

WHAT'S UP?

annapolis

HOME GROWN
LOCALLY OWNED

ANNAPOLIS • MEDIA • WHAT'S UP? • MIDDLETOWN • CENTRAL SHORE • CENTRAL MARYLAND • MARYLAND



GLORIOUS SKIPJACKS
ENDURING VESSELS
OF THE BAY

THE RIGHT TOUCH
FEMALE FARMING
PROGRAMS GROW!

THE TOTAL PACKAGE
35+ HOME, HEALTH
& FITNESS TRENDS!

WHAT'S UP? MEDIA APRIL 2025

\$4.95



0 74851 08748 0 04

Why Breast Augmentation?

Whether it's for a boost in self-esteem, restoring balance after life changes, or simply exploring new possibilities, the choice is deeply personal.

We're here to guide you through every step, with care, respect, and understanding. Ready to learn more? Let's start a conversation when you're ready.



“At every stage of life, your body evolves—and sometimes, you might wish to feel a little more at ease with the changes. Breast augmentation is about more than just appearance; it's about enhancing what makes you feel confident, comfortable, and aligned with your true self.” - *Claire Duggal, MD*

Offering complimentary Breast Augmentation consultations in the month of April. Call us today to schedule your appointment



SANDEL DUGGAL
PLASTIC SURGERY

410-266-7120
SandelDuggal.com

We Solve Complex Dental Problems

At Djawdan Center for Implant and Restorative Dentistry, we're not just experts: we're pioneers in transforming smiles and lives. Our Board-Certified doctor brings specialized expertise in diagnosing and treating intricate prosthetic and implant challenges. Whether you need dental implants, full arch restorations, or advanced cosmetic and restorative dentistry, our team is equipped to provide top-tier patient care at the forefront of dental innovation.



American Board of
Oral Implantology

Dr. Kian Djawdan (pronounced jav-dan) has devoted his practice to helping adult patients with complex dental problems. We have created a unique dental practice where adult patients with complex dental problems can have all of their treatment completed in one office with one dentist. Dr. Djawdan is Board Certified by the American Board of Implantology/Implant Dentistry and is considered an Expert in implant dentistry. Dr. Djawdan is specially trained and licensed to administer IV sedation for any surgical or restorative dental procedure.

Call or Text 410-266-7645 Now
to Schedule Your Judgement Free (No Fee) Consultation

- ✓ *Decades of Specialized Experience*
Our 30-year legacy ensures that you'll enjoy stellar care and beautiful results from the hands of a seasoned expert.
- ✓ *Board-Certified Precision*
As a Board-Certified specialist, Dr. Djawdan possesses the profound knowledge and skill required to handle the most complex dental cases.
- ✓ *Integrated Dental Solutions*
Our ability to handle all aspects of your treatment ensures seamless coordination over fewer visits, more consistent care and superior results.
- ✓ *Advanced Sedation Options*
Experience anxiety-free procedures with our comprehensive sedation options, tailored to your comfort and specific needs.

Djawdan Center
for Implant and Restorative Dentistry
Restoring Hope & Confidence

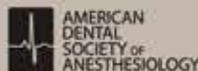
133 Defense Hwy, Suite 210
Annapolis, Maryland 21401

410.266.7645

www.smileannapolis.com



Our Professional
Training & Dental
Credentials



GRADUATE
KOOS CENTER



Joe Bray

Eastern Shore Waterfront Expert

Joe Bray, Senior Partner and Eastern Shore Specialist with the Brad Kappel Team, brings over 15 years of local expertise and more than \$500 million in lifetime sales. With a deep-rooted presence on Maryland's Eastern Shore, he specializes in luxury and waterfront properties, delivering exceptional results for discerning clients.

- 15-Year Eastern Shore Resident
- Executive of the Year | President's Award
- Proven Industry Leader

Call Joe to Make *Your Move* in 2025



Joe Bray
Senior Partner
Eastern Shore Specialist

M + 410-936-8904
jbray@ttrsir.com

Annapolis Brokerage
209 Main Street
Annapolis, MD 21401



©2025 Sotheby's International Realty Affiliates LLC. All Rights Reserved. Sotheby's International Realty® is a licensed trademark to Sotheby's International Realty Affiliates LLC. Each Office Is Independently Owned And Operated. SIRI

Maryland's #1 Waterfront Team



200 Bridgeview Lane
\$14,950,000



101 Cove Creek Court
\$5,000,000



3207 Bennett Point Road
\$3,995,000



Sunset Wharf at Bay Bridge Marina
Units starting at \$2,350,000



330 Wye Narrows
\$4,600,000



210 Corsica Point Lane
\$4,300,000

For those Seeking the Exceptional

Visit bradkappel.com to view our complete portfolio of the region's finest properties.

Brad Kappel
Executive Vice President

M + 410-279-9476

O + 410-280-5600

brad.kappel@sothebysrealty.com

bradkappel.com

Annapolis Brokerage

209 Main Street

Annapolis, MD 21401



Make Your Move





YOUR REFLECTION,

Renewed

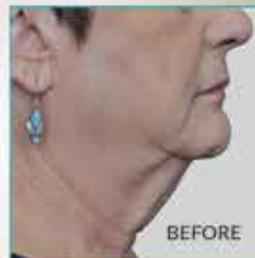
EMBRACE A MORE YOUTHFUL, REJUVENATED YOU WITH ANNAPOLIS PLASTIC SURGERY

We know how important it is to look and feel your best at every age. That's why we offer expert facelift procedures tailored to your unique needs and goals.

Our board-certified surgeon, Dr. Bryan Ambro, combines artistry with advanced techniques to deliver natural-looking results that enhance your natural beauty. Whether you're seeking to smooth wrinkles, tighten loose skin, or redefine facial contours, we're here to help you achieve your aesthetic aspirations with precision and care.

With our comprehensive approach to facial rejuvenation, you can trust that you're in good hands every step of the way. From your initial consultation to post-operative care, our team is dedicated to ensuring your comfort, safety, and satisfaction throughout your entire facelift journey.

Say goodbye to sagging skin and hello to a more confident, radiant you. Take the first step towards a fresher, more youthful appearance today by scheduling your consultation with Annapolis Plastic Surgery. Because when it comes to your beauty and well-being, you deserve nothing less than excellence.



BEFORE



AFTER

Actual patient - Face and Neck lift



Dr. Bryan Ambro is a double board-certified facial plastic surgeon who specializes in aesthetic and reconstructive surgery of the face, head, and neck. Named a "Top Doc" by *What's Up? Magazine* every year since 2015, he is renowned for delivering exceptional care and achieving natural, personalized results for every patient.

YOUR LASER DESTINATION FOR ADVANCED SKIN REJUVENATION IN MARYLAND

At Annapolis Plastic Surgery, we offer Deep Laser Resurfacing with Sciton's advanced Contour TRL technology - your key to rejuvenated, vibrant skin. As Maryland's premier destination for advanced laser treatments, we specialize in achieving exceptional results with minimal downtime. Contour TRL penetrates deep into the skin, tackling the most stubborn imperfections like scars, wrinkles, and rough texture to leave you looking flawless.

Whether you're seeking smoother skin, reduced wrinkles, or an overall radiant complexion, this powerful treatment offers lasting results. For an even more personalized approach, our team combines Contour TRL with other advanced Sciton technologies like ProFractional™ or BBL® HERO™ to address multiple skin concerns at once. As Sciton Luminaries, Dr. Bryan Ambro and Caroline Simm CRNP, are dedicated to offering the most innovative and effective treatments to achieve your skincare goals. Discover the transformative power of Deep Laser Resurfacing at Annapolis Plastic Surgery - where your skin's rejuvenation journey begins.



Actual patient - Contour TRL/Deep Resurfacing, one treatment

MICROLASER/NANOLASER PEEL

Powered by Sciton's advanced technology, the MicroLaser and NanoLaser Peels refresh and rejuvenate your skin with minimal downtime. These treatments can be customized to the ideal depth for your skin's unique needs, whether you're looking to smooth texture, even skin tone, or reduce fine lines and wrinkles. The MicroLaser Peel provides deeper resurfacing for a youthful glow, while the NanoLaser Peel gently polishes the skin for a brighter, more even complexion. Both stimulate new cell growth, leaving your skin soft, supple, and refreshed - perfect alone or combined with other aesthetic laser treatments for enhanced results.

BBL HERO

The solution for pigmentation, sun damage, acne, redness, and more, this acclaimed treatment works wonders on aging skin with minimal to no downtime. Powered by Sciton's advanced technology, BBL HERO ensures consistent, effective results for every patient. This pulsed light treatment is designed to be faster, more comfortable, and more effective. It can be used on large areas of the body, such as the chest, arms, and legs, to shorten treatment time and improve results.



JAMES E. CHAPPELL, MD, FACS
Board Certified in Plastic Surgery by the American Board of Plastic Surgery

BRYAN T. AMBRO, MD, MS
Board Certified, Facial Plastic Surgeon

CAROLINE SIMM, CRNP



LASER SKIN REJUVENATION • FACE/NECK LIFT • RHINOPLASTY • BREAST AUGMENTATION • TUMMY TUCKS • LIPOSUCTION • COOLSCULPTING



Schedule a consultation today at: (410) 266-7215

2002 Medical Parkway, Suite 215, Annapolis, MD
annapolisplasticsurgery.com

MANY AGENTS.
MANY HOUSES.
MANY STEPS.
MANY CALLS.
MANY QUESTIONS.

ONE

SOLUTION

LONG &
FOSTER®
REAL ESTATE





#1

IN ANNE ARUNDEL COUNTY

Annapolis Bestgate
711 Bestgate Road
410-224-0600

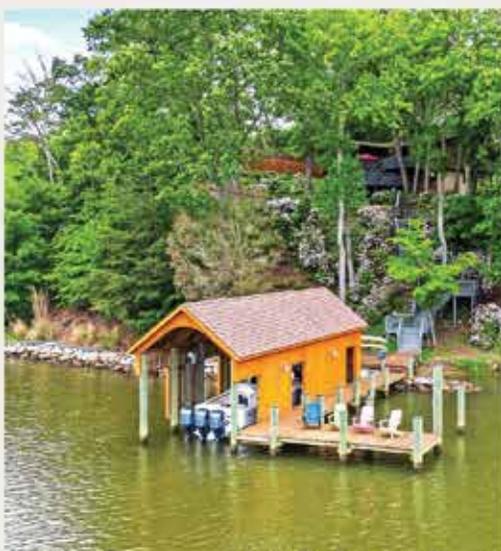
Annapolis Eastport
320 Sixth Street
410-260-2800

Annapolis Fine Homes
145 Main Street
410-263-3400

Severna Park
541-B Baltimore Annapolis Blvd
410-544-4000

* Source: Supporting Data from BRIGHTMLS 01/01/24 - 12/31/24







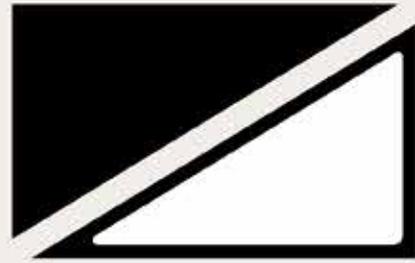
#1 at what matters most,





happy clients.





DAVID ORSO

BERKSHIRE HATHAWAY HOMESERVICES
PENFED REALTY

A reputation built on superior real estate RESULTS;
David has hundreds of unsolicited FIVE STAR
reviews from happy clients.

Consider a confidential conversation with David
when you are ready to take the next step in your
real estate journey. His professional and
approachable style will showcase the substantial
value he can add to your real estate journey.

DAVIDORSO.COM

PROGRAM ON NEGOTIATION
HARVARD LAW SCHOOL



REAL ESTATE MARKETING
LOYOLA
UNIVERSITY MARYLAND



COLLEGE OF PSYCHOLOGY
University of Dayton

443.372.7171 –o • 443.691.0838 –m

8 Evergreen Road
Severna Park, MD 21146

1997 Annapolis Exchange Parkway
Annapolis, MD 21401



- 2012
- 2013
- 2014
- 2015
- 2016
- 2017
- 2018
- 2019
- 2020
- 2021
- 2022
- 2023
- 2024

13 TIME WINNER

*2023 BHH Affiliates, LLC. An independently owned and operated franchise of BHH Affiliates, LLC. Berkshire Hathaway Home Services and the Berkshire Hathaway Home Services symbol are registered service marks of Columbus Insurance Company, a Berkshire Hathaway affiliate. Equal Housing Opportunity.

Skin Wellness *md*

skinwellnessmd.com

BBL HERO FOR THE BODY: THE SCIENCE BEHIND CLEAR, EVEN-TONED SKIN

BBL Laser is known for its skin-rejuvenating effects on the face, but it's just as powerful for the body. As the leading laser treatment experts in the Annapolis area, we use **BBL HERO** to reveal radiant, even-toned, and healthy skin just in time for summer.

BBL (BroadBand Light) targets sun damage, discoloration, and uneven tone on areas like the **chest, arms, back, and legs**. This advanced treatment removes pigmentation, boosts collagen, and smooths skin, so you can confidently show off a clear, refreshed look all summer long.

REAL RESULTS: BBL HERO BEFORE & AFTER



FINISH YOUR SUMMER PREP WITH COOLSCULPTING ELITE

Freeze stubborn fat with **CoolSculpting ELITE**, the most advanced non-invasive fat reduction treatment. As the **ONLY** provider in the area, Skin Wellness MD helps you sculpt and define your body with lasting results.



WHY SKIN WELLNESS MD?

The team at Skin Wellness MD is comprised of highly trained medical professionals who specialize in the latest aesthetic technologies & techniques.

With over 20 years of collective experience, the team shares the goal of providing patients with the highest quality of cosmetic care in the industry.

SEE OUR RESULTS



Call us today to schedule your consult

COMPLIMENTARY
CONSULTATIONS

410-224-2400



127 Lubrano Drive, Suite 101, Annapolis, MD 21401
kim@skinwellnessmd.com | 410-224-2400





Prevent colon cancer *before* it starts

If you're 45 or older, it's time to get screened. Colon cancer is one of the most preventable cancers when caught early, and you have options—including at-home testing.

At Luminis Health, we offer the following:

- At-home test kits – quick and noninvasive
- Colonoscopy – the most effective way to detect and remove polyps
- Genetic testing and counseling – for those with a family history
- Comprehensive care and support – from treatment to survivorship

Talk to your primary care provider about the best option for you. Visit **Luminis.Health/Schedule** to make an appointment.



Contents



APRIL 2025

◀ **On the Cover:** The skipjack *Rebecca T. Ruark*. Photo by Steve Brower, Gallery 1113 LLC. Design by August Schwartz
What's Up? Annapolis online at whatsupmag.com.
♻️ Please recycle this magazine.



Arts & Culture

24 Events highlights special celebrations and activities to enjoy this month BY MEGAN KOTELCHUCK

28 Arts covers local exhibitions, artists, galleries, and museums

30 Arts: ArtFarm Blossoms profiles a hub of creativity BY CAROL DENNY

32 Music: Let's Go! Music Festival interviews the brother/sister founding team behind the fest BY JAMES HOUCK

34 Attractions: Spring Baseball Preview offers major and minor league team updates BY TYLER INGLE

36 Social showcases photographs ▶ of recent charity events

40 Charity: AAMC Foundation highlights the organization's philanthropic work BY LISA A. LEWIS

42 Interview: Wizards Bub Carrington discusses the rookie guard's ascension to the NBA BY TOM WORG

Features

44 Skipjacks of the Bay explores the history, nostalgia, and maritime industry surrounding these iconic Chesapeake vessels BY ELLEN MOYER

49 Sailing & Sustainability offers insights into new sporting standards and best practices for healthier waterways BY GARY JOBSON

52 MidAtlantic Women in Agriculture reveals how a state program fosters entrepreneurship, camaraderie, and the next generation of female farmers BY RITA CALVERT



60 In Fitness and In Health offers 16 wellness trends that we're watching...and maybe even trying!

65 15 for '25 has the most intriguing and dynamic interior design trends to emerge from High Point Market BY LISA J. GOTTO

73 Spring Forward! 2025 Home Resource Guide features listings of dedicated home professionals serving our region

Home & Garden

86 Featured Home: A Mid-Century Modern Renaissance Remodel showcases a complete transformation of an Acorn Deck-style home BY LISA J. GOTTO

94 Interior: Set the Date & Your Table is visual feast of spring tabletop inspiration BY LISA J. GOTTO

100 Stylish Annapolis Sanctuary profiles 6,000-square foot Cape Cod style home that sold for a hair under \$1 million BY LISA J. GOTTO

104 Timeless Elegance of a Historical Treasure reveals why this circa-1885 home in Annapolis sold for \$1.225 million BY LISA J. GOTTO



WHAT'S UP?
annapolis

Publisher & President

Veronica Tovey (x1102)

Editorial Director

James Houck (x1104)

COO & Director of Advertising

Ashley Raymond (x1115)

Entertainment Editor

Megan Kotelchuck (x1129)

Contributing Editors

Lisa J. Gotto, Dylan Roche

Contributing Writers

Rita Calvert, Carol Denny,
 Tyler Ingle, Gary Jobson,
 Lisa A. Lewis, Ellen Moyer,
 Tom Worgo

Staff Photographers

Tony Lewis, Jr.

Contributing Photographers

Steve Brower with Gallery 1113 LLC,
 David Burroughs, Michele Sheiko

Art Director

August Schwartz (x1119)

Graphic Designers

Matt D'Adamo (x1117), Lauren Ropel (x1123)

Web Content Specialist

Arden Haley

Production Coordinator

Amanda Stepka

**Marketing and Social
 Media Specialist**

Maria Dimalanta

Senior Account Executive

Kathy Sauve (x1107)

Account Executives

Beth Kuhl (x1112) Nina Peake (x1106),
 Michelle Roe (x1113)

Finance Manager

Deneen Mercer (x1105)

Bookkeeper

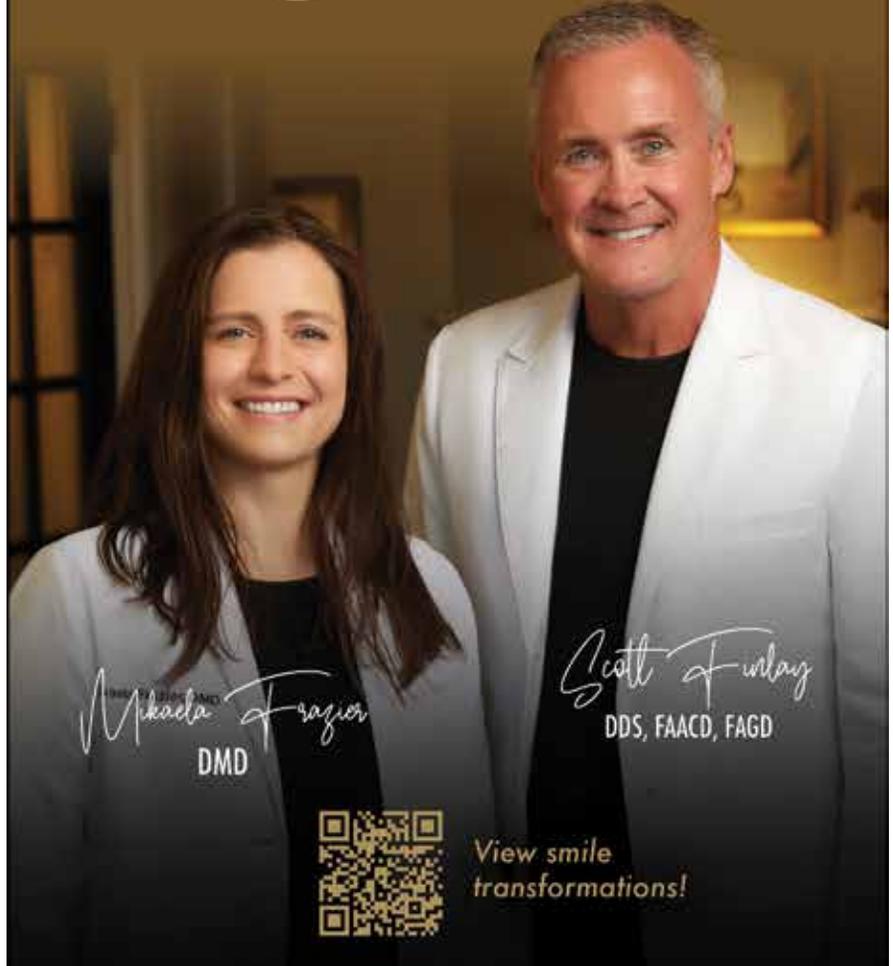
Heather Teat (x1109)

WHATSUPMAG.COM



What's Up? Annapolis is published by What's Up? Media 900 Bestgate Road, Ste. 202, Annapolis, MD 21401, 410-266-6287. No part of this magazine may be reproduced in any form without express written consent of the publisher. Publisher disclaims any and all responsibility for omissions and errors. All rights reserved. Total printed circulation is 44,582 copies with an estimated readership of 160,045. ©2025 What's Up? Media. **Home Grown, Locally Owned: This issue of What's Up? Annapolis employs more than 25 local residents.**

EXPERTISE
for a Brighter Smile



Mikaela Frazier
 DMD

Scott Furlay
 DDS, FAACD, FAGD



View smile transformations!

Annapolis Smiles has been consistently voted the Best Cosmetic and Restorative Dentist in Annapolis thanks in part to its tenured team of caring dental professionals, five-star service and commitment to exceptional care.



AnnapolisSmiles.com
410-989-7132

1460 RITCHIE HIGHWAY, SUITE 203, ARNOLD, MD



OMNIA REAL ESTATE

DONT TAKE OUR WORD FOR IT, HERE ARE WHAT RECENT CLIENTS HAD TO SAY!



Claire Buchner

"My wife and I worked with Claire and Omnia to sell our home in Annapolis. We couldn't be more pleased with our experience. Claire worked hard to ensure we got the best price for our house. She also kept us very informed throughout the whole process. We would definitely use her again in the future!"

- Alex S.



Ashley Sebastianelli

"Ashley just sold our home in Annapolis, Maryland. She was extremely professional and exact in her advice while listing our home. She helped us with staging and worked with contractors to get the home ready to sell. She was willing to assist a US service member living abroad and convert a rental property into a listing. Her team was able to think through multiple scenarios to maximize our selling price."

- John A.



Leslie Shafer

"If everyone is as consistent, outgoing, professional and knowledgeable as Leslie Shafer, this is the best real estate company period. I could not have asked for a smoother transition from start to finish. Thank you for making our homeownership journey a great experience. I will be working with Omnia again. Thank you for everything!"

- Shaka F.

Our clients' own words are the best proof of Omnia's commitment to excellence. Scan below for more client testimonials, helpful videos, and to learn how Omnia blends technology with heartfelt service and unmatched expertise.

(202) 430-6337 | info@omniareal.com
omniareal.com





Chesapeake Financial Planning & TAX SERVICES, LLC

The advisors at **Chesapeake Financial Planning** offer a broad range of services to meet your wealth management needs. Our team offers comprehensive financial planning designed to identify gaps and risks in your current strategy that could prevent you from reaching your objectives.

The services we offer include but are not limited to:

- Family Wealth Management and Strategies
- Personalized Recommendations
- Asset Allocation & Protection
- Wealth Management & Retirement Planning
- Income Planning
- Divorce Planning
- Estate Planning
- IRA's & 401(k) Rollovers
- Tax Planning
- Stocks, Bonds, Annuities
- Insurance, Disability, Life, Long Term Care



Chesapeake Financial Planning

71 Old Mill Bottom Rd. N, Ste. 201

Annapolis, MD 21409

Phone: 410.974.0410 Fax: 410.974.0614

www.chesapeake-financial.com

Location also in Boca Raton, FL

Securities offered through J.W. Cole Financial (JWC) member FINRA/SIPC. Advisory Services offered through J.W. Cole Advisors, Inc. (JWCA). Financial planning, insurance, and tax services offered through Bay Financial Planning and Tax Services, LLC DBA Chesapeake Financial Planning, a Registered Investment Adviser. Bay Financial Planning and Tax Services, LLC and JWC/JWCA are unaffiliated entities.

Contents

COMING UP IN MAY 2025

Meet Local Up & Coming Lawyers, Guide to Nonprofits & Charity Events, The Osprey/Menhaden Connection, O's GM Mike Elias Talks Baseball



Health & Beauty

BY DYLAN ROCHE

- 108** 5 Signs You're Lacking Potassium
- 111** Don't Underestimate Peer Support
- 112** Kids Use Skincare Products Now?
- 114** Hypochondria Explained



Food & Dining

◀ **118** Readers' Restaurant Reviews features your restaurant reviews

120 Readers' Dining Guide offers local restaurant listings for your consideration

In Every Issue

18 From the Editor shares James' thoughts on this month's issue

128 Where's Wilma? Find the *What's Up?* Media mascot and win

From the EDITOR



Welcome to the April edition of *What's Up? Annapolis*. We're just a couple weeks into the spring season and yet, I feel like I'm already in summer mode. At our offices, we've been busy preparing content months in advance for the magazines ahead. But...when I reviewed all the articles, columns, photography, and marketing packaged into this issue one last time before giving final approval of all files, it got me pretty darn excited for this month. Beyond the first few pages of awesome events coming up, we meet a few folks doing some amazing things for our community. And a couple of fun interviews with them reveal their magic and joie de vivre.

Then, our feature articles get into some very intriguing topics that are unique to our region. Skipjacks are still making history. Sailors are going green. Women are helping shape the future of farming. There are, like, 30-some super trends to sift through—for your home, for your body. About 75 industry pros listed in our Home Resource Guide. And nearly double that number of restaurants named in the dining guide (time to make our reservations for Easter brunch, and while we're at it, Mother's Day).

And, oh yeah, baseball season has officially begun. Go O's...and Nats, Baysox, Shorebirds! Have a wonderful April.

Total Rejuvenation is Our Art

Elba M. Pacheco, M.D.

*Board Certified Cosmetic Eyelid
Surgeon, Injectables Artist*

Dr. Pacheco is known in the region as one of the premier cosmetic eyelid surgeons. Highly skilled and with an artistic eye, she is also a master with injectables and non-invasive techniques, allowing her patients to achieve total rejuvenation.



Mary Cofran RN,BSN,MS

Awarded 2024
Best Aesthetic
& Laser RN



Injectables | Halo[®] | Thermage[®] | HydraFacial[®] | Cosmetic Eyelid Surgery | Liquid Facelift



Open Your Eyes to the Possibilities...
SCHEDULE A CONSULTATION TODAY!
410.647.0123 | myeyelids.com

eliminating racism
empowering women

ywca

Please join us for...

2025

Bash FOR OUR Besties!

Fabulous fare
from Ken's and
Main & Market

Retro
cocktail
camper

Oyster Bar

Live music
with the
Bachelor Boys

Adirondack
and fire pit
lounge

May 29, 2025

5:30-8:30pm

Charles Carroll House
107 Duke of Gloucester St.
Annapolis, MD



Vintage
VW photo bus



For more information:
www.annapolisywca.org

 The Choice of Women.

The Quality of Mercy.



Mercy Physicians at Annapolis

Experience, Compassion, and Medical Excellence in Breast Cancer, Gynecology and Gynecologic Oncology care. Proud to serve the women of Annapolis for more than 25 years.

- **Breast Cancer** – Wen Liang, D.O.
- **Gynecology** – Susan Todd Peeler, M.D., and Patricia McMullen, CRNP
- **Gynecologic Oncology** – Teresa Diaz-Montes, M.D., and Katherine Watson, CRNP

888 Bestgate Road | 443-949-3401 | mdmercy.com

 Mercy

All-Inclusive Fundraiser: live music, beach cuisine, open bar, raw oysters, waterfront views



Annapolis SUBARU PROUDLY SPONSORS

Bands IN THE Sand



TICKETS ON SALE NOW

Saturday, June 14, 2025 | 5:30 to 10 P.M. | Philip Merrill Environmental Center | 6 Hemdon Avenue, Annapolis, Maryland



Title Sponsor



Founding Sponsor



Cleaning Sponsor



Craft Beverage & Brew Sponsor



Distributor Sponsor



Oyster Reef Sponsor



Stage & Music Sponsor



VIP Lounge & Plant-Based Food Sponsor



For event information and tickets, visit CBF.ORG/BANDSINTHESAND



CO₂ neutral



Arts & Culture

24 EVENTS

28 ARTS

32 MUSIC

34 ATTRACTIONS

36 SOCIAL

40 CHARITY

42 INTERVIEW

Annapolis Spring Sailboat Show

PG. 25



CIRQUE DE PARIS

Europe’s most famous circus is back by popular demand for an all-new experience: Cirque de Paris presented by Anouchka Bouglione. Cirque de Paris will be under the big top at the Annapolis Mall for multiple shows April 3rd through 13th. This one-ring family spectacle is full of thrills, humor, and elegance. The all-new show boasts a never-before-seen ensemble of Europe’s best circus artists including BMX riders, illusionists, high-flying aerialists, acrobatics, clowns and more! Find show times and get tickets at cirquedeparis.com.



An Earth Day Tribute

Naptown Philharmonic Orchestra is performing An Earth Day Tribute on April 6th at Maryland Hall in Annapolis. The concert is dedicated to environmental awareness through the power of music and community collaboration. From serene and vibrant melodies, the artists will deliver a performance that resonates with the theme of preserving our planet. Find more information and get tickets at naptownphil.org.

37th Annual Annapolis Opera Vocal Competition

The 37th Annual Vocal Competition is your chance to hear the most talented rising stars in the classical vocal world! Annapolis Opera’s Vocal Competition will take place on April 13th at 3 p.m. at Maryland Hall in Annapolis. This free event showcases singers selected by a panel of renown judges, from hundreds of outstanding applicants from across the nation. The audience will vote for the Audience Choice Award, so be sure to support the semi-finalists! Find more information at annapolisopera.org.



Photo by Ryan Brandenberg

ANNAPOLIS SYMPHONY ORCHESTRA MASTERWORKS “FIESTA”

Experience two extraordinary evenings with Annapolis Symphony Orchestra’s Masterwork Series. On April 4th and 5th, ASO and Dali Quartet (pictured) will perform the Annapolis premiere of contemporary composer Sonia Morales-Matos’ “Fiesta No. 2” at Maryland Hall. A vibrant fusion of Latin American dance rhythms with classical brilliance, this festive work for string quartet, string orchestra, and percussion invites the audience to a joyful celebration of unity, peace, and hope. Get tickets at annapolisymphony.org.



ANNAPOLIS SPRING SAILBOAT SHOW

The Annapolis Spring Sailboat Show returns to our historic seaport town April 25th through 27th at City Dock. The show will showcase new and brokerage boats including catamarans, monohulls, family cruisers, daysailers, and inflatables. There will be plenty for everyone to enjoy with live entertainment, seminars, a festive tasting tent, shopping, and, of course, plenty of boats. Get tickets and find more information at annapolisboatshows.com.



Blue Ribbon Bash

Join the Blue Ribbon Project on April 26th for the 2025 Blue Ribbon Bash. The event includes dinner, silent auction, a 50/50 raffle, dancing, and live music from Pretty Big Deal—all at Severna Park Elks Lodge. The Blue Ribbon Project helps abused and neglected children in our community by providing resources, advocacy, and empowering programs. Donate and get tickets at blueribbonproject.org.

CHESAPEAKE
Baysox
BASEBALL

SEVERNA PARK - 17 MI - LAUREL - 16 MI -
ODENTON - 12 MI - COLLEGE PARK - 16 MI - ANNAPOLIS - 15 MI - CROFTON - 5.7 MI

**CLOSE TO HOME
CLOSER
TO THE ACTION**

B

APRIL 12, 26
FIREWORKS **MAY 17, 31**

TICKETS: **BAYSOX.COM**



Anne Arundel Asian American Festival

The Anne Arundel Asian American Festival is back at the Anne Arundel County Fairgrounds in Crownsville on April 6th. Celebrate Asian American heritage with a family-friendly day of food, music, crafts, arts, and more highlighting Asian and Pacific Island culture. Find more information and get tickets at aapifest.com



MUDDY CREEK ARTIST GUILD SPRING ART SHOW

Muddy Creek Artist Guild presents “Art in Bloom,” it’s spring showcase of all-new works by member artists. The show runs April 2nd to 6th at Christ Church West River Parish Hall. There will be interactive artist talks, live demonstrations, gallery tours, and a new fashion show. Explore Studio Intrepid where you can tap into your own creative side and participate in the raffle, which will support Anne Arundel County Public Schools through the Guild’s Arts Education Fund. Find more information at muddycreekartistsguild.org.



GIGIFIT ACCEPTANCE CHALLENGE

Join GiGi’s Playhouse Annapolis for its 7th Annual Fit Acceptance Challenge. The 5K fun race and 1-mile inspirational walk will be held on April 27th at Quiet Waters Park. Whether you are setting a goal to run your first 5K or want to do something fun and active with your whole family, this is the perfect opportunity to raise awareness for our friends with Down syndrome and celebrate seven years of achievements. Register at gigisplayhouse.org.

Maryland Chicken Wing Festival

Kick off April with one of our favorite Anne Arundel County traditions. On April 5th, from 11 a.m. to 7 p.m., visit the Anne Arundel County Fairgrounds in Crownsville for the 11th annual Maryland Chicken Wing Festival. Enjoy wings of all types from some of the best establishments around. The day will be filled with live entertainment, music, axe throwing, best chicken and leg contest, pepper eating contest, make your own sauce competition, and so much more. Find more information at abceventsinc.com.



Expert of the Month



Meg Fox

Meg Fox, PA-C, MS

Meg Fox Aesthetics | Founder and Owner

Meg Fox is a physician associate with more than 20 years of clinical experience in aesthetics. After a long career in plastic surgery, she was inspired to create a destination that truly puts clients first—allowing them to feel like the best version of themselves. A premier med spa, Meg Fox Aesthetics offers a wide range of services, including neurotoxins (Botox, Dysport), dermal fillers, microneedling, and laser treatments. Meg brings a wealth of experience as a national trainer for injectors and as a key opinion leader for both Allergan and Galderma. She also serves on the advisory board for Plated Skin Science.

What is your approach to client service?

We focus on creating a personalized, compassionate, and results-driven experience. We prioritize safety and medical integrity and foster nurturing, collaborative relationships with our patients. Each client is treated with kindness and respect as we work together to achieve their beauty goals. Guided by years of expertise and integrity, we strive to deliver natural-looking, non-surgical results that not only enhance beauty but also boost self-confidence.

What excites you most about your profession?

I love helping people feel better about themselves and using my skills to create natural results that make my clients feel confident

and beautiful. Aesthetics is always changing, and I enjoy staying on top of the latest treatments to provide my patients with the best care. What really drives me is the personal connection I build with each client and supporting them throughout their journey with kindness and honesty.

What sets Meg Fox Aesthetics apart from other med spas in the area?

Our focus on a personalized, boutique experience sets us apart from other med spas. We're not just a place that provides services; we're a destination where clients can shop, enjoy aesthetic treatments, and build meaningful relationships. We treat each client like a friend, taking the time to understand their needs and providing customized solutions that make them feel nurtured and confident.

Another key difference is our commitment to ongoing training. Thanks to my status as a national trainer, our team has ample opportunities for continued education and training, ensuring that we offer the latest and most advanced techniques in aesthetics.

Meg Fox Aesthetics

2496 Riva Road, Suite 410 | Annapolis, MD 21401
301-778-1326

876 Kenilworth Drive | Towson, MD 21204
301-778-1467
www.megfoxaesthetics.com

Arts



Print Generation

National Museum of Asian Art, Washington, D.C.;
Asia.si.edu; Through April 27th

In the early decades of the 20th century, a new generation of print artists broke from existing traditions in Japanese printmaking. These ambitious artists sought to reinvent the medium by undertaking all aspects of a work's creation—designing, carving, and printing—themselves. This new approach to printmaking became known as the *shosaku hanga* (creative print) movement, and the resulting artworks are often rough, raw, and unique to each artist's developing techniques and abilities. Image credit: Sekino Natsuki (detail), Shinagawa Takumi / National Museum of Asian Art, Smithsonian Institution.



Sacred Spaces

Banneker-Douglass-Tubman Museum, Annapolis;
Bdmuseum.maryland.gov;
Through December 25th

The Banneker-Douglass-Tubman Museum proudly presents "Sacred Spaces," a solo exhibition showcasing the work of Jabari Jefferson (pictured), curated by Martina Dodd, Curator of Collections & Exhibitions. This exhibition will debut never-before-seen works on canvas, striking sculptures, and a large-scale community installation created in collaboration with local Annapolis students and residents. Through his innovative approach to oil paint, mixed media, and augmented reality, Jefferson masterfully transforms salvaged materials, including textiles, books, soil, and clothing, into provocative artworks that challenge our notions of value and disposability.



Big Color

Jo Fleming Contemporary Art, Annapolis;
Joflemingcontemporaryart.com; Through April 27th

This exhibition celebrates the bold and expressive power of abstraction through the work of two distinct artists, Barbara Januskiewicz and John Grunwell. Januskiewicz's luminous compositions recall the stained canvases of Morris Louis and Helen Frankenthaler, yet her approach is uniquely fluid, balancing elegance with motion. In contrast, Grunwell's work embraces structure and intensity, utilizing hard-edge geometries, converging lines, and pulsating hues to explore the cosmic forces that shape our existence. Together, their works engage in vibrant dialogue. Image courtesy Jo Fleming Contemporary Art.



Reflecting

Maryland Federation of Art, Circle Gallery, Annapolis;
Mdfedart.com; Through April 26th

Reflections can appear in many different forms. They can be both literal or metaphorical. Reflections found in shop windows, still ponds, or on faces in mirrors can surprise and delight. The physical nature of light reflects changes in appearances and reveals unexpected sensations. Reflections can also be internal; emotional, cerebral, or spiritual. Maryland Federation of Art (MFA) asked artists to show what reflecting means to them. The exhibit features juried, original 2D or 3D artwork. Image credit: *Chasing Birds No.5* by Nancy Cloonan, from Reflections 2024.



Construction & Landscaping

Pool Construction | Pool Rehab
Hardscapes | Landscapes

Annapolis

410-266-8700

www.olmobros.com



An Investment That Grows

ArtFarm Blossoms

By Carol Denny

Alison Harbaugh and Darin Gilliam, co-founders of the wonderfully-named ArtFarm, are working on solving an age-old challenge: How do you plant the seeds of creativity? How do you encourage them to grow?

The two artist/entrepreneurs have pondered these questions and come up with some non-traditional answers. They're out to demystify the artistic experience and, in the process, "create something really cool and funky."

In their 3,200-square-foot studio space off Chinquapin Round Road in Annapolis, Harbaugh and Gilliam present a range of classes, workshops, art camps, open studios, and artist markets designed to ignite the creative spark in everyone. "We focus on fundamentals, but fun stuff, too, so people won't feel 'I'm scared of art,'" Harbaugh explains. "We just want people to try—to go through the process of making art. To realize, hey, it doesn't have to be perfect. If it's not perfect, throw it away!"

ArtFarm's catalog of classes for kids and adults reads like a map of artistic adventures. This spring, it includes workshops in photography, watercolor and acrylic painting, bookmaking, macrame, block printing, letterpress and embroidery, among others. Events like drop-in Sketch Nights give artists the chance to work with live models, while monthly Creative Circle meet-ups focus on hands-on activities and communing with like-minded friends.



Kids enjoy an art activity during their end of semester art show.



Darin Gilliam and Alison Harbaugh. Photo by Amy Raab.

ArtFarm teachers also offer one-on-one lessons, as well as private group lessons. Art parties for kids or adults furnish the ideas, the space and the materials for one-of-a-kind creative gatherings. Onstage, aspiring performers can try drop-in improv classes or burlesque, or head to the sound booth for Podcasting 101.

Improv? Burlesque? "We're offering something a little against the grain," Harbaugh says. "We want to be gritty, fun, surprising."

Each year, Art Farm hosts popular summer camps for ages 4–16. In 2025, kids can explore clay, jewelry-making and batik, or join the Fearless Girls Photography Camp. (See the full schedule and register online at artfarmannapolis.com/summer-camps.)

Harbaugh believes that in the post-Covid era, people of all ages are actively seeking a place where they can nurture the innate human need for creative expression and community. Providing a Third Space—a dedicated place to tap into one's creativity and share that experience with others—is the heart and soul of the ArtFarm ethos, and feedback from students and teachers emphasizes the joyful results.

Anita Hagan, a working artist who teaches several classes at ArtFarm, says, "Alison and Darin are passionate about what they do, and they work hard to offer new and fascinating opportunities to learn. I teach mostly beginner classes for adults, and I often hear 'I'm not artistic...I can't draw a straight line.' I love the moment they create something and are amazed at their own ability."

Working in the company of others, participants agree, enhances the joy of creation. "I discovered my artist community through the monthly Creative Circle," said one member. "I'm incredibly inspired and motivated by the enthusiasm and encouragement I receive."

Adult student TJ Matton, whose husband and child are also ArtFarm regulars, appreciates the long-range benefits they get, noting that they go far beyond the classroom. "Creativity teaches you how to explore your curiosity, take risks, navigate mistakes and regrets, and engage in uncertainty—certainly skills for life. ArtFarm gets that."

ArtFarm is a sister effort with AND Creative, which produces shows and events around town for groups such as Visit Annapolis, Maryland Hall, and Annapolis Arts District. Throughout the year, the AND Creative Gallery adjacent to ArtFarm Studios hosts five shows featuring



ArtFarm teachers Montana Mitchell and Megan Alodie enjoy some painting time at ArtFarm studios.

local artists (Harbaugh and Gilliam will present their first show there in May).

Over ten years, the artists' partnership has grown from earlier storefront locations on Maryland Avenue and West Street to its current location, where it continues to expand.

"Our space is meant to inspire," said Gilliam of the art-filled rooms. "We want people to walk in and say, this just feels so good. It's easy to travel down the road to D.C. or Baltimore to experience great art. We wanted that to happen in our own backyard. We love to create opportunities for locals and visitors to our town to see all the talent that already exists here and encourage outsiders to present their works here."

For Harbaugh and Gilliam, self-described "art girls," there's no shortage of plans for the future. They're intent on deepening the flow of artistic expression in Annapolis, and committed to helping artists produce, present, and sell their work. "We want people to come with their ideas and work with them to create something," the pair agrees. "We believe that if we build it, they will come."

AND Creative Gallery will be one of the hosts for the Artist Open Studios Tour on April 5th and 6th. The event, from 10 a.m. to 5 p.m., offers visitors an opportunity to explore the creative processes of local artists. Other Annapolis participants include Gallery 57, Jeff Crouse's See Through Lab, and the studios of Quirk n Bach Pottery and Kendyl Lawson. Learn more at artistopenstudios.com.

Hoffman
CUSTOM
EMBROIDERY
& SCREEN PRINTING

Custom Apparel and Branding
Anne Arundel County Based
Fast Turn Arounds

Servicing all Businesses:
Corporate
Restaurant
Medical
Clubs and Associations
Construction
Government/City/County

410 975-0656

Email:
info@HoffmanEmb.com
www.HoffmanEmb.com

LEADERSHIP ANNE ARUNDEL **LAA**

LEADERSHIP SPEAKER SERIES

READY, SET, SOAR!
INSPIRATION FROM
NAVAL AVIATOR,
BARBARA BELL

From being one of the first female graduates of the U.S. Naval Academy to breaking barriers in military aviation, Captain Bell's journey is one of resilience, courage, and values-driven leadership. Hear how she navigated challenges, shaped policy, and continues to empower the next generation of leaders.

Featuring Guest Speaker:
Captain Barbara Bell

Tuesday, April 22
5:00 - 7:00 PM

LAA MEMBERS: \$25
GENERAL PUBLIC: \$45

www.leadershipaa.org

Let's Go! Music Festival

FEST FOUNDERS CHRIS HARTMAN AND LIZ RAWLINGS CELEBRATE FIVE YEARS OF BRINGING THIS UNIQUE LIVE MUSIC EXPERIENCE TO THE COMMUNITY

By James Houck

Sharing in the groove could be the credo that drives brother/sister Chris Hartman and Liz Rawlings in their, now, five-year quest producing Let's Go! Music Festival. The founders/producers of the widely popular weekend festival are fans of multiple music genres. And they credit their lifelong passion for chasing great concerts as the impetus for developing a festival in their own backyard, so to speak, that offers an interactive, family-friendly live music experience.

Held at Anne Arundel County Fairgrounds in Crownsville, Maryland, Let's Go! Music Festival—held June 6th and 7th—will see more than 15 national and local bands perform across two



stages, headlined by Young the Giant (Friday) and Third Eye Blind (Saturday). With a nod to contemporary and nostalgic acts, this year's festival leans toward a rock lineup. But that wasn't always the case, as we learn in our interview with Hartman and Rawlings.

How did you brainstorm this year's lineup, then pursue the talent and land the contracts? Chris Hartman: It's like an NFL draft board—planning between bands, dates, routing, and who's coming through (the area). There are bands that want to play for us, but they're starting their tour out in California, so that's a "no." You've got a list of everybody that you think you're going to get, and then...

Liz Rawlings: We try to listen to what people want and build a cohesive festival. Some years it's indie, some years it's punk pop. Some years it's rock. Some years it's a blend of all of it.

Hartman: The festival celebrates music across the board. We did country (in 2022) and that didn't quite pan out, but indie rock has been doing well. Liz and I have wanted Third Eye Blind for three years now. We've been asking and asking, and finally they said yes. So now, we start building the show around them. And you walk it backwards.

Rawlings: We try to bring in big names and rising acts. Last year, Almost Monday was on our second stage, but two months ago they had a number one hit. So, they were at Let's Go! last year, and now they're all over the radio waves and a big act.

It must be fun to bring in these national acts and have them see our little neck of the woods. Rawlings: They love coming here. They usually hit the major markets like D.C. or Baltimore. Knowing that this also exists just 25 minutes down the road has been quite positive for our area, for the artists, too. They think Annapolis is wonderful. It's been fun talking about our town and showcasing everything local.

And they're getting a chance to actually interact with a lot of local artists. Rawlings: It's awesome. One year we dedicated our second stage to all local artists. We want to really amplify and



Chris Hartman and Liz Rawlings

showcase our local talent. Our area is rich with music. So, we want to show our appreciation for everybody that is in the music area, here.

And you're bringing in premium and local vendors. Rawlings: We are. And it has to be the right fit for everybody—the right menus, the right vendors. We'd love to bring everybody in, but we try to make sure they all complement each other and don't compete against each other.

Hartman: We spread the love. If we don't use one vendor this year, we'll give them a shot next year. Some have been with us from the beginning. But we try to spread it around, so that everybody gets a piece of this.

Rawlings: We try to create an intimate experience. You can see the stage from the food vendors.

What excites you about the Let's Go! live experience? Hartman: We've introduced the Ospreys Nest, which is like a crow's nest above the soundboard. It features the best sound. So, if you're a true rock and roll fan, we're going to let you go down the front and then up the chute, which is pretty cool. You've got thousands of fans on both sides, and then you get up the stairwell and you're looking down directly upon the stage. But I think what makes it magical is, for example, Gavin Rossdale (of Bush) ran up there and started singing last year. He did that on his own.

Rawlings: We're putting on a big party and we love to do this. We want people to be happy and have a good time. When everybody is there and enjoying themselves, that makes us happy.

Hartman: What charges up me, and I know this does for Liz, too, is the family experience. We've seen fathers, sons, and grandsons out there together, and you can't put a price tag on that.

FOR THE FULL LINEUP AND DETAILS ABOUT THIS YEAR'S LET'S GO! MUSIC FESTIVAL, VISIT LETSGOFEST.COM.

Order Online at fishpawsmarket.com

FISHPAWS MARKETPLACE

WINE, BEER, SPIRITS & GOURMET CHEESES



BEST OF ANNAPOLIS 2024

CRAWLERS AND GROWLERS AVAILABLE

APRIL 2025 EVENTS

FRIDAY, APRIL 4TH
Heavy Seas Beers & M5 Cocktails 4-7pm

FRIDAY, APRIL 11TH
Beer Farm 4-7pm
Wines from Elite Distributing 3-6pm

SATURDAY, APRIL 12TH
Angel's Envy 12-3pm

MONDAY, APRIL 14TH
Washington State Wine Dinner at Carrol's Creek Café
Visit fishpawsmarket.com/events for details and tickets

SATURDAY, APRIL 19TH
DiSaronno Tasting 1-4pm

WEDNESDAY, APRIL 23RD
Tequila Seminar & Cocktails 101 featuring Herradura Tequilas & Small Bites. Ticketed Event \$20/per person
Visit fishpawsmarket.com/events for details and tickets

LOCAL DELIVERY AVAILABLE
ORDER ONLINE
FISHPAWSMARKET.COM



954 Ritchie Hwy. • Arnold, MD 21012
410-647-7363 • www.fishpawsmarket.com

Facebook Instagram Twitter

Spring Baseball Preview

By Tyler Ingle

N

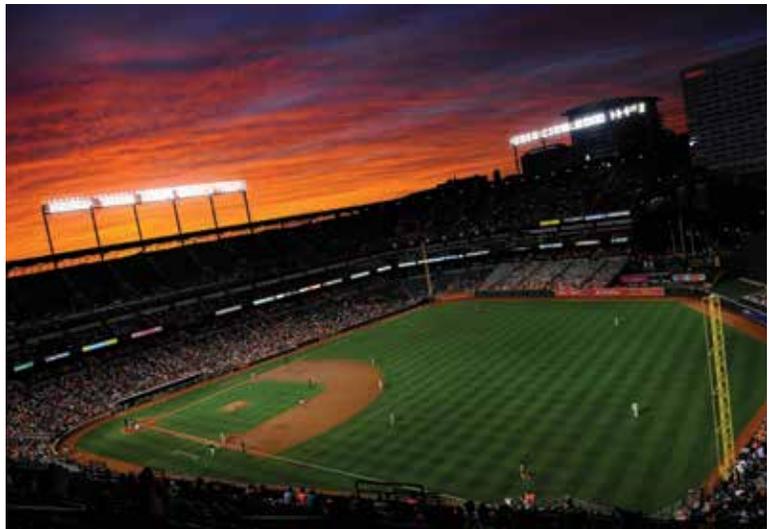
othing shouts “Spring!” quite like enjoying the “old ball game.” America’s pastime offers fans a ride of emotions. With the Baltimore Orioles at the forefront of many MLB playoff discussions,

the Nationals looking to build on past success, and local minor league affiliates playing well, let’s take a deeper dive into the organizations.

Finishing last season with a 71-91 record, the **Washington Nationals** are hoping to return to the glory days of 2019 when the team won the World Series. One notable offseason pickup is Nathaniel Lowe, a 2023 Gold Glove winner and first baseman, acquired from the Texas Rangers. Coupled with the youngster CJ Abrams, the Nats’ leader in extra-base hits last year with 55, the infield is starting to shape up. Josh Bell will lean on his veteran expertise in the locker room, helping guide the young roster, such as the outfield trio of James Wood, Jacob Young, and Dylan Crews. Returning from a long injury is Stone Garrett whose versatility will allow for fielding and hitting prowess. Turning to the mound, the Nationals will hope for another strong year from MacKenzie Gore who posted a 3.90 ERA last season while allowing only seven runs in his final 40.2 innings. While the team is still in its’ rebuilding era, there is plenty of hope for the future. The Nats open MLB play on March 27th at Nationals Park, facing off against the Philadelphia Phillies, set for a 4:05 pm first pitch. Full schedule at mlb.com/nationals.

Playing in Camden Yards for the organization’s 125th season, the **Baltimore Orioles** will look to build on recent success. Going 91-71 in the 2024 campaign earned the team a wildcard playoff berth. Although a slight dip from the 2023 season win percentage of .623, the .562 win percentage last season ranks as one of the highest in the last decade plus.

Félix Bautista, the 2023 All-Star closing pitcher, is set to make his return this season after under-



going Tommy John surgery last October. Bautista and Yennier Cano, another ’23 All-Star pitcher, will anchor the closing pitching. Grayson Rodriguez, who returns from a strained lat injury, newly-signed Tomoyuki Sugano and Charlie Morton, plus Zach Eflin and Dean Kremer shape the O’s starting rotation.

Behind the plate, two-time All-Star Adley Rutschman hopes to bounce back after a batting slump in the tail end of last season. Also looking to make improvements is youngster Jackson Holliday. Holliday says he’s “building off the swing that I had success with at the end of the year, and it feels really good right now.” Holliday also says he gained about 10 pounds of muscle in the offseason.

Two-time Gold Glove finalist Ryan Mountcastle returns at first base with Cedric Mullins returning to center field, among other notable veterans. High on the list of O’s prospects is Samuel Basallo, a soon-to-be 21-year-old catcher who played 127 games in the minors, hitting 19 homeruns.

Camden Yards will see a shift in field size with the left field fence moving back in, after being expanded before the ’22 season. The team opens the ’25 season at the Toronto Blue Jays for a four-game series beginning March 27th, before returning to Baltimore for a March 31st home opener against the Boston Red Sox. Visit mlb.com/orioles for full details.

Meanwhile, the Orioles Double-A affiliate had a busy offseason, undergoing a rebrand. The former Bowie Baysox team is now the **Chesapeake Baysox** and will don a new logo and uniforms, while remaining at Prince George’s Stadium. Finishing second from the bottom last year in the Eastern League Southwest Conference, the Baysox will look to improve. Alex Pham posted the best win-loss record of starting pitchers last year, at 7-4 with a 4.24 ERA. The 25-year-old hopes to build on that success. Accompanying Pham in the bullpen will be Dylan Heid, whose 1.69 ERA through eight games was the strongest on the team. Last year’s go-to catcher, Samuel Basallo, has been called up to the Orioles for spring training and a possible roster spot. Frederick Benscome, who at age 23, took

the most at-bats last year, will return to the infield. With 2024 standouts Jud Fabian and Dylan Beavers both attending spring training with the Orioles, manager Roberto Mercado will look to Enrique Bradfield Jr., Reed Trimble, and Douglas Hodo to fill in the outfield gaps. The Baysox will open the 2025 MiLB season on the road against the Altoona Curve for a three-game stint, starting April 4th, before returning home to take on the Erie SeaWolves, set for a 6:35 pm start on April 8th. Learn more at milb.com/Chesapeake.

The **Aberdeen Ironbirds**, Baltimore's High-A affiliate, saw an off-season shift as well. Attain Sports, current owners of the Baysox, took over majority ownership of the Ironbirds. With a majority of the roster changing during the offseason, the 2025 season will be a new chance to set the standard in Aberdeen. Finishing third from the bottom last season and posting a .508-win percentage from 67 wins and 65 losses, there was a slight dip from the .512 win percentage in 2023. Leidos Field at Ripken Stadium will open to fans on April 4th as the Ironbirds begin the season at 7:05 pm against the Hub City Spartanburgers. Learn more at milb.com/Aberdeen.

Rounding out the Orioles local affiliates, **Delmarva Shorebirds** play Single-A ball. In what was deemed a "developmental year" last season, the team went 53-78 in the Carolina League North conference. Fans will hope for another big year from Edwin Amparo, a late-season signing, and Elis Cuevas who helped the birds to a 14-13 record in the last month of the season. The Shorebirds will open the season on the road against the Salem Red Sox before returning home for a six-game stretch against the Fayetteville Woodpeckers, beginning on April 8th at 7:05 pm. Plan ahead by visiting milb.com/Delmarva.



Color of the Year
LIMITLESS
PPG1091-3

INTRODUCING 2025 COLOR TRENDS

This palette focuses on looking inward to create a deeper, more holistically connected relationship with oneself. Consumers of all ages are putting their mental, emotional and social well-being at the forefront.

 SWEET SPICEBERRY PPG1059-7	 SUBDUED PPG1015-4	 TAMPICO BROWN PPG16-23	 CAJUN SPICE PPG1191-6
 JAM SESSION PPG1172-3	 CRAFTSMAN GOLD PPG1092-4	 CABIN FEVER PPG1021-7	 NIGHT RENDEZVOUS PPG1037-5
 PERSUASION PPG1077-3	 BLUSH BEIGE PPG1070-2	 FOCUS PPG1008-1	 AQUAMARINE DREAM PPG1135-4

TO LEARN MORE AND
VISUALIZE THESE COLORS,
SCAN THIS QR CODE

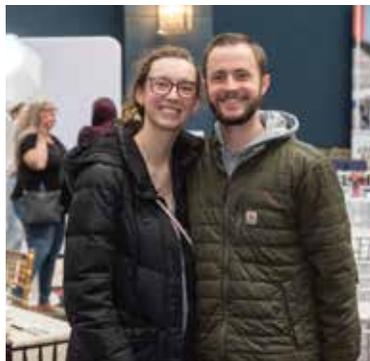


BEST OF ANnapolis 2024
410.260.2225
208 CHINQUAPIN ROUND ROAD, SUITE 100
ANNAPOLIS | MDPAIN.TCOM

Maryland Paint & DECORATING



© 2023 PPG Industries, Inc. All Rights Reserved. The PPG Logo is a registered trademark of PPG Industries Ohio, Inc. PPG 1060723 10/23



Wedding Expo

On February 16th, What's Up? Media hosted its annual Wedding Expo at The Graduate Annapolis. Sponsored by Arthur Murray Dance Center, brides and grooms-to-be enjoyed cake and ice cream tastings, beauty makeovers, fun giveaways, and meeting vendors to help plan the perfect wedding. Wedding gowns from Champagne Taste Bridal were modeled, with hair and make-up provided by Blush Hair Studio Salon.





SCOTT SCHUETTER
Shrek
 REALTOR® & CREW



Personal From the very beginning, Scott was friendly and approachable, making us feel comfortable and confident in our decisions. He was highly responsive and always available to answer our questions and provide timely advice. What sets Scott apart is his unwavering commitment to his clients' needs.

Professional Scott is extremely professional and knowledgeable about the housing market, home buying/selling process, neighborhoods ... literally everything. His attention to detail and transparency gave us extreme confidence we were making the right decision. Due to his tenacity and peer relationships, he was able to help us land our dream home in an extremely competitive market. We cannot say thank you enough to Scott, Ashley, and the whole team!

Pressure Free Hands down, the best there is! Scott was patient with us throughout the entire process of finding our next home — he understands the market and offers excellent, pressure-free advice! Scott took the time to understand our family's needs and was never more than a text away when we had questions. Without his experience and well-respected reputation from other realtors in the area — I fully believe we would not have been the selected offer in a multiple-offer situation.



USNA '00

410.900.7668
SCOTTSCHUETTER.COM
SCOTT@SCOTTSCHUETTER.COM



BERKSHIRE HATHAWAY
 HomeServices
 PenFed Realty



ANNAPOLIS SYMPHONY ACADEMY

You're Invited!

ASA DAY

May 18th



RSVP required



SCAN to RSVP



AT MARYLAND HALL CENTER FOR CREATIVE ARTS

Two FREE concerts featuring ASA ensembles

Discovery Early Childhood Music Classes (multiple age groups)

Beginner Group Strings Classes (multiple age groups)

College Representatives

Instrument Makers | Instrument Petting Zoo

A CELEBRATION OF ALL THINGS MUSICAL WITH FREE CONCERTS AND WORKSHOPS!

TUNEDTOYOUTH.ORG

Visit to learn more



LASH  MOI

DMV's Trusted Lash Studio Since 2009

www.LashMoi.com

Crofton
Annapolis
Bowie



Achieve the look you love with expert lash extensions, permanent makeup services and so much more!

 Microblading	 PMU - Eyeliner
 Scalp Micropigmentation	 PMU - Lipstick

Multiple Beauty Treatments Available; Scalp Micropigmentation, Stretchmark Rejuvenation, Fat Melting and Skin Tightening Services.

 (410) 721 - 5274



Discover a wide selection of quality flooring options at our studio, from hardwood to tile and carpet.

Our knowledgeable designers provide expert advice, ensuring you find the perfect fit for your space!



Visit our newly expanded showroom!

f 302 Harry S Truman Pkwy • Suites A-C • Annapolis MD 21401
@ cst-studio.com | Tile - 410-224-0700 | Flooring - 410-268-4848



KEEPING CRAFTSMANSHIP, BUILDING ART



REVIVAL BUILDERS
ANNAPOLIS, MD



At Revival Builders & Woodworks, our vision is to redefine what it means to build and renovate homes. We strive to create spaces that blend craftsmanship with innovation, ensuring that every detail is carefully considered.

- 410-693-2401
- Annapolis, MD
- revivalbuildersmd.com

CONTACT US TODAY AND LET'S WORK TOGETHER ON SOMETHING SPECIAL!

CONSTRUCTION - WOODWORKING - RENOVATIONS - PAINTING - HOME CARE - CUSTOM CABINETRY - CARPENTRY



Luminis Health Anne Arundel Medical Center Foundation

HARNESSING THE POWER OF PHILANTHROPY IN THE COMMUNITY FOR MORE THAN 40 YEARS

By Lisa A. Lewis

When Edwin Seidewitz, a local florist and former mayor of Annapolis, donated a farmhouse in 1902 to be repurposed as a medical facility to serve the city's growing population, he dramatically changed the landscape of healthcare in Annapolis. Located at the corner of Franklin and Cathedral Streets, the city's first hospital, Annapolis Emergency Hospital—now known as Luminis Health Anne Arundel Medical Center (LHAAMC)—officially opened on July 18, 1902.

Before this act of philanthropy, Annapolis residents had to travel to hospitals in Baltimore and Washington, D.C. for medical care. Today, more than 120 years later, LHAAMC, a nonprofit regional health system, continues to fulfill its mission “to enhance the health of the people and communities [it] serves,” and has emerged as one of the most highly awarded healthcare systems in the state.

Annapolis Emergency Hospital changed its name to Anne Arundel General Hospital in 1949 and then to Anne Arundel Medical Center (AAMC) in 1988 to reflect inclusion of the entire county and its wide range of medical specialties. In 2019, AAMC and Doctors Community Medical Center (DCMC) joined forces, and the two distinct medical centers now serve their communities under Luminis Health, an integrated health system.

In addition to skilled doctors, nurses, and staff members, philanthropic support plays a critical role in solidifying LHAAMC's national reputation of excellence. Incorporated in 1983, the LHAAMC Foundation raises vital funds by partnering with the community. Every single dollar donated enables LHAAMC to continue to provide high-quality, patient-centric care close to home.



“Heartfelt contributions of all sizes truly make a difference—whether these gifts support programs, equipment, facilities, or caregiver education,” says Elizabeth Gross, vice president, LHAAMC Foundation. “In fact, many aspects of the care that LHAAMC provides every day to the community simply cannot be done without gifts from donors at all levels.”

A CULTURE OF GIVING

With the community's support, the LHAAMC Foundation continues to make an impact. Donors have helped fund patient programs, advocated for healthcare needs, provided support for events, including its two signature events, Fish For A Cure and Denim & Diamonds, and donated their “time, talent, and treasure.”

The following is a snapshot of a few milestones that the LHAAMC Foundation has achieved, which underscores its dedication to addressing critical healthcare challenges.

In 2007, community members launched Fish For A Cure (F4AC), a fishing tournament and fundraising competition that benefits cancer patients and their families. F4AC has raised more than \$6.5 million during the past 18 years to support the Cancer Survivorship Program at LHAAMC's Geaton and JoAnn DeCesaris Cancer Institute. Last year, the event raised a record-breaking \$1.1 million.

In 2011, the “Care Like No Other Campaign” raised more than \$44 million to expand campus facilities, advance state-of-the-art medical technology, and recruit physicians and medical personnel. More than 5,100 community members contributed.

In response to the COVID-19 pandemic, the LHAAMC Foundation established the Community Response Fund in 2020 to address the changing needs of the health system. More than 700 members of the community raised nearly \$1.3 million to purchase personal protective equipment and fund urgent needs for frontline staff.

Since its inception in 1983, the LHAAMC Foundation has raised \$275 million—a milestone it describes as “awe-inspiring”—and it continues to rank nationally as an Association for Healthcare Philanthropy (AHP) High Performer every year.

“Ongoing support of the LHAAMC Foundation from our community allows LHAAMC to provide world-class healthcare, establish research opportunities, invest in the latest technological advances, expand our services across Maryland, train the next generation of clinical leaders, and so much more,” says Scott McRoy, chair, LHAAMC Foundation Board of Directors.

SHINING A LIGHT ON MENTAL HEALTH

After a six-year hiatus due to the COVID-19 pandemic, the LHAAMC Foundation will reunite with community partners, sponsors, donors, and friends to host the Denim & Diamonds Bash, LHAAMC's largest fundraiser. The event supports the expansion of pediatric mental health services in the community.

The Bash will take place on April 26 from 6–11 p.m. on LHAAMC's south campus, which is adjacent to the Annapolis Exchange building on Jennifer Road in Annapolis. The celebration will feature delicious cuisine, musical entertainment, and dancing under the stars. The theme for the event is "come as you like."

Since 2015, Denim & Diamonds has established itself as one of the largest fundraisers in Anne Arundel County, welcoming nearly 1,200 guests. To purchase tickets and learn about sponsorship opportunities, visit aamcndenimanddiamonds.org.

"Luminis Health Anne Arundel Medical Center was founded through an act of philanthropy, and our community has partnered with us every step of the way, enabling us to grow into the premier, nationally ranked hospital that we are today," Gross says. "We are grateful for the trust placed in us by this generous community, and we never take that for granted."



To learn more about the LHAAMC Foundation, visit luminishealth.org/en/lhaamc-giving.

Special thanks to Molly Fleenor, Communications and Stewardship Officer, LHAAMC Foundation.



Hardie siding & metal roofing
installed by APS 2024



Siding & Roofing | Gutters | Windows &
Doors | Interior & Exterior Painting

**Call APS for all your
construction needs!**



2561 Housley Road | Annapolis, MD 21401
www.annapolispainting.com
(410) 974-6768

Meet Washington Wizards' Bub Carrington

By Tom Worgo

Playing close to home brings extra pressure to Washington Wizards' rookie guard Carlton "Bub" Carrington. He grew up in West Baltimore and played high school basketball at St. Frances Academy in the eastern part of the city.

Carrington received about 150 ticket requests from family and friends for Washington's home opener in late October against the defending NBA champion Boston Celtics. Being the local celebrity puts him in the spotlight more than other Wizards' players.

Yet the 19-year-old Carrington won't complain. Clearly, the pros outweigh the cons. "You can say it's easily the ideal situation," Carrington says.

Carrington's playing time contributes heavily to his description. He started 12 of Washington's first 18 games before settling into a top reserve role. Carrington gave a glimpse of his potential by scoring 18 points in a mid-November loss to the New York Knicks. His season high of 23 points came in an early-February game versus Atlanta.

The Wizards think very highly of the 6-foot-4, 190-pounder who was picked 14th overall in the 2024 NBA Draft. He was the youngest prospect in the class at 18 and left the University of Pittsburgh after one season to go professional.

"He is really getting a lot of great experience—extended minutes," Washington point guard and star player Jordan Poole says. "And growing every single day. He can lean on me. He is asking all the right questions."

Carrington left Pittsburgh after a stellar 2023–2024 season. As the youngest player in the Atlantic



Coast Conference, he averaged 13.8 points, 5.2 rebounds, and 4.1 assists per game. Carrington holds the program record for most minutes played by a freshman (1,986) and most three pointers in a game (7). He committed to Pittsburgh in 2023 while at St. Frances, where he scored more than 2,000 points and played football and baseball.

Since you're from Baltimore, what does it mean to play for the Washington Wizards? It means a lot since I can play so close to home for myself, my family, and the city. They have shown great support over the years. That makes a big difference.

How do you feel emotionally when you have all those supporters in the crowd? I really feel some good things. I am blessed to have such a good support system. I have people that really want to see me win. They want to see me do well in this league. It really does take a lot of pressure off me.

You went home before the season began to mentor at a camp that you attended since you were in elementary school. Why did you return? I just wanted to give back. The kids are putting in the same work I did at that camp. I did the same drills, and I am blessed that I had opportunities to get where I am now. I wanted to show those kids that they can be in the same position coming from the same place that I did.

Throughout your career, so far, who has had the biggest impact on you? Carmelo Anthony. He has been a real mentor for me. He had a great NBA career [10-time All-Star, 19 years]. I have

talked to him a lot this year. He gave me a lot of good advice on making the transition from college to the pros.

Is Jordan Poole a good role model for you? What have you learned from him? Jordan has been nothing but amazing to me, honestly. He is always giving me input and trying to help me do the right things and the best things. He always wants to see you succeed. My biggest take away from him is how he thinks about the game. He is always a few steps ahead. Not the next offensive play or the next defensive possession. He is thinking about what could happen three possessions from now.

You have received quality minutes from the start of the season. You must like your role with the team and the fact that you have been playing with top-10 first-round picks Bilal Coulibaly and Alex Sarr? It was also an ideal situation for me just to get drafted. No matter where that was. I am happy just to find a spot here in D.C. One of the jobs we want to do here is change the culture and win games. We can grow together, and we plan to. We have a good relationship, and we are building that knowing we could be here for a long time. That's the main thing. We want to maintain that. We are good friends. We play video games and shop together. We seek each other on and off the court.

What has been the biggest challenge as a pro? What has surprised you the most? Sleep has been a challenge. We have a lot of long nights. You must find a way to keep that at its highest level. That's probably been the hardest thing I have had to learn. What has surprised me is how much they feed you. I am never hungry (laughing). Everywhere. On the plane, hotels, the arena, and practice facility. They make sure you are fed. They want you to maintain weight because you lose a lot playing 82 games.

What would you say is the most overlooked part of your game? My defense is underrated. I can really guard players. I think that is one of my strengths. I am not a flash in the pan. I can steal and prevent people from scoring.

At Pittsburgh, what was your biggest takeaway playing there? I learned the game from a different perspective. In high school, I just got the ball and scored. I didn't have to think too much. In college, I really had to think about the game. I am going against a player who can really shoot the ball and another who plays great defense. I had a lot of different roles and learned how to use the court in a lot of different ways. That is something I really had to work on to prepare me for the pros.



Edward Jones > [edwardjones.com](https://www.edwardjones.com) | Member SIPC

New location—same personalized service

Join us in celebrating our Grand Opening on 04/18/2025. We'll have a ribbon cutting and light refreshments for you to enjoy.

Stop by and take a look at our new space:

157 Mitchells Chance Rd
Edgewater, MD 21037

Friday, April 18th from 9am-11am

We're excited to serve the Greater Annapolis community.



Crystal S Barker, CFP®, CPWA®, CRPC™, AWMA™
Financial Advisor

157 Mitchells Chance Rd, Edgewater, MD 21037 | 410-257-1308
crystal.barker@edwardjones.com | [edwardjones.com/crystal-barker](https://www.edwardjones.com/crystal-barker)



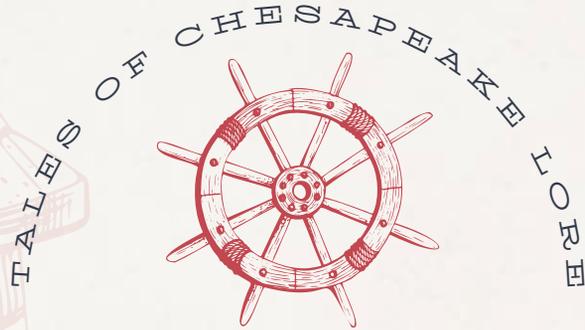
Karen B Stepler-Krieg, CFP®
Financial Advisor

157 Mitchells Chance Rd, Edgewater, MD 21037 | 410-544-1191
karen.stepler-krieg@edwardjones.com | [edwardjones.com/karen-stepler-krieg](https://www.edwardjones.com/karen-stepler-krieg)

MKT-9812D-A

BY

Ellen Moyer



SKIPJACKS

of the Bay

At the turn of the 20th century there were 2,000 skipjacks tonging for oysters. Today, only 35 of these renowned vessels remain.

In 1894, at the peak of the Chesapeake Bay oyster harvest, 15 million bushels of oysters were being shipped around the globe annually. The oyster was a staple food for the poor as well as a must-have item on the menu of the most fashionable restaurants.

Oysters existed in shallow water habitats and to harvest them required a very shallow draft boat. So, on Maryland's Eastern Shore, in the 1890s, a new craft was designed and built specifically to

dredge oysters. It was a small boat, only 45 feet long with one mast, one long boom, and a flat bottom. With this vessel, a waterman could harvest upwards of 500 bushels a day.

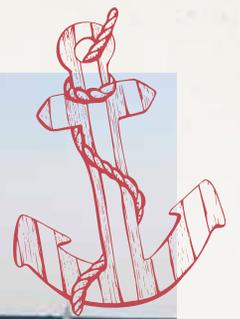
This new, wood-built sailing vessel was called a skipjack. The moniker is said to have originated from the tuna fish of the same name, known for jumping out of the water...or from the early English common name for a sailor, Jack. Take your pick. No one truly knows. Watermen call her a two-sail bateau. And in 1985, the skipjack was named the Maryland State Boat.

Of the 35 remaining today, some still dredge for oysters, some are in maritime museums, and some are living classrooms for young people. The skipjacks help teach the Bay's history and the story of its once-prosperous bounty.

Deal Island in Somerset County is a center for the restoration of these crafts, which attracts a loyal, familial following. Deal was



The *Rebecca T. Ruark*, in all her stunning glory, off of her starboard bow with full sails, during the 2022 Deal Island Skipjack Races. Photo by Steve Brower, Gallery 1113 LLC.



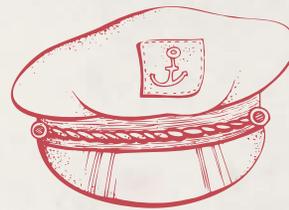
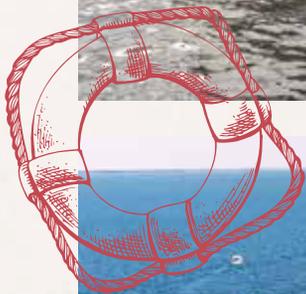
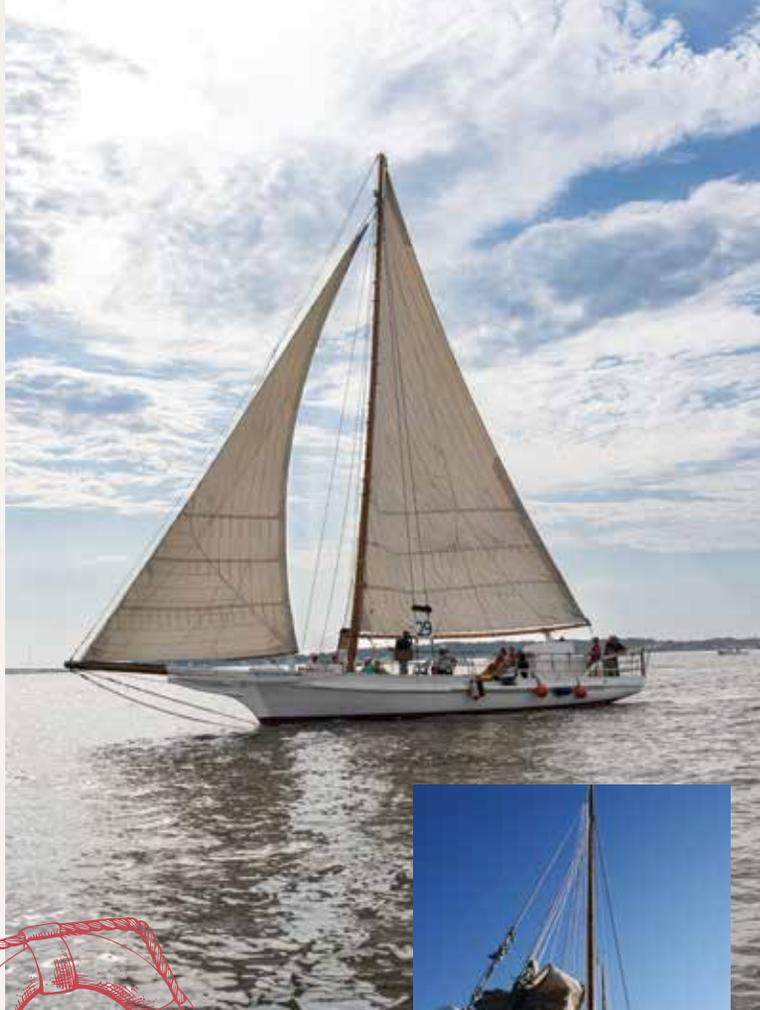
Top: Spectators enjoy the Cambridge Skipjack Races. Photo courtesy Dorchester County Tourism. Left: A fleet of skipjacks docked on Maryland's Eastern Shore. Right: Detail of wood grain and rope on the boom of a skipjack on the Chesapeake Bay.



historically known as Devils Island and Quarters of the Damned, as an area suspected of being home to pirates. It became the homeport for a fleet of skipjacks used for everyday oystering. The fleet shrank as the oyster harvest declined and many of the boats became “ghosts” of the trade, deteriorating in coves where they were abandoned—too costly to repair. However, Deal is still a popular place for honoring the skipjack and promotes a Labor Day weekend festival that features a race of the remaining fleet. Today, Deal is a designated Historic District and home to the prominent skipjack, *Sea Gull*, built 1924. The boat itself was named a National Registered Historic Place in 1985.

Other restored skipjacks can be seen at regional maritime museums. The Annapolis Maritime Museum operates the *Wilma Lee*, which was built in Wingate, Maryland, in 1940. The Chesapeake Bay Maritime Museum (CBMM) in St. Michaels operates the *Stanley Norman*—built in Salisbury, Maryland, back in 1902—for educational programs. And the CBMM houses the *Rosie Parks*, built in Wingate in 1955.

The *Ida May*, listed on the National Register of Historic Places, was originally built in 1906 and is a member of the last commercial sailing fleet in the United States. Made of wood, as were all the skipjacks, she has been restored several times. Her mast once belonged to the *Levin J Marvel*, a sailboat that capsized and sank off North Beach, Maryland, during Hurricane Connie in 1955. Purchased by Elbert Gladden and restored “as an act of love,” the *Ida May* remains with the Gladden family. Gladden once owned 12 skipjacks and operated



Top: The *Rebecca T. Ruark* in her debut after being docked for repairs following the tragic accident in January 2023, when a pickup truck drove off the wharf and crashed into her deck. Photo by Jacklyn Brower, Gallery 1113 LLC. Middle: Skipjacks were designed in the late-1800s for oyster dredging in the Chesapeake Bay. Thirty-five skipjacks remain in existence, some of which are still actively dredging. Bottom: Three skipjacks in a perfect line, during the 2022 Deal Island Skipjack Races. Photo by Steve Brower, Gallery 1113 LLC.

his fleet out of Annapolis. A documentary, “The Ida May Project,” tells the story of her restoration. More recently, the *Ida May* has won the Deal races multiple times between 2017 and 2023.

The oldest of the surviving skipjacks is the *Rebecca T. Ruark*. Built in 1896 on Taylor’s Island, she still dredges and races. She was declared a National Historic Landmark in 2003. Over her lifetime she has dredged, hauled spat and passengers, sank, was raised, and rebuilt. She still has the reputation of being the fastest boat in the fleet and the best dredger of oysters. Renown waterman and captain Emerson Todd once quipped, “It can go anywhere on the Chesapeake Bay—in rain or shine or heavy fog. It’s the best.” A gale in 1999, however, bested her and she sank with 70 bushels of oysters near Tilghman Island.

Her sinking attracted the attention of Maryland Governor Parris Glendening who secured money from the Port Administration to help raise her. She was restored at CBMM in St. Michaels under Coast Guard supervision. To help fund her reconstruction, the McCormick Company bought new sails carrying the “Old Bay Seasoning” logo; and master carver Charles Jobes of Havre de Grace carved 82 decoys from the old mast, all of which sold for a lot of money. The sinking, restoration, and relaunch of the *Rebecca T. Ruark* led to the establishment of the “Maryland Save Our Skipjack Task Force” in 2000. This Task Force led to other skipjack restoration projects at maritime museums. In the years since, *Rebecca* has won skipjack races at both Deal Island and Cambridge. Her captain, Wade Murphy, has said, “*Rebecca* can sail herself.”

In 2022 a freak accident damaged *Rebecca* while she was docked. A pickup truck ran through a pylon at the marina and landed on her deck. Nevertheless, she participated in the 2023 Labor Day races (placing second) and continues to dredge oysters, as well as host water tours.

Of the 35 existing skipjacks, the *Rebecca T. Ruark* (1896) and *Ida May* (1906) are joined by the *Virginia W* (1904), the *Thomas W Clyde* (1912) as the few skipjacks more than a century old that still dredge the oysters for which they were built. These are truly remarkable work vessels that hark back to the days and lore of Chesapeake watermen, continuing to share their stories to this day.

The Season 63 Masterworks Series is made possible by the Brian and Patricia Giese Foundation

MASTERWORKS V

Fiesta

World Première
Co-commission
by Roydon Tse with
Dalí Quartet



APRIL 4-5 AT MARYLAND HALL

MUSIC *for* DANCE



Scan for tickets

FAMILY CONCERT

Bring your family to experience
Music for Dance, an unforgettable concert
conducted by Maestro José-Luis Novo, featuring
the ASO and Ballet Theatre of Maryland.

MAY 10 AT 11 AM | MARYLAND HALL



ANNAPOLIS
SYMPHONY
ORCHESTRA



MUSIC
Matters

ANNAPOLISSYMPHONY.ORG/**EVENTS** | BOX OFFICE 410-263-0907

DISCOVER

SEVERN.

Book your Spring Tour! Designed for families
planning for the 2026-27 school year.

Available April 1-May 16

Why wait until September? Get a sneak
peek of your child's future today.



Learn more at
severnschool.com



Severn School



SAILING & SUSTAINABILITY

**NEW SPORTING STANDARDS, BEST PRACTICES, PROGRAMS,
AND GOOD SAILORS COME TOGETHER FOR HEALTHIER WATERWAYS**

BY GARY JOBSON

Our oceans, bays, lakes, and rivers are under assault by pollution, overfishing, environmental catastrophes, plastic refuse, oil, sewage, and a lengthy list of problems. Keeping our waters clean is a critical issue that has received considerable helpful attention in recent years from the sailing and boating community. The international and national governing bodies have made environmental sustainability a high priority over the past decade. Advocacy groups and grant making organizations have improved our precious waterways. In the United States, the government has recently turned away from supporting environmental treaties like the Paris Climate Accords and funding for the Environmental Protection Agency. Despite these developments essential progress is being made.

In 2015, World Sailing, the international sailing governing body, with 114 member nations, created a sustainability commission and hired staff to study the issue and work with national and regional authorities to start improving the environment.

Back in 2004, prominent sailors and environmentalists, David Rockefeller and Dr. David Treadway, founded Sailors for the Sea, an “ocean conservation organization that engages, educates, and activates the sailing and boating community toward restoring ocean health.” The group made a compelling case to improve our world’s waters. Within a few years, many yacht clubs, marinas, community boating centers as well as individual boaters were adapting sustainability practices. In Annapolis, both the Annapolis Yacht Club and Eastport Yacht Club have sustainability committees and adhere to recommended guidelines. People are paying attention. Sailors for the Sea merged with a larger group called Oceana in 2018. Oceana was started in 2001 as “an international organization focused solely on ocean conservation.”

Sailors for the Sea works closely with World Sailing to encourage hosting *clean regattas*. The group’s initiative reports that 4,000 events have reached 1.7 million sailors in 53 countries over the past twenty years. Sailors for the Sea and World Sailing offer a tool kit for regatta organizers and competitors to follow that can be found at sailing.org.

A sailor’s environmental group called 11th Hour Racing, based in Newport, Rhode Island, is working to use the sport of sailing to restore a balanced relationship between people and the planet. The mission of the group is “to eliminate single-use plastic at regattas, to integrate sponsorships, grant making, and promoting an ambassador program to



THE UNITED STATES SAILING ASSOCIATION HAS JOINED THE INITIATIVE AND ASKS BOATERS TO PRACTICE SUSTAINABILITY. THE LIST OF SUGGESTIONS HAS SEVERAL STEPS THAT ARE EASY TO PRACTICE:

- + Do not overflow your fuel tanking. Use absorbent pads to catch drips and spills.
- + Prevent oil and gas leaks. Make sure your engine is well maintained.
- + Slow down to reduce fuel consumption. Lower speeds, at a steady pace, are a good practice.
- + Make sure trash does not end up in the water. While underway, garbage can easily blow overboard.
- + Separate recycling and waste garbage.
- + Be mindful not to allow items made of plastic, electrical tape, paint chips, and garbage to litter marinas and boat parks.
- + Avoid using single-use plastic bottles.
- + Keep an eye out for wildlife by staying in channels and moving at a slow speed in areas with schools of fish and flocks of birds.
- + Keep your boat clean. This is particularly important when you transit a boat from one location to another either on the water or on the roadways. Invasive species can cause havoc if they are introduced to another body of water.



champion collaborative, systemic change across the sailing and sport communities to benefit our ocean.” The group has sponsored high level, around-the-world race teams to help communicate their mission.

It is disheartening to see trash in the water. One of my biggest pet-peeves is seeing deflated plastic balloons in the Chesapeake Bay. Our waters are littered with balloons, that must seem fun to launch at weddings and birthday parties, but when they land in the waters of the bay, they cause devastating environmental damage. The same goes for food wrappers, plastic bottles, beer cans, plastic grocery bags, and cigarette butts. Plastic does not dissolve and, instead, breaks up and is often eaten by fish and wildlife. One study says a beer can takes 400 years to dissolve. This is a danger to our food chain. Garbage on our streets flows into creeks and rivers. If every property owner cleaned their grounds and streets the bay would be a lot cleaner.

Sailing regattas have adopted “green regatta” practices. These regattas require participants to eliminate single-use items like yarn and plastic strings used to furl sails, plastic utensils, placing plastic signs with sponsor logos on boats, and, happily, the use of plastic water bottles is long past. Going paperless is another crucial step. Sailing instructions, weather forecasts, and race results can all be published online, reducing the need to print information on paper.

The clean regatta program follows the credo said by the famous American anthropologist, Margaret Mead, “Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.”

There are many organizations around the Chesapeake Bay that are working to improve our waters. The Chesapeake Bay Foundation (CBF) has been a leading advocacy group since 1966. CBF has supported legislation on environmental issues, educated the public on best practices, funded research projects, and published an annual report on the health of the bay. The similarly named Chesapeake Bay Trust (CBT) is a quasi-state agency that provides direct grants to groups working on environmental improvement projects. In 2024, CBT provided over \$30 million in grants to over 400 groups. One of the important initiatives of the CBT is educating school-aged children about the importance of protecting the environment. Each year the CBT engages well over 100,000 students. Long term, these young people carry their experiences forward for the next generation. Riverkeeper organizations throughout the watershed, including Severn River Association (SRA), Severn Riverkeeper, Arundel Rivers, ShoreRivers, and many more work to contain storm water runoff, stabilize shorelines to minimize erosion, and work on in-the-water oyster restoration. Several dozen community groups jointly support these organizations. Collectively, they are dedicated to protecting our waterways from damaging development, while advocating for better environmental law and policy at the local, state, and federal levels.

I’ve spent nearly 70 years sailing on the waters of the East Coast of the United States. From Maine to Florida, I have witnessed the improvements in water quality. Clearly there is a lot of work to do but awareness of the problem, along with good practices, is important. If everyone does a little bit more than their share, we will all enjoy cleaner waters.



Gary Jobson is a world-class sailor, television commentator, author, longtime resident of Annapolis, and pre-eminent ambassador for sailing of the United States. He either serves on or has served on the boards of Operation Sail, US Sailing, Olympic Sailing Committee, Annapolis Yacht Club, National Sailing Hall of Fame, Chesapeake Bay Trust, and Visit Annapolis, among many others.

A woman with long brown hair in a ponytail, wearing a tan baseball cap, a black and white plaid shirt, and denim overalls, stands with her back to the camera in a lush green cornfield. The field stretches out to a line of trees and houses in the distance, with rolling hills under a bright blue sky with scattered white clouds.

MIDATLANTIC

Women in Agriculture



The mantra “Educate. Engage. Empower.” steers a state program designed for women to sow the seeds of generational farming

BY RITA CALVERT

MidAtlantic Women in Agriculture, a program of the University of Maryland Extension, is dedicated to providing knowledge and resources to women who share a passion for agriculture. And promoting the often-overlooked contributions that women make to this industry.

Bolstering this mission, The United Nations has declared 2026 the International Year of the Woman Farmer with the United States Department of Agriculture spearheading this initiative. According to the USDA, the number of women involved in agriculture has grown in recent years, as much as 47 percent since 2012.

To understand the impact that women have on agriculture today, and in the future, we meet several female farmers who share their experiences, triumphs, and struggles. Often, their innovation and leadership shine. They are exemplary of Maryland women who promote sustainable practices and improve food security in their communities.

Growing the Next Generation of Female Farmers

Shannon Dill & Annie's Project

Shannon Dill is principal agent of agriculture for Talbot County's University of Maryland Extension and serves as state coordinator for Annie's Project. Dill explains, "Annie's Project is a discussion-based workshop offered on a regular basis that brings women together to learn from experts in production, financial management, human resources, marketing, and the legal field.

"We brand the class, 'For Women with a Passion for Agriculture.' It targets women who may be landowners and may be aspiring to start farming," she says. "Or maybe it's a nurse, teacher, or crop insurance agent who wants to learn more about farming and agriculture, and perhaps they will pass down the farm within the family.

"The program provides a range of tools and opportunities, such as yearly conferences that give women in agriculture a chance to network and learn about current issues. And a webinar series on subjects like production strategies and risk management. And farm tours that give participants a chance to observe various operations."

Dill says, "Women historically, presently, and in the future have massive key roles on the farm as caregivers, producers, marketers, educators, book-



MidAtlantic Women in Agricultural Farm Tour brings together like-minded female farmers and agricultural entrepreneurs for a day of hands-on learning. Photograph courtesy MidAtlantic Women in Agricultural.

keepers, and even as CEOs. So, many of the farm's key roles are, and have been, held by women. We will continue to develop enterprises of women growing food, marketing it, and selling it...being the sole producer. Studies show that consumers prefer to buy from women because they usually do the grocery shopping—they know how to feed a family." Dill suggests there is a strong need to develop more farmers because of the growing population. "To me, growing food and agriculture is one of the most important land uses," she says. "Women are fantastic entrepreneurs and business owners. I believe women have always been very involved in agriculture, but there is more visibility now, so it appears there are more women interested; however, programs like the FSA (Farm Service Agency) serves farmers, ranchers, and agricultural partners across the nation through the delivery of agricultural programs. These programs have helped fund women in business. Women have made amazing strides in owning and operating multi-million dollar farms."

The University of Maryland Extension is a unique organization that's part of the federal government's land grant mission requiring all agricultural colleges to have academics, research, and local extension services. "Here in Maryland, we are in 23 counties and Baltimore City," Dill says. "We have four major program areas delivering community-based education and applied research. I'm part of agriculture and food systems. There's also consumer science, environmental natural resources, and 4H youth development. Through our office, we connect within the community, and we are part of that university resource."



Talbot County's University of Maryland Extension program leader Shannon Dill, far left, with attendees at a recent MidAtlantic Women in Agricultural Farm Tour. Photograph courtesy MidAtlantic Women in Agricultural.

Robin Hill Farm and Vineyards of Brandywine, Maryland

One of the highlights of the Extension's Fall MidAtlantic Women in Agriculture tour was Robin Hill Farm and Vineyards. This picturesque Maryland family farm is well-known for its award-winning wines and lovely rolling hills. Owner and operator Susan Watson White and partner and marketing director Shelby Watson-Hampton discussed the operation's background and major features. When the Watson family bought the tobacco farm in 1955, they turned it into a successful nursery. Decades later, they started growing grapes, planting their first crop in 2014 and formally launching as a winery in 2017. With a history of growing tobacco, hogs, pumpkins, agritourism, a nursery, and now vineyards, the farm aims to make a living and distribute its produce.

White recounted her relationship with Annie's Project. "When it came time to transition the family farm from one generation to the next, it was comforting to know that there are organizations like the MidAtlantic Women in Agriculture. After my dad's passing it was very important to me to keep the family farm going. Someone recommended I attend Annie's Project, to bolster my role in agriculture. The session was very informative, contacts were made, and the support from the participants was amazing. It was nice to know that I wasn't alone in this endeavor. Since then, I've attended sev-



The Robin Hill Farm family operating team includes owner/operator Susan Watson White (center-left) and partner/marketing director Shelby Watson-Hampton (center-right). Photograph by Edwin Remsberg, courtesy Robin Hill Farm.

eral workshops and conferences, and have gained knowledge, helpful insights, and new friends."

The excellent soil in the area, which is ideal for growing grapes, is reflected in the variety of wines produced by Robin Hill today. The farm's transformation from a traditional agricultural operation to a first-class winery and event space, mostly for weddings, is inspiring.

Among the many honors that Robin Hill Farm and Vineyards has received are several gold medals at the Maryland Governor's Cup Wine Competition and "Best Winery in Maryland" from the New York International Wine Competition in 2019, 2021, and 2024.



Robin Hill Farm & Vineyards has been owned and operated by the Watson family since 1955.



The Emily's Produce family farm.

Emily's Produce of Cambridge, Maryland

Deeply ingrained in the agricultural heritage of Dorchester County, Emily's Produce, a pillar of Cambridge, Maryland, has a charming origin that revolves around family and tradition. They are a seventh-generation farming family carrying on Maryland's long-standing farming heritage. Their goal has always been "to offer our local farm experience that demonstrates honest, hardworking family values combined with exceptional products and superior customer service."

Emily, the daughter of Paul and Kelly Jackson, was born in 1998. The Jacksons wanted Emily to learn about and appreciate the family's farming profession as she grew up. They then made the decision to start a roadside market and named it after their daughter. By 2021, they were offering fresh local produce, U-pick fruit patches, flower gardens, farm-fresh meats, homemade baked goods, ice cream, jams, and other specialty products as well as a children's play area, and farm animal interactions.

The farm's success has been greatly attributed to Kelly and Emily's involvement in the program, and their efforts to have a positive impact on the community. Emily has encouraged and guided other women wishing to launch or grow their agricultural businesses. Participation in MidAtlantic Women in Agriculture demonstrates the value of education, community, and creativity in contemporary farming. Their narrative serves as an example of how women are influencing agriculture in the MidAtlantic and beyond.



The Jackson Family, owners of Emily's Produce in Cambridge, Maryland. Photography courtesy Emily's Produce.

Family Affair Farm of Easton, Maryland



Nicole Barth and Donna Saathoff, co-owners of Family Affair Farm in Easton.

Just three miles south of Easton, Family Affair Farm, co-owned by Donna Saathoff and Nicole Barth, is known for its U-pick strawberry operation—reportedly the first of its kind in the county. The farm was established to provide a unique family experience, inspired by Saathoff’s childhood memories of picking strawberries with her grandmother.

The partners feel that retaining the values of educating the community, especially children, is key even though the farm has expanded immensely. Not only can you gather your own berries, but there is an educational component—you also learn how they grow. Seasonal produce for U-pick now includes strawberries (May), blueberries (June), blackberries (July), and gourds and pumpkins (October). Fall has become the busiest season, as a corn maze along with the pumpkins offer an “agripark.”

Saathoff was inspired to join Annie’s Project to enhance her skills as an agribusiness manager and partner. Despite having a strong agricultural background, both she and Barth quit their full-time jobs and quickly recognized the value of participating in the program. Annie’s Project has provided them with skills in business and financial planning, law, insurance, and succession planning, which they credit as key to their success in running Family Affair Farm.

Saathoff has been recognized for her entrepreneurial efforts in Talbot County, where she and Barth have shared stories about their business experiences, including purchasing large equipment. The two women farmers are highlighted as part of a growing group of women leading agricultural operations. “If you are thinking of getting into an agriculture business, prioritize what Annie’s Project can do for you,” Saathoff says. “Members will become lifetime friends and a very strong support system.”

Annie’s Project

The story of Annie Fleck, a farm lady who dedicated her life to learning how to be an active business partner with her husband, is the inspiration for Annie’s Project. Her daughter, Ruth Fleck Hambleton, started Annie’s Project in 2003, a few years after Annie’s passing. At the time, Hambleton worked for the University of Illinois Extension as a Farm Business Management and Marketing Educator. In 2008, Annie’s Project made its debut in Maryland. The first session, which took place between January 16th and March 5th, 2008, was the first time Annie’s Project was implemented in the Northeastern states. Delaware and Maryland worked together to create the workshop. Today, Annie’s Project is in multiple states and even in other countries. As a nonprofit program, Annie’s Project provides a safe, comfortable forum for women to ask questions, get access to resources, and gain core principles in agriculture. Learn more at anniesproject.org.

Land-Grant Universities

The federal government gave land-grant universities like the University of Maryland a three-part mission: to teach, to conduct research, and to serve communities. This was in addition to two later acts of the U.S. Congress, the Hatch Act of 1877 and the Smith-Lever Act of 1914.

University of Maryland Extension (UME) Talbot County

The University of Maryland Extension is a non-formal education system that is supported by the U.S. Department of Agriculture, Talbot County Government, University of Maryland Eastern Shore, and University of Maryland at College Park.

“A lot of curricula in the past wasn’t adaptable to different locations. In Maryland, we differ in climate, topography, and soil from, for example, Iowa, so it’s crucial to have a flexible curriculum to be meaningful here.”—Shannon Dill

 ASK THE DOC


James Lynch, MD

Stellate Ganglion Block (SGB)

Q: What treatment can help my *anxiety*, besides medications and psychotherapy?

A: Stellate Ganglion Block (SGB) has been shown to reduce anxiety symptoms by 50%. SGB is an injection of local anesthetic along the nerve in the neck that controls the sympathetic nervous system—the “fight-or-flight” system—which can be inappropriately elevated in many people with anxiety. SGB is not new. This safe, simple injection has been used to treat pain since the 1920s and has been used to treat posttraumatic stress disorder (PTSD) for the past decade as well as concussion/Traumatic Brain Injury (TBI). SGB has been used increasingly to provide significant relief of anxiety symptoms too. SGB takes less than 15 minutes to perform, and benefits are seen in as little as 30 minutes.

2401 Brandermill Blvd, Suite 200, Gambrills, MD | 410-626-4577 | drjameslynch.com

 ASK THE DOC


Lisa Beagan, DVM

Mobile Pet Vet

Q: Should I use flea and tick medication on my pet since it is still cold in Maryland?

A: Even though it's cold in Maryland, don't skip your pet's flea and tick prevention! Fleas can become active when temperatures are just **50°F for 2-3 consecutive days**, and ticks are even hardier, surviving in freezing weather by hiding in leaf litter or on warm hosts. Maryland's fluctuating temperatures create the perfect conditions for these pests to persist year-round. Skipping prevention can lead to infestations in your home, as fleas lay eggs that can hatch weeks later when indoor temperatures are warm. Ticks also carry diseases like Lyme and can latch onto pets—and even you—any time they're active. Keeping your pet on a year-round flea and tick prevention plan is the best way to protect them (and your home) from these persistent pests. Ask your veterinarian about the best option for your pet!

Learn more: www.mobilepetvet.com | 410-544-8300

 ASK THE DOC


Dr. Kelly Kilcoyne

Annapolis Hand to Shoulder Center

Q: Should I only see a surgeon if I think I need surgery?

A: At Annapolis Hand to Shoulder Center, the answer is No. Our surgeons use their many years of experience and expertise to evaluate your condition and create an individualized plan of care that may include surgical or non-surgical treatment. Because you always see one of our board certified, fellowship trained physicians at every visit, you can be assured that if surgery is indicated that option will be discussed. However, we can treat many conditions conservatively with therapy or with steroid or biologic (PRP) injections with great success. We are truly, and uniquely, a practice that can treat all your upper extremity injuries and conditions, chronic or acute, whether it is with therapy, injection, or surgery.

Learn more: www.annapolishandcenter.com | 410-544-4263

 ASK THE DOC


Sean Mulvaney, MD

Regenerative Orthopedics and
Sports Medicine Annapolis

Q: Who should I see for non-surgical treatment options for orthopedic or spine injury or chronic pain such as arthritis?

A: Start with a physician with appropriate postresidency training, (i.e. a sports medicine or pain medicine fellowship). They should be an expert in both ultrasound-guided injections, (which are critical for both accurate diagnosis and treatment), and fluoroscopically guided injections, (which are critical for some spine treatments). The physician should use FDA approved equipment and orthobiologic techniques that utilize the patient's own blood or cells. A physician with academic medicine credentials who is actively publishing and lecturing in this field will generally have the most up-to-date knowledge. Finally, check on-line reviews.

Annapolis & Easton locations | 410-505-0530 | www.rosm.org

 ASK THE DOC


Andrew McGlone, MD

Luminis.Health/PrimaryCare

Q: Can I screen for colon cancer at home?

A: If you're at average risk—meaning you have no personal or family history of colon cancer and are not having any symptoms such as blood in your stool—an at-home test like Cologuard or FIT may be an option. These tests must be repeated every one to three years, depending on the type and your results. Any positive testing will require further evaluation with a colonoscopy procedure. While at-home tests are convenient, they may not be right for everyone. Talk to your provider to determine the best screening option based on your health history and risk factors.

Learn more: Luminis.Health/PrimaryCare | 443-481-1150

 ASK THE DOC

For more information visit whatsupmag.com



In *Fitness* and In Health

**THESE ARE THE WELLNESS
TRENDS WE'RE WATCHING...
AND MAYBE EVEN TRYING!**

By Staff

Beauty may only be skin deep, or in the eye of the beholder, but, boy, does that beauty take a lot of nourishing to maintain. Exercise, nutrition, mindfulness...it can all help fulfill a healthy whole-body experience that shines as bright inward as out. To that end, we see quite a lot of new and emerging trends in the fitness-health-wellness arena to consider. What are we keeping an eye on? Let's have a run-through of some of the buzzy concepts and practices we're seeing today.

These trends reflect a comprehensive approach to health and fitness in 2025, emphasizing personalization, technological integration, and a holistic view of well-being.

**Healthcare Disclaimer: This is for educational and informational purposes only and does not constitute providing medical advice or professional services. The information provided should not be used for diagnosing or treating a health problem or disease, and those seeking personal medical advice should consult with a licensed physician.*

1. Wearable Tech: Devices that monitor health metrics such as heart rate, sleep patterns, and activity levels are gaining popularity, providing users with real-time health data.

2. Personalized Fitness Plans Using AI: Artificial intelligence is being utilized to create customized workout routines based on individual health data, enhancing workout effectiveness.

3. Holistic Health Approaches: There's a growing emphasis on integrating physical, mental, and emotional wellness practices to achieve overall well-being.

4. Sustainable and Eco-Friendly Products: Consumers are increasingly opting for biodegradable, plastic-free, and sustainably sourced wellness products, reflecting a broader environmental consciousness.

5. Remote Personal Training: Advancements in technology have made virtual fitness coaching more accessible, allowing individuals to receive personalized training from anywhere.

6. Hybrid Workouts: Combining different exercise modalities, such as HIIT with yoga or strength training with cardio, is gaining traction for its comprehensive fitness benefits.

7. Mindfulness and Stress Management: Practices like meditation, deep breathing, and mindfulness are being incorporated into daily routines to enhance mental health and reduce stress.

8. Plant-Based Nutrition: There's an increasing interest in plant-based diets, with more individuals adopting vegetarian or vegan lifestyles for health and environmental reasons.

9. Influencer and Ambassador-Led Fitness Programs: Fitness influencers and brand ambassadors are shaping workout trends and encouraging their followers to engage in various fitness challenges.

10. On-Demand Exercise Classes: The convenience of accessing workout classes anytime, anywhere through streaming services is appealing to many fitness enthusiasts.

11. Advanced Hydration Solutions: Products and strategies aimed at optimizing hydration, such as electrolyte-infused beverages and personalized hydration plans, are gaining attention.

12. Adaptogenic Supplements: Supplements containing adaptogens, which are believed to help the body manage stress, are becoming more popular in the wellness community.

13. Fitness Gamification: Incorporating game elements into fitness routines, such as challenges and rewards, is enhancing engagement and motivation among users.

14. Functional Fitness Training: Workouts that mimic daily activities to improve overall functional strength and mobility are gaining popularity.

15. Sleep Optimization Technologies: Tools and apps designed to monitor and improve sleep quality are becoming essential components of health regimens.

16. Community-Based Fitness Initiatives: Group workouts and community fitness events are fostering social connections and collective motivation, enhancing the overall fitness experience.

Kent County

Maryland

You're **welcome** here.



Get ready to make memories in the heart of the Eastern Shore! From lively festivals and outdoor adventures to family-friendly street fairs and historic celebrations, there's something for everyone.



PLAN YOUR ADVENTURE

KENTCOUNTY.COM/EVENTS/ANNUAL



Maryland
YOU'RE WELCOME
visitmaryland.org

The Hickory Stick
A Unique Boutique

410-639-7980
21826 Sharp Street
Rock Hall, MD 21661

NOBLE MICK'S
SINGLE SERVE CRAFT COCKTAILS

Noble Mick's is a single serve craft cocktail made right here in the USA. Several delicious flavors to choose from.

OPEN 7 DAYS A WEEK, 10-5PM

ROCK HALL MARYLAND

YOUR CHESAPEAKE BAY GETAWAY
Relax, Explore and Enjoy life on the Eastern Shore

MARK YOUR CALENDARS!

- May 25th - Porch Fest
- May 31st & June 1 - Triathlon
- July 3rd & 4th - Independence Celebration
- July 6th - Waterman's Day
- August 8th - 10th - Pirates and Wenches Weekend
- September 1st - Scrapple Festival
- October 11th - Fall Fest

THE GREATER *Rock Hall* BUSINESS ASSOCIATION

For more information visit us online at WWW.ROCKHALLMD.COM

NATIONAL MUSIC FESTIVAL

June 1-14, 2025
Chestertown, MD
Season XIII

NationalMusic.us

FOOD

AN EXHIBIT OF THE SFW RESIDENT ARTIST PROGRAM

RESIDENT ARTISTS:
Sheba Legend, Radu Leon & Tory Tepp

kent CULTURAL ALLIANCE

Open Studios
Sat., April 19th
12pm-2pm

Artists' Talk
Sat., May 3rd | 1pm

Exhibit Opening
First Friday, May 2nd
5pm-8pm

Exhibit Hours
Through May 31, 2025
Wed. - Fri.: 10am-4pm
Sat.: 10am-2pm

101 SPRING AVE., CHESTERTOWN, MD | KENTCULTURE.ORG

THE PEOPLES BANK

GROWING YOUR BUSINESS?

WE CAN HELP WITH THAT.

Learn more about our business banking and lending solutions.

WWW.PBKC.COM

KENT COUNTY LODGING

— Welcome —
TO BRAMPTON
1860



EASTERN SHORE EXPLORATIONS
ROMANTIC GETAWAYS • LUXURY PACKAGES
CURATED SPECIAL EVENTS
CHESAPEAKE FRESH CUISINE
INTIMATE WEDDINGS

BRAMPTON
1860

Chestertown, MD

bramptoninn.com | 410.778.1860

We miss you...

INN AT
Huntingfield Creek



70 blissful acres...
come and find your
zen with us!

Rated #1 on TripAdvisor 2016-2024!

410.639.7779 huntingfield.com
Rock Hall, Maryland



Luxury on the Chesapeake Bay.


GREAT OAK
MANOR

+1-410-778-5943

10568 Cliff Rd., Chestertown, MD 21620
info@greatoakmanor.com | greatoakmanor.com

 **HAVEN HARBOUR**
MARINA RESORTS



**MARYLAND'S TOP
WATERFRONT DESTINATION**



Our premier Chesapeake Bay resort is located in Rock Hall offering a wide array of activities and amenities at our 22-room Inn and rental homes, with transient and seasonal slips and with full yacht services

Book slip reservations at
Dockwa.com

Book guest reservations at
Havenharbour.com

Come find your Haven!

Summertime
and the Livin' is Easy...
*Come Visit Wide Open Spaces
and Charming Inns of
Kent County!*

CHESTERTOWN

Brampton 1860
www.bramptoninn.com

Great Oak Manor
www.greatoakmd.com

The Inn at Mitchell House
www.innatmitchellhouse.com

The White Swan Tavern
www.whiteswantavern.com

GEORGETOWN

Kitty Knight House
www.kittynight.com

ROCK HALL

Bay Breeze Inn
www.baybreezeinn.com

Carriage House
www.carriagehousemd.com

Cinnamon on the Bay
www.cinnamononthebay.com

High Tide Inn
www.thehightideinn.com

Inn at Huntingfield Creek
www.huntingfield.com

Inn at Osprey Point
www.ospreypoint.com

Inn at Haven Harbour
www.havenharbour.com.com

Mariner's Motel
www.marinermoteld.com

Spring Cove Manor
springcovemanor.com

KENNEDYVILLE

Crow Farmstay B&B & Winery
www.crowfarmmd.com

FOR MORE INFORMATION
www.kentcounty.com/lodging



**ALTERNATIVE
pet care md**
PROVIDER • GROOMER • TRAINER

Vet trained, First Aid Certified, Licensed, Bonded & Insured

EXPERIENCE *the* DIFFERENCE

Highly recommended by Chesapeake Veterinary Emergency Center,
Muddy Creek Animal Hospital, Dunkirk Vet and Annapolis Animal Hospitals

sandy@alternativepetcaremd.com

2562 repeat clients, 579 FIVE star reviews
NEW* Pet Waste Removal SVC by The Everyman, 443-547-2939

410.349.7828 • alternativepetcaremd.com

Ballet Theatre of Maryland
ARTS COUNCIL OF ANNE ARUNDEL COUNTY

Swan Lake

April 25-26, 2025 at Maryland Hall



With its impressive corps de ballet of swans, rousing court dances, and the infamous duality of the White and Black Swans, Swan Lake is a must-see for any ballet lover.

www.BalletMaryland.org



Arts Council of Anne Arundel County presents

Please join the Arts Council of Anne Arundel County for a fun-filled evening supporting the ARTS! Enjoy cocktails and dinner, as well as performances by area artists, a silent auction featuring items donated by local businesses, artists, and arts organizations, and a live auction showcasing swoon-worthy items and unique experiences.

PAINT THE TOWN is not only a great party, it's our most important fundraiser of the year. The evening's proceeds will bring the arts to local schools and provide scholarships to students who have the talent – but not the resources – to pursue their passion for the arts.

**Celebrate the ARTS
in Anne Arundel County!**

PAINT THE TOWN
an evening with the ARTS!

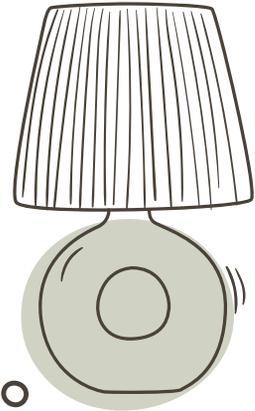
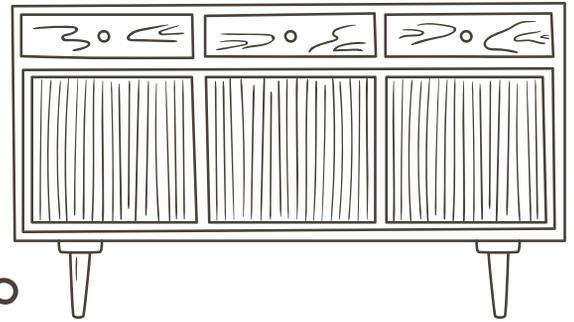
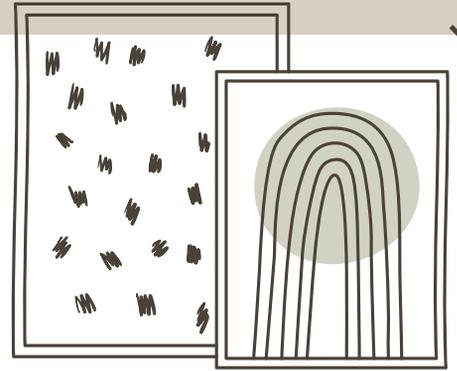
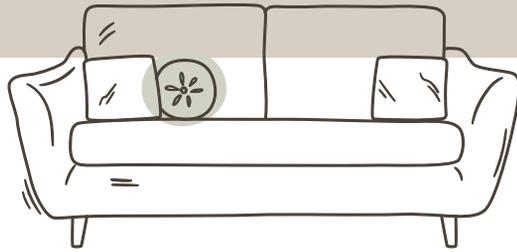
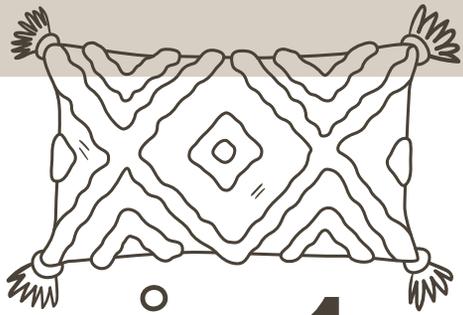



Live! CASINO • HOTEL MARYLAND

SATURDAY, MAY 3, 2025 AT LIVE! CASINO & HOTEL MARYLAND

LEARN MORE WWW.ACAAC.ORG

ARTS COUNCIL
OF ANNE ARUNDEL COUNTY



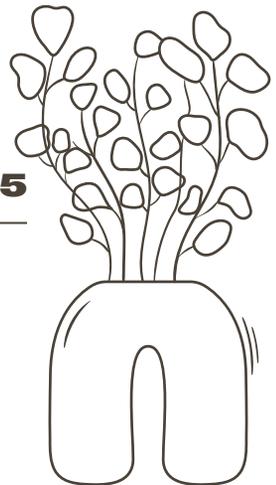
for

THE EXPERTS' LIST OF

THE TOP 15 INTERIOR

DESIGN TRENDS FOR 2025

Sources, sources, sources. We have checked in with all of our favorite outlets, design salons, and did a deep dive of High Point Market style spotter reports to bring you our annual run-down of what savvy, interior-minded consumers may wish to consider when feathering their nests this year.



By Lisa J. Gotto

Photo courtesy of Varaluz

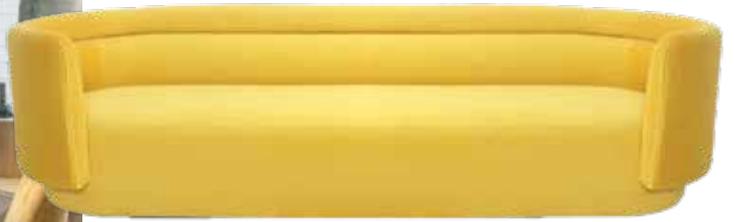


Photo courtesy of Modshop



Intense, Rich Color



We can expect to see aspects of dusty, earthy tonal palettes to continue to be popular in 2025, but this year also ushers in an alternative palette of hues that are dark, jeweled, and intense. From a deep, russet burgundy, to a bright mustard yellow and emerald green, everything from paint and fabric colors to statement furnishings are hoping to have a place in your home this year.

Resurgence of the Art Deco Aesthetic

While we can regularly expect to find Art Deco influences in furnishings and in certain finishes like lacquer, in sophisticated room schemes and featured in showrooms like those at High Point Market, this year experts say we can also expect to see this influence in smaller and less expected ways such as wall coverings.

Photo courtesy of Thibaut



Photo courtesy of modshop1.com

Drapery as an Art Form

It's not just about privacy anymore, as drapery goes dramatic in 2025. And again, walls figure significantly into this scenario, as well. Adding fabric to walls and ceilings is no longer being seen just as a creative way to buffer sound, it is playing into those comforting themes that we have been coveting in design for the last five years or so. Drapery is also being used in new places like bathrooms, and ranges from thick and weighty velvet to billowy gossamer panels in variations of white.



Photo courtesy of Varaluz



Photo courtesy of Thibaut

Wall Coverings are Doing Double-Duty

The overall popularity of wall coverings will continue and make even bolder strides in the home for those who dare to go there. And what the interior design industry describes as the fifth wall, the ceiling, is where they're going; creating yet another opportunity for consumers to stretch what they think is possible in interior design.



Velvet is Having a Moment

Tied in again to that desire for comfort and surroundings that soothe and soften, velvet can be found dressing everything from headboards to table coverings and whole pieces of furniture—and the rich, jeweled tones are making the use of this material an opulent statement, as well.



Photo courtesy of arhaus.com



○ **Brown Furniture is Back**

With the right sensibility and a skilled eye, the beauty that is brown is slowly coming back into our lives. Was it the appointment of Mocha Mousse as Color of the Year by Pantone, or was it something more like a slow burn into the creative side of our brains that eased us back into the color of earth at its most pure? At the end of the day, whatever the cause, the re-entry of brown furnishings and overall schemes is gaining, for lack of a better word, ground, and is being seen more and more in the feeds design influencers worldwide. In these circles, brown is anything but boring, rather it is welcoming and warming in a way this is familiar and a tad nostalgic even.



Photo courtesy Howard Elliott Collection



Photo courtesy of laylagrace.com

Mixed Metals Mingling with Mixed Woods

This was bound to happen as we have grown very fond of the layering aspect in design—and taking things to the next level has clearly become the norm. This approach to interiors is also less contrived and cookie cutter, as it allows for the authenticity of what you like, as opposed to what is supposed to be, to shine through.

Photo courtesy of Thibaut



○



Use of Texture on Walls

Whether it's applying it at the source during a build or remodel, employing the grass cloth wallpaper of the moment, or even taking an upholstered approach, such as adding leather, suede or velvet to a wall, consumers in 2025 will continue to work with the three-dimensional wall treatments that work best for them.



Photo courtesy of Thibaut



Photo courtesy of York Wallcoverings

Patterns Galore!

While we often don't lean into the design sensibilities rooted in British interiors, high-level pattern mixing is enjoying some time in the design limelight and consumers across generations are using multiple patterns and are having fun while doing so.



Photo courtesy of Kalico Lighting



Photo courtesy of Schonbeck



Light Fixtures as an Art Form

||

Light fixtures have been amping up their game for some time now and designers of such things have really let imaginations take flight. Beyond statement pieces, intentionally artful lighting allows for imaginings and conversations, not just functional incandescence.



Photo courtesy of Arhaus.com

○

Bathrooms as Immersive Experiences

Beyond the spa bath concept lies an escape for the body, soul—and mind, taking the user to perhaps another time or world that is only limited by the imagination. Adding comfort in the form of texture and an element of the unexpected provides for the most fundamental of connections, that connection with the self.



Photo courtesy of Varaluz



Photo courtesy of Kalco Lighting

Home Offices That Look Less Officey & More Homey

Breaking free of expectations is a hallmark of exceptional design and with the home office concept we have been given the unique opportunity through technology and circumstance to create the optimal environment in which we feel inspired and at ease in a way that we could not in the corner office. To that end, in 2025 we will continue to figure out what works best for us with the addition of more comfortable touches playing a large role.



Photo courtesy of The Spruce.com



Photos courtesy of msisurfaces.com



Fluted Tile

Adding tile to your home is like adding your accessories to a fine ensemble. It is the finishing touch and the calling card of personal style and taste. Choosing tile can be a time-consuming experience because of the sheer volume of choices. 2025, however, is the year where fluted tile is set to take center stage. Again, playing up three-dimensional themes, fluted tile adds a noticeable, interesting layer of texture without being jarring.

Enhanced Use of Earth Tones

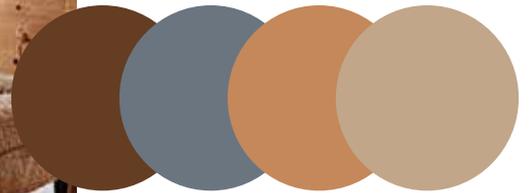
This trend started out small but has grown over the better part of a decade or more in interior design to become the standard when it comes to contemporary palettes of the era. As we are still in comfort mode, these once subdued hues will get a bit richer for 2025 with deep rusts and mossy greens taking center stage.



Photo courtesy of Home Trends and Design



Photo courtesy of havenly.com



What is Flame Stitch?

If you haven't already been introduced to this lively pattern while scrolling on Houzz, you soon will. Flame stitch is a type of embroidery first popularized in 17th century Florence, predominantly seen as the upholstered element to chairs of the time. Today, we are seeing this design emerge as the more energetic cousin pattern to chevron with its contemporary uses resulting in statement-making furnishings and accessory pieces.





Thank you, Annapolis, for your continued support and for voting us "Best Financial Advisor" for the last 7 years.

At HF Advisory Group, we understand that every family has unique financial goals. That's why we create custom financial plans tailored to your specific needs. As a fiduciary, we're committed to acting in your best interest, offering wealth management advice that prioritizes your well-being.

Our comprehensive, seven-step process ensures your plan is not only well-crafted, but carefully implemented and monitored. We're here to support you through every stage of your financial journey, whether you're just starting or refining your strategy.

With over 30 years of experience, Ray, a Certified Financial Planner™, leads with a focus on building lasting relationships and providing trusted guidance. Together with his wife, Jackie, they ensure a warm, welcoming atmosphere at HF Advisory Group—where comfort meets professionalism.

We're here to help you reach your financial goals, every step of the way.



ADVISORY GROUP

Ray Hobson, CFP®

166 Defense Highway, Suite 102
Annapolis, MD 21401 | 410-571-1415
www.hfadvisorygroup.com

Representing HF Advisory Group, LLC A Registered Investment Advisory - Annapolis, MD HF Advisory Group has reasonable belief that the survey used to determine this award is fair and balanced. There is no compensation connected to this rating/award. The Best of Annapolis award is no guarantee of future investment outcomes and does not ensure that a client or prospective client will experience a higher level of performance or results.

Architecture | Design

HD Squared Architects

P.O. Box 33, Edgewater, MD 21037; 443-898-9480; hd2architects.com

Art/Décor | Framing

Nancy Hammond Editions

416 6th Street, Annapolis, MD 21403; 410-295-6612; nancyhammond-editions.com

Gallery 57 West

57 West Street; Annapolis MD 21401; gallery57west.com

Trippe Gallery

23 N. Harrison Street, Easton, MD 21601; 410-310-8727; thetrippegallery.com

Troika Gallery

9 S. Harrison Street, Easton, MD 21601; 410-770-9190; troikagallery.com

Audio | Video

Maddox AV

3535 Old Trail Road, Edgewater, MD 21037; 301-377-2696; maddoxav.com

Decking

We Restore Decks

1842 St. Margarets Road, Annapolis, MD 21409; 410-263-6270; werestoredecks.com

Furniture

Gabriella White Furniture

gabriellawhite.com

Thyme + Stain LLC

222 Severn Avenue, Unit 4A, Annapolis, MD 21403; 410-846-2792; thymestain.com

Home Appraisal | Finance | Titling

Chris Edge | First Home Mortgage

900 Bestgate Road, Ste. 310, Annapolis, MD 21401; 410-708-1075; firsthome.com/loan-officers/chris-edge

Liff, Walsh & Simmons | Eagle Title

Offices in Annapolis, Chestertown, Severna Park, and more; 410-266-3600; eagletitle.com

Rosedale Federal Savings & Loan Association

Locations in Greater Baltimore region; 410-668-4400; rosedale-federal.com

Shore United Bank

Locations throughout Maryland, Delaware, and Virginia; 877-758-1600; shoreunitedbank.com

The Peoples Bank

Locations in Chestertown, Easton, Rock Hall, and more; 410-778-3500; pbkc.com

Home Construction | Materials

Bayview Builders

912A Lincoln Drive, Annapolis, MD 21401; 410-280-0303; bayviewbuildersmd.com

Brightview Builders, Inc.

924 Baltimore Annapolis Boulevard, Severna Park, MD 21146; 410-647-3100; brightviewsiding.com

Focus Construction

208 E. Dover Street, Easton, MD 21601; 410-690-4900; focus-construction.net

Lundberg Builders, Inc.

314 Main Street, Stevensville, MD 21666; 410-643-3334; lundberg-builders.com

MB Design & Remodel

2101 Baldwin Avenue, Ste. 1, Crofton, MD 21114; 443-590-5048; mbsvcs.com

Mueller Homes

202 Legion Avenue, Ste. 4, Annapolis, MD 21401; 410-549-4444; muellerhomes.com

Paquin Design Build

500-A Saddler Road, Grasonville, MD 21638; 410-643-7811; paquindesignbuild.com

Revival Builders

1981 Moreland Parkway, Bldg. 3, Bay 3, Annapolis, MD 21401; 410-693-2401; revivalbuildersmd.com

Home Generators

Generator Supercenter

12 Lincoln Court, Annapolis, MD 21401; 410-697-5530; generator-supercenterofannapolis.com

Interior Design | Furnishings

Ellyn B. Designs

240-594-9981; ellynbdesigns.decoratingden.com

Higgins & Spencer

902 S. Talbot Street, St. Michaels, MD 21663; 410-745-5192; higgins-sandspencer.com

Katie Rainey Design

1606 Laurel Lane, Annapolis, MD 21409; 843-214-4179; katiereinney-design.com

Taylor Hart Design

Annapolis, MD 21401; 410-507-1602; taylorhartdesign.com

The Hickory Stick

21326 E. Sharp Street, Rock Hall, MD 21661; 410-639-7980; thehickorystick.com

Kitchen | Bath | Stone | Tile

314 Design Studio

314 Main Street, Stevensville, MD 21666; 410-643-4040; 314design-studio.com

Cabinet Discounters

910-A Bestgate Road, Annapolis, MD 21401; 410-266-9195; cabinet-discounters.com

Compass Studio Tile & Flooring

302 Harry S Truman Parkway, Annapolis, MD 21401; 410-224-0700; cst-studio.com

Design Solutions, Inc.

420 Chinquapin Round Road, Ste. 1-C, Annapolis, MD 21401; 410-757-6100; dsikitchens.com

Kitchen Tune Up Annapolis

Severna Park, MD 21146; 667-316-6272; kitchentuneup.com/annapolis-md

Stuart Kitchens

2335-B Forest Drive, Annapolis, MD 21401; 410-761-5700; stuart-kitchens.com

Landscaping | Hardscaping

Ciminelli's Landscape Services

18301 Central Avenue, Bowie, MD 20716; 410-741-9683; ciminellis-landscape.com

On the Green, Inc.

777 Annapolis Road, Gambrills, MD 21054; 888-575-6218; onthegreeninc.com

Painting | Surface Services

Annapolis Painting Services

2561 Housley Road, Annapolis, MD 21401; 410-974-6768; annapolispainting.com

Maryland Paint & Decorating

209 Chinquapin Round Road, Annapolis, MD 21401; 410-280-2225; mdpaint.com

Pest Control

Old Bay Pest Control

443-603-5651; oldbaypestcontrol.com

Plumbing | HVAC Services

Mahon Plumbing

6824 Fort Smallwood Road, Baltimore, MD 21226; 410-766-8566; marylandplumbingservices.com

Pool & Spa Design | Service

Aqua Pools

8801 Mistletoe Drive, Easton, MD 21601; 410-822-7000; aqua74.com

Coastal Pools

6608 Ocean Gateway, Queenstown, MD 21658; 410-827-0888; coastalpoolbuilders.net

KustomScapes & Pools

443-786-1464 (Easton) or 410-956-9464 (Edgewater); kustomscapesandpools.com

Olmo Brothers Construction & Landscaping

1704 Old Generals Highway, Annapolis, MD 21401; 410-266-8700; olmbros.com

Paradise Pools Inc.

10620 Riggs Hill Road, Ste. H, Jessup, MD 20794; 301-725-0005; paradisepoolsmd.com

Wade Pools & Landscape Design, LLC

Serving Anne Arundel, Howard, Queen Anne's, and Talbot counties; 410-349-9507; wadelandscapes.com

Real Estate

Academy Realty

801 Compass Way, Ste. 3, Annapolis, MD 21401; 410-263-9105; academyrealty.com

Biana Arentz | Coldwell Banker Realty

3 Church Circle, Annapolis, MD 21401; 410-490-0332; selling-marylandsunsets.com

Brad Kappel Team | TTR Sotheby's International Realty
209 Main Street, Annapolis, MD 21401; 410-279-9476; bradkappel.com

Chaney Homes

206 Old Love Point Road, Stevensville, MD 21666; 443-249-7653; chaneyhomes.com

Christy Bishop | Berkshire Hathaway HomeServices PenFed Realty

565 Benfield Road, Ste. 100, Severna Park, MD 21146; 443-994-3405; christybishop.penfed-realty.com

Chuck Mangold, Jr. | Benson & Mangold Real Estate

31 Goldsborough Street, Easton, MD 21601; 410-822-6665; shore-luxury.com

Cornelia Heckenbach | Long & Foster Real Estate

105 S. Talbot Street, St. Michaels, MD 21663; 410-310-1229; stmichaelsmdwaterfront.com

Courtney Chipouras | TTR Sotheby's International Realty

Offices in Chestertown and Easton; 410-673-3344; mychesapeakehome.com

Cynthia Sullivan | Sullivan Select Real Estate Services
301-745-5500; sullivanselectllc.com

David Orso | Berkshire Hathaway HomeServices PenFed Realty

8 Evergreen Road, Severna Park, MD 21146; 443-372-7171; davidorso.com

DD McCracken Home Team | Coldwell Banker Realty

170 Jennifer Road, Ste. 102, Annapolis, MD 21401; 410-849-9181; ddmccrackenhometeam.com

Erica Baker | TTR Sotheby's International Realty

209 Main Street, Annapolis, MD 21401; 410-919-7019; ericabaker.ttrsir.com

Elizabeth Arentz | Coldwell Banker Realty

3 Church Circle, Annapolis, MD 21401; 443-988-3495; elizabetharentz.com

Laura Carney | TTR Sotheby's International Realty

17 Goldsborough Street, Easton, MD 21601; 410-310-3307; lauracarney.com

Long & Foster Annapolis Bestgate

711 Bestgate Road, Annapolis, MD 21401; 410-224-0600; longandfoster.com/annapolis-md-bestgate-road-realty

Long & Foster Annapolis Eastport

320 Sixth Street, Annapolis, MD 21401; 410-260-2800; longandfoster.com/annapolis-md-eastport-realty

Long & Foster Annapolis Fine Homes

145 Main Street, Annapolis, MD 21401; 410-263-3400; longandfoster.com/annapolis-md-fine-homes-realty

Long & Foster Severna Park

541-B Baltimore Annapolis Boulevard, Severna Park, MD 21146; 410-544-4000; longandfoster.com/severna-park-md-realty

Mia Anderson | Berkshire Hathaway HomeServices Homesale Realty

77 Main Street, Annapolis, MD 21401; 410-693-3354; miamovesyou.com

Omnia Real Estate

1521 Ritchie Highway, #100-9692, Arnold, MD 21012; 202-430-6337; omniareal.com

Scott Schuetter & Crew | Berkshire Hathaway HomeServices PenFed Realty
1997 Annapolis Exchange Parkway, Ste. 101, Annapolis, MD 21401; 410-266-0600; scottschuetter.com

Select Land & Homes

97 S. Queen Street, Chestertown, MD 21620; 410-810-3900; select-landandhomes.com

Team Turner | Coldwell Banker Realty

3 Church Circle, Annapolis, MD 21401; 410-263-8686; coldwellbanker.com/md/annapolis/agents/george-turner

The Christina Janosik Palmer Group | Keller Williams Realty, Inc.

231 Najoles Road, Ste. 100, Millersville, MD 21108; 410-729-7700; cjpgroup.kw.com

Tricia Wilson | Wilson Realty and Staging

3033 Kent Narrows Way S., Ste. 4, Grasonville, MD 21638; 410-304-2250; wilsonrealtymd.com

Retirement | Plus-55 Communities

Baywoods of Annapolis

7101 Bay Front Drive, Annapolis, MD 21403; 410-268-9222; bay-woodsofannapolis.com

Londonderry on the Tred Avon

700 Port Street, Ste. 148, Easton, MD 21601; 410-820-8732; londonderrytredavon.com

Tribute at Melford | Cogir Senior Living

17300 Melford Boulevard, Bowie, MD 20715; 301-603-3487; cogirusa.com/communities/tribute-at-melford

Roofing | Siding

Ace Home Improvements LLC

2138 Priest Bridge Drive, Ste. 1, Crofton, MD 21114; 301-241-9754; acehomeimprovementsllc.com

Fichtner Services

1872 Betson Avenue, Odenton, MD 21113; 410-519-1900; fichtner-services.com

Mid-Shore Exteriors

29349 W. Maple Avenue, Trappe, MD 21673; 410-673-7939; mid-shoreexteriors.com

Prime Roofing and Siding

2138 Priest Bridge Court, Ste. 4, Crofton, MD 21114; 667-359-0102; primeroofingandsiding.com

Sawmill

Wood Ingenuity

516 Owens Road, Queen Anne, MD 21657; 443-966-3464; woodingenuity.com



We Strive To Deliver Sophisticated,
Fee-Only Wealth Management
In A Highly Personal Way.

Bay Point Wealth Is Now Modera Wealth Management

Our team has joined Modera Wealth Management, LLC, a fee-only advisory firm since 1983 with 18 offices on the East Coast.

Together, we've expanded our resources and depth of knowledge while staying true to the personalized, fiduciary-focused service you've come to expect.

- Investment Strategy
- Comprehensive Financial Planning
- Education Savings
- Estate & Trust Planning
- Insurance Planning
- Retirement Planning
- Tax Planning
- ERISA Business Retirement Services

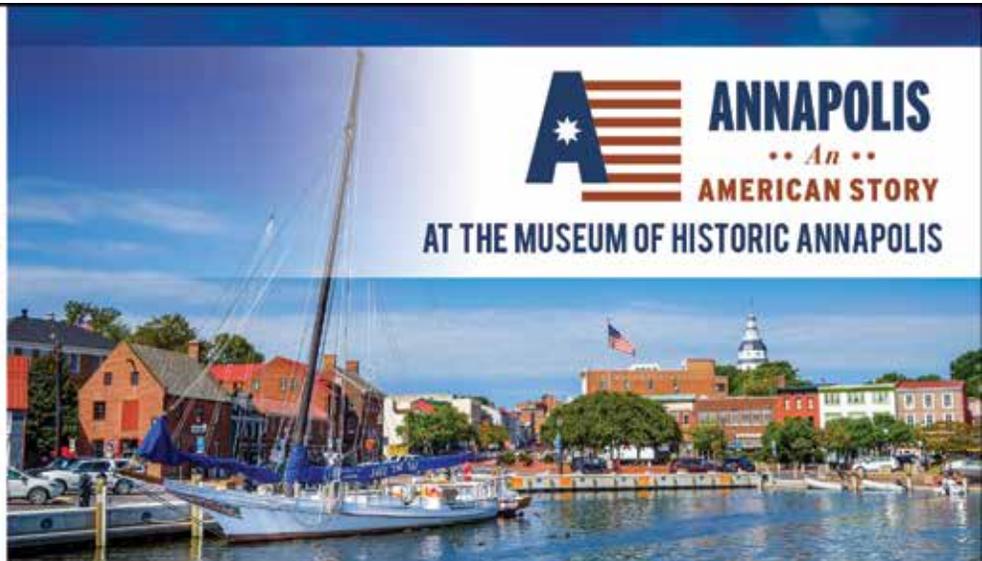


Schedule a Meeting
with an Advisor!

Annapolis, MD Stevensville, MD
 410.626.8198 443.249.3337

www.moderawealth.com

Modera is an SEC-registered investment adviser. SEC registration does not imply any level of skill or training. For information pertaining to our registration status, fees, and services, please refer to the Investment Adviser Public Disclosure web site (www.adviserinfo.aec.gov) for a copy of our disclosure brochure statement set forth on our Form ADV. Please read the disclosure statement carefully before you invest or send money.



ANNAPOLIS
.. An ..
AMERICAN STORY
 AT THE MUSEUM OF HISTORIC ANNAPOLIS



- Family friendly and fully accessible
- Special exhibitions and events
- Daily tours or self-guide at your own pace



99 Main Street, Annapolis | 410.990.4754 | museum.annapolis.org

LEADING HOME BUILD & LANDSCAPE DESIGN PROFESSIONALS





KATIE RAINEY

KATIE RAINEY DESIGN

Recognized as one of the top luxury interior designers in Annapolis, Katie Rainey is a trusted expert on designing, building and renovating homes nestled by the water. Driven to offer her clients relaxation and ease, Katie's spaces are inspired, clean, and feel like a year-round vacation. Her talent lies in partnering with busy professionals and families who seek solace in the water, offering a deep breath from their fast-paced personal and professional lives. Katie's work represents the pinnacle of Waterfront living, having been recognized for the Best of Houzz 2025 and Forbes. She is also a recipient of the Design Excellence Award from *Annapolis Home Magazine's* Builder and Fine Design Awards.

Our mission at Katie Rainey Design is to craft exceptional waterfront homes that serve as serene retreats for our clients. Through a seamless design process and a commitment to integrity, we transform and build homes that are functional, elegant, and deeply connected to their natural surroundings. We strive to create spaces where families can thrive, make memories, and enjoy the beauty of waterfront living.



KATIE RAINEY
DESIGN

Annapolis, MD
843-214-4179
katierraineydesign.com



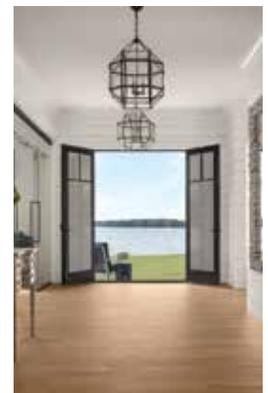
MUELLER HOMES

Mueller Homes believes that a beautifully designed luxury home is a masterpiece collaboratively developed, exquisitely handcrafted, and intentionally built to create a rewarding experience you'll cherish for years to come.

With over 30 years of expertise, Mueller Homes has perfected an innovative approach to custom home building, offering a concierge-level of service, an immersive design process, and unparalleled craftsmanship. The fully integrated team at Mueller typically includes an architect, a dedicated project manager, full-service interior design, and master artisans who create bespoke woodworks of art, all working together to elevate your homebuilding journey. By assembling the team for each project, Mueller fosters seamless communication and streamlined efficiencies, ensuring every detail is thoughtfully executed.

As one client recently reflected, "The team approach at Mueller Homes was invaluable! We had a very challenging site and it required an extensive amount of knowledge and expertise to get through the permitting process. Mueller assembled the perfect team to help us navigate these complexities. We also chose to utilize the in-house design services provided by their sister company, Ella Lee Interiors. This was the best decision ever! It elevated our entire experience and helped us create a very cohesive design throughout the entire home. The design team really provided a concierge level of service and were intimately familiar with the entire process, attending site meetings, helping with selections, and even helping us choose new furnishings and accessories for our home."

Mueller Homes has been recognized locally and nationally for award-winning design and an innovative full-service approach to luxury custom home building. Visit MuellerHomes.com



202 Legion Ave., Suite 4
Annapolis, MD 21401
410-549-4444
MuellerHomes.com

TAYLOR HART DESIGN



Laura Visioni

Established in 2015, Taylor Hart Design is a full service interior design firm specializing in Custom Home Renovations and Interiors in the Annapolis and Greater DC/Baltimore area. Our talented team of three:

Laurie Hart, Founder/Owner, has extensive experience in floorplan design. With a background in both Engineering and Design, Laurie can creatively revamp your undesirable floorplan to achieve your home and lifestyle dreams. Laurie also manages THD's Design-Build Renovations, where she brings preferred contractors in from the beginning. As a team, they provide unified project recommendations to fit your renovation budget, schedule, and needs. Ultimately, achieving flawless execution.

Deanna Gurri, Interiors, has over 15 years specializing in residential design, drawing inspiration from nature, art, and history. With a lifetime of experience in Textiles, Deanna loves bringing texture and color to the beautiful spaces she designs.

Karin Gielen, Project Manager, works with vendors and contractors ensuring the best pricing and timing, and coordinates logistics. A Harvard graduate, a real estate agent, and former Actuary, Karin will expertly keep your project on task.



Peak Visuals



Peak Visuals

DESIGN SOLUTIONS

IT ALL HAPPENS IN THE KITCHEN – LOVE, TEARS, JOY, FAILED ATTEMPTS AND GREAT SUCCESSES!

Gratefully celebrating over 40 years, Design Solutions is recognized nationally and in Annapolis as a lasting leader in the kitchen and bathroom industry. What makes us different? Our unwavering desire to create unique, inspiring spaces – bringing extraordinary ideas to life! Traditional or contemporary, we begin with the basics and TWIST into fresh and exciting, subtle and calm, or bold, like a steamy espresso!

Your most important relationships are enhanced by how your environment looks, feels and works. We strive to create spaces that function for individual + family work style and provide a visual environment which is comforting, inspiring and reflective of the lifestyle of your favorite people, cooking + laughing + dancing within.

The first step in a successful design is understanding – lifestyle, values, family life, patterns and work habits. Your most memorable meals and least favorite chores all serve as building blocks for a perfectly planned space. Developing an honest and caring relationship is undoubtedly our most influential task, resulting in a perfectly designed kitchen.



410-757-6100
420 Chinquapin Round Rd, 1-C
Annapolis, MD
www.dsikitchens.com



NANCY HAMMOND EDITIONS



HERON IN SALTWATER MARSH

SIGNED AND NUMBERED LIMITED EDITION GICLEE PRINT 32" X 48"

416 6TH STREET, ANNAPOLIS, MD • 410-295-6612 • WWW.NANCYHAMMONDEDITIONS.COM

Maryland Oncology Hematology

Expert Care. Close To Home.

Maryland Oncology Hematology is Maryland's largest independent oncology practice, with more than 45 practicing clinicians devoted to providing comprehensive, compassionate, high-quality cancer care. As a part of the US Oncology Network, Maryland Oncology Hematology patients benefit from a community of more than 2300 independent providers dedicated to advancing local cancer care and delivering better patient outcomes.

Maryland Oncology Hematology offers a state-of-the-art infusion center with a full range of chemotherapy services, laboratory testing, clinical trials, genetic counseling, the latest advancements in targeted therapy and immunotherapy, and support services. At Maryland Oncology Hematology Oncology, you'll find expert, compassionate care that keeps you close to home.

MarylandOncology.com



Benjamin Bridges, MD



Ali Bukhari, MD



Ravine Garg, MD



Adam Goldrich, MD



Peter Graze, MD



Stuart Selonick, MD



Jason Taksey, MD



Carol Tweed, MD



David Weng, MD



Jeanine Werner, MD



**MARYLAND
ONCOLOGY
HEMATOLOGY**

Annapolis
810 Bestgate Rd, Suite 400
Annapolis, MD 21401
410.897.6200

Easton
509 Idlewild Ave, Suite 1
Easton, MD 21601
410.819.3332

COASTAL POOLS

DESIGN • BUILD • REMODEL • MAINTAIN

Spring Ahead on Your Home Improvement Plans!

Coastal Pools can build the pool of your dreams - or remodel your old outdated pool to match your current lifestyle!

HomeTrack Photography

Coastalpoolbuilders.net | 410-873-8464

Call now for your FREE consultation.

Transform your backyard this season with a stunning custom concrete pool, spa, or outdoor retreat. Whether it's a new build, a renovation, or a maintenance plan, we bring your vision to life with expert craftsmanship and service.

As an award-winning, BBB-accredited company with an A+ rating and 4.9 stars on Google, we're the trusted choice for Maryland and Delaware homeowners. Flexible financing makes it easy to dive into your dream today!

Financing Options Available:



MHIC#97873

Proudly Serving Maryland & Delaware

Scan to view our gallery of pools!



Home & Garden

94 SET THE DATE & YOUR TABLE

100 STYLISH ANNAPOLIS SANCTUARY

104 TIMELESS ELEGANCE OF A HISTORICAL TREASURE



**A Mid-Century
Modern
Renaissance
Remodel**

PG. 86

KustomScapes & POOLS LLC

ALL YOUR CUSTOM OUTDOOR LIVING NEEDS

410-822-4377 410-956-9464

EASTON, MD EDGEWATER, MD



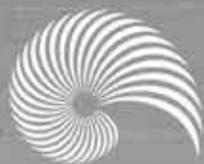
Experience the magic
of poolside living!



Custom pools, renovations, outdoor living spaces (walkways, patios, outdoor kitchens and more)
In-house Landscape Archeitect • Pool/Spa Maintenance and service department

Visit us online at www.kustomscapesandpools.com or scan QR Code
Contact us today and let's build something **great** together.





SUMMER CLASSICS

Life's Best Moments. Furnished.



1910 Towne Centre Blvd Suite 100
Annapolis | 443.569.8500

Majorca Collection | summerclassics.com

\$750
Giftcard Giveaway:



A Mid-Century Modern Renaissance Remodel

By Lisa J. Gotto

After years of thinking about what they would want in a dream home and then making the listing rounds, our feature homeowners realized that what they wanted was actually unavailable in the current home market. They did, however, come close with a property in Anne Arundel County. Overall, the home had good bones, and its location on an acre and a quarter of wooded backdrop with a flourishing landscape and idyllic views to a scenic creek off the Severn River encouraged them that they could “tweak” whatever they needed to on the inside.

“WE REALLY WANTED SOMETHING MORE MODERN, BUT WE SAW THE POTENTIAL”

“We really wanted something more modern, but we saw the potential,” the wife says. “There are some things we just loved about it in the backyard especially, and the entryway to the backyard.” Initially, the wife says, she was most concerned with having the kitchen remodeled and would have been content with a basic refresh of that space and a much-needed appliance upgrade.



THE PROJECT: Built in 1984, the interiors of this Acorn Deck home had been updated only minimally until the time it was put on the market in late-2020. These particular types of homes are known for their woodsy, Mid-Century Modern appeal, and often prized by those who wish to feel as though they are living within, or surrounded, by nature.

Her husband says the original plan also included replacing all the windows, and giving the living room and dining room a makeover.

“And then one thing leads to another, and we ended up basically redoing the whole floor and the staircase,” the wife says.

In this role, Cox says he strived to consider the site and context, the existing character of the home and the clients’ lifestyle preferences. “For me, the design collaboration with the homeowners was very rewarding as they brought to the table a very sophisticated appreciation for the potential of what could be achieved,” Cox says.

It was Cox, says the husband, who recommended the couple consider Bayview Builders of Annapolis for the construction. “We really just took an immediate liking to Bayview. They’re personable, thoughtful, and highly transparent about their costs and their process.”

Overseeing the plan logistics was Bayview’s Director of Construction, Rich Lang. “I worked on this project in a Production Manager capacity, but all of the credit for the craftsmanship and construction needs to go to Bruce Dowling who was the Bayview Construction Manager on the project,” Lang says.

While the main level’s basic floorplan remained intact, Lang says that there were larger infrastructure matters that needed to be addressed in order to achieve the homeowners’ desire to have a more modern home with enhanced flow throughout. This included more interesting sightlines and would employ the strategic use of some contemporary materials that the homeowners were especially fond of.

THE PLACE: A private, residential community in Crownsville that, for the couple and their 18-year-old son, is a world away from the hustle and bustle of their career center in the District.

EXECUTING THE PLAN: The husband is a huge fan of modern design and as a result, the couple’s goals for the aesthetic were very detailed from the onset. To help conceive how they would convert the main level living space, the couple chose an architect they had worked with before, Robert Cox of Josh Hildreth Interiors of D.C. for the project.



THOSE DOORS

“There were some rather significant structural additions and modifications required to implement the design,” Lang explains. “Most notably, all of the steel work required to support the loft area and roof above. This allowed for the floating loft component and set the foundation for expanding the home and modifying the roof framing to allow for the introduction of the large, multi-slide door.”

Steel columns were added and dropped below to the basement into new footings, he adds.

These structural enhancements allowed some pretty amazing things to happen. This included the removal of some walls and elements that were boxy

or confining, like the entry and drywall-framed home office loft located above the dining room.

The original entry was lovely in a traditional way but felt restricted due to the stair rail wall on the immediate right and a boxy coat closet on the left. This was addressed in several ways. First, the entire entry was visually recalibrated by installing an ultra-modern, custom-made pivoting door. This element in particular had been on the husband’s wish list for some time. Five-feet wide by seven-feet high, this front door fabricated with a wood base by Gutierrez Studios of Baltimore, is clad with zinc.

“The pivot door was just something that I had always wanted,” he says. “I knew that I wanted an oversized front door. I knew that I wanted a pivot door, and I knew that I wanted a very subtle patina metal facing on it.”

Second, a new stairway designed using glass side panels, weighty industrial steel beams with bolts, and heavy wood stair planks creates the architecturally stunning statement made upon entry. That statement is usually remarked upon later, however, after visitors have ceased being distracted by the expansive view of the creek straight ahead of them.

As the floorplan expands to reveal the living and dining room combination, the home’s defining element, a sweeping 31-inch wide by 10-and-a-half-foot tall multi-slide door by Otiima, is unveiled. The effect is captivating. “It appears as if the back of the house is missing,” Lang says.

Prior to the remodel, the husband says this part of the home had many windows, but they were limiting in several respects.

“While there was a lot of glass there, and you could obviously see the woods and then the river beyond, it wasn’t a clean view, it kept getting interrupted, and we wanted one vast expanse,” he says.

“That was the living room side. On the dining room side, there were two, maybe three small regular sash windows, and so we knocked out the whole wall of the dining room and actually pushed it out to be in the same plane as the living room wall.”

The existing stone fireplace feature was one original element in the home that became a non-negotiable. It would stay just where it was and just as it was, because the homeowners love its classic, rustic feel and they appreciate the texture and balance it lends the space.



The replacement of a series of drywall-encased half walls and support columns with several sleek structural steel beams painted in a dark bronze unburdened the space of any limitation to enjoying the sublime placement of this home's position in the hillside above the water. This is the intersection where seamless design and thoughtful sophistication meet in the home.

Finishes, textures, and materials would play a huge role in the renaissance of this home's next-level aesthetic.



“The desire to create spaces that exude comfort and warmth were the drivers for the selection of the materials,” Cox says.

The beams were joined above to a ceiling of custom milled, rift-cut white oak and below to European white oak floors stained to pick up tones in the fireplace. These choices blend well with adjacent woods and the interior furnishings that were chosen for the living and dining spaces with the expert eye of Vivian Braunohler of Braunohler Design Associates in D.C.

Located above the formal dining area, which was also broken loose from an outdated drywall shell, is the dwelling's home office.

This workspace probably attained high marks for sophistication when the home was built in 1984, as it has an open-air vantage point to the main level below. Now this space makes a statement as an exquisite workspace that mimics sculpture with its glass walls. Just beneath it, in the dining room, the couple decided to forego the requisite dining room chandelier for a state-of-the-art integrated system of lighting within the ceiling beams that Cox suggested.

“THE DESIRE TO CREATE SPACES THAT EXUDE COMFORT AND WARMTH WERE THE DRIVERS FOR THE SELECTION OF THE MATERIALS.”



THAT KITCHEN

In addition to how exquisite everything looks in the home, the owners were also concerned about energy efficiency and made the upgrades necessary to qualify for Gold Level Certification according to National Green Building Standards. These included their appliance options for the custom-designed kitchen and in other areas throughout the home.

For the ultra-modern approach to the kitchen's design, the couple employed the talents of Jennifer Gilmer Kitchen & Bath who was added to the team for this specific part of the project with Braunohler.

"And so, the three of us, the kitchen designer, the interior designer, and the homeowner spent a lot of time again thinking about, 'what are the right materials?'" the husband explains. "Let's match this blonde wood and the blue cabinetry, and...there's



a black granite, basalt countertop that's a little bit marbled. And the idea was to try to not just have a great kitchen, but to have a kitchen that would fit with the rest of the main floor."

And the fit is superb with ash wood used for some aspects of the cabinetry built by Premier Custom-Built Cabinets including the custom-integrated refrigerator that blends so effortlessly it appears as though it is part of the room's support structure.

An accompanying island does indeed, stand alone when it comes to ingenuity in design. Form and function here is second to none, as this piece houses a convection speed oven, offers an attractive and durable task surface and provides deep storage drawers. Its sleek modern metal legs serve not just as ornamentation, but one of them functions as the conduit for the required electrical component for the oven—a true marvel of beauty and brains—as is the rest of this remodeled residence.

“We’ve always talked about our dream house, and I think we always thought one day we were just going to fall upon it, and then it dawned on us, no, we were actually going to have to build it,” says the wife when reflecting on the process.

And while the process turned out to be less than a full build and more than just a few interior tweaks, at the end of the day the couple feels their decision to buy, then remodel, was among the best they had ever made.





Kitchens, Baths, Countertops, Entertainment Centers, Wet Bars, and creative uses of cabinetry for other rooms

Great Quality • Great Price

Cabinet Discounters®
www.CabinetDiscounters.com

Annapolis
 910-A Bestgate Road
 (ACROSS FROM ANNAPOLIS MALL)
 410-266-9195 MHC #27947

Columbia
 9500 Berger Road
 (AT THE CORNER OF SNOWDEN RIVER PKWY)
 410-381-8172

Also Showrooms in Mt. Airy, Olney, Gaithersburg, Springfield and Chantilly



BEFORE



AFTER



where beauty meets protection

We recently completed an impressive renovation that won us our 3rd Home Excellence Award! This project seamlessly blends durability with aesthetic appeal, transforming both the functionality and beauty of the home's exterior. The centerpiece of this project was the expansion and enclosure of the existing front porch, designed to create a versatile space where the homeowners can relax and take in the stunning farm views!

CALL FOR A FREE ESTIMATE!
410.981.9466
fichtnerexteriors.com



AND:
2023 2017
2022 2016
2021 2015
2020 2014
2019 2013
2018 2012

Set the Date & Your Table

SPRING TABLETOP INSPIRATION

By Lisa J. Gotto

Mother's Day, Easter, Passover, bridal showers—the next few months ahead are bursting with opportunities for celebrations with family and friends. And if you're of the mindset that every day is a gift, Sunday dinners can certainly be special events, too! Elevating your tablescape is just one way you can make the most of any day in that distinctive place you call home.



FRESH FROM THE GARDEN

Color and texture combine in subtle ways but offer big impact with this curated line of painted flower plates from shopterrain.com. Hand-painted so no two are quite the same, this selection will pair well with West Elm's collection of Royal Pacific flatware in their Brushed Champagne finish. Add in Vintage Edged drinking goblets and wine glasses in pink from Williams Sonoma and then finish off your place setting with a warm and neutral Flax-Certified linen napkin from the Marin collection and faux leather Rizzo placemats in Desert Green, both available at Crate & Barrel.

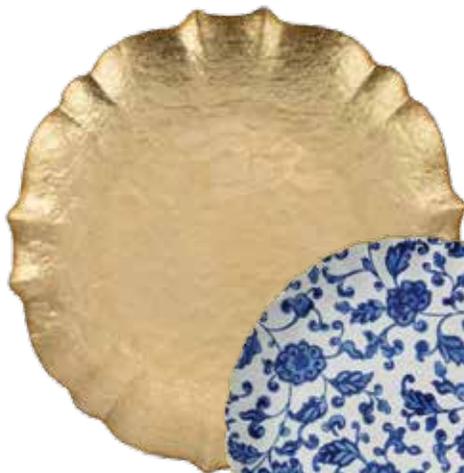


First Taste of Outdoors

Those first warmer breezes of spring are wafting about and reminding us that we will soon be able to take the party outdoors again. And when it's a little more than just a picnic we'd start with a plate that sets the tone for fun and the standard for convenience with a striking pattern made of melamine. We loved this By Hope Daffodil Stripe melamine dinner plate from shopterrain.com. The party's about to start when paired with these textured Jupiter outdoor drinking glasses from Pottery Barn. Fill your glass with a cold beverage pulled for this Leland rattan beverage tub from Crate & Barrel, and frame those pretty plates with Sabre Bistro flatware and Salento linen napkins in pistachio from Serena & Lilly. The finishing touch is a Tallo de Olivio napkin ring of tiny wooden spheres from westelm.com.

For the Rule Breakers

Yes, our food-based gathering traditions usually have a few guidelines associated with them when it comes to “this fork here and that spoon there,” however, a great tablescape can be a curated construct of the imagination, as well, and one that guests will recall for years to come! This one starts with a glazed stoneware dinner plate in deep green by Wisteria topped with a dramatic black-and-white striped salad plate from Hudson + Grace’s Diane Keaton collection. A striking Modern Optic wine glass and matte black Cyprus flatware from Williams Sonoma, help stoke the drama, as a block pattern fuchsia cotton dinner napkin by Caspari pulls the intensity of this tabletop together.



FAITH & FAMILY-BASED

Joyous and steeped in remembrance and gratitude, Passover is a special time of reflection and reconnection with family. This table is set with warm tones and aspects that reflect light. A Marlo Thomas Collection Blue Floral dinner plate from Williams Sonoma is dressed with a gold Baroque glass salad plate from Vietri.com and then framed with Vietri’s Ares Oro collection flatware. The simple, but elegant Hammered Gold Rim stemless wine glass is from Pottery Barn. A gorgeous Golden Fern serving platter will catch eyes at the table and can be found on shopterrain.com, and modest, cream-colored, cotton-weave napkins are enhanced with brass Star of David napkin ring holders from westelm.com.

**FOR THE LOVE
OF MOM**

Nothing would be sweeter to than to surprise Mom this year with a beautifully topped table selection that she will be able to use year after year. And only timeless and traditional beauty will do! Start by making a memorable toast to Mom this year with some champs in a true-fire champagne glass. We're loving this classic HG Heritage Coupe Glass by hudsonandgracesf.com from its HG Heritage drinkware collection, paired with its sister water glass from the same collection. For the lap and for the look of the fabric with the plate design, add a theme-enhancing pattern like Williams and Sonoma's Sicily Mosaic napkin, and finish with a fine line of flatware like this one from Ricci Argentieri's Raffaello Collection.

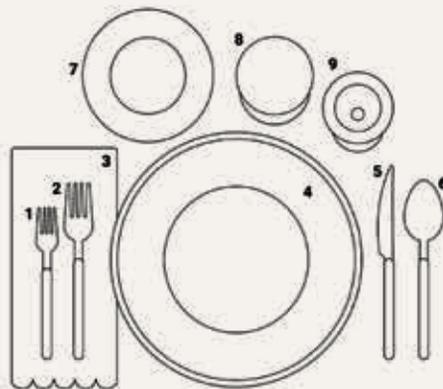


An Easy Tabletop Where-It-Goes Guide

For the inevitable before-dinner conundrum, here's a brief refresher course in proper tabletop placement. Bon Appétit!

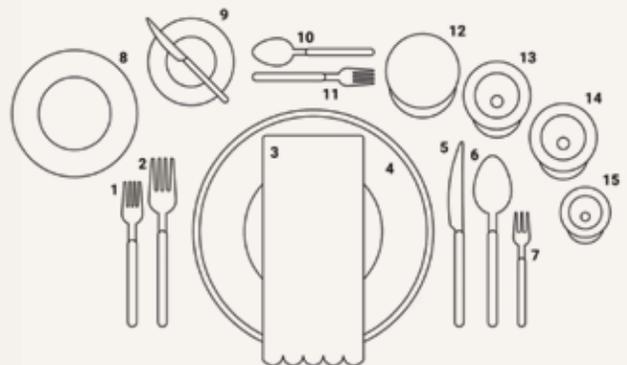
Casual

1. Salad fork
2. Dinner fork
3. Napkin
4. Dinner plate
5. Dinner knife
6. Dinner spoon
7. Salad plate
8. Water glass
9. Wine glass



Formal

- | | | |
|-----------------|-------------------|----------------------|
| 1. Salad fork | 6. Dinner spoon | 11. Dessert fork |
| 2. Dinner fork | 7. Seafood fork | 12. Water glass |
| 3. Napkin | 8. Salad plate | 13. Red wine glass |
| 4. Dinner plate | 9. Bread plate | 14. White wine glass |
| 5. Dinner knife | 10. Dessert spoon | 15. Champagne flute |





- New Decks
- Composite deck Remodeling
- Porch Conversions
- Cable railing installations
- Deck Repairs



Proudly serving Annapolis and surrounding areas since 2012

For more information about us, please visit our website at

WeRestoreDecks.com

(410) 263-6270



BAY WOODS
of ANNAPOLIS



Some communities say that they are a waterfront retirement community but we *really* are...



NOW ACCEPTING ASSISTED LIVING RESIDENTS

Assistance Designed for Every Individual Need

Located on 14-acres of picturesque waterfront property - All Private Rooms with Private Baths

1 BEDROOM UNITS AVAILABLE

**DON'T MISS OUT!
CALL TODAY FOR IMMEDIATE SAVINGS!**



baywoodsofannapolis.com • 443.837.1208 • 7101 Bay Front Drive • Annapolis, MD 21403



PATIOS, RETAINING WALLS, WALKWAYS, FRONT ENTRANCES, DRIVEWAYS, LANDSCAPING.

Call or email now to schedule a free estimate.

At Ciminelli's we focus on quality materials, exceptional craftsmanship and customer service. We have worked in the Annapolis and surrounding area since 1991. We have a full service Garden center - Ecoasis Garden Center, where customers can preview materials and plants for their projects.



- Landscaping
- Walkways
- Retaining Walls
- Paver Driveways
- Pool Decks
- Patios
- Lighting
- Drainage



MHIC #120642 Licensed and Insured

Ciminelli's
Landscape Services, Inc.
Quality • Value • Responsive Service
Since 1991

410-741-9683 | www.ciminellislandscape.com

info@ciminellislandscape.com



CALL



WEBSITE

Home is where love & laughter begin



FIRST HOME
MORTGAGE

Chris Edge

Branch Sales Manager
Loan Officer

(c) 410.708.1075
(e) CEEdge@FirstHome.com
www.firsthome.com/chris-edge
NMLS#: 1017539

This is not a guarantee to extend consumer credit. All loans are subject to credit approval and property appraisal. First Home Mortgage Corporation NMLS ID #71603 (www.nmlsconsumeraccess.org)



HA HISTORIC
ANNAPOLIS

AN ANNAPOLIS TRADITION
FOR MORE THAN 50 YEARS



WILLIAM PACA GARDEN

PLANT Sale

Find heirloom and new varieties of perennials, annuals, vines, trees and vegetables hand-raised by expert volunteer gardeners.

SATURDAY, MAY 10, 2025
10 am – 4 pm

SUNDAY, MAY 11, 2025
12 pm – 4 pm

WILLIAM PACA
HOUSE AND GARDEN
Enter at 1 Martin Street
Annapolis, MD 21401

410.267.7619

ANNAPOLIS.ORG

MHIC 127182 MDA #29518



Your Lawn and Pest Team

ON THE GREEN INC

**\$29.95 First
Lawn Care
Application***

Ask about our savings
program that rewards loyalty!

Green Perks™

Call now for
a free quote

833.571.3268

or visit us online:

OnTheGreenInc.com/coad50



* up to 5000 square feet

Stylish Annapolis Sanctuary

By Lisa J. Gotto

This lovely, expanded Cape Cod-style home offers nearly 6,000 square feet of living space and a tranquil location on a wooded lot in Annapolis. The exterior features a charming front porch with plenty of room for a couple of rocking chairs and offers two separate entrances to the dwelling; one that opens to the main foyer and another that opens to the home's dedicated office space—perfect for those who work from home and have visiting clientele.

Primary Structure Built: 2005

Sold For: \$999,500

Original List Price: \$999,500

Bedrooms: 5

Baths: 3 Full, 1 Half

Living Space: 5,904 Sq. Ft.

Lot Size: 1.05 acres



Just inside the welcoming main foyer, guests will first notice the home's gorgeous staircase and a wealth of gleaming hardwood floors. This foyer follows forward to the home's heart, the kitchen. This space is warm with the look of rich, wood cabinetry, a large center island with gas cooktop and a granite work surface. This kitchen is a true cook's dream with plenty of counter space, all stainless-steel appliances, and tons of natural light



coming in from its large windows above the sink, and its attractive pass-through to an attractive breakfast room. This room is framed one side with a set of glass doors to the home's enormous sunroom. Entry to the home's formal dining room with tray ceiling detail is available to the opposite side of the breakfast room doors.

The home's formal living room with its cozy, gas fireplace can also be accessed through the breakfast room, which then flows into the large, light and bright family room. Glass double doors here also provide access to the large sunroom with its attractive, multi-tonal slate floor. The flow through these main level living spaces is effortless providing ample opportunities for easy entertaining.

The main level also boasts a large and lovely primary suite with gorgeous hardwood floors, double-door access to the back deck, and luxurious tray ceiling detail above.

The second level of the home provides the opportunity to host plenty of guests with its four separate bedrooms and two full baths. In addition, this home offers a new bonus living space above the garage with hardwood floors and a room with utilities roughed out for a full bathroom—a fitting place to host guests for extended stays.

This location's surrounding community offers additional perks, too, like a tot lot and access to the water for kayaks and paddleboards.

Listing Agent: Michele Cordle, Long & Foster Fine Homes, 145 Main St., Annapolis, m. 410-562-8680, o. 410-263-3400, michele.cordle@longandfoster.com, longandfoster.com **Buyers' Agent:** Jennifer Holden, COMPASS, 2077 Somerville Rd., Annapolis, m. 443-803-7620, o. 410-429-7425, jen.holden@compass.com, compass.com



*Professional Installation
Since 1988*



BRIGHTVIEW BUILDERS, INC.
Siding, Windows & Trim Decks, Porches & Patios

EXTERIOR SERVICES DIVISION

www.brightviewbuilders.com • 410-647-3100

Fully Licensed & Insured: MHIC #128834



James Hardie Elite
Preferred Contractor



JamesHardie



Expert Installation by
Certified Contractor

generator
SUPERCENTER 
THE STANDBY POWER PEOPLE™

We'll be there in the
darkest moments.

**We Have
Generators
In Stock!**

GENERAC

Generac Automatic Standby Generator

**FREE Whole Home
Surge Protector***

with a generator purchase from Generator Supercenter
of Annapolis. *Terms and conditions apply, call for details.

Call Today for a **FREE** Design Consultation & Estimate

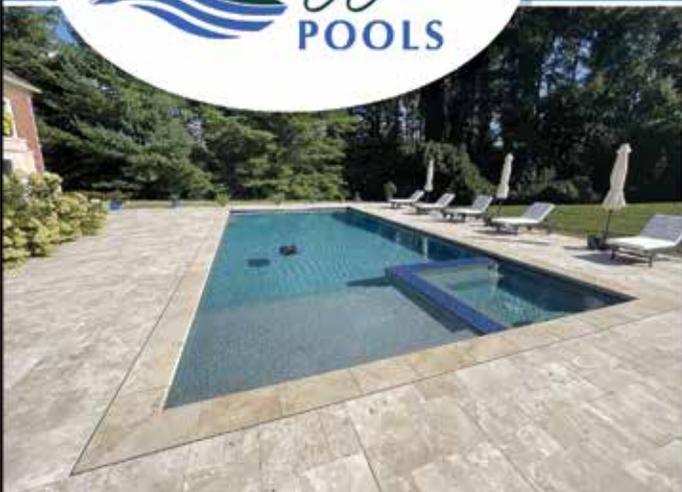
410.697.5530

www.GeneratorSupercenterofAnnapolis.com

Visit our showroom at **12 Lincoln Court
Annapolis, MD**



Your Paradise begins here.



SPECIALIZING IN NEW POOL CONSTRUCTION & POOL RENOVATIONS

301-725-0005 • 1-877-DMV-POOL (368-7665) • www.paradisepoolsmd.com



DESIGN & REMODEL

TRANSFORM YOUR SPACE

Expert Home Remodeling for Dream Homes



Our Services

- Comprehensive Home Renovations
- Basement, Kitchen, Bathroom, Offices and Movie Room Remodeling
- Roofing, Home Additions and Siding
- Decks and Interior Services
- Framing, Drywall Installation and Painting
- Flooring Solutions
- Doors and Window Installation
- and much more!



MB
SERVICES

443-590-5048 | www.mbsvcs.com
info@medranobros.com



kitchen tune·up

Annapolis • Update. Upgrade. Uplift.

Together,
we can create
a space
you love.

Schedule your free
consultation today!
410.604.8785

[kitchentuneup.com/
annapolis-md](http://kitchentuneup.com/annapolis-md)



Visit us
online

New Cabinets • Refacing
Redooring • Cabinet Painting
Original Tune-Up



kitchentune-up



Timeless Elegance of a Historical Treasure

By Lisa J. Gotto



ne of the true gems of colonial Annapolis is located within the confines of this 2,100 square-foot home, replete with all the features that blend its historic charm with modern luxury.

A classic, all red brick façade welcomes guests to this circa 1885 dwelling with its charming brick courtyard entry patio and a foyer of whitewashed brick with French door, which accesses the home's formal living room. This room features rich, hardwood floors and exceptional molding and wood treatments throughout. A wall of white wainscoting is punctuated with an attractive arch-shaped brick hearth with an attractive wood stove insert. This room also boasts handsome, rich wood built-ins and provides access to the kitchen through another set of attractive French doors.

Primary Structure Built: 1885

Sold For: \$1,225,000

Original List Price: \$1,200,000

Bedrooms: 3

Baths: 3 Full, 1 Half

Living Space: 2,170 Sq. Ft.

Lot Size: .05 acres



The streamlined kitchen is fitted with luxurious quartz countertops throughout and gorgeous dark wood cabinetry below with contrasting white cabinetry above. Large windows, a complete stainless-steel appliance package, and a separate cocktail prep area with expanded wine refrigerator lends elements of style and utility to the room.

The main level of this home also features an attractive formal dining room just off the kitchen, a dramatic, black and white powder room with wainscoting detail, and an exceptional guest suite that is as unique as it is prized. This large bedroom suite boasts another original brick fireplace with a brick arch-shaped insert and wood mantle, and an opulent, classic bath with a spa-like walk-in shower and white subway tile throughout.

The like-minded primary suite is located on the home's upper level and matches the guest suite in terms of sophistication and detail. The room houses the home's third original fireplace, a huge, customized walk-in closet with built-ins, and a precious primary bath with gorgeous floor tile, an all-marble shower surround, and a dual, heritage-style vanity topped marble.

Back downstairs a charming Dutch door leads to a private courtyard, where a pergola draped in wisteria offers a serene setting for outdoor gatherings.

Listing Agent: Claire Wagner, Monument Sotheby's International Realty, 527A Baltimore-Annapolis Blvd., Severna Park, m. 703-402-0226, o. 410-216-0018, claire@snyder-bradshaw.com, sothebysrealty.com

Buyers' Agent: Moe Farley, Coldwell Banker Realty, 4 Church Circle, Annapolis, m. 410-271-4839, o. 410-263-8686, moe.farley@cbmove.com, coldwellbankerhomes.com

Ace
Home Improvements LLC
 Your home deserves an Ace.

YOUR ULTIMATE ROOFING EXPERTS

Your home deserves the best protection. Trust Ace Home Improvements to keep you covered. Call today for a free inspection or estimate.

Scan for website

Roofing ★ Siding ★ Windows ★ Decks ★ Doors
 We work with all insurance companies to restore your home like new

Before **After**

301-392-9293
443-292-4854

Financing available. Call for details

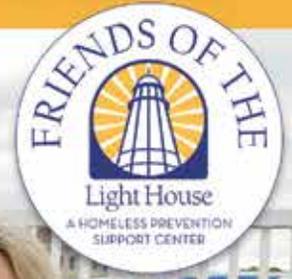
SAF
 MACE LITE
 BBB A+ Rating
 National Roofing Contractors Association
 Certified Roofing Contractor
 2023

"Ace"
 Locally owned & operated for 18 years

www.AceHomeImprovementsllc.com

NAHC #136778 • NAHBA #7030

Friends of The Light House



2025 Events

- Friends for Friends - **May 15**
- Golf Tournament - **June 5**
- Annapolis RUN for The Light House - **Sept 14**
- Bountiful Harvest - **October 24**
- Pumpkin Patch - **October**

Join us this year to help end homelessness!
All event proceeds benefit The Light House,
empowering individuals on their journey to
employment, housing, and self-sufficiency.

Visit our website for Tickets & Sponsorships information
FriendsLHS.org



Health & Beauty

108 5 SIGNS YOU'RE LACKING POTASSIUM

112 KIDS USE SKINCARE PRODUCTS NOW?

114 WHEN HYPOCHONDRIA ISN'T ALL JUST IN YOUR HEAD

**Don't
Underestimate
Peer Support**

PG. 111





5 Signs You're Lacking Potassium

AND WHY THAT'S NOT GOOD

By Dylan Roche

If you're like most nutrition-conscious people, you've heard you're supposed to watch your sodium intake. As much as salty food might taste satisfying, excess sodium causes fluid imbalances and has negative effects on our cardiovascular health, including high blood pressure and risk of stroke. But it might surprise you to learn that as important as it is to cut back on sodium, it's also important to ensure you're getting adequate potassium.

Together, sodium and potassium regulate the movement of water between your cells and your bloodstream. They ensure proper muscle function because sodium initiates muscle contraction while potassium helps your muscles relax. And when sodium draws water into your bloodstream, it increases your blood pressure. But potassium helps your body excrete sodium through your urine and relax your blood vessel walls. In short, these two minerals create a balancing act in your body's systems.

So, if you think you might not be getting the right balance of sodium to potassium, pay attention to these 5 signs:

1. You experience frequent **spasms of cramps in your muscles**, especially your leg muscles
2. You feel a **fluttering or irregular heartbeat**
3. You suffer **constipation**, which might be a sign the muscles in your digestive tract are not contracting and relaxing properly
4. You frequently feel thirsty or exhibit **symptoms of dehydration**, such as fatigue
5. You suffer from **kidney stones**, which could be a sign of excess calcium excretion

Most of the time, a potassium deficiency can be fixed with diet—you just need to increase the potassium-rich foods you eat. However, it's worth checking with your doctor first to rule out any underlying condition, such as a kidney disorder. If it's a matter of boosting your diet, consider some of these a-peel-ing sources:

- ◆ **Bananas:** Usually the first food you think of when it comes to potassium—a medium-sized banana has more than 400mg of potassium.
- ◆ **Oranges:** A whole orange has about half the potassium of a banana, but an 8-ounce glass of orange juice is equal to a banana.
- ◆ **Avocado:** They're more calorically dense because of their fat content, but one medium-sized avocado has twice the potassium of a banana.
- ◆ **Potatoes:** Leave the skin on—a medium white potato has more than 900mg of potassium and a sweet potato has more than 500mg.

ADVANCED GENERAL DENTISTRY

with a Gentle Touch

GENERAL FAMILY DENTISTRY
COSMETIC DENTISTRY • ZOOM WHITENING • RESTORING IMPLANTS
Most Insurances accepted



BLUE HERON DENTAL

Dr. Holly Green

600 RIDGELY AVE • SUITE 225 • ANNAPOLIS, MD
WEEMS CREEK MEDICAL CENTER • 410-224-9608 • www.blueherondental.com



Welcome to our practice!



MODERN DERMATOLOGY OF MARYLAND

Appointments with a Board-Certified Dermatologist within the week



Great experience and great treatment/service. Available for quick appointments! I highly recommend this physician! -J.B.

Dr. Neidig is amazing! He took great care of my daughter. He is kind and passionate about his patients. -L.A.

Request an appointment online

Lane Neidig, MD
410-216-0993
moderndermatologymd.com

2568 A Riva Road #102 • Annapolis, MD 21401



Wine in the Woods



May 17 & 18

- Maryland Wineries
- Maryland Breweries
- Live Bands
- Gourmet Food
- Juried Artisans
- Wine Education



www.WineInTheWoods.com



JOIN US WHERE FASHION
MEETS COMPASSION.

FASHION FOR A CAUSE

THURSDAY, JUNE 5, 2025

6:00 pm to 9:30 pm

Fluegel Alumni Center
301 King George Street, Annapolis, MD 21402



Scan here to join the fun and make a difference!

Thanks to your support we do more
for our community:

- Pediatric Hospice Care
- Youth Bereavement Camps
- Grief Support
- Integrative Arts

And many other community health programs that
provide comfort, healing and support to those in need.



Don't Underestimate Peer Support

By Dylan Roche

You might've heard the expression "Misery loves company." If we're being pessimistic, we might interpret this to mean that people going through misery love to make life miserable for other people. But if we think about the expression a little more graciously, it could mean that people going through misery actually take comfort in knowing there are other people out there going through similar experiences. Having this type of company, as it turns out, is healthy. And it can actually be healing!

This type of relationship is known as **peer support**, and it's defined by the Substance Abuse and Mental Health Services Administration as any kind of activities or interactions between people with the same experiences who can help one another on the path to recovery. Sometimes it could be a one-on-one relationship between two people, or it could be in a group setting. Peer support can help you work through a traumatic experience, a mental illness, or substance use.



While these kinds of relationships aren't a replacement for working with a mental health professional, they can be just as valuable and can offer different benefits such as:

- ◆ You feel less alone and have a chance to unlearn any stigma associated with what you're going through
- ◆ You can receive support from people who have gone through what you're going through and can offer effective coping strategies or helpful perspectives
- ◆ You have an environment that is free from judgment or dismissiveness, making it easier for you to open up about your thoughts or feelings
- ◆ You can find access to the resources you need, including professional help, often from people who can give honest recommendations based on effectiveness and value

Some people prefer one-on-one peer support while others prefer a group setting. In fact, you've probably heard of prominent peer support groups that have chapters all across the country, such as Alcoholics Anonymous or the National Alliance on Mental Illness. Many community centers or houses of worship can connect you with groups, or you can use online networks such as Group Peer Support (grouppeersupport.org) or HeyPeers (heypeers.com).



Don't call it "trauma bonding": *Psychology Today* notes that some people may colloquially refer to peer support as "trauma bonding," but they're not the same thing. Although peer support usually involves bonding with others over shared trauma, trauma bonding is a formal term describing the emotional attachment developed in an abusive relationship where the victim feels bonded to their abuser. As with other situations where psychology language is used casually, referring to peer support with this term can disparage the experience of someone who has experienced real trauma bonding.

Kids Use Skincare Products Now?

By Dylan Roche

When you think about the skincare woes a typical teenager struggles with, the first thing that might come to mind is acne. Most generations have accepted it as, practically, a rite of passage that during the hormonal throes of puberty, kids tend to deal with their fair share of pimples. And while most of us have memories of trying to keep breakouts in check with daily washing and maybe a medicated cleanser if we needed one, the youth of today are taking a much more complicated (albeit much less healthy) approach to skincare.

It's a trend you might notice if you log onto social media, and it's one that has some health experts concerned: Kids are into skincare, and not your typical acne prevention. Kids, even some pre-teens, want to use product after product formulated for adult skin in pursuit of the perfect complexion.

IS THIS JUST ANOTHER HARMLESS TREND? MAYBE. BUT PEDIATRICIANS ARE SAYING IT'S A TREND THAT COULD HAVE HARMFUL EFFECTS, BOTH DERMATOLOGICALLY AND MENTALLY. HERE'S WHY.



YES, KIDS ARE INTO SKINCARE

Not all kids. But many. These teens and preteens are influenced by some of their favorite social media personalities to adopt an unrealistic beauty standard, striving for what's sometimes referred to as "glass skin." Dermatologists emphasize that skin with texture so smooth is rarely achievable at any age, even with diligent cleansing and moisturizing. Skin has texture, pores, and blemishes. Nobody's flat or flawless, but seeing photos and videos that have been edited or filtered lead kids to believe that this is the standard and something they should strive for. For cultural context, it may help to think of extreme thinness that was idealized for young women throughout the '80s and '90s, fueling a dramatic increase in eating disorders.

But besides the fact that teenagers are often easily influenced (and subject to poor self-image if shown impossible ideals), teenagers often have specific types of skin problems. Hormonal changes during puberty increase the amount of oil their sebaceous glands produce, and it's this excess oil that clogs pores and frequently causes pimples and blackheads. Such hormonal changes don't affect every teenager the same way, which is why some kids tend to have worse breakouts than others. Generally speaking, this excess oil can be kept in control with a gentle over-the-counter cleanser, and an oil-free moisturizer can provide much-needed moisture after cleansing without burdening or irritating the skin.

ADULT SKINCARE ISN'T FOR KIDS

Adults with mature skin have all kinds of reasons for a diligent skincare routine—they want to avoid blackheads and pimples just as teens do, but they also might be trying to reduce wrinkles and eliminate spotting or discoloration. The products designed to treat mature skin problems aren't formulated in a way that will work well with young skin, particularly hormonal skin. So not only will teenagers suffer poor self-image from this fixation on perfect skin, but also, they might actually end up causing problems that leave them with an unhealthier complexion than they started with.

Young skin is thinner and more sensitive than mature skin. Exposure to too many products can lead to skin damage both in the short term and (unfortunately, sometimes) the long term. Chief among the harmful ingredients are:

- ◆ **Retinol:** A common ingredient in anti-aging products, retinol increases skin cell renewal, so it's good for reducing fine lines and wrinkles when used over time. But on young skin, it can cause retinoid dermatitis, a red, scaly rash that, in its worst form, can itch or burn. Retinol can also leave you susceptible to sunburn and sun damage if it's applied before sun exposure (hence why it's intended to be used as part of a nighttime skincare routine).
- ◆ **Hydroxy Acid:** This is a type of chemical peel that strips older skin of dead skin cells and other debris much the way an abrasive exfoliant would. While mature skin is strong enough to withstand this chemical exfoliation, it's often too harsh for younger skin.
- ◆ **Glycolic Acid:** This ingredient serves to moisturize skin, but it's not suitable for younger skin. When young skin is still developing, glycolic acid ends up being an irritant, especially when it's applied in large amounts.

On top of the problems caused by such ingredients is the way products are applied...well, one on top of the other. Layering up so many skincare products on top of hormonal skin, especially when sealed in with a heavy moisturizer, can upset the skin's natural pH and microbe balance, leaving skin dried out, red, and flaking.

ADULTS CAN SET A GOOD EXAMPLE

Maybe the hardest part of all this is the fact that, despite the harms adult skincare routines applied to young skin, kids' dermatological insecurities are still very real to them. They're unhappy with their facial skin and want to improve it. If you're a parent or other influential adult to a kid who wants improved skin, it's important to talk about how social media is often not a reflection of reality. Reinforce the understanding that skin changes, such as acne or breakouts, during puberty are entirely normal.

If they want to start a healthy age-appropriate skincare routine, the best thing to do is to start with a mild cleanser, specifically one with a pH level closer to the skin's natural pH. Something basic from the grocery store, such as Cetaphil, is sufficient, as there is no need to buy an expensive premium brand. After cleansing, a mild lightweight moisturizer can stave off any dryness. Finish up with a sunscreen—which, many dermatologists are quick to point out, is the one product they're happy to see youth taking an active interest in. Avoid any harsh exfoliants or anti-aging products.

Some skin problems may remain even once an adult skincare routine is eliminated and an age-appropriate one is implemented. In these situations, it's best to take a child to a dermatologist who can provide guidance on specific problems and how to resolve them.



When Hypochondria Isn't All Just In Your Head

By Dylan Roche

“It’s all in your head.”

How many hypochondriacs have been told this? When you stress out about illnesses that you don’t actually have, it’s easy for people to dismiss what you’re going through as not real. But on top of the very real mental anguish that hypochondriasis can cause, it’s also been shown to manifest real physical symptoms.

All of this can be exacerbated by the Internet, which gives us access to all kinds of info about health conditions but without the nuance or personal insight that comes from a doctor’s professional diagnosis.

For most people, it’s normal to have minor aches or discomforts throughout the day: the aforementioned stuffy nose, or a headache, an upset stomach, sore muscles, bloating, or restlessness, among many others. Unless these symptoms are ongoing, unusual, or in combination with other symptoms, we can usually carry on with them in our daily lives. But when we compare these



normal aches or discomforts to a list of symptoms online, it’s easy to convince ourselves that we have a serious condition.

Among people with illness anxiety disorder, there are two types: **care seeking** and **care avoidant**. A care-seeking person frequently consults a doctor concerning their symptoms, and will often seek out second or third opinions. On the other hand, a care-avoidant person won’t go to the doctor because they think the doctor won’t take

Worth noting: What was once often called hypochondriasis is now referred to as illness anxiety disorder. This type of anxiety involves such excess vigilance and worry about possible health problems that it becomes debilitating, often mentally and sometimes physically. For example, consider this scenario:

You get a stuffy nose or some sniffles from weather changes and the swing in temps or barometric pressure.

Because of illness anxiety disorder, you start to worry the stuffy nose might be due to an infection.

Anxiety over a potential infection makes you focus on your stuffy nose, which can exaggerate your perception of how bad the stuffy nose is—it feels worse because you’re paying so much attention to it.

The stress from focusing on your stuffy nose causes you to experience other physical symptoms, such as mental fatigue or an upset stomach.

them seriously or they're scared of what the doctor will find. Both approaches can **increase feelings of stress**, and both approaches will often coincide with **preventative behaviors taken to the extreme**, such as handwashing or social isolation. In worst-case scenarios, this illness anxiety negatively affects relationships and careers.

WHAT TO DO ABOUT IT?

If you're somebody who frequently finds yourself worrying about your health in self-destructive ways, you may need counseling or therapy to help you manage your behaviors. However, there are small steps you can take to manage your anxiety:

Notice when you're having negative thoughts and try to reframe them. If you start to worry about a symptom, ask yourself whether there's another explanation besides a serious illness.

Limit health-related information, especially from social media or other informal sources. Although it feels like this helps, it can make anxiety worse. If you seriously think you have a reason to be concerned, seek medical care.

Keep a journal of times when you have worries about your health and how those worries play out in the days to follow. By paying attention to patterns, you can teach yourself to trust that not every little symptom is a serious cause for concern.



Wellness House
OF ANNAPOLIS

Presents

Festival AT THE FARM

Join us for the first-ever *Festival at the Farm*, a vibrant spring fundraiser benefitting **Wellness House of Annapolis** at the stunning **Chesapeake Dressage Institute!**

Enjoy a day filled with:

- **Wellness Experiences** – Hands-on sessions from local wellness organizations and Wellness House practitioners
- **Equine Therapy Spotlight** – Live demonstration showcasing the healing power of horses
- **Beautiful Venue** – Experience the serenity of the Chesapeake Dressage Institute grounds
- **Fun for All Ages** – Live music, great food, and engaging activities

Saturday, May 3rd

1 pm to 5 pm
2625 Mas Que Farm Road
Annapolis, MD 21403

Support a great cause while embracing wellness in a **fun, uplifting, and inspiring** setting!



For information on sponsorships and tickets, please visit:
www.annapoliswellnesshouse.org, e-mail
marshall@annapoliswellnesshouse.org or call 410-990-0941



CHECK OUT OUR MUSSELS

Our passion lies in crafting dishes that showcase the vibrant flavors of seasonal seafood, hand-selected by our very own team of discerning fishmongers. Each Fresh Catch celebrates savory combinations that enhance the natural flavors of the sea.



Harvest Thyme
harvestthymetavern.com

From Authentic Mexican Dishes to Traditional Spanish Tapas

Happy Hour
Sunday thru Thursday 4-6
Friday and Saturday 3-5
Bar Only

Lunch
Mon-Sat 11:30am-2:30pm

Dinner
Tues-Sat 4-10 Mon & Sun 4-9

JALAPEÑOS
Authentic Spanish & Mexican Cuisine

85 Forest Plaza
410-266-7580

BEST OF ANNAPOLIS 2024

Crab Cakes Make Great Gifts!

www.goldbelly.com/boatyard-bar-and-grill



Chesapeake Seafood and Oysters Daily

Happy Hour Mon-Thurs
Weekend brunch • Gift cards
Delicious party platters



Boatyard Bar & Grill

400 Fourth St Annapolis, MD
boatyardbarandgrill.com • 410-216-6206

Committed to: Great Crabcakes • A Healthier Bay
Sailing Fast • Fishing with Friends • Happy Kids



Thanks for choosing us Best. Best. Best. again!

Come taste for yourself why Carrol's Creek Cafe is a multiple Best of Annapolis 2024 winner!

- Best Cream of Crab Soup
- Best Waterfront Restaurant
- Best Allergy-Friendly



410 Severn Avenue
Eastport
410.263.8102
carrolscreek.com

Carrol's Creek Cafe
A Waterfront Dining Experience

WATERFRONT BANQUET SPACE AMPLÉ ON-SITE PARKING WATER TAXI STOP HAPPY HOUR

Food & Dining

118 READERS' RESTAURANT REVIEWS

120 READERS' DINING GUIDE



Flatbread
at True Food
Kitchen

Readers' Restaurant Reviews

REAL DINING EXPERIENCES SHARED BY YOU, OUR READERS!

Submit your review for a chance to win a \$50 dining gift certificate by visiting Whatsupmag.com and selecting the "Food & Dining" tab, then "Submit Your Dining Review." Or scan this QR code:

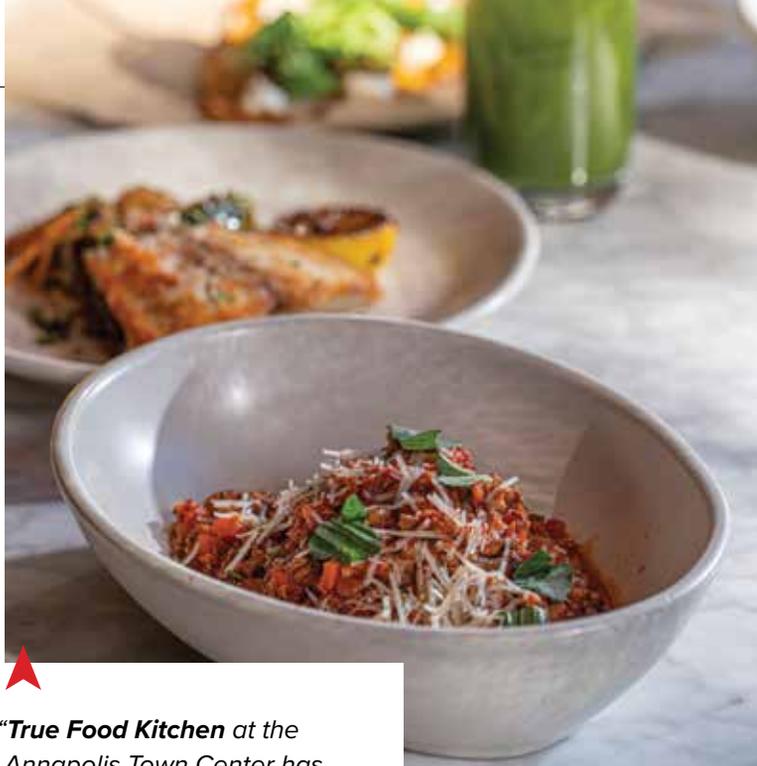


Congratulations to last month's winner, Devon L. of Bowie, who submitted the following review:

*"My friends and I tried **Pearl** in Annapolis before an event, and it was delicious! The menu contains sharable plates, so we were all able to pick a dish and share them. Our server informed us that they had just updated to their menu, and we tried a bit of everything: Vegan Sweet Potato Gnocchi, Mushroom Risotto, Charred Gulf Shrimp, among others. Our collective favorite though was the brussels sprouts, which had pistachios, a green goddess sauce, and an onion aioli. Highly recommend for your next night out!"*

*"**O'Loughlin's** in Arnold is the ultimate neighborhood place! From a great bar to football, from music to a great Sunday brunch. They've been around so long because they get it all right."—**Daryl H. of Arnold***

Editor's Note: Special thanks to Daryl for being a loyal reader and contributing restaurant reviews for more than 20 years!



*"**True Food Kitchen** at the Annapolis Town Center has the best food, is friendly, clean, and they are there if you need anything."—**Jinny D. of Annapolis***

*"At **Full On Craft Eats & Drinks**, the gourmet sandwiches are amazing and the entree portion sizes are just right. The entire staff from the hostesses to the kitchen, bar staff, waitresses, and waiters are so friendly and welcoming. It's a small and cozy restaurant and we love it!"—**Nik J. of Annapoli***

*"So happy **Naval Bagels** has opened in Edgewater! Their bagels are fresh and delicious, and their bagel sandwiches are creative and mouthwatering! I had the South of the Border with scrambled egg, chorizo sausage, Oaxaca cheese, and grilled onions. It was wonderful! My friend had a plain bagel with strawberry cream cheese and was delighted with it. We will definitely be back to support this small business!"—**Amy J. of Lothian***

*"If you haven't been to **Cooper's Hawk**, you're missing out! Not only do they serve lunch and dinner, they also have a Social Hour starting at 3 p.m. with half-price appetizers and drinks. The food at Cooper's Hawk is delicious. They regularly have chef specials and a large menu to choose from. Recently, we visited to pick up my wine club bottles and, afterward, headed up to the bar for happy hour. The appetizers we selected were drunken shrimp and crispy brussels sprouts. Both were yummy as was the house cabernet. We were still a bit hungry and decided to try the Shrimp and Lobster bisque. OMG! It was delicious and loaded with shrimp and the bisque was rich and creamy. A little-known fact about the wine—if you are eating in the dining room or bar area, you can request a glass of their 'barrel reserve' wine. I did and it will be my favorite there until the barrel is empty!"—**Terrie B. of Crownsville***

BEST OF ANnapolis 2024

Best Italian Restaurant

EXPERIENCE THE PLEASURE OF AL FRESCO DINING IN OUR CHARMING PIAZZA

CARPACCIO

TUSCAN KITCHEN | WINE BAR

ON/OFF PREMISE CATERING • BANQUETS • COMPANY PARTIES • FAMILY GATHERINGS



410-268-NJOY (6569) • 1 Park Place - Annapolis • www.carpacciotuscankitchen.com

GRUBHUB DOORDASH  



BEST OF PARTY 2025


PARTY THEME
BRIGHTEN UP THE NIGHT!

JOIN US

JUNE 4

6 - 9PM

DOORDAN INSTITUTE
AT LUMINIS HEALTH
ANNE ARUNDEL MEDICAL
CENTER IN ANNAPOLIS

What's Up? Media's Best Of Party celebrates the best of the area's restaurants, shops, services, entertainment, and businesses all rolled up into one fantastic fundraising event. At the party, "**BRIGHTEN UP THE NIGHT**" is the theme, so come dressed in your most vibrant and colorful attire to match the energy of this unforgettable evening! "Best Of" restaurant winners, and only winners, serve samples of their winning dishes.

SPONSORS



TICKETS



SPECIAL EARLY ACCESS PRICING!
whatsupmag.com/bestofparty



Readers' Dining Guide



Welcome to your regional dining guide. We include many restaurants for many tastes and experiences. Don't see your favorite on the list? Email mkotelchuck@whatsupmag.com or editor@whatsupmag.com and let us know! And for the full guide, visit whatsupmag.com.

Advertisers Listed in Red

Avg. Entrée Price
 \$ 0-14
 \$\$ 15-30
 \$\$\$ 31 and over

- Reservations
- Full bar
- Family Friendly
- Water View
- Outdoor Seating
- Live Music
- Grab and Go

Downtown Annapolis

49 West Coffeehouse, Wine Bar, and Galley
 49 West Street, Annapolis; 410-626-9796; 49westcoffeehouse.com \$ ●

Acme
 163 Main Street, Annapolis; 410-280-6486; acmegrill.com \$\$ ●

Acqua Al 2
 236 Main Street, Annapolis; 410-304-3424; acquaal2.com \$\$\$ ●●

Annapolis Ice Cream
 196 Main Street, Annapolis; 443-714-8674; annapolisicecream.com \$ ●●

Annapolis Market House
 25 Market Space, Annapolis; 443-949-0024; annapolis-markethouse.com \$\$ ●●

Armadillo's Bar and Grill
 132 Dock Street, Annapolis; 410-280-0028 \$\$\$ ●

The Big Cheese
 47 Randall Street, Annapolis; 410-263-6915; tbcsannapolis.com \$ ●

Buddy's Crabs & Ribs
 100 Main Street, Annapolis; 410-626-1100; buddyonline.com \$\$ ●●

Café Normandie
 185 Main Street, Annapolis; 410-263-3382; cafenormandie.com \$\$\$ ●●

Carpaccio Tuscan Kitchen & Wine Bar
 1 Park Place Suite 10, Annapolis; 410-268-6569; carpacciotuscankitchen.com \$\$ ●●●

Castle Bay Irish Pub
 913A Main Street, Annapolis; 410-626-0165; castlebayirishpub.com \$\$ ●●●

Chick & Ruth's
 165 Main Street, Annapolis; 410-269-6737; chickandruths.com \$\$ ●●● Breakfast all day everyday

The Choptank
 110 Compromise Street; 443-808-1992; thechoptank-restaurant.com \$\$\$ ●●●●●

Curate Annapolis
 141 West Street; 410-907-0968; curateannapolis.com \$\$, Wine, Daily Breakfast

Dock Street Bar & Grill
 136 Dock Street, Annapolis; 410-268-7278; dockstreetbar.net \$ ●●

Dry 85
 193B Main Street, Annapolis; 443-214-5171; dry85.com \$\$ ●●

Eat Sprout
 100 State Circle, Annapolis; eatsprout.com \$ ●

Federal House
 24 Market Space, Annapolis; 410-268-2576; federalhouse.com \$\$ ●●

Fox's Den
 179B Main Street, Annapolis; 443-808-8991; foxsden.com \$\$ ●

Galway Bay Irish Restaurant and Pub
 63 Maryland Avenue, Annapolis; 410-263-8333; galwaybaymd.com \$\$ ●●

Game On Bar + Arcade

114 West Street, Annapolis; 410-885-4589; gameonbararcade.com \$ ●

The Goat

137 Prince George Street; thegoatannapolis.com \$\$ ●●●

Harold Black

236 Main Street, Annapolis; 410-304-3353; haroldblack.com \$\$ Light Fare, ●●

Harry Browne's

66 State Circle, Annapolis; 410-263-4332; harrybrownes.com \$\$ ●●

Iron Rooster

12 Market Space, Annapolis; 410-990-1600; iron-rooster.com \$\$ ●●●

Joss Café & Sushi Bar

195 Main Street, Annapolis; 410-263-4688; jossushi.com \$\$ ●

Latitude 38

12 Dock Street, Annapolis; 667-204-2282; latitude38waterfront.com \$\$\$ ●●●●●

Lemongrass

167 West Street, Annapolis; 410-280-0086; lemongrassannapolis.com \$\$ ●●●

Leo Annapolis

212 West Street, Annapolis; 443-782-7549; leoannapolis.com \$\$ ●●

Level A Small Plates Lounge

69 West Street, Annapolis; 410-268-0003; levelannapolis.com \$\$ ●●

Lighthouse Bistro

202 West Street, Annapolis; 410-242-0922; lighthousebistro.org \$ ●●●

Luna Blu

Ristorante Italiano
36 West Street, Annapolis; 410-267-9950; lunablufannapolis.com \$\$ ●●

McGarvey's Saloon

8 Market Space, Annapolis; 410-263-5700; mcgarveysannapolis.com \$\$ ●●

Metropolitan Kitchen and Lounge

169 West Street, Annapolis; 410-280-5160; metropolitanannapolis.com \$\$\$ ●●●

Middleton Tavern

2 Market Space, Annapolis; 410-263-3323; middleton-tavern.com \$\$\$ ●●●

O'Brien's Oyster Bar & Seafood Tavern

113 Main Street, Annapolis; 410-268-6288; obriensoysterbar.com \$\$ ●●●

Osteria 177

177 Main Street, Annapolis; 410-267-7700; osteria177.com \$\$\$ ●●●

Parley Room

25 State Circle, Annapolis; 443-837-6481; parleyroom.com \$\$ ●

Picante Cocina Mexicana

48 West Street; 443-775-5957; picanteannapolis.com \$ ●●

Potato Valley Café

47 State Circle, Annapolis; 410-267-0902; potatovalleycafe.net \$ ●

Thank you for voting *Senor Chile's* Best Wait Staff/Customer Service **BEST OF ANnapolis 2024**

A true Authentic Mexican experience.

Cancun Grill
Authentic Mexican and Latin Cuisine

2134 Forest Drive | Annapolis, MD | 410.571.0500 | lindocancungrill.com

SEÑOR'S CHILE

Join us for Happy Hour Edgewater 1-5 pm Arnold 2-6 pm

Happy HOUR

Edgewater • 105 Mayo Rd. 410-216-2687
Arnold • 1264 Baydale Dr. 410-421-1010
Severna Park • 594 Benfield Rd 410-431-3000
Kent Island • 2142 Didonato Dr 410-204-9444

RESTAURANT & WINE BAR

DELLA NOTTE
Since 2023

HAPPY HOUR
3:00 - 6:30PM • tuesday - friday
1:00 - 4:00PM • saturday

\$5 HOUSE WINES
Cabernet Sauvignon • Pinot Noir
Chardonnay • Pinot Grigio

\$3 Domestic Bottled Beer
\$1 Off Draft Beer
\$2 Off Well Drinks
\$2 Off Signature Cocktails

FREE APPETIZER
with the purchase of an entree.
Offer expires 4/30/25

BEST OF ANnapolis 2024

1374 Cape St Claire Rd • Annapolis, MD 21409 • 410-757-2919
www.dellanotterestaurant.com

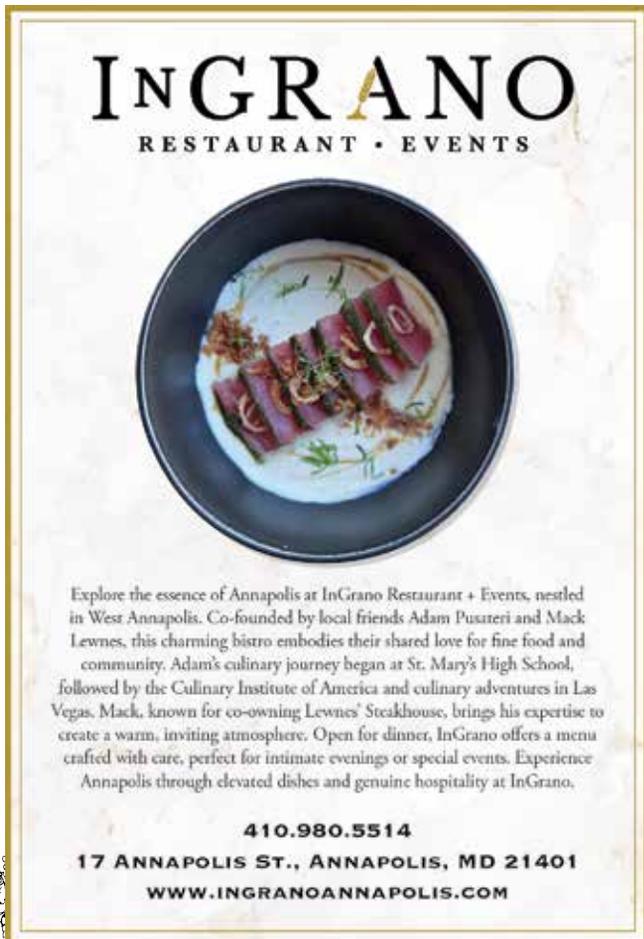


RUTH'S CHRIS STEAK HOUSE

EASTER BRUNCH

OPEN EARLY AT 11AM
SUNDAY, APRIL 20TH, 2025

ANNAPOLIS | BALTIMORE | ODENTON | PIKESVILLE



INGRANO

RESTAURANT • EVENTS

Explore the essence of Annapolis at InGrano Restaurant + Events, nestled in West Annapolis. Co-founded by local friends Adam Pusateri and Mack Lewnes, this charming bistro embodies their shared love for fine food and community. Adam's culinary journey began at St. Mary's High School, followed by the Culinary Institute of America and culinary adventures in Las Vegas. Mack, known for co-owning Lewnes' Steakhouse, brings his expertise to create a warm, inviting atmosphere. Open for dinner, InGrano offers a menu crafted with care, perfect for intimate evenings or special events. Experience Annapolis through elevated dishes and genuine hospitality at InGrano.

410.980.5514
17 ANNAPOLIS ST., ANNAPOLIS, MD 21401
WWW.INGRANOANNAPOLIS.COM

Preserve

164 Main Street, Annapolis; 443-598-6920; preserve-eats.com \$\$ ●●●●

Ram's Head Tavern

33 West Street, Annapolis; 410-268-4545; rams-headtavern.com \$\$ ●●●●

Red Red Wine Bar

189B Main Street, Annapolis; 410-990-1144; redredwinebar.com \$\$ ●

Reynolds Tavern

7 Church Circle, Annapolis; 410-295-9555; reynoldstavern.com \$\$ ●●

Sofi's Crepes

1 Craig Street, Annapolis; 410-990-0929; sofiscrepes.com \$ ●●

Stan and Joe's

37 West Street, Annapolis; 410-263-1993; stanandjoessaloon.com \$\$ ●●

Trophy Room

126 West Street, Annapolis in Graduate Hotel; 410-263-7777 ex 3225; graduate-hotels.com \$\$ ●

Tsunami

51 West Street, Annapolis; 410-990-9869; tsunamiannapolis.com \$\$ ●

Vida Taco

200 Main Street; 443-837-6521; vidatacobar.com \$\$ ● Farm-to-Table

Greater Annapolis

Always Ice Cream Company

129A Mitchell's Chance Road, Edgewater; 443-949-8309; always-icecreamcompany.com \$ ●

Azure

100 Westgate Circle, Annapolis; 410-972-4365; azureannapolis.com \$\$ ●●

Bean Rush Café

112A Annapolis Street, Annapolis; 410-263-2534; beanrushcafe.com \$, Daily Breakfast, ●

Bella Italia

609 Taylor Ave, Annapolis; 410-216-6072; bellaitaliamd.com \$ ●

Cantler's Riverside

458 Forest Beach Road, Annapolis; 410-757-1311; cantlers.com \$\$ ●●●●

Chessie's Wharf

609 Melvin Avenue, Annapolis; 443-603-1235; rarbrewing.com \$ ●●

Cooper's Hawk Winery and Restaurant

1906 Town Centre Blvd, Annapolis; 443-837-9989; chwinery.com \$\$ ●●●●

Davis' Pub

400 Chester Ave, Annapolis; 410-268-7432; davispub.com \$\$ ●●

Della Notte

1374 Cape St. Claire Road, Annapolis; 410-757-2919; dellanotterestaurant.com \$ ●

Eat Sprout

150 Jennifer Road Suite K, Annapolis; 443-223-0642; eatsprout.com \$ ●

Eggcellence Brunchery

2625 Housley Road, Annapolis; 410-573-9503; eggcellence-brunchery.com \$ ●

Evelyn's Annapolis

26 Annapolis Street, Annapolis; 410-263-4794 \$\$ ●

First Watch

2339 Forest Drive, Annapolis; 667-380-2422; firstwatch.com \$ ●●

Full On Eats & Drinks

2478 A Solomons Island Road, Annapolis; 443-949-0203; fulloncraft.com \$ ● Beer and Wine

Grapes Wine Bar

1410 Forest Drive, Annapolis; 410-571-5378; grapeswinebarannapolis.com \$\$ ●● Wine

Hangry Joe's Hot Chicken

2329B Forest Drive, Annapolis; 443-808-0501; hangryjoes.com \$ ●

InGrano Restaurant & Events

17 Annapolis Street, Annapolis; 410-980-5514; ingranoannapolis.com \$\$\$ ●●

InGrano Bistro Bakery

302 Harry S Truman Parkway; 410-919-0776; ingranobakery.com \$\$ ●

Jalapeños

85 Forest Drive, Annapolis; 410-266-7580; jalapenosonline.com \$\$\$ ●



Jongro Korean BBQ

2002 Annapolis Mall Road, Annapolis; 443-221-7283; jongrobbq.com \$\$ ●● All You Can Eat Specials

Julep Southern Kitchen & Bar

2207 Forest Drive, Annapolis; 410-571-3923; julepannapolis.com \$\$ ●●

Lasang Pinoy

1000 Annapolis Mall Road, Annapolis; 443-949-9580; Lasangpinoyllc.com \$

Lemongrass Too

2625 Housley Road, Annapolis; 410-224-8424; Lemongrassannapolis.com \$\$ ●●

The Lodge

177 Jennifer Road, Annapolis; 410-266-7474; lodgeannapolis.com \$\$ ●●●●●

Lures Bar and Grille

1397 Generals Highway, Crownsville; 410-923-1606; luresbarandgrille.com \$\$ ●●

Main & Market

914 Bay Ridge Road, Annapolis; 410-626-0388; mainandmarket.com \$\$ ● Beer and Wine

Memo's Bar & Grill

302 Harry S Truman Parkway Suite K, Annapolis; 410-266-5006; memosbarandgrill.com \$\$ ●●●

Mi Lindo

Cancun Grill
2134 Forest Drive, Annapolis; 410-571-0500; lindocancungrill.com \$\$ ●●

Miss Shirley's Café

1 Park Place, Annapolis; 410-268-5171; missshirleys.com \$\$ ●●●

Park Deli

1 Park Place, Annapolis; 443-733-3099; goparkdeli.com \$ ●

Pit Boys

1515 Forest Drive, Annapolis; 410-263-2333; pitboys.com \$ ●●

Red Hot & Blue

200 Old Mill Bottom Road, Annapolis; 410-626-7427; redhotandblue.com \$\$ ●●

Rodizio Grill

1079 Annapolis Mall Road, Annapolis; 410-849-4444; rodiziogrill.com \$\$\$ ●●

Sandy Pony Donuts

2444 Solomons Island Road, Annapolis; 410-873-3272; sandyponydonuts.com \$ ●

Seoul Blues Coffee & Dessert

1084 Annapolis Mall Road, Annapolis; 443-949-8018; seoulbluescafe.com \$ ● Pastries

Severn Inn

1993 Baltimore Annapolis Boulevard, Annapolis; 410-349-4000; severninn.com \$\$, ●●●

Stoney River Steakhouse and Grill

2190 Annapolis Mall, Annapolis; 410-224-8312; stoneyriver.com \$\$ ●●

Toastique Gourmet Toast & Juice Bar

214 Harker Place, Annapolis; 443-430-0085; toastique.com \$ ●●

True Food Kitchen

1906 Town Centre Blvd Suite 110, Annapolis; 443-775-5179; truefoodkitchen.com \$\$ ●●●●

Tuscan Prime Italian Chophouse & Dolce Bar

1905 Towne Centre Blvd #100, Annapolis; 443-572-4677; tuscanprime.com \$\$\$ ●●●

Vibe

2072 Somerville Road, Annapolis; 443-949-7582; vibeannapolis.com \$\$ ●●

Eastport/Bay Ridge**Adam's Grille and Taphouse**

921 C Chesapeake Ave, Eastport; 410-267-0064; adams-ribs.com \$\$ ●

Annapolis Smokehouse and Tavern

107 Hillsmere Drive, Eastport; 410-571-5073; annapolis-smokehouse.com \$\$ ●●●

Bakers & Co

618 Chesapeake Avenue, Annapolis; 410-280-1119; bakersandco.com \$ ● Breakfast and Baked Goods

Beacon Waterfront Galley and Bar

2020 Chesapeake Harbour Dr; 443-949-8456; beacon-waterfront.com \$\$ ●●●●

Blackwall Hitch

400 Sixth Street, Eastport; 410-263-3454; blackwall-hitchannapolis.com \$\$ ●●●●

Boatyard Bar & Grill

400 Fourth Street, Eastport; 410-216-6206; boatyard-barandgrill.com \$\$ ●●●

Bread and Butter Kitchen

303 Second Street, Suite A, Annapolis; 410-202-8680; breadandbutterkitchen.com \$\$ ●

Carrol's Creek Café

410 Severn Avenue, Eastport; 410-263-8102; carrolscreek.com \$\$\$ ●●●●●

Chart House

300 2nd Street, Eastport; 410-268-7166; chart-house.com \$\$\$ ●●●

Eastport Kitchen

923 Chesapeake Avenue, Annapolis; 410-990-0000; eastportkitchen.com \$ ● Beer and Wine

Forward Brewing

418 Fourth Street, Annapolis; 443-221-7277; forwardeastport.com \$ ● Beer

Grumps Cafe

117 Hillsmere Drive, Annapolis; 410-267-0229; grumpscafe.com \$ ●

Lewnes' Steakhouse

401 Fourth Street, Eastport; 410-263-1617; lewnessteakhouse.com \$\$\$ ●●

O'Leary's Seafood Restaurant

310 3rd Street, Eastport; 410-263-0884; olearysseafood.com \$\$\$ ●●●

Ruth's Chris Steak House

301 Severn Ave, Eastport; 410-990-0033; ruthschris.com \$\$\$ ●●

Vin 909

909 Bay Ridge Ave, Eastport; 410-990-1846; vin909wine.com \$ ● Beer and Wine

CELEBRATING 100 YEARS
Lewnes' since 1921

Prime Steaks



Located on Restaurant Row in Annapolis' Historic Eastport 4th & Severn Avenue.

Buttery crisp outside, juicy tender inside. With over 100 years restaurant experience, LEWNES' serves only USDA prime aged steaks.



BEST OF ANnapolis 2024



The Daily Meal



BEST OF MARYLAND DINING 2024 WINNER

VOTED BEST STEAKHOUSE

VOTED BEST ROMANTIC RESTAURANT

Ranked Top 100 Most Romantic Restaurants in the Country by OpenTable

Opening Early for Easter and Mother's Day!

Sunday, April 20th at 12pm
Sunday, May 11th at 12pm



BEST OF AWARD OF EXCELLENCE 2004



20 YEARS
CONSECUTIVE
BEST OF AWARD
OF EXCELLENCE
WINNER



BEST OF AWARD OF EXCELLENCE 2024

410-263-1617

FEATURING USDA PRIME STEAKS
WWW.LEWNESSTEAKHOUSE.COM



LEWNES' PRIME STEAKHOUSE

South Anne Arundel

100 Lots

Kitchen + Bar
74 West Central Avenue, Edgewater; 667-270-5878; 100lotskitchen.com \$\$ ●●

Adam's Taphouse

169 Mayo Road, Edgewater; 410-956-2995; adams-grilleedgewater.com \$\$ ●

Always Ice Cream Company

129A Mitchell's Chance Road, Edgewater; 443-949-8309; always-icecreamcompany.com \$ ●

Bayside Bull

108 W Central Ave, Edgewater; 410-956-6009; baysidebull.com \$ ●●

The Boathouse

604 Cabana Blvd, Deale; 410-867-9668; theboathouse-deale.com \$\$ ●●●

Cappy's

479 Deale Road, Deale; 443-607-4138; cappysdeale.com \$\$, ●●● Seasonal

Chad's BBQ

158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com \$ ●●

Cooper's Tavern

173 Mitchell's Chance Road, Edgewater; 443-837-6126; coopers-tavern.com \$\$ ●●

Dockside Restaurant & Sports Bar

421 Deale Road, Tracy's Landing; 410-867-1138; docksiderestaurantmd.com \$\$ ●●●●

Edgewater Restaurant

148 Mayo Road, Edgewater; 410-956-3202; edgewater-restaurant.com \$\$ ●●

Happy Harbor Waterfront Restaurant and Bar

533 Deale Road, Deale; 410-867-0949; happyharbor-deale.com \$\$ ●●●●

Harper's Waterfront Restaurant

1107 Turkey Point Road, Edgewater; 410-798-8338; harperswaterfront.com \$\$\$, Reservation Only ●●●●

Harvest Thyme Tavern

1251 West Central Ave, Davidsonville; 443-203-6846; harvestthymetavern.com \$\$ ●●

Jesse Jays

584 West Central Avenue, Davidsonville; 240-903-8100; jessejays.com \$ ●●●

Killarney House

584 West Central Avenue, Davidsonville; 410-798-8700; Killarneyhousepub.com \$\$ ●●●●●

Lemongrass South River

3059 Solomons Island Road, Edgewater; 443-221-7693 \$\$ ●●

Mike's Crab House

3030 Riva Road, Riva; 410-956-2784; mikescrabhouse.com \$\$ ●●●

Petie Greens

6103 Drum Point Rd, Deale; 410-867-1488; petiegreens.com \$\$ ●●●

The Pier Waterfront Bar & Grill

48 South River Road, Edgewater; 443-837-6057; thepierwaterfrontbarandgrill.com \$\$ ●●●●●

Pirate's Cove Restaurant and Dock Bar

4817 Riverside Drive, Galesville; 410-867-2300; piratescove-md.com \$\$ ●●●●

Senor's Chile

105 Mayo Road, Edgewater, 410-216-2687; senorschile.com \$\$ ●●

Skipper's Pier Restaurant & Dock Bar

6158 Drum Point Road, Deale; 410-867-7110; skipperspier.com \$\$ ●●●●

South County Café

5960 Deale Church-ton Road, Deale; 410-867-6450; southcountycfe.com \$ ●

Stan and Joe's Riverside

4851 Riverside Drive, Galesville; 410-867-7200; stanandjoesaloon.com \$\$ ●●●●

West River Pit BBQ

5544 Muddy Creek Road, West River; 443-223-9956; westriverpit.com \$ ●

Yellowfin Steak & Fishhouse

2840 Solomons Island Road, Edgewater; 410-573-1333; yellowfinedgewater.com \$\$ ●●●●

Shore Bound

Dock House Restaurant

110 Piney Narrows Road, Chester; 443-446-4477; Dock-houserestaurant.com \$\$\$ ●●●

The Jetty Dock Bar and Restaurant

201 Wells Cove Road, Grasonville; 410-827-4959; jetydockbar.com \$\$ ●●●●

Knoxie's Table

180 Pier One Road, Stevensville; 443-249-5777; baybeach-club.com \$\$ ●●●

Libbey's Coastal Kitchen and Bar

357 Pier One Road, Stevensville; 410-604-0999; libbey-scoastalkitchen.com \$\$ ●●●●●



DINING REVIEW

CALLING ALL FOOD CRITICS!

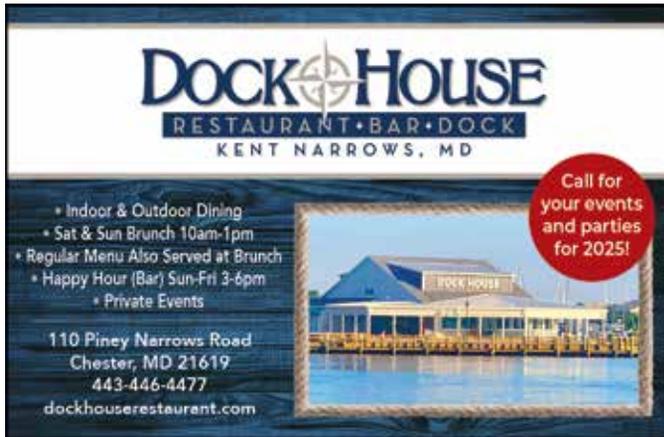
Send us your dining review and you'll be eligible for our monthly drawing for a \$50 gift certificate to a local restaurant. Fill out the form at whatsupmag.com/promotions.



Shop Local. Buy Local.

RESERVE YOUR SPACE TODAY

Contact Ashley Raymond at 410-266-6287 x1115
or araymond@whatsupmag.com



DOCK HOUSE
RESTAURANT • BAR • DOCK
KENT NARROWS, MD

- Indoor & Outdoor Dining
- Sat & Sun Brunch 10am-1pm
- Regular Menu Also Served at Brunch
- Happy Hour (Bar) Sun-Fri 3-6pm
- Private Events

110 Piney Narrows Road
Chester, MD 21619
443-446-4477
dockhouserestaurant.com

Call for your events and parties for 2025!



Bella Italia Annapolis

- **Carryout & Catering**
410-216-6061
- **Delivery order at**
www.bellaitaliamd.com
- Dinner Entrees
- Salads
- Subs

A FAMILY PIZZERIA RESTAURANT

609-B Taylor Ave, Annapolis

BEST OF ANNAPOLIS 2024



OLD BAY PEST CONTROL

We are a full-service, locally owned company that takes great pride in helping property owners throughout the greater Anne Arundel County area. As a trusted name in pest control, we are proud to be Google 5-Star Rated. Old Bay Pest Control is committed to using the safest and most effective extermination methods, ensuring the protection of you, your family, and your pets.

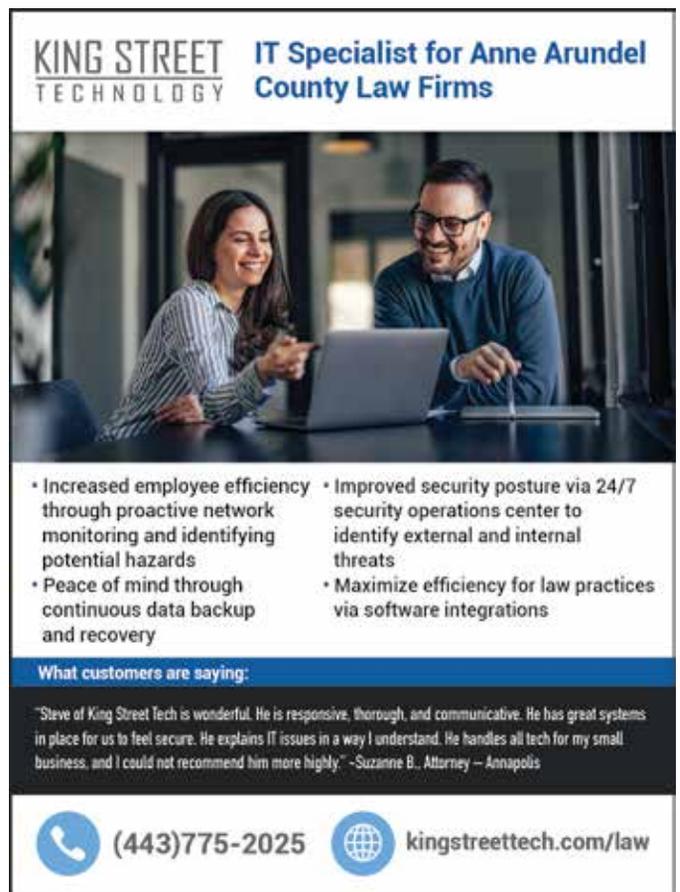
General Pests Rodents Termites Mosquitoes Wasps Wildlife

Get A Free Estimate
Same Day Service Available
443-603-5651

Mention this ad for 50% off your first service

www.oldbaypestcontrol.com

BEST OF ANNAPOLIS 2024 Google 5.0 ★★★★★ ELITE SERVICE



KING STREET TECHNOLOGY IT Specialist for Anne Arundel County Law Firms

- Increased employee efficiency through proactive network monitoring and identifying potential hazards
- Peace of mind through continuous data backup and recovery
- Improved security posture via 24/7 security operations center to identify external and internal threats
- Maximize efficiency for law practices via software integrations

What customers are saying:

"Steve of King Street Tech is wonderful. He is responsive, thorough, and communicative. He has great systems in place for us to feel secure. He explains IT issues in a way I understand. He handles all tech for my small business, and I could not recommend him more highly." -Suzanne B., Attorney - Annapolis

(443)775-2025 kingstreettech.com/law



let 'em play

Book your party now and get
\$100 off!* Monday - Friday
 Use code BDAYGB-100 when booking.

UrbanAirGlenBurnie.com
 7702 Ritchie Hwy, Suite 11A
 Glen Burnie, MD 21060
 (410) 316-6328

*Restrictions Apply. Offer applies to Top-Two Tier Birthday Party packages. Valid 4/1/25 - 4/30/25



A Better Way to Shop for Lingerie
 SINCE 2003



à la mode
 intimates

Bras, Panties, Loungewear & Fine Lingerie
 Wide Range of Bra Sizes; Bands 30-44, Cups A-K+
 Everyday Bras, Strapless, Sports, Wirefree, Nursing & more

Expert Bra Fittings by Appointment
alamodeintimates.com | 410.280.9771




Perfect Pet
 RESORT

Happy Pets
 Make Happy
 People.

Lodging • Daycare
 Spa • Training

410-741-0000
perfectpetresort.com

840 West Bay Front Rd.
 Lothian, Maryland 20711






The Jetty
 Restaurant & Dock Bar

Kent Narrows, Maryland

The Jetty is a waterfront restaurant & dock bar serving the best the land & sea have to offer.

- Open year round
- Weekend breakfast • Steamed crabs
- Family fun • Live music
- Private parties
- Jetty Bus - Free local shuttle





Crab, Bull, and Oyster Roast 2025
 April 26th, 2025 12-4pm
 Steamed Crabs, Oysters, Pit Beef, Pulled Pork, Corn on the Cob, Coleslaw, Domestic Beer, Wine & Seltzers
 Call 410-827-4959 for tickets

JOIN US!!

201 Wells Cove Rd
 Grasonville, MD
 410.827.4959
jettydockbar.com





BEST OF ANNAPOLIS
Best Personal Trainer in Private Studio

Simply STRONGER

... a personal touch

YOGA, FITNESS AND MASSAGE STUDIO



See my new video!



ONE ON ONE • NO CROWDS • CLEAN & SAFE

To sign up call Debi McKibben 443-994-3513
1610 West St., Ste. 204 • Annapolis
simplystronger204@gmail.com
www.simplystronger.com



TIRED OF IT HEADACHES?




We manage your IT...you manage your business

1612 McGuckian St., Suite 200 • Annapolis, MD 21401
410-280-3000 • www.ICSI.com

- 24/7 Network Monitoring
- Network Security
- Help Desk Support
- Disaster Recovery

BEST OF ANNAPOLIS 2024

For a complimentary IT assessment, call us at 410-280-3000 and mention this ad.



Mahon PLUMBING INC.

YOUR LOCAL PLUMBER SINCE 1994



24 Hour Residential and Commercial Service
Serving Anne Arundel County and the Surrounding Areas

6824 FORT SMALLWOOD ROAD
BALTIMORE, MD 21226
MAHONPLUMBING.COM
(410) 766-8566



SCAN ME

BEST OF ANNAPOLIS 2024



TRIBE CYCLE

spring special

\$50

THREE CLASSES

LIMIT TWO

USE CODE: **SPRING**

[@TRIBE_CYCLE • TRIBECYCLE.COM](https://www.tribecycle.com)





Where's Wilma?

FIND WILMA AND WIN!

Our famous flying mascot, Wilma, is a superfan of all things baseball and she loves our local teams. With the first pitches of many games happening this month, Wilma will be busy flying across the region to catch all the action at the stadiums. Of course, she'll be flying into towns and making pit stops for the best food, shopping, and select services. Where will she land exactly? Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to Maria L. of Annapolis, who won a \$50 gift certificate to a local business.

Please Print Legibly

I FOUND _____ Advertiser _____
WILMA _____ Advertiser _____
ON PG. _____ Advertiser _____

Name _____

Phone _____

Address _____

E-mail address _____

Circle your age bracket: <25 25-34 35-44 45-54 55+

Would you like to sign up for our daily e-newsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles!

Yes, please! _____ No, thanks _____

Entries must be received by April 30, 2025. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Annapolis. **Mail entries to:** Where's Wilma? Annapolis, 900 Bestgate Road, Ste. 202, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions.

IFC = Inside Front Cover	InGrano Bistro Bakery and Fine Dining...122
IBC = Inside Back Cover	Inn at Huntingfield Creek, LLC 63
BC = Back Cover	Jalapenos..... 116
ATD = Ask the Doc	James Lynch MDATD
LHBLDP = Leading Home Build & Landscape Design Professionals	Katie Rainey Designs..... LHBLDP
A La Mode126	Kent County Lodging Association 63
Ace Home Improvements LLC..... 105	Kent Cultural Alliance 62
Adoro Medical Spa 19	King Street Technology, Inc.....125
Alternative Pet Care 64	Kitchen Tune Up.....103
Annapolis Hand CenterATD	KustomScapes and Pools..... 84
Annapolis Painting Services.....41	Lash Moi 38
Annapolis Plastic Surgery..... 4	Leadership Anne Arundel.....31
Annapolis Symphony.....38, 48	Lewnes' Steakhouse123
Arts Council of Anne Arundel County.....64	Long & Foster Baltimore Regional Center...6
Ballet Theater of Maryland.....64	Luminis Health AAMC..... 13, ATD
Baltimore Washington Medical Center ...IBC	Lundberg Builders and 314 Design Studio
Bands In The Sand 22BC
BayWoods of Annapolis.....98	Mahon Plumbing127
Bella Italia.....125	Maryland Oncology & Hematology81
Blue Heron Dental..... 109	Maryland Paint & Decorating 35
Boatyard Bar & Grill..... 116	Medrano Brothers Inc.103
Brad Kappel, TTR Sotheby's International Realty..... 2	Meg Fox Aesthetics 27
Brampton 1860.....63	Mercy Medical Center21
Brightview Builders, Inc.101	Mi Lindo Cancun Grill 121
Cabinet Discounters.....92	Mobile Pet Vet ATD
Carpaccio Tuscan Kitchen & Wine Bar 119	Modera Wealth Management..... 76
Carroll's Creek Cafe 116	Modern Dermatology 109
Chesapeake Baysox.....25	Mueller Homes..... LHBLDP
Chesapeake Financial Planning & Tax Services.....17	Nancy Hammond Editions81
Chris Edge First Home Mortgage.....99	National Music Festival 62
Ciminelli's Landscape Services, Inc98	Old Bay Pest Control 125
Coastal Pools..... 82	Olmo Brothers Construction & Landscaping29
Compass Studio Tile & Flooring..... 39	Omnia Real Estate.....16
County Commissioners of Kent County.....61	On The Green Inc99
David Orso.....8, 10	Paradise Pools Inc..... 102
Della Notte 121	Perfect Pet Resort.....126
Design Solutions, Inc..... LHBLDP	Revival Builders LLC 39
Djawdan Center for Implant and Restorative Dentistry.....1	ROSM Regenerative Orthopedic Sports Medicine.....ATD
Dock House Restaurant.....125	Ruth's Chris Steak House122
Edward Jones, Crystal Barker43	Sandel Duggal Center For Plastic SurgeryIFC
Fichtner Home Exteriors.....93	Scott Finlay DDS & Associates15
Fishpaws 33	Scott Schuetter and Crew 37
Friends Of The Light House.....106	Severn School 48
Gabriella White Furniture85	Simply Stronger.....127
Generator Supercenter 102	Skin Wellness MD12
Great Oak Manor.....63	Taylor Hart Design..... LHBLDP
Harvest Thyme Modern Kitchen & Tavern116	The Greater Rock Hall Business Association 62
Haven Harbour Marina.....63	The Hickory Stick..... 62
HF Advisory Group 72	The Jetty Restaurant and Dock126
Historic Annapolis, Inc./William Paca House76, 99	The Peoples Bank 62
Hoffman Custom Embroidery and Screen Printing LLC.....31	The Wellness House 115
Hospice of the Chesapeake 110	Tribe Cycle.....127
Howard County Recreation & Parks109	Urban Air Adventure Park126
ICSI127	We Restore Decks 97
	YWCA of Annapolis & Anne Arundel County20



Community Wellness Day

Join us for a **FREE**, family-friendly health and resource fair.



Saturday, April 26*
10 a.m. - 1 p.m.

**University of Maryland
Baltimore Washington Medical Center
Outpatient Care Center
255 Hospital Drive, Glen Burnie, MD 21061**

*Rain Date: Saturday, May 17, 2025

Come celebrate and participate in activities for the entire family:

- Health screenings
- CPR demonstrations
- Education tables
- Produce boxes, while supplies last
- Grab and go meals, while supplies last
- Kids activities
- Live DJ

Scan to Learn More:
umbwmc.org/wellnessday



Celebrating **60** YEARS

UM BALTIMORE
WASHINGTON
MEDICAL
CENTER



314 Design Studio

KITCHEN AND BATH SPECIALISTS

