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IN-PERSON EVENTS

FLAMANT

17 Annapolis Street | Annapolis, MD 21401

Tuesday, February 23rd at 6 pm
Thursday, February 25th at 6 pm



301 Severn Avenue | Annapolis, MD 21403

Tuesday, March 9th at 6 pm
Thursday, March 11th at 6 pm
Tuesday, March 30th at 6:30 pm

DIGITAL EVENTS

Wednesday, February 24th at Noon

Tuesday, March 2nd at 6 pm

Thursday, March 4th at 6 pm

For reservations or
any additional
questions, please contact

Talia Grover at:

443-837-2529 or by email at

TaliaGrover@PremierPlanningGroup.com

**Advanced reservations
ARE required!**

Brion Harris was the #1 advisor and recipient of the Advisor Leadership Award* while at Summit Brokerage Services for the last 6 years!

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Alexandra "Ali" Weiss
Family Nurse Practitioner

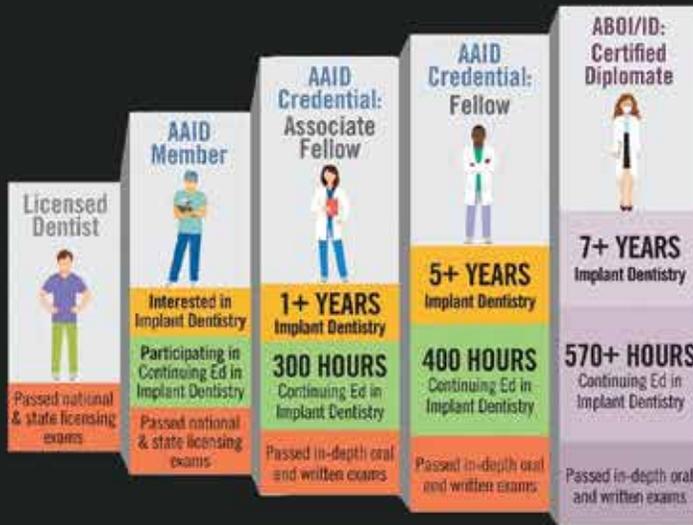


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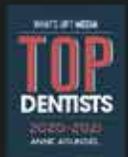
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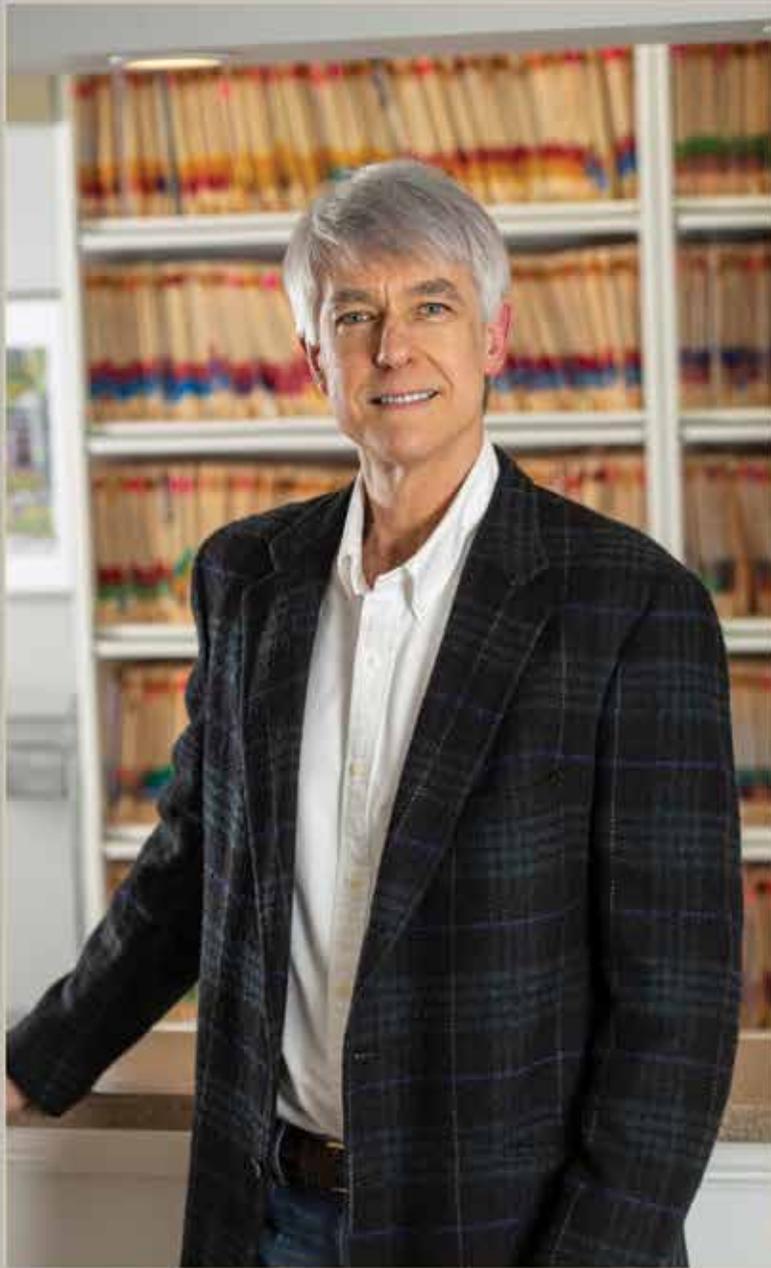


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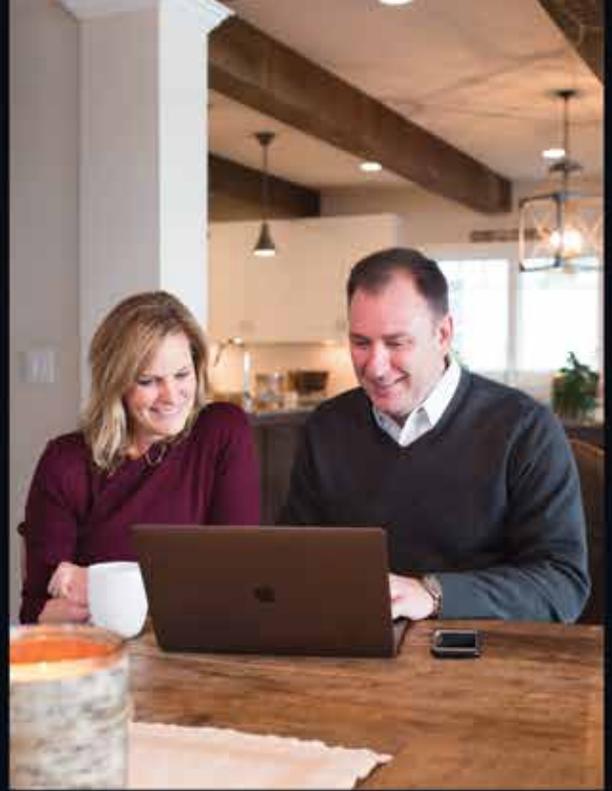
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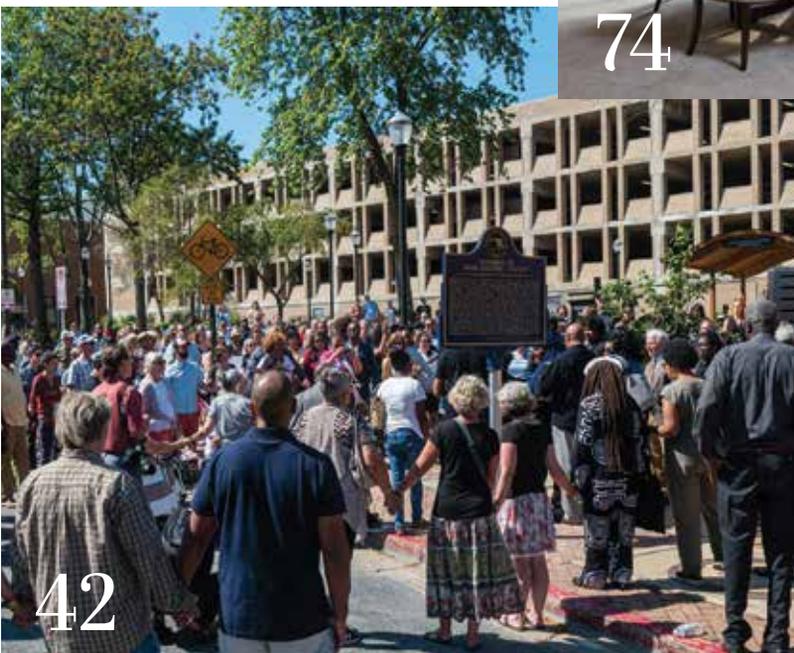
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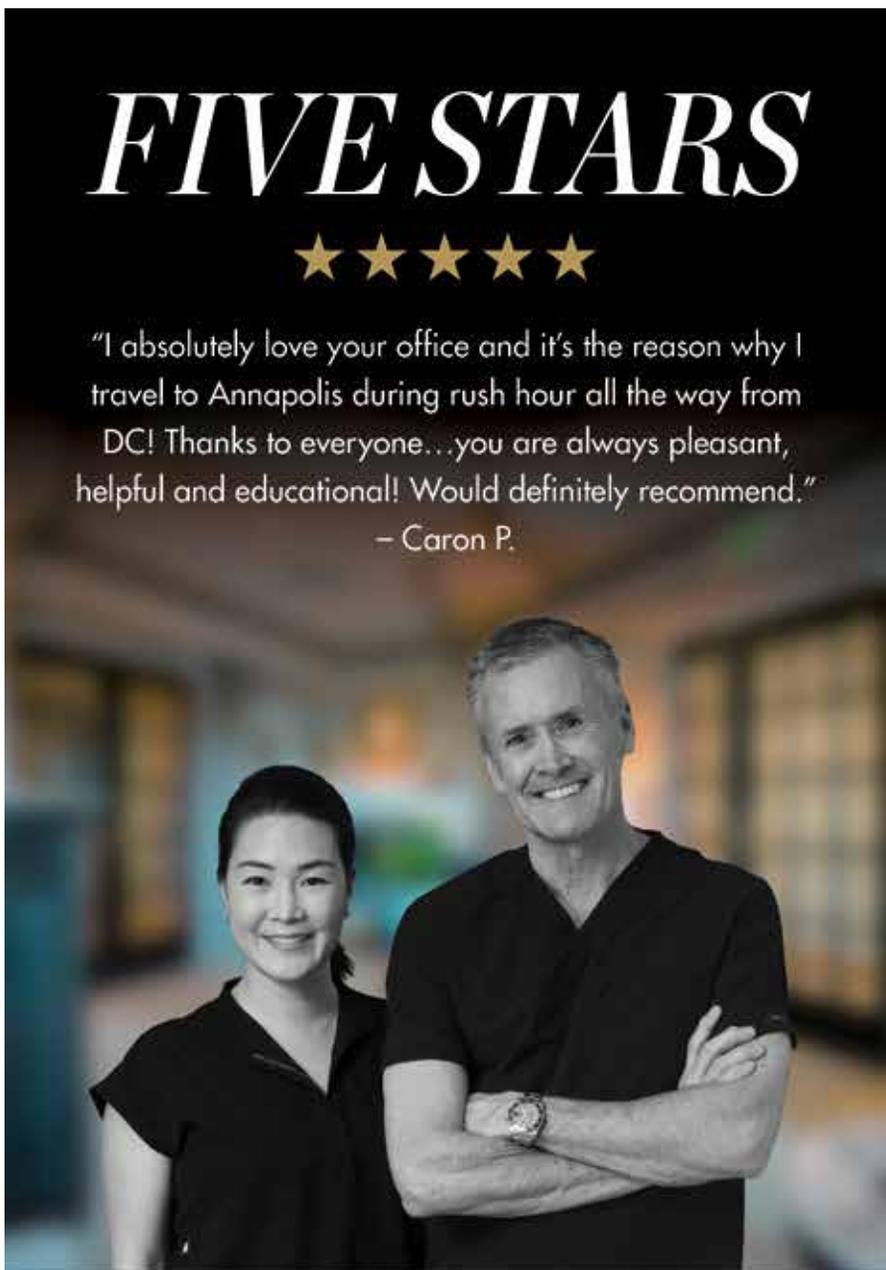
Home Grown, Locally Owned: This issue of What's Up?
Annapolis employs more than 40 local residents.

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Covid 19 is causing fear and uncertainty... Brion will teach you how to be unshakable.

Being unshakable is a difficult state of being to achieve right now. If you want to be certain that you'll never lose money in the financial markets, you can keep your savings in cash – but then you'll never stand a chance of achieving financial freedom. As Warren Buffett says, **"We pay a high price for certainty."** Even so, many people avoid financial risk because uncertainty terrifies them. In 2008 the U.S. Stock Market plunged by 37% (and it crashed more than 50% from peak to trough). Five years later, a survey by Prudential Financial found that 44% of Americans still vowed never to invest in stocks again because they were so scarred

by their memories of the financial crisis. In 2015 another survey discovered that nearly 60% of millennials distrusted financial markets, having lived through the crash of 2008-09. According to State Street Corporation's Center for Applied Research, many millennials keep 40% of their savings in cash! I'm saddened to see that so many millennials aren't investing because if you live in fear, you often end up losing the game before it even begins. Some of life's greatest successes come from taking risks. As Mark Twain once said nearly two centuries ago, **"Why not go out on a limb? That's where the fruit is!"** I'm also not suggesting that it is wise to take risks that are reckless. You can never know what the stock market will do. But that uncertainty isn't an excuse for inaction. You can take control by educating yourself, studying the market's long-term patterns, modeling the best investors, and making rational decisions based on an understanding of what's worked for them over decades.

There's one thing we do know for sure: market crashes will happen, but rather than letting the fear of getting hurt hold you back from being able to take advantage of today's opportunities, it is my hope for you that you will try and live more fearlessly! Does being fearless mean having no fear? NO, it simply means fearing less. When others are overwhelmed with fear, I want you to have the knowledge and fortitude to fear less. This fearlessness in the face of uncertainty can bring you tremendous rewards. In fact, while others live in terror of bear markets, you'll discover that they are an opportunity to potentially build wealth in your lifetime. Why? Because that's when everything goes on sale! Imagine longing to own a sports car and discovering that you can buy one for half the price. Would you be downhearted? No way! Yet when the stock market goes on sale, most people react as if it's a disaster! It is important to understand the ways in which bear markets can actually function as a way to serve you. If you keep your cool, they may help in your journey to financial freedom. As Warren Buffet so eloquently said in October, 2008, **"A simple rule dictates my buying: be fearful when others are greedy, and be greedy when others are fearful."** And most certainly, fear is now widespread.

I view my job as your advisor to guide you to safety, and position you so that you will not only survive the next crash but also benefit enormously from the rebound that will follow. Bear markets can either be the best of times or the worst of times, depending on your decisions. If you make the wrong decisions, as some people

did in 2008 and 2009, it can be financially catastrophic, setting you back years or even decades. But if you make the right decisions, as I intend to make sure that you do, then you have much less to fear.

Long before the next bear market occurs, we will prepare your portfolio with the knowledge that blue skies never last forever and that hurricanes are inevitable. None of us know when the next bear market will come, how bad it will be, or how long it will last. Since 1929, the S&P 500 data shows that bear markets have occurred, on average, every 3.5 years and that they last, on average, for only 10 months. That's not a reason to hide in terror, it's a reason to ensure that your vessel is safe and seaworthy, regardless of the conditions. What will help your investment ship survive this storm while many others will sink to the bottom of the sea? First of all, we will work hard together throughout 2021 to ensure that we have built a strong ship for you in retirement, while being careful to navigate your individual goals along the way. There are two primary ways that we will prepare ourselves for future market turmoil. First, we use asset allocation, which is a fancy term for the proportion of your portfolio that is invested in different types of assets, including stocks, bonds, mutual funds, ETF's, commercial real estate, annuities and alternative investments (such as private equity and private debt). Second, we make sure that your portfolio is positioned conservatively enough (with some assets set aside for a very rainy day), so that hopefully you would not be forced to sell while stocks are down. It's the financial equivalent of making sure you're equipped with safety harnesses, life vests and sufficient food before heading out to sea. **As I see it, 90% of surviving a bear market comes down to preparation.** What's the other 10%? That's all about how you react emotionally in the

what you have to remember, based on more than a century of history: the market may have downturns, but the stock market always rebounds. Why would you ever bet against this long-term pattern of resilience and recovery? This historical perspective leaves me feeling confident; dare I say unshakable? **As always, I am available to you should you have any questions, concerns, or be interested in setting up a meeting to discuss your portfolio. Please feel free to call Talia at 443-837-2529 or email her at TaliaGrover@PremierPlanningGroup.com if you are interested in getting something on the calendar!**

Stay safe and healthy!
Brion Harris and the PPG Team



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Asset allocation is an investment strategy that will not guarantee a profit or protect you from loss.

A diversified portfolio does not assure a profit or protect against loss in a declining market.

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All investing involves risk, including the possible loss of principal. There is no assurance that any investment strategy will be successful.

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The four most expensive words in investing are, 'This time is different.'

midst of the storm. Many people believe they are up to the task, but as you may have experienced yourself, it's psychologically intense when the market is melting down and panic is in the air. That's one reason why having a battle-hardened financial team can be helpful, which is what you have with us at PPG. We are here to provide you an emotional balance, helping you remain calm so you don't waver at the worst moment and jump overboard!

One advantage my clients have is that we have worked together as a team to educate you on the strengths of asset allocation and diversification and to be prepared for turbulent waters, so that there isn't as great of a shock when the next crash occurs. Even so, some of my clients are needing some reassurance right now. It is not uncommon at times like these for people to question whether they should pull out of equities altogether. Even people who have been through market crashes multiple times throughout their lives, and seen them come out on the other side wonder if maybe this time, it could be different. This reminded me of Sir John Templeton's famous remark: **"The four most expensive words in investing are, 'This time is different.'"** In the midst of a market meltdown, people always think that this time it's different. Beaten over the head by all of the bad news in the media each day, you begin to wonder if the market will ever recover or if something has fundamentally broken that can't be fixed.

Remember this, every bear market in U.S. history has eventually become a bull market, regardless of how bleak the news seemed at the time. Just think of the many calamities and crises of the 20th century. The 1918 flu pandemic, which killed as many as 50 million people worldwide, the Wall Street crash of 1929, followed by the Great Depression, two World Wars, many other bloody conflicts, from Vietnam to the Gulf, the Watergate scandal that brought about the resignation of President Nixon, and now we have Covid 19. So how did the stock market fare in that chaos filled century? The Dow Jones Industrial average rose from 66 to 11,497. When Donald Trump took office in 2016, the Dow Jones was at around 18,000. Today, it sits above 30,000 for the first time in history! Here's

COMING UP IN
MARCH 2021

Meet Female Farmers Making a Difference
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Innovative Home Office Concepts

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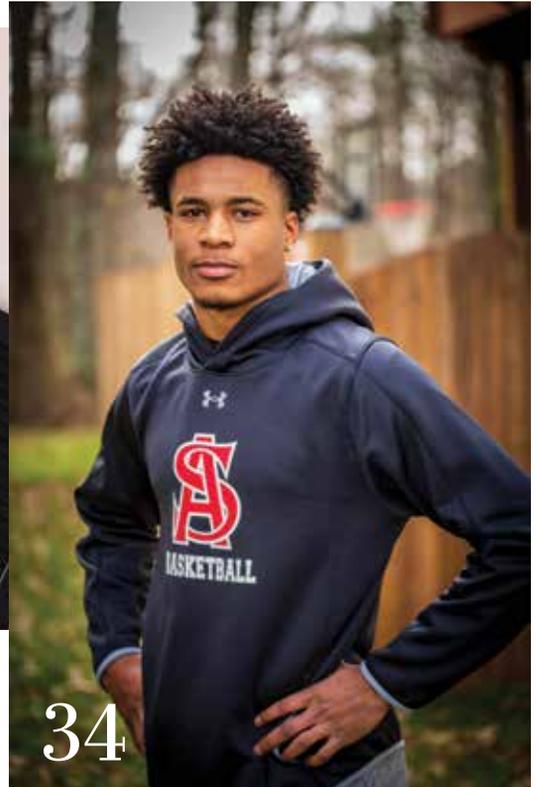
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editor *From the*

Think?” and having appeared on the very last page of the publication, this civic/social/political opinion piece has been moved far forward to enhance its visibility and impact. Please give contributing writer Gary Jobson’s “Doers and Whiners” column a read and let us know your thoughts. And if you have an idea or issue for the column that you think deserves the light of day, also let us know. You can email me direct at editor@whatsupmag.com.

A couple pages later, you’ll see a new feature concept introduced called “One Nation: A Diversity Article Series.” Coming on the heels of our successful “Year of the Woman” campaign last year, which celebrated the centennial of women earning the right to vote in our nation, I’m developing this new article series to explore issues of diversity and culture within our communities, state, and nation. It simply feels right to bring to the forefront the difficult, challenging, and even hopeful issues that minorities are facing. To put it bluntly, our nation has a lot of healing to do and it’s my hope that we can learn from one another through this series, which is planned to run every other issue (six times this year). After all, we’re a nation of many, many cultures, both native and immigrant—I count myself in the latter, having descended from English and German ancestry. Please let me know if we’re on the right track.

Further in, you’ll see we subtly retitled our home section “Home & Design”—a tiny tweak that better reflects the direction and quality of the content therein. By the way, we’re always seeking amazing Chesapeake properties to showcase in this section. If you’d like a bit of limelight on your own home and design, give us a heads up and we’ll continue the conversation. (Our amazing contributing home editor, Lisa Gotto, would love the leads.)

And I’m pleased to re-introduce Kelsey Casselbury as our restaurant/culinary columnist covering the local dining scene and all things gourmand—it’s a beat she covered for several years as a full-time editor on the team (almost a decade ago!). You’d probably recognize her byline regardless, as she’s contributed feature and health-related articles for several years. Her addition to our dining beat team, which includes locavore dynamo Rita Calvert, is most welcome.

On a final note, I’d like to emphasize the old saying that the only thing constant in life is change. We’ve certainly witnessed quite a lot of change in the past year, month, issue-to-issue, and days between. So please let us know how we are doing in serving you content, stories, and information, both in print and online. I’m here to help. We’re here to deliver what you want, need, and believe are the stories that create a better community.

James Houck,
Editorial Director

Have you settled into 2021 yet? We’ve seen a very interesting start to the year in just the first month. The Baltimore Ravens secured a playoff spot in the final week of the regular season...that’s not much of a surprise. But the Washington Football Team also (!)...now that was a shocker. Dr. Dre faced a life-threatening medical emergency. Could we really lose another music icon just like that? And, of course, we saw the unfortunate stain on American democracy play out on the steps and inside the U.S. Capitol. Wait. This was all within the first week of the new year.

I write this letter on the heels of last month’s, when we ushered in 2021 with renewed optimism (see article “The Year We Rise Together”) and I made a simple suggestion that we listen, learn, and empathize with each other: family, friends, neighbors, fellow Americans. Never did I imagine that the first few days of 2021 would be so shocking or tumultuous. I do hope our differences and the changes we’ve experienced can somehow bring us together and make us a stronger community. How gray life would be if we were all the same.

Not to minimize that sort of message, which I’m sure by the time you read this has been conveyed in various forms by many officials (see Biden inauguration), but we too—What’s Up? Media that is—have been fervently working from our home offices to shift, shape, and adapt our business and the magazine in your hands for the better. Or for the new normal, so to speak. Big and little tweaks are emerging on the pages of this and future issues. And our events team is diligently planning a new dawn of virtual events and content to engage audiences in dynamic and exciting ways (give us a follow on Facebook and Instagram @whatsupmags for live streaming chats and the like). And we do hope to see a return to the live, in-person events that have been our hallmark by Spring of this year. We love a great party as much as anyone!

What you’ll find in this issue...a few swell things. For starters, and you’ll see this within the front-of-the-book Towne section, is the column “Towne Perspective.” Formerly known as “What Do You

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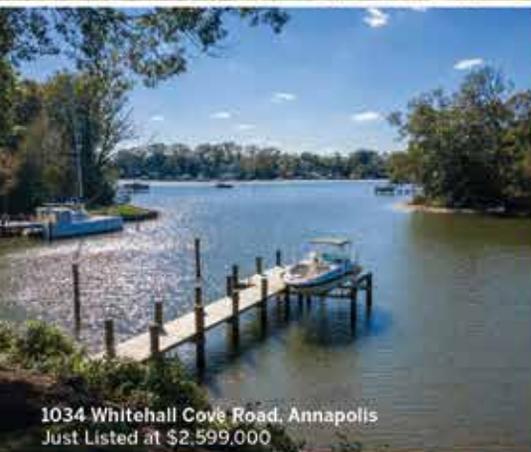
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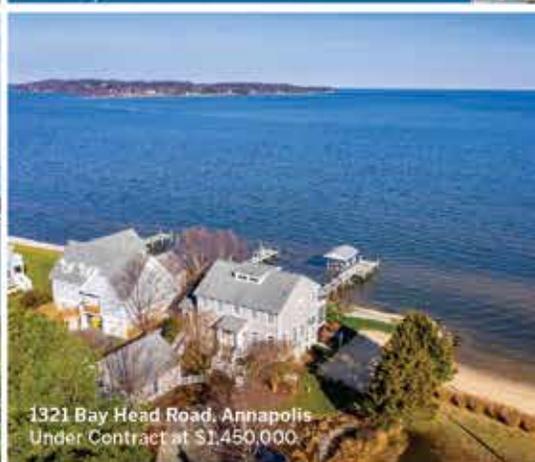
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Celebrate Valentine's Day

Let's show our romantic side this Valentine's Day like we never have before, no matter how difficult or unnatural that may feel. After being cooped up in the house with our significant others for so long, it is normal to forget about the romance. Valentine's Day is our reminder to bring it back. Use this guide to jump start your sentimental side and show your partner how you really feel.



Sugar Scrub: Another gift that is great for girlfriends, wives, moms, aunts, and sisters is a nice sugar scrub. Sugar scrubs are a super easy way to show your love to the women around you and they can easily be personalized. Add a cute label that says "Showering you with love;" add lemon juice for a fresh, lemony scrub or coffee grinds for a warmer exfoliating scrub. These are also easy gifts to make in bulk to give to all of your friends.

Day Away While Staying In

We may not be able to get our day away this February, but we can still have that relaxing day at home. Get the kids involved to help wait on Mom and Dad as they celebrate their love for each other.

Show Your Love: Homemade Gift Ideas

Love Letter: This may sound like the most cliché Valentine's Gift, but a handwritten letter really is the most appreciated gift anyone could get on the day focused around expressing love to one another. This is a gift that will be kept forever.

Popsicle Jar: Coming up with fun, new date ideas can be difficult, so why not make it easier for ourselves in the future. A fun, cheap, and easy Valentine idea is to fill a mason jar with popsicle sticks, each stick will have a different date idea written on it. These can include formal dates, restaurants to visit, places to go, or quick and fun ideas like making homemade pizzas together or a specific movie to watch. This way, when a date night comes up but you're unsure what to do, just pull a stick from the jar.

Wine for Any Occasion: Valentine's Day is about celebrating your love for the people in your life, beyond just your significant other. Put your own fun labels on bottles of wine to celebrate "Galentine's Day" with your friends or as a gift for mom and grandma. Pick a cute label like "I love you almost as much as wine" or "Merlots before bros," "Friends don't let friends drink alone," "Say you'll be wine." The options are endless.



Spa: Set up the bathroom as an at-home spa. Draw a bubble bath with refreshing bath salts and light some candles. Make it a day spa by looking up a couple fruit smoothie recipes and give her a short menu to choose from or make it a night spa with her favorite glass of wine. Play her favorite music and cucumbers for her eyes.

Day at the Movies: Transform the basement into a movie theater and play a marathon of your favorite movies. Valentine's Day is a Sunday

this year, a day made for rest, relaxation, and your favorite movies. Pull together your guilty pleasure snacks, both savory and sweet, to create your dream snack bar.

Out to the Bar: Every bar has a great Karaoke night, get behind the mic at "Bar de Casa." Plug a HDMI cord in your computer to project onto the tv and look up the lyric videos to your favorite songs. Play bartender and mix up some at-home cocktails and even shake some mocktails for the kids.



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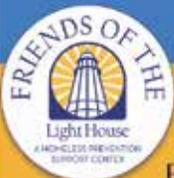
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Hell's Kitchen: Isn't it romantic to cook dinner together? Pick up a meal for two at the grocery store or make your own pizzas, try a new recipe for something you have never tried before or make the oldest recipe from the family files. Pour a glass of wine and turn on music from the year you got married. If it doesn't taste as good as you planned, then order take-out and you will have a new story to laugh about for next Valentine's Day.



Dessert Anyone?

It is super easy to cut brownies into hearts, add pink frosting to a cake, or dip strawberries in chocolate for a sweet Valentine's Day treat. Not only is it super easy, but it is also always appreciated and means so much to our loved ones.

Invest in a heart shaped cookie cutter to use throughout the whole day. Despite the name, you can use them to cut your pancakes, sandwiches, fruit, and more to remind everyone what day it is. Make it an even more festive day by including at least one red or pink food in each meal. Steak anyone?



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Wreath of Love: Cut out hand shapes of you and the kids on pink and red construction paper. Layer them on top of each other in a circle and glue them together to make a Valentine's Day festive wreath.



Calendar: Anything personal is a plus when it comes to gift giving. Order a mug, calendar, mousepad, or puzzle with your favorite family picture on it, or with your first picture of you and your significant other. Anything that they will see to remind you of each other.

Book: Decorate index cards to make a book for your partner. On each page of your "book" write a reason why you love your significant other.

Feelings are Growing: Start growing your own plant and decorate the pot in honor of your significant other. On this appreciation pot, draw some of their favorite things or use stickers to send them whatever message you want. Watch the plant grow alongside your love story.





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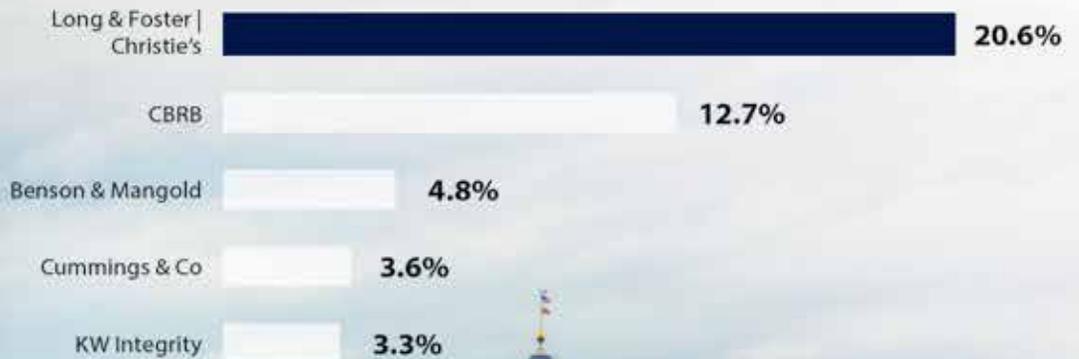
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Melissa has lived in Anne Arundel County for over 20 years, along with her husband and three children. She graduated from the University of Maryland,

where she earned a Bachelor of Science degree in Economics. As a Top Producing real estate agent, Melissa brings a wealth of industry knowledge and expertise about buying and selling real estate properties. She is extremely committed, hard-working, and a dedicated sales professional. Her approachable demeanor makes everyone feel comfortable, with customer service as her number ONE priority!



Catherine Hamel

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What makes Catherine Hamel one of the area's top agents? Excellent communication & negotiating skills combined with her knowledge of the local market.

Passionate about real estate, Catherine listens to her client's needs and guides them through the real estate process to make the experience as seamless and stress-free as possible. As a Seniors Real Estate Specialist (SRES), Catherine loves helping clients successfully downsize and prepare their home for sale. Whether you're just starting out or making your final move, Catherine can help you!



Jeannie Miller

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Jeannie was awarded #6 of all new real estate agents in the Baltimore, Western Region of Maryland in 2018 for Long & Foster. Jeannie was also Rookie of the Year for

2018 in her Annapolis Fine Homes office. Jeannie has been lucky to call Annapolis her home for most of her life. Jeannie is a 14 year resident of a water oriented community in Annapolis. She currently serves as vice president of her neighborhood board of directors, and is management on her neighborhood swim team. Jeannie is a trusted advisor, a true professional, and a top sales leader.



Kristin Mrotek

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I'm Kristin Mrotek, wife, mom, and real estate agent. Home ownership means a lot to me. I grew up on a farm that my parents have owned for over 50 years.

After college, I moved to Maryland where I met my husband. We bought our first home in 1998 and we still live there...22 years later! The importance of home is the reason I am honored to serve as a Friends of The Light House Board Member. I love having the opportunity to connect families with homes in the Annapolis community!



Jackie Reinauer

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The child of career military parents, Jackie Reinauer has moved over 20 times before making Annapolis her home. Prior to real estate, Jackie worked for service industry

companies, honing her innate strong customer service skills, and that commitment and professionalism shows in all she does. As a full-time Realtor for over 16 years, she is committed to making the process easier and enjoyable. Regardless of direction or strength of the prevailing winds, Jackie is driven to make your next real estate experience "Smooth Sailing".



Denise Smith

REALTOR®

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A lifelong resident of Anne Arundel County, my intimate knowledge of the area and experience with a diversity of clients give me unique insight into buyer and seller

needs. With a warm and friendly approach, my passion for real estate lies in helping clients smile and have fun on the road to achieving their goals. I work hard, listen, communicate effectively and follow through building a relationship of trust. Please call me anytime without obligation. I am ready to go to work for you!



Kirstin Whitaker

REALTOR®

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Kirstin was born and raised in Annapolis and gets tremendous joy from her community and helping families find their new home here. In 2019, she captured over

100% of the listing price for her sellers and negotiated successfully for her buyers in every competitive offer situation. Her listings averaged only 35 days on the market, beating the local average. She is passionate about the environment and supporting local business. She donates a portion of every sale to a local environmental cause.



Lori Willis

REALTOR®

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Whether you're buying or selling, I will diligently work for you through any challenges to help achieve your goals. Trusting in me, you will benefit from years of

real estate experience and a background in finance management to guide you through the most complex real estate transactions. My expertise ranges from luxury waterfront estates, equestrian and beach properties, farms and hunting parcels in Maryland and Delaware. Dedicated to market knowledge and a local perspective, I can help you find that place to call home!



TOWNE SALUTE

Lucinda Merry-Browne

Compass Rose Theater

By Frederick Schultz

In a nautical region such as this, rare are those who need be told the meaning of the compass rose, the directional focal point of maps and nautical navigational charts. More ethereally, you'll find it's also known as "a Rose of the Winds" that "represents spiritual direction, awakening, and discovery." Its directions "represent infinite possibility, the present, the past, and the future."

Isn't that what live theater does, too? Just ask Lucinda Merry-Browne, the founding artistic director of the nonprofit Compass Rose Theater, now celebrating its 10th anniversary year in Annapolis. Merry-Browne has aspired to it, acted and directed in it, and taught it, ultimately seeing how theater can positively impact students.

After having trained at the Pittsburgh Playhouse, Merry-Browne graduated from the American Academy of Dramatic Arts in New York and received a degree in English from Duke University, Magna cum Laude after having completed two years at Wellesley College, where she had maintained a near-perfect grade-point average. Most notably in this area, Merry-Browne graduated from Leadership Anne Arundel and is on the Performing and Visual Arts Advisory Board of Anne Arundel County.

Dedicated to teaching the dramatic arts, she founded the federally-funded Merry Company while acting in Washington and engaged in introducing D.C.-area senior citizens to drama programs. Locally, she has taught drama to high school students at the Round House Theater, Archbishop Spalding High School, the Maryland Hall for the Performing Arts, and Anne Arundel Community College.

In a recent interview with What's Up? Media, Merry-Browne discussed the evolution of what is becoming an institution here, Compass Rose, and how it has survived—number one without making a "profit," and ultimately with all the other businesses lately weathering the public idleness caused by the coronavirus pandemic.

"We might be unique to Annapolis, but we're not unique to professional theater," she stresses. What became known as the regional-theater movement started in the 1950s during a migration of actors, directors, and producers who had "done theater" in New York City and branched out into other areas of the country. It was every bit as professional, she notes, "as what you could find in New York," excepting one crucial feature: "Broadway is 'for profit' theater. You find a producer, the producer funds the play, and they try to make a profit on the show."

Now nearly seven decades after the movement started, Merry-Browne recounts that, "regional theater was this whole new idea. It depended on people to support the theater with donations and grants and government funding. It began as an experiment and started with the Alley Theater in Houston, Arena Stage in Washington, D.C., the Guthrie Theatre in Minneapolis, and the American Conservatory Theater in San Francisco, to name a few."

And that is the model to which Compass Rose aspires. Getting into the specifics, Merry-Browne emphasizes that "We are a nonprofit professional theater, which means that everybody who works there is paid. These are career professional actors, designers, and staff, not an amateur theater, not a community theater. At a nonprofit like Compass Rose, the quality of the acting is higher, because they're professionals. They belong to the union of professional stage actors."

For Compass Rose, a subscriber membership base pays for discounted tickets to the shows, and the members ostensibly become loyal to the theater. In addition, Merry-Browne says, fundraisers and grants support such performing-arts organizations.

When asked about the general role of the audience, Merry-Browne reflects, "The most important thing for us is that the audience is affected by the play and even transformed by the experience of sitting in the theater. They leave with a new perspective. That's really why we do live theater. It's a kinetic, powerful, impactful art form."

When asked what it takes to start a theater, as she did with Compass Rose, Merry-Browne admits that "I never intended to found a theater," even though she's done it five times in her career. "I just knew [in this case] there was a need in the capital city of

Maryland to have professional one. There was no professional theater until I first co-founded the Bay Theater, which I left in 2010, then Compass Rose, which has a teaching mission as well. If you don't teach children about it, there's not going to be any theater."

Merry-Browne, herself, has directed more than a dozen plays for Compass Rose, including "The Sound of Music," "Romeo and Juliet," "A Chorus Line," and "Cats." Of the latter, she says, "We had tremendous success on every level with our musical 'Cats' in 2014. On Broadway, they had the cats stalking in the aisles. We did even more. The cats were nose-to-nose with the audience. We were able to perform gymnastics, with people jumping from platforms with a big rope swing. So many people still remember that show's excitement and dynamism."

And she's performed the leading roles in "Lost in Yonkers," "Barefoot in the Park," and "Look Homeward Angel." Of her favorite roles she's performed in all her years, however, she recalls, "I did Blanche Dubois in 'A Streetcar Named Desire' back in the '70s. Later in life I played Amanda in 'The Glass Menagerie.' I love Tennessee Williams."

Ultimately, we wanted to know how the theater is coping with COVID-19: "We're getting emergency funding from the state," she admits, "because we couldn't survive without it." With plans to reopen in fall 2021, "unless things are still in terrible shape," Merry-Browne emphasizes that "the real risk is to the actors, who have hand-to-hand and person-to-person contact. You really cannot rehearse with actors right now." Her parting plea is, "It's important that people support theater, and it's especially critical at the present time. I think when the pandemic is over, people are going to flock back to the theater in droves. At least I hope so."

The current managing director of Compass Rose Theater is Mary Ruth Cowgill who's worked with Merry-Browne since 2014. Cowgill applauds her as "a genius at hiring the best actor for a role and finding innovative ways to stage plays and musicals. Lucinda is the reason Compass Rose is admired and celebrated in Annapolis and across the region."

Do you have a volunteer to nominate? Send What's Up? an email to editor@whatsupmag.com.

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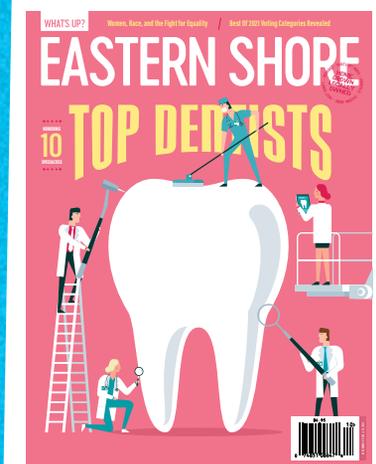
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TOWNE ATHLETE

Cam Whitmore

Archbishop Spalding High School Basketball

By Tom Worgo

Archbishop Spalding Boys Basketball Coach Mark Pratt knows what an NBA player looks like. He coached two of them from the Baltimore area: Donte Greene and Rudy Gay. Greene played four years in the league for the Sacramento Kings and Gay finished up his 14th season in August with the San Antonio Spurs.

Pratt thinks he sees similar potential in 6-foot-7, 210-pound junior standout Cam Whitmore, which Rivals.com ranks as the nation's 97th best player in the class of 2022.

Whitmore, a guard/forward, has been offered 16 scholarships, including from three schools that finished last season in the Associated Press Top-25 poll: Maryland, Creighton, and Seton Hall. Additionally, Florida and Connecticut have offered free rides.

"His goal is to play in major Division I college basketball and the NBA," Pratt explains. "I think he could. He wants to be one of the better players in the state and the country. He is doing everything right. In 25 years of coaching, he is one of the most athletic players I have been around other than Gay and Greene."

Whitmore makes acrobatic dunks, sinks three pointers, and blows by defenders with regularity. Those are among the things that have attracted college coaches to Whitmore, who also plays for Team Melo, a squad that competes up and down the East Coast in the Nike Elite Youth Basketball League.

The 16-year-old Whitmore expects to commit to a college in the fall. He says Syracuse is his closest thing to a favorite program since Team Melo is named after former NBA star Carmelo Anthony.

He has yet to compile a list of top choices and hopes to make some visits in 2021. "It has to be a really good school and the best fit for me," says

"I can go to the basket, get my defender off balance, and finish. I am a good passer, I can defend, finish around the rim with contact, and play multiple positions."

Whitmore, who carries a 3.2 grade average and is interested in majoring in sports medicine. "I have to have a very good relationship with the coaches, be able to play at the school, and like the team's style of play."

Whitmore regularly gets texts, calls, and emails from head and assistant coaches from around the country. Whitmore's father, Myron, has been heavily involved in the recruiting process. "It's been exciting and a joy ride," Myron says. "Too see the coaches on TV and actually talk to them is daunting. The reaching out from coaches may increase. Coaches who have reached out and have interest may not have offered him a scholarship. And some coaches have not gotten a chance to see him play."

That's due to the pandemic and Whitmore suffering a leg injury in 2018. Whitmore had to sit his freshman year at Spalding and sat out playing for Team Melo in 2019 because of the injury. And, of course, the 2020 season was cut short because of the pandemic.

Still, Whitmore played two seasons for Team Melo, which got him exposure and

helped develop his skills. “They are one of the top tier programs in the nation,” Myron says of Team Melo. At Spalding, Whitmore should have a better junior season than sophomore campaign, since he won’t be coming off an injury.

Whitmore averaged 15 points, 10 rebounds, and three assists per game last winter. He really came on late in the season. Whitmore scored 34 points and grabbed 10 rebounds in an 89-85 upset of Gilman in mid-February in the Maryland Interscholastic Athletic Association A Conference quarterfinal game. In early February, he totaled 16 points, five rebounds, and four assists when Spalding bested the top-ranked team in the area, Mount St. Joseph, 67-56.

Whitmore is a tough player to defend. “I can go to the basket, get my defender off balance, and finish,” he says. “I am a good passer, I can defend, finish around the rim with contact, and play multiple positions.”

Pratt is also involved in the recruiting process of Whitmore. “A lot of coaches will call me and say, ‘Does he love basketball?’” he recalls. “He really does. He will do anything to make himself a better player.”

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.

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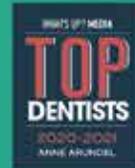
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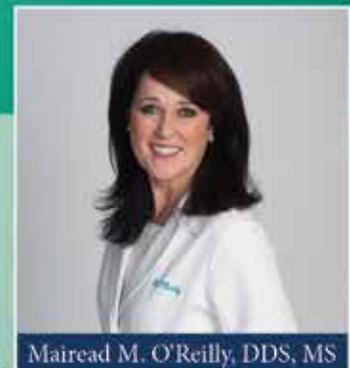


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Doers and Whiners: Which Are You?

By Gary Jobson

One of the most impressive attributes of Annapolis and our surrounding region is the tremendous network of motivated and passionate volunteers who provide a wide variety of services to our community. To every one of these heroes, let me say, thank you and bravo. Our citizens live in a better place as a direct result of these efforts. When I was battling cancer in 2003, I resolved that if I were lucky to survive, I would spend considerably more time helping others. Since those dark days, I have now served on 34 different boards and been Chair of nine of these nonprofit organizations. It is heart-warming to work with so many people who are dedicated to making things happen for the better. Sadly, for all the positive work being done, there are often negative pressures orchestrated by people who spend their energy on complaining. My terms describing these two disparate groups are the “Doers” and the “Whiners.” It is discouraging to see whiners trying to stop projects. It seems as if they delight in causing headaches. Is it for sport or the satisfaction of being the town naysayer? It makes me wonder how to ignore the whiners and celebrate the doers.

I was inspired many years ago by media executive, Ted Turner, who told me that serving on a board is important. He said it was always better to have a seat at the table making decisions than being an outsider. I have followed Turner’s advice to this day. Serving on a board is a big responsibility. There is great satisfaction in improving an organization. My standards for board service include several important principles:

1. Listen carefully at meetings.
2. Ask good questions. Do not grandstand or dominate a discussion. Leave time for others.
3. Wait your turn to ask follow-up questions.
4. Committee meetings are the time to bring up problems and contentious issues.
5. Never surprise the leadership with proposals without clearing them first.
6. Understand the protocol of the relationship between board members and the staff.
7. Use your expertise and experience on committees.
8. After a vote there needs to be one voice on the board. No “ad hoc” commentary.
9. Remember: It is no longer “them” it is “us.”



Adding to these standards, I also believe in term limits and making sure that boards represent a cross section of a region’s diverse population. Boards operate best when there is a clear mission statement and all stakeholders agree to the objective. All this sounds good until aggressive agitation develops.

In Annapolis, we have more than our share of naysayers and whiners. I have to smile as the one time Maryland Governor and later Vice President, Spiro Agnew, referred to the whining class as “nattering nabobs of negativism.” Lucky for him, the internet was not around during his time in office. The internet has given everyone a public voice on any topic. The internet is a convenient way to distribute doubt about any project. We are seeing this unfortunate trend at an alarming escalation throughout the world. We are going to an increasing amount of scrutiny about internet companies in the next few years. A few examples exist right here in Annapolis.

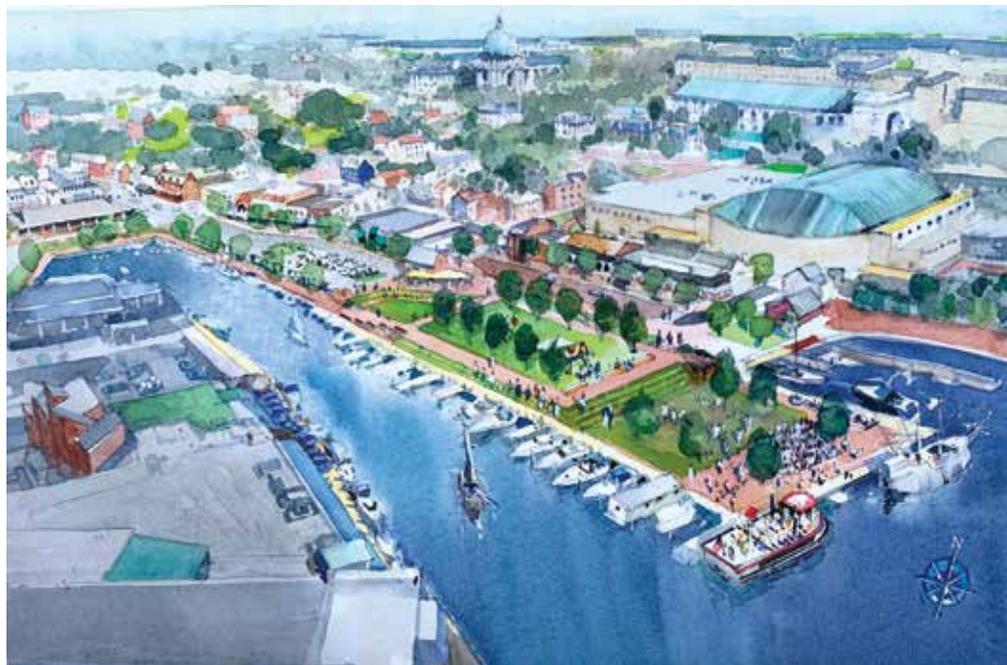
For years, the notion of upgrading City Dock has been studied and debated. Several reports have been

generally well received but in each case little or no action took place when the whiners attacked. Over the past two years, the City Dock Action Committee has produced a well written plan for City Dock (see *What’s Up Annapolis* - “City is on the Brink of Fixing City Dock,” November 2019). Approximately 81 Annapolis residents worked on eight different areas within the 122 page proposal. It is well written with many supporting images. There are a handful of small items that need modification and further review, but the overall plan is a masterwork. And yet, the whiners are out there poking holes and denigrating the general plan. These people don’t seem to have a real goal other than trying to kill off a good project. For those trying to make the plan work, the attacks can be frustrating. There are steps that can be taken to turn around the naysayers.

When questions come up, a rapid answer often helps solve problems. Inaccurate information needs to be corrected swiftly. People will respect a timely response. It is important to recognize that everyone has the right to an opinion. It helps to focus on the areas where common agreement comes naturally. Be willing to make adjustments. Compromise sometimes helps calm down some of the negativity. Aggressive deadlines can make the problem worse. Taking the time to ingest input from both solicited and not-solicited sources adds value to a project. This practice will help the manager of a project to

understand what people are concerned about. I tend to prefer working with optimistic people who see the glass as half full as opposed to the pessimists who usually see the glass as half empty. I have engaged naysayers and asked about their concerns. It helps to have another advocate alongside to help persuade the reluctant party. I suggest spending more time listening during these sessions than talking. People tend to behave better during small in-person meetings. Taking notes, respecting new ideas, and asking questions gives the feeling of cooperation. And, there are times when the whiners can be helpful by identifying issues that do need to be addressed. I've learned that you can turn the naysayers around in small group working sessions.

There are several precepts that I have learned that help me mold opinions. The list starts off with being open and accurate. When explaining your case, be enthusiastic. I find this to be infectious. If you are enthused, the likelihood is that your listeners will become keen as well. It is important to be available and helpful especially when you don't need to be. Give out clear and concise information about your project. People like printed materials. Feel free to back up your information with digital versions. Try to identify third-party advocates who might endorse your proposal. A routine I have used successfully over the years is to simply say something nice about people. This always seems to come back around



in a positive way. It is hard for a whiner to attack when you are being kind.

Available time is always an issue when doing volunteer work. I stay away from engaging with arguments on blogs and internet forums. What counts are the people who are voting to approve a project. This is why serving on a board is so important, because you get to have a direct voice with your vote. Studying how previous boards have handled challenging projects can be helpful when developing your plan. I've learned that good public relations at every step of the way improves your chances for success. Posting updated information on a website helps keep people engaged. I suggest labeling reports on the web as, "Draft," "Work in Progress," or "Preliminary." A survey on your website allows people to voice their opinions in an efficient manner and you get to read the consolidated results of

the survey. The answers will help you prioritize how you make your pitch.

When I speak at yacht clubs around the country, I find myself frequently asked about how to get a project going. Examples include issues like: acquiring a fleet of racing sailboats, building a swimming pool, renovating an older club house, or buying adjacent property. I inevitably tell the story about the same six guys that I see at every yacht club in the world who are against every project. They seem to be the same naysayers that pop up everywhere. My advice is to go ahead with the project and blast right past the six guys. The story always seems to get a good laugh, and my point is made that there will always be some kind of "no" person. One of the strongest arguments

↑ Over the course of two years, the City Dock Action Committee produced a 122-page proposal for the upgrading and redesign of Annapolis' City Dock, including this rendering of the potential design. The proposal was both well-received by many city residents and chided by others.

you can make to the people who actually make the final decision is to ask them to think about their own legacy. They should want to be the decision makers who made something happen for the well-being of many people in the future. That pitch always resonates. Success is never automatic, but I have learned that a positive attitude and an open approach will help achieve your goal, while the whiners will just move on to something else. And, in the end the doers can take pride in their achievements.

Editor's Note:

Readers, if you have a compelling viewpoint or idea for this column that you'd like to share with fellow What's Up? Annapolis readers, please write to us at: editor@whatsupmag.com and include "Towne Perspective" in the subject line.

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A Future with Liberty and Justice for All

Editor's note: Readers, our publication is embarking on an ambitious, if overdue, series of articles this year (six are planned) that will explore, address, and attempt to convey with empathy and direct perspective issues of race and culture within our communities. These issues are not limited to racial inequalities or suffering. We intend to also share stories of success and hope...a hope that all Americans may be afforded equal recognition, dignity, and opportunity because it is the fabric of culture, many cultures, that make our communities and country the very best in which to live. And by sharing these stories, we may learn from one another. The first article in this series is...

Efforts are underway nationwide and in Maryland to educate our communities about the debilitating and devastating effects of systemic racism; and how to heal // *By Ines Pinto Alicea*

Systemic racism, the legacy of slavery in the U.S., embedded itself within many of the country's institutions, and continues to have a crippling economic impact on Black families in the Chesapeake region today.

"(Systemic racism) is a system that continually advantages one group and systematically disadvantages another over time," says author Melvin Oliver, who also serves as president of Pitzer College in Southern California.

Systemic racism has created sharply disparate outcomes for Blacks in the job market, economic wealth, housing, education, justice system, and health care. Federal data show that Blacks comprise 13 percent of the U.S. population yet own only 2.7 percent of the nation's wealth and are more than 40 percent of the nation's incarcerated. Ibrahim X. Kendi argues in his book *Stamped from the Beginning: The Definitive History of Racist Ideas in America*, that racism, greed, and the governmental policies that supported that path are at fault.

In his book *Invisible Americans: The Tragic Cost of Child Poverty*, former *New York Times* economic columnist Jeff Madrick debunked many myths about poverty and Blacks that have persisted for decades. Madrick found that 16.9 million Whites are poor, roughly double the number of poor Blacks, and Whites receive the 69 percent of government benefits designated for the poor, discrediting mistaken beliefs that Blacks make up the nation's poor and receive the bulk of government benefit.

"The beneficiaries of slavery, segregation, and mass incarceration have produced racist ideas of Black people being suited for or deserving of the confines of slavery, segregation, or jail," Kendi adds.

Still, poverty is a challenge for the Black community, one that is compounded by a history of deliberate and intentional racist federal and state laws and policies.

In Annapolis, with a population of 39,147 residents, 23 percent, or 1,976, of 8,593 Black Annapolitans live in poverty and in Easton, Maryland, Blacks comprise 13 percent of the population of 16,551. Yet, 25 percent live below poverty, according to U.S. Census data. Poverty is defined as earning less than \$12,140 for an individual.

Poverty is devastating, but for children and the country, the long-term economic impact can be "stunning," resulting in \$1 trillion in lost national income—GDP—due to "reduced labor productivity of workers, higher health costs, and the costs of crime, including incarceration," writes Madrick.

"These children...live not merely in deprivation, but also in shame," Madrick suggests. "They see themselves as irredeemable outsiders. When Americans scoff at poor kids because their parents buy them the latest expensive sneakers and iPhones, they are unaware these kids demand these things not to show off, but mostly to belong, a deep need of which they are mostly deprived."

Several efforts are under way across the country, including in Maryland, to acknowledge, address, and atone for some of the damage and pain caused by slavery and racism.



▲
Historic marker dedication ceremony in September 2019 at People's Park (formerly Whitmore Park) in Annapolis, acknowledged the racial terror lynching of African Americans in the U.S. and, specifically, Anne Arundel County. Photo by Christian Smooth for Equal Justice Initiative.

But First, A History

Between 1619 and 1697, 100,000 Africans arrived as slaves in Maryland and by 1755, half of the state's population were African, says the *Guide to the History of Slavery in Maryland*. Maryland did not abolish slavery until 200 years later in 1864.

Laws, policies, broken promises, and other man-made forces stymied the efforts of freed Blacks to be self-sufficient and economically stable, denying them wealth-building opportunities. For example, the nation's capital paid former owners of slaves, not the enslaved, up to \$300 for each slave freed under the District of Columbia Compensated Emancipation Act of 1862.

"Slaves never saw that money," says Elinor Thompson, a historian, author, genealogist, and Annapolitan who serves on the Maryland Commission on African American History and Culture. "Even when the slaves were sent to fight in the Civil War, the slave owners got \$300 and more for having lost a worker. Many of the slaves who fought in the war were never given the pensions they were promised."

President Abraham Lincoln ordered 40 acres of land be given to each freed slave so they could be self-sufficient and start their new lives with economic stability, but the order was never fulfilled, writes Willam A. Darity, Jr., and A. Kirsten Mullen in their book *From Here to Equality: Reparations for Black Americans in the Twenty-First Century*. Even when Blacks purchased land, the land was often confiscated from them.

Later, freed Blacks labored as sharecroppers at White-owned farms for a portion of the crop. The system was fraught with wage theft and state-sanctioned discrimination. That dynamic is the core of the 10-to-1 wealth disparity between Whites and Blacks that has persisted for decades, writes Oliver, co-author of *Black Wealth/White Wealth: A New Perspective on Racial Inequality*.

The 2019 Federal Reserve Survey of Consumer Finances shows that 45 percent of Black families own their homes compared to 73.7 percent homeownership rate for White families. The median home value for Black families was \$150,000 while it was \$230,000 for White families. The gap in homeownership and in the values of homes has made it difficult for Blacks to build generational wealth.

Redlining—the practice of banks either denying mortgages to people in minority neighborhoods or charging those borrowers more—limited Black home buyers' options through much of the 20th Century. In his book, *The Color of Law: The Forgotten History of How Our Government Segregated America*, Richard Rothstein wrote that starting in the 1930s, the Federal Housing Administration discriminated against Blacks wanting to buy homes by drawing maps that clearly indicated that the federal government would back mortgages in White communities, but deemed homes in Black communities as too risky to back, forcing Black homeowners, no matter how creditworthy they were, to accept higher interest loans and more severe terms. Even today, "homes in Black neighborhoods that are similar to a house in a White subdivision with a similar economic makeup would be undervalued by as much as 65 percent," wrote Michelle Singletary in a recent *Washington Post* article.

After World War II, the Veterans Administration denied Black veterans the lower-cost government guaranteed mortgages that White veterans used to help build wealth for their descendants.

Attempts to integrate housing continue to be blocked at the highest levels of government. In July 2020, the Trump Administration eliminated a housing regulation designed to reduce racial disparities in neighborhoods, claiming, without evidence, that such desegregation would lead to more crime.

Other federal policies have an impact as well. Low interest rates, for example, can reduce unemployment and often boost the stock market, but those benefits disproportionately accrue to White Americans who are more likely to hold investments.

Our Towns Today

In Annapolis, the median income for Whites is \$104,301 while it is \$43,443 for Blacks. In Easton, there is a \$23,000 gap in median income between Whites and Blacks, the Census said. The Federal Reserve's 2019 Survey of Consumer Finances showed White families had larger accounts with emergency funds, were more than three times as likely as Black families to receive an inheritance, and owned more stocks than Black families.

Several efforts are underway on the path toward recognition, inclusion, and equality though few ad-



“I’m hoping the leadership in Talbot County can have conversations that are open, frank, and sometimes difficult”

dress economic inequality. Some are more symbolic, but meaningful in the healing process.

Talbot County recently created a diversity statement that all employees and volunteers must adhere to in planning work and events. The county also requires an annual diversity report, listing where diversity training is occurring and how much is spent.

“Now, comes the more difficult part of creating more diverse management in the county,” says Talbot County Council President Corey Pack.

Pack, who has served on the council for 13 years, says the largely peaceful social justice demonstrations this past year were the biggest the county has seen. Pack found the demonstrations a “refreshing” exercise of First Amendment rights, but he was troubled by the “lack of openness among some of my colleagues” and some of the comments labeling the demonstrations as “Anti-American.”

“I’m hoping the leadership in Talbot County can have conversations that are open, frank, and sometimes difficult,” Pack says. “I wish I could tell you we’ve taken great strides. We’re still trying to make connections and have difficult conversations.”

Anne Arundel symbolically changed its motto from “The Best Place” to “The Best Place for All,” but Anne Arundel County Executive Stuart Pittman also declared racism a public health issue and formed an Office of Health Equity and Racial Justice.

He told the *Washington Post* in September, “We are America...a country built on a system of racial terror...we say ‘liberty and justice for all,’ (but) we know we’re not there.”

Other symbolic gestures abound. Annapolis commissioned two murals, one of the late U.S. Rep. and civil rights icon John Lewis in downtown and one in Parole of Breonna Taylor, the 26-year-old who Louisville police shot to death in her home and were later cleared of her death.

“We’re saying we need to do better,” says William F. Rowel, senior advisor to Annapolis Mayor Gavin Buckley and director of the city’s office of Public Engagement and Community Relations. “We’re not saying ‘you are a racist and we are going to tear your buildings down.’ We’re into restorative justice.”

In 2019, the United Nations Educational, Scientific and Cultural Organization (UNESCO) designated Annapolis, more specifically the City Dock, as a World Heritage Site for being one of 52 locations nationwide where some 30,000 children, women, and men in bondage first placed their feet after leaving Africa.

“Four signers of the Declaration of Independence lived in Annapolis and all owned slaves,” Rowel says. “Their wealth came from human cargo.”

Rowel says a 2018 study on how to renovate the Annapolis dock calls on the city to be more inclusive of the African American community. The report recommended Annapolis initiate two steps: “a community dialogue...on commemoration and interpretation...regarding the history of race on this site” and “an inclusive cultural landscape interpretation process to reverse the social and economic exclusive narratives that exist.”

Annapolis felt the tug for inclusion when it recently renamed Whitmore Park in response to last year’s demonstrations. Some in the African American community felt slighted because it was named The People’s Park, not truly reflective of the site to which it was dedicated, the old fourth ward, a vibrant area of Black-owned businesses and homes. A federal policy of urban renewal during the 1950s and 1960s led to land acquisition and seizures through eminent domain along Washington, Calvert, and Clay streets to build the Whitmore Garage. Black Annapolitans use the term “urban removal” to describe what happened to their neighborhoods.

“That disenfranchisement of the Black community created a loss of wealth and in exchange, people fell into a system of generation after generation living in public housing,” says Adetola O. Ajayi, African American Community Services Specialist for Mayor Buckley. “It is very difficult to transition from

The painting of the Breonna Taylor & Black Lives Matter mural project took place in Summer 2020 in the aftermath of national protest due to the fatal shooting of Breonna Taylor by law enforcement in Kentucky. Local artists collaborated with Future History Now, Banneker-Douglass Museum, and Maryland Commission on African American History and Culture to create the 7,000 square foot mural at Chambers Park in Annapolis. In August, Tamika Palmer (Breonna Taylor’s mother) and family visited her mural and were joined by Annapolis Mayor Gavin Buckley, The Maryland Commission on African American History and Culture, activists and artists, BDM Executive Director Chanel Compton, and the Parole community. Photos courtesy Banneker-Douglass Museum.





Ajayi says Price's burial helped raise awareness about the contributions of a prominent Black community member and "did some restorative healing."

Forward Thinking & Action

Ajayi says few buildings in Annapolis convey the history of Blacks in Annapolis and efforts are underway to highlight more contributions of the African American community.

Annapolis acquired the Maynard-Burgess House, which was originally bought by John Maynard, who was born a free Black man in 1811. The city is renovating it to depict 19th century African American life in Annapolis. The city also secured a \$200,000 grant to renovate Universal No. 14 Masonic Lodge, the meeting site of one of the state's oldest African American Masonic chapters. Located at 64 Clay Street, the building, which dates to 1880, is on the National Register of Historic Places. Masons share a guiding moral code centered on commitment to brotherhood and community.

"Everyone has a role in bringing about change. It can't be all on schools or the faith community...," says Anthony Spencer, an Annapolitan artist who also serves on the Maryland Commission on African American History and Culture. He adds that he hopes for the renaming of Taney Street, named after U.S. Supreme Court Justice Roger B. Taney who ruled in the Dred Scott case that the U.S. Constitution was not meant to include American citizenship for Blacks.

"The request (for a name change) should come from the neighbors on that street," Spencer says.

Other efforts more directly combat problems the Black community has voiced about social inequality. In October, a major law took effect broadening the definition of what comprises a hate crime and helping prosecutors hold individuals accountable for hate crimes in Maryland.

Several governments, including D.C. and California, are exploring reparations to the descendants of slaves. The U.S. Conference of Mayors is among the organizations that supported federal legislation to study the feasibility of reparations on a nationwide scale, endorsing the movement at its July conference.

Reparations are not new. In 1988, President Ronald Reagan offered a formal apology and paid \$20,000 to 100,000 Japanese Americans who were detained in internment camps in 1942 after Japan attacked Pearl Harbor.

"At some point, Annapolis is going to have to pay their reparations," Hayes Williams says. "I would like to see it take the form of education and closing any achievement gaps."

"That disenfranchisement of the Black community created a loss of wealth and in exchange, people fell into a system of generation after generation living in public housing"

public housing to a \$400,000 home. You have to be earning at least \$70,000 to do that and if African Americans are earning less than that..."

And "someone working full-time at minimum wage makes only 40 percent of the income needed to afford a two-bedroom apartment in Maryland" states Marylanders Against Poverty, an organization comprised of social justice and religious organizations.

Ajayi says his office has focused outreach efforts to the African American community on worker training and activities for young people.

Janice Hayes-Williams, a historian and director of the Anne Arundel County Office of Community Engagement and Constituent Services, has led several symbolic restorative justice efforts. Every year, she hosts a ceremony remembering Blacks who died at the former mental institution, Crownsville Hospital Center. She said 1,700 Black people buried there had not been identified and she plans to identify every individual.

She also led an effort to identify Blacks buried in a cemetery destroyed during the redevelopment of downtown. She said the bones were dug up and put in boxes with no identity. This past Fall, after identifying that some bones were of Smith Price, who in 1803 founded Asbury United Methodist Church, one of the oldest African American churches in Annapolis, she arranged a burial ceremony at St. Anne's Cemetery.

Ajayi says the city faces many financial constraints to bring about major change for the African American community because many of the major buildings within its confines, like the U.S. Naval Academy, the Governor’s mansion, and the State House do not pay taxes, contributing little to the city’s tax base though they provide substantial employment for Annapolitans.

One of the bigger efforts to address past injustices against the Black community was created by a unanimous vote of the Maryland Legislature. The Maryland Lynching Truth and Reconciliation Commission is spending the next three years researching, filing subpoenas for testimony, and collecting histories of the people who were lynched in Maryland and whose perpetrators were never held accountable.

“(The work) of the lynching commission will help tremendously because it is unraveling the lies and starting to tell the truth,” Spencer says.

David Fakunle, the commission chair, says many Americans witnessed their first lynching last year after George Floyd, a Black man in Minneapolis, spent nearly nine minutes suffocating to death under a police officer’s knee. Floyd’s death was a catalyst for global protests against social inequity. Fakunle says the Trump Administration and the Covid pandemic “revealed a lot of hypocrisies and ugliness of this country,” making the time ripe for the work of the commission.

“The country is overdue its reckoning,” Fakunle says. “We’re not going to go light on this. Someone has to be the first to start this conversation. We want the commission to be the first, to be a model, and to set a precedent.”

Maryland is one of eight states where lynching was common according to the Equal Justice Initiative (EJI), a nonprofit legal and civil rights group that documented thousands of lynchings. Last year, the organization sponsored a historical marker memorializing the lynchings in Anne Arundel County, the site of five of 42 lynchings in Maryland between 1854 and 1933.

“Their deaths were not in vain,” says Fakunle, adding the commission hopes to also offer strategies to begin healing. “We will all do our best to bring justice. We are serious about the work we are doing and trying to be transparent and bring as many people in as possible.”

The Maryland Legislature’s bill that created the commission notes “State, county, and local government entities colluded in the commission of crimes and conspired to conceal the identities of the parties involved;” that the crimes “intended to terrorize African American communities and force them into silence and subservience to the ideology of white

supremacy;” and that “no victim’s family or community ever received a formal apology or compensation from the State, county, or local government entities for the violent loss of their men.”

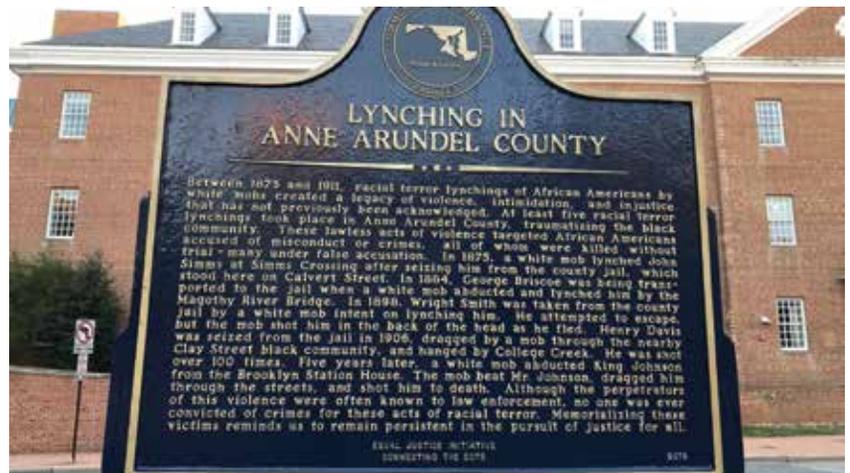
Filmmaker Will Schwarz produced a YouTube documentary called *Outrage in Rockland: The Lynching of Howard Cooper* about how a masked mob in 1885 dragged Cooper out of the jail where he was being held and hung him from a tree in front of the jail. Even before the trial, the *Baltimore Sun* called the accusations against Cooper, who was falsely accused of rape, the “most shocking crime ever” and placed his age at 24. It was not until Schwarz and others organized a memorial recently for Cooper that a local historian discovered he was only 15.

“If we are going for any meaningful reconciliation and any meaningful progress in race relations, we have to understand and know that history,” says Nicholas Creary, a professor at the University of Iowa who was instrumental in the creation of the Maryland lynching commission and serves as a commissioner. “It is too important not to know.”

Additional credit to Annapolitan Melissa Pantalone for historical background and research.

Top: Maryland Lynching Truth and Reconciliation commissioner Maya Davis with Maryland Commission on African American History and Culture commissioners Anthony Spencer and Elinor Thompson at the historic marker dedication.

Bottom: The reverse side of the historical marker acknowledges the lynching of John Simms, George Briscoe, Wright Smith, Henry Davis, and King Johnson that took place in Anne Arundel County.



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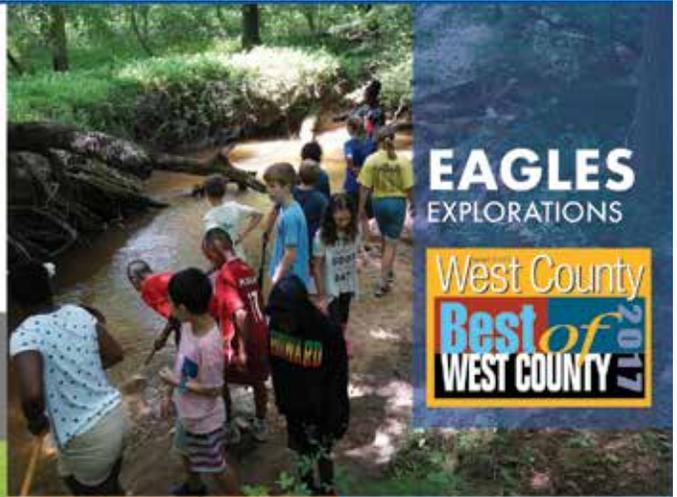
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Academy Art Museum Summer Camps

Location: 106 South Street, Easton; **Contact:** 410-822-2787; academyartmuseum.org. Constance Del Nero, Director of Children's Education & Community Programs, cdelnero@academyartmuseum.org; **Dates/Times:** Weekly from last week of June through third week of August. Most

camp runs 2-3 hours; **Ages:** PreK-grade 12; some are intergenerational (open to adults); **Cost:** Varies by program; most camps are \$100-150; The Academy Art Museum offers interesting and creative camps for every age range. From preschool summer-themed offerings to tween and teen intermediate drawing, 3D projects and digital media, there is something for everyone. The

Museum's signature Kaleidoscope Camp—a perennial favorite—consists of multi-media projects, while other camps focus on building basic art skills or working with specific materials. Several new camps are planned for 2021. Many camps welcome adult participants.

Annapolis Area Christian School Summer Programs

Location: 109 Burns Crossing Road, Severn; **Contact:** 410-519-5300, x3150; aacsonline.org/summerprograms. Cedrick Dickens, Summer Programs Director, summer@aacsonline.org; **Ages:** 3 1/2-18 years; **Cost:** \$195-355/week; With 40+ programs to choose from, Annapolis Area Christian School

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Annapolis Maritime Museum & Park Summer Camp

Location: Back Creek Nature Park Campus, 7300 Edgewood Road, Annapolis; **Contact:** 410-295-0104; amaritime.org/education/camps;

Dates/Times: Weekly sessions June 21-September 3, 9 a.m.-3:30 p.m. Care options available; **Ages:** PreK-grade 10; volunteer and internship opportunities for older students; **Cost:** Museum members, \$275; non-members, \$315. Prices varies for specialty sessions, including half-day camp for our youngest explorers and Teen Travel Camp; Campers will get wet and muddy while exploring our Park campus with wooded trails, secluded coves, and marsh habitats along Back Creek. Come play in the woods and water, discover our maritime heritage, and become environmental stewards! Activities are designed specifically for each age group. Our youngest campers will enjoy animal investiga-





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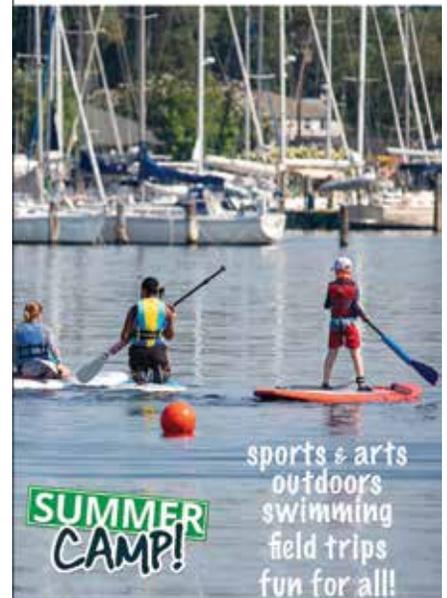


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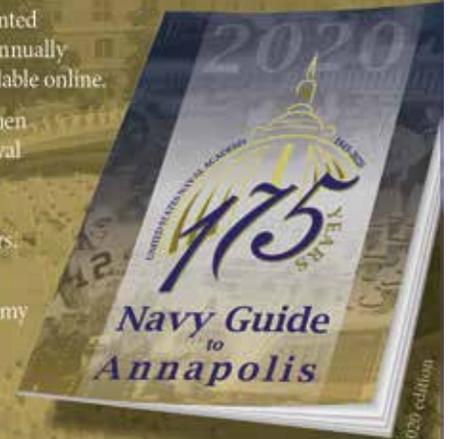
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2021 SUMMER CAMPS

tions, water play, crafts, and stories, while older campers are challenged with additional adventures including kayaking and boating excursions, standup paddle boarding, and fishing.

Archbishop Spalding Summer Camps

Location: 8080 New Cut Road, Severn; **Contact:** 410-969-9105; archbishopspalding.org/camps; Spalding offers a wide variety of summer programs, including academic and athletic camps. For more information, including dates, times, ages, and pricing for each camp, please visit the website or call the number above.

Camp Stellina at St. Anne's School of Annapolis

Location: St. Anne's School of Annapolis (3112 Arundel on the Bay Road, Annapolis); **Contact:** 410-263-8650; stannesschool.org/CampStellina; **Dates/Times:** June 14-25, July 5-17, and August 2-6 -August; **Ages:** 2-3 years; **Cost:** \$60-\$250; Camp Stellina, our summer program for children ages two and three, is designed to provoke discovery, socialization, fun, and deep thinking in a safe and engaging environment. Students will enjoy an array of activities and adventures in a

hands-on experiential, Reggio Emilia-inspired program. Space is limited! Register at stannesschool.org/CampStellina.

City of Annapolis Recreation and Parks Summer Camps

Location: Varies by camp; **Contact:** 410-263-7958; annapolis.gov/recreation. Katy Owings, Recreation Division Chief, KAOwings@annapolis.gov; **Dates/Times:** TBA; **Ages:** 4-15; **Cost:** Varies by camp; Annapolis Recreation and Parks offers a variety of day camps from traditional ones that include field trips to spe-



cial interest camps that include sports, STEAM, stand-up paddleboarding (SUP) and more. Last year we introduced virtual camps! Please visit www.annapolis.gov/354/Camp-Information. Follow us on Facebook and Twitter to stay up to date on camp announcements!

2021 Navy Athletic Summer Camps

Location: U.S. Naval Academy, Annapolis; **Contact:** 410-293-5845; Navysports.com. (Click on "Camps" tab); **Dates/Times:** June-August; **Ages:** Varies by camp and program; **Cost:** Varies by camp and program; Please visit website for information.

Huntington Learning Center—Crofton

Location: 1403 S. Main Chapel Way, Suite 107, Gambrills; **Contact:** 410-451-0049; huntingtonhelps.com/center/gambrills. Anand Patel, Executive Director; **Ages:** PreK-grade 12; **Cost:** Varies; Summer is the perfect time to help get your child ready for the upcoming school year. Catch up or get ahead. Prepare for the best school year ever! We'll build—or reinforce—the skills needed to succeed in school: reading, writing, phonics, math, and study skills. We help students acclimatize to greater teacher demands, increased classroom difficulty, and expanded homework.

Pongos Learning Lab

Location: 2141 Priest Bridge Drive, Suite 8, Crofton; **Contact:** 301-789-1815 ext. 4; pongoslearninglab.com. Chrissy Rey, President and Founder; **Dates/Times:** June-August; **Ages:** Kindergarten-grade 8; some camps are open to students up to grade 12; **Cost:** \$339, plus lab fees; We will cover a wide range of STEAM topics this summer, including video production, animation, game design, robotics, and coding. The first and last week of camp is Gamer Club, which gives kids a chance to have some fun while working on their





teamwork and sportsmanship skills. For the rest of the summer, kids will spend most of their days at camp learning the subject for the week or working on related projects or challenges.

Seyvern School Summer Programs

Location: Varies by camp; **Contact:** 410-647-7701 x2999; severnschool.com/summerprograms. Jennifer Hayman, Summer Program Director, summerprograms@severnschool.com; **Dates/Times:** June 21-July 30; Extended Care Program is available; **Ages:** 3 1/2 years-grade 5 (Chesapeake Campus); grades 5-11 (Teel Campus); **Cost:** \$300/week; Chesapeake Campus

offerings: Traditional day camp is available for children 3 1/2 years to grade 5; Specialty camps are available for campers entering grades 1-5; and new this year, academic camps for campers entering kindergarten-grade 5. Teel Campus offerings: Specialty camps; Community Enrichment Program; and new this year, academic camps. Various sports camps are also available. Please visit website for details. Registration will begin this month (February).

St. Margaret's Day School Camp

Location: 1605 Pleasant Plains Road, Annapolis; **Contact:** 410-757-2333; stmargaretsdayschool.org. Tricia Hallberg

McVeigh, St. Margaret's Day School Director; **Dates/Times:** June 14-25; July 5-17; July 19-30; August 2-7; **Ages:** 2-10 years; **Cost:** \$60-250/week; Join us from June to August at our fun-filled day camp! Every two weeks we will have a new, exciting camp theme with crafts, projects, games, science explorations, and more. Culminating activities and field trips for ages four and up at the end of each theme. Summer 2020 themes: Under the Sea; Unmask the Hero in You; Build It, Design It, LEGO; Ahoy, St. Margaret's Pirates.

Summer at Saint Andrew's

Location: 4B Wallace Manor Road, Edgewater; **Contact:** 410-216-2660; summer.standrewsum.org.

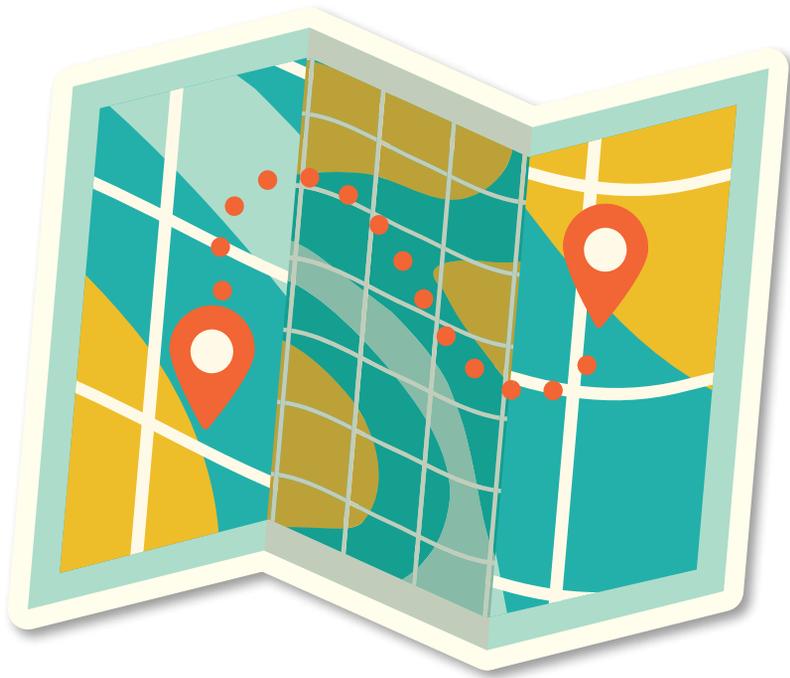
summer@standrewsum.org; **Dates/Times:** June 21-August 13, 9 a.m.-3:30 p.m. Half-day options available for younger campers. Morning and afternoon extended care options available; **Ages:** 3-14 years; **Cost:** Varies by program; Summer at Saint Andrew's offers an unforgettable summer of fun. Get ready to discover, create, and play as we travel through time,

build exciting worlds, become pirates, train to be superheroes, and more!

Summer at KEY

Location: 534 Hillsmere Drive, Annapolis; **Contact:** 443-321-2575; Keyschool.org/summer. Jane Flanagan, Director of Summer Programs, jflanagan@keyschool.org; **Dates/Times:** June 21-August 13, 9 a.m.-3:30 p.m.; **Ages:** 3 1/2 years-grade 12; **Cost:**





Varies by program; Make memories with Summer at Key this year with the many fun-filled, action-packed day camp programs offered. From traditional camps and athletics to creative arts and academics, there really is something for everyone.

SunriseSUP

Location: Pier 7 Marina, 48 South River Road South, Edgewater; **Contact:** 434-234-4443; sunrisesup.com. Kate Grove, Owner; **Dates/Times:** June 21-August 27, Monday-Friday, 9 a.m.-3 p.m.; **Ages:** SUP Pups 5-10 years; Tween Empowerment 10-14 years; **Cost:** \$375 (full day); Our paddleboarding camps cater to children within the ages of 5 to 14. The SUP experience starts with the fundamentals and instruction progresses over the week from beginner

strokes and maneuvers to advanced paddling skills. During this fun-filled week, paddlers will develop a solid foundation for stand-up paddling, participate in individual and group skills sessions, and enjoy challenges and competition on and off the water. All equipment is included.

The Country School

Location: 716 Goldsborough Street, Easton; **Contact:** 410-822-1935 ext. 130; countryschool.org. Annie Hasselgren, Director of Admissions; **Dates/Times:** June-August; **Ages:** grades 1-8; **Cost:** \$125-350; The Country School offers camps related to sports, music, science, mystery, art, games, and more. Our newly renovated campus is the perfect backdrop for fun and learning with our camp teachers, both indoors and out.

Camp Summit

Location: 664 East Central Avenue, Edgewater; **Contact:** 410-798-0005; thesummitschool.org; **Dates/Times:** July 2021, 8:30 a.m.-3 p.m.; **Ages:** Students entering grades 1-8; Camp Summit offers a nurturing environment where students build self-confidence and get the academic boost they need for back-to-school success. Campers avoid summer learning loss while having fun and making new friends. Morning academics followed by afternoon fun! Details and applications available online.

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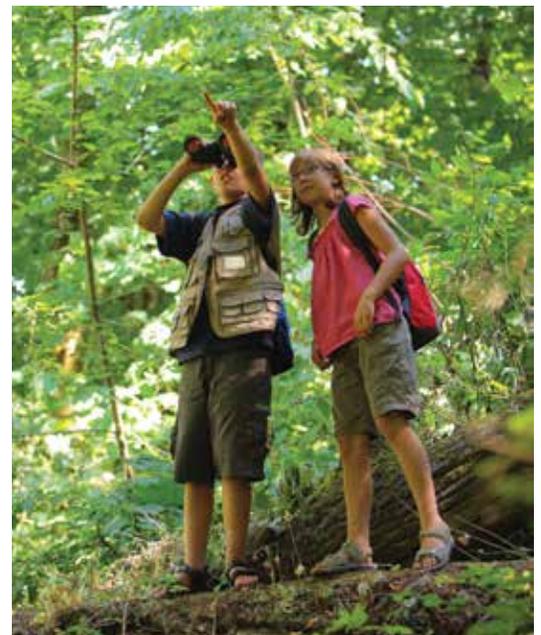
Location: 664 East Central Avenue, Edgewater; **Contact:** 410-798-0005; thesummitschool.org; **Dates/Times:** Camp

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Weber's Bulldog Basketball Camp

Location: 716 Bestgate Road, Annapolis; **Contact:** 410-519-5300 ext.

3150; webersbulldogbasketball.com. William Weber, Coach@webersbulldogbasketball.com; **Dates/Times:** July 12-16; July 19-23; July 26-30; **Ages:** 6-15 years; **Cost:** \$300/child; \$20 early bird discount available before March 31, 2020; Weber's Bulldog Basketball Camp is proudly owned and operated by experienced coaches and former athletes. Program open to boys and girls ages 6-15 years old with players' skill levels ranging from beginners to avid players. Campers are taught basic fundamentals during structured, competitive settings in weeklong sessions and focus is on enjoying the game. This award-winning camp has been a trusted favorite for Annapolis parents for over two decades. This is a peanut-free program. Limited space for 2021. Registration opens 2/1/2021





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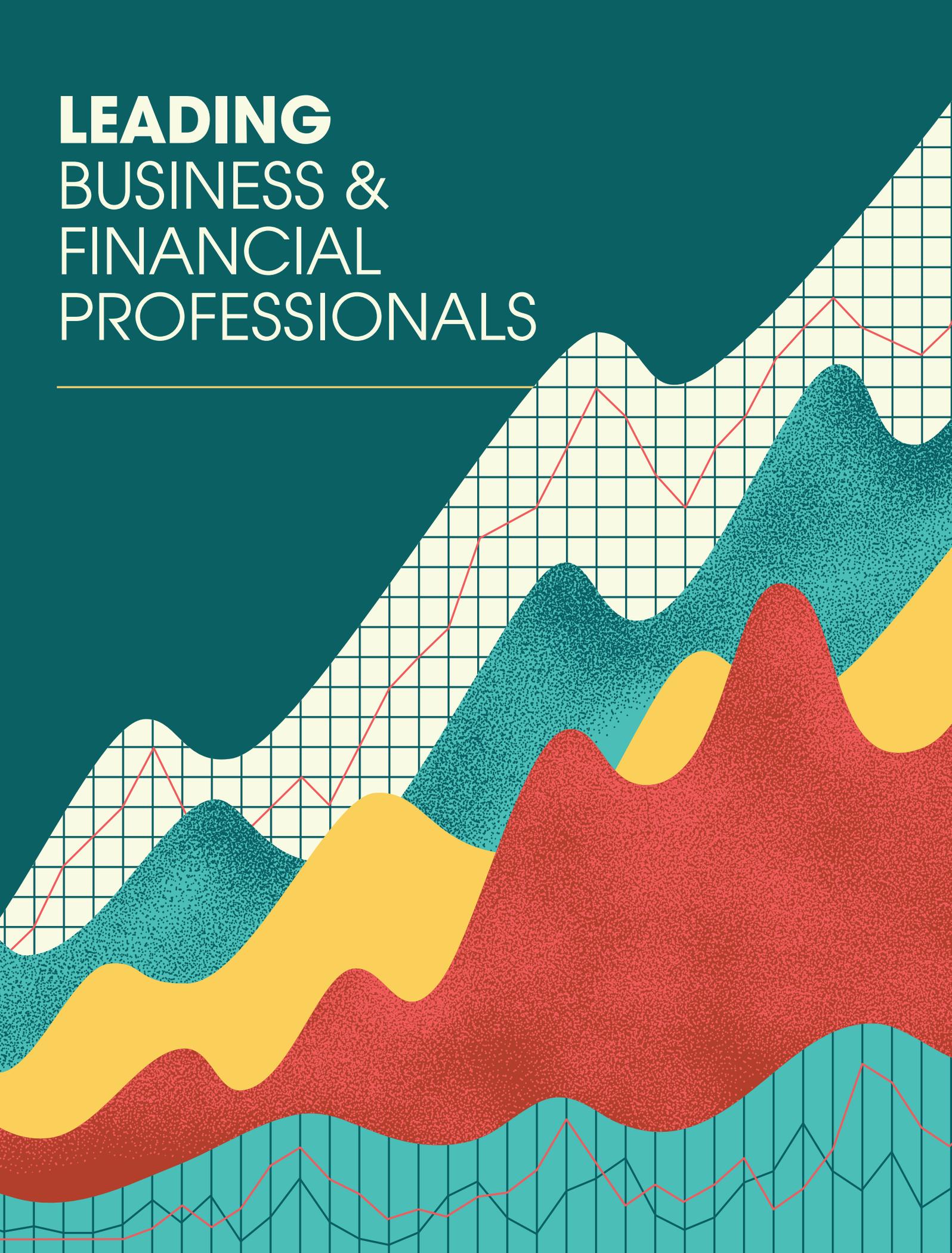
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Q&A

QUESTIONS AND ANSWERS WITH THE AREA'S LEADING BUSINESS & FINANCIAL PROFESSIONALS



Q: More women are finding themselves in the role of breadwinner or family CFO. Does what they seek in an advisory relationship differ from the traditional wealth management experience?

A: Yes! These are bright, capable women. They are seeking a trusted partner, not someone to dictate what

to do. They look for exceptional accountability and communication from their advisor.

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Lyn Dippel, JD, CFP®
Principal & Senior Advisor
Bay Point Wealth



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Gregory Ostrowski, CFP®, CRPC®, BFA™
Managing Partner
Scarborough Capital Management



Q: How should people select a financial advisor?

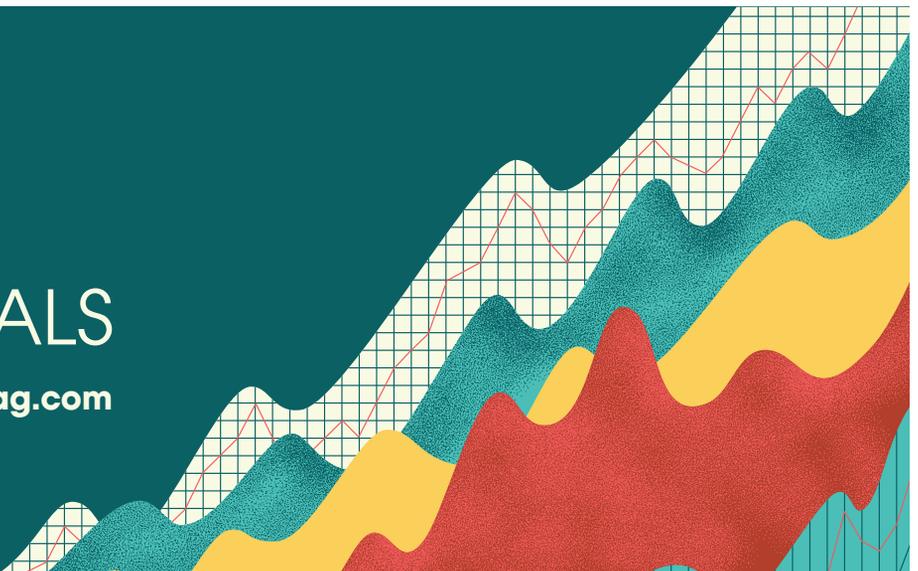
A: Our belief is you should choose someone you like, that you could work with long term. You want someone who will be knowledgeable, objective, and

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Ray Hobson, CFP®
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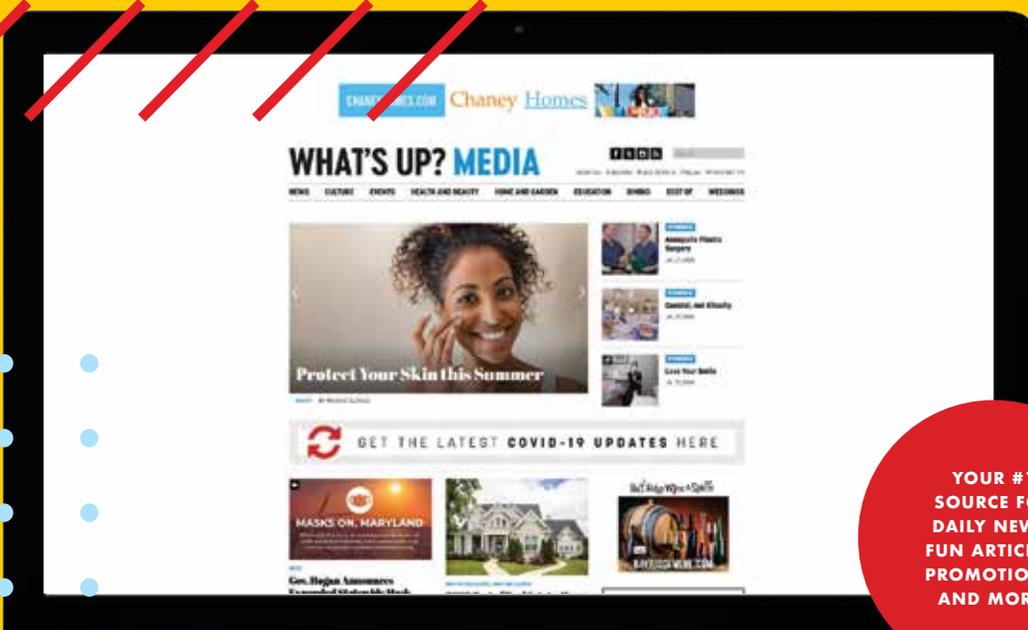


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VEHICLES OF INVESTMENT SUITED FOR TODAY'S PORTFOLIO

BY DYLAN ROCHE

The saying goes that we should always “save for a rainy day.” But what this saying doesn’t tell us is that everybody’s rainy day looks a little bit different...and because of that, everyone’s means of saving will be a little bit different too.

The same goes for investing. Unlike saving, investing entails putting money toward something that could increase or decrease in value over the years—assets like stocks and bonds. The idea is that you can make a lot more money than you would simply by saving, but with the added risk you could also lose money.

And the money you make off those investments can go to cover all kinds of “rainy days,” those times in life when expenses surpass income: times of unemployment or illness, times when you need to afford a big purchase like a home or college tuition, or even that time so many people are working relentlessly toward: retirement.

01

FACTORS TO CONSIDER WHEN YOU'RE INVESTING

The approach you take to investing can make all the difference—investing is strategic, and it requires different decisions for everyone.

FIRST, CONSIDER THE MARKET.

If you’re thinking of investing, you’ve probably well versed about the difference between a bull market and a bear market. Bulls charge at you fast with their horns raised up, so it makes sense that a bull market is one when the economy is strong and for all intents and purposes, healthy. The market is rising, so more people are looking to invest and are less likely to sell. This high demand and low supply imply higher pricing on investment vehicles. Conversely, bears are lumbering animals and the preferred simile for a market that stems from a receding economy. Assets are losing value, so investors withdraw their money with the hopes of holding onto it until the market gets better. By definition, a bear market is one when prices are 20 percent lower than they were during a recent bull market.

The challenging part about watching the market is that it fluctuates over a short period of time; instead of paying attention to these frequent changes, you should evaluate long-term patterns. And a professional fiduciary can guide you in this regard. The year 2020 proved to be an especially volatile year for the market, and experts disagree as to

whether it truly ever entered a bear market or not.

“As 2020 showed with the COVID-19 pandemic, markets can become volatile very quickly,” explains Bankrate, a consumer financial services company based in New York City. “In March, the market rang up some of its biggest daily declines ever, followed by some of its strongest rises ever. After a strong sell-off early in the year, the market rebounded and set a new all-time high in the summer, despite an ongoing recession. Concerns surrounding the presidential election year may also be driving markets to be more volatile.” In fact, we did see a highly fluctuating market on and after the November 3rd presidential election, with the Dow Jones Industrial Average ultimately soaring to just above 30,000 points before the holiday season began—a historic first. The S&P 500 and NASDAQ paced along similarly.

So, does this imply market gains will continue throughout 2021? It’s hard to say. Many investors are hoping the optimistic outlook on a COVID-19 vaccination could mean the economy will have the chance to fully open back up again. However, this isn’t a guarantee. “Even if there is a cure soon, and life returns to relatively normal, things may never return to exactly the way they were,” explains RealWealth Network, a financial and real estate education company founded

in 2003. “And some even believe the air has come out of the bubble and that we are most likely headed for recession.”

Those who are looking to invest in 2021 will want to exercise a certain amount of caution; more importantly, they should plan for committing to their investments for a long time with the expectation that the market only continues to improve. While conventional wisdom encourages people to invest in a bull market, particularly if it’s possible to buy early before prices rise too high, that’s not the only option an investor has. Those who invest in a bear market when equity and other investment prices are lower will likely lose a little money at first as those prices continue to drop, but holding onto their positions for a long time means they start to make more money when the market ultimately improves. Then they can sell their assets when prices are high again. It all comes down to holding investment posi-

tions for a long period of time. Which leads to the second important factor...

CONSIDER YOUR AGE. If you are young, you have the advantage of time on your side—people in their 20s have a good 40 years to let their investments build wealth for them before they need to touch any of it for retirement. However, young people starting out in their careers tend not to have as much discretionary income as older investors do. Young people might make a few investments, but in many cases, they’re not investing a lot of money. Today’s fintech can help, though. More on this in just a bit.

Once you reach your 30s, you might have a better handle of your budget and more money you can put aside. At this point, it’s a good idea to **diversify your portfolio**, a phrase that refers to buying a broad range of assets. When you do this, you don’t lose everything you have if one asset depreciates—there

are other assets you can count on. “By owning multiple assets that perform differently, you reduce the overall risk of your portfolio, so that no single investment can hurt you,” Bankrate advises.

In general, invest **money that you will not need for at least five years** so that you have a long enough period for your assets to increase in value. In a shorter period of time, you run a greater risk of losing money.

In other words, if you make investments in 2021, you shouldn’t plan to sell them off any time before 2026. “Yet no matter what happens, the key to keeping your sanity is to remember your long-term strategic vision for stock market investing and not get swayed by short-term moves,” says The Motley Fool, private financial and investing advice company founded in 1993. “If you can do that, you’ll be well on your way to starting off 2021 on the right foot.”



“AS 2020 SHOWED WITH THE COVID-19 PANDEMIC, MARKETS CAN BECOME VOLATILE VERY QUICKLY. IN MARCH, THE MARKET RANG UP SOME OF ITS BIGGEST DAILY DECLINES EVER, FOLLOWED BY SOME OF ITS STRONGEST RISES EVER. AFTER A STRONG SELL-OFF EARLY IN THE YEAR, THE MARKET REBOUNDED AND SET A NEW ALL-TIME HIGH IN THE SUMMER, DESPITE AN ONGOING RECESSION. CONCERNS SURROUNDING THE PRESIDENTIAL ELECTION YEAR MAY ALSO BE DRIVING MARKETS TO BE MORE VOLATILE.”

—BANKRATE, A CONSUMER FINANCIAL SERVICES COMPANY BASED IN NEW YORK CITY

02 FINTECH—SHOULD YOU TRY IT?

Modern technology is also making it easier for young people or even skeptics of the investment scene to start making educated investments. While some people might think of **fintech** (short for “financial technology”) in reference to payment apps like Paypal or Venmo, that’s not all fintech encompasses—there are now apps available that let you invest right from your smartphone without having to put up a lot of money or pay heavy trading fees.

Robinhood, Acorns, Stash, M1 Finance, and similar apps vary in the way they work, but

the idea behind all of them is that they make investing less intimidating and less expensive. Users don’t have to put forth hundreds or thousands of dollars into assets they don’t know anything about. Rather, users make micro-investments—as little as \$5 or less—toward asset (usually index funds) the app recommends based on one’s personal profile (level of risk tolerance, industry preferences, and short- or long-term goals).

While these apps promote “investing for everyone” (which is Robinhood’s actual slogan), they should be approached

with care and caution. Many financial experts point to the way the apps make trading and investing seem like a game. This is okay if someone is just warming up to the idea of investing and not putting forth a significant portion of their money. However, these investors-to-be should proceed with carefully when more significant investment sums are at play. Once they are interested in forming a long-term strategy to build significant wealth, they should steer clear of using smartphone apps to trade and instead consult a financial adviser.

03

TYPES OF INVESTMENTS YOU CAN MAKE

Ready to build a diverse portfolio? Let's take a look at some of the more common investments you can put your money toward with an eye on recent and potential performance:

■ **STOCKS:** When you buy stock, you're buying a small portion of ownership in a company—it's a way for fledgling businesses to generate the funds they need, and if the business is successful, your stock becomes more valuable over time. The risk is that some businesses don't grow the way you expect them to. In a bad economy, they might go out of business altogether. Therefore, it's important to research every company you're buying stock in to make sure you're confident in its success.

The pandemic dealt a bad blow to several big industries—such

as travel, hospitality, and live entertainment—that aren't expected to recover until the coronavirus is fully under control. However, while these industries are hurting, others have flourished. The Motley Fool points out that people looked for different types of travel and entertainment throughout 2020.

“The summer saw a run on recreational vehicles as Americans sought socially-distanced ways of going on summer vacation, lifting stocks like Camping World, Thor Industries, and Winnebago,” the company explains, “and this winter could mean the same thing for recreational vehicles like snowmobiles, and ATVs (all-terrain vehicles) in warmer parts of the country.”

When researching stocks you want to buy, consider what alternatives people might seek to the industries that are hurting. If people can't dine at eat-in restaurants, they're more likely

to patronize restaurants that deliver. Similarly, if they can't go see live entertainment, they are more likely to invest in streaming services.

■ **BONDS:** Think of a bond as similar to a loan. But instead of an individual taking a loan from a bank, a corporate entity or government agency is taking a loan from an individual. The bond serves as an IOU when you lend money to one of these organizations to accomplish a specific mission, such as a local government that's raising money for a new capital project. A bond will always include an end date by which the borrowing agency has to repay its principal (this is referred to as a bond reaching maturity).

BankRate considers bonds a good choice for the current market climate, although government bonds (which have the backing of the government) are a safer investment than corporate bonds, which sometimes might not be able to pay back its loan.

■ **MUTUAL FUNDS:** Can't afford a wide variety of assets on your own? Can't find time to do thorough research on the stocks you're buying? This is where mutual funds offer a huge benefit. With a mutual fund, you pool your money with other investors and buy a share of a diverse portfolio that otherwise might be outside your price range. They carry a lower risk because they're already diversified, and a professional fund manager does the research for you. The downside is that the fund manager does collect some fees.

Growing in popularity are a specific type of mutual funds known as **index funds**, which are created to mimic the performance of a financial market index, such as the S&P 500, the NASDAQ 100, or the Dow Jones.

BankRate explains that index funds offer “immediate diversification” and are “more resilient than many investments.” Ideally, BankRate recommends looking for index funds with low expense ratios, a term that refers to the rates charged by management companies handling the funds.

■ **ETFs:** Think of exchange traded funds (ETFs) as a hybrid of mutual funds and stocks. These increasingly popular funds involve a diverse bundle of assets the same way mutual funds do, of which investors buy a small portion. But whereas mutual funds are traded to and from the fund company and only at the close of market every day, ETF shares can be traded throughout the day and by individual investors the same way that stocks are. ETFs are designed to track indexes and are known for often having low- or no-fee trading costs.

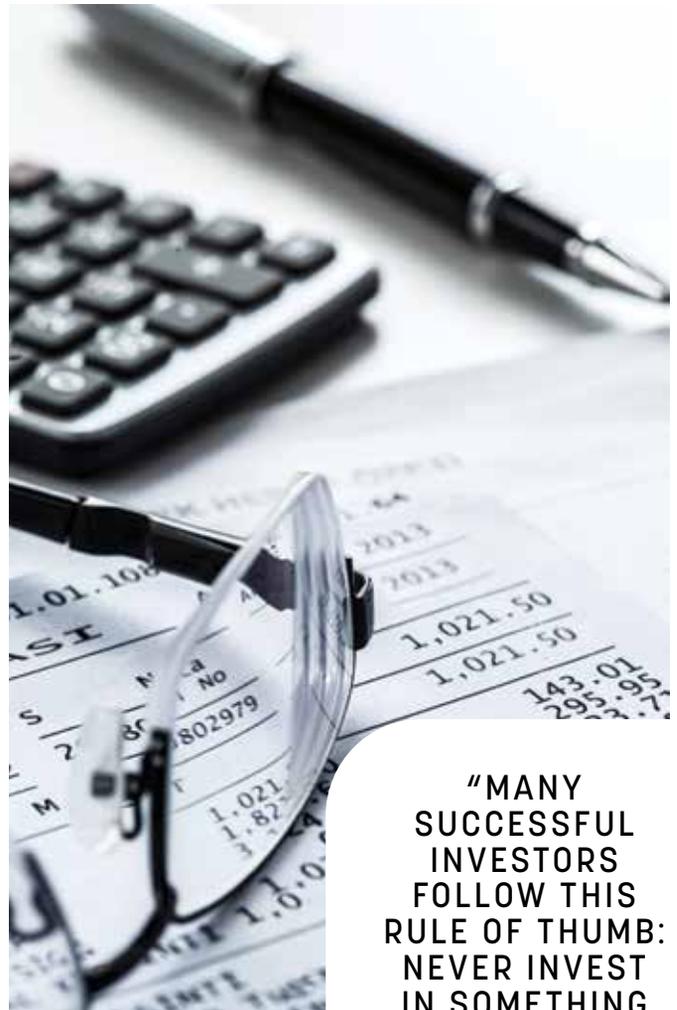


■ **CDS:** Formally known as certificates of deposit, CDs are one of the safer ways to invest. They are like a typical savings account but with more substantial interest rates (i.e. more money for you in the end) as long as you don't withdraw your deposit within a certain period of time. There's not as much money for growth with a CD compared with other forms of investment, but you are guaranteed to get your investment back plus more.

■ **401(KS):** Millions of people across the country invest money in their company's 401(K) plan to save money for their retirement, and most employers perceive a 401(K) as a key benefit they can offer. When employees divert a portion of their salary into this fund, an employer will typically match the amount (up to a certain number of dollars). The money put into a 401K is not taxed until it is withdrawn, usually once the investor retires.

Investments in 401(K) plans will likely be more lucrative for the majority of Americans in 2021 based on tax plans of President-elect Joe Biden, according to The Street. "Under Biden's plan, 401(K) participants would receive a tax credit calculated as a percentage of the amount contributed," The Street explains. "A tax credit serves to directly reduce the amount of tax due. However, this approach would result in a lower overall tax benefit for higher income 401(K) participants."

■ **ROTH IRAS:** Roth IRAs (short for "individual retirement account") are slightly different from employer-sponsored retirement plans in that the money deposited is already taxed and the investor doesn't need to pay taxes upon withdrawal. Roth IRAs are good for people whose taxes will likely be higher post-retirement than they are when they are depositing the money.



"MANY SUCCESSFUL INVESTORS FOLLOW THIS RULE OF THUMB: NEVER INVEST IN SOMETHING YOU DON'T UNDERSTAND. BE SURE TO ALWAYS READ AN INVESTMENT'S PROSPECTUS OR DISCLOSURE STATEMENT CAREFULLY. IF YOU CAN'T UNDERSTAND THE INVESTMENT AND HOW IT WILL HELP YOU MAKE MONEY, ASK A TRUSTED FINANCIAL PROFESSIONAL FOR HELP."

—U.S. SECURITIES AND EXCHANGE COMMISSION



04

SO, WHAT'S THE KEY TAKEAWAY?

Remember that the smart investing decisions you make will depend on the market, your income, the amount of time you have to let your assets appreciate in value, and—maybe most importantly—the risk you're willing to take.

And one other important piece of advice? Always have a firm understanding of what you're getting yourself into, per the U.S. Securities and Exchange Commission.

"Many successful investors follow this rule of thumb: Never invest in something you don't understand," the commission states on its website. "Be sure to always read an investment's prospectus or disclosure statement carefully. If you can't understand the investment and how it will help you make money, ask a trusted financial professional for help."

FAVORITE SALES AND LISTINGS OF 2020

THE
SHANE HALL
GROUP



302 ADAMS ST
Eastport | \$1,260,000 | Buyer



6 HOLLY PATH
Linstead | \$840,000 | Buyer



220 ROCK RIDGE RD
Kilmarnock | \$750,000 | Buyer



2750 BON HAVEN LN
Bon Haven | \$2,250,000 | Buyer



401 CHESTER AVE
Eastport | \$1,949,000 | Buyer



1106 SPY GLASS DR
Ulmstead Cove | \$1,800,000 | Seller



3302 KENNEY CT
Turnbull Estates | \$1,350,000 | Seller



357 SHERWOOD TRL
Epping Forest | \$1,150,000 | Seller



530 HEAVITREE LN
Chartwell | \$1,110,000 | Seller



23 HUNTING CT
Homeport | \$825,000 | Seller



328 EPPING WAY
Epping Forest | \$825,000 | Seller



702 W APPOMATTOX RD
Hardesty Estates | \$699,900 | Seller



1291 HOLLYWOOD AVE
Arundel | \$2,750,000 | Seller



29 HOMEPORT DR
Homeport | \$4,500,000 | Seller



1489 DOWNHAM MARKET
The Downs | \$1,295,000 | Seller



1 SEVERN CT
Eastport | \$1,895,000 | Seller

STATS OF THE YEAR

34

Total 2020
Transactions

99%

of list price on average sold
in a month or less on average

\$25.4M+

Total Volume
Closed

\$3.29M

Total Volume
Pending

\$28.7M+

Total
Volume

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1128 ASQUITH DRIVE



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WATERFRONT

\$2,095,000

3720 RAMSGATE DRIVE



LUTHERVILLE TIMONIUM

\$1,750,000

914 HILLSTEAD DRIVE



LEWES

\$1,400,000

30777 STEEPLE CHASE RUN



ANNAPOLIS

\$1,200,000

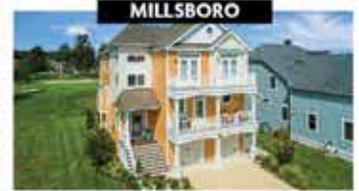
390 RIDGELY AVENUE



BETHANY BEACH

\$1,100,000

39631 WATER WORKS COURT



MILLSBORO

\$1,050,000

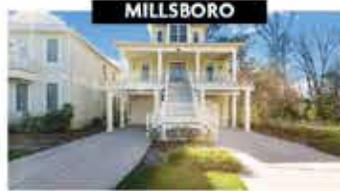
33412 MARINA BAY CIRCLE



MILLERSVILLE

\$750,000

902 WIL JA CON COURT



MILLSBORO

\$718,900

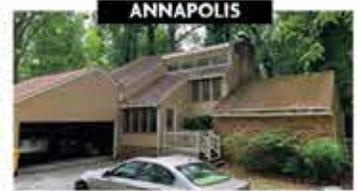
27474 S NICKLAUS AVENUE



HALETHORPE

\$700,000

1847 CLARK BLVD



ANNAPOLIS

\$675,000

2823 SOUTHAVEN ROAD



OWINGS MILLS

\$425,000

6 BARNSTABLE COURT



CLIPPER MILL

\$409,000

3516 BALMAR MEWS



HANOVER

\$400,000

7727 DUNCANNON LANE



LEWES

\$399,000

22421 S ACORN WAY



MILLSBORO

\$295,000

33585 WINDSWEEP DRIVE #7307



ARNOLD

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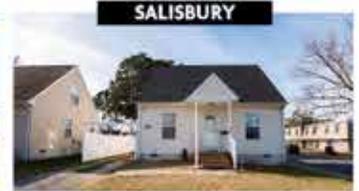
744 MAGO VISTA ROAD



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SALISBURY

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524 HAMMOND STREET



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RUXTON

\$1,550,000

8 MALVERN COURT



ARNOLD

\$1,500,000

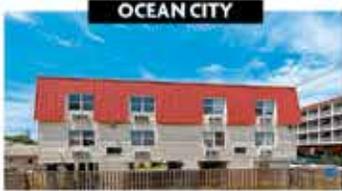
1199 ASQUITH PINES PLACE



CLARKSBURG

\$1,500,000

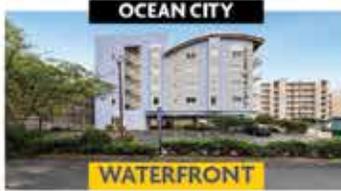
24018 BURNT HILL ROAD



OCEAN CITY

\$999,000

209 ROBIN DRIVE #9,10,11,12



OCEAN CITY

WATERFRONT

\$925,000

6 62ND STREET #502



HARBOR EAST

\$860,000

717 PRESIDENT STREET #204



SILO POINT

\$825,000

1200 STEUART STREET #2113



HARBORVIEW

WATERFRONT

\$600,000

100 HARBORVIEW DRIVE #PH4B



LEWES

\$589,900

16425 SAIL FISH COURT



SELBYVILLE

WATERFRONT

\$525,000

38178 DOCKSIDE DRIVE #1269



OCEAN CITY

WATERFRONT

\$469,000

15 140TH STREET #102



SEVERNA PARK

\$345,000

602 MCKINSEY PARK DRIVE #403



BEL AIR

\$325,000

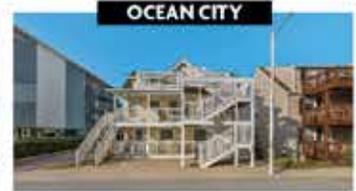
24 N KELLY AVENUE



ODENTON

\$299,900

1905 CAMELIA COURT



OCEAN CITY

\$299,000

16 39TH STREET #103



SEAFORD

\$185,000

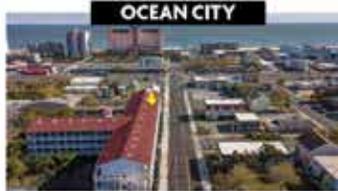
23813 DOVE ROAD



OCEAN CITY

\$179,000

1211 PHILADELPHIA AVENUE #5



OCEAN CITY

\$120,000

300 ROBIN DRIVE #102



MARDELA SPRINGS

\$114,900

11159 NORRIS TWILLEY ROAD





Where Everyone's at Home

SMART INTERIOR CHOICES FOR EVERYDAY LIVING

By Lisa J. Gotto | Photography by David Burroughs

Put up four walls and you have certainly created the base for a house or shelter; but it's how you treat these structures and their corresponding floors and ceilings that separates a home with character and true form from just a roof over your head.

Fortunately, most homeowners aren't content to live within that basic, four-wall construct and they get creative or hire someone to be creative so their home excels to the level of a *dwelling*—a space and a place to be and live, surrounded by aesthetics that are the most pleasing and practical for you.

Such was the case with this month's feature home, an interior design project creatively driven by the team at Annapolis-based Purple Cherry Architects. This project provides an excellent example of the ancillary services the firm can provide even if they aren't the architect of record for the home.

COMMUNICATING ON THE CREATIVE

Firm principal Cathy Purple Cherry explains they entered the project at a fortuitous time, with most of the aspects of the interior design for the classic Queen Anne-style home still on the table for discussion. This included wall coverings, paint colors, tile patterns, countertop selections, light fixtures, and even furnishings.

While some may consider this to be "all the fun stuff" about appointing a new home, the process can get very involved. Communication with the homeowner is key, explains Purple Cherry.

"The wife was very involved and definitely knew her taste, which was great." Purple Cherry says the wife's prior experience with a whole home's interiors was evident in their conversations. "She knew what she liked and was able to communicate very well."

After those preliminary discussions, it became clear that while the homeowners had discerning taste, they also had an active family with three children, pre-teen through high school age, that would require the home to provide the ultimate balancing act of style and substance.

Let's take a peek at some of the rooms we loved to see how that ultimate balancing act was achieved.

◀ MAKING A LIVING

Talk about a home where “everyone” is comfortable. It is clear that this living room is truly for just that—living. It works exceptionally well because beautiful furnishings are paired with smart fabric and texture choices.



Supple leather, rich upholstered denim, and durable accent chair fabrics enable this room to actually be lived in. How many times have you walked in—and then right out of—a formal living room because it looked unapproachable? This room employs high-end finishes such as its luxe coffered beam ceiling treatment and custom built-ins to make the room welcoming and warm.

Another aspect of the design that makes the room approachable—the purposefully fun fabric pattern used for the window treatments.

“[The homeowner] wanted playful, bold patterns,” says Purple Cherry, of the Tinta starburst pattern by Robert Allan Duralee chosen for the blinds and drapes.

↑ GATHER ROUND

A complementary denim was used to cover the chairs in the home's sunny breakfast room. Again, the right fabric choice can make all the difference when it comes to a real-life residence where kids and pets roam. A spacious Gallery Trestle dining table from Century was a requirement for this family of five.

◀ DINING IN

Nothing too fussy, just lovely, thoughtful design and clean lines in the dining room. A convivial, round dining table is paired with comfy Brinley-style tufted side chairs from Vanguard. This understated approach to furnishings allows the focal points of the room to take center stage.



THE THOUGHTFUL USE OF WALLCOVERINGS

Throughout this home interior project, you'll notice that subtle wall covering choices were used to enhance certain areas. In the home's entry and hallway guests are greeted to a large-scale pebble leaf tone-on-tone pattern that lends visual interest without overwhelming the eye. In the powder room, a smaller leaflet pattern, one of Cathy's all-time personal favorites, was used and provides just the right backdrop against all-white porcelain. "I love wallcoverings," Purple Cherry says. "A wallpaper to me is like artwork and I think it can help humanize the scale of a room. I love tone-on-tone wallpapers that bring texture to the wall, but not necessarily at pattern—at times—to elevate it for sophistication." Cathy also suggests using wallpaper in unexpected places like the ceiling of a smaller area like the powder room and "I love to use wallpaper at times behind the back of built-ins." ↓



The room is accentuated with two, custom bronze and glass wine refrigeration units; one with the specific temperature for white wine and the other for red— a stunning comment to the homeowners' exceptional taste and sensible, real-life design approach. After all, wine cellars are nice, but they are rarely convenient.

"The old way was, build a wine cellar down the basement and pretend you might dine down there and it never gets used," Purple Cherry says, adding that the new approach of creating wine storage where it is most often used can work well with this eye-catching "china cabinet" approach.

↑ A PLACE TO DREAM

Transitioning a young boy's bedroom to a young man's bedroom was keenly accomplished with this custom interior treatment that reflects the young man's love of the outdoors, camping, and exploring. The symmetry of rustic tree trunks and branches on wall coverings is well balanced with the warm coffered and bead board ceiling treatment, warm woodsy furnishings, and the ember-like glow of two perfectly poised geometric sconces overhead.



A MASTER'S RETREAT ⇨

At the end of the day, we all know that laying our busy heads upon the pillow is what's most rewarding, and often our gaze then looks upward. A smart interiors professional can make this a special moment. The inhabitants of this master suite aren't even dreaming yet when they see this coffered ceiling treatment of gray-stained raked poplar. It beautifully coordinates with all the calming shades of gray chosen for the room's soft goods and its sleek, contemporary choice of overhead lighting fixture.

⇧ ALL TOGETHER NOW

Seasons change, but good taste is perennial. Reflected here is good taste combined with good sense in the form of indoor/outdoor furnishings with practical fabric choices that are stain-resistant and reject odors and bacteria. The room does a wonderful job of welcoming in the outdoors, but when needed it can also warm the air with the help of strategically placed space heaters.

This show-stopping seasonal gathering space has everything a family needs to create comforting quality time and that all-important sense of "dwelling" that make your four walls a home of character and true form.



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HOME DESIGN

The Four Essential Elements of Hygge

...FOR THE LAST TWO MONTHS OF WINTER

By Lisa J. Gotto

While we still have a month or two of colder temperatures and indoor living yet to navigate, we thought you just might need a little more motivation to push through this “homestretch” of being housebound. After all, even the most clever and creative homeowners have their limits.

If you’re not familiar with the Danish décor concept of “hygge,” simply, it’s the idea of creating a convivial and cozy surrounding in your living spaces, so it becomes more about truly dwelling within them rather than just existing about them.

Several elements are essential to bringing more hygge into your home. They are: lighting, flame, fabric or texture, and wood. With the right mix of these essentials you’ll enhance the atmosphere of your home so it can conjure the relaxed feeling of sitting by a warming fire, book and coffee in-hand, anytime, and anywhere in your house.

1. WOOD, YOU PLEASE!

Even the most contemporary of rooms warms up when elements of **wood** are introduced. Again, you don’t have to go all-out cabin to experience the affect of hygge. You don’t even need for the wood to be deep in tone to convey a warm mood.

This room easily applies aspects of hygge style and blends them into one totally livable and loveable space; something you might even find in a Chesapeake area home. Proving, while it may be great to be a Dane, anyone, anywhere with the right essentials can bring the concept of hygge home!

2. THE INS AND OUTS

Did we say “in” your house? Well yes, but, with our lives being what they are right now we can also explore bringing these concepts to our patios and seasonal rooms, as well.

Case in point, this wonderfully inviting outdoor space is ready for those most temperate days where there’s warming winter sun and only a mild chill in the air. This is the perfect space to say, “Let’s have lunch” or happy hour libations outside today, with its elements of fire, wood, lighting, and textures. Particularly, take notice of the **lighting element** in the space. It’s a rustic table lamp. Homes with hygge adhere to mood lighting, so no heavy or too fussy-looking overhead or pendant lighting here.

3. FIRED UP

In most instances you would never expect a room like this without window treatments and floor coverings to seem warm and welcoming and yet it is. Primarily, those dancing **flames** in its impressive fireplace do all the hard work of making it softer, and bringing the hygge.

This room’s vibe is further enhanced by the texture it gains in its use of warmer-toned metals and a variety of woods. So, it is still a place you will want to dwell on those colder days. With just a few tweaks, however, it can easily adapt to the warmer weather that will eventually arrive.

4. NO FIRE IN THE FURNACE?

Not all our spaces come equipped with fireplaces, but there are ways you can have that covered, too. By adding candles, cozy throws of various weights, and a collection of **texture**-enhancing pillows, you’ll create a mood that’s comforting and relaxing—what hygge is all about.

One other way the space takes on a warmer feel is with the introduction of life into the room by adding a houseplant. It’s true; sometimes it’s the smallest of touches that provide the most impact. Plus, adding an element of live greens also reminds us of the season we’re anticipating, spring!



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HOME GARDEN

Three Small Changes to Help the Environment

By Janice F. Booth

As I bundle up before the fire and wish spring would hurry up, my thoughts often wander to the joys and activities that are ushered in with the spring's breezes. Along with getting the bikes tuned up and the barbecue cleaned, those of us who enjoy working on our gardens also know there are tasks and plans that must be addressed. Maybe it's finally time to have that flagstone path installed, or perhaps this is the spring when you remove that half-dead tree. After what the environment has suffered over the last eleven months, this may be the spring we really commit to doing more to protect and restore the environment.

With that last resolve in mind, here are three suggestions I've come across that will reduce our impact on Mother Earth. Each suggestion is easy to implement and sure to make you feel that you are making a positive difference for the environment.

FIRST, WATER CONSERVATION.

Of course, we all try to be mindful of water usage in our homes. Our toilets, washing machines, and showers are fitted with devices to help limit the water flow. But, when we step outdoors, our gardens and lawns always seem to be calling out for another sprinkling, a good soak, more water!

Rain barrels: If you haven't already done so, you might be ready now to commit to rain barrels at the bottom of each of your downspouts. They're commonly available at hardware stores, and the children in your life can have fun decorating all the barrels. (They may already have done some of this at school.)

Soaker hoses: Switch out that uncooperative garden hose for a few soaker hoses. You can choose the type that roll out from the downspout, and after the storm they roll up again. The soaker hose allows the water to seep deep into the roots of your plants. Water is not evaporating or, as

with my uncooperative sprinkler, watering the sidewalk and sometimes the street.

Grey water-buckets: An easy way to conserve water and keep your potted plants flourishing, both indoors and outside, is the "Bucket Brigade." All you need are small buckets, one for each bathroom shower. (Perhaps an attractive model, hand painted by some clever artist in your life.) Put a bucket under the faucet when you turn-on the shower to let it heat-up. Instead of sending all that water down the drain, you'll have a bucket of water to carry to your thirsty plants.

Gray-water plumbing: If you're ready to really step up to more intensive water conservation, call in a plumber. Have the drains from your dishwasher and wash machine plumbed to go outside and into a containment receptacle. (There are plans online to give you some ideas.) Unless you're very handy with PVC pipe, don't try this on your own.

SECOND, NATURAL FERTILIZER

AND WEED KILLER: Nitrogen run-off is a major contributor to pollution and diminishment of plant and animal life in our creeks, rivers, and the Chesapeake Bay. We all know about the damage chemical fertilizers can cause. There are natural fertilizers and herbicides (weed killers) that can feed our plants and get rid of weeds without causing further damage to our waterways.

Compost: How many times have we read an article or watched a video explaining how to setup a composting

site. It's an excellent way to put leftover food waste and plant matter to use. But, it requires a discreet location to avoid unpleasant odors wafting over your neighbor's fire pit and pesky critters rummaging through the composting material. So, an alternative for those of us who are reluctant to tackle our own compost bins... natural compost by the bag. You'll find organic lawn and garden fertilizer by the bag at the hardware store and, sometimes, sold by the Chesapeake Bay Foundation and other conservation groups. They're the best, often containing byproducts from regional fisheries. Farmers sometimes sell bagged manure as well.

Weed killer: There are lots of recipes online for mixing up a batch of effective weed killer. They usually involve vinegar and sometimes salt. You'll find one that works for you. They have the added advantage of insuring the safety of children and pets.



THE THIRD CONSERVATION RESOLUTION IS PERHAPS THE MOST FUN, NATIVE PLANTS.

While it's interesting to coax exotic flowers, shrubs, or trees to grow and flourish in our gardens, such pampered plants also demand lots of attention and special watering, fertilizer, and protection from pests. Think about replanting some or all of your flowerbeds with native plants. They're hardy and attractive, and used to the weather conditions of our mid-Atlantic region. Usually, they require less water and are resistant to regional pests.

Ivy, Periwinkle, Ajuga, Sedum:

You may want to replace parts of your lawn with hardy, green groundcover. Groundcover provides the same rest for the eye contrasting with the showy, taller flowerbeds. Groundcover can provide charming, seasonal blossoms as well. Periwinkle sports tiny, purple flowers in the spring; Ajuga leaves turn deep russet in autumn.

Snapdragon, Petunia, Zinnia, Foxglove: Those flowers we might think of as "old-fashioned"

have retained their popularity for a reason—they're survivors. If you add groupings of these dependable plants to your garden, you'll add color while saving worry and effort.

Locust, Gingko, Hickory, Crape Myrtles, and Redbuds:

Drought-resistant trees are a boon to our landscapes and our lives. The Shagbark Hickory's woolly bark is endlessly intriguing. Who can ignore the rosy blossoms and heart-shaped leaves of the Redbuds or the autumnal gold, fan-shaped leaves of the Gingko? (We won't dwell on their stinky seed balls in the spring.) Crape Myrtles and Honey Locusts are familiar beauties.

After all your work implementing these suggestions, here's a little hint to impress your neighbors and friends. Everything discussed here—water conservation, natural fertilizers and herbicides, and using native plants—is part of the gardening philosophy with the impressive name, *xeriscaping*, from the Greek "xeros" or dry.



Sunny Side of the Street

By Lisa J. Gotto

Photography by Michele Sheiko of Real Patience

There is nothing quite like the charm and quality of a pre-war era home, and this timeless Tudor located on one of the prettiest streets in Annapolis has ample supply of both. Architectural details such as arched doorways, accent windows, glass doorknobs, and gorgeous wood trim treatments abound.

This storybook-like home offers a low maintenance Stucco and brick exterior, highlighted with a steeply pitched gable roof indicative of Tudor style. The first floor of the home offers beautifully maintained honey-colored hardwood floors which are accompanied in the formal living room by a white-washed brick, woodburning fireplace. Much natural light enters from the home's many sash window groupings.

To the left of the living room the light follows under a large archway and into a comfortable and gracious dining room with warm, rustic touches and many windows. This room flows into a beautifully executed kitchen with two-tone custom chestnut cabinetry; chestnut cabinets above are balanced by subtle green cabinets below. Gorgeous crown molding in the same chestnut hue help frame the room, as does a rustic creamy white tile backsplash. A six-burner Wolf gas range with additional grill top and double oven, gleaming granite countertops, and a stainless-steel appliance package adds panache to the room, as does its archway feature that leads to additional pantry storage and a clever built-in bench for extra seating. A cozy family entertainment space is also located in the home's Florida room on the main floor.



Primary Structure Built: 1940
Sold For: \$1,017,000
Original List Price: \$1,095,000
Bedrooms: 3
Baths: 2
Living Space: 1,894 Sq. Ft.
Lot Size: 0.45 acres



Upstairs, the homeowners will enjoy a lovely master suite with Tudor period details and a well-executed master bath with two separate vanities and wonderfully large Jacuzzi-style tub and stand-alone glass shower. Two additional generous bedrooms with lovely character windows and an additional full bath are available on the home's second floor.

On the third floor, the home offers a spacious home office and additional space for a workout room.

This property's enviable corner lot offers lush grounds dotted with mature trees, lovely brick walkways, and a detached two-car garage. It's desirable location offers downtown Annapolis enticements just minutes away.

Listing Agent: Alex Tower Sears; Coldwell Banker Realty; m. 443-254-5661; o. 410-263-8686; asears@cbmove.com; coldwellbanker.com

Buyer's Agent: Georgie Berkinshaw; Coldwell Banker Realty; m. 443-994-4456; o. 410-263-8686; gberksinshaw@cbmove.com; coldwellbanker.com



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Primary Structure Built: 1881
Sold For: \$1,440,000
Original List Price: \$1,750,000
Bedrooms: 4
Baths: 4
Living Space: 4,020 Sq. Ft.
Lot Size: 0.13

HOME REAL ESTATE

Of Splendor & Style

By Lisa J. Gotto

Truly one of Annapolis' standout signature properties is this Queen Anne Revival/manor-style home with its impressive brick and beam construction. From the moment you step on the front porch you feel transported back in time and experience the sense of history a home of this character conveys.

A genteel front porch setting where one can look upon the lovely tree-lined street leads you to the spacious formal entry with its set of double doors with upper glass panels. Once in the space you are struck by the home's first taste of its character-inducing woodwork and its 12-foot ceilings. This space alone is large enough for cocktail party-type entertaining with overflow space off to the left of the front door where you'll enter the home's gracious formal living room. This space offers an ornate period-style fireplace with converted gas insert, impeccable light hardwoods, a cozy alcove for reading, and windows with charming craftsman style inserts.

This level also accommodates formal dining in a grand style in the gorgeous dining room with its own converted gas fireplace, lovely original hardwoods, and even a portrait of the home's original owner on the wall to, no doubt, spark lively dinner conversation of this dwelling's historical significance.

Steps away is a large, gourmet kitchen oozing with Old World charm optimally blended with modern day conveniences. The hearth in this room alone with its rustic brick inset and built-in shelving to the side is a statement-maker. An enticing



watery green tile backsplash wonderfully offsets the room's two-tone custom cabinetry with painted white woods on the top and a warm chestnut below. The farmhouse sink is framed with a charming three-panel arch window with insets and the alabaster white countertops provide the icing on the cake of a chef's dream kitchen. Lest we forget the exquisite and well-appointed period style butler's pantry providing extra prep and storage space.

Throughout the home you'll find exquisite original details including elaborately carved woodwork, oversized covered moldings, a variety of built-ins, and ornate brass hardware. The main level also features a private side entrance, mudroom, full bath, and laundry facilities.

Upstairs, the home's prior servants' quarters have been converted to three generous-sized bedrooms and a full bath. A few steps above this level you'll find the home's oversized master bedroom suite that boasts a gas fireplace and a plethora of built-in custom cabinetry. This room flows into the spa-like master bath retreat, again offering vintage details blended with modern conveniences. Just beyond the master is a library with beautiful bookshelves, a built-in desk area, fireplace, and great views.

Outside of the home there is a welcoming courtyard for multi-level entertaining adorned with brick pavers, an inviting fence line, and mature trees. Enjoy cocktails here and then take a short walk along the cobblestoned streets of Annapolis for an evening of dining in the historic downtown.

Listing Agent: David Orso; Compass Real Estate; 8 Evergreen Road, Severna Park; m. 443-691-0838; o. 443-372-7171; david@davidorso.com; davidorso.com

Buyer's Agent: Cheryl Jersey-Lecourt; Long & Foster Real Estate | Christie's International Real Estate; 320 6th Street, Annapolis; m. 410-271-3387; o. 410-260-2800; cj@lfnf.com; longandfoster.com



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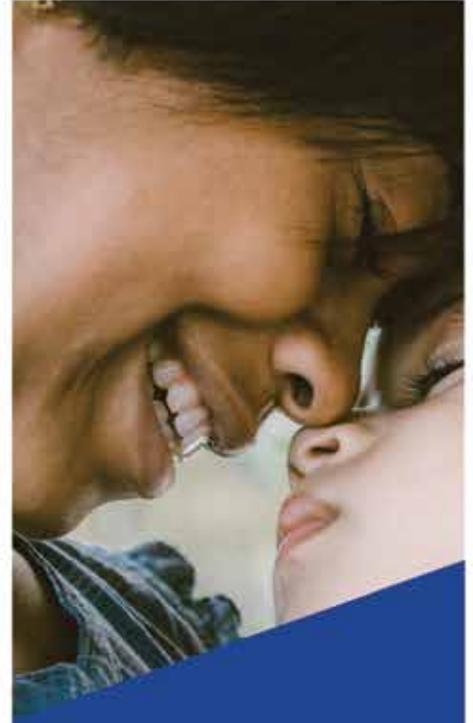
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Fresh Take

HORSERADISH

By Dylan Roche

Congested? You might just need to eat something with a bit of kick to clear your airways. If you want something that provides that reliable burst of heat but without the burning aftertaste you often get with peppers, look no further than the winter vegetable horseradish.

Part of the Brassicaceae family along with Brussels sprouts, rutabaga, cabbage, and turnips, horseradish comes out of the ground in the form of a large off-white root. When it's intact, it doesn't have much of an aroma to it. But as soon as you cut into it and start chopping it up, it releases a type of oil known as allyl isothiocyanate that's the source of its pungent odor and flavor.



Classic Horseradish Sauce



INGREDIENTS:

1 cup sour cream
 1/3 cup pulsed horseradish root
 1/3 cup white vinegar
 1/3 cup water
 1 tablespoon coarse sea salt
 1 tablespoon sugar
 1 teaspoon apple cider vinegar
 1 tablespoon chopped chives
 Salt and pepper to taste

DIRECTIONS:

Begin by combining the white vinegar, water, sea salt, sugar, and horseradish in an airtight container and allowing it to soak overnight. Drain the prepared horseradish and combine it with the remaining ingredients. Serve with steak, prime rib, beef tenderloin, or deviled eggs.



In fact, as far back as ancient cultures, including the Egyptians and Greeks, horseradish was used as an early form of an expectorant. It became a culinary mainstay in Eastern and Central Europe before spreading across the continent to eventually reach England in the 17th century. The English were the first to use horseradish as it is traditionally used today: shredded, seasoned, and served alongside beef and oysters for a bit of strong flavor. Settlers later brought horseradish to the Americas, and today, the U.S. population enjoys nearly six million gallons of prepared horseradish every year.

Most people don't eat horseradish in large amounts—it's most often served as condiment because of its strong taste. A larger serving would be way too intense! In fact, some Japanese restaurants serve horseradish disguised with a bit

of green food coloring in place of wasabi. But even in small amounts, horseradish provides several important vitamins and minerals, including potassium, magnesium, zinc, and vitamin C.

The true health benefit of horseradish, however, lies in its potentially antibacterial and anticancer benefits. It's rich in compounds called glucosinolates, which can inhibit the growth of

cancer cells, and the allyl isothiocyanate oil that gives it such a strong taste can help fight bacteria like *E. coli* and salmonella.

And don't think that its potential for relieving colds and other respiratory problems is all folk medicine and superstition—studies have actually shown that horseradish can be just as effective as antibiotics in healing sinus infections.

Still, it's important to be careful. Although that burning sensation is healthy to an extent, too much horseradish can irritate your throat and nose or upset your stomach. Because of this, horseradish isn't recommended for people who are sensitive, such as those with digestive issues or who are pregnant. It's also wise to stick to horseradish as a food and avoid supplemental horseradish, as supplements can deliver horseradish in large, concentrated quantities.

Want to enjoy some fresh horseradish this winter? Start by mastering a classic horseradish sauce (it's easier than you think). Then you can get more adventurous from there, adding horseradish to stews, soups, salads, roasts, and casseroles.

German Potato Soup

INGREDIENTS:

1/4 cup butter
 4 cloves garlic, peeled and crushed
 1 small onion, chopped
 1 leek
 1 pound white potatoes
 2 1/2 cups chicken stock
 1 1/2 cup heavy cream
 1 celery root, chopped
 2 tablespoons grated horseradish
 1 bay leaves
 1 teaspoon nutmeg
 2 teaspoons cloves
 1 teaspoon chopped marjoram
 Salt and pepper to taste

DIRECTIONS:

Begin by peeling and chopping the potatoes and cutting up the leeks. Heat the butter in a large saucepan over medium heat. Add the garlic, onion, and leeks, stirring for about five minutes until they're softened and fragrant. Add the potatoes, stock, cream, celery, horseradish, marjoram, cloves, and bay leaves. Allow it all to simmer until the potatoes are softened (approximately 45 minutes). Transfer everything to food processor and puree until smooth. Return to the saucepan and set over low heat to stay warm until ready to serve.



HEALTH & BEAUTY FITNESS

Fitness Tips

COMMERCIALS CALISTHENICS

By Dylan Roche

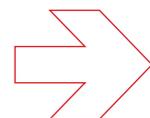
Ever noticed that you spend your annual Super Bowl party sitting comfortably on the La-Z-Boy while you watch other people engage in intense physical activity on TV?

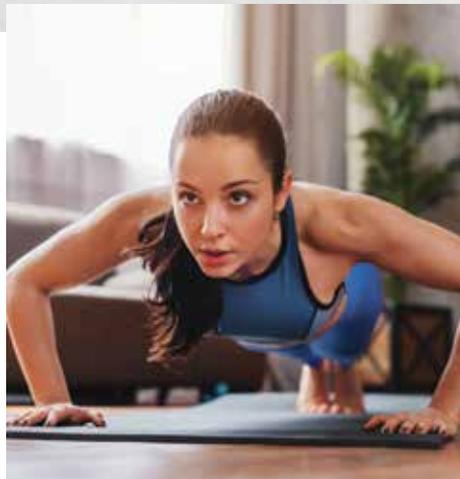
Why not change things up a little bit? It's not as if there's a rule stating that your annual tradition has to be completely sedentary. All it takes is a few calisthenics to turn an otherwise lazy evening into a chance to get your blood pumping and your muscles engaged—it will make the game a lot more interesting, and you can even get the equivalent of a workout in.

There are plenty of calisthenics you can do, but let's refresh your memory on a few of the basic ones. Using these calisthenics, try creating a routine you have to do during each commercial break.

Or you can get your fellow viewers to participate by doing certain exercises when designated events happen during the game. Your team misses a catch? You have to do 20 pushups. Your team intercepts the ball? You get to challenge your fellow viewers who are cheering the other team to do 10 burpees. Then everybody has to run in place during the halftime show or during every replay shown on screen.

Here are the exercises you could try





LUNGES: *great for your quads, hamstrings, glutes, and calves* 1. Stand with your feet shoulder-width apart. 2. Step forward with your right foot and lower your left knee to the ground. Your right leg should form a 90-degree angle in front of you. 3. Return to the starting position and repeat by stepping forward with your left foot and lowering your right knee to the ground.

SQUATS: *great for your quads, hamstrings, and glutes* 1. Stand with your feet shoulder-width apart and your arms by your sides. 2. Lower your hips to the ground, keeping your spine straight and your core muscles braced tight. 3. As you go down, raise your arms up to be parallel to the floor. When your legs are at a right angle, pause and hold for five seconds. 4. Finish by raising yourself back up to the start.

PLANKS: *great for your abdominal muscles* 1. Prop yourself up on your forearms with your face toward the floor. Your feet should be kept close together as the other end of your body balances on your toes. 2. Keep yourself completely straight from shoulders to ankles, and squeeze your stomach muscles to keep your core tight. 3. Hold for 30 seconds.

PUSHUPS: *great for your chest (pectorals), shoulders (deltoids), triceps, and abs* 1. Assume your starting position with your body facing the floor, resting on your outstretched arms, palms flat against the floor, shoulder-width apart. 2. As you bend your elbows to lower yourself to the floor, keep your body straight and avoid the tendency to let your back dip. 3. When your face and chest are about an inch from the floor, raise yourself back up by straightening your arms.

BURPEES: *a full-body workout that targets all major muscle groups* 1. Assume pushup position and complete one pushup. 2. Once you are pushing yourself back up and returning to your starting position, kick your feet forward and draw your body into a squat position with your knees bent and your head held high. 3. Immediately, jump up as high as you can, stretching your arms over your head and straightening your body completely out. 4. Land with bent knees and drop straight into the pushup position to repeat the exercise. The entire movement should be fast and fluid.

JOGGING IN PLACE: *great for your calves, core, quads, glutes, and cardiovascular endurance* 1. The most effective jogging in place is much more dramatic than the movements you'd make if you were actually jogging. Each

time you lift your leg, bring your knee up above your waist. 2. Swing your arms, moving your elbows in a full pendulum arc. Your left elbow should come forward when you raise your left arm, and your right elbow should come forward when you raise your right arm.

If you like the idea of commercial calisthenics, don't limit yourself to doing it just once a year during the Super Bowl. You can incorporate these exercises into any nightly TV spree.

Remember, you need only 150 minutes of moderate activity a week to enjoy most benefits, per the Physical Activity Guidelines for Americans put out by the U.S. Department of Health and Human Services. This breaks down into about a half-hour five days a week—that's pretty easy when you think about it that way!

Is Laser Hair Removal the Option for You?

By Dylan Roche



Men can also undergo the procedure to deal with excess body hair that makes them self-conscious or uncomfortable, such as hair on their back. Male athletes like swimmers and cyclists will sometimes get laser hair removal to improve their performance in competition.

Anyone who's had to remove hair from their body on a regular basis—whether through shaving, tweezing, or waxing—will agree that it's a tedious and sometimes painful part of their grooming routine.

But there's one other option: laser hair removal. It's not as common and it isn't the right method for everyone, but in certain cases, it yields great results.

Got questions about laser hair removal? Here's what you should know...

DOES HAIR REMOVAL SURGERY ACTUALLY USE A LASER TO REMOVE HAIR?

Yes, it does. A dermatologist or cosmetic surgeon performs laser hair removal surgery by aiming the laser at the area of skin where hair removal is desired. The concentrated light from the laser is absorbed

by the pigment in your hair, which damages the hair follicles and stops your hair from growing in the future.

IS THIS EFFECTIVE FOR ALL HAIR?

You can get laser hair removal anywhere on your body except for around your eye, as there's risk of eye injury from the laser. However, areas like your legs and armpits are fair game. You can even get laser hair removal on areas of your face that aren't too close to your eyes, such as your chin or upper lip.

The process has the greatest effect when there's a contrast between your skin tone and your hair color (fair skin with dark hair) but advances in technology have improved results for people with darker complexions. It's still less effective on lighter hair colors, which don't absorb light as well as dark hair colors. If

you have blond, red, gray, or white hair, you might need to consider other options.

IS THE HAIR REMOVAL PERMANENT?

It depends. While laser hair removal is commonly regarded as a procedure you have to do every few months to maintain results, the American Academy of Dermatology says that technology has gotten to the point where the skin stays hair-free for years. Any hair that does grow back will likely be thinner and less noticeable.

DO MEN GET LASER HAIR REMOVAL?

They do! While most laser hair removal patients are women, there are many men who have their hair lasered off so they don't have to deal with razor burn or ingrown hairs. The treatment can be used to remove hair from their beard or mustache area or to sculpt their sideburns.

DOES IT HURT?

Although the laser leaves the skin undamaged when it attacks the hair follicle, some patients do experience skin irritation and redness for a few hours. In rare cases, there might be blistering, scarring, and changes in skin color and texture. To soothe this, doctors recommend using a simple ice pack against the skin or hydrocortisone cream.

WHAT SHOULD I LOOK FOR IN SOMEONE WHO PERFORMS LASER HAIR REMOVAL?

Look for a dermatologist or cosmetic surgeon who has experience and who has achieved good results on someone with your complexion and hair color (ask to see before and after photos of their previous work). Per the advice of the American Academy of Dermatology, avoid going to a salon or spa where you don't know whether the person performing the procedure is qualified.



HEALTH & BEAUTY HEALTH

What Do People Mean by Good Fat?

By Dylan Roche

You hear people refer to it all the time—“good fat.” They use it to describe foods like olive oil, avocado, peanut butter... but what exactly does this mean? And how exactly is good fat different from bad fat?

In short, good fat is the type of fat that helps your cardiopulmonary system instead of hurting it. So if you're looking for a few easy dietary swaps to treat your ticker better during American Heart Month, here's the skinny on what you should know about fat:

YOU NEED FAT: First off, and maybe most importantly, fat is essential for good health. Energy dense, providing more than twice the calories per ounce when compared with carbohydrates and protein, fat is found abundantly in animal products, nuts, seeds, and even a select few fruits and vegetables.

Fat digests slowly, so it helps you feel satiated after a meal, keeps you feeling full longer, and reduces the impact of fast-digesting carbohydrates on your blood sugar. It's also important for numerous bodily functions, including the absorption of certain vitamins and minerals.

SATURATED AND UNSATURATED FATS: So what kind of fat should you be consuming and what kind should you avoid? Health experts encourage you to consume more monounsaturated fat and polyunsaturated fat, and reduce your consumption of saturated fat. That's because mono- and polyunsaturated fats improve your blood cholesterol levels and reduce your risk of heart disease.

HDL VS. LDL: Your blood cholesterol levels are made up of high-density lipoproteins and low-density lipoproteins, more commonly referred to as your HDL cholesterol and LDL cholesterol.

These lipoproteins transport cholesterol through your bloodstream for vital functions like cell formation and hormone synthesis, but it's HDL that takes the cholesterol to your liver to be flushed out when all is said and done.

The problem is that most people have lower levels of HDL and higher levels of LDL than they should. Too much LDL causes buildup of plaque on the walls of your blood vessels, which restrict the flow of blood and can ultimately lead to a heart attack or stroke.

WHAT'S SO BAD ABOUT SATURATED FAT?: The reason health experts warn people to watch their consumption of saturated fat is because it raises your blood cholesterol levels (both HDL and LDL). In contrast, polyunsaturated fats lower your blood cholesterol (both HDL and LDL) and monounsaturated fats raise your HDL and lower your LDL.

High consumption of monounsaturated fat—and, in turn, high levels of HDL in your bloodstream—keep your vessels free and clear of any plaque.

CHOOSE HEALTHIER FATS: Experts such as those at the American Heart Association and the Centers for Disease Control and Prevention emphasize that a healthy diet is one of the best ways of preventing unhealthy cholesterol levels.

Focus on keeping your intake of saturated fat (often found in meat and dairy products) to less than 10 percent of your calories per day, and opt for foods that are high in mono- and polyunsaturated fats instead—think vegetable oils (olive, canola, peanut, safflower), nuts and nut butters (peanut, almond, cashew), and seeds (sunflower seeds, pumpkin seeds). Avocados and olives are also rich in healthy fats.

Healthy Routines for Mind & Body

By Dylan Roche

PLANTS AREN'T FREE OF SATURATED FAT:

While saturated fat is most commonly found in animal products, it's still found in some plants, most notably in tropical foods. In fact, coconut oil has more saturated fat than butter! And saturated fat from plant foods isn't any healthier than saturated fat from animal products. That's okay though—you can still have saturated fat in your diet as long as you are moderate and balance it with sources of unsaturated fat.

THE BAN ON TRANS-FAT: You might have heard about trans-fat, a type of fat resulting from vegetable oils that are pumped full of hydrogen to be solid instead of liquid at room temperature. Once commonly found in processed foods, trans fats were a source of controversy because they lower your HDL levels and raise your LDL levels—a double whammy when it comes to your heart health! But trans fats were banned in the United States in 2015 and food manufacturers had until 2018 to phase them out of production.

WATCH YOUR CHOLESTEROL LEVELS: The U.S. National Library of Medicine recommends people start getting their cholesterol tested early and often, depending on risk factors such as weight and family history. If a child has a family history of high blood cholesterol, heart attack, or stroke, it's wise to start testing as young as 2 and get tested every 5 years. By age 20, healthy individuals should be tested every five years up until after 45, when they should be tested every one to two years.

INCREASE YOUR INTAKE OF UNSATURATED FAT: If you're trying to reduce your intake of saturated fat and increase your intake of good fat, try cooking with olive oil or canola oil instead of butter and varying your sources of protein to replace some of your red meat with plant-based sources like beans and tofu. Remember, however, that all fat has the same number of calories per ounce, so people who are watching their weight will still need to be moderate in their consumption.

Remember the movie *Groundhog Day*? Bill Murray plays a cantankerous weatherman who gets stuck in a loop reliving February 2nd over and over and over again. While some degree of spontaneity is necessary to keep life interesting, the idea of doing the same thing every day isn't necessarily a bad one when it comes to your health. That's because routines tend to help people stick to habits that are good for them and avoid too much mental strife.

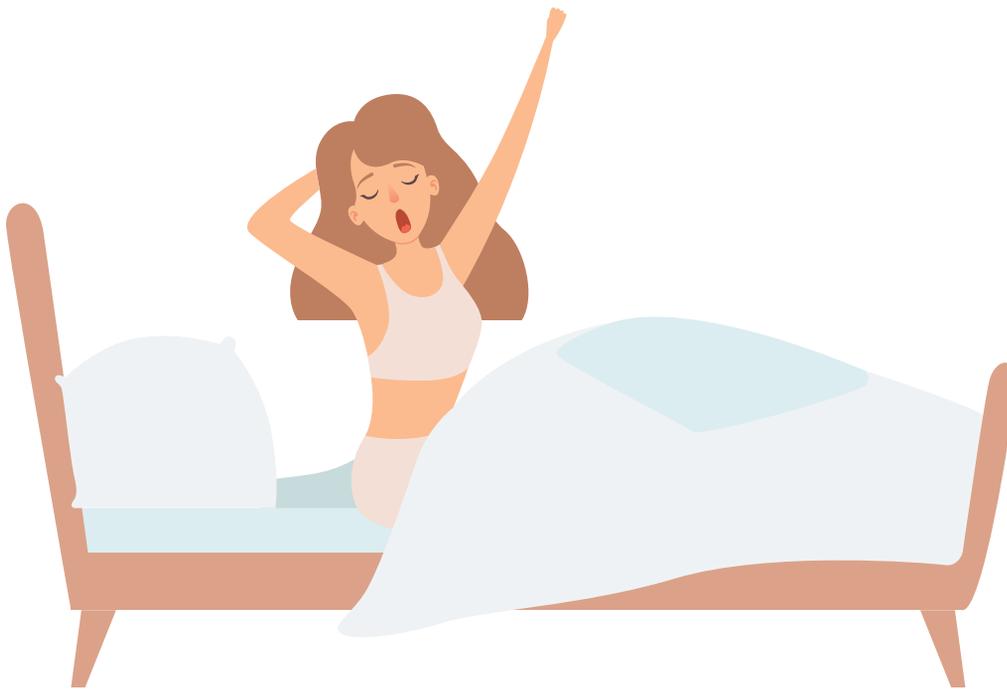
Good for your mind...

According to the national nonprofit Mental Health America, the average person faces a lot of stress when

they're trying to get done everything they need to on a daily basis. It can be even worse for those who struggle with depression or anxiety. Having a structured routine changes that.

This is because **making decisions, whether big or small, can be stressful**. If you are going through the same motions you do every day or every week, there are fewer choices you have to make: *Do you go to the gym in the morning or in the evening? When are you going to walk the dog? Are you going to get a chance to eat lunch today?* When you don't have to figure these things out in the heat of the moment, you reduce your stress levels and you're able to save your mental





energy for decisions that really warrant it, such as brainstorming during a team meeting at work. People who stick to a routine tend to have better problem-solving skills and have an easier time processing distress when they face it.

...And your body

But it's not just your mental health that benefits from a routine—it's good for your physical health too. According to a 2019 study "The Importance of Creating Habits and Routine" published by the *American Journal of Lifestyle Medicine*, **routines ensure people consistently check off all the boxes when it comes to wellness and self-care** like eating nutritious meals, exercising, and getting enough sleep. While most people are familiar with the expression "An apple a day keeps the doctor away," they tend to focus more on the part about "an apple" and less about "a day." But they're equally important—healthy habits aren't as effective when you do them only once in a while.

Having a routine means it's easier for these healthy practices to become second nature. They're a habit, something you do with very little thought.

Establishing a Routine

If you're trying to become healthier both mentally and physically, it helps to make a list of everything you want to accomplish for yourself. Don't forget the little things like brushing your teeth or a moment of meditation before bed. Now it's time to map out the order in which you'll do everything from the moment you wake up to the time you go to bed (scheduling your wake-up time and bedtime so as to get your necessary seven to nine hours of sleep, of course).

Remember that **not everyone is going to have the same routines**. Some people are going to want to go to bed early and wake up early, while some people tend to stay up later and enjoy a little extra sleep in the morning. If you don't have time to prepare healthy meals, plan a time to

meal prep on the weekend; if setting aside a few hours on Sunday afternoon isn't feasible, figure out how you can find 30 minutes before each meal time to make something healthy.

Your routine doesn't have to be the same every day. If it's easier for you to work out in the mornings on Mondays and Wednesdays and in the eve-

nings on Tuesdays and Thursdays, go ahead and do that—it still counts as a routine.

If you have any unhealthy habits, use your routine as a way of **replacing the bad habits with good habits**. Maybe you take a mid-afternoon smoke break. As you aim to quit smoking, keep the routine of leaving your desk and going out to the parking lot, but use the time for a quick walk instead of a cigarette.

Finally, don't forget that **social interaction is an important part of your health**, and you can use your routine as a chance to make time for it. Set aside 20 minutes for an evening phone call to a friend who lives in a different city or plan for a weekly board game night with your family.

Above all, remember to remain flexible—if something needs to change, let it. Your routine should help you eliminate stress, not contribute more to it.





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Many of our favorite restaurants are offering full or partial take-out/delivery menus to please all palates during this challenging time. Please consider ordering your next meal from them and support local business. For a constantly updated list of restaurants, visit Whatsupmag.com!

Seasoned to Perfection

By Tom Worgo

Photography by Stephen Buchanan

Steve de Castro fled Cuba in 1968 with his mother and sister and ended up in New Orleans. There, he got his start in the restaurant business as a 14-year-old dishwasher. Flash forward more than five decades. De Castro owns nine Ruth's Chris Steak Houses in three states, including four in Maryland.

At 23, he became general manager of La Riviera restaurant in Metairie, Louisiana, where he met Ruth Fertel, the brand's founder. He went to work for Fertel, taking on the worst-performing restaurant in the chain in Washington, D.C.

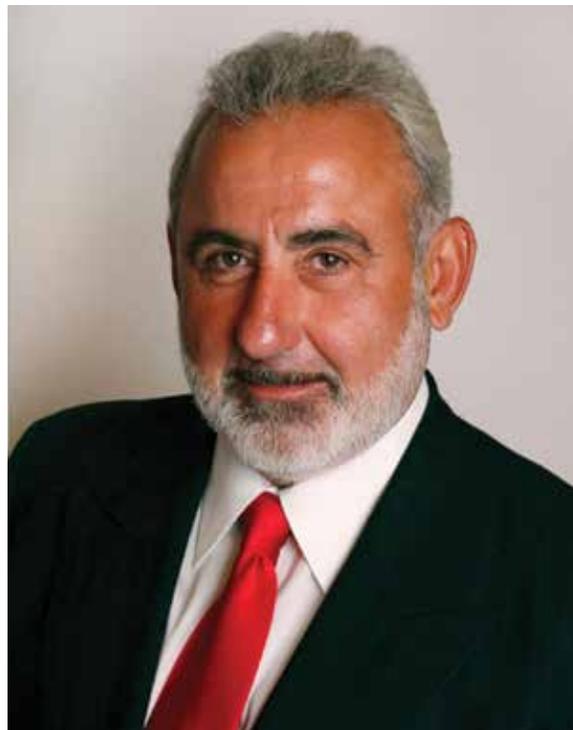
"When I went to work for Ruth, I was 30," de Castro says. "Within 12 months it became the best restaurant. I came in and cleaned house. I trained everybody to turn it up a few notches."

De Castro also made the restaurants he owns very successful. The Ruth's Chris in the Eastport section of Annapolis is particularly meaningful to de Castro since he was a long-time Crownsville resident. And the newer Odenton location is also receiving high marks.

De Castro recognizes the importance of his 35-year-old Executive Chef Ivan Garcia. Garcia became the youngest employee at any of de Castro's restaurants to hold that position. Garcia loves to prepare customer favorites: filet mignon, New York Strip steak, a pork chop, and double-breasted stuffed chicken.



RUTH'S CHRIS STEAK HOUSE
301 Severn Avenue,
Annapolis | 410-990-0033
1110 Town Center Boulevard,
Odenton | 240-556-0033
ruthschris.com



The restaurants also offer top-notch catering and a wine list that's tough to beat. We recently sat down to talk with the 66-year-old de Castro and Garcia.

Steve, can you talk about why you left Cuba?

I left because the whole country wanted to leave. Fidel (Castro) took everything away from us. Things just kept getting worse and my father said, "It is time to leave." My father and brother left in 1966. Then in 1968, my mother, sister, and I left for Mexico and after six months, we came to New Orleans.

What was your first experience with Ruth's Chris? Did it involve your first job?

I knew Ruth from New Orleans. She was a regular customer at this restaurant I managed for eight years. I started at La Riviera at 14. I worked there for 10 years and started in the kitchen

by washing dishes. Then I cooked for a few years and went to the front of the house to wait tables and bartend. I eventually became the general manager at 21 and it was then that I fell in love with the restaurant business.

What distinguishes your restaurant's menu offerings from other steak houses?

It all starts with the product we purchase, which is the best two percent of the prime beef in the country. We are largest prime steak house in the world, so we have people in the slaughter houses and the dry-agent rooms hand-picking the best of the best. And we use fresh ingredients for everything else we do.

How do you keep the customers coming back?

I think it's a combination of great service, good ambiance, and the consistency on everything that we do.

What kind of customers do you cater to?

We cater to just about every customer out there. We have the regular clientele that comes every week or every month. Then we have the special-occasion clientele that we get for anniversaries or celebrations. We get a lot of those.

Of course, you are most famous for your steaks, but do you offer many other dishes that people crave?

People would say, "If you go to a steak house, you don't want to order fish." Well, that's not true. Our fish, veal, pork, and chicken are the best you can get anywhere. We purchase the finest products. We cook them very simply. We don't have the heavy sauces to cover the dishes. We use a lot of salt and pepper, and butter. It's done very delicately, and very simply.

Can you talk about the wines you offer?

Years ago, we started bringing in wines that were rated by *Wine Spectator*, and *Wine Enthusiast*. If it didn't have a 90 percent rating, we wouldn't bring it in. We hand select every bottle of wine or every brand that comes into our restaurant. It's not an easy thing to maintain. We have a wine sommelier that has been handling that for the last couple of years. It's a lot of work to do that for nine restaurants.

How has business been during the pandemic? Have wedding groups helped?

We have done well during the pandemic, but not as good as in a normal year. It's because of our reputation of 20-plus years in Maryland, our



Blackened Ahi Tuna

One Serving

Ingredients

4 oz ahi tuna filet
1 tsp blackening seasoning
1/2 oz canola oil
2 oz cucumber salad (or salad of choice)
1 oz pickled ginger
4 sprigs cilantro
1/2 oz mustard sauce (see recipe)
1/2 lemon (to garnish)

Directions

Place blackening seasoning in a pie tin then dip the tuna into the seasoning to evenly coat on all sides. Place oil on a clean broiler top or into a clean cast iron skillet and then set the tuna on the oiled area. Briefly sear for approximately 5 to 10 seconds, per side, on all 4 sides; cook tuna rare in temperature. To plate, place two ounces of cucumber salad on a long white platter at the 9 o'clock position. Next, top salad with 1 ounce of pickled ginger. Place 4 fresh cilantro sprigs on top of the pickled ginger. Place tuna on cutting board and using a very sharp knife, score the tuna in the center and then score the tuna again halfway between the center and each end. Use the scores as a guide to ensure you make eight equal slices. Shingle the tuna slices slightly overlapping and place it on the platter next to the salad. Leave small space between the tuna and the salad for the mustard sauce. Place lemon garnish next to the salad and serve immediately.

Mustard Sauce

Makes 2 Cups

Ingredients

1/2 Cup Coleman's dry mustard
1/4 Cup Dijon mustard
1 Cup soy sauce
6 oz beer (Budweiser preferred)

Directions

Measure out dry mustard and Dijon mustard and mix well into smooth paste. Slowly add soy sauce and whip to incorporate into mustard paste. When all soy sauce is added, slowly add beer and whip well. Make sure mustard paste is fully incorporated.

consistency, and our product. We keep getting more and more small weddings for dinner. At our Pikesville and Pier 5 locations, we have larger facilities, and we do larger weddings as well. With social distancing and the size of the rooms and size of the parties you can have, it just makes it a lot more challenging.

Ivan, what makes the Annapolis restaurant different than other locations?

This Ruth's Chris is part of the neighborhood in Eastport and the culture. We have regulars that are here often. The staff members are all really well-known and have been here for a long time. Our bartender Jennifer has been here since we opened. The customers come back and see the same faces. We create those relationships.

What is your most popular item?

Filet mignon. It's so tender and very tasty. It's the perfect dish for a night out. We season

it with black pepper and sea salt. We top it off with butter and chopped parsley. You will taste the greatness of the meat.

What other steak do people like the most?

New York strip. The only items we use to prepare it are salt and pepper. We don't add any marinades. We let the meat speak for itself. We cook it in 1800-degree broilers. That's what keeps all the juices on the inside and the marble colors on the outside. It cooks from the outside to the inside. That seals the flavors in.

What should we know about the Ahi tuna?

It's part of the main dishes we have at this location. We blacken it with spices on both sides. It's made with mustard sauce, beer, and soy sauce. We sear it on the flat top, then we slice it and serve it rare. We finish it with cucumber salad, cilantro springs, fresh ginger, and mustard sauce.

Savor the Chesapeake

A CULINARY COMPENDIUM OF RESTAURANT, FOOD, AND BEVERAGE NEWS AND TRENDS FROM THE CHESAPEAKE REGION

By Kelsey Casselbury

Welcome to the Neighborhood!

We're happy to say hello to these new businesses that have opened over the past few months:

Feel extra-good when you enjoy a cup of coffee when you visit **Second Alarm Brewhouse** in Pasadena, a firehouse-themed specialty coffee shop is a 501(c)3 nonprofit, established to raise awareness of the need for volunteer firefighters. Originally a coffee truck, Second Alarm is owned by Anne Arundel County native Duane McKee, a 26-year volunteer firefighter (who, until shutdowns occurred last March, also worked as a sound engineer on Broadway in New York City), who says its proceeds will go toward supporting its mission. Paid staff members man the shop during the week, but on the weekend, Second Alarm welcomes volunteers to work behind the counter. The shop serves its own coffee blend from Crofton-based Chesapeake Bay Roasting Company. McKee hopes to obtain a liquor license in the near future, so Second Alarm can operate as a pub in the evening, serving Maryland beers and wines. **8510 Fort Smallwood Road, Pasadena | secondalarmbrewhouse.com**

The team behind Eastern Shore favorites 208 Talbot, Doc's Sunset, Downtown Grille, and Doc's Riverside are back with a new restaurant, **Legal Assets**, in Easton. Opened in mid-December by Valerie and David Clark, the latter of whom serves as executive chef, and Bo, Dianne, and Chooch Cristian, Legal Assets' menu features new American cuisine with an international influence. The restaurant serves lunch and dinner from Tuesday to Sunday. **22 South Harrison Street, Easton | facebook.com/legalassets**

Things have gotten dangerous in Annapolis—dangerously delicious, that is, with the opening of **Dangerously Delicious Pies** on West Street. Owned by Christopher and Kimberly Miller, Dangerous Delicious Pies sells both sweet and savory varieties; its best-seller is the Baltimore Bomb, a creation made of vanilla custard and Berger Cookies. They have a full-service coffee bar, featuring Baltimore's Zeke's Coffee, and plans to serve beer and wine in the future, so folks can pull up a seat and enjoy local brews or vino with a slice of their favorite pie. **212-214 West Street, Annapolis | dangerouslydeliciouspies.com**

Everybody, raise a glass to **Ten Eyck Brewing Company**, a Queenstown brewery owned by a team of women veterans and first responders. Owner Nicki Snyder talked to What's Up? in its November issue about their plans to offer foeder-fermented beer (a foeder is a giant oak barrel), as well as traditional steel-fermented beers. Ten Eyck offers seating in the taproom and an outdoor beer garden and often has food trucks serving on the property. **205 Grange Hall Road, Queenstown | teneyckbrewing.com**

Not an opening, but rather a relocation—**El Toro Bravo** has closed its West Street location and is now serving at its new location on Riva Road in the former location of Les Folies Brasserie, which closed in summer 2019. **2552 Riva Road, Annapolis | facebook.com/eltorobravoannapolis**



Annapolitans have been acquainting themselves with the wine country-inspired eatery **Smashing Grapes**, which opened in the former location of The Greene Turtle last fall. When it comes to outdoor dining, this restaurant—which serves up a fusion of Mediterranean and California coastal cuisine, paired with more than 350 wines—may be just the place, given its already-ultra-popular fire pit tables. West ACo residents will be able to enjoy their own fire pits when a second location opens in Gambrills' Waugh Chapel Shopping Center (As of press time, no word on when that will happen). **177 Jennifer Road, Annapolis | 2383 Brandermill Boulevard, Gambrills (coming soon) | smashinggrapes.com** ↓



Additional new kids on the block include:

Shika Sushi and Ramen | 509 S. Cherry Grove Ave, Suite D, Annapolis | shikasushimd.com
Nothing Bundt Cakes | 1901 Towne Centre Boulevard, Suite 130, Annapolis | nothingbundtcakes.com
Tai Chi Bubble Tea | 2568 Solomons Island Road, Annapolis | facebook.com/taichiannapolis
Oscar's Alehouse | 8026 Governor Ritchie Highway, Pasadena | oscarsalehouse.net



In the Kitchen: **Umami**

There's something about February that makes a person *need* comfort food. (As if that's not all we've been indulging in for the past 11 months!) There's no shame in that culinary game, but you can do comfort food better when you focus on **umami**, one of the five basic tastes that doesn't get the same love as sweet, sour, salty, and bitter.

A flavor exploration of umami, a Japanese word that loosely translates to "pleasant, savory taste," is one of the top trends to watch this year, according to food and beverage research company Technomic. Chefs and home cooks alike can tap into this trend by exploring uses for mushrooms beyond button or portobello (try chanterelles or oysters, both underused but not hard to source), experimenting with fermented sauces (soy sauce is an easy one; potent fish sauce is another), or going straight to the umami star itself, monosodium glutamate (MSG).

Yes, it has a serious stigma, but MSG's bad rep has no basis in reality. It comes as a powder, and you can just add a pinch or a sprinkle to anything savory, from a homemade tomato sauce to roasted vegetables. If you seem to develop a headache afterward, it might just be the placebo effect—research hasn't found any definitive evidence between MSG and negative health effects.

From the Bar: **Bourbon**

Scotch must be made in Scotland. Champagne must be made in France. Bourbon, despite the popular misconception, *does not* have to be made in Kentucky—it just has to be made in the United States (though 95 percent of bourbons are made in the Bluegrass State), plus made from at least 51 percent corn grain and aged in new, charred oak containers.



If you're feeling a little chilly this month, a bourbon cocktail like this Earl Grey Old Fashioned will warm you up. It's more important than ever to support local businesses, so try it with one of these Maryland-made bourbons:

Trailblazer Straight Bourbon Whiskey | Lost Ark Distilling Co., Columbia | lostarkdistilling.com
Montebello Bourbon Whiskey | Louthan Distilling, Baltimore | facebook.com/louthandistilling
Matchstick Bourbon Whiskey | McClintock Distilling Company, Frederick | mcclintockdistilling.com
Maryland Whiskey Co. Black Label Bourbon | Twin Valley Distillers, Rockville | twinvalleydistiller.com
Brill's Batch Bourbon | MISCellaneous Distillery, Mount Airy | miscdistillery.com



Earl Grey Old Fashioned

Serves 1

Infused Simple Syrup

1/4 cup sugar
 1/2 cup water
 3 earl grey tea bags

Old Fashioned

2 1/2 ounces bourbon
 1/2 ounce infused simple syrup
 1 dash orange bitters
 Orange peel and cherries, for garnish

Make the infused simple syrup by heating the sugar and water in a small saucepan over medium heat. Allow the sugar to fully dissolve, then remove the pan from the heat and add the tea bags. Let it sit for a minute, then stir and use the spoon to press down on the bags to get the flavor out of them. Let the syrup cool for at least an hour, press down on the bags one more time, then remove the tea bags and set them aside. Combine the bourbon, bitters, and simple syrup in a large glass and stir to combine. Fill a lowball glass with ice or a large ice cube, then pour in the bourbon mix. Garnish with an orange peel and cherries, if desired.

Have culinary news to share?

Send an email to Kelsey Casselbury at kcasselbury@whatsupmag.com.

Level Small

Plates Lounge

69 West Street, Annapolis; 410-268-0003; Lannapolis.com; Modern American, tapas; dinner, late-night \$ 🍷
🍷 🍷 🍷

Light House Bistro

202 West Street, Annapolis; 410-424-0922; Lighthousebistro.org; American; breakfast, lunch, dinner, weekend brunch \$ 🍷 🍷

Luna Blu

36 West Street, Annapolis; 410-267-9950; Lunablufannapolis.com; Italian; lunch, dinner \$\$ 🍷 🍷

Metropolitan Kitchen & Lounge

175 West Street, Annapolis; 410-280-5160; Metropolitanannapolis.com; Modern American; breakfast, lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Miss Shirley's Café

1 Park Place, Annapolis; 410-268-5171; MissShirleys.com; Southern American; breakfast, brunch, lunch \$ 🍷 🍷 🍷 🍷 🍷 🍷

Rams Head Tavern

33 West Street, Annapolis; 410-268-4545; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Sailor Oyster Bar

196 West Street, Annapolis; 410-571-5449; Sailoroysterbar.com; American grill, seafood, cocktails; weekend lunch, dinner \$\$ 🍷 🍷

Stan & Joe's Saloon

37 West Street, Annapolis; 410-263-1993; Stanandjoessaloon.com; American; lunch, dinner, late-night, Sunday brunch \$ 🍷 🍷 🍷 🍷 🍷 🍷

Tsunami

51 West Street, Annapolis; 410-990-9868; Tsunamiannapolis.com; Fusion, sushi; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷

Greater Annapolis

Basmati

2444 Solomons Island Road, Annapolis; 410-266-6355; Basmatiofannapolis.com; Indian; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Bean Rush Café

1015 Generals Highway, Crownsville; 410-923-1546; Beanrushcafe.com; Coffee, baked goods, sandwiches; breakfast, lunch \$

Blue Rooster Café

1372 Cape St. Claire Road, Annapolis; 410-757-5232; GoToRoosters.com; Modern American; breakfast, lunch, dinner \$\$ 🍷 🍷

The Brass Tap

2002 Annapolis Mall Road, Annapolis; 833-901-2337; Brasstap-beerbar.com; American; lunch, dinner \$ 🍷 🍷 🍷 🍷

Broadneck Grill & Cantina

1364 Cape St. Claire Road, Annapolis; 410-757-0002; Broadneckgrill.com; Contemporary American and Mexican Cuisine; serve breakfast Saturday and Sunday; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Bruster's Real Ice Cream

1409 Forest Drive, Annapolis; 410-295-0025; Brustersannapolis.com; Dessert \$ 🍷 🍷

Buffalo Wild Wings

2337-A Forest Drive, Annapolis; 410-573-0331; Buffalowildwings.com; American; lunch, dinner \$ 🍷 🍷

Cantler's Riverside Inn

458 Forest Beach Road, Annapolis; 410-757-1311; Cantlers.com; Crabs, seafood; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

The Canton Restaurant

11 Ridgely Avenue, Annapolis; 410-280-8658; Cantonannapolis.com; Chinese; lunch, Dinner \$ 🍷 🍷

Cooper's Hawk

1906 Towne Centre Blvd, Annapolis; 443-837-9989; Chwinery.com; American; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Chevys Fresh Mex

2436 Solomons Island Rd, Annapolis; 410-573-4932; Chevysannapolis.com; Mexican; lunch, dinner, brunch \$\$ 🍷 🍷 🍷 🍷

Chris' Charcoal Pit

1946 West Street, Annapolis; 410-266-5200; Chrischarcoalpit.com; Greek; lunch, dinner \$ 🍷 🍷

Double T Diner

12 Defense Street, Annapolis; 410-571-9070; DoubleTdiner.com; American diner; breakfast, lunch, dinner, late-night \$\$ 🍷 🍷

Eggcellence

2625 Housley Road, Annapolis; 410-573-9503; Eggcellence-brunchery.com; American; breakfast, lunch \$ 🍷

Evelyn's

26 Annapolis St, Annapolis; 410-263-4794; Evelynsannapolis.com; American; breakfast, brunch, lunch, happy hour \$\$ 🍷 🍷 🍷

Giolitti Delicatessen

2068 Somerville Road, Annapolis; 410-266-8600; Giolittideli.com; Delicatessen; lunch, dinner \$ 🍷 🍷 🍷 🍷

Gordon Biersch

1906 Towne Centre Boulevard, Ste. 155, Annapolis; 410-266-5965; Gordongbiersch.com; American; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Grapes Wine Bar

1410 Forest Drive, Annapolis; 410-571-5378; Grapeswinebarannapolis.com; Mediterranean; lunch (Sat. only), dinner \$\$ 🍷 🍷 🍷 🍷

Herald Harbor Hideaway

400 Herald Harbor Road, Crownsville; 410-923-4433; Heraldharborhideaway.com; American; lunch, dinner \$ 🍷 🍷 🍷 🍷

Heroes Pub

1 Riverview Avenue, Annapolis; 410-573-1996; Heroespub.com; American, sports bar; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Italian Market & Restaurant

126 Defense Highway, Annapolis; 410-224-1330; Theitalianmarket.com; Italian; lunch, dinner \$ 🍷 🍷

Jalapeños

85 Forest Plaza, Annapolis; 410-266-7580; Jalapeñosonline.com; Spanish, Mexican; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Julep Southern Kitchen & Bar

2207 Forest Drive; Unit #2 Annapolis, Md; Julepannapolis.com; 410-571-3923; American; Lunch, dinner \$\$ 🍷 🍷 🍷 🍷

La Sierra

2625 Riva Road, Annapolis; 410-573-2961; Lasierrestaurantinc.com; Mexican; lunch, dinner \$\$ 🍷 🍷

Prime Steaks



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Buttery crisp outside, juicy tender inside. With over 90 years Annapolis restaurant experience, LEWNES serves only USDA prime aged steaks.

We are thrilled to be back open!

The steakhouse will be allowed to have a limited capacity, and we are committed to providing the same hospitable experience we are known for with an added focus on safety to ensure everyone feels comfortable. Below are some of the sanitation tasks we have completed:

- Sanitized the carpets with a hospital grade disinfectant
 - Sanitized all high-touch areas with an EPA registered, viricidal electrostatic spray
 - Installed air purifiers on all our HVAC systems proven to kill 99% of bacteria, molds, and viruses
 - Sanitized everything in the dining room, and will continue to re-sanitize in between each seating
- Added an additional divider to our already substantial booths to provide even more privacy.
- Repainted our interior walls

Opening at Noon for Valentine's Day on Sunday, Feb. 14th!

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Lebanese Taverna Café
2335 Forest Drive
Ste. 46A, Annapolis;
410-897-1111; Lebanesetaverna.com; Middle Eastern; lunch, dinner
\$ Y 🍷 🐾

Lemongrass Too
2625-A Housley Road,
Annapolis; 410-224-8424; Lemongrassannapolis.com; Thai; lunch, dinner
\$\$ Y 🍷 🐾

Lures
1397 Generals Highway,
Crownsville; 410-923-1606; Luresbarandgrille.com; American grill, seafood; lunch, dinner, Sunday brunch
\$\$ 🍷 Y 🍷 🍷 🍷

Ledo Pizza
505 S. Cherry Grove
Avenue, Annapolis;
410-295-3030; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner
\$\$ 🍷 🍷 🍷

Maggiano's Little Italy
2100 Annapolis Mall
Road, Ste. 1200, Annapolis; 410-266-3584; Italian; lunch, dinner, Saturday and Sunday brunch
\$\$ 🍷 Y

The Melting Pot
2348 Solomons Island
Road, Annapolis; 410-266-8004; Meltingpot.com; Fondue; dinner
\$\$ 🍷 Y

Mi Lindo Cancún Grill
2134 Forest Drive, Annapolis; 410-571-0500; Lindocancungrill.com; Mexican; breakfast, lunch, dinner
\$ Y 🍷

Mission BBQ
2101 Somerville Road,
Annapolis; 443-569-4700; Mission-bbq.com; Barbecue; lunch, dinner
\$\$ 🍷 🍷 🍷

Paladar Latin Kitchen & Rum Bar
1905 Towne Centre
Boulevard, Ste. 100, Annapolis; 410-897-1022; Paladarlatinkitchen.com; Latin American; lunch, dinner, late-night, Weekend brunch
\$\$ 🍷 Y 🍷 *

Paul's Homewood Café
919 West Street, Annapolis; 410-267-7891; Paulshomewoodcafe.com; Mediterranean; lunch, dinner, brunch
\$\$ 🍷 Y 🍷 🍷 🍷 🍷 🍷

Pasticcio Fresh Italian Kitchen
150-F Jennifer Road,
Annapolis; 443-949-0608; Pasticcioannapolis.com; Italian; lunch, dinner
\$\$ 🍷 🍷 🍷

Ports of Call
210 Holiday Court, Annapolis; 410-573-1350; Doubletreeannapolis.com; Modern American; breakfast, lunch, dinner
\$\$ Y

Rams Head Roadhouse
1773 Generals Highway,
Annapolis; 410-849-8058; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch
\$\$ Y 🍷 🍷

Red, Hot & Blue
200 Old Mill Bottom
Road, Annapolis; 410-626-7427; Redhotandblue.com; Barbecue; lunch, dinner
\$ Y 🍷

Riverbay Roadhouse
1374 Cape St Claire
Road, Annapolis; 410-757-2919; Riverbayroadhouse.com; Steak, seafood; breakfast, lunch, dinner
\$\$ 🍷 Y 🍷 🍷

Royal Karma
302 Harry S. Truman
Pkwy, Suite K, Annapolis; 410-266-5006; Indianfoodannapolis.com; Indian; Lunch buffet, dinner
\$\$ 🍷 Y 🍷

Sakura Japanese Steak & Seafood House
2625 Housley Road,
Annapolis; 410-573-0006; Sakurasteakhouse.com; Japanese; lunch, dinner
\$\$ 🍷 Y 🍷

Sam's on the Waterfront
2020 Chesapeake Harbour Drive East, Annapolis; 410-263-3600; Samsonthewaterfront.com; Modern American; lunch, dinner, Sunday brunch
\$\$ 🍷 Y 🍷 🍷 🍷 🍷

Sandy Pony Donuts
1901 Towne Centre
Blvd., Ste 130, Annapolis; 301-873-3272; Sandyponydonut.com; Breakfast
\$ 🍷

Seafood Palace Buffet
81 Forest Plaza A, Annapolis; 410-216-2186; Seafoodpalacebuffet.com; American, Japanese, Seafood; lunch, dinner
\$ 🍷

Severn Inn
1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; Severninn.com; Seafood; lunch, dinner, Sunday brunch
\$\$ 🍷 Y 🍷 🍷

Sin Fronteras
2129 Forest Drive, Annapolis; 410-266-0013; Sinfronterascafe.com; Mexican; lunch, dinner, Saturday and Sunday breakfast
\$\$ Y 🍷 *

Smashing Grapes Kitchen and Wine Bar
177 Jennifer Road, Annapolis; 410-266-7474; Smashinggrapes.com; Mediterranean and California Coastal cuisines, lunch and dinner
\$\$, 🍷 Y 🍷 *

Soul
509 S. Cherry Grove
Avenue, Annapolis; 410-267-6191; Soulannapolis.com; Southern-inspired small plates; lunch, dinner, Saturday & Sunday brunch
\$\$ 🍷

Stoney River Legendary Steaks
2190 Annapolis Mall,
Annapolis; 410-224-8312; Stoneyriver.com; Steakhouse; lunch, dinner
\$\$ 🍷 Y

Union Jack's
2072 Somerville
Road, Annapolis; 410-266-5681; Unionjacksannapolis.com; British-style pub; lunch, dinner, Sunday brunch
\$\$ Y 🍷 🍷

Ziki Japanese Steakhouse
1906 Towne Center
Boulevard, Ste. 4250, Annapolis; 410-224-6598; Zikisteakhouse.com; Japanese, sushi; lunch, dinner
\$\$ 🍷 Y *

Zoe's Kitchen
1901 Towne Center
Boulevard, Ste. 105, Annapolis; 410-266-7284; Zoeskitchen.com; Casual Mediterranean Lunch, dinner
\$ Y 🍷 *

Eastport / Bayridge

Adam's Taphouse and Grille
921C Chesapeake
Avenue, Annapolis; 410-267-0064; Adamsgrileannapolis.com; Barbecue; lunch, dinner
\$\$ Y 🍷

Annapolis Smokehouse & Tavern
107 Hillsmere Drive,
Annapolis; 410-571-5073; Annapolis-smokehouse.com; American BBQ; lunch, dinner, catering, Weekend brunch
\$\$ 🍷 Y 🍷 🍷 🍷

Bakers & Co.
618 Chesapeake
Avenue, Annapolis; 410-280-1119; Bakersandco.com; Bakery, café; Breakfast
\$

Blackwall Hitch
400 6th Street, Annapolis; 410-263-3454; Theblackwallhitch.com; Upscale-casual New American restaurant; brunch, lunch, dinner, late-night
\$\$ Y 🍷 🍷 🍷 *

Boatyard Bar & Grill
400 Fourth Street, Annapolis; 410-216-6206; Boatyardbarandgrill.com; American, seafood; breakfast, lunch, dinner
\$\$ Y 🍷 🍷 🍷 🍷 🍷

Bread and Butter Kitchen
303 Second Street, Ste. A, Annapolis; 410-202-8680; Breadandbutterkitchen.com; American; breakfast, lunch
\$ 🍷

Caliente Grill
907 Bay Ridge Road,
Annapolis; 410-626-1444; Calientergrillannapolis.com; Latin; lunch, dinner
\$\$ Y *

Carrol's Creek
410 Severn Avenue, Annapolis; 410-263-8102; Carrolscreek.com; Seafood; lunch, dinner, Sunday brunch
\$\$ 🍷 Y 🍷 🍷 🍷

Chart House
300 Second Street, Annapolis; 410-268-7166; Chart-house.com; Seafood; dinner, Sunday brunch
\$\$ 🍷 Y 🍷 🍷 🍷

Davis' Pub
400 Chester Avenue,
Annapolis; 410-268-7432; Davispub.com; American; lunch, dinner, late night
\$ Y 🍷 🍷 🍷 🍷 🍷

Eastport Kitchen
923 Chesapeake
Avenue, Annapolis; 410-990-0000; Eastportkitchen.com; American; breakfast, lunch, dinner
\$\$ 🍷 🍷

Grump's Café
117 Hillsmere Drive,
Annapolis; 410-267-0229; Grumpscafe.com; American; breakfast, lunch, dinner
\$ Y 🍷

Jack's Fortune
960 Bay Ridge Road,
Annapolis; 410-267-7731; Jackfortune1.com; Chinese; lunch, dinner
\$ Y 🍷

Lewnes' Steakhouse
401 Fourth Street, Annapolis; 410-263-1617; Lewnessteakhouse.com; Steakhouse, seafood; dinner
\$\$\$\$ 🍷 Y 🍷

Main & Market
914 Bay Ridge Road,
Annapolis; 410-626-0388; Mainandmarket.com; Farm-to-table; breakfast, lunch, dinner
\$\$ Y 🍷 🍷

O'Leary's Seafood Restaurant
310 Third Street, Annapolis; 410-263-0884; Olearysseafood.com; Seafood; dinner, Sunday brunch
\$\$\$ 🍷 Y 🍷 🍷 🍷

Rocco's Pizzeria
954 Bay Ridge Road,
Annapolis; 410-263-9444; Roccospizzashop.com; Pizza; lunch, dinner
\$ Y 🍷 🍷

Ruth's Chris
301 Severn Avenue, Annapolis; 410-990-0033; Ruthschris-Annapolis.com; Steakhouse; dinner
\$\$\$ 🍷 Y 🍷 🍷 🍷

Sammy's Pizza Kitchen
1007 Bay Ridge Ave,
Annapolis; 410-990-9800; Sammyspizzakitchen.com; Italian; lunch, dinner
\$-\$ 🍷

Vin 909 WineCafe
909 Bay Ridge Avenue,
Annapolis; 410-990-1846; Vin909.com; Farm-to-table; lunch, dinner
\$\$ Y 🍷 🍷

DINING GUIDE

GIOLITTI DELI

"Did all my Christmas dinner shopping here and we had the most perfect holiday dinner" —Kelly Rossi

Edgewater / South County

Adam's Taphouse and Grille

169 Mayo Road, Edgewater; 410-956-2995; Adamsgrileannapolis.com; Barbecue; lunch, dinner \$\$ 🍷 🍷 🍷

All American Steakhouse

139 Mitchells Chance Road, Edgewater; 410-956-4494; Theallamericansteakhouse.com; American; lunch, dinner \$\$ 🍷

Bayside Inn

1246 Mayo Road, Edgewater; 410-956-2722; American, Seafood; breakfast, lunch, dinner \$\$ 🍷 🍷 *

Bella Sera

9 Lee Airpark Drive, Edgewater; 410-956-8555; Bellasera-tasteofitaly.com; Italian; lunch, dinner \$ 🍷

Broadneck Grill & Cantina

74 Central Avenue West, Edgewater; 410-956-3366; Broadneckgrill.com; American and Mexican Cuisine; lunch, dinner \$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Chad's BBQ

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com; Authentic smoked barbecue; lunch, dinner \$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Edgewater Restaurant

148 Mayo Road, Edgewater; 410-956-3202; Edgewaterrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷

Fuji Steakhouse

169 Mitchells Chance Road, Edgewater; 410-956-8898; Fujisteakhousemd.com; Japanese; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Glory Days Grill

3 Lee Airpark Drive, Edgewater; 443-808-8880; Glorydaysgrill.com; American, sports bar; lunch, dinner \$ 🍷 🍷 🍷

The Greene Turtle

3213 Solomons Island Road, Ste. A, Edgewater; 410-956-1144; Greenturtle.com; American Lunch, dinner, late-night \$ 🍷 🍷 🍷

Happy Harbor

533 Deale Road, Deale; 410-867-0949; Happyharbordeale.com; American; lunch, dinner \$ 🍷 🍷 🍷 🍷

Harvest Thyme Modern Kitchen & Tavern

1251 West Central Ave, Davidsonville; 443-203-6846; Harvestthymetavern.com; American; lunch, happy hour, dinner \$ 🍷

Hispa Restaurant

183 Mayo Road, Edgewater; 410-956-7205; Latin American; breakfast, lunch, dinner \$

Killarney House

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com; Irish; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷

Ledo Pizza

3072 Solomons Island Road, Edgewater; 410-956-6700; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$ 🍷 🍷

M Thai Restaurant

181 Mitchells Chance Road, Edgewater; 410-956-0952; Thai; lunch, dinner \$

Mike's Bar & Crab House

3030 Riva Road, Riva; 410-956-2784; Mikescrabhouse.com; Seafood; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Nova Sushi Bar and Asian Fusion

3257 Solomons Island Road, Edgewater; 410-956-5326; Novasushi.com; Sushi, lunch, dinner \$-\$

Old Stein Inn

1143 Central Avenue, Edgewater; 410-798-6807; Oldstein-inn.com; German; dinner \$\$ 🍷 🍷 🍷 🍷

Petie Greens Bar and Grill

6103 Drum Point Road, Deale; 410-867-1488; Petiegreens.com \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Pirate's Cove

4817 Riverside Drive, Galesville; 410-867-2300; Piratescovemd.com; Seafood; breakfast, lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Plazuelas

3029 Solomons Island Road, Edgewater; 410-956-0080; Mexican; lunch, dinner \$

Pier Oyster Bar

48 South River Road, Edgewater; 443-837-6057; Coconutjoesusa.com; Caribbean; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Rod N Reel Restaurant

4165 Mears Avenue, Chesapeake Beach; 410-257-2735; Chesapeakebeachresortspa.com; Seafood; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

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JACK'S FORTUNE

"My favorite Chinese food in Annapolis!" —Alyssa Daniels

Saigon Palace

10 Mayo Road, Edgewater; 410-956-0505; Vietnamese; lunch, dinner \$ Y 🍴

Skipper's Pier

Restaurant & Dock Bar
6158 Drum Point Road, Deale; 410-867-7110; Skipper's Pier.com; Seafood; dinner \$\$ 🍴 🌊

South County Café

5690 Deale Churchton Road, Deale; 410-867-6450; American; breakfast, lunch, dinner \$\$ 🍴

Stan & Joe's Saloon South

173 Mitchells Chance Road, Edgewater; 443-837-6126; Stanandjoes-saloon.com; American; lunch, dinner, late-night \$ Y 🍴 🎸 🐾

S & J Riverside

4851 Riverside Drive, Galesville; 410-867-7200; Seafood; lunch, dinner \$\$ Y 🍴 🌊 *

Yellowfin Steak & Fish House

2840 Solomons Island Road, Edgewater; 410-573-1333; Yellowfin-restaurant.com; Steak, seafood; lunch, dinner, Sunday brunch \$\$ 🍴 Y 🌊 *

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589 Baltimore Annapolis Boulevard, Severna Park; 410-647-5757; Adamsribs.com; Barbecue; lunch, dinner \$\$ Y 🍴

Ashling Kitchen & Bar

1286 Route 3 South Ste. 3, Crofton; 443-332-6100; Ashlingco.com; American; lunch, dinner \$\$ 🍴 Y 🍴

Bella Italia

1460 Ritchie Highway, Arnold; 410-757-3373; Bellaitaliaarnold.com; Italian; lunch, dinner \$ Y 🍴

Blackwall Barn & Lodge

329 Gambrills Road, Gambrills; 410-317-2276; Barnandlodge.com; American; lunch, dinner, weekend brunch \$\$\$ 🍴 Y 🍴

Brian Boru Restaurant & Pub

489 Ritchie Highway, Severna Park; 410-975-2678; Brianborupub.com; Irish; lunch, dinner, Sunday brunch \$\$ 🍴 Y 🍴 *

Café Bretton

849 Baltimore Annapolis; Boulevard, Severna Park; 410-647-8222; Cafe-bretton.com; French; dinner \$\$

Café Mezzanotte

760 Ritchie Highway, Severna Park; 410-647-1100; Cafemezz.com; Italian; lunch, dinner \$\$\$ 🍴 Y 🍴 🎸 🌊

Donnelly's Dockside

1050 Deep Creek Avenue, Arnold; 410-757-4045; Donnellys-dockside.com; Seafood; lunch, dinner \$\$ Y 🍴 🌊

Founders Tavern & Grille

8125 Ritchie Highway, Pasadena; 410-544-0076; Founders-tavernandgrille.com; American; lunch, dinner \$ 🍴 Y

Gina's Cafe

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascifestmikes; Southwestern, Vegetarian; lunch, dinner \$\$

La Posta Pizzeria

513 Baltimore Annapolis Blvd., Severna Park; 443-906-2840; Lapostapizzeria.com; Italian; lunch, dinner \$-\$

Ledo Pizza

552 Ritchie Highway, Severna Park; 410-544-3344; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍴 🌊

Lemongrass Arnold

959 Ritchie Highway, Arnold; 410-518-6990; Lemongrassannapolis.com; Thai; lunch, happy hour, dinner \$ Y

Mamma Angela's

2225-A Defense Highway, Crofton; 443-584-4038; Mammaas.com; Italian; lunch, dinner \$-\$ \$ 🎸

Mi Pueblo II

554-A Ritchie Highway, Severna Park; 410-544-4101; Mipueblo2.com; Mexican; lunch, dinner \$ Y 🍴

Mother's Peninsula Grill

969 Ritchie Highway, Arnold; 410-975-5950; Mothersgrille.com; American, seafood; lunch, dinner \$\$ Y 🍴 🌊

O'Loughlin's Restaurant

1258 Bay Dale Drive, Arnold; 410-349-0200; Oloughlinpub.com; American; lunch, dinner, late-night \$\$\$ Y 🍴 🌊 🌊

Park Tavern

580 Ritchie Highway, Severna Park; 410-793-5930; Parktavernsp.com; American; lunch, dinner \$\$ Y

The Point Crab House & Grill

700 Mill Creek Road, Arnold; 410-544-5448; Thepointcrabhouse.com; Casual contemporary American Seafood restaurant; brunch, lunch, dinner \$\$ Y 🍴 🌊 🌊 🌊 🌊

Rico's Tacos and Tequila Bar

1266 Bay Dale Drive, Arnold; 410-571-3466; Ricostacos.co; Mexican; lunch, dinner, weekend brunch \$ 🍴 Y

Rips Country Inn

3809 N. Crain Highway, Bowie; 301-805-5900; Ripscountryinn.com; Rustic country cooking and Chesapeake eats; breakfast, lunch, dinner \$\$ Y 🍴

Romilo's Restaurant

478-A Ritchie Highway, Severna Park; 410-544-6188; Romilosrestaurant.com; Greek; lunch, dinner \$\$ Y 🍴

Severna Park Taphouse

58 W. Earleigh Heights Road, Severna Park; 410-793-5759; Severnaparktaphouse.com; American, sports bar; dinner \$ Y

Sin Fronteras

7700 Ritchie Highway, Glen Burnie, 410-424-2022, Sinfronterascfe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$ Y *

Twains Tavern

8359 Baltimore Annapolis; Boulevard, Pasadena; 410-647-5200; Twainstavern.com; American, sports bar; dinner \$ Y 🎸

Vida Taco Bar

541 Baltimore Annapolis Blvd, Severna Park; 410-544-2300; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ Y

Regional

Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; brunch, dinner \$\$ 🍴 Y

Hemingway's Restaurant

357 Pier 1 Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com; Seafood; lunch, dinner \$\$ 🍴 Y 🌊 🌊 🌊 *

The Island Hideaway

14556 Solomons Island Road S, Solomons; 410-449-6382; Thislandhideawaysolomons.com; American; lunch, dinner 🍴 Y 🍴 🌊 *

Knoxie's Table

180 Pier 1 Road, Stevensville; 410-249-5777; Baybeachclub.com; American; dinner, weekend brunch 🍴 Y 🍴



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The February freeze is upon us and our friendly flying mascot Wilma is all bundled up for the big chill. Yet...she still soars the skies seeking local adventure, great dining, cozy pampering, super services, and choice shopping experiences. Wilma will fly near and far, across the Chesapeake and back, to find her fave spots to enjoy it all! Where will she land next?

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to this month's winner: Barbara McDavish, who won a \$50 gift certificate to a local restaurant.

Mail entries to: Where's Wilma? Annapolis, 201 Defense Highway, Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions



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Entries must be received by February 28, 2021. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Annapolis.

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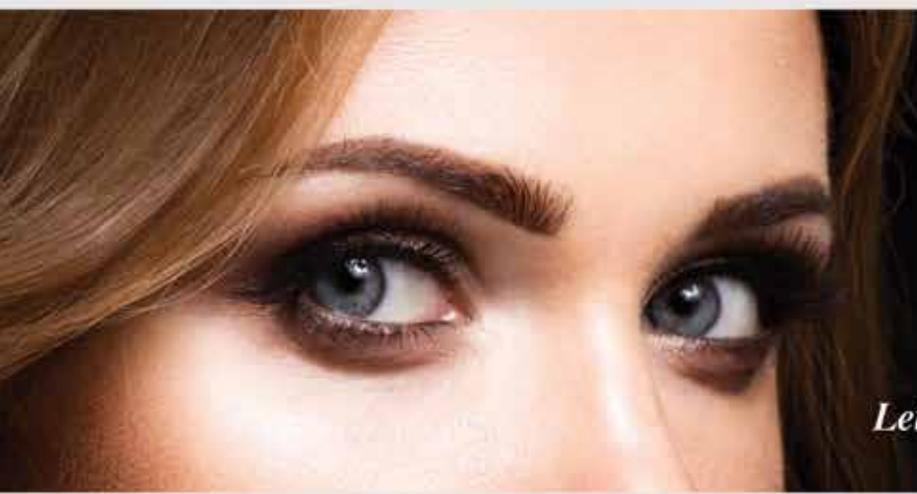
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