

HOME EXCELLENCE AWARDS
Winners Revealed Inside!

SPRING INTO ACTION!
With the 2024 Home Resource Guide

SIGN UP NOW!
For Kids Summer Camps

WHAT'S UP? CENTRAL

SERVING ANNE ARUNDEL &
PRINCE GEORGE'S COUNTIES

WHAT'S UP? MEDIA
HOME GROWN
LOCALLY OWNED
ANNAPOLIS
EASTERN SHORE
CENTRAL MARYLAND

mariland



AT HOME &
IN STYLE:
FIRST LADY

DAWN MOORE

IS LOVING LIFE
IN ANNAPOLIS

\$4.95

07482008344 4 04

WHAT'S UP? MEDIA, MARYLAND 2024

JOIN US FOR REFLECTIONS FROM
45 YEARS OF CARING FOR LIFE.



Together, we create Moments that Matter.

Saturday, May 11, 2024

5:30pm to 10:00pm

The Fluegel Alumni Center

301 King George St, Annapolis, MD 21402



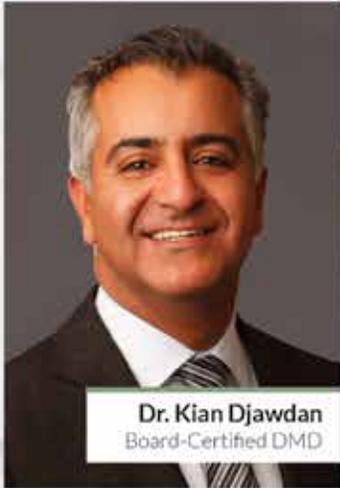
45 Years of Celebrating Life



For tickets and sponsorships, please scan the code,
call 443.837.1531 or visit hospicechesapeake.org/45th-anniversary

We Solve Complex Dental Problems

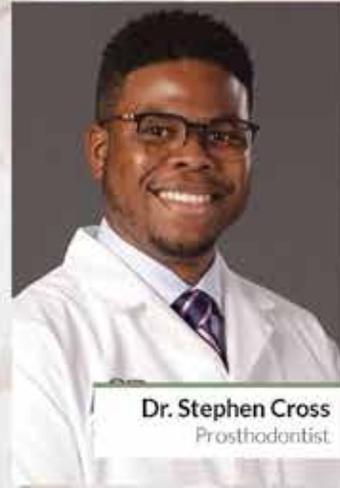
We have created a unique dental center that focuses on helping adult patients with complex dental problems. If you are considering dental implants and/or restorative dentistry, it is important you choose an expert; a dentist with the advanced training to utilize state-of-the-art techniques and procedures for treating complex dental conditions and restoring optimum function and esthetics predictably and efficiently.



Dr. Kian Djawdan
Board-Certified DMD



Dr. Kian Djawdan is Board Certified by the American Board of Implantology/Implant Dentistry and considered an expert in implant dentistry. Dr. Djawdan is specially trained and licensed to administer IV sedation for any surgical or restorative dental procedure.



Dr. Stephen Cross
Prosthodontist



American Board
of Prosthodontics

Dr. Stephen Cross is a Prosthodontist and considered a specialist. His specialty training makes him uniquely positioned to diagnose, create treatment plans and execute treatment of patients with highly complex prosthetic and implant needs.

Request Your Judgement Free Consultation

by calling **410-266-7645** or online at www.smileannapolis.com

Our Three Uniques

-  ***In-Office Dental Lab***
State of the art 3D Design
CAD/CAM and printing
-  ***Dental Implants***
Extractions, immediate placement
implants and restoring dental implants
-  ***Sedation Dentistry***
For any dental procedure

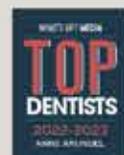
Djawdan Center for Implant and Restorative Dentistry

Restoring Hope & Confidence

133 Defense Hwy, Suite 210
Annapolis, Maryland 21401

410.266.7645

www.smileannapolis.com



Our Professional
Training & Dental
Credentials



Wye Financial Partners

A DIVISION OF SHORE UNITED BANK



Tammie Schnable, Kathleen Webster, Julia Jones, Chris Parks, Nanette Rediker, Lora Davis, Talli Oxnam, Tom Saxon, Lori Smith, Neil Zurowski (not pictured)

Smart strategies can help you maximize your money by taking a comprehensive approach to your financial future. We care for our clients in all stages of their financial journey. We offer comprehensive strategies and exceptional service tailored to meet individual and business needs.

We are committed to helping you with financial planning, retirement planning, long-term care insurance and life insurance.

Guidance from a financial professional can make all the difference.

Contact us today to see how we can help you, your family and your business.

16 N. Washington Street
Easton, MD 21601
410-763-8543

3035 Leonardtown Road,
Waldorf, MD 20601
800-309-8124

1101 Maiden Choice Lane
Baltimore, MD 21229
800-309-8124

995 N Prince Frederick Blvd, Suite 105
Prince Frederick, MD 20678
800-309-8124

www.WyeFinancialPartners.com

Securities and advisory services are offered through LPL Financial (LPL), a registered investment advisor and broker-dealer (member FINRA and SIPC). Insurance products are offered through LPL or its licensed affiliates. Shore United Bank N.A. and Wye Financial Partners are not registered as a broker-dealer or investment advisor. Registered representatives of LPL offer products and services using Wye Financial Partners and may also be employees of Shore United Bank N.A. These products and services are being offered through LPL or its affiliates, which are separate entities from, and not affiliates of Shore United Bank N.A. or Wye Financial Partners. Securities and insurance offered through LPL, or its affiliates are:

Not Insured by FDIC or Any Other Government Agency	Not Bank Guaranteed
Not Bank Deposits or Obligations	May Lose Value



Get back to *the fun* faster

When moving hurts, it's hard to do things you need to do – or the activities you love. At Luminis Health, we can relieve your pain and get you back in action so you can live life to the fullest. We offer:

- Fast-access **online scheduling** anytime, anywhere
- Convenient **evening and weekend** hours with OrthoToday
- Comprehensive care, including **imaging**
- Seven **convenient** locations

Our team includes sports medicine specialists, surgeons, radiology staff and bracing specialists. We're ready to diagnose and treat your injury quickly and safely.



To book an appointment, visit
[Luminis.Health/Orthopedics](https://www.luminishealth.com/Orthopedics)

To make an appointment by phone, please call (410) 268-8862 for all Luminis Health Orthopedics locations.
Annapolis | Bowie | Easton | Lanham | Odenton | Pasadena

Contents



MARCH/APRIL 2024

◀ **On the Cover:** Maryland First Lady Dawn Moore. Photograph by Tony Lewis, Jr. Design by August Schwartz. Contact *What's Up? Central Maryland* online at whatsupmag.com. ♻ Please recycle this magazine.

Features

22 At Home In Annapolis with Maryland's First Lady Dawn Moore, who discusses her first year in town, family life, and political aspirations BY LISA HILLMAN

28 2nd Annual Home Excellence Awards boasts many winning projects for their elite architecture, design, and construction

43 Spring Into Action with our 2024 Home Resource Guide, which offers categorical listings of the finest home professionals in the region

54 Hello, We're Home. examines home construction and technology trends by means of the National Association of Home Builders' annual showcase project, the New American Home BY LISA J. GOTTO

61 2024 Summer Camps You Should Know features the region's day and overnight camp options in a wide variety of educational and athletic interests



28



Home & Design

72 Home Interior: Value Added? features seven interior design no-nos, which could de-value your home BY LISA J. GOTTO

74 Home Garden: Preparing for Spring's Showers has tips for controlling erosion and property problem-areas due to rain, runoff, and more BY JANICE F. BOOTH

78 Polished, Colonial-Era Charm showcases a circa-1800 restored townhouse in the heart of Downtown Annapolis BY LISA J. GOTTO

Health & Beauty

BY DYLAN ROCHE

82 Fresh Take: Sunflower Seeds

84 Fitness Tips: Core Work

85 The Silent Killer

86 Spring Fashion: Pastels

Food & Dining

90 Signature Lowcountry is our dining review of the Crafty Crab in Bowie BY JAMES HOUCK

92 Readers' Dining Guide features local restaurant listings for your consideration



90

WHAT'S UP? **CENTRAL**
maryland

Publisher & President

Veronica Tovey (x1102)

Editorial Director

James Houck (x1104)

COO & Director of Advertising

Ashley Lyons (x1115)

Entertainment Editor

Megan Kotelchuck (x1129)

Contributing Editors

Lisa J. Gotto, Dylan Roche

Contributing Writers

Janice Booth, Lisa Hillman,

Lisa A. Lewis, Tom Worgo

Staff Photographers

Steve Buchanan, Tony Lewis, Jr.

Contributing Photographers

Levy Ellyson/501 Studios

Art Director

August Schwartz (x1119)

Graphic Designers

Matt D'Adamo (x1117), Lauren Ropel (x1123)

Web Content Specialist

Arden Haley

Production Coordinator

Amanda LoPresti

Senior Account Executive

Kathy Sauve (x1107)

Account Executives

Nicole Draper, Beth Kuhl (x1112),

Nina Peake (x1106), Michelle Roe (x1113)

Finance Manager

Deneen Mercer (x1105)

Bookkeeper

Heather Teat (x1109)

WHATSUPMAG.COM



What's Up? Central Maryland is published by What's Up? Media 201 Defense Highway, Suite 203, Annapolis, MD 21401, 410-266-6287, Fax: 410-224-4308. No part of this magazine may be reproduced in any form without express written consent of the publisher. Publisher disclaims any and all responsibility for omissions and errors. All rights reserved. Total printed circulation is 20,250 copies with an estimated readership of 60,855; 19,526 copies are mailed free to households in the Central Maryland area, with additional magazines distributed to waiting rooms and local hotels throughout Central Maryland. ©2024

What's Up? Media. **Home Grown, Locally Owned:**

This issue of What's Up? Central Maryland employs more than 25 local residents.

ORAL SURGERY SPECIALISTS

SKILLED | BOARD CERTIFIED | PROGRESSIVE | ARTISTIC

Trained Minds...Caring Hands



Drs. Chris Chambers, Neil Sullivan, Kurt Jones, Borek Hlousek, Cliff Walzer, and Kenneth Kufta are all Board Certified Oral and Maxillofacial Surgeons that specialize in:

Dental Implant Surgery • Dental Implant Placement for Same Day Teeth
Wisdom Teeth Removal • Orthognathic Surgery (Corrective Jaw Surgery)
General Anesthesia • Oral Pathology

Annapolis
Pasadena



Kent Island
Waugh Chapel

Please call or visit our website at
www.annapolisOSS.com | 410-268-7790



Contents

COMING UP IN MAY/JUNE 2024

Leading Lawyers, Land Savers, Backyard Pollinators, Iconic Route 50

In Every Issue

08 From the Editor shares James' thoughts on this month's issue

11 Out on the Towne highlights special celebrations and activities to enjoy this month BY MEGAN KOTELCHUCK

16 Towne Salute introduces Ashleigh Wyble of the For Ellie Foundation BY LISA A. LEWIS

18 Towne Spotlight features local business and community news

20 Towne Athlete profiles Ryan Howerton of St. Vincent Pallotti BY TOM WORGÓ

96 Where's Wilma? Find the *What's Up? Media* mascot and win



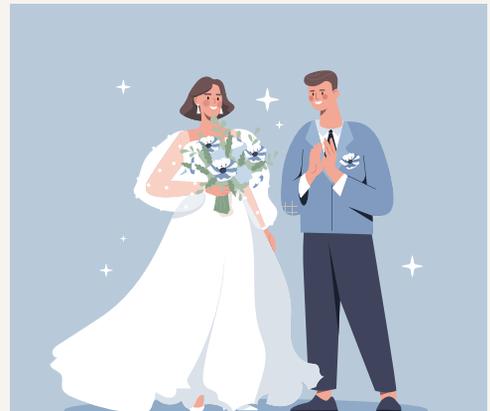
e-contents



The 2024 What's Up? Top Dentists survey starts this month! A peer-survey project celebrating exemplary dentists in the Greater Chesapeake Bay Region. Dentists are encouraged to nominate their peers on the survey form found online. Voting will start on March 1st and close on April 30th. Visit whatsupmag.com/topdentists2024.



2024 **TOP Dentists** 



Planning your big day and looking for vendors? Visit our wedding vendor guide at whatsupmag.com/weddings/wedding-vendors





SINCLAIR PROSSER GASIOR

ESTATE PLANNING & ELDER LAW ATTORNEYS



Helping families by providing peace of mind

At Sinclair Prosser Gasior, we focus on preserving wealth and legacies through comprehensive estate planning and estate administration.

When you plan your estate, you protect the people you love the most. Each family is unique, so your estate plan should be custom crafted to ideally suit your needs.

Our experienced attorneys and staff provide compassionate support and expert legal guidance to families as they transition through all of life's cycles.

Take the first step in securing your legacy today. Contact us at **(410) 573-4818** to learn more.

Offices in Annapolis, Bowie, Millersville and Waldorf.

Our services include:

- Revocable Living Trusts
- Health Care Directives
- Medicaid Planning
- Power of Attorneys
- Last Will and Testament
- Estate Administration
- Probate
- Elder Law and Guardianship
- Special Needs Planning
- Tax Planning
- Free Educational Seminars and Webinars
- Ongoing Support to Family Members

► **www.spgasior.com**

Together, we will ensure your wishes are respected and your legacy lives on.





Government House—the official home to our state’s governor, first lady, and family in Annapolis—dates back to 1870. It’s an exquisite and, I must say, pretty darn cool place. History permeates its walls, but the architectural ins and outs, plus furnishings, are what draw eyes and conversations.

My first visit was during the elementary years when groups of schoolkids would routinely be given whirlwind tours of town by guides in colonial garb. A stop in front of Government House with a few minutes of lecture was memorable, if not wholly remarkable. It wasn’t until many years later—probably 30 to be honest—during an annual Governor’s Buy Local Cookout held on site, that I explored and fully came to appreciate this property. Boasting a mix of Victorian and Georgian styles, Government House is unique and its gardens immaculate. It’s impressive. Should you take the opportunity to visit (during a holiday open house, for example), Government House will surely inspire your own great...home...expectations.

Maryland First Lady Dawn Moore certainly is inspired. Entering year two in Government House, Moore has taken to the property, but more so to the town and state that she and husband, Governor Wes Moore, serve. In our engaging time with the First Lady—from interview to photo shoot—she revealed her charm, wit, strength, courage, and dedication to causes dear to her heart, and to her family. Her character should serve Marylanders well, as you’ll read in author Lisa Hillman’s feature piece, “At Home In Annapolis.”

Feeling *at home* can be both a structural comfort *and* a sense of belonging within the greater community. If you’re feeling both—as our First Lady does—then you know how special home truly can be.

Carrying the home theme, this issue of *What’s Up? Central Maryland* offers some ways and means to help you achieve great expectations of your own home and feel community pride. Throughout this magazine, you’ll meet home professionals—some of the very best locally—that have helped thousands of clients (perhaps, your neighbors) with their real estate, architectural, construction, interior design, plumbing, electric, HVAC, you name it...wants and needs. And our 2024 Home Resource Guide lists them all neatly for reference.

We also visit the National Association of Home Builders’ annual showcase home, the *New American Home*, featuring amazing tech and design in multiple home disciplines. This floor-to-ceiling project is built for the industry’s annual conference in Las Vegas and is, yeah, pretty darn cool.

And maybe you’re feeling lucky (hey, it’s March, St. Patrick’s, the equinox, and all that). We’re feeling it, too! In the greater Chesapeake Bay region, as spring unfolds, we start to see a bit more of each other at exciting events—from sports to festivals to sock bonfires (yep!)—and opportunities to explore the great outdoors blossom.

We cover all this local fun and action in our monthly entertainment, dining, and wellness departments. More is happening. It feels good...here, now, together.

And I think that’s pretty darn cool.

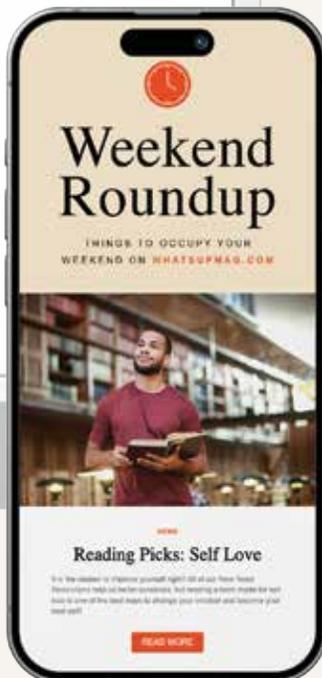
James Houck,
Editorial Director

**FEELING AT HOME CAN
BE BOTH A STRUCTURAL
COMFORT AND A SENSE OF
BELONGING WITHIN THE
GREATER COMMUNITY.**

Advertise with us

The original content provider for all things in Annapolis, the Chesapeake region, and beyond for over 27 years! What's Up? Media offers multiple advertising platforms to help promote and attract customers to your business. From our market leading publications to our high profile events to targeted digital display advertising, What's Up? Media can put your campaign in front of the right audiences.

CONTACT:
Ashley Lyons
alyons@whatsupmag.com



WHAT'S UP?
annapolis

WHAT'S UP?
eastern shore

WHAT'S UP? CENTRAL
maryland

WHATSUPMAG.COM

EXPERT OF THE MONTH



CINDY LINDGREN

Senior Director of Behavioral Health The Arc Central Chesapeake Region

Cindy Lindgren has more than 30 years of experience in the field of intellectual and developmental disabilities and is an experienced senior director in both the private and government administration sectors. Her primary focus is leading behavioral health development and quality enhancement systems. She has also led the Developmental Disabilities Administration statewide Quality Enhancement department and consulted with families and organizations to support people's mental health through a trauma-informed lens.

To commemorate Developmental Disabilities Awareness Month, Lindgren shares her insight.

What inspired you to pursue a career working with people with intellectual and developmental disabilities?

During graduate school, I became involved with young adults with intellectual and developmental disabilities. I was so impressed with all they were doing, but I was concerned that they had very little opportunity to talk with a counselor about their thoughts and concerns. Everyone should have that opportunity.

How does The Arc's unique behavioral health program help people address their needs and achieve better quality of life?

Behavioral health for people with intellectual and developmental disabilities frequently only provides assistance via traditional behavioral supports. At The Arc, we take a different approach. We look at the whole person—their experiences, relationships, hopes, dreams, and fears. We focus on the mind, body, and spirit and provide traditional therapy as well as behavioral support from a trauma-informed care perspective. This means that we understand how a person's previous experiences influence how they feel or act in the moment. The mental health of people with intellectual and developmental disabilities is often discounted and overlooked. We believe that starting with mental health first offers people the support they need to achieve the quality of life they desire.

What is the most rewarding aspect of your work?

It's so rewarding when someone tells me that they feel supported by one of our clinicians—that they really listen to them and help them find ways to cope with life. When someone feels supported, they are not alone. They know there are techniques to get them through the difficult times and celebrate the good things in life. It's also gratifying when a clinician tells me that they have found where they belong, where they truly make a difference.

Cindy Lindgren

The Arc Central Chesapeake Region
999 Corporate Blvd, #300 | Linthicum, MD 21090
410-269-1883 | thearcccr.org



Out **ON THE** Towne

12 EVENT PICKS

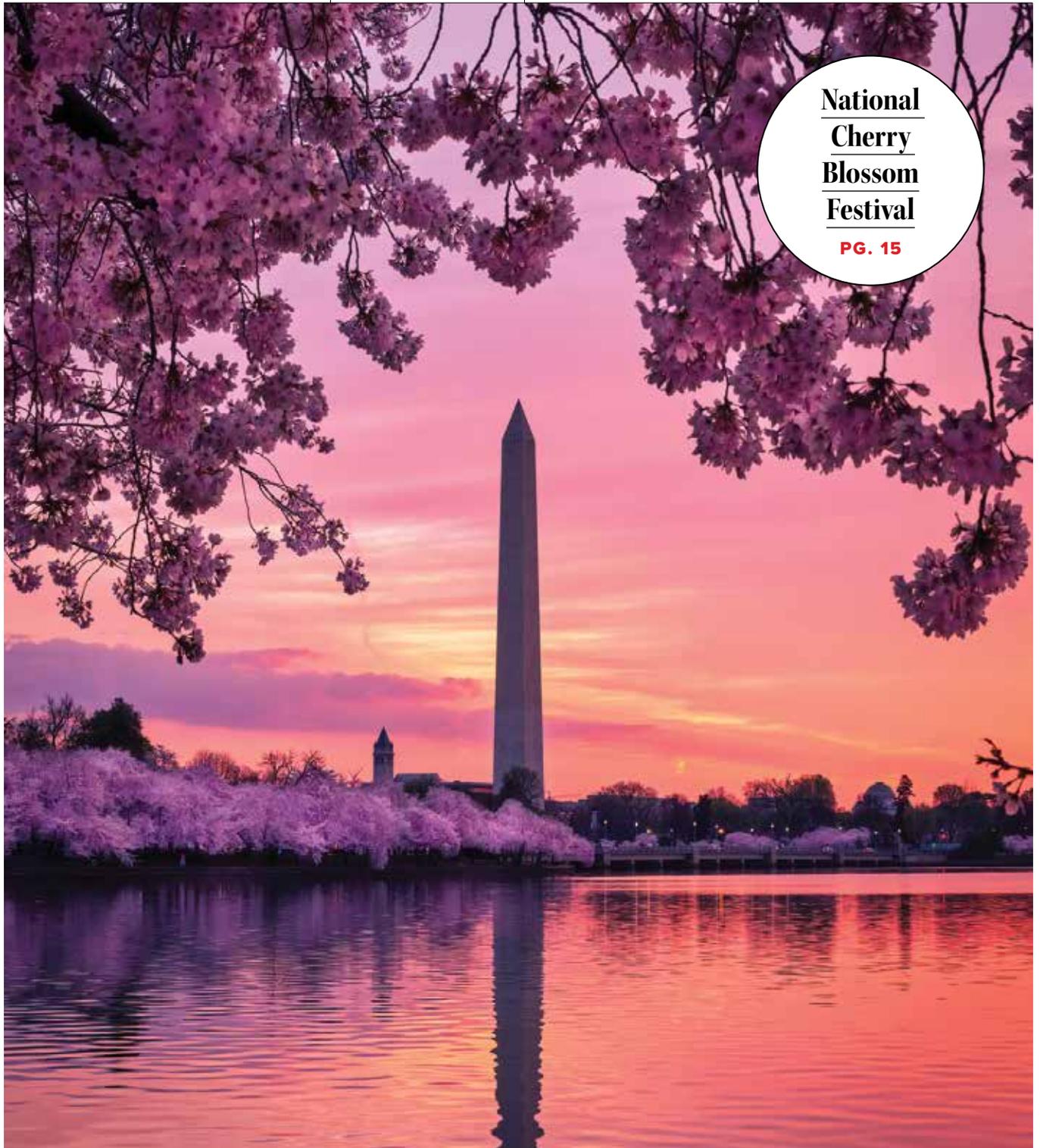
16 SALUTE

18 SPOTLIGHT

20 ATHLETE

**National
Cherry
Blossom
Festival**

PG. 15





MARYLAND HOME AND GARDEN CRAFT SHOW

Inspiration for spring cleaning, home renovations, outdoor living, and easy entertaining begin at the Spring Maryland Home & Garden + Craft Show, March 2nd to 3rd and 8th through 10th at the Maryland State Fairgrounds in Timonium. More than 400 exhibitors will offer tips and products for any home project. Ten professionally-designed “Baltimore Backyard Parties” gardens overflow with lush plantings and dramatic water features. More than 150 crafters feature one-of-a-kind creations for Spring gifting and personal enjoyment. The Maryland Orchid Society annual show highlights spectacular flowers (3/8–10). Special presenters include Kevin O’Connor, the host of PBS’ *This Old House* (3/2–3) and Netflix’s *Hack My House* host Ati Williams (3/8–9). Find more information and a full list of exhibitors at mdhomeandgarden.com.

Casey Cares Gala

The Casey Cares Totally ’80s Gala is not just an opportunity to relive the past—it’s a chance to make a difference in the lives of those who need it most. On March 9th, Casey Cares Foundation will have their annual gala at American Visionary Art Museum in Baltimore. Proceeds will benefit the organization’s programs and activities that serve critically ill children and their families. Guests will enjoy premium open bar, cocktail hour, seated dinner, live music, silent and live auctions, and more! Find more information at caseycares.org.



Photo by The Five Arrows Media



**PEEP DIORAMA
CONTEST**

Check out the first Peep Diorama Contest at Marley Station Mall, with displays from March 22nd through March 24th! One can find handmade crafts, a mall wide scavenger hunt for Bunnies, and the Peep Diorama Contest. Dioramas will be created by families, kids, teens, groups, and businesses. The festival promotes a sense of unity and raises funds for one local individual each year through an auction, gift shop, and people's choice vote. For more details check out the founding organization at gbgingerbread-festival.com.

SPEND YOUR SPRING WITH THE
Baysox

FREE FAMILY FUN FEST
SATURDAY MARCH 23
10AM-1PM
FREE GAMES, FIELD TOURS, & MORE!

2024 OPENING WEEKEND
APRIL 5-7
VS *F*
GIVEAWAYS, FIREWORKS, & MORE!

MEET THE TEAM
SUNDAY APR. 21
1:05PM
PREGAME AUTOGRAPHS & PHOTOS
11:30 - NOON!

TICKETS: 301-805-6000 **BAYSOX.com** Double-A Affiliate

American Craft Made Baltimore Marketplace 2024

The American Craft Made Baltimore Marketplace returns to the Baltimore Convention Center on March 15th through 17th. Immerse yourself in the world of craft and hands-on activities to celebrate all things handmade. The marketplace brings together more than 350 artists from across the country to help you find your next handmade treasure. Attendees will enjoy meeting the creators of some of their favorite pieces while exploring various mediums such as ceramics, glass, jewelry, clothing, furniture, basketry, and more. Find more information and get tickets at craftcouncil.org.



Photo by Maximillian Franz

GEM, MINERAL AND FOSSIL SHOW

The 56th Annual Gem, Mineral, and Fossil Show will be at the Montgomery County Fairgrounds on March 16th and 17th. The show will feature dealers from around the country with fossils, jewelry, beads, minerals, shells, slabs, books, equipment, carvings, and so much more. The show will be open from 10 a.m. to 6 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday. Find more information at glmsmc.com.



**CHERRY BLOSSOM
FESTIVAL**

The National Cherry Blossom Festival runs March 20th through April 14th along the tidal basin and National Mall in Washington, D.C. The festival commemorates the 1912 gift of 3,000 cherry trees from Mayor Yukio Ozaki of Tokyo to our nation. This festival, like the trees, celebrate the enduring friendship between the people of the United States and Japan. During these four weeks, enjoy the natural beauty of spring and enjoy the Blossom Kite Festival, Opening Ceremony, a parade, and much more. Find more information and full details about individual events at nationalcherryblossomfestival.org.



Your solution to
thinning hair

Keralase
laséMD
ULTRA



Skin Oasis Hair



Treat thinning hair with Keralase Laser, which stimulates scalp growth for thicker, more manageable hair.



Aerolase™

Skin Oasis Skin



Laser skin rejuvenation treats unwanted pigmentation and wrinkles, while restoring collagen and elastin for a more youthful glow.



SKIN OASIS
DERMATOLOGY

MEDICAL, COSMETIC,
SURGICAL
DERMATOLOGY
PRACTICE



Katina Byrd Miles, MD, FAAD

Dr. Miles is a board-certified dermatologist specializing in skin care for children, adolescents, and adults.

410-451-0500

www.skinoasisderm.com

2401 Brandermill Boulevard
Suite 240, Gambrills, MD 21054

Ashleigh Wyble

**FOR ELLIE
FOUNDATION, INC.**

By Lisa A. Lewis

Welcoming their daughter, Ellie, into the world on May 20, 2016, was such a special occasion for Ashleigh and Matt Wyble—a day filled with love, happiness, hopes, and dreams. But on August 14, a few days before Ellie would have turned three months old, the unthinkable happened, and she unexpectedly passed away under tragic circumstances. Seven years later, the Wybles still don't fully know what caused Ellie's sudden death and probably never will.

But the couple refused to let their grief overwhelm them. They realized that the only way to move forward was to create a foundation to honor Ellie and keep her memory alive. So, in October 2016, the Wybles established the For Ellie Foundation, Inc., a 501(c)(3) nonprofit organization with proceeds benefitting the pediatric units of Luminis Health Anne Arundel Medical Center (AAMC) and University of Maryland Baltimore Washington Medical Center (UM BWMC). The mission of the foundation is “[to create] a more beautiful world through random acts of kindness.” And it all began with the idea of planting a garden.

“The groundbreaking of the Labyrinth at Woods Presbyterian Memorial Church’s Care and Counseling Center in Severna Park had recently taken place,” says Ashleigh, president of the For Ellie Foundation. “It was a project that Matt’s grandparents, Jerry and Elizabeth Wyble, had spent many years trying to complete. Almost all of the funds had been raised, but we started a Go-



**SINCE ITS
INCEPTION,
THE FOR ELLIE
FOUNDATION
HAS RAISED
MORE THAN
\$300,000
& DELIVERED
MORE THAN
2,100
HOPE TOTES.**

FundMe with the goal of raising an additional \$5,000. We ultimately raised \$30,000, so we decided to create the For Ellie Foundation and pay it forward, which is how the foundation’s random acts of kindness theme originated.”

The Wybles used some of the funds to create the adjacent Child’s Garden. Attached to the Labyrinth, the garden is adorned with two benches and a child’s bench, where they grow moonflowers each year. A favorite of Matt’s grandmother, moonflowers bloom in the evening and represent light in the darkness. For the Wybles, they also symbolize beauty born of tragedy. A peaceful place for reflection, Ellie’s Moonflower Garden was dedicated on May 20,

2017. The date, which would have been Ellie’s first birthday, serves as a touching tribute to her memory.

During the months that the moonflower garden was being completed, the Wybles started creating programs to fulfill the mission of the foundation, including the Hope Totes program. Launched in January 2017, Hope Totes provides essential items to offer care and comfort to families with a loved one in the pediatric emergency department. The foundation also donates iPads, toys, books, and other items and supports projects that benefit the community, patients, and staff. Since its inception, the For Ellie Foundation has raised more than \$300,000 and delivered more than 2,100 Hope Totes.

“It is hard to put into words how the For Ellie Foundation’s dedication to our community has touched so many lives,” says Meghan Siegel, Certified Child Life Specialist, Luminis Health AAMC, Pediatric Emergency and Inpatient Unit. “From donations of toys to supplies for staff, they continue to show up on a regular basis to support our patients and families. Over the past seven years, I have had the honor of handing off thousands of tote bags. Having a child emergently transferred to another facility can be scary and confusing. Being able to provide an Ellie bag is often met with a sigh of relief from a parent. The comfort items ease some of the challenges parents will face during the next steps of their child’s care.”

“Ashleigh’s generous philanthropic support and spirit of paying it forward have benefitted UM BWMC and many of its tiniest patients in countless ways,” adds Susan Iaquina, Director of Development, BWMC Foundation, Inc. “A member of BWMC Foundation’s Next Generation Committee, Ashleigh has helped UM BWMC create a library cart with books for our pediatric patients. She also donates over 100 Ellie Hope Totes annually and financially supports our infant safe sleep program for new families. We are very fortunate to have her as a partner to help us fulfill our mission of providing high quality healthcare to the communities we serve.”

In addition to its projects and programs, the For Ellie Foundation also hosts two fundraisers every year: a cornhole tournament

and a virtual raffle. This year’s cornhole tournament is scheduled for February 17. To register, visit forellie.regfox.com/2024cornhole.

Ashleigh, a data scientist for the Nielsen Company, lives in Severna Park with Matt and their sons, Luke, 10, and Cooper, 5.

“The For Ellie Foundation gives us a way to continue to pay it forward,” Ashleigh says. “What we went through will always be tragic and sad, but being able to shine positivity in Ellie’s name makes it feel like she is still impacting the world. She may not be here physically, but she has touched thousands of families and will continue to do so. I hope her/our story will show people that you can get through the unimaginable and still find joy and kindness in life.”

To learn more about the For Ellie Foundation, visit forellie.org.



WANT TO NOMINATE A VOLUNTEER?
EMAIL US AT EDITOR@WHATSUPMAG.COM

NANCY HAMMOND EDITIONS



INTRODUCING VARIATIONS ON A HERON BY NANCY HAMMOND
OFFERED AT INTRODUCTORY PRICING FOR A LIMITED TIME

SIGNED AND NUMBERED LIMITED EDITION GICLEE, 48" X 32"
SIGNED ARTIST PROOF 40" X 60"

416 6TH ST, ANNAPOLIS, MD 21403 • 410-295-6612 • WWW.NANCYHAMMONDEDITIONS.COM



Providence Welcomes New Board Member

Providence of Maryland recently announced the appointment of Sandra Griffin, current Senior Nursing Director of Women’s and Children’s Services at Luminis Health Anne Arundel Medical Center, to the organization’s board of directors. Griffin boasts an impressive resume, with senior roles at the University of Maryland Medical System and acute care positions at The University of Maryland Midtown Campus and Luminis Health Anne Arundel Medical Center. She also serves as an adjunct faculty member at the Community College of Baltimore and Essex and the University of Phoenix, while also actively participating in various professional organizations. Providence of Maryland has a long-standing commitment to supporting adults with intellectual and developmental disabilities in Maryland, helping them to advocate for the lives they want. “With Sandra Griffin’s recent board appointment, the organization is confident that with her extensive management and operations experience, leadership, and clinical background, Providence will be driven toward even greater success,” stated organization leadership. Learn more at providenceofmaryland.org.



PET PANTRY RIBBON CUTTING

On November 20th, Congressman Jamie Raskin and his family visited the Senior Dog Sanctuary to mark the Grand Opening of the, new onsite Pet Pantry with a ribbon cutting ceremony. The pantry is part of *The Tommy Raskin Seniors 2 Seniors* program, named for the Congressman’s late son Tommy who was a passionate animal advocate. This first of its kind program aims to provide Anne Arundel County senior citizens (age 55 and older) with Pet Wellness Expos at all eight of the county senior centers, free pet food and supplies through the pantry at the Sanctuary, and to further the mission of the Sanctuary: to help rescue, rehabilitate, and rehome senior dogs. Learn more at seniordogsanctuary.com.



BYKES 2 TYKES PROGRAM A SUCCESS!

On December 16th at the Boys & Girls Club of Annapolis and Anne Arundel County, and Decem-

ber 17th at the Green Turtle’s Gambrills and Pasadena locations, the Bykes 2 Tykes charity organization surprised local kids with new bikes! This event provided complimentary meals for the recipients, a space for volunteers to assemble the bikes (known as “Santa’s workshop”), and materials to make ornaments that the kiddos could take home. Additionally, the event hosted surprise appearances from Santa, other familiar characters like Batman and Paw Patrol, military personnel, and first responders dressed in uniform. The children were not aware that they’d receive bikes, so it was a surprise! Learn more about the Bykes 2 Tykes nonprofit at facebook.com/Bykes2Tykes.



Arc Promotion Applauded

The Arc Central Chesapeake Region (The Arc) recently announced the promotion of Megan Lyle to Senior Vice President of Administration & General Counsel. In this new role, Lyle will lead all aspects of enterprise-wide compliance, legal strategy and operations, information technology, and corporate governance. “Megan not only has a comprehensive knowledge of laws, regulations, policies and procedures, she has a strategic outlook and passion for the work we do throughout the community,” said Jonathon Rondeau, President & CEO. Megan came to The Arc in April 2023 as an accomplished Attorney Advisor with over ten years of experience. As the Vice President of Corporate Compliance & Legal Counsel, she immediately provided valuable guidance and resources with a wide range of legal advice and leadership to The Arc and its subsidiaries. This promotion comes after just ten months with The Arc. To learn more, visit thearc.org.



DO YOU HAVE COMMUNITY OR BUSINESS NEWS TO PUBLICIZE? EMAIL US AT EDITOR@WHATSUPMAG.COM

The Big Dogs from the Small Firm



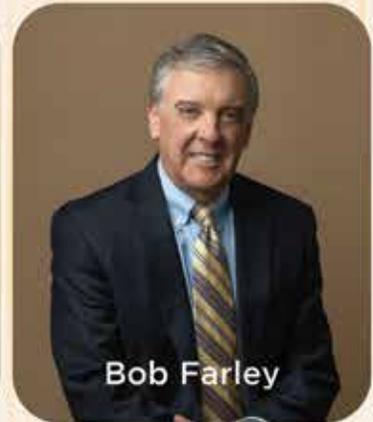
Rick Jaklitsch



Christine Murphy



David Jaklitsch



Bob Farley

Selecting a lawyer when you've been hurt in a car crash is crucial.

The Jaklitsch Law Group handles the most serious and catastrophic injury cases, and its four award-winning lawyers have become synonymous with significant settlements and verdicts for their clients. This track record of success has repeatedly earned the firm recognition from many of the nation's most prestigious groups of trial lawyers, and is another reason why What's Up? Central Maryland is again recognizing the Big Dogs from the Jaklitsch Law Group as "The Best of Central Maryland." Some of the firm's accolades include:

- Named "Best Personal Injury Trial Law Firm—USA" by Global Business Insight
- Honored by US News and World Report as a one of the country's "Best Law Firms"
- Named Maryland's "Best Personal Injury Firm" AND "Best Civil Litigation Firm" by The Daily Record
- Rick Jaklitsch named one of the "10 Best Attorneys" by the American Institute of Personal Injury Attorneys
- Rick Jaklitsch, Bob Farley, and Christine Murphy recognized by "Best Lawyers in America" year after year
- David Jaklitsch named a Top 40 Under 40 civil trial lawyer by The National Trial Lawyers



JAKLITSCH
LAW GROUP

INJURED?

Call us...1-855-BIGDOG1
www.BigDogLaw.com



Ryan Howerton

ST. VINCENT PALLOTTI FOOTBALL

By Tom Worgo

When Covid kept the St. Vincent Pallotti football team from conducting practices in August of 2020, the Panthers had to turn to Zoom Video Conferencing to get things done, including doing exercises. Mammoth offensive lineman Ryan Howerton took part. He did push-ups at home and a Pallotti coach who watched him was impressed with his size.

“I was taking up the whole camera,” Howerton recalls. “The coach said, ‘You are taking up the whole screen out there. You are like a Mountain.’”

Mountain became his nickname, and it stuck all through high school.

Howerton, who is now 6-foot-5 and 300 pounds, had a lot more going for him than just his size. He plays with great power and runs faster than many players this size. That’s why he became such a coveted recruit. He had 19 scholarship offers and about 40 schools recruited him.

He ended up picking the University of Maryland—the college he grew up rooting for—over West Virginia University and the University of Pittsburgh. Howerton even had an offer from Ohio State University.

He verbally committed to Maryland in July and signed a National Letter of Intent in December of last year. Howerton plans to major in journalism and chose Maryland in large part because of Head Coach Kevin Locksley, who has a reputation as a great recruiter.



“THE COACH SAID, ‘YOU ARE TAKING UP THE WHOLE SCREEN OUT THERE. YOU ARE LIKE A MOUNTAIN.’”

He will start attending the school in late-January after graduating from Pallotti in mid-January

“I got a chance to sit down and really get to know him [Locksley] on my official visit,” Howerton says. “I heard about his character and how he really

gets out and recruits in the local community. I was hearing it but not really seeing it. When I heard the truth from him, it was something I could really get behind.”

Pallotti Head Football Coach Tony Ashley feels Howerton made a great college choice even though he received offers from other high-profile programs.

“Maryland’s offensive line coach has tons of NFL experience,” Ashley says. “And Ryan has a lot of family and support here in Maryland. With him going to Maryland, we get to watch him play.”

The biggest football accomplishment for Howerton is obviously earning a scholarship to Maryland, but playing in the Under Armour All-America game in early January in Orlando wasn’t far behind. A group of college and high school coaches picked 100 players from across the country to participate in the game.

“It was my dream,” Howerton admits. “It was the pinnacle of high school football for me and the overarching story.”

What really got Howerton noticed was his performance at two high-profile camps. The 18-year-old participated in the Rivals and the Under Armour All-America camps in May in Baltimore and New Jersey, respectively. The events feature only offensive linemen and the best from across the country. Howerton won Most Valuable Player honors at both. It led to him being picked for the Under Armour All-America game.

“When you consider there are close to 15,000 high school football programs and the average program has 30 or 40 kids,” Ashley says. “And only 100 players are making the Under Armour All-America team. Do that math. That puts into perspective what type of football player he is.”

Howerton, an Upper Marlboro resident, started for four years on the offensive line. He played guard as a freshman, both right tackle and left tackle as a sophomore, then settled in at right tackle the past two seasons. The Maryland Interscholastic Athletic Association named him to its First Team in 2022 and 2023.

“It was an unfair advantage,” Pallotti Offensive Line Coach Al Brady says of Howerton lining up against other players. “Some are guys are his size, but they don’t fire off the ball with his strength and explosion.”

What is Howerton’s biggest strength? His speed. He was clocked at 4.95 in the 40-yard dash at the Under Armour camp.

“He has incredible speed and his [40-yard dash] time is an NFL-caliber time,” Ashley says. “He has the perfect combination of speed, size, strength, and football I.Q.”



WANT TO NOMINATE A LOCAL ATHLETE?
EMAIL US AT EDITOR@WHATSUPMAG.COM



GALLIANO

ITALIAN RESTAURANT & WINE BAR

WAUGH CHAPEL
2630 CHAPEL LAKE DRIVE | GAMBRILLS, MD
(410) 721-5522

FREE APPETIZER
with the purchase
of an entree.
Offer expires 3/31/24



Visit us online
and make reservations
www.gallianoitalianrestaurant.com

HAPPY HOUR
3-6pm | Mon-Fri
Half Off Select Antipasti

Mozzarella Caprese, Truffle Fries,
Mediterranean Meatballs,
Arancini Rice Balls, Fried Calamari



Maryland's First Lady
DAWN MOORE
discusses the rigors and
ambitions of life in
the Government House

AT

HOME ANNAPOLIS

IN

By **LISA HILLMAN**
Photography by **TONY LEWIS, JR.**

Maryland's First Family is now beginning its second year in Annapolis as full-time residents of Government House. In this interview, First Lady Dawn Moore shares her early impressions of the town, her new home, and her top initiatives.



SHE SMILES AT THE MEMORY.

It was Inauguration Day, January 18, 2023. The evening's celebratory events in Baltimore were over. The family of four—brand new to Annapolis—came home past midnight, ready for bed.

She remembers seeing her young daughter, just 11, starting up the long staircase still in her party gown, when, suddenly, from deep within the halls of their 18th century residence, an ancient clock began to chime. Startled, the girl raced up the stairs, the train of her dress trailing behind her.

It was an auspicious beginning for Maryland's First Lady whose aim of keeping her family safe drives her thinking every day. No day is typical.

But on any day, time spent with Dawn Moore is precious, indeed. Much in demand for her personal style and accomplished background, she is both sanguine and grounded about her current role and what she wants to accomplish. Neither the Governor, nor her children, are ever far from her thoughts. As she speaks, the word "safe" pops up repeatedly, as does her soft reference to "my husband."

Poised, professional, and personable, Dawn Flythe Moore—like her husband—exudes a certain charm that makes her easy to like and eager to follow.

Born in Queens, New York City, she grew up the daughter of two working parents. From her father, a union member and crane operator and her mom, a music teacher in New York City public schools, she learned the importance of public service. Little did she know that acceptance to the University of Maryland at College Park would lead to a career in Maryland state government.

After graduating with a degree in government and politics, she worked for Secretary of State John Willis, for Lt. Governor Kathleen Kennedy Townsend as a

senior policy officer, and for Lt. Governor Anthony Brown as his Chief of Staff. She also earned plenty of hands-on campaign experience, first as a field director for Townsend's 2002 gubernatorial campaign and later as a deputy campaign manager for Martin O'Malley's 2006 campaign.

A blind date—arranged by aunts and family friends—brought her together with a tall, handsome Johns Hopkins University graduate and Rhodes Scholar, a man destined for the exceptional. Their chemistry was immediate. The couple married just before Wes deployed to Afghanistan with the 82nd Airborne. This July 6th, Governor and Mrs. Moore will celebrate 17 years of marriage.

GOVERNMENT HOUSE

Moore's interest in her new home and in public service—and her ever-watchful eye on her family—frame how she views her role as First Lady.

"I consider myself an extension of my husband's work. Everything I do represents him," Moore says. "And that's not hard for me because I believe in him so much." She also understands that the role of First Lady is changing. Moore feels empowered to pursue issues of importance—and Government House offers the place to do it.

"It's such a privilege to live here. Every governor and his family have lived in this home. My husband and I truly see this as the people's house. We are temporary residents, stewards of this place. It is incumbent upon us to share it."

In her first year alone, she opened the house to a variety of groups, including cultural, religious, and educational organizations, many for the first time, such as PRIDE and the LG-BQT community. A recent favorite was an evening dedicated to the cast of "The Wiz" on its return to Baltimore along with students from the Baltimore School for the Arts. She has invited rising, talented young people from Annapolis and Anne Arundel County so "they can see artists who look like them, who serve as a source of inspiration, so they know everything and anything is possible."

"We've hosted so many people who say, 'I've never been here.' What I am hearing is, thank you for including us. We want them to know they are welcome here."

Government House—and putting her family's mark on it—is one of her primary initiatives.

"As the first African American family here, it is important to us that this house represents all Marylanders, and that all are welcome. Not only in the events we host, but in the arts we display."

Toward that end she is working with the Government House Trust and the Maryland State Archives to modernize the home in "how people perceive Maryland's history." Partnering with the Baltimore Museum of Art as well as the Banneker Douglass Museum in Annapolis, she wants the public to "see this home as

"MY HUSBAND AND I TRULY SEE THIS AS THE PEOPLE'S HOUSE. WE ARE TEMPORARY RESIDENTS, STEWARDS OF THIS PLACE. IT IS INCUMBENT UPON US TO SHARE IT."



an extension of their institutions.” She envisions special exhibits and displays that highlight Maryland history heretofore unseen, such as the lives of black and indigenous people. Nearby, the portrait of abolitionist Frederick Douglass graces the entry hall.

But Government House is more than a show place. For Moore it is the backdrop for tackling one of society’s most serious issues.

CHILDREN’S MENTAL HEALTH

“Government House is a place where we can connect, gather, elevate the issues,” Moore tells us. “This is very important to me and to my husband’s administration. It’s a place where people can be heard and seen.”

Nowhere does the First Lady feel more passionate than in the area of children’s mental health. For the past year she has been speaking to many different stakeholders, including

the medical community, providers, advocates for young people, and parents about the state of children's mental health. Raising two children, Mia, now age 12, and James, age 10, the topic is very personal: "As a mom I know the struggles we all face every day."

One of her top concerns is the impact of social media.

"I am pretty strict about social media. It's a bit hard to ban it totally, but I do not let my children have Facebook, Instagram, or Tik Tok."

Do they balk at that?

"Of course they do, like every other kid in America. But I try to explain to my children the science. I tell them that they are too young and there's a time I will let them."

And when is that?

"My daughter asks me that every other day. I tell her, I cannot make a promise to you because if I make a promise and I change my mind, then you will say I didn't keep my promise. But I explain to her that I will continue to follow the science."

Moore admits she's not the expert, but her status affords her access to those who are. This past year she heard the Surgeon General address the National Governor's Association about the crisis in children's mental health. He called out social media for giving young people a "false sense of community."

"That really resonated with me.

I want people to understand we have to create *real* community, especially with young people because they have grown up in social media, so they have a different perception of what community is."

Still listening, still learning, Moore—like her husband—is still formulating the specifics of how to attack the problem. There are state funds to back her. For FY 2024 the Moore Administration has committed \$1.3 billion in direct state support for various mental health and substance use services and initiatives.

The First Lady hopes parents will find strength and a partner in her advocacy work. She wants young people to say, "she helped us to be seen and we know she is our partner." She wants their parents to stand strong for their children—especially around social media—because "If Dawn can do it, maybe I can, too."

But being heard is not just about mental health, as her own story reveals.



HEALTH EQUITY

She is very public about it. In fact, it is one of her top initiatives. When Moore was 26, she was diagnosed with multiple sclerosis (MS), a potentially disabling disease that attacks the nervous system. It causes many different symptoms, most common being fatigue, vision loss, and impaired coordination.

Moore had these plus others: double vision, her "gait was off" and she experienced loss of taste. Despite this, she was repeatedly misdiagnosed. Worse, reflecting on that time, she feels she was ignored.

A recent survey corroborates her experience. Conducted by the health research organization KFF (formerly known as The Kaiser Family Foundation), researchers polled a nationally representative sample of nearly 6,300 adults. Black Americans reported facing discrimination in the doctor's office and needing to "change the way they dress and mentally brace themselves for potential mistreatment when

they visit the doctor.” (as reported on NPR’s Morning Edition, December 5, 2023)

“What I went through to get my diagnosis is very typical of what women of color go through,” Moore explains. “Constant misdiagnoses, not being heard. Black women are constantly being ignored or misdiagnosed because MS was not seen as a black woman’s disease.”

At one point she was even told she was having a nervous breakdown. Like many times in her life, her mother became her greatest partner. She was unrelenting in trying to get her daughter to the right doctors.

But the hero of this story was Wes, “my boyfriend at the time,” she says, smiling. “He was extraordinarily helpful.”

She credits her then-future husband with introducing her to Dr. Carolyn Britton, a neurologist with Columbia Presbyterian Medical Center in New York, who ultimately confirmed her diagnosis and got her on the right regimen. There were many medications and therapies, but what she remembers most was “her way of speaking to me; she made me feel empowered. She made me feel safe.”

Moore knows she is fortunate. Her course with the illness was relatively benign. But there is no cure for MS and it requires vigilance. She has added holistic methods like nutrition, exercise, and methods to minimize stress, like Yoga. Always physically active, during COVID she took up tennis because it allowed for social distancing.

She also understands how important it is to find time just for herself. “You have to be intentional and carve it out. I have to schedule everything.”

“THE LOCAL LADY”

Moore claims there is no “typical day.” But like any mother of young children, her life dictates a certain routine. Most mornings she rides with Mia and James to their school in Baltimore just as she did when they lived there. The family has dinner together often. Their lives focus on the children’s activities. Mia is a dancer, pursuing both ballet and jazz. James loves sports and plays flag football. Occasionally on a weekend he’ll toss a football with his dad in the front yard.

Keeping her family safe is a recurrent theme. It’s the reason she’s kept her children in their same school, a place where they know their teachers and friends, especially given the upheaval of this past year. They still maintain friends and activities in Baltimore, where the children were born and the Moores have spent so much of their lives. But already Annapolis, and all it has to offer, delights her.

“Annapolis is such a walkable town,” she says, “My daughter and I love looking in all the shops. We always find something we like.”

She isn’t shy about sharing her favorites. That includes

ice cream. The owners of Annapolis Ice Cream know James’ favorite flavor—cookie dough. For Mia and her father, it’s anything with peanut butter. For giant milk shakes, it is Chic and Ruth’s. Dinner might be The Choptank, pizza from Fox’s Den, or a quiet evening at Harry Browne’s. Alone with her son, it’s sometimes Vida Taco Bar.

“They call me the ‘Local Lady,’” she says, “because I love to be local. I love to shop and walk the dog here.”

The dog, Tucker, is the family’s two-year-old Shih tzu-poodle mix often seen—and heard—greeting passers-by. He was a promise to Mia and James after the election.

A favorite stop is the Welcome Home store across from the State House. Owner Jennifer Baker is always thrilled to

see her. “Throughout Covid everything was so hard,” Baker says. “But from the day of Governor Moore’s inauguration, people were on the streets so proud and so excited. Part of it was having our first black family, but it was also having a young family in the Governor’s Mansion. Now we have children and a puppy. Governor Moore and his family have become a visible part of downtown. I regularly see them eating in our restaurants and shopping. And I love how the First Lady often stops

in, sometimes in sweats wearing a cap, just like a regular person, out to do some shopping.”

Living in Annapolis affords the First Lady another family advantage.

“The beautiful thing about this is that the kids can walk across the street and go see Daddy. Wes tells them all the time, ‘you can come over here any time.’ They’ve been able to do that and that hasn’t changed.”

What has changed for her recently has been the national attention. Governor Moore, unquestionably charismatic with exceptional credentials in public service, has quickly drawn the attention of the national spotlight. It’s not every elected official who attracts a multi-page spread in *Vogue* magazine, complete with photographs by renowned portrait photographer Annie Leibovitz (July 18, 2023).

“It is flattering,” says his wife. “But I hope it just means he is doing a good job. The most important thing is that he continues to focus on his work here. Service is in his blood. There’s nothing he’d rather be doing.”

Moore looks forward to her second year in Annapolis with her own focus, once again, on Government House, a symbol of all she hopes to accomplish.

“I’m excited for year two in this home to be even more inclusive than our first. When you come into this house, I want it to feel joyous and cheerful.”

As for what local people can do to support her.

“It’s already happening. Continue to invite us in. If you see me, say hello. I am your neighbor.” ■

**“I’M EXCITED FOR YEAR
TWO IN THIS HOME TO BE
EVEN MORE INCLUSIVE
THAN OUR FIRST. WHEN
YOU COME INTO THIS
HOUSE, I WANT IT TO FEEL
JOYOUS AND CHEERFUL.”**

The most exquisite
and compelling projects
in residential design
and construction

SECOND

ANNUAL

HOME EXCELLENCE AWARDS

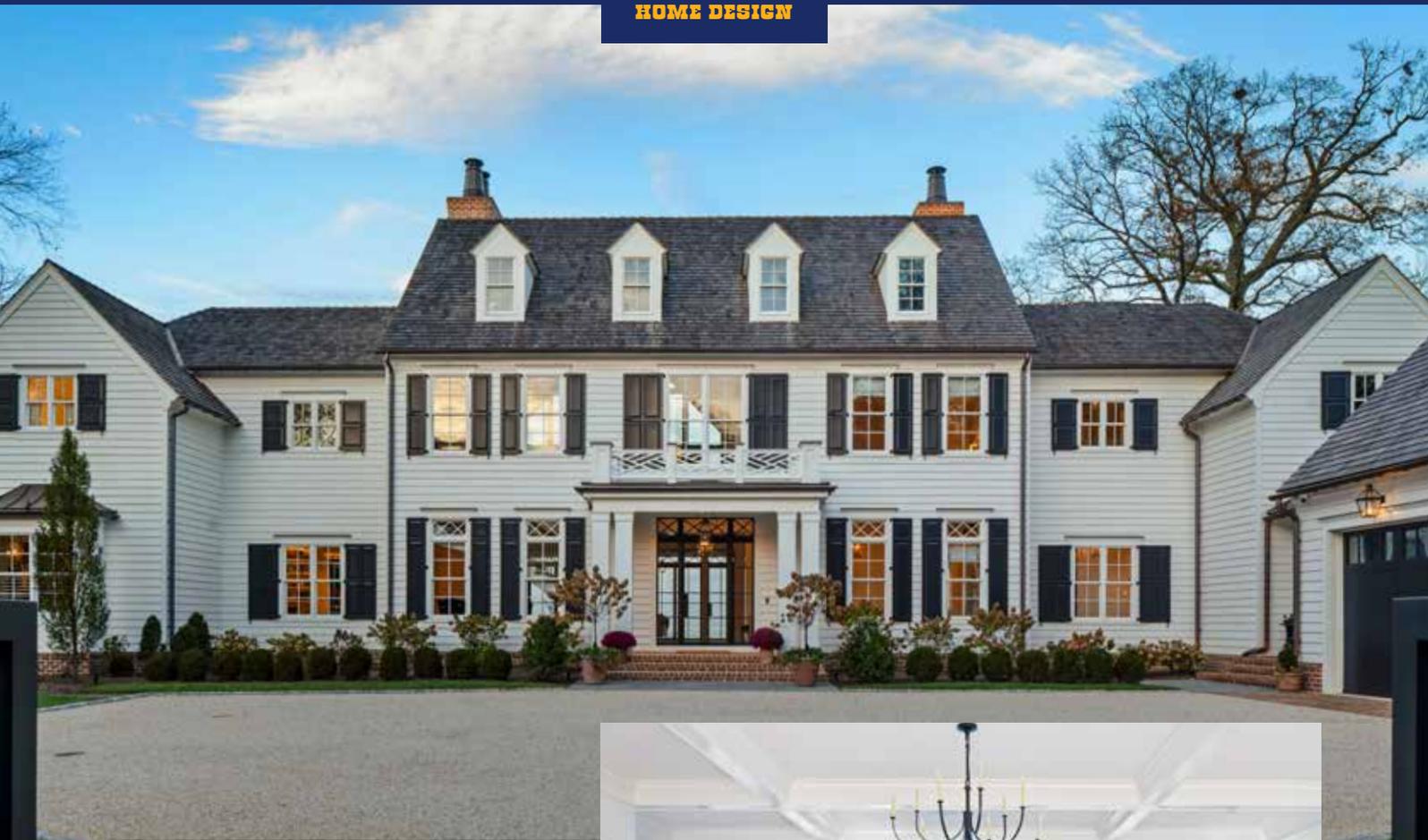
**Welcome to What's Up? Media's annual
showcase of elite home projects!**

The Home Excellence Awards program honors exemplary home builders, architects, designers, and professionals serving the greater Chesapeake Bay region. For two months, we solicited project entries in award categories inclusive of residential interior design, architecture, construction, and renovation. Entries consisted of photographs and a written description introducing the project, including structural/aesthetic intent, design/build concepts, materials used,

special features, permitting, and overall thoughts. The following list of winners represents the projects that earned accolades from our editorial judging panel. Of note, a few categories elicited many entries and, thus, feature the most winners by category. Other categories may have only one winner (or a couple). We offer descriptions of each project from the contractors themselves, as well as judges' notes. All photographs submitted courtesy by each company represented. Congratulations to the following companies and their award-winning projects!

To view
full photo
galleries
of each
project





ARCHITECTURE

“Beacon Hill”

by Purple Cherry Architects
purplecherry.com

A unique fusion of architectural styles. From the street, the home presents a classic, traditional façade, evoking the charm of coastal residences with its timeless appeal. However, the back of the home undergoes a stunning metamorphosis, revealing a sleek and contemporary exterior. This juxtaposition is an architectural tone that is carried throughout the rest of the home.

The editors said: “This residence gets high marks in every regard from its best-in-class craftsmanship, creation and execution of its floorplan design, visual ease of transitional spaces, use of materials, and joining together the owners’ request to marry their traditional and modern sensibilities.”



ARCHITECTURE**“Southern Grandeur”**

by **SPEIGHT studio architects, inc.**
speightstudio.com

A new “Old House” influenced by the graciousness and grandeur of southern manor houses complete with traditional details and materials. The project was designed to reflect construction over several generations in the hopes that it will acquire the soul of the past. The connected structures were intended to denote hierarchy as well as imply an order of historic construction to create a rich history for the home in spite of its modern provenance.



The editors said: “This home represents an inspired use of four-square architecture as a base and then innovates with an extended floorplan customized specifically to enhance the owners’ lifestyle and their needs as they go forward in the home. This project gets points for executing these goals by creating wings purposely extending from the main house in a manner that looks as if the original structure had been there all along and grew in size and stature, in the nature that grand old manor homes do.”





WATERFRONT/CRITICAL AREA ARCHITECTURE

“Modern Waterfront”

by SPEIGHT studio architects, inc.
speightstudio.com

Danish and Chesapeake influences in a modern palette. Clean lines and minimalist details allow the proportions and framed views to be prominent in this new waterfront home. The massing of the home consists of a two-story gabled cruciform with a major and minor axis and one-story flat-roofed elements on the street side that make up the required additional first floor footprint.

Complex site issues dictated the exact and irregular waterside footprint of the home. During the design process it was determined that, due to site features including topography, views, light, and even air flow, a better result would be had by flipping the footprint. This resulted in less mass toward the shoreline.

The editors said: “This brand-new build scores extremely well in the ‘wow’ category, as the elements of function and design so uniquely and creatively culminate.”



WATERFRONT/CRITICAL AREA ARCHITECTURE

“Coastal Low Country”

by Purple Cherry Architects
purplecherry.com

Nestled amidst the serene beauty of a waterfront location, this brand-new retreat seamlessly blends modern comfort with the timeless charm of the low country aesthetic. Inside the home, the great room, with its timber-frame vaulted ceiling and expansive windows, truly embraces the nature surrounding the home. Multiple interior spaces take advantage of the views and include a waterfront library, grand dining room, and a primary suite with ensuite bath, among others.

The editors said: “The build required working with a compact lot, waterfront buffer issues, and the desire to create as little impact as possible to the native environment around the home’s footprint. Achieving an exquisite coastal style home in every regard with the requested square footage, advantageous sightlines to the waterfront whenever and wherever possible, and the positioning of the home within its environment, make this home a standout in its category.”





WATERFRONT/CRITICAL AREA ARCHITECTURE

“Pasadena Waterfront”

by Locust Grove Studios
locustgrovestudios.com

Located in Pasadena, Maryland, this home’s architecture and interiors were designed by Locust Grove Studios of Kennedyville. The build was completed by Delbert Adams Construction Group, with custom steelwork by Blacksmith Sawyer. Styling of the home by Kristen Alcorta and photography by Peak Visuals.



The editors said: “This exquisite home is truly in a class of its own and stands on its own on a private, waterfront point in Pasadena. This is a ground-zero critical area situation, and the task of this team of architects and builders was no doubt formidable considering the square footage requirements and the residence’s obvious level of sophistication. An architectural model of best-in-class contemporary waterfront living only somewhat captures the luxury and innovation of this home.”



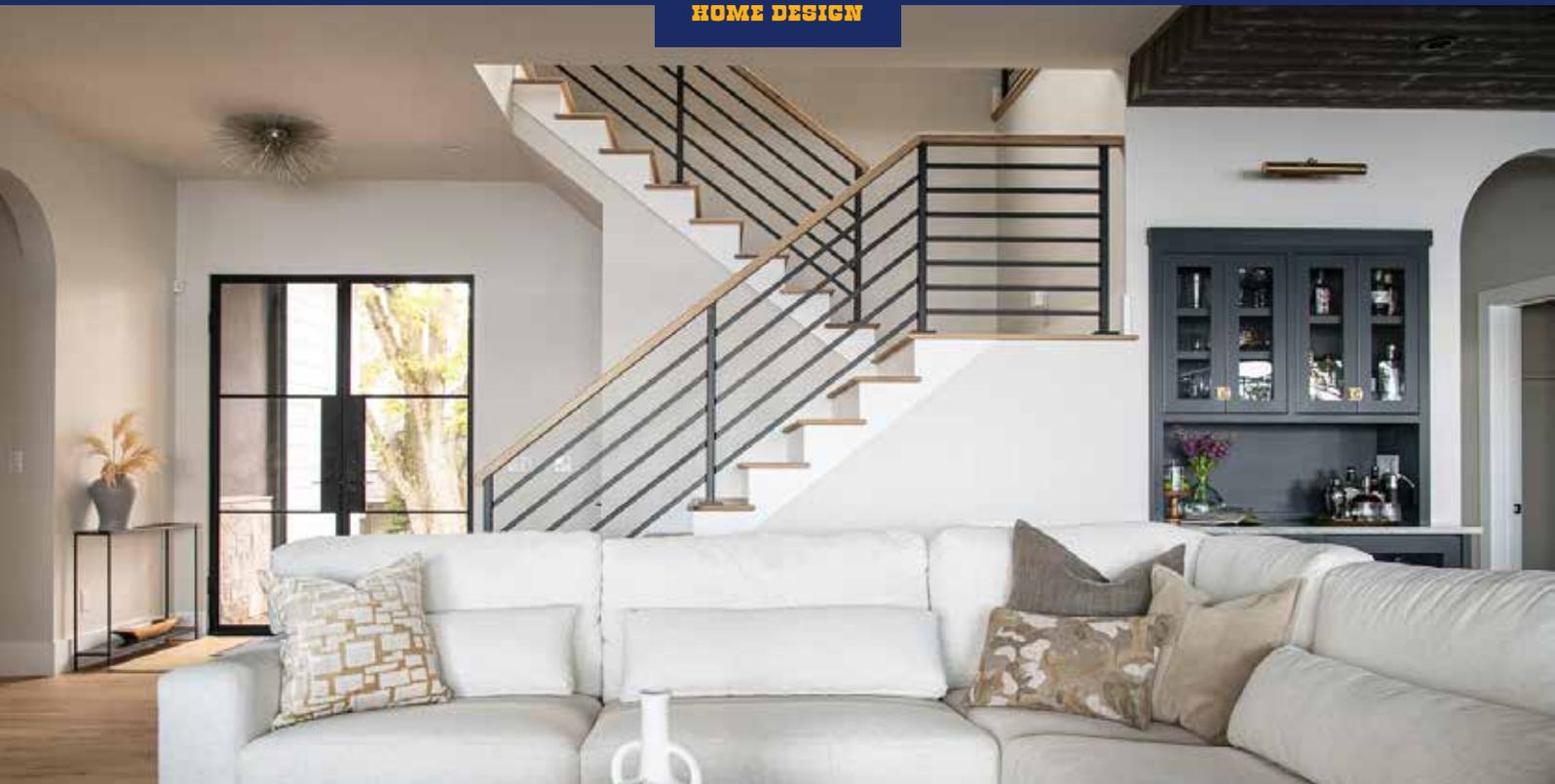
INTERIOR DESIGN

“New Kitchen”
 by Cabinet Discounters
cabinetdiscounters.com

This kitchen was done in a newly constructed home. The cabinets are from Brighton Cabinetry. The perimeter (lighter) cabinets are Wide Rail Shaker door style with Maple Iceberg color. The darker cabinets and pantry area are Madrid door style with Walnut Gunpowder finish.

The editors said: “Exceptional kitchen with a variety of finishes and materials that complement each other creating a cohesive, clean whole.”





INTERIOR DESIGN

“South River Retreat”

by Taylor Hart Design
taylorhartdesign.com

A new open floor plan with expansive water views was a priority, including a modern kitchen with a large island, walk in pantry, laundry, and mudroom. All while executing their minimalist yet transitional esthetic. Special details can be found at every turn in this kitchen including beautiful custom cabinetry, luxurious white oak floors, a plaster range hood, multi-tonal backsplash tile, iron glass doors, outdoor pass-through window, honed countertop surfaces, fabulous lighting, and a soft and sophisticated color pallet.

The editors said: “Lifestyle is duly noted throughout the home with the visual ease of its transitioning spaces and paths accentuated with gorgeous and rich material choices. We’re especially loving the kitchen backsplash of tiled stone with an ever so clever reflective coating that banter with room’s natural light. And the understated (and well-integrated) cocktail cabinet gets high marks for effortlessly introducing a new hue and visual interest into the open-plan living scenario.”



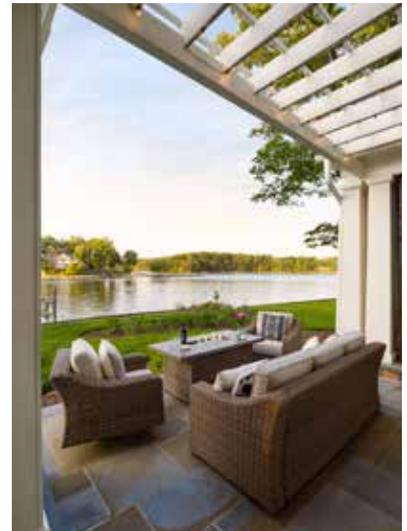
WATERFRONT/CRITICAL AREA CONSTRUCTION

“A Family Heirloom”

by Mueller Homes

muellerhomes.com

Mueller Homes worked collaboratively with the client, Speight Architecture, Kitchen Encounters, Charles Henry Woodworking, and Absolute Landscaping to build this beautiful home on a family lot located on the Magothy River in Severna Park. While the property was located in a designated critical area, it was not located in a flood zone. This was a huge advantage that the builder and architect could maximize to expand the footprint and create a more modern home, designed to suit the family’s needs. The decision was made to do a complete tear-down and rebuild on the site. As is the case with many critical areas on the Chesapeake Bay, they would be required to plant a variety of native vegetation, trees, and micro ponds for runoff, but these accoutrements would allow them to expand the footprint.



The editors said: “This gorgeous, coastal farmhouse-style residence wins big for meeting and exceeding the needs of the growing young family that now calls it home. This mission was accomplished with a floorplan that allows for ease of interaction and thoughtful touches like fine, millwork treatments throughout, and special spaces such as the various areas created for gathering, indoors and out, that are all visually connected to the water.”





NEW CONSTRUCTION

“Dream Home”

by Nielsen Development Group
ndg.solutions

The house seamlessly integrates with the gently sloping Millersville wooded landscape, showcasing a public face of refined Bungalow or Craftsman-styling at the front and a modern, expansive design at the rear to capture the breathtaking southern views.

The editors said: “This brand-new build is a great example of using a time-honored base structure and applying the layers and individual aspects that turn a house plan into a dream home.”





EXTERIOR RENOVATION

**“Colonial Turned Modern Farmhouse”
by Fichtner Home Exteriors
fichtnerservices.com**

The home was built in 1971, and the homeowners, who purchased the home in 2018, decided it was time for an update. For roofing, a Charcoal GAF Timberline roof was chosen and black standing seam steel on the garage and right-side bump out. In keeping with the modern farmhouse look, white Certainteed Board and Batten siding was installed with new black trim and aluminum gutters. Fichtner also built a new portico to bring an inviting feeling to the front door of the home. The new structure was built with a steel standing seam roof, cedar for the posts, ceiling and trim and stonework by local mason, Larry Rupp, of Chalk Point Masonry.

The editors said: “This transformation of a classic ’70s-era colonial gets our vote for most improved curb appeal, which is really what exterior renovation is all about! While not the largest of properties, this home shows a thoughtful modern approach.”





INTERIOR RENOVATION

“Nilsson Bathroom”

by Design Solutions, Inc.
dsikitchens.com

This bathroom is 6.5' x 9' and needed to provide lots of storage in addition to the usual functions. To make the room feel bigger, all finishes went up to the ceiling and are massed as large segments of color or pattern. No door is used for the shower; you simply walk into the wet area. The vanity sink area, designed to be narrower in depth, continues into the open end of the shower. This gives lots more counter and storage. A 6" deep tall cabinet give needed storage and the perfect stepped transition into the room. Storage continues with shallow wall storage and a deep drawer under the sink. A large linen closet fills the corner next to the toilet, offering a sense of privacy from the door.

The editors said: “This bath remodel embodies the perfect execution of everything a smart designer and knowledgeable builder knows about turning a physically small space into a something much bigger in terms of function, scale, and aesthetic.”

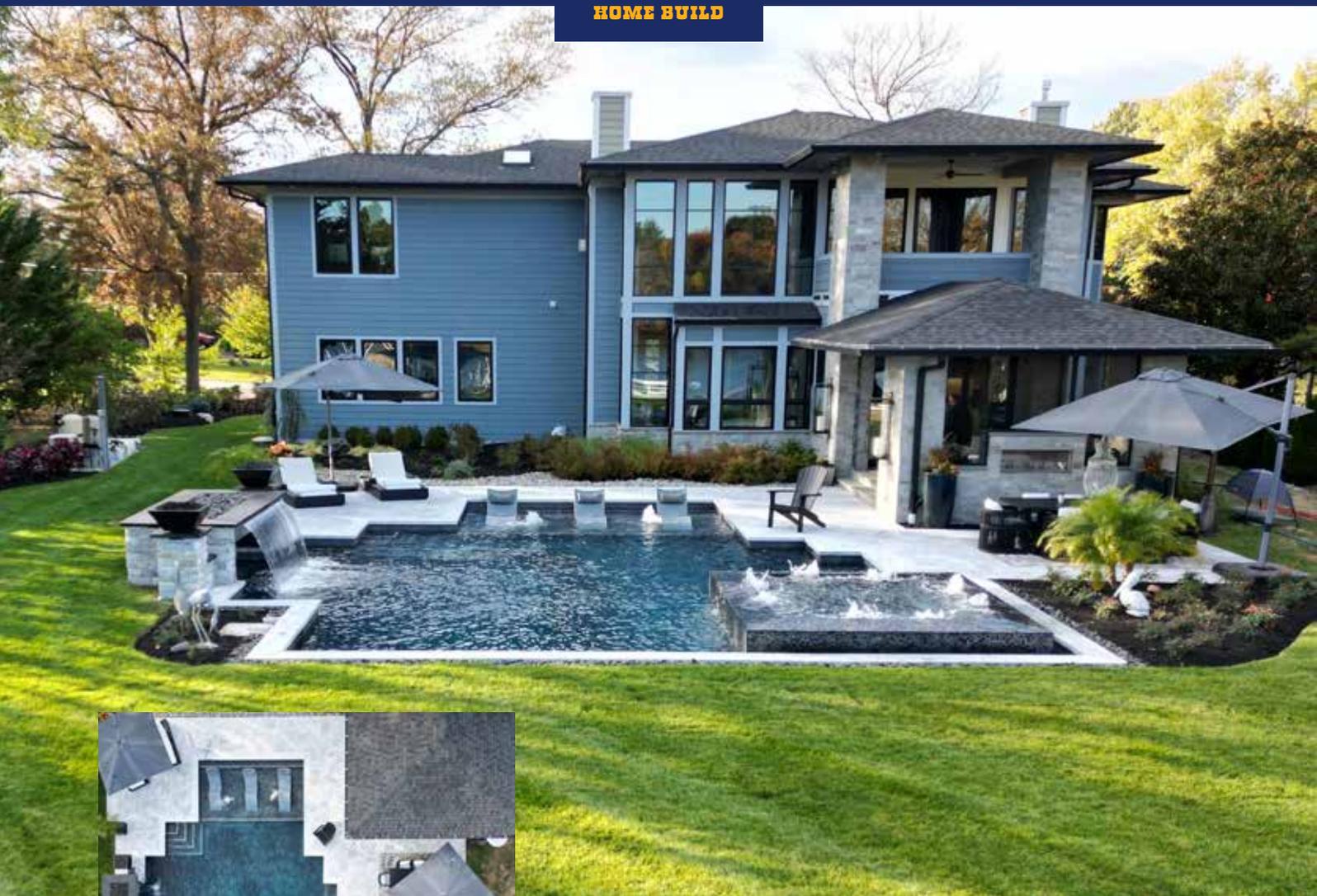


PROPERTY ADDITION**“Rancher Transformation”
by Adrian Development
adr-dev.com**

A multiple addition/gut renovation project transforming a 1960s rancher into a beautiful and functional home for a family of five. The design saw a complete re-work of the entire floor plan from the basement to the second floor. In order to accomplish the need for two added bedrooms and two bathrooms to the floor plan, two distinct additions were crafted.

The editors said: “One addition located above the garage became the home’s primary suite, and the other required the construction of a shed dormer in the home’s upper mid-section to provide the property with a new guest room and ensuite bath. Well done. This project also received accolades for the entirely new eat-in kitchen design that features modern Wood Mode cabinetry, professional grade appliances, a dual-basin 60-inch, custom metal sink, a separate eating nook, and beautiful Caesarstone Primordia Quartz countertops.”





POOL DESIGN/BUILD

“Geometric Pool”

by Coastal Pools
coastalpoolbuilders.net

Located in Kent Island, Maryland, this geometric pool features perimeter overflow spa and a grotto with LED sheer decent.

The editors said: “This stunning geometric pool design offers an edgy twist to basic pool shapes and provides not just a place to make a splash, but an upscale, pool apron surround that employs a sleek combo of white and misty gray stone.”



Spring Into Action

HOME RESOURCE GUIDE 2024

Winter reflection gives way to Spring action. Having spent much time indoors during the cold season, we're ready to unleash our homes' potential and all the projects that we've been considering. And now is the time to source home services and schedule contractors. This Home Resource Guide offers a comprehensive list of the region's most dependable, knowledgeable, and reputable professionals and realtors. The services listed are provided by advertisers appearing in recent What's Up? Media publications. They are dedicated to serving our readership. Please consider their expertise for your home projects or to make a move altogether!



Architecture | Design

Adrian Development; 121 East Bay View Drive, Annapolis, MD 21403; 301-852-7748; adr-dev.com

HD Squared Architects; P.O. Box 33, Edgewater, MD 21037; 443-898-9480; hd2architects.com

Purple Cherry Architects; 1 Melvin Avenue, Annapolis, MD 21401; 410-990-1700; purplecherry.com

Art/Décor | Framing

Annapolis Arts Alliance/Gallery 57 West; 57 West Street, Annapolis, MD 21401; 443-333-8906; annapolis-arts-alliance.com

Annapolis Marine Art Gallery; 110 Dock Street, Annapolis, MD 21401; 410-263-4100; annapolismarineart.com

Nancy Hammond Editions; 416 6th Street, Annapolis, MD 21403; 410-295-6612; nancyhammondeditions.com

Trippe Gallery; 23 N. Harrison Street, Easton, MD 21601; 410-310-8727; thetrippgallery.com

Troika Gallery; 9 S. Harrison Street, Easton, MD 21601; 410-770-9190; troikagallery.com

Whimsey Cove Framing & Fine Art Printing; 209 Chinquapin Round Road, Ste. 101, Annapolis, MD 21401; 410-956-7278; marylandframing.com

Closet | Organization

One Day Doors & Closets of Baltimore; 980 Mercantile Drive, Ste. K, Hanover, MD 21076; 240-693-3700; onedaybaltimore.com

Composting Services

Shore Soils; Stevensville, MD 21666; 410-829-5354; shoresoils.com

Electrician

Carrion Electric; Easton, MD 21601; 443-786-0446; carrionelectric.com

Exterior Lighting | Irrigation

Atlantic Lighting & Irrigation Company; 1392 Defense Highway, Gambrills, MD 21054; 410-721-4070; atlantic-irrigation.com

Fence | Deck Installation

Fence & Deck Connection; Locations in Annapolis and Millersville; 410-757-5511; fenceanddeckconnection.com

Long Fence; Locations in Maryland, Virginia, and Pennsylvania; 1-800-917-5664; longfence.com

Flooring

National Carpet & Flooring; 2431 Crofton Lane, Crofton, MD 21114; 410-721-4747; nationalcarpetcrofton.com

Furniture

Gabriella White Furniture; gabriellawhite.com

Hardware Store

Zeskind's Hardware and Millwork; 500 Ritchie Highway, Ste. B, Severna Park, MD 21146; 443-775-5446; zeskind.com

Home Appraisal | Finance | Titling

Atlantic Prime Mortgage; 77 West Street, Ste. 310, Annapolis, MD 21401; 800-204-1283; atlanticprimemortgage.com

Chris Edge | First Home Mortgage; 900 Bestgate Road, Ste. 310, Annapolis, MD 21401; 410-571-2048 x2128; firsthome.com/loan-officers/chris-edge

Eastern Shore Title Company; 114 N. West Street, Ste. B, Easton, MD 21601; 410-820-4426; easternshoretitle.com

Liff, Walsh & Simmons | Eagle Title; Offices in Annapolis, Severna Park, and Towson; 410-266-3600; eagletitlellc.com

Shore United Bank; Locations throughout Maryland, Delaware, and Virginia; 877-758-1600; shoreunitedbank.com

Watershed Title (A Cooch, Bowers & Schuller and Progressive Title Corporation); 1460 Ritchie Highway, Arnold, MD 21012; 410-974-0670; progtitle.com

Home Construction | Materials

Arrowhead Services Inc.; 697 Saint George Barber Road, Davidsonville, MD 21035; 301-775-1605; arrowheadservicesinc.net

Friel Lumber Company; 100 Friel Place, Queenstown, MD 21658; 410-827-8811; friellumber.com

Gary Smith Builders; 410-827-7901; garysmithbuilders.com

Lundberg Builders, Inc.; 314 Main Street, Stevensville, MD 21666; 410-643-3334; lundbergbuilders.com

Mueller Homes; 202 Legion Avenue, Ste. 4, Annapolis, MD 21401; 410-549-4444; muellerhomes.com

Nielsen Development Group; 2976 Solomons Island Road, Edgewater, MD 21037; 833-634-6683; ndg.solutions

Paquin Design/Build; 500-A Saddler Road, Grasonville, MD 21638; 410-643-7811; paquindesignbuild.com

Home Efficiency

Chesapeake Crawl Space Solutions; 6408 Landing Neck Road, Easton, MD 21601; 844-992-7295; mycrawlspacesolutions.com

Total Home Performance; 8625 Brooks Drive, Easton, MD 21601; 410-469-1310; totalhomeperformance.com

Home Generators

Generator Supercenter; 12 Lincoln Court, Annapolis, MD 21401; 410-697-5530; generatorsupercenterofannapolis.com

Home Security

Petitbon Alarm Company; 2151 Priest Bridge Drive, Ste. 41, Crofton, MD 21114; 301-858-0820; petitbon.com

Interior Design | Furnishings

Dwelling & Design; 13 Goldsborough Street, Easton, MD 21601; 410-822-2211; dwellinganddesign.com

Ellyn B. Designs; 301-579-3383; ellynbdesigns.decoratingden.com

Higgins & Spencer; 902 S. Talbot Street, St. Michaels, MD 21663; 410-745-5192; higginsandspencer.com

Melissa McLay Interiors; 202 Legion Avenue, Ste. 5, Annapolis, MD 21401; 410-262-6205; melissamclayinteriors.com

Taylor Hart Design; Annapolis, MD 21401; 410-507-1602; taylorhartdesign.com

The Hickory Stick; 21326 E. Sharp Street, Rock Hall, MD 21661; 410-639-7980; thehickorystick.com

Kitchen | Bath | Stone | Tile

314 Design Studio/Lundberg Builders, Inc.; 314 Main Street, Stevensville, MD 21666; 410-643-4040; 314designstudio.com

84 Lumber/Kitchen & Bath Design Studio; 1690 Baltimore Annapolis Boulevard, Arnold, MD 21012; 410-757-4684; 84lumber.com

Absolute Design Studio; 740 Generals Highway, Millersville, MD 21108; 410-697-3396; absolutedesignstudio.net

Cabinet Discounters; 910-A Bestgate Road, Annapolis, MD 21401; 410-266-9195; cabinetdiscounters.com

Compass Stone & Tile Studio; 302 Harry S Truman Parkway, Annapolis, MD 21401; 410-224-0700; cst-studio.com

Design Solutions Inc.; 420 Chinquapin Round Road, Ste. 1-C, Annapolis, MD 21401; 410-757-6100; dsikitchens.com

Friel Kitchen & Bath Design; Locations in Chester and Easton; 410-827-8811; friellumber.com

Kenwood Kitchens; Showrooms in Annapolis, Columbia, and more; 800-211-8394; kenwoodkitchens.com

Stuart Kitchens; 2335-B Forest Drive, Annapolis, MD 21401; 410-761-5700; stuartkitchens.com

Landscaping | Hardscaping

BJ & Son Property Management; Trappe, MD 21673; 410-463-1671; bjandson.com

Ciminelli's Landscape Services; 18301 Central Avenue, Bowie, MD 20716; 410-741-9683; ciminellislandscape.com

Cypress Glenn Outdoor; 16701 Melford Boulevard, Ste. 400, Bowie, MD 20715; 443-707-2846; cypressglennoutdoor.com

Himmel's Landscape & Garden Center; 4374 Mountain Road, Pasadena, MD 21122; 410-255-7730; himmelsgardencenter.com

Homestead Gardens; Locations in Davidsonville, Severna Park, and Smyrna; 410-798-5000 (Davidsonville Main); homesteadgardens.com

On the Green, Inc.; 777 Annapolis Road, Gambrills, MD 21054; 410-695-0444; onthegreeninc.com

Patuxent Nursery; 2410 North Crain Highway, Bowie, MD 20716; 301-218-4769; patuxentnursery.com

Marble | Surface Restoration

MARBLELIFE; 888-459-4920; marblelife.com

Masonry

Moore Stone LLC; 301-202-2442; moore-stone.com

Painting | Surface Services

Annapolis Painting Services; 2561 Housley Road, Annapolis, MD 21401; 410-974-6768; annapolispainting.com

Godwin's Painting Services; 443-867-0461; godwinspaintingservices.com

Maryland Paint & Decorating; 209 Chinquapin Round Road, Annapolis, MD 21401; 410-280-2225; mdpaint.com

Regal Paint Centers; Locations in Annapolis, Crofton, and throughout Maryland; 410-266-5072 (Annapolis); regalpaintcenters.com

Pest Control

Mosquito Squad of the Eastern Shore; Stevensville, MD 21666; 443-625-5631; mosquitosquad.com/eastern-shore

Plumbing | HVAC Services

Mahon Plumbing; 6824 Fort Smallwood Road, Baltimore, MD 21226; 410-766-8566; Plumbing | HVAC Services

Palmer's Plumbing, LLC; 29000 Information Lane, Easton, MD 21601; 410-827-4546; palmersplumbing.com

W.L. Staton; 410-405-7129; wlstaton.com

Werrlein Services; 522 Defense Highway, Annapolis, MD 21401; 443-258-9740; werrleinservices.com

Pool & Spa Design | Service

Aqua Pools; 8801 Mistletoe Drive, Easton, MD 21601; 410-822-7000; aqua74.com

Coastal Pools; 6608 Ocean Gateway, Queenstown, MD 21658; 410-827-0888; coastalpoolbuilders.net

Powerwashing

Allied Power Washers; Serving Anne Arundel County and beyond; 443-875-3340; alliedpowerwashers.com

Real Estate

Academy Realty; 801 Compass Way, Ste. 3, Annapolis, MD 21401; 410-263-9105; academyrealty.com

Ani Gonzalez-Brunet | Coldwell Banker Church Circle; 3 Church Circle, Annapolis, MD 21401; 410-263-8686; coldwellbankerhomes.com

Lawn and Pest Services
ON THE GREEN INC.
You're unique, and your lawn care should be too!

- Aeration and Seeding
- Lawn Fertilizing
- Tree and Shrub Care
- Goose and Deer Control
- Mosquito and Tick Control
- Flea-Ant-Tick Control
- Lawn Composting
- Home Pest Control
- Rodent Control
- Snake Removal
- Moisture Manager

Scan for Free Quote

\$29.99
First Application - Green Care Lawn Program
(Up to 8,000 sq. ft.) Not valid with other offers or prior services.
www.OnTheGreenInc.com

Value Packages Now Available!
Call us to find out about lawn care packages and easy monthly billing plans
go.onthegreeninc.com/packages
(Up to 25,000 sq. ft.) Not valid with other offers or prior services.

MDA #29518
MHIC 127182
410-695-0444 | OnTheGreeninc.com
GOOGLE GUARANTEED

New Interior Doors
Make a Big Difference!

Quick
Installed in 4-hours or less

Easy
No messy construction

Affordable
For 1/2 the price with our Buy One Get One Free Sale

SALE!
BUY ONE
GET ONE
FREE
WITH CLOSETS
OF 4+ DOORS
EXPIRES
12/31/23

Many Styles To Select From

BEST WHOLE-HOME MAKEOVER
INTERIOR DOORS & CLOSETS
Before After

Schedule a Free Appointment
(240) 698-3351
ONE DAY DOORS & CLOSETS BALTIMORE
980 Mercantile Dr., Suite K
Hanover, MD 21076
Onedaybaltimore.com/promo3

AN AUTHORIZED DEALER OF
ONE DAY
DOORS & CLOSETS

*Promotions valid for select styles purchasing qualifying quantities of doors. Hardware, installation and paint sold separately. Estimate by showroom appointment only. Must present ad at time of estimate. May not be combined with other offers or discounts. Other restrictions apply, see store for details. Offer expires 12/31/23. One Day Doors & Closets authorized dealers are independently owned and operated.

Betsie Russell | Coldwell Banker; 3 Church Circle, Annapolis, MD 21401; 443-818-8641; cbhomes.com

Biana Arentz | Coldwell Banker; 3 Church Circle, Annapolis, MD 21401; 410-490-0332; bianaarentz.com

Brad Kappel | TTR Sotheby's International Realty; 209 Main Street, Annapolis, MD 21401; 410-280-5600; bradkappel.com

Christy Bishop | Berkshire Hathaway HomeServices PenFed Realty; 565 Benfield Road, Ste. 100, Severna Park, MD 21146; 443-994-3405; christybishop.penfedrealty.com

Coldwell Banker Annapolis Church Circle; 3 Church Circle, Annapolis, MD 21401; 410-263-8686; coldwellbankerhomes.com

Compass; Offices throughout region; 410-429-7425 (Annapolis); 410-220-5745 (Ellicott City); compass.com

Cornelia Heckenbach | Long & Foster Real Estate; 109 S. Talbot Street, St. Michaels, MD 21663; 410-310-1229; stmichaelsmdwaterfront.com

Courtney Chipouras | Benson and Mangold Real Estate; 700 Abruzzi Drive, Ste. B, Chester, MD 21619; 410-200-1224; courtneychipouras.bensonandmangold.com

David Orso | Berkshire Hathaway HomeServices PenFed Realty; 8 Evergreen Road, Severna Park, MD 21146; 443-372-7171; davidorso.com

DD McCracken Home Team | Coldwell Banker; 170 Jennifer Road, Ste. 102, Annapolis, MD 21401; 410-849-9181; ddmccrackenhometeam.com

Diane & Crew of Taylor Properties; 175 Admiral Cochrane Drive, Ste. 112, Annapolis, MD 21401; 410-279-3868 or 800-913-4326; dianeandcrew.com

Erica Baker | TTR Sotheby's International Realty; 209 Main Street, Annapolis, MD 21401; 410-919-7019; ericabaker.ttrsir.com

Jennifer Chaney | Chaney Homes; 206 Old Love Point Road, Stevensville, MD 21666; 443-249-7653; chaneyhomes.com

Jennifer Schaub | Long & Foster Real Estate; 320 Sixth Street, Annapolis, MD 21403; 720-244-5945; jenschaubgetyoumoving.com

Jennifer Siska | Long & Foster Real Estate; 145 Main Street, Annapolis, MD 21401; 410-507-0995; longandfoster.com/JenniferSiska

Joanna Dalton | Coldwell Banker; 3 Church Circle, Annapolis, MD 21401; 410-980-8443; coldwellbankerhomes.com

Kathy Buller | Long & Foster Real Estate; 541-B Baltimore Annapolis Boulevard, Severna Park, MD 21146; 410-353-3073; longandfoster.com/KathyBuller

Kelly Sim Joyce | Coldwell Banker; 3 Church Circle, Annapolis, MD 21401; 410-570-7115; coldwellbankerhomes.com

Laura Carney | TTR Sotheby's International Realty; 17 Goldsborough Street, Easton, MD 21601; 410-310-3307; lauracarney.com

Liz Osborn | Coldwell Banker; 3 Church Circle, Annapolis, MD 21401; 443-699-2689; coldwellbankerhomes.com

HARDSCAPING & LANDSCAPING

Call now for your Free Estimate. Early season Special through March 31, 2024.





- Landscaping
- Walkways
- Retaining Walls
- Paver Driveways

- Pool Decks
- Patios
- Lighting
- Rain Gardens




Ciminelli's

Landscape Services, Inc.

Quality • Value • Responsive Service
Since 1991

410-741-9683 | www.ciminellislandscape.com

info@ciminellislandscape.com MHC #120642 Licensed and Insured

Long & Foster Annapolis Fine Homes; 145 Main Street, Annapolis, MD 21401; 410-263-3400; longandfoster.com/annapolis-md-fine-homes-realty

Long & Foster Bowie Tri-County Crofton (Dominic Catalupo, Office Leadership); 2191 Defense Highway, Crofton, MD 21114; 410-721-1500; longandfoster.com/crofton-md-realty

Lori Gough | Long & Foster Real Estate; 711 Bestgate Road, Annapolis, MD 21401; 410-320-0851; lorigough.com

Mary Beth Paganelli | Long & Foster Real Estate; 145 Main Street, Annapolis, MD 21401; 410-980-5812; paganelliproperties.com

Michele Cordle | Long & Foster Real Estate; 145 Main Street, Annapolis, MD 21401; 410-263-3400; longandfoster.com/MicheleCordle

Northrop Realty, A Long & Foster Company; 900 Bestgate Road, Ste. 100, Annapolis, MD 21401; 410-295-6579; northropteam.com

Reid Buckley's Mr. Waterfront Team of Long & Foster Real Estate; 320 Sixth Street, Annapolis, MD 21403; 410-266-6880; waterfronthomes.org

Rhonda Dunmyer | Benson and Mangold Real Estate; 101 S. Commerce Street, Centreville, MD 21617; 410-703-0246; rhoadadunmyer.bensonandmangold.com

Scott Schuetter & Crew | Berkshire Hathaway HomeServices PenFed Realty; 1997 Annapolis Exchange Parkway, Ste. 101, Annapolis, MD 21401; 410-266-0600; scottschuetter.com

Stahley Thompson Homes | TTR Sotheby's International Realty; 209 Main Street, Annapolis, MD 21401; 410-941-7009; stahleythompsonhomes.com

The Christina Janosik Palmer Group | Kelly Williams Realty, Inc.; 231 Najoles Road, Ste. 100, Millersville, MD 21108; 410-729-7700; cjpgroup.kw.com

The Jess Young Real Estate Team | RE/MAX Executive; 8432 Veterans Highway, Millersville, MD 21108; 443-274-1938; jessyoungrealestate.com

The Shane Hall Group | Compass Real Estate; 1 Park Place, Ste. 12, Annapolis, MD 21401; 410-991-1382; shanehallre.com

The Tower Team | TTR Sotheby's International Realty; 209 Main Street, Annapolis, MD 21401; 410-693-8890; thetowerteam.com

The Williams Home Team of Taylor Properties; 175 Admiral Cochrane Drive, Annapolis, MD 21401; 410-487-5919; thewilliamshometeam.com

Travis Gray | Engel & Volkers; 138 West Street, Annapolis, MD 21401; 301-641-0809; travisgray.evrealstate.com

Tricia Wilson | Chaney Homes; 206 Old Love Point Road, Stevensville, MD 21666; 443-249-7653; chaneyhomes.com

Vaneska Adams | eXp Realty; 410-989-5220; vaneskaadams.exprealty.com

Residential Communities

Lakeside at Trappe | Brookfield Residential Properties; 1003 Champlain Court, Trappe, MD 21673; 410-936-5658; lakesideattrappe.com

Retirement | Plus-55 Communities

Acts Retirement-Life Communities; Locations in Chestertown and Easton; 267-656-6275; actsretirement.org

Baywoods of Annapolis; 7101 Bay Front Drive, Annapolis, MD 21403; 410-268-9222; baywoodsofannapolis.com

Element at Mill Creek by Christopher Companies; 74 Old Mill Bottom Road, Annapolis, MD 21409; 703-402-0300; elementatmillcreek.com

Erickson Senior Living | Charlestown, Oak Crest & Riderwood; , Communities in Catonsville, Parkville, and Silver Spring; 1-800-917-8189; ericksonseniorliving.com

Londonderry on the Tred Avon; 700 Port Street, Ste. 148, Easton, MD 21601; 410-820-8732; londonderrytredavon.com

The Sheridan at Severna Park; 134 Ritchie Highway, Pasadena, MD 21122; 410-793-1940; seniorlifestyle.com

Tribute at Melford | Cogir Senior Living; 17300 Melford Boulevard, Bowie, MD 20715; 301-603-3487; cogirusa.com/communities/tribute-at-melford

Roofing | Siding

Bowie Siding & Roofing; 13109 14th Street, Bowie, MD 20715; 301-262-7855; bowiesidingroofingandwindows.net

Chris Jordan Exteriors; 602 Dutchmans Lane, Easton, MD 21601; 410-829-2764; chrisjordanext.com

Fichtner Services; 1872 Betson Avenue, Odenton, MD 21113; 410-519-1900; fichtnerservices.com

S&K Roofing Siding Windows; 539 Enterprise Street, Eldersburg, MD 21784; 1-888-470-2919; skroofing.com

Sawmill

Wood Ingenuity; Queen Anne, MD 21657; 410-310-6670; woodingenuity.com

Senior Moving Service

Chesapeake Transitions LLC; 410-897-0050; chesapeaketransitions.com

Water Treatment

Hague Quality Water of Maryland; 814 East College Parkway, Annapolis, MD 21409; 410-757-2992; haguewaterofmd.com

Sponsored Content



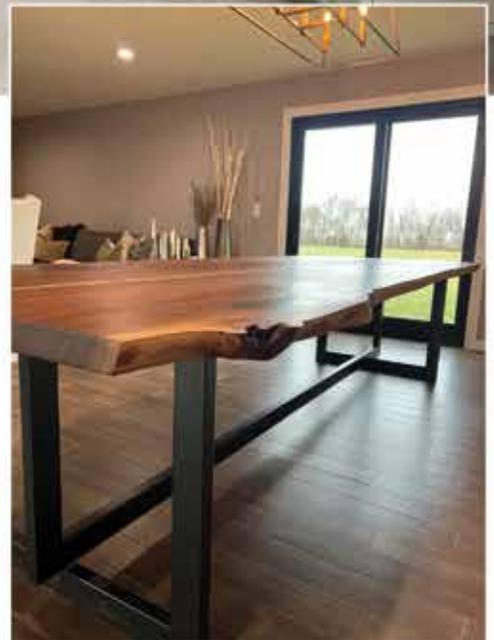
UNLOCK THE BEAUTY

of Nature with Wood Ingenuity LLC

Are you seeking to infuse your living spaces with the timeless charm of natural wood? Look no further than Wood Ingenuity LLC, your premier destination for custom live edge wood products, exquisite kitchen and bath designs, and top-notch installations featuring Crystal Cabinetry, Candlelight Cabinetry, and ZahBuilt's Custom Exterior Cabinetry.

Founded in 2014 in Queen Anne's County, Maryland, Wood Ingenuity was born from a vision to transform large, overlooked logs into stunning, usable lumber. Prior to our establishment, the beauty of these majestic trees was wasted, discarded due to sheer size or lack of suitable processing options. But now, with our state-of-the-art saw equipment capable of handling logs up to 67" in diameter, we're turning this potential into reality.

Experience the raw beauty of live edge wood and the unparalleled luxury of custom hardwood flooring, or make a statement in your home with a custom mantle crafted by our fourth-generation family artisans. With unparalleled skill and attention to detail, we bring your vision to life, whether you prefer classic elegance or contemporary flair. Our live edge wood furniture brings the beauty of nature indoors, from stunning dining tables to one of a kind accent pieces. Meticulously crafted to showcase the natural contours and grain patterns of the wood, each piece becomes a breathtaking focal point for any room. Experience the artistry of nature with Wood Ingenuity LLC. Call us today to make an appointment if you are ready to explore the endless possibilities of wood craftsmanship.



Custom, Book Match, Live Edge Walnut wood, Natural, Matte Finish, with Custom, Black Powder Coated, Metal Table Base



443-966-3464 | Queen Anne, MD | www.woodingenuity.com | Licensed & Insured



VANESKA ADAMS

Born and raised in Maryland, Vaneska has an intimate knowledge of the area, with over 20 years working locally as well as in Washington D.C. and Baltimore. Prior to entering the real estate industry, she worked in sales and marketing and gained expertise in market research, social media, and customer relationship management on behalf of her clients. She has leveraged those skills into a successful career in residential sales. Vaneska believes real estate is about developing relationships and is passionate about helping her clients. After gaining a thorough understanding of their priorities, she develops a comprehensive marketing plan that focuses on the unique needs and goals and partners with her clients every step of the way—whether it’s finding a home in a certain school district, finding a good mortgage broker, or even recommending home improvement contractors. She is fluent in English and Spanish and lives in Crofton with her husband, 3 kids, and rescue cat. She enjoys gardening, trying out local restaurants, is actively involved in the local community, and strongly believes in giving back to local businesses.

Vaneska Adams, SRS

eXp Realty, Maryland
 Cell: 410-989-5220
 Office: 888-860-7369
vaneskaadams.exp Realty.com
 8115 Maple Lawn Blvd, Suite 350
 Fulton, MD 20759



Odenton, MD
\$390,000



Odenton, MD
\$277,000



Laurel, MD
\$447,000



Arnold, MD
\$1,800,000



Get started here



As seen on



CHRISTY BISHOP

BERKSHIRE HATHAWAY HOME SERVICES
PENFED REALTY

Christy Bishop, a leading figure in the real estate arena, brings an unparalleled zeal to safeguarding her clients' wealth while approaching her profession with utmost dedication. With an illustrious career spanning almost 30 years, Christy's roots in Maryland and upbringing amidst the scenic landscapes of Severna Park and Annapolis instilled in her a deep appreciation for the nuances of real estate.

Acknowledging the profound responsibility that comes with negotiating her clients' most significant assets, Christy underscores the importance of trust and integrity in her practice. As the daughter of 2 United States Marines and Naval Academy graduates (Mike Morgan USNA '67 & John Bishop USNA '65), her faith and honesty is unparalleled. Christy's commitment to representing her clients' best interests has earned her accolades with many expressing gratitude for securing an optimal sale price and terms for their home sale.

For Christy, the essence of her work lies in fostering meaningful relationships with her clients and alleviating the inherent stress associated with buying or selling property. Whether dealing with a condominium or a gated estate, her clients are assured of receiving top-notch representation characterized by unwavering integrity and professionalism.

Beyond her client-centric approach, Christy remains deeply engaged in her local real estate community and her exceptional track record and commitment to ethical standards has earned her lifetime membership in the top 1% of Anne Arundel County Realtor's Masters Club.

Embracing the Annapolitan lifestyle, she finds joy living in Annapolis on the water with her husband and German Shepherd. When not immersed in real estate endeavors, Christy loves to go boating and fishing, is an avid gardener and spending time away at the Delaware Beaches.



Christy Bishop

443-994-3405 | 410-647-8000
Christy@CBMoving.com
www.CBMoving.com

@MarylandWaterfront

RECENTLY SOLD PROPERTY



2178 Chesapeake Harbour Drive
Annapolis, MD 21403 | SOLD \$1,0850,000



BOWIE SIDING & ROOFING

Bowie Siding and Roofing is a family owned and operated Christian business. We are a licensed and insured Home Improvement Contractor with over 50 years of experience in Maryland and Virginia. Bowie Siding and Roofing has thousands of satisfied customers and was the first to offer a 15 year warranty on their workmanship. Whether you need a new roof, a siding repair, energy saving windows or one of our many other services you can feel confident that Bowie Siding and Roofing is the best choice for all of your remodeling needs.

“We promise to listen to your needs, offer sound advice, answer all questions and provide a detailed written estimate for your consideration. No pressure, no games. Your satisfaction is our top priority.” -Rick and Jocelyn

“My experience was so positive! Jocelyn in the office came to my home to clearly explain the terms of my contract. It helped me make an informed decision. Joe and Jimmy worked steadily and hard with great results. I love the new look and quality of the materials and work. They are honest, helpful and reliable. I highly recommend them!” - Customer

“Bowie Roofing and Siding installed our new roof. Company is very easy to work with! Jocelyn accomodated to our needs and was very friendly and professional. The crew who installed our roof and new skylights were punctual, professional and worked well as a team. Finished in one day.” - Customer



**BOWIE
SIDING
& ROOFING**

410-721-4226
301-262-7855
www.bowiesidingroofingandwindows.net
Licensed | Bonded | Insured
MHIC #6540 | FREE Estimates





Jack Papaleonti, GRI

THE ANCHOR TEAM OF ACADEMY REALTY

Experience matters! Introducing the Anchor Team led by Jack Papaleonti GRI, who brings years of experience and a team mentality to real estate.



There are so many obstacles and challenges that come up during a real estate transaction. An agent has to be in several places at once, so having a team that is always there pays off. With over 65 years of combined experience, we have extensive experience with waterfront homes, historic homes, condos, COOPs, investment properties, retirement homes, condemned homes, foreclosures, bank owned homes, and commercial real estate, as well as dealing with homeowner's associations, well and septic properties, and more.

Buying or selling a home is one of the biggest financial and personal decisions for anyone, whether for personal usage or investment. Academy Realty is an organization you can trust that brings a team of experience with integrity and commitment to get the deal done right. At Academy Realty we also offer special incentives for first responders, teachers and veterans when using our service. Part of our mission is to give back to our community and support those that dedicate their lives to the betterment of our communities. Contact us to preview waterfront homes from Anchor Time, or to preview homes in Historic Annapolis or Heritage Harbour from our street legal jazzy golf cart to experience home buying at a whole new level!



Joni Jones



Zack Papaleonti



Jessica Manning



Ginnie Henry



Kathy Whitlock



801 Compass Way, Suite 7
Annapolis, MD 21401
www.AcademyRealty.com
Tel# 410-263-9105
Cell# 410-991-4465





Q: What is important to consider when choosing a roofing contractor?

A: I would approach any remodeling project the same way. Is the contractor licensed and insured? Do they have an established business with a strong history in the

community? Does this company offer a long-term warranty on their workmanship? Does this company offer references of their past work? I'm pleased to say that Bowie Siding & Roofing has been offering top notch service since my dad started in the industry in 1971. We approach every home as if it is our own and try to give our best advice. We offer an honest up-front quote in writing for your consideration. There will never be any high pressure sale tactics and we make ourselves available for personal attention to our customers via a variety of different outlets. We would love to earn your business and appreciate our excellent long standing relationships within the community.

Jocelyn Turpin-Anderson

Bowie Siding & Roofing



Q: Is Now a Good Time to Buy a Home?

A: Determining the optimal time to buy a home involves evaluating various factors. In 2024, factors such as interest rates, housing inventory, and economic stability play pivotal

roles. If you can get a favorable interest rate, it could be considered a good time for you to buy a house. Local market conditions and personal financial readiness should always be considered. Consulting with a real estate professional can provide personalized insights, helping individuals make informed decisions aligned with their specific circumstances.

Bill Franklin

Long & Foster Real Estate Crofton/Bowie Sales



Q: What is the mortgage industry outlook for 2024?

A: During the early part of the year, expect some bumpiness in rates as new economic data are released and as more buyers get back into the market. However, the overall

outlook for mortgage rates in 2024 suggests more rate drops, with Bright MLS forecasts predicting rates to hit 6.2% by the fourth quarter.

Ryan Fuhman

Prosperity Home Mortgage



Q: What do we do if we think we need to make repairs or do updates before our home goes on the market?

A: Before undertaking repairs or doing any updates consult an experienced local realtor to best advise you on the most up to date marketing

recommendations. Sometimes an item that you think is an issue may not be. We have even partnered with companies that will do renovations, make licensed repairs and delay the cost until after closing. You get valuable marketing expertise and expert guidance of what is necessary or recommended to increase your property value and help you avoid wasted time and money.

Christy Bishop

Berkshire Hathaway HomeServices PenFed Realty



Q: Can I sell my investment real estate using a 1031 exchange and buy a vacation home that I can enjoy with my family during the summer months?

A: No. You can sell your investment real estate and reinvest the gain, tax deferred, to purchase your vacation or second home, the challenge is

making sure it will qualify as a 1031 investment property. Meaning that during the initial 24 months of ownership there are strict rules to follow regarding personal use. The important rule is that you can only use the property for 14 days each year or 10% of the actual days that you rent it out. For example, if you lease it for 200 days each year, your personal use can be up to 20 days. If you are able to abide by these rules, after two years the dream vacation home is yours to use as often as you like without any more requirements.

Jack Papaleonti, GRI/Realtor®

The Anchor Team of Academy Realty



For more information visit whatsupmag.com



Hello,

**The National Association
of Home Builders' New
American Home for 2024**

We're Home.

**By
Lisa J. Gotto**

**Photography by
Levy Ellyson/501 Studios,
courtesy of Pro Builder Media**



Think about it. If you were tasked with building the optimal, totally state-of-the-art home with every conceivable design advantage, stellar, best-in-class materials, an exceptional team of industry professionals working from foundation to roof, and a directive to dream big, what might that home look like?

While this is surely a fun, escapist exercise for us, this task represents a solid, nuts and bolts endeavor for the National Association of Home Builders which has been rising to the challenge to build all the above and more into what they refer to as the *New American Home* every year for the last 40 years. The end result of this visionary project, which is unveiled annually at the NAHB International Builders' Show in Las Vegas, is a compilation based on the execution of two primary project goals: maximizing housing performance and energy efficiency.

Takeaways from last month's annual unveiling are not only beautiful to look at, but they also represent practices and innovations that you may soon be seeing in that re-build down the street from you, or perhaps even in your very own American home. So, let's break it down and take a better look!



The Design-Build Custom Process

The NAHB awarded the design keys to a proven leader and forward thinker in the custom design/build category, Sun West Custom Homes. The home is located in Nevada and its prevailing objective was to bring the aspect of resort living to everyday living. A keen consideration of the natural environment surrounding the home was the key inspiration for its interior design. One clear indication of that is the prominent interior feature walls that utilize a unique stone application that matches the custom stone found on the home's exterior, creating that all-important connection from indoors to outdoors.

The home is one-story, with 7,722 feet of living space that includes five bedrooms, five and one-half bathrooms, a state-of-the-art outdoor kitchen, a pool courtyard, and a menu of energy-efficient features.

The architectural vibe of the home is definitely ultra-modern with its striking, angled slabs of multi-





tiered roof sections, its façade of warm stone, and generous amounts of glass to take advantage of its perched location looking out and beyond the famous Las Vegas strip.

The glass starts at the front door with the innovative choice of an atypically wide, weighty glass panel door from Western Window Systems that pivots with the ability to swing in or out. The eye is immediately drawn straight ahead and toward a dramatic great room. A series of fixed-system floor-to-ceiling windows take the place of traditional walls enabling the already spacious entry to inspire the intentional feel of being at a resort.

The great room acts as the core of this one-story residence with all the other areas of the home spinning off around it. Along the way to the great room, you can't help but notice the eye-catching, lighted, clear column of wine bottles. This glass-enclosed Helix wine rack serves as both chiller and visual thriller in a space that is so inviting and well-suited for entertaining.

How This Home Performs

Four walls are just that unless, and until, you see each as an opportunity to be cozier, safer, and just plain happier within them. That is what home performance is all about, and as they say, "When you know better, you do better." Year over year, the New American Home project is a testament to everything the building industry has learned when it comes to impact, efficiency, and aesthetics. Every nook and cranny of this 7,722 square-foot build was scrutinized with those aspects in mind. As a result, this home offers a plethora of wow factors in the area of performance.

Here are the highlights:

- To meet and/or exceed current energy efficiency standards, low-e coating windows with argon gas fill were installed throughout, which will help limit solar gain and optimize air tightness.
- A unique water-proofing system and floor-heating products were installed to help balance the home's humidity levels, control mold growth, and offset the costs associated with HVAC use.
- The home's attic is unvented, air-sealed, and lined with polyurethane spray-foam insulation.
- The exterior walls are sheathed with insulation board, sprayed with open-cell polyurethane spray-foam insulation, and R-values are maximized with the addition of reflective wall and ceiling insulation.
- The home's solar array of 84, 400-watt solar panels are enhanced with double-insulated microinverters.
- To improve energy efficiency and provide a more economical renewable energy option, the entire home was sealed with an atomized sealing process designed to plug up even the smallest of holes that cause drafts and inefficiencies.
- All household utility systems including HVAC, water heaters, and electrical fixtures are optimized to exceed certification specifications for Emerald level of the National Green Building Standard.
- A whole-building ventilation system approach was configured to allow optimal fresh air flow into the home.

The wine wall is an extension of the formal dining room where we get to see more of the interior's palette influenced by organic design, one of three major trends that the NAHB notes will remain popular in 2024. This room, with its staggered collection of hanging rattan lighting, and two textured walls of dark, rich wood, (one being the "fifth wall" or ceiling), also speaks to personalization trends showcasing warmer tones and the incorporation of grainy woods.

This tonal and tactile aesthetic continues to unfold all around you. Up above, the entire ceiling in this space is fitted with dark woods and peppered throughout with recessed lighting. The light, bisque-colored floor is accented with a texture-rich area rug in the great room. Its earthen brown hue and the sand-colored sectional sofa completes a visually stimulating yet relaxing space with open plan sightlines to the state-of-the-art kitchen.

Design and form truly rule in this space, which will be a topic of conversation all on its own. A wall of dark wood built-ins with vertical orientations is located to the left of the room as you enter. These intentional units fitted with storage cabinets below will provide ample display spaces for the homeowners collected and heirloom treasures. Consistent with the trend, the kitchen boasts two islands, both gorgeous and functional in their own way. The more traditional of the two does the lion's share when it comes to utility, housing appliances, and tons of drawers and cabinets in its wood base for kitchen essentials. It's topped with a concrete mineral countertop from Caesarstone's Metropolitan Collection.

The other island is a counterbalanced work of art in the form of a monolithic-like slab that mimics structural features on the exterior of the home. The piece, with its obvious visual impact will no doubt be the gathering spot for pre-dinner festivities and perhaps a bottled

Design and form truly rule in this space, which will be a topic of conversation all on its own.



vintage from the nearby wine wall. Another point of interest is the ceiling treatment in this room with its collection of cross-hatched, triangular wooden panels of various tones and textures—another bold take on the personalized trend in design.

The kitchen flows on one side to its exterior counterpart and introduces dinner guests to what outdoor resort-style living is all about. This space with its *al fresco* cooking and dining area, pool,



and modern, fire pit with conversational seating is totally opened to the inside with the home's integrated system of moving glass walls; clearly setting the standard in its class for optimal integration of indoor and outdoor spaces.

At day's end, this home's inhabitants will retreat to their primary suite which conveniently faces the pool and the incredible view of the city of Las Vegas in the distance, in a home that is a world-away from the everyday. ■

Find the complete tour of the New American Home online at tnah.com.



The NAHB on the Trends

While our showcase house may be located in Nevada, trend experts at the NAHB, say the following design trends will have staying power no matter your location:

BOLD PERSONALIZATION:

With resale value no longer a major concern, many homeowners want to make their homes uniquely personal. Long gone are the days of the stark white and gray color palette throughout the home. Colors are now shifting to warmer tones and textures, such as shades of blue and green and wood grain.

NOSTALGIC NOTES:

Mixing and matching design styles to better integrate homeowners' treasured keepsakes into a redesign is becoming more popular. There's also a shift away from modern design elements (think: clean lines) to incorporating more traditional features such as curved archways.

ORGANIC DESIGN:

Bringing the outdoors inside is another way homeowners are using remodeling to personalize their living spaces. This can be done by using woven materials such as cane and rattan throughout the home or by installing skylights allowing for more natural sunlight to flow through common areas.

NAVY 2024

SUMMER SPORTS CAMPS

BASEBALL ★ BASKETBALL ★ CROSS COUNTRY ★ DIVING
FOOTBALL ★ GOLF ★ GYMNASTICS ★ LACROSSE
ROWING ★ RUGBY ★ SAILING ★ SOCCER ★ SQUASH
STRENGTH & CONDITIONING ★ SWIMMING ★ TENNIS
TRACK & FIELD ★ VOLLEYBALL ★ WATER POLO ★ WRESTLING

VISIT NAVYSports.com AND CLICK
THE CAMPS TAB FOR REGISTRATION AND INFORMATION!



**SUMMER
at Summit**
Reduce the impact of Summer Slide



Camp Summit

July 1-26 | Full Day

Morning academics and fun afternoon recreation for students in grades 1-8.



Executive Functions

July 15-19 or July 22-26 | 1/2 Day

Students in grades 6-9 learn strategies to plan, organize, manage time, pay attention to and remember details.



EmPOWER™ Writing

July 15-19 or July 22-26 | 1/2 Day

Students in grades 6-9 learn a process to connect oral language, organization of thoughts, and writing.

REGISTER AT: www.thesummitschool.org/summer-programs



WHAT'S UP? MEDIA'S SUMMER CAMPS YOU SHOULD KNOW!

Our region is rich with diverse summer camp options, but also a vast number of families, children, and teens to fill them up! So, parents must plan ahead and start the enrollment process now. Each February we put together our summer camp guide, which has plenty of options for both educational and athletic camps in our area. Check out more than a few of our favorites to help plan your summer!



AACS Summer Programs; Location: AACS Upper School, 109 Burns Crossing Rd, Severn, MD 21144 & AACS Middle School, 716 Bestgate Rd., Annapolis; Contact: summer@aacsonline.org; Ages: 3 1/2 - 18; Dates/Times: June 17-Aug 2; Cost: Variable; The AACS Summer Program offers over 50 camp options, including sports camps, Academic and STEM camps, creative arts, and so much more. Eagles Exploration camps fill fast, so be sure to register early. Early bird discount through March. Registration will open on Jan. 22. Go to aacsonline.org/Summer to register.

Archbishop Spalding Summer Camps; Location: Archbishop Spalding High School, 8080 New Cut Road Severn; Contact: communications@spaldinghs.org; Ages: Will vary depending on the camp; Dates/Times: Will vary depending on the camp; Cost: Will vary depending on the camp; Archbishop Spalding High School offers a variety of summer camps from June through August. Camps' focus areas are academics and athletics and will vary in dates/times, pricing, and age range. Academic camps include SAT/ACT Prep, Robotics/Engineering, and Skills for Success Classes. Thirty athletic teams at Spalding and will offer summer camps in most programs. To learn more about our summer camps and how to register, please visit archbishopspalding.org/campus-life/summer-camps.

Ballet Theatre of Maryland Summer Intensive; Location: 1981 Moreland Parkway, Building 4A, Bay 4, Annapolis; Contact: Emily Carey, btmschool@balletmaryland.org; Ages: 11+ (3 or 5 Week Programs) and 8-11 (1 Week Program); Dates/Times: 5 Week Program: June 24-July 27, 9 a.m.-4 p.m., 3 Week Program: July 8-27, 9 a.m.-4 p.m., 1 Week Program: July 29-Aug 2, 9 a.m.-3 p.m.; Cost: 5 Week Program \$2,450, 3 Week Program: \$1,275, and 1 Week Program: \$425. At Ballet Theatre of Maryland's Summer Intensive, dance students will be immersed in dance with classes in a range of styles to further their technique and artistry including ballet, pointe (if applicable), variations, modern, contemporary/improvisation, jazz, acting, character, Pilates, choreography, and more. General information can be found at balletmaryland.org/summer-intensive.

Bowie Baysox Baseball Camp; Location: Prince George's Stadium 4101 Crain Highway, Bowie; Contact: Dani Fox dfox@baysox.com; Ages: 6-13 years old; Dates/Times: June 18-20, July 1-3, August 6-8, 8:30 a.m.-noon; Cost: \$209 per session. Pizza party included on final day. Also receive box seat ticket to a Baysox game; Have your child learn from future Baltimore Orioles at a Baysox Baseball Camp this summer. Instruction is led by Baysox players and staff.

Calvert Hall Summer Camps; Location: Calvert Hall College High School, Baltimore; Contact: Brian Rowe, roweb@calverthall.com; calverthall.com/school-life/summer-program; Ages: 6-15; Dates/Times: June 17 through August 9; Cost: Varies by camp; Spend your summer at The Hall. There are 12-day camp opportunities including Baseball, Basketball, CHC Kids Camp, College Application Bootcamp, Debate, Fishing, Football, Lacrosse, Robotics, Soccer, Theatre, and Volleyball. There is something for everyone.

Capital SUP Grom Camp; Location: Cap SUP Boathouse at Quiet Waters Park, Annapolis; Contact: capitalsup.com; Dates/Times: June 17th through August 26th, 1PM-4PM (PM Session), 9AM-12 PM (AM session), 9AM-4PM (Full Day - 10 yrs+ only); Ages: 7-14 Cost: \$305 (half day) \$550 (full day); Kids will learn to paddle, enjoy Standup Paddleboard games, party barge rides, on-water trampoline, paddleboard fitness (yoga and racing), nature walks, and explore Quiet Waters Park. All kids are required to wear life jackets while they are in the water.

Chesapeake Bay Foundation's Middle School Bay Eco-Camp; Location: CBF's Port Isobel Island Environmental Education Center; Contact: cbf.org/ecocamp; 800-445-5572; Ages: Rising 6th-8th grade students; Dates/Times: July Camp: July 15 through July 19; August Camp: August 12 through August 16; Cost: \$1,000 per student - includes meals, lodging, activities, and ferry transport; Explore and learn with CBF this summer! Investigate habitats by boat, study critters from canoes, build a sense of wonder, and create memories with friends during a 5-day island adventure in the heart of the Bay. Monday drop-off and Friday pick-up will take place in Crisfield, Maryland.

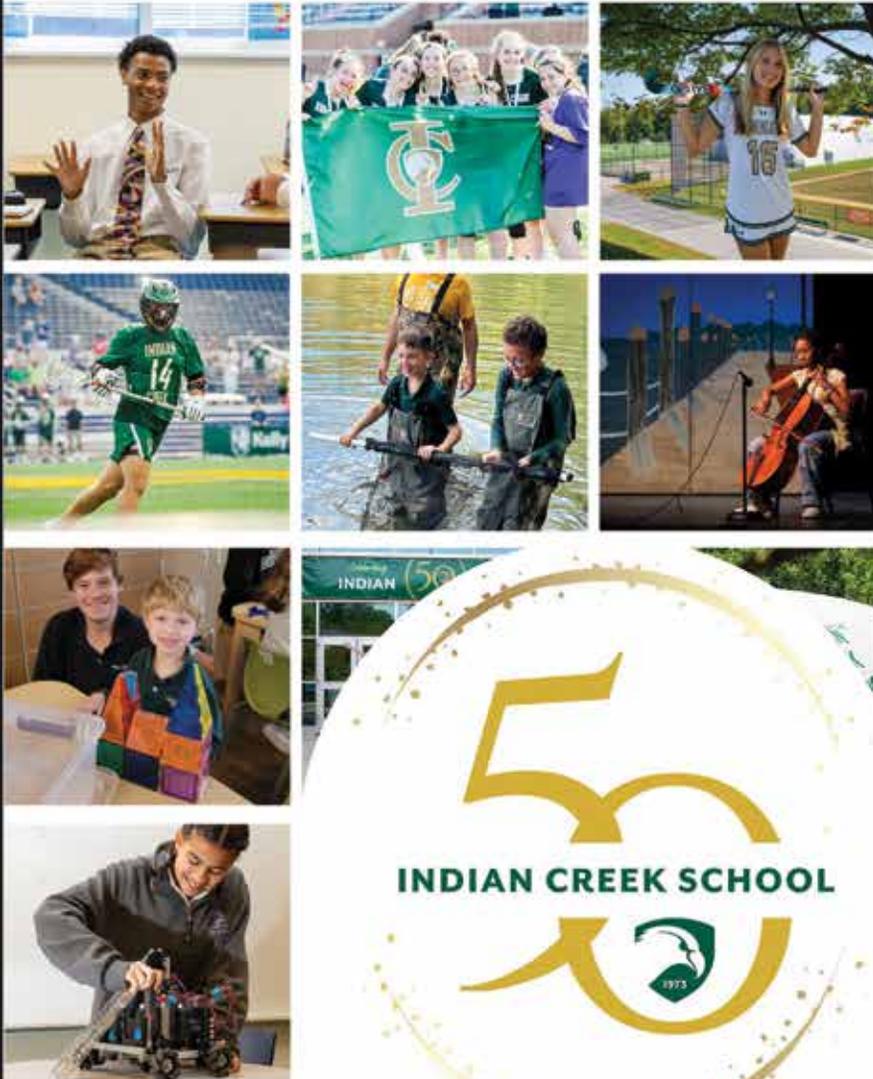
Summers at Seton; Location: Elizabeth Seton High School 5715 Emerson St, Bladensburg; Contact: Brittney Wagner, bwagner@setonhs.org; Ages: 9-17; Dates/Times: June 24 through August 2 (camps vary); Cost: \$175 +; Summers at Seton is designed to unlock, unleash, and cultivate the creativity, confidence, and critical thinking of young girls. Girls enrolled in our summers at Seton Program will be encouraged to identify and cultivate their interests, enhance their athletic ability, improve their interpersonal skills, elevate their independence as well as self-expression, and learn to lead and serve others in a diverse and safe space.

Holy Trinity Camp; Location: Holy Trinity, Glenn Dale; Contact: Ms. Becky Williams, Director; summercamp@htrinity.org; Ages: Pre/K-9th Grade; Dates/Times: June 17-August 9 (1st-9th Grade), June 17-July 26 (PK-Kindergarten); Cost: Varies.

DISCOVER THE

CREEK

Indian Creek School is the premier **Pre-K – Grade 12** independent school in the Annapolis area where **kindness** is currency, **well-being** is priority, and **excellence** in education is relentlessly pursued.



Celebrating 50 years of Excellence!

www.indiancreekschool.org



Indian Creek School Summer Program; Location: Indian Creek School, 1130 Anne Chambers Way, Crownsville; Contact: Bob Laffey, blaffey@indiancreekschool.org; indiancreekschool.org/summer; Ages: PK-12; Dates/Times: Six Weeks beginning the week of 6/17 and ending the week of 7/22; Ranges from \$350-450 depending on camp; Indian Creek will offer a variety of options for children of all ages. We are excited to offer full days of arts, academics, service, and athletics. Our hope is to provide opportunities for young people to discover passions, cultivate skills, and most importantly have fun!

Maryland Hall Summer Camps; Location: Maryland Hall, Annapolis; Contact: marylandhall.org; Ages: 3 and up.; Dates/Times: Week by week dates throughout the Summer, June 17 through August 30; Cost: Varies; Explore a world of creativity this summer at Maryland Hall with a diverse array of camps in art, dance, theater, ceramics, jazz music, digital art, jewelry, fashion, and fiber arts. Whether you're aiming to refine your existing talents or embark on a new artistic journey, our camps provide the perfect opportunity to connect with others and enhance your skills!

**Singing, Dancing,
Acting and FUN!**



Ages 6-15 Full Day
Low Cost Two Weeks

**MUSICAL THEATRE
SUMMER CAMP**

Baltimore 7/8-7/19
Annapolis 7/22-8/2



Our 27th Year!
443-422-2605



www.MusicalStages.org



ANNAPOLIS AREA CHRISTIAN SCHOOL

50+ PROGRAMS

Academic/STEM

SPORTS

CREATIVE ARTS

Before & Aftercare

-  Full and 1/2 day options
-  Daily Lunch Included
-  Transportation Available
-  \$25 Early Bird Discount through March

AACSONline.org/SUMMER

June 17 - Aug. 2

Camps in Annapolis & Severn

summer@aacsonline.org

(410) 519-5300 x3150





Summer at Severn

Weekly camps from June 24 - July 26

Choose your adventure with Severn's Summer Camps.

There's something for everyone at Severn this summer!

Chesapeake Camps (*preschool - grade 5*) - Day camps with creative themes for younger campers.

Teel Campus (*grades 6 - 8*) - Specialty camps for tweens and teens to explore interests like photography, dance and yoga.

Sports Camps (*ages vary*) - Sport-specific instruction to help athletes sharpen their skills.



severnschool.com/summer-at-severn

Musical Theatre Summer Camp; Locations: Baltimore at Mercy High School 1300 E. Northern Pkwy; and Annapolis at The Key School, 534 Hillsmere Drive; Contact: Lauren Engler, Camp Supervisor at 443-422-2605, MusicalStages.org or info@musicalstages.org; Ages: 6-15; Dates/Times: Baltimore: July 8-19, Annapolis: July 22-August 2; Cost: \$495; Musical Theatre Summer Camp provides your child an inclusive experience of all aspects of this great American art form. Classes in singing, dancing, acting, costumes, and stagecraft are taught by a staff of musical theater professionals. Campers are organized into small groups by age. Each group is guided by an experienced counselor, giving every child constant attention, personal assistance, and advice. Learning musical numbers from classic and contemporary Broadway shows, campers are taught healthy vocal techniques, develop poise and coordination while practicing their choreography, explore acting skills and improvisational games, rehearse their scenes, make their costumes, and design and create their set. All the activities emphasize having fun, making friends, and working together toward presenting their final public performance.

Naptown Sings and Plays Summer Music Camp; Location: 141 Gibraltar Ave, Annapolis; Contact: Sophia Hardesty, naptownsings.com/summer-camps-and-classes; Ages: 3-11; Dates/Times: 10:00 - 3:00 PM Before Care Available at 7:30 AM; \$75 per week After Care Available until 5:30 PM; \$75 per week, June 17-21, June 24-28, July 1-5, July 8-12, July 15-19, July 22-26, July 29 - August 2, August 5-9, August 12-16, August 19-23; Cost: \$350 per week; What keeps kids coming back year after year? Our Summer Music Camps are jam-packed with music, more music, and fun! Students, ages 3-11 of all levels and abilities (no experience necessary), will have the opportunity to learn to sing in our pop glee clubs, drum their hearts out in world drumming class, play various instruments, and participate in fun musical activities! In addition, our older kids (6-11) will learn an instrument: piano or ukulele. Our younger students (ages 3-5) will be immersed in a world of music exploration, from instrument playing, to rhythm and melody, and of course, fun! We have highly qualified instructors on staff to ensure a well-rounded educational experience and an exciting week. In addition to group instruction in voice and instruments, students will make friends, play games, and have an all-around musical good time! Camps will be held indoors at the Naptown Sings and Plays! studio. Campers will be grouped into groups based on age and instrument selection. Considering multiple weeks? Each week we will have new music, new genres, and new themes for a full immersive experience!

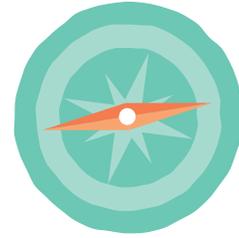
2023 Navy Athletic Summer Camps; Location: U.S. Naval Academy, Annapolis; Contact: 410-293-5845; navysports.com. (click on "Camps" tab); Dates/Times: June-August; Ages: Varies by camp and program; Cost: Varies by camp and program; Please visit website for information.

Peabody Preparatory Summer Programs in Music and Dance; Location: Baltimore; Contact: peabody.jhu.edu/prepsummer; Ages: Various; Dates/Times: June 17 to August 9; Cost: Dependent on the program; The Peabody Preparatory offers a variety of weeklong specialty music and dance programs designed to provide a fun yet focused opportunity to hone your craft or try something new. From ballet to guitar virtuosity, our camps offer extraordinary artistic experiences. Craft your own beats, master the piano, explore the world through dance, or simply have a blast with your new friends. With programs for students of all ages and skill levels, there is something for everyone this summer at the Prep! Visit our website today at peabody.jhu.edu/prepsummer to learn more and register.

2024 Safe Harbor Annapolis Junior Tennis Camps and Program; Location: Safe Harbor, Annapolis; Contact: 410.268.8282; annapolis@shmarinas.com; Times: Spring/Summer; Ages: Varies by Program; Cost: Varies by Program

St. Anne's Day School Explorers Summer Camp; Location: St. Anne's School of Annapolis; Contact: Tracy Edlich, Tedlich@st.annesschool.org; Ages: 3.5-5 years old; Dates: June 17 through August 9; Cost: \$375; Ahoy, Explorers! Welcome to St. Anne's School's 2024 Summer Explorers Summer Camp. Our camp is for adventurers aged 3.5 to 5 years old and includes eight separate weeks of fun, themed explorations. Special "Expert Explorers" join us each week to help us dive further into the week's theme. We break out our water toys on Fun in the Sun Fridays for some extra splashin' around. Summer Explorers camp runs from 9 a.m. to 3 p.m. Monday through Friday (unless noted) with optional before and after care add-ons. Camp is \$375 per week and multi-week discounts are available.

St. Margaret's Day School Summer Camp; Location: 1605 Pleasant Plains Road Annapolis; Contact: Taylor Pazienza, Aleshia Marshall stmargaretsdayschool1605@outlook.com; Ages: 2-6; Dates/Times: June 17-21 Animal Planet; June 24-28 Unmask the hero in you!; July 8-12 Dinosaur Adventures; July 15-19 SMDS Summer Scientists; July 22-26 Build it, Design it LEGO; July 29-Aug 2 Welcome to the Summer Olympics!; Aug 5-9 St. Margaret's Pirates on the High Seas; Cost: 9 a.m.-3 p.m. M-F is \$300 (ages 4-6); 9 a.m.-3 p.m. MWF is \$250 (3s); 9 a.m.-1 p.m. MWF is \$200 (3s); and Tu/Th is \$100 (2s); Join us for a summer of fun with weekly themes. Each week the counselors will create a variety of engaging hands-on activities, crafts, and lots of outdoor time to learn, explore, and have fun with their friends. Learn more about our camps by visiting stmargaretsdayschool.org/summer-camps.html.



St. Martin's-in-the-Field Episcopal School/ Club SciKidz MD; 375-A Benfield Road, Severna Park; 410-647-7055; clubscikidzmd.com/programs/camp-locations/#location-127; email: sciencecamps@clubscikidzmd.com; Full-day (9 a.m.-4 p.m.) and Half-day (9 a.m.-1 p.m.) camps available. Before- and after-care available. Prices vary; week-long science and technology camps for children in grades PreK-6th grade.

St. Vincent Pallotti High School Summer Camps; Location: St. Vincent Pallotti High School, Laurel; Contact: Aneisha Felton, afelton@pallottihs.org; pallottihs.org; Dates/Times: July 8 through August 2 (9 a.m.-3 p.m. Day Camps with 3-5 p.m. aftercare option, 5 p.m.-8 p.m. Evening Camps); Ages: Rising 1st Grade to 10th Grade; Cost: \$225/week (Day Camps); \$125/week (Evening Camps); Pallotti Summer Camps are back and bigger than ever! With four weeks of camps for various ages, skill levels and sport/subject, we have something for everyone.

Summer at KEY; Location: Key School, 534 Hillsmere Drive, Annapolis; Contact: Jane Flanagan, jflanagan@keyschool.org; Ages: 3 1/2 and up; Dates/Times: June 17 through August 2 (Closed June 19, July 4 and 5) Half-day and full day options, 9 a.m. to 12 p.m.; 12:30 to 3:30 p.m. and 9 a.m. to 3:30 p.m. Key offers After Care until 5:30 p.m.; Cost: Cost varies by program; Located on Key School's beautiful fifteen-acre campus, the setting provides access to ample space for outdoor exploration and play, in addition to kitchen facilities, science labs, music rooms, and gymnasiums. Fusco Athletic Park is located just two miles from the campus. This seventy-acre property provides space for our sports and adventure camps. More than 150 fun and enriching camps, from themed traditional camps for the youngest campers to specialty STEM, cooking, art, adventure and athletic camps. Average camper to staff member ratio of 8:1. The Summer at KEY staff comprises veteran teachers and experienced counselors, and is licensed by the State of Maryland.

Summer at Saint Andrews; Location: Saint Andrew's UM Day School, 4B Wallace Manor Road, Edgewater; Contact: summer@standrewsum.org; Ages: Rising PK3 to rising 9th; Dates/Times: June 17 through August 9, 8:30 a.m.-3:30 p.m. daily; Cost: Varies; Continue the joy of learning, playing, and discovering this summer at Saint Andrew's. Our summer programs offer campers of all ages opportunities to explore and grow in a fun and exciting environment. From time traveling on prehistoric adventures to space and beyond, your camper is in for an unforgettable summer of fun!



PALLOTTI SUMMER CAMPS 2024

4 Weeks | Different Camps Each Week | July 8 - August 2

REGISTRATION OPEN NOW!

Day Camps

Monday to Friday from 9am-3pm
3pm-5pm aftercare option
Optional lunch

Evening Camps

Monday to Friday from
2pm-5pm and 5pm-8pm

SPORTS CAMPS • ART CAMP • CHORUS CAMP
SCIENCE CAMP • SAT PREP CAMP

For full camp listing, registration, and additional information, visit www.pallottis.org/summer-camps or scan the QR code with a camera app on your smartphone or tablet.



ST. VINCENT PALLOTTI HIGH SCHOOL
113 ST. MARY'S PLACE, LAUREL MD 20707
301-725-3228
WWW.PALLOTTIHS.ORG



MARYLAND HALL
education

SUMMER 2024

CAMPS & CLASSES

ART | DANCE | MUSIC | THEATRE

marylandhall.org/SUMMER

PURPOSE. EMPATHY. CHARACTER



Open House

Friday, January 5, 2024

Friday, February 9, 2024

Saturday, April 13, 2024

9:30 a.m. - 11:30 a.m.

Registration required at htrinity.org/admissions



PS-8 Glenn Dale & Bowie HTrinity.org 301-262-5355

MONSIGNOR SLADE CATHOLIC SCHOOL



Educating students to know, love, and be disciples of Christ.

Waitlists for the 24-25 school year forming in several grades.

Part-time Pre-K2 & Pre-K3 classes available in 2024-2025!



Serving Pre-K2 -8th Grades

Monsignor Slade Catholic School

Located near the intersection of Route 100 and I-97

410-766-7130

120 Dorsey Rd., Glen Burnie, MD
www.msladeschool.com



© ICC #40328

Ballet Theatre of Maryland

NIELSEN

ARTS

MSAC

The Sleeping Beauty

April 26-27, 2024 at Maryland Hall

www.BalletMaryland.org



Summer at Severn; Location: Severn School (Teel Campus at 201 Water Street, Severna Park and Chesapeake Campus at 1185 Baltimore Annapolis Blvd, Arnold); Contact: Olivia Eggstein, o.eggstein@severnschool.com or 410-647-7701 x2054 or visit severnschool.com/summer-at-severn; Ages: Preschool through rising 9th graders; Dates/Times: Camps run weekly starting June 24, and running through July 26; Cost: costs vary; Summer at Severn has something for every camper. Kids entering preschool to fifth grade can choose from traditional day camps with a different theme each week or fun specialty camps focused on photography, art, dance, theater and more. For tweens and teens, the Teel Camps offer an immersive experience in a variety of specialized interests, allowing them to explore their passion. Severn also offers a variety of sports camps (ages vary, see descriptions on website) and for younger campers there are jumpstart academic camps to help students prepare for the upcoming school year.

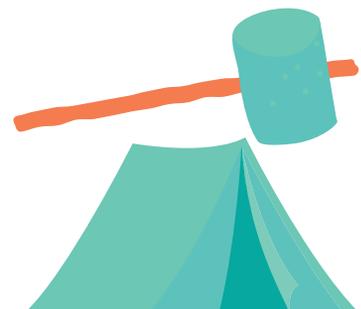
Camp Summit, Executive Functions Camp and EmPOWER Writing Camp; Location: The Summit School, 664 E Central Avenue, Edgewater; Contact: thesummitschool.org/summer-programs, camp@thesummitschool.org; Dates/Times: Camp Summit July 1-26, Executive Functions July 15-19 or July 22-26, EmPOWER July 15-19 or July 22-26; Specialty Camps July 17-28; Ages: Camp Summit Grades 1-8; Specialty Camps Grades 6-9; Cost: Camp Summit \$2,400 (4 weeks), specialty camps \$480; Camp Summit is for bright children entering grades 1-8 who struggle with reading, writing and math. Morning academics are followed by afternoon recreation. Executive Functions: This week-long course will help your student develop strategies to plan, organize, strategize, manage time, pay attention to and remember details. EmPOWER: This camp will teach students how to use the EmPOWER writing process to launch them on the road to writing success. The EmPOWER writing process helps students connect oral language, organization of thoughts, and writing.

Washington College Summer Camps; Location: Washington College, 300 Washington Avenue, Chestertown; Contact: washcoll.edu/admissions/visit/upcoming-events/summer-conferences; Ages: Students entering Sophomore through Senior year of High School; Dates/Times: Varies by camp; Cost: Varies by camp; Does your dream summer include meeting living writers, discovering the ecosystems in your own community, exploring the world through technology, or investigating history beyond the printed word? If so, you have come to the right place!

ARCHBISHOP SPALDING HIGH SCHOOL

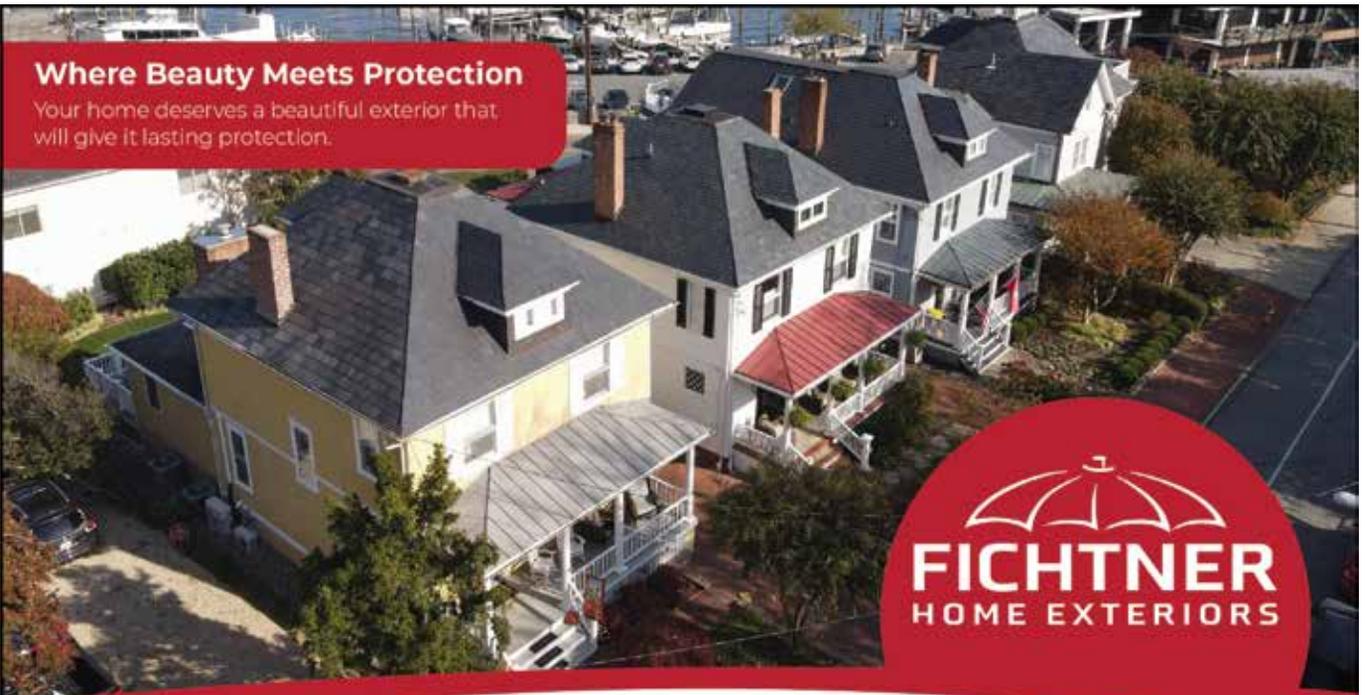
- OVER 55 YEARS OF CATHOLIC EDUCATION ■ 26 AP CLASSES
- INTERNATIONAL BACCALAUREATE WORLD SCHOOL
- PROJECT LEAD THE WAY/PATHWAY TO ENGINEERING ■ 30 ATHLETIC TEAMS
- OVER 40 CLUBS AND ORGANIZATIONS

— ARCHBISHOPSPALDING.ORG —



Where Beauty Meets Protection

Your home deserves a beautiful exterior that will give it lasting protection.



FICHTNER
HOME EXTERIORS

What's Up? Winners
Since 2012



ROOFING • SIDING • WINDOWS • GUTTERS

Call for a free estimate! **410.981.9466**

fichtnerexteriors.com



PATUXENT NURSERY
SHOP WHERE THE PROS SHOP

"Where plants, pollinators, and people connect"

The area's largest selection of native and ornamental plants with experts who can help you create the garden of your dreams!

(301) 218-4769
2410 N. Crain Hwy
Bowie, MD 20716

www.patuxentnursery.com

Scan & Save:





GET THE BACKYARD OF YOUR

Dreams

Wood Fencing • Privacy Fencing • Chain Link • Aluminum & Vinyl Fencing • Ornamental Iron Fencing
Wood Decks • Composite & Vinyl Decks • Screened Porches • Sunrooms • Gazebos
Handrails • Security & Storm Doors • Automated Gate Systems • Patios & Pavers
Awnings • Pergolas & Trellises • Tennis Courts • And Much More!

SPRING INTO SAVINGS!

20%^{OFF} DECKS & PAVERS*
Expires: 3/31/24

*Example retail purchase price of \$5,975 would be \$4,780 a savings of \$1,195 on LONG® DECKS. Residential installed sales only. Not valid on previous orders or in combination with other offers or discounts. Some exclusions and surcharges may apply.

INSTALLATION • REPAIR • MAINTENANCE • LICENSED/BONDED/INSURED • FREE ESTIMATES • MAJOR CREDIT CARDS ACCEPTED

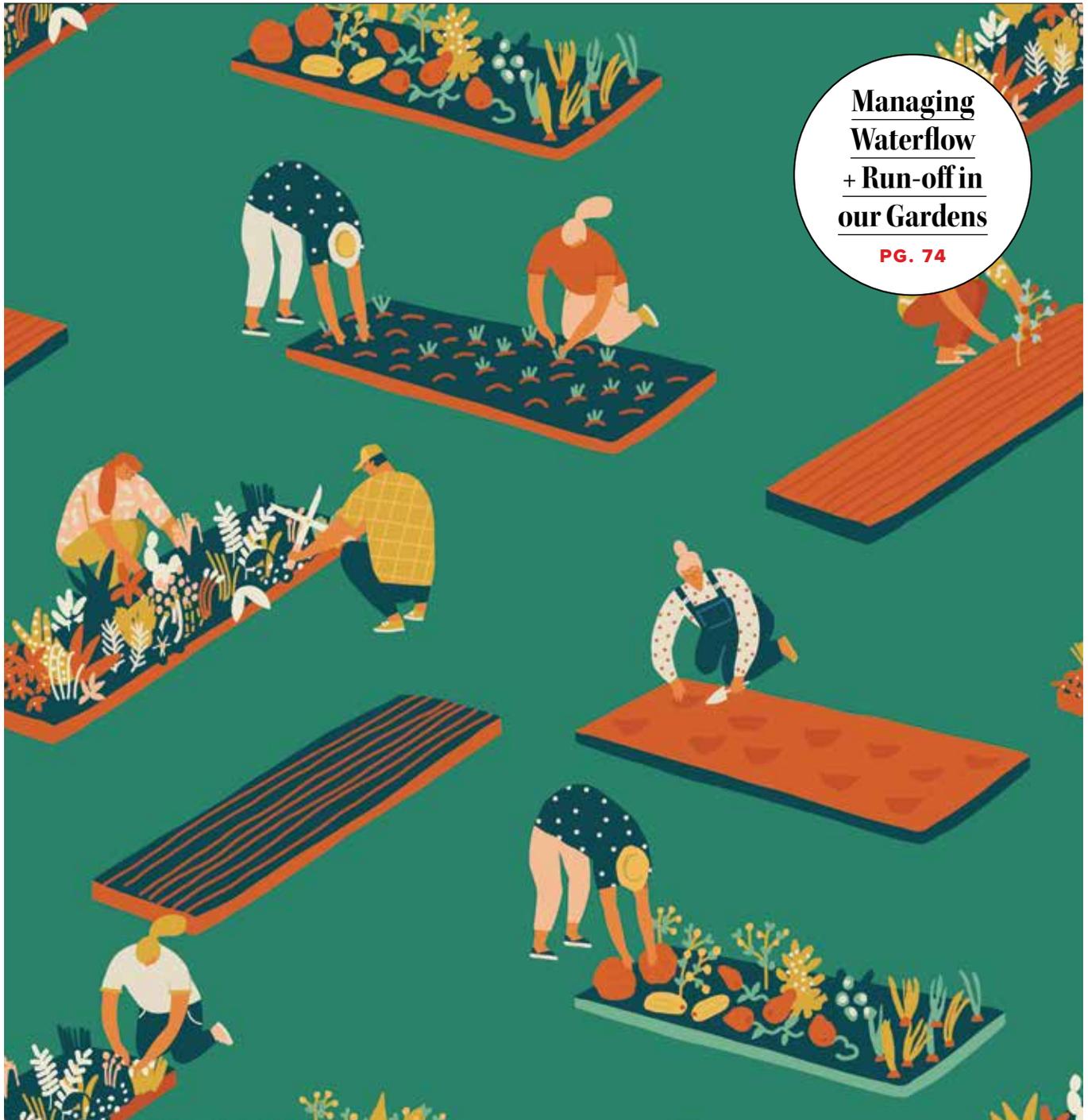
1-888-460-5664 | LONGFENCE.COM

Home & Garden

72 VALUE ADDED?

74 PREPARING FOR SPRING'S SHOWERS

78 POLISHED, COLONIAL-ERA CHARM



Managing
Waterflow
+ Run-off in
our Gardens

PG. 74

Thinking of a Real Estate Career?

Long and Foster has been an institution since 1968 and built on a culture of Trust, Family and Excellence[™]

We offer both In-Person and Virtual pre-licensing classes geared towards helping you pass the state exam the first time.

Post License Training - This is just a sample of what we offer

- Launch I - New Agent program
- Launch II - New Agent program
- Getting to Gold - Mentoring Program
- Success Path Tools Training
- Specialty Classes
- Tips from the Top
- Book Club
- Core Services Training



Dominic Cantalupo

Manager, Associate Broker

Crofton/Bowie Tri-County Office

Office: (410) 721-1500 | Cell: (410) 963-5466

Dominic.Cantalupo@LNF.com



Training magazine, the leading publication for training and development professionals, has named Long & Foster Real Estate to its prestigious list of the world's top training companies for 2023—the Training APEX Awards. Long & Foster not only ranked among some of the industry world's top companies, but also the only residential real estate brokerage featured in this year's awards.

It's Spring Time...

Time to buy
a new home!



Maria Lopes, Realtor[®]
C - 240.423.8510
O - 410.721.1500
Maria.Lopes@LNF.com



MARISA FERREIRA

Office: (410) 721-1500 Cell: (202) 836-0827

Marisa.Ferreira@LongandFoster.com

Se Habla Espanol | Falamos Portugues



Scan me



LONG & FOSTER[®]
REAL ESTATE

CROFTON/BOWIE



"I sell more because
I do more"

Top 1% Realtors[®] Nationwide

Call Me To See What Anne Arundel County Has To Offer!!!

BILL FRANKLIN

Let Bill's Success Work for You!

- Resales
- New Home Construction
- Investment Properties
- Nationwide Relocation
- \$700+ Million Lifetime Sales
- Master's Club Member
- Long & Foster's Hall of Fame
- PGCAR's Hall of Fame



www.BillFranklin.net

(O) 410-451-6205 | (C) 301-346-5690 | Bill.Franklin@LNF.com

Lock, Shop & Home

Submit your loan application & lock in your interest rate!

Searching for a new home often takes time, and unpredictable interest rates can add stress to the home buying process while you shop. **We may be able to help!**



LOCK

Complete your loan application and **LOCK** in your interest rate.¹ A property address is **not** required.



SHOP

Then, **SHOP** for a home with a **Buyer Advantage²** Commitment Letter signed by our underwriter.³



HOME

With most of the financing process complete, focus on your move and getting into your new **HOME**.

Ask me about our **\$1,000 Second Opinion³** offer!



Ryan M. Fuhrman
Mortgage Consultant
NMLS#: 450398
Cell: (240) 432-8513
Email: Ryan.Fuhrman@phmloans.com
Web: RyanFuhrman.phmloans.com

PROSPERITY
HOME MORTGAGE, LLC⁴

1. Interest rate lock available up to 90 days. Longer lock periods may be available. Additional fees may apply for longer lock periods. Lock, Shop & Home program is NOT available for 2nd home, investment, or renovation loan programs. 2. Buyer Advantage² is not a final loan approval. A Commitment Letter is issued on Wednesday and loan documents prepared by you and a review of your credit report. The interest rate and type of mortgage used to approve you for a specified loan amount is subject to change which may also change the terms of approval. If the interest rate used for credit approval has changed, you may need to re-qualify. Information provided by you is subject to review and all other loan conditions must be met. After you have chosen a home and your offer has been accepted, final loan approval will be contingent upon obtaining an acceptable appraisal and title commitment. Additional documentation may be required. 3. Some restrictions apply. Not all borrowers will qualify. All first mortgage products are provided by Prosperity Home Mortgage, LLC. 800.771.274. 4. Prosperity Home Mortgage, LLC products may not be available in all areas. Not all borrowers will qualify. Licensed by the Department of Financial Protection and Innovation under the Consumer Residential Mortgage Lending Act, licensed by the California State Bank Commissioner, Massachusetts Mortgage Lender License #ML151044. Licensed by the NJ Department of Banking and Insurance. Also licensed in AL, AK, AZ, CA, CO, CT, DC, FL, GA, HI, IL, IN, KS, KY, LA, MD, ME, MI, MN, MO, MS, MT, NE, NH, NM, NY, ND, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, VT, WA, WI, WV and WY. NMLS #225564 NMLS Consumer Access at <http://nmlsconsumeraccess.org> ©2020 Prosperity Home Mortgage, LLC. All Rights Reserved. DM720-WMC221212 Expires 03/21

LONG & FOSTER
REAL ESTATE

ARE YOU READY TO
fall in love
WITH YOUR
new
home?



Direct - 301-789-7095
Office - 410-721-1500
KiaSellsHomes@LNF.com
LongAndFoster.com/KiaHutchins

Kia Hutchins

Need help buying or selling?



Call me
JACQUELINE REYES

301.938.4438
Jacqueline.Reyes@LNF.com



looking for a
REAL ESTATE AGENT?



MEET
**AMY
ZWINGE**

OF
Long and Foster
The Franklin Group
301-848-0240
Amy.Zwinge@LNF.com

Get Your
Spring Wish List
Today...

- FREE Investment Property List
- FREE list of over 200, three or more bedroom homes for SALE in Prince George's & Anne Arundel County under \$350,000.00
- FREE list of over 350 homes for SALE in Prince George's and Anne Arundel County with a payment under \$3,000.00 per month
- List of homes comparable to yours in your community

MUST CONTACT: Kris Edwards
2191 Defense Highway | Crofton, MD 21114
Best Number - 443-871-4143 | Office - 410-721-1500

LONG & FOSTER
REAL ESTATE

Valued Added?

DESIGN NO-NOS THAT DE-VALUE YOUR HOME

By Lisa J. Gotto

So, you're finally settled into what's hopefully going to be your dream home once you've updated it, and you're considering what you need to do to make it your own. There are a few things you should consider before you begin to make those changes, especially if this purchase could go to market in the years ahead.

Real estate experts agree that there is a point when the improvements made to your home will not translate into equity down the road and may even end up de-valuing your home. So, what is the secret sauce to prudent and forward-thinking design that only enhances the home's value?

Since this is a highly subjective question for some, we narrowed the scope to identify 7 things you should definitely *avoid* when upgrading.

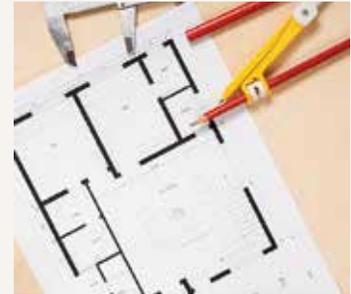


1 Across the board re-designing of a bathroom that *removes* a tub to create just a shower is a major no-no. No matter how much more room or storage space you think you will gain in your bathroom's footprint, it cannot go dollar-to-dollar against what a potential buyer may see as the cost of adding a tub back in.



2 Ditch the wall kitsch! It's harder for someone new to envision being in your home if it looks like it's outer space. So, think twice about installing that highly personalized patterned wallpaper or applying that less-than-neutral paint choice, lest you swap it back out when you decide to move on.

4 Variety isn't necessarily the spice of life if it means that your home has an identity crisis going on between its indoor and outdoor personalities. That said, curb appeal may get prospective buyers into the house, but they may be off put if they arrive to your modern farmhouse façade only to find a bunch of mid-century modern details inside. Having one cohesive feel and flow throughout the home is the path to, "Sold!"



3 There was a time during our hectic pandemic era when homeowners wondered what it was that they liked about the open concept floorplan. Let us assure you, that was only a temporary anomaly, as a majority of homeowners still prize the flexibility that open plan living provides. Not to mention, no one really enjoys having to take a sledgehammer to dry wall; that only looks like fun on the home shows. The moral of this story; don't add walls back in.



5 Customization is clearly still one of the most enduring trends in home design, and by all means when you're in your forever home you will be at a fine time in life to do just that. However, customization especially in the two rooms of the home that are the costliest to upgrade, the kitchen and the bathroom, should be carefully weighed. Case in point, the customizable kitchen trend allows you to choose deep, rich, or unique color palettes for appliance packages. These appliances are super-hot right now, but so are their prices. You could end up spending thousands more on one range that you, more than likely, won't re-coup upon re-sale.



6 Don't under-think your material choices. These are elements like countertops that live within your home year-after-year, and unless you are doing your "value for money" research, they could end up failing you. Keep in mind that while many materials have similar looks, they rarely have the same shelf life. (Total pun intended.) Talk to the experts about how you will use the space they are in and your expectations for their performance over time. Also, note that spending more doesn't always get you more. A great example here; solid marble countertops can seem like the *crème de la crème* of countertop options, but they require diligent care to look their best over time, as they are more susceptible to staining and scratching than some man-made materials.



7 Warning: Choppy floor treatments from room-to-room often have potential buyers looking down—and eventually out! As does wall-to-wall carpeting that is frumpy and bumpy, and past its prime. In other words, stay clear of quirky flooring choices. Options today are limitless and vary widely from a quality standpoint, so choose wisely. A majority of homeowners are selecting engineered hardwood for a reason; it wears well and is something that can be installed to provide a visually consistent look throughout the home.

Preparing for Spring's Showers

MANAGING WATERFLOW AND RUN-OFF IN OUR GARDENS

By Janice F. Booth

Maryland's weather seems to grow more volatile, with more frequent heavy storms of wind and rain. Periods of drought also prevailed here in early 2023. Thus, it is a wise precaution to prepare our lawns and gardens for both heavy rain and drought during 2024, as the two conditions can wreak havoc. Even the *average* annual rainfall in Maryland is about 50 inches.

The preparations you may want to make to protect your lawns and gardens from erosion will be part of what has come to be known as “hardscape” rather than landscape. Hardscaping refers to man-made elements of landscaping that use wood, brick, gravel, and other material to change the *lay* of the land, often to protect that land from wind and water erosion. Usually, it's best to have a professional service do your hardscape...because it is *hard*, perhaps even backbreaking work.

But, if you've got some muscle-builders in the family willing to help, they can assist your lawn and garden hardscaping for potentially extreme weather ahead.



LET'S CONSIDER TWO APPROACHES:

1. Repairing and redeveloping lawn and garden areas that are already prone to erosion.
2. Redesigning the land's configuration to avoid future water runoff and drought conditions.

Since it's March and the rainy season is fast approaching, if it comes at all, let's begin with repairs to areas you already know may be problematic.

COMMON TYPES OF EROSION

You might make a visual survey, a walk-about to look for telltale signs of problems. Here are some common forms of erosion you might observe:

Splash: raindrops hit unprotected soil and splash up, taking the topsoil and leaving stains on walls and walkways. **Sheet wash:** flowing water from a natural or manmade source washes away topsoil. **Tunnel erosion:** falling water's impact on unprotected soil drills into the ground, allowing more water to drill deeper, eventually causing an erosion tunnel and then a collapsed run. **Deflation:** rainwater erodes soil exposing rocks and tree roots. **Accumulation:** soil moved by wind and water creates dunes and berms and chokes up streams.

STEPS TO IDENTIFY EROSION

Look over your lawn and garden for noticeable slopes; more than a 33 percent slope is likely to cause erosion. You can go to YouTube or any handy gardeners web site to learn how to measure for yourself the slopes in your land, or you can call in a surveyor to give you that information. An experienced hardscape service should provide that information, too. **Survey** your lawn and gardens for ruts and crevices, areas that are beginning to collapse along hillsides and steep slopes. **Stake these problem areas** so you can see if there's a pattern, a clear direction of erosion. Do the ruts begin near the downspouts and flow down a slope in the lawn? Are there animals digging or burrowing that form ruts that may be shallow but have potential for collapsing? Are the stakes marking spots where you've lost shrubs and/or trees in the last year or two? **Draw a map** of your lawn and gardens; try to make it to scale. In a bright color, mark the areas where the erosion has occurred. **Identify and note** the cause of each area of erosion if you can.



DEVISE A WORK PLAN FOR THE PROBLEM AREAS

Here are some of the methods available to repair areas where the earth has been or is being eroded:

For general “wash away” of lawn or flower beds, an **erosion control blanket** is a useful option. In a woven “cloth” of straw, coconut, or jute, and seeds are imbedded. Spread this net or blanket over exposed soil. The imbedded seeds will soon germinate, take root, and the mat or cloth, which protected the seeds from birds foraging and heavy rain, will disintegrate. We’re all familiar with good, old-fashioned **ground covers** such as periwinkle, ivy, and pachysandra. They’ll eventually fill in and protect the soil. (Do not plant ajuga or mondo grass; they’re sneaky little guys and will soon pop up in all the wrong places, plus you’ll never get them out.) **Baffles** can sometimes solve the rut problem. Use gravel or river-rocks in the rut, being careful to partially bury them so they don’t just wash away. Wood ties can also serve as baffles, laid across the slope and buried sufficiently to prevent their being washed away too. **Terracing** is a bit more drastic, requiring a careful plan for flattening areas down the slope. This is usually reserved for severe slopes.



PROACTIVE REDESIGNING

Once repairs have been completed and your lawn and gardens are restored, it may be wise to consider a few ways to prevent erosion and ensure conservancy of precious water during periods of drought.

Re-examine **Sloping**. You or your professional have identified any sloping terrain and the percentage of that slope. But what do you do with that information? Generally, if the slope is:

33% or less, application of mulch or planting of ground cover will suffice to protect the soil from erosion.

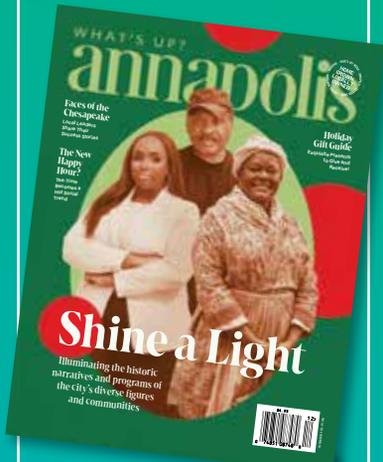
33–50%, drip irrigation, an erosion control blanket, deep-root vegetation can help.

Steeper than 50%, terracing, retaining walls, and riprap may be necessary.

Rain barrels at the base of all downspouts not only controls water flow but provide a means to conserve and use captured rainwater during times of drought or for general lawn and garden maintenance. **Rain gardens** offer an interesting visual component in your garden. Bowl shaped and shallow, they're usually lined with pebbles and hardy ground cover. When heavy rains occur, properly located rain gardens serve as catchments for excess water which can then be slowly released into the earth. A word of caution: be sure the rain garden is not situated too near any building's foundation, or a home's septic system or well. **Trees & shrubs:** Don't overlook the practical protection the roots of trees and shrubs offer, holding together hillsides and capturing topsoil. We all know the many advantages and delights that accompany the cultivation of magnolias, crape myrtle, maples, and oaks. **Mulching** lays down a protective layer over precious topsoil. Mulch holds moisture, releasing the moisture gradually to nourish plants and trees.

With a little help from Mother Nature, your work restoring and protecting your lawns and gardens from wind and water damage will be well worth the investments in time and resources when March winds and April showers come our way.

**ADVERTISE
WITH US
TODAY!**



CONTACT:

alyons@whatsupmag.com



CYPRESS GLEN OUTDOOR

Uniquely Designed Paver Patios and Decks



Screened porches, fire pits, pergolas,
pavilions, outdoor kitchens, paver walkways



16701 Melford Blvd #400 • Bowie, MD 20715

Give us a call today for your free design consultation

443-70-PATIO

www.CypressGlenOutdoor.com

MHIC # 152927





Polished, Colonial- Era Charm

By Lisa J. Gotto

The true vibe of Annapolis lives in this completely restored townhouse, circa 1800, located in the heart of Naptown. Old-world style and sophistication greet you at the threshold of this three-story, brick townhome located just steps away from the Maryland State House. Polished, colonial-era charm and details abound starting with the entry foyer with its chair rail and period-style chandelier above, and then following through to the home's original staircase and character-rich heart pine floors that date back to 1820.

**Primary
Structure
Built:** 1800

Sold For:
\$1,150,000

**Original
List Price:**
\$1,100,000

Bedrooms:
3

Baths: 3
Full, 1 Half

**Living
Space:**
1,806 Sq. Ft.

Lot Size:
.3 acres

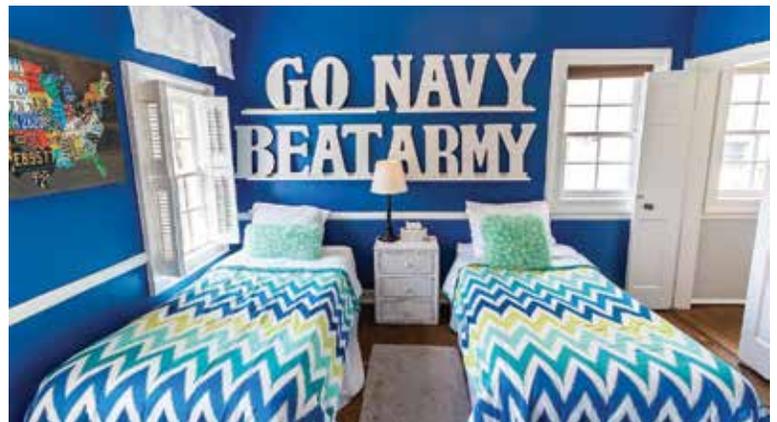
“This property has been thoughtfully renovated to preserve its historical features while incorporating modern conveniences,” says Seller’s Agent, Donna Mank. “The combination of a quiet residential street and proximity to key landmarks, specifically the State House and City Dock, made it an attractive option for those seeking a blend of history and modern living in downtown Annapolis.”

To the right of the entry there’s a quaint set of period doors in the French style that lead to the living room with its ornate crown molding and classic built-ins on either side of its Federal-style fireplace. This room flows into a smaller conversation area and then into a gorgeous, white and bright kitchen with custom cabinetry and soapstone counter tops. A center island seats two for breakfast and offers a gas cooktop. There’s a large eat-in area enhanced with an attractive built-in with additional breakfast bar seating for two. This dining area and the living room also provide access to the property’s private courtyard patio and its enviable off-street parking pad.

The home is sprinkled with custom, hand-crafted touches such as the hand-painted map of Annapolis in the living room and a wall of flowers created by Grace Knowlton in one of the home's three upper-level bedrooms. The large main bedroom boasts a roomy, walk-in custom closet and an *en suite* bath with an attractive tile treatment and vessel sink. There is an additional bedroom on this floor with its own *en suite*, and still one more bedroom with its own bath just steps away on the third floor.



Listing Agent: Donna Mank, Compass, 1313 14th Street, NW, Washington, m. 202-550-5617, o. 202-386-6330, donna.mank@compass.com, compass.com **Buyers' Agent:** Alex Tower Sears, TTR | Sotheby's International Realty, 209 Main Street, Annapolis, m. 443-254-5661, o. 410-280-5600, alextowersears@gmail.com, ttrsir.com



WHAT'S UP? MEDIA

BEST OF

Party

2024

The premier party in Annapolis, don't miss it!

SAVE **W** **U** **P** **11**
THE DATE **2024**

The Belcher Pavilion

Luminis Health Anne
Arundel Medical Center

Sponsorship opportunities available
For more information visit
whatsupmag.com

WHAT'S UP? **MEDIA**
DIGITAL MAGAZINES EVENTS



Health & Beauty

82 FRESH TAKE

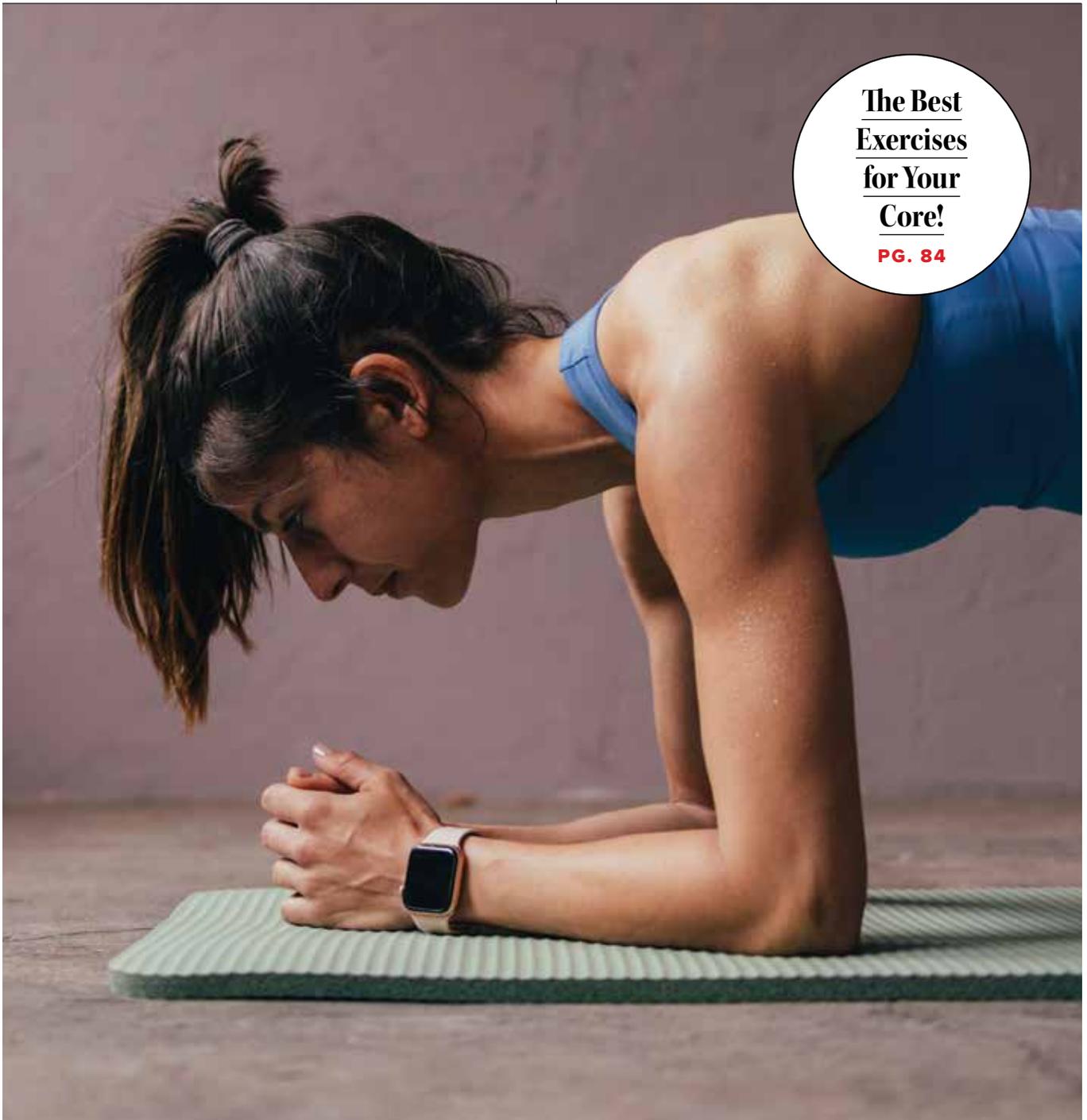
84 FITNESS TIPS

85 THE SILENT KILLER

86 SPRING FASHION

The Best
Exercises
for Your
Core!

PG. 84





Fresh Take

SUNFLOWER SEEDS

By Dylan Roche

Sunflower seeds have the distinction of being a truly all-American food, you might say. These seeds come from the bright yellow sunflower—known formally as the *Helianthus annuus*—which natively grows in North America. Indigenous peoples were using the seeds as a food source as far back as 3000 BCE, according to the National Sunflower Association, which notes that some archeologists believe sunflower seeds are an older food source than corn! Many Indigenous Americans would have used ground sunflower seeds as flour to bake bread and the rich oil from the seeds as fat for cooking.

When you consider their nutritional profile, it's clear why these small but mighty seeds would be valued as a dietary staple. They're good for your heart health, bone health, and energy levels. The fat content in sunflower seeds is made of polyunsaturated and monounsaturated fatty acids, which improve your cardiac health by lowering bad cholesterol levels and raising good cholesterol levels. The polyunsaturated fats also include omega-6s, which support brain function.

BECAUSE OF THEIR FIBER CONTENT AND FAT CONTENT, SUNFLOWER SEEDS DIGEST SLOWLY, WHICH MEANS YOU'LL FEEL SATISFIED FOR LONGER

Most notably among the vitamins and minerals in sunflower seeds is magnesium, a mineral crucial for building and maintaining strong bones, as well as supporting muscle function and nerve function. A mere 2-tablespoon serving of sunflower seed kernels—about 100 calories total—delivers more than 20mg of magnesium. That same serving size also has more than 6mg of vitamin E (almost one-third of your daily need), an antioxidant necessary for healthy skin.

Like other nuts and seeds, sunflower seeds are energy dense, yielding many calories for a relatively small serving size. Because of their fiber content and fat content, sunflower seeds digest slowly, which means you'll feel satisfied for longer than would when eating a larger-portioned snack of simple carbohydrates, such as crackers. This not only provides you with a steady stream of energy throughout the day but also help with weight management efforts.

Finally, consider this: Sunflower seeds might be a feel-good snack. The amino acid tryptophan found in sunflower seeds aids in your body's production of serotonin, according to a study published by *Frontiers in Nutrition* in July 2022. Serotonin is a chemical your body produces to help regulate your mood, and high levels have been shown to help fight depression.

Although sunflower seeds have been part of the human diet for millennia, and have been a popular snack food in modern American culture since the mid-20th century, they have been gaining more prominence in recent years thanks to their versatility. Sunflower seed butter—a protein-dense sandwich spread made from ground roasted sunflower seeds—has been embraced by many pediatric dietitians as a good alternative to peanut butter for children who have peanut allergies or other allergies, as it has a similar kid-approved taste and a similar healthy nutritional profile.

Most people enjoy sunflower seeds as part of a trail mix or as an add-in to a salad. Once they're hulled and roasted, there are all kinds of creative options, and here are just a few ways you can try them out: ➤

SOBA NOODLE SALAD WITH SUNFLOWER SEEDS

Ingredients

1 cup sunflower seed kernels
3 tablespoons soy sauce
2 tablespoons rice vinegar
1 tablespoon sesame oil
1 tablespoon honey
1 teaspoon grated fresh ginger
1 clove garlic, minced
8-ounce package of soba noodles
1 cup broccoli florets
1 medium carrot
1 red bell pepper
2 green onions
2 tablespoons toasted sesame seeds

Bring a pot of water to a rolling boil and immerse the soba noodles. Give the water a quick stir to prevent the noodles from sticking together and allow to cook for 4–5 minutes. Remove from the heat and drain. Rinse with cold water and set aside. In a food processor or blender, process the sunflower seed kernels until they form a smooth butter. Add some of the sesame oil to achieve proper smoothness if necessary. Once the kernels are processed, add soy sauce, rice vinegar, and honey and blend until combined. Stir in garlic and ginger. Chop the broccoli florets and blanch over boiling water (approximately 2–3 minutes). Julienne the carrots and bell pepper, and slice the onion into small strips. Toss the vegetables with the soba noodles, then coat well with the sauce. Sprinkle with toasted sesame seeds. This salad can be served warm or chilled.



WHOLE-WHEAT SUNFLOWER SEED BREAD

Ingredients

1 1/2 cups warm water
2 tablespoons honey
2 1/4 teaspoons active dry yeast (1 packet)
4 1/2 cups whole-wheat flour (plus extra for kneading)
1/2 cup sunflower seeds
1/4 cup milled flaxseeds
1/4 cup rolled oats
2 tablespoons olive oil
1 1/2 teaspoons salt

Begin by combining the honey and warm water, then sprinkling with the active dry yeast. Allow to stand for approximately 10 minutes, letting the water froth. Set aside. In a large bowl, whisk together the flour, oats, flaxseed, salt, and sunflower seeds. Form a well in center of the dry ingredients and add the yeast water, followed by the olive oil. Stir until well combined and a soft dough forms. Flour a work surface and begin kneading the dough. Work it for approximately 10 minutes, adding more flour if it becomes too sticky. After 10 minutes, the dough should be smooth and elastic. Move the dough to a greased bowl and cover it with a dish towel. Let the dough sit for 1–2 hours until it has doubled in size. Preheat the oven to 350F. Transfer the dough to a greased loaf pan. Brush the top with any remaining olive oil and sprinkle with remaining sunflower seeds if desired. Bake for approximately 45 minutes. Bread should be golden brown and fragrant. Allow the bread to cool completely before removing from the pan and slicing. This bread works well for toast or for savory sandwiches.

Fitness Tips

CORE WORK

By Dylan Roche

For some fitness enthusiasts, an intense strength training routine might be all about the arms, the shoulders, the chest, the legs, the glutes—but there's one central part of the body that's missing out on the training. Emphasis on the word *central*, or what might even be more appropriately described as a *core* part of the body.

THE IMPORTANCE OF CORE STRENGTH

Unfortunately, many people underestimate the critical importance of a strong core in overall performance and physical fitness. Your core—generally regarded as the muscles of your abs and back, which support your spine and pelvis—may not be muscles that are as visible as your biceps or pectorals, but your core is what gives you the ability to generate overall power and maintain stability. In other words, a strong core means a strong overall body.

Even if you aren't an athlete or avid strength trainer, your core is important because it holds you up during everyday activities. Strong core muscles ensure your spine is properly supported and contribute to overall better posture, which not only improves your overall appearance but also prevents musculoskeletal problems as you age. Supporting and stabilizing your spine also means less strain on your back, so you're less likely to experience back pain.

When you have a strong core, you have overall better balance and coordination. For athletes, this sets you up to move quickly, powerfully, and efficiently with less exertion. For the general population, this could mean simply having an easier time with everyday tasks—hauling in the groceries, lifting a moving box, or reaching up to access a top shelf. In elderly populations, core strength means there's less risk of falling over and injuring yourself.

THE BEST EXERCISES FOR YOUR CORE

Don't fall for the idea that endless sit-ups or crunches will give you a strong core. Although athletes of decades past might have defaulted to these exercises, they are hardly the most effective, according to the American Council on Exercise. Crunches target only a limited range of your core muscles, and they can even put a strain on your spine. Instead, if you want a strong core, try these exercises instead:



PLANK

Assume a plank position by lowering yourself to the floor, face down, supporting your bodyweight on your forearms and your toes. Keep your elbows beneath your shoulders and your entire body straight from head to heels. Use your core muscles to hold yourself in this position without breaking the straight line of your body—keep your hips level so they are neither sagging nor pushed up at an angle. Hold the plank for one minute or longer.



MOUNTAIN CLIMBERS

Begin in the plank position and slowly bring your left knee in toward your chest while keeping your right leg firmly in position. Use your core muscles to support your weight. Return your left leg to its original position while bringing your right knee forward. Switch your legs as quickly as you can while maintaining good form for 30 seconds to one minute.



DEAD BUGS

Begin by lying on your back with your arms extended up above you toward the ceiling. Raise your legs with your knees bent at a 90-degree angle. Bring your right arm down to be parallel with your body as you extend your left leg out in front of you. As you perform this move, keep your lower back pressed close to the floor. Return to the starting position and repeat with your left arm and right leg. Repeat this motion in rapid succession while maintaining good form.



BICYCLE CRUNCHES

Lie on your back and bring your hands up behind your head with your elbows bent out to the side. Lift your legs off the ground and bend your knees at a 90-degree angle. Bring your left knee toward your chest and twist your torso to bring your right elbow as close to your knee as possible. Return to the starting position and repeat with your right knee and left elbow. Repeat this motion in rapid succession while maintaining good form for 30 seconds to one minute.

WOODCHOPPERS

Begin by standing with your feet shoulder width apart and a dumbbell or medicine ball held out in front of you with both hands. Rotate your torso as you lower the weight to about knee level on the left side of your body. Raise the weight diagonally across your body and lift it above your right shoulder. Repeat this move for 30 seconds before switching sides, lowering the weight to your right side and raising it over your left shoulder.

Alerting Americans About the Silent Killer

By Dylan Roche

The name “silent killer” sounds ominous, but it’s an unfortunately accurate description of a chronic disease—diabetes—on the rise among Americans, many of whom aren’t even aware they have it. That’s the primary reason diabetes awareness has become a hot topic for health care professionals and researchers. On the fourth Tuesday of March, many will be observing American Diabetes Awareness Day, sometimes referred to as Diabetes Alert Day, to spread the word that 1 in 5 U.S. adults have diabetes and don’t even know they have it.

That equates to about 8.5 million people, according to the Centers for Disease Control and Prevention—and those are just the people who are estimated to be living with it undiagnosed. Another 29.7 million people have been diagnosed, totaling 38.4 million all together, or 11.6 percent of adults in the United States.

One of the reasons health experts want to raise awareness is because those numbers are increasing significantly—the number of people with diabetes has more than doubled in the past 20 years. Most cases of diabetes—between 90 and 95 percent, depending on estimates—are type 2 diabetes, which often develops later in life.

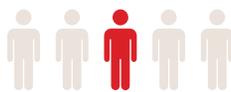
All cases of diabetes involve an insufficient amount of insulin to deliver glucose in the blood to the body’s cells. With type 1 diabetes, which was previously known as juvenile diabetes because it’s often diagnosed in childhood, the pancreas does not produce enough insulin. With type 2 diabetes, the body is unable to produce enough insulin to effectively manage glucose levels in the blood. Risk of type 2 diabetes increases with age and weight, and most who are diagnosed are over the age of 45, have obesity, or have a family history of diabetes.

Doctors recommend a healthy lifestyle not only to reduce risk of developing diabetes but also to help control diabetes after diagnosis. A healthy diet low in refined carbohydrates, which break down into glucose faster than complex carbohydrates, and plenty of physical activity can help manage blood sugar levels.

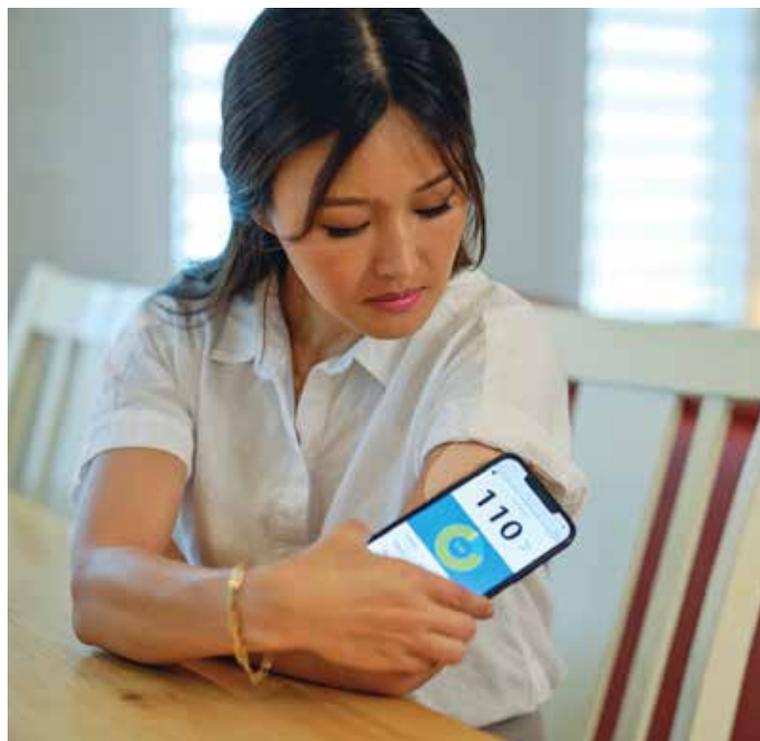
Symptoms of diabetes to watch out for include frequent urination, unexplained hunger, or thirst despite eating and drinking normally, blurry vision, unexplained sudden weight loss, and tingling or numbness in hands or feet. Although diagnoses have been on the rise in recent decades, organizations such as the American Diabetes Association (ADA) remain optimistic that by spreading awareness it’s possible to not only reduce risk in populations but also make medical breakthroughs that can treat diabetes. Some researchers are looking to the advancement of artificial pancreas systems (also known as a bionic pancreas) or the use of stem cell therapy to regenerate insulin-producing beta cells in a pancreas that doesn’t produce insulin.

Continuous glucose monitoring (CGM) systems continue to improve, as do insulin pumps for more accurate and effective delivery of insulin. PBS even reports that research is underway for a type 1 diabetes vaccine that would target the autoantibodies damaging cells in the pancreas.

If Diabetes Alert Day has you feeling more aware, you can learn more about research, advocacy, and resources available through the American Diabetes Association at diabetes.org.



1 in 5 U.S. adults have diabetes and don't even know they have it.





Spruce Up Your Spring Fashion with Pastels

By Dylan Roche

Bright, sunny spring days call for fashion to match—which is why spring is always a perfect time for pastels, those softer, more delicate shades of all your favorite colors. Pastels add a lot of fun and personality to your attire, but it's easy to overdo it. Combining too many pastels or combining a pastel shade with the wrong dark color, could end up ruining the overall effect. Your safest bet to combining pastels? Look for pastel shades of complementary colors. Warm tones like red, yellow, and orange complement cool tones like blue, green, and purple. When you combine a pastel shade of a warm color with the pastel shade of a cool color, they're more likely to bring out the best in each other. Some combinations you might want to try include:

- 
BLUSH + MINT
 A delicate shade of pink will look cheery next to this refreshing shade of green. This combination might even call to mind the color palette of a rosy garden. Instead of blush, you could also try peach, another shade of pink with hints of orange to it.
- 
LAVENDER + BUTTER
 A calming, elegant shade of purple pairs well with a warm, creamy shade of yellow, giving your outfit a balance of sophistication and fun. You can also try lilac, which has cooler undertones than lavender, paired with a brighter shade of yellow, such as lemon.
- 
CORAL + POWDER BLUE
 These muted shades of orange (with pink undertones) and blue (with a hint of gray) pair well together because they are like a combination of energy and tranquility, perfect for days outside in the fresh air.
- 
SEAFOAM + SALMON
 Based on their name alone, you might expect these colors to look well for a day out by the water. Soft green with a touch of blue will complement the subdued pinkish orange for a vibrant, eye-catching look.



You can also create depth by pairing pastels with a well-coordinated neutral, such as beige, gray, or white. Avoid anything overly vibrant or neon because these could end up clashing with the pastel shades, as could dark colors like black, charcoal, or navy. Although metallic accessories can work well with the brightness of the pastels, adding a touch of sophistication to the outfit, keep these pieces small and understated. Large accessories with a metallic sheen to them will be overwhelming and make your outfit look too cluttered.

*** Above all, don't forget that style is subjective—so if you feel compelled to wear pastels in a way that goes against the rules, do it with confidence. You might be setting the trend of the spring season.**




David Jencks, MD

Anne Arundel Gastroenterology
Associates

Q: **How can I decrease the risk of colorectal cancer (CRC)?**

A: Prevention is the key! Lifestyle factors that decrease the risk of CRC include a diet high in vegetables/fruits and low in processed meats, a healthy weight, remaining physically active and avoiding smoking and excess alcohol.

Average risk CRC screening is recommended to start at 45. Colonoscopy is the only method of screening which can detect and simultaneously remove precancerous polyps. Colonoscopy has long been considered the gold standard of CRC prevention and was recently shown to be the most effective method of screening, with a mortality reduction of 73%.

Learn more: www.aagastro.com | 410-224-2116




Raveena Edwards, MD

University of Maryland Baltimore Washington
Medical Group - Primary Care

Q: **Why should you have a primary care provider?**

A: Primary care providers, which include doctors, nurse practitioners and physician assistants, offer a unique value that can greatly impact your health. One of the many reasons to consider having a primary care provider is to catch health issues early. This is accomplished through routine screenings, monitoring your health history and asking the right questions. Research shows that people who regularly visit a primary care provider go to the hospital and emergency room less than those who don't have a primary care provider. To find a primary care provider at UM BWMC, visit umbwmc.org/primary.

Learn more: umbwmc.org/primary | 410-553-2900




Sanmeet Singh, MD

Luminis.Health/Gastro

Q: **When should I start colon cancer screening?**

A: Most people should start colon cancer screening at age 45. Talk to your doctor about your family history of colon cancer to find out if you should start screening sooner. If you are due for a screening, you can choose between a stool-based test which can be done at home, or a colonoscopy, which is done in a specialized center or hospital. Your doctor can help you decide which option is right for you. Either way, don't delay. It's not only about detecting colon cancer as early as possible, but also removing precancerous growths that may turn into cancer one day.

Learn more: Luminis.Health/Gastro | 443-569-3855

AKIRA
RAMEN & IZAKAYA

301-968-2182
1417 S MAIN CHAPEL WAY #108
GAMBRILLS, MD
WAUGHCHAPELAKIRARAMEN.COM

A TRIBUTE TO FAMILY & FOOD

TAQUERIA
LIME & SALT
Agave Bar

Come & Brunch With Us

Tacos | Ceviche | Enchiladas | Tamales
Margaritas | Mezcal | Tequila

8395 Piney Orchard Pkwy • Odenton, MD 21113 • (410) 874-6277

Family owned & operated.
Branch on Saturday & Sunday
Sun-Tues 11-8 | Wed-Thurs 11-9 | Fri-Sat 11-10 | Happy Hour Mon-Fri 3-5

TASTE WHY WE'RE VOTED THE BEST!

Mamma Roma
Italian Food with a Passion

Indulge
IN AUTHENTIC ITALIAN CUISINE!

"The County Council congratulates Mamma Roma for being named by *The Washington Post* as having one of the BEST New York-style pizzas in Maryland. Your flawless crust, magical red sauce, and melty cheese will always be welcome in Anne Arundel County!"

Odenton: 8743 Piney Orchard Pkwy, Ste. 102 • 410-695-0247 • www.mammaromas.com

Food & Dining

90 DINING REVIEW

92 READERS' DINING GUIDE



Fried Oysters
Basket at
Crafty Crab



Signature Lowcountry

By James Houck

From the first gentle dunking of a peeled, steamed shrimp into the butter-broth bath of Creole-Nantucket-Chesapeake influence (yes, a hodgepodge of seasoning that somehow works oh so well) to last morsel of Dungeness knuckle drenched in this richness, the Crafty Crab experience was happily savored. On a cold, winter Tuesday night, amidst the chaos of the work/school week, a hearty spread of seafood—steamed/boiled, fried—was the decided treat that would offer my family of four repast and full bellies. Our meal was, altogether, swell. We had fun, the restaurant was unique, and the food delicious.

The name of the restaurant demystifies what you're going to get into here, but the preparation and presentation of the seafood differs from what us Marylanders are accustomed to. The New Orleans influence is evident as the star dishes on the menu are actually Lowcountry "boils" of seafood menageries. Snow crab, King crab, Dungeness crab, blue crab (seasonal), crawfish, lobster, shrimp, scallops, mussels, clams, and more can be selected in combinations and steam/boiled in a seasoned broth. You choose a style of seasoning, as well as spice level (mild to fire). There is plenty else on the menu from which to choose including fresh shucked oysters, fried seafood baskets, a few salads, chicken wings, and a smattering of sides you'd likely find at a Louisiana backyard boil.

The atmosphere is unique, too. Crafty Crab has a sports bar-meets-seaside shanty vibe, all wrapped in the contemporary and clean lines of a professionally-run eatery. There are surfboards caught in fish netting, a mounted shark, and enough large-screen televisions with whatever games are on to satisfy jocular inquiry. Dark wood from floor to ceiling, along with leather-back seating dominates the dining room. Each table or booth is "clothed" in white butcher paper, indicative of the feasts about to ensue. Service is friendly from front-of-house to waitstaff. The entire aura is casual but exciting. And though we personally didn't experience karaoke singing, a Conga dance line, or limbo contest on our visit, there are more than a few video reviews posted online with evidence of these engaging activities. Go figure!



CRAFTY CRAB

6800 Race Track Road, Bowie
240-245-3715 • craftycrabrestaurant.com

Back to the food. Do order the seafood boils. Try as much as your wallet affords. Though Crafty Crab can be somewhat pricey (the seafood can log more air miles in one trip than most of us in a year), we found the small sized Seafood Platter (a half-pound each of snow crab, crawfish, shrimp, green mussels, clams, corn, and potatoes) with the addition of Dungeness crab and sausage (another half-pound per), to be more than adequate for two, very hungry adults and quite reasonable on the bottom line. Our kids each tried a fried basket (catfish for one, crabcakes the other). And for the purposes of this review, we added an order of six Buffalo wings, calamari, and a shrimp salad. Seriously, this was a huge amount of food. Big gluttony came easy.

There's also more than a dozen sauces/dressings to zing up the nibbles. And to quench your thirst—yes, you will become very thirsty—a commanding fleet of cocktails, beers, select wines, and sodas (Pepsi products) is available. With all of our selections made, the feasting began.

Right off the bat and most intriguing was the presentation of the Seafood Platter (boil), which arrives as a bountiful bundle in a large, clear



plastic bag. Unwrapped, the waft of freshly prepared crustaceans is olfactory heaven. If you ordered your seasoning *on the food*, be prepared for a messier meal of cracking than if you ordered it *on the side*. On the side was the right call for us. We cracked and picked our way through all seafood, happily dipping and lapping up each bite.

**WE CRACKED AND
PICKED OUR WAY
THROUGH ALL
SEAFOOD, HAPPILY
DIPPING AND LAPPING
UP EACH BITE.**

The seasoning we chose—“buttery garlic”—was rooted in the Crafty Crab’s house blend of herbs and spices, but amplified with this selected richness. It was a spectacular dipping sauce for just about everything on the table, including the Kielbasa-style sausage coins, potatoes, and corn mixed into the boil. I detected hints of red chili pepper, tarragon, and celery seed, among other notes, that traipsed the palate in harmony. “Now dat’s magnifique!” as one might say in Nawlins French-slang.

The fried selections were adequately satisfying with the catfish and calamari boasting the same zesty, thin coating of cornmeal-based batter. The filets of fish and rings of squid were moist from a perfect fry and the flecks of black pepper in the batter had just enough oomph to make the kiddos wide-eyed. The salad with shrimp offered some much-needed greenery to the evening’s diet (though interestingly, the baby shrimp atop the greens were also fried).

With high marks awarded easily by each of us around the table for these dishes, there were but two that hadn’t received any. The crabcakes were modest on backfin meat and heavy on filler. The sweetness of bread-

ing competed with (and won against) the flavor profile of crab that we all long for when ordering this beloved dish. Also fried, the crabcakes offered little excitement in comparison to the physical cracking of large snow crab clusters or succulent crawdad morsels. Equally so, the Buffalo-style chicken wings underwhelmed. Our order suffered from over-frying, which unfortunately equals over-drying. Minimally sauced and miniscule in size, the wings were having an off night we suppose.

That said, minor missteps like these are easy to overlook with an abundance of success. And at Crafty Crab, the heart and soul are rooted in classic, seafood boil experiences reminiscent of the Big Easy. By adding dashes of New England provenance and hints of Chesapeake influence, the more than 65 locations of this growing seafood franchise are undoubtedly serving memorable coastal experiences to their patrons, even when tucked within the landlocked expanse of suburbia.

Readers' Dining Guide



Welcome to your regional dining guide. We include many restaurants for many tastes and experiences. Don't see your favorite on the list? Email mkotelchuck@whatsupmag.com or editor@whatsupmag.com and let us know! And for the full guide, visit whatsupmag.com.



Advertisers Listed in Red

Avg. Entrée Price
 \$ 0-14
 \$\$ 15-30
 \$\$\$ 31 and over

- Reservations
- Full bar
- Family Friendly
- Water View
- Outdoor Seating
- Live Music
- Grab and Go

South Anne Arundel

100 Lots Kitchen + Bar
 74 West Central Avenue, Edgewater; 667-270-5878; 100lotskitchen.com \$\$ ●●

Adam's Taphouse
 169 Mayo Road, Edgewater; 410-956-2995; adams-grilleedgewater.com \$\$ ●

Always Ice Cream Company
 129A Mitchell's Chance Road, Edgewater; 443-949-8309; always-icecreamcompany.com \$ ●

Bayside Bull
 108 W Central Ave, Edgewater; 410-956-6009; baysidebull.com \$ ●●

The Boathouse
 604 Cabana Blvd, Deale; 410-867-9668; theboathouse-deale.com \$\$ ●●●

Cappy's
 479 Deale Road, Deale; 443-607-4138; cappysdeale.com \$\$, ●●● Seasonal

Chad's BBQ
 158 W Central Ave, Edgewater; 410-956-7774; chadsbbq.com \$ ●●

Cooper's Tavern
 173 Mitchell's Chance Road, Edgewater; 443-837-6126; coopers-tavern.com \$\$ ●●

Dockside Restaurant & Sports Bar
 421 Deale Road, Tracy's Landing; 410-867-1138; dockside-restaurantmd.com \$\$ ●●●●

Edgewater Restaurant
 148 Mayo Road, Edgewater; 410-956-3202; edgewater-restaurant.com \$\$ ●●

Happy Harbor Waterfront Restaurant and Bar
 533 Deale Road, Deale; 410-867-0949; happyharbor-deale.com \$\$ ●●●●

Harper's Waterfront Restaurant
 1107 Turkey Point Road, Edgewater; 410-798-8338; harperswaterfront.com \$\$\$, Reservation Only ●●●●

Harvest Thyme Tavern
 1251 West Central Ave, Davidsonville; 443-203-6846; harvestthymetavern.com \$\$ ●●

Jesse Jays
 584 West Central Avenue, Davidsonville; 240-903-8100; jessejays.com \$ ●●●

Killarney House
 584 West Central Avenue, Davidsonville; 410-798-8700; killarneyhousepub.com \$\$ ●●●●●

Lemongrass South River
 3059 Solomons Island Road, Edgewater; 443-221-7693 \$ \$ ●●

Mike's Crab House
 3030 Riva Road, Riva; 410-956-2784; mikescrabhouse.com \$ \$ ●●●

The Pier Waterfront Bar & Grill
 48 South River Road, Edgewater; 443-837-6057; thepierwaterfrontbarandgrill.com \$ \$ ●●●●●

Pirate's Cove Restaurant and Dock Bar
 4817 Riverside Drive, Galesville; 410-867-2300; piratescove-md.com \$ \$ ●●●●

Sandy Pony Donuts
 620 East Bayfront Road, Deale; 301-325-8783; sandyponydonuts.com \$ ●

Senor's Chile
 105 Mayo Road, Edgewater; 410-216-2687; senorschile.com \$ \$ ●●

Skipper's Pier Restaurant & Dock Bar
 6158 Drum Point Road, Deale; 410-867-7110; skipperspier.com \$ \$ ●●●●

South County Café
 5960 Deale Church-ton Road, Deale; 410-867-6450; southcountycafe.com \$ ●

Stan and Joe's Riverside
 4851 Riverside Drive, Galesville; 410-867-7200; stanandjoesaloon.com \$ \$ ●●●●

West River Pit BBQ
 5544 Muddy Creek Road, West River; 443-223-9956; westriverpit.com \$ ●

Yellowfin Steak & Fishhouse
 2840 Solomons Island Road, Edgewater; 410-573-1333; yellowfinedgewater.com \$ \$ ●●●●



DINING REVIEW



CALLING ALL FOOD CRITICS!

Send us your dining review and you'll be eligible for our monthly drawing for a \$50 gift certificate to a local restaurant. Fill out the form at whatsupmag.com/promotions.

West and North Anne Arundel & Beyond

Akira Ramen Izakaya

1417 S Main Chapel Way Suite 108; 301-968-2182; akiraramenizakaya.com \$ ●

Arturo's Trattoria

1660 Crain Highway South, Glen Burnie; 410-761-1500; arturostrattoria.com \$\$ ●●

Ashling Kitchen and Bar

1286 Route 3 Suite 3, Crofton; 443-332-6100; ashlingco.com \$\$ ●●●

The Big Bean

558 B&A Boulevard, Severna Park; 410-384-7744; thebigbean.com \$ ● Grab and Go Daily Breakfast

Blackwall Barn and Lodge

329 Gambrills Road, Gambrills; 410-317-2276; barnandlodge.com \$\$ ●●●●●

Blue Rooster Café

1372 Cape St Claire Road, Annapolis; 410-757-5232; gotoroosters.com \$ ●●

Brian Boru Restaurant and Pub

489 Ritchie Highway, Severna Park; 410-975-2678; brianboru-pub.com \$\$ ●●●●

The Beach Bar

1750 Marley Avenue, Glen Burnie; 410-553-0600; Facebook \$ ●●● Seasonal

Bean Rush Café

1015 Generals Highway, Crownsville; 410-923-1546; beanrushcafe.com \$ ● Daily Breakfast

Broadneck Grill and Cantina

1364 Cape St Claire Road, Annapolis; 410-757-0002; broadneckgrill.com \$\$ ●●

Cantina

Mamma Lucia
1350 Dorsey Road, Hanover; 410-684-2900; cantinamam-malucia.com \$\$, Beer and Wine, Family Friendly

Crabtowne USA

1500 Crain Hwy S, Glen Burnie; 410-761-6118; Crab-towne.com \$\$ ●●

Crafty Crab

7000 Arundel Mills Cir, Hanover; 443-820-3870; crafty-crabhanover.com \$\$ ●●

Crazy Crab

805 Aquahart Road, Glen Burnie; 401-777-9699; crazycrab.us \$\$ ● All you can eat, a la carte options

Donnelly's Dockside

1050 Deep Creek Ave, Arnold; 410-757-4045; donnellysdockside.com \$\$ ●●●

Eggspectation

2402 Brandermill Blvd, Gambrills; 443-292-4181; eggsspectation.com \$\$ ●●

Founder's Tavern & Grill

8125 Ritchie Highway, Pasadena; 410-544-0076; founderstavernandgrille.com \$\$ ●●

Frisco Taphouse

2406 Brandermill Blvd, Gambrills; 443-292-4075; friscotaphouse.com \$\$ ●●

Galliano Italian Restaurant

2630 Chapel Lake Drive; 410-721-5522; Gallianoitalianrestaurant.com \$\$ ●●

Garten

849 Baltimore Annapolis Blvd, Severna Park; 443-261-3905; garten-eats.com \$\$ ●●●

Greene Turtle

1407 S Main Chapel Way STE 113, Gambrills; 410-702-9896; thegreenturtle.com \$\$ ●●

Grumps Cafe

2299 Johns Hopkins Road, Crofton; 443-292-4397; grumpscafe.com \$ ●

The Hideaway

1439 Odenton Road, Odenton; 410-874-7300; hideawayodenton.com \$\$ ●●●

Hunan L'Rose

1131 Annapolis Road, Odenton; 410-672-2928 \$ ●

The Irish Pub Next Door

4594 Mountain Road, Pasadena; 410-702-2918; theirishpub-nextdoor.com \$\$ ●●

Lemongrass Arnold

959 Ritchie Highway, Arnold; 410-518-6990; lemongrassannapolis.com \$\$ ●●●

Lime & Salt

8395 Piney Orchard Parkway, Odenton; 410-874-6277; limesandsalt.co \$\$ ●●

A STORY IN EVERY POUR

And it can be heard and tasted in every glass we fill. Each sip unveils a story of the moments, humanity, and journey from the vines. Chef Rik has curated an award-winning wine list boasting limited production and unique wines from all over the world. Who's up for a good story?

Harvest Thyme
harvestthymetavern.com

Mamma Roma

8743 Piney Orchard Parkway, Odenton; 410-695-0247; mammaromas.com \$ ●

Molloy's Irish Pub & Restaurant

1053 Route 3 North, Gambrills; 410-451-4222; molloyirishpub.com \$\$ ●●

Mod Pizza

1350 Main Chapel Way, Gambrills; 443-494-5949; modpizza.com \$ ●

O'Loughlin's Restaurant and Pub

1258 Bay Dale Drive, Arnold; 410-349-0200; oloughlinspub.com \$ ●●

Pappas Restaurant & Sports Bar

6713 Ritchie Highway, Glen Burnie; 401-766-3713; cm-casella5/wixsite.com/glenburniepappas \$\$ ●●

Pitaya Mexican Restaurant

497 Ritchie Highway, #2d, Severna Park; 410-421-8044; pitayamexicanrestaurant.com \$\$ ●●

The Point Crab House & Grill

700 Mill Creek Road, Arnold; 410-544-5448; thepointcrabhouse.com \$\$ ●●

Ram's Head Dockside

1702 Furnace Drive, Glen Burnie; 410-590-2280; ramshaddockside.com \$\$ ●●●

The Rangoli Restaurant

7791-C Arundel Mills Blvd, Hanover; 410-799-5650; therangolirestaurant.com \$\$ ●●●

The Rumor Reel Restaurant

1701 Poplar Ridge Road, Pasadena; 443-702-2188; therumorreelpasadena.com \$\$ ●●●

Sam & Maggie's Dockside Grill

1575 Fairview Beach Road, Pasadena; 410-360-9526; samandmaggies.com \$\$ ●●● Seasonal

The Seaside Restaurant

224 Crain Highway N, Glen Burnie; 410-760-2200; theseasiderestaurant.com \$\$ ●●

Senor's Chile Café

594 Benfield Boulevard, Severna Park; 410-431-3000; senorschile.com \$\$ ●●

Senor's Chile Cantina

1264 Bay Dale Drive, Arnold; 410-421-1010; senorschile.com \$\$ ●●

Smashing Grapes

2383 Brandermill Boulevard, Gambrills; 410-451-7544; smashinggrapes.com \$\$ ●●●

The Social

139 Ritchie Highway Suite A, Severna Park; 410-544-2457; thesocialsp.com \$\$ ●●●

Sofi's Crepes

560 Baltimore Annapolis Boulevard, Severna Park; 410-647-6300; sofiscrepes.com \$ ●●

Timbuktu Restaurant

1726 Dorsey Road, Hanover; 410-796-0733; timbukturestaurant.com \$\$\$ ●●●

Prince George's County

Amber Spice

13524 Baltimore Avenue, Laurel; 301-477-4828; amberspicemd.com \$\$ ●

BLVCK Cow

6133 Highbridge Road, Bowie; 301-798-7195; blvckcow.com \$\$\$ ●●●

Bobby McKey's Dueling Piano Bar

172 Fleet Street, National Harbor; 301-602-2209; bobbymckey.com \$\$ ●●

Bond 45

149 Waterfront Street, National Harbor; 301-839-1445; bond45nh.com \$\$ ●●●●

Busboys and Poets

5331 Baltimore Avenue, Hyattsville; 301-779-2787; busboysandpoets.com \$\$ ●●●

The Common

Inside College Park Marriott Hotel and Conference Center; 301-985-7326; marriott.com \$\$ ●●

Crafty Crab

6800 Race Track Road, Bowie; 240-245-3715; craftycrabrestaurant.com \$\$ ●●

Fiorella Italian Kitchen & Pizzeria

152 National Plaza, National Harbor; 301-839-1811; fiorellapizzeria.com \$\$ ●●●

First Watch

15471 Excelsior Drive, Bowie; 301-352-3447; firstwatch.com \$ ●

Huncho House

6451 America Blvd Suite 101, Hyattsville; hunchohouse.com \$\$\$ ●●

The Irish Whisper

177 Fleet Street, Oxon Hill; 301-909-8859; theirishwhispernh.com \$\$ ●●

KitchenCray Cafe

4601 Presidents Drive, Lanham; 301-577-1425; kitchen-cray.com \$\$ ●

Looney's Pub

8150 Baltimore Avenue, College Park; 240-542-4510; looneypubmd.com \$\$ ●

Mad Cow Grill

310 Domer Avenue, Laurel; 301-725-7025; madcowgrill.com \$\$ ●●

Milk & Honey Café

12500 Fairwood Parkway, Bowie; 240-260-3141; milknhoneycafe.com \$\$ ●●

Portum

6400 Oxon Hill Road, National Harbor; 240-493-1003; portumnationalharbor.com \$\$ ●●

Public House

199 Fleet Street, National Harbor; 240-493-612; public-housenationalharbor.com \$\$ ●●

CRAFTY CRAB SEAFOOD

Prepare your tastebuds.

BOWIE, MD
 6800 Race Track Rd • Bowie, MD 20715 • (240) 245-3715
 Dine-In Sun-Thurs 12:00pm-9:00pm, Fri-Sat 12:00pm-10:00pm
 Every Friday & Saturday 7 - 11 pm DJ & Karaoke
www.craftycrabrestaurant.com

Red Hot & Blue
677 Main Street,
Laurel; 301-953-1943;
redhotandblue.com
\$\$ ●●

**Redstone
American Grill**
186 Waterfront
Street, National Har-
bor; 301-567-8900;
redstonegrill.com \$\$
●●●●

Rip's Country Inn
3809 Crain Highway,
Bowie; 301-804-
5900; ripscountry-
inn.com \$ ●●

Rosa Mexicano
153 Waterfront
Street, National Har-
bor; 301-567-1005;
rosamexicano.com
\$\$ ●●●●

**Ruby's Southern
Comfort Kitchen**
14207 Old Annapolis
Road, Bowie; 240-
260-3989; rubys-
bowie.com \$\$ ●

**SoBe Restaurant
and Lounge**
10621 Greenbelt
Road, Greenbelt;
240-334-2819;
soberestaurantand-
lounge.com \$\$\$ ●●

Succotash
186 Waterfront
Street, National Har-
bor; 301-567-8900;
succotashrestaurant.
com \$\$ ●●

**Voltaggio Brothers
Steak House**
Inside MGM National
Harbor; 301-971-
6060; mgmnational-
harbor.com \$\$\$ ●●
Locally Sourced

**The Walrus Oyster
& Ale House**
152 Waterfront
Street, National Har-
bor; 301-567-6100;
walrusoysterandale.
com \$\$ ●●●

A Better Way to Shop for Lingerie
SINCE 2003



**à la mode
intimates**

Bras, Panties, Loungewear & Fine Lingerie
Wide Range of Bra Sizes; Bands 30-44, Cups A-K+
Everyday Bras, Strapless, Sports, Wirefree, Nursing & more
Expert Bra Fittings by Appointment
alamodeintimates.com | 410.280.9771

Pacesetters
ANNAPOLIS



Pacesetters is ultimately about Direct Business, Amplification, and Savings

annapolispacesetters.com

Perfect Pet
RESORT



Happy Pets
Make Happy
People.

Lodging • Daycare
Spa • Training

410-741-0000
perfectpetresort.com

840 West Bay Front Rd.
Lothian, Maryland 20711






Where's Wilma?

FIND WILMA AND WIN!

Spring incoming! And so is our faithful, flying mascot, Wilma, who's zipping through the friendly skies in her single prop plane. She's busy getting ready for warmer weather by visiting the best shops, services, and restaurants in towns throughout the Chesapeake region. Where will she land next? Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to Ann E. of Gambrills, who won a \$50 gift certificate to a local business.

Please Print Legibly

I FOUND _____ Advertiser _____
WILMA _____ Advertiser _____
ON PG. _____ Advertiser _____

Name _____

Phone _____

Address _____

E-mail address _____

Circle your age bracket: <25 25-34 35-44 45-54 55+

Would you like to sign up for our daily e-newsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles!

Yes, please! No, thanks

Entries must be received by March 31, 2024. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Central Maryland. **Mail entries to:** Where's Wilma? Central Maryland, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions.

A La Mode	95
Academy Realty, Inc	LREHP
Akira Ramen Gambrills	88
Annapolis Area Christian School	63
Anne Arundel Gastroenterology Associates	87
Archbishop Spalding High School	66
Ballet Theater of Maryland	66
Baltimore Washington Medical Center	IBC, 87
Bowie Baysox	13
Bowie Siding & Roofing, Inc	LREHP
Christy Bishop, CB Moves, Berkshire Hathaway, PenFed Realty	LREHP
Ciminelli's Landscape Services, Inc	46
Crafty Crab Seafood	94
Cypress Glen Outdoor	77
Djawan Center for Implant and Restorative Dentistry	1
Drs. Walzer, Sullivan & Hlousek, P.A.	5
Fichtner Home Exteriors	67
Galliano Italian Restaurant & Wine Bar	21
Harvest Thyme Modern Kitchen & Tavern	93
Holy Trinity: An Episcopal School	65
Hospice of the Chesapeake	IFC
Indian Creek School	62
Kenwood Kitchens	BC
Lime & Salt	88
Long & Foster - Crofton	LREHP, 70, 71
Long Fence	68
Luminis Health AAMC	3, 87
Mamma Roma	88
Maryland Hall	65
Monsignor Slade Catholic School	65
Musical Stages	62
Nancy Hammond Editions	17
Naval Academy Athletic Assn.	60
On The Green Inc	45
One Day Doors & Closets of Baltimore	45
Pacesetters Annapolis	95
Patuxent Nursery	67
Perfect Pet Resort	95
Severn School	63
Sinclair Prosser Gasior	7
Skin Oasis Dermatology	15
St. Vincent Pallotti High School	65
The Arc Central Chesapeake Region	10
The Jaklitsch Law Group	19
The Summit School	60
Vaneska Adams with eXp Realty	LREHP
Wood Ingenuity	48
Wye Financial Partners, Wye Trust	2



Primary care for all ages and stages.

You can rest easy when you know you're giving your family the best possible care. By choosing the primary care and pediatric experts at the **University of Maryland Baltimore Washington Medical Group (UM BWMG)**, you get attentive providers for routine care, plus access to top University of Maryland specialists across our integrated system. Wherever you work or close to home, we have convenient hours, same-day appointments and telemedicine visits at all of our locations in Anne Arundel County. **That's a better state of care.**



UM BWMG Primary Care

Call **410-553-2900**
Glen Burnie | Hanover
Millersville | Pasadena

UM BWMG Adult and Senior Care

Call **410-553-2900**
Millersville | Pasadena

UM BWMG Pediatrics

Call **410-553-8540**
Glen Burnie

UM BALTIMORE
WASHINGTON
MEDICAL
CENTER



UNIVERSITY of MARYLAND
MEDICAL SYSTEM

umbwmc.org/primary | A better state of care.



Maryland's Premier Kitchen & Bath Showroom & Design Studio in Annapolis & Columbia

1415 FOREST DRIVE, ANNAPOLIS

8835-H COLUMBIA 100 PARKWAY, COLUMBIA

4,000 SQ./FT. OF KITCHEN &
BATH INSPIRATION FOR HOMEOWNERS
AND A RESOURCE FOR DESIGNERS,
ARCHITECTS AND HOME BUILDERS



Wood-Mode
FINE CUSTOM CABINETS

K **KENWOOD**
EST. 1974
KITCHENS
KITCHEN & BATH DESIGN STUDIO

*Celebrating
50 years*

Lutherville • Bel Air • Columbia • Annapolis
Call 1-800-211-8394 or visit www.kenwoodkitchens.com