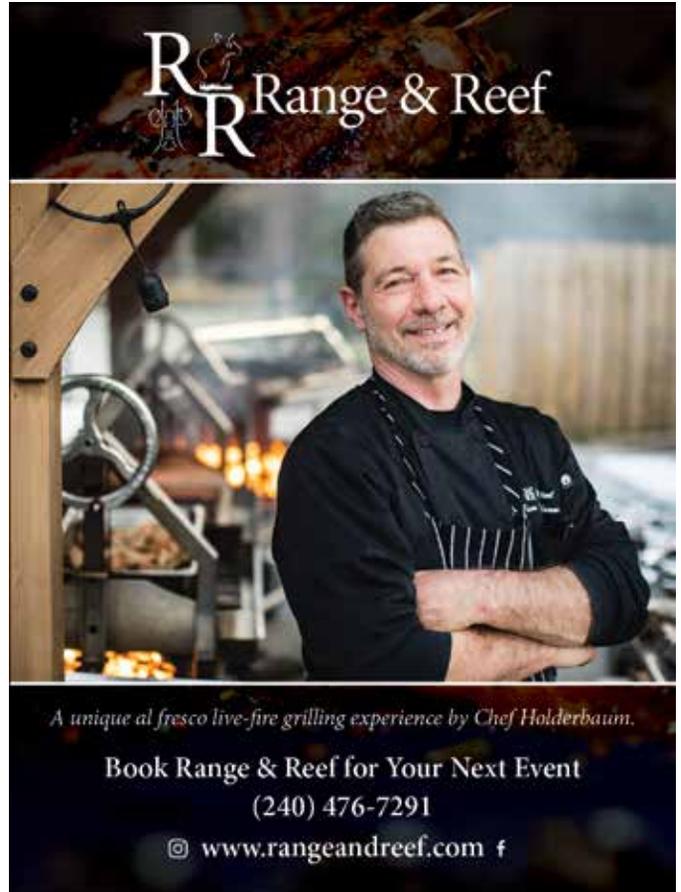
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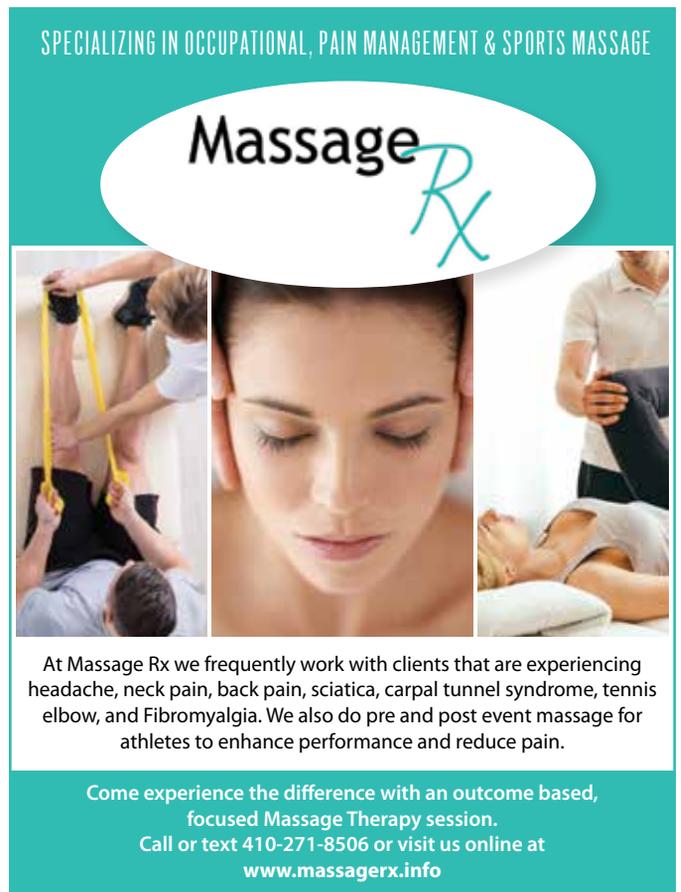
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Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to this month's winner: Robin M. Hembree of Severna Park, who won a gift certificate to O'Leary's Seafood Restaurant!

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Entries must be received by September 30th, 2019. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Annapolis.

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