

ANNOUNCING THE 2022-2023 CLASS OF
LEADING LAWYERS

WHAT'S UP?

annapolis

WHAT'S UP? MEDIA • ANNAPOLIS • EASTERN SHORE • CENTRAL SHORE
HOME GROWN
LOCALLY OWNED
WEDDINGS • MARYLAND

+ *How Philanthropy Can Shape
You and Create Community*

*Summer Styles
That Wow*

*Eat & Play Like
You're 10 Again*



\$4.95

05>



WHAT'S UP? MEDIA MAY 2022



O'DONNELL

vein & laser | medical aesthetics



From Left to Right: Laura Ruppel, L.E. | Ali Weiss, Aesthetic NP | Kelly O'Donnell, MD | Eden Flynn, BSN, RN

Vein & Laser

Varicose Veins

Spider Veins

Non-Healing
Wounds/Pain

Venous Ulcers

Medical Aesthetics

Cosmetic Injectables

Botox/Dysport
Kybella
Dermal Fillers

Laser Treatments

Laser Skin Rejuvenation
Hair Restoration
RF Microneedling

Skincare/ Aesthetician Services

Chemical Peels
Microblading
Acne/Melasma Management

Medical Grade Skincare Products

ZO Skin
IS Clinical
ReveSkin



RF Microneedling



Laser Skin Rejuvenation



Hair Restoration

Contact us today at 410-224-3390 to schedule your evaluation!

All active and retired military members receive a 10% discount on cosmetic services when you show a valid military ID

Easton 499 Idlewild Ave, Easton, MD 21601
Annapolis 166 Defense Hwy, Suite 101, Annapolis, MD 21401
www.odonnellveinandlaser.com | 410.224.3390

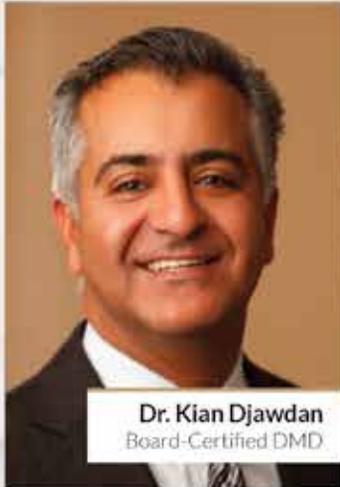


Alli Weiss - BEST Advanced Practice
Eden Flynn - BEST Clinical Education



WE SOLVE COMPLEX DENTAL PROBLEMS

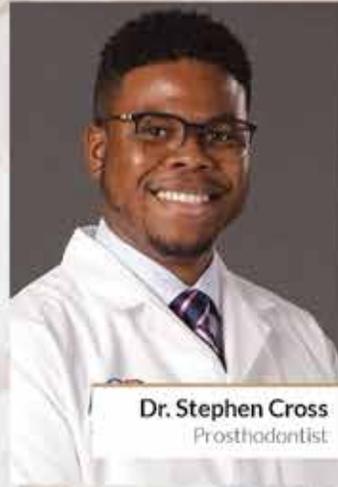
We have created a unique dental center that focuses on helping adult patients with complex dental problems. If you are considering dental implants and/or restorative dentistry, it is important you choose an expert; a dentist with the advanced training to utilize state-of-the-art techniques and procedures for treating complex dental conditions and restoring optimum function and esthetics predictably and efficiently.



Dr. Kian Djawdan
Board-Certified DMD



Dr. Kian Djawdan is Board Certified by the American Board of Implantology/Implant Dentistry and considered an Expert in implant dentistry. Dr. Djawdan is specially trained and licensed to administer IV sedation for any surgical or restorative dental procedure.



Dr. Stephen Cross
Prosthodontist



American Board
of Prosthodontics

Dr. Stephen Cross is a Prosthodontist and considered a specialist. His specialty training makes him uniquely positioned to diagnose, create treatment plans and execute treatment of patients with highly complex prosthetic and implant needs.

REQUEST YOUR JUDGEMENT FREE CONSULTATION

by calling **410-266-7645** or online at www.smileannapolis.com

OUR THREE UNIQUES

-  **In-Office Dental Lab**
State of the art 3D Design
CAD/CAM and printing
-  **Dental Implants**
Extractions, immediate placement
implants and restoring dental implants
-  **Sedation Dentistry**
For any dental procedure

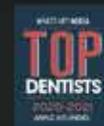
Djawdan Center for Implant and Restorative Dentistry

Restoring Hope & Confidence

133 Defense Hwy, Suite 210
Annapolis, Maryland 21401

410.266.7645

www.smileannapolis.com

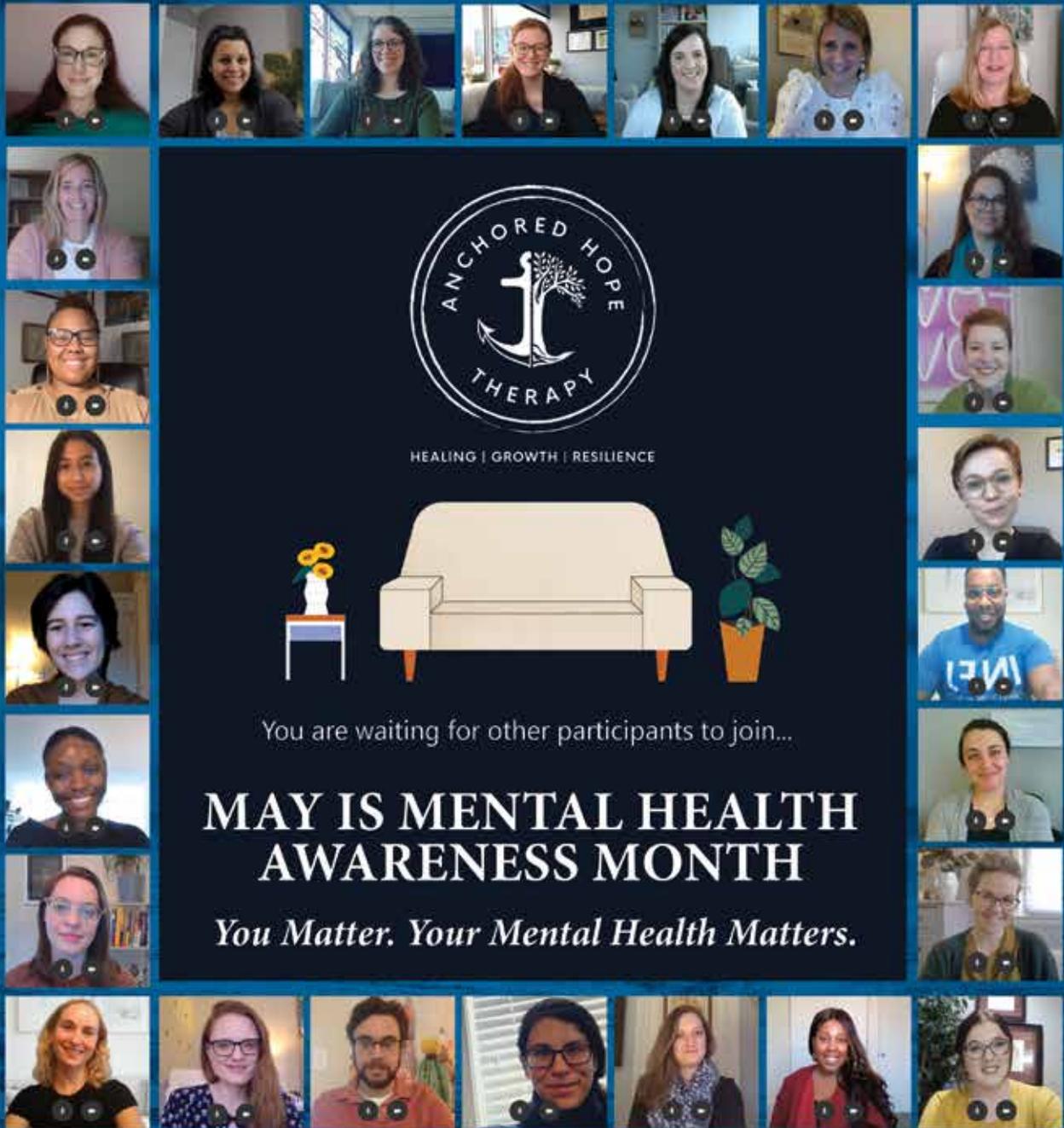


Dr. Djawdan's
Professional Training
& Dental Credentials



GRADUATE
KOIS CENTER





We have ALL experienced immense change and stress over the past two years and no one is impervious to struggle in these challenging times. Now more than ever, we need to find ways to stay connected, but the stigma of accessing mental health services can result in people suffering in silence. The clinicians at Anchored Hope Therapy know that people are seeking to build connections and experience a genuine sense of belonging. In today's world, some challenges that prevent people from achieving these goals are unaddressed mental health struggles, limited access to affordable services, patterns of addiction, perfectionism, fear, unaddressed trauma and colonized ideas of what "healing" looks like.

If you or someone you know is interested in a consultation or an appointment, please visit our website at www.anchoredhopetherapy.com and request an appointment. You are not alone.

Follow us on **f** @anchoredhopetherapy and on **@** @anchoredhopetherapyllc



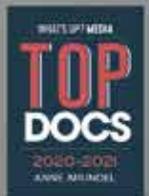
REPUTATION • EXPERIENCE • TRUSTED RESULTS

Sandel Duggal

PLASTIC SURGERY AND MEDSPA



THANK YOU
FOR VOTING US



BEST COSMETIC SURGERY (FACIAL)



BEST RECONSTRUCTION
BEST PLASTIC SURGERY
RECONSTRUCTION



BEST COSMETIC SURGERY
2009 - 2020

Claire S. Duggal, MD
Plastic & Reconstructive Surgeon
Board Certified Plastic Surgeon

Henry D. Sandel IV, MD, FACS
Facial Plastic Surgeon
Double Board Certified • Fellowship Trained

104 RIDGELY AVENUE • ANNAPOLIS, MD 21401 • 410.266.7120 • sandelduggal.com

When Our Clients Win. We Win.



Anne Arundel County
#1 Agent

2013-2021

DAVID ORSO

OF BERKSHIRE HATHAWAY
HOMESERVICES PENFED REALTY

1997 Annapolis Exchange, Annapolis

8 Evergreen Road, Severna Park

443.372.7171

david@davidorso.com

FEATURED PROPERTY



203 Marlbrook Road Severna Park - Listed \$3,350,000

RECENTLY SOLD PROPERTIES



183 Taping Drive - Severna Park
SOLD - \$1,520,000



3 Shiley St - Annapolis
SOLD - \$1,625,000



129 Berrywood Drive - Severna Park
SOLD - \$1,120,000



927 Hilltop Rd - Arnold
SOLD - \$1,125,000



617 Cape McKinsey Dr. - Severna Park
UNDER CONTRACT - \$1,900,000



140 Moore Road - Arnold
SOLD - \$825,000

©2021 BHI Affiliates, LLC. An independently owned and operated franchisee of BHI Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of Columbia Insurance Company, a Berkshire Hathaway affiliate. We are proud to be an equal employment opportunity employer.



RECLAIM YOUR PRE-BABY BODY

ACHIEVE YOUR DREAM BODY WITH A MOMMY MAKEOVER

Motherhood is a beautiful and rewarding experience, but it can wreak havoc on your figure. Sometimes these resulting transformations just cannot be addressed through only diet and exercise. A Mommy Makeover by Dr. Chappell at Annapolis Plastic Surgery can help you reclaim the body you once had or have always desired.

A Mommy Makeover:

- Removes Unwanted Fat
- Lifts & Reshapes Your Breasts
- Tightens Abdominal Muscles
- Smooths Out Loose Skin
- Enhances Body Contours

Mommy Makeover procedures include:

- Breast Augmentation
- Breast Lift
- Liposuction
- Tummy Tuck
- CoolSculpting

If you need a Mommy Makeover, Dr. James Chappell and Annapolis Plastic Surgery are here to help you get your body back.

NEW

We're excited to offer both **BBL Hero®** and **MOXI™** treatments at our Annapolis office! Contact us today to learn more.



JAMES E. CHAPPELL, MD, FACS
Board Certified in Plastic Surgery by the
American Board of Plastic Surgery

BRYANT T. AMBRO, MD, MS
Board Certified, Facial Plastic Surgeon



Laser Skin Rejuvenation • Face/Neck Lift
Breast Augmentation • Tummy Tucks • Liposuction • CoolSculpting

Schedule an appointment today.

(410) 777-5321

2002 Medical Parkway, Suite 215
Annapolis, MD
www.annapolisplasticsurgery.com

annapolis 
PLASTIC SURGERY

#1 Waterfront Team Since 1994

\$1+ BILLION in WATERFRONT SALES

WE SOLD MORE AACO WATERFRONT HOMES IN 2021 THAN ANY OTHER AGENT



JUST LISTED: Epping Forest Waterfront with exclusive access to sailboat depth pier & large deck. Community beach, tennis, clubhouse. Offered at \$1,495,000



JUST LISTED: Beautifully updated waterfront home in Whitehall Beach. Private pier with 8+ ft MLW on Ridout Creek, minutes to the Bay. Offered at \$1,600,000



394 South River Lndg – LISTED & SOLD in 8 days
\$3,750,000



3300 Shore Drive – LISTED & SOLD in 1 day
\$1,305,000



331 S. Riverside – UNDER CONTRACT in 3 days
Offered at \$645,000

Meet with a Waterfront Specialist: 410-266-6880

WaterfrontHomes.org IG: MrWaterfrontTeam



Reid Buckley —
Licensed Realtor
Charlie Buckley —
Associate Broker
Steven Arcé and
Ashley Starwick —
Licensed Realtors

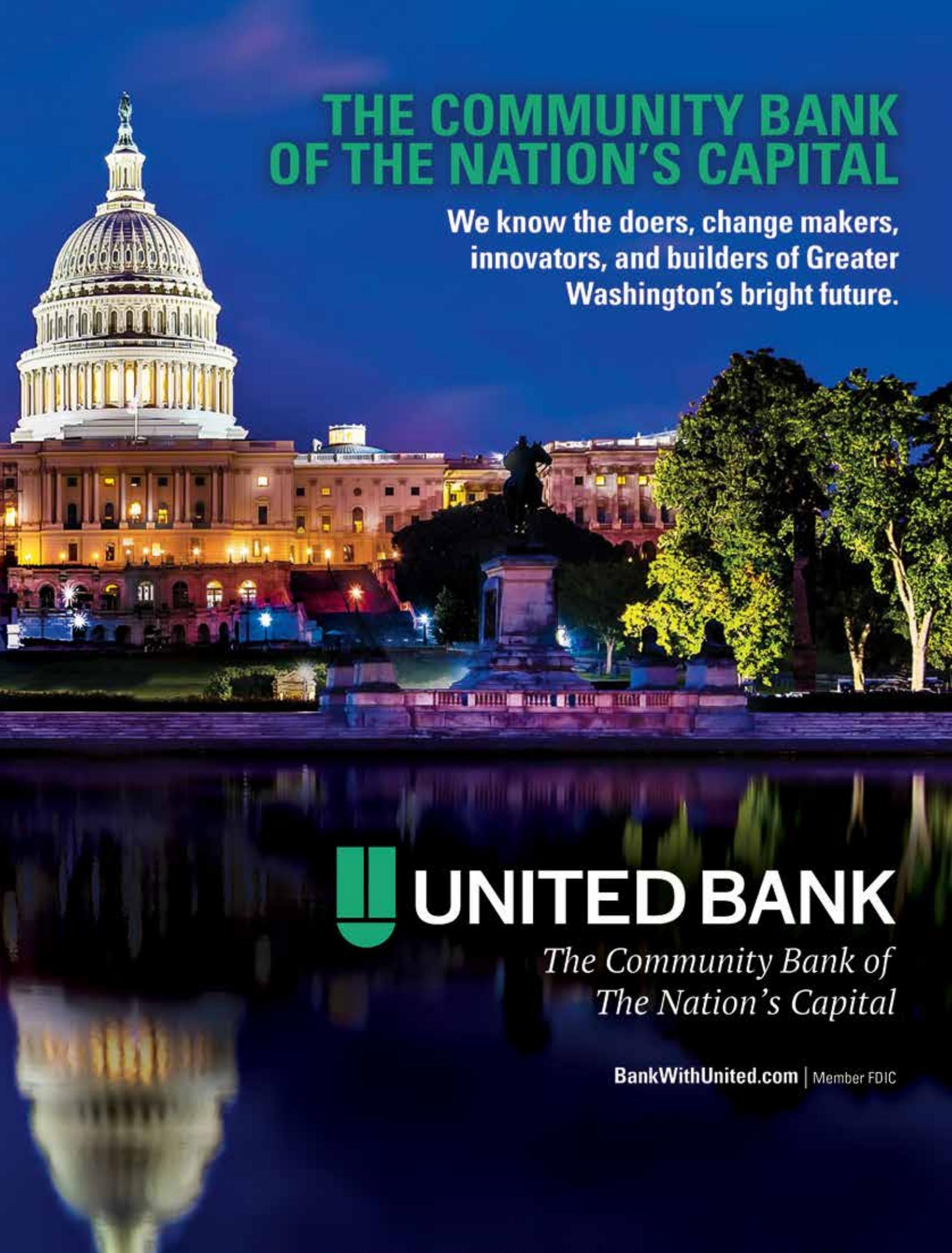


CHARLIE BUCKLEY'S
Mr. Waterfront[®] Team

OF LONG & FOSTER REAL ESTATE

320 Sixth Street, Annapolis MD 21403
BOM: 410.260.2800





THE COMMUNITY BANK OF THE NATION'S CAPITAL

We know the doers, change makers,
innovators, and builders of Greater
Washington's bright future.

 **UNITED BANK**

*The Community Bank of
The Nation's Capital*

BankWithUnited.com | Member FDIC

Good Things Come in Spring Packages!

If your goal is visible results that enhance your natural beauty and leave you looking healthy and refreshed, Kelly Sutter, RN, CANS of Skin Wellness MD provides a full-service destination for patients. Let us help you step into spring looking and feeling great! Erase unwanted lines and wrinkles, replace age-related volume loss and restore fullness to your lips, with our wide menu of injectables.



Beautiful Skin from Head to Toe with BBL Hero



Complement your face's clear and youthful appearance with revitalization for the entire body. BBL Forever Body is the fastest way to treat pigment, sun damage and troublesome age spots on the body with No Downtime.



It's the Season for CoolSculpting®

Let us freeze away unwanted fat just in time for Summer! CoolSculpting® is a non-surgical way to reduce pockets of fat in trouble spots such as the abdomen, flanks, or under the chin in as little as one session.



Welcome Ann, to Annapolis!

Join us in welcoming Ann to Skin Wellness MD Annapolis! Ann will be seeing patients in Annapolis every Monday. Ann is an Advanced Aesthetic Nurse Practitioner with over 8 years of Aesthetic experience. Ann has a passion and wealth of knowledge in facial aesthetics, advanced injection techniques, laser aesthetics, business development, customer service, marketing, and the aesthetics industry.

Skin Wellness *md*



Oral Surgery Specialists

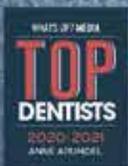
SKILLED | BOARD CERTIFIED | PROGRESSIVE | ARTISTIC

Trained Minds...Caring Hands



Drs. Kurt Jones, Neil Sullivan, Chris Chambers, Cliff Walzer, Borek Hlousek,
are all Board Certified Oral and Maxillofacial Surgeons that specialize in:

Dental Implant Surgery • Dental Implant Placement for Same Day Teeth • Wisdom Teeth Removal
Orthognathic Surgery (Corrective Jaw Surgery) • General Anesthesia • Oral Pathology



Annapolis
Pasadena



Kent Island
Waugh Chapel



Please call or visit our website at www.annapolisOSS.com | 410-268-7790

THE ARTS COUNCIL
OF ANNE ARUNDEL
COUNTY PRESENTS

PAINT THE TOWN

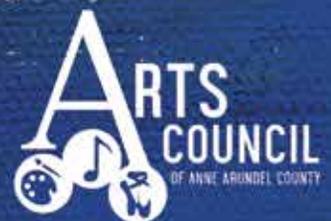
THE WESTIN ANNAPOLIS
100 WESTGATE CIRCLE
MAY 14, 2022

6:30 PM
OUTDOOR COCKTAIL RECEPTION

8:00 PM
DINNER + RAFFLE

9:00 PM
DANCING AND ENTERTAINMENT

GET YOUR TICKETS HERE:
[BIT.LY/AACPAINTTHTOWN](https://bit.ly/aacpaintthetown)





Three Rivers Builders

LLC.
Renovators

BUILDING THE FUTURE | RESTORING THE PAST



Grand Opening

DESIGN &
REMODEL
SHOWROOM

156 Ritchie Highway
Severna Park

Bathroom Remodeling • Flooring • Exteriors - Siding, Roofing, Gutters • Decks & Patio Pavers • Additions & Renovations



www.threeriversbuilders.com

Annapolis Severna Park Millersville

410.846.6862 | 24/7 Live Answer



 facebook.com/threeriversbuilders

 instagram.com/threeriversinsta



On the Cover: Leading Lawyers Class of 2022-2023 announced! Design by August Schwartz. Contact *What's Up?* Annapolis online at whatsupmag.com. Please recycle this magazine.

May contents



46

Features

46 See Somebody, Help Somebody Mental Health First Aid has become a top priority among first responders and non-profits, who now provide training to the public *By Lisa Hillman*

61 Making Our World a Better Place A discussion of the importance of philanthropy within our communities and best practices to fulfill charitable missions *By Gary Jobson*

70 Gift Guide A special advertiser collection of Mother's Day gifts



61

75 Maryland's First Famed Horses As the Preakness Stakes approach, we offer a historical account of our state's founding fathers of thoroughbred racing and their legendary horses *By Ellen Mayer*

81 Seeing Silver! As What's Up? Media celebrates its 25th anniversary this month, we reflect on hallmark moments and individuals in the company's history

87 Leading Lawyers 2022-2023 After months of professional surveying and vetting, this year's class of Leading Lawyers is revealed

99 Leading Legal Professionals A special advertorial section introducing readers to exceptional firms and attorneys practicing in the region

Home & Design

126 Home Interior: 6 Easy Step to Open Floor Planning There's an art to open space in the home *By Lisa J. Gotto*

128 Home Garden: Decisions, Decisions How to organize your outdoor spaces for guests *By Janice F. Booth*



128



150

Health & Beauty

By Dylan Roche

142 Fresh Take: Tomatoes
143 Lashes for Days
144 Fitness Tips: Leg Day
145 Summer Style
146 Office Affects Health

133 An Epic Find in Epping Forest Unique features tucked in a unique home within a unique community *By Lisa J. Gotto*

136 Top Floor, Top Shelf Eastport condo has all the amenities of high-rise and high-class living *By Lisa J. Gotto*



Dining

149 Readers Review Contest Your dining reviews can win you free dinners!

150 Savor the Chesapeake Restaurant news and culinary trends from the Chesapeake Bay region *By Megan Kotelchuck*

152 Readers Restaurant Guide More than 125 regional restaurants listed

WHAT'S UP? annapolis

Publisher & President

Veronica Tovey (x1102)

Editorial Director

James Houck (x1104)

COO & Director of Advertising

Ashley Lyons (x1115)

Entertainment Editor

Megan Kotelchuck (x1129)

Contributing Editors

Lisa J. Gatto, Dylan Roche

Contributing Writers

Janice Booth, Lisa Hillman,

Gary Jobson, Ellen Moyer,

Tom Worgo

Staff Photographer

Steve Buchanan

Art Director

August Schwartz (x1119)

Graphic Designers

Matt D'Adamo (x1117), Lauren Ropel (x1123)

Web Content Specialist

Arden Haley

Production Manager

Nicholas Gullotti (x1101)

Senior Account Executive

Kathy Sauve (x1107)

Account Executives

Debbie Carta (x1110), Beth Kuhl (x1112),

Nina Peake (x1106), Michelle Roe (x1113),

George Young

Finance Manager

Deneen Mercer (x1105)

Bookkeeper

Heather Teat (x1109)

Administrative Assistant

Kristen Awad (x1126)

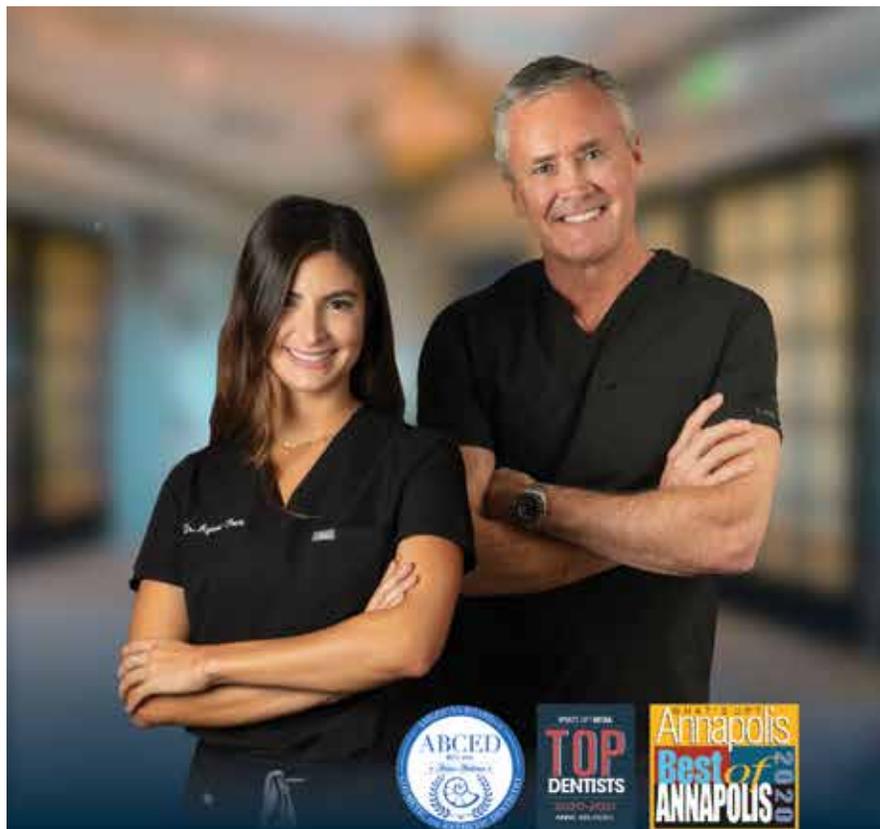
WHATSUPMAG.COM



Wellness House
of Annapolis
Proud Partner

What's Up? Annapolis is published by What's Up? Media
201 Defense Highway, Suite 203, Annapolis, MD 21401
410-266-6287. Fax: 410-224-4308. No part of this magazine
may be reproduced in any form without express written
consent of the publisher. Publisher disclaims any and all
responsibility for omissions and errors. All rights reserved.
Total printed circulation is 50,706 copies with an estimated
readership of 164,550. ©2022 What's Up? Media

Home Grown, Locally Owned: This issue of What's Up?
Annapolis employs more than 40 local residents.



LEADERS IN THE INDUSTRY

Annapolis Smiles has been consistently voted the
Best Cosmetic and Restorative Dentist in Annapolis thanks in
part to its tenured team of caring dental professionals,
five-star service and commitment to exceptional care.

**FREE WHITENING KIT
FOR NEW PATIENTS!**

Please Call For More Information



ANNAPOLISSMILES.COM
410-989-7132

1460 RITCHIE HIGHWAY, SUITE 203, ARNOLD, MD



Maryland's #1 Waterfront Realtor

Brad Kappel m +1 410 279 9476, bkappel@ttrsir.com, BradKappel.com | Annapolis Brokerage 209 Main Street, o +1 410 280 5600



964 Melvin Road
SOLD for \$7,000,000



107 Bay Drive
SOLD for \$5,350,000



220 Lighthouse View Drive
SOLD for \$4,700,000



8172 Pinehurst Harbour Way
SOLD for \$3,500,000



214 Lockwood Court
SOLD for \$3,450,000



1201 Eden Lane
SOLD for 2,100,000



3 Chester Avenue
SOLD for \$1,425,000



100 Severn Avenue #606
SOLD for \$1,300,000



133 Lake View Drive
SOLD for \$1,150,000

Over \$75M Sold in 2022 YTD

MAKE YOUR MOVE WITH BRAD KAPPEL

COMING UP IN
JUNE 2022
 Best of Annapolis 2022
 Summer & Waterfront Dining Guide
 Next Generation of Environmental Leaders
 Primary Election Preview

May contents

In Every Issue

20 From the Publisher
 Veronica Tovey shares her thoughts on What's Up? Media's 25th anniversary

25 Out on the Towne
 Special celebrations and activities to enjoy this month *By Megan Kotelchuck*



25



42



38

34 Towne Salute Meet Karen Stiltner with London's Legacy *By Tom Worgo*

38 Towne Spotlight Local business and community news *By James Houck*

42 Towne Athlete Meet Colin McCarthy of Severn School *By Tom Worgo*

160 Where's Wilma? Find the What's Up? Media mascot and win

e-contents



Sponsored Instagram Posts

Share your Instagrammable moments and inspire our 4,000+ followers.

Through sponsored Instagram posts, you can leverage our social presence and get in front of highly desired followers. Partner with our account through a single post or tap into our Instagram stories for even more creative content and distribution opportunities. Email mquinn@whatsupmag.com for more details!



Inbox Updates

whatsupmag.com/subscribe

Our daily newsletters deliver local news updates, the week's best entertainment, recipes, and much more! Be sure you're signed up.

Connect

@whatsupmag
 @whatsupmags





Center for
Eye & Laser Surgery

ADORO
medical spa

ELBA M. PACHECO, M.D.



Thermage FLX has arrived
at ADORO! The latest technology
for skin lifting and tightening.
Call today to learn more!

ELBA M. PACHECO, M.D.

BOARD CERTIFIED, FELLOWSHIP TRAINED EXPERT EYELID SURGEON, INJECTABLES ARTIST



**YOUR EYES
ARE MORE IMPORTANT
THAN EVER...**

Call us today to schedule your eyelid consult with
Dr Elba M. Pacheco, the area's premiere eyelid surgeon

Let us Open Your Eyes to the Possibilities

ADORO
medical spa



**Voted Best of
Annapolis 2013 - 2021!**

WWW.MYEYELIDS.COM | 410-647-0123 | 692A RITCHIE HIGHWAY, SUITE 2B | SEVERNA PARK 21146

We Know Eyes Inside and Out.

DIABETIC & MACULAR DEGENERATION SCREENINGS



Who better to trust for your specialized vision care than a full service eye care practice complete with a team of board certified ophthalmologists?

Chesapeake Eye Care and Laser Center is conveniently located in the Sajak Pavilion across from the Luminis Health Anne Arundel Medical Center Campus in Annapolis.

When it comes to retinal conditions like diabetic retinopathy and macular degeneration, waiting means risking your vision. Contact us today at 877-DR4-2020 to schedule your retinal screening!

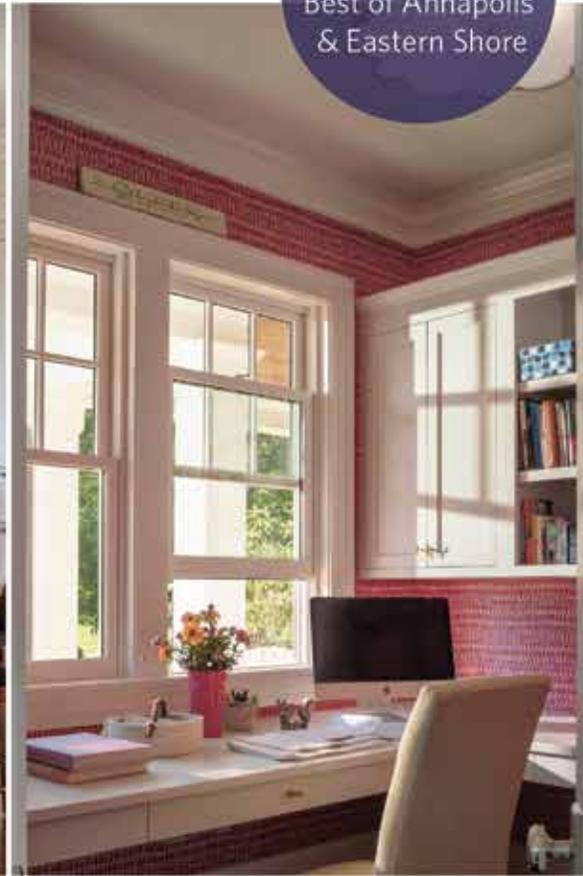
2002 Medical Parkway, Sajak Pavillion, Suite 320, Annapolis, MD 21401
www.ChesapeakeEyeCare.com



PURPLE CHERRY

— ARCHITECTURE & INTERIORS —

2021
What's Up?
Best of Annapolis
& Eastern Shore



PURPOSE IN ARCHITECTURE

Annapolis, MD | Charlottesville, VA | Middleburg, VA | White Sulphur Springs, WV | purplecherry.com | 410-990-1700

From the publisher



Even after all these years,

YOU CAN TELL FROM THIS

new picture of me

THAT I STILL LOVE BEING PART OF

What's Up? Media!

I've aged a little over 25 years, but then, who hasn't? I don't feel any older than in 1997 and my belief is that being so closely connected with our wonderful communities has kept me feeling younger.

People often ask why I started What's Up? I moved here in 1990 and became involved with different organizations, but what I didn't find was a complete sense of community that encompassed all our best parts. I hoped I could create a publication that spoke to all of us and included everyone in what was going on around us...that's where our name came from, *What's Up?*

Throughout the years, the world and our communities certainly have changed, yet our mission stays the same. Gathering our communities together through our publications. We hope you see us as a unifying force and a good place to find out about great events as well as important issues requiring our understanding and input.

Another question often asked is, how do we find enough to write about month after month and year after year? To that I answer—the absolutely wonderful people who have helped us throughout the years! Our readers are quite active in giving us their thoughts. And without your input we wouldn't know as many stories. Also, our employees, writers, and photographers are local and so every person has their own special information and interests. Without you, our readers, we would not have succeeded and that extends to our excellent advertisers. Together, everyone becomes a team.

For the next 25 years (at least), What's Up? Media will strive to continue informing and encouraging what's good in our communities and for us, individually, I hope we all grow and prosper in health, happiness, and wellbeing. Most importantly—that we may live in peace!

Veronica Tovey,
President + Publisher

- For Over 30 Years -

DEDICATED TO YOU.



*- Your Board-Certified Surgeons & Skin Care Experts -
Dr. Christopher J. Spittler, Dr. D. Paul Buhner & PSS MediSpa*

PLASTICSURGERYSPEC.COM • 800-570-7600

Mention this advertisement to receive a Complimentary Cosmetic Consult.



Annapolis • Easton • Prince Frederick

Bringing More Luxury Buyers and Sellers Together in the
Anne Arundel County, Maryland



Percent of Luxury Homes Bought and Sold



Matt Gardner

REALTOR®

o 410 263 3400
c 443 871 8315
mgardner@lnf.com

Matt Gardner is an Annapolis, Maryland real estate agent, he understands that buying or selling a home is more than just a transaction: it's a life-changing

experience. That's why he is dedicated to providing exceptional, personalized service for all of his clients. He takes great pride in the relationships that he builds and always works relentlessly on the client's behalf to help them achieve their real estate goals.



Abby Geismar

REALTOR®

o 410 263 3400
c 443 220 5035
Abby.Geismar@lnf.com

Abby has lived and worked in Annapolis for 11 years and loves helping her buyers find their dream homes. She uses her design skills and her own professional

staging to help her sellers get a quick sale at the right price. Abby dedicates herself to each client as if they were her only one and continues to be a friend and a resource to you in Annapolis long after you have bought or sold a home. She lives in Eagle Pointe with her husband David (USNA Class of '91) and their 3 children.



Catherine Hamel

REALTOR®

o 410 263 3400
c 301 802 8151
CHamel@longandfoster.com

What makes Catherine Hamel one of the area's top agents? Excellent communication & negotiating skills combined with her knowledge of the local market.

Passionate about real estate, Catherine listens to her client's needs and guides them through the real estate process to make the experience as seamless and stress-free as possible. As a Seniors Real Estate Specialist (SRES), Catherine loves helping clients successfully downsize and prepare their home for sale. Whether you're just starting out or making your final move, Catherine can help you!



Mary Clare Holder

REALTOR®

o 410 263 3400
c 410 271 5781
MaryClare.Holder@lnf.com

Mary Clare Holder has been a Maryland Realtor for 35 years. She has expertly handled multiple changes in the real estate industry, greatly benefitting her buyers and sellers. She co-owned a commercial insulation business in the Maryland, DC and Virginia areas for 25 years greatly enhancing her negotiating skills. Mary Clare is a past President of the Distinguished Sales Achievement Club of Anne Arundel County. Also, she has served as an officer on several local HOA/Condo Associations.



Deborah Laggini

REALTOR®

o 410 263 3400
c 410 991 6560
Deborah.Laggini@longandfoster.com

Deborah has been selling real estate full time in Annapolis since 2005. She specializes in waterfront and luxury homes, new construction, and relocation

to the Annapolis area. Deborah formed Laggini and Associates and is the #1 Group at Annapolis Fine Homes. Prior to real estate, Deborah spent 20 years in corporate sales and marketing and received an MB from Pepperdine University. Deborah has two daughters and four grandchildren and currently resides in the City of Annapolis.



Peggy Love

REALTOR®

o 410 263 3400
c 703 508 1242
Peggy.Love@LNF.com

As an experienced real estate agent specializing in relocating clients aged 50+, I work for the love of home. I am also an attorney skilled in listening, negotiating

and building trust. I received advanced training through the Graduate Realtors Institute (GRI) to make my clients' real estate experience seamless. My passion for assisting active adults led me to develop a network of professionals to provide my clients with an enjoyable real estate experience. I love what I do!



Karen Nye

Associate Broker

o 410 263 3400
c 443 336 5354
Karen.Nye@lnf.com

Karen Nye, a seasoned negotiator, has over 40 years experience serving buyers and sellers in the Annapolis, Baltimore and Eastern Shore areas of

Maryland. She has been consistently recognized as a top agent by Long & Foster Real Estate, Inc. and her peers, to provide full spectrum of real estate expertise to her clients in a timely, professional, and friendly manner. Her skills and experience in new home construction enable her to meet the challenges of building custom homes to remodeling an existing home.



Jennifer Siska

REALTOR®

o 410 263 3400
c 410 507 0995
Jennifer.Siska@longandfoster.com

Jennifer Siska is a 26 year Annapolitan who has over two decades of real estate experience. She has worked in many facets of real estate including

sales, design, renovation, long and short-term property management, real estate investment and vacation rentals. She and her husband have designed, renovated and sold numerous million dollar properties in the prestigious neighborhood of Murray Hill in downtown Annapolis where currently she resides with her husband of twenty years, Steve, and their two boys.



Kitchens, Baths, Countertops, Entertainment Centers, Wet Bars, and creative uses of cabinetry for other rooms

Great Quality • Great Price

Cabinet Discounters®
www.CabinetDiscounters.com

Annapolis
910-A Bestgate Road
(ACROSS FROM ANNAPOLIS MALL)
410-266-9195

Columbia
9500 Berger Road
(AT THE CORNER OF SNOWDEN RIVER PKWY)
410-381-8172

Also Showrooms in Mt. Airy, Olney, Gaithersburg, Springfield and Chantilly

Out on the **TownE**

25 EVENT PICKS | 34 SALUTE | 38 SPOTLIGHT | 42 ATHLETE



The Boatyard Opening Day Rockfish Tournament

Big news! After a two-year hiatus, the much anticipate and celebrated Boatyard Opening Day Rockfish Tournament returns live and in-person on May 1st. This fundraising event—the first of Boatyard’s many successful charity events—is a catch-and-release fishing tournament, with a huge after-party on site at the Boatyard Bar & Grill in Eastport featuring live music, great food, libations, and awards. Full details, including how to register as a captain or simply attend the after-party, are at boatyardbarandgrill.com.

DERBY DAY AT MARYLAND THERAPEUTIC RIDING

On May 7th, celebrate the Kentucky Derby with the 13th Annual Derby Day at Maryland Therapeutic Riding in Crownsville. The day will include a live viewing of the Kentucky Derby, bourbon tasting, hat contest, live and silent auctions, dinner, drinks, and, of course, mint juleps! More information can be found at horsesthatheal.org.



↑ Treasure the Chesapeake

Show your love for the Chesapeake Bay by joining the Chesapeake Bay Trust's Treasure the Chesapeake. The gala will be on May 5th from 6 to 9 p.m. at the Baltimore Museum of Industry. The night will include networking with community leaders, delicious dinner with oyster hour, open bar, and wine tasting, as well as a silent auction featuring dozens of local businesses. Find more information at cbtrust.org.



↓ YWCA 100th Annual Soiree

Gather your fabulous 1920s attire and dance the night away at the YWCA Soiree. This year, the Annapolis YWCA will celebrate their 100th anniversary and are inviting you. The Soiree will be May 13th at 6:30 p.m. at The Westin Annapolis Hotel. More information can be found at annapolisywca.org.

MARYLAND CRAFT BEER FESTIVAL

Join the Brewers Association of Maryland for the 2022 Maryland Craft Beer Festival. The festival is returning to the Carroll Creek Linear Park in Frederick on May 14th from 12 to 5 p.m. Entry to the event includes beer samples from dozens of Maryland breweries including a few that are not even open to the public yet. There will be over 200 unique beers which have all been brewed in Maryland. In addition to beer, there will be live music, a great selection of food, and plenty of craft vendors to enjoy. Purchase tickets and find more information about this rain or shine event at mdcraftbeerfestival.com.





Let's GO!

MUSIC FESTIVAL

JUNE 3-5, 2022

Anne Arundel County Fairgrounds

FRIDAY, JUNE 3rd

**LYNYRD
SKYNYRD**

THE
OUTLAWS

JIMMIE'S
CHICKEN
SHACK

SATURDAY, JUNE 4th

BILLY CURRINGTON

Jimmie Allen

Michael Ray

LANCO

Lindsay Ell

Chase Bryant

Sahara Moon

SUNDAY, JUNE 5th

**the
goo
goo
dolls**

Better Than Ezra

Walk Off The Earth

The Calling

Sister Hazel

Stephen Wilson Jr.



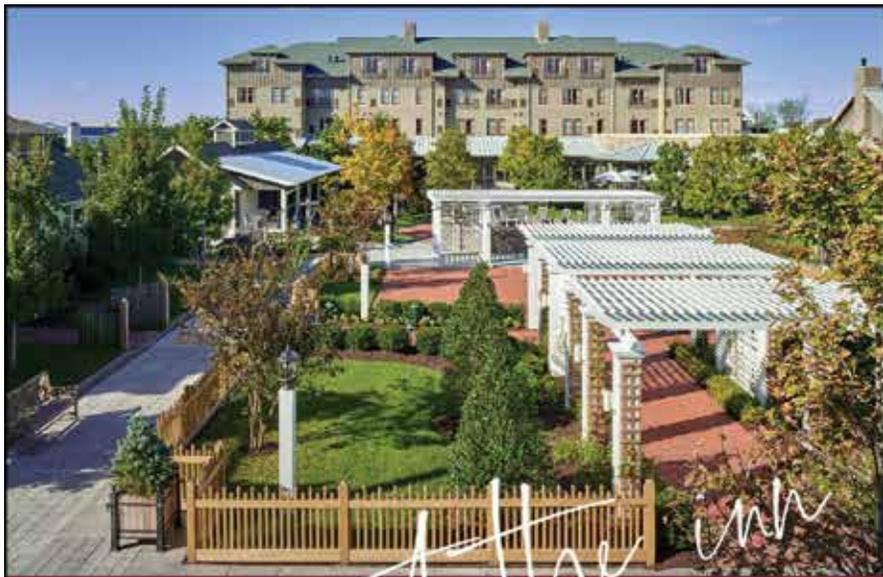
JACK DANIEL'S

For tickets visit:

www.LetsGoFest.com

or scan QR Code





spring at the inn

KNOXIE'S TABLE & THE MARKET

DINING, TAKE OUT & SHOPPING

LOCAL GETAWAYS

HOTEL PACKAGES & SPECIALS

EXPERIENCE THE SPA

LUXURIOUS SPA & SALON SERVICES

WEDDING OPEN HOUSE

SATURDAYS
9A-11A



THE INN
Chesapeake Bay Beach Club

Stevensville, MD | 410.604.5900 | baybeachclub.com

OUT ON THE **TOWNE**

↓ **SPRING OPEN HOUSE AND PUBLIC ANNIVERSARY PARTY**

Chesapeake Arts Center is having their 20th Anniversary Party and Spring Open House on May 14th at the Chesapeake Arts Center in Brooklyn Park. The free event will have open doors for all, with fun and creative activities for the whole family. Watch dance demonstrations, see artists throw pots on a wheel, create hands-on projects in the arts classroom, tour exhibits in the galleries, and so much more. Visit chesapeakearts.org for more information.



New Orchestra of Washington 10th Anniversary Concert

The New Orchestra of Washington's artistic director Alejandro Hernandez-Valdez is conducting the special 10th Anniversary Concert. This concert will be dedicated to the most urgent issues of the next decade:

Nature and the Environment. The performance will be May 26th at 7:30 p.m. at the Kennedy Center in Washington, D.C. Before the concert, there will be a special panel discussion with conductor Alejandro Hernandez-Valdez, narrator and conservationist David Rockefeller, Jr. and composer Joseph Turrin. Find more information at kennedy-center.org.



↑ ANNIE

Children's Theatre of Annapolis is performing Annie throughout May. The irrepressible comic strip heroine takes center stage in one of the world's best-loved musicals. With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York City. She is determined to find the parents who abandoned her years ago on the doorstep of a New York City Orphanage that is run by the cruel, embittered Miss Hannigan. With the help of the other girls in the Orphanage, Annie escapes to the wondrous world of NYC. In adventure after fun-filled adventure, Annie foils Miss Hannigan's evil machinations...and even befriends President Franklin Delano Roosevelt! Find more information and buy tickets at childrenstheatreofannapolis.org.

Tee Up For a Child Golf Tournament

Anne Arundel County CASA is having their 21st Annual Tee Up For a Child Golf Tournament on May 2nd at the Crofton Country Club. CASA (Court Appointed Special Advocates) speaks up for children who have been abused or neglected in court, at school, and in the community. CASA volunteers have been trained to protect a child's safety and this golf tournament raises money to help that happen. Find more information at aacasa.org.



Chesapeake Financial Planning & TAX SERVICES

The advisors at **Chesapeake Financial Planning** offer a broad range of services to meet your wealth management needs. Our team offers comprehensive financial planning designed to identify gaps and risks in your current strategy that could prevent you from reaching your objectives.

The services we offer include but are not limited to:

- Family Wealth Management and Strategies
- Personalized Recommendations
- Asset Allocation & Protection
- Wealth Management & Retirement Planning
- Income Planning
- Divorce Planning
- Estate Planning
- IRA's & 401(k) Rollovers
- Tax Planning
- Stocks, Bonds, Annuities
- Insurance, Disability, Life, Long Term Care



Chesapeake Financial Planning

71 Old Mill Bottom Rd. N, Ste. 201
Annapolis, MD 21409
Phone: 410.974.0410 Fax: 410.974.0614
www.chesapeake-financial.com

Location also in Boca Raton, FL

Securities offered through Registered Representatives of Cambridge Investment Research, Inc., a broker-dealer, member FINRA/SIPC. Advisory services through Chesapeake Financial Planning, a Registered Investment Advisor. Chesapeake Financial Planning & Cambridge are not affiliated.

HAMMOND-HARWOOD HOUSE

Secret Garden Tour

The tour features private gardens in Spa View Heights

Spa View Heights, the area of Annapolis between Murray Hill and Spa Creek, holds a beautiful collection of homes built in various periods and architectural styles. The community with its tree-lined streets and water views is the perfect setting for an afternoon of garden exploration.

The gardens featured epitomize the goals of the home gardener: to have a beautiful space filled with flowers, trees, shrubs, grasses, and other garden elements, a space that is a pleasure to live in and inspirational to work in.

All proceeds benefit the 1774 Hammond-Harwood House, an Anglo-Palladian historic site on Maryland Avenue open for tours focusing on architecture, social history, and fine and decorative art.

JUNE 4 & 5 | Noon to 5 p.m.

Tickets: \$30 in advance, \$35 day of event

For more information or to purchase tickets:
hammondharwoodhouse.org or 410-263-4683



"The most welcoming and personable group of dental professionals."

"The first time in my life that I went to the dentist and didn't want to leave!"



"Truly committed to providing the best of care to their patients."

We Love Our Patients
Thank you for being part of our family!



600 Ridgely Avenue, Suite 217, Annapolis, MD 21401
www.ehmanndds.com



↑ Fest of Spring Caribbean Wine Food & Music Festival

From noon to 8 p.m. on May 14th, visit the Great Frederick Fairgrounds for the Fest of Spring Caribbean Wine Food & Music Festival. The festival is a celebration of various aspects of the Caribbean culture including cuisine, music, and art. There will be live performances of locally and internationally renowned artists such as Richie Stephens, Bryan Art, Lukie D from Lust, and many more entertainers. Find more information and buy tickets at festofspring.org.

DRAGONS IN THE DENA FESTIVAL

On May 21st, start your day at Kurtz's Beach in Pasadena for the Annual "Dragon's in the Dena" Festival to raise funds for a new flagpole at the Rt. 100 Veteran's Memorial area. The event will be 8 a.m. to 3 p.m. and feature dragon boat races, water sports activities, and more. Teams will compete in Dragon Boats who are led by a drummer, who is beating time to keep the paddlers in unison, and a helmsperson to guide the boat in this team building competition. For more information, email pasadenabusinesassociation1@verizon.net.



LemonFest

Celebrate Spring at the LemonFest at the Bowie Town Center. The annual festival celebrates spring and diverse cultures and what they bring to our community through music and art. Enjoy artwork, crafts, and vendors as well as live entertainment, shopping, food, fun, mocktails, cocktails, and wine tastings. The festival will take place May 7th from 11 a.m. to 5 p.m. Find more information at lemonfest.org.



**WE
INSTALL
DECKS**

Schedule a free
consultation
today!

THE J.F.
**JOHNSON
LUMBER**
COMPANY
Celebrating 100 Years

Annapolis
Best of
ANNAPOLIS

Annapolis
Best of
ANNAPOLIS

f www.johnsonlumber.biz

Millersville 410-987-5200 Edgewater 410-956-0400
sales@johnsonlumber.biz
MHIC# 143919



LONG[®] FENCE

GET THE BACKYARD OF YOUR

Dreams

Wood Fencing • Privacy Fencing • Chain Link • Aluminum & Vinyl Fencing • Ornamental Iron Fencing
Wood Decks • Composite & Vinyl Decks • Screened Porches • Sunrooms • Gazebos
Handrails • Security & Storm Doors • Automated Gate Systems • Patios & Pavers
Awnings • Pergolas & Trellises • Tennis Courts • And Much More!

20%^{OFF} DECKS & PAVERS*

Expires: 5/31/22

*Example retail purchase price of \$5,975 would be \$4,780 a savings of \$1,195 on LONG[®] DECKS. Residential installed sales only.
Not valid on previous orders or in combination with other offers or discounts. Some exclusions and surcharges may apply.

INSTALLATION • REPAIR • MAINTENANCE • LICENSED/BONDED/INSURED • FREE ESTIMATES • MAJOR CREDIT CARDS ACCEPTED

1-888-460-5664 | LONGFENCE.COM

MHIC#9615 / WV#013002 / CICHIC#013490A / DC#2116 / PA#070063 LONG[®] FENCE ©2022.

TIMBERLAKE

— VETERAN OWNED & OPERATED —



CUSTOM HOMES | WHOLE HOUSE RENOVATION | OUR HOME/YOUR LOT



DESIGN | BUILD
Your Veteran Builder
• SINCE 1963 •

CALL/TEXT for a CONSULTATION! 443-222-1426

Your Unique Needs.
Our Unique Expertise.
TimberlakeDB.com



MHIC# 121833 MHBR# 3769



Left: London's Legacy delivery. Right: Karen Stiltner center.

Karen Stiltner

London's Legacy

By Tom Worgo

Karen Stiltner and her family suffered not one, but two terrible tragedies within a year. Stiltner's three-month-old granddaughter, London, died January 25 in 2016 from Respiratory Syncytial Virus, a rare type of viral infection.

During that hospital stay, Stiltner's daughter, Amy, was given a blanket from the University of Maryland Children's Hospital. By coincidence, it happened to be made by the South River field hockey team—the same program she played for in high school.

"It was kind of a unique thing," Stiltner says of the pink blanket with dots on it. "Everyone loved it and when London passed, they wrapped her in it. They told us at the hospital, 'You will take it home, and have her smell.' It meant a whole lot to Amy."

That blanket inspired Stiltner and Amy to start the nonprofit, London's Legacy. It helped them with the grieving process. They started out by making blankets and soon thereafter Stiltner came up with the idea of putting together toiletry bags for families staying at the hospitals.

They gave the items in bunches to three pediatric hospitals, including the University of Maryland Children's

Hospital in Baltimore, Greater Baltimore Medical Center in Towson, and Baltimore Washington Medical Center in Glen Burnie, where families had children in the intensive care unit and wanted to stay with them for prolonged periods of time.

Tragically, just as they were getting the nonprofit started, Amy died of a heart attack on January 15, 2017—just 10 days shy of her daughter's death. "She died of a broken heart we say," says Stiltner, co-founder and executive director of London's Legacy. "But she did make a few blankets before she died."

After her daughter's passing, Stiltner, a Pasadena resident, had all the more reason to keep the foundation going. Making the blankets was so vital to Stiltner and the memory of her daughter and granddaughter that the 64-year-old threw all her energy into the project almost immediately after the second of her two staggering losses.

"We actually did have a blanket-making party the next day," Stiltner says, referring to the day after Amy's funeral.

London's Legacy has donated more than 1,000 blankets and about 600 toiletry bags since 2017. A friend and next-door neighbor, Colleen Hylton, got caught up in the spirit of the organization's launch from the outset. She serves as a board member.

"We know what these people with babies in the hospital endure and are going through," Hylton says. "If we can do something that can make a difference, then we are going to do it."

Hylton calls Stiltner a role model, inspiration, and somebody who is always there to help comfort the families of sick children or anyone in need.

"Karen is just an amazing, amazing woman," Hylton explains. "What happened on the 15th of January (Amy's death)...she just wasn't going to let London's Legacy go. She lost her grandbaby and she lost her daughter and she said, 'I will do it.' You can call it a mission."

Before creating London's Legacy, Stiltner spent years doing volunteer work with several

organizations, including Catholic Charites, Big Sisters, Little Sisters of The Greater Chesapeake, and a charity race to raise money for the Johns Hopkins Children's Center, among other things. It comes as no surprise then that the Maryland Banker's Association honored Stiltner's charity work with a Lifetime Achievement Award. She worked 45 years for M&T Bank and retired in 2020 as vice president senior relationship manager.

"I tried to do most things with kids," Stiltner says. "I loved working with children. Out of my 45 years at the bank, I probably did it [volunteering] for 30 years."

Learn more about the charity at london-slegacy.org.

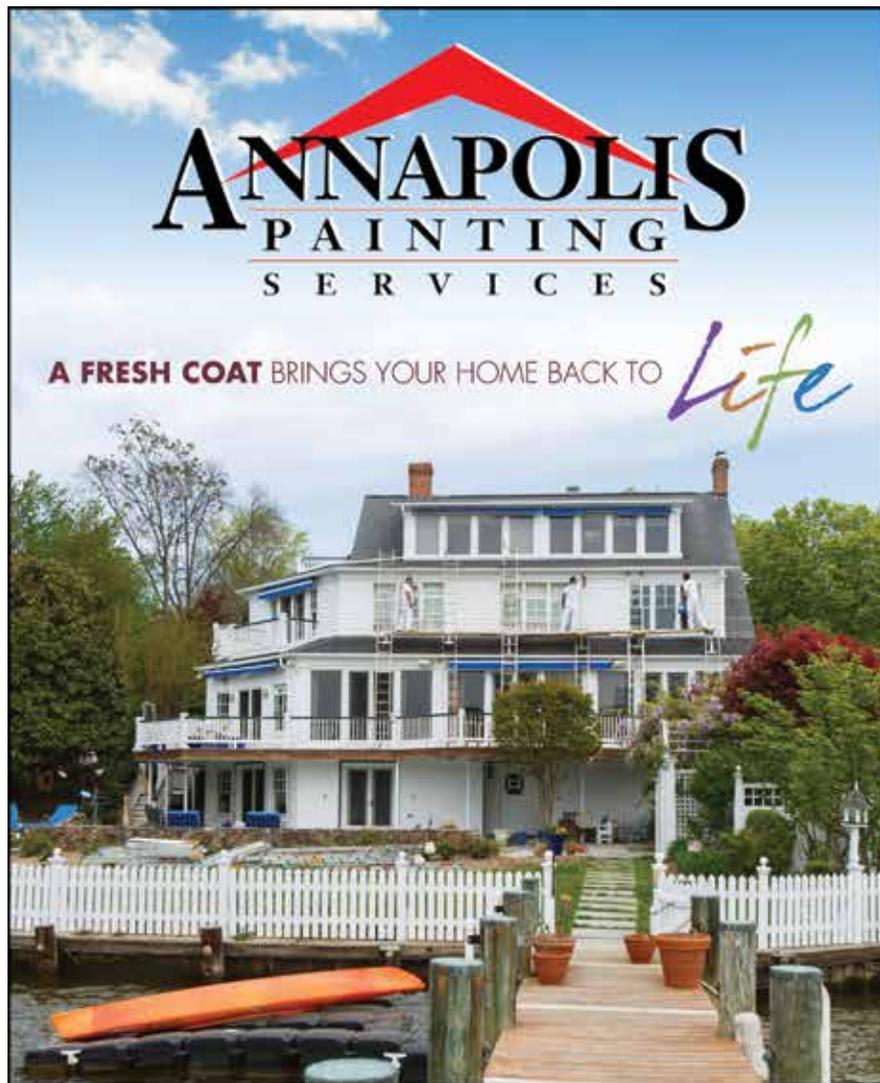
Do you have a volunteer to nominate? Send What's Up? an email to editor@whatsupmag.com.

There's always something going on around town



Find out online at

whatsupmag.com/calendar



HOUSE INTERIOR AND EXTERIOR
PROFESSIONAL PAINTING SERVICES

- POWER WASHING • RESIDENTIAL
- COMMERCIAL • PROFESSIONAL PREP AND REPAIR
- QUICK TURNAROUND • DAILY CLEANUP



2561 Housley Rd. • Annapolis, MD 21401
www.annapolispainting.com

A WHAT'S
UP? MEDIA
WEBINAR
SERIES

THE EMPLOYEE RETENTION CREDIT (ERC)

Similar to PPP, the Employee Retention Credit is a form of Covid relief that was passed to help businesses and keep workers employed. We have noticed that many companies who qualify do not know they qualify. The credit comes in the form of a cash refund and is in the amount of up to \$26,000 per employee. Businesses can qualify by passing either test: 1. partial suspension of operations during 2020 and 2021 (capacity restrictions, spacing restrictions and other government restrictions allow businesses to qualify) or 2. a revenue decline test for 2020 and 2021.

Did you know you can still claim the Employee Retention Credit (ERC), going all the way back to Q1 2020? Even if you got a PPP Loan!?

The business community has been painfully impacted by the pandemic, and businesses in Virginia, and beyond, have been able to claim the ERC to help maintain their payrolls and navigate the uncertainty. Even if your revenue didn't drop, you may have experienced a partial suspension in operations that would make you eligible. Join our speakers to discuss ERC and eligibility for the credit, and how businesses frequently meet the criteria.

PANELISTS



Rebecca Sheppard, Esq., Director, Frost Law

Rebecca provides tax solutions for individuals and businesses including limited liability companies, partnerships, and corporations. She is well versed in the intricacies of individual and corporate income tax, motor fuel tax, business license revocation, tax relief and collection issues, appeals, and state and local tax matters.



J. Peter Haukebo, Esq., Director, Frost Law

Peter's practice focuses on the areas of tax controversy and planning and business transaction matters. He's been representing individuals and businesses including corporations, partnerships, and limited liability companies since 2012. Peter's background includes licensing, mergers and acquisitions, wills and trusts, estate planning, corporate governance, and settling/resolving tax disputes between clients and collections agencies such as the IRS.

JOIN US TUESDAYS AT 11AM

May 31

Restaurants, Hospitality

June 7

Retail

June 14

Dentists, Doctors, Lawyers,
etc.

Register:

whatsupmag.com/ERCwebinars

PRESENTED BY

ASKFROST.COM



#1 IN LUXURY PROPERTY SALES IN ANNAPOLIS*



**COLDWELL BANKER
REALTY**



Our Annapolis Church Circle and Annapolis Plaza offices deliver remarkable service and exceptional results for luxury properties. Coldwell Banker Realty is #1 in \$1 million+ sales in Annapolis, and our Church Circle office is #1 among the 28 Coldwell Banker Realty offices in the Mid-Atlantic. Luxury lives here.*

Annapolis Church Circle | 3 Church Circle | 410.263.8686
Annapolis Plaza | 170 Jennifer Road, Suite 102 | 410.224.2200

COLDWELLBANKERLUXURY.COM

*Based on closed sales volume and total number of units (based on information from Bright MLS, Inc. for the ZIP codes 21401, 21403, 21419 for properties priced \$1 million or more as reported on Feb. 8, 2022 for the period of Jan. 1-Dec. 31, 2021. Sales volume calculated by multiplying the number of buyer and/or seller sides by sales price. One unit equals one side of a transaction (buyer or seller). Source data is deemed reliable but not guaranteed. The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service, and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. Affiliated real estate agents are independent contractor sales associates, not employees. ©2022 Coldwell Banker. All Rights Reserved. Coldwell Banker and the Coldwell Banker logo are trademarks of Coldwell Banker Real Estate LLC. The Coldwell Banker® System is composed of company-owned offices which are owned by a subsidiary of Realty Executives Group LLC and franchise offices which are independently owned and operated. The Coldwell Banker System fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. 060 220309_MA_4/22



↑ Expansion of Local Firm

Franke Beckett LLC has announced the addition of two partners, Deborah F. Howe and Jonathan G. Lasley, and two new associates, Hannah M. Coffin and Regan T. Caton. The new partners will add to their existing “bench strength.” Deb Howe and Jon Lasley are seasoned estates and trusts lawyers, both with extensive experience assisting individuals and families with their estate planning needs. Keeping with the firm practice, Deb and Jon write articles and teach courses for lawyers. Both have worked on important legislative initiatives for the Maryland State Bar Association. The new associates are coming to the firm after serving as law clerks for Circuit Court Judges and have strong academic credentials. Learn more about the firm at fredfranke.com.

MARYLAND HALL APPOINTS NEW EXECUTIVE DIRECTOR

Maryland Hall’s Board of Directors recently announced the appointment of Jackie Coleman as Maryland Hall’s Executive Director. “We are honored to welcome Jackie as our new Executive Director,” says Maryland Hall Board of Directors Chair Debbie Mayer. “Her breadth of experienced as an advocate for and leader in the arts is certain to guide us as we strive to fulfill our mission of Art for All at Maryland Hall.” Coleman, an experienced nonprofit leader and advocate for the arts, most recently served as Senior Community Impact Officer at the Hartford Foundation for Public Giving in Hartford, Connecticut. While in that role, Coleman led the organization’s arts strategy and the creation of Catalyst for the Arts, an initiative to help arts organizations develop sustainable programming and operations in response to the COVID pandemic. “Maryland Hall’s vision of Art for All resonates deeply with me,” Coleman says. “I am honored to step into this position and build on the organization’s existing legacy while finding dynamic opportunities that bring the arts even further into the community.” For more information, visit marylandhall.org.



On the Green, Inc. Celebrates Silver Anniversary

On the Green, Inc.—a full-service lawn care and pest control company with central offices in Gambrills, Maryland—is celebrating its 25th anniversary this year. The company incorporated in 1997 and has developed into an industry expert on lawn care, working closely with the University of Maryland and the latest scientific developments in field of lawn care and pest prevention. Congratulations on 25 years! To learn more, visit onthegreeninc.com.



ARC CENTRAL CHESAPEAKE PROMOTES FROM WITHIN

The Arc Central Chesapeake (The Arc) recently announced the promotion of Catie Comer to Vice President of Development. In this new role, Catie will lead the fundraising strategy for The Arc and its subsidiaries by partnering with stakeholders and communities to raise awareness of the transformational work The Arc does and foster partnerships to generate resources to support our continued growth. “Over the last seven years, Catie has been instrumental in the expansion of The Arc’s development programs from expanding our Family Fund through annual giving to raising over \$100,000 for our last two annual golf tournaments,” says Jonathon Rondeau, President & CEO of The Arc. “Catie will also use her experience and knowledge to launch and manage our upcoming \$8 million capital campaign, Expanding What’s Possible.”

NEW PARTNER AT LIFF, WALSH & SIMMONS ↓

Liff, Walsh & Simmons, a full-service business law firm, recently announced the promotion of Jon McGowan to the position of Partner with the firm. Jon is a member of the Business Law, Commercial Finance, and Estates & Trusts practice groups. His business practice focuses on assisting clients in the areas of mergers and acquisitions, corporate finance and securities, and general corporate matters. “On behalf of my partners at Liff, Walsh & Simmons, it is with great pleasure that I announce Jon’s promotion to Partner,” says Jay Walsh, managing partner of Liff, Walsh & Simmons. “I applaud his devotion to becoming an exceptional attorney, particularly his tenacity.” Learn more about the firm at liffwalsh.com.



FREE STAGING

For Every Listing!

SCOTT SCHUETTER
Shrek
REALTOR® & CREW

An annual May tradition in Annapolis is the week of festivities that commemorates the U.S. Naval Academy's midshipmen Graduation and Commissioning ceremonies. The hallmark of the week is the Blue Angels air show and dramatic fly over during the graduation ceremonies.

During this week, the Blue Angels are based out of Southern Maryland's Naval Air Station on the Patuxent River. Visit PAX's Naval Air Museum to see the new FA-18B edition to their collection of historic naval aviation.

Enjoy the show and the roar that announces the beginning of summer each year!!

ART BY JOE BARSIN; CITIZENPRIDE.COM



★ Over \$350 Million in settled volume since 2008

★ Visit scottschuetter.com for Client Testimonials

Personal ★ Professional ★ Pressure Free

USNA '00

410.900.7668
SCOTTSCHUETTER.COM
SCOTT@SCOTTSCHUETTER.COM



BERKSHIRE HATHAWAY
HomeServices
PenFed Realty



CELEBRATE 60 SEASON FINALE

The season ends with a bang; season finale program begins with world premiere, anniversary commission by American Composer Jessica Hunt followed by Tchaikovsky's sublime Piano Concerto No.1 with soloist Olga Kern.



Fri, May 6 | Sat, May 7
8 pm, Maryland Hall

Sun, May 8
3 pm, Strathmore Music Center

Fri, May 20, Symphony+ Streaming

Jessica Hunt ASO 60th Anniversary Commission, World Premiere

Tchaikovsky Concerto for Piano No.1 with *Olga Kern*, piano

Rachmaninoff Symphonic Dances

ANNAPOLISSYMPHONY.ORG

410-263-0907

Everything You Need in One Team



At Bay Point Wealth, we understand it's not about the numbers. It's about taking care of your family. It's about open communication and transparency. It's about being a fiduciary.

Our talented team is dedicated to providing the help you and your family need with your financial planning, investments, and taxes. Everything you need, in one place.

The advisors at Bay Point Wealth have the experience and knowledge to help you achieve your goals. Schedule an initial planning session by calling 410-626-8198 or visit our website at www.baypointwealth.com.



410-626-8198

BAYPOINTWEALTH.COM



Constance Polamalu
ZACHARY'S JEWELERS
Annapolis, MD

Local Jeweler Named 20 Under 40 in Jewelry Retail

Jewelers of America (JA), the national trade association for businesses serving the fine jewelry marketplace, has named Constance Polamalu of Zachary's Jewelers in Annapolis as one of the recipients of the 20 Under 40 in Jewelry Retail List—a new recognition program and prestigious award that celebrates the industry's young professionals. "I was so excited to hear I was named one of 20 Under 40," Polamalu says.

"This is a wonderful honor and I'm proud to know that the jewelry industry recognizes what we do at Zachary's Jewelers as best in class!" Zachary's Jewelers owner Steve Samaras adds, "I couldn't be more proud of Constance because of the work she does every day here at Zachary's. That others see it and recognize her for it is a nice bonus." For more information about Jewelers of America's 20 Under 40 List, visit jewelers.org/ja/events-news/20-under-40. For more information about Zachary's, visit zacharysjewelers.com.

Do you have community or business news to publicize? Send What's Up? an email at editor@whatsupmag.com.



INTRODUCING 2022 TREND COLORS

A quiet theme that addresses a soulful consumer. This color palette is one of privacy, wellness, simplicity and peace.



LOTUS PETAL
PPG1073-1



PINE WHISPER
PPG1134-4



WISTFUL WALK
PPG1115



CARROT CAKE
PPG1198-5



TEA TIME
PPG1054-4



EDAMAME
PPG1030-4



IMAGINE
PPG1094-6



BURNT RED
PPG1188-7



PEACE
PPG10-28



MAGIC WAND
PPG1158-2



SILVER SERVICE
PPG1004-4



YELLOW CONEFLOWER
PPG1209-5

FOR GREAT PAINTING TIPS AND EXPERT
PAINT COLOR ADVICE, SCAN THIS QR CODE



410.260.2225
208 CHINQUAPIN ROUND ROAD,
SUITE 100
ANNAPOLIS | MDPAIN.COM

Maryland Paint &
DECORATING



© 2022 PPG Industries, Inc. All Rights Reserved. The PPG logo is a registered trademark of PPG Industries OMC, Inc. PPG836 938 1/21



TOWNE ATHLETE

Colin McCarthy

Severn School
Soccer

By Tom Worgo

Colin McCarthy has been in his brothers Devin and Jack's shadows for years. All three attended Severn School, and as Colin played as a sophomore, Devin (The College of William and Mary) and Jack (Ithaca College) were off participating at Division I programs. But the sibling rivalry paid off for Colin late in his high school career as he began to emerge as his own star. He earned *Baltimore Sun* First-Team All-Metro honors and committed to playing soccer at the United States Military Academy West Point.



BEING ABLE TO PURSUE ONE OF THE BEST EDUCATIONS ANYWHERE AVAILABLE AND PLAY SOCCER FOR A FANTASTIC PROGRAM IS GREAT. I WILL BE ABLE TO SERVE MY COUNTRY WITH A STRONG SENSE OF PURPOSE, PRIDE, AND SATISFACTION."

"Being with them and looking up to them all the time and pushing myself to be as good as them, if not better, was a driving motivation my whole career," Colin explains. "I think it definitely has been helping me get to where I want to be."

The 5-foot-8, 145-pound Colin developed his skills playing on the weekends with his brothers at fields around Crofton. He worked on shooting and being more physical. Colin also attended his brother's games regularly. "I would see the game with a different mindset and I think it made me play really well," he says.

"I would be working on my touch," adds Colin, who led Severn in goals as a senior. "I kicked the ball harder into the goal than people my age. I would say my brothers' physicality, too, helped me. It made me stronger and go into tackles harder."

Colin's dad, Mike, coached all three of his sons at Severn. The coach points to another vital thing his youngest son picked up while playing with Devin and Jack: how to get in great shape.

"He did formal training whether it was at a field or in the back yard with them," Mike says, noting Colin watching his brothers play is what

helped the most in growing as a player. "He was at every one of their games. It lent to a lot of his development."

Colin, who carries a 3.6 grade-point average, says he couldn't pass up the opportunity to attend West Point. He also was aggressively recruited by the University of Vermont, Tufts, and the Air Force Academy. "It was definitely about the life-long opportunities it presented," Colin says of West Point. "Being able to pursue one of the best educations anywhere available and play soccer for a fantastic program is great. I will be able to serve my country with a strong sense of purpose, pride, and satisfaction."

Colin had an outstanding senior year. He totaled 20 goals and 16 assists as Severn went 18-1. He earned First-Team All-County honors and a Maryland Association of Soccer Coach honorable mention selection. What probably meant more to Colin was his performance in the Maryland Interscholastic Athletic Association B Conference championship game. He scored the game-winning goal and dished out an assist as the Admirals topped rival St. Mary's, 2-0.

"He really stepped up this year and knew after the

preseason we had key things to make something very special happen,” Mike says. The 17-year-old Colin also made First-Team All-County as both a freshman and sophomore. His offensive production went up every season. He finished with 10 goals and six assists in 2018 and amassed 16 goals and 10 assists the following season to be named Severn’s most valuable player. The pandemic wiped out his junior season.

“I tried my best to create for other players as much I could and defend well,” says Colin, who played three years of club soccer for both Pipeline and the Baltimore Celtic. “So, I could be a complete player offensively and defensively.”

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.

Experience the difference OF HOLISTIC DENTISTRY

Dr. Roland offers a unique approach to dentistry designed to support Whole Body Health and bring the body back to balance.

- Natural Relief®
TMJ/Craniofacial pain
- Body Balancing Orthodontics®
Non-extraction orthodontics for children and adults
- Balanced Beauty Lyft®

To learn more about Dr. Roland's holistic approach please call 410-266-3595 to schedule an appointment.



Center for Innovative
Dentistry and Facial Aesthetics






Yasaman S. Roland, DDS, LVIF
133 Defense Hwy, Suite 103 • Annapolis, MD
410-266-3595 • drrolanddental.com



Selected as one of
America's Top Dentists
every year since 2010

We've moved!

Same great experience,
new address:

277 Peninsula Farm, Suite A
Arnold MD 21012




- The highest resolution low dose 3D mammograms
- Dedicated, fellowship-trained MD (Mayo/Hopkins)
- Meet with Dr. Amodei for same day answers
- Extensive safety measures including HVAC germicidal UV

**Call (410) 544-3331 to schedule your appointment
or learn more at www.bay-radiology.com**



Dr. Laura Amodei
Owner & Director




Your World. **Under One Roof.**

Meet Our Senior Real Estate Specialists®

Senior Real Estate Specialists®, identified by the SRES® designation have unparalleled training and experience in assisting seniors with their real estate needs.

Our Specialists are uniquely qualified to help you take the next step in buying and selling your home.

They understand that your needs are not same as the needs of a first time homebuyer or seller. Whether you are looking to retire, downsize, or join an active adult community, our Specialists have the knowledge, experience, and expertise to address your unique needs.

Our Specialists are available to consult with you in areas such as:

- Helping manage the financial and emotional changes of selling a long-held family home.
- Creating a customized plan to market and sell your property.
- Understanding your unique needs and creating a customized plan to ensure your home meets those needs now and in the future.
- Utilizing specialized knowledge in reverse mortgages, 401(k) accounts, and IRAs for your real estate transaction.

Our Specialists are available for a FREE Consultation. Contact us at 410-505-9700.

SHEENA
KURIAN



INDERA
COGGINS



MIA
ANDERSON



BERKSHIRE HATHAWAY | Homesale Realty
HomeServices

 A member of the franchise system of BHH Affiliates, LLC 

Downtown Annapolis
91 Main Street, Annapolis MD 21401
Office: 410-505-9700 | Cell/Text: 410-507-2535 | Homesale.com

RAMS HEAD *On Stage*

May Highlights

BE THE FIRST TO FIND OUT ABOUT NEW CONCERTS BY SUBSCRIBING TO OUR EMAIL LIST! VISIT RAMSHEADONSTAGE.COM

📧 RAMSHEADONSTAGE 📧 RAMSHEADONSTAGE 📧 RAMSHEADONSTAGE



May 1
Lindsey Webster
w. BLKBOK



May 3
Jeff "Skunk" Baxter
Steely Dan fame



May 4
Livingston Taylor
Folk Singer-Songwriter



May 5
**The Reverend Peyton's
Big Damn Band**



May 6
Willie Watson
Of Old Crow Medicine Show



May 13
Cowboy Junkies
#SweetJane



May 14
Matt Andersen
All Ages Matinee



May 14
Laughing Colors
Unplugged



May 15
John 5
w. The Haxxens



May 16
Victor Wooten
Bass Extremes tour



May 17
Eric Hutchinson
w. The Ballroom Thieves



May 18+19
KT Tunstall
w. Haley Johnson



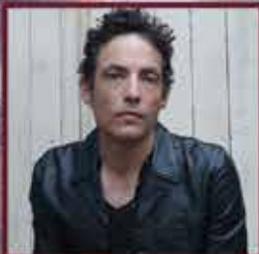
May 21
Honest Lee Soul
Album Release



May 22
The Iguanas
All Ages Matinee



May 22
Bodeans
"Closer To Free"



May 24
The Wallflowers
Feat. Jakob Dylan



May 25
Tuba Skinny
Jazz, Blues, & Ragtime



May 27
1964 The Tribute
Beatles Tribute



May 28
Valerie June
w. Rachel Maxann



May 30
**Billy Bob Thornton
& The Boxmasters**

RAMSHEADONSTAGE.COM • 33 WEST STREET | ANNAPOLIS, MD • 410.268.4545

RAMS HEAD
PRESENTS



CORINNE
BAILEY RAE
Maryland Hall June 19

MARYLAND
HALL

SEE

SOMEBODY,

HELP

SOMEBODY



By Lisa Hillman

Mental Health First Aid has become a top priority among first responders and nonprofits, who now provide training to the public

If a family member threatens to harm himself, would you know what to do?

What if a colleague shows signs of depression?

Or a teenager has a panic attack?

Over the past two years, the pandemic has wreaked havoc with our nation's mental health. According to published data (*The State of Mental Health in America*), Maryland ranks ninth best overall in the prevalence of mental illness and access to care.

This may be little comfort to anyone suffering from a mental illness—and even less to first responders who confront mental health issues every day. How do these professionals serve the public and maintain their own mental health?

This article explores how Anne Arundel County Police, Fire, emergency medical personnel, and hospital frontline staff work to protect themselves and their colleagues from harm during a mental health crisis. It also offers something you can do to help them—and yourself.

(Note: The author expresses gratitude to these professionals who shared openly about the trauma and challenges they and their colleagues routinely face.)



The Classroom

On a brisk, winter Saturday, 11 people gather in an Annapolis-area classroom. They come from government, local nonprofits, and small communities. Men and women, mostly in their 30s and 40s, are here to learn about a relatively new concept—"mental health first aid."

The attendees come with some knowledge. If a family member or colleague cut a finger or suffered a fall, they would know what to do. But how do you apply "first aid" to situations where someone is having a mental health emergency?

Hosted by the Anne Arundel County Community Foundation, the workshop is one of several offered yearlong through Mental Health First Aid USA of Maryland (MHFA), a nonprofit based on an organization originally founded in Australia in 2001. In 2008, Maryland and Missouri became the first states to adopt the program.

Severna Park resident Anne Hamel is Master MHFA Trainer with the Mental Health Association of Maryland. A self-described "recovering attorney," Hamel was a corporate litigator when the last of her three children finished high school. What to do next?

"It became clear I was to help with mental health," she says. "This is what I was called to do."

Mental Health First Aid teaches individuals, businesses, professionals, and community groups the skills necessary to respond to individuals experiencing a mental health or substance use crisis. Attendees learn how to recognize symptoms of mental health problems, how to provide initial help, and support the person until appropriate care is available or the crisis resolves.

There are two types of training: one for adults and one for adults assisting youth. A third program—thanks in part to a grant from Lady Gaga's foundation Born This Way—will teach teens to recognize problems in their peers.

"Too often," says Hamel, "when we don't know what to do, we don't do anything at all."

And that's not tolerable in a society where the pandemic has increased mental health and substance use problems. Hamel believes now is an opportune time to promote first aid for mental health because "nothing in the history of humanity has raised the public's awareness of mental health challenges more than this pandemic."

Since the program's inception in Maryland, more than 47,000 people have been trained in 3,700 sessions. Nearly 1,000 have been trained as instructors.

Among the first to certify as an instructor was Marguerite Keane Gibbons. A clinical social worker for more than 30 years, Gibbons is a counselor at Archbishop Spalding Senior High School and an adjunct professor in Anne Arundel Community College's parent center. She has taught hundreds of classes, including local workshops.



The instructor sets the tone. The goal for the day is to help attendees learn how to prevent harm, promote recovery, and perhaps save a life. "It's like knowing CPR," Gibbons says. She echoes Hamel, "In the absence of not knowing what to do, we tend to do nothing."

*The class learns a basic mnemonic: ALGEE
Action A: Assess for risk of suicide or harm.
Action L: Listen nonjudgmentally.
Action G: Give reassurance and information.
Action E: Encourage appropriate professional help.
Action E: Encourage self-help and other support strategies.*

Gibbons says, "People remember the steps of ALGEE. To assess, listen, give, and encourage. They are more willing to ask, 'Are you ok?'" Adds Hamel, "This curriculum changes lives. It combats stigma. It opens the parallels between physical and mental health."

A longitudinal study supports their findings. The National Council for Behavioral Health, which operates Mental Health First Aid in the United States, conducted a review of individuals after three and six months following their training. The results found (1) that individuals have greater mental health literacy, (2) are able to identify and combat stigma, (3) and have greater confidence and willingness to assist someone having a mental health challenge. Lastly, they report better mental-health well-being for themselves.

Hamel and Gibbons stress that the course is open to everyone. Their goal? "To have everybody take it."

The class ends as snow flurries fall across Annapolis. Each participant receives a certificate acknowledging the bearer has been "trained to provide initial help to people experiencing problems such as depression, anxiety disorder, psychosis, and substance use disorders."

"This curriculum changes lives. It combats stigma. It opens the parallels between physical and mental health."

Anne Arundel County Police: When Peer Support Matters

In 2018, Anne Arundel County Police Lt. Steven Thomas was named one of the top 100 Mental Health First Aid instructors in the country. A leader with Anne Arundel County's Crisis Intervention Team, Thomas is proud that AA County is one of the first major police departments in the state to train all members in Mental Health First Aid. The course is basically the same as that offered to the public, but modified as a public safety version. Thomas credits this training with a 21 percent drop in the use of force. He has conducted scores of classes for police and sheriff departments across Maryland, including a specialized, three-day training for groups and individuals with the U.S. Capitol Police following the January 6, 2021, insurrection

In addition to the basic course, 191 officers have received training as members of the Crisis Intervention Team. All volunteer for this duty. Thomas says he wants "police who have a passion to want to help."

And help they do. Police often assist with mental health concerns that the public rarely sees. For example, officers trained in crisis intervention respond to Safe Station calls, the county's unique program where anyone with a substance use problem can show up at a fire or police station and receive help.

But what the public rarely considers is the impact the profession has on the officers' own mental health. The image of a police officer with a badge and a gun, tall and tough, able to assist in any crisis, runs counter to having a mental health struggle. The "blue line" never falters, right? In fact, a conversation about training in mental health for the public quickly turns to what police need for their own mental health.

"After all," notes Thomas, "we're human. How we react to a situation is based on our human experience and world view."

In 2015, Thomas began a "peer support" program based upon the teachings of the International Critical Incident Stress Foundation (ICISF). Founded in the 1980s by two Marylanders, Dr. George Everly and Dr. Jeff Mitchell, ICISF provides training to individuals who are part of a crisis management team. It fosters peer-to-peer support to help individuals process challenges they may face following an event.

Thomas uses the expression "when our worlds collide" to convey how an officer may react to an incident where he relates personally. It happens often. An officer responds to a SIDS baby (Sudden Infant Death Syndrome) and his mind flashes to his own infant at home. An older person dies, and the officer thinks of his elderly parent.

As soon as possible after these events, officers hold a "debriefing," a formally-led review of the incident which typically happens within a day or two afterwards and includes everyone who was part of it. Leaders acknowledge that an unfounded fear of having a gun or car taken away may make an officer reluctant to seek help. A "macho" culture can forestall admitting need for support.

"We watch out for our officers in traumatic situations," Thomas says. "We don't want them bringing that trauma home to the spouse or family."

Or worse. According to national reports, suicide is a major factor in police deaths. Often under-reported, there is even an organization that tracks suicide among first-responders. Founded in 2015, Blue H.E.L.P. seeks to reduce mental health stigma and urges help for post-traumatic stress among police, fire, emergency medical personnel, and 911 tele-communicators.

Thomas says, "We want the public to know that trauma is part of our lives and that officers experience it frequently. We see the worst of the worst, but we have a system in place to assist them at those times."



"How we react to a situation is based on our human experience and world view."

Anne Arundel County Fire: Focusing on the Team



"We're often the first ones on the scene. We see things most people don't."

"In many ways it is easier for us," says Trisha Wolford, Chief of the Anne Arundel County Fire Department, comparing mental health training to that of the police: "We are so used to teams. All our training is team-based. The firehouse is a family. We break bread together."

Wolford admits that mental health is becoming a leading issue in fire service. Alcohol and substance abuse are on the rise. Marriages suffer and divorce is common.

"After all, we're often the first ones on the scene. We see things most people don't," Wolford says.

Like police, all Anne Arundel County firefighters are trained in Mental Health First Aid. Since 2015, it has been standard training and is now part of Day Two at the Fire Academy. The department follows protocols set forth under Critical Incident Stress Management, or CISM, a highly-structured process for helping those involved with a traumatic event to share their emotions and receive further help if needed.

Battalion Chief Paul Doherty oversees the Peer Support Team and is very open about the need for mental health support. In 2016, he "softened" the CISM approach to focus on peer support. Peers receive special training and are embedded into all ranks, thus ensuring "if you are hurting you can go to anyone."

A pediatric call or teen suicide can be especially scary. Also frightening are "May Day" calls, when one of their own is in trouble. As they describe it, firefighters enter a house that is pitch black. They only have so much air. They can't breathe and then call out "May Day." A 911 dispatcher picks up. In such cases it is not unusual for the firefighter to leave the job unless someone intervenes.

"Defusings" can help. A little less formal than a debriefing, it usually occurs right after the incident or, as Doherty explains, as soon as the crew can get back to the station from the hospital, restock equipment, clean up their gear, shower, eat, and sit down together. The department averages two to three per week. Defusings always follow a pediatric incident and conversation is always 100 percent confidential.

Says Doherty, "These sessions expose everything to everyone, so if someone is feeling guilt or self-blame when it's not warranted, it helps. You can see the mood lighten."

Doherty has conducted defusings for BWI, the Naval Academy, and Patuxent River Naval Air Station, where his team stayed a full month due to a suicide. Currently, 55 members serve on the team and 10 more are joining, including four who are communication operators.

He is especially sensitive to the 911 tele-communicators. "Most are civilians with no fire background. They haven't experienced a fire or cardiac arrest or learned how to handle these situations." To help, he has started bringing them into the defusings.

Like police, suicide with firefighters also is a major concern. Some 200 members of the department are also active military, a group with 17 suicides a day nationwide. Doherty says there have been 11 attempted suicides or suicide ideation in the past seven years. All eleven are still working, a not so small triumph thanks to the mental health first aid training.

"There's no bonus for this kind of work," Doherty notes. "We do it because we want to."

For frontline healthcare workers in Anne Arundel County's two hospitals, the challenge is similar. Not only do they need to learn how to care for patients coming into their emergency rooms with mental health problems, but also how to care for themselves.

Both Luminis Health Anne Arundel Medical Center (AAMC) and University of Maryland Baltimore Washington Medical Center (BWMC) have dedicated staff and facilities to care for behavioral health. In 2020, AAMC opened the McNew Family Medical Center, a 16-bed inpatient hospital along with outpatient services and a psychiatric day hospital. BWMC serves patients with mental health problems in its inpatient Behavioral Health Unit and across a network of outpatient services.

Cindy Radovic, AAMC's Clinical Director for Mental Health, oversees both the Emergency Department and inpatients in McNew. A 35-year veteran of the field, she underscores that "when staff see a patient in the ED they know they are seeing them at their worst. It can be very taxing and emotionally draining for staff."

Similar to their police and fire counterparts, ED staff are trained in non-violent crisis intervention training—what Radovic calls "de-escalation training that is based on compassionate, 'trauma-informed' care." They also conduct debriefings as soon after an incident as possible. A cup of coffee, a walk outside. "It doesn't sound like much," Radovic says, "but staff appreciate it." Nancy Gardner, Director of Behavior Health at BWMC, encourages staff to strive for "work/life balance." Peer support also is critical.

More than a decade ago, AAMC nursing staff developed C.O.P.E., a program that stands for compassion, outreach, peer, encouragement. COPE enlists employee-volunteers who are trained using Critical Incident Stress Management (CISM)—similar to police and fire—to offer individual or group debriefing services for fellow employees after stressful events.

Radovic finds it interesting that ED personnel seem to use services like COPE the least. "Staff who choose emergency medicine thrive on adrenaline...and that keeps them powered to do the difficult work they do."

Still, she emphasizes that there is much room for improvement in how staff care for each other. "We need to take care of staff equally as we take care of patients."



Hospital Emergency Rooms: Caring for Both Patients and Staff

"We need to take care of staff equally as we take care of patients."

A FINAL NOTE

Given the complexities of life today, it is no surprise to discover that first-responders in AA County—across their individual organizations—are all schooled in Mental Health First Aid. The county also can take pride in that many of Maryland's lead instructors are county residents.

What Mental Health First Aid teaches is open and available to everyone. Do we owe it to our first-responders, and to each other, to learn it, too?

"When you drill down, we are our brothers' keepers," Anne Hamel says. "There are never enough professional eyes on us. Providers can't always be looking. We are the noticers. We are trained to notice and hear. This is a community empowerment mission. Because when we don't have the tools, we look away."



LEARN TO HELP

To learn more about Mental Health First Aid or to enroll in a class, contact www.MHFAMaryland.org

PHONE NUMBERS TO KEEP CLOSELY:

The National Suicide Prevention Hotline
1-800-273-TALK

Anne Arundel County Warm line
410-768-5522

Maryland's help line for local services:
211, press 1

The Ride-Along

By Lisa Hillman

A recent ride-along with an Anne Arundel County Fire Department EMS Battalion Supervisor and paramedic provides deeper insight into how first responders sustain their mental health.

The author thanks the AACo Fire Department for this rare glimpse into a “typical” day.

A Little ADD Helps

Lieutenant Paramedic Holly Hathaway, an EMS supervisor, is our “host” for today’s ride-along. A 16-year veteran of the department, she became a paramedic at age 20. Her truck-sized chase car carries a locked box that holds fentanyl, ketamine, and versed. She finds it ironic that at age 20 she could administer powerful narcotics “but I couldn’t drink.”

Hathaway is everything you’d want in a firefighter and paramedic: high energy, fit, clear-headed, friendly, and in love with her job.

“This is the best job in the world,” she says, a theme repeated throughout the day. But she admits the culture is complicated. There is a lot to learn. Her speech is laced with three and four-letter abbreviations, like a new language. Listening to her or watching her interact with colleagues, it is clear there must be innate qualities that help a firefighter succeed.

“Some form of ADD (*attention deficit disorder*) helps,” Hathaway says. “Prefer working with your hands. A problem-solver. Someone who doesn’t mind chaos or confusion.”

The traits aptly describe her. During the ride-along she visits BWMC’s emergency room, three fire stations, headquarters—called Logistics—and responds to two calls, all before noon. She is rarely still and always focused on the eye-level scanner in her car, even while listening to her “ride-along” pepper her with questions.

“Our whole existence is to be ready,” she stresses. “We’re the problem solvers. People come to us for everything.”

The Call

The dispatcher calls out a cardiac arrest, one of 600 that occur in AA County every year. It is a 40-year-old woman. No reason is given. She is young to have a heart attack.

As a Battalion supervisor, Hathaway is dispatched only to high priority calls that include cardiac arrests, shootings, and mass casualties. Her siren now blaring, she races to the one-story home in an otherwise quiet residential neighborhood.

Four police cruisers, an ambulance, a fire engine, and fire truck converge on the narrow street. A teenager appears frantic at the door. Paramedics and police fill the home’s narrow hallway. Minutes later the woman is alert and responding. It was a drug overdose. Narcan revives her within seconds.

Once outside, as police depart and the fire truck slowly rolls away, one young firefighter leans against the bumper of his ambulance. This house is known to him. His crew has been here before, many times.

“It’s just so sad,” he says. And he says it again, and again. Hathaway remains at his side, among the last to leave.

Taking care

Fire Company 26—South Glen Burnie Fire Station—is the busiest station in the county. The crew takes great pride in responding to the high volume of daily calls.

Lt. Mike Jordan has been with the department 14 years. Like Hathaway, he loves the job but also understands its pressures. “You gotta get back on the truck.”

Even though firefighters typically work only eight days a month, they are “on” for 24 hours. Before and after each shift is the “work-recovery” period. Jordan’s calendar



marks in bright yellow a six-hour block for the next day. “That’s total down time. You need that to recover.”

He and Hathaway talk about “sleep debt.” Even if they try to sleep at the firehouse, they admit “We don’t really sleep. If you don’t do something to pay off that debt, you’re going to have a hard time. It’s going to catch up with you.”

Outside hobbies help. Jordan says, “Having a non-fire department job is essential.” For him, it is flying. He pilots single engine airplanes with the Clearview Flying Club just outside Westminster where he lives. “At 5,000 feet I can’t think of anything else.”

The crew spends time between calls cleaning not only the outside of the fire house but also inside. Unlike most government buildings, fire stations receive no janitorial services. Their occupants take pride in shining them themselves. They clean and re-clean equipment, check gear, restock supplies, wash the vehicles, and suds up the engine bay floors.

Jordan says, “If you take care of your fire engine, it’ll bring you home every time.”

Much More Than Lunch

Home is very much how firefighters view their workplace. A feeling of family pervades each firehouse. Perhaps it is that culture, more than anything, that nourishes and sustains these men and women.

Unless a call comes in, mealtimes are sacred. Each member puts in \$5 to purchase food and keep the pantry stocked. Cooking and cleaning duties rotate.

Today, Hathaway joins the crew at Glen Burnie Fire Station 33. She takes an open seat at a long table set with plates, napkins, and silverware. The buffet offers healthy choices: salad, grilled chicken, and chips. When lunch begins, there are four firefighters, mostly long-term employees. Soon two more drift in. And by the time Hathaway leaves, another group of three has taken seats.

The department is young. The average age is 18–36. Mingling at mealtimes with veterans becomes routine, and important.

A 12-year firefighter says “We solve the world’s problems here.” It’s where rookies and “old guys” come together, where “wisdom and knowledge get passed on.”

Lt. Dustin Zahm, a 16-year member of the department, is an Iraq war veteran who readily shares he was diagnosed with PTSD. “We’re all adrenaline junkies, Type As,” he says. What helps him endure the hard part of his job? “It’s important to be able to open up to your crew, to the people closest to you. It’s more of a lifestyle than a job.”

Several around the table admit humor helps, too. It may be “dark” but it is one of their best coping mechanisms. Sometimes the situations are just, funny.

What does Todd Baldwin, a 26-year veteran of the department, do to stay mentally healthy? He vacuums. Each morning he runs the vacuum in his home across each section of carpet until he is satisfied it is perfect, again. He’s also known to have a soft heart. When a call came in about baby ducks washing down a storm drain, Baldwin rescued them and took them home. He was devastated when they grew up and flew away, and he shows anyone who will look a photograph of a chick nestled against his chest.

Best Job in the World

Protecting people—as well as animals—drives them all. Responding to more than 90,000 calls a year, these professionals fight off bad memories. But some remain.

Hathaway recalls a horrific image. “I will never forget it,” she begins. “I had to scoop up this 16-year-old boy from the highway, his leg like jelly.” Recalling the nightmare of that moment, when she spots teenagers walking or riding bikes too close to traffic, she pulls off the road and lectures them on the spot.

Leader that she is, she looks out for the newer members. “Kids come to us and want to be ‘salty firemen.’ Then they learn that 80 percent of our calls are for EMS. And that’s stressful.”

Hathaway says, “We try to create a culture of physical and mental fitness. We do it because we love it.” And she ends the ride as it began. “It’s the best job in the world.”

“Our whole existence is to be ready. We’re the problem solvers. People come to us for everything.”

Paca Girlfriends Party

Wednesday, June 15, 2022
Tickets on sale at pacagirlfriends.com



The Paca Girlfriends Founding Committee with major donor Cheryl Diane Beatson (front row center) and Paca Girlfriends Honorary Chair, Maryland First Lady Yumi Hogan (back row).



Women enjoy friends, food, flowers, pacatinis, shopping and music each year in the William Paca Garden.

"Paca Girlfriends is a network that learns from each other, creates new opportunities and supports the next generation of leaders."

—Judi Herrmann, Paca Girlfriends Founder & Chair

Inspiring Women



Longtime friends and caterers of the Paca Girlfriends Party Katie Wildt and Lauren Upton.



Our signature cocktail "The Pacatini" paired with creative bites.



Extraordinary shopping in our festive outdoor marketplace.

Over the past 100 years, American women have been making their voices heard. Right here at home, **Historic Annapolis** has been listening to women – and acting on their vision – since 1952.



Now in its 14th year, the Paca Girlfriends Party has evolved into a showcase for women entrepreneurs – both established and start-ups – who not only get to promote their businesses to other women but inspire others to take their careers to new heights. A true testament to the power of women, the event is now not only a highlight of the season, but also one that has raised more than \$1.25 million to support Historic Annapolis and the William Paca Garden.



PRESERVE. PROTECT. CONNECT.

Join Us

**The 14th Annual Paca Girlfriends Party
June 15, 2022**

For more information and sponsorship opportunities, please contact **Judi Herrmann** at judi@herrmann.com or (410) 267-6522 ext. 1.



TICKETS: PACAGIRLFRIENDS.COM



NANCY HAMMOND EDITIONS



WALKING IN THE CREEK, A NEW RELEASE BY NANCY HAMMOND
OFFERED AT INTRODUCTORY PRICING THROUGH MAY 31ST

S/N LTD ED GICLEE PRINT, 32" X 48"
SIGNED ARTIST PROOF, 40" X 60"

OPEN DAILY · 192 WEST STREET, ANNAPOLIS MD · 410-295-6612 · NANCYHAMMONDEDITIONS.COM

Your Historical Luxury Specialist

I am YOUR dedicated Annapolis Historical Luxury Home Specialist. My years of loyal service to my clients and my community is unsurpassed. If you are looking for someone with the experience and love of community to guide you through purchasing or selling your Historical Luxury Home, you will want me on your side! Call me TODAY!

BERKSHIRE HATHAWAY | Homesale Realty
HomeServices

 A member of the franchise system of BHH Affiliates, LLC 

LUXURY
COLLECTION

91 Main Street, 2nd Floor, Annapolis MD 21401
C (410) 533-8610 | O (410) 505-9700



ARUNDEL LODGE GALA

SAILING UNDER THE STARS



SILENT AND LIVE AUCTIONS, GAMES, DINNER AND DANCING AND A FEW SURPRISES!

ARUNDEL LODGE ANNUAL GALA
SATURDAY JUNE 11, 2022 - 6-10PM
THE BYZANTIUM EVENT CENTER
2747 RIVA ROAD, ANNAPOLIS, MD



Since the late '70s Arundel Lodge has been serving the community as a resource for behavioral health and substance use issues. Families, individuals, veterans and deaf and hard of hearing can receive help on their journey regardless of their insurance situation. The annual gala supports the programs and services Arundel Lodge offers and all funds raised go directly to clients we serve.

Please contact Mary Henry, Development and Marketing Director, mhenry@arundellodge.org for more information about sponsorship and donations.

The majority of magazine readers who notice print advertising take action

Actions taken as a result of seeing print advertising*

any action taken	68%
have a more favorable opinion about the advertiser	20%
looked for more information about the product/service	20%
visited their website	18%
recommended the product or service	17%
visited a social media site/app	14%
cut out or saved the ad	9%

*Among those who noted an ad
Note: Includes all ads, size/color and cover positions
Source: MRI Simmons, Starch Advertising Research, January - December 2020

WHAT'S UP? MEDIA
DIGITAL MAGAZINES EVENTS

CEDAR counseling & wellness



You don't have to do it alone.

Cedar Counseling & Wellness provides compassionate, specialized mental health care to Annapolis and the surrounding areas.

Individual Therapy

Our seasoned therapists specialize in treating depression, anxiety, trauma, chronic stress, and more. Appointments available in-person or via telehealth.

Couples & Family Therapy

Relationships can be a source of joy and a source of significant pain. We provide couples counseling and family therapy to help you create healthier, more satisfying relationships. Appointments available in-person.

Support Groups

Participate in therapeutic groups centered around topics such as stress-management, self-care, skill development, anxiety, depression, and more.

Our specialists are on standby, ready to help you. Contact us today. 443-924-6344

info@cedarcounselingandwellness.com • www.cedarcounselingandwellness.com

@cedarcounselingandwellness



Wellness House
OF ANNAPOLIS

We are the first in line to help our community when someone hears,

“You have cancer.”

In 2021, our new members increased by 40%, and member visits have increased by 1,000 since the prior year.



Teri Jacobson with Cathy Willauer

Wellness House of Annapolis, founded in 2007, provides free support programs for all individuals diagnosed with cancer, their families, and their caregivers. We have 35 programs and services including yoga, meditation, reiki, seminars on progressive treatment options, one-on-one counseling, support groups, and children’s programs. All are provided in-person and through Zoom.



A HOME FOR HEALING

Wellness House of Annapolis provides therapy and other support services to help individuals and families with cancer.

In the past twelve months, counseling visits have increased over 200%!

Visit us at www.annapoliswellnesshouse.org/ or call us at 410-990-0941 for more information.



MARYLAND
ONCOLOGY
HEMATOLOGY

THE GEATON &
JOANN DECESARIS
family foundation, inc.

WHAT'S UP? MEDIA

DIGITAL MAGAZINES EVENTS

Acierno Family
Foundation

Lehmann Family
Legacy Fund

Jim & Linda
Humphrey Foundation



Annapolis Wellness Corporation is a 501(c)(3) non-profit organization EIN/Tax Id Number: 20-5764752. All donations are tax deductible.

You can give online at annapoliswellnesshouse.org/donate or by scanning the QR code to the right with your mobile phone.

For more information, please e-mail lisap@annapoliswellnesshouse.org



HOW we teach is as important as WHAT we teach. Summit is a school where DIFFERENCE can mean EXCEPTIONAL, where essential learning outcomes are identified and measured.



"When I came to Summit, it was like someone gave me the keys to my brain."



Highly-trained teachers maximize students' strengths and support areas of weakness.



THE SUMMIT SCHOOL
Serving bright students with dyslexia and other learning differences

The Summit School is the only school in Anne Arundel County dedicated to teaching bright students with learning differences in grades 1-8. Summit empowers students and prepares them for success in high school and beyond. *With a strong foundation, the possibilities are endless.*

Edgewater, MD • www.thesummitschool.org • 410-798-0005

THANK YOU TO OUR BACKYARD BASH SPONSORS

Proceeds from Summit's Backyard Bash benefit our unique program, enhance our ability to reach students in need, and support our dedicated faculty.



DirectMail.comTM



M&T Bank
 Understanding what's important[®]



Dr. Joan McCarthy & Mr. Kevin McCarthy • Shore Studio Property Styling • Chris & Lisa Smith
 Purple Cherry Architects • Driven • Insurance Force • Nick Stellway, CCIM • Margaret & Michael Duffy
 BuilderGuru Contracting • Anne & Jay McConnell • Harmony Wealth Advisors • Baldwin Turf Solutions
 Omega Fire & Life Safety • MCNELIS Associates • Reliable Contracting • Thompson Creek Windows

Hospice of the Chesapeake wishes to thank our generous sponsors
of our spring gala, *An Evening Under the Tuscan Sky*

Platinum Sponsor

The Wilburn Company

Gold Sponsors

Greenberg Gibbons Commercial Corporation

The Jim & Linda Humphrey Foundation

Silver Sponsors

The Michael Stanley Foundation Fund

Kaiser Permanente

Bronze Sponsors

All Green Management, Pat Taylor

John & Cathy Belcher

Tech USA, Inc., Thomas B. Howell, Sr., Founder

University of Maryland Baltimore Washington Medical Center

University of Maryland Charles Regional Medical Center

Copper Sponsors

Bay Point Wealth, Bill and Chris Hufnell

Amy Castleberry

Maria Colucciello, DDS

Randy Fisher

HM2 Buck for Hope Foundation

Michael & Tammy Hofmann in honor of Stephen & Challie Samaras

John & Terri Hussman

Maryland Oncology Hematology, Dr. Weng

Mission Escape Rooms, Jason Cherry

Next Day Floors

Purple Cherry Architects

RH Fewster Painting Co. Inc.

Shore United Bank

Sturbridge Homes



hospice of the
chesapeake
Foundation

PEACE &
Amore

making our world a



Better
Place

by Gary Jobson

the importance of philanthropy in our communities and best practices to fulfilling the mission

The term “philanthropy” is defined as “the desire to promote welfare of others, expressed especially by the generous donation of money to good causes, time, and other forms of altruism.” In our region there are hundreds, if not thousands, of charities that rely on support from gifts. Americans tend to be open to donating to worthy causes. American tax laws generally allow for a deduction for donations, which helps motivate giving. Nonprofit organizations have been essential in raising funds to support a long list of causes including faith groups, healthcare, education, welfare, sports, environment, and historic museums. The most thriving charities focus on their core mission and are successful by making a compelling case to potential donors. While it might be too strong to say that everyone has a duty to help others, there is a reward and a good feeling for lending a hand to people in need or who are working to make our world a better place.

I have been involved with several nonprofit organizations over the years and have learned some of the techniques that are effective. There are many sad stories of charities who start out with good intentions but fail when most of the money gathered is used to, in turn, raise more money. An organization named “Charity Navigator” rates the efficiency of nearly 200,000 charities. It is a good resource to study before sending a contribution. I advise checking the financial information of a charity’s Internal Revenue Service 990 form. These forms are easily found on the internet. The information will give you confidence that your funds will be used appropriately.

One nonprofit museum I am involved with needed a hefty dose of funding to completely renovate a historic building and add modern interactive displays. The facility was closed for the work and there was no revenue other than donations. The Board of Directors was charged with raising the funds. It was going slowly. A development committee was activated but that group also struggled to raise the necessary funding. The next step the Board took provides a helpful lesson on how to raise funds. The Board asked five members to serve on an ad-hoc committee to work on the project. The new group was given six months to raise \$5 million. It looked to be a daunting task. I was one of the five committee members. Our first act was to hire a skilled manager to help us make our case.





GIVE A CHILD A VOICE

CASA is central to fulfilling society's most fundamental obligation by making sure a qualified, compassionate adult will fight for and protect an abused and neglected child's right to be safe, to be treated with dignity and respect, and to learn and grow in the security of a loving family.

**BECOME A
VOLUNTEER**

ANNE ARUNDEL COUNTY CASA

8 Church Circle, Suite H-103 • Annapolis, MD 21401 • AACASA.ORG

SAVE THE DATE!

November 5, 2022
The Westin Annapolis



2022

CASAblanca

Gala



F4AC

FISH FOR A CURE

NOVEMBER 5, 2022

www.FishForACure.org



REGISTRATION IS OPEN!



MAKE WAVES

in cancer care for patients
and their families.



COMPETE

for biggest fish and
most dollars raised.



CELEBRATE

a great day on the Bay at an
in-person Weigh-In Party.



GET HOOKED UP

with awesome swag from
your favorite local businesses.

We are excited to share that registration for the 16th Annual Fish For A Cure (F4AC) Tournament is now live! Register your crew today for the F4AC Tournament, Paul C. Dettor Captain's Challenge, and Weigh-In Party to be held on Saturday, Nov. 5, 2022 at the South Annapolis Yacht Centre.

For more information, visit us at: www.FishForACure.org

**JOIN US IN 2022 AS WE CELEBRATE CONTINUED COMMITMENT TO
MAKING A SPLASH IN CANCER CARE FOR OUR COMMUNITY.**

Our committee met every Monday morning. I quickly learned that you did not want to be on the call and not have raised something over the previous week. We drew up lists of potential donors and assigned one or two members to make the calls. The manager would follow up with a package of materials that included a brochure, a personalized letter, a link to a few videos, and relevant financial information. Each week we would compare notes and fine tune our pitch. Our project got off to an encouraging start when we received several donations.

We invited prospective donors to the facility to get a first-hand look at the construction progress and learn about our vision to attract visitors. Our manager did research on the capacity of the potential donors. At these receptions, the committee members took turns talking with the guests. We limited the attendance to 25 people. Drinks and snacks were provided but the guests spent most of the time listening to our formal pitch and touring the facility. It was a good sign that the guests were more engaged with the program than the snacks. The first reception netted \$600,000. We were inspired and pressed forward. At the end of six months, we had exceeded our goal and the museum had the funds to complete the project, open debt free, and be able to operate for two years as revenue sources were put into action.

For additional perspective on the importance of philanthropy to organizations and, indeed, the entire community, I spoke to five managers employed by local nonprofits. Each person was passionate about their mission. (For the record, I have served on the Boards of four of the organizations I spoke with).

Jan Wood is the president of the Luminis Health Anne Arundel Medical Center Foundation and has been working in healthcare fundraising for fifteen years. She makes a strong case: "Hospitals touch every family at every stage of life. To meet our growing needs, we must have investment of philanthropic dollars." Wood says the hospital's needs have changed due to the Covid pandemic. "It forced us away from event fundraising and face-to-face contact with donors. We've had to find new ways to connect and maintain the quality and closeness of those relationships."

Suzanne Armstrong is the Vice President of Development of the Chesapeake Bay Trust and explains what donors look for: "Some are motivated by quantitative data and what their gift will accomplish, and others love a story that demonstrates human contact. Many will have a personal tie to the mission. Stories are memorable and storytelling has been a powerful tool to build connections." Armstrong suggests that the "ask" needs to be tailored to the individual donor. And, most importantly she adds, "People give to people."

Storytelling has been a powerful tool to build connections.



Alice Estrada is the President/CEO of the Annapolis Maritime Museum. She explains how her organization makes asks. "We take every opportunity to spotlight our accomplishments like our restoration of the skipjack *Wilma Lee*,

We believe it is important to provide a personal touch that welcomes donors at all levels to give again.

servicing underprivileged kids, and our exciting, state-of-the-art exhibits. We emphasize that their contribution provides a great return on investment in terms of impact in the community."

The open campus of St. John's College has been an iconic institution in downtown Annapolis since its founding in 1696. Kelly Brown is the Vice President of Development and uses a straight-forward approach to fundraising. "I start with understanding what is most important to them. We match the donor's passion with our need. It is individualized to each person. Scholarship support goes directly to students to keep tuition low and access to St. John's for all. This message resonates with many, many donors."

Historic Annapolis' President and CEO, Robert Clark, points out that his organization has been in operation 70 years and works to, "Maintain, interpret, and conserve 13 historic buildings of the rich history of Annapolis. We have impacted the quality of life for residents. We welcome all gifts, even the smallest

We emphasize that their contribution provides a great return on investment in terms of impact in the community.

of donations are critical to sustaining an organization. We believe it is important to provide a personal touch that welcomes donors at all levels to give again. Larger gifts are typically restricted toward a particular project or program."



One important lesson I learned from these five leaders is that education is an essential ingredient of their respective missions. The Chesapeake Bay Trust works with over 80,000 school children on environmental projects each year. The Trust believes that young people will be good stewards of our world if they learn to appreciate the environment at a young age. Estrada reports that education is the cornerstone of the Annapolis Maritime Museum. “We had a banner year with 12,000 youth participating in our various environmental education programs,” she says. “Last year we hosted 85,000 visitors.” She points out that the museum’s logo is proudly displayed on the *Wilma Lee*, which had a total of 2,800 passengers sail on her in 2021.

St John’s offers courses and lectures to the public each year. Brown notes that during Covid, “We learned how to offer content online, which we’ve never thought to do before. So, there are some silver linings in this pandemic. We had to learn to do things out of our comfort zone.”

Covid has dramatically changed things. It has created an urgency for giving to help us to maintain high-quality care.

The medical staff of the hospital is continuously working to keep the public educated about healthcare methods to practice and embrace. The Covid pandemic era has been particularly challenging to these and

other nonprofits. Wood says, “Covid has dramatically changed things. It has created an urgency for giving to help us to maintain high-quality care.”

Clark says a nonprofit has to be nimble and willing to adapt. “The pandemic has required us to streamline and

be more creative in our programming and revenue sources. Virtual lecture series are increasingly popular.”

Armstrong says the fundraising and philanthropy sectors in 2014 sought to learn from the popular “Ice Bucket Challenge.” “We studied the techniques they used to convert ice bucket participants into long-term donors and educate them about ALS disease.” Everyone I spoke with say they work with other nonprofits and compare notes on how to be effective. While the missions of each organization are different the quest to secure adequate support is universal.

At the end of every year, I receive dozens of requests for donations. The mailings create quite a large stack of letters and convenient envelopes. It can be confusing deciding which organizations to support. As a practice I like to spread out donations throughout the course of a year. I usually focus on specific projects that seem important. My priorities change over time. Most of us have limited funds, but I have learned that every gift is appreciated and with a little research you can choose charities that are working on a mission that is important to you.



Gary Jobson is a world-class sailor, television commentator, author, longtime resident of Annapolis, and pre-eminent ambassador for sailing of the United States. He either serves on or has served on the boards of Operation Sail, US Sailing, Olympic Sailing Committee, Leukemia Cup Regatta Series, Annapolis Yacht Club, National Sailing Hall of Fame, Chesapeake Bay Trust Board of Directors, and Visit Annapolis, among many others.



With Your Support, Families Thrive

RAISING A CHILD WITH A DISABILITY ISN'T JUST HARD – IT'S EXPENSIVE AND ISOLATING. AND, THE PANDEMIC HAS ONLY CREATED A GREATER NEED FOR SUPPORT AND SERVICES IN THE COMMUNITY.

At The Arc Central Chesapeake Region, we connect families to the resources they need.

Whether that's Family Navigation, empowering them to advocate for what they need at school, or grant programs like the Family Fund or Holiday Giving – The Arc is a partner at every step in their journey.

Since 1961, families have turned to The Arc for a trusted partner in helping their child succeed.

Your gift connects families to the resources they need to grow and thrive.

Support The Arc, and make a difference today.



www.thearcccr.org/whatsup


The Arc
Central Chesapeake Region

YWCA 100TH ANNIVERSARY SOIREE

In celebration of our 100th
anniversary, join us for:

- Dinner, hors d'oeuvres and open bar
- Live & silent auction
- Gaming tables
- Wine & whiskey wall
- Music & dancing with the Real Geniuses Band
- Black Market Bakers dessert truck

Tickets & sponsorships available
at annapolisywca.org.

For more info: 410.626.7800

MAY 13, 2022
6:30-11:30 P.M.

WESTIN ANNAPOLIS



eliminating racism
empowering women
ywca

1517 Richie Hwy, Suite 201
Arnold, MD 21012

Presenting sponsor:



Maizead M. O'Reilly, DDS, MS, PA
Orthodontics and Dentofacial Orthopaedics



Luminis Health

DRIVERS & DIAMONDS

Presented by The Brick Companies



Friday, June 3 & Saturday, June 4, 2022

Queenstown Harbor Golf Course

A Masters-like Golf Experience comes to our region! Drivers & Diamonds is a two-day invitational golf extravaganza in Queenstown, bridging together a golf and entertainment event to support mental health and addiction services across our area. This fantastic sponsorship opportunity is the perfect way to entertain friends, clients, and cultivate new business – all while supporting a great cause!

Many mental health services are not reimbursed by insurance, making community support vital to providing comprehensive mental health and addiction care to all. That's why in June 2022, Luminis Health Anne Arundel Medical Center (AAMC) and Doctors Community Medical Center (DCMC) will pair up to support mental health and addiction services on both sides of the Chesapeake Bay Bridge through the first Drivers & Diamonds golf tournament. All proceeds will benefit mental health and addiction care services at both Luminis Health AAMC and DCMC.

For more information, please visit: driversanddiamonds.org

Join Our Growing List of Sponsors

PRESENTING SPONSOR

The Brick Companies

INVITATIONAL SPONSOR

Truist

DRIVER SPONSORS

Carrollton Enterprises
CFG Bank
NAI The Michael Companies
The Albert W. Turner
Charitable Lead Annuity Trust

DIAMOND SPONSORS

Aerotek
Anderson Fire Protection, Inc.
Annapolis Radiology Associates
Bank of America
Biana & Steve Arentz/Coldwell Banker Realty
Bo's Effort
Eagle Title
Johns Hopkins Medicine
Liff, Walsh & Simmons
Liquified Creative
Long Roofing
Wealthspire Advisors
What's Up? Media

FAIRWAY SPONSORS

Alteon Health
Bruce and Heidi Katz
CAM Wealth Management
Corporate Office Properties Trust
Genesis Healthcare
Oral Surgery Specialists, Drs. Walzer, Sullivan, Hlousek, Jones, and Chambers

SOCIAL SPONSORS

Apple Signs
Chaney Enterprises
Diagnostic Imaging Associates
D&W Contractors
Elliott & Wargotz Pathologists, LLC
Facility Services
John and Cathy Belcher
TRACE International
WRNR

Gifts to Celebrate Mom



A fresh look can brighten your day!

Shop the latest women's contemporary clothing & accessories in the Severna Park area. I sell through private shopping appointments/parties, local pop up shops & always available on my website (free local delivery for most of Severna Park, Annapolis, Arnold & Millersville). Experience a curated collection from showrooms in NYC, Philly & LA. I also offer styling tips as well as do closet edits to help make getting dressed fun. I like to keep things fresh for my returning customers and offer something new to new clients as well. Receive a 15% online discount with code MOM22.

Wish List Boutique

Lisa Dickstein | 917.304.6335
 wishlistboutiquemd@gmail.com
<http://wishlistboutiquemd.square.site>
 Lisa Dickstein LLC
 @wishlistboutique_md



Sadona Salon + Spa Gift Cards

Allow us to lavish mom with her favorite spa or salon treatments! With a gift card, she can create her day of relaxation from our menu of indulgences. Some of mom's favorite days here include a morning of spa with local lunch service, followed by hair and makeup so she can hit the town, relaxed and styled! Conveniently purchase online or in person.

Sadona Salon + Spa

15 West Street | Annapolis, MD
 410-263-1515 | www.mysadona.com



Spice up this Mother's Day!

TREAT MOM this mother's day with a delicious or distinctive gift from The Spice & Tea Exchange. So many unique things to choose amidst our wonderland of hand-crafted blends, rubs, sugars, and salts, premium loose leaf tea collections and seasonal candles. In particular, we are featuring this spring-time Mother's day cylindrical and globe hand-made-in-America soy based scented candles. Alternatively, luxuriate in the aromas of our masterfully scented premium Mother's Day Rose Tea, a premium black tea infused with red roses and Moroccan rose petals, served straight or with milk & sweetener. There is a matching candle too!

The Spice & Tea Exchange of Annapolis

155 Main Street
 Historic Annapolis
annapolis@spiceandtea.com



Choose Vespa For Your Next Adventure!

Chesapeake Cycles offers a wide variety of Vespa models in both fun and classic colors that are perfect for any type of adventure.

Chesapeake Cycles

104 Defense Hwy | Annapolis, MD
 410-266-0015 | www.chesapeakecycles.com



Rosé Colored Glasses

Celebrate Rosé season with Rosé Colored Glasses Grand Tasting May 4, 4-7pm

Fishpaws Marketplace

954 Ritchie Hwy | Arnold, MD
 410-647-7363 | www.fishpawsmarket.com

Baltimore Wockenfuss Candy

Baltimore Wockenfuss Candy makes a great gift for Mom!

Fishpaws Marketplace

954 Ritchie Hwy | Arnold, MD
 410-647-7363 | www.fishpawsmarket.com



Cocktail Making Class & 4-Course Dinner: A Great Gift for Mother's Day & Early Father's Day.

Learn how to make craft cocktails your friends will love, like a Raspberry Cucumber Martini and a Maryland Mule! Our expert mixologists will teach you techniques, infusions, and food pairings. June 13th at 6:30 PM. \$90 Per Person. 50 Guests.

Harvest Thyme Modern Kitchen & Tavern

1251 West Central Ave.
Davidsonville, MD
443-203-6846
www.harvestthymetavern.com



Celebrate Mom



Doesn't Mom Deserve a Little Paradise?

Give the Moms in your life the gift of ultimate relaxation and serenity with a gift card from Paradise Float Spa. As she floats effortlessly in one of our luxurious float rooms, her stress, anxiety, and muscle tension will float away only to be replaced with a beautiful post-float glow!

Paradise Float Spa

619 Severn Ave
Annapolis, MD
410-280-1960
www.paradisefloatspa.com

Exclusive Annapolitan Apparel

The Cottage's custom Annapolis apparel line features dresses, skirts, tops and accessories depicting your favorite Annapolis scenes! Perfect for Mother's Day gift giving, available for all ages starting at toddler size 2! We are especially in love with the Mommy & Me outfits!

The Cottage on Main

149 Main Street
Annapolis, MD
410-650-9009

The Cottage in the Park

Park Plaza, 562B Ritchie Hwy
Severna Park, MD
410-647-6742

www.ShopTheCottage.com
Get social @ShopTheCottage!



Mother's Day Gift Card Promo

For every \$300 purchased in gift cards between 5/1/22 and 5/15/22 receive an additional \$50 free! Scan the barcode above to submit your request today!

O'Donnell Vein & Laser

Easton: 499 Idlewild Avenue, Suite 101, 877-461-1564
Annapolis: 166 Defense Hwy, Suite 101, 877-461-1564
www.odonnellveinandlaser.com



Give Mom the Gift of Self-Care!

We know how hard Mom has been working this past year to get the kids to soccer games, band practice, playdates and carpool. Give Mom the luxury of self-care with a gift card to About Faces Day Spa & Salon. From facials and massages to highlights, blowouts and nail care, About Faces Day Spa & Salon is the perfect place for the woman you love to get the services she loves!

About Faces Day Spa & Salon

1910 Towne Centre Blvd - Suite 203 |
Annapolis, MD | 410-224-4110
www.aboutfacesdayspa.com

Custom Charcuterie Board

Let Teri our certified cheese specialist design a custom charcuterie board for your Spring and Summer events.

Fishpaws Marketplace

954 Ritchie Hwy
Arnold, MD
410-647-7363
www.fishpawsmarket.com



A modern take on pearls for Mother's Day

Visit our shop in downtown Annapolis or online to find a great selection of sterling silver gifts for all of the wonderful moms in your life.

Necklace: \$360
Bracelet: \$195
Earrings: \$160

Blanca Flor Silver Jewelry

Downtown Annapolis
34 Market Space
Annapolis, MD 21401
410-268-7666
www.BlancaFlorSilverJewelry.com



ANNAPOLIS ARTS ALLIANCE PRESENTS GALLERY 57 WEST

Celebrate Mom



Kathy Strouss. Daisy Batik. \$135



Linda Donahue. Earrings. \$20



Nico Gozal. Through The Seven Seas. Painting on Silk. \$185

Sonja Holleman.
Turquoise Lariat. \$100



Dave Murphy.
Coasters. \$8



Audrey Lee. Maryland Inn.
Oil Painting. \$275



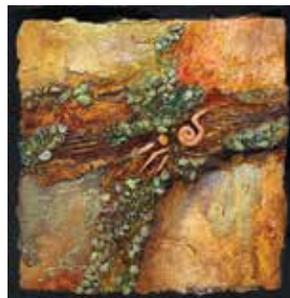
Susan Gillig-Grube. Mini Lady Portrait. Mixed Media. \$45



Tina Van Pelt. Fused Glass Plate. \$125



Carly Sargent Piel.
Fused Glass Flower. \$35



Kay Fuller. Unearthed III. Mixed Media. \$90



Julie Heath. Heron on Blue.
Collage on Canvas. \$45



Terry Bydume.
Necklace. \$95



Wayne Laws. Bunting.
Acrylic Painting. \$75



Jessica McGrath. Silver Bracelet. \$85



Anne Weathersby. Chesapeake Bay Bridge.
Photograph on Metal. \$100



Barbara Burns. Greeting Cards. \$6



Claudine Intner. Black Eyed Susan.
Acrylic Painting. \$75



CHESAPEAKE CAR WASH & DETAIL CENTER



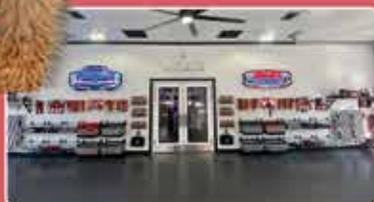
Your car will **spring** to life!



TAKE ADVANTAGE OF OUR SPECIAL VIP PACKAGES AND RECEIVE:

- Unlimited car washing starting at \$40 a month
- No obligations
- No additional fees
- No hassle

Chesapeake Car Wash & Detail Center is the state of the art destination for all of your car care needs. Located just west of the Annapolis Mall, we offer premier services that range from quick exterior car washes, to a lifetime guaranteed ceramic coating. Our Monthly VIP Programs will help maintain the cleanliness and condition of your vehicle. Available in Full Service and Exterior packages, enjoy the benefits of receiving 10% off detailing services, unlimited visits, automatic billing, and no long-term contract!



**111 Defense Hwy
Annapolis, MD 21401
410-224-0175
chesapeakecarwash.com**

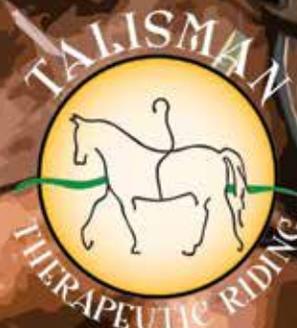
DERBY DAY 2022

Saturday
May 7, 2022
5:00 pm

Talisman Therapeutic Riding is Celebrating Ten Years in Service to the Community! Come join us for this exciting and fun event!

Tickets are \$100 per person and are available for purchase at www.talismantherapeuticriding.org

172 Blue Ribbon Lane • Grasonville, MD 21638



Annual Derby Day Benefit for Talisman Therapeutic Riding

Talisman is a 501(c)(3) non-profit organization that serves people of all ages with cognitive, physical, emotional, and social challenges, and disabilities, and diagnoses. Our unique programs have transformed thousands of lives by empowering personal growth and healing through equine-assisted learning activities.



DISCOVER WHAT MATTERS AT SEVERN SCHOOL

Education at Severn reaches far beyond what you know. It's about envisioning the impact you can make on the world.

We learn together. We care for one another.
And as a community, we reach for greater heights.



www.severnschool.com • preschool - grade 12 • Severna Park and Arnold, MD • MSDE #161229

MARYLAND'S First Famed Horses

Story by **ELLEN MOYER** Paintings by **WILLIAM WILSON**



It *All Began Here in Annapolis* painted by William Wilson shows Maryland Governor Samuel Ogle observing the unloading of the first pair of imported British thoroughbreds—Queen Mab and Spark—at the Annapolis City Dock in June 1747.

The colonial cradle of thoroughbred racing produced the sport's earliest racehorse heroes

It was 1719 and Ben Tasker, Mayor of Annapolis, was leading the City Council to a decision on horse racing in the city. A city described as “more British than British,” Annapolis was following the example of a deceased Queen Anne who had invigorated the new thoroughbred racing industry in England. Through her leadership, municipal economies became prosperous by establishing horse racing venues in towns throughout England.

The Annapolis City Council supported the clearing of a track beyond the city gate off West Street for horse racing. Pubs were organized to help finance the venture. Silversmith Cesar Ghiselin, one of the earliest well-regarded craftsmen in the colonies, was commissioned to design 12 silver spoons to be given as prizes to the winners of the races.

History doesn't record the winners of this inaugural happening. Nor does it describe the race as a straight track dual between two horses racing down West Street or a four-mile course race over an oval track. This early action, however, set Annapolis and Maryland on its own course to be “the cradle of thoroughbred racing.” ➔

First Studs

Only the wealthy could afford to import the new breed of thoroughbreds to America. Annapolis was a wealthy city growing in cultural sophistication year after year. Tasker, a keen horseman, and Sam Ogle, provincial Governor, were among the early importers of thoroughbreds. In 1743, two thoroughbreds—Spark, a fast-paced first pedigree stallion, and Queen Mab—were gifted to Ogle from the King’s stables. With this pair shipped into Annapolis, Ogle founded The Belair Stud in 1747. His mansion Belair—in today’s Bowie—became a center for race training and breeding for 200 years.

Wealthy, cosmopolitan, and sophisticated Annapolis became the highlight of the social season with a full week of racing, theater, and parties each Fall and Spring. In 1743, another silversmith, John Inch, was commissioned to make a trophy, the Annapolis Subscription Plate, for the first formal race of the Maryland Jockey Club. The trophy, now at the Baltimore Museum of Art, is the second oldest horse



Colonial Race Day sets the scene of a typical racing day at the Annapolis courses



Racing in the Colonies depicts Benjamin Tasker admiring his mare Selima capturing a win at the racecourse in Gloucester, Virginia.



Selima at Belair Mansion by William Wilson. Imported by Benjamin Tasker in 1750, Selima, a daughter of the Godolphin Arabian, was queen of the colonial American turf, beating all male and female opponents soundly.

racing trophy in the United States. The Maryland Jockey Club, itself, is the second oldest such club in the country. George Steuart’s (ancestor of County Executive Steuart Pittman) horse, Dungannon, defeated Charles Carroll’s horse at the May 4, 1743, Annapolis Subscription Plate Race.

The Race That Won Marylanders’ Hearts

Maryland’s first renowned champion was purchased by Ben Tasker, Jr.—a little mare sired by the great Godolphin Arabian and named Selima. John Eisenberg, writing in *Smithsonian* magazine said of her that “no thoroughbred before the American Revolution did more for racing’s growing popularity than a plucky mare named Selima.”

By 1750, horses had become a status symbol for the wealthy and gambling English. In Virginia, William Byrd, III, who presided over a vast estate on the James River, had also become hooked on gambling. Hoping to show off his wealth and make a gambling score, he offered 500 Spanish pistoles (at the time, the currency of trans-Atlantic trade) for any horse willing to race against his new import, Tryal, and win. Three other Virginia horses accepted the challenge and invested 500 pistoles to enter. This was an outrageous sum of money; 500 being enough to furnish a mansion.

Back in Maryland, Ben Tasker, Jr. heard of the challenge and accepted, with plans to run Selima. His mare had won a race in Annapolis earlier, where her speed and heart unveiled what famed equine historian John Hervey described as “one of those majestic matriarchs, where greatness is monumental.” Tasker knew good horse flesh and he also knew was that Tryal was 10 years old and had never won a race in England. It was worth the risk to accept the challenge.

The race was to be held on December 5, 1752, and was shaping up to be the most important race of the colonial era. Being held in Gloucester, Virginia, 150 miles away meant Selima had to walk that distance to participate. She did and on that December day, she raced four miles over hill and dale to beat Tryal and the other Virginia horses. The winner-take-all 2,500 pistoles was hers.

Byrd's race became the first historically significant horse race in America. Selima and Ben Tasker were welcomed home as heroes. The thoroughly mad Virginia horsemen, seeing their wealth move north, declared Maryland horses would no longer be allowed to race in that state.

Generations of Winners

Selima didn't race again but she did deliver 10 foals. The most famous was Selim who never lost a race until he was nine years old. Seldom defeated, he raced until he was 13. Selim was as popular in his era as Man o' War was in the 1900s.

Selima's bloodline would influence the thoroughbred industry for years. She became the first of America's "blue hen," a term that describes a female horse that births generations of thoroughbred champions. Direct descendants of Selima include Lexington, the greatest American sire of the 19th century, and Hanover, winner of 17 straight races including the 1887 Belmont Stakes. The first Triple Crown winner, Sir Barton, descended from Hanover.

The Belair Stud continued. In its most productive years, 1920–1945, it was led by William Woodward, the 20th owner of Belair mansion. Working with Hall of Fame trainer James "Sonny" Fitzsimmons, the Woodward's estate would contribute five Maryland horses to the National Horse Racing Hall of Fame. Gallant Fox would be the second Triple Crown winner and the sire of the third Triple Crown winner, Omaha, who won in 1935. Famed horses Nashua, Granville, and Johnstown also represented the same Belair Stud founded by Sam Ogle 200 years earlier.

For those 200 years, the memory of Selima lived on. Woodward thought so much of the brood mare and undefeated racehorse, that he had a special plaque engraved for her at Belair. He also initiated an effort to create the Selima Stakes at Laurel Park in 1927.

Though foaled in Kentucky, Man o' War had a Selima bloodline connection. He also spent years on Maryland's Eastern Shore at the stables and racing center of Glen Riddle. When departing for races, he would have to walk five miles to the train depot that carried him to racing events in Maryland, New Jersey, and New York.

In the ensuing years, members of the Vanderbilt and DuPont families continued the Maryland tradition of producing Hall of Fame horses, including Native Dancer and Northern Dancer. Jay Trump—a horse, not a person—was a steeplechase champion in the 1960s and became a Hall of Famer.

Maryland's contribution to national horse racing and the Horse Racing Hall of Fame is enormous. It all began with the earliest thoroughbreds imported from England, Queen Mab and Spark (known for his speed); and three horsemen, Ben Tasker, Ben Tasker, Jr., and Sam Ogle, of Annapolis. It continued with the special bloodline of Selima and Godolphin Arabian. Wealthy Annapolis, the sophisticated cultural center of the colonies with its golden age of race week in the 1770s, was at the center of this glory. Indeed, the actions of the city's colonial-era Mayor Ben Tasker and the council proved pivotal in establishing the horse racing industry in the City of Annapolis, the State of Maryland, and the great United States.



Famed steeplechase racer Jay Trump is pictured being schooled by his jockey Crumpton "Tommy" Smith, Jr.



William Wilson on Exhibit

See more of William Wilson's collection of equine and horse racing paintings, such as *Seabiscuit vs. War Admiral 1938* pictured here, all month long at the gallery of 49 West in Annapolis. For more information, visit marylandracingart.com.



OPEN FOR A REVOLUTION

May 27-29, 2022



MarylandOPEN

Stroll the downtown streets of Historic Chestertown in search of maritime treasures. Cheer passing colonial militia as the cannons ignite to celebrate the tea cargo revolt.

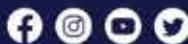
Enjoy live demonstrations of handcrafted goods. Play colonial games at the Children's Village. Join the revolution at the Chestertown Tea Party Festival.

We're open for you as long as you're **OPEN FOR IT**



PLAN YOUR ADVENTURE

KENTCOUNTY.COM/VISITORS



Escape
TO CHESTERTOWN

SPEND THE DAY WITH US!
SPEND THE NIGHT WITH US!

downtownchestertown.org

Colonial Tea Party Festival

May 27-29
Chestertown, MD

*Parade, Reenactment, Artisan Vendors,
Children's Activities, Music, Craft Beer,
Local Food, Pyro-Musical Fireworks!*

chestertownteapartyfestival.org

INN AT
Huntingfield Creek



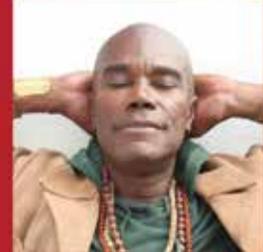
70 blissful acres...
come and find
your zen with us!

410.639.7779 huntingfield.com
Rock Hall, Maryland
info@huntingfield.com

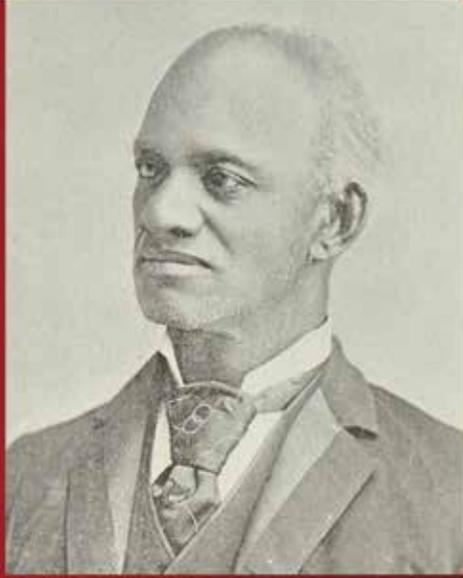
ISAAC: A Musical Journey

WORLD PREMIERE
Gibson Arts Center, Washington College
Chestertown, MD **June 24, 25, 26**

Based on "Life of Isaac Mason As a Slave" the Autobiography of Isaac Mason, who ran toward freedom from Chestertown, Maryland on December 26, 1846



Written by
Marlon Saunders
Starring
Paris Nesbitt



Commissioned by the Kent Cultural Alliance for Chesapeake Heartland: An African American Humanities Project.

Tickets & Info
kentculture.org
410-778-3700



VACATIONS ~ HOLIDAY RENTALS



WEDDINGS ~ SPECIAL EVENTS



BRITTLANDESTATES.COM

INFO@BRITTLANDESTATES.COM • 443.282.0860
CHESTERTOWN, MARYLAND

BRAMPTON

1860

A BED AND BREAKFAST INN



410.778.1860
25227 Chestertown Rd.
Chestertown, MD 21620
bramptoninn.com

"...making an art of service."

MY BACKYARD BANK



Banking Made Easy!

ONLINE BILL PAY • MOBILE CHECK DEPOSIT • eSTATEMENTS • DIGITAL WALLETS • ZELLE®

At Shore United Bank, we make banking from your backyard easy with our digital banking options and fun with our Summer Giveaway! #mybackyardbank



Summer Giveaway!

Enter our Backyard Banking Summer Giveaway¹ for a chance to win great prizes!

YETI® Roadie
Corn Hole Game
Traeger® PRO 575 Grill²

Visit one of our branch locations from May 1, 2022 through July 31, 2022

SHOREUNITEDBANK.COM

877.758.1600

MEMBER
FDIC



Maryland | Delaware
Virginia

¹All advertised offers, terms and conditions are subject to change at any time without notice. One entry per person. ²The "#MyBackyardBank" Giveaway is open to legal residents of the 50 United States (including D.C.) who are 18 years or age or older as of the date of participation. Entries are available to everyone and you do not have to be a customer to win. No purchase or payment of any kind is necessary to enter or win. A purchase does not increase chance of winning. Void where prohibited. By participating you agree to be bound by the Official Rules ("Rules") available at shoreunitedbank.com. Giveaway begins May 1, 2022, at 9:00 a.m. EST through July 31, 2022, at 4:00 p.m. EST. Void where prohibited.

*What's
Up? Media
celebrates 25th
anniversary
this May*

Seeing Silver!

In 1997, publisher and president Veronica Tovey brought her vision for a community publication to fruition, launching *What's Up?* in the Annapolis and Anne Arundel County region. Twenty-five years later, our company delivers a fleet of glossy-print publications to more than 100,000 households (and 300,000 monthly readers) across the Chesapeake Bay region, sends daily e-newsletters to 20K digital subscribers, produces big-draw live and virtual events annually, partners with philanthropic organizations that serve our communities, and continues to evolve in ways both planned and unexpected.

If there's one word to sum these 25 years, it's "WOW!"

How did it all happen? Who played contributing roles to our longevity and success? Let's take a stroll down memory lane and meet a few faces. ➔

Publishing Timeline

Notable events in the history of What's Up? Media

May 1997 →

What's Up? Media is founded by Veronica Tovey and the company's first publication is mailed in May



June 2004

The reader-voted Best of Annapolis contest is established, along with the largest awards party in town held each June

May 2007

What's Up? Annapolis celebrates its 10th anniversary and What's Up? Eastern Shore is launched

May 2008

Our biannual publication, *What's Up? Weddings*, launches and personalizes the bridal experience with local and regional coverage and insights; soon thereafter, a biannual Weddings Expo event is established

← March 2000

The company office grows from Publisher Veronica Tovey's basement to its new home in the Mason Building at 929 West Street



May 2004 →

Our magazine graduates from saddle stitch binding (stapled at center) to a perfect bind (a la paperback), a confirmation of our growth



Visionaries & Salutes

The creatives who founded and have shaped our publications over these 25 years.



Veronica Tovey, Publisher & President

What's Up? Media was founded by Veronica Tovey in 1997, but her publishing story begins years earlier. Falling in love with Annapolis and completing her move to the region in 1990, the former fiduciary and always entrepreneur found herself in new environs that peaked her curiosity and beckoned her creativity...and she needed help navigating it all, literally. Save for a *Rand McNally* road atlas, Tovey couldn't find an easy-to-read map of Downtown Annapolis and so she launched a company in her home's basement to produce a colorful map of the city, complete with interesting anecdotes, factoids, and advertiser support. Six years later, the publishing bug bit again and she dreamt up *What's Up?* magazine under the banner slogan "All the Entertainment and Sports." It was a dream come true and when asked about how she developed the business plan to make it all work, Tovey confides she was non-traditional. She didn't belabor the financial minutiae, she just knew it would work with persistence and keeping it fun. Twenty years later, she's still very much enjoying the ride.



Carol Denny, Editor

As our flagship publication's first Editor – a role she maintained for eight years – Denny mixed the creative formula that brought Annapolis and Anne Arundel County a publication focused on the region's best entertainment, sports and activities, dining, and Chesapeake lifestyle interests.

Linda Laing, Graphic Designer

Starting in the basement office of What's Up? with Tovey and Denny, Laing would serve as the publication's lead designer for 10-plus years. She did it all; article layouts, advertisements, inserts, logos, letterhead, ancillary pubs, and much more.

Callie and Lulu, What's Up?'s Best Friends

What's Up? Media has always been a dog-friendly company and during our first 10 years, if you paid a visit to our office, chances are that you were greeted by the friendly tail-wag and curiosity of Callie, our publisher's faithful English Setter. Callie was an old salt with a lover's heart and when she passed on to doggy heaven in 2011, her presence left a void. It would be Lulu, a Shitzu, to the rescue a couple of years later and ever since, arresting the office with her cuddliness and energetic spunk day in, day out.



James Houck, Editorial Director

Beginning as a part-time editor in 2001, Houck kept creating more work for himself to the point of earning promotions as the company's Assistant Editor, Sports & Dining Editor, Managing Editor, and finally Editorial Director by 2011.



Ashley Lyons, Chief Operating Officer

Beginning as an administrative intern in 2002 by helping out several hours per week after the high school dismissal bell each day, Lyons progressed and grew with the company, eventually directing all advertising production before, ultimately, becoming the company's COO & Director of Advertising.

May 2012

What's Up? West County is launched, delivering western Anne Arundel County its own magazine



← November 2016

What's Up? Media partners with the Arts Council of Anne Arundel County to develop quarterly, juried art exhibitions. The first exhibition "Fall on the Chesapeake" launches the series, which continues today with the latest exhibition "Wonders of Water," on exhibit now at the 201 Defense building

January 2022

What's Up? West County morphs into *What's Up? Central Maryland*, increasing the magazine's overall circulation and distribution to include Prince George's County

← January 2014

Company moves from 929 West Street to offices at 201 Defense, a 78,000-square foot office building that has been an icon in the Annapolis area since it's development in 1990, and continues to delight tenants and visitors with a modern aesthetic



March 2020

Covid-19 pandemic in March forces businesses, including What's Up? Media, to operate remotely/virtually; this, in turn, has developed the hybrid office/telecommute work environment for the foreseeable future

May 2022

What's Up? Annapolis celebrates 25th anniversary; *What's Up? Eastern Shore* celebrates 15 years; *What's Up? West County/Central Maryland* celebrates 10 years



Kathy Sauve, Senior Account Executive

As one of the most headstrong, savvy, and personable employees of What's Up? Media, Sauve (nee Stanton) has fostered client and co-worker relationships for more than 15 years, as well as grow company sales consistently year-over-year.



Nadja Maril, Editor

Maril directed the editorial ship during what was, arguably, the largest growth period for the publications in terms of content, projects, and new endeavors; 2005 to 2011. Her own regular column, "Antiques," was treasured by many longtime readers.



Debbie Carta, Account Executive

For several years, Carta developed client relationships within the Annapolis market before breaking into uncharted waters and becoming the lead account executive for our Weddings publication, and additional ancillaries. Altogether, she has been with the company for more than 15 years.



August Schwartz, Art Director

Schwartz is our go-to designer for unique editorial layouts, contemporary advertising design, and, a refreshed look for the entire fleet of publications. He also directs the company's digital and online suite of products, including whatsupmag.com, daily e-newsletters, virtual events, and more.



Dennie Mercer, Financial Manager

Approaching almost a decade with the company, Mercer is the company's financial manager, accounting for incoming and outgoing cash flow, while juggling a multitude of fiscal responsibilities that drive our company.



Matt D'Adamo, Graphic Designer

For nearly 10 years, D'Adamo has been the creative force behind the marketing design of inhouse and client advertising. His eye and graphic acuity have shaped the modern aesthetic of our publications.

Staff Salutes

Of the current full-time and contracted employees, there are several that have dedicated five years or more with the company and others approaching the milestone. Still others are fresh faces, but just as integral to company dynamic. We salute Steve Buchanan (staff photographer), Beth Kuhl (account executive), Arden Haley (web content specialist), Lauren Ropel (graphic designer), Kristen Awad (administrative assistant), Nick Gullotti (production manager), Nina Peake (account executive), Michelle Roe (account executive), Megan Kotelchuck (entertainment editor), George Young (account executive), and Heather Teat (bookkeeper).

Writers & Photographers

There have been a vast number of contributors over these many years to What's Up? Media's publications. To name them all herein would be an exercise in memory that would regretfully forget a name or two or ten. Some of our most dedicated contributors are listed on the current masthead; and many others on mastheads past. You can read and see their excellent work in this issue *and* past issues, which can be found in the digital collection of magazines online at whatsupmag.com. To all, we express gratitude for your dedicated work and quality of content that, altogether, has truly made What's Up? Media what it is today.

To Our Clients

Success doesn't happen in a vacuum and ours has always been linked to the sincere relationships we've cultivated in the decades since we started. From clients that signed on with us when we were still a basement business getting our feet wet to clients that appreciate the full-suite of marketing plans we offer today, we say "Thank you." Thank you for your loyalty and believing in our success story enough to help you realize and foster your own.



the Cottage ON MAIN

A COASTAL CHIC BOUTIQUE
 APPAREL • JEWELRY • SHOES
 GIFTS • DECOR

Find all of your favorite brands:

KENDRA SCOTT

newton Brighton

spardina SMITH & QUINN

J/SLIDES johnnie-O

...and so much more!

the Cottage

The Cottage on Main
 149 Main St | Annapolis

The Cottage in the Park
 562B Ritchie Hwy
 Severna Park

www.ShopTheCottage.com
 Get social @ShopTheCottage

Severna Park's Favorite Gift Shop is now in Annapolis too!

ADVERTISE WITH US TODAY!



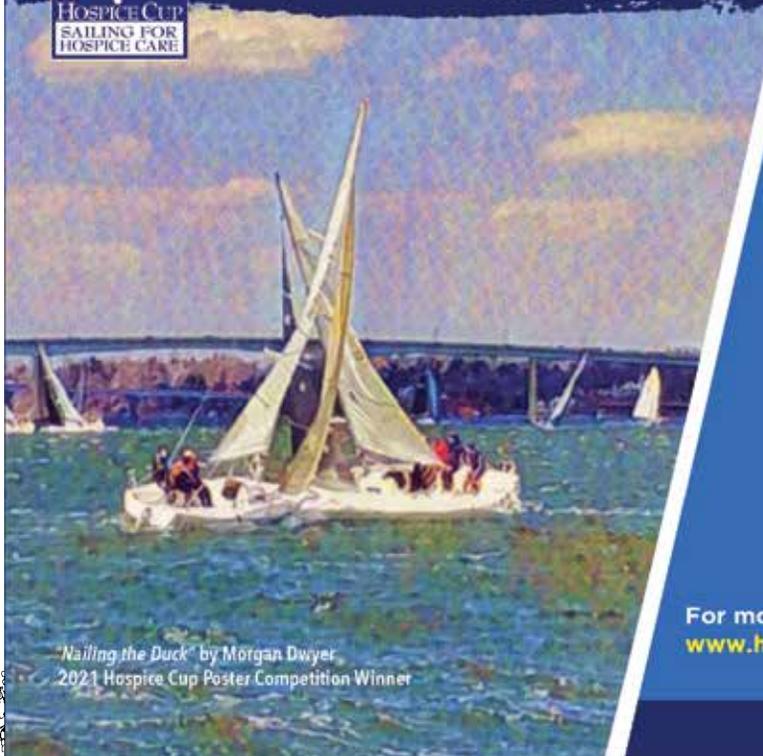
WHAT'S UP? **annapolis** HOME DREAMS

REAL ESTATE

CONTACT:
 alyons@whatsupmag.com



RAISING SAILS AND FUNDS FOR HOSPICE CARE FOR OVER 40 YEARS



Hospice CUP XLI

SEPTEMBER 17, 2022
 Annapolis, Maryland

For more information visit www.hospicecup.org



*"Nailing the Duck" by Morgan Dwyer
 2021 Hospice Cup Poster Competition Winner*



THANK YOU!

To all our supporters who made our 2021-2022 season possible!

Join us in August 2022 as we open our 50th Anniversary Season with *La Boheme!*

annapolisopera.org



West Annapolis Family Dentistry



CHURCH CIRCLE TITLE & ESCROW



THE CHURCH CIRCLE TITLE & ESCROW TEAM
Christine, Sue B., Kateri, Sue R., & Jehanne

- REAL ESTATE SETTLEMENTS
 - REFINANCE TRANSACTIONS
 - DEED PREPARATION & CHANGES
 - REAL ESTATE CONTRACTS AND MORE
- RESIDENTIAL & COMMERCIAL

 ★ **SAILING INTO SUMMER!** ★
 ★ We're here to help ★
 ★ with all your title and ★
 ★ settlement needs! ★
 ★ *****

KNOWLEDGEABLE. PROFESSIONAL ATTENTION TO DETAIL
WE ARE PROBLEM SOLVERS!

23 West Street, Annapolis, MD 21401 | 410-269-6488
www.churchcircletitle.net | loandocs@ccitle.net
We validate for parking in the Gott's garage on Calvert St.

DISCOUNTS FOR MILITARY, FIRST TIME HOMEBUYERS & AACPS

LIFF WALSH & SIMMONS



PARTNER

Terry Liff



MANAGING PARTNER

Jay Walsh



PARTNER

Tom Simmons



PARTNER

Jim Crossan



PARTNER

Greg Ferra



PARTNER

Phil Dales



PARTNER

Melissa McGuire



PARTNER

Jon McGowan



COUNSEL

Brad Walsh



COUNSEL

Erin Shaffer



COUNSEL

Paul Skrickus



COUNSEL

Abby Moynihan



ASSOCIATE

Tripp Fulton



ASSOCIATE

Andre Habib



ASSOCIATE

Kelly Callahan



ASSOCIATE

Alanna Casey



ASSOCIATE

Josh Welborn

Liff, Walsh & Simmons is a full-service business law firm serving the legal needs of entrepreneurs, privately held middle-market companies, their owners and operators, and individuals throughout their business and family life cycle.



410.266.9500 | LiffWalsh.com

2022



2023

LEADING LAWYERS

Anne Arundel County & Central Maryland

Last fall, we conducted our biennial **Leading Lawyers Peer Review Survey**, inviting all attorneys and judges who practice law throughout Anne Arundel County, Central Maryland, and the Eastern Shore to participate. We would like to thank the many area attorneys who took the time and effort to fill out the official ballot online.

A true peer review survey is a rarity today—most publications don't take the time and energy to conduct the survey and balloting inhouse, which makes these results all the more meaningful. These are not "editors' picks" or the result of limitless ballots from the general public. **These honors only come directly from other**

attorneys and judges—people who really know what it takes to be a good lawyer right here in Maryland. We are especially gratified because we believe this biennial poll provides **an invaluable service to our readers**.

The following names, in 28 categories, represent the individuals who clearly received the most substantial amount of votes, not everyone who was nominated. **No attorney paid to be on this list.** Some categories list more names than others. This is as a result of the especially active voting in those categories. Congratulations to all Leading Lawyers named herein!—*James Houck, Editorial Director*

Administrative Law/Liquor Laws/Hearings

Brian D. Lyman

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

James C. Praley, III

Lessans Praley & McCormick, P.A.; 7419 Baltimore Annapolis Boulevard; Glen Burnie, MD 21061; 410-760-5000; lessanspraileymccormick.com

Steven A. Brown

McAllister, DeTar, Showalter & Walker LLC; 706 Giddings Avenue, Ste. 305; Annapolis, MD 21401; 410-934-3900; mdsawl.com

Appellate Law

Cynthia E. Young

Cynthia E. Young, Esquire; 106 B Defense Highway; Annapolis, MD 21401; 410-224-0407; marylandappeals.com

M. Evelyn Spurgin

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

N. Tucker Meneely

Council, Baradel, Kosmerl & Nolan, P.A.; 125 West Street, Fourth Floor; Annapolis, MD 21401; 410-268-6600; councilbaradel.com

Philip C. Dales

Liff, Walsh & Simmons LLC; 181 Harry S. Truman Parkway, Ste. 200; Annapolis, MD 21401; 410-266-9500; liffwalsh.com

Ronald H. Jarashow

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

Arbitration

Allen W. Cohen

Cohen & Greene, P.A.; 156 South Street; Annapolis, MD 21401; 410-268-4500; cohen-greene.com

Jeffrey P. Bowman

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

Jonathan P. Kagan

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Michael J. Marinello

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Bankruptcy Law

Carolyn G. Krohn

Nager Law Group; 2521 Riva Road, Ste. 3; Annapolis, MD 21401; 443-492-9003; nagerlaw.com

Daniel A. Staeven

Frost & Associates, LLC; 839 Bestgate Road, Ste. 400; Annapolis, MD 21401; 410-497-5947; districtofcolumbiataxtorner.com

Steven L. Goldberg

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Business Law

Brendan Murphy

Frost & Associates, LLC; 839 Bestgate Road, Ste. 400; Annapolis, MD 21401; 410-497-5947; districtofcolumbiataxtorner.com

Brian D. Lyman

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

James R. Walsh

Liff, Walsh & Simmons LLC; 181 Harry S. Truman Parkway, Ste. 200; Annapolis, MD 21401; 410-266-9500; liffwalsh.com

Jeffrey P. Bowman

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

Jonathan E. Pasterick

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Jonathan P. Kagan

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Ryan M. Beard

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Sean P. Hatley

Frost & Associates, LLC; 839 Bestgate Road, Ste. 400; Annapolis, MD 21401; 410-497-5947; districtofcolumbiataxtorner.com

Collaborative Law

Nancy Weller

Nancy Weller, LLC; 22 1/2 West Street; Annapolis, MD 21401; 410-263-3660; nancyweller.com

Construction Law

Brian D. Lyman

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

John P. Lynch

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Jonathan E. Pasterick

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Kevin M. Tracy

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Matt S. Evans, III

Evans Law; 113 Cathedral Street; Annapolis, MD 21401; 410-431-2599; msevanslaw.com

Criminal Law

Crighton A. Chase

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

David P. Putzi

Fischer & Putzi, P.A.; 7310 Gov. Ritchie Highway, Ste. 300; Glen Burnie, MD 21061; 410-787-1800; fischerputzilawfirm.com

Debra A. Saltz

Law Offices of Debra A. Saltz; 918 Chesapeake Avenue, Ste. 3R; Annapolis, MD 21403; 410-346-3577; debrasaltz.com

Jennifer M. Alexander

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Michael Ott

Murnane & O'Neill Attorneys at Law; 7425 Baltimore Annapolis Boulevard; Glen Burnie, MD 21061; 410-761-6800; murnaneandoneill.com



Easton | Annapolis | Boca Raton

Maryland's Bankruptcy Counsel

**ARE YOU OVERWHELMED BY BILLS?
PAST-DUE RENT, CREDIT CARDS
or MORTGAGE DUE?**

Has the Pandemic put you under water?
RLC can offer you a Lifeboat for
your Financial Future.

Call us now!

Let's talk about the Right Time to
Get Out Of Debt.

Don't Pay Credit Card Debt Forever.

Don't refinance or use a credit-line
payment that will leave you more in Debt.
Get effective Debt Relief.

RLC's Bankruptcy and Restructuring
practice is experienced, respected and
focused on Debt Relief to give you
the Protections of Bankruptcy so
YOU can regain your Financial Future.

**BUSINESS
ASSET ACQUISITION
DEBT REDUCTION
BANKRUPTCY**

410-505-4150

RLCFirm.com

8737 Brooks Dr. Suite 107, Easton, MD 20601
301 4th Street, Suite A-2, Annapolis, MD 21403

We are a qualified debt relief agency. This is Attorney advertising. The information on this Ad is for general information purposes only. Nothing on this Ad should be taken as legal advice for any individual case or situation. This information is not intended to create, and receipt or viewing does not constitute, an attorney client relationship. We are a qualified debt relief agency. We help people file for bankruptcy relief under the U.S. Bankruptcy Code. This is Attorney Advertising for RLC P.A., RLC Lawyers & Consultants LLC.



Peter O'Neill

Murnane & O'Neill Attorneys at Law; 7425 Baltimore Annapolis Boulevard; Glen Burnie, MD 21061; 410-761-6800; murnaneandoneill.com

Dispute Resolution

Frank C. Gray, Jr.

Jimeno & Gray, P.A.; 1997 Annapolis Exchange Parkway, Ste. 300; Annapolis, MD 21401; 410-849-0074; jimenogray.com

Laura E. Burrows

Burrows Haviland Law; 168 West Street; Annapolis, MD 21401; 410-960-6642; burrowshavilandlaw.com

Ronald M. Naditch

Ronald M. Naditch, P.A.; 49 Cornhill Street; Annapolis, MD 21401; 443-926-9254; rmnaditch.com

Domestic Violence Law

Crighton A. Chase

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

J. Annie Myers

Cochran & Chhabra, LLC; 116 B Cathedral Street; Annapolis, MD 21401; 410-268-5515; ccc-law.com

Michelle Smith

Trainor, Billman, Bennett & Milko, LLP; 116 Cathedral Street, Ste. E; Annapolis, MD 21401; 410-280-1700; lawannapolis.com

Samuel J. Brown

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Sarah E. Brown

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Education Law

Frank P. Lozupone, III

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

Jeffrey P. Bowman

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

Elder Law

Gregory P. Jimeno

Jimeno & Gray, P.A.; 1997 Annapolis Exchange Parkway, Ste. 300; Annapolis, MD 21401; 410-849-0074; jimenogray.com

Michael E. Lehr

Sims & Campbell Estates and Trusts; 181 Harry S. Truman Parkway, Ste. 150; Annapolis, MD 21401; 410-881-0999; simscampbell.law

Tara K. Frame

Frame & Frame, LLC; 234 West Street; Annapolis, MD 21401; 410-941-6656; frameandframelaw.com

Employment Law

Charles H. Henderson

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Jeffrey P. Bowman

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

Jonathan P. Kagan

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Melissa M. McGuire

Liff, Walsh & Simmons LLC; 181 Harry S. Truman Parkway, Ste. 200; Annapolis, MD 21401; 410-266-9500; liffwalsh.com

Stephen B. Stern

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Steven A. Brown

McAllister, DeTar, Showalter & Walker LLC; 706 Giddings Avenue, Ste. 305; Annapolis, MD 21401; 410-934-3900; mdswlaw.com

Susan S. Shapiro

Council, Baradel, Kosmerl & Nolan, P.A.; 125 West Street, Fourth Floor; Annapolis, MD 21401; 410-268-6600; council-baradel.com

Environmental Law

Anthony Kupersmith

McAllister, DeTar, Showalter & Walker LLC; 706 Giddings Avenue, Ste. 305; Annapolis, MD 21401; 410-934-3900; mdswlaw.com

Philip C. Dales

Liff, Walsh & Simmons LLC; 181 Harry S. Truman Parkway, Ste. 200; Annapolis, MD 21401; 410-266-9500; liffwalsh.com

Family Law

Eric A. Haviland

Burrows Haviland Law; 168 West Street; Annapolis, MD 21401; 410-960-6642; burrowshavilandlaw.com

Frank C. Gray, Jr.

Jimeno & Gray, P.A.; 1997 Annapolis Exchange Parkway, Ste. 300; Annapolis, MD 21401; 410-849-0074; jimenogray.com

Joshua Tabor

The Law Office of Marla Zide, LLC; 7310 Ritchie Highway, Ste. 1001; Glen Burnie, MD 21061; 443-557-4153; marlazidelaw.com

Lindsey K. Erdmann

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Marietta B. Warren

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Morgan E. Foster

McAllister, DeTar, Showalter & Walker LLC; 706 Giddings Avenue, Ste. 305; Annapolis, MD 21401; 410-934-3900; mdswlaw.com

Samuel J. Brown

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Sarah E. Brown

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Thomas J. Fleckenstein

Law Office of Thomas J. Fleckenstein, PA; 100 Cathedral Street, Ste. 9; Annapolis, MD 21401; 410-703-3704; tomfleckensteinlaw.com

General Practice

Christopher L. Beard

Christopher L. Beard, Attorney at Law; 170 West Street; Annapolis, MD 21401; 410-267-0227; attorneybeard.com

Honored to be chosen Anne Arundel County's leading lawyers



Greg Jimeno

Magaly Bittner

Frank Gray

Dedicated in providing excellence in Estate Planning and Family Law

With over 45 years of combined knowledge and experience, we help families understand their options and make informed decisions to protect their assets, provide support for their families, and safeguard their futures. We believe you should be in control of your care and finances in every stage of life.

Together, we will ensure your family matters are secure.

FAMILY LAW CRIMINAL DEFENSE ESTATE PLANNING WILLS AND TRUSTS ELDER LAW



JIMENO & GRAY
Attorneys at Law

7310 Governor Ritchie Hwy · Suite 900 · Glen Burnie, MD 21061 · 410-590-1900 · chesapeakewillsandtrusts.com

James P. Nolan

Council, Baradel, Kosmerl & Nolan, P.A.; 125 West Street, Fourth Floor; Annapolis, MD 21401; 410-268-6600; council-baradel.com

Jeffrey P. Bowman

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

Jonathan E. Pasterick

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Samuel J. Brown

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

HOA/ Condominium Law

Anthony Kupersmith

McAllister, DeTar, Showalter & Walker LLC; 706 Giddings Avenue, Ste. 305; Annapolis, MD 21401; 410-934-3900; mdswwlaw.com

Daniel J. Mellin

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Sara H. Arthur

Arthur Law Group, LLC; 2448 Holly Avenue, Ste. 303; Annapolis, MD 21401; 410-268-7788; arthurlaw.net

Immigration Law

Gilda O. Karpouzian

Law Office of Gilda O. Karpouzian; 107 Ridgely Avenue, Ste. 9; Annapolis, MD 21401; 410-280-8864; karpouzianlaw.com

Paola Vibriesca

Ninan & Vibriesca Law, LLC; 6411 Ivy Lane, Ste. 305; Greenbelt, MD 20770; 301-531-4161; nvimmigrationlaw.com

Intellectual Properties/ Patent Law

Brian D. Lyman

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Juvenile Law

Carla M. Poole

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Crighton A. Chase

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

David P. Putzi

Fischer & Putzi, P.A.; 7310 Gov. Ritchie Highway, Ste. 300; Glen Burnie, MD 21061; 410-787-1800; fischerputzilawfirm.com

Litigation

James E. Crossan

Liff, Walsh & Simmons LLC; 181 Harry S. Truman Parkway, Ste. 200; Annapolis, MD 21401; 410-266-9500; liffwalsh.com

Jeffrey P. Bowman

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

John P. Lynch

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Jonathan P. Kagan

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Kevin M. Tracy

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Michael J. Marinello

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Strider L. Dickson

McAllister, DeTar, Showalter & Walker LLC; 706 Giddings Avenue, Ste. 305; Annapolis, MD 21401; 410-934-3900; mdswwlaw.com

Mediation

Eric A. Haviland

Burrows Haviland Law; 168 West Street; Annapolis, MD 21401; 410-960-6642; burrowshavilandlaw.com

Frank C. Gray, Jr.

Jimeno & Gray, P.A.; 1997 Annapolis Exchange Parkway, Ste. 300; Annapolis, MD 21401; 410-849-0074; jimenogray.com

James Milko

Trainor, Billman, Bennett & Milko, LLP; 116 Cathedral Street, Ste. E; Annapolis, MD 21401; 410-280-1700; lawannapolis.com

Ronald M. Naditch

Ronald M. Naditch, P.A.; 49 Cornhill Street; Annapolis, MD 21401; 443-926-9254; rmnaditch.com

Medical Malpractice

Andrew T. Burnett

Potter Burnett Law, LLC; 16701 Melford Boulevard, Ste. 421; Bowie, MD 20715; 301-850-7000; potterburnettlaw.com

Deborah L. Potter

Potter Burnett Law, LLC; 16701 Melford Boulevard, Ste. 421; Bowie, MD 20715; 301-850-7000; potterburnettlaw.com

Jon Brassel

Hyatt & Weber, P.A.; 200 Westgate Circle, Ste. 500; Annapolis, MD 21401; 410-266-0626; hwlaw.com

Kathleen H. Meredith

Iloff, Meredith, Wildberger & Brennan, P.C.; 8055 Ritchie Highway, #201-203; Pasadena, MD 21122; 410-685-1166; ilimer.com

Paul J. Weber

Hyatt & Weber, P.A.; 200 Westgate Circle, Ste. 500; Annapolis, MD 21401; 410-266-0626; hwlaw.com

Military Law

Edward W. Brady

Brady Fischel & Daily, LLC; 721 Melvin Avenue; Annapolis, MD 21401; 410-216-9054; bfdlegal.com

Michael J. Marinello

Kagan Stern Marinello & Beard LLC; 238 West Street; Annapolis, MD 21401; 410-216-7900; kaganstern.com

Steven F. Wrobel

Law Office of Steven Wrobel, LLC; 107 Ridgely Avenue, Ste. 9; Annapolis, MD 21401; 410-547-2417; stevenwrobel.com



We are a law firm that offers wise and experienced counsel and guidance. Our attorneys have over 100 years of combined experience. Each attorney's practice focus is unique and can meet your different legal needs. Our key objective is to provide our clients with the knowledge and tools to achieve every benefit the law allows.

Byrd & Byrd, Attorneys at Law serving all of Maryland and D.C.

Se Habla Español

Call or Text

(301) 464-7448

www.byrdandbyrd.com

*Not just
 Good Lawyers
 ...Good Counsel*

Elder Law

Estate Planning

Medicaid Planning

Asset Protection

Probate

Family Law

Personal Injury

Construction Law

Business Law Services

**Call about
 Medicaid
 Mondays**

**Find the right
 lawyer for your
 legal concerns!**

The Lawyer Referral and Information Service can help you!

Here is how it works:

- Contact us about your legal concern.
- We will refer you to a lawyer practicing in the area of law needed.
- Contact the attorney to schedule a meeting.

410-222-6859

www.aabar.org/lris

We can help you find a qualified lawyer specializing in:

- Auto Accidents
- Bankruptcy
- Criminal Defense
- DWI/Drunk Driving
- Employment
- Family Law
- Foreclosure
- Medical Malpractice
- Real Estate
- Social Security Disability
- Wills and Estates
- Other Legal Issues



A community service of the
 Anne Arundel Bar Association



Be the Difference that
LEADERSHIP
 Makes

**Inspiring, developing, and connecting
 local leaders since 1993.**

Leadership Anne Arundel provides growing leaders the collaborative environment and opportunity to develop critical connections with life long colleagues throughout government, private sector, and non-profit organizations in order to effectively lead and strengthen our community.



Visit LeadershipAA.org/flagship to apply now for our next Flagship class beginning in fall 2022. Application Deadline: May 15th.

INSPIRE | DEVELOP | CONNECT

Personal Injury Law

Adam G. Cohen

Cohen & Greene, P.A.; 156 South Street; Annapolis, MD 21401; 410-268-4500; cohen-greene.com

Allen W. Cohen

Cohen & Greene, P.A.; 156 South Street; Annapolis, MD 21401; 410-268-4500; cohen-greene.com

Andrew T. Burnett

Potter Burnett Law, LLC; 16701 Melford Boulevard, Ste. 421; Bowie, MD 20715; 301-850-7000; potterburnettlaw.com

Deborah L. Potter

Potter Burnett Law, LLC; 16701 Melford Boulevard, Ste. 421; Bowie, MD 20715; 301-850-7000; potterburnettlaw.com

M. Evelyn Spurgin

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Mandeep S. Chhabra

Cochran & Chhabra, LLC; 116 B Cathedral Street; Annapolis, MD 21401; 410-268-5515; ccc-law.com

Michael G. Von Sas

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Rick Jaklitsch

The Jaklitsch Law Group; 14350 Old Marlboro Pike; Upper Marlboro, MD 20772; 866-986-6651; jaklitsch-law.com

Suzanne V. Burnett

Potter Burnett Law, LLC; 16701 Melford Boulevard, Ste. 421; Bowie, MD 20715; 301-850-7000; potterburnettlaw.com

Real Estate Law

Anthony Kupersmith

McAllister, DeTar, Showalter & Walker LLC; 706 Giddings Avenue, Ste. 305; Annapolis, MD 21401; 410-934-3900; mdswwlaw.com

Daniel J. Mellin

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

David A. Katz

Katz Day, LLC; 2077 Somerville Road, Ste. 206; Annapolis, MD 21401; 410-266-5100; katzday.com

Gary Damico

Evans Law; 113 Cathedral Street; Annapolis, MD 21401; 410-431-2599; msevanslaw.com

James R. Walsh

Liff, Walsh & Simmons LLC; 181 Harry S. Truman Parkway, Ste. 200; Annapolis, MD 21401; 410-266-9500; liffwalsh.com

Jonathan E. Pasterick

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Mark K. Schweitzer

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Matt S. Evans, III

Evans Law; 113 Cathedral Street; Annapolis, MD 21401; 410-431-2599; msevanslaw.com

Thomas W. Simmons

Liff, Walsh & Simmons LLC; 181 Harry S. Truman Parkway, Ste. 200; Annapolis, MD 21401; 410-266-9500; liffwalsh.com

Tax Law

Eli S. Knoff

Frost & Associates, LLC; 839 Bestgate Road, Ste. 400; Annapolis, MD 21401; 410-497-5947; districtofcolumbiataxattorney.com

Glen E. Frost

Frost & Associates, LLC; 839 Bestgate Road, Ste. 400; Annapolis, MD 21401; 410-497-5947; districtofcolumbiataxattorney.com

Kaitlyn A. Loughner

Frost & Associates, LLC; 839 Bestgate Road, Ste. 400; Annapolis, MD 21401; 410-497-5947; districtofcolumbiataxattorney.com

Rebecca Sheppard

Frost & Associates, LLC; 839 Bestgate Road, Ste. 400; Annapolis, MD 21401; 410-497-5947; districtofcolumbiataxattorney.com

Trusts, Estates, Wills & Probate Law

Brooke H. Bowman

Bowman Jarashow Law, LLC; 162 West Street; Annapolis, MD 21401; 410-267-9545; bowmanjarashow.com

Danielle M. Cruttenden

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Elsa W. Smith

Law Offices of Elsa W. Smith, LLC; 1125 West Street, Ste. 200; Annapolis, MD 21401; 410-995-7719; elsawsmithlaw.com

Esther A. Streete

McNamee Hosea; 888 Bestgate Road, Ste. 402; Annapolis, MD 21401; 410-266-9909; mhlawyers.com

Frank R. Campbell

Sims & Campbell Estates and Trusts; 181 Harry S. Truman Parkway, Ste. 150; Annapolis, MD 21401; 410-881-0999; simscampbell.law

Gregory J. Ferra

Liff, Walsh & Simmons LLC; 181 Harry S. Truman Parkway, Ste. 200; Annapolis, MD 21401; 410-266-9500; liffwalsh.com

Gregory P. Jimeno

Jimeno & Gray, P.A.; 1997 Annapolis Exchange Parkway, Ste. 300; Annapolis, MD 21401; 410-849-0074; jimenogray.com

Jonathan E. Pasterick

Hillman, Brown & Darrow, P.A.; 221 Duke of Gloucester Street; Annapolis, MD 21401; 410-263-3131; hbdlaw.com

Michael E. Lehr

Sims & Campbell Estates and Trusts; 181 Harry S. Truman Parkway, Ste. 150; Annapolis, MD 21401; 410-881-0999; simscampbell.law

Tara K. Frame

Frame & Frame, LLC; 234 West Street; Annapolis, MD 21401; 410-255-0373; frameandframelaw.com

Timothy J. Oursler

McAllister, DeTar, Showalter & Walker LLC; 706 Giddings Avenue, Ste. 305; Annapolis, MD 21401; 410-934-3900; mdswwlaw.com



LEE ANN ADAMS



NOOR F. AMIN



SALLY V. BALDWIN



MATTHEW J. BERNHARDT



BRIAN S. BURKETT



JOSEPH F. DEVLIN



JOHN J. DOUD



SAMUEL C. DRAPER



SUELLEN M. FERGUSON



BRIAN T. GALLAGHER



TAYLOR B. KITZMILLER



WAYNE T. KOSMERL



NICOLE T. LIVINGSTON



MARIA WORTHINGTON
MCKENNA



N. TUCKER MENEELY



ALEX R. MENNIE



JAMES P. NOLAN



STEPHEN A. OBERG



ELIZABETH A. PFENSON



BRITT C. RIFE



MICHAEL N. RUSSO, JR.



KEVIN M. SCHAEFFER



SUSAN STOBART
SHAPIRO



ISHAR SINGH



RENEE B. SULLIVAN

Responsive, innovative and
comprehensive legal services.

**COUNCIL
BARADEL**

ATTORNEYS AT LAW

councilbaradel.com
410-268-6600



KENDALL SUMMERS LAW



Family Law Divorce/ Settlement

- Divorce
- Property Division
- Alimony
- Marital Settlement Agreements
- Child Custody
- Child Support
- Adoptions
- Litigation
- Trial Representation
- Domestic Violence
- Protective Orders
- Peace Orders
- Negotiated Settlement
- Collaborative Law
- Mediation Services



KENDALL SUMMERS LAW

Call today! You've got a lawyer!

(410) 224-4677

Be sure to check out our new website:
www.KendallSummersLaw.com

Come visit us at our NEW OFFICE!

Right across from the Circuit Court
(Can't miss it!)

156 South Street
Annapolis, Maryland 21401



Estate Planning

*We do Estate Planning.
Spring is a great time to get things in order!*



Estate Planning is an important way to care for your family, provide guidance for your healthcare, financial situation, and your estate when difficult chapters arise.



(410) 224-4677

We are happy to meet with you at your home, in our office or remotely by zoom, or even in a hospital if that is what needed.

We care about our clients!

Estate Planning Services Include preparation of legal documents such as:

- Last Will and Testaments
- Powers of Attorney
 - Living Wills/
Advance Directives
 - Trusts
 - Pet Trusts

Planning is always wise and good, and foresight and planning is especially important to help your family/friends care for you in times of illness or convalescence!

Planning is also very important for your Last Will and Testament and/or other estate documents to give guidance and instruction to those who care about you and who are taking care of things when time comes.

Kendall Summers Esquire, is an experienced attorney practicing in the fields of Family and Estate Planning Law.



KS KENDALL SUMMERS LAW

*We are here to help
answer your questions!*

156 South Street
Annapolis, MD 21401

1125 West Street, Suite 200
Annapolis, MD 21401

Kendall@KendallSummersLaw.com
www.KendallSummersLaw.com



Joyce E. Smithey

Ellen B. Flynn

Leadership in Law from *Daily Record*
Centers of Influence Awards Nominee from Baltimore SmartCEO
Daily Record's Top 100 Women in Maryland
Band 1 Ranking in the Chambers USA legal guide
Fellow of the American Bar Foundation
Maryland Super Lawyer in the area of
Employment and Labor Law (multiple-time recipient)
Maryland's Top 50 Women Attorneys,
as published in *Baltimore Magazine*
Maryland's Top 100 Attorneys
Author of the Fourth Edition of *Maryland Rules Commentary*
Contributing Author to *MSBA Maryland Employment Law Deskbook*
Leading 500 Plaintiff Employment and Civil Rights Lawyers
in the US by Law Dragon
Bethesda Top Attorney
America's Top 100 High Stakes Litigators

Maryland's Top 50 Women Attorneys,
as published in *Baltimore Magazine*
Maryland's Top 100 Attorneys
America's Top 100 High Stakes Litigators
Maryland Association for Justice Women's Caucus Award
Maryland Association for Justice, President 2019-2020
American Association for Justice, Board of Governor
Winner of the following verdicts:
\$2.6 Million Jury Verdict Baltimore County*
\$2.5 Million Jury Verdict Anne Arundel County*
\$1.3 Million Jury Verdict Baltimore County*
*Past results do not guarantee future outcomes

SMITHEY LAW GROUP



Joyce E. Smithey



Barnett Q. Brooks



Ellen B. Flynn



Nicole Harris-Crest



Lisa L. Walker



Reuben Wolfson



Levi S. Zaslow

EMPLOYMENT LAW

Discrimination, including race, sex, pregnancy, national origin, age, family responsibilities, sexual orientation, and religion.

- Sexual harassment
- Retaliation and reprisal

Claims prevention, including drafting employee handbooks and providing on-site training sessions to managers and employees on employment law topics.

- The Equal Pay Act
- Representation of public sector employees
- Disability accommodation and discrimination
 - Medical leave
- Wrongful discharge
- Workplace privacy
- Defamation
- Employment contracts and restrictive covenants
 - ERISA discrimination
- Employee and applicant testing
 - Wage and hour issues
 - WARN

410.919.2990 | SmitheyLaw.com

Rick Jaklitsch



Lawyer
of the Year*
Attorney
of the Year**
Litigator
of the Year,
Personal Injury***

*American Institute of Legal Professionals

**Top 100 Registry

***American Institute of Trial Lawyers

Hurt?

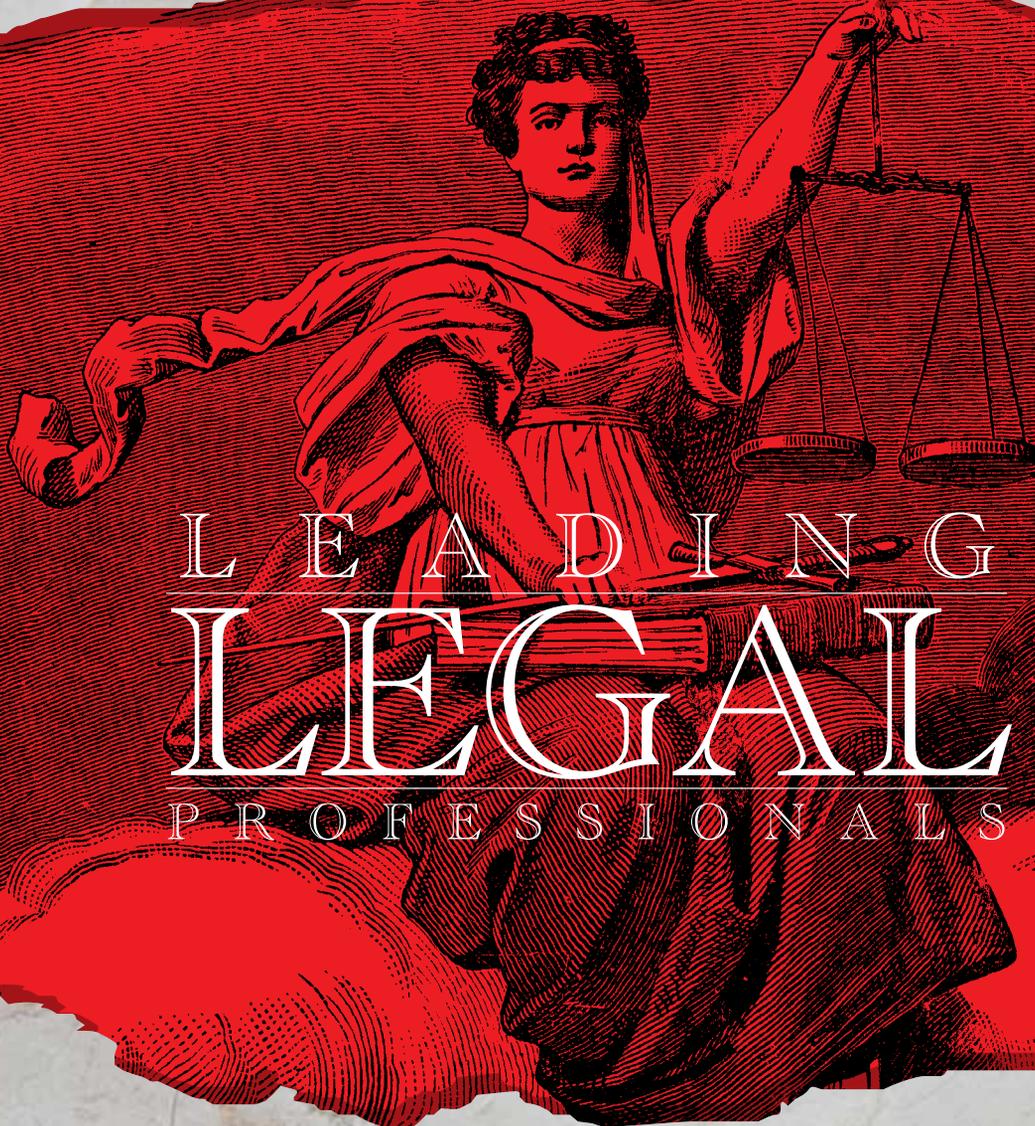
CALL THE BIG DOG

855-Big-Dog1

BigDogsSmallFirm.com

The
Jaklitsch
Law Group





LEADING LEGAL PROFESSIONALS



Law Office of Marla Zide, LLC

At the Law Office of Marla Zide, LLC, we assist individuals and families across Maryland to confront and resolve family law, adoption, bankruptcy, and criminal matters.

Marla Zide represents clients in matters of family law and adoption. As an advocate for children, Zide has been appointed as a children's Best Interest Attorney by the court. Since 2014, Zide has been recognized to the Super Lawyers Top 50 Women and the Super Lawyers Top 100 since 2015. Robert Siegel joined the firm as a partner in 2019 bringing decades of experience in bankruptcy, DUI, and criminal law. Siegel has represented clients in every County Courthouse across the State. Siegel expanded his practice to assist clients in family law matters when he joined the firm in 2019. Joshua Tabor was named partner in the firm in 2021 and has been an associate with the firm for over 6 years. Tabor handles all matters related to family law and represents clients in protective order cases, civil District Court matters and certain criminal matters. Since 2020, Tabor has been recognized as a Super Lawyers Rising Star. Lisa Windsor concentrates exclusively in family law matters and has done so for over 10 years. Also, an advocate for children, Windsor has been appointed as a children's Best Interest Attorney and serves as a Family Law Mediator for the Circuit Court for Anne Arundel County. Since 2017, Windsor has been recognized as a Super Lawyers Rising Star. W. Ryan Parry joined the firm in 2020 after a Judicial Clerkship with the Honorable Ruth Jakubowski. Parry concentrates his practice in both family law and District Court criminal matters.

With nearly five decades of combined experience, you can rely on our compassionate and dedicated guidance to address and ultimately accomplish your goals.



7310 Ritchie Highway | Suite 1001
Glen Burnie, MD 21061
410-760-9433 | www.marlazidelaw.com



Left to right - Samuel J. Brown, Jonathan E. Pasterick, Crighton A. Chase, Lauren A. Torggler, Brian D. Lyman, M. Evelyn Spurgin, Michael G. Von Sas, Marietta B. Warren, Michael P. Darrow, Daniel J. Mellin, H. Winship Wheatley, III, Sarah E. Brown and Carla D. Poole

Hillman, Brown & Darrow, P.A.

Embracing the Future: Carrying on a Tradition of Excellence

Situated in the heart of downtown Annapolis—just steps from the courthouse—stands a historic property that has served as the office of Hillman, Brown & Darrow (HBD) for nearly 40 years. A reminder of the law firm's longevity and steadfast service to the community, the building is perhaps as iconic as the firm itself. Indeed, HBD holds the distinction of being one of the oldest and most respected law firms in Annapolis and has established an enduring legacy as a trusted leader in the legal profession.

Founded in 1929 by Noah A. Hillman, the rich history of HBD dates back to 1976 when Samuel J. Brown began his practice with Noah and his son, Richard Hillman. It was not until October 1, 1979, when Hillman & Brown merged

with the practice of Michael P. Darrow, that HBD as it is known today was officially born, and 43 years later, the firm is still going strong.

A full-service law firm, HBD is comprised of attorneys from all walks of life who practice in various areas. From partners who have built successful careers to a new generation of associates who are poised to follow in the footsteps of their esteemed predecessors, the attorneys excel at providing high-quality legal services to meet their clients' individual needs.

Since 1979, the firm has grown from three to 13 attorneys who have nearly 300 years of combined experience, including Samuel J. Brown, Daniel J. Mellin, M. Evelyn Spurgin, Jonathan E. Pasterick, Marietta B. Warren, Crighton A. Chase, and Brian D. Lyman (partners); Sarah E. Brown, Carla M. Poole, Lauren A. Torggler, and Michael G. Von Sas (associates); and H. Winship Wheatley, III and Michael P. Darrow (of counsel). Client satisfaction is one of HBD's top priorities, and the attorneys are committed to providing the highest level of service.

Indeed, the attorneys at HBD possess the expertise and professionalism that have served as guiding principles of the firm since its founding. They have consistently received recognition for their achievements and earned numerous awards—a testament to their legal prowess and dedication to their clients. In addition, they have been listed as Leading Lawyers in *What's Up?* since the inception of the survey. This year, several of the attorneys were recognized in various categories, which resulted in a total of 24 honors. (Please see the sidebar for the complete list of award recipients.)



2022-2023 Winners

- **Brian D. Lyman** – Administrative Law/ Liquor Laws/Hearings; Business Law; Construction Law; Intellectual Properties/Patent Law
- **Carla M. Poole** – Juvenile Law
- **Crighton A. Chase** – Criminal Law; Domestic Violence Law; Juvenile Law
- **Daniel J. Mellin** – HOA/ Condominium Law; Real Estate Law
- **M. Evelyn Spurgin** – Appellate Law; Personal Injury Law
- **Jonathan E. Pasterick** – Business Law; Construction Law; General Practice; Real Estate Law; Trusts, Estates, Wills & Probate Law
- **Marietta B. Warren** – Family Law
- **Michael G. Von Sas** – Personal Injury Law
- **Samuel J. Brown** – Domestic Violence Law; Family Law; General Practice
- **Sarah E. Brown** – Domestic Violence Law; Family Law

Practice Areas

- Accidents, Workers' Compensation & Personal Injury
- Liquor Licenses
- Appeals
- Business
- Collections
- Construction
- Consumer Protection
- Criminal & Juvenile
- DUI & Traffic
- Divorce & Family
- Adoption
- Property & Real Estate
- Trusts, Estates, Wills & Probate Law

Throughout the years, HBD has continued to grow and evolve—successfully adapting to meet the needs of an ever-changing world. As the firm looks to the future, it is excited to carry on the tradition of excellence that was passed down by the founding partners and usher in the next generation of leaders.

Client Testimonials

"I'm especially thankful today, thinking about how I will never have to miss a Christmas Eve or Christmas Day with my children because of your insight. It's the best gift you could ever give to someone! You've done a lot of good for a lot of people." – *satisfied client*

"I just wanted to reach out and offer a heartfelt thank you to everyone who helped me yesterday. From the moment I walked in the door to the time I left a couple hours later, I felt welcome and supported. I appreciate all that you do and thank you for being there." – *satisfied client*



HBD

Est. 1979

221 Duke of Gloucester St. | Annapolis, MD 21401
410-263-3131 | www.hbdlaw.com

Super Lawyers®

The Capital
READERS'
CHOICE
WINNER

smart
CEO
Legal Elite



Franke Beckett LLC

For more than 35 years we have focused exclusively on the law of estates and trusts and of fiduciary relationships. Within this practice niche, we handle it all:

- Estate and Closely Held Business Planning.** We prepare wills, various types of trusts, powers of attorney, health care directives, and other estate planning documents. The documents can be simple or complex depending on specific family concerns and/or for tax planning. We also represent clients with family businesses in entity selection/creation and succession planning. We discuss with our clients various options and ways of achieving their goals, then tailor documents consistent with their objectives.
- Estate and Trust Litigation.** We are not a general litigation firm. We focus on will, trust, and other fiduciary litigation. This litigation includes disputes on the meaning of estate planning documents, arguments involving estate or trust administration, challenges based on lack of capacity or undue influence, and breaches of fiduciary duty within closely held businesses.
- Estate and Trust Administration.** We help clients with the process of winding up a decedent's financial affairs by implementing the individual's estate plan or in accordance with state law if the person has no valid planning documents. We prepare all estate and income tax returns in-house so we can offer seamless administration services from beginning to end.

Our Firm Culture and Why It Is Important to Clients

There are four defining attributes imbedded in the DNA of our firm:

(1) We are an estates and trusts firm. The law of estates and trusts

is largely a world unto itself with its own rules and practices. It requires a concentrated focus. (2) We keep a broad perspective while practicing in this defined practice space. We

“do it all” within that niche – estate and business planning, estate/trust administration, and fiduciary litigation. This creates a balance of a broad practice experience with a deep understanding of the law of a relatively specialized niche. (3)

We work as a team. We do not just give lip-service to intra-firm collaboration, we follow a business model to achieve it and make it a habit. Clients are clients of the whole firm – not just of one lawyer in the firm. (4) Our culture fosters a deep understanding of our practice focus.

The practice of law, like medicine, engineering, and other professions, is a learned profession. Our lawyers regularly write and teach courses for lawyers and judges. These activities keep the firm at the forefront of legal developments.

The firm consists of four partners: Fred Franke, Jack Beckett, Deb Howe, and Jon Lasley; and two associates, Hannah Coffin and Regan Caton. Both Fred and Jon are Fellows of the American College of Trust and

Estate Counsel, and both are past chairs of the Estate and Trust Section Council of the Maryland State Bar Association. All partners have written articles for law reviews or other legal publications and they routinely present continuing education courses on estates/trusts topics. These activities give back to the profession and deepen and extend the firm’s collective understanding of the law of estates and trusts.

We serve clients located various distances from our physical office in Annapolis: from the Eastern Shore, the Southern counties, and those counties surrounding Baltimore and Washington. The remote service options that we developed in response to the pandemic will provide our more distant clients added ease and convenience.

For more information about our firm and how we approach representing our clients, visit our website at www.frankebeckett.com.

“We consistently were surprised and delighted by the way your law office was thinking on our behalf and was coming up with solutions for problems we didn’t even think about.”



FRANKE BECKETT

AN ESTATES AND TRUSTS LAW FIRM LLC

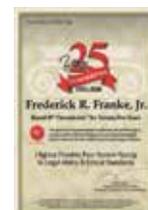
**The Law of Estates and Trusts
Planning • Administration • Litigation**

151 West Street, Suite 301

Annapolis, MD 21401

410-263-4876

www.frankebeckett.com





Cochran & Chhabra

The attorneys of Cochran & Chhabra LLC are committed to more than finding the best outcome for their clients. They are dedicated to providing the individualized approach their diverse clientele needs. Mandeep Chhabra, Suzanne Houle Bishop, Michael McGraw, and J. Annie Myers are the practicing attorneys at Cochran & Chhabra who work tirelessly to provide the best possible representation for their clients. With over 50 years of combined expertise, the attorneys of Cochran & Chhabra believe that creating a strong attorney-client relationship is paramount to forming the best defense for each and every client.

Gill Cochran founded the firm in 1970 after returning from Vietnam. Although he no longer practices law, the firm continues to mirror the mission statement that Gill had in mind. "Our clients are the key to success in our firm," says Gill. "And the only way we can effectively represent them is by understanding the whole person. A lawyer shouldn't just be a lawyer; you have to be a counselor as well." Most importantly, he emphasized the significance of getting clients the help they need, which is often the underlying issue in their case.

Mandeep S. Chhabra started at Cochran & Chhabra nearly 30 years ago as a clerk immediately following high school. He took interest in law his freshman year of college and became determined to practice law as a criminal defense attorney.

As a minority, Mandeep understands the difficulties many of the firm's clientele may be facing. Mandeep aims to advise clients on more than the law, which can mean anything from being there for them to helping them into a rehabilitation program.

All of the attorneys at Cochran & Chhabra are award-winning and well-known in the Annapolis area as well as surrounding counties. They passionately and tirelessly represent clients in cases involving criminal defense, plaintiff's personal injury and negligence, drinking and driving offenses (DUI/DWI), traffic violations, MVA issues, and administrative hearings (*también, hablamos español porque es su derecho a entender*).

Cochran & Chhabra will be with you through every step of the process from the moment you walk in the door, to the eventual resolution of your case. In this day and age, accessibility is key, which is why their attorneys are available 24/7 to meet your legal needs. Contact Cochran & Chhabra today to schedule a free consultation to obtain the representation you deserve.

The attorneys at Cochran & Chhabra are not your typical lawyers.

Cochran & Chhabra

116 Cathedral St Suite B,

Annapolis, MD

(410) 268-5515 | www.ccc-law.com





The Jaklitsch Law Group

So... why the Big Dogs from the Small Firm?

- Named Maryland's "Best Personal Injury Trial Law Firm – USA"
- Named both Maryland's "Best Personal Injury Firm" AND "Best Civil Litigation Firm" by the *Daily Record*.
- All 3 Attorneys recognized as "10 Best Attorneys" by the American Institute of Personal Injury Attorneys, and Honored by *US News & World Report* as a "Best Law Firms"
- Rick Jaklitsch and Bob Farley recognized as "Best Lawyers in America" and Christine Murphy recognized as "Best Lawyers in America - Ones to Watch".
- And, most recently, Best of Annapolis 2022 Law Firm from *What's Up?*, our hometown (and favorite) magazine.
- We live and work right here in Anne Arundel, Prince George's and Montgomery counties.

If you're hurt, have the Big Dog bite the insurance company for you!

The Jaklitsch Law Group

BigDogsSmallFirm.com

855-BigDog1



Hyatt & Weber, P.A.



Alan Hyatt



Steven Hyatt



Paul J. Weber



Benjamin Henry



Bob Miller



Gregg Weinberg



John Brassel



Jon Wall



Mark Gabler



Mark Rosasco



Barbara Palmer



Shannon Waldron



Steve Heinl



Amanda Sprehn

Established in 1979, Hyatt & Weber, PA has offered full-service legal representation for over 40 years to the Mid-Atlantic region, including Annapolis, Baltimore, Easton, North Virginia, and Washington D.C. The firm offers an experienced team of attorneys that provide dedicated service tailored to the needs of each client. In its commitment to deliver full-service legal representation, the attorneys at Hyatt & Weber have developed knowledge and experience in both transactional law and civil litigation.

Hyatt & Weber, PA regularly assists clients in matters involving alcohol beverage licenses and compliance, banking, bankruptcy, business, employment, estate planning and probate, insurance coverage, intellectual property, land use and zoning, medical malpractice, personal injury, professional license defense, and real estate. Through decades of practice, our attorneys have earned the respect and trust of their peers, clients, and the wider Maryland community.

The firm was founded in 1979 by Alan Hyatt, a real estate attorney, and became Hyatt & Weber, PA in 1993, when he merged his real estate practice with the civil litigation practice of Paul Weber, an experienced civil litigator. Since merging in 1993, Hyatt & Weber, PA has grown to include 14 lawyers and multiple office locations throughout Maryland.

Within the civil litigation practice at Hyatt & Weber, PA, Paul Weber and Jon Brassel are proven leaders in the legal community. Clients and peers regularly recognize Paul and Jon's expertise in litigation, including personal injury, product and professional liability, medical malpractice, and other complex civil litigation areas.

By representing clients in the defendant and plaintiff capacity, Paul Weber has developed an understanding of the legal process from both perspectives. His clients include individ-

uals, businesses, and medical professionals, giving him a unique perspective from which to evaluate each client's legal issue. Beyond the court room, Paul also regularly counsels medical professionals, businesses, and insurance providers on litigation avoidance, best-practice tactics, and risk mitigation.

Jon Brassel is nationally recognized for his work in asbestos litigation, toxic tort claims, and other complex product liability issues and medical malpractice lawsuits. Through decades of hard work, Jon has proven his dedication to the legal profession, demonstrating the highest ethical standards and a deep commitment to the law. He has served as national counsel in matters involving multi-jurisdictional litigation and defending multi-million-dollar toxic tort and product liability matters. As plaintiff's counsel in medical malpractice cases, both Jon and Paul have successfully won million-dollar verdicts and multi-million dollar settlements.

Hyatt & Weber, PA is headquartered in the heart of Annapolis and has offices in Baltimore City, Baltimore County, and Easton. Beyond these four offices, the attorneys also regularly represent clients in the greater Mid-Atlantic region. If you need help with a legal issue, please contact the firm: 410-266-0626 or visit our website, www.hwlaw.com.

Hyatt & Weber, P.A.

200 Westgate Circle, Suite 500
410-266-0626 | www.hwlaw.com





Iloff, Meredith, Wildberger & Brennan, P.C.

Since its founding in April 1995, the attorneys at Iloff, Meredith, Wildberger & Brennan, P.C. have worked tirelessly to represent victims injured as a result of medical negligence, i.e., medical malpractice. While the firm's primary focus is on medical malpractice injuries, the firm's practice also emphasizes representation of clients injured in automobile accidents and truck accidents.

The firm understands that victims are often unable to afford an attorney's hourly rate. The firm often represents clients on a contingency fee basis. This means that the firm is paid a percentage of a client's recovery as the firm's fee, but that a client does not owe the firm a fee unless a client obtains a monetary recovery. This contingency fee model allows Iloff, Meredith, Wildberger & Brennan, P.C. to represent injured clients who otherwise could not afford to pursue their claims.

Iloff, Meredith, Wildberger & Brennan, P.C. offers clients a potent combination of small firm efficiency coupled with ability and experience in litigating large and complex cases. All of the firm's clients receive personal attention from their attorneys at Iloff, Meredith, Wildberger & Brennan, P.C.

Iloff, Meredith, Wildberger & Brennan, P.C.'s relationships with clients are characterized by confidence and trust. Irrespective of the type, value, or complexity of a given case, the attorneys care about what happens to the firm's clients. The firm's attorneys do their utmost in every case to ensure that justice is done for their clients and to assist clients in achieving the best possible result.

Iloff, Meredith, Wildberger & Brennan, P.C. also believes in giving back to the community. In addition to financially supporting community initiatives, the

firm's attorneys regularly donate their time through a variety of charitable and professional organizations. This commitment has resulted in many honors and awards to Iloff, Meredith, Wildberger & Brennan, P.C. and its attorneys, as well as many leadership positions being held by the firm's attorneys in both community and professional organizations.

Iloff, Meredith, Wildberger & Brennan, P.C. provides potential clients with free legal consultations. Please contact the firm by telephone (410) 685-1166 or online to discuss how its attorneys may be able to provide assistance. Please visit Iloff, Meredith, Wildberger & Brennan, P.C.'s website, www.ilimer.com, to review a more complete description of the firm's practice areas and to view individual attorney profiles.

Iloff, Meredith, Wildberger & Brennan, P.C.

Patriots Plaza, Suite 201-203
8055 Ritchie Highway
Pasadena, Maryland 21122
410-685-1166



Kagan Stern Marinello & Beard^{LLC}



Jonathan Kagan



Stephen Stern



Michael Marinello



Ryan Beard



Meagan Borgerson



Patrick Daley



Heather Yeung



Shannon Hayden



Travis Martz



Jonathan Hodgson

Kagan Stern Marinello & Beard provides highly skilled legal services to businesses and individuals in the areas of business, employment, and litigation in Maryland, DC, Virginia, and other jurisdictions throughout the country. The firm's attorneys have been consistently recognized as "AV" rated by Martindale-Hubbell (which is the highest rating attorneys can receive from their peers), as well as by "Super Lawyers," "Best Lawyers," and annually by *What's Up? Media's* "Leading Lawyers," in the areas of business, employment, and litigation.

Kagan Stern's business law practice includes corporate formation and organization, drafting contracts and business agreements, mergers and acquisitions, and financing and security transactions. In addition, our attorneys draft and review intellectual property and related licensing agreements and handle other general counsel needs of our business clients. The firm also participates in real estate matters, including drafting and negotiation of leases and purchase contracts, and conducting real estate settlements through its title company affiliate, Title Nation.

The firm's employment law practice involves advising businesses and individuals on nearly all aspects of the employment relationship. The firm's attorneys draft and review employment agreements, nonsolicitation and noncompetition agreements, confidentiality and nondisclosure agreements, severance agreements, employee handbooks, and employment policies. They also advise on matters such as wage and hour compliance, trade secret protection, discrimination and leave laws, and privacy issues. Kagan Stern's lawyers are trained and experienced in conducting confidential internal investigations for businesses regarding potential violations of employment laws and other sensitive business matters.

When litigation arises or becomes necessary, the firm's experienced trial attorneys handle a wide variety of complex civil cases in trial and appellate courts, as well as in arbitration and before governmental agencies or boards. The litigation attorneys at Kagan Stern are experienced in handling cases involving business, employment,

trusts and estates, real estate, and various other types of disputes.

The combination of business, transactional, and trial experience makes the attorneys at Kagan Stern an ideal choice to represent companies as outside general counsel to work with management on a regular basis to address the particular legal needs of the business.



Kagan Stern Marinello & Beard, LLC

238 West Street
Annapolis, Maryland 21401
410-216-7900

www.kaganstern.com

Super Lawyers[®]
2022





McNamee Hosea, P.A.

McNamee Hosea, P.A. Congratulates its 2022 Leading Lawyers



Jennifer M. Alexander
Criminal Law



Danielle M. Cruttenden
Trust, Estates, Wills & Probate Law



Lindsey K. Erdmann
Family Law



Steven L. Goldberg
Bankruptcy Law



Charles H. Henderson
Employment Law



John P. Lynch
Construction Law & Litigation



Esther A. Streete
Trust, Estates, Wills & Probate Law



Mark W. Schweitzer
Real Estate Law



Kevin M. Tracy
Construction Law & Litigation



McNamee Hosea, P.A. is a trusted full-service law firm serving clients in Maryland, DC and Virginia. Our attorneys advise entrepreneurs, businesses and individuals on a wide range of law services including, business law, estates and trust, family law, tax, litigation, bankruptcy, employment, real estate, land use and zoning, construction law and criminal defense. Our attorneys are passionate about providing our clients with exceptional, valuable and effective client service through zealous advocacy and creative strategies that will make a difference. We love what we do!

888 Bestgate Road, Suite 402
Annapolis, MD 21401
(410) 266-9909

6411 Ivy Lane, Suite 200
Greenbelt, MD 20770
(301) 441-2420

950 N. Washington Street, Suite 210
Alexandria, VA 22314
(703) 270-9600

www.mhlawyers.com



McAllister, DeTar, Showalter & Walker Thrives in Annapolis

After growing into the largest law firm on the Eastern Shore, McAllister, DeTar, Showalter & Walker (MDSW) expanded its geographic footprint to Annapolis in 2020. With a newly built, modern office in West Annapolis, MDSW has since added several talented attorneys to offer MDSW's unique brand of sophisticated and client-focused legal services to this region's diverse community.

The Annapolis office now provides an anchor for MDSW's Family Law, Employment Law, and Estate Planning & Administration practice groups, with MDSW partners Morgan E. Foster, Steven A. Brown, and Timothy J. Oursler leading these practice groups. Also contributing their talents to MDSW's significant growth are local attorneys Strider L. Dickson (Litigation), Anthony P. Kupersmith (Environmental Law; Zoning & Land Use), Janine E. Wolford (Family Law), Sarah E. Dwyer-Heidkamp (Estate Planning & Administration), and Brenton H. Conrad (Employment Law; Litigation).

As we grow, MDSW is invested in making long-term, positive impacts on the communities in which we live and serve - Annapolis is no exception. Our Annapolis attorneys are actively involved in community programs, boards, and non-profit organizations, including Leadership Anne Arundel (Morgan, Flagship '20; Steven, Flagship '22), the Anne Arundel County Chamber of Commerce, and the Anne Arundel Bar Association.

Our attorneys have spent decades representing a wide array of clients, including individuals, families, Fortune 500 companies, private equity firms, physician groups, hospital systems, private and public schools, municipalities, and closely-held businesses. MDSW is dedicated to providing high-caliber and customized legal services addressing complex business, employment, estate and trust planning, finance, civil litigation, family, real estate, agricultural, and land use matters. With offices throughout Maryland, MDSW is uniquely situated to deliver outstanding and effective legal representation to all clients and welcomes the opportunity to continue to grow our relationships in the Annapolis region.

McAllister, DeTar, Showalter & Walker

706 Giddings Avenue, Ste. 305

Annapolis, MD 21401

410-934-3900 | www.mdswwlaw.com



Ronald M. Naditch, P.A.

Ron Naditch has decades of experience successfully handling disputes in the areas of family law (prenuptial agreement, divorce, alimony, domestic violence, and all children related issues), automobile accidents, criminal law, and general civil law.

Ron is a graduate of Dickinson College and University of Maryland Law School (with honors), where he served as an Assistant Editor of the Maryland Law Review and finished in the top 10 percent of his day school class. After law school, he served as a law clerk for The Honorable C. Ferdinand Sybert, a judge on the Maryland Court of Appeals. He then served a tour of duty in the United States Coast Guard before going into private practice as an associate of Goodman and Bloom in Annapolis, a position he held for one year.

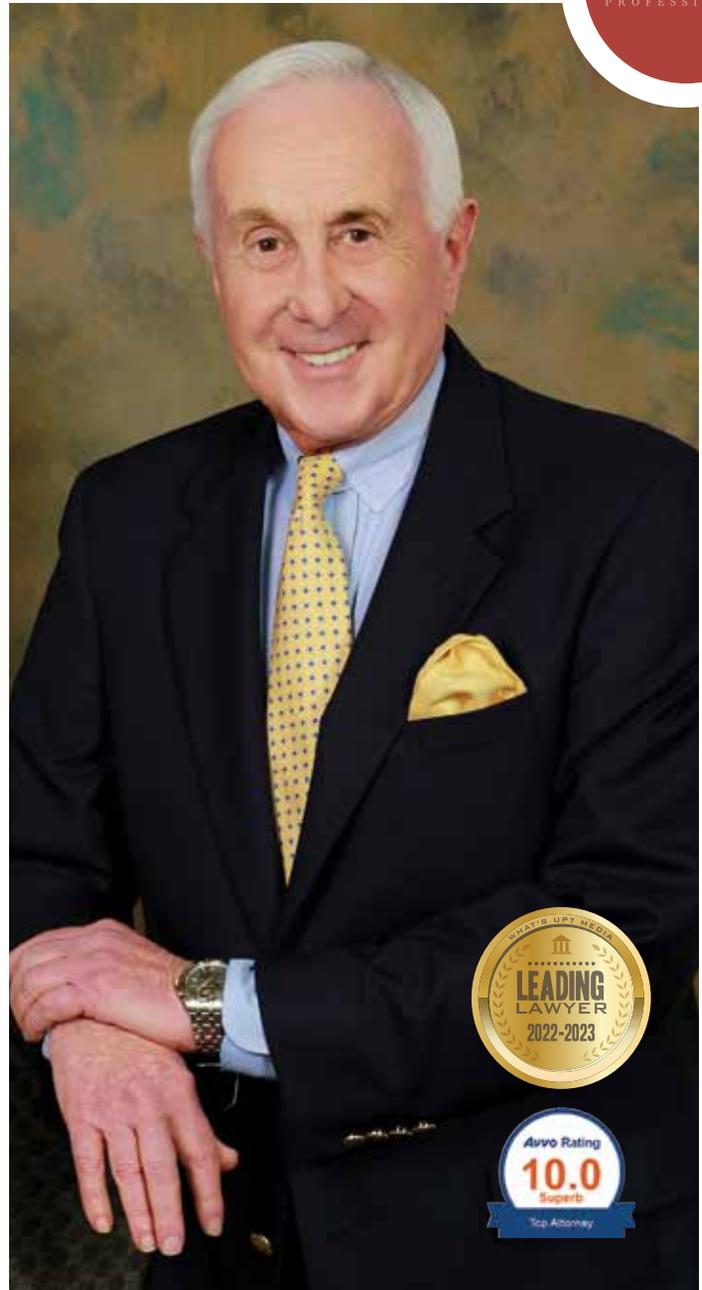
For more than 25 years thereafter, while Ron was developing his private practice, he served under five States Attorneys as a part-time Senior Assistant State's Attorney in Anne Arundel County. In this capacity he specialized in handling murders, rapes, robberies, and other major felony cases and was the go to person in cases involving insanity pleas until he retired in 1993.

During his legal career, Ron has represented the Anne Arundel County Department of Social Services; he has been a member of the Maryland Attorney Grievance Review Board; and he has been recognized by Martindale Hubbell (a publication that rates lawyers based upon responses from their peers) as an "AV" rated attorney since the mid-1970s. He also has the highest attorney rating from AVVO. In 1993, the judges of the Anne Arundel County Circuit Court appointed him as part-time Master/Examiner and he participated as a hearing officer for the Court in 5000-7000 cases over a period of 25 years before the elimination of that position in 2018.

At this stage of his practice, a great deal of Ron's time is spent conducting mediations for people who have family law issues. It has been his experience, after more than 25 years as a mediator, that nearly all family law issues can be resolved in this non-adversarial procedure. Mediation is far less expensive than litigation and, with the assistance of a trained mediator, can allow couples to dissolve their marriages and determine how to fairly resolve all child related issues, as well as issues relating to fair and appropriate monetary adjustment with regard to their property and/or to adjust their differences in income. The balance of his time is spent representing clients in contested family law cases in Anne Arundel, Queen Anne and Talbot Counties.

Ron considers family law to be a unique legal area and that it is in the best interest of the divorcing parties and their children if they seek to mediate solutions to their problems, as opposed to allowing the courts to mandate decisions about their lives, the lives of their children, and their financial assets. A divorce should not be about winners, losers, and results that end in scorched earth. Peaceful solutions to divorces inures to the benefit of all parties. An attorney should act as a problem solver, neither accelerating nor aggravating what is often a stormy situation. Ron's approach is to say to his clients when they come into his office, "Let's sit down, discuss, mediate, and resolve the issues, instead of letting a person in a black robe make a decision about you and your family."

According to Ron, "I think of myself as a problem solver, not a troublemaker, in family law cases. But if trouble arises or problems cannot be resolved without limitation, I have the experience to handle any type of case."



**AV Preeminent peer rating from
Martindale Hubbell since 1980**

49 Cornhill Street

Annapolis, MD 21401

Annapolis

410-268-3434

Baltimore

410-269-0077

443-926-4539 (Cell)

RMNaditch@aol.com



YVS Law

Yumkas, Vidmar, Sweeney & Mulrenin, LLC (aka "YVS Law") was founded in Annapolis over 13 years ago with a concentration on bankruptcy, litigation and business disputes. Our bankruptcy lawyers are leaders in Maryland, D.C. and Virginia for bankruptcies, receiverships, workouts and reorganizations, representing both creditors and debtors. Since then, YVS Law has added some of the County and State's most experienced real estate, land use and environmental lawyers.

YVS Law is your resource for addressing troubled businesses and complex financial difficulties through creative solutions. Our Real Estate, Land Use and Environmental practice has decades of local experience with initial project planning, entity formation, zoning and permitting, administrative hearings and appeals, financing, acquisition, leasing and sale, as well as associated governmental relations, administrative hearings, environmental, and natural resources issues.

Visit our website at www.YVSLAW.com to reach us.

Members: Paul Sweeney (Managing Member),
Thomas J. Mulrenin, Benjamin Wechsler, Catherine K. Hopkin

Senior Counsel: David Plott, Kinley Bray

Associates: Corinne Adams, Erin Benson, Tiffany Franc, John Schropp

YUMKAS  VIDMAR
SWEENEY & MULRENIN^{LLC}
Attorneys & Counselors
www.YVSLAW.com

Bankruptcy | Business | Real Estate
Land Use | Environmental | Litigation



Annapolis
185 Admiral Cochrane Drive, Ste 130
Annapolis, MD 21401

Future Office: Maple Lawn
11825 W. Market Place
Fulton, Maryland 20759

410-571-2780 | YVSLAW.com



Tom Fleckenstein, Esq.

The Law Office of Thomas J. Fleckenstein

Offering complete legal services in civil litigation and government relations services

- Family Law - Separation, Divorce, Child Custody & Support, Alimony, Protective Orders, Domestic Violence Issues, and Asset Valuation and Distribution
- Business Litigation and Contracts
- Personal Injury/Wrongful Death
- Traffic Court Cases/Criminal Defense
- Wills and Estate Administration
- Liquor Board Matters
- Lobbying/Government Relations

Tom Fleckenstein has built a career and reputation by diligently helping others. He is known for his ability to bring parties together for common goals as well as zealous courtroom advocacy. He represents his clients with a keen ability to get to the bottom of the issues and solve complicated problems. He is a former Assistant and Deputy State's Attorney for Anne Arundel County, and has handled hundreds of civil and criminal trials, administrative hearings, and appeals throughout Maryland.

- Member of the Maryland State Bar Association
- Served as a Division Chair and Trustee of the Anne Arundel County Bar Association
- Appointed by the Anne Arundel County Circuit Court to serve as a Children's Privilege Attorney and Child's Best Interest Attorney

- Appointed as a Special Administrator by the Orphan's Court for Anne Arundel County
- Former Vice-Chair of the State Board of Elections
- Former Chair of the Trial Court Judicial Nominations Commission for Anne Arundel County
- Appointed to Anne Arundel County Charter Revision Commission (2021-2022)

Charles A. Puher Associate Attorney

Charles Puher strives to deliver personalized legal representation through his legal knowledge, organization, time management, efficient communication, and interpersonal skills.



Tom Fleckenstein and Charles Puher



Thomas J. Fleckenstein, Esq.

100 Cathedral Street, Suite 9
Annapolis, Maryland 21401
tomfleckensteinlaw.com
Tom@tomfleckensteinlaw.com
410-874-5305 Office
410-703-3704 Mobile



Sara H. Arthur

Arthur Law Group, LLC

Real Estate - Condominium & Homeowners Associations

Sara H. Arthur is the founding member of Arthur Law. The firm has established itself as one of the preeminent Maryland firms in the area of condominium and homeowners association law representing both associations and developers. Because of her more than 35 years of practice, Ms. Arthur has extensive experience with community association issues, including drafting community documents, enforcement of covenant restrictions, accommodations for disabilities, collection of assessments, construction disputes and land use issues, particularly those involving waterfront areas. Ms. Arthur works closely with community Boards of Directors and prefers a practical approach to maximize the benefits to her clients. Ms. Arthur's years of personal service and attention to detail set her representation apart from larger firms in this practice area.

Ms. Arthur has long been active in the legal community and is recognized by her peers. She has been designated a Maryland Super Lawyer every year since 2013 and named one of the Top 50 Women Lawyers in 2020. She received Daily Record awards for Leadership in the Law in 2015, Top 100 Women in 2016 and Influential Women in 2017. Ms. Arthur is active in the Maryland State Bar Association, serving as President in 2017-2018 and awarded its Distinguished Real Property Practitioner Award in 2019. She is also active in the Anne Arundel County Bar Association and served as President in 1995-1996. Ms. Arthur is currently Vice-Chair of MYLAW-Maryland Youth & the Law, an organization which provides leadership, life skills and civic awareness to Maryland youth.



Arthur Law Group, LLC

2448 Holly Ave. | Suite 303

Annapolis, MD 21401

Tel: 410-268-7788 | Fax: 410-268-7785

www.arthurlaw.net



Burrows Haviland Law

Eric and Laura Haviland have been working together for more than a decade serving families in conflict. Eric has been called the "Go To" QDRO Lawyer by many attorneys and professionals. With an LLM in taxation, Eric has specialized knowledge litigating and negotiating complex divorce and financial cases. Laura, a child's attorney and parenting coordinator, strategizes each matter utilizing her wealth of child custody and high conflict litigation experience, to promote healthy manageable resolutions for families. Eric and Laura have dedicated their lives to the service of families in conflict.

Our firm handles diverse family law matters including high-conflict litigation, multi-asset divorces, mediation, parent coordination, QDROs, and more. When you meet with our team, you will be asked about your goals, intentions, and desired results. As opposed to solely working from a defensive posture, we help guide and strategize with our clients to take actionable measures to obtain the best outcomes. Contact Burrows Haviland Law for all of your family law needs.



BURROWS HAVILAND LAW

168 West Street | Annapolis, MD 21401

410-960-6642 | www.burrowshavilandlaw





Diana L. Klein

Diana has been a local attorney for the past twenty years and is familiar with how Maryland residents and businesses were affected by the COVID-19 pandemic. Diana continues to represent these local businesses in Corporate Law, negotiating and preparing commercial contracts, leases, and loan documents. Diana has many clients that are still recovering from the economic impact and are simply trying to financially get through the next day, protect their assets or defend against creditors and lenders. Now that state assistance programs and moratoriums have ended, businesses and residents may need, more than ever, protection from creditors and lenders. Mortgage companies are moving faster than ever in foreclosing on properties. Diana's past legal experience and knowledge through the financial and real estate crisis in 2007-08, has more than qualified her to help evaluate your financial situation and determine your best option, whether its negotiating with creditors, negotiating a loan modification, a forbearance, a short sale, deed-in-lieu of foreclosure or filing a business or personal bankruptcy. Bankruptcy can give you time to reorganize and stop aggressive creditors, which may be the relief you need. Also, the pandemic caused people to realize they need to get their estate planning in place for those unexpected or unforeseen events. There is no better time than now to have Diana prepare a power of attorney, a will, a medical directive and / or a trust agreement. Diana is also ready to help you with the navigation and administering of a decedent's estate, which can be a very difficult process.

As an entrepreneur, Diana has been able to utilize her legal experiences and knowledge to expand her services by building a successful full-service real estate brokerage firm, Lawyer's Realty, LLC and a title company, Lawyer's Title & Escrow Services, LLC. Lawyer's Realty is a unique brokerage firm offering attorney consult throughout your transaction at no extra cost. No other brokerage offers this service. Owning a title company is always a benefit to her real estate clients by streamlining the transaction. Diana understands all aspects of the real estate transaction, both commercial and residential and she can answer any of your real estate questions during your transaction.

As a result of COVID-19, Diana continues to meet clients telephonically or through video conferencing, which saves client's time, however, her office is open for clients who wish to meet in person. Give Klein & Associates a call for a 30-minute consult at no cost to discuss your upcoming legal or real estate needs. She will help you prepare, persevere, and stay positive.

Klein & Associates, LLC

2450 Riva Rd. | Suite 100

Annapolis, MD 21401

443-569-4574 | www.klein-lawfirm.com

diana@klein-lawfirm.com



Evans Law

Established in 2011, Evans Law has grown from a staff of three in 2020 to eight at the beginning of 2022. Our three partners- Matt Evans, Gary Damico, and Jonathon Scruggs- underline the firm's three exclusive practice areas: real estate, construction, and land use. Senior Associate Angela Tonello headlines our formidable litigation practice along with Senior Paralegal Jessica Chandler. Together, our staff holds a combined six decades of legal experience.

Just what do we handle? If it involves real property, it's probably us! Residential and commercial sales, acquisitions, and leasing. Property line disputes. Unruly neighbors. Fences. Sheds. Zoning. Easements. Development. Land sales. Investors' general counsel. Landlord-tenant conflict. HOA and condominium governance. Construction agreements. Non-payment. Non-performance. Substandard construction. Latent defects. Complex non-arms-length deed conveyances.

We genuinely enjoy these exciting and ever-evolving topics. Please reach out to discuss any of your needs!

113 Cathedral Street
Annapolis, MD 21401
410-626-6009
www.msevanslaw.com





The Law Office of John E. Lindner, P.A.

John Lindner, a 1991 graduate of The University of Baltimore School Of Law opened his own firm in January 1994. During the last 26 years he has represented most of the major hospitals in the state of Maryland and has earned a sterling reputation for honesty and integrity with both his clients and the Judges across the state of Maryland. John is an active supporter of both the St. Jude's Children's Hospital and Shriners Hospital. He has been married for 34 years and cherishes the time he gets to spend with his family.

WHO WE ARE

For nearly three decades, the Law Office of John E. Lindner, P.A. has been committed to unwavering legal and ethical standards that provide the highest quality of professional litigation and collection services for our business clients.

WHAT WE OFFER

We provide client services that span the full life cycle of accounts receivable, including customizable recovery solutions that deliver exceptional customer service, clear communication, and full compliance that drive positive bottom-line results. Our experienced and professional team performs within established legal boundaries and becomes an extension of your management strategy.

WHY OUTSOURCING WORKS

Lindner understands that no matter how large or small your delinquent accounts, managing cash flow is essential to your survival. Managing delinquencies in addition to running a business is extremely challenging. We partner with you to determine the most profitable course of action to ease the demands of your time. We streamline the collections and recovery process by eliminating the collection agency and introduce a legal professional from the beginning, providing a quicker turnaround and less cost!



1410 Crain Highway N.
Suite 3B
Glen Burnie, MD 21061
410-218-9245 (cell)
john@johnlinder.com

Funds Recovered. Credit Restored.

SCHEDULE A CALL WITH LINDNER LAW

We welcome the opportunity to learn about your debt recovery process!



Jack Schmerling

Jack Schmerling primarily practices workers' compensation law (on the job injuries). However, he also represents individuals in personal injury and Social Security disability. As a solo practitioner with over 30 years of legal experience, he personally represents each client.

His expertise in the field of workers' compensation has been well recognized, having taught various aspects of workers' compensation to other lawyers through training seminars sponsored by the Anne Arundel County Bar Association, Maryland Association for Justice, and Maryland Workers' Compensation Education Association, Inc. Serving as a resource for other lawyers with workers' compensation questions, Jack has been qualified in Circuit Court as an expert witness in the field of workers' compensation. Mr. Schmerling was also honored by the lawyers and judges of Anne Arundel County having been selected by them as the leading lawyer for referrals in workers' compensation as noted in *What's Up? Annapolis* in every poll conducted (years 2010 through 2020).

Mr. Schmerling was selected as a "Super Lawyer" in the field of workers' compensation by other attorneys throughout the State of Maryland as published in *Baltimore Magazine* in 2013 - 2022.

Mr. Schmerling, who, with his wife Sara, has raised four sons, served on various Anne Arundel County and Maryland non profit and charitable boards.

7429 Baltimore Annapolis Blvd., Glen Burnie, MD 21061
410-787-0022 | www.jackschmerling.com





Brendan E. Madden, Randall S. Herriott*, Maureen Glackin* - *Top 100 & Top 50 Women*
Paul J. Reinstein* - *Top 100*, Shelby E. Whale**, Daniel V. Renart*
*Chosen to Super Lawyers | **Chosen to Rising Stars



185 Admiral Cochrane Drive, Suite 115
Annapolis, MD 21401

PH: (301) 383-1525
Toll Free: (800) 237-3137
RGHLawyers.com

Se habla español

Reinstein, Glackin & Herriott

The attorneys of Reinstein, Glackin & Herriott practice family law throughout Maryland and have more than 100 years of combined legal experience. The firm consists of Senior Attorney Paul Reinstein, who is also an award-winning mediator in the Washington area. Maureen Glackin, Partner, specializes in military divorce as well as the division of military retirement assets and other retirement benefits. Daniel Renart, Partner, focuses his practice on assisting clients in various family matters and is fluent in Spanish. Randall Herriott, Partner, is well-known as a strong advocate for equitable relief through his thoroughness and commitment to obtaining the best outcomes for his clients. Associate attorney Shelby Whale has been chosen as one of Super Lawyers' Rising Stars for her growing knowledge and performance as a family law attorney, and our newest Associate attorney, Brendan Madden, is quickly establishing a stellar reputation for his legal research and writing skills. Members of RGH have experience handling complex litigation involving separation agreements, prenuptial agreements, divorce, alimony, child custody, child support, family businesses, property distribution, domestic violence, corporate issues and other complex family law matters.

When it comes to specializing in these areas of law, RGH is committed to providing quality and empathetic legal services to all of its clients. The attorneys at RGH have been recognized for their legal knowledge and experience by various accredited organizations, including the American Academy of Matrimonial Lawyers, Super Lawyers, Martindale Hubbell, Washingtonian Magazine, Best Lawyers and others. Our main office is located in Annapolis, Maryland and our firm represents clients in Anne Arundel, Prince George's, Charles, St. Mary's, Calvert and Montgomery Counties.

Our offices are open for in-person appointments (following any current mask mandate), as well as virtual and phone appointments.



1125 West Street | Suite 200
Annapolis, MD 21401
410-570-1671
www.jcjohnsonlaw.com



Johnson Law

Johnson Law LLC is a boutique estate planning, business, and elder law practice serving families and small business owners. Demystifying estate planning in a relaxed environment and empowering clients with knowledge are hallmarks of Johnson Law and its principal attorney, Jason C. Johnson.

Let's face it, for most people the idea of visiting an attorney to engage in estate planning is not an appealing one. Because of this, too many people procrastinate or avoid planning entirely. The results can be devastating.

Johnson Law approaches the planning process a little differently. It focuses on the unique concerns of the client, rather than just preparing the standard legal documents. Through legal counseling, clients build confidence in the future and in the safety and security of their family, their business, and their personal and financial legacy.

Johnson Law works with individuals and families at all stages of life and levels of wealth. It offers convenient and welcoming virtual and in-office appointments.





Sims & Campbell

Estates and Trusts

181 Truman Parkway
Annapolis, MD 21401
410-881-0999

500 York Rd.
Towson, MD 21204
410-828-7775

info@SimsCampbell.law
www.SimsCampbell.law



At Sims & Campbell, our estate planning lawyers advise and assist individuals and families to develop estate plans that preserve family harmony, avoid probate, minimize gift and estate taxes, preserve and protect assets, designate guardians of minor children, and benefit charitable organizations. **All of our lawyers focus their practice exclusively in estate planning and estate administration.** We believe that by focusing our practice, we bring experience and wisdom to solve complex tax, family, and other planning issues with common sense, clarity, and compassion. Ultimately, we strive to provide every client with *peace of mind* that their plan is orderly and efficient for their loved ones. This year, two of our attorneys were selected as Leading Lawyers: Frank Campbell and Michael (Mike) Lehr.

Frank earned his law degree from Hofstra Law School and a Master of Laws in Taxation (LLM) from University of Baltimore. Since 2005, he has focused his entire practice on estate planning. He began his legal career as a Judge Advocate in the United State Marine Corps and previously serve as the General Counsel for the Special Inspector General for Iraq Reconstruction.

Mike completed his undergraduate studies at the University of Maryland, and earned his law degree from University of Baltimore. He began working at an estate planning law firm in law school and has dedicated his entire career to estate planning, wealth transfer planning, and estate administration. Mike has taught courses on estate planning at Anne Arundel Community College, serves on several local charity boards, and is a past Chair of the Anne Arundel Estate Planning Council.

The firm serves a wide range of clients, from young families to ultra-high net worth individuals and families, which allows clients to remain with the firm as their level of wealth and the complexity of their estate planning changes over time.

Please check us out at www.simscampbell.law to learn how we can serve our family and plan your legacy.

OUR ATTORNEYS: Jane Frankel Sims, Frank Campbell, Michael (Mike) Lehr, John Robinson, Christia Pritts, Jennifer Yeagle, Matthew Pearl, Zoe Kerasidis, and Sarah Thiraway



KatzDay, LLC

KatzDay, LLC is a boutique business and real estate law firm located in Anne Arundel County. We represent clients in a broad range of transactional matters including business formation, commercial real estate sales and leasing, and land use. Our diverse experience as both attorneys and principals provides us with a unique perspective on real estate transactions and allows us to offer practical counseling to our clients. Our firm was founded by David A. Katz and Ryan C. Day in 2017, and we were pleased to be joined by associates Zaheer Abbas and Evan W. Pickett last year. Our attorneys are licensed to practice law in Maryland, D.C., Virginia and New York. We are honored that one of our own was nominated by his peers and selected by *What's Up?* as one of 2022's Leading Lawyers in the greater Chesapeake Bay region.

Please find us on the web at www.katzday.com.



2410 Evergreen Road, Suite 104
Gambrills, Maryland 21054
443-332-6408
www.katzday.com





Sinclair Prosser Gasior

Estate Planning and Elder Law Attorneys

Do you know what will happen to your family and your assets if you become incapacitated, or what will happen to your loved ones after you pass away? Many people do not like to think about illness, injury, or death. While it is understandable to put these topics out of your mind, you can put your family—and yourself—in a very bad situation if you do not plan ahead in case of illness and for the inevitability of your death.

Waiting too long to make an estate plan can leave you and your loved ones in trouble if something unexpected happens. If you have not planned in advance and you need nursing home care or you get sick and cannot communicate your medical decisions, your family members could be put in a difficult position. You could face significant financial trouble and even receive unwanted medical care that you wouldn't have chosen.

Rather than leave yourself and your family at the mercy of fate and hope nothing bad happens to you, it is best to be prepared in advance. Get the help you need today so everything is in place in case of an emergency. This is just as important for young people as it is for the elderly, especially if you have small children to provide for.

Give us a call at 410-573-4818 or contact us online to learn more about the personalized assistance we can provide to you in Annapolis, Bowie, Millersville, Waldorf, and surrounding areas in Maryland. Sinclair Prosser Gasior attorneys Jon J. Gasior, Colleen Sinclair Prosser, Alexander M. Pagnotta and Laura T. Curry will help ensure you have taken care of the essential estate planning issues so you can give yourself and your family the peace of mind of knowing everyone is protected.

From left to right: **Laura T. Curry, Jon J. Gasior and Alexander M. Pagnotta**



SINCLAIR PROSSER GASIOR
ESTATE PLANNING & ELDER LAW ATTORNEYS

Sinclair Prosser Gasior

900 Bestgate Road, Suite 103
Annapolis, MD 21401
410-573-4818
www.spgasior.com



Evan Koslow

Your Family Law Advocate

For more than a decade, Evan Koslow has been helping couples, families, and children in Maryland get to a better place. Located in Annapolis, the Koslow Law Firm handles many types of family law cases including military divorce, mediation and third party custody. Evan has successfully taken on hundreds of the most difficult and complex divorce and family law cases in Maryland.

- **Reliable**
- **Accessible**
- **Efficient**
- **Determined**

Recognizing that every client is in a unique situation, Evan will be your advocate and provide you with personal attention to better understand the circumstances surrounding your legal situation.

Koslow Law Firm supports clients in many parts of Maryland including, but not limited to: Anne Arundel County, Baltimore County, Calvert County, the Eastern Shore, Howard County, Montgomery County, and Prince George's County.

With flexible appointments available all week, Koslow Law Firm LLC strives to be easily accessible to clients and all calls and emails are returned within 24 hours.

Give us a call today to discuss your family law case.



Koslow Law Firm, LLC
420-I Chinquapin Round Road
Annapolis, Maryland 21401
443-482-5141 (office)
443-482-5104 (facsimile)
evankoslow@koslowlawfirm.com
www.koslowlawfirm.com



Law Offices of Stacey B. Rice LLC

23 West Street
1st Floor
Annapolis, MD 21401
443-333-4343
www.staceyrice.com



The Law Offices of Stacey B. Rice, LLC (“Rice Law”) is a family law firm, focusing on divorce, custody, child support, alimony, protective orders, prenuptial agreements, guardianship, and adoption. The Rice Law team is comprised of experienced family law attorneys who understand the value in settling your case, but are also experienced trial attorneys who will not hesitate to litigate even the most complex cases. The attorneys at Rice Law understand the emotional and economic stress a divorce/custody case causes a family, and we especially appreciate the importance of advocating for the best interest of our clients’ children. We believe in solving problems, not creating new ones. We practice family law for the sole purpose of helping our clients navigate one of the most difficult times in their lives, and we do it with compassion and strong advocacy. We are committed and dedicated to our clients.

Rice Law is led by Stacey Rice, who is a former prosecutor in Anne Arundel County but has spent the past 16 years focusing on family law. Stacey is appointed to represent children in divorce cases and is also a mediator for custody cases. Her law partner, Samantha Posner, has solely practiced family law for 10 years in many counties surrounding Anne Arundel. Attorney Nathan Volke is a well-respected family law attorney who has practiced for 11 years in Anne Arundel, Queen Anne’s and Calvert County, and he is also County Councilman in Pasadena. Attorney Nicholas Mastracci, who previously clerked for a family law

Judge in Baltimore County, is one of the best young family law attorneys in Annapolis. The attorneys at Rice Law work collaboratively with one another because our clients are best served by a team approach.

We are proud to be celebrating our 4-year anniversary at Rice Law and thrilled to be moving to 79 Franklin Street this fall, where Rice Law will be a fixture in Annapolis. We look forward to continuing to advocate for our clients for years to come.

Our clients have benefited from having an attorney who fights for them and their children, and gives them solid advice, all while being appropriately aggressive, yet empathetic. We use our knowledge, experience and unique team approach to get you the very best outcome and to guide you through one of the most difficult times of your life.

Please visit our website (www.staceyrice.com) to read what our clients think of Rice Law.



Debra Saltz

Debra Saltz has over twenty-seven years of criminal and traffic defense experience. Before forming the Law Offices of Debra A. Saltz, LLC, Debra was both an assistant public defender and a prosecutor. She started her career as a judicial law clerk to the Honorable Joseph F. Murphy, Jr. on the Court of Special Appeals. Debra is an avid runner and triathlete who has run a marathon in every state as well as completing two Ironman triathlons (2.4-mile swim, 112-mile bike, 26.2-mile run). Debra brings the same focus and determination to the cases she handles. She represents people charged with offenses from DUI to murder. When you want an experienced and aggressive defense, you want Debra on your side. If you face a legal challenge that threatens your liberty, financial situation, or quality of life, contact the Law Offices of Debra A. Saltz.



LAW OFFICES OF
Debra A. Saltz

918 Chesapeake Avenue
Annapolis, MD 21403
410-680-8190
www.debrasaltz.com

GiGi's
Playhouse™

Down Syndrome Achievement Centers

GiGi's Playhouse Annapolis proudly presents...

Igniting the Dream Gala

The Annapolis Waterfront Hotel • June 10, 2022

**Join us for a night of
dancing and inspiration!**

✦ Live Music from The Groove Spot Band ✦

✦ Live & Silent Auction ✦

✦ Food & Drinks ✦

Sponsorship Opportunities Available

It is only with the generosity of our supporters that we are able to provide therapeutic, educational and career training programs to individuals with Down syndrome and their families...*always at no cost.*



GIGISPLAYHOUSE.ORG/ANNAPOLIS/GALA



Q: What can a lawyer do for me if i'm injured in a car crash?

A: Your lawyer can perform numerous services for you (many free of charge), including handling the property damage settlement on your car or settling the total

loss and getting you into a rental car. The lawyer will interview witnesses while the accident is fresh, including the investigating police officer, also obtain the light sequence from the State Highway Administration, look for physical evidence, such as skid marks or crash debris, which can win your case, can run tag traces, and find witnesses to the crash. Your lawyer will also coordinate paying the doctors either through health insurance or Personal Injury Protection Coverage (PIP) and can arrange treatment with a quality doctor without an immediate out-of-pocket payment from you. Your lawyer will also be able to maximize the available insurance coverage available to you by coordinating different insurance policies that you may not even know exist, will know the value of your case for settlement purposes, can advise you on litigation strategy, and should be able to obtain the maximum value for your case. Remember, you should only pay if a lawyer wins your case. So contact a lawyer immediately who handles nothing but car, truck or train crashes if that's how you were injured.

Rick Jaklitsch

The Jaklitsch Law Group | 1-(855)-Big-Dog1



Q: How does a person who is about to become involved in a family law problem select the right lawyer?

A: 1) Start by checking the lawyer's rating in Martindale-Hubbell, a publication which rates attorneys based on evaluations

from one's peers. 2) Inquire of friends who have been through a similar situation. 3) Inquire of lawyer friends you may have. 4) Ask people at the courthouse who work for the court in the family law division. 5) Confer with more than one lawyer to make certain that you are comfortable with the person selected. Lawyers are not "one size fits all." Determine what you are looking for—super aggressive, cerebral, or warm and fuzzy. Look for someone who is responsive in getting back to you, who will not delegate duties to others, and who specializes in the issues that are likely to be involved in your case. This is a very important decision — select wisely.

Ron Naditch

Ronald M. Naditch, P.A.



Q: I have a family member with special needs. What can I do to protect their financial interests?

A: Ensuring that our loved ones are taken care of after they reach maturity is an issue that many families must address.

You want to make sure that they are provided for while still allowing them to have the independence that they need and deserve. There are many options, including special needs trusts, powers of attorney, and guardianships, among others. Each option has pros and cons, and depending on their legal capacity and intellectual ability, the person with special needs may not be eligible for some of these options. At HBD, we make sure that everyone's needs are addressed.

Sarah E. Brown

Hillman, Brown & Darrow, P.A.



Q: My spouse passed away with a big credit card balance. Should I pay it off?

A: It typically pays to wait. If you weren't on the card and didn't use it, you aren't responsible for the debt, and neither your assets nor the joint assets you

owned with your spouse can be attached to pay it. In the probate process, credit card companies are among the last to be paid after higher priority expenses (funeral, taxes, etc.), and if you call them and request it, they will typically offer discounts—sometimes significant—to get their debt paid.

Jonathan E. Pasterick

Hillman, Brown & Darrow, P.A.



Q: Can I be a coach or go on my child's field trip with the school if there is a protective order against me?

A: Parents who want to chaperone or volunteer at a public school must pass a commercial or fingerprint supported background check. Requests

for approval are considered on a case-by-case basis. Convictions for certain crimes or entry of a protective order may result in a parent being denied the opportunity to chaperone or volunteer—or even prevent access to the school. One of our Annapolis attorneys can help you avoid convictions or protective orders in the first place and potentially help you clear your record.

Crighton A. Chase

Hillman, Brown & Darrow, P.A.



Q: With thousands of lawyers out there, how do I find the best lawyer to handle my car crash?

A: You wouldn't hire a doctor who says "I handle dermatology, allergies, lung cancer and oh, by the way, I

do brain surgery on the side." Lawyers that limit their practice to car crash cases will most likely get much better results than lawyers that don't. They live and breathe those issues daily. Start there – find someone handling only the problem you have. Then check them out on line, with a judge you may know, through MartindaleHubble.com (find lawyers with an "AV" rating), ask other lawyers, read client reviews, look in Faces of Annapolis Magazine, ask bailiffs or courtroom clerks who watch lawyers in court every day. Find lawyers that have built their reputations on trial results. Insurance adjusters know which lawyers will push hard for the best results and which will settle easily for less money. You need that information too.

Rick Jaklitsch

The Jaklitsch Law Group | 1-(855)-Big-Dog1



Q: How do I minimize my legal risk as an employer?

A: The answer to this could take hours and depends upon the employer's size, industry and location of employees. First and foremost, however, employers should know which employment laws apply to

their workforce. There are a plethora of federal, state and local laws that may apply to employees depending upon various factors. In Maryland, employers with as few as one employee whose primary workplace is in the State are covered by the Maryland Healthy Working Families Act. This law requires employers to provide safe and sick leave to qualifying employees. Becoming aware of applicable laws becomes even trickier in the remote work environment in which employees located outside of Maryland may be covered by other state and local laws.

Melissa Menkel McGuire

Liff, Walsh & Simmons



Q: What are the steps for obtaining a divorce in Maryland?

A: If you or your spouse are residents, or Maryland otherwise has jurisdiction, the process of divorce is handled by the Circuit Court for Anne Arundel County (located on Church Circle

in Annapolis). Legal grounds are required, which may include non-fault grounds such as Consent with a Marital Settlement Agreement and/or Separation for a year and a day, or fault grounds such as adultery or vicious conduct. To obtain a divorce, all issues of property and support, and custody of children need to be fully resolved. This process can occur through negotiations with agreement, a mediated settlement process or through a court trial process. Every case is unique. We would be pleased to give you legal advice on the process.

Kendall Summers, Esquire

Kendall Summers Law



Q: How can I avoid a business bankruptcy?

A: Businesses can experience a wide range of financial difficulties that can range from adverse judgments, lease disputes, business downturns or internal ownership disputes. In order to avoid a

bankruptcy, business owners must seek advice for their financial problem early on and not ignore the impending issue. As one of the leading Maryland bankruptcy firms, our goal is to avoid bankruptcy and use workouts and other creative solutions, whenever possible. If a bankruptcy provides the best resolution, our firm will guide that process with an experienced and personal approach. We rely on a collaborative effort with our clients and their existing team to achieve the favorable results that we are known to deliver.

Paul Sweeney, Managing Member, YVS Law
Catherine K. Hopkin, Member, YVS Law



Q: If Iliff, Meredith, Wildberger & Brennan, P.C. represents me, will I continue throughout my matter to speak with an attorney who is working on my case when I contact the firm?

A: Yes. Iliff, Meredith, Wildberger & Brennan, P.C. is a small law firm, and we are selective in choosing the matters in which

we will undertake representation. One of the reasons for this is that we are a client-friendly law firm at which at which our attorneys communicate directly with, and are accessible to, our clients.

Kathleen Howard Meredith
 Iliff, Meredith, Wildberger & Brennan, P.C.



Q: Does my limited liability company (LLC) need an operating agreement, and do I really need an attorney to prepare it?

A: Although Maryland does not require LLCs to have one, it is advisable to have a written operating agreement

for your LLC. The operating agreement is the key document that will govern the relationship between you and your business partners. As a business litigator, I too often see contentious disputes that could have been easily avoided with a well-written operating agreement. Key choices like who will manage the LLC, how major decisions will be made, and how profits and losses will be allocated should be made up front. While the urge to save a couple bucks and use an internet service to create an operating agreement is understandable, those services will likely not be able to provide you with legal advice catered toward the unique aspects of your business. An attorney can help you craft an operating agreement that meets your specific needs and serves as a roadmap to manage the affairs of your business.

N. Tucker Meneely
 Council Baradel



Q: What is mediation and Alternative Dispute Resolution?

A: Alternative Dispute Resolution is an umbrella term lawyers use to refer to the methods available to resolve issues outside of the courtroom. Mediation is commonly used in family law

but legal professionals are pursuing mediation with more frequency as a result of ballooning court dockets and the high cost associated with courtroom litigation. During mediation, a neutral third-party mediator will conduct negotiations between two parties, typically represented by counsel. Mediation is confidential and non-binding prior to agreement, so any settlement must be mutual. Unlike courtroom resolutions, mediation provides parties more autonomy and control over the process of reaching a solution.

Paul Weber
 Hyatt & Weber, P.A.



Q: What should I expect from my lawyer in litigation?

A: Litigation results after a lawsuit has been filed. While litigation can often be avoided, there are instances where the court has to be utilized.

Competent legal counsel should advise you throughout the process. In advising you, your lawyer should not be a cheerleader; he/she should clearly communicate the pros and cons of the factual and legal landscape of your case. Litigation is unpredictable, but your lawyer should be able to advise you of the approximate costs and benefits in pursuing certain strategies in litigation.

Jeffrey P. Bowman
Bowman Jarashow Law LLC



Q: What does McNamee Hosea offer its clients that separates it from other law firms?

A: McNamee Hosea attorneys always provide their clients with consistent and clear communication to solve whatever legal problem needs

to be solved. Whether your legal problem involves a business dispute, an estates and trust issue, litigation, employment, zoning, contract, criminal defense, bankruptcy, or anything in between, you can trust that McNamee Hosea attorneys will be understanding and empathetic. For more than forty years, our skilled trial attorneys and advisors have provided creative solutions to complex legal issues. Because of our diverse practice experience, we can handle all of your legal needs within our Firm, resolving them effectively and efficiently.

Jennifer M. Alexander
McNamee Hosea



Q: My partner and I are not married, but we share a primary residence. Is there a way that we can leave our primary residence to each other without having to pay Maryland's 10% inheritance tax?

A: Yes! If you and your partner are "domestic partners" as defined by Maryland law (at least 18, not

related, not married to anyone else, and in a relationship of mutual interdependence), there is a way to structure that inheritance so that it is exempted from the 10% inheritance tax. In addition to meeting the definition you must complete an affidavit with accompanying documentation.

Deborah F. Howe
Franke Beckett LLC



Q: When is it too late to do Medicaid planning?

A: It is never too late to do Medicaid planning. However, the best way to plan for Medicaid and long-term care is to do so well before the need arises. This

is pre-need planning, and it gives you the most options for preserving your assets. Crisis planning, when someone is already in a nursing home or needs immediate long-term care, can be an incredible help to those facing an immediate need for Medicaid benefits. But, crisis planning has its disadvantages, such as the inability to take advantage of planning that escapes the 5-year look-back period, which may reduce the amount of assets you are able to preserve.

Laura T. Curry
Sinclair Prosser Gasior



Q: Will court backlogs due to the pandemic cause significant delays to separation, divorce, and custody cases?

A: The good news is that the courts have now resumed a normal operation schedule. While there is a slight delay in scheduling lengthy trials due

to pandemic postponements, the courts are conducting many hearings such as scheduling conferences, pretrial conferences, and mutual consent divorce hearings remotely. Through this process the court has minimized delays and disruptions to the parties involved. If one is considering moving forward with a family law case, it is still important to be prepared with an attorney to begin the process and to best protect your interests and assets.

Thomas J. Fleckenstein

The Law Office of Thomas J. Fleckenstein



Q: Should I put my adult children's names on my bank accounts and deed to my house?

A: Putting adult children's names on bank accounts and other assets is one of the biggest estate planning mistakes people make. When adding your children

to accounts or other assets, you are giving your children an ownership interest in your assets, which could subject your assets to your children's creditors. There could also be unintended negative tax consequences when the kids sell certain assets after your death. Finally, you could be creating animosity in the family if you have multiple children but only add one child to your accounts. This can be avoided with proper estate planning.

Greg Jimeno

Jimeno & Gray, P.A.



Q: How will my Prenuptial Agreement affect my divorce?

A: Any agreement signed by future spouses that deals with property, finances, and other assets during marriage, or in the event of a divorce, falls under the prenuptial agreement umbrella. How, or even

whether, your Agreement will be applied depends not just on the terms of the agreement, but on the circumstances surrounding its negotiation and signing. When you signed it, who wrote it, whether you had an attorney, and what each of you knew about the other's financial situation can be just as important as the language of the Agreement itself. It's imperative to speak to a knowledgeable attorney who can help you avoid common pitfalls.

Marietta B. Warren

Hillman, Brown & Darrow, P.A.



Q: What are the responsibilities of the Executor of an estate?

A: In Maryland, the Executor of an estate is known as the Personal Representative, and the Personal Representative is appointed by the decedent in the decedent's Will. The Personal Representative

is required to "administer" the decedent's estate, which includes (i) identifying and valuing the assets; (ii) preparing and filing required documents with the Register of Wills; and (iii) distributing the assets to the beneficiaries in accordance with the terms of the decedent's Will. The Personal Representative does not determine how the assets are distributed to the beneficiaries, and the Personal Representative may not make revisions to the decedent's Will.

Sarah Dwyer-Heidkamp

MDSW



Q: What sort of estate planning issues arise from transferring a family business to the next generation?

A: Each situation is different, but a primary concern is control and governance: who will inherit voting power, and what rights will minority members have if they want to sell? These matters can typically

be addressed through a shareholder or partnership agreement. A well-crafted estate plan will give minority owners the ability to exit the business without creating undue litigation risk or the threat of a forced sale. Income and estate tax concerns must also be addressed in the succession plan. Franke Beckett LLC brings both planning and litigation experience to the table in assisting business owners with their estate planning.

Jack K. Beckett

Franke Beckett LLC



Q: What duties do at-will employees owe to their employers?

A: Employees, regardless of whether they are at will or under contract, owe their employers a duty of loyalty, whereby employees must act solely for the benefit of their employers in all matters within the scope of employment, avoiding all conflicts between their duties to the employers

and their own self-interests. This would include refraining from actively and directly competing against employers while still employed. Further, employees must safeguard their employers' confidential information and they have no right to disclose such information without the employers' consent. All employers should review and update their employee handbooks and policies so employees clearly understand all such duties.

Jonathan P. Kagan, Esquire

Kagan Stern Marinello & Beard, LLC



Q: Will my bankruptcy appear in my credit report and how will it affect me?

A: In most cases, Bankruptcy will typically discharge all your debt liability, leaving you a much better Credit Score and out-of-debt after your discharge. When you then make timely payments, you can

usually receive new credit at good rates within 10 months and obtain a Mortgage after two years. While the Bankruptcy will be listed on your Credit Report, Lenders make loans based on Debt Ratio, Income & credit worthiness. There are exceptions, but you will probably have little difficulty in re-establishing credit.

Cami Russack

RLC Lawyers & Consultants



Q: Should I be thinking about planning my Estate?

A: *ABSOLUTLEY!* Estate planning allows you to care for those you love, and to provide for those you love to care for you. Estate planning does not have to be complicated or even extremely expensive. The process involves preparing and properly executing legal documents that allow you to (1) designate someone you

trust to handle your financial decisions (via Powers of Attorney), (2) designate someone you trust to make medical decisions for you (Advance Directives); (3) set up the distribution of your property/estate when you die (Wills/Trusts); and (4) hold certain property in a trust for various purposes such as care for spouses, children, pets and also for tax planning. We are happy to guide you through this process.

Kendall Summers, Esquire

Kendall Summers Law



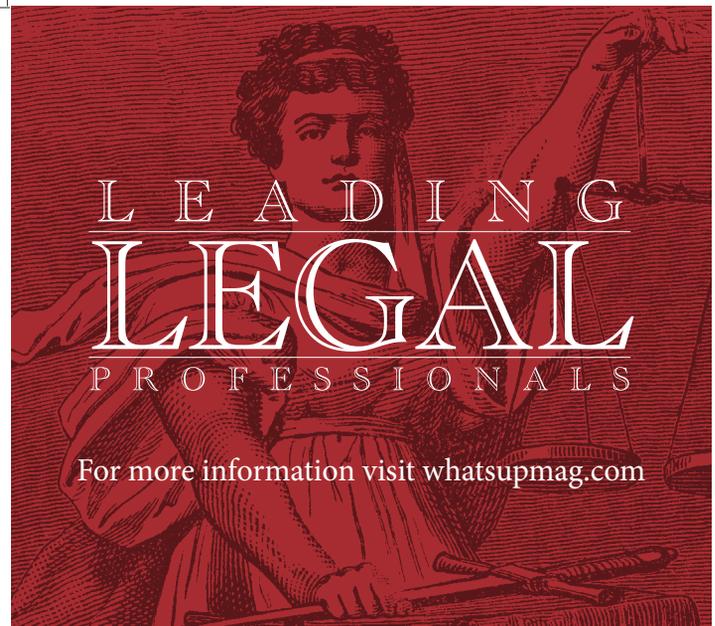
Q: How will you communicate with me throughout my case?

A: The most critical element to every relationship is open communication. The attorneys at Cochran & Chhabra believe maintaining dialogue with clients leads to greater success in every case. Our clients have our cell phone numbers and emails for 24/7 personalized attention because

maintaining a strong attorney-client relationship is paramount to our firm's philosophy. Before you even pick up the phone, there is a feature on our website where you can chat with an attorney about the details of your case. We look forward to taking your call.

Mandeep Chhabra

Cochran & Chhabra



Breaking Records Countywide



3rd Highest Sale Ever in Anne Arundel County

Brad listed and SOLD 964 Melvin Road for Full List Price at \$7,000,000. No one invests more to sell your home for **TOP DOLLAR**. Brad combines his local expertise with best-in-class digital marketing to ensure your property is exposed to highly qualified global clientele. Call Brad today and take advantage of the current record-breaking Seller's Market!

Maryland's #1 Waterfront Realtor

MAKE YOUR MOVE in 2022 with Brad Kappel.



Brad Kappel, Senior Vice President

m +1 410 279 9476

o +1 410 280 5600

brad.kappel@sothebysrealty.com

BradKappel.com

Annapolis Brokerage

209 Main Street

Annapolis, MD

TTR | **Sotheby's**
INTERNATIONAL REALTY



Home & Design

126 6 EASY STEPS TO OPEN FLOOR PLANNING | 128 DECISIONS, DECISIONS
133 AN EPIC FIND IN EPPING FOREST | 136 TOP FLOOR, TOP SHELF



Since January 2022, Northrop Realty has settled or put under contract 317 listings within ONE WEEK of being on the market!

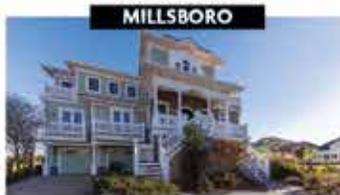
Call us today to learn how we can sell yours! 443.898.9828



MILLSBORO

\$2,700,000

33593 SAND DOLLAR DRIVE



MILLSBORO

\$2,595,000

24500 KAYAKERS PATH



MILLSBORO

\$2,400,000

27642 STERLING BLVD

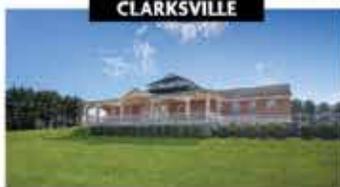


OCEAN CITY

WATERFRONT

\$2,300,000

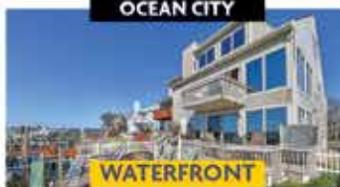
310 S HERON GULL COURT



CLARKSVILLE

\$1,500,000

6309 MORNING DEW COURT



OCEAN CITY

WATERFRONT

\$1,500,000

815 PENGUIN DRIVE #36

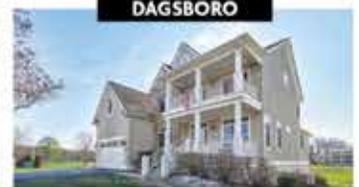


PASADENA

WATERFRONT

\$1,300,000

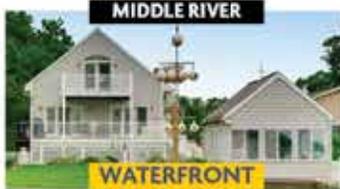
514 EDGEWATER ROAD



DAGSBORO

\$1,175,000

34962 ROYAL TROON CIRCLE



MIDDLE RIVER

WATERFRONT

\$650,000

1620 BURKE ROAD



SILVER SPRING

\$650,000

16 EASTMOOR DRIVE



MILLSBORO

\$650,000

27043 FIREFLY BLVD #124



ACCOKEEK

\$559,900

17205 SUMMERWOOD LANE



BALTIMORE

\$465,000

4001 OLD COURT ROAD #207



BALTIMORE

\$432,500

8002 BRYNMOR COURT #105



OCEAN CITY

\$425,000

187 BEACHCOMBER LANE



BOWIE

\$359,000

3723 EDMOND WAY



ELKTON

\$264,900

17 MATTHEW BATHON



CAPITOL HEIGHTS

\$250,000

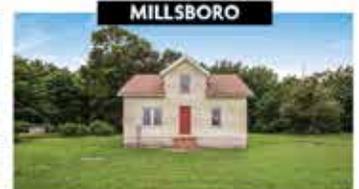
720 71ST AVENUE



REHOBOTH BEACH

\$200,000

35688 SPRUCE ROAD #2935



MILLSBORO

\$200,000

26820 BETHESDA ROAD



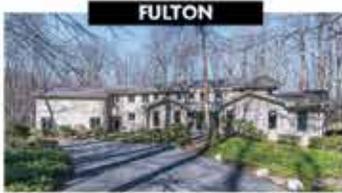
Office: 410.295.6579 | NorthropRealty.com | Direct: 410.501.5025

Serving Maryland, Delaware, DC,
Virginia, Pennsylvania, & Florida.



Northrop
REALTY

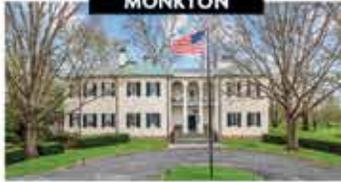
A Long & Foster Company



FULTON

\$2,000,000

7106 PINDELL SCHOOL ROAD



MONKTON

\$1,970,000

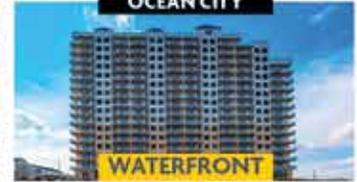
15315 CARROLL ROAD



BETHESDA

\$1,685,000

7603 NEWMARKET DRIVE

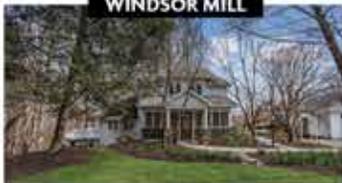


OCEAN CITY

WATERFRONT

\$1,600,000

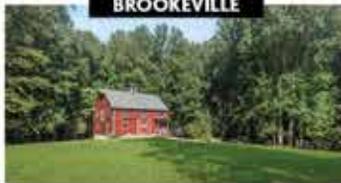
2 48TH STREET #1707



WINDSOR MILL

\$1,000,000

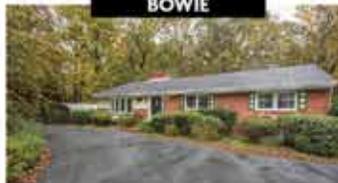
8230 DOGWOOD ROAD



BROOKEVILLE

\$809,000

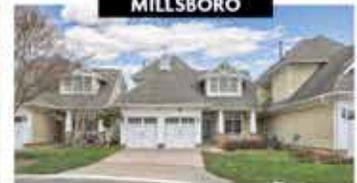
305 HAVILAND MILL ROAD



BOWIE

\$750,000

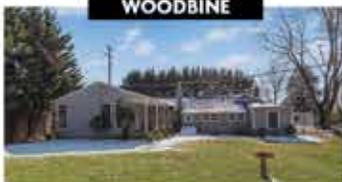
13711 OLD CHAPEL ROAD



MILLSBORO

\$700,000

27233 BAREFOOT BLVD #36



WOODBINE

\$500,000

15218 FREDERICK ROAD



DAGSBORO

\$495,000

32446 HERRING WOOD DRIVE



OWINGS MILLS

\$475,000

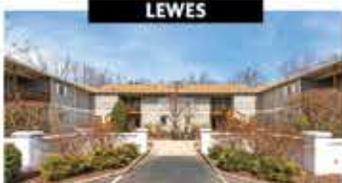
11801 GREENSPRING AVENUE



MILLSBORO

\$470,000

29474 GLENWOOD DRIVE



LEWES

\$345,000

18540 DRAYTON HALL ROAD #2



BOWIE

\$310,000

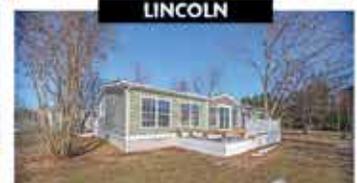
2354 MITCHELLVILLE ROAD



RISING SUN

\$280,000

14 POGUE AVENUE



LINCOLN

\$279,000

22365 DEER PARK TRAIL



COLLEGE PARK

\$169,900

6000 WESTCHESTER PARK DRIVE



PRINCESS ANNE

\$150,000

12187 QUEENS GRANT DRIVE



DELMAR

\$150,000

1001 E STATE STREET



MILLSBORO

WATERFRONT

\$129,900

35569 KNOLL WAY #41916

REALM™



LONG & FOSTER
REAL ESTATE





Step 1: Consider your adjacent spaces

Before you add any furnishings, you will need to create a canvas of sorts that blends a neutral color palette with comparable wood and other finishes throughout the space so the areas that are adjacent, or on the periphery, complement and not compete with the primary living space. You need not stress that things match exactly, rather, strive to achieve a level of visual continuity and harmony.

6 Easy Steps to Open Floor Planning

By Lisa J. Gotto

So, you're remodeling the main floor of your home or you're building a brand-new residence. Odds are, that new space is going to connect your kitchen and dining room—and perhaps even more, to your main living area.

While industry experts started seeing a slight decrease in the demand for open-concept homes even before the pandemic, just over half of America still prefers this style of living for its uncluttered feel, ease when entertaining, and the flow of natural light that is inherent in these spaces.

If you find yourself still open to the benefits of open-plan living, but haven't a clue as to how to pull the whole concept off when it comes to the floorplan and furniture placement, we've created a cheat sheet to help you plan like a pro.



Step 2: Arrange in zones

In a traditional room we use our walls to guide us as to where things should go, and the process is pretty easy; just measure and order. Open-plan living denotes that you divide and conquer in a sense. Visualizing rooms or gathering spaces within the context of the larger space is key. Today's open plan concepts often accommodate a family entertainment and TV viewing area, a separate furniture grouping for casual conversation perhaps around a fireplace feature, and sometimes even a separate personal reading and studying area. These smaller nooks encourage productivity, conviviality, and connection within the larger setting.

Step 3: Remember the importance of flow

Identify your point of entry. Once someone enters the space they should be able to access seating and adjacent areas easily without their progress being obstructed. So, if you're walking into the large horizontal of your open plan, the first thing you would not want to see is the back of a large sofa horizontally across that space. Situating a couch that is perpendicular to the shape of the room allows for better flow into the space. This is especially important if there is access to the outdoors on the opposite side of the room. Pathways and doorways and the precious natural light they often convey should never be obstructed. Smart design implies using furniture strategically as a means of transitioning from one area of your space to another. Groupings of sofas and chairs should be closely situated with all seats facing inward toward each other, not looking out of the room. This creates convivial cozy vibe within the context of a much larger room. For example, we often see the strategic use of "furniture" in the kitchen, as a large island or peninsula often serves as a natural demarcation or transition to a dining area, which then flows into the primary living space.



photo courtesy of pinterest.com

Step 4: Choose pieces wisely

The biggest mistake made by homeowners when choosing furnishings for open plans is miscalculating the size of the pieces for the space. Unfortunately, this happens more than you would think, as homeowners have taken to the convenience of buying online and many don't take the time to measure their spaces properly. And this doesn't always mean your piece is too big. Oftentimes, when it comes to open plans, homeowners find themselves underwhelmed by the presence of the pieces they chose because they are just too small. This is where Step #2, Arranging Your Zones, really comes in handy. Once you have established that zone, measure it! It's also very tempting to purchase pieces based on your aesthetic alone, but understanding what you need each piece to do increases the total functionality of your room over time.



Photo courtesy of interiorstylehunters.com

Step 5: Identify your unifying touches and accessories

Accent and décor items play the dual role of looking good and tying the space together. So, you should consider when choosing items such as table lamps for the living space, what the light fixture above the dining table should look like to achieve a visual impact that is cohesive. Probably the best add-ons for open plan concepts are area rugs, which not only bring warmth, comfort, and practicality to the space, but help create the spaces themselves by defining the smaller groupings within the larger space.



Photo courtesy of westain.com

Step 6: Create storage like a pro

Another thing designers know is that it isn't enough to just fill a space with furnishings, the space is smarter when it looks great and functions just as well. To achieve this within the context of your open plan concept, remember to create options for storage. Try using clever ottoman seating that doubles as a storage cube, strategically placing toss baskets near the couch for blanket and pillow storage, or tucking a credenza behind that appropriately placed couch. Now you're ready to open-plan like a pro!



Photo courtesy of HGTV.com

Decisions, Decisions

ORGANIZING YOUR OUTDOOR LIVING SPACES

By Janice F. Booth

We've had two years to adapt to living more of our lives out-of-doors. Perhaps it's time to reexamine our garden's living spaces. Is there room for expansion? Can a few changes make outdoor living at home more comfortable and inviting?



First Option: **Expansion**

Can you and do you want to expand your outdoor space? Here are several questions to consider.

1. Is there a portion of your property that could be transformed into a patio? (Be sure to check any legal issues—covenants and building codes.) 2. Is this area easy to reach from the house? If the area is remote or just difficult to get to while carrying a laptop or tray of drinks, your lovely, new patio may languish unused. 3. Will you need to include a walkway to the new area? How about privacy? Will you feel comfortable carrying on a phone conversation or just chatting with family in this new area? Perhaps a privacy fence or shrubbery can be installed as part of the construction. Will electricity be available? Almost a must for outdoor living today.

These issues can best be resolved by consulting a landscape architect or builder who has lots of experience with outdoor areas. They will advise you about permits, potential problems with light and drainage, and how to meet your family's requirements for an outdoor living space.



Second option: **Revamping**

Since you've already spent quite a bit of time in your existing outdoor area—patio, deck, or garden glade—you have a clear picture of how you and your family enjoy being at home, outdoors. You're also aware of the drawbacks and annoyances of your current outdoor space layout. As you look, now, with fresh eyes there are four points to consider: **Comfort, Durability, Flexibility, and Design.**



⇐ COMFORT

- Do you need an awning or more sun umbrellas for the late afternoon?
- Is there equipment, game boards, etc., that need a place to wait for the next Monopoly or Badminton game?
- Lighting may have become more important. Even though summer evenings come on slowly, if you like reading after the kids go to bed, maybe outlets for reading lamps should be added.
- You probably know if insects are a problem. You may want to add a few pedestal fans to blow away mosquitoes, or maybe net curtains to keep the flies and mosquitoes out.

DURABILITY ⇒

Our summer winds, strong sunshine, and occasional downpours make it important to choose furnishings and accessories that can survive and look great after being drenched in sunlight and rain as well as being tossed about by winds.

SUNSHADES: Whether you add a second sun umbrella or invest in an awning, be sure the design can handle wind and rain as well as sun. Weighted bases on umbrella stands and wind-vents on awnings are features to look for. Also check the ease of handling. Having an awning that takes two strong people to crank open or close may mean you don't bother using it. An umbrella that requires you climb on a table to push it up and open is not a smart solution.

LIGHTING: Particularly important when it comes to electricity, be sure the lights, lamps, and decorative lighting will not short out in a heavy rain or break if tapped by a few flailing branches on a windy night. Here's where an experienced electrician will be worth employing. She/he can help



you devise a simple or elaborate lighting system that is safe.

FURNISHINGS: You may have already discovered that the elegant glass table and streamlined chairs you loved when you bought them, have not worked out for your lived-in patio or deck. You

may need to choose more comfortable and sturdy chairs that can hold a teenager's sprawling limbs and still support Grandpa's sore back. Finally, will the furnishings you select need covers or will they be able to remain comfortable and reasonably clean without the necessity of nightly coverings?



↓ DESIGN

Here is another place where bringing in a professional or a friend with really good taste may be an advantage. Invite someone with experience in outdoor furnishings to assist and advise you.

SEATING: Consider whether there is enough space for separate areas of your patio or deck to be furnished for dining, quiet reading or working, and entertaining.

FLOORING: will it be practical to use indoor-outdoor area rugs to designate areas of your patio or simply for added comfort under bare feet?

LIGHTING: You may want your lighting to avoid disturbing neighbors and the nocturnal creatures with fur or feathers. How can that be accomplished?

You may be able to make these next six months more comfortable and less stress-filled with your newly redecorated, comfortable deck or patio.

↑ FLEXIBILITY

You may already realize that your chairs, tables, and other furnishings on the deck must serve many purposes—for kids, as a workspace, for dining, entertaining, and just a few hours respite.

TABLES: Consider a selection of smaller tables—end tables and coffee tables, rather than one large table for the deck. Small tables can be moved around to accommodate seating arrangements and uses. In a pinch, a well-built end table can be used for seating.

SEATING: Depending on who uses your deck and its size, you may want to select chairs that are both comfortable for lounging and dining—so, not too far into the recliner style or too severely erect and formal. Rather than upholstery, cushions may be more useful—easier to maintain and able to serve as floor seating if the need arises.

LIGHTING: A flexible lamp may be useful for an all-purpose patio. Perhaps a few floor lamps with multiple heads that can be directed, like spotlights, where the action is.





FICHTNER
HOME EXTERIORS



Where Beauty Meets Protection

Your home deserves a beautiful exterior that will give it lasting protection.

- ROOFING
- SIDING
- WINDOWS
- GUTTERS

CALL FOR A FREE ESTIMATE!

410.519.1900
fichtnerexteriors.com



314 Design Studio

KITCHEN AND BATH SPECIALISTS

WE LISTEN | WE CREATE | YOU ENJOY



314 MAIN STREET | STEVENSVILLE | 410.643.4040 | 314DESIGNSTUDIO.COM



ShelfGenie®
EVERYTHING WITHIN REACH
a neighborly company

TRANSFORM YOUR
HOME & UPGRADE
YOUR STORAGE



**50% OFF
INSTALLATION!**

*Limit one offer per household. Must purchase 4+ Classic/Designer Shelves. EXP 6/30/22. Independently owned and operated franchise. © 2022 ShelfGenie SPV LLC. All rights reserved.

Call for Your **FREE** Design Consultation
(443) 569-5649 | shelfgenie.com





An Epic Find in Epping Forest

By Lisa J. Gotto

Located in the gated community of Epping Forest, this nearly 3,000-square-foot home feels like you're living in a forest fairytale with a collection of unique features, plus all the tranquil views and perks of living on the Severn River near Annapolis.

The original structure was built in 1927 so it has sound bones, and a solid offering of modern-day amenities. It's a treat walking into the home from its wraparound front deck that offers separate areas for dining, grilling, and gathering. A set of French doors welcomes visitors to the home's spacious open-plan living space offering plenty of natural light and warmth from its rustic knotty pine floors.

A large, center island with gas cooktop and breakfast seating for four makes a statement in the contemporary, all-white country kitchen. Outfitted with a high-end stainless steel appliance package, the kitchen also boasts large windows with views out to the treetops, an apron sink, and miles of additional countertop prep space. Above, a weighty wood beam provides rustic ambiance.



The kitchen flows past a gracious, informal dining area with banquette seating along one wall and into an inviting family room with a charming wood-burning stove and bead board ceiling with recessed lighting. Two walls of windows here flood the space with light. A glass front door leads guests to one of the home's landscaped patio areas with its rustic slate walking path.

To the left of the open-plan entry area is the home's more formal living space with its gorgeous stone-front fireplace with thick, wood mantel. A set of glass sliders lead guests to the dining area of the wraparound deck.

Across the hall from the living room there's plenty of space to work from home with a large, dedicated office concealed by an attractive sliding wood barn door. This room can also serve the purpose of the home's fourth bedroom. An adjacent area outside the doors provides plenty of expanded office space, as well. The main floor of the home also offers a full bath.

Upstairs, the primary bedroom offers the perfect woody retreat from the day with its gorgeous, stacked stone wood-burning fireplace, a rustic, screened-in balcony, and a newly remodeled bathroom with Italian tile and an opulent, glass, three-sided shower feature.

The entire upper level has newly installed multi-tonal oak wood floors that flow into the additional two bedrooms on this floor. One offers a spacious twin suite, and the other has a charming loft feature capable of holding a double futon for extra sleeping quarters.

The home's location within the development of Epping Forest offers a plethora of community perks such as a private sandy beach area, clubhouse, hiking trails, tennis and pickle ball courts, as well as a marina and exclusive access to the Severn.



Primary Structure Built: 1927
Sold For: \$1,045,000
Original List Price: \$1,145,000
Bedrooms: 4
Baths: 3
Living Space: 2,932 Sq. Ft.
Lot Size: .30 acres

Listing Agent & Buyer's Agent:
Tricia Bell; Coldwell Banker
Realty; 572B Ritchie Highway,
Severna Park; m. 410-991-6379;
o. 410-647-2222; tricia.bell@cb-
move.com; coldwellbanker.com



FOR SALE \$4,700,000 | 3317 OLD POINT RD
Edgewater, MD

No matter what price point, we feel every client deserves the same relentless attitude, professional approach, empathy and gratitude.
We are a team with a purpose.

Our mission is to help everyone find their place in the world.
We will outwork anyone to prove it.



Shane Hall | Senior Vice President | Compass Real Estate

1 Park Pl, Suite 12 Annapolis, MD 21401

(410) 991-1382 | (410) 429-7425

Email: Shane.hall@compass.com

www.shanehallre.com



Compass Real Estate is a licensed real estate broker. All material is intended for informational purposes only and is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. No statement is made as to the accuracy of any description or measurements (including square footage). This is not intended to solicit property already listed. No financial or legal advice provided. Equal Housing Opportunity.





Top Floor, Top Shelf

By Lisa J. Gotto

Seldom seen but always admired, this 1,600-square-foot, two-level penthouse offers an air of sophistication and the everyday reward of low-maintenance living.

Located in Eastport, this three-bedroom, three-bath condo boasts the best views of not just the Annapolis skyline, but also across Spa Creek from its main level and out to the Severn River. And even beyond to the Chesapeake Bay from its upper-level balcony.

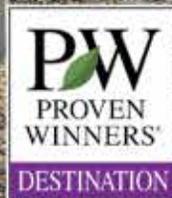
This prime piece of real estate was recently remodeled with an array of high-end stylish finishes, and neutral paint colors that place emphasis on the unmatched views providing a luxe urban waterfront vibe.

The main level open-plan living area offers a wealth of natural light from its oversized windows and spacious feel from its high ceilings. A gorgeous gourmet kitchen offers custom cabinetry with convenient soft-close features, and a high-end stainless steel appliance package, is accentuated by a roomy central island with cooktop and breakfast bar seating for four. This area flows over into the residence's central gathering area where every May, the new residents and their lucky guests will have stunning front row seats for the Blue Angels fly-over during the Naval Academy's Commissioning Week.

An additional entertainment area offers a sleek and gracious wet bar with wine fridge, a lounge area with sumptuous hickory-colored hardwood floors, and access to the residence's large balcony.

We are Homestead.

We carry the area's best selection of high quality annuals, perennials, pollinators, trees, and shrubs. Our associates are Proven Winners certified professionals, ready to help you achieve gardening success.



Because Life Should Be Beautiful.
DAVIDSONVILLE | SEVERNA PARK | SMYRNA
Find event information, specials, and inspiration at
www.HomesteadGardens.com



"Your trusted local source for mortgages"

"I would 100% recommend Atlantic Prime Mortgage. This was our first home purchase, and they were very patient and shared their knowledge of the industry and process. They turned around numerous quotes on several properties in often less than an hour. We got great rates and felt very comfortable working with them. It was a great experience."

- Annapolis, MD



Reach out to our team today!

Annapolis: (410) 305-7800

Coastal Delaware: (302) 684-3932

Atlantic Prime Mortgage
77 West Street in Annapolis
www.AtlanticPrimeMortgage.com

NMLS ID #1438562



This sophisticated main floor setting also features a statement-making bronze-colored spiral staircase that leads to the residence's three bedrooms and two additional, spa-like bathrooms. Each offers luxuries like in-floor heating and deluxe fixture packages.

One of the best seats in the house has to be the private patio for two where morning coffee can be enjoyed while taking in the panoramic views of the U.S. Naval Academy, Annapolis Harbor, and the city's Capitol Dome off in the distance.



Primary Structure Built: 1978
Sold For: \$1,300,000
Original List Price: \$1,300,000
Bedrooms: 3
Baths: 3
Living Space: 1,600 Sq. Ft
Lot Size: N/A

Listing Agent: Brad Kappel; TTR Sotheby's International Realty; 209 Main St., Annapolis; m. 410-279-9476; o. 410-280-5600; brad.kappel@sothebysrealty.com; ttrsir.com

Buyer's Agent: Alex Clark; TTR Sotheby's International Realty; 209 Main St., Annapolis; m. 443-924-7231; o. 410-280-5600; alex.clark@sothebysrealty.com; ttrsir.com



EVERYONE DESERVES GREAT WATER.

FREE WATER ANALYSIS
Call (410) 757-2992

HAGUE
Quality Water®
OF MARYLAND
A REFRESHING SOLUTION
HagueWaterofMD.com

WATER TREATMENT
PLUMBING
WATER COOLERS

FIRST HOME
MORTGAGE

Building family wealth through home ownership.

Matt Nader
Branch Manager | NMLS ID 333573
(c) 240-882-8006 (e) mnader@firsthome.com
900 Bestgate Rd | Suite 310 | Annapolis, MD 21401

EQUAL HOUSING LENDER

Look **Strong** Feel **Strong**

EMSCULPT NEO at ProMD Health is the first and only non-invasive body shaping procedure that provides simultaneous fat elimination and muscle building in a combined 30-minute session.

Buy one area, get the second area half price now through the end of May 2022! Call now!



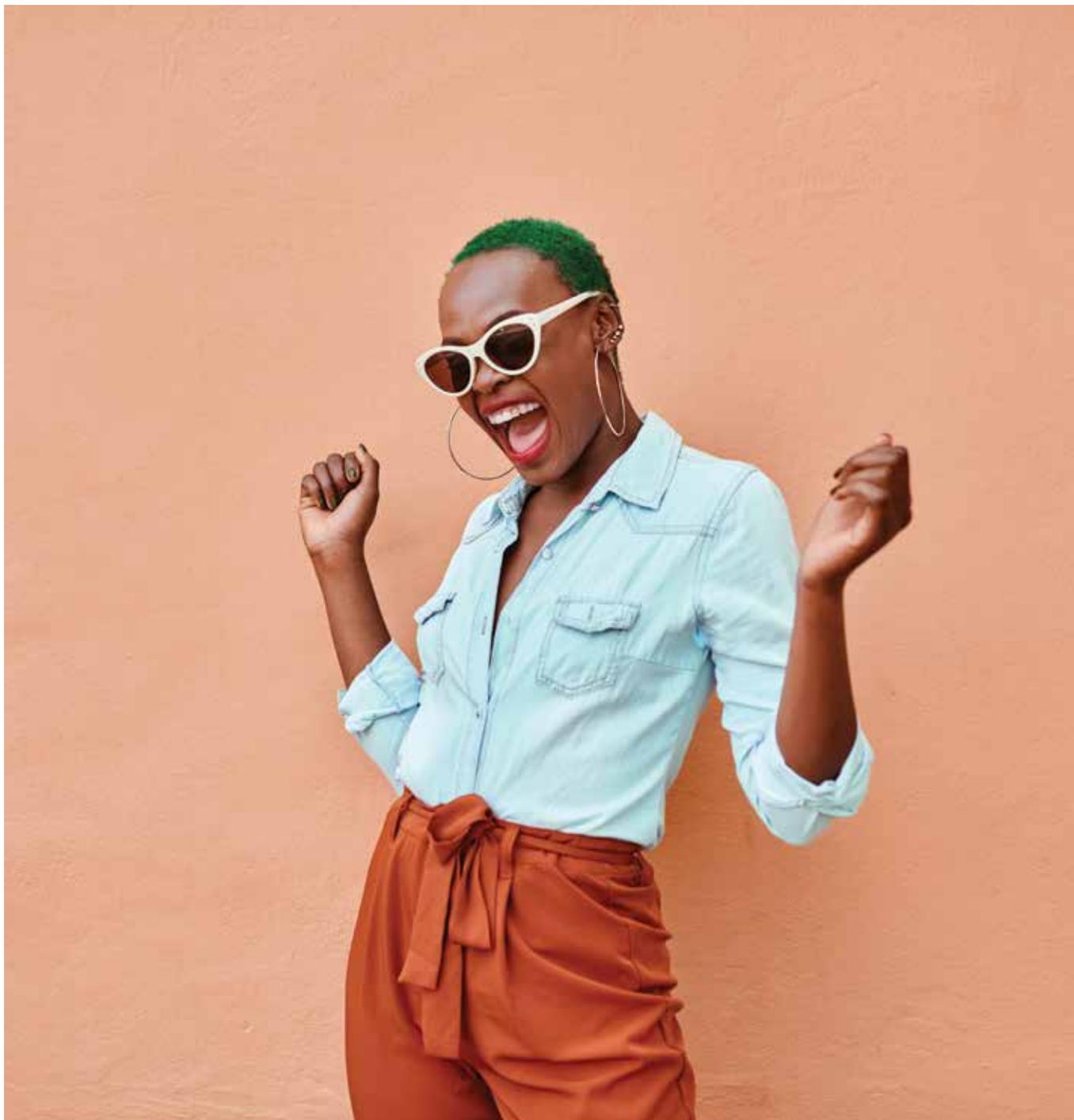
ProMD Health

Look Younger, Feel Younger
@ProMDHealth ▪ (410) 449-2060

Health & Beauty

142 FRESH TAKE | 143 LASHES FOR DAYS

144 FITNESS TIPS | 145 5 COLORS TO ELEVATE YOUR SUMMER STYLE *plus more!*

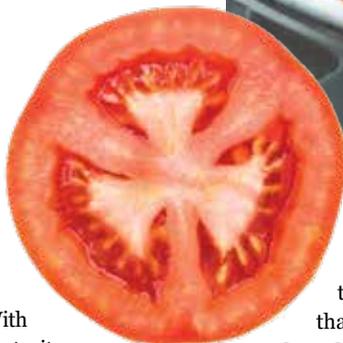


Fresh Take

TOMATOES

By Dylan Roche

Are tomatoes a fruit or a vegetable? When it comes to trick questions, this one always seems to be a favorite. Yes, tomatoes contain seeds, so they are considered a fruit if you're thinking botanically—but from a culinary perspective, this fruit (along with bell peppers, cucumbers, pumpkins, and okra) is prepared and eaten as a vegetable. With its acidic, savory, but slightly sweet taste, it works equally well whether it's raw or cooked.



sleek, without any wrinkles, bruises, cracks, blemishes, or dark spots. When a tomato is heavy for its size, this indicates that it's juicy—when you hold it, there should be only just enough softness that it responds to your touch without feeling mushy.

In fact, tomatoes are one of the more common vegetables in the modern American diet—even prepared tomato products like tomato sauce deliver many of the health benefits associated with tomatoes. But despite the convenience of canned or jarred tomato products on the market, tomatoes always have the strongest flavor when they're enjoyed fresh and in season.

Native to South and Central America, tomatoes come in a variety of shapes and sizes. Large ones known as **beefsteak tomatoes** are great for thick slices on a sandwich, whereas small **grape tomatoes or cherry tomatoes** are ideal for adding to a salad. Ovar-shaped **plum tomatoes** are grown for cooking and work well when you're making sauces or baking tomatoes in a dish. Last, but definitely not least, there's the **globe tomato**—your standard, medium-sized tomato that's versatile enough to be used pretty much any way you need it.

When it comes to their health benefits, tomatoes might be best known for the antioxidant known as lycopene, which helps the body reduce inflammation and ward off cancer, particularly prostate cancer. Lycopene is fat soluble, so enjoying tomatoes with a serving of olive oil or avocado—both of which are rich in heart-healthy unsaturated fats—will improve your body's absorption of lycopene. Additionally, because lycopene is released from plant cells via heating, cooked tomatoes will deliver more lycopene than the same serving size of raw tomato. Tomatoes are also a great source of vitamin A for eye health, vitamin C for a strong immune system, and potassium for fluid balance.

When you're shopping for tomatoes, keep an eye out for ones with brightly colored skin somewhere between orange and dark red. The skin should look tight and

Although some people like tomatoes chilled, refrigeration is bad for their taste and texture. Storing a tomato in your fridge will dry them out and diminish the rich flavor. Instead, store them at room temperature. Keep their stems down to protect them from absorbing any excess moisture.



↑ Roasted Tomato Caprese

INGREDIENTS:

1 pound grape tomatoes
2 tablespoons balsamic vinegar
1/2 cup olive oil + 1 tablespoon olive oil
1 tablespoon honey
1 teaspoon dried oregano
1/2 teaspoon salt
1/2 teaspoon cracked black pepper
20–30 leaves of fresh basil
1 pound fresh mozzarella

Ready to get creative with tomatoes in the kitchen? Here are a couple of interesting twists on culinary crowd-pleasers, as well as a special baked good you won't want to resist trying:

Preheat oven to 325 F. Slice tomatoes in half and combine in a medium bowl with balsamic vinegar, 1 tablespoon olive oil, honey, oregano, salt, and pepper. Line a baking sheet with parchment paper and spread the tomatoes out evenly. Drizzle with any remaining marinade. Roast for approximately 45 minutes. The edges of the tomatoes will start to pucker and take on a lightly charred look. Slice basil leaves in half and combine with the roasted tomatoes. Set in the refrigerator to chill overnight. Slice the mozzarella into quarter-inch slices and arrange on a plate. Scatter roasted tomatoes across the fresh mozzarella slice and drizzle with remaining olive oil.

↑ Ratatouille

INGREDIENTS:

3 globe tomatoes
3 plum tomatoes
4 tablespoons olive oil (divided into 2 tablespoons, 1 tablespoon, 1 tablespoon)
3 cloves garlic minced
1 small onion, chopped
1/4 cup shredded carrot
1/4 cup diced red bell pepper
1 teaspoon dried basil
1/4 teaspoon dried thyme
2 teaspoons dried parsley
1 small eggplant
1 large zucchini
1/2 teaspoon salt
1/2 teaspoon black pepper

Preheat the oven to 375 F. Score the bottom of each globe tomato and boil in a pot of water for approximately 1 minute. When the skin starts to pull away, transfer the tomatoes to an ice bath and allow to cool. Peel the tomatoes and crush with a potato masher. Heat 2 tablespoons olive oil over medium heat on the stovetop. Add onion, garlic, carrot, and bell pepper. Allow to simmer for approximately 5 minutes or until soft. Add the crushed tomato along with the basil, thyme, parsley, salt, and pepper. Simmer for approximately 15 minutes. Slice the plum tomatoes, eggplant, and zucchini to 1/8-inch thickness. Rub a circular 2-quart baking dish with 1 tablespoon olive oil and spread the tomato sauce across the bottom. Arrange the vegetable slices so they're standing up in the sauce. Drizzle with remaining oil. Cover the baking dish and bake for 30 minutes. Remove the cover and allow to bake for 10 more minutes. Serve warm.

MORE RECIPES AT
WHATSUPMAG.COM

Lashes for Days

By Dylan Roche

Don't underestimate your eyelashes—these little hairs make a mighty difference when it comes to your appearance and confidence. A set of thick, dark, healthy eyelashes makes your eyes stand out, giving you a rejuvenated, brighter, more energized look, even on days when you're feeling a little tired.

But eyelashes are more than just about looks. Eyelashes serve a practical purpose by protecting the eye from any debris or dust that's in the air. So even if you're not looking to give your eyelashes some added oomph for beauty's sake, you still need to take care of them.

Before you bat another eye, here are seven ways you can achieve the lashes of your dreams:



Use an eyelash comb once a day. The purpose here is twofold: For one thing, you'll remove debris and unclog your hair follicles, which will lead to overall healthier, stronger eyelash hairs. Combing your eyelashes will also give them a little bit of added length.



Before you apply mascara, dust your eyes lightly with baby powder (be careful not to get baby powder in your eyes). The baby powder will make your lashes look thicker once the mascara goes on. When removing your eye makeup at the end of the day, use a cotton pad and gently dab versus rubbing, which can weaken your hairs.



After using an eyelash comb, you can apply a little curl with an eyelash curler. Start by clamping the curler over your lashes as close to your eyelids as possible, hold, then release and move farther along the lashes to the end. You can heat your curler with a blow dryer before using it to give your hair a more dramatic curl. Between uses, be sure to clean your curler with alcohol to avoid bacterial buildup.



If you need a quick fix, you can always opt for fake eyelash, which are available in the makeup section of most grocery stores and pharmacies. Measure your eyelid length carefully and cut the fake eyelashes accordingly. Then apply a thin layer of special eyelash glue along the end of your eyelids. Wait a minute for the glue to become tacky before gently pressing the lashes into place. At the end of the day, you can easily remove the lashes by pulling them off.



Just like the hair on top of your head, your eyelashes can get dry and brittle. Be sure to condition your eyelashes by applying a little bit of castor oil or coconut oil once a week. These oils will hydrate your hairs, making them fuller and shinier. Dab a little bit on with a cotton swab, then dab again with a dry swab to remove any excess oil.



If you want a longer-term alternative to fake eyelashes, you can have extensions applied by a professional at a salon. Eyelash extensions are available in a range of materials, which will give you different lash colors, length, thickness, and curliness options. Once you've chosen extensions that fit your individual style, a professional will apply them for you. The process takes about two hours, and you'll need to have the extensions touched up every couple of weeks. Unfortunately, these extensions will not last forever and will ultimately fall out with your natural lash after eight or nine weeks. However, the good thing about eyelash extensions is that you now have ideal lashes—no more combing, curling, or applying mascara for you!



Consider your diet. Good nutrition is important for nice hair. Protein and healthy fats are important for healthy hair growth. You should also make sure you're getting plenty of biotin, a B vitamin found in eggs, legumes, nuts, and seeds.



Fitness Tips

FOR ANYONE SKIPPING LEG DAY...

By Dylan Roche

If you're sticking with a workout routine and regularly hitting your biceps, triceps, chest, shoulders, and core... well, you're still working only half your body. Neglecting to train your lower half—or, as the saying goes among fitness enthusiasts, “skipping leg day”—poses a much bigger problem than just an unevenly top-heavy physique. Your overall athletic performance will suffer because practically every sport requires use of your legs in some way, whether you're sprinting, crouching, jumping, or kicking.

A weak lower body also means you're more susceptible to injury. Your legs serve as your body's base, and without the stability that comes from strong calves, quads, hamstrings, and glutes, you won't have the same mobility and range of motion.

Building lower-body strength is also important for anyone who is trying to maintain a healthy weight. This is because your leg muscles are some of the largest in your body—giving them a good workout require a lot of effort on your part! Plus, once you've built up strong leg muscles, they'll require a substantial amount of energy, so you'll burn more calories and ultimately increase your metabolism.

“Okay, so maybe I shouldn't be skipping leg day,” you're finally thinking. “But where do I even start?” You don't need a lot of equipment to get a great lower-body workout.

Here are four moves using only a few dumbbells, a box, and your bodyweight to give you a killer leg-day routine:

SQUAT—to work your quads and glutes 1. Start with your feet shoulder width apart and a dumbbell gripped vertically between both of your hands in front of you. Keep the dumbbell close to your body, only about an inch away from your chest. 2. Bend your knees and lower your body downward, moving your hips back while keeping your torso straight. Dip yourself down as low as you can. Hold for three seconds. 3. Raise yourself back up to the starting position. Repeat 10-20 times or until fatigued.

DEADLIFT—to work your glutes, hamstrings, and calves 1. Use a dumbbell in each hand or a single barbell. Stand with your feet shoulder width apart, back straight, and face forward, and hands holding the weight in front of you with your arms straight. 2. Bend forward at the hips and lower the weight, bending your knees slightly so you feel the stretch in your hamstrings as you move the weight down the line of your legs to the ground. 3. Pause momentarily with the weight just above the ground. 4. Thrust yourself back up to your starting position. You should be using the strength of your glutes to move yourself upward. 5. Repeat 10-20 times or until fatigued.

LUNGE—to work your quads, hamstrings, and glutes 1. Begin with your feet close together and your arms by your side. To make the exercise more challenging, you could hold a light-weight dumbbell in each hand. 2. Step forward with your right leg, bending your left leg to touch your knee to the ground. Keep your chest open and your gaze fixed straight ahead of you. When your left knee touches the ground, your right thigh should be parallel to the floor with your right knee at a 90-degree angle. 3. Raise yourself back up, drawing your right foot back to be even with your left foot. Repeat the move by lunging with your left foot forward and your right knee going down to touch the floor. 4. Repeat this exercise 10-20 times with each leg or until fatigued.

BOX JUMP—to work your calves and glutes 1. Select a box that's an appropriate height. If you're 5'5" or shorter, choose a box that's 14 to 16 inches high. If you're taller than that, choose a box that's 16 to 20 inches high. 2. Stand with your toes facing the box, approximately 1 foot away. Lower yourself slightly by bending your knees and lowering your hips. You should be about halfway into a squat. Push your arms behind you. 3. Use your glutes to push yourself upward and forward, jumping onto the box. Use your arms for momentum by swinging them in front of you. You should land on the box with both feet about shoulder width apart. Allow your knees to bend slightly when you land. 4. Jump backward to land on the ground in your starting position. 5. Repeat this move 10-20 times or until fatigued.

5 Colors to Elevate Your Summer Style

By Dylan Roche



Summer is almost here, and whether you've got a start-of-season barbecue or some other special occasion where you want to make an impression, you can elevate your look with these five colors. They're perfect for sunny days, coastal atmospheres, and relaxed vibes.

↑ PINK

When it comes to summer colors, pink is always a favorite. And it's one that looks good on women and men alike. If you want a tropical look, opt for a bright shade of fuchsia or flamingo. But even subtler shades with hints of orange, such as coral and salmon, look appropriately summery and may be a better choice for anyone who doesn't want to commit to pink as a fashion choice. Pink is great as the most prominent color in your outfit, but it works well as an accent color too.



↔ BLUE

Here's what's special about blue—pretty much any shade of blue is going to be a great pick for summer. A dark navy looks appropriately nautical (especially if paired with accents of white and red) while shades of cobalt and royal blue just look fun and casual, ideal for your favorite outdoor activity. If you're feeling adventurous, try a lighter shade of blue like cerulean or sky blue, both of which are perfect for warmer months.



↑ WHITE

This one's the most obvious choice for summer. Traditionally, people kept the white in their wardrobe for occasions between Memorial Day and Labor Day, and it's a style rule that makes sense—after all, white is great for staying cool under the hot summer sun. White looks good whether you're pairing it with other white clothes or with pops of color. Choose lightweight fabrics like cotton or linen. Both men and women can easily show off a solid white top with pants or shorts in a darker, bolder color.



SAGE GREEN

Although many colors look great in their brightest shade for summer outfits, green might be the exception. Don't worry—lime and chartreuse aren't bad choices by any means, and they'll give your outfit a nice tropical look. But subtler greens like sage and seafoam make a perfect neutral color for summer outfits. They're still plain enough that you can pair them with pretty much anything, while colorful enough that your summer outfit won't look boring.

↑ YELLOW

Nothing warms up a summer outfit quite like yellow. Although it's sometimes difficult to pull off bright colors, trust yellow to look cheery and uplifting when you wear it for summer occasions. Like white, it's light enough that you're not going to feel overheated when wearing yellow on a sunny day. If you're adventurous, you can go with a bright shade like canary yellow or lemon yellow. However, even a more subdued shade like daffodil will brighten up an outfit without looking too ostentatious.





How Is the Office Affecting Your Health?

By Dylan Roche

More and more Americans are returning to the office after nearly two years of remote work, and while some workers might be excited about the notion of escaping the cabin fever they endured throughout the pandemic, others might have their reservations. They have good reason—even without the risks of a pandemic, offices can be fairly unhealthy places, both physically and mentally.

And yes, most people are aware of this on some level. Back in 2019, before anyone had even heard of COVID-19, *Forbes* reported that 87 percent of office workers wanted healthier work-space options, including fitness benefits, healthier lunch choices, ergonomic chairs, and sit-stand options for their desks.

But let's get specific: What are some of the ways your office could be negatively affecting your health, and are there any steps you can take to mitigate those effects without needing a major office overhaul? Here's what you should consider...

AIR QUALITY Most offices have notoriously poor air quality, so much so that the Environmental Protection Agency has a term for it: Sick Building Syndrome. When you're working in an office, you're

exposed to many pollutants, from the unhealthy aerosols given off by cleaning supplies to any airborne viruses spread by co-workers. If you have the luxury of a window, and the weather is agreeable, keep that open. It also might help to have an air purifier or even a fan set up by your desk to keep the air moving. And if you can, encourage your employer to switch any custodial team's supplies to nontoxic cleaning products and to change the HVAC vents regularly.

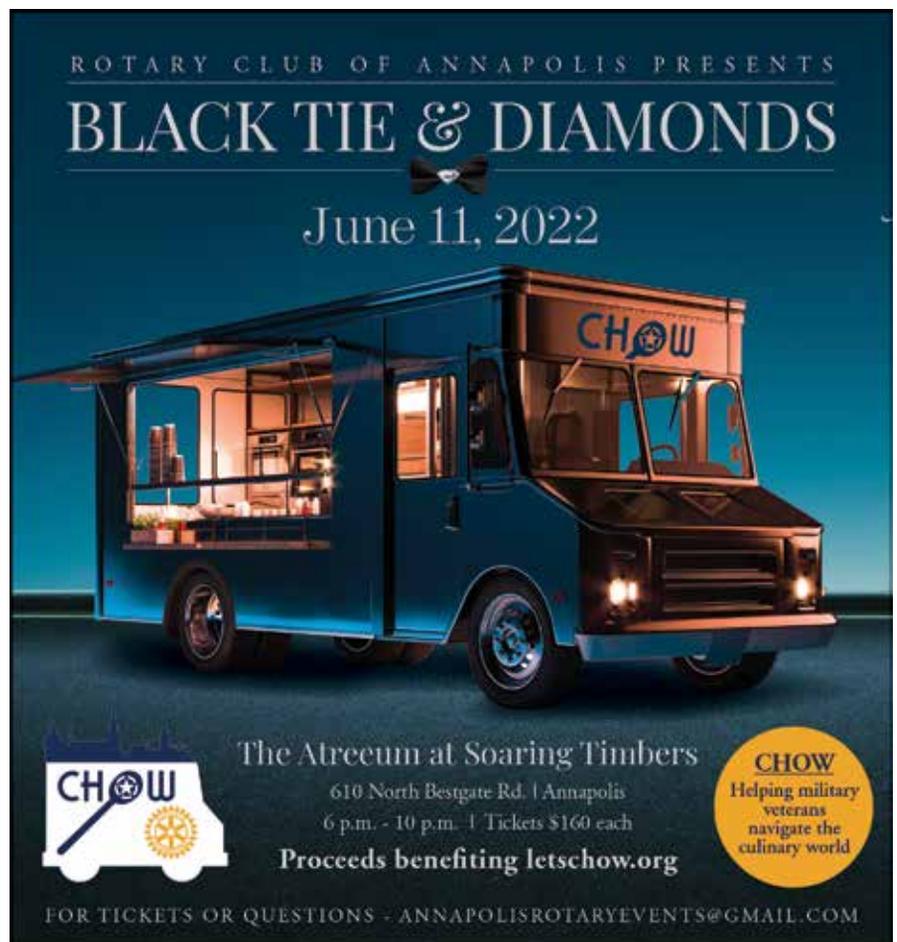
LIGHT The problem with the light in your office is twofold: You're probably not getting a lot of natural light, and instead you're getting a lot of artificial light (including a lot of light from screens). A lack of natural light is bad for your body's internal clock. A recent study from the *Journal of Clinical Sleep Medicine* showed that people working in offices where they don't get exposure to natural light end up sleeping 46 fewer minutes per night on average compared with those who have windows and sun exposure. Light from computers is often what's known as blue light, which potentially does harm to your vision. If you can, take frequent breaks from staring at your screen and step outside for a little bit of sunshine instead. If you're especially sensitive to blue light, you can try wearing special glasses made for filtering out blue light.

PHYSICAL ACTIVITY Are you sitting at a desk all day at work? That's not good. According to an analysis of 13 studies by the Mayo Clinic, sitting for a collective eight hours or more every day is just as bad for you as smoking or obesity. Some deskbound workers opt to use a standing desk, but if that's not a comfortable way for you to work, you could simply set an alarm to go off every half-hour as a reminder you need to get up and move around. Take a brisk walk around your building or parking lot to stretch your legs and get your blood flowing.

POOR POSTURE Along the same lines as sitting too long is the problem of poor posture. While hours of sitting can cause a problem, there are other culprits that drive you to hunch over. Your computer screen and keyboard might be too low, forcing you to lean down. Change up your workspace by raising your screen or the surface where your keyboard rests. You should be staring straight ahead at your screen and your keyboard should be even with your forearms when your elbows are bent at a 45-degree angle.

MENTAL FATIGUE When you worked remotely throughout the pandemic, you might have had the flexibility of setting your schedule and breaking up your hours when you're most productive. When you're working in an office, it's very likely you have no option but to work the 9-to-5 business hours. These long periods of concentration can be a drain on you mentally, particularly if it's exacerbated by stress, sensory distractions, or workplace drama. If you can, take frequent breaks, even if it's only for five minutes. Disengage from work when you leave the office and get plenty of sleep at night so you can approach each day feeling refreshed.

NUTRITION Unless you take the time to pack your lunch every day, your options for food are usually limited to takeout from the nearest restaurant or deli. Depending on what you order, you could end up with a meal that has double the calories, fat, and sugar of something you would bring from home. If you're looking to improve your diet when you're at the office, the best thing you can do is take 10 minutes to pack a lunch every day (leftovers from last night's dinner work great). If that's not an option, at least keep your desk stocked with plenty of healthy snacks like nuts, fruit, and whole-grain crackers.



**VOTED
BEST**

Crab Cake • Raw Bar
Family Friendly
Boaters/Sailors Bar
Weekend Brunch

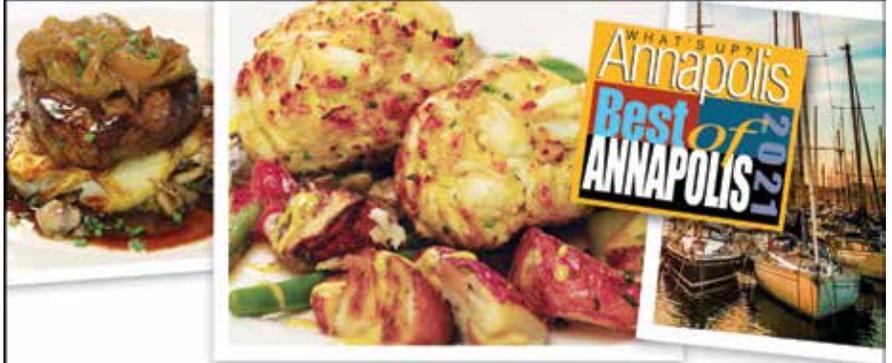


**Fresh Seafood Specials &
Oyster Selections Daily**
Weekend Brunch
Gift certificates available

OUR CRAB CAKES SHIP:
[www.goldbelly.com/
boatyard-bar-and-grill](http://www.goldbelly.com/boatyard-bar-and-grill)



Fourth & Severn, Eastport • 410-216-6206
boatyardbarandgrill.com



Savor the best food and views in Annapolis.

Come experience what locals and visitors rave about, and why we're so proud to be honored by OpenTable as:

- One of the 100 **Best AI Fresco Restaurants** in America
- Among the 100 **Most Scenic Restaurants** in America



410 Severn Avenue
Eastport
410.263.8102
carrollscreek.com

Carroll's Creek Cafe
A Waterfront Dining Experience.

WATERFRONT BANQUET SPACE AMPLE PARKING WATER TAXI STOP

ALWAYSICECREAMCOMPANY.COM

Always ICE CREAM

VOTED BEST ICE CREAM IN ANNAPOLIS SINCE 2004!

Three locations:

- 196 Main Street
- 116 Annapolis Street
- 129 A Mitchells Chance Road

Now part of the Always Ice Cream Family...



**Daily Scoop
Pasadena**

Offering their own
award winning homemade
ice cream.



INSTAGRAM: @ALWAYSICECREAMCOMPANY

BY THE ANNAPOLIS ICE CREAM CO.

Dining

150 SAVOR THE CHESAPEAKE | 152 DINING GUIDE

Cocktails at
O'Leary's Seafood
Restaurant in
Annapolis



WHAT'S UP? READERS
RESTAURANT
REVIEW

Calling All Food Critics!

Send us your restaurant review and you'll be eligible for our monthly drawing for a **\$50** gift certificate to a local restaurant. Fill out the form at whatsupmag.com/promotions.



It was recently announced that **Talbot County Empty Bowls** is beginning to plan their in-person community gathering for 2023. Empty Bowls was founded in Michigan in 1990 and has since become an international organization where people can come together as a community to help everyone obtain the nutritious foods they need every day. Ten percent of the population in Talbot County is food insecure and unsure of where they are going to get their next meal. Talbot County Empty Bowls has distributed over \$235,000 to Talbot County food organizations to stop hunger since their inception in 2008 and has been on hiatus due to COVID. The next fundraiser is scheduled for February 2023 where local students and organizers will spend the spring raising awareness and funds with a table at the Easton Farmer's Market. For more information, or to get involved, email talbotcountyemptybowls@gmail.com.



Savor the Chesapeake

Restaurant news and culinary trends throughout the Chesapeake Bay region

By Megan Kotelchuck

Now that April showers are gone and the May flowers in full bloom, we can enjoy this last month before school is out and summer begins. Big things are happening around the region: new restaurant openings, seasonal restaurant openings, the Kentucky Derby and Preakness Stakes celebrations, and, of course, Cinco de Mayo.

On the Restaurant Scene...

If you haven't ventured to West Street in Annapolis in a while, here is the message you might be needing to get back downtown. In mid-March, **GameOn Bar + Arcade** had their ribbon cutting ceremony and brought our favorite classic arcade games to town. GameOn has a bar with wine, beer, cider, and, most importantly, boozy slushies to drink while enjoying bar food and desserts, and playing Donkey Kong, Pac-Man, Skee Ball and more. This is the perfect opportunity to get your friends together and bring out your inner kid. Owner Casey Linticum has already signed a lease to open a second location in Baltimore. The Baltimore location will have a bar and arcade games on the first and second floors while private events are hosted on the third floor. Linticum works with catering partners from all women-owned restaurants as well as women-owned construction companies to pull off her vision. Find more information at gameonbararcade.com.

At the end of February, a new restaurant came to Annapolis Harbor Center: **Full On Craft Eats & Drinks**. Full On opened in the end unit of the Harbor Center, where Baja Fresh used to be and will have a full bar, local beer and wine, and outdoor seating. This is the second location for Full On and is twice the size of the original. They also serve their soup, salads, and sandwiches in their original location in Rockville. These high-end sandwiches feature in-house roasted meats as well as house-made sauces. Check them out at fulloncraft.com.

Get ready to applaud **Executive Chef Gregory James** next time you visit The Inn at Perry Cabin. Chef James won the statewide contest put on by the Restaurant Association of Maryland declaring the Maryland Chef of the Year. The winner was announced on March 27th at a gala dinner as Chef James of Stars Restaurant/Inn at Perry Cabin. Chef James was nominated by someone in the public and, out of the hundreds of applicants, he was selected to be one of the six finalists. In 2019, Chef James took over the kitchen at The Inn at Perry Cabin in St. Michaels. He is a graduate of the Culinary Institute of America and has worked in fine dining restaurants in Chicago, Minneapolis, San Francisco, and at Aquavit, a two Michelin star restaurant in New York City. Chef James has hand-picked his current team and is always learning with them and continues to change his menu daily. Visit The Inn at Perry Cabin, innatperrycabin.com, to congratulate Chef yourself someday soon!

A new bill in the Maryland General Assembly may be able to help businesses in Wicomico County obtain a **liquor license** more easily. When Revival, a live performance venue in Salisbury, tried to obtain their liquor license in August 2021, there wasn't an accurate category for them to apply for liquor license in. They ended up getting a liquor license as a restaurant but the process was more complicated than they anticipated. This new bill will make the process easier to get a liquor license for dinner theaters and similar businesses in Wicomico County. More often than not, ticket sales for these venues benefit the performers, not the theater. Passing this bill will help the venue, especially in light of this pandemic, make money on alcohol sales. The Senate has already passed this bill with unanimous support.



Hometown Favorites Expanding...

The town of Annapolis is going to have to learn how to share some of our favorite restaurants as they spread their wings and expand. Our own Preserve is opening a beer and wine garden in Severna Park called **Garten**. The indoor/outdoor garden will be on Baltimore Annapolis boulevard where Café Bretton previously resided. They will feature locally-brewed beers and European-inspired dishes. Find more information at garten-eats.com and be sure to see their updates on Garten's Facebook page.

We quickly fell in love with True Kitchen in Annapolis Town Center, and now another location is opening in Gaithersburg. This Montgomery County **True Kitchen** opened April 25th in the Rio Lakefront shopping center at 9811 Washington Boulevard. This restaurant has been able to open 41 locations, including Annapolis and Bethesda, because it follows physician Andrew Weil's anti-inflammatory food pyramid. This way of cooking includes nutrient-dense produce and superfoods, or, in their words "cravable food that boosts your mood." This location has an open kitchen, full bar, and outdoor covered patio. For more information, visit truefoodkitchen.com



Happy Holiday Cocktails...

We have a reason to eat, drink, and be merry for several holidays this month; well, for one officially recognized holiday and another couple not as much, but we will count them. Of course, May 5th is Cinco de Mayo, and then you have 48 hours to recover before the horses load the starting gate for the Kentucky Derby; followed a couple weeks later by Maryland's own Preakness Stakes. The races are as much a holiday as the Superbowl is right? Margaritas are a great drink choice for Cinco de Mayo, while Mint Juleps are perfect for the Kentucky Derby, but let's try something a bit different this year. What do you think?



Spicy Pink Paloma

- 2 ounces Tequila
- 1 ounce fresh squeezed Grapefruit Juice
- 2-3 ounces Fresca or other Grapefruit Soda
- Fresh sliced Jalapeno
- One slice of Grapefruit for garnish
- 1 teaspoon fresh ground Himalayan Salt mixed with a pinch of Cayenne Pepper for glass rim

To a tall glass, swipe the rim or side with grapefruit slice. Dip in salt and pepper mix. Add ice to glass and pour in tequila and fresh grapefruit juice. Toss in desired amount of jalapeno slices. Top with soda, stir, and enjoy!
Recipes and Picture courtesy of Olivejude.com

Porch Swing

- 1.5 ounces Straight Bourbon Whiskey
- 3/4 ounce Lemon Juice
- 1/2 ounce Honey
- 6 ounces Peach Tea

Combine ingredients in a tall glass and stir. Garnish with a peach slice or lemon wheel.
Recipe and Picture courtesy of Woodford Reserve



Have culinary news to share? Send an email to the editor at editor@whatsupmag.com.

Metropolitan Kitchen & Lounge

175 West Street, Annapolis; 410-280-5160; Metropolitanannapolis.com; Modern American; breakfast, lunch, dinner, late-night \$\$\$ 🍷
🍷 🍷 🍷 🍷 🍷

Miss Shirley's Café

1 Park Place, Annapolis; 410-268-5171; MissShirleys.com; Southern American; breakfast, brunch, lunch \$ 🍷 🍷 🍷 🍷

Rams Head Tavern

33 West Street, Annapolis; 410-268-4545; ramsheadtavern.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$\$ 🍷 🍷 🍷 🍷 🍷

Sailor Oyster Bar

196 West Street, Annapolis; 410-571-5449; Sailoroysterbar.com; American grill, seafood, cocktails; weekend lunch, dinner \$\$\$ 🍷 🍷

Stan & Joe's Saloon

37 West Street, Annapolis; 410-263-1993; Stanandjoessaloon.com; American; lunch, dinner, late-night, Sunday brunch \$ 🍷 🍷 🍷 🍷 🍷

Tsunami

51 West Street, Annapolis; 410-990-9868; Tsunamiannapolis.com; Fusion, sushi; lunch, dinner, late-night \$\$\$ 🍷 🍷 🍷 🍷

Greater Annapolis

Basmati

2444 Solomons Island Road, Annapolis; 410-266-6355; Basmatiofannapolis.com; Indian; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷 🍷

Bean Rush Café

1015 Generals Highway, Crownsville; 410-923-1546; Beanrushcafe.com; Coffee, baked goods, sandwiches; breakfast, lunch \$

Blue Rooster Café

1372 Cape St. Claire Road, Annapolis; 410-757-5232; GoToRoosters.com; Modern American; breakfast, lunch, dinner \$\$\$ 🍷 🍷 🍷

The Brass Tap

2002 Annapolis Mall Road, Annapolis; 833-901-2337; Brasstap-beerbar.com; American; lunch, dinner \$ 🍷 🍷 🍷 🍷

Broadneck Grill & Cantina

1364 Cape St Claire Road, Annapolis; 410-757-0002; Broadneckgrill.com; Contemporary American and Mexican Cuisine; serve breakfast Saturday and Sunday; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷 🍷

Bruster's Real Ice Cream

1409 Forest Drive, Annapolis; 410-295-0025; Brustersannapolis.com; Dessert \$ 🍷 🍷 🍷

Buffalo Wild Wings

2337-A Forest Drive, Annapolis; 410-573-0331; Buffalowildwings.com; American; lunch, dinner \$ 🍷 🍷 🍷

Cantler's Riverside Inn

458 Forest Beach Road, Annapolis; 410-757-1311; Cantlers.com; Crabs, seafood; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷

The Canton Restaurant

11 Ridgely Avenue, Annapolis; 410-280-8658; thecantononline.com; Chinese; lunch, Dinner \$ 🍷 🍷

Cooper's Hawk

1906 Towne Centre Blvd, Annapolis; 443-837-9989; Chwinery.com; American; lunch, dinner \$\$\$ 🍷 🍷 🍷

Chevys Fresh Mex

2436 Solomons Island Rd, Annapolis; 410-573-4932; chevysmd.com; Mexican; lunch, dinner, brunch \$\$\$ 🍷 🍷 🍷 🍷

Double T Diner

12 Defense Street, Annapolis; 410-571-9070; DoubleTdiner.com; American diner; breakfast, lunch, dinner, late-night \$\$\$ 🍷 🍷 🍷 🍷

Eggcellence

2625 Housley Road, Annapolis; 410-573-9503; Eggcellence-brunchery.com; American; breakfast, lunch \$ 🍷 🍷

Evelyn's

26 Annapolis St, Annapolis; 410-263-4794; Evelynsannapolis.com; American; breakfast, brunch, lunch, happy hour \$\$\$ 🍷 🍷 🍷 🍷

Full On Eats + Drinks

247-A Solomons Island Rd' 443-949-0203; fulloncraft.com; lunch, *

Giolitti Delicatessen

2068 Somerville Road, Annapolis; 410-266-8600; Giolittideli.com; Delicatessen; lunch, dinner \$ 🍷 🍷 🍷 🍷 🍷

Gordon Biersch

1906 Towne Centre Boulevard, Ste. 155, Annapolis; 410-266-5965; gordonbierschrestaurant.com; American; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷 🍷

Grapes Wine Bar

1410 Forest Drive, Suite 6, Annapolis; 410-571-5378; Grapeswinebarannapolis.com; Mediterranean; lunch (Sat. only), dinner \$\$\$ 🍷 🍷 🍷

Herald Harbor Hideaway

400 Herald Harbor Road, Crownsville; 410-923-4433; Heraldharborhideaway.com; American; lunch, dinner \$ 🍷 🍷 🍷 🍷

Heroes Pub

1 Riverview Avenue, Annapolis; 410-573-1996; Heroespub.com; American, sports bar; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷

InGrano Bakery

302 Harry S Truman Parkway Suite H, Annapolis; 410-919-0776; ingranobakery.com; bistro-bakery; breakfast, lunch

Italian Market & Restaurant

126 Defense Highway, Annapolis; 410-224-1330; Theitalianmarket.com; Italian; lunch, dinner \$ 🍷 🍷 🍷

Jalapeños

85 Forest Plaza, Annapolis; 410-266-7580; Jalapeñosonline.com; Spanish, Mexican; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷

Julep Southern Kitchen & Bar

2207 Forest Drive; Unit #2 Annapolis, Md; Julepannapolis.com; 410-571-3923; American; Lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷

La Sierra

2625 Riva Road, Annapolis; 410-573-2961; Lasierrestaurantinc.com; Mexican; lunch, dinner \$\$\$ 🍷 🍷 🍷

Lebtav

2335 Forest Drive Ste. 46A, Annapolis; 410-897-1111; Lebtav.com; Middle Eastern; lunch, dinner \$ 🍷 🍷 🍷 🍷

Lemongrass Too

2625-A Housley Road, Annapolis; 410-224-8424; lemongrasstoo.com; Thai; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷

Lures

1397 Generals Highway, Crownsville; 410-923-1606; Luresbarand-grille.com; American grill, seafood; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷 🍷 🍷

Ledo Pizza

505 S. Cherry Grove Avenue, Annapolis; 410-295-3030; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷

Maggiano's Little Italy

2100 Annapolis Mall Road, Ste. 1200, Annapolis; 410-266-3584; Italian; lunch, dinner, Saturday and Sunday brunch \$\$\$ 🍷 🍷 🍷

The Melting Pot

2348 Solomons Island Road, Annapolis; 410-266-8004; Meltingpot.com; Fondue; dinner \$\$\$ 🍷 🍷 🍷

Mi Lindo Cancún Grill

2134 Forest Drive, Annapolis; 410-571-0500; Lindocancungrill.com; Mexican; breakfast, lunch, dinner \$ 🍷 🍷 🍷

Mission BBQ

2101 Somerville Road, Annapolis; 443-569-4700; Mission-bbq.com; Barbecue; lunch, dinner \$\$\$ 🍷 🍷 🍷

Nothing Bundt Cakes

1901 Town Centre Blvd, Suite 130, Annapolis; 443-775-7979; nothingbundtcakes.com; Bakery

Paul's Homewood Café

919 West Street, Annapolis; 410-267-7891; Paulshomewoodcafe.com; Mediterranean; lunch, dinner, brunch \$\$\$ 🍷 🍷 🍷 🍷 🍷

Pasticcio Fresh Italian Kitchen

150-F Jennifer Road, Annapolis; 443-949-0608; Pasticcioannapolis.com; Italian; lunch, dinner \$\$\$ 🍷 🍷 🍷

Ports of Call

210 Holiday Court, Annapolis; 410-573-1350; portsofcallannapolis.com; Modern American; breakfast, lunch, dinner \$\$\$ 🍷 🍷 🍷

Rams Head Roadhouse

1773 Generals Highway, Annapolis; 410-849-8058; ramsheadroadhouse.com; American, brewery; lunch, dinner, late-night, Sunday brunch \$\$\$ 🍷 🍷 🍷 🍷

Red, Hot & Blue

200 Old Mill Bottom Road, Annapolis; 410-626-7427; Redhotand-blue.com; Barbecue; lunch, dinner \$ 🍷 🍷 🍷

Riverbay Roadhouse

1374 Cape St Claire Road, Annapolis; 410-757-2919; Riverbay-roadhouse.com; Steak, seafood; breakfast, lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷

Royal Karma

302 Harry S. Truman Pkwy, Suite K, Annapolis; 410-266-5006; royalkarmaannapolis.com; Indian; Lunch buffet, dinner \$\$\$ 🍷 🍷 🍷 🍷

Sakura Japanese Steak & Seafood House

2625 Housley Road, Annapolis; 410-573-0006; Sakurasteakhouse.com; Japanese; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷

Sandy Pony Donuts

1901 Towne Centre Blvd., Ste 130, Annapolis; 301-873-3272; Sandyponydonut.com; Breakfast \$ 🍷

Seafood Palace Buffet

81 Forest Plaza A, Annapolis; 410-216-2186; Seafoodpalacebuffet.com; American, Japanese, Seafood; lunch, dinner \$ 🍷

Severn Inn

1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; Severninn.com; Seafood; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷 🍷

Edgewater / South County

Adam's Taphouse and Grille

169 Mayo Road, Edgewater; 410-956-2995; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$\$  

All American Steakhouse

139 Mitchells Chance Road, Edgewater; 410-956-4494; Theallamericansteakhouse.com; American; lunch, dinner \$\$ 

Bayside Inn

1246 Central Avenue, Edgewater; 410-956-2722; American, Seafood; breakfast, lunch, dinner \$\$  

Broadneck Grill & Cantina

74 Central Avenue West, Edgewater; 410-956-3366; Broadneckgrill.com; American and Mexican Cuisine; lunch, dinner \$  

Chad's BBQ

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com; Authentic smoked barbeque; lunch, dinner \$  

The Crab Shack

3111 Solomons Islands Road; Edgewater 21037; 443 837 6279; Thecrabshackmd.com

Deale Umami Sushi House

657 Deale Rd, Deale; 410-867-4433; Sushi, lunch, dinner \$\$ 

Dockside Restaurant & Sports Bar

421 Deale Rd, Tracy's Landing; 410-867-1138; www.docksidereaurantmd.com; American, Seafood; breakfast, lunch, dinner \$\$ 

Edgewater Restaurant

148 Mayo Road, Edgewater; 410-956-3202; Edgewaterrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ 

Eastport Kitchen

923 Chesapeake Avenue, Annapolis; 410-990-0000; Eastportkitchen.com; American; breakfast, lunch, dinner \$\$ 

Grump's Café

117 Hillsmere Drive, Annapolis; 410-267-0229; Grumpscafe.com; American; breakfast, lunch, dinner \$ 

Jack's Fortune

960 Bay Ridge Road, Annapolis; 410-267-7731; Jackfortune1.com; Chinese; lunch, dinner \$  

Lewnes' Steakhouse

401 Fourth Street, Annapolis; 410-263-1617; Lewnessteakhouse.com; Steakhouse, seafood; dinner \$\$\$  

Main & Market

914 Bay Ridge Road, Annapolis; 410-626-0388; Mainandmarket.com; Farm-to-table; breakfast, lunch, dinner \$\$  

O'Leary's Seafood Restaurant

310 Third Street, Annapolis; 410-263-0884; Olearysseafood.com; Seafood; dinner, Sunday brunch \$\$\$  

Rocco's Pizzeria

954 Bay Ridge Road, Annapolis; 410-263-9444; Roccospizzashop.com; Pizza; lunch, dinner \$  

Ruth's Chris

301 Severn Avenue, Annapolis; 410-990-0033; ruthschris.com; Steakhouse; dinner \$\$\$  

Sammy's Pizza Kitchen

1007 Bay Ridge Ave, Annapolis; 410-990-9800; Sammyspizzakitchen.com; Italian; lunch, dinner \$-\$ 

Vin 909 WineCafe

909 Bay Ridge Avenue, Annapolis; 410-990-1846; Vin909.com; Farm-to-table; lunch, dinner \$\$  

Annapolis Smokehouse & Tavern

107 Hillsmere Drive, Annapolis; 410-571-5073; Annapolissmokehouse.com; American BBQ; lunch, dinner, catering, Weekend brunch \$\$  

Bakers & Co.

618 Chesapeake Avenue, Annapolis; 410-280-1119; Bakersandco.com; Bakery, café; Breakfast \$ 

Blackwall Hitch

400 6th Street, Annapolis; 410-263-3454; blackwallhitchannapolis.com; Upscale-casual New American restaurant; brunch, lunch, dinner, late-night \$\$  

Boatyard Bar & Grill

400 Fourth Street, Annapolis; 410-216-6206; Boatyardbarandgrill.com; American, seafood; breakfast, lunch, dinner. \$\$  

Bread and Butter Kitchen

303 Second Street, Ste. A, Annapolis; 410-202-8680; Breadandbutterkitchen.com; American; breakfast, lunch \$  

Caliente Grill

907 Bay Ridge Road, Annapolis; 410-626-1444; Calientergrillannapolis.com; Latin; lunch, dinner \$\$  

Carrol's Creek

410 Severn Avenue, Annapolis; 410-263-8102; Carrolscreek.com; Seafood; lunch, dinner, Sunday brunch \$\$  

Chart House

300 Second Street, Annapolis; 410-268-7166; Chart-house.com; Seafood; dinner, Sunday brunch \$\$  

Davis' Pub

400 Chester Avenue, Annapolis; 410-268-7432; Davispub.com; American; lunch, dinner, late night \$  

Sin Fronteras

2129 Forest Drive, Annapolis; 410-266-0013, Sinfronterascfe.com, Mexican; lunch, dinner, Saturday and Sunday breakfast \$\$  

Smashing Grapes Kitchen and Wine Bar

177 Jennifer Road, Annapolis; 410-266-7474 Smashinggrapes.com; Mediterranean and California Coastal cuisines, lunch and dinner \$\$,  

Soul

509 S. Cherry Grove Avenue, Annapolis; 410-267-6191; Soulannapolis.com; Southern-inspired small plates; lunch, dinner, Saturday & Sunday brunch \$\$  

Stoney River Legendary Steaks

2190 Annapolis Mall, Annapolis; 410-224-8312; Stonyriver.com; Steakhouse; lunch, dinner \$\$  

True Food Kitchen

1906 Towne Centre Blvd. Suite 110, Annapolis; 443-775-5179; truefoodkitchen.com; American; Lunch and dinner

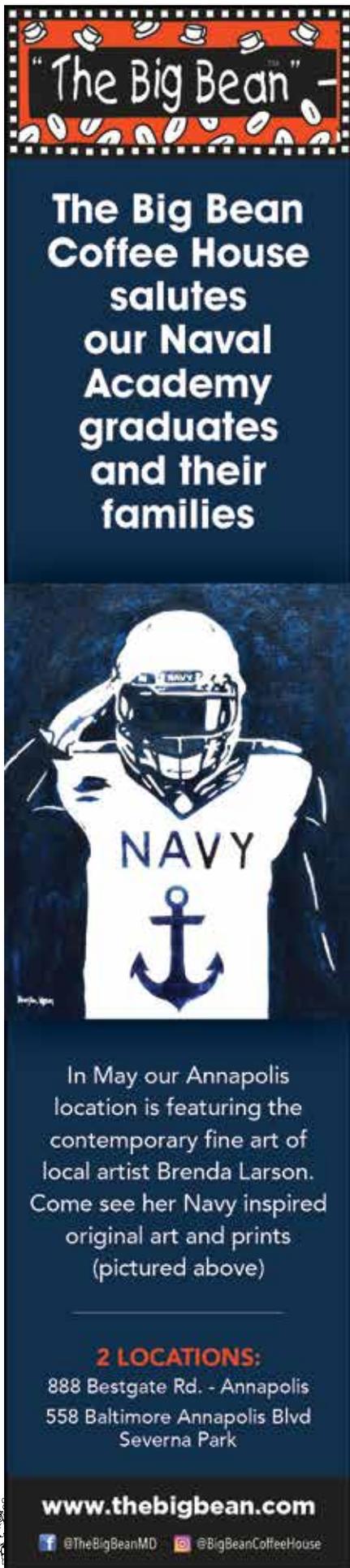
Ziki Japanese Steakhouse

1906 Towne Center Boulevard, Ste. 4250, Annapolis; 410-224-6598; Zikisteakhouse.com; Japanese, sushi; lunch, dinner \$\$  

Eastport / Bay Ridge

Adam's Taphouse and Grille

921C Chesapeake Avenue, Annapolis; 410-267-0064; Adamsgrilleannapolis.com; Barbecue; lunch, dinner \$\$  



Fuji Steakhouse

169 Mitchells Chance Road, Edgewater; 410-956-8898; fuji-steakhouse.com; Japanese; lunch, dinner \$ \$ 🍷 🍴 🍴

Glory Days Grill

3 Lee Airpark Drive, Edgewater; 443-808-8880; Glorydaysgrill.com; American, sports bar; lunch, dinner \$ 🍷 🍴 🍴

The Greene Turtle

3213 Solomons Island Road, Ste. A, Edgewater; 410-956-1144; thegreeneturtle.com; American Lunch, dinner, late-night \$ 🍷 🍴 🍴

Happy Harbor

533 Deale Road, Deale; 410-867-0949; Happyharbordeale.com; American; lunch, dinner \$ 🍷 🍴 🍴

Harvest Thyme Modern Kitchen & Tavern

1251 West Central Ave, Davidsonville; 443-203-6846; Harvest-thymetavern.com; American; lunch, happy hour, dinner \$ 🍷

Hispa Restaurant

183 Mayo Road, Edgewater; 410-956-7205; Latin American; breakfast, lunch, dinner \$

JesseJay's Latin Inspired Kitchen

5471 Muddy Creek Rd, Churchton, 240-903-8100; jessejays.com; Latin; Lunch, dinner \$ \$ 🍷 🍴 🍴

Killarney House

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com; Irish; lunch, dinner, late-night \$ \$ 🍷 🍴 🍴

Ledo Pizza

3072 Solomons Island Road, Edgewater; 410-956-6700; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍷 🍴

Mike's Bar & Crab House

3030 Riva Road, Riva; 410-956-2784; Mikescrabhouse.com; Seafood; lunch, dinner, late-night \$ \$ 🍷 🍴 🍴

Nova Sushi Bar and Asian Fusion

3257 Solomons Island Road, Edgewater; 410-956-5326; Novasushi.com; Sushi, lunch, dinner \$ - \$ \$

Old Stein Inn

1143 Central Avenue, Edgewater; 410-798-6807; Oldstein-inn.com; German; dinner \$ \$ 🍷 🍴 🍴

Petie Greens Bar and Grill

6103 Drum Point Road, Deale; 410-867-1488; Petiegreens.com \$ \$ 🍷 🍴 🍴

Pirate's Cove

4817 Riverside Drive, Galesville; 410-867-2300; Piratescovemd.com; Seafood; breakfast, lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍴

Pier Oyster Bar

48 South River Road, Edgewater; 443-837-6057; thepierwaterfrontboardandgrill.com; Caribbean; lunch, dinner, late-night \$ \$ 🍷 🍴 🍴

Rod N Reel Restaurant

4160 Mears Avenue, Chesapeake Beach; 860-312-5596; rnrresortmd.com; Seafood; breakfast, lunch, dinner \$ \$ 🍷 🍴

Saigon Palace

10 Mayo Road, Edgewater; 410-956-0505; Vietnamese; lunch, dinner \$ 🍷 🍴

Señor's Chiles

105 Mayo Rd, Edgewater; 410-216-2687; senorschile.com, Mexican, lunch, dinner, \$ \$ 🍷 🍴

Skipper's Pier

Restaurant & Dock Bar
6158 Drum Point Road, Deale; 410-867-7110; Skipperspier.com; Seafood; dinner \$ \$ 🍷 🍴

South County Café

5690 Deale Churchton Road, Deale; 410-867-6450; American; breakfast, lunch, dinner \$ \$ 🍷

Stan & Joe's Saloon South

173 Mitchells Chance Road, Edgewater; 443-837-6126; Stanandjoes-saloon.com; American; lunch, dinner, late-night \$ 🍷 🍴 🍴

S & J Riverside

4851 Riverside Drive, Galesville; 410-867-7200; Seafood; lunch, dinner \$ \$ 🍷 🍴 🍴

Yellowfin Steak & Fish House

2840 Solomons Island Road, Edgewater; 410-573-1333; yellowfin-edgewater.com; Steak, seafood; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍴

Arnold / Severna Park / Pasadena & Beyond

Adam's Ribs

589 Baltimore Annapolis Boulevard, Severna Park; 410-647-5757; adamsgrilleseverna-park.com; Barbecue; lunch, dinner \$ \$ 🍷 🍴

Ashling Kitchen & Bar

1286 Route 3 South Ste. 3, Crofton; 443-332-6100; Ashlingco.com; American; dinner \$ \$ 🍷 🍴 🍴

Bella Italia

1460 Ritchie Highway, Arnold; 410-757-3373; Bellaitaliaarnold.com; Italian; lunch, dinner \$ 🍷 🍴

The Big Bean

558 Baltimore Annapolis Blvd, Severna Park; 410-384-7744; thebigbean.com; Coffee Shop 🍷

Blackwall Barn & Lodge

329 Gambrells Road, Gambrells; 410-317-2276; Barnandlodge.com; American; lunch, dinner, weekend brunch \$ \$ 🍷 🍴 🍴

Brian Boru Restaurant & Pub

489 Ritchie Highway, Severna Park; 410-975-2678; Brianborupub.com; Irish; lunch, dinner, Sunday brunch \$ \$ 🍷 🍴 🍴

Café Mezzanotte

760 Ritchie Highway, Severna Park; 410-647-1100; cafezzanotte.com; Italian; lunch, dinner \$ \$ 🍷 🍴 🍴

The Crab Shack

1260 Crain Hwy Crofton 21114; 443 302 2680

Daily Scoop

3201 Mountain Road, Pasadena; 410-437-2667; dailyscoopicecream.biz; Ice cream and ice cream cakes \$ 🍷

Donnelly's Dockside

1050 Deep Creek Avenue, Arnold; 410-757-4045; Donnellys-dockside.com.com; Seafood; lunch, dinner \$ \$ 🍷 🍴 🍴

Founders Tavern & Grille

8125 Ritchie Highway, Pasadena; 410-544-0076; Founders-tavernandgrille.com; American; lunch, dinner \$ 🍷 🍴

Gina's Cantina

8779 Veterans Highway, Millersville; 410-923-8226; Ginascantinamd.com; Tex-Mex; lunch, dinner \$ \$ 🍷

Ledo Pizza

552 Ritchie Highway, Severna Park; 410-544-3344; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ \$ 🍷 🍴

CELEBRATING 100 YEARS
Lewnes' since 1921

Prime Steaks



Located on Restaurant Row in Annapolis' Historic Eastport 4th & Severn Avenue.

Buttery crisp outside, juicy tender inside. With over 100 years restaurant experience, LEWNES' serves only USDA prime aged steaks.

With our air sanitizer/purifiers running 24/7 through our entire HVAC system and spacious dining, we are committed to providing the same hospitable experience we are known for with an added focus on safety to ensure everyone feels comfortable.

MOTHER'S DAY

MAY 8

OPEN AT 12 P.M.

 **The Daily Meal**
At the Restaurant, it's our

VOTED BEST STEAKHOUSE
VOTED BEST ROMANTIC RESTAURANT

Ranked Top 100 Most Romantic Restaurants in the Country by OpenTable



BEST OF AWARD OF EXCELLENCE
2019



BEST OF AWARD OF EXCELLENCE
2020



BEST OF AWARD OF EXCELLENCE
2021

410-263-1617

FEATURING USDA PRIME STEAKS

WWW.LEWNESSTEAKHOUSE.COM





SWAP STORIES WITH
THE RUM RUNNERS

ADVENTURE COMES IN MANY FORMS.
COME FIND YOURS...

From the historic charm of Annapolis along the shores of the Chesapeake Bay to the entertainment district of Arundel Mills and beyond, discover all that Annapolis and Anne Arundel County have to offer.

CHOOSE YOUR ADVENTURE AT VISITANNAPOLIS.ORG



DINING GUIDE

Lemongrass Arnold

959 Ritchie Highway, Arnold; 410-518-6990; Lemongrassannapolis.com; Thai; lunch, happy hour, dinner \$ †

Mi Pueblo II

554-A Ritchie Highway, Severna Park; 410-544-4101; Mipueblo2.com; Mexican; lunch, dinner \$ † ††

Mother's Peninsula Grill

969 Ritchie Highway, Arnold; 410-975-5950; Mothersgrille.com; American, seafood; lunch, dinner \$\$ † †† †

Nonna Angela's

2225-A Defense Highway, Crofton; 443-584-4038; Mammaas.com; Italian; lunch, dinner \$-\$ †

O'Loughlin's Restaurant

1258 Bay Dale Drive, Arnold; 410-349-0200 Oloughlinspub.com; American; lunch, dinner, late-night \$\$ † †† †

Pherm Brewing Company

1041 MD Route 3; Gambrills; 443-302-2535; phermbrewing.com; Food trucks on Weekends

The Point Crab House & Grill

700 Mill Creek Road, Arnold; 410-544-5448; Thepointcrabhouse.com; Casual contemporary American Seafood restaurant; brunch, lunch, dinner \$\$ † † † † †

Rips Country Inn

3809 N. Crain Highway, Bowie; 301-805-5900; Ripscountryinn.com; Rustic country cooking and Chesapeake eats; breakfast, lunch, dinner \$\$ † † †

Romilo's Restaurant

478-A Ritchie Highway, Severna Park; 410-544-6188; Romilosrestaurant.com; Greek; lunch, dinner \$\$ † † †

Senior Chile Cantina

1264 Bay Dale Drive; Arnold; 410-421-1010; lunch, \$ ††

Severna Park Taphouse

58 W. Earleigh Heights Road, Severna Park; 410-793-5759; Severnaparktaphouse.com; American, sports bar; dinner \$ †

Sin Fronteras

7700 Ritchie Highway, Glen Burnie; 410-424-2022, Sinfronterascafe.com, Mexican; lunch, dinner, Saturday & Sunday breakfast \$\$ † † *

Twains Tavern

8359 Baltimore Annapolis; Boulevard, Pasadena; 410-647-5200; Twainstavern.com; American, sports bar; dinner \$ † † †

Vida Taco Bar

541 Baltimore Annapolis Blvd, Severna Park; 410-544-2300; Vidatacobar.com; Tex-Mex; lunch, dinner \$\$ † † †

Regional

Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; brunch, dinner \$\$ † † †

Hemingway's Restaurant

357 Pier 1 Road, Stevensville; 410-604-0999; Hemingwaysbaybridge.com; Seafood; lunch, dinner \$\$ † † † † † †

The Island Hideaway

14556 Solomons Island Road S, Solomons; 410-449-6382; Thislandhideawaysolomons.com; American; lunch, dinner † † † † † *

Knoxie's Table

180 Pier 1 Road, Stevensville; 410-604-5900; Baybeachclub.com; American; dinner, weekend brunch † † † †

Range & Reef

A unique al fresco live-fire grilling experience by Chef Holderbaum.

Providing live-fire grilling and specialty cooking services year round
(240) 476-7291
www.rangeandreef.com

Annapolis Best of Annapolis

We Bring Veterinary Medicine to Your Door

MOBILE PET VET
410.544.8300

Less Stress for You and Your Pet

Lisa C. Beagan, DVM, CVA
Robin Hennick, Technician, Office Manager

Annapolis Best of Annapolis

410.544.8300 • www.mobilepetvet.com

Highly recommended by Annapolis Animal Hospital, VCA and Muddy Creek Veterinarians

WELCOME TO ALTERNATIVE PET CARE MD

EXPERIENCE THE DIFFERENCE

Provider • Groomer • Trainer

Vet trained, First Aid Certified, Licensed, Bonded & Insured

410.349.7828
sandy@alternativepetcaremd.com
alternativepetcaremd.com

Service areas include Edgewater and Annapolis, MD, Available 24 x 7

Wimsey Cove
Framing & Fine Art Printing

- Shadowboxes
- Conservation Framing
- Maps
- Diplomas
- Scanning Services
- Giclee Printing
- Photo Restoration
- Photo to Canvas
- Large Scale Printing

410.956.7278 | 209 Chinquapin Round Rd, Suite 101, Annapolis
Hours: M-F 10-6 & Sat 10-4 | Visit us online at www.marylandframing.com & www.wimseycoveframingannapolis.com

BCA ELITE
LACROSSE TRAINING

**BOYS AND GIRLS
SUMMER SESSIONS
FORMING NOW**

**GIRLS ELITE SUMMER CAMP
JUNE 27-30
(LIMITED SPOTS REMAIN)**

*"As soon as they were introduced to BCA training I noticed an immediate improvement in their stick skills and confidence."
-Head Coach Chris Asher*

Instagram @BCAELITELAX

Pasticcio
Fresh Italian Kitchen

Fall in love with Old World Flavors

Pizza | Pastas | Salads | Desserts | Catering

443-949-0608 • 150-F Jennifer Road • Annapolis

Online order available for pick up and delivery on www.pasticcioannapolis.com

LOVE PETS? WE'RE HIRING!

Perfect Pet
RESORT

Lodging • Daycare • Spa • Training
410.741.0000 | www.perfectpetresort.com

840 West Bay Front Rd. • Lothian, MD 20711

Simply STRONGER

... a personal touch

YOGA, FITNESS AND MASSAGE STUDIO



Debi McKibben

ANNAPOLIS
BEST PERSONAL TRAINER
WINNER
Best Personal Trainer in Private Studio

DON'T WAIT!
GET FIT TODAY!

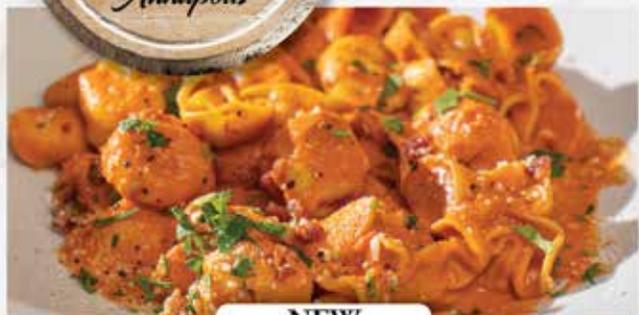
ONE ON ONE NO CROWDS CLEAN & SAFE

To sign up please call Debi McKibben 443-994-3513
1610 West St., Ste. 204 • Annapolis • simplystronger204@gmail.com
www.simplystronger.com



A FAMILY PIZZERIA RESTAURANT

- DINNER ENTREES
- SALADS
- SUBS
- CATERING



NEW



Carryout 410-216-6061 • 609-B Taylor Ave, Annapolis
www.bellaitaliamd.com

Tech Nails

PROFESSIONAL NAIL CARE & DESIGN

NOW OPEN

2641 Riva Road | Annapolis MD
443-221-7687

Monday-Saturday 9AM-7PM
Walk-Ins Welcome




CONTEGO
Spa Pedicure

- Nail Care & Design
- Waxing Services
- Lash & Eyebrows

Gift Certificates available

We are the only salon in the area to feature the Contego Spa Pedicure chair. This is the newest technology for a safe clean pedicure free of cross contamination and bacteria.

First Class Free



BOOK YOUR BIKE TODAY!

TRIBE CYCLE

www.tribecycle.com

Follow us on insta
@tribe_cycle



Where's Wilma?

FIND WILMA AND WIN!

It's May, it's spring, it's time to have fun! Wilma is off and running—er flying—all over the region this month, racing to and fro, in search of the best dining, shopping, and services she can find. Where will she land next?

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to Nancy Werner of Severna Park, who won a \$50 gift certificate to a local business.

Mail entries to: Where's Wilma? Annapolis, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions



Please Print Legibly

I FOUND WILMA ON PG. _____ Advertiser _____
 _____ Advertiser _____
 _____ Advertiser _____

Name _____

Phone _____

Address _____

E-mail address _____

What is your age bracket? (Circle one) <25 25-34 35-44 45-54 55+

Would you like to sign up for our weekly eNewsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles! Yes, please! _____ No, thanks _____

Entries must be received by May 31, 2022. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Annapolis.

About Faces.....	147, 66	Johnson Lumber Co.....	31
Alternative Pet Care.....	157	Kagan Stern Marinello & Beard LLC.....	LLP
Anchored Hope Therapy LLC.....	2	Katz Day LLC.....	LLP
Annapolis Arts Alliance.....	66	Kent Cultural Alliance.....	Kent County
Annapolis Ice Cream Company Always Ice Cream.....	148	Klein & Associates LLC.....	LLP
Annapolis Opera.....	85	Koslow Law Firm.....	LLP
Annapolis Painting Services.....	35	Law Office of Debra A. Saltz.....	LLP
Annapolis Plastic Surgery.....	5	Law Office of John E. Lindner.....	LLP
Annapolis Symphony.....	40	Law Office of Marla Zide LLC.....	LLP
Anne Arundel Bar Association.....	93	Law Offices of Kendall B. Summers.....	96, 97, Bind-In
Anne Arundel County Casa Inc.....	63	Law Offices Of Thomas J. Fleckenstein.....	LLP
Anne Arundel Medical Center—AAMC Foundation.....	69	Leadership Anne Arundel.....	93
Anne Arundel Medical Center—Fish For A Cure.....	64	Let's Go! Music Festival.....	27
Arthur Law Group LLC.....	LLP	Lewnes' Steakhouse.....	155
Arts Council of Anne Arundel County.....	10	Liff Walsh & Simmons Eagle Title.....	86
Arundel Lodge Inc.....	57	Long & Foster—Mr. Waterfront Team.....	6
Atlantic Prime Mortgage.....	137	Long & Foster Annapolis Fine Homes.....	22
Bay Radiology.....	43	Long Fence.....	32
Baypoint Wealth Management.....	40	Luminis Health AAMC.....	8C
Bella Italia.....	159	Lundberg Builders/314 Design Studio.....	132
Berkshire Hathaway Homeservices Homesale Realty.....	44	Maryland Paint & Decorating.....	41
Blanca Flor.....	66	Matt Nader Group-First Home Mortgage.....	139
Boatyard Bar & Grill.....	148	McNamee Hosea Attorneys & Advisors.....	LLP
Bowman Jarashow Law LLC.....	IBC	MDSW McAllister DeTar Showalter and Walker LLC.....	LLP
Brampton Bed and Breakfast Inn.....	Kent County	Mobile Pet Vet.....	157
Breakfast Club Academy.....	158	Naditch Ron.....	LLP
Brittland Estates.....	Kent County	Nancy Almgren—Berkshire.....	56
Burrows Haviland Law.....	LLP	Nancy Hammond Editions.....	56
Byrd & Byrd LLC.....	93	Northrop Realty A Long & Foster Company.....	124
Cabinet Discounters.....	24	O'Donnell Vein and Laser.....	IFC, 66
Carrol's Creek Cafe.....	148	Paradise Float Spa.....	66
Catherine Purple Cherry Architects.....	19	Pasticcio Fresh Italian Kitchen.....	158
Cedar Counseling & Wellness LLC.....	57	Perfect Pet Resort.....	158
Center for Eye & Laser Surgery/Adora Medical Spa.....	17	Plastic Surgery Specialists.....	21
Chesapeake Bay Beach Club.....	28	ProMD Health.....	140
Chesapeake Car Wash.....	73	Rams Head on Stage.....	45
Chesapeake Cycles.....	66	Range & Reef.....	157
Chesapeake Eye Care Management PC.....	18	Reinstein Glackin & Herriott LLC.....	LLP
Chesapeake Financial Planning & Tax Services.....	29	RLC Lawyers and Consultants LLC.....	89
Chestertown Tea Party Festival.....	Kent County	Rotary Club of Annapolis.....	147
Church Circle Title & Escrow.....	85	Sadana Salon + Spa.....	66
Cochran & Chhabra LLC.....	104, LLP	Sandel Duggal Center For Plastic Surgery.....	3
Coldwell Banker Church Circle.....	37	Scott Finlay DDS & Associates.....	13
Council Baradel.....	95	Scott Schuetter.....	39
County Commissioners of Kent County.....	Kent County	Severn School.....	74
David Orso.....	4	ShelfGenie.....	132
Djowdan Center for Implant and Restorative Dentistry.....	1	Shore United Bank.....	80
Downtown Chestertown Association Inc.....	Kent County	Simply Stronger.....	159
Drs. Walzer Sullivan & Hlousek PA.....	9	Sims & Campbell.....	LLP
Ehmann Kathryn DDS.....	30	Sinclair Prosser Gasior.....	LLP
Essex Bank United Bank.....	7	Skin Wellness MD.....	8
Evans Law.....	LLP	Talisman Therapeutic Riding.....	74
Fichtner Services.....	131	Tech Nails.....	159
Fishpaws.....	66	The Arc Central Chesapeake Region.....	67
Franke Beckett LLC.....	LLP	The Big Bean.....	154
GiGi's Playhouse.....	121	The Cottage Annapolis & Severna Park.....	84, 66
Hague Quality Water of Maryland.....	139	The Jaklitsch Law Group.....	98, LLP
Hammond-Harwood House Museum.....	29	The Law Offices Of Stacey R. Rice.....	LLP
Harvest Thyme Modern Kitchen & Tavern.....	66	The Shane Hall Group of Compass Realty.....	135
Hillman Brown & Darrow.....	LLP	The Spice And Tea Exchange.....	66
Historic Annapolis Inc./William Paca House.....	54	The Summit School.....	59
Homestead Gardens.....	137	The Wellness House.....	58
Hospice Cup.....	84	Three Rivers Builders LLC.....	11
Hospice of the Chesapeake.....	60	Timberlake Design Build.....	33
Hyatt And Weber PA. Attorneys At Law.....	LLP	Tribe Cycle.....	159
Iliff Meredith Wildberger & Brennan PC.....	LLP	TTR Sotheby's Annapolis—Brad Kappel.....	14, 122
Inn at Huntingfield Creek LLC.....	Kent County	Visit Annapolis.....	156
Innovative Family Dental Health. 43Jack J. Schmerling Attorney at Law.....	LLP	Wimsey Cove Framing & Fine Art Framing.....	158
Jimeno & Gray PA.....	LLP	Wish List Boutique.....	66
		Yunkas Vidmar Sweeney & Mulrenin LLC.....	LLP
		YWCA of Annapolis & Anne Arundel County.....	68

Bowman Jarashow

LAW LLC

CONGRATULATIONS TO OUR 2022 LEADING LAWYERS



Leading Lawyer

BROOKE H. BOWMAN

Estates, Trusts,
Wills and Probate Law

Leading Lawyer

RONALD H. JARASHOW

Appellate
Law

Leading Lawyer

JEFFREY P. BOWMAN

Arbitration, Litigation
Business Law, General Practice
Education, Employment Law

Leading Lawyer

FRANK P. LOZUPONE

Education
Law

LUCAS VAN DEUSEN

BOWMAN JARASHOW LAW LLC

162 West Street • Annapolis 21401 • 410.267.9545 • bowmanjarashow.com • contact@bowmanjarashow.com





Luminis Health Plastic Surgery

Build your confidence with the team you trust

At Luminis Health Plastic Surgery, you can meet with experienced, board-certified providers including Dr. Derek Masden and Dr. Tripp Holton, who can help you meet your goals through a variety of surgical and non-surgical services, including:

- Reconstructive and cosmetic breast surgery, including 3D nipple tattooing
- Body contouring after weight loss
- Minimally invasive cosmetic procedures

Please visit [Luminis.Health/PlasticSurgery](https://www.luminishealth.com/PlasticSurgery) or call **443-481-3400** to make an appointment.

Choose from two convenient locations:

- Luminis Health Doctors Community Medical Center
- Luminis Health Anne Arundel Medical Center