

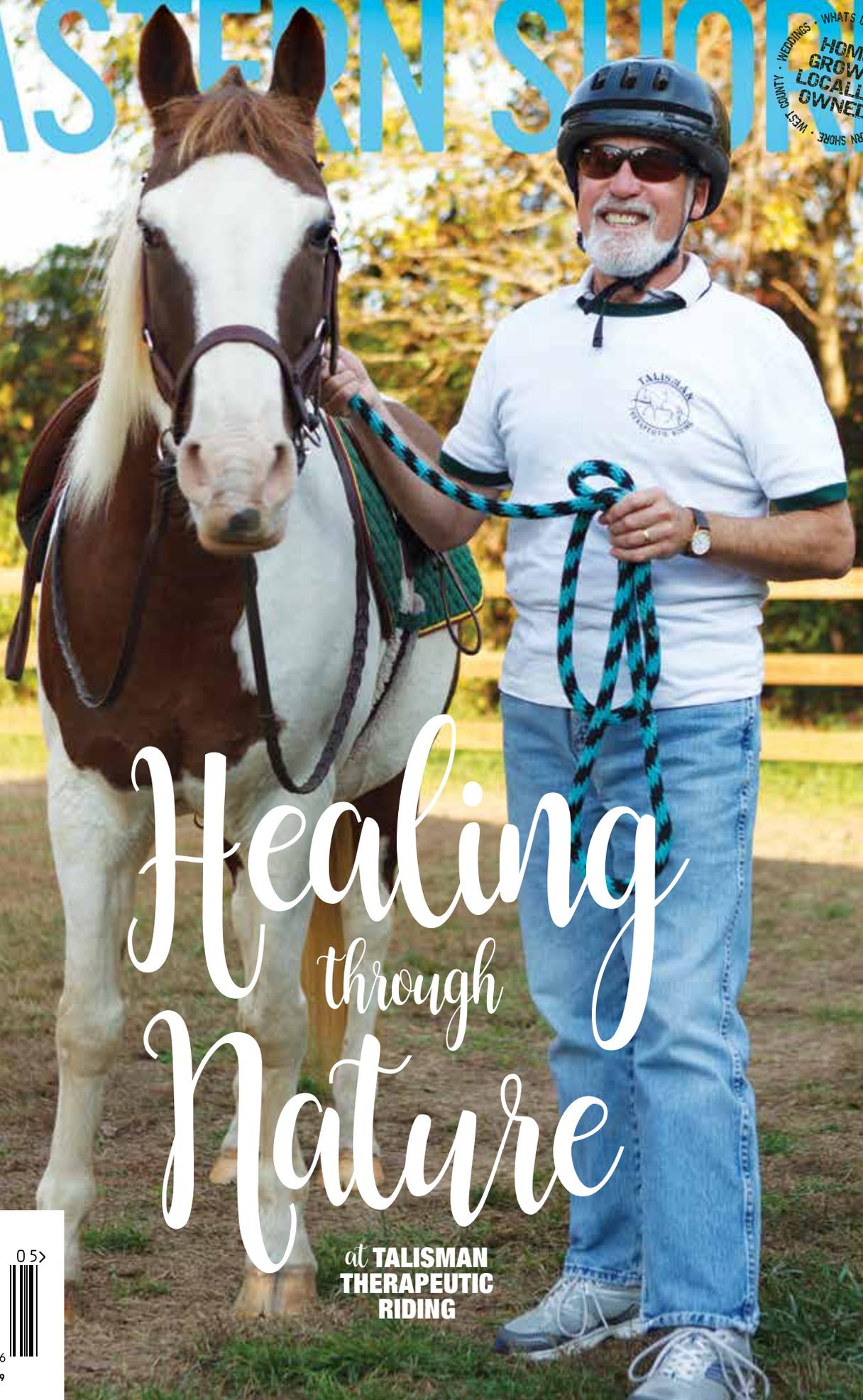
WHAT'S UP?

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THE GUIDE TO HIKES + BIKES

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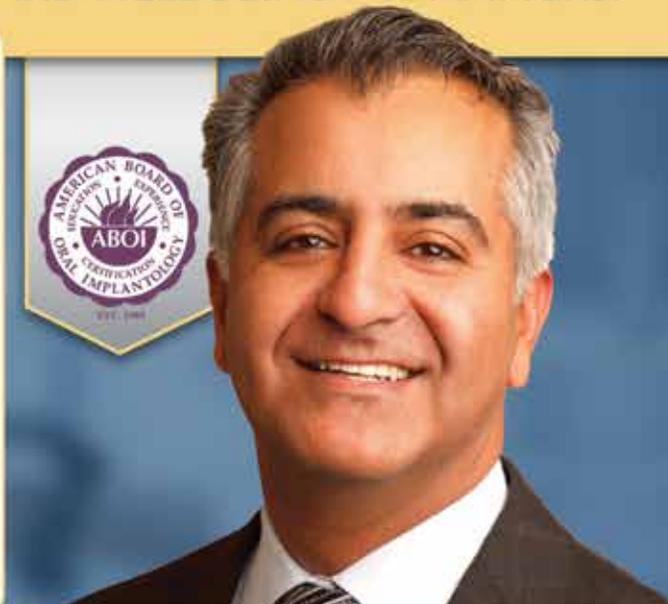


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On the Cover: We visit Talisman Therapeutic Riding in Grasonville this issue. Photo by Tony Lewis, Jr. Design by August Schwartz. Contact *What's Up?* Eastern Shore online at WhatsUpMag.com
 ♻️ Please recycle this mag.

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WHAT'S UP?

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COMING UP IN
JUNE 2019
 Best of Eastern Shore:
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 History Unearthed at
 Cloverfields Estate
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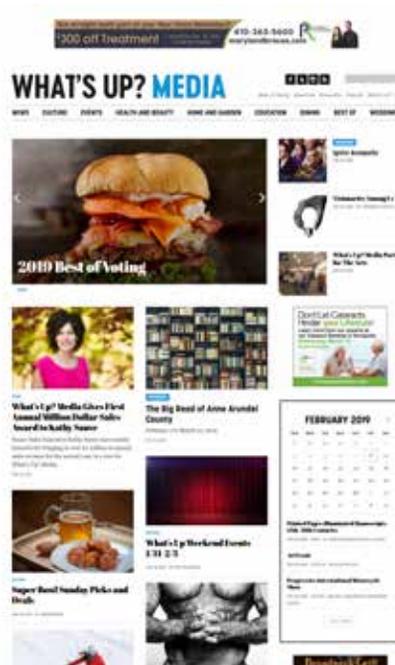
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What's Up? Online

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UPCOMING **MAY** EVENTS ON

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1

What's Up? Media Party for the Arts: Bright Colors of Spring

What's Up? Media
What's Up? Media Gallery
5:30pm - 7:00pm | **FREE**

4

8th Annual Derby Day

Talisman Therapeutic Riding
Talisman Farm
4:00pm - 9:00pm | **\$100**

10



Hospice Cup Sip and Paint

Hospice Cup Prism
6:00pm - 9:00pm | **\$43**



16

Teacher Happy Hour

Annapolis Maritime Museum
Ellen O. Moyer Nature Park
4:00pm - 6:30pm | **FREE**



9

15th Anniversary of South River on the Half Shell

Arundel Rivers Federation
Historic London Town & Gardens
6:00pm - 9:00pm | **\$114-\$204**

11

Puddles & Paddles in the Park

Annapolis Maritime Museum
Ellen O. Moyer Nature Park
11:00am - 3:00pm | **FREE**

19

3rd Annual "Run For The Dogs In Blue" 5K Run/1 Mile Walk

Chesapeake K-9 Fund
Quiet Waters Park
7:30am - 11:00am | **\$25-\$40**



3

Murder Mystery Harris Crab House

Haven Ministries
Harris Crab House
6:00pm - 9:00pm | **\$60**

9

Providence Center's 6th Annual Designer Bag Bingo Fundraiser

Providence Center
The Columbian Center
6:00pm - 10:00pm | **\$20-\$45**

11

Women's Self Defense Course

Herald Harbor Citizens Association
Herald Harbor Community Center
10:00am - 2:00pm | **\$17**



Our goal is to host tickets for all organizations, from small charity groups, artists and entrepreneurs to the region's largest festivals, concerts and playhouses. So, no matter what you're interested in attending—cooking lessons, networking lunches, concerts, fundraisers, food and wine festivals and so much more—we've got you covered. Call 410.266.6287 or visit whatsuptix.com.

From the publisher



Today, our *Annapolis* magazine trends between 160 and 192 pages, with *Eastern Shore* being 10 years younger and running a lighter page count, usually around 100 pages, all in color. What's Up? Media has grown from one magazine to six, covering Eastern Shore, Annapolis, Weddings, Seniors, and The Naval Academy, plus this one in your hands. It's been a busy 22 years. The topics we cover have changed as well. Originally, the main focus was the calendar of events and our readers still report that it's still one of your top sections, however home, dining, and, especially, the party pages and health have become very popular. I think the growing interest in health topics is one major difference of all our interests. I don't remember people talking as much about cosmetic surgery or teeth whitening or worrying about what foods will make them healthy or not as we do today. All these changes have been reflected in what we cover, and we hope you will keep on letting us know what new topics you think will be important.

"All these changes have been reflected in what we cover, and we hope you will keep on letting us know what new topics you think will be important."

In this same month, May, 22 years ago *What's Up?* magazine was launched. The offices were in the basement level of my house and the magazine was 48 pages. I remember being so proud because I thought that 48 pages was *huge!* We had four pages in the front and four pages in the back and two in the middle that were in color and the rest of the pages were black and white. You could buy a Mercedes, as advertised on our inside front cover, for \$30,450 and play golf including all green fees, cart fees, driving range use, and barbecue lunch for \$65, which was advertised on the back cover. We had quite a few pages of homes for sale and I have seen the same house advertised for sale over the years many times. The price for a large house was advertised as: "This large in town home is a private compound. Home boasts 337ft on Weems creek. Deepwater pier/lift. 42ft pool. 6 car garage and Au pair suite or in-home office with incredible water views and private decks. \$649,000." My, how the world has changed!

In the meantime, summer is finally appearing and we have a treasure trove of so many events and festivals scheduled out to the end of this year, that it will be impossible to be bored. Just when I think I've seen it all during these 22 years, I learn of something new and exciting happening in the many towns that dot the Shore; proof that our communities are as dynamic today as they ever have been. Let's keep it all going.

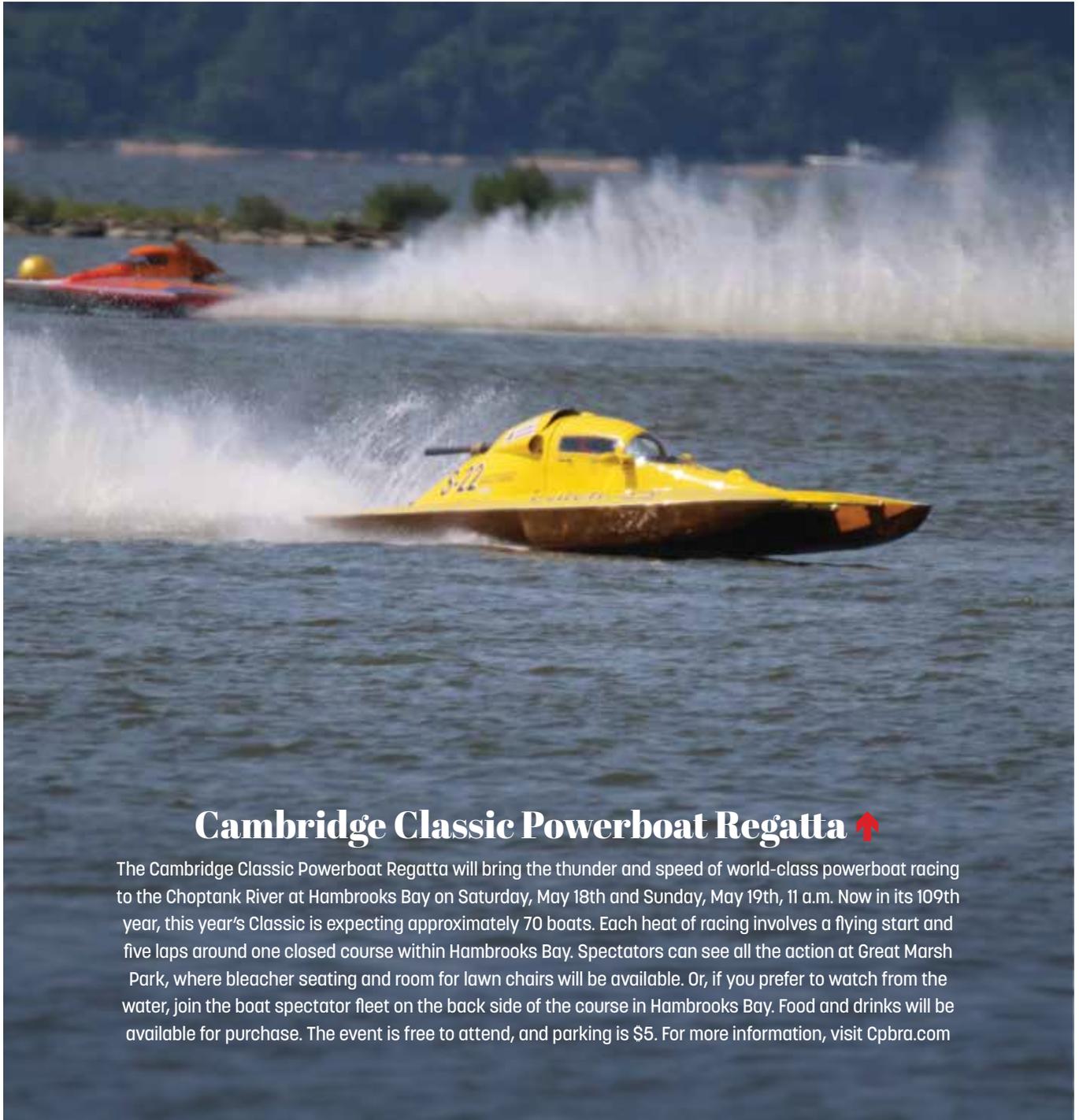
Have a wonderful month.

A handwritten signature in black ink that reads "Veronica".

Veronica Tovey,
President + Publisher

Out on the **TownE**

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Cambridge Classic Powerboat Regatta ↑

The Cambridge Classic Powerboat Regatta will bring the thunder and speed of world-class powerboat racing to the Choptank River at Hambrooks Bay on Saturday, May 18th and Sunday, May 19th, 11 a.m. Now in its 109th year, this year's Classic is expecting approximately 70 boats. Each heat of racing involves a flying start and five laps around one closed course within Hambrooks Bay. Spectators can see all the action at Great Marsh Park, where bleacher seating and room for lawn chairs will be available. Or, if you prefer to watch from the water, join the boat spectator fleet on the back side of the course in Hambrooks Bay. Food and drinks will be available for purchase. The event is free to attend, and parking is \$5. For more information, visit Cpbra.com



Photo by Chesapeake Bay Maritime Museum

↑ Community Day & Maritime Model Expo

Join the Chesapeake Bay Maritime Museum (CBMM) for its 2019 Community Day on Sunday, May 19th, 10 a.m.-4 p.m. Held annually as a way to thank the regional community for their continued support, this free festival has activities for the whole family, including live music, food and drinks, free boat rides, and more. The event also coincides with CBMM's Maritime Model Expo, which features special exhibits, model races, and more. The Expo is Saturday, May 18th and Sunday, May 19th. Entry is included with general admission on Saturday and is free on Sunday. For more information, visit Cbmm.org.

HAVEN MINISTRIES ANNUAL TEA PARTY

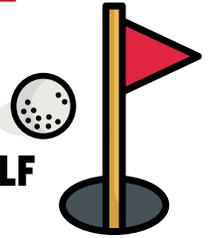
Join Haven Ministries for its annual Tea Party on Sunday, May 19th, 3 p.m. at Prospect Bay Country Club. Enjoy a silent auction, shopping, and a fancy hat contest while tasting delectable scones, sandwiches, desserts, and tea. Tickets are \$40 per person, and all proceeds benefit Haven Ministries. For more information, visit Haven-ministries.org.



Chesapeake Sea Glass Festival

The Chesapeake Sea Glass Festival will host more than 30 sea glass artisans on Saturday, May 18th, 10 a.m.-4 p.m. at Chesapeake College. Peruse unique jewelry, have your sea glass shards examined by experts, and enjoy a lecture on Chesapeake Bay finds. Admission is \$2, and proceeds will benefit local humane societies. For more information, visit Wicomicohumane-society.org.

7TH ANNUAL CHESAPEAKE BAYSAVERS GOLF TOURNAMENT

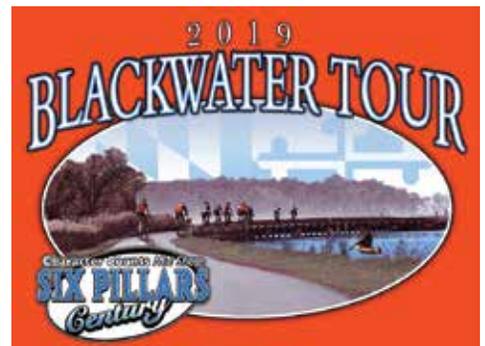


Spend a day on the green while supporting a great cause during the 7th Annual Chesapeake BaySavers Golf Tournament on Friday, May 10th at Queenstown Harbor Golf Course. The day will begin with breakfast and registration at 9 a.m. and a shotgun start at 10 a.m. Enjoy lunch and never-ending beverages on the course, followed by a barbeque and awards dinner. Registration is \$150 for a single player, and \$600 for a foursome. Proceeds will support the Chesapeake BaySavers. For more information, and to register, visit Chesapeakebaysavers.org.

↓ SIX PILLARS CENTURY 2019 BLACKWATER TOUR

Cycle the scenic back roads of the picturesque Blackwater Wildlife Refuge in Dorchester County during the Six Pillars Century Blackwater Tour fundraiser on Saturday, May 4th. Now in its 11th year, the ride attracts more than 1,000 riders from the Mid-Atlantic region and beyond, and offers three very flat riding courses: 37 miles, the famous 56-mile Ironman Eagleman course, or the beautiful 100-mile century course that takes you through quaint townships along the Chesapeake Bay and back through serene woodlands. Each participant receives complimentary breakfast, lunch, and an event T-shirt.

All funds raised from the ride support Character Counts Mid Shore, an organization that fosters positive character development through citizen-driven character enrichment programs for students in grades K-12 in Talbot, Dorchester, and Caroline counties. For more information, visit 6pillarscentury.org.





↑ ST. MICHAELS RUNNING FESTIVAL

Based in one of the oldest and most picturesque towns on the Delmarva Peninsula, the eighth annual St. Michaels Running Festival on Saturday, May 18th, 7 a.m., promises gorgeous views. Run a half-marathon or 5K, both USATF certified, on courses that meander through waterfront communities and tranquil country roads. The race starts at St. Michaels High School and finishes on Fremont Street in historic downtown St. Michaels. Kids can enjoy a 1K that includes a shirt, bib, and a medal. Registration is required for all races. Proceeds benefit several local charities. For more information, or to register, visit Runstm.com.

PAW Patrol Live! Race to the Rescue

Come hang out with everybody's favorite heroic pups during PAW Patrol Live! Race to the Rescue on Tuesday, May 28th and Wednesday, May 29th, 6 p.m. at Wicomico Youth and Civic Center. When Mayor Goodway goes missing, Chase, Marshall, Skye, and the rest of the PAW Patrol will need to team up with Ryder to save Adventure Bay's mayor and stop Foggy Bottom's Mayor Humdinger from winning the race. Ticket prices vary. For more information, visit Wicomicociviccenter.org.



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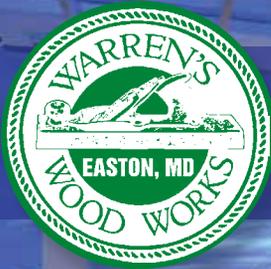
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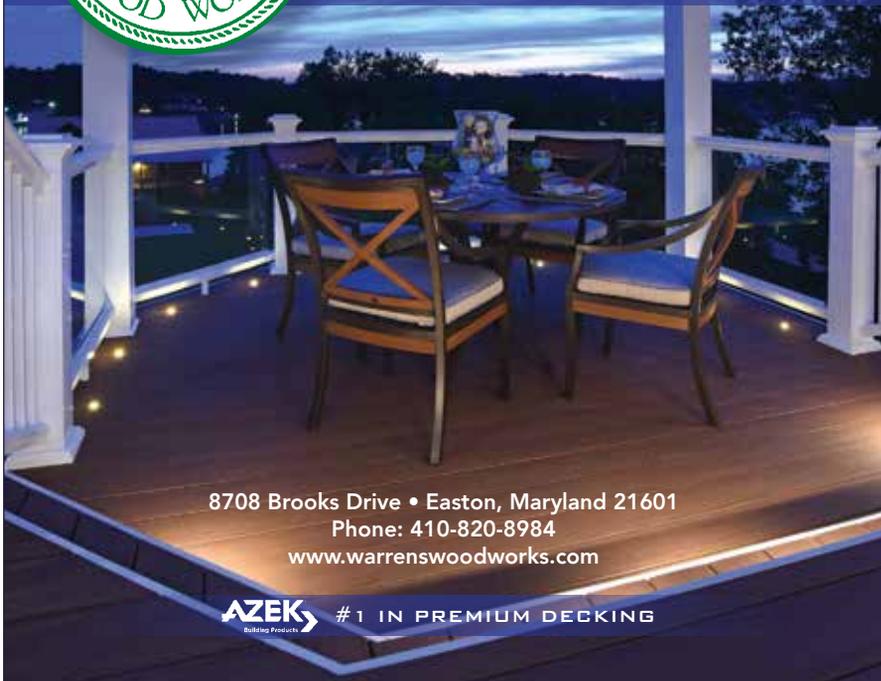
↑ CHESTERTOWN TEA PARTY CLASSIC AND RUN FOR RADCLIFFE

The Chestertown Tea Party Distance Classic and Run for Radcliffe has been a part of the Chestertown Tea Party Festival for more than 40 years. This year's classic will be held Saturday, May 25th, 8 a.m. at Wilmer Park, and features both a 5K and 10-mile race. Proceeds from the run benefit the Radcliffe Creek School Scholarship Fund. For more information, visit Chestertownteapartyrun.org.



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20th Annual Multicultural Festival

The 20th Annual Multicultural Festival, presented by the Avalon Foundation, returns on Saturday, May 4th, 10 a.m.-2 p.m. at Idlewild Park. This family-friendly event is full of activities, bands, food, and vendors. Created by Talbot County P.E.A.C.E. and debuting in 2000, the Multicultural Festival is a celebration of the rich diversity within the community. The festival is free and open to the public! For more information, call 410-822-0345 or visit Avalonfoundation.org.

SPRINGFEST →

Ocean City is celebrating the start of the summer season with its annual Springfest, held Thursday, May 2nd through Sunday, May 5th at the Ocean City Inlet Lot. This free event features four fun-filled days of live entertainment, art and crafts vendors, and delicious food for the entire family! Enjoy free local and regional entertainment on two stages every day with ticketed headliner performances Thursday through Saturday evening. Headliners include Almost Queen, LeAnn Rimes, and Night Ranger with special guest The Reagan Years. Festival hours are 10 a.m.–8 p.m. Thursday through Saturday, and 10 a.m.–6 p.m. on Sunday. For more information, visit Ococean.com.

Photo by Town of Ocean City

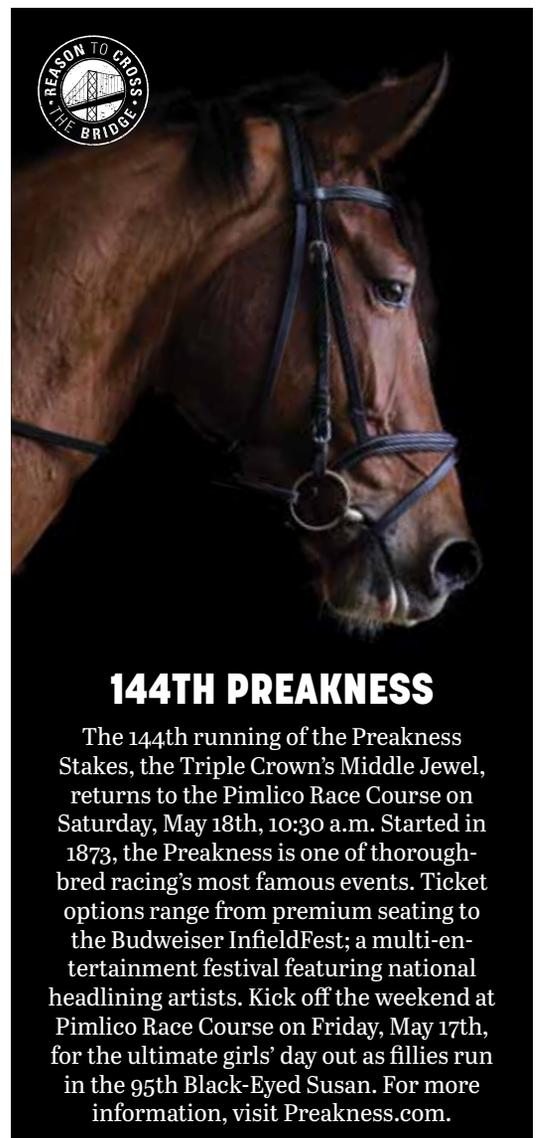


Photo by Shane Bill

↑ Chestertown Tea Party Festival

Visit Colonial Chestertown on Memorial Day weekend, Friday, May 24th through Sunday, May 26th for the annual Chestertown Tea Party Festival. From 6–9 p.m. on Friday, enjoy food, drinks, and music alongside the Chester River. The main events take place on Saturday, 9 a.m.–5 p.m., starting with an early morning distance run, followed by a Colonial Parade (10 a.m.), and the reenactment of the Tea Party (2 p.m.). Throughout the day, enjoy historic walking tours, more than 100 craft vendors, children's activities, live music, and local food, wine, and craft beer. The weekend concludes on Sunday, 11 a.m.–4 p.m., with the popular raft race (2:30 p.m.) and a wine and beer tasting festival (12–4 p.m.). For more information, including a complete schedule of events, visit Chestertownteaparty.org.

FOR MORE EVENTS VISIT OUR CALENDAR ON pg. 105 OR GO TO WHATSUPMAG.COM



144TH PREAKNESS

The 144th running of the Preakness Stakes, the Triple Crown's Middle Jewel, returns to the Pimlico Race Course on Saturday, May 18th, 10:30 a.m. Started in 1873, the Preakness is one of thoroughbred racing's most famous events. Ticket options range from premium seating to the Budweiser InfieldFest; a multi-entertainment festival featuring national headlining artists. Kick off the weekend at Pimlico Race Course on Friday, May 17th, for the ultimate girls' day out as fillies run in the 95th Black-Eyed Susan. For more information, visit Preakness.com.



TOWNE SOCIAL

Courgars en Blanc

The Country School in Easton held its annual gala, Courgars en Blanc, where guests were encouraged to wear white on February 9th. The exciting evening included food catered by Gourmet By the Bay, a live and silent auction and music from DJ Taalib. The gala benefited outdoor education, field trips, community service work, school supplies, and much more.



Photos by Jenny Madino **1.** Justin Nonemaker, John Hockmeyer, Neil Mufson, Jean Brune, and Lakshmi Vaidyanathan **2.** Katie and Jeff Cox **3.** Connie Alderfer, Ryan Catterton, Adele Showalter, Kitty Davis, Megan Brooks, Christi Boyd, and Kylie Schappeler **4.** Alfred Hughes, Cheryl Hughes, Ashley Ward, Shawn Ward, Laurie Marshall, and Kevin Marshall **5.** Martha Callahan and Natalie Dent

Snowball Dinner

The Mary Edwardine Bourke Emory Foundation's inaugural Snowball Dinner was a roaring success. Guests enjoyed dinner, drinks, and a silent auction at Fisherman's Inn and Crab Deck in Grasonville on Feb. 9th. Mary Margaret Revell Goodwin was the featured speaker. The event honored five women—Krista Pettit, Kathy Deoudes, Mary Lou Rosendale, Nancy Grace Roman, and Margaret Brent—and benefited the Maryland Museum of Women's History. The museum will open in August of 2020 and be the first of its kind in the state.



1



2



3



4



5

Photography by Ted Mueller **1.** Adair Minter, Kristen Wooden, Fran Ohl, Lynn Knight, and Kim Williams **2.** Kerry Weber, Kylee Mills, and Mande Passaro **3.** Kevin and Margaret Cashen **4.** Linda Friday, Bob Friday, and Ann Cassidy **5.** Jerry and Larisa Thomas



TOWNE SALUTE

Marie Martinez

GoldHeart Golden Retriever Rescue

By Caley Breese

When Marie Martinez rescued her first dog, Buck, from GoldHeart Golden Retriever Rescue in 2004, she didn't have the easiest experience. Martinez affectionately nicknamed him "Beautiful Brat." Even though she jokingly compared him to Marley from the novel *Marley and Me*, Martinez admits that Buck taught her a lot. The dog's antics ended up being the reason she became involved with GoldHeart.

"If people got in the hot tub, he would grab a towel and shred it, or take your clothes and shred them," she says with a laugh. "I had to keep calling the rescue back saying, 'Help me, help me!' I went through training, and [I later found out that] this poor dog had been returned three times before we got him. He was a problem child, but I learned everything because of him. He taught me, and he was my path to helping more with the rescue."

Martinez resides in Chester with her husband, Pete, where they've been living since 1999. In 2014, Martinez

retired from a 35-year career with the U.S. Postal Service. Although she's been volunteering with GoldHeart since 2005, Martinez took her retirement as an opportunity to increase her involvement with the organization, and has been secretary of the board since 2015.

"It's a board of seven," she explains. "You're on call when you're on the board in a lot of these roles. You're on call 24/7, whether it's a foster home calling you or whether it's intake and a dog has to be taken in. We don't have a brick and mortar facility. We have 15 to 20 active foster homes and most of our board members [also foster dogs]."

GoldHeart Golden Retriever Rescue was established in 1999. Its mission is to help and rescue unwanted, abandoned, or abused Golden Retrievers find *furever* homes. Martinez says the organization brings in Golden Retrievers, mixes of the breed, and dogs that exhibit Golden Retriever personalities, like Labradors. Since its inception 20 years ago, GoldHeart has rescued nearly 1,100 dogs.

Martinez's favorite part of volunteering with GoldHeart is spending time with the dogs; however, her contributions don't stop there. She fosters dogs, takes adoptable dogs on home visits, manages the website and social media accounts, helps with fundraising, and is in the process of setting up an online retail store.

Martinez says she enjoys the ability to fundraise through GoldHeart's website and

social media pages, and she's hoping the online retail store will be very beneficial for the organization. According to Martinez, she raised \$1,300 for GoldHeart through a Facebook fundraiser.

"There's probably nothing greater that you can do than foster dogs," she says. "Saving one dog will not change the world, but for that dog, his world is going to be changed forever. You feel that you've really made a difference when you see a dog that wasn't in a good situation that has been rehabilitated and finds a forever home, and is living like a king or queen."

With the significant amount of time and dedication Martinez puts into GoldHeart, she's very thankful her husband supports her through many of these efforts.

"There's always a partner or somebody behind you that helps," she says. "Because of him and him working, I can [help with GoldHeart]. He's self-employed in drywall and painting. He does, of course, help with the fostering and the walking of the dogs. If he doesn't have a lot of work, he'll help with fundraisers."

According to Board Vice President Elaine Goodman, both Marie and Pete are

essential components in the success of GoldHeart.

"Besides being just absolutely wonderful people, Marie and Pete are key members of the GoldHeart team," Goodman says. "[They] travel many miles each year, transporting dogs to their foster homes or to needed vet visits. Together, they provide a soft landing for many of our older and sometimes harder to place dogs that need the extra love and attention."

Although Martinez makes a very meaningful impact for GoldHeart, she hardly takes any credit.

"[There are] many volunteers, generous donors, and members that are responsible for GoldHeart's success and longevity," she explains. "It's great to do what you love. I get paid very well by the animals with love."

For more information on GoldHeart Golden Retriever Rescue, visit Goldheart.org

Do you have a volunteer to nominate? Send What's Up? an email to cbreese@whatsupmag.com.



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Photo by Steve Buchanan Photography

↑ Harrison's Harbour Lights Opens

The Harrison family recently partnered with the Pascal Family Group, owners of Pascal's Chophouse in Severna Park, to open Harrison's Harbour Lights in the St. Michaels Inn, Marina & Spa in early February. The Harrisons, who owned Harrison's Eastern Shore, want to bring authentic Eastern Shore cuisine to the downtown St. Michaels location of Harbour Lights. The restaurant features family recipes that go back more than 100 years, and original tables with appealing nautical maps from their original home, Chesapeake House, a small inn and restaurant previously on Tilghman Island. The Harrisons will also offer fishing charters in the St. Michaels Harbour Inn Marina.



Left to right: CBMM Shipwright Joe Connor; Senator Addie Eckardt; CBMM Chief Curator Pete Leshner; and CBMM Shipyard Manager Michael Gorman. Photo courtesy of CBMM

↑ CBMM RECEIVES PRESTIGIOUS ACCOLADES

Chesapeake Bay Maritime Museum (CBMM) earned a 4-star rating from Charity Navigator, the nation's largest evaluator of independent charities. A 4-star rating, which was given to CBMM for its strong financial health and commitment to accountability and transparency, is the highest possible rating. This is CBMM's third consecutive year of receiving this honor. Additionally, at the 44th Maryland Preservation Awards, Maryland Historical Trust presented CBMM with the Project Excellence Award for its efforts with the 1889 bugeye *Edna E. Lockwood* restoration and revitalization project. This summer, *Edna E. Lockwood* will take a heritage tour around the Chesapeake Bay.



Photo by Ashley Eason of Shore Dreams Photography

↑ Saints Peter and Paul School Student Nominated for LLS Student of the Year

Ryan Freeman, a 17-year-old senior at Saints Peter and Paul School in Easton, was nominated for the Leukemia & Lymphoma Society's (LLS) Student of the Year. Freeman is a volunteer for the LLS Maryland Chapter. He has held multiple fundraisers throughout March and April, including a campaign page for monetary donations and an April Fools' Day sub sale through Bullock's Deli in Denton. The funds Freeman raised benefit LLS's research, patient aid, and education programs. The Student of the Year Campaign runs for seven weeks, and honors a local blood cancer patient. The participant who raises the most money is awarded Student of the Year at the Grand Finale Celebration, taking place on May 3rd in Salisbury.

PURPLE CHERRY ARCHITECTS WELCOMES NEW EMPLOYEES ↓

Purple Cherry Architects recently added two new employees to its growing company. Kelly North is the company's newest project manager, and Cait Walls takes over as the interiors associate. North is a graduate of the University of Virginia School of Architecture and has 12 years of experience. Walls received her degree in fine arts with a concentration in product design from Towson University, and later earned a degree in interior design. Purple Cherry Architects was founded in Annapolis in 1996, and grew to a second office in Charlottesville, Virginia in 2016.



Above: Cait Walls. Below: Kelly North. Photos by David Burroughs



Do you have community or business news to publicize? Send What's Up? an email at cbreese@whatsupmag.com.



TOWNE ATHLETE

Chaney Shertenlieb

Cambridge-South Dorchester High School
Cheerleading, Swimming

By James Houck

Chaney Shertenlieb has performed as a cheerleader in front of 20,000 sports fans, but if she can make a difference in just one person's life, then she'd say she's achieving her dream. The 18-year-old Cambridge resident and soon-to-be graduate of Cambridge-Dorchester South High School aspires to study psychology and pursue a career as a physician assistant in psychiatry to help "individuals that have been bullied, verbally abused, physically abused, or even worse," she says. "Many of these individuals would benefit from having someone to talk to, someone to listen. Mental health does not discriminate. I want to be a positive role model, I want to be someone who can offer help to others."

Throughout her four years at Cambridge-South Dorchester, Shertenlieb has developed into a well-rounded student-athlete. Her work ethic has parlayed into steady improvement each year on the high school swim and cheerleading teams, the latter for which she was named Most Improved her sophomore year and captain her senior year. In the classroom, her cumulative grade point average of 3.23 and extracurricular activities, including chorus and drama, have earned her acceptances to McDaniel College and Stevenson University (she'll have to choose soon!). Her peers also nominated Shertenlieb to the homecoming court (she was First Runner Up Homecoming Queen) this school year for her leadership and dedication to the cheer team during football season.

Whether cheering in front of hundreds under the Friday night lights or thousands at a Washington Wizards game (a special experience for the cheer team), Shertenlieb says performing has allowed her to come out of her shell. "I learned leadership skills and how important physical activity is for the body and mind," she explains. "I enjoyed being as loud as I wanted and I could smile the entire time, not to mention the feeling of butterflies twirling in my stomach. It's not fear, it's sheer excitement."

That nervous enthusiasm is trademark Shertenlieb. Swim Coach Pete Pietras confirms that he often helps her channel that excitement toward results in the pool. "She can be nervous of how she is going to do," he says. "Sometimes she just needs that little push or incentive to kind of get her going. I'm standing at the block with her. I give her a little pep talk. And then she hops in the water and does great." Pietras confirms that, indeed, Shertenlieb improved her swim times this past season and ranked sixth best among 23 swimmers on the team.

"Her fastest 200 IM [200-meter individual medley] time was 303.3 [seconds]," Pietras explains. "She started the season in the ballpark of probably 318 or 315. So, she's worked hard on dropping that time down."

Performing well under pressure is a strong attribute of Shertenlieb's. Since the age of three, she has sung chorus. Beginning at Lollipop Lane Preschool, Shertenlieb continued her choral training and performances—including several solo acts—through elementary, middle, and, now, high school. She even performed a solo for Coastal Hospice, singing "Amazing Grace" at a bereavement ceremony. Her singing lends well to her thespian pursuits, particularly in drama camp at Cambridge-South Dorchester. And many of Shertenlieb's summers have been spent in drama camps,

"I learned leadership skills and how important physical activity is for the body and mind. I enjoyed being as loud as I wanted and I could smile the entire time, not to mention the feeling of butterflies twirling in my stomach. It's not fear, it's sheer excitement."

including Summer at Avalon Theatre in Easton. This fall, she plans to join choir in college and eventually add a minor in music when she declares her degree.

Shertenlieb credits her parents, Wendy and Bill, for inspiring her to develop into the well-rounded student-athlete she is today. Both are registered nurses and, according to Shertenlieb, are greatly appreciated in their community. "It seems that no matter where we venture in the community, someone is approaching one or the other of my parents and thanking them for their care," Shertenlieb says. "It made me realize that being kind and compassionate, and loving everyone, goes a long way. I want to be a caregiver just like them someday."

Shertenlieb is also very appreciative of her cheer coach and teacher Ramona Kenny. "She has been my role model for my years at high school, teaching me that kindness, beauty, and intelligence are important," she says. "And that if I remain determined and focused, anything is possible in life."

For Shertenlieb, it certainly appears that she's well on her way to achieving her dreams. Her outgoing personality and strong desire to achieve at the collegiate level should serve her well, as she aspires to help others.

Do you have a local athlete to nominate? Send What's Up? an email to tworgo@whatsupmag.com.

The Economics of Giving

New Tax Law Helps Reshape Donor Behavior

By Anirban Basu



Make no mistake, Americans are charitable. According to data released by Charity Navigator, a non-profit that monitors U.S. charities, more than \$410 billion was donated to different causes in 2017. That represented a 5.2 percent increase over the prior year. Indeed, 2017 represented the third consecutive year during which giving reached a record level.

American charity generally tends to trend higher. Since 1977, there have been only three years (1988, 2008, and 2009) during which charitable giving declined. The year 1998 came on the heels of Black Monday, which occurred on October 19th, 1987. On that red day, stock markets around the world crashed, including in the U.S. where the Dow Jones Industrial Average shed nearly 23 percent of its value. The years 2008 and 2009 overlapped with the worst of the Great Recession.

While all of this speaks to generous people, policymakers have worked hard over time to nudge Americans to give more. Over 100 years ago, the nation found itself mired in World War I. Having recently implemented a national income tax intended to help pay for the war, policymakers fretted that this would leave less money available for charities, which at that time provided essential services like housing, care for orphans, food, and healthcare in substantial quantities. This was a period that preceded programs like Social Security, Medicare, Medicaid, and food stamps.

Shortly after federal policymakers ratified the 16th Amendment, which permanently legalized the income tax, Washington began fiddling with the tax code to induce more charitable donations. America's first tax deduction for charitable giving originated from a piece of legislation called, ironically, the War Revenue Act of 1917. Sponsors of the bill were especially concerned that wealthy taxpayers would stop making charitable donations since they were already paying an income tax to support the war.

For a century, the tax code has changed markedly. Marginal rates have plummeted, which ironically renders deductions less valuable. Nonetheless, people have garnered a high degree of satisfac-

tion from giving to worthy organizations and deriving a bit of a tax break in the process. However, deductions only inure to the benefit of those who itemize their expenses, and the tax reform passed in 2017 fundamentally altered how many Americans are likely to itemize.

Partly to simplify the tax code, tax reformers doubled the standard deduction from \$12,700 to \$24,000 for married couples and \$6,350 to \$12,000 for single filers. Estimates produced immediately after the tax reform's passage indicated that the number of taxpayers who would itemize was set to decline from 37 million to 16 million. Related estimates suggest that the Tax Cuts and Jobs Act would reduce the federal income tax subsidy for charitable giving by a third, from approximately \$63 billion to about \$42 billion.

In short, these dynamics stand to induce many taxpayers to forego giving as they shift from itemizing to embracing a much larger standard deduction. According to Charity Navigator, of the \$410 billion in charitable giving registered in 2017, 70 percent came from individuals. Individuals have historically accounted for two-thirds of donations. The organization goes on to note that 31 percent of contributions, or roughly \$127 billion of all giving in 2017, went to religious organizations.

There is at least one other factor at work. Because income and wealth have become increasingly concentrated over time, charitable giving has also become more concentrated. Among other things, this is reflected in tax data.

During the early 2000s, households earnings more than \$200,000 comprised approximately 30 percent of all charitable deductions. By 2017, this group accounted for 52 percent.



About Anirban Basu

Anirban Basu is Chairman & CEO of Sage Policy Group, Inc., an economic and policy consulting firm headquartered in Baltimore, Maryland. In 2014, Maryland Governor Larry Hogan appointed him Chair of the Maryland Economic Development Commission. Basu earned his B.S. in foreign service at Georgetown University in 1990. He earned his master's in public policy from Harvard University's John F. Kennedy School of Government, and his master's in economics from the University of Maryland, College Park. His juris doctor was earned at the University Of Maryland School of Law.

Not coincidentally, the share of charitable deductions from households making more than \$1 million expanded from 12 percent in 1995 to 30 percent in 2015, according to a study of tax filings conducted by the Institute for Policy Studies. Correspondingly, as indicated by *MarketWatch* and many other publications, charities are increasingly relying upon larger donations from smaller numbers of high-income, high-net worth donors. While many of the ultra-wealthy will continue to itemize and donate in the wake of tax reform, some fraction will undoubtedly take the standard deduction, which may translate into less giving. This strongly suggests that charities will become even more dependent on donations from those with stratospheric incomes going forward.

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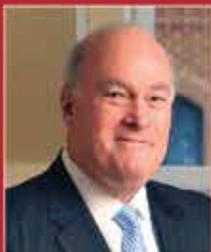
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OUT OF HEARTACHE, COMES HOPE

Haven Ministries is HOPE through Shelter, Clothing, Food, and Support

In 2014, Haven Ministries found itself with the distinction of being a "homeless" homeless shelter. For several years, the organization had successfully operated a transitional housing program on State Street in Stevensville and was well on their way to transforming the property into a much needed, well-designed Center of HOPE. "Haven House" would include emergency shelter beds, transitional living spaces, a playroom, commercial kitchen, office space, classroom space, and dining room, as well as many amenities to improve the lives of the guests. Haven Ministries worked tirelessly for over a decade with a variety of government agencies and community partners to make this dream a reality. With construction ready to begin, what should have been a showcase of our community's cooperation and compassion was suddenly sidelined by a fear-based campaign driven by a small but vocal opposition group. Lies, under-handed tactics, and political pressure led to the interference of elected officials who halted public funding designated for the project which led to the eventual eviction of Haven Ministries from the property. Despite the heroic efforts of churches, supporters, and a few bold public servants, "Haven House" would not be. But the story doesn't stop there...

Despite this clear injustice, Haven Ministries persevered, clung to HOPE, and moved forward in fulfilling its mission of loving our neighbors. Haven Ministries' leadership responded with integrity throughout the controversy and continued the hard work of alleviating poverty in their community. They opened a Resource Center, opened a second food pantry, and opened Hope Warehouse which offers a job training program, all the while continuing their existing shelter, food, and clothing operations. Today, Haven Ministries is the largest "Helps Organization" in the county and HOPE is the basis for everything the organization does.

Haven Ministries continues to pursue the dream of owning and operating a much needed home. However, this time the goal is to raise private funds so the dream can succeed without the interference of those who do not have the best interest of the disadvantaged in mind. Haven Ministries relies on people like you to keep the dream alive through generous donations. Krista Pettit, Executive Director of Haven Ministries, knows that in the end, justice will prevail and the humble will be lifted up. "With your contribution, I am confident that HOPE will continue to prevail in our community."



To support or learn more about us, visit haven-ministries.org or call 410-739-4363



Save the Date!

2019 Philanthropic Calendar
Compiled by Catherine Rohsner



ummer through fall, there's a charity ball for all. We've compiled save-the-dates and need-to-know contacts to help you plan for philanthropic fun and great giving through the end of the year, beginning with this season's busiest month, May.

■ **Editor's note:** There are several to-be-determined (TBD) events listed within the months they typically have been held in past years. For all events listed, always call ahead to confirm date and information, as changes have been known to occur.

May

Wednesday, May 1st

AACC Maryland Reentry Resource Center Inaugural Fundraising Reception. Marylandreentryresourcecenter.org.

Thursday, May 2nd

2019 Treasure the Chesapeake Gala at the Baltimore Museum of Industry, Baltimore. Benefits Chesapeake Bay Trust. Cbtrust.org.

Friday, May 3rd

The Summit School's Annual Spring Gala Fundraiser—Celebrating 30 years of Success. Thesummitschool.org

Saturday, May 4th

Academy Art Museum Spring Gala at Canterbury Manor, Easton. Benefits the Academy Art Museum. Academyartmuseum.org.

Six Pillars Century Cycling Fundraiser at Blackwater National Wildlife Refuge, Cambridge. Benefits Character Counts Mid-Shore, Inc. 6pillarscentury.org.

8th Annual Derby Day Benefit Party at Talisman Farm, Grasonville. Benefits Talisman Therapeutic Riding. Talisman-therapeuticriding.org.

10th Annual Derby Day Party at Maryland Therapeutic Riding, Crownsville. Benefits Maryland Therapeutic Riding. Horsethatheal.org.

The Opportunity Derby at The Sofa Store, Glen Burnie. Benefits Opportunity Builders, Inc. Obiworks.org.

Kentucky Derby Spring Benefit 2019 at The Tidewater Inn, Easton. Benefits the Benedictine Foundation. Benschool.org.

Sunday, May 5th

Cinco de Miler at Terrapin Nature Park, Stevensville. Benefits ShoreRivers. Charmcityrun.com.

Monday, May 6th

29th Annual Golf Classic at Turf Valley Golf Course, Ellicott City. Benefits Greater Baltimore Medical Center HealthCare. Gbmc.org.



Arc Central Chesapeake Region's Golf Tournament at The Golf Club at South River, Edgewater. Benefits The Arc Central Chesapeake Region. Thearcccr.org.

Thursday, May 9th

The Walk at Waugh Chapel Towne Centre, Gambrills. Benefits Walk the Walk Foundation. Wtwf.org.

■ 15th South River on the Half Shell at the Historic Londontown and Gardens, Edgewater. Benefits the Arundel River Federation. Arundelrivers.org.

Friday, May 10th

Totally 80's Bash. Benefits YWCA of Anne Arundel County. Annapolisywca.org

Saturday, May 11th

Business & Brunch at the Walden Country Club, Crofton. Benefits BENT Association (Building Entrepreneurs Now and Tomorrow.) Bentfoundation.com.

Maryland Paws for Prevention Walk at Quiet Waters Park, Annapolis. Benefits American Foundation for Suicide Prevention. Afsp.org.

Monday, May 13th

19th Annual Tee Up for a Child Golf Tournament at Crofton Country Club, Crofton. Benefits Anne Arundel County CASA (Court Appointed Special Advocates). Aacasa.org.

5th Annual Golf Outing Fundraiser. Benefits The Don and Sandy Pyle Charity Foundation. Pylefoundation.org.

Wednesday, May 15th

Cellars & Seedlings: Al Fresco in the Ornamental Gardens at Historic London Town and Gardens, Edgewater. Benefits Historic London Town and Gardens. Historiclondontown.org.

Thursday, May 16th

Great Strides Walk at M&T Bank Stadium, Baltimore. Benefits Cystic Fibrosis Foundation. Fightcf.off.org.

Saturday, May 18th

Evening in Casablanca at Easton Airport's Trident Aircraft Hangar, Easton. Benefits CASA (Court Appointed Special Advocates) of the Mid-Shore. Casamidshore.org.

Sunday, May 19th

Haven Ministries Annual Tea Party at the Prospect Bay Country Club, Grasonville. Benefits Haven Ministries programs. Haven-ministries.org.

Monday, May 20th

Compass Regional Hospice Golf Tournament at Prospect Bay Country Club, Grasonville. Benefits Compass Regional Hospice's hospice care and grief support services. Compassregional-hospice.org.

Friday, May 24th–Sunday, May 26th

Chestertown Tea Party Festival throughout historic Chestertown. Benefits the Chestertown Tea Party's mission (heritage education) and other community nonprofits. Chestertownteaparty.org.

Saturday, May 25th

Chestertown Tea Party Distance Classic and Run for Radcliffe at Wilmer Park, Chestertown. Benefits Radcliffe Creek School's scholarship fund. Chestertownteapartyrun.org.

Sammy Miller and the Congregation at Oxford Community Center, Oxford. Benefits Chesapeake Music. Chesapeakemusic.org.

Thursday, May 30th–Sunday, June 2nd

Annapolis Greek Festival at Ss. Constantine and Helen Greek Orthodox Church on Riva Road, Annapolis. Benefits Ss. Constantine and Helen Greek Orthodox Church. Annapolisgreekfestival.org.



Friday, May 31st

The Annapolis Leukemia Cup's Sixth Annual Summer Gala at the Annapolis Yacht Club. Benefits The Leukemia & Lymphoma Society. Leukemicup.org.

June

Saturday, June 1st

Great Strides Walk at Navy-Marine Corps Memorial Stadium, Annapolis. Benefits Cystic Fibrosis Foundation. Fightcf.cff.org.

Annapolis Leukemia Cup Regatta on First Street, Annapolis. Benefits the Leukemia & Lymphoma Society. Leukemicup.org.

Saturday, June 1st–Sunday, June 2nd

Annual Secret Garden Tour throughout the Historic District, Annapolis. Benefits Hammond-Harwood House Association. Hammond-harwoodhouse.org.

Sunday, June 2nd

2019 Tour de Cure at Goucher College, Baltimore. Benefits the American Diabetes Association. Diabetes.org/tourdecure.

Rock The Block Street Party featuring Mike Hines & The Look in front of Pope's Tavern, Oxford. Benefits Talbot Hospice. Talbothospice.org/events

Bayside Bash 2019 at Bay Ridge Marina, Annapolis. Benefits The Light House. Friendsl-hs.org.

Sunday, June 2nd–Saturday, June 15th

National Music Festival at Washington College, Chestertown. Benefits OuterArts Maryland, Inc. Nationalmusic.us.

Tuesday, June 4th–Saturday, June 15th

2019 Chamber Music Festival throughout Easton. Benefits Chesapeake Music and local musical programs for all ages. Chesapeakemusic.org

Thursday, June 6th

The 11th Annual Fashion for a Cause at Porsche of Annapolis. Benefits Hospice of the Chesapeake. Hospicechesapeake.org.

Celebration of Impact at Chesapeake Charities, Stevensville. Benefits The Arc Central Chesapeake Region. Thearc-ccr.org.

Saturday, June 8th

Bands in the Sand at Philip Merrill Environmental Center, Annapolis. Benefits Chesapeake Bay Foundation. Cbf.org.

UM Shore Regional Health Sporting Clays Classic at The Point at Pintail, Queenstown. Benefits the Clark Comprehensive Breast Center. Ummhfoundation.org.

Every Step Counts Walk Bike and 5K Run at Anne Arundel Community College, Arnold. Benefits Bello Machre. Bellomachre.org.

Tour, Toast, and Taste at the Wye House, Easton. Benefits Pickering Creek Audubon Center. Pickering.audubon.org.

LLS Maryland-Eastern Shore Chapter Men & Women of the Year Grand Finale Gala at Hyatt Regency Chesapeake Bay Golf Resort, Spa, and Marina, Cambridge. Benefits The Leukemia & Lymphoma Society. Mway.org.

Monday, June 10th

3rd Annual Charity Golf Tournament at The Country Club at Woodmore, Mitchellville. Benefits the Benedictine Foundation. Benschool.org.

Wednesday, June 12th

■ What's Up? Media's Best Of Party at Doordan Institute/Belcher Pavilion of Anne Arundel Medical Center. Benefits Bello Machre. Whatsuptix.com.

Thursday, June 13th

The 16th Annual Friends of the Light House Golf Tournament at Renditions Golf Course, Davidsonville. Benefits The Light House. Friendslhs.org.

Saturday, June 15th

The Annual Don Backe Memorial CRAB Regatta at Annapolis Yacht Club, Annapolis. Benefits Chesapeake Region Accessible Boating (CRAB.) Crabsailing.org.

8th Annual Corvettes on the Bay at the Annapolis City Dock, Annapolis. Benefits The Arc Central Chesapeake Region. Thearcccr.org.

**Saturday, June 15th–
Sunday, June 16th**

Bike MS: Chesapeake Challenge at Talbot County Community Center, Easton. Benefits National Multiple Sclerosis Society. Nationalms-society.org.

Monday, June 17th

16th Annual Links Challenge Golf Tournament at The Golf Club at South River, Edgewater. In partnership with Leadership Anne Arundel. Benefits Opportunity Builders, Inc. Obiworks.org.

Wednesday, June 19th

Paca Girlfriends' Party at William Paca House and Gardens, Annapolis. Benefits Historic Annapolis. Pacagirlfriends.com.

What's Up? Media's Best Of Party at Prospect Bay Country Club, Grasonville. Benefits Compass Regional Hospice. Whatsuptix.com.

Saturday, June 22nd

Eastport-a-Rockin' at Back Creek and Second Street, Eastport. Benefits local nonprofit organizations. Eastportarockin.com.

Monday, June 24th

Tribute-25th Anniversary Celebration at Live! Hotel & Conference Center, Hanover. Benefits Leadership Anne Arundel. Leadershipaa.org.

TBD:

Annual Golf Tournament at the Golf Club at South River, Edgewater. Benefits the Friends Foundation. Friendsfoundation.com.

July

Saturday, July 6th

Big Band Night at Chesapeake Bay Maritime Museum, St. Michaels. Benefits Chesapeake Bay Maritime Museum. Cbmm.org.

Thursday, July 11th

Claws for a Cause at Fisherman's Crab Deck, Grasonville. Benefits the University of Maryland Memorial Hospital Foundation. Ummhfoundation.org.



7/18

**Sunday, July 14th–
Sunday, July 21st**

Plein Air Easton Competition & Arts Festival throughout Talbot County. Benefits the Avalon Foundation. Pleinaireaston.com.

Saturday, July 13th

PaddlePalooza at the Chesapeake Bay Environmental Center, Grasonville. Benefits CBEC's Environmental Education Kayaking Programs. Bayrestoration.org.

■ Taste of Cambridge Crab Cook-off & Fest. Benefits Cambridge Main Street. Downtown-cambridge.org.

Thursday, July 18th

"Saddle-Up" Social at Talisman Farm, Grasonville. Queen Anne's County Chamber of Commerce Business Mixer. Talismantherapeuticriding.org.

Saturday, July 20th

Tilghman Island Seafood Festival at Tilghman Island Fire Department. Benefits the fire department. Tourtalbot.org.

Sunday, July 21st

Plein Air Easton Judge's Talk - Choosing a Winning Painting at the Academy Art Museum and the Plein Air Library at the Armory/Waterfowl Building, Easton. Benefits the Avalon Foundation. Pleinaireaston.com.

Maryland Fiesta Latina at Anne Arundel County Fairgrounds, Crownsville. Supports the Rotary Club of Parole. Abceventsinc.com.

Sunday, July 28th

18th Annual Benedictine Chrome City Ride at the Benedictine Campus, Ridgely. Benefits the Benedictine Foundation. Benschool.org.

TBD:

Dog Days of Summer Cruise at Annapolis City Dock. Benefits SPCA of Anne Arundel County. Cruisesonthebay.com.



Saturday, August 17th
Kegs and Corks Craft Beer and Maryland Wine Festival at Anne Arundel County Fairgrounds, Crownsville. Benefits Special Olympics Maryland. Kegsandcorksfeast.com.

2019 CRAB Cup Regatta at Eastport Yacht Club, Annapolis. Benefits Chesapeake Region Accessible Boating (CRAB). Crabsailing.com.

Saturday, August 26th
Music on the Miles at Miles River Yacht Club, St. Michaels. Benefits Saint Martin's Ministries. Stmartinsministries.org.

Friday, August 30th
6th Annual Rider Cup Golf Tournament at Queenstown Harbor Golf Course, Queenstown. Benefits Heroes on Horses at Talisman Farm. Talismantherapeuticriding.org.

Friday, August 30th–Sunday, September 1st
The Monty Alexander Jazz Festival at the Avalon Theatre, Easton. Benefits Chesapeake Music. Chesapeakemusical.com.

Saturday, August 31st
22nd Annual CBMM Charity Boat Auction at The Chesapeake Bay Maritime Museum, St. Michaels. Benefits CBMM. Cbmm.org.

September

Friday, September 6th
Arts Alive 21! Gala at Maryland Hall for the Creative Arts, Annapolis. Benefits Maryland Hall for the Creative Arts. Marylandhall.org.

Saturday, September 7th
Boating Party Gala Fundraiser at Chesapeake Bay Maritime Museum, St. Michaels. Benefits CBMM. Cbmm.org.

Saturday, September 7th–Sunday, September 8th
Maryland Seafood Festival at Sandy Point State Park, Annapolis. Benefits YMCA Camp Letts. Abceventsinc.com.

Wednesday, September 11th
37th Annual Bello Machre Golf Tournament at Queenstown Harbor Golf Course, Queenstown. Benefits Bello Machre. Bello-machre.org.

Anchor's Away at Annapolis City Dock. Benefits Wellness House of Annapolis. Annapoliswellnesshouse.org.

Saturday, September 14th
Hospice Cup XXXVIII Shore Party at Bert Yabin Yacht Yard. Benefits hospice programs throughout Maryland, Washington D.C., and Northern Virginia. Hospicecup.org.

15th Annual Boatyard Beach Bash at Annapolis Maritime Museum, Easport. Benefits Annapolis Maritime Museum. Boatyardbarandgrill.com.

Sultana's 18th Annual Gala at The Reward Farm, Chestertown. Benefits Sultana Education Foundation. Sultanaeducation.org.

Monday, September 18th
28th Annual Golf Classic at Chartwell Golf and Country Club, Severna Park. Benefits Anne Arundel Medical Center and Vision 2020: Living Healthier Together. Aahs.org.

9th Annual Singable Feast at Loews Annapolis Hotel. Benefits Annapolis Opera. Annapolisopera.org.

Friday, September 20th
3rd Annual Haven Ministries Golf Tournament at the Prospect Country Club, Grasonville. Benefits Haven Ministries. Haven-ministries.org.

Pull! for The Arc Clay Shoot at 511 Pintail Point Farm Lane, Queenstown. Benefits The Arc Central Chesapeake Region. Thearcccr.org.

August

Friday, August 2nd
■ Annual Crab Feast at Navy-Marine Corps Memorial Stadium, Annapolis. Benefits local charities. Annapolisrotary.org.

Sunday, August 11th
Annual Watermen's Appreciation Day at Chesapeake Bay Maritime Museum, St. Michaels. Benefits CBMM and Talbot County Watermen's Association. Cbmm.org.

Corvettes on West Street, Annapolis. Benefits The Arc Central Chesapeake Region. Thearcccr.org.



8/2

October

Bountiful Harvest at Loews Annapolis Hotel. Benefits The Light House. Friendslhs.org.

12th Annual Arts Dinner and Auction in the Chesapeake Room at the Rock Hall Volunteer Fire Department. Benefits Saint Martin's Ministries. Stmartinsministries.org.

Charity Golf Classic at Talbot Country Club, Easton. Benefits the Benedictine Foundation. Benschool.org.

Saturday, October 19th
Tilghman Island Day Festival throughout Tilghman Island. Benefits the fire department and other local charities. Tourtalbot.org

Pg 70 photo caption: Talisman Therapeutic Riding's staff, volunteers, and clients demonstrate riding lessons and program offerings during a recent open house event at the organization's Grasonville facility.

Saturday, October 26th
OysterFest at Chesapeake Bay Maritime Museum, St. Michaels. Benefits CBMM. Cbmm.org.

TBD:
■ 12th Annual Chesapeake Film Festival at the Avalon Theatre, Easton, and various locations in St. Michaels. Benefits Chesapeake Film Festival. Chesapeakefilmfestival.com.

Thursday, October 10th

17th Annual Golf Tournament at Queenstown Harbor Golf Course, Queenstown. Benefits Hospice of the Chesapeake. Hospicechesapeake.org.

All In 2019 at Rams Head Center Stage at Maryland Live! Casino, Hanover. Benefits Anne Arundel Community College Foundation. Aacc.edu/foundation.

Saturday, October 12th

10th Annual Bark in the Park at Idlewild Park, Easton. Benefits Talbot Humane. Talbothumane.org.

2019 Greater Maryland Heart Walk, Baltimore. Benefits The American Heart Association. Heart.org

Friday, October 11th–Sunday, October 13th

Academy Art Museum Craft Show at the Academy Art Museum. Benefits the museum. Academy-artmuseum.org.

Monday, October 14th

Estate Treasures Fashion Show at Prospect Bay Country Club, Grasonville. Benefits Compass Regional Hospice. Compassregionalhospice.org.

Friday, October 18th

2019 Harvest Moon Bonfire & Dance at Talisman Farm, Grasonville. Benefits Talisman Therapeutic Riding. Talismantherapeuticriding.org.



9/26

Saturday, September 21st

Out of the Darkness Walk at Navy-Marine Corps Memorial Stadium, Annapolis. Benefits American Foundation for Suicide Prevention. Afsp.org.

Sunday, September 22nd

Annapolis Run for the Light House at Blue Heron Pavilion at Quiet Waters Park, Annapolis. Benefits The Friends of the Light House. Friendslhs.org.

Drag Race at Washington Street, Easton. Benefits Friends of Hospice. Festival-of-trees.org. (tentative)

Thursday, September 26th

23rd Annual Bowl-athon at Glen Burnie Bowl America, Glen Burnie. Benefits the Friendship Civitan Club & Opportunity Builders, Inc. Obiworks.org. (tentative)

■ **Blazers. Bourbon. Cigars. at William Paca House and Garden, Annapolis. Benefits Historic Annapolis. Annapolis.org.**

Taste of the Chesapeake at the Crown Plaza Annapolis, Annapolis. Benefits Alliance for the Chesapeake Bay. Allianceforthebay.org.

Saturday, September 28th

Out of the Darkness Walk at Idlewild Park, Easton. Benefits American Foundation for Suicide Prevention. Afsp.org

Sunday, September 29th

St. Michaels Concours d' Elegance: Gala Welcome Home Reception with Dinner at The Commodore Room at the Inn at Perry Cabin by Belmond, St. Michaels. Smcde.org

Hope Re-imagined Esperida at Ss. Constantine & Helen Greek Orthodox Church, Annapolis. Benefits Arundel Lodge. Arundel-lodge.org.

Annual Gala at Talbot Country Club, Easton. Benefits Talbot Hospice. Talbothospice.org.

Monday, September 30th

14th Annual Birdies for the Bay Golf Tournament at Queenstown Harbor Golf Course, Queenstown. Benefits Chesapeake Bay Environmental Center. Bayrestoration.org.

November

Saturday, November 2nd

Maritime Republic of Eastport's 22nd Annual Tug of War at Eastport, Annapolis. Benefits local charities. Themre.org/tugofwar.

Fish for a Cure Tournament and Shore Party at Eastport Yacht Club. Benefits the Geaton and JoAnn DeCesaris Cancer Institute at Anne Arundel Medical Center. Fishforacure.org.

CASAblanca Gala at The Westin Annapolis Hotel. Benefits Anne Arundel County CASA (Court Appointed Special Advocates). Aacasa.org.

Friday, November 8th

40th Birthday Bash Wet N' Wild Auction at CBEC's Education Building, Grasonville. Benefits the Chesapeake Bay Environmental Center. Bayrestoration.org.

Wet & Wild Auction at Chesapeake Bay Education Center's Education Building, Grasonville. Benefits CBEC. Bayrestoration.org.

Friday, November 8th-Saturday, November 9th

Annapolis by Candlelight at Ward One Neighborhood, Annapolis. Benefits Historic Annapolis. Annapolis.org.

Friday, November 8th-Sunday, November 10th

Waterfowl Festival throughout downtown Easton. Benefits Waterfowl Chesapeake. Waterfowlfestival.org.

Privateer Party at Historic London Town and Gardens, Edgewater. Benefits Historic London Town and Gardens. Historiclondontown.org.

Saturday, November 9th

Annual Bull and Oyster Roast at Glen Burnie Elks Lodge, Glen Burnie. Benefits Opportunity Builders, Inc. Obiworks.org.

Friday, November 22nd

Celebration of Philanthropy Awards Luncheon at BWI Airport Marriott, Linthicum. Benefits Community Foundation of Anne Arundel County. Cfaac.org.

Severn Town Club's 56th Annual Holly Ball at The Westin Hotel, Annapolis. Benefits Annapolis area charities. Severntownclub.org.

Friday, November 29th

Festival of Trees Preview Party at the Tidewater Inn, Easton. Benefits Talbot Hospice. Festival-of-trees.org.

Annual Greens Show & Preview Party at the Hammonds-Harwood House, Annapolis. Benefits Hammond-Harwood House Association. Hammondharwoodhouse.org.

Saturday, November 30th-Tuesday, December 3rd

Festival of Trees at the Tidewater Gold Ball Room, Easton. Benefits Talbot Hospice. Festival-of-trees.org.

TBD:

CASAblanca Gala 2019 - Helping Foster Children Weather The Storm. Aacasa.org.



December

Monday, December 2nd

The Caring Tree: 11th Annual Girls' Night Out at The Wellness House of Annapolis, Annapolis. Benefits Wellness House of Annapolis. Annapoliswellnesshouse.org.

Friday, December 13th-Sunday, December 15th

Christmas in St. Michaels' Yuletide Party at a location to be announced. Benefits local nonprofit organizations. Christmasinstmichaels.org.

Saturday, December 14th

Annual Holiday Open House at Talisman Farm, Grasonville. Benefits Talisman Therapeutic Riding. Talismantherapeuticriding.org.

TBD:

Friends Foundation's Holiday Party. Benefits local nonprofit organizations. Friendsfoundation.com.



Don't See Your Event?

Please let us know about your organization's charity event by emailing Entertainment Editor Cate Reynolds at creynolds@whatsupmag.com. You can also add your event to our online calendar by creating an account at www.whatsupmag.com

Many describe the shores of the Chesapeake Bay and its tributaries as breathtaking and relaxing, for there is something that touches the senses when water abounds. Maryland's smallest County of Kent, a charming peninsula, boasts peaceful vistas and a beautiful landscape of rolling hills, farms, vineyards and open space, which reminds us of a time past, when

life was simpler. Enjoy the serenity and beauty, but be ready to have fun, for this quaint countryside is host to hundreds of events. Combine an event with attractions, recreational activities, local fresh foods, natural history, shopping, musical and theatrical performances, and you have the beginning of a perfect escape—in a place like no other.

Its historic towns and villages, such as Chestertown, Rock Hall, Galena, Millington, Betterton, Kennedyville, and Georgetown, are packed with history, and are within a two-hour drive from Philadelphia, Washington D.C., and Baltimore.

Due to its location along the Chesapeake Bay, there are many ways to get on the water; in fact, you will find dozens of marinas throughout the County. If you would rather a licensed captain navigate the waters for you, there are many for you to choose. Set sail on the Chesapeake Bay or cruise the historic Chester River. Anglers, look no further, for almost two dozen fishing captains are geared up and ready to find the much sought after Chesapeake Bay Rockfish.

If you are seeking a paddler's paradise, you have found it. With thirty public landings and an abundance of calm rivers and creeks, these conditions are ideal for you to adventure on your own or with a licensed guide—or, join one of Sultana's themed guided tours. Don't miss exploring the Captain John Smith water trails of the Chester River and the Sassafras River or the water trail around Eastern Neck National Wildlife Refuge.

For the music lover, be sure to catch a live performance at The Garfield Center for the Arts on High Street in Chestertown (garfieldcenter.org) and The Mainstay on Main Street in Rock Hall (mainstayrockhall.org). From local talent to nationally renowned, both of these music venues attract performers that pack the house.

Be sure to leave enough time for shopping, for you won't want to miss a single store. From the whimsical shops of Rock Hall and Galena to boutique shops and art galleries in Chestertown, you will find one of a kind gifts and enjoy old fashion, friendly service. If farm fresh and "Made in Kent County" is what you crave, you will find Kent County farmers selling fruits, veggies, wines, flowers, baked goods, and more—while artisans offer items from hand-made furniture to soaps and jewelry—all at the award winning Chestertown Farmers and Artisans market, held every Saturday morning beginning at 8:00 a.m. in Downtown's Fountain Park.

No matter what you choose to see and do, it's good to know that when you work up your appetite, there is a restaurant here for every taste. From mouth-watering burgers to gourmet seafood entrees, the flavor is yours to choose. From waterfront vistas to historic red-brick sidewalks, the view is yours to pick. So for "foodies" it just keeps getting better. Nestled just outside of the town of Kennedyville is Crow Winery. Another must stop is Bad Alfred's Distilling Co., located in Downtown Chestertown, where visitors watch as vodka, gin and brandy are made, and then the tastings begin—directly from the stills.

continued

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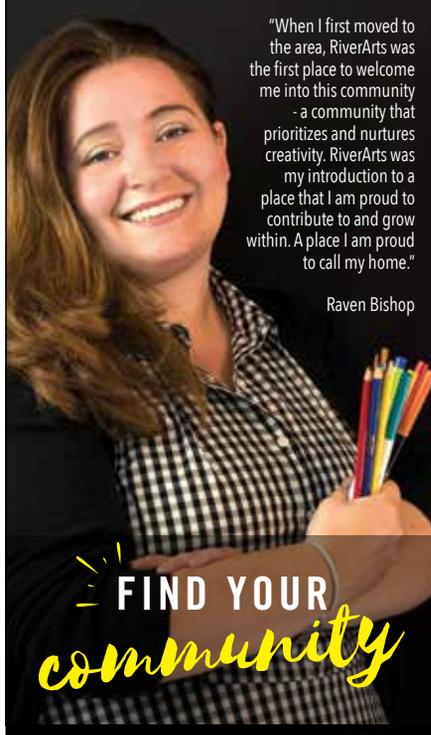


- Spring Bike Fest**
May 5
- Triathlon**
June 1 & 2
- Rock Fish Tournament**
June 7-9
- Fireworks**
July 3
- 4th of July Parade**
July 4
- Waterman's Day**
July 7
- Pirates and Wenches Weekend**
August 9-11
- Rock Hall Fall Fest**
October 12
- Mainstay Concerts**
mainstayrockhall.org

For a complete list of events, visit www.rockhallmd.com



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Chestertown Tea Party: May 24-26
Photo by Bernadette Bowman

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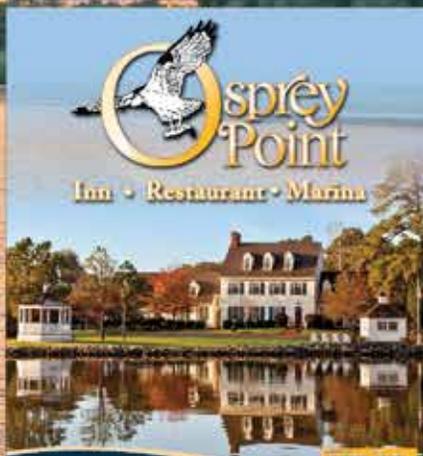
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www.huntingfield.com

Inn at Osprey Point
www.ospreypoint.com

Inn at Haven Harbour
www.havenharbour.com.com

Mariner's Motel
www.marinermotelmd.com

Moonlight Bay Inn & Marina
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FOR MORE INFORMATION
www.kentcounty.com/lodging

continued

Want to plan your trip around an event? That's easy, since Kent County has hundreds of events--year-round. Here is a sample of those coming up. For a complete list of events, visit kentcounty.com/events.

- ▶ **First Fridays in Downtown Chestertown**
- ▶ **2nd Saturdays Chestertown**
- ▶ **Museums of Kent Driving Tour**
May 4th; Throughout Kent County
- ▶ **Concert at Sumner Hall: Chestertown**
May 11; Karen Somerville
- ▶ **Chestertown Tea Party**
May 24 through 26
- ▶ **Murder Mystery Theatre**
June 1; Crow Vineyard and Winery

- ▶ **National Music Festival**
June 2-15; Throughout Kent County
- ▶ **Rock Hall Rockfish Tournament**
June 7th, 8th & 9th; Rock Hall Bulkhead
- ▶ **48th Antique Fly-In**
June 8; Massey Aerodrome & Air Museum
- ▶ **Music in The Park: Chestertown**
June 8-Aug. 31 - Every other Saturday
- ▶ **34th Bay to Bay Bicycle Ride**
June 23; Begins at Betterton Fire Company

Whether cycling, bird watching, getting on the water, exploring history, or having fun at one of the many events, you will fall in love with this very special Chesapeake Bay region called Kent County. Please visit kentcounty.com, and follow us on Facebook, Twitter, and Instagram @visitkentcounty.

kentcounty.com 



48th Antique Fly-In: June 8th
Photo Courtesy of Massey Air Museum



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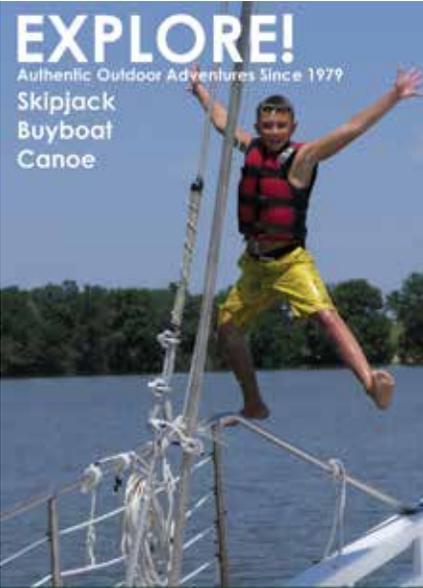
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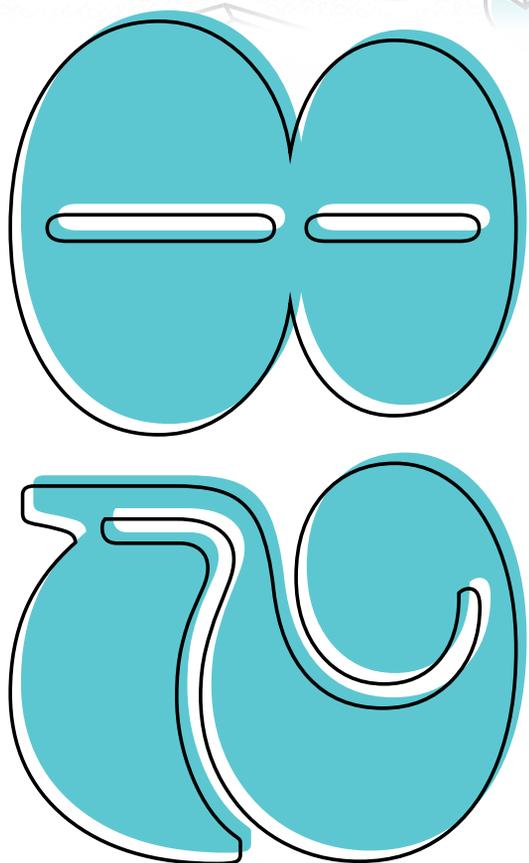
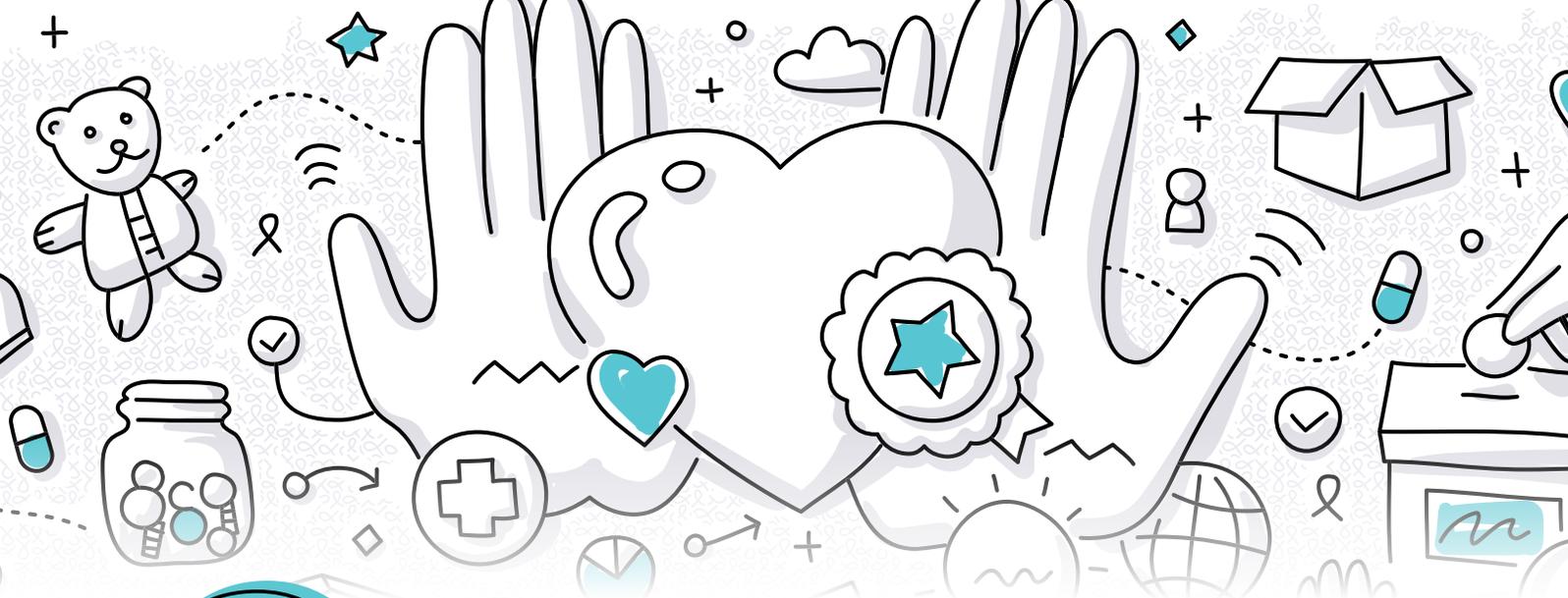
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NONPROFITS YOU SHOULD KNOW

With hundreds of nonprofits based in the Mid-Shore, there are plenty of options from which to choose when mapping out your charitable giving agenda. Although we can't list them all, here are more than a few nonprofits you should know. In addition to the charities listed herein, there are many additional service organizations—such as American Legion, BPO Elks, Lions Club, Moose Lodge, Optimist Club, and Rotary Club—that support the community with charitable and networking events. And for a list of Anne Arundel County-based nonprofits, please visit Whatsupmag.com.

CAROLINE COUNTY

Adkins Arboretum

Ridgely; 410-634-2847; adkinsarboretum.org; Promotes the conservation and restoration of the Chesapeake Bay region's native landscapes.

Benedictine Foundation

Ridgely; 410-634-2112; benschool.org; Assists individuals with disabilities in becoming as independent or semi-independent as possible.

Caroline County Human Services Council

Denton; 410-479-4446; carolinemd.org/206/Human-Services-Council; Expands and manages the implementation of a local, interagency, community-based human service delivery system for children and families, and develops new and innovative services.

Rebuilding Together Caroline County

Denton; 410-479-2929; rebuildingtogethercaroline.org; Provides free services to Caroline County homeowners who are elderly or disabled, or households with children that face necessary but unaffordable dwelling repairs.

St. Martin's Ministries

Ridgely; 410-634-2597; smartinsministries.org; Helps meet basic human needs of impoverished people while respecting and affirming their dignity, and addressing root problems that perpetuate the cycle of poverty.

DORCHESTER COUNTY

Baywater Animal Rescue

Cambridge; 410-228-3090; baywateranimal-rescue.org; Provides and encourages humane treatment of animals.

Delmarva Community Services

Cambridge; 410-221-1900; dcsdct.org; Helps senior citizens and persons with developmental disabilities maintain an independent lifestyle within the community.

Dorchester Center for the Arts

Cambridge; 410-228-7782; dorchester-artscenter.org; Enriches Maryland's Eastern Shore through quality, engaging programming in the visual, literary, musical, and performing arts.

Dorchester Chamber of Commerce

Cambridge; 410-228-3575; dorchesterchamber.org; To Advance Dorchester County through educating, promoting, and growing a strong business community.

Dorchester General Hospital Foundation, Inc.

Cambridge; umms.org/shore/giving/donate/dorchester-general-hospital-foundation; Works to raise funds to benefit programs and services and University of Maryland Shore Medical Center at Dorchester.

Downtown Cambridge—A Main Street Organization

Cambridge; 410-477-0843; downtowncambridge.org; Preserves, enhances, and promotes the Main Street District of Cambridge.

Eastern Shore

Area Health Education Center

Cambridge; 410-221-2600; esahec.org; Recruits and retains health care professionals and builds healthy communities through educational opportunities and collaborative partnerships.

Friends of Blackwater

Cambridge; friends-of-blackwater.org; Assists Blackwater National Wildlife Refuge, Martin National Wildlife Refuge, and Eastern Neck National Wildlife Refuge in carrying out their educational, interpretive, and public-use missions.

Nanticoke

Watershed Alliance

Vienna; 410-430-3273; nanticoke-river.org; Seeks to conserve the natural, cultural, and recreational resources of the Nanticoke River watershed.

Nanticoke Historic Preservation Alliance—Restore Handsell

Cambridge; restore-handsell.org; Supports the restoration of Handsell, an 18th-century ivy-covered, red brick building located in the middle of what is known as “Indiantown.”

Richardson Maritime Museum

Cambridge; 410-221-1871; richardson-museum.org; Preserves and promotes the boat-building heritage of Dorchester County and the Chesapeake Bay.

KENT COUNTY

Chester River Health Foundation

Chestertown; 410-810-5661; umcrhf.org; Raises funds that steward and enhance healthcare excellence for the people who live in or visit the communities served by UM Shore Medical Center at Chestertown and Chester River Home Care.

Echo Hill Outdoor School, Inc.

Worton; 410-348-5880; ehos.org; Works to create a climate of freedom and growth that bolsters a safe, fun, and educational experience in the outdoors.

Garfield Center for the Arts at the Prince Theatre

Chestertown; 410-810-2060; garfieldcenter.org; Seeks to foster and promote broad public use of the historic Prince Theatre for educational and cultural purposes in order to provide wide participation and access to the performing and visual arts for the Kent County community.

Kent Family Center

Chestertown; 410-810-3790; kentfamilycenter.org; Provides free, comprehensive services to expecting parents and families of children birth to three in Kent County.



Sultana Education Foundation

Chestertown; 410-778-5954; sultanaprojects.org; Connects people to the Chesapeake Bay’s history, ecology, and culture, and inspires them to join in preserving and restoring America’s largest estuary.

United Way of Kent County

Chestertown; 410-778-3195; unitedwayofkent-county.org; Raises funds to support outstanding local charities and non-profit organizations serving those in need in our community.

Upper Shore Aging

Chestertown; 410-778-6000; uppershoreaging.org; Helps older community members maintain a good quality of life in familiar surroundings, as opposed to long-term-care institutionalization.

Women in Need, Inc.

Chestertown; 410-778-5999; win-foundation.org; Meets the immediate needs of local women while working toward helping them achieve permanent self-sufficiency through providing emergency assistance, transitional housing, agency referrals, and mentoring.

QUEEN ANNE’S COUNTY

Bosom Buddies Charities

Stevensville; bosom-buddiescharities.com; Promotes breast cancer awareness, research and prevention, and benefits diagnostic mammography, treatment methodology, and healing.

Chesapeake Bay Environmental Center

Grasonville; 410-827-6694; bayrestoration.org; Promotes stewardship and sustainability through environmental education and habitat restoration.

Chesterwye Center

Grasonville; 410-827-7048; chesterwye.org; Provides a variety of services and support to adults with developmental disabilities, including residential, vocational, recreational, medical, and transportation assistance.

Church Hill Theatre

Church Hill; 410-556-6003; churchhilltheatre.org; Creates and presents quality performances and educational opportunities for members of our diverse community.

Crossroads Community, Inc.

Centreville; 410-758-3050; ccinonline.com; Offers recovery-focused behavioral health care services—day, residential, and community—for children and adults.

Harry R. Hughes Center for Agro-Ecology, Inc.

Queenstown; 410-827-8056; agresearch.umd.edu/agroecol; Funds research, policy initiatives, and outreach programs designed to help Maryland’s farmers and foresters maintain profitable and environmentally sustainable working landscapes.



Haven Ministries

Chester; 410-739-4363; haven-ministries.org; Hope is provided to those in need in Queen Anne’s County by supplying shelter, clothing, food, and support. Ministries include a Homeless Shelter, Our Daily Thread Thrift Shop, Emergency Food Pantries, Resource Center, Street Outreach, and a Warehouse with a job training program.

Hospice of Queen Anne’s

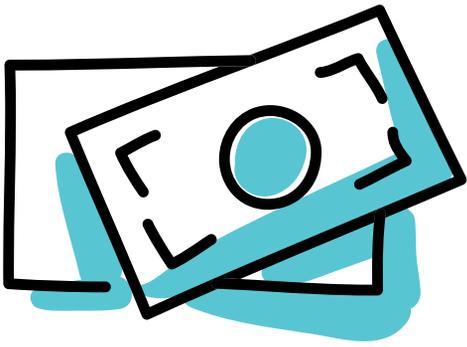
Centreville; 443-262-4100; hospiceofqueenannes.org; Provides comprehensive, professional, and compassionate end-of-life care and bereavement support.

LEAD Maryland Foundation

Queenstown; 410-827-8056; extension.umd.edu/lead-maryland; Providing opportunities to expand leadership abilities and resources to people interested in the future of Maryland agriculture.

Queen Anne’s Conservation Association, Inc.

Centreville; qaqa.org; A conservation and land use advocacy organization that works to promote good planning policy and good government in Queen Anne’s County.



Queen Anne's County Arts Council

Centreville; 410-758-2520; queenannescountyarts.com; Works to promote, expand, and sustain the arts in Queen Anne's County.

Talisman Therapeutic Riding

Grasonville; 443-239-9400; talismantherapeuticriding.org; Serves those who can benefit by the talismanic healing nature of horses and the guidance of professional therapists and instructors in a peaceful farm setting.

TALBOT COUNTY

Academy Art Museum

Easton; 410-822-2787; academyartmuseum.org; Aims to provide the knowledge, practice, and appreciation of the arts, and enhance cultural life on the Eastern Shore.

American Diabetes Association

Tour de Cure, Easton; 410-265-0075 (Baltimore Office); diabetes.org; Leads the fight against the deadly consequences of diabetes and fights for those affected by the disease.

Avalon Foundation, Inc.

Easton; 410-822-0345; theavalonfoundation.com Provides diversified arts and education programs on the Eastern Shore.

CASA of the Mid Shore

Easton; 410-822-2866; casamidshore.org; Advocates for the best interests of children who are under the protection of the court system because of abuse, neglect, or abandonment.

Channel Marker, Inc.

Easton; 410-822-4619; channelmarker.org; Offers prevention programs and psychiatric rehabilitation services to youth and adults.

Character Counts Mid-Shore

Easton; 410-819-0386; charactercountsmid-shore.com; Helps foster activities at all levels of the community that will create an environment based on the Six Pillars of Character.

Chesapeake Bay Maritime Museum

St. Michaels; 410-745-2916; cbmm.org; Inspires an understanding of, and appreciation for, the rich maritime heritage of the Chesapeake Bay and its tidal reaches, together with the artifacts, cultures, and connections between this place and its people.

Chesapeake Music, Inc.

Easton; 410-819-0380; chesapeakemusic.org; Brings world-class chamber music to a growing audience of young and old on Maryland's Eastern Shore.

Chesapeake College Foundation

Wye Mills; chesapeake.edu/chesapeake-college-foundation; Helps students become successful individuals through scholarship support, funds for technology, rewarding teaching innovation, and other initiatives.

Chesapeake Voyagers, Inc.

Easton; 410-822-1601; chesapeakevoyagers.org Promotes wellness and recovery by empowering individuals with mental health needs to reach their full potential.

Critchlow Adkins Children's Centers

Easton; 410-822-7181; cackids.org; Uses age-appropriate curriculum to engage and nurture children ages 2 to 4 in preschool and pre-kindergarten, and children in kindergarten to sixth grade in before- and after-school programs.

Dixon House

Easton; 410-822-6661; dixonhouse.org; Provides quality and affordable care to seniors in a comfortable home-like setting.

Eastern Shore Land Conservancy

Easton; 410-690-4603; eslc.org; Conserves the lands that will best preserve the Eastern Shore's farms, forests, fisheries, and rich rural heritage for the benefit of future generations.

Environmental Concern, Inc.

St. Michaels; 410-745-9620; wetland.org; Promotes public understanding and stewardship of wetlands through outreach and education; native species horticulture; and restoration, creation, and enhancement initiatives.

Evergreen Cove Holistic Learning Center

Easton; 410-819-3395; evergreencove.org; Offers classes, workshops, and retreats focused on the areas of maximum health, stress reduction, and self-discovery.

For All Seasons, Inc.

Easton; 410-822-1018; forallseasonsinc.org; Recognizes and responds to community needs in regards to mental health and sexual assault.

Freedom Rowers

Easton; freedomrowers.org; Boosts self-esteem and discipline, and opens doors for scholastic, community and personal achievement through the sport of rowing.

Friends of Wye Mill

Wye Mills; 410-827-3850; oldwvymill.org; Owns and operates the Wye Grist Mill, established in 1682.

Habitat for Humanity Choptank

Trappe; 410-476-3204; habitatchoptank.org; Builds simple, decent houses with volunteer labor, donated capital, and income from monthly mortgage payments for residents of the area who would otherwise be unable to purchase a home.

Historical Society of Talbot County

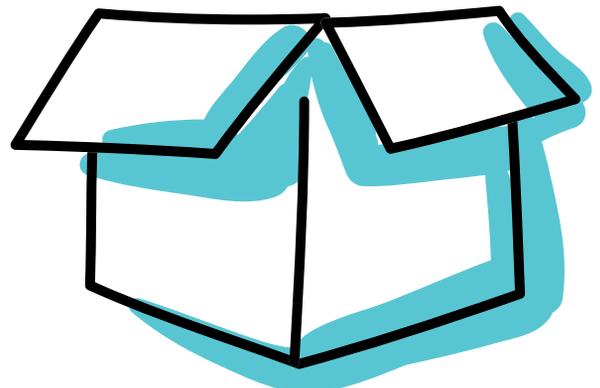
Easton; 410-822-0773; talbothistory.org; Preserves, communicates, and celebrates the heritage of Talbot County by educating residents and visitors.

Memorial Hospital Foundation

Easton; 410-822-1000; ummhfoundation.org; Supports and encourages quality health care and medical services in the Talbot County community through University of Maryland Memorial Hospital at Easton.

Mental Health Association in Talbot County

Easton; 410-822-0444; mhamdes.org; Promotes mental health, serves the needs of the mentally ill, and develops awareness and improves attitudes toward mental illness.





Mid Shore Community Mediation Center

Easton; 410-820-5553; midshoremiation.org; Builds stronger communities by facilitating fair, free, and prompt resolution of disputes.

Mid-Shore Community Foundation

Easton; 410-820-8175; mscf.org; Connects private resources with public needs to enhance the quality of life for the citizens of Caroline, Dorchester, Kent, Queen Anne's, and Talbot counties.

Mid-Shore Council on Family Violence

Easton; 800-927-4673; mscfv.org; Seeks to break the cycle of domestic violence through intervention and prevention, providing shelter, counseling, services, and advocacy for victims and abusers.

Mid-Shore Mental Health Systems

Easton; 410-770-4801; msmhs.org; Plans, manages, and monitors publicly funded, medically necessary mental health services in the five-county region for consumers of all ages.

Mid-Shore Pro Bono, Inc.

Easton; 410-690-8128; midshoreprobono.org; Provides access to free or reduced-fee legal services throughout the Mid-Shore to qualified litigants in civil matters.

Neighborhood Service Center

Easton; 410-822-5015; nsctalbotmd.org; Seeks to improve the quality of life, both socially and economically, for low-income residents of Talbot County.

Oxford Community Center, Inc.

Oxford; 410-226-5904; oxfordcc.org; Provides a welcoming place where area residents and visitors of all ages can participate in programs and activities that enrich community life.

Pickering Creek Audubon Center

Easton; 410-822-4903; pickeringcreek.org; Provides environmental and science education programs to students from eight Maryland counties and the District of Columbia.

Phillips Wharf Environmental Center, Inc.

Tilghman; 410-886-9200; phillipswharf.org; Seeks to educate and create an understanding of, and appreciation for, the ecosystems of the Chesapeake Bay and the heritage and life of the Chesapeake Bay watermen.

Positive Strides

Easton/Preston; 443-239-4953; positivestridescenter.org; Provides therapy for physically, mentally, and emotionally challenged individuals through therapeutic horseback riding.

ShoreRivers

Easton; 443-385-0511; shorerivers.org; A clean water voice for Maryland's Eastern Shore and home to the Chester, Choptank, Miles-Wye, and Sassafras Riverkeepers.

St. Michaels Community Center

St. Michaels; 410-745-6073; stmichaelscc.org; Promotes and provides quality activities and services that will contribute to the physical, emotional, and social well-being of the community.

Talbot Community Connections

Easton; 410-770-5908; talbotcommunityconnections.org; Raises and distributes funds, services, and supplies to answer unmet needs fundamental to the safety, security, health, and well-being of Talbot County's children and adults.

Talbot County Arts Council

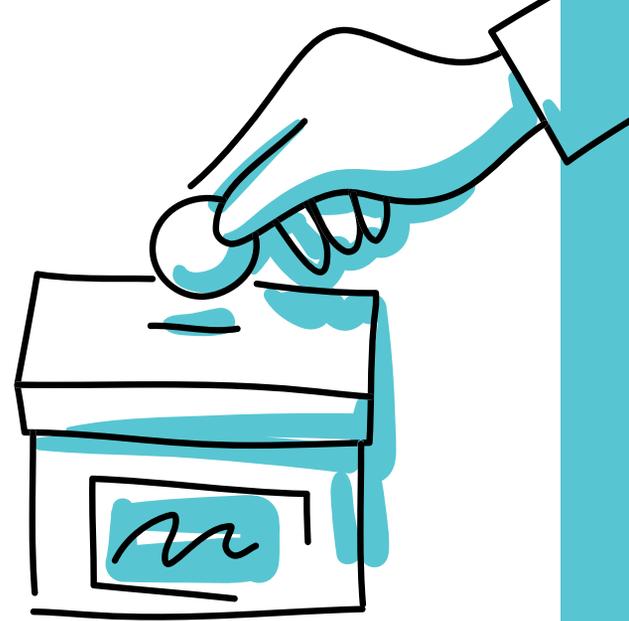
Easton; 410-310-9812; talbotarts.org; Provides funding and other assistance for arts programs, arts organization, and arts education in Talbot County.

Talbot Hospice Foundation

Easton; 410-822-6681; talbothospice.org; Offers hope, compassionate support, and services to all members of the community facing end-of-life issues, including patient/family care, community education, and advocacy.

Talbot Humane

Easton; 410-822-0107; talbothumane.org; Rescues animals from neglect, places companion animals into loving homes, reunites lost pets with their owners, and reduces pet overpopulation through aggressive spay and neuter programs.



Talbot Interfaith Shelter

Easton; 410-690-3120; talbotinterfaithshelter.org; Provides safe, temporary shelter to men, women, and children who lack adequate housing, and raises awareness of the issues of homelessness in our community.

Talbot Mentors

Easton; 410-770-5999; talbotmentors.org; Provides mentors to Talbot County children to support them in the challenges and opportunities of adolescence through friendship, guidance, and education.

Talbot Partnership

Easton; 410-819-8067; talbotpartnership.org; Encourages the community to recognize the problems of, and implement solutions related to, alcohol, tobacco, and other drug addictions.

Tilghman Watermen's Museum

Tilghman; 410-886-1025; tilghmanmuseum.org; Celebrates the culture and heritage of Tilghman Island's watermen and their families through an ever-growing collection of historical artifacts and boat models.

United Fund of Talbot County

Easton; 410-822-1957; unitedfund.org; Raises funds to meet the under-funded human service needs of the Talbot County community, benefiting member educational, recreational, health, character-building, and human services organizations.

Waterfowl Festival, Inc.

Easton; 410-822-4567; waterfowlfestival.org; Dedicated to creating, restoring and conserving waterfowl habitat throughout the Chesapeake Bay watershed and nearby coastal bays.

Women & Girls Fund of the Mid-Shore

Easton; 410-770-8347; womenandgirlsfund.org; Targets and funds local programs that address crucial and underserved issues impacting the region's women and girls.

YMCA of the Chesapeake

Easton; 410-822-0566 ymcachesapeake.org; Multiple locations in Easton and throughout the Eastern Shore; youth, adult, and family fitness facilities, programs, camps, childcare, and community events.

2019 HIKERS & SOLO TRAILS

COMPILED BY CALEY BREESE, ANDREW REED, AND CATE REYNOLDS

Whether you're looking to hit the beach, wander around the city, or get lost on a trail, Maryland seems to have it all. Here are some trails and parks on both sides of the Chesapeake Bay that are well-known or off-the-beaten path, but all perfect for hiking or biking.

Please note: Based on the writers' research, we strived to provide the most up-to-date and accurate information; however, we recommend checking the park's website prior to visiting for the most recent updates and policies. Please consider that, if applicable, the park may require a valid Maryland fishing or hunting license.

 **Pet-friendly** |  **Camping** |  **Hunting**

EASTERN SHORE

Assateague Island, Berlin. A barrier island off the coast of Maryland and Virginia, Assateague Island offers a unique hiking experience. The island is constantly being reshaped and remade by coastal tides and strong winds, making for dynamic and, at times, challenging hiking. There are three marked trails on the Maryland side, and 11 across the Virginia border, as well as 37 miles of beach to enjoy. Make sure to keep an eye out for the park's famous herd of wild horses, which have been native to the island since the late 17th century. The park also offers several beachfront camping sites that operate on a first come, first served basis that make for a great weekend getaway. Keep in mind the strenuousness of beach hiking, which can be far more exhausting than hiking on hard surfaces. The flat, empty terrain also makes it difficult to estimate mileage. During the summer, it is important to be well prepared for the island's heat and bugs.



Photo by Ray Paterro, USFWS

 **Blackwater National Wildlife Refuge**, Cambridge. Named for the tea-colored waters of the local rivers, Blackwater National Wildlife Refuge is home to one-third of Maryland's tidal wetlands, making it a very ecologically important and diverse area for the state. Boasting over 2,000 acres, including hiking, paddling and cycling trails, the park offers a variety of ways to be explored. Blackwater features everything from mixed pines and hardwood forests to marshes and reforested fields. And you may just have the opportunity to see the endangered Delmarva Peninsula fox squirrel, as Blackwater hosts the largest remaining natural population in the county. 

Pocomoke River State Park, Pocomoke City. Pocomoke's 15,000 wooded acres are located in the southwestern section of Worcester County

and are famous for their loblolly pines and cypress swamps. The park's mix of swamps and forests gives it a notably diverse ecosystem. Everything from river otters to bald eagles can be found within its borders, as well as over 50 species of fish. The park also offers boat rentals, a 23-slip marina for boaters, and an Olympic-sized pool, where you can cool off. The park offers a paddling trail on the river, and just a short drive away is the Pocomoke State Forest, an 18,000-acre forest full of hiking, biking, and equestrian trails. 🐾🌲🌀

Terrapin Nature Park, Stevensville. This 276-acre nature park offers three miles of flat and accessible foot and biking trails. Take your time wandering through its meadows and wetlands, and check out the tidal ponds that go in and out. Enjoy a swim under a unique view of the Chesapeake Bay Bridge from the park's beaches. Its 73 acres of wetlands, meadows, and wooded paths make an ideal destination for wildlife and floral enthusiasts. Keep an eye out for herons, ospreys, and, of course, turtles. 🐾

Tuckahoe State Park, Queen Anne. Tuckahoe State Park offers 20 miles of hiking, biking, and equestrian trails. Featuring mostly wooded wetlands, the park offers numerous trails varying in difficulty and length. The park also boasts a 60-acre lake with 20 acres of open water, as well as kayak and canoe rentals. Fishers and hunters are also welcome, as well as mountain bikers (rentals available). If you want something really challenging, try the park's Challenge Course. Featuring two different levels, the high course offers

a 40-foot rock wall, a pumper pole, ziplines, tube nets, and a 50-foot swing, while the low course allows groups to focus on team building and problem solving. The park also contains an 18-hole disc golf course as well as plenty of room for picnicking, camping, and general R&R. 🐾🌲🌀

Wye Island, Queenstown. Wye Island offers 2,800 acres of flat farmland and coastline marshes. With an emphasis on providing habitat for wintering waterfowl and other wildlife, the island has plenty of opportunities for avid bird watchers and casual on-lookers. The park also has a longtime resident, a holly tree found on the Holly Tree Trail that is claimed to be over 280 years old. The island consists of five casual trails over a combined six miles of terrain, including bike and horse trails. However, the park asks you approach these trails with respect, as one of their primary objectives is stabilizing its eroding shoreline. Youth group camping is also permitted through reservations. 🐾🌀

ANNE ARUNDEL COUNTY

B&A Trail Stretching from Boulter's Way in Annapolis to Dorsey Road in Glen Burnie, the B&A trail features a 13.3-mile paved, scenic trail that winds through wooded parks, suburban neighborhoods, and bustling shopping centers. The trail follows the route of the former Annapolis and Baltimore Short Line, and features plenty of interesting finds along the way. Near Harundale Mall in Glen Burnie is the Planet Walk. Sponsored by NASA, the linear museum has educational displays for the sun and each planet. The trail is rich in

history, and features several historical markers. Be sure to stop by the Earleigh Heights Ranger Station and pick up a flyer to follow along with each historical marker. 🐾

Bacon Ridge Trail, Annapolis. The Bacon Ridge Trail is located within the Bacon Ridge Natural Area, a 630-acre preserved natural area which is protected through a conservation easement with Scenic Rivers Land Trust and the Maryland Environmental Trust. In 2015, the first publicly accessible trail was built, which totaled 2.5 miles. In 2016, an additional 4.5 miles of trail were added. These natural surface trails are relatively obstacle free, making them perfect for hiking and biking. A map of the trails is available at the trailhead, which is located off of Hawkins Road near the 97 overpass. 🐾

BWI Trail, Glen Burnie. Though initially designed with commuters in mind, the BWI trail has proven to be a great recreational trek. If you're traveling the B&A Trail and want to extend your trek another 12.5 miles, or vice versa, the trails are linked via the John Overstreet Connector, which is located at the southern terminus of the BWI Trail and the northern terminus of the B&A Trail. Aviation enthusiasts will want to make a stop at Andover Park, which has excellent views of the BWI airport runway. Looking for a more relaxing excursion? Not to worry! This trail also passes through natural areas, including the pine forest at Friendship Park. 🐾

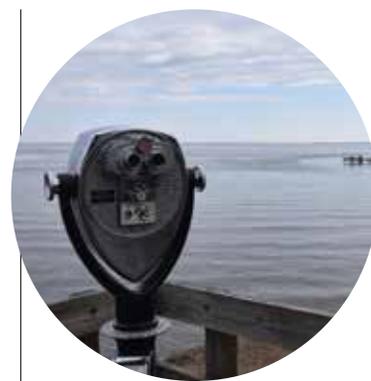


Photo by Jeffrey Goldman

▲ **Downs Park Trail**, Pasadena. Situated on the Chesapeake Bay, Downs Park offers over five miles of paved and natural trails. The trail routes boast spectacular water views, an outdoor exercise pavilion, and plenty of opportunities to spot wildlife. Pack a picnic and bring the whole family; the kids can enjoy the playground and your pup can enjoy splashing around at the dog beach. 🐾

Greenbury Point Trail, Annapolis. Located at the mouth of the Severn River, the 231-acre Greenbury Point peninsula features beautiful and unique views of the water, downtown Annapolis, and the Chesapeake Bay Bridge. The trail offers two routes: the 3.3-mile Nature Center Trail and the 2-mile Tower Trail. The property is owned by the Naval Academy and is often used as a rifle range for NSA Annapolis, so the area may not be open every day. Before you head to Greenbury Point, be sure to check the NSA Annapolis Twitter page (@NSAAnnapolis) for any announcements or updates. 🐾

Quiet Waters Park Trail, Annapolis. Offering six miles of paved trail and several miles of offshoot unpaved trail, the Quiet Waters Park Trail is perfect for any and all skill levels.

The park features breathtaking views of South River and Harness Creek, a dog park and dog beach, and several picnic areas. Be sure to make a pit-stop at the Reading and Butterfly Garden and Watershed Education Experience, which features various programs and hands-on activities for the whole family. 🐾



Photo by Doug Kerr

STATE/REGIONAL

▲ **Calvert Cliffs State Park**, Lusby. Calvert Cliffs State Park, located in Southern Maryland's Calvert County, boasts nearly 24 miles of massive cliffs along the shoreline of the Chesapeake Bay. The park is well-known for fossil hunting, as many remains of prehistoric species can be found here. The quarter-mile beach area of Calvert Cliffs is where parkgoers hunt for fossils and partake in other beach activities, like swimming (keep in mind, though, that there is no lifeguard present). In addition to the 13 miles of foot trails, Calvert Cliffs offers fishing on its one-acre fishing pond. For biking, visitors must use the service road. Youth group camping is available at the park through reservations. 🐾🏕️🗺️



▲ **Deep Creek Lake State Park**, Swanton. Located out in Western Maryland in Garrett County, Deep Creek Lake State Park offers beautiful views and an abundance of outdoor activities. Boating and fishing on the 3,900-acre man-made lake are two reasons that bring visitors to this area. The park also offers a Discovery Center with educational and interpretive exhibits for people of all ages to enjoy, plenty of trails to choose from, and a Day Use area with two swimming beaches and picnic tables with grills. Deep Creek Lake is popular during the summer time, but the fall makes for an ideal time to visit and offers some picturesque views. 🐾🏕️🗺️

▲ **Green Ridge State Forest**, Flintstone. Green Ridge State Forest is the largest contiguous block of public land in Maryland, spanning over 47,000 acres. Managed and protected by the Maryland Department of Natural Resources Forest Service, Green Ridge is located within the Valley and Ridge Province of the Appalachian Mountains. There is an abundance of recreational activities offered here, including more than 50 miles of scenic hiking trails for day or multiple-day excursions, a 12-mile mountain biking trail, horseback riding, and hunting and fishing.

Visitors can fish from the Potomac River, Fifteenmile Creek, Sideling Hill Creek, Town Creek, and White Sulphur and Orchard ponds. 🐾🏕️🗺️

▲ **Gunpowder Falls State Park**, Kingsville. Featuring over 120 miles of multiuse trails, Gunpowder Falls State Park is divided into six non-contiguous areas throughout Baltimore and Harford counties. Each area offers various activities for outdoor enthusiasts, including canoeing/kayaking, picnicking, archery, fishing, and trails for biking, hiking, and horseback riding. Hammerman Area, located in Middle River, is a popular location for visitors and features a beach and swimming area along the Gunpowder River. The Torrey C. Brown Rail Trail is also a unique feature of the park, spanning nearly 20 miles from Cockeysville to the Pennsylvania state line. 🐾



▲ **Patapsco Valley State Park**, Ellicott City. Spanning across multiple counties in the state, Patapsco Valley State Park encompasses over 16,000 acres of land and lies along the Patapsco River. Ideal for hiking and mountain biking, the park features rocky waterfalls, camping areas, and horseback trails. Patapsco Valley is popular among families during the summertime, as there are

many areas and pavilions available for picnicking and sight-seeing. A favored spot among visitors is Cascade Falls Loop Trail in Elkridge, where parkgoers can bask in the area's beautiful foliage and listen to the waterfall. 🐾🏕️🗺️

▲ **Rocky Gap State Park**, Flintstone. Rocky Gap State Park lies along the Maryland-Pennsylvania border in Western Maryland's Alleghany County. The park is comprised of over 3,000 acres, including a 243-acre reservoir, Lake Habeeb, which is known to have the bluest water in Maryland. In addition to the many multiuse trails, Rocky Gap offers several recreational activities. During the summer, the Day Use Area of Lake Habeeb includes two swimming beaches, a pet-friendly swim area, and the opportunity to rent canoes, kayaks, and stand-up paddleboards. The lake brings fishermen and boaters together, as they are both permitted year-round, 24 hours per day, seven days per week. 🐾🏕️🗺️

▲ **Susquehanna State Park**, Havre de Grace. Located up in Harford County, Susquehanna State Park is perfect for either a long-day excursion or a relaxing camping trip. The park is located along the Susquehanna River, which is the longest river on the East Coast, covering 464 miles. Susquehanna State Park includes more than 15 miles of hiking, biking, and horseback riding trails, ranging from easy to difficult. A perfect place for water lovers, boating is permissible and the park provides easy river access through the Lapidum Boat Ramp. Fishermen unite here, as the park offers opportunities to fish for bass, pike, and perch. 🐾🏕️🗺️



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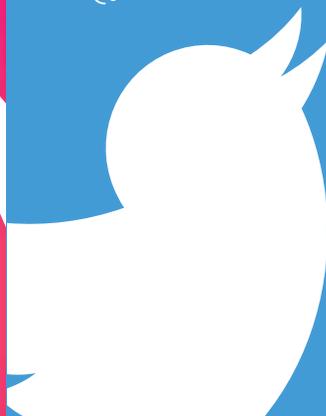
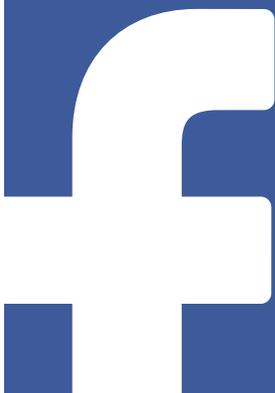
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FUN IN THE SUN



Compiled by Caley Breese, Andrew Reed, and Cate Reynolds

As the temperatures begin to warm and spring fades away, it's time to start filling your summer calendar. Whether you're hoping to indulge in delicious food, enjoy live music, explore local history, or finally conquer your rollercoaster fear, our 2019 summer entertainment guide is filled with local options—and a few road trips—to keep you busy all summer long.

Please note: Based on the writers' research, we strived to provide the most up-to-date and accurate information; however, we recommend checking the event websites for the most recent updates and policies. Please consider that although many of these events do allow children, the listings marked "family-friendly" are those that advertised kid-friendly activities or those that our writers felt appealed to children.

- ♥ Family Friendly
- ♻️ Charity
- 📍 Road Trip

CULINARY EXCURSIONS

If you're craving some sweet and juicy strawberries or perhaps a refreshing craft beer, these mouthwatering events are sure to satisfy you. Here are some of our favorites to choose from this summer.

FOOD

Baltimore Wine & Food Festival, Saturday, May 11th, 12-5 p.m. (VIP opens at 11 a.m.); Harbor Point Central Plaza, Inner Harbor, Baltimore; Bmorewine.com

Baltimore Seafood Festival, Saturday, September 14th, 12-7 p.m.; Canton Waterfront Park, Baltimore; Baltimoreseafoodfest.com ♥

Beer, Bourbon & BBQ Festival, Saturday, June 15th, 2-6 p.m. (VIP opens at 12 p.m.); Southpointe, National Harbor; Beerandbourbon.com

Chesapeake Crab, Wine & Beer Festival

Saturday, June 22nd, 11 a.m.-3 p.m. (Session 1); 5-9 p.m. (Session 2); Harbor Point Central Plaza, Inner Harbor, Baltimore; Saturday, August 24th, 11 a.m.-3 p.m. (Session 1); 5-9 p.m. (Session 2); Southpointe, National Harbor; Mdcrabfest.com ♥

Maryland Fiesta Latina

Sunday, July 21st, 11 a.m.-7 p.m.; Anne Arundel County Fairgrounds, Crownsville; Abceventsinc.com/md-fiesta-latina ♥

Maryland Food Truck Festival

Saturday, June 15th, 11 a.m.-8 p.m.; Anne Arundel County Fairgrounds, Crownsville; Saturday, July 13th, 11 a.m.-7 p.m.; Herrington Harbour North, Tracys Landing; Sunday, July 21st, 11 a.m.-7 p.m.; Kinder Farm Park, Millersville; Saturday, August 10th, 11 a.m.-9 p.m.; Jefferson Patterson Park, St. Leonard; Maryland-foodtruckfestival.com ♥





Kegs and Corks: Photo by Christina Roe Photography

National Wine & Food Festival, Saturday, May 4th, 1-6 p.m. (VIP opens at 12 p.m.); Sunday, May 5th, 12-6 p.m.; National Harbor, Fort Washington; Wine-andfoodnh.com

Rotary Club of Annapolis Crab Feast, Friday, August 2nd, 5-8 p.m.; Navy-Marine Corps Memorial Stadium, Annapolis; Annapolisrotary.org/crabfeast  

Seafood Feast-I-Val, Saturday, August 10th, 1-6 p.m.; Sailwinds Park, Cambridge; Seafoodfeastival.com; 410-228-1211 

Soft Shell Festival, Sunday, May 26th, 12-4 p.m.; Crisfield City Dock, Crisfield; Crisfieldevents.com 

Strawberry Festival, Sunday, May 26th, 9 a.m.-5 p.m.; Martin Sutton Memorial Park, Ridgely; Ridgelylions.org/strawberry-festival; 443-786-2547  

Taco, Beer, Tequila Festival, Saturday, June 1st, 12-5 p.m. (VIP opens at 11 a.m.); Southpointe, National Harbor; tacobeertequila.com



Seafood Feast-I-Val

Taste of Cambridge Saturday, July 13th, 5-10 p.m.; Downtown Cambridge, Cambridge; Downtown-cambridge.org; 443-477-0843  

Taste of the Chesapeake, Thursday, September 26th, 6-9 p.m.; Crowne Plaza Annapolis, Annapolis; Allianceforthebay.org; 443-949-0575  

Trifecta Food Truck & Music Festival, Saturday, July 27th, 12-11 p.m.; Maryland State Fairgrounds, Lutherville-Timonium; Trifectafestival.com 

Vintage Virginia Wine & Food Festival, Saturday, June 1st, 12-6 p.m.; Sunday, June 2nd, 11 a.m.-5 p.m.; Bull Run Special Events Center, Centreville, VA; Vintage-virginia.com  



Taste of Three Cities Food Truck Festival, Saturday, June 1st, 12-9 p.m.; Patterson Park, Baltimore; 410-960-9908 

Tilghman Island Seafood Festival, Saturday, July 20th, 11 a.m.-6 p.m.; Tilghman Island Volunteer Fire Department, Tilghman; Tourtalbot.org  

BEER, WINE, SPIRITS

Baltimore Wine Fest, Saturday, June 15th, 12-7 p.m.; Canton Waterfront Park, Baltimore; Baltimorewinefest.com; 410-409-7123

Blazers. Bourbon. Cigars, Thursday, September 26th, 6-9 p.m. (VIP opens at 5 p.m.); William Paca House and Garden, Annapolis; Annapolis.org; 410-267-7619  



Photo by The Maryland Zoo, Baltimore

Brew at the Zoo, Saturday, May 25th and Sunday, May 26th, 1-7 p.m.; Maryland Zoo, Baltimore; Marylandzoo.org; 410-396-7102

Downtown Cambridge Beer Festival, Saturday, May 18th, 1-6 p.m.; Downtown Cambridge; Downtowncambridge.org; 443-477-0843 

DrinkMaryland: A Maryland Makers Festival, Saturday, June 15th, 12-5 p.m.; Centreville; Townofcentreville.org; 410-758-1180

Kegs and Corks, Saturday, August 17th, 1-7 p.m. (VIP Early Access opens at 12 p.m.); Anne Arundel County Fairgrounds, Crownsville; Keg-sandcorksfest.com; 410-507-2186; 410-507-2102 

Maryland Craft Beer Festival, Saturday, May 11th, 12-5 p.m. (GA opens at 1:30 p.m.); Carroll Creek Linear Park, Frederick; Md-craftbeerfestival.com

Pints for Paws, Saturday, June 15th, 2-6 p.m.; Navy-Marine Corps Memorial Stadium, Annapolis; Aacspca.org  



St. Michaels Brewfest, Saturday, June 1st, 12-4 p.m.; Downtown St. Michaels; Strnichals-brewfest.com

Wine in the Woods, Saturday, May 18th, 11 a.m.-6 p.m.; Sunday, May 19th, 11 a.m.-5 p.m.; Symphony Woods, Columbia; Wineinthewoods.com

Wine on the Beach, Friday, September 27th & Saturday, September 28th, 11 a.m.-7 p.m.; Ocean City Inlet, Ocean City; Winefest.com; 410-280-3306



Photo by Ken Tom

Maryland Seafood Festival, Saturday, September 7th, 10 a.m.-9 p.m.; Sunday, September 8th, 10 a.m.-7 p.m.; Sandy Point State Park, Annapolis; Abceventsinc.com/maryland-seafood-festival  



Photo by Michael Roe



Firefly Music Festival. Photo by Firefly Music Festival

MUSIC

From local concert series to road trip music festivals, here are some outdoor music options that are sure to keep you groovin'.

CONCERT SERIES

Annapolis Towne Centre, Annapolis Towne Centre, Annapolis; Fridays, June 14th through August 23rd; Visitatc.com; 410-573-9050

Bayside Summer Concert Series, Downs Park, Pasadena; Saturdays in June, 6 p.m.; Sundays in September, 4:30 p.m.; Friendsofdownspk.org; 410-685-4333

Concerts in the Country, Layton's Chance Vineyard, Vienna; Third Saturdays, June through August, 6 p.m.; Laytonschance.com; 410-228-1205

Hatton-Regester Green Spring Concert Series, Hatton-Regester Green, Severna Park; Sundays, May 5th through May 26th, 4 p.m.; Friendsofaa-trails.org



Photo by Annapolis Maritime Museum

Historic London Town and Gardens Summer Concert Series,

Historic London Town and Gardens, Edgewater; Sunday, August 4th and 18th, 5 p.m.; Historiclondontown.org; 410-222-1919

Music on the Nanticoke, Water Street, Vienna; May 18th, July 20th, and September 21st, 7 p.m.; Visitdorchester.org

Quiet Waters Park Summer Concert Series, Quiet Waters Park, Annapolis; Saturdays, Dates TBD; Fqwp.org

Thursdays in the Park, Millstream Park, Centerville; most Thursdays, June 6th through August 29th, 7 p.m.; Queenanne-countyarts.com

Tides and Tunes Summer Concert Series, Annapolis Maritime Museum, Annapolis; Thursdays, June 13th through August 15th, 7 p.m.; Amaratime.org; 410-295-0104



Photo by Jeff Jackson

Waterside Music Series, Calvert Marine Museum, Solomons; June 1st, July 3rd, and July 26th; Calvert-marinemuseum.com; 410-326-2042

Waugh Chapel Concert Series, Waugh Chapel Towne Centre, Gambrills; Saturdays, June through August, 7 p.m.; Visitwaugh-chapel.com



Photo by Shantel Mitchell Breen

WTMD First Thursdays, Canton Waterfront Park, Baltimore; First Thursdays, May through September, 5:30 p.m.; Wtmd.org; 410-704-8938

FESTIVALS

Bands in the Sand, Saturday, June 8th, 5 p.m.; Philip Merrill Environmental Center, Annapolis; Cbf.org; Misspent Youth; Pressing Strings; and more.

Capital Jazz Fest, Friday, June 7th through Sunday, June 9th; Merriweather Post Pavilion, Columbia; Capitaljazz.com; Kenny "Babyface" Edmonds, Gladys Knight, Gregory Porter, Brian McKnight, Kem, George Clinton, and more.

Chesapeake Chamber Music Festival, Tuesday, June 4th through Saturday, June 15th; Various locations throughout Talbot County; Chesapeakechambermusic.org; Catherine Cho, Violin; Daniel Phillips, Violin/Viola; Yura Lee, Viola; Marcy Rosen, Cello; Peter Stumpf, Cello; Tara Helen O'Connor, Flute; J. Lawrie Bloom, Clarinet; June Han, Harp; Robert McDonald, Piano; Ieva Jukubaviciute, Piano; Catherine Cho, Violin; Carmit Zori, Violin; Maiya Papach, Viola; Marcy Rosen, Cello; Peggy Pearson, Oboe; Diane Walsh, Piano; Trio St. Bernard

DC101 Kerfuffle, Saturday, June 15th, 4:30 p.m.; Merriweather Post Pavilion, Columbia; Dc101.iheart.com; Greta Van Fleet; Young the Giant; The Revivalists; Tom Morello; Shaed; The Blue Stones

Chestertown Jazz Festival, Thursday, September 12th through Saturday, September 14th; Various locations throughout Kent County; Chestertown-jazzfestival.org; TBD

DC Jazz Fest, Friday, June 7th through Saturday, June 15th; Various locations throughout Washington, D.C.; Dcjazzfest.org; Stefon Harris & Blackout; Snarky Puppy; Joshua Redman Quartet; Terri Lyne Carrington & Social Science; Michael Franks; Jon Batiste & Stay Human; Joey Alexander Trio; Anat Cohen; Shannon Gunn & The Bullettes; Celebrating Randy Weston; Hailu Mergia; Spaga; Etienne Charles Creole Soul; Todd Marcus Jazz Orchestra; Coniece Washington Trio; Olli Soikkeli Trio; Ralph Peterson & Gen-Next Big Band; Sean Jones Dizzy Spellz; El Violin Latino; Evan Harris; Cornerstone; Witness Matlou Trio



Photo by Laura Nicaise



Photo by Jill Orland

DelFest, Thursday, May 23rd through Sunday, May 26th; Allegany County Fairgrounds, Cumberland; Delfest.com; The Del McCoury Band; The Travelin' McCourys; The String Cheese Incident; Trampled By Turtles; Tyler Childers; Railroad Earth; Sam Bush; I'm With Her Feat. Sara Watkins, Sarah Jarosz, Aoife O'donovan; Yonder Mountain String Band; Keller Williams' Pettygrass Feat. The Hillbenders; The Marcus King Band; Billy Strings; The Steel-drivers; Sierra Hull; The Gibson Brothers & The Mockingbird Band; Joe Craven & The Sometimers; Larry Keel Experience; Frank Solivan & Dirty Kitchen; Kitchen Dwellers; Lindsay Lou; Dré & The Gospel Collective; The Broomstix; Front Country; Pixie & The Partygrass Boys; Marty O'reilly & The Old Soul Orchestra. ↗

Eastport A Rockin', Saturday, June 22nd, 11 a.m.; Annapolis Maritime Museum and Back Creek in Eastport; Eastportarockin.com; Lineup TBD ♡ &

Firefly Music Festival, Friday, June 21st through Sunday, June 23rd; Dover International Speedway, Dover, DE; Fireflyfestival.com; Panic! At The Disco; Tyler, The Creator; Zedd; Travis Scott; Kygo; Death Cab For Cutie; Post Malone; Vampire Weekend; DJ Snake; Courtney Barnett; Unknown Mortal Orchestra; Young The Giant; Phosphorescent; Lykke Li; Blood-pop; Gucci Mane; and more. ↗

GrooveFEST, Saturday, September 21st, 5 p.m.; Downtown Cambridge; Downtowncambridge.org; Hoppie Vaughn, Ministers of Soul, and more.

Hot August Music Festival, Saturday, August 17th, 11:30 a.m.; Oregon Ridge Park, Cockeysville; Hotaugustmusicfestival.com; Pigeons Playing Ping Pong; Turkuaz; Billy Strings; Melvin Seals & JGB; Dirty Grass Players; Samantha Fish; The Lil Smokies; Larry McCray; Travers Brotherhood; Vanessa Collier; Cedric Burnside; The Old Part of Town



Photo by Ken Ford

Lake Arbor Jazz Fest, Saturday, July 14th, 1 p.m.; Lake Arbor Community Center, Mitchellville; Lakearborjazz.com; Kim Waters; Kayla Waters; Adam Hawley; Julian Vaughn; Secret Society; We Are One X-Perience Band; Lil Asmar

M3 Rock Festival, Friday, May 3rd through Sunday, May 5th; Merriweather Post Pavilion, Columbia; M3rockfest.com; Whitesnake; Extreme; Warrant; Skid Row; Vince Neil; Kix; Autograph; Bang Tango; Danger Danger; Firehouse; Heavens Edge; Kingdom Come; L.A. Guns; Quiet Riot; Steven Adler; Tora Tora; Vain; Vixen; and more.

Made in America, Saturday, August 31st and Sunday, September 1st; Benjamin Franklin Parkway, Philadelphia, PA; Madeinamericafest.com; Travis Scott, Cardi B, Juice WRLD, and more. ↗

Moonrise Festival, Saturday, August 10th and Sunday, August 11th; Pimlico Race Course, Baltimore; Moonrisefestival.com; Lineup TBA



Photo by Made in America

National Folk Festival, Friday, September 6th through Sunday, September 8th, Downtown Salisbury, Nationalfolkfestival.com, Adonis Puentes & the Voice of Cuba Orchestra; Aurelio; Eddie Cotton, Jr.; Hat Club of Cowtown; Innov Gnawa; Jerry Douglas Trio ♡

Nextival, ▶ Saturday, July 13th; Anne Arundel County Fairgrounds, Crownsville; Nextival.com; Lineup TBA ♡

Preakness Infieldfest, Saturday, May 18th, 9 a.m.; Pimlico Race Course, Baltimore; Preakness.com; Kygo; Logic; Diplo; Juice WrlD; Fisher; Frank Walker

Roots Picnic, Saturday, June 1st; The Mann Center, Philadelphia, PA; Rootspicnic.com; The Roots; H.E.R.; 21 Savage; Lil Baby; The Joe Budden Podcast; Davido; Raphael Saadiq; The Read Podcast; Queen Naija; City Girls; Tank and The Bangas; Blueface; Ari Lennox; Tobe Nwigwe; Moonchild; and more ↗

Sad Summer Festival, Friday, July 12th, 1:30 p.m.; MECU Pavilion, Baltimore; Sadsummerfest.com; The Maine; Mayday Parade; State Champs; The Wonder Years; Mom Jeans; Stand Atlantic; L.I.F.T.; Just Friends

Small Town Throw Down, Saturday, September 7th, 1 p.m.; Main Street, Berlin; Berlinmainstreet.com; Lineup TBA

Xponential Festival, Friday, July 26th through Sunday, July 28th; Wiggins Park, Camden, NJ; Xpnfest.org; Hozier, Elvis Costello & The Imposters, Blondie, and more. ↗



Photo by John Bildahl

OUTDOOR VENUES

Jiffy Lube Live, Bristow, Virginia; Bristowamphitheater.com; 5/11: The Who; 5/18: Chris Young, Chris Janson; 5/25: Bob Seger, The Silver Bullet Band; 6/1: Luke Bryan, Cole Swindell, John Langston; 6/15: Thomas Rhett, Dustin Lynch, Russell Dickerson; 6/26: Dead & Company; 7/13: Dierks Bentley, Jon Pardi, Tenille Townes; 7/20: Dave Matthews Band; 7/24: Iron Maiden; 7/27: Hootie & The Blowfish; 7/30: Nelly, TLC, Flo Rida; 7/31: Korn, Alice In Chains; 8/3: Florida Georgia Line, Dan and Shay, Morgan Wallen; 8/10: Brad Paisley, Chris Lane, Riley Green; 8/11: KISS; 8/13: Alice Cooper, Halestorm; 8/14: Santana, The Doobie Brothers; 8/22: Breaking Benjamin; 8/24: Rascal Flatts; 8/25: Zac Brown Band; 9/1: Slipknot, Volbeat, Gojira, and Behemoth; 9/7: Jason Aldean, Kane Brown ↗

Merriweather,

Columbia, Maryland; Merriweathermusic.com; 5/3-5/5: M3 Rock Festival; 5/14: Slayer, Lamb of God, Amon Amarth, Cannibal Corpse; 5/17: Jason Aldean, Kane Brown, Carly Pearce, Dee Jay Silver; 5/19: DC101 Kerfuffle; 5/31: Luke Combs, Cody Johnson, Ray Fulcher; 6/3: Florence + The Machine, Blood Orange; 6/14: Brandi Carlile, Lucius; 6/19: Willie Nelson & Family, Alison Krauss, Lukas Nelson & Promise of the Real; 6/21: Jason Isbell and The 400 Unit, Father John Misty, Jade Bird; 6/22: Phish; 6/21: Phish; 7/11: Pitbull 6/23: Thomas Rhett, Dustin Lynch, Russell Dickerson, Rhett Akins; 7/19: Third Eye Blind, Jimmy Eat World, Ra Ra Riot; 7/23: Lord Huron, Bully; 7/27: 311, Dirty Head, The Interrupters, Dreamers, Bikini Trill; 8/8: Hootie & The Blowfish, Barenaked Ladies; 8/9: Train, Goo Goo Dolls; 8/11: Chris Stapleton, Margo Price, The Marcus King Band; 8/13: Heart, Joan Jett & The Blackhearts, Elle King; 8/17: The Smashing Pumpkins, Noel Gallagher's High Flying Birds, AFI; 8/22: Beck, Cage the Elephant, Spoon, Sunflower Bean; 8/26: Pentatonix; 9/5: Morrissey; 9/7 The Mighty O.A.R.



Photo by Laura Nicaise

MECU Pavilion

(Formerly Pier Six Pavilion), Baltimore, Maryland; Mecupavilion.com; 5/11: Bring Me the Horizon; 5/12: Boyz II Men; 5/18: Tash Sultana; 5/21: Greta Van Fleet; 5/28: Anderson .Paak, The Free Nationals; 5/31: Collective Soul, Gin Blossoms; 6/2: Coheed and Cambria, Mastodon, Every Time I Die; 6/13: Slightly Stoopid; 6/22: YES and Asia; 6/26: Chicago; 7/12: Sad Summer Festival; 7/13: moe., Blues Traveler, G. Love; 7/14: Godsmack; 7/18: Steve Miller Band, Marty Stuart; 7/21: Iration, Pepper, Fortunate Youth, Katastro; 7/23: The Struts, The Glorious Sons; 8/1: Greensky Bluegrass; 8/3: KIDZ BOP; 8/5: Why Don't We; 8/8: Rebelution; 8/11: Jon Bellion; 8/20: Ben Harper & The Innocent Criminals, Trombone Shorty & Orleans Avenue; 8/24: +LIVE+, Bush, Our Lady Peace; 8/25: Beast Coast, Joey Bada\$\$, Flatbush Zombies, The Underachievers, Kirk Knight, Nyck Caution, Powers Pleasant, CJ Fly

Hersheypark Stadium,

Hershey, Pennsylvania; Hersheyentertainment.com; 6/6: Luke Bryan; 7/6: New Kids on the Block; 7/20: Thomas Rhett; 7/27: Breaking Benjamin; 8/17: Florida Georgia Line; 8/18: Backstreet Boys; 8/21: KISS; 8/29: Zac Brown Band; 8/30: Hootie & The Blowfish



Photo by Bob Peterson

ARTS

Whether you're looking to shop for unique crafts, view beautiful artwork, or enjoy a night of theater, these events are sure to get your creative juices flowing.

FESTIVALS

Art in Nature Photo Festival, Friday, August 9th through Sunday, August 11th; The Ward Museum, Salisbury; Wardmuseum.org; 410-742-4988

Artists Paint OC, Wednesday, August 7th through Sunday, August 11th; Various locations throughout Ocean City; Artleagueofoceancity.org; 410-524-9433

Artscape, Friday, July 19th through Sunday, July 21st; Station North Arts & Entertainment District, Baltimore; Artscape.org; 410-752-8632

Artsfest, Saturday, September 21st and Sunday, September 22nd, 10 a.m.-5 p.m.; Annmarie Sculpture Garden & Arts Center, Solomons Island; Annmariegarden.org; 410-326-4640

Chesapeake Sea Glass Festival, Saturday, May 18th, 10 a.m.-4 p.m.; Chesapeake College, Wye Mills; Wicomicohumane.org

Dorchester Center for the Arts Showcase, Saturday, September 22nd, 12-5 p.m.; Historic High Street, Cambridge; Dorchesterarts.org; 410-228-7782

Maryland Film Festival, Wednesday, May 8th through Sunday, May 12th; Station North Arts and Entertainment District; Mdfilmfest.com; 410-752-8083

North Beach American Film Festival, Friday, June 21st through Sunday, June 23rd; North Beach Town Hall and Sally Donaldson Center, North Beach; Nbaff.net

Paint Annapolis, Sunday, June 2nd through Sunday, June 9th; Various locations throughout Annapolis; Mdfedart.com; 410-268-4566



Photo by Ted Mueller

Plein Air Easton, Sunday, July 14th through Sunday, July 21st; Various locations throughout Easton; Pleinair easton.com; 410-822-7297



Photo by Baltimore Office of Promotion and the Arts



RECURRING ART EVENTS

First Friday in Chestertown, Downtown Chestertown; First Friday of the month, 5-8 p.m., now through December 6th; Downtownchestertown.org ♥

First Friday Gallery Walk, Downtown Easton; First Friday of the month, 5-8 p.m., now through December 6th; Discover-easton.com ♥

Second Saturday Art Walk, Downtown Cambridge; Second Saturday of the month, 5 p.m., year-round; visitdorchester.org ♥

Second Friday Art Stroll, Downtown Berlin; Second Friday of the month, 5-8 p.m., May 10th through October 11th; artsinberlin.org ♥

Second Saturdays at the Artsway, Downtown Denton; Second Saturday of the month, 2-4 p.m., year-round; visitcaroline.org ♥



▲ **First Sunday Arts Festival,** Calvert and West Streets, Downtown Annapolis; First Sunday of the month, 11 a.m.-5 p.m., May 5th through November 3rd; FirstSundayArts.com ♥

Historic Stevensville First Saturday, Stevensville Historic District; First Saturday of the month, now through December 7th; stevensvilleartsandentertainment.org ♥

Second Saturday Art Night Out, Downtown St. Michaels; Second Saturday of the month, year-round; TourTalbot.org ♥

▶ **Third Friday,** Downtown Salisbury; Third Friday of the month, 5-8 p.m., now through November 15th; 3rdfridaysby.com ♥

SUMMER THEATER

Annapolis Summer Garden Theatre, \$25-66; SummerGarden.com; 143 Compromise Street, Annapolis; 410-268-9212; *Crazy For You*: May 23rd-June 15th; *Songs for a New World*: June 27th-July 20th; *Mamma Mia!*: August 1st-September 1st

Chesapeake Shakespeare In-The-Ruins, \$17-50; ChesapeakeShakespeare.com; Patapsco Female Institute Historic Park, Ellicott City; 410-244-8570; *Macbeth*: June 7th-June 24th; *Love's Labour's Lost*: June 28th-July 28th

HISTORY AND CULTURE

Transport yourself back in time or celebrate your culture with these festivals. Whether you are looking for a fun weekend with kids, or hoping to enjoy some time with your friends, these events offer food, games, and drinks for everyone!

FESTIVALS AND EVENTS

Annapolis Greek Festival, Thursday, May 30th, 4-10 p.m.; Friday, May 31st, 11 a.m.-10 p.m.; Saturday, June 1st, 11 a.m.-11 p.m.; Sunday, June 2nd, 11 a.m.-7 p.m.; Ss. Constantine & Helen Greek Orthodox Church, Annapolis; AnnapolisGreekFestival.org; 410-573-2072 ♥



Photo by Jani Simpson

Chestertown Tea Party Festival, Friday, May 24th, 5:30 p.m.; Saturday, May 25th, 8 a.m.; Sunday, May 26th, 10 a.m.; Downtown Chestertown; ChestertownTeaParty.org ♥



Multicultural Festival, ▶ Saturday, May 4th, 10 a.m.-2 p.m.; Idlewild Park, Easton; AvalonFoundation.org; 410-822-0345 ♥

Pirates and Wench's Fantasy Weekend, ▼ Friday, August 9th through Sunday, August 11th; Various locations throughout Rock Hall; RockHallPirates.com ♥



Photo by Bernadette Van Pelt

▼ **Maryland Renaissance Festival,** Saturdays and Sundays, August 24th through October 20th, 10 a.m.-7 p.m.; 1821 Crownsville Road, Crownsville; Rennfest.com; 410-266-7304 ♥



Photo by David Goul

◀ **Revolutionary London Town,** Saturday, July 6th and Sunday, July 7th, 10 a.m.-4:30 p.m.; Historic London Town and Gardens, Edgewater; HistoricLondonTown.org; 410-222-1919 ♥



Photo by Chris Dorr



SPORTS, REC, AND THRILLS

Looking for some excitement to add to your week? Cheer on your local sports team, ride a rollercoaster through medieval Europe, or maybe even watch a tractor pull! Here are some fun filled events to add to your calendar.

LOCAL SPORTS TEAMS

Baltimore Orioles Baseball, Now through September; Orioles Park at Camden Yards, Baltimore; Orioles.com; 2019 Home Opponents: Tampa Bay Rays, Boston Red Sox, Los Angeles Angels, New York Yankees, Detroit Tigers, San Francisco Giants, Toronto Blue Jays, San Diego Padres, Cleveland Indians, Washington Nationals, Houston Astros, Kansas City Royals, Texas Rangers, Los Angeles Dodgers, Seattle Mariners ♥

Baltimore Ravens Football, August (preseason); September through January (regular season); M&T Bank Stadium, Baltimore; Baltimore Ravens.com; 2019 Home Opponents: Cincinnati Bengals, Cleveland Browns, Pittsburgh Steelers, New England Patriots, New York Jets, Arizona Cardinals, San Francisco 49ers, Houston Texans ♥

Bowie Baysox Baseball, Now through August; Prince George's Stadium, Bowie; Baysox.com; 301-805-6000; 2019 Home Opponents: Richmond Flying Squirrels, Erie SeaWolves, Binghamton Rumble Ponies, Akron RubberDucks, Hartford Yard Goats, New Hampshire Fisher Cats, Trenton Thunder, Harrisburg Senators, Altoona Curve, Reading Fightin Phils, Portland Sea Dogs ♥

Chesapeake Bay-hawks Lacrosse, June through September; Navy-Marine Corps Memorial Stadium, Annapolis; Thebayhawks.com; 866-994-2957; 2019 Home Opponents: Ohio Machine, Charlotte Hounds, New York Lizards, Boston Cannons, Atlanta Blaze, Florida Launch, Dallas Rattlers, Denver Outlaws ♥

D.C. United Soccer, Now through October; Audi Field, D.C.; Dcunited.com; 2019 Home Opponents: Columbus Crew, Sporting Kansas City, Chicago Fire, San Jose Earthquakes, Orlando City SC, Toronto FC, New England Revolution, Philadelphia Union, LA Galaxy, New York Red Bulls, Seattle Sounders FC, FC Cincinnati ♥

Delmarva Shorebirds Baseball, Now through August; Perdue Stadium, Salisbury; Theshorebirds.com; 2019 Home Opponents: Greensboro Grasshoppers, Hagerstown Suns, Lakewood BlueClaws, Hickory Crawdads, Greenville Drive, Charleston RiverDogs, Kannapolis Intimidators, West Virginia Power ♥

Washington Nationals Baseball, Now through September; Nationals Park, D.C.; Nationals.com; 2019 Home Opponents: St. Louis Cardinals, New York Mets, Chicago Cubs, Miami Marlins, Chicago White Sox, Arizona Diamondbacks, Philadelphia Phillies, Atlanta Braves, Kansas City Royals, Colorado Rockies, Los Angeles Dodgers, Cincinnati Reds, Milwaukee Brewers, Baltimore Orioles, Cleveland Indians ♥

Washington Redskins Football, August (pre-season); September through January (regular season); FedExField, Landover; Redskins.com; 2019 Home Opponents: Dallas Cowboys, Philadelphia Eagles, New York Giants, New England Patriots, New York Jets, Chicago Bears, Detroit Lions, San Francisco 49ers ♥

Caroline-Dorchester County Fair, Wednesday, August 7th through Saturday, August 10th; 4-10 p.m.; Caroline County 4-H Club and Youth Park, Denton; Caroline-dorchestercountyfair.org; 410-479-4030 ♥

Kent County Fair, Thursday, July 18th through Saturday, July 20th; Kent Ag Center; Kentcountyfair.org; 410-778-1661 ♥

▼ **Maryland State Fair**, Friday, August 23rd through Monday, September 2nd; 9 a.m.-10 p.m.; Maryland State Fairgrounds, Lutherville-Timonium; Marylandstatefair.com; 410-252-0200 ♥

Queen Anne's County Fair, Monday, August 12th through Saturday, August 17th; 9 a.m.-10 p.m.; 4-H Park, Centerville; Queenannescountyfair.com; 443-480-2368 ♥



Photo by Shannon Dill

▲ **Talbot County Fair**, Thursday, July 11th through Saturday, July 13th; Talbot Agricultural and Education Center, Easton; Talbotcountyfair.org; 410-822-8007 ♥

THEME PARKS

Busch Gardens, Williamsburg, VA, 1 Busch Gardens Boulevard, Williamsburg, VA; Buschgardens.com/williamsburg; 757-229-4387; Kid park; coasters, waterpark ♥ ↗

Hersheypark, Hershey, PA, 100 Hersheypark Drive, Hershey, PA; Hersheypark.com; 717-534-3900; Waterpark; coasters; kid coasters ♥ ↗

Kings Dominion, Doswell, VA, 16000 Theme Park Way, Doswell, VA; Kingsdominion.com; 804-876-5000; Coasters; kid coasters; waterpark ♥ ↗

Six Flags, Upper Marlboro, 13710 Central Avenue, Upper Marlboro; Sixflags.com; 301-249-1500; Coasters; kid coasters; waterpark ♥

FAIRS

Anne Arundel County Fair, Wednesday, September 11th through Sunday, September 15th; Anne Arundel County Fairgrounds, Crownsville; Aacountyfair.org; 410-923-3400 ♥

Photo by Edie Bernier



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LEAVING YOUR LEGACY

TAKE A PROACTIVE APPROACH TO END-OF-LIFE ISSUES TO ELIMINATE ANY AMBIGUITY ABOUT YOUR ESTATE PLAN

By Lisa A. Lewis

Life is unpredictable, and no one knows what tomorrow may bring. So, without a doubt, estate planning is one of the most significant steps that you can take to ensure that your financial and personal matters are handled according to your wishes and that your family and loved ones are provided for and protected. Indeed, making sure that your estate is in order is not only practical, but it also provides you with a sense of empowerment.

Planning for end-of-life legal concerns is a fairly straightforward process that involves preparing a **will**, which deals with financial matters, and an **advance directive**, which deals with health care issues during incapacity caused by injury or illness. Completing these documents allows you to make your own decisions. You can also express your wishes to your family, which helps eliminate confusion. Most important, taking control of end-of-life issues gives you peace of mind because you know that your wishes will be honored.

Preparing Estate Planning Documents

Obviously, you know that a will allows you to determine how you want to distribute your assets after your death. What you may not know, however, is why a will is such an important document. The law of estates and trusts is built on the foundation of **freedom of disposition**, which means you can decide how you want to distribute your property and to whom. But according to state law, if you don't have a will or a trust, a default system takes effect, and the decision is determined by the state statute.

Many people choose to use a revocable trust instead of a will. This document serves as a "will substitute," but has the added benefit of providing for asset management if you become dis-

abled. For this reason, a revocable trust may be a better option as you grow older.

Lawyers encourage everyone—from elderly couples with grown children to young couples just starting their families—to exercise their right to decide where their assets go. If you have young children, you may not think that you need a will or a revocable trust—or that there is time to prepare one later—but you need to make plans now. A will allows you to choose the guardian of your children, while a revocable trust permits you to control how the assets are handled for your children's benefit until they are old enough to make their own financial decisions.

The bottom line: It doesn't matter how old you are or what your life circumstances are. Plan ahead and prepare a will or a revocable trust, so *you* can decide what you want. Give your family members an inheritance, donate money to your alma mater or your favorite charity, or set aside money for your pet. After all, pets are members of your family, too, and they need to be provided for after your death.

You can plan for pets in your will by designating a person to take custody of your beloved animal companion. You may also want to give him or her a cash gift that can be used to care for your pet. Another option is a pet trust. Under Maryland law, you can create a trust that allows money to be set aside for your pet's care.

Besides a will or a revocable trust, another type of estate planning document that you may consider preparing is a **family trust**, which is a broadly defined term that can be used to describe different trusts. For example, a family trust may refer to a **revocable trust**; in other cases, it may apply to an **irrevocable trust** that is designed to achieve estate planning goals beyond avoiding probate, such as asset protection, professional management of trust assets, or estate tax savings. In general, a family trust can serve a variety of purposes, so it may be an ideal document for you, depending on your individual circumstances and needs. Some of the benefits include the following: ►



ASSET PROTECTION

A properly drafted irrevocable family trust can be designed to protect trust assets from being attached by creditors or divided in a divorce and serve as a source of funds available for the needs of a beneficiary.

PROFESSIONAL MANAGEMENT

In some cases, a family trust can be designed to designate professional trustees and other trust advisors to manage the trust assets. Professional trust managers include financial institutions, certified public accountants, and attorneys. Designating a professional to the role of trustee may be beneficial because it allows knowledgeable professionals to manage the trust to achieve its intended results.

FLEXIBILITY

Although a family trust is often drafted to be irrevocable to achieve its desired tax or asset protection goals, it can also be created to be very flexible, so it can address changes in the law or family circumstances.

TAX SAVINGS

An irrevocable family trust can be designed to be protected from federal and Maryland estate tax upon the death of the beneficiary. A properly drafted trust can protect the trust assets from being subject to estate taxes.

Your lawyer can help you prepare your will, revocable trust, or family trust based on your particular life circumstances. He or she can offer advice, address your questions or concerns, and provide an objective perspective. To validate your will, you must sign it in the presence of two witnesses. A trust does not have the same witness requirements as a will, but it is a good idea (although not required) to follow the same witness procedure that is required for a will. Like any legal document, you should review your estate planning documents periodically, especially when there are significant changes in your life (new children, grandchildren, business sales, etc.).

Preparing an Advance Directive

Under a Maryland law called the **Health Care Decisions Act**, you can prepare an advance directive, which allows you to specify your preferences regarding health care if you're no longer able to make your own decisions due to incapacity. For your convenience, the Maryland Office of the Attorney General provides forms online at www.oag.state.md.us/Healthpol/. However, you aren't required to use these specific forms, and you may even change them

or use different forms if you wish. (An advance directive may also be prepared electronically if it meets certain technical requirements set forth in law.) Although you can complete an advance directive without the assistance of a lawyer, you may want to consult your lawyer if you have any questions or concerns.

A valuable document for adults of any age, **an advance directive** includes two sub-documents: a **durable power of attorney for health care** and a **living will**. A durable power of attorney for health care allows you to designate a health care agent to make decisions for you. You can decide how much authority your agent has and may select a family member or someone else. Choose someone who knows you well and talk to him or her about what type of medical treatment you would want if you were unable to speak for yourself. Make sure that he or she understands your wishes and is willing to accept the responsibility of making decisions on your behalf. Since this is a very personal decision, choose the person who you feel is best qualified—even if your family may not agree with you.



Unlike a will, which indicates your decisions regarding financial matters, a living will specifies your decisions about medical treatment, including your preferences about life-sustaining procedures, such as the use of a breathing machine or a feeding tube.

Although you don't have to prepare both a durable power of attorney for health care and a living will, it's in your best interest to do so because it makes your wishes as clear as possible. This not only helps your doctors, but it also creates a guideline that further helps your health care agent make decisions on your behalf.

To validate your advance directive, you must sign it in the presence of two witnesses. (If you named a health care agent, he or she may not be a witness.) Since your family circumstances or medical issues may change, you should re-evaluate the document periodically.

In addition to an advance directive, another document that you should complete with your doctor is a Medical Orders for Life-Sustaining Treatment (MOLST) form. This document can be used in conjunction with an advance directive—further ensuring that your wishes are honored—and includes more specific orders regarding life-sustaining treatments as well as a Do Not Resuscitate (DNR) order. Talk to your doctor about the appropriate time to complete this form.

For more information about advance directives or the MOLST form, contact Paul Ballard, assistant attorney general and counsel for health decisions policy, at 410-767-6918.

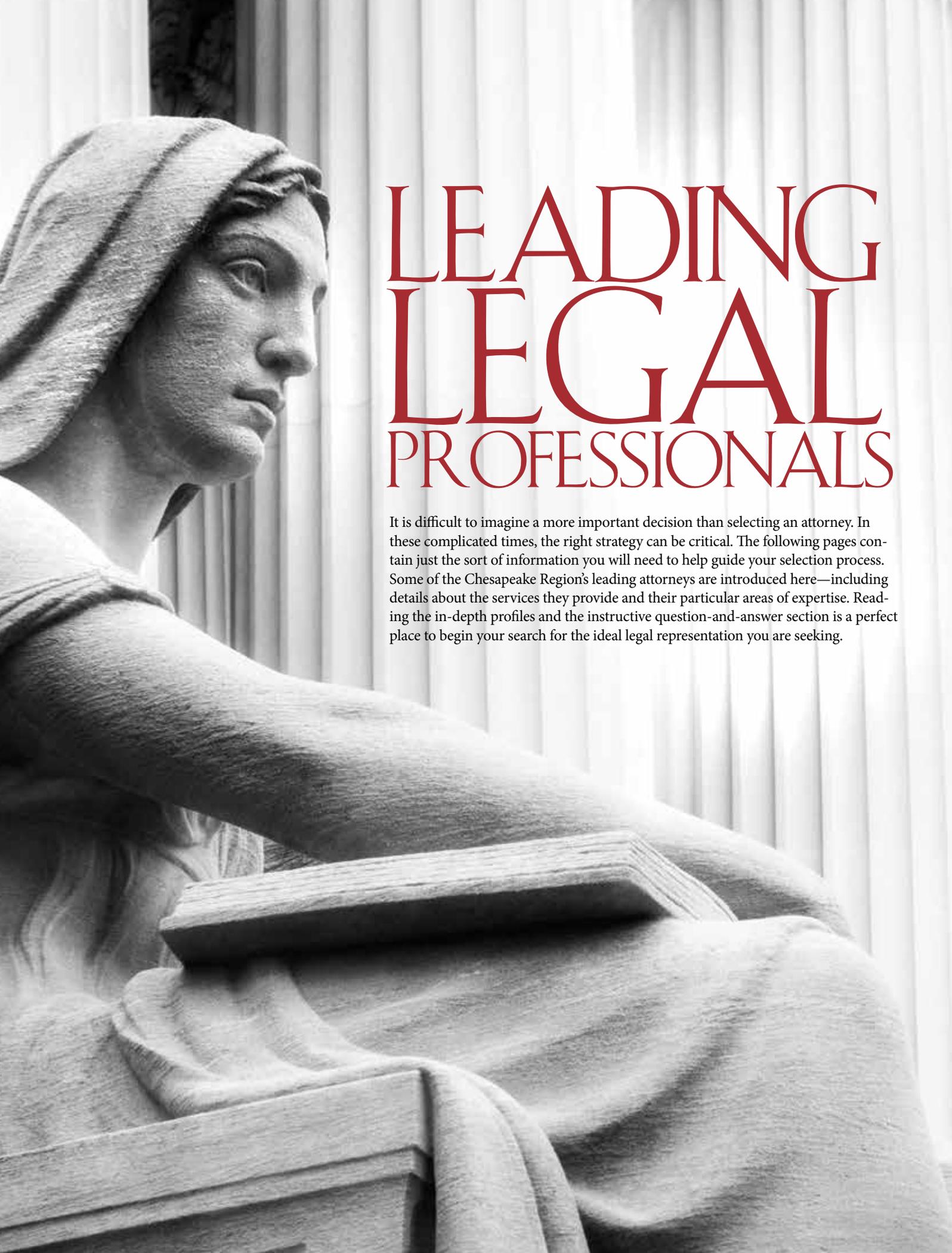


REVOCABLE TRUSTS VS. WILLS

Revocable trusts are increasingly popular as “will substitutes.” Unlike a will, a revocable trust holds your property, and you are your own trustee as long as you are able. At death, it operates quite similarly to a will. The main benefit is that a revocable trust is a better tool for handling your possible disability than a durable power of attorney. Revocable trusts also avoid the state probate system.

	RT	WILL
Disability Planning	✓	
Avoid Probate	✓	
Name Guardians of Minor Children	✓	✓
Avoid Guardians for Self	✓	
Tax planning	✓	✓
Designate Beneficiaries	✓	✓
Provide Trusts for Beneficiaries After Death	✓	✓
Protection From Post-death Court Challenges		

Source: Fred Franke, Franke, Sessions & Beckett, LLC



LEADING LEGAL PROFESSIONALS

It is difficult to imagine a more important decision than selecting an attorney. In these complicated times, the right strategy can be critical. The following pages contain just the sort of information you will need to help guide your selection process. Some of the Chesapeake Region's leading attorneys are introduced here—including details about the services they provide and their particular areas of expertise. Reading the in-depth profiles and the instructive question-and-answer section is a perfect place to begin your search for the ideal legal representation you are seeking.



Franke, Sessions & Beckett LLC

For more than 35 years we have focused exclusively on the law of estates and trusts. Some firms offer, or claim to offer, a wide variety of services to clients. We do not. Our clients benefit because we concentrate on the law of estates and trusts. By concentrating in one area, the firm has developed deep experience and knowledge. Within this practice niche, we handle it all:

- Estate and Asset Protection Planning.** Estate planning is the process of organizing your personal and financial affairs to be prepared in the event of disability and to arrange for the orderly transmittal of property to the client's intended beneficiaries. The key is to fashion a plan specifically designed for our clients' needs and desires. We work with our clients, taking the time necessary to ascertain those needs and desires, and to explore various ways to implement a tailor-made estate plan. To do this, we prepare wills, various types of trusts, powers of attorney, health care directives, and other estate planning documents. The documents can be simple, complex and/or focus on tax planning depending on the needs of the client. We explore the unique circumstances of every client and their planning goals and then tailor the documents to address those needs.
- Estate and Trust Administration.** Estate and Trust administration is the process of winding up a decedent's financial affairs and implementing the plan contained in the will or trust. If a decedent dies without a valid estate plan in place, the estate needs to be settled in accordance with state law. There may be estate or inheritance taxes that need to be addressed. There may be post-mortem planning opportunities involving tax elections, disclaimers, and/or funding decisions that could favorably impact the intended beneficiaries. We prepare all estate and income tax returns in-house so we can offer seamless administration services from beginning to end.
- Estate and Trust Litigation.** We are not a general litigation firm. Rather, we are a fiduciary litigation firm. We handle disputes over the meaning of estate planning documents, arguments involving personal representatives or trustees, and challenges to documents based on lack of capacity or undue influence. We regularly appear before Maryland's orphans' courts and circuit courts. We also routinely handle appeals in Maryland's appellate courts.

“You make the complex issues surrounding estate planning easily understandable for the layperson.”

By handling every aspect of our practice area, we create a synergy that strengthens the handling of each matter. Our approach to planning, for example, is strengthened by our estate and trust administration practice. Our handling of both planning and administration is informed by the lessons learned from our fiduciary litigation practice. Our fiduciary litigation practice, in turn, benefits from our understanding of the substantive issues that arise in our planning and administration practices.

Clients are clients of the whole firm – not just of one lawyer in the firm. This starts from the initial meeting and continues to the end. This collaborative approach, coupled with our involvement in all aspects of estates and trusts law, lets us deliver the highest quality of client services. Our approach leverages the knowledge of seasoned lawyers and staff.

The firm consists of three partners: Fred Franke, David Sessions, and Jack Beckett; and one associate, Deb Howe. Fred is a Fellow of the American College of Trust and Estate Counsel, past chair of the Estate and Trust Section Council of the Maryland State Bar Association, and he has taught at the University of Baltimore School of Law. All three partners have written articles for law reviews or other legal publications and all three present continuing education courses on estates/trusts topics. These activities give back to our profession and deepen and extend our understanding of the law of estates and trusts.

Please visit our website at www.fsbestatelaw.com

“Your careful, team approach made sure we were handling the estate the right way.”



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Iloff, Meredith, Wildberger & Brennan, P.C.

Since its founding in April 1995, the attorneys at Iloff, Meredith, Wildberger & Brennan, P.C. have worked tirelessly to represent victims injured as a result of medical negligence, i.e., medical malpractice. While the firm's primary focus is on medical malpractice injuries, the firm's practice also emphasizes representation of clients injured in automobile accidents and truck accidents.

The firm understands that victims are often unable to afford an attorney's hourly rate. The firm often represents clients on a contingency fee basis. This means that the firm is paid a percentage of a client's recovery as the firm's fee, but that a client does not owe the firm a fee unless a client obtains a monetary recovery. This contingency fee model allows Iloff, Meredith, Wildberger & Brennan, P.C. to represent injured clients who otherwise could not afford to pursue their claims.

Iloff, Meredith, Wildberger & Brennan, P.C. offers clients a potent combination of small firm efficiency coupled with ability and experience in litigating large and complex cases. All of the firm's clients receive personal attention from their attorneys at Iloff, Meredith, Wildberger & Brennan, P.C.

Iloff, Meredith, Wildberger & Brennan, P.C.'s relationships with clients are characterized by confidence and trust. Irrespective of the type, value, or complexity of a given case, the attorneys care about what happens to the firm's clients. The firm's attorneys do their utmost in every case to ensure that justice is done for their clients and to assist clients in achieving the best possible result.

Iloff, Meredith, Wildberger & Brennan, P.C. also believes in giving back to the community. In addition to financially supporting community initiatives, the firm's attorneys regularly donate their time through a variety of charitable and

professional organizations. This commitment has resulted in many honors and awards to Iloff, Meredith, Wildberger & Brennan, P.C. and its attorneys, as well as many leadership positions being held by the firm's attorneys in both community and professional organizations.

Iloff, Meredith, Wildberger & Brennan, P.C. provides potential clients with free legal consultations. Please contact the firm by telephone (410) 685-1166 or online to discuss how its attorneys may be able to provide assistance. Please visit Iloff, Meredith, Wildberger & Brennan, P.C.'s website, www.ilimer.com, to review a more complete description of the firm's practice areas and to view individual attorney profiles.

Iloff, Meredith, Wildberger & Brennan, P.C.

Patriots Plaza, Suite 201-203
8055 Ritchie Highway
Pasadena, Maryland 21122
410-685-1166



John Leo Walter, *Esquire*

Mr. Walter—how does it feel to be voted an outstanding litigator on the Eastern Shore?

It is very humbling—I have a deep respect for all of the attorneys that practice here on the Shore; I am very fortunate and privileged to work with so many fine talented lawyers—to be recognized as “outstanding” by my peers is a profound honor.

Can you explain to the readers what a litigation attorney is?

Yes. A litigation attorney is a lawyer that focuses primarily on courtroom trial work. A litigation attorney defends and represents Plaintiffs and Defendants in the Maryland Court system. Under the category of litigation, there are sort-of subcategories, so to speak, lawyers that focus on certain areas of the law. For instance, some lawyers do family law; some do real estate. My firm focuses mostly on criminal and traffic defense—as well as personal injury cases (serious auto accidents, medical malpractice, premises liability, etc.) and breach of contracts.

What makes a good trial lawyer?

Preparation and client communication. With regard to preparation, I always think back to the advice a very senior Circuit Court Judge—whose name shall remain anonymous—gave me during one of my first jury trials almost 20 years ago. He said, “counselor: always remember, when you prepare for trial you should always come to court with a belt & suspenders.” I’ll never forget it; in essence, the Judge was saying always be over-prepared—but now that I think about it, maybe he was telling me that I don’t want to get caught with my pants down?

As for client communication, a happy client makes for a better trial. If your client is well informed and understands what’s going on—meaning the lawyer tells the client all of the possible ups and downs and ins and outs of the case—the client will undoubtedly be more comfortable in Court and the trial usually goes pretty smoothly. I am of the opinion that if you keep your client informed of all the potential outcomes (good and bad) the client will be happy...and so will the lawyer.



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www.JohnLeoWalter.com



George R. Roles

Experienced Eastern Shore Attorney

When it comes to DEBT RELIEF we know the lay of the land

Financial pressures are certainly mounting nowadays, and if you're like most people, they have been for some time. Making the decision to file a bankruptcy case can be devastating. You may be the kind of person who doesn't want to give up, wondering how you ever got into the situation you're in. Here at my law firm, we care, we empathize with you, and we will treat you with the utmost compassion and understanding. **We know the lay of the land** in debt relief, bankruptcy, and debt settlement. Receptive and responsive, you will never feel alone during the proceedings. You will always receive personal service and quality advice. We are very proud to have helped thousands of people along the way.

Insolvency means that your debts cannot be paid when they are due or that your liabilities are greater than your assets. **It does not mean that you are poor, broke, or stupid. Bankruptcy is not a crime, fraud, or a way to scam your creditors.**

We help individuals and families get a fresh start. Our business practice will help put your company back on the right track whether it's small scale or very large. We are experienced, respected, and focus a very large part of our practice on bankruptcy, restructuring, and debt relief. We have the savvy to get you, your family, or your business **out of the weeds of financial distress**. Bank-

ruptcy is often the quickest and most certain way to clear the bluster in your financial life. Folks are often surprised at how fast relief comes, and how speedy the credit recovery is.

If you need help, or even if you are unsure that you do, give us a call. George Roles knows that every case is different, no two families are the same, and each company is unique. George will meet with you in person for a complete case evaluation at no charge. Call us, we understand.



George R. Roles Attorney and Counselor at Law

101 South Commerce St., First Floor
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We are a debt relief agency. We help people file for bankruptcy relief under the Bankruptcy Code. All of the benefits and services we offer related to Bankruptcy are with respect to Bankruptcy relief under 11 U.S.C. § 101, et. seq.



Shipley Law Firm

The Shipley Law Firm was founded in 2004 with a focus on litigation, including criminal and traffic defense, motor vehicle law, Department of Natural Resources violations, and complex civil disputes. Stephanie A. Shipley, founding member of the Shipley Law Firm, has been serving residents of the Eastern Shore and throughout Maryland for over twenty years. Recognized year after year by her peers as a “Leading Lawyer,” *The National Trial Lawyers’* “Top 100,” and *Super Lawyers* 2018-2019. Stephanie is known for aggressively defending her clients and personally handling all aspects of her cases. She has tried over 150 jury trials throughout the State and has handled more than 1,500 district court cases.

The Shipley Law Firm expanded its practice and legal representation in 2017. Former prosecutor Jesse F. Hicks joined the Shipley Law Firm after serving several years as Assistant State’s Attorney for Dorchester County, Maryland, including special appointments to the Attorney General’s Task Force on Environmental Enforcement and the Attorney General’s Task Force on Organized Crime. Jesse is a tenacious and passionate trial attorney and his experience as a prosecutor is uniquely valuable when defending clients. Born in Ridgefield, Connecticut, Jesse moved to the Eastern Shore with his wife after law school and started a family. Before joining the prosecutor’s office, Jesse served as law clerk to the Honorable Paul M. Bowman, Circuit Court Judge for Kent County, Maryland.

When not working on behalf of their clients, the lawyers at the Shipley Law Firm are active leaders and counselors who continue to give back to the community. Both Stephanie and Jesse volunteer time, funding, and talent to local organizations, including Character Counts, Mid-Shore Pro Bono, Habitat for Humanity, the Women and Girls Fund, Special Olympics, the Maryland Bar Foundation, and service on many nonprofit state and local boards.

The firm’s attorneys are first and foremost trial lawyers, able to handle every aspect of complex litigation, working with their clients to develop strategic defenses from first meeting to verdict. Preparation, communication, personal

attention, and collaboration are the keys to ensuring every client of the firm is represented effectively and thoroughly throughout the legal process.

Principal Partner Stephanie A. Shipley is licensed to practice law in the States of Maryland and Florida, practicing in both State and Federal Courts. Associate Attorney Jesse F. Hicks is licensed to practice law in the States of Maryland and Connecticut. The Shipley Law Firm is conveniently located across from the Circuit Court for Talbot County on Dover Street in downtown Easton. Please visit their website and find them on Facebook under The Shipley Law Firm page.



Super Lawyers



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Stavely & Sallitto Elder Law LLC

Catherine Stavely and Elena Sallitto are two of the most experienced and knowledgeable Elder Law Attorneys in the State of Maryland. They joined forces in 2018 and now offer their combined thirty plus years of experience to seniors and their families and to those with disabilities. Leaders in their field, both attorneys are highly skilled and are respected by colleagues, health care professionals, clients, and government officials with whom they often interact. Each client receives individual attention, tailored to their particular needs.

The firm mission is to empower seniors and those with disabilities to manage the complex field of health care, at home, in assisted living communities, or in skilled nursing facilities. Both attorneys are well-versed in the Maryland Medical Assistance/Long-Term Care Program and various Waiver Programs which help cover these care costs, as well as managing assets to enhance the lifestyle of those with disabilities while preserving disability benefits, health insurance, and treatment options.

They offer guidance on medical decision making and financial management tools such as Power of Attorney documents and Guardianship proceedings. Both attorneys have served on the Maryland Advisory Council on Quality Care at End of Life, both are past Chairs of the Elder and Disability Rights Section Council of the Maryland State Bar Association. Both are active members of the National Academy of Elder Law Attorneys, Ms. Stavely as a past President of the Maryland/District of Columbia Chapter, and Ms. Sallitto as a Certified Elder Law Attorney through the National Elder Law Foundation, one of only seven in Maryland. Ms. Sallitto is accredited by the Veterans' Administration to advise those who are applying for disability benefits. The firm strongly supports hospice and palliative care programs. Both attorneys actively work with the Maryland Legislature on issues impacting their clients.

Ms. Stavely is a graduate of University of Baltimore Law School, George Washington University, and Western Maryland College. She is a life-long Marylander, a serious sailor, and enjoys leisure activities on the Chesapeake Bay and beyond.

Ms. Sallitto is a graduate of Catholic University Columbus School of Law and Georgetown University. She is also a fan of the Chesapeake Bay, an accomplished horsewoman and has recently settled just a few blocks from the water. She is licensed in New York, Connecticut and the District of Columbia, and Maryland.



STAVELY & SALLITTO ELDER LAW, LLC

Empowering the Elderly

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Fisher Law Office

Corporate and Estate Planning for Individuals, Families, and Businesses.

The Fisher Law Office has represented clients on the Eastern Shore since its inception in 2004. Randy Fisher brings a knowledge and understanding of business and estate planning and the resulting need for privacy about one's affairs to the practical side of providing legal advice.

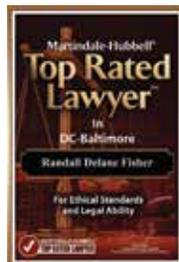
"Our firm has been blessed to work with clients everywhere from Kent Island to Ocean City. We pride ourselves on helping everyone from the individual to the complex family business. We have seen businesses that range from family farms to garage-tech start-ups to multimillion-dollar operations. We also give individualized attention to clients who seek our help on estate planning and asset protection. We know better than most that the one constant in life is change. Our mission is to help our clients cope with change in its many forms in order to take care of the two most important things in their life—everything they own and everyone they love."

Estate Planning. In estate planning, the Fisher Law Office provides essential estate plans for small, medium or large families. "A well-designed estate plan should provide for loved ones by avoiding or significantly reducing probate at death and reducing or eliminating death taxes. That plan should also avoid guardianship during your lifetime and eliminate unnecessary delays and publicity." The entire firm, including Mr. Fisher and the staff, takes time with each client to understand their goals, family, and financial situation and to carefully explain the most advantageous options and strategies. "We have learned the hard way that no one can prevent the changes that life can bring. Our goal is to help clients have the peace of mind that comes from knowing that they have planned and provided for themselves and their families when that change comes."

Estate Administration. When that change finally does come, administering an estate or trust can seem to be an overwhelming task. Although most estates run smoothly, others involve family conflict, IRS disputes, or other challenges. The Fisher Law Office makes the job more manageable by assisting you in every facet of the process.

Asset Protection. Growth, a well-chosen opportunity and financial success sometimes comes with a dark-side risk. The Fisher Law Office can provide diverse options for clients who have had this success by guiding them on choices on asset protection. This is often a priority of medical, legal, financial and architectural professionals who own their own practice, as well as other business owners who are concerned they may become an attractive target for lawsuits. The firm works with clients to create a plan that insulates family assets and reduces the risk of loss from potential liability. "There are multiple options, from husband and wife irrevocable trust choices to more complex domestic asset protection trusts for higher wealth individuals to eliminate the threat of most lawsuits by removing the claimant's economic incentive to sue."

Randy Fisher is a member of WealthCounsel, a national network of more than 1,800 estate and financial planning practitioners who collaborate on best practices and changes in the law. Mr. Fisher began practicing law in Washington, D.C., in 1988, and opened his Annapolis practice in 2004. In 2019, Mr. Fisher was again honored with an AV rating, the highest possible rating for legal ability and ethical standards for twenty-three consecutive years by Martindale-Hubbell, the legal profession's leading peer review organization.



FISHER LAW OFFICE

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McAllister, DeTar, Showalter & Walker



(Front row, left to right) Ryan Showalter, Johnny Gilman, Sarah Baugh and Doug Walker (back row, left to right) Adam Lynn, Demetrios Kaouris, Vince Dongarra, Sandy McAllister, Brendan Mullaney and Rad DeTar. Not pictured: Kirby Callaway and Elysha Carouge.



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Duke Law, LLC



Duke Law, LLC was formed in 2012 in historic downtown Chestertown, Maryland by Pamela L. Duke, Esquire. In 2017, the firm added an associate attorney, Bridget M. Mahoney, Esquire who brought a depth of estate and trust planning with her to the firm. The firm is supported by a part-time administrative assistant.

The firm's goal is to provide the highest quality legal services to the citizens of the Eastern Shore. The practice focuses on real property law, real estate settlements, riparian rights, business and non-profit formation, family law, coastal and environmental law, criminal law, and trusts and estates. Ms. Duke is often appointed to represent children whose families are involved in the legal process. Ms. Duke is also a licensed civil mediator with certificates in child access and marital property. Duke Law, LLC is affiliated with Old Republic National Title Insurance Company as a Title Producer and assists the firm's needs during real estate settlements.

Community service is a core principle of Duke Law, LLC. The attorneys are enthusiastic supporters of Kent County's non-profits, serving on the Board of Directors for several organizations within the community. Ms. Mahoney is a graduate of Washington College and Villanova School of Law and is an active member of the Pro Bono Family Law Clinic. Ms. Duke is a graduate of University of Delaware and University of Baltimore School of Law; she serves as Chestertown Town Ethics Commission Attorney.

Duke Law was formed with the belief that civility should be the hallmark of the legal profession. Conflict is inherent in legal work but is not an excuse to treat others, including opposing counsel and parties, in a way that undermines the fabric of our community.

217 High Street, Chestertown, MD 21620 | 410-778-2828 | www.dukelaw.org



Q: What should I do if I get into a car accident?

A: If you are involved in an auto accident it is very important to (i) call the police; (ii) exchange information with the at-fault driver getting insurance information, driver's license

number and tag number (with the advent of smart phones — it is super easy to simply take pictures of all of these things); (iii) take a picture of the property damage and the location of the accident; (iv) seek medical treatment, and (v) contact a lawyer.

JOHN LEO WALTER, ESQUIRE
Eastern Shore Legal®



Q: Will my bankruptcy appear in my credit report and how will it affect me?

A: A Bankruptcy will appear in your Credit Report for up to ten years BUT will typically discharge all your debts, leaving you debt free and with a much better score than

you had. Where you then make timely payments, you can usually receive new credit within 10 months after a discharge and obtain a new Mortgage 24 months after discharge. Lenders make loans based on credit worthiness more than any other factor. There are exceptions, but you will probably have little difficulty in re-establishing credit.

CAMI RUSSACK
RLC Lawyers & Consultants



Q: Why might I use a revocable trust?

A: A revocable trust is a legal device that is used in planning for physical or mental incapacity as well as estate planning. It is an extremely effective way of designating someone else—often a family member, friend, or financial

professional—the ability to step in and manage assets on behalf of someone who needs assistance. However, revocable trusts are not uniquely useful for tax or public benefits (i.e. Medicaid) planning. In many cases, other estate planning documents such as wills or powers of attorney will be sufficient. Each person's situation and asset structure is unique, and no single type of document or estate plan works well for everyone. Nevertheless, a revocable trust can be an effective estate planning tool in many situations.

JACK BECKETT

Franke, Sessions & Beckett LLC



Q: Why is it important to understand the different types of custody before beginning a custody case?

A: Many people don't realize that there are two types of custody: legal and physical. Legal custody refers to the

power to make major decisions for a child, such as religion, health care, and education. Physical custody refers strictly to where the child will live. Once custody is established, it can only be modified if or when a significant change occurs making a new order in a child's best interest. Before going to court or signing an agreement, it is important to contact a family law attorney who can help you make informed decisions about this complex area of the law.

PAMELA L. DUKE, ESQUIRE

Duke Law LLC



Q: What Asset Protection Laws are available in Maryland?

A: In Maryland, an "inter vivos QTIP trust" can now be used for asset protection. Under this new law, one spouse may create a trust for the other spouse but retain the right to

receive income or principal back if the donee spouse dies first. The rules are very precise, but if followed carefully, the trust is not subject to the donor's creditor claims. For example, a high-risk spouse could create this trust for a low-risk spouse with spendthrift provisions and fund the trust with nonretirement assets.

RANDALL D. FISHER

Fisher Law



Q: Is my home at risk if I need nursing home care?

A: A common myth about nursing home care is that a government agency or the skilled nursing facility will 'take' your home. This is FALSE. You may own a home and qualify for help

in paying care costs under certain, very specific conditions. Medical Assistance/Long-Term Care provides coverage for nursing home care beyond rehabilitation when the resident meets medical and financial criteria. An elder law attorney is crucial to manage the application process and protect the nursing home resident as well as their family.

CATHERINE STAVELY

Stavelly & Sallitto Elder Law LLC



Q: How do I determine if I am an employee or independent contractor and if I am entitled to overtime pay?

A: The legal distinction between an employee and an independent contractor is important for a variety of reasons to both employers and workers, including the

entitlement to overtime pay, and there are many factors to consider, since even a written agreement calling a worker an independent contractor may not be, by itself, enough to make a worker an independent contractor. If the worker is considered an employee, additional factors determine whether the employee is non-exempt (entitled to overtime) or exempt (not entitled to overtime). Given the potential consequences of non-compliance, it is essential to seek the advice of an employment attorney.

JOHNNY GILMAN

McAllister, DeTar, Showalter & Walker



Q: Beyond criminal penalties, what sanctions can be imposed by the Motor Vehicle Administration if I have been charged with a drinking and driving offense?

A: The MVA may impose several different sanctions on an individual who has been arrested for driving under the

influence of drugs and/or alcohol. These can include suspending a person's driving privilege from six months to two years depending on your blood alcohol content and/or refusal of an intoximeter test. An individual can also be ordered to equip their vehicle with an ignition interlock device, commonly known as a "blow-and-go." The administrative process is extremely complicated. Competent legal counsel is required to navigate through the intricacies of the MVA and, ultimately, help you obtain a positive outcome.

JESSE F. HICKS

The Shipley Law Firm



Q: If I file a bankruptcy case, can I keep my house and car?

A: The quick answer is almost always. Congress established the current Bankruptcy Laws in order to provide honest debtors with a fresh start. Most folks would not have much of a fresh start if the bankruptcy process resulted in the loss of the most important

assets like the place to live and the way to get back and forth to work. So, whether we use the tools in Chapter 7, 11, 12, or 13 of the Bankruptcy Code, there are provisions in place to help almost every person keep those assets that are the most important. It is true that every case is different, and not every home or car can be saved, but the law can provide nearly every family/person some way to save these assets in a bankruptcy case. We are happy to evaluate your case free of charge. Just give us a call.

GEORGE R. ROLES

Attorney and Counselor at Law



Q: What is a Will?

A: A Will is a legal document that provides for the distribution of property owned solely by you at the time of your death in any manner you choose—subject to a few laws like disinheriting a spouse.

A Will does not govern assets that pass outside of probate like jointly owned property, life insurance, or IRAs that have survivorship or beneficiary designations. A Will designates who you want to wind up your affairs. It also names the individuals, charities or trusts, that receive your assets. If you have minor children, it is important to name guardians for them in a Will. A Will is your personal plan how you want your assets distributed at your death. It should be tailored to your specific situation.

DAVID E. SESSIONS

Franke, Sessions & Beckett LLC



Q: Why should I use an attorney to prepare my Will when I can create my own Will using an internet service?

A: Various internet services certainly provide an opportunity to create your own Will. However,

in many instances, when using such a service, unintentional mistakes will occur. If the mistake is revealed after your passing, your heirs could end up spending thousands of dollars in legal fees to rectify the mistake. Creating an estate plan that accomplishes your personal estate planning goals is very important. An attorney can help you to understand all relevant laws, including applicable tax laws, with the ultimate goal of creating a customized estate plan that works for you.

MARIA WORTHINGTON MCKENNA

Partner, Council Baradel



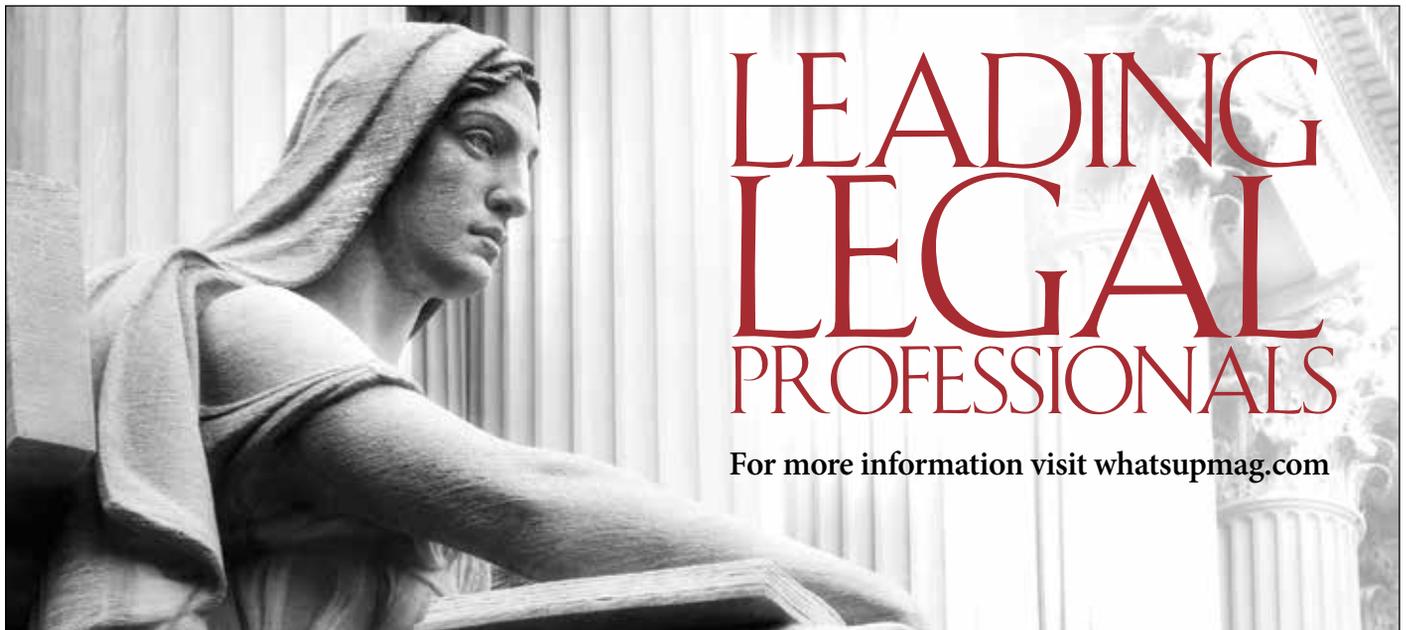
Q: Why is it important to seek advice from an attorney as soon as possible about a potential claim?

A: Memories are generally more accurate when fresh and tend to fade over time. If you consult with an attorney promptly, there is a greater likelihood that you will remember more facts and will be

able to provide the attorney with more details regarding your potential claim. Many, if not most, cases also involve documents, electronically stored information, or other objects or things that can be used as evidence if claims are pursued. Prompt consultation with an attorney increases the possibility of preserving evidence that might otherwise be lost or destroyed. Prompt consultation with an attorney is also important because lawsuits asserting claims also must be filed within time limits established by law, and failure to file within the applicable time limits prevents recovery of damages.

KATHLEEN HOWARD MEREDITH

Iloff, Meredith, Wildberger & Brennan, P.C.



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Boca Raton | Easton | Annapolis

Maryland's Bankruptcy Counsel

RLC's Bankruptcy and Restructuring practice is experienced, respected and specifically focused on debt relief, bank negotiations and when necessary, to help you gain all the Protection in Bankruptcy. Our Corporate practice can help your business succeed. Whether it's a new company, a large scale purchase, contract negotiation or insolvency, we have the expertise to help you.

We understand that no two people are the same, and so, we treat every client and every case as the unique situation that they are. We take the time to listen and hear the details of your situation and understand how much you depend on good communication from us, and that's why RLC is committed to call returns. We know that a good attorney acts as a true advocate for their clients and we know what it takes to assume the crucial role of assisting you in keeping your financial footing.

**BUSINESS
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Galloping

TOWARD
PURPOSE
& PRIDE

Talisman Therapeutic Riding continues to expand equine therapies and discovery programs

By Diana Love Photos by Wayne Zussman

Arriving at Talisman Therapeutic Riding on a bitterly cold and wet January day, wind gusts seemed to blow right through me, straight to the core of my bones. Having grown up on a farm in central Washington state, I was prepared for this sort of cold. Ready for the cool of the stables, the wet mud of the fields and driveways, I showed up wind-proofed, water-proofed, and excited to spend an afternoon with horses. What I wasn't prepared for were the waves of emotion I would feel as I drove away from this remarkable property, a passion project of founder Anne Joyner, her dedicated partners, and Talisman's supporters.

Joyner is gracious. She pulls you into her circle, her community, with open arms and unlimited welcome. She is tirelessly dedicated to a cause; in fact, it is a cause that tangibly and forever changes lives. She pairs the wounded or disabled individuals with horses; 2,000-pound animals with the mystical ability to relate to humans, to communicate, and to help heal.

Hippotherapy, or the use of horses in the treatment of all sorts of maladies, has existed for thousands of years, with the earliest known references appearing in Greek writings. Formalized hippotherapy has been popular in Europe and the U.S. for decades. It became a recognized treatment in America in the 1960s with the founding of the Community Association of Riding of the Disabled (CARD). In 1969, the North American Riding for the Handicapped Association (NARHA) was launched. In 2011, NARHA changed its name to the Professional Association of Therapeutic Horsemanship (PATH) International. Today, PATH serves as a reputable advocate for hippotherapy in a clinical setting and as a resource for member accreditation, therapist certification, and continuing education. Through members like Talisman Therapeutic Riding, PATH has helped more than 62,000 children and adults,

including more than 4,000 veterans, find healing and a sense of independence.

Hippotherapy has come far since its mid-century beginnings. Now, it is a recognized form of treatment for emotional, physical, and learning disabilities. The military branches frequently turn to hippotherapy for treatment of wounded warriors, and insurance companies are increasingly willing to consider horse therapy for illnesses ranging from obesity to paralysis.

At Talisman Therapeutic Riding (TTR), Joyner has built a program that started with just one horse and one rider. Seven years later, her team has volunteered 8,000 hours of lessons and maintains a stable of 12 horses. Originally located on a 10-acre leased property with just a small barn and riding area, TTR now boasts a 16,000-square foot indoor arena, a large outdoor arena, and a network of trails throughout 28 acres of farmland the foundation purchased in 2017. "The purchase of our current home meant that we could build a welcome center, and finally have hot water, bathrooms, beautiful stalls, and even a laundry," Joyner says.

Despite the mud and muck, my visit to TTR revealed a facility that was built for a love of horses and is now maintained for the love of horse therapy. In the past two years, Joyner and the TTR board have supervised the renovation of the indoor arena and grounds to repair structures and install clinical equipment. This was no easy task. Without the help of local contractors, it would not have been possible for a small, Eastern Shore organization that had recently committed to a mortgage. "When I walked onto the property, it had been vacant for two years," Joyner recalls. "The barns were not in great shape. We had a lot of cleaning and sprucing up to do."



But TTR's board members and donors visited the new property and, according to Joyner, were instantly mesmerized by the property and unfazed by what lay ahead. In fact, they were inspired. "100 percent of our board, our donors, and especially the Kudner Family Foundation were on board with making the property the best therapeutic riding center it could be."

Many donors stepped up to help. A local welder provided a custom metal ramp so physically disabled patients can maneuver on to the horse, even from a wheelchair. Lundberg Builders helped build the new welcome center. Several electricians discounted their work so the farm could have heat and power for the first time. Chaney Enterprises donated construction materials, as did several more. "Nothing here at Talisman only happens through the small staff or board of directors," Joyner says. "It all comes about through a community of people who believe in what we're doing."



"100 PERCENT OF OUR BOARD, OUR DONORS, AND ESPECIALLY THE KUDNER FAMILY FOUNDATION WERE ON BOARD WITH MAKING THE PROPERTY THE BEST THERAPEUTIC RIDING CENTER IT COULD BE."

—Anne Joyner

Talisman Therapeutic Riding's staff, volunteers, and clients demonstrate riding lessons and program offerings during a recent open house event at the organization's Grasonville facility.

It's this sort of community activism that has helped Talisman grow into an organization with several keystone programs. The Young Adult Therapeutic Riding (YATR) program helps individuals with health conditions such as stroke, multiple sclerosis, diabetes, obesity, and other life-limiting conditions. TheraPony is for children with cognitive and physical disabilities including cerebral palsy, autism, severe brain trauma, muscular dystrophy, and numerous genetic disorders. Heroes On Horses works with the Veterans Administration, Patriot Point, Warrior Events, and other federal and local programs to serve veterans of all wars





and first responders injured in the line of duty with physical limitations or with post-traumatic stress disorder.

Major Robert “Bobby” Charles, United States Army, retired, has always been one to seek out adventure. He’s been a science teacher, a director of Outward Bound programs, a mountaineer and ski patrolman, and a nurse. At 52, when the United States went to war in Afghanistan, he signed up and deployed as a combat medic. He told leadership that he didn’t join the military to set up tents on the weekends. “I went there to save someone, to bring back someone’s baby,” Charles says. “A lot of bad came out of that, but a lot of good, too.”

When he returned from Afghanistan, Charles spent three years at Walter Reed, fighting physical ailments and a diagnosis of PTSD. “My combat wounds were from the boom booms and the bang bangs—the things you’ve seen and done that you shouldn’t have to see and do,” Charles says. “I began to retreat from everyone and everything. I was sitting around, alone, and isolated myself.” A physical therapist asked him what he would most like to do if he had no limitations. He had always wanted to learn how to ride a horse, so he threw the idea out to her. Perhaps nothing would come of it. Fortunately, the therapist had heard about TTR. She sent Charles on a path of therapy that has changed his life. Charles has moved on since his years

at Talisman but has effusive thanks for Joyner and the horses. “I love Anne Joyner,” Charles says. “She’s helped me so much, she really pushed me. Anne understands that the horses help you step out of a zone, which you think is your comfort zone, but is really a protection zone, a shield around yourself.”

“PTSD is an injury to the brain,” Charles adds. “It is not a weakness. It is an injury caused when our brains have crossed the wires of humanity. You know, you are programmed to be a human and then you experience something that is inhumane, and it messes your wires up. It’s a special problem that deserves a special approach. Horses were, for me, an ideal approach.”

Allan Holloman also participates in the Heroes on Horses program. A veteran of the Vietnam War, Holloman found TTR through a Multiple Sclerosis support group at the Kent Island library. “When I first went to Talisman, I wasn’t sure what I could do,” Holloman says. “I mean, I have MS and I am in a wheelchair. But when I saw how riders sit with their back straight on a horse, how the chin is perpendicular to the neck bone, I saw how it could help.” Holloman visits TTR for trail rides about once each week and says he will continue to do so as long as it helps. “I can’t answer the question of what makes me feel better after riding. Is it the confidence I feel? The muscle strength I’ve gained? Is it posture or the horse working with the rider or is it



Thanks to generous donor support, in the past several years Talisman Therapeutic Riding has been able to purchase adjacent acreage to build new stables and an indoor riding ring.

simply the sense of mobility I have on the horse? I don't know. I ride a horse and it does wear me out. But I can rest and relax and gain some strength in myself to be strong enough to get on my own two feet and walk for half a day."

Charles and Holloman may not know precisely how the horses contribute to their therapies; nevertheless, they are keenly aware of the mysterious

connection between horses and humans. "Horses seem to have the patience to know that healing is a long-term game, that it's not an immediate fix, and that they can help. They really are intelligent animals that can lift our spirits and speak to us," Holloman says. "There is no pretension with a horse," Charles says with a laugh. "It's never going to lie to you or let you down. Horses are predictable, reliable, and trustworthy. There is no nuance: the horse is more sarcastic than you are and the horse's awareness and behavior is a mirror of your own thoughts and behaviors."

As Joyner and the TTR board look to the future, they remain dedicated to offering therapies for folks like Charles, Holloman, and the dozens of other riders who come to the stables for comfort and healing. But that commitment to serving others comes with a bottom line. "You can't make a good business case for therapeutic riding," Joyner says. "Equine work is very expensive, and we are working with people with special abilities in a clinical setting."

Then there is the cost of the horses. The price of hay has doubled, there are veterinary bills, shoeing bills, and special dietary supplements. Hippotherapy at TTR costs about \$500 for an eight-week session. More than 85 percent of riders seek financial assistance. Writing grants, finding contributions, and stretching dollars are the labor of love Joyner and the board do every day as they try to help patients in need. As TTR seeks to expand treatment options as well as accessibility for more patients, they are also thinking about how to best use their beautiful facility. "We serve an incredibly broad population, from tweens and teenagers at risk to kids being bullied," Joyner says. "We are working with obese patients and with folks who are paralyzed. As we look at all the areas where hippotherapy might be appropriate, we also look to expand community links and partnerships, whether that



is with insurance providers, Veteran's Administration and the Department of Defense, corporations, and nonprofits."

TTR's vision is to continue to expand services to individuals who can benefit from the holistic healing nature of horses by reaching out to more people from more counties across the state. That goal includes building a retreat cottage on site that

would be used in strategic alliances, for example with the Maryland School for the Blind, wounded warrior groups, various autism advocacy organizations, and others that could use the center for overnights. TTR is also solidifying their certification as a Horse Discovery Center by the State of Maryland, a move that will help bring folks who love horses, but don't necessarily need therapy, to the farm. Joyner would like to see community groups enjoy a "Day on the Farm" as a team-building activity. She envisions this as a day of service around the grounds, meeting the horses, and then a BBQ dinner to wrap it all up.

TTR is preparing to launch a Phase Two Capital Campaign to raise \$1.2 million that will help achieve this vision. "The outdoor arena needs work, there are a couple of leaks in the indoor arena. Our capital campaign helps enhance our ability to accommodate groups and expand programs," Joyner says.

As TTR looks to the future, it's hard for me, as a new visitor, not to look at the organization's history without an upwelling of inspiration and hope. For TTR to come so far in so short a time, for a small group of people guided by a mission to help others, and to have touched so many lives so tangibly is beyond remarkable. If the intent or goal of our humanity is to generate and perpetuate joy, to help heal the maladies and alleviate the evils that may befall our children, our soldiers, our friends and community, to provide comfort in moments of despair or pain, then Anne Joyner and Talisman Therapeutic Riding are indeed living their purpose.

If you want to help TTR further their mission, please visit their website talismantherapeuticriding.org and consider giving of your time, talent, or resources.



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May 4th, 2019

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Man Caves and Lady Lofts

WHEN IT COMES TO CREATING A SPACE ALL FOR YOU—OKAY, AND MAYBE YOUR FAMILY AND FRIENDS—POSSIBILITIES ARE ONLY LIMITED BY YOUR IMAGINATION

By Diana Love

The idea of carving out space in the home to make a solitary place your own is not new. Whether it's a man cave, a lady loft, or a basement refuge, the fact is that humans naturally crave a space to retreat.

For decades, these sorts of personal spaces were a luxury relegated mostly to the husband and kids. The men had garages or work sheds, and the kids had the rec room. Moms got the laundry room, or if they were fortunate, a small space for sewing, arts, and crafts.

Things have changed. Modern homes showcase multiple spaces for each family member to make his or her own. These might be attic lofts, nooks under eaves, spare bedrooms, basements or retrofitted outbuildings.

The latest architectural and decor trends make these spaces more sophisticated, stylish, and convenient than ever before. In fact, contemporary decor and technology options may just make your personal space the most unique and popular room in the home. Importantly, updating your home to reflect these trends may contribute significantly to the value of your home.

PROPRIETARY DECOR

The man cave and the lady loft are defined and characterized by the individual who uses it most. Let your hobbies, interests, and passions determine not only how you use the space, but also how you decorate it. Start with a design theme. This could be a color or shape, a genre of music, a moment in time, an item you cherish, your favorite TV show, or even a geographical place you



SOURCING DECORATIVE ELEMENTS

With the advent of big box decor stores like Great Gatherings, Home Goods, At Home and HomeSense, you can find affordable accessories to match your lifestyle.

Boutique shops like Third Eye Comics, Local by Design, Annapolis Maritime Antiques, Wimsey Cove, and Here, A Pop Up Shop might have specialty items that appeal to you.

Other places to find goods that may contribute to your theme are antique stores and consignment shops, both on the street and online.





DECORATING THE MODERN MAN CAVE

Bronze tones in furniture and accessories

Use of wood: live edge furniture and accessories, reclaimed mantels, wooden shiplap walls, turned wood accessories, wood floors

Wallpaper

Painted ceilings

Cork tile floors

Custom colored engineered floors

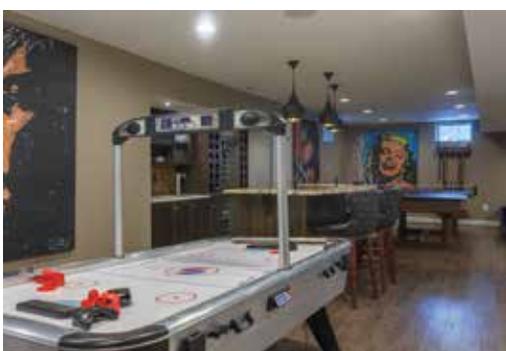
Lighting is directional and intentional, whether on a track, recessed or through fixtures like sconces and chandeliers.

Custom pool and ping pong tables, pinball machines and patio games

Custom Closets and Shelving

Sound Proofing, Integrated Surround Sound, Fully Stocked Bars

Sectional Couches instead of arm chairs



↑ This Annapolis basement Man Cave features fine art, reclaimed barnwood, integrated surround sound system, and a custom built fully stocked bar.

↑ This home's basement was taken over by his wife and children, so the owner decided to retrofit the garage. He needed a space to house his new car, sports gear and various household items. He wanted counter space for tinkering and a lounge area where his could enjoy the company of his children, neighbors and friends. California Closets designed custom floor-to-ceiling cabinets to accommodate small household appliances and tools. They also installed a bike rack. Built in cabinets house multimedia technology, a drink cooler and dishware. A local heating and air conditioning company installed the ductless HVAC unit that manages temperature and humidity all year long, making this a true indoor/outdoor, multi purpose retreat.



love. Your design theme will set the mood for you and your guests, so consider it carefully. Think about how to incorporate that theme into your space in both practical and whimsical ways.

If you have an idea for a theme but are at a loss as for how to shop or use particular elements, consider an interior decorator. Not only do they have access to items not available in stores, but they also have the expertise for custom builds, sizing, placement, and value.

TECHNOLOGY

There is the valid argument that technology is taking over our lives. But if ever there was a place for you to master the medium, it's in the man cave or lady loft. If you can connect it to your electrical panel or manage it from your phone, just about any form of technology is available to make time in your oasis both relaxing and well spent. Apps are available to turn on lights, control the temperature, mechanize shades and curtains, and of course to order take out.

Technology drives not only the look and feel of a room, but certainly the convenience. Voice control systems, surround sound, media devices, gaming consoles, gaming sofas, and chairs, or safes and home security are all technology-driven trends in electronics and entertainment. For help with advanced technology, turn to a savvy builder, electrician, interior decorator or to services like the Geek Squad from Best Buy.

SOUNDPROOFING

If the idea of a retreat is to make it 100 percent your own, you might consider sound proofing. Doing the walls and ceilings can save the rest of your home from the roar of the TV, the yelling of avid sports fans, competitive ping pong players, and the clatter of video games. A good builder can help you choose the best soundproofing option for your needs. Many are not expensive nor complicated.

A CLEAN LOOK AND PLENTY OF STORAGE

The modern cave, shed or loft offers plenty of light, lots of storage, and very little clutter. This is possible even in small spaces. Out goes wall-to-wall carpeting, plastic storage bins, and big chunky bookcases full of mismatched knick-knacks. In goes simple flooring like tiles or hardwoods, stylish shelving and hooks, rustic baskets or contemporary containers and a room free of disarray. Everything has a place, and every place looks well-organized, intentional and thoughtfully designed.

FULL KITCHENS

Drink coolers are a given in most retreats. Contemporary man caves and lady lofts go a step further with full kitchens and efficient--if not beautiful--bars. Refrigerators, dishwashers, sinks with garbage disposals, a range and all-in-one, under the counter washers and dryers are essential,



↑ This custom He Shed reflects the homeowner's love for the landscape as well as vintage cars and motorcycles. Designed by Annapolis and Charlottesville, VA firm Purple Cherry Architects, this retreat showcases exceptional attention to every detail, from architectural design to high quality decor. The covered porch is a year-round extension of the He-Shed, allowing for more space to entertain or to simply while away an afternoon alone. ↓



even if they are apartment-sized. Plenty of cabinet and counter space for dishes and small appliances are imperative as well. If there's outdoor access, a full grill, drink cooler, keg, and utensils that can be connected to wireless apps (such as thermometers and timers) add value to the experience and to your property.

STYLISH ACCESSORIES

Who said man caves or lady lofts must be outfitted in stereotypical themes with cast-off decor? Today, these spaces tend to be sophisticated and even glamorous: fine art, luxurious window treatments, rich upholstery, and custom design elements all reflect the owner's wish for more of a stylish oasis than merely a room to get away in. Even rooms that serve more than one purpose can be cleverly outfitted to hide workspaces and to pronounce design/build inspiration.

CLOSET CAVES

If there's not a shed, a garage or a basement handy, you might be able to transform a closet into a cave. Contemporary homes often feature dual oversized master suite closets, which could be retrofitted to accommodate writing and reading rooms, opulent dressing rooms and upgraded spaces to pursue passions like art or crafting. Companies like California Closets are experts at finding ways to utilize every inch of space. In fact, they can sometimes get down to measurements as small as 1/8 of an inch.

FINAL THOUGHT

Today's man caves and lady lofts are more than just randomly thrown together spaces. They are intentional, offer a plethora of technological conveniences and are design-focused. The ideal retreat should attempt to reflect the hobbies, interests, and passions of the person who will use it most. Contemporary design/build trends offer comfort and convenience, the opportunity to call a space truly your own, and added value.



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Four Ways to Help Our Planet and Enhance Our Gardens

By Janice F. Booth

Our gardens are coming into their own; like dewy teens, each daisy, rose, and azalea blossom reveals its fresh face to the spring sunshine. Sometimes, like me, you may be amazed at how that tiny plant you carefully tended last fall has emerged, glowing green with the promise of more beauty yet to be revealed. And then, occasionally, there's a withered twig or stalk, all that remains of an old favorite plant that didn't survive last winter's winds. But, never mind. We'll revel in the new and renewed life, that's ours to enjoy.

Now that we've finished cleaning out winter's detritus—made sure the garden is tidy, the plants are fed and mulched, trimmed and staked, it may be fun to consider another aspect of gardening, one that almost seems too obvious to mention. That aspect is ecology. Just for fun, let's consider how effectively we are using the assets and agencies of the garden, and how we may do even more to lessen our ecological footprint and expand the positive impact our gardens can have in our ecosystem.

I'm not suggesting you scan your property for stray aluminum cans or those nasty, ubiquitous plastic shopping bags. Rather, take a little time to consider how you harness your gardening to the needs of the planet, not in grand ways, but in small, incremental changes that please you and the earth.

THINK OF THIS AS "THE FOUR RS":
**REIMAGINING, RECLAIMING,
REJUVENATING, RECYCLING.**



I **REIMAGINING:** Let's begin with your imagination. Take a few minutes to review the items that have piled up in your basement, garage, and attic. Why not have some fun? Can some of that "stuff" be repurposed for the garden? How?

You don't have to be Marcel Duchamp planting porcelain bathroom fixtures in the flower bed. Instead, consider what you might do with that old, wooden storm window. Could you remove the broken panes of glass and set up that window frame among your clematis vines? It might be lovely to see your lacy clematis weaving itself around the frame, with those plate-size purple and pink blossoms spilling out of the panes.

Or, what about that old tricycle in the garage? If it's past its useful life, why not plant it under that holly or oak tree? Is there a flowerpot or bike

basket that might be strapped to the bicycle seat or onto the handlebars? Fill that pot or basket with moss, some potting soil, and a couple bright geraniums or impatiens. Not only will the tricycle add a quaint charm to your garden, but it may also amuse your children with memories of their riding days.

If you're very clever with tools, as some lucky folks among us are, you may find some interesting old metal pieces—a section of wrought iron fence, an iron wheel, an old wash tub. Those odds-and-ends from the dump pile in the garage could be



coerced—cut, bent, and soldered, into “junk art.” There’s an artist in Virginia, Sam Hundley, who has been creating “junk art” for a decade. His work is sought after, and he’s gotten very clever at visualizing what a rusty saw or an auto headlight might become. Hundley says “Make someone feel something. That’s what I’m going for in my art work.” You can see his work at samhundley.com or look for him on the PBS website under “Artworks.” Pinterest is a great place to find inspiration for your own found art and garage-items makeovers too.

2 **RECLAIMING:** A second dimension of tuning up your garden to make it even more eco-

logically responsible is repurposed material. There’s a useful, free brochure, “Bay-Friendly Guide to Recycled Content and Salvaged Materials.” It’s prepared for the San Francisco Bay area, but the recommendations are interesting and many suggestions could work as well in our Chesapeake Bay region. Did you know there is recycled paint, formulated from paints collected from commercial sources and recycle centers? The brochure even shares a “how-to.” It shows you how to select a few chunks of concrete and construct a handsome garden bench; virtually free and really quite impressive. You can download the short brochure at stopwaste.org/resource/brochures.

3 **RECYCLING:** A third amusing recycling project you might consider to diminish your eco-friendly garden's footprint is to expand your "up-cycling." (Up-cycling means repurposing recycled material so it is more useful and desirable.) Consider raising edible plants in unusual spots in your garden. British garden-er and author Benedict Vanheems acknowledges the clever old-boot planter and the herb garden in a repurposed chest

of drawers. But he also goes a bit further, with vertical gardening—to the roof. You might have a small potting shed or unused playhouse that would work well. Attach to the roof, wooden pallets with sheet plastic between the roof shingles and the pallets. Secure small planters of vining veggies or flowers between the slats, and watch your bean and gourd vines turn the roof of your potting shed into a flowing mane with dangling bean pods and small gourds spilling down the walls.



4 **REJUVENATING:** Finally, before you slip into that hammock or chaise lounge, let's review a few ways you can use your recyclables to rejuvenate your garden during the busy summer months ahead. These aren't new suggestions, you may be applying them already, but they may bear repeating:

- Save your dryer lint and mix some into your potting soil or drop some lint into the hole when you transplant. The lint helps the soil retain water around the plants' roots.

- Save, shred, and mix newsprint into your compost or lay newsprint beneath the mulch to deter weeds.
- Tea leaves, banana peels, and coffee grinds around the base of your flowers, such as those daisies, zinnias, and roses, will give you more vibrant and pro-

fuse displays of flowers. (Of course, deadheading or pinching off dead blossoms helps too.)

- After boiling vegetables, let the water cool, then pour it among your plants to get one more good use of the nutrients from those veggies. Or, if you don't want to wait for the water to cool before you pop that pan in the dishwasher, just pour the hot water on any of the sneaky weeds that are popping up around your deck or between the bricks in your walkway. They'll wilt and you won't. (No need to get down on your knees and pull out those weeds.)

Whatever you do to enhance the ecological benefits of your garden, just remember that you have created a beautiful space where people, plants, insects, and birds can live in harmony. That's an accomplishment to be savored!



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HOME REAL ESTATE

Butler's Landing

Stevensville

By Diana Love

The new owners of this unique waterfront property near Stevensville had been looking throughout the region for about two years. The wait proved to be worth it.

“We had looked at so many homes, with the goal of finding a property my clients could transition into over time, something they could enjoy after retirement,” buyer’s agent Mary Beth Paganelli says. “We were focused on waterfront properties with attractive, mature landscaping and this home was just the whole package. It was well-maintained, presented itself meticulously inside and out, and was the perfect size for my client.”

Sold For: \$1,010,000
List Price: \$1,000,000
Last Sold/Price: \$470,000 (1998)
Built: Split Foyer, 1980
Bedrooms: 4
Bathrooms: 3
Living Space: 2746 square feet
Lot Size: 1.00 acres
Days on Market: 5 days

Originally built in 1980, the home is a split-foyer design with common areas and bedrooms on the main floor, and a large bedroom, office, laundry, and family room on the lower level. The kitchen is brightly lit by skylights as well as by picture windows with views to the exterior landscaping and water. Although a tidy size, it

has every necessary amenity, including double-wall ovens. Black accessories are offset by dark countertops and sleek, contemporary-styled cabinetry.

The kitchen opens to a small informal dining room, a space that is defined by a row of windows that also overlook the trees and flowers outside. Just off the dining area are French doors that lead to a tranquil screened porch and deck overlooking Long Creek.

A wood stove anchors the living room. Perhaps the most stunning feature of this space is the natural light that comes in through a set of clerestory windows. All of the windows in the home are a high-tech, custom-build of German design. “The windows are engineered to open multiple ways, which contributed to the ambience of the incredible spaces in this home,” listing agent DeeDee McCracken says.

The exterior of the home resembles a beautiful park or resort. Mature trees shade quiet corners of the front and rear lawns. An inground swimming pool is situated to take advantage of water views from all sides. A path lined with large square pavers that match the contemporary style of the home leads to substantial waterfront footage and a pier with boat lifts.



“This home proves that a house doesn’t have to be large to be amazing,” McCracken says. “The sellers put a lot of thought into the design of the house and the quality of materials they used. The location, the quality, the owner’s thoughtful maintenance of the property, and the price all came together to make the sale of this home happen quickly with multiple offers.”

The water views from most rooms, custom details inside and out, oversized garage, and easy access to Route 50 were attractive features that made this home stand out. The property sold in just five days. “You know what you want when you see it and this is a case of the perfect home at the perfect time for the right buyer,” Paganelli says.



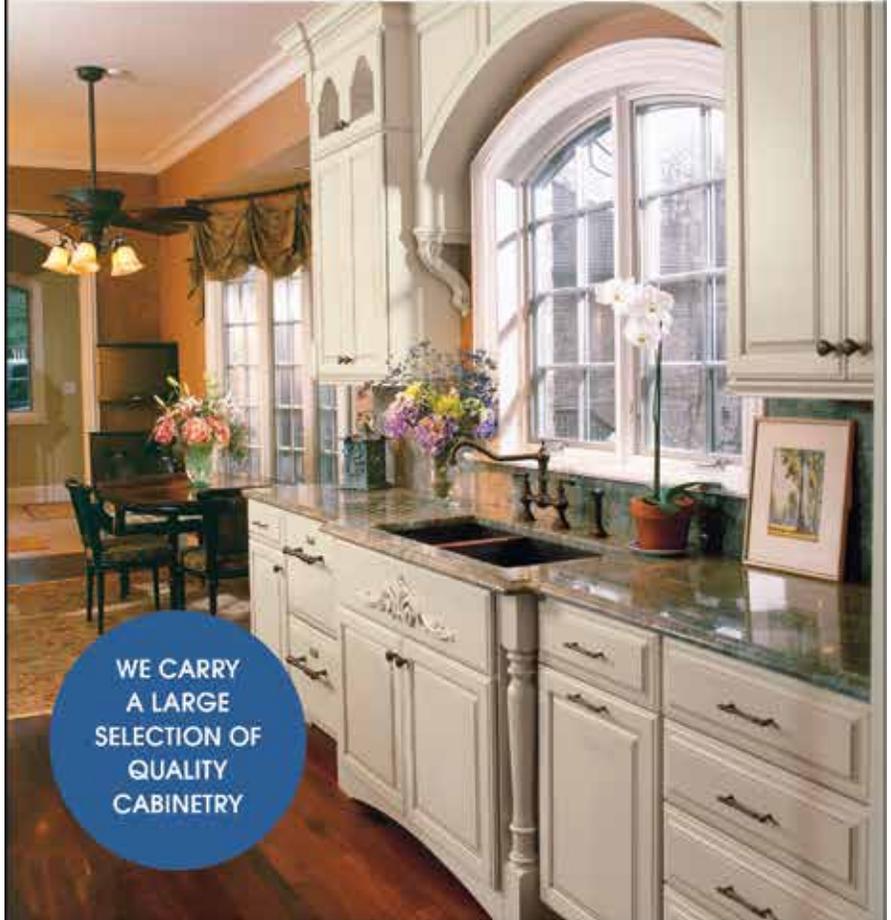
Listing Agent: DeeDee McCracken, Coldwell Banker Residential Mortgage, Cell: 410-739-7571, Office: 410-224-2200, Email: DMcCracken@cbmove.com

Buyer’s Agent: Mary Beth Paganelli, Coldwell Banker Residential Brokerage, Mobile: 410-980-5812, Email: MaryBeth.Paganelli1@gmail.com

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Chestertown

By Diana Love

Sometimes, finding the perfect home is less a transaction and more a journey. Such is the case with this architecturally significant home near Rock Hall, Maryland. Cindy Genther of Rock Hall Properties Real Estate represented the new buyers, who had been working with her for two to three years in their search for an Eastern Shore home. In this house, they found a property designed with attention to every detail, from the aesthetics of the interior floor plan, to advanced technologies that make the home as energy efficient as possible, to the location of the residence which offers incredible bay views.

Architect Kevin Shertz of Shertz Architecture and Design worked with the original owners to create a custom home that boasted several modes of energy efficiency. Joe Wey of Wey Timber



Frames built the house using his signature woodworking techniques to construct a post and timber frame great room that is the heart of the home. Wey built the house over a poured concrete foundation. Structural Installation Panels (SIP)—pre-fabricated and pre-insulated concrete panels, a relatively new construction technology not typically found on the Eastern Shore—were used. SIP panels are notable for their strength, energy efficiency and cost effective installation.

The energy-efficient design included a metal roof to reflect heat from the home in the summer and absorb heat in the winter. Marvin windows were chosen for their airtight technology, as were the pull-down ladder to the attic and the custom skylights. The exterior is fiber-cement and board/batten siding with metal standing seam roofing. Brick veneer covers portions of the foundation. A large wrap-around screened porch on the first floor and a bluestone terrace on the lower level face water views and catch summer breezes.

Built on 10.16 acres of partially wooded meadowland that slopes gently to a Chesapeake Bay tidal lake, the home has approximately 4,435 sq. ft. of total finished space on two levels: 2,583 sq. ft. on the first floor with a master bedroom wing and a guest bedroom suite, and 1,852 sq. ft. on the

Sold For: \$1,040,000
List Price: \$1,200,000
Built: 2009
Bedrooms: 5
Bathrooms: 3
Living Space: 4,435 sq ft
Lot Size: 10.16
Days on Market: 37

walk-out lower level with three bedrooms and a home gym. “This home features a beautiful floor plan,” says Listing Agent Lynn Hilfiker. “It’s unusual in this area to find a home of this size with one floor living; the master suite guest suite and common areas are all on the main level, making this home suitable for enjoying over generations and aging in place.”

Five large bedrooms offer plenty of space for the new owners, as well as their family and friends. The master bedroom wing features an oversized walk-in closet with a cedar-lined closet-with-in-a-closet, an ensuite bathroom with double Corian sinks, an oversized shower, and separate bathrooms. The shower enclosures are upgraded, frameless Shower Guard treated glass; the showers and tub are fitted with attractive chrome grab bars. Although the master suite is on the main level, it is separated from the common areas by a stylish barn door.



The kitchen features a stainless steel Bosch dual-fuel range (gas cooktop and electric oven) with Shaker-style kitchen cabinetry. The cabinetry includes upgrades like self close, full extension drawers, a pop-up mixer shelf, lower cabinets fitted with full extension shelves, and oil rubbed bronze hardware. The floor plan allows for an enviably large pantry and separate laundry room.

The tidal lake between the house and the Chesapeake Bay provides National Geographic-worthy scenes with an abundance of wildlife, and is home to bald eagles, great blue heron, osprey, and many other birds. "The house is approximately 120 feet from the lake edge and owners have access to the bay beach by a deeded easement," says Hilfiker. "The close proximity to the Bay shipping channel affords amazing close-up views of large, colorful cargo ships as they pass silently on their way to and from Baltimore Harbor across the bay." The rear of the property backs up to a 200-acre farm protected by an agricultural easement.

This property is indeed unique to the Rock Hall area, not only for dreamy bay views and protection from encroachment by development, but especially for a thoughtful design/build that allowed for custom touches that make this home truly stand out from the rest.



Listing Agent: Lynn Hilfiker, Gunther McClary Real Estate, Rock Hall, c: 443-480-1163, o:410-639-2118 LynnHilfiker@gmail.com
Buyer's Agent: Cindy Genther, Rock Hall Properties, Rock Hall, c: 443-480-1953



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Take the Vividness of Visual Imagery Questionnaire (VVIQ) from the University of Exeter online. Remember, this test is for screening and entertainment purposes only and is not a substitute for a visit to a health care professional.

Named after the Greek word *phantasia*, which Aristotle used to describe imagination or visual imagery, aphantasia isn't well-understood or

even much-studied. Though the idea of a person not having a mind's eye first showed up in the 1880s with scientist Francis Galton, it wasn't studied in modern times or even named until a few years ago. Those who have it probably don't even realize it. Typically, it's something they've had their entire lives, though occasionally it first shows up after a medical event, such as a stroke.

Aphantasia doesn't seem to stifle a person's creativity. Like with other conditions that affect the brain, the affected person seems to find coping mechanisms, which may be part of the reason why it's not quickly recognized. Besides, the ability to describe features of something isn't necessarily impacted. For example, when asked to describe their spouse, someone with aphantasia can likely quickly rattle off their features: Tall. Brown hair. Green eyes. Broad shoulders. They've learned these features while looking at their spouse; they just cannot conjure them up in their brain when their spouse isn't around.

What's the big deal, then? Sometimes, understanding that there's a name for the way your brain works and that it affects other people, too, is one of those coping mechanisms. Additionally, early research indicates there may be levels, or subgroups, of aphantasia diagnoses. Some people might also experience prosopagnosia, or the difficulty in recognizing faces of people they already know, or have an issue with remembering events in their life, referred to as autobiographical memory. For those people, a visit to a health professional might help them create coping mechanisms, so it doesn't negatively impact their lives.

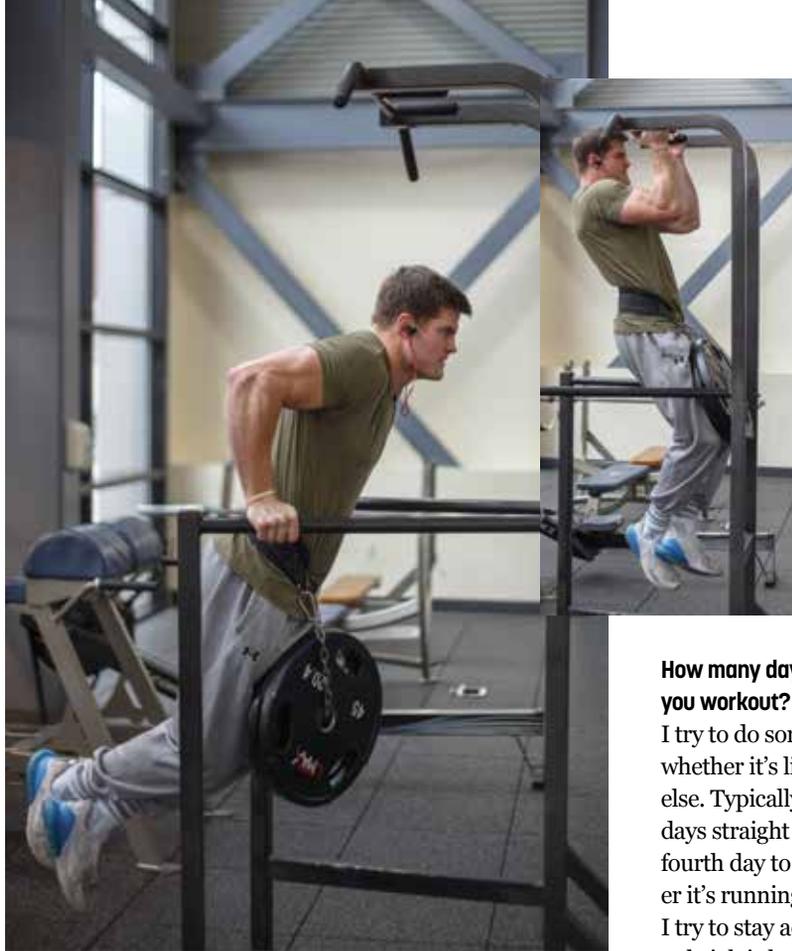
HEALTH & BEAUTY HEALTH

The Blind Mind

APHANTASIA, OR THE INABILITY TO CONJURING UP A MENTAL IMAGE, IS JUST STARTING TO GAIN ATTENTION AS A MEDICAL CONDITION

By Kelsey Casselbury

Picture this: a beautiful sunset. Your child's face. A bouquet of roses. Most people don't have a problem conjuring up these images in their mind, but some folks lack what's colloquially known as "the mind's eye," or the ability to picture people, places, and things in your mind without much—if any—difficulty. There are those that live without it, though, experiencing a condition that was just given a name in mid-2015: Aphantasia.



“MY ONLY JOB RIGHT NOW IS LACROSSE. (I HAVE TO) STAY IN TIP-TOP SHAPE, SO THAT I CAN PERFORM AT MY BEST. SOME DAYS, YOU DON’T REALLY FEEL LIKE DOING IT BUT IT FEELS REWARDING AFTER.”



HEALTH & BEAUTY FITNESS

Colin Heacock

**ATTACK/MIDFIELD,
CHESAPEAKE BAYHAWKS**

**By Kelsey Casselbury
Photos by Steve Buchanan Photography**

Chesapeake Bayhawks’ attackman/midfielder Colin Heacock knows he’s living a dream. Raised just outside of Baltimore in Catonsville, Heacock grew up watching the Bayhawks—who began as the Baltimore Bayhawks in 2001. He loves that his friends and family can see his games in Annapolis at Navy-Marine Corps Memorial Stadium so easily. However, as he enters his third season with the Major League Lacrosse team, Heacock also understands that staying in shape for peak performance is vital. He puts his trust in his older brother, Ryan, to give him a solid workout nearly every day of the week. They have been working out together since high school.

How many days a week do you workout?

I try to do something every day, whether it’s lifting or something else. Typically, I try to go three days straight and then take that fourth day to do recovery, whether it’s running or something else. I try to stay active, given that my only job is lacrosse.

Who do you work out with?

My brother works out with me. He’s the magician behind all of it. I like his plans and like what he’s saying, and he incorporates stuff that I can carry with me onto the field. The Bayhawks also have some local guys; sometimes Nick Manis [short stick defensive midfielder] and I will work out together—it’s just finding the time and figuring out where we will meet. Sometimes, during the season, we’ll go back to College Park [Heacock and Manis are both Maryland alumni] to work out.

Walk us through a typical workout.

We’ll be in there between an hour and a half to two hours, depending on what my brother has planned. We’ll get in there and start by warming up our muscles to loosen up the body, then lift. I try not to do the same thing every single workout, so one week we’ll do something like back and biceps and then chest and triceps. The next week, he’ll

mix it up and do chest and legs. Then we’ll get a little bit of cardio in there.

What type of cardio do you prefer?

There’s one called an Assault AirBike—it gets everything. It kills your body. But we’ll run on the treadmill, or we’ll go outside and run on the field and shoot a little bit.

Do you do anything differently during the lacrosse season, compared to during the off-season?

During the season, I stretch a little bit more. If we play on a Saturday, I probably won’t lift weights on a Sunday. Instead, I’ll go down to College Park to see my trainer, Anthony. He’ll help me recover, so the following week I can go back to lifting weights, shooting, and be at 100 percent.

How do your workouts have an impact on your on-field performance?

My only job right now is lacrosse. (I have to) stay in tip-top shape, so that I can perform at my best. Some days, you don’t really feel like doing it but it feels rewarding after. By the time the season comes around, you’ve been taking care of your body, and it prevents injuries. It plays a huge role in my performance.

Health Report



STUDY SHOWS FEWER AMERICANS DYING FROM CANCER

Deaths from cancer in the U.S. have dropped over the past 25 years by 27 percent, for a total of 2.6 million fewer deaths than what would have been expected since 1991. However, cancer is still one

of the top three killers of Americans, along with heart disease and accidents or unintentional injuries, and its prevalence seems to be growing globally. The study, which was published in *CA: A Cancer Journal for Clinicians*, also found significant disparities in cancer death between the rich and poor. Between 2012 and 2016, for example, overall cancer death rates were 20 percent higher for those who live in the most impoverished counties compared with those who live in the highest-income counties. Although African Americans still have a higher mortality rate from cancer than white Americans, the gap has been closing since the mid-1990s.



HEALTH OFFICIALS RELEASE NEW EXERCISE GUIDELINES

The Department of Health and Human Services recently updated its expert recommendations for physical activity, urging American adults to move more. Initially released in 2008, “Physical Activity Guidelines for Americans” no longer states that a person should exercise for at least 10 minutes for it to count toward weekly activity, but rather says that

any type of movement counts. The main message: Move more, sit less. Other recommendations haven’t changed much. They still say to get at least 150 to 300 minutes of moderate-intensity exercise each week—that’s between two hours and 30 minutes and 5 hours—like brisk walking or swimming or 75 minutes to 150 minutes of vigorous-intensity exercises, such as running. Combine that with muscle-strengthening and balance exercises for a well-rounded physical activity program.



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HAVE ARTHRITIS? SPLURGE ON A MASSAGE

If you wanted an excuse for booking a massage soon, here it is: Researchers from Duke University have found that weekly full-body massage greatly benefits people who suffer from pain and poor joint mobility because of osteoarthritis. Massages seem to complement other treatments, which can include NSAIDs, cortisone injections, and physical therapy. The research was published in the *Journal of General Internal Medicine* and compared the effect of massage on those who got a one-hour weekly Swedish massage to those who had a light-touch treatment or no treatment at all. After eight weeks, those who got the regular massage had significant improvements in pain, stiffness, and physical function.

Health Report continued on page 98

Join the Shrub Club

A LONG-CONSUMED VINEGAR-BASED BEVERAGE WITH POTENTIAL HEALTH BENEFITS IS BACK IN THE SPOTLIGHT

By Kelsey Casselbury

Move over, apple cider vinegar—there’s a new trend in drinking vinegar, and this one appeals to teetotalers and cocktail lovers alike. Shrubs, a vinegar and fruit syrup with purported health benefits, traces its American roots to the Colonial era, but is appearing once again on fashionable drink menus. The name “shrub” doesn’t refer to any sort of bush but rather the Arabic word, “sharbah,” which means “to drink.” It’s a syrup made from macerating fruit and sugar, then adding vinegar. There’s a lot of wiggle room for using what you have in the fridge or pantry, whether it’s blueberries and red wine vinegar or peaches and apple cider vinegar. While the vinegary syrup can be mixed with sparkling water for a tart non-alcoholic beverage, some like to spike the drink with a neutral spirit, such as vodka or clear rum to make a refreshing cocktail. The health benefits of shrubs, boozy or not, are similar to those of drinking apple cider vinegar, though research is limited on both. There are a few small studies out there that show that drinking apple cider vinegar may help control blood sugar levels, which is helpful for people who have type 2 diabetes. Vinegar has antifungal and antibacterial properties—which is why it shows up so often in homemade cleaning solutions—and that can be of benefit to people who regularly develop fungal infections, like *Candida*. However, given the sugary nature of shrubs, it’s probably best to consider shrubs to be enjoyable sips rather than potential medicine.



Peach Shrub

Serves 3 to 4

2 cups roughly **chopped peaches**, skins removed
1 cup **sugar**
3/4 cup **apple cider vinegar**
4 cups **sparkling water**
4 ounces **vodka or rum**, optional

In a large bowl or pitcher, combine the peaches and sugar. Cover the container with plastic wrap, put it in the refrigerator, and let it sit for at least six hours or up to two days. Remove the container from the refrigerator, and strain the syrup that’s been created into another pitcher. Discard the fruit. Add the vinegar to the syrup and whisk to combine. To make a drink, add 2 tablespoons of the vinegar mixture to 1 cup sparkling water. Taste and add more to match your taste preferences. Add 1 ounce of vodka or rum, if desired. Store the unused shrub mixture in the refrigerator for up to one month.

All About That Base

INNOVATIONS IN FOUNDATION INCLUDE A WIDER VARIETY OF SHADES, PROTECTION FROM POLLUTION, AND BETTER COVERAGE OPTIONS

By Kelsey Casselbury

The beauty industry certainly is glamorous, but it's not always exciting—not when companies stick with the same old formulations and hues. When there are innovations, though, it can feel ground-breaking. Right now, some of the most exciting innovations in the makeup industry don't belong to colorful eyeshadows or dramatic false eyelashes, but rather that old workhorse—your foundation.

The base makeup is tasked with some heavy lifting when it comes to covering and evening out your complexion, but companies haven't always given the category a close look to see how formulations could be improved. That meant limited shades, uneven coverage, and formulations that seemed to slide off the face by the end of your morning meeting. Luckily for all women who think their skin could use a little cosmetic boost, that's changing.

A BETTER MATCH FOR EVERYONE

In the past 18 months, there's one brand that, without a doubt, has had the most significant impact on the beauty industry: Fenty Beauty. The line, created by R&B singer Rihanna, launched in 2017 with 40 shades that run the gamut of skin complexions from fair to deep. "When you think of diverse shade ranges, Fenty Beauty takes the cake," celebrity makeup artist Michanna Murphy says. "It's typically standard for foundation brands to release no more than 20 foundation shades." Other companies have taken notes from Fenty, upgrading their own lines to be more inclusive of a wide diversity in shades.

ANTI-POLLUTION PROTECTION

Foundation hasn't generally been thought of as a defense against the pollutants in the air, but why not? "Brands are introducing foundations that are 'anti-pollution,' an important innovative step that's turning foundation from just a makeup must-have into an essential skincare step," beauty blogger Kelly Baum from A Thing of Beauty says. "Anti-pollution foundation is formulated with minerals and antioxidants that provide a protective shield against common pollutants, similar to how SPF protects the skin from UV rays."



COVERAGE CUSTOMIZATION

Beyond finding the right shade, one of the trickiest aspects of using foundation is getting the coverage right. Some tinted moisturizers only work on ladies with the most flawless of skin, but heavy coverage isn't appealing unless you're a news anchor under bright lights with a camera in your face. Full-coverage liquid foundations are certainly still an option, and tinted moisturizers aren't going anywhere, but the import of BB creams from Asia and the introduction of CC (color-correcting) creams, plus a wealth of other options, mean that you can find the coverage that's right for you.

CLEAN INGREDIENTS

Between 2013 and 2017, sales of "natural" personal care products increased 2.1 percent—that's a whopping \$230 million, according to data from The Nielsen Company. Of course, manufacturers are going to take notice of numbers like that. Consumers are voting with their dollars and, more and more frequently, they're saying that they want a cleaner ingredient list. This is particularly true for foundation, which is slathered all over the face. You just have to make sure that the brand's "all-natural" label means what you want it to, given the lack of regulations surrounding these definitions.



5

Fashion Trends for Summer

By Kelsey Casselbury

Just two words sum up the top fashion trends for summer 2019: tailored femininity. From classic, well-fitting suits to ruching that emphasizes curves and quintessential marks of feminine clothing like big bows and ruffles, take a look at five trends that will reign supreme during the upcoming season.

Tailored Suits

After a few years of loose draping and forgiving cuts, classically tailored suits for women are back in the spotlight. The suits are showing up in every color of the rainbow—particularly power red—but there's also an emphasis on delicate pastel hues.

Ruching

Women with all body types can appreciate ruching in clothing, as it adds curves to slim or straight frames and fulsomely accentuates those curves for those who were born with them. Bodycon dresses have been in for a while now; ruching updates the look in an ultra-flattering way.

Bows and Ruffles

A consummate feature of feminine clothing, bows, and ruffles are back in a big way. A variation of ruffles, micropleats, were also spotted many times on the runway. The pleats expand and contract as the person wearing them moves, providing an intriguing silhouette.



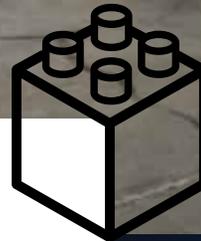
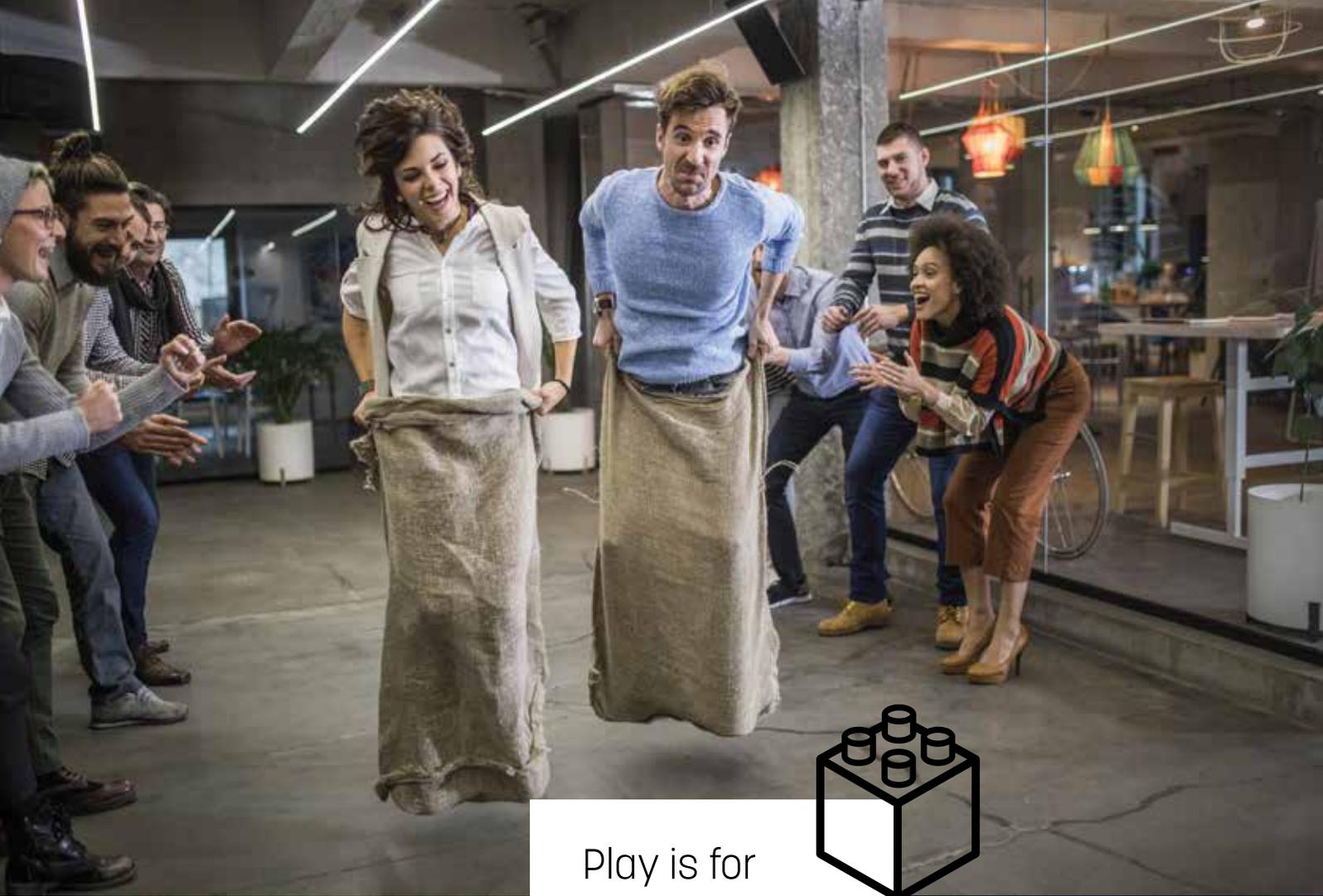
Photo Courtesy of Chanel

Puffed Sleeves

It's not often that sleeves make a statement, but that's certainly the case this summer. Not only are shoulders puffing up—don't worry, it's not as *Seinfeld* as it might seem—but sleeves are getting their own form of ruffles, draping, and pleating.

Fire Colors

Marigold yellow has already taken its place as one of the top colors for 2019, but, really, all the blazing hot colors of fire are on-trend, including fire-engine red and terracotta orange.



Play is for everyone, regardless of age (or profession)

HEALTH & BEAUTY HEALTH

The Benefits of Play for Adults

Most parents know about the importance of play for their children to develop essential life skills. But did you know about the importance of play for grown-ups, too? When you think of the word play, you probably imagine a group of children running around, chasing a colorful ball as they laugh and cheer. But play is so much more than that, and it's not restricted to a certain age group. Play can be defined simply as engaging in activity for pure enjoyment and recreation.

Former UK Prime Minister David Cameron admitted to playing Angry Birds on his phone as a way to decompress after a long day. Soccer star David Beckham credited Lego toys for saving his life, saying that they served as therapy for a brain injury he sustained after a jet crash. Barack Obama said he enjoyed playing basketball or golf as a way to relax.

The best thing about play, besides the fact that it's something you enjoy, is that while you're doing it, it's benefiting your overall wellbeing and impacting your health. It can fuel your creativity, emotional wellbeing, and ability to problem solve.



It's part of evolution, but it's also healthy

During one of his TED talks, Peter Gray, research professor of psychology at Boston College, said, "from a biological evolutionary perspective, play is nature's means of ensuring that young mammals, including young human beings, acquire the skills that they need to in order to develop successfully into adulthood." And more research is revealing that the benefits of play for adults are myriad: →

As Dr. Gray puts it, play is by definition creative and innovative. It is an outlet where we, as human beings, can experience joy, learn to get along with peers, practice empathy and get over narcissism while improving our health.

"It's the getaway to vitality"

Play is the gateway to vitality according to the National Institute for Play (NIFP). Play is uniquely "rewarding, it generates optimism, seeks out novelty, makes perseverance fun, leads to mastery, gives the immune system a bounce and fosters empathy." Play is also powerful in creating a sense of community.



It's good for your stress levels.

Play can trigger the release of endorphins, the body's natural feel-good chemicals. These promote an overall sense of wellbeing and can temporarily relieve pain.

It improves your brain function.

Playing games that challenge the brain - such as chess and puzzles - can help prevent memory problems and improve brain function. This can also help ward off depression.

It stimulates your mind and boosts activity.

And, it makes you more productive. More companies - like Google - have set up play stations and encourage employees to play and collaborate. This, in turn, helps foster team building and cooperation within the company. It's a win-win situation.

It improves your relationships.

Laughing and having fun with others can foster empathy, compassion, trust and intimacy. Developing a playful nature can help you loosen up in stressful situations, break the ice with strangers and make new friends.



For example, some treatment centers for drug or alcohol abuse turn to outdoor recreation and play as a vital part of their recovery programs. It's a way to spark an individual's interest in sober activities. Adventure therapy, for instance, requires individuals to engage in outdoor activities while working with others to problem solve and overcome challenges as a team.

And although it's part of therapy, it's also a form of play that is helping individuals work on their addiction while having fun. The benefits of outdoor recreation include increased attention span, improved relaxation, decreased anxiety, reduced blood pressure and decreased risk of depression.

Adventure therapy is just a term used to describe what's known as experiential education. Play is no different. You can learn life skills and improve your health while playing. And just as children turn to play when they want to de-stress—or just enjoy their time—play can help you be the best versions of yourself when facing "adult problems," like career stress, parenting, marriage and the many other responsibilities that come with age. Don't think of play as a waste of time or as an activity that's only for children. Instead, consider it an investment in your overall mental and physical wellbeing.

Mark Sakraidais the adventure therapy coordinator at Pathways, AAMC's substance use and co-occurring disorder treatment facility.

Health Report

Continued from page 93

Maryland Ranks in Top 20 Healthiest States

The Old Line State ranks as No. 19 on the list of America's healthiest and unhealthiest states in the United Health Foundation's *America's Health Rankings Annual Report*. Hawaii has once again claimed the top spot, after falling to No. 2 in 2017, with Massachusetts, Connecticut, Vermont, and Utah rounding out the top five.

The top states earned their spots based on the overall levels of obesity, the prevalence of smoking, disparity of the health status between educated and uneducated people, air pollution levels, mental health status of the population, and the total number of primary care physicians. The least healthy states, according to the report, are Arkansas, Oklahoma, Alabama, and Mississippi, with Louisiana coming in last at No. 50.

Although it's considered positive that Maryland still ranks in the top 20 healthiest states, it had one of the largest declines in rankings between 2017, when it was listed as No. 16, and 2018. However, if you go back to 2013, Maryland was then ranked as No. 24, indicating that the state's population has improved its overall health in the past half-decade.



Public Touch Screens Harbor Harmful Bacteria, But Don't Worry Much

In 2019, touch-screen technology is part of daily life, and it's usually for the better. However, a study from London Metropolitan University in the United Kingdom has found that the majority of public touchscreens contain bacteria from both human and animal feces, as well as bacteria that can cause a number of diseases, from food poisoning to septicemia to bacteria in the blood.

The research tested touchscreens in several McDonald's restaurants in London, finding that every single one of them contained bacteria found in feces. However, experts note that the findings aren't that shocking because there's dangerous bacteria found on nearly every public surface. Additionally, practicing proper hygiene—like washing your hands regularly—keeps potentially dangerous health effects to a minimum.



For Your Health's Sake, Write Down Your Gratitude

Count your blessings—it just might boost your health. Research finds that people who write down their gratitude often have better physical and mental health, with improved sleep, lower stress, and more positive relationships. A study published in 2018 the *Journal of Experimental Social Psychology* also found that high school students who wrote down their gratitude weekly ate healthier, potentially because they reduced the amount of perceived negativity in their lives.

However, another study found that there's a limit to how much journaling can help your health with once a week improving health outcomes, but doing so three times a week did not. Additionally, research hasn't been done on how journaling gratitude affects people diagnosed with clinical depression, anxiety, or suicidal tendencies.





HEALTH & BEAUTY BEAUTY

When a Selfie Obsession Goes Too Far

PLASTIC SURGEONS REPORT PATIENTS INCREASINGLY REQUESTING COSMETIC MODIFICATIONS THAT MIMIC SMARTPHONE APP FILTERS

By Kelsey Casselbury

It's the age of selfies, much to the dismay of some medical professionals. The photography technology on smartphones has become so incredible that people are looking to mimic the effect that filters on photography apps, like slimmer cheeks or bigger eyes, have on the face—permanently.

“**Snapchat dysmorphia**,” as it's been named, refers to the recent trend of patients bringing in pictures of themselves that have been heavily edited by a filter that adds freckles, lengthens eyelashes, and clears up the skin, among other effects. It's so widespread that researchers from Boston University School of Medicine's Department of Dermatology published an opinion piece about it in the journal *JAMA Facial Plastic Surgery*. In 2017, a survey from the American Academy of Facial Plastic and Reconstructive Surgery found that 55 percent of surgeons reported seeing patients who wanted surgery to look better in selfies, an increase of 13 percent over the 2016 survey.

Frankly, the trend is concerning to many physicians. Body dysmorphic disorder (BDD), which falls on the obsessive-compulsive spectrum, refers to a condition in which people fixate on negative thoughts about their real or perceived physical flaws. “Snapchat dysmorphia” can trigger full-fledged BDD, researchers say, a serious mental health condition. Additionally, the idea of wiping away flaws instantly, as an app filter does, simply isn't realistic—and that leads to a number of exasperated doctors trying to manage expectations to disappointed patients.

HEALTH & BEAUTY HEALTH

Tips for Caregivers

Caregivers and family members are a vital part of the health care team for an aging loved one. Caregivers help advocate for their loved one, assist them with doctor visits, ensure they are following their care plans, and support them during health emergencies. Having the right information about your loved one or parents' health could save their lives.



Use the following list to make sure you have the necessary information should an emergency arise:

- 1. Contact information for all healthcare providers including primary care:** Keep the names and phone numbers of doctors and specialists on hand.
- 2. Current medications with allergy list:** Having a list of current medications helps doctors address issues related to multiple medications and risks associated with drug-drug interactions.
- 3. Medical histories including personal lifestyle:** Keep a list of medical conditions, past surgeries and major medical procedures. Doctors use this information to make decisions about medical procedures and treatment options.
- 4. Access to medical records information:** Find out whether your parents have signed a form that allows their doctors and insurance companies to release their medical information to you. If not, ask them to sign privacy agreements to allow you access in emergencies.
- 5. Contact information for neighbors:** Ask mom and dad for the name and number of a trusted neighbor who can be called to check in on them, and alert you if there is a problem.
- 6. Details of advanced directives and goals of care:** Get the details of your parents' living wills and who's authorized to make healthcare decisions on their behalf. Have this conversation now, rather than in the midst of a medical emergency. During your “dinner table” conversations, initiate discussions with your loved ones regarding their end of life wishes.

Dr. Anuj Bhatnagar is a geriatrician with the University of Maryland Baltimore Washington Medical Center. He can be reached at 410-553-8092.



1.

"The product smells sweet, almost like berries. It glides on smooth without being sticky or heavy. The color is still light enough to be flattering and neutral. By the end of the day, my lips were soft and still stained with the color. Jane Iredale products have never failed me, so I'm looking forward to exploring my options with other colors." —Beauty Buzz Member Jennifer Smith, 38, Gambrells



2.

"This product immediately permeates the skin and leaves your face feeling soft, smooth, and refreshed. It makes me feel fancy and I love that cute little bees are partially to thank for such an awesome sensation. My skin feels soft, smooth, and radiant." —Beauty Buzz Member Jillian Amodio, 28, Annapolis



3.

"I have never tried liquid eyeliner because I thought there was too much margin for error. I was completely wrong. I found this to actually be far better and easier to use than my normal pencil. The applicator is so precise and the eyeliner glides on so smoothly. I got the perfect look with one swipe, and added another for a more dramatic look. I can't believe it took me so long to discover this!" —Beauty Buzz Member Denise Hodder, 37, Severna Park



4.

"I was obsessed with the product while traveling. My skin gets extremely dry on planes and this completely solved that problem for me. My skin felt soft and hydrated instead of dry and tight like it normally feels while flying. This feels like a thick moisturizer on the skin, so you don't have to deal with the dryness of clay masks." —Beauty Buzz Member Lyndsie Cox, 22, Glen Burnie

Products We Love

THIS MONTH'S PICKS FROM
THE BEAUTY BUZZ TEAM

By Caley Breese

Check out the latest and greatest hair, skin, makeup, and grooming products, reviewed by our Beauty Buzz team (and the occasional What's Up? staff member!)

2

THE MOISTURIZER BY ALITURA NATURALS

\$49/1.7 fl. oz.; \$79/3.4 fl. oz., alituranaturals.com

Achieve glowing, hydrated, and nourished skin with this all-natural daily facial moisturizer, rich in organic ingredients and superfood extracts. Sea buckthorn and wilelaiki raw honey extract work together to promote new cell growth, heal damaged skin tissue, and slow the aging process, leaving you with a rejuvenated, radiant complexion.



For more reviews, visit us online at WHATSUPMAG.COM

3

LONG-LASTING LIQUID EYELINER BY DECK OF SCARLET

\$19, deckofscarlet.com

Featuring a tapered pen applicator, you can either dial up the drama or achieve a smooth, subtle look with this liquid eyeliner. This formula glides on easily and lasts all day long, keeping you looking perfect during the work day and all the way through happy hour.



4

HYDRATING FACE MASK BY NÜGG BEAUTY

\$3.99/single pod; \$17.99/5-pack, nuggbeauty.com

Your dry, sensitive skin will thank you when you use this travel-friendly, hydrating face mask. Formulated with camellia seed oil and spirulina extract, this mask will refresh and moisturize your skin, and leave you with a dewy finish. To use, apply the entire contents of one pod to clean, dry skin and leave on for 10 to 15 minutes. You can also use it as an overnight treatment or as a primer under your makeup.



1

JUST KISSED® LIP AND CHEEK STAIN BY JANE IREDALE

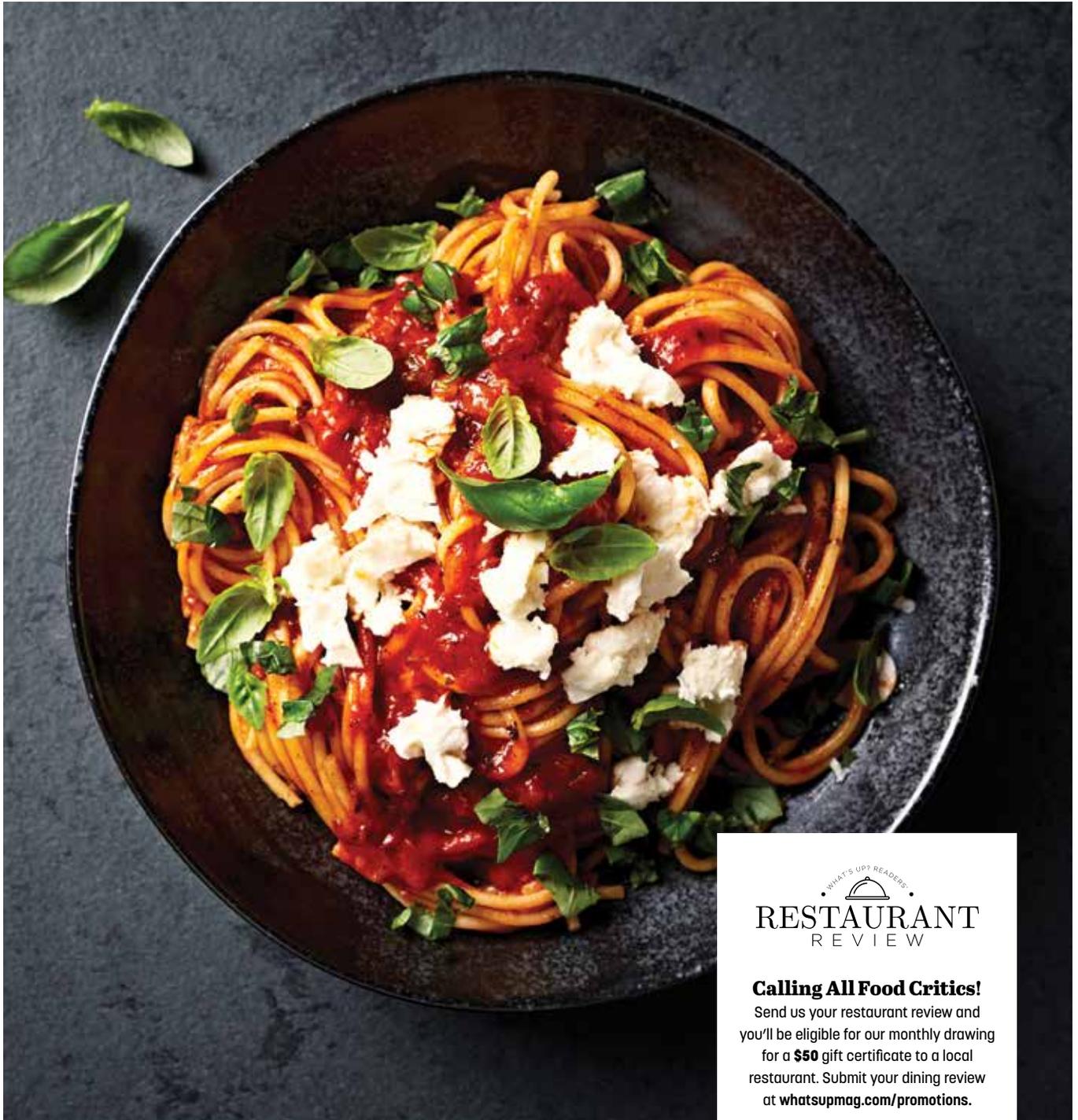
\$28, janeiredale.com

Save time during your morning makeup routine by using this two-in-one lip and cheek stain, infused with natural botanicals. The hydrating formula lasts all day and offers flattering color that adjusts to your skin's undertones. For use on lips, apply product directly. For cheeks, apply a small amount and blend gently with fingers.



Dining

102 GUIDE



WHAT'S UP? READERS

RESTAURANT
REVIEW

Calling All Food Critics!

Send us your restaurant review and you'll be eligible for our monthly drawing for a **\$50** gift certificate to a local restaurant. Submit your dining review at whatsupmag.com/promotions.

Dining Guide

Advertisers Listed in Red

Average entrée price
\$ 0-14 \$\$ 15-30 \$\$\$ 31 and over

☎ Reservations

Y Full bar

👨 Family Friendly

🌊 Water View

☀ Outdoor Seating

🎵 Live Music

🐕 Dog Friendly

👑 Best of 2018 Winner

Queen Anne's County

Adam's Taphouse and Grille

100 Abruzzi Drive, Chester; 410-643-5050; Adamsgillkentsland.com; Barbecue; lunch, dinner \$\$ ☎ Y 🍷

Annie's Paramount Steak & Seafood House

500 Kent Narrows Way N., Grasonville; 410-827-7103; Annies.biz; Steakhouse, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷 🌊

Big Bats Café

216 Saint Claire Place, Stevensville; 410-604-1120; Bigbats.com; American, sports bar; lunch, dinner \$ Y 🍷 ☀ 🎵

Bridges Restaurant

321 Wells Cove Road, Grasonville; 410-827-0282; Bridgesrestaurant.net; Seafood; lunch, dinner \$\$ ☎ Y 🌊 ☀ 🍷

Café Sado

205 Tackle Circle, Chester; 410-604-1688; Cafesado.com; Thai, sushi; lunch, dinner \$\$ Y 🌊 🍷

Capriotti's

500 Abruzzi Drive, Chester; 410-643-9993; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

Carmine's New York Pizza

2126 DiDonato Drive, Chester; 410-604-2123; Carminesnypizzakitchen.net; Italian, pizza; lunch, dinner \$ 🍷 🌊

Doc's Riverside Grille

511 Chesterfield Avenue, Centreville; 410-758-1707; Docsriversidegrille.com; American; lunch, dinner \$ Y 🍷 🎵 🌊

El Jefe Mexican Kitchen & Tequila Bar

1235 Shopping Center Road, Stevensville; 410-604-1234; Eljefemexkitchen.com; Mexican; lunch, dinner \$-\$\$ Y 🍷

Fisherman's Inn & Crab Deck

3032 Kent Narrows Way S., Grasonville; 410-827-6666; Crabdeck.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 ☀ 🎵

Frix's Fire Grill

1533 Postal Road, Chester; 410-604-2525; Frixsfiregrill.com; Brazilian/American, small plates, bar/lounge; lunch, dinner \$\$ ☎ Y 🍷

Harris Crab House

433 Kent Narrows Way N., Grasonville; 410-827-9500; Harriscrabhouse.com; Seafood, crabs; lunch, dinner \$\$ ☎ Y 🍷 🌊 ☀ 🎵

Hemingway's Restaurant

357 Pier One Road, Stevensville; 410-604-0999; Hemingwaysbaybridge.com; Seafood; lunch, dinner \$\$ ☎ Y 🌊 ☀

Historic Kent Manor Inn

500 Kent Manor Drive, Stevensville; 410-643-5757; Kentmanor.com; Modern American; special occasion dining, Sunday brunch \$\$\$ ☎ Y

The Jetty Restaurant & Dock Bar

201 Wells Cove Road, Grasonville, 410-827-4959, Jettydockbar.com, American, seafood; lunch, dinner \$ Y 🍷 🌊 🎵

Kentmorr Restaurant

910 Kentmorr Road, Stevensville; 410-643-2263; Kentmorr.com; American, seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 ☀

Knoxie's Table

180 Pier 1 Rd, Stevensville; 443-249-5777; Baybeachclub.com; American; dinner, weekend brunch ☎ Y 🍷 🌊

Ledo Pizza

110 Kent Landing, Stevensville; 410-643-7979; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷 🌊

Love Point Deli

109 Main Street, Stevensville; 410-604-2447; Lovepointdeli.com; Deli; lunch, dinner \$ 🍷 🌊

The Narrows Restaurant

3023 Kent Narrows Way S., Grasonville; 410-827-8113; Thenarrowsrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🌊 ☀ 🍷

O'Shucks Irish Pub

122 Commerce Street, Centreville; 410-758-3619; Oshucksirishpub.com; Irish, American; lunch, dinner \$ Y 🍷

Rams Head Shore House

800 Main Street, Stevensville; 410-643-2466; Ramsheadshorehouse.com; American, brewery; breakfast, lunch, dinner \$ Y 🍷 🎵 🌊

Red Eye's Dock Bar

428 Kent Narrows Way N., Grasonville; 410-827-3937; Redeyedockbar.com; American, seafood; lunch, dinner \$ Y 🌊 ☀ 🎵

Rustico Restaurant & Wine Bar

401 Love Point Road, Stevensville; 410-643-9444; Rusticoonline.com; Southern Italian; lunch, dinner \$\$ ☎ Y 🍷

SandBar at Rolph's Wharf

1008 Rolph's Wharf Road, Chestertown; 410-778-6389; Seafood; lunch, dinner \$ Y 🌊 🎵

Smoke, Rattle & Roll

419 Thompson Creek Road, Stevensville; 443-249-3281; Smokerattleandroll.com; BBQ; lunch, dinner \$ 🍷

Talbot County

208 Talbot 208 N. Talbot Street, St. Michaels; 410-745-3838; 208talbot.com; Modern American; dinner \$\$ ☎ Y

Ava's Pizzeria & Wine Bar 409 S. Talbot Street, St. Michaels; 410-745-3081; Avaspizzeria.com; Italian, pizza; lunch, dinner \$\$ Y 🍷 🌊

BISTRO ST. MICHAELS

"The brunch was fantastic. Can't wait to go back!" —James Bowman

Awful Arthur's Seafood Company

402 S. Talbot St., St. Michaels; 410-745-3474; Awfularthursusa.com; Fresh seafood, authentic oyster bar \$\$ Y 🍷 🌊 ☀ 🍷

The Barn Steakhouse & Sports Bar

8249 Teal Drive, Easton; 410-820-0500; Thebarnofeaston.com; Steak, American; brunch, lunch, dinner \$\$\$

The BBQ Joint

216 East Dover Street, Ste. 201, Easton; 410-690-3641; Andrew-evansbbqjoint.com; Barbecue; lunch, dinner \$ Y 🍷 ☀ 🍷

Banning's Tavern

42 E Dover Street, Easton; 410-822-1733; Banningstavern.com; American; lunch, dinner \$\$ ☎ Y

Bartlett Pear Inn

28 S. Harrison Street, Easton; 410-770-3300; Bartlettpearinn.com; Farm-to-table; dinner \$\$\$ ☎ Y

Bas Rouge

19 Federal Street, Easton; 410-822-1637; Basrougeeaston.com; European; lunch, dinner \$\$\$ ☎

Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; dinner, Weekend brunch \$\$ ☎ Y

Blackthorn Irish Pub

209 Talbot Street, St. Michaels; 410-745-8011; Irish, seafood; lunch, dinner \$\$ Y 🍷

Capriotti's

106 Marlboro Avenue, Easton; 410-770-4546; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

Capsize (Seasonal)

314 Tilghman Street, Oxford; 410-226-5900; Capsizeoxmd.com; American; lunch, dinner \$-\$\$ ☎ Y 🌊 ☀

Captain's Ketch

316 Glebe Road, Easton; 410-820-7177; Captainsketchseafood.com; Seafood; lunch, dinner

Carpenter Street Saloon

113 Talbot Street, St. Michaels; 410-745-5111; Carpentersstreetsaloon.com; American, seafood; breakfast, lunch, dinner \$\$ Y 🎵 🍷

Characters Bridge Restaurant

6136 Tilghman Island Road, Tilghman; 410-886-1060; Fresh seafood, casual atmosphere; Lunch, dinner; Charactersbridge-restaurant.com \$\$ Y 🍷 🌊 ☀

Chesapeake Landing

23713 St. Michaels Road, St. Michaels; 410-745-9600; Chesapeake-landingrestaurant.com; Seafood; lunch, dinner \$\$ Y 🍷

The Crab Claw Restaurant

304 Burns Street, St. Michaels; 410-745-2900; Thecrabclaw.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 ☀

Crab N Que

207 N. Talbot St., St. Michaels; 410-745-8064; Crabnque.com; Seafood, Barbecue; lunch, dinner \$\$

Crepes By The Bay

413 S. Talbot St., St. Michaels; 410-745-8429; Breakfast, lunch Y 🍷 ☀

Doc's Sunset Grille

104 W Pier St., Oxford; 410-226-5550; American; lunch, dinner \$ ☎ 🌊 ☀

El Dorado Bar & Grill
201-C Marlboro Avenue, Easton; 410-820-4002; Mexican; lunch, dinner \$\$ ☎ 🍷 🍷

Foxy's Harbor Grille (Seasonal)
125 Mulberry St., St. Michaels; 410-745-4340; Foxysharborgrille.com; Seafood, American; lunch, dinner \$ 🍷 🍷 🍷 🍷 🍷 🍷

The Galley St. Michaels
305 S. Talbot Street, St. Michaels; 410-200-8572; Thegalleyssaintmichaels.com; Breakfast, lunch \$ 🍷 🍷 🍷 🍷 🍷 🍷

Gina's Cafe
601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascasfemikes; Southwestern, Vegetarian; lunch, dinner \$\$

Harrison's Harbour Lights
101 N. Harbor Road, St. Michaels; 410-745-9001; Harbourinn.com; American, seafood; lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷

Hill's Cafe and Juice Bar
32 East Dover Street, Easton; 410-822-9751; Hillscasfeandjuice.com; American, milkshakes, sandwiches; breakfast, lunch \$ 🍷

Hot off The Coals BBQ
8356 Ocean Gateway, Easton; 410-820-8500; Hotoffthecoals.com; Barbecue; lunch, dinner \$ 🍷 *

Hunters' Tavern at the Tidewater Inn
101 E. Dover Street, Easton; 410-822-4034; Tidewaterinn.com; American; breakfast, lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

In Japan
101 Marlboro Avenue, Easton; 410-443-0681; Injapansushi.com; Japanese, sushi; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Krave Courtyard
12 W. Dover St., Easton; 410-980-5588; American; lunch \$ *

Latitude 38 Bistro & Spirits
26342 Oxford Road, Oxford; 410-226-5303; Latitude38.biz; American, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍷 🍷 🍷

Ledo Pizza
108 Marlboro Avenue, Easton; 410-819-3000; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷 🍷

Lighthouse Oyster Bar & Grill
125 Mulberry Street, St. Michaels; 410-745-2226; Lighthouseoysterbarandgrill.com; Seafood, American; lunch, dinner \$-\$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Limoncello Italian Restaurant
200 S. Talbot St., St. Michaels; 410-745-3111; Limoncellostmichaels.com; Italian; lunch, dinner \$\$ 🍷 🍷 🍷 🍷

Lowes Wharf
21651 Lowes Wharf Road, Sherwoo; 410-745-6684; Loweswharf.com; American; lunch, dinner \$ ☎ 🍷 🍷 🍷 🍷 🍷 🍷

Marker Five
6178 Tilghman Island Road, Tilghman; 410-886-1122; Markerfive.com; Local seafood, lunch, dinner Thursday-Sunday \$\$ ☎ 🍷 🍷 🍷 🍷 🍷 *

Mason's Redux
22 South Harrison Street, Easton; 410-822-3204; Masonsredux.com; Modern American; lunch, dinner, Sunday brunch \$-\$\$ ☎ 🍷 🍷 🍷 🍷 🍷 🍷

Old Brick Café
401 S. Talbot St., St. Michaels; 410-745-3323; Breakfast

Out of the Fire Café & Wine Bar
22 Goldsborough Street, Easton; 410-770-4777; Outofthefire.com; Mediterranean, seafood; lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷

Peacock Restaurant & Lounge at Inn at 202 Dover
202 E. Dover Street, Easton; 410-819-8007; Innat202dover.com; Modern American; dinner \$\$ ☎ 🍷 🍷

Piazza Italian Market
218 N. Washington Street, Easton; 410-820-8281; Piazzaitalianmarket.com; Italian; lunch, takeout \$ 🍷 🍷 🍷 🍷

Plaza Tapatia
7813 Ocean Gateway, Easton; 410-770-8550; Plazatapatia.com; Mexican; lunch, dinner \$ 🍷 🍷 🍷 🍷

Pope's Tavern
504 S. Morris St., Oxford; 410-226-5220; Oxfordinn.net; European bistro; dinner \$\$ ☎ 🍷 🍷

Portofino Ristorante Italiano
4 W. Dover Street, Easton; 410-770-9200; Portofinoeaston.com; Italian; dinner \$\$ ☎ 🍷 🍷

Robert Morris Inn
314 North Morris Street, Oxford; 410-226-5111; Robertmorrisonn.com; Modern American; breakfast, lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Sakura Sushi Restaurant
8475 Ocean Gateway, Easton; 410-690-4770; Japanese, Sushi; lunch, dinner \$-\$\$

Sam's Pizza & Restaurant
1110 S. Talbot Street, St. Michaels; 410-745-5955; Samspizzastmichaels.com; Italian, American, Greek cuisine; lunch, dinner \$ 🍷 🍷 🍷 🍷

Scossa Restaurant & Lounge
8 N. Washington Street, Easton; 410-822-2202; Scossarestaurant.com; Northern Italian; lunch, dinner, Sunday brunch \$\$ ☎ 🍷 🍷 🍷 🍷

Stars at Inn at Perry Cabin
308 Watkins Lane, St. Michaels; 410-745-2200; Perrycabin.com; Seafood; breakfast, lunch, dinner \$\$\$ ☎ 🍷 🍷 🍷 🍷

St. Michaels Crab & Steakhouse
305 Mulberry Street, St. Michaels; 410-745-3737; Stmichaelscrabhouse.com; American, seafood; lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷 🍷 🍷

Sugar Buns Airport Café & Bakery
29137 Newnam Road, Easton; 410-820-4220; Sugarbuns.com; Baked goods, desserts, light fare; breakfast, lunch \$ 🍷

Sunflowers & Greens
11 Federal Street, Easton; 410-822-7972; Sunflowersandgreens.com; Salads; lunch \$

T at the General Store
25942 Royal Oak Road, Easton; 410-745-8402; Tatthegeneralstore.com; Dinner, Weekend brunch \$\$ ☎ 🍷 🍷

Theo's Steaks, Sides & Spirits
407 S. Talbot Street, St. Michaels; 410-745-2106; Theosteakhouse.com; Steakhouse; dinner \$\$\$ ☎ 🍷 🍷 🍷 🍷

Two if by Sea
5776 Tilghman Island Road, Tilghman; 410-886-2447; Twoifbysearestaurant.com; American; breakfast, lunch, Sunday brunch \$ 🍷 🍷

U Sushi
108 Marlboro Avenue, Easton; 410-763-8868; Usushimd.com; Japanese; lunch, dinner \$\$ 🍷

Victory Garden Café
124 S Aurora St., Easton; 410-690-7356; Multi-cuisine; breakfast, lunch, dinner \$ ☎ 🍷 🍷 🍷

Washington Street Pub & Oyster Bar
20 N. Washington Street, Easton; 410-822-1112; Washingtonstreetpub.com; American; lunch, dinner \$\$ ☎ 🍷 🍷 🍷 🍷 🍷

Kent County

Barbara's On The Bay
12 Ericson Avenue, Berterton; 410-348-3079; Barbarasonthebay.com; American; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷 🍷

Bay Wolf Restaurant
21270 Rock Hall Ave, Rock Hall; 410-639-2000; Baywolfrestaurant.com; Austrian & Eastern Shore Cuisine; lunch, dinner \$ 🍷

Beverly's Family Restaurant
11 Washington Ave, Chestertown; 410-778-1995; American; breakfast, lunch, coffee 🍷

Café Sado
870 High Street, Chestertown; 410-778-6688; Cafesado.com; Sushi and Thai \$\$ 🍷 🍷

The Channel Restaurant at Tolchester Marina (Seasonal)
21085 Tolchester Beach Road, Chestertown; 410-778-1400; Tolchestermarina.com; Seafood, American; lunch, dinner 🍷 🍷 🍷 *

China House
711 Washington Ave, Chestertown; 410-778-3939; Chinese; lunch, dinner \$

Ellen's Coffee Shop & Family Restaurant
205 Spring Ave, Chestertown; 410-810-1992; American; breakfast, lunch, dinner, coffee \$\$ 🍷

Evergrain Bread Company
203 High Street, Chestertown; 410-778-3333; Evergrainbreadco.com; Bakery; breakfast, lunch \$ 🍷

THE GALLEY SAINT MICHAELS

THE GALLEY SAINT MICHAELS
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Figg's Ordinary

207 S. Cross Street
#102, Chestertown;
443-282-0061; Figg-
sordinary.com; Café
and Bakery; Breakfast,
Lunch, Gluten and
refined sugar free \$ *

Fish Whistle

98 Cannon Street, Ches-
terton; 410-778-3566;
Fishandwhistle.com;
American; lunch, dinner
\$\$ ☎ 🍷 🌿 🍷 🌿 *

Ford's Seafood

21459 Rock Hall Ave,
Rock Hall; 410-639-
2032; Seafood; break-
fast, lunch, dinner \$\$\$

Harbor House (Seasonal)

23141 Buck Neck Road,
Chestertown; 410-778-
0669; Harborhouseat-
wortoncreekmarina.com;
Seafood, American;
dinner, Saturday and
Sunday lunch \$\$
☎ 🍷 🌿

Harbor Shack

20895 Bayside Ave,
Rock Hall; 410-639-
9996; Harborshack.
net; American, seafood;
lunch, dinner \$-\$\$ 🌿
🍷 🌿 *

Java Rock

21309 Sharp St., Rock
Hall; 410-639-9909;
Javarockcoffeehouse.
com; Gourmet coffee,
light fare; breakfast,
lunch \$ 🍷 *

**The Kitchen at the
Imperial**

208 High Street Ches-
terton, MD. 21630;
410-778-5000; Impe-
rialchestertown.com;
Small Plates Tavern &
Casual Fine Dinning
Restaurant, Sunday
Brunch \$\$ 🌿 * 🍷

Luisa's Cucina Italiana

849 Washington Ave,
Chestertown; 410-778-
5360; Luisasrestaurant.
com; Italian; lunch,
dinner \$-\$\$ ☎ 🌿

**Marzella's By The Bay
LLC**

3 Howell Point Road,
Betterton; 410-348-
5555; Italian, Ameri-
can; lunch, dinner \$
☎ ☎

New Yarmouth Café

21325 Rock Hall Ave,
Rock Hall; 410-639-
9933; Newyarmouth-
cafe.com; American,
Italian; breakfast,
lunch, dinner \$

**O'Connor's Pub &
Restaurant**

844 High Street, Ches-
terton; 410-810-3338;
American, Irish; lunch,
dinner \$\$ 🌿 🍷 *

Osprey Point

20786 Rock Hall
Avenue, Rock Hall;
410-639-2194; Osprey-
point.com; American,
Seafood; dinner,
Sunday brunch \$\$\$ ☎
🌿 🍷 🍷

Pasta Plus

21356 Rock Hall Ave,
Rock Hall; 410-639-
7916; Rockhallpasta-
plus.com; American,
Italian; breakfast,
lunch, dinner \$ 🍷

Plaza Tapatia

715 Washington Ave,
Chestertown
410-810-1952
Plazatapatia.com
Mexican; lunch, dinner
\$-\$\$ 🍷 🌿

Procolino Pizza

711 Washington Ave,
Chestertown; 410-778-
5900; Italian; lunch,
dinner \$-\$\$

Two Tree Restaurant

401 Cypress Street, Mil-
lington; 410-928-5887;
Twotreerestaurant.
com; Farm-to-table;
lunch, dinner \$\$ ☎ 🌿

Uncle Charlie's Bistro

834B High Street,
Chestertown; 410-778-
3663; Unclecharlies-
bistro.com; Modern
American; lunch,
dinner, Sunday brunch
\$\$ 🌿 🍷

Waterman's Crab House

21055 Sharp Street,
Rock Hall; 410-639-
2261; Watermanscrab-
house.com; Seafood;
lunch, dinner \$\$ ☎ 🌿
🍷 🍷 🌿 *

Wheelhouse Restaurant

20658 Wilkens Ave.,
Rock Hall; 410-639-
4235; American; din-
ner, weekend lunch and
dinner, Sunday brunch
\$\$ 🌿 🌿

**Dorchester
County**

**Bay County Bakery and
Café**

2951 Ocean Gateway,
Cambridge; 410-228-
9111; Baycountybakery.
com; Sandwiches,
pastries; breakfast,
lunch \$ 🍷

Bistro Poplar

535 Poplar Street,
Cambridge; 410-228-
4884; Bistropoplar.
com; French; dinner
\$\$\$ ☎ 🌿 🍷

**Black Water Bakery
and Coffee House**

429 Race Street, Cam-
bridge; 443-225-5948;
Black-water-bakery.
com; Artisan breads,
soups, sandwiches,
desserts \$

Blue Point Provision

100 Heron Boulevard,
Cambridge; 410-901-
6410; Chesapeakebay.
hyatt.com; Seafood;
dinner \$\$ ☎ 🌿 🍷

**Canvasback Restaurant
& Irish Pub**

420 Race Street, Cam-
bridge; 410-221-7888;
Irish, European; lunch,
dinner \$\$ ☎ 🌿 🍷 🌿

Carmela's Cucina

400 Academy Street,
Cambridge; 410-221-
8082; Carmelascuci-
na1.com; Italian; lunch,
dinner \$ ☎ 🍷

High Spot Gastropub

305 High Street, Cam-
bridge; 410-228-7420;
Thehighspotgastropub.
com; Modern Ameri-
can; breakfast, lunch,
dinner \$ 🌿 🍷 🍷 🍷

**Jimmie & Sook's Raw
Bar & Grill**

527 Poplar Street, Cam-
bridge; 410-228-0008;
Jimmieandsooks.com;
Seafood; lunch, dinner
\$ 🌿 🍷 🍷 🌿

Ocean Odyssey

316 Sunburst Highway
(Rt. 50), Cambridge;
410-228-8633;
toddeasefood.com;
Seafood; lunch, dinner
\$\$, ☎ 🍷 *

**Portside Seafood
Restaurant**

201 Trenton Street,
Cambridge; 410-228-
9007; Portsidemary-
land.com; Seafood;
lunch, dinner \$ 🌿 🍷
🍷 *

RAR Brewing

504 Poplar Steet,
Cambridge; 443-225-
5664; Rarbrewing.
com; American; lunch,
dinner \$ 🌿 🍷

Rock Lobstah

315 Gay Street, Cam-
bridge; 443-477-6261;
Rocklobstah.com;
Seafood; lunch, dinner
\$\$ 🌿

**Snapper's Waterfront
Café**

112 Commerce Street,
Cambridge; 410-228-
0112; Snapperswater-
frontcafe.com; Ameri-
can, seafood; lunch,
dinner, Sunday breakfast
\$ 🌿 🍷 🌿 🍷 🌿

Stoked Wood Fired Eatery

413 Muir St., Cambridge;
443-477-6040; Stoked-
woodfiredeatery.com;
Italian; lunch, dinner \$
☎ 🌿 🍷 🍷

**Suicide Bridge
Restaurant**

6304 Suicide Bridge
Road, Hurlock;
410-943-4689; Sui-
cide-bridge-restaurant.
com \$\$ 🌿 🍷 🍷

**Caroline
County**

Harry's on the Green

4 South First Street,
Denton; 410-479-1919;
Harrysonthegreen.com;
American, seafood;
lunch, dinner \$\$ ☎ 🌿 *

Market Street Public House

200 Market Street,
Denton; 410-479-4720;
Marketstreet.pub Irish,
American; lunch, dinner
\$ 🌿 🌿

May Calendar

(F) FAMILY EVENTS (C) CHARITY EVENTS (TIX) AVAILABLE AT WHATSUPTIX.COM

Advertisers listed in red What's Up? Tix event listed in blue



Spring Thing

IN CAROLINE

↑ Celebrate spring in Historic Downtown Denton during Spring Thing, a free community art event, on Saturday, May 11th, 1-5 p.m. Spend an afternoon enjoying live entertainment, art activities, concessions, vendors, and fun for the whole family. For more information, visit DowntownDenton.com.

Wednesday

1

SPECIAL EVENTS

Opening Day for Lighthouse at Choptank River Lighthouse, Cambridge. 9 a.m. Visitdorchester.org

Party for the Arts at What's Up? Media, Annapolis. 5:30 p.m. 410-266-6287. Whatsuptix.com (TIX)

Drawing in Tintoretto's Venice at National Gallery of Art, Washington. 10 a.m.-5 p.m. (Mon.-Sat.), 11 a.m.-6 p.m. (Sun.). Now through May 26th, 2019. Nga.gov

Richard Diebenkorn: Beginnings, 1942-1955 at Academy Arts Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through July 14th, 2019. 410-822-2787. Academyart-museum.org

Deconstructing Decoys: The Culture of Collecting at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through November 1st, 2019. 410-745-2916. Cbmm.org

Beach Finds on the Chesapeake at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through June 29th, 2019. 410-745-2916. Cbmm.org

Visual Storytellers at Chestertown RiverArts, Chestertown. 11 a.m.-5:30 p.m. (Tues.-Fri.), 10 a.m.-5:30 p.m. (Sat.), 11 a.m.-3 p.m. (Sun.). Now through June 2nd, 2019. 410-778-6300. Chestertownriverarts.net

Light - Water + Stone at the Carla Massoni Gallery, Chestertown. 11 a.m.-4 p.m. (Wed.-Fri.), 10 a.m.-5 p.m. (Sat.). Now through May 5th, 2019. 410-778-7330. Massoniart.com

Jon Mort - Hold These Truths at the Carla Massoni Gallery, Chestertown. 11 a.m.-4 p.m. (Wed.-Fri.), 10 a.m.-5 p.m. (Sat.). Now through May 5th, 2019. 410-778-7330. Massoniart.com

Annual Spring Group Show at Troika Gallery, Easton. 10 a.m.-5:30 p.m. (Mon.-Sat.). Now through June 4th, 2019. 410-770-9190. Troikagallery.com

Bright Colors of Spring at What's Up? Media Gallery, Annapolis. 8 a.m.-6 p.m. (Mon.-Fri.). Now through August 16th, 2019. 410-266-6287. Whatsupmag.com

MUSIC

Washington College Percussion Ensemble at Washington College, Chestertown. 7:30 p.m. 410-778-7839. Washcoll.edu

SPORTS

Cardinals at Nationals at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

SPECIAL EVENTS

Ocean City Springfest at Ocean City Inlet, Ocean City. 10 a.m. Ococean.com (F)

ALL Course: The Dynamic Gershwins at Chesapeake Bay Maritime Museum, St. Michaels. 1 p.m. 410-745-2916. Cbmm.org

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

Treasure the Chesapeake Gala at Baltimore Museum of Industry, Baltimore. 6 p.m. Cbtrust.org (C)

MUSIC

Washington College Symphonic Band at Gibson Center for the Arts, Chestertown. 7:30 p.m. 410-778-7839. Washcoll.edu

Wishbone Ash at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Classic Albums Live Series: The Beatles - Abbey Road at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalon-foundation.org

PERFORMING ARTS

A New Brain at The Colonial Players, Inc., Annapolis. 8 p.m. 410-268-7373. Thecolonialplayers.org

Laughing Stock at Tred Avon Players, Oxford. 7:30 p.m. 410-266-0061. Tredavonplayers.org

Red at Compass Rose Theater, Annapolis. 7 p.m. 410-980-6662. Compass-rosetheater.org

SPORTS

Cardinals at Nationals at Nationals Park, D.C. 4:05 p.m. 202-675-6287. Nationals.com (F)

SPECIAL EVENTS

First Friday in Chestertown at Downtown Chestertown, Chestertown. 5 p.m. 443-282-0246. Kentcounty.com

Ocean City Springfest at Ocean City Inlet, Ocean City. 10 a.m. Ococean.com (F)

Murder Mystery Harris Crab House at Harris Crab House, Grasonville. 6 p.m. 410-739-4363. Whatsuptix.com (C) (TIX)

Friday Night Karaoke at The Hideaway, Odenton. 9 p.m. 410-874-7300. Hideaway-denton.com

MUSIC

M3 Rock Festival at Merriweather Post Pavilion, Columbia. 7 p.m. 410-715-5550. Merriweathermusic.com

WAcappella at Gibson Center for the Arts, Chestertown. 7:30 p.m. 410-778-7839. Washcoll.edu

Graham Parker at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

The Temptations & The Four Tops at MGM National Harbor, Oxon Hill. 8 p.m. 844-346-4664. Mgmnationalharbor.com

Friday

3

Thursday

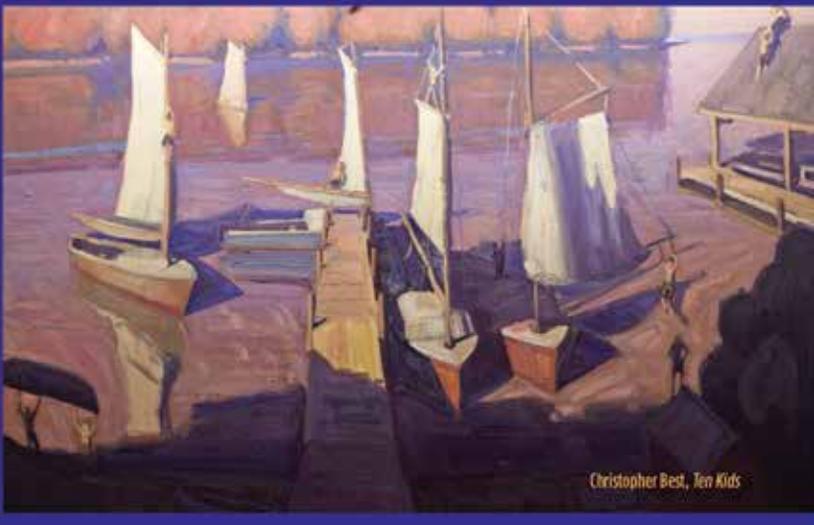
2

Oxford's 35th Annual Celebration
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oxfordcc.org

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Christopher Best, Ten Kids

On Stage

Where the Wild Things Are

Garfield Center for the Arts; April 26th through May 12th, 2019; TBA; Garfieldcenter.org; 410-810-2060 Adapted from the beloved children's book by Maurice Sendak, *Where the Wild Things Are* follows a mischievous boy named Max as he journeys to a magical new world that appears in his bedroom.

Laughing Stock

Tred Avon Players; May 2nd through May 12th, 2019; \$5-20; Tredavonplayers.org; 410-266-0061 *Laughing Stock* is a hilarious backstage farce and genuinely affectionate look into the world of the theatre. When The Playhouse, a rustic New England summer theatre, schedules a repertory season of Dracula, Hamlet and Charley's Aunt, comic mayhem ensues.

Chitty Chitty Bang Bang

Jr. at Children's Theatre of Annapolis, Annapolis. 7 p.m. 410-757-2281. Childrenstheatreofannapolis.org (F)

Laughing Stock at Tred Avon Players, Oxford. (See 5/2).

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. 8 p.m. 410-980-6662. Annapolis-shakespeare.org

Red at Compass Rose Theater, Annapolis. (See 5/3).

Where the Wild Things Are at Garfield Center for the Arts, Chestertown. (See 5/3). (F)

SPORTS

Shorebirds vs. Grasshoppers at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Angels at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Friday

10

SPECIAL EVENTS

7th Annual Chesapeake BaySavers Golf Tournament on at Queenstown Harbor Golf Course, Queenstown. 9 a.m. 443-837-6857. Chesapeakebaysavers.org (C)

Environmental Concern's Spring Native Plant Sale and Open House at Environmental Concern Inc, St. Michaels. 9 a.m. 410-745-9620. Wetland.org

Friday Night Cruise-In at Historic Downtown Easton, Easton. 6 p.m. Dentonmaryland.com

MUSIC

Driftwood at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalonfoundation.org

The Clarks at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Rams-headonstage.com

PERFORMING ARTS

Chesapeake College Story-book Series: Your Alien at Todd Performing Arts Center, Chesapeake College, Wye Mills. 7 p.m. 410-822-7299. Avalonfoundation.org (F)

Wednesday

8

MUSIC

Johnny Orlando at Rams Head Live!, Baltimore. 7:30 p.m. 410-244-1131. Ramshead-live.com

SPORTS

Red Sox at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Shorebirds vs. Grasshoppers at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Thursday

9

SPECIAL EVENTS

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

MUSIC

A Mother's Day Celebration with Marvin Sapp and Guests At Wicomico Youth & Civic Center at Wicomico Youth & Civic Center, Salisbury. 7:30 p.m. 410-548-4900. Wicomicociviccenter.org

John Paul White at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Blue Water Highway at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalonfoundation.org

PERFORMING ARTS

Laughing Stock at Tred Avon Players, Oxford. (See 5/4).

Red at Compass Rose Theater, Annapolis. (See 5/2).

SPORTS

Shorebirds vs. Grasshoppers at Arthur W. Perdue Stadium, Salisbury. 10:35 a.m. 410-219-3112. Theshorebirds.com (F)

PERFORMING ARTS

A New Brain at The Colonial Players, Inc., Annapolis. 2 p.m. 410-268-7373. Thecolonialplayers.org

Laughing Stock at Tred Avon Players, Oxford. 2 p.m. & 7:30 p.m. 410-266-0061. Tredavonplayers.org

Red at Compass Rose Theater, Annapolis. 2 p.m. 410-980-6662. Compass-rosetheater.org

Where the Wild Things Are at Garfield Center for the Arts, Chestertown. 2 p.m. 410-810-2060. Garfieldcenter.org (F)

SPORTS

Rays at Orioles at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 800-848-2473. Orioles.com (F)

Monday

6

SPECIAL EVENTS

Open Portrait Studio at Academy Arts Museum Of Easton, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

PERFORMING ARTS

The Garfield Center Presents: Live Playwrights' Society at Garfield Center for the Arts, Chestertown. 7:30 p.m. Garfieldcenter.org

SPORTS

Red Sox at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Tuesday

7

SPORTS

Red Sox at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

MUSIC

M3 Rock Festival at Merriweather Post Pavilion, Columbia. 12 p.m. 410-715-5550. Merriweathermusic.com

WACappella at Gibson Center for the Arts, Chestertown. 2 p.m. & 7:30 p.m. 410-778-7839. Washcoll.edu

Dick Durham and Stef Scaggiari at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrockhall.org

Todd Snider at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

PERFORMING ARTS

A New Brain at The Colonial Players, Inc., Annapolis. (See 5/2).

Laughing Stock at Tred Avon Players, Oxford. 7 p.m. 410-266-0061. Tredavonplayers.org

Red at Compass Rose Theater, Annapolis. 2 p.m. & 8 p.m. 410-980-6662. Compassrosetheater.org

Where the Wild Things Are at Garfield Center for the Arts, Chestertown. (See 5/3).

SPORTS

D.C. United vs. Columbus Crew SC at Audi Field, D.C. 8 p.m. Audifielddc.com (F)

Rays at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Sunday

5

SPECIAL EVENTS

Ocean City Springfest at Ocean City Inlet, Ocean City. 10 a.m. Ococean.com (F)

Murder Mystery Harris Crab House at Saints Peter and Paul High School, Easton. 3 p.m. 410-739-4363. Whatsuptix.com (C) (TIX)

MUSIC

M3 Rock Festival at Merriweather Post Pavilion, Columbia. 12 p.m. 410-715-5550. Merriweathermusic.com

Ann Street Trio at The Mainstay, Rock Hall. 4 p.m. 410-639-9133. Mainstayrockhall.org

Terry Reid at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

PERFORMING ARTS

A New Brain at The Colonial Players, Inc., Annapolis. (See 5/2).

Laughing Stock at Tred Avon Players, Oxford. (See 5/2).

Red at Compass Rose Theater, Annapolis. 8 p.m. 410-980-6662. Compassrosetheater.org

Where the Wild Things Are at Garfield Center for the Arts, Chestertown. 8 p.m. 410-810-2060. Garfieldcenter.org (F)

SPORTS

Rays at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Saturday

4

SPECIAL EVENTS

8th Annual Derby Day at Talisman Therapeutic Riding, Inc., Annapolis. 12 p.m. 443-239-9400. Whatsuptix.com (C) (TIX)

Benedictine Spring Benefit: A Night at the Races at Tidewater Inn, Easton. 12 p.m. 410-634-2292. Benschool.org (C)

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

Six Pillars Century 2019 Blackwater Tour at Blackwater National Wildlife Refuge, Cambridge. 8 a.m. Sixpillarscentury.org (C)

Boater's Safety Course at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m. 410-745-2916. Cbmm.org

Queen Anne's County Home and Garden Pilgrimage at Queen Anne's County. 10 a.m. 443-223-1699. Mhgp.org

20th Annual Multicultural Festival at Idlewild Park, Easton. 10 a.m. 410-822-0345. Avalonfoundation.org (F)

Ocean City Springfest at Ocean City Inlet, Ocean City. 10 a.m. Ococean.com (F)

Derby Gala on Race Day at Canterbury Manor, Easton. 5:30 p.m. 410-822-2787. Academyartmuseum.org

Free Learn to Row Clinic at The Docks at Evergreen, Easton. 9 a.m. 410-924-6621. Escrowers.org

Exhibitions

Beach Finds of the Chesapeake

Chesapeake Bay Maritime Museum; Now through June 29th, 2019; Free for CBMM members, \$6-15 for non-members; Cbmm.org; 410-745-2916 *Beach Finds of the Chesapeake* explores a sampling of the different types of finds discovered by those who seek to preserve the history of our region by collecting fragments of its past.

On Land and On Sea: A Century of Women in the Rosenfeld Collection

Chesapeake Bay Maritime Museum; May 17th through March 1st, 2020; Free for CBMM members, \$6-15 for non-members; Cbmm.org; 410-745-2916 *On Land and On Sea: A Century of Women in the Rosenfeld Collection* features the work of Morris and Stanley Rosenfeld, who created the world's largest and most significant collection of maritime photography. The iconic photos featured in this exhibition are recognizable to the general public and are treasured by boating enthusiasts. *On Land and On Sea* reveals the social and historical context of women over the better part of the 20th century through the lenses of the Rosenfelds' cameras.



Stanley Rosenfeld, Entrolle, 1916, Mystic Seaport Museum, Rosenfeld Collection, 1984.187.36266

Richard Diebenkorn: Beginnings, 1942–1955

Academy Art Museum; Now through July 14th, 2019; Opening reception: April 26th, 5:30-7 p.m.; \$3 for non-members, free for children under 12; Academyartmuseum.org; 410-822-2787 The exhibition *Richard Diebenkorn: Beginnings, 1942–1955* and its accompanying catalogue aim to present a comprehensive view of Diebenkorn's evolution to maturity, focusing solely on the paintings and drawings that precede his 1955 shift to figuration at age 33. Included in the exhibition are paintings and drawings primarily from the Richard Diebenkorn Foundation, many of which have not before been publicly exhibited.



Richard Diebenkorn, untitled, c. 1945, watercolor, ink and graphite on paper, Collection of the Richard Diebenkorn Foundation.

Chesapeake Visual Icons

Ward Museum, Salisbury University; May 17th through September 29th, 2019; Prices vary; Wardmuseum.org The area surrounding the Chesapeake Bay has a distinct visual appeal that is centered on the iconic images of the bay, its people, and the incredibly diverse bounty of both water and land. This exhibit features historical pictures that have shaped the wider understanding of the Chesapeake. Paired with the historical images, contemporary photographers will display works that feature the Chesapeake through both cultural and environmental perspectives, offering a powerful sense of where we have been and where we are.

Light – Water + Stone

Massoni Gallery; Now through May 5th, 2019; Massoniart.com; 410-778-7330 The artist begins with nothing and seeks to find expression for an inner vision known only to them. For Greg Mort, this exhibition offered a thought-provoking and rewarding challenge. The twelve watercolors in Mort's new series serve as an experiment in perception, a quest for revelation, and a sojourn into the heart of human emotion. For sculptor Shelley Robzen, this journey began in the mind's eye and ended within the stone. Working exclusively in the purest white carrara marble, she has created nine sculptures for this exhibition - each one succeeds in capturing the ephemeral quality of light.

Deconstructing Decoys: The Culture of Collecting

Chesapeake Bay Maritime Museum; Now through November 1st, 2019; Free for CBMM members, \$6-15 for non-members; Cbmm.org; 410-745-2916 *Deconstructing Decoys* will explore varying perspectives about decoys as art and will help guests understand how collectors "read" a decoy to determine its maker, its history, and its significance.

Jon Mort—Hold These Truths

Massoni Gallery; Now through May 5th, 2019; Opening reception: April 5th, 5-8 p.m.; Massoniart.com; 410-778-7330 The journey toward knowing, toward the goal of an objective truth, is reflected in the practice of making the drawings in this collection. The idea that deeper insight is worthwhile, that growth along the path to understanding is of value, comes into practice in the scrutiny of found objects.

Annual Spring Group Show

Troika Gallery; Now through June 4th, 2019; Free; Troikagallery.com; 410-770-9190 Featuring new masterpieces by Troika Gallery artists, the gallery's Annual Spring Group shows open in collaboration with the return of First Friday in Easton.

Visual Storytellers

Chestertown RiverArts; May 1st through June 2nd, 2019; Opening reception: May 3rd, 5-8 p.m.; Free; Chestertownriverarts.org; 410-778-6300 What does it take to tell a story? Storytelling is vital to making compelling images. Great feats of visual storytelling appear all around us; church windows, works by Norman Rockwell, and the published sketchbooks of Leonardo da Vinci. Visual storytelling uses the power of the visual image to ignite imaginations, evoke emotions, and capture universal cultural truths and aspirations. This exhibit is open to all media, and the artists are challenged to narrate a story within their piece of art.

MAY EVENTS

Maryland Freedom Swim at Bill Burton Fishing Pier State Park, Trappe. 410-820-1668. Shoreivers.org (C)

Second Saturday Art Night Out at Town of St. Michaels. 5 p.m. Tourtabot.org

Ride for the Feast 2019 at Ocean City, Ocean City. 8 a.m. Mdfeast.org (C)

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

5th Annual BAAM Fest at Idlewild Park, Easton. 12 p.m. Facebook.com/BAAMinc

A Spring Thing in Caroline at Downton Denton, Denton. 1 p.m. Downtondenton.com (F)

Second Saturdays in Chestertown at Downton Chestertown, Chestertown. 3 p.m. Kentcounty.com

AC2: An Intimate Evening With Anderson Cooper and Andy Cohen at The Hippodrome Theatre, Baltimore. 8 p.m. 410-837-7400. France-merrickpac.com

MUSIC

The Met: Live in HD - Francis Poulenc Dialogues des Carmélites at Avalon Theatre, Easton. 12 p.m. 410-822-7299. Avalonfoundation.org

Alejandro Escovedo at Rams Head On Stage, Annapolis. 1 p.m. 410-268-4545. Rams-headonstage.com

Karen Somerville Sing Mahalia, Aretha, and More at Summer Hall, Chestertown. 2 p.m. 443-282-0023. Garpost25.org

The Who: Moving On! at Jiffy Lube Live, Bristow. 7:30 p.m. 703-754-6400. Bristowampitheater.com

Mac McAnally at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

PERFORMING ARTS

Chitty Chitty Bang Bang Jr. at Children's Theatre of Annapolis, Annapolis. 10 a.m. & 4 p.m. 410-757-2281. Childrenstheatreofannapolis.org (F)

Laughing Stock at Tred Avon Players, Oxford. (See 5/2).

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. 2 p.m. & 8 p.m. 410-980-6662. Annapolis-shakespeare.org

Red at Compass Rose Theater, Annapolis. (See 5/4).

Where the Wild Things Are at Garfield Center for the Arts, Chestertown. (See 5/3). (F)

SPORTS

Shorebirds vs. Suns at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Angels at Orioles at Oriole Park at Camden Yards, Baltimore. 4:05 p.m. 800-848-2473. Orioles.com (F)

Sunday
12

SPECIAL EVENTS

Ride for the Feast 2019 at Ocean City, Ocean City. 8 a.m. Mdfeast.org (C)

Open Studio: Book Arts Studio at Academy Arts Museum of Easton, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

MUSIC

Here Come The Mummies at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

PERFORMING ARTS

Chitty Chitty Bang Bang Jr. at Children's Theatre of Annapolis, Annapolis. 2 p.m. 410-757-2281. Childrenstheatreofannapolis.org (F)

Laughing Stock at Tred Avon Players, Oxford. 2 p.m. 410-266-0061. Tredavonplayers.org

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. 2 p.m. 410-980-6662. Annapolis-shakespeare.org

Red at Compass Rose Theater, Annapolis. (See 5/6).

Where the Wild Things Are at Garfield Center for the Arts, Chestertown. (See 5/5). (F)

SPORTS

Angels at Orioles at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 800-848-2473. Orioles.com (F)

Shorebirds vs. Suns at Arthur W. Perdue Stadium, Salisbury. 2:05 p.m. 410-219-3112. Theshorebirds.com (F)

D.C. United vs. Sporting Kansas City at Audi Field, D.C. 7 p.m. Audifielddc.com (F)

Monday
13

SPECIAL EVENTS

Open Portrait Studio at Academy Arts Museum of Easton, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

MUSIC

Richard Thompson at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

PERFORMING ARTS

Sound of Music at Wicomico Youth & Civic Center, Salisbury. 7:30 p.m. 410-548-4900. Wicomicociviccenter.org

SPORTS

Shorebirds vs. Suns at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Tuesday
14

SPECIAL EVENTS

Mobile Veterans Center at Washington College at Washington College, Chestertown. 10 a.m. Washcoll.edu

British Afternoon Tea at Talbot County Women's Club, Easton. 2 p.m. 410-476-3898. Talbotcountywomensclub.org

MUSIC

Slayer at Merriweather Post Pavilion, Columbia. 6 p.m. 410-715-5550. Merriweather-music.com

Gordon Lightfoot at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

SPORTS

Mets at Nationals at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

FREE OF CHARGE AND OPEN TO THE PUBLIC

Death is but a *Dream*
Featuring Christopher Kerr, MD

THURSDAY, JUNE 20, 2019, 6 P.M.
Avalon Theatre, Easton, MD

Dr. Kerr, a hospice and palliative care physician and Chief Medical Officer at Hospice Buffalo, has been researching the dreams of terminally ill patients for several years. He will share what he has learned about the dreams and visions experienced by patients who are nearing the end of their lives, which is the subject of a documentary he is producing—Death is but a Dream—scheduled for release in 2020.

Register at
TalbotHospice.org/events
410-822-6681

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COMMUNITY DAY

Sunday, May 19, 9am-4pm

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FREE ADMISSION

410-745-2916 | cbmm.org

CHESAPEAKE BAY MARITIME MUSEUM

Wednesday 15

MUSIC

B.B. King Blues Band at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

SPORTS

Mets at Nationals at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Thursday 16

SPECIAL EVENTS

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

MUSIC

Le Vent du Nord at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrock-hall.org

NRBQ at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalonfoundation.org

PERFORMING ARTS

Red at Compass Rose Theater, Annapolis. (See 5/2).

SPORTS

Mets at Nationals at Nationals Park, D.C. 1:05 p.m. 202-675-6287. Nationals.com (F)

Friday 17

SPECIAL EVENTS

Fine Arts at Oxford at Oxford Community Center, Oxford. 9 a.m. 410-226-5904. Oxforddca.org

USNA Commissioning Week

at United States Naval Academy, Annapolis. 9 a.m. 4102938687. Usna.edu/commissioningweek

Black Eyed Susan Day at Pimlico Race Course, Baltimore. 10:30 a.m. 410-542-9400. Preakness.com

Chesapeake Visual Icons at Ward Museum of Wildfowl Art, Salisbury. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through September 29th, 2019. 410-742-4988. Wardmuseum.org

On Land and On Sea at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through March 1st, 2020. 410-745-2916. Cbmm.org

MUSIC

Jason Aldean at Merriweather Post Pavilion, Columbia. 7 p.m. 410-715-5550. Merriweathermusic.com

Willy Porter at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalonfoundation.org

PERFORMING ARTS

Chitty Chitty Bang Bang Jr. at Children's Theatre of Annapolis, Annapolis. (See 5/10). (F)

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. (See 5/10). Annapolisshakespeare.org

Red at Compass Rose Theater, Annapolis. (See 5/3).

SPORTS

Cubs at Nationals at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Saturday 18

SPECIAL EVENTS

Chesapeake Sea Glass Festival at Chesapeake College, Wye Mills. 12 p.m. Wicomico-humansociety.org (C)

St. Michaels Running Festival at St. Michaels High School, St. Michaels. 7 a.m. Runstm.com (C)

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

Maritime Model Expo at Chesapeake Bay Maritime Museum, St. Michaels. 10 a.m. 410-745-2916. Cbmm.org

Kent Island Day 2019 at Stevensville Packet Park, Stevensville. 10 a.m. Kentislandheritagesociety.org

144th Preakness at Pimlico Race Course, Baltimore. 10:30 a.m. 410-542-9400. Preakness.com

Cambridge Classic Powerboat Regatta at Great Marsh Park, Cambridge. 11 a.m. Cpbra.com

Rock Hall Spring BikeFest at Rock Hall Volunteer Fire Company, Rock Hall. 12 p.m. 410-639-7888. rockhallmd.com

CASABLANCA at Trident Aircraft Hanger at Easton Airport, Easton. 6:30 p.m. 410-822-2866. Casamidshore.org (C)

Two-Day Learn to Row Clinic at The Docks at Evergreen, Easton. 9 a.m. 410-924-6621. Escrowers.org

MUSIC

Music on the Nanticoke Concert at Vienna Waterfront Park, Vienna. 4 p.m. 443-239-0813.

PERFORMING ARTS

Chitty Chitty Bang Bang Jr. at Children's Theatre of Annapolis, Annapolis. (See 5/11). (F)

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. (See 5/11).

Red at Compass Rose Theater, Annapolis. (See 5/4).

SPORTS

Cubs at Nationals at Nationals Park, D.C. 7:15 p.m. 202-675-6287. Nationals.com (F)

Sunday 19

SPECIAL EVENTS

Cambridge Classic Powerboat Regatta at Great Marsh Park, Cambridge. 11 a.m. Cpbra.com

Haven Ministries Annual Tea Party at Prospect Bay Country Club, Grasonville. 3 p.m. Havenministries.org (C)

Two-Day Learn to Row Clinic at The Docks at Evergreen, Easton. 9 a.m. 410-924-6621. Escrowers.org

Community Day at Chesapeake Bay Maritime Museum, St. Michaels. 10 a.m. 410-745-2916. Cbmm.org

MUSIC

DC101 Kerfuffle with Greta Van Fleet and Young the Giant at Merriweather Post Pavilion, Columbia. 4:30 p.m. 410-715-5550. Merriweather-music.com

Peter Mayer at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

PERFORMING ARTS

Chitty Chitty Bang Bang Jr. at Children's Theatre of Annapolis, Annapolis. (See 5/12). (F)

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. (See 5/12).

Red at Compass Rose Theater, Annapolis. (See 5/5).

SPORTS

Cubs at Nationals at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Monday 20

SPECIAL EVENTS

Open Portrait Studio at Academy Arts Museum Of Easton, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

SPORTS

Yankees at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Tuesday 21

MUSIC

Amy Ray Band at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

SPORTS

Shorebirds vs. BlueClaws at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Yankees at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Wednesday 22

MUSIC

Savvy Brown at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

SPORTS

Yankees at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Shorebirds vs. BlueClaws at Arthur W. Perdue Stadium, Salisbury. 10:35 a.m. 410-219-3112. Theshorebirds.com (F)

Thursday 23

SPECIAL EVENTS

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

MUSIC

The Avett Brothers at Wolf Trap National Park for the Performing Arts, Vienna, VA. 7:30 p.m. 1-877-965-3872. Wolftrap.org

Cracker at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

PERFORMING ARTS

Crazy For You at Annapolis Summer Garden Theatre, Annapolis. 8:30 p.m. 410-286-9212. Summergarden.com

SPORTS

Shorebirds vs. BlueClaws at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Friday 24

SPECIAL EVENTS

Chestertown Tea Party Festival at Downtown Chestertown, Chestertown. 6 p.m. Chestertownteaparty.org (F)

MUSIC

The Avett Brothers at Wolf Trap National Park for the Performing Arts, Vienna, VA. 7:30 p.m. 1-877-965-3872. Wolftrap.org

Black Rhinoceros at Avalon Theatre, Easton. 8 p.m. 410-822-7299. Avalonfoundation.org

PERFORMING ARTS

Crazy For You at Annapolis Summer Garden Theatre, Annapolis. (See 5/23).

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. (See 5/10).

SPORTS

Marlins at Nationals at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Shorebirds vs. BlueClaws at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Saturday 25

SPECIAL EVENTS

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

Chestertown Tea Party Distance Classic and Run for Radcliffe at Wilmer Park, Chestertown. 8 a.m. Chestertownteapartyrun.org (F)(C)

Chestertown Tea Party Festival at Downtown Chestertown, Chestertown. 9 a.m. Chestertownteaparty.org (F)

Cambridge Wings & Wheels at Cambridge-Dorchester Airport, Cambridge. 10 a.m. Visitdorchester.org

MUSIC

Jacques w/ Kash Doll at Wicomico Youth & Civic Center at Wicomico Youth & Civic Center, Salisbury. 7 p.m. 410-548-4900. Wicomicociviccenter.org

The Avett Brothers at Wolf Trap National Park for the Performing Arts, Vienna, VA. 7:30 p.m. 1-877-965-3872. Wolftrap.org

Dave Stryker at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrock-hall.org

Sammy Miller and the Congregation at Oxford Community Center, Oxford. 8 p.m. 410-226-5904. Oxfordcc.org

Bob Seger & The Silver Bullet Band at Jiffy Lube Live, Bristow. 8:30 p.m. 703-754-6400. Bristowampitheater.com

PERFORMING ARTS

Crazy For You at Annapolis Summer Garden Theatre, Annapolis. (See 5/23).

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. (See 5/11).

Ona Judge and the Spirit of Freedom at The Chestertown Tea Party Festival at Garfield Center for the Arts, Chestertown. 12 p.m. Chestertownteaparty.org

SPORTS

Marlins at Nationals at Nationals Park, D.C. 4:05 p.m. 202-675-6287. Nationals.com (F)

Shorebirds vs. Suns at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. (See 5/12).

SPORTS

Marlins at Nationals at Nationals Park, D.C. 1:35 p.m. 202-675-6287. Nationals.com (F)

Shorebirds vs. Suns at Arthur W. Perdue Stadium, Salisbury. 2:05 p.m. 410-219-3112. Theshorebirds.com (F)

Monday
27

SPECIAL EVENTS

Annapolis Memorial Day Parade 2019 at Downtown Annapolis, Annapolis. 10 a.m. Annapolis.gov (F)

Open Portrait Studio at Academy Arts Museum Of Easton, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

SPORTS

Marlins at Nationals at Nationals Park, D.C. 1:05 p.m. 202-675-6287. Nationals.com (F)

Tigers at Orioles at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 800-848-2473. Orioles.com (F)

Shorebirds vs. Suns at Arthur W. Perdue Stadium, Salisbury. 2:05 p.m. 410-219-3112. Theshorebirds.com (F)

Tuesday
28

SPECIAL EVENTS

Paw Patrol Live! Race to the Rescue At Wicomico Youth & Civic Center at Wicomico Youth & Civic Center, Salisbury. 6 p.m. 410-548-4900. Wicomicociviccenter.org (F)

SPORTS

Tigers at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

Shorebirds vs. Suns at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Wednesday
29

SPECIAL EVENTS

Open Mic Night at the Garfield at Garfield Center for the Arts, Chestertown. 7:30 p.m.

Paw Patrol Live! Race to the Rescue At Wicomico Youth & Civic Center at Wicomico Youth & Civic Center, Salisbury. 6 p.m. 410-548-4900. Wicomicociviccenter.org (F)

MUSIC

Tommy Tutone at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

SPORTS

Baysox vs. RubberDucks at Prince George's Stadium, Bowie. 6:35 p.m. 301-805-6000. Baysox.com (F)

Tigers at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

D.C. United vs. Chicago Fire at Audi Field, D.C. 8 p.m. Audifieldset.com (F)

Thursday
30

SPECIAL EVENTS

Cambridge Farmers Market at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

MUSIC

The Docksidiers at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

PERFORMING ARTS

Crazy For You at Annapolis Summer Garden Theatre, Annapolis. (See 5/23).

Friday
31

SPECIAL EVENTS

Casey Cares Rockfish Tournament at Chesapeake Bay Beach Club, Stevensville. 5 a.m. 443-568-0064. Caseycares.org

Bayside Quilters of the Eastern Shore Quilt Show at Oxford Community Center, Oxford. 10 a.m. 410-226-5904. Oxfordcc.org

MUSIC

The Rolling Stones at FedExField, Landover. 12 a.m. Redskins.com/stadium

Deanna Bogart at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrock-hall.org

Cowboy Mouth at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Ramsheadonstage.com

PERFORMING ARTS

Crazy For You at Annapolis Summer Garden Theatre, Annapolis. (See 5/23).

Oliver! The Musical at Annapolis Shakespeare Company, Annapolis. (See 5/10).

Towards Zero at The Colonial Players, Inc., Annapolis. 8 p.m. 410-268-7373. Thecolonialplayers.org

The Wizard of Oz at Compass Rose Theater, Annapolis. 8 p.m. 410-980-6662. Compassrosetheater.org

SPORTS

Giants at Orioles at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 800-848-2473. Orioles.com (F)

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Where's Wilma?

FIND WILMA AND WIN!

Summer is quickly approaching, which means vacation season isn't far behind! Follow Wilma as she helps you plan an unforgettable summer for the whole family. Check out the Summer Entertainment Guide, which features an abundance of outdoor activities and events for you to enjoy now through September. For those of you who are craving some adventure, peruse the 2019 Hikes & Bikes Guide for some awesome trails and outdoor recreation spots around our great state. Whether you're looking for a weekend getaway or a staycation, we've got you covered!

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to this month's winner: Betsy Parks of Cambridge, who won a gift certificate to Fisherman's Crab Deck!

Mail entries to: Where's Wilma? Eastern Shore, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions



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Entries must be received by May 31st, 2019. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Eastern Shore.

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The Chester River Wellness Alliance.....	Kent CC
The Galley.....	103
The Greater Rock Hall Buisness Association.....	Kent CC
The Hickory Stick.....	Kent CC
The Listening Room.....	Kent CC
University of Maryland Shore Regional Health.....	BC
Warren's Wood Works.....	12
WHEELHOUSE.....	Kent CC

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