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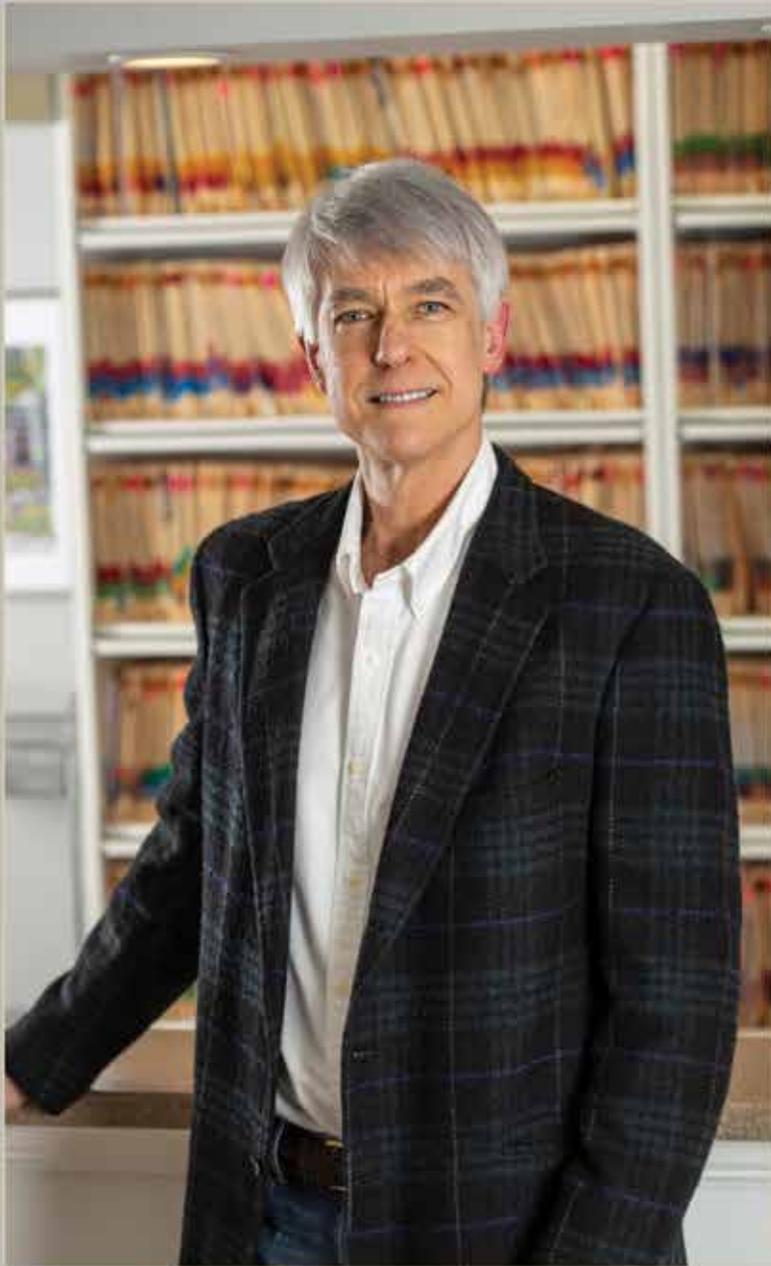
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\*Based on fracture toughness, Vickers, and flexural strength in University tests.

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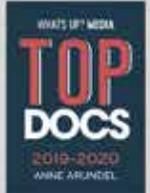
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**This open enrollment season, it all adds up to Kaiser Permanente. Visit [kp.org/annearundel](https://kp.org/annearundel)**



\* Permanente doctors are recognized as Top Doctors in *Washingtonian* magazine (2018), *Northern Virginia Magazine* (2019), *Baltimore* magazine (2018), and *Washington Consumers' CHECKBOOK* magazine (2018).

\*\* Kaiser Permanente of the Mid-Atlantic States' Private plan in Virginia, Maryland and the District of Columbia received the highest possible rating (5 out of 5) from the National Committee for Quality Assurance Private Health Insurance Plan Ratings 2018-2019.

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# The David Orso Difference

David Orso is known as the “local boy turned Realtor”. David discovered his passion for real estate about 20 years after investing in real estate properties. As a life-long resident of the Annapolis area, David is extremely knowledgeable about the Annapolis, Severna Park and Arnold real estate markets.

David leads a small team of experts which has been ranked #1 in Anne Arundel County, regardless of brokerage, for total sales volume for six years in a row.

David was voted as one of the top ten agents in America by the Real Estate Institute of America, is consistently recognized by his peers as a thought leader and innovator in the field and is a well-known speaker and author on the topic of residential real estate.

During the past 36 months, David has sold over \$184 million in real estate in Anne Arundel County.



On average, his listings sell within 57 days and for at least 95 percent of the original list price. David built his business on several key principles: systematic attention to detail, excellence in marketing, and skilled negotiations. His success in life and business demonstrate his innate ability to build and nurture relationships and provide exceptional service to his clients with world-class professionalism.

David has a vision to elevate the standard of excellence in the residential real estate industry through his 82-point home selling system. David obtained his undergraduate degree from the University of Dayton with a major in Psychology.

He earned his MBA from Loyola College of Baltimore with a concentration in Strategic Marketing. David continued his academic endeavors at Harvard University Law School in the esteemed Program on Negotiation.

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**53**

Our average days on market  
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compared to the 90 average.

**53%**

53% of our listings sold  
in under 30 days

See how we compare to the regional averages below

### Anne Arundel County

**95.9%**  
Sale-to-List Price

**53**  
Average Days on Market

### Annapolis

**94.1%**  
Sale-to-List Price

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Average Days on Market

### Severna Park

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Average Days on Market

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**Holiday Bash at Red Red Wine Bar** Live music, MTPA bartenders, raffle items & more! Dec. 11, 2019 from 6:00-8:00PM. 189 B Main St.



**Porch Stories** An innovative open mic opportunity that encourages patrons to "sound off" on the arts in Annapolis.

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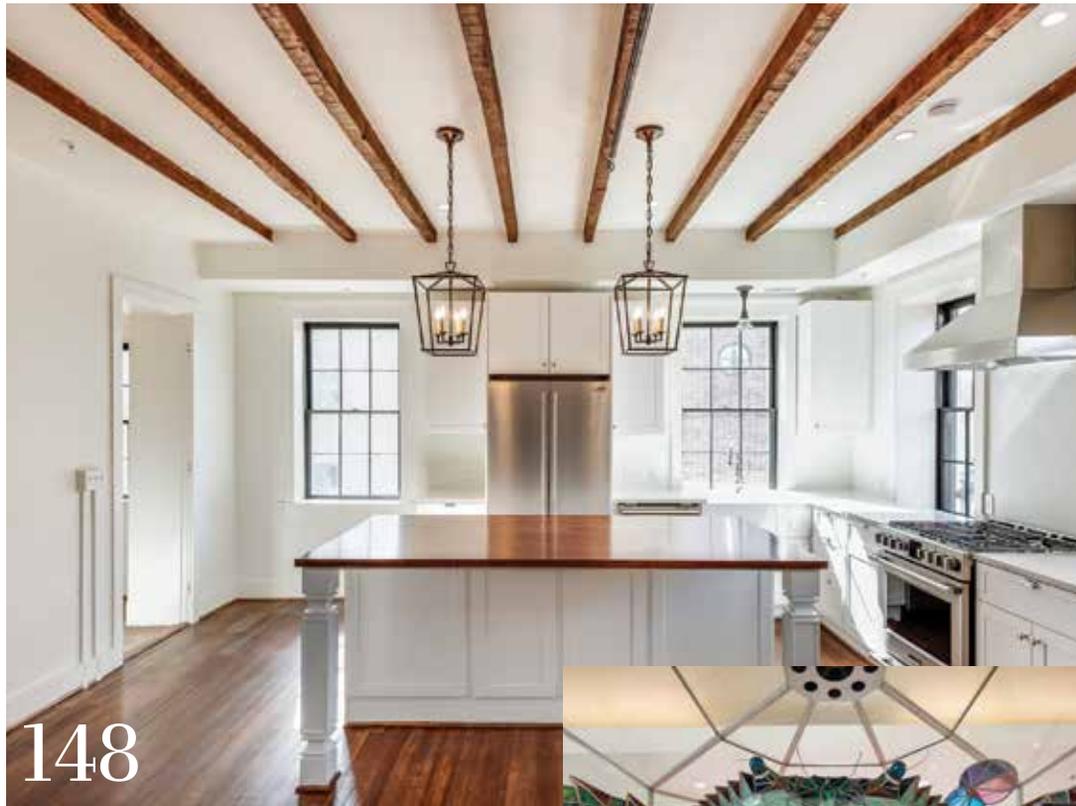


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# December contents

**On the Cover:** Celebrating the Faces of the Chesapeake. Design by August Schwartz. Contact *What's Up? Annapolis* online at [whatsupmag.com](http://whatsupmag.com) ♻️ Please recycle this magazine.



148

## Features

**47 Faces of the Chesapeake** A special sponsored content package introducing you to professional service providers

**100 Wherefore Art Thou Family?** Genetic testing can reveal and unite long-lost family members, unlock decades-old ancestral mysteries, and produce intense mixed emotions *By Diana Love*

**110 Can Teachers Afford to Retire in Maryland?** A closer look at the controversial performance of the state's pension fund *By Mark Croatti*

**116 And We're Off** The little-known and remarkable ways BWI makes travel safe, comfortable, relaxing, and delightful *By Diana Love*

**123 Holiday Gift Guide** Local retailers share unique gift ideas



**130 Maryland's Most Dangerous Roads** How our state and counties are mitigating accident-prone roadways *By Frederick Schultz*



140

**140 For the Love of It** Colonial Players in Annapolis celebrates 71 seasons of producing local theater *By Gary Jobson*

## Home & Garden

**148 Stately Views** Situated across the street from Maryland's state house, this historic property is an amenity-filled masterpiece *By Diana Love*

**154 Garden Design: Another Look at Tools** How to care for, organize, store, and prepare your garden tools for next season *By Janice F. Booth*

**160 Real Estate** Stunning examples of recent home sales showcase what's selling throughout the Anne Arundel County *By Lisa A. Lewis*

## Health & Beauty

**168 Health Report** A summary of recent medical and wellness studies *By Lisa J. Gotto*

**169 Sodium & Heart Health** How sodium intake affects your body *By Brooke Sawicki, MS, RD, LDN*

Plus:

**169 Fresh Take: Peppermint**

**170 Face Slimming Masks**

**172 Sarcopenia**

**173 Fashion Minimalism**

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# December contents

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**JANUARY 2020**  
Year of the Woman Kicks Off!  
Private School Guide  
Maryland Black Bears Ice Hockey  
2020 State Legislative Preview

## Dining

**175 The Ambiance of Italian Heritage** Carpaccio Tuscan Kitchen in Annapolis leaves an impression *By Rita Calvert*

**176 Past Experience Translates to New Restaurant** Ashling Kitchen & Bar is primed in Crofton *By Tom Worgo*

**180 Readers Restaurant Guide** More than 125 regional restaurants listed

**183 Readers Review Contest** Your dining reviews can win you free dinners!

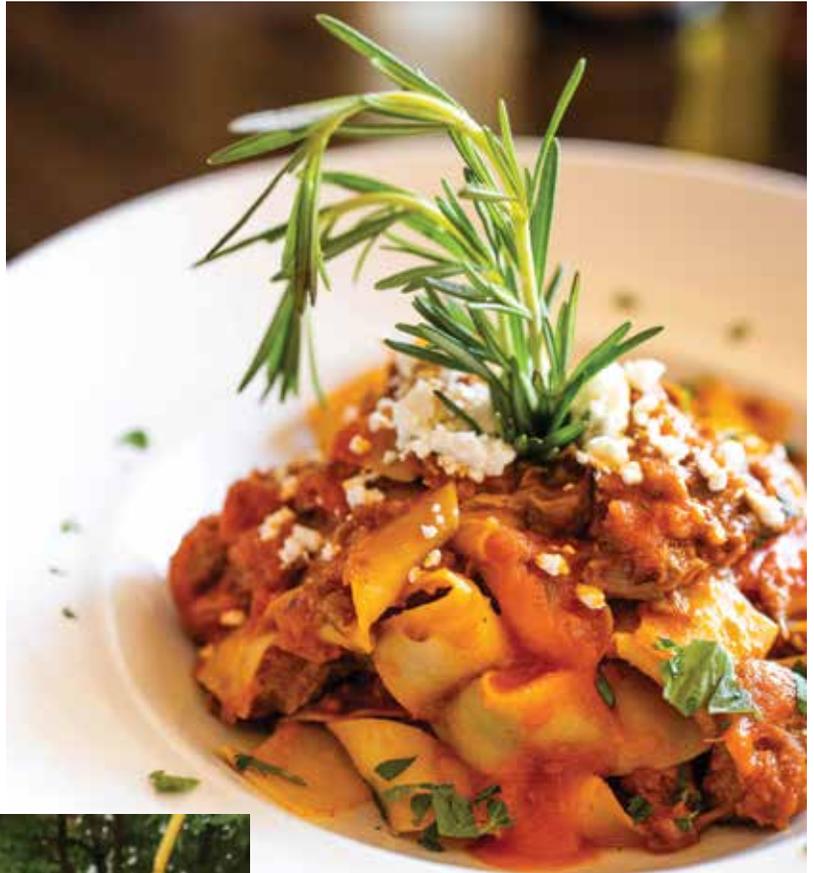
## In Every Issue

**18 E-Contents** A snapshot of what's online promotions and exclusive content

**20 What's Up? Tix** Exclusive ticket opportunities for upcoming events

**22 Publisher's Letter** Veronica shares her thoughts

**27 Out on the Towne** Previews of special events and activities to enjoy in December *By Cate Reynolds*



**34 Towne Social** Photographs of charity events and endeavors

**40 Towne Salute** Meet Leah Solat with the Annapolis Opera *By Caley Breese*

**42 Towne Spotlight** Local business and community news *By Caley Breese*

**44 Towne Athlete** Meet Lila Slattery of Severna Park High School *By Tom Worgo*



**189 December Calendar of Events** Our extensive calendar of special events and entertainment taking place this month *By Cate Reynolds*

**207 Where's Wilma?** Find the What's Up? Media mascot and win

**208 What Do You Think?** American Generosity *By Ellen Moyer*



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# e-contents

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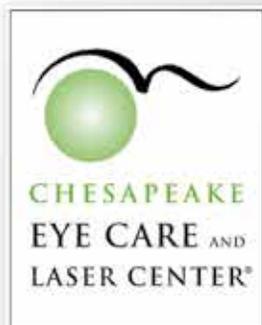
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2

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11:30am - 1:00pm | **FREE**

5 →

## Holiday Taste and Sip 10th Anniversary Celebration

**Greater Severna Park and Arnold Chamber of Commerce**  
Chartwell Golf & Country Club  
6:00pm - 9:00pm | **\$40**



↓ 7

## Shells & Bells, a Party on the Creek!

**Chesapeake BaySavers**  
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8

## The Nutcracker Tea

**What's Up? Media**  
Graduate Annapolis  
10am, 2pm, 5:30pm | **\$58-\$73**

3 →

## Chateau Ste. Michelle Wine Dinner

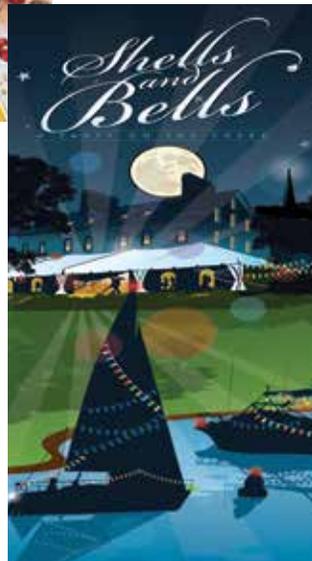
**Fishpaws Marketplace**  
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5

## The Holly Trolley

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Herald Harbor Community Center  
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12

## The Holly Trolley

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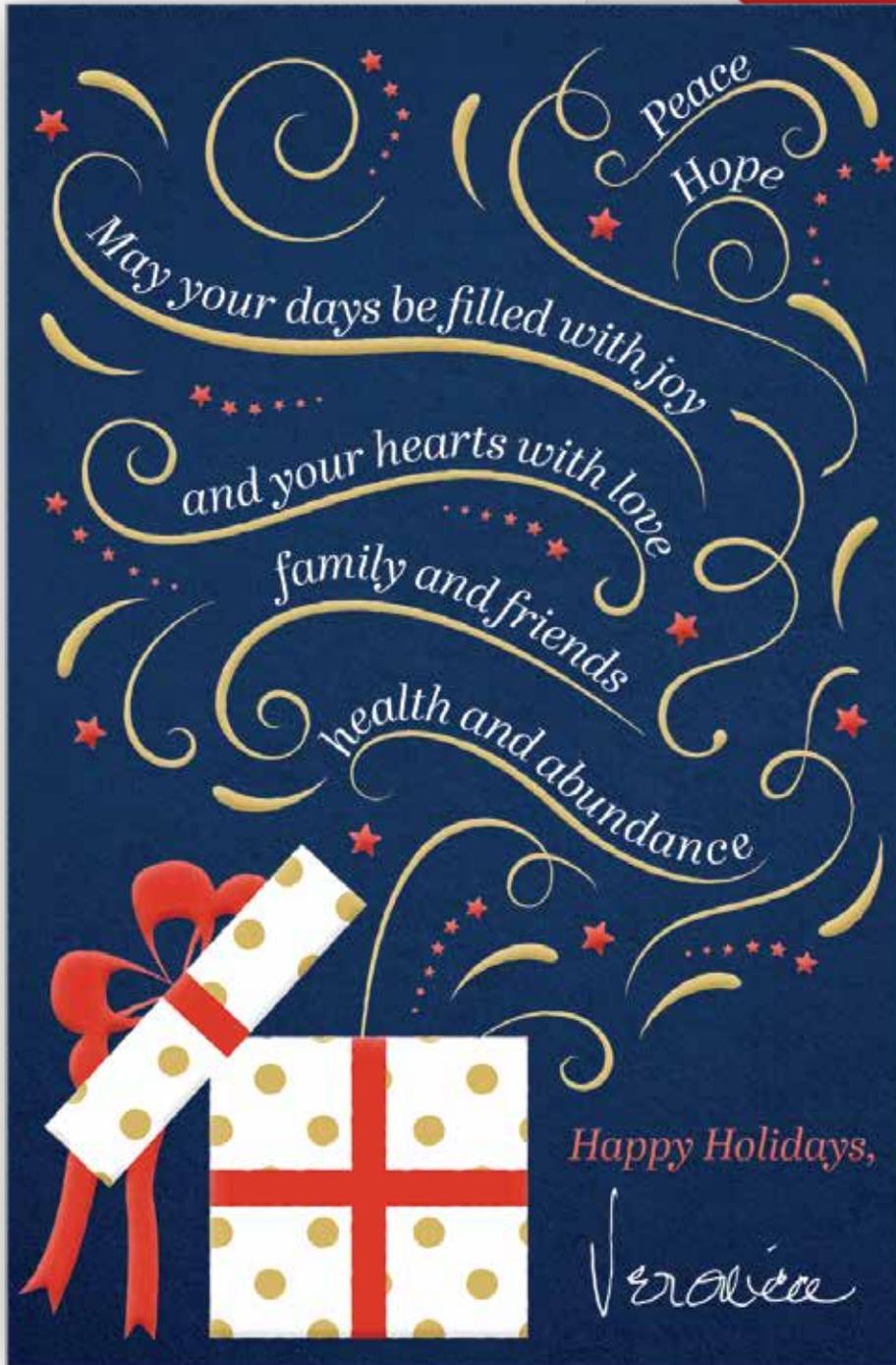
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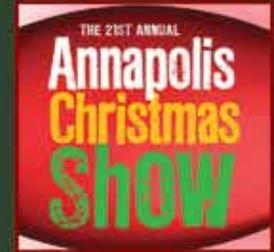
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## ↓ Eastport Yacht Club Lights Parade

Lighting the Annapolis waterfront for more than 30 years, the Eastport Yacht Club Lights Parade is one of Annapolis' signature holiday events! This year, the parade will be held on Saturday, December 14, 6-8 p.m.

Up to 40 boats brightly decorated with thousands of lights will parade along the Annapolis waterfront.

Boats circle the waterfront in two fleets: one circling in front of Eastport, the City Dock, and the Naval Academy seawall, and the other circling the length of Spa Creek, inside the bridge. Thousands of people line the waterfront each year to watch this glittering holiday parade. For more information, visit [Eastportyc.org](http://Eastportyc.org).



Photo by John Parsons

## What's Up? Media's Nutcracker Tea →

Fill your teacup with holiday cheer as you experience the beauty and magic of Christmas at Graduate Annapolis—formerly known as the Loews Annapolis Hotel—on Sunday, December 8. Enjoy a delicious high tea and buffet as you watch a mini performance of *The Nutcracker*, performed by Maryland Performing Arts Center. Seatings are at 10 a.m., 2 p.m., and 5:30 p.m. Ticket prices range from \$58–72 and are available at [Whatsuptix.com](http://Whatsuptix.com).



## ANNIVERSARY RUN 15K

Join the Annapolis Striders for its 41st Anniversary Run 15K on Sunday, December 8, 10 a.m. The 9.3-mile run will take place on a course through Quiet Waters Park. The race is free for members of the Annapolis Striders who register before December 2, \$10 for non-members, and \$20 the day of the race. For more information, visit [Annapolisstriders.org](http://Annapolisstriders.org).

## HANDEL'S MESSIAH

Join Live Arts Maryland for its performance of Handel's *Messiah* on Friday, December 20 and Saturday, December 21, 8 p.m., at St. Anne's Church in historic downtown Annapolis. This annual performance has become a regional tradition and features world-class soloists, the Annapolis Chamber Orchestra, and the Annapolis Chorale. Ticket prices vary. For more information, visit [Liveartsmaryland.com](http://Liveartsmaryland.com).

## Shells & Bells

Join Chesapeake BaySavers for its third annual Shells & Bells Party on the Creek on Saturday, December 7, 6–11 p.m., at the Historic Charles Carroll House. The event features specialty cocktails, local food, live music, a live auction, and much more. Tickets are \$125 for general admission and \$250 for VIP. Proceeds will support Chesapeake BaySavers and their mission to restore the Chesapeake Bay through legislative initiatives, community outreach, and education. For more information, and to purchase tickets, visit [Whatsuptix.com](http://Whatsuptix.com).

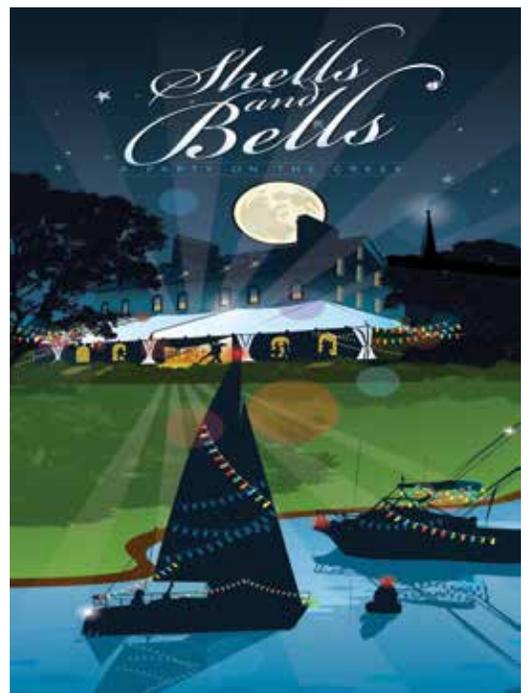




Photo by Downtown Annapolis Partnership Staff

## ↑ **Midnight Madness/ Eleventh Hour**

Downtown Annapolis Partnership proudly presents Midnight Madness, the annual holiday tradition, on Thursday, December 5 and Thursday, December 12, 6 p.m.-12 a.m., and Eleventh Hour on Thursday, December 19, 6-11 p.m. Main Street, Maryland Avenue, West Street, State Circle, and City Dock will be filled with carolers, musicians, dancers, and performers to make your holiday shopping experience uniquely Annapolis. Search for that perfect holiday gift while enjoying the company of family and friends. Don't forget to snap a photo in Snowflake Alley or in front of the Annapolis Christmas tree! For more information, visit [Downtownannapolispartnership.org](http://Downtownannapolispartnership.org).

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# Annapolis Opera: Celebrate Opera

Join Annapolis Opera for Celebrate Opera on Sunday, December 15, 3 p.m., at Asbury United Methodist Church. This popular December concert features new and exciting performers, including Mackenzie Gotcher, tenor; Christine Lyons, soprano; Melissa Mino, soprano; and Timothy Renner, baritone. The program will feature Maestro Ronal Gretz's personal favorites from across the operatic tradition along with a few surprises. Tickets are \$45 per person, \$40 for Maryland Hall members, and \$28 for students and children. For more information, visit [Annapolisopera.org](http://Annapolisopera.org).

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**WEDNESDAY, DECEMBER 11**  
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**SATURDAY, DECEMBER 14**  
4-7pm Who's Your Hero? WRNR Live Broadcast and Bud Copper Lager & Bud Black Lager Tasting & Nauti Spirits Tasting

**WEDNESDAY, DECEMBER 18**  
5-8pm Laphroaig Single Malt Tasting & Bottle Etching w/Ryan Lyles, Brand Ambassador

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**ANNAPOLIS NYE CELEBRATION**

Ring in the New Year on Tuesday, December 31 and watch the City of Annapolis come alive with two firework shows, family activities, and lots of fun. The first set of fireworks will take place just after sunset at the Weems Whelan Field with tons of kid-friendly activities available, including face painting, music, and games. The second fireworks display will take place at City Dock when the clock strikes midnight. Live music and entertainment will be provided at both locations. For more information, visit [Annapolis.gov](http://Annapolis.gov).

## ANDREA BOCELLI

Andrea Bocelli is considered to have one of the most beautiful voices in the world. The Italian opera singer has sold more than 80 million records worldwide and has collaborated with a wide-array of artists including Celine Dion, Tony Bennett, Ariana Grande, and Ed Sheeran.

This month, Bocelli is kicking off a U.S. arena tour in support of his most recent album, *Si*. Andrea Bocelli will be performing live at Capital One Arena on Sunday, December 15, 7:30 p.m. Ticket prices vary. For more information, visit [Capitalonearena.com](http://Capitalonearena.com).

Photo by Nick Eckert



## ↑ *The Nutcracker*—Ballet Theatre of Maryland

Discover the wonder of *The Nutcracker*, a timeless holiday tradition, with the Ballet Theatre of Maryland. Be swept away by the classic tale of the young heroine, Clara, and her adventures to rescue her beloved Nutcracker. Performances are at Maryland Hall for the Creative Arts on Saturday, December 7 and 14, 7 p.m., and Sunday, December 8 and 15, 1 p.m. and 4:30 p.m. Ticket prices vary. For more information, and to purchase tickets, visit [Marylandhall.org](http://Marylandhall.org).

## GRAND ILLUMINATION

Celebrate the start of the holiday season in downtown Annapolis during Grand Illumination on Sunday, December 1, 4:45 p.m.

Warm up with some hot cocoa and decorate an ornament while enjoying dance and music performances. Welcome Santa to Annapolis just before the tree lighting at 6:30 p.m. The Annapolis Jaycees will be collecting cash donations as well as unwrapped toys and non-perishable food to benefit local children and families in need. For more information, visit [Downtownannapolispartnership.org](http://Downtownannapolispartnership.org).



Photo by Lights on the Bay

# celebrate opera

SUNDAY, DECEMBER 15, 2019 | 3 PM  
Asbury United Methodist Church



AnnapolisOpera.org

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Courtesy of the Military Bowl Foundation

## ↑ The Military Bowl

The Military Bowl, presented by Northrop Grumman, kicks off for the 12th year. The Bowl Week festivities begin on Thursday, December 26 with the Military Bowl Bar Crawl (4-9 p.m.) and Wine Walk (4-6 p.m.) at bars, art galleries, and other businesses throughout downtown Annapolis and Eastport. On Friday, December 27, gameday begins with the traditional Military Bowl Parade. The parade, featuring the Budweiser Clydesdales, will begin at City Dock at 9 a.m. and conclude at Navy-Marine Corps Memorial Stadium. After the parade, don't miss the Official Tailgate Party in the Blue Lot on the stadium's west side, followed by pregame festivities and kickoff at noon. For more information, and to purchase tickets, visit [Militarybowl.org](http://Militarybowl.org).



## SANTA SPEEDO RUN

Grab your speedo and head to downtown Annapolis on Saturday, December 14 for the annual Santa Speedo Run and Toy Drive. The Santa Speedo Run is a one-mile fun run/stroll through Annapolis. Check in begins at 10:30 a.m. at O'Brien's Oyster Bar and the race starts at 12:30 p.m. Before and after the race, enjoy food, drinks, and fun at O'Brien's. Don't forget to bring a new, unwrapped toy or book for the Salvation Army gift drive. For more information, and to register, visit [Santaspeedorunannapolis.com](http://Santaspeedorunannapolis.com).

## Lights on the Bay

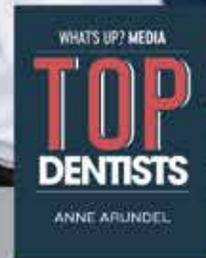
Lights on the Bay, hosted by the SPCA of Anne Arundel County, is open to the public now through Wednesday, January 1, 5-10 p.m. at Sandy Point State Park. Enjoy a two-mile scenic drive along the Chesapeake Bay with approximately 70 spectacular, animated and stationary light displays illuminating the roadways. Admission is \$15 per car or van, \$30 for large passenger vans, mini buses, and trolleys, and \$50 for buses. Proceeds benefit the SPCA of Anne Arundel County. For more information call 410-268-4388 or visit [Lightsonthebay.org](http://Lightsonthebay.org).

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## Boatyard Beach Bash

If you're a fan of Jimmy Buffet, you are probably sorry you missed the Boatyard Beach Bash. Members of Buffet's band, the Coral Reefers, headlined the 15th annual event on September 14 at the Annapolis Maritime Museum. The band has had an impact, helping raise \$85,000 this year and more than a \$1 million overall in the Beach Bash's history, with proceeds benefitting the museum's education programs. The sold event attracted 750 people, who enjoyed views of the Chesapeake Bay, a buffet meal, and signature cocktails.

Photography courtesy Annapolis Maritime Museum **1.** Sangie Ferragine, Kristyn Kuhn-Eckel, and Trish Davis **2.** Bill Franshawe and Deborah Franshawe with Mark and Noreen Dalisera **3.** Anne and Leo Wilson **4.** Michael Hughes with Jane and Pete Chambliss **5.** David and Diane McClatchy with Georgie and Dick Franyo **6.** Christy Frampton and Phil Goodman





**TOWNE SOCIAL**

## CRAB Cup

On Saturday, August 17, Chesapeake Regional Accessible Boating (CRAB) held its annual CRAB Cup, a regatta on the Chesapeake Bay featuring several classes of racing boats. Skippers, crew, spectators, volunteers, and sponsors then enjoyed the afterparty at Eastport Yacht Club. All proceeds benefit CRAB

Photography courtesy CRAB 1. CRAB Cup Founder Dick Franyo acknowledges the audience vote for Team Patriot headed by Peter Gibbons-Neff and his crew as the best costume winners 2. CRAB Skippers Tony Caparella and Dani Izzie (with husband Rudy standing) 3. CRAB Board President Brad LaTour and his family with CRAB volunteer Kathy Anderson 4. CRAB Skippers in chairs Dani Izzie and Josh Jones with Amanda Powers, Penny Blanch, Mayor Gavin Buckley, and Sara Aiken 5. Gene Gross, Danny Weichert, Bucky Hayes, Michelle Eichhorn, Cindy Bennett, and Judy Hayes 6. CRAB Cup Skippers Challenge Top Fundraisers Dan Flagler, President Brad LaTour, Caroline Oaks, Scott Gitchell, Paul Van Cleve, and David Hankey





1



2



3



4



5

#### TOWNE SOCIAL

## Harvest Moon Ball

On October 18, Talisman Therapeutic Riding hosted its annual Harvest Moon Ball at the organization's equine facilities. The "black tie and blue jeans" benefit event featured rider demonstrations, gourmet food and drink, diamond-champagne raffle, cigar bar, and dancing to the music of the Chris Sacks Band. Proceeds from the event directly benefit Talisman's riders, clients, and horses.

Photography by Stephen Buchanan **1.** Tom Divilio and Lisa Gritti **2.** Theresa Connolly and Patrick Lee **3.** Kaitlin Horvath, Isabel Tilley, and Kirk Tilley **4.** Martin Poretsky, Henriette Barreck, and Missy Pasta **5.** Wayne Zussman and Karen Baer **6.** Kim and Gregory Harris



6

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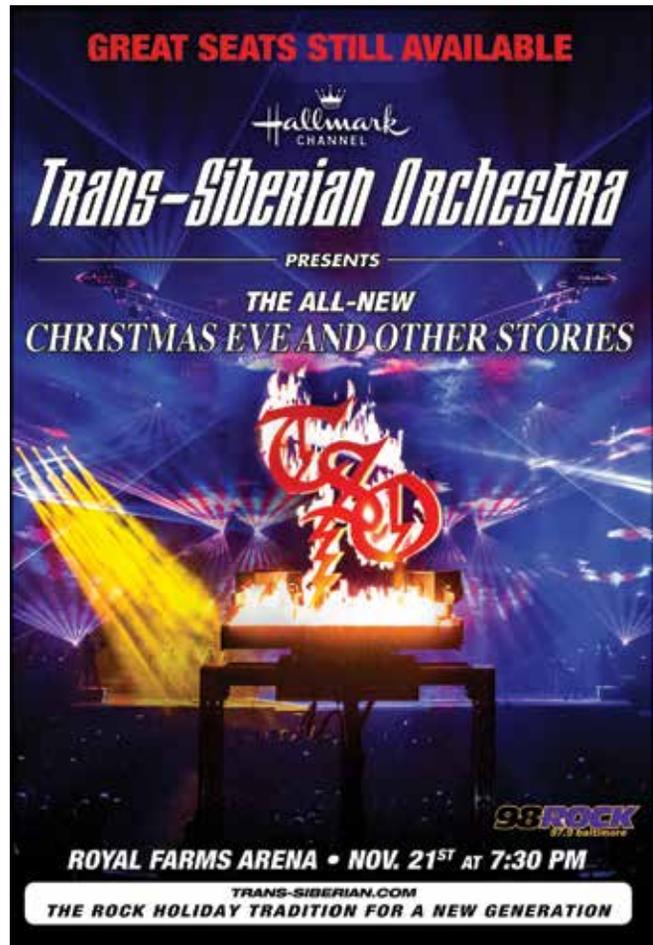
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# NAMI Mental Health Gala

National Alliance on Mental Illness (NAMI) of Anne Arundel hosted the Second Annual Mental Health Gala on Saturday, October 5 at the Crowne Plaza Hotel in Annapolis. This year's focus was "Celebrating Advancements." The evening's guest speaker was Adrienne Kennedy, President of NAMI National, and this year's Honorary Chairman was Senator Ed Reilly. The event included appetizers, dinner, dancing, and a silent auction.

Photography by Stephen Buchanan **1.** Brandie Metcalf, Linda Bennett, and Kathy Burke **2.** Tyler Calabrese, Kathy Reilly, and Sen. Ed Reilly **3.** Joe and Kenitha Mayembe **4.** Chris and Mary Susan Roordan, with Elena and Steve Thomas **5.** Daniel Schneider with Sandy and Jack Berry **6.** Gina and Phil Roter with Annette Ludlam





**TOWNE SALUTE**

# Leah Solat

## Annapolis Opera

By Caley Breese

**W**hen Leah Solat was volunteering at Historic London Town & Gardens, the organization briefly closed in order to build a new education center. Fortunately for Solat, an opportunity to volunteer with Annapolis Opera presented itself, so she jumped at the chance to help out.

“They had a fall [event], saying, ‘If you’d like to volunteer with Annapolis Opera, come,’” Solat explains. “I went and they asked if I would organize providing rehearsal refreshments. From that, you know how it goes: You volunteer, and then you volunteer, then you volunteer. I ended up running the first gala that they had in a while. I joined the board as the secretary.”

Solat, who had a 30-year career with IBM, has been volunteering with Annapolis Opera since 2003. She’s held many titles with the organization, including co-chair of the volunteer committee, chair of the auditions committee, and chair of the Vocal Competition committee. Solat was Annapolis Opera’s board secretary from 2003 to 2007. She became board president during the 2007–2008 season, and then again in 2009 through 2012. For the past nine years, Solat has ran Annapolis Opera’s Vocal Competition, which is now in its 32nd year.

“[Leah] has had a major impact on the Annapolis Opera in many ways, but her dedication and purpose of mind to bring the best that the opera has to offer to the community has never changed,” Annapolis Opera General Director Kathy Swekel says. “From a volunteer helping singers find a warm-up room, to leading the organization to a new professional level, to guiding the company as president, she has enabled the company to achieve new heights.”

We recently caught up with Solat to discuss her philanthropic endeavors and roles with Annapolis Opera.

**What do you enjoy most about volunteering with Annapolis Opera?**

The feeling that you’re making a contribution to something that’s valuable to the community and something that you love. Being involved enough with the singers to see them progress and to see that you had an impact in helping them. And then the people that you work with. You have a common sense of purpose.

**“I’m pleased to be able to use my professional skills—management and organization—to contribute to an art form I love by helping bring it to my community, as well as experiencing the joy of feeling part of the careers of the fine young singers who perform with us.”**

I’m pleased to be able to use my professional skills—management and organization—to contribute to an art form I love by helping bring it to my community, as well as experiencing the joy of feeling part of the careers of the fine young singers who perform with us.

**When you were president of the board, you led Annapolis Opera through a difficult financial and structural time. Can you talk a little bit about that?**

Well, first of all, I’m an Excel spreadsheet freak. I love it. If there’s any way I can put stuff on an Excel spreadsheet, I will. We have a lot of files—that I’m amazed to find still—that I created just because it was a way of managing things, like keeping track of our income donations, keeping track of our donations and our subscribers, that kind of thing. Just basic things that made it easier to manage the company. I don’t sing, they don’t want me to sing [laughs]. So, it’s my project management and administrative skills.

**What is the Vocal Competition? How did you get involved with that and what do you love about it?**

It's a regional competition [for opera professionals in the Mid-Atlantic area]. It starts with online applications, and applicants send us electronic examples of their work. Three judges sit and listen to the electronic submissions. They don't know the name of the entrants; they don't know what they look like—all they do is listen. From that, they select 30 semi-finalists and they perform for a different panel of three judges. From those 30, eight are selected to come the next day for finals and they are a judged by yet another panel of judges.

When I was president, somebody else was running [the competition] but then that person [stepped down]. So, I ended up doing almost all the administrative work that year, and then just decided if I'm going to do this, I might as well run it. I was transitioning out of the presidency then, anyway. It's just a rewarding thing to do. You're helping singers in lots of different ways. They get the experience of coming and singing even if they don't get any further than the semi-finals, which is good experience for them.

**What do you hope Annapolis Opera can accomplish in the future?**

Well, first, that we can successfully get through this transition [the retirement of Artistic Director and Conductor Ronald J. Gretz], because it's a big one. We've been doing a lot of things the same way for 37 years. I would like to see Annapolis Opera recognized more widely. I mean, to be a regional opera company that is financially solvent that does the things we do is an incredible accomplishment.

*For more information on Annapolis Opera, visit [annapolisopera.org](http://annapolisopera.org)*

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## ARUNDEL FEDERAL SAVINGS BANK DONATES TO STUFF THE BUS FUNDRAISER

Arundel Federal Savings Bank donated \$500 to the MOMS Club of Crofton's annual Stuff the Bus fundraiser. Held in August at the Crofton Chick-fil-A on Carver Road, the event helped 75 Crofton- and Gambrills-area elementary school students by providing backpacks, school supplies, and fees for field trips. The MOMS (Moms Offering Moms Support) Club is an international nonprofit organization with over 2,100 chapters. The MOMS Club of Crofton serves Crofton, Davidsonville, and Gambrills.



Left to right: City of Annapolis Mayor Gavin Buckley, former Mayor of Annapolis Ellen Moyer, First Lady Yumi Hogan, and attorney Joe Gormley. Photo by Tony J Photography

## Yumi Hogan and Gavin Buckley Host Art Reception

First Lady of Maryland Yumi Hogan, Mayor of Annapolis Gavin Buckley, former Mayor of Annapolis Ellen Moyer, and attorney Joe Gormley hosted a reception at Metropolitan Kitchen & Lounge that launched an updated edition of *Art in the City of Annapolis* in September. *Art in the City of Annapolis* is a catalogue featuring works of art found at the Naval Academy, the State House, St. John's College, St. Anne's Church, St. Mary's Church, and other historical places. The catalogue is supported by the Art in Public Places Commission.



Left to right: MOMS Club members Colleen Pitts and Amy Einhaus, and Maggie Carson of Arundel Federal Savings Bank. Photo by Laura Wiegmann of Laura's Eyes Photography

## LOCAL WOMEN HONORED AT FANNIE LOU HAMER AWARDS RECEPTION

Six trailblazing women from Anne Arundel County were honored at the 101st birthday celebration of the late civil and women's rights activist Fannie Lou Hamer in October. The event marked the 23rd annual Fannie Lou Hamer Awards Reception and was held at the Francis Scott Key Auditorium at St. John's College in Annapolis. Each year, a committee of local residents chooses six notable women from a list of nominees who live or work in Anne Arundel County. This year's honorees were Vanessa Bright of Odenton, Michelle Coates of Annapolis, Rosalind Hill-Kane of Annapolis, Linda Mundy of Annapolis, Barbara Palmer of Odenton, and Dr. Pamela Brown of Annapolis.



Left to right: MLK Jr. Committee Chair Carl Snowden with 2019 Fanny Lou Hamer Award winners Linda Mundy, Michelle Coates, Pastor Barbara Palmer, Dr. Pamela Brown, Rosalind Hill-Kane, and Vanessa Bright. Photo by Marc Apter

## THE ANNAPOLIS TOWNE CENTRE SUPPORTS COMMUNITY ARTS INITIATIVES

Annapolis Towne Centre hosted the opening of the Community19 Gallery exhibit in celebration of Annapolis Arts Week in June. The inaugural community gallery featured artwork from 30 artists of local nonprofits, Annapolis Arts Alliance and Annapolis Watercolor Club, as well as students from Studio 39, a creative and performing space for Anne Arundel County Public Schools' Performing and Visual Arts Magnet Program. Artists' mediums included photography, jewelry, oil, watercolor, acrylic paintings, and more.



Photo by Drawn to the Image

## FACE IT! SPA AND WELLNESS CELEBRATES ONE-YEAR ANNIVERSARY

Face It! Spa and Wellness in Severna Park celebrated its one-year anniversary in September by hosting a party for its clients, supporters, and the community that offered free gifts, raffles, a prize wheel, and food and drink. Representatives from Davines, Osmosis Beauty, Environ, and other product lines sold at the spa made appearances at the event. Additionally, Greater Severna Park and Arnold Chamber of Commerce presented owner Ashley Reed with a certificate to congratulate her on the memorable occasion.



Photo by Middle Kove Photography

## Bo's Effort Hosts Fourth Annual Golf Tournament

Bo's Effort hosted its Fourth Annual Golf Tournament in May at The Golf Club at South River in Edgewater. The day-long event featured golf, a BBQ awards dinner, and live and silent auctions for more than 250 guests, patrons, and sponsors. Bo's Effort's mission is to create awareness to break the stigma of mental illness and help young adults and their families start a conversation and find early intervention resources. Money raised from the event benefits the National Alliance on Mental Illness (NAMI), Scholarships for Scholars, and the new mental health hospital at Anne Arundel Medical Center.



CEO of Luminis Health Victoria Bayless. Photo courtesy of AAMC

## AAMC and Doctors Community Health System Form Luminis Health

Anne Arundel Medical Center (AAMC) and Doctors Community Health System (DCHS) partnered to form a new health system called Luminis Health. The name, Luminis, symbolizes its "commitment to being a beacon of hope and healing for its communities." The integrated health system will expand services throughout Maryland, improving population health and access to healthcare. Luminis Health will launch its new brand this coming spring, which will include a new logo and visual identity. After the new brand is revealed, the full integration is expected to take up to two years.

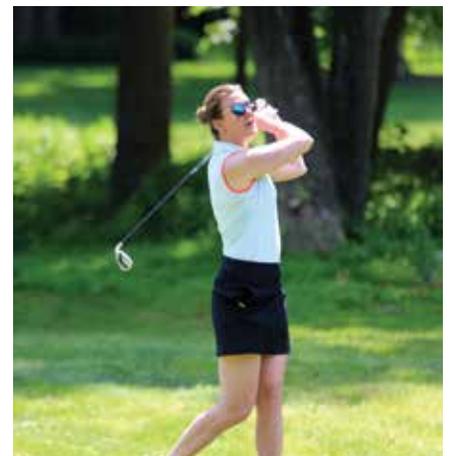


Photo courtesy of Bo's Effort photographers: D. Cromer, P. Britvch, and D. Saccoccio

**Do you have community or business news to publicize? Send What's Up? an email at [cbreese@whatsupmag.com](mailto:cbreese@whatsupmag.com).**



TOWNE ATHLETE

# Lila Slattery

## Severna Park High School Field Hockey

By Tom Worgo

**F**ield hockey consumes Severna Park High School senior Lila Slattery. Slattery stays involved with the sport all year long, whether it's playing, coaching, or refereeing. She always seems to have a stick in her hand.

"Field hockey comes first," Slattery explains. "A friend may ask me to hang out [but] I often say I have a field hockey practice or a game."

Slattery earned a national ranking. Last year, MaxPreps put her on its 2020 watch list, which includes the top 150 players in the country. She will attend Northwestern University in Evanston, Illinois, on a field hockey scholarship.

"She is the most dedicated player I have coached in 15 years on the high school level," Severna Park Field Hockey Coach Shannon Garden says. "It seems like field hockey is all she does. Any day, you can find her up at school taking shots by herself. She is always asking her teammates to practice with her."

Working on her skills is critical to the 5-foot-4-inch Slattery, but she also enjoys coaching and refereeing. "I love coaching a lot because I am usually teaching third graders," Slattery says. "They are just picking it up and it gives them a good foundation."

Still, Slattery's main focus remains on the field and preparing to play at the next level. She understands it will be much tougher than high school and club.

"When I get to Northwestern, [it'll be] such a high level of play," Slattery says. "I don't want to be playing catch up. I want to go there and already have all the skills I need to have. So, I am doing extra practicing. I just feel like I can always get better."

Slattery started on the Severna Park varsity for the past three years, and she's arguably the Falcons' best player. She led the team in scoring as both a sophomore

**"She is the most dedicated player I have coached in 15 years on the high school level. It seems like field hockey is all she does. Any day, you can find her up at school taking shots by herself. She is always asking her teammates to practice with her."**

(15 goals, 9 assists) and junior (14, 8). She's a very aggressive player.

"Most of the time, it's just being gritty and scrappy and staying with it," Slattery says of the key to her scoring goals. "You have to get after the rebounds and stay with it."

Slattery has received plenty of accolades. She's been chosen as first-team All-County twice and the Field Hockey Coaches Association of Maryland named her a first-team All-State selection in 2018.

"Her IQ of the game is incredible for a player her age in high school," Garden says. "She can see plays unfolding even before they happen."

Slattery, a team co-captain, is like an assistant coach on the field at times.

"She is my go-to player on the field," Garden says. "I rely on her feedback very much. When we have time outs, I will pull her aside and ask her what she thinks

is going on. She has a good handle of what everybody is doing on the field and what is working and what is not.”

Slattery plays for SPark Field Hockey Club in Gambrills for nine months of the year.

She helped SPark to the 14U National Indoor Tournament championship in 2014 and has appeared on several teams that participated in the National Club Championship tournament.

“Having a stick in your hand year-round just makes you more comfortable with the game,” says Slattery, who also competed on the Severna Park varsity lacrosse team in 2017 and outdoor track squad in 2018. “And you have a better field sense of when to do what on the field and how to move.”

When the 17-year-old Slattery isn't playing sports, she spends a lot of her time studying and participating in school clubs. She carries a weighted 4.41 grade-point average, is the editor-in-chief of the yearbook, and serves as secretary for National Honor Society.

She also belongs to the Spanish Honor Society, Key Club, Women in Engineering Club, Girl Scouts, and organizes a Backpack Buddies drive for St. Martin's in-the-Field Episcopal Church.

“She is 100 percent selfless,” Garden says. “She is a positive soul.”

Do you have a local athlete to nominate? Send What's Up? an email to [tworgo@whatsupmag.com](mailto:tworgo@whatsupmag.com).



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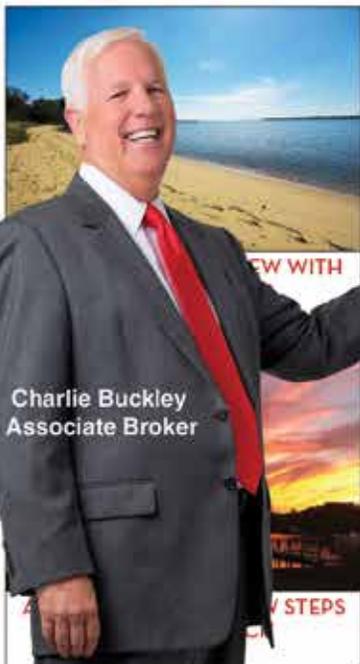
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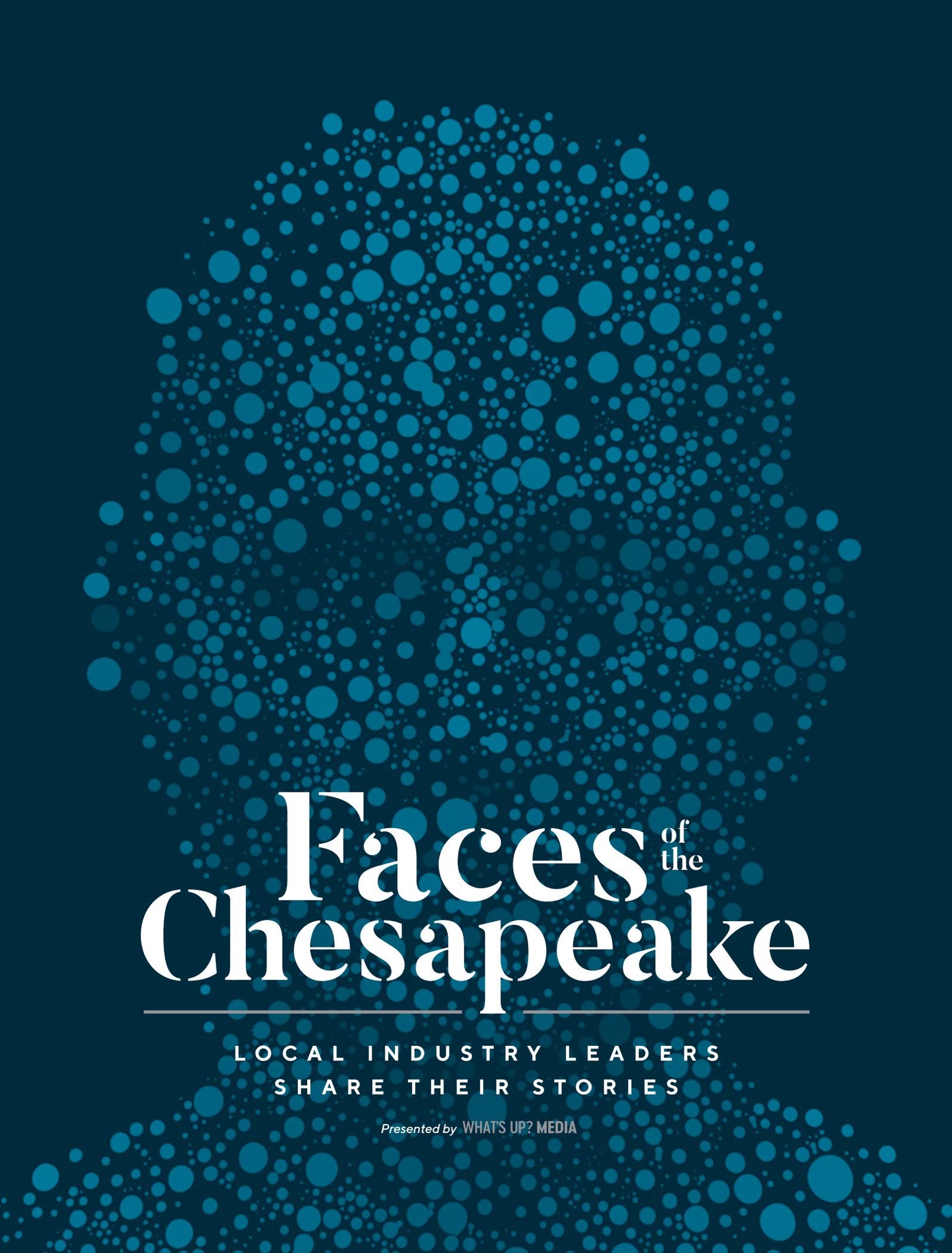
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# Faces <sup>of the</sup> Chesapeake

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*Presented by* WHAT'S UP? MEDIA

THE FACE OF PLASTIC SURGERY  
AND AESTHETIC EXCELLENCE

# KELLY SULLIVAN M.D.

Sullivan Surgery & Spa

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410-571-1280 / 443-221-2700

Extensive education, training, experience, engineering precision, genuine empathy, and compassion are factors that distinguish Dr. Kelly Sullivan and her staff at Sullivan Surgery & Spa from other Plastic and Reconstructive surgeons.

Dr. Sullivan earned a bachelor's degree in Mechanical Engineering from Massachusetts Institute of Technology and a Doctor of Medicine from Harvard Medical School. She completed her general surgical residency and plastic and reconstructive fellowship at Emory University. Dr. Sullivan is certified by the American Board of Plastic Surgery and is a fellow in the American College of Surgeons. Dr. Sullivan also believes strongly in community service and is the founder and past president of Wellness House of Annapolis – a nonprofit that provides support services to cancer patients and their loved ones, free of charge.

As a team of compassionate women who understand the desire to look and feel better, everyone at Sullivan Surgery & Spa cares about their patients, listens carefully to understand goals, and then works to help achieve the changes that are envisioned. Together, Dr. Kelly Sullivan and her staff provide the care, comfort, and world-class results that make them the Face of Plastic and Reconstructive Surgery.

# Faces <sup>of the</sup> Chesapeake

What's Up? Media would like to creatively introduce you to exceptional locals throughout the Chesapeake Bay region who are considered experts in their vocations and industries. Within the following pages, you'll meet, face-to-face so to speak, individuals and companies who take pride in offering our readers professional, personal, and courteous service. You'll learn their stories, their callings, and about their businesses. Introducing the Faces of the Chesapeake!

**WHAT'S UP? MEDIA**

## **IN ORDER OF APPEARANCE:**

Sullivan Surgery & Spa  
David Orso  
Skin Wellness  
Oral Surgery Specialist  
Chef Kurt Peter—Chesapeake Chefs Services  
Scott Schuetter—Century 21 New Millennium  
HF Advisory Group  
Warren Clem—Warren Wood Works  
Eastern Shore Dental Care  
Laughlin Plastic Surgery  
Tyson Bross—Naptown Smiles  
Chaney Homes  
Radcliffe Creek School  
The Arc Central Chesapeake Region  
Academy Arts Museum of Easton  
Hospice of the Chesapeake  
George R. Roles Attorney and Counselor at Law  
Labbe Family Orthodontics  
Christina Janosik Palmer Group—Coldwell Banker  
ProMD Health  
Fichtner Services  
Scott Finlay DDS & Associates  
Biana & Steve Arentz—Coldwell Banker  
Indian Creek School  
Blackwall Hitch and Blackwall Barn & Lodge  
Trippe Gallery—Nancy Trippe  
Londonderry On The Tred Avon  
Travis Gray  
Center For Restorative Dentistry-Djawdan  
Baywoods of Annapolis  
Blue Crab Cupcakes  
Main & Market  
Beall Funeral Home  
Mr. Handyman  
Choices Pregnancy Center  
The Law Office of Andrea Ross  
Anchored Hope Therapy  
Prostatis Financial Advisors Group  
All Star Pain Management  
Haven Ministries  
RLC Lawyers & Consultants  
For All Seasons  
Anne Arundel Gastroenterology Associates  
Senior Dog Sanctuary  
The Law Office of John Leo Walter  
Royal Oak Catering Company  
Mission Escape Rooms  
Charm City Plastic Surgery  
ROSM



**THE FACE OF REAL  
ESTATE THE RIGHT WAY**



# DAVID ORSO

[david@daivdorso.com](mailto:david@daivdorso.com)  
[davidorso.com](http://davidorso.com)

David Orso is known as the “local boy turned Realtor”. David discovered his passion for real estate about 20 years after investing in real estate properties. As a life-long resident of the Annapolis area, David is extremely knowledgeable about the Annapolis, Severna Park and Arnold real estate markets.

David leads a small team of experts which has been ranked #1 in Anne Arundel County, regardless of brokerage, for total sales volume for six years in a row.

David was voted as one of the top ten agents in America by the Real Estate Institute of America, is consistently recognized by his peers as a thought leader and innovator in the field and is a well-known speaker and author on the topic of residential real estate.

During the past 36 months, David has sold over \$184 million in real estate in Anne Arundel County.

On average, his listings sell within 57 days and for at least 95 percent of the original list price. David built his business on several key principles: systematic attention to detail, excellence in marketing, and skilled negotiations. His success in life and business demonstrate his innate ability to build and nurture relationships and provide exceptional service to his clients with world-class professionalism.

David has a vision to elevate the standard of excellence in the residential real estate industry through his 82-point home selling system. David obtained his undergraduate degree from the University of Dayton with a major in Psychology.

He earned his MBA from Loyola College of Baltimore with a concentration in Strategic Marketing. David continued his academic endeavors at Harvard University Law School in the esteemed Program on Negotiation.



THE FACE OF CHANGING FACES

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[www.skinwellnessmd.com](http://www.skinwellnessmd.com)

### *Changing Women's lives every day!*

Kelly Sutter, RN, CANS is the founder and owner of Skin Wellness MD with offices located in Annapolis and Lusby Maryland. Kelly has been a resident of Annapolis for over 25 years. Kelly is a certified Aesthetic Nurse Specialist and also holds certification in Laser Physics. She has extensive experience with cosmetic lasers including, Sciton BBL (Broad Band Light), Micro-Laser Peel. Kelly also offers the #1 non-invasive fat reduction treatment with the latest technology, Coolsculpting/Zwave.

Kelly is a member of the American Society of Lasers in Surgery and Medicine as well as the International Society of Aesthetic and Plastic Surgery Nurses. Kelly is also proud to be a part of the Allergan Medical Faculty and an AMI instructor. This gives Kelly the credentials to provide training to physicians, registered nurses and physician assistants in the use of Botox and all Dermal Fillers.

Kelly's Lead Esthetic Advisor Kim Hart is a resident of Annapolis and has been in the esthetic business for over 15 years. Kim has worked at Skin Wellness as the Practice Coordinator and works along side Kelly in both offices with marketing and developing the growth of the practice.



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As the former Executive Chef and Food & Beverage Director at the Westin Hotel Annapolis, Chef Peter was adept at making impressive dishes and presentations for large scale banquets and events.

As the executive chef and owner of **Chesapeake Chef Service**, Peter continues his work in large-scale catering, offering versatile, personalized dining experiences for groups --ranging from large corporate events and grand weddings to more intimate gatherings for as few as ten people.

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Personal and Professional ~ I have always focused on people, not houses. It was clear to me from the beginning, that it doesn't matter if a home is 200,000 or 6 million, it is a huge deal for EVERY client. My wife and I joke all the time about it, but I truly feel that I am a psychologist in disguise. Every transaction, whether buying or selling, involves a series of complex personal decisions layered with emotions, finances and stress. My military background and training taught me to be calm in any and all circumstances. Those skills have been finely tuned daily in real estate. When things are most chaotic, it is even more important to be the calm and guiding voice. Buying or selling a house is not the same as calling in an air strike in Fallujah, but to my clients, it may feel like it.

People need to know that their advocate is going to be there for them, has their best interests in mind, and will guide them through one of their most important life decisions. Marketing trends, advertising, community connections, staging a home, market expertise, etc. is obviously a huge part of my business, but in the end it all comes back to people.



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Warren Clem founded Warren's Wood Works in 1983 at a time when he saw the box stores popping up and knew that business that offered specialized services would soon be a thing of the past. Even though his name is on the building there is a whole team of people that make up the face of Warren's Wood Works. The team (with more than 100 years combined craftsmen experience) enjoy the reputation of being the leader in architectural millwork and building materials. They provide a service that is unmatched in the industry and in the region. They offer personalized, non-rushed, consultations (in our store or in your home) to provide the best experience when choosing products.

They partner with many of the best brands on the market that go hand-in-hand with the value that our service brings to you. Whether you are creating an outdoor oasis and need decking, rail and a custom pergola, to windows and trim, custom millwork, renovating a kitchen or building new home; his team can provide you with the level of service you deserve. They truly enjoy seeing the transformation of your dream and making it a reality.



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Dr. Scott H. Billings, a graduate of the University of Maryland School of Dentistry, founded his dental practice in 1981. Dr. Christopher K. Murphy, also a graduate of the University of Maryland School of Dentistry, partnered with Dr. Billings in 1986. Thirty-three years later, they are the largest dental care provider on the eastern shore.

In 2017, they renovated, expanded and renamed their Kent Island office. Now known as Eastern Shore Dental Care, their 7,000 sq. ft. dental spa employs 6 dentists, 36 staff members, offers 20 treatment rooms and serves over 20,000 patients.

Eastern Shore Dental Care is committed to delivering the best dental care and most successful treatment options available. It offers a variety of services, such as: oral hygiene & wellness, general dentistry, restorative dentistry, cosmetic dentistry and sedation dentistry. Its spa-like setting and state-of-the-art technology aims to increase patient comfort and the efficiency of every appointment, while achieving the most successful outcome.

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Dr. Laughlin has thirty years' experience and is dedicated to giving his patients' a youthful natural appearance.



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[www.naptownsmiles.com](http://www.naptownsmiles.com)

Dr. Tyson Bross has now spent almost 15 years providing pediatric dental care and considers each day that passes in this endeavor as a blessing and privilege, embracing the opportunity to follow along in the lives of his patients as they progress through childhood to become young adults. In talking with Dr. Bross, it is plainly evident that he doesn't consider his job to be just about teeth.

Dr. Bross firmly believes that good oral health be part of an approach that considers each patient's overall wellness and that each patient's treatment should be specific and individualized. He also aims to remove any aura of dental anxiety so that each day in his practice is one of fun and excitement that is palpable for the patients from start to finish. Dr. Bross feels fortunate to have a team that includes four other highly accomplished dentists as well as five experienced hygienists.



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Radcliffe Creek School, located in Chestertown, MD has empowered children for twenty-four years. Molly Judge, the Founding Director, cultivated a school that embraces students' strengths and provides them with high quality, engaging curriculum.

The school's mission is to "empower children in a dynamic environment that celebrates unique learning." Meg Bamford, Head of School, believes students are empowered with a personalized education that optimizes their potential by teaching them skills, self-advocacy, resiliency, and independence.

Mary Anne Herron, Gretchen Coppage, and Debbie Cohee-Wright have taught at Radcliffe Creek School since it opened. Together with other RCS teachers, they have played an integral part in positively changing the course of every past and present Radcliffe student's life. At Radcliffe, a child may receive instruction well above their grade level in the areas in which they excel and if a student struggles in an area such as reading, they receive high-quality instruction in programs such as Orton Gillingham. Radcliffe has small class sizes, lets students take a proactive role in their learning process and provides them with multi-sensory instruction. Students who graduate from Radcliffe Creek School are empowered with confidence in themselves, possess tools and skills to be successful, and have excitement to try new challenges.



THE FACES OF INCLUSION

# THE ARC

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*"Diversity is being invited to the party; inclusion is being asked to dance."  
- Verna Myer*

At The Arc, we support people with a disability to live, work, and play, so they can thrive in the community. We'd love if having friends, work colleagues, and legislators with a disability was so commonplace as to be ordinary. We're not quite there yet, but we see progress. More and more, people with a disability are business owners and entrepreneurs, star in movies, and on television shows. People with a disability are friends you can share funny jokes with, your fitness partners, your neighbors, and someone you can count on in times of need.

At The Arc, we strive to create a community where people with disabilities are welcomed in all aspects of life. We work to advance opportunities for people with disabilities to demonstrate their talents, to experience the same joys and challenges as anyone. To belong. Each of the people in this photo is an active member of their community, living a full life where they contribute in their chosen profession, share time with friends and family, and donate their talent so that others can feel valued. They each have a story about how inclusion has made a difference in their life and are committed to helping others feel welcome as well.



**THE FACES OF  
ARTISTIC EXPRESSION**

Academy Art Museum Instructors left to right: Maire McArdle, Stephen Walker, Diane DuBois Mullaly, Maggii Sarfaty, Georgia Goldberg, Katie Cassidy, Brad Ross, Paul Aspell, Meg Nottingham Walsh, Bernie Dellario, Cid Collins Walker

# ACADEMY ART MUSEUM

OF EASTON

106 South Street  
Easton MD, 21601  
410-822-2787  
academy@academyartmuseum.org  
www.academyartmuseum.org

Over half a century ago, the Academy Art Museum held its first adult education class in a founding member's private home with a handful of students. Today, a variety of visual and performing arts classes showcases a corps of nationally-known art instructors, all recognized artists in their fields, coming from prestigious, exceptional backgrounds and training.

Students can study the fundamentals of drawing, take classes in painting in oil, watercolor, and pastel, or learn the craft of ceramics, bookbinding and printmaking, photography or digital editing. Daytime, evening and weekend options are provided for all ages and levels: from the beginner to the advanced artist, as well as for the aspiring to the established professional, making classes convenient and accessible.

The Museum also offers national and regional exhibitions, concerts, lectures, and educational programs. It's encouraging and supportive atmosphere allows students of all ages to experience the exhilaration and enrichment of artistic expression.



THE FACES OF COURAGEOUS  
CONVERSATIONS

SHAUNA  
CHABOT

JOHN & CATHY  
BELCHER

The John & Cathy Belcher Institute  
at Hospice of the Chesapeake  
410-987-2003  
[www.hospicechesapeake.org](http://www.hospicechesapeake.org)

*Are your conversations courageous?* Have you taken the time to have those uncomfortable but necessary talks with loved ones about the inevitable? These are critical questions, but maybe the real question is: How do we continue to live courageously and well with advanced illness? Though many of us have prepared for our death, the reality is we will more likely live with advanced complex illness for many years. Rather than how do we survive it — how do we live well in it?

The John and Cathy Belcher Institute was founded for just those purposes. Our mission is to transform the way we think about, and provide, comprehensive and holistic care for people living with advanced complex illness. The Belcher Institute brings together regional and national partners to collaborate and meet this challenge. These questions were barely asked a decade ago, but now we have the need for answers and possibly more important the need for conversations!

John and Cathy Belcher with Shauna Chabot, MBA, CFRE, Belcher Institute's Executive Director and Chief Advancement Officer for Hospice of the Chesapeake, are asking these questions today and in the future through community outreach and education.



THE FACE OF  
EASTERN SHORE DEBT RELIEF

# GEORGE ROLES, ESQ.

GEORGE R. ROLES  
ATTORNEY & COUNSELOR AT LAW

443-262-8501  
101 South Commerce St., 1st Floor  
Centreville, MD 21617  
[www.groleslaw.com](http://www.groleslaw.com)

I have spent my entire legal career helping people, their families, and their businesses climb away from financial despair. Despite what we all hear on the news today about the chugging economy and the happy consumer, financial pressures certainly continue to mount. Folks still struggle, houses fall into foreclosure, businesses fail, and families lose income. Whether it is divorce, unemployment, uninsured catastrophe, or gradual building of debt load, making the decision to file a bankruptcy case can be devastating.

Here at my law firm, we know the lay of the land in debt relief, bankruptcy, and debt settlement. We care, empathize, and treat clients with utmost compassion and understanding. Receptive and responsive, here in Centreville, you'll find no ridicule, and we make no judgments, only personal service and quality advice. Our job? Help people, their families, and their businesses get a fresh start, and we are very proud to have helped thousands of people along the way. Get out of the weeds today. We're happy to help.



THE FACE OF CREATING  
A LIFETIME OF SMILES

# LABBE FAMILY ORTHODONTICS

Annapolis | Crofton | Bowie | Greenbelt  
410-267-7300  
www.labbefamilyortho.com

When is the last time your expectations were exceeded at a doctor's appointment? Look no further! The team at Labbe Family Orthodontics genuinely gets a kick out of getting people to smile. While they are very serious about the science behind correcting your smile, they equally love making your appointment a great and fun orthodontic experience! They believe that your treatment is more than just braces or clear aligners – it's about you and your total experience.

Since 1990, Dr. Stephen Labbe and his team have earned a reputation for providing the most skilled, patient-focused, and advanced orthodontic treatment in the Washington, D.C.-Baltimore area. The team at LFO is truly dedicated to your comfort, health and happiness... because that's what smiling is all about, right?... Just take a look at the mission statement that the LFO team, themselves, created:

Labbe Family Orthodontics is dedicated to changing lives by designing beautiful, healthy smiles in a fun and enthusiastic environment. We are committed to providing excellent care at the right time, for the right reason with integrity and honesty.

Give them a call at 410-267-7300 and let them exceed your expectations today!

THE FACE OF EXTRAORDINARY  
REAL ESTATE

# CHRISTINA JANOSIK PALMER GROUP

OF COLDWELL BANKER RESIDENTIAL BROKERAGE

572-A Ritchie Highway  
443-938-3379 | 410-647-2222 Office



## *Serving Anne Arundel County and surrounding areas*

Hello there...I am Christina Janosik Palmer, a career Realtor and Associate Broker, with 27 years of real estate expertise specializing unparalleled marketing and unprecedented customer service.

In 2016, I decided to expand to a team. We are now a strong group of eight team members at the Christina Janosik Palmer Group of Coldwell Banker Residential Brokerage. We are ready to serve you with over 100 years of combined real estate experience. Our clients are more than just clients, they become friends and family that stay friends and family long after the transaction is completed.

If you need to list or buy a home, experience how easy we make it for you with our knowledgeable guidance and unprecedented service. We are here for you

Not intended as a solicitation if your property is already listed by another broker. Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor sales associates, not employees. ©2018 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker and the Coldwell Banker logo are registered service marks owned by Coldwell Banker Real Estate LLC.



**THE FACE OF  
COSMETIC INJECTIONS**

# ProMD HEALTH

166 Defense Highway  
Suite 302  
Annapolis, MD  
443-333-4940  
[www.promdhealth.com](http://www.promdhealth.com)

ProMD Health is a state of the art medical facility specializing in non-surgical treatments and procedures to help patients Look and Feel Younger. Dr. Gavril and his team of innovative professionals all pride themselves in the most advanced skills and techniques to help their patients Look and Feel great. ProMD Health specializes in cutting edge and in demand procedures including Botox, dermal fillers, laser treatments, PDO thread lift, hormone replacement therapy, facial rejuvenation, vaginal rejuvenation, and body contouring.

They tout some of the most advanced devices such as HydraFacial, Viveve, and Sciton Halo. ProMD Health uses its complete suite of treatments to cater to each patient's unique needs to help them Look Younger on the outside and Feel Younger on the inside. Whether your goals are prevention, treating a skin condition, looking like you did 10 years ago, or feeling like you did 10 years ago, ProMD Health has something for everyone.



**THE FACES OF  
EXTERIOR CRAFTSMANSHIP**

Home built by M&F Builders, Exteriors by Fichtner Services

# THE FICHTNER SERVICES TEAM

Tom & Christine Fichtner

Fichtner Services Central, Inc.  
1872 Betson Ave  
Odenton, MD 21113  
410-519-1900  
[www.fichtnerservices.com](http://www.fichtnerservices.com)

Meet the Fichtner Services Team, the Faces of Exterior Craftsmanship. Over the last 25 years, Tom and Chris Fichtner have assembled an incredible team of hard-working, customer service oriented professionals. Tom and Chris, who were both raised in the Annapolis area, and the Fichtner Team, have helped tens of thousands of Central Maryland residents with their home improvement needs. From entire exterior renovations to small repairs, they strive for value and success in every job. They support numerous local charities and won awards for customer service and service to the community. Fichtner Services has been voted Best Roofer seven times, Best Siding, Best Windows and Doors, and Best Gutters.

Many contractors come and go, but as it began 25 years ago, Fichtner Services is still a local, family owned business. They owe their longevity to honesty, quality craftsmanship, superior products and customer satisfaction adopted by all of their employees.



THE FACES OF  
COMPREHENSIVE DENTISTRY

# SCOTT FINLAY, DDS & HA LIM, DDS

SCOTT FINLAY DDS & ASSOCIATES

1460 Ritchie Highway, Suite 203  
Arnold, MD 21012

New Patients: 410-989-7132

Current Patients: 410-757-6681

[www.annapolisdentistdds.com](http://www.annapolisdentistdds.com)

For more than 30 years, Scott Finlay DDS & Associates has been providing the highest level of dental care for individuals and families in the greater Annapolis area. Dr. Finlay's office offers comprehensive services for children and adults, from routine maintenance and preventive care to dental implants and reconstructive procedures. Dr. Lim joined the Annapolis area dental practice in late 2018. Dedicated to the pursuit of excellence, Dr. Lim commits herself to countless hours of continuing education each year to offer modern, evidence-based clinical treatments and the best possible patient experience.

Dr. Finlay is one of only 75 dentists nationwide to be recognized as an Accredited Fellow by the American Academy of Cosmetic Dentistry. Dr. Finlay has written articles and is featured in books related to Functional Aesthetics and Dental Reconstruction. The practice of Scott Finlay DDS & Associates has been consistently voted the Best Cosmetic and Restorative Dentist in Annapolis thanks in part to its tenured team of caring dental professionals, five-star service and commitment to exceptional care. Please call us today!



THE FACES OF  
MARYLAND REAL ESTATE

# BIANA & STEVE ARENTZ

Coldwell Banker Residential Brokerage

Biana: 410-490-0332

Steve: 410-310-0896

Annapolis Plaza (O) 410-224-2200

Biana.Arentz@CBmove.com | BianaArentz.com

Long-time residents of Queen Anne's County, Steve and Biana practice what they preach: "Having moved 10 times in 23 years, we know the process well — and what it takes to buy waterfront properties in Maryland. Plus, it's easy to sell what you know and love."

They serve both sides of the Chesapeake Bay Bridge, specializing in waterfront homes and fine properties in Queenstown, Prospect Bay, Kent Island, St. Michaels, and Easton.

Biana is a CIPS (Certified International Property Specialist), a Global Luxury Specialist, member of the International President's Circle, and 2018 Bay Area Realtor of the Year. She is fluent in Spanish. (Steve says he is fluent in English!)

Before real estate, they owned and operated Hemingway's Restaurant for over 20 years. Being active in the Kent Island community since 1990 gives them extensive knowledge of the area, and what it takes to sell or buy a home on the Eastern Shore.

Steve and Biana feel blessed to live on the water and want others to share that experience. They will help you sell or buy your dream home — and make sure you wind up loving Maryland as much as they do.



**THE FACE OF  
21<sup>ST</sup> CENTURY TEACHING**

Tricia Roth, Science Faculty, STEM Advisor, and BLinc Director at Indian Creek School

# INDIAN CREEK SCHOOL

LOWER SCHOOL  
Pre-K3 - Grade 6  
680 Evergreen Rd.  
Crownsville, MD 21032  
410-923-3660

UPPER SCHOOL  
Grades 7-12  
1130 Anne Chambers Way  
Crownsville, MD 21032  
410-849-5151

[www.indiancreekschool.org](http://www.indiancreekschool.org)

If you're looking for Science Teacher Tricia Roth, the Indian Creek School community knows that you're likely to find her outside with students flying a drone around the School's 114-acre campus, collecting data for an Environmental Science lab, or in her STEM lab with the lights off, guiding Biology students as they inject bioluminescent genes into bacteria to make them glow. Mrs. Roth understands that students learn best when inspired by meaningful, project-based activities, and are given the tools and confidence to excel. "As a scientist, I realize that traditional forms of collecting data and memorizing facts are not always exciting. It's important to challenge students with projects that have real-world inquiries. Once they understand that a lab has a purpose, the sky's the limit!" A published scientist herself, Mrs. Roth uses her own professional resources to benefit her students. Mrs. Roth is also the Director of BLinc, a program which offers courses for credit and enrichment, through a combination of online and face-to-face learning. Indian Creek faculty and students alike look to Mrs. Roth as an example of ingenuity in teaching, and see her as an incredible role model, mentor, scientist, and teacher.



**THE FACE OF THE FINEST  
LOCAL TASTES & TALENTS**

# JAMES KING

Blackwall Hitch  
400 Sixth St., Annapolis, MD  
410-263-3454 [theblackwallhitch.com](http://theblackwallhitch.com)

Blackwall Barn & Lodge  
329 Gambrills Rd., Gambrills, MD,  
410-317-2276 [barnandlodge.com](http://barnandlodge.com)

James King's journey to award-winning restaurateur began at the age of 14, working as a dishwasher and busboy for a family friend who owned several popular restaurants in Washington, DC. King worked his way through the ranks over the following ten years performing virtually every job in the industry, eventually ascending to general manager at Georgetown's popular waterfront. Thriving in the daily challenges of the fast-paced industry, King followed his pursuit to Anne Arundel County where he is now the CEO and co-owner a restaurant management group with eight restaurants: the original concept establishments of Blackwall Barn & Lodge (Gambrills) and Blackwall Hitch (Annapolis; Baltimore; Alexandria, VA; and Rehoboth Beach, DE), as well as the franchises for Greene Turtle (Annapolis and Gambrills) and Roy Rogers (Gambrills).

King's work in building and opening restaurants led him to run for Maryland House of Delegates in 2006, where he served one term with a clear platform: to be a voice for small business. Today, as an economy driver with over 800 employees, King continues his work in the community through his restaurants- contributing to a myriad of charitable causes from homelessness prevention to local little league- and through his participation as a board member for the Oyster Recovery Partnership and the Anne Arundel County Business Roundtable.

"I want to make sure I can give 100 percent. You have to give back to the community that keeps you in business. It goes back to that bigger picture of making Anne Arundel County the best place to live." – James King



**THE FACE OF A  
FINE ART GALLERIST**

# NANNY TRIPPE

The Trippe Gallery

23 N Harrison Street  
Easton, MD  
410-310-8727  
thetrippegallery.com

What began in 2010 as the collaboration of two artist friends, fine art photographer Nanny Trippe and watercolorist Don Hilderbrandt, has evolved into Easton's liveliest fine art gallery, a favorite with locals as well as visitors. Occupying its current address on Harrison Street in the heart of historic Easton, the Trippe Gallery, now solely owned and operated by Nanny Trippe is beginning its seventh year.

Nanny Trippe is a many generation native of Talbot County with roots that date back to the 1600's. Her love of photography began at an early age and she began taking classes in darkroom techniques in high school at St. Timothy's School in Baltimore, followed by Denison University, Richmond College in London and a BA in Art History from Washington College with a minor in studio art.

Her love of all genres of art are evident in her gallery which exhibits oil and watercolor paintings by award winning Plein Air artists, national and local artists, sculptors, printmakers and her own fine art photographs, all inclusive of representational and contemporary art. There is artwork for all levels of collecting from the beginning collector to the seasoned. The gallery will provide art curation and hanging in your home as well. Each month features a new exhibit based on presenting the work of a specific artist or a collective show based on a common theme. The gallery is spacious and filled with natural light for excellent viewing.



**THE FACES OF RETIREMENT  
ON THE EASTERN SHORE**

# IRMA TOCE & RACHEL SMITH

Londonderry on the Tred Avon

700 Port Street, Suite 148  
Easton, MD 21601  
410-820-8732 or 800-752-8732

CEO Irma Toce and Sales and Marketing Director Rachel Smith have worked together at the independent-living cooperative community, Londonderry on the Tred Avon for more than five years. While both Irma and Rachel come from different backgrounds, they share the same beliefs on aging: the key to a high quality of life for seniors is a robust and vibrant lifestyle in a supportive, active community. Irma, who has more than 25 years of executive experience in the senior housing field, believes in a holistic approach to aging in place. As CEO, she drives the wellness initiatives at Londonderry, ensuring that residents receive the tools to achieve the highest quality of personal health and wellness.

In her capacity as Sales and Marketing Director, Rachel offers prospective residents a variety of housing options from apartments to cottages. Rachel, an Eastern Shore native, enjoys showcasing the unique, 29-acre community that sits on 1,500 feet of Tred Avon River shoreline.



**THE FACE OF LUXURY  
HOMES ON THE WATER**

# TRAVIS GRAY

ASSOCIATE BROKER

C: 301.641.0809

O: 410.263.8686

E: TGray@CBmove.com

A: 4 Church Circle

Annapolis, MD 21401

AnnapolisWaterfrontGuide.com

Travis Gray was born in Annapolis and raised on the Severn River. He comes from a long line of Real Estate professionals and serves both sides of the Chesapeake Bay. He specializes in marketing and selling waterfront homes and fine properties in the Annapolis area.

Travis is a leading resource for his clients and the community. Among his industry expertise, he also manages AnnapolisWaterfrontGuide.com, a website dedicated to providing useful Real Estate information, market trends and waterfront resources.

Travis is a Certified Luxury Home Marketing Specialist™ (CLHMS), holds the Graduate, Real Estate Institute (GRI) designation, is a lifetime member of The Masters Club, member of the International President's Elite and has received multiple industry awards.

Prior to Real Estate, Travis worked in the entertainment industry, first in Affiliate Sales and Marketing at Discovery Networks and later as Executive Vice President of BrainBox Entertainment where he developed, negotiated, produced and oversaw programming including: Amazing Waterfront Homes (HGTV), The Real Estate Pro's (TLC), Stage This House (A&E) and Small Space Big Style (HGTV).



**THE FACES OF WATERFRONT  
RETIREMENT COMMUNITIES**

# PARKER & PATTY WILLIAMSON

BAYWOODS OF ANNAPOLIS

7101 Bay Front Drive  
Annapolis, MD 21403  
443-837-1208  
baywoodsofannapolis.com

Meet the Williamsons:

Patty and Parker, North Carolina natives, ventured into the Annapolis area via their sailboat named "Second Wind." While keeping their sailboat a few doors down at Bert Jabin Yacht Yard, Patty and Parker discovered BayWoods of Annapolis and were immediately taken by the luxurious waterfront retirement community right on the Chesapeake Bay. BayWoods proved to be close to their sailboat and all of the world class charm that is associated with the surrounding Annapolis area.

"BayWoods became the perfect launch for our retirement adventure," states Parker. "We discovered luxurious, yet affordable accommodations and amenities, access to excellent medical care, local Annapolis entertainment all within easy access to Washington and Baltimore." "I enjoy walking our dog Briny at Quiet Waters Park across the street," states Patty, who also is an active volunteer in the greater Annapolis community with Hospice of the Chesapeake. This is an active lifestyle filled with adventures every day, all in a pet friendly continuing care retirement community with equity ownership.



THE FACE OF DESSERTS

# BLUE CRAB CUPCAKES

1580 Whitehall Road,  
Annapolis, MD 21409  
443-221-7246  
bluecrabcupcakes.com

Blue Crab Cupcakes is a boutique bakery specializing in cupcakes, mini cupcakes, weddings, special occasion cakes, and custom cake pops. Their bakery is conveniently located off Route 50 in Annapolis, Maryland.

It's an exciting visit to Blue Crab Cupcakes on Whitehall Road in Annapolis. Local Annapolitan and proprietor Carrie Olish lends her life-long expertise to wonderful delights of deliciousness. If you are in need of a cake for a special occasion, cake pops to surprise a friend or cupcakes to delight your own senses, Blue Crab Cupcakes is up to the task. Carrie and her staff of twenty dedicated employees handle over two hundred weddings per year.

Carrie's treats are perfect for any special occasion including weddings, birthdays, anniversaries or to treat yourself and family. Blue Crab Cupcakes is always creating new flavors and textures. Come see the storefront to see what's baking.



THE FACE OF CATERING

# MAIN & MARKET

914 Bay Ridge Road  
Annapolis, MD  
410-626-0388  
[www.mainandmarket.com](http://www.mainandmarket.com)

You can trust Main & Market to make your life delicious, whether you have us in your home and cater to your loved ones or your clients at the office. We understand that it's not just about the food. It's about the timing, the presentation, smiles, and even the weather can create the ultimate event.

Our team creates long-lasting relationships, which helps us understand your needs and vision. We have loyal clients for almost 25 years; they return for birthday cakes, holiday parties, and even their weddings.

What inspires us to produce award-winning food year after year? Passion. You'll find it at the heart of each item on the menu and every catered event; a passion for offering fresh, premium-quality ingredients and mouth-watering flavor. The icing on the cake? It's all delivered with the superb service of seasoned professionals. While our creative zenith continues to burn brightly, we're always evolving. But we know one thing will never change; our commitment to delivering premium quality ingredients, service, and presentation is unbeatable. We also care about our community and believe in giving back to those who support us.



**THE FACE OF HONORING  
LOVED ONES**

# BEALL FUNERAL HOME

6512 Crain Hwy, Bowie, MD  
301-805-5544

As the director of Beall Funeral Home, Tom Zizos meets people during, what is often, the most stressful, traumatic time of their lives. Many have never had to make funeral arrangements and don't even know where to begin. With care and compassion, Tom and his staff lead families through the entire process.

Tom is a licensed funeral director who attended the American Academy of Funeral Services in New York and has over 40 years of experience within the industry. He is a hands-on director involved in every aspect of the business. Nikki Zizos, Tom's wife, is also instrumental to the business.

Since Beall Funeral Home is family-owned and operated, Tom and his staff serve its customers with a personal touch and have developed strong relationships within the local community. Guests visiting Beall Funeral Home can expect spacious viewing rooms that are tastefully decorated. The facility is convenient to major highways and has ample parking. Beall Funeral Home offers pre-need funeral planning and cremation.

Every family's needs are different, which can be a challenge for any funeral director. Tom gladly meets that challenge every day.



**THE FACE OF KNOCKING  
OUT THE “TO DO” LIST**

# KEVIN CRYSLAR

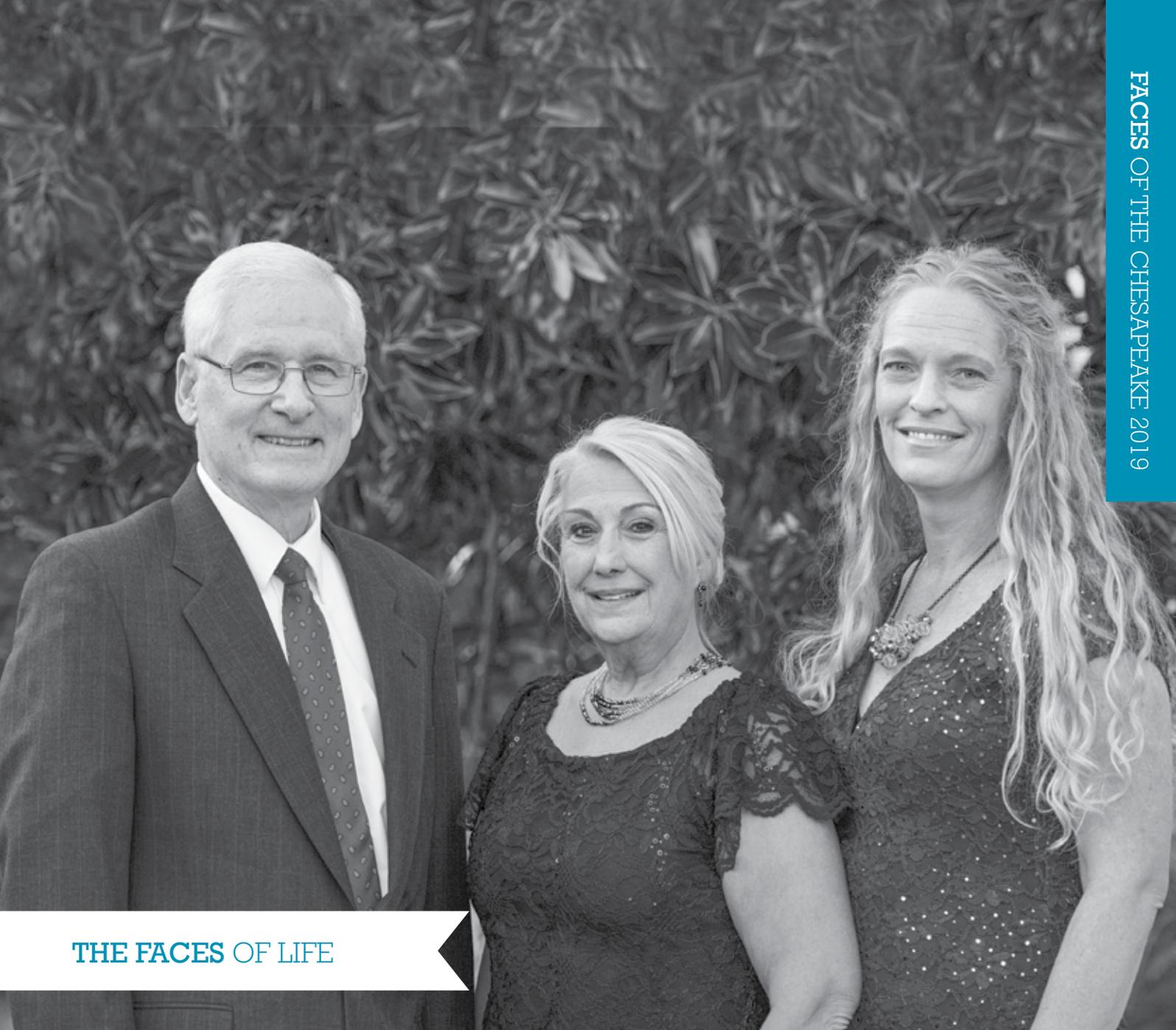
Mr. Handyman of Anne Arundel and North PG

8229 Cloverleaf Drive Suite 435  
Millersville, MD 21108  
410-881-5683  
team7447@mrhandyman.com  
www.mrhandyman.com

Mr. Handyman is the largest handyman company in the country and is part of the Neighborly family of home service companies, the most experienced network of home service providers. Mr. Handyman of Anne Arundel and North PG opened 15 years ago, and for the last 10 years has been owned and run by Kevin Cryslar.

Mr. Handyman offers a full range of home improvement, maintenance and repair solutions, from the little hole in the drywall to replacing a ceiling fan to a full bathroom remodel. They are licensed, bonded and insured, and all of their technicians have a minimum of 15-years' experience. Their technicians are full-time employees of the company who have been through a background check that includes drug screening and criminal background checks, and they guarantee all of their work with a one-year warranty.

The company has grown quite a bit over the years and has now served more than 10,000 customers. Most of their business comes from repeat customers, and their biggest source of new business comes from word-of-mouth, including the hundreds of great online reviews that they have earned.



THE FACES OF LIFE

# CHOICES PREGNANCY CENTER

8221 Teal Drive, Unit 408  
 Easton, MD 21601  
 410-822-3311  
[www.cpcshore.org](http://www.cpcshore.org)

Choices Pregnancy Center is a compassionate, faith-based non-profit 501(c)3 organization that offers life-affirming choices to women and their families facing an unplanned pregnancy. We are the only pregnancy resource center serving the five counties of Maryland's Mid-shore. Women who come to our Center will be greeted with loving care, access to educational counseling, ultrasounds, medical assistance programs, and referrals to other resources. We offer FREE and confidential services in a supportive environment which include lab-quality pregnancy tests, pregnancy verification sonograms, information about pregnancy options, parenting classes, STI testing and abortion recovery classes. We are the only pregnancy center on the shore to offer an abortion pill reversal program. Choices is a client-focused, community-serving organization that relies solely on community support for all its programs. We have been honored to provide hope, help, and healing to empower the women and men who walk through our doors to make life-affirming choices for more than 25 years.



**THE FACE OF BANKRUPTCY  
LAW ON THE EASTERN SHORE**

# ANDIE ROSS, ESQ.

THE LAW OFFICE OF ANDREA ROSS

800-758-9265  
129 N. West Street, Suite 1 • Easton, MD 21601  
118 West Water Street • Centreville, MD 21617  
AndieRossLaw.com | Andie@AndieRossLaw.com

Bankruptcy attorney Andie Ross has dedicated her practice to providing dignified and tailored solutions to individuals and businesses throughout the region. Andie's goal is to empower her clients, and she can often be heard saying "You've Got Options!" The people who come to her to get out of debt and start a new life are more than just clients – they're her Eastern Shore neighbors and friends, who deserve her personal attention every step of the way. Andie's devotion to her clients has been recognized by the Pro Bono Resource Center of Maryland, Mid Shore Pro Bono, the Maryland General Assembly, the U.S. Congress, and Super Lawyers. The greatest accolades, admittedly closest to Andie's heart, and what makes her the "Face of Bankruptcy" on the Eastern Shore are her 80 five-star reviews on AVO.

*We are a debt relief agency. We help people file for bankruptcy under the Bankruptcy Code*



THE FACE OF VULNERABILITY

# ANCHORED HOPE THERAPY

170 Jennifer Rd, Suite 202  
Annapolis, MD 21401  
443-291-8090  
[www.anchoredhopetherapy.com](http://www.anchoredhopetherapy.com)  
[info@anchoredhopetherapy.com](mailto:info@anchoredhopetherapy.com)

"Vulnerability is not winning or losing; it's having the courage to show up and be seen when we have no control over the outcome. Vulnerability is not weakness; it's our greatest measure of courage." - Brené Brown

The clinicians at Anchored Hope Therapy know that people are seeking connection and a genuine sense of belonging. In today's world, challenges including unaddressed mental health issues, patterns of addiction, perfectionism, and intense fear prevent people from achieving these goals.

Whether you are a new mother or father, a couple struggling to communicate, or a parent who cannot manage your child's challenging behavior, we see you. Whether you are struggling through a life transition, have experienced a traumatic loss, or have a complex history of traumatic experiences, we are here for you. We believe in the intense and healing power of sharing your story with someone and bringing life's challenges into the light instead of continuing to walk in the dark alone.

Every struggle is real. Asking for help is NOT weakness. Acknowledging that "things are not fine" and facing vulnerability takes courage. If you or someone you know is interested in a consultation or an appointment, please contact Anchored Hope at 443-291-8090.



**THE FACE OF  
WEALTH MANAGEMENT**

# PROSTATIS FINANCIAL ADVISORS GROUP

7580 Buckingham Boulevard, Suite 180  
Hanover, MD 21076  
410-863-1040  
[www.prostatisfinancial.com](http://www.prostatisfinancial.com)

Our approach at Prostatitis Financial Advisors Group is simple: We provide accountable retirement, tax and estate planning, which we pair with clear and constant personal contact with each of our clients. Our team believes in diversification, along with developing sensible, conservative long-term asset allocation strategies.

We work side-by-side with clients to build complete financial plans, giving them peace of mind as they transition toward retirement.

If you're experiencing a financial transition, you need to move forward with confidence and a team that shares your values and understands your goals. Our goal at Prostatitis Financial Advisors Group is to help our clients implement an investment strategy that allows them to maintain their lifestyle throughout retirement, providing an income they will never outlive.

Whether you are thinking about retiring or already in retirement, you need a sound plan to ensure the safety of your investments.



THE FACE OF REGENERATIVE  
MEDICINE & STEM CELL THERAPY

# DR. ZVEZDOMIR ZAMFIROV

ALL STAR PAIN MANAGEMENT & REGENERATIVE MEDICINE

166 Defense Hwy | Suite 300  
Annapolis, MD  
443-808-1808  
[www.allstarpainmanagement.com](http://www.allstarpainmanagement.com)

Dr. Zvezdomir Zamfirov “Dr. Zed” — the founder of All Star Pain Management & Regenerative Medicine and a pioneer of stem cell therapy in the Annapolis area — believes that pain doesn’t have to prevent you from doing the things you love.

Dr. Zed offers innovative, safe and effective treatments, which can dramatically reduce acute and chronic pain. This includes regenerative care, such as stem-cell therapy, that can eliminate pain at its source, providing long-term relief and ultimately repair injured tissue. Regardless of how your pain began, you can live life on your terms again with treatments at All Star.

Dr. Zed’s interest in his patient’s wellbeing and his expertise in the regenerative medicine field gives pain sufferers the most critical reason to visit his practice. The doctor takes a holistic and comprehensive approach to musculoskeletal injuries and pain sources that does not merely treat pain but focuses on restoring each individual’s function and improving quality of life. This is achieved by using patient’s own healing potentials as a means for providing healing. This approach, through regenerative medicine, provides patients the ability to get pain relief and restorative healing without an invasive surgery or procedure. All of the regenerative procedures offered by Dr. Zed are minimally invasive and performed in his office by him.



THE FACE OF HOPE

# HAVEN MINISTRIES

For most of his life, Edward Newton had a place to call home. He was a homeowner and he prided himself on being a productive member of society. When he retired, Ed started his own painting business, but found that affordable rent was not available with his income. After residing in a shed for over seven years, the risk of living in subpar conditions caught up with him. He inhaled smoke from a poorly ventilated stove and it nearly killed him.

Haven Ministries offered hope to Ed. He stayed in the shelter until a case manager connected him to permanent housing. He then found help through the Haven Ministries Resource Center, Thrift Store's, and Emergency Food Pantry, which brought stability back into his life.

To combat the lack of affordable housing and to give hope, Haven Ministries plans to provide a new, long-term Housing Assistance Program. The goal is to give people the chance to stabilize and move on to permanent housing by offering comprehensive resources.

You can make hope a reality for Ed and others. Your donation will benefit the Homes of Hope program, which will provide much-needed housing opportunities. Donations can be made at [haven-ministries.org](http://haven-ministries.org).

410-739-4363  
[www.haven-ministries.org](http://www.haven-ministries.org)



**THE FACES OF MARYLAND'S  
BANKRUPTCY COUNSEL**

# TATE & CAMI RUSSACK

RLC Lawyers & Consultants

301 4th Street, Suite A-2, Annapolis, MD 21403  
8737 Brooks Dr. Suite 107, Easton, MD 20601  
410-505-4150 | russacklaw.com

RLC's attorneys Tate and Cami Russack have been helping Marylanders from Offices on the Eastern Shore in Easton and in Annapolis since 2000.

RLC's experienced and respected Bankruptcy & Debt Relief practice can help you with personal or business negotiations, restructuring and when necessary, all the Protection in Bankruptcy.

We know that Your finances are unique. We take the time to listen and understand your situation to offer the right solution to achieve your goals. All of us at RLC always return calls promptly so you have the right answer.

With RLC, You have a true advocate to assist you in keeping a sound financial footing. And, we help your Business succeed. Whether it's a new company, a large purchase, contracts, negotiation or restructuring debt, RLC has the expertise to help you.

You can depend on great people, effective solutions & great communication at RLC. Give Tate or Cami a call 410-505-4150.



## THE FACES OF RESILIENCE

For All Seasons Executive Leadership Team Members: Dr. William Cerrato - Chief Medical Officer, Beth Anne Langrell - Chief Executive Officer, Lesa Lee, LCSW-C - Chief Clinical Officer

# FOR ALL SEASONS

SINCE 1986

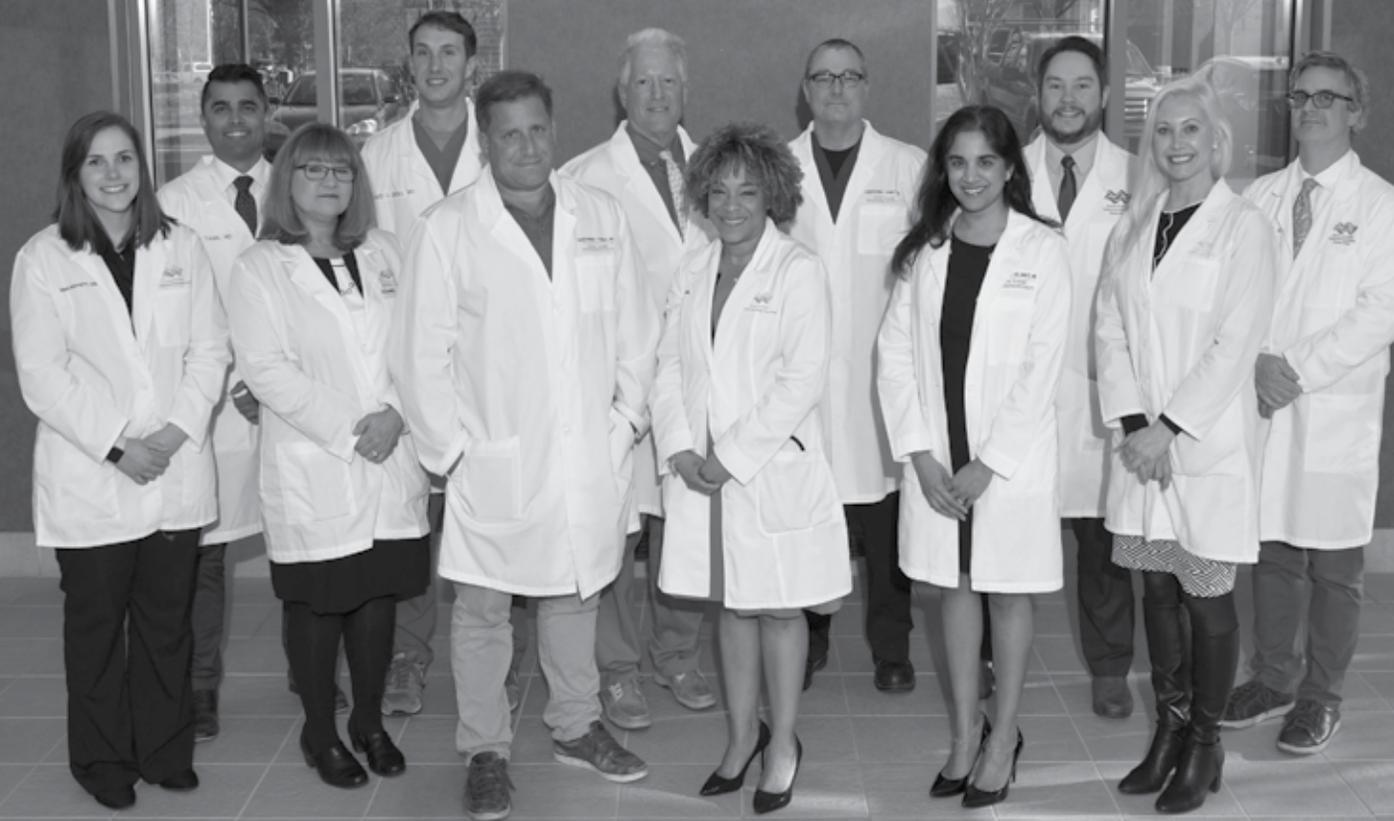
Offices in Easton, Cambridge, Chestertown, Denton, and Stevensville

Main: 300 Talbot Street  
Easton, MD 21601  
410-822-1018  
Forallseasonsinc.org

Mental Health challenges and sexual assault are a reality for many people who live in our community. Not everyone wants to discuss these topics, yet we all hope they are being addressed. Today, over 80 For All Seasons staff members are the Faces of Resilience, providing the highest level of comprehensive trauma-certified therapy, advocacy, education, and psychiatric care to English and Spanish speaking individuals, families, and groups.

Our agency provides a wide range of mental health services, as well as support for survivors of sexual violence and other traumas, regardless of their ability to pay, 24 hours a day, every day of the year.

The decision to seek mental health support is an empowering step and the results can be life-changing. For All Seasons proudly supports our resilient community on its journey to wellness.



THE FACES OF  
GASTROENTEROLOGY

# ANNE ARUNDEL GASTROENTEROLOGY ASSOCIATES

410-224-2116 • aagastro.com  
820 Bestgate Road, Annapolis, MD 21401  
8109 Ritchie Hwy, Suite 102, Pasadena, MD 21122  
4175 N. Hanson Court, Suite 304, Bowie, MD 20716  
130 Love Point Road, Suite 106, Stevensville, MD 21666

Anne Arundel Gastroenterology Associates provides expert care for disorders of the digestive tract including colon and rectal disease, ulcers, stomach disorders, Crohn's disease, colitis, irritable bowel syndrome, and liver and pancreatic disease. Our board-certified, fellowship-trained gastroenterologists are committed to providing you the treatment you need which will get you back to your best health.

Colon cancer is the third most common cancer diagnosed in the United States for both men and women. Colonoscopy is the only test that detects and prevents colon cancer. At Anne Arundel Gastroenterology Associates, our 9 board certified physicians perform over 13,000 colonoscopies each year. AAGA gastroenterologists detect precancerous polyps in 42.5% of screening colonoscopies compared to the national standard of 25%. For patients with risk factors such as a personal history of colon polyps, colon cancer, or family history of colon cancer, colonoscopy remains the gold standard in screening for colon cancer. Without risk factors, the American Society for Gastrointestinal Endoscopy recommends colon cancer screening starting at age 50.

AAGA physicians have been consistently voted the top gastroenterologists in Anne Arundel County over the past several years by our patients and peers.



## THE FACE OF RESCUE

# VAL LYNCH

SENIOR DOG SANCTUARY OF MARYLAND

The Senior Dog Sanctuary Inc  
8336 WB and A Rd  
Severn MD 21144  
[www.seniordogsanctuary.com](http://www.seniordogsanctuary.com)  
O: (443) 742-0270 Ext 700  
[val.lynych@sdsmd.org](mailto:val.lynych@sdsmd.org)

Val Lynch is the Executive Director of the Senior Dog Sanctuary of Maryland (SDS), a 501(c)3 non-profit located in Severn. The mission of SDS is "to provide a safe haven for senior dogs who are unable to be cared for, who are abandoned or abused, or face euthanasia."

A retired Air Force Colonel and a Certified Financial Planner by profession, Val advanced his life-long avocation for animal advocacy when, with the help of many rescue colleagues in the area, his family established the Sanctuary in 2016. SDS rescue senior dogs are cared for by a devoted staff and a cadre of passionate volunteers that have rehabilitated and rehomed hundreds of senior pups. Staff, volunteers, supporters, adopters and fosters constitute the ever-growing SDS Rescue Family.

Val is a staunch animal advocate. He participates in a nationwide network of shelters and rescues. He is also very active in promoting humane treatment of companion animals and admits that Rescue is his favorite breed.

For more information about SDS, and meet some terrific senior pups, plan to visit the Sanctuary and consider joining our SDS Family. Your time, talent and treasure enable the voice of those who cannot speak for themselves.



THE FACE OF  
EASTERN SHORE LEGAL

# JOHN LEO WALTER, ESQ.

128 N. Commerce Street  
Centreville, MD 21617  
410-758-2662, 1-833-ESL-2662  
[www.EasternShoreLegal.com](http://www.EasternShoreLegal.com)  
[www.JohnLeoWalter.com](http://www.JohnLeoWalter.com)

John Leo Walter has been a trial lawyer since 1996. His practice focuses primarily on personal injury and criminal defense cases. Prior to law school, Mr. Walter obtained his Bachelor of Arts degree in history from the University of Baltimore; thereafter, he received a Master's in Government & Public Administration from the University of Baltimore.

In 1995, Mr. Walter earned his Juris Doctor from Thomas Cooley Law School in Lansing, Michigan. He was awarded the American Jurisprudence Award and Scholarly Writing and served with distinction as a Senior Associate editor of the Thomas Cooley Law Review.

Although Mr. Walter has over 20 years of litigation experience and thousands of hours trial work, he continues to review and analyze the most recent case law on a weekly basis. Whether it's a jury trial or a bench trial - District Court or Circuit Court Mr. Walter is comfortable and confident in the courtroom. Mr. Walter's Law Firm, Eastern Shore Legal®, has a reputation for being strong and aggressive while defending criminal and traffic cases while being methodical, prepared and steadfast pursuing civil tort cases. Remember, if you need a lawyer, get a local lawyer at [EasternShoreLegal.com](http://EasternShoreLegal.com).



THE FACE OF DILIGENCE

# ROYAL OAK CATERING COMPANY

[www.royaloakcateringcompany.com](http://www.royaloakcateringcompany.com)  
410-490-5123

Bistro St. Michaels  
403 S. Talbot Street  
St. Michaels, MD 21663  
[www.bistrostmichaels.com](http://www.bistrostmichaels.com)  
410-745-9111

Ask culinary wunderkind Doug Stewart about his day off, and the likely response is, "there are no days off, just brief periods of time". A Talbot county native, Stewart climbed his way to the top of the culinary ladder working at restaurants throughout the region. As the current executive chef of Bistro St. Michaels, Stewart was recently voted Best Chef by readers of What's Up? Eastern Shore and Coastal Style magazines.

In 2015, Stewart, with business partners Frank Mallory and Laura Poole, created Stewart's Catering, expertly creating memorable dining experiences for events of all sizes, in any location. In 2018, they expanded the business by taking over local favorite, Bistro St. Michaels. Most recently, the partners have teamed with The Oaks Waterfront Inn, transforming Stewart's Catering into an even more grand venture, Royal Oak Catering Company.

Wherever you find this industrious young chef busy behind the scenes, know that Chef Doug Stewart and his team are hard at work to ensure a delightful culinary experience.



**THE FACE OF FUN,  
INTERACTIVE ENTERTAINMENT**

# MISSION ESCAPE ROOMS

**Annapolis**

40 West Street,  
Annapolis, MD 21401  
410-263-3333

**Waugh Chapel**

1405 S. Main Chapel Way, Suite 105  
Gambrills, MD 21054  
410-721-6666

**Arundel Mills**

7000 Arundel Mills Circle, Suite 200  
Hanover, MD 21076  
410-553-4850

Mission Escape Rooms (MER) is a fun, interactive entertainment venue on the leading edge of a growing entertainment industry. It's a real-life escape experience designed for groups of 2-10 people. MER has been voted #1 in the "Customer Service", "Game Play", "Girls Night Out", "Guys Night Out", and "Family Outing" categories by What's Up? for all locations 2016-2019 and, is also voted the "#1 Fun Activity" by Trip Advisor, as well as voted the "2018 & 2019 Family Favorite" by Chesapeake Family. MER is not a franchise – all rooms and props are designed and built by full-time staff, supporting 3 locations (Annapolis, Waugh Chapel & Arundel Mills).

As MER enters its 4th year, it's clear that its success is also defined by their ability to keep the experiences fresh and exciting. "We pride ourselves on being an industry leader, building a new room every 5 weeks. We want participants to experience a new, exciting theme at the same frequency they can see a new, exciting movie," said owner, Jason Cherry. Jason's entrepreneurship doesn't stop there. In the coming months, he's opening a Kilwins and a self-pour taphouse in the DC market next to the National's Stadium.



THE FACE OF CHARM CITY

# EMILY CLARKE- PEARSON, MD

OF CHARM CITY PLASTIC SURGERY

949 Fell St. - Suite B, Baltimore, MD  
443-885-9644  
[contact@charmcityplasticsurgery.com](mailto:contact@charmcityplasticsurgery.com)  
[www.charmcityplasticsurgery.com](http://www.charmcityplasticsurgery.com)

As soon as you meet Dr. Emily Clarke-Pearson, you know: this woman is not your average plastic surgeon. From her early career as a painter and sculptor through medical school at Brown University, plastic surgery residency at Harvard, and a microsurgery fellowship at Johns Hopkins, she is uniquely qualified to deliver beautiful and natural results. Her down-to-earth warmth and charm help her build a connection with her patients and make them comfortable discussing their thoughts, concerns and personal goals.

Dr. Clarke-Pearson opened her new office in the historic Fells Point neighborhood of Baltimore with the goal of creating a welcoming boutique environment where patients feel happy and supported. The office is infused with natural light and boasts beautiful artwork and wall art, including some original paintings by Dr. Clarke-Pearson. Complimentary parking is available.

Book your consultation today and come experience personalized care at the next level! For more information about our skincare, injectable, and surgical services, please visit [charmcityplasticsurgery.com/services](http://charmcityplasticsurgery.com/services).

A black and white portrait of Dr. Sean Mulvaney, a middle-aged man with short hair, wearing a dark suit jacket, a white shirt, and a patterned tie. He is looking directly at the camera with a neutral expression.

**THE FACE OF LEADING INNOVATION IN  
REGENERATIVE MEDICINE AND PTSD TREATMENT**

# ROSM

REGENERATIVE ORTHOPEDICS  
& SPORTS MEDICINE

116 Defense Hwy., Ste. 203  
Annapolis, MD 21401  
410-505-0530

[DrSeanMulvaney.com/ROSM.org](http://DrSeanMulvaney.com/ROSM.org)  
[SGB4ptsd.com](http://SGB4ptsd.com)

An Associate Professor of Medicine at the Uniformed Services University of the Health Sciences, Dr. Mulvaney is board certified in Sports Medicine and Pain Medicine. During his 31-year military career, Dr. Mulvaney served our nation's Special Operations community as both a US Navy SEAL officer and a US Army physician. In 2008, he became the first Department of Defense physician to be credentialed in regenerative medicine techniques such as platelet rich plasma and stem cell therapy for repair of musculoskeletal and spine injuries. Dr. Mulvaney was the first to use Stellate Ganglion Block (SGB) to treat combat-related PTSD and has published in this field of research for over 10 years. He is internationally known as an educator of other physicians and has pioneered and extensively published on ultrasound-guided techniques.

Dr. Mulvaney is the most experienced physician in the world at successfully treating PTSD with stellate ganglion block. He was recently published in a top tier medical journal for a high quality study on this topic. Over a 10 year period he has performed over 1,000 of these procedures. The procedure helps reset the "fight or flight" reactions which are amplified in patients with PTSD. This procedure can help relieve the suffering of patients with PTSD.



**THE FACE OF  
PROPERTY STYLING**

# JONI LAYCOOK

Shore Studio Property Styling

443-534-4279

[joni@jonilaycook.com](mailto:joni@jonilaycook.com)

[www.shorestudiopropertystyling.com](http://www.shorestudiopropertystyling.com)

With over 20 years of experience in the design industry, Joni Laycook recognizes the importance of adding style to any space. Her expertise includes residential, hospitality, and commercial design, home staging, and event styling, and merchandising. She truly enjoys the process of transforming spaces.

In 2014, Joni established Shore Studio Property Styling. With a bachelor's degree in merchandising, along with career experience in marketing, sales, and design, she was able to create a business that encompassed her key goals; helping others and creating amazing concepts. What began as a freelance consulting business has grown to include rental inventory for owner occupied and vacant staging projects. Shore Studio has nearly 1000 square feet of furniture, art, and accessories that are carefully curated and utilized for property styling. Joni works with homeowners, realtors, and builders in the Annapolis area and beyond. In 2018, Joni was a nominee for one of RESA's "Most Influential People in Home Staging".

Shore Studio offers a wide scope of property styling services. While design is focused on the personalized functionality and aesthetics, the objective of staging is appealing to the masses. Both services have a key goal; to help others by enhancing their space.



**THE FACE OF FEELING  
BEAUTIFUL**

# STUDIO THIRTY-SIX

AT SYMMETRY SALON

301-228-0130  
 @hairbynicolewhite  
 @zacharyaaroncolor  
 @staceylarochelle1

After things falling apart at David Alexanders, Nicole White, Stacey LaRochelle, Zachary Heil, and Neil Rohrbaugh opened their new studio at Symmetry Salon Studios along with Jose who is considered a "shampoo legend." As a surprise to everyone, David Alexanders closed on a Tuesday, yet they opened their new salon together and had clients back in chairs on Friday! The group has something special in the warmth and friendship they share and that extends to their clients, who have become friends. They get to work and catch up with people they care about, to have fun and create new relationships and at the end their clients leave feeling beautiful. They think there is something special in that.

They are proud to have four internationally trained master stylists and colorists in one studio! Nicole with 20 years of success specializes in color and cuts. She particularly enjoys blonding, foils, balayage and fantasy mermaid unicorn hair. Zachary with 9 years experience is recognized as a national artist for Loreal Pro and Shu Uemura. For 25 years both Stacey and Neil have specialized in color, cuts and giving their clients their desired look.



WHEREFORE ART THOU

# Family?

GENETIC TESTING CAN REVEAL AND UNITE LONG-LOST FAMILY MEMBERS, UNLOCK DECADES-OLD ANCESTRAL MYSTERIES, AND PRODUCE INTENSE MIXED EMOTIONS **BY DIANA LOVE**

Have you ever wondered about the lives of your ancestors? Stayed awake at night thinking about the color of their daily lives, their moments of great triumph or great sorrow, their personal stories, their intimate connections to parents, siblings, cousins, aunts, uncles, and, ultimately, you? Have you considered the possibility of finding long lost relatives, or even relatives not so far down your family tree?

For many, the search to discover their origins is a quest—a journey to discover ethnicity, cultural identity, and a place in the world. For many, this quest was largely impossible until the 2000s, when companies specializing in genetic discovery made testing easy, efficient, and affordable. These same companies made their results available with just a click of your computer mouse. Since the launch of the Human Genome Project in 1984 and the rise of companies like Ancestry.com and 23andMe, two of the most popular genetic testing and ancestry discovery sites, millions of people have been able to find birth

parents, unknown siblings, lost cousins, and direct links to their ancestral roots. Consequently, these companies have also provided insight into inherited medical conditions and propensity for genetically-inherited diseases.

Discovery of ancestral links is fraught with complexity. Will relatives acknowledge the connection? Will hidden secrets be revealed, despite the consequences? Will the aftermath of discovery lead to rich and rewarding relationships, or the opening of yet another chasm of loneliness?

We spoke with several What's Up? Media readers who turned to DNA testing in their journey to discover parents, siblings, family history, and even their ethnicity. Their stories are deeply personal and emotional. They've braved an Odyssey-like search of discovery—not just of something so basic as their personal DNA sequence, but something more. They've faced finding the truth, and it isn't always pretty. Here are their stories.



# Valerie Reynolds

OF BALTIMORE



**V**alerie Reynolds first heard about DNA testing in 2016. “Everybody was talking about these genetic tests, and my children bought my husband a kit for Father’s Day,” she says. “Of course, I thought it sounded neat, so my daughter Cate [What’s Up? Media’s Entertainment Editor] purchased a kit for herself and gave one to me for Mother’s Day.”

Valerie was adopted as a baby and had always longed to know her birth parents. Much of her struggle lay in the void of not knowing where or why: Where did she get her looks? Why does she do things one way or another and, more importantly, did her history of depression and ADHD have a genetic link? Reynolds spent years searching for answers, engaging her husband in the effort. In fact, it was Reynolds’ husband who found her birth mother through vigorous online document searches. Together with Cate, they worked to extend identifying Reynolds’ family tree.

When Reynolds’ husband found her mother and they formed a close relationship, she was able to learn her father’s name and that he lived in California. It was relatively easy to find his address after that. “My father was in the service and shipping out on deployment. My mother was 20 years old and didn’t want to tell him she was pregnant. She didn’t know a lot about my father, so she gave the hospital staff information about a friend for the birth certificate. For years, until I found my mother, I had absolutely nothing to go on.”

After reaching out to her father, Reynolds enjoyed cordial conversations on the phone. He wasn’t willing to reveal his past or introduce her to his family and she didn’t

want to push the topic. She was happy enough to finally have answers to questions she asked herself for years. “My birth mother folds laundry the exact way I do. My father drove my favorite car in the world, a 1964 Ford Mustang. When my birth mother looks at me, I can see myself in her, and her in me. I found out that I am mostly Norwegian. My son looks like a tall, strong Viking and now I know why.”

When her daughter Cate took a DNA test and began to find Valerie’s paternal first and second cousins online, Reynolds felt that she didn’t need to hide her existence from them. “Some people say that this sort of thing disrupts families, that it’s not fair. But I disagree. These tests are doing more good than harm. These tests can save adopted people years and years of not knowing. We can finally get what we need and learn what we need to know.”

Finding her birth parents hasn’t changed her relationship with her adoptive family. Reynolds feels that the discovery of new relatives just means she has more family to love. “My adoptive mother was always a little weird about me finding my birth mother, and I was never sure why she felt that way. Growing up, she taught me that love isn’t something you divide, you share it.” Reynolds continues to live her life in the way her mother taught her, and finding new family members doesn’t change how she does that. “I am going to a family reunion this summer with 120 members of my adoptive family and I am so excited to be with these people I truly consider family. I feel no difference between my love and need for my biological or my adoptive family.”

# Steven Labov

OF PHILADELPHIA



**S**teven Labov cared for his father, who suffered from Parkinson's disease, for several years before he died. When he asked his father's physicians about the chromosomal likelihood that he might inherit the disease, they directed him to the Michael J. Fox Foundation, where he was able to take genetic testing for free. The results revealed that while he did have markers for Parkinson's, his sister did not.

Labov decided to take a 23andMe test, largely because that company's genetic research is specifically geared to revealing health and medical-related information. What Labov discovered was a brand-new family.

**"I THOUGHT THE TEST WAS WRONG, THAT IT HAD TO BE A MISTAKE, BECAUSE I KNEW BOTH OF MY GRANDFATHERS AND THAT WAS JUST IMPOSSIBLE. I SORT OF LET IT GO FOR A LONG TIME AFTER THAT, THINKING THE TEST WAS NOT CONCLUSIVE."**

The 23andMe test results showed Labov a match that they believed to be a grandfather. "I thought the test was wrong, that it had to be a mistake, because I knew both of my grandfathers and that was just impossible. I sort of let it go for a long time after that, thinking the test was not conclusive," he says. Two years passed and in late 2018 Labov received an email from 23andMe that showed an updated DNA match. It turned out that the match was not a grandfather, but a half-brother.

Labov learned more details through cousins. Their father went into the Navy at age 17, and got out when he was 21. At that time, he had a brief relationship with a girl from his neighborhood. When the parents from both sides discovered she was pregnant, they sent her away to live with a relative until the baby was born. After the birth, the girl gave the baby up for adoption.

Through the 23andMe website, the brothers began to exchange information and started talking on the phone. "I got my sister involved and we all just couldn't believe it. My sister and I have a brother! My brother looks more like my father than I do! He's been here to see us three or four times. I've been to Atlanta to visit him and he was able to meet our father in hospice. I think these tests and these discoveries are a good thing. A good chunk of people don't want anyone to discover their past and they don't want contact with a child they gave up. But I gained a brother and learned so much about my family, how they lived, and what they went through."

**"I THINK THESE TESTS AND THESE DISCOVERIES ARE A GOOD THING. A GOOD CHUNK OF PEOPLE DON'T WANT ANYONE TO DISCOVER THEIR PAST AND THEY DON'T WANT CONTACT WITH A CHILD THEY GAVE UP. BUT I GAINED A BROTHER AND LEARNED SO MUCH ABOUT MY FAMILY, HOW THEY LIVED, AND WHAT THEY WENT THROUGH."**

# Jennifer Berkebile



## OF CROWNSVILLE

**J**ennifer Berkebile jokes that her family's ancestry looks more like a bush than a tree. Growing up, she knew that her mother's first husband adopted her, but she didn't have many details about her birth father. "My mother told me that she got pregnant by a Scottish drummer, that her parents kicked her out of the house, and that my birth father died. In fact, none of this turned out to be true."

Berkebile's mother was a true hippie in the 1960s, a wanderer who left home with a friend to travel west across Canada, headed for Vancouver. In the remote Okanagan Valley of British Columbia, while awaiting a shipment of an auto part to repair her car, Berkebile's mother met a young man. They instantly connected.

The car part arrived after ten days, and the young lovers went their separate ways. They reconnected the following summer in Vancouver, where they moved in together and where Berkebile was born. After some months, they returned to the Okanagan, living in a bus until circumstances tore them apart when Berkebile was about two years old. "My mother married a mutual friend, an American draft dodger, and I never saw my father again," Berkebile says. "We moved to the United States and she just didn't talk about it. I often wondered about him, but those early years of my life were difficult for both of us. Her husband was not a good man, and I didn't want to ask."

When Berkebile's mother later remarried a wonderful man, it didn't seem right to pry into an area her mother clearly didn't want to discuss. It was only casually, in a bar in Alaska, and when her mother was diagnosed with cancer, that she finally revealed a name.

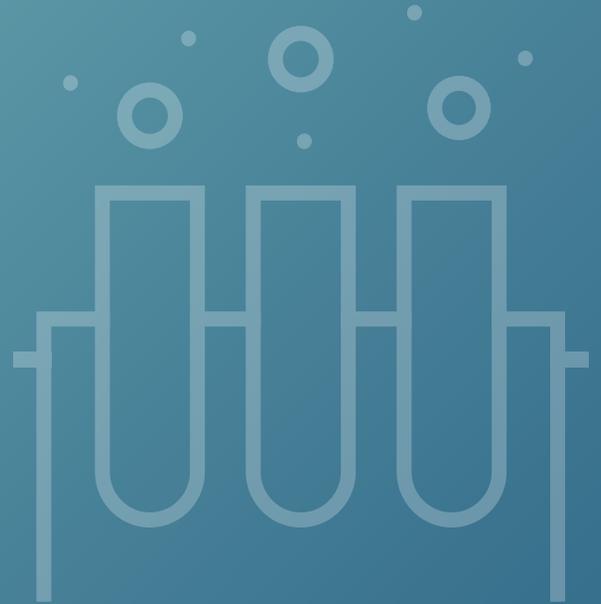
While much of her mother's version of Berkebile's birth story brushes over the facts, she laughs about the few facts that were right. "He is English, not Scottish. He's from near the English border with Scotland, so she at least got that almost right. He was a drummer. That's true. He was playing the bongos in strip clubs."

Berkebile found her father through genetic tests that connected her with an uncle in the United Kingdom. That uncle said the family was estranged from Berkebile's father and didn't know his whereabouts. They did know that she had a half-sister. "When I connected with my uncle, I said, 'I [don't] want to cause a shock, but I think I am related to you.' When he replied, and I learned that I had four uncles and cousins and a sister, I went to work just shaking like a leaf." Berkebile found her sister, Leila, on Instagram and reached out to her, but not without a little trepidation. "My sister replied that she knew all about me. I really needed a moment to process that. Once I did, we connected on Facebook and [talked] every day."

After several emails, Leila put Berkebile in touch with her father who, lovingly and with good humor, told her the true story of her birth and beginnings. This past summer, Berkebile travelled with her husband and daughter to meet her paternal family. "I have an amazing sister, two beautiful nieces, a father, and uncles; an entire family I didn't know. I don't know what kind of relationship I will have with [my dad] or if he will ever come to Crownsville to visit, but he's charming and quirky and funny, and I am so lucky to have this very cool family that I would never know if it weren't for genetic testing."

# Carrie Baquie

## OF MILLERSVILLE



Carrie Baquie spent years helping her mother realize a lifelong dream to identify her family. What she discovered was a secret birth, a nunnery, and a quiet adoption.

"It was my mother Mary's only dream to find her birth parents," Baquie says. "Her dream became my dream, so I sent away for the 23andMe genetic test." After nearly 16 months, Baquie found a second cousin, Megan. She began to correspond with Megan, but was briefly stymied when their communications faded. "She wanted proof of our connection to her, and I couldn't prove how we were connected except through my mother's father, who would be my grandfather. I had my mother take the 23andMe test, which proved through the DNA connection that my mother and Megan's mother, Kathleen, are first cousins."

Kathleen happened to mention the chromosome connection to her mother, Peggy. "In Peggy, we found someone who, at her age, was mentally agile and could remember all sorts of details about my grandmother, who dated Peggy's brother Bill," Baquie says. The story is not pretty.

Despite being a 23-year-old nurse living on her own in Connecticut, Mary's mother was forced to move to New York City to have the baby. "My mother was reading Megan's email about Peggy's recollections with me, and she just burst into tears," Baquie describes. "For her, it had been a lifetime of trying to get answers, to understand who her parents were and some of the reasoning behind how she was adopted. It was life-changing."

Through Peggy, Mary found the name of her birth mother: Margaret Mary. Sadly, she had passed away before Baquie or Mary could find her. Margaret Mary grew up in a strict Catholic family. When her parents discovered she was pregnant from a longtime boyfriend, they sent her to live with an aunt who was a nun in a New York City convent. When the child was born, Margaret was forced to give her up for adoption.

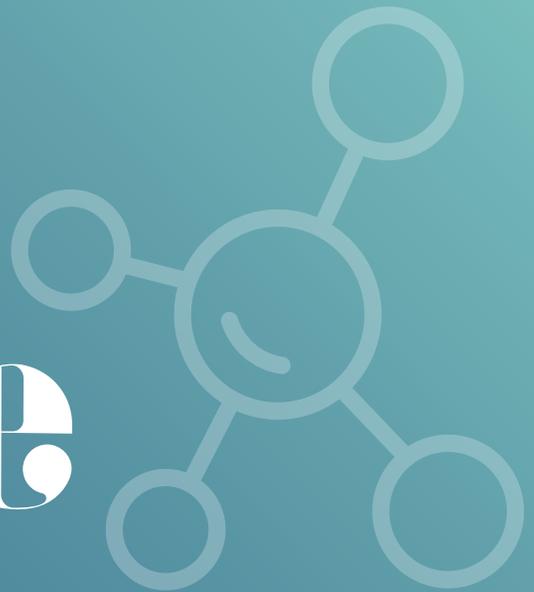
Although Margaret married and had three other children, she struggled with addiction and depression. "No one understood what she was struggling with. It wasn't until we did the genetic testing, met Megan and Kathleen, and learned about Margaret's life that the pieces began to fall into place," Baquie says.

In the time since discovering Margaret's history, Baquie and Mary found Mary's birth father, who had also passed away. He was married twice and has several children, none of whom have been willing to connect with Mary.

Recently, Baquie and Mary attended a paternal family reunion, which the siblings refused to attend. "It is a huge emotional challenge to have family who doesn't want to connect with you. It's personal. It is hurtful and it's hard to understand. But at the same time, we would do it again, because we discovered these things my mother had been seeking since she was 18 years old," Baquie says. "She definitely thinks the tests are pretty cool."

# Noreen Frenaye

OF ANNAPOLIS



In 2015, Noreen Frenaye's mother passed away, opening an opportunity for a cousin to share a secret: Frenaye's mother was previously married and had a child, a daughter. She also had a son, Frenaye's half-brother. After research revealed a marriage license and birth certificate, Frenaye took both the Ancestry.com and the 23andMe genetic tests, entered her information into the companies' online databases, and hoped she might find her long lost siblings.

The DNA tests revealed close family matches, but Frenaye couldn't interpret the mathematics of the genetics. A cousin told her about social media groups on Facebook set up specifically to support people looking for relatives through DNA tests. Members of the Facebook group showed Frenaye how her genetic percentage match could be a half-sibling, double-first cousin, niece, or grandchild.

Through the process of elimination, Frenaye knew that the double-first cousin, niece, and grandchild couldn't be true. A review of the X chromosome on the DNA results showed that she shared paternal genetics with a match. Frenaye reached out via email.

When Frenaye and her match began their online research to discover their shared ancestor, they didn't recognize how they were connected. Eventually, Frenaye and her sister discovered that they shared a father, a fact the sisters never knew or suspected during their lives. "My sister knew this would kill her mother, because obviously, our father had an affair and I was a product of that," Frenaye says.

In the time since the discovery of their sibling relationship, Frenaye has met her sister and two of four half-brothers. "I don't see us having a typical sibling relationship," Frenaye says. "It's hard, the history, the memories of growing up that don't include your new siblings. We are two people who have met in the course of our lives and are biologically connected but otherwise strangers."

**"IT'S HARD, THE HISTORY, THE MEMORIES OF GROWING UP THAT DON'T INCLUDE YOUR NEW SIBLINGS. WE ARE TWO PEOPLE WHO HAVE MET IN THE COURSE OF OUR LIVES AND ARE BIOLOGICALLY CONNECTED BUT OTHERWISE STRANGERS."**

Despite the shock of discovery and sadness having missed out on a childhood with her biological father and his family, Frenaye says she would take the test again. "I would absolutely do it again. After finding this out, I just wanted the truth of everything. I still look every day in hopes that I will find the maternal half-brother my mom put up for adoption. I will only find him if he takes a DNA test and makes his results public. Now that my mom is passed and I know these new facts about her and my family, I want to get to the truth."

# Sarah Wehner

OF ANNAPOLIS



**S**arah Wehner was adopted, a fact she discovered when she was five or six years old. "I wanted to know where I come from; I never looked like anyone in my family," she says. "I wanted to know my ethnicity and if there were other people out there who are related to me."

**"I WANTED TO KNOW WHERE I COME FROM; I NEVER LOOKED LIKE ANYONE IN MY FAMILY. I WANTED TO KNOW MY ETHNICITY AND IF THERE WERE OTHER PEOPLE OUT THERE WHO ARE RELATED TO ME."**

Wehner's husband, who had long supported her efforts to find her birth origins, purchased a DNA kit from Ancestry.com. When she received her results, Wehner immediately discovered a distant cousin match. Following that match, and moving down a list of other possible matches, she found a fifth cousin on her father's side. Working together, Wehner and her cousin discovered a great-great grandmother, then a great aunt, and, finally, her father. "I had to really let that sink in for a long time," Wehner says. "I had found my birth father. It was an enormously emotional moment."

It took some time for Wehner to reach out to her father. "I didn't want to interrupt his life. I didn't know if he even knew that I existed," she says. Eventually, Wehner sent her father a certified letter showing her test results and their shared DNA connection. He called her right away. He was excited and happy to finally meet the daughter he knew was alive, but didn't know how to find. He had been married and divorced, and didn't have any other children.

Wehner and her father became close, but with a full-time job and two young daughters, she struggled to find time to spend with him. Her father passed away recently and now Wehner wishes more than ever that she had more time with him. "It felt nice to just be very accepted, to have new aunts, uncles, and cousins. I have a grandma for the first time in 20 years."

**"IT FELT NICE TO JUST BE VERY ACCEPTED, TO HAVE NEW AUNTS, UNCLER, AND COUSINS. I HAVE A GRANDMA FOR THE FIRST TIME IN 20 YEARS."**

Wehner says she is happy she took the test, and grateful that her husband has been so supportive. In the time since she took the test, she has found her birth mother and met her in person several times.

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# Can Teachers Afford to Retire in Maryland?

A CLOSER LOOK AT THE CONTROVERSIAL PERFORMANCE OF THE STATE'S PENSION FUND

By Mark Croatti

**T**he decision to *teach* in Maryland's public schools would seem to be a no-brainer; Maryland's K–12 public education system is ranked sixth in the country, and funded by the fifth highest annual per capita personal income nationwide: \$56,125. Maryland's teachers earn even more, almost \$70,000 annually, the seventh highest average teacher salary in the United States.

Deciding to *retire* as a teacher in Maryland, however, can be a different story because the *average* annual pension payout for newly-retired teachers is roughly half of that, slightly less than \$35,000—tied for eleventh place nationally, according to nonprofit watchdog Bellwether Education Partners. The *median* annual pension payout for newly-retired teachers is even worse, a jaw-dropping \$20,500, ranking 30th in the nation. In fact, this overall imbalance between Maryland's per capita personal income and pension payouts trails much poorer states like Kentucky, South Carolina, Louisiana, and West Virginia, whose K–12 public schools are ranked among the lowest in the country (Kentucky's are 40th; South Carolina's 42nd; West Virginia's 47th, Louisiana's 50th).

How is it possible that the fifth richest state with the sixth best schools pays its newly retiring teachers a median figure that ranks only 30th in the nation?

The answer to that question is the result of several, equally impactful variables. The first is how much is paid into the Maryland State Retirement and Pension System from employee contributions and the percentage of matching state contributions that the legislature provides from public taxes.



The second is investment performance, which is directly related to how the pension fund is managed and, if necessary, modified. The third is how much compensation a retiree receives, which is based on a complex formula that Maryland uses to compute a particular person's benefit, using a combination of average annual income and years of teaching experience.

These variables can then be compared to how pension funds perform in other states and how much their retirees are paid. The Maryland State Retirement and Pension System—which includes teachers, state police, and judges—has come under intense scrutiny in recent years for what appears to be a consistent track record of underfunding and underperformance. Yet its administrators and many state legislators in charge of its oversight have countered with a vigorous defense of what, they believe, is a steady, safe, long-term strategy that will ultimately provide what has been promised for Maryland's growing number of state retirees.

Depending on who you talk to, the pension fund is either in great shape or in need of a sweeping overhaul. Intrigued by the opposing interpretations of what the numbers actually mean, we set out on a journey to discover why such a wide disagreement exists.

# The History

The Maryland's Teachers' Retirement System was established in 1927 and, by 1941, expanded into the Employees' Retirement System. According to the Comprehensive Annual Financial Report prepared by the State Retirement Agency of Maryland, by 2005, the state provided monthly payouts to over 100,000 retirees and beneficiaries out of more than 188,000 active participating members.

Although the System had seen an "exceptional" 16 percent investment return in 2004, fiscal year 2005 provided merely a "notable" return of 9.5 percent. While still higher than the System's "actuarially determined target investment return of 7.75 percent"—which had been established as the long-term target—the report also warned that "deviations from this target can be expected, both positive and negative, from year to year." In fact, the 2005 report admitted that the System had experienced an almost 3 percent decrease in its funding ratio. Despite this "temporary downturn," the 2005 report also declared the System "financially strong and ahead of schedule with regard to its long-term funding goals" and went on to state that the unfunded actuarial liability (that had existed since June 30, 2000) would be amortized over the next 15 years until **June 30, 2020**.

As that date draws near, independent financial experts are publicly clashing with in-house analysts over the fund's overall performance since the 2005 report and whether the ambitious goals set forth back then will ever be achieved, let alone on schedule.

## The Firestorm

About 10 years after the 2005 report, *The Washington Post* published a series of articles that were extremely critical of the Maryland State Retirement and Pension System, which had more than doubled to almost 388,000 active participating members. One article, by Josh Hicks, asked, "Maryland pays more than \$320 million in fees to manage pension funds. What does the state get in return?" (June 12, 2006).

Another was a scathing rebuke by the Post's Editorial Board entitled "Maryland Procrastinates on Pension Fund Fixes—Again" (February 8, 2007). Their findings were troubling: In 2007, Maryland's pension system investment fees, paid annually to professional fund managers, totaled \$76 million; by 2015, they had *quadrupled to \$347 million*. In 2007, actively managed funds accounted for about 49 percent of the System's portfolio; by 2017, that number had *skyrocketed to 80.4 percent*. An annual average annual return rate of 11.3 percent

from 2002–07 had *decreased to 9.36 percent* between 2010–15. Still well above the 7.75 percent long-term investment return targeted in 2005, but nonetheless a decline affected by the increase of actively managed funds with hundreds of millions of dollars in annual fees.

Hicks then turned to Jeffrey Hooke to analyze the data and verify his prognosis.

Hooke, a Senior Advisor of Focus Securities and a senior lecturer for the Carey Business School at The Johns Hopkins University, previously worked for Emerging Markets Partnership, the World Bank, Lehman Brothers, and Schroder Wertheim in New York. Hooke, a proven investment executive with decades of experience, is also a respected author of several books and articles on financial accounting. In his report, Hooke argued that high-priced professional fund managers don't earn their exorbitant fees; they simply copy "a well-known benchmark like the S&P 500."



The Washington Post

**"MARYLAND  
PROCRAS-  
TINATES ON  
PENSION FUND  
FIXES—AGAIN"**

**(FEBRUARY 8, 2007).**

According to Hooke, Maryland's pension system investment fees "exclude lucrative 'carried interest fees' paid to hedge funds and private equity funds, which the System is not obligated to disclose. Maryland's returns fall over 1 percent short per annum... The deficiency has cost Maryland roughly \$4 billion in lost income over ten years, a large discrepancy that has been totally ignored by the last two governors and legislatures."

Maryland began to depart from passively managed investments after the 2008 financial crisis. Ever since, Hooke argues, the pension system's actively managed portfolio has underperformed, failing to beat "well-known benchmarks like the S&P 500 index and the 60/40 stock/bond index that are relevant to their investment styles."

Back in 2014, Hooke crunched the numbers from 33 state pension funds that use the same fiscal year as Maryland and discovered that the 10 states with the highest fee ratios—Maryland ranking fourth highest among them—had lower return rates than the states that had spent the least on professional fund managers. If the decline continues, Hooke argued, Maryland should abandon high-priced professional fund managers and put additional monies into passively managed index funds, a strategy that even Warren Buffett has endorsed.

Many states and municipalities have already done so, such as: Nevada, which, since 2014, has transitioned almost entirely to passive management; California, which laid off half of their professional fund managers in favor of less complexity and



expense; Illinois, which cut hedge fund use by 70 percent and substituted 40 percent of its high-priced professional fund managers with index-based portfolios; New York City, where the pension board withdrew from its \$1.5 billion hedge fund portfolio when their system's performance didn't justify the fees; and North Carolina, which began paying market-rate salaries for its investment-managing employees.

Many states are taking reform even further. Kentucky, Pennsylvania, Michigan, Rhode Island, and Tennessee are phasing out traditional pensions in favor of a hybrid structure with 401K-style accounts. Pennsylvania called their program a "risk-managed hybrid plan" that "requires that the state evaluate

## "THE DEFICIENCY HAS COST MARYLAND ROUGHLY \$4 BILLION IN LOST INCOME OVER TEN YEARS"

JEFFREY HOOKE

policies to increase investment fee transparency and regularly perform stress test analysis to assess financial market risk." In all, 48 states have enacted some sort of pension reform since the 2008 stock market crash.

While Maryland has not converted to a hybrid model, in 2017 the *Post's* Editorial Board pointed out that "Reforms enacted under then-Gov. Martin O'Malley—higher contributions, lower benefits and later retirement age for future employees, plus a sizeable bump in the state's own annual set-aside—put the fund on course to reestablish good health by 2023."



However, Maryland's dependence on actively managed funds continued. After Larry Hogan was elected governor, he proposed creating a hybrid program after lawmakers wanted to cut contributions to the \$46 billion fund, whose obligations outweigh its balance, the *Post* argued, by roughly \$20 billion. Andrew C. Palmer, CIO of the Maryland State Retirement Agency, denied the pension fund was performing as badly as the two *Post* articles described, stating that "actively managed funds can be more stable than low-fee indexes, which tend to experience dramatic dips and spikes. When investments do poorly, pension participants sometimes have to contribute more money to the system to keep it healthy. We try to minimize contribution volatility to the extent that we can."

Ultimately, the Maryland General Assembly passed a bill in 2018 that increased employees' contributions, promised the full employer's share, and provided more consistent fund monitoring and reports on its performance to the governor and the legislature in order to track any glaring inconsistencies. When Hogan signed the bill into law, the *Post* was not impressed;

## WE TRY TO MINIMIZE CONTRIBUTION VOLATILITY TO THE EXTENT THAT WE CAN."

ANDREW C. PALMER



Hogan "seems content to join forces with the legislature, which prefers to...let the looming long-term pension problem sort itself out. Or rather, foist the problem on a future generation of politicians and taxpayers...the target for restoring the pension fund to good health has slipped by five years, to 2028... the fund's investment returns have been anemic for two years straight. On balance, Maryland has been a competent manager of its finances, with the glaring exception of the pension fund."

In 2019, R. Dean Kenderline, the Executive Director of the Maryland State Retirement Agency, wrote a letter to the *Post* calling the assertions a "myth" while acknowledging that from 2007–2017, Maryland's pension fund earned only 4.2 percent. He criticized those who "suggest converting state employees and public school teachers to a defined contribution, a '401(k)-style' plan. In Michigan, touted as the model for reform in Maryland, the average balance for a state employee age 60 or older with at least 15 years in the plan was just \$124,000. How does this compare with a defined benefit plan, like Maryland's, which guarantees a lifetime benefit and no fear of that benefit being outlived? Not well."

Hicks wrote in his 2016 *Post* article that Delegate Brooke Lierman (D-Baltimore), who sits on the House pension-oversight subcommittee, said she and other members of the panel "will take a hard look at investment fees. 'I don't want to pay exorbitant fees or unnecessary fees,' Lierman had said. 'It's something the oversight committee has been paying attention to and talking to the treasurer about. I want to hear the full stories before I make any judgment.'"

Delegate Lierman has now had three years to "hear the full stories," so we asked her if we could sit down and talk about the current health of the pension fund. She agreed, but in light of Kenderline's comments, before we met with her, we spoke to Jeffrey Hooke to find out how the pension fund had performed over the past three years.

**NEXT MONTH:** Mark Croatti discusses the status of the pension fund, including what was done in the 2019 legislative session, with Jeffrey Hooke and five Maryland state legislators who sit on the Joint Oversight Committee on Pensions: Delegates Brook Lierman (D-Baltimore) and Michael Jackson (D-Prince George's County) and senators Douglas J.J. Peters (D-Prince George's), Adelaide Eckardt (R-Dorchester, Caroline, Talbot and Wicomico counties) and Andrew Serafini (R-Washington County).

*Mark Croatti teaches American Government at the United States Naval Academy and Comparative Politics at The George Washington University. He has also taught conflict resolution courses within the University of Oregon School of Law.*

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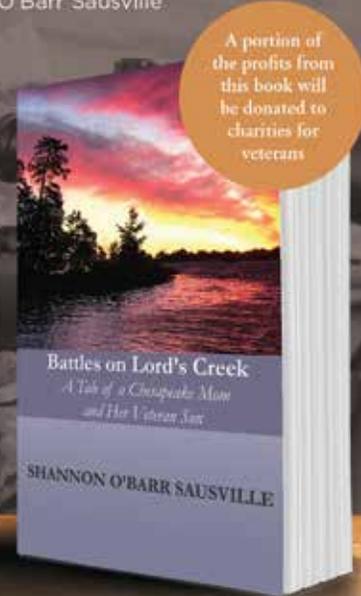
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# And We're Off

The title 'And We're Off' is written in a large, bold, black serif font. The word 'And' is on the top line, 'We're' is on the middle line, and 'Off' is on the bottom line. Several small, grey airplane icons are scattered around the text, and dashed lines represent flight paths looping around the letters.

THE LITTLE-KNOWN AND  
REMARKABLE WAYS BWI MAKES  
TRAVEL SAFE, COMFORTABLE,  
RELAXING, AND DELIGHTFUL

By Diana Love | Photography by Stephen Buchanan

**IN 1784,** 13-year-old Edward Warren lifted off from Baltimore's Mount Vernon neighborhood in a hot air balloon. He was the first American to do so. His adventure marks the first manned flight in Maryland and the United States, and is the first of many records to be made in the story of regional aviation.

## CONSIDER:

- In 1906, College Park Airport opened. Still in operation, it is the oldest running airport in the United States and is the site of many aviation firsts: first mile-high flight by a powered airplane, first female passenger, and the first controlled helicopter flight.
- In 1911, John Rodgers completed the first flight of a Naval aircraft from the Naval Academy's Farragut field.
- In 1921, Logan Field became the first commercial flight center in the state.
- In 1937, the Navy opened Naval Air Station Patuxent River which, during the height of construction, employed 7,000 people. The base has grown over time to Naval Air Systems Command and more than 30 tenants, detachments, and squadrons. The base supports 22,000 military, civilian, and contractor personnel.
- In 1940, Howard University was chosen as one of four schools for training African American pilots. The training school for the Civilian Pilot Training Program was located in the township of Croom in Prince George's County, at the Columbia Air Center, an airport founded by black pilots who weren't otherwise allowed to use other air facilities.

 These records, history-making events, and accolades continued into the 20th century, cinching county- and state-based private, commercial, and military aviation as key drivers in the creation of jobs, revenue, and prestige for the Central Maryland region.



## BIRTH OF BWI

**IN 1946,** the Baltimore Aviation Commission completed a pioneering master plan to build an innovative and expansive international airport in Maryland. Anne Arundel County would host the 3,200-acre site, located nine miles south of Baltimore and 32 miles north of Washington, D.C. in the area of Friendship Church, a rural farming community. Service from Friendship International Airport began in July of 1950, a time marked by massively increasing numbers of commercial flights across the country and an innovative era for aircraft invention and operation.

Today, Baltimore-Washington International Thurgood Marshall Airport (BWI) serves more than 27 million passengers each year and is an economic engine for the state of Maryland. A 2018 Maryland Department of Transportation Annual Attainment report indicated that BWI alone supported 97,000 jobs and generated more than \$10

billion in business revenue annually from passengers and air cargo activities.

The airport is much more than an economic asset: For frequent business travelers, the airport is as intimately known as the office; for leisure travelers, the taking off and landing from BWI bookends memories and souvenirs.

But even these frequent users of BWI may not know all the secrets of the airport—the nooks and crannies, the quiet places to rest and relax, the behind-the-scenes efforts to make a trip to the airport as efficient and comfortable as possible.

Jonathan Dean is the director of communications for the airport. An employee at BWI for more than 15 years, Dean remains passionate about the airport as a whole, but most especially about helping to progress the many ways staff and volunteers make traveling through BWI a pleasant experience. We caught up with him for a tour of the 3,200 acres that define the airport's boundaries. Here's are some of the unusual, downright quirky, and unexpected traveler conveniences we found.



## WHAT YOU MIGHT NOT KNOW

### TRAVEL SAFE →

In the days following September 11, 2001, BWI became the ground zero testing location for innovative airport security technologies. The Transportation Security Administration worked closely with airport authorities to establish new checkpoint screening procedures, test and advance new security technologies, and implement vital training programs. BWI was the first airport in the country to have a dedicated, full team of federal security personnel.

Today, the airport is secured by Maryland Department of Transportation police, Transportation Security Administration officers, and Department of Homeland Security Air Marshalls.



### THE LARGEST USO INSTALLATION IN THE WORLD

The USO International Gateway Lounge near baggage claim 14 is a \$1.1 million, 5,000-square-foot facility serving 99 percent of the U.S. Armed Forces traveling to and from duty stations in Europe, Southwest Asia, and the United States. The USO Lounge serves as a "home away from home" to military personnel traveling through BWI Marshall Airport. Access is privileged to active duty personnel, National Guard, reservists, and their dependents. Military ID is required. Inside, visitors will find amenities like a secure baggage storage area, a free snack bar, a small business center, wireless phones for domestic and international calls sponsored by Verizon, a Technology Room sponsored by Microsoft, a sleeping room, and a family room with cribs, toys, and a movie library.



### REST IN PEACE

Did you know there is a three-acre cemetery just off the main runway at BWI?

Friendship Cemetery, established in 1907, before the airport was built, is still in use. Prominent Anne Arundel County families such as Phelps and Disney, many with family members born in the mid-1800s, are laid to rest here.



## NO EXCUSES



BWI has the country's only dedicated outdoor recreation trail. At about 12 miles long, the BWI Trail is a paved path that encircles the airport as it travels through pine forests, over marshes, and past active runways. The BWI Trail connects to the B & A Trail, a 22-mile trail that extends from the airport to Annapolis.

## PLANES, TRAINS, AUTOMOBILES, AND...BIKES?

Yes, BWI offers bicycles, too! If you want to bike the BWI Trail, you can rent one of 10 Zagster bicycles outside the airport's international terminal, near the BWI Marshall Airport Light Rail stop. Rentals are \$2 per hour or travellers can opt to purchase an annual membership for \$20. Riders can sign up to rent the bicycles by downloading the Zagster Mobile App, available for iPhone and Android.

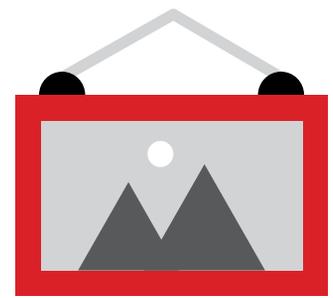
## HONOR FLIGHTS

BWI hosts around 200 honor flights each year, more than Dulles and Reagan airports combined. The airport fire department greets each honor flight with a water cannon salute, airlines are amenable to moving flights to gates that make getting to and from the plane more comfortable for less mobile veterans, and a cadre of volunteers help coordinate visits to Washington, D.C. war memorials.

## FIRE AND RESCUE

BWI has a dedicated Airport Fire & Rescue Department. Firefighters and rescue personnel work out of a station located just off the main runway. The BWI Airport Fire & Rescue Department's Fire Suppression Division provides firefighting and rescue services for aircraft and other equipment and for more than 100 buildings in the airport area. FAA regulations require that fire and rescue personnel can arrive and deploy flowing retardants from the firehouse to the midfield of the airport in less than three minutes, an impressive maneuver and a statistic the department is proud to claim.

The Fire & Rescue team is much admired for their training programs and for their work both on and off the field at BWI. In fact, the Fire & Rescue Department helps coordinate a large and complicated training session for local, state, and federal law enforcement each year, using a retired DC-10 that is parked on airport property. The training aircraft was decommissioned when it suffered a hard landing that cracked the fuselage. Today, the plane appears as a pock-holed and gutted ghost of its former self, but it actually plays a vital role in training and preparedness exercises.



## MDOT LOVES ART

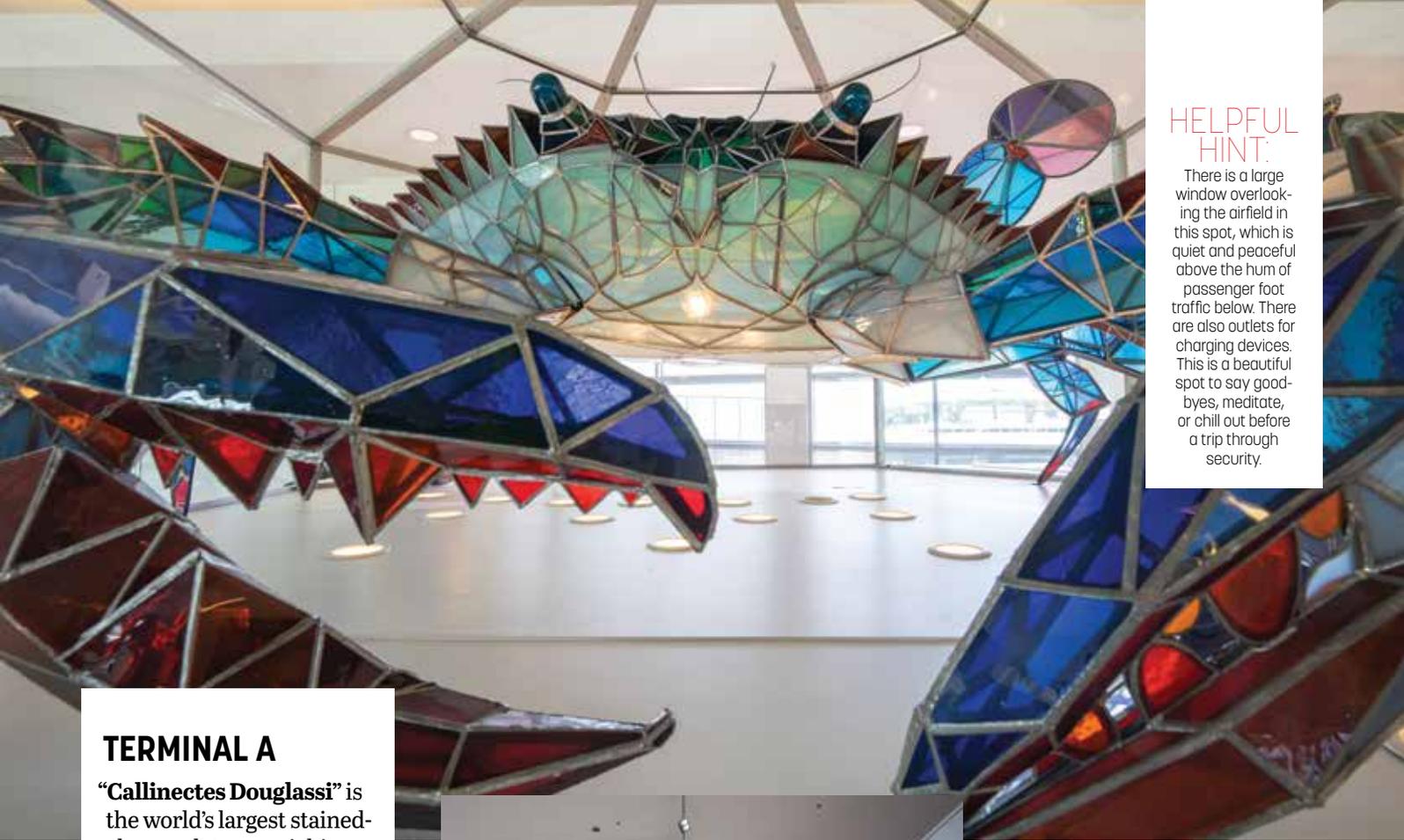
The airport boasts several professional and amateur art galleries. Outside the parking garages and terminals, inside the rental car facility and scattered around the interior of the airport are fine art, sculpture, and mixed media from Anne Arundel County and Maryland students, artists, and craftspeople.

## LOCAL AND LOVING IT

BWI works with Baltimore and Anne Arundel County service providers, retailers, and restaurateurs to source as many local products and brands as possible. Next time you are at the airport, stop by Du-Claw Brewery, Flying Dog Tap House, Obrycki's, The Greene Turtle, Silver Diner, Charm City Candy, or White House, Black Market.

## ↑ FUN FACT:

Did you know that BWI Marshall Airport has street pricing in all of their dining establishments? The airport doesn't allow premium pricing at any of their restaurants, something definitely not seen at other airports across the country. This makes the choice of grabbing a bite to eat at the airport before you get here much easier and more affordable.



## HELPFUL HINT:

There is a large window overlooking the airfield in this spot, which is quiet and peaceful above the hum of passenger foot traffic below. There are also outlets for charging devices. This is a beautiful spot to say good-byes, meditate, or chill out before a trip through security.

## TERMINAL A

“**Callinectes Douglassi**” is the world’s largest stained-glass *sculpture*, weighing in at about 500 pounds. Crafted by Jackie Letherbury Douglass of Shady Side, and commissioned by Anne Arundel County Economic Development, the art is located on the mezzanine level at the end of Terminal A, above Southwest Airlines ticketing.

## CONCOURSE C

A short corridor near the elevator going up to the Observation Deck is dedicated to **Judge Thurgood Marshall**, for whom the airport is named. A bust of the judge sits in the center of the dedicated space, where a recording of his speeches can be heard. On each side of the statue are photos of Judge Marshall, including his youth in Baltimore, his years at Howard University, and his ascent to the Supreme Court.



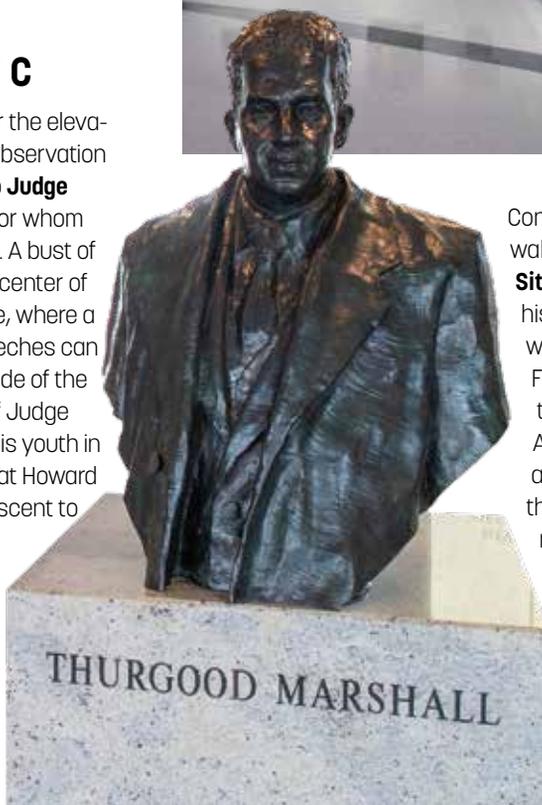
The **Arts Council of Anne Arundel County** exhibit provides a wonderful opportunity for local artists to showcase their talents to thousands of travelers. Exhibits rotate every four months, each with a new theme.

## CONCOURSE D

The **D Concourse Gallery** (moving walkway; post-security) artwork celebrates natural and intellectual resources, regional flavor, and the wonders of exploration and aviation.

The **International Gallery** (Concourse D, before security) features artwork from artists from diverse ethnicities. These pieces rotate every six months.

The **Maryland Art Education Association Youth Art Exhibit** (Observation Gallery; pre-security) showcases artwork from students (K–12) across the state of Maryland and is sponsored through a partnership with the Maryland Art Education Association (MAEA). Here, you might find art from students who study art through the Bates Middle School or Annapolis High School Visual Arts Magnet programs.



Concourse C also features a wall exhibit entitled “**On This Site,**” which showcases the historical use of the land where the airport is located. Featuring artifacts loaned to the airport from Anne Arrundell Historical Society and the Lost Towns Project, this gallery tells the story of native land use, colonization, industrialization, and farming that occurred in the area.



## MEDITATE BEFORE YOU LEVITATE

Did you know BWI Marshall Airport offers a meditation room? It is in a very public area, but remains in a relatively little-known and quiet corner of the airport. You can find this hidden gem in the hallway behind the Delta ticket counter on the side closest to the D/E Security Checkpoint. Access the room by calling BWI Landside Operations at 410-859-7736.



## ROOM RENTALS

BWI will rent space for corporate events, non-profit fundraisers, and private parties through their concessions contractor. Spaces like the Observation Deck are beautiful, interesting, and memorable locations for any get together.

## CONVENIENCES

### PLANES & TRAINS →

In 1980, BWI became the first airport in the United States to have a rail station on airport grounds. Today, the Light Rail train from Baltimore arrives right to the Departures terminal. Amtrak and regional MARC trains from Washington, D.C. arrive a short distance away. In October 2019, a \$4.7 million upgrade to the BWI Rail Station was unveiled. A bright and welcoming exterior, spacious waiting room, more seating, a concessions area, new ticketing booths, and bathrooms were included in the renovation. Parking is available at the rail station and a free, upgraded shuttle bus takes passengers to and from the airport every 10 minutes.



### MONEY, MONEY, MONEY

BWI has a close working relationship with Baltimore-based M&T Bank. A full-service bank is tucked under the stairs on the ticketing/arrivals level of the airport near Concourse A. Numerous ATM machines are located throughout all five terminals, both before and after security checkpoints.



### MAILED IT

The airport also hosts a full-service UPS mailing store with a stock of mailing and office supplies.

### AIRPORT SHERPA

Airport Sherpa is BWI's version of DoorDash—travelers can shop or dine anywhere in the airport and have it delivered at the gate or to another location via the Airport Sherpa app. Although the app charges for delivery, it also offers first time users coupons for free service.



### PET RELIEF

Like many airports around the country, BWI offers relief to our four-legged family members and service animals. Outside the hourly parking terminal, just across from Arrivals, is a small, clean, and gated pet relief park. Another relief station is located outside door number 19, near the international terminal and adjacent to the Light Rail station.

Inside, pets can access relief the beginning of Concourse C or in the connector between concourses D and E, just beyond the Concourse D/E security checkpoint.

### NURSING MOMS

BWI is especially sensitive to the needs of children and families. The airport has installed Mamava nursing pods for privacy and quiet in each of the five terminals. There are no restrictions on nursing throughout the terminal; however, many mothers find these clean, private units very convenient while traveling.

### KEEP IN TOUCH

If procrastination is your modus operandi, you won't find room for excuses at BWI. From multiple areas to charge your devices and free basic Wi-Fi available throughout the property BWI helps you stay plugged in. Most gates now offer a number of charging stations, as well as wall and seat plugs.

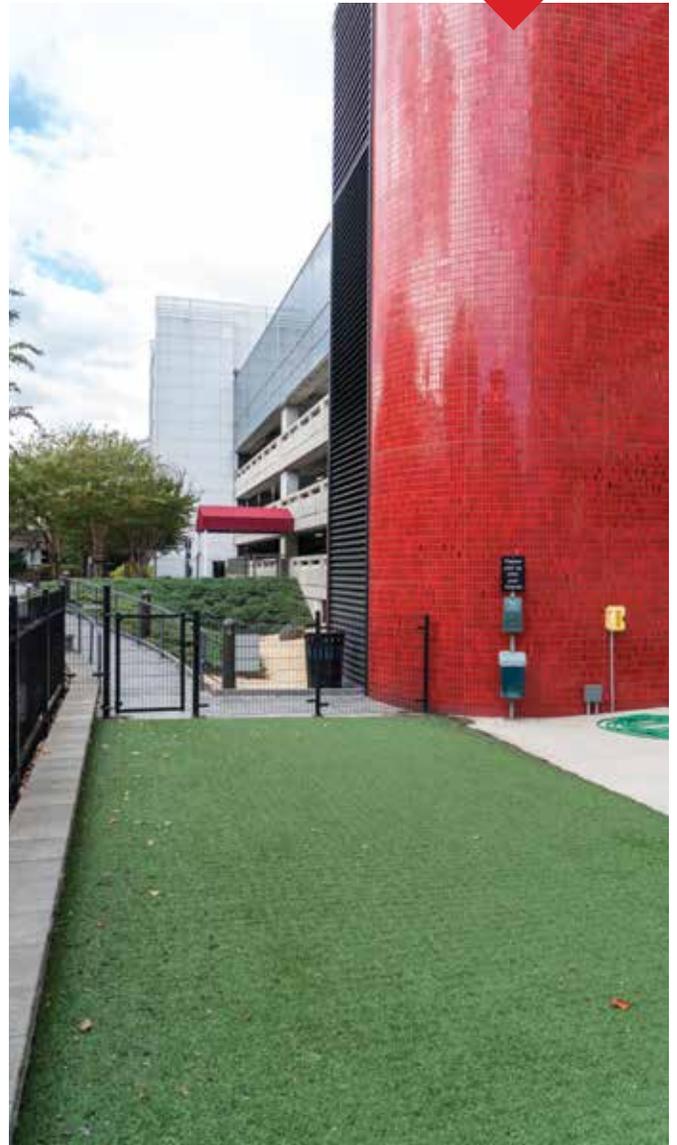


## PARKS? AT THE AIRPORT?

BWI offers several play areas for kids. The most unusual might be the outdoor playground located just off the runway at **Friendship Park**. Here, kids can walk on the BWI Trail, enjoy playground equipment, and watch planes land or take off on the nearby runway.

Inside, the **Observation Gallery**, located on a mezzanine level near the B/C security checkpoint, offers child friendly and aviation-themed play structures, a glimpse into a cockpit, comfortable rocking chairs, and views through huge, floor-to-ceiling picture windows to the gates and runway.

There is also a small playground in the D/E connector corridor.



## KEEP FIT?

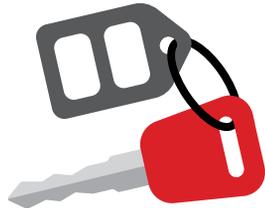
BWI sports a marked indoor cardio trail that consists of two different loops in the main terminal. Both are designated American Heart Association Walking Paths. Each loop takes approximately 20 minutes to walk.

The **Terminal Loop** is a 1K round-trip walk along the public side of the terminal's upper level (the area with white tile floor prior to security checkpoints). Start anywhere along the upper level of the terminal and walk to the end of Concourse A, circle back to the end of Concourse E, and return to your starting point.

The **Concourse A/B Loop** is a 1K round-trip walk inside the secured area of Concourse A and B. Start anywhere along either A or B Concourse. Walk to the end of Concourse A, circle back to the end of Concourse B, and return to your starting point.

Recently, the airport contracted with **Roam Fitness** to install a 1,175-square-foot, ADA accessible gym, located after the D/E security checkpoint.

Roam provides travelers with access to cardio equipment, stretching space, free weights, medicine balls, stability balls, a TRX system, and yoga props for a daily, monthly, or annual fee. Roam is available to travelers and airport employees.

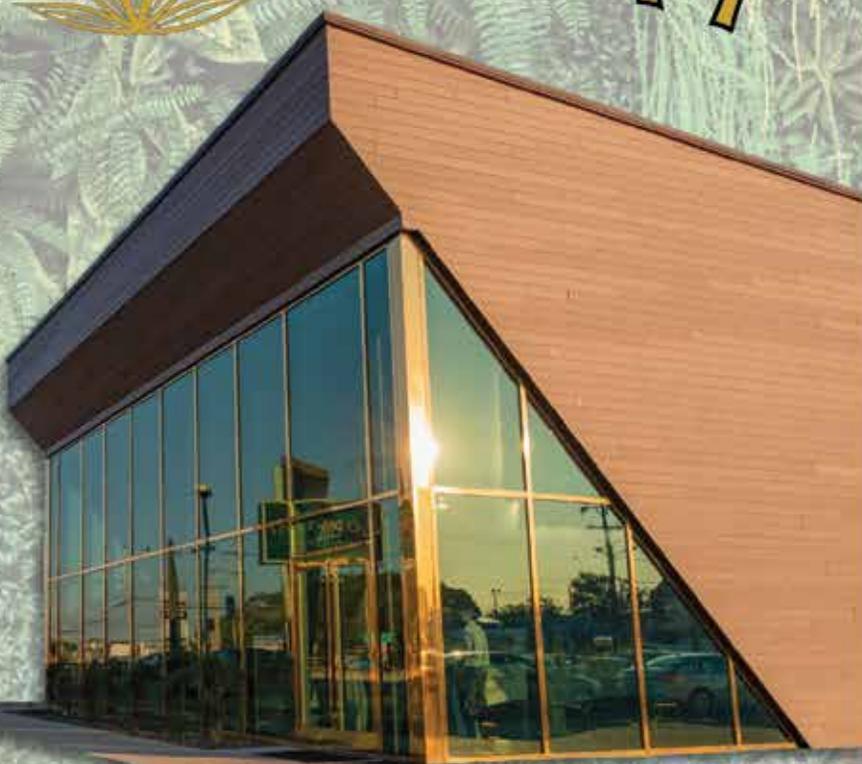


## VALET

**BWI opened valet parking, located on the fifth level of the hourly garage near Tower B. Valet parking, available at hourly and daily rates, includes:**

- Express valet entrance and exit lane
- Convenient and close parking to the terminal
- Complimentary bottled water and newspaper
- Complimentary electric vehicle charging
- Complimentary window cleaning and interior vacuuming
- Luggage assistance

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**(410) 267-3000 2029 West Street Annapolis, MD 21401**

# giftguide

1.



## BASKET OF BLISS

Face It! Spa and Wellness in Severna Park is here for all of your gifting needs. We carry high end beauty and skincare products for all genders, and have arranged holiday gift baskets for every age. We are also happy to craft custom baskets specialized to your loved ones.

### Face It! Spa and Wellness

790 Ritchie Highway  
Severna Park, MD  
410-777-9376  
www.faceitspaandwellness.com

2.



## GIVE THEM A GIFT THEY'LL NEVER FORGET!

Instant E-Certificates are available for a 1 hour experience discounted to \$19.99/tax for the upcoming holidays! Limited Time Only. Purchase your gift card in packages or single.

Visit [www.EscapeTimeMd.com](http://www.EscapeTimeMd.com) and enter Promo Code JOLLY19 through December 31st.

**Escape Time** | 410-544-1188

Severna Park                      Annapolis  
487 Ritchie Hwy                167A Jennifer Square  
Ste 102                              By Annapolis Mall

3.



## UNWRAP THE CROWLER

Give the gift of the area's finest craft beers in a 32oz Crowler paired with a gift card for sampling delicious libations served fresh and cold from 12 rotating taps at Fishpaws Marketplace. Need your order delivered? We've got you covered!

### Fishpaws Marketplace

954 Ritchie Hwy.  
Arnold, MD 21012  
410-647-7363  
www.fishpawsmarket.com



## 4. THE BERGEN SWEATER

Give the gift of classic, comfy, and can't live without. The Bergen sweater is full of texture and has a wide neckline for perfect for layering. Its simplicity allows for many outfit options!

Bergen Sweater \$50

### The Boutique at Body Wellness

153 Mitchells Chance Rd  
Edgewater, MD  
443-949-9206  
www.boutiqueatbw.com



5.



**SPICE UP YOUR HOLIDAY SEASON!**

Visit The Spice & Tea Exchange of Annapolis, the best shop in town for distinctive holiday gifts, handcrafted spice blends, global spices, exotic teas, naturally infused organic sugars and finishing salts, exclusive accessories and now signature candles that pair with our teas!

**The Spice & Tea Exchange**

155 Main St. | Annapolis, MD  
410-280-2088

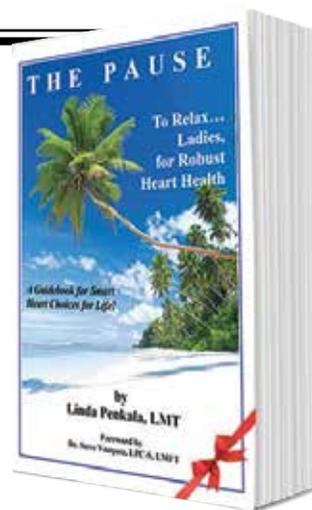
6. **THE PAUSE TO RELAX**

Give a gift of health to your lady friends and family members! Your caring gesture will impact their health for life, allowing them to feel your love and concern for their heart health!

Available on Amazon by E-book or paperback, and major bookstores.

**Linda Penkala, LMT**

301-802-7745  
lpenkala96@gmail.com



7.



**GET CRAFTY**

Give the gift of the area's finest craft beers in a 64oz Growler paired with a gift card for sampling delicious libations served fresh and cold from 12 rotating taps at Fishpaws Marketplace. Need your order delivered? We've got you covered!

**Fishpaws Marketplace**

954 Ritchie Hwy.  
Arnold, MD 21012  
410-647-7363  
www.fishpawsmarket.com

8.



**BLANCA FLOR SILVER JEWELRY**

A different take on classic silver beads. Make a statement this holiday season with beautiful sterling silver jewelry from Blanca Flor.

Blanca Flor Silver Jewelry  
Downtown Annapolis  
34 Market Space  
Annapolis, MD 21401  
(410) 268-7666

www.BlancaFlorSilverJewelry.com  
Instagram: @BlancaFlorSilver

9.

**HISTORICAL MAP GIFTS**

Visit Wimsey Cove for a HUGE inventory of historical maps, which also includes maps on mugs, mousepads, coasters, trays, placemats, puzzles, and many more gift ideas. Specializing in conservation framing maps and nautical charts.

**Wimsey Cove Maps and Art**

209 Chinquapin Round Rd.  
Suite 101, Annapolis, MD  
410-956-7278  
www.marylandframing.com



## 10. HOLIDAY CAKE POPS

Sweeten your holidays with the gift of Lisa's Cakepops' custom cake pops for all occasions and corporate gifting!

In store pick up and national shipping options available.

### Lisa's Cakepops

836 Ritchie Hwy #16  
Severna Park, MD  
443-346-3336  
www.liscakepops.com



## 11.



### PRINCESS FLOWER

Roberto Coin 18k Yellow Gold  
Small Princess Flower Pendant with Diamonds

Inspired by the sinuous flow of postmodern architecture, this collection represents the material shape of the most romantic side of a woman's imagination.

### Little Treasury Jewelers

2506 New Market Lane  
Gambrills, MD 21054  
410-721-7100  
www.littletreasury.com

## 12. VESPA ELETTRICA

The perfect gift for the environmentally conscious; a stylish scooter that not only eliminates harmful emissions but is totally silent, whether in eco-power saving mode or when using the motor to its full potential. Contact Chesapeake Cycles today for more information on the stunning Vespa Elettrica.

### Chesapeake Cycles

104 Defense Hwy.  
Annapolis, MD  
410-266-0015  
www.chesapeakecycles.com



## 13.



### THE MELTING POT GIFT CARD

A gift card to The Melting Pot is a gift of the ultimate date night to the couple that deserves it, a reason to catch up with old friends, or much needed quality time with family. Dip into something different at The Melting Pot.

### The Melting Pot

2348 Solomons Island Rd  
Annapolis, MD  
410-266-8004  
www.meltingpot.com/annapolis-md

## 14. HISTORICAL MAP GIFTS

Visit Wimsey Cove for a HUGE inventory of historical maps, which also includes maps on mugs, mousepads, coasters, trays, placemats, puzzles, and many more gift ideas.

### Wimsey Cove Maps and Art

209 Chinquapin Round Rd.  
Suite 101, Annapolis, MD 21401  
410-956-7278  
www.marylandframing.com



## 15.



### MISSION ESCAPE ROOMS GIFT VOUCHER

Give the gift of an experience — an immersive escape room adventure at Mission Escape Rooms! Use promo code GIFTAN10 for 10% off your purchase! Redeemable at three locations.

#### Mission Escape Rooms

Annapolis 40 West Street Annapolis, MD 21401 410-263-3333	Wagh Chapel 1405 S. Main Chapel Way Suite 105 Gambrells, MD 21054 410-721-6666	Arundel Mills 7000 Arundel Mills Circle Suite 200 Hanover, MD 21076 410-553-4850
--	--	--

www.missionescaperooms.com

## 16. FISHPAWS OWN SINGLE BARREL WHISKIES

What is a single barrel bourbon? A Single Barrel Bourbon is a rare find, actually, because it - and it alone - contains all the qualities we seek in that particular product. It's a one of a kind!

Especially picked by Fishpaws Spirit Experts! Need your order delivered? We've got you covered!

### Fishpaws Marketplace

954 Ritchie Hwy.  
Arnold, MD 21012  
410-647-7363  
www.fishpawsmarket.com



## 17.



### DECK THE HALLS

Deck the halls with festive holiday arrangements and centerpieces from What's Up? Annapolis' thirteen-time Best Florist, The Gateway Florist.

Visit gatewayflorist.us or call 410-263-8141 to make your holiday merry and bright!

### The Gateway Florist

914 Bay Ridge Road  
Annapolis, MD  
410-263-8141  
www.thegatewayflorist.com

► The Annapolis Arts Alliance Holiday Art Pop Up at Annapolis Towne Center, now thru December 24th 10am -6pm. Unique art gifts of 30 Annapolis Art Alliance artists, here is a sample of what is there:



### DECORATIVE & FUNCTIONAL ART PIECES

“Ominous Clouds O’er Thomas Point Lighthouse” Tile trivet, \$35 by Dale Hall Photo Artistry

Carly’s Angels, \$15 by Carly Piel

The blue coil pot is named Ocean Blue Coils, \$95 by Barbara Fuechsel



### COLOR FOR THE KITCHEN

Ceramic oil bottle, \$40 by Morgan Angus

“Butterfly Teapot”, Original Watercolor, \$65, by Kathy Strouss

“Stripes” nightlight, \$25 by Tina Van Pelt



### GET YOUR GROOVE ON

“Electric” Art Boot, available in men’s & women’s sizes. Available in multiple prints, \$100/pair by Jen Sterling.

“Fuchsia - Nuno Felted Neck-warmer”, made of Merino Wool and Silk, (Asymmetrical), \$70.00 by Joanne Graham

“Poinsettia”, Original watercolor, \$75 by Barbara Burns



### CHESAPEAKE INSPIRED

Pewter Crab Necklace, (Pewter Pendant on Ribbon Cord), \$25 by Sonja Holleman

“At the Mark” USNA racing fleet, matted, \$25 by Frank Brennan

Fused glass pendant/earrings with sterling silver wrap, \$90 by Sherilyne Dougherty



### BUNDLE UP & SAIL AWAY

“Blue Daze”, Medium, \$40 by Terry Bydume

“Sail Away”, mixed media, \$65 by Julie Heath

“Chesapeake Sails”, \$25 by Denise Mitchell

# Midnight Madness

December  
5<sup>th</sup> + 12<sup>th</sup>

HISTORIC DOWNTOWN ANNAPOLIS COMES TO LIFE WITH LIVE MUSIC AND ENTERTAINMENT ON THE SIDEWALKS AND STREET CORNERS FROM WEST STREET TO CITY DOCK, MAIN STREET TO MARYLAND AVE, AND ALL 3 CIRCLES. STARTING AT 6PM, SIP SOME COCO WITH THE POPO, SANTA AND ELFIE WILL BE THERE TOO!

## Eleventh Hour

STORES OPEN UNTIL 11<sup>PM</sup>  
THURSDAY, DECEMBER 19<sup>th</sup>

## Midnight Madness

STORES OPEN UNTIL MIDNIGHT  
THURSDAY, DEC. 5<sup>th</sup> & 12<sup>th</sup>

## Lights Parade

SATURDAY, DECEMBER 14<sup>th</sup>

## Military Bowl

FRIDAY, DECEMBER 27<sup>th</sup>



**DOWNTOWN  
ANNAPOLIS  
PARTNERSHIP**

For full event details visit  
[DOWNTOWNANNAPOLISPARTNERSHIP.ORG](http://DOWNTOWNANNAPOLISPARTNERSHIP.ORG)



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of ANNAPOLIS**



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*Maryland's most*

DANGER

RODA

# DANGEROUS ROADS



Putting our lives in the hands of strangers is a prospect we don't often take lightly. But we do it every time we get behind the wheel. Here's how our state and counties are mitigating accident-prone roadways.

"Drive defensively" and "Watch out for the other guy" are just as relevant today as they were on television public service ads that began airing as a sort of novel approach to highway survival decades ago.

Those catchy phrases might be even more foreboding now, in the 21st century. As serious traffic accidents and residual backups have become commonplace, the defensive driver must be increasingly on the lookout for "offensive" ones—those who seem brazenly in hot pursuit of saving a few minutes' drive time by taking risky chances, or the rising occurrence of substance abusers who insist on driving while impaired.

In June of last year, a website called [bestlifeonline](#) identified the 30 most dangerous roads in America, and the one in Maryland came in at number 30: Interstate 97—with 0.79 fatalities per mile on a stretch 17.62 miles long. According to 24/7 Wall Street, which listed the 2016 motor vehicle death rates in each state, Maryland ranked 43rd. Even though that statistic may be misleading because of this state's relatively small size, what's so bad about being 43rd out of 50?

BY FREDERICK  
SCHULTZ. PHOTOS  
COURTESY OFFICE  
OF THE MARYLAND  
GOVERNOR.



## GOING THE WRONG WAY—STILL

“What’s so bad” are wrong-way crashes on major highways, which rarely, if ever, end well. And it’s just recently happened again in Central Maryland. The difference this time was that it wasn’t on the roads that already were the scenes of a previous spate of horrendous wrong-way accidents.

According to various news reports from Baltimore and Annapolis, at around 2 a.m. on February 16, the driver of a Ford pickup truck traveling westbound in the eastbound lanes of Route 32 near Route 198 slammed head-on into an oncoming Toyota Camry and killed its driver, Raymond McCarter Jr., of Bowie, who was pronounced dead at the scene. McCarter was married and the father of two young children.

The driver of the pickup, Glen Burnie resident Christopher Thomas, was not injured in the crash and has been charged with two counts of vehicular manslaughter, two counts of driving under the influence, and one count of driving while impaired. It has become an all-too-familiar and tragic story, and one with no *real* solution, to date.

Over a span of 18 months through September of last year, six people lost their lives in head-on crashes involving motorists driving the wrong way on Route 50 and I-97, a statistic that has state highway officials trying to figure out why and how people get on limited-access roads going the wrong way into highways and how to prevent it.



## THE SHA “SOLUTION”

During a presentation on November 14 last year held at Magothy Middle School in Arnold—not far from the scenes of the Route 50 crashes—Kim Trang, deputy engineer for the State Highway Administration (SHA) Fifth District, which includes Annapolis, identified three major factors in the six wrong-way fatalities: alcohol at least playing a partial role in 67 percent (four of the six) “of these kinds of crashes;” the age of the drivers (four of the six from 19–25); and the time of day the accidents occurred (five of the six between 12:30 and 4:30 a.m.). The presentation also noted that four of the six were female, but did not elaborate on how gender might have had any effect on the crashes’ outcomes.

The SHA brief, which is accessible online, presents these statistics and features photographs of what the administration has done to enhance warnings to motorists entering these busy highways. Especially highlighted are additional “Wrong Way” and “Do Not Enter” signs, specifically in daylight and nighttime

photos at the intersections of Jennifer Road in Annapolis and Busch’s Frontage and Whitehall roads in Arnold. What the SHA PowerPoint presentation fails to address, however, is the possibility that the real culprit could be the roads themselves and that other warning options could be available.

## SHORE-BOUND CRASHES

Another byway that’s seen its share of fatal crashes is Maryland Route 404. The road gets less attention than the highways that merge around Annapolis, in all probability because of its mainly rural character. The two-way 404 was once considered to be a secondary route east to the ocean beaches of Maryland and Delaware, but it’s not called “Shore Road” by locals for nothing. The volume, especially at the beginning and the end of summer weeks, rivals—if not equals—the traffic on Route 50, the more modern of the two highway routes. In fact, as of July 2017 estimates, 23,000 vehicles travel 404 every day.

In 2015, Governor Larry Hogan announced \$1.97 billion of funding for highway and bridge construction throughout the state; he listed the Route 404 widening project from U.S. 50 to the Denton Bypass as a top priority. The route was expanded from a two-lane road to a four-lane divided highway along the 11.3-mile corridor that spans Queen Anne, Talbot, and Caroline counties. On November 20, 2017, local dignitaries joined Governor Larry Hogan for a ribbon cutting ceremony to celebrate the long-awaited improvement.



trees overlooked by a flag rustling in the breeze. A foot are four-by-eight-inch bricks, each with the name of a person who died in an accident on the highway, that were sold for two years at \$100 per brick.

The Route 404 Memorial Garden's Facebook page highlights a quotation from clergyman/philosopher Douglas Horton, who died in 1968, long before large volumes of traffic filled the nation's byways, and prior to the realization that impaired driving would be a major factor in automobile crashes. Nonetheless, the caretakers of the Memorial Garden thought Rev. Horton's cautionary quote to be especially appropriate: "Drive slow and enjoy the scenery—drive fast and join the scenery."

## HOW PROBLEM ROADWAYS GET STATE ATTENTION

In a statement to What's Up? Media, Charlie Gischlar, spokesman for the Maryland Department of Transportation State Highway Administration (MDOT SHA), emphasizes that the state works "in consultation with its county partners [which] identify capital project needs in their comprehensive planning documents," he told us. From those, "counties rank their transportation project priorities" in letters submitted to the department.

Subsequently, before the end of each year, department leaders visit every county in the state and talk with "local officials and stakeholders about each county's needs." All this information combined helps the department "match those priorities with available state resources."

The recent addition of one lane over the Severn River Bridge on Route 50 and the expansion of the Route 404 stretch from the split at Route 50 to Denton, Gischlar points out, are "two projects made possible thanks to Governor [Larry] Hogan's unprecedented \$1.97 billion in transportation funding announced in June 2015."

Shore Road, however, has just recently undergone the last phase of a multimillion-dollar facelift, expanding an 11.3-mile stretch of the highway from Denton to the Route 50 interchange from two opposing lanes to two each way, divided by grass medians. According to the highway administration, this move was designed to help accommodate any hurricane-evacuation plan, but also to alleviate beach-traffic congestion that's been blamed for 402 crashes with a total of 12 fatalities between 2005 and 2014.

Not often does one see a memorial erected to commemorate the combined lives of victims who died in traffic accidents on a particular highway. But that's what happened in 2011 on a patch of land on Orly Road that borders Route 404. Today, motorists so inclined can stop at a circular stone walkway with three benches and specially planted



Governor Larry Hogan and local dignitaries held the ribbon cutting and announced the official opening of the Route 50/Severn River Bridge lane widening on April 30, 2018, intended to alleviate congestion along one of the most heavily trafficked sections of the highway.



TO

WEST

MARYLAND

404



Adding a fourth lane on the eastbound Severn River Bridge, Gischlar says, was meant “to address daily recurring congestion and remove a bottleneck at the east end of the bridge.” He calls this “a great example of practical design solutions at work.” Noting that the stretch is “along one of the busiest corridors in the state of Maryland,” he adds that previous efforts to ease eastbound traffic congestion “ranged in cost up to hundreds of millions of dollars for replacement and would take multiple years to complete.”

Instead, the MDOT SHA “developed a solution within the footprint of the bridge by reconstructing the median area of the deck surface and the barrier between westbound and eastbound traffic, as well as shifting it north. After adding additional bracing to the support’s underneath, crews restriped the surface, creating four eastbound lanes and three westbound lanes.”

The 404 project, Gischler notes, “was a safety project that also relieved congestion. Each project was a model for success in planning, design, and construction and are fully operational for hundreds of thousands of daily highway users.” He added that the separated stretch of the roadway “opened to traffic a year and a half early in November 2017...The widened roadway improves safety and operations and reduces traffic congestion caused by high seasonal peaks in the summer. Construction began in summer 2016 with an expedited design-build contract and innovative partnership with industry partners.”

## MOVE ANNE ARUNDEL!

To gain perspective on how Anne Arundel County approaches highway safety, we spoke to Ramond A. Robinson, director of its Transportation Commission.



Mr. Robinson was especially eager to share, exclusively to us, the preliminary components of the county's new as-yet-not-formalized transportation master plan, *Move Anne Arundel!*

According to the report, the county ranks fifth in the state in the number of motor-vehicle crashes, as well as those involving bicyclists and pedestrians; more than 30 traffic accidents in the county are reported, on average, every day. "More concerning," the plan emphasizes, "is the high incidence of serious injuries and fatalities in Anne Arundel. Between 2013 and 2017, an average of eight motorists, bicycles, and pedestrians have died on roads in Anne Arundel County." The report identifies 10 "highly concentrated areas" for such crashes, detailed in the map accompanying this story.

The commission's infrastructure relationship with the state is partly the product of its input into the develop-

ment of the county's annual Priority Letter to MDOT. Commission spokesman Brian Ulrich explained, "The county and the state share information and participate in each other's planning documents and construction projects as well...The state provides a considerable amount of funding for county infrastructure improvements through grants for biped, transit, etc. Likewise, the county spends money on improving state roadway infrastructure, and the county and the state both operate signals on each other's rights-of-way and coordinate our individually provided transit services."

The partnership sounds a bit complicated and not particularly clear-cut, in that "while we usually each maintain our own infrastructure, we often share information and coordinate repair efforts," Ulrich stated. But he assured us that "neither of our systems would work as well without the other's partnership."

County road enhancements are done by the Department of Public Works "during routine maintenance efforts," major projects are addressed "by the county's Capital Improvement Program and the budget process," and operational safety improvements on county roadways "are handled by the Department of Public Works, primarily through the Traffic Engineering Division," Ulrich delineated. What are deemed "major improvements" are addressed primarily by way of the aforementioned Priority Letter to the state.

According to Ulrich, "priorities are made by each contributing department, and then a subcommittee reviews the proposal and makes recommendations, which are then reviewed by the administration." Those priorities are then addressed by a "draft Capital Improvement Program," which passes through a Planning Board and the general public "for comment and review" before going to a County Council vote. "The development of the operating budget," Ulrich asserts, "follows a similar, but slightly different, process."

## A "SMART" APPROACH?



An article by phys.org posted in October last year details "innovative traffic research" conducted by Florida State University, "incorporating a fascinating mix of engineering and psychology" that is already "being deployed to save lives by targeting a deadly problem: wrong-way driving crashes." According to the National Highway Traffic Safety Administration, such accidents kill approximately 350 people a year and injure thousands.

What Dr. Walter R. "Wally" Boot, an associate professor of psychology at Florida State University and director of the university's "Attention and Training Lab," has identified in his research is "smarter signs and pavement markers equipped with advanced technology that can improve safety." The "smartness" comes in the form of "radar-triggered road alerts to determine which worked best," Boot says. "The evidence we collected suggested these detection-triggered countermeasures will be more effective than traditional wrong-way countermeasures."

Boot has been working on this project since 2014, when the Florida State Department of Transportation contracted him to collect evidence after a series of wrong-way accidents in the Tampa Bay area. An expert on cognition and perception and author of the book, *Video Games as Tools to Achieve Insight into Cognitive Processes*, Dr. Boot had had an epiphany of sorts. We caught up with him recently to talk about his potentially game-changing efforts to reverse, or at least deter, the increasing incidence of wrong-way crashes on busy divided highways.

## "HUMAN FACTORS"

"My expertise is in human factors, or evaluating how humans and complex systems interact," Boot says. He employed that discipline in evaluating "how systems, including roadways, might be better designed to match the abilities of system users." This

led to his interest in wrong-way crashes. “Our research has found that additional cues, [including] extra markings at and around exit ramps and dynamic radar-triggered signs up the exit ramp, can help drivers make better decisions.”

The two ultimate goals of Boot’s team were “to first prevent a driver from mistaking an exit ramp for an entrance ramp, causing them to be placed onto the highway going the wrong way, and second, if this mistake is made, to help drivers know to retreat so they never get past the exit ramp onto the highway.”

Boot’s team has conducted driving-simulator studies and found that “these cues make a difference.” Foremost, wrong-way entrances are reduced. But also, Boot emphasizes, “in our data, we see that even when a wrong-way entrance is avoided, participants in our studies are less confused about where to go.” For example, he



At a ribbon-cutting on November 20, 2017 for the redesigned section of Route 404, Maryland Governor Larry Hogan embraces Marie Freeman, whose 10-month old daughter, Brianna, was killed in a car crash on the road in 2000.



points out, “they drive past the exit ramp faster, indicating more certainty that it is not an appropriate location to get onto the highway.” The bottom line in this and other driving-simulator studies, Boot and his team has found, “dynamic radar-triggered signs on the exit ramp can effectively capture attention and stop drivers.”

How do these “dynamic signs” work? Boot explains that “they are often radar-triggered. When they sense a vehicle approaching in a manner indicating wrong-way driving, they activate and flash. These can be, for example, ‘Wrong Way’ signs that have red LED [lights] that flash around the sign border when triggered. For cars going in the correct direction, they don’t activate,” thus not distracting “drivers doing the correct thing.”

After a number of wrong-way crashes in Florida, that state’s Department of Transportation invested a great deal into how to address the problem. “In many ways,” Booth acknowledges, “Florida has become a leader on this issue, and the hope is that whatever effective countermeasures are discovered here can be adopted throughout the United States.”

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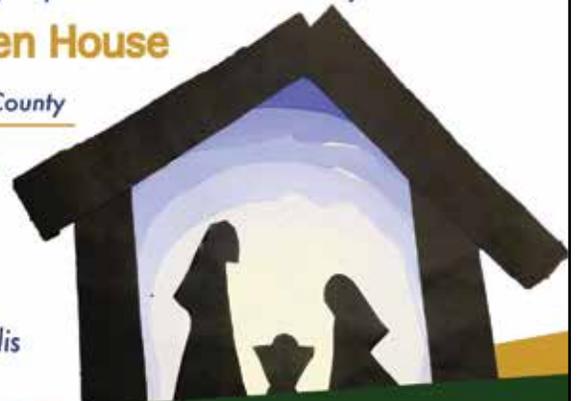
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# FOR THE *Love* OF IT

THE COLONIAL PLAYERS ARE GOING STRONG AT 71.

BY GARY JOBSON. PHOTOGRAPHY COURTESY COLONIAL PLAYERS

As you walk from the lobby into the 180-seat Colonial Players Theater on East Street in the heart of downtown Annapolis, there is a sense of great anticipation that something very cool is about to take place. The set on the stage is surrounded by three rows of seats and features randomly placed tables, doors, couches, chairs, desks, lamps, and often odd objects hanging from the ceiling. Subtle music playing in the background adds to the intrigue. This has been the scene since the theater company's first production in 1949. Now in its 71st year, The Colonial Players is thriving with an eclectic roster of productions every season. At just \$20, the tickets are inexpensive and the live shows are always first rate. Impressively, the entire cast and back stage support group is 100 percent volunteer driven. About 300 members pay \$10 in annual dues. The largest donation accepted is \$200 and yet eight shows are presented every season, which runs from September through the following June. Most plays have a 16-show performance run over a three-week period. Shows take place on Thursday, Friday, and Saturday evenings along with a Sunday matinee. The Colonial Players is an important local gem that entertains and provokes thought. Their motto says it all, "For the Love of It."

Shirley Panek is the current president of the 10-member Board of Directors. Prior to being elected as President she served as the Human Resources director. Just before the current season started, she spent time explaining the mission and operation that included a "behind the curtain" tour of the facility. She described the organization as a, "Big family, that cares about each other." In fact, Panek volunteered that she met her husband, Jeff Mocho, on the stage of the Colonial Players. She added, "There are several love matches that happened here." A few nights earlier, we attended the annual pre-season party for all the volunteers and cast members. The word "family" is a good definition of the group. Almost everyone we spoke to went out of their way to mention the director of a production. For most of us in the audience, we might read a few paragraphs about the director and the production staff, but it's the actors that always get the most attention.



Getting the green light to join a cast is no small feat. Panek took her time telling us about the process, “The director will hold several auditions. No one is ever pre-cast. The director has the final say. Auditions take place six to eight weeks before the opening night.” That does not seem like a very long time for rehearsals and preparation. It’s a marvel how actors can memorize so many lines and remember where to stand or walk during a show. Panek explained they rehearse three or four times per week. She adds, “We do a lot of blocking so everyone knows their lines, and where they are supposed to be. To memorize the lines, it helps to focus on specific words or phrases. I like to find a thread.” We asked if any actors miss their cues or forget their lines. She told me, “It happens and they will cover for each other by picking up a line, or asking a question. The audience never really knows, unless they come see a play for

a second time.” But she adds, “It is important that everyone knows the script really well.”

There are a wide range of actors who are cast. The Colonial Players tries to include productions that appeal to younger people, as well as the mature audiences that we usually see at the plays. Panek said they attract about 20,000 people each season and that the theater is usually about 90 percent full. This indicates that The Colonial Players has a loyal following. My wife and I have enjoyed many shows over the 42 years we have lived in Annapolis.

There are countless, dedicated volunteers that play a role including the producer, stage manager, lighting and set designers, music engineer (if necessary), choreographer, stage crew, marketing manager, box office workers, carpenters, and other assistants. When asked how plays are selected Panek says there is a long



process. They look for shows that are new to The Colonial Players. A “rights fee” must be paid for the show and music. The entire budget for a year is about \$245,000. “Musicals tend to have higher ‘rights fees’ as do some of the more popular shows,” Panek says. “A few shows are difficult to get if they are playing at another theater in the region. Usually, a professional theater will take precedence over a community theater.” Panek said she prefers to call it a “non-professional” theater and not a “community” theater.

The unique shape of the theater presents special challenges. It’s often described

as a “Theater in the Round,” but Panek suggests that it’s a “Theater in a Rectangle.” With only three rows of seating, everyone in the audience is close to the action. Panek says the actors were well aware of an audience’s response, “In the back we have a television monitor to watch the audience to see how they are reacting to a performance. We love the intimacy. It’s a small venue but you get real energy from the audience. The actors are at one with the audience.” I had to smile because I like to sit in the front row and, often, we have an actor performing a few feet away. It feels like the play is taking place in your own living room.

The dressing rooms and carpentry shop are well-organized and modern. While the building was constructed from an old car repair shop in 1955, the lighting and sound equipment uses modern technology. All the scenery and costumes are housed in a building in an industrial center on General’s Highway. Rehearsals often take place at the ancillary building. The space on East Street is limited in size, and yet it is a miracle that such a nifty theater exists within walking distance from any downtown location.

The Colonial Players selects plays that examine life, and humanity. Some are funny and others are dark. Many plays make you think about the time period in which the plays were set and how they relate to our modern-day world. In the organization’s promotional materials, they describe the current season as follows, “Join us through trips to the absurd, the sobering, the riotously funny, and well... freaky.” That description alone is reason to purchase a season of tickets. The shows this

season have some intriguing titles including: “The White Rose,” “Arsenic and Old Lace,” “The Best Christmas Pageant Ever,” “The Children,” “Book of Days,” “Freaky Friday,” and “The Revolutionist.” If any salty language or risqué scenes are included, theater goers are warned in advance. Based on my experience, however, it is in good fun.

Shirley Panek proudly spoke about a number of awards The Colonial Players has received over the years. Two of the more prominent recognitions



have come from the Ruby Griffith Awards and the Washington Area Theater Community Honors (WATCH). The Colonial Players has received more than 20 Ruby Awards and has been nominated for dozens of WATCH awards over the years. The Colonial Players has a clear mission to educate and encourage all members of our community to participate in the dramatic arts. Quality is a fundamental value of the organization. If you have never been to a Colonial Players production, I recommend giving it a try. If you do, I am confident you will return frequently. In our fast-paced, technologically-driven world it is refreshing to watch passionate actors giving it their all for those of in the audience to enjoy.

After a few minutes of sitting in our seats while waiting for the show to begin, and having read the play’s synopsis and the biographies of the characters, an authoritative voice makes a few announcements, and then the lights go dark. A few moments later the stage lights up and the actors take you for a joyous ride of make-believe.



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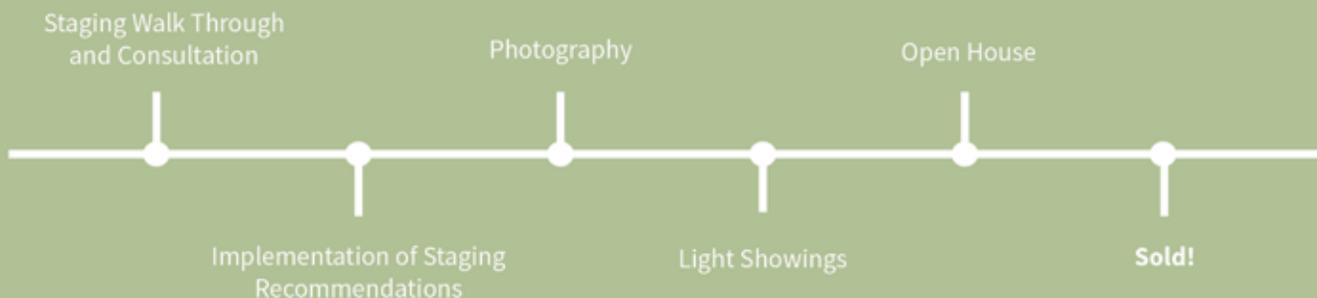
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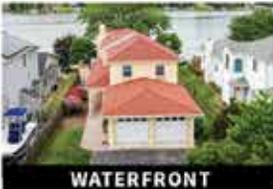
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# Stately Views

SITUATED ACROSS THE STREET FROM MARYLAND'S STATE HOUSE, THIS HISTORIC PROPERTY IS AN AMENITY-FILLED MASTERPIECE

By Diana Love | Photography courtesy Michelle Sheiko



This recently renovated luxury and apartment space is notable for its role in anchoring the corner of State Circle and East Street, and especially for the many businesses that have occupied its beautifully constructed spaces.

Historic records note that the architecture, materials used, and engineering of the building showcase exceptional period craftsmanship, skill, and expertise. A 1995 survey

of the site states “the property showcases distinctive characteristics and methods of construction that represent the work of a master, or possesses high artistic values, or represents a significant and distinguishable entity.”

When it was built around 1833–1834, the building’s plans clearly intended to make best use of location and view. The original façade faced State Circle, while the side elevation extended along





The chain of title for the property begins with a survey of the land in 1718 for Robert Bickerdike. Ownership transfer occurred regularly through the next two centuries. From 1720–1727 the property was included in deeds associated with the home of the Honorable Charles Calvert, governor of Maryland from 1720 to 1727. In 1883, the *Maryland Gazette*, one of

East Street. The north elevation was flush, at the rear additions, with its neighbor at 54 State Circle. These features remain intact almost two centuries later. Double-hung, custom-paned glass windows look out over the majestic capitol dome and across gently rolling lawns where America's greatest statesmen and politicians have reflected on the future of our country and the fate of Maryland's lands and citizens. Few properties in Annapolis maximize this sense of place better than 50 State Circle.

While the exterior of the building remains intact, the modernized landmark that we see today is most likely the second or third building constructed on the lot and has had several iterations over the years. It was originally sited on a large tract of land that housed the colonial mansions, resplendent gardens and bountiful potagers of Annapolis' earliest entrepreneurs, farmers, and landed gentry.





This property was purchased by MRE Properties, a real estate firm based in West Annapolis. “We saw opportunity in this building the first time we walked through it,” says EJ Rumpke, Principal with MRE. EJ and MRE’s architect, Hammond Wilson Architects, set to work with builder to configure a way to modernize the four levels while preserving the building’s unique history. “MRE is

the oldest newspapers in America, was published from the second floor. Maryland Historic Trust records and photographs show that in 1889 owner James Potter operated Central Drug Store on the first floor. Before its most recent purchase, the building housed a popular floral shop.

Constructed as a two-and-a-half story brick structure—the brick was laid in a five course American bond—the building’s exterior featured a front gable, stepped parapet fronting on State Circle over a central passage entry door, and a corner entrance. On the inside, the original basement had a stone floor, with brick and stone walls. Exposed crossbeams mark the basement space, which also features a quarter-turn flight of stairs in a corner. The second floor featured similarly exposed rafters, original window trim similar to the trim on the first story, and a straight flight of stairs leading to the third floor.

Between the years 1913 and 1921, renovation added a mansard roof. Future additions used weatherboard, and on the southern elevation, stucco. Original construction and renovations kept the 6/6 paned glass windows that even today feature a plain surround and modest sills and the large corbel capped brick chimney built on the interior of the north corner.

The simplicity of the materials and design, both in the 1800s and today, serve to give a sense of time and place, as well as authority to this property: it has stood the test of time, has viewed history both in the making and at work. This solid patriarch of the block as has survived the tempest of modernization around it. According to Maryland Historic Trust, the structure provides a good illustration of the growth of Annapolis from its 18th century origins of large and prominent estates to the more densely developed, commercial and residential mix we see today.





committed to reinvesting in Annapolis. This building was very special due to the nature of the original construction and renovations, as well as to its history,” Rumpke says.

Today, after centuries of construction, reconstruction, repairs, and renovation, 50 State Circle houses a three bedroom, three bath luxury apartment with separate entrances on the second and third floors, as well as commercial office space on the first floor and in the basement. Both spaces have committed tenants.

The interior of the building was gutted and completely restored in 2018, transforming each level into modernized, open spaces. Original flooring,

including the hardwood floors on above ground levels, wood burning fireplaces, high ceilings with exposed beams, and original brickwork have been left intact. In the apartment level, a contemporary kitchen with a six-burner stainless steel range, granite counters, on-trend lighting fixtures, and a large center island topped with beautifully grained wood were installed. The farmhouse sink overlooks the State House, with views to the treetops all the way to the Governor’s mansion. Bathrooms feature marble and tile.

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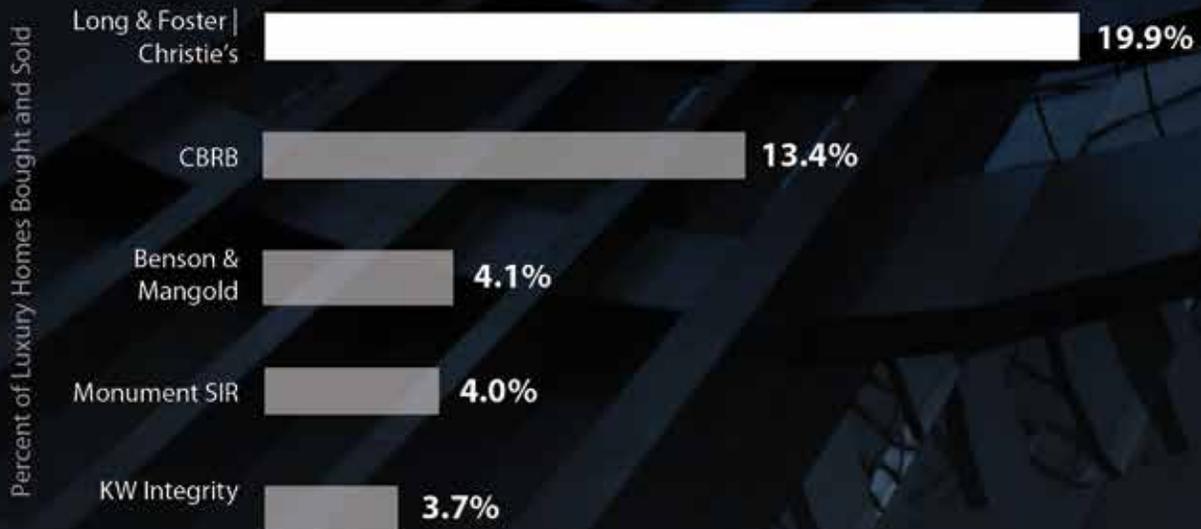


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GARDEN DESIGN

# Another Look at Tools:

SPRING WILL BE HERE BEFORE WE KNOW IT

By Janice F. Booth

Somewhere, lurking in that dark corner in the garage, or behind the boxes of swim fins and badminton equipment, or in that plastic storage box by the driveway, your garden tools are languishing. They still bear the evidence of spring's efforts and summer's delights. The clods of dark, loamy soil from the flowerbed clinging to the trowel, the straw-like weed stuck to the garden fork. Maybe you'll even find an over-looked packet of marigold seeds that never got planted. Oh, well, winter's here now; the garden tools can wait till spring.

But wait! You may want to think again before turning the page to that article on the new lipstick colors for the holiday parties, or those pictures of the beautiful homes for sale. Perhaps you want to give another thought to those garden tools—even in December.

If you've got tools, they need occasional maintenance to keep them useful and handy. Additionally, maybe there is a tool or two you'd like to add to your collection. Would some tasks have been easier if you'd had a new or better tool? Which leads me to the gift of tools; perhaps you share an interest in gardening with friends. There may be some unique or handy tool that would make great gifts for fellow gardeners.

So, let's start with the chores: Are you are a serious, dig-in gardener, or, like me, do you prefer to save your back and leave the hard tasks to professionals? In either case, you have a few or many favorite tools that you rely on. Maybe it's a favorite pair of garden shears, or a wide-tonged rake, or those comfy garden clogs or boots. After the growing season, I tend to finish that last garden task and then toss my trowel into the garden bucket. Done!

**WELL, MAYBE THAT'S NOT SUCH A GOOD IDEA FOR THE LONG DORMANT PERIOD AHEAD. HERE ARE A FEW EASY TRICKS THAT WILL PROTECT YOUR TOOLS FOR THE ARRIVAL OF SPRING TASKS.**

**1 A Drop In the Bucket:** First, fill a galvanized or rubber bucket with coarse "builder's" sand. Into the sand, pour a quart of motor oil or vegetable oil. Now, here's the trick. Push your hedge clippers, shears, trowel, shovel, and any other sharp, metal tool down into the greasy sand. Push them up to the handle, if you can. Plunge the blades up and down a few times, then leave them there. The sand will scrub off the dirt and any rust that has collected on the blades. When you leave the tools in the sand-bucket they'll remain upright, clean, dry, and easy to locate when spring returns. You may want to prepare two buckets: one for long-handled tools and the second for short-handled ones.

**2 Upright and Ready:** Once you've safely tucked away your metal tools, take a look at your broom, dustpan, and rakes. Be sure they're stored upside-down, with the business end up. (We've all seen those brooms that look as though they've been left in a strong wind and are permanently bent...and useless.) If you rest the rake and broom on their handles, the bristles and tongs won't be bent from unnecessary pressure. If you have a leaf blower, you might find a convenient place to hang it by its handle—from the garage rafter or an unclaimed bike hook. If the blower uses an extension cord, hang it with the blower.

**3 High and Dry:** Finally, you may want to take a few minutes to wrestle that garden hose into submission one last time! Even if you have underground sprinklers, you probably have a watering hose. Now's the last chance to disconnect your hose from the outdoor faucet, drain it of water, and coil it up. (I'd suggest using some twine to tie the coil in a few places for extra tidiness.) Remove any sprinkling adapters and water timers from the faucet or the hose. Store those inside your large, now-dry sprinkling can; they'll be easy to find and reconnect when spring arrives. Check the washer in the hose connector; it may be brittle or lost, and need replacement. Finally, wash those pairs of gardening gloves. Use anti-bacterial soap and really give those gloves a good soaking. When the weather warms and the earth thaws, you don't want to stick your hands into bacteria-laden gloves.

Whew! That's a lot of work, but the effort will pay off in the spring.

While you were going through all that work, perhaps you began thinking of some of those nifty tools you saw in the gardening catalogues. Or, maybe you admired a beautiful pair of shears your friend uses, which brings me to my next suggestion. Garden tools make great gifts—for yourself and friends.



## GIFTS THAT KEEP ON GIVING, IN THE GARDEN

Now's the season when we're trying to think of clever or unique gifts for friends and family. Here are some suggestions for those who share your enjoyment of puttering about in the garden:

**Head-and-Hands:** Gardening hats and gloves are always welcome. It seems we can never have too many. You can pick up some simple straw hats and add pins or silk flowers for that personal touch. For the gloves, buy pairs of plain, white, cotton work gloves, then use permanent markers or fabric paint to personalize the gloves for each recipient. Of course, there are all those great, natural soaps and lotions to sooth those overworked gardener's hands. Finally, in this age of ticks and mosquitoes, nature-based insect repellants are always welcome!

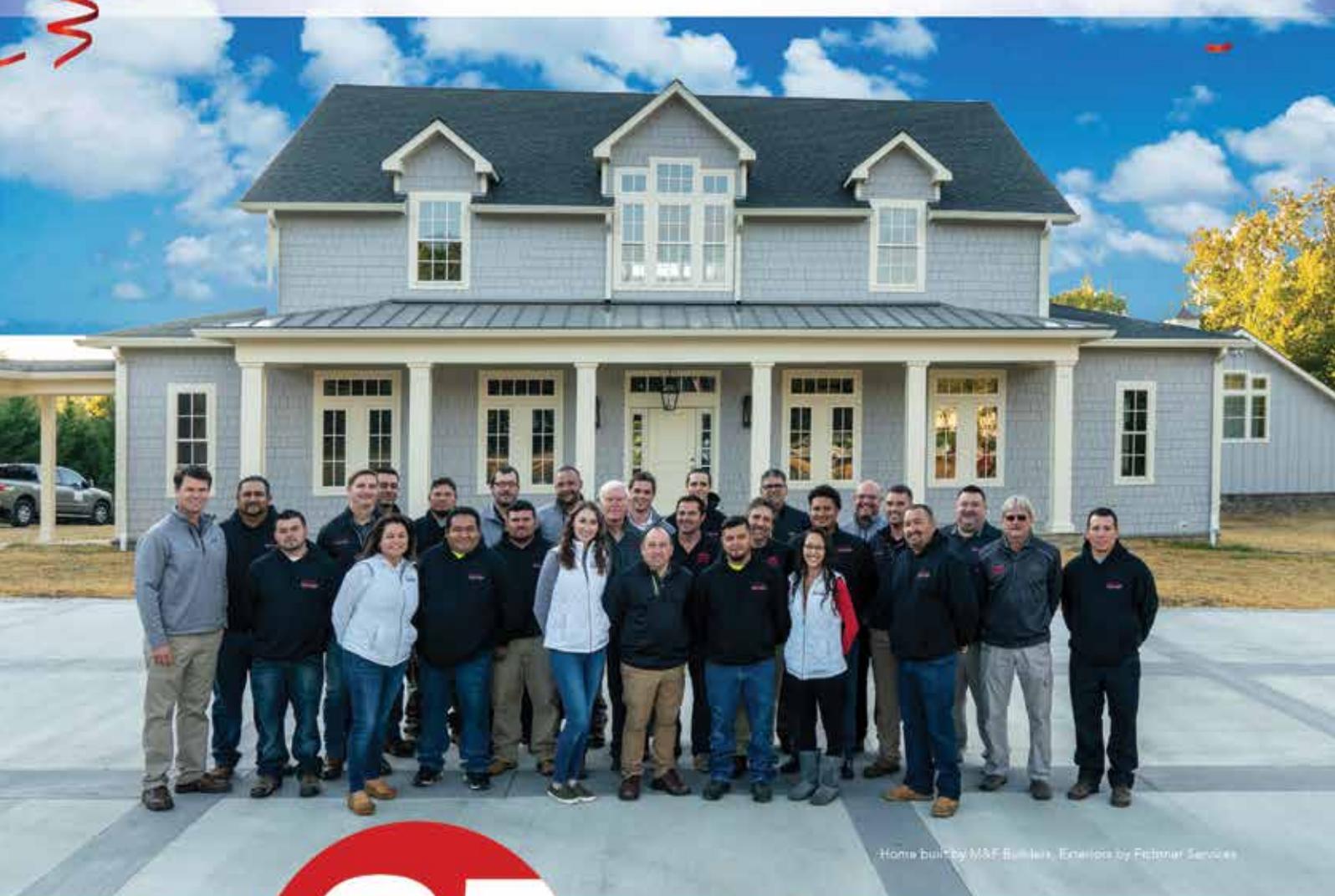






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Source: Two Sides North America and Toluna, 2015, n=1,000; 2016, n=2,323

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Source: Two Sides North America and Toluna, n=2,000. Fall 2017

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# Round Bay

## Severna Park

By Lisa A. Lewis

**S**ituated in an idyllic setting, this charming three-level transitional-style home boasts impressive curb appeal that immediately grabs the attention of passersby and an interior design that exudes classic elegance in every single detail. The property, which was listed on February 15, 2019, closed on May 13, 2019.




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**Primary Structure Built:** 2005  
**Close Price:** \$680,000  
**Original List Price:** \$699,000  
**Last Sold/Price:** \$310,000  
 (2005. land only)  
**Bedrooms:** 4  
**Baths:** 3 full, 1 half  
**Living Space:** 2,504 sq. ft.  
**Lot Size:** .31 acres

---

Designed for modern lifestyles, the home features a main-level open concept floor plan, which creates an easy flow that is perfect for entertaining. A relaxing retreat, the family room is adorned with crown molding and gleaming hardwood floors. Large windows allow abundant natural light to flow throughout this space, creating a warm, welcoming atmosphere, while a fireplace offers a cozy ambiance.

The gourmet, eat-in kitchen is appointed with ample cabinetry, sleek granite countertops, high-end stainless steel appliances, a breakfast bar, plantation shutters, hardwood floors, and recessed and pendant lighting. And the dining room, which is adorned with crown and chair rail molding, an exquisite chandelier, and hardwood floors, is absolutely elegant.

Located on the second level, the spacious master bedroom features plush carpeting, a ceiling fan, a large walk-in closet, and an en-suite spa-like master bath with a dual sink vanity, a separate shower, and a tub. This level also includes two additional bedrooms with an adjoining Jack and Jill bath.

The lower walk-up level with exterior stairs that lead up to

the outside features a huge recreation room, which offers the perfect setting for entertaining family and friends or simply relaxing on quiet evenings, a bedroom with an adjoining full bath, and ample storage space. Exterior features greatly enhance the property, including an outdoor shower, a wraparound porch, a deck, a stone patio, a shed, a fenced-in yard, and professional landscaping. Plus, the home is located in the water-privileged community of Round Bay, which provides close proximity to the Severn River where a wealth of amenities awaits.



“This was a rewarding experience for me since my clients were relocating, and I was able to describe all of the fabulous things about Anne Arundel County,” says Melissa Murray of The Murray Home Team of Coldwell Banker Residential Brokerage, the buyer’s agent for the property. “They wanted to buy a home in Cape St. Claire, but the situation didn’t work out as planned. So, I convinced them to explore the water-oriented communities in Severna Park. They fell in love with Round Bay, and they couldn’t be happier.”

“As a side note, a transaction can be challenging when the seller is also a real estate agent. But Missy [Campbell], who owned this home and was also the listing agent, and I know each other, which always makes the transaction more fun.”

**Listing Agent:** Missy M. Campbell, Weichert Realtors, 410-271-6012 (cell), 410-721-3030 (office), mcampbell@weichert.com.

**Buyer’s Agent:** Melissa Murray, The Murray Home Team of Coldwell Banker Residential Brokerage, Annapolis Plaza, 443-995-2626 (cell), melissa@themurrayhometeam.com, themurrayhometeam.com.

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**Primary Structure Built:** 1976  
**Close Price:** \$1,350,000  
**Original List Price:** \$1,395,000  
**Last Sold/Price:** \$1,100,000 (2015)  
**Bedrooms:** 4  
**Baths:** 5 full, 1 half  
**Living Space:** 3,255 sq. ft.  
**Lot Size:** .98 acres

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HOME REAL ESTATE

# Saefern

Annapolis

By Lisa A. Lewis



**B**uilt into the shoreline of Clements Creek, this stunning custom home with rich wood siding is an architectural masterpiece. Boasting superior craftsmanship and elegantly designed living spaces that showcase breathtaking water views, this three-level home—complete with an elevator that accesses all of the levels—is the ultimate embodiment of luxury. The property, which was listed on March 29, 2019, went under contract after only eight days on the market and closed on May 7, 2019.

As guests enter the contemporary-style home, which was renovated in 2016, they are greeted by an innovative main-level interior design with a modern, easy flow. The awe-inspiring living room features a soaring cathedral ceiling that creates an open, airy feel, warm pine paneling, a cozy stacked stone fireplace, hardwood floors, skylights, and access to the waterside deck, which offers an ideal setting to relax and admire the view.

A chef's paradise, the expanded/remodeled kitchen features a vaulted ceiling and is elegantly appointed with patinaed wood cabinetry, granite countertops, stainless steel appliances, an island, a charming casual dining area overlooking a picture window that boasts tranquil wooded views, and recessed and pen-



dant lighting. The exquisite dining room, which seamlessly flows into the kitchen and the living room, offers water views and exudes a charming ambiance.

A peaceful retreat, the elegant main-level master suite features impressive walls of windows that showcase serene water views and an en-suite spa-like master bath with a dual sink vanity, a soaking tub, and a separate shower.

The upper level includes a beautifully designed wood-paneled office area with a vaulted ceiling. This space conveniently leads to the lavish pool house, which is the perfect addition to the heated in-ground pool perched high above Clements Creek, and includes a sitting room, a kitchenette, changing rooms, and a full bath.

The lower walk-out level is equally luxurious and features a spacious recreation room with a brick hearth fireplace, a kitchen, three bedrooms, three full baths, and access to the covered waterside patio. Indeed, this home is unmatched in its splendor—a waterfront oasis that offers an upscale, resort-like lifestyle.

“This is a unique and gorgeous home in a spectacular setting,” says Scott Schuetter of CENTURY 21 New Millennium, the listing agent for the property. “However, it was the personal connection that truly made this transaction special. The buyers and sellers both had family situations that paralleled each other. Everyone knew that this house was perfect for the buyers, which allowed the sellers to move on to the next chapter of their lives with a sense of peace and happiness. Sometimes the transaction is not just about the house; it’s more about the story behind the house.”

**Listing Agent:** Scott Schuetter, CENTURY 21 New Millennium, 410-900-7668, scott@scottschuetter.com, scottschuetter.com.

**Buyer’s Agent:** Pam Tierney, Annapolis Fine Homes, Long & Foster Real Estate, Christie’s International, 443-822-9079 (cell), 410-263-3400 (office), ptierney@lrf.com, longandfoster.com/PamelaTierney.



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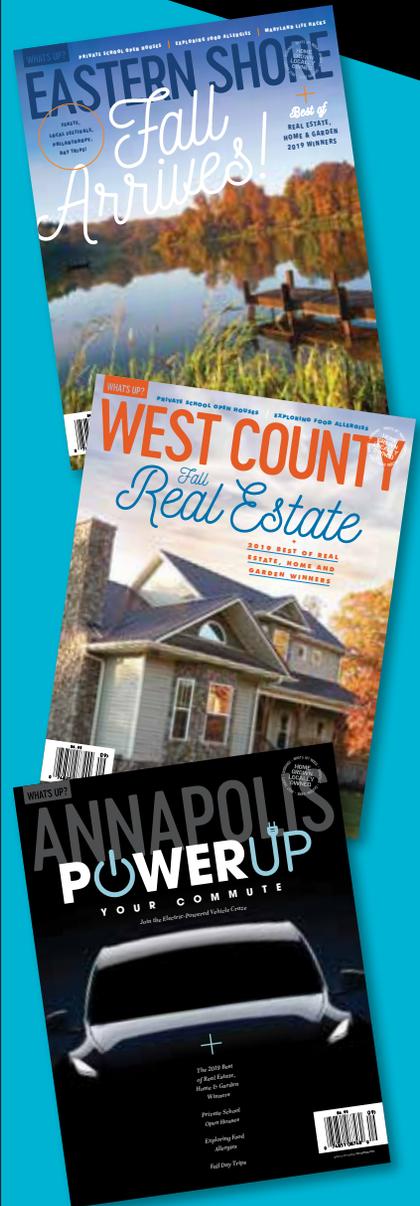
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# Health & Beauty

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# Health Report

By Lisa J. Gotto

## USING TECH TO TAME THE MIGHTY TEEN MIGRAINE

Whether your teen has recently begun to experience the pain and frustration of migraine headaches or has been suffering from them for years, the National Institutes of Health hopes their new app, Migraine Trainer, will help.

According to Healthline.com, it is estimated that up to 10 percent of school-aged children experience migraines. By age 17, roughly 8 percent of boys and 23 percent of girls have experienced a migraine. They interfere with daily life in myriad ways resulting in such things as an increase in school absenteeism and/or a reduction in social activities.

Stress, certain foods, and too much or too little sleep are known migraine triggers.

In an effort to help teens 13 and older better control and cope with their migraines, the app Migraine Trainer is now available. The hope is that by tracking how often they occur, how long they last, and where the pain appears in the head, the sufferer, with the help of their physician, will come up with their own personalized plan for managing them.

The app can also help track sleep, exercise, and hydration levels that are/were present just before the migraine started. Tracking habits can help sufferers pinpoint tendencies that lead to a migraine and how they've been managed in the past. Migraine Trainer is reported to also offer tips for dealing with migraine pain.

The app can be downloaded for free from Apple's App Store or the Google Play Store.

## CAN A CALORIE-RESTRICTED DIET MAKE BONES WEAKER?

Not to be confused with having a healthy diet and exercise as a plus for strong bones, a new study reported in the *Journal of Bone and Mineral Research* stated that combining a calorie-restrictive diet with a robust exercise regime may increase the risk of bone break or fracture in some individuals.

The study performed in a lab on mice was initially intended to determine what happens to bone marrow fat and bone health when subjected to calorie



restriction. The study was performed by first splitting the mice into two groups. One group was then fed a regular diet and the other a calorie-restricted diet composed of 30 percent fewer calories.

The calorie-restricted mice received supplements of vitamins and minerals so nutrient values matched those of the mice on the normal diet. Then the mice were further split into groups that were sedentary and those that exercised for a period of six weeks, creating four groups of mice with four different patterns of diet and exercise: regular diet without exercise, a calorie-restricted diet without exercise, a regular diet with running exercise, and a calorie-restricted diet with running exercise.

While the study expectedly showed that adding exercise to calorie restriction reduces bone marrow fat, it unexpectedly showed that it also led to a reduction in the overall quantity and quality of bone.

Researchers were able to conclude that bone loss in the calorie-restricted mice was due to calorie reduction alone and not a lack of nutrients, since the mice were provided with the same vitamins and minerals as those that had the regular diets. They were also surprised to find that when conditions of calorie restriction are imposed and then combined with exercise, exercise appears to make bones more fragile—not stronger.

These new findings will be of particular interest to women, who are already prone to bone loss as they age, due in part to the decrease in estrogen levels they experience post-menopause. Researchers caution that further study is warranted and planned to learn more about the underlying mechanisms that produced their findings.

## TURMERIC: WHAT'S SCIENCE? WHAT'S HEARSAY?

Currently competing with CBD oils for the biggest headlines in health news is the use of turmeric to cure everything from joint pain to acne. While the medicinal properties of the spice have been recognized for thousands of years in India, it has taken sometime for Western medicine to actually study its efficacy.

What is it about turmeric that has everyone buzzing about its health effects? What can it really do? We found that the greatest discrepancy pits science-backed data against user reviews.

Let's look at why it does work for some issues now and what scientists are hoping it may do in the future. Benefits of turmeric are derived from a compound it possesses called curcumin.

Scientists already believe that this substance is most advantageous in the battle against chronic inflammation. Perhaps that is why the topic of turmeric is popular in general, as chronic inflammation in the body has been linked to a wide range of diseases and conditions, including heart disease, stroke, and auto-immune disorders.

It is prudent to note here that inflammation in the body is its natural response or warning that something isn't right, and in the short-term it can be beneficial, especially if it is signaling that pathogens like bacteria have entered the body. Left unchecked, bacteria can kill you. This is not the type of inflammation that turmeric would be addressing.

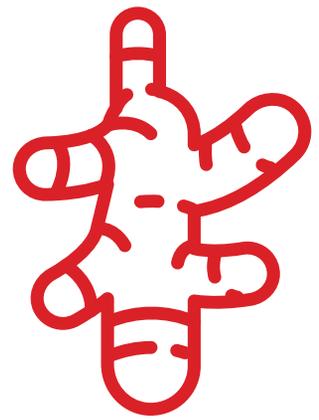
### WHERE IT HELPS MOST

Scientific evidence does show that in the case of chronic inflammation especially where it concerns arthritic conditions, such as rheumatoid arthritis, turmeric can be very helpful in reducing the symptoms of joint pain and stiffness. It's ability to do this lies in its classification as a bioactive substance that can fight inflammation at the molecular level.

The benefit of natural pain relief as opposed to taking a synthetic drug to help with the symptoms of these conditions, should not be diminished, however, as this is certainly a significant development when it comes to treatment options.

Other very encouraging news is reported about its potential for lowering the risk of **heart disease** because it improves the function of the endothelium, or the lining of the blood vessels. The endothelium plays a role in blood pressure regulation, blood clotting, and inflammatory response, among other vital functions.

Within the specter of anti-aging, scientists are excited to see the effect curcumin has as an antioxidant. Aging and many diseases take root from



oxidative damage, which can be caused by free radical development in the body. Curcumin works to defend the development of free radicals in the body and boosts the activity of the body's antioxidant enzymes.

### MORE RESEARCH IS NEEDED

Scientists are also optimistic about the role curcumin may play in preventing some cancers. Research in the lab, however, has only been done with mice. That said, its ability to hinder and even stop cancerous cell growth has been most encouraging.

Other conditions showing promise under scientific study include curcumin's use to combat digestive disorders such as Irritable Bowel Syndrome, Crohn's Disease and ulcerative colitis, as well as Type 2 Diabetes, Depression, Premenstrual Syndrome, metabolic issues, and Alzheimer's Disease.

### POPULAR USES

It seems whenever a natural substance or product becomes recognized within the health community as beneficial there is always some amount of curiosity among the populous to see "what else" it might be good for, especially since it is not classified as a drug and is readily available. Current online health chats are abuzz with reviews for turmeric's role in helping to address headache pain, viral infections, and even acne. Those thinking to merely ingest turmeric to illicit results, will be sadly disappointed, however.

### NOTES ON DOSAGE

By composition, turmeric itself only contains 3 percent curcumin, so no matter how much you may add this spice to your diet by adapting it to your recipes, you will not be able to merely ingest enough to help with your arthritis or prevent heart disease. To complicate matters curcumin is also poorly absorbed into the bloodstream. (Black pepper, which contains piperine, is often added to supplements as it can markedly improve the absorption rate.)

If you have a condition you feel may benefit from a curcumin boost, it is best to see your physician who can advise you as to the type of supplement that would work best for you.

# Sodium & Heart Health

By Brooke Sawicki, MS, RD, LDN

**H**ave you ever heard the expression, “too much of a good thing is a bad thing?” This is true for sodium, especially when it comes to protecting our hearts. Sodium is a mineral that is essential for life. It is regulated by our kidneys and helps to control fluid balance, sends nerve impulses, and affects our muscle function. However, too much sodium in our diet can be harmful. It can pull excess water into our blood stream and increase the total volume of blood inside our blood vessels. This can lead to an increase in blood pressure, which requires the heart to have to pump harder to get the blood to where it needs to go in the body. High blood pressure is one of the main risk factors for heart disease. Excess sodium intake can contribute to fluid retention as well, which causes bloating, swelling, and/or weight gain. The American Heart Association (AHA) recommends consuming less than 2,300mg of sodium per day. For comparison, one teaspoon of salt contains about 2,300mg of sodium.

Sodium is primarily found in table salt that is added during cooking and at the table, as well as in foods where it is added during processing. Products with often the highest sodium content include breads, pizza, processed meats, soup, chips, cheese, canned goods, frozen foods, and seasoning blends. The amount of sodium present in a product is found on the nutrition facts label. The number provided on the label is based off of the serving size for the product.

Some ways to reduce sodium intake include comparing different brands and selecting the option with the lower sodium content per serving, looking for reduced or low-sodium on the food label, flavoring food with herbs and spices instead of salt, utilize salt-substitutes, and rinsing canned goods with water prior to cooking. It is also important to incorporate foods that contain potassium into your diet, as potassium helps to relax blood vessels. Potassium is mainly found in fruits and vegetables such as avocados, potatoes, leafy greens, tomatoes, melons, bananas, and citrus fruits. Potassium is also found in certain salt-substitute brands, such as Mrs. Dash. Too much potassium can be harmful in individuals with kidney disease, so talk to your doctor about the right amount of potassium for you.

In general, the best way to reduce blood pressure is to incorporate fruits, vegetables, fat-free or low-fat milk and dairy products, whole grains, lean protein, and beans and legumes on a daily basis.



Brooke Sawicki, MS, RD, LDN is a registered dietitian with the University of Maryland Baltimore Washington Medical Center.



HEALTH & BEAUTY HEALTH

## Fresh Take

PEPPERMINT

By Lisa J. Gotto

All candy canes and peppermint bark treats aside, let us not forget that peppermint starts out as a vibrant green plant, and is actually a hybrid between watermint and spearmint. Its indigenous history has roots in Europe and the Middle East, but it is now widely grown and cultivated across the continents, and may even be found in one's own backyard.

Medicinally, peppermint is well known as the soother for tummy trouble. From indigestion, to irritable bowel syndrome, to heartburn; relief can be found in the form of peppermint tea. Some people swear by ingesting the leaf itself.

What you may not know is that peppermint is a good source of vitamins and minerals, such as vitamin A and vitamin C, niacin, phosphorus, and zinc. It is also a very good source of dietary fiber, riboflavin, iron, folate, calcium, copper, magnesium, potassium, and manganese. Wow, that's a lot in a little leaf!

Grab some and make this recipe for Lime Mint Jelly. It makes a great complement to many roasted lamb or pork dishes, as an appetizer topping on crackers with cream cheese and cucumber, spooned over vanilla ice cream, or used as a surprisingly delicious sandwich cookie filling.



### Lime Mint Jelly

- 4 cups sugar
- 1-3/4 cups water
- 3/4 cup lime juice
- 3 to 4 drops green food coloring, optional
- 1 pouch (3 ounces) liquid fruit pectin
- 3 Tablespoons finely chopped fresh mint leaves
- 1/4 cup grated lime zest

In a large saucepan, combine sugar with water and lime juice; add food coloring, if desired. Bring mixture to a rolling boil over high heat, stirring constantly. Stir in pectin, mint, and the lime zest. Remove from heat; skim off any foam. Using a ladle, spoon hot mixture into 5 hot, half-pint Mason jars, leaving 1/4-inch of space at the top. Clean off rims. Center lids on jars; tightly screw on bands. Place jars into a canner filled with simmering water, ensuring that jars are completely submerged in the water. Bring to a boil; let process for 10 minutes. Remove jars and cool.

# Face Slimming Masks:

HOW NEW AND REVOLUTIONARY ARE THEY?

By Lisa J. Gotto

Just saying the words “look 10 years younger” certainly draws attention, and any beauty product on the market making claims as such, and touting results to back them up, is bound to become popular.

Such is the story of the current V-mask beauty trend originating from Korea. Beauty masks of all forms are filling retailer shelves, from drugstores to high-end beauty boutiques. Market-wise, they are all selling well. For this story we are referring to the types

of masks that are applied to the face in sheet form, rather than applying a lotion-like substance to the face and rinsing it off after a specified amount of time. From that group in particular, we are looking at masks that offer face-slimming benefits.

While being touted as “new” and “revolutionary,” the V-mask concept actually combines the old Hollywood glamour technique of using a chinstrap with the best in skin-lifting, smoothing, and firming formulations applied to the skin for several hours at a time and several times weekly to achieve ultimate face-slimming results. Some masks are being marketed as an alternative to painful or expensive medical procedures. They work by stimulating the reduction of fat deposits and fine lines along the application area. However, you will need to use the product on a regular basis to maintain those results as its effects are temporary.



**UP WE GO!** The lifting is accomplished by first attaching the top part of the stretchy fiber-like material, somewhat similar to foam packing sheets, cut in the shape of the lower portion of the face fitted with a mouth-sized hole to the section of the face just under the nose. Loops on each side of the fabric mask attach at the ears. The bottom section, designed to lift sagging double chin skin is then attached and pulled up by loops to the ears, as well.

Upon application, you immediately feel a lovely, cooling sensation that perks you up as the mask’s unique formula of ingredients, which include: water, glycerin, tartaric acid, propylene glycol, collagen amino acids, and centella asiatica—a medicinal herb found in the Asian wetlands, do their thing to produce a smooth, clear face line, reduce fine lines and increase skin’s firmness and elasticity. It even addresses the nasolabial folds, or creases that appear below either side of the nose reaching the mouth. The mask also promises a unique moisturizing effect that repairs and stimulates cell regeneration, leaving your skin feeling more hydrated and replenished.

Reviews online of these products are numerous and are primarily positive, with many users willing to continue to purchase and use regularly. Negative reviews were mostly about the length of time they need to be applied and some soreness around the ears after use.

We’ve compiled a comprehensive pros and cons list so you can assess for yourself. Because let’s face it, taking off any number of years is pretty much a pro in our book!

## PROS

- Feels cool upon application
- Does not irritate skin
- Most online reviews have only positive things to say about the product
- Most reviewers said they did see improvement of the jaw line
- Most reviewers said they did see improvement of their double chin
- It can be worn while sleeping because only the inner portion of the mask is wet to the touch
- Affordable. You can purchase 5 masks to a pack for \$24.99 on Amazon Prime
- No heavy perfume scent

## CONS

- Can be irritating as it pulls on ears
- Some masks require a minimum of 6 hours wearing time a day for maximum effect
- If you cannot wear it at night, you will need to work your day around wearing it
- You can eat/drink with it on, but will want to use care not to soil it



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# Sarcopenia

## WHAT IS IT & WHO GETS IT?

By Lisa J. Gotto

While you may not have been familiar with the term, “sarcopenia” until now, if you are over 30 you may already be experiencing its effects. Sarcopenia, one of the most pervasive health issues related to aging in the modern world, is the scientific term for muscle loss.

As you are probably well aware, we lose muscle mass as we age, so this is one condition that everyone “gets.” But does it have to be this way? Scientists are hoping that one day they will be able to say, “No, not everyone has to experience significant muscle loss in their lifetime.” Right now, however, this is the case. In fact, after age 30, you can expect to lose as much as 3 to 5 percent of skeletal muscle every 10 years. The condition, which is said to specifically speed up after age 50, is normal as far as the aging process goes. The normalcy factor, however, does not make it sound any less discouraging to those who are beginning to experience its consequences; which can range from a loss of mobility to a shortened life span.

Until recently, muscle loss was a little studied health topic. Fortunately, the science of combating muscle loss is something the researchers at Stanford University’s Blau Lab became very interested in studying. Muscles are just too important; they are the largest tissue in the body, and they not only serve as padding for bones; especially when they become more brittle, they play a vital role in our metabolic health.

To address and treat muscle loss, scientists must first learn how we make muscle and then learn why it eventually breaks down from a cellular and molecular level perspective. This is not only particularly critical as it relates to the aging population, but also to those who risk muscle loss for other health reasons, such as individuals with critical illnesses and post-surgical patients with extended recovery processes.

### ANATOMY OF THE RESEARCH

We are born with all the muscles we need to get going in life after having them formed during our embryonic development. This skeletal muscle (any muscle attached to the skeleton) is made of component fibers called Type 1, or “fast twitch” fibers and Type 2, “slow twitch” fibers.

These two types of fibers are best described using two types of athletes: a long-distance runner and a sprinter. The muscles of a long-distance runner are dominated by slow-twitch fibers which glean endurance characteristics from an abundance of capillaries and mitochondria. The sprinter’s muscles are dominated with fast-twitch fibers which provide fewer capillaries and mitochondria but faster muscle contraction and quickness.

Muscle fibers act together in groups branching off the central nervous to form motor units. The motor units work synchronously to move you throughout your daily activities.

Researchers are most excited about what they are learning by

studying muscle stem cells, or MuSCs. MuSCs are also known as satellite stems which are located on the outside of muscle fibers. When these cells are activated by exercise or damage, they reproduce, differentiate, and merge to repair muscle fibers. If you have ever heard a fitness instructor talk about muscle break down or failure in order to rebuild “a better you”—this is the process they are referring to, as your MuSCs are being called to action, creating new cells that merge effectually producing new muscle fibers. To date, exercise is the only known way to combat muscle loss.

### GAIN & LOSS

During the course of an average life, the activation of muscle stems cells is the primary way we build new muscle. In the case of the two types of athletes we mentioned earlier, their specific type of exercise tells their muscle stem cells what they need to keep doing what they do.

Those who wish to enhance this natural process by increasing muscle size often turn to the con-

sumption of excess proteins and increased exercise in the form of weight training and lifting.

However, eventually as we age, these motion-creating processes change. After age 30, something called the myostatin pathway becomes turned on. Myostatin is a natural inhibitor of muscle growth that essentially begins to consume our body’s skeletal muscle. Unfortunately, according to scientists, this is just one of several complicated factors associated with muscle loss.

Another issue is “inflammaging,” or the chronic inflammation affecting the muscle’s microenvironment. This condition decreases the communication between muscle fibers and nerve cells, and the pathways necessary for proteins to synthesize new muscle fibers.

Other factors include an overall decline in the quality of the muscle, and what scientists call “an epidemic of inactivity.” Simply stated, our modern sedentary lifestyles exacerbate muscle loss. So, scientists have their work cut out for them; mitigating muscle loss will require having to address many circumstances.

### MASTER ATHLETES & THE SCIENCE

Currently they are working with what they call a class of “master athletes,” or individuals who remained highly active well into their later years. In this scenario, they will be able to determine what’s happening in the muscle as it ages naturally, unaffected by the attributes of an unhealthy lifestyle.

What they have confirmed as a certainty through this research is that remaining physically active is a highly effective solution to muscle loss. In a study of biopsies taken from 125 physically active male and female cyclists aged 55 to 79, little difference was noted between these subjects and their younger counterparts in terms of muscle condition.

While this result may sound predictable, researchers caution it is not an ultimate solution, especially for those, who due to critical illness, cannot continue with high-intensity activity and are subject to rapid muscle wasting while ill. For these specific cases they are hoping to identify potential solutions.

Scientists caution that while research is also being done in the pharmaceutical arena to develop a pill that increases muscle mass, having one quick fix of this nature would probably not be suitable for all, but may one-day be beneficial as part of a dual-therapy process that pairs exercise with some sort of intervention.

### THE MOST EXCITING DISCOVERY

Further studies involve ordinary lab mice and mice injected with human stem cells. They found that two-thirds of the muscle stem cells in aged mice are intrinsically defective compared to those in young mice. By examining these aged muscle stem cells, they hope to learn what is dysregulating them in order to be able to rejuvenate them.

What they recently found by injecting molecules of the inflammatory mediator prostaglandin E2 directly into the muscle of both ordinary lab mice and the mice injected with human stem cells is exciting—they were able to stimulate the muscle regeneration process in all the mice.

The accumulated research thus far has scientists looking down the road to a day where, with the help of dual muscle-enhancing therapies, we will feel stronger at 80 than any generation at 80 has felt before.

*In the meantime, keep an eye out for our follow-up to this story in your next issue of What’s Up? We’ll help you start the year off stronger with the most effective exercises to treat sarcopenia.*



# Max Look:

## MINIMAL FUSS

By Lisa J. Gotto

Yeah, minimalism! This less-stress concept has filtered down even to our wardrobes. With a little imagination, you can also adapt this attitude for your next holiday cocktail party. Here are five of our favorite fashionable finds of the season to help get you started!



### WINTER SHORT SASS

These black, topstitch leather shorts were just made to pair with the season's must have over-the-knee boot; Topshop, \$180



### COMFORT WITH CLASS

The essential over-the-knee Kocheda boot with a chunky heel in black suede; Vince Camuto, \$239



### CARRYING IT OFF!

This ring-handle mesh clutch sparkles with big style and has plenty of room for your party night essentials; Nina, \$58



### PUCKER PUNCH!

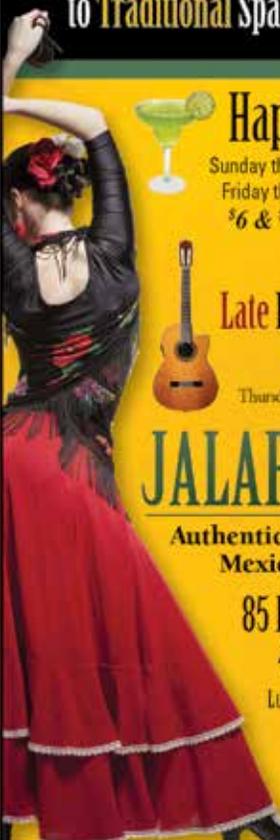
City fashionistas know drama when they see it! Go dramatic with Matte Velvetines long-lasting liquid matte lipstick in color "Wicked"; Lime Crime, \$20

### TOP IT ALL OFF

Just slip a minimal tee under this fab faux fur for a practical party look with panache! Topshop, \$150



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# Dining

176 REVIEW | 178 TASTE | 180 GUIDE

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**DINING REVIEW**

# The Ambiance of Italian Heritage

By Rita Calvert  
Photography by Mary Ella Jourdak

**F**irst, you are attracted to Carpaccio’s interpretation of a Siena piazza with its fan-shaped patio, which draws you in from the sidewalk. Here, the exterior hardscape sports a picturesque central fountain and pots of greenery with surrounding tables for dining in nice weather. Since 2008, the comfortably chic dining spot has earned top votes from neighboring residents and visitors staying at nearby hotels for lunch, dinner, or brunch. For those in close proximity, the cozy, friendly wine bar is the big draw, where many diners opt to take their meal. The larger dining room is well-appointed in black and copper hues with pleasant lighting from overhead chandeliers. Upholstered chairs and banquetts cozy up to dark wood tables.

With their Italian heritage, hospitality, and welcoming ambiance, owners Gennaro, Lino, and Michele DiMeo state their mission is to emphasize excellent food, superior service, and genuine value throughout the dining experience. They have taken a culinary path in which their earliest eateries, casual or refined, have progressed into Italian success stories.

Our charming server, Nicholas, was attentive without being obtrusive, and genuinely knowledgeable about the menu right from the start, answering our questions about the extensive wine list with options from the globe’s prominent wine regions of Italy, Germany, New Zealand, and the states—something for every wine palate. Carpaccio offers more than 30 wines by the glass, including a “Cellar Reserve” menu of premium wines. My friend was interested in the Niro Montepulciano D’abruzzo. Our server gave it a convincing nod, and a hearty pour arrived

quickly. Full-bodied, with a nice balance of dark berries and smoke, it perfectly complemented the Italian fare to come. And it was “fresh”—elsewhere, so many options by the glass could mean too many bottles left open too long. Not here, according to the evening’s selection. Not a wine fan? Carpaccio has a page of intriguing craft cocktails too, 13 in all. There really is something for everyone.

First up was Carpaccio’s renowned bread basket with a signature tomato sauce on what seemed to be squares of focaccia bread. Such a nice alternative to even the best of plain breads. It was fragrant with garlic and fresh tomato on a yeasty dough baked to the perfect balance between crispy and soft. We knew we wanted to save room to sample a lot, but we couldn’t resist finishing off two slices.

So on-brand is Carpaccio that three dishes bear the name...or maybe it’s the other way around as

carpaccio is defined as thinly sliced raw meat or fish served with a sauce. Created in 1950 by Venetian restaurateur, carpaccio is named after Vitore Carpaccio. With artistic food plating—truly a work of art—our choice of Carpaccio di Manzo Toscano arrived. A large white plate was ringed with paper-thin slices of raw filet mignon arranged around an emerald spinach salad topped with mixed mushrooms. The thinly-sliced beef was topped with shaved parmesan and a drizzle of distinctive white truffle oil. Points of crisp cracker triangles formed a pyramid over the salad.

One of the appealing features of Carpaccio's menu is the option of choosing a small or large portion of many dishes, with prices adjusted accordingly. If you are lucky enough to have a large group, you might "sample" through the menu! My dining companion was excited about the two calamari options, especially the grilled variation with a vibrant herb corn relish on crisp frisee greens. It is offered in mezza and grande portions. She chose the smaller mezza, still nicely generous, ahead of a full entree. So attractive! The herbs gave the plentiful petite calamari a decidedly Italian note.

The menu is attractively organized, with different sections for: Italian Sensations (pasta, risotto, gnocchi); Insalate (salads); Chicken, Beef, and Veal; Seafood; Brick Oven Pizza; and Sides. Several nightly specials also are offered, and one of those called my name; the fish special for that night was halibut, but with a decidedly Caribbean sauce. I opted out of the island style to stay with Italian. The chef graciously turned the fish into a Halibut Alla Livornese special—an eight-ounce portion of the most tender halibut, smothered with fragrant and flavorful olives, capers, and light tomato sauce...a beautifully pungent dish from Livorno on the western coast of Tuscany. This entree came with its own vegetable of sautéed greens: broccolini, kale, and sliced brussels sprouts along with slim strands of grated carrot.

My companion, an avowed fan of Italian classics like eggplant parmigiana and lasagna—both on the menu—was eager to try one of the pasta offerings. She was very intrigued by the Pappardelle (wide, egg noodle pasta) with slowly cooked lamb, homemade tomato ragu, topped with crumbled goat cheese. Simple and, yet, unique, as we couldn't recall ever seeing a lamb pasta dish elsewhere. The pasta was extra rich with the egg noodle while the lamb was generous, in perfect, smaller than bite-size, pieces, and the sauce was delicious, with a sweet flavor of fresh tomatoes rather than of added sugar. It's worth noting that the tomato sauces accompanying different dishes—the foccacia, the lamb ragu, the halibut—seemed to vary—not just the same house sauce.



In addition, we also shared a side of broccolini. At first, we asked for the fresh rapini with roasted garlic but, alas, it had run out. Our delightful waiter offered to have the broccolini prepared like the rapini, instead of just sautéed as offered on the menu. It was spectacular—crisp-done greens, with crispy garlic.

For the dessert lineup, we are always enthusiasts for mascarpone, that rich creamy divine cheese. We could have found it in Tiramisu but chose the famous Almond Cake consisting of sponge layers sandwiching sweetened mascarpone and topped with a textured layer of crushed amarettini.

Valet parking is available as is the underground parking lot which services the Westin Hotel next door. Our good fortune for the night actually began by finding a prime street parking spot less than a block away from Carpaccio.

The restaurant also has a separate takeout spot around the corner and will deliver to your waiting car. Further proof that this is a restaurant that truly caters to its customers.

---

Rita Calvert is a food style expert and writer exploring Regenerative Ag, farming, gardening, and the naturally gorgeous and wholesome. Her cookbook *The Grassfed Gourmet Fires It Up!* helps communicate what makes 100 percent grassfed superior.



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### DINING TASTE

# Past Experience Translates to New Restaurant

By Tom Worgo  
Photography by Stephen Buchanan

**W**hen it came to opening Ashling Kitchen & Bar in Crofton, Elise Letavish and her fiancé, Saeed Ashrafzadeh, made a perfect team. The 38-year-old Ashrafzadeh had the food service experience, and Letavish developed the music contacts that proved vital to lifting their business off the ground.

“When we toured, we never got a great meal—a home-cooked meal,” says Letavish, 33, who worked as a music tour manager all over the world for six years. “Catering wasn’t the best out there for the artists.”

The two saw an opportunity and started a catering company based at the Modell Lyric in Baltimore. They called it Ashling Market and Catering, and they focused on providing high quality meals to touring musicians.

The Lyric was one of their first big clients and Pier Six Pavilion (now MECU Pavilion) followed. Since December of 2016, they’ve served a number of well-known acts: the Barenaked Ladies, Chicago, Diana Ross, Steve Martin, and The Beach Boys. Out of the catering company came their restaurant, which opened in April, in the spot formerly occupied by the well-known Christopher’s restaurant.

“It’s an evolving menu, Americano,” Letavish says. “I did not want to pigeonhole us.”

We recently sat down with the couple to chat about their catering company (which makes up about 60 percent of their business), what’s new with the restaurant (the other 40 percent), and the respective backgrounds of the two entrepreneurs.

### Saeed, can you tell me about the catering company?

Once we had the second account at the MECU Pavilion, we started thinking about our next move. You couldn’t use one place [the Lyric] as a central location to service other accounts. We had the dilemma of, what’s our next move? In the catering world, what do you do when the business is not there and there are no tours in the wintertime? That’s when we came up with the restaurant. We have a full kitchen trailer next to the restaurant for catering.

### What was the theme of the restaurant?

We wanted to create a homey atmosphere and have home-cooked meals. That’s how we transferred it from the catering company into the restaurant.

### How do you differentiate yourself from other restaurants?

What really makes us unique is the ability to look at everything



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we do on a daily basis and ask, “What works, what is not working, and what can we do to make it better in order to find that sweet spot to really make it a destination for customers?” It’s that mom and pop feeling that people want.

**What is your most popular item?**

Crab cakes. It’s all prepared with love. We don’t skimp on the product. We use the top ingredients. There is no filling in the crab cakes.

**What are some other customer favorites?**

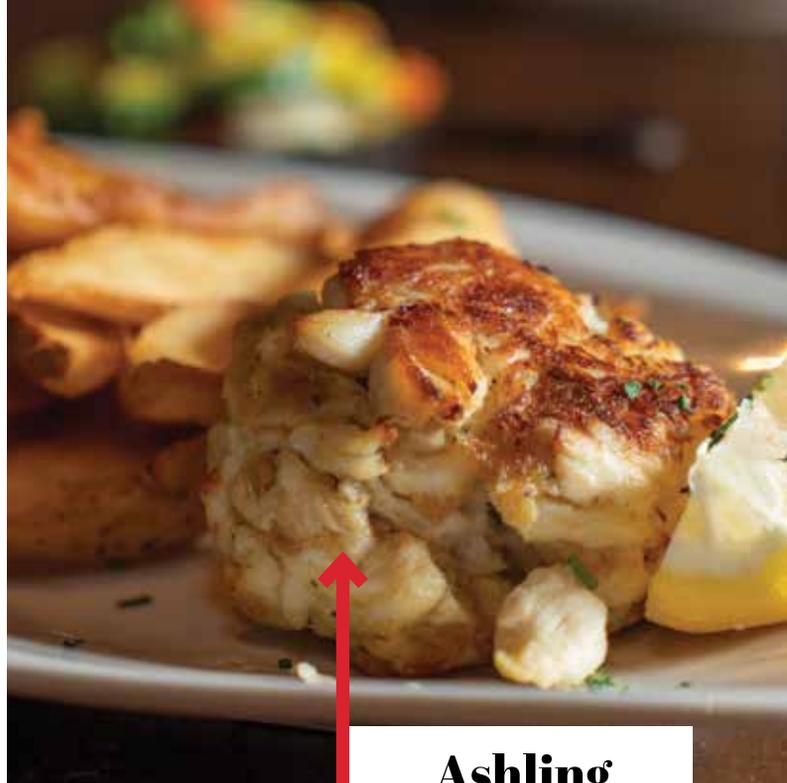
Our mac and cheese balls. They are unique. No one is putting duck inside them. Poutine is another unique thing. Not a lot people do it. It’s basically gravy fries. It’s not just regular plain gravy. We use demi-glace and melted cheese curds inside of it.

**Saeed, what’s the biggest challenge in opening a new restaurant?**

We are a lot more stable than a couple of months ago. We have a flow; we have built a team and we have the trust. One of the hardest things to do when you are starting something new is building that core trust around your team and having everybody fall back on each other and working in unison. If your kitchen is not cohesive, you are not going to have that great experience because the food is going to take a while.

**Elise, what was it like meeting some of these musicians and cooking for them?**

It’s hundreds of people and our website has a list of them. We get to do all kinds of genres of music. We have done some legendary acts, and I am so thankful for the



**Ashling Kitchen’s Crab Cakes**

*Yields 16 crab cakes*

- 3 lb. Super lump crab meat
- 1 lb. Jumbo lump crab meat
- 1.25 cups of Old Bay crab cake classic seasoning mix
- 2 cups of mayonnaise
- 1/2 tbsp lemon juice
- 1/2 tbsp Tabasco sauce

Take a big mixing bowl and place your crab meat inside the bowl. Add your mayonnaise, tabasco sauce, lemon juice, and the crab cake classic mix into the crab meat and mix together gently so you don’t break up the crab meat into small pieces. Once everything is mixed, form your crab cakes into a circle patty. Preheat oven to 350 degrees. Use pan spray and spray your pan, along with both sides of the crab cakes. Place crab cakes on the pan and insert in oven. Cook for five minutes on each side, leaving the crab cakes with a golden-brown finish on both sides.

opportunity to be able to work alongside so many legendary people. What we try to do is let people know who we are feeding. When you come into the restaurant, you see [backstage credentials from the shows] of what musicians we are feeding on the wall. Everybody has a love for music. What we are trying to do is incorporate what we did with the catering into the restaurant and bring it to the community. We plan to give tickets away to shows.

**What did you do before starting the catering company?**

I worked in the box office at Rams Head Live! and worked my way up to a production assistant to runner. I met a lot of people. I spent some time with Robin Williams when I was a production assistant. I was a tour manager and worked with rapper Mac Miller.

**Saeed, what was your background before your new ventures?**

I owned two 7-Eleven franchises [in Deale and Prince Frederick]. I wanted to

phase out of out the 7-Elevens and food was always something I was passionate about. When we started the catering company, I was down to one and I sold the other one when we started the restaurant. I paid for college working in restaurants for five years. Food and beverage and retail has always been at the core of my existence.

# Dining Guide

## Advertisers Listed in Red

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👑 Best of 2019 Winner

## Downtown Annapolis

### Annapolis Ice Cream Company

196 Main Street, Annapolis; 443-482-3895; annapoliscecream.com \$ 🍷 🍷

### Armadillo's Bar & Grill

132 Dock Street, Annapolis; 410-280-0028; Armadillosannapolis.com; American Grill; lunch, dinner, brunch \$ 🎵

### Bean Rush Café

112 Annapolis Street, Annapolis; 410-263-2592; Beanrushcafe.com; Coffee, baked goods, sandwiches; breakfast, lunch \$

### The Big Cheese & Sammy's Deli

47 Randall Street, Annapolis; 410-263-6915; Thebigcheeseannapolis.com; Deli; breakfast, lunch, dinner \$ 🍷

### Buddy's Crabs & Ribs

100 Main Street, Annapolis; 410-626-1100; Buddyonline.com; Seafood; lunch, dinner \$\$ 🍷 🍷 🐾

### Café Normandie

185 Main Street, Annapolis; 410-263-3382; Cafenormandie.com; French; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷

### Castlebay Irish Pub

93 Main Street, Annapolis; 410-626-0165; Irish; lunch, dinner, late-night \$\$ 🍷 🍷 🎵 🐾

### Chick & Ruth's Delly

165 Main Street, Annapolis; 410-269-6737; Chickandruths.com; American diner; breakfast, lunch, dinner, late-night \$ 🍷 🍷 🍷

### City Dock Café

18 Market Space, Annapolis; 410-269-0961; Citydockcafe.com; American; coffee, light breakfast, baked goods \$ 🍷

### Dock Street Bar & Grill

136 Dock Street, Annapolis; 410-268-7278; Dockstreetbar.net; American; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🐾 🎵

### Dry 85

193 B Main Street, Annapolis; 443-214-5171; DRY85.com; American, lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🎵 🍷

### Federal House Bar & Grille

22 Market Space, Annapolis; 410-268-2576; Federalhouserestaurant.com; American; lunch, dinner, Weekend brunch \$\$ 🍷 🍷 🍷 🍷

### Flamant

17 Annapolis Street, Annapolis; 410-267-0274; Flamantmd.com; European; dinner \$\$-\$\$\$

### Fox's Den

179 B Main Street, Annapolis; 443-808-8991; Foxsden.com; American Craft Gastropub 🍷 🍷 🍷 🍷 🎵

### Galway Bay Irish Restaurant & Pub

63 Maryland Avenue, Annapolis; 410-263-8333; Galwaybaymd.com; Irish; lunch, dinner, Sunday brunch \$ 🍷 🍷 🍷 🍷 🎵

### Harry Brown's

66 State Circle, Annapolis; 410-263-4332; Harrybrownes.com; Modern American; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🐾 🎵

### Harvest Wood Grill & Tap Room

26 Market Space, Annapolis; 410-280-8686; Harvestwoodgrill.com \$\$ 🍷

### Iron Rooster

12 Market Space Annapolis; 410-990-1600; Ironroosterallday.com; American; all-day breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷

### Joss Café & Sushi

195 Main Street, Annapolis; 410-263-4688; Jossushi.com; Japanese, sushi; lunch, dinner \$\$ 🍷 🍷 🍷

### Latitude 38

12 Dock Street, Annapolis; 410-897-0190; Latitude38waterfront.com; American; lunch, dinner, Sunday brunch \$\$, 🍷 🍷 🍷 🍷

### Mason's Famous Lobster Rolls

188 Main Street, Annapolis; 410-280-2254; Masonslobster.com; Seafood; lunch, dinner \$

### McGarvey's Saloon & Oyster Bar

8 Market Space, Annapolis; 410-263-5700; MCGarveysannapolis.com; American; lunch, dinner, late-night, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Middleton Tavern

2 Market Space, Annapolis; 410-263-3323; Middlontavern.com; American, seafood; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Mission BBQ

142 Dock Street, Annapolis; 443-221-4731; Mission-bbq.com; Barbecue; lunch, dinner \$\$ 🍷 🍷 🍷

### O'Brien's Oyster Bar & Restaurant

113 Main Street, Annapolis; 410-268-6288; O'Briensoysterbar.com; Seafood; lunch, dinner, late-night, brunch \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### OB's Prime

111 Main Street, Annapolis; 410-269-1210; Obsprime.com; Steakhouse; dinner \$\$ 🍷 🍷 🍷

### Osteria 177

177 Main Street, Annapolis; 410-267-7700; Osteria177.com; Italian; lunch, dinner \$\$ 🍷 🍷 🍷

### Preserve

164 Main Street, Annapolis, 443-598-6920; Preserve-eats.com; Seasonal farm to table restaurant; brunch, lunch, dinner \$\$ 🍷 🍷 🍷

### Pusser's Caribbean Grille

80 Compromise Street, Annapolis; 410-626-0004; Pussersusa.com; Caribbean, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Red Red Wine Bar

189B Main Street, Annapolis; 410-990-1144; Redredwinebar.com; Wine bar; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Reynolds Tavern

7 Church Circle, Annapolis; 410-295-9555; Reynoldstavern.org; International; lunch, dinner, afternoon tea \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Sakura Café

105 Main Street, Annapolis; 410-263-0785; Annapolissakuracafe.com; Japanese; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Sofi's Crepes

1 Craig Street, Annapolis; 410-990-0929; Sofiscrepes.com; Sweet and savory crepes \$

### Vida Taco Bar

200 Main Street, Annapolis; 443-837-6521; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ 🍷 🍷

## Upper Annapolis

### 49 West, Coffeebar, Winebar & Gallery

49 West Street, Annapolis; 410-626-9796; 49westcoffeehouse.com; American, coffeehouse; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Azure

100 Westgate Circle, Annapolis; 410-972-4365; Azureannapolis.com; Modern American; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷

### Baroak

126 West Street, Annapolis; 410-295-3225; Baroakannapolis.com; American, Belgian; breakfast, brunch, lunch, dinner \$\$ 🍷 🍷 🍷 🍷

### Carpaccio Tuscan Kitchen & Wine Bar

1 Park Place, Annapolis; 410-268-6569; Carpaciotuscankitchen.com; Italian; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Chesapeake Brewing Co.

114 West Street, Annapolis; 410-268-0000; Chesbrewco.com; Seafood bar & grill; lunch, dinner, Weekend brunch \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### El Toro Bravo

50 West Street, Annapolis; 410-267-5949; Mexican; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🎵 🍷

### Fado Irish Pub

1 Park Place #7, Annapolis; 410-626-0069; Fadoirishpub.com/annapolis; Irish; lunch, dinner, late-night, Sunday brunch \$ 🍷 🍷 🍷 🍷 🎵 🍷

### Lemongrass

167 West Street, Annapolis; 410-280-0086; Lemongrassannapolis.com; Thai; lunch, dinner \$ 🍷 🍷 🍷

KILLARNEY HOUSE

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**Level Small**

**Plates Lounge**

69 West Street, Annapolis; 410-268-0003; Lannapolis.com; Modern American, tapas; dinner, late-night \$ ☎  
 ☺ ♪ 🐾

**Light House Bistro**

202 West Street, Annapolis; 410-424-0922; Lighthousebistro.org; American; breakfast, lunch, dinner, weekend brunch \$ ☺ ♪ 🐾

**Luna Blu**

36 West Street, Annapolis; 410-267-9950; Lunablufannapolis.com; Italian; lunch, dinner \$\$ ☎ ☺

**Metropolitan Kitchen & Lounge**

175 West Street, Annapolis; 410-280-5160; Metropolitanannapolis.com; Modern American; breakfast, lunch, dinner, late-night \$\$ ☎ ☺ ♪ ♪ 🐾

**Miss Shirley's Café**

1 Park Place, Annapolis; 410-268-5171; MissShirleys.com; Southern American; breakfast, brunch, lunch \$ ☺ ♪ ♪ 🐾 🐾

**Rams Head Tavern**

33 West Street, Annapolis; 410-268-4545; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$ ☺ ♪ ♪ 🐾 🐾

**Sailor Oyster Bar**

196 West Street, Annapolis; 410-571-5449; Sailoroysterbar.com; American grill, seafood, cocktails; weekend lunch, dinner \$\$ ☺ 🐾

**Stan & Joe's Saloon**

37 West Street, Annapolis; 410-263-1993; Stanandjoessaloon.com; American; lunch, dinner, late-night, Sunday brunch \$ ☺ ♪ 🐾

**Tsunami**

51 West Street, Annapolis; 410-990-9868; Tsunamiannapolis.com; Fusion, sushi; lunch, dinner, late-night \$\$ ☺ ♪ 🐾

**Greater Annapolis**

**Basmati**

2444 Solomons Island Road, Annapolis; 410-266-6355; Basmatiofannapolis.com; Indian; lunch, dinner \$\$ ☎ ☺ ♪ 🐾 🐾

**Bean Rush Café**

1015 Generals Highway, Crownsville; 410-923-1546; Beanrushcafe.com; Coffee, baked goods, sandwiches; breakfast, lunch \$

**Blue Rooster Café**

1372 Cape St. Claire Road, Annapolis; 410-757-5232; GoToRoosters.com; Modern American; breakfast, lunch, dinner \$\$ ☺ ♪ 🐾

**Brio Tuscan Grille**

305 Sail Place, Annapolis; 410-571-5660; Brioitalian.com; Italian; lunch, dinner, Sunday brunch \$\$ ☎ ☺ ♪ ♪ 🐾 🐾

**The Brass Tap**

2002 Annapolis Mall Road, Annapolis; 833-901-2337; Brasstap-beerbar.com; American; lunch, dinner \$ ☺ ♪ 🐾

**Broadneck Grill & Cantina**

1364 Cape St Claire Road, Annapolis; 410-757-0002; Broadneckgrill.com; Contemporary American and Mexican Cuisine; serve breakfast Saturday and Sunday; lunch, dinner \$\$ ☺ ♪ ♪

**Bruster's Real Ice Cream**

1409 Forest Drive, Annapolis; 410-295-0025; Brustersannapolis.com; Dessert \$ 🐾 🐾

**Buffalo Wild Wings**

2337-A Forest Drive, Annapolis; 410-573-0331; Buffalowildwings.com; American; lunch, dinner \$ ☺ ♪ 🐾

**Cantler's Riverside Inn**

458 Forest Beach Road, Annapolis; 410-757-1311; Cantlers.com; Crabs, seafood; lunch, dinner \$\$ ☺ ♪ 🐾 🐾

**The Canton Restaurant**

11 Ridgely Avenue, Annapolis; 410-280-8658; Cantonannapolis.com; Chinese; lunch, Dinner \$ ☺ ♪

**Cooper's Hawk**

1906 Towne Centre Blvd, Annapolis; 443-837-9989; Chwinery.com; American; lunch, dinner \$\$ ☺ ♪ 🐾

**Chevys Fresh Mex**

2436 Solomons Island Rd, Annapolis; 410-573-4932; Chevysannapolis.com; Mexican; lunch, dinner, brunch \$\$ ☎ ☺ ♪ ♪

**Chris' Charcoal Pit**

1946 West Street, Annapolis; 410-266-5200; Chrischarcoalpit.com; Greek; lunch, dinner \$ ☺ ♪ 🐾

**Chuy's**

2339 Forest Drive, Annapolis; 512-473-2783; Chuys.com; Mexican; lunch, dinner \$-\$\$ ☺ ♪

**Double T Diner**

12 Defense Street, Annapolis; 410-571-9070; DoubleTdiner.com; American diner; breakfast, lunch, dinner, late-night \$\$ ☺ ♪ 🐾

**Eggcellence**

2625 Housley Road, Annapolis; 410-573-9503; Eggcellence-brunchery.com; American; breakfast, lunch \$ 🐾

**Evelyn's**

26 Annapolis St, Annapolis; 410-263-4794; Evelynsannapolis.com; American; breakfast, brunch, lunch, happy hour \$\$ ☺ ♪ ♪

**Giolitti Delicatessen**

2068 Somerville Road, Annapolis; 410-266-8600; Giolittideli.com; Delicatessen; lunch, dinner \$ ☺ ♪ ♪

**Gordon Biersch**

1906 Towne Centre Boulevard, Ste. 155, Annapolis; 410-266-5965; Gordonsbiersch.com; American; lunch, dinner \$\$ ☎ ☺ ♪ ♪

**Grapes Wine Bar**

1410 Forest Drive, Annapolis; 410-571-5378; Grapeswinebarannapolis.com; Mediterranean; lunch (Sat. only), dinner \$\$ ☺ ♪

**The Greene Turtle**

177 Jennifer Road, Annapolis; 410-266-7474; Greenturtle.com; American, sports bar; lunch, dinner \$ ☺ ♪ ♪

**Herald Harbor Hideaway**

400 Herald Harbor Road, Crownsville; 410-923-4433; Heraldharborhideaway.com; American; lunch, dinner \$ ☺ ♪ ♪

**Heroes Pub**

1 Riverview Avenue, Annapolis; 410-573-1996; Heroespub.com; American, sports bar; lunch, dinner \$\$ ☺ ♪ ♪ 🐾

**Italian Market & Restaurant**

126 Defense Highway, Annapolis; 410-224-1330; Theitalianmarket.com; Italian; lunch, dinner \$ ☺ ♪ 🐾

**Jalapeños**

85 Forest Plaza, Annapolis; 410-266-7580; Jalapeñosonline.com; Spanish, Mexican; lunch, dinner \$\$ ☎ ☺ ♪ 🐾 🐾

**La Sierra**

2625 Riva Road, Annapolis; 410-573-2961; Lasierrestaurantinc.com; Mexican; lunch, dinner \$\$ ♪ ♪



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**Lebanese Taverna Café**

2335 Forest Drive Ste. 46A, Annapolis; 410-897-1111; Lebanesetaverna.com; Middle Eastern; lunch, dinner \$

**Lemongrass Too**

2625-A Housley Road, Annapolis; 410-224-8424; Lemongrassannapolis.com; Thai; lunch, dinner \$ \$

**Les Folies Brasserie**

2552 Riva Road, Annapolis; 410-573-0970 Lesfoliesbrasserie.com French; lunch, dinner \$ \$

**Lures**

1397 Generals Highway, Crownsville; 410-923-1606; Luresbarandgrille.com; American grill, seafood; lunch, dinner, Sunday brunch \$ \$

**Ledo Pizza**

505 S. Cherry Grove Avenue, Annapolis; 410-295-3030; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$

**Maggiano's Little Italy**

2100 Annapolis Mall Road, Ste. 1200, Annapolis; 410-266-3584; Italian; lunch, dinner, Saturday and Sunday brunch \$ \$

**The Melting Pot**

2348 Solomons Island Road, Annapolis; 410-266-8004; Meltingpot.com; Fondue; dinner \$ \$

**Mi Lindo Cancún Grill**

2134 Forest Drive, Annapolis; 410-571-0500; Lindocancungrill.com; Mexican; breakfast, lunch, dinner \$

**Mission BBQ**

2101 Somerville Road, Annapolis; 443-569-4700; Mission-bbq.com; Barbecue; lunch, dinner \$ \$

**Newk's Eatery**

2077 Somerville Rd. Suite 150, Annapolis; 410-934-7000; Newk.com; Sandwiches, soups, salads, pizza; lunch, dinner \$

**Paladar Latin Kitchen & Rum Bar**

1905 Towne Centre Boulevard, Ste. 100, Annapolis; 410-897-1022; Paladarlatinkitchen.com; Latin American; lunch, dinner, late-night, Weekend brunch \$ \$

**Paul's Homewood Café**

919 West Street, Annapolis; 410-267-7891; Paulshomewoodcafe.com; Mediterranean; lunch, dinner, brunch \$ \$

**Pasticcio**

150-F Jennifer Road, Annapolis; 443-949-0608; Pasticcioannapolis.com; Italian; lunch, dinner \$ \$

**Ports of Call**

210 Holiday Court, Annapolis; 410-573-1350; Doubletreeannapolis.com; Modern American; breakfast, lunch, dinner \$ \$

**Rams Head Roadhouse**

1773 Generals Highway, Annapolis; 410-849-8058; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$ \$

**Red, Hot & Blue**

200 Old Mill Bottom Road, Annapolis; 410-626-7427; Redhotandblue.com; Barbecue; lunch, dinner \$

**Riverbay Roadhouse**

1374 Cape St Claire Road, Annapolis; 410-757-2919; Riverbay-roadhouse.com; Steak, seafood; breakfast, lunch, dinner \$ \$

**Royal Karma**

302 Harry S. Truman Pkwy, Suite K, Annapolis; 410-266-5006; Indianfoodannapolis.com; Indian; Lunch buffet, dinner \$ \$

**Sakura Japanese Steak & Seafood House**

2625 Housley Road, Annapolis; 410-573-0006; Sakurasteakhouse.com; Japanese; lunch, dinner \$ \$

**Sam's on the Waterfront**

2020 Chesapeake Harbour Drive East, Annapolis; 410-263-3600; Samsonthewaterfront.com; Modern American; lunch, dinner, Sunday brunch \$ \$

**Sandy Pony Donuts**

1901 Towne Centre Blvd., Ste 130, Annapolis; 301-873-3272; Sandyponydonut.com; Breakfast \$

**Seafood Palace Buffet**

81 Forest Plaza A, Annapolis; 410-216-2186; Seafoodpalacebuffet.com; American, Japanese, Seafood; lunch, dinner \$

**Seyvern Inn**

1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; Seyvernn.com; Seafood; lunch, dinner, Sunday brunch \$ \$

**Sin Fronteras**

2129 Forest Drive, Annapolis; 410-266-0013; Sinfronterascasafe.com; Mexican; lunch, dinner, Saturday and Sunday breakfast \$ \$

**Soul**

509 S. Cherry Grove Avenue, Annapolis; 410-267-6191; Soulannapolis.com; Southern-inspired small plates; lunch, dinner, Saturday & Sunday brunch \$ \$

**Stoney River**

**Legendary Steaks**  
2190 Annapolis Mall, Annapolis; 410-224-8312; Stoneyriver.com; Steakhouse; lunch, dinner \$ \$

**Union Jack's**

2072 Somerville Road, Annapolis; 410-266-5681; Union-jacksannapolis.com; British-style pub; lunch, dinner, Sunday brunch \$ \$

**Ziki Japanese Steakhouse**

1906 Towne Center Boulevard, Ste. 4250, Annapolis; 410-224-6598; Zikisteakhouse.com; Japanese, sushi; lunch, dinner \$ \$

**Zoe's Kitchen**

1901 Towne Center Boulevard, Ste. 105, Annapolis; 410-266-7284; Zoeskitchen.com; Casual Mediterranean Lunch, dinner \$

**Eastport / Bayridge**

**Adam's Taphouse and Grill**

921C Chesapeake Avenue, Annapolis; 410-267-0064; Adams-grilleannapolis.com; Barbecue; lunch, dinner \$ \$

**Annapolis Smokehouse & Tavern**

107 Hillsmere Drive, Annapolis; 410-571-5073; Annapolis-smokehouse.com; American BBQ; lunch, dinner, catering, Weekend brunch \$ \$

**Bakers & Co.**

618 Chesapeake Avenue, Annapolis; 410-280-1119; Bakersandco.com; Bakery, café; Breakfast \$

**Blackwall Hitch**

400 6th Street, Annapolis; 410-263-3454; Theblackwallhitch.com; Upscale-casual New American restaurant; brunch, lunch, dinner, late-night \$ \$

**Boatyard Bar & Grill**

400 Fourth Street, Annapolis; 410-216-6206; Boatyardbarandgrill.com; American, seafood; breakfast, lunch, dinner. \$ \$

**Bread and Butter Kitchen**

303 Second Street, Ste. A, Annapolis; 410-202-8680; Breadandbutterkitchen.com; American; breakfast, lunch \$

**Caliente Grill**

907 Bay Ridge Road, Annapolis; 410-626-1444; Calientergrillannapolis.com; Latin; lunch, dinner \$ \$

**Carrol's Creek**

410 Severn Avenue, Annapolis; 410-263-8102; Carrolscreek.com; Seafood; lunch, dinner, Sunday brunch \$ \$

**Chart House**

300 Second Street, Annapolis; 410-268-7166; Chart-house.com; Seafood; dinner, Sunday brunch \$ \$

**Davis' Pub**

400 Chester Avenue, Annapolis; 410-268-7432; Davispub.com; American; lunch, dinner, late night \$

**Eastport Kitchen**

923 Chesapeake Avenue, Annapolis; 410-990-0000; Eastportkitchen.com; American; breakfast, lunch, dinner \$ \$

**Grump's Café**

117 Hillsmere Drive, Annapolis; 410-267-0229; Grumpscafe.com; American; breakfast, lunch, dinner \$

**Jack's Fortune**

960 Bay Ridge Road, Annapolis; 410-267-7731; Jackfortune1.com; Chinese; lunch, dinner \$

**Lewnes' Steakhouse**

401 Fourth Street, Annapolis; 410-263-1617; Lewnessteakhouse.com; Steakhouse, seafood; dinner \$ \$ \$

**Main & Market**

914 Bay Ridge Road, Annapolis; 410-626-0388; Mainandmarket.com; Farm-to-table; breakfast, lunch, dinner \$ \$

**O'Leary's Seafood Restaurant**

310 Third Street, Annapolis; 410-263-0884; Olearysseafood.com; Seafood; dinner, Sunday brunch \$ \$ \$

**Rocco's Pizzeria**

954 Bay Ridge Road, Annapolis; 410-263-9444; Roccospizzashop.com; Pizza; lunch, dinner \$

**Ruth's Chris**

301 Severn Avenue, Annapolis; 410-990-0033; Ruthschris-Annapolis.com; Steakhouse; dinner \$ \$ \$

**Sammy's Pizza Kitchen**

1007 Bay Ridge Ave, Annapolis; 410-990-9800; Sammyspizzakitchen.com; Italian; lunch, dinner \$-\$ \$

WHAT'S UP? READERS'



# RESTAURANT REVIEW

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Restaurant Name \_\_\_\_\_

Restaurant Location \_\_\_\_\_

Your Review \_\_\_\_\_

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909 Bay Ridge Avenue, Annapolis; 410-990-1846; Vin909.com; Farm-to-table; lunch, dinner \$\$ 🍷 🌿 🍷

**Edgewater / South County**

**Adam's Taphouse and Grille**

169 Mayo Road, Edgewater; 410-956-2995; Adamsgrileannapolis.com; Barbecue; lunch, dinner \$\$ 🍷 🌿 🍷

**All American Steakhouse**

139 Mitchells Chance Road, Edgewater; 410-956-4494; Theallamericansteakhouse.com; American; lunch, dinner \$\$ 🌿 🍷

**Bayside Inn**

1246 Mayo Road, Edgewater; 410-956-2722; American, Seafood; breakfast, lunch, dinner \$\$ 🌿 🍷 🌿

**Bella Sera**

9 Lee Airpark Drive, Edgewater; 410-956-8555; Bellasera-tasteofitaly.com; Italian; lunch, dinner \$ 🍷

**Broadneck Grill & Cantina**

74 Central Avenue West, Edgewater; 410-956-3366; Broadneckgrill.com; American and Mexican Cuisine; lunch, dinner \$ 🍷 🍷 🌿 🍷

**The Bistro at South River**

3451 Solomons Island Road, Edgewater; 410-798-5865; Golfclubsr.com; Modern American; breakfast, lunch, dinner \$\$ 🌿 🌿 🌿

**Chad's BBQ**

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com; Authentic smoked barbecue; lunch, dinner \$ 🌿 🍷 🌿 🍷

**Pier Oyster Bar**

48 South River Road, Edgewater; 443-837-6057; Coconutjoesusa.com; Caribbean; lunch, dinner, late-night \$\$ 🌿 🍷 🌿 🍷

**Edgewater Restaurant**

148 Mayo Road, Edgewater; 410-956-3202; Edgewaterrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ 🌿 🍷

**Fuji Steakhouse**

169 Mitchells Chance Road, Edgewater; 410-956-8898; Fujisteakhousemd.com; Japanese; lunch, dinner \$\$ 🍷 🌿 🍷

**Glory Days Grill**

3 Lee Airpark Drive, Edgewater; 443-808-8880; Glorydaysgrill.com; American, sports bar; lunch, dinner \$ 🌿 🌿 🍷

**The Greene Turtle**

3213 Solomons Island Road, Ste. A, Edgewater; 410-956-1144; Greenturtle.com; American Lunch, dinner, late-night \$ 🌿 🍷 🌿 🍷

**Happy Harbor**

533 Deale Road, Deale; 410-867-0949; Happyharbordeale.com; American; lunch, dinner \$ 🌿 🍷 🌿 🍷

**Harvest Thyme Modern Kitchen & Tavern**

1251 West Central Ave, Davidsonville; 443-203-6846; Harvest-thymetavern.com; American; lunch, happy hour, dinner \$ 🌿

**Hispa Restaurant**

183 Mayo Road, Edgewater; 410-956-7205; Latin American; breakfast, lunch, dinner \$

**Killarney House**

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com; Irish; lunch, dinner, late-night \$\$ 🍷 🌿 🍷 🌿

**Ledo Pizza**

3072 Solomons Island Road, Edgewater; 410-956-6700; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$ 🍷 🌿 🍷

**M Thai Restaurant**

181 Mitchells Chance Road, Edgewater; 410-956-0952; Thai; lunch, dinner \$

**Mike's Bar & Crab House**

3030 Riva Road, Riva; 410-956-2784; Mikescrabhouse.com; Seafood; lunch, dinner, late-night \$\$ 🍷 🌿 🍷 🌿

**Nova Sushi Bar and Asian Fusion**

3257 Solomons Island Road, Edgewater; 410-956-5326; Novasushi.com; Sushi, lunch, dinner \$-\$

**Old Stein Inn**

1143 Central Avenue, Edgewater; 410-798-6807; Oldstein-inn.com; German; dinner \$\$ 🌿 🍷 🌿 🍷

**Petie Greens Bar and Grill**

6103 Drum Point Road, Deale; 410-867-1488; Petiegreens.com \$\$ 🍷 🌿 🍷 🌿

**Pirate's Cove**

4817 Riverside Drive, Galesville; 410-867-2300; Piratescovemd.com; Seafood; breakfast, lunch, dinner, Sunday brunch \$\$ 🍷 🌿 🍷 🌿

**Plazuelas**

3029 Solomons Island Road, Edgewater; 410-956-0080; Mexican; lunch, dinner \$

**Red N Reel Restaurant**

4165 Mears Avenue, Chesapeake Beach; 410-257-2735; Chesapeakebeachresortspa.com; Seafood; breakfast, lunch, dinner \$\$ 🍷 🌿 🍷 🌿

**Saigon Palace**

10 Mayo Road, Edgewater; 410-956-0505; Vietnamese; lunch, dinner \$ 🌿 🍷

**Skipper's Pier**

**Restaurant & Dock Bar**  
6158 Drum Point Road, Deale; 410-867-7110; Skipperspier.com; Seafood; dinner \$\$ 🍷 🌿 🍷 🌿

**Stan & Joe's**

**Saloon South**  
173 Mitchells Chance Road, Edgewater; 443-837-6126; Stanandjoes-saloon.com; American; lunch, dinner, late-night \$ 🌿 🍷 🌿 🍷 🐾

**S & J Riverside**

4851 Riverside Drive, Galesville; 410-867-7200; Seafood; lunch, dinner \$\$ 🌿 🍷 🌿 🍷 🌿

**Yellowfin Steak & Fish House**

2840 Solomons Island Road, Edgewater; 410-573-1333; Yellowfin-restaurant.com; Steak, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🌿 🍷 🌿

**Arnold / Severna Park / Pasadena & Beyond**

**Adam's Ribs**

589 Baltimore Annapolis Boulevard, Severna Park; 410-647-5757; Adamsribs.com; Barbecue; lunch, dinner \$\$ 🌿 🍷

**Ashling Kitchen & Bar**

1286 Route 3 South Ste. 3, Crofton; 443-332-6100; Ashlingco.com; American; lunch, dinner \$\$ 🌿

**Bella Italia**

1460 Ritchie Highway, Arnold; 410-757-3373; Bellaitaliaarnold.com; Italian; lunch, dinner \$ 🌿 🍷

**Blackwall Barn & Lodge**

329 Gambrills Road, Gambrills; 410-317-2276; Barnandlodge.com; American; lunch, dinner, weekend brunch \$\$ 🍷 🌿 🍷 🌿 🍷

**Brian Boru Restaurant & Pub**

489 Ritchie Highway, Severna Park; 410-975-2678; Brianborupub.com; Irish; lunch, dinner, Sunday brunch \$\$ 🍷 🌿 🍷 🌿

**Café Bretton**

849 Baltimore Annapolis; Boulevard, Severna Park; 410-647-8222; Cafe-bretton.com; French; dinner \$\$

**Café Mezzanotte**

760 Ritchie Highway, Severna Park; 410-647-1100; Cafemezz.com; Italian; lunch, dinner \$\$ 🍷 🌿 🍷 🌿 🌿

**Donnelly's Dockside**

1050 Deep Creek Avenue, Arnold; 410-757-4045; Donnellys-dockside.com.com; Seafood; lunch, dinner \$\$ 🌿 🍷 🌿 🍷

**Founders Tavern & Grille**

8125 Ritchie Highway, Pasadena; 410-544-0076; Founders-tavernandgrille.com; American; lunch, dinner \$ 🍷 🌿

**Gina's Cafe**

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascafestmikes; Southwestern, Vegetarian; lunch, dinner \$\$

**La Posta Pizzeria**

513 Baltimore Annapolis Blvd., Severna Park; 443-906-2840; Lapos-tapizzeria.com; Italian; lunch, dinner \$-\$

**Ledo Pizza**

552 Ritchie Highway, Severna Park; 410-544-3344; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍷 🌿

**Lemongrass Arnold**

959 Ritchie Highway, Arnold; 410-518-6990; Lemongrassannapolis.com; Thai; lunch, happy hour, dinner \$ 🌿

**Mamma Angela's**

2225-A Defense Highway, Crofton; 443-584-4038; Mammaas.com; Italian; lunch, dinner \$-\$ 🌿

**Mi Pueblo II**

554-A Ritchie Highway, Severna Park; 410-544-4101; Mipueblo2.com; Mexican; lunch, dinner \$ 🌿 🍷

**Mother's Peninsula Grill**

969 Ritchie Highway, Arnold; 410-975-5950; Mothersgrille.com; American, seafood; lunch, dinner \$\$ 🌿 🍷 🌿 🍷

**O'Loughlin's Restaurant**

1258 Bay Dale Drive, Arnold; 410-349-0200 O'loughlinpub.com; American; lunch, dinner, late-night \$\$\$ 🌿 🍷 🌿 🍷

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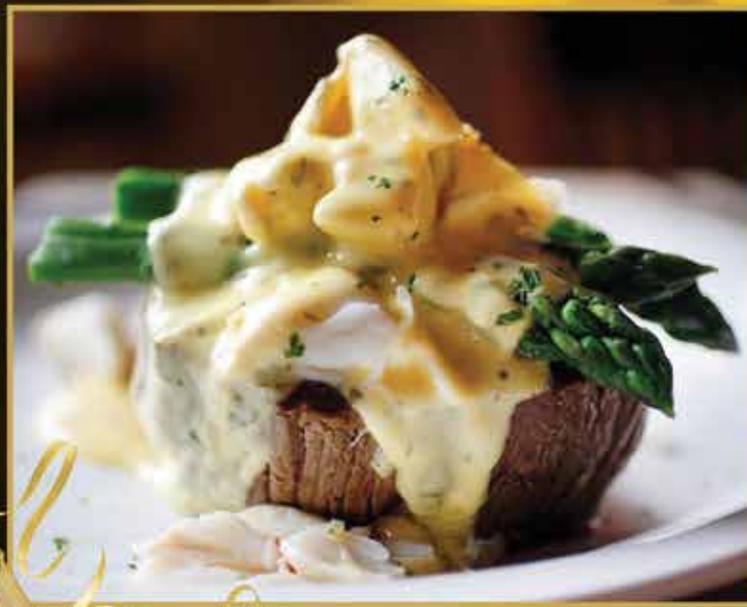
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**Park Tavern**

580 Ritchie Highway, Severna Park; 410-793-5930; Parktavernsp.com; American; lunch, dinner \$\$ 🍷 🌿

**Pascal's Chophouse**

139 Ritchie Highway, Suite A, Severna Park; 410-647-8216; Pascalschophouse.com; Farm-to-table, USDA prime steaks; happy hour, dinner \$\$ 🍷 🌿

**The Point Crab House & Grill**

700 Mill Creek Road, Arnold; 410-544-5448; Thepointcrabhouse.com; Casual contemporary American Seafood restaurant; brunch, lunch, dinner \$\$ 🍷 🌿 🎵 🍷

**Rico's Tacos and Tequila Bar**

1266 Bay Dale Drive, Arnold; 410-571-3466; Ricostacos.co; Mexican; lunch, dinner, weekend brunch \$ 🍷 🌿

**Rips Country Inn**

3809 N. Crain Highway, Bowie; 301-805-5900; Ripscountryinn.com; Rustic country cooking and Chesapeake eats; breakfast, lunch, dinner \$\$ 🌿 🍷

**Romilo's Restaurant**

478-A Ritchie Highway, Severna Park; 410-544-6188; Romilosrestaurant.com; Greek; lunch, dinner \$\$ 🌿 🍷

**Severna Park Taphouse**

58 W. Earleigh Heights Road, Severna Park; 410-793-5759; Severnaparktaphouse.com; American, sports bar; dinner \$ 🌿

**Sin Fronteras**

7700 Ritchie Highway, Glen Burnie, 410-424-2022, Sinfronterascfe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$ 🌿

**Twains Tavern**

8359 Baltimore Annapolis; Boulevard, Pasadena; 410-647-5200; Twainstavern.com; American, sports bar; dinner \$ 🌿 🎵

**Vida Taco Bar**

541 Baltimore Annapolis Blvd, Severna Park; 410-544-2300; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ 🌿

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403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; brunch, dinner \$\$ 🍷 🌿

**Hemingway's Restaurant**

357 Pier 1 Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com; Seafood; lunch, dinner \$\$ 🍷 🌿 🎵 🍷

**The Island Hideaway**

14556 Solomons Island Road S, Solomons; 410-449-6382; Theislandhideawaysolomons.com; American; lunch, dinner 🍷 🌿 🍷 🎵

**Knoxie's Table**

180 Pier 1 Road, Stevensville; 410-249-5777; Baybeachclub.com; American; dinner, weekend brunch 🍷 🌿

**Mason's - Redux 2017**

22 South Harrison Street, Easton; 410-822-3204; Masonsredux.com; Modern American; lunch, dinner, Sunday brunch \$-\$\$ 🍷 🌿 🍷 🎵

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# December Calendar

(F) FAMILY EVENTS (C) CHARITY EVENTS (TIX) AVAILABLE AT WHATSUPTIX.COM

Advertisers listed in red What's Up? Tix event listed in blue



↑ Calling all chocolate lovers! The Chocolate Binge Festival returns for its fifth year on Sunday, December 8, 12–5 p.m. Held on the first block of West Street, the festival will feature more than 40 local chocolate vendors selling delicious specialties including chocolate bars, cakes, caramels, cookies, hot chocolate, and more. Enjoy live music, a marshmallow roast, a holiday market, activities for the kids, and plenty of chocolate. Admission is \$5. For more information, visit [AnnapolisChocolateFestival.com](http://AnnapolisChocolateFestival.com).

## Sunday

# 1

### SPECIAL EVENTS

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. [Lightsonthebay.org](http://Lightsonthebay.org) (F) (C)

**Annapolis Grand Illumination** at Downtown Annapolis, Annapolis. 4:45 p.m. [DowntownAnnapolisPartnership.org](http://DowntownAnnapolisPartnership.org) (C)

**Santa at Homestead Gardens** at Homestead Gardens, Davidsonville. 11 a.m. 410-798-5000. [Homesteadgardens.com](http://Homesteadgardens.com) (F)

**Talbot Hospice Festival of Trees** at Tidewater Inn, Easton. 11 a.m. [Talbotfestival.org](http://Talbotfestival.org) (C) (F)

**Sip & Shop Sundays** at Downtown Easton, Easton. 11 a.m. [DiscoverEaston.com](http://DiscoverEaston.com)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 2 p.m. [Eastonvid.org](http://Eastonvid.org) (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. [Oceocoan.com](http://Oceocoan.com) (F)

**Santa at Homestead Gardens** at Homestead Gardens, Severna Park. 11 a.m. 410-384-7966. [Homesteadgardens.com](http://Homesteadgardens.com) (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. [Enchantchristmas.com](http://Enchantchristmas.com) (F)

**On Land and On Sea** at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.–5 p.m. daily. Now through March 1, 2020. 410-745-2916. [Cbmm.org](http://Cbmm.org)

**Bodyphones and Jivadan Raga** at Academy Art Museum, Easton. 10 a.m.–8 p.m. (Tues.–Thurs.), 10 a.m.–4 p.m. (Fri.–Mon.). Now through May 31, 2020. 410-822-2787. [Academyartmuseum.org](http://Academyartmuseum.org)

**Annual Members' Exhibition: The Small Originals Holiday Show** at Easton Armory, Easton. 10 a.m.–8 p.m. (Tues.–Thurs.), 10 a.m.–4 p.m. (Fri.–Mon.). Now through December 4, 2019. 410-822-2787. [Academyartmuseum.org](http://Academyartmuseum.org)

**Section 14: The Other Palm Springs** at The National Museum of the American Indian, D.C. 10 a.m.–5:30 p.m. daily. Now through January 2020. 202-633-1000. [Americanindian.si.edu](http://Americanindian.si.edu)

**Votes for Women: A Portrait of Persistence** at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.–7 p.m. daily. Now through January 5, 2020. 202-633-8300. [Npg.si.edu](http://Npg.si.edu)

**Rise Up: Stonewall and the LGBTQ Rights Movement** at Newseum, D.C. 9 a.m.–5 p.m. (Mon.–Sat.), 10 a.m.–5 p.m. (Sun.). Now through January 5, 2020. 202-292-6100. [Newseum.org](http://Newseum.org)

**David H. Koch Hall of Fossils - Deep Time** at National Museum of Natural History, D.C. 10 a.m.–5:30 p.m. daily. 202-633-1000. [Naturalhistory.si.edu](http://Naturalhistory.si.edu)

**Women of Progress: Early Camera Portraits** at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.–7 p.m. daily. Now through May 31, 2020. 202-633-8300. [Npg.si.edu](http://Npg.si.edu)

**Illegal to be You: Gay History Beyond Stonewall** at National Museum of American History, D.C. 10 a.m.–5:30 p.m. daily. Now through 2020. 202-633-1000. [Americanhistory.si.edu](http://Americanhistory.si.edu)

**One Life: Marian Anderson** at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.–7 p.m. daily. Now through May 17, 2020. Free. 202-633-8300. [Npg.si.edu](http://Npg.si.edu)

**By the Light of the Silvery Moon: A Century of Lunar Photographs to Apollo 11** at National Gallery of Art, D.C. 10 a.m.–5 p.m. (Mon.–Sat.), 11 a.m.–6 p.m. (Sun.). Now through January 5, 2020. [Nga.gov](http://Nga.gov)

**Verrocchio: Sculptor and Painter of Renaissance Florence** at National Gallery of Art, D.C. 10 a.m.–5 p.m. (Mon.–Sat.), 11 a.m.–6 p.m. (Sun.). Now through January 12, 2020. [Nga.gov](http://Nga.gov)

**Judy Chicago-The End: A Meditation on Death and Extinction** at National Museum of Women in the Arts, D.C. 10 a.m.–5 p.m. (Mon.–Sat.), 12–5 p.m. (Sun.). Now through January 20, 2020. 202-783-5000. [Nmwa.org](http://Nmwa.org)

**Live Dangerously** at National Museum of Women in the Arts, D.C. 10 a.m.–5 p.m. (Mon.–Sat.), 12–5 p.m. (Sun.). Now through January 20, 2020. 202-783-5000. [Nmwa.org](http://Nmwa.org)

**Lee Ufan: Open Dimension** at Hirshhorn Museum, D.C. 10 a.m.–5:30 p.m. daily. Now through September 13, 2020. 202-633-1000. [Hirshhorn.si.edu](http://Hirshhorn.si.edu)

**Elephants and Us: Considering Extinction** at National Museum of American History, D.C. 10 a.m.–5:30 p.m. daily. 202-633-1000. [Americanhistory.si.edu](http://Americanhistory.si.edu)

**Women Artists of the Dutch Golden Age** at National Museum of Women in the Arts, D.C. 10 a.m.–5 p.m. (Mon.–Sat.), 12–5 p.m. (Sun.). Now through January 5, 2020. 202-783-5000. [Nmwa.org](http://Nmwa.org)

**Picturing the American Buffalo: George Catlin and Modern Native American Artists** at Smithsonian American Art Museum, D.C. 11:30 a.m.–7 p.m. daily. Now through April 12, 2020. 202-633-7970. [Americanart.si.edu](http://Americanart.si.edu)

**Alonso Berruguete: First Sculptor of Renaissance Spain** at National Gallery of Art, D.C. 10 a.m.–5 p.m. (Mon.–Sat.), 11 a.m.–6 p.m. (Sun.). Now through February 17, 2020. [Nga.gov](http://Nga.gov)

**Pat Steir** at Hirshhorn Museum, D.C. 10 a.m.–5:30 p.m. daily. Now through September 7, 2020. 202-633-1000. [Hirshhorn.si.edu](http://Hirshhorn.si.edu)

**The Outwin 2019: American Portraiture Today** at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.–7 p.m. daily. Now through August 30, 2020. 202-633-8300. [Npg.si.edu](http://Npg.si.edu)

**Marcel Duchamp: The Barbara And Aaron Levine Collection** at Hirshhorn Museum, D.C. 10 a.m.–5:30 p.m. daily. Now through October 12, 2020. 202-633-1000. [Hirshhorn.si.edu](http://Hirshhorn.si.edu)

**Recent Acquisitions** at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.–7 p.m. daily. Now through August 30, 2020. 202-633-8300. [Npg.si.edu](http://Npg.si.edu)

**Chiura Obata: American Modern** at Smithsonian American Art Museum, D.C. 11:30 a.m.–7 p.m. daily. Free. Now through May 25, 2020. 202-633-7970. [Americanart.si.edu](http://Americanart.si.edu)

**2019 Holiday Show/Gift Sale** at Chestertown RiverArts, Chestertown. 11 a.m.–5:30 p.m. (Tues.–Fri.), 10 a.m.–5:30 p.m. (Sat.), 11 a.m.–3 p.m. (Sun.). Now through December 29, 2019. 410-778-6300. [Chestertownriverarts.net](http://Chestertownriverarts.net)

**Esther & The Dream of One Loving Human Family** at American Visionary Art Museum, Baltimore. 10 a.m.–6 p.m. (Tues.–Sun.), closed Mon. Now through March 1, 2024. Prices vary. 410-244-1900. [Avam.org](http://Avam.org)

**The Secret Life of Earth: Alive! Awake! (and possibly really Angry!)** at American Visionary Art Museum, Baltimore. 10 a.m.-6 p.m. (Tues.-Sun.), closed Mon. Now through September 5, 2020. 410-244-1900. Avam.org

**Hitching Their Dreams To Untamed Stars: Joyce J. Scott & Elizabeth Talford Scott** at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through December 1, 2019. 443-573-1700. Artbma.org

**Every Day: Selections from the Collection** at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 5, 2020. 443-573-1700. Artbma.org

**Melvin Edwards: The Architecture of Being** at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 12, 2020. 443-573-1700. Artbma.org

**Time and Place** at The Walters Art Museum, Baltimore. 10 a.m.-5 p.m. (Fri.-Sun. and Wed.), 10 a.m.-9 p.m. (Thurs.), closed Mon. and Tues. Now through March 1, 2020. Free. 410-547-9000. Thewalters.org

**Generations: A History of Black Abstract Art** at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 19, 2020. 443-573-1700. Artbma.org

**Melvin Edwards: Crossroads** at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 19, 2020. 443-573-1700. Artbma.org

**Designing the New: Charles Rennie Mackintosh and the Glasgow Style** at The Walters Art Museum, Baltimore. 10 a.m.-5 p.m. (Fri.-Sun. and Wed.), 10 a.m.-9 p.m. (Thurs.), closed Mon. and Tues. 410-547-9000. Thewalters.org

**Small Gems Show** at McBride Gallery, Annapolis. 12 p.m.-5:30 p.m. (Sun.), 10 a.m.-5:30 p.m. (Mon.-Wed. & Fri.-Sat.), 10 a.m.-9 p.m. (Thurs.). Now through December 31, 2019. 410-267-7077. Mbridegallery.com

**Holiday Exhibition** at Massoni Gallery, Chestertown. 11 a.m.-4 p.m. (Wed.-Fri.), 10 a.m.-5 p.m. (Sat.). Now through January 12, 2020. 410-778-7330. Massoniart.com

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. 2 p.m. 410-415-3513. Annapolis-shakespeare.org

**Dear Jack, Dear Louise** at Arena Stage, D.C. 2 p.m. & 7:30 p.m. 202-554-9066. Arenastage.org

**Newsies** at Arena Stage, D.C. 2 p.m. & 7:30 p.m. 202-554-9066. Arenastage.org

**Men on Boats** at Baltimore Center Stage, Baltimore. 2 p.m. 410-332-0033. Centerstage.org

**A Christmas Story: The Musical** at Clear Space Theatre, Rehoboth Beach. 3 p.m. 302-227-2270. Clearspace-theatre.org

**She Stoops to Conquer** at Fells Point Corner Theatre, Baltimore. 2 p.m. Fpct.org

**Annie** at Garfield Center for the Arts, Chestertown. 2 p.m. 410-810-2060. Garfieldcenter.org

**A Christmas Carol** at Olney Theatre, Olney. 2 p.m. 301-924-3400. Olneytheatre.org

**Singin' in the Rain** at Olney Theatre, Olney. 2 p.m. 301-924-3400. Olneytheatre.org

**Scooged for Christmas** at Stage & Screen Studios, Millersville. 3 p.m. 410-440-8488. Ptoshows.com

**White Pearl** at Studio Theatre, D.C. 2 p.m. & 7 p.m. 202-332-3300. Studiotheatre.org

**Aladdin** at The Hippodrome Theatre, Baltimore. 1 p.m. 410-837-7400. France-merickpacc.com

**MUSIC**

**Collie Buddz** at 9:30 Club, D.C. 8 p.m. 202-265-0930. 930.com

**NSO Pops: Harry Potter and the Order of the Phoenix in Concert** at The John F. Kennedy Center for the Performing Arts, D.C. 2 p.m. 202-467-4600. Kennedy-center.org

**Tygressa Sings Natalie presents Remembering Natalie Cole, a tribute** at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. Kennedy-center.org

**Diamond Rio: Holidays & Hits** at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Ramsheadonstage.com

**Preservation Hall Jazz Band** at Joseph Meyerhoff Symphony Hall, Baltimore. 3 p.m. 410-783-8000. Bsomusic.org

**2nd Ceremony Duo** at The Mainstay, Rock Hall. 4 p.m. 410-639-9133. Mainstayrock-hall.org

**Manchester Orchestra** at Fillmore Silver Spring, Silver Spring. 7:30 p.m. 301-960-9999. Fillmoresilver-spring.com

**SPORTS**

**Ravens vs 49ers** at M&T Bank Stadium, Baltimore. 1 p.m. 410-261-7283. Baltimore-ravens.com (F)

Monday

2

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**What's Up? for Lunch** at Blackwall Barn & Lodge, Annapolis. 11:30 a.m. What-suptix.com (TIX)

**Talbot Hospice Festival of Trees** at Tidewater Inn, Easton. 10 a.m. Talbotfestival.org (C) (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**PERFORMING ARTS**

**Free Range Improv Comedy Farewell Show** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**Joy to the World—A Christmas Celebration** at The John F. Kennedy Center for the Performing Arts, D.C. 8:30 p.m. 202-467-4600. Kennedy-center.org

**MUSIC**

**Percussion Chamber Music** at Washington College, Chestertown. 7:30 p.m.

**Bluegrass Jam** at St. Andrew's Episcopal Church, Hurlock. 7 p.m. 410-943-4900.

**Anita Baker** at MGM National Harbor, Oxon Hill. 8 p.m. 800-745-3000. Mgmnationalharbor.mgmresorts.com

**Xavier Omar** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

Tuesday

3

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Talbot Hospice Festival of Trees** at Tidewater Inn, Easton. 11 a.m. Talbotfestival.org (C) (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Chateau Ste Michelle Wine Dinner** at Carrol's Creek, Annapolis. 6:30 p.m. What-suptix.com (TIX)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**VISUAL MUSIC: The Parallel World of Rhythm & Melody by Michael Spears** at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through December 19, 2019. 410-263-5544. Marylandhall.org

**Drawn From Life: Figures and Portraits From the Maryland Hall Co-Ops** at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through December 19, 2019. 410-263-5544. Marylandhall.org

**Maryland Photography Alliance: Fine Art Imagery** at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through February 19, 2020. 410-263-5544. Marylandhall.org

**National Juried Art Exhibition: Visualizing the Word** at John A. Cade Center for Fine Arts Gallery, Arnold. 8 a.m. (Mon.-Sat.). Now through January 24, 2020. 410-777-7105. Aacc.edu

**22nd Anniversary Group Show** at Troika Gallery, Easton. 10 a.m.-5:30 p.m. (Mon.-Sat.). Now through December 21, 2019. 410-770-9190. Troikagallery.com

**Doing the Work: Celebrating 50 Years of MCAAHC** at Banneker-Douglass Museum, Annapolis. 10 a.m.-4 p.m. (Tues.-Sat.). Now through December 29, 2019. 410-216-6180. Bdmuseum.maryland.gov

**The Life and Art of Mary Petty** at St. John's College Mitchell Gallery, Annapolis. 12-5 p.m. (Tues.-Sun.). Now through December 15, 2019. 410-626-2556. Sjc.edu

**Mickalene Thomas: A Moment's Pleasure** at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through May 21, 2021. 443-573-1700. Artbma.org

**Artists' Favorites** at What's Up? Media Gallery, Annapolis. 8 a.m.-6 p.m. (Mon.-Fri.). Now through December 13, 2019. 410-266-6287. Whatsupmag.com

**PERFORMING ARTS**

**Dear Jack, Dear Louise** at Arena Stage, D.C. 7:30 p.m. 202-554-9066. Arenastage.org

**Men on Boats** at Baltimore Center Stage, Baltimore. 7:30 p.m. 410-332-0033. Centerstage.org

**Murder on the Orient Express** at Everyman Theatre, Baltimore. 7:30 p.m. 410-752-2208. Everymantheatre.org

**Peter Pan** at Shakespeare Theatre Company, D.C. 7:30 p.m. 202-547-1122. Shakespearetheatre.org

**White Pearl** at Studio Theatre, D.C. 8 p.m. 202-332-3300. Studiotheatre.org

**2019 International Guitar Competition & All-Star Gala Concert** at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. Kennedy-center.org

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**The Illusionists - Magic of the Holidays** at The National Theatre, D.C. 7:30 p.m. 202-628-6161. Thenationaldc.com

**MUSIC**

**Mac Ayres** at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

**DC101-derland Night 1** at The Anthem, D.C. 7:30 p.m. 202-888-0020. Theanthemdc.com

**Young Concert Artists presents Randall Coosby, violin** at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. Kennedy-center.org

**Eric Rachmany** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**CHON** at Fillmore Silver Spring, Silver Spring. 7 p.m. 301-960-9999. Fillmoresilver-spring.com

**SPORTS**

**Wizards Vs. Magic** at Capital One Arena, D.C. 7 p.m. Capitalonearena.com (F)

Wednesday

4

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**S'more Time Together** at Knoxville's Table at Chesapeake Bay Beach Club, Stevensville. 5 p.m. 410-604-5900. Baybeachclub.com

**Middle School Open House** at Annapolis Area Christian School. 9:00 a.m. acsonline.org

**Nativity Scenes From Around The World** at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7704/10-221-7700. Cambridgehousebandb.com

**Winter Wonderland Music and Tree Festival** at Governors Hall at Sailwinds Park, Cambridge. 11 a.m.

**Centreville Tree Lighting** at Town of Centreville, Centreville. 6:30 p.m. (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Karaoke Live!** at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Holiday Girls Night Out in Severna Park** at Homestead Gardens, Severna Park. 6 p.m. Homesteadgardens.com

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/3).

**Newsies** at Arena Stage, D.C. 12 p.m. & 7:30 p.m. 202-554-9066. Arenastage.org

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/3).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/3).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**White Pearl** at Studio Theatre, D.C. (See 12/3).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**The Illusionists - Magic of the Holidays** at The National Theatre, D.C. (See 12/3).

**MUSIC**

**Fortas Chamber Music Concerts: Pamela Frank and Peter Serkin** at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. Kennedy-center.org

**John Denver Christmas Show w. Chris Collins & Boulder Canyon** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Washington College Symphonic Band, Jazz Ensemble and Saxophone Chamber Music** at Washington College, Chestertown. 7:30 p.m.

**Aaron Lewis** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

Thursday

5

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Midnight Madness** at Downtown Annapolis, Annapolis. 6 p.m. Downtownannapolis-partnership.org (F)

**Ugly Sweater Holiday Hour** at Knoxville's Table at Chesapeake Bay Beach Club, Stevensville. 4 p.m. 410-604-5900. Baybeachclub.com

**The Gingerbread Challenge** at The Inn at Chesapeake Bay Beach Club, Stevensville. 6 p.m. 410-604-5900. Bay-beachclub.com

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**Holiday Taste and Sip 10th Anniversary Celebration** at Chartwell Golf & Country Club, Severna Park. 6 p.m. 410-647-3900. Whatsuptix.com (TIX)

**20th Holiday Benefit Gala and Festival of Wreaths** at Pleasant Day Medical Adult Day Care, Cambridge. 5:30 p.m. 410-310-7369. Pleasant-day.com (C)

**The Holly Trolley** at Herald Harbor Community Center, Crownsville. 12 a.m. Whatsuptix.com (TIX)

**The Lighting of the Green** at Caroline County Courthouse, Denton. 6 p.m. Carolinemd.org (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**PERFORMING ARTS**

**Newsies** at Arena Stage, D.C. 12 p.m. 202-554-9066. Arenastage.org

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/3).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/3).

**Singin' In the Rain** at Olney Theatre, Olney. 8 p.m. 301-924-3400. Olneytheatre.org

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**The Woman in Black** at Shakespeare Theatre Company, D.C. 12 p.m. & 7:30 p.m. 202-547-1122. Shakespearetheatre.org

**White Pearl** at Studio Theatre, D.C. (See 12/3).

**The Best Christmas Pageant Ever** at The Colonial Players, Inc., Annapolis. 8 p.m. 410-268-7373. Thecolonialplayers.org

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**The Illusionists - Magic of the Holidays** at The National Theatre, D.C. (See 12/3).

**MUSIC**

**She & Him** at The Anthem, D.C. 8 p.m. 202-888-0020. Theanthemdc.com

**National Symphony Orchestra: Celebrating Slatkin at 75 / Kern plays Rachmaninoff** at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. Kennedy-center.org

**A Peter White Christmas** at Rams Head On Stage, Annapolis. 6:30 p.m. & 9:30 p.m. 410-268-4545. Rams-headonstage.com

**Demonetized Tour** at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. Ramsheadlive.com

**Midweek Concert: The Snowman** at Joseph Meyerhoff Symphony Hall, Baltimore. 10 a.m. & 11:30 a.m. 410-783-8000. Bsmusic.org (F)

**SPORTS**

**Wizards Vs. 76ers** at Capital One Arena, D.C. 7 p.m. Capitalonearena.com

Friday

6

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Silver Bells Holiday Quarter Benefit & Auction** at Ward Museum of Wildfowl Art, Salisbury. 5 p.m. 410-742-4988. Wardmuseum.org (C)

**Holiday Candlelight Stroll** at Hammond-Harwood House, Annapolis. 8 p.m. 410-268-7601. Cruisesonthebay.com

**Jolly Express Cruise** at Watermark Cruises, Annapolis. 6 p.m. & 8 p.m. 410-268-7601. Cruisesonthebay.com

**Winter Wonderland Music and Tree Festival** at Governors Hall at Sailwinds Park, Cambridge. 11 a.m.

**Centreville Christmas Parade** at Town of Centreville, Centreville. 6:30 p.m. (F)

**Festival of Trees-Dickens of a Christmas Weekend** at First United Methodist Church, Chestertown. 5 p.m. 410-778-2977. Mainstreetchester-town.org (F)

**First Friday in Chestertown** at Downtown Chestertown, Chestertown. 5 p.m. Kent-county.com

**Santa Paws at Davidsonville** at Homestead Gardens, Davidsonville. 5 p.m. Homesteadgardens.com (C)

**Santa Chase** at Martink State Park, Denton. 12 a.m. Carolinemd.org (F)

**Pictures with Santa** at The Mid-Shore Community Foundation, Easton. 5 p.m. 410-820-8175. Discover-easton.com (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Christmas in Easton Art & Craft Marketplace** at Waterfowl Festival Building, Easton. 4 p.m. Discovereaston.com

**Moonlight Madness** at Downtown Easton, Easton. 5 p.m. Discovereaston.com

**First Friday Gallery Walk** at Downtown Easton, Easton. 5 p.m. Discovereaston.com

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Friday Night Karaoke** at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideawayodenton.com

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. 8 p.m. 410-415-3513. Annapolis-shakespeare.org

**Dear Jack, Dear Louise** at Arena Stage, D.C. 8 p.m. 202-554-9066. Arenastage.org

**Newsies** at Arena Stage, D.C. 8 p.m. 202-554-9066. Arenastage.org

**Men on Boats** at Baltimore Center Stage, Baltimore. 8 p.m. 410-332-0033. Center-stage.org

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. 8 p.m. 410-244-8570. Chesapeake-shakespeare.com

**A Christmas Story: The Musical** at Clear Space Theatre, Rehoboth Beach. 7 p.m. 302-227-2270. Clearspacetheatre.org

**Murder on the Orient Express** at Everyman Theatre, Baltimore. 8 p.m. 410-752-2208. Everymantheatre.org

**She Stoops to Conquer** at Fells Point Corner Theatre, Baltimore. 8 p.m. Fpct.org

**Annie** at Garfield Center for the Arts, Chestertown. 7 p.m. 410-810-2060. Garfieldcenter.org

**A Christmas Carol** at Olney Theatre, Olney. 7:45 p.m. 301-924-3400. Olneytheatre.org

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/5).

**Paula Poundstone** at Rams Head On Stage, Annapolis. 6:30 p.m. 410-268-4545. Ramsheadonstage.com

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. 3 p.m. & 8 p.m. 202-467-4600. Kennedy-center.org

**The Woman in Black** at Shakespeare Theatre Company, D.C. 8 p.m. 202-547-1122. Shakespearetheatre.org

**Srooged for Christmas** at Stage &amp; Screen Studios, Millersville. 7:30 p.m. 410-440-8488. Ptshow.com

**White Pearl** at Studio Theatre, D.C. (See 12/3).

**The Best Christmas Pageant Ever** at The Colonial Players, Inc., Annapolis. (See 12/5).

**The Illusionists - Magic of the Holidays** at The National Theatre, D.C. 8 p.m. 202-628-6161. Thenationaldc.com

**MUSIC**

**Maya Beiser, Wendy Whelan, Lucinda Childs & David Lang: The Day** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**National Symphony Orchestra DECLASSIFIED: Ben Folds Presents** at The John F. Kennedy Center for the Performing Arts, D.C. 9 p.m. 202-467-4600. Kennedy-center.org

**Pigeons Playing Ping Pong** at 9:30 Club, D.C. 8 p.m. 202-265-0930. 930.com

**Dark Star Orchestra** at The Anthem, D.C. 7:30 p.m. 202-888-0020. Theanthemdc.com

**Robert Earl Keen** at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. Theincolindc.com

**Troll Tribe Band** at Riverbay Roadhouse, Annapolis. 9 p.m. 410-757-2919. Riverbayroadhouse.com

**Mannheim Steamroller Christmas** at Modell Performing Arts Center at the Lyric, Baltimore. 8 p.m. 410-900-1150. Modell-lyric.com

**Midweek Concert: The Snowman** at Joseph Meyerhoff Symphony Hall, Baltimore. 10 a.m. & 11:30 a.m. 410-783-8000. Bsmusic.org (F)

**Silversun Pickups** at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. Ramsheadlive.com

**Washington College Music Department Vocal Recital** at Washington College, Chestertown. 4 p.m.

**WACappella** at Washington College, Chestertown. 7:30 p.m.

**Mid-Atlantic Symphony: Holiday Joy** at Avalon Theatre, Easton. 7 p.m. 410-822-7299. Carolinerecreation.org

**Patti LaBelle** at MGM National Harbor, Oxon Hill. 8 p.m. 800-745-3000. Mgmnationalharbormgmresorts.com

**SiR** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

Saturday

7

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**St. Michaels Midnight Madness** at Downtown St. Michaels. 10 a.m. Stmichaels-md.org

**St. Martin's Christmas Mart** at St. Martin's-in-the-Field Episcopal Church, Severna Park. 9 a.m. Stmartinsinthe-field.com (F)

**Holiday Candlelight Stroll** at Hammond-Harwood House, Annapolis. 8 p.m. 410-268-7601. Cruisesonthebay.com

**Jolly Express Cruise** at Watermark Cruises, Annapolis. 7 p.m. & 8 p.m. 410-268-7601. Cruisesonthebay.com

**Shells & Bells** at Charles Carroll House and Gardens, Annapolis. 6 p.m. 410-269-1737. Whatsuptix.com (C) (TIX)

**Four Centuries Walking Tour** at Information Booth, Annapolis. 1:30 p.m. Annapolistours.com (F)

**West Annapolis Winterfest and European Christmas Market** at Downtown Annapolis, Annapolis. 12 p.m. West-annapolis.com

**Christmas Parade & Crab Tree Lighting** at Downtown Cambridge, Cambridge. 4:45 p.m. Visitdorchester.org (F)

**Winter Wonderland Music and Tree Festival** at Governors Hall at Sailwinds Park, Cambridge. 11 a.m.

**Cambridge-Dorchester County Christmas Parade** at Downtown Cambridge, Cambridge. 12 a.m. Christmasparade.org (F)

**Holiday Tour of Historic Homes** at Town of Centreville, Centreville. 12 p.m.

**Festival of Trains 2019** at Piney Narrows Outlets, Chester. 12 p.m. (F)

**Chestertown Farmers Market** at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

**Dickens of a Christmas** at Downtown Chestertown, Chestertown. 12 p.m. Mainstreetchestertown.org (F)

**Dickens Holiday House Tour** at Downtown Chestertown, Chestertown. 10 a.m. Mainstreetchestertown.org

**Festival of Trees-Dickens of a Christmas Weekend** at First United Methodist Church, Chestertown. 10 a.m. 410-778-2977. Mainstreetchestertown.org

**Winter on the Green** at Crofton Country Club, Crofton. 11 a.m. Croftonchamber.com (F)

# On Stage

## Annapolis

### A Christmas Carol

**Annapolis Shakespeare Company; Now through December 29, 2019; Annapolisshakespeare.org; 410-415-3513** Charles Dickens' original story was created to inspire a spirit of charity toward those less fortunate. Annapolis Shakespeare Company's original production of this classic holiday story has become an annual holiday tradition, delighting patrons of all ages.

### The Best Christmas Pageant Ever

**Colonial Players of Annapolis; December 5 through December 15, 2019; \$15; Colonialplayers.org; 410-268-7373** In this hilarious holiday classic, a couple struggling to put on a church Christmas pageant is faced with casting the Herdman kids—probably the most inventive awful kids in history. You won't believe the mayhem—and the fun—when the Herdmans collide with the Christmas story head on!

### Scrooged for Christmas

**Pasadena Theatre Company; Now through December 8, 2019; Ptcshows.com; \$15; 410-440-8488** *Scrooged for Christmas* is a comedic retelling of Dickens' classic *A Christmas Carol*. A modern business executive becomes enamored with his own success and power and has no compassion for anyone but himself. In a very witty, laughable fashion, he treats all of his family, subordinates, and associates with a cold disregard but in a very humorous manner. A lot of interaction with a number of hilarious characters makes this show a big success. Of course, it has the usual redemptive expected ending with the whole cast joining in a musical ending of celebration.

## Baltimore

### Jesus Christ Superstar

**Hippodrome Theatre; December 17 through December 22, 2019; Prices vary; France-merrikkpac.com; 410-837-7400** With music and lyrics by Emmy, Grammy, Oscar and Tony Award-winners Andrew Lloyd Webber and Tim Rice, *Jesus Christ Superstar* is set against the backdrop of an extraordinary series of events during the final weeks in the life of Jesus Christ as seen through the eyes of Judas.

### A Christmas Carol

**Chesapeake Shakespeare Company; December 6 through December 24, 2019; Prices vary; Chesapeakeshakespeare.com; 410-244-8570** Ebenezer Scrooge lives in Victorian Baltimore in Chesapeake Shakespeare Company's one-of-a-kind adaptation of the classic ghost story. A delight for all ages, *A Christmas Carol* (with a Baltimore twist) celebrates local history and Chesapeake culture while staying true to the traditional story.

### Murder on the Orient Express

**Everyman Theatre; December 3 through January 5, 2020; Prices vary; Everymantheatre.org; 410-752-2208** Board the exotic Orient Express as it takes off into the opulence and grandeur of the 1930s, with a train full of suspects and an alibi for each one. This dazzling new adaptation of Agatha Christie's masterpiece from comedic master Ken Ludwig is filled with twists, turns, and larger-than-life characters. Wax your mustache and bring your family as detective Hercule Poirot solves the perfect murder mystery this holiday season.

## D.C.

### Fiddler on the Roof

**National Theatre; December 10 through December 15, 2019; \$59-114; Thenationaldc.org; 202-628-6161** You'll be there when the sun rises on this new production of *Fiddler on the Roof*, with stunning movement and dance from acclaimed Israeli choreographer Hofesh Shechter, based on the original staging by Jerome Robbins. A wonderful cast and lavish orchestra tell this heartwarming story of fathers and daughters, husbands and wives, and the timeless traditions that define faith and family.

### Jersey Boys

**National Theatre; December 17 through January 5, 2020; \$54-114; Thenationaldc.org; 202-628-6161** They were just four guys from Jersey, until they sang their very first note. They had a sound nobody had ever heard and the radio just couldn't get enough of. But while their harmonies were perfect on stage, off stage it was a very different story—a story that has made them an international sensation all over again. Go behind the music and inside the story of Frankie Valli and The Four Seasons in the Tony and Grammy Award-winning true-life musical phenomenon, *Jersey Boys*.

### Peter Pan

**Shakespeare Theatre Company; December 3 through January 12, 2020; Prices vary; Shakespearetheatre.org; 202-547-1122** Bold, budding scientist Wendy Darling dreams of earning a Nobel Prize. When Peter Pan arrives at her bedroom window, she takes a leap and leaves finishing school behind, chasing adventure among the stars. Facing down fairies, mermaids, and the dastardly Captain Hook, Wendy, Peter, and their friends discover the power of standing up together for what's right.

### The Woman in Black

**Shakespeare Theatre Company; December 5 through December 22, 2019; Prices vary; Shakespearetheatre.org; 202-547-1122** Susan Hill's acclaimed ghost story comes dramatically alive in Stephen Mallatrat's ingenious stage adaptation. A lawyer is obsessed with a curse that he believes has been cast over him and his family by the specter of a woman in black. The man engages a skeptical young actor to help him tell his terrifying story and hopefully exorcise the fear that grips his soul. As they reach further into his darkest memories, they find themselves snared in a world of eerie marshes and moaning winds.

### My Fair Lady

**The John F. Kennedy Center for the Performing Arts; December 17 through January 19, 2020; Prices vary; Kennedy-center.org; 202-467-4600** *My Fair Lady* tells the story of Eliza Doolittle, a young Cockney flower seller, and Henry Higgins, a linguistics professor who is determined to transform her into his idea of a "proper lady." But who is really being transformed?

### Love, Actually

**The John F. Kennedy Center for the Performing Arts; December 3 through December 29, 2019; Prices vary; Kennedy-center.org; 202-467-4600** *Love, Actually*—whether you love it, hate it, or have never even seen it, you'll definitely love this romantic romp that parodies the film along with many other classic holiday rom-com moments.

**Santa at Homestead Gardens** at Homestead Gardens, Davidsonville. 11 a.m. 410-798-5000. Homesteadgardens.com (F)

**Santa's Magic Workshop** at Martinak State Park, Denton. 4 p.m. Carolinemd.org (F)

**Easton Holiday Parade** at Downtown Easton, Easton. 6 p.m. Tourtabot.org (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 2 p.m. 410-822-4848. Eastonvfd.org (F)

**Christmas in Easton Art & Craft Marketplace** at Waterfowl Festival Building, Easton. 12 p.m. Discovereaston.com

**Easton Farmers Market** at Easton Farmers' Market, Easton. 8 a.m. 410-822-0345. Avalonfoundation.org

**Wreath Workshop** at Historic London Town and Gardens, Edgewater. 10 a.m. & 12 p.m. 410-222-1919. Historiclondon-town.org

**Archaeology Lab Open House** at Historic London Town and Gardens, Edgewater. 10 a.m. 410-222-1919. Historiclondon-town.org

**Glen Burnie High School Winter Craft Fair** at Glen Burnie High School, Glen Burnie. 9 a.m. 410-903-4337. Gbhsmusic.org

**Saturday With Santa** at Chesapeake Bay Environmental Center, Grasonville. 9 a.m. (F)

**Ann Arundell County Historical Society Holiday Open House** at Historic Benson-Hammond House, Linthicum. 1 p.m. 410-626-1437. Aachs.org

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Christmas in Odessa** at Women's Club of Odessa, Odessa. 10 a.m. Christmas-inodessa.com

**Christmas on the Creek** at Town of Oxford, Oxford. 12 p.m. Oxfordmd.net

**Theresa Caputo Live! The Experience** at MGM National Harbor, Oxon Hill. 8 p.m. 800-745-3000. Mgmnationalharbor.mgmsorts.com

**Santa at Homestead Gardens** at Homestead Gardens, Severna Park. 11 a.m. 410-384-7966. Homesteadgardens.com (F)

**SantaCon Kent Island** at Rams Head Shore House, Stevensville. 4 p.m. 443-271-3561. (C)

**Great Crab Pot Christmas Tree Lighting and Boat Parade** at Phillips Wharf Environmental Center, Tilghman. 5:30 p.m. Pwec.org (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. 2 p.m. & 8 p.m. 410-415-3513. Annapolis-shakespeare.org

**Dear Jack, Dear Louise** at Arena Stage, D.C. 2 p.m. & 8 p.m. 202-554-9066. Arenastage.org

**Newsies** at Arena Stage, D.C. 2 p.m. & 8 p.m. 202-554-9066. Arenastage.org

**Men on Boats** at Baltimore Center Stage, Baltimore. 2 p.m. & 8 p.m. 410-332-0033. Centerstage.org

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. (See 12/6).

**A Christmas Story: The Musical** at Clear Space Theatre, Rehoboth Beach. (See 12/6).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. 2 p.m. & 8 p.m. 410-752-2208. Everymantheatre.org

**She Stoops to Conquer** at Fells Point Corner Theatre, Baltimore. (See 12/6).

**Annie** at Garfield Center for the Arts, Chestertown. (See 12/6).

**The Nutcracker: Presented by Ballet Theatre of Maryland** at Maryland Hall for the Creative Arts, Annapolis. 7 p.m. 410-263-5554. Marylandhall.org

**A Christmas Carol** at Olney Theatre, Olney. 2 p.m. & 7:45 p.m. 301-924-3400. Olneytheatre.org

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/5).

**Peter Pan** at Shakespeare Theatre Company, D.C. 2 p.m. & 8 p.m. 202-547-1122. Shakespearetheatre.org

**The Woman in Black** at Shakespeare Theatre Company, D.C. 2 p.m. & 8 p.m. 202-547-1122. Shakespearetheatre.org

**Scrooged for Christmas** at Stage & Screen Studios, Millersville. 3 p.m. & 7:30 p.m. 410-440-8488. Ptcshows.com

**White Pearl** at Studio Theatre, D.C. (See 12/1).

**The Best Christmas Pageant Ever** at The Colonial Players, Inc., Annapolis. 2 p.m., 4:30 p.m., and 8 p.m. 410-268-7373. Thecolonialplayers.org

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**The Illusionists - Magic of the Holidays** at The National Theatre, D.C. 3 p.m. & 8 p.m. 202-628-6161. Thenationaldc.com

**The Nutcracker** at Wicomico High School, Salisbury. 2 p.m. & 7 p.m. 443-358-2300. Esbt.org

**MUSIC**

**Maya Beiser, Wendy Whelan, Lucinda Childs & David Lang: The Day** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**The Holiday Show** at Lincoln Theatre, D.C. 7 p.m. 202-888-0050. Theincolndc.com

**NPR's A Jazz Piano Christmas** at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. 202-467-4600. Kennedy-center.org

**Pigeons Playing Ping Pong** at The Anthem, D.C. 7:30 p.m. 202-888-0020. Theanthemdc.com

**Lucy Dacus** at 9:30 Club, D.C. 10 p.m. 877-435-9849. 930.com

**National Symphony Orchestra: Celebrating Slatkin at 75 / Kern plays Rachmaninoff** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**Devendra Banhart** at 9:30 Club, D.C. 6 p.m. 877-435-9849. 930.com

**NPR's A Jazz Piano Christmas** at The John F. Kennedy Center for the Performing Arts, D.C. 9 p.m. 202-467-4600. Kennedy-center.org

**The Lettermen** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**In Flames** at Rams Head Live!, Baltimore. 7:30 p.m. 410-244-1131. Ramsheadlive.com

**The Snowman** at Joseph Meyerhoff Symphony Hall, Baltimore. 11 a.m. 410-783-8000. Bsomusic.org (F)

**Handel's Messiah** at Joseph Meyerhoff Symphony Hall, Baltimore. 3 p.m. 410-783-8000. Bsomusic.org

**WACappella** at Washington College, Chestertown. 2 p.m. & 7:30 p.m.

**David Bromberg Quintet** at Avalon Theatre, Easton. 8 p.m. 410-822-0345. Avalonfoundation.org

**Rumba Club!** at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrockhall.org

**Ski Mask The Slump God** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilverspring.com

**Christmas in the New World-Queen Anne's Chorale Holiday Concert** at Todd Performing Arts Center, Wye Mills. 410-827-5867. Chesapeake.edu

Sunday

8

SPECIAL EVENTS

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Nativity Scenes From Around The World** at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. Cambridgehouse-bandb.com

**West Annapolis Winterfest and European Christmas Market** at Downtown Annapolis, Annapolis. 12 p.m. West-annapolis.com

**The Nutcracker Tea** at Graduate Hotel, Annapolis. 10 a.m., 2 p.m., and 5:30 p.m. 410-266-6287. Whatsuptix.com (F) (TIX)

**Chocolate Binge Festival** at Annapolis Art District, Annapolis. 12 p.m. Annapolis-chocolatefestival.com (C) (F)

**Anniversary Run 15K** at Quiet Waters Park, Annapolis. 10 a.m. Annapolisriders.org

**Winter WonderLand Music and Tree Festival** at Governors Hall at Sailwinds Park, Cambridge. 11 a.m.

**Festival of Trains 2019** at Piney Narrows Outlets, Chester. 12 p.m.

**Festival of Trees-Dickens of a Christmas Weekend** at First United Methodist Church, Chestertown. 11 a.m. 410-778-2977. Mainstreetchester-town.org (F)

**"Run Like the Dickens" 5K Run/Walk** at Downtown Chestertown, Chestertown. 8 a.m. Mainstreetchester-town.org

**Santa at Homestead Gardens** at Homestead Gardens, Davidsonville. 11 a.m. 410-798-5000. Homesteadgardens.com (F)

**Christmas in Easton Art & Craft Marketplace** at Waterfowl Festival Building, Easton. 12 p.m. Discovereaston.com

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 2 p.m. 410-822-4848. Eastonvfd.org (F)

**Breakfast with Santa** at Tidewater Inn, Easton. 9 a.m. Discovereaston.com (F)

**Sip & Shop Sundays** at Downtown Easton, Easton. 11 a.m. Discovereaston.com

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Christmas on the Creek** at Town of Oxford, Oxford. 12 p.m. Oxfordmd.net

**RiverArts Film Society presents: The Spirit of the Beehive** at The Mainstay, Rock Hall. 4:30 p.m. 410-639-9133. Mainstayrockhall.org

**Santa at Homestead Gardens** at Homestead Gardens, Severna Park. 11 a.m. 410-384-7966. Homesteadgardens.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

PERFORMING ARTS

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/1).

**Newsies** at Arena Stage, D.C. (See 12/1).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/1).

**A Christmas Story: The Musical** at Clear Space Theatre, Rehoboth Beach. (See 12/1).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. 2 p.m. & 7 p.m. 410-752-2208. Everymantheatre.org

**She Stoops to Conquer** at Fells Point Corner Theatre, Baltimore. (See 12/1).

**Annie** at Garfield Center for the Arts, Chestertown. (See 12/1).

**The Nutcracker: Presented by Ballet Theatre of Maryland** at Maryland Hall for the Creative Arts, Annapolis. 1 p.m. & 4:30 p.m. 410-263-5554. Marylandhall.org

**A Christmas Carol** at Olney Theatre, Olney. (See 12/1).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/1).

**Peter Pan** at Shakespeare Theatre Company, D.C. 2 p.m. 202-547-1122. Shakespearetheatre.org

**The Woman in Black** at Shakespeare Theatre Company, D.C. 2 p.m. & 7 p.m. 202-547-1122. Shakespearetheatre.org

**Scrooged for Christmas** at Stage & Screen Studios, Millersville. (See 12/1).

**White Pearl** at Studio Theatre, D.C. (See 12/1).

**The Best Christmas Pageant Ever** at The Colonial Players, Inc., Annapolis. 2 p.m. & 4:30 p.m. 410-268-7373. Thecolonialplayers.org

**The Illusionists - Magic of the Holidays** at The National Theatre, D.C. 2:30 p.m. & 7:30 p.m. 202-628-6161. Thenationaldc.com

**The Nutcracker** at Wicomico High School, Salisbury. 2 p.m. 443-358-2300. Esbt.org

MUSIC

**The Marcus King Band** at 9:30 Club, D.C. 8 p.m. 877-435-9849. 930.com

**Heidi Newfield formerly of Trick Pony** at Rams Head On Stage, Annapolis. 7 p.m. 410-268-4545. Ramsheadonstage.com

**SQRRL! Family Holiday Show \*\*All Ages Matinee\*\*** at Rams Head On Stage, Annapolis. 12 p.m. 410-268-4545. Ramsheadonstage.com (F)

**Handel's Messiah** at Joseph Meyerhoff Symphony Hall, Baltimore. 3 p.m. 410-783-8000. Bsomusic.org

**Peppino D'Agostino** at Avalon Theatre, Easton. 7 p.m. 410-822-0345. Avalonfoundation.org

**The Cult** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

**Eric Byrd Trio's Charlie Brown Christmas** at Avalon Theatre, Easton. 1:30 p.m. 410-822-0345. Avalonfoundation.org

SPORTS

**Wizards Vs. Clippers** at Capital One Arena, D.C. 6 p.m. Capitalonearena.com (F)

Monday

9

SPECIAL EVENTS

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

PERFORMING ARTS

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

MUSIC

**Mike Zito w/ Billy Price** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Mariah Carey - All I Want for Christmas** at MGM National Harbor, Oxon Hill. 8 p.m. 800-745-3000. [mgmnationalharbor.mgmresorts.com](http://mgmnationalharbor.mgmresorts.com)

## Tuesday 10

### SPECIAL EVENTS

**Intro to Prenatal Fitness** at AAMC Doordan Institute, Annapolis. 6 p.m. [Prenatalfitness.eventbrite.com](http://Prenatalfitness.eventbrite.com)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. [Eastonvfd.org](http://Eastonvfd.org) (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. [Ococean.com](http://Ococean.com) (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. [Enchantchristmas.com](http://Enchantchristmas.com) (F)

### PERFORMING ARTS

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/3).

**Newsies** at Arena Stage, D.C. 7:30 p.m. 202-554-9066. [Arenastage.org](http://Arenastage.org)

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/3).

**The Woman in Black** at Shakespeare Theatre Company, D.C. 7:30 p.m. 202-547-1122. [Shakespearetheatre.org](http://Shakespearetheatre.org)

**Fiddler on the Roof** at The National Theatre, D.C. 7:30 p.m. 202-628-6161. [thenationaldc.com](http://thenationaldc.com)

### MUSIC

**Cher: Here We Go Again Tour** at Capital One Arena, D.C. 7:30 p.m. 202-628-3200. [Capitalonearena.com](http://Capitalonearena.com)

**Squirrel Nut Zippers: Holiday Caravan Tour** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. [Ramsheadonstage.com](http://Ramsheadonstage.com)

**New Politics** at Rams Head Live!, Baltimore. 7 p.m. 410-244-1131. [Ramsheadlive.com](http://Ramsheadlive.com)

**Mariah Carey - All I Want for Christmas** at MGM National Harbor, Oxon Hill. 8 p.m. 800-745-3000. [mgmnationalharbor.mgmresorts.com](http://mgmnationalharbor.mgmresorts.com)

**Mid-Shore Community Band Holiday Concert** at North Caroline High School Auditorium, Ridgely. 7 p.m. [Carolinemd.org](http://Carolinemd.org) (F)

## Wednesday 11

### SPECIAL EVENTS

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. [Lightsonthebay.org](http://Lightsonthebay.org) (F) (C)

**Christmas By The Bay** at Annie's Paramount Steak & Seafood House, Grasonville. 5:30 p.m.

**S'more Time Together** at Knoxville's Table at Chesapeake Bay Beach Club, Stevensville. 5 p.m. 410-604-5900. [Baybeachclub.com](http://Baybeachclub.com)

**Nativity Scenes From Around The World** at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. [Cambridgehousebandb.com](http://Cambridgehousebandb.com)

**Postpartum Fitness** at Anne Arundel Medical Center Sajak Pavilion, Annapolis. 6:30 p.m. [Postpartumfitness.eventbrite.com](http://Postpartumfitness.eventbrite.com)

**Skate with Santa** at Talbot County Community Center, Easton. 6 p.m. [Tourtalbot.org](http://Tourtalbot.org) (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. [Eastonvfd.org](http://Eastonvfd.org) (F)

**Karaoke Live!** at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. [Marylandlivecasino.com](http://Marylandlivecasino.com)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. [Ococean.com](http://Ococean.com) (F)

**Holiday Open House** at Chesapeake Bay Maritime Museum, Saint Michaels. 4 p.m. 410-745-4960. [Cbmm.org](http://Cbmm.org)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. [Enchantchristmas.com](http://Enchantchristmas.com) (F)

**Adorned: African Women and the Art of Identity** at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through June 19, 2020. 443-573-1700. [Artbma.org](http://Artbma.org)

### PERFORMING ARTS

**Dear Jack, Dear Louise** at Arena Stage, D.C. 12 p.m. & 7:30 p.m. 202-554-9066. [Arenastage.org](http://Arenastage.org)

**Newsies** at Arena Stage, D.C. (See 12/10).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/3).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/3).

**Singin' In the Rain** at Olney Theatre, Olney. 2 p.m. & 8 p.m. 301-924-3400. [Olneytheatre.org](http://Olneytheatre.org)

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/10).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**Fiddler on the Roof** at The National Theatre, D.C. (See 12/10).

### MUSIC

**Kirk Franklin** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. [Kennedy-center.org](http://Kennedy-center.org)

**Vocal Arts DC presents Michelle Bradley, soprano, in Recital** at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. [Kennedy-center.org](http://Kennedy-center.org)

**Bill Kirchen's Honky Tonk Holiday Show** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. [Ramsheadonstage.com](http://Ramsheadonstage.com)

**Summer Walker** at Fillmore Silver Spring, Silver Spring. 9 p.m. 301-960-9999. [Fillmore-silverspring.com](http://Fillmore-silverspring.com)

## Thursday 12

### SPECIAL EVENTS

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. [Lightsonthebay.org](http://Lightsonthebay.org) (F) (C)

**Ugly Sweater Holiday Hour** at Knoxville's Table at Chesapeake Bay Beach Club, Stevensville. 4 p.m. 410-604-5900. [Baybeachclub.com](http://Baybeachclub.com)

**Midnight Madness** at Downtown Annapolis, Annapolis. 6 p.m. [Downtownannapolis-partnership.org](http://Downtownannapolis-partnership.org) (F)

**Holiday Sip & Shop** at The Market at Chesapeake Bay Beach Club, Stevensville. 5:30 p.m. 410-604-5900. [Baybeachclub.com](http://Baybeachclub.com)

**The Holly Trolley** at Herald Harbor Community Center, Crownsville. 6:30 p.m. [Whatsuptix.com](http://Whatsuptix.com) (TIX)

**Skate with Santa** at Talbot County Community Center, Easton. 6 p.m. [Tourtalbot.org](http://Tourtalbot.org) (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. [Eastonvfd.org](http://Eastonvfd.org) (F)

**Annual Meeting: Member Celebration** at Historic London Town and Gardens, Edgewater. 6 p.m. 410-222-1919. [Historiclondontown.org](http://Historiclondontown.org)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. [Ococean.com](http://Ococean.com) (F)

**Open Boatshop** at Chesapeake Bay Maritime Museum, Saint Michaels. 5:30 p.m. 410-745-4960. [Cbmm.org](http://Cbmm.org)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. [Enchantchristmas.com](http://Enchantchristmas.com) (F)

### PERFORMING ARTS

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/6).

**Newsies** at Arena Stage, D.C. (See 12/5).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/3).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. 7:30 p.m. 410-244-8570. [Chesapeake-shakespeare.com](http://Chesapeake-shakespeare.com)

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/3).

**A Christmas Carol** at Olney Theatre, Olney. (See 12/6).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/5).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/10).

**The Best Christmas Pageant Ever** at The Colonial Players, Inc., Annapolis. (See 12/5).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**Cirque Nutcracker** at The Music Center at Strathmore, North Bethesda. 8 p.m. 1-877-276-1444. [Bsomusic.org](http://Bsomusic.org)

**Fiddler on the Roof** at The National Theatre, D.C. (See 12/10).

**Cirque Musica present Holiday Wishes** at Wicomico Youth & Civic Center, Salisbury. 7 p.m. 410-548-4900. [Wicomicociviccenter.org](http://Wicomicociviccenter.org)

### MUSIC

**Taylor Mac's Holiday Sauce** at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. [Kennedy-center.org](http://Kennedy-center.org)

**Beginnings: A Tribute to the Music of Chicago** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. [Ramsheadonstage.com](http://Ramsheadonstage.com)

**Chase Rice** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. [Fillmoresilver-spring.com](http://Fillmoresilver-spring.com)

### SPORTS

**Ravens vs Jets** at M&T Bank Stadium, Baltimore. 8:20 p.m. 410-261-7283. [Baltimore-ravens.com](http://Baltimore-ravens.com) (F)

## Friday 13

### SPECIAL EVENTS

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. [Lightsonthebay.org](http://Lightsonthebay.org) (F) (C)

**Upper School Open House** at Annapolis Area Christian School. 9:00 a.m. [aacsonline.org](http://aacsonline.org)

**Christmas in St. Michaels** at Downtown St. Michaels. 12 p.m. [Christmascinstmichaels.org](http://Christmascinstmichaels.org) (C)

**Jolly Express Cruise** at Watermark Cruises, Annapolis. 6 p.m., 7 p.m., and 8 p.m. 410-268-7601. [Cruisesonthebay.com](http://Cruisesonthebay.com)

**Holiday Candlelight Stroll** at Hammond-Harwood House, Annapolis. 8 p.m. 410-268-7601. [Cruisesonthebay.com](http://Cruisesonthebay.com)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. [Eastonvfd.org](http://Eastonvfd.org) (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. [Ococean.com](http://Ococean.com) (F)

**Friday Night Karaoke** at The Hideaway, Odenton. 9 p.m. 410-874-7300. [Hideaway-odenton.com](http://Hideaway-odenton.com)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. [Enchantchristmas.com](http://Enchantchristmas.com) (F)

**Portraits of the World: Denmark** at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through October 12, 2020. Free. 202-633-8300. [Npg.si.edu](http://Npg.si.edu)

### PERFORMING ARTS

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/6).

**Annapolis Symphony Orchestra presents Holiday Pops with The Broadway Tenors** at Annapolis Symphony, Annapolis. 8 p.m. 410-263-0907. [Annapolis-symphony.org](http://Annapolis-symphony.org)

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/6).

**Newsies** at Arena Stage, D.C. (See 12/6).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/6).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. (See 12/6).

**A Christmas Story: The Musical** at Clear Space Theatre, Rehoboth Beach. (See 12/6).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/6).

**The Stoops to Conquer** at Fells Point Corner Theatre, Baltimore. (See 12/6).

**Cirque Nutcracker** at Joseph Meyerhoff Symphony Hall, Baltimore. 8 p.m. 410-783-8000. [Bsomusic.org](http://Bsomusic.org)

**A Christmas Carol** at Olney Theatre, Olney. (See 12/6).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/5).

**Peter Pan** at Shakespeare Theatre Company, D.C. 8 p.m. 202-547-1122. [Shakespearetheatre.org](http://Shakespearetheatre.org)

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/6).

**The Best Christmas Pageant Ever** at The Colonial Players, Inc., Annapolis. (See 12/5).

**Nutcracker** at The Hippodrome Theatre, Baltimore. 7 p.m. 410-837-7400. [France-merrickpac.com](http://France-merrickpac.com)

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**Fiddler on the Roof** at The National Theatre, D.C. 8 p.m. 202-628-6161. [thenationaldc.com](http://thenationaldc.com)

**Elf the Musical** at Avalon Theatre, Easton. 7 p.m. 410-822-0345. [Avalonfoundation.org](http://Avalonfoundation.org)

### MUSIC

**Cautious Clay** at 9:30 Club, D.C. 10 p.m. 877-435-9849. 930.com

**The HamiltOnes** at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. & 9 p.m. 202-467-4600. [Kennedy-center.org](http://Kennedy-center.org)

**NSO Pops: A Holiday Pops! with Leslie Odom, Jr.** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. [Kennedy-center.org](http://Kennedy-center.org)

**Omar Apollo** at 9:30 Club, D.C. 6 p.m. 877-435-9849. 930.com

**MisterWives** at Lincoln Theatre, D.C. 6:30 p.m. 202-888-0050. [TheLincolndc.com](http://TheLincolndc.com)

**Josh Willis Live Music** at Riverbay Roadhouse, Annapolis. 9 p.m. 410-757-2919. [Riverbayroadhouse.com](http://Riverbayroadhouse.com)

**Carbon Leaf** at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. [Ramsheadonstage.com](http://Ramsheadonstage.com)

**ASO: Holiday Pops** at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. [Annapolissymphony.org](http://Annapolissymphony.org)

**Femme It Forward Ft XSCAP3, SWV, & 702** at MGM National Harbor, Oxon Hill. 8 p.m. 800-745-3000. [Mgmnationalharbor.mgmresorts.com](http://Mgmnationalharbor.mgmresorts.com)

**Sabbath- The Complete Black Sabbath Experience/ Dinner & Show At Wicomico Youth & Civic Center - Midway Room** at Wicomico Youth & Civic Center, Salisbury. 6:30 p.m. [Wicomocociviccenter.org](http://Wicomocociviccenter.org)

**Randy Houser** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. [Fillmore-silverspring.com](http://Fillmore-silverspring.com)

**Festival of Trains 2019** at Piney Narrows Outlets, Chester. 12 p.m. (F)

**Chester town Farmers Market** at Fountain Park, Chester town. 8 a.m. [Townofchester-town.com](http://Townofchester-town.com)

**Santa at Homestead Gardens** at Homestead Gardens, Davidsonville. 11 a.m. 410-798-5000. [Homesteadgardens.com](http://Homesteadgardens.com) (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 2 p.m. 410-822-4848. [Eastonvfd.org](http://Eastonvfd.org) (F)

**Easton Farmers Market** at Easton Farmers' Market, Easton. 8 a.m. 410-822-0345. [Avalonfoundation.org](http://Avalonfoundation.org)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. [Oceocan.com](http://Oceocan.com) (F)

**The Firing of Christmas Guns** at Chesapeake Bay Maritime Museum, Saint Michaels. 12 p.m. 410-745-4960. [Cbmm.org](http://Cbmm.org)

**Santa at Homestead Gardens** at Homestead Gardens, Severna Park. 11 a.m. 410-384-7966. [Homesteadgardens.com](http://Homesteadgardens.com) (F)

**Old Fashioned Christmas** at Sudlersville Train Station Museum, Sudlersville. 302-270-4786. [Sudlersvillemuseum.org](http://Sudlersvillemuseum.org) (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. [Enchantchristmas.com](http://Enchantchristmas.com) (F)

## PERFORMING ARTS

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**The Nutcracker presented by Chesapeake Ballet Company** at Children's Theatre of Annapolis, Annapolis. 1 p.m. & 4 p.m. [Chesapeakeballetcompany.com](http://Chesapeakeballetcompany.com)

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/7).

**Newsies** at Arena Stage, D.C. (See 12/7).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/7).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. 2 p.m. & 8 p.m. 410-244-8570. [Chesapeakeshakespeare.com](http://Chesapeakeshakespeare.com)

**A Christmas Story: The Musical** at Clear Space Theatre, Rehoboth Beach. (See 12/6).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/7).

**She Stoops to Conquer** at Fells Point Corner Theatre, Baltimore. (See 12/6).

**Cirque Nutcracker** at Joseph Meyerhoff Symphony Hall, Baltimore. 3 p.m. 410-783-8000. [Bsmusic.org](http://Bsmusic.org)

**The Nutcracker. Presented by Ballet Theatre of Maryland** at Maryland Hall for the Creative Arts, Annapolis. 7 p.m. 410-263-5554. [Marylandhall.org](http://Marylandhall.org)

**A Christmas Carol** at Olney Theatre, Olney. (See 12/7).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/11).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/7).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/7).

**The Best Christmas Pageant Ever** at The Colonial Players, Inc., Annapolis. (See 12/7).

**Nutcracker** at The Hippodrome Theatre, Baltimore. 12 p.m., 4 p.m., and 8 p.m. 410-837-7400. [France-merriepac.com](http://France-merriepac.com)

**Art Ensemble of Chicago 50th Anniversary** at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. & 9 p.m. 202-467-4600. [Kennedy-center.org](http://Kennedy-center.org)

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**Fiddler on the Roof** at The National Theatre, D.C. 2 p.m. & 8 p.m. 202-628-6161. [Thenationaldc.com](http://Thenationaldc.com)

**Elf the Musical** at Avalon Theatre, Easton. (See 12/13).

## MUSIC

**Getty Music Presents Keith & Kristyn Getty and Friends: SING! An Irish Christmas** at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. 202-467-4600. [Kennedy-center.org](http://Kennedy-center.org)

**The Holiday Show** at Lincoln Theatre, D.C. 2 p.m. & 7 p.m. 202-888-0050. [TheLincolndc.com](http://TheLincolndc.com)

**NSO Pops: A Holiday Pops! with Leslie Odum, Jr.** at The John F. Kennedy Center for the Performing Arts, D.C. 2 p.m. & 8 p.m. 202-467-4600. [Kennedy-center.org](http://Kennedy-center.org)

**Carbon Leaf** at Rams Head On Stage, Annapolis. 3 p.m. & 8:30 p.m. 410-268-4545. [Ramsheadonstage.com](http://Ramsheadonstage.com)

**Dave Tiefs & Matt Live Music** at Riverbay Roadhouse, Annapolis. 9 p.m. 410-757-2919. [Riverbayroadhouse.com](http://Riverbayroadhouse.com)

**920'S Winterfest** at Royal Farms Arena, Baltimore. 7 p.m. [Royalfarmsarena.com](http://Royalfarmsarena.com)

**Brent Faiyaz** at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. [Ramsheadlive.com](http://Ramsheadlive.com)

**206 Coffee House Series featuring Stef Scaggiari** at Queen Anne's County Centre for the Arts, Centerville. 7 p.m. 410-758-2520.

**The Nutcracker**  
Dianna Cuatto | Artistic Director  
"...a beloved holiday tradition that is a must-see year after year."  
- MD Theatre Guide

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Dec. 8 1:00pm | 4:30pm \*  
Dec. 14 7:00pm  
Dec. 15 1:00pm | 4:30pm \*  
\* Free Sugar Plum Party before each Sunday matinee!

**Tickets: [www.marylandhall.org](http://www.marylandhall.org) or call (410) 280-5640**

## Saturday

# 14

## SPECIAL EVENTS

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. [Lightsonthebay.org](http://Lightsonthebay.org) (F) (C)

**Second Saturday Art Night Out** at St. Michaels. 5 p.m. [Tourtalbot.org](http://Tourtalbot.org)

**Christmas in St. Michaels Tour of Homes** at Downtown St. Michaels. 11 a.m. [Christmasinstmichaels.org](http://Christmasinstmichaels.org)

**Eastport Yacht Club Lights Parade** at Downtown Annapolis, Annapolis. 6 p.m. [Eastportyc.org](http://Eastportyc.org) (F)

**Santa Speedo Run** at O'Briens, Annapolis. 12:30 p.m. 410-268-6288. [Santaspedorunannapolis.com](http://Santaspedorunannapolis.com) (C)

**Four Centuries Walking Tour** at Information Booth, Annapolis. 1:30 p.m. [Annapolistours.com](http://Annapolistours.com) (F)

**West Annapolis Winterfest and European Christmas Market** at Downtown Annapolis, Annapolis. 12 p.m. [West-annapolis.com](http://West-annapolis.com)

**Santa Swim** at Hyatt Regency Chesapeake Bay Resort, Cambridge. 10 a.m. 410-904-1234. [Careandsharefund.org](http://Careandsharefund.org) (C)

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# Exhibitions

## Annapolis:

### Artists' Favorites

**What's Up? Media; Now through December 13, 2019; Free admission; Whatsupmag.com; 410-266-6287** What's Up? Media, in partnership with the Arts Council of Anne Arundel County, presents its newest exhibition, *Artists' Favorites*. Artists are often asked to make work to fit a theme or to try to fit an existing piece into a themed show. This exhibition is about giving artists an opportunity to step outside the constraints of a theme, and to share their favorite pieces that might not have been a good fit with a previous show.



Michael Spears, untitled, mixed media, framed, 60" x 40"

### ↑ VISUAL MUSIC:

#### The Parallel World of Rhythm & Melody by Michael Spears

**Maryland Hall for the Creative Arts; Now through December 19, 2019; Free; Marylandhall.org; 410-263-5544** *VISUAL MUSIC: The Parallel World of Rhythm & Melody* by Michael Spears features Spears' latest Opus works inspired by the influence of religion on R&B of the '60s and '70s. Spears believes that the mesmerizing rhythms and melodies, marvelous in their own right, are intertwined with lyrics that satisfy the universal appeal of hope and a better tomorrow.

### Doing the Work: Celebrating 50 Years of MCAAHC

**Banneker-Douglass Museum; Now through December 29, 2019; Free; Bdmuseum.maryland.gov; 410-216-6180** This exhibit showcases ephemera, photographs, and archival documents to detail the history and impact of Maryland Commission on African American History and Culture (MCAAHC). *Doing the Work* invites visitors to learn about the Commission's impact on their local communities and consider their personal role in preserving Maryland's African American heritage.

### Drawn From Life:

#### Figures and Portraits From the Maryland Hall Co-Ops

**Maryland Hall for the Creative Arts; Now through December 19, 2019; Free; Marylandhall.org; 410-263-5544** The Figure and Portrait Drawing Co-ops have been a part of Maryland Hall since around 1990 with close to 45 people first enlisted as members. Originally called Studio 117, the Co-ops have been a mainstay in the historic building, as they keep the tradition of drawing and painting from a live model at the center of their mission. Though Maryland Hall continues to grow, change, and modernize, it is traditions like these that keep MD Hall grounded to its roots as an arts organization. MD Hall celebrates the Co-ops during its 40th Anniversary Year.

### Maryland Photography Alliance: Fine Art Imagery

**Maryland Hall for the Creative Arts; Now through February 19, 2020; Free; Marylandhall.org; 410-263-5544** The Maryland Photography Alliance is comprised of 18 independent clubs whose goal is to encourage the understanding and appreciation of photography. The Alliance strives to be a cultural stimulus which fosters artistic creativity. This exhibition is a representation of the work from a talented group of artists in member clubs throughout Maryland.

### National Juried Art Exhibition: Visualizing the Word

**Cade Gallery at Anne Arundel Community College; Now through January 24, 2020; Free; Aacc.edu; 410-777-7105** This exhibit highlights ekphrastic work that is inspired by literature and/or including literary work. The exhibit will feature a variety of visual art mediums.



Mary Petty, *Fay Modeling Ermine Cape, "The New Yorker,"* cover illustration, January 10, 1953. Watercolor and ink on paper. Syracuse University Art Collection.

### ↑ The Life and Art of Mary Petty

**Mitchell Gallery, St. Johns College; Now through December 15, 2019; Free; Sjc.edu; 410-626-2556** *The Life and Art of Mary Petty* includes the work of cartoonist Mary Petty and her husband, Alan Dunn. Petty is known for her witty and pointed cartoons of 20th-century America's upper class that appeared in *The New Yorker* for 39 years. Dunn's works, which comment on architecture, politics, and social issues, complement Petty's observations on modern life. The spirit of their independent compositions, unified by a shared sense of humor, is timeless.

### Small Gems Show

**McBride Gallery; December 1 through December 31, 2019; Free; Mcbridegallery.com; 410-267-7077** An exhibit of small-scale paintings by McBride Gallery artists and guest artists, including Carol Lee Thompson, Cynthia Feustel, Michael Godfrey, and Lois Engberg.

## Baltimore:

### Adorned: African Women and the Art of Identity

**Baltimore Museum of Art; December 11 through June 19, 2020; Free; Artbma.org; 443-573-1700** This exhibition brings together two dozen works from the BMA's collection to demonstrate the critical role of women in shaping and maintaining social identities across 20th-century Africa. These vibrant works served as visual signifiers of age, marital status, ethnic identity, economic achievement, and political authority.

**Free Form: 20th-Century Studio Craft**

**Baltimore Museum of Art; December 18 through June 7, 2020; Free; Artbma.org; 443-573-1700**

This exhibition presents a selection of embroidery, ceramics, and jewelry by innovative American artists who shifted away from the functional aspect of craft towards an avant-garde engagement with abstraction and expression.

**D.C.**

**Portraits of the World: Denmark National Portrait Gallery; December 13 through October 12, 2020; Free; Npg.si.edu; 202-633-8300** *Portraits of the World: Denmark* will feature the painting “Kunstdommere” by Michael Ancher (1849–1927), on loan from the Museum of National History in Hillerød, Denmark. The monumental group portrait pays tribute to a tightly knit artists’ community in northern Denmark, which served as the incubator for the Modern Breakthrough in Danish painting. A complementary display of American portraits will highlight the proliferation of artists’ communities in New York City during the first half of the twentieth century, which likewise accelerated the development of modern art in the United States.

**ASAP Ferg** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

**Festival of Trains 2019** at Piney Narrows Outlets, Chester. 12 p.m. (F)

**Santa at Homestead Gardens** at Homestead Gardens, Davidsonville. 11 a.m. 410-798-5000. Homesteadgardens.com (F)

**Sip & Shop Sundays** at Downtown Easton, Easton. 11 a.m. Discovereaston.com

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 2 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Santa at Homestead Gardens** at Homestead Gardens, Severna Park. 11 a.m. 410-384-7966. Homesteadgardens.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**The Nutcracker presented by Chesapeake Ballet Company** at Children’s Theatre of Annapolis, Annapolis. (See 12/14).

**Dear Jack, Dear Louise** at Arena Stage, D.C. 6 p.m. 202-554-9066. Arenastage.org

**Newsies** at Arena Stage, D.C. (See 12/1).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. 2 p.m. 410-244-8570. Chesapeake-shakespeare.com

**A Christmas Story: The Musical** at Clear Space Theatre, Rehoboth Beach. (See 12/1).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/8).

**She Stoops to Conquer** at Fells Point Corner Theatre, Baltimore. (See 12/1).

**Cirque Nutcracker** at Joseph Meyerhoff Symphony Hall, Baltimore. (See 12/14).

**Annapolis Opera: Celebrate Opera** at Maryland Hall for the Creative Arts, Annapolis. 3 p.m. 410-280-5640. Annapolisopera.org

**The Nutcracker: Presented by Ballet Theatre of Maryland** at Maryland Hall for the Creative Arts, Annapolis. 1 p.m. & 4:30 p.m. 410-263-5554. Marylandhall.org

**A Christmas Carol** at Olney Theatre, Olney. (See 12/1).

**Singin’ In the Rain** at Olney Theatre, Olney. (See 12/1).

**Peter Pan** at Shakespeare Theatre Company, D.C. 2 p.m. 202-547-1122. Shakespearetheatre.org

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/8).

**The Best Christmas Pageant Ever** at The Colonial Players, Inc., Annapolis. (See 12/8).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**Fiddler on the Roof** at The National Theatre, D.C. 2 p.m. & 7:30 p.m. 202-628-6161. Thenationaldc.com

**Elf the Musical** at Avalon Theatre, Easton. 2 p.m. 410-822-0345. Avalonfoundation.org

**MUSIC**

**The Choral Arts Society of Washington Presents Songs of the Season** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**The Washington Chorus Presents A Candlelight Christmas** at The John F. Kennedy Center for the Performing Arts, D.C. 1 p.m. & 4 p.m. 202-467-4600. Kennedy-center.org

**Andrea Bocelli** at Capital One Arena, D.C. 7:30 p.m. 202-628-3200. Capitalonearena.com

**The Holiday Show** at Lincoln Theatre, D.C. 2 p.m. 202-888-0050. Thelincoldc.com

**Southside Johnny & The Asbury Jukes** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Carbon Leaf** at Rams Head On Stage, Annapolis. 1 p.m. 410-268-4545. Ramsheadonstage.com

**Songs for the Season** at The Mainstay, Rock Hall. 4 p.m. 410-639-9133. Mainstayrock-hall.org

**HANSON** at Fillmore Silver Spring, Silver Spring. 7 p.m. 301-960-9999. Fillmoresilver-spring.com

**SPORTS**

**Redskins vs Eagles** at FedExField, Landover. 1 p.m. 301-276-6800. Redskins.com (F)

**Monday**

**16**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**MUSIC**

**The Choral Arts Society of Washington Presents Songs of the Season** at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. 202-467-4600. Kennedy-center.org

**Hot 99.5’s Jingle Ball** at Capital One Arena, D.C. 7:30 p.m. 202-628-3200. Capitalonearena.com

**AMFM Presents An Annapolis Christmas** at Rams Head On Stage, Annapolis. 7 p.m. 410-268-4545. Ramsheadonstage.com (C)

**CeeLo Green Holiday Hits Tour** at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. Marylandhall.org

**Tuesday**

**17**

**SPECIAL EVENTS**

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/1).

**Newsies** at Arena Stage, D.C. (See 12/1).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/3).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/10).

**Jesus Christ Superstar** at The Hippodrome Theatre, Baltimore. 8 p.m. 410-837-7400. France-merrickpac.com

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. 202-467-4600. Kennedy-center.org

**Jersey Boys** at The National Theatre, D.C. 7:30 p.m. 202-628-6161. Thenationaldc.org

**MUSIC**

**Samantha Fish** at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

**AMFM Presents An Annapolis Christmas** at Rams Head On Stage, Annapolis. 7 p.m. 410-268-4545. Ramsheadonstage.com (C)

**Wednesday**  
**18**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Nativity Scenes From Around The World** at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. Cambridgehouse-bandb.com

**S’more Time Together** at Knoxville’s Table at Chesapeake Bay Beach Club, Stevensville. 5 p.m. 410-604-5900. Baybeachclub.com

**Open Mic Night!** at Maryland Hall for the Creative Arts, Annapolis. 7 p.m. Marylandhall.org

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Karaoke Live!** at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**Free Form: 20th-Century Studio Craft** at Baltimore Museum of Art, Baltimore. 10 a.m.–5 p.m. (Wed.–Sun.) Now through June 7, 2020. 443-573-1700. Artbma.org

**PERFORMING ARTS**

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/11).

**Newsies** at Arena Stage, D.C. (See 12/10).

**Men on Boats** at Baltimore Center Stage, Baltimore. 2 p.m. & 7:30 p.m. 410-332-0033. Centerstage.org

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/3).

**A Christmas Carol** at Olney Theatre, Olney. (See 12/7).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/10).

**Jesus Christ Superstar** at The Hippodrome Theatre, Baltimore. (See 12/17).

**Sunday**  
**15**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Christmas in St. Michaels** at Downtown St. Michaels. 11 a.m. Christmassinstmichaels.org

**Nativity Scenes From Around The World** at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. Cambridgehouse-bandb.com

**West Annapolis Winterfest and European Christmas Market** at Downtown Annapolis, Annapolis. 12 p.m. West-annapolis.com (F)



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**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/17).

**Jersey Boys** at The National Theatre, D.C. (See 12/17).

**MUSIC**

**Daughters, Health** at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

**Everly Brothers Christmas Experience feat. The Zmed Brothers** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**The Bouncing Souls** at Fillmore Silver Spring, Silver Spring. 7 p.m. 301-960-9999. Fillmoresilverspring.com

**SPORTS**

**Wizards Vs. Bulls** at Capital One Arena, D.C. 7 p.m. Capitalonearena.com (F)

Thursday  
**19**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Midnight Madness** at Downtown Annapolis, Annapolis. 6 p.m. Downtownannapolis-partnership.org (F)

**Ugly Sweater Holiday Hour** at Knoxville's Table at Chesapeake Bay Beach Club, Stevensville. 4 p.m. 410-604-5900. Baybeachclub.com

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/6).

**Newsies** at Arena Stage, D.C. (See 12/6).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/3).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. (See 12/12).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/3).

**A Christmas Carol** at Olney Theatre, Olney. (See 12/6).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/5).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/10).

**Jesus Christ Superstar** at The Hippodrome Theatre, Baltimore. (See 12/17).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/17).

**Jersey Boys** at The National Theatre, D.C. (See 12/17).

**Elf the Musical** at Avalon Theatre, Easton. 6 p.m. 410-822-0345. Avalonfoundation.org

**MUSIC**

**Turnover, Men I Trust** at 9:30 Club, D.C. 7 p.m. 202-265-0930. 930.com

**National Symphony Orchestra: Handel's Messiah** at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. 202-467-4600. Kennedy-center.org

**Gospel Christmas** at Joseph Meyerhoff Symphony Hall, Baltimore. 8 p.m. 410-783-8000. Bsomusic.org

**Straight No Chaser - The Open Bar Tour** at Modell Performing Arts Center at the Lyric, Baltimore. 7:30 p.m. 410-900-1150. Modell-lyric.com

**Jimmie Allen** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilverspring.com

Friday  
**20**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Jolly Express Cruise** at Watermark Cruises, Annapolis. 6 p.m., 7 p.m., and 8 p.m. 410-268-7601. Cruisesonthebay.com

**Holiday Candlelight Stroll** at Hammond-Harwood House, Annapolis. 8 p.m. 410-268-7601. Cruisesonthebay.com

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Friday Night Karaoke** at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideawayodenton.com

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/6).

**The Nutcracker presented by Chesapeake Ballet Company** at Children's Theatre of Annapolis, Annapolis. 7 p.m. Chesapeakeballetcompany.com

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/6).

**Newsies** at Arena Stage, D.C. (See 12/6).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/6).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. (See 12/6).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/6).

**Cirque Dreams Holidayze** at MGM National Harbor, Oxon Hill. 7:30 p.m. 844-346-4664. Mgmnationalharbor.mgmresorts.com

**A Christmas Carol** at Olney Theatre, Olney. (See 12/6).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/5).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/13).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/6).

**Santa Claus Conquers the Martians - film** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. 7 p.m. Garfield-center.org

**Jesus Christ Superstar** at The Hippodrome Theatre, Baltimore. (See 12/17).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/17).

**Jersey Boys** at The National Theatre, D.C. 8 p.m. 202-628-6161. Thenationaldc.org

**Elf the Musical** at Avalon Theatre, Easton. (See 12/13).

**MUSIC**

**National Symphony Orchestra: Handel's Messiah** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**Pat Owens Live Music** at Riverbay Roadhouse, Annapolis. 9 p.m. 410-757-2919. Riverbayroadhouse.com

**Handel's Messiah** at St. Anne's Church, Annapolis. 8 p.m. Liveartsmaryland.org

**Chuck Redd Quintet w. special guest Kristin Callahan** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Gospel Christmas** at Joseph Meyerhoff Symphony Hall, Baltimore. 8 p.m. 410-783-8000. Bsomusic.org

**DJ Pauly D** at Rams Head Live!, Baltimore. 10 p.m. 410-244-1131. Ramsheadlive.com

**PJ Morton** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

Saturday  
**21**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Winter Wonderland Holiday Crafts & Visit from Santa Claus** at Ward Museum of Wildfowl Art, Salisbury. 10 a.m. 410-742-4988. Wardmuseum.org (C) (F)

**Four Centuries Walking Tour** at Information Booth, Annapolis. 1:30 p.m. Annapolistouros.com (F)

**Holiday Candlelight Stroll** at Hammond-Harwood House, Annapolis. 8 p.m. 410-268-7601. Cruisesonthebay.com

**Jolly Express Cruise** at Watermark Cruises, Annapolis. 6 p.m., 7 p.m., and 8 p.m. 410-268-7601. Cruisesonthebay.com

**Chestertown Farmers Market** at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

**Santa at Homestead Gardens** at Homestead Gardens, Davidsonville. 11 a.m. 410-798-5000. Homesteadgardens.com (F)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 2 p.m. 410-822-4848. Eastonvfd.org (F)

**Easton Farmers Market** at Easton Farmers' Market, Easton. 8 a.m. 410-822-0345. Avalonfoundation.org

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Santa at Homestead Gardens** at Homestead Gardens, Severna Park. 11 a.m. 410-384-7966. Homesteadgardens.com (F)

**Luminaria Night in Vienna** at Town of Vienna, Vienna. 5 p.m.

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**The Nutcracker presented by Chesapeake Ballet Company** at Children's Theatre of Annapolis, Annapolis. (See 12/14).

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/7).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/7).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. (See 12/14).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/7).

**Holiday Spectacular** at Joseph Meyerhoff Symphony Hall, Baltimore. 3 p.m. & 8 p.m. 410-783-8000. Bsomusic.org

**Cirque Dreams Holidayze** at MGM National Harbor, Oxon Hill. 2 p.m. 844-346-4664. Mgmnationalharbor.mgmresorts.com

**A Christmas Carol** at Olney Theatre, Olney. (See 12/7).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/11).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/7).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/7).

**Jesus Christ Superstar** at The Hippodrome Theatre, Baltimore. 2 p.m. & 8 p.m. 410-837-7400. France-mer-rickpac.com

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. 1:30 p.m. & 7:30 p.m. 202-467-4600. Kennedy-center.org

**Jersey Boys** at The National Theatre, D.C. 2 p.m. & 8 p.m. 202-628-6161. Thenationaldc.org

**Elf the Musical** at Avalon Theatre, Easton. 2 p.m. & 7 p.m. 410-822-0345. Avalonfoundation.org

**MUSIC**

**National Symphony Orchestra: Handel's Messiah** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**Thievery Corporation** at 9:30 Club, D.C. 8 p.m. 202-265-0930. 930.com

**Kristi Allen & Brandt Dunn Live Music** at Riverbay Roadhouse, Annapolis. 9 p.m. 410-757-2919. Riverbayroadhouse.com

**Handel's Messiah** at St. Anne's Church, Annapolis. 8 p.m. Liveartsmaryland.org

**Slim Man CD Release Party** at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Ramsheadonstage.com

**KiXmas** at Rams Head Live!, Baltimore. 9 p.m. 410-244-1131. Ramsheadlive.com

**Dell Foxx Company** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. 7 p.m. Garfield-center.org

Sunday  
**22**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Nativity Scenes From Around The World** at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. Cambridgehouse-bandb.com

**Santa at Homestead Gardens** at Homestead Gardens, Davidsonville. 11 a.m. 410-798-5000. Homesteadgardens.com (F)

**Sip & Shop Sundays** at Downtown Easton, Easton. 11 a.m. Discovereaston.com

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 2 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Santa at Homestead Gardens** at Homestead Gardens, Severna Park. 11 a.m. 410-384-7966. Homesteadgardens.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**The Nutcracker presented by Chesapeake Ballet Company** at Children's Theatre of Annapolis, Annapolis. 7 p.m. Chesapeakeballetcompany.com

**Newsies** at Arena Stage, D.C. (See 12/1).

**Men on Boats** at Baltimore Center Stage, Baltimore. (See 12/1).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. (See 12/14).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/8).

**Cirque Dreams Holiday** at MGM National Harbor, Oxon Hill. 2 p.m. & 7:30 p.m. 844-346-4664. Mgmnationalharbor.mgmresorts.com

**A Christmas Carol** at Olney Theatre, Olney. (See 12/1).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/11).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/8).

**The Woman in Black** at Shakespeare Theatre Company, D.C. (See 12/8).

**Jesus Christ Superstar** at The Hippodrome Theatre, Baltimore. 1 p.m. & 6:30 p.m. 410-837-7400. France-merrikkpac.com

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/21).

**Jersey Boys** at The National Theatre, D.C. 2 p.m. & 7:30 p.m. 202-628-6161. Theatricaldc.org

**Elf the Musical** at Avalon Theatre, Easton. (See 12/15).

**MUSIC**

**National Symphony Orchestra: Handel's Messiah** at The John F. Kennedy Center for the Performing Arts, D.C. 1 p.m. 202-467-4600. Kennedy-center.org

**The Washington Chorus Presents A Candlelight Christmas** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**Norman Brown's Joyous Christmas w. Bobby Caldwell & Marion Meadows** at Rams Head On Stage, Annapolis. 5:30 p.m. & 8:30 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Redskins vs Giants** at FedExField, Landover. 1 p.m. 301-276-6800. Redskins.com

Monday  
**23**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. (See 12/12).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/3).

**Cirque Dreams Holiday** at MGM National Harbor, Oxon Hill. (See 12/22).

**Rudolph The Red-Nosed Reindeer: The Musical** at Modell Performing Arts Center at the Lyric, Baltimore. 6 p.m. 410-900-1150. Modell-lyric.com

**A Christmas Carol** at Olney Theatre, Olney. (See 12/7).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/5).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/17).

**Jersey Boys** at The National Theatre, D.C. (See 12/17).

**MUSIC**

**Trans-Siberian Orchestra** at Capital One Arena, D.C. 3 p.m. & 7:30 p.m. 202-628-3200. Capitalonearena.com

**Eric Benet** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Tuesday  
**24**

**SPECIAL EVENTS**

**Christmas Eve Brunch** at Knoxville's Table at Chesapeake Bay Beach Club, Stevensville. 9 a.m. 410-604-5900. Baybeachclub.com

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 6 p.m. 410-822-4848. Eastonvfd.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/3).

**A Christmas Carol** at Chesapeake Shakespeare Company, Baltimore. (See 12/15).

**A Christmas Carol** at Olney Theatre, Olney. (See 12/1).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/1).

**MUSIC**

**The Choral Arts Society of Washington presents A Family Christmas** at The John F. Kennedy Center for the Performing Arts, D.C. 11 a.m. & 2 p.m. 202-467-4600. Kennedy-center.org (F)

Wednesday  
**25**

**SPECIAL EVENTS**

**Nativity Scenes From Around The World** at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. Cambridgehousebandb.com

**S'more Time Together** at Knoxville's Table at Chesapeake Bay Beach Club, Stevensville. 5 p.m. 410-604-5900. Baybeachclub.com

**Easton Volunteer Fire Department Train Garden** at Easton Volunteer Fire Department, Easton. 2 p.m. 410-822-4848. Eastonvfd.org (F)

**Karaoke Live!** at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandivecasino.com

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

Thursday  
**26**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Ugly Sweater Holiday Hour** at Knoxville's Table at Chesapeake Bay Beach Club, Stevensville. 4 p.m. 410-604-5900. Baybeachclub.com

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/7).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. 1 p.m. & 7:30 p.m. 410-752-2208. Everymantheatre.org

**A Christmas Carol** at Olney Theatre, Olney. (See 12/1).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/11).

**Peter Pan** at Shakespeare Theatre Company, D.C. 2 p.m. & 7:30 p.m. 202-547-1122. Shakespearetheatre.org

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/21).

**Jersey Boys** at The National Theatre, D.C. (See 12/22).

Friday  
**27**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Jolly Express Cruise** at Watermark Cruises, Annapolis. 6 p.m., 7 p.m., and 8 p.m. 410-268-7601. Cruisesonthebay.com

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Friday Night Karaoke** at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideaway-odenton.com

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**PERFORMING ARTS**

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/6).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/6).

**A Christmas Carol** at Olney Theatre, Olney. (See 12/6).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/5).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/13).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/3).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/17).

**Jersey Boys** at The National Theatre, D.C. (See 12/20).

**MUSIC**

**GWAR** at 9:30 Club, D.C. 8 p.m. 202-265-0930. 930.com

**Criss Jacobs Band** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**The Four Horsemen** at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. Ramsheadlive.com

**SPORTS**

**The Military Bowl** at Navy-Marine Corps Memorial Stadium, Annapolis. 12 p.m. Militarybowl.org (F)

Saturday  
**28**

**SPECIAL EVENTS**

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**Jolly Express Cruise** at Watermark Cruises, Annapolis. 6 p.m., 7 p.m., and 8 p.m. 410-268-7601. Cruisesonthebay.com

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**Four Centuries Walking Tour** at Information Booth, Annapolis. 1:30 p.m. Annapolistours.com (F)

**WWE Live Holiday Tour** at Royal Farms Arena, Baltimore. 7:30 p.m. Royalfarmsarena.com

**Chestertown Farmers Market** at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/7).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/7).

**A Christmas Carol** at Olney Theatre, Olney. (See 12/7).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/11).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/7).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/21).

**Jersey Boys** at The National Theatre, D.C. (See 12/21).

**MUSIC**

**Stephen Kellogg** at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Ramsheadonstage.com

**Almost Queen** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmore-silverspring.com

**SPORTS**

**Wizards Vs. Knicks** at Capital One Arena, D.C. 8 p.m. Capitalonearena.com (F)

Sunday  
**29**

**SPECIAL EVENTS**

**Nativity Scenes From Around The World** at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. Cambridgehouse-bandb.com

**Jolly Express Cruise** at Watermark Cruises, Annapolis. 6 p.m., 7 p.m., and 8 p.m. 410-268-7601. Cruisesonthebay.com

**Sip & Shop Sundays** at Downtown Easton, Easton. 11 a.m. Discovereaston.com

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**PERFORMING ARTS**

**A Christmas Carol** at Annapolis Shakespeare Company, Annapolis. (See 12/1).

**Dear Jack, Dear Louise** at Arena Stage, D.C. (See 12/1).

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/8).

**A Christmas Carol** at Olney Theatre, Olney. (See 12/11).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/11).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/26).

**Love, Factually** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/6).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/21).

**Jersey Boys** at The National Theatre, D.C. 2 p.m. 202-628-6161. Thenationaldc.org

**MUSIC**

**The Roots** at The John F. Kennedy Center for the Performing Arts, D.C. 8 p.m. 202-467-4600. Kennedy-center.org

**Clutch** at 9:30 Club, D.C. 7 p.m. 877-435-9849. 930.com

**1964 The Tribute** at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Ramsheadonstage.com

**Citizen Cope** at Rams Head Live!, Baltimore. 9 p.m. 410-244-1131. Ramsheadlive.com

**Yarn** at Avalon Theatre, Easton. 8 p.m. 410-822-0345. Avalonfoundation.org

**The Bridge** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. Fillmoresilver-spring.com

**SPORTS**

**Ravens vs Steelers** at M&T Bank Stadium, Baltimore. 1 p.m. 410-261-7283. Baltimore-ravens.com (F)

Monday  
**30**

**SPECIAL EVENTS**

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Enchant Christmas** at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**PERFORMING ARTS**

**Murder on the Orient Express** at Everyman Theatre, Baltimore. (See 12/3).

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/11).

**Jersey Boys** at The National Theatre, D.C. (See 12/17).

**MUSIC**

**Gogol Bordello** at 9:30 Club, D.C. 7 p.m. 877-435-9849. 930.com

**Seldom Scene** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**Lotus** at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. Ramsheadlive.com

**The White Panda** at Fillmore Silver Spring, Silver Spring. 9 p.m. 301-960-9999. Fillmore-silverspring.com

**SPORTS**

**Wizards Vs. Heat** at Capital One Arena, D.C. 7 p.m. Capitalonearena.com (F)

Tuesday  
**31**

**SPECIAL EVENTS**

**Annapolis NYE Celebration** at Downtown Annapolis, Annapolis. 6 p.m. Annapolis.gov

**NYE Live! New Year's Eve Baltimore** at Power Plant Live!, Baltimore. 9 p.m. Power-plantlive.com

**First Night Talbot 2020** at Harrison Street Public Parking Lot, Easton. 6 p.m. Tourtalbot.org (F)

**Winterfest of Lights** at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

**Lights on the Bay** at Sandy Point State Park, Annapolis. 5 p.m. Lightsonthebay.org (F) (C)

**PERFORMING ARTS**

**Singin' In the Rain** at Olney Theatre, Olney. (See 12/11).

**Peter Pan** at Shakespeare Theatre Company, D.C. (See 12/3).

**My Fair Lady** at The John F. Kennedy Center for the Performing Arts, D.C. (See 12/17).

**Jersey Boys** at The National Theatre, D.C. 6 p.m. 202-628-6161. Thenationaldc.org

**MUSIC**

**Gogol Bordello** at 9:30 Club, D.C. 9 p.m. 202-265-0930. 930.com

**A Jazz New Year's Eve: Branford Marsalis** at The John F. Kennedy Center for the Performing Arts, D.C. 7 p.m. 8 9 p.m. 202-467-4600. Kennedy-center.org

**White Ford Bronco: DC's All '90s Band** at The Anthem, D.C. 9 p.m. 202-888-0020. Theanthemdc.com

**Deanna Bogart New Year's Eve Concert** at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Rams-headonstage.com

**Lotus** at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. Ramsheadlive.com

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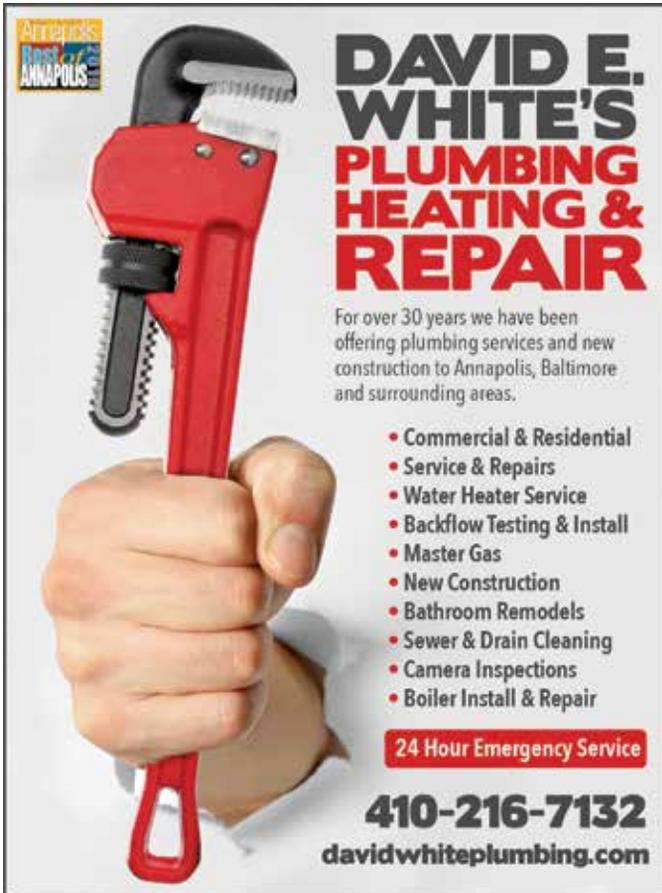
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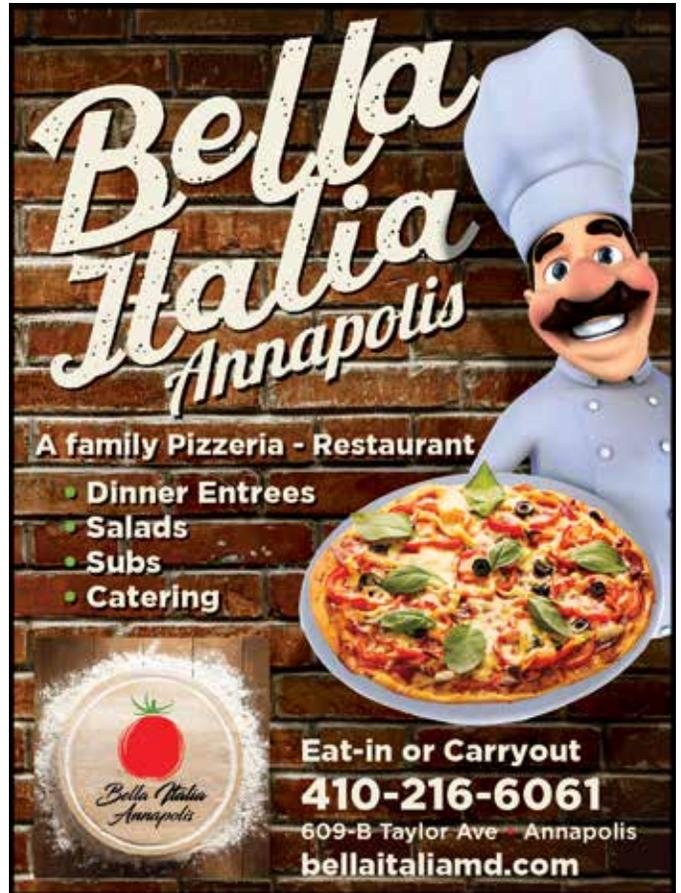
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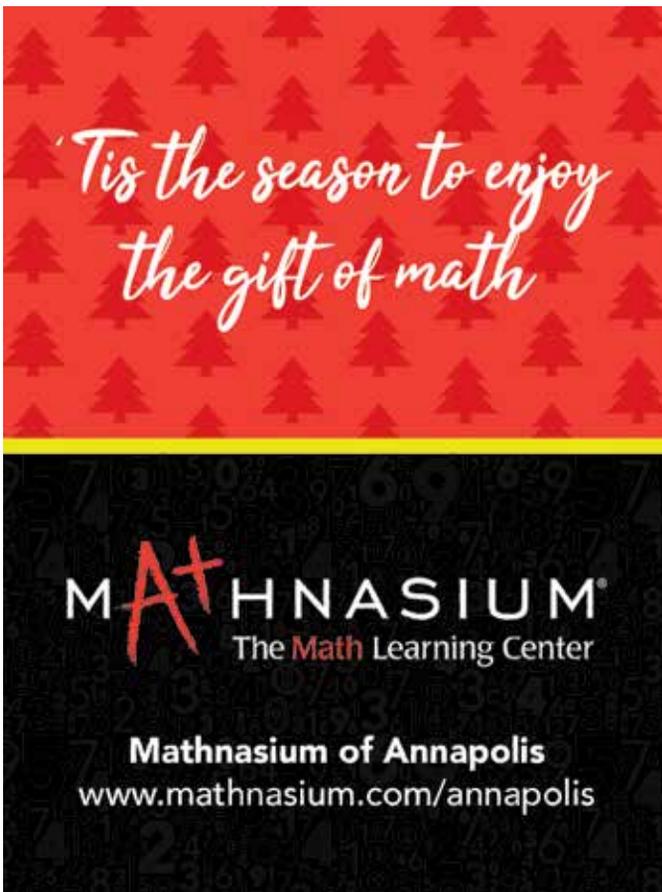


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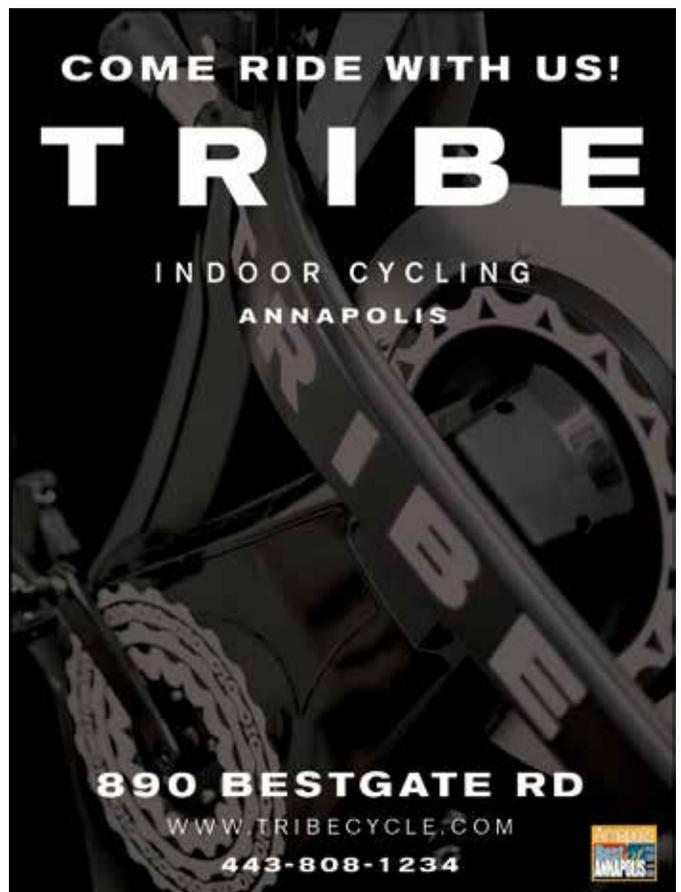
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# Where's Wilma?

**FIND WILMA AND WIN!**

It's time to celebrate the most wonderful time of the year! Head to the calendar section with Wilma and she'll show you some delightful plays and exhibits that will get you in the holiday spirit. If you're doing any holiday travel this season, be sure to check out the article "And We're Off" for some insider secrets about BWI Airport and tips to make your trip safe and comfortable. Surround yourself with loved ones as we head into a new decade.

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at [whatsupmag.com/promotions](http://whatsupmag.com/promotions) for another opportunity to win a prize.

**Congratulations to this month's winner: Jenifer Schulmeister** of Millersville, who won a gift certificate to Old Stein Inn!

**Mail entries to:** Where's Wilma? Annapolis, 201 Defense Highway, Ste. 203, Annapolis, MD 21401 or fill out the form at [whatsupmag.com/promotions](http://whatsupmag.com/promotions)



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Entries must be received by December 31, 2019. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Annapolis.

AAMG Medical Group-Plastic Surgery	9	Kaiser Permanente/Crosby Marketing	7
Adrian Development	162	Kenwood Kitchens	144
Alpaca International	129	Lewnes' Steakhouse	183
Alternative Pet Care	37, 188	Lights on the Bay	139
Annapolis Area Christian School	137	Lisa's Cakepops	66
Annapolis Arts Alliance	66	Little Treasury Jewelers	66
Annapolis Auto	37, 38	Long & Foster-Mr. Waterfront Team	46
Annapolis Dermatology Assoc.	1BC	Long & Foster Annapolis Fine Homes	152
Annapolis Opera	32	Lundberg Builders/314 Design Studio	159
Annapolis Opticians	203	Maryland Garage Concepts	202
Annapolis Painting Services	41	Maryland Oral Surgery Associates	171
Annapolis Plastic Surgery	5	Maryland Theatre For The Performing Arts	12
Ashling Kitchen & Bar	174	Mathnasium	204
Ballet Theater of Maryland	195	Mercy Medical Center	13
Baltimore Washington Medical Center	21	Miss Shirley's Cafe	181
Bay Area Tire & Service Center	203	Mission Escape Rooms	195, 66
Baypoint Wealth Management	32	Mobile Pet Vet	188
Bayside Pediatrics	166	Nancy Hammond Editions	158
Bella Italia	204	O'Leary's Seafood Restaurant	186
Berkshire Hathaway Pen Fed Realty	159	Old Stein Inn	186
Blanca Flor	115, 66	Optimum Health for Life	66
Boatyard Bar & Grill	174	Pasticcio Fresh Italian Kitchen	206
Bosom Buddies Charities	108	Perfect Pet Resort	188
Broadneck Grill	185	Plastic Surgery Specialists	23
Cape Drugs	201	Rainbow International Restoration	206
Carrol's Creek Cafe	174	Rams Head on Stage	26
Center For Dermatology & Skin Care	203	Remedy Green	201
Center for Eye & Laser Surgery	24	Revere Bank	4
Chesapeake Ballet Company	204	Sandel Duggal Center For Plastic Surgery	3
Chesapeake Bay Beach Club	29	Scott Finlay DDS & Associates	15
Chesapeake Cycles	38, 66	Severna Park Automotive	205
Chesapeake Eye Care Management PC	19	Shannon Sausville	115
David E. White Plumbing	204	Sidewinders Lacrosse	137
David Orso	10	Simply Stronger	206
Discover Easton	8	Sotheby'S International Realty-Shane Hall	165
Djowdan Center for Implant and Restorative Dentistry	1	St. Mary's Elementary School	114
Downtown Annapolis Partnership	128	Stuart Kitchens Inc.	163
Dr. Brian Valle Functional and Cosmetic Dentistry	33	Sullivan Surgery and Spa	1FC
Dr. Bross & Associates Pediatric Dentistry	114	The Bob Lucido Team	146
Dr. Henrik L. Anderson	2	The Boutique at Body Wellness	66
Edward Jones	203	The Byzantium Event Center	207
Ehmann Kathryn DDS	45	The Gateway Florist	66
EscapeTime of Maryland Severna Park & Annapolis	66	The Melting Pot	186, 66
Esposito Meridith DDS	166	The Spice And Tea Exchange	66
Excellence In Fitness	6	The Village at Providence Point	109
Face It Spa and Wellness	66	The Wellness House	115
Fichtner Services	157	Trans-Siberian Orchestra	38
Fishpaws	30, 66	Tribe Cycle	205
Founders Tavern & Grille	185	Uniball-Rodamco-Westfield Annapolis	BC
Gold Leaf Advanced Alternative Therapies LLC	122	USA Cabinet Store/Lisa Kitchen Expo Annapolis	205
Harvest Thyme Modern Kitchen & Tavern	186	Vintage Vinyl by Yesterday's Fish	202
Hoffman Animal Hospital	188	Wimsey Cave Framing & Fine Art Framing	202, 66
Homestead Gardens	161	What's Up? Media's Bridal Expo	138
Indian Creek School	115	Year of the Woman	187
Jackie's Design Studio	205	YogaVibeZ Edgewater	202
Jalapenos	174	YWCA of Annapolis & Anne Arundel County	198
Johnson Lumber Co.	162	Zachary's Jewelers	17

# American Generosity

By Ellen Moyer

**S**earching for a cause to wrap your arms around this holiday season?

America is the most generous nation on the globe. Sharing time and money on behalf of kindness has a long tradition in the United States, originating with the first settlers fleeing from oppression of freedom and a need to survive in an untamed wilderness.

For French diplomat Alexis de Tocqueville in 1831, the acts of voluntary support and concern for liberty were an inspiration. Journeying to the New World to study America's prisons, his observations—on this nation's yearning to be free of tyrannical government that eschewed a permanent class structure and encouraged people to pursue individual goals—inspired him to write *Democracy in America*, one of the best books written about us and still relevant today.

Of note was the active involvement of citizens to promote a functioning society and the importance of public cooperation to a free society. "Liberty cannot be established without morality, nor morality without faith," de Tocqueville opined. "America is great because she is good. If America ceases to be good, America will cease to be great." So, the behaviors of helpfulness carved out of the need for survival and a sense of community in a new land of trees and rivers and wildlife sans shopping centers became American DNA.

During the 19th century, the United States blossomed into a wealthy economy with very wealthy men...the richest in the world then and even today when their fortunes are translated into today's dollars and cents.

Born in 1839, John D Rockefeller amassed a fortune in oil, became the richest man in the world, and spent the last 40 years of his life creating foundations to give it away. He targeted philanthropy for medical, education, and scientific research. A strong Baptist by age 16, he was giving 6 percent of his income to charity, which increased to 10 percent by age 20. The Rockefeller Foundation was founded in 1913 and continues today to support targeted causes.

Andrew Carnegie, born in 1835, was next to Rockefeller in wealth. He believed that a person's income should be divided into thirds, devoted to education, making money, and giving it away. To him "...no class is so pitifully wretched as that which possesses money (for money's sake) and does nothing with it."

He believed with great wealth comes the social responsibility to help others. An avid reader, he funded the New York Public Library and the library system we have today. He, as did Rockefeller, funded new universities, such as the University of Chicago and Carnegie-Mellon. Writing in 1900 in the *Gospel of Wealth*, Carnegie stated the noblest use of wealth was "contributing to the enlightenment and the joy of the mind, to the things of spirit, to all...that brings into lives sweetness and light."

Robert Grimm, Director of the Do Good Institute at the University of Maryland, would agree. Aside from great wealth that the vast majority of us do not possess, generosity in volunteering time and contributing dollars to causes is the glue that keeps communities working. Generosity, the quality of being kind, triggers saying yes to needs, taking the risk to help someone or a cause in need. Personal engagement nourishes relationships and is transformative in positive ways for mental and physical health.

Volunteering in America, in a variety of ways to organizations or helping a neighbor or a friend, peaked in 2014 with 8.7 billion hours and a charitable worth of \$410 billion. However, according to Grimm, Americans' contribution rate is steadily declining from the surge in civic spirit after 9/11.

Lower levels of trust reduce engagement with one another and create social isolation that negatively impacts our behavior. China and Russia, for example, are the least generous (sharing of time or money) nations on the globe. They are also nations that shun cooperation, collaboration, and helpfulness. India, with its strict class division, is also among the least charitable.

There are many ways to measure generosity—IRS contributions, continuous Gallup polling, reports from organizations and foundations—but missed are the spontaneous things like the mini contributions to a tip jar for the SPCA, the extra dollar to St Jude's, the contribution in the Salvation Army bucket at Christmas, or the time spent taking a neighbor to a doctor's appointment. Overall, however, 58 percent of Americans, even during off-putting times, contributed over \$25 to charity; seven in 10 of our citizens helped a neighbor or friend in need; and 40 percent of adults contributed hours of time to a worthy cause.



According to the Charities Aid Foundation, Americans gave 2.1 percent of our GDP, about \$410 billion in 2017 to charity, more than the GDP of all but 40 countries in the world. Even with crime and terrorism, people of simple means worldwide still are working to make the world a better place.

In 2012, Giving Tuesday, the Tuesday after Thanksgiving, was inaugurated to celebrate and encourage philanthropy. Last year's Giving Tuesday raised \$380 million through online gifts to the charity of your choice. This year, Giving Tuesday is on December 3rd.

Giving seems to be deeply connected to satisfaction in life. If generosity, unselfishness, kindness, and charitable contributions to the common good is where happiness lies than, as observed by de Tocqueville, protecting our nation's goodness is key to our nation's greatness. If everyone contributed an hour of time (worth \$25) or donated a dollar, that could accumulate to \$327 million (USA population) annually or more. Wow, how would that impact the common good?

On December 3rd, Giving Tuesday, pick and choose how you will celebrate our nation's goodness. In the world of hard power politics, the example of generosity may be the most powerful and inspiring message America can share with the world community.

"America is great because she is good. If America ceases to be good, America will cease to be great."

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## What do you think and why?

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