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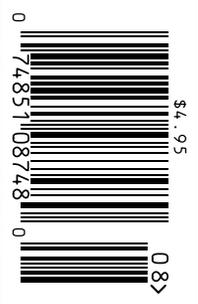
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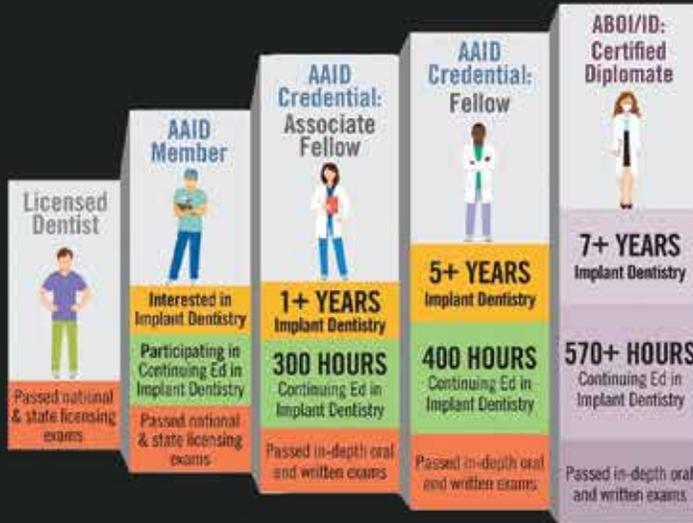


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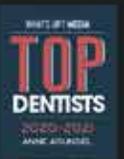
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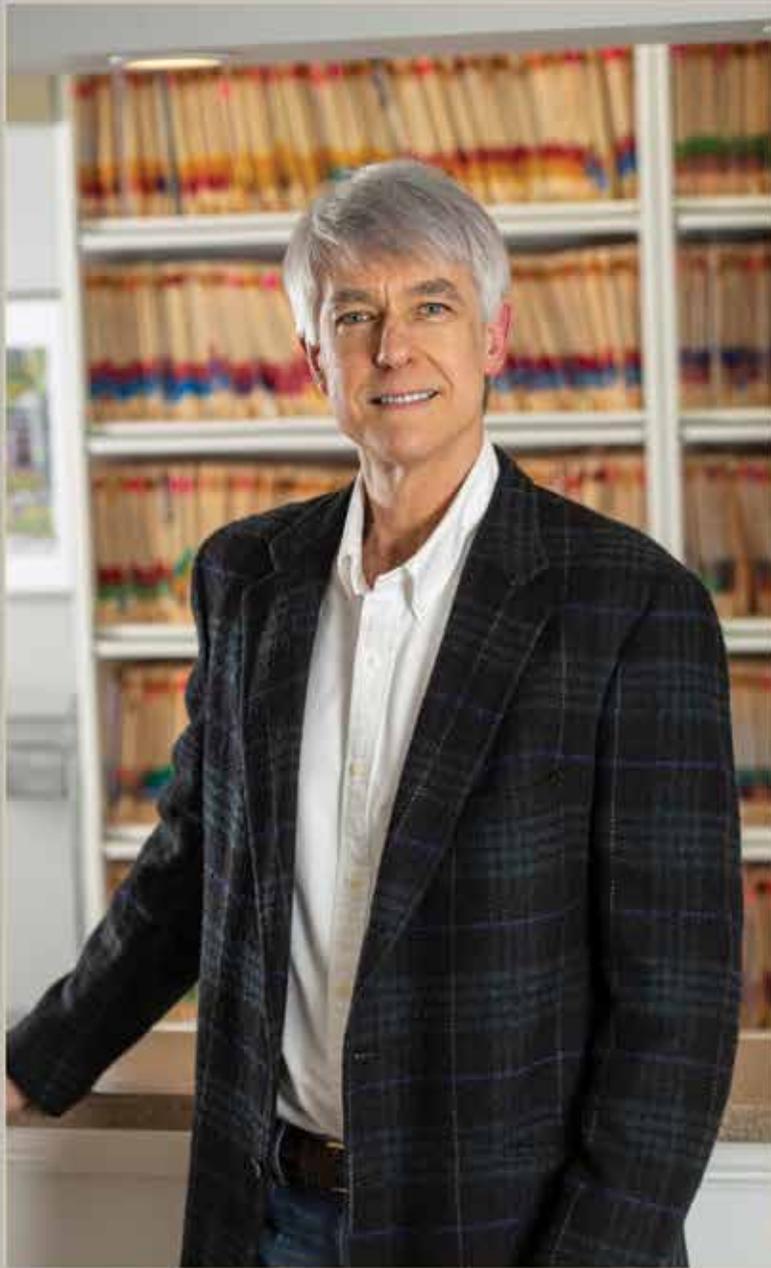


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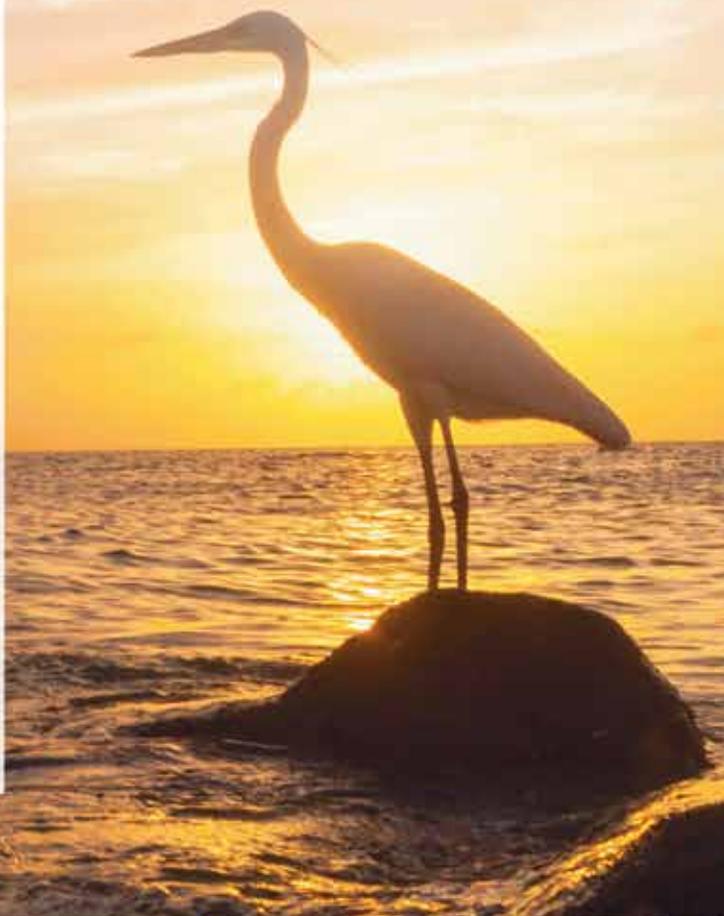
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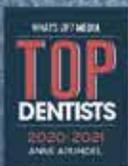
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On the Cover: Celebrate the very best in home design, construction, the market, and more with the Best of Annapolis Real Estate, Home & Garden winners. Design by August Schwartz. Adveritorial-cover photo of David Orso by Stephen Buchanan. Contact *What's Up? Annapolis* online at whatsupmag.com. Please recycle this magazine.

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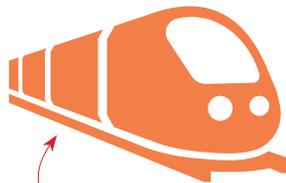
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editor *From the*



A funny thing happened on the way to this magazine...

As I read and re-read, and even triple-checked the content prepared for this month's issue, a pattern emerged that almost made my heart skip a beat...in a good way. The moment crystallized when I finally reviewed the list of monthly regional events that our Entertainment Editor Megan Kotelchuck compiled, which you can now peruse beginning on page 23.

There are events...real events...and lots of 'em! There are more than we could fit in this issue (cue visit to Whatsupmag.com for our online calendar).

It's awe-inspiring that many of our long-cherished, annual favorites are coming back. That fact that seafood festivals, fairs, historical re-enactments (from pirates to knights), and all-manner of local, cultural celebrations are triumphantly returning is a testament to us...you, we, us...coming together to find reason and willpower for the greater good. And that greater good sure feels a heck of a lot better with live events, camaraderie, and the jovial atmosphere of our communities being out and about.

I think we noticed this at the beginning of summer, felt it during the Fourth of July, and are now ready to conquer fun and familiarity once again. I know I am. Safely of course.

The past 17 months-and-change have seen our communities, businesses, organizations, governments...all of us really... evolve in ways unimaginable before the pandemic took over. And for as much struggle and strife that many of our family, friends, neighbors, businesses, and frontliners experienced, there were substantive positives gained. The old saying, "When

one door closes, another one opens," certainly rings true in this regard. When the economy, events, and entertainment came to a standstill, for example, many folks took to the outdoors for adventure—not the least of which were boaters, anglers, and watersports enthusiasts of all types. The maritime industry—unlike many other industries—actually experienced quite a boom. Writer Jeff Holland discusses this in this month's article "Rising Tide Lifts All Boats."

And I believe, if one takes a step back, so to speak, and sort of views our nation's social dynamics through a macro-lens, there have been positive strides made to acknowledge our differences, correct injustices, and find solutions to problems all too common among our many municipalities. We might not agree on the means to the ends, but I think good steps are being taken toward this greater good of which I'm speaking. In this month's "One Nation: A Diversity Article Series" installment, written by Ines Alicea, we examine how the pandemic affected our Hispanic community and meet several local organizations working very, very hard to assist and lift our neighbors up. There are very endearing stories within this story.

On another emerging positive note, we are seeing local businesses expand, hire, and, even, newly open to great fanfare. Restaurants, both old and new, are resurrecting the Chesapeake dining/culinary scene. Read about several in this month's "Savor the Chesapeake" column by Kelsey Casselbury, as well as her tasty recipe for a frozen treat that's perfect to beat the heat...and be the life of the party.

Honestly, I've only begun to touch on the uplifting content you'll find in this month's issue. I mean, there's even a story about a former NASA astronaut exploring new frontiers (to find out what this means exactly, turn to page 124). A few other things you'll find in here: coconuts (perfect for summer!), martial arts (Cobra Kai anyone?), a standout Terrapin (think football), and, oh yeah, the 2021 Best of Real Estate, Home & Garden winners are announced. So, if one door has closed, you'll know who to call to help you open another!

James Houck,
Editorial Director

A large, stylized handwritten signature in black ink, appearing to read "James Houck".

I hope you have an ambitious and exciting summer; and make the most of it, because the school year and fall season are right around the corner. But that's for another issue.



*Dorothy, 104
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Trish Dunn

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Trish has a proven track record of success. She is a full time real estate agent who also has a residential lender's license which gives her a unique perspective

in the important finance arm of buying and selling homes. Trish is a long time resident of Annapolis who has lived on the Eastern Shore so she can easily work with buyers and sellers alike on both sides of the bridge. She is also an avid runner having completed 53 marathons. She brings the same stamina and focus to her real estate business.



Rachel Frentsos

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Since 2002, I've been helping people find their first, next or forever home in Annapolis and the surrounding areas. In addition to being a Realtor, I am also an

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Deborah has been selling real estate full time in Annapolis since 2005. She specializes in waterfront and luxury homes, new construction, and relocation

to the Annapolis area. Deborah formed Laggini and Associates and is the #1 Group at Annapolis Fine Homes. Prior to real estate, Deborah spent 20 years in corporate sales and marketing and received an MB from Pepperdine University. Deborah has two daughters and four grandchildren and currently resides in the City of Annapolis.



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Karen Nye, a seasoned negotiator, has over 40 years experience serving buyers and sellers in the Annapolis, Baltimore and Eastern Shore areas of

Maryland. She has been consistently recognized as a top agent by Long & Foster Real Estate, Inc. and her peers, to provide full spectrum of real estate expertise to her clients in a timely, professional, and friendly manner. Her skills and experience in new home construction enable her to meet the challenges of building custom homes to remodeling an existing home.



Suzanne Pletcher

REALTOR®

o 410 263 3400
c 301 802 9911
SuePletcher@comcast.net

I am the wife of a military officer and have lived in many places in the world and in many different homes. I know the importance of finding a comfortable home for a

person or a family and am committed to doing my best to accomplish that. I love the Annapolis and surrounding area because of the friendly community and would be so happy to help you settle here.



Wilma Z. Richards

REALTOR®

o 410 263 3400
c 410 703 2229
Wilma.Richards@LNF.com

Wilma Richards has been a Realtor for 27 years with Long and Foster Real Estate, Inc. Before that she co-founded the magazine "Early

American Life" in 1969. Also, she was an executive with the U.S. Dept. of HUD in Washington, DC for 12 years. At HUD, she was awarded the Distinguished Service Award. Wilma has helped hundreds of buyers and sellers and earned the designations of Graduate Real Estate Institute (GRI), Certified Residential Specialist (CRS), and Accredited Buyers Representative (ABR).



Brian Schilling

REALTOR®

o 410 263 3400
c 410 991 7009
Brian.Schilling@lnf.com

Brian has been consistently in the top 1% of volume nationally, boasting over \$250M+ in career sales since 2001. He is a lifetime member of the Master's

Club (top 150). In 2006, Brian was inducted into the Champion Hall of Fame and 2010 Champion Realty Legend. Brian brings strong negotiating skills, attention to detail, and an extremely even keel to the transaction process. He is extremely well respected by peers and treats all of his happy clients as family as they undergo the exciting and rewarding process of buying or selling their home!



Michelle Triolo

REALTOR®

o 410 263 3400
c 410 982 8222
Michelle@MichelleTriolo.com

Michelle is a Chesapeake Bay area expert who has a vast knowledge of our local market inside & out! She is compassionate about helping buyers and sellers

achieve the most out of their real estate transactions and often finds lifelong clients as a result. Providing a tailored plan for every buyer & seller, top-notch marketing skills, strong negotiation techniques, and excellent customer service proves to be invaluable to those who work with her. Servicing Anne Arundel County & beyond...ready to help you from start to finish!

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(l-r) Patricia McMullen, PhD, CRNP; Beman Khulpattea, M.D.; Teresa Diaz-Montes, M.D., *Medical Director*; and Susan Todd Peeler, M.D.

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Out on the **Town**

23 EVENT PICKS | 34 SALUTE | 36 SPOTLIGHT | 40 ATHLETE | 44 INTERVIEW



Maryland State Fair

The Maryland State Fair is back beginning August 26th and continuing through September 6th. The 140th State Fair will take place at the Timonium Fairgrounds in Baltimore County and will be full of daily attractions, home goods, arts and crafts, farm and garden demos, livestock and horse exhibits, rides, games, live concerts, entertainment, horse racing, fair food, and more. Get your family together for fun, food, and an educational experience. Find more information, ticket prices, and a full schedule at Marylandstatefair.com.

↓ MARYLAND RENAISSANCE FESTIVAL

The Renaissance Festival returns this season, beginning the last weekend of August all the way through October at the Renaissance fairgrounds in Crownsville. Each weekend, the festival will be open Friday through Sunday. Dress up in your favorite renaissance costumes, get your smoked turkey leg and other jovial food and drinks, and enjoy the endless entertainment of the 2021 Renaissance Festival. For a map of the village, the entertainment schedule, special events, tickets, and more, visit Rennfest.com.



Waterman's Appreciation Day

At Chesapeake Bay Maritime Museum, celebrate the Chesapeake watermen and their heritage on August 8th. The event will include a 'waterman's rodeo,' boat docking contest, and live music. Steamed crabs, beer, and other foods and beverages will be available for purchase. Find more information at Cbmm.org.



↑ YOGA ON THE FARM SERIES: CELEBRATION OF HARVEST SEASON

From 7:30 to 9 a.m. on August 1st, visit Wildberry Farm + Market in Crownsville for Yoga on the Farm. This morning yoga session will take place among the wildflower fields on the farm. Annapolis local, YogiAllie, will be teaching the class. Social distancing will be observed and there will be plenty of place to spread out. After class, you will be able to pick wildflowers to take home! Rain date is August 15th. Visit Wildberryfarmmarket.com for more information and to sign up.

23rd Annual Treasure the Chesapeake

Visit Baltimore Museum of Industry in Baltimore on August 12th at 6 p.m. for the 23rd Annual Treasure the Chesapeake Celebration with the Chesapeake Bay Trust. This evening will be all about enjoying good company and great Chesapeake Bay fare in a beautiful outdoor setting overlooking the Baltimore Harbor. This event has been bringing together hundreds of Chesapeake Bay partners, legislative leaders, and influential supporters who are committed to a cleaner Chesapeake Bay region for improved mental, physical, and environmental health. Visit Cbtrust.org for more information.



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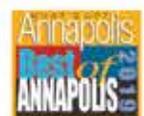
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JAZZ WITHOUT BORDERS OUT-DOOR CONCERT

Visit the Harriet Tubman Museum and Education Center in Cambridge on August 14th to see jazz star Hazel Mitchell-Bell. The concert will begin at 6 p.m. beneath the mural of Harriet Tubman. Though the concert begins at 6 p.m., guests are encouraged to arrive at 5 p.m. to tour the museum in advance of the show. Hazel Mitchell-Bell is a jazz vocalist from Washington, D.C., and will be sharing music from her new album *Sack Full of Dreams*. The suggested donation for the concert is \$20 and reservations are strongly suggested. Reserve a seat by calling 410-228-0401 or 301-310-3296. All proceeds go to funding future programs.

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41ST ANNUAL RESCUE FIRE COMPANY SEA-FOOD FEAST-I-VAL

The gates will open at 1 p.m. to Sailwinds Park in Cambridge for the Rescue Fire Company’s Seafood Feast-I-Val on August 14th. The all-you-can-eat festival will be open 1–6 p.m. and include steamed crabs, crab soup, fried fish, clams, BBQ chicken, hot dogs, and more as well as entertainment from Golden Touch. Tickets are on sale online at Seafoodfeastival.com.



Rock Hall Pirates & Wenches Weekend

Visit Marketplace on Main Street in Rock Hall from August 13th to August 15th for Pirates & Wenches Weekend. Dress up for costume contests, enjoy pirate performers, live entertainment, kids’ activities, and plenty of grub and grog and raffle tickets. Visit Rockhall-pirates.com for more information, full schedule, and list of performers and vendors that will be at the event.

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THE FABULOUS THUNDERBIRDS



AUGUST 3
JON ANDERSON OF YES



AUGUST 4
BILLY BOB THORNTON & THE BOXMASTERS



AUGUST 7
MAGGIE MILES
W. GRAYSON MOON (MATINEE)



AUGUST 8
THE FIFTH DIMENSION



AUGUST 10
BIG BAD VOODOO DADDY



AUGUST 11
PAUL THORN
W. JAMIE MCLEAN BAND



AUGUST 14
JULIAN LAGE TRIO
FEAT. DAVE KING (MATINEE)



AUGUST 13 & 14
JIM BREUR
COMEDIAN



AUGUST 15
BOB BALDWIN
SMOOTH JAZZ



AUGUST 17
INDIGENOUS
FEAT. MATO NANII



AUGUST 18
TUBA SKINNY
NEW ORLEANS JAZZ



AUGUST 19
KATIE PRUITT
SINGER-SONGWRITER



AUGUST 20
MIKE LOVE
REGGAE



AUGUST 22
O-TOWN
W. LFO



AUGUST 25
THREE DOG NIGHT
"JOY TO THE WORLD"



AUGUST 27
HOLLIS BROWN
"50 YEARS OF GETTING LOADED"



AUGUST 28
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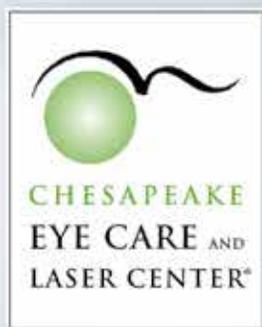
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Rotary Club of Annapolis' 76th Annual Crab Feast

On Saturday, August 7th, the Rotary will host its ever-popular annual crab feast but with a twist. The event will be an online pre-order and "drive-thru" pick-up event only at the Navy-Marine Corps Memorial Stadium. Ordering options include for a bushel of crabs, a half bushel, or 1 or 2 dozen crabs (and include corn on the cob). You can specify your pick-up window in half hour increments from 1-5 p.m. "Rotary Crabs To Go!" is focusing on providing crabs and raising funds in the safest manner possible. For more details and to place your order, visit Annapolisrotary.org/crabfeast.



↑ BANDS IN THE SAND

On Saturday, August 28th, Bands in the Sand makes its triumphant return to the Philip Merrill Environmental Center in Annapolis. Each summer, a sell-out crowd gathers on the beach, kicks off their shoes, and supports the Chesapeake Bay Foundation (CBF) at Bands in the Sand. With live music, local cuisine, and cold drinks, this fundraiser is the best party of the summer and supports CBF's vital mission to Save the Bay. Since 2004, this event has raised more than \$3 million toward saving the Chesapeake Bay. For more information, visit Cbf.org.

AMERICA'S BIRTH CERTIFICATE: THE DECLARATION OF INDEPENDENCE

Historic Annapolis is hosting a virtual lecture on August 17th at 7:30 p.m. The Declaration is a literary masterpiece that was written by 50 people in just 1,310 words, but we continue to dissect its meaning. Join University of Maryland historian Dr. Richard Bell as he tackles the fascinating origins, misunderstood purpose, and extraordinary global legacy of the Declaration of Independence. To tune in, visit Annapolis.org.

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TOWNE SALUTE

David Fletcher

Parkinson's Foundation

By Tom Worgo

For Parkinson's disease patients, David Fletcher serves as both a physical therapist and coach. Fletcher works with about 15 clients a week and offers additional support through the club Rock Steady Boxing Annapolis to some of them.

The club utilizes a proven form of exercise method designed for those whose physical capacities have diminished by Parkinson's. "It's really a class to get these people to improve their quality of life," says Fletcher, an Annapolis resident.

The 52-year-old Fletcher motivates members to participate in a key fundraiser for the Parkinson's Foundation Mid-Atlantic Chapter: Moving Day. The event is a national walk in 45 cities that brings together people with Parkinson's, along with their loved ones and care partners.

His efforts have been fruitful for the foundation, raising nearly \$15,000 over the past three years. Parkinson's Foundation Mid-Atlantic Chapter Development Manager Dawn Lewis says these funds are crucial to the non-profit's educational goals.

"He is our top fundraiser in Anne Arundel County," Lewis explains. "I have felt a lot of energy from him in his

desire to be able to provide services and let people know about the publications and resources that the foundation has available. We are able to give them at no cost because of the fundraising."

These publications include booklets that address various topics related to the individual with Parkinson's, such as fitness, early cognition, dealing with stress, and nutrition. One of the most important things is a hospitalization kit the Mid-Atlantic chapter of the Parkinson's Foundation provides.

"It's a kit that people will take with them when they are going to the hospital so that the medical (staff) is immediately attuned to the fact that they need to get their medication or it will cause episodes," Lewis says. "It has all the information they need."

Lewis and Fletcher spoke enthusiastically about the 2021 Moving Day in May, especially since last year's gathering was all virtual. Once again, the event was in Washington, D.C. It was scaled back from 2019, when participants walked around the Lincoln Memorial Reflecting Pool.

Fletcher, who is captain of the Rock Steady Boxing Annapolis team, which took part in this year's event, at The Wharf restaurant in Southwest D.C., with about 10 other members, hopes to have raised more than his group did in 2020, when they brought in about \$9,000 in donations.

Fletcher decided to dedicate himself to Parkinson's



I HAVE FELT A LOT OF ENERGY FROM HIM IN HIS DESIRE TO BE ABLE TO PROVIDE SERVICES AND LET PEOPLE KNOW ABOUT THE PUBLICATIONS AND RESOURCES THAT THE FOUNDATION HAS AVAILABLE."

patients as part of his practice because his stepfather, William McSweeney, had suffered from the illness. He became a full-time physical therapist in 1999 and started seeing people with Parkinson's two years later.

"He had Parkinson's and it started in his early 40s," he says. "I saw his decline. He wasn't doing anything. Back then, I wasn't thinking about it. I was in physical therapy school at the time."

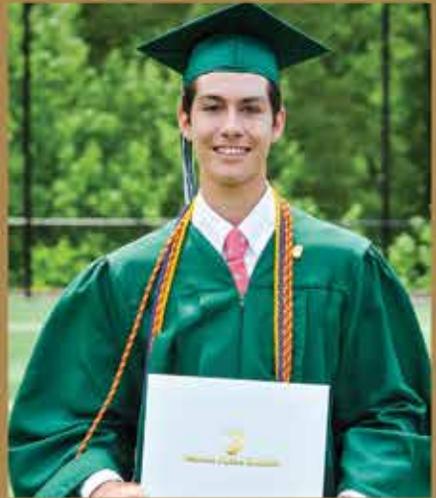
Lewis holds Fletcher in such high esteem for his dedication. "I've been so impressed with him, with the time he takes with people with Parkinson's," she says. "Every support group that I've gone to in Anne Arundel County and Bowie, when his name comes up, they always talk about how much of a difference he's made in their lives. If they weren't exercising, he would spend extra time with them to help get to where they needed to be to have a better life and mental attitude."

Do you have a volunteer to nominate? Send What's Up? an email to editor@whatsupmag.com.

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FENCE & DECK CONNECTION CELEBRATES 30 YEARS WITH RIBBON CUTTING CEREMONY

This year has been a monumental year for our Anne Arundel County-based fence and deck installation company, Fence & Deck Connection. Not only is the company excited to open back up its indoor showrooms and resume normal design consultations after a year of pandemic precautions, it's celebrating its 30th year in business. In June, the company opened its Millersville doors (and parking lot) to employees, customers, and the community for a celebration paired with tasty food from the Truck of Deliciousness, craft beer Crooked Crab Brewing, and live music from Brandt Dunn. All attendees were entered into a drawing for several raffle prizes, including a skillet top grill, bistro sets, deck storage boxes, and Crooked Crab gift cards. In addition to recognizing their 30th year, the company held a belated ribbon cutting ceremony to celebrate the remodel of its Millersville indoor showroom and the completion of the pole barn, which was constructed in 2019. Congratulations!



↑ Natural Benefits Opens in Annapolis

Natural Benefits, LLC, a family health, wellness, alternative, and holistic health, and self-described "nutrition revolutionist," cut the ribbon at its grand opening on June 11th with local dignitaries—including Annapolis Mayor Gavin Buckley and Maryland State Senator Sarah Elfreth—in attendance. The practice offers nutrition response testing, weight-loss plans, body contouring, pain management, virtual yoga classes, nutrition training, and more. Congratulations are in order for Chief Nutrition Practitioner Raelynn Torzone and Operating Manager Steve Torzone.

TOWNE SPOTLIGHT

C. Gaither Scott Memorial Trophy for Corinthian Spirit Awarded

The 38th Biennial Annapolis to Newport Race, held in June, concluded with the prize-giving ceremony on June 9th in Newport, Rhode Island. Many trophies were awarded, including the C. Gaither Scott Trophy for Corinthian Spirit, which was awarded to Annapolis Yacht Club member Tapio Saavalainen, who skippered *Kalevala II* to the corrected time victory in ORC 5. AYC commodore Jonathan Bartlett presented Saavalainen the perpetual trophy that is a pair of crystal sails atop a mahogany wood base that contains the names of previous winners. The Washington, D.C., resident went home with the keeper trophy, a lovely silver urn. "I suppose that I'm going to demand that there is nothing else in the family room except this trophy," Saavalainen said with a wide grin following the Annapolis-to-Newport Race prize-giving ceremony. The C. Gaither Scott Trophy for Corinthian Spirit is presented at the discretion of the Annapolis-to-Newport race committee. This special award, which is not handed out during every edition of Annapolis-to-Newport, was named in honor of the Annapolis Yacht Club's longtime race committee chairman and was introduced following his death in March 2000. "Every trophy is important, but this one is very, very special. I could never, ever have imagined I would receive such a prestigious honor. Very fabulous," Saavalainen said.



ANNAPOLIS SYMPHONY ACADEMY LAUNCHES MAJOR EXPANSION

Annapolis Symphony Orchestra's Maestro José-Luis Novo will join the faculty of the Annapolis Symphony Academy to lead a new high level, tuition free youth orchestra. The Orion Youth Orchestra will be the only youth orchestra in the region to be conducted by the music director of its parent professional orchestra. This move is a key component in Academy's new preschool to high school expansion designed to cultivate young musical talent and promote diversity. Starting in September 2021, students as young as 4 can enroll in the Academy's new Discovery Early Childhood Music classes. From there, students can progress into one-on-one music lessons with Annapolis Symphony Orchestra members, and skill-appropriate ensemble and chamber groups, culminating in the opportunity to join the Orion Youth Orchestra, a high-level merit-based performance group. For the first time since its founding in 2018, all Academy chamber ensembles and orchestras will accept auditions from non-Academy students who already study music with a private teacher. The generosity of donors allows the Academy to award need-based and merit-based scholarships as well as financial assistance to qualifying students. All student members of Orion will receive a full orchestral scholarship. "We've created something that doesn't exist in Maryland," says Netanel Draiblate, founder and executive director of the Annapolis Symphony Academy. "This is an unprecedented opportunity for talented, motivated students from anywhere in our region to follow a musical development path from 4 years of age to the pinnacle of the Orion Orchestra under the direction of Maestro Novo, a world-renowned conductor."

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Extensive Decks and Multi Level landscaped patios are accessed by all of the living areas making this home a pleasure to entertain in. Sumptuous Master Suite offers a double sided fireplace complete with a designated Jacuzzi Shangri-La within the Master. Huge Master bath with Additional Shower, Double Vanity and Water Closet. 4 large closets, 2 walk-in and 2 extra give the Lady and Gentleman abundant space. A wonderful private Sitting Room/Gym/Office with private balcony is located within the Master Suite. 4 Additional Guest Bedrooms and 3 Full Baths allow for Family and Friends. The home was smartly designed with a Full In-Law/Au Pair Suite with Kitchenette/ Living/Dining. Full Bath and Large bedroom with wonderful water views that lead out to gorgeous patios. The lower level also has a Sauna with a massage/meditation room to give you ultimate luxury and relaxation in the privacy of your own home. A gracious stairway leads you down to the waterfront encompassing a storage building for all of your water gear and toys. The dock leads out to deep water with 2 Jet Ski Lifts a 3 Slips. One Slip provides a 15K lb. Lift a second Slip has an 8K lb. Lift and the third Slip has a 16ft Beam and 4 Pilings for Mooring. So many features and upgrades in this rarely offered opportunity that a comprehensive list will be provided. This superb waterfront gem is a Must See!



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SUPPORTERS TOAST NEW BUSCH ANNAPOLIS LIBRARY AND 100TH ANNIVERSARY

A group of donors, volunteers, and supporters celebrated the Anne Arundel County Public Library's 100th anniversary and the system's impact in the community with a special event at the Michael E. Busch Annapolis Library on June 17. A toast was made outside the beautiful new facility, the first newly constructed library in 15 years. Opened during the crush of the pandemic, the new library features an expanded children's area, large meeting room, collaboration spaces, Makerspace, vending cafe, community living room and plenty of books, movies and other materials for the whole family.

Do you have community or business news to publicize? Send What's Up? an email at editor@whatsupmag.com.



September 18, 2021
8:00 am Assemble at the Oxford Community Center
9:00am Flag Out

Continental Breakfast provided by the OCC
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TOWNE ATHLETE

Makena Smith

Broadneck High School | Volleyball

By Tom Worgo

Makena Smith spent a few years living in California, where volleyball dominates. That’s where Smith, a recent Broadneck graduate, got the itch to play the sport and set a lofty goal in middle school of making it her future.

“

I’VE KNOWN SINCE THE SIXTH GRADE I WANTED TO PLAY DIVISION I VOLLEYBALL, I WASN’T GOING TO LET ANYTHING STOP ME.”

“I’ve known since the sixth grade I wanted to play Division I volleyball,” she explains. “I wasn’t going to let anything stop me.”

Smith played for the SoCal Volleyball Club, but made a key career move later after moving to Maryland when she joined the Metro Volleyball Club of D.C. in 2016. What a club it is. She competed with Metro in the USA Volleyball Championships—which featured the 36 best teams in the country—for four years in Minnesota, Michigan, Indiana, and Ohio.

And Smith faced elite players who went onto the best college programs in the country, including Stanford, UCLA, and Texas. Those types of experiences and suiting up for Metro were crucial to her development.

“It’s just an amazing experience playing with and against the best players in the country,” she says. “Everyone on my team is going to Division I. I have gotten so much better playing club for my D.C. team. I compete at a high level now, but also can compete at the highest level in college.”

Indeed. The 6-foot Smith will attend Lehigh University on a volleyball scholarship. She chose the school over offers from East Carolina and UMBC.

“They have a relatively new coach (Alexa Keckler) and I love her idea of revamping the program,” says Smith, who wants to major in marketing. “It’s something I want to be part of. It’s also relatively close to home and a beautiful campus. There’s nothing I don’t love about Lehigh.”

Keckler often recruits players from Metro Volleyball Club of D.C., and Smith possesses all the skills the coach looks for in a top-notch setter. There’s an opening in the lineup this fall for the Mountain Hawks, but Keckler makes it clear that Smith stand out in preseason practices.

“We try to identify kids that are going to develop and make an impact in our league,” the coach says. “She has all the skills to do that for sure. Her height combined with her smooth hands, ability to be offensive, and big presence at the net was very attractive.”

Rigorous workouts over the summer helped Smith prepare for the fall season. She trained two hours a day, running, lifting free weights, and riding a Peloton bike. “I want to have the opportunity to start as a freshman,” says Smith, who trained an hour per day in the offseason during high school. “I can’t do that if I am not in the best shape possible.”

At Broadneck, Smith will be remembered. She set a school record with a whopping 1,258 assists over a four-year career

as a starter. Smith was nominated twice for the Maryland Gatorade Volleyball Player of the Year. She served three years as a team co-captain. Broadneck Volleyball Coach Tracey Regalbuto raved about Smith's leadership skills and maturity.

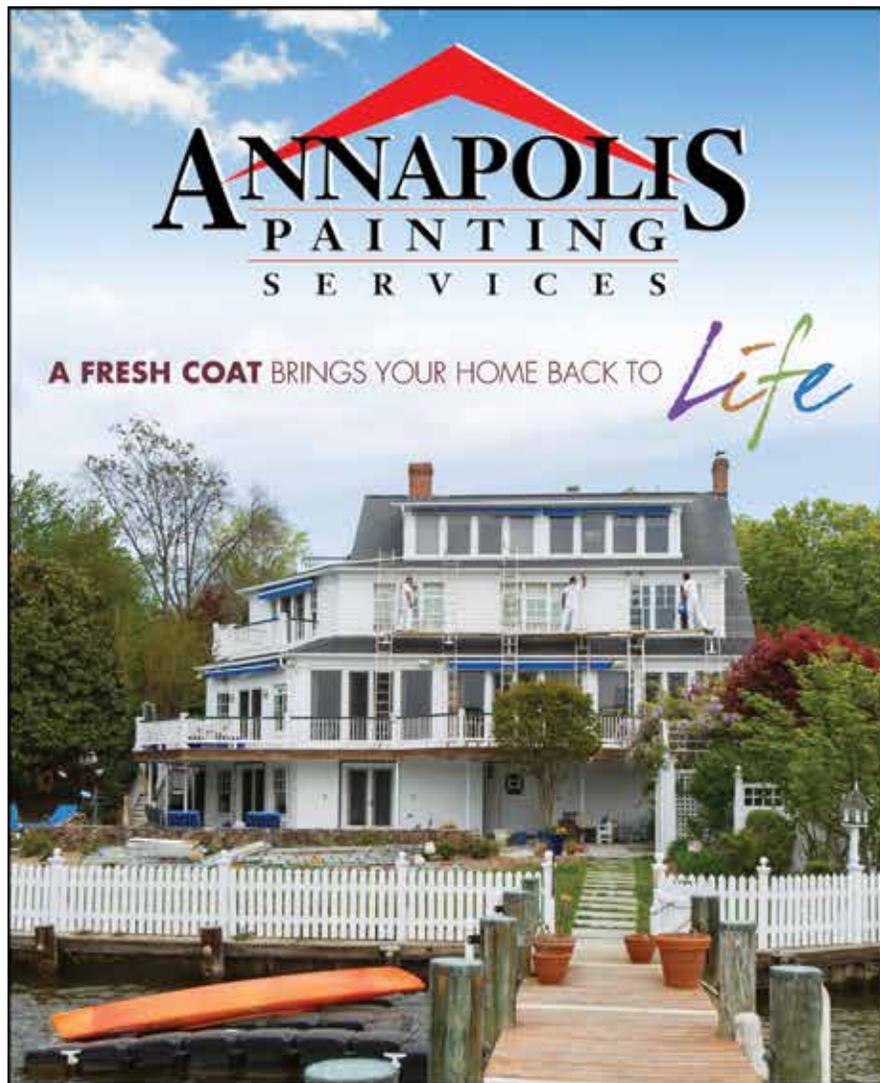
"Typically, a sophomore doesn't have that role as a team captain, and a leader of players two years older than her," Regalbuto says. "Her teammates looked up to her and wanted to work as hard as she did. She has shown leadership skills ever since I have known her, since she was 12."

Smith, who carried a 3.65-grade point average in high school, helped Broadneck to the Class 4A state championship game during her junior year when she totaled 741 assists, 152 digs, 48 aces, 76 kills, and 33 blocks.

She earned Baltimore Sun First-Team All-Metro as both a sophomore and junior and was named All-County in her first three seasons with the Bruins.

"She was the reason our offense was as so fast and consistent," Regalbuto says. "Her blocking was fantastic. She shuts hitters down. The biggest thing she adds to any team; other teams have a hard time keeping up with the speed and direction of her sets."

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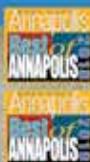
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TOWNE INTERVIEW

Taulia Tagovailoa

Quarterback, Maryland Terrapins Football

By Tom Worgo

Photography courtesy University of Maryland

You can call quarterback Taulia Tagovailoa the face of Maryland football. The country knows Tagovailoa better than Terps' Head Coach Mike Locksley because of his family pedigree. Tagovailoa's brother, Tua, led Alabama to two collegiate national championships and now starts at quarterback for the Miami Dolphins.

Taulia, a junior who transferred from Alabama after his freshman year, wants to reach his brother's level of success. The younger Tagovailoa expects to catapult Maryland to the next level and one day play in the NFL.



"THERE'S NO DOUBT HE HAS THE SKILLS TO PLAY AT THE NEXT LEVEL. I SEE HIM IN THE MOLD OF A LOT OF QUARTERBACKS THAT ARE PLAYING IN THE NFL."

The 5-foot-11, 205-pound Taulia has a cannon for an arm and good speed for a quarterback. He scored a 40-yard touchdown run against Minnesota last fall.

"There's no doubt he has the skills to play at the next level," says Locksley, a former Alabama offensive coordinator. "I see him in the mold of a lot of quarterbacks that are playing in the NFL."

Tagovailoa also had some memorable games passing in his first season as a starter. He completed 18 of 26 passes for 282 yards and three touchdowns in a 35-19 win over Penn State and hit on 26 of 35 passes for 394 yards and three touchdowns during a 45-44 conquest of Minnesota.

Tagovailoa graduated from Honolulu's Saint Louis School, where he was a four-star recruit. He chose Alabama over scholarship offers from LSU, Florida, and Tennessee.

"One thing that jumps out at me the most is his ability to throw the ball accurately," Locksley says. "He is also able to make big plays because of his feet."

We recently talked with Tagovailoa about his relationship with Tua, the prospects of leading Maryland to a winning season, and the influence Locksley has had on him.

Your brother won two national championships at Alabama and is the starting quarterback for the Miami Dolphins. Have you leaned on him for advice a lot over the years?

I have always been learning from my brother since I became quarterback. I talk to him every

day. He's my role model and someone I look up to. He played in the same system we use now. I call and ask about certain plays we run. He always tells me to be myself, don't listen to the outside noise, and continue to work hard. That's what I have been doing.

What was it like being on the same team for a year at Alabama?

It was a blessing. I wouldn't take any of those days back. It was so great to play with him on the same team. Those memories last a lifetime. My family was very happy with it. They didn't have to go to two different colleges to see us play. The just had to go to an Alabama game. It was pretty cool that we could get the entire family in one place.

Was it a sibling rivalry between you two growing up?

It was a healthy competition. My dad pushed us every day, and I feel we made each other better every day. It was really a lot of fun playing football with him. How can you beat playing with your brother?





Did you start playing center in youth football with your brother the team's quarterback?

Yeah, I was a little bigger when I was young. We had weight divisions, and I couldn't make weight in my age group, so I had to play with my older brother and I could barely make weight in that age group. I was always the biggest in the weight groups, but the smallest on the team.

Is it true you wanted to play center because of your uncle?

My uncle Derek played center at the University of Hawaii and he was coached by June Jones, who was like a legend on the West Coast. My uncle played in front of our hometown fans, and the games were packed all the time. I wanted to follow in his footsteps. I made the switch to quarterback when my brother went to high school.

What is your ultimate goal in football? Since your brother has made it in the NFL, does that give you extra motivation to do it?

I want to win a Big Ten championship and a national championship. Everything my brother

has accomplished. I believe I can do it. It's crazy to think I will have the same opportunities to do it. I am trying to work hard every day to put myself in that position. It's always been a goal of mine to play in the NFL. That's why I compete to be one of the best.

The Terps haven't had a winning season since 2014? What gives you the optimism that you can help Maryland change that?

It's going to change. I feel we have a great team and we can do something really special. I feel our team is building an identity. We have put in the work. We are like a family now. We are getting stronger together. We have a lot of young players, and I think the biggest thing is that we have spring football. Last year, we didn't get to do that.

Can you talk about your growth as a player and where you are this year versus last year?

Last year, I was young. I had a lot of ups and downs, but I am grateful because I matured and it helped prepare for the 2021 season. Going into the season, I

know what to expect now. I got my feet wet. So, I know it's about preparing the right way.

Can you describe your style of play? Do you like being known as a dual-threat quarterback? You seemed to be that type of player last year.

I want to be known as a pocket quarterback. I am working on my pocket presence. Staying in the pocket and beating people with my arm. I want to have the ability to extend plays and run if I need to. I need to continue to work on my speed because a lot of big plays can come out of that. I am just trying to make big plays. I worked on it all spring.

Was coach Locksley a big reason why you transferred to Maryland?

My family trusts that he wants the best for me and my mom wanted me to go somewhere I would be comfortable. I like his offensive scheme and the type of person he is. He was always there for Tua at Alabama. When he recruited me to Alabama, he was the same type of person. He tells you the truth. My brother had a lot of good things to say about him.

What else attracted you to Maryland? Did a stacked depth chart at Alabama contribute to the move?

Yes. I want to make my own name and get my feet wet by playing. I don't know how much playing time I would have gotten at Alabama. I want to build my own brand. I can do that with coach Locksley.

Can you talk about your relationship with coach Locksley? What are some of the takeaways?

I have learned a lot from coach Locksley. That I can handle being a starting quarterback in the Big Ten. That I need to have that mindset. We have a great relationship. I am with coach almost all the time, and I can call him up anytime of the day. Sometimes, on the weekends we just call each other and ask each other if we had seen a certain college game that played on TV and the read that quarterback had made.

The Maryland Terrapins' football season kicks off September 4th vs. West Virginia at Capital One Field at Maryland Stadium. For the season schedule and more information, visit umterps.com.

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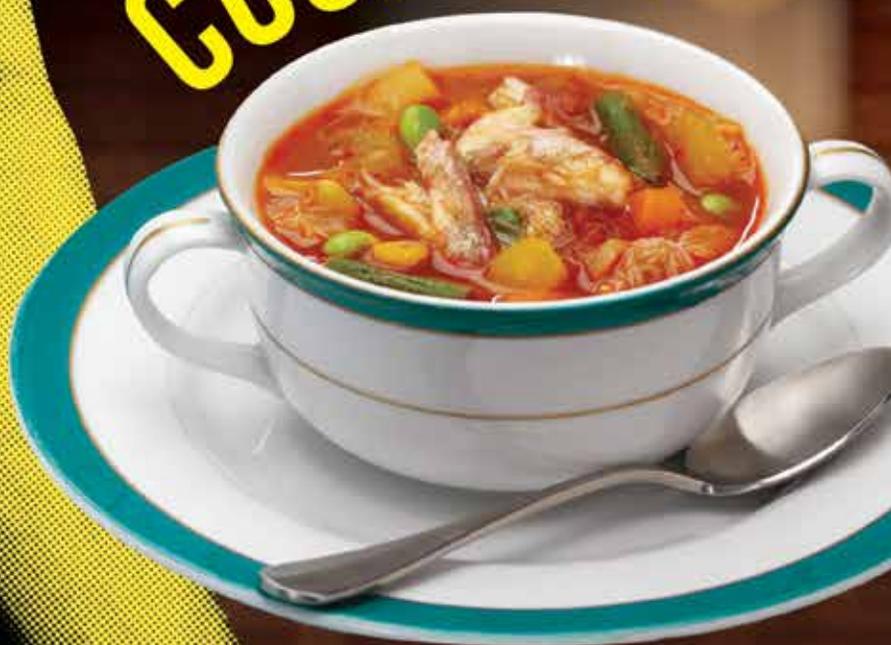


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By Ines Alicea



fter an aunt who cared for her died and a hurricane wiped out much of Honduras in 1999, Estela Ramirez, then 15, and her brother rode buses for 1,600 miles to reunite with their birth mother, who they had not seen since birth and who had a young new family in the United States. Their family members feared that if the siblings stayed in Honduras, they would be forced to join violent gangs which she said is often “not optional.”

“I remember crossing the Rio Grande and trying to climb this hill,” says Ramirez, now the assistant director of the Chesapeake Multicultural Resource Center in Easton, Maryland. “I kept sliding back down. My brother reached the top of the hill and I was terrified I would lose track of him. I was crying and crying. It was an anguish I’ll never forget.”

Anne Arundel and Talbot Counties have experienced significant growth in the Hispanic population in the past 20 years largely due to the number of immigrants from Latin America moving to those counties. In 2000, the Hispanic population stood at 2.6 percent in Anne Arundel County and in the latest data available from 2019, Hispanics comprise 8.4 percent of the county’s residents and nearly 23 percent in Annapolis, according to the U.S. Census. Talbot County saw its Hispanic population grow to 7.2 percent from 1.8 percent during the same time frame and it stands at 10.8 percent in Easton alone. In both counties, the Salvadoran, Guatemalan, Mexican, and Honduran communities are the predominant groups, but Talbot is seeing an increasing number of Venezuelans fleeing unrest in their country.

The Picture in Talbot

“A lot of people don’t understand the importance of the immigrant community,” suggests Matthew Peters, the nonprofit center’s executive director. “If we took out the Hispanic community, the majority of our population would be over 60 years old. Talbot County is known as a retirement community. We would have a huge gap if it weren’t for the immigrants. They keep the schools vibrant, alive, and progressing. They work in agriculture, the fisheries, and tourism. They are still part of our community and our schools.”

Five years ago, Ramirez shared her personal story with a local newspaper for the first time and she said her two daughters were upset with her, fearing that their single mother would get deported and that authorities now knew where they lived. They expressed terror about having to go live in Honduras, where neither they nor their mother had ties.

“In that moment, I knew all that they suffered,” says Ramirez, who at the time had been working under the Deferred Action for Childhood Arrivals (DACA) program, an immigration policy that allows some

individuals brought to the United States as children to receive a renewable two-year period of deferred action from deportation and become eligible for a driver’s license, a Social Security card, and a U.S. work permit. The program does not provide a path to citizenship.

“It has been a long path, lots of tears, lots of sleepless nights, a lot of worry, but we’re almost there,” she says. “I know how difficult it is to work two jobs, raise a family, and learn a new language.”

Victoria Gomez, the center’s outreach coordinator, says immigrant families are under inordinate stress, trying to become citizens, working multiple jobs, learning English, and figuring out how to live daily life in the United States, like how to pay a bill and taxes or which immigration lawyer they can trust not to abscond with their hard-earned money. She said it makes her “happy” to have a job where she can provide support to immigrants.

“This center shows the face of humanity not seen in many other places,” says Gomez, a native of Mexico. “The resources are out there. We just have to find them sometimes. (Donors) have been generous and help always seems to come from somewhere. I tell the (immigrant) families, ‘if you have a need, please come, and we will find a way.’”

Meanwhile in Anne Arundel

While the governmental offices of Talbot County have largely relied on the Easton center to provide services for the immigrant community, the governments of Anne Arundel County and Annapolis have offices designated for helping Hispanics. Those offices work closely with nonprofits also dedicated to assisting immigrants.

“The pandemic at the beginning of the year highlighted the lack of resources that existed in the county for the Hispanic community,” says Sergio Polanco, multicultural affairs officer for Anne Arundel County. “Many were losing jobs. Many of them didn’t have computers and all of the sudden, they had to be computer experts. As immigrants, we fell, but we picked ourselves up and reinvented ourselves. We’re stronger and more united.”

Polanco says that while many did not own personal computers, most had Facebook on their smartphones so his office worked with Facebook groups like “Fuerte Annapolis” to reach nearly 5,000 people daily and share information on a variety of topics, including updates on schools, COVID testing, mask distributions, computer classes, and vaccinations. Polanco also hosts a regular Q&A on the platform and streams live on Anne Arundel County’s Facebook page. Since many immigrants didn’t qualify for unemployment or stimulus checks, as thousands lost jobs, his office sought out grants to help provide food and monetary aid to cover rents, utility bills, or other expenses.



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—Matthew Peters



This center shows the face of humanity not seen in many other places”

—Victoria Gomez



As immigrants, we fell, but we picked ourselves up and reinvented ourselves. We're stronger and more united."

—Sergio Polanco



The success of our center is due to our ability to understand the suffering in our community"

—Estela Vianey Ramirez

"We wanted to make it a priority to understand the community's needs," says Polanco, adding that COVID forced his office to develop new outreach efforts since the community picnics he used to sponsor around the county were no longer an option. "The community had a difficult path. They didn't have the financial support or the recovery that the rest of the community had and there are still many challenges."

Thirty-three percent of the COVID cases in Annapolis were among Hispanics and nearly 14 percent of the deaths, according to the city's health data. Polanco's office contacted 11 foreign consulates to make arrangements for repatriating bodies of people who died of COVID.

"We were able to hammer out a lot of difficult questions," he says. "We succeeded by coordinating with Anne Arundel County Public Schools and the Health Department. Lack of information initially was a big factor because all of the information was in English."

Empathy to Help Meaningfully

Easton center director Ramirez says the situation in Annapolis mirrored what was happening in Talbot County, but Talbot County had fewer employees in the governmental offices who spoke Spanish.

"The success of our center is due to our ability to understand the suffering in our community," Ramirez says. "There were a lot of poor families who had no choice but to go to work. They were greatly impacted out of necessity."

The job losses and steep declines in personal income among immigrants nationwide were not only felt locally, but also worldwide. Many Latin Americans send remittances to help support family members in economically-strapped countries. Remittances are funds sent by migrants via formal channels such as banks. According to the World Bank, remittances to Latin America in 2016 stood at \$74.3 billion and two-thirds of that came from migrants in the United States. But, due to the pandemic, the bank estimated that remittances dropped 14 percent in 2021. The impact on the economies is significant, particularly since the remittances are larger than foreign direct investment.

Laura Gutierrez, Hispanic Community Services Specialist for the Office of the Mayor of Annapolis, says the first days of her current job coincided with the start of the pandemic. She spent months building ties in the Hispanic community, going house to house with her staff members, discussing face masks, how to quarantine, what sanitizers to use, where to get tested, and where to go for vaccines. But, she said the problems the community faced were bigger than she anticipated.

"I knew it was bad, but I didn't know how bad," Gutierrez says. "Eighty-four percent lost jobs or had reduced hours. Seventy percent were living in overcrowded homes. Eighty percent of the people we interviewed didn't have health insurance. One-third of the people going through the vaccine clinics were illiterate in both Spanish and English. Twenty percent had no access to Wi-Fi at home."

Progress is being made. Gutierrez managed to get free Wi-Fi for many low-income families for one year. She built a vast network of contacts and resources. She worked with local businesses to sign up Hispanics to receive her office's text messages so she could provide information quickly to large groups of people. Also, by going door-to-door, she identified potential community leaders whom she hopes to train.

Gutierrez is acutely aware that during a major public health crisis, the country did not tap into a wealth of trained health care professionals who, because they lack citizenship, are relegated to working low-paying jobs. The Migration Policy Institute, a D.C.-based nonpartisan organization that seeks to improve immigration and integration policies through research and analysis, says that as of 2020, the United States has 263,000 immigrants with undergraduate degrees in medical and health sciences and 837,000 with health-related undergraduate degrees nationwide, but their skills are underutilized because they are out of work or in a low-skilled job. Maryland was ranked the ninth worst state with 7,000 people who could have contributed. Gutierrez successfully identified 11 trained health care workers who are immigrants and put them to work.

"Annapolis was not prepared for the Spanish-speakers," Gutierrez says. "There were a lot of technical and cultural barriers. It is still hard to work with partners who are used to English customers."

Her next steps are to focus on Latina empowerment including helping Latinas dealing with domestic violence, and to publish a magazine of the art and poetry of young Latinos.

"Often people assume Latino means everyone is Mexican," Gutierrez says. "We have rich diversity in our Latino population."

Gutierrez says her office is leading an effort to promote Hispanic health equity and has advised other counties on how to engage the community and develop effective outreach strategies.

"We also have helped two county health departments start up new community health outreach programs," she says. "It is an exciting endeavor with a strong chance of implementing some serious change across the region."

The center in Easton provides a variety of support services—immigration clinics, citizenship classes, after-school tutoring and mentoring, information on health, education, and other resources in the community, language classes, assistance on a variety of topics, including how to start a business, or how to pay a utility bill—all at no cost to immigrants residing in Talbot and surrounding counties like Caroline, Queen Anne’s, and Dorchester.

Paths to Citizenship

The center has successfully helped 200 people become citizens. But, the road to citizenship is long and often fraught with many uncertainties. Ramirez, the center’s assistant director, says it took her 19 years to get a Green Card, which will allow her to secure citizenship in three years.

“The process is very complicated, especially if you don’t have a legal background,” says Ramirez, who adds that the center sponsored her employment, making it possible to finalize the path to citizenship. The sponsorship allowed her to buy a house, build credit, and take college classes.

President Biden has proposed a U.S. Citizenship Act—which would cover about 11 million undocumented immigrants—but zero Republicans have signed on to the measure. Democrats are also advancing bills that would grant citizenship to smaller groups of immigrants.

When a loved one is deported suddenly, Gomez and the center step in to help the family left behind, providing a few days of meals, emergency rent or utility money, or other sources of support. She understands the challenges immigrants faced in their home countries, like few jobs, no public education, poor medical care, and extreme danger.

“People come looking for better opportunities for themselves and their children,” she says. For Gomez, her U.S. citizenship gave her not only peace of mind, but also an opportunity to get proper medical care for her mom’s cancer and escape a country where people are killed daily when caught in the crossfire of the drug cartels. Gomez says her brother was murdered in Mexico and to this day, she doesn’t know exactly what happened.

The center in Easton is unique. Local and county governments refer people to it for a variety of services, but most of its funding comes from private donations and 20 percent comes from contracts with local agencies for language services, outreach, and programming.

Peters says there is a great deal of need for the center’s services. He says that in 2000, students who identified as Hispanic were only about 1 percent of the students enrolled at Easton Elementary School. Today, more than 36 percent self-identify as Hispanic.

Peters says he hopes he can build on the numbers of contracts the center receives for its work to help address the growing need in Talbot and neighboring communities. The contracts help him add staff and makes their work more sustainable in the long term.

“We want to have the flexibility to provide help where it is needed,” Peters says. That flexibility has helped the organization gain the trust of the clients it serves and that of government offices. Peters has provided cultural competency training to the city police department.

Peters admits it’s a delicate balancing act running a center that helps the immigrant community because of the animosity that arises in certain sectors of the community about helping people who are undocumented.

“There is so much animosity,” Peters explains. “I say, ‘Come on. Let’s move on.’ If people could move on, it would radically change our communities for the better. We need immigration policies that benefit and reflect our communities that have been here 15 to 20 years. We’ve been nibbling around the issue by providing more education or more assistance, but what we need to do is move forward as a country and recognize the reality and that we can solve this problem now.”

Six in 10 undocumented immigrants have lived in the United States for a decade or more, according to the Migration Policy Institute. Many can’t risk going home to be with dying parents or attending burials in their home countries because they could be arrested even though many have spent decades here.

“I felt so relieved when I got my citizenship,” says Ingrid Diaz, a native of Guatemala who works as the Easton center’s community liaison and is a recent graduate of Easton High School. She made the trek to the U.S. border by herself in 2014. “It was such a huge blessing (to get citizenship). It was so difficult for so long because I felt I had to be very careful with what I said because it could be held against me. Also, when you look for jobs, many people want citizenship, which leave you without opportunities for employment.”

Even though Jennifer Villacorta, the center’s communications director, was born in the United States, she said she worries about other family members who are under an immigration program called Temporary Protected Status, another policy that does not lead to citizenship. It gives work permits to people from countries that the Department of Homeland Security has determined are unsafe to return to or that the country can’t handle a large migration. Villacorta is the oldest of seven siblings, all U.S. citizens, and she worries that if her mom were to be deported, Villacorta would have to take over. Her family sends money weekly to support her grandparents, but the cost has been that she rarely sees her mother. Her mother works two jobs seven days per week.

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—Matthew Peters



Jennifer Villacorta is the communications director for the Chesapeake Multicultural Resource Center in Easton. The recent Easton High School graduate was born in the U.S. and is the oldest of seven siblings (all U.S. citizens), but worries for other family members in the states on Temporary Protected Status, which does not guarantee a path to citizenship.

“She comes home very tired, but she wants to be a mom so she cooks for us,” says Villacorta, also a recent graduate of Easton High School.

Peters says his focus is on helping families and easing their burdens. He laughs when he shares that he “didn’t really like people” after graduating from college with a forestry degree so he spent more than a decade planting trees in Guatemala. He soon realized that the survival of trees depended on the health of people. When he returned home, his whole mindset changed. He became heavily involved in the center and eventually became its executive director.

“If you have a healthy family, you will have a healthy community,” Peters says.

The Pursuit of Education

Cristal Garcia-Lara, the youngest board member of the Annapolis-based Creating Communities, a nonprofit dedicated to teaching life skills through art to students from low-income households in Anne Arundel County, wholeheartedly agrees with Peters. Garcia-Lara says the pandemic was not only hard on the children, but also on their parents. She helped families set up Kindles, introduced them to different outside programs to keep everyone engaged and entertained, and arranged to have artists from around the world teach art to the children virtually. She also helped the mayor’s office with outreach efforts to boost vaccination rates and distribute fresh produce.

Garcia-Lara, a graduate of St. Mary’s College, also knows the challenges of being a first-generation

student to go to college so she arranged a college preparatory program through the organization.

“First-generation people don’t get that whole ‘my cousin did the SAT thing’ so I know how to do it too,” Garcia-Lara says.

The center in Easton also has worked to boost the numbers of Latino students attending college, pairing students with retired professors to prepare college applications. The effort seems to be paying off as the University of Maryland reported a significant increase of Hispanic enrollment of incoming freshmen and transfer students. Nearly 16 percent of transfer students to the College Park campus in the fall of 2020 were Hispanic, according to the UMD.

“We work closely with counties across the state to recruit students of color to UMD, including Latinx students, and actively engage in robust community outreach, partnership development, and vigorous recruitment necessary to build entering classes of students that provide the diversity that we know improves the educational outcomes for all students,” says Shannon Gundy, executive director of UMD’s undergraduate admissions.

But, the Hechinger Report, a national nonprofit newsroom that reports on education, says more work needs to be done because Latinos comprise 21 percent of high school graduates in Maryland, but only about 8 percent of UMD freshmen enrollees.

Thankfully for the Hispanic community within our communities, there are organizations and governments dedicated to the causes that this population can positively affect. There is hope because there are faces of humanity.



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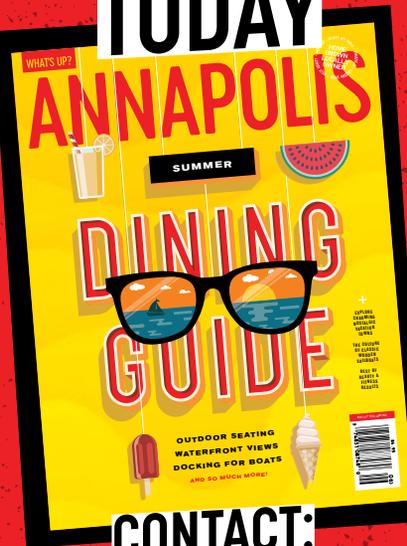


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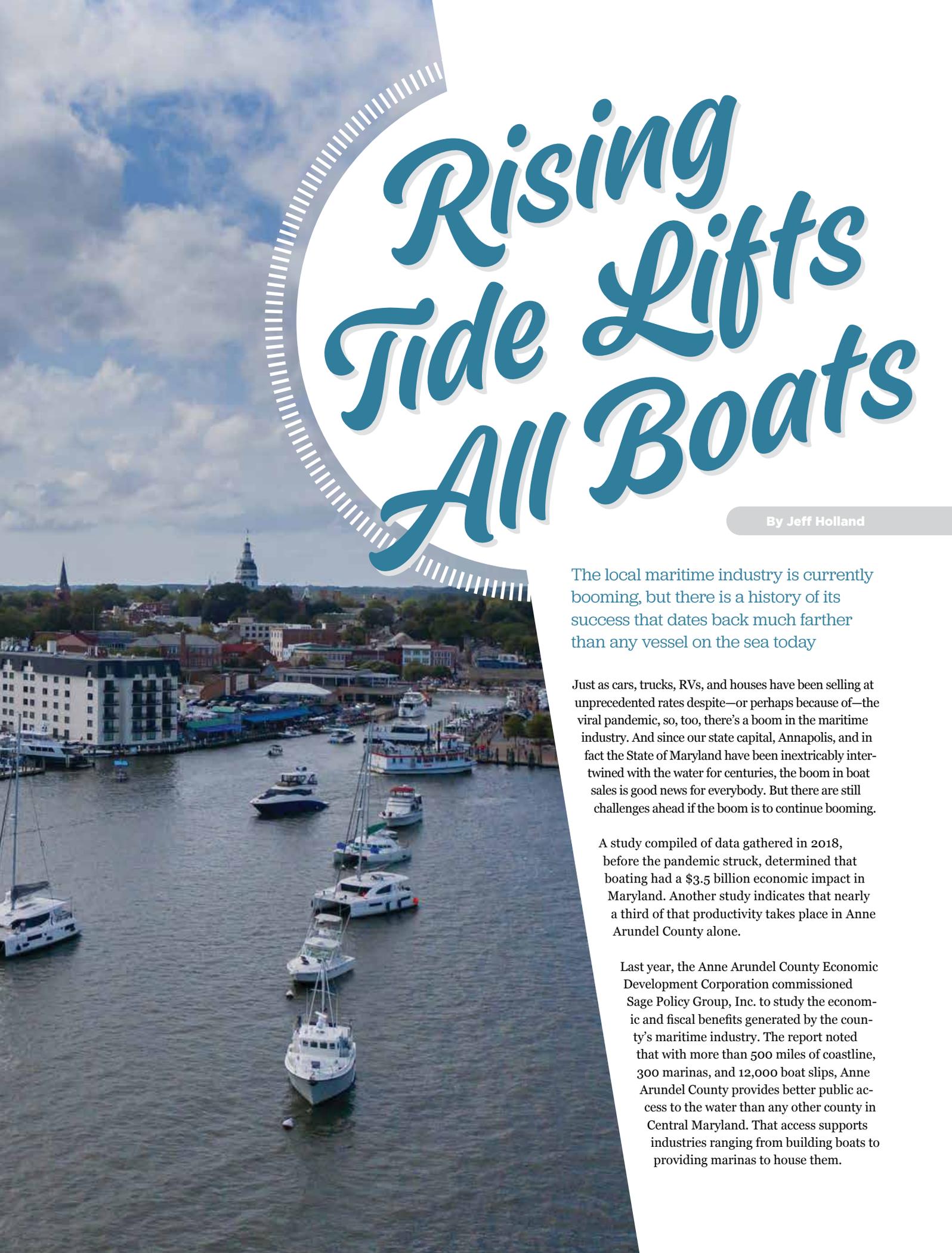
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Rising Tide Lifts All Boats

By Jeff Holland

The local maritime industry is currently booming, but there is a history of its success that dates back much farther than any vessel on the sea today

Just as cars, trucks, RVs, and houses have been selling at unprecedented rates despite—or perhaps because of—the viral pandemic, so, too, there's a boom in the maritime industry. And since our state capital, Annapolis, and in fact the State of Maryland have been inextricably intertwined with the water for centuries, the boom in boat sales is good news for everybody. But there are still challenges ahead if the boom is to continue booming.

A study compiled of data gathered in 2018, before the pandemic struck, determined that boating had a \$3.5 billion economic impact in Maryland. Another study indicates that nearly a third of that productivity takes place in Anne Arundel County alone.

Last year, the Anne Arundel County Economic Development Corporation commissioned Sage Policy Group, Inc. to study the economic and fiscal benefits generated by the county's maritime industry. The report noted that with more than 500 miles of coastline, 300 marinas, and 12,000 boat slips, Anne Arundel County provides better public access to the water than any other county in Central Maryland. That access supports industries ranging from building boats to providing marinas to house them.



“The industry’s ability to attract recreational boaters and their spending power to the county also supports jobs and economic activity,” the report stated. The presence of the Coast Guard station on Thomas Point and Naval Academy also add some panache.

Sage determined that Anne Arundel County’s maritime industry directly supports nearly 5,700 jobs and more than \$274 million in annual employee compensation. When you figure out where those 5,700 employees spend their earnings, the report estimates that the county’s maritime industry supports 8,600 jobs, \$416 million in annual employee compensation, and nearly \$1.2 billion in annual economic activity.

To put things in perspective, the Sage report notes that while Anne Arundel County’s maritime industry’s \$1.2 billion in annual economic activity is impressive, it’s only about 2.5 percent of the county’s annual gross county product as reported by the U.S. Bureau of Economic Analysis. Still, it’s about 43 times greater than the county’s agriculture industry.

The report concludes that recreational boaters in Anne Arundel County spent \$96 million every year on their boats and boating-related activities.

And that was before the pandemic.

Since then, the National Marine Manufacturers Association has estimated that boat sales have increased perhaps as much as 12 percent all across America. In Maryland, there’s anecdotal evidence that the business is booming. One exhibitor at the spring boat show at the Bay Bridge Marina in April reported that “the show was fabulous. Over the four days it was open, we had almost 10,000 people there. Everybody said it was good to be out and all the brokers sold out their inventory at the show.”

Early in the epidemic, boat dealers expressed anxiety as the pandemic caused a shutdown in activity, then relief as it appeared that the public perceived boating as a safe pursuit, one that could be enjoyed by the family together, apart from the rest of the world. “They couldn’t take their family to Europe or Disneyland,” said one broker, “so they spent their money on boats.”

Dealers are also reporting that more people than ever before who are new to boating are buying into the lifestyle, purchasing new and used powerboats and sailboats, large and small.

So to gain some historical perspective on this phenomenon, let’s start with a boat ride in Annapolis Harbor.

Picturesque Scenes of a Booming Industry

Sitting on a small boat in the middle of the harbor, you can look northeast across the Severn River and see Greenbury Point on the far side, marked by the trio of red-and-white “Eiffel” towers, with a glimpse of the diplotocus-skeleton arch of the Chesapeake Bay Bridge beyond. Scanning to the right, you see the waterfront houses and condo buildings festooning Horn Point, the shoreline girded with marinas packed so tightly that an enterprising cat could traverse the full length of the Eastport waterfront by hopping from transom to transom without ever getting his feet wet.

Then you see the long, low expanse of the Spa Creek drawbridge, site of the Maritime Republic of Eastport’s annual .05K Bridge Run. The spindly spire of St. Mary’s Church pierces the sky above the off-white block of the Waterfront Hotel that marks the entrance to the Market Slip, better known as “Ego Alley.” The tall wedding-cake tiers of the State House dome rise up above the clamor of City Dock, surrounded by the red-roofed, red-bricked buildings of the Annapolis Historic District in contrast to the copper-topped white granite halls of the United States Naval Academy, its chapel dome currently ensconced in a veil of scaffolding.



This was one 360-degree panoramic snapshot on one afternoon. It would be difficult to estimate the number of dollars represented just by the number of hulls in that view, let alone all of the ancillary expenses generated by each one: fuel, docking and mooring fees, money spent on provisioning food and beverage while cruising, and money spent in bars and restaurants while visiting ashore, not to mention the cost of keeping each boat afloat all year round.

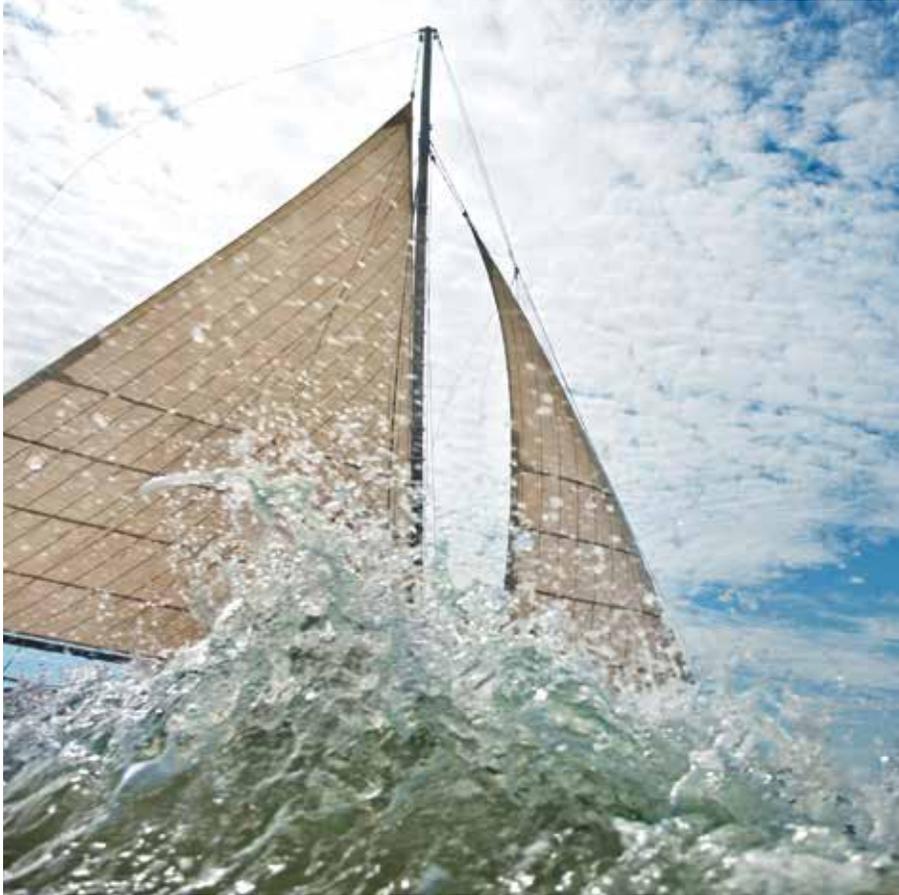
America's Sailing Capital?

An old salt once said that “a boat is a hole in the water you throw money into.” Reality is that you should count on spending about 10 percent of the purchase price of the boat on annual maintenance, including repairs, slip fees, insurance and other costs...like upgrading electronic navigation systems with stuff you find at the marine supply store that you can't resist and have to think up some excuse

On a recent sunny Sunday afternoon, I took note of the floating inventory you can see within this circle. There's a Navy base on the north shore of the Severn River where the Academy keeps its fleet of 110-foot training vessels called Yard Patrol Boats, or “YPs.” There were nearly 40 larger cruising boats tied up to the mooring balls in the middle of the harbor, all fairly well mixed between powerboats and sailboats between 30 and 50 feet long. A line of obscenely huge, white-hulled mega-yachts were tied up along the docks at Annapolis Yacht Club and the Yacht Basin. The Market Slip from the Waterfront Hotel to the Market House was lined with powerboats on both sides, large and small, with only one or two sailboats in the slips at City Dock.

The marinas along the Eastport side were filled with a mix of powerboats and sailboats. Six big guys on little jet skis and a handful of broad-brimmed-hatted people scrunched in kayaks or perched upon stand-up paddleboards tried to stay out of the way of the larger boats. Then there were all the commercial vessels coming and going: the Schooners *Woodwind I* and *II*, the *Harbor Queen* tour boat, a pirate ship that takes kids out on birthday cruises, two fishing charter boats, the water taxis zipping back and forth, the Annapolis Harbormaster patrol and pumpout boats, several commercial towboats, and a visiting tall ship.





CAPTAIN JOHN SMITH.

Harbor History

Annapolis became the capital of the colony of Maryland because of its harbor. Itinerant Royal governor Francis Nicholson wanted to move the capital from St. Mary's City in 1694. That St. Mary's was called a city was a misnomer to begin with. It was not making much improvement economically since its founding in 1634, as it was far too out of the way for much of what little population there was to get to it to conduct business..

Nicholson chose the tiny village of Arundelton with its well protected harbor as the site for his new capital. He changed the name to Annapolis in honor of Princess Anne, who would one day soon become the last of the Stuart monarchs. As far as I can determine, the harbor was just about as deep in Nicholson's time as it is now—between 12 and 17 feet deep. Unlike other nearby waterways, the harbor hasn't been filled in by siltation.

The Stewart Shipyard on the West River, for example, used to build ocean-going ships for the Maryland navy during the Revolutionary War. They would be launched into a creek that was at that time 26 feet deep. That same creek is now only 3 feet deep.

Still, 12 feet deep was plenty deep for most ships in the early 1700s. The Chesapeake Bay and the Atlantic Ocean connected Annapolis directly with the docks in London and other English ports. Hogsheads tamped full of tobacco filled the cargo holds of the ships heading to there from here, and those same ships sailed back filled with everything the locals couldn't find locally, including tea. And slaves.

to tell your wife how you really needed to buy that new \$599.99 SIMRAD Cruise 9 chartplotter/fishfinder combo with 83/200 transducer for her personal safety and convenience.

While that panoramic vista seemed to indicate that the number of sailboats is fairly equivalent to the number of powerboats, that view is skewed.

"Annapolis is known as 'America's Sailing Capital,'" notes Susan Zellers, Executive Director of the Marine Trades Association of Maryland, "but nationally, only 5 percent of recreational boats are sailboats, and here it's only 6 percent."

In a phone interview from her offices at Port Annapolis Marina, Zellers was eager to shoot down the misconception that boating is just for the super-rich. "Sixty percent of boat owners have an annual income of \$75,000 or less," she says, "and 95 percent of the boats in the U.S. sit on trailers."

A study released by the Maryland Department of Natural Resources in 2013 indicated that there were an astonishing 200,000 registered boats in the state and 57,000 unregistered boats. If your boat has a motor of any kind, you need to register it. Unregistered boats are

smaller rowboats, dinghies, rowing shells, or paddle-powered kayaks and canoes. I don't think inner tubes count.

Incidentally, the tall ship at City Dock on that late-May day happened to be the Schooner *Lynx*, a replica of an 1812-era Baltimore clipper ship similar to the original *Pride of Baltimore*. In fact, both ships were designed by the same naval architect, an Annapolitan named Melbourne Smith. Melbourne passed in 2018 at the age of 87. It was Melbourne who christened Annapolis as "America's Sailing Capital."

I sat next to him one afternoon at the Boatyard Bar and Grill in Eastport, where he perched upon a bar stool that I knew had his name painted on the seat. "Melbourne," I asked him, "how can Annapolis be the sailing capital of America when most of the boats here are powerboats and Newport has way more sailboats than we have?"

"Ah!" Melbourne grinned wryly from behind his moustache. "Note that I said we are 'America's Sailing Capital,' not 'The Sailing Capital of America.' With the frostbite races, we have sailing here year-round," he explained. "And Newport may have more sailboats, but it's not a state capital. So, Annapolis literally is 'America's Sailing Capital.'"

The perilous voyage across the ocean could take weeks or months. Imagine the elites of the town watching the horizon off of Horn Point, waiting for “their ship to come in.”

Around the time of the Revolutionary War, the size of ships had grown both in length and in the depth of their keels, and some of the larger vessels simply couldn't get to City Dock to unload their cargo. They had to use “lighters,” or smaller rowing boats to haul their treasures ashore. This was when the Port of Baltimore rose to dominance.

Not only did Baltimore have a larger, deeper harbor, but it also had the benefit of freshwater flowing in from Jones Falls, which helped get rid of shipworms, or toredos that bored

holes into the hulls of wooden ships. Baltimore was also that much closer to the farmlands in Western Maryland at a time when the export economy was shifting from tobacco to grain.

That is why Baltimore grew up to be a major city with skyscrapers while Annapolis remained a quaint tidewater town with domes and spires.

In the 1800s, steamships started moving goods and people up and down the Bay and the shallow harbor of Annapolis proved to be the perfect depth for side-wheel steamers and perhaps more importantly, bugeye schooners and then skipjacks designed to dredge for oysters. The oyster industry began to expand after the Civil War, and by the 1880s, the oyster harvest peaked at 18 million bushels annually.

“Annapolis is known as ‘America’s Sailing Capital,’ but nationally, only 5 percent of recreational boats are sailboats, and here it’s only 6 percent.”



BAKING FOR OYSTERS IN CHESAPEAKE BAY.



THREE HOPKINS THE “CHESAPEAKE” AND THE “GREENWICH.”

There were no fewer than 14 oyster shucking and packing houses on the Annapolis shoreline shown on a map from the 1890s. Eastport boasted several boatyards where skilled shipwrights built traditional workboats and kept them afloat season after season. In the parking lot near the Charthouse Restaurant in Eastport, you can still see the cog of one of the many marine railways that were used to haul schooners and skipjacks out of the water for repair.

Of courses, there were also several yards dedicated to building wooden yachts, but the workboats far outnumbered the pleasure boats in that era.

By the end of World War II, the oyster population was beginning to wane from over-harvesting and diseases caused by invasive pathogens that might have hitch-hiked from overseas in the ballast tanks of cargo ships. As the oyster industry declined, so did the age of wooden boats. It was about this time that fiberglass was invented. Over the next couple of decades, fiberglass became the preferred medium for mass-producing recreational powerboats and sailboats.

Far-sighted entrepreneurs like Arnie Gay began to cater to this new wave of plastic boats, morphing the old boatyards into what we now think of as modern marinas. Some of these provide all the amenities of a first-class resort, including swimming pools, restaurants, and programmed activities for the family. Others concentrate on providing comprehensive services for boat maintenance, from engines to electronics.

And Annapolis Harbor proved the perfect depth for recreational boats big and small, power and sail.

The Future is Now

But the future of the marine industry in our state capital and in fact all of Maryland depends on several steps that the Sage Group study says should be taken to ensure these impacts expand over the coming years, particularly in the face of the recovery from the viral pandemic.

In focus groups and interviews, maritime stakeholders complained the industry faces a dearth of available labor and that the city, county, and state permitting processes are “overly convoluted, time consuming, and expensive,” and that a decline in Anne Arundel County’s water quality would have negative effects on the industry.

The report advised that the Anne Arundel County Maritime Advisory Board should coordinate efforts to expose youth to the idea of a maritime career through career fairs, vocational training programs, and other educational programs at Anne Arundel Community College (AACC).

Industry stakeholders should participate in training programs like the Marine Trades Association of Maryland’s on-the-job training program. “These programs have shown signif-

icant promise in encouraging students who do not intend to attend four-year colleges to enter the maritime industry,” the study reports.

Industry stakeholders should also collaborate with AACC to implement the American Boat and Yacht Council (ABYC) Marine Service Technology Program, a standards-based curriculum that would allow students to earn a marine service technician certificate and digital badge of achievement upon completion, and to create needed credit certificates such as a Dockmaster Certificate or other credentials required for non-skilled trade jobs in the industry.

The Sage Group also recommends that Anne Arundel County should supply AACC with approximately \$35,000 to purchase the curriculum package, maintain it, and outfit the workshop necessary to implement the ABYC Marine Service Technology Program.

In addition to training new qualified workers, the industry needs to keep bringing newcomers into the lifestyle. “We need to do a better job of getting people out on the water,” Susan Zellers concludes. “We just completed our second boating clinic event at Sandy Point State Park.” The clinic taught new boaters how to launch a boat at a boat ramp, how to



operate safely and other basic issues. “It got rave reviews,” she reports. “We ran it three nights and 60 people attended each night.”

These were not what you might think of as typical yachting types. “Our survey shows that the people who heard about it heard about it from DNR, not the boating magazines. Half of the people who attended were people of color. These are people who bought their boats from the guy down the street, their uncle, or somebody they knew; they didn’t get them from a dealer or at the boat shows.”

Between the people who flocked to the boat shows and those who bought boats without ever attending a boat show, the maritime industry doesn’t appear to be in danger of dropping the boom.



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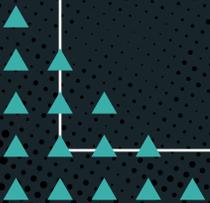




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84 Lumber

Arnold

Luxury Home Agent

Travis Gray, Coldwell Banker Realty

3 Church Circle, Annapolis; 410-263-8686; annapoliswaterfrontguide.com

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Brad Kappel, TTR Sotheby's International Realty

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721 Bestgate Road, Annapolis; 410-266-6611; economypestcontrol.biz

Plumber
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Pool Design/Build
Catalina Pool Builders
836 Ritchie Highway, Ste. 8, Severna Park; 410-647-7665; catalinapoolbuilders.com

Pool Maintenance
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1797 Virginia Street, Ste. A, Annapolis; 410-990-0991; adwellservices.com

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Diane & Crew of Taylor Properties
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Bob Lucido Team, Keller Williams Lucido Agency
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 Ste. 200, Annapolis;
 410-266-9005;
 scottschuetter.com

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Keller Williams
Realty, Inc.
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 Annapolis; 410-224-0700;
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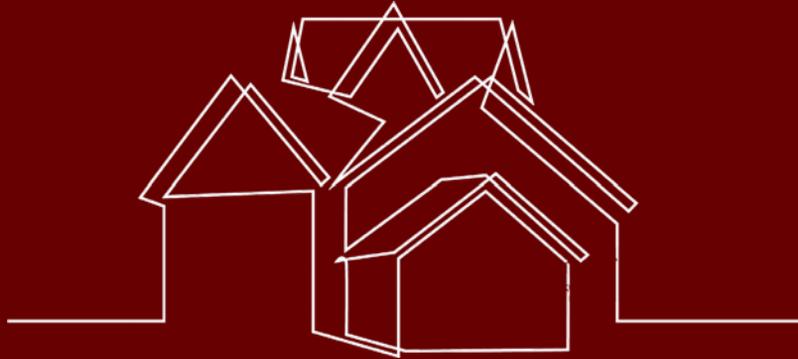


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Negotiation & Leadership

David Orso

At The David Orso Team of Compass Real Estate we know you want to be a smart real estate home seller or buyer. In order to do that, you need a sharp, experienced guide to represent you. The problem is there are a lack of true real estate professionals which makes you feel vulnerable, confused and taken advantage of. We believe you and your family deserve the very best representation to protect your financial interests. We understand because we see and hear the same issues over and over. This is why we believe there is a better way and are ruthlessly committed to superior representation. As proof, David and team were voted one of the top ten best Realtors in the United States, have been #1 eight years in a row in Anne Arundel County, and voted best customer service for ALL businesses in Annapolis. Here's how we do it: first discuss your needs, second, implement a proven plan and third, meticulously manage every detail. So, let's get started, and in the meantime, we will keep you informed every step of the way. You can stop feeling overwhelmed, stuck, and alone to do all the work and instead... moved onto your dream life!

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2013, 2014, 2015, 2016, 2017, 2018, 2019 and 2020**



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Team Leader

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Lisa Boyer
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Focus: Buyer Representation



Mikaila Fitzpatrick
Client Concierge

Focus: Amazing Customer Service

▶ RECENTLY SOLD PROPERTIES



809 Homestead Lane
SOLD
\$2,850,000
Crownsville



618 Cape McKinsey Drive
SOLD
\$2,080,000
Severna Park



904 Lynch Drive
SOLD
\$2,015,000
Arnold



2111 Harbor Drive
SOLD
\$2,500,000
Annapolis



7673 Colonial Beach Road
SOLD
\$1,600,000
Pasadena



403 St. Ives Drive
SOLD
\$1,560,000
Severna Park

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RECENT SALES



109 Scott Dr, Annapolis
Sold for \$5,300,000



1514 Whitehall Rd, Annapolis
Sold for \$5,275,000



740 South River Ln, Edgewater
Sold for \$2,495,000



236 Mountain Laurel Ln, Annapolis
Sold for \$2,350,000



123 W Bay View, Annapolis
Under Contract \$1,995,000



1685 Kingsbridge Ct, Annapolis
Sold for \$1,740,000



1400 Oak Bluff Rd, Edgewater
Sold for \$1,575,000



3922 Cove Rd, Edgewater
Sold for \$1,295,000



3226 Cragun Rd, Edgewater
Sold for \$1,265,000



607 Canal Lane, Annapolis
Sold for \$1,250,000



1002 Bay Front Ave, North Beach
Sold for \$1,210,000



2260 Lake Dr, Edgewater
Sold for \$1,175,000

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Brad Kappel

Make Your Move with Brad Kappel

Brad Kappel, Vice President with TTR Sotheby's International Realty, has been serving residents of Anne Arundel County and the Eastern Shore for twelve years in real estate, home construction, and renovation. Brad's unique experience allows him to offer authentic insight into each property's current condition, value, and potential.

Brad is grateful for the clients, colleagues, friends, and family who supported his success throughout his career and contributed to his strong first quarter in 2021—with \$80 million in total sales to date. Brad adheres to the philosophy that “clients deserve nothing short of excellence.” From the initial meeting, to navigating important decisions and the final settlement transaction, Brad works diligently to ensure 100% customer satisfaction.

Brad doesn't just sell the waterfront lifestyle—he lives it! The Kappel family has called Annapolis its home town for three generations. When he's not pursuing his passion in real estate, he is exploring the waterways of the Chesapeake Bay by boat or paddle board or spending time with his wife and two children at their home on the Severn River.

Visit BradKappel.com and tour his Luxury Property Portfolio.

Brad Kappel

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brad.kappel@sothebysrealty.com

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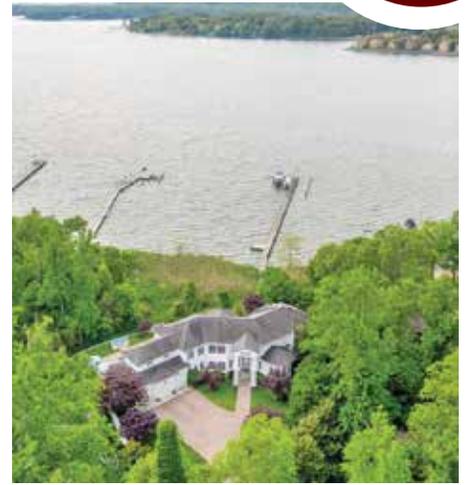
▶ RECENTLY SOLD PROPERTIES



220 Lighthouse View Drive, Stevensville
SOLD for \$4,600,000



2847 Southaven Road, Annapolis
SOLD for \$4,250,000



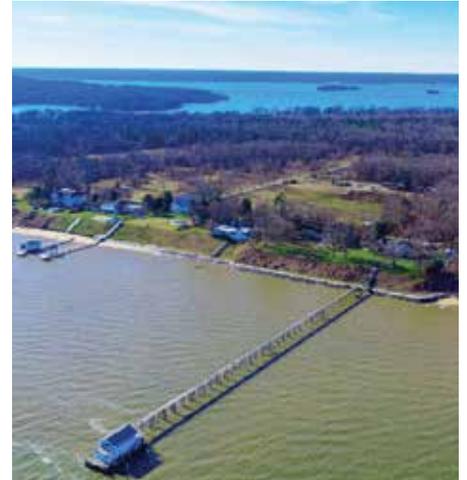
3 Deepwater Court, Edgewater
SOLD for \$4,250,000



Residence 4 at the South Annapolis Yacht Centre
SOLD for \$4,249,500



994 Melvin Road, Annapolis
SOLD for \$3,800,000



221 & 223 Bay Front Drive, Pasadena
SOLD for \$3,600,000



330 Serenity Lane, Chester
SOLD for \$3,100,000



23472 Berry Road, Bozman
SOLD for \$2,500,000



27 Southgate Avenue
SOLD for \$2,200,000

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WHAT'S UP!
Best of
ANNAPOLIS
2021



NDG Home Team

A conversation with Brant and Jen Nielsen. Founders of the newly formed NDG Home Team.

PL*: Brant what does the NDG Home Team mean to you?

Brant: As a division of NDG Solutions, Home Team is a natural extension of our construction and remodeling divisions. Add that expertise to a real estate team with 40+ years of collective experience and you get a group that's uniquely equipped to serve every client's needs. From A to Z.

PL: How are you differentiated from other realtors?

Brant: I think for most realtors, it's just transactional. Churn and turn. For us it's relational.

Jen: We recognize that for most people, buying or selling is an emotional decision that can be complicated and confusing, so we try to relate. We want to make clients feel part of the team. We want them to know that they're not alone.

Brant: When I advise a client, I imagine myself in the situation they're facing. I ask myself if it's a deal I'd pursue personally. If I wouldn't do it myself, I feel that the client shouldn't do it either. If I see a red flag, I raise it. My goal is total transparency and integrity.

PL: You'd sacrifice a deal?

Brant: Absolutely! To me, trust is everything. The right deal will eventually show itself. By catering to our clients' needs there is an ensured mutual benefit.

Jen: And because there's so much that can go wrong, we sit down

with clients at the start of the process and discuss things in granular detail. We have a 14 point list of questions; How do they feel about their decision to buy? What are their expectations of us? Do they understand the process and timeline? And once they are onboard, we outline a 19 point action plan, detailing every facet of the purchase. By the time we're finished listening, we have a clear idea of what our clients want in their 'dream home' and are fully equipped to help them find it.

Brant: There are multiple areas of deep experience needed in the buying and selling experience. I've learned over time to surround myself with experts who can answer questions and solve problems I can't.

PL: Give me a specific example?

Brant: I have a rolodex of people I can call on for any given issue. I have a specialist who deals with land and topography issues, a structural engineer, a mold expert, an architect. Experts in every category who can provide an educated opinion on any topic.

PL: It seems to me you invest a lot of time and energy in serving customers you may never see again.

Jen: Actually, a lot of our customers are repeat clients. We form such a tight bond, they become like friends to us. Once they've worked with us, they won't even consider other realtors.

Brant: Besides, many of our customers come to us through referrals from close friends or relatives.

Jen: I'd say 90%...people recognize we're being totally transparent and authentic with them and they feel naturally inclined to share that experience with their friends and family.

Brant: And it's a huge responsibility to honor. A poor real estate decision can ruin a friendship. We're not about to let that happen.

PL: What's the most meaningful endorsement you've received from a client?

Brant: Joe has been a long time friend and we got to know each other better through a long, exhaustive real estate building project. Working together on this project further developed our friendship and let us learn more about each other's business style. He was so happy with the final product and our process, he asked if he could join our team.

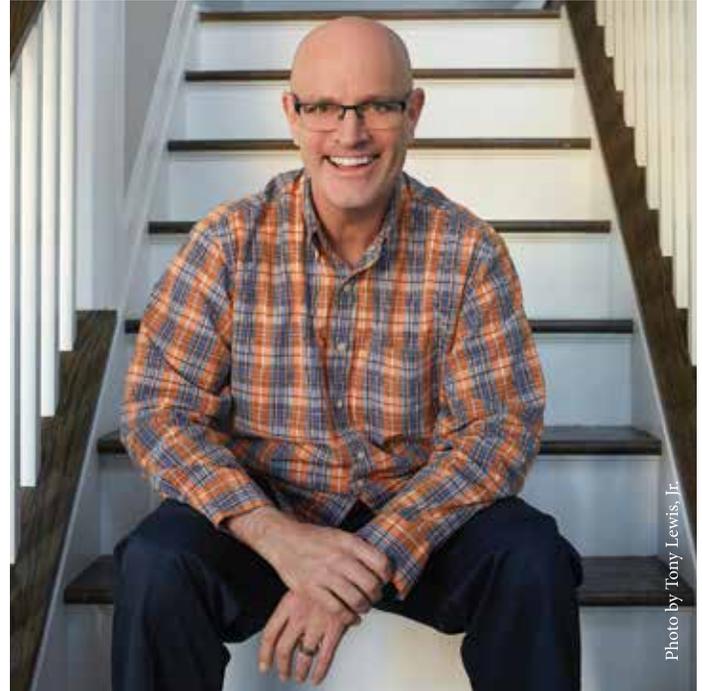
PL: The Senior Executive from the Defense Department?

Brant: Yeah, that guy. He's retiring and could make a killing as a contractor in his field or take any job he chooses, but he wants to work with the NDG Home Team.

PL: You think he'll be a good fit?

Brant: Absolutely! We have the same values. He's a straight arrow.

He's passionate about mentoring and training people. He loves cultivating talent and building careers. He's a great listener and is a stickler for detail. I know he'll be great with clients. So, he sees the culture we're creating and wants in. Frankly, I feel honored to have a man of his caliber on the team.



Joe Bickley, Senior Defense Department Executive

PL: What will success look like for you four or five years down the road?

Jen: We've gathered a great team and our construction clients are beyond happy. Our goal is to deliver the same level of customer satisfaction in our Real Estate Division.

Brant: What matters more to me is bringing on talent, seeing them grow and excel and become successful in their own right. Five years from now I'd like to look back and realize that we've enjoyed success without sacrificing the values that have helped us get this far: honesty, transparency, communication and earning the total trust of our clients.

**Patrick Lee, President, Chesapeake Think Tank*

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Erica Baker



For your piece of paradise, inspired by Erica Baker.

FDriving passion to the walls that surround you to ensure you live a life full of inspiration starts with Erica Baker. She is ranked in the top 5% of all Realtors in the region. She believes that being a Realtor is not a job but a lifestyle as being forthcoming, authentic and consumer first driven doesn't stop at 5pm. As a trusted advisor, social butterfly and lifelong resident of Maryland Erica Baker is a Realtor with a never-ending urge to go above and beyond what is expected. She pairs knowledge of the clients' goals with the needed steps for selling and buying property, market trends, integrity, creativity, and innovation to purposefully market a home or structure a winning offer for her clients. She is a familiar local face to many paired with one of the strongest brands globally, TTR Sotheby's International Realty in Annapolis, MD.

With a burning passion for culture and traveling, no one was surprised when she set out to obtain her International Property Specialist Designation in 2017. Shortly after obtaining the designation, looking to participate more, she became a member of the Global Business Committee with Maryland Association of Realtors, and a D.C. chapter member of the Asian Real Estate Association of America (AREAA). Staying abreast the global industry truly has helped her advise her clients. She is an active sponsor with the Annapolis Rotaract Club for Rock the Dock; their last event was a Zero Waste event supporting the Live Water Foundation.

Being a full time, qualified, knowledgeable, and experienced realtor, she shows extreme drive daily to help her clients. If you do ever find her off work, she is most certainly planning her next adventurous trip (whenever travel is allowed again), Paddle Boarding around Spa Creek or walking her Great Dane, Darwin around Annapolis. With an impressive sale portfolio and a strong business initiative and drive, Erica is constantly working towards a future that will inspire her clients' and their life goals.

The market we find ourselves in is unlike any we have seen before. When the pandemic hit Erica made it her top priority to ensure her clients safety. Implementing virtual tours and further virtual processes to allow her clients to reach their goals, safely. The current market is full of opportunity with high demand, and low interest rates. If you are thinking of selling or buying a home, you should absolutely consider Erica Baker.

Erica Baker

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▶ **PROPERTIES RECENTLY SOLD**



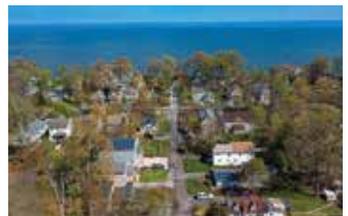
843 Mill Creek Rd
Arnold, MD 21012
Sold: \$720,000



3213 Breckenridge Way
Riva, MD 21140
\$760,000



9124 Magnolia Manor Dr
Laurel, MD 20723
Sold: \$590,000



808 Cedar Ave
North Beach, MD 20714
Sold: \$450,000

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Christy Bishop

Christy Bishop is incredibly passionate about protecting her clients' wealth and accordingly takes her profession very seriously. Her affiliation with Warren Buffett owned "Best of the Best" real estate brand Berkshire Hathaway HomeServices paved her career to becoming a Berkshire Hathaway HomeServices Luxury CollectionSM Marketing Specialist providing special expertise for the real estate market in Maryland with true concierge service.

"When you're negotiating someone's largest asset, there's a lot of intrinsic value in the trust clients place on real estate professionals, and I take it very seriously. It's incredibly important to me to represent their best interests." A recent client sent a special thank you of gratitude *"We would not have gotten the sale price for our home without your help. Thank you a million times!"* Treating her clients money as her own sets her apart from others. "Being knowledgeable and full of expertise is important; additionally, it is very emotional to buy and sell real estate. They say the three greatest stresses in life are death, divorce, and moving. The fact that I get to be a part of someone's life during this process and they trust me to alleviate the stress and make it the best experience possible is what I enjoy. It's about the relationship but also the integrity and trust placed upon us." Whether selling a condominium, townhouse or gated estate her clients can be assured of the highest caliber of representation available.

Christy has 25 years of experience and over 200 million in industry sales. She is a Maryland native and the daughter of 2 former United States Marines and Naval Academy graduates. Growing up between water surrounded Severna Park and Annapolis she headed west for the mountains at 18 years old and settled in Idaho. After graduating from the University of Idaho with a B.S. in Marketing, Christy entered the financial service industry in ski resort town Sun Valley, Idaho. Driven by desire for greater career opportunities, Christy moved back home in 1996 and was offered the opportunity to market new home subdivisions in Crofton. Her new passion was discovered and the builder named her Sales Manager and subsequently Director of Marketing and Sales.

Active locally in her industry, Christy is the Chairperson of the Anne Arundel County Association of Realtors Legislative Committee. She is a lifetime member of the top one percent of Anne Arundel County Realtors Masters Club who exhibit high professional and ethical standards as well as exemplary sales records.

Recently, Christy was chosen out of thousands of agents to be a part of The American Dream Television show. A national show featuring uplifting stories of real life, communities, lifestyle and of course local real estate! Christy is currently interviewing for upcoming episodes. For an exclusive opportunity to have your property showcased on the show give Christy a call immediately to schedule an interview.

When she is not working with clients, Christy loves spending time with friends, family and her beloved German Shepherd. She enjoys fishing, writing, motorcycles, gardening and time away at a second home at the beach in Delaware.



As seen on



Christy Bishop

443-994-3405 | 410-647-8000
Christy@CBMoving.com
www.CBMoving.com

@MarylandWaterfront

▶ RECENTLY SOLD PROPERTIES



8152 Pinchurst Harbour Way
Pasadena, MD 21122
Sold for \$2,700,000



463 Honereng Trail
Annapolis, MD 21401
Sold for \$1,575,000



351 Sherwood Trail
Annapolis, MD 21401
Sold for \$1,310,000



1707 Mansion Ridge Road
Annapolis, MD 21401
Sold for \$862,500



928 Heatherfield Lane
Millersville, MD 21108
Sold for \$770,000



130 Merrimack Way
Arnold, MD 21012
Sold for \$650,000

Leading
Real Estate
& Home
Professionals

Scott Schuetter

- ▶ Personal
- ▶ Professional
- ▶ Pressure Free



Scott Schuetter is a dedicated and professional real estate agent. Using experience as a graduate of the U.S. Naval Academy and former naval aviator, he has closed over \$350 million in transactions since 2008. He is truly committed to making your real estate transaction an enjoyable, stress free process. His military background and training taught him to remain calm in any and all situations. These invaluable life skills have been finely tuned daily in his career as a realtor. When things are most chaotic, it is extremely important to have a steady, guiding and trusting voice. Every real estate transaction involves a series of complex personal choices intermixed with emotions, finances and futures. It may not be as stressful as landing a plane on an aircraft carrier, but to his clients it may feel like it and he is there to lead them every step of the way!

CENTURY 21
New Millennium



Scott Schuetter, Realtor®

(C): 410-900-7668 (O): 410-271-3445
1730 West Street | Suite 200
Annapolis, MD 21401
ScottSchuetter.com
Scott@ScottSchuetter.com

▶ **PROPERTIES RECENTLY SOLD**



1114 BOUCHER AVE.
\$1,387,500
SOLD
Annapolis, MD



76 CONDUIT ST
\$1,450,000
SOLD
Annapolis, MD



310 WHISTLING SWAN WAY
\$2,675,000
SOLD
Queenstown, MD

Leading
Real Estate
& Home
Professionals



Lundberg Builders

Though we are known for our full custom homes, you may be surprised to learn that we do quite a lot of smaller projects as well. Whether you need remodeling or renovation work, custom project services, home additions, or even handyman repair and maintenance solutions, we're the local company you can turn to for help.

Lundberg Builders is proud to bring the same craftsmanship and attention to detail we offer on full custom homes to your small project. We have the management, design and build capabilities, and expert tradespeople you need to handle every aspect of your project from start to finish.

At Lundberg, we make your project personal, and it extends to the relationships and trust that we've built with our customers for nearly 50 years.



LUNDBERG BUILDERS, INC.
DESIGN • BUILD • REMODEL • MAINTAIN

314 Main Street
Stevensville, MD
410-643-3334
www.lundbergbuilders.com



MHBR #748 | MHIC #11697



Shane Hall

Shane Hall stated his real estate career in October of 2013, while the market was still very much recovering from the Great Recession. Shane evolved from a novice into one of the top producers in real estate through hard work, client advocacy, and innovative thinking. He quickly built a strong reputation in the marketplace as one of the youngest real estate agents in the Annapolis area, heading sales spanning from new builds to luxury estates.

Shane's seasoned experience, sharp instincts and ability to anticipate market trends, enables him to lead and create opportunities for buyers and sellers in changing markets. Living in the area for 20+ years now, Shane is an expert on the Greater Annapolis market. In 2016, he set out to become a more efficient service provider and started The Shane Hall Group - a team of full time professionals dedicated to selling, marketing and consulting on homes for their clients. In 2020, he joined Compass, ranked number as the nation's largest independent brokerage and developing technology and tools entirely in-house designed to help sell homes faster and at a higher price point.

Shane graduated from the University of Maryland in 2011 with a degree in Marketing and Communication. He lettered in Varsity Lacrosse with the Terps winning an ACC Championship and a National Runner-Up during his 4 years. He now lives in Severna Park with his wife Emily, daughters Hunter and Holden, who most recently made her grand entrance. He has two dogs as well, Decker and Reese.

Shane Hall

shane.hall@compass.com
410.991.1382
www.shanehallre.com



COMPASS



2723 Malvern Hill Ct, Davidsonville, MD
Under Contract | \$830,000 | Represented Buyers



413 Mahan Ln, Annapolis, MD
Contract | \$525,000 | Represented Sellers



409 Fernwood Dr, Severna Park, MD
New Listing | \$650,000 | Represented Sellers



600 Saber Ln, Arnold, MD
Sold | \$1,110,000 | Represented Buyers



459 S Bouldin St, Baltimore, MD
New Listing | \$769,000 | Represented Sellers



702 W Appomattox Rd, Davidsonville, MD
Sold | \$699,900 | Represented Sellers

Leading
Real Estate
& Home
Professionals

Malina Koerschner



When Malina transitioned from a career in veterinary medicine to real estate, she knew that the freedom to change course and challenge herself in a new career was a special opportunity.

During her years in practice, Malina addressed every imaginable pet health issue, but educating the pets' people while making life-impacting decisions was often the most important part of her job. Much of the skill set that made Malina a successful ER veterinarian for over two decades serves her real estate clients today.

Practicing medicine involves critical analysis, attention to detail, and dealing with unexpected circumstances. Malina takes the same approach with her real estate clients who are in the process of buying or selling a home. She gathers every bit of data, critically assesses challenges, and works with her clients to make the best possible decisions to achieve their desired outcome.

Working and raising a family in Annapolis since the late 90's has given Malina a deep knowledge of the community. An avid runner and cyclist, she often uses her routes as an excuse to explore area neighborhoods. She has also been fortunate to travel the world with her husband, a commercial airline pilot, but Annapolis is always home. After years of advising friends moving to the area, her passion for the Annapolis community and its unique real estate market blossomed into a successful real estate career.

Malina's extensive relationships in the community and immediate referrals from clients who have benefited from her dedication led to quick success in the world of real estate. Her real estate accomplishments have repeatedly placed Malina on Coldwell Banker Realty's Top 100 Agents in the Mid-Atlantic Region.

Malina is a full time real estate professional, but she maintains her relationships in the veterinary world and enjoys giving real estate advice to her veterinary friends, and veterinary advice to her real estate colleagues and clients.

Malina Koerschner

M: 410.493.9059 | O: 410.263.8686
Annapolis Church Circle Office
3 Church Circle, Annapolis, MD
malina.koerschner@cbmove.com



▶ RECENTLY SOLD PROPERTIES



35 Southgate Avenue
Annapolis, MD 21401
Listed for \$1,985,000



153 Prince George Street
Annapolis, MD 21401
Listed for \$995,000



236 Beachwood Road
Pasadena, MD 21012
Sold for \$775,000



76 Summerfield Road
Annapolis, MD 21401
Sold for \$451,500

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Real Estate
& Home
Professionals



Travis Gray

Travis Gray was born in Annapolis and raised on the Severn River. He comes from a long line of Real Estate professionals and serves both sides of the Chesapeake Bay. He specializes in marketing and selling waterfront homes and fine properties in the Annapolis area.

Travis is a leading resource for his clients and the community. Among his industry expertise, he also manages AnnapolisWaterfrontGuide.com, a website dedicated to providing useful Real Estate information, market trends and waterfront resources.

Travis is a Certified Luxury Home Marketing Specialist™ (CLHMS), holds the Graduate, Real Estate Institute (GRI) designation, is a lifetime member of The Masters Club, member of the International President's Elite and has received multiple industry awards.

Prior to Real Estate, Travis worked in the entertainment industry, first in Affiliate Sales and Marketing at Discovery Networks and later as Executive Vice President of BrainBox Entertainment where he developed, negotiated, produced and oversaw programming including: Amazing Waterfront Homes (HGTV), The Real Estate Pro's (TLC), Stage This House (A&E) and Small Space Big Style (HGTV).

Travis Gray

Associate Broker

C: 301.641.0809 O: 410.263.8686

E: TGray@CBmove.com

A: 3 Church Circle

Annapolis, MD 21401

AnnapolisWaterfrontGuide.com



**COLDWELL BANKER
REALTY**



▶ PROPERTIES FOR SALE



Warehouse Creek
Edgewater
Offered for \$1,999,000
Co-Listed with Justin Mullen



Beechwood on the Burley
Annapolis
Offered for \$649,000



Magothy River
Arnold
Offered for \$2,450,000

Leading
Real Estate
& Home
Professionals



Jennifer Chino

**Stahley Thompson Homes of TTR
Sotheby's International Realty**

As an Annapolitan native, Jennifer has witnessed many changes to our bustling city that continues to retain a small-town feel. Her intimate knowledge of the region, and experiences of having lived there all of her life, has cemented her as one of Annapolis' most trusted agents, including numerous business and community leaders.

As a Team Leader of the Stahley Thompson Homes Team, Jennifer works with individuals, investors, and developers interested in the city's most coveted properties – with a particular focus on the Eastport, Annapolis, and Severna Park communities.

Jennifer is deeply connected to Annapolis. A Saint Mary's Graduate with a passion for detail, she is known for her extensive market knowledge and unmatched devotion to clients, with a commitment to work hard, discreetness and follow through.

Stahley Thompson Homes is ranked among the best in Annapolis and with more than \$100 Million sold and the recipient of numerous awards. Jennifer is a graduate of Leadership Anne Arundel and is CLHMS designated.

Her team works with both buyers and sellers, and cater to those looking for unique waterfront properties in Annapolis. She demonstrates the highest level of integrity and commitment, and a little fun, into every real estate transaction.

Jennifer Chino

443-494-9091 | 410-280-5600
209 Main Street
Annapolis, Maryland, 21401
www.stahleythompsonhomes.com

TTR | Sotheby's
INTERNATIONAL REALTY



602 State St, Annapolis MD 21403
\$2,065,000



4132 Cadle Creek Rd, Edgewater, MD 21037
\$2,250,000



948 Old County Rd, Severna Park MD 21146
\$1,505,000



838 Sebastian Ln, Gambrills MD 21054
\$925,000



576 Shore Acres, Arnold MD 21012
\$807,000



212 May Ln, Edgewater MD 21037
\$810,000



Absolute Design Studio

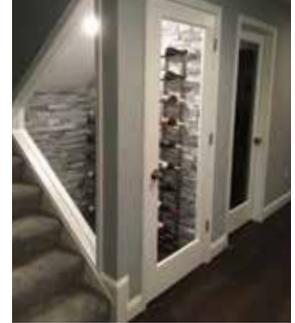
Be it a new home, addition, or remodeling project, Absolute Design Studio focuses on all design elements to help ensure each aesthetic compliments the other. From subtle to striking, our showroom of products offers near limitless possibilities.

Need some inspiration? Traditional, contemporary, chic, layered, contrasting, multi-functional...Absolute Design Studio's 4000 square foot showroom located in Millersville is convenient to Severna Park, Annapolis, Crofton, Arnold, Pasadena, Edgewater, Bowie, Central Maryland and beyond.

So whether updating a single space or an entire home, Absolute Design Studio is the destination for discerning homeowners and professional contractors who understand experience and a keen sense of design are what bring a vision to life. At Absolute Design Studio, owner Jessica Ford and team seamlessly blend aesthetics and budget to achieve results that garner adulation from all. Tile, cabinets, custom features and more are available to make your home the canvas for your life. Let's create a masterpiece.



Jessica Ford
 Founder & Designer
 Absolute Design Studio LLC
 Your Vision, Our Focus
 410-991-8357
 absolutedesignstudio.net



Jen Schaub

Jen Schaub was born and raised in Maryland and grew up spending weekends in Annapolis, sailing on the Chesapeake Bay. Jen graduated from the University of Delaware in 1992 with a Degree in Marketing and Finance, and then in 1997 completed her Master's Degree in Physical Therapy. Her love of helping others and her sales and marketing expertise lead her to begin her real estate career in 2017. Currently, Jen enjoys working with buyers and sellers at Long & Foster in Annapolis/Eastport. Her extensive knowledge of the area, meticulous attention to detail and her complete dedication to excellent customer service has allowed Jen to manage numerous successful real estate transactions from start to finish. Jen is a proud member of The AAC Master's Club, Chesapeake Real Producers, Baltimore Real Producers and the Long & Foster Gold Team and Founder's Club. Outside of work, Jen loves to spend time with her two boys, participate in exercise activities, play with her dogs and spend time with friends and family.

Check out Jen's local blogs at JenSchaubgetsyoumoving.com

Jen Schaub
 (720) 244-5945
 Jen.Schaub@lnf.com
 320 6th St. Annapolis MD 21403



1619 Sloop Dr., Annapolis, MD 21409
 Sold for \$689,000



3147 Catrina Ln., Annapolis, MD 21403
 Sold for \$690,000

Leading Real Estate & Home Professionals



Matt Nader

Matt Nader manages the First Home Mortgage office in Annapolis, MD and thoroughly enjoys originating loans and working directly with customers. With over 16 years of experience, Matt has helped over 3,000 families with their home financing and closed over 1.4 billion in volume. His business is comprised of 4 values; Customer Service, Integrity, Transparency, and Market Knowledge. Matt takes a different approach to mortgage originations; he really takes the time needed to dive into the client's financials to help them structure the financing of their new home.

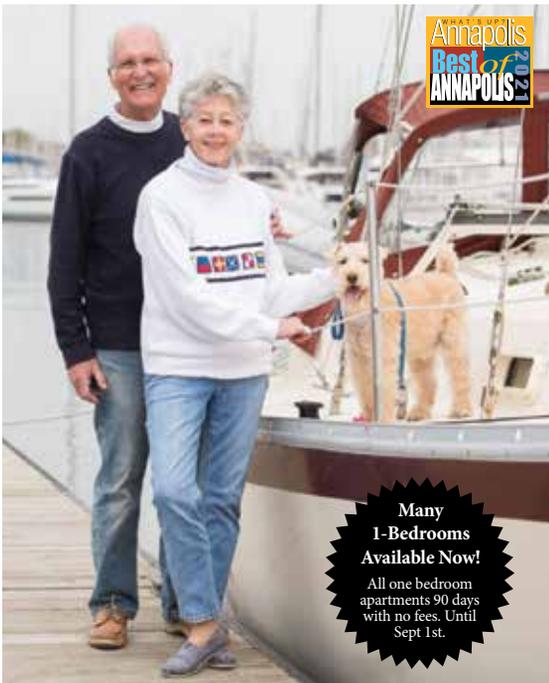
Matt is constantly learning and educating himself to ensure he can offer the best mortgage products to the consumer. His unparalleled customer service and devotion to his business is what sets him apart from his competition. He is committed to serving his clients and always being available for any need they may have.

Unlike big banks, Matt is a local loan officer. He will be with you every step of the way and is available to you any time you need, including nights and weekends. our home loan will be processed, approved and closed locally.



FIRST HOME
MORTGAGE

First Home Mortgage
Matt Nader, Branch Manager
NMLS ID: 333573
Cell: 202.997.5231
900 Bestgate Rd | Suite 310
Annapolis, MD 21401
mnader@firsthome.com
www.firsthome/matt-nader



Bay Woods of Annapolis

The top three criteria for choosing a Continuing Care Retirement Community:

- First and foremost, location is everything. Choose a community close to family, hospitals and medical facilities, colleges, historic areas, shopping, entertainment and recreation, sports and cultural activities. And waterfront if you can find it.
- Secondly, the size of the community. Choose a setting that serves your needs without over population. You need to access all of the services easily. Enjoy a neighborhood feeling from the residents and staff as well as a lovely campus.
- Choose a community that provides a good return on your investment. Do they have a good reputation in the community? Do they have good healthcare facilities and cultural programs onsite? Tour the campus, meet the residents and ask direct questions of them.

See our website for available listings including our popular 1-bedroom units.

Please call Jim Harrington to schedule a tour.



baywoodsofannapolis.com
443-837-1208
7101 Bay Front Drive
Annapolis, MD 21403



Congratulations to our Medical Director of 18 years, **Dr. Nader Tavakoli**, for being appointed by Governor Hogan as a member of the State board of Examiners of Nursing Home Administrators.

Leading Real Estate & Home Professionals



Diana L. Klein

Lawyer's Realty

We all know in today's social media world; buyers do not need a realtor to find them a home. Over 79% of buyers use online resources to find a home and 65% of sellers promote their homes online. A buyer or seller needs someone to negotiate the best contractual terms that protects their interests at the best price in one of the largest transactions of their lifetime. As an attorney, Diana Klein has the expertise and knowledge to offer these services to her real estate clients. Diana also offers additional services at Lawyer's Realty that no other brokerage firm offers. As a client of Lawyer's Realty, you can request attorney review of closing documents, you can get answers to legal questions should they arise during your transaction, and you will have someone with legal knowledge about the real estate transaction on your side.

Diana has represented homeowners and investors in buying, selling, or leasing their residential or commercial properties whether it is a luxury or standard property, an R.E.O, a short sale, or a foreclosure. Diana knows what is important to each unique client, is attentive to their needs, aggressively markets her client's properties, she acts as a problem solver, pays attention to detail and gets the deal to closing.



Diana and Spencer Bangert, a loan officer with Fidelity Direct Mortgage, have worked together for many years getting their buyers approved with a pre-approval letter and loan commitment. In this fast-paced market, it is important to have a local realtor and lender who work together as a team. With nearly 10 years' experience as a loan officer, Spencer can ensure that your real estate finance needs are met. Whether buying a new home, an investment property, or refinancing an existing mortgage, Spencer and Fidelity Direct Mortgage do it all!

With more than 20 years of experience, Diana has tenacity, integrity, and a reputation of being honest and professional. She applies these attributes into the operation of her title company, Lawyer's Title & Escrow Services, and her law firm, Klein & Associates. Diana knows the real estate process, has contacts with investors for her sellers, has incite and up-to-date knowledge on the local real estate market. Using Lawyer's Title & Escrow Services to conduct settlement can streamline the buying process for her real estate clients and can always provide estimated closings costs, net proceeds for their sellers and they can even conduct 1031 exchanges for their investors. Their fees are reasonable, and they can travel to the client for settlements. Diana practices real estate law and contract negotiations and can even help start or sell your business and handles estate administration matters at Klein & Associates. Call Diana for all your real estate and legal needs.



Diana L. Klein, Broker
 Lawyer's Realty, LLC
 2450 Riva Road | Annapolis, MD 21401
 443-569-4576
 inquiry@lawyersrealtymd.com
 spencer@fdmhome.com



Frank Tippett Rd | Cheltenham
 4 BR, 2,356 above ground sq ft,
 1800 sq ft basement on 4 acres



Birch Court | West River
 4 bedrooms, 2.5 bath,
 water privileged



JOE BICKLEY
 Senior Defense
 Department
 Executive

NDG Home Team

Q: Joe, given your stature and experience in government, what prompted you to join NDG Home Team in the real estate business?

A: I'm leaving government but I'm not ready to retire. I've achieved my personal goals and I'd like to make a difference in people's lives. Brant Nielsen was instrumental in helping me realize the dream of owning the perfect home when others lacked the vision and tenacity. I'd like to help NDG clients achieve their dreams too.

Q: What do you feel you can contribute to the NDG Home Team?

A: I don't know construction, but I do have deep experience building teams and developing an organization based on the values of integrity, transparency, accountability and honesty. These values instilled in NDG by Brant, align with my own and I believe I can help nurture and grow a culture that enables the successful development of NDG Home Team members.

Running a large organization, I learned the importance of capturing and recording detail. For real estate customers, the information overload can be intimidating and overwhelming. I'm really adept at finessing the process and making it clear and simple for buyers and sellers alike.



Q: How should I best prepare to meet with an agent to list my home?

A: Have a discussion with any other decision maker in the home about your goals, budget, and timelines. Make sure you are ready to sell, know what date you need to sell your home by, and what your

budget is for any necessary home improvements or repairs. Make a list of any home improvements you have made to the home. Get an extra key made for the lockbox. Be prepared to take the agent on a tour of your home and share your favorite features about the home and the community.

THE DAVID ORSO TEAM
of Compass Real Estate



Q: What are the top three features that buyers look for in a top tier waterfront property?

A: Privacy is paramount, many of the buyers coming to the Annapolis area in search of a retreat to relax and escape from the hectic city life. Waterview is also extremely

important. Unobstructed panoramic views always fetch a premium in this market and the most coveted feature is the waterfront pool. The local critical area laws are very restrictive and having a pool on the waterside can be a challenge to have permitted, so an existing waterside pool is a major value add.

BRAD KAPPEL
TTR | Sotheby's International Realty



Q: Is staging really important when selling a home?

A: Critically! We aren't simply talking about staging vacant homes either. Every homeowner has to go through the transition from LIVING in a home to

SELLING a home. Most homeowners are not able to make that transition by themselves, nor should they. Therefore, it is extremely important to have an expert there to guide them step by step on what to do and what not to do to maximize value and minimize time on the market.

SCOTT SCHUETTER
CENTURY 21 New Millennium



Q: With the ability to search for homes online myself, why should I hire a buyer's agent?

A: The Internet has made it easier for buyers to tour homes online and narrow down their list. The seller of the home pays the commission of the buyer's agent, so it doesn't end

up costing you anything as the buyer, but it can end up saving you time and money by having the guidance of an agent. The closing process for a buyer is quite involved from the home inspection and the loan to all the paperwork and coordination—all the steps to get you to a stress-free settlement. Buying a home is an exciting time, so you should enjoy it and leave the less fun parts to the agent!

THE DAVID ORSO TEAM
of Compass Real Estate



Q: What is title insurance?

A: Title insurance protects from matters resulting from unknown liens, or other defects, affecting the title that existed prior to your purchase that were not discovered. Examples could include property taxes not paid by previous owner,

fraud or forgery of a prior deed, or a spouse or unknown heir who makes a claim against title. Defending these matters could be very expensive and could cause you to lose the property itself. A title insurance policy provides coverage for legal defense, as well as the coverage amount listed in the policy.

JEROME I. FELDMAN, ESQUIRE
President
Mid-Maryland Title Company, Inc.



Q: What important questions should I ask before choosing my builder?

A: Quality homes and happy customers don't happen by accident. Successful builders have established well-honed systems to manage each project. Be sure to ask the following:

- When does the builder become involved? Early stage involvement will yield significant savings.
- Does the builder understand the building codes?
- Has the builder established relationships with local authorities to ensure a smooth permit process?
- Have past projects met projected/promised deadlines?
- Does the builder use quality subcontractors who offer competitive pricing?
- Does the builder carry all required licenses and insurance policies?

DAVE LUNDEN
President, Timberlake Design/Builders



Q: How is the market?

A: The market has been strong and vibrant the last 15 months. We are still experiencing a low inventory, high demand phase making it an ideal time to sell a property. The luxury market has been more active than ever before with more \$1M+ sales and more high-value waterfront sales than ever.

Buyers continue to be attracted to turn-key properties and have proven they will spend top dollar for quality of life. The pandemic highlighted a need for flexible work space/practices, more functional home life and a demand for space than we've seen in 15 years. The low interest rates have kept buyers interested and continued this renaissance of real estate sales.

SHANE HALL
of Compass Real Estate



Q: In this hot seller's market, should I bother fixing up my home prior to selling?

A: While we are in a hot seller's market, it is wise to consider the following updates to distinguish your home from others: paint, staging & decor, fresh landscaping, light fixtures, and

a deep clean. These relatively inexpensive updates quickly transform your space and help attract multiple buyers. In this seller's market, sinking a ton of money into major renovations may not make sense. It's always best to ask your real estate agent for their professional opinion to maximize your return on investment.

DIANE MALLARE
Diane & Crew of Taylor Properties



Q: What's the best location for the Master Bedroom?

A: Everyone has a different idea of the perfect master bedroom location depending on their needs. Here are some points for your consideration: First floor master bedrooms are convenient and offer the ease of one-floor living. Although, noise from adjacent living spaces can be intrusive. When you choose a second floor

location, you're less likely to be bothered by noise from the great room or the kitchen, however, some noise transmission from other bedrooms is bound to occur.

One of the quietest locations for your master bedroom is the back of the house. This could make you feel disconnected from other areas, particularly if you have children. Front master bedrooms allow you peace of mind since you can quickly look out the window to identify visitors or monitor the yard. However, street lights, headlights, and neighbors could also be in view at this location, which can be unwelcome.

TYLER MAROLD
Residential Designer, Lundberg Builders



Q: How should I price my home in this market?

A: Sellers fall into the trap of incorrectly pricing their home in a hot market and it costs them lots of money. If you want to obtain top dollar then you need to let the buyers compete to drive the price and terms to an optimal point in

the negotiation; which will happen very quickly. The "profit" comes from a competitive buyer pool outbidding one another. Professional experience, market research and understanding pricing strategy is more important than ever in a fast market because there is NO time to recover from an error. It's truly binary: win fast -or- lose fast.

THE DAVID ORSO TEAM
of Compass Real Estate



Q: What can someone buying waterfront property in Annapolis expect to find?

A: Annapolis is a diverse community rich in history and culture and offers a huge selection of waterfront homes ranging from condos to luxurious estates. With our direct access to the

Chesapeake Bay and some of the best boating, fishing, and crabbing in the world, it's not surprising to see waterfront home sales and values on the rise. Welcome to the Annapolis lifestyle.

TRAVIS GRAY
Associate Broker
Coldwell Banker Residential Brokerage



Q: If a lot of foreclosures hit the market, will that bring down home values?

A: Banks are unlikely to let what happened from 2008-2012 happen again, especially when the real estate market is playing a big part in our economic recovery.

It's also important to consider:

- Nearly 30% of borrowers in forbearance are still current on their mortgage payments.
- Banks likely don't want to repeat the mistakes of the Great Recession. This time, many will instead negotiate a modification plan with the borrower, which will enable households to maintain ownership of the home.
- With the amount of equity homeowners have today, many will be able to sell instead of going into foreclosure.

CHRISTINA JANOSIK PALMER
Christina Janosik Palmer Group of
Keller Williams Flagship of Maryland



Q: Should I wait to sell my home?

A: If you're thinking of putting your house on the market, don't wait. A seller should always be able to negotiate the best deal when demand is high, and supply is low. That's exactly what's happening in the real estate market today. As vaccine

rollouts progress and we continue to see the economy recover, more houses will come to the market. Don't wait for the competition in your neighborhood to increase. If you're ready to make a move, now is the time to sell.

ERICA BAKER

TTR | Sotheby's International Realty



Q: Is the market shifting?

A: The first six months of 2021 have been the best I have seen in 20 years and appear to be the best by all recorded metrics. The demand for homes (total number of homes sold) is statistically greater than ever before. It is the demand driving

the market with limited supply of inventory as a compounding factor (in that order). I firmly believe our market will continue to thrive through the end of 2021. There will be a summer slowdown due to normal familial factors such as travel, back to school and other activities which is very normal. We have a strong fall market and I think properly priced homes in good condition will continue to experience the strength of this market.

THE DAVID ORSO TEAM

of Compass Real Estate



Q: What types of issues do Maryland sellers and landlords not have to disclose to potential buyers and tenants?

A: Maryland state law does not obligate a seller, landlord, or the real estate licensee to disclose to a potential buyer or tenant that a death, including a homicide, suicide,

or natural death, has occurred on the premises. Furthermore, the seller and the listing agent are immune from any civil liability and criminal penalty as it relates to disclosing of this information. Additionally, unlike some other states, sellers and landlords are not required to report stigmatizing events, such as paranormal activity, "hauntings," and criminal felonies that have occurred on the property.

KRISTEN SWARTZ

Diane & Crew of Taylor Properties



Q: If I bought title insurance when I bought my house, why do I need to buy it again when I refinance my mortgage?

A: There are two different types of title insurance policies: owner's insurance, and lender's insurance. An owner's title insurance policy covers you, the consumer, for as long as you

own the home. The lender's policy is specific to the mortgage that is being insured. Therefore, when you refinance your loan, the original lenders policy is no longer valid, and a new policy must be issued to insure your lender's lien priority on the property. You should, however, be able to benefit from the highly discounted rates for refinance transactions that are now widely available.

BROOKE SILARD

Settlement Officer | Eagle Title, LLC



Q: What are the most common problems identified on a title search?

A: We frequently find unreleased mortgages from prior, or even the current, owners of the property. Some homeowners forget they have open credit lines that are still secured

against their home. There are also many occurrences where federal and/or state tax liens remain unpaid, or homeowners have outstanding HOA and/or Front Foot utility assessments. While there are a wide range of issues that can be uncovered during a search of the title to a property, an experienced title company can help mitigate and resolve most issues that arise in timely fashion.

BRADLEY T. WALSH, ESQUIRE

Vice President | Eagle Title, LLC



Q: Any tips for a first-time home buyer preparing for the settlement process?

A: Check out the free Consumer Tools offered by the Consumer Financial Protection Bureau (CFPB). Their online resources include a closing checklist and other valuable guides.

Additionally, the American Land Title Association (ALTA) has a selection of educational resources that explain title insurance, including a closing disclosure explainer that is very informative. Most importantly, make sure you work with a well-trained settlement officer and reputable title insurance company. It is our job to guide you through the closing process and involve our team of professional processors, and experienced attorneys as needed, to make sure your settlement experience is smooth and successful.

CYNTHIA DUNN

Settlement Officer | Eagle Title, LLC



Q: What if I sell my home but I'm not able to find a new one to buy?

A: Many sellers are concerned that if they do decide to sell their home, they won't be able to find one to buy in time for closing. It's more important than ever to use an Agent with the negotiating tactics, availability, and commitment to

help you find a house that meets your needs in a timely fashion.

While pre-owned inventory may not be plentiful, the new construction homes hitting the housing market are a good option to explore. Plus, closing dates are negotiable, especially in a competitive market. It may be a good time to get creative and explore alternative loan options that let you buy a home before you sell yours, something that could bring peace of mind to a weary seller.

CHRISTINA JANOSIK PALMER

Christina Janosik Palmer Group of
Keller Williams Flagship of Maryland



Q: Do you expect the current unprecedented Seller's Market conditions will continue for the remainder of 2021?

A: Yes! Urban transplants are migrating from the surrounding high-density and creating such a high level of demand. These new Annapolitans are often snatching up properties

immediately after they come on the market. This trend will continue to lead to low inventory levels creating high demand. Mortgage interest rates are also expected to stay at extremely low making this transition even more desirable for home buyers. In summary, high buyer demand to invest in the Annapolis lifestyle plus low inventory and low interest loans equals a true Seller's Market!

BRAD KAPPEL

TTR | Sotheby's International Realty



Q: What measures are in place at Bay Village to ensure the safety and security of residents?

A: There are many safeguards in place for our residents, most notably, all residents and staff are fully vaccinated against Covid-19. Our community is laid out to allow for maximum independence including large hallways,

handrails, and zero-entry showers. We offer physical, occupational, and speech therapy with programs built specifically for the resident. We are fully staffed, including an on-call nurse, 24/7. Our entry control system, Accu-Shield, scans each visitor upon signing in, takes their temperature, and verifies the reason for the visit. Residents wear a device called Wanderguard, equipped with GPS, eliminating the ability to exit the building and have fobs that only open their specific apartment door. With these benefits, our residents can comfortably and safely enjoy all the other features we have to offer.

JOHN DEGEN

Executive Operations Officer,
Bay Village Assisted Living and Memory Care



Q: Why should I choose a Waterfront Specialist to sell my home?

A: Your waterfront homes is one of your largest assets. As you consider whom to trust with your unique property, you need to ask about their qualifications. Does the agent have a website that is dedicated to waterfront and

water-oriented properties? Does the agent's marketing plan include substantial print advertising as well as digital? Print has gotten very expensive and many agents aren't placing print ads because of the cost. Make sure your agent understands the subtleties of waterfront and can showcase the specific attributes of your valuable asset. After all, you wouldn't expect to see your Ferrari in a Chevy dealership! Specialization and expertise truly matter.

REID BUCKLEY

Waterfront Specialist
The Mr. Waterfront® Team of Long & Foster



Q: When is the best time to buy or sell real estate and what do we do if we think we need to do updates or repairs before the property goes on the market?

A: Due to the historical record setting low inventory of homes available for sale, the seasonal market has not had much bearing on today's activity as we've seen in the past. As the market

starts to settle and become more balanced, this may adjust back to the surge of homes coming on the market in the spring and fall creating increased competition for sellers and more choices for buyers. Timing the market depends on what is truly best for your own individual situation to make that decision. To get the best guidance and advice, consulting an experienced local realtor is the first step. Before undertaking any updates or repairs let us advise you of the most up to date marketing recommendations. We even have partners that will make renovations or licensed repairs to your property and delay the cost until closing. Most importantly, this way you have marketing expertise and guidance as to what is necessary and the best choices to increase your property value and avoid wasted time and money.

CHRISTY BISHOP

Berkshire Hathaway HomeServices PenFed Realty



Q: What's happening in the waterfront market?

A: The first half of 2021 continued to see record demand in the residential waterfront market. Inventory levels have remained at historic lows, which has led to explosive upward pressure on housing prices. Sellers who purchased their waterfront property in the early 2000's have finally gotten out of the

red and are seeing profits when they sell their homes. From a buyer's perspective, it has been an extremely challenging market. Low interest rates and increased liquidity in the market have led to robust demand from the buyer's side. This has created extreme competition between buyers and resulted in sellers being able to negotiate a robust package of non-monetary terms into the sales contract. As a team, we have sold more homes with no inspections, appraisals, and/or financing than in the past 10 year combined. Expectations for the fall market remain strong, however due to the post Covid travel and vacation demand, the hot summer month of August should slightly soften the buyer side demand. I would expect that trend to turn post Labor Day as waterfront buyers and seller re-enter the market.

JOSEPH BRAY

Waterfront Specialist
The Mr. Waterfront® Team of Long & Foster



Q: A 10 acre parcel of land was part of a family farm that was subdivided 25 years ago. Survey shows a fence and barn but the brother neighbor is still using them. What do I advise?

A: Owners of large tracts of land often subdivided parcels to give to each child. When one child wants to sell their things can get dicey. Maryland has a 20

year adverse possession claim if a person shows open, notorious and hostile use for 20 plus years. Here, the Brother openly used the barn and land for 25 years without objection. Brother may assert claims for adverse possession taking part of the property and the barn as his own. To prevent that the buyer needs an agreement where Brother waives claims of adverse possession of anything on buyers property as shown per the survey. Easements or leases may also be created allowing Brother to continue use of the barn and fence if the buyers agree.

GLENN RUSSELL DONALDSON, ESQ.
Velocity Title



Q: In today's market with limited inventory and multiple offers, how can a buyer make their offer stand out?

A: Relationships matter so work with an experienced agent and an established and responsive local lender who can assure the listing agent of the buyer's qualifications, and that underwriting

will go smoothly. Purchase price matters, but so does accuracy, timing, and preparation. Have everything ready before your dream house shows up on the market. Be sure paperwork is perfect, find out how best to accommodate any of the sellers needs, and have all your inspections already scheduled when you make your offer. The offer is just the start so present the offer in a way that assures the seller you are committed to getting to the finish line.

MALINA KOERSCHNER
Coldwell Banker Realty



Q: What are the benefits of using an Agent with Licences in Multiple States?

A: I am licensed in Maryland and Florida which has proven to be a tremendous benefit to my Clients throughout the years. I was born and raised in Maryland but my parents had a Winter home in Jupiter Florida since 1979 so I have been able to become familiar and

knowledgeable in both markets. I maintain homes in Florida and Maryland and with BWI offering Non-Stop flights to West Palm Beach airport I can easily be in either place within 2 1/2 hours. My Clients enjoy having a Realtor that they can trust when Buying or Selling their Maryland homes or their dream homes in the Sunshine State. I carry the same level of professionalism and strict code of ethics whether I am working in Maryland or Florida. Many of my Clients say that I am "The perfect blend of North meets South".

MICHAEL RUTLEDGE
The Rutledge Team of Berkshire Hathaway Home Services
410-804-2144



Q: The Engel & Völkers shops in Annapolis and Ocean City grew over 80% last year. What about your firm attracted so many new clients?

A: With the full support of our global network, state-of-the-art technology options and unmatched resources, our advisors are always

exceeding clients expectations. At Engel & Völkers we don't just have agents, but rather, trusted advisors to guide you through your home journey with extensive neighborhood expertise, white glove service and a love for our community. Our commitment to excellence shows in everything we do, and happy clients can't wait to spread the news.

STACI FOSTER
Director of Advisor Success
Engel & Völkers

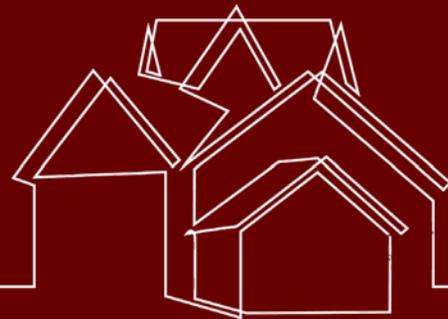


Q: When is the best time to sell my home?

A: Whatever fits your personal timeline. There is a peak season from March to the end of May where the inventory level is the highest but remember, more inventory means more competition.

The off season is where magic can happen with serious buyers and sellers.

JENNIFER CHINO
Stahley Thompson Homes of
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TIME TRAVEL AND LEVITATION

That's what we can expect from the MAGLEV project

By Sherry Kuiper

It's hard to imagine a world where we can get from Washington, D.C., to New York City in an hour. On most days, pre-COVID-19, we can't even get from Annapolis to the nation's capital in that amount of time. Enter the MAGLEV—the closest thing to time travel we may ever see in our lifetime.

What is MAGLEV?

What we call the MAGLEV is known as the SCMAGLEV, which stands for superconducting magnetic levitation. And in a sense, that translates to time travel and levitation.

The Superconducting MAGLEV is the world's fastest ground transportation system, with the potential to reach speeds of more than 300 miles per hour, which translates into that one-hour trip from Washington, D.C., to New York City.

Surprisingly, this technology is not a new concept. The idea of MAGLEV trains is credited to James Powell and Gordon Danby, who pioneered the early technology in the late 1960s at the Brookhaven National Laboratory in Upton, New York. According to the Department of Energy, Powell came up with the idea as he, you guessed it, sat in a traffic

jam. From that traffic jam, Powell came up with the idea of using superconducting magnets to levitate a train car.

In MAGLEV, superconducting magnets suspend a train car above a U-shaped concrete guideway, according to the Department of Energy. Like ordinary magnets, these magnets repel one another when matching poles face each other.

There are currently no Superconducting MAGLEVs in the United States, but the planned project connecting Washington, D.C., to New York City would be the first.

Project Status

Right now, the project is still years away from completion but now is a good time to get up to speed and stay informed. There are a few key players when it comes to the MAGLEV coming to Maryland. First, there is the Northeast MAGLEV, which is a company headquartered in Maryland and is focused on getting the SCMAGLEV built from Washington, D.C., to New York City. Northeast MAGLEV says this northeast corridor is the most congested transportation region in the country.





Photos courtesy of Central Japan Railway Company

“The route currently under consideration as part of the NEPA [National Environmental Policy Act] process would include three [Maryland region] stops—one in Washington, D.C., one at BWI Airport, and one in Baltimore City,” says Alex Jackson, director of marketing and communications for Northeast MAGLEV. “Ultimately, our goal is to extend service all the way to New York City. Stops beyond Baltimore would include Wilmington, Philadelphia Airport, Philadelphia, Newark Airport, and New York.”

Public sector players in the Baltimore-Washington Superconducting MAGLEV Project include the U.S. Department of Transportation Federal Railroad Administration, Maryland Department of Transportation, Maryland Economic Development Corporation, and Baltimore-Washington Rapid Rail. This group is currently evaluating environmental impacts, conducting studies on best route options, and holding public meetings on the project.

Environmental Impacts

The Federal Railroad Administration and MDOT are working to complete environmental and engineering studies for the proposed stations. Where exactly these the potential stations could go, how they are built, and access to the stations could all have potential effects on the surrounding areas, which the FRA and MDOT are tasked with reviewing and analyzing.

The FRA and MDOT are looking at more than just the stations. They are considering support facilities, train maintenance facilities, substations, and emergency access, all elements that will be evaluated for engineering feasibility and potential environmental impact to the surrounding areas.

“The Draft Environmental Impact Statement will be available to the public in early 2021, as soon as January 15,” Jackson says. “A Final Environmental Impact Statement/Record of Decision will be made in early 2022, according to the current NEPA schedule.”



Northeast MAGLEV is eager to get started on the project. “While the project is still undergoing the permitting process, we would like to see the first leg, from Washington, D.C., to BWI to Baltimore, in service by the end of the decade,” Jackson says. “Construction will last approximately seven years.”

Economic Impacts

A project of this magnitude will bring along substantial economic benefits. Northeast MAGLEV projects that the project will bring 74,000 construction jobs to Maryland with 1,500 jobs annually after the MAGLEV is up and running. Maryland can also expect to see a financial boost with Northeast MAGLEV estimating \$6.5 billion from construction and \$268 million annually after the project is completed.

The Cost and Control of MAGLEV

Currently, there is no direct taxpayer cost for the MAGLEV project. The Baltimore-Washington Superconducting MAGLEV Project has received a \$27.8 million federal grant. This grant is used to perform a NEPA study to look at the environmental impacts of building the MAGLEV. The NEPA study is a congressional mandate.

Baltimore Washington Rapid Rail has released construction estimates for the MAGLEV. Right now, those estimates stand at \$10 billion to \$15 billion, but that can change when it is decided how and where the MAGLEV will be built. This information will be documented in the Draft Environmental Impact Statement.

Once the MAGLEV opens, it begs the question, who will operate this levitating, high speed, train?

It is expected that a U.S. operating entity will be created to control the SCMAGLEV according to Northeast MAGLEV. Operating standards and procedures will be based on the Central Japan Railway Company according to Northeast MAGLEV. The Central Japan Railway Company is the owner of the SCMAGLEV in Japan, which is credited with being the safest and most traveled high-speed rail line in the world.

Do We Really Need a MAGLEV?

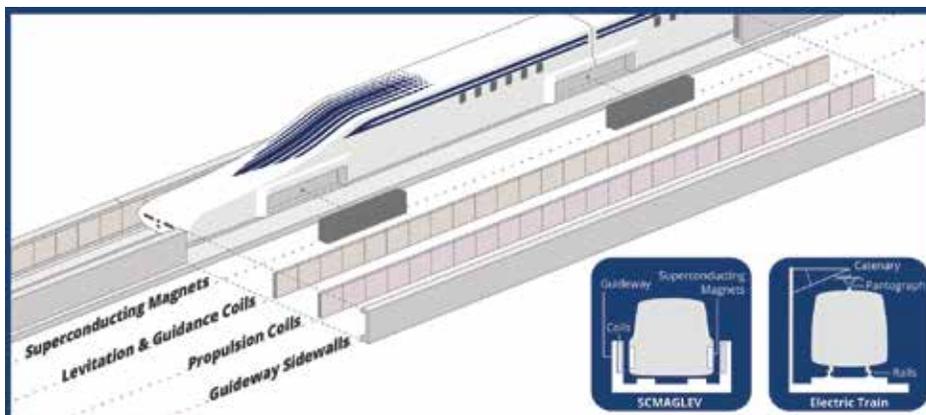
For many, a commute to D.C. or Baltimore is part of our everyday lives and, if you can recall a time before COVID-19, that could easily mean sitting in traffic. The need for better transportation along the northeast corridor has been the topic of discussion for more than 50 years according to Northeast MAGLEV, whose studies show there is a demand for safe, high-speed travel of all kinds.

You may think that ticket prices will be astronomical, but Northeast MAGLEV says that they expect ticket prices to be competitive with those of express rail services for similar trips on the corridor. With this sort of travel, there could be new possibilities for employment as well.

Kirkland Murray, the president and chief executive office of the Anne Arundel Workforce Development Corporation says that being able to pull talent from throughout the Mid-Atlantic could mean good things for filling jobs in our region.

“It allows us to market our region broader to get talent,” Murray suggests. “We can attract talent as far away as New York and it will still be a reasonable commute to Anne Arundel County. This will allow us to bring in more talent to fill some of the jobs we need to fill.”

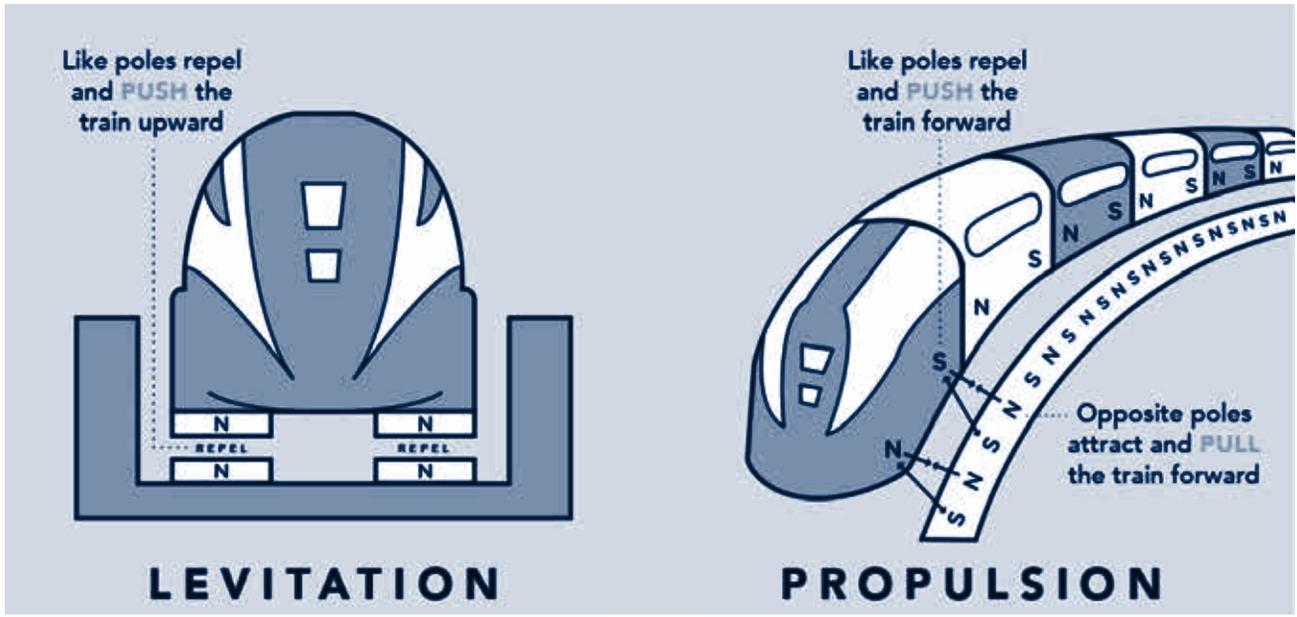
Our current residents can get more high paying jobs. Looking at finance jobs, if you have someone who wants to live in Baltimore County of Central Maryland but wants to have a finance job in New York, they could do that.”



HOW IT WORKS:

Rather than running on standard railroad tracks, SCMAGLEV trains levitate without friction between the walls of a U-shaped guideway that contains coils of metal.

Strong magnetic forces between these coils and superconducting magnets on the train are used for efficient and super-high-speed operation while remaining secure and free from derailment.



On the flip side, Murray says it also offers opportunity for those who live in Anne Arundel county to find distant work in their fields.

“Our current residents can get more high paying jobs. Looking at finance jobs, if you have someone who wants to live in Baltimore County of Central Maryland but wants to have a finance job in New York, they could do that.”

Murray believes that not only will the MAGLEV bring jobs in the long term but that some of the short-term construction jobs will have lasting positive impacts.

“You’re talking about more than 70,000 jobs to build this project. These are going to be great opportunities for Anne Arundel County residents to get these jobs and build these skills,” Murray says. “Someone can start an apprenticeship and leave as a journeyman. So even when the project is gone, you now have someone who has been trained, that can continue to work, that can continue to make a good wage with those skills.”

Okay, but is it Safe?

With speeds topping more than 300 miles per hour, safety is a concern for travelers. The SCMAGLEV is one of the safest transportation systems in the world according to Northeast MAGLEV. They say the train travels in a completely dedicated guideway, thereby eliminating the possibility of collisions with freight or other types of passenger vehicles. The dedicated system approach is based upon the Tokaido Shinkansen “bullet train” operation in Japan, which has not experienced any passenger injuries due to train accidents such as derailments or collisions during its 50-plus years of service.

“The Northeast Maglev is a project that will rely on proven technology to build a 311-mph superconducting maglev train that complements existing networks and re-energizes the aging Northeast Corridor,” Jackson says. “The project will play a key role in helping our economy get back on track in the wake of COVID-19 by creating 74,000 construction jobs, 1,500 permanent jobs, and providing a shot in the arm to the state’s GDP. It will change the lives of millions of people in our area as we recapture the estimated 102 hours per year Washington drivers waste in traffic delays.”

Make Your Voice Heard

The Baltimore-Washington Superconducting MAGLEV project encourages your involvement. Visit their website www.bwmaglev.info to find out when upcoming next public meetings will be held, view and comment on maps, and sign up for email updates.



Photo courtesy of Central Japan Railway Company

Online Resources: bwmaglev.info; northeastmaglev.com; energy.gov/articles/how-maglev-works

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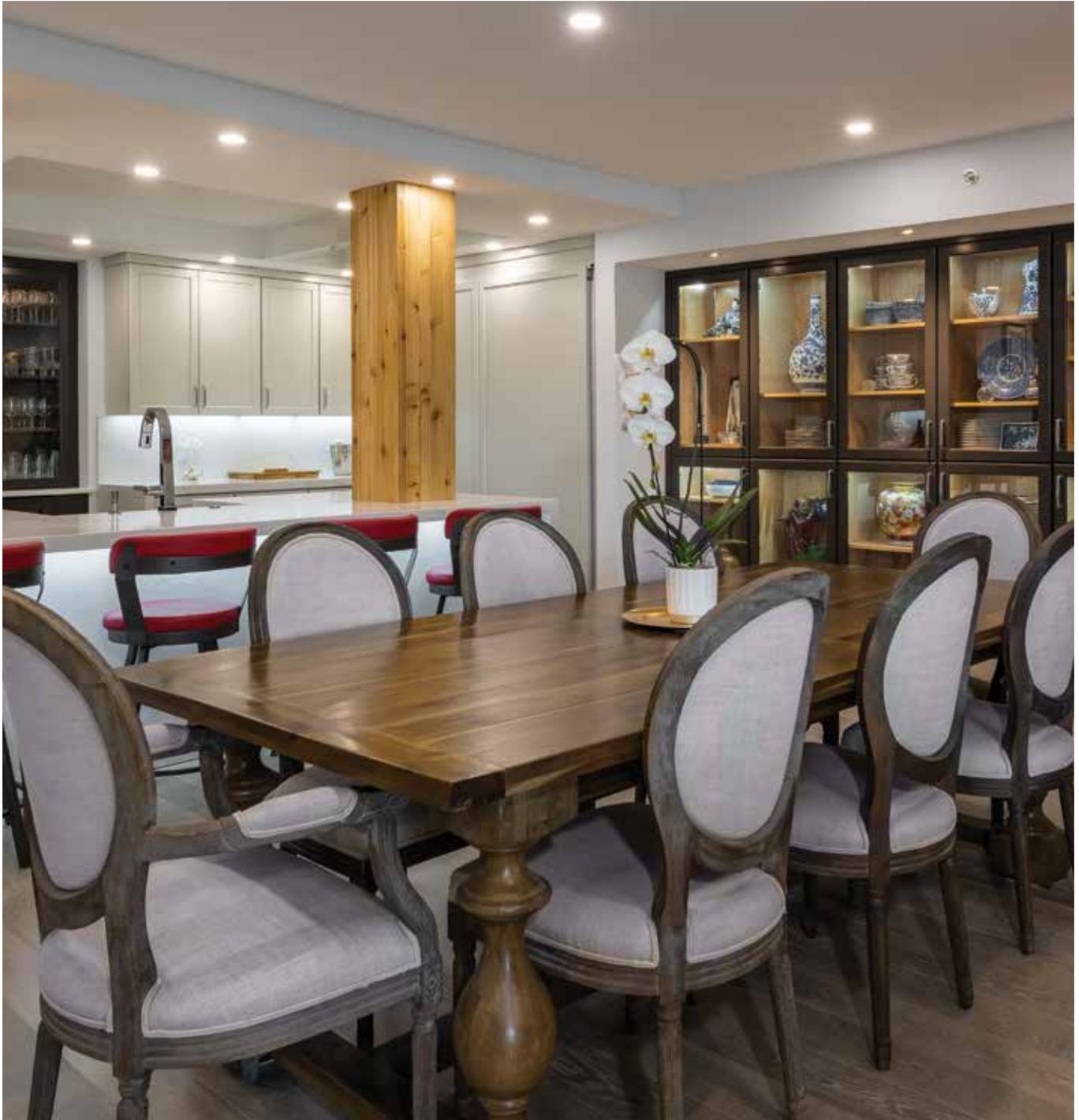
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138 WHERE WOULD WE BE WITHOUT THE TREES? | 142 REAL ESTATE



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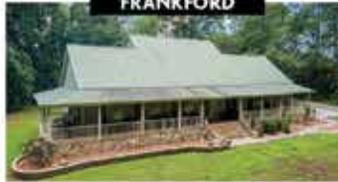


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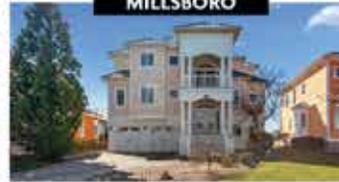
2920 SOUTHWATER POINT DRIVE



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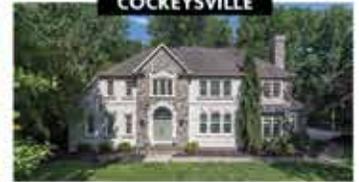
34251 CHIRPING BIRDS LANE



MILLSBORO

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33448 MARINA BAY CIRCLE



COCKEYSVILLE

\$1,299,000

12 DEEP RUN COURT



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37338 TRENT COURT



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16820 COLTON COURT



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1035 OMAR DRIVE



MARRIOTTSVILLE

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1113 GENTLE ROLLING DRIVE



BOWIE

\$650,000

4518 DOCTOR BEANS LEGACY CIRCLE



SEVERN

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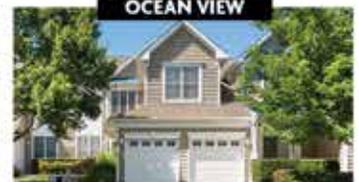
7861 CROSSBAY DRIVE



COLUMBIA

\$525,000

9410 GUILFORD ROAD



OCEAN VIEW

\$525,000

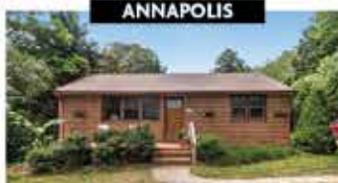
38328 OLD MILL WAY #26



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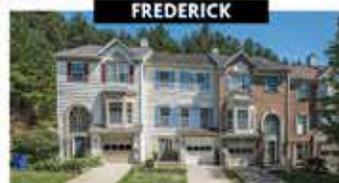
962 OAKDALE CIRCLE



ANNAPOLIS

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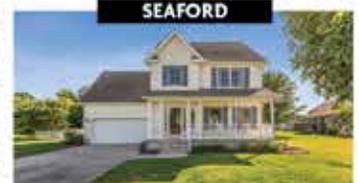
1096 SKYWAY DRIVE



FREDERICK

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6139 PINE CREST LANE



SEAFORD

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302 PLANTATION DRIVE



WESTMINSTER

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1818 BENEDICT ROAD



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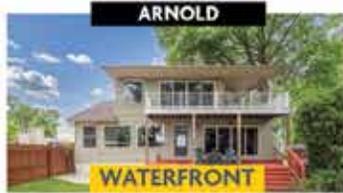
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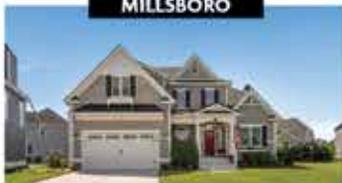
710 HAWKSHEAD ROAD



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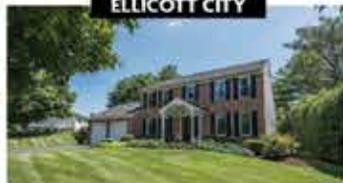
11406 BARLEY FIELD WAY



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24643 NAVIGATORS WALK



ELLICOTT CITY

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3741 DORSEY SEARCH CIRCLE



MILLSBORO

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33241 INDIAN BAY CIRCLE #35



ELLICOTT CITY

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2220 RIVER TERRACE COURT



LAUREL

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6714 OREM DRIVE



SEVERNA PARK

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616 OAK LANE



ESSEX

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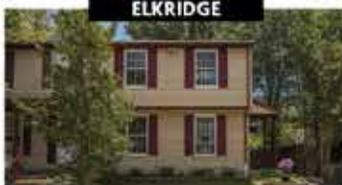
226 MARINA VIEW COURT



RANDALLSTOWN

\$385,000

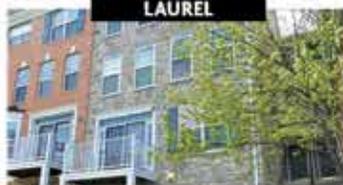
8702A WINANDS ROAD



ELKRIDGE

\$300,000

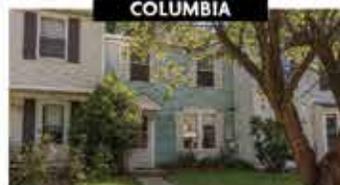
7821 BUTTERFIELD DRIVE



LAUREL

\$299,900

3430 CARRIAGE WALK COURT #15-B



COLUMBIA

\$299,000

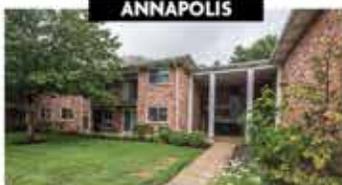
9540 QUARRY BRIDGE COURT



COLUMBIA

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5482 GREEN DORY LANE



ANNAPOLIS

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217 VICTOR PARKWAY #D



BALTIMORE

\$200,000

2137 WOODBOX LANE #C



FOREST HILL

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1721 CHRISEMMETT COURT #3A



BOWIE

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12319 STONEHAVEN LANE #T-10

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**EXPLORING NEW SPACE
MUCH CLOSER TO HOME**

By Lisa J. Gotto | Photography by Tom Zdanowicz





And what a mission it would become for Will Adrian of Annapolis-based Adrian Development to create the next great place to land for a NASA Space Shuttle Mission Commander and his wife of 53 years.

There is more than just a touch of Annapolis-based serendipity to this story about what would bring the architect and the astronaut together to work on a complete renovation that would turn an outdated condo into the couple's cherished forever residence.

SMALL WORLD AFTER ALL

"Will had done the [design and construction] work for a long-time friend in Annapolis and we stayed at their place one weekend," explains Major General Charles F. Bolden, Jr., a U.S. Naval Academy grad and former administrator for NASA during the Obama Administration. "We were really impressed with his work and decided we wanted to talk to him."

Their project hopes, as explained to Adrian, would take a dark and less than purposeful 1980s-style condo, and make it into an exceptional example of what modern downsizing looks like—something that would help the couple transition to a new life outside of their former five-bedroom family homestead near Mt. Vernon.

Adrian said it was Bolden's wife, Alexis, best-known by her nickname, Jackie, who provided him with the inspiration that would define the entire project: Take a smaller space and turn it into something that *feels* like a much larger space.

"Her conversations with Will and his initial 3D [design] concepts really set well with both of us," Bolden says.

The complexity of what needed be done to the 2,700 square-foot condo presented a challenge that Adrian was inspired and honored to take on.

"It was a big project to transform it into something they would actually enjoy living in," Adrian says. "The condo didn't have any ceiling lighting, except for a few fixtures. It was very dark and closed off. The kitchen was tiny and terribly laid out. It just did not have any *feng shui* whatsoever."

Reconfiguring the floorplan for flow and function was key. The Boldens love nothing more than to get together with their two grown children and three grandchildren, and this new home needed to afford enough space for overnight guests, as well as provide Charlie with dedicated office space for his current role as Founder and CEO Emeritus of the Charles F. Bolden Group, a small business specializing in space/aerospace exploration, national security, leadership, education, and health initiatives.

HOUSTON, WE HAVE A PROBLEM

Knowing that the quality of the Boldens' potential to entertain should not be compromised by the quantity of square footage in their new living space, Adrian and his team got to work to address several non-starters of the previous condo footprint.

These included a less-than-inspiring den space with an adjacent powder room, a guest room that was not only ill-located next to the master bedroom (it did not have an *en suite* and required guests to go down the hall to access a separate bathroom), not enough light or closet space in the master, a master bath with a narrow shower stall and a clunky, '80s-era soaking tub.

If that wasn't enough, the kitchen would need to be re-thought entirely. So awkward was its footprint, that the room's entryway was partially obstructed by a refrigerator jutting out and into its path. Its old-school design did not provide any visual connection to the living area.

"Long, deep sightlines were a goal of mine in the design, and the intertwining of these spaces," says Adrian, of his overall ambitions which would include a way to improve the overall flow from the home's hallways to the new open-plan space that would be created.



Before anything like that could happen, they would have to deal with the design obstacle in the room: The fact that this project was a condo property and the commercial aspect of that type of building would require a series of workarounds to address electrical, plumbing, and original footprint issues. Many of the condo's walls were affected in some way; various walls came down altogether.

"We removed a big wall to open up the kitchen. Everything's new in that room," Adrian says. "We didn't just replace cabinetry; it's a whole new layout."



And that wall happened to be packed with pipes for plumbing that were essential to the infrastructure of the condo building itself. Fixing this type of issue within the restrictions and structure of a commercial building would present every obstacle in the book to Adrian and his team.

Working with that in mind and closely with the building manager, Adrian was able to find a way to create new innerworkings for pipes and necessary conduit; they would be ingeniously disguised beneath the façade of two, sturdy columns of cedar wood. These columns, which now serve as a design focal point, connect an elegant solid quartz island for prep work and seating to a lovely new coffered ceiling treatment above.

The ceiling treatment would not only help camouflage the required fire suppression system, it was outfitted with a series of LED lights that address the darkened corner aspects of a once tiny, closed-in kitchen.

This room's wish list included double ovens and a state-of-the-art integrated fridge/freezer; theirs is a 66-inch, handle-less Thermador. So sleek is the design, that it only requires the slightest push of a hand for it open on demand.

Other kitchen perks included the relocation of the condo's laundry facilities from the kitchen to an adjacent storage area creating a separate laundry room and using the re-purposed space in the kitchen to install a convenient pantry. Jackie wanted a creative way to display china and they both wanted a wine fridge, so Adrian found a beautiful and practical solution by incorporating both requirements in one attractive unit made of maple to off-set the rest of the room's white cabinetry and gleaming quartz backsplash.

DESIGN FRONTIERS

Lighting elements added to the underside of the island assist in opening up the space further to the formal dining area. Throughout the new open plan footprint, lighting would play a central role. Knowing the lack of overhead lighting was a primary concern for the couple, Adrian executed a plan to drop the ceiling an inch and a quarter in the main living space so a series of LED wafer lights could be installed. This would be the workaround for another condo-related rule associated with not drilling into concrete floor and ceiling slabs.



To this the team, with much input from the couple, added an entertainment wall to the prime living area with a 75-inch TV mounted above a sophisticated electric fireplace feature loaded with various ambient capabilities and auxiliary heating. A Point Grey-colored engineered oak hardwood floor from the Fuzion Outer Banks Collection was chosen to flow underneath the open plan space.

On the other side of the living room wall where the less-than-inspiring den space was located, Adrian set out to create a primary guest suite by tapping into the workings of an old wet bar that would upgrade the powder room to a full bath with shower. The result: the Boldens' overnight guests will never have to walk down the hallway to that separate bath and they will have the comfort of knowing their guests have optimal accommodations.

Meanwhile, the traditional second bedroom of the home would become a re-worked multifunctional space that afforded the dedicated office the couple required, and provide utility for additional overnight guests. The room is now streamlined and looks like an office by day with a sophisticated, contemporary desk and wall unit with bookcases to the side and places above the desk to hang a few important NASA mission photos. When necessary, however, the entire wall folds down to reveal a comfy bed. Unlike a Murphy bed design, however, this unit is designed so nothing needs to be removed from the desk or wall to lower the bed. This exceptionally clever design was sourced from a DC-based retailer called Resource Furniture and by all accounts it created a proper control center befitting a mission commander.

The new design also meant that part of this room could then be sacrificed to make way for one of Jackie's must-haves: an expanded walk-in closet with custom built-in shelving in the master suite. This enabled the closet that was already in the room to become her husband's domain entirely. Other upgrades to the master included the addition of overhead lighting especially above the bed for reading and a complete re-work of that tired 80s-style bathroom. The large cumbersome-looking soaking tub was replaced by a state-of-the-art steam shower, and a "smart" vanity was added that incorporated one of today's technologically advanced mirror features. Once connected to WIFI, the mirror can tell you the time and weather, making sure you don't leave home without an umbrella in the event an afternoon shower is forecast.

Along with a spacious master walk-in closet, Jackie's renovation goals focused on the ability to accommodate more of their impressive art collection. In the case of this well-traveled and distinguished couple, nothing less than a well-lit gallery within a home would do to display treasured works by Dallas-based artist Frank Frazer and Jackie's favorite, which she affectionately refers to as "The Blue Man," a work by Ted Ellis of Houston.

Other treasures from the couple's family life together, Bolden's years as a military pilot, a member of a shuttle crew, and the role he held from 2009 to 2017 as NASA Administrator would also require pride of place. For this, Adrian would utilize the hallways to create a series of gallery-like walls by once again employing the drop ceiling technique to wash the space in light. Now, every pass down the couple's hallway is a nostalgic one rich in memories and accomplishments.



SHINING STAR

Last but not least, Adrian provided a solution to the couple's desire to display an equally remarkable collection of wares and keepsakes that Jackie acquired from their travels throughout Asia.

Her husband reflected on one of the couple's most precious souvenirs...a replica of one of the thousands of Terra Cotta Warriors accidentally unearthed in the mid 1970s in the northwestern Chinese province of Shaanxi.



After retiring from the Marine Corp in 2003, Bolden said he and his wife were invited to go with a small team of astronauts on a two-week tour of China that would cover five cities.

“One of the cities was Xian, where a farmer accidentally came upon a collection of terra cotta warriors in a series of underground vaults,” Bolden remarks. “We toured some of [the vaults] and the result was our falling in love with them and our decision to buy a replica and bring it back to the U.S. with us.”

This particular item, which formerly stood sentry outside their former residences, would also require a very special place in their new life scheme. Adrian remarked that finding just the right place for it was one of the many considerations that weighed on him during the renovation process.

Adrian's solution: a custom art wall cabinet designed with a bulkhead built in above, glass-front panels, and a series of well-lit, multi-level shelves. This feature could hold smaller items and precious sculpture, pottery, and dishware. And then using the same maple to craft a moveable base, Adrian situated the couple's cherished warrior alongside this cabinet of treasures, creating a stunning feature wall they could enjoy every night at dinner, and every time they pass through the open plan space.

With the warrior now in its proper place, the Bolden's mission for a contemporary, modern downsizing was accomplished, creating a new launch pad from where their future journeys can now take flight.



A LIFETIME OF DISTINGUISHED SERVICE

Bolden, who began his military career with the Marine Corp after graduating from the Naval Academy in 1968, first became an accomplished marine aviator, flying more than 100 combat missions during the Vietnam War. He also served as a test pilot for the Naval Air Test Center's System Engineering and Strike Aircraft Test Directories, and later logged over 680 hours in space as a NASA astronaut piloting both Space Shuttle Columbia and Discovery. He served as Mission Commander on both the Space Shuttle Atlantis in 1992 and Discovery in 1994. Later that year he would return to the Naval Academy to serve as the Assistant Commandant of Midshipmen— just one of the many roles he has undertaken in service of his country, culminating with his appointment by President Obama in 2009 to the position of NASA Administrator. Here, he would oversee the transition of the nation's space shuttle system to a new era of exploration with the advent of the International Space Station. Most recently, he served as a U.S. Department of State Science Envoy for Space in 2018 and 2019. He is the recipient of numerous distinguished service awards including the Distinguished Flying Cross and four NASA Space Flight medals.



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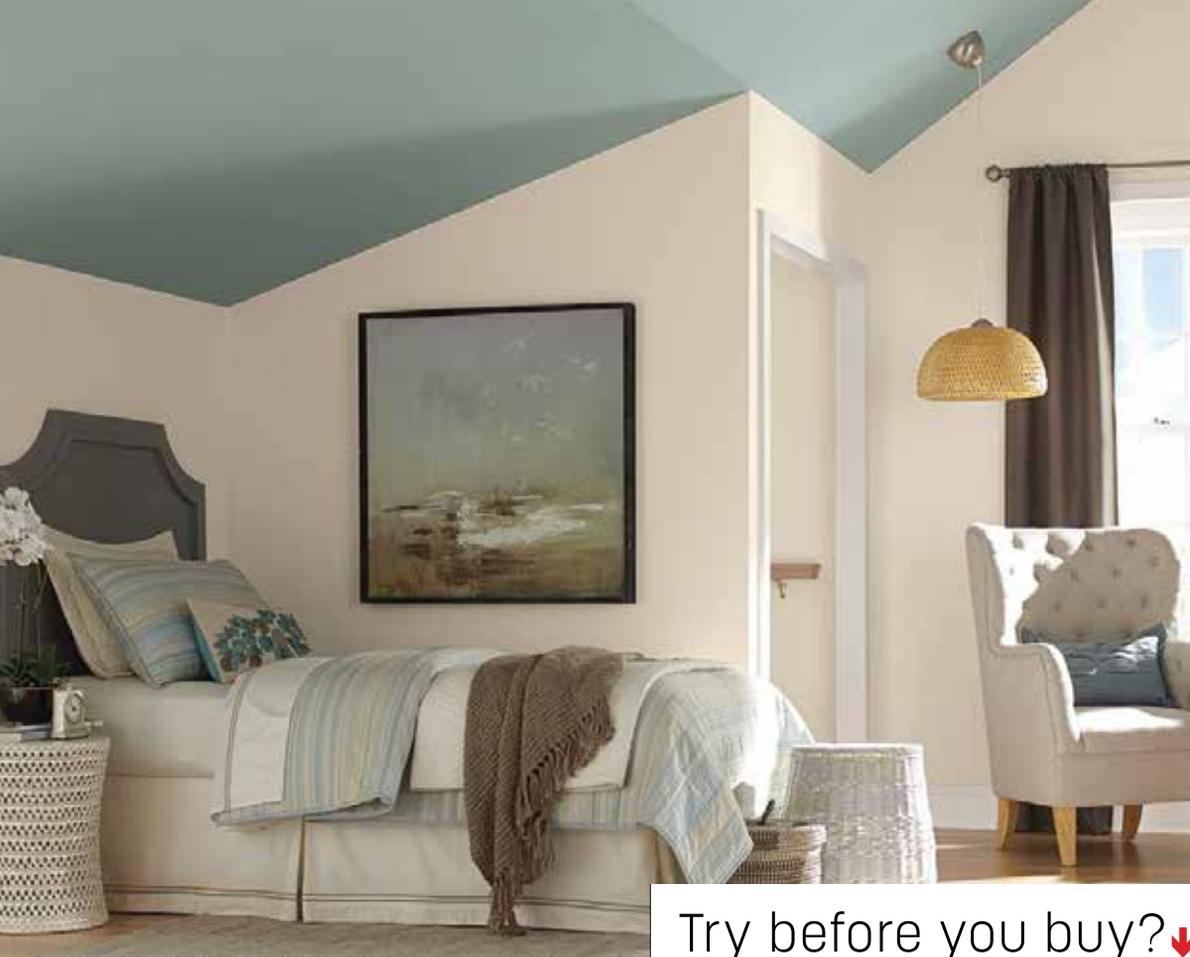
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HOME INTERIOR

Once Upon a Time...

WRITING YOUR HOME'S BEDTIME STORY

By Lisa J. Gotto

After the last year, we'll never take comfort for granted again. If you found yourself re-arranging your bedroom's floor-plan, ditching your mattress, or ripping out outdated wallpaper, you're not alone.

Creating a serene master bedroom retreat isn't as much about luxury, as it is about necessity. Our bedrooms are such vital sanctuaries for our health and well-being—and there's nothing more fundamental than a good night's sleep. For that very reason, the items you choose for this room are more important than you may think.

Try before you buy? ↓

What good is a pretty bedroom, if you're not waking up feeling restored and refreshed? The best bedroom sanctuaries provide reliable nights of restorative sleep, so the first chapter of your bedroom's story should tell the tale of finding a mattress that you love and loves you in return.

One of the hottest trends out there is shopping for a mattress online, and not just doing the diligence-oriented research either. More and more consumers are getting comfortable with the concept of also *buying* their mattress online. There was a time when "bed-hopping" while mattress shopping was fashionable and really the only way to do it. Let's face it; this was a chore, and was actually an uncomfortable, awkward one for some. Not to mention "test-resting" on a mattress in a showroom for less than five minutes is far from a full-proof assessment.

These factors and millennial insistence for convenience have resulted in a thriving online marketplace for mattress shoppers. What makes this new practice work are the amazing incentives the brand-specific labels like Nectar, Purple, and Avocado are providing. These include extended risk-free trial periods (some provide up



to 180 days), bonus linen and pillow packages, and free-shipping for returns. While these primarily foam mattresses do come conveniently packaged in a box and expand within hours, in most instances, you will not be expected to re-box it if you choose to return it. These particular retailers don't actually take the mattress back, they provide a mattress removal company to come and get it. This cost is factored into their overhead costs, but prices with regular retailers remain competitive because they are not paying leases on brick and mortar stores. In many instances, the brand-specific options are cheaper.

Not all online mattress sellers are created equal so evaluate reviews for all online merchants carefully. Not every mattress available for sale online comes with the same perks. Traditional mattress showrooms with online options perk packages may differ, so read the fine print, and note the difference between buying online from a standard retailer and a brand-specific retailer such as Avocado.

It still may take a while to convert every in-store mattress shopper and some consumers do wish to speak in person to a knowledgeable sales professional who can assess what they really need and want from their mattress. If this sounds like you, do your research before you go so you can narrow your options by mattress type, level of firmness, and cost. Being armed with these specifics will keep your in-store bed-hopping to a minimum.



Tranquility of tone ↓

A calming color for your area rugs and walls inspired by nature is highly recommended for bedrooms this year. Writing a narrative that includes tranquil blues, mossy greens, and sunny, muted yellows tell a restful and quieting tale. If you're a lover of intense color and wish to use it in the bedroom, consider using it as an accent color on one wall or use it for smaller items like accent pillows, artwork, or a piece of furniture in the room.

↑ Pile it on!

Our next chapter is all about creature comforts. The whims of a majority of consumers have resulted in the trading in of traditional wall-to-wall carpeting (even in our bedrooms) for area rugs. Because wall-to-wall traps allergens, dust, and dirt—especially since this type of carpet goes under the bed—it is tough to keep clean. Area rugs enable easier maintenance of the rug itself and the surface flooring surrounding it. They're also easier to replace when the need arises.

That said, for comfort's sake, have something smaller but soothing underfoot for when you first get out of bed—a plush faux animal skin rug, perhaps. These smaller rugs can be taken outside and shaken regularly to release dust and allergens. A medium to thick-shag or pile style can complement a larger area in your bedroom sanctuary.

Fiber type is key here, and there are two primary categories: natural or synthetic; each having its own pros and cons. For those particularly affected by asthma or allergies, a synthetic fiber like polyester is recommended. These types are more susceptible to shedding or pilling, so you may need to replace them more often. The most desirable among the natural options is wool, which is touted for its luxurious feel. Other options known for their comfort factor, include a Saxony pile, which is considered plush and fluffy, and a velvet pile for a more sumptuous feel.

Tip:

When you're outfitting a new look for your bedroom, keep in mind you may wish to choose your carpet first and then use it as base to choose bed linens, duvet covers, quilts, and comforters accordingly. Generally, your linen options will be more plentiful, leaving you more choices to tie your look together.



Get the lighting right ↓

Even though you sleep in the dark, elements like lighting still play a role in the sanctuary aspect of your bedroom. Brighter overhead lights for dressing should be accessible, but more ambient options like dimmer switches and even flameless candles can help set the mood or frame of mind for a good night's sleep. Choose a lower watt bulb for nightstand lamps and supplement with an attached book reading lamp to squeeze in those last chapters before bed.



Get out of here!

Don't allow your wireless devices to rule your life. By all means do not bring your laptop to bed with you. If you require the quiet of a bedroom to work from home, set up a separate zone where the computer "sleeps" at night., and you work only during the day. It's also helpful to keep your exercise equipment out of the bedroom if at all possible. It could serve as a stressor when you haven't had the opportunity to use it—and stress is a no-go in your sanctuary.

With furnishings and elements that feel "just right," your bedroom sanctuary will have you snoozing happily after.



↑ Invest in an in-room atomizer

Our sense of smell should also be considered an important element to employ in a bedroom sanctuary. Certain aromas awaken us and others, like lavender, calm us and help us wind down.

Automatic aroma atomizers can help get your sanctuary ready for snooze time while you're finishing up the dishes or the kids' homework. Another easy option is scented pillow mist. Just a spritz or two will do, and the right scent can make a big difference when it comes to quality of sleep.

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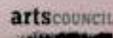
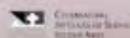
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Where Would We Be Without the Trees?

By Janice F. Booth

If you're lucky, you may be reading this as you sit beneath a leafy oak or maple tree, sun filtering through the leaves, a gentle breeze moving the summer air. You're breathing a bit easier thanks to that tree overhead. In fact, that tree overhead produces approximately 260 pounds of oxygen each year. You need, on average, the annual output of 3 mature trees working to absorb carbon dioxide and produce oxygen to meet your body's requirements. How many trees can you see from your vantage point right now? Perhaps a nod and a smile their way is in order?

Better yet, why not plant a tree or two in your garden and make your own contribution to carbon sequestration and oxygenation? In addition to these two important accomplishments by our leafy neighbors, there are lots of benefits to having trees as part of your

landscape design. Trees are beautiful—as if I needed to tell you. If you're reading this article, you already know the beauty that nature provides. And those fluttering leaves, the songbirds that nest in the trees, and the whispering breezes that move through the branches help to lower your stress levels. Trees, whether ornamental, fruit, or shade, increase the value of your property. When they mature, they help cool your house in the summer and protect your home from winter winds, thus lowering heating and cooling costs. The network of roots that feed a tree provide an important network of protection for the soil, encouraging aeration while providing a soil safety net to keep heavy rains from washing away the precious topsoil. Oh, and one more thing; trees are safe havens for nesting birds and squirrels, with ready supplies of nuts and berries to feed your garden's feathered and furry friends.

THE BIG COMMITMENT

Which brings us to the big question: Is there space in your garden for one - or one more tree? If the answer is "yes," now's the time to start planning. Fall—October to early November in our region—is the best time to plant trees. There's usually a moderate amount of rainfall, temperatures are mild, and the sapling you plant is ready to go dormant until spring, lessening the chance it will be shocked by the move/planting.



WHICH TYPE IS FOR YOU?

Choosing a variety of tree to plant may depend on several factors. The most common choices are based on:

CHARACTER:

- Purpose - privacy, decoration, encouragement of wildlife, shade
- Shade tree - deciduous (sheds its leaves in autumn)
- Ornamental tree - often conifers (evergreens) but also some with exotic growth or leaf patterns
- Fruit tree - apple, peach, and pear are common (Caution: fruit trees require year-long attention if you want to enjoy their fruits in season.)
- Size - large, slender, dwarf

AESTHETICS:

- the colors of the tree's display during spring and/or fall
- the shape of the leaves or the shape of the tree's crown (the form the tree grows into naturally, often a semi-circle or cone shape)
- fragrance, scented blossoms or even fragrant leaves

- bark and trunk appearance, rough and variegated or smooth and uniform

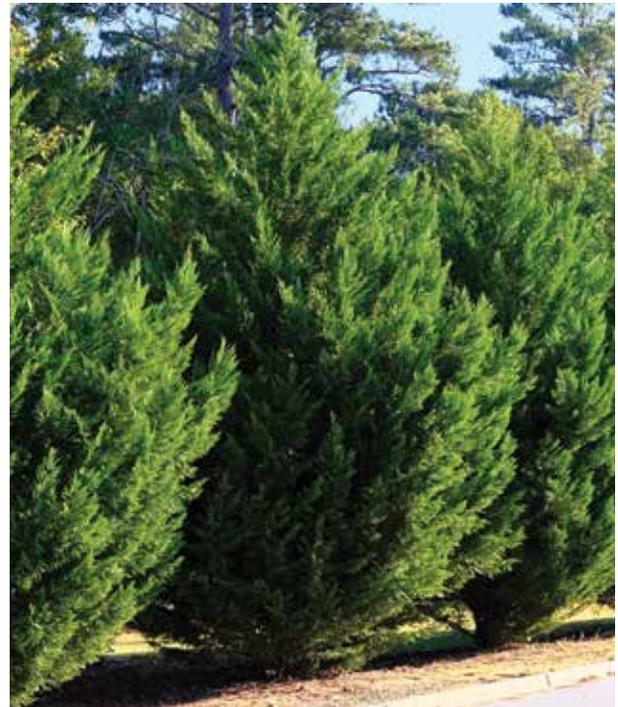
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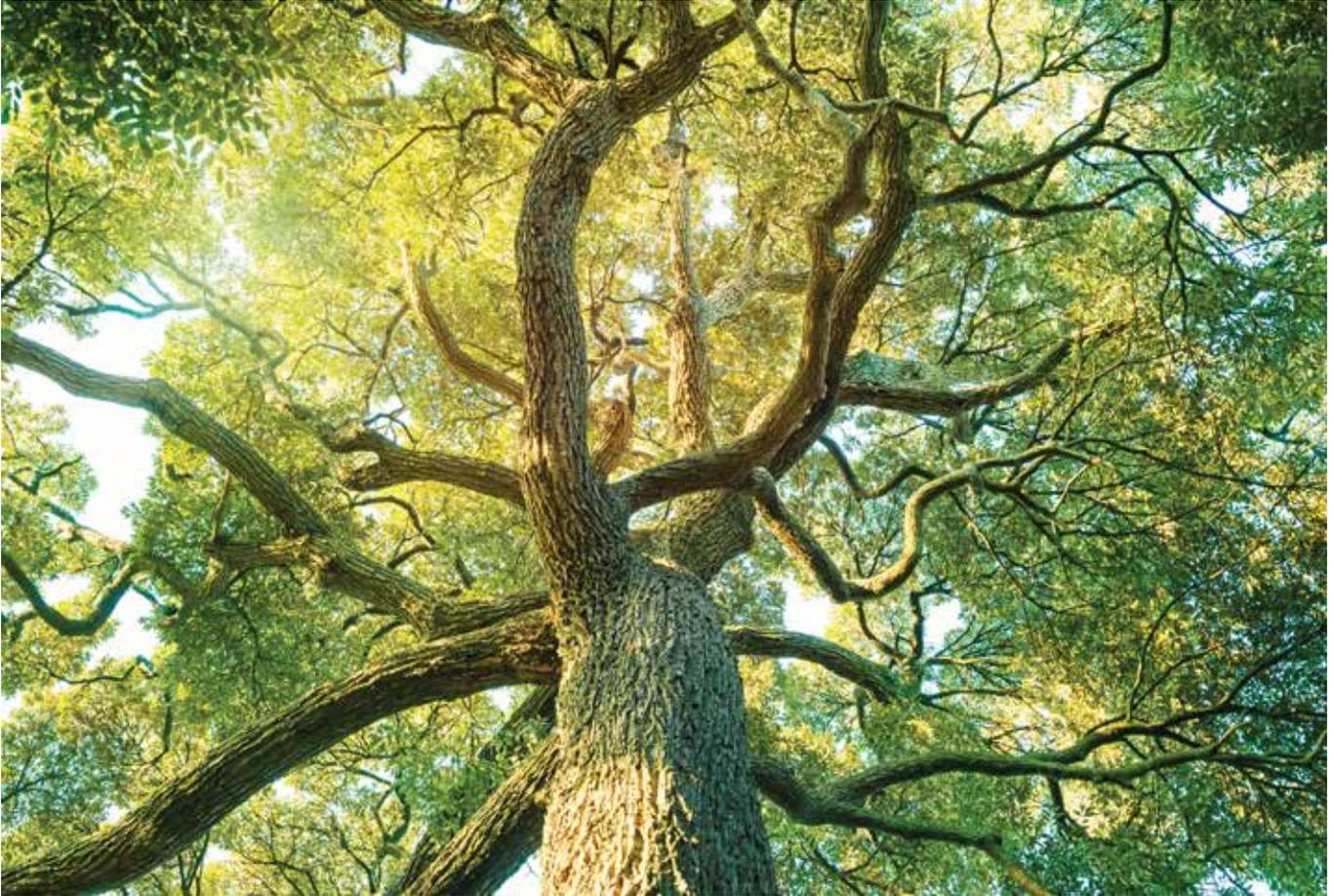
- Fast or slow growing
- Well-mannered, requiring little or no pruning vs. distinctive and sometimes surprising growth of trunk and/or branches
- Shallow or deep root system

PLACEMENT REQUIREMENTS:

- Proximity to buildings; placing the tree far enough from the structure to avoid roots or branches interfering with the house or garage's structure
- Clay or loamy soil
- Damp or dry conditions
- Sunny or shady location
- Crowded or vacant location; amidst other trees, shrubs, and plants or situated alone

All of these issues demand research or an arborist's knowledge. If you're ready to commit to adopting a new resident to your yard or garden, this may be the time to consult your gardener, garden designer, or arborist. After considering the issues I introduce here, you can come to the conversation with your landscape specialist armed with some ideas and questions that may help you choose a tree or trees that will be happy in your location and will make you happy with their inclusion in your landscaping.





We're fortunate to live in a fairly moderate climate, and so we have lots of varieties of trees that will flourish here and provide just the qualities you're looking for. You probably have your favorites among the grand dames of our urban and rural forests and gardens. I'd like to just tell you about a few less-familiar varieties that you may want to look into. It's fun to pique your fellow-gardeners' curiosity as your tree begins to develop its unique characteristics.



Amur Maple: Like its big sisters the Silver and Sugar Maples, this *small* tree offers stunning color in the autumn. It's relatively pest resistant. Its one drawback is that it easily propagates, so keep your eye out for unwanted "volunteers" and pluck them out. (Perhaps replant the volunteers in pots to grow until they're big enough to give as gifts to friends.)

Paper-Bark Maple: Mid-size and reasonably fast growing, what makes this maple a treasure is its beautiful, papery bark. As the tree grows, the lighter color outer-bark begins to peel back revealing the deep cinnamon to brown bark beneath. Add to this year-round interest, she'll display her leaves in deep reds in the autumn.

Weeping Flowering Pear: This beauty has slender, willowy leaves, silver in color. The branches of this fairly small tree droop gracefully. In the spring there'll be a lovely display of

white blossoms. If pollinated, she'll produce small pears that are tasty only to squirrels, foxes, and other furry guests. One final reason to add a Weeping Flowering Pear to your garden is that the tree is an endangered species, having originated as a cultivar in Germany in the mid-19th century, it's no longer commonplace.

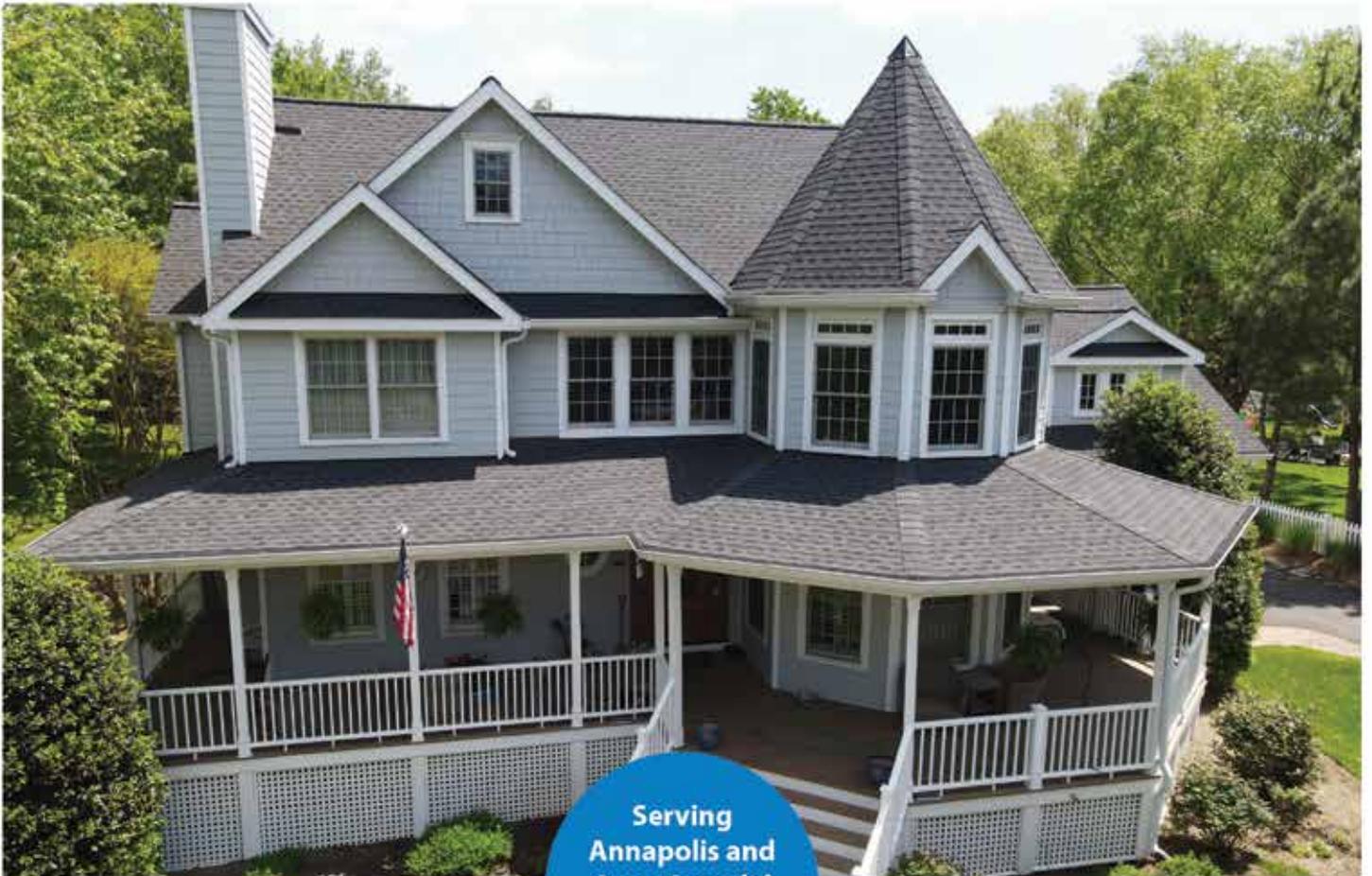
Leyland Cypress: This slender evergreen makes a subtle privacy barrier. It's fast-growing and undemanding. In three years it can grow 50 to 60 feet tall. (No need to avert your eyes from the back of your neighbor's garage any longer.)

Your arborist or garden consultant also will have lots of lovely suggestions, I'm sure. My goal here is to plant the seed, or seedling, and suggest one way we can each make a tiny improvement in our environment. If every garden had a tree, think how many tons of oxygen we'd add to the atmosphere. It seems such a simple way to help Mother Earth.



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Light & Bright in Annapolis

By Lisa J. Gotto



Primary Structure Built: 1944
Sold For: \$1,025,000
Original List Price: \$1,050,000
Bedrooms: 4
Baths: 3 Full
Living Space: 1,926 Sq. Ft.
Lot Size: .09 acres



Timeless details of a particular age of origin abound in this 1940s-era colonial charmer located in the Murray Hill section of Annapolis. From the front yard of this precious property located on a quiet, dead-end street, the new homeowners will be afforded tranquil Spa Creek views. A lush, two-tiered landscaping treatment is visible from the front of the home accented by lovely paver stone that continues around to the back of the home and combines with brick pavers to create larger spaces for outdoor entertaining.

From the moment you walk into this light and bright entry, you know you have arrived somewhere special. The home's chestnut-colored hardwood floors have been lovingly maintained and flow through to the formal living room with its white Federal-style mantel with red brick inset, and then over to the home's cordial formal dining room with gracious period-style corner built-in, chair rail, and wainscoting treatments.

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| AUTUMN GLOW PPG1106-3 | DWARF SPRUCE PPG1136-6 | SILVER LEAF PPG1133-4 | MIDSUMMER'S DREAM PPG1151-3 |

From here a classic white kitchen with subway tile backsplash and black and white check floor treatment can be accessed. The room features all stainless-steel appliances and fresh white cabinetry with speckled white and gray granite countertops.

This residence's main level also features one full bath and a large, airy family room with dual access to the outdoors. A set of French doors open to the main patio area and a side door to an adjacent courtyard provides a lot of great space for a grill and outdoor living room. The property also boasts a charming shed for yard tool storage at the back of the home.

Upstairs the home offers a lovely master bedroom with en suite bath and a sweet, private terrace accessed through French doors. Three additional bedrooms that share a bath, provide lots of space for a growing young family, dedicated home office space, or rooms for overnight guests.



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A Truly Unique Annapolis Home

By Lisa J. Gotto

Sublime Severn River views abound throughout this marvel of a home located in the highly desirable community of Wardour.

“My clients were looking for deep water in an established neighborhood for their family, that was also close to town and offered easy access to the highway,” said buyer’s agent, Liz Abele of Long & Foster, Bethesda. “Wardour hit all of those requirements and more. They particularly liked the gracious design throughout the community. Plus, the house is a gem. Bob Hammond, the local architect who designed the home, was exceptional in his attention to detail and use of the location.”

Location, indeed, as the home takes full advantage of its lot placement that offers not only private access to the property, but also water views from almost every room. The residence’s living room offers nearly three complete walls of windows accented with a central wood-burning fireplace. Light hardwood floors flow throughout this large space, which features attractive framing from a pair of architectural columns and the convenience of a wet bar.



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Primary Structure Built: 1987
Sold For: \$2,850,000
Original List Price:
\$3,500,000
Bedrooms: 5
Baths: 4 Full, 1 Half
Living Space: 4,246 Sq. Ft.
Lot Size: 0.47 acres



Just adjacent to the large main living space is a spacious gourmet kitchen with wondrous at-the-sink views to the river. A five-burner gas cooktop takes pride of place in the room's large, granite-topped central island. The cabinetry style is sleek, bright, and white with all stainless-steel appliances, a convenient home office station, and plenty of space for in-room dining. A formal dining space is also available on this floor, as is a large bedroom, a half bath and the home's laundry facilities.

The master suite is located on the upper level and features gorgeous hardwoods, a cedar-lined closet, as well as a large walk-in closet and cathedral ceiling. This floor also offers a spacious study with inspiring water views, and the home's attic.

Three additional bedrooms are located on the residence's lower level, along with a spacious family room. Easy access to the outdoors is provided through numerous exits that lead to the property's private dock and a grand balcony is located off the main level's kitchen and living areas.

With 6.6 feet of Mean Low Water and plenty of room for your watercraft of choice, the home's new owners will undoubtedly be enjoying more than just views of the river.

"The wisteria laden pergola is one of the prettiest entryways I have ever seen," adds listing agent, Day Weitzman of Coldwell Banker Residential Brokerage. "Coupled with sweeping views of the Severn River and striking architecture throughout, it's a truly unique Annapolis home."



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What is Ayurveda?

HOW YOU CAN ADOPT A HEALTHY LIFESTYLE BASED ON ANCIENT INDIAN MEDICINE

By Dylan Roche

“The science of life.” That’s how Ayurveda translates from Sanskrit. And with a name like that, it’s difficult to not find yourself curious about what this practice has to offer those who are seeking a healthy lifestyle. But it’s important not to get carried away—while many aspects of Ayurveda are great practices to adopt, health experts emphasize that the science behind Ayurveda is insufficient and it should be used to complement, not replace, conventional medicine.

Johns Hopkins Medicine describes Ayurveda as a natural system of medicine, one that traces back to 3,000 years ago in India. The practice involves health interventions like a special diet, herbs, yoga, meditation, and massage therapy to achieve balance between a person’s mind and body, thereby fending off disease and maintaining good health.

Ayurveda: A Brief Explanation

What sets Ayurveda apart from similar holistic practices is its emphasis on the five elements that make up the universe: air (called *vayu* in Sanskrit), water (*jala*), space (*akash*), fire (*teja*), and earth (*prithivi*). As the National Ayurvedic Medical Association explains, these elements make up different types of energy, called *dosha*, in your body that enable you to take care of bodily functions—everything from your sense of hunger to your ability to move.

For example, the dosha known as vata is vital for breathing or moving your muscles, while the pitta is what digests food and regulates your body temperature. Then there’s kapha, which keeps all your bones, tendons, and muscles structured and working. Ayurveda teaches that all people have a dominant dosha, but nobody’s balance of dosha is exactly the same. Your dosha is as uniquely yours as your fingerprints.

Once a person understands their energy, they have a better understanding of what external factors—like poor diet, stress, or lack of physical movement—are most likely to throw them out of balance. They also understand what type of lifestyle works best for them.

Johns Hopkins Medicine points out that Ayurveda is regarded as a form of medical care in India, where practitioners pursue the same kind of institutionalized training for it as a doctor would for conventional Western medicine here in the United States. By contrast, there is no national standard for training, certification, or licensing for Ayurveda in the United States, although there are paths of study for those who are interested. Maryland University of Integrative Health, for example, offers a post-baccalaureate certificate in ayurvedic wellness practices.

What’s Great About It

Those who adopt the practices of Ayurveda into their lifestyle are likely to see many benefits, even if they don’t follow it as strictly or as exactly as it would be done in India. The National Ayurvedic Medical Association encourages eating whole foods like fruits, vegetables, and grains while limiting red meat, sugar, and preservatives. Ayurveda encourages being present, or mindful, especially when consuming food, so you’ll be less likely to eat from emotional cues. This can ultimately help people curb binge eating or overeating and will help in controlling weight as well as alleviating depression or anxiety.

A few other general practices you should consider? The Ayurvedic Institute recommends things like keeping warm, keeping calm, keeping a regular routine, and getting plenty of rest for vata; avoiding excess oil, limiting your salt intake, and exercising during cooler parts of the day for pitta; and staying active and avoiding heavy, oily foods for kapha.

What You Should Consider

Hundreds of thousands of Americans use Ayurvedic teachings as part of their healthy lifestyle, but it's important to remember that very few clinical trials have been done to explore how much scientific support there is for it. Of the trials that have been done, most were with a small group of subjects, and in some cases, researchers determined that results were inconclusive.

Additionally, it's important to be wary of any Ayurvedic supplements on the market. These supplements are not regulated the same as conventional medicine, and the U.S. Food & Drug Administration has stated that some products contain potentially harmful metals, such as lead or mercury.

The Least You Need to Know

There's a lot to love about Ayurveda and the healthy practices it preaches, but you should still listen to your doctor. As Johns Hopkins Medicine puts it, "Ayurveda can have positive effects when used as a complementary therapy in combination with standard, conventional medical care."

Fitness Tips

MARTIAL ARTS

By Dylan Roche

There are reasons that martial arts have stuck around for hundreds—and in some cases, *thousands*—of years. Whether they're studying karate, taekwondo, kung fu, ninjitsu, or any of the other many disciplines, martial artists find the practice makes them stronger, more coordinated, more self-assured, more focused, less stressed, and an overall more balanced person. Hey, what's not to love about that?

And no matter what age you are, you could learn something from a martial arts class—it's a sport that is popular with children, adults, and even seniors.

STRONG, FLEXIBLE, AND BALANCED

What makes martial arts so great? When you go through a martial arts routine, you find that the moves require your entire body, working every major muscle group. Although you aren't using weights or resistance bands, you still build strength from the repeated arm movements like punching and leg movements like kicking. You'll also work your core because of all the rotations and twisting that the moves require. On top of that, completing a routine at an intense speed will raise your heart rate and give you a calorie-torching aerobic workout.

Practicing martial arts moves will even improve your flexibility and your balance, both of which are important for avoiding injury as you grow older. As an impact sport, it's good for strong bones as well, thus reducing risk of conditions like osteoporosis.

IMPROVE FOCUS AND INCREASE REACTION TIME

A martial arts coach (often called a master or grandmaster) will tell you the sport is just as great for your mind as it is for your body. Performing the moves requires precision and focus to do them correctly. The need to dodge and block attacks while countering them with moves of your own will improve your reflexes and increase your ability to react under pressure. In fact, according to a 2018 study published by the peer-review journal *Frontiers in Psychology*, people who do martial arts enjoy increased levels of alertness that intensifies the longer they have been practicing.

But these mental benefits may bring long-term advantages as well. Learning complex martial arts moves helps your brain form new neuronal connections the same way learning a new language would, meaning students are less likely to develop conditions of degenerative brain function, such as Alzheimer's.

SPARRING, NOT FIGHTING

Some people might have reservations about martial arts because they perceive it to be about fighting—but that's not the case when you're training. When martial arts students face off against each other, they are *sparring*, which means their match is controlled by specific rules. The idea is for students to use their techniques while demonstrating discipline and trust. In the end, the idea is not about winning but instead about making both students better.



TRYING OUT

MARTIAL ARTS

Before you seek out a martial arts class, give some of the moves a try by incorporating them into your regular workout routine. Here are three that will work your major muscle groups, challenge your balance, and get your heart racing:

CHAIR KICKS

1. Place a simple chair or bench in front of you and stand facing it with your feet shoulder width apart.
2. Raise your knee so your leg is at a 90-degree angle, then extend your leg so you are kicking over the seat of the chair. This is referred to as a *maegeri*, or front kick.
3. Retract your leg and return to your standing position.
4. Repeat the kick with the other leg.
5. Stay slow at first so you can maintain good form through the whole movement. As you start to be more comfortable with a proper front kick, you can pick up your speed.

WALL PUNCHES

1. Stand at an arm's length away from the wall with your legs spread slightly farther than shoulder

width. Bend your knees slightly so you are resting your weight on your quads and glutes.

2. Bend your elbows and raise your fists to chest height, keeping your arms as close to your sides as possible.
3. Extend your right arm as if you're punching the wall. Come as close as you can to the wall without actually touching it. This helps exercise your self-control as you avoid actually touching the wall.
4. Bring your arm back in and repeat with the other arm.

KNEE KICKS

1. Begin in a kneeling position with one knee on the ground and the other leg out in front of you, foot flat on the floor and knee at a 90-degree angle.
2. In one fast motion, rise up and put your weight on your forward leg. Kick your leg from the ground in front of you, extending a punch with the opposite arm.
3. Finish by dropping back down into your beginning position. Keep your movements controlled so you don't land hard on your knee.

Fresh Take

COCONUT

By Dylan Roche

Thanks to its prosperous cultivation in tropical cultures, coconut is one of those foods you just can't help associating with warm weather, poolside retreats, and beach vacations. Hey, it's even an indulgence you can feel good about—or so you might think, thanks to the great PR that coconut has received in nutrition circles over the past few years. Coconut has been hailed as good for your heart as well as your long-term protection against chronic disease. As an alternative to butter, it's said to potentially be able to help you lose weight.

But is coconut really the nutritional powerhouse that people make it out to be? The answer is a complicated one. In short: maybe. The science isn't there to support some of the far-fetched claims, and with its caloric density and high levels of saturated fat, you still have to practice moderation.

But even if there are aspects of coconut's nutritional profile you might be wary about, there are plenty of health-centered reasons to enjoy this fat-rich fruit. Plus, it works just as well in savory dishes as it does in sweet ones!

While you might think of coconut as the actual fruit (and yes, it's botanically a fruit, not a nut), the name "coconut" can refer to the specific type of palm tree on which these drupes grow. These coconut trees grow



primarily in sandy areas with high temperatures, high humidity, abundant sunlight, and frequent rain. Therefore, it's not surprising that coconut is popular in such cuisines as Indian, Polynesian, Thai, or Jamaican.

When it comes to coconut's nutritional profile, the first thing you should know about is its fat content—there's a lot of it! And it's mostly saturated fat, which is notorious for causing cardiovascular problems like heart disease when eaten in abundance. About 90 percent of coconut's fat content comes from saturated fat, a much higher percentage than butter, which is 64 percent saturated fat.

This high fat content also means coconut is calorically dense: a single cup of shredded coconut flesh has about 300 calories. On one hand, this means coconut is a great source of energy and will keep you feeling satiated. On the other hand, it's important to limit the amount of high-fat foods like coconut you consume. Per the Academy of Nutrition and Dietetics, healthy adults should only consume about 20–35 percent of their calories from fat and they should limit their consumption of saturated fat.

If you've heard that the saturated fat in coconut is different from the saturated fat in animal products, you should take that advice with a bit of skepticism. Yes, coconut's saturated fat is made up of medium-chain fatty acids, which are different from long-chain fatty acids in that they are absorbed straight into your bloodstream and therefore do not raise your blood cholesterol levels. Some research shows medium-chain fatty acids might be beneficial for you when consumed in moderation, but the Mayo Clinic and Harvard Medical School emphasize that the health benefits of coconut's fat content are exaggerated. You're better off turning to fatty fruits like avocados and olives, which are full of heart-healthy unsaturated fats.

So, if the health buzz isn't about the fat, then what does coconut have to offer? Coconut contains many vitamins and minerals, as well as antioxidants for fighting inflammation and staving off the effects of aging. Coconut is a source of manganese for good bone health, iron for



Coconut Bread

INGREDIENTS:

1 cup raisins
3.5 cups whole-grain flour
1/2 cup brown sugar
1 tablespoon milled flax seed
1.5 cups coconut milk
1/4 cup coconut oil
1 teaspoon vanilla extract
1 teaspoon salt
1 tablespoon baking powder
2 cups shredded coconut

DIRECTIONS:

Preheat the oven to 350 F. In a large bowl, combine flour, baking soda, and salt. In a separate small bowl, whisk together the brown sugar, coconut oil, and vanilla until smooth. Slowly add the flax seed and the coconut milk. Continue mixing until thoroughly combined, then add to the dry ingredients. Stir in raisins and shredded coconut. Transfer to a floured surface and knead for 2–3 minutes. Grease two 9-inch bread loaf pans. Cut the dough in half and fill the pans, shaping the dough if necessary. Bake for approximately 1 hour. The surface should be golden-brown. Remove from the oven and allow to sit for approximately 30 minutes before serving. Garnish slices of bread with confectionary sugar or chocolate hazelnut spread if desired.

Coconut Pineapple Smoothie

INGREDIENTS:

2 cups frozen pineapple chunks
1 banana, peeled and chopped
1/4 cup cucumber, peeled and chopped
1 cup coconut milk
1/4 cup shredded coconut
1 teaspoon vanilla extract
1 scoop protein powder of choice (optional)

DIRECTIONS:

Combine ingredients in a high-power blender and process until smooth. Serve garnished with shredded coconut flakes if desired.



healthy oxygen transportation in your blood, and potassium for healthy blood pressure.

You should also consider the health benefits of coconut water, the clear liquid that's found inside coconuts before they ripen. (Don't confuse this with coconut milk, which is an emulsion of this clear liquid with grated coconut flesh.) Think of coconut water as nature's sports drink—it has the electrolytes you need for fluid balance, including potassium, sodium, and manganese, while being naturally low in sugar and calories. It's a refreshing choice for sipping after a workout in hot weather!

Ready to find healthy ways of incorporating coconut into your diet? Here are a few suggestions:

Tropical Coconut Rice

INGREDIENTS:

2 cups brown rice
2 cups pineapple chunks
1 can (13.5 ounces) unsweetened coconut milk
1/4 cup sweetened coconut flakes
1 tablespoon curry powder
2 teaspoons garlic
1 teaspoon ground ginger
1 lime
1 cup cashews (roasted and salted)

DIRECTIONS:

Crush the pineapple with a fork or potato masher. Whisk in the coconut milk, then transfer to a saucepan and add 2 cups of water. Bring to a boil. Add the brown rice and reduce the heat to low. Cover the saucepan, allowing the rice to cook for approximately 45 minutes. Check occasionally and add more water if necessary. When the rice is cooked, stir in the garlic, ginger, curry powder, and coconut flakes. Fluff with a fork. Finish with a squeeze of lime and cashews on top.

Sun-Damaged & Chlorine-Damaged Hair?

THERE ARE WAYS TO AVOID IT—AND TO TREAT IT!

By Dylan Roche

Summer has been a lot of fun—but by the time August rolls around, all of that heat, humidity, sun exposure, and chlorinated pool water have probably taken a toll on your hair. What gives? There has to be a way to enjoy your favorite parts of summer without resigning yourself to dried-out, damaged, difficult-to-style hair for the rest of the season!

What you're seeing with your hair could be the result of several factors, so it's important to consider what activities you've been doing this summer that cause your hair damage in order to figure out how to fix it.

If you've been spending a lot of time in the sun, it's likely that UVA and UVB rays have damaged your cuticles, the outside covering of each individual hair strand. This causes damage that can result in everything from dryness to discoloration. And once this damage starts, sun and heat have a much easier time penetrating the hair strands, so the damage will get worse with even less exposure.

If you've been spending a lot of time in the pool, then you might be looking at chlorine damage. The same chemicals that kill bacteria in the water will also strip natural oils from your hair. This won't cause long-term damage, but it's enough for your hair to look unhealthy and feel unmanageable. In some cases, the chlorine will oxidize the copper in your hair and turn it green—something that's much more noticeable with blond and light-colored hair.



SO, WHAT DO YOU DO?

There are some ways to avoid sun-damaged or chlorine-damaged hair in the first place if you're proactive.

- Avoid letting your hair get too much sun exposure by wearing a hat and sticking to the shade. Making a trip to the beach? Bring an umbrella you can set up in the sand. If you find that a hat is too heavy in the hot weather, opt for a lightweight headscarf instead.
- Remember that protecting your skin from sunburn often means going out early in the morning or late in the afternoon so you avoid the hottest, brightest times of the day—the same rule applies with your hair. UVA and UVB rays are strongest between 10 a.m. and 3 p.m.
- Artificial heat is just as bad as heat from the sun. Styling your hair with

heat from items like curling irons and blow dryers can exacerbate the problems the sun is causing.

- Minimize the amount of chlorinated water your hair absorbs by getting it wet before you get in the pool. You can achieve an even greater effect by using a leave-in hair moisturizer or serum before swimming.
- Wash your hair as soon as possible after swimming, and look for shampoos that are designed to clarify your hair. Clarifying ingredients are intended to remove chemicals from your hair and will help strip away any buildup that has accumulated. A great natural option is apple cider vinegar, which you can use to rinse your hair after you've washed it the way you normally would. For hair that's especially dry, look for conditioners made with nourishing oils like coconut, jojoba, and argan.

Try this Easy Home Remedy—Want to replenish the proteins in your hair, restore moisture, and re-achieve the luster to your hair you had before summer? A few simple ingredients you probably already have in your kitchen at home can help you treat the damage. Try this: 1. Mash up an avocado until it's nice and smooth. Slowly add a tablespoon of olive oil or melted butter until it's slightly thinned. Whisk in an egg, both the white and the yolk. 2. Generously apply the mixture to your hair and comb it through. If you have especially long hair, you may need to double the recipe. 3. Allow your homemade serum to sit for approximately 20 minutes, then rinse thoroughly with cold water.

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Navigating the Complexities of Food Allergies

HOW PARENTS, SCHOOLS, AND CHILDCARE CENTERS CAN WORK TOGETHER TO KEEP KIDS SAFE AND HEALTHY

By Dylan Roche

A new school year approaches, and worries about the coronavirus are subduing...but for the parents of children with food allergies, particularly in the case of severe allergies, taking precautions is something that continues to require diligence.

The Centers for Disease Control & Prevention reports that one in five students will have an allergic reaction in school at some point, and Johns Hopkins All Children's Hospital estimates that, on average, two children in every classroom have food allergies.

As awareness of allergies grows, more schools and early childhood education (ECE) centers—along with after-school activities, youth sports leagues, and other organization that

cater to kids—are making efforts to reduce the risk, create emergency reaction plans, and create overall more inclusive environments surrounding food.

What Are Food Allergies?

Parents of children without allergies might not fully understand the high risk associated with food allergies. In some cases, the situation could be life or death.

Food allergies develop when a child's immune system perceives a food as a danger and therefore produce a strong reaction. In order for this development to happen, a child





must be exposed to the food at least once; the second time the child tries the food, the immune system's antibodies release histamines. The most common food allergies are peanuts, tree nuts, milk, eggs, soy, wheat, and fish.

The biggest danger is when a person with a food allergy suffers anaphylaxis, a reaction wherein breathing is impaired and blood pressure and heart rate drop. This can happen within minutes of eating the food, and it could potentially be a life-threatening situation.

Other symptoms of food allergies include hives, coughing, swelling of the tongue, weak pulse, dizziness or faintness, vomiting, stomach cramps, trouble swallowing, or a weak pulse. While there are no medications for food allergies—the only treatment option is to avoid the food altogether—a doctor might prescribe emergency kits containing an epinephrine injection, which will subdue the symptoms in case of a severe reaction, such as anaphylaxis.

Food allergies are believed to be genetic, but there is no way of determining whether a parent's food allergy can be passed along to the child. To prevent food allergies from developing, parents should avoid solid foods until a child is at least 6 months old and opt to breastfeed instead. Foods like cow's milk, wheat, eggs, fish, and peanuts should be avoided until a child is at least 1 year old.

What Precautions Do Parents Need to Take?

The thought of a severe allergic reaction is scary, but simple actions on the part of parents will go a long way in ensuring their child avoids any kind of exposure. For other adults—not only teachers but also babysitters, coaches, and parents of friends—this calls for sensitivity and receptiveness to the child's needs.

Neumors Children's Health System recommends parents get an emergency action plan from their allergist to provide schools and childcare centers. If a school doesn't maintain an allergen-free cafeteria, parents should consider packing their child's lunch so they don't have to worry about navigating the cafeteria menu. Parents might also have to make a special packed lunch for other activities like parties, playdates, field trips, and sleepovers. It's also important to communicate with anyone who handles the child's food and

In response to increased awareness and need, the Centers for Disease Control & Prevention in 2013 published *Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs*, a comprehensive set of recommendations for everything from cafeterias to class parties.

AMONG THE GUIDELINES ARE:

Using non-food incentives for prizes and awards

Avoiding the use of allergens in parties, class projects, and arts/crafts or science projects

Encouraging children to wash their hands before and after consuming food

Having an emergency plan in place and epinephrine injections on hand in every situation

The full set of guidelines can be found in PDF format at [cdc.gov/healthyschools/foodallergies](https://www.cdc.gov/healthyschools/foodallergies) under the "Managing Food Allergies at School" subhead.

avoid any situations where precautions can't be followed. For example, some restaurant kitchens are unable to guarantee a peanut-free kitchen—in these situations, it's best to eat somewhere else.

What Are Schools Doing?

Parents might take every precaution they can when their kids are with them, but when they send them to school, they are trusting educators to look after their child's safety and well-being. Coming up with a solution that takes care of all parts of the dilemma isn't easy, however. Even if many schools maintain peanut-free kitchens, there is still a possibility that children can bring peanut products in their packed lunches from home, creating risk for a child with an allergy who sits next to them. While one potential solution is to create a peanut-free table in the cafeteria, there's still the question of how to enforce such a restriction beyond checking each individual child's lunch.

Furthermore, a peanut-free table doesn't help kids with allergies beyond peanuts, and a general allergy-friendly table is difficult to keep entirely free of potential food hazards. One kid might be allergic to dairy and eating a sandwich on wheat bread right next to the kid who is allergic to wheat and eating yogurt. Allergen restrictions also present a risk of ostracization if a child with an allergy finds themselves having to eat lunch away from their friends.

Making Schools an Inclusive Place for All Children

Although children without allergies might be reluctant to leave their favorite foods at home, health experts and child development specialists emphasize that inclusivity is important. Children with food allergies may be protected under disability laws, and programs should take care not to exclude them from the same opportunities as other children.

As the Centers for Disease Control & Prevention states in its guidelines, "Schools and ECE programs should foster a climate that promotes positive psychological and social development; that actively promotes safety, respect, and acceptance of differences; and fosters positive interpersonal relationships between staff members and children and between the children themselves."

What's In a Name?

By Victoria Bayless

Anyone who has ever picked out a name—whether for a newborn baby, an adopted pet, or even a boat—knows that names help shape an identity. For Anne Arundel Medical Center (AAMC), the name *Luminis Health* reflects our identity. To understand the origins of the name, it's important to take a look at the history behind AAMC.

In 1902, Annapolis Emergency Hospital was founded in Maryland's capital city, housed in a farmhouse off Duke of Gloucester Street. Over the next 119 years, that hospital would grow and evolve in many ways, and with each evolution, the hospital's name would change to reflect its expanded service to our community.

With the growth of Anne Arundel County after WWII, the hospital expanded to meet the needs of a booming population in greater Annapolis. With an increasing number of births, a growing orthopedics specialty, and the beginning advancements of modern medicine, Annapolis Emergency Hospital changed its name to Anne Arundel General Hospital to reflect its expanded services and geography.

When the hospital's Board of Trustees voted to purchase 104 acres on Jennifer Road in 1984, the next evolution was signaled, as hospital and community leaders began to envision a new, comprehensive system of health care for family, friends, and neighbors. In 1988, the Board of Trustees voted to change the formal name to Anne Arundel General Health Care System for the "parent organization," with the hospital name being changed to Anne Arundel Medical Center (AAMC) in 1989. Within three years, Anne Arundel General Health Care System would include not only AAMC, but also a new addiction treatment facility called Pathways.

As pressures on health care providers increased at the turn of the 21st century, AAMC leaders recognized that growth was vital to its mission for several important reasons. First and foremost, access to quality care for all who needed it inspired AAMC to build pavilions across the region, from Easton, Centreville, and Kent Island on the Eastern Shore, to Bowie, to Pasadena in North County, and Odenton farther west. The goal was simple—bring high-quality care closer to where people live and work.

The second reason was, perhaps, more complicated but equally important. As large systems absorbed smaller hospitals throughout the state, AAMC's leadership was committed

to maintaining its independence to ensure it could continue to deliver its own brand of patient- and family-centered care. In order to maintain its independence, continued growth and scale would be imperative. When Doctors Community Hospital (now Doctors Community Medical Center or DCMC



LUMINIS HEALTH BRINGS TOGETHER A CENTURY-PLUS LEGACY OF COMPASSIONATE SERVICE TO PATIENTS AND FAMILIES, A COMMITMENT TO LIGHTING THE WAY TO THE HIGHEST QUALITY, PERSONALIZED HEALTH CARE FOR ALL WHO NEED IT.

for short) recognized that they needed to be a part of a larger organization to ensure they could continue to serve the Prince George's County community, they sought to become a part of Anne Arundel Health System.

In 2019, our Board of Trustees approved AAMC and DCMC coming together to form a new health system: Luminis Health. The result is easier access to more locations—from the Eastern Shore, through Anne Arundel and Prince George's Counties, and well into Southern Maryland—enhanced quality, and improved health outcomes. "Luminis" supports our commitment to being a beacon of hope and healing for our communities. "Health" shares our commitment to sick care and well care, education, and healthy living. Luminis Health brings together a century-plus legacy of compassionate service to patients and families, a commitment to

lighting the way to the highest quality, personalized health care for all who need it.

Now, as Luminis Health Anne Arundel Medical Center, our Annapolis campus continues to be home to Maryland's busiest emergency department, largest joint replacement and bariatrics/weight loss programs, second busiest birthing center, and world-class cancer program.

The new name of Luminis Health is yet another landmark for a hospital and health system that has been an integral part of this community for nearly 120 years.

Thanks to you, our community, for your support throughout the years and for making Luminis Health a part of your lifestyle.

Victoria Bayless is CEO of Luminis Health. Luminis Health celebrated its second anniversary in July 2021.

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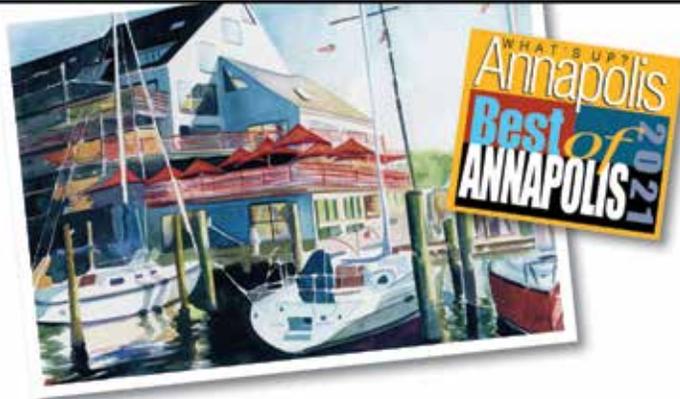


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**CARROL'S
CREEK
CAFE**

DINING REVIEW

Back in Full Swing

By Rita Calvert
Photography by Stephen Buchanan

After hitting pause, Carrol's Creek Café is back in full swing! Even the drinks taste colder on the deck with the stunning consummate waterside view of Historic Annapolis. Carrol's Creek was greatly missed during their pandemic shutdown from just after Thanksgiving 2020 to March 2021.

Lady luck was with us as we set off for our outdoor reservation amidst "severe thunderstorm" warnings on a warm summer day. Patio seating was generous and comfortable with umbrellas that were handily adjustable to provide consistent shade. It was a joy to see many diners enjoying indoor waterview tables as well.

We were ready for a cooling drink. The hearty wine list filled the front and back of a page with both glass pours and full bottles of "Wine for Every Occasion" with whites (including sparkling options), rose, and reds, with their countries of origin noted. American wines dominated but global favorites are also available like Malbec from Argentina and Australian Shiraz to pair with a special dish. Up for craft beer? Ask for the ambitious craft beer menu which also features beer on tap, plus Belgians, Bocks, Lagers, IPAs, and very interesting ciders, such

as Chesapeake Cider from Baltimore or Blood Orange Cider from Austin, Texas. Our choice, a glass of the Wente Morning Fog Chardonnay, transported us to coastal California. Hailing from the Livermore Valley, its name is indeed based on the iconic morning fog that contributes so much to the region's lush agriculture. My friend was very pleased, especially for less than \$10, by favored elements in a perfect balance: buttery, creamy, a light oak note, with a bit of apple and lemon. It was a bonus to learn later that it is Certified Sustainable, an achievement to be supported. Next time, a bottle for the table.

With the Annapolis Harbor scene and sounds before us, we couldn't help but focus on cold summery starters, including, of course a seafood selection...Tuna Tartare, another favorite from happy hours I often frequented. This attractive tower continues to be eye-catching and flavorful. The molded tower starts with a foundation of sushi rice. Next came the chopped fresh raw tuna tossed with ginger and soy. Ribbons of

seaweed salad crowned the tuna layer. Folded layers of fresh ginger ribbons with black and tan sesame seeds topped the tower, along with a crisp triangle of fried wonton to scoop up intensely lime cucumber vinaigrette.

My dining companion was thrilled to see the Pepper Crusted Beef Tenderloin Carpaccio and chose it without hesitation—it's so rarely available anywhere these days, which made it all the more a nice treat. Presented in paper thin slices around a pleasing salad of arugula and tangy parmesan, along with marinated artichoke and mushrooms, the dish is dressed with a faintly lemony dressing. Pretty and meaty. Some might prefer a more peppery bite, but this was very pleasing, especially with the four excellent small focaccia slices alongside the beef, each very lightly toasted and drizzled with a pungent olive oil. Topped with a horseradish aioli, it was inventive and satisfying. We even confess to having considered a second order for a moment in lieu of one of the entrees, but settled on plans for a repeat performance next time!



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Pan Seared Scallops looked intriguing, with mascarpone, gruyere cheese, tasso ham risotto, a sautéed vegetable trio of red peppers, snow peas, and bean sprouts, and chive truffle oil. It was also designated gluten-free. However, thinking back to all of those shared happy hours with lamb chops, oysters, and tuna as the stars, I decided to rearrange my “main” by ordering little plates. They are still offering those divine popsicle lamb chops, so the appetizer portion would now be my entree with the Beet Salad alongside. Small plates were the way for me on this night. One could wax eloquent about the lamb dish for quite a few reasons. One is that excellent lamb is an infrequent menu item. Another is

that the sauce complements the meat perfectly but could also stand alone as a show stopping dip/spread.

My other small plate, Beet Salad, arrived in a colorful assemblage with two grand beet slices riding the top. A two-inch ball of rich moist burrata (fresh mozzarella ball around a creamy filling) floated on the side while fresh orange segments and red tomato wedges topped the ruffled red/green leaf baby lettuces. Tossed with the lettuce, the dressing conveyed a hint of sweetness sans oil.

Even on a warm summer’s eve, the Cioppino called. This dish is loaded with fileted fish, mussels, clams, and shrimp and, remarkably, each was perfectly

cooked, as though each had been added one by one to achieve just the right cooking time. Definitely ideal timing. Although a squeeze of lemon would have been mighty fine, the sauce had an almost indescribable quality—a mellow “low-acid” flavor. The petite baguette served with the dish was tempting us to ask for more of the focaccia served with the Beef Carpaccio, as we didn’t want to leave a drop of the excellent tomato basil sauce that let the fish star. It was perfectly balanced.

Carrol’s Creek Cafe is a celebratory restaurant. Make sure to tell your server if it’s a birthday. I was given my choice of dessert rather than just receiving a slice of cake. Espresso Creme Brûlée was

the prize! A single blackberry garnished that brittle browned sugar crust, which makes the dish! Underneath was a luxurious dark thick custard oozing strong coffee essence. The not-too-sweet custard was just made for the crackly topping.

What’s new? Aside from the new rug, Carrol’s Creek is now a 100 percent tree nut- and peanut-free facility. They are currently working on making the bar beverages nut-free as well. Gluten-free is also designated on the menu. Business is booming, so reservations are suggested.

Owner Jeff Jacobs, son of Carrol’s Creek Cafe’s founding father Joseph Jacobs, claims it’s great to be back and rolling again with vaccinations calming the storm. He noted, “We’re grateful to bring our employees back and thrilled to see our customers again!”





Welcome Back

An Eastern Shore classic is back after the pandemic temporarily closed its doors. Owners Amanda Bramble and Tim Wright reopened Cambridge's **Jimmie & Sooks** after teaming up with Tammy and Tracy Lynndee, who also own Sweets & Treats. Jimmie & Sooks will continue to focus on fresh seafood, comfort food, and other scratch-cooked favorites. **527 Poplar Street, Cambridge | jimmieandsooks.com**



DINING TRENDS

Savor the Chesapeake

A CULINARY COMPENDIUM OF RESTAURANT, FOOD, AND BEVERAGE NEWS AND TRENDS FROM THE CHESAPEAKE REGION

By Kelsey Casselbury

Annapolis Culinary Hotspot

There's a lot going on at the Annapolis Town Center, starting with **True Food Kitchen**, which was scheduled to open in mid-July. The national chain is based on the dietary principles of Dr. Andrew Weil and focuses on nutritional cuisine that's also good for the planet. Menu options include grilled sustainable salmon, tuna poke bowls, vegan cheeseburgers, and more. **1906 Towne Centre Boulevard, Annapolis | truefoodkitchen.com**

Other soon-to-be-opening news from the Annapolis Town Center: **Cava**, a fast-casual chain focusing on Mediterranean cuisine, and **A Taste of New Orleans**, which offers Cajun cuisine, are both joining the shopping center. Opening dates haven't been announced, so keep an eye on the Towne Center's website, annapolistowncenter.com.

But, wait, there's more! **Tuscan Prime Italian Chophouse and Italian Bar** will also be coming to the Annapolis Town Center and is scheduled to be opening this fall. The Italian restaurant is the latest venture from Monte Restaurant Development Group, which also owns Carpaccio Tuscan Kitchen and Squisito Pizza & Pasta, and its mission is, "To consistently serve award-winning modern Italian cuisine, steaks and chops, paired with a masterfully crafted wine list, and craft cocktails, delivering superior service in an upscale yet inviting atmosphere." **1905 Towne Centre Boulevard, Annapolis | tuscanprime.com**

Roll Out the Welcome Mat

How about some news outside of the Town Center? There's a new restaurant in downtown Annapolis: **1771 Grill and Taphouse**, which replaced Harvest Wood Grill across from the Market House. The menu is small right now, including items such as oysters, fresh fish, Cajun shrimp, and burgers. More notable is the focus on gin and gin and tonics, with 12 gins and six G&Ts to choose from. 1771 is open for lunch and dinner Wednesday through Sunday. **26 Market Space, Annapolis | 1771grillandtaproom.com**

Over at Waugh Chapel, **Galliano Italian Restaurant & Wine Bar** is now open in the former location of the Four Seasons Grill. Galliano, which also has a location in Maple Lawn, offers classic Italian cuisine, including pizza, pasta, gnocchi, risotto, and more. What we're excited about: Martini Mondays, when you can get those signature tipples for just \$8. **2630 Chapel Lake Drive, Gambrills | gallianoitalianrestaurant.com**

Need something sweet after your Galliano dinner? Hop over to **Crumb! Cookies**, which offers a rotating menu of cookies that are reportedly amazing, as well as ice cream. If you prefer the classics, milk chocolate chip and chilled sugar cookies are always available. **1410 S. Main Chapel Way, Suite 116, Gambrills | www.crumbcookies.com**

Shop 'Til You Drop

There's a new farmers market in town—the **Glen Burnie Farmers Market**, which runs from 4 to 7 p.m. Thursdays through September 2, with vendors offering an assortment of produce, meat, dairy, bread, flowers, food, collectibles, and crafts. The market is managed by the Chamber of Commerce in collaboration with Arundel Ag, part of the Anne Arundel Economic Development Corp. **Glen Burnie Town Center, 101 N. Crain Highway, Glen Burnie | facebook.com/glenburniefarmersmarket**



Special Delivery: **What We're Ordering**

After a year of dining at home, it's going to be hard to break up with order takeout via delivery, isn't it? Another thing that's apparently hard to give up: comfort food, which skyrocketed in popularity (if it *could* get any more popular) in 2020.

DoorDash's second annual mid-year Deep Dish Report came out recently and found that the top foods ordered by Americans are, well, less than healthy. Based on order data from January 1 to June 1, plus info from a national consumer survey, these foods are what we're craving the most: French fries, Quesadillas, Iced coffee, Boneless wings, Chocolate chip cookies, Pad Thai, California rolls, Caesar salad, Chicken tikka masala, Chili

As life returns to normal, however, folks are feeling more adventurous (culinary-speaking, anyway). More than 60 percent of people are planning on trying new restaurants, while nearly half say they want to try new foods in general.

Remember, DoorDash, UberEats, and other delivery services are the epitome of convenience, but if your eye is on continuing to support local restaurants after a crushing pandemic year, consider ordering straight from the restaurant and picking up your food. When local restaurants don't have to pay third-party fees, more money can go to operating the business.

In Remembrance

Annapolis is remembering iconic restaurateur Jerry Hardesty, who died in June at age 79. Hardesty opened Middleton Tavern with his brother in 1968, changing its name from Mandris Restaurant, and undertook efforts to restore the historic building's interior. A U.S. Air Force veteran, Hardesty was pivotal in bringing the oyster shooter to popularity in Annapolis, according to a *Baltimore Sun* article. He was also a founding co-owner of Carrol's Creek Cafe in Eastport and owned O'Briens for a period of time. Hardesty will be sorely missed.



From the Bar: **Boozy Ice Pops**

It is sweltering outside. A cold, crisp sauvignon blanc or a light, tart gose might help beat the heat, but why not go extra-icy with a boozy ice pop? Adult popsicles have grown in popularity in recent years, with brands such as Fruitapops (fruitapop.com), which are alcohol-infused pops in flavors such as Lemon Rose, Coconut Rose, Guava Cosmo, Moscow Mule, and Watermelon Margarita.

However, you can also make your own adult ice pops at home—all you need is an inexpensive popsicle mold. Pretty much any type of alcohol, including wine, will work, but keep in mind that alcohol in high quantities doesn't freeze. Therefore, following the recipe's ratio of 4 parts liquid to 1 part alcohol ensures that the pops will freeze solid.

Lemonade Vodka Popsicles

Serves 8

4 cups lemonade*
1 cup vodka
8 slices lime (optional)

Combine the lemonade and vodka in a large pitcher and stir to combine. Pour the mixture into eight popsicle molds and add the sticks in the center. Optional: Place a slice of lime at the top of the mold, then push the sticks through the center. Freeze for at least 10 hours.

* Try strawberry or raspberry lemonade for a fun pink hue!

Have culinary news to share?

Send an email to Kelsey Casselbury at kcasselbury@whatsupmag.com.

Dining Guide

Advertisers Listed in Red

Average entrée price
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Annapolis Ice Cream Company

196 Main Street, Annapolis; 443-482-3895; annapolisiscream.com \$ 🍷 🍷

Armadillo's Bar & Grill

132 Dock Street, Annapolis; 410-280-0028; Armadillosannapolis.com; American Grill; lunch, dinner, brunch \$ 🎵

Bean Rush Café

112 Annapolis Street, Annapolis; 410-263-2592; Beanrushcafe.com; Coffee, baked goods, sandwiches; breakfast, lunch \$ 🍷

The Big Cheese & Sammy's Deli

47 Randall Street, Annapolis; 410-263-6915; Thebigcheeseannapolis.com; Deli; breakfast, lunch, dinner \$ 🍷 🍷

Buddy's Crabs & Ribs

100 Main Street, Annapolis; 410-626-1100; Buddysonline.com; Seafood; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Café Normandie

185 Main Street, Annapolis; 410-263-3382; Cafenormandie.com; French; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷

Castlebay Irish Pub 1

93 Main Street, Annapolis; 410-626-0165; Irish; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

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165 Main Street, Annapolis; 410-269-6737; Chickandruths.com; American diner; breakfast, lunch, dinner, late-night \$ 🍷 🍷

City Dock Café

18 Market Space, Annapolis; 410-269-0961; Citydockcafe.com; American; coffee, light breakfast, baked goods \$

Dock Street Bar & Grill

136 Dock Street, Annapolis; 410-268-7278; Dockstreetbar.net; American; lunch, dinner, late-night \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Dry 85

193 B Main Street, Annapolis; 443-214-5171; DRY85.com; American, lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Federal House Bar & Grille

22 Market Space, Annapolis; 410-268-2576; Federalhouserestaurant.com; American; lunch, dinner, Weekend brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Flamant

17 Annapolis Street, Annapolis; 410-267-0274; Flamantmd.com; European; dinner \$\$-\$\$\$

Fox's Den

179 B Main Street, Annapolis; 443-808-8991; Foxsden.com; American Craft Gastropub 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Galway Bay Irish Restaurant & Pub

63 Maryland Avenue, Annapolis; 410-263-8333; Galwaybaymd.com; Irish; lunch, dinner, Sunday brunch \$ 🍷 🍷 🍷 🍷 🍷 🍷

Harry Brown's

66 State Circle, Annapolis; 410-263-4332; Harrybrownes.com; Modern American; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Harvest Wood Grill & Tap Room

26 Market Space, Annapolis; 410-280-8686; Harvestwoodgrill.com \$\$ 🍷

Iron Rooster

12 Market Space Annapolis; 410-990-1600; Ironroosterallday.com; American; all-day breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Joss Café & Sushi

195 Main Street, Annapolis; 410-263-4688; Jossushi.com; Japanese, sushi; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Latitude 38

12 Dock Street, Annapolis; 667-204-2282; Latitude38waterfront.com; American; lunch, dinner, Sunday brunch \$\$, 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Mason's Famous Lobster Rolls

188 Main Street, Annapolis; 410-280-2254; Masonslobster.com; Seafood; lunch, dinner \$

McGarvey's Saloon & Oyster Bar

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Middleton Tavern

2 Market Space, Annapolis; 410-263-3323; Middletontavern.com; American, seafood; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

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142 Dock Street, Annapolis; 443-221-4731; Mission-bbq.com; Barbecue; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

O'Brien's Oyster Bar & Restaurant

113 Main Street, Annapolis; 410-268-6288; Obriensoysterbar.com; Seafood; lunch, dinner, late-night, brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Osteria 177

177 Main Street, Annapolis; 410-267-7700; Osteria177.com; Italian; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

FOX'S DEN

"The best hidden gem in Annapolis. Their happy hour is one for the books." —Blake F

Preserve

164 Main Street, Annapolis; 443-598-6920; Preserve-eats.com; Seasonal farm to table restaurant; brunch, lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Pusser's Caribbean Grille

80 Compromise Street, Annapolis; 410-626-0004; Pussersusa.com; Caribbean, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Red Red Wine Bar

189B Main Street, Annapolis; 410-990-1144; Redredwinebar.com; Wine bar; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Reynolds Tavern

7 Church Circle, Annapolis; 410-295-9555; Reynoldstavern.org; International; lunch, dinner, afternoon tea \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Sakura Café

105 Main Street, Annapolis; 410-263-0785; Annapolissakuracafe.com; Japanese; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Sofi's Crepes

1 Craig Street, Annapolis; 410-990-0929; Sofiscrepes.com; Sweet and savory crepes \$

Vida Taco Bar

200 Main Street, Annapolis; 443-837-6521; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ 🍷 🍷

Upper Annapolis

49 West, Coffeebar, Winebar & Gallery

49 West Street, Annapolis; 410-626-9796; 49westcoffeehouse.com; American, coffeehouse; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Azure

100 Westgate Circle, Annapolis; 410-972-4365; Azureannapolis.com; Modern American; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Carpaccio Tuscan Kitchen & Wine Bar

1 Park Place, Annapolis; 410-268-6569; Carpaciotuscankitchen.com; Italian; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

El Toro Bravo

50 West Street, Annapolis; 410-267-5949; Mexican; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Fado Irish Pub

1 Park Place #7, Annapolis; 410-626-0069; Fadoirishpub.com/annapolis; Irish; lunch, dinner, late-night, Sunday brunch \$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

Lemongrass

167 West Street, Annapolis; 410-280-0086; Lemongrassannapolis.com; Thai; lunch, dinner \$ 🍷 🍷 🍷 🍷 🍷 🍷

Level Small Plates Lounge

69 West Street, Annapolis; 410-268-0003; Lannapolis.com; Modern American, tapas; dinner, late-night \$ 🍷 🍷 🍷 🍷 🍷 🍷

Light House Bistro

202 West Street, Annapolis; 410-424-0922; Lighthousebistro.org; American; breakfast, lunch, dinner, weekend brunch \$ 🍴 🍷

Luna Blu

36 West Street, Annapolis; 410-267-9950; Lunablufannapolis.com; Italian; lunch, dinner \$\$ 🍷 🍴

Metropolitan Kitchen & Lounge

175 West Street, Annapolis; 410-280-5160; Metropolitanannapolis.com; Modern American; breakfast, lunch, dinner, late-night \$\$ 🍷 🍴 🍷 🍷 🍷 🍷

Miss Shirley's Café

1 Park Place, Annapolis; 410-268-5171; MissShirleys.com; Southern American; breakfast, brunch, lunch \$ 🍴 🍷 🍷 🍷 🍷 🍷

Rams Head Tavern

33 West Street, Annapolis; 410-268-4545; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$ 🍴 🍷 🍷 🍷 🍷 🍷

Sailor Oyster Bar

196 West Street, Annapolis; 410-571-5449; Sailoroysterbar.com; American grill, seafood, cocktails; weekend lunch, dinner \$\$ 🍴 🍷

Stan & Joe's Saloon

37 West Street, Annapolis; 410-263-1993; Stanandjoessaloon.com; American; lunch, dinner, late-night, Sunday brunch \$ 🍴 🍷 🍷 🍷 🍷 🍷

Tsunami

51 West Street, Annapolis; 410-990-9868; Tsunamiannapolis.com; Fusion, sushi; lunch, dinner, late-night \$\$ 🍴 🍷 🍷 🍷 🍷 🍷

Greater Annapolis

Basmati

2444 Solomons Island Road, Annapolis; 410-266-6355; Basmatiofannapolis.com; Indian; lunch, dinner \$\$ 🍷 🍴 🍷 🍷 🍷 🍷

Bean Rush Café

1015 Generals Highway, Crownsville; 410-923-1546; Beanrushcafe.com; Coffee, baked goods, sandwiches; breakfast, lunch \$

Blue Rooster Café

1372 Cape St. Claire Road, Annapolis; 410-757-5232; GoToRoosters.com; Modern American; breakfast, lunch, dinner \$\$ 🍴 🍷

The Brass Tap

2002 Annapolis Mall Road, Annapolis; 833-901-2337; Brasstapbeerbar.com; American; lunch, dinner \$ 🍴 🍷 🍷 🍷 🍷 🍷

Broadneck Grill & Cantina

1364 Cape St Claire Road, Annapolis; 410-757-0002; Broadneckgrill.com; Contemporary American and Mexican Cuisine; serve breakfast Saturday and Sunday; lunch, dinner \$\$ 🍴 🍷 🍷 🍷 🍷 🍷

Bruster's Real Ice Cream

1409 Forest Drive, Annapolis; 410-295-0025; Brustersannapolis.com; Dessert \$ 🍷 🍷 🍷 🍷 🍷 🍷

Buffalo Wild Wings

2337-A Forest Drive, Annapolis; 410-573-0331; Buffalowildwings.com; American; lunch, dinner \$ 🍴 🍷

Cantler's Riverside Inn

458 Forest Beach Road, Annapolis; 410-757-1311; Cantlers.com; Crabs, seafood; lunch, dinner \$\$ 🍴 🍷 🍷 🍷 🍷 🍷

The Canton Restaurant

11 Ridgely Avenue, Annapolis; 410-280-8658; Cantonannapolis.com; Chinese; lunch, Dinner \$ 🍴 🍷

Cooper's Hawk

1906 Towne Centre Blvd, Annapolis; 443-837-9989; Chwinery.com; American; lunch, dinner \$\$ 🍴 🍷

Chevys Fresh Mex

2436 Solomons Island Rd, Annapolis; 410-573-4932; Chevysannapolis.com; Mexican; lunch, dinner, brunch \$\$ 🍷 🍴 🍷 🍷

Chris' Charcoal Pit

1946 West Street, Annapolis; 410-266-5200; Chrischarcoalpit.com; Greek; lunch, dinner \$ 🍴 🍷 🍷

Double T Diner

12 Defense Street, Annapolis; 410-571-9070; DoubleTdiner.com; American diner; breakfast, lunch, dinner, late-night \$\$ 🍴 🍷 🍷 🍷

Eggcellence

2625 Housley Road, Annapolis; 410-573-9503; Eggcellence-brunchery.com; American; breakfast, lunch \$ 🍷

Evelyn's

26 Annapolis St, Annapolis; 410-263-4794; Evelynsannapolis.com; American; breakfast, brunch, lunch, happy hour \$\$ 🍴 🍷 🍷

Giolitti Delicatessen

2068 Somerville Road, Annapolis; 410-266-8600; Giolittideli.com; Delicatessen; lunch, dinner \$ 🍴 🍷 🍷 🍷 🍷 🍷

Gordon Biersch

1906 Towne Centre Boulevard, Ste. 155, Annapolis; 410-266-5965; Gordonsbiersch.com; American; lunch, dinner \$\$ 🍷 🍴 🍷 🍷

Grapes Wine Bar

1410 Forest Drive, Annapolis; 410-571-5378; Grapeswinebarannapolis.com; Mediterranean; lunch (Sat. only), dinner \$\$ 🍴 🍷

Herald Harbor Hideaway

400 Herald Harbor Road, Crownsville; 410-923-4433; Heraldharborhideaway.com; American; lunch, dinner \$ 🍴 🍷 🍷

Heroes Pub

1 Riverview Avenue, Annapolis; 410-573-1996; Heroespub.com; American, sports bar; lunch, dinner \$\$ 🍴 🍷 🍷 🍷

InGrano Bakery

302 Harry S Truman Parkway Suite H, Annapolis; 410-919-0776; ingranobakery.com; bistro-bakery; breakfast, lunch

Italian Market & Restaurant

126 Defense Highway, Annapolis; 410-224-1330; Theitalianmarket.com; Italian; lunch, dinner \$ 🍴 🍷

Jalapeños

85 Forest Plaza, Annapolis; 410-266-7580; Jalapeñosonline.com; Spanish, Mexican; lunch, dinner \$\$ 🍷 🍴 🍷 🍷

Julep Southern Kitchen & Bar

2207 Forest Drive; Unit #2 Annapolis, Md; Julepannapolis.com; 410-571-3923; American; Lunch, dinner \$\$ 🍷 🍴 🍷 🍷

La Sierra

2625 Riva Road, Annapolis; 410-573-2961; Lasierrestaurantinc.com; Mexican; lunch, dinner \$\$ 🍷 🍴 🍷

LebTav

2335 Forest Drive Ste. 46A, Annapolis; 410-897-1111; Lebtav.com; Middle Eastern; lunch, dinner \$ 🍴 🍷 🍷

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Lemongrass Too

2625-A Housley Road, Annapolis; 410-224-8424; Lemongrass-annapolis.com; Thai; lunch, dinner \$ \$ 🍴 🐾

Lures

1397 Generals Highway, Crownsville; 410-923-1606; Luresbarand-grille.com; American grill, seafood; lunch, dinner, Sunday brunch \$ \$ 🍴 🍷 🍷 🎵 🎵

Ledo Pizza

505 S. Cherry Grove Avenue, Annapolis; 410-295-3030; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍴 🍷

Maggiano's Little Italy

2100 Annapolis Mall Road, Ste. 1200, Annapolis; 410-266-3584; Italian; lunch, dinner, Saturday and Sunday brunch \$ \$ 🍴 🍷

The Melting Pot

2348 Solomons Island Road, Annapolis; 410-266-8004; Meltingpot.com; Fondue; dinner \$ \$ 🍴 🍷

Mi Lindo Cancún Grill

2134 Forest Drive, Annapolis; 410-571-0500; Lindocancungrill.com; Mexican; breakfast, lunch, dinner \$ 🍴 🍷 🍷

Mission BBQ

2101 Somerville Road, Annapolis; 443-569-4700; Mission-bbq.com; Barbecue; lunch, dinner \$ \$ 🍴 🍷

Nothing Bundt Cakes

1901 Towne Centre Blvd, Annapolis; 443-775-7979; nothingbundtcakes.com; Bakery

Paladar Latin

Kitchen & Rum Bar
1905 Towne Centre Boulevard, Ste. 100, Annapolis; 410-897-1022; Paladarlatinkitchen.com; Latin American; lunch, dinner, late-night, Weekend brunch \$ \$ 🍴 🍷 🍷

Paul's Homewood Café

919 West Street, Annapolis; 410-267-7891; Paulshomewoodcafe.com; Mediterranean; lunch, dinner, brunch \$ \$ 🍴 🍷 🍷 🐾 🍷

Pasticcio Fresh Italian Kitchen

150-F Jennifer Road, Annapolis; 443-949-0608; Pasticcioannapolis.com; Italian; lunch, dinner \$ \$ 🍴

Ports of Call

210 Holiday Court, Annapolis; 410-573-1350; Doubletreeannapolis.com; Modern American; breakfast, lunch, dinner \$ \$ 🍴

Rams Head Roadhouse

1773 Generals Highway, Annapolis; 410-849-8058; Ramsheadgroup.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$ \$ 🍴 🍷 🍷

Red, Hot & Blue

200 Old Mill Bottom Road, Annapolis; 410-626-7427; Redhotand-blue.com; Barbecue; lunch, dinner \$ 🍴 🍷

Riverbay Roadhouse

1374 Cape St Claire Road, Annapolis; 410-757-2919; Riverbay-roadhouse.com; Steak, seafood; breakfast, lunch, dinner \$ \$ 🍴 🍷 🍷

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DINING GUIDE

Royal Karma

302 Harry S. Truman Pkwy, Suite K, Annapolis; 410-266-5006; Indianfoodannapolis.com; Indian; Lunch buffet, dinner \$\$ 📞 🍴 🌿 🍷

Sakura Japanese Steak & Seafood House

2625 Housley Road, Annapolis; 410-573-0006; Sakurasteakhouse.com; Japanese; lunch, dinner \$\$ 📞 🍴 🌿 🍷

Sam's on the Waterfront

2020 Chesapeake Harbour Drive East, Annapolis; 410-263-3600; Samsonthewaterfront.com; Modern American; lunch, dinner, Sunday brunch \$\$ 📞 🍴 🌿 🍷

Sandy Pony Donuts

1901 Towne Centre Blvd., Ste 130, Annapolis; 301-873-3272; Sandyponydonut.com; Breakfast \$ 🍴 🌿

Seafood Palace Buffet

81 Forest Plaza A, Annapolis; 410-216-2186; Seafoodpalacebuffet.com; American, Japanese, Seafood; lunch, dinner \$ 🍴

Severn Inn

1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; Severninn.com; Seafood; lunch, dinner, Sunday brunch \$\$ 📞 🍴 🌿 🍷

Sin Fronteras

2129 Forest Drive, Annapolis, 410-266-0013, Sinfronterascafe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$ 🌿 🍷

Smashing Grapes Kitchen and Wine Bar

177 Jennifer Road, Annapolis, 410-266-7474 Smashinggrapes.com; Mediterranean and California Coastal cuisines, lunch and dinner \$\$, 📞 🌿 🍷

Soul

509 S. Cherry Grove Avenue, Annapolis; 410-267-6191; Soulannapolis.com; Southern-inspired small plates: lunch, dinner, Saturday & Sunday brunch \$\$ 📞 🍴 🌿

Stoney River

Legendary Steaks
2190 Annapolis Mall, Annapolis; 410-224-8312; Stonyriver.com; Steakhouse; lunch, dinner \$\$ 📞 🍴 🌿

True Food Kitchen

1906 Towne Centre Blvd. Suite 110, Annapolis; 443-775-5179; truefoodkitchen.com; American; Lunch and dinner

Ziki Japanese Steakhouse

1906 Towne Center Boulevard, Ste. 4250, Annapolis; 410-224-6598; Zikisteakhouse.com; Japanese, sushi; lunch, dinner \$\$ 📞 🍴 🌿 🍷

Zoe's Kitchen

1901 Towne Center Boulevard, Ste. 105, Annapolis; 410-266-7284; Zoeskitchen.com; Casual Mediterranean Lunch, dinner \$ 🌿 🍴 *

Eastport / Bay Ridge

Adam's Taphouse and Grille

921C Chesapeake Avenue, Annapolis; 410-267-0064; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$\$ 🌿 🍴

Annapolis Smokehouse & Tavern

107 Hillsmere Drive, Annapolis; 410-571-5073; Annapolisssmokehouse.com; American BBQ; lunch, dinner, catering, Weekend brunch \$\$ 📞 🍴 🌿 🍷

Bakers & Co.

618 Chesapeake Avenue, Annapolis; 410-280-1119; Bakersandco.com; Bakery, café; Breakfast \$ 🍷

Blackwall Hitch

400 6th Street, Annapolis; 410-263-3454; Theblackwallhitch.com; Upscale-casual New American restaurant; brunch, lunch, dinner, late-night \$\$ 🌿 🍴 🎵 *

Boatyard Bar & Grill

400 Fourth Street, Annapolis; 410-216-6206; Boatyardbarandgrill.com; American, seafood; breakfast, lunch, dinner. \$\$ 🌿 🍴 🎵 🍷

Bread and Butter Kitchen

303 Second Street, Ste. A, Annapolis; 410-202-8680; Breadandbutterkitchen.com; American; breakfast, lunch \$ 🍷

Caliente Grill

907 Bay Ridge Road, Annapolis; 410-626-1444; Calientegrillannapolis.com; Latin; lunch, dinner \$\$ 🌿 *

Carroll's Creek

410 Severn Avenue, Annapolis; 410-263-8102; Carrolscreek.com; Seafood; lunch, dinner, Sunday brunch \$\$ 📞 🍴 🌿 🍷

Chart House

300 Second Street, Annapolis; 410-268-7166; Chart-house.com; Seafood; dinner, Sunday brunch \$\$ 📞 🌿 🍷

Davis' Pub

400 Chester Avenue, Annapolis; 410-268-7432; Davispub.com; American; lunch, dinner, late night \$ 🌿 🍷 *

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Eastport Kitchen

923 Chesapeake Avenue, Annapolis; 410-990-0000; Eastport-kitchen.com; American; breakfast, lunch, dinner \$ \$ 🍷

Grump's Café

117 Hillsmere Drive, Annapolis; 410-267-0229; Grumpscafe.com; American; breakfast, lunch, dinner \$ 🍷 🍷

Jack's Fortune

960 Bay Ridge Road, Annapolis; 410-267-7731; Jackfortune1.com; Chinese; lunch, dinner \$ 🍷 🍷 🍷

Lewnes' Steakhouse

401 Fourth Street, Annapolis; 410-263-1617; Lewnessteakhouse.com; Steakhouse, seafood; dinner \$\$\$ 🍷 🍷 🍷

Main & Market

914 Bay Ridge Road, Annapolis; 410-626-0388; Mainandmarket.com; Farm-to-table; breakfast, lunch, dinner \$ \$ 🍷 🍷 🍷

O'Leary's Seafood Restaurant

310 Third Street, Annapolis; 410-263-0884; Olearysseafood.com; Seafood; dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷

Rocco's Pizzeria

954 Bay Ridge Road, Annapolis; 410-263-9444; Roccospizzashop.com; Pizza; lunch, dinner \$ 🍷 🍷 🍷

Ruth's Chris

301 Severn Avenue, Annapolis; 410-990-0033; Ruthschris-Annapolis.com; Steakhouse; dinner \$\$\$ 🍷 🍷 🍷 🍷

Sammy's Pizza Kitchen

1007 Bay Ridge Ave, Annapolis; 410-990-9800; Sammyspiz-zakitchen.com; Italian; lunch, dinner \$-\$\$ 🍷

Vin 909 WineCafe

909 Bay Ridge Avenue, Annapolis; 410-990-1846; Vin909.com; Farm-to-table; lunch, dinner \$ \$ 🍷 🍷 🍷

Edgewater / South County

Adam's Taphouse and Grille

169 Mayo Road, Edgewater; 410-956-2995; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$ \$ 🍷 🍷

All American Steakhouse

139 Mitchells Chance Road, Edgewater; 410-956-4494; Theall-americansteakhouse.com; American; lunch, dinner \$ \$ 🍷

Bayside Inn

1246 Mayo Road, Edgewater; 410-956-2722; American, Seafood; breakfast, lunch, dinner \$ \$ 🍷 🍷 🍷

Broadneck Grill & Cantina

74 Central Avenue West, Edgewater; 410-956-3366; Broadneck-grill.com; American and Mexican Cuisine; lunch, dinner \$ 🍷 🍷 🍷 🍷

Chad's BBQ

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com; Authentic smoked barbecue; lunch, dinner \$ 🍷 🍷 🍷 🍷

The Crab Shack

3111 Solomons Islands Road; Edgewater 21037; 443 837 6279; Thecrab-shackmd.com

Deale Umami Sushi House

657 Deale Rd, Deale; 410-867-4433; Sushi, lunch, dinner \$ \$ *

Dockside Restaurant & Sports Bar

421 Deale Rd, Tracy's Landing; 410-867-1138; www.docksiderestaurantmd.com; American, Seafood; breakfast, lunch, dinner \$ \$ *

Edgewater Restaurant

148 Mayo Road, Edgewater; 410-956-3202; Edgewaterrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 🍷

Fuji Steakhouse

169 Mitchells Chance Road, Edgewater; 410-956-8898; Fujisteakhousemd.com; Japanese; lunch, dinner \$ \$ 🍷 🍷 🍷

Glory Days Grill

3 Lee Airpark Drive, Edgewater; 443-808-8880; Glorydaysgrill.com; American, sports bar; lunch, dinner \$ 🍷 * 🍷

The Greene Turtle

3213 Solomons Island Road, Ste. A, Edgewater; 410-956-1144; Greenturtle.com; American Lunch, dinner, late-night \$ 🍷 🍷 🍷

Happy Harbor

533 Deale Road, Deale; 410-867-0949; Happyharbordeale.com; American; lunch, dinner \$ 🍷 🍷 🍷

Harvest Thyme Modern Kitchen & Tavern

1251 West Central Ave, Davidsonville; 443-203-6846; Harvestthymetavern.com; American; lunch, happy hour, dinner \$ 🍷

Hispa Restaurant

183 Mayo Road, Edgewater; 410-956-7205; Latin American; breakfast, lunch, dinner \$

JesseJay's Latin Inspired Kitchen

5471 Muddy Creek Rd, Churchton, 240-903-8100, jessejays.com, Latin, Lunch, dinner \$ \$ 🍷 🍷 🍷

Killarney House

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com; Irish; lunch, dinner, late-night \$ \$ 🍷 🍷 🍷 * 🍷

Ledo Pizza

3072 Solomons Island Road, Edgewater; 410-956-6700; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍷 🍷

M Thai Restaurant

181 Mitchells Chance Road, Edgewater; 410-956-0952; Thai; lunch, dinner \$

Mike's Bar & Crab House

3030 Riva Road, Riva; 410-956-2784; Mikescrabhouse.com; Seafood; lunch, dinner, late-night \$ \$ 🍷 🍷 🍷 🍷 * 🍷

Nova Sushi Bar and Asian Fusion

3257 Solomons Island Road, Edgewater; 410-956-5326; Novasushi.com; Sushi, lunch, dinner \$-\$\$

Old Stein Inn

1143 Central Avenue, Edgewater; 410-798-6807; Oldstein-inn.com; German; dinner \$ \$ 🍷 🍷 * 🍷

Petie Greens Bar and Grill

6103 Drum Point Road, Deale; 410-867-1488; Petiegreens.com \$ \$ 🍷 🍷 🍷 🍷

Pirate's Cove

4817 Riverside Drive, Galesville; 410-867-2300; Piratescovemd.com; Seafood; breakfast, lunch, dinner, Sunday brunch \$ \$ 🍷 🍷 🍷 🍷 * 🍷

Pier Oyster Bar

48 South River Road, Edgewater; 443-837-6057; Coconutjoesusa.com; Caribbean; lunch, dinner, late-night \$ \$ 🍷 🍷 🍷 *

Rod N Reel Restaurant

4165 Mears Avenue, Chesapeake Beach; 410-257-2735; Chesapeakebeachresortspa.com; Seafood; breakfast, lunch, dinner \$ \$ 🍷 🍷 🍷 *

Saigon Palace

10 Mayo Road, Edgewater; 410-956-0505; Viet-name; lunch, dinner \$ 🍷 🍷

Señor's Chiles

105 Mayo Rd, Edgewater, 410-216-2687, senorschile.com, Mexican, lunch, dinner, \$ \$, 🍷 🍷 🍷

Skipper's Pier Restaurant & Dock Bar

6158 Drum Point Road, Deale; 410-867-7110; Skipperspier.com; Seafood; dinner \$ \$ 🍷 🍷 *

South County Café

5690 Deale Churchton Road, Deale; 410-867-6450; American; breakfast, lunch, dinner \$ \$ 🍷

Stan & Joe's Saloon South

173 Mitchells Chance Road, Edgewater; 443-837-6126; Stanandjoes-saloon.com; American; lunch, dinner, late-night \$ 🍷 🍷 * 🍷 🍷

S & J Riverside

4851 Riverside Drive, Galesville; 410-867-7200; Seafood; lunch, dinner \$ \$ 🍷 🍷 🍷 🍷 *

Yellowfin Steak & Fish House

2840 Solomons Island Road, Edgewater; 410-573-1333; Yellowfin-restaurant.com; Steak, seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 🍷 🍷 *

Arnold / Severna Park / Pasadena & Beyond

Adam's Ribs

589 Baltimore Annapolis Boulevard, Severna Park; 410-647-5757; Adamsribs.com; Barbecue; lunch, dinner \$ \$ 🍷 🍷

Ashling Kitchen & Bar

1286 Route 3 South Ste. 3, Crofton; 443-332-6100; Ashlingco.com; American; dinner \$ \$ 🍷 🍷 🍷 🍷

Bella Italia

1460 Ritchie Highway, Arnold; 410-757-3373; Bellaitaliaarnold.com; Italian; lunch, dinner \$ 🍷 🍷

The Big Bean

558 Baltimore Annapolis Blvd, Severna Park; 410-384-7744; thebigbean.com; Coffee Shop 🍷

Blackwall Barn & Lodge

329 Gambrills Road, Gambrills; 410-317-2276; Barnandlodge.com; American; lunch, dinner, weekend brunch \$ \$ 🍷 🍷 🍷

Brian Boru Restaurant & Pub

489 Ritchie Highway, Severna Park; 410-975-2678; Brianborupub.com; Irish; lunch, dinner, Sunday brunch \$ \$ 🍷 🍷 🍷 * 🍷

DINING GUIDE

Café Bretton

849 Baltimore Annapolis; Boulevard, Severna Park; 410-647-8222; Cafe-bretton.com; French; dinner \$\$

Café Mezzanotte

760 Ritchie Highway, Severna Park; 410-647-1100; Cafemezz.com; Italian; lunch, dinner \$\$ ☎ 🍷 🍴 🌟 🍷

The Crab Shack

1260 Crain Hwy Crofton 21114; 443 302 2680

Donnelly's Dockside

1050 Deep Creek Avenue, Arnold; 410-757-4045; Donnellys-dockside.com.com; Seafood; lunch, dinner \$\$ 🍷 🍴 🌟 🍷

Founders Tavern & Grille

8125 Ritchie Highway, Pasadena; 410-544-0076; Founders-tavernandgrille.com; American; lunch, dinner \$ ☎ 🍷 🍴

Gina's Cafe

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascafestmikes; Southwestern, Vegetarian; lunch, dinner \$\$

La Posta Pizzeria

513 Baltimore Annapolis Blvd., Severna Park; 443-906-2840; Lapos-tapizzeria.com; Italian; lunch, dinner \$-\$\$

Ledo Pizza

552 Ritchie Highway, Severna Park; 410-544-3344; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$ 🍷 🍴

Lemongrass Arnold

959 Ritchie Highway, Arnold; 410-518-6990; Lemongrassannapolis.com; Thai; lunch, happy hour, dinner \$ 🍷

Mamma Angela's

2225-A Defense Highway, Crofton; 443-584-4038; Mammaas.com; Italian; lunch, dinner \$-\$\$ 🍷

Mi Pueblo II

554-A Ritchie Highway, Severna Park; 410-544-4101; Mipueblo2.com; Mexican; lunch, dinner \$ 🍷 🍴

Mother's Peninsula Grill

969 Ritchie Highway, Arnold; 410-975-5950; Mothersgrille.com; American, seafood; lunch, dinner \$\$ 🍷 🍴

O'Loughlin's Restaurant

1258 Bay Dale Drive, Arnold; 410-349-0200 Oloughlinpub.com; American; lunch, dinner, late-night \$\$ 🍷 🍴 🌟 🍷

Park Tavern

580 Ritchie Highway, Severna Park; 410-793-5930; Parktavernsp.com; American; lunch, dinner \$\$ 🍷

Pherm Brewing Company

1041 MD Route 3; Gambrells; 443-302-2535; phermbrewing.com; Food trucks on Weekends

The Point Crab House & Grill

700 Mill Creek Road, Arnold; 410-544-5448; Thepointcrabhouse.com; Casual contemporary American Seafood restaurant; brunch, lunch, dinner \$\$ 🍷 🍴 🌟 🍷

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3809 N. Crain Highway, Bowie; 301-805-5900; Ripscountryinn.com; Rustic country cooking and Chesapeake eats; breakfast, lunch, dinner \$\$ 🍷 🍴

Romilo's Restaurant

478-A Ritchie Highway, Severna Park; 410-544-6188; Romilosrestaurant.com; Greek; lunch, dinner \$\$ 🍷 🍴

Severna Park Taphouse

58 W. Earleigh Heights Road, Severna Park; 410-793-5759; Severnaparktaphouse.com; American, sports bar; dinner \$ 🍷

Sin Fronteras

7700 Ritchie Highway, Glen Burnie, 410-424-2022, Sinfronterascafe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$ 🍷 *

Twains Tavern

8359 Baltimore Annapolis; Boulevard, Pasadena; 410-647-5200; Twainstavern.com; American, sports bar; dinner \$ 🍷 🍴

Vida Taco Bar

541 Baltimore Annapolis Blvd, Severna Park; 410-544-2300; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ 🍷 🍴

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Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; brunch, dinner \$\$ 📞 🍷

Hemingway's Restaurant

357 Pier 1 Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com; Seafood; lunch, dinner \$\$ 📞 🍷 🍴 🌊 🎵

The Island Hideaway

14556 Solomons Island Road S, Solomons; 410-449-6382; Theislandhideawaysolomons.com; American; lunch, dinner 📞 🍷 🍴 🌊 *

Knoxie's Table

180 Pier 1 Road, Stevensville; 410-249-5777; Baybeachclub.com; American; dinner, weekend brunch 📞 🍷 🍴



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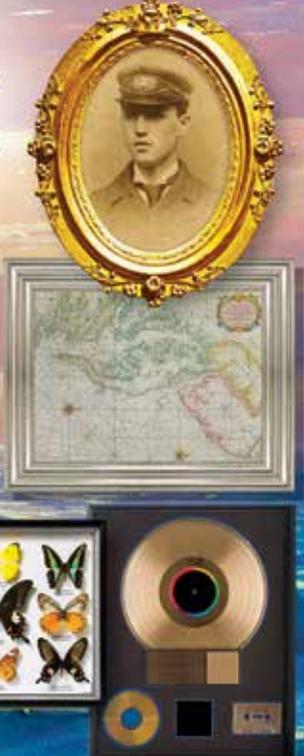
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Congratulations to Cecelia Tyler of Crownsville, who won a \$50 gift certificate to a local restaurant or business.

Mail entries to: Where's Wilma? Annapolis, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions



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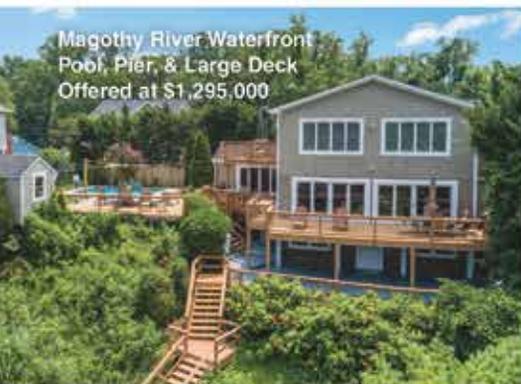
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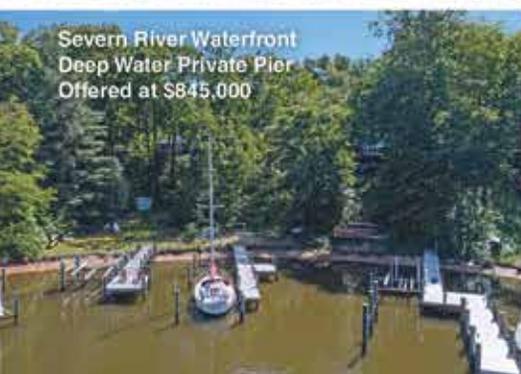
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