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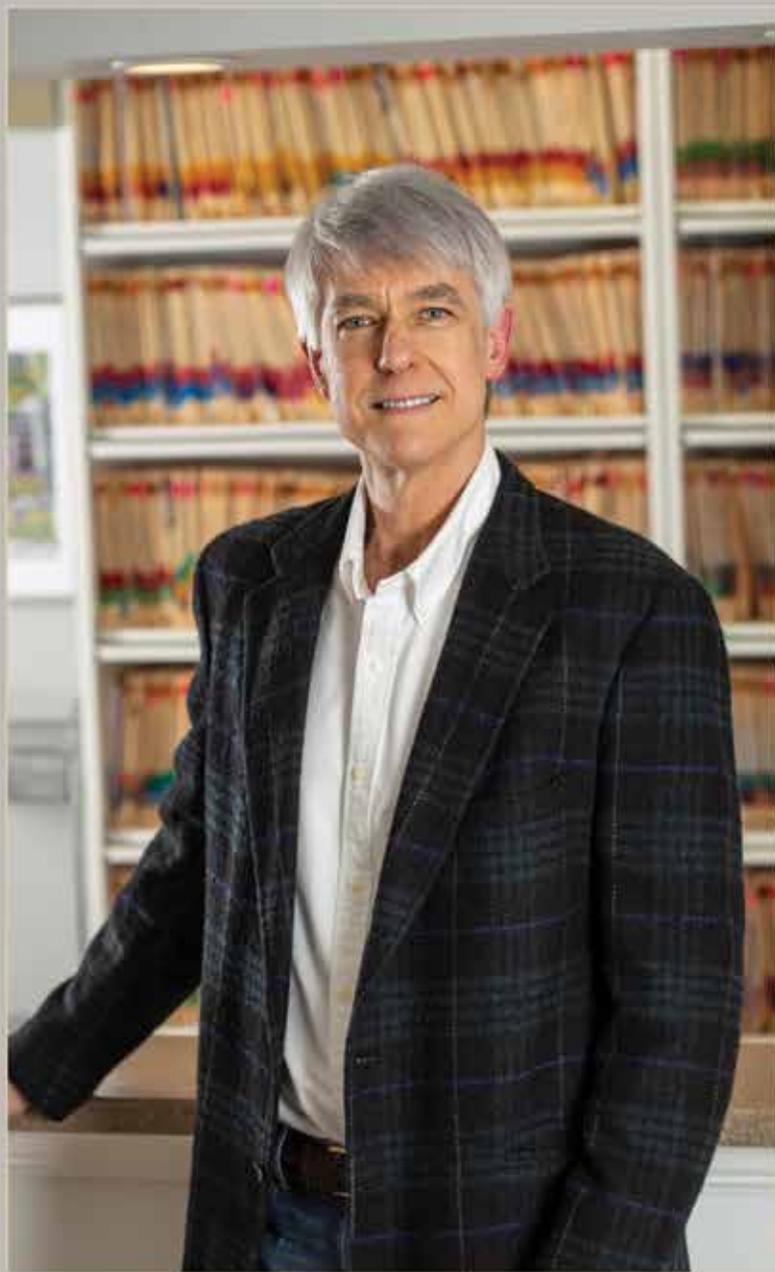
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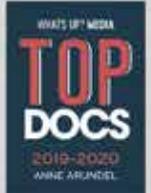
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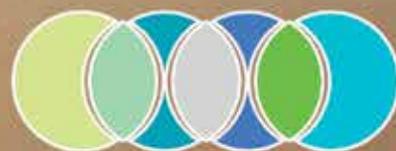


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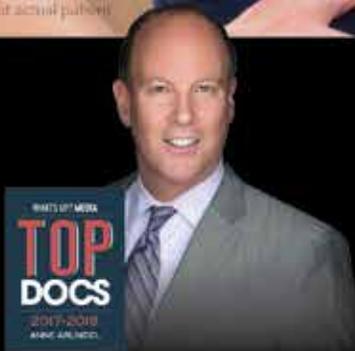


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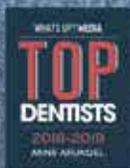
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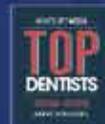
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Diana Love, Frederick Schultz

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Janice Booth, Rita Calvert, Mark Croatti,

Lisa Hillman, Ellen Moyer, Cate Reynolds,

Kat Spitzer, Tom Worgo, Jonathan Yates

Staff Photographer

Steve Buchanan

Contributing Photographers

Mary Ella Jourdak, Curtis Martin Photography

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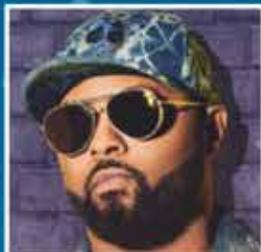
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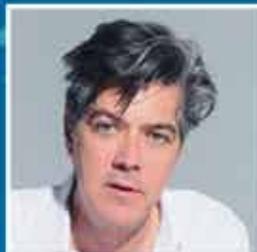
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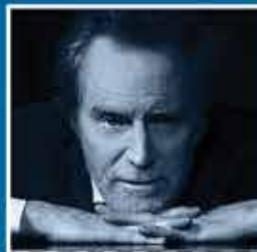
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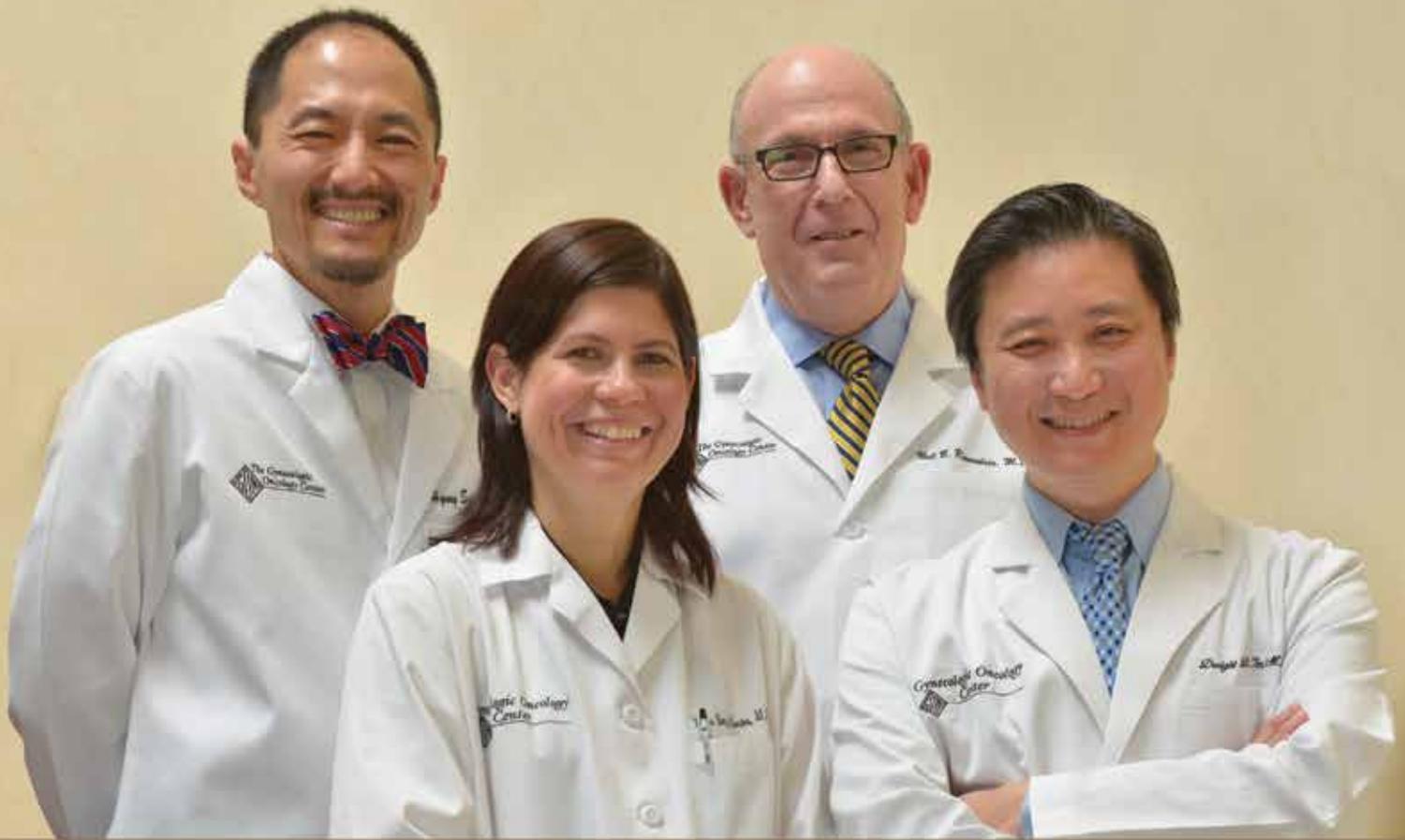
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What’s Up? Media started making plans in May 2019 for this milestone and formed a nonprofit organization called Year of the Woman. Our purpose is to celebrate, educate, encourage, and inspire us all to use the power of our single vote that each of us won 100 years ago! Encouraging discussions of “What’s Next” are also in our plans for 2020.

How will we do this? What’s Up? Media will feature an ongoing series of articles about the history of the Suffrage Movement as well as discussions of how we have changed during the last 100 years and what the future holds. In January, we are kicking off our year-long series of events, education, speakers, and film series. You will see 55 banners hanging on the light poles along West Street and throughout downtown Annapolis declaring the Year of the Woman. These will be displayed again in August. On the Eastern Shore, you will see more banners and a travelling set of posters telling some of the stories of suffrage and declaring the Year of the Woman. We are also planning events and talks at the soon-to-be opened Maryland Museum of Women’s History at Bloomfield Manor in Centreville—the brainchild of Mary Margaret Revell Goodwin.

Also in the works, is an education contest with Anne Arundel County Public Schools, for which a prize will be awarded in March at an event to be held at the Banneker-Douglass Museum. The Anne Arundel Public Library system has organized a year-long book club series for both adults and teens. And there will be many other events, discussions, and films celebrating the Year of the Woman. If you know of any events celebrating this milestone anniversary, let us know and we will help promote them. Watch for them in our publications and at www.yearofthewoman.net. Would you like to join us? Email me at veronica@whatsupmag.com.

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FROM ABAGAIL ADAMS TO HER SISTER

Welcome to 2020 and what a year it looks to be! Not only is it a presidential election year, but in December our Governor declared 2020 to be the Year of the Woman. He announced this in honor of 100 years of suffrage, or women having finally won the right to vote in August of 1920. It is ironic that although, today, Maryland is a more progressive state, we chose not to ratify the 19th amendment until May 29, 1941—nearly 21 years after most other U.S. states. Nevertheless, we are proudly honoring this hard-fought accomplishment of determined women and men from 100 years ago.

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27 EVENT PICKS | 34 SOCIAL | 42 SALUTE | 44 SPOTLIGHT | 48 ATHLETE



↑ Polar Bear Plunge

More than 10,000 people from across the state will plunge into the chilly Chesapeake Bay at Sandy Point State Park, raising money for Special Olympics Maryland. The Polar Bear Plunge is the largest state-wide fundraiser with several different plunges to participate in, including the Super Plunge on Friday, January 17; the Cool Schools Plunge on Thursday, January 23; the Police and Corporate Plunge on Friday, January 24; and the Maryland Plunge on Saturday, January 25. Enjoy live music, food and drinks, activities for all ages, and the satisfaction of freezing your fur off to benefit a great cause. A pledge of \$75 or more is required. For more information, including plunge times and registration, visit Plungemd.com.



Photo by Colin Dougherty

The Progressive[®] Insurance Baltimore Boat Show

The 2020 Progressive[®] Insurance Baltimore Boat Show will drop anchor at the Baltimore Convention Center Thursday, January 23 through Sunday, January 26. This year's show will be expanded by 32,750 feet and will feature more than 300 boats from the region's top dealers. Enjoy activities for the whole family including a crab picking contest, the build-a-boat kids tour, shopping, and more. Show hours are Thursday through Saturday, 10 a.m.-8 p.m., and Sunday, 10 a.m.-5 p.m. Admission is \$15 for adults and free for children 12 and under. For more information, visit Baltimoreboatshow.com.



← COVER YOUR CHIN FOR CHARITY

Mark your calendars for the seventh annual Cover Your Chin for Charity Closing Ceremonies on Saturday, January 18, 7 p.m. at the Waterfowl Building in Easton. This charitable beard-growing contest kicked off in October when men shaved their facial fuzz, and traded their razor for three months of scruffiness to raise money for local charities. Anyone who donates will receive a ticket to the party, which includes food, drinks, a silent auction, and an awards ceremony. Proceeds will benefit Hill Hounds Rescue and Animal Sanctuary, Mid-Shore Recovering Veterans Group, and EES Carepacks. For more information, visit Coveryourchin.com.

Annapolis Maritime Museum Winter Lecture Series

Join the Annapolis Maritime Museum for its 2020 Winter Lecture Series. The series will feature engaging speakers presenting on eight diverse topics including maritime history, local history, science, and maritime art. The series kicks off on Thursday, January 9, 7 p.m. with William Geroux's presentation "The Ghost Ships of Archangel: Allied convoy PQ-17 on the Murmansk Run." Other January presentations include "Where Land and Water Meet: The Delights and Dilemmas of the Chesapeake Bay" by Dave Harp on January 16; "The Happiest of All Showboat Stories: The James Adams Floating Theatre" by Dr. Patricia Samford on January 23; and "Teaching the Chesapeake: Lessons from the Last Half Century" by Tom Horton on January 30. Admission is \$10 per person. For more information, Amaritime.org.





ANNAPOLIS OPERA: MR. BREWSTER'S INVIGORATING INVENTION

Annapolis Opera, in partnership with Towson University's Opera in a Can, presents Mr. Brewster's Invigorating Invention on Saturday, January 25, 11 a.m. at Maryland Hall for the Creative Arts. This fun, musical journey through the history and science of the kaleidoscope combines art and science for a unique opera experience for children, young and old. Tickets are \$16. For more information, visit Annapolisopera.org.

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↑ What's Up? Bridal Expo 2020

Simplify your planning, shop in style, and embrace the bliss of your engagement at the What's Up? Media Bridal Expo held at the Graduate Annapolis (formerly Loews Annapolis Hotel) on Sunday, January 26, 1-4 p.m.

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ALLIANCE FOR THE CHESAPEAKE BAY WILD & SCENIC FILM FESTIVAL

The Alliance for the Chesapeake Bay is bringing the Wild & Scenic Film Festival back to the Chesapeake Bay watershed on Thursday, January 23, 5:30 p.m. Held at Maryland Hall for the Creative Arts, the festival will feature selections of films that inform, inspire, and ignite solutions and possibilities to restore the earth and human communities while creating a positive future for the next generation. Festival-goers can expect to see films about nature, community activism, conservation, and more. Tickets are \$25. For more information, visit Allianceforthebay.org.



Photo by Teal Mueller

↑ Bosom Buddies Ball

Show your support for Bosom Buddies Charities at its 2020 Hope Anchors the Soul Ball on Saturday, January 25, 5:30 p.m. at the Westin Annapolis Hotel. Enjoy an elegant evening while supporting Bosom Buddies Charities' mission to promote breast cancer awareness, encourage early detection, support treatment, and celebrate healing. The event will feature dinner, dancing, and live and silent auctions. Tickets are \$250 per person. For more information, visit Bosombuddiescharities.com.



Photo by Will Parson

FOR MORE EVENTS VISIT OUR CALENDAR ON pg. 163 OR GO TO WHATSUPMAG.COM

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2

TOWNE SOCIAL

The Power of Caring

The Baltimore Washington Medical Center Foundation's signature event "The Power of Caring" Gala with Honorary Chair, The Creston G. and Betty Jane Tate Foundation, was held on November 2 at the Live! Hotel in Hanover. The event was attended by 450 guests and included a cocktail reception, seated dinner, silent and live auctions, and dancing to the live music of the band Millennium. Proceeds directly benefit UM Baltimore Washington Medical Center.

Photography courtesy Baltimore Washington Medical Center Foundation **1.** The Tate Family **2.** Justin Hoover, Sharada Vibhakar, Neel Vibhakar, Jon Wendell, Bri Hoover, Joel Klein **3.** Craig and Mary Beth Carmichael **4.** Kristin Jones Bryce, Karen Olscomp, Dr. Mohan Suntha, James C. "Chip" DiPaula, Jr., Kathy McCollum, Alicia Wilson, and Dr. Stacy Garrett-Ray **5.** Harvinder Singh, Lee Pearson, and Molly Brockett



3



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TOWNE SOCIAL

GiGi's Playhouse Inaugural Golf Outing

GiGi's Playhouse Annapolis hosted its Inaugural Golf Outing and Banquet at Crofton Country Club on October 7. The event raised more than \$48,000 through sponsors, donors, and 140 golfers.

Photography by Gilligan Design Group **1.** Cris Brown, Hunter Cox, Cathy Fonfara, and Joe Conte **2.** Santchi Crawford, Chris Denino, Yi Chu, and Retros Axaolpulos **3.** GiGi's handcrafted first place trophy **4.** Brandon Coleman, Brian Flynn, and Amanda Horodyski **5.** James Houck, Mia Cranford, Kathy Sauve, Rick Marsalek **6.** Stuart Plank, Mike Howell, Jim O'Connor, John Wilson, Rob Taishoff, and Steve Beck





TOWNE SOCIAL

Soirée on the Spa

St. Mary's School's 34th annual auction—Soirée on the Spa—was held at the historic Charles Carroll House and Gardens on October 26. This year's event, complete with a silent and live auction, entertainment by Bryen O'Boyle (Mr. Greengenes), and catering by Ken's Creative Kitchen, raised over \$110,000 for St. Mary's School.

Photography by Hamilton Photography 1. Cindy Hodor, Abigail Bullock, and Kari Kruesi 2. Allison Lehmann, Jessica Chiari, Lida Barniea, and Morgan Gill 3. Jacqui Sands 4. Bryen O'Boyle performs 5. Deacon Leroy Moore watches St. Mary's School President Fred Haller speak 6. Carrie Hughes, Clare Tower, and Erin Jaeger



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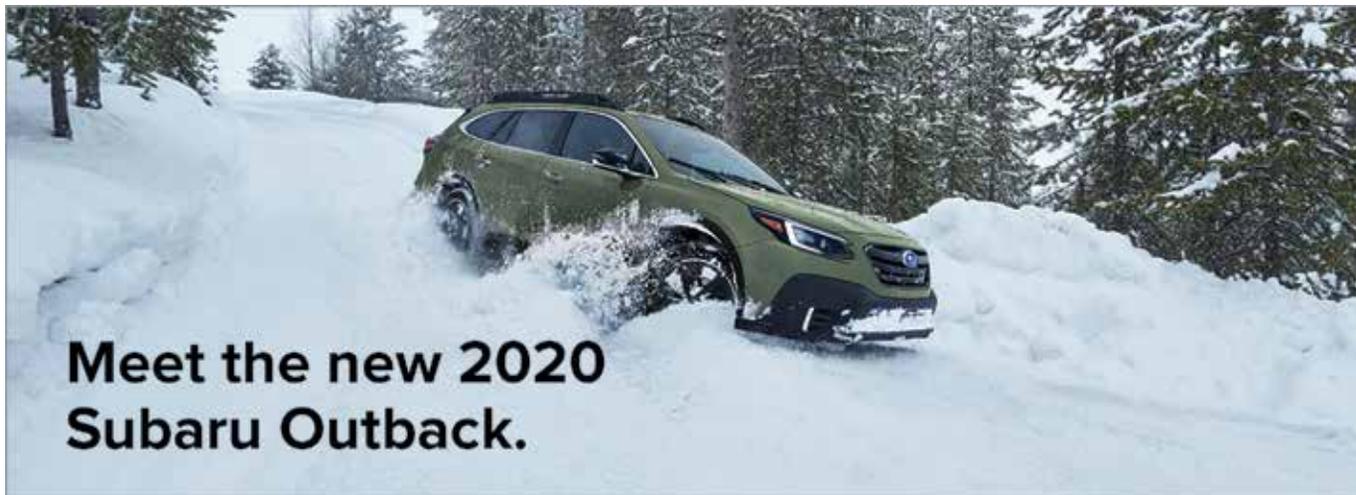
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Thomas Point Shoal Lighthouse Gala

On November 2, the Thomas Point Shoal Lighthouse Gala was held in Akerson Tower at Navy-Marine Corps Memorial Stadium in Annapolis. More than 200 guests enjoyed fine food, a 50/50 raffle, wine pull, and live and silent auctions. The event raised over \$34,000 for the structural restoration of the Thomas Point Shoal Lighthouse.

Photography by John Potvin **1**. John Potvin and Amanda Williams **2**. Chris and Henry Gonzalez **3**. The Eastport Oyster Boys **4**. Volunteers Cathy Lewis and Patricia Potvin explain the silent auction items **5**. Guests enjoying VIP reception **6**. Wiki provided by Watermark Tours greets attendees at VIP reception



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TOWNE SALUTE

Sheryn Blocher

Severn Town Club

By Caley Breese

Sheryn Blocher has always enjoyed working with people and being an educator. After receiving her bachelor's degree and master's degree in education, she taught kindergarten and first grade all over the country, including Kansas, Texas, Illinois, and Tennessee. Blocher retired from teaching in 1987, allowing her to pursue other passions.

Due to her husband Arch's work with the International Paper Company, the pair eventually landed in Annapolis in the mid-1990s. Blocher began volunteering as docent with Historic Annapolis in 1996, and soon became their part-time volunteer coordinator, a position she held until 2000. Over the years, Blocher has spent significant time dedicated to various volunteer projects, including serving as a board member for the Hammond-Harwood House, as well as contributing to the full-size reproduction of the Star-Spangled Banner.

Blocher first heard about Severn Town Club when she attended a memorial service for a friend who had been a member. "When I went to the service and the reception, all the women at the table were [from] Severn Town Club," she explains. "I was listening to them, and I thought, 'This is something I want to find out about.' That was six years ago and I haven't looked back since."

She became a member of Severn Town Club (STC) in 2013. She has served on the Membership Committee as co-chair, and in 2015 and 2016, Blocher chaired STC's annual Holly Ball. The Holly Ball is a fundraising dinner that raises money and awareness for a chosen nonprofit organization. The selected organization receives 75 percent of the proceeds, while the other 25 percent is allocated to organizations who have applied for Severn Town Club grants. The 56th Holly Ball was held in late November and benefited Anne Arundel County CASA (Court Appointed Special Advocates).

"Sheryn has a can-do attitude that inspires us all. Her tireless efforts contribute to the betterment of our Anne Arundel County citizens with the monetary grants we award to worthy causes."

"Sheryn has a can-do attitude that inspires us all," Severn Town Club member Aida Cipriani says. "Her tireless efforts contribute to the betterment of our Anne Arundel County citizens with the monetary grants we award to worthy causes."

Blocher currently serves as Severn Town Club's board president, a title she will hold until June of this year. As president, Blocher attends and runs board meetings, assists with the Holly Ball, and contributes to various sections in Severn Town Club's monthly newsletter, *The Crier*. Every month, she writes her "From the President" letter, contributes to the "Sharing and Caring" section, and showcases a STC member in "Spotlight."

"I've expanded ['Spotlight'] quite a bit [since we started that section]," Blocher says. "I try to be as hands-on as I can with the board members and other members in general, and listen to what they have to say because they've got great ideas and a lot of follow-through."

Blocher believes that her experience as a teacher and

as a volunteer coordinator has impacted her presidency and volunteerism with STC. “You have to make sure that you’re making it worthwhile for them to spend their time there, give them worthwhile things to do, and communicate and try to bring people together within the group.”

“Sheryn’s enthusiasm, with her organizational skills and dedication, has brought closer ties to the members and our commitment to service,” STC member Sandy Murray says.

Severn Town Club is a women-led organization—something that is very important to Blocher.

“When I grew up you had about three options,” she explains. “You were a nurse, a secretary, or a teacher. Just reading the backgrounds of some of these women, it is simply amazing what they’ve done. To see these women and what they can do and how well they do it, and how much fun they have [is important]. When I read about what other people are doing in this ‘Spotlight’ feature, I think it connects the members.”

For more information on Severn Town Club, visit severntownclub.org

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LLS Maryland Chapter Partners with Annapolis Subaru

As part of the Subaru Loves to Care program, the Leukemia & Lymphoma Society (LLS) Maryland Chapter teamed up with Annapolis Subaru to deliver blankets, messages of hope, and arts and crafts to cancer patients at the DeCesaris Cancer Institute at Anne Arundel Medical Center. LLS and Subaru have partnered for four years on this project, bringing love, hope, and warmth to those fighting cancer across the country and in Annapolis.



Left to right: Scenic Rivers Land Trust Board Members Eve Terran, Nina Fisher (president), Edmee Geis, and Scenic Rivers Land Trust Executive Director Sarah Knebel. Photo courtesy of Erin Valentine

↑ SCENIC RIVERS LAND TRUST HOSTS CONSERVATION CELEBRATION GALA

Scenic Rivers Land Trust (SRLT) held its first-ever fundraising gala in October at The Bistro at South River in Edgewater. The gala, Conservation Celebration, marked SRLT's 30th anniversary and its recent achievement of becoming a nationally accredited land trust. The event attracted over 100 guests who enjoyed an open bar, a fall-themed buffet and hors d'oeuvres, live music from guitarist Grayson Zuber, a silent auction and raffle, and more. The event raised more than \$20,000, exceeding fundraising goals. Proceeds benefit SRLT's mission to protect forests, wetlands, farmlands, and other open areas in Anne Arundel County.

Photo courtesy of Wayne Richardson

AACC Students Receive Excellence in Design Awards →

Three Anne Arundel Community College (AACC) students and one alumnus received awards from the American Institute of Architects (AIA) Maryland Excellence in Design awards program. The four winners were honored in September at the Excellence in Design Awards Celebration at R. House in Baltimore. The competition recognizes architects, building owners, contractors, and architectural students from Maryland who have achieved success in architectural design. AACC was the only community college whose students were recognized.

Photo by Michael Ryan





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AAMC Receives 2019 CHIME's HealthCare's Most Wired Recognition

Anne Arundel Medical Center (AAMC) received the 2019 College of Healthcare Information Management Executives (CHIME) Most Wired recognition for its leadership in healthcare technology. The Most Wired distinction is given to healthcare organizations that are utilizing technologies in inventive ways to improve patient experience, reduce costs, and broaden patient access to healthcare services. The goal of the CHIME Health-Care's Most Wired program is to advance the health and care of communities all over the world by encouraging optimum use of information technology.



Photo by Jan Gratz

↑ CODE NINJAS OPENS IN EDGEWATER

Code Ninjas, a computer-coding learning center for children, opened its Edgewater location in September. Code Ninjas teaches children to code through an educational, game-based curriculum that helps build teamwork, logic, math, and problem-solving skills. Located within the South River Colony shopping center, the Edgewater learning center is owned and operated by husband and wife team Chet and Shefali Patel. In celebration of its grand opening, Code Ninjas Edgewater hosted a ceremony in October that featured a ribbon cutting, activities and face painting, and food and drink. Founded in 2016, Code Ninjas is a franchise with locations in the United States, Canada, and the UK.

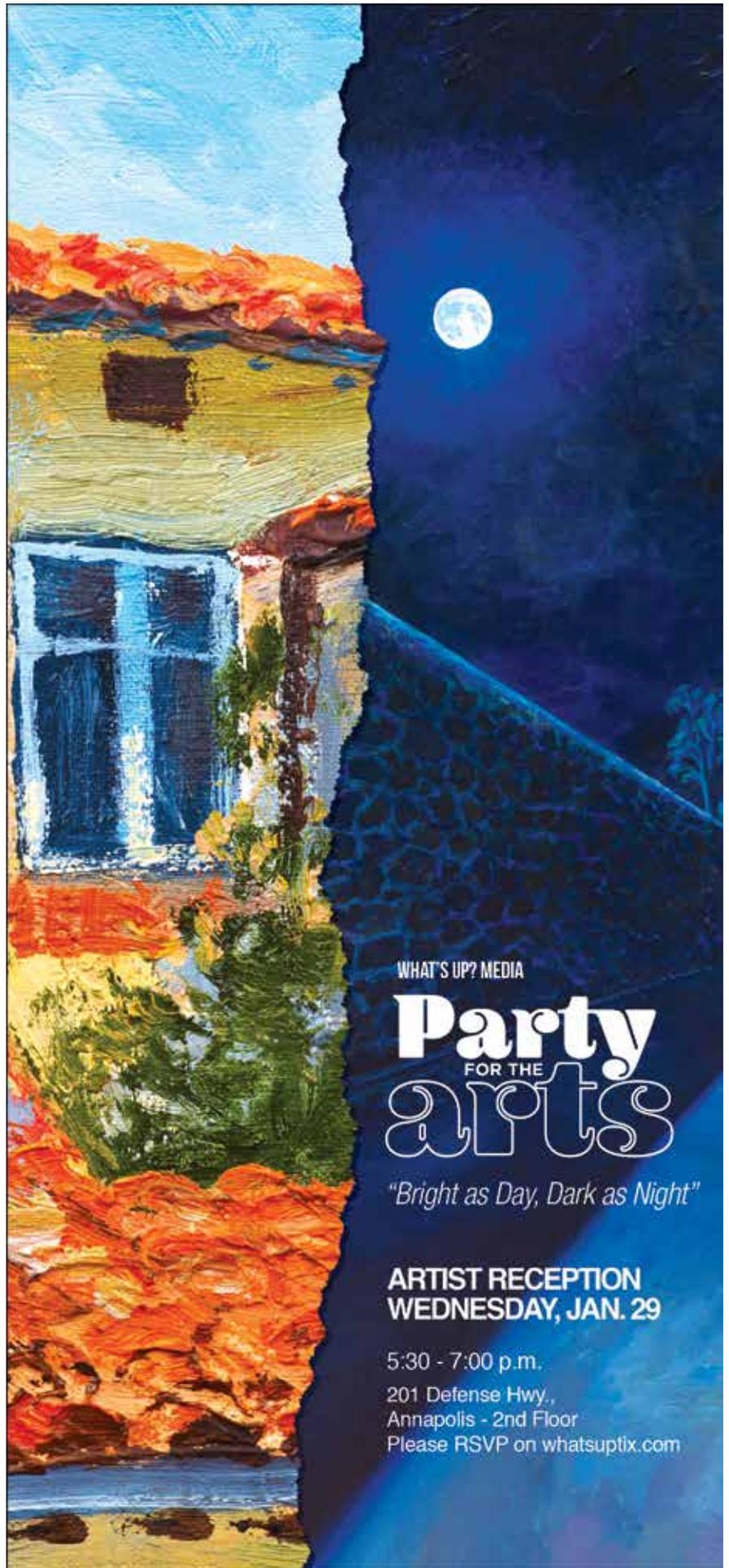


Volunteers from the London Towne Homeowners Association and the Watershed Stewards Academy. Photo courtesy of Joni Miller

↑ Unity Gardens Awards Grants

Unity Gardens, a nonprofit organization based in Anne Arundel County, awarded approximately \$10,000 in small grants to 10 local community groups who led conservation landscaping initiatives which included raingardens, erosion control projects, and pollinator gardens. These projects were committed to using native vegetation to focus on stormwater issues while preserving the habitats for pollinators, birds, and wildlife. Unity Gardens is dedicated to creating and sustaining a healthy environment and healthy Chesapeake Bay watershed by empowering and educating Anne Arundel County communities. Since 2001, Unity Gardens has distributed nearly \$500,000 to more than 500 Anne Arundel County organizations.

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TOWNE ATHLETE

Eric Sondberg

South River High School
Basketball

By Tom Worgo

Last winter, two games changed the basketball fortune of South River senior Eric Sondberg. Sondberg scored 31 points against Meade in late January, and two weeks later, totaled 21 versus Largo. He showed off his sweet shooting stroke—perhaps the best in the county.

Those performances naturally caught the attention of opposing coaches from Meade and Largo, who also work for Team Durant, one of the top AAU summer programs in the country. That earned him a tryout with Team Durant in March and he ended up making the squad.

“They knew I was a good shooter and they were looking for a shooter they could rely on,” Sondberg says.

Sondberg, a 6-foot-6-inch guard/forward, couldn’t say no to U-17 Team Durant, a squad sponsored by Nike and funded by the foundation of NBA star Kevin Durant.

The Davidsonville resident played for another AAU basketball team, the South River Shooters, in previous summers and he hated to leave after five years.

“I just planned on playing for my hometown team,” Sondberg says. “It was all really kind of shocking. It was a hard decision for me to leave that team.”

Team Durant appealed to Sondberg for several reasons. Sondberg competed in tournaments in Atlanta, Dallas, Fisher, Indiana, and, finally, the championship round in Augusta, Georgia, against teams with nationally-ranked players. How good was Team Durant? Every player has committed to a Division I basketball school.

“He was playing in front of hundreds of college coaches,” South River Boys Basketball Coach Darren Hall says. “Playing on the national stage really got him exposure. It

was maximum exposure and went a long way toward getting him a scholarship.”

The 18-year-old Sondberg received a basketball scholarship to Lafayette College in Pennsylvania. He committed to the school in July and will sign a National Letter of Intent in mid-November. Army and Furman also aggressively recruited Sondberg.

“Everything happened very quickly,” says Sondberg, who carries a weighted 4.17 grade-point average and is interested in majoring in economics. “It was kind of overwhelming at first. It turned out to be a blessing.”

Team Durant Coach Osman Dangura says Sondberg’s perimeter play was crucial to his squad’s success. “We had a bunch of guys who could attack the basket and get into the paint,” Dangura explains. “That forced the defense to collapse. The players would kick the ball out to Eric and he knocked down a shot. He did it a lot.”

Spending three months with Team Durant clearly elevated Sondberg’s game. “I am more physical and I am playing at a quicker pace,” Sondberg says. “I had to improve my defense. It was definitely a weakness. It definitely has gotten a lot better.”

Sondberg also made big strides between his sophomore and junior year at South River. He contributed 13 points per game during the 2017–18 season, his first on the varsity. Sondberg then quickly blossomed and averaged 22 points, 9.9 rebounds, 3.1 steals, and 2.6 assists. He

“He is probably known around the county as a three-point shooter, but he can score in many different ways. We really challenged him at midseason to score inside and he did that a lot.”

had some memorable games against C Milton Wright (35 points), Southern (32), and Annapolis (30).

“He is probably known around the county as a three-point shooter, but he can score in many different ways,” Hall says. “We really challenged him at midseason to score inside and he did that a lot.”

Hall is eager to see what kind of statistics Sondberg can put up this winter after ranking second in the county in scoring last season to Meade’s Malzi Thames. “I really think he is going to have a bigger year,” the coach says. “I just think he is a lot more confident after playing for Team Durant and he learned a lot.”

Do you have a local athlete to nominate? Send What’s Up? an email to tworgo@whatsupmag.com.

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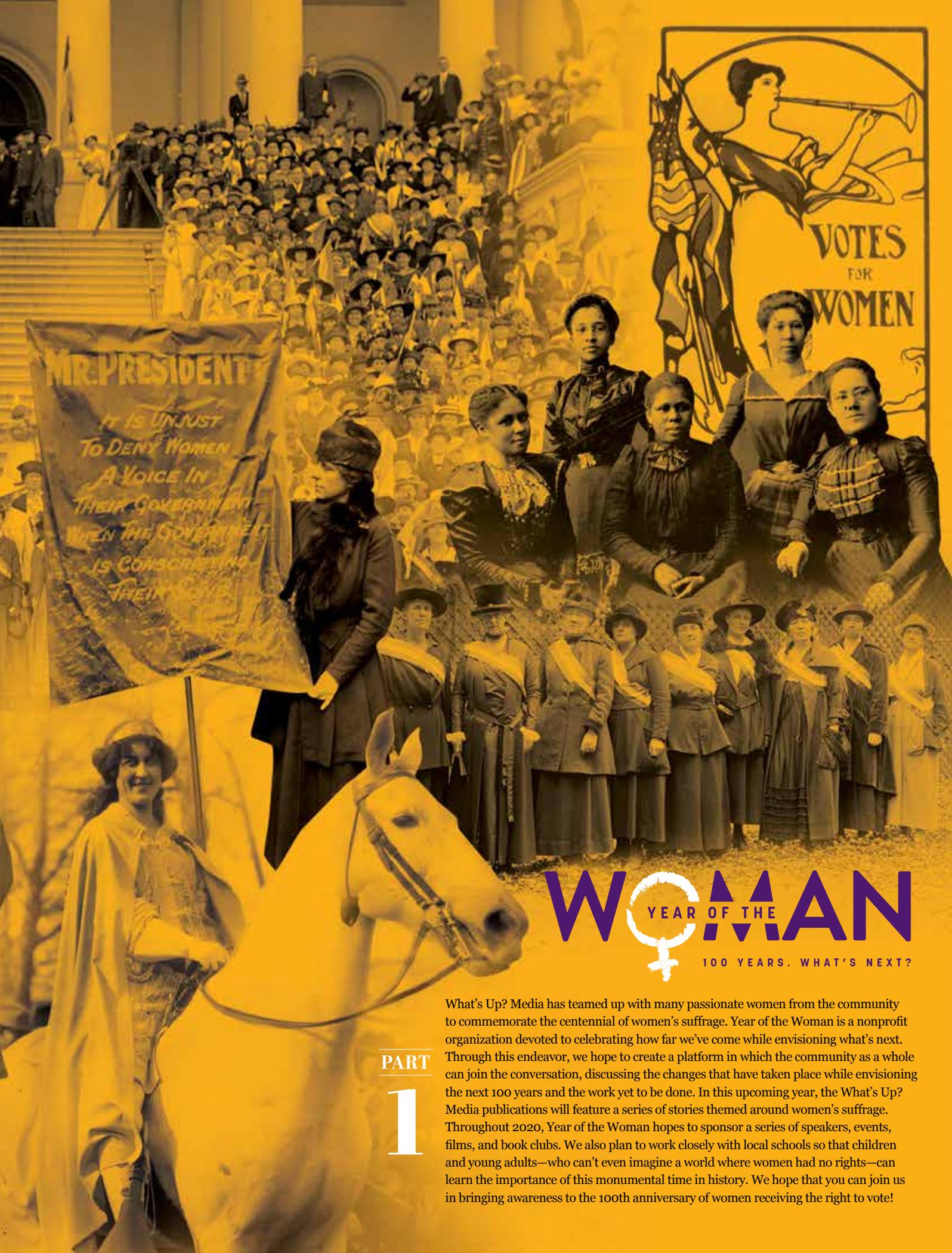
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WOMAN

YEAR OF THE

100 YEARS. WHAT'S NEXT?

PART

1

What's Up? Media has teamed up with many passionate women from the community to commemorate the centennial of women's suffrage. Year of the Woman is a nonprofit organization devoted to celebrating how far we've come while envisioning what's next. Through this endeavor, we hope to create a platform in which the community as a whole can join the conversation, discussing the changes that have taken place while envisioning the next 100 years and the work yet to be done. In this upcoming year, the What's Up? Media publications will feature a series of stories themed around women's suffrage. Throughout 2020, Year of the Woman hopes to sponsor a series of speakers, events, films, and book clubs. We also plan to work closely with local schools so that children and young adults—who can't even imagine a world where women had no rights—can learn the importance of this monumental time in history. We hope that you can join us in bringing awareness to the 100th anniversary of women receiving the right to vote!

August 18, 1920

INTRODUCTION

More than 140 years after the Declaration of Independence established a United States in which “...all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness,” the extension of these very rights to women hung on fate’s precipice within the Tennessee legislature on one hot August day, for one final vote.

At stake, women’s rights, specifically suffrage—the right to vote in political elections. One year prior, both the U.S. House of Representatives and Senate voted on and passed the 19th Amendment to the U.S. Constitution, granting women the right to vote. The amendment was then sent to all 48 states for ratification, with a sunset of one year to vote on the legislation. To be written into the Constitution, two-thirds of the states’ approval (36 total) was needed. By March of 1920, 35 had approved the amendment, but several southern states, including Maryland, had rejected it. Tennessee’s vote on August 18th was the amendment’s last hope for ratification into the U.S. Constitution. The state legislature was deadlocked in a 48-48 tie with the deciding vote resting on the shoulders of 23-year-old legislator Harry T. Burn.

He nervously stood before his peers to cast his vote. Minutes passed, which felt like a lifetime. “Aye,” Burn finally called out, and ratification of the 19th Amendment was written into history.

This history, of how women’s rights and suffrage, came to fruition, will be remembered this year, 2020—the 100th anniversary of the ratification of the 19th Amendment. The word *remember* is important. Though many aspects of this achievement are to be *celebrated*, we *remember* the events before, during, and after “The Vote” because this history was not always celebratory, or beautiful, or exalting. It most certainly was not easy. It was an extreme struggle for basic rights. By extension, the fight for women’s rights was a fight for civil rights.

And this struggle continues today. Throughout the course of this year, What’s Up? Media will present a series of articles, events, and coverage dedicated to women’s rights and suffrage. We’ll help tell the stories of the women (and men) who contributed to this American history. Also, we’ll explore contemporary issues still affecting our society. And it is our hope that, together, we will learn how to improve ourselves and our communities for the benefit of generations to come. We remember women’s history; we celebrate the Year of the Woman.



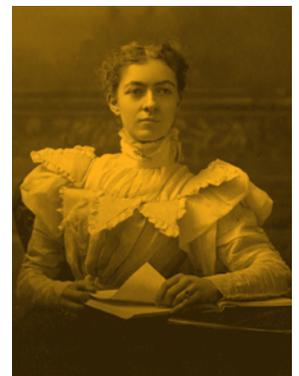
Sirens' Call

Historical heroines, from Hatshepsut in ancient Egypt to Abigail Adams in Colonial America, laid a foundation of accomplishments, on which the call for women's rights could be built upon in the United States

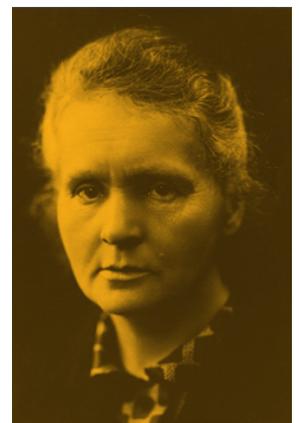
By Ellen Moyer

Mary Engle Pennington was 12 years old when she came across a book on medical chemistry that sparked her curiosity. Years later, in an interview with the *New Yorker* she would describe this as a milestone in her life; "...to know that oxygen and nitrogen, things I couldn't touch, taste, or smell, really existed...lickety hoop...this was amazing and I wanted to know more, much more, and so I asked the headmistress at my school for a course in chemistry." Pennington was denied. This was 1884 and such pursuits by women were considered wholly inappropriate and unladylike. Curiosity, imagination, and higher education were not encouraged for women, whose choices for life pursuits were very constricted to marriage, often arranged.

Pennington was raised in a Quaker family with a tradition that recognized men and women as equals and encouraged women to speak up and write, activities denied to women in general. Undaunted, and not to be denied, in 1890 she asked to be admitted to the University of Pennsylvania School of Science and was accepted. She completed her degree in two years but was denied a diploma because the Board of Trustees disapproved of a woman's presence in the university. This disapproval was circumvented by a university statute that allowed students in extraordinary cases to be enrolled in graduate studies. So it is, that Pennington entered the University Electro Chemical School and graduated in 1895 with a PH.D. M.E. As she was reluctantly known much of her life to obscure her identity as a woman on job applications, she went on to become the nation's authority on refrigeration and the means of protecting us from the bacteria that accumulated in milk, eggs, fish, and poultry responsible for sickness and death.



Mary Engle Pennington, of the United States, and Marie Curie, of Poland, defied all odds against women during the late 1800s to become renowned scientists within their respective fields.





Elizabeth Cady Stanton and Lucretia Coffin Mott would become two of the most prominent women's rights activists in the United States upon planning the first ever women's rights conference in Seneca Falls, New York, in 1848.



Five years her senior on the other side of the Atlantic, Marie Sklodowska Curie, born in 1867 into a scholarly and genius mathematics family, had been denied entrance to universities in her native Poland and in France. Doggedly, and not to be denied, she persistently pursued education in the Flying University, available to women and eventually the University of Paris. The discoverer of radium and polonium, she would become the first woman to receive the Nobel Prize in Physics and another in Chemistry. Asked to speak with her husband on radioactivity, she, as a woman and for the skeptics of women's capacity, was denied the speaker's platform.

However, as the 20th century arrived, changes for women's rights were in the wind. With courage and fortitude and perseverance, women worldwide were pursuing the right to vote, though efforts began years earlier. In the United States, after decades of hearings before the House of Representatives Judiciary Committee on resolutions extending the right to vote to women in federal elections were rebuffed, women, led by Alice Paul, a Quaker from New Jersey, were marching in the streets and picketing the White House and President Woodrow Wilson. Beaten, jailed, jeered at, and force-fed on hunger strikes, women committed to the fight for freedom and fair representation of the governed continued.

Years earlier in 1892, Elizabeth Cady Stanton, in a speech titled "Solitude of Self," she delivered before the House Judiciary Committee, described the satire of a woman's position described in Shakespeare's *Titus and Andronicus* thusly: "Rude men seized the King's daughter, cut out her tongue, cut off her hands, and then bid her to call for water and wash her hands." This, she said, was the condition of women today, robbed of natural rights to be all that they could be, denied education, denied employment, and handicapped by law and custom. Ostracized, denied the right to vote and inclusion in a representative government, and robbed of self-respect, women felt compelled to fight for their benefit, happiness, and the general good.

In 1868 and 1870, after the Civil War, the 14th and 15th Amendments to the U.S. Constitution extended citizenship to all persons born or naturalized in the U.S. and specified "that the right to vote shall not be denied on the basis of race, color, or previous condition of servitude." Half the nation's population, women, were not, however, included as entitled citizens born or naturalized in the United States. Finally, on June 4th, 1919, Congress passed a resolution supported reluctantly by President Wilson that stated "the

right of citizens of the United States to vote shall not be denied...on account of sex." It would take a full year and by a final one vote in the Tennessee legislature for the 19th Amendment to be ratified.

"Never doubt that a small group of thoughtful, caring, committed citizens can change the world," opined cultural anthropologist Margaret Meade. Indeed, the ratification of the 19th Amendment—which was set in motion half a century earlier by a committee of five and the signatures of 68 women in the first women's conference in human history to discuss the social, civil, and religious conditions and rights of women, held in Seneca, New York, in 1848—proved her right.

Walt Longmire, the fictional Wyoming sheriff introduced in Craig Johnson's *Longmire* western series, reflects on "how it is a women's lot to be dismissed by men." Where did this begin?

Gone, But Not Forgotten

In 1478 BC, Hatshepsut, daughter, sister, and wife of a king, became the Pharaoh in Egypt's 18th Dynasty. She reigned for 21 years and is considered by Egyptologists as one the most successful Pharaohs. She was successful in war, established important trade routes, and commissioned hundreds of construction projects. Yet after her death and toward the end of her stepson's reign, Hatshepsut's name was erased and her images chiseled off monuments, causing her to disappear from Egyptian history until rediscovered in 1822. The ancients believed that if you were invisible and forgotten, you ceased to be.

Some have conjectured that, while it was unusual for a woman to be Pharaoh, a successful and glorious reign as Hatshepsut's demonstrated that a woman was as capable of governing as a male, and was a threat to future kings. Men preferred women to be content with their traditional lot as wife, sister, and eventual mother of a king. And so, it has been for centuries that powerful and contributing women have been relegated to the dust bin and forgotten in history.

Fast forward to the New World...Massachusetts in 1692. For 15 months, mass hysteria ruled the colony in what would later be described as the deadliest witch hunt in history. For 60 years, women had worked side by side with men to forge a home and community out of the wilder-

ness of the Massachusetts Bay Colony. Taming the wilderness and facing Native Americans was no small task, yet the Colony had become prosperous. But when Preacher Cotton Mather tried to prove that demons were alive and among us and that all who did not believe in ghosts were heretics, life for women changed. In the Puritan-based religious community, women were believed to be inherently sinful and weak in body and soul and, therefore, more susceptible to the tricks of Satan than men. So, it followed that women, after centuries of dismissal as capable equals, became the target for every incident outside of church behavior norms. Unmarried women and women without children were targets of neighbor arguments, and the confusion of teenage girls as they struggled with growing up. Over 15 months, 200 were accused of witchcraft. Nineteen were convicted and 14 women were hung before this march against the devil, identified as the culprit in simple small infractions, was thwarted in 1693.

Annapolis bears the name of Queen Anne of Great Britain, who was sometimes described as a weak Monarch (1702–1714) by male counterparts. Yet, Anne united Scotland and England, was successful in war with France and Spain, created thoroughbred racing as an industry celebrated annually at Ascot, regularly attended meetings of Parliament, and “presided over an age of artistic, literary, scientific, economic and political advancement made possible by the stability and prosperity of her reign.” She also left the monarchy fiscally solvent for 100 years. Not a bad legacy.

On April 26th, 1777, 16-year-old Sybil Ludington rode through a dark and rainy night 40 miles to summon the militia for her father, Colonel Ludington, to protect Danbury, Connecticut, from the British. The militia arrived too late to prevent some burning, but was able to drive the British back to the sea at Cape Cod. Sybil rode alone and further than Paul Revere, a middle-aged respected and wealthy silver smith accompanied by other men. He was eulogized by author John Greenleaf Whittier in 1861 in his poem “Paul Revere’s Ride.” Sybil Ludington was rediscovered 200 years later by Artist Anne Huntington of Connecticut, who memorialized her in bronze statues riding her horse; a statue, among the few of women (8 percent of all memorial monuments), is placed in Danbury and Washington, D.C. Still, Paul Revere is the name publicly remembered with rousing the battle cry of “the British are coming” for his courageous venture in 1775. There were others.

The First Sirens

Abigail Adams—the wife of John, a patriot and founder of the new United States—issued the first siren cry for women’s rights. In March of 1776 in a long letter to her husband in Philadelphia she writes:

“...in the new Code of Laws, which I suppose it will be necessary for you to make, I desire you would Remember the Ladies, and be more generous and favorable to them than your ancestors. Do not put such unlimited power into the hands of the husbands. Remember, all men would be tyrants if they could. If particular care and attention is not paid to the ladies, we are determined to foment a rebellion, and will not hold ourselves bound by any laws in which we have no say or representation. That your sex is naturally tyrannical is a truth thoroughly established as to admit of no dispute, but such of you as wish to be happy willingly give up the harsh title of master for the more tender and endearing one of friend. Why then, not put it out of the power of the vicious and the lawless to use us with cruelty and indignity with impunity. Men of sense in all ages abhor those customs which treat us only as the vassals of your sex. Regard us then as beings placed by providence under your protection and in imitation of the supreme being make use of that power only for our happiness.”

Though John Adams, our second President, sought the advice and counsel of his wife, his semi-humorous remark to her letter on “Despotism of the Petticoat” indicated he would not be fighting for women’s rights. Abigail, a supporter of education for women and recognition of equality with men, however, had thrown down the gauntlet. One hundred fifty years later, after fomenting rebellion, the rights of Ladies would be remembered.

The issue of slavery was also avoided by the authors of our Declaration. In 1832, when journalist William Lloyd Garrison organized an anti-slavery association, he invited the full participation of women. Women, particularly of the Quaker faith, where women and men were considered equals, had begun to gain fame as writers and speakers, actions not permitted in the social culture for women in general. Other abolitionists did not welcome Garrison’s ideas. For Quaker women, such as Lucretia Mott and the Grimke sisters, speaking in public on the issue of slavery was also a noteworthy stand for women’s rights and social reform.

Addressing this threat to societal norms, the General Assembly of the Congregational Church warned women that such action, speaking in public, directly defied St. Paul’s instruction to women to be silent in church (1 Timothy 2:12).

Abigail Adams, painted by Gilbert Stuart, pleaded with her husband John, to “remember the ladies” when drafting the Declaration of Independence.



Queen Anne of Great Britain and Ireland, from whom the City of Annapolis was named, painted by Michael Dahl.





The Anti-Slavery Society Convention, 1840, by Benjamin Robert Haydon (died 1846). Lucretia Mott and Elizabeth Cady Stanton, who would organize the Seneca Falls Convention eight years later, met at this convention.

Speaking to mixed crowds was considered promiscuous by some. Other were just uncertain as to what was proper, as the writings of the Grimke sisters were becoming increasingly popular and striking a chord to the tyranny of men over women's lives. The Grimke sisters, Sarah and Angelina, had witnessed slavery first-hand growing up on the family plantation in South Carolina and were among the first to speak out on social reform. They also preached "that women were not created as a gift or for the possession of men, but rather as unique, intelligent, capable beings." They and Lucretia Mott and their followers were ridiculed and threatened for their public abolitionist stands. Nevertheless, they would not be silenced.

In 1840, the first World Anti-Slavery Convention was held in London. Lucretia Mott, Quaker preacher, teacher, and outstanding public speaker, was selected with five other women to attend the conference. But, as the first day and swearing in of delegates transpired and after a day of debate, the women were excluded from the conference participation. They were allowed to sit in the gallery and watch the proceedings, but not allowed to speak.

Nevertheless, Mott was described by an Irish reporter as "the Lioness of the Convention." The men that convened did not know what they had wrought. This humiliating action of excluding women intimately involved with the anti-slavery movement, would inspire the women to other actions. Also attending the convention was Elizabeth Cady Stanton, on her honeymoon with her lawyer husband. Stanton and Mott met for the first time, became fast friends, and went on to turn their attention to the rights of women. They planned the first ever conference for women, in 1848 in Seneca, New York.

Next month, we continue our "Year of the Woman" article series. The 1848 Seneca Falls Conference acts as a "call to arms" for women throughout the United States, as the women's rights movement comes to fruition and builds momentum unlike any seen before.

Upcoming Year of the Woman Events

Anne Arundel Women Giving Together Wednesday, March 4, 2020, 6 - 8 pm, Location TBD. Joined by speaker Maggie Gunther Osborn, Sr. VP and Chief Strategy Officer for United Philanthropy Forum—her topic is: Looking to the Future: Census 2020. Let's look into the future together! Givingtogether.org. Admission is free and open to the entire community.

Women Of The World Festival Baltimore Saturday, March 7, 2020, 10 am - 4 pm, Columbus Center. Celebrating all women who are gaining momentum to collectively make change, the WOW Festival will feature artists, writers, politicians, performers and activists to promote inclusivity, honor the strength and inventiveness of women, and actively break down societal barriers through events, workshops, lectures, debates, activities, and performances. Presented by Notre Dame of Maryland University. Admission is \$10-30.

2020 Anne Arundel County Trust for Preservation Lecture Series Monday, March 9, 2020, 6 pm, AACC. Robert E. Kauffman Theater. Kacy Rohn will be discussing the outstanding digital story map program she created for the Maryland Historical Trust that provides a tour highlighting the people and places of the Maryland women's suffrage movement. Her storymap program can be accessed under "Related Pieces" at Yearofthewoman.net. Admission is free and open to the entire community.

Fly Girls: Women Aviators in WWI Monday, March 16, 2020, 10 am - 4 pm, Severna Park Community Library. Join lecturer Bruce Kagan for this stirring historical presentation on the little known heroic contribution brave women made to win WW II. These women were the first female pilots of US military aircraft. Their story is of women past, present, and future. Admission is free and open to the entire community.

Shells and Bells

A PARTY ON THE CREEK

Chesapeake BaySavers would like to thank our sponsors, donors, and partners for making our 3rd Annual Shells & Bells, a Party on the Creek, a huge success! Shells & Bells was held on December 7, 2019 at the Historic Charles Carroll House & Gardens to raise funds for the Chesapeake BaySavers environmental education program, scientific research, and restoration efforts. The gracious support from these businesses & individuals demonstrates their commitment to providing you and your family a clean, healthy, and vibrant Chesapeake Bay. To learn more about our ongoing mission, please visit chesapeakebaysavers.org.



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A large, stylized orange number '100' is the central focus. The digit '1' is a vertical bar with the word 'STRIVING' written vertically inside it. The digit '0' is a rounded rectangle with a white arrow-shaped path that starts from the bottom left and curves into the bottom of the '0'. The digit '0' is also a rounded rectangle. The entire graphic is set against a white background.

100

WHAT FOUR AREA WOMEN CAN TEACH US ABOUT LIVES WELL-LIVED

BY LISA HILLMAN | PHOTOGRAPHY BY STEPHEN BUCHANAN

No matter how old you are, at some point you may face the existential question, how long will I live? How much time is left? Even more importantly, how can you ensure that your remaining years will be good years? During this “Year of the Woman,” as we celebrate 100 years of progress women have made, “What’s Up? Media” interviewed four area nonagenarians who candidly and generously shared their personal stories. Each is 90 or older, two are closing in on 100, and all show the pluck and verve to get there.

MISS BEA

She might as well be “Queen Bea.” Holding court in the living room of her daughter’s home in Bloomsbury Square in downtown Annapolis, she’s surrounded by her three “babies:” daughter Jackie, age 73, daughter Burma, age 80, and son Joseph, age 79. The only one missing, who lives in New Jersey, is daughter Sharon, age 77.

Beatrice Palestine Smith was born Dec. 21, 1920. And it’s clear right away what keeps her going. “These are my angels,” she says.

In addition to her four children, eight grandchildren, seven great-grandchildren, and two great-great-great-grandchildren, Asbury Methodist Church and Bates Senior Center form the focus of her days.

At Bates, where she volunteers every weekday—except for Friday when she gets her hair done—she’s behind the snack bar serving customers with her pals, two men in their 70s and 80s. “It’s Bob, Bea, and Bill,” she says laughing. Something of an icon in the African-American community, when she walks into Asbury Methodist Church, her children proclaim “it’s like Lazarus arising from the dead. They clap and hug her.” When asked how she got to be nearly 100, she points to “the man upstairs.”



RITA

Like Miss Bea, religion features prominently in Rita Kapuch's life, too. A first glance at her home in Heritage Harbor tells the story of an active life. Walls are lined with collections of colorful plates sporting images of children, a series of racks displaying 300 spoons, a glass case with Hummel, Lenox, and dolls from all over the world—testament to her ability to attract friends and keep relatives. Born in September, 1921, Rita's erect posture and meticulous appearance—a belted, beige dress, pearls, and high heels—believe her 98 years.

Three days a week she attends Mass at noon and—like Miss Bea—gets her hair done weekly, too. Every Tuesday morning, she volunteers a four-hour shift in the central gift shop at Anne Arundel Medical Center. A member of the hospital Auxiliary for 30 years, Rita quips "I've helped a lot of grandparents buy teddy bears for their new grandchild."

Like Miss Bea, Rita is clearly proud of her three children. Daughter Linda is an Episcopal priest, Tom, a Naval Academy graduate, is a retired Navy captain, and Steven now works at the Pentagon. She also beams over her five grandchildren. Grandson Joe just completed a residency in neurosurgery at the Mayo Clinic. Granddaughter Katie has her doctorate and is a professor at Texas Tech University. Christine is in communications with Georgia Tech. Stephanie works in business development and Jennifer just graduated from George Mason. Family members visit often, but it's her friends and work at the hospital that keep her the busiest.

"I'd like to quit eventually," she muses, "but my friends won't let me." Her friends are 85 and 83.





ANNA

It's that sense of purpose, a reason to get up and out every morning, that drives all these women. There's no better example than Anna E. Greenberg.

Well-known in Annapolis for her volunteerism, Anna—like Miss Bea—was born in town, Dec., 1929. Many are astonished to learn that this active, “professional volunteer,” as she refers to herself, is 90.

She plans her days with a meeting or appointment nearly every morning to “get up and get out,” but does allow herself an occasional Saturday morning “to lounge in.” Like Rita and Miss Bea, she keeps a weekly hair appointment.

Anna, too, professes pride in her three, adult granddaughters and her children. Daughter Joyce is a successful New York businesswoman; son David is a nonprofit executive who lives in Baltimore.

Returning to Annapolis after life abroad with her husband Ed, a 1950 graduate of the United States Naval Academy, Anna made it her personal mission to help nonprofit organizations. Her impact has been far-reaching, but none more so than the Annapolis Symphony Orchestra where she twice served as board president and laid the groundwork in the 1990s for its current success. Along with the Symphony, she is proud of her work with Hadassah which “taught me how to fundraise, speak, and organize.” A founding member of many major nonprofits, she is honored to serve on the St. John's College Board of Visitors and Governors.

Religion features in her life. As Anna quips, “God doesn't need me yet. He still wants me to do good things here.” She's witnessed anti-Semitism and has served Jewish organizations to combat it and to advance Jewish causes.

EVA

Like Anna, another lady new to her 90s exudes a sense of purpose. Eva Brann may be the most renowned nationally of the four nonagenarians. Born in January, 1929, she is a former dean and longest serving tutor at St John's College. A 2005 recipient of the National Humanities Medal, Eva is widely credited with advancing the college's unique "Great Books" program. With her parents she left Berlin, Germany, at age 12 just ahead of World War II.

Single her entire life—but "not for lack of possibilities"—Eva counts among her "children" the hundreds of St John's students she's tutored and mentored over more than 60 years. Widely published, she's currently on contract with two colleagues for a series of books translating Plato from Greek to English for college and high school students. It's a highly disciplined process. Every third week, each of the trio has to proof a page, striving for "absolute accuracy and readability in English."

Clearly a leader in her field, today Eva tutors with a colleague. She says her dean pairs her with a younger colleague to be sure someone is there if she gets sick and, she surmises, "to keep an eye on the younger ones."

She loves being around younger people, great books, and the free-flowing discussions. After 62 years Eva admits "I've heard pretty much everything, but it's always new coming out of a different mouth."



WHAT ABOUT HEALTH?

All four women use the word "blessed" in summarizing their lives, no more so than when describing their health. Some work at it. Others laugh.

Eva describes her health as "good." She stopped jogging years ago when balance issues arose. She once preferred "Jewish tennis. You go up to the net and discuss current affairs." Her primary care doctor has ruled out further mammograms. As he quipped "If there's anything going on with you, you'll be dead by the time we can do anything about it."

Miss Bea regularly sees her primary care physician, a cardiologist and an ophthalmologist for macular degeneration. With daily eye drops she's doing well. Her children claim her hearing is excellent: "She hears everything she's not supposed to hear."

Rita also suffers from macular degeneration that's under control with care. She once square-danced and took long walks around the Naval Academy but admits today she is "much slower." "I'm going to take it easy. I want to do what I can."

Anna says her health is "excellent" and credits decades of a rigorous exercise routine. She's had a personal trainer for 25 years and works out every Tuesday and Friday for one hour with weights, bars, and ropes.

When it comes to diet and alcohol, there's wide divergence.

More traditionally health-conscious, Anna adheres to a lean selection of salads, fish, and only an occasional dessert. "I've watched calories my entire life. My father cautioned me, you're a big-boned woman." She does, however, like alcohol: "Vodka during the day; Scotch at night."

Rita describes her diet as “on the plain side”—no gourmet food. When children visit, she likes to prepare a Lithuanian dish of cabbage, potatoes, and carrots.

To Eva “green is poisonous.” She hates beans but likes Brussels sprouts and spinach, if creamed. She eats what she likes and it’s often sweets, hamburgers, and cheese sandwiches. As for alcohol, she’s not a drinker claiming she “just doesn’t care for it.”

Miss Bea is the same. Ask her about her diet and she cracks up: “O Lord!” She eats everything. “No restrictions, that’s for sure!” For her it’s all about BBQ, crab cakes, and butter pecan ice cream, as much as she can get. She doesn’t drink, but admits “I had my share of that,” mostly Johnny Walker. These days it’s cold water or iced tea.

HOW ABOUT MENTAL HEALTH?

Although each of these ladies is highly active, strong in character, focused on her work, or volunteerism, there’s a certain melancholy that seeps through their conversation.

Despite having many friends, all suffer from something that’s surprising. Ironically, they do not know any women, or very few, who are their age. Eva puts it best. “Even though I spend my life among the young, I suffer from tenth-decade loneliness.”

For Anna and Rita, there’s also an undeniable loneliness that widowhood has wrought. Anna was married for 54.5 years when Ed died suddenly in 2004 of cardiac arrest. “Ed opened up the world to me and supported me in whatever I did.” Rita was married to Joe for 66 years. He died in 2014 and she “misses him every day.” She dreads June 28, the anniversary of his death and says, “They say it gets easier with time, but not for me.”

Despite the loss of her husband, Anna claims nothing depresses her. Does she ever feel blue? “No. I don’t have time for that.” She does admit to feeling more impatient. “Time is short. Punctuality is important to me.”

Miss Bea lost her husband in April, 1968 – “the same month as Martin Luther King died.” She, too, never gets depressed. Her kids chime in “She’s not home long enough.” Dubbing herself a “rent-a-mourner,” she attends many funerals and accepts what will come next. “I know I’m gonna’ leave here one of these days to meet my master.”

Eva also believes staying busy is the best medicine for mental health: “The best cure-all is work.” You have to focus “and then you’re not thinking about yourself.” She adds: “Everything that doesn’t make you cry makes you laugh.”

ARE GENES A FACTOR?

Diet, exercise, staying active in something you love—all are factors these women can and do control. But what about their parentage? Research indicates genetic heritage can make a difference in longevity.

Once more, there are commonalities. In most cases at least one parent lived into a ninth decade. Miss Bea’s mom was 99 when she died. Rita’s father was 96. Eva’s parents lived into their 70s and 80s. Only Anna’s mom died earlier...in her 50s.

Perhaps more significant about lineage is that the parents of all four women left their daughters with role models of hard work, good marriages, and a belief their children could succeed.

STAYING CURRENT

When you’re 90 or older, where does technology fit in your life? What about keeping up with the news? Or do you?

WHAT RESEARCH RECOMMENDS

Despite a recent downturn in longevity due to the drug crisis, people 90 and older now comprise the fastest growing segment of the U.S. population. According to the U.S. Census Bureau the population of people 90-plus is expected to quadruple, from 4.7 percent today to 10 percent by 2050. Research widely adheres to these recommendations to help enhance a longer and healthier life:

- Maintain a healthy diet and watch portion control
- Exercise and remain physically active
- Get enough sleep
- Reduce stress
- Sustain family, social and community relationships
- Take control of your health and practice prevention

Again, in all cases the women stay current. Eva has the advantage of spending her days on a college campus where discussions of political philosophy are daily fodder. However, she is the least technologically adept. She confesses she is “utterly ignorant” and has no computer in her home. She writes her essays and books longhand on yellow-lined legal pads with “a screw pencil.” A former student then transposes her work into Word. She owns a cell phone but seldom uses it. Friends from across the globe know to reach her—as they do often—through her landline. She answers only if it’s a caller she recognizes.

Miss Bea has a cell phone but no computer. Both Anna and Rita use their cell phones and home computers frequently. All keep up with the news, locally and nationally. Anna reads three daily newspapers.

Rita even reads the paper from her hometown of Worcester, Massachusetts, although all her friends there are gone.

ADVICE TO THOSE YOUNGER

Who wouldn’t want to live into their 90s if you could be as healthy, active, and involved as these women are?

So, what’s their advice to those aspiring to be just like them?

Eva acknowledges it’s the college that’s kept her alive. She counsels others to “do it your way. Find work that is absorbing to you.”

Anna recommends three simple rules: “Eat well. Exercise. Be positive and look to the future.” She also says it helps to be financially secure. Often to gain a leadership role in the community “you’ve got to give of your resources.”

Miss Bea admits she has had help all her life—first her grandmother, then her mother, and now her children. She tells young people to stay active and “trust in the Lord.”

It may be Rita who sums it up best. She advises younger women to “live a clean life. No drinking. No smoking. And stay active.” Then she concludes with three simple words: “Faith, family, and friends.”

A FINAL NOTE FROM THE AUTHOR

After spending time with each of these four women, what lingers are (a) the sound of their voices (b) how they appear, and (c) how much they are loved. None sounds “old” or looks “old.” You hear laughter, joy, clarity, and wisdom. You see pinked skin, lipstick, bracelets, silky blouses, and sparkling eyes. And you understand why their children, friends, and colleagues love them.

*You see women very much
alive.
O, to be like that.*

Preview of the 2020 Maryland Legislative Session

THE YEAR OF THE WOMAN WILL BE
A PROMINENT THEME DURING THIS
YEAR'S GENERAL ASSEMBLY

By Mark Croatti

It has been a full century since the 19th Amendment provided suffrage to all citizens, regardless of gender. Since then, 420 women have served in the U.S. Congress, including five candidates competing to be the Democratic Party's second straight female presidential nominee later this year; 43 more have been elected governor in 30 American states and territories; and another 110 have served as lieutenant governor in 44 states. Equal voting rights, however, has not led to equal political representation.

Women make up more than half of the U.S. population but only fill a quarter of the nation's legislative positions, both in Congress and in state governments nationwide. Those numbers are significantly higher in Maryland's General Assembly, where women hold 15 of 47 seats in the State Senate (32 percent) and 57 of 141 seats in the House of Delegates (40 percent).

This year, both chambers will be led by new faces. In the House, two African American women replaced Michael Busch, who served 32 years in office, 16 as Speaker. Adrienne Jones (D-District 10) will become Maryland's first female (and African American) Speaker while former Annapolis City Council Alderwoman Shaneka Henson (D-District 30A) will be sworn into Busch's delegate seat. Henson says this has caused confusion. "Some people think *I am* Adrienne Jones; others assumed that whoever succeeded Busch as Delegate automatically became Speaker." Another African Ameri-



can woman, Sheree Sample-Hughes (D-District 37A), will follow Jones as Speaker Pro-Tem. In the Senate, Thomas V. "Mike" Miller, Jr. (D-District 27) will cede the presidency after 32 years to "Bill" Ferguson, IV (D-District 46); however, Miller, first elected as a Delegate in 1971, will remain a Senator for the 45th straight year.

RECAP OF THE 2019 LEGISLATIVE SESSION

Despite daunting health challenges the last legislative session faced—Miller announced on the second day that he had stage-four prostate cancer; Busch, who was recovering from a liver transplant, died of pneumonia on the second to last day—it was very productive. An almost \$47 billion budget—four billion dollars more than fiscal 2018—included many significant pieces of legislation.

Criminal penalties for not reporting suspected child abuse and cyberbullying increased to a maximum \$10,000 fine and/or three years in prison (up to ten

years if cyberbullying causes a suicide). All suicide attempt survivors are now exempt from prosecution (unless other crimes are committed). Lawmakers abolished Maryland's Handgun Permit Review Board of cases appealing State Police denials (now heard by administrative law judges). More of Maryland's electricity must come from renewable sources such as solar power over oil, coal, and gas. Purchasers of tobacco products must be 21. Businesses with 14 or more employees must pay a \$15 an hour minimum wage by 2025 (those with fewer employees have longer). While the overall amount of bills ultimately signed by the Governor may have seemed discouraging, several women beat the odds. The number of laws that experienced senators Melony Griffith (D-District 25) and Adelaide Eckardt (R-District 37) sponsored reached double digits; in fact, all 14 of Griffith's bills passed while Eckardt's overall tally placed her among the 20 most successful lawmakers. Sen. Sarah Elfret (D-District 30) led all newcomers in bill-to-law efficiency (80 percent).

WHAT TO EXPECT IN THE 2020 LEGISLATIVE SESSION

Education and The Blueprint for Maryland's Future

The final conclusions of the 26-member Kirwan Commission on Innovation and Excellence in Education, created by the General Assembly in 2016, were scheduled to be submitted by Dec. 31, 2019. The core of the report's "Blueprint for Maryland's Future" will be a new educational funding formula—replacing the current, decades-old funding estimates—to more equitably disperse state-collected revenues to Maryland school districts by assigning higher amounts to less wealthy school systems and lower amounts to wealthier ones, with a focus on addressing child poverty where the highest disadvantaged populations exist.



"SOME PEOPLE THINK I AM ADRIENNE JONES; OTHERS ASSUMED THAT WHOEVER SUCCEEDED BUSCH AS DELEGATE AUTOMATICALLY BECAME SPEAKER."

—SHANTEKA HENSON

The report will endorse increasing both teacher salaries—with stricter requirements for teacher certification—and pre-kindergarten programs. "We have not in any way planned for the cost of expanding pre-K," Sen. Elfreth cautions. "The Commission's report will pose significant capital challenges." According to Del. Brooke Lierman (D-District 46), even more money will be needed "for resources not only within the classroom," such as books, supplies, equipment, and staff, "but also outside the classroom, including building construction and student activities." Paying for the Commission's major proposals will require an almost four billion dollar increase in allocations from state, county, and city governments. "Where do we get that?" asks Sen. Eckardt, the Treasurer (and a former President) of the Maryland Federation of Republican Women. "Our rural communities just don't have it, and they cannot be forced to decide to pay for this blueprint or providing basic services such as police and fire departments."

There are many ideas being proposed to answer Sen. Eckardt's question. One way is to increase revenue without raising income taxes. "I can unequivocally say that there will not be a six thousand dollar per household tax to fund the report's proposals, as some have reported," Sen. Elfreth countered. "I instead advocate keeping our tax base up to date with technology. We can collect hundreds of millions of dollars in annual revenue from taxing the



"WE HAVE NOT IN ANY WAY PLANNED FOR THE COST OF EXPANDING PRE-K. THE COMMISSION'S REPORT WILL POSE SIGNIFICANT CAPITAL CHALLENGES."

—SARAH ELFRETH

sales of online purchases and sports gaming—which is also connected to the future of the Pimlico and Laurel racetracks."

Del. Lierman brought up the 2017 Tax Cuts and Jobs Act that created Qualified Opportunity Zones to promote economic growth and new jobs by offering federal tax benefits for a commitment to inject eligible capital into community projects. "Governors in many states are recommending that certain census tracts become opportunity zones using monies like capital gains that would be 'taxed into' opportunity zone funds," she says. "If you leave that money there for 10 years, the capital gains taxes are erased and the money will turn a profit. Anyone can create an opportunity zone fund, so Maryland needs to align their tax credits to encourage this." Another way is to reduce costs

elsewhere, such as lowering non-renewable energy consumption. Del. Alice Cain (D-District 30A), the former Executive Vice President of the nonprofit Teach Plus with a 15-year background in education, sponsored the 2019 Green Schools Act to encourage this approach. "We want to build the next generation of environmental standards by empowering students to form community partnerships that will decrease the carbon footprint of Maryland's classrooms," she says.

A third way is to disburse supplemental funds ahead of time. In anticipation of the Commission's report, legislators approved a school spending bill in the 2019 session that provides, over the next two years, an additional \$800 million past the normal levels of annual educational support (five of the amendments on this bill were written by Del. Cain). More ideas are on the way, according to Sen. Eckardt. "How to implement the Kirwan recommendations will consume a large portion of the 2020 session, but it is the legislature's most important priority."

Environmental Protection

In addition to the Green Schools Act, Sen. Elfreth is concerned about "high levels of lead in the water that schools use." She and Del. Cain will be co-sponsoring a bill that addresses storm water management problems. "The building manual of the Maryland Department of the Environment mandates that new construction projects account for 1.7 inches of water during rainstorms," Sen. Elfreth says. "We want

to increase it to 2.5 inches.” Efforts to combat climate change will not be limited to the schools. “I also want to do something about whether or not Maryland can subvert federal restrictions on where solar panels can be placed,” Sen. Eckardt adds. “Currently, local authority is being overridden.” Del. Lierman, the incoming subcommittee chair of the Environmental and Transportation Committee, mentioned another major task force scheduled to release its findings in 2020: The Maryland Transportation Administration’s two-year regional transit plan. “This past July, the MTA’s first unconstrained capital needs assessment showed a two billion dollar gap in what they need vs. what was allocated.” She pledges “to close this gap” and “support legislation to reduce greenhouse gases by making our transportation systems electricity-based.” She stressed that “as a state and as a country, we’re at a critical juncture regarding our carbon footprint. We need to right the wrongs of previous generations.”

Election Reform

Del. Cain serves on a subcommittee on election law that—ahead of the 2020 presidential election—intends to take on “deep fake videos on social media,” misleading clips that inaccurately portray anyone seemingly saying anything. “I realize this is a free speech issue so they can’t be completely banned but we can mandate that they not be available a certain number of days before an election.” Adds Lois Hybl, Co-President of the League of Women Voters, “In addition to campaign



“MANY PEOPLE COMMITTING CRIMES DON’T USE LEGAL WEAPONS. THE TOP VIOLENCE ISSUE IS STOLEN GUNS, ESPECIALLY IN BALTIMORE.”

—KATHY SZELIGA

finance reform, we need to ensure secure elections, such as using paper ballots, which allow an audit of the results; expand polling places on campus; and provide felons in prison with more access to voting materials so that when they vote upon their release—which felons can do since 2016—they’ll be prepared.” The League is also advocating redistricting reform. Hybl urged “an independent commission to do it. The same standards for state legislative districts should be applied to congressional districts.” Ashley Oleson, the League’s Maryland Director, warns that “the current outcome without these standards is voter suppression.”

Recycled Bills from 2019

MARIJUANA: In addition to the Kirwan Commission and MTA reports, the assessment of a third significant project on how to legalize marijuana

is scheduled to be publicized in time to allow the current legislative session to consider their recommendations. Several related bills to legalize, regulate, and tax cannabis for adult use were defeated last year, including a proposal to let the people vote on legalization in 2020. “Is it time to go forward when we don’t have all of the research we’ll need to make the best decisions?” Sen. Eckardt asks. “In other states that have opened the market, there have been significant law enforcement issues.”

ASSISTED SUICIDE: For the fifth straight year, the End-of-Life Option Act allowing terminally ill patients to end their own lives according to a set of strict guidelines—adult Maryland residents with less than six months to live—is expected to be reintroduced. Last year, it passed in the House but died in the Senate.

FIREARMS: Two gun-related bills are expected to make a comeback, one to put the Colt AR-15 Sporter H-BAR (heavy-barrel) rifle on Maryland’s regulated weapons list (died in committee) and a related bill mandating long gun licenses (stuck in committee without a vote—Maryland currently requires only hand gun licenses). In addition, Del. Kathy Szeliga (R-District 7), the 2016 Republican U.S. Senate nominee, will retry upping the penalty for stealing a firearm to a felony (from a misdemeanor). “Many people committing crimes don’t use legal weapons,” she says. “The top violence issue is stolen guns, especially in Baltimore.” Del. Cain will both retry banning 3D-printed guns and submit a new bill targeting improperly stored weapons.

Women’s Issues (That Affect Everyone)

HUMAN TRAFFICKING: According to Del. Cain, “This is a growing problem in Maryland. The BWI Corridor is one of the worst places in the country for the sex trade. We need to increase the penalties for human trafficking and stop requiring the survivors of this practice to testify against the accused. Don’t victimize the victims.” Del. Trent Kittleman (R-District 9A) is the current President of the Maryland Women’s Legislative Caucus, which “firmly believes that fighting human trafficking is a non-partisan issue that should be embraced by the entire legislature.”

ABORTION: In 2017, Maryland accounted for almost 30,000 of nearly 900,000 abortions nationwide. As anti-abortion laws were implemented in several southern states and then challenged in court, a



“THERE NEEDS TO BE A SEPARATE MURDER CHARGE, WHICH SOME PEOPLE MAY BE HESITANT TO ADD BECAUSE IT COULD IMPACT THE ABORTION ISSUE.”

—TRENT KITTLEMAN



2019 bill requiring doctors to submit abortion-related statistics to the Maryland Department of Health is expected to be reintroduced (it died in committee).

SEPARATE MURDER CHARGES FOR FETUSES: A 2019 law that merely added to the penalty of killing a pregnant woman if the fetus died didn't go far enough, Del. Kittleman says. "There needs to be a separate murder charge, which some people may be hesitant to add because it could impact the abortion issue."

YOUTH MATRIMONY: Sen. Elfreth wants to make raising Maryland's marriage age, "currently 15 ½ under certain circumstances," a public health issue. "Many studies argue that it's much better to wait until age 18."

EARLY CHILDHOOD DEVELOPMENT: Sen. Eckardt is adamant that "if 2020 is

the Year of the Woman, it should also be the Year of the Healthy Brain." The Kirwan Commission "has a heavy emphasis on pre-K programs but we need to start with pregnancy, pre-natal care, birth, and then the first couple of years before pre-K even starts. Early brain development—from conception to age five—is probably the most critical period in a person's life because we can make corrections for children on the autism spectrum and improve the consequences of brain trauma. High child care costs need to be addressed *and* linked to the promotion of brain health. There is a direct correlation between early childhood development and eventual incarceration. We need to think long-term to make progress on today's social issues, including problem behaviors such as addiction. I'd like to start this conversation and formulate a path forward."



"IF 2020 IS THE YEAR OF THE WOMAN, IT SHOULD ALSO BE THE YEAR OF THE HEALTHY BRAIN."

—ADELAIDE ECKARDT

CONCLUSION

With these and other new or reintroduced bills adding up to a projected fiscal year 2021 budget close to \$50 billion—or more, depending on the outcome of three

major studies covering education, transportation, and marijuana—the 2020 Maryland Legislative Session will be one of the busiest ever. The 100th anniversary of the 19th amendment will also put women's issues in the spotlight. While NASA made history last October with the first all-female spacewalk, women still earn approximately 80 cents for every dollar men earn (a figure basically unchanged since 2004). Of the many important topics facing Maryland, especially related to women, a great deal of progress has been made, but there remains so much more to do.

Mark Croatti, who teaches American Government and Comparative Politics at the United States Naval Academy and the George Washington University, has covered Maryland's Legislative Session since 2004.



Can Teachers Afford to Retire in Maryland?

PART TWO OF OUR EXAMINATION OF THE CONTROVERSIAL PERFORMANCE OF THE STATE'S PENSION FUND

By Mark Croatti

In our December issue of *What's Up? Annapolis*, we summarized the criticism of the performance of the Maryland State Retirement and Pension System, particularly as expressed by two Washington Post articles in 2016 and 2017 featuring analysis by Jeffrey Hooke, a Managing Director of Focus Securities and a senior lecturer for the Carey Business School at The Johns Hopkins University (read the full article at whatsupmag.com). Earlier this year, we interviewed Mr. Hooke and five Maryland state legislators who sit on the Joint Oversight Committee on Pensions: Delegates Brook Lierman (D-Baltimore) and Michael Jackson (D-Prince George's County), and senators Douglas J.J. Peters (D-Prince George's), Adelaide Eckardt (R-Dorchester, Caroline, Talbot and Wicomico counties), and Andrew Serafini (R-Washington County). First up: **Jeffrey Hooke**.

Mark Croatti: I'll get right to the point: How has the Maryland State Retirement and Pension System performed since 2016?

Jeffrey Hooke (*hands me the March 31, 2019 Maryland State Retirement and Pension System Quarterly Investment Update*): Fiscal year-to-date, the total plan investment performance has been 3.4 percent; for the past three years, 3.9 percent; for the past five years, 5.7 percent; for the past ten years, 9.5 percent. That means that the fund is doing worse the past three years than it was doing five and even ten years ago.

Croatti: Why?

Hooke: Poor fund management, even though Maryland pays almost \$350 million a year in investment fees to professional fund managers. Maryland is in the top five of states in fees as a percent of assets; they don't even know exactly what the fees are because they're estimated. The

legislature doesn't have to approve the fees; if they had to, they'd rethink it. The fees are not providing a sufficient return; they're lousy. The legislature should approve the fees!

Croatti: What about the Kumar Barve Bill passed in the 2019 legislative session?

Hooke: It was watered down considerably. It was supposed to force the disclosure of both "regular" and "hidden" fees but the pension board watered it down. The legislature has no say in who sits on the pension's Board of Trustees; the Governor appoints the trustees while a few are on the board by law. They meet every three months and select asset managers of all kinds—bonds, stocks, private equity, real estate, hedge funds, etc. The various funds in the Maryland State Retirement and Pension System can choose their own asset managers who then set up a phony benchmark as a performance goal, but always find a way to

“beat” it, giving the illusion that the System is doing well. However, few states can beat the 60-40 index; most are far below. The \$350 million in fees can be better spent; instead of using high-priced professionals to actively manage the fund according to a phony benchmark, Maryland should index everything and simply copy the 60-40. Low fees can still be paired with active management.

Croatti: What does this mean for future retirees?

Hooke: Ultimately, Maryland will have to cut benefits if the funds aren’t where they’re supposed to be in ten to twenty years, or they’ll have increase employee contributions from those who haven’t retired yet, or the state’s annual contribution may need to go up as much as 50 percent from the \$1 billion annually already provided, so they’ll have to raise taxes. The legislature should

be asking, “Why aren’t the annual returns high enough to fully fund the number of future retirees?” But they have very little oversight. The trustees could change all of this tomorrow with one vote but they don’t want to. The Governor could have some pull, but he signed the compromise bill in 2018.

*Next, we drove to Baltimore to meet with **Delegate Brooke Lierman**.*

Mark Croatti: So, did it turn out that the pension fund was actually performing as poorly as *The Washington Post* articles described?

Delegate Brooke Lierman: It’s all about asset allocation. The Board moved away from the 60-40 index in order to diversify the portfolio from a more concentrated asset allocation, but they did it in a bad year, 2009, following the housing market crash, so that it would be less volatile. The

model was Washington state in terms of diversification and annual returns. We are moving to where Washington is; we’re not there yet but we’re getting there.

Croatti: Jeffrey Hooke doesn’t think so.

Lierman: I know Jeffrey, I’ve talked to him many times. But according to the S&P 500, within the last thirty years, we’ve had the two best ten-year return periods, historically. Right now, we’re in a fluke period; we have to find the “sweet spot”—the lowest risk with the highest return possible. That’s the quest of the Maryland State Retirement and Pension System, to ensure we’re always able to meet our obligations to our state employees.

Croatti: Hooke says the legislature has very little oversight to ensure those goals and no power to approve the \$350 million paid to the fund’s professional managers.

Lierman: There’s risk in politicizing how the fund is managed. The Maryland State Retirement and Pension System did not have the level of help it needed to hire and retain their own investment team. The better professional managers cost more. Roughly 65 percent of the fund is in passively managed stocks. Where they’re using active management is in private equity, and they’re getting excellent returns for the investment fees that are being paid, net of fees and expenses. Every asset class has exceeded its ten-year benchmark. The Maryland State Retirement and Pension System disagrees that Jeffrey’s numbers are being used to

accurately portray the status of the fund. You should talk to State Senator Andrew Serafini—he’s the real expert.

Croatti: Why did the legislature decide to take a more cautious approach to reform in 2018 rather than the more aggressive suggestions highlighted by those quoted in the *Washington Post* articles?

Lierman: If we want to have a diversified portfolio, we need to have a certain degree of active management. The question is, do we manage the fund ourselves or source it out? The legislature passed a bill in 2018 to give the Maryland State Retirement and Pension System the ability to hire and set compensation for investment staff with the goal of bringing as much of the management as possible in-house, which we expect will happen, and that will reduce the fees.

We amended what we did in 2018 when we passed the Kumar Barve Bill in 2019, which requires disclosure of the amount of carried interest paid. Nobody *wants* to pay investment fees but we all want the best return. How do we empower the Maryland State Retirement and Pension System to do that? Is it appropriate for a part-time legislature with limited investment knowledge to override the many financial decisions that the Maryland State Retirement and Pension System has to make? What the legislature *can* do is to ensure that the Maryland State Retirement and Pension System meets its responsibilities to our retirees by providing active oversight of the Maryland State

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JEFFREY HOOKE

“A PENSION IS A PROMISE AND I AM COMMITTED TO KEEPING THAT PROMISE”

DELEGATE BROOKE LIERMAN

Retirement and Pension System so that everybody owed a pension has it waiting for them upon retirement. A pension is a promise and I am committed to keeping that promise.

After our visit with Delegate Lierman, we sat down with Senator Douglas J.J. Peters and Delegate Michael Jackson in Jackson's Annapolis office. They began by handing us a joint statement addressing the questions I had sent to them ahead of time. Some of their responses overlapped with Delegate Lierman's, while others offered some interesting insight summarized here:

- The Maryland State Retirement and Pension System had the portfolio Jeffrey Hooke recommends through the 1990s and 2000s but the very poor performance of S&P stocks during the 2000s was the primary contributor in the System dropping from 107 percent funded in 2000 to 63 percent funded in 2010. This represents a significant decrease in the unfunded liability which the state, employees, and other sponsors are now working to pay down. The System diversified away from stocks

to reduce the ability of any one asset class to significantly impact the contribution rates of the sponsors while maintaining confidence that the mix of assets will achieve the actuarial return over time. The legislature has focused on the asset allocation question in the past. In 2016, the Treasurer was required to fund a special consultant, NEPC, to review the issue. They advised that the System stay the course. The lower returns are largely a function of this lower risk diversified approach. Viewing the returns compared to the risk, the System performs better than the 60-40 portfolio recommended by Hooke.

- The legislature has had an impact on the System's management. In 2006-07, the legislature moved the hire/fire authority from the Board of Trustees to the CIO, an example of implementing a best practice that demonstrated foresight. The legislature has a strong relationship with the Board and meets with its representatives on a regular basis. The Joint Oversight Committee on Pensions has used the annual review process to question the Board about its

practices and suggest potential improvements based on what other states are doing, but none of the states mentioned in the *Washington Post* articles—New Jersey, New York, Nevada, North Carolina, and Pennsylvania—used legislation to enact their pension reforms.

I then asked Senator Peters and Delegate Jackson some direct questions:

Croatti: The other states you mentioned that didn't use legislation to enact their reforms instead saw major decisions made by their fund managers that Maryland's managers have so far not made, like cutting fees and switching to passively managed funds. Should the Maryland legislature make those changes if their System managers won't?

Senator Douglas J.J. Peters: What the legislature can do is monitor, provide input, perform "stress tests," and 100 percent fund the System. We've done all that, a lot of work the past three years. People want safety; that's paramount for us, and that might mean less risky investments. Our retirees can't be left with an underfunded, bankrupt plan.

Delegate Michael Jackson: We are always monitoring the System and making sure it's properly funded. That's our job. The decisions are made by a Joint Oversight Committee. This is a coordinated effort. Some of the issues mentioned in the articles are not under our control but we see counsel constantly to see if legislative adjustments need to be made.

Peters: For example, counties had to take on 50 percent of the pension plan's state obligation in order to fully fund it. Getting the pension to within a percentage in line with other states was the goal because that made everyone comfortable. Maryland doesn't have the worst pension system, and it's not the best, but now we're on the right trajectory. Jeffrey Hooke needs to come to our meetings and engage in the process, and then if he has the same opinion, I'll understand.

Jackson: The meetings are also streamed.

We then spoke on the phone with Senator Adelaide Eckardt:

Croatti: Many states are engaging in some aspect of pension reform. In light of the issues raised in the *Post* articles, is Maryland doing enough?

Senator Adelaide Eckardt: We're doing the best with what we have to work with. The Supplemental Retirement System does real well, all the time, so why doesn't the main fund? Because the Supplemental Fund is contracted out. But the Maryland State Retirement and Pension System decided they wanted to hire their own people because the salaries were woefully inadequate to attract quality candidates. It's possible that if the pension fund was run like the Supplemental Fund it might do better because that fund is managed by Nationwide and has done well. Of course, when the stock market dips, everything goes down. But if you look at annual pension system returns, we go up and down, from 4 percent up to 10 percent.

Croatti: Why doesn't the legislature's Joint Oversight Committee on Pensions push for a pension system that adopts the successful strategies of the Supplemental Fund?

Eckardt: Because the jury's still out on whether all of the recent changes will, in fact, increase our investment return and our level of funding. Those are the two main factors: *return on investment* and the *level of funding*. Right now, the Maryland State Retirement and Pension System is 71 percent funded, up from 70 percent. So, we're only inching our way up to the next goal of 80 percent funded. Getting the funding stabilized has been an ongoing issue.

Eventually, with all of the new retirees coming, we'll need to get to 100 percent funded much faster than the very slow climb we've been seeing. We realized in 2011, the last time we made major adjustments, that we need to

put more money away. How to do that is a never-ending battle. You need to talk to Senator Andrew Serafini; he does this for a living.

Croatti: You're the second person on the committee to say that.

Eckardt: Take my advice—don't submit your article without talking to him!

Senator Andrew Serafini has been in the financial services industry since 1985. He owns a financial services company in Hagerstown, the Serafini Financial Group. According to his website, he is a graduate of the College for Financial Planning and became a Certified Financial Planner™ practitioner in 1994. Also, a graduate of the Municipal Bond School of Chicago, he is an Accredited Investment Fiduciary® and "holds FINRA Series 7, 24, and 63 securities registrations as an Investment Adviser Representative of Commonwealth Financial Network®". We spoke on the phone:

"PEOPLE WANT SAFETY; THAT'S PARAMOUNT FOR US, AND THAT MIGHT MEAN LESS RISKY INVESTMENTS"

SENATOR DOUGLAS J.J. PETERS

Croatti: I was starting to get the sense that everyone on the legislature's Joint Oversight Committee on Pensions was going to take the Maryland State Retirement and Pension System's assessment over the criticism of Jeffrey Hooke, but then I spoke to Senator Eckardt, who suggested that reforming the pension fund's management might actually lead to an improvement in the performance of the investment return. What do you think?

Senator Andrew Serafini: I think I'm going to give you more financial information than you'll ever want to know.

Croatti: I have a 2,000-word maximum for this article.

Serafini: I'll bet you're already way over that.

Croatti: How did you know?

Serafini: Because you're talking to me last. This is my profession. I know how long explaining the details can take.

Croatti: Well, I was told by two members of the committee to make sure I talk to you, so maybe you can give me the summary version.

Serafini: I'll try. Maryland has what's called a Defined Benefit Pension or Defined Contribution (401c) between employer and employee. The System's health is tied to the risk of the market but managing both the risk and reward is the responsibility of the employer. The state has to kick in an annual amount if the fund doesn't

have enough money for a particular year's retirees. In Maryland, if a teacher leaves the profession before they're vested, their money goes back into the System.

Croatti: How much time does it take to be vested?

Serafini: That was one of the reforms. Let's go back to 2000 when Parris Glendening was governor. The System was not only fully-funded, it was over-funded. Since the state didn't have to kick in anything extra that year, he gave away the excess funding as an enhanced benefit without maintaining that rate of funding. Maryland has not been in that position since; what Glendening did caused real problems. In 2011, when Martin O'Malley was governor, he tried to fix it. Employees went from a 5 percent paycheck contribution to 7 percent; vesting went from five to ten years. Adjusting the variables of the formula that Maryland uses to determine a retiree's payout resulted in a reduced benefit, which not only makes it harder to recruit

“THE BOTTOM LINE IS, WE ARE UNDERFUNDED AND UNDERPERFORMING—IT’S JUST A FACT”

SENATOR ANDREW SERAFINI

and retain teachers and other jobs whose retirees the System funds, it goes against the state’s constitutional mandate to provide what we promised.

Croatti: What about the reforms that Jeffrey Hooke has suggested?

Serafini: The Maryland State Retirement and Pension System doesn’t want an “aggressive,” volatile fund but we’ve missed out by not taking a more aggressive approach. We pay very high investment management fees, which take away the System’s return. There’s a competition nationwide to lower fees because they’re a drag on returns. Look, you either beat the S&P index or you don’t; it’s not a Republican issue or a Democratic one. Hiring more people in-house to manage the System for a lot less money could improve the System’s performance but it could also make things much worse. The bottom line is, we are underfunded and underperforming—it’s just a fact. Why? Is it the Board of Trustees? The professional managers? There are eleven separate systems managed

in one pension pot. The state contributes a certain percentage of an employee’s contribution depending on the occupation. We provide 75 cents for every dollar a state police officer contributes, but *only 20 cents for every dollar a teacher contributes.*

Croatti: That’s shocking.

Serafini: It gets worse! According to the Trust Universe Comparison Service (TUCS), a pension plan analytical tool developed by Wilshire Associates, Maryland’s performance over the last ten years is in the 99th percentile out of 100, where the 1st percentile is the best. Some say if we were in only the 50th percentile, we’d be billions ahead.

Conclusion

It is amazing that there could be such a wide gulf of opinion on the performance of the Maryland State Retirement and Pension System. Dozens of states across the country and many countries all over the world have enacted some level of pension reform but the fear of enhanced risk is always present. Almost 40 years ago,

Chile unveiled a “Mercedes Benz” model that replaced a pay-as-you-go plan (where current employees pay for each year’s retirees) with a new model where workers are mandated to save a percentage of their earnings, which are then invested in private funds. According to *The Economist*, “by many measures the system has been a success.” The investment returns fueled an economic boom that made Chile the richest country in South America. But now even Chile must consider major reforms because of discrepancies involving both the level and duration of contributions, the size of the payout to the average person, and an increase in life expectancy, among other factors.

No pension system, American or foreign, diversified or stabilized, actively or passively managed, can last forever without adjustments that correspond to identified weaknesses by recognized experts. Instead of looking at only the best performance variables or finding fault with specific criticisms, Maryland needs to collect all points of view on the health of the state’s Retirement and Pension System and then, if necessary, find a way to move forward, together, for the sake of their retirees.

Mark Croatti teaches American Government at the United States Naval Academy and Comparative Politics at The George Washington University. He has also taught conflict resolution courses within the University of Oregon’s School of Law.





DISCOVER

AACS

Happy New Year

It is a privilege to partner with more than 500 families in Anne Arundel County and beyond who have entrusted their children's education to us. Our faculty engage more than 920 students through a comprehensive K-12 learning experience that is distinctly Christian.

Register online NOW for an Open House



Four locations in Anne Arundel County

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- January 13, Lower School in Severn
- January 30, Middle School
- February 6, Lower School in Annapolis
- February 13, Lower School in Severn



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LEADERS IN EDUCATION

Your guide to the schools who are leading the way in education in Anne Arundel County

WHAT'S UP? MEDIA
TICKETS MAGAZINES EVENTS



CAMPUS NOTES

Religious Affiliation:
Catholic

Grades:
PreK-8

2019 – 2020

Enrollment: 486

2019-2020 Tuition:
\$4,845-\$8,075

ST. JOHN THE EVANGELIST SCHOOL

669 Ritchie Highway, Severna Park, MD 21146 | 410-647-2283 | stjohnspschool.org

Saint John the Evangelist School is a Roman Catholic parish school under the jurisdiction of the Archdiocese of Baltimore that serves students preschool through eighth grade. In a community of faith, and with the Gospel values of Jesus Christ, our faculty and staff work together to make sure each child develops to the best of their ability spiritually, artistically, socially, and physically. Our school offers a nurturing environment that promotes living faith, academic excellence, leadership, and service within the church community and society.

Saint John School offers clubs and activities that allow our students to explore their unique talents and personalities. In addition to weekly art, Spanish, technology, and music classes, students have the opportunity to participate in various clubs and activities, such as robotics, musical theater, chess, birding, and more. Students may also participate in a variety of sports through our athletic association, including field hockey, soccer, lacrosse, and basketball.

We encourage our students to be active in their learning experiences, both inside and outside of the classroom. As a Certified Maryland Green School by the Maryland Association for Environmental and Outdoor Education, Saint John emphasizes the importance of environmental stewardship in classroom lessons and throughout our 30-acre campus. Through outreach, leadership, prayer, and service projects, Saint John promotes service to others. **Join us for our Open House on January 29th to learn how we merge faith, academics, and 21st-century technology to create responsible citizens and future leaders.**



26
Extracurricular activities

14:1
Student to teacher ratio





CAMPUS NOTES

Religious Affiliation:
United Methodist

Grades:
PreK 3 - 8

2019 - 2020 Enrollment: 250

2019-2020 Tuition:
\$8,940 - \$13,015

SAINT ANDREW'S UNITED METHODIST DAY SCHOOL

4B Wallace Manor Road, Edgewater, MD 21037 | 410.266.0875 | school.standrewsum.org

Saint Andrew's United Methodist Day School is a remarkable school with a rich, engaging environment that challenges students at every turn. Saint Andrew's embraces the challenge of educating both the hearts and minds of students, all aspects of the Saint Andrew's experience are infused with the core values of kindness and respect. From the moment they first enter Saint Andrew's, our students are immersed in an enriching educational environment that promotes the development of productive work habits and the mastery of essential academic skills. Across all grade levels, Saint Andrew's teachers plan exciting interdisciplinary lessons. Artfully employing resources such as the Maker Space, Library and Literacy Centers, Computer Lab, and Garden, our teachers plan educational experiences that encourage our students to think creatively and work collaboratively.

Saint Andrew's offers After School Enrichment including clubs that help students foster confidence, respect, and self-advocacy. Various clubs such as Robotics & Coding Club, Yoga Club, Viking Club, Lego Club, and much more. Students also participate in sports through our athletic program including soccer, cross country, and basketball.



15
Average
Class Size

8:1
Student to
teacher ratio



CAMPUS NOTES

Grades: Twos - K

After school programs include:
Art, Ballet and Soccer Shots

Weekly classes
Music Together, Jump Bunch, Spanish and Chapel

2019 - 2020 Enrollment: 127

2019 - 2020 Tuition:
\$2,200 - \$7,400

ST. MARGARET'S DAY SCHOOL

1605 Pleasant Plains Road, Annapolis, MD 21409 | 410.757.2333 | stmargaretsdayschool.org

St. Margaret's Day School provides children with an opportunity to learn about themselves and the world around them. The school exposes children to learning experiences and gives them ample opportunity to explore, experiment, create and feel successful. A young child needs to have the opportunity to grow in relationships with other children of similar ages socially, emotionally, physically, intellectually, and spiritually. These goals are best achieved in a warm, open learning environment, facilitated by professional, caring adults. Each child is unique and develops at his/her own individual rate. Therefore, the curriculum must reflect each child's own needs, interests and level of development.

St. Margaret's Day School uses research based curriculums as well as an innovative STEM program that they developed using the Engineering Design Model. Children in our early childhood setting will collaborate as a team to learn, integrate and apply rigorous content; interpret and communicate information; engage in inquiry and logical reasoning to investigate within science, technology, engineering and

mathematics disciplines to answer complex questions, to investigate global issues and to develop solutions for challenges and real-world problems while also using 21st century tools.

Accredited by the National Association of the Education of Young Children, MD Excels level 5 rated, MAEOE certified, and as a certified Monarch Waystation we offer a comprehensive program dedicated to the personal development and growth of each child through a curriculum of creative play and developmentally appropriate activities.



12-20
Average
Class Size

1:6 / 1:7
Student to
teacher ratio





CAMPUS NOTES

Grades:

Twos – Grade 8

2019-2020

Enrollment: 235

2018-2019 Tuition:

\$3,575 to \$19,995

ST. ANNE'S SCHOOL OF ANNAPOLIS

3112 Arundel on the Bay Road, Annapolis, MD 21403 | 410-263-8650 | St.AnnesSchool.org

We're a small school with global impact, a student body of compassionate hearts and fearless ideas, and a community that cares now about the future.

Our curriculum is contemporary, and our approach to learning is proven and research based. The St. Anne's School of Annapolis model provides challenging curriculum in a nurturing environment with teacher support every step of the way. Our educators specialize in the educational and social needs of children in Early Childhood, Lower School, and Middle School. Classrooms are arranged and schedules are designed based on ways children of these ages learn best. Students engage in age-appropriate activities and learning, avoiding the social and academic pressures the presence of high school students may bring. Students thrive in small class settings that maintain low student-to-teacher ratios. Our students grow by investigating, challenging, discovering, and learning how they can make a difference in the lives of others.

We end in Eighth Grade for a reason. By the time our students reach Eighth Grade, they are confident and empowered to make

\$441,400

in scholarships offered to the Class of 2018 by High Schools

30

Co-Curricular Offerings

9:1

Student to teacher ratio

informed decisions about their education. With the support of their parents and teachers, Seventh Grade students begin the high school selection process.

As students collaborate with the Director of Upper School Placement, they develop a clear understanding of their strengths, learning styles, and interests. Students are able to own the selection process and choose a high school that is the best match for their individual goals and needs. We believe this is a transition that will prepare them for their future transition to college and beyond.

We encourage you to start your St. Anne's School journey by calling 410.263.8650 to schedule a personalized tour.



CAMPUS NOTES

Grades:

Pre-K3 – 12

2019-2020

Enrollment: 534

2019 – 2020 Tuition:

\$8,910-\$26,990

*Flexible Tuition available

College acceptance

rate: 100%

100% of students in the Class of 2020 have taken at least one AP class

INDIAN CREEK SCHOOL

Lower School - 680 Evergreen Rd., Crownsville, MD 21032 | 410-923-3660

Upper School - 1130 Anne Chambers Way, Crownsville, MD 21032 | 410-849-5151

A great deal of thought goes into an Indian Creek School education. For over 40 years, we've taken the latest research on how children learn best and applied it to our practice. At Indian Creek School, we know that non-cognitive skills such as resilience, curiosity, passion, and optimism are important for success in college and beyond. Our program intentionally incorporates opportunities to build and practice these skills throughout our curriculum for all ages. Students learn best when they are happy and safe. We create a learning environment where our teachers know their students both as people and as learners. These connections help students to gain confidence, acquire strategies for managing stress, and enjoy meaningful learning opportunities.

Our faculty members personalize their teaching to each child's learning style. Teachers apply best practices from neuroscience research to create



15

Average Class Size

7:1

Student to teacher ratio

classroom conditions that increase cognition, attentiveness, and information retention. Because of our focus on how each child learns best, Indian Creek students graduate with knowledge of their own strength, the ability to advocate for themselves, and a genuine love for learning. They are well prepared—both for college and for a lifetime of learning and achievement. Learn more about the unique and remarkable Indian Creek School experience today!





CAMPUS NOTES

Year Founded: 1844

Religious Affiliation:
Non-sectarian

Headmaster:
Chris Post

Grades:
K-12

**2019 – 2020
Enrollment:** 625

2018 – 2019 Tuition:
\$21,220 - \$30,530

BOYS' LATIN SCHOOL OF MARYLAND

822 W Lake Ave, Baltimore, MD 21210 | 410.377.5192 | boyslatinmd.com

Founded in 1844, Boys' Latin School of Maryland is an all-boys independent school serving boys in grades K-12. For over 175 years, Boys' Latin, has been educating boys and young men. Rooted in our motto *Esse Quam Videri* — meaning "to be, rather than to seem" — every boy is encouraged to be true to who he is, and who he wants to become. World-class faculty, challenging academics, and character development remain the hallmarks of a Boys' Latin education.

In this fast-changing world, we know how important it is to equip young men with the skills necessary to succeed in college and beyond. That is why we actively teach critical thinking, collaboration, leadership, and problem solving. We also

understand the importance of character education. Our core values—courage, compassion, and integrity—are kept at the forefront of all we do. The outcomes speak for themselves: Boys' Latin graduates attend top colleges and universities across the country and are prepared for the real world and ready to make a difference.



13

Average
Class Size

7:1

Student to
teacher ratio



CAMPUS NOTES

Grades:
PreK - 5th

**2019 – 2020
Enrollment:** 246

**Civilian Families
Welcome**

**Special Tuition for
Military Families**

NAVAL ACADEMY PRIMARY SCHOOL

74 Greenbury Point Road, Annapolis, MD 21409 | 410.757.3090 | napschool.org

The mission of the Naval Academy Primary School is to educate the whole child, from their academic needs to their social and emotional development. Our faculty and staff includes military spouses, parents, and former service members who have the experience necessary to support your child's transition to our school and community.

Whether you come from a military or civilian family, NAPS provides a nurturing, structured environment that encourages students to reach their full potential. We provide the academic foundation and character development to prepare students for success in middle school, high school, and beyond.



15-18

Average
Class Size

9:1

Student to
teacher ratio





CAMPUS NOTES

Individualized Programs

1:1 Tutoring

State Certified Teachers

Grades: PK-12, College

Test Prep for SAT, ACT, PSAT, High School Entrance Exams, GED, ASVAB

HUNTINGTON LEARNING CENTER OF GAMBRILLS

1403 S Main Chapel Way, Suite 107, Gambrills, MD | 410.451.0049 | GambrillsMD@HLCmail.com

For over 40 years, Huntington's highly trained tutors have worked with students of all ages and abilities to improve their grades and build self-confidence, organizational skills, and good study habits. Our tutoring programs provide personalized instruction based on each student's individual needs. Thousands of students have achieved success in our tutoring programs, improving both grades and confidence. We also provide ADHD support. After only about 3 months of tutoring, our students typically achieve 2+ grade levels of growth. In our test-prep programs, we work on improving test-taking strategies, scores, and confidence. After completing one of our test-prep programs, our students typically achieve results such as a 7-point increase on ACT scores or a 250+ point increase on SAT scores. We are accredited by the Middle States Association of Colleges and School.

2+

Grade level increases in Math and Reading

7+

Point increase on ACT

250+

Point increase on SAT

Located in the Waugh Chapel Shopping Center, Huntington Learning Center of Gambrills is a warm and friendly place, with cheerful smiles ready to greet every student or parent walking in. Our testimonials convey the feeling of families as they finish their program with us. Students tell us, to their own surprise, that they have fun coming in to the center. **Visit us online at <https://huntingtonhelps.com/center/gambrills> for more information, including a \$100 off coupon.**



CAMPUS NOTES

Year Founded: 1957

Religious Affiliation: Episcopal

Grades: Preschool-8

Head of School: Mr. Jamey Hein

Enrollment: 170

Tuition & fees: \$3,300 - \$13,200

Before and Aftercare Available

ST. MARTIN'S-IN-THE-FIELD EPISCOPAL SCHOOL

375-A Benfield Road, Severna Park, MD 21146 | 410-647-7055 | stmartinsmd.org

St. Martin's is an inclusive and spirited community rooted in an Episcopal identity fostering students of confidence, compassion, and character. Serving children since 1957, students are provided with countless opportunities to grow academically, socially, physically, and spiritually.

Intentionally designed as a preschool through 8th grade school, St. Martin's offer students a breadth of programs in and out of the classroom, ranging from courses in innovation, athletics, theater, experiential learning, after-school enrichment, as well as a robust summer camp experience. Talented teachers nurture and challenge each child as they prepare for a variety of selective high schools beyond St. Martin's.

Students benefit from learning and socializing on our vibrant 8-acre campus in the heart of Severna Park. Our state of the art Innovation Lab, renovated playground, and brand new 8000 square-foot addition enhances learning opportunities for all ages.

100%

of our graduates are accepted into their top high school choice



8:1

Student to teacher ratio

St. Martin's is an accredited AIMS school that is committed to affordability and diversity. St. Martin's is proud to be a small school that makes a BIG difference in the lives of students. Come see for yourself!





CAMPUS NOTES

Grades:

9-12

Enrollment: 57

2019-2020 Tuition:

\$29,100

40% of Families

Receive Financial Aid

WYE RIVER UPPER SCHOOL

316 S. Commerce Street, Centreville, MD 21617 | 410.758.2922 | wyeriverupperschool.org

Wye River is a coed, independent high school serving bright students with learning differences such as ADHD, dyslexia, or anxiety. We are committed to affecting positive change in the lives of our students through an individualized, engaging, high school experience. At Wye River, often for the first time, students find a place where they can thrive not just survive in school.

Through the right balance of challenge, support and engagement, we prepare our students for college, career, and life. Our curriculum highlights real-life learning, collaborative problem-solving, and project-based learning, igniting an interest and a motivation in our teens. We address individual academic needs with research-based teaching strategies inclusive of Orton Gillingham and a specialized writing program that benefits any level of writer. A daily study-hall with an advisor helps every student develop skills in organization, time management, effective studying, and self-advocacy.

Our program ensures a well-rounded experience involving students in athletics, art, theater, technology, and music. All students begin each day with morning sports and exercise -

improving students' energy and focus throughout the day. We find a high percentage of our students possess musical and visual-spatial talents. Through a myriad of electives, we foster these creative strengths.

At Wye River, we intentionally cultivate a caring culture. Qualities we consistently see in our students include - intelligence, creativity, resilience, originality, humor, and compassion. Wye River teachers and staff are amazed at our students' capacity for empathy and personal growth. To see first hand what our community is all about, we invite interested families to contact us and schedule a personal tour.



100%

of students are accepted
to 2 yr or 4 yr college

5:1

Student to
teacher ratio



CAMPUS NOTES

Year Founded: 2002

Religious Affiliation:

Catholic

Principal:

Ms. Nancy Baker

Grades: PreK4 - 8th

Enrollment: 750

Tuition and Fees:

\$4,960 - \$8,450

SCHOOL OF THE INCARNATION

2601 Symphony Lane, Gambrills, MD 21054 | 410.519.2285 | schooloftheincarnation.org

School of the Incarnation is a fully-accredited Catholic school that educates over 750 students in central Anne Arundel County on a beautiful 26-acre campus. School of the Incarnation is officially associated with the five Catholic parishes St. Joseph Catholic Church, Our Lady of the Fields, Holy Family Catholic Church, St. Elizabeth Ann Seton Catholic Church, Our Lady of Perpetual Help Catholic Church. The School of the Incarnation embraces an inter-parish community of children with differing gifts. Through collaboration amongst the faculty, parents, and other professionals, the School is dedicated to cultivating and promoting academic excellence in an environment immersed in Gospel values. This commitment is woven seamlessly into the academic program and student life. We seek to provide a distinctive educational experience to a diverse body of learners and to cultivate our students' ability to think globally and behave ethically.



\$500,000

High School scholarship
offers over the next 4 years
for class of 2019 graduates

16:1

Student to
teacher ratio





CAMPUS NOTES

Grades:

Preschool-Grade 8

2019-2020 Tuition:

Preschool

\$3,250-\$9,408

(optional before school, aftercare, and holiday programs also available)

K-8

\$28,700

2019-2020

Enrollment: 85

Tuition Assistance

awarded to over 61% of families

RADCLIFFE CREEK SCHOOL

201 Talbot Blvd Suite A, Chestertown, MD 21620 | 410.778.8150 | radcliffecreekschool.org

Radcliffe Creek School is a coed independent school for students who learn differently. Radcliffe Creek School is located in Chestertown, MD and serves students from the Talbot, Kent, Queen Annes, Anne Arundel, and Caroline Counties in Maryland, as well as areas of Delaware. Radcliffe is committed to teaching using a strength-based approach where students are able to play an interactive role in their learning.

Mission: Radcliffe Creek School's mission is to empower children in a dynamic environment that celebrates unique learning. The School creates an environment where customized learning goes hand-in-hand with academic success and better self-awareness. Radcliffe Creek School believes that as each student develops a positive belief about oneself, he or she is able to engage in the learning process and therefore become an independent learner.

At the heart of our mission is finding ways to empower each and every student. At Radcliffe Creek School, our small class sizes and student-teacher connections allow for each student to have an individualized program that allows them to flourish. Students can

take classes based on their skills and development versus their age. For example, some students participated in a pre-algebra class in the fifth grade while others may need explicit Orton Gillingham reading instruction as eighth-graders.

Leadership: Molly Judge founded Radcliffe Creek School over 24 years ago with the goal to create a learning environment where bright children, who learn differently, could succeed. The school has continued to thrive under a dedicated leadership and with the support from a committed group of staff, parents, grandparents, and friends. At the beginning of the 2018 school year, Meg Bamford became the Head of Radcliffe Creek School. She continues to build on the founding value to empower every student. Bamford deeply believes that "with a customized, strength-based approach, the trajectory of the life of each student changes. Radcliffe Creek School opens doors for children that may have otherwise been shut.



93%

of students are able to attend their first choice of High School

3:1

Student to Teacher Ratio



CAMPUS NOTES

Religious Affiliation:

Catholic

Grades:

9-12

2019 - 2020

Enrollment: 1220

2018 - 2019 Tuition:

\$17,250

ARCHBISHOP SPALDING HIGH SCHOOL

8080 New Cut Road, Severn MD 21144 | 410.969.9105 | archbishopspalding.org

As a Catholic college preparatory secondary school, Archbishop Spalding High School is committed to the values and teaching of Jesus Christ. This is accomplished by challenging and motivating students to attain their highest personal and academic potential in a diverse community that affirms the values of faith and service to others.

The hallmark of a Spalding education has always been academic excellence. Archbishop Spalding offers a comprehensive college preparatory curriculum that embraces the gifts and talents of every student. A diverse academic program is offered which includes Advanced Placement, Pathway to Engineering, International Baccalaureate, Honors and the Aquinas Program. No matter the course of study, a Spalding education nurtures the natural gifts and

aptitude of each student, and develops skills to meet the demands of college and beyond.

With over 40 different clubs and organizations as well as 30 different varsity sports, there is a way for every student to be involved at Archbishop Spalding. From equestrian and sailing teams, Drama and Model UN, to baseball and field hockey, students are able to get involved, develop new friendships and expand their interests.



24

Average Class Size

15:1

Student to teacher ratio







NEXT GENERATION EDUCATION

By Jonathan Yates

HOW UNIFIED SPORTS, ROBOTICS,
AND E-SPORTS HIGH SCHOOL PRO-
GRAMS ARE DEVELOPING THE NEXT
GENERATION OF STUDENT ACHIEVERS

Maryland State Senator Ed Reilly (R-33) may have a background in selling insurance, but he buys into the future of education being increasingly high-tech, based on his interactions with the Power Hawks Robotics program at South River High School in Edgewater.

Reilly represents parts of Anne Arundel County in the Maryland General Assembly, and South River High School is in his district. Like any dedicated public service official, Reilly is focused on engaging with the educational system in the state and how it prepares Maryland students for the careers and skills that will be in demand tomorrow. This includes working closely with local schools and educators. “I have seen the robotics club grow from an interest in drones to a competitive club, which has shown itself to be one of the best in

the state,” Reilly says. “Great students, great parents, and great coordinators. A stellar group of student scientists and engineers. I am very proud of them and look forward to seeing them shine even more in the future.”

The Power Hawks Robotics program is just one example of how Anne Arundel County schools are leading state efforts to mainstream Science, Technology, Engineering, and Mathematics (STEM) initiatives into the curriculum. Thanks to the work of elected officials, teachers, coaches, and others in education, Anne Arundel County is also moving forward with two more very unique initiatives—the Unified Sports program and E-Sports. All three education initiatives are viewed by state leaders as instrumental to advancing student education and, in turn, local industry and careers.

A UNIFIED MISSION

The Unified Sports program is, perhaps, the most inspiring offspring ever of a lawsuit, and is the work of the Maryland General Assembly.

As a result of one bold parent suing the state for their special needs child to have access to physical education, so as to participate fully in school, the Maryland Fitness and Athletics Equity for Students with Disability Law was passed in 2008 by the Maryland General Assembly. That led to the creation of the Unified Sports programs at local high schools. In Unified Sports, special-needs students pair with neurotypical students to compete in bowling, tennis, and bocce ball. The results have exceeded all of the expectations one would have for this in terms of public policy developing to serve the common good.



Patrick Oot, a partner with the international law firm of Shook Hardy Bacon, has a leading electronic discovery practice that has lent itself to developing E-Sports. He is bullish on this region for gaming growth. “Anne Arundel County is perfect for building a premier E-Sports program from the ground up, which is critical for engendering wide-spread support,” he says. “It is [an affluent county], with the state capital in Annapolis and a robust high-tech community, thanks to the presence of the NSA.”



ANNE ARUNDEL COUNTY IS PERFECT FOR BUILDING A PREMIER E-SPORTS PROGRAM FROM THE GROUND UP, WHICH IS CRITICAL FOR ENGENDERING WIDE-SPREAD SUPPORT. IT IS [AN AFFLUENT COUNTY], WITH THE STATE CAPITAL IN ANNAPOLIS AND A ROBUST HIGH-TECH COMMUNITY, THANKS TO THE PRESENCE OF THE NSA.”

For those jaundiced about today’s teenagers, go watch them walk hand-in-hand with their special-needs partner to the Unified Sports athletic events, as I did for an afternoon practice at Southern High School. You’ll quickly realize that compassion and inclusivity does exist among high schoolers. These commendable character traits start with leadership, and there are few more motivated and more inspiring individuals than Caprice West, who runs the Unified Sports program at Southern High School, and Michelle Skinner, who does the same at South River. The stated goal of Unified Sports is to “...create opportunities that lead to improved sports skills, higher self-esteem, equal status among peers, and new friend-

ships.” It is not only reaching those goals, but exceeding them by inspiring neurotypical students to select majors in college that lead to careers in special education.

From her post, West has seen what the Unified Sports program brings to a school, especially its student-athletes. There have been many welcome, yet unexpected, phenomena from the program. Chief among these, parents are stunned to see how compassionate their suburban teenagers are in their interactions with their special-needs partners. This leads to more participation from those at home. “The parents of the partners get so involved, as they are pleasantly surprised to see that their children are so nice,” West says happily.

THE HOTTEST SPORT IN TOWN?

E-Sports, which is competitive video gaming, is booming. Worldwide, the number of players is growing by the millions, with the revenue registered in the billions. And it, like Unified Sports, sees special-needs competitors as equals. One of the many great things about E-Sports is that those on the Autism Spectrum, for example, can and often do excel in E-Sports, as it requires a concentrated ability to focus.

As a result of favoring the unique skill set that many on the Spectrum possess, E-Sports develops star athletes on the international stage, both neurotypical and special-needs.

Oot further suggests, “While it is true that E-Sports is growing, it still lacks cohesion and direction. “But,” he points out, “that presents an opportunity for Anne Arundel County [and others in the state] to create a strong framework, as it has in other areas with its signature school programs. Designating a school as an E-Sports signature school, along with making it a varsity sport is an easy, logical, low-cost step that will help local E-Sport student-athletes earn college scholarships!”

BRINGING IT ALL TOGETHER

Thanks to the presence of Federal government agencies, most notably NSA and NASA in the area, there is a local abundance of high-tech talent,



featuring world-class engineers and computer scientists. The government, at every level, has done its part in helping to prepare Maryland students for careers in the future workforce, which will be more technical.

Public initiatives are working in the state, based on recent national rankings. Nine public high schools in Maryland were rated among the best for STEM programs by *U.S. News & World Report*. These schools are located across the state. Introducing an E-Sports presence to augment their programs could enhance student achievement and school rankings.

Long a leader in producing top student-athletes, Maryland and, specifically, Anne Arundel County, schools are now at the vanguard for turning out “Digital Deion Sanders” thanks to E-Sports, robotics, and Unified Sports programs.

Deion Sanders was one of those few gifted athletes, who could play several sports at the major league level. Anne Arundel County could soon be producing these uniquely talented student-athletes, who would excel at both traditional sports, along with a supremacy in computer games. E-Sports could aggrandize many school departments similar to how

traditional athletic teams do so. A responsible athletics department does much to make the student, the school, and surrounding community stronger. So, too, would a robust E-Sports program, but more so within the STEM arena. This framework could better prepare student-athletes for careers after graduation.

To achieve this, Maryland high schools should include E-Sports in the Unified Sports program. After this is accomplished, take E-Sports from the province of the athletic department to be part of the Signature, Magnet, and STEM offerings at Maryland schools. The new Crofton High School could be a natural fit for an E-Sports Signature program, as many parents who work at NSA, NASA, et al live in this community. Both E-Sports and robotics should be considered as varsity sports, too. The benefits will far outweigh the expenses.

An ancillary benefit of offering computer activities to students through robotics and E-Sports is the leveling of income inequality at the local level. Maryland already performs well in preventing income inequality among all states, ranking 11th in the nation. This can be improved by increasing student access to

computers at school, especially to those that do not have at access at home. “Digital inequality” is a tremendous problem in the United States, as students with a computer and access to the Internet at home perform better in school and in their careers, according to research by the U.S. Department of Housing & Urban Development (HUD). As just one example, the Universal College Application is completed through a computer, along with the needed documents, such as transcripts and letters of recommendation. A supportive, conducive STEM environment with computer-based sporting activities such as “Minecraft” and “Fortnite”—two games that many teenagers, no matter how affluent the family, already enjoy playing—could enhance student achievement. Imagine evolving E-Sports into an organized school program with rewards that could include a college scholarship or entering the path toward a rewarding career.

SUCCESS ON THE HORIZON

In what is unquestionably her proudest statement as an educator about the Unified Sports program in Maryland, Southern High School’s West boasts, “I think this is

the first generation that does not see disabilities.”

Credit for that abounds thanks to Unified Sports. This is seen in robotics programs as well, and could, one day soon, in E-Sports. Educators at local schools, like Southern and South River, not only share the vision, but work hard to implement the critical detail work that make each program successful.

Last November, in what was one of the first events of its kind in Anne Arundel County, Annapolis cluster students from Bates Middle and Annapolis Middle squared off in an E-sports competition held at Maryland Hall in Annapolis. The event was presented by the office of Mayor Gavin Buckley and EliteGamingLIVE, the premiere K–12 E-sports league.

Leaders in their fields, like Reilly, Oot, West, Skinner, Buckley, and others envision major gains for Anne Arundel County students and Marylanders statewide with the implementation of such events and programs. Further effort to build on their blossoming success could lead to higher student achievement, lower rates of income inequality, and enhanced community/career engagement.



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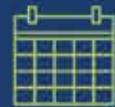
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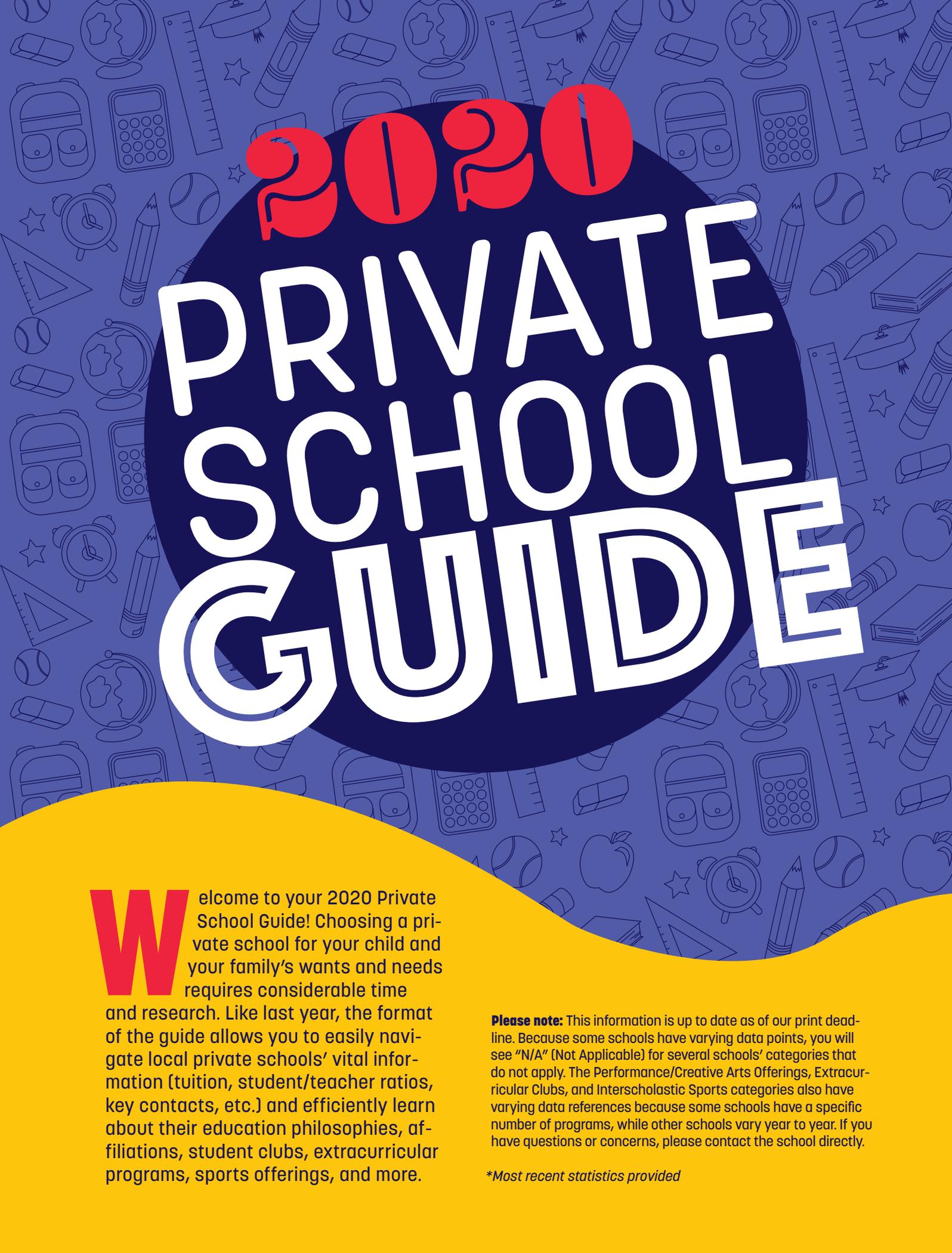
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2020 PRIVATE SCHOOL GUIDE

Welcome to your 2020 Private School Guide! Choosing a private school for your child and your family's wants and needs requires considerable time and research. Like last year, the format of the guide allows you to easily navigate local private schools' vital information (tuition, student/teacher ratios, key contacts, etc.) and efficiently learn about their education philosophies, affiliations, student clubs, extracurricular programs, sports offerings, and more.

Please note: This information is up to date as of our print deadline. Because some schools have varying data points, you will see "N/A" (Not Applicable) for several schools' categories that do not apply. The Performance/Creative Arts Offerings, Extracurricular Clubs, and Interscholastic Sports categories also have varying data references because some schools have a specific number of programs, while other schools vary year to year. If you have questions or concerns, please contact the school directly.

**Most recent statistics provided*

PRIVATE SCHOOL

GREATER ANNAPOLIS

	DESCRIPTION	YEAR FOUNDED	RELIGIOUS AFFILIATION	PRINCIPAL/HEAD OF SCHOOL	GRADE LEVELS	ENROLLMENT	AVG. CLASS SIZE
ANNAPOLIS AREA CHRISTIAN SCHOOL—LOWER <i>(Severn) 61 Gambrills Road, Severn (Annapolis) 710 Ridgely Avenue, Annapolis 410-519-5300; aacsonline.org</i>	Annapolis Area Christian School is a private, co-ed school with four campuses: two in Severn and two in Annapolis.	1971	Christian	Karl Graustein (S); Elizabeth Williams (A)	K–5	242	15-17
ANNAPOLIS AREA CHRISTIAN SCHOOL—MIDDLE <i>716 Bestgate Road, Annapolis 410-846-3505; aacsonline.org</i>	Annapolis Area Christian School is a private, co-ed school with four campuses: two in Severn and two in Annapolis.	1971	Christian	Benjamin Peddicord	6–8	262	16-22
ANNAPOLIS AREA CHRISTIAN SCHOOL—UPPER <i>109 Burns Crossing Road, Severn 410-846-3507; aacsonline.org</i>	Annapolis Area Christian School is a private, co-ed school with four campuses: two in Severn and two in Annapolis.	1971	Christian	Dr. Robert McCollum	9–12	431	20-23
BOOK OF LIFE ACADEMY <i>913 Cedar Park Road, Annapolis 410-263-2600; bookoflifeacademy.com</i>	Located in Annapolis, Book of Life offers a Christian education through various daily enrichment programs.	1982	Christian	Ashley Mackell	PreK2–5	115	12
CALVARY CENTER SCHOOL <i>301 Rowe Boulevard, Annapolis 410-268-3812; calumc.org/calvary-center-school</i>	Cavary Center School is a preschool for children ages 3 and 4, and also offers extended care options.	1986	Methodist	Johnna Parker	PreK	75	12-15
CHESAPEAKE MONTESSORI SCHOOL <i>30 Old Mill Bottom Road North, Annapolis 410-757-4740; chesapeake-montessori.com</i>	Chesapeake Montessori is recognized by the Association Montessori Internationale, and focuses on indoor and outdoor learning environments on their 7-acre campus.	1977	Non-Sec-tarian	Robb Wirts	18 months–8	150	24
THE HARBOUR SCHOOL AT ANNAPOLIS <i>1277 Green Holly Drive, Annapolis 410-974-4248; harbourschool.org</i>	The Harbour School, located in Cape St. Claire, has an individualized way of teaching, and adapts to the students' way of learning.	1982	Non-Sec-tarian	Linda J. Jacobs	1–12	189	8–10
INDIAN CREEK SCHOOL—LOWER <i>680 Evergreen Road, Crownsville 410-923-3660; indiancreekschool.org</i>	Indian Creek School is a college-preparatory school with two Crownsville campuses: Lower (17.1 acres) and Upper (114 acres).	1973	Non-Sec-tarian	Jennifer Malachowski	PreK3–6	200	16
INDIAN CREEK SCHOOL—UPPER <i>1130 Anne Chambers Way, Crownsville 410-849-5151; indiancreekschool.org</i>	Indian Creek School is a college-preparatory school with two Crownsville campuses: Lower (17.1 acres) and Upper (114 acres).	1973	Non-Sec-tarian	Matthew McCormick	7–12	350	15
THE KEY SCHOOL <i>534 Hillsmere Drive, Annapolis 410-263-9231; keyschool.org</i>	Key School was founded by professors from St. John's College, and is a progressive, college-prep school located within Hillsmere Shores on a 15-acre campus.	1958	Non-Sec-tarian	Matthew Nespole	Key-Wee (2.5 yrs.) –12	645	16–18
MONTESSORI INTERNATIONAL CHILDREN'S HOUSE <i>1641 North Winchester Road, Annapolis 410-757-7789; montessorinternational.org</i>	Recognized by the Association Montessori Internationale, Montessori International Children's House caters to students ages 18 months to 12 years on their 4.5-acre campus.	1985	Non-Sec-tarian	Elizabeth Whitaker	18 months–6	150	12–25
NAVAL ACADEMY PRIMARY SCHOOL <i>74 Greenbury Point Road, Annapolis 410-757-3090; naps.napschool.com</i>	Naval Academy Primary School is an independent, co-educational school with ties to the U.S. Naval Academy.	1949	Non-Sec-tarian	Robyn M. Green	PreK–5	242	15
ROCKBRIDGE ACADEMY <i>680 Evergreen Road, Crownsville (K–6) 911 Generals Highway, Millersville (7–12) 410-923-1171; rockbridge.org</i>	Rockbridge Academy focuses on a classical Christian education. The school moved its K–6 students to the new Evergreen Campus, with the goal of unifying both upper and lower schools in a few years.	1995	Christian	Roy Griffith	K-12	335	13
ST. ANNE'S SCHOOL OF ANNAPOLIS <i>3112 Arundel on the Bay Road, Annapolis 410-263-8650; st.annesschool.org</i>	St. Anne's School is a candidate school for the International Baccalaureate (IB) Primary and Middle Years Programme, and offers several different approaches to the learning environment.	1992	Episcopal	Lisa Nagel	PreK2–8	235	13
ST. MARGARET'S DAY SCHOOL <i>1605 Pleasant Plains Road, Annapolis 410-757-2333; stmargaretsdayschool.org</i>	St. Margaret's Day School is located on the Broadneck peninsula on the historic campus of St. Margaret's Church. The school is accredited by the National Association of the Education of Young Children	1995	Episcopal	Tricia McVeigh	PreK2–K	127	12-20
SAINT MARTIN'S LUTHERAN SCHOOL OF ANNAPOLIS <i>1120 Spa Road, Annapolis 410-269-1955; stmartinsonline.org</i>	Saint Martin's Lutheran School was founded by Saint Martin's Lutheran Church as a mission to its members and the community, and is part of the Evangelical Lutheran Education Association.	1963	Lutheran	James D. Moorhead	PreK3–8	100	10
ST. MARY'S ELEMENTARY SCHOOL <i>111 Duke of Gloucester Street, Annapolis 410-263-2869; stmarysannapolis.org</i>	Located in downtown Annapolis, St. Mary's Elementary offers a broad educational curriculum with Christian values to its students.	1862	Catholic	Rebecca Zimmerman	PreK–8	800	28
ST. MARY'S HIGH SCHOOL <i>113 Duke of Gloucester Street, Annapolis 410-263-3294; stmarysadmissions.org</i>	Located next to the elementary school, St. Mary's High is a college-preparatory day school that focuses on the traditions of the School Sisters of Notre Dame.	1946	Catholic	Mindi Imes	9–12	507	20

	RATIO	TUITION PER YEAR	OPEN HOUSE DATES	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	% MINORITY	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/VOLUNTEER REQUIREMENT
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	11:1	\$11,800–13,150	2/13 (Severn); 2/6 (Annapolis)	Coed	Yes	✓	35%	✓	0	0	Spanish	4	2	0	N/A
	11:1	\$15,600	1/30	Coed	Yes	✓	35%	✓	0	0	Spanish, ASL	6	4	5	N/A
	11:1	\$19,850	Call for information	Coed	Yes	✓	40%	✓	11	0	Chinese, French, German, Latin, Spanish, ASL, ESL	21	20	15	8 hours/year (encouraged, not required)
	6:1	\$4,500–6,000	Every second Thursday of each month	Coed	No	✓	N/A	✓	0	0	Spanish	Music and Fine Arts	Multiple	0	N/A
	6:1	\$180–1,025	Call for information	Coed	No	✗	N/A	✗	0	0	N/A	Music	N/A	0	N/A
	Varies	\$11,000–16,500	2/23, 2–4 p.m.; 3/15, 2–4 p.m.	Coed	No	✗	N/A	✓	0	0	French	Art and music	Multiple	0	72 hours/year (7–8)
	2:1	\$40,112	Call for appointment	Coed	No	✓	27%	✗	0	0	N/A	Studio art and performing arts	5	4	75 hours for seniors
	7:1	\$8,910–21,660	1/8, 2/5, 3/4, 4/1, 5/6	Coed	Yes	✓	23%	✓	0	0	Spanish	8	12	8	N/A
	7:1	\$26,990	1/8; 1/28; 2/5; 4/1; 5/6	Coed	Yes	✓	23%	✓	22	0	Spanish, French, Latin	30	43	25	75 hours (9–12)
	6:1	\$8,545–29,200	Visit keyschool.org/openhouse	Coed	Yes (ISEE or SSAT)	✗	35%	✓	6 AP; 13 Advanced	0	Arabic, French, Latin, Spanish	24	45	40	N/A
	Varies 4:1 to 15:1	\$9,700–11,950	1/26, 12–2 p.m.	Coed	No	✗	25%	✓	0	0	Spanish	N/A	Varies by year; 8	0	N/A
	9:1 (PreK); 16:1 (K–5)	\$5,000–9,400	2/2, 1–3 p.m.; 2/26, 9 a.m.	Coed	Yes	✓	12%	✓	0	0	French	Art night; 7 musical performances	16	0	N/A
	6:1	\$7,000–15,080	1/17; 3/23	Coed	Yes	✓	29%	✓	Honors level (Upper)	0	Latin, Spanish	25	23	6	Daily service duties
	9:1	\$3,575–19,995	1/10; 3/6; 5/1	Coed	Yes	✓	33%	✓	0	0	Spanish	7	7	6	10 hours (grade 8)
	5:1	\$2,300–8,000	1/16; 1/17 (both 9:15–11:15 a.m.)	Coed	No	Opt.	5%	✓	0	0	Spanish	Music Together, ballet	3–4	0	N/A
	10:1	\$3,900–12,900	1/24; 3/26	Coed	No	✓	18%	✓	0	0	Spanish	14	5	4	15 hours (middle school)
	6:1 (PreK–K); 12:1 (1–3); 15:1 (4–5)	\$8,537 (Catholic); \$9,812 (Non-Catholic)	Daily tours; call for information	Coed	K and middle math	✓	N/A	✓	0	0	Spanish	5	Multiple	4 (middle school)	Weekly service projects, community outreach, Saints in action
	14:1	\$14,577 (Catholic); \$16,320 (non-Catholic)	Call for information	Coed	Yes	✓	15%	✓	16	0	Spanish, French, Latin	15	30	19	75 hours

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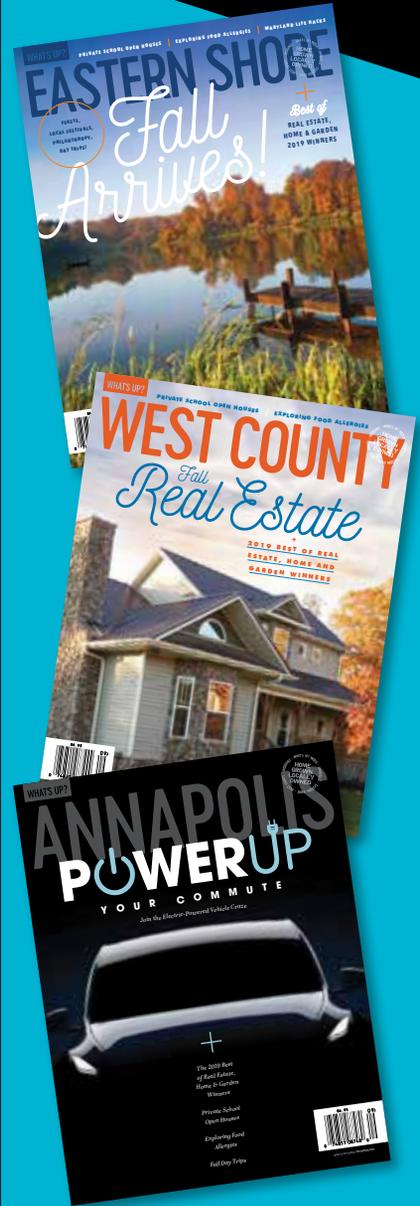
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- 81% will attend “Most/Highly/Very Competitive” colleges/universities
- 25% of the Class of 2019 scored 1430+ on the SATs; Class Mean of 1313
- 11% earned National Merit Scholarship Recognition (national avg. < 1%)
- 35% intend to pursue STEM-related studies including engineering, computer science, marine and environmental science, pre-health/vet, and architecture.
- 24% will attend Research 1 Universities
- 98% of alumni parents surveyed would recommend Key to a friend, colleague or family member.
- For a complete list of 2019 college acceptances and matriculations, please visit keyschool.org/Classof2019

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PRIVATE SCHOOL

	DESCRIPTION	YEAR FOUNDED	RELIGIOUS AFFILIATION	PRINCIPAL/HEAD OF SCHOOL	GRADE LEVELS	ENROLLMENT	AVG. CLASS SIZE
SEVERNA PARK	SEVERN SCHOOL—CHESAPEAKE CAMPUS (LOWER) 1185 Baltimore Annapolis Boulevard, Arnold 410-647-7700; severnschool.com	1914	Non-Sec-tarian	Douglas Lagarde	PreK–5	227	15
	SEVERN SCHOOL—TEEL CAMPUS (UPPER) 201 Water Street, Severna Park 410-647-7700; severnschool.org	1914	Non-Sec-tarian	Douglas Lagarde	6–12	627	13
	ST. JOHN THE EVANGELIST SCHOOL 669 Ritchie Highway, Severna Park 410-647-2283; stjohnspschool.org	1959	Catholic	Casey Buckstaff	PreK–8	484	25
	ST. MARTIN'S IN-THE-FIELD EPISCOPAL SCHOOL 375-A Benfield Road, Severna Park 410-647-7055; stmartinsmd.org	1957	Episcopal	Jamey Hein	PreK3–8	170	12-18
EDGEWATER	SAINTE ANDREW'S DAY SCHOOL 4B Wallace Manor Road, Edgewater 410-266-0952; standrewsum.org	1985	United Methodist	Mark Wagner	PreK–8	251	14
	THE SUMMIT SCHOOL 664 East Central Avenue, Edgewater 410-798-0005; thesummitschool.org	1989	Non-Sec-tarian	Dr. Joan Mele-Mc-Carthy	1–8	105	Varies
GAMBRILL/ODENTON	ODENTON CHRISTIAN SCHOOL 8410 Piney Orchard Parkway, Odenton 410-305-2380; ocs.odentonbaptist.org	1977	Baptist	Scott Milner (principal); John Lacombe (director)	PreK3–12	181	14
	SCHOOL OF THE INCARNATION 2601 Symphony Lane, Gambrills 410-519-2285; schooloftheincarnation.org	2002	Catholic	Nancy Baker	PreK–8	750	25
MILLERSVILLE	ELVATON CHRISTIAN ACADEMY* 8422 Elvaton Road, Millersville 410-647-3224; elvatonacademy.com	1995	Christian	Pastor Dallas Bumgarner	PreK2–8	60	8
SEVERN/GLEN BURNIE	ARCHBISHOP SPALDING HIGH SCHOOL 8080 New Cut Road, Severn 410-969-9105; archbishopspalding.org	1966	Catholic	Kathleen K. Mahar	9–12	1,250	25
	GRANITE BAPTIST SCHOOL 7823 Oakwood Road, Glen Burnie 410-761-1118; granitebaptistschool.org	1975	Baptist	Lou Rossi, Jr.	PreK3–12	273	Varies
	MONSIGNOR SLADE CATHOLIC SCHOOL 120 Dorsey Road, Glen Burnie 410-766-7130; msladeschool.com	1954	Catholic	Alexa L. Cox	PreK2–8	475	25
	ST. PAUL'S LUTHERAN SCHOOL 308 Oak Manor Drive, Glen Burnie 410-766-5790; stpaulsgb.org	1950	Lutheran	John Maxwell	PreK2–8	230	18
-AND BEYOND	THE BOYS' LATIN SCHOOL OF MARYLAND 822 West Lake Avenue, Baltimore 410-377-5192; boyslatinmd.com	1844	Non-Sec-tarian	Christo-pher J. Post	K–12	625	13
	CALVERT HALL COLLEGE HIGH SCHOOL 8102 LaSalle Road, Baltimore 410-825-4266; calverthall.com	1845	Catholic	Charles S. Stembler	9-12	1,200	18
	THE CALVERTON SCHOOL 300 Calverton School Road, Huntingtown 410-535-0216; calvertonschool.org	1967	Non-Sec-tarian	Chris-topher Hayes	PreK–12	269	14
	DEMATHA CATHOLIC HIGH SCHOOL 4313 Madison Street, Hyattsville 240-764-2200; dematha.org	1946	Catholic	Dr. Daniel J. McMa-hon	9–12	825	19

	RATIO	TUITION PER YEAR	OPEN HOUSE DATES	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	% MINORITY	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/VOLUNTEER REQUIREMENT
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	13:1	\$21,540; PS-K varies	1/17	Coed	Yes	✓	20%	✓	0	0	Spanish	Multiple	Multiple	0	N/A
	12:1	\$27,780	Call for information	Coed	Yes	✓	17%	✓	20	0	French, Spanish, Latin	35+	45+	15-48 teams	10 hour/year (9-12)
	14:1	\$4,845 (half-day); \$8,075 (full-day)	1/29	Coed	No	✓	11%	✓	0	0	Spanish	10	21	6	N/A
	7:1	\$3,200-12,700	1/15, 9 a.m.-12 p.m. & 5-7 p.m.; 3/20, 9 a.m.-12 p.m. & 5-7 p.m.	Coed	No	✓	17%	✓	0	0	Spanish	6	20+	4	Yearly class service
	9:1	\$8,940-\$13,015	1/17; 3/6; 4/14; 5/1 (all 9-11 a.m.)	Coed	No	✓	N/A	✓	0	0	Spanish	Music and Art	Multiple (After School Enrichment Program)	4	N/A
	4:1	\$31,621	2/22; 4/25; Mini Open Houses: 1/22; 2/5; 2/19; 3/4; 3/18; 4/22; 5/6; 5/20	Coed	No	✓	22%	✓	0	0	N/A	4	8	6	Yes
	9:1	\$6,300	Call for information	Coed	Yes	✓	N/A	×	0	0	Spanish	Multiple	Multiple	3	N/A
	14:1	\$7,400 (Catholic); \$8,150 (other faiths)	1/25, 10 a.m.-1 p.m.	Coed	Yes	✓	24%	✓	0	0	Spanish	Music	30+	9	20 hours (grade 8)
	12:1	\$1,400-5,500	Call for information	Coed	Yes	✓	30%	Limited	0	0	Spanish	Multiple	Multiple	0	N/A
	14:1	\$17,250	Call for information	Coed	Yes	✓	N/A	✓	26	Yes	Spanish, French, Latin	Music, Theatre, Visual Arts	30+	30+	60 hours of community service
	Varies	Starts at \$4,410	2/6, 9 a.m.-12 p.m.; 3/19, 9 a.m.-12 p.m.	Coed	Yes	✓	N/A	×	0	0	N/A	Multiple	N/A	12; Little Braves (K5-6)	N/A
	Varies	Starts at \$3,071	Call for information	Coed	Yes	✓	37%	✓	0	0	Spanish (grade 4-8)	10	14	5	12 hours
	20:1	\$1,845-7,315	1/30; 2/11; 3/5; 4/28 (all 9-11 a.m.)	Coed	Yes	✓	25%	✓	0	0	N/A	4	5	3	N/A
	7:1	\$21,220-30,530	1/8 Coffee with Headmaster Post; 4/2 & 5/14 Admissions Talk & Tour	Boys	Yes	✓	33%	✓	15	0	Latin, Spanish, French, Mandarin	15	20+	14	40 hours
	Varies	\$16,975	Call for information	Boys	Yes (HSPT)	✓	N/A	✓	24	0	Latin, French, German, Spanish	Multiple	70+	40	Varies
	7:1	\$7,000-35,000	Call for information	Coed	Yes	✓	41%	✓	0	14	French, Spanish, German	Multiple	Multiple	19	Yes
	12:1	\$18,850	11/1	Boys	Yes (HSPT)	✓	N/A	✓	22	0	French, Spanish, Latin, German, Mandarin Chinese	30	28	14	55 hours

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HIGH SCHOOL

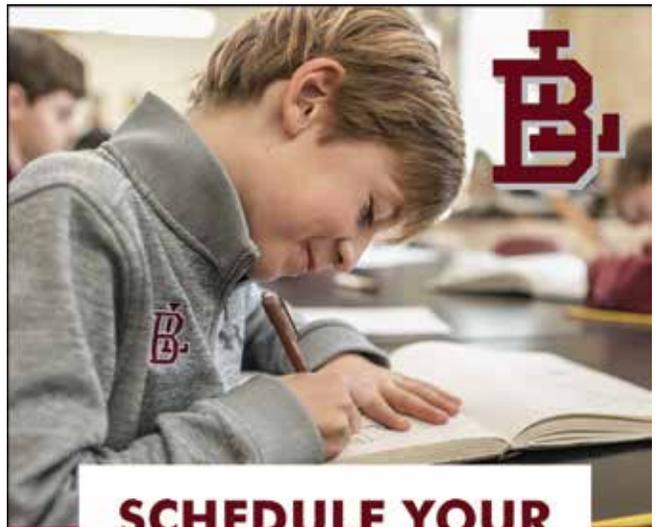


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KENT COUNTY

QUEEN ANNE'S COUNTY

TALBOT COUNTY

	DESCRIPTION	YEAR FOUNDED	RELIGIOUS AFFILIATION	PRINCIPAL/HEAD OF SCHOOL	GRADE LEVELS	ENROLLMENT	AVG. CLASS SIZE
<p>ELIZABETH SETON HIGH SCHOOL 5715 Emerson Street, Bladensburg 301-864-4532; setonhs.org</p>	Elizabeth Seton High School is an all-girls, college preparatory school, and is affiliated with the Archdiocese of Washington.	1959	Catholic	Sister Ellen Marie Hagar	9–12	611	16
<p>HOLY TRINITY EPISCOPAL DAY SCHOOL Primary School 13106 Annapolis Road, Bowie 301-262-5355; htrinity.org The Daisy Lane School and High School Prep 11902 Daisy Lane, Glenn Dale 301464-3215; htrinity.org</p>	Holy Trinity features the Primary School campus for grades 1–4, while The Daisy Lane School and High School Prep campus houses preschool and kindergarten and grades 5–8.	1963	Episcopal	Juanita Nell (Daisy Lane); Karen Falk (Primary School); Gene Esposito (HS Prep)	PreK–8	480+	15 (Pre); 20 (K–grade 4); 21 (grades 5–8)
<p>NOTRE DAME PREPARATORY SCHOOL 815 Hampton Lane, Towson 410-825-6202; notredameprep.com</p>	Notre Dame Prep was founded by the School Sisters of Notre Dame. It is a college preparatory school for girls, located in Towson.	1873	Catholic	Sister Patricia McCarron, SSND, PhD	6–12	800	16
<p>ST. VINCENT PALLOTTI HIGH SCHOOL 113 St. Mary's Place, Laurel 301-725-3228; PallottiHS.org</p>	St. Vincent Pallotti High School is a college preparatory school in the Archdiocese of Washington, and serves students from Anne Arundel, Howard, Montgomery, and Prince George's counties.	1921	Catholic	Jeffrey Palumbo	9–12	465	17
<p>THE BENEDICTINE SCHOOL 14299 Benedictine Lane, Ridgely 410-634-2112; benschool.org</p>	The Benedictine School is an approved day and residential school, serving students with intellectual disabilities, autism, or multiple disabilities.	1959	Non-Sec-tarian	Julie Hickey	Ages 5–21	66	5-7
<p>COUNTRYSIDE CHRISTIAN SCHOOL 5333 Austin Road, Cambridge 410-228-0574; countrysidchristianschool.org</p>	Countryside Christian School is located off of Route 50, and is part of Maryland's BOOST program (Broadening Options and Opportunities for Students Today).	1974	Christian	Beverly Stephens Herbst	PreK–8	40	5
<p>CHESTERTOWN CHRISTIAN ACADEMY 401 Morgnac Road, Chestertown 410-778-5855; chestertownchristian.org</p>	Chestertown Christian Academy serves students from Kent, Queen Anne's, and Cecil counties, as well as New Castle County in Delaware.	1979	Baptist	Joseph Baugher	K–12	97	9
<p>KENT SCHOOL 6788 Wilkins Lane, Chestertown 410-778-4100; kentschool.org</p>	Kent School is an independent day school located along the bank of the Chester River. The school incorporates Chesapeake Bay studies into their curriculum.	1967	Non-Sec-tarian	Nancy Mugele	PreK–8	132	12
<p>RADCLIFFE CREEK SCHOOL 201 Talbot Boulevard, Chestertown 410-778-8150; radcliffecreekschool.org</p>	Radcliffe Creek School focuses its curriculum on multi-sensory learning. It serves students from Kent, Queen Anne's, Talbot, Dorchester, Cecil, Caroline, and Anne Arundel counties.	1996	Non-Sec-tarian	Meg Bamford	K–8	73	5
<p>THE GUNSTON SCHOOL 911 Gunston Road, Centreville 410-758-0620; gunston.org</p>	Founded over 100 years ago, The Gunston School is an independent college preparatory school that offers individualized learning plans.	1911	Non-Sec-tarian	John A. Lewis, IV	9–12	210	10-12
<p>LIGHTHOUSE CHRISTIAN ACADEMY 931 Love Point Road, Stevensville 410-643-3034; lcacademy.org</p>	Lighthouse Christian Academy serves students on the Eastern Shore from three counties, and focuses on a Classical Christian education curriculum.	2001	Christian	Kathleen Guerra	PreK–8	86	7
<p>SWEET BAY MAGNOLIA ACADEMY AT THE MCARDLE CENTER* 201 Love Point Road, Stevensville 443-249-3368; mcardlecenter.com</p>	Sweet Bay Magnolia Academy focuses on an individualized way of teaching for children diagnosed with ASD, offering science, technology, engineering, art, and math (STEAM).	2015	Non-Sec-tarian	Brian Tyler	K–3; home instruction 1–9 co-op	10	5
<p>WYE RIVER UPPER SCHOOL 316 South Commerce Street, Centreville 410-758-2922; wyeriverupperschool.org</p>	Wye River is a 501(c)(3) nonprofit school that serves students with dyslexia, ADHD, ADD, and other learning differences at their Centreville campus.	2002	Non-Sec-tarian	Chrissy Aull	9–12	58	7-8
<p>CHESAPEAKE CHRISTIAN SCHOOL* 1009 N. Washington Street, Easton 410-822-7600; chesapeakechristian.org</p>	Chesapeake Christian School is conveniently located near Route 50, and offers a traditional classroom setting with Christian values.	1999	Christian	Deborah L. Whitter	PreK4–12	170	15
<p>THE COUNTRY SCHOOL 716 Goldsborough Street, Easton 410-822-1935; countryschool.org</p>	The Country School is an independent, 501(c)(3) nonprofit school located near downtown Easton.	1934	Non-Sec-tarian	Neil Mufson	PreK–8	298	16
<p>SAINTS PETER AND PAUL SCHOOL 900 High Street, Easton 410-822-2251 (ES); 410-822-2275 (HS); ssppeaston.org</p>	Saints Peter and Paul School is a college preparatory school, and is the only Catholic, PreK–12th grade school on the Eastern Shore.	1955	Catholic	Sherrie Connolly (ES); James Nemeth (HS)	PreK3–12	360 (ES); 174 (HS)	18 (ES); 15 (HS)

	RATIO	TUITION PER YEAR	OPEN HOUSE DATES	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	% MINORITY	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/VOLUNTEER REQUIREMENT
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	16:1	\$15,250	Call for information	Girls	Yes (HSPT)	✓	N/A	✓	15	0	Spanish, French, Latin	17	30	22	Varies per year
	Varies	\$9,690–\$13,370	Call for information	Coed	Yes	✓	N/A	✓	0	0	Spanish	Multiple	Multiple	6 (grades 5–8)	15 hours/year (7.5 hours/year for single-parent families)
	9:1	\$20,590	Walk in Our Saddles (grade 4): 4/3, 1:30 p.m.; Sneak Peek (grade 7): 5/14, 3:45 p.m.	Girls	Yes	✓	19%	✓	26	0	Spanish, French, Latin, Chinese	Multiple	30+ (UL); 12+ (ML)	14, including squash & crew	Call for information
	12:1	\$16,485–17,480	4/22, 6–8 p.m.	Coed	Yes (HSPT)	✓	N/A	✓	20+	0	Spanish, French, Mandarin, Latin	20+	20+	20+	80 hours
	3:1	Varies	Call for appointment	Coed	No	✓	N/A	✓	0	0	N/A	N/A	Multiple	0	N/A
	5:1	\$4,400	Call for information	Coed	No	✓	N/A	✓	0	0	Spanish, ASL	Musical and drama programs	N/A	0	N/A
	9:1	\$6,975 (K–6); \$8,480 (7–12)	Walk In Wednesdays (second Wednesday/month), 10 a.m.–2 p.m.	Coed	Yes (3-12)	✓	3%	✓	Available upon request	Yes	Spanish	3	Varies year-to-year	4	10 hours per academic year (9-12)
	7:1	\$6,200–8,200 (PreK 3 & 4); \$15,800 (K–4); \$16,950 (5–8)	Call for information	Coed	Evaluation	✓	14%	✓	0	0	Spanish	3	1	9	N/A
	Ranges from 1:1 to 7:1; (typically 4:1)	\$28,700	Call for information	Coed	No	✓	N/A	✓	0	0	N/A	8 (changes yearly)	6	2	N/A
	9:1	\$25,600	1/26, 3 p.m.	Coed	Yes	✗	18%	✓	19	0	Spanish, Latin	16	18	13	45 hours
	7:1	\$3,800–8,950	Call for information	Coed	Yes	✓	10%	✓	0	0	Latin	2	4	2	N/A
	3:1	\$5,000–20,000 (based on program)	Call for information	Coed	Yes	✗	N/A	✓	0	0	N/A	0	0	0	N/A
	5:1	\$29,100	1/26, 2–4 p.m.; 4/23, 6:30–8 p.m.	Coed	No	✓	21%	✓	0	0	Spanish	9	7	5	90 hours
	15:1	\$5,000	Call for information	Coed	Yes	✓	20%	✗	0	0	Spanish	4	0	6	100 hours
	9:1	\$9,750–17,350	4/22, 4/23	Coed	No	✓	23%	✓	0	0	Spanish, Latin	Music, Art, Theater	Multiple	5	Not required, but encouraged
	14: 1 (ES); 8:1 (HS)	\$5,940–\$8,381 (PreK3–8); \$13,354–\$14,753 (9–12)	Call for information	Coed	Yes (HSPT)	✓	7% (ES); 10% (HS)	✓	11	0	Spanish, Latin	2 (ES); 10 (HS)	13 (ES); 32+ (HS)	6 (ES); 15 (HS)	80 hours over four years (9–12)



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Number of friends among devoted media users (index)

	magazines	internet*	TV	radio
20 or more	177	88	111	144
15 or more	168	88	103	155
10 or more	158	84	101	134
8 or more	149	88	105	134

Self perception (index)

	magazines	internet*	TV	radio
Have a wide social circle and enjoy it	131	93	85	125
My friendship group is a really important part of my life*	128	95	93	101
Get energy by being in a group of people	122	98	103	110
Enjoy entertaining people at home*	116	93	93	105

*Includes internet magazine activity. +Definitely agree/agree

Index: Percentage of top users of each medium vs. percentage of adults 18+.

Note: Devoted magazine readers are defined as those who read printed magazines at least several times per week or digital magazines more than once a day. Devoted internet users are those who use it at least 31 hours per week. Devoted radio listeners are those who listen to FM Radio at least two hours a day or AM radio at least one hour a day. Devoted TV viewers are defined as those who watch live or "catch-up" TV at least 31 hours per week. Each group represents approximately the same proportion of US adults 18+.

Source: YouGov Profiles, December 2018



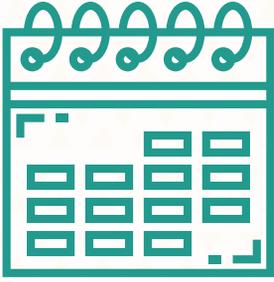
HOW TO PICK THE RIGHT

Summer **CAMP**

FOR YOUR CHILD

BY AMANDA VU

If you're looking to enroll your child in summer camp this year, you've got company. Over 14 million children and adults in the U.S. go to a summer camp every year, and there are more than 14,000 operating camps in the U.S. alone, according to the American Camp Association (ACA). A summer tradition in many households, summer camps offer children and teens unique opportunities to reconnect with nature, meet potential life-long friends, and engage in activities that promote independence, teamwork, and problem-solving. Searching for the right summer camp best suited for your child can certainly be a daunting task, but the process can be an enriching learning process for both the parent and child. Here are some helpful tips and advice so you can confidently enroll your child in a summer camp they won't forget.



1 START EARLY: According to the ACA, 44 percent of summer camps reported that their enrollment numbers were the highest they've been in the last five years. Starting the camp search early and registering in advance can secure your child a place in the decreasing number of available slots. It also gives your child more flexibility in picking options, since they won't have to worry about camps filling to capacity. Keep in mind that most camps start the application and enrollment process in the winter and spring. Another benefit to registering early can be the multiple session/family discounts, financial assistance, or the most common, "Early Bird Discount," that parents can use to save money. The ACA reports that 61 percent of camp discounts in 2015 came from registering early. Remember to complete applications and return them by their due dates. Whether it be having the flexibility to choose from different options, decreased financial cost, or peace of mind, registering your child early for summer camps is the way to go.



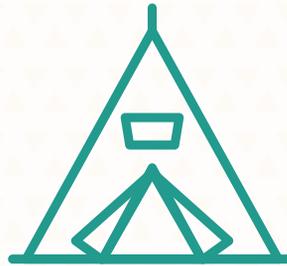
2 GET TO KNOW YOUR CHILD: Before even researching any camps, have an open, honest conversation with your child about their interests. You might find that a program they liked last year no longer excites them anymore, or vice versa. Fortunately, the sheer number and variety of camps offered will tailor to most every child's niche. Other questions to ask your child

may be, "What have you always wanted to do but never got the chance to?" and "Who do you want to surround yourself with?" Ultimately, your child will be the one participating in the summer camp, and you'll want to make sure they are looking forward to attending it. Although getting your child's opinion is essential, remember to maintain a balance between their opinions and yours. The skills you want your child to practice are equally important to their hobbies and interests, and you may have greater insight on their strengths and weaknesses than they do. Just like a puzzle, these key components will all come together to help you and your child decide on the right summer camp.



3 KNOW YOUR OPTIONS: You can be assured that there is likely a camp that fits your criteria and your child's interests. Besides using local resources—like What's Up? Media's Summer Camp Guide (appearing in our February issues) and online guides such as findacacamps.org—to research camps, you can also check if local museums, recreational centers, schools, and places of worship offer unique camp experiences. With a multitude of options available, it can be hard to narrow them down and commit to one. This is where the last step, or the completed puzzle, comes in handy. Take into consideration your child's interests and first determine the type of camp you want your child to attend. Does your child have a specific sport they want to hone their skills in? A specialty sports camp may be a good option. Do you want your child to spend their day outdoors engaging with nature? Consider recreational/outdoor camps. Secondly, consider the

duration and location of the camp. If your child can handle being away from home for a long period of time, an overnight camp can be great; if not, a day camp can offer the same enriching experiences, but with the comfort of returning home. Location depends on your preferences as a parent and how comfortable you are with their level of independence. Thirdly, make sure that it offers the accommodations that your child needs, such as specific medical assistance or dietary options. Safety is key when sending your child away from home. Lastly, but most importantly, consider the cost and the financial assistance available. Make sure you are financially stable enough to take on the cost of sending your child to camp. If not, consider alternative financing solutions (start a GoFundMe page) or registering early to help lower the cost.



4 VISIT THE CAMP: Camps can look great on paper or on their website but can render sub-par in reality. Visiting a camp is ultimately the best way to break down the barriers and get a feel for what the camp will actually be like for your child. Before going, have an idea of their credibility; that is, the staff retention, reviews, and notable awards and honors. A tool worth using is the Camp Program Quality Assessment (CPQA) Short Form, published by the ACA to assess a potential camp. On it, you can document all the necessary information you feel is a factor in the decision. If you are able to observe the camp in action, keenly watch how the staff treats the children, and if the overall environment is positive and accepting. Are they attentive and closely involved during activities? Do the campers feel safe to express their opinions and concerns? Are the activities engaging? If you

can't visit, make time to contact the staff for an informative Q&A. Consider the camp's physical, emotional, and environmental aspects. The main question you should be asking is, "Will my child feel comfortable learning the beneficial skill sets that this camp has to offer?" Keep your child's criteria in mind and create a scale on which you rate the camps you have visited or contacted. This will make your decision in the end much easier. Finally, consult with your child to make a choice and register for the program.



5 PREPARE YOUR CHILD FOR CAMP: The last piece in this puzzle is making sure that your child is prepared and ready to go to camp, especially if it is an overnight camp away from home. This depends on a multitude of factors, from comfort level to social and communication skills. Ask yourself, "Does my child have positive experiences away from home?" If the answer is no, take time to practice these skills with your child. Whether it be encouraging them to have sleepovers away from home, positively reinforcing acts of independence, or encouraging good hygiene and neighborly social skills, you can teach your child to become more self-sufficient and comfortable with a camp lifestyle. It's totally normal for your child to still be nervous about going to camp. In fact, summer camps are supposed to help children overcome these fears and should provide a safe space for them to do so. According to the ACA, 74 percent of children said they were afraid of doing at first. Fostering a positive attitude towards summer camp will make your child excited for summer camp and the critical life-long lessons it has to offer.



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MARYLAND BLACK BEARS

Bringing the
Greater Odenton
community
together through
ice hockey

BY KAT SPITZER

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MARYLAND BLACK BEARS

When the Washington Capitals won the Stanley Cup in 2018, an already growing hockey community in our area exploded in popularity. It seems that everyone wants to learn about the sport, play the game, and watch good hockey. Ice time is at a premium and more programs are developing. The Maryland Black Bears Junior Hockey team has taken that hockey excitement to new heights. Filling the stands to capacity for every game, this local team brings young and old together to celebrate what players and fans often refer to as a great “hockey family.”

Based out of Piney Orchard Ice Arena in the heart of Odenton, the Maryland Black Bears (MBB) is a Tier 2 junior hockey team affiliated with the NHL. The team recruits players, ages 17–20 years old, to play at a high level and develop skills in order to earn Division I and III college scholarships, and potentially move on to major league hockey. “The program serves as a stopping ground between high school and college,” says Head

Coach Clint Mylymok. “We are seeing the quality build from year to year, and this program is already one of the best Tier 2 programs in North America.”

Now in its second season as a team, the players come from all over the country, and even the world. “In addition to domestic players, we have, and have had, players from Sweden, Canada, Korea, and more. We currently even have an indigenous player,” says Colin MacCarthy, Communications Director for the MBB. “We are definitely seeing results with the team, as some players have committed to colleges for hockey, or have gone back to their native countries to play on professional teams.”

The players spend their time each week practicing multiple days, playing in the games, taking part in community events and service projects, and bonding with each other and their billet families. “Many of these players are leaving home for the first time,” Mylymok says, “and having the comfort of their billet family makes them much more comfortable and productive on the ice.”



“HOCKEY IS A FAMILY, AND WE FIND GREAT FAMILIES TO MATCH WITH THESE PLAYERS. THERE ARE LASTING CONNECTIONS. WE ARE SO CLOSE THAT I KEEP FORGETTING THEY ARE SOMEONE ELSE’S KIDS.”

—BILLET COORDINATOR AMANDA HAFLER

The billet family system adds a strong sense of community to the program. Billet families take the players in to live with them during the player’s tenure for a season of the MBB. “Hockey is a family,” says Billet Coordinator Amanda Hafler, “and we find great families to match with these players. There are lasting connections.” Hafler also serves as a billet family for two players and notes that “we are so close that I keep forgetting

they are someone else’s kids.” Billet families receive \$400 a month from the player’s family for their care, and the MBB give the family season tickets with all the perks, so that everyone can take part in the excitement for the team. Hafler conducts an extensive process of applications, home visits, background checks, and questions to make sure that a good match is made between players and potential billet families.



**"EACH
PLAYER
BRINGS
SOMETHING
NEW AND
SPECIAL TO
MY LIFE.
I CAN'T
IMAGINE NOT
DOING IT."**

-BILLET MOM, LISA HENKEL



The players and billet families, alike, really appreciate the program. Billet Mom, Lisa Henkel, says, "I can do this forever! These players should know that they will have me as a second mom for the rest of their lives." Henkel comes from a big hockey-loving family in Wisconsin and takes in two or three players a year. "Each player brings something new and special to my life. I can't imagine not doing it." She notes that serving as a billet family works positively for both the player and the family. "I love doing this not only for the player, but for Maryland. I enjoy showcasing the area, and seeing it through the lense of someone who is not from here. The hometown experience that we share with this team never disappoints. The whole Maryland Black Bears program is a win for the community, and the players. The players are so dedicated to each other and to the fans.



And I'm one of the biggest fans. You will find me at every game and I'll be the one ringing the biggest bell!"

Logan Kons, defenseman for the MBB, lives with Henkel and couldn't agree more. "I really enjoy Sunday activities with the family on my day off, and I love Maryland. The weather is good, compared to where I'm from in Chicago, and I'm now even used to seafood." He loves living along the east coast. "There is so much exposure here around every corner. There

are so many colleges that we have access to nearby. But the real thing that makes the Maryland Black Bears special is the professionalism both on and off the ice. I feel like the program is preparing me well for everything that comes later.”

Andrew Takacs, MBB goalie, actually grew up in Maryland, played hockey for various local youth hockey leagues, and feels honored to return to his hometown and play for the fans. “I love meeting the fans after the games. I was once that kid who looked up to hockey players and wanted to be one. Now it’s crazy to be in that position and have all these kids looking up to me. And in my hometown! It’s so rare to be able to play at home and at a high level. I look into the crowd and see faces I know. It means so much.” He appreciates that his parents can now see him at more games than would otherwise be possible. His goal is to play Division I hockey in college, but in the short term? “I want to see our team take home the Robinson Cup this year!”

Robyn Remick, President of the MBB, also grew up in Maryland and has family in the area. After a long and successful media career with the Walt Disney Company and ESPN, she was excited to return home and take this opportunity to grow the Maryland Black Bears program. “The Maryland Black Bears are so exciting because, while it’s only the second year, we are seeing these players acquiring new skills, meeting their goals, and becoming part of the community here. The

players and the fans feel so connected with each other. No matter the win/loss record, these fans have more passion and joy than I’ve ever seen for a team, and I’ve seen it all in my career.”

The level of community is so strong that when a season is over, “there is a sense of emptiness,” Remick says. Henkel concurs. “I always want them to visit me for fall break, or over the holidays.” The fans also can’t seem to get enough. According to Remick, season ticket sales tripled between year one and year two. “There is a touching level of commitment to this team. I’ve seen students come in who’ve saved their money to invest in season tickets; to invest in our team. There’s such an exchange of commitment between the players and the fans.” That feeling extends to the mascot, Bruno the Bear. At local festivals and at the rink, the requests for Bruno are high, and he’s just another example of the positivity surrounding the team.

“The Maryland Black Bears are not just about hockey,” Henkel says. “There is also a wonderful emphasis on leadership, volunteerism, and building the whole character of these players. And I say that as someone who is beyond invested in the hockey experience.” Takacs agrees, saying, “More than anything, I realize how lucky I’ve been being a part of the Maryland Black Bears.”

It’s time to join the buzz, get a large bell of our own, and head over to partake in the thrill of the Maryland Black Bears community.





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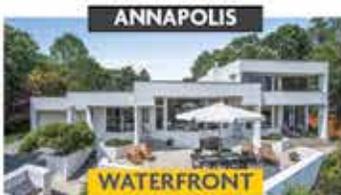
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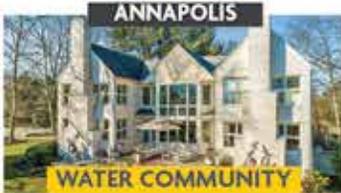
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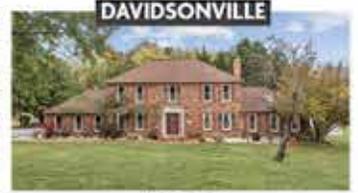
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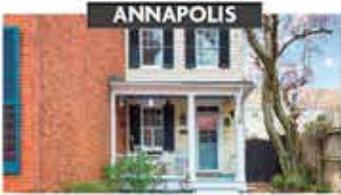


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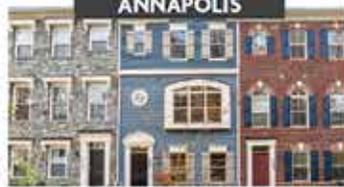
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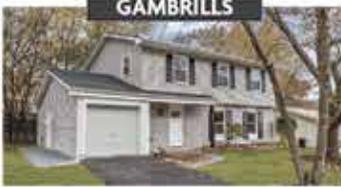
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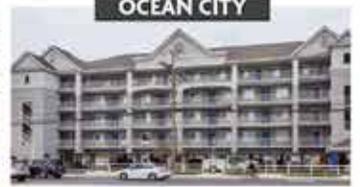
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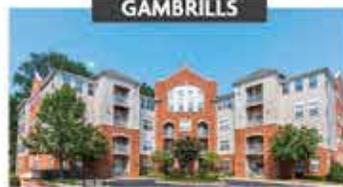
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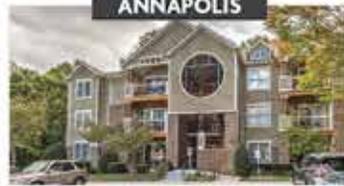
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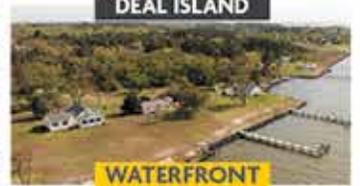
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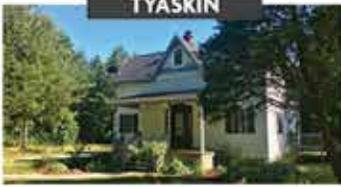


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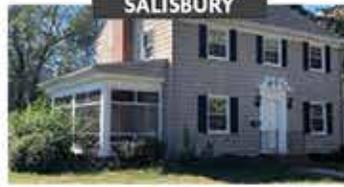
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Fixing a No-View Conundrum

A CREEK-SIDE HOME RE-BUILD AND THE TEAM THAT MADE IT HAPPEN

By Lisa J. Gotto | Photography by Curtis Martin Photography

When an Annapolis couple moved into their lovely, two-story brick Colonial nestled within a robust copse of mature trees along a creek 12 years ago, they knew a few things right away: that they would enjoy the proximity to the water for years to come and—in years to come—they would need to make serious changes to the home's structure if they were to ever truly take advantage of its tranquil water views.



TAKING STOCK

First and foremost; they loved the land. The couple is environmentally mindful in everything they do, so the wooded nature of their lot with many large trees spoke to them. Two trees in particular, a large willow oak and majestic maple tree had been providing ample summer-time shade, so they wanted to preserve them. The nearby creek and the home's accompanying dock and slip, made Bay access a breeze for the avid boaters. So those vital aspects checked off two very important boxes for them.



And while they also loved the privacy the home afforded them, the style of the home consistent with that of most two-story Colonials, was limiting to them.

“The original home was built in the '60s or '70s without any consideration taken to situate it for water views,” notes the husband.

Colonial homes in general are known for their charming windows with grid inserts; very quaint in Colonial times with a candle on every sill, but not as practical or desirable when they're obstructing a water view.

“They were small windows,” he says, also noting a problem with the location of key rooms. “The family room and the dining room faced the driveway.”

“The best view from the house was from the laundry room,” adds the wife. So, room placement was also an issue.

“We took a look at the architecture...,” says the husband, who has a professional background in electrical engineering and a keen interest in home construction, “...the stairway was right in the middle of the house which created some strange flow patterns. I thought about how to move the stairs to a different place to open it up. Renovation was further complicated by the brick exterior.”

Ideally, they wanted cathedral ceilings, but the home was configured with a bath and a bedroom in the second story space that they would have to take out in order to make that happen.

What they did do early on to address the limited views was add a screened-in Florida room facing the creek off the back porch. Needless to say, this room became the most popular in the house. “We spent 90 percent of our time out there,” the wife says.

For the coolest months, they added a wood stove. However, with no ventilation connection to the rest of the home, the room again was limiting and definitely did not provide a long-term solution to their no-view conundrum.

“At that point,” he says, “you’re starting to take a look at ‘why don’t we just tear this down and start over again,’ because it’s actually less expensive to do reconstruction, or to do a new build than to try and fix what’s there.”

REBUILDING THE DREAM

The plans to tear-down and rebuild began in earnest in 2017, when they started researching floorplans online. This led them to an article about energy-efficient homes that mentioned a company called Bensonwood Homes located in New Hampshire. Further research provided a name of another company located in Idaho that specialized in timber-framed energy-efficient homes. With somewhat of a plan and definite dreams in mind, the two took flight to see what both companies had to offer.

Both offered floorplans with convenient, yet extremely well-conceived custom home options. Both companies would pre-fabricate some of the structure, building the



shell in a factory and then shipping it to their lot in Maryland. The couple was intrigued—and encouraged by the time that might be saved by going this route with the build.

Working from a photo in a brochure of a home interior they loved, and a draft floorplan that they created, the homeowners sat with an architect at Bensonwood and collaborated until a clear plan was devised—a plan that would take them far from the colonial framework that they had to the perspective of a visually stunning timber-framed contemporary.



ADDRESSING CRITICAL AREAS

Back in Annapolis with floorplan in hand, they had other hurdles to consider before the tear-down and build could start. As with many homes in our area, situated on the water, the home is located in a “critical area.” This designation was initially discussed during their session with the Bensonwood architect, as the original home’s footprint could not be altered in any way that would encroach on the critical areas or they would be in conflict with the State’s restrictions.

Another concern: on-site project management and custom building and construction know-how for crucial issues such as permitting, tear-down management, building integrity, and custom interior integration. For this, the couple turned to a local, award-winning custom home builder, Lundberg Builders of Stevensville. Their choice of builder would play a key role in many critical issues associated with this unique rebuild—not just the ones the State dictates.

In the fall of 2017, the homeowners and the Lundberg team began the daunting

process of the excavation and the demolition of their existing home. While it may seem like this is pretty elemental once you get a wrecking ball in place, they did not necessarily want it to go down that way. They researched and then expressed their environmental concerns with Lundberg Builders Site Supervisor, Keith Germerhausen, who made sure that as many of the dismantled materials as possible would go to a company specializing in home material recycling. Windows and doors were carefully removed for re-use, two by fours, timber, and other salvaged wood was

piled and designated for recycling, and two stories worth of sturdy bricks from the colonial, with the exception of the fireplace brick, were saved and then donated to Baltimore-based nonprofit, Second Chance.

So, by the time the couple took delivery of their first tractor-trailer full of building materials from Bensonwood in January 2018, the husband was more than ready to continue his hands-on participation in the build. (It took five tractor trailers to deliver all the materials that would be necessary to build the shell of their new home.)

The husband not only took detailed notes on every step of the process, he rolled up his sleeves and was anxious to help with as many parts of the build as he could. That started with those first deliveries of the materials, which included the large sections of pre-built exterior panels. The entire construction team on the ground was composed of four Bensonwood employees, two Lundberg employees, including Keith Germershausen, and the husband.

The build required fresh poured footings and foundation walls which would provide the base for those pre-built exterior panels, which are very similar to SIPS (structural insulated panels), only these are constructed of dense-packed cellulose instead of foam insulation. The result is an extremely durable, tightly-built, and energy-efficient structure.

A hydraulic truck crane was tasked with hoisting the heavy panels and sections of Douglas Fir timbers, and then lowering them into place per the exacting specifications of the new home's footprint. "When the panels get assembled all the seams are taped," explains Germershausen, who adds that vapor barrier zip sheeting is used to construct the panels to help reduce air infiltration.

In little more than two weeks-time, the installation of the home's exterior walls and roof was complete and the crew began roughing out the interiors. At this point, the Bensonwood crew returned to New Hampshire and the custom interior work was done by Lundberg Builders.

One of the most popular interior elements, the new wood stove in the main living area, would be the husband's project, and once in place, it provided the crew with the first warm days they had in a very cold-weather undertaking.

Within weeks the blueprint transitioned into the true vision. The lower level open floorplan flowed from a spacious entryway to a two-story great room with impressive and expansive fir timber framing. The moment you walk onto the classic oak floors at the front door you have a clear sightline to the creek that winds along the back of the house; the lush tree canopy bordering the wall of windows like a custom frame.

OPTIONS, DECISIONS, AND THAT ALL-IMPORTANT KITCHEN

Not everything about the old house had to go. Earlier, during the demolition process, the wife had a specific request: Could the second story bathroom be saved and re-installed into the new property?

"I said, 'I really like this bathroom; if you could just pick it up and move it to the new house.'"

She says the team at Lundberg did not bat an eye; they told her they would make it work. She was not disappointed, noting that Lundberg did make it work despite the fact that it wasn't the same size, they had to add a shower, and they needed to uninstall and then re-install a clawfoot tub.





She also had a very vested interest in the outfitting of the roomy, rustic kitchen they had been planning and seeing that come to fruition. Fortunately, many of the mandatory material, finish, and fixture choices were made by this time since the couple had done a great deal of pre-planning.

One finish decision that did need to be made toward the completion of the project was the choice of hardware for the kitchen cabinets and drawers. What could have been a problem for some people, turned into one of the charming get-togethers the homeowners hosted during the building process. A housewarming party was thrown for them and guests were given the suggestion to each bring a knob for their kitchen cabinets and drawers.



Walking through the kitchen today you will find an eclectic collection of knobs—each with a special meaning or story of its own created with the help of the giver. The homeowners cherish it.

So, what started out as a couple with a house full of hiccups became a true collaboration of the discerning homeowners, a visionary home design company, and a local builder with optimal project management and construction expertise.

“I couldn’t imagine having anyone different on that team,” the wife says of all the people it took to turn a house without one good view into a home with many great ones.



HOME DESIGN

Style-Driven

EXPLORING YOUR PREMIUM KITCHEN OPTIONS

By Lisa J. Gotto

The custom kitchen—for many homeowners there is no other option. A custom kitchen provides a homeowner with the opportunity to move beyond cookie cutter and inject aspects of their own personality into the most popular room in the home. This is especially true when it comes to appliances, which many times serve as a focal point of the room where everyone loves to gather.

Several manufacturers have realized there is a niche in the market somewhere between custom and big box retail. GE Appliance was one of the first. They introduced their Café line of appliances in 2018 in response to this and their customers' ongoing need for customization; creating a new category in the process, the "premium kitchen." More than a trend, customization is everything today's consumers want and now seems perpetually intertwined with customer satisfaction.

IT'S ALL ABOUT COLOR, MATERIAL, AND FINISH

After many years in which consumers were offered only stainless steel as a high-end look for appliances, a level of gray burnout occurred. Fresh appliance options were suddenly offered in brushed bronze, brushed copper, brushed stainless, and brushed black hardware, combined with luxury matte finishes. This is seen as an appliance marketplace disruptor.

Going beyond stainless steel to set a "premium" tone in the kitchen with luxury matte finishes has broadened what can be done from the design standpoint significantly. While stainless steel remains popular for those who choose to create a look with cabinetry and/or fixtures, the option for a sleek matte finish from your refrigerator right down to your microwave oven is what "wow factor" looks like in many millennial homes.



The arrival of these new appliance options also coincides quite nicely with a key designer trend, mixing metals. This trend could become as influential and enduring as the pop of color trend has been in décor. The freedom to mix elements of brass, copper, silver and bronze tone, and matte gold is being widely embraced and has opened up a new way of thinking about your kitchen's hardware. Handles, knobs, and drawer pulls are being seen as stylish accessories with designers creating palettes that work together to bring warmth to the room, lend interest, and even make a statement.



MORE IN STORE

Other well-known manufacturers seem to be responding to the consumer demand for more than stainless by offering a few extra color and finish options, as well. Maytag has added a Cast Iron Black finish that creates a matte look to their stainless appliances and KitchenAid and Frigidaire are offering a sleek version of black stainless steel.

Samsung has recently introduced what it calls the Tuscan Stainless Steel Kitchen. While it is described as a neutral look for the kitchen because the finish has the unique ability to blend or offset many cabinetry choices, its tone appears to be a deep bronze hue with just a hint of plum, thus inspiring the Tuscan nomenclature.

With trends like personalization and customization on the rise as we head into the 2020s, we can expect more options from premium kitchen retailers as they seek to please the ever-demanding custom-minded consumer.





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HOME DESIGN

Tidying Your Garden of Books

By Janice F. Booth

**“A BOOK IS A GARDEN CARRIED IN YOUR POCKET.”
(ANCIENT CHINESE ADAGE)**

There were 675 million print books sold in the United States in 2018, according to the Pew Research Center. Does it sometimes feel as though a good portion of those books ended up on your nightstand, coffee table, and desk? I’m sure my piles of books account for some hefty percentage of those 675 million.

It’s well and truly winter now, no gardening projects beckoning you out-of-doors, the perfect season for curling up with a good book. But perhaps finding the pile or shelf or box in which you carefully deposited that good book has slipped your mind. A cold January afternoon might be just the time to tackle those random piles of books, to put them in some logical and attractive order. Which leads me to the subject of this column, which you may already have guessed—organizing your home library.

THERE ARE THREE MAIN ISSUES TO CONSIDER WHEN TRYING TO ORGANIZE ANYTHING IN OUR HOMES:



1. What’s to be organized.
2. How best to organize.
3. Where to locate or relocate this beautifully organized stuff, be it garden tools, sports equipment, or books.

Looking around at my library, I can identify the traditional print material—books, newspapers, and magazines. But I’ve also got to consider my e-reader, PC, earphones, and charging cables. What will be the most useful way for me to find a particular book or periodical, or the earbuds for my iPad? How do I use this wealth of material? Let me suggest several ways of organizing a personal library:

USE: One collection might be the books, periodicals, and electronics that are useful on a daily basis. Another group could be the material for book clubs or courses. A third group might be favorites, books never to be loaned or parted with. And, what about grouping together material for my hobbies—gardening, sky diving, spelunking? (I’m a bit of a Walter Mitty.) There’s that guilt-inducing pile of “read it again” books too. Could we put together all the books and magazines that come highly recommended but have yet to actually be read—that “next thing to read” group.

2 GENRE: Of course, there's always the traditional organization by genre. (This one works best if your reading tastes are wide ranging.) You'll have your mystery and espionage collection, sci-fi books, romance, travel, biography and memoirs, etc. If you really have a lot of time on your hands, you could even categorize your collection by the Dewey Decimal or Library of Congress systems.



3 APPEARANCE: This one's for those of you who want your library to please the eye as well as the mind. You can arrange your books by hardcover and paperback, size—small paperbacks to oversized coffee table books. You might be very bold and group your books by the colors of their spines or covers - all the red covers, the blue ones, the black spines. Even the width of the book could be a determinant—novellas separate from their pushy cousins, the sagas and tomes. (There's a certain advantage here. I find my little 100+ page books sometimes slide in between two 500+ pagers, never to be found again!) Within your color-coded collections, you could categorize the books alphabetically by author, title, or subject.

Now that you have a plan, don't panic. Stick with me here! Choose one of those out-of-control bookshelves or piles of books and begin placing the volumes in boxes based on the categories you're using. If you're really enjoying this project, you might want to download one of the free or modestly priced apps for catalog-

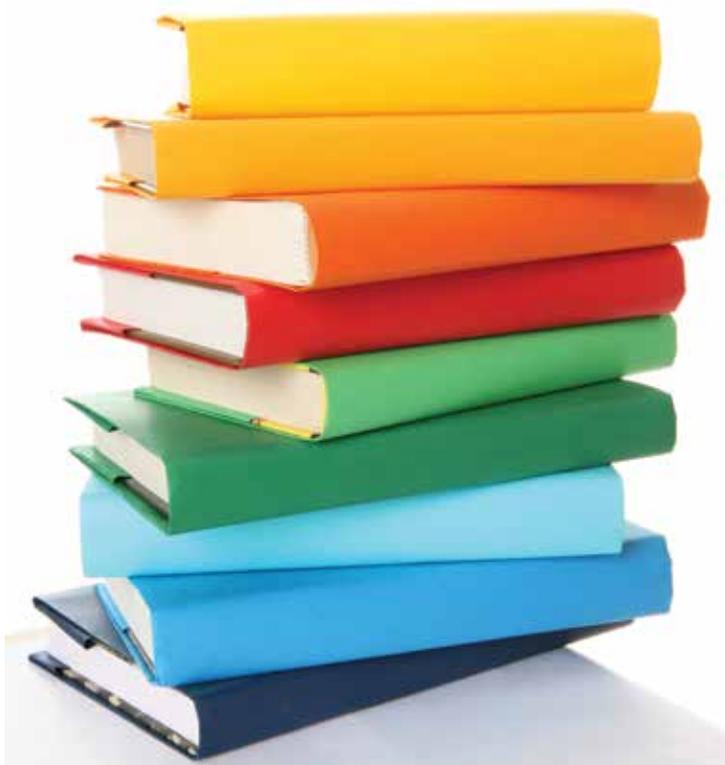
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While you're sorting through those random books, transforming them into a useful and handsome library, begin thinking about the housing of your freshly organized library. Where do you want to locate some or all of your books? Do you have a room designated as the library, den, or office? Are there some blank walls that would happily support bookcases or shelves? How about that funny space beneath the staircase? Or that long hallway wasting precious space? Maybe you'll want to locate parts of your library in different areas; cookbooks and foodie reads on some shelving in the kitchen, humor and joke books in the powder room, travel books

in the guestroom. I have a friend who organized his books chronologically, based on when he'd read or bought the book. So, he had his collection of comics and children's books in the front hall; the romance and adventure collection reposed on the landing; and his collection of classics held pride of place in the den.

When you're thinking of the where and how of your physical library, keep in mind the practical issues:

4 SAFETY: ideally, tall bookcases make the best use of space, but they need to be secured to the wall to avoid toppling. In addition, you'll want to think about how you'll get to the books on the upper shelves; will you need a step stool or ladder? This is the point when you may want to call on the services of a carpenter. Whether you want built-in bookcases or less permanent bookshelves, they will need to be sturdy enough not to bow or collapse under the weight of your book collection. Equally important will be ensuring that the books won't come tumbling down on top of some unsuspecting passer-by. And check that the placement of your bookshelves won't



block heating or cooling vents. A professional fix-it person or carpenter can ensure that your books are housed in safe and attractive cases and shelves. Don't leave it to chance.

5 LIGHTING: If you are going to use your shelved books, you'll have to be able to read the spines; see the titles. How will the areas you choose for bookshelves be lit? Too much light can damage the books' covers and binding. You'll also want to think about lights for reading in or near your library. Will it be feasible to plug in a floor lamp? Will you want to bring in an electrician to install some track lighting or additional electrical outlets?

6 FURNISHING: You'll probably want to add some seating to your library, a comfy easy chair, a bench for quick reads, a table for your cup of tea, as well as that lamp casting light over your shoulder and onto the page.

7 SPECIAL TOUCHES: If you're inspired, you might want to toy with the décor in and around your library. Perhaps you have seen the clever bookshelves made of old stepladders and weathered boards. Or, you may have a collection of bobble heads or Wedgwood china that would be lovely displayed on some of the shelves between the books. You might find a geode to use as a bookend, or some

handsome, antique bookends to prop up your books. If your library is in a multi-purpose room, say the dining room or the TV room, you could install drapes in front of the bookshelves; you could draw the curtain and transform the room.

8 HOUSEKEEPING TIPS: Finally, when settling your reorganized books and periodicals into their new location, think ahead to the day-to-day maintenance of your library. If your home tends to be damp, you may need to install a dehumidifier to protect the books from moisture which can lead to damaged covers and pages, as well as mold. If your library is in a dry area, a humidifier may be necessary,

but I caution against overdoing the humidity.

Finally, if you collect used and antique books, they may come with their own collection of silverfish, book lice, termites, or cockroaches. To prevent such an infestation of your books, when you get a suspicious book, seal it in a zip bag and pop it in the freezer for a couple of days. That will kill anything living among the pages.

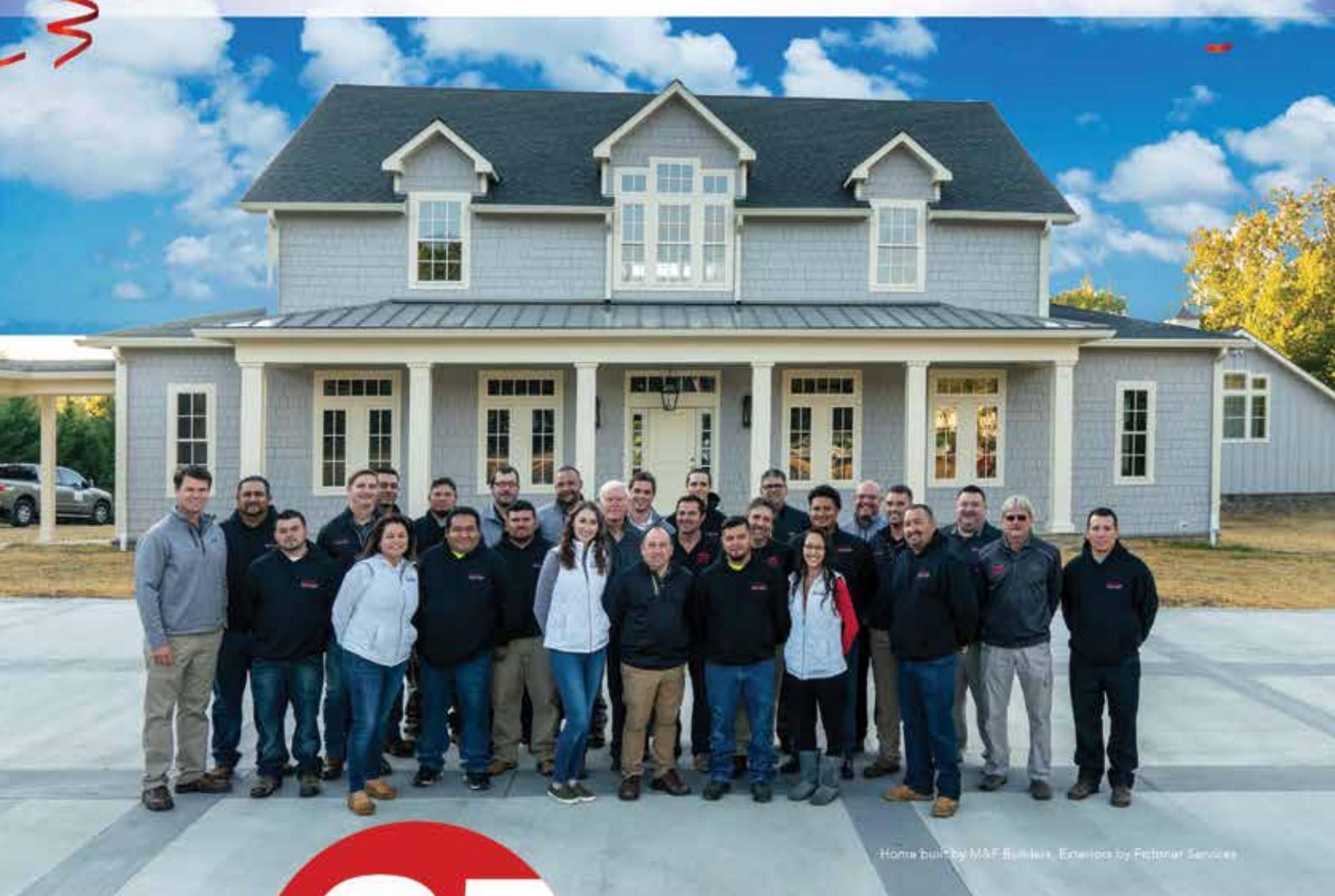
As educator and politician Horace Mann noted, "A house without books is like a room without windows." You'll enjoy those books more when you have your collection under control and easily accessible.





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WINTER-UP YOUR WINDOW BOX

It certainly doesn't need to be summer to have inviting, decorative window boxes. Many plants like evergreens, winterberries, holly, bayberries, boxwood, and pine are winter-worthy and suitable for display. Get creative with other elements: Use moss as a decorative base and pine cones as filler; wrap branch ends in burlap and tie with rustic ribbon. If you don't have window boxes, consider adding a small or dwarf tree to an ornamental pot, sturdy basket, or a hollowed-out log, and place near your front step or door.

HOME DESIGN

5 Ways to Maintain Curb Appeal

IN THE WINTER

By Lisa J. Gotto

Are you complacent about curb appeal in the winter? If you're a savvy homeowner you know better. While it is more of a challenge in the colder months to keep your home's exterior as fresh as a daisy, it's really about keeping things tidy and getting creative.

CLEAN UP CLUTTER



Got kids and sleds? Make a designated place in your garage or mudroom where they can be stored. Same goes for your snow shovels, brooms, and ice scrapers. (Leaning them up alongside the front door is a curb appeal detractor.) There are many great organizing systems available for all of your prime storage areas, which can help keep even the not so little snow boots free from being trampled underfoot in hallways and walkways.





← LIGHT THE WAY

Add some free-standing lanterns to your front door area. Ambient lighting is a gray day's best friend. Lanterns come in many styles, from traditional to modern, contemporary looks. Fill with today's amazing realistic battery-powered candles and lend a pop of panache to your porch.



WELCOME WINTER BIRDS →

Adding a squirrel-proof bird feeder can help add color and life to the season's dreary days. Place your feeder near trees and bushes, but not so close that squirrels can easily jump to them. Experts recommend you keep them 10 feet from tree trunks and branches. Fill with a good, quality seed to attract a wide variety of birds and consider buying some suet, or cake of hard fat mixed with seeds and grains, to attract colorful birds such as cardinals, chickadees, and nuthatches. Adding a bird house can also be charming and actually does help shelter birds during the winter months.



← KEEP WALKWAYS CLEAR

Snow and ice are not kind to your UGGS' not to mention your limbs should you take a tumble on a slick patch. Be smart and clear snow as soon as possible after it stops, or get out there in the middle of a storm if a lot of heavy snow is expected. Snow coats over and becomes icy quickly. Sometimes ice is unavoidable, but if you have it, resist treating it with rock salt (sodium chloride). It is harsh to walkway surfaces and may damage them over time. It also contaminates soil and local water supplies. It irritates the skin on pet paws and can make them sick should pets lick their paws and ingest it. Ask your veterinarian about safer rock salt alternatives.



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Before starting my career in real estate, I was in the technology industry representing companies like Microsoft, Sony, and Motorola as a technical Trainer. It was during that time we purchased our first home and realized there was a need for a different type of agent. We went through 7 real estate agents and ended up buying our home unrepresented because of the frustrating process. No one would listen to our needs and wants, and it wasn't a consultative or collaborative process. It has now been 14 years in the real estate industry, and I am proud to say that I have made a difference in my client's lives. I care deeply about my clients and their best interests, above all else.

My team is here for you. From market trends to finding your dream home: Stahley Thompson Homes is your resource for preparing and determining the optimal time for an upcoming move. We would love to add you to our family of clients!

Warmest regards,
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HOME REAL ESTATE

Davidsonville Dream

By Lisa J. Gotto

An exceptional standard of living is achieved in this 7,000 square-foot-and-then-some dream of a home on more than 4½ acres in the desirable Ashley section of Davidsonville. Natural light flows through the sunny and spacious main level and into the gourmet cherry kitchen which is outfitted with custom details such as a built-in coffee cupboard, remote Lutron lighting, and a high performance Advantium in-wall oven. Mirage hardwood floors throughout and handmade wood shutters with a lacquer finish lend warmth and appeal to its large gathering spaces.

This five-bedroom dwelling offers a roomy master suite with a convenient walk-in closet featuring soft-close drawers, jewelry drawer storage, valet rods, and tie and belt racks.

Downstairs, a finished basement is highlighted with a media room and a wine bar. Overnight guests will be treated to a stay fit for a hotel awards club member with its built-in Murphy bed wall system equipped with a memory foam mattress for maximum comfort. A full bath, fireplace, and a wet-bar round out the well-appointed guest quarters.

Outside, the home is surrounded by a lush tree line that frames the property and provides an optimal level of privacy. This is especially desirable for the resort-like outdoor living area complete with multi-level entertaining spaces, outdoor



bar and grill, and a lagoon-like, in-ground, salt water swimming pool. Professional landscaping with perennial plantings is already in place to lend seasonal ambiance and interest.

Upkeep will be easier for the new homeowners with the recent installation of a LeafGuard gutter system, a newer, 30-year shingle roof, and a garage that offers various storage options including slatted walls with an easily adjustable accessories package and overhead storage racks. The home is also equipped with a reliable natural gas Generac Generator capable of servicing the entire home in the event of a power outage.

This property was listed on April 4, 2019 and its off-market date was August 23, 2019. It closed on October 25, 2019 after being on the market 42 days.

Listing Agent: Bill Franklin; The Bill Franklin Group @ Long & Foster; 2191 Defense Highway, Crofton MD; 410-721-1500; Bill.franklin@longandfoster.com

Buyer's Agent: Eric Haskins; The Haskings Group, 6710 Oxon Hill Rd, Oxon Hill, MD; 301-245-6030; thehaskingsgroup@gmail.com



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Marvelous Living

on Mill Creek

By Lisa J. Gotto

Picture perfect best describes this waterfront home that offers the opportunity for indoor/outdoor living at its finest. Within its three finished levels, the new homeowners will experience expansive creek-side water views in its main living areas including a lovely open-plan kitchen.

Hardwood floors flow from the front door through to the white, bright, and contemporary living area with custom glass-front built-ins and a clear sight line to the kitchen and cozy breakfast nook. This very welcoming and warm main level living space also offers a separate dining room.

The master suite affords a tranquil retreat of its own with a separate seating area that can be used a reading nook, office, study or nursery. Additionally, a large walk-in master suite closet is an organizer's dream.

Even the lower level of this home is sunny and bright and offers a charming brick accent wall with a pellet stove for cozy living on chilly days. This



Primary Structure Built: 1988
Sold For: \$820,000
Original List Price: \$875,000
Bedrooms: 3
Baths: 3 full, 1 half-bath
Living Space: 1,860 sq. ft.
Lot Size: 0.45 acres

multi-purpose room with its beamed ceiling overlooks Mill Creek which offers more than five feet of Mean Low Water, so the new homeowners will be able to dock two boats on their property with the benefit of two existing boat lifts.

The new homeowners will also enjoy the option to dine al fresco in their own



superior outdoor living areas featuring two waterside decks for three levels of outdoor living space, or can opt to take a quick walk down the street or scenic boat ride to The Point Crab House.

Among the many upgrades offered on the property is parking for six vehicles and a detached garage for extra storage. A charming front porch, a mature tree canopy, and immaculately landscaped grounds all about the home offer the promise of relaxing sunny afternoons and days on the water comparable to none.

Listing Agent: Liz Dooner; Coldwell Banker Residential Brokerage 4 Church Circle, Annapolis; 410-263-8686; ldooner@cbmove.com

Buyer's Agent: Kristi Krankowski; Re/Max One; 410-991-4663; kristikandco@gmail.com

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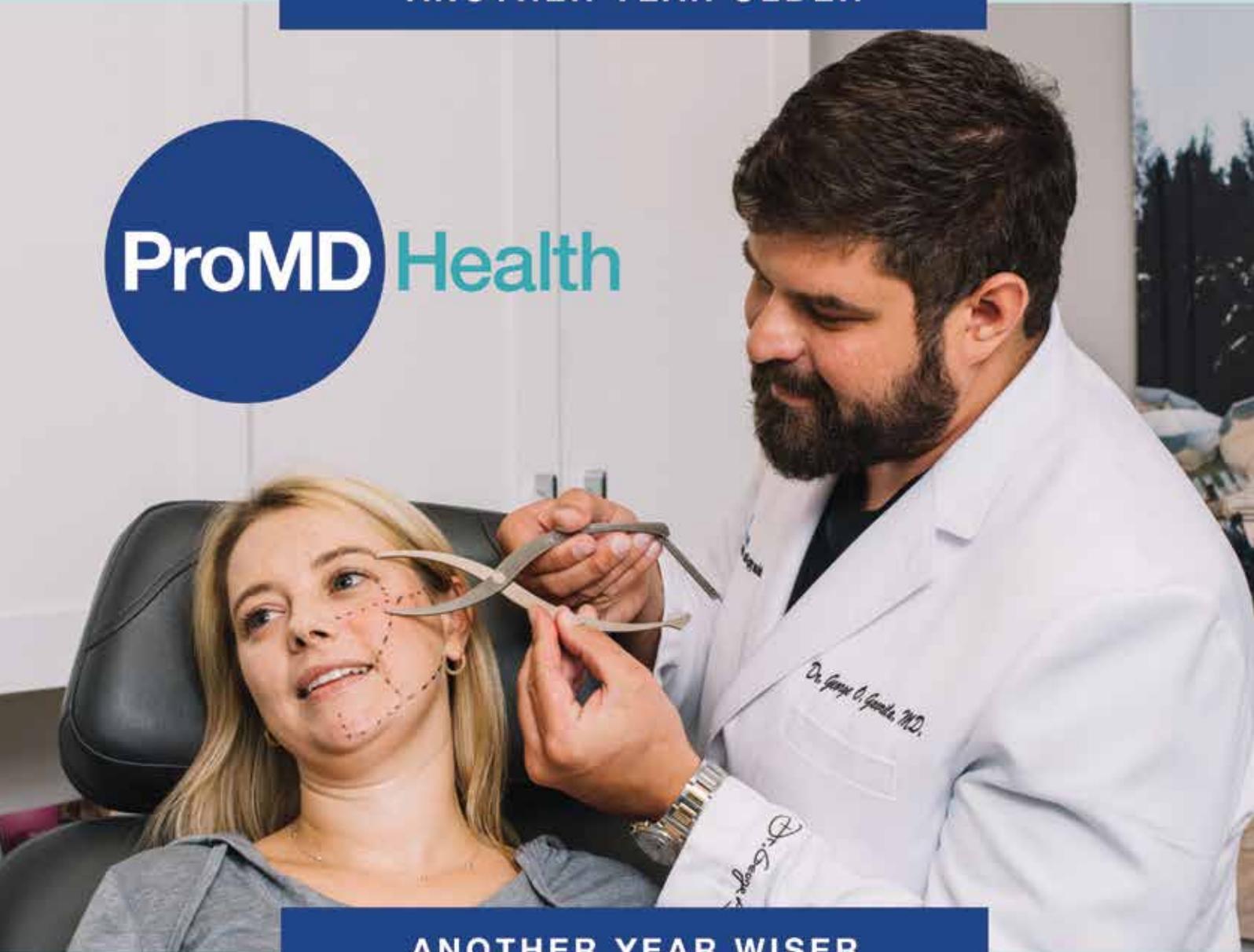
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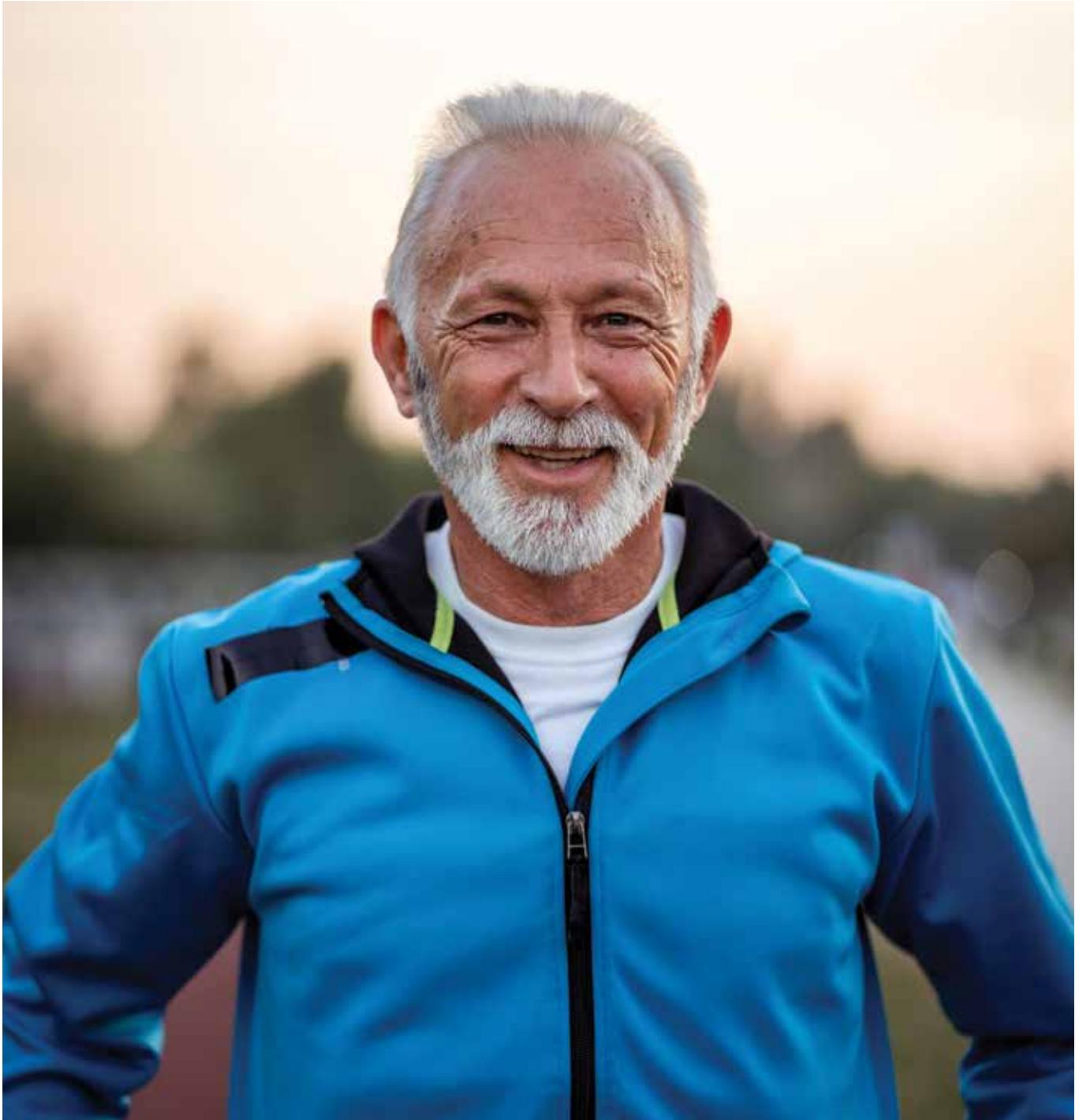
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Health Report

By Lisa J. Gotto



COULD HOT YOGA BE A HELP FOR MDD?

MDD, or Major Depressive Disorder, is a chronic and non-remitting form of depression that transcends the emotional experiences of sadness, loss, and changing moods. It is said to affect about 15 percent of the adult population at some point of their lives and has, thus far, been unresponsive to many traditional treatments for depression.

That is a why a study currently underway at Massachusetts General Hospital (MGH) is being seen as critical toward advancing treatment. MDD is a leading cause of disability issues with significant socioeconomic implications worldwide.

The study intends to follow 30 adults from age 18 to 80—who are in otherwise good general health but who experience significant symptoms of MDD—through the practice of Bikram yoga, a type of hot Hatha yoga. This yoga is typically practiced in a room heated to 105 to 110 degrees with about 40 percent humidity. Using standardized dialogue, it will take participants through 26 sequenced postures, which are performed in the same order during every 90-minute class.

Maren Nyer, PhD, is the director of Yoga Research in MGH's Depression Clinical and Research Program. "Hot yoga, practiced by a growing number of people, appears to be a promising treatment for depression," she says, citing that its regular practice may regulate certain physiological functions that could contribute to the reversal of a depressed state.

The eight-week program has been designed to test the safety, effectiveness, and tolerability of Bikram yoga compared to a control group of waitlisted participants. The study will examine the effects on a participants' depression, quality of life, functioning, and the common physiological markers associated with depression. These include inflammation, autonomic arousal, and stress hormones.

Researchers are hopeful that results bear out a positive outcome so they will have a new treatment for a condition that has, thus far, been frustrating and challenging to treat.

"This is an important study," says David Mischoulon, MD, PhD, director of Research of the MGH Depression Clinical and Research Program. "If hot yoga proves to be effective, it would be an excellent and safe treatment option for people who have not benefited from regular antidepressants, cannot tolerate their side effects, or choose not to take them."

TRENDING SLEEP AID

Toss. Turn. Repeat. If this is your nightly routine, you have probably tried just about everything from melatonin to warm milk to lavender to get relief. Have you tried a weighted blanket yet?

The weighted blanket has been used medically for some time as a way to administer therapy for children with autism or to calm behavioral disturbances in children. This methodology has been compared to work in the same way as swaddling does for

a baby at sleep time by making the infant feel more secure and comforted. This is also known as a sensory activity that associates sleep with a particular calming object, like a teddy bear, or a practice, such as aromatherapy.

These blankets are becoming more popular for use among adults as our society continues to struggle with getting a good night's sleep. (One in four people develop insomnia every year.)

As a result, companies who manufacture these blankets have noticed a definite uptick in sales over the last two-year period. Their popularity is increasing, in part, due to their holistic approach to insomnia with no doctors' visits and no drugs required.

Weighted blankets look much like regular blankets, but are filled with plastic beads or pellets to make them heavier, weighing anywhere from three to 20 pounds. For the best results, manufacturers recommend using your body weight as a guide, so you should select one that weighs approximately 10 percent of your total body weight.

So, do they work? Unfortunately, blind studies on their use are not possible because participants can easily tell if a blanket is heavy or not.

If you wish to try the trend be prepared to dig deeper than the cost of the lavender spray, as they cost anywhere from \$100 to \$200, and while some users claim they work wonders, most user satisfaction data varies widely.

When it comes to sleep, however, most sufferers would be willing to pay just about anything for a good night's worth.

POTENTIAL GOOD NEWS FOR WOMEN REGARDING COGNITIVE DECLINE

Researchers are encouraged by the results of a recent clinical study of 2,000 post-menopausal women. The study, which recently appeared in the *North American Menopause Society* (NAMS) journal, followed women over a 12-year period, analyzed the link between levels of estrogen and cognitive decline. The study took into account the women's reproductive history, the number of years that had passed between their first period and menopause, number of pregnancies, how long the women had breastfed, and if they had ever used hormone replacement therapy, and, if yes, for how long.

The study concluded that estrogen exposure is linked to better cognitive health in older women. The benefits were also found to be stronger for the oldest women in the sample, who started taking estrogen the earliest.

"Although the assessment of the risk-to-benefit balance of hormone therapy use is complicated and must be individualized, this study provides additional evidence for beneficial cognitive effects of hormone therapy, particularly when initiated early after menopause," stated Dr. Stephanie Faubion, the medical director of the NAMS.

Fresh Take

MEYER LEMONS

By Lisa J. Gotto

So, it's the middle of winter and that means many of our favorite fresh fruits are harder to come by. You don't have to forego all the wonderful sources of vitamin C this time of year, however, as Meyer lemons are currently in season. "What's the difference between a regular lemon and a Meyer?" you may ask. Meyer lemons are somewhat sweeter than their standard counterpart, so they contain more sugar, but less acid, making them taste milder and not as tart as regular lemons. As a result, they work exceptionally well in many entrée- and dessert-based recipes. Our advice is to grab a few and whip up this recipe—Zesty Glazed Lemon Pound Cake—to add a little sunshine to an ordinary winter day.



Zesty Glazed Lemon Pound Cake

INGREDIENTS

1/2 Tbsp. butter to grease pan
 1 1/2 cups all-purpose flour, plus a little more to dust pan
 1/2 tsp baking powder
 1/4 tsp baking soda
 1/4 tsp kosher or sea salt
 3/4 cup sugar
 2 Meyer lemons, zested
 1/4 cup, softened, unsalted butter
 1 large egg
 1/4 tsp pure vanilla extract
 1/4 cup plain fat-free yogurt
 3/4 cup low-fat buttermilk

INGREDIENTS FOR GLAZE

1/2 cup sifted confectioners' sugar
 1 Tbsp Meyer lemon juice
 1/2 tsp Meyer lemon zest

DIRECTIONS

Preheat oven to 350°F. Coat an 8 x 4-inch loaf pan with butter, dust the inside with flour, tapping to remove excess flour. Line the bottom of the pan with parchment paper and butter and dust that with flour, as well. Tap out excess flour. You can substitute non-stick spray for the butter, if desired. Set pan aside. Using a whisk, blend flour, baking powder, baking soda, and salt in a medium-sized bowl. Set aside. Place lemon zest and

sugar in a food processor and pulse for 30 seconds. Beat butter and lemon sugar mixture in a large mixing bowl at medium speed until mixture is light and fluffy. Beat in egg and vanilla. Combine yogurt and buttermilk in a small bowl. Begin to add 1/2 the flour mixture at low speed just to combine with the ingredients in the large mixing bowl. Then add the yogurt and buttermilk to this. Finish by adding the rest of the flour mixture and continue on low speed until batter is smooth. Add to prepared pan, smoothing the top and tapping the pan on counter top to dislodge any air bubbles in batter. Place in the middle of centered rack in oven and bake for 60 minutes. Insert toothpick upon removal to ensure the cake is baked through. Cool pan on a wire rack for 10 minutes and then remove to a wire rack to complete cooling. To make glaze, combine sifted confectioners' sugar in a bowl with lemon zest. Add the lemon juice and whisk all ingredients together. Drizzle mixture back and forth across width of completely cooled cake. Let set before serving. Storing suggestion: Keep in an air-tight container for up to 3 days in refrigerator.

Shoe Trends

WE DIDN'T SEE COMING

By Lisa J. Gotto

A recent blog on the site *Refinery 29*, explored life without heels, going so far as to suggest that 2019 was the year that killed the high heel. Is it the comfort, the convenience, or could it be that women are actually done with dressing to impress at the expense of their insteps? Whatever the reason, the trend for styles that you can walk in all day and dance in all night is only growing. That said, let's take a look at what we could be wearing instead of heels.

THEY'RE EVERYWHERE!

Today's urban street scene is not complete without this all-around wonder of a sandal. Great for a casual date, lunch, or shopping. For winter, just grab a pair of Birkenstock socks and wear your fave jeans and cozy sweater. \$100, birkenstock.com



NITE, NITE!

Don't skimp on pretty because you're not pumped out! This ribbon-tie wedge sandal offers a cushioned footbed that will take you well into your night's adventures. \$110, ugg.com

THOROUGHLY MODERN HIKER

Trade in that spiky heel for a chunky lug heel and pair it with a fashionably flowy maxi dress for a comfortable night out in the urban jungle. \$118, needsupply.com



BEST OF EVERYTHING!

What's better than a cool shoe you can just slip on that offers the styling of a sneaker and the convenience of a clog? Pair with a modern culotte-cut jean for max impact. \$290, swedishhasbeens.com



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This Holly flat is not only a shoe wardrobe standard, it is comfortable for hours with no pinching and—it folds easily for travel! \$49, butterflytwists.com

6 Key Needs to Improve Emotional Health

BE READY FOR EVERY NEW DAY WITH INNER STRENGTH, INNER PEACE, AND A BETTER OUTLOOK

By Lisa J. Gotto

It's a new year and, traditionally, that means one thing: there will be many weight-centered resolutions made. Perhaps you have even made one? But, if you have not quite settled on how to improve something in your life this new year and new decade, may we suggest working on something often neglected, but just as important to your overall sense of well-being?

Our emotional health is something we should aim to caretake on an ongoing basis. Then, when we are faced with life's stressful and most challenging situations and events, we are better prepared to cope with them. So, how can we make sure that when it comes to this aspect of our health, we are emotionally equipped?

Health experts suggest you work on six key areas →

1 DEVELOP A POSITIVE MINDSET remember the old adage, "Don't sweat the small stuff"? This is actually the core principle to remaining positive. When you are able to hold on to positive emotions longer you become more resilient when negative situations in life occur. Developing a strong sense of appreciation for life's good times can also help you do this. People with positive mindsets possess the ability to practice self-forgiveness, spend time with positive-minded people, have a willingness to explore their beliefs as they relate to the meaning and purpose of life, remember their good deeds, and develop healthy physical habits.

2 MAKE SURE YOU GET ENOUGH SLEEP there are many reasons why it seems harder and harder to make this happen, but it is vitally important in maintaining health and maintaining that positive outlook on life. If you're having difficulty make sure you establish a regular schedule for sleeping and

waking, and stick to it. Also, avoid alcohol and other stimulants like caffeine and nicotine late in the day, cut off screen time at least one hour prior to going to bed, create a dark, comfortable, and quiet environment for sleep, and relax with a bath or some reading before retiring. See your physician if your sleep issues continue.

3 REDUCE STRESS easier said than done, right? Of course, we're all stressed for various reasons and at varying intervals, but if stress becomes long-lasting for you, you could be suffering from chronic stress. You can learn to manage this condition by ensuring you get enough sleep, exercising regularly, thinking positively (remember what you accomplished during the day; not what you didn't get to), enhancing your social support network, setting realistic priorities so you don't become overwhelmed, and/or trying meditating and other relaxation practices like yoga or tai chi. Above all, if you're feeling overwhelmed for an extended period of time and nothing you do seems to help, seek advice from a health professional.

4 CREATE MORE HEALTHY SOCIAL CONNECTIONS studies show that our links to others through healthy relationships can increase our sense of well-being and, perhaps, may even help us live longer. These relationships, whether they are with our kids, spouses, other family members, and/or friends, form a vital support network for us. These should be reciprocal relationships that are there for you as you are there for them. You should

also seek to enhance your social circle by joining clubs or groups with similar interests as you, such as taking a class to learn something new, volunteering for a cause that has meaning for you, and traveling to connect with people outside your geographical area.

5 PRACTICE MINDFULNESS this ancient practice encourages you to get outside of your own head, your bubble, if you will, and take time to really observe and take in the world around you. Be present as you traverse through your day and resist the urge to be on "auto-pilot" whenever you can. Some exercises that can help you be more mindful include remembering to take some periods during the day to take some deep breaths, enjoy a stroll-in nature if at all possible, practice mindful eating by taking the time to let your brain experience not just the taste of foods, but also its texture and how it makes you feel, experience each bite, and listen to your body when it tells you, you're getting full.

6 DEAL WITH LOSS we all will experience the loss of a loved one sooner or later. When this happens it is essential that you practice self-care; eat well, get enough sleep, exercise, speak with caring friends, join a grief support group, refrain from making any major changes to your living situation or your job at this time, seek additional support through a therapist and/or physician, and by all means be patient with yourself. Give yourself the time you need to mourn; only you can decide how long that will be.





HEALTH & BEAUTY HEALTH

Sarcopenia, Part 2

WHAT YOU CAN DO RIGHT NOW TO MINIMIZE MUSCLE LOSS

By Lisa J. Gotto

Last month, we examined what sarcopenia is and what researchers are currently working on in the lab that may be the basis for alternative treatments and preventative therapies in the future. (Check *whatsupmag.com* for this article, if you missed it.)

Fortunately, we do know that when exercise and activity is continued on a regular, ongoing basis as we age, we can help mitigate significant muscle loss and decrease the possibility of the early onset of symptoms.

There are several tell-tale signs that sarcopenia is setting in and three basic forms of exercise you can employ to combat the condition.



SIGNS MUSCLE STRENGTH IS DIMINISHING

1. Feeling physically weaker over time. If carrying groceries, taking out the garbage, or carting the wash basket to the laundry room is getting tougher to do, that is a good indication that you are losing muscle
2. Showing less interest in being active
3. Reaching exhaustion quicker when doing an activity
4. Losing weight without trying to
5. Walking slower

If you are experiencing any of these symptoms, let your doctor know. He or she can help assess where you are on the muscle-loss spectrum and suggest the types of exercise that will work best for you considering your current health status and medical history.

3 WAYS TO FIGHT BACK

Losing muscle does not have to be a done deal. Remember the saying “strength in numbers.” Find a friend to work out with or get to a class or two each week. It’s also a good idea to seek the advice of a qualified fitness trainer who can make sure you are doing the exercises correctly and with proper body alignment.

RESISTANCE TRAINING

It’s time to use the force of gravity to get those muscles contracting, which is the basis for resistance training. This contraction is accomplished through external resistance using your own body weight, universal and free weights, or exercise bands. Examples of traditional exercises with weights include

bicep curls, bench presses, shoulder presses, and kettlebell swings. Push-ups, planks, chin-ups, and sit-ups are examples of resistance training without weights.

If you can commit to three sessions per week, you should start noticing improvement around the 12-week mark.

FITNESS TRAINING

Adding some fitness training, or sustained exercises that raise your heart rate, to your routine can also help keep sarcopenia in check. Enhanced results have been cited when aerobic activity is used in combination with resistance and flexibility training. Benefits were reportedly gained when the aerobic activity, such as running, cycling, or hiking, was initially added just 15 minutes a day, five days a week, with the most muscle-sustaining and enhancing benefits seen after increasing the aerobic activity to 45-minutes per session.

WALKING

Just put one foot in front of the other—and keep on going! This simple activity can help prevent and even reverse muscle loss. One study of more than 200 people in Japan aged 65 and over, found that muscle mass increased after six months of daily walking. Results were particularly notable in participants who were diagnosed with low muscle mass. So, grab your walking sneakers, find a scenic route, and get started. Aim to add 10 minutes to your route at regular intervals as your endurance builds and enjoy the benefits that maintaining muscle mass provides well into your future.

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Source: "What Can Neuroscience Tell Us About Why Print Magazine Advertising Works?" A White Paper from MPA-The Association of Magazine Media, Scott McDonald, Ph.D. Nomos Research, October 2015

MPA THE ASSOCIATION OF MAGAZINE MEDIA

A Decade's in the Making!

20 TIPS FOR A HEALTHY NEW YEAR

By Lisa J. Gotto

2020 has arrived! Can you believe it? A fresh, new decade is upon us and to make the most of it you are going to want to feel and be your healthy best. To help in that effort we have compiled a list of 20 things you can do right now to improve your quality of life into the decade ahead.

STOP VAPING. If the reports of hundreds of vaping-related illnesses and deaths haven't been enough to sufficiently scare you, the fact that we won't know what the long-term consequences of this practice will be, should. Needless to say, if cigarette smoking remains your vice of choice—QUIT!



ADD PLANTS TO YOUR HOME. The medicinal, environmental, and practical purposes alone make this a no-brainer. Make this the decade you start healing with natural plants like aloe vera, improve your home's environment by enhancing air quality with plants, and get cooking

with fresh herbs that you have grown in container or outdoor gardens.

GET YOUR HOME TESTED FOR LEAD, MOLD, ASBESTOS, AND RADON.

The air that we breathe is paramount. The presence of any of these elements in your home can severely affect your health. You can even perform some of these tests yourself, and websites like healthfinder.gov can also help your find resources for testing.

TRY A CEREBRAL WAY OF WORKING OUT: QI GONG.

Steeped in the centuries-old Chinese philosophy of combining movement of the body and the innerworkings of the mind, this practice of coordinated movements is used in combination with breath work and meditation to increase stamina, improve balance, and enhance circulation.



REMOVE PESTICIDES FROM YOUR HOME. By focusing on prevention, you can deter many common household insects like ants, roaches, and flying insects from getting into your home, bypassing the need for pesticides alto-

gether. Simple rules like, "Don't leave dirty dishes in the sink or anywhere else in the home," is a good place to start. Yes, teenagers, we're looking at you! Clean up all food residue after dining or preparing food. Just one jam-smearing knife left on a counter, can enlist an army of ants to infiltrate your kitchen. Be sure to keep food packages and storage containers tightly closed and check to make

sure any dubious cracks or entry points to your home are properly sealed so the crawling and insects flying insect stay outside where they belong.

REDUCE YOUR USE OF TEFLON. Pans with Teflon and other non-stick coatings contain Perfluorinated chemicals, or PFCs, which over time, can accumulate in the body. While there is currently nothing linking their use to cancer cases,

the FDA does say there is a known human carcinogen among those chemicals and recommends discretion when using these types of pans.



SWAP OUT YOUR TOXINS AT HOME. Cleaning your home is never fun and depending on what you're using to clean it can be dangerous to your health, as well. Swap the chemically-based toxic agents found in store-bought cleaners for more natural agents: vinegar instead of bleach; use hydrogen peroxide as a stain fighter; baking soda to clean tub and tile grout; and borax to control mold. Combining diluted lemon juice with vinegar is also a great window cleaner!



MAKE A COMMITMENT TO REDUCE YOUR SCREEN TIME. By now, there have been enough studies that show that too much screen time on mobile and other devices can lead to sleep problems, relationship issues, and psychological and social

disorders. Start by taking your kids' cell phones at dinner and silence your own. Practice the art of conversation with them.

ENGAGE YOUR BRAIN MORE.

It's not just about retaining your memory anymore. Engaging the brain so it is more agile can produce many benefits. An agile mind helps one elevate their experiences and live more resilient and happy lives. So how does one create mental agility? Changing things up in small ways can help. Taking a vacation or even a coffee break sometimes is enough to create a mind shift. Learn something new. Novelty aids mental flexibility and the act of learning contributes to brain growth. Purposeful spontaneity and being more mindful about words you use and how they can affect you is also useful. Substitute unnecessary negative words and phrases for ones that will better serve you.

FORGIVE SOMEONE. It is true that holding onto something that has hurt you in the past will continue to affect you in the future if it remains unresolved. While this is often not an easy process, the health benefits are worth making the effort. Experts say that people who can forgive exhibit lower levels of depression, anxiety, and hostility. They are also less likely to suffer from substance abuse, have higher self-esteem, and generally are more satisfied with life.



ENGAGE A PEN PAL. While the Internet has provided us with an array of cool communication tools over the last two decades, it has also flooded our inboxes with copious emails we never even open and has us banging into doors or worse, because we're trying to walk and text. Find one friend to strike up a letter-writing relationship with this year and get excited about opening your real mailbox again.

MAKE AN INVESTMENT IN YOUR EMOTIONAL HEALTH. (We provide a bunch of tools to get you started on page 145.



BUY A BICYCLE. And when you ride it, take some time to remember what this first real taste of personal freedom and conveyance felt like when you were a kid.

RECOGNIZE/REDUCE YOUR SALT INTAKE. Take a look at any processed food you are eating for its sodium count. Just a few of these foods per day can easily tip you over the recommended daily limit of 2,300 milligrams of salt per day. Restaurant meals are also notorious for high sodium content, so diner beware! Too much salt can lead to

high blood pressure, belly bloat, and down the road, it can lead to an increased risk of heart attack, stroke, kidney disease, and dementia. A good rule of thumb if you're watching your salt is not to add any extra to meals or recipes, buy low-sodium options whenever possible, and eat more whole foods.



LEARN TO BAKE BREAD, MAKE ICE CREAM, OR GROW A VEGETABLE FROM SCRATCH THIS YEAR. The satisfaction gleaned from this process alone might surprise you especially if you share the experience with family members and make a project of it. An added benefit? You know exactly where your food came from.

BECOME A MENTOR OR MENTEE. There is so much to be gained from these special relationships. While mentors are helping mentees to build self-esteem, provide career support, and explore best practices, mentees enable mentors to further identify and achieve their career goals, enhance confidence, and gain perspective on their own personal development. Once made, these bonds are often ones that are maintained for the long-term, as well, and it's always beneficial to know you have someone in your career corner.



COLLECT RAINWATER AND USE IT TO WATER YOUR NEW INDOOR PLANTS. This is pretty much self-explanatory; everyone and everything benefits, and it is one of the most basic of recycling practices.

SEE YOUR PHYSICIAN ABOUT ANY MAINTENANCE DRUGS YOU MAY BE ON.

Ensure that you actually still need to be taking the medications you're on, or see if you could perhaps be taking a smaller dose. While our physicians may write the scripts, our health is ultimately in our hands.

THROW OUT ANY ZANTAC OR ITS EQUIVALENT YOU HAVE IN YOUR HOME. In September of 2019, the FDA announced that there is an ingredient in the common heartburn drug, ranitidine, that can cause stomach cancer. It's a good idea to do a bathroom cabinet sweep to toss out any expired OTC meds at this time of year, as well.



ALLOW YOURSELF TO REMEMBER AND FEEL JOY. Spreading joy is not a bad idea either. That will help make this a happier New Year for sure!

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Products We Love

THIS MONTH'S PICKS FROM THE BEAUTY BUZZ TEAM

By Caley Breeze

Check out the latest and greatest hair, skin, makeup, and grooming products, reviewed by our Beauty Buzz team (and the occasional What's Up? staff member!)

For more reviews, visit us online at [WHATSUPMAG.COM](http://whatsupmag.com)



1.

"This product is a beautiful representation of an in-demand product meeting the needs of consumers, while also taking into account environmental concerns. This sunscreen is not at all drying and is suitable for even the most sensitive of skin types. Highly effective, sustainable, and responsible product." –Beauty Buzz Member Jillian Amodio, 29, Annapolis



1

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\$21/3.38 fl. oz.; \$32/6.76 fl. oz., lovesunbody.com

Just because it's January, doesn't mean you should skip the sunscreen! Protect your skin and the environment with this natural mineral sunscreen, rated by the Environmental Working Group as a low hazard product. The hydrating, sheer lotion absorbs quickly into skin, is water resistant for up to 80 minutes, and offers a matte finish.



2.

"What pleasantly surprised me was the fresh tingling sensation of the spearmint oil. Like sipping a cup of hot cocoa with schnapps inside the warmth of a cabin overlooking an alpine lake, this product provided an amazing cool and crisp, yet comforting and soothing, sensation. This is more of a 'treat yo' self' product that you may use after a long stressful week at work." –Beauty Buzz Member Conor Reynolds, 26, Baltimore



2

ANTARCTIC SEA MUD MASK WITH SPEARMINT OIL BY BLUE-BEARDS ORIGINAL
\$22/2 oz., bluebeardsoriginal.com

Sit back, relax, and refresh your skin with this once-weekly mud mask. Glycolic, lactic, citric, and ascorbic acids work together to exfoliate and shed dead skin cells, while spearmint oil and sea kelp increase blood circulation and clear up problem areas. Apply all over face and neck—avoiding the eye area—and let the mask set for 15 to 20 minutes. Rinse off gently with a warm washcloth.



3.

"Who knew? I finally found a product that really took away the puffiness under my eyes that I always wake up with! The activated charcoal really did the trick when it came to de-puffing my eyes. The mask felt so good when applied and it added moisture that I continued to feel throughout my day." –Beauty Buzz Member Terrie Boucher, 61, Crownsville

3

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Dining

154 REVIEW | 156 GUIDE

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LA SIERRA

DINING REVIEW

La Sierra... A Mexican Interpretation

By Rita Calvert
Photography by Stephen Buchanan

If it's chile peppers, corn, beans, cilantro, and all things tortilla-wrapped you're craving...enter La Sierra, a somewhat new authentic Mexican restaurant with roots in Queretaro, Mexico.

Adding to the Mexican authenticity, a group of young males (family, possibly?) of the country greeted us at the host station. We were immediately seated and a basket of chips and a small carafe of salsa were delivered. The salsa was poured into a small dipping bowl and then left on the table; a nice touch.

Catalina Landaverde takes the lead here with a strong restaurant background. She oversees the workings of La Sierra. Originally from Queretaro, Mexico, Landaverde and her four siblings own four authentic Mexican restaurants in the area: Queretaro and Mi Casita in Gambrills, Rinconcito in Odenton, and La Sierra in Annapolis. They created different names for each to stay away from the franchise mentality as Catalina feels people welcome independent family-owned eateries.

Located within a series of scattered cafes and retail sidling up to business complexes along Riva Road,

you have to drive within the complex to enter the front door of La Sierra, so keep your eye out for their signage. The crowds have found it however, and that night, there was a large party celebrating a birthday, while families poured in during the dinner hour.

We were happy to see the menu was heavy on avocado. Flavorful refried pinto beans are a must, as are intricate chile-based sauces. I had dined here before where Chile Rellenos were excellent—fluffy, with a light breading and an abundant oozing cheese stuffing. Spinach Enchiladas beckoned but I had sampled these lush corn-wrapped cheese/spinach parcels before and needed to continue exploring the menu. Enchiladas Poblanas were tempting: three chicken enchiladas topped with a dark mole poblano sauce. You don't see a lot of mole sauces in Annapolis-area restaurants, and that was a welcome item on the menu. The lunch menu offered two egg dishes, which could serve as brunch or lunch. Huevos Rancheros with fried eggs or Huevos con Chorizo with scrambled egg were a real value.

La Sierra is definitely serious about its Latin-based drink offerings with more than 100 tequilas on hand and the most creative margarita menu we've seen—nine variations, most quite different afield from the usual standards. There were a few with a jalapeño spin that the website list doesn't mention, so make sure to check when you are there. But on this sultry summer eve, my friend opted for the house-made



sangria. An icy thirst quencher with a pleasing balance between sweet and tart with a sprightly orange wedge. We declared it a truly adult sangria, mercifully free of the overly sweet versions common today. The extensive other beverage options need mention from nine flavors of Mexican soda along with American favorites, as many Mexican beers, as well as others, popular American mixed drinks, and a variety of wines. Definitely something for every imbibers' or teetotalers' taste.

My friend has said many times that she could survive well on a desert island, as long as there's a lime tree to make fresh ceviche. So, I knew that would be her appetizer pick. Bright and fresh with minced jalapeños and tomato, the dish sported several very fresh shrimp and hearty chunks of fish, served with crispy large blue corn tortilla rounds for scooping, a nice contrast with the flavorful yellow chips that we munched on while perusing the menu. She was very happy, albeit, those jalapeños were super hot!

I was pleased to find traditional Pozole soup on the menu. Pozole always contains hominy corn which has been processed to remove the germ and plump each kernel.



The version tonight had traditional pork (although some may use chicken). The rich pork broth is seasoned with a combination of herbs and spices majoring in oregano here, and it's served with a side salad of radishes, avocados, cilantro, diced jalapeño, and lime juice. A note of warning: The bits of chile pepper were also fiery hot!

We've seen some pretty hefty meat portions lately, but La Sierra takes first place with their carne asada beef. What word comes after behemoth? Now, "ribeye" prep from south of the border is wholly different than the steakhouse version, so be prepared. This is thinly sliced *horizontally*, and you may want to ratchet down your done-ness request—perhaps rare instead of medium rare to be sure it's to your liking. Two enormous slices of beef covered the hot platter along with sprightly grilled spring onions...including their large bulbs, novel cactus, and

check, more avocado, rice, and a rich version of refried beans. (You can opt for black beans instead.) Plus, a side basket of warm blue corn tortillas. No one could possibly go home hungry!

As with some of the other dinner specials, La Sierra has their own interpretation over new American style restaurants in Annapolis. The Pescado a La Mexicana I ordered revealed two thin filets of red snapper buried under a blanket of grilled onions and bell pepper strips. I asked for a side of salsa verde to sample more of their sauces. A platter of rice and beans was served on the side.

We were eyeing the sweet crispy churros for dessert, but with full doggie bags in hand, we had to stop ourselves!

Rita Calvert is a food style expert and writer exploring Regenerative Ag, farming, gardening, and the naturally gorgeous and wholesome. Her cookbook—*The Grassfed Gourmet Fires It Up!*—helps communicate what makes 100 percent grassfed superior.

Dining Guide

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100 Main Street, Annapolis; 410-626-1100; Buddyonline.com; Seafood; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Café Normandie

185 Main Street, Annapolis; 410-263-3382; Cafenormandie.com; French; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷

Castlebay Irish Pub

93 Main Street, Annapolis; 410-626-0165; Irish; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Chick & Ruth's Delly

165 Main Street, Annapolis; 410-269-6737; Chickandruths.com; American diner; breakfast, lunch, dinner, late-night \$ 🍷 🍷 🍷

City Dock Café

18 Market Space, Annapolis; 410-269-0961; Citydockcafe.com; American; coffee, light breakfast, baked goods \$ 🍷

Dock Street Bar & Grill

136 Dock Street, Annapolis; 410-268-7278; Dockstreetbar.net; American; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Dry 85

193 B Main Street, Annapolis; 443-214-5171; DRY85.com; American, lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Federal House Bar & Grille

22 Market Space, Annapolis; 410-268-2576; Federalhouserestaurant.com; American; lunch, dinner, Weekend brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Flamant

17 Annapolis Street, Annapolis; 410-267-0274; Flamantmd.com; European; dinner \$\$-\$\$\$

Fox's Den

179 B Main Street, Annapolis; 443-808-8991; Foxsden.com; American Craft Gastropub 🍷 🍷 🍷 🍷 🍷 🍷

Galway Bay Irish Restaurant & Pub

63 Maryland Avenue, Annapolis; 410-263-8333; Galwaybaymd.com; Irish; lunch, dinner, Sunday brunch \$ 🍷 🍷 🍷 🍷 🍷 🍷

Harry Brown's

66 State Circle, Annapolis; 410-263-4332; Harrybrownes.com; Modern American; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Harvest Wood Grill & Tap Room

26 Market Space, Annapolis; 410-280-8686; Harvestwoodgrill.com \$\$ 🍷

Iron Rooster

12 Market Space Annapolis; 410-990-1600; Ironroosterallday.com; American; all-day breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Joss Café & Sushi

195 Main Street, Annapolis; 410-263-4688; Jossushi.com; Japanese, sushi; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Latitude 38

12 Dock Street, Annapolis; 667-204-2282; Latitude38waterfront.com; American; lunch, dinner, Sunday brunch \$\$, 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Mason's Famous Lobster Rolls

188 Main Street, Annapolis; 410-280-2254; Masonslobster.com; Seafood; lunch, dinner \$

McGarvey's Saloon & Oyster Bar

8 Market Space, Annapolis; 410-263-5700; MCGarveysannapolis.com; American; lunch, dinner, late-night, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Middleton Tavern

2 Market Space, Annapolis; 410-263-3323; Middlontavern.com; American, seafood; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Mission BBQ

142 Dock Street, Annapolis; 443-221-4731; Mission-bbq.com; Barbecue; lunch, dinner \$\$ 🍷 🍷 🍷

O'Brien's Oyster Bar & Restaurant

113 Main Street, Annapolis; 410-268-6288; Obriensoysterbar.com; Seafood; lunch, dinner, late-night, brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

OB's Prime

111 Main Street, Annapolis; 410-269-1210; Obsprime.com; Steakhouse; dinner \$\$ 🍷 🍷 🍷 🍷

Osteria 177

177 Main Street, Annapolis; 410-267-7700; Osteria177.com; Italian; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Preserve

164 Main Street, Annapolis, 443-598-6920; Preserve-eats.com; Seasonal farm to table restaurant; brunch, lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Pusser's Caribbean Grille

80 Compromise Street, Annapolis; 410-626-0004; Pussersusa.com; Caribbean, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Red Red Wine Bar

189B Main Street, Annapolis; 410-990-1144; Redredwinebar.com; Wine bar; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷

Reynolds Tavern

7 Church Circle, Annapolis; 410-295-9555; Reynoldstavern.org; International; lunch, dinner, afternoon tea \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Sakura Café

105 Main Street, Annapolis; 410-263-0785; Annapolissakuracafe.com; Japanese; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Sofi's Crepes

1 Craig Street, Annapolis; 410-990-0929; Sofiscrepes.com; Sweet and savory crepes \$

Vida Taco Bar

200 Main Street, Annapolis; 443-837-6521; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ 🍷 🍷

Upper Annapolis

49 West, Coffeebar, Winebar & Gallery

49 West Street, Annapolis; 410-626-9796; 49westcoffeehouse.com; American, coffeehouse; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Azure

100 Westgate Circle, Annapolis; 410-972-4365; Azureannapolis.com; Modern American; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Carpaccio Tuscan Kitchen & Wine Bar

1 Park Place, Annapolis; 410-268-6569; Carpaciotuscankitchen.com; Italian; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Chesapeake Brewing Co.

114 West Street, Annapolis; 410-268-0000; Chesbrewco.com; Seafood bar & grill; lunch, dinner, Weekend brunch \$\$ 🍷 🍷 🍷 🍷

El Toro Bravo

50 West Street, Annapolis; 410-267-5949; Mexican; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Fado Irish Pub

1 Park Place #7, Annapolis; 410-626-0069; Fadoirishpub.com/annapolis; Irish; lunch, dinner, late-night, Sunday brunch \$ 🍷 🍷 🍷 🍷 🍷 🍷

Lemongrass

167 West Street, Annapolis; 410-280-0086; Lemongrassannapolis.com; Thai; lunch, dinner \$ 🍷 🍷 🍷 🍷

Level Small Plates Lounge

69 West Street, Annapolis; 410-268-0003; Lannapolis.com; Modern American, tapas; dinner, late-night \$ 🍷 🍷 🍷 🍷 🍷 🍷

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Light House Bistro

202 West Street, Annapolis; 410-424-0922; Lighthousebistro.org; American; breakfast, lunch, dinner, weekend brunch \$ Y 🍷

Luna Blu

36 West Street, Annapolis; 410-267-9950; Lunablufannapolis.com; Italian; lunch, dinner \$\$ 🍷 Y

Metropolitan Kitchen & Lounge

175 West Street, Annapolis; 410-280-5160; Metropolitanannapolis.com; Modern American; breakfast, lunch, dinner, late-night \$\$ 🍷 Y 🍷 🍷 🍷 🍷

Miss Shirley's Café

1 Park Place, Annapolis; 410-268-5171; MissShirleys.com; Southern American; breakfast, brunch, lunch \$ Y 🍷 🍷 🍷 🍷 🍷

Rams Head Tavern

33 West Street, Annapolis; 410-268-4545; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$ Y 🍷 🍷 🍷 🍷

Sailor Oyster Bar

196 West Street, Annapolis; 410-571-5449; Sailoroysterbar.com; American grill, seafood, cocktails; weekend lunch, dinner \$\$ Y 🍷

Stan & Joe's Saloon

37 West Street, Annapolis; 410-263-1993; Stanandjoessaloon.com; American; lunch, dinner, late-night, Sunday brunch \$ Y 🍷 🍷 🍷

Tsunami

51 West Street, Annapolis; 410-990-9868; Tsunamiannapolis.com; Fusion, sushi; lunch, dinner, late-night \$\$ Y 🍷 🍷 🍷 🍷

Greater Annapolis

Basmati

2444 Solomons Island Road, Annapolis; 410-266-6355; Basmatiofannapolis.com; Indian; lunch, dinner \$\$ 🍷 Y 🍷 🍷 🍷

Bean Rush Café

1015 Generals Highway, Crownsville; 410-923-1546; Beanrushcafe.com; Coffee, baked goods, sandwiches; breakfast, lunch \$

Blue Rooster Café

1372 Cape St. Claire Road, Annapolis; 410-757-5232; GoToRoosters.com; Modern American; breakfast, lunch, dinner \$\$ Y 🍷 🍷

Brio Tuscan Grille

305 Sail Place, Annapolis; 410-571-5660; Brioitalian.com; Italian; lunch, dinner, Sunday brunch \$\$ 🍷 Y 🍷 🍷 🍷 🍷

The Brass Tap

2002 Annapolis Mall Road, Annapolis; 833-901-2337; Brasstap-beerbar.com; American; lunch, dinner \$ Y 🍷 🍷

Broadneck Grill & Cantina

1364 Cape St Claire Road, Annapolis; 410-757-0002; Broadneckgrill.com; Contemporary American and Mexican Cuisine; serve breakfast Saturday and Sunday; lunch, dinner \$\$ Y 🍷 🍷 🍷

Bruster's Real Ice Cream

1409 Forest Drive, Annapolis; 410-295-0025; Brustersannapolis.com; Dessert \$ 🍷 🍷

Buffalo Wild Wings

2337-A Forest Drive, Annapolis; 410-573-0331; Buffalowildwings.com; American; lunch, dinner \$ Y 🍷

Cantler's Riverside Inn

458 Forest Beach Road, Annapolis; 410-757-1311; Cantlers.com; Crabs, seafood; lunch, dinner \$\$ Y 🍷 🍷 🍷 🍷

The Canton Restaurant

11 Ridgely Avenue, Annapolis; 410-280-8658; Cantonannapolis.com; Chinese; lunch, Dinner \$ Y 🍷

Cooper's Hawk

1906 Towne Centre Blvd, Annapolis; 443-837-9989; Chwinery.com; American; lunch, dinner \$\$ Y 🍷

Chevys Fresh Mex

2436 Solomons Island Rd, Annapolis; 410-573-4932; Chevysannapolis.com; Mexican; lunch, dinner, brunch \$\$ 🍷 Y 🍷 🍷

Chris' Charcoal Pit

1946 West Street, Annapolis; 410-266-5200; Chrischarcoalpit.com; Greek; lunch, dinner \$ Y 🍷 🍷

Chuy's

2339 Forest Drive, Annapolis; 512-473-2783; Chuys.com; Mexican; lunch, dinner \$-\$\$ Y 🍷

Double T Diner

12 Defense Street, Annapolis; 410-571-9070; DoubleTdiner.com; American diner; breakfast, lunch, dinner, late-night \$\$ Y 🍷

Eggcellence

2625 Housley Road, Annapolis; 410-573-9503; Eggcellence-brunchery.com; American; breakfast, lunch \$ 🍷

Evelyn's

26 Annapolis St, Annapolis; 410-263-4794; Evelynsannapolis.com; American; breakfast, brunch, lunch, happy hour \$\$ Y 🍷 🍷

Giolitti Delicatessen

2068 Somerville Road, Annapolis; 410-266-8600; Giolittideli.com; Delicatessen; lunch, dinner \$ Y 🍷 🍷

Gordon Biersch

1906 Towne Centre Boulevard, Ste. 155, Annapolis; 410-266-5965; Gordonbiersch.com; American; lunch, dinner \$\$ 🍷 Y 🍷 🍷

Grapes Wine Bar

1410 Forest Drive, Annapolis; 410-571-5378; Grapeswinebarannapolis.com; Mediterranean; lunch (Sat. only), dinner \$\$ Y 🍷

The Greene Turtle

177 Jennifer Road, Annapolis; 410-266-7474; Greenturtle.com; American, sports bar; lunch, dinner \$ Y 🍷 🍷 🍷

Herald Harbor Hideaway

400 Herald Harbor Road, Crownsville; 410-923-4433; Herald-harborhideaway.com; American; lunch, dinner \$ Y 🍷 🍷

Heroes Pub

1 Riverview Avenue, Annapolis; 410-573-1996; Heroespub.com; American, sports bar; lunch, dinner \$\$ Y 🍷 🍷

Italian Market & Restaurant

126 Defense Highway, Annapolis; 410-224-1330; Theitalianmarket.com; Italian; lunch, dinner \$ Y 🍷

Jalapeños

85 Forest Plaza, Annapolis; 410-266-7580; Jalapeñosonline.com; Spanish, Mexican; lunch, dinner \$\$ 🍷 Y 🍷 🍷

La Sierra

2625 Riva Road, Annapolis; 410-573-2961; Lasierrestaurantinc.com; Mexican; lunch, dinner \$\$ 🍷 Y

Lebanese Taverna Café

2335 Forest Drive Ste. 46A, Annapolis; 410-897-1111; Lebanesetaverna.com; Middle Eastern; lunch, dinner \$ Y 🍷 🍷

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Lemongrass Too

2625-A Housley Road, Annapolis; 410-224-8424; Lemongrassannapolis.com; Thai; lunch, dinner \$ \$ 🍷 🍴 🐾

Les Folies Brasserie

2552 Riva Road, Annapolis; 410-573-0970; Lesfoliesbrasserie.com; French; lunch, dinner \$ \$ 🍷 🍴

Lures

1397 Generals Highway, Crownsville; 410-923-1606; Luresbarandgrille.com; American grill, seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍷 🍴 🍷 🍴

Ledo Pizza

505 S. Cherry Grove Avenue, Annapolis; 410-295-3030; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍷 🍴 🐾

Maggiano's Little Italy

2100 Annapolis Mall Road, Ste. 1200, Annapolis; 410-266-3584; Italian; lunch, dinner, Saturday and Sunday brunch \$ \$ 🍷 🍴

The Melting Pot

2348 Solomons Island Road, Annapolis; 410-266-8004; Meltingpot.com; Fondue; dinner \$ \$ 🍷 🍴

Mi Lindo Cancún Grill

2134 Forest Drive, Annapolis; 410-571-0500; Lindocancungrill.com; Mexican; breakfast, lunch, dinner \$ 🍷 🍴

Mission BBQ

2101 Somerville Road, Annapolis; 443-569-4700; Mission-bbq.com; Barbecue; lunch, dinner \$ \$ 🍷 🍴

Newk's Eatery

2077 Somerville Rd. Suite 150, Annapolis; 410-934-7000; Newk's.com; Sandwiches, soups, salads, pizza; lunch, dinner \$ 🍷 🍴 🐾

Paladar Latin

Kitchen & Rum Bar
1905 Towne Centre Boulevard, Ste. 100, Annapolis; 410-897-1022; Paladarlatinkitchen.com; Latin American; lunch, dinner, late-night, Weekend brunch \$ \$ 🍷 🍴 🍷 🍴

Paul's Homewood Café

919 West Street, Annapolis; 410-267-7891; Paulshomewoodcafe.com; Mediterranean; lunch, dinner, brunch \$ \$ 🍷 🍴 🍷 🍴 🐾

Pasticcio Fresh Italian Kitchen

150-F Jennifer Road, Annapolis; 443-949-0608; Pasticcioannapolis.com; Italian; lunch, dinner \$ \$ 🍷 🍴 🐾

Ports of Call

210 Holiday Court, Annapolis; 410-573-1350; Doubletreeannapolis.com; Modern American; breakfast, lunch, dinner \$ \$ 🍴

Rams Head Roadhouse

1773 Generals Highway, Annapolis; 410-849-8058; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$ \$ 🍷 🍴 🍷 🍴 🐾

Red, Hot & Blue

200 Old Mill Bottom Road, Annapolis; 410-626-7427; Redhotandblue.com; Barbecue; lunch, dinner \$ 🍴 🍷

Riverbay Roadhouse

1374 Cape St Claire Road, Annapolis; 410-757-2919; Riverbay-roadhouse.com; Steak, seafood; breakfast, lunch, dinner \$ \$ 🍷 🍴 🍷 🍴

Royal Karma

302 Harry S. Truman Pkwy, Suite K, Annapolis; 410-266-5006; Indianfoodannapolis.com; Indian; Lunch buffet, dinner \$ \$ 🍷 🍴 🍷 🍴

Sakura Japanese Steak & Seafood House

2625 Housley Road, Annapolis; 410-573-0006; Sakurasteakhouse.com; Japanese; lunch, dinner \$ \$ 🍷 🍴

Sam's on the Waterfront

2020 Chesapeake Harbour Drive East, Annapolis; 410-263-3600; Samsonthewaterfront.com; Modern American; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍷 🍴 🍷 🍴

Sandy Pony Donuts

1901 Towne Centre Blvd., Ste 130, Annapolis; 301-873-3272; Sandyponydonut.com; Breakfast \$ 🍷

Seafood Palace Buffet

81 Forest Plaza A, Annapolis; 410-216-2186; Seafoodpalacebuffet.com; American, Japanese, Seafood; lunch, dinner \$ 🍷

Seyvern Inn

1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; Seyvernn.com; Seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍷 🍴

Sin Fronteras

2129 Forest Drive, Annapolis; 410-266-0013; Sinfronterascasafe.com; Mexican; lunch, dinner, Saturday and Sunday breakfast \$ \$ 🍷 🍴 🍷 🍴

Soul

509 S. Cherry Grove Avenue, Annapolis; 410-267-6191; Soulannapolis.com; Southern-inspired small plates; lunch, dinner, Saturday & Sunday brunch \$ \$ 🍷

Stoney River

Legendary Steaks
2190 Annapolis Mall, Annapolis; 410-224-8312; Stoneyriver.com; Steakhouse; lunch, dinner \$ \$ 🍷 🍴

Union Jack's

2072 Somerville Road, Annapolis; 410-266-5681; Union-jacksannapolis.com; British-style pub; lunch, dinner, Sunday brunch \$ \$ 🍴 🍷 🍴

Ziki Japanese Steakhouse

1906 Towne Center Boulevard, Ste. 4250, Annapolis; 410-224-6598; Zikisteakhouse.com; Japanese, sushi; lunch, dinner \$ \$ 🍷 🍴 🍷 🍴

Zoe's Kitchen

1901 Towne Center Boulevard, Ste. 105, Annapolis; 410-266-7284; Zoeskitchen.com; Casual Mediterranean Lunch, dinner \$ 🍷 🍴 🍷 🍴

Eastport / Bayridge

Adam's Taphouse and Grill

921C Chesapeake Avenue, Annapolis; 410-267-0064; Adams-grilleannapolis.com; Barbecue; lunch, dinner \$ \$ 🍴 🍷

Annapolis Smokehouse & Tavern

107 Hillsmere Drive, Annapolis; 410-571-5073; Annapolissmokehouse.com; American BBQ; lunch, dinner, catering, Weekend brunch \$ \$ 🍷 🍴 🍷 🍴 🍷 🍴

Bakers & Co.

618 Chesapeake Avenue, Annapolis; 410-280-1119; Bakersandco.com; Bakery, café; Breakfast \$

Blackwall Hitch

400 6th Street, Annapolis; 410-263-3454; Theblackwallhitch.com; Upscale-casual New American restaurant; brunch, lunch, dinner, late-night \$ \$ 🍴 🍷 🍴 🍷 🍴

Boatyard Bar & Grill

400 Fourth Street, Annapolis; 410-216-6206; Boatyardbarandgrill.com; American, seafood; breakfast, lunch, dinner \$ \$ 🍴 🍷 🍴 🍷 🍴

Bread and Butter Kitchen

303 Second Street, Ste. A, Annapolis; 410-202-8680; Breadandbutterkitchen.com; American; breakfast, lunch \$ 🍷

Caliente Grill

907 Bay Ridge Road, Annapolis; 410-626-1444; Calientergrillannapolis.com; Latin; lunch, dinner \$ \$ 🍴 🍷

Carrol's Creek

410 Severn Avenue, Annapolis; 410-263-8102; Carrolscreek.com; Seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍷 🍴

Chart House

300 Second Street, Annapolis; 410-268-7166; Chart-house.com; Seafood; dinner, Sunday brunch \$ \$ 🍷 🍴 🍷 🍴

Davis' Pub

400 Chester Avenue, Annapolis; 410-268-7432; Davispub.com; American; lunch, dinner, late night \$ 🍴 🍷 🍴 🍷

Eastport Kitchen

923 Chesapeake Avenue, Annapolis; 410-990-0000; Eastportkitchen.com; American; breakfast, lunch, dinner \$ \$ 🍷

Grump's Café

117 Hillsmere Drive, Annapolis; 410-267-0229; Grumpscafe.com; American; breakfast, lunch, dinner \$ 🍴 🍷

Jack's Fortune

960 Bay Ridge Road, Annapolis; 410-267-7731; Jackfortune1.com; Chinese; lunch, dinner \$ 🍴 🍷 🍴 🍷

Lewnes' Steakhouse

401 Fourth Street, Annapolis; 410-263-1617; Lewnessteakhouse.com; Steakhouse, seafood; dinner \$ \$ \$ 🍷 🍴 🍷 🍴

Main & Market

914 Bay Ridge Road, Annapolis; 410-626-0388; Mainandmarket.com; Farm-to-table; breakfast, lunch, dinner \$ \$ 🍴 🍷 🍴 🍷

O'Leary's Seafood Restaurant

310 Third Street, Annapolis; 410-263-0884; Olearysseafood.com; Seafood; dinner, Sunday brunch \$ \$ \$ 🍷 🍴 🍷 🍴

Rocco's Pizzeria

954 Bay Ridge Road, Annapolis; 410-263-9444; Roccospizzashop.com; Pizza; lunch, dinner \$ 🍴 🍷 🍴 🍷

Ruth's Chris

301 Severn Avenue, Annapolis; 410-990-0033; Ruthschris-Annapolis.com; Steakhouse; dinner \$ \$ \$ 🍷 🍴 🍷 🍴

Sammy's Pizza Kitchen

1007 Bay Ridge Ave, Annapolis; 410-990-9800; Sammyspizzakitchen.com; Italian; lunch, dinner \$-\$ \$ 🍷

Vin 909 WineCafe

909 Bay Ridge Avenue, Annapolis; 410-990-1846; Vin909.com; Farm-to-table; lunch, dinner \$\$ 🍷 🌟 🍷

Edgewater / South County

Adam's Taphouse and Grille

169 Mayo Road, Edgewater; 410-956-2995; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$\$ 🍷 🍷

All American Steakhouse

139 Mitchells Chance Road, Edgewater; 410-956-4494; Thealamericansteakhouse.com; American; lunch, dinner \$\$ 🍷

Bayside Inn

1246 Mayo Road, Edgewater; 410-956-2722; American, Seafood; breakfast, lunch, dinner \$\$ 🍷 🍷 🌟

Bella Sera

9 Lee Airpark Drive, Edgewater; 410-956-8555; Bellasera-tasteofitaly.com; Italian; lunch, dinner \$ 🍷

Broadneck Grill & Cantina

74 Central Avenue West, Edgewater; 410-956-3366; Broadneck-grill.com; American and Mexican Cuisine; lunch, dinner \$ 🍷 📞 🍷 🎵 🍷

The Bistro at South River

3451 Solomons Island Road, Edgewater; 410-798-5865; Golfclubsr.com; Modern American; breakfast, lunch, dinner \$\$ 🍷 🌟

Chad's BBQ

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com; Authentic smoked barbecue; lunch, dinner \$ 🍷 🍷 🌟 🐾

Pier Oyster Bar

48 South River Road, Edgewater; 443-837-6057; Coconutjoesusa.com; Caribbean; lunch, dinner, late-night \$\$ 🍷 🍷 🌟 🌟

Edgewater Restaurant

148 Mayo Road, Edgewater; 410-956-3202; Edgewaterrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍷

Fuji Steakhouse

169 Mitchells Chance Road, Edgewater; 410-956-8898; Fujisteakhousemd.com; Japanese; lunch, dinner \$\$ 📞 🍷 🍷



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3 Lee Airpark Drive,
Edgewater; 443-808-
8880; Glorydaysgrill.com;
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bar; lunch, dinner
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The Greene Turtle
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Road, Ste. A, Edge-
water; 410-956-1144
; Greeneturtle.com;
American Lunch, dinner,
late-night \$ **Y** **🍷** **🎵**

Happy Harbor
533 Deale Road, Deale;
410-867-0949; Happyharbordeale.com;
American; lunch, din-
ner \$ **Y** **🍷** **🎵**

**Harvest Thyme Modern
Kitchen & Tavern**
1251 West Central Ave,
Davidsonville; 443-
203-6846; [Harvest-
thymetavern.com](http://Harvest-thymetavern.com);
American; lunch, happy
hour, dinner \$ **Y**

Hispa Restaurant
183 Mayo Road, Edge-
water; 410-956-7205;
Latin American; break-
fast, lunch, dinner \$

Killarney House
584 West Central Av-
enue, Davidsonville;
410-798-8700; [Killar-
neyhousepub.com](http://Killarneyhousepub.com);
Irish; lunch, dinner,
late-night \$\$ **🍷** **Y** **🍷**
* **🎵**

Ledo Pizza
3072 Solomons Island
Road, Edgewater; 410-
956-6700; Ledopizza.com;
Pizza, pasta, sand-
wiches; lunch, dinner
\$\$ **🍷** **👑**

M Thai Restaurant
181 Mitchells Chance
Road, Edgewater; 410-
956-0952; Thai; lunch,
dinner \$

Mike's Bar & Crab House
3030 Riva Road,
Riva; 410-956-2784;
Mikescrabhouse.com;
Seafood; lunch, dinner,
late-night \$\$ **🍷** **Y** **🍷**
🍷 * **🎵**

**Nova Sushi Bar and
Asian Fusion**
3257 Solomons Island
Road, Edgewater; 410-
956-5326; Novasushi.com;
Sushi, lunch, din-
ner \$-\$\$

Old Stein Inn
1143 Central Avenue,
Edgewater; 410-798-
6807; Oldstein-inn.com;
German; dinner \$\$ **Y**
🍷 * **🎵** **👑**

**Petie Greens Bar
and Grill**
6103 Drum Point Road,
Deale; 410-867-1488;
Petiegreens.com \$\$ **🍷** **Y**
🍷 **🍷** * **🎵**

Pirate's Cove
4817 Riverside Drive,
Galesville; 410-867-
2300; Piratescovemd.com;
Seafood; breakfast,
lunch, dinner, Sunday
brunch \$\$ **🍷** **Y** **🍷**
🍷 * **🎵**

Plazuelas
3029 Solomons Island
Road, Edgewater; 410-
956-0080; Mexican;
lunch, dinner \$

Rod N Reel Restaurant
4165 Mears Avenue,
Chesapeake Beach;
410-257-2735; [Chesa-
peakebeachresortspa.com](http://Chesapeakebeachresortspa.com);
Seafood; breakfast,
lunch, dinner \$\$ **🍷** **Y**
🍷 **🍷** *

Saigon Palace
10 Mayo Road, Edgewa-
ter; 410-956-0505; Viet-
namese; lunch, dinner
\$ **Y** **🍷**

**Skipper's Pier
Restaurant & Dock Bar**
6158 Drum Point Road,
Deale; 410-867-7110;
Skipperspier.com; Sea-
food; dinner \$\$ **🍷** *

South County Café
5690 Deale Churchton
Road, Deale; 410-
867-6450; American;
breakfast, lunch, dinner
\$\$ **🍷**

**Stan & Joe's
Saloon South**
173 Mitchells Chance
Road, Edgewater; 443-
837-6126; [Stanandjoes-
saloon.com](http://Stanandjoes-saloon.com); American;
lunch, dinner, late-night
\$ **Y** **🍷** * **🎵** **🐾**

S & J Riverside
4851 Riverside Drive,
Galesville; 410-867-
7200; Seafood; lunch,
dinner \$\$ **Y** **🍷** **🍷** *

**Yellowfin Steak &
Fish House**
2840 Solomons Island
Road, Edgewater; 410-
573-1333; [Yellowfin-
restaurant.com](http://Yellowfin-restaurant.com); Steak,
seafood; lunch, dinner,
Sunday brunch \$\$ **🍷** **Y**
🍷 * **👑**

**Arnold /
Severna
Park /
Pasadena
& Beyond**

Adam's Ribs
589 Baltimore Annapo-
lis Boulevard, Severna
Park; 410-647-5757;
Adamsribs.com; Bar-
becue; lunch, dinner
\$\$ **Y** **🍷**

Ashling Kitchen & Bar
1286 Route 3 South
Ste. 3, Crofton; 443-
332-6100; Ashlingco.com;
lunch, dinner \$\$ **Y**

Bella Italia
1460 Ritchie Highway,
Arnold; 410-757-3373;
Bellaitaliaarnold.com;
Italian; lunch, dinner
\$ **Y** **🍷**

Blackwall Barn & Lodge
329 Gambrills Road,
Gambrills; 410-317-
2276; Barnandlodge.com;
American; lunch, din-
ner, weekend
brunch \$\$ **🍷** **Y** **🍷** **👑**

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Brian Boru Restaurant & Pub

489 Ritchie Highway, Severna Park; 410-975-2678; Brianborupub.com; Irish; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍴 *

Café Bretton

849 Baltimore Annapolis; Boulevard, Severna Park; 410-647-8222; Cafe-bretton.com; French; dinner \$\$

Café Mezzanotte

760 Ritchie Highway, Severna Park; 410-647-1100; Cafemezz.com; Italian; lunch, dinner \$\$ ☎ 🍷 🍴 *

Donnelly's Dockside

1050 Deep Creek Avenue, Arnold; 410-757-4045; Donnellys-dockside.com; Seafood; lunch, dinner \$\$ 🍷 🍴 🍴 🍴

Founders Tavern & Grille

8125 Ritchie Highway, Pasadena; 410-544-0076; Founders-tavernandgrille.com; American; lunch, dinner \$ ☎ 🍷 🍴

Gina's Cafe

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascafemikes; Southwestern, Vegetarian; lunch, dinner \$\$

La Posta Pizzeria

513 Baltimore Annapolis Blvd., Severna Park; 443-906-2840; Lapos-tapizzeria.com; Italian; lunch, dinner \$-\$

Ledo Pizza

552 Ritchie Highway, Severna Park; 410-544-3344; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$ 🍷 🍴

Lemongrass Arnold

959 Ritchie Highway, Arnold; 410-518-6990; Lemongrassannapolis.com; Thai; lunch, happy hour, dinner \$ 🍷 🍴

Mamma Angela's

2225-A Defense Highway, Crofton; 443-584-4038; Mammaas.com; Italian; lunch, dinner \$-\$ 🍷 🍴

Mi Pueblo II

554-A Ritchie Highway, Severna Park; 410-544-4101; Mipueblo2.com; Mexican; lunch, dinner \$ 🍷 🍴

Mother's Peninsula Grill

969 Ritchie Highway, Arnold; 410-975-5950; Mothersgrille.com; American, seafood; lunch, dinner \$\$ 🍷 🍴 🍴 🍴

O'Loughlin's Restaurant

1258 Bay Dale Drive, Arnold; 410-349-0200; Oloughlinspub.com; American; lunch, dinner, late-night \$\$ 🍷 🍴 🍴 🍴

Park Tavern

580 Ritchie Highway, Severna Park; 410-793-5930; Parktavernsp.com; American; lunch, dinner \$\$ 🍷 🍴

Pascal's Chophouse

139 Ritchie Highway, Suite A, Severna Park; 410-647-8216; Pascalschophouse.com; Farm-to-table, USDA prime steaks; happy hour, dinner \$\$ ☎ 🍷 🍴 *

The Point Crab House & Grill

700 Mill Creek Road, Arnold; 410-544-5448; Thepointcrabhouse.com; Casual contemporary American Seafood restaurant; brunch, lunch, dinner \$\$ 🍷 🍴 🍴 🍴

Rico's Tacos and Tequila Bar

1266 Bay Dale Drive, Arnold; 410-571-3466; Ricostacos.co; Mexican; lunch, dinner, weekend brunch \$ ☎ 🍷 🍴

Rips Country Inn

3809 N. Crain Highway, Bowie; 301-805-5900; Ripscountryinn.com; Rustic country cooking and Chesapeake eats; breakfast, lunch, dinner \$\$ 🍷 🍴

Romilo's Restaurant

478-A Ritchie Highway, Severna Park; 410-544-6188; Romilosrestaurant.com; Greek; lunch, dinner \$\$ 🍷 🍴

Severna Park Taphouse

58 W. Earleigh Heights Road, Severna Park; 410-793-5759; Severnaparktaphouse.com; American, sports bar; dinner \$ 🍷 🍴

Sin Fronteras

7700 Ritchie Highway, Glen Burnie, 410-424-2022, Sinfronterascfe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$ 🍷 🍴

Twains Tavern

8359 Baltimore Annapolis; Boulevard, Pasadena; 410-647-5200; Twainstavern.com; American, sports bar; dinner \$ 🍷 🍴 🍴

Vida Taco Bar

541 Baltimore Annapolis Blvd, Severna Park; 410-544-2300; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ 🍷 🍴

Regional

Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; brunch, dinner \$\$ ☎ 🍷 🍴

Hemingway's Restaurant

357 Pier 1 Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com; Seafood; lunch, dinner \$\$ ☎ 🍷 🍴 🍴 🍴 *

The Island Hideaway

14556 Solomons Island Road S, Solomons; 410-449-6382; Theislandhideawaysolomons.com; American; lunch, dinner ☎ 🍷 🍴 🍴 *

Knoxie's Table

180 Pier 1 Road, Stevensville; 410-249-5777; Baybeachclub.com; American; dinner, weekend brunch ☎ 🍷 🍴

Mason's - Redux 2017

22 South Harrison Street, Easton; 410-822-3204; Masonsredux.com; Modern American; lunch, dinner, Sunday brunch \$-\$ ☎ 🍷 🍴 *

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January Calendar

(F) FAMILY EVENTS (C) CHARITY EVENTS (TIX) AVAILABLE AT WHATSUPTIX.COM

Advertisers listed in red What's Up? Tix event listed in blue

↓ Take a ride on an emotional journey, behind all of the cameras, into the other side of Martin Luther King, Jr. Experience his church, his family, his home, and his hang out spots through an imagining of historical events in his life in *The Other Side of the King: The Musical*. Written & Directed by Kevin Smith, this musical makes its world debut at Maryland Hall for the Creative Arts in Annapolis on January 15 at 7 p.m. The event is free and open to the public, but advanced registration is required. Marylandhall.org.



Wednesday

1

SPECIAL EVENTS & MONTH-LONG EXHIBITIONS

Lights on the Bay at Sandy Point State Park, Annapolis. 5 p.m. This is the last day to attend. 410-268-4388. Lightsonthebay.org (F)

Nativity Scenes From Around The World at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. Cambridgehousebandb.com (F)

New Year's Day Brunch at Knoxville's Table at Knoxville's Table at The Inn, Stevensville. 9 a.m. 443-249-5777. Bay-beachclub.com/happenings

Weekly Fine Art Classes at Chesapeake Fine Art Studio, Stevensville. 10 a.m. Other days/times vary; all month long. 410-200-8019. Chesapeakefineartstudio.com/weekly-classes

First Day Hike at the Harriet Tubman Underground Railroad State Park & Visitor Center, Church Creek. 10 a.m. Registration is required. E-mail Ranger Angela Crenshaw (angela.crenshaw@maryland.gov) to register and for information about the event.

On Land and On Sea at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through March 1, 2020. 410-745-2916. Cbmm.org

Bodyphones and Jivadan Raga at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through May 31, 2020. 410-822-2787. Academyartmuseum.org

Section 14: The Other Palm Springs at The National Museum of the American Indian, D.C. 10 a.m.-5:30 p.m. daily. Now through January 2020. 202-633-1000. Americanindian.si.edu

Votes for Women: A Portrait of Persistence at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through January 5, 2020. 202-633-8300. Npg.si.edu

Rise Up: Stonewall and the LGBTQ Rights Movement at Newseum, D.C. 9 a.m.-5 p.m. (Mon.-Sat.), 10 a.m.-5 p.m. (Sun.). Now through January 5, 2020. 202-292-6100. Newseum.org

David H. Koch Hall of Fossils - Deep Time at National Museum of Natural History, D.C. 10 a.m.-5:30 p.m. daily. 202-633-1000. Naturalhistory.si.edu

Women of Progress: Early Camera Portraits at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through May 31, 2020. 202-633-8300. Npg.si.edu

Illegal to be You: Gay History Beyond Stonewall at National Museum of American History, D.C. 10 a.m.-5:30 p.m. daily. Now through 2020. 202-633-1000. Americanhistory.si.edu

One Life: Marian Anderson at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through May 17, 2020. Free. 202-633-8300. Npg.si.edu

By the Light of the Silvery Moon: A Century of Lunar Photographs to Apollo 11 at National Gallery of Art, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 11 a.m.-6 p.m. (Sun.). Now through January 5, 2020. Nga.gov

Verrocchio: Sculptor and Painter of Renaissance Florence at National Gallery of Art, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 11 a.m.-6 p.m. (Sun.). Now through January 12, 2020. Nga.gov

Judy Chicago-The End: A Meditation on Death and Extinction at National Museum of Women in the Arts, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through January 20, 2020. 202-783-5000. Nmwa.org

Live Dangerously at National Museum of Women in the Arts, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through January 20, 2020. 202-783-5000. Nmwa.org

Lee Ufan: Open Dimension at Hirshhorn Museum, D.C. 10 a.m.-5:30 p.m. daily. Now through September 13, 2020. 202-633-1000. Hirshhorn.si.edu

Elephants and Us: Considering Extinction at National Museum of American History, D.C. 10 a.m.-5:30 p.m. daily. 202-633-1000. Americanhistory.si.edu

Women Artists of the Dutch Golden Age at National Museum of Women in the Arts, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through January 5, 2020. 202-783-5000. Nmwa.org

Picturing the American Buffalo: George Catlin and Modern Native American Artists at Smithsonian American Art Museum, D.C. 11:30 a.m.-7 p.m. daily. Now through April 12, 2020. 202-633-7970. Americanart.si.edu

Alonso Berruguete: First Sculptor of Renaissance Spain at National Gallery of Art, D.C. 10 a.m.-5 p.m. (Mon.-Sat.), 11 a.m.-6 p.m. (Sun.). Now through February 17, 2020. Nga.gov

Pat Steir at Hirshhorn Museum, D.C. 10 a.m.-5:30 p.m. daily. Now through September 7, 2020. 202-633-1000. Hirshhorn.si.edu

The Outwin 2019: American Portraiture Today at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through August 30, 2020. 202-633-8300. Npg.si.edu

Marcel Duchamp: The Barbara And Aaron Levine Collection at Hirshhorn Museum, D.C. 10 a.m.-5:30 p.m. daily. Now through October 12, 2020. 202-633-1000. Hirshhorn.si.edu

Recent Acquisitions at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through August 30, 2020. 202-633-8300. Npg.si.edu

Chiura Obata: American Modern at Smithsonian American Art Museum, D.C. 11:30 a.m.-7 p.m. daily. Free. Now through May 25, 2020. 202-633-7970. Americanart.si.edu

Esther & The Dream of One Loving Human Family at American Visionary Art Museum, Baltimore. 10 a.m.-6 p.m. (Tues.-Sun.), closed Mon. Now through March 1, 2024. Prices vary. 410-244-1900. Avam.org

The Secret Life of Earth: Alive! Awake! (and possibly really Angry!) at American Visionary Art Museum, Baltimore. 10 a.m.-6 p.m. (Tues.-Sun.), closed Mon. Now through September 5, 2020. 410-244-1900. Avam.org

Every Day: Selections from the Collection at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 5, 2020. 443-573-1700. Artbma.org

Melvin Edwards: The Architecture of Being at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 12, 2020. 443-573-1700. Artbma.org

Time and Place at The Walters Art Museum, Baltimore. 10 a.m.-5 p.m. (Fri.-Sun. and Wed.), 10 a.m.-9 p.m. (Thurs.), closed Mon. and Tues. Now through March 1, 2020. Free. 410-547-9000. Thewalters.org

Generations: A History of Black Abstract Art at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 19, 2020. 443-573-1700. Artbma.org

Melvin Edwards: Crossroads at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through January 19, 2020. 443-573-1700. Artbma.org

Designing the New: Charles Rennie Mackintosh and the Glasgow Style at The Walters Art Museum, Baltimore. 10 a.m.-5 p.m. (Fri.-Sun. and Wed.), 10 a.m.-9 p.m. (Thurs.), closed Mon. and Tues. 410-547-9000. Thewalters.org

Maryland Photography Alliance: Fine Art Imagery at Maryland Hall for the Creative Arts, Annapolis. 10 a.m.-5 p.m. (Mon.-Sat.). Now through February 19, 2020. 410-263-5544. Marylandhall.org

National Juried Art Exhibition: Visualizing the Word at John A. Cade Center for Fine Arts Gallery, Arnold. 8 a.m. (Mon.-Sat.). Now through January 24, 2020. 410-777-7105. Aacc.edu

Mickalene Thomas: A Moment's Pleasure at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through May 21, 2021. 443-573-1700. Artbma.org

Holiday Exhibition at Massoni Gallery, Chestertown. 11 a.m.-4 p.m. (Wed.-Fri.), 10 a.m.-5 p.m. (Sat.). Now through January 12, 2020. 410-778-7330. Massoniart.com

Adorned: African Women and the Art of Identity at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through June 19, 2020. 443-573-1700. Artbma.org

Portraits of the World: Denmark at Smithsonian National Portrait Gallery, D.C. 11:30 a.m.-7 p.m. daily. Now through October 12, 2020. Free. 202-633-8300. Npg.si.edu

Free Form: 20th-Century Studio Craft at Baltimore Museum of Art, Baltimore. 10 a.m.-5 p.m. (Wed.-Sun.). Now through June 7, 2020. 443-573-1700. Artbma.org

PERFORMING ARTS

The Lion, The Witch, and The Wardrobe at Imagination Stage, Bethesda. 12 a.m. Performance times vary other days. 301-280-1660. Patrons.imaginationstage.org

My Fair Lady at The John F. Kennedy Center for the Performing Arts, D.C. 7:30 p.m. Performance times vary other days. 202-467-4600. Kennedy-center.org

Peter Pan & Wendy at Shakespeare Theatre Company, D.C. 7:30 p.m. Performance times vary other days. 202-547-1122. Shakespearetheatre.org

Murder on the Orient Express at Everyman Theatre, Baltimore. 7:30 p.m. Performance times vary other days. 410-752-2208. Everymantreatre.org

MUSIC

Musiq Soulchild at Rams Head On Stage, Annapolis. 9 p.m. 410-268-4545. Rams-headonstage.com

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com/rams-head-center-stage

SPORTS

Washington Wizards vs. Orlando Magic at Capital One Arena, D.C. 7 p.m. Nba.com

Thursday

2

PERFORMING ARTS

Jersey Boys at The National Theatre, D.C. 7:30 p.m. Performance times vary other days. 202-628-6161. Thenationaldc.org

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

Peter Pan & Wendy at Shakespeare Theatre Company (See 1/1)

Murder on the Orient Express at Everyman Theatre (See 1/1)

MUSIC

Eric Brace & Last Train Home w/ Thomm Jutz at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Friday

3

PERFORMING ARTS

Singin' In the Rain at Olney Theatre, Olney. 8 p.m. 301-924-3400. Olneytheatre.org

Peter Pan & Wendy at Shakespeare Theatre Company (See 1/1)

Jersey Boys at The National Theatre. (See 1/2)

My Fair Lady at The John F. Kennedy Center for the Performing Arts (See 1/1)
Murder on the Orient Express at Everyman Theatre (See 1/1)

MUSIC

Bruce in the USA at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Justin Trawick and the Common Good at Stoltz Listening Room, Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideawayodenton.com

SPORTS

Maryland Black Bears vs. Northeast Generals at Piney Orchard Ice Arena, Odenton. 7:45 p.m. Marylandblackbears.com (F)

Washington Wizards vs. Portland Trail Blazers at Capital One Arena, D.C. 7 p.m. Nba.com

Saturday

4

SPECIAL EVENTS

Learn to Ice Skate! at Piney Orchard Ice Arena, Annapolis. 9-40 a.m. 410-672-7013. Pineycerinkoom.com

Things Are Looking Down: Drone Photography by Rich Isaacman at Maryland Hall for the Creative Arts, Annapolis. Daily, through February 29. 410-263-5544. Marylandhall.org

40 Under 40: Young Artist National Showcase at Maryland Hall for the Creative Arts, Annapolis. Daily, through February 29. 410-263-5544. Marylandhall.org

PERFORMING ARTS

Singin' In the Rain at Olney Theatre. (See 1/3)
Peter Pan & Wendy at Shakespeare Theatre Company (See 1/1)

Jersey Boys at The National Theatre. (See 1/2)

My Fair Lady at The John F. Kennedy Center for the Performing Arts (See 1/1)

Murder on the Orient Express at Everyman Theatre (See 1/1)

MUSIC

Bruce in the USA at Rams Head On Stage, Annapolis. 6 p.m. 410-268-4545. Rams-headonstage.com

Cold Chocolate at Stoltz Listening Room, Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

SPORTS

Maryland Black Bears vs. Northeast Generals at Piney Orchard Ice Arena, Odenton. 7:45 p.m. Marylandblackbears.com (F)

Washington Wizards vs. Denver Nuggets at Capital One Arena, D.C. 8 p.m. Nba.com

SPECIAL EVENTS

Nativity Scenes From Around The World at Cambridge House Bed and Breakfast, Cambridge. 2 p.m. 410-221-7700. Cambridgehouse-bandb.com

PERFORMING ARTS

Sean Sarvis Comedy Show ft. Hamburger & Curtis Gaskins at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Singin' In the Rain at Olney Theatre. (See 1/3)

Peter Pan & Wendy at Shakespear Theatre Company (See 1/1)

Jersey Boys at The National Theatre. (See 1/2)

My Fair Lady at The John F. Kennedy Center for the Performing Arts (See 1/1)

Murder on the Orient Express at Everyman Theatre (See 1/1)

SPORTS

Washington Capitals vs. San Jose Sharks at Capital One Arena, D.C. 12:30 p.m. Nhl.com

Monday

6

SPECIAL EVENTS

What's Up? for Lunch Networking at Blackwall Barn & Lodge, Gambrills. 11:30 a.m. 410-266-6287. Whatsuptx.com (TIX)

Open Portrait Studio at Academy Art Museum, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

Live Playwrights' Society meets at Garfield Center for the Arts, Chestertown. 7 p.m. 410-810-2060. Garfieldcenter.org

MUSIC

Bluegrass Jam at St. Andrew's Episcopal Church, Hurlock. 7 p.m. 410-943-4900.

SPORTS

Washington Wizards vs. Boston Celtics at Capital One Arena, D.C. 7 p.m. Nba.com

Tuesday

7

SPECIAL EVENTS

Annual Members' Show at Dorchester Center for the Arts, Cambridge. Through January 25. Free; 410-228-7782. Dorchesterarts.org

PERFORMING ARTS

Peter Pan & Wendy at Shakespear Theatre Company. (See 1/1)

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

Jesse Valenzuela of Gin Blossoms at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

SPORTS

Washington Capitals vs. Ottawa Senators at Capital One Arena, D.C. 7 p.m. Nhl.com

Wednesday

8

PERFORMING ARTS

Peter Pan & Wendy at Shakespear Theatre Company. (See 1/1)

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

Newmyer Flyer Presents Mysterious Traveler: The Music of Weather Report at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com/rams-head-center-stage

Thursday

9

SPECIAL EVENTS

"Magic Lantern Show"—An Evening with Marc Castelli at Chesapeake Bay Maritime Museum, St. Michaels. 5 p.m. 410-745-4991. Cbmm.org

PERFORMING ARTS

Peter Pan & Wendy at Shakespear Theatre Company. (See 1/1)

Sunday

5

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The Children

Colonial Players; January 10 through February 1; \$23; Thecolonialplayers.org; 410-268-7373 Two retired nuclear scientists reside in an isolated cottage by the sea as the world around them crumbles. Together, they are going to live forever on yogurt and yoga, until an old friend arrives with a frightening request. The Children raises profound questions about whether having children sharpens or diminishes, one's sense of social responsibility. Nominated for Best Play in 2018, this genuinely disturbing play asks what the baby boomers, if anything, owe the younger generation.

9 to 5: The Musical

Chesapeake Arts Center; January 24 through February 8; \$18-20; Chesapeakearts.org; 410-636-6597 Violet, Judy, and Doralee—three downtrodden working women at Consolidated Industries—suffer under the tyranny of the sexist, lecherous, and pompous, Franklin Hart. Violet has worked at Consolidated for many years, but has never been given the chance to rise above senior supervisor status. Judy is newly separated and joins the company having never worked before. Doralee is a sexy, happily married country girl, but she is ostracized from the other female workers. The trio imprison Hart in his own home while they gather evidence that he is embezzling from the company. During his “absence,” they make a few changes at work.

Eastern Shore

Other Desert Cities

Church Hill Theatre; January 17 through February 2; \$10-20; Churchhilltheatre.org; 410-556-6003 Brooke Wyeth returns home to Palm Springs after a six-year absence to celebrate Christmas with her parents, her brother, and her aunt. Brooke announces that she is about to publish a memoir dredging up a pivotal and tragic event in the family's history—a wound they don't want reopened. In effect, she draws a line in the sand and dares them all to cross it.

Baltimore

Murder on the Orient Express

Everyman Theatre; Through January 5; Prices vary; Everymantheatre.org; 410-752-2208

Board the exotic Orient Express as it takes off into the opulence and grandeur of the 1930s, with a train full of suspects and an alibi for each one. This dazzling new adaptation of Agatha Christie's masterpiece from comedic master Ken Ludwig is filled with twists, turns, and larger-than-life characters. Wax your mustache and bring your family as detective Hercule Poirot solves the perfect murder mystery this holiday season.

D.C.

Jersey Boys

National Theatre; Through January 5; \$54-114; Thenationaldc.org; 202-628-6161 They were just four guys from Jersey, until they sang their very first note. They had a sound nobody had ever heard and the radio just couldn't get enough of. But while their harmonies were perfect on stage, off stage it was a very different story—a story that has made them an international sensation all over again. Go behind the music and inside the story of Frankie Valli and The Four Seasons in the Tony and Grammy Award-winning true-life musical phenomenon, *Jersey Boys*.

Peter Pan & Wendy

Shakespeare Theatre Company; Through January 12; Prices vary; Shakespearetheatre.org; 202-547-1122 Bold, budding scientist Wendy Darling dreams of earning a Nobel Prize. When Peter Pan arrives at her bedroom window, she takes a leap and leaves finishing school behind, chasing adventure among the stars. Facing down fairies, mermaids, and the dastardly Captain Hook, Wendy, Peter, and their friends discover the power of standing up together for what's right.

My Fair Lady

The John F. Kennedy Center for the Performing Arts; Through January 19; Prices vary; Kennedy-center.org; 202-467-4600 *My Fair Lady* tells the story of Eliza Doolittle, a young Cockney flower seller, and Henry Higgins, a linguistics professor who is determined to transform her into his idea of a “proper lady.” But who is really being transformed?

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

Terrapin: The Ultimate Grateful Dead Experience at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Friday

10

SPECIAL EVENTS

Girls Gotta Eat at Lincoln Theatre, D.C. 6:30 p.m. Theincolndc.com

PERFORMING ARTS

The Children at The Colonial Players, Inc., Annapolis. 8 p.m. 410-268-7373. Thecolonialplayers.org

Peter Pan & Wendy at Shakespeare Theatre Company. (See 1/1)

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

JD Souther at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Dan Navarro at Stoltz Listening Room, Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideaway-odenton.com

SPORTS

Washington Wizards vs. Atlanta Hawks at Capital One Arena, D.C. 7 p.m. Nba.com

Saturday

11

SPECIAL EVENTS

Father's Without Children Book Release Party at West End Bar and Grill, Annapolis. 1 p.m. Fatherswithoutchildren.com

Second Saturday Art Night Out at St. Michaels. 5 p.m. Tourtalbot.org

2nd Saturday in Downtown Cambridge at Cambridge. 5 p.m. Downtowncambridge.org

Girls Gotta Eat at Lincoln Theatre, D.C. 6:30 p.m. Theincolndc.com

PERFORMING ARTS

Ron White at The Anthem, D.C. 6:30 p.m. Theanthemdc.com

The Children at The Colonial Players. (See 1/10)

Peter Pan & Wendy at Shakespeare Theatre Company. (See 1/1)

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

The English Channel: A Tribute to the British Invasion Decade at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

The Met: Live in HD 2019-20 Season at Avalon Theatre, Easton. 1 p.m. 410-822-7299. Avalonfoundation.org

Grayson Moon at Stoltz Listening Room, Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

SPORTS

Washington Capitals vs. New Jersey Devils at Capital One Arena, D.C. 7 p.m. Nhl.com

Sunday

12

SPECIAL EVENTS

Open Studio: Book Arts Studio at Academy Art Museum, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

PERFORMING ARTS

The Children at The Colonial Players. (See 1/10)

Peter Pan & Wendy at Shakespeare Theatre Company. (See 1/1)

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

Suede at Rams Head On Stage, Annapolis. 6:30 p.m. 410-268-4545. Rams-headonstage.com

SPORTS

Washington Wizards vs. Utah Jazz at Capital One Arena, D.C. 3 p.m. nba.com

Monday
13

SPECIAL EVENTS

B2C Mastermind at Anne Arundel Chamber of Commerce, Annapolis. 9 a.m. 703-439-7804. Annapolisismob2c.eventbrite.com

Open Portrait Studio at Academy Art Museum, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

SPORTS

Washington Capitals vs. Carolina Hurricanes at Capital One Arena, D.C. 7 p.m. NHL.com

Tuesday
14

SPECIAL EVENTS

Voices of Experience: Living Well with Mental Illness at St. John Vianny Catholic Church, Prince Frederick. 6 p.m. 410-884-8691. Namimd.org

PERFORMING ARTS

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

Wednesday
15

SPECIAL EVENTS

Fast Drafting For The Not So Speedy Writer at Maryland Hall for the Creative Arts, Annapolis. 7 p.m. Maryland-hall.org

PERFORMING ARTS

The Other Side of the King: The Musical at Maryland Hall for the Creative Arts, Annapolis. 7 p.m. Free. 410-263-5544. Marylandhall.org

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

Big Bad VooDoo Daddy at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramshendonstage.com

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com/rams-head-center-stage

Thursday
16

PERFORMING ARTS

The Diary of Anne Frank presented by the National Players at Chesapeake Arts Center, Brooklyn Park. 10 a.m. 410-636-6597. Chesapeakearts.org (F)

Gilbert Gottfried at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramshendonstage.com

Papovich Family Pet Theater at the Todd Performing Arts Center, Chesapeake College, Wye Mills. 7:30 p.m. \$15-25. Chesapeake.edu

The Children at The Colonial Players. (See 1/10)

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

SPORTS

Washington Capitals vs. New Jersey Devils at Capital One Arena, D.C. 7 p.m. NHL.com

Friday
17

SPECIAL EVENTS

32nd Annual Dr. Martin Luther King, Jr. Awards Dinner at La Fontaine Bleu, Glen Burnie. 6 p.m. Mlkjrmd.org

PERFORMING ARTS

Other Desert Cities at Church Hill Theatre, Church Hill. Through 2/2. 8 p.m. Performance times vary other days. Churchhilltheatre.org. 410-556-6003

The Children at The Colonial Players. (See 1/10)

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

The Hot Sardines at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramshendonstage.com

The Dirty Grass Players at Stoltz Listening Room, Avalon Theatre, Easton. 5 & 8 p.m. 410-822-7299. Avalontheatre.com

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideawayodenton.com

SPORTS

PBR Velocity Tour Baltimore Invitational at Royal Farms Arena, Baltimore. 8 p.m. Royalfarmsarena.com

Saturday
18

SPECIAL EVENTS

Cover Your Chin for Charity Shave Party at Waterfowl Building, Easton. Coveryourchin.com

Delaware Restoration: Sawn and Bent Frames at Chesapeake Bay Maritime Museum, St. Michaels. 10 a.m. 410-745-4991. Cbmm.org

Contra Dancing at Annapolis Friends Meeting Hall, Annapolis. 6:30 p.m. 443-540-0867. Contradancers.com/atds

PERFORMING ARTS

The Children at The Colonial Players. (See 1/10)

Other Desert Cities at Church Hill Theatre. (See 1/17)

My Fair Lady at The John F. Kennedy Center for the Performing Arts. (See 1/1)

MUSIC

Hollis Brown at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramshendonstage.com

Live at the Fillmore at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

SPORTS

PBR Velocity Tour Baltimore Invitational at Royal Farms Arena, Baltimore. 7 p.m. Royalfarmsarena.com

Sunday
19

SPECIAL EVENTS

Delaware Restoration: Sawn and Bent Frames at Chesapeake Bay Maritime Museum (See 1/18)

PERFORMING ARTS

The Children at The Colonial Players. (See 1/10)

Other Desert Cities at Church Hill Theatre. (See 1/17)

MUSIC

Taimane at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Ramshendonstage.com

Richard Thompson at Avalon Theatre, Easton. 7 p.m. 410-822-7299. Avalontheatre.com

Monday
20

SPECIAL EVENTS

What's Up? for Lunch Networking-Happy Hour at Houlihan's, Gambrills. 5 p.m. 410-266-6287. Whatsuptix.com (TIX)

Open Portrait Studio at Academy Art Museum, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

MUSIC

Three Dog Night at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Ramshendonstage.com

The Neotheater World Tour: AJR at The Anthem, D.C. 6 p.m. Theanthemdc.com

SPORTS

Washington Wizards vs. Detroit Pistons at Capital One Arena, D.C. 2 p.m. nba.com

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Exhibitions

Steve Sattler, Fall Cascade, photograph, 16" x 20"



Annapolis

↑ Maryland Photography Alliance: Fine Art Imagery

Maryland Hall for the Creative Arts; Through February 19; Free; Marylandhall.org; 410-263-5544 The Maryland Photography Alliance is comprised of 18 independent clubs whose goal is to encourage the understanding and appreciation of photography. The Alliance strives to be a cultural stimulus which fosters artistic creativity. This exhibition is a representation of the work from a talented group of artists in member clubs throughout Maryland.

Things Are Looking Down: Drone Photography by Rich Isaacman

Maryland Hall for the Creative Arts; January 4 through February 29; Free; Marylandhall.org; 410-263-5544 Flying a drone is like having a portable skyscraper, offering striking vantage points and visual perspectives that are not otherwise available to earthbound viewers. Local photographer Rich Isaacman's drone explorations encompass ice on the Chesapeake and snow-covered farms; vertical views of Hawaii's coral reefs; and otherworldly panoramas of Iceland's fjords and volcanic landscapes.

40 Under 40: Young Artist National Showcase

Maryland Hall for the Creative Arts; January 4 through February 29; Free; Marylandhall.org; 410-263-5544 Celebrating 40 years of arts experiences and education at Maryland Hall, this exhibit will showcase 40 talented artists, 40 years of age or under, from around the country. A call for artists went out nationwide in Fall 2019.

National Juried Art Exhibition: Visualizing the Word

Cade Gallery at Anne Arundel Community College; Through January 24; Free; Aacc.edu; 410-777-7105 This exhibit highlights ekphrastic work that is inspired by literature and/or including literary work. The exhibit will feature a variety of visual art mediums.

Eastern Shore

On Land and On Sea: A Century of Women in the Rosenfeld Collection

Chesapeake Bay Maritime Museum; Through March 1; Free for CBMM members, \$6-15 for non-members; Cbmm.org; 410-745-2916 *On Land and On Sea: A Century of Women in the Rosenfeld Collection* features the work of Morris and Stanley Rosenfeld, who created the world's largest and most significant collection of maritime photography. The iconic photos featured in this exhibition are recognizable to the general public and are treasured by boating enthusiasts. *On Land and On Sea* reveals the social and historical context of women over the better part of the 20th century through the lenses of the Rosenfelds' cameras.

Bodyphones and Jiwa dan Raga

Academy Art Museum; Through May 31; \$3 for non-members, free for children under 12; Academyartmuseum.org; 410-822-2787 The Academy Art Museum presents *Bodyphones and Jiwa dan Raga*, immersive installations by Aaron Taylor Kuffner (1975). The Gamelatron Project exposes us to the rich and profound nature of resonance and its effect on the psyche. It strives to create harmony in the tension of fusing the east and the west, the modern and the ancient. The Gamelatron's contrasting materials and mechanisms tell us a story of globalization and modernization.

Annual Members' Show

Dorchester Center for the Arts; January 7-25; Free; Dorchesterarts.org; 410-228-7782 Annual juried show for DCA member artwork. This year's exhibition will also include a W. Robert Tolley Retrospective, which will highlight the work of one of DCA's late founders.

Baltimore

Adorned: African Women and the Art of Identity

Baltimore Museum of Art; Through June 19; Free; Artbma.org; 443-573-1700 This exhibition brings together two dozen works from the BMA's collection to demonstrate the critical role of women in shaping and maintaining social identities across 20th-century Africa. These vibrant works served as visual signifiers of age, marital status, ethnic identity, economic achievement, and political authority.

Free Form: 20th-Century Studio Craft

Baltimore Museum of Art; Through June 7; Free; Artbma.org; 443-573-1700 This exhibition presents a selection of embroidery, ceramics, and jewelry by innovative American artists who shifted away from the functional aspect of craft towards an avant-garde engagement with abstraction and expression.

D.C.

Portraits of the World: Denmark

National Portrait Gallery; Through October 12; Free; Npg.si.edu; 202-633-8300 *Portraits of the World: Denmark* will feature the painting "Kunstdommere" by Michael Ancher (1849-1927), on loan from the Museum of National History in Hillerød, Denmark. The monumental group portrait pays tribute to a tightly knit artists' community in northern Denmark, which served as the incubator for the Modern Breakthrough in Danish painting. A complementary display of American portraits will highlight the proliferation of artists' communities in New York City during the first half of the twentieth century, which likewise accelerated the development of modern art in the United States.

Tuesday

21

SPECIAL EVENTS

National Hugging Day is celebrated in the United States and worldwide. Spread kindness with a hug (but ask first). Nationalhuggingday.com

Wednesday

22

SPECIAL EVENTS

Meet the State at Lowe House of Delegates Building, Annapolis. 9:30 a.m. 410-269-0642. Mdchamber.org/event/meetthestate

PERFORMING ARTS

Spring Awakening at Round House Theatre, Bethesda. 12 a.m. Performance times vary other days. 240-644-1100. Roundhousetheatre.org

MUSIC

Chuck Prophet at Stoltz Listening Room, Avalon Theatre, Easton. 7 p.m. 410-822-7299. Avalontheatre.com

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com/rams-head-center-stage

National Symphony Orchestra: The Planets at The Anthem, D.C. 6:30 p.m. Theanthemdc.com

Thursday

23

SPECIAL EVENTS

Wild & Scenic Film Festival: Where Activism Gets Inspired at Maryland Hall for the Creative Arts, Annapolis. 5:30 p.m. 410-263-5544. Marylandhall.org

Baltimore Boat Show at the Baltimore Convention Center, Baltimore. Through 1/26. Baltimoreboatshow.com

PERFORMING ARTS

The Children at The Colonial Players. (See 1/10)

Spring Awakening at Round House Theatre. (See 1/22)

MUSIC

Town Mountain at Stoltz Listening Room, Avalon Theatre, Easton. 7 p.m. 410-822-7299. Avalontheatre.com

Lil Baby at The Anthem, D.C. 6 p.m. Theanthemdc.com

Friday

24

SPECIAL EVENTS

Baltimore Boat Show at the Baltimore Convention Center, Baltimore. Through 1/26. Baltimoreboatshow.com

PERFORMING ARTS

9 to 5: The Musical presented by Stand Up for Theatre at Chesapeake Arts Center, Brooklyn Park. 8 p.m. 410-636-6597. Chesapeakearts.org

The Children at The Colonial Players. (See 1/10)

Other Desert Cities at Church Hill Theatre. (See 1/17)

Spring Awakening at Round House Theatre. (See 1/22)

MUSIC

The Second City: Laughing For All The Wrong Reasons at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideaway-odenton.com

SPORTS

Navy Ice Hockey vs. Temple University at McMullen Ice Arena, Annapolis. 7:30 p.m. Usnahockey.com

Saturday

25

SPECIAL EVENTS

Bosom Buddies Ball at the Westin Annapolis Hotel, Annapolis. Bosombuddiescharities.com

School of the Incarnation

Winter Open House at School of the Incarnation, Gambrills. 10 a.m. 410-519-2285. Schooloftheincarnation.org

Delaware Restoration: Sawn and Bent Frames at Chesapeake Bay Maritime Museum (See 1/18)

Miss Nature Girl Pageant hosted by National Outdoor Show at Moose Lodge, Cambridge. 7:30 p.m. 443-521-0422. Nationaloutdoor-show.org

Monster Jam 2020 at Capital One Arena, D.C. 1 & 7 p.m. Capitalonearena.com (F)

Baltimore Boat Show at the Baltimore Convention Center, Baltimore. Through 1/26. Baltimoreboatshow.com

PERFORMING ARTS

Children's Opera: Mr. Brewster's Invigorating Invention presents by Annapolis Opera at Maryland Hall for the Creative Arts, Annapolis. 11 a.m. 410-263-5544. Marylandhall.org (F)

Jeff Dunham at Royal Farms Arena, Baltimore. 5 p.m. 4103472020. Royalfarmsarena.com

The Children at The Colonial Players. (See 1/10)

Other Desert Cities at Church Hill Theatre. (See 1/17)

Spring Awakening at Round House Theatre. (See 1/22)

9 to 5: The Musical at Chesapeake Arts Center. (See 1/24)

MUSIC

Jackson Dean w/Taylor Bennett at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Classic Albums Live: David Bowie's Ziggy Stardust at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalontheatre.com

Grace Potter at The Anthem, D.C. 6 p.m. Theanthemdc.com

Sunday

26

SPECIAL EVENTS

What's Up? Bridal Expo 2020 at Graduate Annapolis (formerly Loews), Annapolis. 1 p.m. \$15 410-266-6287. Whatsuptix.com (TIX)

Film Screening & Panel Discussion: Nobody Wants Us at Maryland Hall for the Creative Arts, Annapolis. 7 p.m. 410-263-5544. Marylandhall.org

Delaware Restoration: Sawn and Bent Frames at Chesapeake Bay Maritime Museum (See 1/18)

East New Market Volunteer Fire Company's Designer Purse Bingo at East New Market Firehouse. 1 p.m. \$35, includes 20 regular bingo games. Check out their facebook page for updates

Monster Jam 2020 at Capital One Arena, D.C. 1 p.m. Capitalonearena.com (F)

Baltimore Boat Show at the Baltimore Convention Center, Baltimore. Baltimoreboatshow.com

PERFORMING ARTS

The Children at The Colonial Players. (See 1/10)

Other Desert Cities at Church Hill Theatre. (See 1/17)

Spring Awakening at Round House Theatre. (See 1/22)

9 to 5: The Musical at Chesapeake Arts Center. (see 1/24)

MUSIC

Steve Forbert & The New Renditions at Rams Head On Stage, Annapolis. 1 p.m. 410-268-4545. Ramsheadonstage.com

Marc Cohn at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

United States Naval Academy Band: Brass Ensemble Concert at Maryland Hall for the Creative Arts, Annapolis. 4 p.m. 410-263-5544. Marylandhall.org

Monday

27

SPECIAL EVENTS

Open Portrait Studio at Academy Art Museum, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

MUSIC

G. Love & Special Sauce w/ Jontavious Willis at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Wednesday

29

PERFORMING ARTS

Spring Awakening at Round House Theatre. (See 1/22)

MUSIC

Open Mic Night at Garfield Center for the Performing Arts, Chestertown. 7:30 p.m. 410-810-2060. Garfieldcenter.org

Karaoke Live! at Rams Head Center Stage, Hanover. 8 p.m. 443-842-7000. Marylandlivecasino.com/rams-head-center-stage

SPORTS

Washington Capitals vs. Nashville Predators at Capital One Arena, D.C. 7:30 p.m. Nhl.com

Thursday

30

SPECIAL EVENTS

Allowance Workshop at CovingtonAlcina, Annapolis. 1 p.m. 410-457-7165. Covingtonalsina.com/events

Winter Speaker Series 2020: Transformation of a Waterfront: Navy Point in St. Michaels over Two Centuries at Chesapeake Bay Maritime Museum, St. Michaels. 2 p.m. 410-745-4947. Cbmm.org

PERFORMING ARTS

The Children at The Colonial Players. (See 1/10)

Spring Awakening at Round House Theatre. (See 1/22)

MUSIC

The Samples w/ Kavossis & The Typos at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Front Country at Stoltz Listening Room, Avalon Theatre, Easton. 7 p.m. 410-822-7299. Avalontheatre.com

SPORTS

Washington Wizards vs. Charlotte Hornets at Capital One Arena, D.C. 7 p.m. Nba.com

Friday

31

SPECIAL EVENTS

Compass Regional Hospice's Annual Gala at Chesapeake Bay Beach Club, Stevensville. Compassregionalhospice.org

Film Screening & Storytelling: I'm Not Leaving at Maryland Hall for the Creative Arts, Annapolis. 7:30 p.m. 410-263-5544. Marylandhall.org

PERFORMING ARTS

Lit AF Tour with Martin Lawrence at Capital One Arena, D.C. 7:30 p.m. Capitalonearena.com

The Children at The Colonial Players. (See 1/10)

Other Desert Cities at Church Hill Theatre. (See 1/17)

Spring Awakening at Round House Theatre. (See 1/22)

9 to 5: The Musical at Chesapeake Arts Center. (see 1/24)

MUSIC

Cowboy Mouth at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideaway-odenton.com

Greensky Bluegrass at The Anthem, D.C. 6 p.m. Theanthemdc.com

SPORTS

Maryland Black Bears vs. Jamestown Rebels at Piney Orchard Ice Arena, Odenton. 7:45 p.m. Marylandblackbears.com (F)

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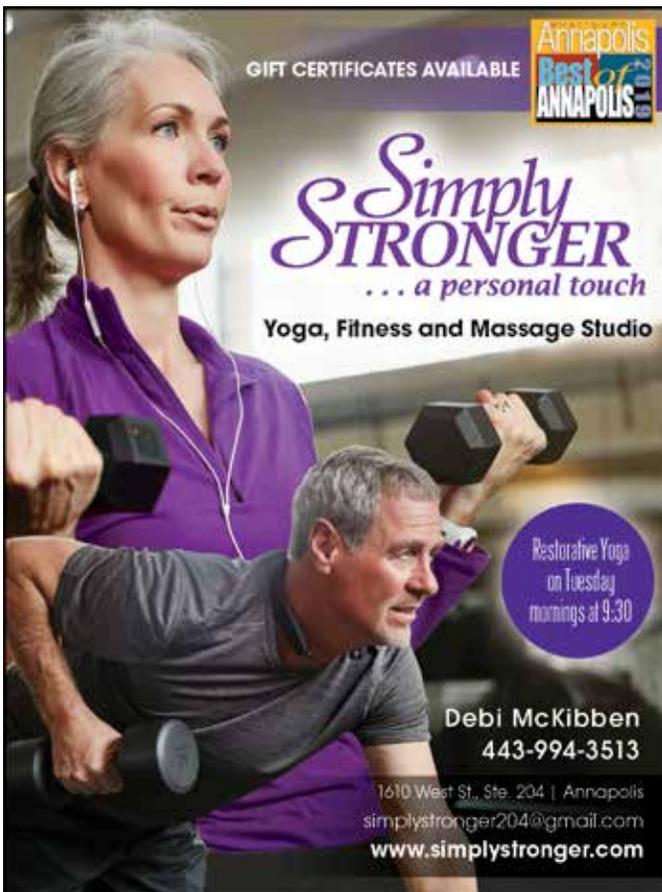
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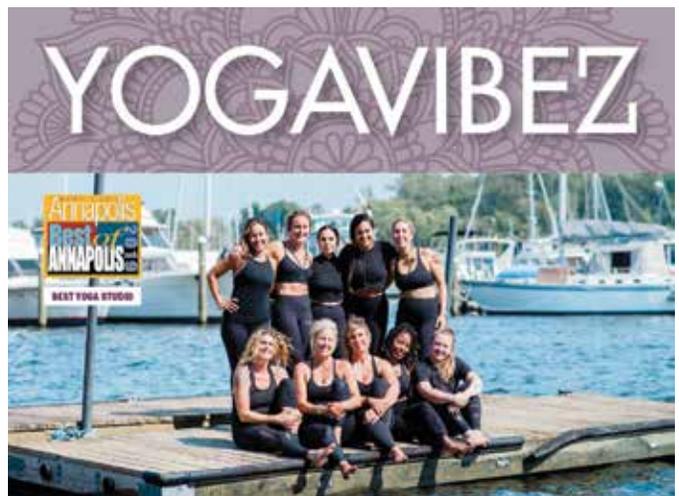
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New year, new decade! Ring in 2020 with Wilma as she takes you through What's Up? magazine's first edition of the new year. Read up on how the latest high school programs are developing the next generation of student achievers in "Next Generation Education." Be sure to peruse the Private School Guide and check out "Out on the Towne" for some fun events. Let's make 2020 a great year!

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to this month's winner: Janet B. Little of Annapolis, who won a gift certificate to O'Leary's Seafood Restaurant!

Mail entries to: Where's Wilma? Annapolis, 201 Defense Highway, Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions

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Entries must be received by January 31, 2020. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Annapolis.

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Issues Important to You

By James Houck

Throughout the life of this column—What Do You Think?—and within the past year, especially, we’ve touched on topics that are local *and* national in scope and substance, and often controversial among our readership based on the feedback we receive. Civil liberty to civility, environmental concern to development oversight, medical marijuana to philanthropic giving, immigration, and, even gun control, are subjects that have struck a nerve, for better or worse, in the national landscape and close to home.

And because we *do* hear from you, our readers, we can confidently say that the pulse of opinion on such subjects generally runs the course of political lines. That’s nothing exceptional in and of itself... it’s expected. It’s also the reason we run this column. To touch on subjects that spark conversation and, hopefully, a greater understanding of the issues our communities face.

To that end, we also understand that it’s important to offer a balance of opinions and write about issues that our readers are experiencing and want to share. Within the many communities and towns that dot the Chesapeake Bay region, there are stories—positive and negative—that you are witnessing first-hand.

In my own community of Herald Harbor and those adjacent, for example, concerned neighbors are working together to legally preserve the community character and environmental legacy



that the greater Crownsville area offers. New development—both commercial telecom and residential—is seeking rezoning in order to build. Is that right? We wrote about this several issues ago and may do so again.

What is affecting your community? What concerns you? What excites you? We would like to know. And, if you’re willing to share your thoughts in a formal writeup, we may print it in an upcoming magazine.

I hope this column—not just this *writeup*, but the lifespan of this *column*—has inspired you in some way over the last several years. And I hope it continues. Please share your ideas and opinions for columns to come.

What issues are important to you? What issues will enter the mainstream in 2020 and beyond? It’s a new decade after all.

What do you think?

Email your ideas to info@whatsupmag.com. You can also reach our Publisher at veronica@whatsupmag.com and Editorial Director at editor@whatsupmag.com.



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