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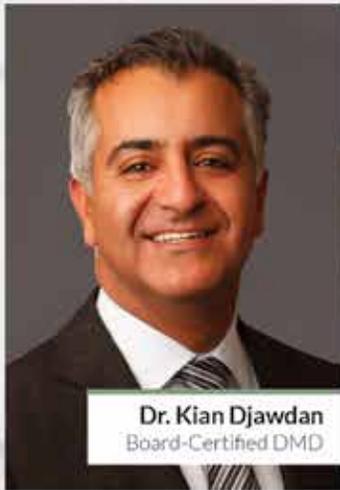
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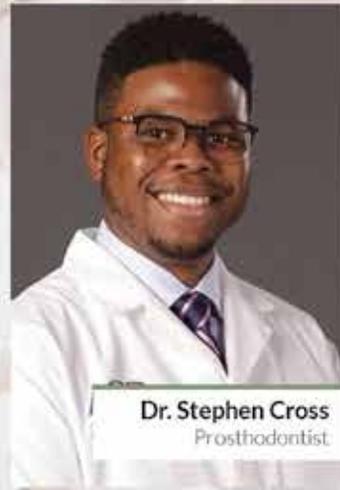
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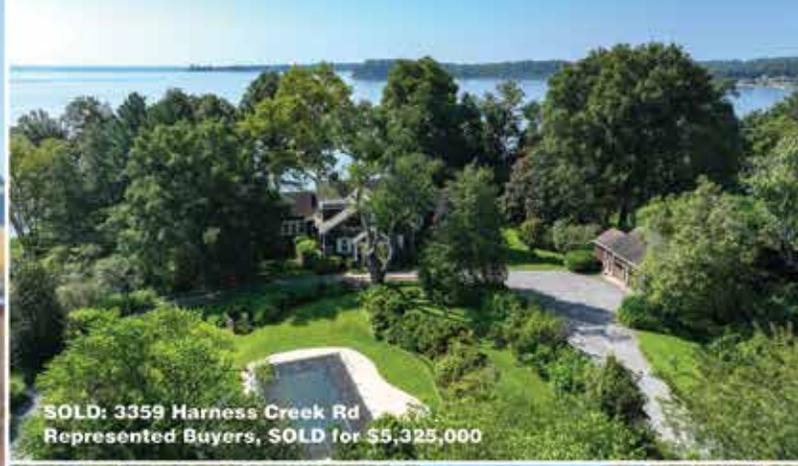


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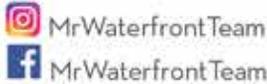
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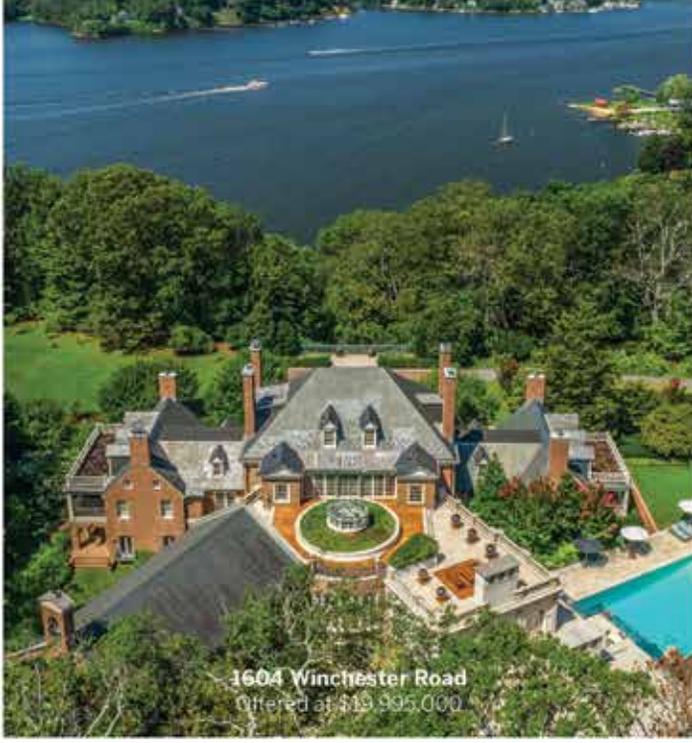
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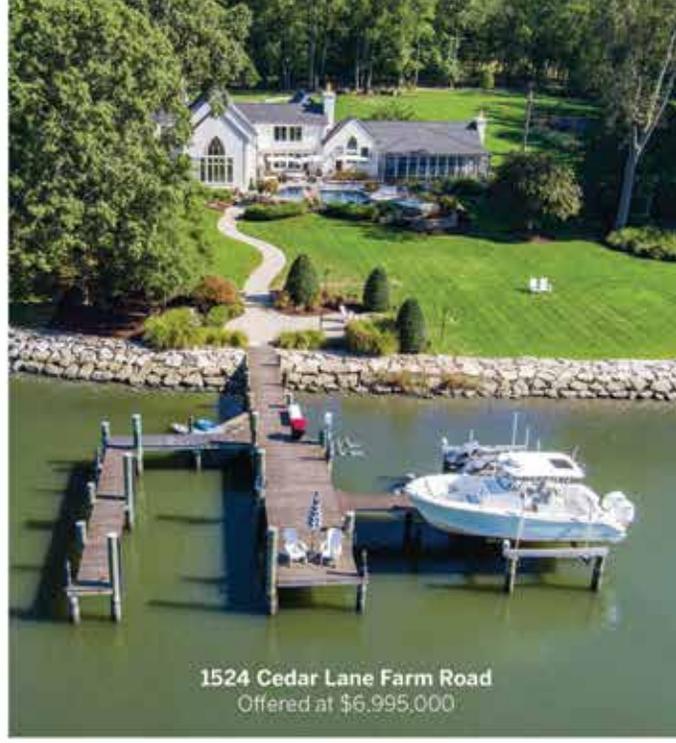
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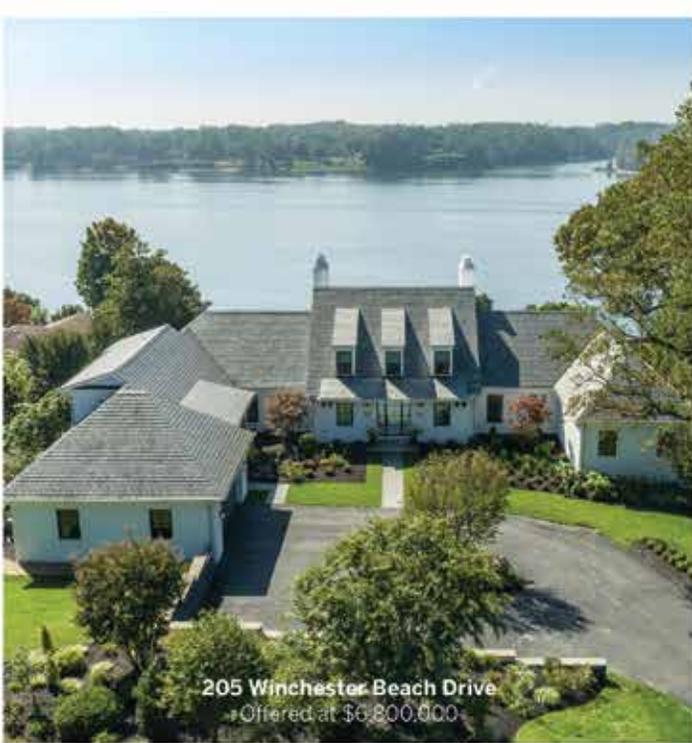
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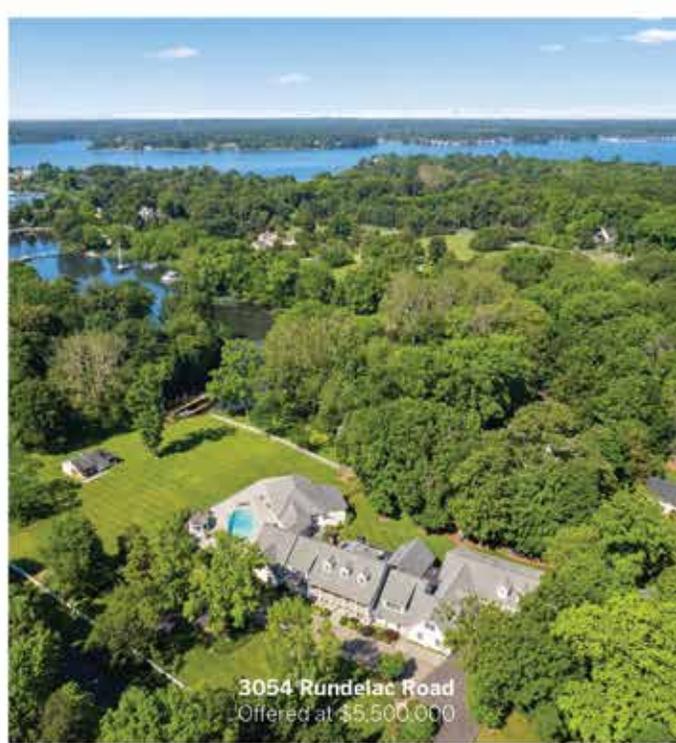
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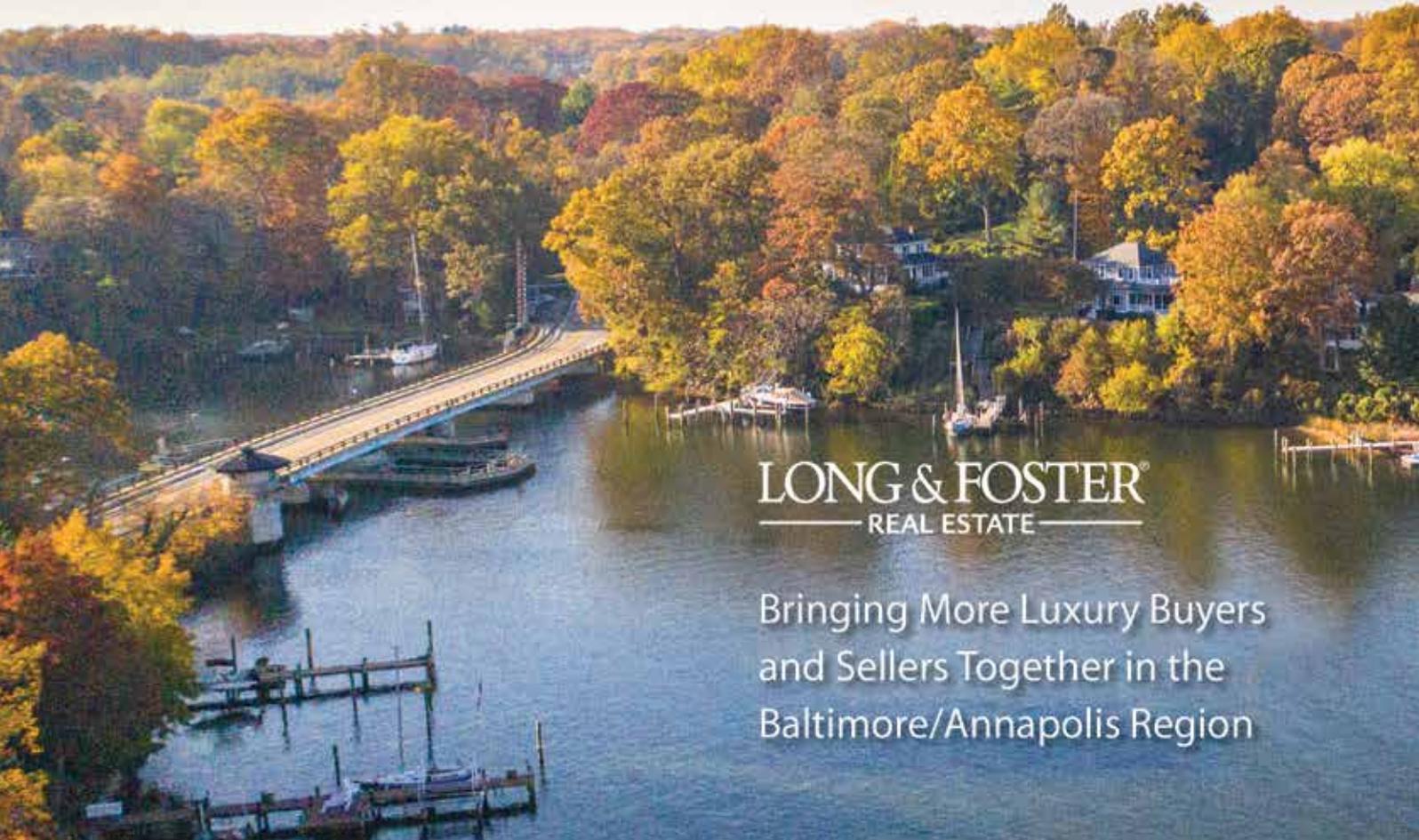
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**On the Cover:** We love pets and the SPCA, which cares for hundreds of neglected, abused, or surrendered animals. Design by August Schwartz. Contact *What's Up?* Annapolis online at [whatsupmag.com](http://whatsupmag.com). ♻️ Please recycle this magazine.

# November contents



## Home & Design

**84 Inside Story** is this month's featured home—a new custom, waterfront on Maryland's Eastern Shore from an award-winner builder *By Lisa J. Gotto*

**92 Home Interior: Keep Your Cool** deep-dives into exciting refrigerator tech and models worth considering for a kitchen upgrade *By Lisa J. Gotto*

**99 VIP-Caliber Lake Views** offers an insider's look within a Bay Ridge stunner, just footsteps from the Chesapeake waterfront *By Lisa J. Gotto*



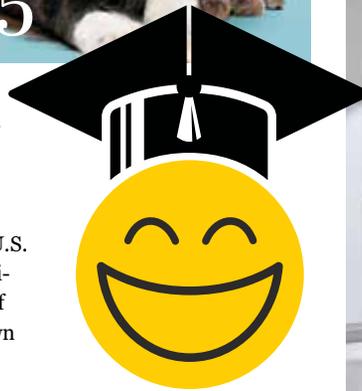
## Features

**47 Nonprofits You Should Know** is an expansive list of charitable organizations offering a variety of services and programs throughout the Bay region *Compiled by Megan Kotelchuck*

**54 Stewards of the Land** explores the relationship that hunters have with the land, animals, and conservation of both through the insights of several locals who practice the sport *By Frederick Schultz*

**60 Firm in Their Investments** is the next piece in the Maryland Firsts article series, which details the rise of the U.S. financial industry, initiated by the founding of Baltimore's Alex. Brown & Sons *By Ellen Moyer*

**64 Holiday Gift Guide** offers a first-look at exceptional gift collections and stand-alone items for the giving season *Photographed by Stephen Buchanan*



**70 College Primer: Make the Grade to Get In** offers admissions, visitation, and performance advice for both parents and students *By Gary Jobson*

**75 After the Storm** shares the extraordinary tale of how the SPCA persevered in the wake of a destructive tornado and built anew with a renovated and expanded shelter *By Lisa Hillman*



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**118 Savor the Chesapeake** spotlights restaurant news and culinary trends from the Chesapeake Bay region *By Megan Kotelchuck*

**120 Dining Guide: Well Done!** highlights restaurants that feature steak and beef dishes for your consideration

WHAT'S UP?  
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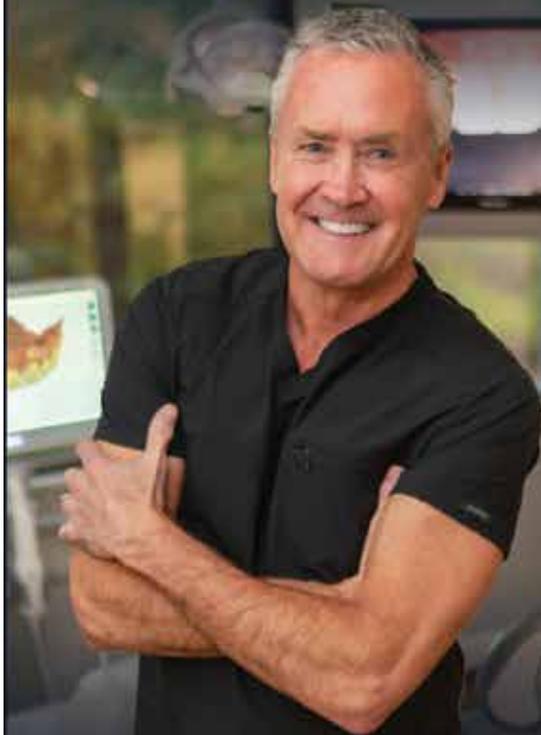
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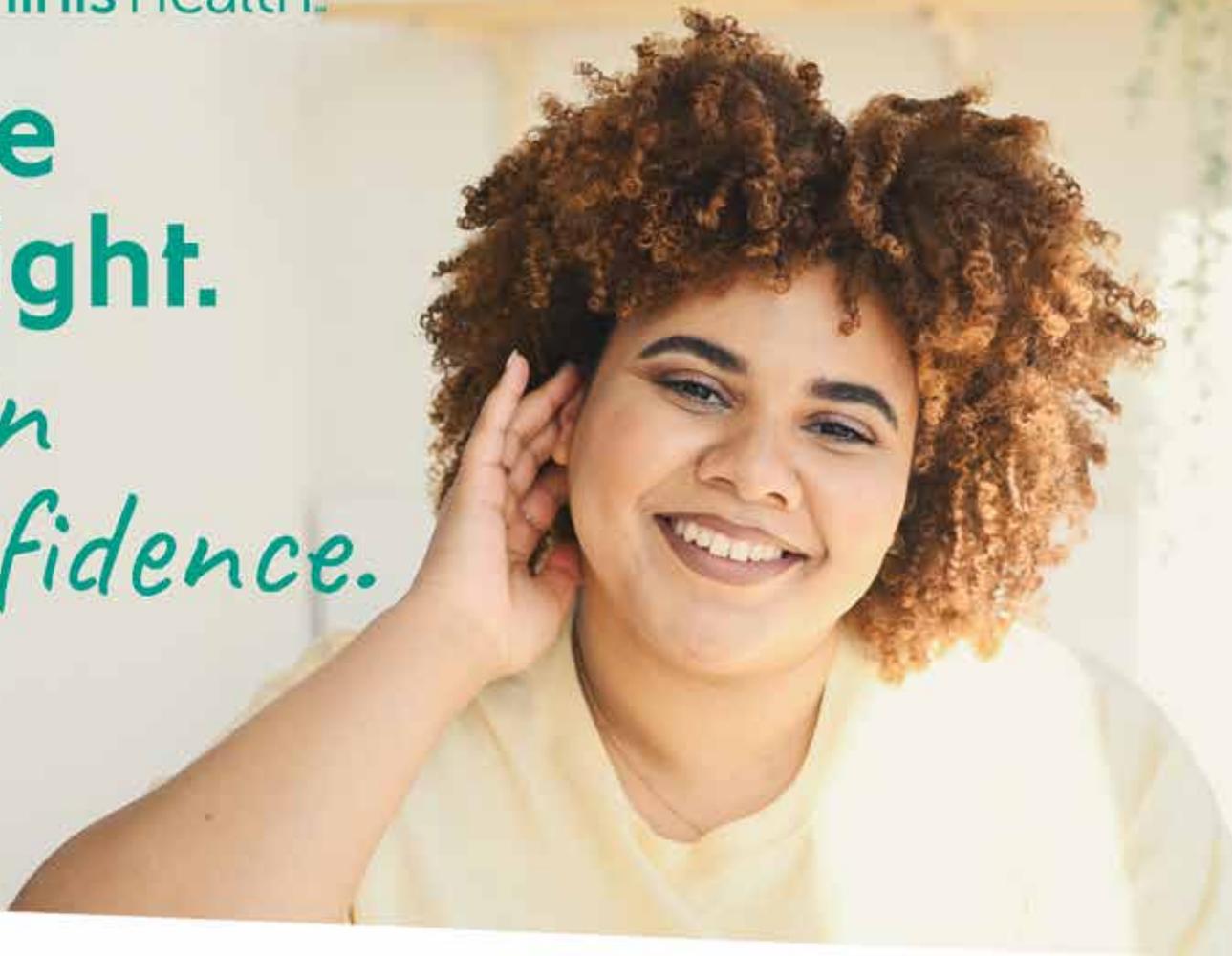


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**DECEMBER 2023**  
 Faces of the Chesapeake  
 Holiday Gift Picks  
 Tea Time!  
 Historic Narratives Reworked

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WHAT'S UP? MEDIA'S 2ND ANNUAL  
**HOME  
 EXCELLENCE  
 AWARDS**



What's Up? Media's home awards program will honor elite home builders, architects, designers, and professionals serving the greater Chesapeake Bay region.

Home industry professionals and firms may submit their completed projects for evaluation and vetting in 13 award categories. Entries—consisting of a project description and accompanying photographs—will be accepted through the November 30th deadline. Visit [whatsupmag.com/homeexcellenceawards](https://whatsupmag.com/homeexcellenceawards) to learn more.

WHAT'S UP? MEDIA

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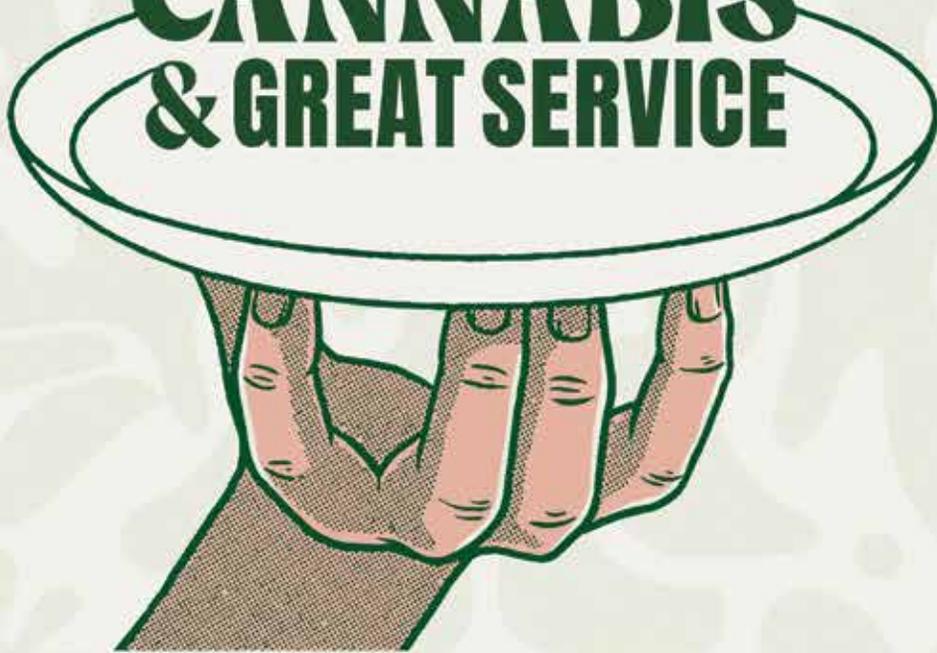


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21 EVENT PICKS | 30 CALENDAR | 34 SOCIAL | 38 SPOTLIGHT | 44 ATHLETE

## **Fish For a Cure**

Fish for a Cure is back on November 4th based out at the South Annapolis Yacht Centre. This fishing tournament and fundraising challenge has been making waves in cancer care in our community for years. The tournament will be followed by a Shore Party and all funds will benefit the Cancer Survivorship Program at Luminis Health Anne Arundel Medical Center's Geaton and JoAnn DeCesaris Cancer Institute. Find more information and register today at [fishforacure.org](http://fishforacure.org).



## Lights on the Bay

The annual tradition of Lights on the Bay is back at Sandy Point State Park beginning November 19th. The holiday light show is a two-mile scenic drive along the Chesapeake Bay with about 70 animated and stationary displays illuminating the roadway. The display is heavily influenced by our very own historic Annapolis. Once again, proceeds from the show will support the SPCA of Anne Arundel County. Lights on the Bay will be set up through January 1st, 2024. Find more information and buy tickets at [lightsonthebay.org](http://lightsonthebay.org).



## ↑ PERIOD FASHION SHOW

Textile collector Heather Hook will be hosting a lecture while she shares samples of Empire and Regency Period men's and women's clothing. The Period Fashion Show will be on November 19th at 2 p.m. at Hammond Harwood House in Annapolis. Pieces of her collection will include the risqué Jane Austen Grecian style 'barely there' dresses, along with fashionable classical profiles in men's breeches and broad-shouldered coats, all from the 1750s to 1980s. Find more information at [hammondharwoodhouse.org](http://hammondharwoodhouse.org).

## Chesapeake K9 Fund Run for the Dogs in Blue 5K ↓

On November 5th, from 9:30 a.m. to noon, get ready to make a difference in our community. The 6th Annual Run for the Dogs in Blue will be at Quiet Waters Park in Annapolis to raise money for the Chesapeake K9 Fund and to assist law enforcement K9 partners across the state. This is a unique opportunity to race with your dog in a beautiful setting! There will also be a K9 officer demonstration with K9 Officer Pryor and his handler. Find more information and sign up at [runsignup.com](http://runsignup.com).



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## GRAND ILLUMINATION

Gather near the Market House in Downtown Annapolis on the Sunday after Thanksgiving (November 26th) at 4 p.m. for the annual tree lighting. The night will have dancing and carols by local groups, hot cocoa, crafts for kids, candy canes, and don't forget Santa, Mrs. Claus, and Elfie. This year's tree decorations are designed by local artist Comacell Spitfire Brown, Jr. With the help of local kids from Box of Rain and the after-school program at Maryland Hall. Find more information at [downtownannapolispartnership.org](http://downtownannapolispartnership.org).



## ↑ Whitman Coin Expo

Whitman Coin Expo is celebrating 50 years with their winter expo at the Baltimore Convention Center on November 9th through 11th. There are many hidden treasures in your coin jar. Do you know the value of some of that paper money you have been carrying around? This is the place to find out! Buy, sell, and trade your coins and knowledge with over 1,000 coin dealers. There will also be a coin-grabbing adventure and coin coloring for kids. Find more information at [expo.whitman.com](http://expo.whitman.com).



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# Across the Bridge

## 38TH ANNUAL FESTIVAL OF TREES

The 2023 Festival of Trees will be held from November 25th to November 28th in The Gold Room of the Tidewater Inn in Easton. The theme this year is “Caroling, Caroling Through the Town.” In the magical holiday setting, 50 beautifully decorated trees sponsored by individuals and businesses will be on display while another 50 decorated trees will be on sale. Find more information at [festival-of-trees.org](http://festival-of-trees.org).



### ↑ Carols by Candlelight

The free, magical event in Talbot County (part of Festival of Trees) is back on November 25th at Harrison Street in Downtown Easton. Choral groups, bell ringers, and musicians will perform while spectators enjoy hot cocoa, holiday treats, sing-alongs, and a festival holiday marketplace. Find more information at [festival-of-trees.org](http://festival-of-trees.org).



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## ↑ Eastern Shore Sea Glass & Coastal Arts Festival

The Annual Eastern Shore Sea Glass and Coastal Arts Festival is back for its Holiday Edition on November 18th from 10 a.m. to 4 p.m. at the Chesapeake Bay Maritime Museum in St. Michaels. All of your favorite crafts from the spring show are back in a holiday theme for the arts festival of the season! Find more information at [ophiuoidea.com](http://ophiuoidea.com).



## 38TH ANNUAL TURKEY TROT

The 38th Annual Turkey Trot all-ages fun run, walk, or jog will be on November 18th from Denton Elementary School to Martinak State Park and back, including free gifts to the first 75 registrants—and everyone is entered into the free turkey raffle. Registration check-in begins at 8 a.m. and the race starts at 9 a.m. For more information, call Recreation & Parks at 410-479-8120.



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## Waterfowl Festival

The annual Waterfowl Festival is back for three days November 10th through 12th. Between 18,000 and 20,000 visitors will enjoy the best of local wildlife, nature, art, heritage, food, and fun throughout the streets of Easton. Events and activities will be all over town, from the elementary and high schools to Easton Elks Lodge, The Avalon Theatre, and many more locations. Buses will be in transit each day to different locations so you can experience it all! Find more information at [waterfowlfestival.org](http://waterfowlfestival.org).



Visit **What-supmag.com** or scan this QR code to visit the full online calendar of community events taking place this month across the Chesapeake Bay region!

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# Towne Calendar



A taste of community events taking place this month across the Chesapeake Bay region. For this month's full calendar, scan the QR code

## WEDNESDAY, November 1st

**Spy Nights: A Writers Series with Neil King, Jr.** at The Avalon Foundation in Easton, 6 p.m.; [avalonfoundation.org](http://avalonfoundation.org); In his latest book, "American Ramble: A Walk of Memory and Renewal," Neil chronicles his introspective 330-mile journey from Washington, D.C., to New York City, serving as a reflective lens into America's tapestry.

## THURSDAY, November 2nd

**Homeschool Day** at Hogshead in Annapolis, 12 p.m.; [annapolis.org](http://annapolis.org); Step back in time at Hogshead, a unique dwelling on historic Pinkney Street, and learn how working-class people lived in Annapolis during the Revolu-

tionary era. Throughout this interactive experience, students will be led by guides in colonial attire and have the opportunity to see and touch reproduction artifacts as they try their hand at skills of the past.

## FRIDAY, November 3rd

**Annapolis Jazz and Roots Festival** at various locations in Annapolis, through November 12th; [annapolisjazzandrootsfestival.com](http://annapolisjazzandrootsfestival.com); The goal of the Annapolis Jazz & Roots Festival is to foster an appreciation for cultural diversity and artistic excellence in a cordial and inviting atmosphere. Our inspiring, educational, and fun activities entertain participants of many interests, ages and backgrounds.

**Easton's First Friday Gallery Walk** in Downtown Easton; [tourtalbot.org](http://tourtalbot.org); On First Friday the art galleries of downtown Easton extend their hours and invite you on a tour of artistic adventure! View new art exhibits, meet the artists, and discover sales and great deals!

## SATURDAY, November 4th

**The Tug** in Downtown Annapolis, 12 p.m.; [themre.org](http://themre.org); Billed as the longest International Tug of War over water in the world, The Tug of War was originally conceived by the residents of Eastport in 1997 when the City of Annapolis used the excuse of a "public works project" to close the Spa Creek bridge that leads to Eastport from Annapolis. ↓

**Comic for Critters** at Perry's Restaurant in Odenton, 7 p.m.; Facebook; Get ready to laugh at "Comics for Critters"—a comedy event to benefit the SPCA of Anne Arundel County on Saturday, November 4th! The feature comic for the evening will be Alexx Starr from Starr Struck Comedy, and other performers in-

clude Kevin Johnson, Keenan Frady, Grace Jane White, and more!

**Thanksgiving: A History Through Food** at William Paca House in Annapolis, 2 p.m.; Discover how Thanksgiving has transformed over time from the celebration of Harvest Home, as it was called in 1621 at Plimoth Plantation. You'll find that not only have the reasons we celebrate Thanksgiving changed over the years... but so has the food!

**Free Compost Bin for County Residents** at Quiet Waters Park; contact [qwpcposting@hotmail.com](mailto:qwpcposting@hotmail.com); The Anne Arundel County Master Gardeners teach how to make compost using yard waste and kitchen scraps. Attend a one-hour compost demonstration at the compost site on the Wildwood Trail at Quiet Waters Park. Anne Arundel County residents will receive a FREE compost bin.

**2023 Cult BBQ Classic** at Cult Classic Brewing Company in Stevensville, 12 to 3 p.m.; [cultclassicbrewing.com](http://cultclassicbrewing.com); No one knows BBQ better than you. Bring your tastebuds down to Cult Classic and enter the People's Choice judging competition to select the best BBQ on Kent Island.

**Fashion Show and Luncheon** at Saints Peter and Paul Church in Easton, 12 p.m.; [tourtalbot.org](http://tourtalbot.org); Fashion pieces for this show are provided by Easton's all

volunteer St. Vincent de Paul Society Thrift Store and Boutique. All proceeds will support their food pantry which provides food for over 1300 people a month, 51% of whom are children.

## SUNDAY, November 5th

**First Sunday Arts Festival** on West Street in Downtown Annapolis, 11 a.m. to 5 p.m.; [innerweststreetannapolis.com](http://innerweststreetannapolis.com); Inner West Street Association is the proud sponsor of Maryland's premier art festival. From May through November, thousands of visitors enjoy shopping along beautiful West Street in downtown historic Annapolis.

**The Maryland Corn Maze Closing Day** in Gambrills; [mdcornmaze.com](http://mdcornmaze.com); For more than 100 years, the Dairy Farm supplied milk to the Naval Academy midshipmen right here at the farm. Since 2006, our farmers have been growing the corn maze and caring for the farm's grass-fed beef cattle and dairy calves for organic milk production.

## FRIDAY, November 10th

**The Beach Boys** at Live! Casino & Hotel in Hanover, 8 p.m.; [maryland.livecasino-hotel.com](http://maryland.livecasino-hotel.com); As The Beach Boys mark more than a half century of making music, the group continues to ride the crest of a wave unequalled in America's musical history.

**Veteran's Day in Galena** in the Town of Galena; [kentcounty.com](http://kentcounty.com); Join us in Gale-

na for Veteran's Day, every year we honor a Veteran and this will be the first time we will be honoring a female Veteran, Yoemanette, Emma D. Masten (Darlington).

## SATURDAY, November 11th

**Choral(e) Favorites** at Maryland Hall in Annapolis, 8 p.m.; [app.arts-people.com](http://app.arts-people.com); It's our 50th Anniversary and to celebrate we asked the Chorale and our audience what music they've enjoyed most and what composers they'd like to hear from again! Find out which pieces were at the top of everyone's list in this program!

**Navy Football Home Game** at Navy Marine Corps Memorial Stadium in Annapolis, 3:30 p.m.; [navysports.com](http://navysports.com); Our Navy Football team is taking on University of Alabama at Birmingham right here in Annapolis!

## Thursday, November 16th

**Colonial Cocktails: Negus & Hot Buttered Rum** at Historic London Town and Gardens in Edgewater, 6:30 p.m.; [historiclondontown.org](http://historiclondontown.org); From punches to bounces, syllabubs to juleps, colonists imbibed a wide variety of alcoholic beverages. At Colonial Cocktails, you'll get to make and enjoy two historical drinks and learn about colonial tavern culture.

## FRIDAY, November 17th

**Artist Talk with Sebastian Martorano** at The Academy Art Museum in Easton,



5:30 p.m.; academyartmuseum.org; Sebastian Martorana creates masterful sculptural vignettes of public and private life out of the timeless medium of marble.

**SATURDAY,  
November 18th**

**Wizarding World Family Experience** at Eco Adventures in Millersville, 6 to 7:30 p.m.; ecoadventures.org; Attention Witches, Wizards and Muggles: You are cordially invited to join Hogwarts School of Wizardry for an evening of fun! We will be bringing the world of Wizarding to Eco Adventures and transforming our rainforest into the Hogwarts Great Hall.

**Johns Hopkins Medicine: A Woman's Journey** at Baltimore Marriott Waterfront Hotel in Baltimore, 8 a.m.; hopkins-medicine.org; Since 1995, Johns Hopkins Medicine's annual women's health program "A Woman's Journey" provides new and compelling information about important issues affecting women's health.

**SUNDAY,  
November 19th**

**Lights on the Bay Opening Night** at Sandy Point State Park, Annapolis, through January 1st; lightsonthebay.org; Driving through "Lights on the Bay" at Sandy Point State Park has become a tradition for many families for the past decade. Benefits SPCA.

**Backyard Brews with Benefits 2** at Kent Island Resort in Stevensville, 11 a.m. to 4

p.m.; cultclassicbrewing.com; Organized by the Queen Anne's County Brewer's Coalition.

**FRIDAY,  
November 24th**

**Kennedy Krieger Institute's 34th Annual Festival of Trees** at the Maryland State Fairgrounds in Timonium, 10 a.m. to 4 p.m., through November 26th; kennedykrieger.org; The much-anticipated Festival of Trees returns to the Maryland State Fairgrounds during Thanksgiving weekend, Nov. 24-26.

**SATURDAY,  
November 25th**

**Shop Small Saturday** in Downtown Easton; discovereaston.com; Get prepared for the holiday season with our annual merchant event downtown!

**THURSDAY,  
November 30th**

**Annual Lights of Kindness** at Homestead Gardens in Davidsonville, through December 3rd; rotarylightsofkindness.org; The Rotary Club of South Anne Arundel County will celebrate the 10th anniversary of its highly successful Annual Lights of Kindness charity event, a Christmas tree decorating contest.

**John Mulaney** at Live! Casino & Hotel in Hanover, 9 p.m.; maryland.livecasinohotel.com; John Mulaney is coming to The HALL at Live! Casino & Hotel Maryland.

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JAZZ



NOVEMBER 15  
**Saje**  
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NOVEMBER 16  
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JAZZ QUARTET



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NOVEMBER 18  
**Marc Roberge**  
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NOVEMBER 19  
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# Leadership & Recognition Luncheon

On August 5th, the Maryland Capital Chapter of the American Business Women's Association (ABWA) held its annual luncheon and awards celebration at Crowne Plaza Annapolis. The afternoon lunch and networking event honored District IV Vice President, Juanita Hall, plus the "Women of the Year," "Proteges of the Year," and "2024 Top Ten Nominees." For more information about ABWA, visit [abwamdcap.org](http://abwamdcap.org).

Photography by Laura Wiegmann of [Laura's Eyes Photography](http://Laura's Eyes Photography).

**1.** Donna Butman, Christine Crocker, Candice Camille, Joyce Wright, and Perita Adams **2.** JinX Clark, Kelly Freeman-Garrett, Laura Dorsey, Linda Mathieu, and Lori Katawzcik **3.** Yolanda Johnson, Sharon Neighoff, Mary Murrill, and Diane Bria-Wharton **4.** Rachelle Jamerson-Holmes, Juanita Hall, and Joyce Wright **5.** Alisa Griffin, Nancy Kobel, Casey Coven, and Heather Dunkerly **6.** Liz Hostetler and Mia Anderson



# FREE STAGING

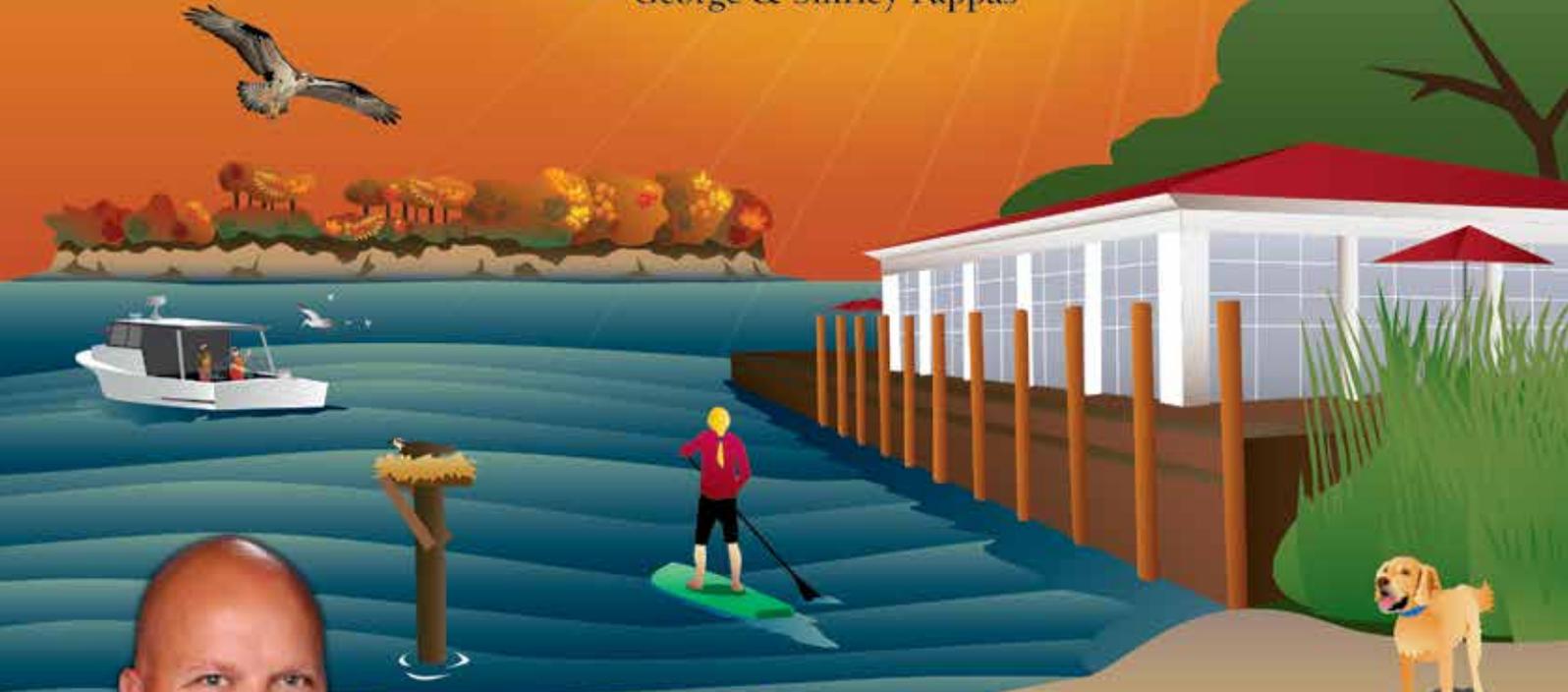
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## ↑ EYC Foundation Awards Scholarships

The EYC Foundation, the philanthropic arm of the Eastport Yacht Club, recently announced the awarding of \$20,000 in scholarships to a group of exceptional students who share a deep passion for water and boating. These scholarships will facilitate their pursuit of marine and maritime education, empowering them to make significant contributions to these industries.

Each student will receive \$1,000 per semester, contingent upon maintaining academic excellence and dedicating themselves to the Marine and Maritime Industries. Becky Ranzenbach, Chair of the EYC

Foundation, expressed her enthusiasm saying, “We are thrilled to provide support to these students as they embark on their educational journeys.”

For the 2023-2024 academic year, six new outstanding students have been selected to receive scholarships: Caleb Brockett from Adamstown, Luke Carter from Riva, Julia Kruesi from Annapolis, Beatrice Waterman from Catonsville, Archer Crane of Malvern (PA), and Zachary Hardy of Falls Church (VA). Congratulations to all. To learn more about the foundation, visit [eycfoundation.org](http://eycfoundation.org).

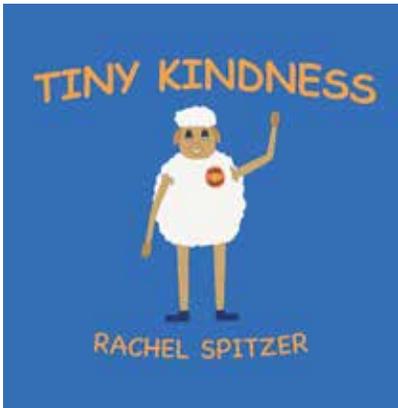


### CHARTING CAREERS HOSTS ORIENTATION NIGHT

Charting Careers, an Annapolis nonprofit focusing on youth education, hosted its fall semester Orientation Night on August 22nd at Pip Moyer Recreation Center. Twenty Annapolis elementary, middle, and high school students with their guardians registered for free academic tutoring, mentoring, family partnership, and exciting activities and adventures. As part of the evening, the students designed their home study spaces. Through a generous grant provided by the Parole Rotary, the students will receive items such as desk lamps, bulletin boards, and organizational bins to help them establish their personal study spaces.

Executive Director Erin Snell was joined by program staff, board members, and volunteers in welcoming returning scholars and greeting new families. Charting Careers has coalesced the resources of volunteers, public and private agencies, donors, sponsors, and state and county elected officials to provide resources for families living in communities with the most significant opportunity gaps.

Elementary and middle school students meet twice a week, in partnership with the Annapolis Maritime Museum, for evidence-based tutoring, building trusting relationships, mental health support, and college/career readiness education. For more information, visit [chartingcareers.org](http://chartingcareers.org).



## LOCAL TEEN AUTHORS CHILDREN'S BOOK

The Annapolis area sure does cultivate writing talent! Local 16-year-old writer/illustrator Rachel Spitzer has published a new children's book, *Tiny Kindness*. It's an adorable book full of humor and puns that shows the importance of small acts of kindness.

The protagonist, Tiny, takes readers on a tour of his town to experience the sites and meet his animal neighbors. Along the way, there's humor and lessons about how small acts of kindness can make a *big* impact.

Spitzer created the character of Tiny in middle school when she started the Tiny Kindness Campaign. She illustrated brochures to distribute to community groups and schools to promote kindness towards others in the hopes of having a positive effect on the mental health of children. Now, as a junior at Broadneck High School, she has expanded the world around Tiny, and plans to write more books to showcase his adventures in kindness.

The book is available on Amazon; simply search "Tiny Kindness."

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# Environmental Education Award Winner

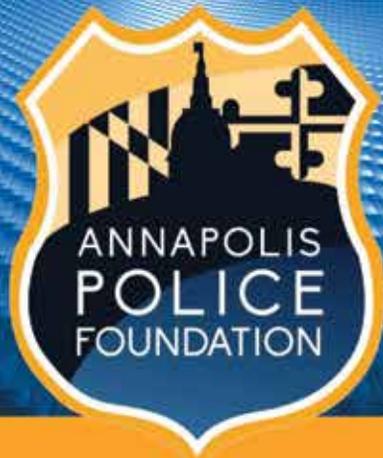


Dr. Susan Lamont, Biology Professor at Anne Arundel Community College, is this year's recipient of the Jan Hollmann Environmental

Education Award. The award was established in 1994 by leaders who worked with Jan in preserving the environment and recognizes an individual or organization that has been especially effective in achieving environmental education in Anne Arundel County, Maryland.

Dr. Lamont leads programs that take students out of the classroom and into the world to study their local environment. Each fall, Dr. Lamont leads students through the study of the effectiveness of invasive species removal that were undertaken by Maryland DNR in 2015. Students use standard ecological methods to measure the regrowth of invasive and native plant species in permanent plots set up in Corcoran Woods Experimental Forest. In the spring, Dr. Lamont facilitates a study monitoring the biota and water chemistry in vernal pools at Corcoran Woods with her students to investigate the factors that influence vernal pool inhabitants.

A graduate of the Anne Arundel County Watershed Stewards Academy, Dr. Lamont has also shared her expertise with students in Anne Arundel County Public Schools serving as a content expert for various speaking engagements. A special celebration was held at Arlington Echo on October 10th. Congratulations, and for more information, visit [srft.org](http://srft.org) or [aawsa.org](http://aawsa.org).



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Beyond transportation, the van creates moments that last a lifetime. We create memorable experiences & signature events for youth & young adults in the community...including our boxing program in partnership with USNA Boxing and the PAL, to Shop With A Cop (for Back to School clothes & Holiday Shopping), to Cooking With A Cop (to learn how to prepare healthy meals), Sailing With A Cop (on the CRAB boats), Fishing With A Cop and so much throughout the year each journey enriches lives and strengthens bonds.

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Donate Now to Drive Change To learn more about APF, visit [www.AnnapolisPoliceFoundation.org](http://www.AnnapolisPoliceFoundation.org)

If you have any questions, please connect with APF Chairman, Brian Finan at [BFinan@annapolispolicefoundation.org](mailto:BFinan@annapolispolicefoundation.org) Or APF Vice Chair, Judy Biddensick at [JBiddensick@AnnapolisPoliceFoundation.org](mailto:JBiddensick@AnnapolisPoliceFoundation.org)



Donate Now to Drive Change, visit: [AnnapolisPoliceFoundation.org](http://AnnapolisPoliceFoundation.org)



## ↑ ST. ANNE'S HEAD OF SCHOOL ANNOUNCEMENT

St. Anne's School of Annapolis' Board of Trustees announced Connie Coker as the next permanent Head of School—the announcement came in August, just ahead of the fall semester. Coker had served as the Interim Head of School over the past six months and previously held the Associate Head of School position. Since beginning at St. Anne's School in 2018, Coker demonstrated a child-centered approach to education. With twenty years of experience in education, she has taught in public, parochial, and independent schools, working with students, teachers, administrators, and families across Maryland, North Carolina, Japan, and Rwanda. Of the appointment, Coker shared, "I very intentionally chose St. Anne's School for my own children eight years ago because of the warm community, research-informed and evidence-based educational practices, family partnership, and commitment to diversity and intentional inclusivity. It is a great responsibility and true honor to support and lead the St. Anne's School community for years to come with joy, passion, empathy, and strength." Learn more at [stannesschool.org](http://stannesschool.org).

Do you have community or business news to publicize? Send What's Up? an email at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).

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TOWNE ATHLETE

# Ryan Jones

Annapolis Area Christian School  
Baseball, Soccer

By Tom Worgo

**A**nnapolis Area Christian School's Ryan Jones had a legitimate reason to be concerned. Coming off a 2022 baseball season in which he batted .406, Jones experienced his worst slump to start this past spring.

Jones, now a senior, was batting below .100 from the leadoff spot after six games. In previous seasons, he batted in the middle of the order displaying outstanding contact and power.

"I just wasn't seeing the ball very well," Jones explains. "I was grounding out, popping up, and striking out a lot. I feel the leadoff spot wasn't my thing." It affected Jones mentally. "I was thinking I wouldn't get recruited by a really good school," Jones says. "I'd be good for a junior college."

AACS Baseball Coach Matt Selmer understood Jones' concerns and moved him to the cleanup spot. Jones' hitting improved dramatically, along with his confidence—he batted nearly .400 the rest of the season.

Jones, a three-year varsity starter at shortstop and third base, also showed his tremendous work ethic—another big strength. "I took a lot of extra batting practice every single day," says Jones, who played club baseball this past summer for the Fredericksburg, Virginia-based Canes North Scout 17-U elite team. "I worked on drills with coach Selmer to see the ball better."

The 5-foot-11, 190-pound Jones now can put the fears about disinterest from colleges aside, too.

The college recruiting process got off to a good start with Centenary University in New Jersey offering him a spot on its team. In addition, Coastal Carolina, East Carolina, Virginia Tech, Mount St. Mary's, and McDaniel College recruited him.

"I always wanted to play college baseball ever since I have known you can get a scholarship for it," Jones says. "I was around 13 years old."

Jones visited five of those schools and ended up committing to Centenary in late August. The enthusiasm of a new coaching staff appealed to Jones who plans to major in sports management. "Playing at the next level is a huge accomplishment," Selmer says. "He had a couple of options. He found a school that really wanted him. They really saw how much of a quality of a player he is. It's a really good fit."

Canes North Head Baseball Coach Taylor Bloom adds: "I think he will be able to go to that school and immediately contribute in the lineup with his bat. I see him playing first base, third base, or even the outfield."

Besides playing for AACS, suiting up for several high-level club teams, including API Academy and the Lake Shore Blue Sox, has elevated Jones' level of play. The Glen Burnie resident has played baseball for 13 years overall.

"It has helped me see better pitchers, with higher velocity, and all-around hitters," Jones says. "I am able to get my bat speed quicker because we faced pitchers who threw 90 miles per hour."

Jones batted .347 for Canes North this past summer while also showing his ability as a pitcher, going 1-0 with a 0.95 ERA and allowing only 22 hits in 30 innings.

"I started coaching him back at API and he's always been a really consistent hitter for me," Bloom says. "He always came through when the game was on the line. He batted third and I wouldn't take him out of that spot because he was always driving in runs."

At AACS in 2023, Jones led the team in doubles (7) and finished second in on-base percentage (.403), slugging percentage (.426), and batting average (.324).

He batted .406 as a sophomore and .310 in his first year in high school.

“He is a clutch player and definitely a leader on the field,” Selmer says. “He leads by example and competitive drive.”

Jones is one of the best athletes at his school. He played football for two years, then started in goal for soccer the past two seasons.

“He is a true competitor and work-horse in all the sports he has done,” AACS Athletic Director Josiah Wolf says. “Everything he does, he succeeds in it. He picked up goalie so quickly and excelled at it.”

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.



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# Nonprofits You Should Know

COMPILED BY MEGAN KOTELCHUCK

A REFERENCE GUIDE OF THE REGION'S MANY NOTABLE CHARITIES AND ORGANIZATIONS

This month, we have made it easy for you to map out your charitable giving agenda. We present some of the many nonprofit organizations based in Annapolis, Anne Arundel County, and the surrounding region. Although we can't list them all, here are more than a few nonprofits you should know. For a list of those on the Eastern Shore, visit [whatsupmag.com](http://whatsupmag.com).



**100 Women Who Care Annapolis** Annapolis; [100womenwhocareannapolis.com](http://100womenwhocareannapolis.com); A giving circle of local women who want to support Annapolis area nonprofits by pooling donations to create a larger impact.

**21st Century Education Foundation, Inc.** Annapolis; 410-266-3287; [21st-education.org](http://21st-education.org); Match the needs of the public schools of Anne Arundel County and the resources of surrounding businesses, industry, and community.

**Alliance for the Chesapeake Bay** Annapolis; 443-949-0575; [allianceforthebay.org](http://allianceforthebay.org); Engages individuals, groups, businesses, and other environmental organizations and not-for-profit groups to develop collaborative solutions to improve, preserve, and protect the Chesapeake Bay and all its resources.

**American Red Cross of Anne Arundel County/Central Maryland** Annapolis; 410-624-2000; [redcross.org](http://redcross.org); Respond to disasters, assist members of the military, teach lifesaving skills, and serve as one of the largest blood suppliers in the United States.

**American Foundation for Suicide Prevention** Annapolis; [afsp.org](http://afsp.org); The work we do focuses on educating our communities about mental health and suicide prevention, advocating for public policy, and offering support for suicide loss survivors.

**Annapolis Community Foundation** Annapolis; 443-370-1785; [annapoliscommunityfoundation.org](http://annapoliscommunityfoundation.org); ACF serves the community by raising, managing, and distributing funds for the charitable purposes designated by its donors.

**Annapolis Green** Annapolis; 410-656-9420; <https://annapolisgreen.com>; Annapolis Green brings everyone together to create a healthy, thriving community and planet. Rather than focus on a single issue, Annapolis Green tackles a variety of challenges plaguing communities, motivating people to stand up for nature with programs that connect, inform, inspire and incite meaningful change.

**Annapolis Immigration Justice Network** Annapolis; 717-584-4860; [ainetwork.org](http://ainetwork.org); All-volunteer organization with the mission of building relationships with our immigrant neighbors in the greater Annapolis area.

**Annapolis Maritime Museum & Park** Annapolis; 410-295-0104; [amaritime.org](http://amaritime.org); Acquire, preserve, interpret, and exhibit artifacts, and photographic and archival collections that are part of the maritime history of the Chesapeake region.

**Annapolis Opera Company** Annapolis; 410-267-0087; [annapolisopera.org](http://annapolisopera.org); Foster singer development and opera education in our community.

**Annapolis Summer Garden Theatre** Annapolis; 410-268-9212; [summergarden.com](http://summergarden.com); Bring community-lead stage productions to downtown Annapolis during the summer.

**Annapolis Symphony Orchestra** Annapolis; 410-269-1132; [annapolis-symphony.org](http://annapolis-symphony.org); Produce, present, and promote memorable symphonic music that increases awareness, enjoyment, and appreciation of music for all ages throughout the region.

**Anne Arundel Community College Foundation** Arnold; 410-777-2515; [aacc.edu/about/aacc-foundation](http://aacc.edu/about/aacc-foundation); Solicits, receives, and administers private gifts, bequests, and donations to benefit students and to enhance the quality of teaching and learning at the college.

**Anne Arundel Counseling** Annapolis and Glen Burnie; 410-768-5988; [annearundelcounseling.com](http://annearundelcounseling.com); Counseling and therapeutic professionals dedicated to providing comprehensive treatment to children, adolescents, and adults through individual, family and group counseling.

**Anne Arundel County CASA** Annapolis; 410-222-3330; [aacasa.org](http://aacasa.org); Court Appointed Special Advocates' mission is to advocate for and support abused and neglected children to ensure their right to safe, stable, and permanent homes.



**Anne Arundel County Community Action Agency**

Annapolis; 410-626-1900; aaccaa.org; Working in partnership with various governmental and non-public organizations to alleviate the difficulties that beset households with low-to-moderate incomes.

**Anne Arundel County Department of Aging and Disabilities**

Annapolis; 410-222-4257; aacounty.org/aging-and-disabilities; This all-volunteer assistance organization is dedicated to helping seniors and the disabled.

**Anne Arundel County Food and Resource Bank**

Crownsville; 410-923-4255; afoodbank.org; Assist those in need. It is a free resource bank and no fees are required for its assistance.

**Anne Arundel County Library Foundation**

Annapolis; 410-222-1199; aacpl.net/foundation; Provide a margin of excellence and innovation in library services, above and beyond what core government funding can provide.

**Anne Arundel County Literacy Council**

Annapolis; 410-269-4419; ican-read.org; Provide free one-on-one tutoring in basic literacy and English as a Second Language (ESL) to adult residents of Anne Arundel County.

**Anne Arundel County Mental Health Agency**

Annapolis; 410-222-7858; aamentalhealth.org; Coordinate a com-

prehensive array of services in the Public Mental Health System for Anne Arundel County residents.

**Anne Arundel Medical Center Foundation**

Annapolis; 443-481-4747; luminishealth.org; Enhance the health status of the people they serve by providing patients with compassionate, high-quality services that will help alleviate pain, preserve health, and extend life.

**Anne Arundel County Historical Society**

Linthicum; 410-760-9679; aachs.org; Provide leadership in the preservation and exploration of shared history.

**The Arc Central Chesapeake Region, Inc.**

Severn; 410-269-1883; thearc-ccr.org; Advocate for the rights and respect of all people with intellectual and developmental disabilities living in Anne Arundel, Calvert, and all Eastern Shore counties.

**The Arts Council of Anne Arundel County**

Annapolis; 410-222-7949; acaac.org; Encourage and invest in the visual arts, performing arts, and historic preservation for the people of our county; as well as create a financial support system for arts organizations.

**Arundel Bay Area Chapter of Jack and Jill of America, Inc.**

Gambrills; abajjoa.clubexpress.com; Membership organization of mothers with children ages 2-19, dedicated to nurturing future African American leaders through leadership development,

volunteer service, philanthropic giving, and civic duty.

**Arundel House of Hope**

Glen Burnie; 410-863-4888; arundelhoh.org; To provide emergency, transitional, and permanent housing with supportive services for the homeless of Anne Arundel County.

**Arundel Lodge**

Edgewater; 443-433-5900; arundellodge.org; Provide psychiatric rehabilitation services to Anne Arundel County adults with severe and persistent mental illness.

**Arundel Rivers Federation**

Edgewater; 410-224-3802; arundelrivers.org; Uses science, restoration, and community action to make the South, West, and Rhode Rivers cleaner and healthier.

**Assistance League of the Chesapeake**

Millersville; 410-956-3988; assistance-league.org This volunteer organization is dedicated to improving the lives of children and adults through community-based philanthropic programs.

**Ballet Theatre of Maryland, Inc.**

Annapolis; 410-224-5644; balletmaryland.org; Promote interest in and the enjoyment of the dance arts in Maryland.

**Baltimore Washington Medical Center Foundation**

Glen Burnie; 410-787-4000; umms.org/bwmc; Provide the highest quality health care service to the community they serve.

**Banneker-Douglas Museum**

Annapolis; 410-216-6180; bdmuseum.maryland.gov; The museum, named for Benjamin Banneker and Frederick Douglass, is dedicated to preserving Maryland's African American heritage and serves as the state's official repository of African American material culture.

**Bay Community Health**

West River and Shady Side; 410-867-4700; baycommunityhealth.org; Provides Primary Care and Behavioral Health services to all ages in a Patient Centered Medical Home environment. Accepts uninsured patients and a variety of health insurances. Insurance Eligibility and Enrollment and Care Management services available at no cost.

**Bello Machre**

Glen Burnie; 443-702-3000; bellomachre.org; Dedicated to providing loving care, support, and services to children and adults with development disabilities either in the family's own home or in a safe and caring Bello Machre home.

**The Bernie House**

Annapolis; 443-951-5193; thebernie-house.org; Single family transitional home for the non-offending parent and children who have left an abusive situation.

**The Bill Sweeney Perinatal Care Fund**

Arnold; 410-991-4566; billsweeney-charity.org; The Bill Sweeney Perinatal Care Fund supports The Sweeney Center & SilverLeaf Counsel-

ing, Maryland's only freestanding perinatal palliative care and wellness clinic, dedicated to fostering the best standard of bereavement care for families experiencing pregnancy and infant loss.

**Bo's Effort**

Davidsonville; 410-790-9673; boseffort.org; Seeks to assemble community resources to break the stigma of mental illness through education and guidance as well as fund initiatives that offer awareness to families and individuals seeking to manage their illness and live healthy and productive lives.

**Box of Rain Foundation, Inc.**

Annapolis; 410-295-0104; amaritime.org/education; Teach life-building skills through maritime/boat building experiences for local youth-at-risk, targeting kids 9 to 14 years old, in honor of the memory of Lee Griffin.

**Boy Scouts of America, Baltimore Area Council**

Hanover; 443-573-2500; baltimorebsa.org; Prepare young people to make ethical choices over their lifetime by instilling in them the values of the Scout Oath and Law.

**Boys & Girls Clubs of Annapolis and Anne Arundel County**

Annapolis; 410-263-2542; bgcaa.com; Enable all young people, especially those who need the most, to reach their full potential as productive, caring, responsible citizens.

**The Brick Companies**

Edgewater; thebrickcompanies.com; Today, we exist to create memorable places for current and future generations. Our mission transcends the ordinary; we are guided by a philosophy we call our "Good Works." It's a commitment to environmental leadership and social responsibility that us as a company.

**Burrows Hill Foundation to Fight Friedreich's Ataxia**

Annapolis; 410-279-6950; burrows-hill.org; Established to raise public awareness, money for research, find a cure, and assist those affected by FA.

**Casey Cares Foundation**

Columbia; 443-568-0064; caseycares.org; Provides uplifting programs with a special touch for critically ill children and their families in eight states and D.C.

**Center of Help**

Annapolis; 410-295-3434; centerofhelp.org; Empowers, educates, and connects immigrants with resources to promote self-sufficiency and to advocate for the successful integration of the immigrant community into Anne Arundel County.

**Charting Careers**

Annapolis; 410-714-2909; chartingcareers.org; Ends the cycle of poverty in Annapolis by working individually with youth and their families while also addressing the systemic issues leading to poverty and inequities.



**Chase Brexton Health Care** Glen Burnie; 410-837-2050; chasebrexton.org; Provides a range of clinical services from primary medical care and behavioral health services to dental and pharmacy, among others, and welcome more than 40,000 patients annually.

**Chesapeake Arts Center** Brooklyn Park; 410-636-6597; chesapeakearts.org; Provides entertainment and education for adults and children including classes and workshops in visual and performing arts in dance, theatre, visual arts, and music.

**Chesapeake Bay Foundation, Inc.** Annapolis; 410-268-8816; cbf.org; Dedicated to the protection, restoration, and management of the Chesapeake Bay and its tributaries.

**Chesapeake Bay Trust** Annapolis; 410-974-2941; cbtrust.org; Provides grants to nonprofit organizations, community associations, civic groups, schools, and public agencies for citizen involvement projects relating to the restoration of the Chesapeake Bay and its tributaries.

**Chesapeake Children's Museum** Annapolis; 410-990-1993; theccm.org; Provides educational activities for children of all ages and income levels.

**Chesapeake Conservancy** Annapolis; 443-321-3610; chesapeakeconservancy.org; To conserve and restore the natural and cultural resources of the Chesapeake Bay watershed for

the enjoyment, education and inspiration of this and future generations.

**Chesapeake Crossroads Heritage Area** Annapolis; 410-222-1805; chesapeakecrossroads.org Protects and strengthens the natural, historic, and cultural resources of the Heritage Area.

**Chesapeake Environmental Protection Association** Galesville; cepaonline.org; Promotes good environmental practices through education and advocacy.

**Chesapeake Region Accessible Boating (C.R.A.B.)** Annapolis; 410-266-5722; crabsailing.org; Provides sailing opportunities for persons who traditionally have not had that option because of disability or economic circumstance.

**Chesapeake Youth Symphony Orchestra** Arnold; 443-758-3157; cyso-music.org; Provides young musicians with comprehensive musical and orchestral training for elementary through college-age students.

**Children's Theatre of Annapolis, Inc.** Annapolis; 410-757-2281; childrenstheatreofannapolis.org; Provides arts education for 5-to 18-year-olds through performances, workshops, technical stage training, internships, and apprenticeships in the theatrical arts.

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**Chris Gives Foundation** Millersville; 443-695-5008; A

501(c)(3) charity organization developed to continue the legacy of Chris Mohns, Sr., who helped many people get back on the road. CGF will provide help to individuals struggling to pay for auto repairs and other transportation costs.

**Chrysalis House** Crownsville; 410-974-6829; chrysalis-houses.org; Offers substance use and mental health treatment to women around the state.

**Coastal Conservation Association Maryland** Annapolis; 800-201-3474; ccamd.org; Advocates for and conserves the sustainability of Maryland's marine resources.

**Colonial Players** Annapolis; 410-268-7373; thecolonialplayers.org; Provide entertainment, education, training, and encouragement to all members of the community interested in participating in the dramatic arts.

**Community Betterment** Arnold; 410-394-9868; communitybetterment.org; Network of generous individuals who believe a simple gesture that touches just one life can positively impact an entire community.

**Community Foundation of Anne Arundel County** Annapolis; 410-280-1102; cfaac.org; Connects donors, nonprofits, and community leaders to strengthen our county through philanthropy, creating

a healthier community today and for generations to come.

**The Coordinating Center** Millersville; 410-987-1048; coordinatingcenter.org; Helps those with complex medical needs achieve a high-quality life.

**Downtown Annapolis Partnership** Annapolis; downtownannapolispartnership.org; Strengthen and sustain local businesses, recognizing that a vibrant and healthy business community is essential to the economic success of the city.

**Ellie's Bus** Anne Arundel County; elliesbus.org; Spread awareness of mental health issues and suicide prevention to teenagers across Maryland and across the country.

**Gigi's Playhouse** Annapolis; 410-517-7474; gigisplayhouse.org; Offers therapeutic, educational programs and tutoring for free, to support all ages, from families with a prenatal diagnosis through adult individuals with Down syndrome.

**Girls on the Run of the Greater Chesapeake** Annapolis; 410-635-9313; gotrchesapeake.org; This nonprofit prevention program for girls in 3rd through 8th grade educates and prepares girls for a lifetime of self-respect and healthy living.

**Girl Scouts of Central Maryland** Baltimore; 410-378-4242; gscm.org; Provide a place where girls are encouraged

to share and explore their hopes and dreams. Girl Scouting builds girls of courage, confidence, and character who make the world a better place.

**Giving Back Linda's Legacy** Severna Park; homelessdrive.org; Dedicated to helping the homeless and inspiring everyone to get more involved with volunteering.

**Greater Annapolis Design District** Annapolis; annapolis-designdistrict.com; We are a non-profit organization made up of members in over 60 independent businesses. Our members include architects, builders, designers, interior designers, and a variety of product and service providers and showrooms that support the design and build industry.

**Habitat for Humanity of the Chesapeake** Baltimore (regional office); 410-366-1250; habitatchesapeake.org; Works in partnership with families in need of housing to build simple, decent, and affordable homes.

**Hammond-Harwood House** Annapolis; 410-263-4683; hammond-harwoodhouse.org; To preserve for public education and enjoyment the architecturally significant Hammond-Harwood House Museum and its collection of decorative and fine arts.

**The Harbour School** Annapolis; 410-974-4248; harbourschool.org; Provides supportive, individualized education to students with

learning disabilities, autism, speech impairments, and other disabilities.

**Historic Annapolis** Annapolis; 410-267-7619; annapolis.org; Preserves the city's architectural legacy and unique historic character for future generations—and for residents and visitors today.

**Hope For All** Glen Burnie; 410-766-0372; hopeforall.us; Provides basic human necessities (i.e. furniture, housewares, clothing, and personal items) to families and individuals without sufficient economic resources.

**Hope House Treatment Center** Crownsville; 410-923-6700; hopehousemd.org; Dedicated to providing men and women who are battling alcohol and drug addictions with the means to become healthy and productive citizens.

**Hospice of the Chesapeake** Pasadena; 410-987-2003; hospicechesapeake.org; Provides physical, psycho-social, and spiritual support services to individuals living with and affected by advanced illness.

**Impact 100 Greater Chesapeake** Annapolis; impact100greaterchesapeake.org; We are women funding community—through organizations supporting the arts and culture, the environment, education, health and wellness, and families—right here in Anne Arundel County, Maryland.

**The Ivy Community Charities of**

**Prince George's County** Suitland; 301-702-7312; The Ivy Community Charities of Prince George's County, Inc. is committed to community outreach through education, health, the family, leadership development, cultural arts and economic empowerment.

**James' Place, Inc.** Ellicott City; 410-480-2334; jamesplaceinc.org; Raises funds to provide services to those with substance addiction and educates on the complex issues of substances.

**Junior League of Annapolis** Annapolis; 410-224-8984; jlannapolis.org; This organization of women is committed to promoting volunteerism, developing the potential of women, and improving the community.

**Kunta Kinte-Alex Haley Foundation** Annapolis; 410-295-9395; kintehaley.org; Spreads Alex Haley's vision of a world that celebrates ethnic diversity while honoring humankind's common, universal experiences.

**Langton Green** Annapolis; 410-263-3225; langtongreen.org; Helps people with developmental disabilities to live with the highest possible degree of independence and quality of life.

**Leadership of Anne Arundel, Inc.** Annapolis; 410-571-9798; leadershipaa.org; Provides people of diverse backgrounds with the education, resources, and networks necessary to become successful, proactive leaders.

**Leslie's Week** Annapolis; 410-263-5598; lesliesweek.org; Provides vacations away from cancer for Stage 4 Breast Cancer women and their families.

**Life of Joy** Millersville; lifeofjoyfoundation.org; We aim to nurture mental wellness and prevent suicide by serving as a link to integrative care of mind, body and spirit. We serve as advocates with our collaborative network of resources, community engagement and cost assistance programs.

**The Light House** Annapolis; 410-349-5056; annapolislighthouse.org; Helps rebuild lives with compassion by providing shelter and services to prevent homelessness and empower people as they transition toward self-sufficiency.

**Live Arts Maryland** Annapolis; 443-771-5198; liveartsmaryland.org; Enhances community life through performing a wide variety of music and to provide education programs for musicians of all ages. Programs include Annapolis Chorale, Annapolis Chamber Orchestra, Annapolis Youth Chorus, and St. Anne's Concert Series.

**Livewater Foundation** Annapolis; livewaterfoundation.org; Livewater Foundation is a dedicated group of paddle enthusiasts who are passionate about giving back to the community by facilitating water-sports programs and keeping our waterways clean.



**Maryland Coalition for Inclusive Education (MCIE)**

Baltimore; mcie.org; Promotes inclusion of students with disabilities in general education classrooms and neighborhood schools.

**Maryland Cultural & Conference Center (MC3)**

Annapolis; 410-626-6055; mc3annapolis.org; Creates a world-class performing arts center in our state capital to confirm Maryland's commitment and support of the importance of the arts in our society.

**Maryland Federation of Art**

Annapolis; 410-268-4566; mdfedart.org; Provides emerging and established artists with opportunities and enriches awareness of visual arts in communities across Maryland.

**Maryland Hall**

Annapolis; 410-263-5544; marylandhall.org; Provides entertainment and education for adults and children including classes and workshops in visual and performing arts in dance, theatre, visual arts, music, and health.

**Maryland State Library for the Blind and Print Disabled**

Baltimore; 410-230-2424; marylandlibraries.org; Provides support and awareness of the Maryland State Library for the Blind and Physically Handicapped.

**Maryland Therapeutic Riding**

Crownsville; 410-923-6800; horsethatheal.org; Provides therapy to special needs individuals with a range

of physical, mental, and emotional disabilities using high quality therapeutic riding program.

**Monarch Academy**

Glen Burnie and Laurel; 410-444-3800; monarchacademy.org; Tuition-free, public charter school that educates students to be self-motivated, creative, critical thinkers and life-long learners who are productive contributors to the global community in the 21st century.

**NAMI Anne Arundel County**

Arnold; 443-995-2222; namiaac.org; NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

**Nature's Sacred**

Annapolis; 410-268-1376; naturesacred.org; Inspires, informs and guides communities in the creation of public green spaces designed to improve mental health, unify communities and engender peace.

**Olivia Constants Foundation**

Annapolis; 443-949-7714; oliviaconstants.org; Supports and encourages individuals and organizations in their efforts to enhance the positive quality of individual, family, and community life.

**Opportunity Builders, Inc.**

Millersville; 410-787-0700; obiworks.org; Provides adults with developmental disabilities a motivational environment

offering vocational training, employment services, recreational activities, and support services.

**Oyster Recovery Partnership, Inc.**

Annapolis; 410-990-4970; oysterrecovery.org; Coordinates the Maryland effort to restore the oyster community of the Chesapeake Bay.

**Parents Place of Maryland**

Glen Burnie; 410-768-9100; ppm.org; Resource center for families with children who have disabilities or special health care needs.

**Partners In Care, Inc.**

Pasadena; 410-544-4800; partnersincare.org; Assists older and disabled adults to remain independent in their own homes by helping with transportation, handyman chores, and other neighborly tasks.

**Patuxent Riverkeeper**

Upper Marlboro; 855-725-2925; paxriverkeeper.org; Protects, restores, and advocates for clean water in the Patuxent River and its connected ecosystem.

**Pets with Disabilities**

Prince Frederick; 443-624-9270; petswithdisabilities.org; Provides humane sheltering and specialized vetting for those pets in need and provide support, resources and education for families whose pet has become disabled or those who are thinking about adding a pet with a disability to their family.

**Project Chesapeake** Annapolis; 443-214-5097; projectchesapeake.com; Strengthens communities through innovative, recovery-focused strategies and connects individuals seeking alcohol or drug abuse and addiction counseling services with the best treatment opportunities to promote long-term recovery and sustained success.

**Providence Center**

Glen Burnie; 410-766-2212; providencecenter.com; Provides day programs for nearly 500 adults with developmental disabilities.

**Rebuilding Together**

Severna Park; 410-923-9992; rebuildingtogether.org; Provides free services to Caroline County homeowners who are elderly or disabled, or households with children that face necessary but unaffordable dwelling repairs.

**Robert A. Pascal Youth and Family Services**

Severna Park; 410-975-0067; pascalcsi.org; Provides exceptional, comprehensive psychiatric and psychological care for children, adolescents, adults, and families in Anne Arundel County.

**Rotary Club of Annapolis**

Annapolis; annapolisrotary.org; Proceeds from the Rotary Club of Annapolis's fundraising efforts go to many worthy organizations in the area, with the aim of making life in Annapolis better for everyone.

**Sarah's House**

Baltimore; 667-600-2000; cc-md.org/programs/sarahs-house;

Provides safe shelter, daily meals, personal, as well as professional casework support for those in need.

**Scenic Rivers**

**Land Trust** Annapolis; 410-424-4000; srlt.org; A nonprofit, nongovernmental organization that assists landowners who want to protect and preserve their undeveloped properties. Land trusts craft and execute voluntary land protection agreements, such as conservation easements, with landowners who wish to conserve their properties and take advantage of financial incentives.

**Scholarships for Scholars**

Annapolis; 410-544-2341; scholarshipsforscholars.org; A nonprofit to award scholarships to graduating high school seniors who are county residents attending public and accredited private high schools in Anne Arundel County and home-schooled students living in Anne Arundel County.

**Second Chance**

Baltimore; 410-385-1700; secondchanceinc.org; A nonprofit that provides people, materials and the environment with a second chance. We deconstruct buildings and homes, salvage usable materials, and make those and other donated items available to the public for reuse at our more than 200,000 square foot retail center.

**Seeds 4 Success**

Annapolis; 410-533-3847; seeds4success.org; Provides children from low-income communities with the skills and support to

achieve success in school and life.

**Senior Dog Sanctuary**

Severna Park; 443-742-0270; senior-dogsanctuary.com; Providing a permanent safe haven for senior dogs who are unable to be cared for by their owners, who are abandoned or abused, or face euthanasia.

**Services from the Heart**

Severna Park; communityservicesfromtheheart.com; Provides children in need with weekly food backpacks over the weekend and holidays.

**Severn River Association**

Annapolis; 410-774-0317; severnriver.org; Connect the people who live, work, and play on the Severn River to restore and protect it for all of our communities.

**Severn Riverkeeper**

Annapolis; 410-849-2329; severnriverkeeper.org; To protect and restore the Severn River for our families and future generations.

**Sheppard Pratt**

Baltimore; 410-938-3000; sheppardpratt.org; Comprehensive psychiatric rehabilitation services and outpatient mental health clinic services for adults with severe and persistent mental illness.

**SPCA of Anne Arundel County**

Annapolis; 410-268-4388; aacspca.org; The SPCA exists to protect animals in Anne Arundel County from acts of cruelty and neglect.

**Special Olympics Maryland**

Baltimore; 410-242-1515;



somd.org; Provides year-round sports training and competitions to children and adults with intellectual disabilities and other closely related developmental disabilities.

**Start The Adventure in Reading Annapolis (STAIR)**

Annapolis; stairannapolis.org; Works with second-grade readers in Anne Arundel County Public Schools to help children improve critical early literacy skills.

**The Summit School**

Edgewater; 410-798-0005; the-summitschool.org; Educates children with unique learning styles to their full potential. Serving bright students with dyslexia and other learning differences.

**Unstoppable Joy**

410-422-6322; unstoppablejoyco.org; The cancer journey can be very lonely. Our mission is to simply be here for you and support your mind, body, and spirit. You are not alone!

**Vision Workshops**

Annapolis; visionworkshops.org; Provides innovative, dynamic, educational, and life-changing experiences for youth from underserved communities using the tools of photo-journalism.

**Walk the Walk Foundation**

Annapolis; 443-457-0216; wtwf.org; Faith-centered organization working to help children with fundamental needs.

**We Care and Friends**

Annapolis; 410-263-2874; we-

careandfriends.org; Supports the building blocks to create strong families and communities in areas affected by drugs, poverty, and crime in Annapolis and Anne Arundel County.

**The Well**

Baltimore; 410-589-6670; drinkatthewell.org; Community of women committed to transforming lives through long-term relationships, practical programs, and the healing power of love.

**Wellness House of Annapolis**

Annapolis; 410-990-0941; annapoliswellnesshouse.org; Provides strength and support for people and families living and coping with cancer.

**YMCA Camp Letts**

Edgewater; 410-919-1410; ymcaadc.org/campletts; Offers Traditional and Specialty Day Camps, Resident Camps, and a year-round Retreat Center.

**Yumi C.A.R.E.S. Foundation**

Ellicott City; 703-624-5482; yumicares.org; Therapeutic art program for pediatric hospital patients founded by Maryland's First Lady, Yumi Hogan.

**YWCA Annapolis and Anne Arundel County**

Arnold; 410-626-7800; annapolis-ywca.org; Provides environments where women and girls can thrive.

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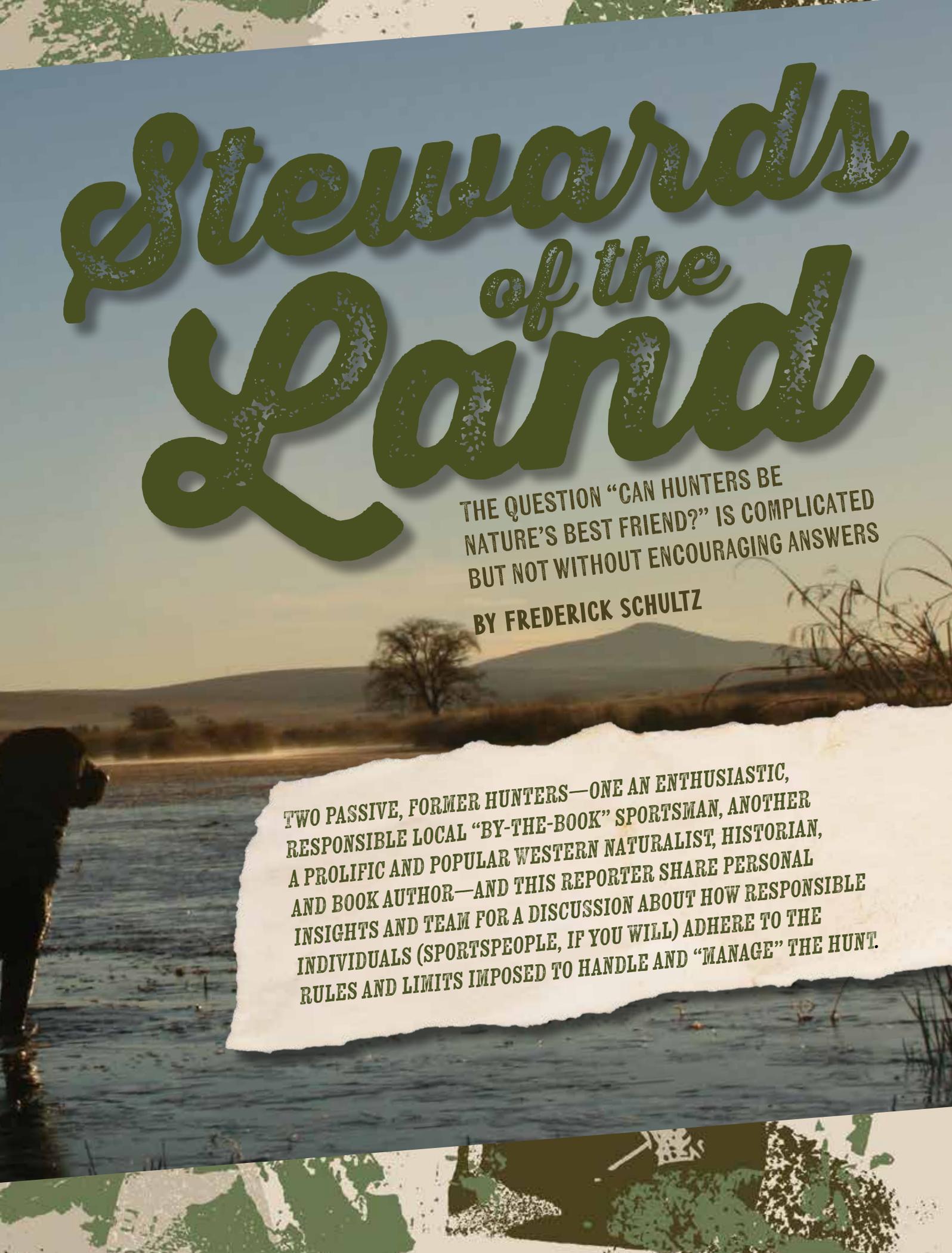
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A scenic landscape featuring a river in the foreground, a dog standing on the left bank, and rolling hills or mountains in the background under a clear blue sky. The text is overlaid on this scene.

# Stewards of the Land

THE QUESTION "CAN HUNTERS BE NATURE'S BEST FRIEND?" IS COMPLICATED BUT NOT WITHOUT ENCOURAGING ANSWERS

BY FREDERICK SCHULTZ

TWO PASSIVE, FORMER HUNTERS—ONE AN ENTHUSIASTIC, RESPONSIBLE LOCAL "BY-THE-BOOK" SPORTSMAN, ANOTHER A PROLIFIC AND POPULAR WESTERN NATURALIST, HISTORIAN, AND BOOK AUTHOR—AND THIS REPORTER SHARE PERSONAL INSIGHTS AND TEAM FOR A DISCUSSION ABOUT HOW RESPONSIBLE INDIVIDUALS (SPORTSPEOPLE, IF YOU WILL) ADHERE TO THE RULES AND LIMITS IMPOSED TO HANDLE AND "MANAGE" THE HUNT.

**T**here's something primal about taking to the woods and wetlands in search of elusive game. Setting aside for a moment the Second Amendment to the U.S. Constitution, many people choose to hunt wildlife to keep intrusive species in check and the freezer full. Answers to the questions posed here are as varied and variable as licensed state-government seasons, trespassing rules, and bag limits across the nation. The hunt can be quite a responsibility, and the subject itself in this context is wrought with all sorts of opinions and complicated definitions of exactly what a sportsman or sportswoman really is. Some hunters define the pursuit as sound stewardship of the land and a deep appreciation of nature. This reporter was at one time a hunter and can testify to the enormous obligation it is to follow the rules and laws. In short, why do people hunt?

My own hunting experience was a checkered one. Early on, I hunted (and was expected to do so) with my dad in the fields and fencerows around my house

about a half-hour from the Mason-Dixon Line. The quarry in small-game season was mostly rabbits and pheasants (the latter regrettably now depleted by field chemicals and over-hunting). My father could see the pheasants and rabbits sitting on the ground, continuing to urge me to “aim for their noses.” Which would have been sound advice if only I could have seen the animals myself. We usually bagged our “limit.” For some reason, my father never, to my knowledge, hunted for anything larger than the “small game” we pursued together, with our state-issued licenses also giving us the opportunity to hunt for deer, which we never did together.

When I married after college, I went for larger game (no correlation intended). We referred to the first day of male deer (buck) season as “World War III,” with the hunters descending on presumably private property or state game preserves. I had a perfect promontory behind my in-laws’ house, giving me the luxury of a ready-made hunting spot in the woods. In the morning of my first day of deer hunting, I mistakenly shot a doe, a female white-tail deer. Being



German short hair bird dog with pheasant.



A Sika buck does the classic deer response by stopping and looking back to find out what just made the strange sound.

the responsible hunter I thought I was, I immediately “field dressed” the deer and called the local Game Commission office, which sent a warden. “Well, it looks like you shot the wrong kind,” he said, as he wrote me a citation. He then took the female (or antlerless deer, which has its own season) heaved it into the back of his truck. So, not only had I been issued a citation (and hefty fine), but I wasn’t allowed to keep the deer for my own consumption. I was told later that in such situations, “wrong-kind” kills were routinely donated to needy known families or anonymous food banks. I later ultimately decided on what deer hunting meant to me. More on that later.

## FOR SPORT, HARVEST...BOTH

Also contributing to this story were Steve Flynn from Edgewater (who has rechanneled pretty much altogether his taste for killing wildlife, owing in part to his own health issues) and Tom Barnes of Dorchester on the Eastern Shore, a 30-year member of Ducks Unlimited who still fires weapons for sport but no longer hunts avidly. This is the point at which Barnes introduced me to the term “marsh ghosts” when referring to Maryland’s Sika “deer,” which aren’t deer after all, but wily miniature versions of elk.

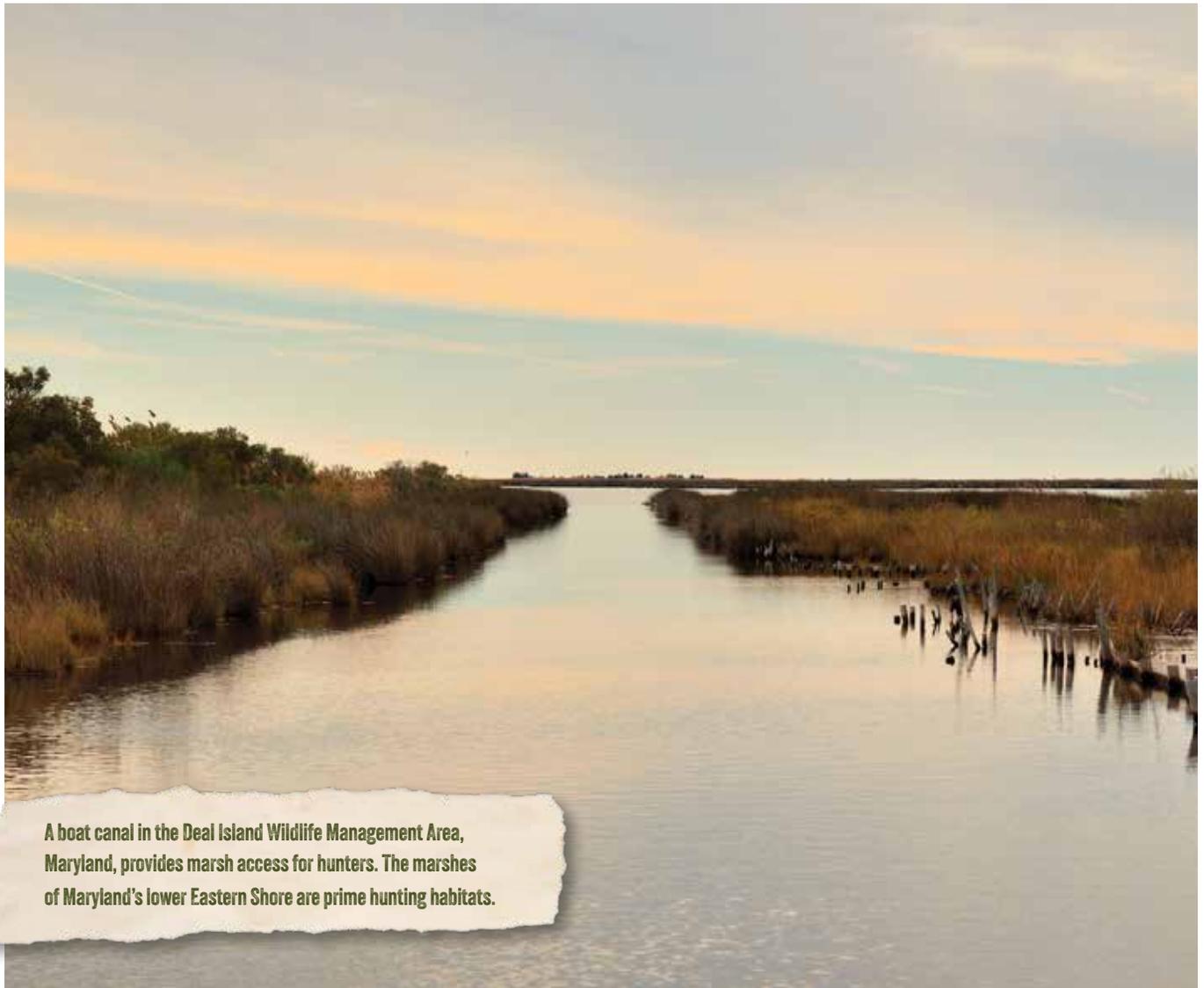
“Steve and I started leasing a farm near St. Michaels around 2004 or 2005 with two other guys,” Barnes tells us. “Every year, I contact the owner of the land to make sure everything is still all set for us for the upcoming season. He usually says, ‘I really appreciate you guys. I’ve had parties on that property who go in, kill a deer, chop off the head, and leave the carcass behind.’ He said the same thing happens with geese.”

Neither Flynn nor Barnes hunts as much these days in the traditional sense anymore, attributing their decision to waning interest in the prospect altogether—almost. We also spoke to Rob Ranes, who seemingly lives to hunt and thus also hunts to live, if his packed freezer is any indication. Ranes reflected for this story, “I follow all laws and limits, and it’s a lot to take in. The state of Maryland has many regulations in two different zones for deer and turkey. I hunt in both the western and eastern parts of the state, so I have to be up on regulations for both.

“I hunt with bow, rifle, and shotgun, and I never hunt out of season. All the guys who hunt with me go by the book. But I live by the call-in honor system Maryland has for deer. Some people will call in deer that they haven’t harvested just so they can shoot two bucks. Maryland has a law that if a hunter shoots a buck, he must shoot two doe in order to qualify for harvesting a second buck. It’s very hard to pass up a big buck when you’ve already harvested one. Believe me, I’ve been there,” Ranes laments.

“Hunting deer helps both farmers and the deer,” he says, “and a host of diseases also kill deer that spread to populated areas. The deer must be thinned out to survive. My hunting group once found seven deer dead because of water-borne bacteria.

“I hunt ducks and geese with a shotgun. One of the funniest things that’s happened to me was when I shot a drake wood duck and then a hen, which fell into the blind and landed on my friend. We still joke about that all the time. I’ve hunted Blackwater



A boat canal in the Deal Island Wildlife Management Area, Maryland, provides marsh access for hunters. The marshes of Maryland's lower Eastern Shore are prime hunting habitats.

Bay and Fishing Bay for Sika deer, but the best places are the tiny islands in Dorchester County. It's definitely the hardest hunt because of the flies and mosquitos. In most places, you need to wear chest waders. It's a real challenge."

What *about* sika deer? we asked rhetorically. "I love sika deer," Raney told us. "You can pass by a sika and not even know it, if they will hold tight in thick cover—not like a whitetail. You can walk right past a sika."

## A TRUE GOOD FRIEND OF NATURE

For this story, we also went straight to one of the foremost thinkers about it all, acclaimed author and sportsman Paul Schullery, self-described as "someone who's devoted much of my professional career (the lion's share of it in Yellowstone National Park) to the big questions of how we relate to nature," he recalls.

Schullery contends that sportsmen "have had an enormous and continuing influence for good in both nature appreciation and the conservation movement." He adds that "among large portions of the public they (hunters) are still not given sufficient credit for their contributions."

There is a huge and almost venerable body of literature, both popular and scholarly, on differing approaches to "appreciating" or "loving" or "being the best friend" of nature (Schullery told us he called his history of Yellowstone Park, *Searching for Yellowstone*, because we keep reconsidering what nature even is and how we should come to terms with it). In the realm of historical perspectives on where hunting fits in modern human relationships with nature, Schullery mentioned two books that he thinks set a framework for thinking about the debate. He offers them only as "examples of the state-of-the-discussion in modern times."

First, a milestone and still controversial scholarly book, historian John Reiger's *American Sportsmen and the Origins of Conservation*, originally published in 1976 and now in its third or fourth revised edition, is a primary landmark in modern discussions of this issue. It laid out much of the frankly irrefutable historical evidence that late-19th-century sportsmen were a significant leading political and social force in the rise of a conservation movement.

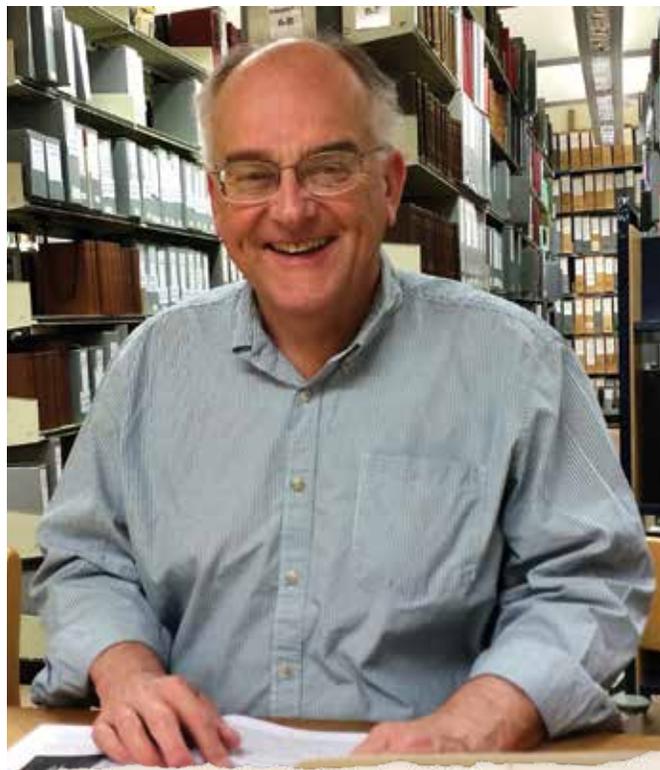
Second, Daniel Herman's *Hunting and the American Imagination* (2001), a much broader and necessarily more nuanced study, established among other things that over the course of the 19th century and into the early 20th century, leading thinkers of the American hunting culture slowly redefined themselves, going from "kill-'em-all" slaughterers to forward-thinking conservationists who made use of the best available science in their approaches to nature."

But it's important for perspective, Schullery warns, "to keep in mind that though sportsmen love to invoke those leaders, the great names—Theodore Roosevelt, George Bird Grinnell, Aldo Leopold, and so on—they often do so to the exclusion of paying enough attention to the other less heroic or savory opinions and behavior in the ranks. Just the fact that state and federal management agencies must employ battalions of wardens and rangers, and that poaching is still such a huge problem everywhere, is all the proof needed that hunters aren't all mindfully united, which is the biggest reason that sweeping generalizations about how wonderful hunters are simply won't serve the discussion here."

## IT'S A PERSONAL DECISION

Getting back to this reporter's own "big-game" hunting experience, one incident has served to eliminate altogether the thought of hunting as a "sport." The principal and personal reasons for hunting are as varied as the personalities of those who pull the trigger. My last hunting experience was a deeply personal incident that even affected any thoughts of occupying a duck blind waiting for the birds to fly directly into the shooters' line of sight. For me, that just wasn't hunting. It was more an exercise of waiting. Somehow, it just wasn't real for me.

My final deer-hunting experience was so disturbing to me that, despite the good that hunters do in being good stewards and nature's best friend, it turned



Paul Schullery is the author, co-author, or editor of more than 40 books and numerous articles with titles including *The Bears of Yellowstone*, *The Grand Canyon*, *American Bears*, *Mountain Time*, *Searching for Yellowstone*, *America's National Parks*, *Real Alaska*, *Lewis and Clark Among the Grizzlies*, and *This High, Wild Country*.

out to be my last reckoning with the shooting sports. On that outing, I was standing on a dead tree stump at the aforementioned spot in the woods behind my in-laws' house, when a deer walked just past me, and I took a shot. As I jumped off the stump, the deer had slumped to the ground, then taken off running down the hill. I then soon heard a second shot, hoping another hunter had put the poor thing out of its misery. I tracked blood spots on the fallen leaves for about a quarter-mile, but never came upon a wounded deer, nor a hunter. I had hoped that the shot I heard had put it down, but I had no evidence of it, and I had visions of the creature bleeding to death in the woods. It was my final deer hunt.

All this is meant in the spirit in which it was written. Hunting is a personal thing, and for the most part, hunters are, indeed, in their own ways, "stewards of the land" and often also simultaneously, "nature's best friend," this latter assertion being a principal reason that most people hunt, anyway.



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# Firm in Their Investments

How an Irish immigrant and his sons established the nation's first and longest-running investment company

By Ellen Moyer

**i**n the early 1800s, Americans were the most optimistic people on earth. Self-assured, independent, and egalitarian in perspective, they believed in American exceptionalism. With great faith in the future, they welcomed immigrants and innovation to harness a wealth of natural resources. Indeed, the presidential era that began with James Monroe and included John Quincy Adams was called the “era of good feelings.”

In 1807, Robert Fulton revolutionized transportation, essential to economic wellbeing, with his invention of the steamboat that ploughed the Hudson River, the Mississippi, and a network of river highways. By 1845, the tone was set for President James Polk to open the country from the Atlantic to the Pacific. By 1849, he had increased U.S. territory by one-third, adding Texas, the southwest territory, California, and the Oregon territory...our nation’s Manifest Destiny complete.

Americans, most living on farms, were generally cash short but their enthusiasm for the future was strong. Poet Walt Whitman’s collection *Leaves of Grass* celebrated America with the poem “I Hear America Singing.”

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*“The varied carols I hear...the hard-working mechanics and carpenters and boatman and mothers...each singing what belongs to him or her and to none else.”*

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Despite the hardships, hard work, and risks, there was an enthusiasm for America as “heaven on earth.” This enthusiasm was evident in Baltimore. A young, growing city with a superior harbor, Baltimore became the United States’ second largest city by



1850. And it was during this age of optimism when a businessman from Ireland emigrated to Baltimore.

Alex Brown, a linen merchant with his own ships, set up shop in a cash-starved new nation as an investment firm. The private corporation would dominate Baltimore for 200 years. It was the first investment bank in the United States and became the nation’s oldest. It would be several decades before JP Morgan and other European investment firms would set up shop in the new United States.

Strapped for cash, the U.S. banking system couldn’t keep up with the industrialization demands of a rapidly growing nation. Economic, social, and cultural history cannot be easily separated—they meld together like a horse and carriage. And Alex Brown was in the right place at the right time.

**An 1827 engraving of Alexander Brown by John Wesley Jarvis.**

The Alex. Brown & Sons Building still stands today (though it is closed to the public)—a testament to the family legacy of finance and building an industry of wealth.

During its beginning in the early-1800s as the first investment banking firm in the U.S., Alex Brown organized the first public offering (IPO) supporting what would become a public utility, the Baltimore Water Company—a business to provide clean and safe water to Baltimore residents. (The concept of IPO offerings dates to the Roman Republic, with stock shares sold near the Forum and the Temple of Castor and Pollux by publicani. This action was discontinued in the Roman Empire.)

In 1810, Brown was joined by his sons and the company was named Alex. Brown & Sons. His sons would establish firms in Philadelphia, Pennsylvania, and Liverpool, England, and were served by a fleet of ships that transported tobacco and cotton. By 1828, the company would play a leading finance role in founding America's first railroad, the Baltimore and Ohio. Brown's son George was a pioneer in the railroad industry, which would push westward to the Ohio River and become an economic salva-

tion for the port city of Baltimore. The line continued service through the Civil War and transported commodities and people west across the states until 1987.

By 1834, Alex. Brown & Sons was proclaimed "America's foremost international banking enterprise in the 19th century." That same year, Brown died but by then had become one of the nation's first millionaires. His sons continued with the firm.

In 1852, "Uncle Toms Cabin" by Harriett Beecher Stowe, heralded things to come in the decades of crisis over slavery. The Civil War would break the bubble of the "feel good times." Inflation moved \$6.17 in groceries to \$68.72 in just a few short years and took the starch out of the populous in the latter part of the 19th century.

But the investment company remained successful and became a leading innovator by rebuilding businesses in the South after the Civil War. Years later, in 1933, it joined the New York Stock Exchange. The company continued its pioneering efforts by focusing on healthcare investment and helping launch IPOs for Microsoft, Oracle, and Starbucks, among many others. Its headquarters is an architectural gem of a building built from local Beaver Dam marble that survived the Great Baltimore Fire of 1904.

For the next 100 years, Baltimoreans considered Alex. Brown & Sons a symbol of strength, as its go-to, trusted investment firm. Over the years, the company would adjust and adapt as culture changed until it was acquired by Deutsche Bank in 1999, and eventually became a division of the Raymond James financial empire.

In 2000, Alex. Brown & Sons celebrated its 200th anniversary to Baltimoreans' applause and memories of good will. In the years since, social and economic networks and international culture have changed, but Alex. Brown & Sons identity as Baltimore's special investment firm remains in place.



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PHOTO: JOSEF MCHAVI

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# HOLIDAY GIFT GUIDE 2023



1.

**1. Sonja Holleman, Turquoise and Conch Shell Necklace, \$90, Gallery 57 West, 57 West St., Annapolis, 410-263-1300**



2.

**2. Hand-Painted Annapolis Ornaments.** Once again, Historic Annapolis has partnered with a local artist to create a beautiful line of hand-painted glass ornaments depicting historic properties in the Annapolis, Maryland area. The Historic Annapolis Store, 77 Main St., Downtown Annapolis, 410-267-6656, [annapolis.org/shop](http://annapolis.org/shop)



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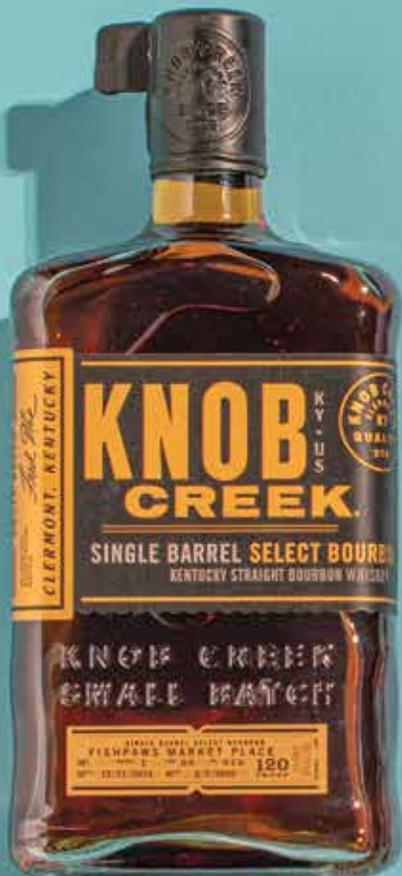
**5. David Murphy, Coaster, \$7 each, Gallery 57 West, 57 West St., Annapolis, 410-263-1300**

**1. Sip In Style!** Elevate your whiskey experience with Fishpaws premium single barrels. Check out our website for Single Barrel tasting events. Fishpaws Marketplace, 954 Ritchie Hwy, Arnold, 410-647-7363, fishpawsmarket.com

**2. Sonja Holleman, Jade, Pearls and Rubies Necklace,** \$150, Gallery 57 West, 57 West St., Annapolis, 410-263-1300

**3. Annapolis Collector's Ornaments,** hand-painted in Ukraine, \$39.99, Homestead Gardens, Davidsonville & Severna Park, 410-798-5000, homesteadgardens.com

**4. Julie Heath, Mixed Media Oyster,** \$15, Gallery 57 West, 57 West St., Annapolis, 410-263-1300



1.



2.



3.



4.



5.

**5. Steak & Bourbon Dinner.** Five-course menu. Nov. 13, 6:30 pm. \$125/person excl. tax & gratuity. Harvest Thyme Tavern, 1251 W. Central Ave, Davidsonville, 443-203-6846, harvestthymetavern.com

# HOLIDAY GIFT GUIDE 2023



1.



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3.



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6.



7.



8.

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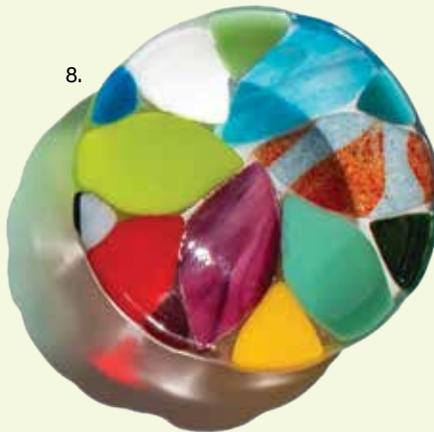
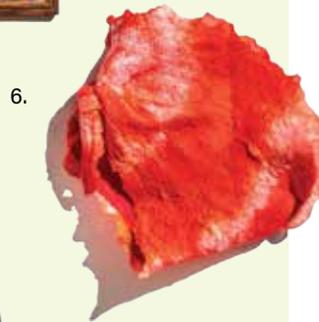
**6. This sterling silver necklace and bracelet** are ideal style partners for both weekday and weekend fun. Blanca Flor Silver Jewelry, Annapolis, 34 Market Space, Annapolis, MD 21401, BlancaFlorSilverJewelry.com

**7. Mauritius jackets** are individually handcrafted with Europe's highest quality of leather. There are several styles available including classic & speciality. Scout & Molly's Annapolis at The Annapolis Town Center, 443-837-6076, scoutandmollys.com

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# HOLIDAY GIFT GUIDE 2023

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Gallery 57 West



1. **Dorothy Banzon**, Oil Painting, \$80

2. **Anne Delano Weathersby**,  
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3. **Regina Labofish**, State  
Ornaments, \$15 each

4. **Susan Gillig-Grube**, Mixed  
Media, \$65

5. **Wayne Laws**, Acrylic Painting,  
\$150

6. **Joanne Graham**, Felted Neck  
Warmer, \$65

7. **David Murphy**, Coasters, \$7 each

8. **Selma Manizade**, Fused Glass  
Bowl, \$40

9. **Audrey Lee**, Giclee Print, \$45

10. **Jessica McGrath**, Solar Quartz/  
Moss Agate Earrings, \$300

11. **Joe Foley**, Laser Cut Wood, \$60

12. **Tina Van Pelt**, Fused Glass  
Platter, \$95

13. **Terry Bydume**, Hand Woven  
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14. **Kay Fuller**, Acrylic Painting, \$125

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- #7 K-12 Private School in Maryland

By Gary Jobson

# College Primer:

# Make the Grade to Get In

COLLEGE ADMISSIONS ADVICE AND KNOW-  
HOW FOR BOTH PARENTS AND STUDENTS

The process of applying to and being accepted to attend a college is an exciting, emotionally charged experience for high school students and their parents. Our three grown daughters each now have both undergraduate and master's degrees. My wife and I feel great satisfaction that they were all able to attend their first college of choice on their respective lists. For me, the months spent with each daughter, looking through brochures, attending college fairs, meeting with guidance counselors, and visiting colleges were some of the most rewarding days of parenting. Along the way there were equal amounts of hope and anxiety.

Let there be no doubt that it is hard to get into many colleges. Adding to the complexity the trend today is for high school students to apply to multiple institutions. This puts a strain on admissions staffs because of the large number of applicants compared with the number of students who eventually attend. My advice is to focus on three to five possible colleges, and then work hard to provide a compelling application to encourage acceptance for admission.

With so many colleges being "very selective," every piece of information is important if you hope to stand out among other students from around

the country. Customizing your essay and application specifically for each college will be noticed by the admissions board. Every part of the application should be filled out accurately and on time.

There are many criteria for selecting the best college for you. These include academic offerings, size of the campus, available sports, geographic location, student life, religious affiliation, reputation of the institution, tuition fees and other costs (more on this in a moment), scholarships, quality of housing, and the ability to get a good job, or acceptance to post-graduate program following



graduation. For a high school student it easy to be influenced by a single factor like a big time football team, or a great location. I believe every factor has value, but using the college experience for your ultimate career should be the highest priority.

The cost of attending college today is astronomical. This became shockingly apparent to me when I calculated the cost to send all three of my daughters to college, using a four percent inflation factor. At that moment, I stepped up the pace of my career and started saving. I gave up on the idea of having a big house on the water. College funds became my focus. We set up 529 accounts and additional savings plans. Today, all three have their own families and careers, and no college loans to pay off. I have told them that, they too, should be saving now so that when their children head off to college they will be ready to pay for it.

While the campus visit is not required by many colleges, I believe it is absolutely essential. If you do visit a campus, take the time to sign up and do an interview with an admissions officer. This is an important time to sell yourself to someone who makes the decision of who attends. Be sure to dress appropriately for the occasion. Yes, good grooming still counts in this age of casual living. Have a list of questions ready to ask, even if you already know the answers. When the interviewer speaks, listen carefully and follow up with additional questions that might come to mind. A back and forth exchange is appreciated and noted by the admissions official. Learning to ask good questions is an important attribute in any career.

Colleges are academic institutions, therefore good grades and high test

scores are important. To prepare for college boards, an online prep program may be a good idea (like that offered by Kahn Academy). Individual tutors can also be helpful. Taking Honors courses in high school, as well as taking Advanced Placement exams, is also helpful. But take caution—a course load that is too much will not be in your best interest. Remember you are more than just the grade in a class, and a balance between your extra-curricular undertakings and academic life must be struck.

Being a skilled athlete can help gain entrance. Coaches often have the ability to give an admissions office a short list of names of highly motivated athletes that will represent the college well in competition. Sailing helped me get into my college many years ago. I was also the editor of my high school newspaper, and later became the editor of my college newspaper. Little did I know that a career in journalism as a television producer and writer would become my calling. The seeds of a career are sewn early in life, even if you don't recognize that fact at the time.

Learning about a college from alumni can be a valuable resource. I was influenced by two All American sailors who attended the State University of Maritime College ahead of me. I was inspired by their stories about how they improved their sailing skills, and how it helped them with their careers in the maritime industry. Alumni can be helpful by writing letters of recommendation. Before someone writes a letter on your behalf take the time to talk about your strengths and aspirations. See if you and the writer can come up with a narrative that sets you apart from other applicants.

Most applications require at least one essay. Take these seriously and make

sure your work is absolutely original. A famous writer once told me that the trick to good writing is "re-writing." Anytime you can cut 10 words down to four you are making progress. The essay topic can be almost anything, as long as it is creative and well written.

As a senior nears graduation there is a tendency to slack off in the final months. Colleges review grades at the end of high school. If they see a sudden downfall an acceptance letter can be rescinded. Most colleges have a long waiting list and will gladly accept someone who continued working hard. For younger students preparing for college, working to earn good grades needs to start early. Sometimes young people don't realize the power they have to set themselves up for productive careers when they are young.

Social media is also popular with young people today, especially as they share word of their collegiate aspirations. But a word of caution—students should be careful about what they post on the Internet. Unflattering pictures and inappropriate comments are easy to find and can be the reason for disqualification from college admissions. Behavior is something colleges care deeply about because it reflects how you potentially might act as a student.

Once the application process is over, and hopefully a student has been accepted to two or more colleges, it is time for the big decision. The final decision should ultimately come down to where you will receive the best preparation for your future: academically, socially, or spiritually. You want to have the chance to fulfill as many interests as possible, and be challenged to explore new opportunities. Your college choice must prepare you for the next chapter of your life.



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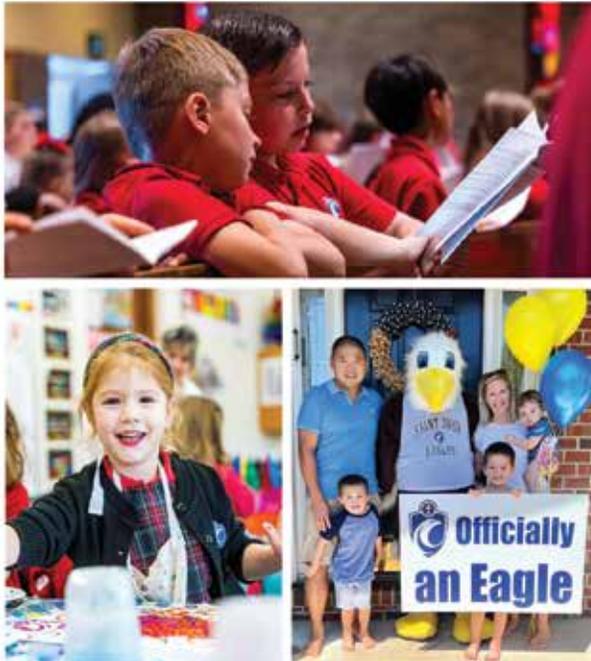


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BY LISA HILLMAN

# After the Storm

PUSHED BY MOTHER NATURE, SPCA OPENS  
A RENOVATED AND EXPANDED SHELTER



The call came in Friday morning, August 5, 2022, at 6:30 a.m. Kelly Brown, President of the Anne Arundel County SPCA, was home in Crownsville and, as yet, unaware of the destruction. The SPCA's caretaker, who lived on the grounds, was calling to report major damage. An overnight tornado had ripped off the roof of the intake building, rolling it back like the lid of a sardine can. Beneath the rubble some 50 cats and dogs hovered, leaving them exposed to rain, wind, and fear.

Brown's first reaction, "Are the animals okay?" quickly transitioned to "We have to get the animals out."

With every dog run already full, a countywide emergency effort began. Dogs were sent home with staff and volunteers. Foster families arrived to take in temporary pets. Cats were cushioned in corners of adjacent buildings where cages suddenly sprang up.

But the storm's message was clear.

As the animals were moved out or sheltered in makeshift spaces on the grounds, expansion plans for the 100-year-old animal welfare organization—already years in planning—would have to move up.

Or as Brown says, "Mother Nature pushed us."



## PANDEMIC PRESSURE

Think of your grandmother's attic. An overstuffed closet. The trunk of a car taking a kid to college.

In the months following the loss of the intake building, Brown and her team utilized every square inch of space within the SPCA's two remaining buildings: The Mary E. Parker Shelter that opened in 1986 and the original administration building, built in 1920. Not only did they have to house dogs and cats formerly cared for in the damaged building, but also a rising tide of pets following the pandemic. Both Brown and Operations Manager Christopher Jimenez, who has been with the SPCA since 2013, lament a recent spike in surrenders. Most telling, they are seeing dogs about two years-old, many not spayed or altered.

***"It's pretty clear the breeders kicked up during Covid,"*** Brown notes.

The increase in surrendered pets adds even more stress to a facility already under pressure. A behind-the-scenes tour reveals the staff's determination to ensure each animal's care, regardless of where they are housed. Cages share areas designated for other purposes in almost every room, including the food pantry, supply areas and clinic.

One quickly gets the sense that animals are "everywhere"—albeit safe, clean, and well-attended. Brown's most common refrain "It's all about the animals" echoes throughout the buildings. Even in her office, a small, cramped space off the administration building's lobby, there is a feline or two. As Brown answers phones or speaks with staff, a handsome, large gray male cat named "Jimmy," plops down on her desk, softly thumping his tail. And another, "Cat Woman," who a few years ago was too terrified to emerge from behind the toilet, now purrs in her lap, white paws kneading her arm. A staff member in a nearby room works alongside a medium-sized, black lab-mix snoozing happily at her feet. "He just needed some time out of his crate," she says.

## No Kill

Spend any time at the SPCA and it becomes clear that its pace, priorities, and personality very much reflect that of its president.

Raised in Anne Arundel County, Kelly Brown had a successful career in retail, fashion, and interior design before she met SPCA board member Fred Graul. She was helping with a gala to benefit Anne Arundel Medical Center when Graul recruited her for the SPCA. Today, he speaks of her almost with reverence. "She's more devoted than anybody I know. She lives the SPCA."

In the last ten years, the SPCA has undergone dramatic changes. Probably most profound is its status as a "No kill shelter." Adopted in 2013, the shelter implemented the program over two years. Although no agency officially sanctions "No-kill," the moniker means an organization has at least a 90 percent placement rate for their animals. It also means medical care is available and euthanasia is rare.

When "euthanasia" comes up, Brown turns quiet. She clearly doesn't want to address letting an animal go and says, "it happens rarely." Even when an animal is brought to the shelter for that reason, staff counsel the owners to find a way to treat the pet and save it for adoption.

That includes behavioral issues as well. Each animal is evaluated not only medically, but also "mentally." The SPCA frequently pays outside professionals to board and train dogs to get them adoptable. As Brown notes,



***On the night/early morning of August 4th into the 5th of 2022, a tornado blew through Annapolis, directly striking the SPCA facilities (pictured above left). Extreme damage necessitated the relocation of the sheltered animals and prompted a major reconstruction/renovation of building. Also pictured is the rendering of the new facility, slated to open by the end of this year.***

“Sometimes the trainer falls in love with the dog and adopts him.” She also acknowledges the team is cautious in finding professionals whom they trust.

The no-kill stance has prompted other changes. The adoption procedure was modified to ensure there is a “good fit for both the people and the animals.” While some applicants complain that the process is very extensive, it has helped promote a very low return rate, estimated at just 3 percent.

No-kill also necessitated expanding medical services. The shelter offers low-cost vaccination and spay-and-neuter clinics for the community. During Covid, staff and volunteers streamlined vaccinations with a “drive-through” process.” Owners remained in their cars as volunteers escorted their pets into the clinic.

A full-time veterinarian is on staff to handle most of the animals’ needs, as well as spaying and neutering, a mandate for all dogs and cats. When an animal needs more extensive care, the shelter turns to area veterinary practices that discount their fees. Nevertheless, medical care is very expensive. Costs can top \$150,000 a year. A designated fund—The Besty Medical Fund—encourages donations for extraordinary medical care that the shelter cannot perform, such as x-rays and surgery.



**“We raise money to save as many as we can. The community has embraced our no-kill status and supports us. We are very transparent in what we do,”** —Kelly Brown

## Dog Walks

With a staff of 30 full- and part-time employees, the SPCA cherishes its cadre of some 450 volunteers. Like the animals in their care, volunteers at the SPCA seem to be everywhere. “We’re always looking for volunteers,” Jiminez says, “Especially those who want to walk dogs.”

All dogs get walked at least twice a day. Volunteers can choose their canine companion and head off to one of several wooded trails on the SPCA’s 11-acre property. Volunteers help socialize kittens and cats. They also assist with spay and neuter and vaccination clinics, washing and folding hundreds of blankets and towels daily, and outreach and fundraising events.

The only requirement is a commitment of six hours per month. While many volunteers are retired, a Parent-Teen program allows for adolescents as young as 13 to participate, as long as there is a parent or adult present. Brown says parents often report that they see positive changes in their teenagers. “It’s a feel-good place,” Brown says, with Cat Woman still purring by her side.

## Reaching Out

Annually, the SPCA hosts several programs and events that attract thousands of animal-lovers. Events like Walk for the Animals, the Puppy Plunge and numerous dog-friendly wine tastings, cruises, and walks, convey the SPCA’s core mission—to provide shelter and humane care for homeless animals, and to see every animal safely adopted by a loving family.

**Paws at the Mall** was a dream of Brown’s for years. And in 2020, the SPCA opened an adoptions and retail outlet in the family wing of the Annapolis Westfield Mall. Located across from the Anne Arundel County Public Library branch, “Paws at the Mall” showcases cats and other “Smalls,” like guinea pigs, hamsters, sugar gliders, and rabbits. Wildly popular, the outlet has been responsible for the adoption of more than 1,700 animals and merchandise sales that support SPCA operations. The site was the lead subject of a recent NBC national news story on creative uses by malls to attract and entertain shoppers.



**Lights on the Bay** was acquired from Luminis Health's Anne Arundel Medical Center in 2017. Lights on the Bay is a holiday light show that features a two-mile scenic drive through Sandy Point State Park. Open from Thanksgiving through New Year's, it delights children and families and raises significant support for the shelter.

**Fundraising**, in general, includes several smaller events and campaigns throughout the year. With an annual budget of approximately \$2 million, donations are critical. Like many nonprofit organizations, SPCA relies on the generosity of donors to sustain its work. The no-kill status, while cheered by the community, adds to costs. As its website states, "There is no time limit placed on how long an animal is available for adoption." The average shelter stay is a few weeks to months, but some animals stay for years.

## A Philosophy that Puts the Animals First

Operations Manager Chris Jimenez is grateful he was with the SPCA during its transition to the no-kill era. Responsible for both employees and volunteers, Jimenez is careful about hiring. "Most of the staff come with the right mindset," he says. "If there are differences, it usually comes from a place of care. If we're not happy as a team, it's not best for the animals."

Safety concerns—for both the people and animals—are high on his list. A large man, he emphasizes that it is not size or race that matters. "It's about your personality, your energy. If you are not calm, cool, collected, and confident, it's not good for the animals. If you're flighty or insecure, the animals will pick up on it."

Cody is an example. The 100-pound Malamute/Husky, stunning with a thick gray,

black, and white coat, enjoys a cage in front of the administration building. While he lounges peacefully outside in good weather, Jimenez says Cody is very discerning about his caretaker.

"A dog will let you know if he is comfortable with you. If in doubt we get a trainer. Cody has a small group of people he is comfortable with. He still gets walks, but just with that small group."

What disturbs Jimenez most is the "old school" mentality of owning a dog, something he sees in newcomers to the area and often immigrants. "They're often kept as yard dogs. They never come inside. A lot are not up to date on their vaccines, or spayed or neutered."

Both Brown and Jimenez decry the number of animals who are not spayed or neutered, simply adding to the population of unwanted animals. They also cannot fathom why more pets

don't get vaccinated. Says Jimenez, "A \$5 rabies vaccine is pretty accessible. If you can't do that, you probably shouldn't have a pet."

Like Brown, he wants to educate the community more to take advantage of their clinics. "There are so many new people who need to know how to care for animals properly." As for certain breeds being more "dangerous" than others, Brown admits there is a reason people are fearful. "Over the years different breeds have gotten a bad reputation: German shepherds, Dobermans, even Huskies." She is sensitive to public comments that "All you have are pit bulls."

"When we get a pit bull in, we have to learn about him," Brown says. "We may ask a trainer on our staff. Or we have volunteers who have been here for years. We assess them and develop a plan. We do everything we can medically, behaviorally, and, obviously,

to socialize them so they can be adopted."

Brown and Jimenez reserve special gratitude for those adopters who are looking for "the underdog," a dog or cat who has lived at the shelter for years—like the barn cats. These felines were born to catch rodents and prefer to live outside. Housed on the second floor of the admin building, they await the new owner who arrives ready to give them a job.

Their biggest joy is witnessing an adoption, especially when a dog comes in sick or struggling. A few years ago, someone dropped off a litter of nine pups. All were diagnosed with Parvo, a highly infectious disease that often proves fatal to puppies and young dogs. Vaccines can prevent it, but too often animals surrendered to the SPCA are unvaccinated. The litter required 24-hour care from the start and full isolation. The cost ran up to the thousands. "We saved all but one," Brown says.

## Runs, Runs, and More Runs

As the largest and oldest animal welfare organization in the county, the SPCA will open its first new building in nearly 40 years. The “Intake Building” will have three times more capacity for dogs than the storm-ravaged structure it replaces. At 11,000 square feet and a cost of \$5 million, the two-story building will accommodate adoption, surrender, isolation, and euthanasia.

On a recent tour prior to its opening, Brown displayed her characteristic concern for “the animals first.” Inside the building’s entrance is an area where visitors will see cats, so “you are met with animals right away.” The main floor houses the pharmacy, lab, feeding areas, a grooming room, spaces for the “Smalls,” and interior spaces for data-entry and other office work.

At its core are the 70 indoor/outdoor dog kennels, or “runs,” that frame the exterior of the building. Each ends with a door that allows the dog to enjoy the enclosed, outdoor yard.

The ground level offers flexible space for volunteer training and other activities, a dog activity area, rooms for large supplies, and smaller isolation areas for animals needing special care. The building has two washers and dryers on each floor. In the current layout, one washer and dryer work 24/7 to keep up with the piles of blankets, towels, and other laundry that need continuous cleaning.

“What I want most with this building is to plan for the future,” Brown says. “Animal sheltering has changed. We need more flex spaces and enough storage space so we can expand or change our operations.”

Attesting to her planning, every room seems to have a place for dogs, or flex space that can shelter them if needed. At every stop on our tour she adds “and there will be a space for dogs or cats.”

At capacity, Brown estimates the SPCA will need eight to ten more animal caretakers. These may be students, high school kids who want summer jobs or college kids interested in animal care.

## What’s Next?

Brown compares the challenge of redesigning and rebuilding the SPCA to the rebuilding of a hospital. Both care for live beings 24/7. Their essential life-saving functions cannot be interrupted. Both require funding for ongoing operations while also needing funding for new construction.

More construction is ahead. After the Phase One intake building is fully operational, Phase Two will replace the 40-year-old shelter and the 1920 Administration Building. Despite the sentimental value of the original building, even a cursory walk-through of space makes it clear it has long outlived its usefulness.

Brown understands the next 3–5 years will bring lots of challenges. With the new building the SPCA will be responsible for upwards of 500 animals at any one time, including those at the mall outlet. But she is unwavering in her faith in the community for its support, and in the undeniable reality that more and more animals will need the SPCA’s special brand of compassion, care, and love.

“I wish people would all adopt from here because there are fabulous animals in the shelter, and they are just as loving and just as beautiful and just as wonderful as a pure breed...and these animals need homes,” she says.

As if in agreement, Cat Woman stretches, shakes her fluffy head, and settles again in Brown’s lap.

“These are my babies,” Brown says, cooing into the furry face that looks up into hers. Nearby, a particularly rambunctious terrier seems unhappy in his cage, jumping up, beckoning with button brown eyes. He is irresistible. Brown knows it.

“I may have to take that one home tonight,” she says, “Maybe just for a few days.”



**To learn more about the SPCA of Anne Arundel County,** including how to volunteer at the shelter, needed donation items, how to foster or adopt animals, and more about the organization’s events, visit [aacspca.org](http://aacspca.org).



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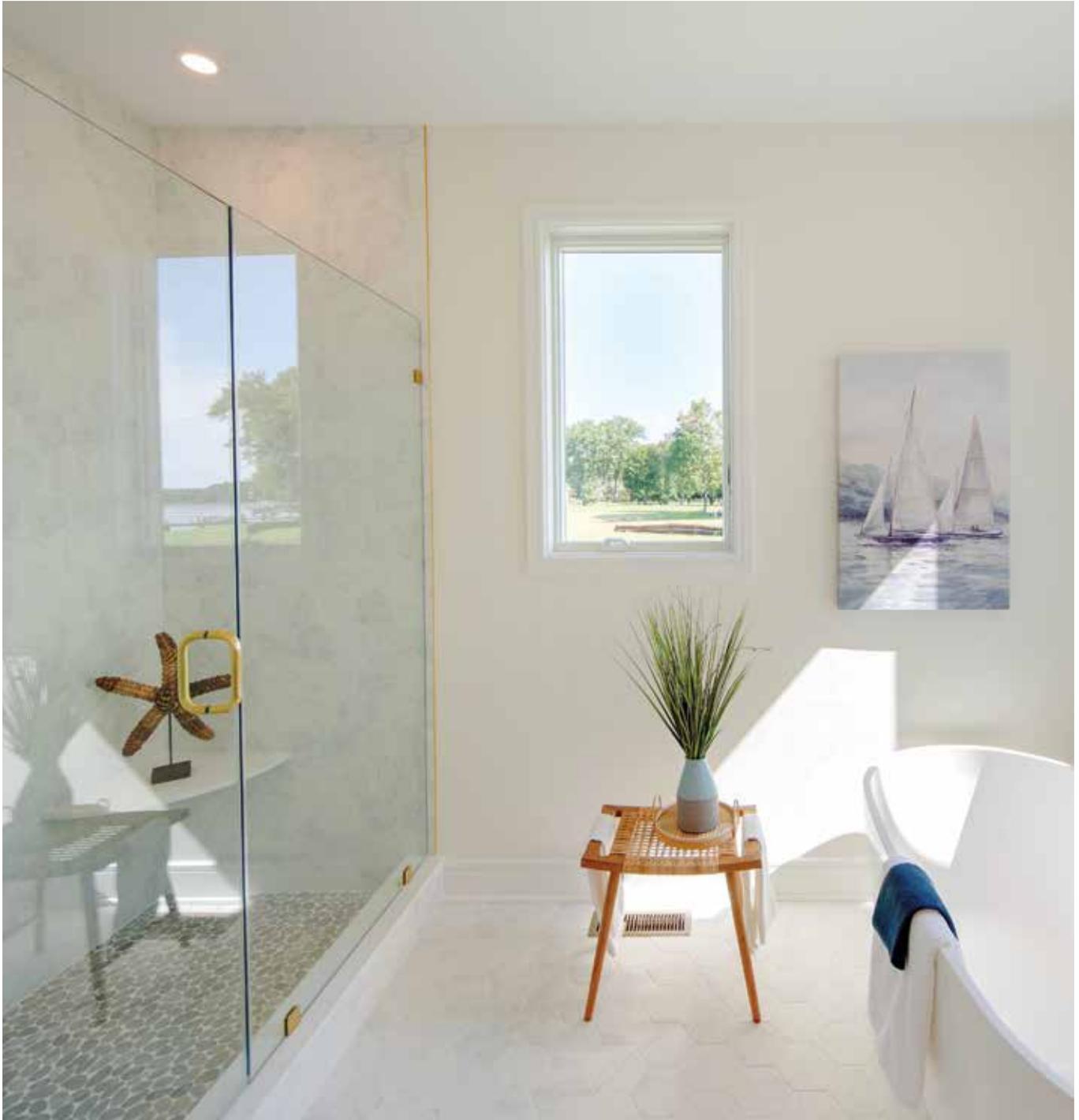
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37507 WORCESTER DRIVE



BETHANY BEACH

\$800,000

901 LEATHERBACK LANE



MILLSBORO

\$799,000

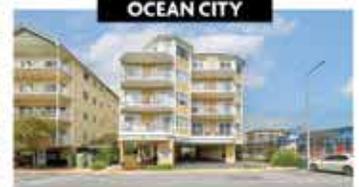
26967 SUNBURST PATH



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403 GREEN GROVE COURT



OCEAN CITY

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12 45TH STREET #202



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113 WOODLAND WAY



MILLSBORO

\$534,999

32085 MADISON STREET



MILTON

\$525,000

16720 FLATSTONE CIRCLE



MILTON

\$525,000

23854 DAKOTAS REACH



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29471 PEMBROKE LANDING



ODENTON

\$420,000

320 SAINT MICHAELS CIRCLE



SEAFORD

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900 SHORT LANE



GLEN BURNIE

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6 127TH STREET #304



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29207 SHADY CREEK LANE #35



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REHOBOTH BEACH

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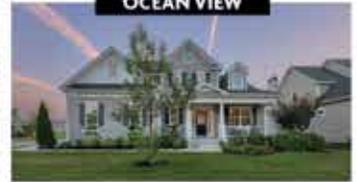
102 LONDON CIRCLE S



SEVERNA PARK

\$849,000

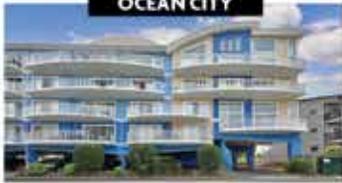
1B ADMIRAL ROAD



OCEAN VIEW

\$800,000

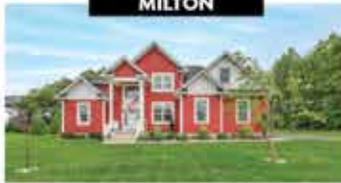
35065 HARMONY DRIVE



OCEAN CITY

\$750,000

111 76TH STREET #101



MILTON

\$649,900

16268 RED FOX RUN



OCEAN VIEW

\$625,000

59 OLD FORGE DRIVE



GLEN BURNIE

\$600,000

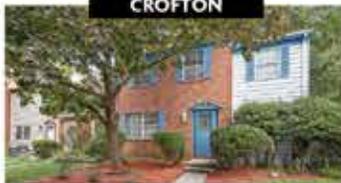
253 SALTGRASS DRIVE



MILTON

\$499,900

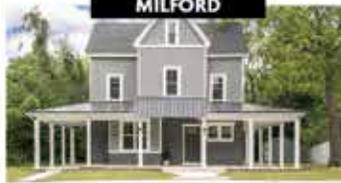
108 MORGAN WAY



CROFTON

\$470,000

1653 FOREST HILL COURT



MILFORD

\$450,000

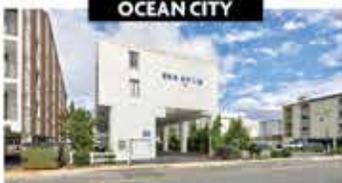
312 S WALNUT STREET



LEWES

\$445,000

21004 WAVECREST TERRACE #12



OCEAN CITY

\$388,500

14 70TH STREET #203



SHADY SIDE

\$379,900

4819 ATWELL ROAD



LEWES

\$349,000

12001 OLD VINE BLVD #3E305



OCEAN CITY

\$339,000

9 138TH STREET #203



OCEAN CITY

\$275,000

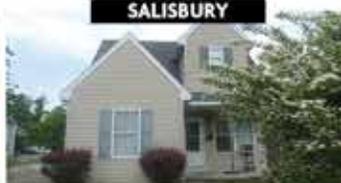
14001 COASTAL HIGHWAY #216



MILLSBORO

\$236,000

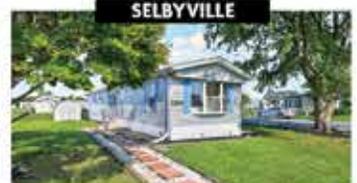
330 BLOSSOM WAY



SALISBURY

\$159,500

613 E CHURCH STREET



SELBYVILLE

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# Inside



# Story

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From builder's blueprint to a no worries empty-nest

By Lisa J. Gotto

Photography by Chris Petrini of a Digital Mind

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**W**e recently had the rare opportunity to walk the job site with award-winning custom home builder, Brent Paquin of Paquin Design/Build of Grasonville, as his team prepares to put the finishing touches on the forever home of a Pennsylvania couple ready to retire to the quiet environs of Maryland's Eastern Shore.

No stranger to meeting and exceeding client needs, Paquin says the plan of this home, which is one of several new residences taking shape on a rural peninsula in the village of Bellevue, is designed with quality family time in mind. The style of the home is contemporary coastal, or as Paquin notes, "I called it a modern coastal, a...modern coastal home with a Charleston-like side porch inspiration."

Unlike many of the new home builds Paquin designs, he was not certain which family would be residing there at the time, but he made several astute and intentional choices with this floorplan that he felt would provide flexibility and address many of the wish list items requested by today's savvy homeowners.

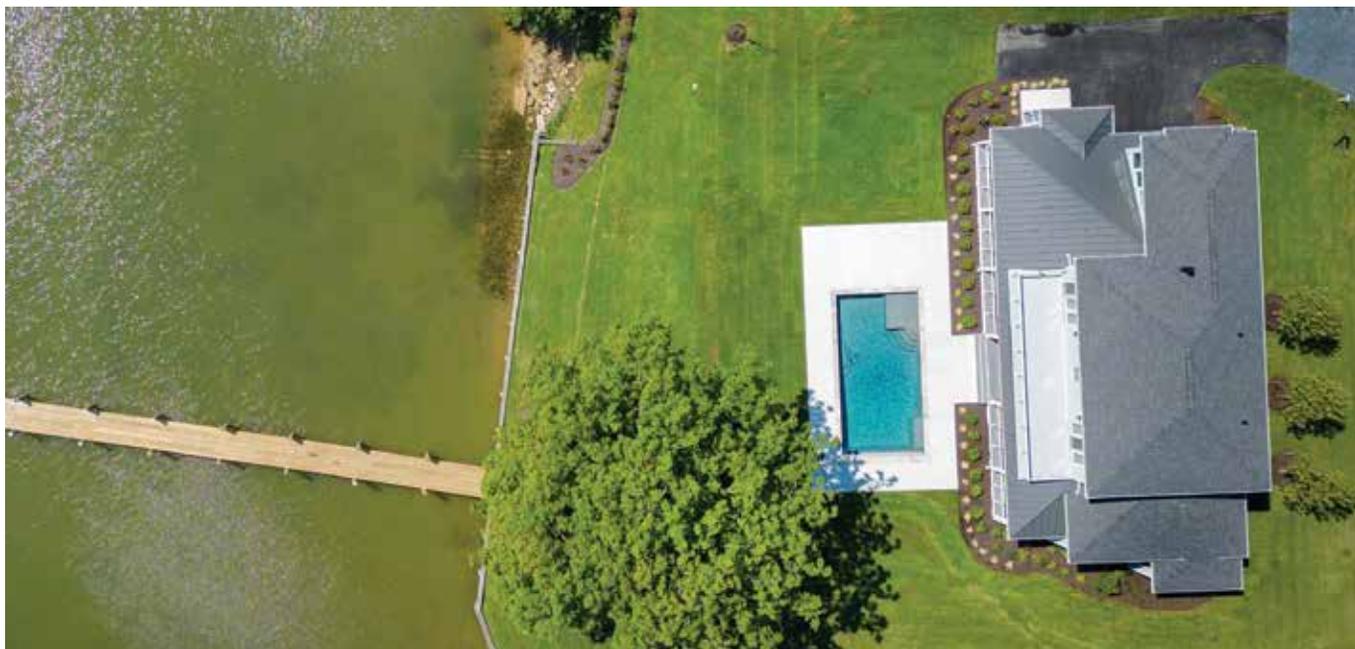
"We built what we believed to be a good layout to be utilized by many different types of couples or families," Paquin explains. "For example, it has a first-floor primary bedroom, and then there's also a second-floor primary bedroom. There are also two secondary bedrooms on the second floor, and both of those have attached baths."

Paquin says this would provide the ultimate option for whomever would move in there to choose where they would like their primary suite to be, knowing that guests would have first-class accommodations, as well.

"With these homes that we build here on the Eastern Shore, even a majority of the empty nesters want to be certain that friends and family feel comfortable when they come to visit. So, we made sure that those bedrooms had bathrooms attached, so that they could feel comfortable in their own little space."

And all that space comes with a premium feature.

"All the bedrooms have really good water views," Paquin adds.





## That Location, Location, Location

The 10-acre parcel of land that affords those views across the Tred Avon River to Oxford, is a historical and important part the community of Bellevue and the greater area. It was once home to Valliant Farm and the former W.H. Valliant Packing Company, a seafood and vegetable cannery first established in 1899.

Woven into the significant cloth and African American legacy of the Eastern Shore, the plant, later known as the Bellevue Seafood Company, was the successful enterprise of William H. Valliant. He helped establish the surrounding community by being its sole employer until an additional facility, the W.A. Turner & Sons Packing Company was established in 1946.

According to the village's official website, *Bellevuemd.com*, the W.A. Turner and Bellevue Seafood companies operated in the area from 1945 to 1996, and 1964 to 1998, respectively. The two seafood processing facilities represented the only two African American owned businesses on the Eastern Shore during that era.

This community is also well-known for being the home of the Oxford-Bellevue Ferry. Established in 1683, it is known as the nation's oldest privately-owned Ferry Service. So, the new home's owners will also have the ease of conveyance to historic Oxford and St. Michaels via a celebrated ferry route.

Another benefit of its location, explains Paquin, is its exemption from more modern-day building prerequisites like the standard, 100-foot buffer zone from the waterfront.

"Because the rest of the homes, as you go north of the waterfront here, were all built a long time ago and at that time had a 50-foot buffer, they extended that line through this property, as well."

This rare situation with waterfront real estate was one that enabled Paquin's team to get creative with this home's footprint and its sublime positioning along the water.

## Strikingly Clean Design

To execute the exterior of this modern coastal home, Paquin Design/Build, started up top with clean, standing seam metal on the lower hip roof portions, and chose horizontal lap plank siding by James Hardie in Light Mist as the primary exterior material accompanied by board and batten vertical siding accent panels in Light Mist.

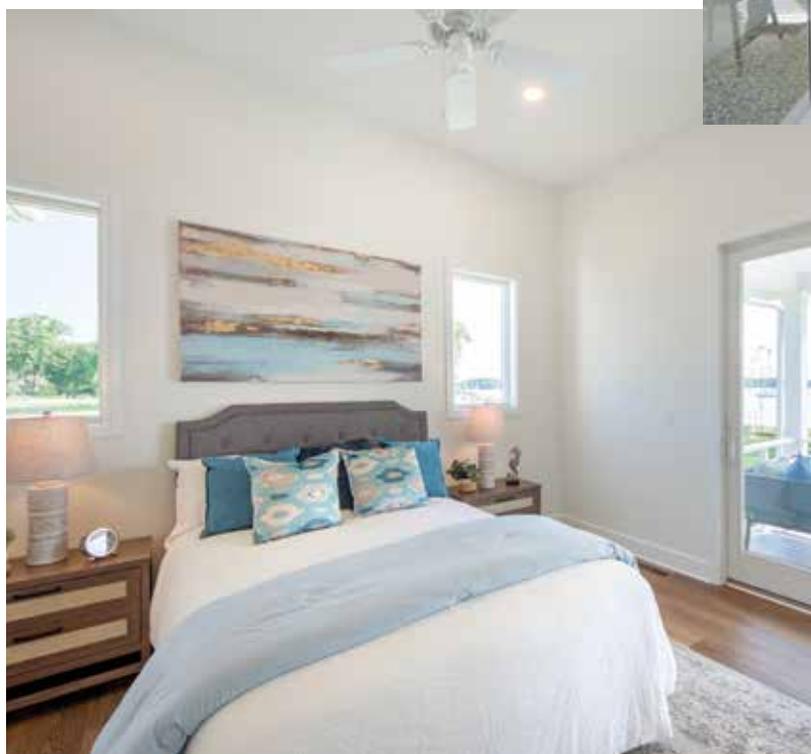
Upon entry into the main level foyer and open great room plan, the striking waterfront view unfolds with every step toward a series of large casement windows and sliding glass doors that open to that Charleston-style porch that measures 60 feet long, spanning the entire back or waterside of the home. These tranquil sightlines out to the waterfront and the hardscaping around a luxurious, saltwater swimming pool are balanced on the interior with calming, neu-



tral Iron Ore wall paint throughout the great room. Durability in the form of cumin-colored luxury vinyl plank flooring runs through the space as you progress from the entry to the spacious living room to the left with its crisp, white mantle and gas fireplace with built-in cabinetry and accent shelving on either side.

This space transitions into a custom kitchen with a large center island and two-tone wood cabinetry by Shiloh in the Lancaster style with natural white Oak stain and a rich, aquamarine hue for the island and remaining cabinets—outfitted with toney modern hardware. Spacious counters and the island, that seats four, are topped with a creamy, white quartz.

A pearlescent Stack Bond style backsplash of white Carrara marble, a complete GE Monogram appliance package including a six-burner gas range, and a spacious adjacent formal dining area, help complete a style and substance-based checklist in this space for the new homeowners. As does the incredible water view they'll have from the entire great room.





## Ultimate Coastal Retreat

With two primary suites the new owners will never feel the need to compromise when it comes to hosting friends and family. Should they choose to, they can opt for the main level retreat which was furnished with some first-class amenities including its private entry to the porch and waterfront, and *en suite* bath that rivals any spa experience.

This retreat, with its custom dual vanity by River Run, luxurious glass shower with White Matte tiles by Verona, and its sumptuous soaking tub perfectly positioned to overlook the waterfront, is one of the many reasons this home went from spec to sold in record time.

In addition to the primary suite on the second floor, there are two more guest bedrooms with baths that benefit from that waterfront-facing floorplan. Each bedroom flows out to a spacious second-level landing that can double as a bonus family room, sitting room, or common office space.

Our guess, though, is that the new owners will most likely be sitting in their awaiting Adirondack chairs that face the private pier of their personal paradise in Bellevue, relaxed in the knowledge that their home is brand spanking new and guaranteed by their builder to be worry-free for the foreseeable future.

“It always makes life easier to have a brand-new home,” Paquin says. We’re relatively sure those new owners already agree.

*Home Staging & Interior Design by Andrea Moragues & Sonia Alignani of Muralzeit Interiors.*



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VIEW PHOTOS



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Image courtesy of Miele

# Keep Your Cool

WHY IT JUST MIGHT BE TIME TO REPLACE THAT FRUSTRATING REFRIGERATOR

By Lisa J. Gotto

Every year, at this time, we ready our homes for the holidays. We clean. We upgrade. We prep. We decorate. We welcome guests. We cook. We stress.

And at the end of another big holiday meal, the last thing we want to do is clear all the leftover food from the table only to find a frustrating lack of storage space in the refrigerator.

This is such a common occurrence among consumers, it has led many to purchase a second refrigerator for the butler's pantry or garage—after which they then learn how

much more it's going to cost to run that second refrigerator.

But what if it didn't have to be this way? What if our refrigerators were more ingenious in design, function, and efficiency? That's why we're taking a pre-holiday deep dive into refrigerators to see which models get the most points for storage capacity, overall function, and energy savings.

Here are a few of the latest and greatest models that are designed with enhanced storage features, better efficiency, and features that keep even fancy foods fresher longer.



## Cool from Top to Bottom

This amazing looking appliance was released to the consumer market just last summer. **KitchenAid's 36-Inch, Counter-Depth, 4-Door Refrigerator with PrintShield Finish** is their first French-style design with four doors. The top level allows for ultimate viewing and storage flexibility and is combined with a side-by-side lower-level freezer which addresses the visibility and stacking issues associated with a traditional bottom-mount freezer setup. It offers a total of 19.4 cubic feet of cold storage space.



↑  
Push  
Op from  
Bosch

The **Bosch 800 Series 36-Inch French Door Bottom Mount Refrigerator**

solves many of your holiday cold food storage issues. Bring on those large buffet trays, or even your holiday sugar cutout cookies for a little pre-bake chill. (Makes them so much easier to transfer to the oven for baking!) This series of refrigerators offers innovative FarmFresh technology rated to keep foods fresh three times longer than standard models.

### FEATURES WE LOVE:

- Comes with a full-width chiller drawer to store oversized platters with ease until they are ready to serve
- Wide, gallon-sized door bins on both sets of doors
- Two-tiered freezer drawers that allow for extra storage to keep frozen foods better organized
- FlexBar feature creates extra space in the refrigerator and is completely adaptable to changing needs
- Its UltraClarityPro water filter removes an astonishing 99.9 percent of sediments
- It's an ENERGY STAR-certified appliance, which offers dual compressors and dual evaporators for efficient and precise cooling and humidity control, while also limiting odor transfer between the refrigerator and freezer
- Users can control temperature, adjust lighting, and receive notifications for their Bosch refrigerator from a smartphone, tablet, or smartwatch via the HomeConnect application



### FEATURES WE LOVE:

- Custom Freeze Zone, located to the right side of the freezer section, sets temperatures to 0, 10, or 19°F. This feature helps keep specialty items such as compound butters, gelato, or shaved ice at the perfect serving temperature
- Full-width, sliding storage refrigerator trays, included in both the refrigerator and freezer compartments, slide out for easy access—especially helpful large platters and ingredient storage. An additional tray can be found in the Custom Freeze Zone and is perfect for chilling and prepping. All trays are moisture and stain-resistant
- A unique feature called the ExtendFresh Temperature Management System senses and adjusts temperatures in the refrigerator and freezer to help keep ingredients fresh by monitoring the airflow between them



## A Perfect Kind of Cool

**Miele's PerfectCool Model KFN 7795 D Refrigerator** keeps food fresh up to five times longer than a standard refrigerator with its PerfectFresh Active humidification system which converts water droplets into vapor and releases it in the form of a waterfall, which is clearly visible in the veggie drawer. This function is activated automatically every 90 minutes, but also every time the appliance door is opened.



### FEATURES WE LOVE:

- Individually adjustable glass shelf lighting with its FlexiLight 2.0 feature
- The NoFrost system means no more "ice fuzz" on your frozen goods
- This model offers a FlexiTray feature that turns the glass shelf into a turntable (pivoting 180 degrees to the front and rear), giving users easier access to all the food items stored on it
- This appliance is networked conveniently and securely with Miele@home via a home Wi-Fi router and the Miele Cloud. Operation is simple—whether you use the Miele app, voice control, or integration into existing smart-home solutions



## What Smart Looks Like

**LG's Smart Mirror InstaView Counter-Depth MAX French Door Refrigerator** is one of the industry's largest capacity counter-depth fridges with 26

cubic feet capacity, perfect for storing all those holiday meals and goodies. The Mirror InstaView window has a frameless edge-to-edge design so that you can see inside of the refrigerator with two quick knocks on the glass panel before it reverts to an ultra-sleek mirror finish which enables the user to quickly check on the food within the fridge without having to open the door to let the cool air out.

### FEATURES WE LOVE:

- Equipped with three, LG-exclusive innovative cooling technologies that work together to extend the life of fruit and vegetables while keeping all foods fresh and flavorful
- Has dual ice makers and a SlimSpacePlus ice system that offers easy access to ice while freeing up shelf space and provides extra door bin storage and the refrigerator with four types of ice: Cubed, crushed, mini-cubed, and LG's exclusive, slow-melting, round Craft Ice to perfectly complement any drink or cocktail
- This tech-smart refrigerator also works with the ThinQ app to set up fresh food and freezer temperatures, turn IcePlus on and off, or get "door open" alerts



## Undercover Under Counter Versatility

The future is calling and has much to say! Check out this innovative refrigerator/freezer storage option. **LG's Signature Kitchen Suite 24-inch Undercounter Convertible Refrigerator/Freezer Drawer** features dual refrigerator/freezer drawers that operate independently with Multi-Temp temperature settings that can be adjusted based on your ever-evolving needs.

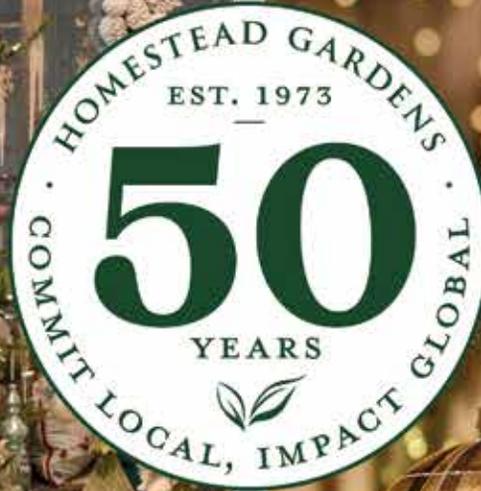
Designed to be flexible, you'll love that this drawer feature allows you to select from six temperature zones: Pantry, Fridge, Bar, Seafood, Meat, or you can drop the temperature all the way down to make it a freezer. With incomparable versatility and the option to be installed with custom cabinet panels or a stainless-steel finish, this 24-inch unit can easily fit into various areas of the home outside of the main kitchen, including your primary suite, home office, bar, theater room, or gym.



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# VIP-Caliber Lake Views

By Lisa J. Gotto

**T**his absolutely gorgeous, three-level contemporary home not only offers the ultimate in modern convenience and technology, but it also gets high ratings on the style and substance meter.

Located in the desirable community of Bay Ridge with westerly views of Lake Ogleton, this 2,200-square-foot waterfront stunner has superior design details and finishes throughout.

The front entry features a double-pane, glass door in the modern farmhouse style. Wide-plank, light-colored hardwoods greet you into the open-plan kitchen and dining area with its amazing forward-facing views of the waterfront and patio area. The space is light, bright, and sleek with white shiplap wall detail and a contemporary island of

dark wood; atop which sits a thick slab of marble. Fitted with a drop-mount sink and plenty of storage below, this feature also offers breakfast bar seating.

Contrasting light wood cabinetry is highlighted with exquisite, glass-front accent cabinets with stainless steel framing and a complete stainless steel appliance package from Thermador, including a gas range with mosaic tile backsplash.

This space easily transitions into a roomy, upscale dining area with custom bench seating, and then into a sumptuous great room with a showcase fireplace wall of white brick. A wall of customized built-ins is located on the opposite wall, and, in between, all eyes are out to the water through two large sets of sliding glass doors with a floor-to-ceiling accent window in the center.

The first-floor deck is located mere steps away from this space and features, a wood and stainless-steel cable railing, room for dining and lounging, and, of course, a VIP-caliber lake view. Just below, is the meticulously well-manicured backyard with its steppingstones to another gorgeous outdoor gathering space, and to the property's fully equipped deep-water pier with boat lift, PWC lift, and multiple slips.

Back inside, a quick lift on the elevator takes the new homeowners up to their luxurious primary suite with its own balcony, water views, and spa-quality *en suite* bath with its ginormous glass and tile shower, soaking tub, and accent window out to the water. A gracious, second bedroom on this level offers an *en suite* bath with a sauna.

The home's lower level is a chill, wind-down zone for the family with another feature wall fireplace, convenient wet bar, and an additional full bedroom and bath. There's also plenty of space for a gaming area, and access to the lower-level patio with outdoor shower.

This home is truly a dream realized and has all the automated tech tools to easily manage it from a phone or tablet.



**Listing Agent:** Brad Kappel; TTR Sotheby's International Realty; 209 Main Street, Annapolis; m. 410-279-9476; o. 410-280-5600; brad.kappel@sothebysrealty.com; ttrsir.com **Buyers' Agent:** Connie Caldwell; Coldwell Banker Realty; 3 Church Circle, Annapolis; m. 410-693-1705; o. 410-263-8686; connie@conniecaldwell.com; coldwellbanker.com

**Primary Structure Built:** 1980  
**Sold For:** \$3,307,000  
**Original List Price:**  
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**Bedrooms:** 3  
**Baths:** 3 Full, 1 Half  
**Living Space:** 2,295 Sq. Ft.  
**Lot Size:** .26 acres

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# Health & Beauty

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**112** UNDERSTANDING PROBIOTICS & PREBIOTICS



# Fresh Take

## PECANS

By Dylan Roche

The hearty, toasty taste of nuts lends beautifully to the fall season, and what would a Thanksgiving holiday be without pecans? These nuts—native to North America—have a rich, buttery flavor with a crunchy texture that many of us associate with sugary desserts, but you're greatly limiting yourself if you're using pecans only in pies or shortbread cookies. Pecans add surprising dimension to salads and stuffings, or they can be used as crusting for baked meats and vegetables.

The best part? Like other nuts, they're full of nutrients like protein and heart-healthy fats. In fact, despite being energy dense (a quarter-cup serving has about 200 calories), pecans can aid efforts in weight management because their fat and protein content keeps you feeling satisfied. The fat in pecans, specifically the monounsaturated fats, are good for lowering your LDL (aka bad) cholesterol and raising your HDL (good) cholesterol, an important factor in the prevention of heart disease.



## Pecan-Crusted Sweet Potatoes with Yogurt Dip

### INGREDIENTS

2 large sweet potatoes, peeled and sliced into quarter-inch rounds  
 2 tablespoons olive oil  
 1 cup pecans, finely chopped  
 1/2 cup breadcrumbs  
 1/2 teaspoon dried thyme  
 1/2 teaspoon paprika  
 1/4 teaspoon garlic powder  
 1/2 cup plain Greek yogurt  
 1 tablespoon honey  
 1 teaspoon Dijon mustard

Preheat oven to 400F. In a large bowl, toss sweet potato slices with olive oil until well coated. In a separate, medium-sized bowl, combine chopped pecans, breadcrumbs, thyme, paprika, and garlic. Drop each oiled sweet potato round into the pecan mixture and toss to coat thoroughly. Gently press to adhere the coating to the sweet potato if necessary. Spread a baking sheet with parchment paper and line with crusted sweet potato rounds. Baked for approximately 20–25 minutes. Sweet potatoes should be soft and the crust should have a crunchy appearance with an aromatic smell. Keep the sweet potatoes warm while you prepare the yogurt dip. In a small bowl, combine yogurt, honey, and mustard. Whisk until smooth. Serve the sweet potatoes with a bowl of the yogurt mixture for dipping, or drizzle on top for presentation.

Pecans are also full of antioxidants that help your body ward off chronic illness. One such antioxidant is vitamin E, which can promote healthy skin by keeping it elastic and supple. Some studies have even shown that vitamin E supports good brain health, and getting plenty of this antioxidant can prevent cognitive decline.

Another part of your body strengthened by pecans? Your bones. Pecans deliver magnesium, phosphorus, and zinc, three necessary minerals needed for maintaining bone density and overall bone strength.

While pecans tend to be a very shelf-stable food—another great reason past generations prized them during colder months—you do need to take some element of care to prevent their fat content from going rancid and giving them a sour taste. Always keep pecans in an airtight container, which will prevent them from absorbing

moisture, and store them in a cool, dry place.

You'll find that pecans are incredibly versatile when it comes to their culinary uses, but they're also great for keeping around the house for simple, straightforward snacking. The only question is whether you want them raw or toasted, as either option has its own unique flavor and texture. Raw pecans tend to be slightly sweeter and have a softer, almost creamy texture to them, whereas toasted pecans have a deeper, richer flavor thanks to the reduced water content, and, of course, a much crunchier texture.

Many food manufacturers sell pre-toasted pecans (or even candied pecans), but if you want to buy raw and toast them on your own at home, you'll find the process is surprisingly simple. Preheat your oven to 350F and spread your raw pecans in an even layer across a baking sheet. Set them in the oven for about

10 minutes, tossing them occasionally as needed and keeping a close eye on them to make sure they don't burn. If the oven isn't available, you can toast them on the stovetop with a dry skillet over medium heat. Let them sit in the skillet for a few minutes until they're brown and give off a pleasant aroma. Give them a stir occasionally to let all sides toast evenly.

Now it's time to start planning what pecan-centric dish you'll prepare for Thanksgiving or another autumnal gathering...



## Pecan And Wild Rice Stuffed Acorn Squash

### INGREDIENTS

2 acorn squashes  
1 cup cooked wild rice  
1 tablespoon olive oil  
1 small onion, finely chopped  
2 cloves garlic, minced  
1 cup mushrooms, chopped  
1/2 cup chopped pecans  
1/2 cup dried cranberries  
1 teaspoon dried thyme  
3 tablespoons maple syrup  
2 tablespoons olive oil  
1 teaspoon Dijon mustard

Preheat oven to 400F. Line a baking sheet with parchment paper. Cut the acorn squashes in half and remove the seeds. Place them cut side down on the baking sheet. Bake acorn squashes for approximately 30 minutes or until the squash is tender and easily pierced with a fork. In a large skillet over medium heat, warm the olive oil before adding onion, garlic, and mushrooms. Cook until soft and aromatic. Slowly add the wild rice, chopped pecans, dried cranberries, and thyme to the skillet, stirring to coat thoroughly in oil. Allow to cook for several minutes so the flavors can meld together. Reduce the heat to low. In a small bowl, combine maple syrup, olive oil, and mustard. Whisk until smooth. Using a pastry brush, coat the inside of the baked acorn squash halves with this glaze. Reserve a small amount. Fill the acorn squash halves with even amounts of the rice-pecan mixture, gently packing if necessary. Brush the tops with the remaining glaze. Return the squash to the oven and continue to bake for approximately 10-15 minutes or until the glazed tops become crispy. Remove from the oven and serve warm.



## Pecan Bars

### INGREDIENTS

1 cup all-purpose flour  
1/4 cup + 1/2 cup granulated sugar  
1/2 cup + 1/2 cup unsalted butter  
1 cup chopped pecans  
1/2 cup packed brown sugar  
1/2 cup light corn syrup  
2 large eggs  
1 teaspoon vanilla extract  
1 teaspoon + 1 teaspoon salt

Preheat oven to 350F. Line an 8x8-inch baking pan with parchment paper. In a large mixing bowl, combine flour, 1 teaspoon salt, and 1/4 cup granulated sugar. Chop 1/2 cup butter into small pieces and cut into the dry mixture until it becomes consistently course. Press this dough into the bottom of the baking pan. Transfer baking pan to preheated oven and bake for approximately 15 minutes. While the crust is

baking, heat a large saucepan over medium heat. Melt 1/2 cup butter and stir in 1/2 cup granulated sugar, brown sugar, and corn syrup. Stir until the mixture is smooth and comes to a boil. In a large bowl, beat the eggs. Slowly add the eggs into the butter-sugar mix on the stovetop, whisking as you do to prevent the eggs from curdling. Keep the mixture warm and allow to thicken, stirring occasionally. Add vanilla extract, chopped pecans, and 1 teaspoon salt. Stir until combined and remove from the heat. Spread the pecan-butter-sugar mixture across the top of the crust in an even layer. Return the baking pan to the oven for another 20-30 minutes, allowing the filling to set and become golden brown. Remove from the oven. Allow to cool completely before serving.



# Fitness Tips

## ACTIVE RECOVERY

By Dylan Roche

Recovery—it's an important part of any fitness routine. Without giving your body a chance to recover, whether it's from an injury or just an intense workout, you're denying your body the opportunity to get stronger and healthier.

The only problem is that being inactive can be tough if you're used to being, well, *active*. When you take too much time off, even if you know it's for the sake of recovery, you can start to feel restless.

Don't worry though. Recovery doesn't have to imply being sedentary. Quite the opposite! Doing light exercise, especially activity that works body parts other than the ones you have injured or strenuously worked, aids your body by improving blood flow, removing waste, and promoting overall healing.

### THE ROLE OF RECOVERY

After an intense workout, you probably feel pretty sore. That's because working muscles actually causes little micro-tears in your muscle fibers that your body needs to repair. When fully repaired, however, the muscles

grow bigger and stronger than before. Without giving your body a chance to recover, those muscles don't ever get the chance to grow. You could put yourself at greater risk for injury, and you could hinder your performance from improving.

While your doctor or personal trainer can give you the best guidance on what's right for your personal situation and goals, many people participate in activities while they're in recovery mode. Low-intensity exercise promotes blood circulation, which can help deliver greatly needed oxygen and nutrients all over your body. Movement also prevents your muscles and joints from getting stiff and tight. And because exercise stimulates your lymphatic system, which removes waste from your body and reduces inflammation, you might be looking at a faster, more productive recovery period.

All of that is just the physical benefit. There's also the mental side of active recovery. By staying active, you continue to enjoy such benefits of exercise as stress relief and improved sleep.

### THE BEST RECOVERY ACTIVITIES

Both the intensity of your activity, as well as what type of activity you're doing, should be something that's specifically geared toward your goal—are you just trying to give a certain set of muscles a break, or are you actually trying to heal from an injury? Your doctor or trainer will be the best person to give you advice for your specific situation, but some of the workouts you might consider include: →

Variety will ensure that you don't lose interest or overwork any set of muscles, so don't be afraid to mix it up a little bit by doing yoga one day and then taking a walk the next.

Finally, don't forget that sometimes a day of complete rest can be the most appropriate option. Listen to a trusted expert, pay attention to your body, and take good care of yourself.

 **Walking:** Go at a leisurely pace—enough to raise your heart rate, but not so much that you're out of breath. Go for a distance that lets you feel energized instead of depleted.

 **Light cycling:** A gentle spin around the neighborhood or along a scenic route will put minimal stress on your body.

 **Free swimming:** Not necessarily laps—simply treading water or pulling yourself through the water at a relaxed pace can give you a full-body workout that is easy on your joints.

 **Yoga:** Opt for a gentler variety of yoga that will let you relax while improving your flexibility and mobility without straining yourself.

 **Stretching and foam rolling:** Relieve muscle tension and improve your range of motion with either of these activities, which will likely leave you feeling refreshed.

 **Light calisthenics:** If you want a worry-free strength training exercise, try pushups or squats to work your muscles without forcing them to the brink.

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# Say No to Dry Skin

By Dylan Roche

Fall's cool, crisp weather might feel refreshing after sweltering summer temps, but your skin could be begging to differ, especially as winter approaches. So, it's time to show your skin a little bit of extra attention!

Just as you switch your wardrobe out with the change of seasons, it's also important to change your skincare routine, allowing your skin to stay healthy and protected throughout the cold-weather months ahead.

The biggest reason your skin might feel drier and more irritated these days is because there's less humidity. Dry air, though generally more comfortable, tends to strip our skin of its natural moisture. This is exacerbated by further dryness created by indoor heating—and if you're taking long hot showers to warm up after being out in the cold, the hot water can deplete your skin of its oils that act as a natural barrier to the elements.

With all of these factors at play, some of the skincare you do throughout the summer could end up being too harsh on your skin in the winter. Your moisturizing practice, on the other hand, might not be enough.

*So, to protect your skin when the weather turns cool, there are a few changes you can consider making:*

## Cleanse Gently

You want a cleanser that is formulated to cleanse your skin without stripping away too much natural oil, ideally one made with glycerin or hyaluronic acid, which make for mild, creamy cleansers that maintain moisture in your skin.

## Exfoliate Less

Exfoliation improves skin health by removing dead skin cells and other debris, but it can exacerbate dryness if you're doing it too frequently or if you're



using a physical exfoliant (products that are usually marketed as some kind of “scrub”). Instead, choose a chemical exfoliant, and stick to using it only two to three times per week.

## Use a Richer Moisturizer

You likely already think of moisturizing as the go-to practice for maintaining healthy skin, and for the colder months, you want something that is heavier and richer than what you use in the summertime. Look for any products that contain hyaluronic acid, glycerin, ceramides, and natural oils, as these ingredients work to strengthen your skin's barrier and improve its ability to retain moisture.

## Stay Hydrated

Your body needs fluids! Don't cut back on hydration just because summer is over. Remember that staying hydrated by drinking water (and avoiding too many caffeinated beverages) will go a long way in preventing dryness. Also, while you're taking care with the fluids you put in your body, see whether you can also improve the moisture levels of the air around you—a humidifier can help you maintain indoor humidity levels between 40 and 60 percent, ideal for your skin health.

Be proactive with your skin—if you make the switch as soon as the weather starts to change, you can avoid any dryness and maintain a healthy epidermis as autumn makes its way into winter.



# Understanding Probiotics & Prebiotics

TWO ELEMENTS IMPORTANT FOR A HEALTHY GUT BIOME

By Dylan Roche

Bacteria in your digestive tract? Well, of course! But it's good bacteria, and it helps your body digest food, absorb nutrients, and maintain good overall health. Having a balance of different bacteria and yeasts in your digestive tract is often referred to as having a good microbiome, and to achieve this ecosystem inside you, it's important to focus on both **probiotics** and **prebiotics**. The names might sound similar, but these play distinct roles in maintaining your gut health.

Probiotics are the actual live microorganisms themselves, found in fermented foods and dietary supplements. If the microbiome in your digestive tract is off balance—for example, because you recently took an antibiotic—then ingesting helpful bacteria can help restore this balance.

Probiotics develop naturally in fermented foods, including yogurt, sauerkraut, kimchi, kombucha, kefir, and tempeh. You can also take a probiotic supplement, but be careful—because probiotics are supplements, they are not regulated the same way medications are. A gastroenterologist can advise you as to which supplement will be most effective in providing the strains of bacteria you need.

Prebiotics, on the other hand, are non-digestible fibers found in food that provide nourishment for these beneficial bacteria. Getting plenty of prebiotic-rich foods will encourage the bacteria in your digestive system to multiply, leading to a diverse, balanced microbiome that will improve digestion, boost your immunity, and reduce inflammation.

Prebiotics can also be consumed via supplementation or through dietary choices, including garlic, onions, leeks, asparagus, bananas, whole grains, and legumes, all of which will encourage bacteria in your gut to thrive. You can even look for supplementary products known as symbiotic, which include both prebiotic and probiotics for maximum effect.

Science remains uncertain about the effectiveness of supplemental probiotics and prebiotics, as there is inconclusive evidence about whether you can actually repopulate the bacteria in your digestive tract and, if so, which strains of bacteria would serve you best. In some cases, bacteria might not be live and active in over-the-counter products. To play it safest, stick with the whole-food sources listed above and always consult with your doctor before making any major dietary changes or taking any kind of supplement.

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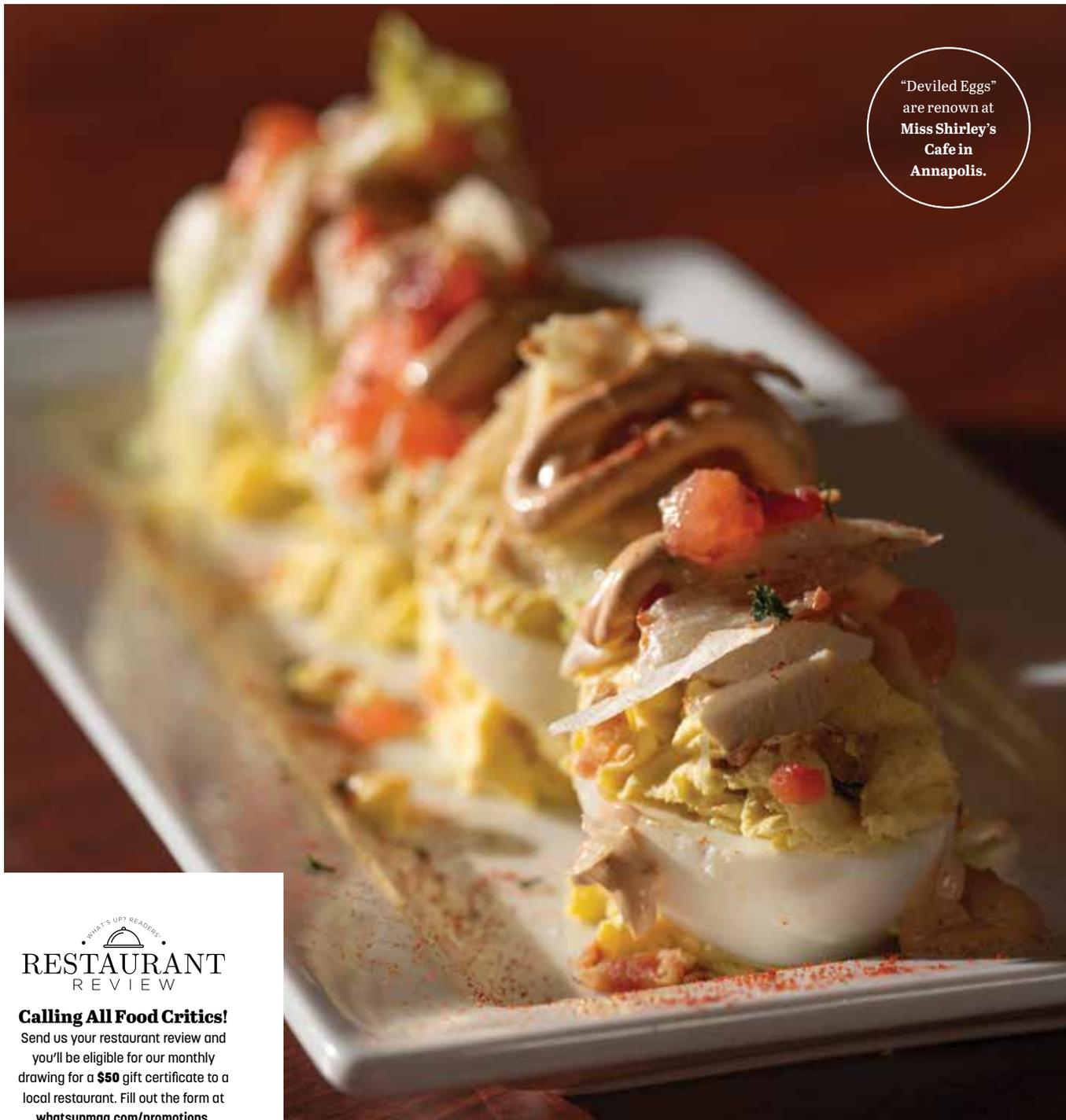
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# Dining

116 A MEMORABLE EXPERIENCE FOR THE WHOLE FAMILY

118 SAVOR THE CHESAPEAKE | 120 WELL DONE!

"Deviled Eggs" are renowned at Miss Shirley's Cafe in Annapolis.



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**Calling All Food Critics!**

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# A Memorable Experience for the Whole Family

By Mark Croatti | Photography by Stephen Buchanan

**W**hile I can relate to what restaurant staff go through, having worked in my youth at national chains, I do have certain expectations. In my day, we prided ourselves on connecting with our guests by greeting them warmly, making sure they never waited long for their meals, and quickly providing everything they needed to enjoy their meal.

Fortunately, I know a place where the staff understand that old-time connection: Miss Shirley's Café.

Founder Eddie Dopkins opened the first Miss Shirley's in Roland Park in 2005, focusing on Southern style "comfort" food for breakfast, brunch, and lunch. His impressive menu of unique and creative dishes earned glowing reviews in major publications and television shows on Food Network. Once his regional reputation spread and national profile grew, three new locations followed, including uptown Annapolis in 2011. Miss Shirley's Café knows that "comfort" has many forms; the restaurant has prepared meals for first responders and others impacted by Covid-19 and they donate to a long list of schools, nonprofits, and charities in Maryland.

My family walked in on a sunny Saturday at noon and we were greeted enthusiastically and seated immediately. The hosts were joyful, the staff had smiles on their faces, and people already eating looked thrilled to be there. However, what struck me most as we were led to our table was how *wonderful* everything smelled—a symphony of omelets, pancakes, and smoked meats.

We were seated just outside the kitchen, with a view of their chefs in action. As soon as my wife and I sat down, our waitress, Star, greeted us heartily and passed out activity sheets for our young boys (almost 7 and just turned 4). Star is aptly named; whenever we looked up, she was there, a bright light who guided us with care along our culinary journey.

Miss Shirley's Café offers an imaginative lineup of "Mornin' Cocktails" like Pineapple Mango Margarita and That's My Jam! Peach Maple Smash. Peach and maple in the same drink? Sadly, I had to pass because I was working—*this time*. We could smell the Chesapeake Coffee Roasters percolating nearby, so we both ordered that and two hot chocolates. Once the beverages arrived, Star took our food order.

**MISS SHIRLEY'S CAFÉ** | 1 PARK PLACE, ANNAPOLIS | 410-268-5171 | MISSSHIRLEYS.COM

While the Kids Box option includes an entrée, side, and drink, my sons couldn't take their eyes off of the Buttermilk Pancakes with Crushed Oreo Cookies special display on the table, which they shared along with added sides of Applewood Smoked Bacon and Sage Pork Sausage. Four giant pancakes soon appeared, stacked high, each one the size of a pie and loaded with Oreos in every bite—with three *additional* layers—more Oreos crushed on top, orange M&M's with the Orioles logo, and orange colored (not flavored) whipped cream. Who knew that Oreos and pancakes were *born* to be together? The bacon was long and crispy, and the sausage was tangy, neither greasy nor dry, just perfect.

My wife and I decided we'd start with some appetizers. As someone born in Maryland and a former Baltimorean, she wanted to try the Charm City Crab Soup. The first taste that hits you is succulent crab like it was pulled straight from the shell, and plenty of it, *complemented*—not overpowered—by a rich broth. It was sweet and smartly only a tad spicy, overflowing with chunks of stewed tomatoes, potatoes, carrots, and green beans. It was so good it inspired us to select the Crab Hash & Fried Green Tomato Eggs Benedict as one of our shared entrées, along with the Pratt Street Pulled Pork BBQ Grilled Cheese sandwich—but first we wanted to sample their famous deviled eggs.

We struggled over whether to choose the Mango BBQ Shrimp or the Hot Honey Fried versions, so we ordered both and were so glad we did! On one plate, the perfectly seasoned deviled eggs were topped with savory shrimp covered in a tangy, smoky, mango glaze with green onions and bacon bits, while the second plate presented egg whites deliciously paired with goat cheese within a crispy, deep-fried ball, topped with more deviled egg and covered with a sweet honey drizzle that just kicked it into gear! Both versions were creative, complementary combinations, blended to perfection in just the right amounts so that the taste of each ingredient was noticeable in every bite.

The Crab Hash & Fried Green Tomato Eggs Benedict allowed us to try a variety of their favorites at once. Their legendary fried green tomatoes were center stage on the dish, sweet on the inside with a crispy batter on the outside, surrounded by two poached eggs with runny



yolks flowing like a river under an avalanche of roasted corn, red peppers, and green onions, all topped by more of that amazing crab meat, then covered with hollandaise, chives, and Old Bay seasoning. To experience the full taste bud explosion, I highly suggest getting all of that in every bite. On the side was their renowned grits—light, fluffy, and sprinkled with bits of tomatoes and chives.

Our second entrée, the Pratt Street Pulled Pork BBQ Grilled Cheese sandwich, featured roasted pork, tenderized and slowly cooked in a beef and chicken stock with apple cider vinegar, layered with pimento cheese and topped with a zesty BBQ sauce that brings out the flavor of the juicy, melt-in-your mouth pork. The sour-dough bread, baked in Baltimore, is lightly toasted, and brushed with avocado oil and parsley.

We left not only satisfied, but immensely curious about the *rest* of the menu. Rare is the restaurant that both thrills you with what you ordered *and* fills you with envy over what you didn't! (It's important to note that Miss Shirley's offers a seasonal menu of original dishes and drinks, which will have updated anew by the time this review reaches you.) And if imitation is the sincerest form of flattery, then the best compliment I can pay Miss Shirley's Café came later, the following Saturday, when my sons wanted to replicate their experience by cooking pancakes at home and topping them with crushed "Boo" Oreos. They were overjoyed to be "back" at Miss Shirley's Café.



Mark Croatti has worked across the country from Los Angeles to Washington, D.C., as a caterer, prep cook, and food server at both specialty restaurants and major chains, including preparing meals for major figures in the entertainment industry and professional sports.



# Savor the Chesapeake

Restaurant news and culinary trends throughout the Chesapeake Bay region

By Megan Kotelchuck

We have many reasons to celebrate this month, with new dining destinations as well as an award given to one that we already love. We also have food-related events, some of which benefit community organizations. And, we make a toast with the espresso martini—our new fave cocktail!

## On the Dining Scene...

↑ **Mamma Roma** in Odenton was recently ranked among Maryland's best pizzerias. According to the *Washington Post*, Mamma Roma has the state's second-best New York-style pizza. This list was announced on August 31st and described Mamma Roma's pizza as having a "delectable charred but fluffy crust" and having "unique red sauces loaded [with] large slices of freshly sliced pepperoni—cheesy, melty, classic pizza." Check out the pizza for yourself! What do you think?

A new bakery opened in Edgewater in September. **Crave Bakery & Café** opened in the Mayo Center. Owner Kevin Devine is using his great-grandfather's Pennsylvania Dutch baking recipes from the 1930s to bring breads, sweet treats, prepared foods, and more to Edgewater. In 2021, readers of *What's Up? Annapolis* named Devine the Best Chef. Find more information on their website at [cravecateringco.com](http://cravecateringco.com).

Anne Arundel County's Food Bank launched a new **mobile bus food bank** on September 18th. The bus is stocked with about 3,000 pounds of fresh produce, lean meats, and refrigerated, frozen and shelf-stable food items. The bus is equipped to serve around 100 households. Leah Paley, the CEO of the food bank, is still working out a plan for the mobile food bank. Currently, it is set to hit South County once a month and Brooklyn Park in the Northern part of the county once a week. The food bank is looking for volunteers to help drive the bus! Visit [aafoodbank.org](http://aafoodbank.org).

**KOHO Korean BBQ House** officially opened at Live Casino & Hotel on August 17th. This is the first Korean BBQ restaurant in Anne Arundel County. Korean BBQ features a wide variety of traditional Korean-inspired dishes, highest quality barbecue meats, traditional entrees, side dishes, desserts, and a full bar. Find more information at [maryland.livecasinohotel.com](http://maryland.livecasinohotel.com).

Sadly, **Broadneck Grill** in Edgewater permanently closed on September 30th. There will be new plans for the space as a farm-to-table restaurant. Broadneck Grill remains open as the other location in Cape St. Claire. Find more information and a Cape St. Claire menu at [broadneckgrill.com](http://broadneckgrill.com).



## Eat Around Town...

Pick your favorite chili at the **Stars, Stripes and Chow Chili Cookoff** at Camden Yards in Baltimore on Saturday, November 4th. This family-friendly cook-off is a fundraiser to support homeless veterans. One hundred percent of the proceeds will support veterans in The Baltimore Station program. Vote for your favorite chili and the best themed booth, enjoy music from Soundcheck Rock Academy, and so much more. Find more information at [fundraise.givesmart.com](http://fundraise.givesmart.com).

↑ Raise money for Haven Ministries at the **6th Annual Beef, Bonfire, and Cigars** signature event on November 4th at Kent Island Resort in Stevensville. The evening will include live grilling, outdoor fires, hand rolled cigars, music, and a cocktail hour. Get tickets and find more information at [event.auctria.com](http://event.auctria.com).

Miss Shirley's in Annapolis is hosting a **Dining Etiquette Instruction and Brunch** on November 4th. Prepare your children for respectfully going out to dinner with mom and dad by sending them The International School of Protocol. Children will learn "how to eat, greet & not gross anyone out" by eating with a spoon in a bowl, with a fork and knife, and more. There is a class from 8 to 9:30 a.m. for ages 7 to 10 years old and a second class 2:30 to 4 p.m. for ages 11 to 15. Find more information at [merchandise.missshirleys.com](http://merchandise.missshirleys.com).

The Queen Anne's County Brewer's Coalition is teaming up for the localist beer festival on November 19th: **Backyard Brews Benefits 2**. Enjoy food, music, and plenty of beer from breweries like Big Truck, Bull & Goat, Cult Classic, Patriot Acres, and Ten Eyck at Kent Island Resort in Stevensville. Food trucks from Queen Anne's County will be there, as well as a cornhole tournament, all to benefit QAC Charities. Find a full list of charities and more information at [visitqueenannes.com/event/backyard-brews-with-benefits-2](http://visitqueenannes.com/event/backyard-brews-with-benefits-2).

## Drink Up...

To get through the workday, many people turn to coffee, espresso, or whatever form of caffeine they can get. On the weekends, restaurants have been spicing up the caffeine intake by adding vodka and perfecting the espresso martini. The best of both worlds, right? Bartenders all over have their own takes on the cocktail that quickly moved up the ranks. What is your favorite rendition? Here are two takes that we enjoy:

### Classic Espresso Martini

#### INGREDIENTS

2 ounces Vodka  
1/2 ounce Coffee Liqueur  
1 ounce Espresso  
1/2 ounce Simple Syrup  
Garnish: Three Coffee Beans

#### INSTRUCTIONS

Brew the coffee and let it cool completely. Add ice to a cocktail shaker then add the cooled coffee, simple syrup, coffee liqueur, and vodka. Shake very hard so the foam is formed, then strain it quickly into a martini glass. Top with coffee beans, serve.

Photo and recipe courtesy of [preppykitchen.com](http://preppykitchen.com)



### Chocolate Orange Espresso Martini

#### INGREDIENTS

1.5 ounces Ketel One Oranje Vodka  
1/2 ounce Dark Crème de Cacao Liqueur  
1/2 ounce Galliano Espresso Coffee Liqueur  
1 ounce Espresso Coffee  
2 drops Saline Solution

#### INSTRUCTIONS

Shake all ingredients with ice and fine strain into a chilled glass. Garnish with quarter orange wheel, or float dehydrated orange wheel slice.

Recipe courtesy of [diffordguide.com](http://diffordguide.com)

### Starliner Martini

#### INGREDIENTS

1 ounce Café Patron XO Tequila  
1 ounce Mozart Dark Chocolate Liqueur  
2 ounces Fresh Espresso Shot  
1/2 ounce Giffard Vanilla Syrup

#### INSTRUCTIONS

Mix all ingredients into a shaker and double strain into a martini glass. Decorate with dark chocolate shavings for garnish.



Photo and recipe courtesy of [vipbottles.co.uk](http://vipbottles.co.uk)

**Have culinary news to share?** Send an email to the editor at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).

# Well Done!

The fall breeze is truly here and there is no better time for the perfect steak. Though we are in one of the best places for seafood, we also have some amazing options for steak in our area. Below is a list of local restaurants with beef options on the menu. Many also cater to alternative diets, including vegetarian.



Average entrée price  
 \$ 0-14  
 \$\$ 15-30  
 \$\$\$ 31 and over  
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 🍷 Full bar  
 👨‍👩‍👧 Family Friendly  
 🌊 Water View  
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 🎵 Live Music  
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**Acqua AI 2**  
 236 Main Street,  
 Annapolis; 410-304-3424; acquaal2.com  
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**Café Normandie**  
 185 Main Street,  
 Annapolis; 410-263-3382; cafenor-  
 mandie.com \$\$,  
 📞 🍷

**The Choptank**  
 110 Compromise  
 Street; 443-808-  
 1992; thechoptank-  
 restaurant.com \$\$\$,  
 📞 🍷 🌊 🎵

**Dry 85**  
 193B Main Street,  
 Annapolis; 443-214-  
 5171; Dry85.com  
 \$\$, 🍷 🌊

**Federal House**  
 24 Market Space,  
 Annapolis; 410-268-  
 2576; federalhouse.  
 com \$\$, 🍷 🌊

**The Goat**  
 137 Prince George  
 Street; thegoatan-  
 napolis.com \$\$, 🍷  
 🌊 🎵

**Harry Browne's**  
 66 State Circle,  
 Annapolis; 410-263-  
 4332; harrybrownes.  
 com \$\$, 📞 🍷

**Latitude 38**  
 12 Dock Street,  
 Annapolis; 667-  
 204-2282; Latitude-  
 38waterfront.com  
 \$\$, 📞 🍷 🌊 ☀️

**Lemongrass**  
 167 West Street,  
 Annapolis; 410-280-  
 0086; lemongras-  
 sannapolis.com \$\$,  
 🍷 🌊 🎵

**Levels A Small Plates  
 Lounge**  
 69 West Street,  
 Annapolis; 410-268-  
 0003; levelannapo-  
 lis.com \$\$, 📞 🍷

**Luna Blu Ristorante  
 Italiano**  
 36 West Street,  
 Annapolis; 410-267-  
 9950; lunablufan-  
 napolis.com \$\$,  
 📞 🍷

**McGarvey's Saloon**  
 8 Market Space,  
 Annapolis; 410-263-  
 5700; mcgarveysan-  
 napolis.com \$\$, 🍷 🌊

**Middleton Tavern**  
 2 Market Space,  
 Annapolis; 410-263-  
 3323; middleton-  
 tavern.com \$\$, 🍷 🎵

**O'Brien's Oyster Bar &  
 Seafood Tavern**  
 113 Main Street,  
 Annapolis; 410-268-  
 6288; obriensoyster-  
 bar.com \$\$, 📞 🍷 🌊

**Osteria 177**  
 177 Main Street,  
 Annapolis; 410-267-  
 7700; osteria177.  
 com \$\$\$, 📞 🍷 🌊

**Preserve**  
 164 Main Street,  
 Annapolis; 443-598-  
 6920; preserve-cats.  
 com \$\$, 📞 🍷 🌊 ☀️

**Pusser's Caribbean  
 Grille**  
 80 Compromise  
 Street, Annapolis;  
 410-626-0004;  
 pussersannapolis.  
 com \$\$, 📞 🍷 🌊 ☀️

**Ram's Head Tavern**  
 33 West Street,  
 Annapolis; 410-268-  
 4545; ramshead-  
 tavern.com \$\$, 📞  
 🍷 🌊 🎵

**Red Red Wine Bar**  
 189B Main Street,  
 Annapolis; 410-990-  
 1144; redredwine-  
 bar.com \$\$, 🍷

**Reynolds Tavern**  
 7 Church Circle,  
 Annapolis; 410-  
 295-9555; reynold-  
 stavern.com \$\$,  
 📞 🍷

**Tsunami**  
 51 West Street,  
 Annapolis; 410-990-  
 9869; tsunamian-  
 napolis.com \$\$, 🍷

## Greater Annapolis

**Bella Italia**  
 609 Taylor Ave,  
 Annapolis; 410-216-  
 6072; bellaitaliamd.  
 com \$, 📞

**Cantler's Riverside**  
 458 Forest Beach  
 Road, Annapo-  
 lis; 410-757-1311;  
 cantlers.com \$\$, 🍷  
 🌊 🎵

**Carpaccio Tuscan  
 Kitchen & Wine Bar**  
 1 Park Place Suite  
 10, Annapolis; 410-  
 268-6569; carpacci-  
 otuscankitchen.com  
 \$\$, 📞 🍷 🌊 ☀️

**Cooper's Hawk  
 Winery and  
 Restaurant**  
 1906 Town Centre  
 Blvd, Annapolis;  
 443-837-9989;  
 chwinery.com \$\$,  
 📞 🍷 🌊

**Flamant**  
 17 Annapolis Street,  
 Annapolis; 410-267-  
 0274; flamantmd.  
 com \$\$, 📞 🍷

**Grapes Wine Bar**  
 1410 Forest Drive,  
 Annapolis; 410-571-  
 5378; grapeswineb-  
 arannapolis.com \$\$,  
 📞 ☀️

**Jalapenos**  
 85 Forest Drive,  
 Annapolis; 410-266-  
 7580; jalapenoson-  
 line.com \$\$\$, 🍷

**Julep Southern  
 Kitchen & Bar**  
 2207 Forest Drive,  
 Annapolis; 410-571-  
 3923; julepannapo-  
 lis.com \$\$, 🍷 ☀️

**Lasang Pinoy**  
 1000 Annapolis Mall  
 Road, Annapolis;  
 443-949-9580; La-  
 sangpinoyllc.com \$

**Lemongrass Too**  
 2625 Housley Road,  
 Annapolis; 410-224-  
 8424; Lemongras-  
 sannapolis.com \$\$,  
 🍷 ☀️

**Main & Market**  
 914 Bay Ridge Road,  
 Annapolis; 410-626-  
 0388; mainandmar-  
 ket.com \$\$, 📞

**Mi Lindo Cancun Grill**  
 2134 Forest Drive,  
 Annapolis; 410-571-  
 0500; lindocancun-  
 grill.com \$\$, 🍷 📞

**Miss Shirley's Café**  
 1 Park Place, Annapo-  
 lis; 410-268-5171;  
 Missshirleys.com  
 \$\$, 🍷 🌊 ☀️

**Severn Inn**  
 1993 Baltimore An-  
 napolis Boulevard,  
 Annapolis; 410-349-  
 4000; severninn.  
 com \$\$, 📞 🍷 ☀️

**Stoney River  
 Steakhouse and Grill**  
 2190 Annapolis  
 Mall, Annapolis;  
 410-224-8312;  
 stoneyriver.com \$\$,  
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### Tuscan Prime Italian Chophouse & Dolce Bar

1905 Towne Centre Blvd #100, Annapolis; 443-572-4677; tuscanprime.com \$\$\$, 🍷 🍷 🍷

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921 C Chesapeake Ave, Eastport; 410-267-0064; adams-ribs.com \$\$, 🍷

### Beacon Waterfront Galley and Bar

2020 Chesapeake Harbour Dr; 443-949-8456; beacon-waterfront.com \$\$, 🍷 🍷 🍷

### Blackwall Hitch

400 Sixth Street, Eastport; 410-263-3454; blackwall-hitchannapolis.com \$\$, 🍷 🍷 🍷

### Boatyard Bar & Grill

400 Fourth Street, Eastport; 410-216-6206; Boatyardbarandgrill.com \$\$, 🍷 🍷 🍷

### Carrol's Creek Café

410 Severn Avenue, Eastport; 410-263-8102; carrolscreek.com \$\$\$, 🍷 🍷 🍷

### Chart House

300 2<sup>nd</sup> Street, Eastport; 410-268-7166; chart-house.com \$\$\$, 🍷 🍷 🍷

### Grumps Cafe

117 Hillsmere Drive, Annapolis; 410-267-0229; grumpscfe.com \$, 🍷

### Lewnes' Steakhouse

401 Fourth Street, Eastport; 410-263-1617; lewnessteakhouse.com \$\$\$, 🍷 🍷

### O'Leary's Seafood Restaurant

310 3<sup>rd</sup> Street, Eastport; 410-263-0884; olearysseafood.com \$\$\$, Full Bar, Reservations, Water View 🍷 🍷 🍷

### Ruth's Chris Steak House

301 Severn Ave, Eastport; 410-990-0033; ruthschris.com \$\$\$, 🍷 🍷

### Vin 909

909 Bay Ridge Ave, Eastport; 410-990-1846; vin909wine.com \$\$, 🍷

## Edgewater/ South County

### Adam's Taphouse

169 Mayo Road, Edgewater; 410-956-2995; adams-grilleedgewater.com \$\$, 🍷

### Cooper's Tavern

173 Mitchell's Chance Road, Edgewater; 443-837-6126; coopers-tavern.com \$\$, 🍷 🍷

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**Happy Harbor Waterfront Restaurant and Bar**

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**Harper's Waterfront Restaurant**

1107 Turkey Point Road, Edgewater; 410-798-8338; harperwaterfront.com \$\$\$, ♫ 🍷 🌊

**Harvest Thyme Tavern**

1251 West Central Ave, Davidsonville; 443-203-6846; harvestthymetavern.com \$\$, ♫ 🍷

**Jesse Jays**

584 West Central Avenue, Davidsonville; 240-903-8100; jessejays.com \$, ♫ 🍷

**Killarney House**

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com \$\$, ♫ 🍷 🌊 🎵

**Lemongrass South River**

3059 Solomons Island Road, Edgewater; 443-221-7693 \$\$, ♫ 🍷

**Mike's Crab House**

3030 Riva Road, Riva; 410-956-2784; mikescrabhouse.com \$\$, ♫ 🍷 🌊

**Pirate's Cove Restaurant and Dock Bar**

4817 Riverside Drive, Galesville; 410-867-2300; piratescovemd.com \$\$, ♫ 🍷 🌊

**Senor's Chile**

105 Mayo Road, Edgewater, 410-216-2687; senorschile.com \$\$, ♫ 🍷

**Skipper's Pier Restaurant & Dock Bar**

6158 Drum Point Road, Deale; 410-867-7110; skipper-spier.com \$\$, ♫ 🌊 🎵

**Yellowfin Steak & Fishhouse**

2840 Solomons Island Road, Edgewater; 410-573-1333; yellowfinedgewater.com \$\$, ♫ 🍷 🌊 🎵

**Arnold/Severna Park/Pasadena & Beyond****Arturo's Trattoria**

1660 Crain Highway South, Glen Burnie; 410-761-1500; arturostrattoria.com \$\$, ♫ 🍷

**Ashling Kitchen and Bar**

1286 Route 3 Suite 3, Crofton; 443-332-6100; Ashlingco.com \$\$, ♫ 🍷 🌊

**Blackwall Barn and Lodge**

329 Gambrills Road, Gambrills; 410-317-2276; barnandlodge.com \$\$, ♫ 🍷 🌊 🎵

**Brian Boru Restaurant and Pub**

489 Ritchie Highway, Severna Park; 410-975-2678; brianborupub.com \$\$, ♫ 🍷 🌊 🎵

**Broadneck Grill and Cantina**

1364 Cape St Claire Road, Annapolis; 410-757-0002; broadneckgrill.com \$\$, ♫ 🍷

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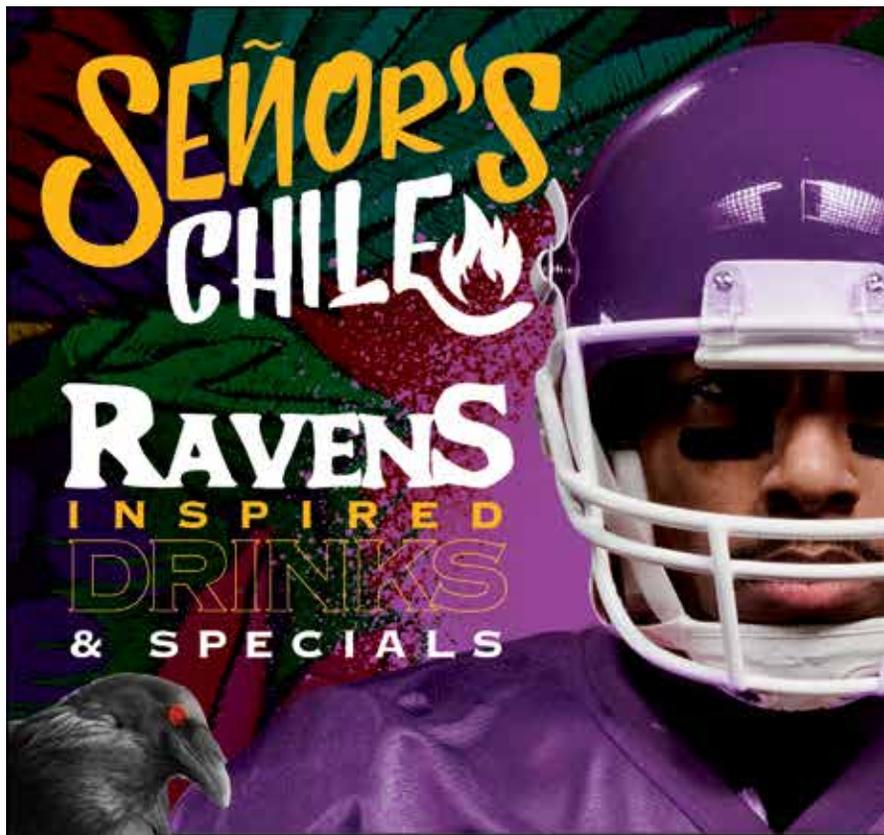
3023 Kent Narrows Way, Grasonville; 410-827-8113; thenarrowsrestaurant.com \$\$\$, ♫ 🍷 🌊 🎵

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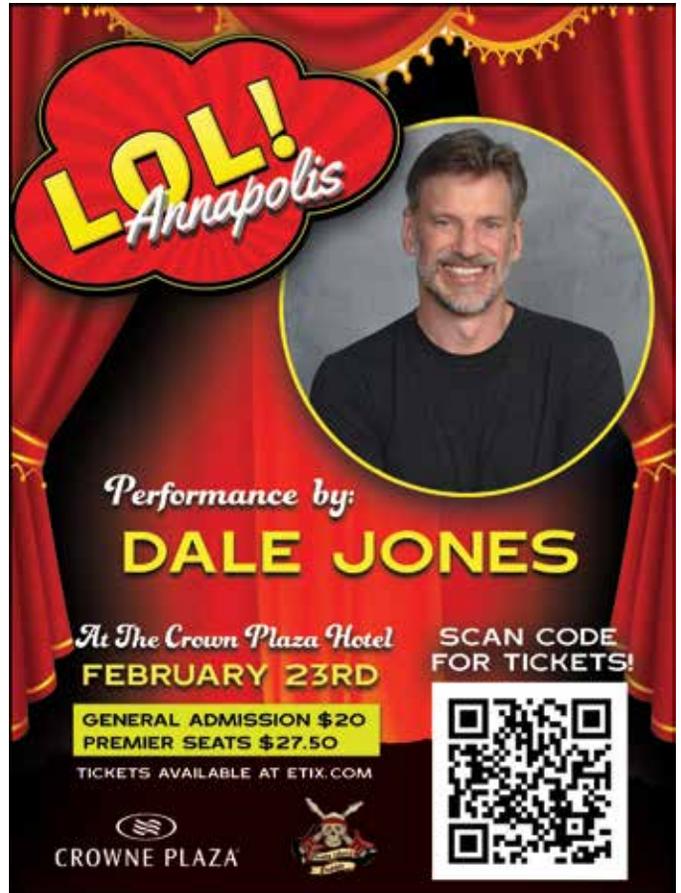
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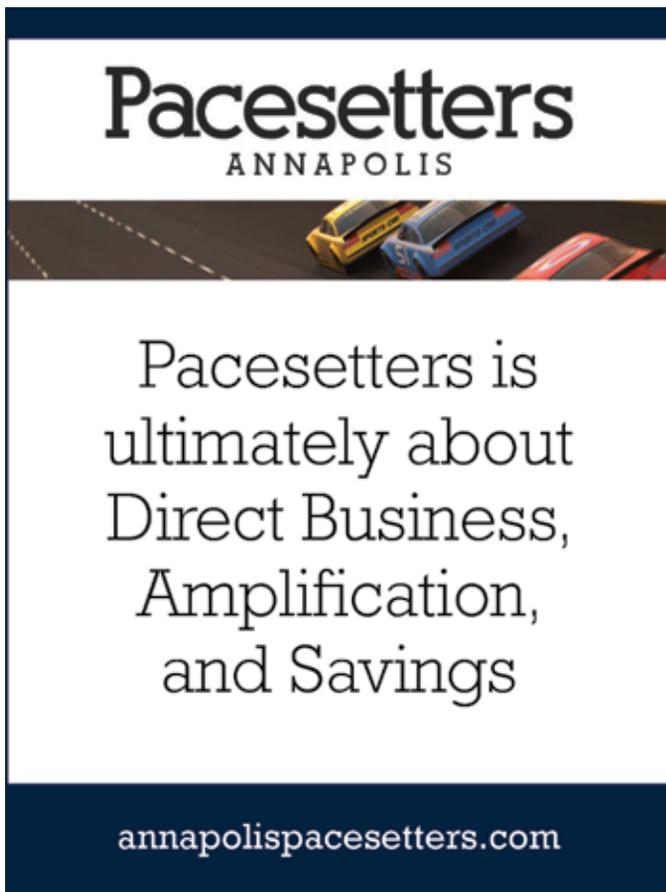
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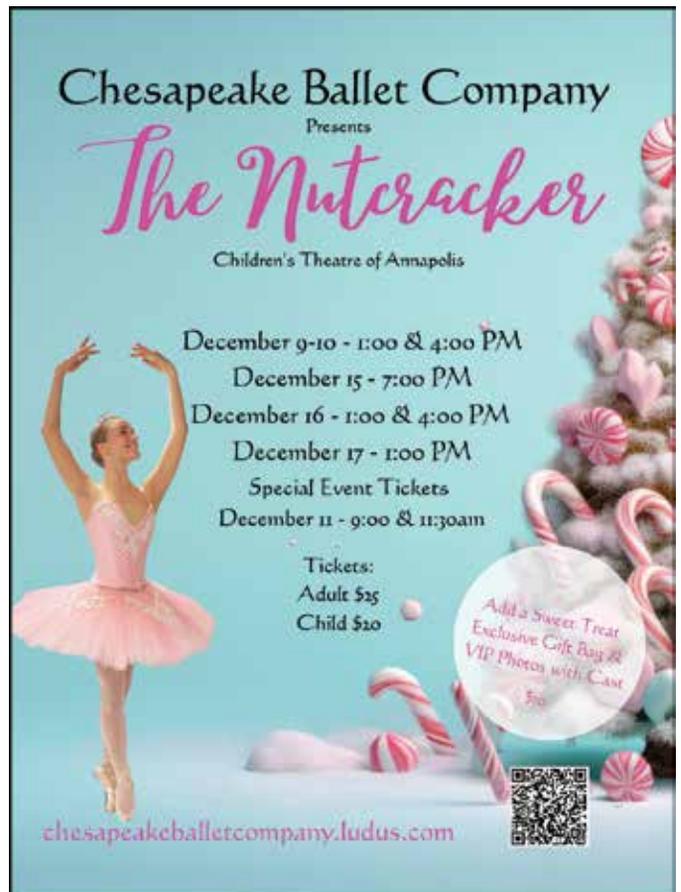


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