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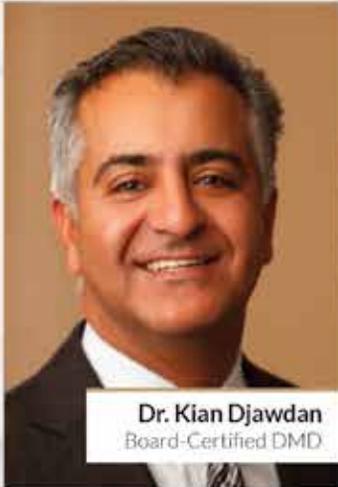
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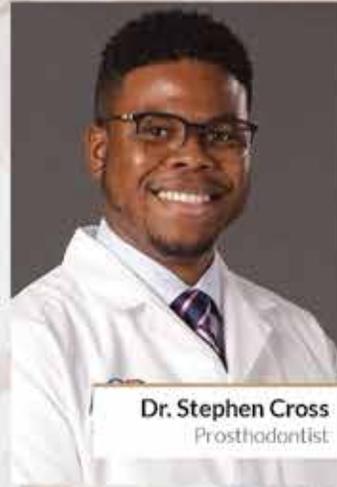
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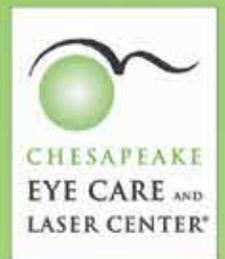


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## Brent Allen

REALTOR®

o 410 263 3400  
c 410 349 7764  
Brent.Allen@longandfoster.com

Brent Allen, a respected member of the Maryland real estate community who continues to cultivate a loyal, ever growing, and wide-ranging clientele following his start

in real estate in 2005. Known for his innovative use of technology and video in real estate and cutting edge marketing tactics. His keen negotiating acumen, patience, and honesty are evident throughout his referrals and repeat clients. Brent is a lifetime sailor and an avid boater, and he enjoys sharing his appreciation for the Chesapeake Bay with his family, friends and clients.



## Emily Bell

REALTOR®

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c 412 979 3710  
Emily.Bell@lnf.com

Our homes are no longer just where we live. They are where we work, have school, host friends and connect remotely. Now more than ever, we need to ensure that

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## Teresa Dennison

REALTOR®

o 410 263 3400  
c 443 223 1364  
TDennison@lnf.com

Working in real estate is fun but it is also a lot of hard work. Each day Teresa is charged with the responsibility of managing the details that are inherent in any real

estate transaction, nurturing relationships & doing everything to ensure that each transaction is smooth. Enthusiasm, attention to detail & tenacity have served her clients well, but what has really made the difference is listening & understanding her clients needs. An Annapolis resident for over 28+ years, Teresa knows the Annapolis area, its culture, its history and its futures.



## Rachel Frentsos

REALTOR®

o 410 263 3400  
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Rachel@LNF.com

Since 2002, I've been helping people find their first, next or forever home in Annapolis and the surrounding areas. In addition to being a Realtor, I am also an

Associate Broker and GRI (Graduate of the Realtor Institute) and have been consistently recognized as a Top Producer by Long & Foster. I also belong to the Long & Foster Gold Team, Anne Arundel County Master's Club and Distinguished Sales Achievement Club. Please contact me today for a private consultation to determine how I can best help you.



## Liz Heinsohn

REALTOR®

o 410 263 3400  
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LHeinsohn@lnf.com

Liz Heinsohn, an Associate Broker at Long & Foster in Annapolis Maryland, has over 20 years, of experience. An expert negotiator, she can help you accomplish

your goals Real estate is her full-time focus. Her commitment to her clients helps them secure the best deal – whether they are buying or selling. She loves working with people and often forms lasting friendships with her clients, helping them over the years with their real estate needs. She is a lifetime resident of Maryland, and has lived in Anne Arundel County for the past 30 years.



## Sarah Martin

REALTOR®

o 410 263 3400  
c 410 507 8644  
SarahMartin@lnf.com

I am a career REALTOR who has a passion working with buyers and sellers. As a real estate agent, I take pride in helping my clients with

the very personal, and sometimes overwhelming, aspects of buying and selling homes. I live in the Annapolis area and I enjoy being involved in the community. I love this area and I want my clients to be happy here too!



## Jennifer Powers

REALTOR®

o 410 263 3400  
c 813 368 0923  
Jennifer.Powers@LNF.com

Jennifer has a passion for real estate and strives to give her clients the most seamless and professional experience. Jennifer is a graduate of the University of

Georgia and has enjoyed making Annapolis her home for the past 10 years with her husband and two children. With a background in design, Jennifer specializes in staging your home to appeal to today's buyer.



## Brian Schilling

REALTOR®

o 410 263 3400  
c 410 991 7009  
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Brian has been consistently in the top 1% of volume nationally, boasting over \$250M+ in career sales since 2001. He is a lifetime member of the Master's

Club (top 150). In 2006, Brian was inducted into the Champion Hall of Fame and 2010 Champion Realty Legend. Brian brings strong negotiating skills, attention to detail, and an extremely even keel to the transaction process. He is extremely well respected by peers and treats all of his happy clients as family as they undergo the exciting and rewarding process of buying or selling their home!

**On the Cover:** We celebrate the Best of Annapolis winners. Congratulations to all! Design by August Schwartz. Contact What's Up? Annapolis online at [whatsupmag.com](http://whatsupmag.com). ♻️ Please recycle this magazine.

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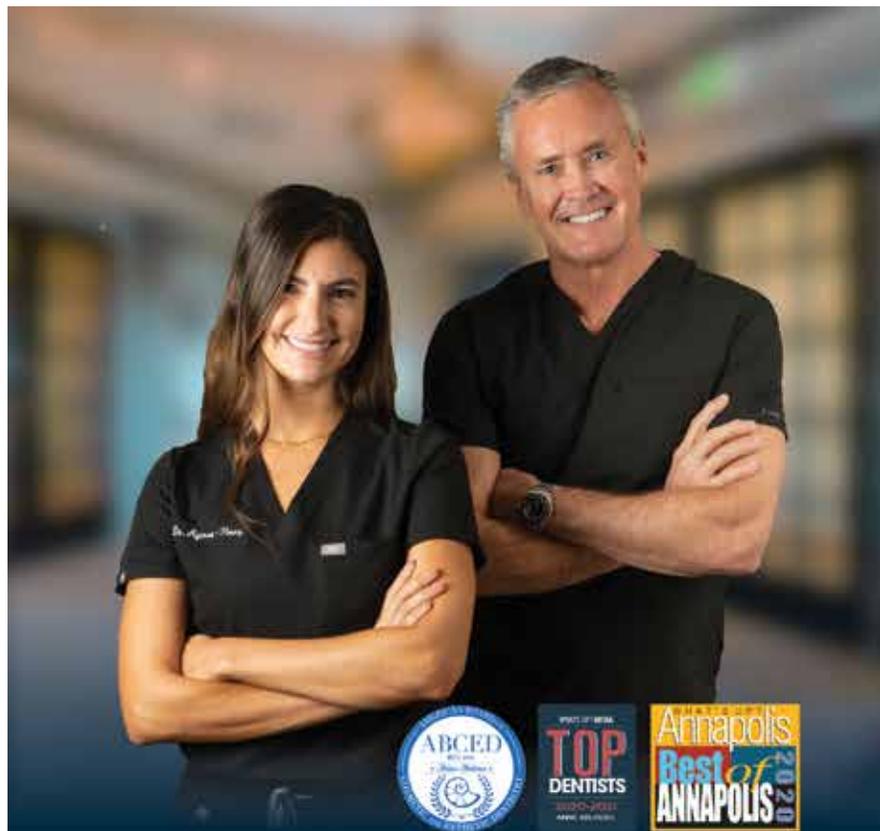
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**JULY 2022**

Our Crab Issue!

How to Catch, Cook, and Eat Them!  
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# editor *From the*

What's Up? Media and you, our readers, have been doing this social experiment long before Facebook, Twitter, Instagram, Yelp, or Nextdoor gave us instant, random, and not-so-trustworthy feedback to *the* question. For nearly 20 years, we've organized the annual Best of Annapolis voting and awards. And we thank you for participating in one of the largest group-think projects of the Chesapeake Bay region. Collectively, about 25,000 ballots were cast in this year's campaign, which have been vetted and tabulated to bring you the *most complete* list of Best of Annapolis winners we've ever printed.

In this issue, more than 175 businesses have won Best Of honors, categorized in Food & Dining, Health & Beauty, Home & Design, and Retail & Professional Services—a testament to the quantity and quality of top tier vendors servicing our communities. You'll find out who has the best ice cream in this month's feature...and oh-so-much more!

Traditionally, the June issue heralds the summer season, celebrating the Best Of winners, but also showcasing our region's hallmark events, activities, recreation, excursions, and environment. There are many can't-miss festivals and performances written into "Out on the Towne," as well as destination dining options in our annual "Waterfront & Al Fresco Dining Guide." We let our daydreams run wild in "From Bay to Beach," our showcase home of the month—a Delaware oceanfront that Jimmy Buffet would be envious of. We also meet with several next-generation leaders that have taken the helm of three renowned environmental organizations—Chesapeake Bay Foundation, ShoreRivers, and Severn River Association—to discuss the most pressing issues affecting our precious watershed.

What's *best* for the Bay? Well, that's a bit more difficult to pin down versus who has the best crabcake. But in this issue, we do *our best* to answer both. Enjoy and cheers to the start of summer!

The question is asked everyday, around the clock, and around the world. There are many ways of asking this question. And everyone has an answer. And we absolutely love to debate them as such.

"Who's got the best  
\_\_\_\_\_ IN TOWN?"  
Or..."Can you recommend  
ME THE BEST \_\_\_\_\_?"

When it comes to making decisions on purchases big and small, we all have experiences, preferences, and recommendations for who's tops in town. Who has the best crabcake? We all have opinions or want to know about that one. Best residential roofer? That's a popular topic in the neighborhood app chats and online forums. Is one clothing store better than another? You bet your britches. And for a good workout, there must be a go-to gym with the best equipment and atmosphere.

Comparing, contrasting, and confirming our favorite vendors, services, and places against the preferences of friends, family, neighbors, and, even, complete strangers is nothing new. It's capitalism playing out at the most basic and fun level. We want to know what others think about where the best scoop of ice cream can be found. And we want to be right about where we'd choose to go (it feels good to spend your money where your mouth is).

James Houck,  
Editorial Director

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# Mary Beth Paganelli

REALTOR®



Since entering real estate in Anne Arundel County in 2008, Mary Beth Paganelli has garnered rave reviews from her clients. Again and again, satisfied clients praise Mary Beth's "professionalism, communication, diligence, compassion, care and attentiveness," and the way she makes buying or selling a home "a pleasure!" Clients give Mary Beth high marks for the standout customer service they've received at every stage of the process. For Mary Beth, the best endorsement is a happy client, and she has plenty of those!

You would never know Mary Beth was one of the best and busiest realtors in Anne Arundel County because she made us feel we were the only customer she had. She responded immediately to every question and need we had. Her most spectacular trait was she was always way ahead of what was needed next and covered all the bases, so nothing fell through the crack.

We have had 3 closings with Mary Beth and each time the listings, open houses, showings, piles of paperwork, negotiations, and closings were seamless. Additionally, she has been in real estate long enough to be able to advise the seller or buyer on real estate tactics and counter offers.

When you get Mary Beth Paganelli you get the whole package and not just someone wanting to list or sell your home. We have bought and sold many homes in our 54 years of marriage and there is no question Mary Beth is the best of the best!

- Nancy and Tom Futch

Mary Beth, I can't thank you enough for helping me with my home in Arnold and dealing with the realtors in PA. It was a lot going on all at once and we all had the utmost confidence in you. There was no comparison of your skills vs. other agents I used in PA. Thank you!

- Andrew Greene

Mary Beth was a consummate professional yet warm and understanding. At a difficult time, Mary Beth made a major undertaking very manageable. She got more for our house than I ever thought possible. I will miss our interactions. She is an excellent negotiator!

- Mary Beth and Rick Hew

Mary Beth is an exceptional realtor with valuable knowledge. Her pleasant interaction gets the job done in a way that pleases everyone!

- Rita and Drew Hudson

We purchased a house in Edgewater. We met Mary Beth Paganelli when she was listing a home and quickly realized what an amazing agent she is. She always had our best interest in mind when looking for a house and has been exceptional in the closing process. We bought and sold several homes in the past and we have never had an agent that has been organized, helpful and simply just "gets the job done". We feel very fortunate to have her as an agent.

- Scott and Denise Patton



Mary Beth Paganelli  
REALTOR®



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# *Out on the* **TownE**

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25 EVENT PICKS | 34 SOCIAL | 40 SALUTE | 42 SPOTLIGHT | 50 ATHLETE



## **Bands in the Sand**

Each summer, a sell-out crowd gathers on the beach to support Chesapeake Bay Foundation at Bands in the Sand. Enjoy live music, local cuisine, and cold drinks at this fundraiser on June 11th from 5:30 to 10 p.m. at the Philip Merrill Environmental Center in Annapolis. This event has raised more than \$3.54 million towards saving the Bay since 2006. Find more information at [cbf.org](http://cbf.org).



## FRIENDS OF THE LIGHT HOUSE GOLF TOURNAMENT ↓

The 19th Annual Friends of The Light House Golf Tournament is back at Renditions Golf Club in Davidsonville on June 9th. This day of golf will help support the Annapolis Light House Homeless Prevention Support Center. The Light House rebuilds lives with compassion by providing shelter and services to prevent homelessness and empower people as they transition toward employment, housing, and self-efficiency. Find more information at [friendslhs.ejoinme.org](http://friendslhs.ejoinme.org).

## ↑ Eastport a Rockin'

Music lives on at Eastport a Rockin.' Celebrate local music with this event on June 25th from 11 a.m. to 8 p.m. on the grounds of the Annapolis Maritime Museum. This is the 25th year of the event so be sure to come out and show your support! Find more information at [eastportarockin.com](http://eastportarockin.com) or on their Facebook page.



## ← ANNAPOLIS GREAT STRIDES

Annapolis Great Strides Walk is on June 4th this year at 10 a.m. at Navy Marine Corps Stadium in Annapolis. This walk is held each year to raise money for the Cystic Fibrosis Foundation. In addition to the walk, there will be a virtual experience to raise money for this important foundation. Find more information and register for the race at [fightcf.org](http://fightcf.org).

## Corks for a Cause

Sample 90-plus point wines from around the world, enjoy hors d'oeuvres, cheese tastings, live music, and more to benefit University of Maryland Baltimore Washington Medical Center's renovations and programs. The event takes place June 15th, 6 to 8 p.m., at Homestead Gardens in Davidsonville. To purchase tickets, visit [umms.org/bwmc/giving/corksforacause](http://umms.org/bwmc/giving/corksforacause).



## ↑ Let's Go! Music Festival

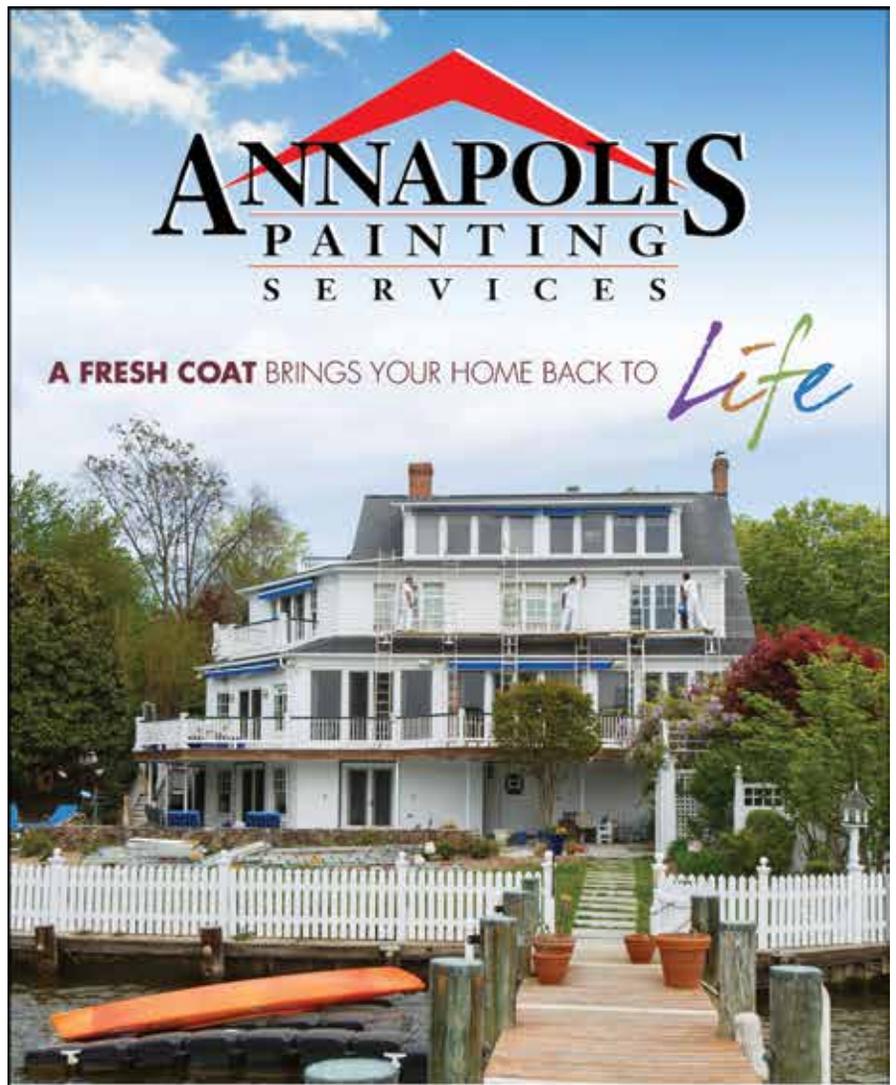
Lynyrd Skynyrd, Jimmy Allen, Billy Currington, Goo Goo Dolls, LANCO, Lindsey Ell, and so many more artists and performers are going to be at the Let's Go! Music Festival, June 3rd through 5th at Anne Arundel County Fairgrounds in Crownsville. See the full lineup and buy single day or 3-day passes to the festival on their website, [letsgofest.com](http://letsgofest.com).



## ANNAPOLIS PRIDE FESTIVAL

The Second Annual Annapolis Pride Parade & Festival is back on June 4th. The parade will begin at noon and will go down West Street, then Amos Garrett Boulevard to Calvert Street.

The festival will continue to 5 p.m. between Calvert Street and Church Circle, The People's Park, and the adjacent parking lots. Enjoy pride and find more information at [annapolispride.org](http://annapolispride.org).

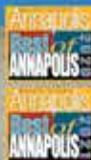


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OUT ON THE **TOWNE**



## ↑ Paca Girlfriends Party

The social event of the season is celebrating 14 years! On June 15th from 6 to 9 p.m. at William Paca House and Gardens in Annapolis, enjoy an evening of food, fine wine, friendship, flowers, and fun. Ticket availability is limited to enjoy the charm of William Paca House and stroll through the luxurious English-style gardens. Find information and get tickets at [annapolis.org](http://annapolis.org).

## ANNAPOLIS DECOY SHOW

The Annapolis Elks Lodge hosts the Potomac Decoy Collectors Association for their 2022 Annapolis Decoy Show on June 5th from 9 a.m. to 3 p.m. There will be plenty of antique duck decoys, contemporary carvings, hunting and fishing items, sporting art, oyster cans, books, and plenty of other special exhibits. Find more information at [elks622.com](http://elks622.com).

## Ignite the Dream Gala

GiGi's Playhouse is having their gala at the Annapolis Waterfront Hotel on June 10th from 7 to 11 p.m. Ignite the Dream with a live and silent auction, wine pull, and live music. GiGi's Playhouse celebrates the dreams and achievements of individuals with Down Syndrome with an evening of dining, dancing, and camaraderie. Find more information at [gigisplayhouse.org](http://gigisplayhouse.org).



## ↑ BLACK TIE & DIAMONDS GALA

The Rotary Club of Annapolis is hosting their Black Tie & Diamonds Gala on June 11th at 6 p.m. at The Artreeum at Soaring Timbers in Annapolis. This year, Let's Chow will be the beneficiary of the gala. Let's Chow helps veterans bridge the gap between leaving the service and entering the culinary industry. They provide cooking therapy, cookware donations, culinary education and business advice for aspiring food truck or restaurant owners. Enjoy a live auction, open bar, tastings, dinner, and music. Find more information at [annapolisrotary.org](http://annapolisrotary.org).

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# Across the Bridge



## ↑ Casey Cares Rockfish Tournament

Join Casey Cares Foundation in Stevensville for the 5th Annual Casey Cares Foundation Rockfish Tournament. The Tournament will be on June 10th, based at the Inn at the Chesapeake Bay Beach Club. The competition to catch the biggest rockfish is for a terrific cause. Casey Cares helps families with critically ill children and forms lifelong memories. Find more information and register for the tournament at [caseycares.org](http://caseycares.org).



## ↑ ST. MICHAELS BREW FESTIVAL

Tickets are still on sale for St. Michaels Brew Festival. The festival will start at on June 4th noon and there will be plenty of hand-picked local beers flowing all day. In addition to local craft beer, there will be plenty of entertainment and local cuisine to enjoy as well as handmade art. Find more information at [stmichaelsbrewfest.com](http://stmichaelsbrewfest.com).

## 6th Annual Chesapeake Bay Motoring Festival

The 6th Annual Chesapeake Bay Motoring Festival is coming back to Maryland's Eastern Shore on June 4th and 5th on the beautiful waterfront lawn of the Kent Island Yacht Club in Chester. This event will showcase grand classic motoring, antique and classic speed boats, yachts, and more. Enjoy Cars and Coffee, Motoring Tours, and a waterfront Cocktail Reception on June 4th to get ready for show day on June 5th. Find more information at [chesapeakebaymotoringfestival.org](http://chesapeakebaymotoringfestival.org).

## ↑ ANTIQUE & CLASSIC BOAT FESTIVAL & THE ARTS AT NAVY POINT

See the wooden classics, vintage race boats, and other antique and Chesapeake Bay-related boats at the Chesapeake Bay Maritime Museum in St. Michaels during the annual Antique & Classic Boat Festival and The Arts at Navy Point this Father's Day weekend (June 17th through June 19th). Find more information at [cbmm.org](http://cbmm.org)



## Drivers & Diamonds

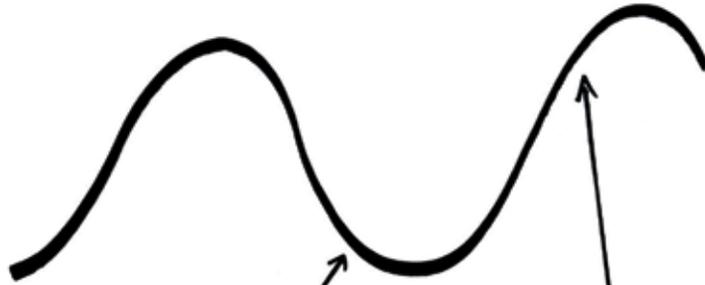
Traditionally each year, Luminis Health brought us the Denim & Diamonds gala event. This year, the format adjusts to Drivers & Diamonds. This two-day celebration bridges together a golf and entertainment experience unlike any other to benefit Luminis' mental health and addiction services in our region. The event will be June 3rd through June 4th at the Queenstown Harbor Golf Course in Queenstown. Find more information at [aamcdenimand-diamonds.org/drivers-and-diamonds](http://aamcdenimand-diamonds.org/drivers-and-diamonds).



## DRINKMARYLAND: CENTREVILLE

Visit downtown Centreville for the fifth DrinkMaryland: Centreville. Maryland Wineries Association and the Town of Centreville are hosting this event to celebrate all things Maryland-made. This open-air market-style event will be downtown on June 18th from noon to 5 p.m. Let's celebrate all things Maryland together. Find more information on the DrinkMaryland Facebook page.

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**TOWNE SOCIAL**

## **An Evening Under the Tuscan Sky**

After three years of planning, the highly-anticipated Hospice of the Chesapeake gala, *An Evening Under the Tuscan Sky*, was held April 9th at the Live! Casino & Hotel Maryland in Hanover. The event brought in more than \$550,000 that will support the organization's hospice, supportive, and grief care programs and services provided to patients and families in Anne Arundel, Charles, and Prince George's counties. Nearly 350 people enjoyed an evening that included dinner, dancing, live and silent auctions, and musical entertainment by The Reagan Years.

Photography by Tony Lewis, Jr.



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The business community has been painfully impacted by the pandemic, and businesses in Maryland, and beyond, have been able to claim the ERC to help maintain their payrolls and navigate the uncertainty. Even if your revenue didn't drop, you may have experienced a partial suspension in operations that would make you eligible. Join our speakers to discuss ERC and eligibility for the credit, and how businesses frequently meet the criteria.

#### PANELISTS



**Rebecca Sheppard, Esq.,** Director, Frost Law  
Rebecca provides tax solutions for individuals and businesses including limited liability companies, partnerships, and corporations. She is well versed in the intricacies of individual and corporate income tax, motor fuel tax, business license revocation, tax relief and collection issues, appeals, and state and local tax matters.



**J. Peter Haukebo, Esq.,** Director, Frost Law  
Peter's practice focuses on the areas of tax controversy and planning and business transaction matters. He's been representing individuals and businesses including corporations, partnerships, and limited liability companies since 2012. Peter's background includes licensing, mergers and acquisitions, wills and trusts, estate planning, corporate governance, and settling/resolving tax disputes between clients and collections agencies such as the IRS.

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**TOWNE SOCIAL**

# St. Anne's School Auction & Disco

On April 23, St. Anne's School of Annapolis held its 2022 Annual Auction & Disco. Billed as a gala event in past years, this year's event was themed as a disco party and featured a fabulous sit-down dinner, beer from Forward Brewing, drinks, dancing with friends and expert dancers, and more. The event was held in-person at St. Anne's School.

Photography by Stephen Buchanan

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- Rick Jaklitsch and Bob Farley recognized as "Best Lawyers in America" and Christine Murphy recognized as "Best Lawyers in America - Ones to Watch". And, most recently, Best of Annapolis 2022 Law Firm from What's Up?, our hometown (and favorite) magazine.
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Photography by Steve Buchanan

TOWNE SALUTE

# Ariel Brown

## Central Maryland Area Health Education Center

By Lisa A. Lewis

**W**hen Ariel Brown saw an Internet posting seeking volunteers for Central Maryland Area Health Education Center (CMAHEC), it immediately sparked her interest. She had begun volunteering when she was a child, and throughout the years, she consistently sought opportunities to lend her support to important causes. As an adult, she made her volunteer work a priority and decided to dedicate even more time to various organizations. Since Brown is interested in nonprofits and has a background in healthcare, human rights, education, and government, CMAHEC was a perfect fit, and she has been a virtual volunteer with the organization since February 2019.



**VOLUNTEERING FOR CMAHEC IS SO EMPOWERING, AND I REALLY ENJOY THE WORK THAT I DO TO SUPPORT THE ORGANIZATION AND ITS MISSION."**

"When I reached out to CMAHEC, I immediately felt welcome, and I was inspired by the work that they do," Brown says. "They play such an important role in advocating equitable access to healthcare, and they make a positive impact in the community. But since much of their work is done behind the scenes, they don't often get the attention they deserve. I wanted to be a part of this wonderful organization and help spread the word about the great work that they do."

A 501(c)(3) organization, CMAHEC is one of three community-based Area Health Education Centers (AHECs) in Maryland and one of more than 250 AHECs throughout the United States. CMAHEC has two locations: an administrative office in Baltimore and an annex in Elkridge. The mission of the organization is "to increase health equity by educating and strengthening the healthcare workforce and by providing health education, support, and resources to residents in underserved communities in Central Maryland."

Brown's previous volunteer work inspired her to connect with CMAHEC. She served as a volunteer in Brazil, where she worked in education. In addition, she also volunteered with AmeriCorps VISTA ([americorps.gov](http://americorps.gov)), an organization whose mission is "to improve lives, strengthen communities, and foster civic engagement through service and volunteering."

As a volunteer for CMAHEC, Brown performs numerous tasks to support the organization. She coordinates marketing and fundraising efforts, including grants research, social media messaging, and community outreach. All of these activities play an integral role in bringing attention to critical issues that need to be addressed and helping provide the necessary support and resources.

"Volunteering for CMAHEC is such a rewarding experience for me," Brown says. "I enjoy supporting the team and its mission. It's also gratifying to be a part of something that is bigger than me. The community healthcare workers and first responders are true heroes. I keep that in mind when I am doing my work as a volunteer for CMAHEC, and it is what drives me."

Although Brown has always been a virtual volunteer for CMAHEC—even before the pandemic began—she feels very connected to the organization and experiences a sense of camaraderie. She was especially inspired by the role that CMAHEC played during the pandemic. Even during a health crisis, there were success stories, and it was rewarding for her to see how much work CMAHEC did to help people and to make a difference in the community.

"Ariel is a valued member of the Central Maryland AHEC team," says Paula Blackwell, executive director of CMA-

HEC. “She serves in many capacities within the organization, including grants research, project evaluation, marketing, and fundraising. Her expertise and encouragement have been integral to the organization’s successes and the morale of the team, especially through the trials of the past two years.”

Brown, who lives in Baltimore, is also a volunteer board member with an arts nonprofit and a volunteer for an organization that helps military members and their families. Her longtime passion for volunteering also influenced her educational goals and career path—ultimately inspiring her to pursue a Master in Policy, which she earned in 2017. Brown is extremely committed to her volunteer work and plans to continue to support important causes on a regular basis.

“Volunteering for CMAHEC is so empowering, and I really enjoy the work that I do to support the organization and its mission,” Brown says. “I feel like part of the team, and I have developed a close relationship with Paula. She is a phenomenal person and an incredible mentor who truly inspires me. Volunteering has helped me broaden my mind and connect with like-minded people. But most importantly, it has helped me realize how working collectively can bridge gaps and make a difference. I would encourage anyone to become a volunteer with CMAHEC. It’s truly a great organization.”

For more information about Central Maryland Area Health Education Center, visit [centralmarylandahec.org](http://centralmarylandahec.org).

Do you have a volunteer to nominate? Send What's Up? an email to [editor@whatsupmag.com](mailto:editor@whatsupmag.com).



## INTRODUCING 2022 TREND COLORS

An optimistic color palette that tells a joyful story of renewal. This energetic theme is all about mood-boosting colors.



ATRIUM WHITE  
PPG1020-1



CHILLED MINT  
PPG1224-3



LETTUCE ALONE  
PPG1222-4



ISLE ROYALE  
PPG1232-4



CENOTE  
PPG17-02



ALOHA  
PPG1229-5



RIVER ROUGE  
PPG1187-4



MIRABELLA  
PPG1176-6



CALYPSO BERRY  
PPG1185-7



PARIS PINK  
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## ↑ ADU, Your Appliance Source Celebrates 40th Anniversary

Thomas Oliff opened ADU (Appliance Distributors Unlimited) in 1982. His flagship store in Takoma Park, Maryland, was so successful that he opened other locations and expanded manufacturers to encompass over forty different brands of appliances. After his passing in 2017, his daughters merged their three Appliance Source showrooms with his five ADU showrooms and rebranded as one company. With a vision to preserve Tom's legacy focusing on the builder market and keep the goal of providing an excellent customer experience, they with their leadership team (VP of business development Wally Hines III, VP of Finance Nick Olenski, and VP of sales Chris Kozimor) rebranded ADU. ADU now has eight well-appointed showrooms which serve Maryland, Washington, D.C, Northern Virginia, Pennsylvania, and Delaware and carry over 50 brands. Congratulations! Learn more at [adu.com](http://adu.com).

## USNA ANNOUNCES 2022 CIVILIAN FACULTY SERVICE AWARD

Professor Maria Schroeder was recently awarded the Naval Academy 2022 Civilian Faculty Service Excellence Award. Schroeder is the associate director of Midshipman Research (ADMR) at the Naval Academy and a faculty member in the Chemistry Department. "Professor Schroeder's effort in the past decade has truly contributed to the Naval Academy's reputation as an institution of higher education," said Dean of Research and Director of the Office of Research and Scholarship Reza Malek-Madani.



As ADMR, Schroeder manages all midshipman research programs including the Trident Scholar and Bowman Scholar programs. In 2012, she instituted the Midshipman Research Poster Session allowing midshipmen the opportunity to share their research and scholarly pursuits with the Naval Academy community. Last fall, more than 170 midshipmen participated in this Yard-wide event. Congratulations!

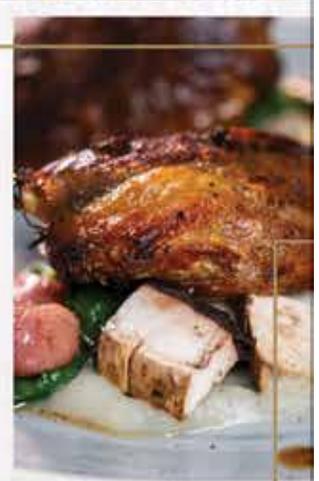


## ↑ PCA Names New Associate Architect

Purple Cherry Architects has named Carmine Cafiero as the firm's latest associate architect.

Cafiero, who is based out of the firm's Charlottesville office, joins the firm's other associate architects: Ashley Babaian, Alan Cook, and Doug Kuchta. Cathy

Purple Cherry, founder and principal of the firm, commented on the promotion: "Carmine has been invaluable in not only supporting our clients and the growth of the business, but also in creating a great company culture for our employees. His expertise, insight, and energy have positively impacted the team and I look forward to the ongoing impact he and our other associates will make as we continue to grow the firm in 2022 and beyond." Learn more about PCA at [purplecherry.com](https://purplecherry.com).



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## ↑ HEIMLANTZ PARTNER EARNS NATIONAL HONORS

HeimLantz proudly announces that firm partner Daniel Russell, CPA.ABV. CFF, CVA, CFE, MSA has been named to the National Association of Certified Valuators and Analysts (NACVA) “40 Under Forty” list for 2021. Russell has been with HeimLantz since 2013 when he joined the firm as a staff accountant. He went on to serve as both the leader of the firm’s Consulting Business Unit and the Director of Business Development, roles that he now carries out in conjunction with his responsibilities as a member of the HeimLantz partner group. Russell directs the firm’s sales and marketing functions; oversees and performs succession planning, business valuation and litigation work; acts as an outsourced CFO; and provides various other tax and consulting services for businesses and their owners. To learn more about the firm, visit [heimlantz.com](http://heimlantz.com).

## CRAB Appoints New Director of Operations

Chesapeake Region Accessible Boating is pleased to announce that long-time supporter and Board Member, Matt Schaaf has accepted the senior staff position as its new Director of Operations. Matt began his tenure at CRAB as a volunteer Skipper before joining its Board of Directors in 2018 and in 2020 was elected Treasurer of the Board. Executive Director Paul Bollinger, Jr. says, “I’m very happy to have Matt bring his knowledge and passion for CRAB to our team. Matt has relevant management and operations experience that will be immediately valuable to CRAB. He also will be very involved in creating new programs at the CRAB Adaptive Boating Center, opening next year on Back Creek.” Learn more about CRAB at [crabsailing.org](http://crabsailing.org).



## Dermatologist Opens Practice

Congratulations to Dr. Molly Walterhoefer, who opened her new practice, Current Dermatology and Cosmetic Center, in Annapolis this past March. "The mission of our practice is to give our patients direct access to expert dermatologic care in a convenient and personable manner," states the company. "Our well-rounded approach to skin care ensures that all your medical, surgical, and cosmetic needs can be addressed seamlessly by one board-certified doctor and at one location." Visit [currentderm.com](http://currentderm.com) for more information.

Do you have community or business news to publicize? Send What's Up? an email at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).

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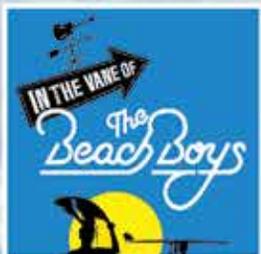
June 3  
**Southside Johnny & The Asbury Jukes**



June 4  
**Jose Feliciano**  
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June 5  
**Robert Cray Band**  
Blues Guitar



June 6  
AMFM Presents "In The Vane of..." Beach Boys



June 8  
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June 9  
**Mary Gauthier**  
w. Jaimee Harris



June 11  
**Art Sherrod Jr**  
Contemporary Jazz



June 12  
**Jesse Malin**  
Rock Singer-Songwriter



June 16  
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Fingerstyle Guitarist



June 18  
**Jesse Cook**  
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TOWNE ATHLETE

# Lilia Railey

Rockbridge Academy  
Lacrosse, Soccer

By Tom Worgo

**R**ockbridge Academy senior Lilia Railey sometimes gets overwhelmed with her rigorous athletic and academic schedule. When she needs a respite, she goes off and paints. Railey has been painting for as long as she can remember—back to elementary school. She’ll continue to paint in the fall at Massachusetts’ Gordon College, where she’ll major in art and play lacrosse on an academic scholarship.

“I do find it relaxing,” she explains. “It’s nice to just slow down and really focus on one thing and seeing it well and seeing the beauty in it. I think I have been given a gift. I have always been able to draw or paint well.”

The Annapolis resident focuses on acrylic paintings and has honed her skills in art classes at Rockbridge in Crownsville. “Through my art, I can express different things or show the beauty of creation and just reflect so much beauty I see in nature and around me or in people,” she says. “I really enjoy that and seeing what’s real and being able to reflect that in my artwork.”

The 18-year-old Railey had two paintings on display in Gallery 67 West in downtown Annapolis. One was a still-life painting with oranges and jars with designs on them. The second pictured hydrangeas with a single rose. Railey’s school gave her a Metropolitan Art award for the achievement.

“It’s a pretty big deal since I am so young and in high school,” Railey says of her paintings being shown in a gallery. Railey entered a contest in March with a painting displaying a Navy plebe holding a rifle as part of a Patriotic theme. She’ll continue to focus on painting in college, majoring in anatomical art and kinesiology with an interest in being a physical therapist.

“I am really interested in medicine and the human body,” Railey says. “The art will help me learn the anatomy, and kinesiology will help me learn about the science behind it.”

Lacrosse at Gordon will also be a big priority for the 5-foot-6 Railey, who plays midfield. “When I visited the college, the lacrosse team was so welcoming,” she says. “The coach was very eager for me to be there. The coach (Lily Jones) really cares about each player. I think I will be really pushed and grow athletically.”

Jones says Railey will have a chance to compete for a starting position next year. “She is a great athlete,” Jones says. “She very coachable and I am excited to see her develop as a player. She needs to earn an opportunity on the team.”

Railey started three years for the Rockbridge Academy lacrosse team and led the 2021 squad to Capital Area Lacrosse League championship game. She earned First-Team All-Conference honors and racked up 37 goals. Railey co-captained the lacrosse team as both a junior and senior.

“She is a real leader,” Rockbridge Athletic Director Tim Stewart says. “She works with the younger players and really gets the team focused. Railey also excelled in soccer. She started at both goalie and as a defender in her three years, and was named Second-Team All-Conference as a senior. “She has a go-getter attitude,” Rockbridge Girls Soccer Coach Becca Knoll says. “She has boundless energy and was very competitive. She’s just a natural athlete.”

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.

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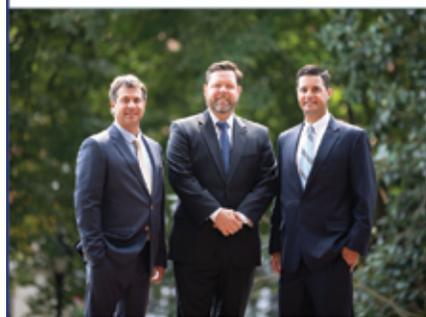
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# *Annapolis*

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## *Barbeque*

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## *Beer Selection*

### **Heroes Pub**

1 Riverview Avenue, Annapolis, MD 21401; 410-573-1996; heroespub.com

## *Breakfast*

### **Miss Shirley's Café**

1 Park Place, Annapolis, MD 21401; 410-268-5171; missshirleys.com

## *Brewery*

### **Forward Brewing**

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## *Burger*

### **Five Guys**

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## *Caterer*

### **Main & Market**

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## *Chef*

### **Julep Southern Kitchen & Bar (Danny Baldwin)**

2207 Forest Drive, Unit 2, Annapolis, MD 21401; 410-571-3923; julepannapolis.com

## *Chinese Restaurant*

### **Jack's Fortune Restaurant**

960 Bay Ridge Road, Annapolis, MD 21403; 410-267-7731; jackfortune1.com

## *Cocktails*

### **Level**

69 West Street, Annapolis, MD 21401; 410-268-0003; leve-lannapolis.com

## *Coffee Shop (Local)*

### **Rise Up Coffee Roasters**

2042 Somerville Road, Annapolis, MD 21401; 443-458-5046; riseupcoffee.com

## *Crabcake*

### **Boatyard Bar & Grill**

400 Fourth Street, Annapolis, MD 21403; 410-216-6206; boatyardbarandgrill.com

## *Cream of Crab Soup*

### **Carrol's Creek Café**

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## *Cupcakes*

### **Blue Crab Cupcakes**

1580 Whitehall Road, Annapolis, MD 21409; 443-221-7246; bluecrabcupcakes.com

## *Deli*

### **Giolitti Fine Italian Market & Delicatessen**

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## *Dessert*

### **Annapolis Ice Cream Company**

Locations in Annapolis and Edgewater; 443-714-8674 (Main Street); annapolisicecream.com

## *Family-Friendly Restaurant*

### **Boatyard Bar & Grill**

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*Farm-to-Table Menu*

**Preserve**

164 Main Street, Annapolis, MD 21401; 443-598-6920; preserve-eats.com

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*German Restaurant*

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*Greek Restaurant*

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**Annapolis Ice Cream Company**

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*Irish Restaurant*

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*Italian Restaurant (Tie)*

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*Italian Restaurant (Tie)*

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*Spanish Restaurant*

**Jalapenos**

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**Heroes Pub**

1 Riverview Avenue, Annapolis, MD 21401; 410-573-1996; heroespub.com

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*Laser Skin Treatment*

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*Manicure/Pedicure*

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*Stand-Up Paddle Board Class*

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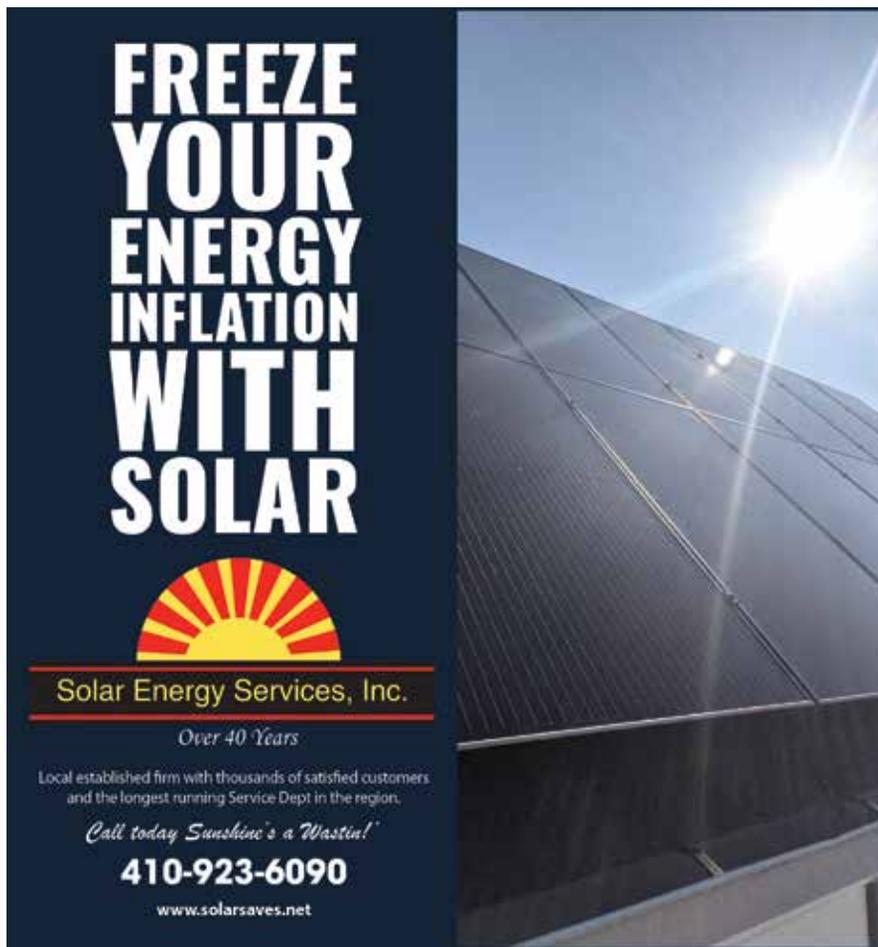
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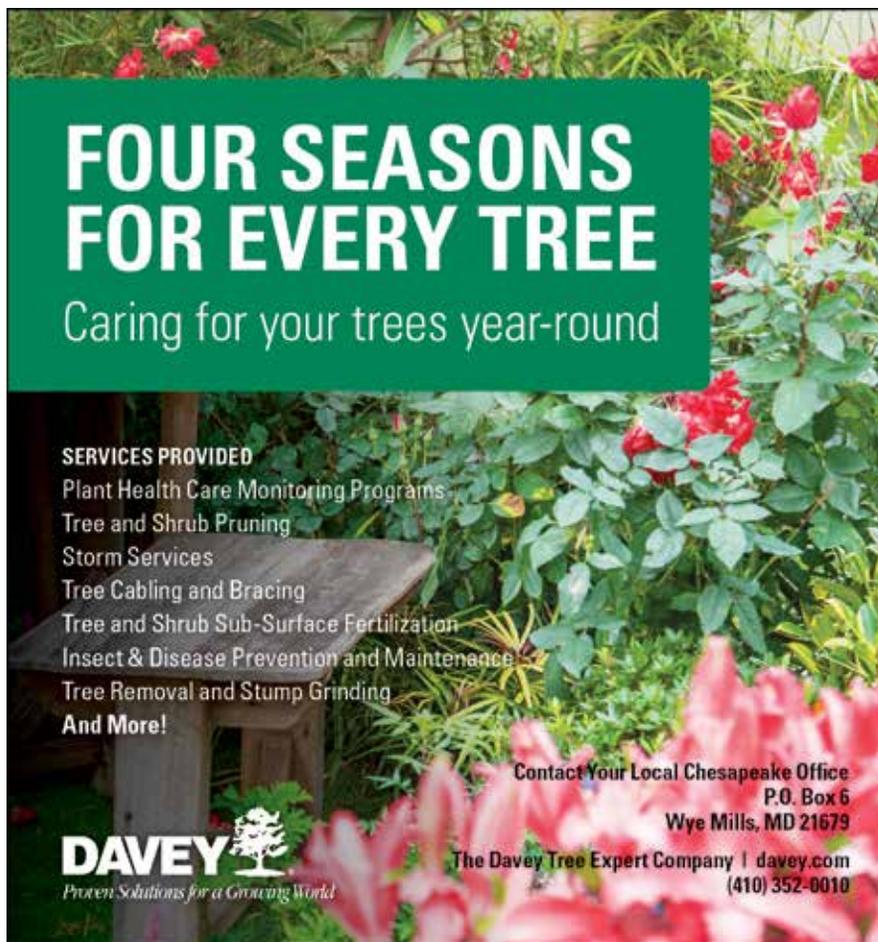
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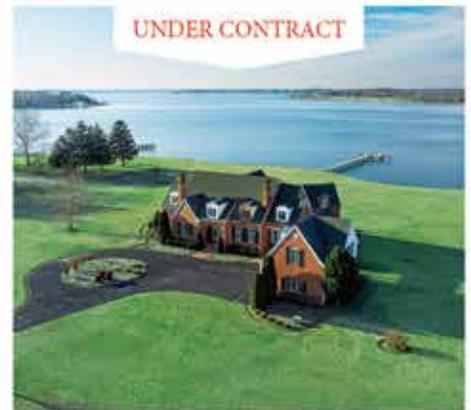
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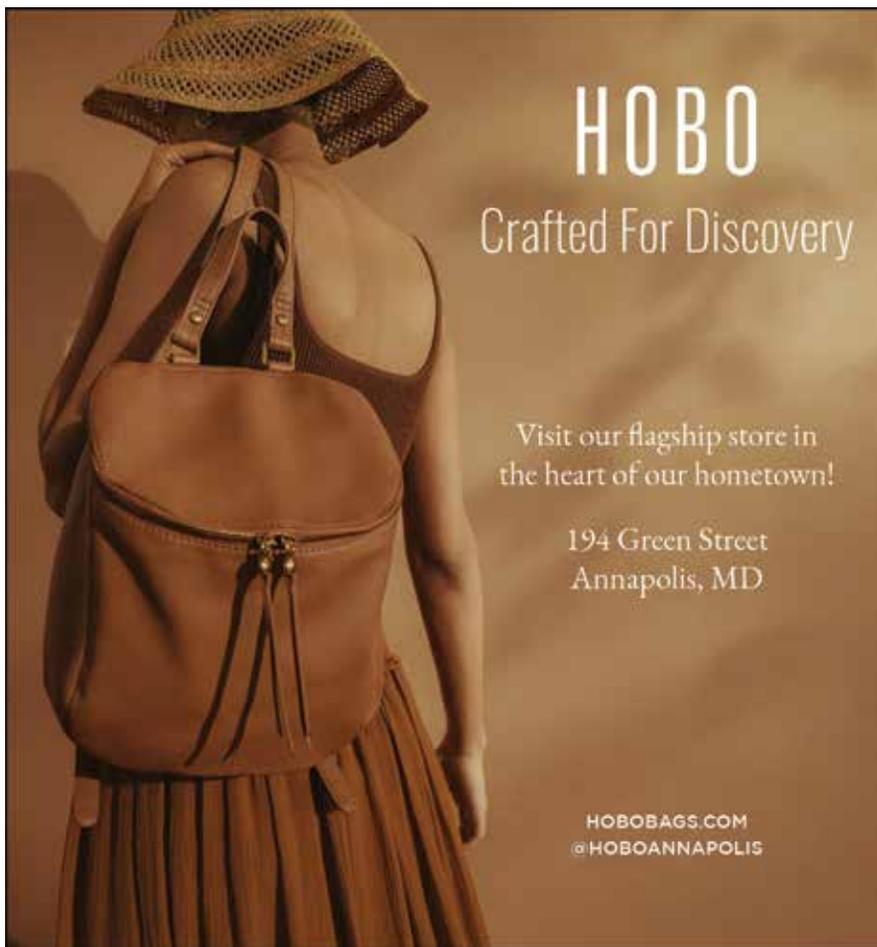
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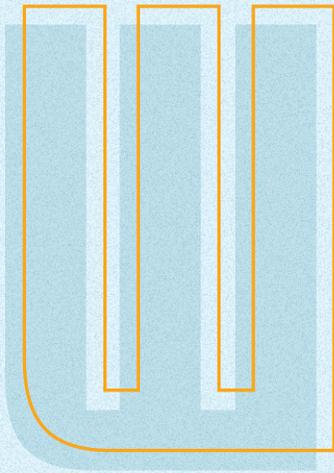
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G U A R D I A N S

STORY BY  
**Lisa J. Gotto**

PHOTOGRAPHY BY  
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**WHEN WE WERE KIDS**, we stood by the water's edge clutching small damp pebbles in our tiny hands. With a measure of tenacity and pluck, we lobbed the pebbles one by one into the water. Creating subtle ripple effects was the goal; each enlarging circle on the water fascinating and entertaining us.

Fast forward. We are now, as they say "adulting," on our waterways, and we're doing much more than tossing pebbles and watching the effects they make. Whether you are a bona fide sailor, weekend fisherman, or love a great sunset from the shoreline, you are most likely impacting the waterways of our precious Chesapeake Bay, and it's complex system of rivers and streams on both the Eastern and Western Shores of Maryland.

These impacts—our adult ripples—as it were, are fortunately monitored by a select group of individuals charged with not only evaluating the consequences of our cumulative, collective actions as we interact with our waterways in our daily lives but finding solutions to myriad issues that our "fascination" creates.

This year with the 50th anniversary of the passage of the landmark legislation known as the Clean Water Act, we thought to converse with a few individuals from this select group who advocate for our local waterways every day. Each has the distinction of being relatively new in their current position, creating a next generation of environmental advocacy on the Bay.

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# Jesse Iliff

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## SEVERN RIVER ASSOCIATION 3.0

"Severn River Association, 3.0." That's how the new executive director of the Severn River Association, Jesse Iliff, likes to think of the time ahead of him at SRA. We caught up with Iliff, who formerly served as the South, West, and Rhode river's riverkeeper at Arundel Rivers Federation for more than six years, during his first week of his executive directorship last March. Our discussion began with some historical perspective, but then shifted to topics such as the ever-present need to win over the hearts and minds of the citizenry when it comes to environmental responsibility and impact, the role the now 50-year-old Clean Water Act plays in the work they have yet to do, and his thoughts on what's currently working and what he most wants to address.

"The Severn River Association is the oldest watershed organization in the country. It was founded in 1911, and for over a century, it was an all-volunteer organization which had a number of impressive impacts on policy and on the river during that time," Iliff says. "But in the early 20-teens, the Board started to feel it was important to ramp up our impact, and they believed the best way to do that was to become a professional organization with paid staff, so I think of that first century as Severn River Association, 1.0."

To his mind, Severn River 2.0 was ushered in with the hiring of his predecessor, Tom Guay in 2017. (Guay remains very involved with the organization with roles in advocacy, restoration project management, and as a program officer.) This era was marked with the expansion of key programs, and the introduction of contractors who helped push specific projects.

"But fundraising was always a bit of a challenge," Iliff adds. "Thankfully, the Board has been re-energized in the past two years and fundraising has improved a lot."

All of which, leads Iliff to see his tenure as the beginning of "SRA 3.0." In addition to his work with Arundel Rivers, Iliff brings the weight of a law degree with an environmental concentration from University of Maryland's Carey School of Law to his new position. He is a Severn River native son, serves or has served with several vital related organizations, such as The Maryland Oyster Advisory Commission and the Maryland Commission on Climate, and is a self-described "eco-freako."

When it comes to action items in his new position, Iliff has already hit the ground running by providing expert testimony regarding several bills in front of the Maryland Legislature, which is a regular occurrence in his river-keeping roles, as is the always-pressing objective of winning over hearts and minds when it comes to galvanizing the citizenry in relation to issues that threaten our waterways. Regarding that, Iliff says, much of the work that riverkeepers do is helping people connect the dots from individual actions to larger impacts; and addressing complexities on both residential and commercial levels.

---



“In our environment, it’s complex because of the sheer number of people that you need to try and reach. Here, on the Western Shore, the Anne Arundel County area, it’s all about trying to win over hearts and minds,” Iliff explains. “They need to know that what they do on their property matters, and why it matters, what the impact is...how their own personal practices are cumulative.”

On the other hand, managing impacts from commercial and residential development are always a matter for concern.

“A lot of people might not know that many of the streams in Anne Arundel County are no longer just vectors for upland pollution, they are sources of pollution in and of themselves, because the increase in impervious surfaces from development has led to faster flowing water which erodes the streams within their banks,” Iliff says.

“Many of them have gotten so deeply cut into the flood plain that now every time it rains, like in a big thunderstorm, you’ll see the pulse of water come through, and chunks of the upstream river banks will just break off and fall in,” Iliff adds. “And then it just becomes like creamed coffee everywhere down stream of that break. So, a lot of them need intervention.”



**Overall, clean water lawsuits and enforcement actions have dropped precipitously in the past decade and that’s not because the violations have stopped, it’s because the funding has been cut. Yet, Maryland’s general fund revenues have increased.”**

—JESSE ILIFF

## A DISTRESSING TREND

Along with managing the core issues that regularly affect the water quality of the Severn River, there is one particular matter that is becoming increasingly problematic to Iliff.

“Overall, clean water lawsuits and enforcement actions have dropped precipitously in the past decade and that’s not because the violations have stopped, it’s because the funding has been cut,” he explains. “Yet, Maryland’s general fund revenues have increased.”

Iliff is specifically referring to what he calls a “conscious policy decision to de-emphasize enforcement” among local law enforcement (City of Annapolis and Anne Arundel County) when infractions and violations are taking place on the water.

The buzz phrase in enforcement circles, says Iliff, is “compliance assistance.” This practice, he says, involves offenders caught in the act of an infraction on the water basically receiving a slap-on-the-wrist-type warning or a redirection to immediately correct an issue. The offenders are then given the opportunity to correct the offending action and are re-visited by law enforcement to see that they have done so. The problem is, offenders oftentimes do not correct their behavior or action, and generally they are still not forced to face any consequence as a result.

“I have always viewed ‘compliance assistance’ as a euphemism for free legal advice for polluters.”

Noting that this year marks the 50th anniversary of the Clean Water Act, an adapted piece of Federal legislation which passed in 1972, Iliff explains that there remains much to be done to accomplish the legislation’s primary goal of keeping defined pollutants out of our waterways.

“[The Act] predicted having done the work by 1985,” Iliff says. “The reason that hadn’t happened was probably shortsightedness, and perhaps a little bit of rose-colored glasses on behalf of Congress back in the early ’70s, but also in very large measure because it has been poorly enforced.”

Iliff cites some rather large and highly-publicized non-enforcement snafus concerning the Maryland Department of the Environment and waste water treatment plants in recent years as prime examples of what happens when enforcement officials look the other way.

“...All the best laws in the world are just a big stack of paper if there is no enforcement of those laws,” Iliff says. “That’s my main thing, honestly. That’s where I’ve carved out a reputation in the environmental community as someone who is singularly focused on enforcement.”

## ROOM FOR OPTIMISM

At the time of our discussion, Iliff was awaiting word on the progress of a bill in the Maryland Legislature that would address his long-term commitment to oyster restoration on the Bay by providing the funding for a second, large-scale fish hatchery in Maryland.

“Right now, the only hatchery in the State is in the Horn Point Lab. There have been two times in the last four years where outfits like Severn River Association or Arundel Rivers Federation, or other nonprofits, have looked for oysters to plant. We’re ready to go. We’ve got volunteers. We’ve got boats. We got parts of the river where they will survive, but we haven’t been able to get baby oysters because there’s been shortages,” Iliff explains.

This significant piece of legislation is not only optimistic for what it will help provide, oyster habitats, it is noteworthy in the sense that it is a prime opportunity to see our elected officials working together on a bi-partisan basis in a time when it seems rare.

Senate Bill 830, sponsored by Democratic Senator Sarah Elfreth and co-sponsored across the aisle by Republican senators Jack Bailey and Adelaide Eckardt, was one of the recent pieces of legislation that Iliff testified on behalf of.

“If we get a doubling of capacity, then we’re going to have the ammo we need to fight for the oysters,” Iliff says. “The fact that this bill, and this is a big bill, \$30 million, not chump change, has bi-partisan support—that warms my heart.”

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The banks of the Chester River will once again be the site of ShoreRivers annual Solstice Celebration on Saturday, June 25th, starting at 6 p.m. This premier fundraising event will cap off a week of daily experiential events known as the Solstice Exhibitions that were created to celebrate the rivers and ecosystems that ShoreRivers seeks to protect. The tented, fundraising event, which will be held at Washington College’s Hodson Boathouse in Chestertown, will feature live music, dinner, dancing, cocktails, and an exceptional live auction. For more details visit [shorerivers.org/events](https://shorerivers.org/events).

# Isabel Hardesty

## INSPIRING CLEAN WATER ACCESS FOR ALL

Somewhere in the thick of her robust academic career, Isabel Hardesty, understood more clearly that she wanted to take the endless curiosity she had for animals and her growing acumen in scientific research and method to a place where she felt it would do the most good.

“I just realized that I had a lot of peers in my scientific degree who were going on in academia to get their Ph.D.s, or they were going to be veterinarians, and I just realized I wanted to take the science and use it to make a change,” Hardesty says. “That my skills and my personality would be put to better use in a field where I would be working with other people, and convincing people to make changes in their lives, to preserve these animals, and the environment that I was so interested in.”

Now in her 11th year with ShoreRivers Organization in Easton, Hardesty moved into her most significant role, that of executive director, in 2021. She started out as policy director, spent four years as Chester Riverkeeper, and went on to assume the roles of regional, and then, deputy director.

The concern’s current iteration, she says, began in 2018, with the merger of its three legacy organizations: the Chester and Sassafras River Associations, and the Midshore Riverkeeper Conservancy that was founded by Hardesty’s father, Tim Junkin.

“We’ve been around for 35 years,” Hardesty says. “Our three legacy organizations were all founded at different times. The oldest one was founded in 1986, so we have had a presence on the Eastern Shore and established reputation and connections since ’86.”

Whether it’s policy or education related, and ShoreRivers has a deep foothold in both, behavioral change is at the core of her mission-driven work, a mission based on education, restoration, and advocacy.

“It’s all working with people and convincing people to do things differently in order to better protect and restore our environment. We need all the different components. We need the academic, the scientists, the researchers,” Hardesty explains. “We need to understand why these ecosystems and animals are important. But then, we need the people that can take that scientific knowledge and communicate it in a way that’s understandable, digestible, and inspiring to the non-scientific community.”

## WHERE THE GREEN GRASS GROWS

When it comes to convincing residents to do things differently, the organization has put forth what might seem like some counter-intuitive messaging on the subject.

“What we’re trying to do, just as an example, with our River-Friendly Yards Program, which is really trying to reduce turf grass and the amount of fertilizer that we’re patting on our lawns; what we want is someone to look at their beautifully-mowed, mono-culture, bright-green, fertilized lawn—and feel guilty about it,” Hardesty explains.

Guilt in the hopes that residents will realize that chemical fertilizer use is bad for the river, she says, and that some better alternatives might be planting native plants or a garden, or letting growth, where manageable, become a meadow.

While this “If-my-lawn-looks-this-good, it’s-gotta-be-bad-for-the-environment” approach may sound “unnatural,” it may nonetheless be memorable enough to give at least some residents a pause to stop and re-assess what they are actually doing.

“That’s the changing of the minds, and changing people’s ideas of what’s beautiful in a lawn,” Hardesty says. “Because what we currently consider [to be] beautiful in a lawn, is really bad for our rivers and our water quality.”

## LAND MEET SEA

Because Maryland’s Eastern Shore is a complex, majestic mix of the bucolic and the aquatic, it naturally presents some pretty distinct challenges for Waterkeepers, whose movement was built on the idea of citizens taking action against polluters.

“Row crop agriculture is the Eastern Shore’s primary land use, and, as such, is the primary source of pollution to our rivers,” Hardesty says. However, agriculturally-based pollutants aren’t something that Waterkeepers can necessarily address by traditional means like employing the citizen suit provision of the Clean Water Act, due to the “non-point” source nature of the pollutant release.

“So while many Waterkeepers around the country primarily fight industrial, point-source types of pollution using the Clean Water Act, many others, including ShoreRivers, take a different approach,” Hardesty says.

Through education in best practices and a series of ongoing agricultural restoration and research projects, ShoreRivers works with farmers to address the problem of nutrient and sediment loss that is an unfortunate and unintended consequence of agriculture.

“The best way to clean up our Eastern Shore rivers is to work collaboratively with our farming community to implement practices that are environmentally-friendly and that help meet a farmer’s bottom line.”

## KNOW BETTER, DO BETTER

In the state of Maryland, high schoolers are required to pass a course in environmental study in order to graduate. The robust educational aspect of ShoreRivers mission enables kids from four Eastern Shore counties help meet that requirement.

“We come in with funding to do these programs and then we have the staff expertise to lead the programs,” Hardesty explains. “We provide in-classroom lessons, environmental lessons, and we also take children out on field trips; we get them out in the field doing hands-on things out in the environment that they normally don’t have the opportunity to do.”

“The best way to clean up our Eastern Shore rivers is to work collaboratively with our farming community to implement practices that are environmentally-friendly and that help meet a farmer’s bottom line.” —ISABEL HARDESTY



Getting to that next generation of kids so they can not only learn about the environment as a construct, but see and experience it as part of their daily lives is a crucial part of the ShoreRivers mission. And while more recent generations are better informed on environmental matters on an overall, global scale, Hardesty says, young people still struggle with what’s going on closer to home on the local level.

“We’ve got students who don’t know the name of the river they live on, or who have never been in a canoe, and we live on the Eastern Shore.”

Unfortunately, those problems, she says, are still often attributed to social-economic boundaries. Realistically, she knows there are many children who lack access to the wonderful waterways on the Eastern Shore and are unable to participate in water-related activities due to social-economic factors. They may also lack access to important information regarding their waterways, issues such as water quality, fishing warnings and advisories, and bacteria levels in the water, which is very concerning to Hardesty.

And so, she says, the organization will work for a future along the waterways that is more robust with general community engagement that is diverse.

“So it’s not just the same types of people at the table who are lending their voice in advocacy to these issues,” explains Hardesty, addressing the area’s historic Black and growing Hispanic communities. “And people in communities who have historically used our waterways and have been shut out from them, or communities who continue to use our waterways in the very few public spaces where they are able.”

Hardesty understands the challenges ahead and knows that continuing to ask the right questions is key. Are we communicating with our Black communities, with our Hispanic communities, with different socio-economic communities other than our normal choir? And how can we do that so that everyone can actually access our waterways and take advantage of living on the Eastern Shore with all these beautiful resources?

# Hilary Falk

## WHERE HUMANS & NATURE FLOURISH TOGETHER

Growing up in Baltimore City, Hilary Falk enjoyed a childhood highlighted by life-enriching and explorative experiences as the daughter of a photojournalist.

“My father worked for *The Baltimore Sun*,” Falk says. “He was the *Sunday Sun Magazine* photographer and at [my] very young age he took me out to see the Chesapeake Bay.”



She recalls fond memories of early morning and early evening excursions when the light on the water was at its best. “I had the pleasure of going on assignment with him and walking through salt marshes and traveling to Smith Island, and I knew then that I wanted to spend my life protecting the Bay.”

And protect the Bay she does, in her position as President and CEO of the Chesapeake Bay Foundation (CBF), one that she recently attained in January of this year.

Protecting the Bay is something she knows she cannot do on her own, as she explains how honored and humbled she is to be working with the team established by her esteemed predecessor. “Will Baker, who led the organization for over 45 years, built a strong and enduring organization, and has really built a team of smart and committed people. I feel privileged to be able to lead the team,” Falk says. “I think I have the best job in the world.”

## BLUEPRINT 2025

Falk’s professional arch includes 13 years with the National Wildlife Association (NWA) as Chief Program Officer responsible for leading and integrating programs on both the national and regional level, while also serving as strategic advisor to its CEO. Prior to this role, she also held the positions of Vice President for Regional Conservation and Regional Executive Director for the Mid-Atlantic with NWA, and was Director of the Annapolis-based Choose Clean Water Coalition.

From its inception more than 50 years ago, CBF’s mission has operated with a science-based “blueprint” for the restoration of the Bay. Known as the Clean Water Blueprint, its initiatives to significantly decrease pollutants, shrink underwater dead zones, and return the Bay to the point where its waters are deemed fishable and swimmable are achieved by the year 2025.

Falk says her tenure at CBF begins as the organization enters a critical phase of implementation toward meeting those year 2025 goals.

“Formally, 2025 is the looming deadline to have all the programs and practice in place that will result in a restored Chesapeake Bay,” Falk explains. “For me, it’s also a moment to reflect on the past, celebrate the incredible work that has been accomplished, and recommit to the actions it will take to achieve clean water in local streams, rivers, and ultimately the Chesapeake Bay.”

To this point, Falk says, much has been accomplished. “There’s been an incredible amount of en-

ergy, investment, and world-renowned science that has gotten us nearer to saving the Bay than we have ever been.”

Falk points to a decrease over time in dead zones resulting in the rebound of certain species and a long-term trend in increasing acreage of underwater grasses as markers that restoration efforts are progressing.

“What we’re doing here is extraordinary, but I will say that we still have a long way to go,” Falk says. “While we’ve made all that progress, we still have some big challenges, including a lot of great work in Pennsylvania and with agricultural communities...and climate change is putting stress on an already stressed system.”

Falk does feel a fair amount of encouragement and optimism can be taken from the fact that they know what needs to be done, and with the right investment of State and Federal funds, agricultural practices that cause pollution can be addressed and reduced, and the challenges of climate change can be mitigated.

A political history of bi-partisan support for the restoration of the Bay, is also something she believes we can feel very good about.

“One of the wonderful things about the Bay restoration effort, is that it has a long history of bi-partisan support from the very beginning. In 1973, U.S. Senator Charles “Mac” Mathias, who was a Republican, took a boat trip on the Chesapeake Bay that led to the first study. And I think from that moment, we’ve seen bi-partisan support for the Chesapeake Bay,” Falk says.

She also notes that when President Obama took office, he signed an executive order dedicated to cleaning up the Chesapeake Bay, deeming it a “national treasure.”

“So, we have seen this with different presidents, different changes in leadership, and last year’s Federal infrastructure legislation, which supplies record funding for the Chesapeake Bay program, which is part of what the EPA passed with strong bi-partisan support in Congress. These are all great examples of a continued partnership across the watershed of both parties,” Falk says. “I think the Bay is a big unit. It has been that way and it always will be that way.”

**“ Saving what is most important to us isn’t a matter of going back to an idealized time when nature flourished and there was little human interaction because we know that’s not the future. What’s important is creating a future where humans and nature flourish together.”**

—HILARY FALK

## RESILIENCY & THE NEXT CHAPTER

What some people may underestimate about the Bay is its resiliency, Falk says. That said, however, she reminds residents that each and every person has a role to play when it comes to clean water. And while we have thus far achieved a level of momentum with the clean-up effort that is quantifiable, we must continue to act on that momentum, by continuing to push for the resources necessary to achieve our clean water goals.

Falk strongly believes that the sense of pride that Marylanders feel about the Bay and how it resonates in their own lives via local streams and rivers, can help them connect in a real way to the effort, as well.

“I think that’s where people can do more, too, because cleaning up local streams and rivers will improve the community around those rivers, and I also think that some people see the Bay through that lens, as well.”

When it comes to that “finish line” type of thinking as it relates to successful restoration, Falk errs on the side of caution, and encourages collaboration.

“To really succeed in the next chapter restoring the Chesapeake Bay, we’re going to have to go beyond conservation’s historically narrow lens and the broader conservation community needs to re-center our efforts on the people who live here,” Falk explains.

“There is really an immense strength in the diversity of the communities that make up the almost 19 million residents of the Chesapeake Bay watershed. We really haven’t done enough to listen to those underrepresented and marginalized voices. And we need to ensure that the concerns of those on the front lines of environmental injustices are addressed.”

Continuing to hold governments at all levels accountable, and ourselves, will also be incredibly important to the mission of restoration, she says, because despite the incredible efforts and enormous progress made in different areas, many hard-fought-for resources, are still at risk.

Most importantly, Falk says, we need to recognize that no matter how much progress is made, the work will not just end in 2025, even though that date is top of mind.

“You know, it doesn’t stop when we reach a computer model or a new number,” Falk says, adding that we can no longer assume that all we need for a healthy Bay is enough oxygen.

“Saving what is most important to us isn’t a matter of going back to an idealized time when nature flourished and there was little human interaction, she says, because we know that’s not the future. What’s important is creating a future where humans and nature flourish together.”

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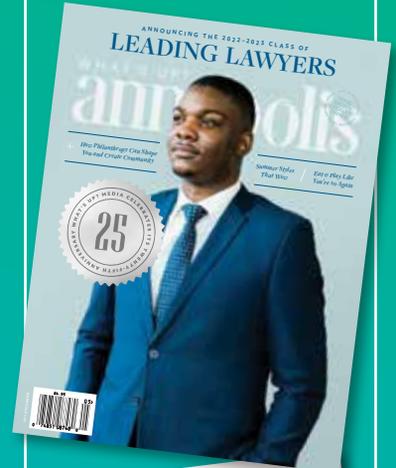
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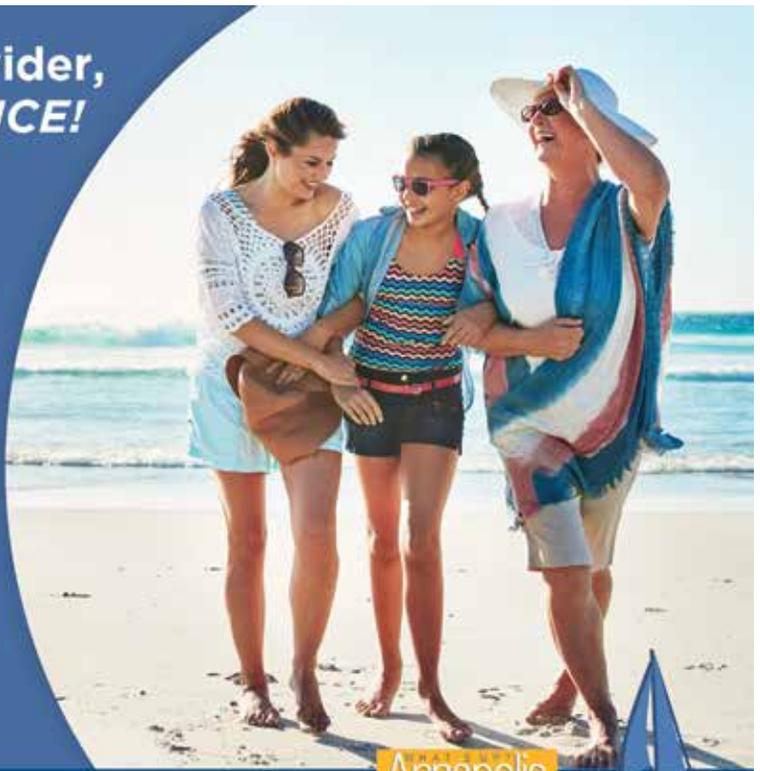
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## DOWNTOWN ANNAPOLIS

**Acme Bar and Grill**

📍 **Where:** 163 Main Street, Annapolis **When:** lunch, dinner, late-night, weekend brunch **Cost:** \$\$ **Call:** 410-280-6486 **Click:** acmegrill.com **Can't Miss Dish:** Wings, Wings, Wings! 19 flavors to choose from; have been voted Best Wings in Annapolis and Best Bartender in recent past! **Happy Hour:** 4 p.m. - 7 p.m. Monday through Friday

**Armadillo's Bar & Grill**

📍 **Where:** 132 Dock Street, Annapolis **When:** dinner, late-night **Cost:** \$ **Call:** 410-280-0028 **Click:** armadillosbarandgrill.com **Can't Miss Dish:** Fat Boy Fried Chicken

**Buddy's Crabs & Ribs**

📍 🌊 **Where:** 100 Main Street, Annapolis **When:** lunch, dinner, Sunday brunch, late night **Cost:** \$\$ **Call:** 410-626-1100 **Click:** buddysonline.com **Family Meal Deals:** Enjoy these family meals for two including ribs and crabcakes, snow crab legs and sides, or crabs, shrimp and more!

**Sakura Café**

📍 🌟 **Where:** 105 Main Street, Annapolis **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-263-0785 **Click:** annapolissakuracafe.com **The Scoop:** Find sushi in Annapolis at Sakura Café with a modern interpretation of classic Japanese dishes.

**Café Normandie**

📍 **Where:** 185 Main Street, Annapolis **When:** lunch, dinner, weekend breakfast **Cost:** \$\$ **Call:** 410-263-3382 **Click:** cafenormandie.com **Can't Miss Dish:** Trout Almondine **Go Green:** The Annapolis Leader

in Sustainability and Eco-Friendly, Green Practice's including recycled vegetable oil, composting, and bio-degradable materials.

**Castlebay Irish Pub**

📍 **Where:** 193A Main Street, Annapolis **When:** lunch, dinner, Sunday brunch, late-night **Cost:** \$\$ **Call:** 410-626-0165 **Click:** castlebayirishpub.com **Extra Excitement:** Check their Facebook page for live music throughout the summer.

**Chick & Ruth's Dely**

📍 **Where:** 165 Main Street, Annapolis **When:** breakfast, lunch, dinner **Cost:** \$\$ **Call:** 410-269-6737 **Click:** chickandruths.com **The Challenge:** Step up to the plate with these four challenges: Man v. Food Challenge: 6lb Shake and 1.5lb sandwich; 6lb milkshake; 3lb sandwich; 3lb cheeseburger. **Start of your Day:** Every morning, recite the Pledge to the Flag at 8:30 a.m. Monday through Friday and at 9:30 a.m. on Saturday and Sunday.

**Dock Street Bar and Grill**

📍 **Where:** 136 Dock Street, Annapolis **When:** lunch, dinner, late-night **Cost:** \$ **Call:** 410-268-7278 **Click:** dockstreetbar.net **Can't Miss Dish:** Crab Cake Dinner

**DRY 85**

📍 **Where:** 193B Main Street, Annapolis **When:** lunch, dinner, late-night, Sunday brunch **Cost:** \$ **Call:** 443-214-5171 **Click:** dry85.com **Weekly Special:** Bacon Brunch - Because everything is better with bacon. Sunday 10 a.m. - 2 p.m. **Happy Hour:** 3 p.m.-6 p.m. Monday through Friday

**The Federal House Bar & Grill**

📍 🌟 **Where:** 22 Market Space, Annapolis **When:** lunch, dinner, late-night **Cost:** \$ **Call:** 410-268-2576 **Click:** federalhouserestaurant.com **The Scoop:** Award-winning cream of crab soup and plenty of beer to try! Not only is there a human menu, but there is also a menu for your four-legged friend to get five-star treatment. **Bring a Friend:** The Federal House offers a Doggie Menu for your favorite furry friend.

**Galway Bay**

📍 **Where:** 63 Maryland Avenue, Annapolis **When:** lunch, dinner, Sunday brunch **Cost:** \$\$ **Call:** 410-263-8333 **Click:** galwaybaymd.com **The Scoop:** 20+ years of award-winning Irish hospitality, even visited by Food Network's Guy Fieri for an episode of *Diners, Drive-Ins, and Dives*. **What Are We Drinking?:** Besides a full bar, Galway Bay has a large collection of Irish Whiskey with over 80 displayed Irish Whiskeys. This is the largest array in the state. **Happy Hour:** Monday through Friday, 3:30-6:30 p.m.

**Harry Browne's**

📍 **Where:** 66 State Circle, Annapolis **When:** lunch, dinner, Sunday brunch, late-night lounge **Cost:** \$\$ **Call:** 410-263-4332 **Click:** harrybrownes.com **The Scoop:** Fine dining with a beautiful view of Annapolis and the State Circle landmark. Harry Browne's has a beautiful dining room as well as a laid-back bar lounge. **Can't Miss Dish:** Blue Angel Artisan Pizza

**Harvest Wood Grill & Tap**

📍 **Where:** 26 Market Space, Annapolis **When:** lunch, dinner, weekend brunch, late-night **Cost:** \$\$ **Call:** 410-280-8686 **Click:** harvestwoodgrill.com **The Scoop:** A Wood-fire grill puts a perfect burgers and sandwiches to pair with classic and specialty cocktails and live music. **Happy Hour:** 4 p.m. - 6 p.m. Wednesday and Thursday, 3 p.m. - 6 p.m. Fridays

**Iron Rooster**

📍 **Where:** 12 Market Space, Annapolis **When:** breakfast, lunch, dinner **Cost:** \$ **Call:** 410-990-1600 **Click:** ironroosterallday.com **Can't Miss Dessert:** Homemade Pop Tarts **Roostart Kit:** Buy a kit online for a pack of 4 or 8 pop tarts to make in your own home! Even get them shipped!

**Joss Café & Sushi Bar**

📍 **Where:** 195 Main Street, Annapolis **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-263-4688 **Click:** jossushi.com **Can't Miss Dish:** Crunchy Ebi Roll

**Latitude 38**

📍 🌟 **Where:** 12 Dock Street, Annapolis **When:** Lunch, Dinner **Cost:** \$\$ **Call:** 667-204-2282 **Click:** latitude38waterfront.com **Brunch Bonus:** Latitude 38 hosts a Sunday Brunch on from 10 a.m. - 2 p.m. on Sunday mornings. Be sure not to miss the Macadamia Crusted French Toast or the Crab and Shrimp Omelet! **Happy Hour:** Daily 3-6 p.m.

**Mason's Famous Lobster Rolls**

📍 **Where:** 188 Main Street, Annapolis **When:** lunch, dinner **Cost:** \$

**Call:** 410-280-2254

**Click:** masonslobster.com **The Scoop:** A Maryland twist on a Maine classic, Mason's serves perfectly combined lobster rolls of all kind.

**McGarvey's Saloon & Oyster Bar**

📍 🌟 **Where:** 8 Market Space, Annapolis **When:** lunch, dinner, late-night, Sunday brunch **Cost:** \$\$ **Call:** 410-263-5700 **Click:** mcgarveysannapolis.com **Can't Miss Dish:** Oysters-check out the Raw Bar

**Middleton Tavern**

📍 🌟 **Where:** 2 Market Space, Annapolis **When:** lunch, dinner, brunch, late-night **Cost:** \$\$ **Call:** 410-263-3323 **Click:** middletontavern.com **Can't Miss Drink:** Oyster Shooters **Annapolis Unplugged:** Rediscover your roots on Wednesday nights at Middleton Tavern for "Annapolis Unplugged." The homegrown music series features the area's best talent. **Happy Hour:** 3 p.m. - 7 p.m. Monday through Friday

**Nano Asian Dining**

📍 **Where:** 189A Main Street, Annapolis **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-267-6688 **Click:** nanoasian.com **The Scoop:** Visit the longest sushi bar in Annapolis, just two minutes from the Naval Academy to watch your sushi rolled right in front of you.

**O'Brien's Oyster Bar & Seafood Tavern**

📍 🌟 **Where:** 113 Main Street, Annapolis **When:** lunch, dinner, late-night, Sunday brunch **Cost:** \$\$ **Call:** 410-268-6288 **Click:** obriensoysterbar.com **Added Bonus:** If O'Brien's

oyster bar isn't enough of a reason to come, visit to say hello to the ghosts who have been lingering in the building since 1774. **Happy Hour:** 3 p.m. - 7 p.m. Monday through Friday

**Osteria 177**

📍 🌟 **Where:** 177 Main Street, Annapolis **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-267-7700 **Click:** osteria177.com **The Scoop:** Italian coastal specialties brought to Annapolis along with a wine list that will leave you craving more. **Now Only!** Order fresh pasta or jarred sauce from Osteria 177 to go online.

**Preserve**

📍 **Where:** 164 Main Street, Annapolis **When:** lunch, dinner, weekend brunch **Cost:** \$\$ **Call:** 443-598-6920 **Click:** preserve-eats.com **The Scoop:** Farm-to-table, casual restaurant, Preserve brings American-Euro dishes to Annapolis which they pickle and ferment themselves. Along with their restaurant, Preserve also has a line of ferments available for purchase. **Happy Hour:** 3 p.m.-5 p.m. Daily **Coming Soon:** Preserve is in the process of opening a second restaurant "Garten" in Severna Park.

**Pusser's Caribbean Grille**

📍 🌊 🌟 **Where:** 80 Compromise Street, Annapolis **When:** breakfast, lunch, dinner, Sunday buffet **Cost:** \$\$ **Call:** 410-626-0004 **Click:** pusser-sannapolis.com **Can't Miss Drink:** Pusser's Painkiller

**Red Red Wine Bar**

📍 **Where:** 189B Main Street, Annapolis **When:** lunch, dinner, late-night,

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Sunday brunch **Cost:** \$\$ **Call:** 410-990-1144 **Click:** redredwinebar.com **The Scoop:** Wine, cheese, and pizza oh my! Red Red Wine bar has plenty to choose from including preset wine flights in order for guests to find your new favorite wine. **Happy Hour:** 3 p.m.-6 p.m. Monday through Friday

**Sofi's Crêpes**

**Where:** 1 Craig Street, Annapolis **When:** breakfast, lunch, dinner **Cost:** \$ **Call:** 410-990-0929 **Click:** sofiscrepes.com **Can't Miss Dish:** The Kevin Bacon Crepe - Turkey, bacon, cheese, and tomatoes with thousand island sauce **The More the Merrier:** Can't make it into town for one of Sofi's Crêpes? There is another location in Severna Park!

**Vida Taco Bar**

**Where:** 200 Main Street, Annapolis **When:** weekend lunch, dinner **Cost:** \$ **Call:** 443-837-6521 **Click:** vidatacobar.com **The Scoop:** Plenty of tacos and quesadillas for everyone to enjoy. Pair with an amazing margarita or special Purple Drink which is a 50/50 mix of sangria and margarita.

**UPTOWN ANNAPOLIS**

**49 West Coffeehouse, Winebar & Gallery**

**Where:** 49 West Street, Annapolis **When:** breakfast, lunch, dinner, late-night **Cost:** \$ **Call:** 410-626-9796 **Click:** 49westcoffeehouse.com **The Scoop:** Art, music, coffee, and wine all come together in this coffeehouse on West Street. You cannot skip local, live jazz, folk, or bluegrass in "Annapolis's Living Room" with a Chai Latte or glass of pinot in hand.

**Carpaccio Tuscan Kitchen**

**Where:** 1 Park Place, Suite 10, Annapolis **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-268-6569 **Click:** carpacciotoscankitchen.com **Can't Miss Dish:** Vitello Annapolis **The Scoop:** Comfortable, yet sophisticated. Carpaccio Tuscan Kitchen & Wine Bar offers more than just a menu of authentic Italian specialties. Revel in our uptown ambiance indoors or al-fresco while you savor the perfectly portioned and exquisitely flavored pastas, pizzas, meats and seafood dishes.

**Lemongrass**

**Where:** 167 West Street, Annapolis **When:** lunch, dinner **Cost:** \$ **Call:** 410-280-0086 **Click:** lemongrassannapolis.com **Can't Miss Dish:** Chesapeake Pad Thai

**Level-A Small Plates Lounge**

**Where:** 69 West Street, Annapolis **When:** dinner **Cost:** \$ **Call:** 410-268-0003 **Click:** levelannapolis.com **Can't Miss (Small) Dish:** Tuna Tartare **Sustainability:** Level is the first restaurant in Annapolis to source as many ingredients as possible from a local and regional area farm. Visit their website for a full list of the farms they use on a daily basis.

**Light House Bistro**

**Where:** 202 West Street, Annapolis **When:** breakfast, lunch, dinner, weekend brunch **Cost:** \$ **Call:** 410-424-0922; 443-221-6207 **Click:** lighthousebistro.org **Community Contributor:** Light House Bistro is not just running a business, here, giving people new lives. The Bistro gives people

with employment barriers jobs as well as help developing resumes through the Light House Homeless Prevention Support Center's Building Employment Success Training Program.

**Luna Blu**

**Where:** 36 West Street, Annapolis **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-267-9950 **Click:** lunablufannapolis.com **Can't Miss Dish:** Crab Bruschetta **Monthly Dinner:** Each month, Luna Blu is hosting a virtual wine dinner to raise money for a local charity

**Metropolitan Kitchen & Lounge**

**Where:** 175 West Street, Annapolis **When:** breakfast, lunch, dinner, late-night **Cost:** \$ **Call:** 410-280-5160 **Click:** metropolitanannapolis.com **The Scoop:** Dine under the stars on the roof-top bar and enjoy a lamb burger or the fig and goat cheese flatbread for a perfect evening.

**Miss Shirley's Cafe**

**Where:** 1 Park Place, Annapolis **When:** breakfast, lunch **Cost:** \$\$ **Call:** 410-268-5171 **Click:** missshirleys.com **The Scoop:** Definitely a can't miss since it has been voted best breakfast in Maryland by Food Network Magazine and so many other awards since.

**Rams Head Tavern**

**Where:** 33 West Street, Annapolis **When:** lunch, dinner, late-night, Sunday brunch **Cost:** \$\$ **Call:** 410-268-4545 **Click:** ramsheadtavern.com **The Scoop:** Rams Head has beer, sammies, and lobster rolls to be enjoyed by all.





**Reynolds Tavern**

▲ **Where:** 7 Church Circle, Annapolis **When:** lunch, tea, dinner **Cost:** SS **Call:** 410-295-9555 **Click:** reynoldstavern.org **The Scoop:** As one of the oldest taverns in Annapolis, Reynolds Tavern offers the classic tea and finger sandwiches or you can head out to the Beer Garden which features an everchanging draft list. Stay the night in a suite style room and wake up in the heart of Downtown Annapolis.

**Sailor Oyster Bar**

☀ **Where:** 196 West Street, Annapolis **When:** Dinner **Cost:** SS **Call:** 410-571-5449 **Click:** sailoroysterbar.com

**Eat Out and Give Back:**

Sailor Oyster Bar gives all oyster shells to the Oyster Recovery Partnership, a non-profit that is working to improve the health of the Chesapeake Bay.

**Stan and Joe's Saloon**

▲ ☀ **Where:** 37 West Street, Annapolis **When:** lunch, dinner, late-night, Sunday brunch **Cost:** S **Call:** 410-263-1993 **Click:** stanandjoessaloon.com

**Weekly Specials:** Check out specials every day of the week on their website, including weekly Karaoke on Thursdays **Happy Hour:** 3 p.m.-7 p.m. Monday through Thursday

**Trophy Room**

▲ ☀ **Where:** 126 West Street, Annapolis **When:** brunch, lunch, dinner, late-night **Cost:** SS **Call:** 410-263-7777 **Click:** graduatehotels.com/annapolis/restaurant/trophy-room **The Scoop:** Located within Graduate Annapolis, Trophy Room offers nostalgia in American dishes with a youthful spin. For example, the Adult Capri Sun cocktail.

**Tsunami**

▲ **Where:** 51 West Street, Annapolis **When:** dinner, late-night **Cost:** SS **Call:** 410-990-9868 **Click:** tsunamiannapolis.com **The Scoop:** This unique menu has an extravagant sushi menu as well as guilty pleasures like sriracha mac-n-cheese.

GREATER ANNAPOLIS

**Cantler's Riverside Inn**

▲ ☀ ☀ **Where:** 458 Forest Beach Road, Annapolis **When:** lunch, dinner, late-night **Cost:** SS **Call:** 410-757-1311 **Click:** cantlers.com **The Scoop:** Crab Cake, cream of crab soup, snow crabs, and soft-shell crab sandwich galore. Cantler's Riverside Inn is not any types of crab, no matter what your favorite way to eat it is.

**Cooper's Hawk Winery & Restaurant**

☀ **Where:** 1906 Towne Centre Boulevard, Suite 238, Annapolis **When:** lunch, dinner **Cost:** SS **Call:** 443-837-9989 **Click:** chwinery.com **The Layout:** Delicious restaurant with a selection of signature menu items paired perfectly with their own wine's upstairs. Tasting room including seven to eight different wines with no reservation necessary downstairs. **Happy Hour:** 2 p.m. - 5 p.m. Monday through Friday

**Gordon Biersch**

☀ **Where:** 1906 Towne Centre Boulevard, Suite 155, Annapolis **When:** lunch, dinner, late-night, Sunday brunch **Cost:** SS **Call:** 410-266-5965 **Click:** gordonbiersch.com **The Tap:** Gordon Biersch has an extensive beer menu featuring their own, house brewed beers

from German lagers to American craft beers.

**Severn Inn**

▲ ☀ ☀ **Where:** 1993 Baltimore Annapolis Boulevard, Annapolis **When:** lunch, dinner, Sunday brunch **Cost:** SSS **Call:** 410-349-4000 **Click:** severninn.com **The View:** Sit on the patio, or inside with floor to ceiling windows with a panoramic view of Annapolis and the Naval Academy at the Severn Inn. **Can't Miss Dish:** Crab Cakes

**True Food Kitchen**

☀ **Where:** 1906 Town Centre Blvd, Suite 110 **When:** lunch, dinner **Cost:** SS **Call:** 443-775-5179 **Click:** truefoodkitchen.com **The Scoop:** True Food Kitchen is the only restaurant fundamentally based on science which ensures all of its craveable dishes and drinks work to increase the longevity of our people and planet.

**Tuscan Prime**

☀ **Where:** 1905 Town Centre Blvd, Suite 100 **When:** dinner, weekend brunch **Cost:** SS **Call:** 443-572-4677 **Click:** tuscanprime.com **Happy Hour:** Sunday through Thursday, 4-7 p.m.

EASTPORT

**Blackwall Hitch**

▲ ☀ **Where:** 400 Sixth Street, Annapolis **When:** lunch, dinner, late-night, Sunday brunch **Cost:** SS **Call:** 410-263-3454 **Click:** theblackwallhitchannapolis.com **Can't Miss Dish:** Braised Short Ribs **Happy Hour:** Monday through Friday 4-7 p.m.

**Boatyard Bar & Grill**

▲ ☀ **Where:** 400 Fourth Street, Annapolis **When:** breakfast, lunch, dinner,

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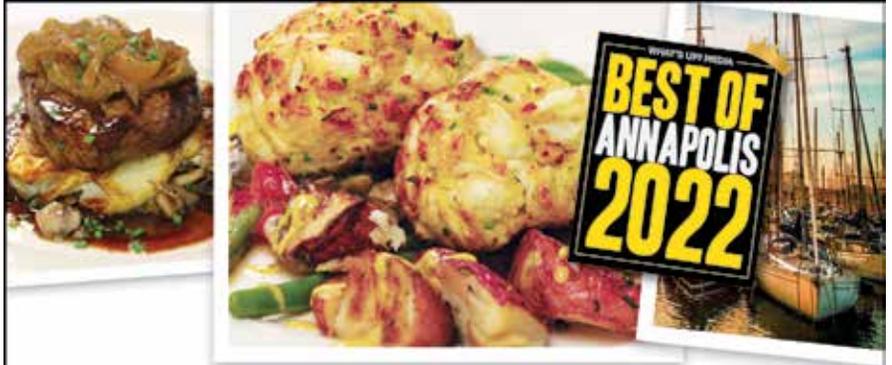


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late-night, weekend brunch **Cost:** SS **Call:** 410-216-6206 **Click:** boatyardbarandgrill.com **Can't Miss Drink:** Cherry Ginger Cobbler **Near and Far:** Everyone knows how great Boatyard's Crabcakes are so be sure to spread the love. Ship crabcakes to your family all over the country to show off what they do best.

**Bread and Butter Kitchen**

▲ **Where:** 303 Second Street, Suite A, Annapolis **When:** breakfast, lunch **Cost:** S **Call:** 410-202-8680 **Click:** breadandbutterkitchen.com **The Scoop:** Bread and Butter offers a variety of classic breakfast and lunch favorites, from omelets and scones to egg, chicken, or tuna salad sandwiches. The ingredients in the kitchen come from local farmers, giving this eatery the freshest menu.

**Carrol's Creek Café**

▲ **Where:** Severn Avenue, Annapolis **When:** lunch, dinner, Sunday brunch **Cost:** SS **Call:** 410-263-8102 **Click:** carrolscreek.com **Can't Miss Dish:** Sea Scallops **Allergy Friendly:** Carrol's Creek Café is fine dining for everyone, even if you have a nut allergy. Carrol's Creek's kitchen is completely peanut and tree nut free.

**Chart House**

▲ **Where:** 300 Second Street, Annapolis **When:** lunch, dinner, Sunday brunch **Cost:** SSS **Call:** 410-268-7166 **Click:** chart-house.com **Happy Hour:** Sunday through Friday, 4:30 - 7 p.m. **Drink and a Show:** Enjoy a tableside torched Apple Manhattan with Basil Hayden Toast bourbon, Berent-

zen Apple Liquor, and Carpano Antica Sweet Vermouth infused with applewood smoke.

**Davis' Pub**

▲ **Where:** 400 Chester Avenue, Annapolis **When:** lunch, dinner, late-night **Cost:** SS **Call:** 410-268-7432 **Click:** davispub.com **Can't Miss Dish:** Crab Pretzel

**Eastport Kitchen**

▲ **Where:** 923 Chesapeake Avenue, Annapolis **When:** breakfast, lunch, dinner **Cost:** S **Call:** 410-990-0000 **Click:** eastportkitchen.com **The Scoop:** Whether you have a hankering for breakfast, lunch, or dinner, Eastport Kitchen has you covered! Check out their website for monthly dinner specials.

**Leeward Market Café & Grocery**

▲ **Where:** 601 Second Street, Annapolis **When:** breakfast, lunch **Cost:** S **Call:** 443-837-6122 **Click:** leewardmarket-cafe.com **The Scoop:** Breakfast is served all day at this little Market with big taste. Relax there in the morning with their freshly brewed City Dock Coffee or join them for lunch and order one of their classic gourmet pizzas.

**Lewnes' Steakhouse**

▲ **Where:** 401 Fourth Street, Annapolis **When:** dinner **Cost:** SSS **Call:** 410-263-1617 **Click:** lewnessteakhouse.com **The VIno:** Lewnes' Steakhouse has won 12 years straight as Best of Award of Excellence for their wine list by the Wine Spectator.

**O'Leary's Seafood**

▲ **Where:** 310 Third Street, Annapolis **When:** dinner, Sunday

brunch **Cost:** SSS **Call:** 410-263-0884 **Click:** olearysseafood.com **Can't Miss Dish:** Crab Cakes **Can't Miss Drink:** Bicycles and Baskets: Deadwood Rye Whiskey, pedro Ximenez Sherry, Aperol, lemon Juice, simple syrup. On the rocks

**Ruth's Chris Steak-house**

▲ **Where:** 301 Severn Avenue, Annapolis **When:** dinner **Cost:** SSS **Call:** 410-990-0033 **Click:** ruthschris-annapolis.com **The Scoop:** This widely-known steakhouse is renowned for its excellent cuts of meat, and also offers poultry and seafood options for those who don't love steak. The side dishes are ordered separately and come in portions large enough to share to be served with beautiful cocktails.

**Vin 909 Winecafé**

▲ **Where:** 909 Bay Ridge Avenue, Annapolis **When:** lunch, dinner **Cost:** SS **Call:** 410-990-1846 **Click:** vin909.com **The Scoop:** Vin 909 Wine café is built on family history, and passion for food, wine and beer. The name "Vin" means wine in French and also defines the vintage feel of our inviting setting in the eclectic neighborhood of Eastport. **Can't Miss Dish:** The Rock Star Pizza

ANNE ARUNDEL COUNTY

**The Blackwall Barn & Lodge**

▲ **Where:** 329 Gambrills Road, Gambrills **When:** lunch, dinner, late-night, Sunday brunch **Cost:** SS **Call:** 410-317-2276 **Click:** barnandlodge.

com **Can't Miss Dish:** Chicken and Waffles **Can't Miss Drink:** Mas-sive Mary

**Broken Oar Bar & Grill**

▲ **Where:** 864 Nabbs Creek Road, Glen Burnie **When:** lunch, dinner, late-night **Cost:** S **Call:** 443-818-9070 **Click:** brokenoarbarandgrill.com **The Scoop:** An Aareesome place with a view and plenty of deals you can't miss. On top of happy hour, join Taco Tuesday, Wing Wednesday, Sushi Thursday, and Sunday Funday right on the water.

**The Crab Shack (Crofton)**

▲ **Where:** 1260 MD-3, Crofton **When:** lunch, dinner **Cost:** S **Call:** 443-302-2680 **Click:** thecrabshackmd.com **Happy Hour:** 3-7 p.m. Daily **Southern Spice:** Build your own Cajun Boil for dinner: pick your protein, butter type, spice level, and whatever extras you want for a perfect Cajun dinner.

**The Crab Shack (Edge-water)**

▲ **Where:** 3111 Solomons Island Road, Edgewater **When:** lunch, dinner **Cost:** S **Call:** 443-837-6279 **Click:** thecrabshackmd.com **Extra, Extra:** Enjoying the soup? Take a quart home. Don't skip out on the fries. The Crab Shack's Boardwalk French Fries are made fresh on site!

**Donnelly's Dockside**

▲ **Where:** 1050 Deep Creek Avenue, Arnold **When:** lunch, dinner, Sunday brunch **Cost:** SS **Call:** 410-757-4045 **Click:** donnellysdockside.com **The Scoop:** Pick your crabs with the views of Deep Creek with a cocktail in hand at Donnelly's

Dockside, formally known as Deep Creek Restaurant. This beautiful view and amazing seafood is located just outside Annapolis.

**Fat Boys Crab Shack**

▲ **Where:** 1581 Defense Highway, Gambrills **When:** lunch, dinner, late-night **Cost:** S **Call:** 410-721-5252 **Click:** fatboyscrofton.com **Can't Miss App:** Hush Puppies

**Founders Tavern & Grille**

▲ **Where:** 8125 Ritchie Highway, Pasadena **When:** lunch, dinner, Sunday brunch **Cost:** SS **Call:** 410-544-0076 **Click:** founderstavernandgrille.com **Can't Miss Drink:** Whiskey Flights - Founders has a long list of Whiskeys available to make your own personalized flight **Can't Miss Dish:** Bacon & Bleu Burger

**Fuji Japanese Steak-house, Hibachi, Sushi & Lava Bar**

▲ **Where:** 1406 S. Main Chapel Way, Gambrills **When:** lunch, dinner **Cost:** SS **Call:** 410-721-6880 **Click:** jcfuji.com **The Scoop:** This Crofton/Gambrills staple offers fresh sushi and other Japanese favorites. Sit down for an entertaining culinary show at the Hibachi table or dine al fresco with a cold cocktail and some friends.

**The Hideaway**

▲ **Where:** 1439 Odenton Road, Odenton **When:** lunch, dinner, late-night, Sunday brunch **Cost:** S **Call:** 410-874-7300 **Click:** hideawayodenton.com **The Scoop:** If you can find it then you will enjoy it. The Hideaway is a hidden gem now known for reputable barbecue that has sold out during

peak times. Try out their award-winning wings, dry-rubbed in their own special signature seasonings. **Can't Miss Dish:** Pulled Pork **Happy Hour:** 3 p.m.-7 p.m. Monday through Friday

**Killarney House**

▲ **Where:** 584 West Central Avenue, Davidsonville **When:** lunch, dinner, Sunday brunch **Cost:** S **Call:** 410-798-8700 **Click:** killarneyhousepub.com **Can't Miss Dish:** Fish and Chips

**Langways All American Sports Bar & Grill**

▲ **Where:** 1357 Defense Highway, Gambrills **When:** lunch, dinner, late-night **Cost:** SS **Call:** 410-721-4108 **Click:** langwayssportsbar.com **The Atmosphere:** Sit on the relaxed patio any day of the week for an ice-cold beer and sandwich.

**Lures Bar & Grille**

▲ **Where:** 1397 Generals Highway, Crownsville **When:** lunch, dinner, late-night, Sunday brunch **Cost:** SS **Call:** 410-923-1606 **Click:** luresbarandgrille.com **The Scoop:** Lures, a casual bar with a nautical feel, specializes in regular customers, offering both a beer and wine club for repeaters. You can also sign up to receive its weekly newsletter with the latest happenings. Their beer list offers endless options.

**Mother's Peninsula Grille**

▲ **Where:** 969 Ritchie Highway, Arnold **When:** lunch, dinner, Sunday brunch **Cost:** SS **Call:** 410-975-5950 **Click:** mothersgrille.com **Can't Miss Dish:** Pot Tillman Powerhouse **Happy Hour:** 3-6:30 p.m. Monday through Friday

**Mike's Crab House**

📍🌊☀️ **Where:** 3030 Riva Road, Riva **When:** lunch, dinner, late-night **Cost:** \$\$ **Call:** 410-956-2784 **Click:** mikescrab-house.com **Parking Situation:** No excuse to skip out on Mike's Crab House, if the parking lot is full, boat dockage is free for patrons! **Can't Miss Dish:** Maryland Crab Soup

**Newk's Eatery**

☀️ **Where:** 1360 Main Chapel Way, Gambrills **When:** lunch, dinner **Cost:** \$ **Call:** 443-302-2734 **Click:** newks.com/location/gambrills-md **The Scoop:** Newk's may be a national chain, but they have soups, salads, and sandwiches that are so fresh and light, they can't be skipped over. Eat in or grab lunch to go at their quick Grab N-Go station.

**O'Loughlin's Restaurant & Pub**

☀️ **Where:** 1258 Bay Dale Drive, Arnold **When:** lunch, dinner, late-night, Sunday brunch **Cost:** \$ **Call:** 410-349-0200 **Click:** oloughlinpub.com **Extra Special:** Monday Night Wing Night, Tuesday Steak and Taco night, Irish Night Wednesdays, #WineWednesday, Steam Platter Thursday, Beer Battered Friday, Prime rib Saturday, Rip off our Ribs Sunday **Happy Hour:** 3 p.m. - 7 p.m. Monday through Friday

**Old Stein Inn**

☀️ **Where:** 1143 Central Avenue, Edgewater **When:** lunch, dinner, late-night **Cost:** \$\$ **Call:** 410-798-6807 **Click:** oldstein-inn.com **Can't Miss Dish:** Old Stein Short Rib Sauerbraten **Beer Selection:** Not only

does Old Stein Inn have an extensive craft beer menu, they also have an extensive German beer list. Visit to make a flight out of the 10 craft German beers they have on draft.

**The Pier Oyster Bar & Grill**

📍🌊☀️ **Where:** 48 South River Road, Edgewater **When:** lunch, dinner, late-night **Cost:** \$\$ **Call:** 443-837-6057 **Click:** thepier-waterfrontbarandgrill.com **The Scoop:** Find your beach at The Pier, a family-friendly sandy getaway with live music, beach-inspired food, and an upbeat atmosphere. **Music:** Ready for a night out with some live music? Visit their website for who is playing tonight.

**The Point Crab House & Grill**

📍🌊☀️ **Where:** 700 Mill Creek Road, Arnold **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-544-5448 **Click:** thepoint-crabhouse.com **Can't Miss Dessert:** Nutty buddy Slider **Happy Hour:** 3 p.m.-6 p.m. Monday through Friday

**Querétaro**

☀️ **Where:** 1406 S. Main Chapel Way, Suite 110, Gambrills **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-721-1392 **Click:** queretaroinc.com **The Scoop:** Celebrate taco Tuesday every day at Queretaro in Gambrills with daily taco, fajita, burrito and so many other Mexican specials. Really hungry? Order tacos by the tray!

**Rams Head Dockside**

📍🌊☀️ **Where:** 1702 Furnace Drive, Glen Burnie **When:** lunch, dinner, late-night, Sunday brunch **Cost:** \$ **Call:** 410-590-2280 **Click:** ramsheaddockside.com

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**What's On Tap:** Rams Head Dockside features house drafts from their brewery, Fordham and Dominion Brewing in Dover, DE. They also offer nine rotating taps from over 100 bottles of beer from around the world. **Happy Hour:** 3 p.m.-7 p.m. Monday through Friday

#### Rams Head Roadhouse

**Where:** 1773 Generals Highway, Annapolis **When:** lunch, dinner, late-night, Sunday brunch **Cost:** \$ **Call:** 410-849-8058 **Click:** ramsheadroadhouse.com **Special Special!** Enjoy \$5 burger night every Sunday. Burger night includes an 8 oz Angus beef patty with lettuce and tomato, chips, and a pickle starting at 5 p.m. **Happy Hour:** 3 p.m. - 7 p.m. Monday through Friday

#### Thai at Waugh Chapel

**Where:** 1406 S. Main Chapel Way, Suite 102, Gambrells **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-415-1004 **Click:** thaitwaughchapel.com **Can't Miss:** Thai food is comfort food whether it be a cold winter day or a beautiful summer day, but the best time to visit Thai at Waugh Chapel is during the Towne Centre's weekend outdoor concert series. Sit on their outdoor patio during a perfect warm evening, listen to music, and sip on a drink with some drunken noodles!

#### Yellowfin Steak & Fish House

**Where:** 2840 Solomons Island Road, Edgewater **When:** lunch, dinner, Sunday brunch **Cost:** \$\$ **Call:** 410-573-1333 **Click:** yellowfinedgewater.com **The Scoop:** An extensive wine list pairs perfectly with seafood,

steak, or sushi at Yellowfin Steak & Fish House. Watch the sunset on the South River and boats drive at the beautiful waterfront restaurant.

## SOUTHERN ANNE ARUNDEL COUNTY

(Deale, Galesville, Chesapeake Beach, Rose Haven, Tracys Landing)

#### Abner's Crab House

**Where:** 3748 Harbor Road, Chesapeake Beach **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-257-3689 **Click:** abnerscrabhouse.net **Bonus:** In addition to the crab centered menu, Abner's Crab House has A & A Gaming, a casino featuring slot machines and endless free-play games.

#### Dockside Restaurant & Sports Bar

**Where:** 421 Deale Road, Tracys Landing **When:** lunch, dinner, Sunday breakfast **Cost:** \$\$ **Call:** 410-867-1138 **Click:** docksiderestaurantmd.com **The Scoop:** True to its name, Dockside Restaurant sits directly on Rockhold Creek, and features a casual yet delectable dining experience, a sports bar area, tiki bar outside, and a wide-ranging menu of seafood classics, pub grub, and American staples. **Weekly Specials:** Mexican Night Monday, Prime Rib Tuesday, Quarter Oysters Wednesdays, Baby Back Ribs Thursdays and a chef special on the weekends

#### Happy Harbor Restaurant and Bar

**Where:** 533

Deale Road, Deale **When:** lunch, dinner, late-night, weekend breakfast **Cost:** \$ **Call:** 410-867-0949 **Click:** happyharbordeale.com **The Scoop:** Come get happy at Happy Harbor with a drink on the Doc Bar. Crab cakes, burgers and beyond are all available for a day on the water in Deale. **Happy Hour:** 3 p.m. - 7 p.m. everyday

#### Jesse Jay's

**Where:** 5471 Muddy Creek Road, Churchton **When:** lunch, dinner **Cost:** \$ **Call:** 240-903-8100 **Click:** jessejays.com **Truck:** Go online now to book Jesse Jay's Food Trailer to cater your next event or check their calendar to see when the truck is going to be near you!

#### Neptune's Seafood Pub

**Where:** 8800 Chesapeake Avenue, North Beach **When:** lunch, dinner, late-night, Sunday brunch **Cost:** \$\$ **Call:** 410-257-7899 **Click:** neptunesseafoodpub.com **Can't Miss Dish:** Crab Melt **Happy Hour:** 3 p.m.-7 p.m. Monday through Friday **Try Something New:** Check out Neptune's Drink of the Month! These drinks are seasonal, hand-crafted with the best ingredients

#### Petie Greens Bar and Grill

**Where:** 6103 Drum Point Road, Deale **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-867-1488 **Click:** petiegreens.com **The Scoop:** Enjoy delightful fare and great drinks in the heart of Deale. With live music and good vibes, Petie Greens is the place to be.

#### Pirates Cove Restaurant & Dock Bar

**Where:** 4817 Riverside Drive, Galesville **When:** lunch, dinner, Sunday brunch **Cost:** \$ **Call:** 410-867-2300 **Click:** piratescoveemd.com **Can't Miss Dish:** Crab Imperial **Get Shucked:** Enjoy Oyster Night every Thursday at 6 p.m.

#### Skipper's Pier Restaurant & Dock Bar

**Where:** 6158 Drum Point Road, Deale **When:** dinner, weekend lunch **Cost:** \$\$ **Call:** 410-867-7110 **Click:** skipperspier.com **Can't Miss Dish:** Crab Crusted Oysters

#### South County Café

**Where:** 5960 Deale Churchton Road, Deale **When:** breakfast, lunch **Cost:** \$ **Call:** 410-867-6450 **Click:** southcountycfe.com **The Scoop:** Build your own sandwich or choose from one of South County Café's many specialty sandwiches for lunch or grab French toast or an omelet for breakfast at this country style café in Deale.

#### Stan and Joe's Riverside

**Where:** 4851 Riverside Drive, Galesville **When:** lunch, dinner **Cost:** \$ **Call:** 410-867-7200 **Click:** snjriverside.com **Weekly Specials:** buy one pound of steamed shrimp get a half pound free on Mondays, half priced burgers on Tuesdays, buy one get one free steamed mussels on Wednesdays, pound and a half lobster dinner for \$22.95 on Thursdays, \$21.95 slow cooked prime rib on Fridays, \$0.75 oysters on Saturdays and Sunday brunch for 10 a.m. to 2 p.m. **Happy Hour:** 3 p.m. - 6 p.m. Monday through Friday

#### Traders Steak, Seafood, and Ale

**Where:** 8132 Bayside Road, Chesapeake Beach **When:** breakfast, lunch, dinner, weekend breakfast buffet **Cost:** \$\$ **Call:** 301-855-0766 **Click:** traders-eagle.com **The Scoop:** For more than 50 years, Traders has been known for its steak and seafood entrees, along with a score of comfort food dishes available for dinner. The restaurant also features live entertainment on their outside deck bar Wednesday through Saturday, perfect to gather with a group of friends.

#### The Westlawn Inn

**Where:** 9200 Chesapeake Avenue, North Beach **When:** dinner **Cost:** \$\$ **Call:** 410-257-0001 **Click:** westlawninn.com **Can't Miss Dish:** Fried Red Tomato

Visit [whatsupmag.com](http://whatsupmag.com) for the complete Waterfront & Al Fresco Dining Guide, which includes the many destination restaurants on the Eastern Shore of the Chesapeake Bay.

## ADDITIONAL DESTINATION RESTAURANTS

The following list of establishments advertise within our publications and offer delectable experiences that differ from the three criteria points of the traditional Waterfront & Al Fresco Guide

**Annapolis Ice Cream** **Where:** Locations in Annapolis and Edgewater

**When:** Dessert! **Cost:** \$ **Click:** annapolisicecream.com (**Literally**) **The Scoop:** So many homemade ice cream flavors to choose from, including, a What's Up? Media personal favorite, Cookie Monster. Cookie Monster is a vanilla base with cookie dough, chocolate chip cookies and oreos.

**Ashling Kitchen & Bar** **Where:** 1286 Route 3 South, Suite 3, Crofton **When:** lunch, dinner **Cost:** \$\$ **Call:** 443-332-6100 **Click:** ashlingco.com/restaurant **Food Truck:** Ashling Kitchen now has a food truck making its way around the county. Find out where they are today on their website.

**Bella Italia** **Where:** 609 Taylor Avenue, Annapolis **When:** lunch, dinner **Cost:** \$ **Click:** bellaitaliamd.com **The Scoop:** Simple Italian food made exactly the right way, using the best and freshest ingredients, served in a space where all are welcome. Come by, pull up a seat and see what happens when good food, good wine, and good people come together.

**Harvest Thyme** **Where:** 1251 West Central Avenue, Davidsonville **When:** lunch, dinner, Sunday brunch **Cost:** \$\$ **Call:** 443-203-6846 **Click:** harvestthymetavern.com **Save Room For:** Harvest Smash **Can't Miss Cocktail:** Campfire, a Harvest Thyme twist on an Old Fashioned **Happy Hour:** 4 p.m.-7 p.m. Tuesday through Friday, All day Sunday

**Hunan L'Rose** **Where:** 1131 Annapolis Road, Odenton **When:** lunch, dinner **Cost:** \$\$

**Call:** 410-672-2928 **The Scoop:** This longtime Odenton establishment has earned its renowned reputation for upscale Chinese cuisine.

**Hunter's Tavern at Tidewater Inn**

**Where:** 101 East Dover Street, Easton **When:** breakfast, lunch, dinner, weekend brunch **Cost:** \$\$ **Call:** 410-822-4034 **Click:** tidewaterinn.com/hunters-tavern **Decanter Room:** Hunter's Tavern has a beautiful room with a long wooden table that seats up to 26 guests with extensive wine storage, dome ceiling, and an elegant chandelier. Enjoy private dining in the Decanter Room with groups of friends, coworkers, or family.

**Main & Market**

**Where:** 914 Bay Ridge Road, Annapolis **When:** lunch, dinner **Cost:** \$\$ **Call:** 410-626-0388 **Click:** mainandmarket.com **The Scoop:** Main & Market has carved out its niche in the Annapolis area for more than two decades as a casual-yet-refined restaurant and premier caterer.

**Mamma Roma**

**Where:** 8743 Piney Orchard Parkway, Odenton **When:** lunch, dinner **Cost:** \$ **Call:** 410-695-0247 **Click:** mammaromas.com **The Scoop:** Classic Italian food is tucked into the corner of the Village Center in Odenton at Mamma Roma. Here, you will find a friendly atmosphere and a zest for Italian fare.

**Mi Lindo Cancún Grill**

**Where:** 2134 Forest Drive, Annapolis **When:** breakfast, lunch, dinner **Cost:** \$\$ **Call:** 410-571-0500 **Click:** lindocan-

cungrill.com **The Scoop:**

This family-owned restaurant offers a large menu of traditional, authentic Mexican dishes inspired by Mayan culture. Top off your dinner with a tasty dessert, like Churros and Ice Cream. **Happy Hour:** 2 p.m.-7 p.m. Monday through Thursday

**Nothing Bundt Cakes**

**Where:** 1901 Annapolis Towne Centre Blvd, Annapolis **When:** Bakery **Cost:** \$ **Click:** nothingbundtcakes.com **Flavors:** Besides the regular carrot, vanilla and chocolate, you can get awesome new flavors like Pecan Praline, Marble, and lemon.

**Pasticcio Fresh Kitchen**

**Where:** 150 Suite F Jennifer Road, Annapolis **When:** lunch, dinner **Cost:** \$ **Call:** 443-949-0608 **Click:** pasticcio-annapolis.com **Online Deals:** Check online for coupons like \$3 off a large cheese pizza, \$5 off a purchase of \$50 or more and more coupon options.

**Rutabaga Craft Juicery**

**Where:** 4 Ridgely Avenue, Annapolis **When:** breakfast, lunch **Cost:** \$ **Call:** 410-267-0261 **Click:** rutabagajuicery.com **The Scoop:** Rutabaga Juicery & Eats was formed out of the notion that whole, minimally processed food doesn't have to be inconvenient or hard to come by.

**The Big Bean**

**Where:** Locations in Annapolis and Severna Park **When:** Breakfast **Cost:** \$ **Click:** thebig-bean.com **The Scoop:** Besides coffee, enjoy some homemade baked goodies breakfast cookies, yogurt muffins, crumb cake, apparel and so much more.





# GIFTS FOR DADS & GRADS



1.



2.



3.



4.



5.

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**3. Doesn't Dad Deserve a Little Paradise?** Give the Dads in your life the gift of ultimate relaxation and serenity with a gift card from Paradise Float Spa. As he floats effortlessly in one of our luxurious float rooms, his stress, anxiety, and muscle tension will float away only to be replaced with a beautiful post-float glow! **Paradise Float Spa**, 619 Severn Ave., Annapolis, MD, 410-280-1960 | [www.paradisefloatspa.com](http://www.paradisefloatspa.com)

**4. Fire up the grill!** Discover the best ingredients for Dad at Seasons Olive Oil & Vinegar Taproom. Fire up the grill! Sweet and smoky, our hickory-smoked balsamic vinegar will become your dad's secret ingredient to add delicious smoke flavor to meats, chicken, vegetables, and seafood. **Seasons Olive Oil & Vinegar Taproom**, 180 Main Street, Annapolis, MD 21401, (410) 280-1505, [annapolis@seasonstaproom.com](mailto:annapolis@seasonstaproom.com), [www.seasonstaproom.com](http://www.seasonstaproom.com)

**5. Cocktail Making Class & 5-Course Dinner: A Great Early Father's Day Gift!** Learn how to make craft cocktails your friends will love, like a Raspberry Cucumber Martini and a Maryland Mule! Our expert mixologists will teach you techniques, infusions, and food pairings. June 13th at 6:30 PM. \$90 Per Person. 50 Guests. **Harvest Thyme Modern Kitchen & Tavern**, 1251 West Central Ave., Davidsonville, MD, 443-203-6846, [www.harvestthymetavern.com](http://www.harvestthymetavern.com)



**6. Lisa's Cakepops: Artisan cake pops for all occasions.** Celebrate your 2022 graduate with cake pops uniquely designed to showcase their school colors. And don't forget Dad! Giving him cake pops is a sweet reminder of how special he is. All of our cake pops are individually wrapped and tied with a matching ribbon. **Lisa's Cakepops**, 836 Ritchie Hwy #16, Severna Park, MD, 443-346-4011, [www.lisacakepops.com](http://www.lisacakepops.com)

**7. Great Gift for Father's Day.** Friday, June 17, 2022 4-7pm - All Store Bottle Etching. Get any bottle personalized! If you can't make the event, then you can preorder by calling 410-647-7363. **Fishpaws Marketplace**, 954 Ritchie Hwy., Arnold, MD, 410-647-7363, [www.fishpawsmarket.com](http://www.fishpawsmarket.com)

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**10. Father's Day Flavor.** Find your Father's Day Flavor at The Spice & Tea Exchange! Get Dad set for summer time grilling with our Grillmaster's Deluxe Crate or our Gift of Grilling Tin collection including our most popular hand-crafted grilling rubs and blends! He can't go wrong seasoning summer grub with our Fan Favorite Shaker set or our collection of Holy Smoked Salts! Throw in our exclusive Italian Essentials fused olive oil & vinegar collection for extra flavor flair. Find these and all your summertime iced teas, as well as infused sugar or salt drink rimmers for summer family entertain fun! **The Spice & Tea Exchange of Annapolis**, 155 Main Street, Historic Annapolis, 410-280-2088 / [annapolis@spiceandtea.com](mailto:annapolis@spiceandtea.com), [www.spiceandtea.com/annapolis](http://www.spiceandtea.com/annapolis)

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**DADS & GRADS**  
GIFTS FOR



**Anne Weathersby.** Blue Angels Cutting Board. \$35



**Audrey Lee.** US Naval Academy. Oil on Canvas. \$1,500



**Barbara Burns.** Coneflowers. Watercolor Giclee. \$75



**Carly Piel.** Fused Glass Baby Boats. \$12



**Claudine Intner.** Mini Sailboat Painting. \$42



**Dave Murphy.** Porthole #2. \$110



**Jessica McGrath.** Starfish Necklace. \$65



**Joanne Graham.** Silk Scarf. \$75



**Julie Heath.** Oysters. \$12



**Kathy Strouss.** Shore Bird. Watercolor. \$65



**Kay Fuller.** Chesapeake Blue Crab. Painting. \$45



**Linda Donahue.** Navy Bracelet. \$35



**Nico Gozal.** Crab Walk. Silk Painting. \$90



**Sonja Holleman.** Bone Fish Earrings. \$40



**Susan Gillig-Grube.** Misty Morning. Painting. \$425



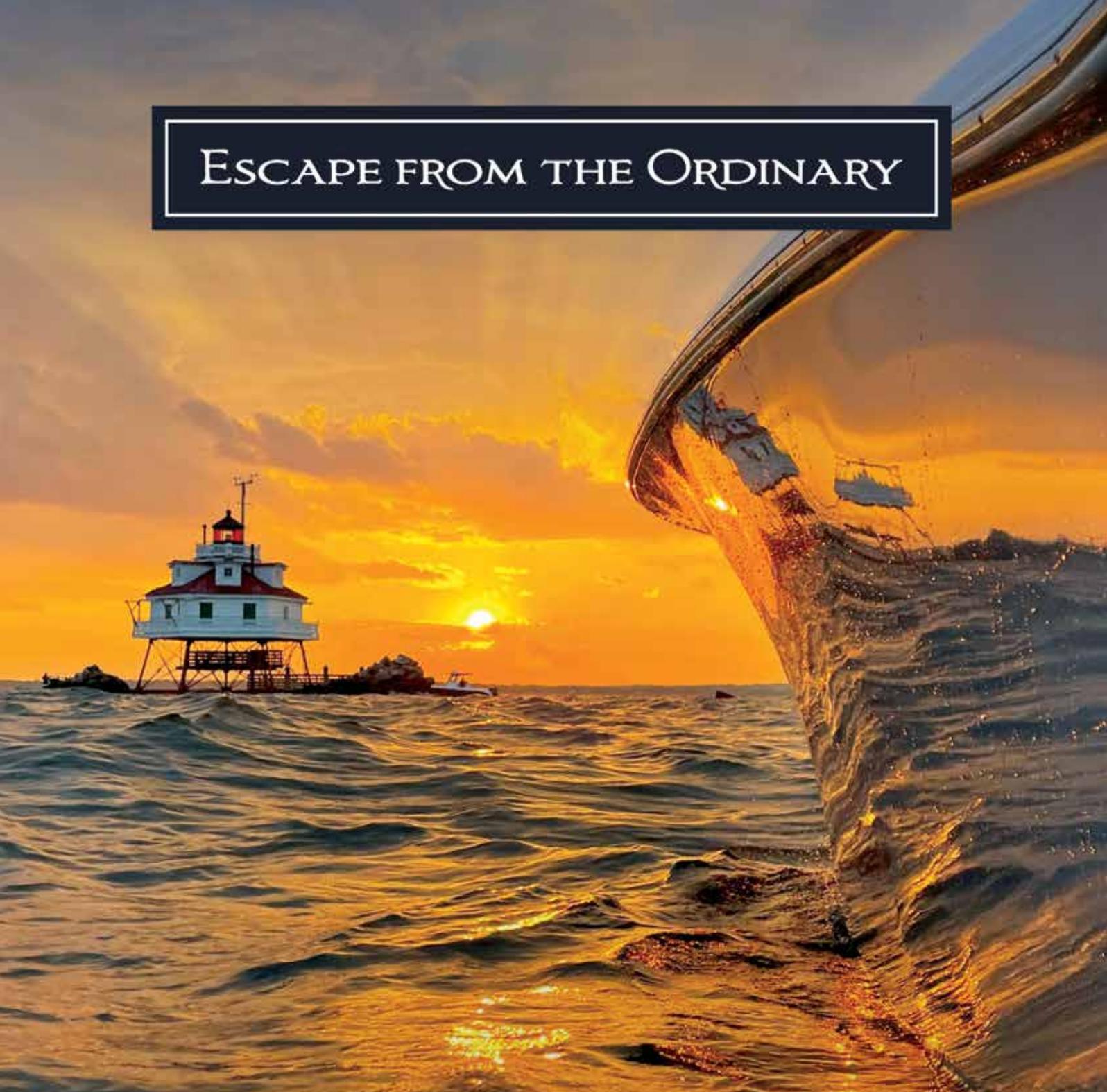
**Terry Bydume.** Blue Scarf and Brass Pin. \$140. \$50



**Tina Van Pelt.** Fused Glass Earrings. \$25



**Wayne Laws.** Thomas Point. Acrylic Painting. \$250



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# METAL & METTLE

RACE ACROSS AMERICA  
IS THE EPITOME OF  
TRANSCONTINENTAL CYCLING

BY ELLEN MOYER

It was eight o'clock on April 22, 1884, when Thomas Stevens started off on his "Penny Farthing" bike to travel across America. Along the way, on the old California Trail across the plains and the mountains, his big front-wheeled bicycle would astonish strangers who had never seen such a mechanical contraption. One hundred and three days later, on August 4, 1884, after following wagon trails, railways, canal towpaths, and public roads, Stevens arrived in Boston, Massachusetts. He was the first person to accomplish a transcontinental bike ride. The 3,700-mile trip was, according to *Harper's Magazine*, interrupted by 20 days of stoppage for wet weather.

Stevens would go on to bike around the world on his "Penny Farthing" high-wheeler, another first, ending in Yokohama, Japan, 13,500 miles later on December 17, 1886. He shared his stories of the people he met and the adventures he experienced with local bicycle clubs, and in letters with *Harper's* and in a book *Around the World on Bicycle*. He became known as the "Jules Verne of bicycling" for exploring the marvels of the world.

Since 1817, when Baron Karl von Drais invented the first two-wheeled vehicle, cycling had become a craze among wealthy and competitive-minded men. Englishman James Moore, riding a wooden bicycle with solid rubber tires would win the first bicycle (a term created by the French) race of 1,200 meters in Parc de Saint Cloud, Paris, on May 31, 1868. And from then on, bicycle clubs grew and flourished worldwide, establishing 100-mile century rides in timed trials. In 1890, the safety bicycle—the look we enjoy today—changed the nature of bike racing as well as leisurely fun.

In 1896, bicycling competition became a summer Olympic sport. In America, Marshall "Major" Taylor was setting seven world records in 1898 and 1899. Turning profes-

sional at age 18, his mile speed record lasted for 28 years. Nick-named “the Worcester Whirlwind,” Taylor is considered the greatest American sprinter of all time. He won the World Championship in 1899 for America, the second black athlete to win a world championship in any sport. In New York City, Madison Square Garden featured a six-day, nonstop race event on its indoor track. Taylor started, then dropped out after riding 1,732 miles. He would never do long-distance racing again. The winner of that event, Terry Hale, won the \$5,000 prize, going 1,910 miles around and around the track.

The interest in long-distance racing was set. In 1903, France initiated the Tour de France, now a 23-day internationally sanctioned race over hill and dale around France, and one of the most popular annual sporting events. The Tour de France is tame, however, when compared to the 3,000-mile nonstop Race Across America (RAAM).

RAAM is the world’s toughest bicycle race. It starts in Oceanside, California, and ends in Annapolis, Maryland, each June. Along the

route, it crosses 12 states, covers 170,000 vertical feet of climbs (that’s five times the height of Mount Everest), and many weather changes. The route crosses the Pacific coastal range, follows the deserts of the southwest around the Salton Sea (255 feet below sea level), through the Imperial Valley climbing to Flagstaff and through Monument Valley and the Four Corners, through the Rocky Mountains, and across 700 miles of Great Plains to the Appalachians and the Atlantic Coastal plains. The route between Cumberland and Hancock, Maryland, is described as the most difficult with endless up and down steep climbs and high humidity. Race officials meet the competing cyclists to escort them into Annapolis’ City Dock, the finish line. The solo race record for this 3,000-mile journey is seven days, 15 hours, and 56 minutes. Racing teams have completed the journey in as short as five days, three hours, and 43 minutes—a far cry from that first 103-day transcontinental venture across America.

RAAM was founded in 1982 as the Great American Bike Race by

John Marino. He was joined by three professional bicycle racers on the inaugural journey: Lon Haldeman, John Howard, and Michael Sherman. They left Santa Monica, California, and finished at the Empire State Building in NYC, with Haldeman the winner. Changing the name to Race Across America, this annual event was established, settling into its permanent route from Oceanside to Annapolis in 2008.

Securing the finish line in Annapolis confirmed in a resolution of the City Council sponsored by Mayor Ellen Moyer was the work of Steve Carr and Parker Jones, then owner of Capital Cycle. Fred Boethling, RAAM owner, was looking for a town with a strong environmental ethic. Annapolis had that reputation. Carr met and sold him on the city and then engaged the merchants around Dock Street, who would be impacted by the race with the loss of parking. By the time the resolution was introduced, it was approved unanimously with not a single public objection. Annapolis receives the racers and awards them at City Dock over five days, when racers arrive bit by bit.

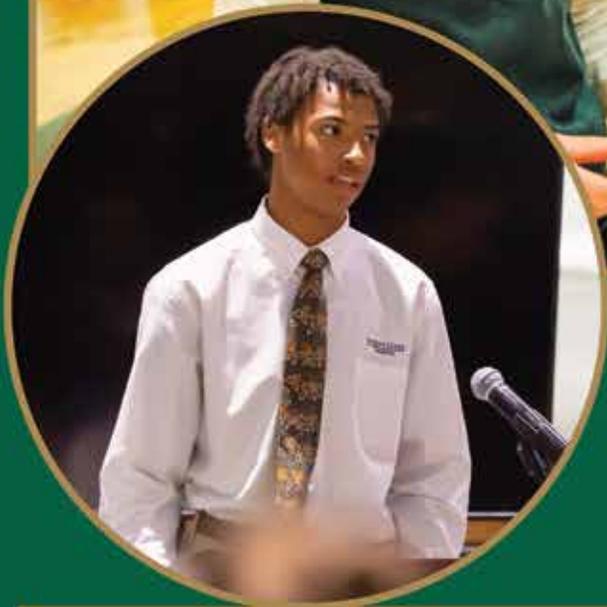
Over the decade, approximately \$1.5M per year has been contributed to charities selected by the teams participating in this grueling event, which tests the endurance of body and soul. Support cars provide food, water, medical, and repair assistance for the 300 cyclists. About 50 percent of the solo racers drop out along the way.

Winners in the early years were Americans, but Europeans have captured the winning spots since becoming an internationally popular event. Participants must qualify with participation in other sanctioned events such as the Race Across Italy (482 miles), Race Around Denmark (994 miles), or the Race Across the West (930 miles). When arriving in Annapolis, participants enjoy the hospitality and restaurants of our colonial city, reminiscent of the European towns they left behind to race this event. This year’s RAAM begins June 14 and the first finishers are expected to arrive in City Dock as early as June 18. So, mosey down to City Dock in Annapolis to greet and meet those who Race Across America by the seat of their pants on a bicycle not built for two.



Prior to the start of the solo division of the 2011 Race Across America, the original four competitors from 1982 were recognized and given special awards. From left to right: Lon Haldeman, John Howard, Michael Shermer, and founder John Marino. Photo by Rick Kent.

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*Zoe Benitez*, Key School '22

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# MOVING IN THE RIGHT DIRECTION

## The City Dock Action Plan is finally underway

Story by **GARY JOBSON** Images courtesy of **CITY OF ANNAPOLIS**

After years of study and debate, the ambitious plan proposed by the City Dock Action Committee (CDAC) is officially underway. The Noah Hillman Parking Garage will be totally new and improved in about one year. Mayor Gavin Buckley and CDAC Chair, Eileen Fogerty, are enthusiastic about the progress of the project. The first formal meetings began in 2018 although there have been endless discussions about what do with City Dock dating back decades. The breakthrough was the City of Annapolis and Historic Annapolis coming together and developing a realistic plan of action. It became clear that replacing the Hillman Parking Garage was the first priority. Eileen Fogerty explained the next step, “As soon as the garage has come down the design will go into full force. We expect that by next summer [2023] the design will be completed. Upon completion of the garage, we expect to go into construction on the City Dock.”

The construction will cause a temporary lack of parking in downtown Annapolis. Fogerty explains that there is a plan in place to help relieve parking issues, “We have alternative mobility options in place. Our message is: Annapolis is open for business. We will use Via On Demand, an app shuttle service, and additional shuttle vans to move people from the stadium parking lot and Park Place to downtown.” Fogerty admits there have been some problems. “Putting the alternative mobility in place has been difficult. Having a website that is up and people can go and learn where to park will make it easier. Once people know their options, I think it will run pretty smoothly.” She emphasizes that parking on City Dock will not be impacted until the new Hillman Garage is complete.

Mayor Buckley was re-elected in November 2021 with a 70 percent margin of victory. He believes he has a mandate from residents to proceed with the City Dock Action Plan. I recently met with the Mayor over coffee for an hour discussion. He did most of the talking and I did most of the listening. To say he is enthusiastic is an understatement. The Mayor made it clear that he wants the project completed before the end of his term (2025). His goal is to get people





Rendering of the new, state-of-the-art Noah Hillman Garage's Duke of Gloucester Street entrance. Construction began in May of this year



Rendering of the new Hillman Garage, which will feature 590 spaces over 5 parking levels, PV panels, EV charging stations, bike racks, and the "reactivation" of Gorman Street.



Rendering of the renovated City Dock space surrounding Ego Alley, which will: increase perimeter height to 5 feet and improve storm drain and pump station capacity for flood protection for next 10–15 years; covert parking lots to recreation space; and feature a raised promenade.



Market Square will see some adjustments as well, including pedestrian- and vehicular-traffic enhancements, conversion of parking to open-air market and dining (seasonally), and more green canopy.

to visit downtown and to have access to the water. The City Dock plan is to build a world class public park. The current configuration will lose some parking space in favor of green space. The loss in parking will be made up with additional parking in the new five story Hillman Garage. One of the features of the state-of-the-art garage will be a sun roof to protect automobiles on the top floor. Once completed, Premium Parking, a national company, will operate the garage, manage residential parking, and handle the remaining parking places on City Dock.

The Mayor's proposal for an electric powered ferry service located at City Dock was recently approved by the City Council. The trial operation will take passengers across Spa Creek, and possibly up to Sandy Point State Park and the Eastern Shore. The term he favors for City Dock is a "gateway" to the Chesapeake Bay. The City of Annapolis does not have a big footprint on the water. All available waterfront footage needs to be utilized efficiently.

Fifty years ago, City Dock might flood once per year, but now high tides flood the City Dock area fifty times annually! Frequent flooding causes a significant impingement on traffic, commerce, and the quality of downtown life. The level of the Chesapeake Bay is rising. The resiliency piece of the project is urgent. An essential component of the City Dock Action Plan is to elevate the promenade and build a concrete flood wall around the perimeter of the area. New technologies are being studied to create flood barriers. These ideas include fixed and moveable/deployable barriers and fixed flood walls that will provide secondary functions as seat walls and road barriers. The plan is to have the flood barriers provide secondary protection against inevitable large storm or hurricane events. Annapolis was devastated by Hurricane Isabel in September 2003 and suffered serious flooding during Superstorm Sandy in 2012. Annapolis needs to be able to weather future climatic events. The flood protection of the plan accounts for sea level rise and storm severity for the next 15–30 years. The design will include the ability to "bolt on" additional flood barriers in the future.

If Annapolis is hit by a storm, drains and pump stations will help send high waters back into the Chesapeake Bay. The City Dock area will have noticeably more trees to reduce heat and absorb water. The parking lot that is being eliminated just West of Susan Campbell Park will provide over an acre of open green space. The Donner Parking Lot on Compromise Street will also be reconfigured as green space. Some of the design elements include benches, stairways to access the lawn and park space, a brick promenade, naturalized low native bay plantings, and shade structures. Wider pathways along the water will extend from the Donner Park all the way around to the Burtis House. Mayor Buckley was successful in his quest

to get the State of Maryland to transfer the Burtis property and the adjacent dock to the City. Fogerty says there are a number of options that are being studied, "The Burtis House has a variety of opportunities. One thought is put the Harbor Master there. I know the National Park Service has expectations. The use of the Burtis House will be determined in the next couple of years. The City and the Park Service are going to be working together."

When asked about the cost of the City Dock project Fogerty says, "The reason there is such a push to get the garage moving forward is the garage funds a major portion of the City Dock project. The budget is about \$38 million, but maybe to be safe we can say \$40 million. That is for City Dock and the resiliency. That figure does not include the Burtis House." She continues, "The longer we wait the greater the cost of construction, materials, and, likely, higher interest rates. We have the whole professional team. The plan is to have all of this completed within three years."

There is a long list of people working on the project. Mayor Gavin Buckley and Historic Annapolis CEO Robert Clark are the visionaries that gotten the City Dock project started. Governor Larry Hogan and the Maryland Legislature have worked with the City on funding. County Executive Steuart Pittman has been a strong proponent of the project. City Manager David Jarrell has been leading the implementation of the project. Eivind Dueland at the Annapolis Mobility & Resilience Partners is the project manager of both the garage and City Dock. Bryce Turner of BCT Design Group is the architect of both projects. Michael Johnson the Director of Public Works and Betsey McKeown also represent the city. McKeown is the city's project manager. Andrew Lewis is leading the construction by the large firm Whiting-Turner. Scott Rykiel is the landscape architect representing Mahan Rykiel Associates. And Leo Wilson, a local architect with Hammond Wilson, is also working on the design.

In the future we might see a hotel developed alongside City Dock and likely some new restaurants and other businesses. The allure of spending time on the waterfront and even getting out on the water will be an attraction that will benefit residents and visitors to our historic town. A complicated urban project is a big undertaking for any city. Annapolis has unique issues to deal with like rising tides and preserving our precious historic legacy. It is also vital that traffic flows smoothly and modern technology helps make Annapolis a safe place. The actual work is finally underway. All of us will have to be patient as we navigate our busy streets and learn to deal with reduced parking. In the meantime, I, for one, encourage everyone to support our downtown Annapolis merchants, enjoy watching the progress of the work, and rejoice when the City Dock Action Plan is completed.



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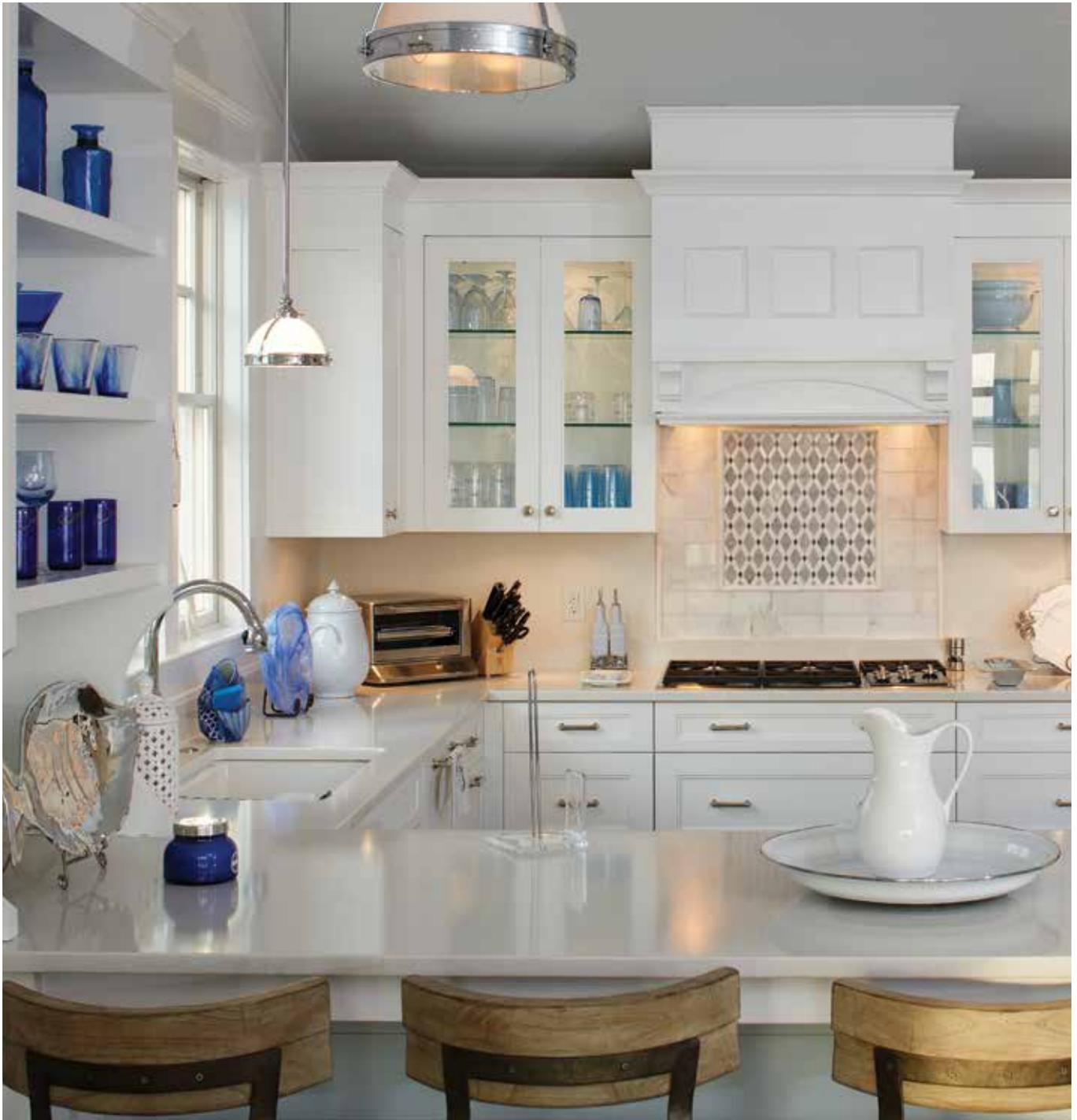
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# Home & Design

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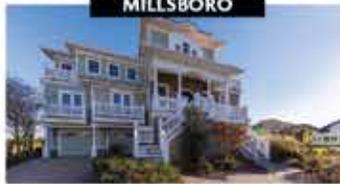
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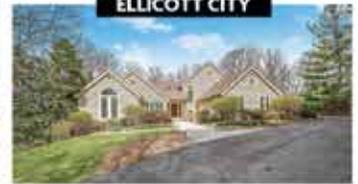
24500 KAYAKERS PATH



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27642 STERLING BLVD



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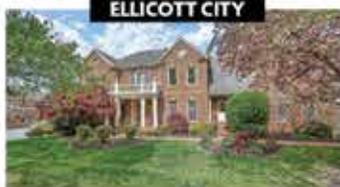
11850 FARSIDE ROAD



FULTON

\$1,250,000

11414 DAIRY STREET



ELLICOTT CITY

\$1,200,000

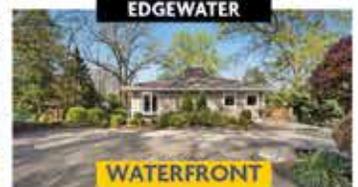
3017 LANCELOT CROSS



FULTON

\$1,175,000

11607 PACA STREET

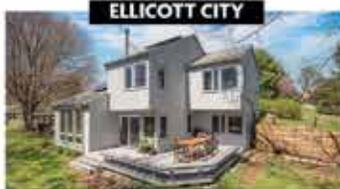


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5297 TALBOTS LANDING



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10350 EXETER ROAD



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27043 FIREFLY BLVD #124



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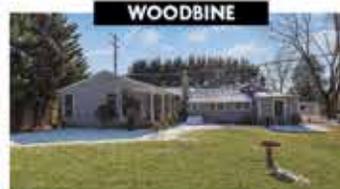
608 BAYSHORE COURT #3



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34040 BALLYCROY STREET #10



WOODBINE

\$500,000

15218 FREDERICK ROAD



COLUMBIA

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GAMBRILLS

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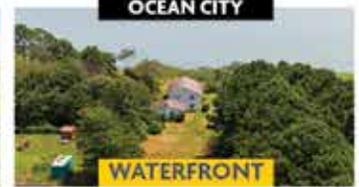
11428 MAID AT ARMS LANE



**FULTON**

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7508 CARPENTER STREET



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6040 S POINT HIGHWAY



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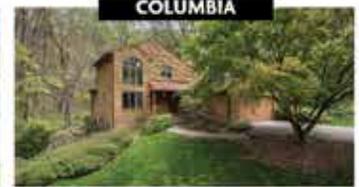
38864 BENNETT AVENUE



**HANOVER**

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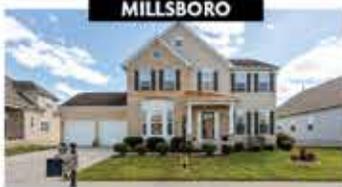
7781 ROTHERHAM DRIVE



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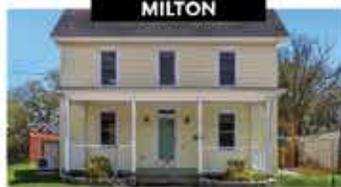
5931 GALES LANE



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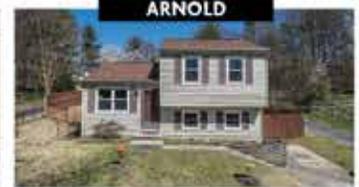
111 CHESTNUT STREET



**HANOVER**

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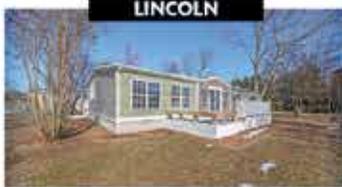
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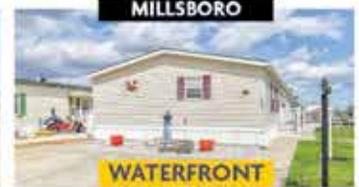
327 ROBIN DRIVE #1



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# From Bay



# to Beach

*building the better beach dream*

Story by **LISA J. GOTTO** Photography by **DANA HOFF**

This month's feature home proves the point that sometimes mid-life has little, if anything, to do with downsizing at all. As popular a trend as it has been for some, for others, like Angie and Frank Ferrogine of Annapolis, life isn't really a beach unless your 10 grandchildren and four grown children have the space to enjoy quality family time while they're at the shore.

(If that last name sounds familiar, it may be because you own a particular type of car. Frank Ferrogine is the President and CEO of Volvo Cars Annapolis and Annapolis Subaru, and he and Angie are long-time Annapolis residents.) As much as they love their Naptown address, like many from our area, they also like to take advantage of the proximity we fortunately have to the Maryland and Delaware beaches.

## Exacting Standards

Several years ago, however, they realized the beach home they owned in Maryland just couldn't handle having extended company for 20 people, which is the number their immediate family circle grows to when all the spouses and children are in the house.

"And we just loved that house, too," says Angie of the property they were forced to part with. "We had a home in Ocean City. We had outgrown the house. We have four grown children. They are all married and now we have 10 grandchildren. We needed to increase our space. Plus, we always wanted to live on Fenwick Island."

And so off to Delaware's narrow peninsula they went, with some exacting standards and a goal to create a place they would love as much as the home they were giving up.



To do this, they entrusted their goal to the team at Marnie's Custom Homes of Bethany Beach, Delaware, and its founder, Marnie Oursler. The Ferrogines had known Marnie from her work on a friend's home and liked what they saw. In the business since she was 22, Marnie comes from a long line of builders going back to her great grandfather.

Her custom homes team, now 15 years in the making, would need that creativity and acumen to take a tight parcel of land and build a home that would meet the requirements of a family who needed to forget about the beach home they had before.

## For Two or 20

When designing any home, the owners' wish-list will denote the floorplan, explains Oursler. "That's a big conversation that we have to have with our clients initially." Generally, she says, this starts with a question such as, "What are you going to be doing in the house and when?"

The Ferrogines are boating enthusiasts, entertain at home regularly, and would need the home to be keenly functional for just two people sometimes, and then 20 or more, at others. This made the concept of traffic flow via intuitive design, paramount.

A purposeful, open-concept plan with a few tweaks was Job One when it came to the home's interior. In particular, the couple wanted to invert their primary living space so it would be situated on the second level to maximize the views.



“My husband and I wanted one-level living; even though we put it on the second floor.” Angie says. “But we have an elevator. So, basically if it’s just my husband and I, everything is there for us on that one level.”

While open-plan living remains highly popular for new builds and visually has a conceptual simplicity, it is usually anything but that for the conscientious builder.

“This one was difficult. We had [to put] a gigantic ridge beam up in the kitchen (second) level,” explains Oursler.

The ridge beam becomes a subliminal structure running along parallel lines with the kitchen and dining room, and then flows in the main living area on the second floor. The result is an enchanting beach dwelling, which Angie says she put a traditional, Nantucket spin on with the décor.

Creamy white walls meet with rich, dark walnut floors throughout the main living space providing the base for incredibly light, airy, and tranquil bayside living. Textures of basket weave, knotty rope, and ivory damask play with various watery blues throughout the space.

The kitchen is Angie’s personally designed domain suited to her love of cooking and her knowledge of how the room would work best for her. While many families enjoy a huge center island in the kitchen, Angie says that concept was a non-starter for her.

“I entertain a lot and I have a lot of family...and that never works. I cook a lot and I can’t have people standing around an island.” Instead, she chose a peninsula because it acts like a natural barrier, yet the area is still open for casual conversation and is communal. That peninsula and the rest of the counters are topped with luscious lattice Pental quartz paired with a backsplash above the range crafted of Carrera marble subway tiles with pencil molding surround.

For Angie, a kitchen is best stocked with bowls and dishes in large drawers. As a result, there are many layers of drawers in her kitchen and few above-counter cabinets. Like many stylish homeowners these days, the Ferrogines have a kitchen within a kitchen, or a separate workstation equipped with smaller appliances at the ready, keeping the kitchen counters free of clutter.

Along with the formal dining space off the kitchen, the entire floor serves as a grand area for entertaining because a lovely screened-in porch area flows from the living room. The set of doors that then open to the second level deck were designed with clever corner details that provide a sense of nostalgia for a bygone era.

The 4,900-square-foot residence would ultimately provide two-and-a-half levels of living with six bedrooms and five-and-a-half baths. The home’s lower level offers an additional living and recreation area, more bedrooms, and access to their personalized outdoor living area with an above-ground pool.

## The Beach-Builder's Challenge

Probably the most concerning aspect of the entire design, was the homeowners desire to have a swimming pool as part of their outdoor living space. Excavating what is normally necessary for an in-ground pool in an area already surrounded by water (the home is situated on Lighthouse Cove in Little Assawoman Bay) is a structural non-starter. The homeowners were not keen on having an above-ground pool, however, and they wanted to make sure that their choice would be as safe as possible for their young grandchildren.

Thus, the pool was elevated above the flood base and a custom-made rectangular pre-form pool was dropped into a raised deck. Angie says it was much harder to come by a pre-form rectangular shape, but that was a must-have so they could have the piece-of-mind and the utility of an automatic pool cover. Mission accomplished. The Ferrogines now enjoy a spacious outdoor living area with their desired pool, an outdoor kitchen and bar, plenty of room for dining and entertaining, and outdoor showers, which were an integral part of the home's overall intuitive design. For utility, a mud room with cubbies just off the showers was added, keeping the guests from guessing where to go with wet clothes and keeping clutter to a minimum.

The patio and pool area opens into the family's recreation and additional living space, along with four guest bed-

rooms, so every one of their grown children has a place to stay with their spouse for extended family gatherings. A super special bunk room and a playroom for the children is creatively located behind a hidden bookcase wall on the primary level, along with tranquil, bayside owners' suite. Like the main living area, these second level rooms were designed with complementary details such as beamed ceilings. For extra texture, high-cathedral ceilings received a character-enhancing shiplap treatment.

The overall impression of the home is crisp, bright, and comforting, leaving the homeowners with a prevailing sense of ease and effortlessness.

The special considerations that provide that sense of ease and effortlessness on a year-round basis with a waterside vacation property, however, are anything but easy on the builder's side of the equation. Inside and out, the home would require an extra level of protection from the elements and a well-thought-out plan to maintain the home at peak efficiency no matter the weather.

One of the most challenging elements of a beach house is the HVAC—heating and cooling for big open floor plans on the water with a lot of solar gain. “We have very hot summers and very cold winters,” Oursler explains. “So how do you build a house with a lot of glass and a lot of steel that will heat and cool efficiently and that won't have a lot of air loss when the house is sealed up?”





Additionally, the weather must be accounted for, and everyone on this project got a dose of reality during the build, explains Angie. “A week before we settled on the property, we had Super Storm Sandy.” And while the homeowners were concerned about the impact, Angie says she felt better when Oursler appeared on-site in her waders ready to assess how their build withstood the storm. “We build to Hurricane 3 Level, with 110-mile-an-hour winds. So structurally we build, to that code and that wind rating,” Oursler says.

By the time Sandy hit the Delaware and Maryland beaches, it was recorded as Category 1 and 2 level, respectively, so while the home had some minor flooding issues, it withstood the worst of Sandy.

Creativity and modern engineering were key when it comes to keeping the home’s ceiling heights high, the views maximized, and the bulkheads minimized, all while constructing for HVAC efficiency and building strength.

The solutions involved very durable materials that can withstand the weather at the beach, which is much harsher, and insulate the home efficiently. Anti-corrosion hardware on anything on the exterior, high-density steel, cellular-based PVC, and composite materials that don’t expand or contract were key materials for this beach project.

## Sunny Smiles Ahead

With all the elements accounted for, all the necessary safety features in place, and enough space to accommodate three generations, the Ferrogines are looking forward to many summers with their growing family in their Fenwick Island home, a place that Angie describes as livable and fun.

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# Modern Farmhouse



This modern farmhouse “is exactly what we imagined,” according to Kathryn, one of the homeowners for which it was designed. The architectural design was complimented by custom cabinetry, rustic wood flooring, reclaimed barn wood, and exposed wood beams to bring the entire concept together. Accessories and fixtures throughout the home were selected with the assistance of our Client Concierge and give a nod to the horse-centered lifestyle these homeowners desired. Durable and timeless finishes make the beautiful design functional for a young couple with a growing family.

To view interior photos and the full story behind the project, click the QR code or visit [www.MuellerHomes.com](http://www.MuellerHomes.com)



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# Just Stop

## SAY GOODBYE TO THESE OUTDATED HOME INTERIOR TRENDS

By Lisa J. Gotto

Dated, drab, done. Nothing good lasts forever, they say, and that goes for stale and uninspiring tenets and elements of interior design. While it is economically and sustainably prudent not to do a complete interior makeover every year, some design trends and décor items could be weighing down your home's style profile.



Photo by mysandwichhome.com



Photo by posterstore.com

### Go-Away "Griege"

Too much of a monochromic or play-it-safe neutral scheme can come off as cold and lifeless. While the "griege" (gray plus beige) hue remains highly popular as a foundation to build on, the concept of layering on the grays is so over. The most popular choice overall for hues in homes right now is a mossy green. Try layering in some accent pieces, such as eucalyptus, artwork, or pillows with this color before going all-out on this trend and see if you can be swayed from the "griege."

### Scripted Goods

Make a statement without saying a word, literally. Kitschy décor items embellished with one-word zingers or short phrases stating the obvious has reached its market saturation point. Instead of pillows that read "cozy home living," bring the cozy to the pillow itself with supple textures or subtle patterns. And if you really want something to read, try accessorizing with some vintage books. Fine literature never goes out of style and will always be a shelf staple.



Photo by homeedit.com



Photo by countrydoor.com

## Subway Tiles ↴

Say it ain't so! Okay, so subway tiles are a classic and not so totally over, yet some experts convey their predictability (all white tiles stacked horizontally) will be their undoing. To keep it fresh and fun, these classic tiles are going vertical, glossy, getting new grout treatments, and taking on some pretty intense hues. And combining two or more of these elements is a sure-fire way to prevent predictability.



Photo by mercuryimages

## ↴ We're Down on the Farm

So, design experts are saying that the all-encompassing trend of modern farmhouse with its repurposed barn doors and updated Edison bulbs is on the backside of the curve when it comes to design vibes. While it may be starting to trend down, we can expect to see iterations of this look in homes for some time to come. In fact, the Country Chic aesthetic is said to be the close cousin of modern farmhouse, and is marked by the use of furnishings that stand out for their intense color.



## ↴ Faux Ferns

While there are some really great fakes out there when it comes to indoor greenery, some experts say for authenticity, only living, breathing plants should be infused into your interior environments. This is especially true if you are not a fastidious housekeeper with the Swifter, as these flourishes look flat not fab when they have a modicum of dust on their fronds. Don't have a green thumb, you say? Try artwork with a natural theme instead.

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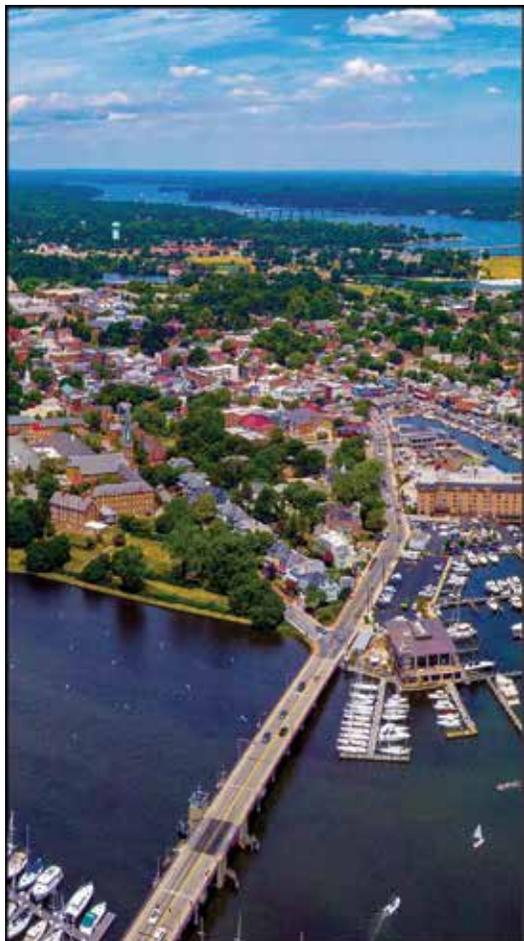


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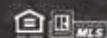
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# Living Outdoors

## 10 TIPS FOR ENTERTAINING IN THE GARDEN

By Janice F. Booth

Perhaps a silver lining to these endless months of the pandemic has been rediscovering the pleasures of spending more time living outdoors. No matter what season or what the weather conditions, we've all learned to adapt and prepare for time spent with family and friends on decks and porches. With that in mind, let me offer a few tips that might enhance your outdoor entertaining.

### *First a few suggestions to enhance your guests' comfort:*

This might be the year to invest in something more than a new sun umbrella for your table—though a fresh umbrella is always a simple and useful improvement. How about a **Patio Awning** or a **Gazebo**? The awning may be a better option if your garden space is limited. It could be attached to the house or free-standing. The gazebo will probably require a contractor and permit, but once completed you have a perfect space for entertaining and a lovely feature to enhance your garden.

Review your **Lighting** outdoors. Your guests may not be familiar with your deck, patio, or garden walks; installing subtle lighting at steps and along paths may save someone from spilling their drink or twisting an ankle. Additionally, you may want to add some soft lighting near seating areas. Keep in mind that your neighbors may not wish to have their driveway or garbage cans lit too. So, plan your lighting with consideration for the homes nearby.

Re-exam your **Food Preparation and Serving Areas**. If you enjoy cooking on the patio or deck, it may be time to consider upgrading that barbecue grill or even installing a wet bar or simple sink and mini-frig. Those changes, too, will require permits, plumbers, and electricians, but think about the time you spend cooking outdoors and the fun it is to share that time with your family and guests. How about end tables or a more versatile dining table? Is it easy for your guests to comfortably sit down with food and drinks? It's a relatively minor pet peeve of mine, but it's embarrassing to be a guest at a picnic or barbecue and not know where to put my plate, flatware, and glass after I'm done eating. A small cabinet with plastic tubs can be labeled so guests can rid themselves of dirty dishes. You may want to consider relocating or adding convenient recycle bins and waste containers nearby, but not too close on those warm summer nights when the bins are a bit too fragrant.

For some of us, **Speakers for Outdoor Music** are an important part of entertaining. Fortunately, today's Bluetooth speaker options have cut the cord, so to speak, from haphazard extensions and additional equipment. Or consider installing weather-proof speakers in your outdoor entertainment area. Be careful, though, that you come up with a way to control which speakers are on and the volume, individually. You may not want all the speakers going all the time. Soft, background music while friends sit talking is lovely, but loud dance music may take the edge off the atmosphere in the conversation area. This is another time when you may want to think about the neighbors; your music may not be to their taste; and you don't want to keep your neighbors awake at night, particularly if they weren't invited to the party.

Deal with those pesky **Insects**. We're all familiar with citronella candles and torches, but they can be unpleasant additions to the aromas of burgers and ribs on the grill. Consider buying a few pedestal fans; the oscillating type work best. Place them adjacent to the conversation and eating areas; set them to oscillate, and let them do their thing. The moving air discourages insects from drawing near (and other pesky critters too). Additionally, be sure that the dirty-dishes tub and waste containers are away from the fans and main areas where your guests gather; you want to avoid drawing the bugs and odors to near your guests.



*Consider, too, your family and guests' safety when entertaining outdoors:*

Before we invite guests to our homes we've all learned to think about their health and safety. We may want **Invitations** to include guidance on health protocols since COVID is still an all-too-prominent part of daily life.

**Masks:** Do you want guests to wear masks, bring masks if they wish? Will you have masks available? Be sure your guests know what to expect.

**Vaccinations:** Clarify your expectations. If you do not know the status of your friends, you may want to state whether you want guests to come only if they've had all their vaccinations and a booster. Your guests will appreciate knowing the status of the folks they will be meeting.

**Seating:** Because you'll want to avoid any embarrassment for your guests who may-or-may-not think about social distancing, you can do that for them. Arrange socially distanced seating: chairs, couches, ottomans, and floor pillows so they are reasonably spaced. You're outdoors, but a cough, sneeze, or guffaw can still spread COVID bacteria. If you have fans, be sure they're set to provide air flow that doesn't send air into the faces of your guests.

**Individual Service & Servers:** Rather than buffet food and bowls of snacks set out for sharing, prepare individual trays or dishes "pre-loaded" with snacks, utensils, and any other serving pieces. It might be fun to decorate each guest's tray. Avoid group-cooking around the grill. Encourage family and friends to find comfy, safely-distanced seats and bring the food to them.



**Powder Room Planning:** Face it, there's always a bit of awkwardness around using the guest bathroom during a gathering. Be sure it will be obvious where the guest bathroom is located. Plan ahead to avoid a little line-up of guests waiting. Perhaps a flip-sign "Vacant/Occupied." In the bathroom, be sure to provide lots of hand-sanitizer, disposable guest towels (they could be terry towels with a clearly-marked laundry basket), and extra masks. You may want to occasionally wipe down door handles and sink faucets with wipes.

Your extra effort will be obvious to your guests. They will appreciate your consideration of their health and enjoyment. And, they'll happily accept your future invitations knowing you'll keep their comfort and safety uppermost in your planning.



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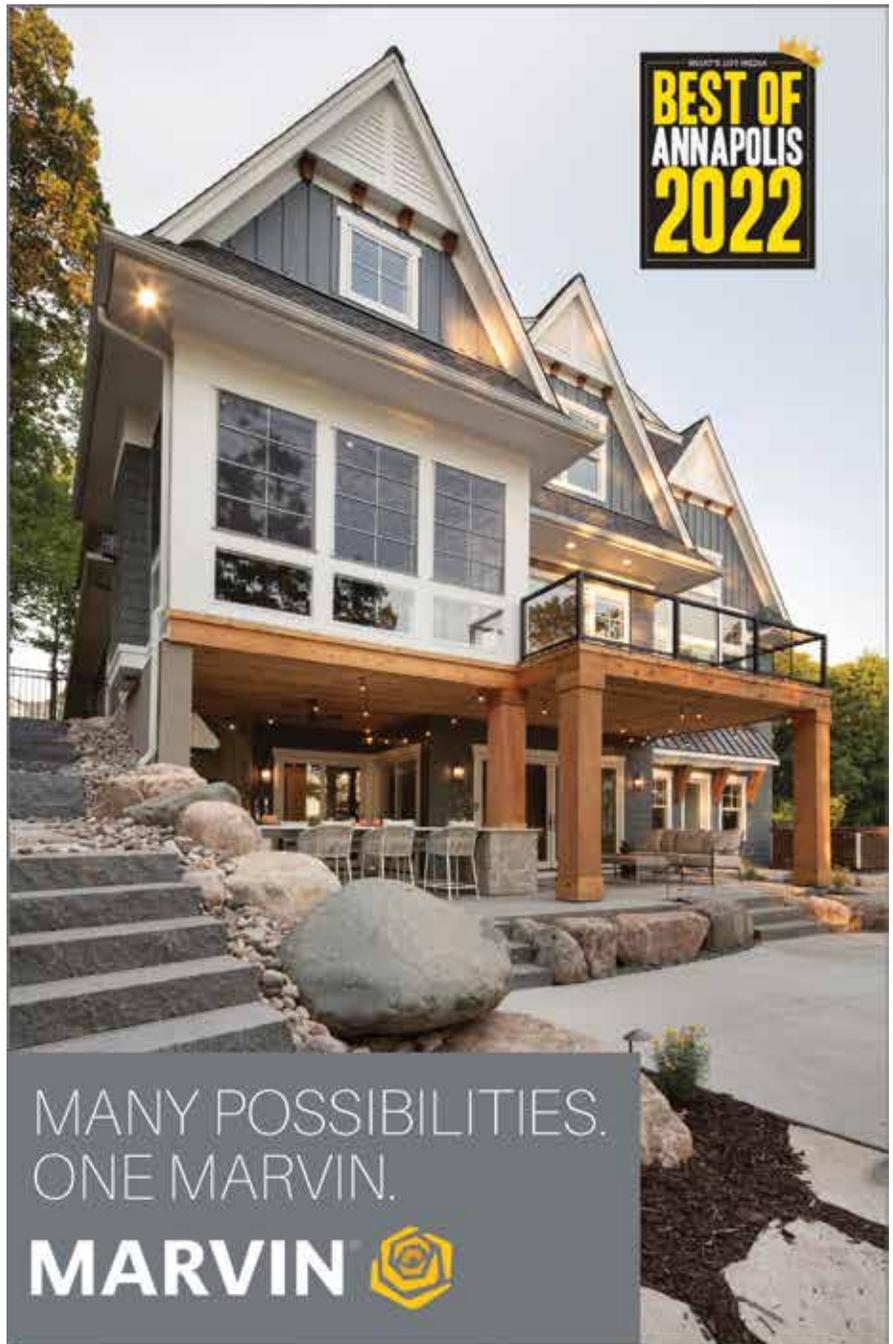


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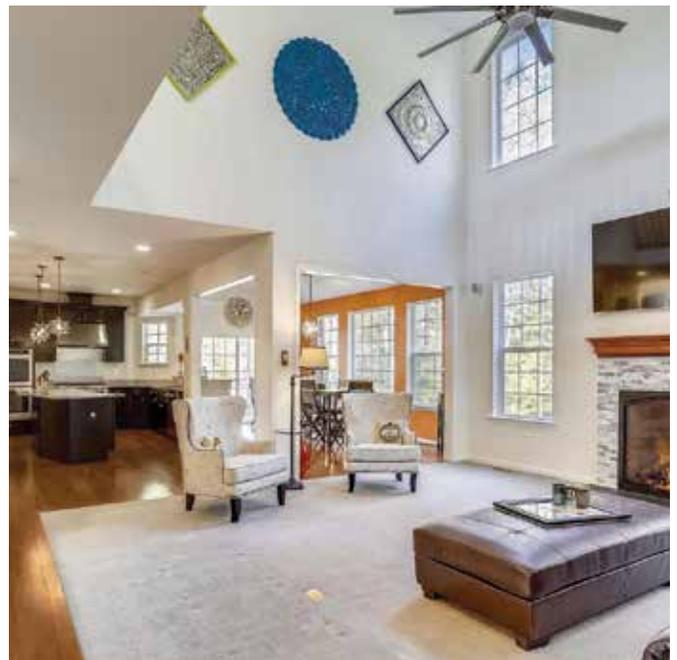


# Entertaining in Asher's Farm

By Lisa J. Gotto

Located in the highly-desirable Asher's Farm development in Anne Arundel County, this 4,100 square-foot residence is a spacious, entertainer's dream home. Walking into the entry of this center hall colonial-style home, guests will immediately know they are somewhere special, as the foyer is highlighted by a gracious, well-crafted staircase that appears to just spill into the space.

Luscious honey-colored floors flow throughout the entry and into the home's formal dining room on the left and then forward into the great room. To the immediate right of the entry is the home's sunny, dedicated home office. The great room is highlighted by soaring 19-foot ceilings and features a gas fireplace with a light, stacked stone façade and cherry wood mantel. Large windows, white walls on all sides, and high ceilings make this room a prime gathering space.



The modern, open-concept kitchen is a chef's dream with its large, center island, rich, dark cabinetry with complementary wood molding, a professional-grade, six-burner gas range, and all stainless-steel appliances, including dual wall ovens and a wine chiller. Gleaming white and gray granite countertops pop as an accent against the dark wood.

A spacious informal dining space is located adjacent to the kitchen and benefits from the natural light flowing in from a huge wall of windows and glass sliding doors that lead to a large deck. The home is situated in front of wooded lot that provides shade and sanctuary while enjoying the outdoors.

The large owner's suite, located on the upper level is bright and sunny, and offers room for a separate seating area. In addition to its custom walk-in closets, the room has an exquisite *en-suite* bath with soaking tub, dual vanities, and a huge walk-in shower. There are four additional bedrooms on this floor, each with its own bath

In addition to its exceptional location and its fine design for entertaining, this home is smart-enabled, offers a dual-zone HVAC system, a WIFI-enabled, two-car garage, custom fencing, and numerous upgrades.

"My clients are very excited to start a new chapter in their first home together," says Buyer's Agent, Lori Hill. "They love that it gives them plenty of space to entertain and plenty of space to grow and raise a family."




---

**Primary Structure Built:** 2018  
**Sold For:** \$889,000  
**Original List Price:** \$899,000  
**Bedrooms:** 5  
**Baths:** 5 Full, 1 Half  
**Living Space:** 4,100 Sq. Ft.  
**Lot Size:** .32 acres

---

**Listing Agent:** Kelly Parks; Coldwell Banker Realty; 3 Church Circle, Annapolis, m. 410-703-8505; o. 410-263-8686; kelly.parks@cbmove.com; coldwellbanker.com  
**Buyer's Agent:** Lori Hill; Liz Montaner & Crew of Coldwell Banker Realty; 3 Church Circle, Annapolis, m. 410-218-0048; o. 410-263-8686; lori@lorihillrealty.com; lorihillrealty.com



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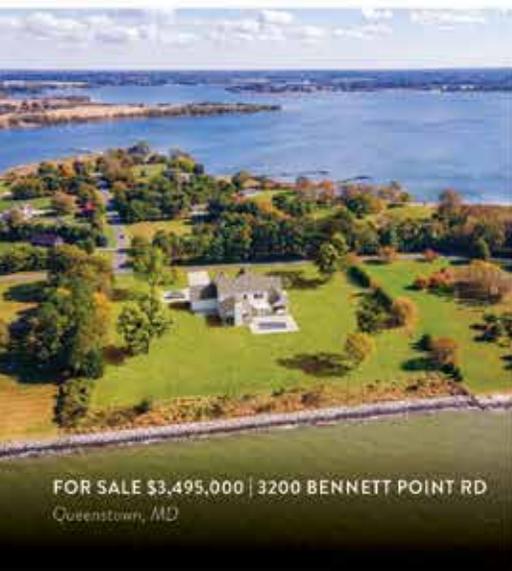




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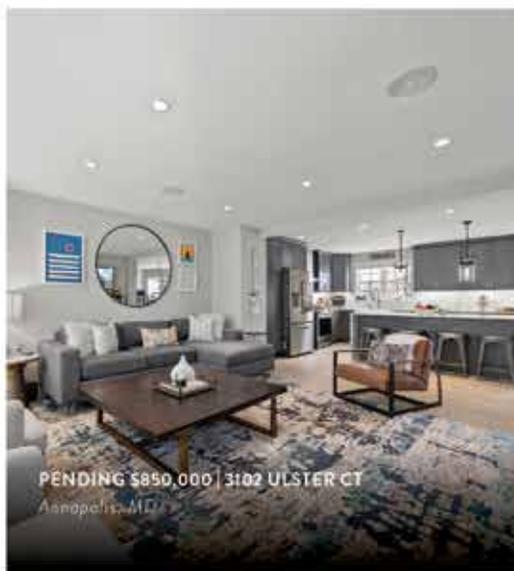
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# A Chesapeake Colonial Craftsman

By Lisa J. Gotto | Photography by Michele Sheiko

An abundance of charm greets the visitor to this 2,700-square-foot Colonial Craftsman home in Eastport. With its rich, blue shingle shake, red roof, and white window trim, this residence has an historic and patriotic presence.

“There’s something magical about the charm this 1901 built home conveyed,” says Listing Agent Wendy Oliver. “Walls of memories, beautiful original features, and walls of light-filled windows. This truly was one of my favorites.”

A nostalgic, double screen door opens onto a gracious front porch, perfect for a late-day summer cocktail and people-watching.

Inside, the home is steeped in pre-war features, like its original hardwood floors, large archways, and lovely period woodwork. Straight- away down a short hall is the home’s gorgeous, architectural staircase. To the left there’s a light, bright, and airy living room, which flows into an equally bright dining room through a large arch, giving the space the feel of an open-plan concept.

The dining room proceeds past an attractive and convenient wet bar area, and then into the kitchen, with its elements of exposed, white-washed brick. The kitchen boasts attractive caramel-colored ceramic tiled floors, crown molding, a tray ceiling, a peninsula with breakfast bar seating, and all stainless-steel appliances, including a gas range.

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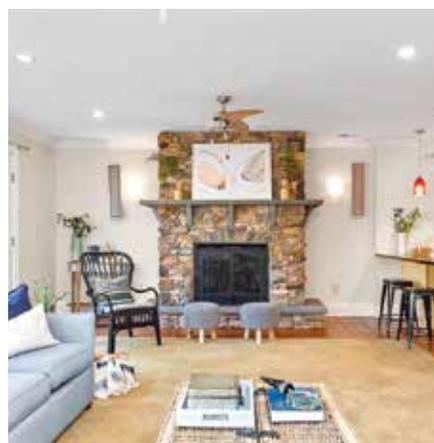
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**Primary Structure Built:** 1901  
**Sold For:** \$1,300,000  
**Original List Price:** \$1,350,000  
**Bedrooms:** 4  
**Baths:** 3 Full  
**Living Space:** 2,700 Sq. Ft.  
**Lot Size:** .13 acres

---

**Listing Agent:** Wendy T. Oliver;  
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Circle, Annapolis; m. 443-336-5091;  
o. 410-263-8686; wendy.oliver@cb-  
move; wendyliverrealestate.com

**Buyer's Agent:** Stacia Bontempo;  
Compass Real Estate; m. 443-336-  
8727; stacia.bontempo@compass.  
com; compass.com





An open-plan family room with a gorgeous, stacked stone gas fireplace also offers an abundance of natural light from three sets of French doors that open onto a spacious deck, that steps down into a tranquil backyard. This level also offers the convenience of a full bath.

All of the bedrooms are located on the upper level. The owner's suite is spacious and designed with an attractive chair rail and wainscoting treatment. The *en suite* bath is big and bright with white subway tiles, a double, white vanity with gleaming white countertops and an open, step-up shower. A garden tub framed with white and aqua-colored subway tiles gives this room the feel and look of a spa. There are two additional bedrooms on this level, with a shared bath.

This home has been meticulously and maintained and optimally updated over the years to provide the new owners with everything they could want in a home, including the proximity to all the fun and flavor that living in Eastport offers.

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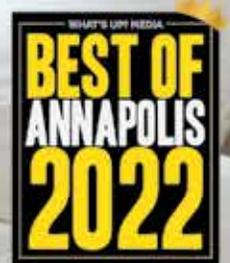
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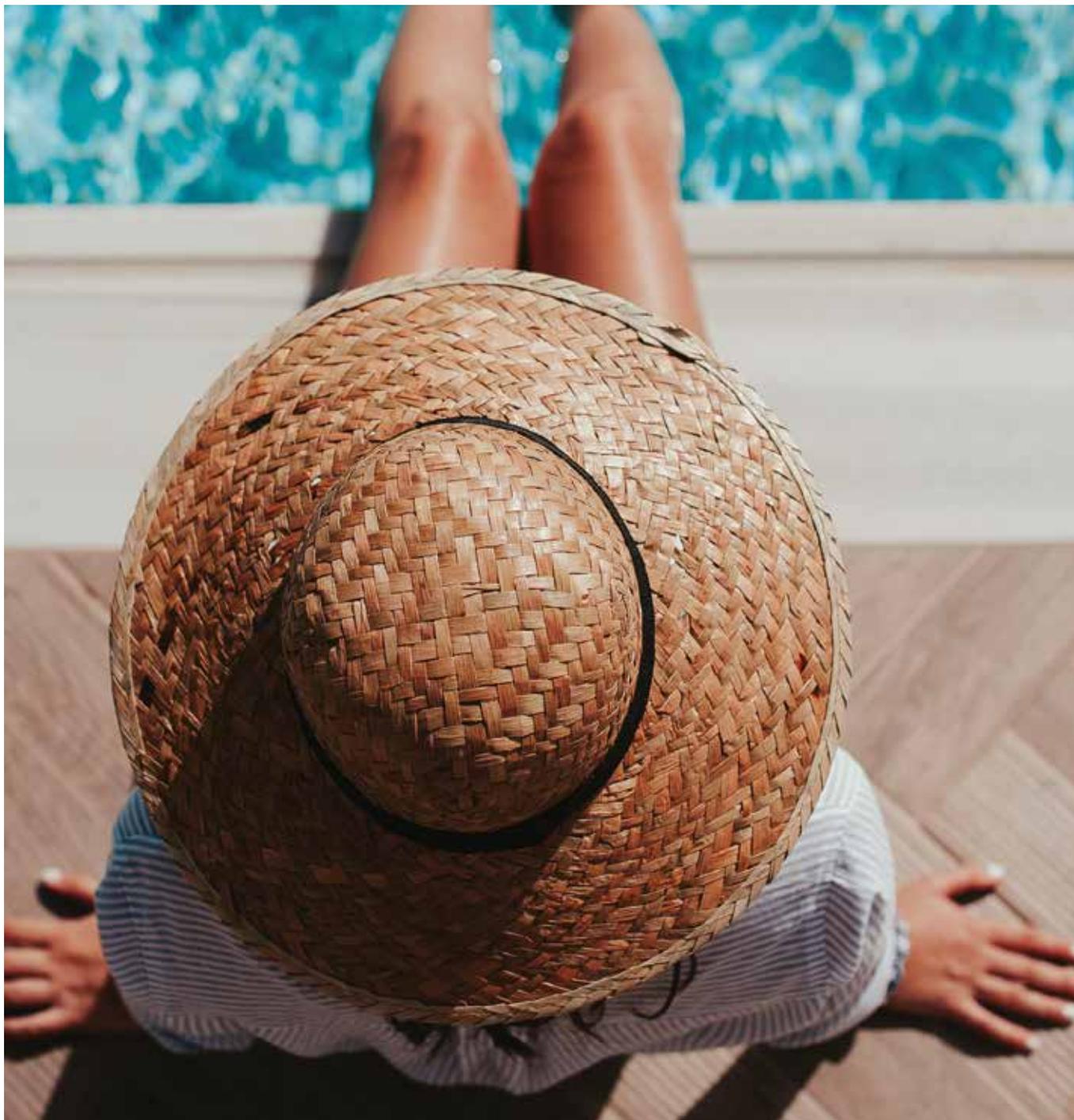
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# Health & Beauty

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# Fresh Take

## RHUBARB

By Dylan Roche

If spring has you craving something sweet and refreshing while still staying nutritionally sound, then consider adding rhubarb to your rotation of produce. This vegetable has a short season, usually peaking in April and lasting through June, but its fresh flavor is strong enough to leave a culinary impression you'll probably be thinking about all year long. Plus it's packed full of nutrients.

Native to China, rhubarb is a food you might think of as a fruit, even though it's, strictly speaking, a vegetable. While this might be partly because of its sweet taste, this misconception likely started in the 1940s when the U.S. Department of Agriculture classified it as fruit to avoid high tariffs set on vegetable imports (fruit was much more lightly tariffed).

You also might be surprised to know that rhubarb naturally has a sour taste when it's raw and unsweetened—think mouth-puckering levels of sourness you would experience if you bit into a lemon or lime! But when prepared, rhubarb takes on the balance of sweet and tart you'd get with a green apple. It's usually paired with strawberries, not only because they are in season around the same time but also because their flavors balance each other out, offering sweet-and-sour perfection.



Rhubarb gets its bright red color from flavonoids known as anthocyanins, the same found in other bold-colored foods like red onions, red grapes, plums, and black beans. These anthocyanins offer greater cancer-fighting antioxidant benefit than kale, and they can help reduce inflammation and even lower blood pressure.

Additionally, rhubarb is a great source of vitamin K, which strengthens your bones and improves blood clotting. Its high quantity of fiber is good for healthy digestion and lowering cholesterol, and it's a great source of plant-based calcium, which, like vitamin K, is important for strong bones. You'll also get healthy doses of vitamin C for immunity and vitamin A for healthy skin and eyes.

When you're incorporating rhubarb into your culinary repertoire, start by mastering a great strawberry rhubarb pie. But don't limit yourself—rhubarb is also great in savory recipes too. Here are some amazing ways to use rhubarb in the kitchen:

## Rhubarb Pilaf

### INGREDIENTS:

2 cups fresh rhubarb, chopped  
1/4 cup almonds, toasted  
1/4 cup sunflower seed kernels, toasted  
2 tablespoons olive oil  
1 cup red onion, chopped  
2 cloves garlic, minced  
1/2 cup red wine vinegar  
1/2 cup raisins  
1 teaspoon ground cinnamon  
1 teaspoon salt  
2 tablespoons honey or maple syrup  
2 cups cooked wild rice

In a large skillet over medium heat, warm the oil and add onions and garlic. Allow to simmer until soft and fragrant. Add rhubarb and sauté for about 2-5 minutes until soft. Stir in red wine vinegar, raisins, cinnamon, salt, and honey or maple syrup. Allow to simmer for about 10 minutes until the mixture thickens. Stir in rice and top with toasted almonds and sunflower seeds. Serve warm.



## Rhubarb Relish

### INGREDIENTS:

12 cups fresh rhubarb, chopped  
1 medium onion, chopped  
2 cups sugar  
1 cup balsamic vinegar  
1 teaspoon salt  
1 teaspoon ground cinnamon  
1 teaspoon ground cloves  
1 teaspoon ground allspice  
1/8 teaspoon paprika  
1/8 teaspoon nutmeg

Combine all the ingredients in a large saucepan on the stovetop over high heat and stir until the vinegar starts to boil. Reduce the heat to low and allow the mixture to simmer for approximately 2 hours. Stir occasionally. Once the mixture starts to thicken, remove from the heat and allow to cool. Serve as a spread with fresh bread or as a garnish for grilled chicken. Relish can be refrigerated for about 3 weeks.

## Strawberry Rhubarb Pie

### INGREDIENTS:

1 cup white sugar  
1/4 cup honey  
1/4 teaspoon lemon  
1/8 teaspoon salt  
1/2 cup flour  
4 cups fresh rhubarb, chopped  
4 cups fresh strawberries, chopped  
2 tablespoons butter, melted  
1 large egg yolk  
8 sheets phyllo dough (9x14 inches)

Preheat oven to 400 degrees F. In a large mixing bowl, combine the sugar and flour, then stir in strawberries and rhubarb. Add lemon juice and

salt. Allow to sit for approximately 30 minutes. In a small bowl, combine melted butter and honey. In a 9-inch pie dish, lay out your first sheet of phyllo dough, allowing the edges to hang over the sides of the dish. Press the dough to the shape of the dish. Brush with the honey-butter mixture and layer a second sheet of dough. Repeat until you have 5 sheets. Add the strawberry-rhubarb filling into the pie dish. Cover with remaining three layers of phyllo dough and seal the edges with water. Brush the top of the pie with the egg yolk. Cut 2 small holes in the top to allow steam to vent. Bake for approximately 40 to 45 minutes. The pie's crust should be golden-brown. Allow to cool completely before serving.



# Expiration Dates

## WHAT DO THEY REALLY MEAN?

By Dylan Roche

We've all been there—you pull something out of the fridge or pantry that you don't remember buying too long ago. But before you take the first sip or bite, your eye happens to fall on a little date stamped on the package. According to this, the food you're about to eat expired three days ago.

*Or did it?*

Spoiler alert (no pun intended): The date printed on a food's package doesn't necessarily indicate spoilage. Instead, you might have another few days, weeks, or even months to continue enjoying those foods without any health risks.

### What Do These Dates Mean?

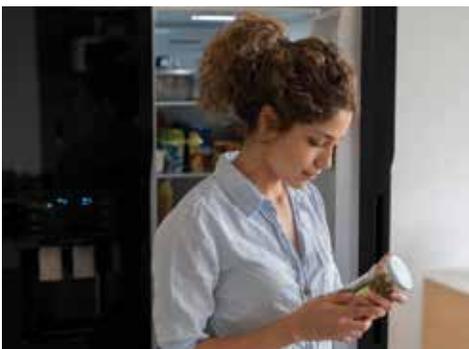
If you're like most people, you might assume that putting what are often referred to as "expiration dates" on food packaging is required by law. But dating is completely voluntary according to the U.S. Department of Agriculture. Although some states have regulations about what dates are required, there are no federal laws regulating this.

These dates are less about health and safety and more about quality control—hence why many manufacturers use them despite the fact that they don't have to.

*Need a quick explanation on what these dates typically mean. Consider this:*

**SELL BY:** This is the date the store will display the product for sale at full price.

**BEST BEFORE OR USE BY:** This is the date when the food product is at its peak quality and will have the best taste and most nutritive value.



Neither of these indicates safety. The big exception to this rule is infant formula. Because formula contains nutrients that are vital to an infant's health and development, and nutritive quality starts to diminish over time, expired infant formula could result in malnourishment that poses a serious risk.

### What To Look for Instead

Instead of looking at the date on the package, use your senses to determine whether the food is still good. Spoilage can be perceived by things like odor, flavor, color, and texture. And sometimes you can see signs of spoilage even before the expiration dates passes, particularly if a food was improperly stored (such a refrigerated food that's kept out on the kitchen counter for too long).

*Watch out for:*

- Mold—this is always a surefire sign that food has gone bad.
- Significant color changes. Slight browning is normal on some fruits and vegetables that have been cut up before storage, but if a food has turned a completely different color, it has likely spoiled.
- Change in texture, such as softness or wrinkles.
- An unpleasant odor or taste.

### Say No to (Expired) Drugs

While expiration dates on food is voluntary and often serves as only a guideline, the expiration dates on medicine should be heeded, as these dates are required by the Food & Drug Administration. When it comes to drugs, these are true expiration dates—they reflect how long a medicinal product remains strong, effective, and pure as long as it is stored properly. Medicine that is past its expiration date may be ineffective or not as strong, and in worst-case situations, it might result in unintended side effects.

**The Bottom Line:** The sniff test works when it comes to food—and relying strictly on the "sell by" or "best by" dates you see on packages could result in unnecessary food waste, which is bad for the environment and your wallet. Make decisions based on how the food looks, smells, feels, and tastes. But when it comes to medicine, avoid the expired stuff.

## GENERAL SHELF LIFE

Need an idea on how good that kitchen staple is likely to last? Here's what the Cleveland Clinic advises when it comes to common foods you're putting away in your fridge or pantry.



**Dried grain products (rice, pasta):** 2 years



**Milk:** 7 days



**Eggs:** 3-5 weeks



**Raw ground meat/poultry:** 1-2 days



**Lunch meat:** 2 weeks (if unopened)

*Tip: Store milk and eggs in the far back of your refrigerator where the temperature is the coldest.*



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Impaired motor control  
and concentration

Muscle cramps

Dizziness

Upset stomach

**HEALTH & BEAUTY** FITNESS

# Fitness Tips

## HOW HYDRATION AFFECTS YOUR EXERCISE PERFORMANCE

By **Dylan Roche**

The season of sweat is here—or at least, it will be soon. And if you're somebody who likes to exercise outside in the heat, it's important to remember that sweating equates to loss of fluid, and loss of fluid can mean decreased performance. If you want to get the most out of your workout, you need to stay hydrated.

Fluid plays many important roles in your body's processes. It's what allows your body to regulate its temperature and blood pressure. When your body has trouble with these regulations, it creates physical stress. And when your body is physically stressed, any kind of physical or mental activity becomes harder.

Although water is the best thing to drink to stay hydrated, some exercisers might be inclined to reach for a sports drink like Gatorade. These sports drinks are hydrating, but they might have a lot of stuff you don't necessarily need—namely, sugar. Additionally, their electrolyte content, which helps your body maintain fluid balance, is likely much greater than you need. If you're exercising intensely for more than 60 minutes, then replenishing these calories and electrolytes is beneficial; but if you're doing a short, easy workout, water will satisfy you just fine.

One way to measure your hydration levels is to check the color of your urine. If your urine is clear or light yellow, you're properly hydrated; on the other hand, if your urine is dark yellow or amber, this is a sign you're dehydrated.

You can also figure out how much water you've lost by weighing yourself before and after exercise. Every pound you've lost reflects about 16–24 ounces of water you need to replenish.

*Want to stay hydrated for your workout? Here's what the American Council on Exercise recommends:*

- Have 17–20 ounces of water about three hours beforehand
- Within a half-hour of your workout, have 8 ounces of water
- Every 10–20 minutes during your workout, have about 7–10 ounces of water
- After finishing your workout, have 8 ounces of water within 30 minutes

# Making the Most of a Capsule Wardrobe

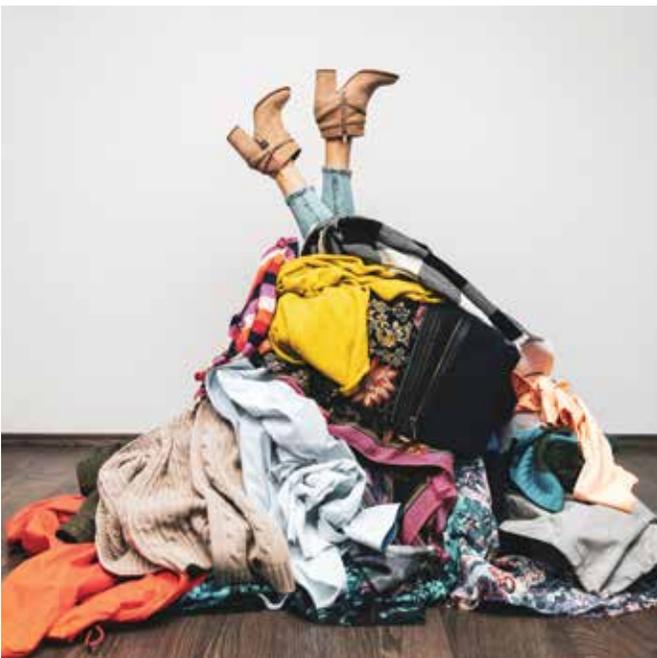
By Dylan Roche

Ever feel as if you have so many clothes and yet nothing to wear? Looking your best for any occasion suddenly becomes stressful, overwhelming, and sometimes even a little disappointing. The average American—whether man or woman—often has more clothing than they need, sometimes even hundreds of pieces.

But there's a fashion trend that's gaining more traction, especially as consumers put more of an emphasis on mental well-being and sustainability. That trend is the **capsule wardrobe**.

There are no hard-set rules about a capsule wardrobe, but the general idea is about paring your clothing collection down to just the essentials—and yes, essentials means *essential*. You keep a minimum number of pieces that you can easily mix and match for any occasion.

If you're a fashion-minded person, this might sound like a terrible idea. "Why would a person want to own as few clothes as possible?" you're wondering.



A capsule wardrobe actually offers a few mental health benefits. First of all, it makes getting dressed in the morning a lot easier: You have fewer choices you have to make when it comes to what you're wearing, so you're able to focus your mental energy on what matters. Secondly, a pared-down wardrobe means much less clutter in your closet and around your bedroom, and clutter is a well-known contributor to stress levels.

Plus, you're more likely to look your best. There's no holding onto clothes that only look kind of good on you on your best days. When you're investing in only a few pieces, you're able to focus on flattering favorites.

## WHAT TO INCLUDE

*If the idea of a capsule wardrobe sounds appealing but you don't even know what to include (or more importantly, what not to include), let this be a good starting point. Remember that there are no hard-and-fast rules:*

Consider your lifestyle and what sort of dress codes you're frequently up against. If you work in a casual office, there's no sense in owning too much business attire. On the flip side, if you're always working and tend to change straight into loungewear as soon as you come home, you probably don't need as many casual outfits.

Try to limit yourself to 50 items maximum—this includes your shoes, formalwear, and accessories. Focus on items that are versatile and are easy to mix and match. The right pair of jeans could be dressed up for a casual day at the office, for a Saturday afternoon of running errands, or for a night out on the town.

Stick with colors and textures that are neutral. Black, gray, brown, tan, and blue usually pair well with just about anything. If there are specific colors you really like (maybe you love the color red), choose pieces that you know will be easy to mix and match.

Most people need about five outfits they can wear to work, two or three casual outfits, and one dressed-up outfit for a special occasion. You can easily achieve this with:

- 2-3 business slacks
- 1-2 pairs of jeans
- 2 button-down shirts or blouses
- 2-3 T-shirts
- 1 sweater
- Women could consider 2-3 dress or skirt options
- Men could consider 1-2 tie and/or blazer options

Remember to take good care of your clothes. Because you have fewer of them, you want to get the most life out of them that you can. Follow all laundering directions printed on the tag, and try to get as many wears out of something as possible between washes.

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# Dining

154 TASTE | 156 SAVOR THE CHESAPEAKE



Latte from  
The Big Bean

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# Your Community Coffeeshop

By Tom Worgo  
Photography by Stephen Buchanan

Christie Coster worked at The Big Bean in Severna Park for five years, but it was more than just a job. It was part of her life. She missed it when she moved out of state. “I always wanted to come back,” says Coster, who lived in New Mexico for a decade. “When I left here, I felt part of me was missing. When I moved back, the owner and a close friend let me work for a few days a week.”

In 2010, during her second stint at the shop, she met Greg Coster, a customer, and they started dating. Two years later, they got married and eventually ended up buying The Big Bean in January of 2019.

“Customers don’t believe it, but they love it,” says Christie, referring to this fortuitous turn of events. “For me, it’s a fairy tale. It was unfinished business.”



**THE BIG BEAN** | 558 Baltimore-Annapolis Boulevard, Severna Park | 410-384-7744  
thebigbean.com | 888 Bestgate Road, Ste. 110, Annapolis | 410-216-2911

Many times during the day, the shop is packed, which offers about 35 different coffees as well as smoothies, and superfood lattes among other drinks. The breakfast cookie with cranberries and walnuts is the most popular food item.

“The original owner and her husband were ready to retire,” Christie says. “We felt we could continue their 20-year tradition. I always dreamed about buying this place.”

One of the first things the Costers did was double the seating capacity on the back deck, add a fire pit, and they now offer live music mostly year-round on Saturdays in the late-fall and winter.

With the success of the Severna Park store, the Costers decided to open an Annapolis location off of Bestgate Road in June of 2020.

We recently talked to the Costers about what makes The Big Bean stand out from the competition, what their top-selling coffees are, and their approach to hiring staff.

**Greg, tell us about the type of coffee you sell?**

We offer everything from single origins, which is from one place. We sell Ethiopian, Columbian, Nicaraguan, Honduran, and Sumatran. All our coffees are called certified specialty coffee. It’s the highest grade of coffee you can buy. They are all certified organic as well.

**What about blended coffees?**

We also get involved with coffees that are blended. Say a Brazilian coffee is blended with an Ethiopian. We put our stamp on those blends and give them names unique to our business. One thing we

are most proud of is Tom's Trailblazer blend. It's named after a customer that was part of the B & A Trail group called the Trailblazers. They would ride the trail every day, keep it clean, and report any riff-raff. He did this for so many years and was a regular customer. When he passed away, we named a blend after him and donate all the profits to Bicycle Advocates for Annapolis & Anne Arundel County.

**Where do you source your coffee?**

Our main roaster is Chesapeake Bay Roasting Company out of Crofton. They are responsible for about 70 percent of our coffee whether they are blends or single origins. The other ones we get from Honduras Coffee in Stewart, Virginia. We also will source one-offs from different places.

**Can you talk about the items you offer besides coffee?**

At our Severna Park location, we offer muffins, cookies, cupcakes, locally-baked fresh

pastries, and gluten-free brownies, muffins, and tarts. We also have cake pops. We try to use a lot of local vendors. In our Annapolis store, we have breakfast and lunch sandwiches.

**Please tell us about the process of delivering coffee?**

We only deliver whole beans. You have to order it through the website. We started that during Covid. We don't do hot coffee. I believe a lot of other shops are doing that now, whether they are doing it through Grubhub or another service. When it is taken from another delivery person that isn't one of our employees, we don't know how the customer is going to receive that product. We are very particular about how our product is presented to people.

**Christie, what are your top-selling coffees?**

Probably our house blend. Our big-name propriety blend. That would be our top seller. We also have assorted flavors that are very popular. We have 25 to 30 different flavored



coffees. It can be unusual for coffee shops. But we do sell a lot of those. We have a lot of flavored coffee lovers of blueberry, caramel, hazelnut, and our Jamaican Me Crazy.

**Greg, what else did you do to upgrade when you bought the place?**

We hired additional staff, so there was always someone here to engage with the customers. The philosophy we took was to almost overstaff and make sure we were engaging the customers and really making it an old-school, community coffee shop. People would just come to talk and hang out.

**Christie, how is your place different than other coffee shops?**

We focus on having really great products for the people that come in here. We have a great crew and each one of them really likes working with customers. I think that is the biggest thing that separates us—that we engage with customers and take the time to really get to know them and their lives in general. I have had customers I have known for the last 22 years. We socialize with them and live life together. We are really involved with the community. It all started at The Big Bean. It's a special place.





Newly-opened Libbey's Coastal Kitchen + Cocktails boasts some of the best outdoor dining views of the Chesapeake Bay in the region.

# Savor the Chesapeake

Restaurant news and culinary trends throughout the Chesapeake Bay region

By Megan Kotelchuck

It is finally summer and if the beautiful weather and the kids being home doesn't make you a believer, then having the June issue of *What's Up?* magazine in your hands certainly should! The June issue is for dining, dining, dining! In addition to our Savor the Chesapeake column, the Summer Dining Guide 2022 is a can't miss feature.

## *On the Restaurant Scene...*

After nearly two years of being closed, **Mangia Italian Grill & Sports Bar** has reopened its doors. Mangia originally closed in March of 2020 to help combat the spread of COVID-19 and undergo renovations. The Downtown Annapolis restaurant reopened at the end of February with a limited menu and new look. Because it was closed for so long, the owners must reacquire a liquor license, but that isn't stopping them from putting delicious food on the table. Mangia did their part to slow the spread, now it is time for you to do your part to support the restaurant and their staff.

Hemmingway's Restaurant in Stevensville was a landmark at the Bay Bridge Marina until they closed their doors at the end of October. The restaurant recently reopened and was rebranded as **Libbey's Coastal Kitchen + Cocktails**. Not only does Libbey's have some of the best views of the bay, it also focuses on high-quality service, food, and beverages. Libbey's uses fresh and local ingredients to continue the Eastern Shore tradition. Find more information and book your table today at [libbeyscoastalkitchen.com](http://libbeyscoastalkitchen.com).

How many whiskeys are enough whiskeys? Well, according to Chicken + Whiskey, the limit does not exist. **Chicken + Whiskey** opened its second location in the Columbia Mall and have even more in the works. The original location in Washington, D.C., and the Columbia location offer 99 whiskeys and South American rotisserie chicken, which has been brined for 12 hours and slow cooked over wood charcoal to 185 degrees. Find more information, a full menu, and complete list of the whiskeys carried at [chickenandwhiskey.com](http://chickenandwhiskey.com).

Did you hear the rumor that had the whole town talking? On April Fools, **Chick & Ruth's Delly** posted a note to their followers on Facebook saying, "To our Annapolis family, these last 50+ years have been a delight, and it's sad to see our time go." They continued, saying "As per today, Chick & Ruth's will be moving from Annapolis, MD to Ocean City, MD. We loved every minute of our time in Annapolis, and we have so many cherished, beautiful memories at this little shop. Just know that you all will forever be in our hearts as we continue our journey into the future of Chick & Ruth's." Did you fall for the prank? Spoiler Alert: Chick & Ruth's continues to reside in Annapolis and keep its breakfast traditions alive.

**St. Michaels Community Center** has a new addition: Chef Sean Raspberry. Chef Raspberry's name may sound familiar because he has also worked at the Inn at Perry Cabin, Harrison's Harbour Lights, Bistro St. Michaels, and Out of the Fire. With his new role at SMCC, he will be expanding the culinary programs and create healthy, nutritious menus for SMCC's Community Café. At the same

time, Chef Raspberry will work with local chefs and food distribution programs to coordinate food donations, including fresh produce and cooked dishes. The Community Café has recently gone through rebranding and feature a new menu.

To help the restaurant industry in Annapolis, the City Council approved the continuation of **outdoor dining** through the middle of June. Originally, outdoor dining was a special exception permitted by the city to help businesses during the height of COVID-19, a state of emergency. The emergency expired on April 11th but was extended for another 60 days. The City Council has yet to come to a long-term answer for outdoor dining; some of the aldermen propose that business owners should pay a fee to convert their private parking into outdoor dining, while other aldermen believe the parking spaces are owned by the businesses and that they are free to do what they want with them. The proposed fee for business owners would go into the city's transportation fund. Stay tuned...

Baltimore's Minor League baseball team, the Aberdeen Ironbirds, have recently named **Ledo Pizza** the official pizza of the Ironbirds. Now through September 4th, the Maryland-based brand is offering fresh pizza at all home games for the Ironbirds. Ledo Pizza has already worked with the Baltimore Ravens and Maryland Terrapins. Ledo Pizza was founded in 1955 and opened their first restaurant in Adelphi and hasn't cut corners since. They now hold their headquarters in Annapolis.



### Drink Up...

Looking for something to do this June? There are a couple events going on this month that you can't miss:

Kick off June with the **St. Michaels Brew Festival**. This festival will feature hand-picked craft beers on June 4th at locations throughout town, including Eastern Shore Brewing. This event will also have hand-made art, local cuisine, and plenty of local bands for you to dance the night away with. Find more information and get tickets at [stmichaelsbrewfest.com](http://stmichaelsbrewfest.com).

**DrinkMaryland: Centreville** is back for the fifth year on June 18th in historic downtown Centreville. Maryland Wineries Association and the Town of Centreville is hosting the event to celebrate all things Maryland-made. There will be an afternoon of food, artisans, live music, friends, and Maryland crafted beverages on Lawyers Row & Broadway. Find more information and get tickets on the Eventbrite or Facebook page.

### Hometown Hero...

When we think Maryland, one of the first things we think of is crabcakes, and there's an ingredient that goes hand in hand with that: Old Bay. Recently, McClintock Distilling in Frederick, Maryland, released the one and only, Old Bay Vodka. This vodka is made from corn and is distilled six times before it is flavored with McCormick + Company's Old Bay for the perfect balance of flavor and smoothness. The vodka has fresh celery and herbal notes followed by sweet, spice, and mild red pepper heat making it great for oyster shooters, bloody Mary's, and even pasta vodka sauce. Here are a few more drink recipes for Old Bay Vodka.



### The Bay Cucumber-Mint Smash

Fresh Mint Leaves  
Sliced Cucumber  
1.5 ounces Old Bay Vodka  
Juice of 1 Lime  
Club Soda  
Cucumber Spear for garnish

Muddle mint and sliced cucumber in small beverage glass. Fill glass with ice. Add Vodka, lime juice, and a splash of club soda. Garnish with cucumber spear. Optional: Rime glass with Old Bay Seasoning

*Photo and recipe courtesy of Old Bay Vodka*

### The Bay Fizz

1.5 ounces  
Old Bay Vodka  
2 ounces  
pineapple Juice  
1 ounce Sour Mix  
Soda water

Fill cocktail shaker with ice. All vodka, pineapple juice, and sour mix. Shake well. Strain into ice-filled rocks glass. Add soda water to fill. Garnish with fresh pineapple wedge.

*Photo and recipe courtesy of Old Bay Vodka*



**Have culinary news to share?** Send an email to the editor at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).

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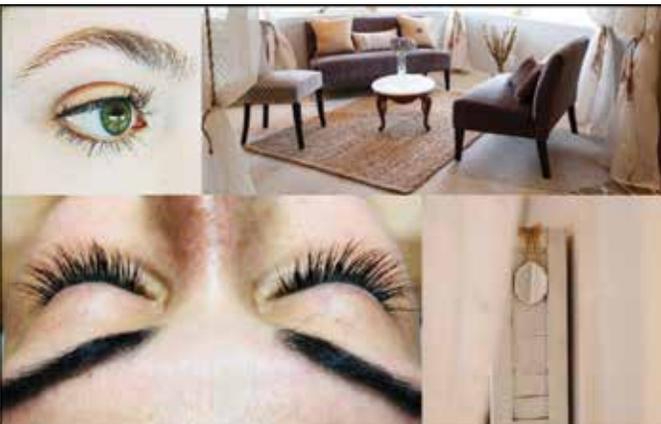
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# Where's Wilma?

## FIND WILMA AND WIN!

Wilma is pretty, pretty excited. When her June issue of What's Up? arrives, she gets to see who won the annual Best Of contest, in which readers have selected the best in town for everything from dining to shopping to beauty services and much, much more! Wilma is a busy bee this month, flying to and from towns across the region to drop in on the winners and experience them for herself. Where will she land next?

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at [whatsupmag.com/promotions](http://whatsupmag.com/promotions) for another opportunity to win a prize.

**Congratulations to Candace Ludwig** of Severna Park, who won a \$50 gift certificate to a local business.

**Mail entries to:** Where's Wilma? Annapolis, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at [whatsupmag.com/promotions](http://whatsupmag.com/promotions)



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