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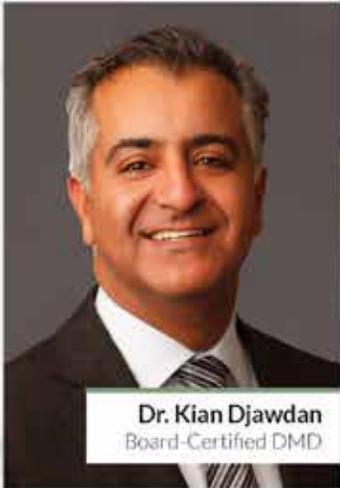
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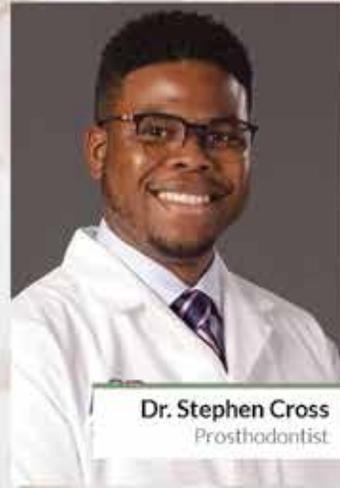
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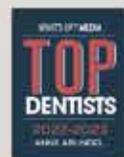
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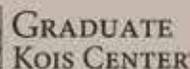
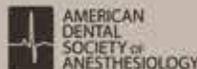
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**On the Cover:** Find out which schools are the right fit for your children in our private school guide. Design by August Schwartz. Contact *What's Up? Central Maryland* online at [whatsupmag.com](http://whatsupmag.com). Please recycle this magazine.

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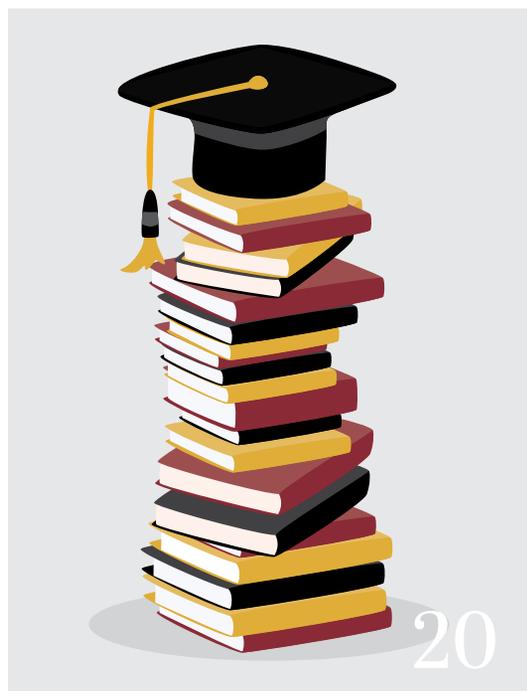
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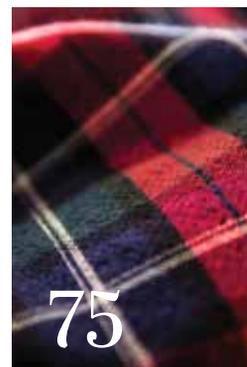
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WHAT'S UP? **CENTRAL**  
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**Home Grown, Locally Owned:** This issue of *What's Up? Central Maryland* employs more than 40 local residents.

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# January contents

COMING UP IN  
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### Vote for The Best!

2023 Best Of Voting Begins January 1st. This is your reminder that the return of Best Of voting will go live New Year's Day and

continue through the end of February. We know you can't wait to vote for your favorite restaurants, shops, and services, so put this on your calendar!



Vote for your favorites here:  
[whatsupmag.com/bestofvoting](https://whatsupmag.com/bestofvoting)



What's Up? Media is seeking the next class of Up & Coming Lawyers to honor! We are calling upon local law firms practicing in the Chesapeake Bay region to nominate exemplary lawyers in the early stages of their legal career. We are currently accepting

nominations from your firm's management of young, up and coming lawyers. For editorial consideration, management must complete an online form nominating an employed lawyer within your firm that is 40 years and/or younger by the deadline of January 31st. Nomination forms are online here: [whatsupmag.com/upandcominglawyers](https://whatsupmag.com/upandcominglawyers). Each firm may nominate up to three lawyers in this unique opportunity to showcase the young talent within your organization!



# editor *From the*



## Welcome to 2023!

It came quickly, didn't it? Sure felt like it to me. I think one of the main reasons was that in this past year, life seemed to return to...dare I say it...normal. For the most part, we've been experiencing our world—our everyday—living life as we should, without fear or restriction due to the pandemic of the past three years. And yes, it's been three years. Amazing.

As we head into the new year, I simply ask that we continue to be mindful and careful—make healthy decisions for yourself and loved ones. Please be cool to your neighbors. Exercise some civility and manners in public. And we should be alright.

But enough soapboxing. I'm simply thankful that we're able to enjoy our communities to their fullest potential. I look forward to the future. And we're bringing this optimism to print.

The number of events, entertainment, and activities throughout the region has seen an incredible uptick. We're adding a touch of this to the magazine by means of an extended calendar, which you'll find within the Out on the Towne section. Our online calendar is also rockin' with tons of everyday options. Too much to fit in print, so I encourage you to visit [whatsupmag.com](http://whatsupmag.com) where you can even add your events! Listings are free.

There's also been many new, exciting restaurants opening on both sides of the Bay Bridge, so we've compiled a dining guide listing many of them. "New Year, New Restaurants" is this month's dining guide theme. Each month we'll feature a dining guide with a new theme. What will February's be? Maybe romantic fine dining. Let me know what you'd like to see by emailing [editor@whatsupmag.com](mailto:editor@whatsupmag.com).

And big news! The annual Best of Central Maryland voting begins January 1st and continues through the end of next month. Results will be published in June. We're also bringing the Best of Annapolis Party back this year! For details on how to vote for your favorite restaurants, services, and professionals, as well as party updates, turn to page 46 or visit us online.

Throughout this year's monthly issues, expect to read articles about local culture, history, and topics that may catch your fancy, provoke further discussion, or teach you a little something new. Whether the content compels criticism or praise, we truly love to hear from you. This publication is for you, so please let us know what you'd like to read and see in our magazines, digital products, and social media channels.

It's a wonderful world out there.

**WE'RE GLAD TO BE A PART OF IT... WITH YOU.**

Happy New Year!

**James Houck,**  
Editorial Director

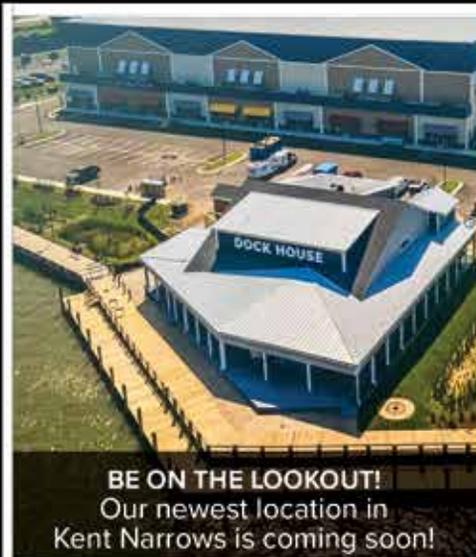
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# *Out on the* **TownE**

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## **Maryland Black Bears Hockey**

The Maryland Black Bears Ice Hockey Team has four home games this January. They play the Maine Nordiques on January 6th and 7th at 7:30 p.m. and then play the Northeast Generals on January 27th and 28th at 7:30 p.m. The Black Bears' home rink is Piney Orchard Ice Arena in Odenton. To get tickets and find the full Bears schedule, visit [marylandblackbears.com](http://marylandblackbears.com).





## STEP AFRIKA!

Step Afrika! is coming to Maryland Hall on January 28th at 7 p.m. This performance blends percussive dance styles practiced by historically African American fraternities and sororities, traditional African dances, and an array of contemporary dance and art forms into a cohesive, compelling artistic experience. This is more than just a dance show. The team integrates songs, storytelling, humor, and audience participation to leave the audience with their hearts pounding. Find more information or buy tickets at [marylandhall.org](http://marylandhall.org).



## 35th Annual Dr. Martin Luther King, Jr. Awards Dinner

Get your tickets early for the 35th Annual Dr. Martin Luther King, Jr. Awards Dinner, featuring keynote speaker, Mississippi Congressman Bennie Thompson. The event takes place at La Fontaine Bleue in Glen Burnie, beginning at 6 p.m. Visit [mlkjrmd.org](http://mlkjrmd.org) for full details.

## MARYLAND CONCERT SERIES AT CHESAPEAKE ARTS CENTER: 229TH ARMY CONCERT BAND

The 229th Army Concert Band is the largest ensemble of the Maryland National Guard and are performing at the Hammonds Lane Theatre in the Chesapeake Arts Center on January 22nd at 3 p.m. This show is a perfect night out with friends or to enjoy with your family. This performance is free and open to the public. The band will perform large-scale formal concert band pieces, classical selections, patriotic music, and marches. Find more information at [chesapeakearts.org](http://chesapeakearts.org).



## ← The Sixties Show

The greatest 1960s musical re-creation show on earth is coming to Maryland Hall on January 20th at 8 p.m. The band features former touring band members of The Who, Bob Dylan, NBC TV's Saturday Night Live Band, and more! The concert experience is a multi-media production with special effects, narration, and '60s archival audio and newsreel footage. The band will perform selections from the Beach Boys, Paul McCartney, The Bee Gees, Mick Jagger, Bruce Springsteen, and other legends. Get tickets at [marylandhall.org](http://marylandhall.org).



## ↑ 2023 SUPER PLUNGE

The Polar Bear Plunge is back this January and February, starting with the Super Plunge. Show your support for Special Olympics of Maryland by committing to raise at least \$10,000 and then join the 24-hour plunge at Sandy Point State Park. The Super Plunge, which starts January 27, will include 24 hours of food, fun, and entertainment, themed costume plunges, chair massages, 1 on 1 relationship building with Special Olympics of Maryland Athletes, and so much more. Find more information at [plungemd.com](http://plungemd.com).



## Winter Bead & Jewelry Show

The Baltimore Bead Society is bringing back the Winter Bead & Jewelry Show on January 14th and 15th at the Howard County Fairgrounds in West Friendship. The weekend will feature a wide variety of vendors, making it the perfect place for beading artists to gather. Engage in a class and spend the day with other creative artists. The collections are full of fine handcrafted jewelry by some of the best artisans in the country. Find more information at [baltimorebead.org](http://baltimorebead.org).

# Across the Bridge



## 29th Annual Penguin Swim

Get ready to dunk your penguin tail in the frigid waters of the Atlantic Ocean to support the community's Healthcare Heroes and Atlantic General Hospital. The 29th Annual Penguin Swim will be on January 1st on the beach at The Princess Royale Oceanfront Hotel at 91st Street in Ocean City. All proceeds from this event will benefit Atlantic General Hospital Foundation. Find more information at [aghpenguinswim.org](http://aghpenguinswim.org).

## MARYLAND BRIDAL SHOWS AND EXPOS

Premier Bride is hosting two Maryland Bridal Shows and Expos this month. The first expo will be at the Timonium Fairgrounds on January 7th from 11 a.m. to 4 p.m. The next expo will be at the Wicomico Civic Center on January 21st from noon to 3 p.m. The expo will bring together the Mid Atlantic's top wedding photographers, DJ's, florist, cakes, coordinators, officiants, caterers, makeup artists, videographers, invitations, favors, and so much more to help you put together your perfect wedding. Find more information at [bridalshowsandexpos.com](http://bridalshowsandexpos.com).



## ↑ Collection Highlights from the Vault

Art lovers everywhere are invited to join the Academy Art Museum for a special tour of highlights from AAM's Permanent Collection. The tour will start at noon on January 7th. Curator Mehves Lelic will present works from across art history straight from the Museum's vault, including etchings by Rembrandt van Rijn, Charles Daubigny, Pablo Picasso, Marc Chagall, Salvador Dali, and many more. Make sure to register for this free event at [academyartmuseum.org](http://academyartmuseum.org).



# Towne Calendar

A collection of noteworthy community events taking place this month across the Chesapeake Bay region



## January 5

**Anne Arundel Medical Center In-Person Nursing Hiring Event** at Anne Arundel Medical Center Garden Café in Annapolis, 3:30 p.m.; [Luminishealth-careers.org](http://Luminishealth-careers.org). Calling all experienced nurses, new graduate nurses, and LPNs, sign up today to attend Luminis Health - Anne Arundel Medical Center in-person nursing hiring event. You will get to meet with all of AAMC's hiring managers and participate in interviews.

## January 6

**Easton Night Out** in Downtown Easton, 5-8 p.m.; [tourtalbot.org](http://tourtalbot.org). The streets will be filled with music and entertainment while you explore downtown Easton's phenomenal collection of shops, restaurants, and art galleries on the best night of any week.

↑ **Judy Collins** at Avalon Theatre in Easton, 7 p.m.; [avalonfoundation.org](http://avalonfoundation.org). Judy Collins has inspired audiences with sublime vocals, boldly vulnerable songwriting, personal life triumphs, and a firm commitment to social activism.

## January 7

**Winter Waterfowl Walks** at Eastern Neck National Wildlife Refuge in Rock Hall, 8 a.m.; [eventbrite.com](http://eventbrite.com). Walk the refuge to see seasonal flora and fauna. Walks are conducted in areas of Eastern Neck National Wildlife Refuge that are usually closed to the public.

**Maryland Yule Ball** at Double Tree Hotel in Annapolis, 7 p.m.; [Sites.google.com/view/yule-ball-2020/home](http://Sites.google.com/view/yule-ball-2020/home). Come and celebrate the Holiday Season in your finest 16th and 19th century garb. As in past years, we will be dressing in historically-inspired holiday attire, anything from Tudor to Victorian and all eras in between.

## January 9

**Classic Theatre of Maryland Cabaret Series** at Classic Theatre of Maryland in Annapolis; [classictheatremaryland.org](http://classictheatremaryland.org). These popular 90-minute costumed and choreographed productions feature our resident singers and special Broadway guest performers, accompanied by the popular Unified Jazz Ensemble.

## January 13

**Cambridge Ice and Oyster Festival** at the festival grounds behind Chesapeake College, 4-9 p.m. and January 14th, 12-8 p.m.; [dorchesterchamber.org.ice-and-oyster-fest](http://dorchesterchamber.org.ice-and-oyster-fest). Break up the January doldrums with the free Cambridge Ice & Oyster Fest, featuring dozens of ice sculptures, master ice carver demonstrations, interactive ice games, oyster roast and raw bar, ice bars with craft beer and artisan cocktails, fire pits and s'mores stations, and a shucking and slurping oyster contest.

## January 14

**Navy Women's Basketball vs Loyola** at U.S. Naval Academy Alumni Hall in Annapolis; [navysports.evenue.net](http://navysports.evenue.net). Get your tickets online now for a Navy Women's Basketball home game against the local Loyola Greyhounds.

**Charlie and the Chocolate Factory Escape Room** at Edgewater Community Library in Edgewater; [aacpl.net](http://aacpl.net). You've won a Golden Ticket to Willy Wonka's chocolate factory, but can you find your way out? Delicious puzzles and sweet clues await you inside the mysterious candy maker's factory. You will have 45 minutes to solve puzzles and find clues to unlock the factory door in this fun, interactive game for kids, teens, and adults.

**Second Saturday "Art Night Out"** on Talbot Street in St. Michaels; [stmichaels-md.org](http://stmichaels-md.org). St. Michaels art galleries are alive with special events for the launch of their monthly Second Saturday "Art Night Out" celebrations. Take a walking tour of St. Michaels' six fine art galleries, all centrally located on Talbot Street.

**The British Invasion Experience Dinner and Show** at Wicomico Youth & Civic Center in Salisbury, 7

p.m.; [wicomicociviccenter.org](http://wicomicociviccenter.org). Become immersed in British music when The British Invasion Experience comes to the Wicomico Civic Center for dinner and a show on Saturday, Jan. 14. The British Invasion Experience pays tribute to an entire genre that changed the face of music—from The Beatles to The Who and from The Hollies to Led Zeppelin.

**Voices of Motown** at Rams Head on Stage in Annapolis, 8 p.m.; [ramsheadonstage.com](http://ramsheadonstage.com). An All-Star Musical Tribute Concert to The Temptations, The Four Tops, The Dells, Smokey Robinson, Marvin Gaye, Stevie Wonder & More! "THE VOICES" Tribute to Motown Production is composed of multi-talented, seasoned professional musicians' vocalists and world class entertainers that will knock your socks off!

## January 15

↓ **Hands-On History Day** at Historic Annapolis Museum in Annapolis, 10 a.m.; [annapolis.org](http://annapolis.org). Visit the Museum of Historic Annapolis on the second Sunday of every month Hands-On History Days. Drop in any time between 10 am and 2 pm for special family activities—a new theme each month means you and your family will want to visit again and again!





## January 18

**Captain Avery Museum Winter Luncheon** at Captain Avery Museum in Shady Side, 11:30 a.m.; [captainaverymuseum.org](http://captainaverymuseum.org). Blast off for adventure with Dr. Sally Ride, America's first female astronaut. Enjoy the lecture by Award-winning Actress and Smithsonian Scholar Mary Ann Jung.

## January 21

**BSO Music Box: Snowflakes on Parade** at AMP by Strathmore in North Bethesda, 11:30 a.m.; [strathmore.org](http://strathmore.org). Back by popular demand! The BSO Music Box concerts are the perfect program for budding little music lovers. Maria Broom hosts these 30 minute, highly engaging and interactive concerts featuring an ensemble of BSO musicians performing light-hearted

classical and children's songs to develop your child's musicality, creativity, coordination, and literacy.

**Satisfaction: Tribute to the Rolling Stones** at Rams Head on Stage in Annapolis, 8 p.m.; [ramsheadonstage.com](http://ramsheadonstage.com). Satisfaction: The International Rolling Stones Show is the international touring tribute show to one of the world's greatest Rock & Roll bands. Satisfaction is now celebrating more than 10 years of touring with over 1600 performances listed to its credit.

**Annapolis Marine Art Gallery Open House** at 110 Dock Street, Annapolis, 3-6 p.m.; [annapolismarineart.com](http://annapolismarineart.com). The Annapolis Marine Art Gallery is hosting its first Open House under new ownership in 22 years, featuring the artwork of 40 artists, new and classic.

**Londontowne Symphony Orchestra: A Salute to Our Veterans** at Maryland Hall in Annapolis, 7:30 p.m.; [marylandhall.org](http://marylandhall.org). A patriotic salute to our service men and women featuring Dana Robinson (vocalist) and Brian Shatt (chorus master from Archbishop Spalding High School).

## January 22

**Tip Jars to Chart Toppers: The Stories Behind the Hits** at Rams Head on Stage in Annapolis, 7 p.m.; [ramsheadonstage.com](http://ramsheadonstage.com). A Taste of Nashville: The Stories Behind The Hits feat. Dylan Altman, Marshall Altman & Brice Long. Hear the hilarious and heartwarming stories that inspired your favorite songs!

## January 26

**Cash Unchained** at Rams Head on Stage in Annapolis, 8 p.m.; [\[stage.com\]\(http://stage.com\). Take a journey back in time to the life and music of "The Man in Black" performed by Cash Unchained. The band has been nationally sought after while touring all over US bringing the sights and sounds of the legendary Johnny Cash.](http://ramsheadon-</a></p>
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## January 27

**Art Maryland Juried Reception** at Howard County Center for the Arts in Ellicott City, 10 a.m. to 8 p.m.; [hocoarts.org](http://hocoarts.org). Join Howard County Arts Council for its biennial juried exhibit, Art Maryland, a premier showcase for regional artists. Artists selected from Maryland include Bethany Douglas, Camellia Blackwell-Taffel, Sabine Carlson, Kathy Daywalt, and many more.

## January 28

**Navy Men's Basketball vs American University** at U.S.

Naval Academy Alumni Hall in Annapolis, 2 p.m.; [navysports.event.net](http://navysports.event.net). Get your tickets online now for a Navy Men's Basketball home game against the American University Eagles.

**Newmyer Flyer Presents: Little Feat Tribute** at Ram's Head on Stage in Annapolis, 8 p.m.; [ramsheadonstage.com](http://ramsheadonstage.com). Offering up an otherworldly blend of funky, soulful music all wrapped around their beautifully crafted songs, Little Feat established itself as a live act second to none as they released 8 classic albums between 1971 and 1978.

## January 29

**Eternal Winter 6-Hour Run** at Greenbury Point Nature Center in Annapolis, 8 a.m.; [Annapolisstriders.org](http://Annapolisstriders.org). Join Annapolis Striders in a 6-hour run this January. Find more information and register at [annapolisstriders.org](http://annapolisstriders.org)



**TOWNE SOCIAL**

## Raise the Roof

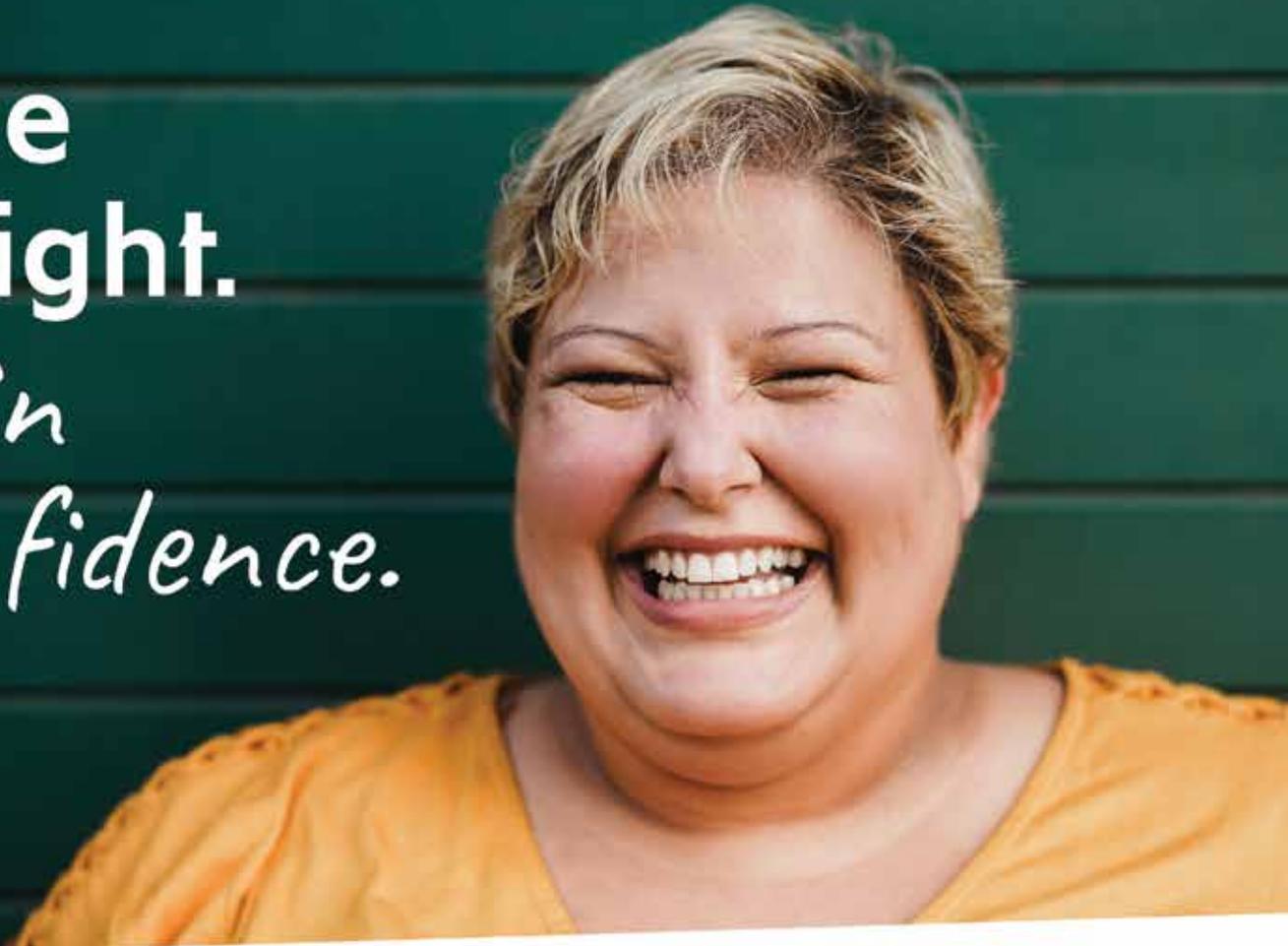
On October 13th, The Well held its Raise the Roof live event and fundraiser at the Chesapeake Arts Center in Brooklyn Park. The nonprofit celebrated its mission of being a “community of women being transformed through long-term relationships, practical programs, and the healing power of love” with a program featuring stories of survival and transformation. Guests also enjoyed light fare and desserts from Hon’s Honey market. The event raised more than \$90,000.

Photography by Tony Lewis, Jr.

1. Bobby Jenkins and Mary McQueen 2. The Well’s Executive Director Mandy Memmel and Hon’s Honey Creative Director Jordan Moyer 3. Lisa Cook and Mindy Norvell 4. The evening featured panel discussions and stories of survival 5. Sharon Cotterell and Victoria Smith 6. Raise the Roof was a celebration of community



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## LAA Kicks Off New Season of Leadership

Last September, Leadership Anne Arundel held its annual Program Kickoff and Homecoming party. This event offers LAA alums the opportunity to gather, meet the next class of LAA members, and welcome a new season of inspiring, developing, and connecting local leaders. After celebrating nearly 30 years, LAA introduced the new Flagship class of 2023 and recognized Flagship classes that were celebrating anniversaries. Additionally, Patrick Shurney (FLG10) received the 2022 Chair's Award Honoree and Beryle Downs (FLG22/NLA20) received the 2022 Volunteer of the Year Award. Learn more about LAA and its leadership programs at [leadershipaa.org](http://leadershipaa.org).



## ↑ CASA RECEIVES GRANT

Good news for Anne Arundel County CASA, Inc., which was recently awarded a \$41,700 Diversity, Equity and Inclusion (DEI) Grant from National CASA to create a culture of inclusiveness and focus on expanding service to qualifying children in foster care in the county. Anne Arundel County CASA (AACASA), recruits, trains, and supports volunteers who advocate for the best interests of children who have experienced abuse or neglect. "Over the past 17 years, I have been privileged to witness the remarkable ways that CASA volunteers impact the lives of the most vulnerable children in our community," said Rebecca Tingle, Executive Director of AACASA. "We are grateful to the National CASA/GAL Association for this generous grant to help us serve all of the children in foster care in Anne Arundel County." Learn more at [aacasa.org](http://aacasa.org).

## HOSPICE HOSTS GOLF TOURNEY

This year, a long list of sponsors and more than 250 golfers raised about \$240,000 for Hospice of the Chesapeake, the nonprofit that serves Anne Arundel, Calvert, Charles, and Prince George's counties. A perfect weather day filled with food, drinks, and giveaways helped make the annual golf tournament another successful year. Held September 29th at Queenstown Harbor Golf Course, the tournament featured hospitality that began with an omelet bar in the morning, oysters, and shrimp along with grilled lunch at the turn and an awards banquet to cap off the day. Learn more at [hospice-chesapeake.org](http://hospice-chesapeake.org). Photograph by Elyzabeth Marcussen.



## Smoke Detection Alarms Donated ↓

For Fire Prevention Month (October) Thomasville Restorations donated 100 Smoke Alarms to the Anne Arundel County Fire Department. Crews then dispatched to the Greenhaven community and knocked on doors to check for smoke alarms. Fire Department crews offered to install new smoke alarms for those who did not have a working smoke alarm. Crews were able to install or provide approximately 80 smoke alarms to the residents of Greenhaven. The Anne Arundel County Fire Department continues to find ways to participate in Community Risk Reduction initiatives with Thomasville Restoration's help. Learn more about Thomasville Restoration at [thomasvillorerestoration.com](http://thomasvillorerestoration.com).

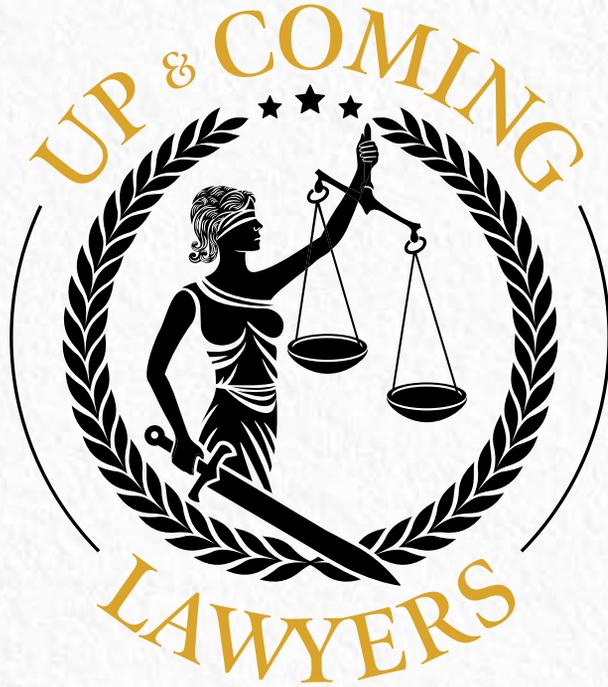




## A Return to UMBWMC

This past November marked a return to UM Baltimore Washington Medical Center for Kristin Feliciano, who was appointed Senior Vice President of Strategy for the organization. This position marks Feliciano's return to the University of Maryland Medical System, where she previously served in numerous roles as a leader in business development strategy. Learn more about UMBWMC at [umms.org/bwmc](http://umms.org/bwmc).

Do you have community or business news to publicize? Send What's Up? an email at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).



## CALL FOR ENTRIES

What's Up? Media is seeking the next class of Up & Coming Lawyers to honor! We are calling upon local law firms practicing in the Chesapeake Bay region to nominate exemplary lawyers in the early stages of their legal career.

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Each firm may nominate up to three lawyers in this unique opportunity to showcase the young talent within your organization!



TOWNE ATHLETE

# Kylie Corcoran

Crofton High School  
Field Hockey, Lacrosse

By Tom Worgo

**F**ield hockey consumes Crofton High School student-athlete Kylie Corcoran. The junior stays involved with the sport for 12 months of the year whether she's playing or coaching. It always seems like she has a field hockey stick in her hand.

Corcoran doesn't mind practicing when the temperatures hit 30 degrees in her backyard or on a turf field at Crofton High with friends. And she once participated in eight games in one day in 2019 for Sparks Field Hockey Club.

"I work so hard at field hockey and dedicate so much time to it," Corcoran says. "I knew since I was five that I wanted to play it in college."

It's not surprising she earned a national ranking. Max Field Hockey put her on its class of 2024 watch list, which includes the top 100 players in the country. All the hard work and accolades have made a difference. The 5-foot-9 Corcoran will attend Fairfield University in Connecticut on a field hockey scholarship. She verbally committed to the school in late September.

About 20 schools recruited Corcoran. She visited seven schools, and had a lot of interest in James Madison University.

"I loved everything about the school," Corcoran says of Fairfield. "It felt like home when I walked in there. I didn't want a big school and Fairfield was the perfect size. I want to major in marketing, and they have a great business program. Academics is a big thing with me."

For the Crofton field hockey team, the junior put together a memorable season under the watchful eye of her mother Katie, a Crofton assistant field hockey coach. She helped Crofton—which boasted a 15-2 record—to a deep playoff run that resulted in the Cardinals

advancing to the Class 3A state championship game against River Hill in mid-November.

Corcoran, who co-captained the team the past two seasons, led the team in goals (20) and assists (16) in 2022. She had four two-goal games: against St. Mary's, Severn, Marriott's Ridge, and South River. The Maryland State Field Hockey Coaches Association named Corcoran a Second Team All-State selection last year. "She is invaluable to the team," Crofton Field Hockey Coach Amy Skrickus says. "She does so much. She works so hard at practice, and she expects the same from her teammates. She elevates everyone's level of play."

Corcoran is also a standout lacrosse player. She played on the junior varsity as a freshman, then started on the varsity as a sophomore. She was a Second-Team All-County pick that season, leading the team with 45 goals and totaling 16 assists in 10 games.

The 16-year-old Corcoran decided in the summer of last year to stop playing club lacrosse so she could focus more sharply on field hockey. "Once colleges started recruiting me for field hockey, I stopped playing club [lacrosse]," says Corcoran, who has played club field hockey for years. "I loved playing lacrosse, but I

knew I would be playing field hockey in college.”

Crofton Girls Lacrosse Coach Amy Newell is glad she’s decided to stick with the sport in high school. “She is the kind of player you really want on your team,” Newell says. “Her passion, intensity, and work ethic are contagious. When she was hurt, she was like our assistant coach in the way she communicated and drew up plays. She would be an amazing coach.”

Corcoran spends plenty of time coaching youth field hockey and even lacrosse. In mid-summer, Corcor-

an volunteers at Crofton High’s field hockey and lacrosse camps. Then from August to October, she works with aspiring field hockey players from the Crofton Recreation Council before coaching in the Freedom Field Hockey Club’s skills academy in December and January.

“It’s a lot of fun for me,” Corcoran says of coaching youth. “They are all learning to play the game.”

Do you have a local athlete to nominate? Send What’s Up? an email to editor@whatsupmag.com.

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TOWNE INTERVIEW

# Kevin Willard

Maryland Terrapins  
Men's Basketball Coach

By Tom Worgo

Photography courtesy University of Maryland Athletics

University of Maryland's Kevin Willard had the perfect pedigree to become a men's college basketball coach. His father, Ralph, worked as head coach at Pittsburgh, Holy Cross, and Western Kentucky. Kevin even played for his father at Pittsburgh and Western Kentucky.

And Kevin started off big in the coaching world. His first coaching job was as an assistant with the NBA's Boston Celtics under the legendary Rick Pitino, whom he followed to Louisville, where he spent 10 years as an assistant.

"I would say he is probably the greatest college coach," Willard says. "I developed a really good friendship with him."

His association with Pitino paid off. He landed his first head coaching job at Iona (going 45-49), then Seton Hall (225-161). Willard, a native of Huntington, New York, led Seton Hall to six NCAA tournament appearances since 2016. Now, he'll try to revive the Terrapins.

The 47-year-old inherits a program coming off its worst record (15-17) in 30 years. But Willard could be a quick fixer. He brought in four transfers, including the playmaking senior backcourt of Jahmir Young (from University of North Carolina at Charlotte) and Donald Carey (Georgetown University).

That gives Maryland one of the Big Ten Conference's most experienced backcourts. Both players entered the 2022 NBA Draft last year but withdrew

to return to school. And Maryland returns top players Donta Scott, Hakim Hart, and Julian Reese.

We recently talked to Willard about what he learned from his father and Pitino, his standout backcourt, what kind of style he wants to play, and what brought him to College Park.

## What kind of style do you want your team to play?

[Years ago] when I was coaching the Celtics, I turned on the TV and there were [Maryland players] Joe Smith and Steve Francis. They are running down the court throwing alley-oops and dunking. Gary Williams was going up and down the sidelines sweating. I said, "I would have liked to play for that man." They had such swagger and confidence. What we are going to do is bring back that swagger, passion, and energy that Williams coached with, and his players played with. I was always a fan of the way they played.



### **Why did you want the Maryland coaching job?**

It's an unbelievable university. It's got great academics. It's in a phenomenal location. It has such a great tradition. I think those three things make it as good as any job in the country. It's just something I couldn't pass up. If I was going to leave Seton Hall, this was the place where I wanted to go. This is a top-10 job in college basketball. Hands down.

### **Did you always want to coach?**

When you are playing, you want to continue with the game. I realized I wasn't going to have a long playing career. I loved the game so much that I wanted to continue to be in the game. That option was coaching.

### **Your father coached at four different colleges, and you played for him for four years. What did you learn from him?**

The biggest thing I took away from my father was his passion for his players. He was always there for his players. He cared for his players, and they always came first. That was evident in how he ran all his programs. I also took away how to do offensive and defensive drills the right way, building a program, and how to deal with the media and alumni. I saw it all. His influence is with me every day.



Legendary Terps coach Gary Williams greets Willard

### **You coached under Pitino for a long time. Was he also a mentor of yours?**

Absolutely. I worked for Coach Pitino for 10 years. My first coaching job was with Pitino and I really saw how he did things. His defensive philosophies were important throughout my coaching career. He was so influential in my coaching career.

### **You started your coaching career with Pitino and the Boston Celtics. What was that experience like?**

It was phenomenal. The great thing about the NBA is that it is all basketball. One season and you coach about 110 games. In college, it takes four years to coach that many games. You see how the greatest players train. You see how the

greatest coaches scheme. I wish every young man had the same experience I did because it's the ultimate training guide to becoming a head coach.

### **A criticism of the Maryland program over the years has been that the Terrapins don't get enough of the nation's top players from the area. How are you going to recruit in the DMV area?**

I have recruited in the DMV a lot. My house is only two and a half hours from here. I've had a couple of players from this area. I have two guys on staff that are from this area. One went to high school in the area and the other went to college in the area. I have a very good understanding of what we need to do to recruit in this area.

### **Can you talk about the backcourt transfers, Jahmir Young and Donald Carey, that you brought in? They should have quite an impact.**

I thought the biggest thing we needed to improve was our backcourt. The team had lost its starting backcourt. I was looking for someone who could really shoot the basketball. I was familiar with Don having played against him in our conference. I knew his competitiveness and how well he can shoot the basketball. Watching Jahmir, I realized he is a guy who can play multiple positions but can really score with the basketball, and he is a very good facilitator. They are going to help the guys on the roster get better.



# History in the Making!

A PREVIEW OF THE 2023 MARYLAND LEGISLATIVE SESSION

**I**n the 2022 Midterm Elections, the Democratic Party's candidate, **Wes Moore**, became the first African American elected Governor of Maryland (and only the third ever in the U.S.). In the 2023 Maryland Legislative Session, he'll be working with a House of Delegates where Democrats now have a 99–42 advantage and a new State Senate reflecting a 32–15 Democratic majority. "It'll be a very different year," State Senate President Bill Ferguson predicted. "All four state constitutional officers will be new (Governor, Lt. Governor, Comptroller, Attorney General). It's a generational shift."

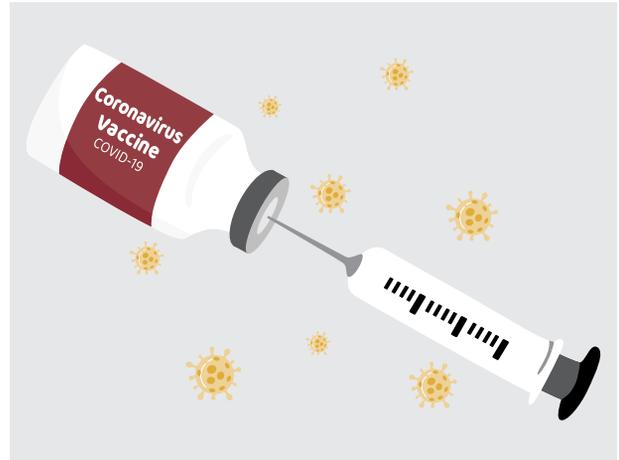


## Recap of the 2022 Legislative Session

The incoming Governor and General Assembly will have a tough act to follow after the 2022 session produced what then-Gov. Larry Hogan called “our best session yet.” New laws reformed the criminal justice system, including juvenile sentencing; strengthened cybersecurity; banned many types of “forever chemicals” (aka PFAS) that cause a range of health issues from obesity to cancer; increased access to abortion; decreased the use of fossil fuels; restricted “ghost guns”; and approved a new congressional boundaries map. Democrats won seven of Maryland’s eight House of Representatives races (and the one U.S. Senate seat being contested, held by Chris Van Hollen; Democrat Ben Cardin, who holds Maryland’s other U.S. Senate seat, wasn’t up for re-election).

Topping the 2023 session’s agenda: The ongoing Covid-19 pandemic recovery, developing a strategy for handling a national inflation rate that has reached a 40-year high and is expected to generate an economic recession, and the implementation of Proposition Four, the voter-approved ballot measure to legalize recreational marijuana. To gain insight into what lies ahead, we spoke to Democrats **Bill Ferguson** (D-46), State Senate President and Co-Chair of the Senate Legislative Policy Committee; **Sarah Elfreth** (D-30), a member of the Senate Budget and Taxation Committee; **Shaneka Henson** (D-30A), a member of the House of Delegates Appropriations Committee; and **Dana Jones** (D-30A), a member of the House of Delegates Ways and Means Committee. We also consulted with Republicans **Brian Simonaire** (D-31), Senate Minority Leader and, like Sen. Ferguson, a member of the Senate Legislative Policy Committee; **J.B. Jennings** (D-7), former Senate Minority Leader and now a member of the Senate Finance Committee; and **Jeff Ghrist** (D-36), the House of Delegates Deputy Minority Whip and, like Del. Henson, a member of the House Appropriations Committee.

## Issues That the 2023 Legislative Session Will Focus On



### HEALTH

**Covid-19:** Worldwide, as of January 1, 2023, there have been approximately 650 million total Covid-19 cases with almost seven million deaths—an increase of 150 million cases and one million deaths in the past twelve months. The United States has had about 100 million cases with roughly a million deaths, comparable to a year ago, but in Maryland, an estimated 1.3 million cases have left 16,000 dead, a 25 percent increase since last January, after a surge in cases just as the 2022 legislative session was underway. A year prior, the 2021 session had produced the **Covid-19 Testing, Contract Tracing, and Vaccination Act** requiring that the Maryland Department of Health, in coordination with local governments, set up a two-year response plan to create a Public Health Modernization Workgroup tasked with evaluating the state’s overall public health infrastructure, especially in the underserved and minority communities that have suffered disproportionately.

By the time the 2023 legislative session wraps up in April, the two-year planning period will have ended, yet Maryland still averages about a thousand new cases daily as a seemingly never-ending variants list—Alpha, Beta, Delta, Gamma, Omicron, and others—generate a succession of descendant lineages like BA.2, BA 4.6, BA.5, BF.7 BQ.1, and BQ.1.1; the latter two are now responsible for nearly half of all new cases, both in the United States and elsewhere in the world.



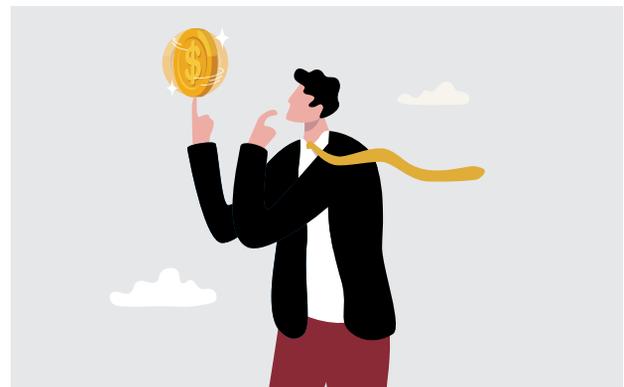
While the fully vaccinated account for about 20 percent of all new cases in Maryland, deaths are rare compared to the unvaccinated. Furthermore, many legislators remain concerned that lower test scores recorded since the start of the pandemic reflect a learning loss that began when students started attending school online. “We have to make sure that enough resources are dedicated to ensuring that this is addressed,” Sen. Simonaire said.

**Reproductive Rights:** Although abortion remains legal here, many legislators believe that Maryland will be impacted by the *Dobbs v. Jackson Women’s Health* decision overturning *Roe v. Wade*. “People from other states may come here for an abortion, since we’re the northernmost ‘line,’” Sen. Elfretth said. “I co-sponsored the abortion care access bill last year, so this term we’ll be exploring adding abortion provider protections,” Del. Jones said. “I say just leave that issue alone,” Del. Ghrist cautioned. “There are bigger issues facing us.”

**Mental Health:** Last August, the Maryland Department of Health unveiled a telehealth equipment pilot program to offer additional “clinically appropriate” services in ten different parts of the state for people who need mental health and substance use support, including funding for necessary videoconferencing tools ranging from tablets and high-speed Internet access to smartphones. “Over the last three years, Marylanders have had to cope with mental health challenges but the current system is strained; we must keep finding more ways to provide the resources that can help,” Ferguson said.

## THE ECONOMY

**A Possible Recession:** The national debt now tops \$31 trillion; the American debt-to-GDP ratio is around 125 percent (the third highest in the world; it was 95 percent ten years ago and only 82 percent as recently as 2009); the economy grew only slightly in the last quarter after two successive quarters experienced contraction; the inflation rate has climbed to around 9 percent nationwide, the highest in 40 years; and stock market value plummeted almost 20 percent between October 2021 and October 2022. While the unemployment rate in both the U.S. and Maryland is below 4 percent—significantly lower than the pandemic high of 15 percent in 2020—after four consecutive three-quarter point interest rate hikes that have seen mortgage rates rise to over 7 percent, most economists are predicting a recession in 2023, with the only disagreement being how bad it will be. Maryland’s \$52.4 billion Fiscal Year 2022 Budget led to a revenue surplus that allowed for the gasoline tax to be temporarily lifted and bolstered the state’s rainy day fund, but it won’t be known until later this year if there will be anything left over from the \$61.1 billion Fiscal Year 2023 Budget, approved last May 16. “We have to be very careful and put money aside over the next 12 to 18 months,” Ferguson advised. “We need to put up a warning sign that all spending has to be carefully planned long-term, past just this year.” Simonaire added, “It’s also important not to overspend. Inflation is still over 8 percent so there are a lot of challenges out there. Republicans will be focusing on protecting the taxpayer by acting as a fiscal watchdog.” Sen. Jennings agrees: “We may not end up having the expected revenue, but the last thing we should do right now is increase anybody’s taxes; that would just escalate the situation. Letting businesses do their job is the best approach that government can have to prepare for what’s coming.”





**Rental Housing:** Del. Henson says that rental housing remains a concern, in regard to both escalating costs and the level of quality available, especially if a recession is around the corner. “We’ve made significant strides with Covid-19 relief funding for tenants facing eviction; now that they can stay in their homes, there has to be a focus on mold and indoor air quality. Mold is not currently listed as a ‘dangerous defect’ but anything that is a threat to life, health, or safety must be part of that definition in order to encourage landlords to complete necessary repairs.”

**Employee Wages and Training:** “We have shortages in the K–12 system, nursing, and skilled trades,” Ferguson explained. “People have to be able to move up the ladder in these fields so we’re launching an advisory focus on apprenticeships to explore how we can develop more employment opportunities in all sectors.” Henson wants to raise wages for home health care workers. “We’re seeing a need for such services across the board because competitive wages contribute to a more sustainable market.”

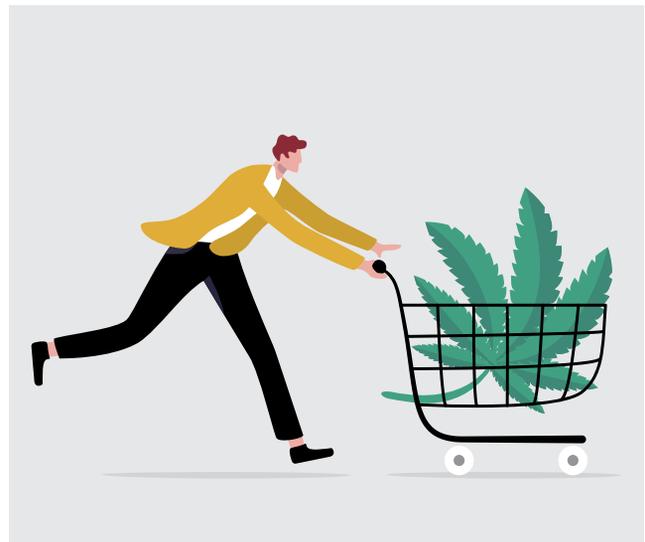
#### LEGAL ISSUES

**Recreational Marijuana:** Maryland Question Four, supporting legalizing cannabis for adults age 21 and older, was approved by the voters last November and is scheduled to take effect this July. The measure authorized the Maryland General Assembly to legislate its “use, distribution, possession, regulation, and taxation” so the next step is the creation of a licensing system, according to Ferguson. “How do we go to an equitable and well-regulated marketplace, where the two sectors—recreational and medicinal—work together? We’ll have a bill ready to go early in the session. Models for us to look at include what Illinois is doing as well as some components of the New York system.” Elfreth also wants to ensure a fair regulatory and licensing

process. “We must ensure that women, minority, and veteran-owned businesses have an equal opportunity to participate. We also need to expunge the criminal records of people serving jail time who did anything that is now legal,” she added, although that may take some time. “Remember, marijuana is still illegal at the federal level,” Ghrist warned.

**Violence:** “Ghost guns are now banned but we have to monitor enforcement mechanisms related to things like online sales, which are difficult to deal with at the state level,” Ferguson said. “We’ll have to have assistance from the federal government.” Jones is alarmed at the volume of threats made against election judges. “To protect them, we’ll impose penalties on those who make such threats, even online, and to recruit and keep them, we should increase their pay. I introduced a bill last year to raise their wages, but it didn’t pass; there was a hesitancy to do that during an election year,” she said. In light of the Supreme Court decision on New York’s concealed carry law, “I want to bring back prior bills, like not allowing even permitted guns to specific places such as voting sites,” Henson said. “Hopefully such a proposal will be met with a different response this time.”

**Marriage:** In last year’s session, Elfreth pushed hard to successfully raise Maryland’s legal age of marriage from 15 to 17 with the permission of each parent or legal guardian, except in pregnancy cases. Additionally, minors must provide evidence of self-sufficiency and attend a hearing to establish the voluntary nature of the union. “I’d like to see us get to 18 as the legal age to marry,” she said.



## INVESTING IN THE FUTURE

**Electrification:** “While Maryland has to develop a robust environmental system to monitor carbon emissions, we also have historic investments coming in from the federal government that we know will prioritize electric vehicles, which are crucial, so we’ll plan how the related infrastructure development will proceed,” Ferguson said. “We must get to a 50 percent renewable energy policy by 2030,” Elfreth emphasized. “However, our tax code is not keeping up with the pace of a large-scale conversion. Different incentive levels will encourage development of solar power and other renewable energies.”

**Education:** “We’re going to meet with our school superintendents to see how the school boards are implementing the Kirwan Commission’s policy recommendations,” Ghrist said. “Are there any parts that are untenable? Should anything already passed be tweaked?” Jones wants to increase funding for Maryland’s regional libraries. “We need to close the digital divide among our marginalized communities.”



## Conclusion

As both Maryland and the United States move gingerly into 2023, where economic uncertainty awaits, and then 2024, which has a presidential election that could further complicate the already highly tense political climate, it is more important than ever that state governments work together, both within their ranks across the aisle and with other states, to create broad, comprehensive, and most of all, effective policies that will improve the lives of all Americans.

“After eight years of Larry Hogan, Maryland is in good fiscal shape,” Simonaire observed. “Now we’ve got a new administration coming in with new ideas,” Jennings said. Even so, Simonaire—the Republican Minority Leader—is optimistic: “It is my hope that we’ll be able to work with the incoming administration.” Senate President Ferguson agrees. “I’m very excited to get to work with all of the new people.” States are often referred to the “the laboratories of democracy” where best practices—successful solutions that can be replicated—are formulated and exported to other representative bodies facing similar problems. Only when both political parties see each other as potential partners, rather than representing isolated and competing bases, will this nation collectively move past the many complex challenges that threaten to unravel all that has been accomplished since the start of the Covid-19 pandemic.

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*Mark Croatti, who teaches courses on Comparative Politics and Public Policy at George Washington University and the University of Maryland, has covered state and local politics since 2004.*



LEADERS IN EDUCATION



## CAMPUS NOTES

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**Enrollment:** 955

**Student to Faculty Ratio:** 9:1

**Majors Offered:** 31

**Clubs & Orgs:** 100+

**2022-2023 Tuition:**  
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## CLASS OF 2026 NOTES

**States Represented:**  
26

**Percentage of students from MD., Del., VA., & D.C.:** 59%

**% of student who identify as students of color:** 30.6%

**% of first gen students:** 20.8%

**GPA Average:** 3.75

**% of students receiving institutional aid:** 100%

**Average institutional aid awarded:**  
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Washington College is one of the top liberal arts colleges in the country. Students find a rigorous academic program taught by outstanding faculty who are remarkable scholars and mentors. With more than 30 majors across the disciplines and nationally recognized centers of excellence, Washington's unique campus on the Eastern Shore—which features a 112-acre main campus, a waterfront campus in town and a 5,000-acre River and Field Campus—provides access to Washington, D.C., Baltimore, and Philadelphia.

Washington students take advantage of an array of opportunities that not only broaden their education but have profound impact in pursuing successful careers after graduation. They engage in graduate-level research—often presenting findings at national conferences—and participate service learning, while choosing from among thousands of internship opportunities and range of study abroad programs.

The Washington College experience empowers students and motivates them to expand their perspectives in a community committed to diversity and inclusion. The focus is on academics, but we encourage students to put the books down and try new things. Washington's residential campus has everything you would expect from a top-rated college—more than 100 clubs and organizations, 20 intercollegiate athletic teams, 14 of which compete in NCAA Division III and the Centennial Conference, as well as club and intramural sports, live theatre, dance, and music performances, leadership roles, volunteer opportunities and more.

A Washington College education, with its expansive opportunities both in and out of the classroom combined with strong outcomes for graduates, offers students and their families an exceptional value.



**92%**

of graduates employed or attending grad school within 9 months

**10,000+**

internship opportunities available in all disciplines

**84%**

acceptance rate for students applying to medical school



## CAMPUS NOTES

### Grades:

2.5 yrs. - Grade 12

### Religious Affiliation:

Non-Sectarian

### Educational Environment:

Co-ed

### 2022 - 2023

**Enrollment:** 660

### 2022-2023 Tuition:

\$9,355 - \$31,980

### Average Financial Aid

**Award:** \$12,000

### Uniforms:

No

### Students of Color:

39%

### Student to Faculty

**Ratio:** 6:1

### Average Class Size:

16

### Advanced Courses

**Offered:** 14

### Interscholastic Teams:

40

### College Advising

**Support:** 90+ hours

### Outdoor Education

**Experiences:** 100+ hours

### Languages Taught:

Arabic, French, Latin,  
Spanish

### Visual & Performing

**Arts Offerings:** 35+

# Key School

534 Hillsmere Drive | Annapolis, MD 21403 | [keyschool.org](http://keyschool.org)

Instagram & Facebook @thekeyschool | 410.263.9231

Key School engages children from 2.5 years old through grade 12 in an innovative, coeducational, college-preparatory program on its picturesque 15-acre campus located 4 miles from downtown Annapolis.



## More Than a School

Key is renowned for its rigorous academic program, which emphasizes inquiry-based learning and interdisciplinary studies, and produces unparalleled student outcomes.

But Key is more than just a school.

It's a diverse community where students are transformed through authentic connections with their teachers and peers. It's a training ground for winning athletic teams and talented artists. It's a safe space where students take risks, self-advocate, and grow into ethical citizens and exceptional leaders.

Key School is one of the most sought-after college preparatory programs in Maryland because we are more than a school.

Experience the Key difference for yourself! Schedule a private weekday tour of campus with one of our admission counselors today.

**#1 Private School in Anne Arundel County**

**#5 K-12 Private School in Maryland**

## 2019-2022 Student Outcomes



**1397+**

25% scored 1397 or higher on the SAT

**1310**

SAT average (MD average is 1221)

**86%**

earned merit scholarships to college

**17**

League Championships



Key's innovative approach to teaching and learning is what sets us apart from other independent schools. Over 60 years of unparalleled student outcomes show us this innovative approach works.



Key's Fusco Athletic Park is a 70-acre state-of-the-art facility with multi-purpose athletic fields, tennis courts, baseball diamond, a pavilion with locker rooms, and a fully equipped trainer's room.



Creating opportunities for experiential learning through outdoor education is an integral part of the Key experience.



## CAMPUS NOTES

**Year Founded:** 1845

**Religious Affiliation:**  
Catholic

**Grades:** 9-12

**2022-2023**

**Enrollment:** 1,183

**Individualized Schedules:** 1,000+

**AP Courses:** 28

**2022-2023 Tuition:**  
\$18,175

# Calvert Hall College High School

8102 LaSalle Road, Baltimore, MD 21286 | 410.825.4266 | calverthall.com

We believe that learning doesn't end at 2:45pm, and a student's education extends beyond the classroom. After the end of the academic day, the Calvert Hall campus continues to be filled with enthusiasm, creativity, and conversation. Our activities program allows Calvert Hall students to pursue their interests while they make new friends, develop new skills, and grow a sense of confidence. With more than 60 faculty moderated clubs, student publications, community service organizations, and music and performance ensembles, we have something for everyone.

A leader in the Baltimore community since 1845, we are known for our academic rigor. Students have the opportunity to choose from 28 Advanced Placement courses, 45 honors courses, and 90+ academic electives. 71% of our

faculty members have earned advanced degrees and have an average of 17 years of experience educating students.

We are also proud to offer daily bus service from Anne Arundel County to Calvert Hall.



**60+**  
Faculty  
moderated clubs

**90+**  
Academic  
electives



## CAMPUS NOTES

**Year Founded:** 1954

**Religious Affiliation:**  
Catholic

**Principal:**  
Mrs. Alexa Cox

**Grades:** Pre-K2 - 8th

**Enrollment:** 539

**2022-2023**

**Tuition & fees:**

Pre-K: \$3,509 - \$10,528\*; full-day  
Pre-K4 - Grade 8\*\*:  
\$7,954 - \$8,811

\*Rates within this range start at tuition for part-time programs; \*\*Multi-student discount available. Transfer Grants and Welcome Grants offered.

# Monsignor Slade Catholic School

Educating and Inspiring Leaders Since 1954

120 Dorsey Rd., Glen Burnie, MD 21061 | msladeschool.com | admissions@msladeschool.com | 410-766-7130

Monsignor Slade inspires joyful learners to live and lead as disciples of Christ. Dedicated faculty guide students to flourish academically, spiritually, and personally by pursuing knowledge and a deeper understanding of Christian values and our faith.

In Slade's community, students are valued individually. Experienced, certified teachers encourage exploration and personal discovery readying our graduates to positively impact the world.

### Our preschool program (Pre-K2 - Pre-K4)

- Encourages natural curiosity
- Provides tools, knowledge, and social-emotional-readiness required for Kindergarten

### Our primary program (Kindergarten - Grade 2)

- Piques inquisitiveness; hones social and emotional skills; invites discovery of the world and faith
- Includes a thorough study of grammar, phonics, complex mathematics, arts-integration, STREAM coursework, cursive handwriting

### Our intermediate and middle school programs (Grades 3 - 8)

- Encourage active, personal pursuit of learning
- Develop knowledge, skills, and a desire for success in high school & beyond

- Include intensive grammar and writing, Algebra and pre-Algebra, arts-integration and STREAM opportunities

### Co- and extra-curricular

- MAEOE Certified Green School
- Award-winning band and fine arts programs, clubs
- Competitive athletics leagues
- Middle school elective courses
- Summer enrichment

We invite you to experience all that Slade offers--evidenced by generations of successful graduates! Join us for recruitment events; register online or call 410-766-7130 today.



**24**  
Average  
Class Size

**16:1**  
Student to  
teacher ratio



MONSIGNOR  
**SLADE**  
Catholic School



## CAMPUS NOTES

**Year Founded:** 1954

**Religious Affiliation:**  
Non-sectarian

**Head of School:**  
Matt Walsh

**Grades:**  
Age 2–Grade 12

**2022-2023**  
**Enrollment:** 780

**Little Dragons**  
**(2–3 Years Old)**  
**Tuition:** \$12,710–\$24,805

**Lower School (Pre-K–Grade 5)**  
**Tuition:** \$21,950–\$29,780

**Middle School (Grades 6–8)**  
**Tuition:** \$29,780–\$30,770

**Upper School (Grades 9–12)**  
**Tuition:** \$32,630

# Glenelg Country School

12793 Folly Quarter Road, Ellicott City, MD 21042 | 410.531.7347 | [www.glenelg.org](http://www.glenelg.org)

Glenelg Country School balances the essential needs of children in a program that promotes proactive caring, a spirit of independence, and purposeful collaboration. Teachers model the qualities and habits of mind that they want to inspire in students, while focused instruction gives students ample space and time to explore and practice being who they want to become.

Through integrated learning, a supporting learning environment, a culture of service, and a commitment to diversity, inclusion, and belonging, students from age 2 through grade 12 share a promise to being there for each other, celebrating success no matter what that looks like, and remaining true to who we as Dragons.

No matter when students start their journey at Glenelg Country School, they discover a



**12**

Average  
class size

**7:1**

Student to  
Teacher Ratio

sense of self, an appreciation for community, and a shared understanding of purpose. Small classes, passionate teachers, and opportunities for growth keep our students engaged from age 2 through grade 12. We invite you to visit our 90-acre campus in Howard County during our Discovery Day on Friday, October 15. Learn more at [www.glenelg.org/discover](http://www.glenelg.org/discover).



## CAMPUS NOTES

**Year Founded:** 1963

**Religious Affiliation:**  
Episcopal

**Head of School:**  
Mr. Michael S. Mullin

**Grades:**  
Preschool – Grade 8

**Enrollment:** 425

**Tuition and Fees:**  
\$12,125 - \$14,305  
\$1,200 - \$1,900

# Holy Trinity: An Episcopal School

13106 Annapolis Road, Bowie, MD 20720 | 11902 Daisy Lane, Glenn Dale, MD 20769 | 301-262-5355

Holy Trinity: An Episcopal School is ever faithful to its values of academic excellence, spiritual and moral formation, and inclusiveness as it educates over 425 students in Prince George's and surrounding counties. Holy Trinity is a Preschool through 8th grade independent school. Our expert faculty and staff seek to know and deeply understand students, so that students become their BEST YOU!

Students are encouraged to take thoughtful and bold chances in the classroom at Holy Trinity because this is where real learning takes place. Holy Trinity's distinctive integration of Music into the curriculum ignites a student's imagination, enhances problem-solving skills, instills self-discipline and patience, and furthers their ability to collaborate. Here, students learn more about more: STEM; Friendship; Episcopalian Values; Spanish; Outdoor Education. Some prioritize rigorous academics. Holy Trinity prioritizes rigorous balance. Holy Trinity strives to graduate better students, but more importantly, better people. At Holy Trinity, students study Kindness, master Compassion, research Character and excel in Selflessness. Holy Trinity students shine inside and outside the classroom of the best private and public high schools in the region. Our graduates leave Holy Trinity and become great leaders, scholars, student-athletes, musicians, and good citizens.



**18**

Average  
Class Size

**10:1**

Student to  
teacher ratio





## CAMPUS NOTES

**Year Founded:** 1925

**President:**

Dr. Carolyn Ringer Lepre

**Programs:**

47 undergraduate majors

17 master's and  
doctoral programs

**2022-2023**

**Enrollment:** 7,500

**2022-2023 Tuition**

**& Fees:** in state: \$10,396,  
out state: \$20,872

Nationally ranked among the top colleges and best values by *The Princeton Review*, *U.S. News & World Report*, *Forbes*, *Money* and others.

# Salisbury University

1101 Camden Avenue, Salisbury, MD 21802 | 410-543-6161 | [www.salisbury.edu](http://www.salisbury.edu)

## Make Tomorrow Yours

Salisbury University sets success in motion with a community and culture where every student is heard, seen, supported and challenged. SU propels students forward to a better tomorrow in their lives and careers. In a warm and welcoming environment, students explore programs across business, education, health and human services, the liberal arts, and sciences. Professors mentor students in a way that sparks change by connecting ideas to real-world, hands-on experiences. Students study where their opportunities are endless, their cost is affordable and their return on investment pays back a lifetime of possibilities. This is why so many Salisbury graduates are thriving – across Maryland and beyond. Make Tomorrow Yours: [salisbury.edu](http://salisbury.edu)



**13:1**

Student to  
faculty ratio

**Top 25**

Best College  
Libraries



## CAMPUS NOTES

**Year Founded:** 1914

**Grades:** PreK - 12th

**2022 - 2023 Tuition:**

PreK – 5 full days: \$19,050

Kindergarten: \$21,265

Grades 1-5: \$23,365

Grades 6-12: \$30,140

# Severn School

Lower School - 1185 Baltimore Annapolis Blvd, Arnold, MD, 410-647-7700

Middle/Upper School - 201 Water Street, Severna Park, MD, 410-647-7700  
[severnschool.com](http://severnschool.com)

At Severn School, we believe that there are many ways to lead and that every student has the potential to be exceptional. Every day, our teachers model what it means for students to lean into academic challenges, step into personal growth opportunities, and cultivate a diverse and thriving community. Severn students will develop the core skills the world needs now – intellectual agility, unwavering integrity, emotional intelligence, personal wellness, and instinctive inclusivity.

By reimagining leadership and focusing on these core values, students at Severn School are empowered to develop the character, skills and intellectual agility that is required of today's leaders. What they learn here is that education is about more than what you know. Instead, it's about who you are. And who we are is a student-centered learning community committed to fostering excellence, courage and scholarship in order to make meaningful contributions to the world around us.



**14**

Average  
Class Size

**10:1**

Student to  
teacher ratio





## CAMPUS NOTES

**Year Founded:** 2002

**Religious Affiliation:**  
Catholic

**Principal:**  
Ms. Nancy Baker

**Grades:**  
PreK4 - 8th

**2021 - 2022 Enrollment:** 775

**2022 - 2023 Tuition:**  
\$5,690 - \$9,200

**Open Houses:**  
January 28th  
8:30-11:00AM

# School of the Incarnation

2601 Symphony Lane, Gambrills, MD 21054 | 410.519.2285 | schooloftheincarnation.org

School of the Incarnation is a fully-accredited Catholic school that educates over 750 students in central Anne Arundel County on a beautiful 26-acre campus. School of the Incarnation is officially associated with the five Catholic parishes St. Joseph Catholic Church, Our Lady of the Fields, Holy Family Catholic Church, St. Elizabeth Ann Seton Catholic Church, Our Lady of Perpetual Help Catholic Church. The School of the Incarnation embraces an inter-parish community of children with differing gifts. Through collaboration amongst the faculty, parents, and other professionals, the School is dedicated to cultivating and promoting academic excellence in an environment immersed in Gospel values. This commitment is woven seamlessly into the academic program and student life. We seek to provide a distinctive educational experience to a diverse body of learners and to cultivate our students' ability to think globally and behave ethically.



**26**

Average  
Class Size

**16:1**

Student to  
teacher ratio



## CAMPUS NOTES

**Year Founded:** 1957

**Head of School:**  
Tony Shaffer

**Grades:** Preschool – 8

**2022-2023 Enrollment:**  
285

**2022-2023 Tuition:**  
\$3,600 - \$14,100

**Financial Aid Available**

# St. Martin's-in-the-Field Episcopal School

375-A Benfield Road, Severna Park, MD 21146 | 410-647-7055 | www.stmartinsmd.org

St. Martin's is located on an 8-acre campus in the heart of Severna Park. We are proud to educate and nurture students in Preschool through 8th grade to be learners, leaders and friends. We seek to create a welcoming educational environment, encouraging each individual to grow in confidence, creativity, integrity, compassion and character, grounded in the knowledge that each is a child of God.

We offer a curriculum that is academically rigorous and allows for our educators to provide individualized instruction and our students to learn in a hands-on manner. Every child is known, and all students participate in Music, Spanish, Physical Education/Wellness, Sacred Studies and regular Chapel services. Students in grades K-8 partake in Technology, Library,

Art and Service Learning. We offer after-school clubs and activities at all grade levels, in addition to interscholastic sports in the Middle School.

Learn more about St. Martin's at [stmartinsmd.org](http://stmartinsmd.org) and contact Director of Admissions Kira Dickson, [kdickson@stmartinsmd.org](mailto:kdickson@stmartinsmd.org), 410-647-7055 x4044, to schedule a private tour or register for our January 25th Open House.



**15**

Average  
class size

**8:1**

Student to  
teacher ratio



# Soar Above & Beyond



The **University of Maryland Eastern Shore** is a Top 20 HBCU that treats you like family. We offer more than 60 Bachelor's degrees, 15 Master's and 7 Doctoral degrees. We have exciting programs in fields such as Aviation, Engineering, Digital Media and 8 Healthcare professions - to name a few.

See yourself soar into a bright future with a degree from the University of Maryland Eastern Shore.



**UNIVERSITY OF MARYLAND  
EASTERN SHORE**  
umes.edu

# DISCOVER INDIAN CREEK SCHOOL!



Indian Creek is a premiere independent school where **KINDNESS** is currency, **WELL-BEING** is priority, and **EXCELLENCE IN EDUCATION** is relentlessly pursued.

## Why Indian Creek School?

- **Indian Creek's academic program is beyond compare.** From opportunities like our intensive STEM program, the Voros Senior Thesis in the Humanities, and the AP Seminar diploma program in the Upper School to our Middle School Project Based Learning curriculum and Pre-K Outdoor Program, Indian Creek students from PK-12 experience a state-of-the-art education taught by passionate educators.
- **Indian Creek is dedicated to helping students discover and pursue their passions.** ICS students are athletes, artists, activists, entrepreneurs, scientists, poets, musicians, inventors, community servants, and more. Students don't have to choose one pursuit over another, but are able to excel in multiple areas.
- **Indian Creek is built on a culture of kindness** where every student feels a sense of belonging. With this confidence, students are able to achieve new heights in and out of the classroom. ICS students are known for their integrity, kindness, and empathetic leadership.
- **Indian Creek is a family school.** Students, parents, and faculty support each other through close communication and a common goal of helping students thrive.



*Schedule a private tour of our beautiful 114-acre wooded campus, just minutes north of Annapolis:*

[indiancreekschool.org](http://indiancreekschool.org)



**INDIAN CREEK SCHOOL**





# 2023 Private School Guide

Welcome to the definitive 2023 Private School Guide! Selecting a private school that is the perfect fit and has all the right pieces for your child and your family's wants and needs requires considerable time and research. The format of the guide allows you to easily navigate local private schools' vital information (tuition, student/teacher ratios, key contacts, etc.) and quickly learn about their education philosophies, affiliations, student clubs, extracurricular programs, sports offerings, and more.

**PLEASE NOTE:** This information is up-to-date as of our print deadline. Because some schools have varying data points, you will see "N/A" (Not Applicable) for several schools' categories that do not apply. The Performance/Creative Arts Offerings, Extracurricular Clubs, and Interscholastic Sports categories also have varying data references because some schools have a specific number of programs, while other schools vary year to year. If you have questions or concerns, please contact the school directly.

# Private School

\*Most recent statistics provided

ADVERTISERS IN BLUE

DESCRIPTION

YEAR FOUNDED

RELIGIOUS AFFILIATION

PRINCIPAL/HEAD OF SCHOOL

GRADE LEVELS

ENROLLMENT

AVG. CLASS SIZE

GREATER ANNAPOLIS

<p><b>ANNAPOLIS AREA CHRISTIAN SCHOOL—LOWER</b> 61 Gambrells Road, Severn 410-519-5300; aacsonline.org</p>	<p>AACS is an accredited K – 12 private, co-ed, school with four campuses in AA county. We provide an excellent, distinctively Christian education.</p>	1971	Christian	Karl Graustein	K-5	241	10-15
<p><b>ANNAPOLIS AREA CHRISTIAN SCHOOL—LOWER (ANNAPOLIS CAMPUS)</b> 710 Ridgely Ave, Annapolis 410-519-5300; aacsonline.org</p>	<p>AACS is an accredited K – 12 private, co-ed, school with four campuses in AA county. We provide an excellent, distinctively Christian education.</p>	1971	Christian	Elizabeth Williams	K-5	241	10-15
<p><b>ANNAPOLIS AREA CHRISTIAN SCHOOL—MIDDLE</b> 716 Bestgate Road, Annapolis 410-846-3505; aacsonline.org</p>	<p>AACS is an accredited K – 12 private, co-ed, school with four campuses in AA county. We provide an excellent, distinctively Christian education.</p>	1971	Christian	Benjamin Peddicord	6-8	219	18-25
<p><b>ANNAPOLIS AREA CHRISTIAN SCHOOL—UPPER</b> 109 Burns Crossing Road, Severn 410-846-3507; aacsonline.org</p>	<p>AACS is an accredited K – 12 private, co-ed, school with four campuses in AA county. We provide an excellent, distinctively Christian education.</p>	1971	Christian	David Intlekofer	9-12	377	18-25
<p><b>BOOK OF LIFE ACADEMY*</b> 913 Cedar Park Road, Annapolis 410-263-2600; bookoflifeacademy.com</p>	<p>Located in Annapolis, Book of Life offers a Christian education through various daily enrichment programs.</p>	1982	Christian	Rebecca Lemus	K2-5	115	12
<p><b>CALVARY CENTER SCHOOL</b> 301 Rowe Boulevard, Annapolis 410-268-3812; calumc.org/ccs-about calvarycenter@calumc.org</p>	<p>Calvary Center School is a preschool for children ages 3 and 4, and also offers extended care options.</p>	1986	Methodist	Claire Zarrilli	PreK 3-5	75	12-15
<p><b>CHESAPEAKE MONTESSORI SCHOOL</b> 30 Old Mill Bottom Road North, Annapolis 410-757-4740; chesapeake-montessori.com</p>	<p>We believe that education is an exciting process of discovery that builds a foundation for critical thinking, self-discipline, and a life-long love of learning. We respect that children and adolescents should be encouraged to progress at their own pace, regardless of age or ability. We are committed to practicing authentic Montessori to guide children and adolescents to their full potential</p>	1977	Non-Sectarian	Robert Wirts	18 months-8th grade	145	N/A
<p><b>CHESTERTON ACADEMY OF ANNAPOLIS*</b> 31 Rowe Blvd, Annapolis 410-855-3216; chestertonacademyofannapolis.org</p>	<p>Chesterton Academy of Annapolis is raising up joyful leaders and saints, educated in the classical tradition and the truths of the Catholic faith. Our rigorous, integrated curriculum unlocks student's potential and prepares them to succeed in college and professional life, and to excel in service of family, of country, and of Christ our Lord.</p>	2018	Catholic	Lisa Williams	9th-12th	29	10
<p><b>THE HARBOUR SCHOOL AT ANNAPOLIS*</b> 1277 Green Holly Drive, Annapolis 410-974-4248; harbourschool.org</p>	<p>The Harbour School, located in Cape St. Claire, has an individualized way of teaching, and adapts to the students' way of learning.</p>	1982	Non-Sectarian	Linda J. Jacobs	1-12	189	8-10
<p><b>HERITAGE LEARNING CENTER</b> 1740 Forest Drive, Annapolis 410-263-6680; heritagelearningcenter.org</p>	<p>Quality early learning experience in a loving, safe, inclusive environment where children develop a love for learning</p>	1985	Non-denominational	Vickie Whitley	2 years to PreK 4s and 5s	50	10-14
<p><b>INDIAN CREEK SCHOOL</b> 1130 Anne Chambers Way, Crownsville 410-849-5151; indiancreekschool.org</p>	<p>Indian Creek School is a premier college-preparatory school for students in grades Pre-K3 through grade 12, located on a beautiful 114 acre wooded campus just minutes north of Annapolis. At Indian Creek, kindness is currency, well-being is priority and excellence in education is relentlessly pursued.</p>	1973	Non-Sectarian	Booth Kyle	PreK 3-Grade 12	560	16
<p><b>KEY SCHOOL</b> 534 Hillsmere Drive, Annapolis 410-263-9231; keyschool.org</p>	<p>Key is renowned for its rigorous academic program, which produces unparalleled student outcomes. It's a diverse community where students are transformed through authentic connections, a safe space where students grow into ethical leaders and a training ground for winning teams and talented artists. Key school is one of the most sought-after programs in Maryland because we are more than just a school.</p>	1958	Non-Sectarian	Matthew Nespole	Key-Wee (2.5 years)-12th grade	660	16-18
<p><b>MAVEN ACADEMY</b> 1908 Forest Drive Suite 2J 410-216-7070; themavenacademy.com</p>	<p>The Maven Academy is unique among Annapolis Area private schools. We are a small school offering core subjects and electives to students in grades 6 through 12, Tuesday through Thursday. While we strive to adhere to biblical and moral principles, we do not teach religion and we are respectful to all faiths.</p>	2014	Christian	Gina Vogel	6-12	25	13
<p><b>MONTESSORI INTERNATIONAL CHILDREN'S HOUSE</b> 1641 North Winchester Road, Annapolis 410-757-7789; montessorinternational.org</p>	<p>Recognized by the Association Montessori Internationale, Montessori International Children's House educates to students ages 18 months to 12 years. Extended day available.</p>	1985	Non-Sectarian	Elizabeth Whitaker	18 months-6th grade	150	12-25

	RATIO	TUITION PER YEAR	OPEN HOUSE DATES	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/ VOLUNTEER REQUIREMENT
	11:1	\$14,150 (K5) and 14,930 (1st-5th)/year	January 12th and February 16th, 9 a.m.; Register online	Coed	Yes	Yes	Yes	0	0	Spanish	4	2	0	N/A
	11:1	\$14,150 (K5) and 14,930 (1st-5th)/year	January 9th and February 9th, 9 a.m.; Register Online	Coed	Yes	Yes	Yes	0	0	Spanish	4	2	0	N/A
	11:1	\$17,570/year	January 26th, 9 a.m.; Register online	Coed	Yes	Yes	Yes	0	0	Spanish, ASL	6	4	5	N/A
	10:1	\$22,300/year	Call for Information	Coed	Yes	Yes	Yes	11	0	Chinese, French, German, Latin, Spanish, ASL, ESL	21	20	15	8 hours per year (encouraged, not required)
	6:1	\$5,000–6,000/year	Call for Information	Coed	No	Yes	Yes	0	0	Spanish	Music and Fine Arts	Multiple	0	N/A
	6:1	\$340–760/month	Call for Information	Coed	No	No	No	0	0	N/A	Music Classes and Programs	Community Events/Service Opportunities	0	N/A
	Varies	\$12,890–\$18,900/year	January 22nd, 2023	Coed	No	No	Yes	0	0	Spanish	Art and music	Multiple	0	72 hours per year (grades 7 and 8)
	6:1	\$9,900/year	Call for Information	Coed	Yes	Yes	Yes	0	0	Latin and Spanish	Art, Choir, Drama, Debate	Ballroom Dance and Pro Life	Soccer, Track and Field, Ultimate Frisbee	N/A
	2:1	\$41,726/year	Call for information	Coed	No	Dress code	No	0	0	N/A	Studio art and performing arts	5	4	75 hours for seniors
	6:1 to 10:1	\$240 see website for details	Call for information	Coed	N/A	N/A	Yes	N/A	N/A	No	Music	N/A	N/A	No
	7:1	\$18,500–\$29,700/year	Private Tours Upon Request	Coed	Yes	Yes	Yes	21	0	Spanish, Latin, Arabic, Japanese	27+	30+	14	75 hours recommended
	6:1	\$9,355–\$31,980/year	Call for Information	Coed	Yes	No	Yes	6 AP; 14 Advanced	0	Arabic, French, Latin, Spanish	25+	45	40	N/A
	7:1	\$5,200/year	Call for Information	Coed	No	Yes	No	0	0	Out-sourced	Varies	Varies	0	Encouraged, not required
	Varies; 4:1 to 15:1	\$10,900–15,500/year	Call for Information	Coed	No	No	Yes	0	0	Spanish	Music	Varies by year	0	N/A

# Private School

\*Most recent statistics provided

ADVERTISERS IN BLUE

DESCRIPTION

YEAR FOUNDED

RELIGIOUS AFFILIATION

PRINCIPAL/HEAD OF SCHOOL

GRADE LEVELS

ENROLLMENT

AVG. CLASS SIZE

<p><b>NAVAL ACADEMY PRIMARY SCHOOL</b> 74 Greenbury Point Road, Annapolis 410-757-3090; napschool.org</p>	<p>Naval Academy Primary School is an independent, co-educational school with ties to the U.S. Naval Academy, serving civilian and military families alike.</p>	1949	Non-Sectarian	Robyn M. Green	PreK-7	275	12-15
<p><b>ROCKBRIDGE ACADEMY</b> 680 Evergreen Road, Crownsville 410-923-1171; rockbridge.org</p>	<p>Celebrating over 25 years as a classical Christian school, Rockbridge Academy is ready to welcome K-12 students into a transformative learning community, where children grow to be the compassionate, thinking leaders of the next generation. Come tour our new campus!</p>	1995	Christian	Roy Griffith	Junior K-12th grade	377	14
<p><b>ST. ANNE'S SCHOOL OF ANNAPOLIS*</b> 3112 Arundel on the Bay Road, Annapolis 410-263-8650; stannesschool.org</p>	<p>Our progressive curriculum is grounded research. We are committed to a holistic education that celebrates each child's uniqueness in an authentic, diverse, and inclusive community of students. Our families share our vision of delivering a challenging, high-quality academic, social, and emotional program.</p>	1992	Episcopal	Andrea Weiss	Twos-8th grade	320	14
<p><b>Ss. CONSTANTINE AND HELEN PRESCHOOL*</b> 2747 Riva Road, Annapolis 410-573-2078; sschschoool.org</p>	<p>Our mission is to provide a safe and loving Christian environment where children can grow and develop while being introduced to the Hellenic culture and tradition.</p>	2015	Greek Orthodox	Emily Soeffing	Preschool	37 per day	10 - 12
<p><b>ST. MARTIN'S LUTHERAN SCHOOL OF ANNAPOLIS</b> 1120 Spa Road, Annapolis 410-269-1955; stmartinsonline.org</p>	<p>Saint Martin's Lutheran School provides private, Christian education in a safe, secure and inclusive environment with a focus on small class sizes.</p>	1963	Lutheran	Patrick Kiley	PreK (3)-8	142	12
<p><b>ST. MARGARET'S DAY SCHOOL*</b> 1605 Pleasant Plains Road, Annapolis 410-757-2333, stmargaretsdayschool.org</p>	<p>St. Margaret's Day School is located on the Broadneck peninsula on the historic campus of St. Margaret's Church. The school is accredited by the National Association of the Education of Young Children and is Green Certified through MAEOE</p>	1995	Episcopal	Tricia McVeigh	2 years-K	130	12-20
<p><b>ST. MARY'S ELEMENTARY SCHOOL*</b> 111 Duke of Gloucester Street, Annapolis 410-263-2869; stmarysannapolis.org</p>	<p>Located in downtown Annapolis, St. Mary's Elementary offers a broad educational curriculum with Christian values to its students.</p>	1862	Catholic	Rebecca Zimmerman	PreK-8	800	28
<p><b>ST. MARY'S HIGH SCHOOL*</b> 113 Duke of Gloucester Street, Annapolis 410-263-3294; stmarysadmissions.org</p>	<p>Located next to the elementary school, St. Mary's High is a college preparatory day school that focuses on the traditions of the School Sisters of Notre Dame.</p>	1946	Catholic	Mindi Imes	9-12	507	20
<p><b>ACTON ACADEMY SEVERNA PARK</b> 678 Ritchie Hwy, Severna Park 410-757-4875; marylandcuriositylab.org/acton-academy</p>	<p>We believe that school should ignite curiosity, not extinguish it. We are opening an Acton Academy (grades 1-6) in the fall of 2023. The Acton approach combines Montessori principles with educational technology and real-world projects.</p>	2022	Non-Sectarian	Roman Hardgrave	1-6	10	10
<p><b>DIVINE MERCY ACADEMY*</b> 8513 St. Jane Drive, Pasadena 410-705-0778; divinemeracy.md</p>	<p>Divine Mercy Academy is an independent private day school in the Catholic tradition for children in Kindergarten through Eighth Grade.</p>	2019	Catholic	Ali Ghaffari	K-8	90	15
<p><b>SEVERN SHOOOL-CHESAPEAKE CAMPUS (LOWER)</b> 1185 Baltimore Annapolis Boulevard, Arnold 410-647-7700; severnschool.com</p>	<p>Our teachers model what it means for students to lean into challenges, step into personal growth opportunities, and have the tough conversations needed for social change. Since when we define leadership by the positive impact we have on others, we become the dynamic individuals our world depends.</p>	1914	Non-Sectarian	Douglas Lagarde	Pre-school-5th grade	252	14
<p><b>SEVERN SCHOOL-TEEL CAMPUS (UPPER)</b> 201 Water Street, Severna Park 410-647-7700; severnschool.org</p>	<p>Our teachers model what it means for students to lean into challenges, step into personal growth opportunities, and have the tough conversations needed for social change. Since when we define leadership by the positive impact we have on others, we become the dynamic individuals our world depends.</p>	1914	Non-Sectarian	Douglas Lagarde	6-12	642	14
<p><b>ST. JOHN THE EVANGELIST SCHOOL</b> 669 Ritchie Highway, Severna Park 410-647-2283; stjohnspschool.org</p>	<p>Located on over thirty acres, St. John the Evangelist School offers rigorous academics in a nurturing environment for students in Pre-K through 8th grade.</p>	1959	Catholic	Casey Buckstaff	PreK-8th grade	552	25
<p><b>ST. MARTIN'S IN-THE-FIELD EPISCOPAL SCHOOL</b> 375-A Benfield Road, Severna Park 410-647-7055; stmartinsmd.org</p>	<p>St. Martin's is an independent school with a STEAM-based curriculum, encouraging students to discover their potential while learning with confidence, compassion and character. The school is located on an 8-acre campus, and offers three high school level courses as well as a wide variety of extracurricular programs for all ages.</p>	1957	Episcopal	Anthony Shaffer	Preschool 3s-8th grade	283	16

SEVERNA PARK/ PASADENA

	RATIO	TUITION PER YEAR	OPEN HOUSE DATES	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/ VOLUNTEER REQUIREMENT
	9:1 (PreK); 16:1 (K-5th)	\$6,276-12,144/year	February 5th, 1-3 p.m.	Coed	Yes	Yes	Yes	0	0	French	Music and Fine Arts	16	Cross Country and Basketball	N/A
	6:1	\$7,400-17,170/year	January 20th and February 20th, 2023	Coed	Yes	Yes	Yes	Honors level (Upper)	0	Latin, Spanish	25	23	6	Daily service duties and mentoring opportunities
	9:1	\$4,080-22,100/year	Call for Information	Coed	Yes	Yes	Yes (Pre-school-grade 8)	0	0	Spanish	7	11	6	10 hours (grade 8)
	10:1	Half day program \$175-\$390 a week (2-5 days); Full day program \$320-\$765 a week (2-5 days)	Call for Information	Coed	No	Yes	No	0	0	Greek	Music Classes on Tuesdays	No	No	No
	8:1	\$6,300-14,000/year	Tours are always available	Coed	No	Yes	Yes	N/A	N/A	Spanish	5	12	7	Yes
	5:1	\$2,400-8,100/year	Call for Information	Coed	No	Optional	Yes	0	0	Spanish	Music Together, ballet, Jump bunch	3-4	Soccer, Basketball, Cheer	N/A
	6:1 (PreK-K); 12:1 (grades 1-3); 15:1 (grades 4-5)	\$8,880/year (Catholic); \$10,206/year (Non-Catholic)	Call for Information	Coed	K & MS	Yes	Yes	0	0	Spanish	5	Multiple	4 (middle school)	Weekly service projects, community outreach, Saints in action
	14:1	\$15,306/year (Catholic); \$17,136/year (non-Catholic)	Call for Information	Coed	Yes	Yes	Yes	16	0	Spanish, French, Latin	15	30	19	75 hours
	10:1	\$13,000-\$15,000/year	Visit our website	Coed	No	No	Yes	0	0	N/A	Multiple	Multiple	0	N/A
	5:1	\$7,500/year	Call for Information	Coed	N/A	Yes	Yes	0	0	Latin	Art and Music	Dance and Self Defense	0	25 hours
	10:1	\$23,365/year; PS-K varies	Call for Information	Coed	Yes	Yes	Yes	0	0	Spanish	Multiple	Multiple	0	N/A
	10:1	\$30,140/year	Call for Information	Coed	Yes	Yes	Yes	20	0	French, Spanish, Latin	35+	45+	46 teams	10 hours per year (grades 9-12)
	14:1	\$8,675/year	Call for Information	Coed	No	Yes	Yes	0	0	Spanish	10	26	6	N/A
	8:1	\$3,600-14,100/year	January 25th, 2023	Coed	No	Yes	Yes	N/A	0	Spanish	6	20	8	Yearly class service



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1:00pm - 3:00pm

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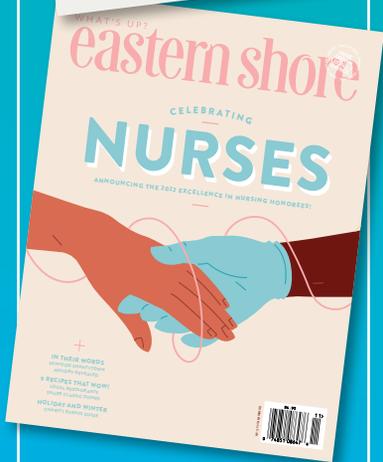


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**ST ANNE'S SCHOOL  
OF ANNAPOLIS**



# Private School

*\*Most recent statistics provided*

ADVERTISERS IN BLUE

DESCRIPTION

YEAR FOUNDED

RELIGIOUS AFFILIATION

PRINCIPAL/HEAD OF SCHOOL

GRADE LEVELS

ENROLLMENT

AVG. CLASS SIZE

EDGEWATER

**ST. ANDREW'S DAY SCHOOL**  
4B Wallace Manor Road, Edgewater  
410-266-0952; standrewsum.org

Saint Andrew's is an independent school located on a 20-acre campus, and offers engaging After School Enrichment Programs.

1985

United Methodist

Mark Wagner

PreK-8th grade

207

17

**THE SUMMIT SCHOOL**  
664 East Central Avenue, Edgewater  
410-798-0005; thesummitschool.org

The Summit School serves bright students with dyslexia and other learning differences

1989

Non-Sectarian

Dr. Joan Mele-McCarthy

1-8

111

Varies

GAMBRILLS/ODENTON

**ODENTON CHRISTIAN SCHOOL\***  
8410 Piney Orchard Parkway, Odenton  
410-305-2380; ocs.odentonbaptist.org

Odenton Christian School follows the A Beka curriculum. In addition, OCS offers many real-world electives.

1977

Baptist

Pastor John Lacombe

K3-12th grade

181

14

**SCHOOL OF THE INCARNATION**  
2601 Symphony Lane, Gambrills  
410-519-2285; schooloftheincarnation.org

Located on a 26-acre campus in central Anne Arundel County, School of the Incarnation is a coeducational school and operates under the Archdiocese of Baltimore.

2000

Catholic

Nancy Baker

PreK4-8th grade

785

26

MILLERSVILLE

**ELVATON CHRISTIAN ACADEMY\***  
8422 Elvaton Road, Millersville  
410-647-3224; elvatonacademy.com

Elvaton Christian Academy is a coeducational school located in Millersville.

1995

Christian

Pastor Dallas Bumgarner

PreK2-8th grade

74

12

SEVERN/GLEN BURNIE

**ARCHBISHOP SPALDING HIGH SCHOOL**  
8080 New Cut Road, Severn  
410-969-9105; archbishopspalding.org

Archbishop Spalding is a Catholic, co-educational college-preparatory situated on a 52-acre campus. Spalding welcomes students from more than 110 catholic, private, and public elementary and middle schools in greater Annapolis, Baltimore, and Washington D.C. areas

1966

Catholic

Brian J. Kohler

9-12

1,300

20

**CALVARY BAPTIST CHURCH ACADEMY\***  
407 Marley Station Road, Glen Burnie  
410-768-5306 cbcaknights.org

Calvary Baptist Church Academy is a Christian school that has a good balance between teaching Christian principles and having a strong educational base (our students test 1-2 grades higher than national average)

1973

Christian

George Kyrchuk

K3 & K4 (Preschool) K5 (Kindergarten) through 12th grade

366

15-18

**GRANITE BAPTIST SCHOOL\***  
7823 Oakwood Road, Glen Burnie  
410-761-1118; granitebaptistschool.org

Granite Baptist School was founded as a ministry of Granite Baptist Church, and is located near Route 100 and Route 2.

1975

Baptist

Lou Rossi, Jr.

K3-12th grade

273

Varies

**MONSIGNOR SLADE CATHOLIC SCHOOL**  
120 Dorsey Road, Glen Burnie  
410-766-7130; msladeschool.com

Monsignor Slade is part of the Archdiocese of Baltimore, and is located in northern Anne Arundel County on a 10.5-acre campus.

1954

Catholic

Alexa L. Cox

Pre-K2-8th grade

539

25

**ST. PAUL'S LUTHERAN SCHOOL**  
308 Oak Manor Drive, Glen Burnie  
410-766-5790; stpaulsgb.org

Located near Route 100, St. Paul's Lutheran School focuses on a Christian-based curriculum.

1950

Lutheran

John Maxwell

P2-8

325

17

PRINCE GEORGES, HOWARD COUNTIES & BEYOND

**THE BOYS' LATIN SCHOOL OF MARYLAND**  
822 West Lake Avenue, Baltimore  
410-377-5192; boyslatinmd.com

Founded in 1844, Boys' Latin School of Maryland is an all-boys independent school serving boys in grades K-12 with boarding available for students in grades 9-12. At Boys' Latin, each and every one of our students is known for who he is today, and all he will be tomorrow.

1844

Non-Sectarian

Christopher J. Post

K-12

639

13

**CALVERT HALL COLLEGE HIGH SCHOOL**  
8102 LaSalle Road, Baltimore  
410-825-4266; calverthall.com

Calvert Hall College High School is an independent, all-boys Lasallian Catholic college preparatory school attracting students from more than 100 zip codes.

1845

Catholic

Charles S. Stembler

9-12

1,170

17

**THE CALVERTON SCHOOL\***  
300 Calverton School Road, Huntingtown  
410-535-0216; calvertonschool.org

The Calverton School is an independent school that serves Pre-K3 to 12th-grade day students, as well as 9th-12th grade boarding students. Boarding is available for 5 and 7 days a week. Calverton offers the prestigious International Baccalaureate Diploma Program.

1967

Non-Sectarian

Jamey Hein and Heidi Merryman

Pre-school-12

324

14

**DEMATHA CATHOLIC HIGH SCHOOL**  
4313 Madison Street, Hyattsville  
240-764-2200; dematha.org

DeMatha High School is a college preparatory school for boys that focuses on educating them in the Trinitarian tradition and offers co-curricular programs.

1946

Catholic

Dr. Daniel J. McMahon

9-12

814

19

	RATIO	TUITION PER YEAR	OPEN HOUSE DATES	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/ VOLUNTEER REQUIREMENT
	6:1	\$9,675–\$14,155/year	Call for Information	Coed	Yes	Yes	Yes	0	0	Spanish	Music and art	Multiple (After School Enrichment Program)	4	N/A
	4:1	\$34,218/year	February 9th; March 9th; May 3rd	Coed	No	Yes	Yes	0	0	N/A	4	5	6	Yes
	9:1	\$6,695/year	Call for Information	Coed	Yes	Yes	No	0	0	Spanish	Multiple	Multiple	3	N/A
	16:1	\$8,450/year (Catholic); \$9,200/year (other faiths)	January 8th, 2023, 8:30 - Noon	Coed	Yes	Yes	Yes	0	0	Spanish	Music, Middle School Theatre	35+	9	15 hours (grade 8)
	12:1	\$1,575–6,000/year	Call for Information	Coed	Yes	Yes (K–8th)	Limited	0	0	Spanish	Multiple	Multiple	0	N/A
	16:1	\$18,490/year	Call for Information	Coed	Yes	Yes	Yes	26	IB Diploma School	Spanish, French, Latin	Music, Theatre, Visual Arts, Engineering: Project Lead the Way	30+	30+	60 hours of community service
	10:1 (Preschool), 15:1 (average K5–12th)	\$6,295 (K5–12th), \$175/week K3&K4	Call for Information	Coed	Yes	Yes	No	0	N/A	Spanish & American Sign Language	Drama, Speech, Arts classes	0	5	N/A
	Varies	\$4,860 - \$6,112/year	Call for Information	Coed	Yes	Yes	No	0	0	N/A	Multiple	N/A	12; Little Braves (K5–6th)	N/A
	Varies	\$7,954/year (Catholic); \$8,811/year (non-Catholic); Full Day Pre-K2 \$10,528; Full Day Pre-K3 \$9,324; Half day Pre-K3 \$3,509; Half Day Pre-K4 \$4,051	January 29th	Coed	Yes	Yes	Yes	0	0	Spanish (grade 4–8)	10	14	5	12 hours
	8.6:1	\$4,587–8,703/year	February 11th	Coed	Yes	Yes	Yes	0	0	Spanish	6	7	7	5 hours per family
	7:1	\$23,400–\$34,400/year, boarding \$49,900	Call for Information	Boys	Yes	Dress code	Yes	15	0	Latin, Spanish, French	17	35+	14	40 hours
	11:1	\$18,175	Call for Information	Boys	Yes (HSPT)	Yes	Yes	28	0	Latin, French, German, Spanish	39	60+	40	Varies
	7:1	\$7,000–35,000/year	Call for Information	Coed	Yes	Yes	Yes	0	14	French, Spanish, German	Multiple	Multiple	10	Yes
	12:1	\$20,700/year	Call for information	Boys	Yes (HSPT)	Yes	Yes	22; 15 dual enrollment	0	French, Spanish, Latin, German, Mandarin, Greek	30	28	14	55 hours

# Private School

\*Most recent statistics provided

ADVERTISERS IN BLUE

	DESCRIPTION	YEAR FOUNDED	RELIGIOUS AFFILIATION	PRINCIPAL/HEAD OF SCHOOL	GRADE LEVELS	ENROLLMENT	AVG. CLASS SIZE
<b>ELIZABETH SETON HIGH SCHOOL*</b> 5715 Emerson Street, Bladensburg 301-864-4532; setonhs.org	Elizabeth Seton High School is an all-girls, college preparatory school, and is affiliated with the Archdiocese of Washington.	1959	Catholic	Dr. Lisa Grillo	9-12	587	19
<b>HOLY TRINITY: AN EPISCOPAL SCHOOL</b> 13106 Annapolis Road, Bowie 301-262-5355; htrinity.org The Daisy Lane School and High School Prep 11902 Daisy Lane, Glenn Dale 301-464-3215; htrinity.org	Holy Trinity features the Primary School campus for grades 1-4, while The Daisy Lane School and High School Prep campus houses preschool and kindergarten and grades 5-8.	1963	Episcopal	Michael S. Mullin	PreK-8th grade	460+	15 (Pre); 20 (K-grade 4); 21 (grades 5-8)
<b>GLENELG COUNTRY SCHOOL</b> 12793 Folly Quarter Road, Ellicott City 410-531-8600; glenelg.org	No matter when students start their journey at Glenelg Country School, they discover an abiding sense of self, a deep appreciation for community, and a shared understanding of purpose. Small classes, passionate teachers, and opportunities for growth keep our students engaged from age 2 through grade 12.	1954	Non-Sectarian	Matt Walsh	Ages 2 through Grade 12	780	13
<b>MARYVALE PREPARATORY SCHOOL</b> 11300 Falls Road, Baltimore 410-252-3366; maryvale.com	Maryvale, a Catholic, independent girls' school serving grades 6-12, affiliated with the Sisters of Notre Dame de Namur, provides an environment in which each student can reach her academic, spiritual, physical and civic potential in a loving, supportive, and diverse community. Our mission is to provide an exceptional education that responds to change and prepares young women for life.	1945	Catholic	Tracey Ford	12-Jun	450	13-14
<b>MOUNT DE SALES ACADEMY</b> 700 Academy Road Catonsville 410-744-8498; mountdesalesacademy.org	Mount de Sales Academy forms young women through a Catholic college preparatory education that nurtures the whole person and promotes academic excellence, lifelong learning, moral responsibility, service to others, and the dignity of the human person.	1852	Catholic	Sister Mary Raymond Thye, O.P.	9-12	465	13
<b>MOUNT ST. JOSEPH HIGH SCHOOL</b> 4403 Frederick Avenue, Baltimore 410-644-3300; msjnet.edu	Mount Saint Joseph High School is a Catholic college preparatory school for boys sponsored by the Xaverian Brothers.	1876	Catholic	Francisco Espinosa	9-12	830	19
<b>NOTRE DAME PREPARATORY SCHOOL</b> 815 Hampton Lane, Towson 410-825-6202; notredameprep.com	Notre Dame Prep was founded by the School Sisters of Notre Dame. It is a college preparatory school for girls, located in Towson.	1873	Catholic	Sister Patricia McCarron, SSND, PhD	6-12	813	19
<b>OLDFIELDS SCHOOL*</b> 1500 Glencoe Road. Sparks, Glencoe 410-472-4800; oldfieldsschool.org	Oldfields is an all girls boarding school located on 140 acres of Maryland's horse country.	1867	Non-Sectarian	David G Perfield	8-12	100	8
<b>ROLAND PARK COUNTRY SCHOOL</b> 5204 Roland Avenue, Baltimore RPCS.org; 410-323-5500	At Roland Park Country School, we believe that young women who build each other up will thrive. There's no hurdle too high for an RPCS girl because she has the collective support of her community lifting her toward her goals.	1894	Non-Sectarian	Caroline Blatti	K-12	600	12
<b>ST. AUGUSTINE SCHOOL*</b> 5990 Old Washington Road, Elkridge 410-796-3040; staug-md.org	St. Augustine School is affiliated with the School Sisters of Notre Dame, and is located on the edge of Howard and Anne Arundel counties.	1857	Catholic	Joseph Miller	PreK3-8th grade	265	25
<b>ST. PHILIP NERI SCHOOL*</b> 6401 S. Orchard Road, Linthicum Heights 410-859-1212; st.philip-neri.org	St. Philip Neri School is part of the Archdiocese of Baltimore, and is located on a 15-acre campus in northern Anne Arundel County.	1965	Catholic	Kate Daley	PreK-8th grade	460	22
<b>ST. PIUS X REGIONAL SCHOOL</b> 14710 Annapolis Road Bowie, 20715 301-262-0203; www.stpiusbowie.org	Our 2016 National Blue Ribbon School serves four regional parishes in the Bowie area. The school seeks to support the diversity of student needs and learning styles while nourishing its students' spiritual, intellectual, physical, social, and emotional growth. We strive to be grounded in the spirit of Gospel values and knowledgeable in an ever-changing educational society. St. Pius strives to "teach what we believe and... live what we teach."	1962	Roman Catholic	Ms. Ann Gillespie	PK3-8	518	25-30
<b>ST. TIMOTHY'S SCHOOL</b> 8400 Greenspring Avenue, Stevenson stt.org; 410-486-7400	International all-girls boarding and day school for grades 9-12, offering the renowned IB Program, small class sizes, personal attention, arts, athletics, equestrian, and leadership opportunities.	1882	Episcopal	Randy S. Stevens	9-12	175	10
<b>ST. VINCENT PALLOTTI HIGH SCHOOL*</b> 113 St. Mary's Place, Laurel 301-725-3228; PallottiHS.org	St. Vincent Pallotti High School is a college preparatory school in the Archdiocese of Washington, and serves students from Anne Arundel, Howard, Montgomery, and Prince George's counties.	1921	Catholic	Jeffrey Palumbo	9-12	450	17

	RATIO	TUITION PER YEAR	OPEN HOUSE DATES	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/ VOLUNTEER REQUIREMENT
	14:1	\$16,750/year	Call for Information	Girls	Yes (HSPT)	Yes	Yes	15	0	Spanish, French, Latin, ASL	17	31	23	Varies per year
	Varies	\$12,125 (3&4 yrs old) \$13,325 (K) \$12,575 (Grades 1-4) \$14,305 (Grades 5-8)	Call for Personal Tours	Coed	Yes	Yes	Yes	0	0	Spanish	Multiple	Multiple	6 (Grades 5-8)	15 hours/year (7.5 hours for single-parent families)
	7:1	\$12,710-\$32,630	January 5th February 22nd March 30th	Coed	Yes	Yes	Yes	22	N/A	Chinese, French, Latin, Spanish	Yes	36	43 teams including 12 middle school	25 hours per year (grades 9-12)
	8:1	Middle: \$22,300/year; High: \$22,700/year	Call for Information	Girls	Yes HSPT/ ISEE	Yes	Yes	21	0	Spanish, French	Theatre	70+	30	N/A
	13:1	\$16,750/year	Call for Information	Girls	Yes	Yes	Yes	13	0	Spanish, French, Latin	20	35	21	12-23 hours
	10:1	\$17,700/year	visit <a href="http://msjnet.edu/">msjnet.edu/</a> visit	Boys	Yes	Yes	Yes	20	0	Spanish, French, Italian	20	50+	17	60 hours
	9:1	\$21,950/year	Call for Information	Girls	Yes; ISEE (MS); HSPT (HS)	Yes	Yes	25	0	Spanish, Mandarin	Fine & digital art, chorus, orchestra, band, theatre, digital media, and more	50+ (upper level); 12+ (middle level)	15	20 hours a year starting sophomore year
	5:1	\$33,800/year	Call for Information	Girls	Yes	No	Yes	13	0	French, Mandarin, Spanish	20+	20+	12	80 hours required
	6:1	K: \$26,400; 1st -8th: \$29,400-34,900; 9-12: \$35,900	Call for Information	Coed	Yes	Yes	Yes	Yes	Yes	Seven languages offered	20	50	15	
	13:1	\$7,300/ year K-8th; \$4,380 Preschool 3 day Program; \$7,300 Preschool 5 day program	Call for Information	Coed	Yes	Yes	Yes	0	0	Spanish	Multiple	Multiple	4	N/A
	24:3 (PreK); 22:1 (K-grade 8)	\$6,500/year	Call for Information	Coed	Yes	Yes	Yes	0	0	Spanish, Latin	School Chorus, Drama Club Jr., School Musical	10	2	20 hours per family
	PK 1:8	\$9,420 (K-8); \$10,420 (Non-Archdiocese of Washington); \$11,420 (Non-Catholic); \$10,250 (PK4); \$11,750 (PK3)	January 29, 2023	Coed	Yes	Yes	Yes	No	No	Spanish	Art, Music, Technology, Physical Education, Band, Treble Chorus, Chorus Liturgical Choir	Multiple	Basketball, Baseball, Softball, Soccer, Track and Field, Cross Country	\$500 Volunteer Service Program Fee (VSP) or 20 hours
	8:1	Day tuition: \$36,500, boarding -\$64,200	Call for Information	Girls	SSAT & ISEE optional	Yes	Yes	0	All classes are IB, offering MYP & DP	French, Mandarin, Spanish	Dance, Theater, Choir, Hand Bells, Visual Arts	30+ offerings	14	120 hours, including capstone project
	12:1	\$16,975-18,000/year	Call for Information	Coed	Yes (HSPT)	Yes	Yes	20+	0	Spanish, French, Mandarin	20+	20+	20+	80 hours over 4 years



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# Going Digital!

BY KAT SPITZER

HOW NEW-AGE MUSEUM CURATION, ARCHIVING, AND PRESENTATION ARE PRESERVING OUR LOCAL CULTURE FOR FUTURE GENERATIONS»»

# the

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Covid 19 pandemic shut down everything, as we all know. For months, even years in some cases, we couldn't attend museums and cultural institutions to see the pieces of art and history that inspire us and bring us closer to our communities. Museums, like the rest of us, had to adapt, and figure out ways to connect with people even though the connection could not be in person. Prior to 2020, different museums and institutions had been digitizing parts of their collections in large preservation efforts. The pandemic accelerated the movement, allowing staff and volunteers to devote their time to rapidly increasing the digitizing process and develop creative ways to share their collections with communities online. Virtual tours, interactive events, and online exhibits now offer us the chance to explore collections without leaving the living room.

Digitizing collections offers new opportunities for older collections and for the creation of new ones. "We see digitalization as collecting for the future, not necessarily just for the past," says Caitlin Swaim, Curator of the Annapolis Maritime Museum. "We don't just want to show rooms of stuff, but present it in such a way that is relevant to the community. We want it to be relevant in 100 years or more. We also want it to be dynamic, accessible but exciting, engaging, and inviting." In 2014, the Annapolis Maritime Museum began to digitize their collection. Without an actual collections staff, they have trained volunteers how to properly handle the process with the help of the State Archives. The goal is to make sure that the information can outlive any brick-and-mortar institution.

The museum had a wonderful boost to their collection a few years ago when they received, through a will, the Mike Miron collection of oral histories and stories. "People love seeing the local names and hearing the voices from their own communities," Swaim says. In 2018 the museum started their own project in oral histories to continue capturing these voices of the Chesapeake region. People have the chance to hear the history from those who actually lived it, offering more than just a simple visual snapshot in time. This allows community members to



The William Brown House. Image courtesy of Historic London Town and Gardens.



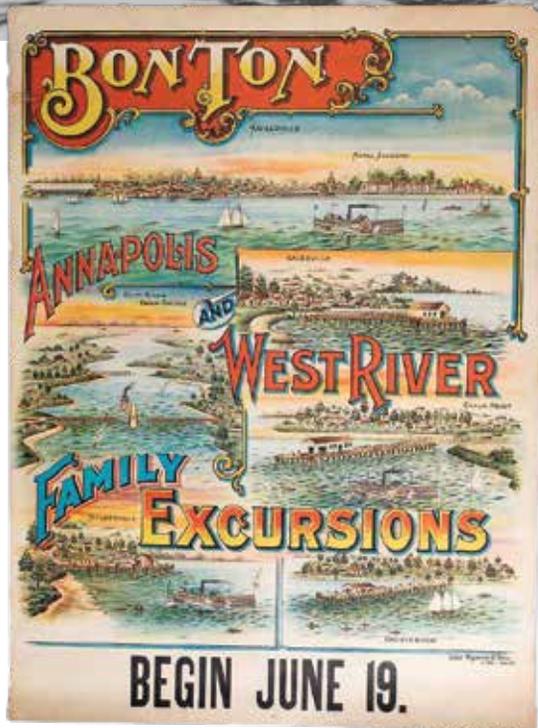
be more engaged with local information from the past and present, and become a part of the documented future. Some people seek digital archives for research purposes, and some are just interested in the topics. "It's exciting to browse digital archives at the museum," Swaim says. "You always stumble onto something you didn't even know you wanted."

"It's always been a goal to digitize our collection and make it completely accessible," says Jenifer Dolde, Curator and Folklife Center Manager for the Chesapeake Bay Maritime Museum. The museum, located in St. Michaels, currently has more than 80,000 images online and continues to build its online presence, making everything available, even if every image isn't perfect. "Especially during Covid, people were looking to online archives for research and browsing of collections, and now there is an expectation," Dolde says. "Plus, digitizing helps us connect with maritime history locally and worldwide."

"Digitizing museum collections is huge—it won't be going anywhere," suggests Gabriella Cantelmo, the Museum Collections Specialist at the Chesapeake



“Two Black men hunting railbirds on the Patuxent River.” Photographic prints, c. 1900. Collection of the Chesapeake Bay Maritime Museum.



H. Gamse & Bro., Lithographers, for the Tolchester Beach Involvement Company, “Bon Ton Annapolis and West River Family Excursions,” c. 1920. Gift of H. Graham Wood, Collection of the Chesapeake Bay Maritime Museum. Photograph by David W. Harp.

Bay Maritime Museum. “The way the information is cataloged...we can make an exhibit out of our collections.” While museums and historical societies sometimes purchase artifacts, the majority of items are donated. “One of the great benefits of digital archiving is that people want to share these amazing artifacts or images they may have, but they want to keep the original. We can do a high-quality scan, which allows them to keep the original, plus have a reliable back up, and then the item can be shared with the community. In the alternative, if someone wants to donate because they don’t have reliable storage, we can take the original and give them a wonderful digital version. It’s a win-win for historical preservation,” Cantelmo explains.

While photos are the easiest items to scan and digitize, it still takes hundreds of hours of effort when the volume of photos is in the thousands. The difficulty of digitizing increases significantly for objects, which, in this region, could include anchors, folk art, large maritime objects, and even vessels. Anyone dealing with these artifacts must be trained in the proper way to handle and photograph them, so that they are not overhandled. “Technology has come a long way,” Cantelmo says. “We’ve been



Left Image: Maker unknown. Skipjack whirligig, C. 1950-1970. Collection of the Chesapeake Bay Maritime Museum. Photograph by David W. Harp.

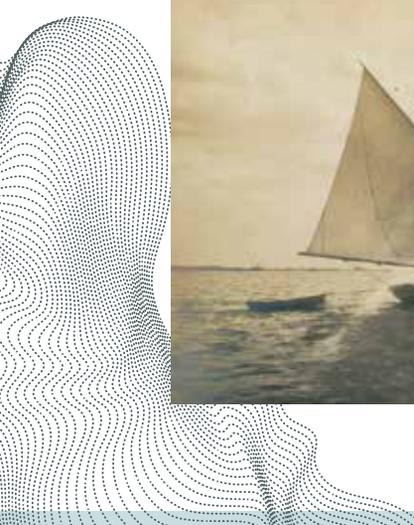


Bottom Images: Two historic photographs of Annapolis sailing, courtesy of the Annapolis Maritime Museum (gifted to the museum by Chesapeake Bay Magazine).



lucky to receive a grant for a large format scanner, which will allow us to digitize large fragile items such as ship plans and navigational charts, which would normally be too delicate to run through a machine. These are amazing artifacts for visitors to be able to view online. And since smaller historical organizations would not be able to afford such a scanner, we are looking to share access with them and other museums to increase the digital archiving efforts across the community."

The Chesapeake Bay Maritime Museum will also be launching online access to oral histories in the next several months. "People don't know they exist," Dolde says. "This is a huge outreach and trust building task in the community. We want people to know that these histories are safe and treated with the proper care. It's fantastic to hear stories directly from the crab pickers and watermen. With interviews, photos, transcripts, and more, online visitors will have a more comprehensive experience." Many of the oral histories are currently on cassette tapes. "These tapes are deteriorating," Cantelmo says. "If we don't digitize them quickly, these oral histories will be lost. Time is ticking."



Larger museums like the Smithsonian and Guggenheim have been digitizing archives for a while, but also increased their efforts during the pandemic. "Digitizing really started in the art museum world because some of the art itself was digital starting in the '70s and '80s, and museums had to figure out how to preserve it," says Rachel Rabinowitz, the Visitor Services Coordinator and Collections Manager for Historic London Town and Gardens. Digital archiving has always been a passion of hers, inspiring her to earn a certificate in Digital Curation from Johns Hopkins University. "It's such a prevalent way that people consume information now. People don't write physical letters anymore or print photos in large quantities. They keep their photos on their phones, view things on social media, and share things in emails." She points out that digital archiving is simply a version of writing the who, what, where, and when on the back of old photos. Those handwritten messages would smear or fade over

time, along with the quality of the photo. Digital archiving allows the history and information attached to it to, conceivably, last forever.

While the push for virtual collections and programming has been occurring since technology first allowed for it, larger museums, like the Smithsonian, are able to increasingly grow their offerings due to larger staff and marketing budgets. Smaller organizations rely heavily on grant money and donations at a much smaller level to produce their collections and tend to help each other out, like the Chesapeake Bay Maritime Museum plans to do with their large-scale scanner. At London Town, staff scan photos from the past, color correct them, and make them clearer. Then they organize the digitized photos into searchable collections. "It can definitely turn into a rabbit hole," Rabinowitz says. "If you are looking for something specific, you can always call the museum and we will help you find it." London



The Annapolis Maritime Museum's online research portal home page for searching digital collections.



The Chesapeake Bay Maritime Museum's online research portal home page for searching digital collections.

Town works with DigitalMaryland.org and the Enoch Pratt Library to develop its digital archives. The research opportunities seem almost endless by working with these larger organizations.

“There was initially a concern that digitizing archives and creating virtual tours online would be bad business for museums and historical societies,” Rab-inowitz says. “Would people want to come in person if they could just see it all online? It turns out that digital images and videos get people more interested and really make them want to come in person. It does not keep them away. Quite the opposite. Especially now, after the pandemic. People browsed online sites and that piqued their interest to visit places in person. But online is not going away. Not everyone can get to certain museums or historical centers, for a variety of reasons. It is important to keep digitizing, preserving our community history, and making it accessible to as many people as possible.”

The field of digital archiving is gaining in popularity as museums continue to build their online and social media presence. At the same time, there is a trend of more people donating digital art and historical content. This is all good news for online activity. If you can't make it to all the fantastic museums in our region, take a look online. You are sure to find a treasure trove of interesting things to see and learn.



“Small boy holds fishing pole while sitting on a piling on a dock.”  
Negatives. Photograph by Constance Stewart Larrabee, Collection of the Chesapeake Bay Maritime Museum

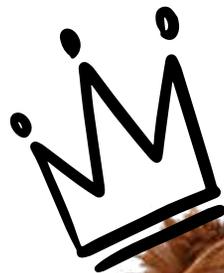


“Linda and Buck Hutson standing outside their studio in Bozman, Broad Creek Neck, MD”, photograph taken as part of CBMM Folklife documentation. Slides, color, 2002. Photograph by Shelly Drummond, Collection of Chesapeake Bay Maritime Museum.





# OUR BELOVED PETS



## PHOTOGRAPHY CONTEST!

**WINNER, HONORABLE MENTIONS, & EDITORS' PICKS ARE REVEALED**

We love our pets, don't we? The evidence poured in this past fall when we announced the magazine's Pet Photography Contest. Open to all readers, we asked for photos of your pets at play, being whimsical, sleepy, silly, and just plain lovable! This catch-all contest had a philanthropical twist, too. Each entry requested a \$10 donation, which will be given to local animal shelters. Dozens of entries streamed in and by early October, we then asked you to cast your votes for your favorites. The voting was competitive, but all in the spirit of our fun-loving felines and canine companions.

The resulting winner and honorable mentions deserve kudos for capturing their pets at their best! We've also included a "Best of the Rest" section because...well, there's just so darn many adorable pets among us! →





# OVERALL WINNER

## SHERLOCK BY KIMBERLY BRANDT

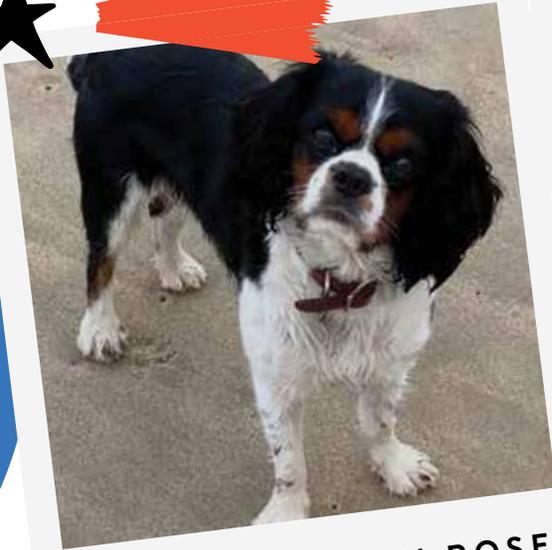
“Sherlock is a seven-year-old labradoodle living his best life in Annapolis,” says Brandt, who submitted this photograph. “Whether have a pup cup at Annapolis Ice Cream Company, hiking the trails at the local parks, or kayaking the various local rivers, he is a pup about town enjoying the Best of Annapolis and making friends everywhere he goes.”

# HONORABLE MENTIONS

The following photographs received a considerable number of votes.



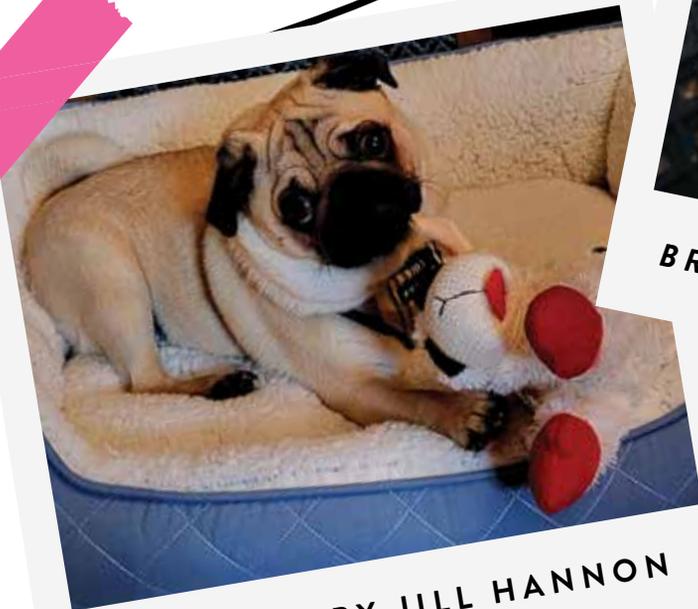
MIDNIGHT BY ARIEL MICHAEL



WINSTON BY ANN ROSE



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MARSHALL BY JILL HANNON

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# Sanity Found:

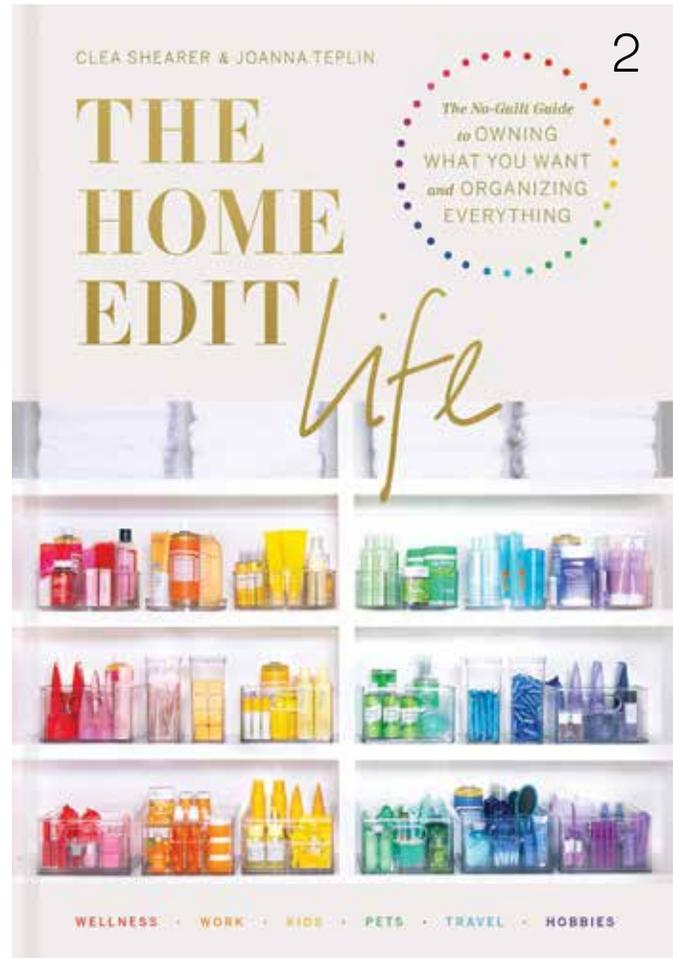
IF YOU'RE NOT USING THESE 5 ESSENTIAL ORGANIZERS,  
YOU'RE JUST WASTING YOUR TIME...AND SPACE

By Lisa J. Gotto

Will this be the year you decide enough is enough and finally find fixes for your home's most vexing organizational problems? Whether it's catch-all drawer issues, cooking conundrums, or that day job you now do from your guest room, we found some great organizational tools that will bring back a Zen-like sense of sanity to your space at home—and *between your ears*.

## 1. At Home on Your Range

Even some of the most expertly-designed kitchens can overlook the obvious. All the utensil crocks, spice racks, and condiment keepers in the world aren't minimizing stress in the kitchen if you're always running back across the room to utilize them in everyday scenarios. This sleek and immediately convenient shelf fits smartly into a space that every kitchen has (above the range), that is usually under-used. This sturdy, 30-inch metal, over-the-stove spice rack from **Funleu** attaches with a series of magnetic strips and provides the utility for the items you use most often, so everyday meal making is as efficient—and *delicious*—as possible.

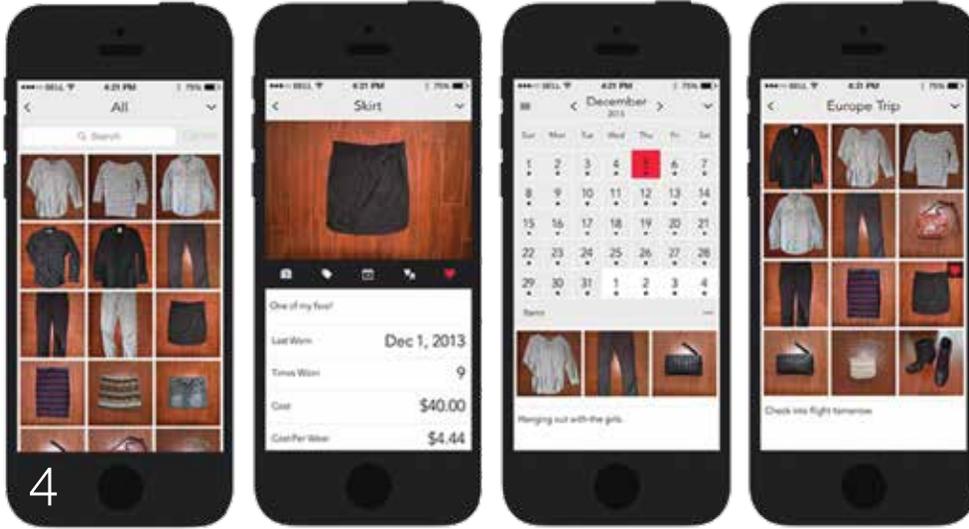


## 2. Essential Reading

Building on their already buzz-worthy organizational empire, gurus and authors Clea Shearer and Joanna Teplin have recently released, ***The Home Edit: The No-Guilt Guide to Owning What You Want and Organizing Everything***, which takes a humorous and lighthearted approach to handling the stuff that makes up our lives by finding clever workarounds and epic hacks that can help you tackle everything from kid clutter, to stocking and stacking a farm-fresh fridge. A great read for everything we can't fit on this list.

### 3. Home Office Hooray!

Save tons of space in your improvised workplace by using this smart, stackable unit that allows you to go vertical with your printer, providing more space below for your other at-home office essentials. We love this one from **Huanuo** because of its better-than-basic, contemporary design that just may enhance your home office's sense of style.



4

### 4. There's an App for That

Everyone dreams of the perfectly organized closet with numerous shelves of varying heights and widths, and custom-designed drawers and bins of all sizes to not just store clothing, but to display it in a way that enables you to immediately see what you have. Even if this sounds like something you already have, now you can take this scenario to the next level with the **Closet+ app**. This in-your-hand style assistant helps you keep track of what you own, what you've recently worn, and what looks good together, saving you time. It can also track how much you're spending on clothes, the cost per wear, and assist in wardrobe planning for travel. It can really be a time-saver, especially if you don't have the custom closet.



3



5

### 5. A Stylish Re-Charge

Don't spend another moment rifling through your catch-all drawer to find your charger or an outlet in your home that isn't already busy charging someone else's phone. **The Catch 3 valet station** beautifully blends the utility of a valet tray (this one is dressed in Belgian linen) with the power of a built-in Qi charger, and a surface large enough for phones, watches, keys, change...all your pocket-worthy possessions. We hear it looks good in Oprah's home, and its neutral design will make it looking good in yours, too!



# Hedging Your Beds

NATURE'S ALTERNATIVES TO FENCES AND SOUND BARRIERS

By Janice F. Booth

Here's an idea for a spring project in your garden: Replace those worn-out fence posts or that chainlike eyesore with a lush hedge of forsythia or yew. Perhaps you live in a community where the covenants prohibit fences; but I bet they don't prohibit shrubs! And as hedges, what can those shrubs be trained to do? They can gracefully delineate the borders of your flower beds and the boundaries of your property. Carefully pruned, hedges can deter intruders, muffle noise, deflect prying eyes, and protect your garden and patio from prevailing winds. Now that's a pretty impressive list of uses for a hedge!

Whether you're a do-it-yourself gardener or you have a clever, reliable gardener or service, you'll want to plan your Hedges Project keeping in mind some key factors. So, here they are:

*Will your hedge be primarily decorative or purposeful? If decorative, then focus on color, fragrance, shape.*

**Color:** You can choose shrubs that bloom, like the spring-gold of forsythia, or evergreens with variegated leaves, like the chartreuse-edged euonymus.

**Fragrance:** The sharp scent of boxwood deters bugs, planted beneath windows in colonial times to keep away flies and mosquitoes. However, witch-hazel provides a less pungent, woody scent to waft across your deck.

**Shape:** If your plan requires strongly delineated barriers, you'll want to plant shrubs that take well to being pruned. Boxwood and privet are both old favorites for that very reason. You might even try your hand at a topiary shrub—perhaps an elegantly spiraling evergreen or a bunny or lab puppy. Flowering quince or azalea hedges will be looser, leggier, and lacy.

*If you are adding a purposeful hedge for some specific use in your garden, that use may determine the type of shrubs you plant.*

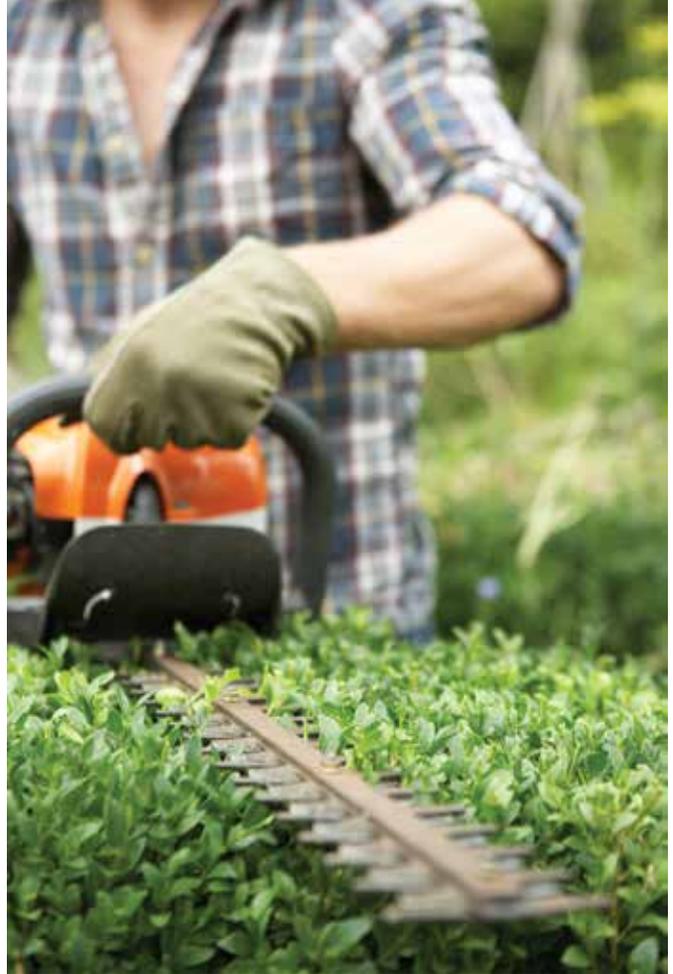
**Flowerbed borders:** If you want a simple, attractive edge for your flowerbeds, you may want to rely on pretty evergreen shrubs that will provide an attractive border for the beds even in the winter. Juniper is deer resistant, has attractive structure and berries. A fun alternative is the Tater Tot Arborvitae, small mounds of lacy green. They require little pruning to retain their shape.

**Boundary borders:** If you're going to rely on the hedges to denote your property line, size and sturdiness will be important factors. Boxwood works well here too. It can be pruned to provide a substantial hedge, not easily broached. Yew is another option that provides a looser, less obvious border. A third option is a hedge of holly. Holly has the added feature of prickliness, which can deter hungry animals and curious kids from breaching the property boundaries.

**Noise abatement:** To muffle the sounds from a busy street or a neighbor's boisterous children, you'll want to encourage a hedge that is thick. Success here depends more on the pruning of your hedge than on the type of shrubs used. The hedge should be pruned so sunlight can reach the interior of the hedge. *(More on this in the maintenance hints that follow.)*

**Privacy:** The same characteristics that muffle noise will also protect your garden from prying eyes. You'll want to encourage thick growth all the way through the hedge. Additionally, consider the height and width of the mature hedge. You'll probably want a tall, perhaps 6' hedge. The width may vary, but I'd recommend encouraging the growth at least 2' deep. Almost any shrub can mature into a privacy hedge. Juniper is a lovely choice, or arborvitae grows quickly and remains lush looking all year.

**Wind Break:** If your garden is troubled by wind, a decorative hedge can help protect your more fragile plants. Here too, height is an important element. The Japanese holly is an interesting choice as is the stunning mountain laurel, with blossoms in the spring and green leaves all year.



*Here are some general guidelines and hints for keeping those hedges growing happily and looking good, whether you're doing the gardening or advising your gardener.*



**Spacing new plants:** If you're starting from scratch, a trench is the most foolproof way to start an attractive hedge. The planting trench should be about 12" wider than the root balls of the shrubs, and about the same depth as their root balls. Plant shrubs about 36" apart.



**Soil:** Well composted, loose soil will be most welcoming to your new shrubs.



**Watering:** As with most new plants, be generous in your watering for the first year. The trench will help maintain moist soil conditions for the new root system's development. Mature hedges are usually drought resistant.



**Trimming:** Begin pruning soon after the shrubs begin to grow. Try to keep in mind the end-result, the way you want the hedge to look when mature. Trim the new growth that doesn't conform to the ultimate shape of the mature hedge.



Be sure to keep your hedge clippers sharp and clean. You don't want to introduce any bacteria among these young plants—or the mature ones for that matter. Lay a tarp or old sheet beneath the shrubs before you begin pruning. Then, whisk away the small cuttings for a tidy, finished look

**Shaping:** Most hedges grow 1' to 2' per year. The upper portion of the hedge should be slightly narrower than the lower portion. Think of a cone rather than a funnel. This will allow sunlight and moisture to reach the inner branches of the hedge, keeping the appearance lush and thick.

If the outside of the hedge is too thick, cut back random branches deep in the hedge, encouraging the inner branches to spread and grow toward the light. The “3-year Rule”: To keep your hedge healthy, each year rejuvenate the growth by removing 1/3 of the thickest stems toward the base of each plant. In 3 years, your hedge will be all young and healthy new growth.

Finally, as with all our gardening adventures, don't be too wedded to one vision for your new hedges. I find my plants sometimes have their own ideas as

to how they should grow and look. Embrace that. Watch your hedges as they mature and encourage them in what they do best. If there's a break in your hedge where you didn't want one, plant an interesting vine or flower to fill in the space and add interest to your hedge. Then, next fall, you can add a new shrub and let it fill in hole in the mature hedge.





# Country Club Cozy

By Lisa J. Gotto

This precious, four-bedroom home off the 11th hole of the Crofton Country Club makes the perfect family nest with its smart updating and attention to detail. Just inside the front door is a welcoming entry way designed for form and function with lovely built-in organizers, a cozy bench for shoe tying, and a charming beadboard ceiling. The glass panel entry door with side lights floods the space with natural light.

This area leads to the home's wonderfully well-executed open floor plan with its rich, warm hardwood floors throughout. This space is large, light and bright, bringing in the sun from a set of French doors



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**Primary Structure Built:** 1968  
**Sold For:** \$700,000  
**Original List Price:** \$649,000  
**Bedrooms:** 4  
**Baths:** 3 Full  
**Living Space:** 2,314 Sq. Ft.  
**Lot Size:** .23 acres

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off the main dining area and a pair of oversized windows. The formal living space is highlighted with a gorgeous Federal style, wood-burning fireplace with a whitewashed brick surround. The space is not only large enough to accommodate a comfortable conversation zone in front of the fire, it also offers a separate area to create a work-from-home station.



The living area flows into the formal dining area, set off with a pair of stylish, textured, above-the-table pendants and entry to the gorgeous county kitchen through a sliding, wood, barn-style door. The newly remodeled, all-white kitchen offers an all-stainless steel appliance package including a gas range, several charming glass-front cabinets, and a large porcelain farmhouse-style apron sink. A handy peninsula topped with upgraded white countertops provides breakfast seating for three.



**Listing Agent:** Rick Gloekler; RE/MAX Executive; 8432 Veterans Hwy., Millersville; m. 301-440-3120; o. 443-274-1900; info@rickgloekler.com; remax.com **Buyers' Agent:** Dee Dee Miller; Long & Foster Real Estate; 541 Baltimore Annapolis Blvd., Severna Park; m. 443-995-2297; o. 410-544-4000; deede@lfnf.com; longandfoster.com

The open floor plan transitions from here to a convenient office area and then into a huge, sunny family room. One of the home's two primary suites is located off the family room and features a sliding barn door that leads to the attractive primary bath with its white marble vanity and huge walk-in shower with white subway tiles. Two additional roomy bedrooms share a bath on the home's main level.

Outside, there's a large yard and a courtyard for barbecuing off the double French doors leading from the formal dining area, as well as a huge deck off the family room through another set of French doors. From this vantage point, the new homeowners will enjoy great views of those 11th hole greens.



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*The Jess Young Team*

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# Health & Beauty

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# Fresh Take

## SPIRULINA

By Dylan Roche

Did you ever think that algae might be on your list of foods to try in the new year? The thought of it might take you by surprise, but the blue-green algae known as spirulina has gained a reputation as a popular health food in recent years. Spirulina commonly comes in supplement form as a powder or in tablets or capsules, but you can also buy it in raw form and use it in a variety of recipes—even sweet ones, where you might be surprised to find its mellow flavor complements fruit, maple, and honey quite nicely.

Specifically, spirulina is classified as cyanobacteria. It's been harvested by humankind as a food source for centuries, primarily in Central America and Africa, where it grows naturally in lakes and ponds. Ancient Aztecs noted the positive health effects spirulina had in diets and even relied on it as a treatment for disease.

In its fresh, raw form, spirulina has a thick, creamy consistency similar to a dip or a spread. Taste wise, it has a mellow bitterness, similar to spinach and other greens, so it can easily be overpowered by other, stronger ingredients in a recipe. Its fat content also gives it a slight buttery mouthfeel, like avocado.

You might be surprised to learn that spirulina is an excellent source of protein—it is more than 60 percent protein by weight, much more than most fruits or vegetables. It's also what's known as a complete protein, meaning it provides all nine essential amino acids that your body can't produce on its own (and therefore must get from food sources). This makes spirulina a good option for vegans and other people limiting their consump-

tion of animal products. A single tablespoon of spirulina has about 4 grams of complete protein.

Another important nutrient for plant-based eaters to note is the iron found in spirulina. Spirulina has about 2 grams of iron per tablespoon—gram for gram, it's a better source of iron than beef. Iron is necessary for producing red blood cells that carry oxygen to every part of your body.

Spirulina is also a great source of essential omega fatty acids, including gamma linolenic acid, which are good for your heart health. Its fat content will also help your body absorb its vitamins A and K, which are fat-soluble vitamins also found in spirulina.

Although the evidence to support claims about spirulina is limited, some early research shows that spirulina does in fact help lower blood pressure and regulate blood sugar. It also helps your body fight inflammation and infection.

It's wise to be selective when buying spirulina because it's classified as a supplement rather than as a food; therefore, it isn't regulated by the Food and Drug Administration, so you don't know the quality of the product you're buying. Much of the processed spirulina you find on the market today has been grown in a lab, but there is some raw spirulina that has been harvested from the wild. In this case, there's the risk the spirulina was grown in a polluted water source,



## Spirulina Cookies

### INGREDIENTS

1/2 cup almonds  
1/2 cup cashews  
1 tablespoon chia seeds  
1/4 cup oatmeal  
1 banana  
4 large dates  
2 tablespoons fresh spirulina  
1 cup chocolate chips or cranberries (optional)

Preheat your oven to 300 F. Prepare the oatmeal with approximately 1/4 cup boiling water. Add a little more water as necessary until it reaches a thick but smooth consistency. Add chia seeds. Set almonds and cashews in food processor and pulse until coarse. Scoop out into a bowl. Mash the banana and add to the pulsed nuts. Stir in the oatmeal. Remove the pits from the dates and mash them until they're thick and choppy. Combine with the oatmeal and banana. Transfer the mixture back to the food processor and blend until smooth. Add in spirulina. Finally, add chocolate chips or cranberries if desired. Roll the dough into 1-inch balls and place on a parchment-lined baking sheet. Bake for 10–15 minutes. Allow to fully cool before eating.

through which it might have absorbed heavy metals. Buy spirulina from a trusted brand that is transparent about where it sources its spirulina. California and Hawaii are trustworthy places for spirulina growth—look for brands like Microingredeints Pure Organic Spirulina, Earthrise Spirulina, or Pure Hawaiian Spirulina.

When you bring spirulina home, whether you have it in raw or powdered form, you should always store it in a cool, dark place away from sunlight (such as your fridge). Spirulina even freezes nicely, though if you have an open package, be sure to remove any air before sealing it shut and putting it in the freezer.

Curious about how you can start using spirulina in your kitchen at home? Once you get a sense of how spirulina tastes and how it complements other foods, you'll be able to get creative with using it in many of your favorite recipes. Here are a few to get you started:



## Spirulina Pesto

### INGREDIENTS

1 cup basil  
1/2 cup spinach  
1/4 cup cashews  
2 cloves garlic  
1/2 lemon  
1 tablespoon fresh spirulina  
1 avocado  
1 teaspoon salt  
1 teaspoon black pepper  
1/8 cup olive oil

Juice the lemon and discard the rind. Mince the garlic cloves. Pack everything into a food processor or blender and puree until smooth. Toss with pasta or use as a topping on pizza.

# There's Something in the Water

WHAT IS FLUORIDE, AND WHY IS IT IMPORTANT FOR DENTAL HEALTH?

By Dylan Roche

Since the first half of the 20th century, cavities in children have gone down—way down. In fact, the American Dental Association (ADA) says that pediatric dentists see about one-third of the number of cavities today compared to the 1940s. And that, according to the ADA, is thanks in large part to fluoridated water.

You've probably heard of fluoride before. It's a naturally occurring mineral found in rocks that releases into the water and air around it. When we ingest it, it re-mineralizes the surface of our teeth and helps make our tooth enamel stronger, harder, and more resistant to decay. That's a good thing, because weak tooth enamel is susceptible to the acids produced by sugar residue left on our teeth after eating.

For many generations, the only fluoride people received was what was found naturally in the water they drank. In 1945, Grand Rapids, Michigan, became the first city to add larger quantities of fluoride to its public water supply. Fluoridating water quickly became commonplace, and today, about 75 percent of public water supplies in the United States—and 93 percent of public water in Maryland—is fluoridated. The Centers for Disease Control and Prevention calls water fluoridation one of the great public health achievements of the 20th



century—up there with vaccination, family planning, and recognition of tobacco use as a health hazard.

In recent years, the practice of fluoridating water has met some resistance based on misinformation. The ADA maintains that scientific evidence shows fluoride in water is not toxic, and it is only in massive amounts that fluoride poses health risks. Water fluoridation is a practice endorsed not only by the ADA but also the American Medical Association, the American Academy of Pediatrics, the U.S. Public Health Service, and other agencies.

Although fluoridation makes a big difference in the oral health of both children and adults, good dental practices are still necessary—that means brushing and flossing daily, using an antibacterial mouthwash, going for regular checkups with your dentist, and avoiding tobacco.



# Fitness Tips

## CLIMB YOUR WAY TO BETTER HEALTH

By Dylan Roche

Many people abandon their fitness routines for one surprisingly avoidable reason—they say it gets boring. Surveys have even shown nearly half of adults consider working out to be something they don't enjoy. They see it as a chore.

That's why it's always good to stay adventurous when it comes to exercise. You want something that's exciting and, even, fun. You know, like climbing.

Yes, climbing. Whether you're going up a rock wall or along a row of monkey bars, the act of climbing is one that forces you to move your body weight against the force of gravity, requiring the use of major muscle groups, flexibility, and even cognitive problem-solving skills. Don't think that rock walls and monkey bars are just for kids—they can just as easily give adults a workout they'll both enjoy immensely and reap great benefits.

### THREE COMMON METHODS FOR CLIMBING WORKOUTS:

**MONKEY BARS:** Most people are familiar with monkey bars from childhood. These horizontal ladders require you to move your own body weight as you move from rung to rung. As an adult, you can still use them to get a vigorous workout that involves chin-ups, pull-ups, dips, hangs, and more.

**ROCK WALL:** As with monkey bars, many people have their first experience with a rock wall in childhood, usually at summer camp. Rock walls are also found at many gyms and recreational centers. Sometimes called a climbing wall, a rock wall is artificially constructed (either indoors or outdoors) with indentations or grips that climbers can hold as they make their way upward.

**LADDER CLIMBER:** The final option for climbing, though the least common, is a ladder climber, a piece of equipment similar to a treadmill in which rungs cycle around, creating an experience like climbing up an endless ladder. (The Jacobs Ladder Step Machine is the most common brand on the market.)

Each of these methods of climbing will vary in the workout they give you. For example, you will likely use your leg strength more with wall climbing and ladder climbing than you will with monkey bars; on the other hand, monkey bars have greater opportunity to work your core than wall climbing (though wall climbing still requires core strength). If all methods are available, it's worthwhile to try each to see which one you enjoy most. Or you can keep all of them in your rotation to ensure nothing ever gets boring!

*Here's what you can expect when you start climbing your way to better health:*

**Stronger arms and shoulders.** Climbing requires you to pull your own body-weight, working your biceps, triceps, forearms, and shoulders. You even have to put your grip strength to the test! At different times, moving up a rock wall or along monkey bars will require static muscle contractions (that is, holding yourself in place) as well as the flexing and extending of your muscles as you bend your arms, pulling yourself up or lowering yourself down. This gives you a chance to hit your muscle fibers from all angles.

**A more powerful core.** Keeping yourself stable and balanced as you climb upward or swing from monkey bar to monkey bar will require strength in your abs, back, and hips. If you're on the monkey bars, try kicking your legs in front of you and raising them up until they're parallel with the ground and your body forms a 90-degree angle. Try holding this form as you hang for as long as possible or as you swing from bar to bar.

**Better posture and flexibility.** Going up a rock wall requires you to move your body in ways you normally don't. You might have to stretch to reach one of

# Be Fashionable with Flannel

By Dylan Roche

the grips, or you might need to contort or bend your body to rest your feet on grips that are far apart while you think through your next move. Additionally, thanks to the strength you gain in your back and shoulders, you'll likely have improved posture from so much climbing.

**Aerobic endurance.** Although climbing tests your strength and can be done slowly, upping the speed will get your heart racing and cause you to break a sweat. This will give you cardiovascular benefits (and it will torch calories, helping you maintain a healthy weight)

**Mental prowess.** Climbing requires you to be constantly thinking about your next move. If you're on a rock wall, you need to figure out which grip you're going to grab next—and where you'll put your foot when you do. If you're swinging along monkey bars, come up with a varied exercise for each rung: For example, you could do a leg lift, then swing to the next rung, do a chin up, then swing to the next rung, and so forth. Make sure you're always thinking about what your next move is going to be!

Cold weather is the stylist's dream come true—there are so many opportunities for layering and using textures and patterns. And no piece in your wardrobe better exemplifies this than the flannel shirt. It adds depth to any outfit, making a perfect mid layer or outer layer while keeping you cozy and comfortable. And yes, flannel is a wonderful gender-neutral option that can be worn by just about anyone.

If you're like most people, you probably associate this soft woven cotton fabric with patterns like plaid or tartan. Traditionally, flannel shirts in generations past were worn by farmers and lumberjacks for their durability and warmth. They became more common among the general population through the second half of the 20th century, until they exploded in popularity within youth counterculture and grunge fashion during the '90s (thanks in large part to the bands Nirvana and Pearl Jam).

The good news is that flannel today can fit many different aesthetics. If you want to look like you're about to spend the weekend in a rustic ski lodge or rock out with your bandmates in the garage, or if you want to look crisp and clean for a winter evening out in the city, you can make flannel work for these occasions. It's all a matter of how you wear it.



*Here's what you need to know if you're incorporating flannel into your winter wardrobe:*

**Keep it neat (if that's the goal).** Because flannel has a naturally rustic look to it (and its long tradition of being worn as workwear or part of the grunge aesthetic) you want a high-quality piece if you plan to dress it up. Choose one that fits well and is neatly pressed. Anything too big or wrinkled will end up looking sloppy.

**Commit to being edgy.** Maybe you like the alternative nature of flannel—you want to look a little edgy! That's great. You just need to be deliberate in your choice. Pair a flannel with a band T-shirt for a vintage look. Go for a shirt that's two or three sizes too big that can be worn as a jacket over a hooded sweatshirt.

**Find complementary textures.** For maximum effect, find at least two different warm textures you can incorporate into your outfit with your flannel, such as a cable-knit cardigan, wide corduroy pants, a thick wool scarf, or distressed leather boots.

**Match it with the right colors.** You want your flannel to be the focal point of your outfit, so wear it with other colors that will complement it and make it pop. Experiment with different color combinations of your own preference, but some tried-and-true options you can never go wrong with are red or brown flannel with dark jeans, gray flannel with khaki pants, or black flannel with gray pants.

**Take care of your flannel.** Because flannel is a woven cotton, it can easily shrink or lose its shape if laundered incorrectly. Wash in cold water and either hang it to air dry or run it through your dryer on a no-heat setting. Using a cup of white vinegar in addition to your regular detergent will help prevent fading and pilling.



Cinnaholic will open soon in Waugh Chapel, featuring signature and custom cinnamon rolls with many topping options.

# Savor the Chesapeake

Restaurant news and culinary trends throughout the Chesapeake Bay region

By Megan Kotelchuck

Welcome to the new year, when we plan to enjoy new restaurants, new dining trends, new desserts, and more. We understand that not all of us can enjoy as many desserts as we want right now, since eating better is often our New Year's resolution, but we do have some cocktails that we can imbibe while we are on our weight loss journey. Happy 2023!

## On the Dining Scene...

**Killarney House Whiskey Bar** recently completed a face lift in Davidsonville. After a ten-day makeover, the space now includes a beautiful bar with copper finishes complemented by Irish-wash walls and hand-painted murals, which reflect the artisanship and style that visitors expect to see in a true Irish pub. The upgrades

were scheduled for 2020 but had been postponed due to COVID. There are now 60-plus Irish whiskeys on display, as well as Irish gins, Irish beer on tap, and a growing list of premium wines. Co-owner Anthony Clarke, who is originally from Dublin, stated, "Not everyone can travel to Ireland, so we've brought the Irish experience to Maryland." Clarke and his business partner Michael Galway take pride in serving authentic Irish meals with genuine hospitality. Stop in to see the new upgrades at 584 West Central Avenue in Davidsonville.

The culinary team of **Bistro St. Michaels**, led by Chef Doug Stewart, won the Oyster Stew Competition at the Chesapeake Bay Maritime Museum's OysterFest. The OysterFest, which was held on October 29, welcomed more than 3,000 guests. Five hundred guests voted on their favorite of five different stews, not knowing who made them. Theo's Steakhouse of St. Michaels, led by Chef Aura Delgado, was runner-up in the competition while Ruse at the Wildset and Chef Michael Correll took third place in the voting. Congratulations to all!

**DePaola's Bagel and Brunch** is opening soon in Stevensville, but they need a little help. DePaola's is located at 1227 Shopping Center Road. They are set and ready to open, but are looking for the perfect staff to fill their weekday shift positions. If you are looking for a job, be sure to reach out using their Facebook page or website, [bagelandbrunch.com](http://bagelandbrunch.com). We are ready for a new bagel shop on the Eastern Shore!

**Trader Joe's** opened a new location in College Park this fall. This 11,000-square foot storefront is the 10th location in Maryland and the first in Prince George's County. This special location will include murals of the University of Maryland, the football stadium, and the College Park airport on the walls of the interior of the building. Check out the new location at 4429 Calvert Road near the College Park Shopping Center.



Killarney House in Davidsonville recently completed renovations and added an authentic Irish whiskey bar.



Killarney House in Davidsonville recently completed renovations and added an authentic Irish whiskey bar.

I have the great place to take care of your sweet treat needs.

**Cake Batter & Co** opened this fall in the Bowie Town Center. Cake Batter & Co is a new premier gourmet dessert bar offering brownies, bundt cakes, cheesecakes, cakes, sheet cakes, and so much more. Check them out for a cake or for a quick treat. Find more information at [cakebatterandco.com](http://cakebatterandco.com).

The cinnamon bun saviors are coming to Gambrills. **Cinnaholic** has plans to open a new location in Waugh Chapel. Cinnaholic offers 20 unique frosting flavors and a variety of fresh and decadent toppings. In your Cinnaholic experience, design your own roll or choose from one of their classics including Cookie Monster, Campfire S'mores, Caramel Apple Pie, and more. They also offer bite sized Baby Buns, cookies, brownies, and raw, edible cookie dough. Keep an eye out for a grand opening date and find more information at [cinnaholic.com](http://cinnaholic.com).

## Drink Up...

Losing weight is the most common trend in January, and to do that, many people cut out drinking completely. I am here to tell you that you can make a cocktail low calorie. Let's check out two drinks that fit the bill.

### Healthy Strawberry Mojito ↓

2 servings

#### INGREDIENTS

1 cup strawberries, chopped into small pieces  
2 tablespoons honey  
2 tablespoons warm water  
1/4 cup lime juice  
1/4 cup mint leaves  
4 ounces white rum  
2 cups lime seltzer  
2 cups ice  
Extra mint and lime for garnish

Photo and recipe courtesy of [thecleaneating-couple.com](http://thecleaneating-couple.com)

#### INSTRUCTIONS

In a blender combine strawberries, honey, and warm water. Blend for 1 minute on high until smooth. Pour strawberry mixture through a strainer or nut milk bag to remove any excess seeds. In a cocktail shaker, add lime juice and mint. Muddle mint, crushing it best you can. Add in strawberry mixture and rum, shaking to combine. Fill high ball glasses with ice. Divide strawberry/lime/mint mixture amongst two glasses. Add 1 cup of club soda or seltzer to the mixture and garnish with extra mint and lime.



### ↑ Skinny Paloma

2 servings

#### INGREDIENTS

12 ounces fresh grapefruit juice  
3 ounces tequila  
2 teaspoons lime juice  
Ice  
Grapefruit flavored sparkling water, optional  
Sea salt flakes or pink Himalayan sea salt for the rim, optional

#### INSTRUCTIONS

Add 1 shot of tequila, 6 ounces of grapefruit juice, 1 teaspoon of lime juice, and ice into each glass. Stir to combine, add splash of sparkling water (if using), and garnish with a lime wedge.

Photo and recipe courtesy of [eatingbirdfood.com](http://eatingbirdfood.com)



**Have culinary news to share?** Send an email to the editor at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).

# New Year, New Restaurants

We are bringing back our dining guide, but with a little twist. Our dining guide will feature a new theme each month and include restaurants that complement the theme as such; plus “Our Favorites,” which includes the What’s Up? Media family of advertising establishments. We are starting the year strong with “New Year, New Restaurants.” All of the restaurants below have opened in 2022, so get ready to find your new favorite spot.

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 410-672-2928  
 www.hunanrose.com

## Downtown Annapolis

**Game On Bar + Arcade**  
 114 West Street, Annapolis; 410-885-4589; gameonbararcade.com \$, 🍷

**The Choptank**  
 110 Compromise Street; 443-808-1992; thechoptank-restaurant.com \$\$\$, 🍷 🍴 🌞

**Picante Cocina Mexicana**  
 48 West Street; 443-775-5957; picanteannapolis.com \$, 🍷 🍴

## Greater Annapolis

**Vibe**  
 2072 Somerville Road, Annapolis; 443-949-7582; vibeannapolis.com \$\$\$, 🍷 🍴

**Hangry Joe's Hot Chicken**  
 2329B Forest Drive, Annapolis; 443-808-0501; hangryjoes.com \$, 🍷

**Tuscan Prime Italian Chophouse & Dolce Bar**  
 1905 Towne Centre Blvd #100, Annapolis; 443-572-4677; tuscanprime.com \$\$\$, 🍷 🍴 🎵

**Full On Eats & Drinks**  
 2478 A Solomons Island Road, Annapolis; 443-949-0203; fulloncraft.com \$, 🍷

**True Kitchen**  
 1906 Town Centre Blvd Suite 110, Annapolis; 443-775-5179; truefoodkitchen.com \$\$\$, 🍷 🍴 🌞

**First Watch**  
 2339 Forest Drive, Annapolis; 667-380-2422; firstwatch.com \$, 🍷

**Eat Sprout**  
 150 Jennifer Road Suite K, Annapolis; 443-223-0642; eatsprout.com \$, 🍷

## Eastport/Bay Ridge

**Beacon Waterfront Galley and Bar**  
 2020 Chesapeake Harbour Dr; 443-949-8456; beacon-waterfront.com \$\$, 🍷

## Edgewater/South County

**Always Ice Cream Company**  
 129A Mitchell's Chance Road, Edgewater; 443-949-8309; always-icecreamcompany.com \$, 🍷

## Arnold/Severna Park/Pasadena & Beyond

**The Social**  
 139 Ritchie Highway Suite A, Severna Park; 410-544-2457; thesocialsp.com \$\$\$, 🍷 🍴 🌞

**Garten**  
 849 Baltimore Annapolis Blvd, Severna Park; 443-261-3905; garten-eats.com \$\$\$, 🍷 🍴 🌞

**Eggspectation**  
 2402 Brandermill Blvd, Gambrills; 443-292-4181; eggspectation.com \$\$\$, 🍷 🍴

**Mod Pizza**  
 1350 Main Chapel Way, Gambrills; 443-494-5949; mod-pizza.com \$, 🍷

**Greene Turtle**  
1407 S Main Chapel Way STE 113, Gambrills; 410-702-9896; thegreenturtle.com \$\$\$, 🍷 🍷

**Akira Ramen Izakaya**  
1417 S Main Chapel Way Suite 108; 301-968-2182; akiraramenizakaya.com \$, 🍷

**Prince George's County**

**Milk & Honey Café**  
12500 Fairwood Parkway, Bowie; 240-260-3141; milkhoney.com \$\$\$, 🍷 🍷

**Huncho House**  
6451 America Blvd Suite 101, Hyattsville; hunchohouse.com \$\$\$, 🍷 🍷

**BLVCK Cow**  
6133 Highbridge Road, Bowie; 301-798-7195; blvckcow.com \$\$\$, 🍷 🍷

**Howard County**

**Kitchen + Whiskey**  
10300 Little Patuxent Pkwy, Columbia; 443-973-5700; chickenandwhiskey.com \$, 🍷 🍷

**Queen Anne's County**

**Libbey's Coastal Kitchen and Bar**  
357 Pier One Road, Stevensville; 410-604-0999; libbey-scoastalkitchen.com \$\$\$, 🍷 🍷 🍷 🍷 🍷

**Yo Java Bowl Café**  
800B Abruzzi Drive, Chester; 410-604-0000; yojavabowl.com \$, 🍷

**Dock House Restaurant**  
110 Piney Narrows Road, Chester; 443-446-4477; dockhouserestaurant.com \$\$\$, 🍷 🍷 🍷

**Talbot County**

**Tiger Lily**  
206 N Washington Street, Easton; 410-690-4602; tigerlilyeaston.com \$\$\$, 🍷 🍷

**Kent County**

**Blue Heron Oyster House and Inn**  
20658 Wilkins Avenue, Rock Hall; 410-639-4374; blueheronoysterhouseandinn.com \$\$\$, 🍷 🍷 🍷

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OUR FAVORITES

**Bella Italia**  
609 Taylor Ave, Annapolis; 410-216-6072; bellaitalia.md.com \$, 🍷

**Boatyard Bar & Grill**  
400 Fourth Street, Eastport; 410-216-6206; Boatyardbarandgrill.com \$\$\$, 🍷 🍷 🍷

**Carrol's Creek Café**  
410 Severn Avenue, Eastport; 410-263-8102; carrolscreek.com \$\$\$, 🍷 🍷 🍷 🍷

**Lewnes' Steakhouse**  
401 Fourth Street, Eastport; 410-263-1617; lewnessteakhouse.com \$\$\$, 🍷 🍷 🍷

**Mi Lindo Cancun Grill**  
2134 Forest Drive, Annapolis; 410-571-0500; lindocancn-grill.com \$\$\$, 🍷 🍷

**Miss Shirley's Café**  
1 Park Place, Annapolis; 410-268-5171; Missshirleys.com \$\$\$, 🍷 🍷 🍷

**Rodizio Grill**  
1079 Annapolis Mall Road, Annapolis; 410-849-4444; rodiziogrill.com \$\$\$, 🍷 🍷 🍷

**Hunan L'Rose**  
1131 Annapolis Road, Odenton; 410-672-2928 \$, 🍷

**Lime & Salt**  
8395 Piney Orchard Parkway, Odenton; 410-874-6277; Facebook \$\$\$, 🍷 🍷

**Mamma Roma**  
8743 Piney Orchard Parkway, Odenton; 410-695-0247 \$, 🍷

**Pacesetters ANNAPOLIS**  
Pacesetters is an Annapolis-area business development group committed to connecting local companies and organizations to collectively grow their businesses. Join our growing chapter, where we serve as referral partners and make a difference in our community!  
annapolispace setters.com



# Where's Wilma?

**FIND WILMA AND WIN!**

Happy New Year! Fresh off a fantastic 2022, our famous flying mascot Wilma is ready to take on 2023. Wilma is flying high in the sky and touching down at her favorite shops, services, and restaurants. Where will she land next?

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at [whatsupmag.com/promotions](http://whatsupmag.com/promotions) for another opportunity to win a prize.

**Congratulations** to **Sheilah B.** of Crofton, who won a \$50 gift certificate to a local business.

**Mail entries to:** Where's Wilma? Central Maryland, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at [whatsupmag.com/promotions](http://whatsupmag.com/promotions)



*Please Print Legibly*

**I FOUND** \_\_\_\_\_ Advertiser \_\_\_\_\_  
**WILMA** \_\_\_\_\_ Advertiser \_\_\_\_\_  
**ON PG.** \_\_\_\_\_ Advertiser \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

E-mail address \_\_\_\_\_

What is your age bracket? (Circle one) <25 25-34 35-44 45-54 55+

Would you like to sign up for our weekly eNewsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles? Yes, please! \_\_\_\_\_ No, thanks \_\_\_\_\_

Entries must be received by January 31, 2023. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Central Maryland.

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# This new year, make your lung health a priority.



The experts in our Lung Screening Program at **University of Maryland Baltimore Washington Medical Center** are here to help you understand your risk for lung cancer. The first step – getting a low-dose CT scan to detect lung cancer early, when it is most treatable. The scan is non-invasive and takes less than 15 minutes to complete.

If you meet **all four** of the following conditions, we encourage you to schedule a lung screening:

1. Age 50 - 77 years old
2. Have no signs or symptoms of lung cancer
3. Have a smoking history of at least one pack a day for 20 years
4. Currently smoke or have quit within the last 15 years

**Schedule your appointment today.** Our team will guide you every step of the way. That's a better state of care.

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[umbwmc.org/LungCancerScreening3](http://umbwmc.org/LungCancerScreening3) | 443-776-4327



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