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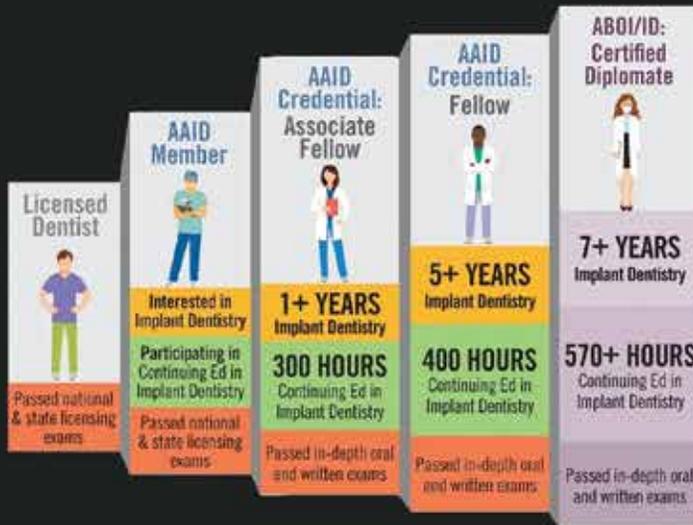
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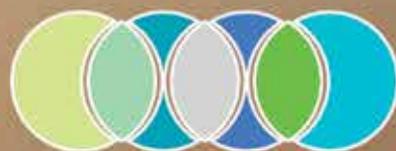


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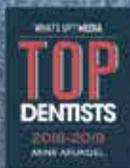
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On the Cover: We celebrate the very best of our local restaurants. Design by August Schwartz. Contact *What's Up? Annapolis* online at whatsupmag.com. Please recycle this magazine.

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EDITOR'S NOTE: May's event-related columns and the Calendar of Events have been removed from this issue due to the high-volume of cancellations related to the COVID-19 pandemic.



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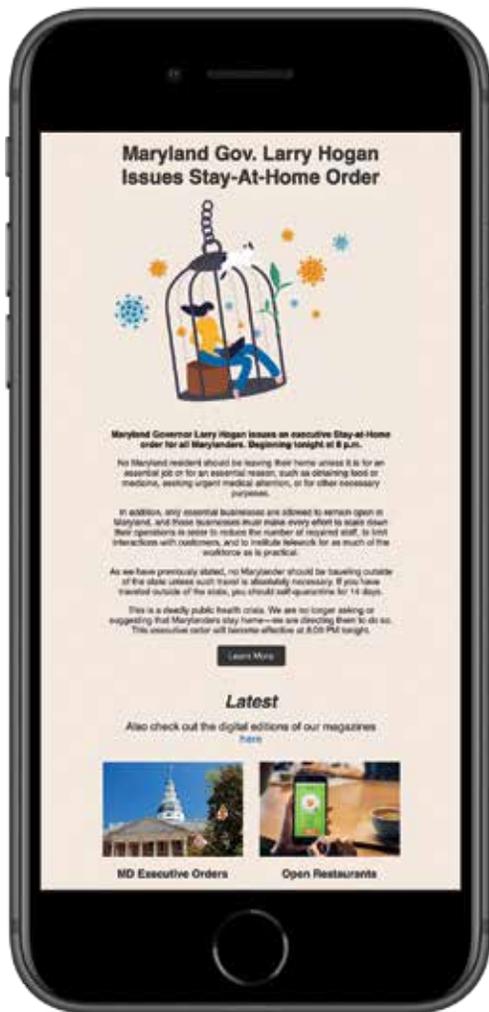
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What's Up? Media's landing page for COVID-19-related local information features live updates from government, businesses, and community sources.

We've been following closely, vetting and posting information as quickly as possible. Thank you for trusting us and please continue to check this page often. Stay healthy, stay safe.



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From the editor

Opportunity is a word I've said more times

THAN THE ROOSTER CROWS EACH MORNING.

And it's become much more than a word—

IT'S ACTION, IT'S A FEELING, IT'S CARPE DIEM.

Opportunity is often born from challenge and as we enter week eight or so of the coronavirus pandemic, I like to think many of us have been fortunate enough to discover silver linings during this unprecedented situation. Number one—a greater appreciation for essential services and those working the front lines to help Americans manage this crisis: doctors, nurses, first-responders, janitorial staff, grocers, trash/recycling collection, the USPS...the list goes on and on. Even our politicians. Though partisan politics unfortunately rules the Federal roost, we see our local leaders—from the governor to county executives and councils—uniting to prioritize community health and safety. And I think we should thank them.

On the home front, I consider myself one lucky son of a gun as I sit and type, sit and type, have a Zoom meeting here and there, make a few phone calls, and continue telecommuting...we're still all systems go. I recognize I'm very fortunate to be working and, so, I'm trying to make the most of this opportunity. It's been a recalibration of priorities, projects, articles, and a chance to grow our coverage on other platforms—including whatsupmag.com and our many e-newsletters and social channels—with consistency and mindfulness. To that end, we've created a bounty of information, blogs, and resources online to help guide our readership through

the challenges and opportunities ahead. There's even a fun call out for readers to share photos of how you're spending your quarantine time. Some of those photos appear on page 28.

How we spend our time right now is crucial to moving forward and recovering together. The opportunity to connect in new and unique ways with family and friends has been particularly rewarding. This past Easter holiday, families held virtual gatherings—reuniting from across the country in one, digital space. Pretty neat. And my phone is bleeping and booping constantly from text threads with high school, college, and coworker friends.

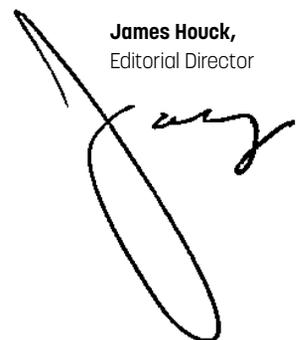
Many of us are taking online fitness classes offered by local gyms. We're seeing virtual concerts and tip-jars by local musicians almost every night, sustaining their livelihoods and healing ours in a creative way. The restaurants that have kept their kitchens open have been able to focus solely on cooking great food. We ordered delivery from a local restaurant that we'd normally dine at; and were overly impressed with the food. Imagine that; being able to deliver great meals without the added pressures of dine-in service and atmosphere. What an opportunity to put your best foot forward to re-ignite customers' love of your food.

I'm not trying to minimize the economic hits that have reverberated throughout these industries, but rather to emphasize how many individuals and businesses are creating opportunities from an intense situation—to both service the community and offer an ounce of normalcy. And we're doing our best to this end as well.

The daily news feed can be a lot to take in, so it's our hope that this magazine offers a bit of respite in the midst of the cacophony. This issue presents the Best of Food & Dining winners, many of whom are still delivering their best dishes and providing take-out. Who's got the best crabcake in town? Find out on page 65. We also reveal the results of our biennial survey of locally-practicing lawyers and their peer recommendations in more than 30 law specialties. You'll meet several power couples (though they humbly dismiss the label) in the article "Dynamic & Devoted" and their advice on life, love, happiness, business, and, yes, opportunity. It's a natural segue (or juxtaposition perhaps) to the next article in our Year of the Woman series, which explores the institution of marriage and the role of women. And though we don't have the vast amount of local events and entertainment that would normally be scheduled into the magazine (and our own calendars), we offer great home and garden ideas, ways to maintain health and wellness, and a few other fun distractions along the way.

'Til the next time this rooster crows...

James Houck, Editorial Director



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SAVE THE DATE FOR 2021!

Be sure to mark your calendars for next year's AAMCF's Denim & Diamonds Bash on Saturday, April 24, 2021. We look forward to seeing you there! For information on the 2021 Denim & Diamonds Bash please contact Kendra Smith Houghton at: khoughton@aahs.org or visit www.aamcndenimanddiamonds.org

Since we made the announcement that we needed to cancel our AAMC Foundation's 2020 Denim & Diamonds Bash on April 25th, we have received an overwhelmingly positive response from our community partners and friends of Anne Arundel Medical Center as well as caring citizens from across the region. We sincerely appreciate your understanding and partnership in putting the health of our community first.

We are incredibly grateful to these sponsors who donated their 2020 Denim & Diamonds sponsorship gifts to support AAMC's mental health and addiction care programs and services. Your thoughtfulness and leadership are great examples of why this community, spanning across both sides of the Chesapeake Bay Bridge, is so special. On behalf of the thousands of patients and families who will benefit from your generosity - THANK YOU!

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WHAT'S UP? MEDIA
upcoming events

**What's Up? Media
 Best of Annapolis
 Party 2020**

Presented by Engel & Völkers of Annapolis
 Doordan Institute Conference Center
 6:00pm - 9:00pm | \$85-\$135

End your summer with the best party in Annapolis! Don't miss our annual What's Up? Media Best Of Party happening on Wednesday, August 5th at the Doordan Institute Conference Center at Belcher Pavilion located at Anne Arundel Medical Center. Enjoy entertainment, music, and freshly prepared food and drink samples from the best local restaurants. This year's party is going coastal so wear your best seaside attire. The silent auction for this year's event will benefit **GiGi's Playhouse**. There are VIP tickets available that will allow early access to the party, valet parking, a private VIP room, unlimited drinks throughout the night, and a swag bag filled with goodies. Thank you to our presenting sponsor Engel & Völkers of Annapolis. This is a 21+ event.

Tickets are available at whatsuptix.com



ANNAPOLIS
 8/5



EASTERN SHORE
 8/17



**What's Up? Media
 Best of Eastern
 Shore Party 2020**

Presented by Chaney Homes
 Prospect Bay Country Club
 6:00pm - 9:00pm | \$60-\$100

We've found a way to make Monday sound good! Come out to Prospect Bay Country Club on Monday, August 17th for our What's Up? Media Best of Eastern Shore Party! Celebrate with the best restaurants on the shore by sampling freshly prepared food and drink all under one roof. This year's party is going coastal so wear your best seaside attire. The silent auction proceeds will benefit **Talbot Hospice**. There are VIP tickets available that will allow early access to the party, a private VIP room, unlimited drinks throughout the night, and a swag bag filled with goodies. Thank you to our presenting sponsor Chaney Homes. This is a 21+ event.

Tickets are available at whatsuptix.com

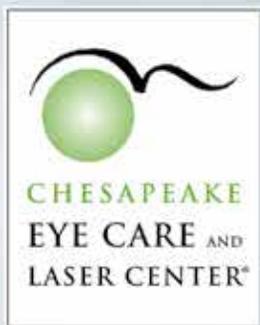
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Out on the TownE

28 SOCIAL | 36 SALUTE | 40 SPOTLIGHT | 48 ATHLETE

Hit the Trail!

Choose your own adventure this spring at one of the many hiking and biking trails that weave through Anne Arundel County. **Popular options include:** Bacon Ridge, Severn Run, B&A Trail, BWI Trail, and others found at local parks.

Events Have Gone Virtual!

Many events, from film festivals to business chamber mixers, have transitioned to digital forums on platforms such as Zoom and Facebook Messenger.

Get the scoop on great opportunities to connect with your community and interests by visiting Whatsupmag.com!

LAUNCHING THE FUTURE

STUDENTS > COMMUNITY > TOGETHER

The Campaign for AACC



ABOVE: CONCEPTUAL RENDERING OF THE CLAUSON CENTER FOR INNOVATION AND SKILLED TRADES

Life hasn't been easy for Tyler. For the 25-year-old single father, "Just paying the bills was a struggle." Hoping for a better future, Tyler decided to make a change and enrolled in Anne Arundel Community College's Welding for Work program. Just five months later, he was able to test and earn his Welder Certification, opening the doors for new and greater employment opportunities.

After receiving his certification, Tyler accepted employment as a full-time Foreman Welder and increased his annual salary by \$10,000. Recognizing the impact that education has had on his life, he plans to further his career by attending classes at AACC with the goal of becoming certified in AutoCAD software.

Stories like Tyler's are what inspired AACC to embark on a ground-breaking initiative to prepare students for careers that are fueling economic growth and opportunity.

Aligning with the College's strategic plan, *Launching the Future* is a private fundraising campaign focused on bringing powerful workforce programs to AACC's Arnold Campus; expanding access to education through increased scholarship opportunities; and enhancing services on campus to support a changing student body and encourage greater diversity.

The cornerstone of the campaign is the construction of the Clauson Center for Innovation and Skilled Trades, the first



The Clauson Center for Innovation and Skilled Trades (top photo) will provide opportunities for community members, like Tyler, to train for careers in the skilled trades that provide meaningful work and family sustaining wages.

privately funded building at AACC. The \$5 million building, slated to open in time for the fall 2021 semester, will host six inaugural programs in trades that are needed in our community—including welding, framing and finish carpentry, plumbing, electric, HVAC and forklift operation.

For Dan Mathias, President of Absolute Fire Protection and AACC graduate, the need is obvious. With over 4,000 trades positions going unfilled every year and the county predicting 40% job growth over the next decade, “The Clauson Center can’t wait.” Mathias continued, “Every day, we see the impact a shortage of skilled workers has on our community. The Center is a win-win. Students will gain meaningful employment while filling a critical need in Anne Arundel County.”

The benefits of a trade education are just as obvious to Tyler. “My life has really changed since I earned my certificate,” shared Tyler. “I’m making more money, have more opportunities to support my daughter, and I recently proposed to my girlfriend. She said ‘yes!’”



For more information on the Clauson Center and the Launching the Future campaign, contact the AACC Foundation at foundation@aacc.edu or by calling 410-777-2515.

**AACC students
are the nurses by
our bedsides, the
electricians in our
homes, and the
police officers on
our streets. They
are our employees
and entrepreneurs.
They are our future.**

- Dr. Dawn Lindsay, *President of AACC*



Increased Scholarship Opportunities

Our typical student is 26, has a family, and works multiple jobs. For many, a scholarship can be the deciding factor in whether our students enroll in college or get stuck where they are — without hope. Yet the College does not have enough resources to award private scholarships to all students in need. With many gifts contributed since the campaign started, donors are working to change that and ensure that AACC’s life-changing opportunities are available to everyone.

Enhanced Services

Innovative programs at AACC, like HelpLink, which provides temporary financial assistance to students in need, and the Diversity Faculty Fellows Program, which is creating a career pipeline for adjunct instructors of color to move into fulltime faculty positions, weave our commitment to a diverse, supportive environment into our campus culture. Recognizing the value of these and other college programs, donors have generously contributed to this campaign goal.



TOWNE SOCIAL

Say “Quarantine!”

Most of us have been hunkered down at home during the past month--quarantined, so to speak. And with the spring season’s highly-anticipated galas and charity events having been cancelled, we called upon you, our readers, to submit photos of how you’re spending this time on the home-front. The results offer a snapshot of how we’re all making lemonade out of lemons. Enjoy!

- 1. Submitted by Kristen Awad 2. Submitted by Nanny Trippe
- 3. Submitted by Dana Opalinsky 4. Submitted by Jillian Hostetter
- 5. Submitted by Karen Daily 6. Submitted by Nina Peake

To submit your photo, simply visit:
whatsupmag.com/show-us-your-quarantine

To view the full gallery, visit:
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MTPA is supported by
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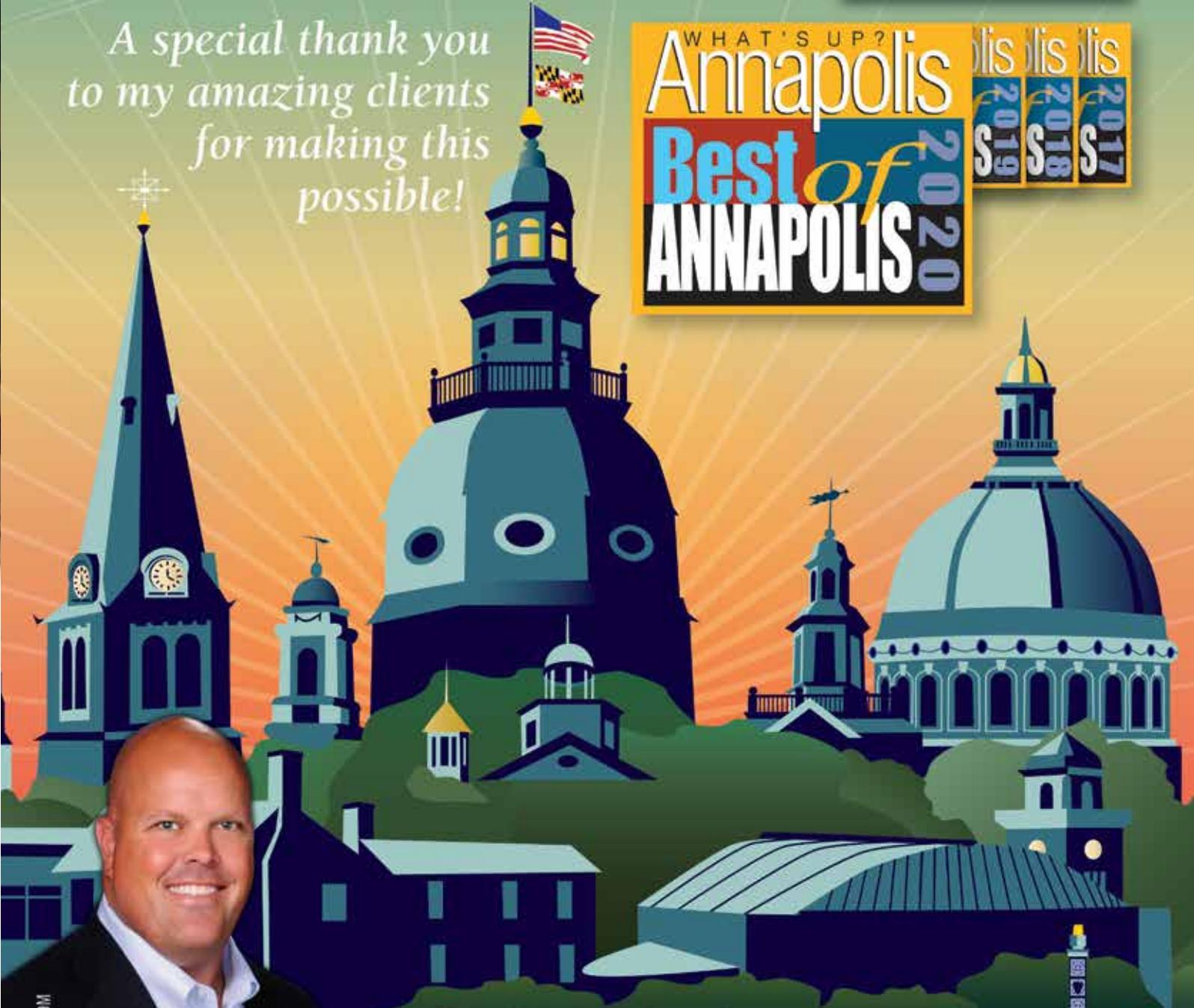
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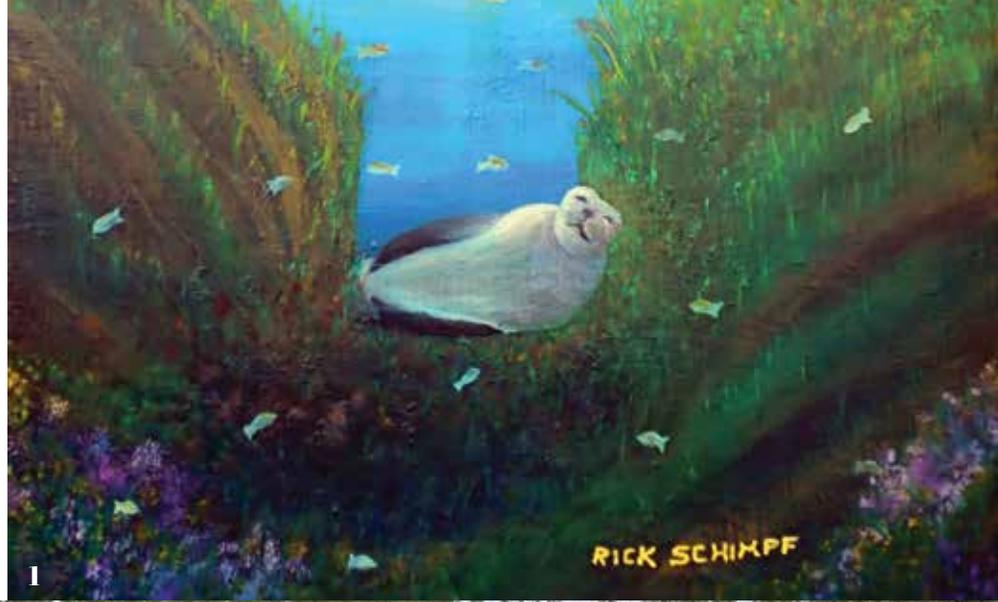


Say "Quarantine!" Continued

1. Submitted by Rick Schimpf 2. Submitted by Candice Bothun
3. Submitted by Ashley Raymond 4. Submitted by Vassi Horn
5. Submitted by Claudia Boldyga 6. Submitted by Kate Slayton

To submit your photo, simply visit:
whatsupmag.com/show-us-your-quarantine

To view the full gallery, visit:
whatsupmag.com/news/coping-with-covid-19



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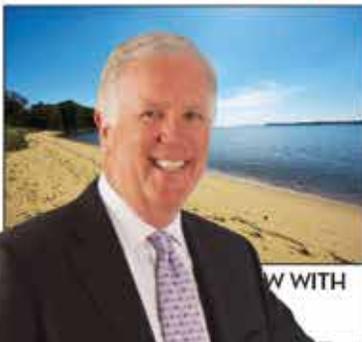
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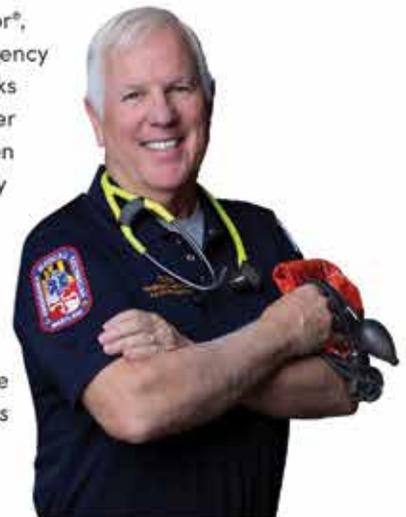
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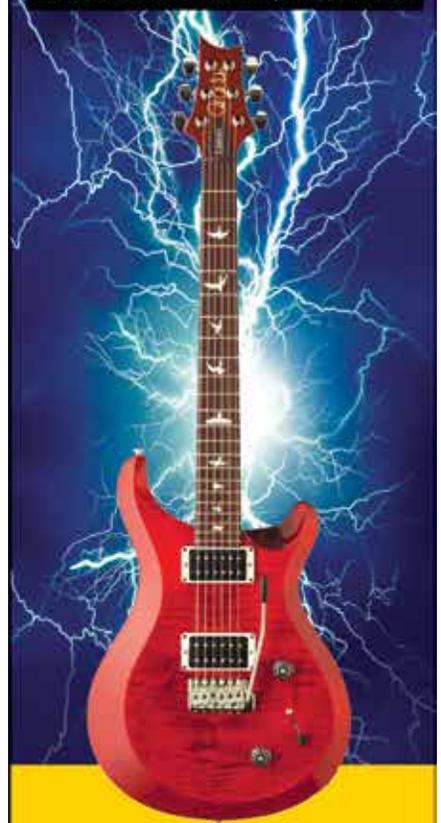
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TOWNE SALUTE

Julie Shay

Good Neighbors Group

By Tom Worgo

Julie Shay found a remedy for our throw-away culture. Shay takes things that people don't want and gets them to people who need them. Trash, it turns out, inspired her to form Good Neighbors Group in 2006 out of her west Severna Park neighborhood. It has since grown into a network of more than 500 volunteers. They step in before people take items to the landfill that others could put to good use. It's all part of a greater mission to strengthen communities and help the environment.

"My least favorite thing is people just driving a truck of stuff to the dump when somebody can find a home for it," she says. "Good Neighbors Group became popular and people started dropping things off at my house and I ended up with a stoop full of things because they knew I could find a good home for them."

Shay first saw the potential for turning someone's trash into someone else's treasure when her husband served in the Air Force and they were living in Panama.

"In Panama, people are also just so much more creative with re-use," Shay says. "The base was being turned over to the Panamanians, so a lot of stuff was going to go into warehouses and never going to be seen again or was getting thrown away. So, I found stuff some schools could use."

She still uses those same ideas and methods today for salvaging and distributing useful items both locally and to other countries. Shay sends sports-related apparel and equipment and school supplies, including children's books and educational games, to both Honduras and Guatemala. Her organization has also provided beds so children don't have to sleep on dirt floors.

"We only try to send things that would be prohibitively expensive for them there," Shay says.

Back home, Good Neighbors Group partners with businesses and such as Bay Radiology, Café Mezzanotte, and Severna Park Family & Cosmetic Dentistry, and non-

"I have a trusted relationship with a variety of people and organizations. When they hit their limit with resources, they know they can reach out to Good Neighbors, so we can rally our community to help out in some way."

profits including Hope For All, Orphan Grain Train, and Annapolis Light House.

"I have a trusted relationship with a variety of people and organizations," Shay says. "When they hit their limit with resources, they know they can reach out to Good Neighbors, so we can rally our community to help out in some way."

Jennifer Haber, a Good Neighbors Group board member, says one of Shay's best ideas was a food drive. And it was a big one.

"She has a captain for basically every neighborhood in Severna Park," Haber explains of the Super Bowl Food Drive. "It's a friendly neighborhood competition to see who can gather up the most food for food banks."

The 54-year-old Shay feels working with local dentists (which donate hygienic items) and radiology labs in Severna Park rank among their most valuable associations.

"[The radiologists] have an ongoing collection of gently used bras from women who come in for mammograms," she says. "The bras are distributed to

women who are homeless or in shelters. People realize those are things women need. Bras are extremely expensive.”

Good Neighbors Group also helps individuals with an urgent need through cooperating organizations.

“There was someone who needed toys for a child with developmental delay,” she recalls. “People in my community are always getting rid of toys. So, I put out a call for toys for a child about a year old and I got them to the case manager.

“There was a woman who had a dog and she needed food for herself and dog food,” she adds. “I put a message out to the community for people to donate food toward her and her dog.”

Shay’s volunteers also stage events that promote her nonprofit’s mission. Besides its Super Bowl Food Drive, Good Neighbors Group puts on the Artisan Bazaar, which showcases local and fair-trade artists and crafters with a focus on upcycled and handmade items, and the Severna Park Earth Day Festival. The Artisan Bazaar features local sellers and beverages and promotes buying with minimal waste.

Shay, who used to be a physical therapist, does all this pro bono, though the time she puts into it amounts to a full-time job.

“I have thought about not doing it because it is time consuming and sometimes messy,” she admits. “My basement still has stuff I am trying to find the right home for, and things can get extremely challenging. But then I think, ‘If I end the organization, I am just going to be doing this same thing anyway.’ It’s just in me to jump in.”

For more information about Good Neighbors Group, visit goodneighborsgroup.org.

Do you have a volunteer to nominate? Send What's Up? an email to editor@whatsupmag.com.



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A New Icon Takes Shape at the Chesapeake Bay Maritime Museum

A construction project of historic proportions is underway at the Chesapeake Bay Maritime Museum (CBMM) in St. Michaels, Md., with both international ties and links to the founding of Maryland.

Maryland Dove is a representation of the vessel that accompanied the first European settlers to Maryland in 1634. Owned by the state of Maryland and operated and maintained by Historic St. Mary's City (HSMC), the ship serves as HSMC's floating ambassador and one of its most popular exhibitions. And thanks to funding from the State and a partnership between CBMM and HSMC, the 42-year-old ship will be getting a brand-new successor.

"We are thrilled and honored to have been selected to build a new *Maryland Dove*," said CBMM President Kristen Greenaway. "Over the course of the next few years, our shipwrights and apprentices will build a historically accurate replacement for the existing ship, and we welcome guests to be a part of the construction and education experience."

CBMM's working Shipyard began construction on the new *Maryland Dove* in 2019 and has nearly completed the framing stage of the build, giving guests an idea of what the overall shape of the new state icon will be. The new ship will differ slightly from its existing counterpart thanks to new historical and archaeological research that's been done by experts on the HSMC staff and sources like the Vasa Museum in Sweden.

"This research is going to allow the new ship to be more historically accurate," said Regina Faden, executive director at HSMC. "There were no surviving plans of the original *Dove* of 1634, so we're happy that advances in research and technologies over the past 40 years will be informing the design of the new ship and allowing us to better tell the story of (early) Maryland."

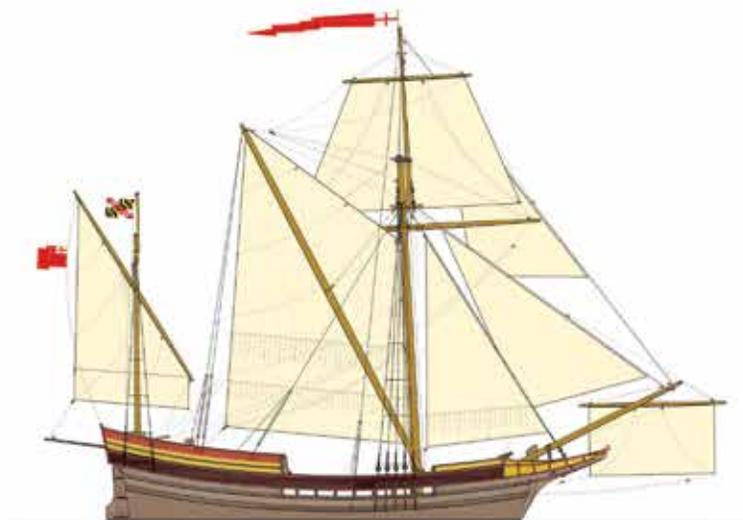
This is the largest project to date for CBMM's shipwrights, who serve as a tangible connection to the Bay's rich story of boatbuilding. CBMM is

committed to preserving and transferring traditional boatbuilding skills in its Shipyard to help keep them alive for both new craftsmen and the general public. CBMM's Shipyard provides an educational experience for guests on not just how ships are built, but on the timber, tools and labor involved, and the social world within which that building takes place both now and historically.

On *Maryland Dove*, the shipwrights' next steps involve framing and planking. To follow along with this project and to learn more about *Maryland Dove*'s past, present, and future, visit marylanddove.org.



Since last year, shipwrights at the Chesapeake Bay Maritime Museum have been working to build a new *Maryland Dove*, a representation of the vessel that accompanied the first European settlers to Maryland in 1634 in full public view. The ship is owned by the state of Maryland and operated and maintained by Historic St. Mary's City. To learn more about the project, visit marylanddove.org.



Dove

This drawing by naval architect Iver Franzen shows what the new *Maryland Dove* will look like after its constructed by shipwrights at the Chesapeake Bay Maritime Museum in St. Michaels, Md. To learn more about the project, visit marylanddove.org.



The Rotary Club of Annapolis Gives \$38,800 in Grants

The Rotary Club of Annapolis recently announced 23 grants totaling \$38,800 from the proceeds of the August 2019 Crab Feast. Funds raised each year at the annual Crab Feast are distributed to nonprofit organizations benefitting the community. The following organizations received grants this year: American Red Cross of Southern Maryland; Annapolis Elementary "Backpack Buddies" Nutrition Program; Annapolis Maritime Museum & Park; Anne Arundel County Food Bank; Arundel House of Hope; Assistance League of the Chesapeake; Backpack Buddies-Heritage Baptist Church; Caring Cupboard; Chrysalis House; Creating Communities; Dare to C.A.R.E. Foundation; HeartSmart-Roop Cardiac Support and Education Foundation; Homes for America; Langton Green; Maryland Therapeutic Riding; Meals on Wheels of Central Maryland; Rolling Knolls Elementary-Backpack Buddies Program; Seeds 4 Success, Start the Adventure In Reading; The Blue Ribbon Project; The Light House; The Way Homes; and YMCA Camp Letts.



↑ AAMC Receives 2020 AONL Prism Diversity Award

Anne Arundel Medical Center (AAMC) is the recipient of the 2020 Prism Award by the American Organization for Nursing Leadership (AONL). This award recognizes AAMC as a leader for advancing diversity efforts within the nursing profession, community, and organization. "AAMC champions a culture that fosters diversity, equity and inclusion," says Sherry Perkins, president of AAMC. "Our employees play a key role in ensuring we nurture diversity in our community and within the workplace, and we are honored to be awarded with the American Organization of Nursing Leadership Prism Diversity Award."

BRAD KAPPEL JOINS TTR SOTHEBY'S INTERNATIONAL REALTY ↓

TTR Sotheby's International Realty is pleased to welcome top-producing waterfront real estate agent Brad Kappel to its Annapolis, Maryland brokerage office. A native of Annapolis, Maryland, Kappel brings over \$200 Million in real estate sales and over 125 real estate transactions to TTR Sotheby's International Realty, further solidifying its position as the Washington Metropolitan Area's premier destination for top performing real estate professionals. "Since joining TTR Sotheby's International Realty in January, I have been extremely impressed with the organization as well as the numerous agents that I have connected with across the Sotheby's network," Kappel says.



ALLY TAX GROUP OPENS SECOND LOCATION ↓

On January 29, Ally Tax Group celebrated the opening of its second location, in Annapolis, with a grand opening ceremony and ribbon cutting. Principal and CPA Marina V. Painter remarked, "I want to thank everyone that came to our grand opening and ribbon cutting ceremony for our second location in Annapolis. I'm extremely overwhelmed with gratitude and all of your support and love. Thank you to our SoCo Chamber, all the elected officials, all my business associates, clients, my staff and my girls...each and every one of you made this day possible!"



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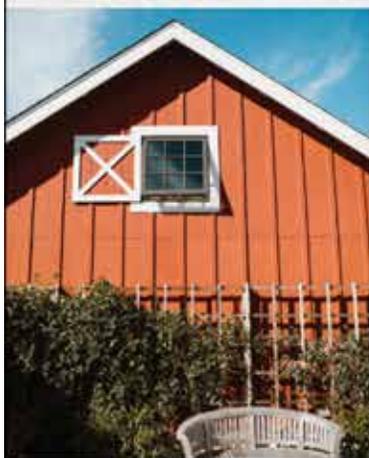
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TOWNE SPOTLIGHT

CRAB Awarded US Sailing's Robie Pierce Award ↓

US Sailing has honored Chesapeake Region Accessible Boating (CRAB) with the 2019 Robie Pierce Award for its efforts over 30 years to promote public access sailing for thousands of people with disabilities. The award was presented by sailing legend and Annapolitan Gary Jobson to CRAB Executive Director Paul "Bo" Bollinger at US Sailing's Leadership Conference awards ceremony on the deck of the aircraft carrier *USS Midway* in San Diego, California. The Para Sailing Committee chose CRAB from nominations across the country. The award recognizes the outstanding program for sailors with disabilities that has made notable contributions to promote public access sailing for people with disabilities.



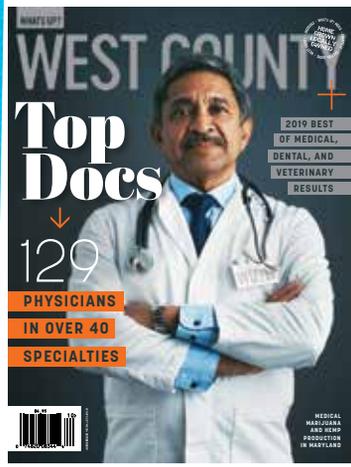
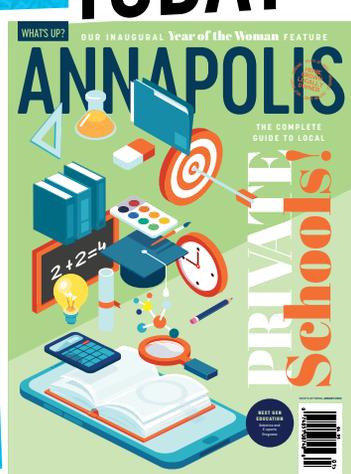
Robbie Pierce, son of Robie Pierce, Paul "Bo" Bollinger, and US Sailing President Cory Sertl on the flight deck of the USS Midway in San Diego. Photo by Elizabeth Bollinger.



↑ CHESAPEAKE ARTS CENTER ANNOUNCES NEW EXECUTIVE DIRECTOR

The Chesapeake Arts Center (CAC) recently announced the appointment of Donna L. Anderson as Executive Director effective February 18. Anderson succeeds Belinda Fraley Huesman who will step aside to transition to other entrepreneurial ventures and will serve as CAC's part-time Strategic Initiatives Advisor through June 2020. Anderson brings more than 25 years of experience in nonprofit management, most recently a 15-year tenure at Maryland Hall for the Creative Arts where she served as VP of Marketing and Development.

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Purple Cherry Architects Wins Best of Houzz ↓

Purple Cherry Architects has been recognized as a "Best of Houzz" award winner in two categories: Design and Service. Their work received these awards, as their portfolio included some of the most popular images and the firm was rated at the highest level for client satisfaction by the Houzz community this past year. Awards were decided by the more than 40 million monthly unique users that comprise the Houzz community from among more than one million active home building, remodeling, and design industry professionals.



SEVERN RIVER ASSOCIATION HIRES FIRST EXECUTIVE DIRECTOR

Severn River Association's Program Officer, Thomas Guay, has been promoted to serve as SRA's Executive Director. In past three years, Guay has been part of the team that built up SRA's on-the-water science programs, recruited and trained citizen scientist volunteers, boosted memberships, donations and foundation support, and initiated a series of college internships to help promote professional development for students seeking a scientific career. Tom will be recruiting candidates to take over the Program Officer duties to build and manage our various on-the-water scientific and educational programs and develop internship opportunities. Interested candidates should email Tom at: TAGuay@severnriver.org

Do you have community or business news to publicize? Send What's Up? an email at editor@whatsupmag.com.



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TOWNE ATHLETE

Jocelyn Povlitz

Southern High School
Lacrosse, Field Hockey, Basketball

By Tom Worgo

Southern standout three-sport athlete Jocelyn Povlitz had a complex decision to make. The senior could have picked a Division I school to play lacrosse. Columbia University, Virginia Tech, University of Maryland, Vanderbilt University, Georgia Institute of Technology, Massachusetts Institute of Technology, and The College of William & Mary topped her list. Her other choice; select a school for academics.

“I was looking to play lacrosse in college,” Povlitz says. “Everybody was getting recruited during my junior year. I kind of made my mind up then. The education I get is what I will be using for the rest of my life. If I focused on sports, then my education could suffer.”

There’s no doubt Povlitz takes academics seriously. She carries a weighted 5.0 grade-point average. With those credentials and an impressive list of off-the-field activities, Povlitz has decided on going to Georgia Institute of Technology. She’s interested in being a doctor and will major in biology.

“I like helping people,” she explains. “Medicine is a very interesting field to me, and there’s so much you can do within it.”

Before Povlitz heads off to college, she’s eager to finish her athletic career with a flourish. This spring marks her fourth year as a starter in girls lacrosse—which is clearly her best sport—and she’s expected to be a team co-captain in basketball and field hockey. She’s been playing lacrosse for 12 years and got her start in the South County Youth Association program.

“She had a great fall in field hockey and I expect that to carry over,” Southern Girls Lacrosse Coach Arvak Marshall says.

The 5-foot-10-inch Povlitz could be the best player on the Bulldogs. She possesses all the intangibles any coach seeks. “She could have played in college for sure,” Marshall says. “There’s no reason why

“We really utilize her athleticism and speed. She is probably the fastest girl on the team, and she does all the little things you want that really help the team out.”

she couldn’t have played at a Division I school.”

Povlitz scored seven goals from her defensive midfield position and played “amazingly in our regional championship loss to Glenelg,” according to Marshall. Povlitz had a goal in that game, but she helps Southern in so many other ways.

“We really utilize her athleticism and speed,” Marshall says. “She is probably the fastest girl on the team, and she does all the little things you want that really help the team out.”

It sounds like the 18-year-old Povlitz could have been a co-captain last year. Marshall and his players appreciate her leadership skills. “Last year, we lost a lot of seniors, and she really stepped up to lead the defense on and off the field,” the coach says. “She kept everybody in line.”

Povlitz also thrives on defense for the Southern girls basketball team. The power forward has led the team in rebounding and blocked shots in her first year as a starter. “She is the backbone of our team,” Southern Girls Basketball Coach Michael

Doyle says. “She is the leader of leaders She has amazing court vision and communication skills. Her teammates feed off her confidence. She makes up for a lot of defensive mistakes. Some players think they have a layup and she comes out of nowhere to swat away the ball.”

On the field hockey team, Povlitz started for three years and played in the county’s first-ever Senior All-Star game.

Povlitz stays busy off the field, too. She’s a member of the National Science Honor Society, volunteered to feed people at a homeless shelter in Baltimore, and tutors classmates. The Congress of Future Medical Leaders selected her as the Maryland State Delegate and she serves as a representative to the county’s Student Athletic Leadership Council.

“She is an awesome kid and defines the word student-athlete,” Doyle says.

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.

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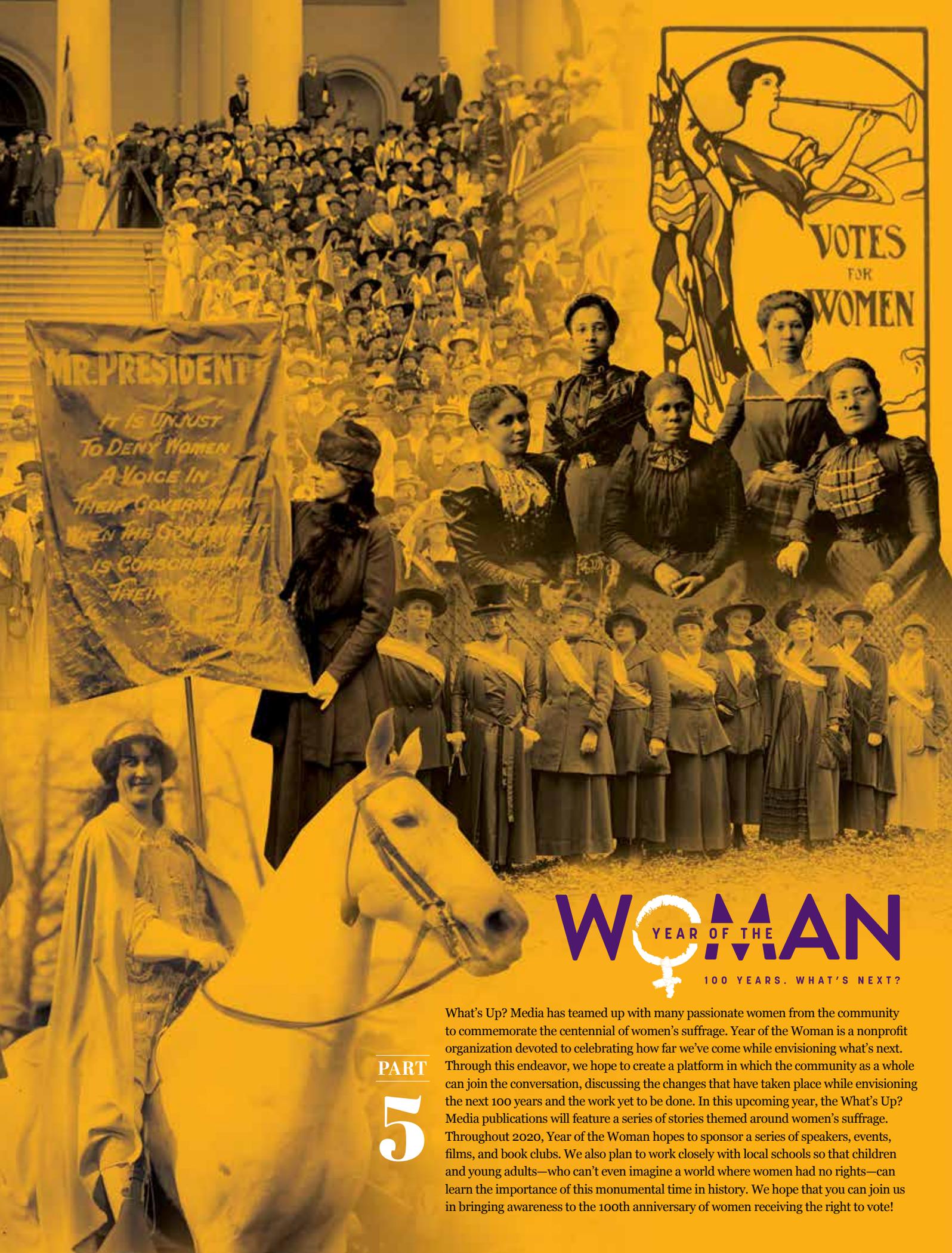
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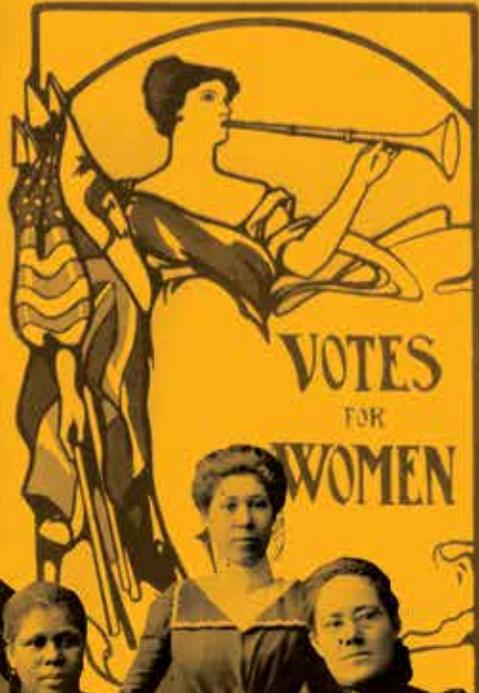


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100 YEARS. WHAT'S NEXT?

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5

What's Up? Media has teamed up with many passionate women from the community to commemorate the centennial of women's suffrage. Year of the Woman is a nonprofit organization devoted to celebrating how far we've come while envisioning what's next. Through this endeavor, we hope to create a platform in which the community as a whole can join the conversation, discussing the changes that have taken place while envisioning the next 100 years and the work yet to be done. In this upcoming year, the What's Up? Media publications will feature a series of stories themed around women's suffrage. Throughout 2020, Year of the Woman hopes to sponsor a series of speakers, events, films, and book clubs. We also plan to work closely with local schools so that children and young adults—who can't even imagine a world where women had no rights—can learn the importance of this monumental time in history. We hope that you can join us in bringing awareness to the 100th anniversary of women receiving the right to vote!



Women & Marriage

An overview of how expectations of the institution have evolved

By Jodie Schram
Hardesty

The evolution of marriage in America brings us to a unique place in history. Contemporary observers in the 1790s, 1890s, and 1920s noted concern during each of those periods that marriage was in trouble. Despite every previous generation's assertion that the younger set is ruining the traditions of marriage, the institution today has become more inclusive and less restrictive, which are inherently good qualities when it comes to the loving partnership we understand to be marriage. More significant changes have taken place between men and women in the past 30 years than in the past 3,000, and those changes have had a substantial impact on the structure and perception of marriage.

The notion that marriage was mostly about political alliances and property gains, rather than personal affection, lasted thousands of years. Affluent families married off their sons and daughters as a personal benefit to increase wealth, share resources, and increase labor pools. Even lower-class families considered the practical and economic benefits of marriage over the romantic, albeit on a much smaller scale. Marrying a suitable partner and producing children to help with farms and businesses was more important than a couple's attraction to one another. Despite the strategy behind these couplings, people did fall in love, sometimes with their spouses and

sometimes not. If a woman hoped to find love within her marriage but was thwarted, she was required to suffer in silence while her husband was permitted to seek affection elsewhere. The institution of marriage was simply too vital to economic and political stability to be based on something as seemingly frivolous as love. Marriage played the additional role of demarcating the division of labor within a household, with gender and age determining on whom the power was bestowed: men.

In addition to marriage's institutional and practical functions, the human element of the arrangement didn't always conform to the legal, cultural, or philosophical model of the times. Marriage is, in most cases, a relationship between two people that brings them face-to-face with both the challenges and joys of sharing a life. For far too many years, men had a legal right to physically abuse their wives and force on them their marital privilege of sex. Even in loving marriages, this was a common and acceptable practice.

Throughout most of our country's history, marriage and property laws mimicked those brought over by English colonists, which gave a husband legal possession of his wife as if she were his property. Women were unable to hold assets or control their earnings. Like children and enslaved people, women were considered dependents. With limited ability to make it on her own economically, a woman relied on marriage as a means to survive, making her legally beholden to her husband in all matters.

With marriage comes divorce, which was uncommon but not unheard of in colonial America. Each colony had its own policies on divorce, usually mirroring those of English law. When marriages didn't work out as a couple expected in colonial and early national America, couples could execute an exclusive contract on their own to live separately and divide their assets. Sometimes they relied on the judgment of legislative authorities to grant them divorces. Another form of separation during that time was called a "wife sale," a folk custom of early

modern England. This oddity took place after a couple agreed to part ways, and the symbolic sale of the wife was granted, most often to a relative, but sometimes to her paramour. Some communities considered this an acceptable form of divorce. Women whose husbands skipped town and were unheard of for seven years or more could obtain permission to remarry. Otherwise, remarrying was not allowed and women relied on relatives to support them.

For the Cherokee, in the early days of white colonization and evangelization, tribes were both matrilineal and matrilocal, meaning a man lived with his wife in her family's home. A husband had no right over the property of his wife, their children, or the fields in which they grew crops. Women had full control over the growing, harvesting, and trading of goods. They signed deeds in property transfers and, as late as 1785, participated in negotiations. In 1818, the United States was working toward the removal of Native Americans from their land. A group of Cherokee women recognized that under the new state guidelines of property allotment and patriarchal standards, they would cease to be property owners, with all ownership transferred to their husbands; they refused to sign allotment agreements.

Marriage has always changed with the times. The Victorian Era ushered in the concept of romantic love but maintained the patriarchal structure of it. Baltimore Unitarian pastor George Burnap published a series of lectures

in 1841 called *The Sphere and Duties of Woman*. In them he described marriage as "that sphere for which woman was originally intended, and to which she is so exactly fitted to adorn and bless, as the wife, the mistress of a home, the solace, the aid and the counselor of that ONE, for whose sake alone the world is of any consequence to her." Even as free choice in marriage became the cultural norm and represented emotional safety for men, the pitfalls of marriage increased for women. They became dependent on their husbands for economic stability and remained without legal status. Their role was to bear and raise children, care for the home, and obey their husbands. If anything went wrong within that arrangement, they had little to no recourse.

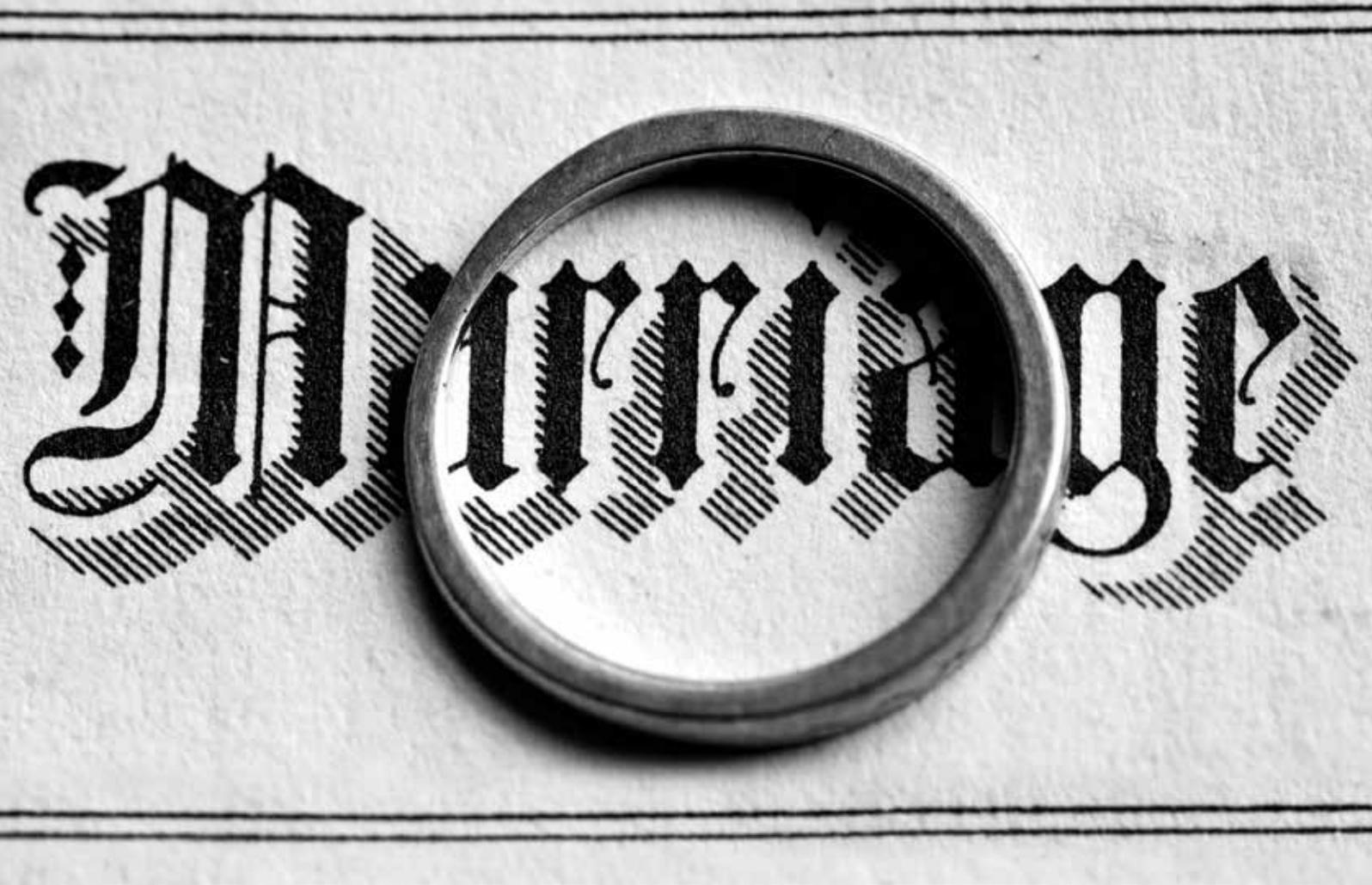
Slavery, like marriage, denied women independent legal existence. Enslaved women (and men) were the property of the men who were responsible for them through ownership. During the eighteenth century, it was not uncommon to find newspaper advertisements placed by men who publicly relinquished their obligation to pay an estranged wife's debts or the debts for slaves who escaped. Enslaved women had no rights. They were utterly dependent on their owners, often sold or traded despite their familial status. While slaves were forbidden to marry, many did so without legal or religious recognition of the union, and at the risk of forced separation.

Before the Civil War, partially in response to the abolitionist movement that argued slavery undermined the institution of marriage within the African American community, and partly because it was economically sensible to do so, owners of the enslaved took an interest in promoting their marriages. They felt it pacified their slaves and provided an incentive for them to stay on their plantations rather than seek freedom without their spouses. After the Civil War, marriage was one of the first civil rights granted to African Americans.

In the early nineteenth century, Connecticut Supreme Court Justice, Tapping Reeve, wrote the first treatise on domestic relations published in the United States. Believing that the courts didn't recognize women's social and business contracts out of fear of male coercion, he argued that the law did not consider husbands and wives one person operating under the husband's power; they were two. He also discussed a second factor that con-

Print shows Francis LeBaron and Mary Wilder during their wedding ceremony in Plymouth, 1695, with many guests, in a room, possibly in the magistrate's residence, officiated by a clergyman.





tributed to the restrictive rules on women's contracts: male marital privileges. If a woman engaged in any agreement that might result in legal actions taken against her, she could go to prison, leaving her husband to fend for himself both in the kitchen and the bedroom. To most American men at the time, that was unacceptable. Once the idea took hold that love and intimacy should be the cornerstones of marriage rather than the arranged alliances of yore, people began to insist on the right to dissolve their marriages. Demanding equal rights for women was, in part, to ensure they could earn and keep their wages. In doing so, they could support themselves financially rather than endure a loveless marriage.

During the 1920s, acceptance of female sexuality seemed revolutionary to the Victorian parents of young women. Sigmund Freud's work influenced psychologists of the time who promoted positive views on sexuality (but only in heterosexual contexts). Birth control became mainstream in middle-class marriages as

a means to an emotionally fulfilling relationship that allowed for sexual pleasure without procreative consequences.

What sometimes gets painted as the golden age of marital ideals, the 1950s, while exceptional in many ways, was an anomaly in the history of marriage. For thousands of years prior, families relied on the contributions of women and children to keep their households afloat. The shared tasks associated with being the breadwinner were spread across an entire family unit. For the first time in American history (and elsewhere in the world), a majority of households consisted of a single, male provider who worked outside the home and a full-time homemaker who only worked within the home, providing all domestic support. This new system was the culmination of over 150 years of marital evolution.

It was only in the mid-twentieth century that opportunities arose in a way that allowed the majority of families to survive on a single income. The outdated patriarchal model of

Painting depicting the marriage of George Washington to Martha Custis in 1759.



marriage was replaced by a love-based model that relied on the male as breadwinner, maintaining his position of power within the family. More than ever before, people accepted the ideals of love and companionship as the basis for marriage. However, loveless marriages were less likely to end in divorce, and the lack of equality between men and women was still accepted. When people comment on what they perceive to be the ultimate stability of marriages in the 1950s and 1960s, they fail to recognize the turmoil and dissatisfaction that was brewing under the surface.

In the last forty years, that model has been turned upside down as we enter uncharted territory in the marital landscape. Even though women today are steadily rising to the tops of their fields, enjoying rights and opportunities that eluded their grandmothers, studies show they are less happy in their marriages than men. In most heterosexual unions, women continue to do more of the unpaid housework, kin keeping, and childcare. They are more likely than their husbands to sacrifice personal and career goals in exchange for time spent fulfilling the needs of their families. Inequality still exists, and marriage can be less beneficial to women than it would be to remain single. When women get divorced, they report increased levels of happiness as divorcees and are more likely than men to enjoy their single status.

At a time when women don't have to rely on partners to support them financially, love and emotional support still provide reasons to marry. However, with marriage rates continuing to decline, it's apparent that men and women still form bonds, live together and raise children, but sometimes without the formality of a legal marriage. The transition currently taking place in both married and non-married partnerships seems to be one of parity where both partners work full-time and take on the domestic tasks that are simply part of life, including childcare. As American women strengthen their independence and ability to thrive economically in society, the shift isn't always to abandon the institution of marriage. Instead, it may emphasize working toward a marriage that better suits both partners and is happier.

A line from the 1996 film *Jerry Maguire* had a culturally impactful effect on our perception of love. When Tom Cruise's teary-eyed character says to the wistful Renee Zellweger,

"I love you. You complete me," there was a collective melting of American's hearts. That line has infected our notion of true love for 24 years too long. Yes, it was a romantic cinematic moment, but should it dictate our expectations of real-life romance? We've evolved beyond that. "We are born wise; we are born complete." This quote was printed onto the little tag attached to a teabag and offers a more pragmatic approach to the self-acceptance required for a healthy partnership.

If we learn anything from history as it pertains to marriage, it's how few precedents are still applicable to today's marital landscape. We've moved from women having little or no choice in who they married to the 2015 Supreme Court ruling that made same-sex marriage legal in all 50 states. Death used to end many more marriages than divorce does today. A husband used to own his wife's property, earnings, and sexuality while a woman who bore a child out of wedlock became a social castoff, only able to survive as either a mistress or prostitute.

When Justice Anthony Kennedy authored his opinion on same-sex marriage, he wrote:

"No union is more profound than marriage, for it embodies the highest ideals of love, fidelity, devotion, sacrifice, and family. In forming a marital union, two people become something greater than once they were. As some of the petitioners in these cases demonstrated, marriage embodies a love that may endure even past death. It would misunderstand these men and women to say they disrespect the idea of marriage. Their plea is that they do respect it, respect it so deeply that they seek to find its fulfillment for themselves. Their hope is not to be condemned to live in loneliness, excluded from one of civilization's oldest institutions. They ask for equal dignity in the eyes of the law. The Constitution grants them that right."

While women continue to gain footing in America and across the globe, we can expect to see continued changes in how marriage is interpreted and practiced. As long as equality, respect, and yes, love, are at the forefront of those unions, the institution will remain one of reverence.

Tune in each month as we continue our "Year of the Woman" article series, and in the meantime, check out the upcoming related events at

yearofthewoman.net

Women Making History



The Paca Girlfriends Founding Committee with major donor Cheryl Diane Beatson (front row center) and Maryland First Lady Yumi Hogan (back row).



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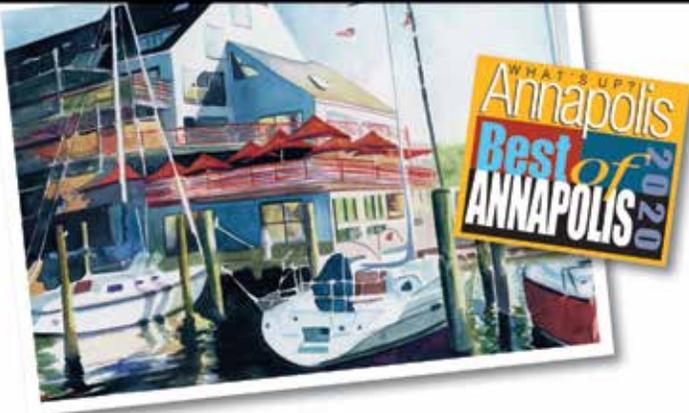
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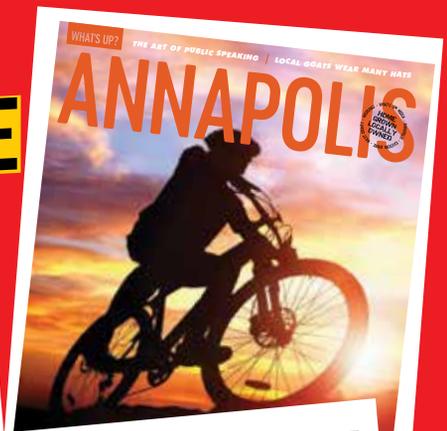


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BEST OF

FOOD &
DINING

ANNAPOLIS

The Best of Annapolis Food & Dining winners are here, *as voted by our readership*. This is an important designation. You chose the winners on the following pages; *nobody paid to be included on this list*.

So, thank you to our loyal readership that took the time to vote for the tops in town when it comes to restaurants and fave dishes. Last fall we called upon you to write-in your recommendations in many categories. After carefully vetting ballots for any duplicates or multiples originating from one source (no ballot stuffing allowed), we arrived at the resulting winners.

Editor's Note: *As we go to press on this issue and list of winners, we acknowledge that the COVID-19 situation has affected business operations. The good news is that many restaurants and vendors on this list are still offering delivery, curbside, and takeout menus; and many of the best items on this list are available to purchase. Please support these local businesses as they—like us—navigate, adjust, and creatively survive the COVID-19 situation. Thank you!*

And coming in our June issue, we'll publish the Best of Beauty & Fitness results.

AND THE WINNERS ARE...

LISTED ALPHABETICALLY BY *CATEGORY*



Iron Rooster

American Food

Latitude 38

12 Dock Street,
Annapolis
667-204-2282
latitude38water-
front.com

Appetizers

Cooper's Hawk

1906 Towne Centre
Boulevard, Annap-
olis
443-837-9989
chwinery.com

Bakery

Dessert

Main & Market

914 Bay Ridge Road,
Annapolis
410-626-0388
mainandmarket.com

Barbeque

Mission BBQ

2101 Somerville
Road, Annapolis
443-569-4700
Also located in
Downtown Annap-
olis
mission-bbq.com

Beer Selection

The Brass Tap

2002 Annapolis Mall
Road, Annapolis
833-901-BEER
thebrasstap.com

Breakfast

Iron Rooster

12 Market Space,
Annapolis
410-990-1600
ironroosterallday.
com

Brew Pub

Rams Head Tavern

33 West Street,
Annapolis
410-268-4545
ramshheadtavern.
com

Burger

Five Guys

1046 Annapolis Mall
Road, Annapolis
410-573-0581
fiveguys.com

Candy Shop

Kilwans

128 Main Street,
Annapolis
410-263-2601
kilwans.com

Caterer

**The Bell House
Catering**

1825 George Ave-
nue, Annapolis
443-995-2694
thebellhousecater-
ing.com

Chain Pizza

Ledo Pizza

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napolis, Edgewater,
Severna Park, and
more
ledopizza.com

Chef

**Jim Holderbaum of
Range & Reef**

240-476-7291
rangeandreef.com

Chinese Restaurant

Jack's Fortune
960 Bay Ridge
Road, Annapolis
410-267-7731
jackfortunet.com

French Restaurant

Café Normandie
185 Main Street,
Annapolis
410-263-3382
cafenormandie.com

Cocktails

Level
69 West Street,
Annapolis
410-268-0003
levelannapolis.com

German Restaurant

Old Stein Inn
1143 Central Avenue,
Edgewater
410-798-6807
oldstein-inn.com

Crabcake

*Family Friendly
Restaurant*

Boatyard Bar & Grill
400 Fourth Street,
Annapolis
410-216-6206
boatyardbarandgrill.
com

Gluten-Free

RASA Juice Shop
90 Maryland Ave-
nue, Annapolis
410-570-4597
rasajuiceshop.com

*Cream of Crab Soup
Outdoor Dining*

Carrol's Creek Café
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Annapolis
410-263-8102
carrolscreek.com

Greek Food

**Paul's Homewood
Café**
919 West Street,
Annapolis
410-267-7891
paulscafe-annapo-
lis.com

Cupcakes

Blue Crab Cupcakes
1580 Whitehall
Road, Annapolis
443-221-7246
bluecrabcupcakes.
com

Happy Hour

**Broadneck Grill and
Cantina**
1364 Cape Saint
Claire Road, Annapo-
lis
410-757-0002
Also located in
Edgewater
broadneckgrill.com

Deli

**Giolitti Fine Italian
Market**
2068 Somerville
Road, Annapolis
410-266-8600
giolittideli.com

Ice Cream

**Annapolis Ice Cream
Company**
196 Main Street,
Annapolis
443-714-8674
annapolisicecream.
com

Farm-to-Table Menu

Preserve
164 Main Street,
Annapolis
443-598-6920
preserve-eats.com



Carpaccio Tuscan



Osteria 177



Broadneck Grill and Cantina



Pasticcio Fresh Italian Kitchen

Indian Restaurant
Basmati Indian Cuisine
 2444 Solomons Island Road, Annapolis
 410-266-6355
 basmatiofannapolis.com

Irish Restaurant
Galway Bay
 63 Maryland Avenue, Annapolis
 410-263-8333
 galwaybaymd.com

Italian Restaurant
Osteria 177
 177 Main Street, Annapolis
 410-267-7700
 osteria177.com

Japanese Restaurant
Joss Café and Sushi Bar
 195 Main Street, Annapolis
 410-263-4688
 jossushi.com

Local Coffee Shop
Rise Up Coffee
 2042 Somerville Road, Annapolis
 443-926-1226
 Also located in Edgewater
 riseupcoffee.com

Local Pizza
Rocco's Pizzeria
 954 Bay Ridge Road, Annapolis
 410-263-9444
 roccospizzashop.com

Maryland Crab Soup
The Point Crab House & Grill
 700 Mill Creek Road, Arnold
 410-544-5448
 thepointcrabhouse.com

Mexican Restaurant
Sin Fronteras Café
 2129 Forest Drive, Annapolis
 410-266-0013
 sinfronterascafe.com

New Restaurant
Jesse Jay's Latin Inspired Kitchen
 5471 Muddy Creek Road, Churchton
 443-713-0348
 jessejays.com

Place to Take Out of Towners
Cantler's Riverside Inn
 458 Forest Beach Road, Annapolis
 410-757-1311
 cantlers.com

Raw Bar/Oysters
McGarvey's Saloon & Oyster Bar
 8 Market Space, Annapolis
 410-263-5700
 mcgarveysannapolis.com

Restaurant Décor
Sailor Oyster Bar
 196 West Street, Annapolis
 410-571-5449
 sailoroysterbar.com



Sin Fronteras Café

Romantic Restaurant

Lewnes' Steak House
401 Fourth Street,
Annapolis
410-263-1617
lewnessteakhouse.com

Scratch Kitchen

Eastport Kitchen
923 Chesapeake
Avenue, Annapolis
410-990-0000
eastportkitchen.com

Seafood Restaurant

O'Learys Seafood Restaurant
310 Third Street,
Annapolis
410-263-0884
olearysseafood.com

Small Plates

Grapes Wine Bar of Annapolis
1410 Forest Drive,
Annapolis
410-571-5378
grapeswinebarannapolis.com

Spanish Food

Jalapeños Restaurant
85 Forest Drive,
Annapolis
410-266-7580
jalapenosonline.com

Sports Bar

Heroes Pub
1 Riverview Avenue,
Annapolis
410-573-1996
heroespub.com

Steakhouse

Ruth's Chris Steak House
301 Severn Avenue,
Annapolis
410-990-0033
ruthschris.com

Steamed Crabs

Mike's Crab House
3030 Riva Road,
Riva
410-956-2784
mikescrabhouse.com

Sunday Brunch

Miss Shirley's Café
1 Park Place, Annapolis
410-268-5171
missshirleys.com

Sushi

Yama Sushi Bar
2049 West Street,
Ste. E, Annapolis
410-266-8878
yamasushiannapolis.com

Take-Out

Pasticcio Fresh Italian Kitchen
150 Jennifer Road,
Ste. F, Annapolis
443-949-0608
pasticcioannapolis.com

Thai Food

Lemongrass
167 West Street,
Annapolis
410-280-0086
lemongrassannapolis.com

Trivia Night

Middleton Tavern
2 Market Space,
Annapolis
410-263-3323
middletontavern.com

Vegetarian

Flamant
17 Annapolis Street,
Annapolis
410-267-0274
flamantmd.com

Wait Staff

Vin 909 Winecafé
909 Bay Ridge Avenue,
Annapolis
410-990-1846
vin909.com

Waterfront Restaurant

Chart House
300 Second Street,
Annapolis
410-268-7166
chart-house.com

Whiskey Selection

Dry 85
193B Main Street,
Annapolis
443-214-5171
dry85.com

Wine Selection

Carpaccio Tuscan
Kitchen & Wine Bar
1 Park Place, Ste. 10,
Annapolis
410-268-6569
carpacciotuscan-kitchen.com

Wings

O'Loughlin's
1258 Bay Dale Drive,
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410-349-0200
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DEVOTED

They're known as "Power Couples," and what—in their opinions—makes them successful in marriage, careers, and social life may surprise you

By Lisa Hillman

You can sense it. You're at a party or a meeting or any large gathering, and that couple walks into the room. All heads turn. There's something about how they hold themselves, shake hands, and smile. And if you didn't know them, you'd ask "Who are they?" **POWER COUPLES.**

Whether on the world stage or in our own communities, they draw our attention. Targets of our fascination, these couples draw both our curiosity and maybe our envy. Who are they? How did they get to be where they are? In what ways are their lives different from ours? Or are they?

What's Up? Media set out to interview four local couples who can claim the moniker "power couple," even though each rebuffs the title. In a region where government dominates, three of the four couples are politically connected. A fourth reflects a highly successful business acumen. All four couples offer something to make our own lives better.

A BIT OF BACKGROUND. To some people, the term "power couple" may feel new. We think of celebrities like Kim and Kanye West, Amal and George Clooney, or Beyoncé and Jay Z. Or political leaders, like Bill and Hillary Clinton, or one of the most famous power couples of our time, Barack and Michelle Obama.

But the term actually was cited

nearly 40 years ago when Bob Dole, then U.S. Senator, and his wife Elizabeth, then Secretary of Education, were dubbed a "power couple" by such publications as the *New York Times*, *U.S. News*, and *Cosmopolitan*. Other publications proclaimed the 1990s and the years that followed as the "age of the power couple."

Today, the phrase generally applies to two people who are married or in a relationship with one another, where both have very successful careers, typically in politics or entertainment.

According to a recent article in *Harvard Business Review*, researcher Jennifer Petriglieri notes that dual-earner couples are on the rise. Her findings indicate that "evidence is mounting from social research that when both parties dedicate themselves to work and to home life, they reap benefits such as increased economic freedom, a more satisfying relationship, and lower-than-average chance of divorce."

In a related article *Harvard Business Review's* Executive Editor Ania G. Wieckowski cautions that "Choosing a spouse may be one of the most important career decisions you'll ever make because that person will be either a support or a hindrance to your professional ambitions. So, choose wisely."

LAWRENCE J. HOGAN, JR. & YUMI HOGAN

It's hard to imagine anyone in this region more powerful than the residents of Government House. By virtue of Larry Hogan's political prominence, Maryland's Governor and First Lady qualify as a "power couple." In 2014, Governor Hogan became the first Maryland governor in more than 100 years elected as an Anne Arundel County resident, and in 2016, the first Republican to win a second term in Maryland since 1954.

But what makes this pair even more attractive is Yumi Hogan's own renown as an artist and teacher. Born on December 25th in South Korea, the youngest of eight children, Mrs. Hogan met her husband in an art gallery in Columbia, Maryland, when he was "in real estate and just passing by." They married May 1, 2004 at the William Paca House in Annapolis, "the year of the cicadas. It was very noisy!"

The first Asian-American first lady of Maryland, she also is the first American artist to live in the mansion, complete with the home's first art studio. Mrs. Hogan teaches at the Maryland Institute of Art and has held exhibitions of her work—applying Sumi ink and mixed media on traditional Hanji paper—in the United States, Canada, China, Korea, and, most recently, in Greece.





ROBERT NEALL & MARTA HARTING

Another local power couple also has strong government ties. Having served as Anne Arundel County Executive from 1990–94 and State Senator from 1996–2003, Robert Neall now serves as Secretary of the Maryland Department of Health, overseeing 7,000 employees and a \$14 billion budget. For 26 years, he was Senior Vice President of Development and External Affairs for Johns Hopkins Health System.

Marta Harting is a partner with Venable LLP, a law firm headquartered in Washington, D.C., with 850 professionals nationwide. She is a state regulatory and government affairs attorney who represents clients before the Maryland General Assembly, Executive Branch, and State regulatory agencies. Her clients include large Maryland health care providers, insurers, public utilities, IT companies, manufacturers, hospitality, gaming, and entertainment companies. Married in June, 2006, the couple first met earlier when she was bond counsel for Anne Arundel County and Neall was County Executive. During his Senate term almost a decade later, the two met again “over a bowl of oyster stew,” which he made.

VICKI GRUBER & TOM LEWIS

Vicki Gruber is the Executive Director of the Department of Legislative Services, a state agency with 400 employees that provides comprehensive support for the Maryland General Assembly, including policy and fiscal analysis, bill drafting, and committee staffing. An attorney, Gruber formerly served as Chief of Staff for Senate President Mike Miller from 2006–2017.

Tom Lewis, Vice President for Government and Community Affairs for Johns Hopkins Health System and University, oversees a staff of 25, including lawyers, researchers, and community workers. Also an attorney, he served as Chief of Staff for two House Speakers, Casper Taylor and Michael Busch. Married in September, 1999, the couple met at a Maryland Chamber of Commerce Conference in Ocean City, “while working, of course!”





TINA & JOHN GALDIERI

This Eastern Shore couple epitomizes entrepreneurship. A 1996 graduate of the U.S. Naval Academy, John is President of Trident Aircraft, a company he founded in 2006 to make flight instruction and aircraft rental affordable to midshipmen. Based at Easton Airport, Trident's staff of 47 employees, including 30 pilots, has trained more than 3,500 midshipmen to fly in Maryland and in Trident offices in Milton, Florida, and Ozark, Alabama.

Tina is the National Football League Baltimore Ravens Cheerleading Director, a position she's held since 1998. She hires, fires, and trains the 70-plus cheerleaders, both male and female, who perform at home games and numerous appearances yearlong. She also is General Manager of Epic, one of the largest cheerleading and dance-event planning companies in the United States that hosts some 65 events per year. The couple met when John's younger brother at the Academy couldn't keep a date with a Ravens cheerleader, so John attended and met Tina at the annual cheerleading event. The couple married May, 2006, "in a clubhouse on the water with sundresses and Tommy Bahama shirts."



A CERTAIN PRIDE

Spend time with any of these couples, and what emerge first is how each partner has worked hard to be where he or she is, and secondly, how each is proud of his or her spouse.

John Galdieri watches almost in awe as his wife recounts the story of her early years. It's a story he's heard many times, but his face glows as she talks.

As a student pursuing a criminal justice degree at the University of Maryland, Tina realized that she could convert her interest in choreography for cheerleading into a business. At age 20, with grit and hard work, she started building a company that rapidly expanded into hosting camps, clinics, and competitions, and later evolved into Epic. Recently, Epic was bought by Varsity, the largest cheerleading company in the U.S. Tina also loves her work with the Ravens, incorporating dance routines into the athleticism of the performances. On the field for every game, she admits, "It's such unique work," and is proud that it is the first co-ed squad in the National Football League.

John, a pilot since age 16, set sights on flying for the Navy. But a heart murmur detected in his senior year at the Academy landed him on a ship instead. Undeterred, he "built aviation as a career off-duty." After his Navy commitment, he flew charter jets for large, private companies and then started his own company in 2006. By 2010, he'd also landed a contract with the Navy to teach an introductory flight screening program to midshipmen, and his company "took off."

Hard work. Love for what they do. Pride in each other's achievements. Themes that characterize all the couples.

Neall speaks almost reverentially about his wife. He praises her as a "great lawyer with excellent clients." He understands when she takes a "Sunday to work all day because she has a filing due," as she does often. She, in turn, expresses great pride in him, "how he grasps a situation and bears down until it is solved." The two are matched well. Neall, known for a certain "south county" charm and turn-of-phrase is perfectly offset by Harting's more quiet, self-reflective, and studious style. As Neall himself describes their marriage, it's "sort of a merge." And it works well.

For Gruber and Lewis, it is an extraordinary, life-changing event that reflects admiration for one another's stamina and problem-solving. Celebrating their second wedding anniversary in 2001, they were flying to Dulles airport on September 11th when their plane was diverted to St. John's, Newfoundland. Theirs was the second plane to land on the small, sparsely populated Canadian island. They sat on the tarmac for 12 hours, unaware of the tragedy unfolding in the United States until they witnessed it on a jumbo screen in the hockey arena. With all U.S. flights shut down, finding a way home tested the couple's resolve. After five nights sleeping on gym mats, they made their way home by bus and ferry.

As an artist Maryland's First Lady relishes the time she can spend in her studio. She paints often on weekends and admits



HE PRAISES HER AS A "GREAT LAWYER WITH EXCELLENT CLIENTS."

she can "get lost in it," sometimes forgetting to stop for meals. It is the Governor who reminds her she has to eat. She, in turn, makes sure he returns to a "warm" home at the end of his typically very long days.



WHEN CONFLICTS ARISE

Conflicts are bound to arise with a dual-career, high-powered marriage. Common among all four couples is the goal to avoid them, both at home and in the workplace.

Given Governor Hogan's relentless schedule, the First Lady acknowledges "he's not my husband. He's the whole of Maryland's husband." She's quick to add it is "never any problem. We understand each other. We support each other." She notes he will change his schedule to attend her exhibitions and even help load and unload her artwork.

For Neall and Harting, "conflict" takes a legal meaning, often requiring formal disclosure because of their careers. As a lawyer and a lobbyist, Harting deals with health department staff, but Neall says "I don't even know it. It would never come across my desk." They don't support one another in the traditional sense because "we really don't discuss the other's work." If Harting asks her husband how his day was, he typically quips "Fine. I escaped with my life." It's not uncommon for the two of them to attend the same evening function and to arrive and leave separately. "We try to avoid mixing work and socializing," Neall says, to avoid any conflicts.

It is a similar concern for Gruber and Lewis. Considering that Tom frequents the halls of the General Assembly, Vicki says if there's

even a perceived conflict, "I step away and another member of our staff is assigned to avoid any knowledge or involvement."



"WE WILL CONTINUE TO LIVE A SECURE, STRUCTURED, FUN, FAMILY CENTERED LIFE."

Tina and John readily admit managing their hard-charging careers, albeit quite different from one another, has not been "all smooth." Shortly after their daughter Gracie was born 12 years ago, they sought a life coach, a woman they knew from church. Says Tina, "She helped define our roles and acknowledged that we are two highly-successful, controlling people." And it helped. The Galdieris even apply their business sense to their family. Perched on their home computer and refrigerator is the Galdieri Family Mission Statement: "We will continue to live a Secure, Structured, Fun, Family Centered Life."



TAKING OUT THE TRASH

In any household, someone has to do it. But what if both husband and wife are working 12-14-hour days, or in the case of the Galdieris, travelling for John's flight school or Tina's event-planning company?

For power couples, resources are rarely a problem. Nevertheless, as with many couples, there's a division of labor regarding routine household chores.

Neall normally gets home first. In his characteristic self-deprecating style, he quips: “Marta has a much stronger work ethic than I do.” He does the trash, cooks, and feeds their three cats. She cleans the litter, does the laundry, and helps with the dishes.

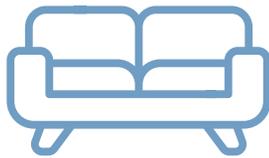


TOM DOES THE LAUNDRY. SHE LOVES TO GROCERY SHOP AND COOK. HE DOES THE DISHES. THEY BALANCE NIGHTLY WHO WILL BE WHERE AND WITH WHICH CHILD.

For Gruber and Lewis, it’s more complicated since they still have teenagers at home. Tom does the laundry. She loves to grocery shop and cook. He does the dishes. They balance nightly who will be where and with which child. Adolescent sons Ben and Will both attend Key School where Will plays soccer and basketball and Ben recently acted in the school drama. Tom takes them to school in the morning before heading to Baltimore and she typically picks-up. Any “spare” time is spent with their children. Volunteer activities also reflect the boys’ interests. But Gruber readily admits she couldn’t manage without her parents who moved to Annapolis when Ben was one year old: “They’re invaluable to us in making it all work.”

Balancing household chores is sometimes a challenge for the Galdieris. Says Tina, “John likes the big toys, like taking care of the cars. I do the laundry, shopping, cooking.” They also still have a nanny for Gracie, now almost 13, whom Tina says, “has learned to be very independent,”

and—no surprise—“is very driven.” Mornings, John makes his daughter breakfast and drives her to school.



DOWN TIME

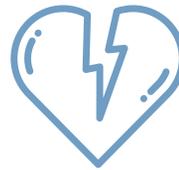
With hard-charging couples, there’s not much time outside of work. But even Maryland’s first couple makes time for each other and their family.

The Hogans recently vacationed in Disney World with the whole family, including three daughters and four grandchildren, ages 1 ½ to 6. Yumi says her husband “loves the rides.” In a rare glimpse of their private lives, she admits that the couple finds “quiet time before sleep” when they might “watch a drama together.” She also has taken up Korean cooking, something she wants to pass along to the next generation via YouTube.

For couples with children, there’s little “down” time. Vacations become sacred, often spent in remote places to disengage and focus totally on the family. Vicki and Tom reserve the first two weeks of August annually. They have taken Mediterranean cruises, traveling to Italy and Greece with their sons. Time alone for each other? “Not as much as we should,” they confess.

John and Tina also have vacationed with their daughter in Europe. They take frequent overnight trips on their boat, or spend days in their home in Naples, Florida. The couple is very clear that they schedule time just for themselves—one large, annual trip, like a trip to Alaska or Jamaica—but even more important, weekly “date nights.” Says Tina, “We made a New Year’s resolution five years ago to do this. Weekdays we’ll go to dinner while Gracie is at gymnastics. Usually it’s just a speed date, two appetizers and a glass of wine.”

Bucking the vacation trend, Neall claims he cannot do “more than three days or you’d have to retrain me.” The couple spends weekends at either Harting’s house on Brooms Island in Calvert County or their cabin in Berkley Springs, West Virginia. On rare weeknights when they can relax at home, Neall paints this picture: “We’re each in our own leather recliners in the den. She’s with her lap top and I’m watching *Perry Mason* or some old TV show, like *Ma and Pa Kettle*, with a book in my lap, and there’s a stray cat or two nearby.”



THE HARD TIMES

Power couples are far from immune to family crises or struggle. Sometimes, these even go public.

When Governor Hogan was diagnosed with Stage 3 non-Hodgkin’s lymphoma in 2015, the First Lady followed his lead in being very open about his disease and long-term treatment. During her frequent visits to the hospital, she met and talked with many cancer patients and their families. Inspired by the courage of children fighting cancer, she established “Yumi Cares,” an organization to help children battling cancer and other diseases.

The Galdieris’ world was shaken when Gracie was diagnosed with a rare condition that requires medication and careful monitoring by pediatric specialists. Tina says they have attended more than 30 doctor visits in the last year. Despite the couple’s demanding schedule, both she and John attend every appointment, together.



TIPS FOR OTHERS

Asked what advice they would offer others, the power couples share combined wisdom:

- Discuss your goals. You need to talk about your goals to attain them.
- Make time for each other. Don’t just “find” time.
- Be flexible, especially when each partner has a career he or she loves.
- Find similar passions.
- Be part of making good things happen for people.
- Have your own space, but stay connected.

Perhaps the First Lady in her more traditional style describes it best: “Understand that sometimes husband is tired. When he comes home, it’s not a time for criticism. Stay in touch throughout the day. Near the end of the day, he often texts me just to tell me, Honey I’m coming home.”



“UNDERSTAND THAT SOMETIMES HUSBAND IS TIRED. WHEN HE COMES HOME, IT’S NOT A TIME FOR CRITICISM. STAY IN TOUCH THROUGHOUT THE DAY. NEAR THE END OF THE DAY, HE OFTEN TEXTS ME JUST TO TELL ME, HONEY I’M COMING HOME.”

A FINAL WORD

When asked “Do you think of yourself as a Power Couple?” no one said “yes.” Despite her considerable span of influence, Gruber says she still thinks of herself as a “staffer.” Tina says she and John simply “both love the business side” of what they do.

But it’s Neall—as a former elected official and now in an appointed post—who responds the strongest. “Power couple? No. Never thought of it as power. It’s the ability to serve citizens. If I don’t do my job well, people suffer. It’s not about power. It’s about service.”

Stop Whispering:



Why is hospice one of those words we feel we must whisper? Why is there such a stigma in our society about dying – another whisper word – when it is not only natural, it's inevitable? Let's dispel some of those myths that make saying "hospice" and "dying" so scary:

Myth #1: Hospice is a place.

Hospice is not a place. It's a health service that focuses on comfort and quality of life. An interdisciplinary team of physicians, nurses, CNAs, social workers, chaplains and trained volunteers cares for patients wherever they call home – a house, a senior living apartment or an assisted-living facility.

Myth #2: People would rather die in a hospital.

Research has shown that the majority of Americans – more than 80% – would prefer to be at home at the end of life. Hospice makes this possible for most.

Myth #3: Hospice care is expensive.

Fear of costs should never prevent a person from accessing hospice care, as it is paid for by Medicare, Medicaid and most insurance plans.

It's Okay To Say "Hospice" Out Loud

Myth #4: Hospice services are only for people dying of cancer.

Hospice is family-centered care. We serve anyone with a life-limiting illness and their families. Family care continues after the patient has died through counseling and grief services.

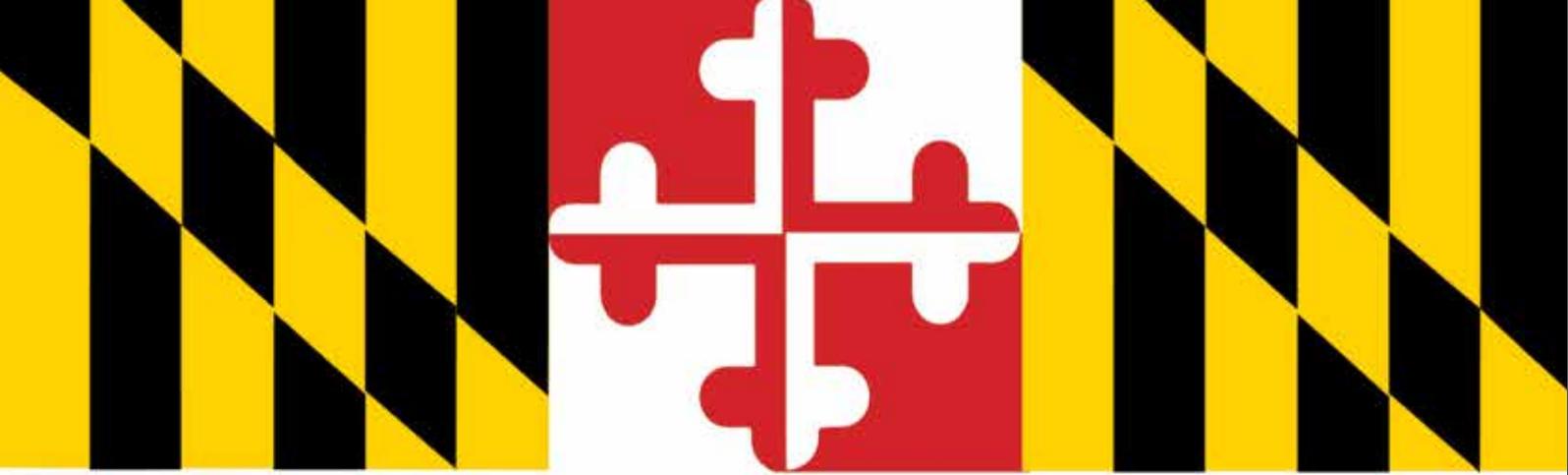
Myth #5: Patients die sooner with hospice care than without it.

Studies show people receiving hospice care actually live longer than similar patients who do not opt for hospice. Thanks to a dedicated corps of volunteers, we can make all those extra days more meaningful by providing complementary services such as art, music and pet therapy; reiki and massage therapy; and veteran's services, including Honor Salutes.

Myth #6: All hospice care is the same.

Some programs are administered by for-profit groups, which are accountable to their shareholders. Hospice of the Chesapeake is a not-for-profit organization. Our revenues are invested in patient care and community services that support our mission. Any service not covered by insurance is paid for by the generosity of our donors, whose dedication and compassion inspire us to be our best.

To learn more about how we are caring for life throughout the journey with illness and loss, or to make a tax-deductible donation, visit our website at www.hospicechesapeake.org or call 410-987-2003.



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LEADING LAWYERS

2020—2021

Last fall, we conducted our biennial **Leading Lawyers Peer Review Survey**, inviting all attorneys and judges who practice law in Anne Arundel County and/or the Eastern Shore to participate. We would like to thank the many area attorneys who took the time and effort to fill out the official ballot online. Lawyers were required to enter their Maryland attorney license number to access the survey and the results were vetted to ensure that only lawyers/surveys in good standing with the state were counted.

A true peer review survey is a rarity in this day and age—most publications don't take the time and trouble to conduct the survey and ballot tallying—which makes these results all the more meaningful. These are not “editors' picks” or the result of limitless ballots from the general public. **These**

honors only come directly from other attorneys and judges—people who really know what it takes to be a good lawyer right here in Anne Arundel County. We are especially gratified because we believe this biennial poll provides **an invaluable service to our readers**.

The following names, in 28 categories, represent the individuals who clearly received the most substantial amount of votes, not everyone who was nominated. **No attorney paid to be on this list**. Some categories list more names than others. This is as a result of the especially active voting in those categories. Congratulations to all Leading Lawyers named herein!

—James Houck, *Editorial Director*



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Liff, Walsh & Simmons is a full-service business law firm located in Annapolis, Maryland. The firm's practice includes general and transactional business advice, employment law, commercial and civil litigation, commercial finance, estate planning and administration, real estate, construction law, land use and zoning, and administrative law and licensing. We consistently provide our clients with the highest quality legal services with an emphasis on practical and cost-efficient strategies.

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LEADING LEGAL PROFESSIONALS 2020-2021

Hillman, Brown & Darrow, P.A.



Lauren A. Torggler, Brian D. Lyman, M. Evelyn Spurgin, Crighton A. Chase, Michael P. Darrow, Jonathan E. Pasterick, Samuel J. Brown, H. Winship Wheatley III (of Counsel), Daniel J. Mellin, Marietta B. Warren, Sarah E. Brown

Carrying on a Legacy of Success

One of the oldest and most respected law firms in Annapolis, Hillman, Brown & Darrow (HBD) commemorated its 40th year on October 1, 2019. A momentous occasion, the event offered the attorneys an opportunity to reflect on the firm's rich history and celebrate how much it has grown and evolved throughout the years. Indeed, HBD has successfully adapted to meet the needs of an ever-changing world and takes pride in its ability to provide the highest level of service and dedication to its clients.

Founded in 1929 by Noah A. Hillman, the enduring legacy of HBD extends back to 1976 when Samuel J. Brown began his practice with Noah and his son, Richard Hillman. However, it was not until October 1, 1979, when Hillman & Brown merged with the practice of Michael P. Darrow that HBD was officially born. The founding partners established a tradition of excellence that they passed down to the next generation, and the firm's mission and commitment to its core values will never change.

A full-service law firm, HBD has stood the test of time and prides itself on its longevity, its stability, and its role as a pillar of the community. Since 1979, the firm has grown from three to 11 attorneys who have 285 combined years of experience practicing law. All of the attorneys passed the bar exam the first time: Samuel J. Brown (1976), Michael P. Darrow (1977), Daniel J. Mellin (1981), M. Evelyn Spurgin (1979), Jonathan E. Pasterick (1999), Marietta B. Warren (2006), Crighton A. Chase (2003), Brian D. Lyman (2003), Lauren A. Torggler (2013), Sarah E. Brown (2015), and H. Winship Wheatley, III (1983).

Indeed, the attorneys at HBD specialize in various areas of practice and excel at providing high-quality legal services to meet their clients' individual needs. So it's not surprising that they have been listed as Leading Lawyers in What's Up? since the inception of the survey. They have also consistently received recognition as either The Capital Readers' Choice Winner or Finalist since 2010. In addition, several of the attorneys at HBD have been selected as Super Lawyers or Super Lawyers Rising Stars. SmartCEO recognized the firm among the top business elite in the area who symbolize leadership, innovation, and philanthropy as "Power Players" at its Inaugural SmartCEO Power Players Awards Ceremony. All of these highly esteemed awards, which are just a few of the honors that they have received, serve as a testament to the expertise and professionalism of the attorneys—solidifying HBD's reputation as one of the most successful law firms in Annapolis.

In addition to its strong work ethic and dedication to its clients, HBD is also committed to giving back to the community. The attorneys are involved in and have served on the boards of numerous organizations, including the Anne Arundel County Public Library Foundation, the Anne Arundel County Chamber of Commerce, the Anne Arundel County Food Bank, Annapolis Waterfront & Sailing Center, the Annapolis Film Festival, GiGi's Playhouse

HBD'S ATTORNEYS



- Samuel J. Brown
- Michael P. Darrow
- Daniel J. Mellin
- M. Evelyn Spurgin
- Jonathan E. Pasterick
- Marietta B. Warren
- Crighton A. Chase
- Brian D. Lyman
- Lauren A. Torggler
- Sarah E. Brown
- H. Winship Wheatley, III

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- Criminal & Traffic
- Divorce & Family
- Real Estate & Land Use
- Wills, Trusts & Estates

of Annapolis, Historic London Town & Gardens, The Severn River Association, Anne Arundel Bar Association and Maryland Hall for the Creative Arts. They also participate in charity golf tournaments and were awarded the Cup of Knowledge in the Anne Arundel Bar Association (AABA) Charity Pub Quiz.

"Our roots are deep, and our involvement in the community is far-reaching," says Samuel J. Brown. "We love what we do, and we look forward to what the future holds."

Client Testimonials

"Words can't express how grateful I am [for] your guidance, support, and encouragement during this process. I will be forever grateful that I had a recommendation from a friend to [work with] your firm. And I will highly recommend you to anyone in [a] situation that requires legal help."

– *Satisfied client*

"You've been a godsend to me. I can't tell you how much I appreciate all you've done for me and the weight you've taken off my shoulders now that we have things [finalized]. Thank you so, so much." – *Satisfied client*



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Franke, Sessions & Beckett ^{LLC}

For more than 35 years we have focused exclusively on the law of fiduciaries and the law of estates and trusts. By concentrating our practice, the firm has developed deep experience and knowledge. Within this practice niche, we handle it all:

- **Planning.** We prepare wills, various types of trusts, powers of attorney, health care directives, and other estate planning documents. The documents can be simple, complex or focus on tax planning depending on the needs of the client. We explore the unique circumstances of every client and their planning goals and then tailor the documents to address those needs.
- **Estate and Trust Administration.** We help clients with the process of winding up a decedent's financial affairs by implementing the individuals' estate plan or in accordance with state law if the person has no valid planning documents. We prepare all estate and income tax returns in-house so we can offer seamless administration services from beginning to end.
- **Estate and Trust Litigation.** We are not a general litigation firm. We focus on will, trust, and other fiduciary litigation. We regularly appear before Maryland's Orphans' Courts and Circuit Courts. We also routinely handle appeals in Maryland's appellate courts.

“We consistently were surprised and delighted by the way your law office was thinking on our behalf and was coming up with solutions for problems we didn’t even think about.”

By handling every aspect of our practice area, we create a synergy that strengthens the handling of each matter. Our approach to planning, for example, is strengthened by our estate and trust administration practice. Our handling of both planning and administration is informed by the lessons learned from our fiduciary litigation practice. Our fiduciary litigation practice, in turn, benefits from our understanding the of the substantive issues that arise in our planning and administration practices.

Clients are clients of the whole firm – not just of one lawyer in the firm. This starts from the initial meeting and continues to the end. This collaborative approach, coupled with our involvement in all aspects of estates and trusts law, lets us deliver the highest quality of client services. Our approach leverages the knowledge of seasoned lawyers and staff.

The firm consists of three partners: Fred Franke, David Sessions, and Jack Beckett; and two associates, Deb Howe and Sam Draper. Fred is a Fellow of the American College of Trust and Estate Counsel, past chair of the Estate and Trust Section Council of the Maryland State Bar Association, and he has taught at the University of Baltimore School of Law. All three partners have written articles for law reviews or other legal publications and all three present continuing education courses on estates/trusts topics. These activities give back to our profession and deepen and extend our understanding of the law of estates and trusts.

To Read “Maryland Estate Planning During the Coronavirus Epidemic” please visit our website at www.fsbestatelaw.com

“I appreciate the personal relationship and care that is a part of your practice, as well as the expert counsel.”



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Iliff, Meredith, Wildberger & Brennan, P.C.

Since its founding in April 1995, the attorneys at Iliff, Meredith, Wildberger & Brennan, P.C. have worked tirelessly to represent victims injured as a result of medical negligence, i.e., medical malpractice. While the firm's primary focus is on medical malpractice injuries, the firm's practice also emphasizes representation of clients injured in automobile accidents and truck accidents.

The firm understands that victims are often unable to afford an attorney's hourly rate. The firm often represents clients on a contingency fee basis. This means that the firm is paid a percentage of a client's recovery as the firm's fee, but that a client does not owe the firm a fee unless a client obtains a monetary recovery. This contingency fee model allows Iliff, Meredith, Wildberger & Brennan, P.C. to represent injured clients who otherwise could not afford to pursue their claims.

Iliff, Meredith, Wildberger & Brennan, P.C. offers clients a potent combination of small firm efficiency coupled with ability and experience in litigating large and complex cases. All of the firm's clients receive personal attention from their attorneys at Iliff, Meredith, Wildberger & Brennan, P.C.

Iliff, Meredith, Wildberger & Brennan, P.C.'s relationships with clients are characterized by confidence and trust. Irrespective of the type, value, or complexity of a given case, the attorneys care about what happens to the firm's clients. The firm's attorneys do their utmost in every case to ensure that justice is done for their clients and to assist clients in achieving the best possible result.

Iliff, Meredith, Wildberger & Brennan, P.C. also believes in giving back to the community. In addition to financially supporting community initiatives, the

firm's attorneys regularly donate their time through a variety of charitable and professional organizations. This commitment has resulted in many honors and awards to Iliff, Meredith, Wildberger & Brennan, P.C. and its attorneys, as well as many leadership positions being held by the firm's attorneys in both community and professional organizations.

Iliff, Meredith, Wildberger & Brennan, P.C. provides potential clients with free legal consultations. Please contact the firm by telephone (410) 685-1166 or online to discuss how its attorneys may be able to provide assistance. Please visit Iliff, Meredith, Wildberger & Brennan, P.C.'s website, www.ilimer.com, to review a more complete description of the firm's practice areas and to view individual attorney profiles.

Iliff, Meredith, Wildberger & Brennan, P.C.

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WE FIGHT HARD FOR OUR CLIENTS, TO ACHIEVE THEIR GOALS, AND TO MINIMIZE COSTS AND ACHIEVE SETTLEMENT WHERE POSSIBLE...DIVORCE IS A DIFFICULT PROCESS. IT IS IMPORTANT TO HAVE SOUND LEGAL ADVICE AND COMPETENT COUNSEL.

BUT IN LIGHT OF THE PANDEMIC, WE HAVE A CHANGE OF FOCUS FOR ADVICE. A PANDEMIC IS SHORT TERM. IF YOU ARE EXPERIENCING SHORT TERM MARITAL DIFFICULTIES, IT MAY BE JUST THAT. HERE ARE SOME PRACTICAL TIPS FOR KEEPING YOUR MARRIAGE HEALTHY:



Attorney Kendall B. Summers, Esquire

Two Convenient Office Locations

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1125 West Street, Suite 200,
Annapolis, MD 21401

410-224-4677

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www.KendallSummersLaw.com

Healthy Marriage Tools for Life (and Pandemic):

- **Words Matter.** Use only uplifting and complimentary words when speaking to your spouse and children.
- **Be Grateful.** Adopt an Attitude of Gratitude. Everyday think of four qualities in your spouse that you appreciate and admire and share them with your spouse (this can be a mutual game that you play together every day). Good for children too.
- **A Little Gentle Intimacy.** If you are able to safely get out and walk and can hold hands with your spouse - do so. Have a thumb fight and laugh. Washing hands of course - recognize that your spouse needs love and care too and can be feeling the strains of isolation in the pandemic. Be a nurturer to your spouse.
- **Look Nice for Your Spouse.** Probably a good idea to get out of the pajamas and dress up a little.
- **Cook Dinner - Have a Date Night.** Our lives are normally so busy that we forget the importance of being together. Today's situation provides an opportunity to have a date night once or twice a week. Make something healthy and special. Keep all words uplifting. Maybe pull out the wedding video or pictures. Have laughs over some stories.
- **Game night with Each Other and the Kids.** Intentionally come up with some games the family can play like a Scavenger Hunt, or Charades, or card games.
- **Keep a Marriage Love Journal.** Keep a blank book on the coffee table, for daily writing about what you appreciate about your spouse. Positive memories. Times when you were there for each other.
- **Bring Home Flowers -- Every day!**
- **Send Your Spouse/Partner - a happy text image of love** (free on the internet) every morning.
- **Letting Go of Frustrations, Disappointments and Anger.** This caveat is not for relationships that are abusive or violent, which need protection and distance. Apart from these, accepting one another with all our bumps and warts - well isn't that part of the challenge and fun of marriage. We are not the same, and none of us are perfect -- we all fall short. Perhaps letting go of our expectations is part of the puzzle.
- **Humor.** Humor goes a long way in all relationships as long as we don't put the humor on someone else. Laughter is a gift.



KENDALL SUMMERS LAW

How to co-parent as separate parents (especially) in a pandemic

- **Try to Keep Good Communication and Conflict Down.** Let's remember that our children are experiencing the same or more stress than we are right now as their normal worlds change. Children who are in dual homes can have even more of that kind of stress, and not knowing how parents are going to work together (or not) could be quite frightening. So working on communications, kind words toward the other parent, supportive language skills with the child, cooperation in scheduling and the how-to's of safety in this situation, would likely be very helpful.
- **Spend Quality Time with your Child(ren).** This is a good time to put down the computer and play basketball or ride a bike with your child(ren), talk with them, read stories, play games, and reconnect. Use active listening skills. Don't criticize your children. Help empower them to solve problems instead of you doing it. Laugh and watch movies with them.
- **Make all Your Comments about their Other Parent be Supportive and Complimentary.** Words matter. Sometimes we forget that our children are made up of two parents, and sometimes more including step-parents. Although we may be frustrated with another person, being critical of your child's other parent, or their relationships can be experienced as being critical of your child. Lifting up the other parent and other people in your child's life, usually has the opposite effect of lifting up the child and his/her world. Positive words have positive results, and using positive words is a skill that we can develop in love for our children.

Update on the court closing and family (divorce) law cases

In response to the pandemic, the District and Circuit Courts in Maryland have by court order substantially reduced their operations for the protection of the public and court staff.

BUT, THE COURTS ARE STILL OPEN. AND YES YOU CAN FILE FOR DIVORCE OR CUSTODY OR OTHER FAMILY LAW MATTER TODAY, AND COURT CASES ARE STILL ONGOING.

Being shut-in at home, creates unique and difficult situations for marriages...

DOMESTIC VIOLENCE/PROTECTIVE ORDERS

Our firm handles Domestic Violence cases. If you have been accused of Domestic Violence or if you have been a victim of Domestic Violence, you are welcome to seek legal help from our office by calling: (410) 224-4677

Stuck at Home for the Pandemic, is a Great Time to do your Will and Estate Planning!

Do you have a will? Do you have Powers of Attorney? How about a Living Will?

We offer estate planning packages that are not that expensive! Now is a very good time to do your estate planning and get a will written up and to put things in order for your family and loved ones. We offer affordable estate planning packages. If you want to talk with an attorney about your will and estate planning options/costs, you are welcome to give us a call.

Yes we are Open



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Ronald M. Naditch, P.A.

Ron Naditch has decades of experience successfully handling disputes in the areas of family law (prenuptial agreement, divorce, alimony, domestic violence, and all children related issues), automobile accidents, criminal law, and general civil law.

Ron is a graduate of Dickinson College and University of Maryland Law School (with honors), where he served as an Assistant Editor of the Maryland Law Review and finished in the top 10 percent of his day school class. After law school, he served as a law clerk for The Honorable C. Ferdinand Sybert, a judge on the Maryland Court of Appeals. He then served a tour of duty in the United States Coast Guard before going into private practice as an associate of Goodman and Bloom in Annapolis, a position he held for one year.

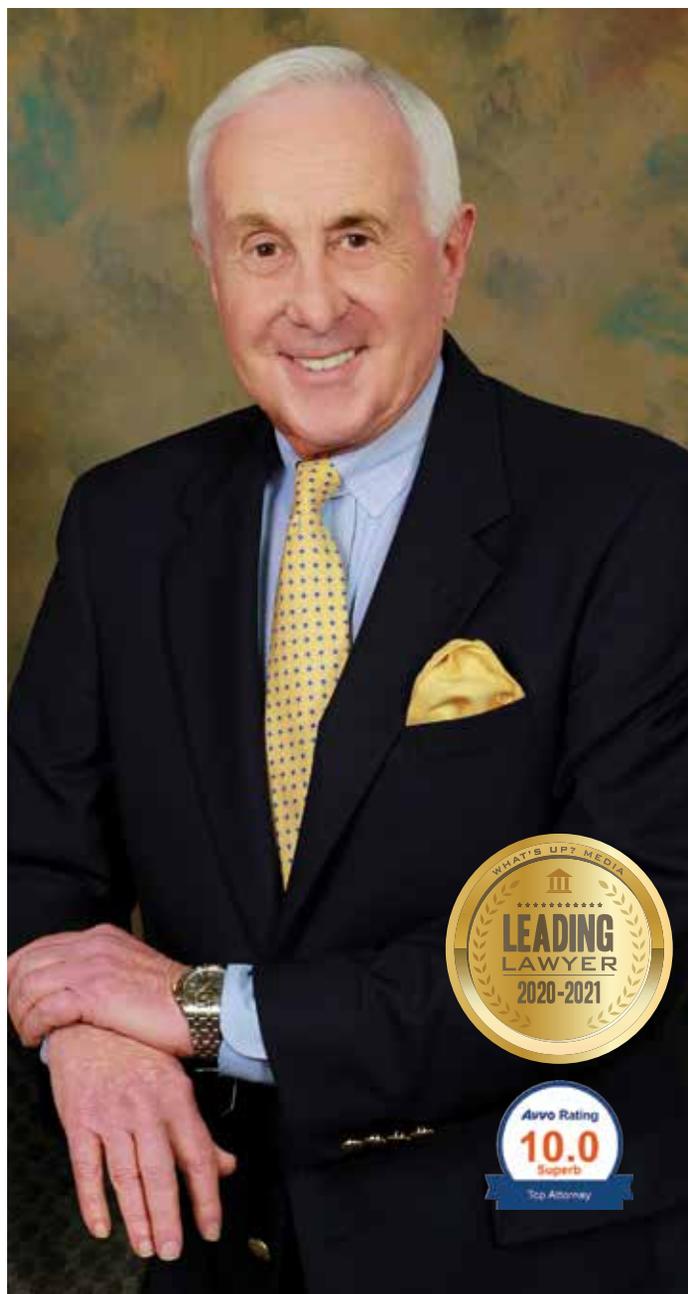
For more than 25 years thereafter, while Ron was developing his private practice, he served under five States Attorneys as a part-time Senior Assistant State's Attorney in Anne Arundel County. In this capacity he specialized in handling murders, rapes, robberies, and other major felony cases and was the go to person in cases involving insanity pleas until he retired in 1993.

During his legal career, Ron has represented the Anne Arundel County Department of Social Services; he has been a member of the Maryland Attorney Grievance Review Board; and he has been recognized by Martindale Hubbell (a publication that rates lawyers based upon responses from their peers) as an "AV" rated attorney since the mid-1970s. He also has the highest attorney rating from AVVO. In 1993, the judges of the Anne Arundel County Circuit Court appointed him as part-time Master/Examiner and he participated as a hearing officer for the Court in 5000-7000 cases over a period of 25 years before the elimination of that position in 2018.

At this stage of his practice, a great deal of Ron's time is spent conducting mediations for people who have family law issues. It has been his experience, after more than 25 years as a mediator, that nearly all family law issues can be resolved in this non-adversarial procedure. Mediation is far less expensive than litigation and, with the assistance of a trained mediator, can allow couples to dissolve their marriages and determine how to fairly resolve all child related issues, as well as issues relating to fair and appropriate monetary adjustment with regard to their property and/or to adjust their differences in income. The balance of his time is spent representing clients in contested family law cases in Anne Arundel, Queen Anne and Talbot Counties.

Ron considers family law to be a unique legal area and that it is in the best interest of the divorcing parties and their children if they seek to mediate solutions to their problems, as opposed to allowing the courts to mandate decisions about their lives, the lives of their children, and their financial assets. A divorce should not be about winners, losers, and results that end in scorched earth. Peaceful solutions to divorces inures to the benefit of all parties. An attorney should act as a problem solver, neither accelerating nor aggravating what is often a stormy situation. Ron's approach is to say to his clients when they come into his office, "Let's sit down, discuss, mediate, and resolve the issues, instead of letting a person in a black robe make a decision about you and your family."

According to Ron, "I think of myself as a problem solver, not a trouble-maker, in family law cases. But if trouble arises or problems cannot be resolved without limitation, I have the experience to handle any type of case."



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Fisher Law Office

Corporate and Estate Planning for Individuals, Families, and Businesses.

The years 2018 and 2019 created a crossroad for the Fisher Law Office. Randy Fisher, the principal of the Fisher Law Office, received the proverbial “offer he couldn’t refuse.”

The Fisher Law Office, LLC, has joined forces with Frost & Associates, giving Fisher Law Office clients more depth and experience in litigation and business matters and bringing Asset Protection, trust and estates planning and probate administration experience and depth to the Frost & Associates lineup.

“We couldn’t be happier that Randy agreed to join us as Of Counsel because he will bring tremendous experience to our team and to our clients,” Glen Frost, Managing Partner of Frost & Associates, said. “We look forward to making his skills available to our client base.”

Frost & Associates will offer Fisher Law Office clients experienced representation in the following areas currently not available through the Fisher Law Office alone:

- IRS Audits & Appeals
- IRS Collections Cases
- IRS Tax Litigation
- Criminal Tax Matters
- Business & Employment Tax Cases
- International Tax Issues
- State Tax Issues
- International Estate Planning
- Bankruptcy

The Fisher Law Office, while merging into Frost & Associates, will continue to represent its existing clients and evaluate new client needs before determining whether to work with them as a Fisher Law Office client or as Of Counsel to Frost & Associates.

“Glen Frost, Eli Noff and Matt Kraeuter (the partners at Frost & Associates) have offered me a tremendous opportunity for the next decade,” Fisher said. “I look forward to both working in their new opportunities and insuring that my clients have the level of representation they deserve now and well into the future.”

Randy Fisher is a member of WealthCounsel, a national network of more than 1,800 estate and financial planning practitioners who collaborate on best practices and changes in the law. Mr. Fisher began practicing law in Washington, D.C., in 1988, and opened his Annapolis practice in 2004. In 2020, Mr. Fisher was again honored with an AV rating, the highest possible rating for legal ability and ethical standards for twenty-three consecutive years by Martindale-Hubbell, the legal profession’s leading peer review organization. He also has been given the “Client Distinction Award,” among other awards and honors. Mr. Fisher belongs to a number of community, professional, and legal organizations, including the Anne Arundel Estate Planning Council.

Education

- Texas Tech University School of Law, Lubbock, Texas
 - J.D. - 1998
- University of Texas, Austin, Texas
 - Bachelor of Journalism - 1975
 - Major: Journalism

Bar Admissions

- Texas, 1988
- Maryland, 1990
- District of Columbia, 1989
- Wyoming, 2016

Professional Associations and Memberships

- American Bar Association , Member, 1988 - Present
- Anne Arundel Bar Association , Member, 2005 - Present



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McNamee, Hosea, Jernigan, Kim, Greenan & Lynch, P.A.

McNamee Hosea is a full-service law firm who for nearly 40 years has provided clients a comprehensive suite of services. We advise entrepreneurs, business owners and individuals on a wide range of legal and business issues that helps drive their success, including; corporate law, civil litigation, living will, employment law, bankruptcy and real estate law. With offices in Annapolis, Greenbelt and Alexandria, McNamee Hosea helps business owners find solutions to legal challenges.

We congratulate the following Principals for their selection as Leading Lawyers in their respective fields:

Kevin M. Tracy - Construction Law. Kevin's primary practice areas include construction and real estate development as well as land use and zoning, business disputes and litigation. He acts as corporate council to general contractors, subcontractors, builders and other businesses in a variety of industries. Kevin will effectively analyze and approach all of his clients' legal concerns with honest and respectful attention.

Kevin M. Elden - Real Estate Law. Kevin's primary practice focuses on corporate and real estate transactions, commercial lender representation and general corporate concerns. Kevin assists clients in navigating operational issues, general corporate matters and the purchase and sale of businesses and commercial real estate. In addition, he serves as general counsel to companies, helps facilitate corporate restructuring and work outs and assists in employment, compliance, and financial planning matters.

Jennifer M. Alexander - Criminal Law. Jennifer is a former Assistant State's Attorney in Anne Arundel County with extensive felony and misdemeanor criminal trial experience. Since leaving the State's Attorney's Office in 2008, Jennifer has focused her practice on defending those accused of crimes, as well as defending local, national and international retailers, businesses and insurance companies throughout Maryland. She is very experienced defending cases involving premises liability, general insurance defense, commercial transportation litigation and catastrophic personal injury litigation, and is often brought in to defend her clients outside of the State of Maryland in wrongful death and other complex cases.

Esther A. Streete - Estate Planning. Esther is a Certified Public Accountant who holds a Masters of Law in Taxation. She has valuable experience in preparing personal and business tax returns and many years of estate planning, tax consulting and estate and trust administration

experience. Her tax background provides her with the knowledge and skills to develop strategies that will help protect her clients' assets for their families, businesses and future generations. She is particularly effective at navigating sophisticated plans that address issues unique to clients with a high net worth and significant assets.

John P. Lynch - Litigation. John is extremely knowledgeable and motivated. He has successfully litigated, negotiated and resolved numerous complex and highly contested business, construction and real estate matters for local and national companies and insurers. Whether he is representing a contractor, an IT firm, a mega church or a major insurance carrier, John's ability to create winning strategies and his emphasis on risk management are fundamental elements to helping his clients through all stages of a business' life cycle.

Steven L. Goldberg - Bankruptcy. Steve's primary practice areas include personal and business bankruptcy. Steve is extremely knowledgeable when it comes to all aspects of bankruptcy law and litigation. He is able to effectively produce and execute a strategy that best suits and protects his client's financial futures. Steve has successfully represented clients in discharge and dischargeability actions, preference litigation, Chapter 7 cases and numerous complex Chapter 11 reorganization plans. In addition, Steve works with lenders and creditors on commercial litigation and commercial collection matters.



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Alexandria, VA 22314
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The Law Offices of Stacey B. Rice, LLC

Rice Law: A Family Law Practice

Social distancing. Coronavirus. Quarantine. COVID-19. We are in uncertain times. Our children are adapting to on-line learning and not seeing their friends other than on a computer screen. Our high school and college seniors will likely not have the memories of prom, graduation, or their last varsity game. For the first time in almost 100 years, Annapolis will not experience Commissioning Week or the Blue Angels. The USNA Midshipmen, some of whom we proudly sponsor, may miss the joy of graduation, throwing their covers in the air, getting their first salute, and walking down Main Street with their proud families. Businesses are closed, and hard-working people find themselves unemployed. We are adapting to a new way of life. It can be lonely, frustrating, and worrisome. While we hope Maryland families become stronger during this pandemic, we know that some may suffer. The experienced attorneys and staff at Rice Law can help you navigate the painful process of a divorce, a custody or support dispute, or a domestic violence action.

Rice Law is a boutique family law firm located in downtown Annapolis. We care about our clients and understand the difficulties, both emotionally and economically, that come with a divorce or custody situation. Though we are trial attorneys, we appreciate the value of attempting to reach a settlement that is best for our clients and, most importantly, their children.

When the photo for this article was due, we were under the Stay-at-Home Order by Governor Hogan. Out of respect for that Order to keep everyone safe (and our desire to be a little creative), we took individual photos at our homes. We also really wanted to say “Thank You” to the brave men and women keeping our communities safe and sound.

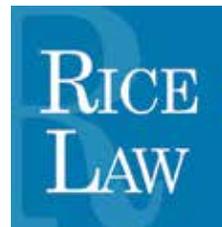
Stacey Rice, who has been selected by her peers as a Leading Lawyer in Family Law, began her career almost 20 years ago as a prosecutor in Annapolis. She transitioned into family law after experiencing divorce with a young child herself, giving her the unique ability to empathize with her clients. Stacey is a very experienced trial attorney who handles simple to complex cases in Annapolis and other surrounding counties.

Samantha Posner is exceptional at reaching favorable settlements for our clients and has the command of a courtroom. Samantha is well-respected in many jurisdictions, including Howard County, Baltimore County and Baltimore City.

Nathan Volke is a community leader as a County Councilman but is a family law attorney at heart. Nathan handles high conflict cases and complex property cases, guardianships and adoptions. Nathan was born and raised in Anne Arundel County and is well known and respected in our Courthouse.

Nicolle Norris is a former prosecutor on both the State and Federal level. She handles most of the firm’s domestic violence cases as she brings a unique perspective to family law cases. Nicolle is a strong advocate for our clients.

If you need assistance with a family law matter, please contact Rice Law. We are working from home and connecting with new and existing clients by telephone.



The Law Offices of Stacey B. Rice, LLC

Rice Law: A Family Law Practice

23 West Street, First Floor
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Kagan Stern Marinello & Beard LLC

Kagan Stern Marinello & Beard provides highly skilled legal services to businesses and individuals in the areas of business, employment, and litigation in Maryland, DC, Virginia, and other jurisdictions throughout the country. The firm's attorneys have been consistently recognized as "AV" rated by Martindale-Hubbell (which is the highest rating attorneys can receive from their peers), as well as by "Super Lawyers," "Best Lawyers," and annually by *What's Up? Media's* "Leading Lawyers," in the areas of business, employment, and litigation.

Kagan Stern's business law practice includes corporate formation and organization, drafting contracts and business agreements, mergers and acquisitions, and financing and security transactions. In addition, our attorneys draft and review intellectual property and related licensing agreements and handle other general counsel needs of our business clients. The firm also participates in real estate matters, including drafting and negotiation of leases and purchase contracts, and conducting real estate settlements through our title company affiliate, Title Nation.

The firm's employment law practice involves advising businesses and individuals on nearly all aspects of the employment relationship. The firm's attorneys draft and review employment agreements, nonsolicitation and noncompetition agreements, confidentiality and nondisclosure agreements, severance agreements, employee handbooks, and employment policies. They also advise on matters such as wage and hour compliance, trade secret protection, discrimination and leave laws, and privacy issues. Kagan Stern's lawyers are trained and experienced in conducting confidential internal investigations for businesses regarding potential violations of employment laws and other sensitive business matters.

When litigation arises or becomes necessary, the firm's experienced trial attorneys handle a wide variety of complex civil cases in trial and appellate courts, as well as in arbitration and before governmental agencies or boards. The litigation attorneys

at Kagan Stern are experienced in handling cases involving business, employment, trusts and estates, real estate, and various other types of disputes.

The combination of business, transactional, and trial experience makes the attorneys at Kagan Stern an ideal choice to represent companies as outside general counsel and work with management on a regular basis to address the particular legal needs of the business.



Kagan Stern Marinello & Beard, LLC

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Gormley Jarashow Bowman, LLC

Gormley Jarashow Bowman LLC attorneys have been recognized by *What's Up? Annapolis* as Leading Lawyers in eleven different practice areas, including Litigation, Business Law, Employment Law, Arbitration, Appellate Law, Construction Law, Intellectual Property, Medical Malpractice, Education Law, and General Practice. The firm represents businesses and individuals in litigation, transactional and counseling matters.

F. Joseph Gormley represents local, national, and international businesses and executives in competition matters, as well as transactional, litigation, and general business law matters. Mr. Gormley is Co-Chair of the Compliance and Ethics Committee of the American Bar Association Section of Antitrust Law and is a former Chair of the Business Torts and Civil RICO Committee. He is a 2020 Leading Lawyer in Business Law and Intellectual Property Law.

Hon. Ronald H. Jarashow, a former judge on the Anne Arundel County Circuit Court represents clients in business, real estate, employment, and personal injury litigation. He has been recognized as a top business lawyer and a leading lawyer in medical malpractice and is an experienced mediator and arbitrator.

Jeffrey P. Bowman is a trial lawyer who concentrates his practice in the areas of business litigation, estate and trust litigation, construction and real estate claims, and general civil litigation. Mr. Bowman also represents businesses and individuals in business transactions. Mr. Bowman has been recognized by *Super Lawyers* as a "Top 100" lawyer in the state for the past four years. Mr. Bowman is a 2020 Leading Lawyer in five separate categories: Litigation, Business Law, Employment Law, Construction Law, and Education Law.

Paul Farmer is an associate at the firm. He handles business, employment and competition litigation and transactional matters. Prior to joining the firm, Mr. Farmer served as a judicial law clerk for the Honorable Kendra Y. Ausby at the Circuit Court for Baltimore City. Mr. Farmer is recognized as "Rising Star" by *Super Lawyers*.

Frank Lozupone is an associate at the firm. He handles business and real estate litigation along with assisting in the firm's personal injury practice. Prior to joining the firm, Mr. Lozupone served as a judicial law clerk for the Honorable Thomas G. Ross at the Circuit Court for Queen Anne's County. Mr. Lozupone is recognized as a "Rising Star" by *Super Lawyers*.

Brooke Bowman serves as "of counsel" to the firm. She assists clients with their estate planning needs by drafting wills, trusts, advance directives and power of attorneys. Mrs. Bowman also advises business and provides legal assistance in creating business organizations, including tax-exempt organizations, and business entities. Mrs. Bowman is recognized as a "Rising Star" by *Super Lawyers*.



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The Valente Law Group

Providing Individualized Representation That Clients Deserve

Comprised of a team of highly skilled trial attorneys, The Valente Law Group is passionate about serving its clients' needs. The attorneys, who specialize in medical malpractice, auto accidents, personal injury, wrongful death, and criminal law, possess the expertise to represent their clients with a personalized touch and a level of professionalism that is unmatched. Indeed, they expertly customize their strategies to each client's specific case and pride themselves on their ability to provide guidance throughout the entire process.

Attorneys

John P. Valente, III, the founder of The Valente Law Group, always had a flair for presenting cases in a courtroom setting, and during the past 25 years, he has dedicated himself to serving his clients. His accomplishments are noteworthy, and he has received numerous awards and honors. Valente has been selected as a Super Lawyer and as one of The National Trial Lawyers: Top 100. In addition, he also has an Avvo "Superb" rating.

Valente realizes the importance of going to trial to achieve the best outcome for his clients. So it's only natural that he built his firm by recruiting talented trial attorneys who excel in the courtroom. Not surprisingly, The Valente Law Group consists of a highly skilled team of attorneys, including **Benjamin Rupert, Cole J. Sullivan, Joseph Chandlee, Adam Z. Chandlee, and Meghan Noone**.

Giving Back to the Community

The Valente Law Group has sponsored and participated in various community service events in which they help members of the community expunge criminal cases from their records, so they can find and maintain employment. The firm has also donated

to community events, such as South Shore Elementary School's annual fundraiser auction and Davidsonville Athletic Association Gator Day.

Testimonials

"John has been my go-to attorney for anything related [to] autos. . . . I will never trust another attorney with my auto accident claims. John has always gone above and beyond to make sure my results were the best possible! I have followed [him] from his previous law firm because he is that good. If you need help due to an auto accident . . . look no further. JOHN IS YOUR MAN!!!" – **Satisfied Client**

"Benjamin is the best attorney anyone can ask for. His communication skills are on point, [and he is] very patient and dedicated. I will refer The Valente Law Group anytime for automobile accident cases because of the good experience I had with them." – **Satisfied Client**

"Cole was extremely fast and efficient. [He] answered every question . . . and he works hard for his clients. [He] was very informative and patient with all [my] questions. I would highly recommend [Cole] to anyone looking for a great lawyer." – **Satisfied Client**

The Valente Law Group

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410-451-1777 | johnvalenteattorney.com

Diana L. Klein

Diana, a native to Annapolis, enjoys all the unique attributes that the state's capital has to offer. As a local attorney, she is familiar with the local citizens and businesses that were hit hard by the COVID-19 pandemic. Some were impacted more than others and some have not recovered yet. Diana continues to represent clients in purchasing or selling a business, negotiating or preparing commercial contracts, leases or loan documents and opening a decedent's estate but many businesses and individuals are now faced with simply trying to financially get through the next day, protect their assets or defend against creditors and lenders. With Diana's past legal experience and knowledge during the financial and real estate crisis in 2007-08, she is more than qualified to help evaluate your financial situation and determine all your options, whether it's negotiating with creditors, negotiating a loan modification, a forbearance, a short sale or deed-in-lieu of foreclosure or filing a business or personal bankruptcy. Bankruptcy can give you time to reorganize and keep the creditors at bay, which may be all that you need. Also, people were immediately faced with the worry that they had not completed their estate planning. They realized the importance of estate planning in the event of unexpected or unforeseen event. There is no better time than now to execute a power of attorney, finalize your will, your medical directive and/or trust agreement to be prepared. With the passing of the COVID-19 CARES Act, Diana also helped her clients submit applications for the COVID-19 SBA loan programs.

As an entrepreneur, Diana has been able to utilize her legal experiences and knowledge to expand her services by building a successful full-service real estate brokerage firm, Lawyer's Realty, LLC and a title company, Lawyer's Title & Escrow Services, LLC. Lawyer's Realty is a unique brokerage firm offering attorney consult throughout your transaction at no extra cost. No other brokerage offers this service. Owning a title company is always a benefit to her real estate clients by streamlining the transaction. Diana understands all aspects of the real estate transaction, both commercial and residential and she can answer any of your real estate questions during your transaction.

As a result of COVID-19, Diana has implemented new ways to meet clients by meeting telephonically or video conferencing, which saves client's time and lowers their health risk. Give Klein & Associates a call for a 30-minute consult at no cost to discuss your upcoming legal or real estate needs. She will help you prepare, persevere and stay positive.



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From L to R: Attorneys Victor A. Lembo, Colleen Sinclair Prosser, Jon J. Gasior, Laura T. Curry and Alexander M. Pagnotta

Sinclair Prosser Law

Estate Planning and Elder Law Attorneys

Do you know what will happen to your family and your assets if you become incapacitated, or what will happen to your loved ones after you pass away? Many people do not like to think about illness, injury, or death. While it is understandable to put these topics out of your mind, you can put your family—and yourself—in a very bad situation if you do not plan ahead in case of illness and for the inevitability of your death.

Waiting too long to make an estate plan can leave you and your loved ones in trouble if something unexpected happens. If you have not planned in advance and you need nursing home care or you get sick and cannot communicate your medical decisions, your family members could be put in a difficult position and you could face significant financial trouble and even receive unwanted medical care that you wouldn't have chosen.

Rather than leave yourself and your family at the mercy of fate and hope nothing bad happens to you, it is best to be prepared in advance. Get the help you need today so everything is in place in case of an emergency. This is just as important for young people as it is for the elderly, especially if you have small children to provide for.

Give us a call at 410-573-4818 or contact us online to learn more about the personalized assistance we can provide to you in Annapolis, Bowie, Millersville, Waldorf, and surrounding areas in Maryland. Sinclair Prosser Law attorneys Jon J. Gasior, Colleen Sinclair Prosser, Victor A. Lembo, Alexander M. Pagnotta and Laura T. Curry will help ensure you have taken care of the essential estate planning issues so you can give yourself and your family the peace of mind of knowing everyone is protected.

Sinclair Prosser Law

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Frank Campbell and Jane Sims have joined their estate planning practices together to form the Trusts & Estates law firm: **Sims & Campbell**. The firm provides comprehensive services exclusively in the fields of Estate Planning, Estate Administration, Trust Administration, Charitable Giving, and Wealth Transfer planning.

The Sims & Campbell team of attorneys and legal professionals manage every facet of estate and wealth transfer planning.

“Jane and I saw the opportunity to bring together our combined educational and professional experiences to build a team dedicated to Estate Planning and Estate Administration. We believe our clients and their families are best served by attorneys that focus their practice on estates and trusts. The exchange of ideas among the nine attorneys in firm and our concentrated practice creates the best results for our clients.” -Frank Campbell

The firm serves a wide range of clients, from young families to ultra-high

net worth individuals, which allows clients to remain with the firm as their level of wealth and the complexity of related estate and tax implications change over time.

Jane completed her undergraduate studies at Princeton University, graduating magna cum laude and Phi Beta Kappa, obtained a Masters degree from Stanford University and received her law degree, cum laude, from Harvard Law School.

Frank (previously of Holden & Campbell) earned his law degree from Hofstra Law School and a Master of Laws in Taxation from University of Baltimore. Mr. Campbell began his legal career as a Judge Advocate in the United States Marine Corps and previously served as the General Counsel for the Special Inspector General for Iraq Reconstruction, before joining the law office of Ronald R. Holden in 2005 to focus on estate planning.

Please check out www.SimsCampbell.com to learn how we can serve your family plan your legacy, save taxes, and preserve relationships.



Evan Koslow

Your Family Law Advocate

Evan M. Koslow, Esq. is an experienced family law attorney you can trust for your case. Located in Annapolis, the Koslow Law Firm handles many types of family law cases including military divorce, mediation and third party custody. Evan Koslow has successfully taken on hundreds of the most difficult and complex divorce and family law cases in Maryland. Koslow Law Firm is confident and experienced in overcoming one-of-a-kind cases and stands ready to successfully represent you amid any new situations that may arise. Recognizing that every client is in a unique situation, Evan will be your advocate and provide you with personal attention to better understand the circumstances surrounding your legal situation.

Evan Koslow is an experienced family law attorney and mediator who has spent more than 13 years building a career in the legal profession, which includes working for law firms in Annapolis, as well as federal and state governments.

Local Focus – Regional Coverage – Legendary Accessibility. Koslow Law Firm supports clients in many parts of Maryland including, but not limited to: Anne Arundel County, Baltimore County, Calvert County, the Eastern Shore, Howard County, Montgomery County, and Prince George’s County. Evan Koslow has more than a decade of experience in family law and wants to help you reach a peaceful resolution to your situation. The Koslow Law Firm provides support for: Divorce, Mediation, Child custody, Child support, Domestic violence, Third party/Grandparents rights.

With flexible appointments available all week, Koslow Law Firm LLC strives to be easily accessible to clients, and all calls are returned within 24 hours. Give us a call today to discuss your family law case:

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evankoslow@koslowlawfirm.com

Henley & Henley

Robin Henley is a trial lawyer recognized by *What's Up? Magazine* as a 2020 Leading Lawyer in Criminal Law and Family Law. He represents clients charged in various types of criminal matters, serious felonies, misdemeanors, and serious traffic offenses. His civil practice includes personal injury, workers' compensation and family law matters.

In addition to his practice, Mr. Henley is an active member in several organizations committed to improving the practice of law. Mr. Henley serves as the 2019-2020 President of the Maryland Criminal Defense Attorneys' Association. Mr. Henley is also a past president of the James C. Cawood, Jr., American Inn of Court, an organization designed to promote professionalism in the practice of law.

Mr. Henley is a member of the Maryland State Bar Association, Anne Arundel County Bar Association and a past president and current member of the Queen Anne's County Bar Association. He is also a Fellow with the Maryland Bar Foundation.

Mr. Henley graduated from the University of Maryland, College Park and subsequently obtained his Juris Doctor from the University of Baltimore School of Law.

Mr. Henley provides his clients with personal attention and focused representation. As a result, Mr. Henley has been recognized by his peers in *What's Up? Magazine's* "Leading Lawyers" and *Super Lawyers' "Rising Stars."* He also maintains his membership with The National Trial Lawyers.

With offices conveniently located in Annapolis and Centreville, Mr. Henley represents clients on the Western Shore and Eastern Shore of Maryland.

Robin K. Henley - Attorney at Law

410-280-0530 | Annapolis: 47 West Street
Centreville: 101 S. Commerce Street
www.henleylaw.net



Catherine E. Stavelly, Esquire

Catherine Stavelly, a Leading Lawyer in the field of Elder Law for over 10 years, was recently joined by Elena Sallitto to create the firm of Stavelly & Sallitto Elder Law, LLC. Catherine and Elena are two of the most experienced, knowledgeable Elder Law Attorneys in Maryland. They offer their combined thirty plus years of experience to seniors, their families, and those with disabilities. Recognized leaders in their field, they are highly skilled and respected by colleagues, health care professionals, clients, and government officials with whom they often interact. Each of their clients receives individual attention, tailored to their particular needs.

The firm mission is to empower seniors and those with disabilities to manage the complex fields of financial management and of health care, at home, in assisted living communities, or in skilled nursing facilities. They offer guidance on medical decision making and financial management tools such as Powers of Attorney and Guardianships. Both Catherine and Elena have served on the Maryland Advisory Council on Quality Care at End of Life, both are past Chairs of the Elder and Disability Rights Section Council of the Maryland State Bar Association, and past Presidents of the Maryland/DC Chapter of the National Academy of Elder Law Attorneys. The firm strongly supports hospice and palliative care programs and interact with the Maryland Legislature on issues impacting their clients.

Ms. Stavelly is a Maryland native and graduate of the University of Baltimore School of Law, George Washington University, and Western Maryland College. Ms. Sallitto is a graduate of Catholic University Columbus School of Law, Georgetown University, and a Certified Elder Law Attorney (CELA) through the National Elder Law Foundation.

Stavelly & Sallitto Elder Law, LLC

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Jack Schmerling

Jack Schmerling primarily practices workers' compensation law (on the job injuries). However, he also represents individuals in personal injury and Social Security disability. As a solo practitioner with over 30 years of legal experience, he personally represents each client.

His expertise in the field of workers' compensation has been well recognized, having taught various aspects of workers' compensation to other lawyers through training seminars sponsored by the Anne Arundel County Bar Association, Maryland Association for Justice, and Maryland Workers' Compensation Education Association, Inc. Serving as a resource for other lawyers with workers' compensation questions, Jack has been qualified in Circuit Court as an expert witness in the field of workers' compensation. Mr. Schmerling was also honored by the lawyers and judges of Anne Arundel County having been selected by them as the leading lawyer for referrals in workers' compensation as noted in *What's Up? Annapolis* in every poll conducted (years 2010 through 2020).

Mr. Schmerling was selected as a "Super Lawyer" in the field of workers' compensation by other attorneys throughout the State of Maryland as published in *Baltimore Magazine* in 2013 through 2020.

Mr. Schmerling, who, with his wife Sara, has raised four sons, served on various Anne Arundel County and Maryland non profit and charitable boards.

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Law Office of Marla Zide, LLC

At the Law Office of Marla Zide, LLC, we assist individuals and families across Maryland in confronting and resolving family law, adoption, bankruptcy and criminal legal matters. We understand the unique obstacles you face and aim to uncover a workable solution for you and your family.

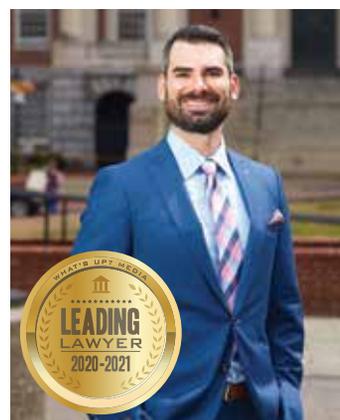
Marla Zide brings more than 19 years of legal experience to a practice that expands across all family law matters. Prior to founding the firm in 2011, Zide's litigation career started at the YWCA of Annapolis and Anne Arundel County. Zide has been recognized to *Super Lawyers* Top 100 since 2015 and the *Super Lawyers* Top 50 Women list since 2014. She not only represents parents, grandparents, and other third parties in matters involving separation, divorce, custody, visitation, child support, alimony, and adoption, but also has been appointed as children's best attorney by the court.

Zide leads a team of seasoned negotiators and litigators that aggressively both pursue and protect the best interests of our clients. Robert Siegel, a partner, brings decades of experience in bankruptcy and criminal law. Zide and Siegel are joined by their associates, Lisa Windsor, Joshua Tabor and Megan Magee. Lisa Windsor concentrates exclusively in family law in Anne Arundel County and the Eastern Shore counties. Joshua Tabor, an Anne Arundel County native, handles all matters related to family law and has recently expanded his practice to include criminal law. In July 2019, Megan Magee joined the team as an associate attorney. After nearly three years of practice, Magee has decided to focus on her true passion—family law.

With nearly 50 years of combined experience, the Law Office of Marla Zide, LLC zealously provides the knowledgeable legal guidance necessary to achieve the best possible resolution to your legal matter.



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Matthew J. Chalker

Matthew, the owner of The Law Office of Matthew J. Chalker, is a solo practitioner in Annapolis with a practice that focuses on appeals and complex civil litigation.

With his experience, he is keenly aware that certain aspects of appellate litigation are different than trial court litigation, from the basics of procedure, to the presentation of arguments. With years of experience in appeals and trial work at the state and federal level, Matthew brings a unique perspective to the appellate litigation process. He understands the realities of trial practice – the fast pace, difficult witnesses, motions in limine on the eve of trial – and how those realities play together with the procedural and substantive requirements of an appeal, and why that interplay matters. This interplay is often key in formulating a plan of attack, or defense, for an appeal. Sometimes, what seemed to matter in trial, may not be as important on appeal; other times, what did not seem particularly important at trial, may be the cornerstone of a successful appellate argument. If you are unsure whether an appellate issue exists, Matthew provides assistance in helping to identify potential appellate issues, and can take on an appeal from there. He also handles appeals where the appellate issue has already been identified. From filing the notice of appeal through oral argument, and even where to print the brief, Matthew handles every step of the appellate process, and will walk you through that process as it progresses.

In addition to his own trial practice, Matthew also focuses on litigation assistance for other attorneys. Often, the time constraints of a busy practice consisting of 100% litigation makes dealing with complex motions practice untenable. Whether calling for assistance at the beginning of the case in anticipation of "a tough go," or calling for spot assistance to deal with a particular motion, Matthew employs a similar writing and analytical process in addressing motions at the trial level as he does at the appellate level, and where necessary, arguing those motions in court.

The Law Office of Matthew J. Chalker

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Q & A

QUESTIONS & ANSWERS WITH THE LEADING LEGAL PROFESSIONALS



Q: To what do you attribute your being named “Maryland’s Attorney of the Year”*, and your firm being selected as the “Best Personal Injury Trial Firm – USA”?*

A: #1. A commitment to excellence -- from every member of The Jaklitsch Law Group. We want every client thinking: “Hiring The Jaklitsch Law

Group for my car crash was the very best decision I ever made.”

#2. Phenomenal results; from trial or settlement. We are driven to exceed client expectations.

#3. Experience – in abundance. I’ve been in court almost every day for 36 years, trying nothing but car crash cases. Bob Farley and Christine Murphy, exceptional trial lawyers who get amazing results, are also on our team. The Jaklitsch Law Group is driven by our motto: “Be the Best!”

*AI Magazine and **Global Insight

RICK JAKLITSCH

The Jaklitsch Law Group | 1-(855)-Big-Dog1



Q: Are guilt and emotions bad when going through a divorce?

A: What did I do wrong? I am mad! I feel guilty! I want revenge! I WANT OUT! Going through a divorce is devastating emotionally and financially. But emotions often drive you to make regrettable decisions. If you feel guilty, you may give away too much. If you’re angry, you may

not think rationally. Don’t let guilt or emotions cause you to agree to something unreasonable. Being too agreeable may get you nowhere except alone, regretful, and possibly broke. At Hillman, Brown & Darrow, we understand your dilemmas and want you to have a good life. A competent lawyer is crucial to navigate your experience with the legal process. You need to get on with your life, but you still need an agreement that will allow you to move forward. Marriage and having children may be two of the most important decisions you make, but a bad agreement can be one of your worst.

SAMUEL J. BROWN

Hillman, Brown & Darrow, P.A.



Q: Why might I use a revocable trust?

A: A revocable trust is a legal device that is used in planning for physical or mental incapacity as well as estate planning. It is an extremely effective way of designating someone else—often a family member, friend, or financial professional—the ability to step in and manage assets on behalf of someone

who needs assistance. However, revocable trusts are not uniquely useful for tax or public benefits (i.e. Medicaid) planning. In many cases, other estate planning documents such as wills or powers of attorney will be sufficient. Each person’s situation and asset structure is unique, and no single type of document or estate plan works well for everyone. Nevertheless, a revocable trust can be an effective estate planning tool in many situations.

JACK BECKETT

Franke, Sessions & Beckett LLC



Q: Why is it crucial that I specifically hire a trial attorney for my case?

A: The value of your personal injury, auto accident, or medical malpractice case almost always goes up with time. Early on, insurance companies offer pennies on the dollar for your case, hoping that you will settle and resolve your claim. While you

have the option of settling at any time, especially if the offer is fair, insurance companies usually won’t offer fair compensation until you are willing to take your case to trial with a reputable and respected attorney. Trial attorneys know the system, and if settlement isn’t an option for your case, they won’t force you to take an offer that is less than you deserve.

COLE J. SULLIVAN,

The Valente Law Group



Q: Why should I use an attorney to prepare my Will when I can create my own Will using an internet service?

A: Various internet services certainly provide an opportunity to create your own Will. However, in many instances, when using such a

service, unintentional mistakes will occur. If the mistake is revealed after your passing, your heirs could end up spending thousands of dollars in legal fees to rectify the mistake. Creating an estate plan that accomplishes your personal estate planning goals is very important. An attorney can help you to understand all relevant laws, including applicable tax laws, with the ultimate goal of creating a customized estate plan that works for you.

MARIA WORTHINGTON MCKENNA

Partner, Council Baradel



Q: Our business partner died. His wife inherited his stock and wants to run the business. What do we do?

A: Businesses confront a tough issue when one owner leaves, and they don't have an exit plan. Failure to have one can result in unworkable situations down the road. One owner can sell (or gift) his or her interest to anyone, and the business

can be stuck with the result. So when you start your business, make sure you have a buy-sell agreement, a legally binding contract between owners that controls what happens if an owner dies, retires, or wants out of the business. The other owners can reserve the right to buy out the departing owner. The agreement can also restrict how new owners can participate in the business. Don't wait! By the time many of these scenarios happen, it's too late to do anything.

JONATHAN E. PASTERICK

Hillman, Brown & Darrow, P.A.



Q: How is COVID-19 affecting divorce and family court cases?

A: The Courts are taking great precautions to protect their staff and the public during the pandemic, and so for the most part they have shut down or closed except for emergency matters. This means that existing cases are being postponed. New

cases can be filed, but the usual year deadline for completion will probably not apply and there may be delays for contested cases. The court is developing new systems for hearing uncontested cases (cases where there is an agreement) by video, and so those cases can move forward. It means it is a good time to consider the advantages of settlement possibilities.

KENDALL SUMMERS, ESQUIRE

Kendall Summers Law



Q: How can my military service—or my spouse's—affect our divorce?

A: Military service on behalf of our country is one of the greatest commitments and sacrifices you can make. However, it can also have a major impact on how you handle a separation and divorce. You will need to navigate a complex series of state and federal laws and regulations to

ensure that your benefits and rights are protected. The requirements for dividing marital retirement benefits for active duty and former service members are very different. There are strict deadlines for certain elections and other benefits that only apply if you have been married a certain amount of time. Something as simple as a missed deadline can result in the loss of benefits that you worked hard for during your marriage. So it's important to consult with an attorney who understands the constantly evolving law on these issues.

MARIETTA B. WARREN

Hillman, Brown & Darrow, P.A.



Q: Why is it important to seek advice from an attorney as soon as possible about a potential claim?

A: Memories are generally more accurate when fresh and tend to fade over time. If you consult with an attorney promptly, there is a greater likelihood that you will remember more facts and will

be able to provide the attorney with more details regarding your potential claim. Many, if not most, cases also involve documents, electronically stored information, or other objects or things that can be used as evidence if claims are pursued. Prompt consultation with an attorney increases the possibility of preserving evidence that might otherwise be lost or destroyed. Prompt consultation with an attorney is also important because lawsuits asserting claims also must be filed within time limits established by law, and failure to file within the applicable time limits prevents recovery of damages.

KATHLEEN HOWARD MEREDITH

Iliff, Meredith, Wildberger & Brennan, P.C.



Q: What Asset Protection Laws are available in Maryland?

A: In Maryland, an "inter vivos QTIP trust" can now be used for asset protection. Under this new law, one spouse may create a trust for the other spouse but retain the right to receive income or

principal back if the donee spouse dies first. The rules are very precise, but if followed carefully, the trust is not subject to the donor's creditor claims. For example, a high-risk spouse could create this trust for a low-risk spouse with spendthrift provisions and fund the trust with nonretirement assets.

RANDALL D. FISHER

Fisher Law



Q: An employee left our company for a competitor. We did not have an employment agreement and believe he has company materials in his possession. How can we protect our company's information?

A: Employment agreements are not necessarily required to protect company information. While your former employee is free to work for a competitor, he is still prohibited

from using your company's trade secrets or confidential information. If information is publicly available or legally ascertainable, he may be permitted to use it. With the assistance of counsel, you should consider immediately contacting the former employee to demand he return your company's information and otherwise preserve all information in his possession so you can determine next steps. If he does not cooperate, you can potentially seek emergency relief in court.

MICHAEL J. MARINELLO

Kagan Stern Marinello & Beard LLC



Q: What should I expect from my lawyer in litigation?

A: Litigation results after a lawsuit has been filed. While litigation can often be avoided, there are instances where the court has to be utilized. Competent legal counsel should advise you throughout the process. In advising you, your lawyer should not be a cheerleader; he/she

should clearly communicate the pros and cons of the factual and legal landscape of your case. Litigation is unpredictable, but your lawyer should be able to advise you of the approximate costs and benefits in pursuing certain strategies in litigation.

JEFFREY P. BOWMAN

Gormley Jarashow Bowman, LLC



Q: What is a Will?

A: A Will is a legal document that provides for the distribution of property owned solely by you at the time of your death in any manner you choose—subject to a few laws like disinheritance a spouse. A Will does not govern

assets that pass outside of probate like jointly owned property, life insurance, or IRAs that have survivorship or beneficiary designations. A Will designates who you want to wind up your affairs. It also names the individuals, charities or trusts, that receive your assets. If you have minor children, it is important to name guardians for them in a Will. A Will is your personal plan how you want your assets distributed at your death. It should be tailored to your specific situation.

DAVID E. SESSIONS

Franke, Sessions & Beckett LLC



Q: I've been thinking about talking with a family law lawyer. Can I still do that in the midst of the COVID-19 coronavirus pandemic?

A: Yes! Law firms and attorneys have been designated as essential personnel by Governor Hogan's Executive Orders. Many

firms are conducting initial consultations and subsequent meetings via telephone or videoconference.

NATHAN VOLKE

Rice Law



Q: Will my bankruptcy appear in my credit report and how will it affect me?

A: A Bankruptcy will appear in your Credit Report for up to ten years BUT will typically discharge all your debts, leaving you debt free and with a much better score than you had. Where you then

make timely payments, you can usually receive new credit within 10 months after a discharge and obtain a new Mortgage 24 months after discharge. Lenders make loans based on credit worthiness more than any other factor. There are exceptions, but you will probably have little difficulty in re-establishing credit.

CAMI RUSSACK

RLC Lawyers & Consultants



Q: How are retirement savings and pension handled in divorce?

A: Maryland law provides that a court may order division of Marital Assets, which may include the marital portion of retirement savings such as those in IRAs, 401(k)'s, 403(b)'s, TSP and like accounts, as well as the marital share of pensions. Generally speaking, what is relevant for the court to consider in a divorce is

the "marital share" of such retirement or pensions, which generally means that portion of the retirement or pension earned or accrued during the marriage. Our courts do have authority under Maryland and federal law to issues orders that transfer retirement savings from one account to that of another pursuant to a divorce, as well as to divide a pension benefit subject to divorce. These can be complicated question, meaning you should seek the advice of legal counsel with respect to your specific situation.

KENDALL SUMMERS, ESQUIRE

Kendall Summers Law



Q: How does a person who is about to become involved in a family law problem select the right lawyer?

A: 1) Start by checking the lawyer's rating in Martindale-Hubbell, a publication which rates attorneys based on evaluations from one's peers. 2) Inquire of friends who have been through a similar situation. 3) Inquire of lawyer friends you may have. 4) Ask people at the courthouse who work for the court in the family

law division. 5) Confer with more than one lawyer to make certain that you are comfortable with the person selected. Lawyers are not "one size fits all." Determine what you are looking for—super aggressive, cerebral, or warm and fuzzy. Look for someone who is responsive in getting back to you, who will not delegate duties to others, and who specializes in the issues that are likely to be involved in your case. This is a very important decision — select wisely.

RON NADITCH

Ronald M. Naditch, P.A.



Q: When should I start planning for Medicaid eligibility?

A: It is never too early to start planning for Medicaid eligibility, but it should be at least five years prior to the time that you need care if you want to protect the maximum value of the assets you own. You can still

do some Medicaid planning if you wait too long, but starting early allows you to make your plans to avoid temporary disqualification from coverage resulting from the 5-year lookback rule.

JON J. GASIOR

SinclairProsser Law



Q: In addition to sound legal advice, what value does your firm deliver to clients?

A: The past several months have been interesting to say the least. There's no rulebook on an imposed shutdown of the economy, however temporary. Each one of us is adversely affected. Fortunately, the relationships we've developed with our clients allow us

to serve as a trusted advisor and resource. Through decades of legal and business experience, we're able to aggregate our knowledge to assist clients in dealing with the unknown. While these current issues may be atypical, our firm has access to the resources and network to find the solution to any of your business and individual problems. There's value and security in knowing that expertise is available and on your team.

KEVIN ELDEN

McNamee, Hosea, Jernigan, Kim, Greenan & Lynch, P.A.



Q: What do I need to know about the new parenting plan required by the courts in custody cases?

A: The legislature has enacted a new law that requires parents in custody proceedings to work together to create a parenting plan that makes the custody process easier. But is it really

easier? Perhaps it is easier said than done. The law requires both parents to make decisions jointly about issues, including each parent's access schedule with the children, decision-making authority, childcare, and communication between the parents. But if parents could agree on these issues, why would they be in court asking a judge to determine the custody of their children? At Hillman, Brown & Darrow, we can help you navigate this new requirement and work with you to help draft a plan that is in the best interest of your children.

SARAH E. BROWN

Hillman, Brown & Darrow, P.A.



Q: Should I start a real estate holding company for my investment property?

A: There are certainly advantages to holding an investment property in an LLC. Most notably, LLCs limit the personal liability of the members of the LLC. Any liability incurred by the LLC would therefore generally be limited to the assets of the LLC, and would not extend to the assets of the individual members. LLCs also

provide a tremendous amount of flexibility in delegating responsibilities relative to the investment property as well as how profits will be distributed. There are, however, costs and other factors which need to be considered to make sure creating an LLC makes sense for your particular investment. These factors include the cost of establishing and maintaining the LLC, the costs of accounting relative to the LLC, the type of insurance policies available for the property, and the types of loan products available for any financing secured by the property.

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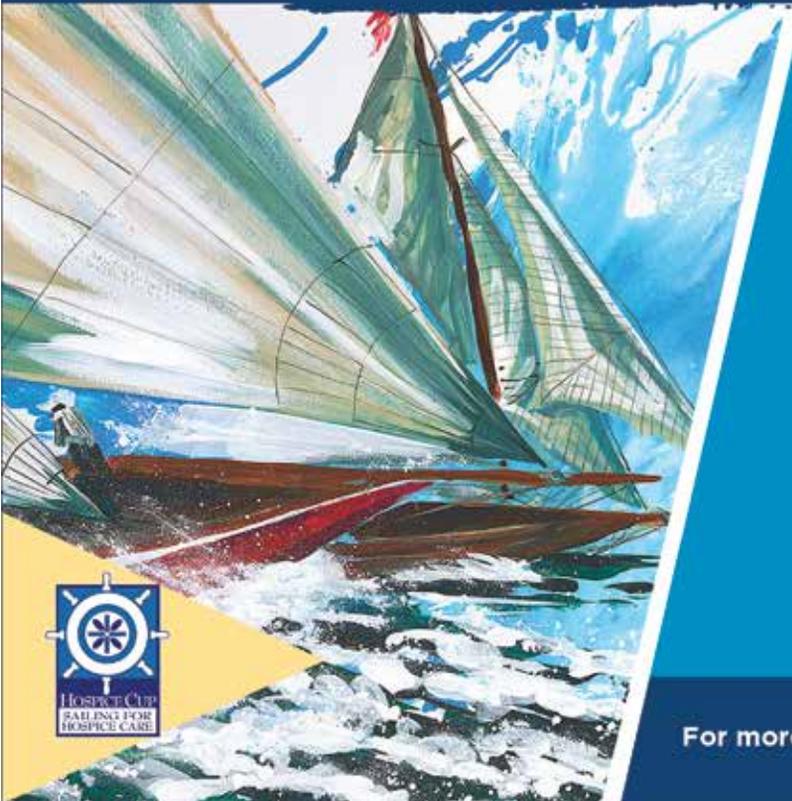
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- Adding online chat to our hotline offerings;
- Hosting the hotlines offsite [by trained YWCA team members];
- Partnering with hotels to provide emergency residence for those in crisis;
- Establishing transitional housing options in apartments;
- Offering licensed therapy via video;
- Initiating the 6-week Independence Curriculum as a web-based platform;
- Developing a comprehensive Abuser Intervention program online.

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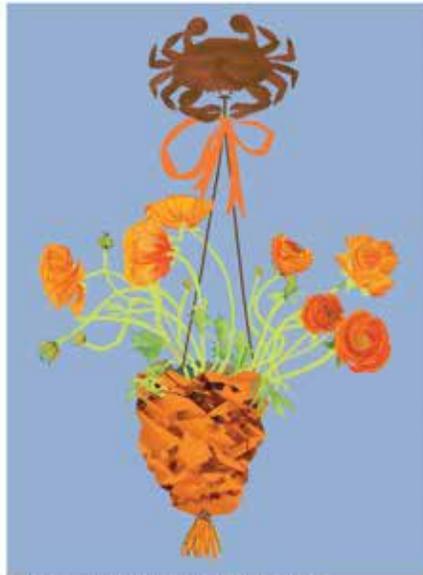
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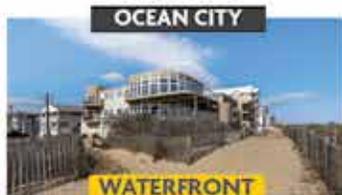
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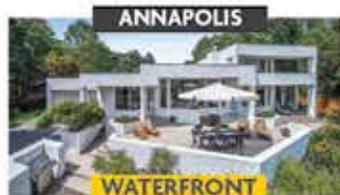


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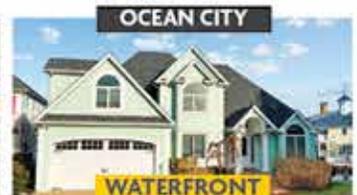


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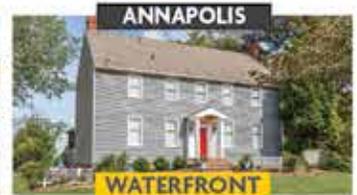
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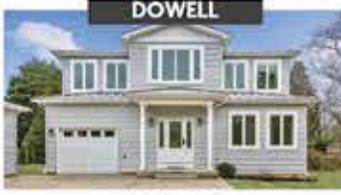


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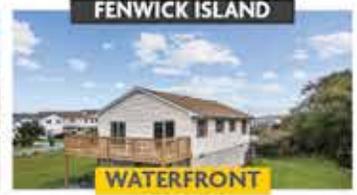
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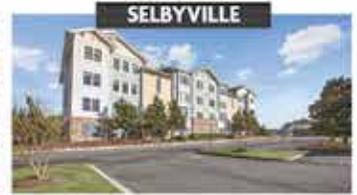
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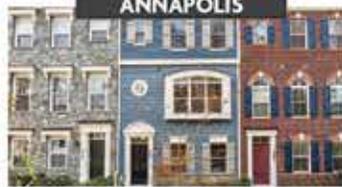
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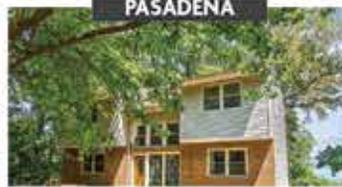
59004 FREEPORT COURT



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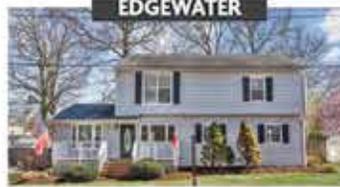
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PAVERS GO LIGHTER

Richer, more intense hues like brick reds and oranges in paver materials are being upgraded with more subtle colors like mauve, grey, and slate. The shapes are changing, as well, from harder squares and rectangles to a look with more rounded corners. *Photo courtesy of belgard.com.*

HOME DESIGN

Prime-Time Patios

WHAT'S HOT FOR THE WARMER TEMPS AHEAD

By Lisa J. Gotto



SET TO CHANGE

While it does defy the very essence of our cherished "patio sets," watch and you will see how outdoor furniture gets more eclectic every spring for the foreseeable future. Don't be afraid to start with a few basic pieces from a standard patio set. Then feel free to add in a few seating options from another set or even a flea market find to jazz up the look and by all means—personalize it! *Photo courtesy of cococozy.com*



HANGING FURNITURE

If you have the ability to affix a hanging basket chair or even a day bed or love seat swing somewhere in your outdoor scheme, by all means do. This casual take on seating is what true outdoor living is all about. So, catch that wind, tap a nap, soothe a little one to sleep; there's more variations of this trend available than ever! *Photo courtesy of frontgate.com*

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If this is the year you spring for a new patio set, you may be surprised by what you’ll find when it comes to shapes and style. Think rounder edges and softer hues. Also think increased comfort with extra cushy cushions and pillows. It’s all about softening the look with extra fabrics like throws for crisper nights and a cozier feel and lending balance to your hard-scaping. *Photo courtesy of hayneedle.com*





FIRE PIT PATIOS

What used to be an extra is now a must-have and what a great way to extend the outdoor season well into the fall! There are two ways to make this feature happen: by adding a free-standing pit; there are many variations that include chairs for fireside chatting, or if you're in the patio planning stage you may wish to build the pit right in. With its increasing popularity, you may want this feature around for the life of your home. *Photo courtesy of belgard.com.*



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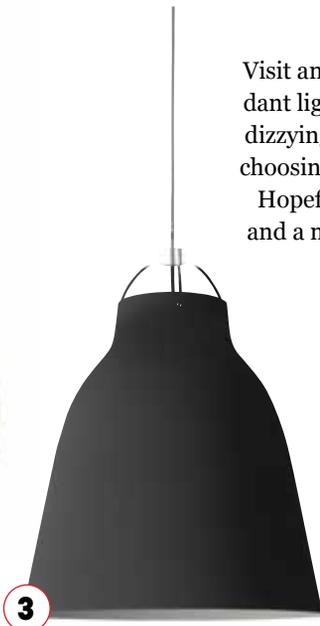
Luminous, Voluminous, Fabulous

NEXT-DECADE PENDANT LIGHTING

By Lisa J. Gotto

Visit any website or retailer selling pendant lighting and you will be met with a dizzying array of options that can make choosing just one style seem impossible.

Hopefully, a quick take on the trends and a match-your-style guide can help.



1

GEOMETRY LESSON

Bulkier, geometric shapes bring a more relaxed, casual look to almost any room and are especially popular in today's modern kitchens. The bold rectangular style of this Gracie Oaks Maisie pendant chandelier with four-candle design shines plenty of light on your exceptionally good taste. \$299.85, wayfair.com

YOUR STYLE: MID-CENTURY MODERN, CONTEMPORARY

2

NEXT LEVEL EDISON

Once upon a time, the Edison bulb met the Mason jar and it created a rustic and nostalgic twist on home interior lighting. So many variations on this basic style have since flooded the marketplace. As this Paxton Glass 3-Light pendant clearly shows, going clear with larger shade options is this style's next move. \$299, potterybarn.com

YOUR STYLE: COASTAL, RUSTIC, OR FARMHOUSE

3

MAKE MINE MATTE

It's all shade, no bulb when it comes to the no-fuss pendant look, and right now designers are getting many calls for matte black, although various colors with matte finishes are trending, including matte gold. Typically, three to five of this style are grouped and used above a kitchen island. This Caravaggio pendant style by Cecilie Manz for Fritz Hansen in matte black is currently a stand-out in many an all-white kitchen. \$523, hightoweraccess.com

YOUR STYLE: TRANSITIONAL, INDUSTRIAL

4

LITTLE BEAUTIES

These sophisticated takes on minimalism combine a simple shape that can be used subtly as one single light or grouped together for a more statement-making accessory. This Rousseau mini pendant from Hudson Valley Lighting with its colored dimpled glass adds an extra layer of visual interest and provides an obscured view of its light source, a filament bulb. \$306-572.00, lumens.com

YOUR STYLE: MINIMALIST, CONTEMPORARY

5

BOUQUETS OF LIGHT

Grouping together several smaller pendants into one statement-making, brightness-inducing bouquet of light works well in larger living areas, great rooms, and formal dining spaces. This Fulton Chandelier by Hinkley Lighting says you're a smart and serious homeowner who wishes not to swap looks for utility. \$1,549-2,799, lumins.com

YOUR STYLE: CONTEMPORARY, RUSTIC



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Prestigious Pendennis Mount Charmer

By Lisa J. Gotto

Pendennis Mount is where you'll find this wonderfully updated and charming four-bedroom dream home. But, don't let the term "charming" fool you. This property offers more than 2,400 square feet of living space in an appealing Cape Cod package.

Tucked away on a quiet cul-de-sac, this home's proximity to the Severn River is ideal and offers water access for kayaking and canoeing. Situated on a mature wooded lot with tall trees, the home has a sweet backdrop for outdoor entertaining, and a large screened-in porch with an IPE deck, for many years of low-maintenance outdoor living.

From your first step inside you see the home offers attractive details. The walls of the inviting entry foyer are highlighted with chair rail and picture frame-style molding. You'll also notice there is abundant natural light streaming from the front from vertical sidelight windows and the half-glass panel front door. This light shows off the home's warm and welcoming hardwood floors which flow throughout the open-plan space. A bright, white, and newly renovated gourmet kitchen features attractive cabinetry (some have glass front doors) and a large center island with granite countertops. The first floor also offers a large formal dining room with double entry doors and more large windows looking out onto the screened-in porch.

The spacious family room flows from the kitchen to a white, bricked see-through hearth with an additional formal seating area on the opposite side that offers tranquil views to the wooded landscape. This floor also features a master bedroom suite for age-in-place living. Three additional bedrooms are located on the home's upper level.





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Sold For: \$774,000
Original List Price: \$774,000
Bedrooms: 4
Baths: 4
Living Space: 2,438 sq. ft.
Lot Size: 0.45 acres

Downstairs, there's fully-finished basement with a built-in entertainment center with bookshelves and a large exercise/workout area.

Just minutes from West Annapolis shops and the greater downtown Annapolis waterfront, this truly is one home sweet home; no wonder it sold for asking price!

"We had to move fast and make a clean, non-contingent offer to get the sellers to accept," remarked buyer's agent Liz Montaner of Coldwell Banker, Annapolis, of the highly competitive sale.

Listing Agent: Georgie Berkinshaw; Coldwell Banker Residential Brokerage; 4 Church Circle, Annapolis; c. 443-994-4456; o. 410-263-8686; gberkinshaw@cbmove.com

Buyer's Agent: Liz Montaner; Liz Montaner & Crew; Coldwell Banker Residential Brokerage; 4 Church Circle, Annapolis; c. 443-871-1143; o. 410-263-8686; emontaner@cbmove.com

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Primary Structure Built: 2013
Sold For: \$1,325,000
Original List Price: \$1,359,000
Bedrooms: 3
Baths: 4
Living Space: 3,251 sq. ft.
Lot Size: 0.26 acres

HOME REAL ESTATE

Easy, Breezy Eastport

By Lisa J. Gotto

The location, layout, and design of this extraordinarily well-built Craftsman-style home offers everything there is to love about the Annapolitan lifestyle—a true home of distinction. Situated among beautifully landscaped grounds just a stone’s throw from Spa Creek, it is an entertainer’s dream with plenty of room inside and out.

Rich, wide-planked hardwood floors greet you from the entry and throughout the first floor open-plan living space. The details on this floor are numerous and include coffered ceilings, a statement-making kitchen with luxurious quartz countertops and gracious breakfast room area, plus a separate formal dining room, living room, family room, and a generous screened-in porch.

“Selling a home of this quality is a real pleasure,” says listing agent Travis Gray of Coldwell Banker, Annapolis. “The fine fit and finish, beautiful craftsmanship, and great outdoor space make this one of the finest homes in Eastport. Add to that





great sellers, fantastic buyers, and a competent buyer's agent, and you get an ideal real estate transaction."

Upstairs, there are three spacious bedrooms including a master suite with an ensuite bath complete with heated floors, dual vanities, an oversized river-rock shower, and two walk-in closets with a separate dressing area.

"I wish all homes sales were this easy," says buyer's agent Travis Martz, Martz & Associates Real Estate of the no-fuss transaction. "When my clients decided to downsize from Howard County, Eastport was the logical choice. When this house grabbed their attention, they mobilized quickly to provide the sellers with enough assurance that closing would be quick and stress-free. Plus, I always know working with Travis Gray on the other side of any transaction will make things run smoothly."

And there's more to love. The lower level is finished and provides a generous space for a home office and additional living quarters. Everything a homeowner could want and more!

"This is a beautiful house in a great location," say the new homeowners. "A perfect walk downtown into historic Annapolis and around the Eastport peninsula. It's exciting to have so many restaurants close by and year-round community events. What's not to like?"

Listing Agent: Travis Gray; Associate Broker; Coldwell Banker; 4 Church Circle, Annapolis; c: 301-641-0809; o: 410-263-8686; TGray@CBMove.com; AnnapolisWaterFrontGuide.com

Buyer's Agent: Travis J. Martz; Martz & Associates Real Estate; 60 West Street, Annapolis; c: 240-426-567



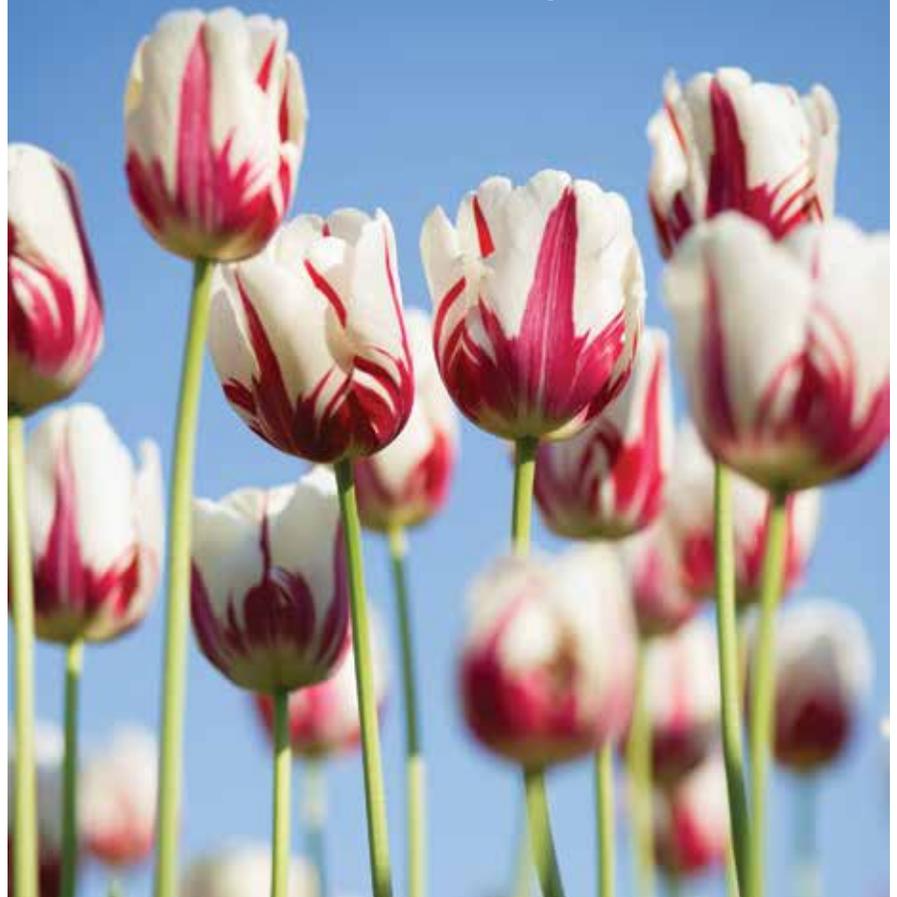
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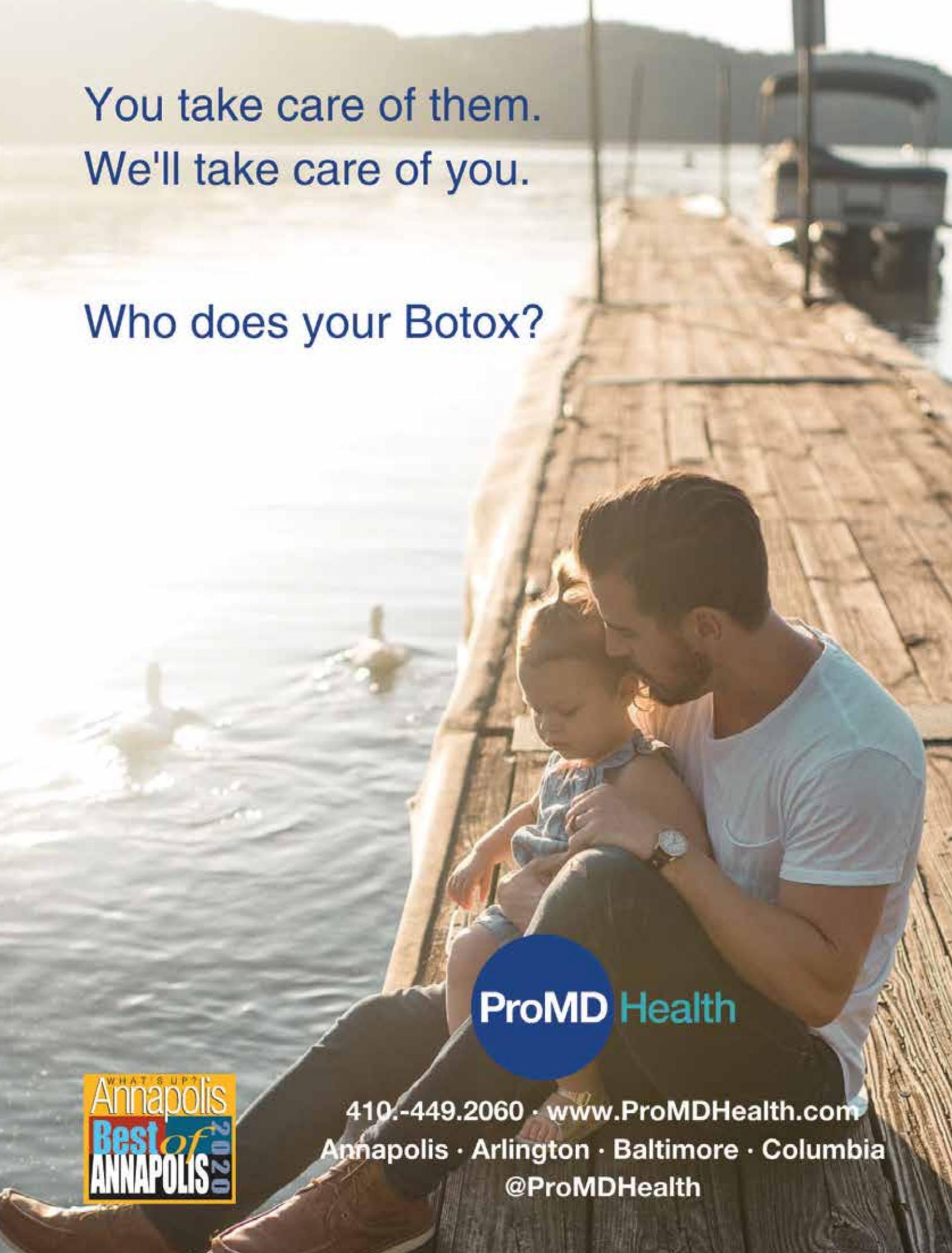


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Health & Beauty

138 BE CAREFUL ABOUT BITES & STINGS | 139 BOTOX INJECTIONS
140 FRESH TAKE | 141 STANDING TALL



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Be Careful About Bites & Stings

By Dylan Roche

On a warm spring day, you're probably eager to emerge from wherever you've spent the last few months feeling cold and cooped up. Unfortunately, you're not the only one—plenty of pests are doing the same exact thing.

Nothing spoils your time outside quite like having to deal with a bite or a sting, but it's a risk you face whether you're hiking in a natural reserved area or just hanging out in your backyard. When something does happen, it's wise to know how to handle the situation, especially if it's one where a doctor's care might be necessary.

Here's a run-down of the critters that you're most likely to face when you're outside in Maryland, and what you can do to keep yourself healthy and safe.



TICKS: CARRIERS OF DISEASE

Found in all parts of the United States, ticks are common in summer and early fall. They're especially troublesome because they can transmit diseases, most notably Lyme disease, but also Rocky Mountain spotted fever. If you're going to be in a tick-infested area, be sure to apply insect repellent and

check yourself thoroughly upon your return home. Ticks are small but visible, and they commonly lodge themselves around the scalp, in the nape of the neck, and around the ankles.

If you come across a tick on yourself (or on your child or pet), remove it as quickly and as carefully as possible to reduce the risk of disease. Using a pair of small tweezers, pinch the tick and pull straight up. Do not try to squeeze or squish the tick with the tweezers, especially while it's still lodged in the skin, as this could increase risk of diseases.

You might not be able to remove the tick, or part of the tick may remain lodged; in these situations, consult a doctor. If you are able to successfully remove the tick on your own, clean the area with soap and warm water, then apply an antiseptic. Keep an eye on the area for signs of infection or disease, particularly a bulls-eye-shaped rash that indicates Lyme disease.



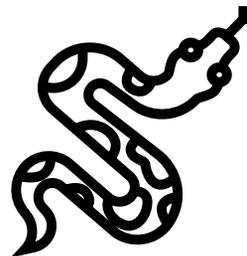
BEES: POTENTIALLY DEADLY FOR PEOPLE WHO ARE ALLERGIC

Bee stings hurt, but they're only dangerous for people with allergies, who might suffer potentially life-threatening anaphylaxis. Signs of this allergic reaction include swelling of the lips, tongue, or throat, resulting in extremely labored, difficult breathing. There might also be an erratic pulse and violent coughing. This is an emergency and requires immediate medical assistance.

People who are not allergic to bees usually won't require a doctor's care. They may have some swelling or redness, but this will subside within a few days. It's more important that you take care to remove the stinger if it is still lodged in the skin—use a clean pair of tweezers, but do not squeeze.

Apply ice for about 15 to 20 minutes in intervals up to four times a day to reduce the swelling, and if the sting hurts, you can take an over-the-counter painkiller such as acetaminophen or ibuprofen.

The only time a bee sting will present a greater problem for non-allergic individuals is if they accidentally disrupt a hive or swarm and suffer many stings at once. In this case, according to the Mayo Clinic, the accumulation of venom from the stings could bring about a toxic reaction, causing nausea, headaches, dizziness, convulsions, and fever. If you've been stung more than a dozen times at once, a doctor's care is needed.



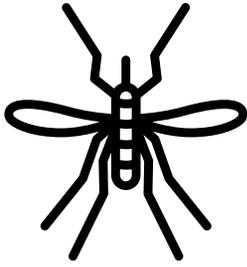
SNAKES: BE CAREFUL AND KEEP CALM

Maryland is home to 27 species and subspecies of snakes, according to the Maryland Department of Natural Resources, but only two of them are poisonous: the copperhead and the timber rattlesnake. Copperheads are usually found Central and Western Maryland, and the timber rattlesnake is usually found in Western Maryland, primarily in Frederick and Garrett County.

If you are bitten by a poisonous snake, the National Library of Medicine emphasizes that bites can be effectively treated in an emergency room. Keeping a victim of a snake bite calm is important. Remove any constricting items, as the area may swell, and keep a close eye on vital signs: temperature, pulse, breathing, and blood pressure. If you're not sure whether it was a poisonous snake, do not wait for symptoms to appear—seek medical attention immediately. You should also call Maryland Poison Control, available 24 hours a day, at 800-222-1222.

Take precaution against snake bites by wearing suitable clothing (thick boots and long pants) if you're going hiking or camping, especially if you're going to be walking through dense grass or brush. Be careful around rock piles, stacks of old boards or wood, brush piles, or other debris. If you encounter a snake, leave it alone and do not try to capture it.

Even if a snake is not poisonous, a snake bite that breaks the skin may warrant medical attention to prevent infection or allergic reactions. Rinse and clean the wound as best you can, and but don't try to stop the bleeding unless the bleeding is severe. You might need to get a tetanus shot if you haven't had one in the past five years.



MOSQUITOS: COMMONPLACE BUT ANNOYING

Mosquitos probably seem pretty tame compared with ticks, bees, and snakes, but these biting-prone bugs can wreck your spring and summer if your yard gets overrun with them. They are also known to carry viruses like West Nile and Zika. Be sure to eliminate any standing water around your property, particularly after rain to limit their quantity—just a thimbleful of water is enough for mosquitos to breed.

When you're going outside in an area that will likely have mosquitos, use an insect repellent made with DEET, picaridin, Icaridin, or oil of lemon eucalyptus, all of which are registered with the Food and Drug Administration and the Environmental Protection Agency indicating their effectiveness.

Most mosquito bites heal within a few days, but if your bites are bothering you, use a calamine lotion or hydrocortisone cream to relieve the itching. Mayo Clinic also recommends a paste made from baking soda and water.



HEALTH & BEAUTY BEAUTY

The Changing Perception of Botox Injections

By Dylan Roche

It's been nearly two decades since Botox made its appearance onto the cosmetic scene, but despite the longstanding stigma the drug has in some people's minds, the culture around it has started to change in recent years. With older generations re-entering the dating scene and younger generations more conscious of their appearance, the demand remains high—but patients should still be careful about where they go to get their injections.

Botox, a brand-name drug manufactured by the pharmaceutical company Allergan, launched in 2002, offering dermatology patients an option for reducing facial wrinkles. When the drug is injected into muscles, it blocks the release of the chemical acetylcholine, the compound responsible for muscle contraction.

This block of acetylcholine paralyzes the muscles, thus relaxing them and reducing the appearance of wrinkles. The injection is done with a needle and usually takes only a few minutes with no anesthesia necessary. Patients will usually see the drug's full effects within 24 hours to seven days, and the effects last for four to six months, after which time the muscle action will return and wrinkles will reappear unless a repeated dose is administered. After several repeat doses, the facial muscles will be relaxed enough that wrinkles will no longer be as severe.

But it's not just for cosmetic uses that Botox can be beneficial. Doctors have prescribed Botox as a therapeutic treatment for conditions like chronic migraines and excessive sweating.

In other cases, its cosmetic uses extend beyond simply helping patients look younger. A clinical trial published in a March 2018 edition of *Plastic and Reconstructive*

Surgery, the official journal of the American Society of Plastic Surgeons (ASPS), found that Botox injections can improve the appearance of surgical scars. Member doctors with ASPS surmise this is because the muscle paralysis decreases movement and stress around a wound as it heals, which in turn prevents the scar from widening, getting larger, or getting darker.

Despite its many uses, cosmetics continues to be the primary reason for getting Botox regardless of a patient's age. Last year, ASPS reported that 50,000 cosmetic procedures had been performed on patients 55 and older. These procedures encompassed not only Botox and fillers but also liposuction, hair transplantation, and breast augmentation. This is likely because divorce rates for Baby Boomers have doubled since the 1990s, and more Baby Boomers are returning to the dating scene and wanting to look younger.

But it's not just the older generation. ASPS reported in 2017 that selfie culture has made more young people conscious of their image and in turn helped destigmatize cosmetic surgery. That might explain why Botox saw a 28 percent increase among people ages 20 to 29 since 2010.

The popularity of Botox means that many "Botox bars" have started opening up, offering consumers the option of getting injections at a spa rather than in a doctor's office. Although it is legal for non-physicians to administer Botox, be wary—the Mayo Clinic emphasizes that Botox should be used only under a doctor's care. Improperly administered Botox can be dangerous. In some cases, the toxins in the injection that paralyze the muscles can spread throughout the body. This could potentially cause muscle weakness, vision problems, trouble speaking or swallowing, vision problems, and loss of bladder control.

Fresh Take

STRAWBERRIES

By Dylan Roche

If you're a parent struggling to get your kids to eat well—or if you're an adult who is struggling to eat well yourself—then you should rejoice at the thought that strawberries are back in season as of late April, and they'll be at their peak now through August.

Why is this such great news? Well, the Academy of Nutrition and Dietetics notes that half of children ages seven to nine identify strawberries as their favorite fruit. In fact, the average American consumes about eight pounds of strawberries a year!

Those stats sound even better when you consider how good strawberries are for you. At only 50 calories per cup, they're a good source of vitamin C, which is necessary for body tissue repair and a healthy immune system. They also contain fiber, which helps regulate blood sugar and supports good digestion. Strawberries are even a rich source of potassium, which is necessary for fluid balance and may reduce the risk of high blood pressure and stroke.



You know the bright red color associated with strawberries? They get that color from antioxidants known as anthocyanins, which help the body stave off diseases like cancer and diabetes. A 2019 study “Flavonoids in Hypertension,” published in the journal *Current Opinions in Pharmacology*, found that anthocyanin might lower risk of heart attacks.

Because of this, you should look for strawberries that are bright red. Any green or yellow patches on the strawberry's flesh will indicate that they are not fully ripened—and unlike other fruits, strawberries do not continue to ripen after they are picked. You also want to find strawberries that are pleasantly firm, neither too hard nor too soft.

One important thing to note about strawberries is that they are often listed among the Environmental Working Group's Dirty Dozen—the fruits and vegetables most likely to have pesticides on them. If you want to ensure your strawberries are clean, set them in a colander and rinse them under cold running water. Don't use any kind of vegetable washes, which are not regulated by the



Marinated Strawberries

1 pound strawberries
 3/4 cup goat cheese
 1/4 cup cream cheese
 1 teaspoon fresh basil
 1/4 teaspoon salt
 1/4 teaspoon pepper
 1/4 cup balsamic vinegar
 2 tablespoons olive oil

Combine olive oil and balsamic vinegar with salt, pepper and basil. Chop strawberries into half-inch cubes. Allow them to marinate in the vinaigrette for three to four hours. In a separate bowl, combine goat cheese and cream cheese. Refrigerate until ready for use. To serve, spread toasted baguette slices with goat cheese mixture and top with marinated strawberries.

Strawberry Salad

FOR THE SALAD:

10 ounces baby spinach
 1 pound of strawberries, washed and quartered
 1/4 cup candied pecans
 1/4 cup pistachios
 1 cup feta cheese

FOR THE DRESSING:

1/2 cup white wine vinegar
 1/2 cup honey
 1/2 cup olive oil
 2 tablespoons lemon juice
 2 tablespoons poppy seeds

Combine ingredients for the dressing and refrigerate for two hours. Whisk the dressing once more right before serving to ensure all ingredients are blended. Toss spinach, strawberries, nuts and cheese before adding the dressing. This salad can be served with grilled chicken if desired.

Food and Drug Administration and may leave residue on fruit.

Strawberries are great to have on hand because there are all kinds of ways to incorporate them into a healthy diet. Slice them up and add them to Greek yogurt with some almonds, or toss them into a blender with banana, avocado, orange juice, and ice for an easy shake.

But if you're feeling ambitious and want to use strawberries to their full potential in the kitchen, try making marinated strawberries for a unique appetizer, or include them in a

spinach salad perfect for a spring dinner. And for dessert, a special summer occasion just wouldn't be complete without strawberry shortcake (recipe online).

Standing Tall:

WHY YOUR POSTURE MATTERS

By Dylan Roche

Take a moment to check yourself right now. How's your posture as you read this? Are you slouched over? Maybe your head is craning forward to see the words on the page or on the screen. If you're like most people, then yes—yes to all the above.

Most individuals suffer from weak posture. That's a big problem because posture isn't just about your appearance. Posture affects your overall health in ways you wouldn't expect. As the National Library of Medicine explains, the way you hold your body can cause pain and injuries. It misaligns your musculoskeletal system, decreases your flexibility, and affects the way your joints move. It can even make it hard for you to breathe or digest food.

Here are a few tips courtesy of the American Chiropractic Association to help you improve your posture.



When standing, keep your feet shoulder width apart with your shoulders pulled back, your stomach pulled in and your knees slightly bent. Your weight should rest primarily on the balls of your feet. Let your knees bend slightly, and hold your arms naturally down at your sides. Your head should be neither pushed forward nor drawn backward, keeping your ears aligned with your shoulders. If you are standing for a long time, shift your weight every so often, either from your toes to your heels or from one foot to the other.



When sitting, keep your feet firmly on the floor with your legs uncrossed and your ankles in front of your knees. Your knees should be at the level of your hips, and there should be a slight gap between the edge of the seat and the back of your knees. If you can't adjust the backrest of your chair, prop up a pillow or insert a back supporter. Most importantly, avoid sitting for extended periods of time.



When lying down, do so on a mattress that is comfortable and to your liking. The American Chiropractic Association recommends a firm mattress, but you can use a softer mattress if it feels better. Use a pillow, and opt for one that's specially designed for back problems if necessary. You should lie on your side or back rather than on your stomach. Put a pillow between your legs if you sleep on your side or under your knees if you sleep on your back.

will help you replace your old posture habits with new ones. Some people will find it helpful to engage in physical activities that focus on the way you hold your body, such as yoga or tai chi. You can also do exercises that strengthen your core, which will help you hold your body straight.

Let Posture Month be your chance to commit to standing straight and tall. Focusing on your body's alignment every day for 30 days will help make strong posture feel more natural and set you on the path for improved health.

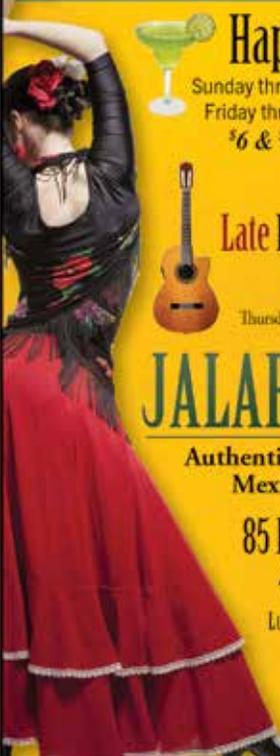
Doctors, therapists, and trainers around the world recognize Posture Month each May (www.posturemonth.org) as a way of educating people about the health consequences of weak posture, particularly when it results from too much attachment to technology. Slouched sitting and staring at screens, whether it's your computer screen at your desk or your phone screen while you stand in line at the grocery store, stop people from developing a strong posture.

"Strong" is the way the Posture Month movement encourages thinking about posture. It's not about good or bad posture but rather about strong or weak. It's all about training, the same way balance is all about training. Posture Month encourages people to stand with their head centered above their feet and their shoulders even. In theory, you should be able to draw a line down the center of your body from your nose to your feet.

The National Library of Medicine breaks it down even further by distinguishing between dynamic posture and static posture. Dynamic posture is the way people hold their body when they're moving, such as walking or running, and the static posture is the way they hold their body when they're standing still or lying down.

In general, the best way to improve your posture is by increasing your awareness. Knowing how to stand, sit, and lie properly, and frequently reminding yourself,

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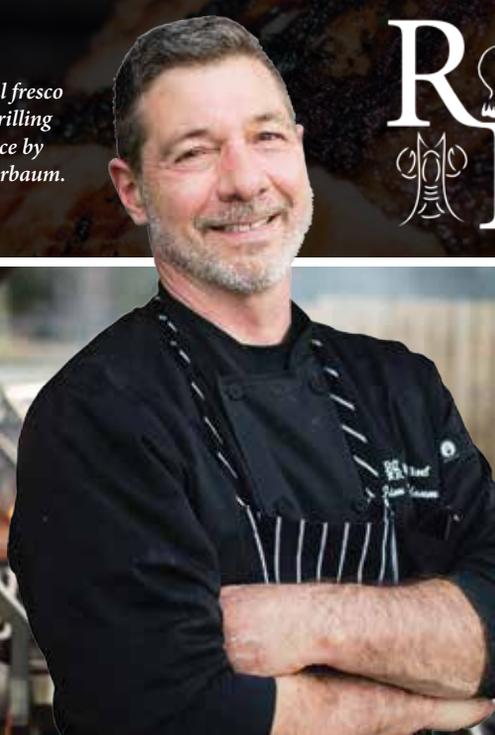
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1286 Route 3 South, Suite 3, Crofton
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**ASHLING
KITCHEN
& BAR**

DINING REVIEW

Keeping the Beat in Crofton

By Rita Calvert
Photography courtesy Ashling Kitchen & Bar

There is a very interesting back story to a new Crofton dining spot, so named after a Gaelic dream or vision—Ashling. What a charming concept for a restaurant that grew out of co-owner Elise’s experiences as a production tour manager and, later, at Baltimore’s Lyric Theater, where she was called upon to “elevate the backstage experience” for performing artists. Experiences that she notes on Ashling’s website taught her “the value of creating community and a sense of home around a good meal and a stiff drink, wherever you are.”

This well-received, almost year-old neighborhood eatery, is a fitting brick-and-mortar complement to Elise and her business partner Saeed’s successful Ashling Market and Catering. (Check out their client list, which includes notables like John Mayer, Cardi B, and many more celebs.) The restaurant employs 50 people and the catering business employs 30, according to Saeed as he says, “I’m proud to bring that to Anne Arundel County.”

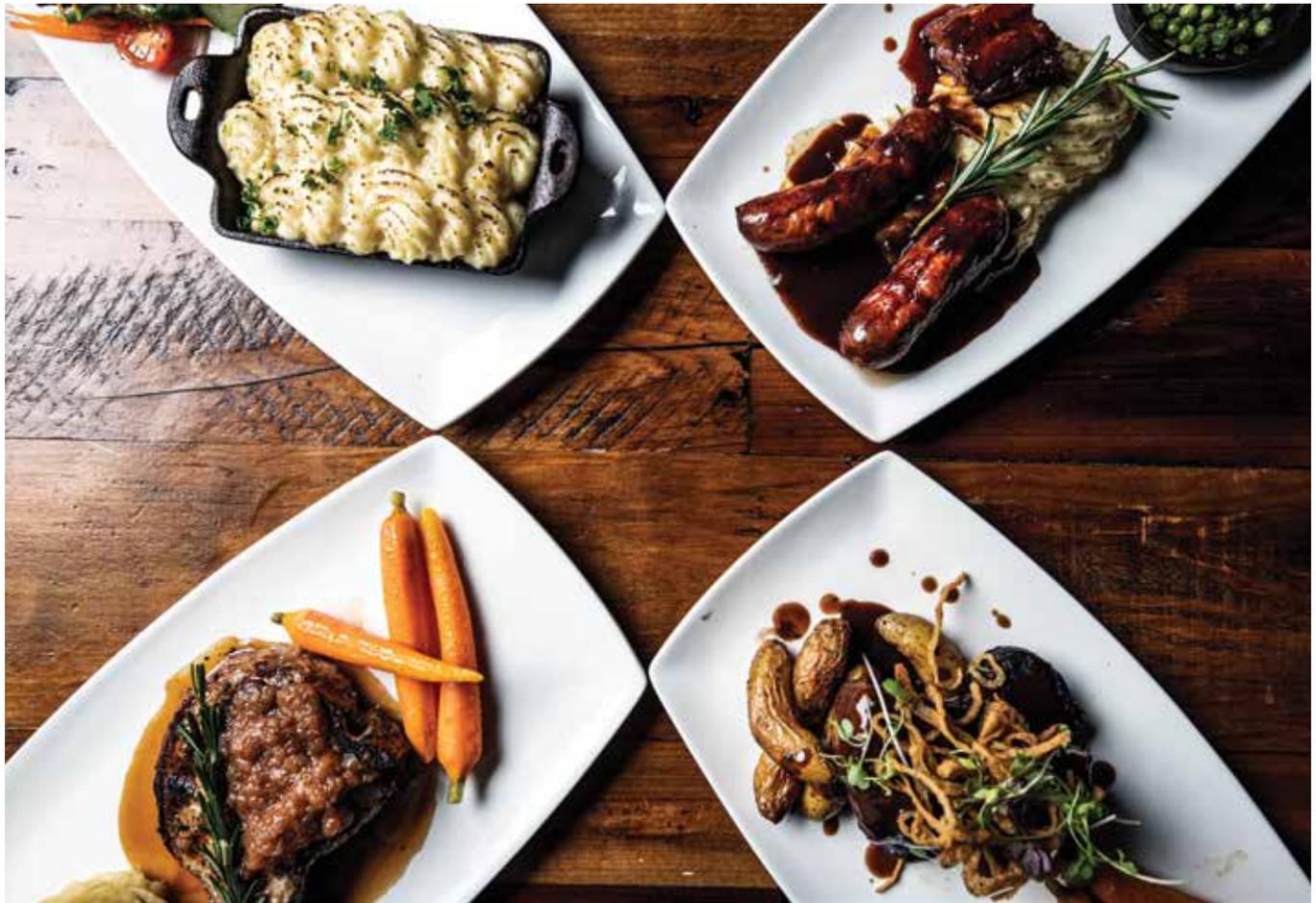
The airy new spot is hip yet welcoming—think au courant black steel and club-y feel *and* a super-friendly, gracious staff. The eye-catching large, glass-paneled, black iron-framed doors and walls and muted tones lend a modern ambiance. Tufted banquetts border one wall while individual wooden-topped tables nestle in the remainder of the dining room. The open black industrial ceiling makes the rather small room feel open while the naked light bulb fixtures add the bling. The back room for meetings or separate parties is visible through large glass paned doors and still has the fireplace from the former occupant, Christopher’s restaurant. Although perhaps comical to comment on the restrooms, we will: proof positive of owner Elise’s music background with colorful concert posters, electric pink walls, black tile with hot pink grout, and floor tile in dark silver grey with a classy trough sink. Plus, guitar shaped hooks on the door. It’s definitely had “design” attention, unlike so many restaurant restrooms.

We chose to sit in the dining room, where happy hour drink prices still apply. To start with beverages, we looked over the short and thoughtful wine list but skipped right to the house wines (\$6 with \$2 off during happy hour) because of the surprise inclusion of Prosecco,

along with simply “red” and “white.” We meant, but forgot, to ask about styles and vintners for the house list. I stuck with seltzer this eve, but my dining companion chose “market” Prosecco, an incredibly reasonable \$4 (usually \$6). The Prosecco was just right with our small plates. A full page of specially-handcrafted cocktails has been created for the restaurant, which was divided into categories of Ashling specialties, fruit varieties, spiced libations, and flower cocktails. An immense selection of bourbons, rye, and Japanese and Irish whiskeys is offered, but are not mentioned on the website—so check them out in person.

First time diners at a new restaurant often pose a challenge to the waitstaff with many questions. These folks were ready! Our waitperson, Kayla, was charmingly gracious and quick to offer check-ins with the chef on anything she didn’t know. Her tip that Happy Hour prices still covered drinks in the restaurant, even though the special food prices are limited to the bar, was much appreciated. The innovative cuisine touches on a French-Canadian specialty, a few nods to Irish dishes, some French accents like mashed potatoes mousseline from Chef Ahmed Koroma—who has had French cooking in his background—and, of course, our Americana comfort foods.





There are several categories of food to choose from, depending on your taste and appetite: options for everyone included a few soups, Irish Chili, salads, classic sandwiches (not to be overlooked is the Guinness-braised corn beef Rueben), burgers, and a vegan burger. There is a dedicated section to the French-Canadian dish, Poutine, which is based on a large base of fries (in this case, curly fries) topped with cheese curds and brown gravy. Literally, it has been described as “une maudite poutine” (a dreadful mess)...but is delicious! The Main Course menu, from which we chose our entrees, features restaurant highlights along with separate sauces to design your own dish.

Many people dine on small plates but we decided to treat them as appetizers before our entrees. The Avocado Eggroll

caught our eye, as did the Irish Chili. However, first up for us was a not-so-small plate of Ahi Tuna Tacos. Three flour tortillas coddled thick slices of tuna, blanketed with a jicama and Asian slaw, diced tomatoes, cotija cheese crumbles, and a drizzle of sriracha aioli. We also shared Nana’s Fried Green Tomato, a generous five slices *lightly* coated and dressed with tasty pimento on a bed of arugula. My friend stated it was practically worth coming back just for that.

We asked about Ashling’s bread rolls that other reviewers have touted. Now served with an herb butter rather than honey butter, we enjoyed the sweet-ish puffs.

I had my eye on the Trout Amandine as an entrée as it is not frequently offered. This Alaskan butterflied filet is dusted with a highly-spiced flour

seasoning and pan fried. Caper brown butter sauce is drizzled over, along with a scattering of slivered almonds. Kayla asked how we were enjoying our entrees and I had to admit I found the trout on the salty side. The manager went out of her way to have another trout prepared with a new and gentler dusting of flour. *Merci beaucoup!*

My dining companion chose the Retro-Shepherd’s Pie and it did not disappoint. Don’t let anyone tell you the portions here are small. This is served in a cute rectangular cast iron pan, with a generous lamb and beef ragout, vegetable medley, and nice gravy, all topped with a king-size portion of very good mousseline potatoes. The dish comes with a market salad, but my friend swapped that (and paid extra) for the Wedge Salad. It’s absolutely colossal! With excellent blue cheese

dressing (a rare treat), bacon slices, and a colorful “skirt” of sweet baby tomatoes.

The house made desserts included some traditional choices: New York cheesecake, key lime pie, and chocolate cake, along with a couple more interesting options, such as the banana white chocolate bread pudding with caramel sauce. We’ll save that for next time.

Ashling offers weekend brunch with a big menu for both the breakfast and lunch mood, daily deals to draw people in, and special happenings, such as wine dinners and holiday events.

With close to three decades in the food, media production, marketing and public relations fields, Rita has created myriad programs, events, cooking sessions on national television, the stage and The Annapolis School of Cooking. She has partnered in writing cookbooks and product lines to showcase the inspiration, art and nourishment of food. Her work has always embodied the naturally wholesome and satisfying.

Grilling with Flair

By Tom Worgo

Photography by Stephen Buchanan

For thousands of years, preparing and eating food around a wood fire was a communal ritual. Jim Holderbaum is reviving that tradition and can bring it to your backyard with his catering business, Range & Reef.

Watching Holderbaum and his staff grill is part of the fun. He has clients throughout the Mid-Atlantic region and has had requests to cater parties as far as New York City.

“It’s not typical catering,” Holderbaum says. “It’s all designed around food onsite and outside, where food and preparation are part of the event.”

Holderbaum ventured into the catering business after working for the state department as an international development advisor. He traveled to about 60 countries doing agricultural and environmental work. Then he decided to make a career change.

“I was just getting burned out,” Holderman says. “When you are traveling to Syria, Lebanon, Afghanistan, and even North Korea. That stuff wears you out. I wanted something new.”

Holderbaum, a Bowie resident, became fascinated with cooking during his extensive travels and had been using wood-fire grills at home for more than two decades.

In preparation for his business, he volunteered to work in the kitchen for a couple months free at Harry Browne’s in Annapolis. After a successful stint there, Holderbaum was on his way.



RANGE & REEF

240-476-7291

rangeandreef.com

We recently talked to the 60-year-old Holderbaum about what makes his catering company unique, the types of woods he uses to match with certain foods and flavors, and why he loves guests watching him cook.

How would you describe your catering?

We are not precooking food. For the live-fire grilling, I use a number of different woods. It means I don’t use charcoal or propane grills. It’s all-natural wood fires, so we do a lot of top sirloin, prime rib, tenderloin on oak, shrimp, scallops, salmon on peach wood, swordfish, racks of lamb, pork on apple wood. We also grill all kinds of vegetables. I will get requests for doing things like large sardines and octopus. Then I do some specialty seafood. We do a shrimp and seafood boil. It’s gulf shrimp, clams, mussels, fresh corn, brussels sprouts, and smoked Kielbasa. We also do a traditional lobster clam bake.

You encourage people to watch the process? Why?

It’s almost by design to have people watch because they

usually don’t get to see it. I love when people come around the grill. Like at a wedding reception, people are coming up and, in their suits, ties, and dresses, asking all these questions. The smells are amazing. They ask, “How long are you going to grill the shrimp?” That’s fun to me and to me it’s part of the process. There’s nothing better than having a bunch of people gathered around the grills. We are up front and center when we do this. I have had 30 or 40 people standing around.

How do you match a certain food with certain wood?

Heavier woods like oak have higher amounts of tannins, which is a chemical found in hard woods. It’s just a heavier, more intense smoke coming off of it. You wouldn’t want to be grilling scallops over oak. Most of the beef we cook with oak. For lighter things, especially seafood, wood that has a lighter smoke and aroma to it is good because you are not overpowering the taste of the food. Peach wood is probably the best wood you can grill

with. The peach wood will match with shrimp and scallops. I like to do swordfish on it and a lot of vegetables. Pork and lamb—I like to use applewood because it has a very distinct flavor to it. Or the wild cherry because it is a little heavier.

How did you get into your current business?

A big part of those trips was getting together with people and their families and a lot of cooking. That was an important thing and a common thread with all these countries. People sitting around grilling, sharing food, and sitting outside. Some trips were very difficult. I was out in Indonesia after the Tsunami and Kosovo after the whole Serbian War campaign. My way to decompress was to grill at a cookout. So, I would have a party and invite 50 to 100 people. I would also do all these things at home. That had a lot to do with me going into catering because I loved grilling out.

Do you have a culinary background?

No, I don't. I wanted to get into the food business. I wasn't sure I was going to work as a manager at an Outback or have my own my restaurant. I met with executive chef at Harry Browne's downtown and he suggested getting into the restaurant business. I didn't know if that's what I wanted to do. I said, "I am getting kind of old to be a chef." I told him, "I will come work for free if I can work for you." He said, "Are you serious?" I said I was. The owner said if this guy wants to work for free, go ahead. I worked there for two or three months and did prep work for



Steamed Clams

IN WHITE WINE,
GARLIC, & BUTTER

Serves 4 as a main course or 10 guests as an appetizer.

Ingredients

8 tablespoons butter
6 cloves fresh garlic, minced (or more if you like)
1 cup dry white wine (such as Pinot Grigio or a dry Riesling)
4 pounds (about 50 clams) of Littleneck or Midneck clams (clams that are 1 1/2 to 2 1/2 inches work best)
3 tablespoons fresh parsley, chopped (as an optional garnish)
Serve with a French baguette.
Slice it or let guests pull off a piece for dipping into the broth.

Directions

Clean clams with a stiff bristle brush and rinse under cold water. Discard any clams that are cracked or open. In large sauté pan or heavy skillet, melt the butter over medium heat. Add the garlic and cook for 2-3 minutes until fragrant. Add the white wine and bring to a simmer over medium-high heat, then add the clams and cover with a lid. Cook for 3-4 minutes or until most of the clams are wide open. Cooking time may be longer for larger clams. Discard any that remain closed. Transfer the open clams to a large serving bowl and ladle the broth over the clams. Garnish with the chopped parsley and serve with rustic (French) baguettes.

them every day. The chef said I had the skills to do that.

What did you do before starting your catering business?

I worked for the state department and traveled all over the world. I have a PhD in agriculture. I did a lot of agriculture rural development sort of like analysis, and environmental work. I did some work under both Bush administrations, and some things for the Clinton administration and Al Gore with environmental issues in Siberia. I was involved with the first Bush administration with the multilateral peace talks with Israel and Palestine. I spent a lot of time in rural communities

What type of events do you cater?

I have a lot of corporate clients and financial firms. I also cater a fair amount to private homes. Events like summer parties, graduations, and anniversaries. A lot of times it's for a fall party or a winter

party. We also do wedding and we are a little more selective on that. Everything is done on site and served. I also do fundraiser type of events.

What is most popular item?

We probably get more comments about the grilled shrimp. These are gulf shrimp. Someone at every event inevitably comes up and says, "This is the most amazing shrimp I've ever had." I marinate them. The marinade has olive oil, some chalets, dry basil, cilantro, and garlic.

Why do you use Grill Works grills? What are they?

Grill Works is a company based in Michigan. They probably manufacture the best woodfire grills in the world. There are two types: live fire grills which I have, and in-kitchen grills. Grill Works has its grills in Wolfgang Puck's kitchen and five-star restaurants in New York City and in Toronto, and all over the world.

Dining Guide

Advertisers Listed in Red

Average entrée price
\$ 0-14 \$\$ 15-30 \$\$\$ 31 and over

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Annapolis Ice Cream Company

196 Main Street, Annapolis; 443-482-3895; annapolisiscream.com \$ 🍷 🍷

Armadillo's Bar & Grill

132 Dock Street, Annapolis; 410-280-0028; Armadillosannapolis.com; American Grill; lunch, dinner, brunch \$ 🎵

Bean Rush Café

112 Annapolis Street, Annapolis; 410-263-2592; Beanrushcafe.com; Coffee, baked goods, sandwiches; breakfast, lunch \$

The Big Cheese & Sammy's Deli

47 Randall Street, Annapolis; 410-263-6915; Thebigcheeseannapolis.com; Deli; breakfast, lunch, dinner \$ 🍷

Buddy's Crabs & Ribs

100 Main Street, Annapolis; 410-626-1100; Buddysonline.com; Seafood; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷

Café Normandie

185 Main Street, Annapolis; 410-263-3382; Cafenormandie.com; French; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷

Castlebay Irish Pub

93 Main Street, Annapolis; 410-626-0165; Irish; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷

Chick & Ruth's Dely

165 Main Street, Annapolis; 410-269-6737; Chickandruths.com; American diner; breakfast, lunch, dinner, late-night \$ 🍷 🍷

City Dock Café

18 Market Space, Annapolis; 410-269-0961; Citydockcafe.com; American; coffee, light breakfast, baked goods \$

Dock Street Bar & Grill

136 Dock Street, Annapolis; 410-268-7278; Dockstreetbar.net; American; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷

Dry 85

193 B Main Street, Annapolis; 443-214-5171; DRY85.com; American; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Federal House Bar & Grille

22 Market Space, Annapolis; 410-268-2576; Federalhouserestaurant.com; American; lunch, dinner, Weekend brunch \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Flamant

17 Annapolis Street, Annapolis; 410-267-0274; Flamantmd.com; European; dinner \$\$-\$\$\$ 🍷

Fox's Den

179 B Main Street, Annapolis; 443-808-8991; Foxsden.com; American Craft Gastropub ☎ 🍷 🍷 🍷 🍷 🍷

Galway Bay Irish Restaurant & Pub

63 Maryland Avenue, Annapolis; 410-263-8333; Galwaybaymd.com; Irish; lunch, dinner, Sunday brunch \$ 🍷 🍷 🍷 🍷

Harry Browne's

66 State Circle, Annapolis; 410-263-4332; Harrybrownes.com; Modern American; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Harvest Wood Grill & Tap Room

26 Market Space, Annapolis; 410-280-8686; Harvestwoodgrill.com \$\$ ☎

Iron Rooster

12 Market Space Annapolis; 410-990-1600; Ironroosterallday.com; American; all-day breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷

Joss Café & Sushi

195 Main Street, Annapolis; 410-263-4688; Jossussushi.com; Japanese, sushi; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Latitude 38

12 Dock Street, Annapolis; 667-204-2282; Latitude38waterfront.com; American; lunch, dinner, Sunday brunch \$\$, ☎ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Mason's Famous Lobster Rolls

188 Main Street, Annapolis; 410-280-2254; Masonslobster.com; Seafood; lunch, dinner \$

McGarvey's Saloon & Oyster Bar

8 Market Space, Annapolis; 410-263-5700; MCGarveysannapolis.com; American; lunch, dinner, late-night, Sunday brunch \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Middleton Tavern

2 Market Space, Annapolis; 410-263-3323; Middletontavern.com; American, seafood; lunch, dinner, Sunday brunch \$\$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Mission BBQ

142 Dock Street, Annapolis; 443-221-4731; Mission-bbq.com; Barbecue; lunch, dinner \$\$ 🍷 🍷 🍷

O'Brien's Oyster Bar & Restaurant

113 Main Street, Annapolis; 410-268-6288; Obriensoysterbar.com; Seafood; lunch, dinner, late-night, brunch \$\$ 🍷 🍷 🍷 🍷 🍷

OB's Prime

111 Main Street, Annapolis; 410-269-1210; Obsprime.com; Steakhouse; dinner \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Osteria 177

177 Main Street, Annapolis; 410-267-7700; Osteria177.com; Italian; lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Preserve

164 Main Street, Annapolis; 443-598-6920; Preserve-eats.com; Seasonal farm to table restaurant; brunch, lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷

Pusser's Caribbean Grille

80 Compromise Street, Annapolis; 410-626-0004; Pussersusa.com; Caribbean, seafood; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Red Red Wine Bar

189B Main Street, Annapolis; 410-990-1144; Redredwinebar.com; Wine bar; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷

Reynolds Tavern

7 Church Circle, Annapolis; 410-295-9555; Reynoldstavern.org; International; lunch, dinner, afternoon tea \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Sakura Café

105 Main Street, Annapolis; 410-263-0785; Annapolissakuracafe.com; Japanese; lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Sofi's Crepes

1 Craig Street, Annapolis; 410-990-0929; Sofiscrepes.com; Sweet and savory crepes \$

Vida Taco Bar

200 Main Street, Annapolis; 443-837-6521; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ 🍷 🍷

Upper Annapolis

49 West, Coffeebar, Winebar & Gallery

49 West Street, Annapolis; 410-626-9796; 49westcoffeehouse.com; American, coffeehouse; breakfast, lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Azure

100 Westgate Circle, Annapolis; 410-972-4365; Azureannapolis.com; Modern American; breakfast, lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Carpaccio Tuscan Kitchen & Wine Bar

1 Park Place, Annapolis; 410-268-6569; Carpaciotuscankitchen.com; Italian; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Miss Shirley's Café

1 Park Place, Annapolis; 410-268-5171; MissShirleys.com; Southern American; breakfast, brunch, lunch \$ 🍷 🍷 🍷 🍷 🍷

Chesapeake Brewing Co.

114 West Street, Annapolis; 410-268-0000; Chesbrewco.com; Seafood bar & grill; lunch, dinner, Weekend brunch \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

El Toro Bravo

50 West Street, Annapolis; 410-267-5949; Mexican; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷

Fado Irish Pub

1 Park Place #7, Annapolis; 410-626-0069; Fadoirishpub.com/annapolis; Irish; lunch, dinner, late-night, Sunday brunch \$ ☎ 🍷 🍷 🍷 🍷 🍷

Lemongrass

167 West Street, Annapolis; 410-280-0086; Lemongrassannapolis.com; Thai; lunch, dinner \$ 🍷 🍷 🍷 🍷 🍷

Level Small Plates Lounge

69 West Street, Annapolis; 410-268-0003; Lannapolis.com; Modern American, tapas; dinner, late-night \$ ☎ 🍷 🍷 🍷 🍷 🍷

Light House Bistro

202 West Street, Annapolis; 410-424-0922; Lighthousebistro.org; American; breakfast, lunch, dinner, weekend brunch \$ 🍷 🍷 🍷 🍷 🍷

Luna Blu

36 West Street, Annapolis; 410-267-9950; Lunablufannapolis.com; Italian; lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Metropolitan Kitchen & Lounge

175 West Street, Annapolis; 410-280-5160; Metropolitanannapolis.com; Modern American; breakfast, lunch, dinner, late-night \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

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2348 Solomons Island Road, Annapolis; 410-266-8004; Meltingpot.com; Fondue; dinner \$ \$ 🍷 🍴

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2134 Forest Drive, Annapolis; 410-571-0500; Lindocancungrill.com; Mexican; breakfast, lunch, dinner \$ 🍷 🍴

Mission BBQ

2101 Somerville Road, Annapolis; 443-569-4700; Mission-bbq.com; Barbecue; lunch, dinner \$ \$ 🍷 🍴

Paladar Latin

Kitchen & Rum Bar
 1905 Towne Centre Boulevard, Ste. 100, Annapolis; 410-897-1022; Paladarlatinkitchen.com; Latin American; lunch, dinner, late-night, Weekend brunch \$ \$ 🍷 🍴

Paul's Homewood Café

919 West Street, Annapolis; 410-267-7891; Paulshomewoodcafe.com; Mediterranean; lunch, dinner, brunch \$ \$ 🍷 🍴 🐾 🍷

Pasticcio Fresh Italian Kitchen

150-F Jennifer Road, Annapolis; 443-949-0608; Pasticcioannapolis.com; Italian; lunch, dinner \$ \$ 🍷 🍴

Ports of Call

210 Holiday Court, Annapolis; 410-573-1350; Doubletreeannapolis.com; Modern American; breakfast, lunch, dinner \$ \$ 🍴

Rams Head Roadhouse

1773 Generals Highway, Annapolis; 410-849-8058; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$ \$ 🍷 🍴 🍷

Red, Hot & Blue

200 Old Mill Bottom Road, Annapolis; 410-626-7427; Redhotandblue.com; Barbecue; lunch, dinner \$ 🍴 🍷

Riverbay Roadhouse

1374 Cape St Claire Road, Annapolis; 410-757-2919; Riverbayroadhouse.com; Steak, seafood; breakfast, lunch, dinner \$ \$ 🍷 🍴

Royal Karma

302 Harry S. Truman Pkwy, Suite K, Annapolis; 410-266-5006; Indianfoodannapolis.com; Indian; Lunch buffet, dinner \$ \$ 🍷 🍴

Sakura Japanese Steak & Seafood House

2625 Housley Road, Annapolis; 410-573-0006; Sakurasteakhouse.com; Japanese; lunch, dinner \$ \$ 🍷 🍴

Sam's on the Waterfront

2020 Chesapeake Harbour Drive East, Annapolis; 410-263-3600; Samsonthewaterfront.com; Modern American; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍷

Sandy Pony Donuts

1901 Towne Centre Blvd., Ste 130, Annapolis; 301-873-3272; Sandyponydonut.com; Breakfast \$ 🍷

Seafood Palace Buffet

81 Forest Plaza A, Annapolis; 410-216-2186; Seafoodpalacebuffet.com; American, Japanese, Seafood; lunch, dinner \$ 🍷

Severn Inn

1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; Severninn.com; Seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍷

Sin Fronteras

2129 Forest Drive, Annapolis, 410-266-0013, Sinfronterascafe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$ \$ 🍴 🍷

Soul

509 S. Cherry Grove Avenue, Annapolis; 410-267-6191; Soulannapolis.com; Southern-inspired small plates; lunch, dinner, Saturday & Sunday brunch \$ \$ 🍷

Stoney River

Legendary Steaks
 2190 Annapolis Mall, Annapolis; 410-224-8312; Stonyriver.com; Steakhouse; lunch, dinner \$ \$ 🍷 🍴

Union Jack's

2072 Somerville Road, Annapolis; 410-266-5681; Union-jacksannapolis.com; British-style pub; lunch, dinner, Sunday brunch \$ \$ 🍴 🍷 🍷

Ziki Japanese Steakhouse

1906 Towne Center Boulevard, Ste. 4250, Annapolis; 410-224-6598; Zikisteakhouse.com; Japanese, sushi; lunch, dinner \$ \$ 🍷 🍴

Zoe's Kitchen

1901 Towne Center Boulevard, Ste. 105, Annapolis; 410-266-7284; Zoeskitchen.com; Casual Mediterranean Lunch, dinner \$ 🍴 🍷

Eastport / Bayridge

Adam's Taphouse and Grille

921C Chesapeake Avenue, Annapolis; 410-267-0064; Adams-grilleannapolis.com; Barbecue; lunch, dinner \$ \$ 🍴 🍷

Annapolis Smokehouse & Tavern

107 Hillsmere Drive, Annapolis; 410-571-5073; Annapolissmokehouse.com; American BBQ; lunch, dinner, catering, Weekend brunch \$ \$ 🍷 🍴 🍷 🍴

Bakers & Co.

618 Chesapeake Avenue, Annapolis; 410-280-1119; Bakersandco.com; Bakery, café; Breakfast \$

Blackwall Hitch

400 6th Street, Annapolis; 410-263-3454; Theblackwallhitch.com; Upscale-casual New American restaurant; brunch, lunch, dinner, late-night \$ \$ 🍴 🍷 🍴

Boatyard Bar & Grill

400 Fourth Street, Annapolis; 410-216-6206; Boatyardbarandgrill.com; American, seafood; breakfast, lunch, dinner. \$ \$ 🍴 🍷 🍴 🍷

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303 Second Street, Ste. A, Annapolis; 410-202-8680; Breadandbutterkitchen.com; American; breakfast, lunch \$ 🍷

Caliente Grill

907 Bay Ridge Road, Annapolis; 410-626-1444; Calientergrillannapolis.com; Latin; lunch, dinner \$ \$ 🍴 🍷

Carrol's Creek

410 Severn Avenue, Annapolis; 410-263-8102; Carrolscreek.com; Seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍷 🍴

Chart House

300 Second Street, Annapolis; 410-268-7166; Chart-house.com; Seafood; dinner, Sunday brunch \$ \$ 🍷 🍴 🍷 🍴

Davis' Pub

400 Chester Avenue, Annapolis; 410-268-7432; Davispub.com; American; lunch, dinner, late night \$ 🍴 🍷 🍴 🍷

Eastport Kitchen

923 Chesapeake Avenue, Annapolis; 410-990-0000; Eastportkitchen.com; American; breakfast, lunch, dinner \$ \$ 🍷 🍴

Grump's Café

117 Hillsmere Drive, Annapolis; 410-267-0229; Grumpscafe.com; American; breakfast, lunch, dinner \$ 🍴 🍷

Jack's Fortune

960 Bay Ridge Road, Annapolis; 410-267-7731; Jackfortune1.com; Chinese; lunch, dinner \$ 🍴 🍷

Lewnes' Steakhouse

401 Fourth Street, Annapolis; 410-263-1617; Lewnessteakhouse.com; Steakhouse, seafood; dinner \$ \$ \$ 🍷 🍴 🍷

Main & Market

914 Bay Ridge Road, Annapolis; 410-626-0388; Mainandmarket.com; Farm-to-table; breakfast, lunch, dinner \$ \$ 🍴 🍷

O'Leary's Seafood Restaurant

310 Third Street, Annapolis; 410-263-0884; Olearysseafood.com; Seafood; dinner, Sunday brunch \$ \$ \$ 🍷 🍴 🍷

Rocco's Pizzeria

954 Bay Ridge Road, Annapolis; 410-263-9444; Roccospizzashop.com; Pizza; lunch, dinner \$ 🍴 🍷

Ruth's Chris

301 Severn Avenue, Annapolis; 410-990-0033; Ruthschris-Annapolis.com; Steakhouse; dinner \$ \$ \$ 🍷 🍴 🍷

Sammy's Pizza Kitchen

1007 Bay Ridge Ave, Annapolis; 410-990-9800; Sammyspizzakitchen.com; Italian; lunch, dinner \$-\$ \$ 🍷

Vin 909 WineCafe

909 Bay Ridge Avenue, Annapolis; 410-990-1846; Vin909.com; Farm-to-table; lunch, dinner \$ \$ 🍴 🍷

Edgewater / South County

Adam's Taphouse and Grille

169 Mayo Road, Edgewater; 410-956-2995; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$ \$ 🍴 🍷

All American Steakhouse

139 Mitchells Chance Road, Edgewater; 410-956-4494; Theallamericansteakhouse.com; American; lunch, dinner \$ \$ 🍴

Bayside Inn

1246 Mayo Road, Edgewater; 410-956-2722; American, Seafood; breakfast, lunch, dinner \$ \$ 🍴 🍷

Bella Sera

9 Lee Airpark Drive, Edgewater; 410-956-8555; Bellasera-tasteofitaly.com; Italian; lunch, dinner \$ 🍷

Broadneck Grill & Cantina

74 Central Avenue West, Edgewater; 410-956-3366; Broadneckgrill.com; American and Mexican Cuisine; lunch, dinner \$ 🍷 🍷 🍴 🍷

DINING GUIDE

The Bistro at South River

3451 Solomons Island Road, Edgewater; 410-798-5865; Golfclubsr.com; Modern American; breakfast, lunch, dinner \$\$ 🍴 ✨

Chad's BBQ

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com; Authentic smoked barbecue; lunch, dinner \$ 🍴 ✨ 🐾

Edgewater Restaurant

148 Mayo Road, Edgewater; 410-956-3202; Edgewaterrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ 🍴 🍷

Fuji Steakhouse

169 Mitchells Chance Road, Edgewater; 410-956-8898; Fujisteakhousemd.com; Japanese; lunch, dinner \$\$ 🍴 🍷

Glory Days Grill

3 Lee Airpark Drive, Edgewater; 443-808-8880; Glorydaysgrill.com; American, sports bar; lunch, dinner \$ 🍴 ✨ 🍷

The Greene Turtle

3213 Solomons Island Road, Ste. A, Edgewater; 410-956-1144; Greenturtle.com; American Lunch, dinner, late-night \$ 🍴 🍷 🎸

Happy Harbor

533 Deale Road, Deale; 410-867-0949; Happyharbordeale.com; American; lunch, dinner \$ 🍴 🍷 🎸

Harvest Thyme Modern Kitchen & Tavern

1251 West Central Ave, Davidsonville; 443-203-6846; Harvestthymetavern.com; American; lunch, happy hour, dinner \$ 🍴

Hispa Restaurant

183 Mayo Road, Edgewater; 410-956-7205; Latin American; breakfast, lunch, dinner \$

Killarney House

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com; Irish; lunch, dinner, late-night \$\$ 🍴 🍷 ✨ 🎸

Ledo Pizza

3072 Solomons Island Road, Edgewater; 410-956-6700; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$ 🍴 🍷

M Thai Restaurant

181 Mitchells Chance Road, Edgewater; 410-956-0952; Thai; lunch, dinner \$

Mike's Bar & Crab House

3030 Riva Road, Riva; 410-956-2784; Mikescrabhouse.com; Seafood; lunch, dinner, late-night \$\$ 🍴 🍷 ✨ 🎸 🍷

Nova Sushi Bar and Asian Fusion

3257 Solomons Island Road, Edgewater; 410-956-5326; Novasushi.com; Sushi, lunch, dinner \$-\$ \$

Old Stein Inn

1143 Central Avenue, Edgewater; 410-798-6807; Oldstein-inn.com; German; dinner \$\$ 🍴 ✨ 🎸 🍷

Petie Greens Bar and Grill

6103 Drum Point Road, Deale; 410-867-1488; Petiegreens.com \$\$ 🍴 🍷 ✨ 🎸 🍷

Pirate's Cove

4817 Riverside Drive, Galesville; 410-867-2300; Piratescovemd.com; Seafood; breakfast, lunch, dinner, Sunday brunch \$\$ 🍴 🍷 ✨ 🎸 🍷

Plazuelas

3029 Solomons Island Road, Edgewater; 410-956-0080; Mexican; lunch, dinner \$

Pier Oyster Bar

48 South River Road, Edgewater; 443-837-6057; Coconutjoesua.com; Caribbean; lunch, dinner, late-night \$\$ 🍴 🍷 ✨

Rod N Reel Restaurant

4165 Mears Avenue, Chesapeake Beach; 410-257-2735; Chesapeakebeachresortspa.com; Seafood; breakfast, lunch, dinner \$\$ 🍴 🍷 ✨

Saigon Palace

10 Mayo Road, Edgewater; 410-956-0505; Vietnamese; lunch, dinner \$ 🍴 🍷

Skipper's Pier Restaurant & Dock Bar

6158 Drum Point Road, Deale; 410-867-7110; Skipperspier.com; Seafood; dinner \$\$ 🍴 ✨

South County Café

5690 Deale Churchton Road, Deale; 410-867-6450; American; breakfast, lunch, dinner \$\$ 🍴

Stan & Joe's Saloon South

173 Mitchells Chance Road, Edgewater; 443-837-6126; Stanandjoes-saloon.com; American; lunch, dinner, late-night \$ 🍴 ✨ 🎸 🍷 🐾

S & J Riverside

4851 Riverside Drive, Galesville; 410-867-7200; Seafood; lunch, dinner \$\$ 🍴 🍷 ✨ 🎸

Yellowfin Steak & Fish House

2840 Solomons Island Road, Edgewater; 410-573-1333; Yellowfin-restaurant.com; Steak, seafood; lunch, dinner, Sunday brunch \$\$ 🍴 ✨ 🎸



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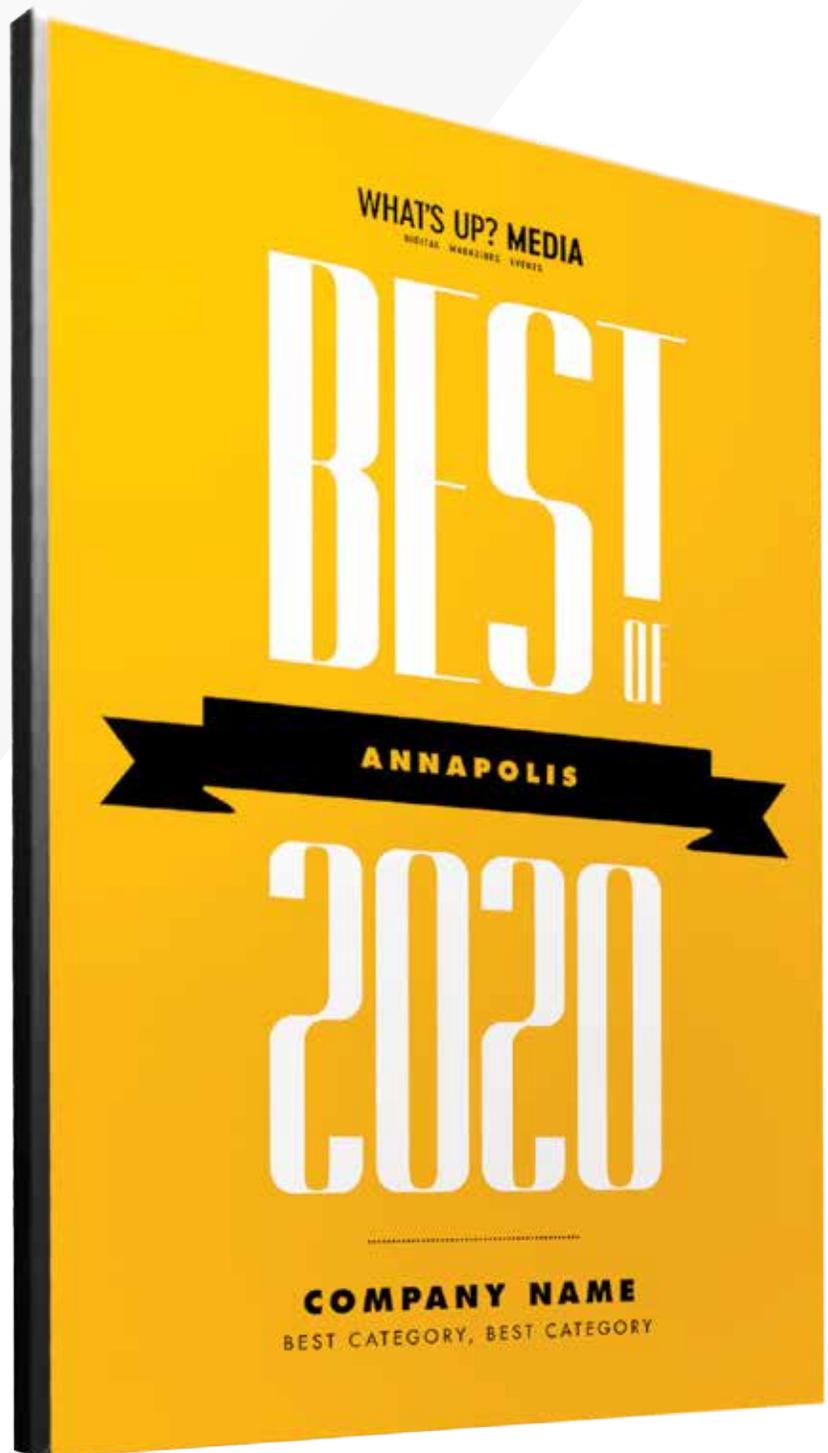
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589 Baltimore Annapolis Boulevard, Severna Park; 410-647-5757; Adamsribs.com; Barbecue; lunch, dinner \$ \$ Y 🍴

Ashling Kitchen & Bar

1286 Route 3 South Ste. 3, Crofton; 443-332-6100; Ashlingco.com; American; lunch, dinner \$ \$ 🍴 Y 🍴

Bella Italia

1460 Ritchie Highway, Arnold; 410-757-3373; Bellaitaliaarnold.com; Italian; lunch, dinner \$ Y 🍴

Blackwall Barn & Lodge

329 Gambrills Road, Gambrills; 410-317-2276; Barnandlodge.com; American; lunch, dinner, weekend brunch \$ \$ 🍴 Y 🍴

Brian Boru Restaurant & Pub

489 Ritchie Highway, Severna Park; 410-975-2678; Brianborupub.com; Irish; lunch, dinner, Sunday brunch \$ \$ 🍴 Y 🍴 *

Café Bretton

849 Baltimore Annapolis; Boulevard, Severna Park; 410-647-8222; Cafe-bretton.com; French; dinner \$ \$

Café Mezzanotte

760 Ritchie Highway, Severna Park; 410-647-1100; Cafemezz.com; Italian; lunch, dinner \$ \$ 🍴 Y 🍴 * 🍴

Donnelly's Dockside

1050 Deep Creek Avenue, Arnold; 410-757-4045; Donnellys-dockside.com; Seafood; lunch, dinner \$ \$ Y 🍴 🍴

Founders Tavern & Grille

8125 Ritchie Highway, Pasadena; 410-544-0076; Founders-tavernandgrille.com; American; lunch, dinner \$ 🍴 Y

Gina's Cafe

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascafestmikes; Southwestern, Vegetarian; lunch, dinner \$ \$

La Posta Pizzeria

513 Baltimore Annapolis Blvd., Severna Park; 443-906-2840; Lapos-tapizzeria.com; Italian; lunch, dinner \$-\$ \$

Ledo Pizza

552 Ritchie Highway, Severna Park; 410-544-3344; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍴 🍴

Lemongrass Arnold

959 Ritchie Highway, Arnold; 410-518-6990; Lemongrassannapolis.com; Thai; lunch, happy hour, dinner \$ Y

Mamma Angela's

2225-A Defense Highway, Crofton; 443-584-4038; Mammaas.com; Italian; lunch, dinner \$-\$ \$ 🍴

Mi Pueblo II

554-A Ritchie Highway, Severna Park; 410-544-4101; Mipueblo2.com; Mexican; lunch, dinner \$ Y 🍴

Mother's Peninsula Grill

969 Ritchie Highway, Arnold; 410-975-5950; Mothersgrille.com; American, seafood; lunch, dinner \$ \$ Y 🍴 🍴

O'Loughlin's Restaurant

1258 Bay Dale Drive, Arnold; 410-349-0200 Oloughlinpub.com; American; lunch, dinner, late-night \$ \$ Y 🍴 🍴 🍴

Park Tavern

580 Ritchie Highway, Severna Park; 410-793-5930; Parktavernsp.com; American; lunch, dinner \$ \$ Y

Pascal's Chophouse

139 Ritchie Highway, Suite A, Severna Park; 410-647-8216; Pascalschophouse.com; Farm-to-table, USDA prime steaks; happy hour, dinner \$ \$ 🍴 Y 🍴 *

The Point Crab House & Grill

700 Mill Creek Road, Arnold; 410-544-5448; Thepointcrabhouse.com; Casual contemporary American Seafood restaurant; brunch, lunch, dinner \$ \$ Y 🍴 🍴 🍴 * 🍴

Rico's Tacos and Tequila Bar

1266 Bay Dale Drive, Arnold; 410-571-3466; Ricostacos.co; Mexican; lunch, dinner, weekend brunch \$ 🍴 Y

Rips Country Inn

3809 N. Crain Highway, Bowie; 301-805-5900; Ripscountryinn.com; Rustic country cooking and Chesapeake eats; breakfast, lunch, dinner \$ \$ Y 🍴

Romilo's Restaurant

478-A Ritchie Highway, Severna Park; 410-544-6188; Romilosrestaurant.com; Greek; lunch, dinner \$ \$ Y 🍴

Severna Park Taphouse

58 W. Earleigh Heights Road, Severna Park; 410-793-5759; Severnaparktaphouse.com; American, sports bar; dinner \$ Y

Sin Fronteras

7700 Ritchie Highway, Glen Burnie; 410-424-2022, Sinfronterascafe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$ \$ Y *

Twains Tavern

8359 Baltimore Annapolis; Boulevard, Pasadena; 410-647-5200; Twainstavern.com; American, sports bar; dinner \$ Y 🍴

Vida Taco Bar

541 Baltimore Annapolis Blvd, Severna Park; 410-544-2300; Vidatacobar.com; Tex-Mex; lunch, dinner \$ \$ Y

The Island Hideaway

14556 Solomons Island Road S, Solomons; 410-449-6382; Theislandhideawaysolomons.com; American; lunch, dinner 🍴 🍴 🍴 🍴 *

Knoxie's Table

180 Pier 1 Road, Stevensville; 410-249-5777; Baybeachclub.com; American; dinner, weekend brunch 🍴 Y 🍴

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403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; brunch, dinner \$ \$ 🍴 Y

Hemingway's Restaurant

357 Pier 1 Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com; Seafood; lunch, dinner \$ \$ 🍴 Y 🍴 🍴 * 🍴

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Where's Wilma?



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Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to this month's winner: Jonathan Lauderdale of Edgewater who won a \$50 gift card to a local restaurant.

Mail entries to: Where's Wilma? Annapolis, 201 Defense Highway, Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions



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Entries must be received by May 31, 2020. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Annapolis.

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Are short term rentals good for Annapolis?

By Gary Jobson

Short term rentals are amazingly popular across the United States. In the past year I have rented an apartment for three weeks during a series of sailing regattas in New England and rented another place on a golf course for a four-day outing in North Carolina. The rentals were easy to book on the Internet, both places were clean, and they delivered on my expectations. It seemed like a fair exchange. When I mentioned my experiences to a group of friends recently, I learned there is another side to the short term rental (STR) story that is not good for local residents or municipalities. I heard enough noise to spend some time doing research to understand the issues. Allowing short term rentals has benefits for owners and renters but there are a series of problems that must be addressed to ensure fairness for all stakeholders. It is a tricky balance.

The Internet certainly has made it easy to book rooms for short stays. The rise of services including; Airbnb, Windu, VRBO, HomeAway, and many other providers has been extraordinary in recent years. A golden opportunity for entrepreneurs has opened up thanks to the short term rental explosion. The growth has helped many owners to rent individual rooms in their homes, or make use of unused properties. Apparently, there is enough revenue that people are buying up properties with the single purpose of short term rentals. But, while this is a boom for some, there are resulting problems for others.

The downsides to the short term rental story are many. According to several locals I spoke with, neighborhoods within Annapolis city limits are being hurt by too many of these units. For locals, there is unwanted noise by too many renters piling into a unit, extra cars taking up valuable parking spaces, increased trash, barking dogs, and lack of upkeep. Even worse, whole streets are being taken over by STR leaving the remaining residents living in a vacant neighborhood. Homeowners find the value of their homes dropping when a STR is set up next door. A few streets in the historic district have been overwhelmed. Apparently, some of the rental units are owned by out-of-state people. A bill passed by the Annapolis City Council in January 2020 requires owners to file for a Short-term Rental Operating License Permit. The application

is a simple one page form. It states that out-of-town owners must “employ a local property manager who has a primary residence or office at a physical location in the city, and is available by telephone at all times in case of an emergency, safety, public health, or police concern.”

Short term rentals are not a new phenomenon in Annapolis. The annual U.S Sailboat Show and the U.S. Naval Academy graduation week always attract out-of-town visitors. Several houses on our street are rented out for one or both of these annual events. And, yes, the parking becomes a problem and sometimes noise extends well in to the night, but those of us still living here tolerate the visitors in the spirit of welcoming people to our town. I have mildly suggested to some of our neighbors that they should share the rental proceeds with the rest of us who have to put up with the challenges. To date, no one has made any offers, but it is a nice fantasy don't you think?

I serve on the Board of Visit Annapolis & Anne Arundel County (VAAAC). The short term rental has been an important topic for our many hotels in the area. Hotels charge their guests taxes and extra fees that are distributed to the municipality and other groups including 3 percent of the room tax to Arts Council of Anne Arundel County and 17 percent



of the room tax to VAAAC. These funds are used to promote the city and county to visitors outside of our area. In fairness to hotels, guest houses, and bed & breakfast inns, the short term rentals should be collecting the same taxes. This requirement is now in practice. Fairness is important for all parties. There needs to be a level playing field. Hotels and smaller inns often offer room service, keep a front desk attendant available, include housekeeping, and provide safety items. Few, if any, of these services are offered at a STR. Short term rentals also need to be sure they have adequate insurance coverage when unattended guests are staying on their properties. The City of Annapolis requires that smoke alarms be installed on each ceiling or wall outside of each sleeping area.

The pro and con arguments about short term rentals can get heated. It is not an easy issue to grapple with. The City of Annapolis needs to monitor the growth and use of short term rentals so they are operated safely and in a way that is fair to the neighborhood.

What do you think and why?

Please email your thoughts to our Publisher and Editor at: Veronica@whatsupmag.com and Editor@whatsupmag.com.

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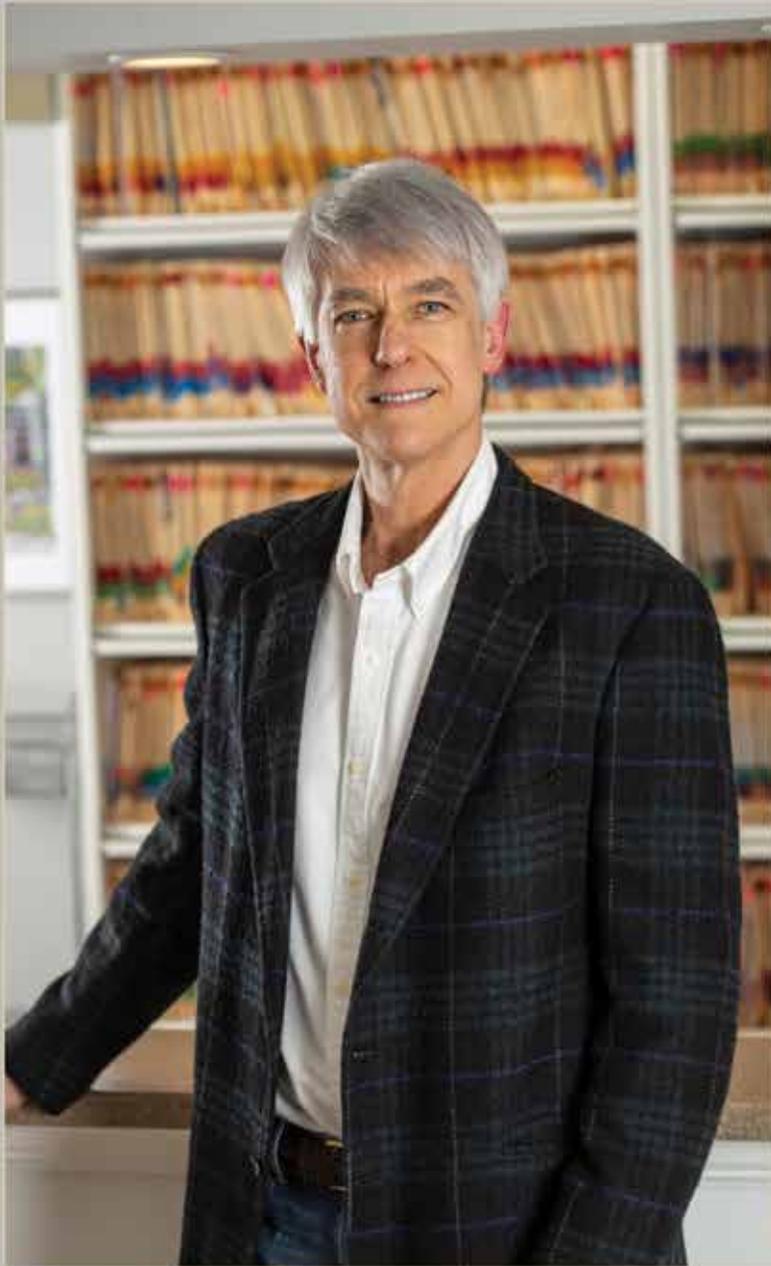
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