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**On the Cover:** We celebrate the best of Eastern Shore. Design by August Schwartz. Contact *What's Up?* Eastern Shore online at [WhatsUpMag.com](http://WhatsUpMag.com)  
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WHAT'S UP?

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# June contents

COMING UP IN  
**JULY 2019**  
Waterfront Destination Dining  
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Revisiting Michener's Chesapeake

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### What's Up? Online

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UPCOMING JUNE EVENTS ON

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1

## 4th Annual Herald Harbor 5K Run and Walk

Friends of Herald Harbor  
Herald Harbor Park  
9:00am - 12:00pm | \$15 - \$40



8

## Bands in the Sand 2019

Chesapeake Bay Foundation  
Chesapeake Bay Foundation Headquarters  
5:00pm - 10:30pm | \$250 - \$500

19

## Eastern Shore Best Of Party 2019

What's Up? Media  
Prospect Bay Country Club  
6:00pm - 9:00pm | \$59 - \$99



6

## Fashion for a Cause

Hospice of the Chesapeake  
Porsche of Annapolis  
6:30pm - 9:30pm | \$90

11

## Hospice Cup Sip & Paint

Hospice Cup  
Prism  
6:00pm - 9:00pm | \$43

29

## Party in the 'Port'!

Eastport Yacht Club  
Eastport Yacht Club  
5:00pm - 10:00pm | \$15

3

## Wendi Winters PR Bazaar

Wendi Winters PR Bazaar  
Bowen Theater at Maryland Hall  
6:00pm - 9:00pm | \$20



5

## LAA Women's Executive Forum Showcase

Leadership Anne Arundel  
Prism  
5:00pm - 7:00pm | \$20 - \$50

6

## Rock The Dock 2019

Annapolis Rotaract Club  
Annapolis Maritime Museum  
6:00pm - 10:00pm | \$70 - \$240

12

## Best Of Party 2019

What's Up? Media  
Doordan Institute at Anne Arundel Medical Center  
6:00pm - 9:00pm | \$84 - \$134

Our goal is to host tickets for all organizations, from small charity groups, artists and entrepreneurs to the region's largest festivals, concerts and playhouses. So, no matter what you're interested in attending—cooking lessons, networking lunches, concerts, fundraisers, food and wine festivals and so much more—we've got you covered. Call 410.266.6287 or visit [whatsuptix.com](http://whatsuptix.com).

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EASTERN SHORE

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# *Out on the* **TownE**

9 EVENT PICKS | 14 SOCIAL | 16 SALUTE | 18 SPOTLIGHT | 20 ATHLETE



## ↑ **St. Michaels Brewfest**

The St. Michaels Brewfest is back! On Saturday, June 1st, head to St. Michaels for a day of food, music, and plenty of beer. Sample unlimited four-ounce pours of more than 100 different beers from local, regional, and national breweries. Upgrade to VIP and enjoy a one-hour meet and greet cruise with the Founders Brewing Company. The event will also feature vendors and live music. General admission tickets are \$44 and VIP tickets are \$110. For more information, visit [Stmichaelsbrewfest.com](http://Stmichaelsbrewfest.com).

## Sporting Clays Classic

Join the University of Maryland Memorial Hospital Foundation for its fifth annual Sporting Clays Classic on Saturday, June 8th, 9 a.m. at The Point at Pintail in Queenstown. The classic will feature 75 targets, lunch for participants, a silent auction, and various prizes and raffles. Proceeds will be dedicated to the purchase of an MRI breast coil for the Clark Comprehensive Breast Center at UM Shore Regional Health. Registration is \$125 per individual and \$500 per team of four. For more information, and to register, visit [Ummhfoundation.org](http://Ummhfoundation.org).



## ↑ ART IN BLOOM

Head to RiverArts on Sunday, June 23rd, 4–6 p.m. for Art in Bloom, a celebration of floral design. The galleries will be full of flower arrangements inspired by the artworks exhibited in RiverArts' June exhibit, *Fine Art & Contemporary Craft*. Guests are invited to vote for their favorite arrangement while enjoying champagne, hors d'oeuvres, and live music. Proceeds will support scholarship opportunities for RiverArts' KidSPOT summer camp and after-school enrichment programs. For more information, visit [Chestertownriverarts.org](http://Chestertownriverarts.org).



## What's Up? Media's Eastern Shore Best Of Party

Party the night away with What's Up? Media during its inaugural Eastern Shore Best Of Party on Wednesday, June 19th from 6–9 p.m. at Prospect Bay Country Club. Throw on your best white party attire and help us celebrate our 2019 readers and Best Of winners. Enjoy an evening of entertainment, music, and freshly prepared food and drink samples from the best local restaurants. Proceeds will benefit the Compass Regional Hospice. Tickets are \$59 for general admission, and \$99 for VIP. For more information, and to purchase tickets, visit [Whatsuptix.com](http://Whatsuptix.com).

## YOUTH FISHING FUN DAY

Grab your fishing rod and head to Blackwater National Wildlife Refuge on Saturday, June 1st, 9 a.m. for its 17th annual Youth Fishing Derby Fun Day. This free event offers a day of easy pond fishing for young people learning how to fish. Free loaner poles and bait will be available, and staff will be on hand to assist with casting, knot tying, and fishing. For more information, visit [Friendsofblackwater.org](http://Friendsofblackwater.org).

## ↓ BAY TO BAY RIDE

The Chestertown Lions Club welcomes cyclists to its summer bicycling challenge, the Bay to Bay Ride, on Sunday, June 23rd at 7 a.m. The tour, which supports the Leader Dogs for the Blind, consists of five routes between 26 and 102 miles. As you ride, enjoy the beautiful scenery of the farmlands, old country homes, and quaint towns of the upper Eastern Shore and Delaware. Registration is \$30 in advance and \$40 the day of the ride. For more information, visit [Chestertownlions.org](http://Chestertownlions.org).





Photo by OC Air Show

## Ocean City Air Show

The 12th annual Ocean City Air Show returns Saturday, June 15th and Sunday, June 16th. Bring the whole family and watch spectacular flight performances along the Ocean City beach and boardwalk. This year, the OC Air Show will be headlined by the U.S. Navy Blue Angels. The show will also feature the Canadian Forces Snowbirds and a performance by the USAF F-16 Viper Demo Team. Ticket prices range from \$13-399. For more information, and to purchase tickets, visit [Ocairshow.com](http://Ocairshow.com).



Photo by Cal Jackson

## CHESAPEAKE CHAMBER MUSIC FESTIVAL

The 34th Annual Chesapeake Chamber Music Festival will be held in Talbot County from June 4th through June 15th. Musicians from around the world will perform works of both familiar and lesser known composers of the past and present over two music-filled weeks. Artists and musical ensembles will perform eight concerts featuring a wide range of works by Beethoven, Brahms, Mozart, Bartók, Norman, Bolcom, and more. Ticket prices and performance times vary. For a complete list of festival events and venues, visit [Chesapeakemusic.org](http://Chesapeakemusic.org).

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## Chesapeake Children's Book Festival ↓

The fourth annual Chesapeake Children's Book Festival will be held on Saturday, June 8th, 10 a.m.-3 p.m. at Talbot County Free Library's Easton Branch. This year's event will feature over 25 children's book authors and illustrators who will give readings, answer questions, and sign autographs. Guests will have the opportunity to meet some of their favorite authors and purchase signed books at a discount. Enjoy music, crafts, exhibits, light refreshments, and more. For more information, visit [Chesapeake-childrensbookfestival.com](http://Chesapeake-childrensbookfestival.com).



## ↑ ANTIQUE AND CLASSIC BOAT FESTIVAL

Wooden and fiberglass classics, vintage racers, and other antique and Chesapeake Bay-related boats are coming to the Chesapeake Bay Maritime Museum Friday, June 14th through Saturday, June 15th for the 32nd annual Antique & Classic Boat Festival and the Arts at Navy Point in St. Michaels. The weekend will include workshops and seminars, building demonstrations, family activities, and a nautical flea market. Enjoy a selection of regional and grilled foods, music, and a waterside bar and deck for libations and other drinks. Head over to the Arts at Navy Point pavilion where more than 70 juried fine artists, craftspeople, and vendors will be offering nautical and maritime-themed items for your boat and home. Festival hours are Friday, 11 a.m.-5 p.m. and Saturday, 10 a.m.-5 p.m. Ticket prices vary. For more information, visit [Cbmm.org](http://Cbmm.org).

## ROCK HALL ROCKFISH TOURNAMENT

The 2019 Rock Hall Rockfish Tournament will be held Friday, June 7th and Saturday, June 8th. For the third year in a row, the tournament will have two tagged \$20K prize fish. Payouts will be given for the largest fish (by weight) that are checked in each day, as well as a grand prize for the highest accumulated weight during the two-day competition. Entry for the tournament is \$150 a day for private boats and \$250 a day for charters. For more information, and registration, visit [Marylandwatermen.com](http://Marylandwatermen.com).



## ↑ Ironman Eagleman Triathlon

Attracting more than 2,000 triathletes from around the world, the Ironman Eagleman Triathlon returns Sunday, June 9th in Cambridge. Cheer on the triathletes as they swim, cycle, and run the 70.3-mile course through Dorchester County. The best place for spectators to enjoy the race is Great Marsh Park, where the race will begin, and at the finish line, located at Long Wharf Park. The event will offer 40 qualifying spots for the 2020 Ironman World Championship in Kailua-Kona, Hawaii. For more information, visit [Ironman.com](http://Ironman.com).



## Strawberry Festival and Craft Show

Head over to St. Luke's United Methodist Church on Saturday, June 1st for its annual Strawberry Festival and Craft Show. Local vendors will be displaying and selling a diverse variety of arts and crafts. Enjoy and purchase fresh produce, baked goods and, of course, strawberries. The festival will be held from 9 a.m.-4 p.m. For more information, visit [Stlukes-umc.org](http://Stlukes-umc.org).

**FOR MORE EVENTS** VISIT OUR CALENDAR ON PG. 73 OR GO TO [WHATSUPMAG.COM](http://WHATSUPMAG.COM)



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## Heart & Music Gala

On March 7th, For All Seasons hosted its 9th annual Heart & Music Gala at the Oxford Community Center. This year's theme was "Songs from the Stage: Broadway & Beyond." Guests enjoyed refreshments, dinner, and a special performance by Crashbox Theatre Troupe. Proceeds from the event contributed to For All Seasons' behavioral health and rape crisis programs.



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2



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5

Photography by Ted Mueller **1.** Jim Reed, Cindy Reed, Michael Frame, Maureen Scott Taylor, Judi Loscomb **2.** Martha Lehman, Stan Shuart, Cindy Shuart **3.** Annette Bartz, Tom Mendenhall, Bonnie Thomas **4.** Michael Rajacich and Ariana Baldwin **5.** Monika Mraz, Lisa Roth, Beth Anne Langrell, Brandon Langrell



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**TOWNE SOCIAL**

# Kent School Gala

Kent School, located on the bank of the Chester River in historic Chestertown, celebrated its 50th anniversary with a regal gala on April 6th at Britland Estates. The black-tie optional event included a live auction, cocktails, dinner, and dancing with live music from the band NightLife.



5



6

Photography by Stephen Buchanan **1.** Jen and Geoff Eisenberg, Kate and Steve Krazsiewski **2.** Casey and Megan Owings, Jamie and Barbara Peace **3.** Kara and Brad Morris **4.** Jim and Nancy Mugele **5.** Joann and Bill Bowdle **6.** Barbara Heck, David LaMotte, Jane Huail, Deirdre LaMotte



**TOWNE SALUTE**

# Kathy Deoudes

## Compass Regional Hospice

By Cate Reynolds

If you met Kathy Deoudes in 2004, you probably wouldn't expect that now, 15 years later, she'd be volunteering full-time as the chair of a hospice facility. The 60-year-old Massachusetts native graduated from Trinity College in Washington, D.C. with a degree in political science and economics. She worked for an environmental lobbying group and an attorney before settling into a legislative-aide position at Senator E.J. Pipkin's office in Annapolis in 2004.

Around the same time, a close friend, who was serving on the Compass Regional Hospice Board (Hospice of Queen Anne's at the time), asked Deoudes if she would be interested in helping raise money to support the construction of the first residential hospice facility in Centreville. She agreed and, three years later, was invited to join the Compass Regional Hospice board. Currently, Deoudes is in the first year of her second two-year term as board chair.

"Kathy is an extraordinary woman who gives her time and talents to the causes she believes in," Compass Regional Hospice Executive Director Heather Guerieri says. "She dedicates herself 100 percent, and is one of our strongest advocates in the community."

Deoudes, a Queenstown resident, is so dedicated that in 2010 she left her job at Pipkin's office to volunteer full-time with Compass.

### Can you tell me about Compass Regional Hospice?

We offer traditional hospice programs. Most of the people we take care of are in their own homes. Some are in nursing homes, and some are in our Centreville and Chestertown residential facilities.

We've gone from serving maybe 20 patients a day with maybe 15 to 20 employees, to serving over 100 patients a day with about 100 employees. We're expanding our facility to accommodate the demand for services.

### What other types of programs and services does Compass offer?

We have free grief and bereavement groups in each one of the counties. We are in one of the school systems in each county. When there are accidents, overdoses, or suicides, we get called in.

We run a community program for people who have lost someone to substance abuse and suicide. It's a hard thing for people to talk about. There are so many other emotions related to that [type of loss]. We feel like we can provide a place where you're with other people who went through a similar experience.

We run an annual three-day grief counseling camp for children, and attached to that, we have a family camp that helps families through a loss. We also have a veteran's program, and we work with the Chesterwye Center and other groups with developmentally disabled individuals who are processing grief.

### What is your role with Compass Regional Hospice?

I am chair of the board. My responsibility is to lead the organization, and make sure that our mission, vision, and values are achieved. Across the organization, I have taken on a lot of responsibility for fundraising. I co-chaired the capital campaign to raise funds for our expansion project. We've raised about \$3.5 million dollars, so we are just about a half a million short of our goal.

I work with our elected officials, who keep us up to date on regulations, and give us a heads up when things are happening.

I try to do outreach and development, to make sure that we're not leaving any stone unturned when it comes to money, and letting people know about us, what we do, and that we're here to help.

**Do you find the work to be emotionally draining?**

Sometimes. When I first started, I said, "I cannot be a patient volunteer." We have patient volunteers who are specially trained to sit with a dying patient. I could not do that.

The executive director and I, when we do presentations, and then there are stories told, we both feel like crying. Even if I've heard the story 100 times,

I still get emotional. It doesn't matter if you're nine or 90, everyone is going to die, and everyone is going to lose someone. We just try to provide the best experience for our patients and their families.

**What keeps you involved with Compass? What else should people know about Compass?**

I have an older sister that's a hospice nurse. I have lost both my parents, my sister, and my friend to terminal illnesses—so I'm sold on the concept of hospice. I know and have seen the benefits, and I know that if we're not there to provide these services, there's no one to fill that void.

I think that we have a great team that understands the mission, vision, and values that guide us. We also have a huge legion of volunteers that are

very, very faithful to us. We take care of anybody that needs us, regardless of their ability to pay. It all boils down to one thing: what is best for our patients, their families, and our bereavement clients—and that's what drives all of us.

**Do you have a volunteer to nominate? Send What's Up? an email to [cbreese@whatsupmag.com](mailto:cbreese@whatsupmag.com).**



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Pictured: Somerset County Poultry and Grain Farmer Rantz Purcell; ShoreRivers Director of Agriculture and Restoration Tim Rosen; and Perdue Vice President of Sustainability Steve Levitsky. Photo by Bill See

## ↑ ShoreRivers Receives \$10,000 from the Perdue Foundation

ShoreRivers, a nonprofit organization based in Easton, received a \$10,000 grant from the Franklin P. and Arthur W. Perdue Foundation. This grant supports agricultural practices that improve water quality without harming crop production. ShoreRivers is working with farmers throughout Delmarva on implementing a drainage project, and will install a total of seven contraptions throughout the Eastern Shore of Maryland and Delaware. Some of these structures include blind inlets, saturated buffers, and new drainage tile designs. ShoreRivers is dedicated to protecting and restoring the Chesapeake Bay's Eastern Shore waterways through science-based advocacy, restoration, and education.



Photo courtesy of Kent School

## Author Wendy Mass Visits Kent School

Author Wendy Mass visited Kent School in late March as part of its Kudner Leyon Visiting Writers Program. Mass is a *New York Times* bestselling author of 24 young adult and children's books. She received the American Library Association's Schneider Family Book Award for her novel *A Mango-Shaped Space*. During her visit, Mass discussed her book *Every Soul a Star* with students and conducted small group writing workshops for fifth- and sixth-graders. The Kudner Leyon Visiting Writers Program was established in 2000. Every year, Kent School brings in a professional writer to work with students, lecture, and conduct workshops and hands-on activities.



Photo courtesy of UM Shore Regional Health

## SHORE REGIONAL HEALTH GRANT FUNDS CAROLINE COUNTY'S EMS AMBULANCE WI-FI TECHNOLOGY

Caroline County Emergency Medical Services (EMS) received a grant from the University of Maryland Shore Regional Health to fund ambulance Wi-Fi technology to help save individuals suffering STEMI (ST-segment elevation myocardial infarction) heart attacks. The partnership allowed Caroline County EMS to purchase six new Wi-Fi modems for a total of \$10,430. This technology transmits the patient's vital information while en route to the hospital, allowing the emergency and Cardiac Intervention Center (CIC) staff to be prepared to treat the patient's specific needs upon arrival.

Do you have community or business news to publicize? Send What's Up? an email at [cbreese@whatsupmag.com](mailto:cbreese@whatsupmag.com).

Photo by Andy Keller



## CBMM UPDATES ITS MASTER PLAN ↓

The Chesapeake Bay Maritime Museum (CBMM) announced more cost-effective updates to Phase I of its Master Plan. The updated goal is to construct a new one-story building dedicated to various showcases and a long-term water fowling exhibition. Additionally, 5,000 square feet will be added to CBMM's current library and archives building. This extra space will benefit researchers, curatorial work, and offer more storage. These new additions are expected to be completed in 2021.

## BLACKWATER DISTILLING OPENS TAVERN ON KENT ISLAND

Blackwater Distilling opened a new tavern on Kent Island in March. Located in Stevensville, Blackwater is Maryland's first fully-licensed alcohol distillery since 1972. The tavern serves local craft spirits, wine, beer, and a casual menu created with local restaurateurs from Smoke, Rattle & Roll. Blackwater Distilling also offers unique experiences, such as expanded tours, food pairings, mixology classes, and more. Space for weddings and private events is also available. The tavern is open seven days a week. For more information, visit [Blackwaterdistilling.com](http://Blackwaterdistilling.com).



Photo courtesy of Chesapeake Bay Maritime Museum



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**TOWNE ATHLETE**

# Taiyanna Goldsborough

Kent County High School  
Lacrosse, Volleyball, Track

By Andrew Reed

**K**ent County High School senior Taiyanna Goldsborough loves the weather, and the forecast for her future seems sunny and bright. Goldsborough will major in meteorology at Millersville University of Pennsylvania and attend the school on a lacrosse scholarship.

Goldsborough's favorite website is weather.com and she enjoys watching videos of storms. She says she has been fascinated with the weather since the fifth grade when she had a close encounter with lightning.

"It was hot, humid, and a storm was brewing. I was doing cartwheels down my friend's driveway," recalls Goldsborough, who carries a 3.9 grade-point average at Kent. "Then lightning struck in the corn field directly in front of me.

"It was terrifying yet thrilling," she adds. "I became curious about why the lightning bolt struck and what caused the storm. I just wanted to know more."

Goldsborough wouldn't mind being on television as a forecaster one day or having a career in research. "If I'm going to spend my life on something, I want it to be something that always keep me on my toes," she says.

The 18-year-old stayed busy at Kent with sports and off the field activities. Goldsborough has earned eight varsity letters, three MVP awards for volleyball, sportsmanship awards for track and lacrosse, and First-Team North Bayside All-Conference honors. She was also a member of the Spanish Honor Society, treasurer for the Student Government Association, and vice president of the Minority Scholars Program.

**"If I'm going to spend my life on something, I want it to be something that always keep me on my toes"**

On top of that, Goldsborough works part-time at Acme to help support her family. She says her desire to make things easier for them is what pushed her to be a standout student-athlete.

This past January, Goldsborough received the Dr. Martin Luther King, Jr. Humanitarian Award, given to two members of the community for "significant contributions to the quality of life in Kent County," according to an online article of the *Kent County News*. "I think it was the fact that I'm so intertwined with so many different things," she says. "I don't stick to just one."

The 5-foot-1 Goldsborough has been playing lacrosse for 11 years total and seven on highly competitive club teams, including The Lady Blue Crabs, who recently moved up to a more competitive bracket. She says that the team has gone from "walking all over everyone" to facing a more welcome challenge.

“That helps us a lot,” she says. “We were actually getting challenged, and you could definitely see our growth.”

Goldsborough said last year’s Kent varsity team graduated many of its top players and she is just one of two returning seniors. The four-year varsity starting defender looks forward to taking on a bigger leadership role. “I like talking charge,” says Goldsborough, who also considered the University of Massachusetts Lowell, Florida Institute of Technology, and Embry-Riddle Aeronautical University to play lacrosse at the next level. “I can be better organized than other players and make quick, timely decisions.”

She was also a standout on the volleyball court. As a member of the junior varsity team her freshman year, Golds-

borough recalled “we just weren’t that good. And it was pretty hard.”

She says the team often struggled to stay motivated. And in a game so dependent on momentum, this would have a major affect on their performance. “If no one is motivating you, or if you don’t have any drive to be better,” Goldsborough says, “the game will go so left, so fast.”

Goldsborough’s main focus, she says, was pushing the team to keep up any positive momentum it could find. And her attitude and commitment showed, as she was awarded with MVP that season. She also won MVPs as a junior and senior on the varsity as a libero. “She only played four years and could have played volleyball at some colleges,” Kent County

Volleyball Coach Michelle Phillips says. “She was special. She knew where the ball was going before it was there. She was tenacious, quick, and hungry.”

Phillips admires Goldsborough for what she has accomplished off the field, saying she has exemplary character. “She is nurturing, caring, and very self-motivated,” Phillips explains.

**Do you have a local athlete to nominate? Send What's Up? an email to [tworgo@whatsupmag.com](mailto:tworgo@whatsupmag.com).**

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# Shutdown Shivers

## How the Longest Federal Shutdown in History Impacted Maryland

By Anirban Basu



Last year was a good year for Maryland's economy, at least according to several key metrics. It didn't start out that way, though. During last year's first half, Maryland consistently ranked among the worst performers in the nation in terms of year-over-year job creation based on data published by the U.S. Bureau of Labor Statistics.

While that was a bit unsettling, it was also confusing. Employment statistics characterizing performance in the Baltimore area, the state's largest economic constellation, were more than decent, implying that the rest of the state was amid an employment recession. Based on a host of other indicators, including those related to home sales and prices, that seemed unlikely. The conclusion many reached was that eventually Maryland's employment numbers would improve to better match perceived reality.

That's exactly what occurred. Solid job growth during the final months of 2018 produced what turned out to be a fine year for Maryland's labor market. Between December 2017 and December 2018, Maryland added 50,900 net new jobs, which represents an increase of 1.9 percent in statewide total nonfarm employment. This pace of job growth ranked Maryland a solid 21st in the nation, tied with perennial high flyers Oregon and Virginia. Maryland's rate of job growth was also slightly better than the national average of 1.8 percent.

The momentum that characterized 2018's latter stages should presumably have set the stage for strong economic performance during the early weeks of 2019. But then the federal government initiated its longest shutdown in history—one that began in very late 2018 and then lasted approximately 35 days, engulfing January in the process.

Nationally, the federal government shutdown brought with it much media attention, but it did not have an especially large-scale economic impact. According to the Congressional Budget Office, the five-week federal shutdown cost the economy \$11 billion—enough to reduce first-quarter growth by about 0.4 percentage points. But less than a quarter of that total is permanently lost. Much of the impact is recoverable as federal workers are compensated for the efforts they supplied during the shutdown.

While media reports managed to identify indications of meaningful losses, including among certain government contractors and people who lost the opportunity to purchase homes, many headline economic metrics appear virtually untouched. As an example, according to the Bureau of Labor Statistics (BLS), the U.S. added 304,000 net new jobs in January, smashing estimates that suggested that the nation had added an unremarkable 165,000 net new positions during 2019's initial month. Meanwhile, financial markets continued to surge higher during the shutdown, gaining back much of what had been lost during 2018's tumultuous final quarter.



### About Anirban Basu

Anirban Basu is Chairman & CEO of Sage Policy Group, Inc., an economic and policy consulting firm headquartered in Baltimore, Maryland. In 2014, Maryland Governor Larry Hogan appointed him Chair of the Maryland Economic Development Commission. Basu earned his B.S. in foreign service at Georgetown University in 1990. He earned his Master's in public policy from Harvard University's John F. Kennedy School of Government, and his master's in economics from the University of Maryland, College Park. His juris doctor was earned at the University of Maryland School of Law.

### Maryland is Different

While the national government fared reasonably well through the shutdown, Maryland is decidedly different. Here, the federal government represents the leading source of economic strength, whether due to: 1) direct agency employment at places like the National Security Agency, Patuxent River Naval Air Station, Food & Drug Administration, or National Institutes of Health; 2) federal government contracting, whether military or civilian in nature; 3) other forms of federal spending, whether to fund research at Johns Hopkins, help rebuild bridges, or maintain Fort McHenry. Given Maryland's close-knit affiliation with federal activities, logic dictates that the impacts of shutdowns are simply larger here.

Nationally, the shutdown resulted in the furlough of 380,000 federal workers. According to BLS, 144,800 federal workers lived in the Free State, which represents roughly five percent of the state's workforce. While not all of Maryland's gov-

ernment workers were furloughed, many were. Others were forced to stay at home and wait for their paychecks. The implication is clear—while the federal shutdown may not have been a major impact nationally, it must have been one in Maryland.

It will be several months before economists and others know the complete measured impact of it in Maryland. But for better or for worse, there have been others, and those experiences can supply insight into the likely impacts of the most recent episode.

For instance, in October 2013, a dispute regarding funding for the Affordable Care Act (ACA) produced a government shutdown spanning 16 days. House Republicans had offered to close a “funding gap” by stripping certain ACA measures. Senate Democrats balked. Versions of the bill were sent back and forth between Congress’ upper and lower chambers, but the two sides fell short of resolution. More than 800,000 federal employees were furloughed, and 1.3 million worked without pay.

During the 12 months leading to the 2013 shutdown, Maryland averaged 1,433 net new jobs/month. During the 12 months following it, monthly job growth averaged 2,692. This is not to suggest that the shutdown helped Maryland’s economy. Rather, it strongly suggests that before, federal government outlays may have been softening as the conflict grew. The resolution of that conflict may have set the stage for more dynamic economic performance in the Free State.

Something similar happened during the back-to-back federal shutdowns in 1995-96. During the 12 months prior to the shutdown, Maryland’s monthly job growth averaged 2,225/month. During the 12 months after the shutdown, it averaged 3,392/month.

This doesn’t mean that Marylanders should look forward to and embrace federal shutdowns. What it suggests is that the local economy tends to struggle when federal policymakers begin entering a period of intense disagreement. The resolution of policymaking disagreements, by contrast, appears to help catalyze Maryland’s economic performance.

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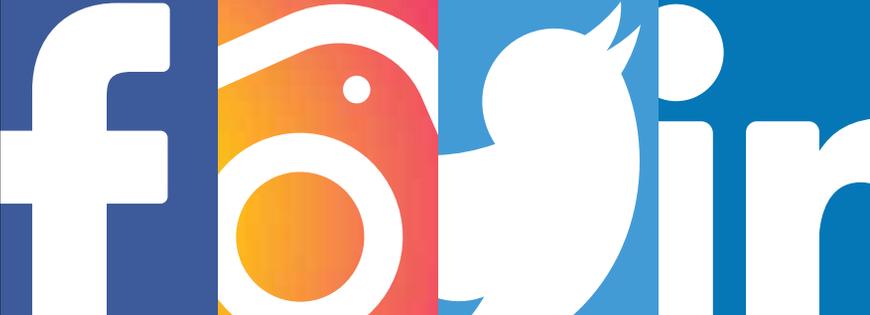
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# DOG DAYS *of* Summer

**A GUIDE TO MAKING THIS SEASON  
THE MOST ENJOYABLE WITH  
YOUR CANINE COMPANIONS**

*Compiled by Caley Breese and Cate Reynolds*

**D**og lovers rejoice; you're in Chesapeake Bay country, which doubles as doggy heaven! From county to county, river to river, and all points in between, there's a plethora of puppy parks, dog-friendly beaches, restaurants where Fido is welcome, services, and, of course, events that celebrate man and woman's best friend. We've compiled a guide to assist your summer soirées with beloved pet doggies. If you seek dog-friendly experiences, the following lists offer adventure, respite, and camaraderie for you and your pet. We also offer tips to stay cool, a recipe for a sweet treat your dog will love, and even adoption/rescue opportunities. But we start with Dog Beaches and Parks because... what doggo doesn't love a good romp around outside? Enjoy!

## DOG BEACHES AND PARKS

*If you're looking for some early morning exercise or an evening game of fetch, a dog park is the perfect place for your pup to run off some energy. Or, cool down and show off your doggie paddle skills at a dog beach. Here are a few local off-leash dog-friendly beaches and parks to check out:*

**Play Ball Dog Park, Oxford** 103 JL Thompson Drive; Park; open daily, 6 a.m.-8 p.m.; Free

**Kent Island Dog Park, Stevensville** 200 Pine Street; Park; open daily, dawn to dusk; Free; 410-778-4430; Qac.org

**Chestertown Dog Park, Chestertown** 100 Schauber Road; Park; 410-778-0500; Kent-county.com

**Matapeake Park, Stevensville** 2010 Sonny Schulz Boulevard; Beach; open daily, 8 a.m.-dusk; Free; 410-778-4430; Qac.org

**Salisbury Dog Park, Salisbury** 430 North Park Drive; Park; open daily, dawn to dusk; Free; Sbyparksandrec.com

**Ocean City Dog Playground, Ocean City** 502 94th Street; Park; open daily, dawn to dusk; \$5 per dog per day; 410-250-0125; Oceancitymd.gov;

## DOG-FRIENDLY RESTAURANTS

*After an adventure, cool down with a little sup for you and your pup. There are many restaurants around Anne Arundel County and on the Eastern Shore where you can share a nice meal with your doggo or simply just enjoy each other's company. Here are a few editor's picks that we think you and your pooch will love!*

**Ava's Pizzeria & Wine Bar** 409 S. Talbot Street, St. Michaels; 410-745-3081; Avaspizzeria.com

**Awful Arthur's Seafood Company** 402 S. Talbot Street, St. Michaels; 410-745-3474; Awfularthursusa.com

**Bridges Restaurant** 321 Wells Cove Road, Grasonville; 410-827-0282; Bridgesrestaurant.net

**Capsize** 314 Tilghman Street, Oxford; 410-226-5900; Capsizeoxmd.com

**Foxy's Harbor Grille** 125 Mulberry Street, St. Michaels; 410-745-4340; Foxysharborgrille.com

**Hemingway's Restaurant** 357 Pier One Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com

**The Jetty Restaurant and Dock Bar** 201 Wells Cove Road, Grasonville; 410-827-4959; Jetty-dockbar.com



## DOG-FRIENDLY EVENTS AND FUNDRAISERS

*Summer is even more fun when spent with your pup! Here are a few dog-friendly events to keep you and your pooch busy through September.*

### SATURDAY, 6.1

BARCS Beach Bash at Sandlot, Baltimore. 2 p.m. 410-396-4695. Barcs.org

### THURSDAY, 6.6

Dog Walking at Adkins Arboretum, Ridgely. 10 a.m. 410-634-2847. Adkinsarboretum.org (Also on 6/8, 7/13, 8/1, 8/10, 9/5, 9/14)

### SATURDAY, 7.13

Pups in the Park at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (Also on 9/13 and 9/28)

### SUNDAY, 8.18

AACSPCA Puppy Plunge at Camp Letts, Edgewater. TBA. 410-268-4388. Aacspca.org

### TUESDAY, 9.10

Bark at the Park at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 1-888-848-2473. Orioles.com

### SATURDAY, 9.21

Baltimore Humane Society DogFest at Baltimore Humane Society, Reisterstown. 10 a.m. 410-833-8848. Bmorehumane.org

## DON'T SHOP ...ADOPT!

*Looking for a FURever friend? Rather than buying a pet from a pet store or breeder, consider adopting from a local animal shelter or rescue group. Here's where you can adopt a furry family member:*

**Animal Care Shelter for Kent County, Chestertown** Kenthumane.org; 410-778-3678; Adoption hours: 11 a.m.-4 p.m. (Tues.-Sat.); Adoption fees: \$250 for puppies, \$175 for adult dogs, \$75 for cats, \$25 for senior animals

**Animal Welfare League of Queen Anne's County, Queenstown** Awlqac.org; 410-827-7178; Adoption hours: 11 a.m.-5 p.m. (Sun.-Tues., Thurs.); 11 a.m.-6 p.m. (Fri. & Sat.); Adoption fees: \$140 dogs, \$200 for puppies, \$60 for cats, \$100 for kittens, free for senior dogs and cats

**Baywater Animal Rescue, Cambridge** Baywateranimalrescue.org; 410-228-3090; Adoption hours: 1-5 p.m.

(Tues.-Fri.), 11 a.m.-4 p.m. (Sat.); Adoption fees: \$185 for puppies and dogs, \$10 for cats, \$50 for kittens

**Caroline County Humane Society, Ridgely** Carolinehumane.org; 410-820-1600; Adoption hours: 9 a.m.-4:30 p.m. (Mon.-Wed. & Fri.), 11 a.m.-7 p.m. (Thurs.), 10 a.m.-3 p.m. (Sat.); Adoption fees: \$95 for dogs, \$150 for puppies, \$50 for cats and kittens

**Chesapeake Cats and Dogs, Queenstown** Chesapeakecatsanddogs.org; 410-643-9955; Adoption hours: 12-4 p.m. (Mon., Wed., Fri., Sat.), 1-3 p.m. (Sun.); Adoption fees: \$350 for dogs (depending on breed), \$100 for cats

**Talbot Humane Society, Easton** Talbothumane.org; 410-822-0107; Adoption hours: 9:30 a.m.-5:30 p.m. (Mon.-Wed. & Fri.), 11 a.m.-7 p.m. (Thurs.), 11 a.m.-3 p.m. (Sat.); Adoption fees: \$125 for puppies, \$90 for dogs, free for cats





## BEAT THE HEAT! TIPS AND TRICKS

*As hot and humid as it gets during the summer, your pet can easily become overheated and even suffer from heat-stroke. Here are a few ways to keep your furry friend cool during these warmer months.*

**Never leave them in the car.** Yes, we're all familiar with this rule, but it bears repeating. The temperature inside a closed car can soar, even on a cooler day. If you think you're only going to be a few minutes, think again. On a hot day, the car can exceed 100 degrees Fahrenheit in a matter of minutes—and that's when the windows are cracked. Unless you're going somewhere pet-friendly, leave Fido at home.

**Avoid exercise in the heat of the day.** Be mindful when you take your pup out for a walk or to the field for some fetch. Head outside during the cooler parts of the day, like the early morning or late evening. Be sure to bring enough water, too.

**Provide plenty of drinking water.** This may be obvious, but it's important. Place a few bowls of wa-

ter throughout your house and maybe even in a shady part of your yard to ensure your pet stays hydrated.

**Keep your house cool.** We all want to avoid an expensive energy bill, but try to keep your house on the cooler side for your pets when you can, either by turning the AC down or using some circulating fans. If you're trying to stay more energy-efficient, close the drapes to block the sun or purchase a cooling mat or vest, which you can find at most pet retailers or on Amazon.

**Invest in a kiddie pool.** On an extra hot day, fill up a kiddie pool for your pup so they can cool down and just chill. If a pool isn't their thing, try a sprinkler. If your dog isn't a fan of water but wants to be outside, try to keep them in the shade as best as possible and make sure they have plenty of drinking water available. Don't fret if you don't have many trees or shady areas in your yard—a patio umbrella or a pop-up canopy may be a good investment.

### Make frozen treats. →

Pupsicles are always a good idea in the summer and oh-so-enjoyable! You can add a little treat to some ice cubes or even freeze some fruit for a chilly, yet tasty, snack. Check out this recipe for an easy frozen treat you can make at home!

**Watch for signs of heat exhaustion or heatstroke.** Unfortunately, our pets can't tell us when they're not feeling well, which is why it's important for us to keep an eye out for any indication of heat exhaustion or heatstroke. Here are a few signs and symptoms to look out for:

- Excessive panting
- Trouble breathing
- Heavy drooling
- Rapid heartrate
- Wobbly or uncoordinated
- Collapsing or convulsing
- Dark or red gums/tongue
- Vomiting
- Diarrhea



**If you suspect your pet is suffering from heat exhaustion or heat stroke, we recommend you contact your veterinarian immediately.**



## FROZEN YOGURT TREATS

This treat is a great way to help your pup cool down, but may not be suitable for all dogs. Please consider your dog's allergies and dietary restrictions before feeding them this treat. This recipe is very flexible and, if needed, can easily be adjusted to suit your dog's dietary needs. If you're unsure whether certain foods or ingredients are suitable for your dog, check with your vet.

Makes 4

1 cup **water** or **sodium-free broth** (beef/chicken/vegetable)

8 ounces (1 container) **plain, non-fat yogurt\***

**Chunky, bite-size foods** (fruits, vegetables, meats, etc.)

Dollop **peanut butter** or **pumpkin** (optional, make sure peanut butter is xylitol-free!)

4 jumbo **silicone muffin cups\*\***

In a medium-size bowl, mix the water/broth and yogurt until it has formed a smooth consistency. Add desired chunky, bite-size foods into the mold, then fill with the yogurt mix. Add in peanut butter or pumpkin for added flavor and nutrition (optional). Place cups in freezer until solid. These treats can get a little messy as they melt, so it's recommended to give them to your dog outside. Enjoy!

\*If your dog is dairy-free, the water/broth will work just fine  
\*\*You may use other molds, such as small disposable cups or ice pop molds



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# CROP SHARING!

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## Maryland Public Television's *Maryland Farm & Harvest* takes us to our fields

BY RITA CALVERT

Ever been to a Maryland farm to see how our food or drink is grown? Have you seen a cow being milked, or rye for spirits being harvested? How about watermelons being hand-picked or broccoli seedlings being gently planted with a no-till method in early spring? Maryland's farms encompass an engaging world many of us never get to explore.

To acquaint Marylanders with their agriculture—the state's number one industry—Maryland Public Television (MPT), in partnership with the Maryland Department of Agriculture (MDA), has created *Maryland Farm & Harvest*, an Emmy Award-winning show and multimedia series that puts a human face on farming. Executive Producer Mike English (who was recently promoted to managing director of content for MPT), and his team of Series Producer/Director Sarah Sampson, three segment producers, and one camera man, break down complex environmental issues into easily understood viewing adventures. The episodes convey the Chesapeake Bay as a definitive cause of and solution to water problems. Maryland farmers have an extra-efficient laboratory to work with.

*Maryland Farm & Harvest* explores the state to help us see and experience what each farmer goes through day-to-day. We met English to discuss the whys and hows of *Maryland Farm & Harvest*.

There were some interesting stories on how the show came together. English originally began his career as an agricultural journalist, knowing he wanted to help the public understand what farming is all about. In 2009, while working with MPT on shows such as *Outside Maryland*, English also produced a one-hour documentary, *The Runoff Dilemma*, which opened up the conversation about farm runoff. After a couple of years, the Maryland Department of Agriculture proposed a show with a portion of the funding coming from the Maryland Grain Producers Association. Additional funding came from other sources and a half-hour production was born.

The series can be likened to a magazine format, with 30 minutes divided among several stories. The viewers meet real people on the land that their families may have farmed for generations. The stories pull back the curtain, not just on incredible hardships and challenges, but also convey many feel-good perspectives. In a state with great agricultural awareness, the show brings environmentalists and farmers together for a meeting of the minds over the bay's health. Since the show's inception, host Joanne Clendining, who has spent years running a farm, has led the exploration of local stories. Each episode opens with Clendining holding up a "thing-a-ma-jig," which is either a piece of antique farm equipment or something from a farm museum. She asks viewers what they think of it and gives the answer at the end of the show. This extremely popular segment appeals to tool aficionados and many write in about it. After individual "now and then" farm vignettes, the show ends with a segment, "The Local Buy." During this "wrap up," Al Spoler, a connoisseur of local food and wine, tastes some of the local wares and informs viewers where they can find them.

## THE BIG DEAL

Farms are integral to a healthy economy for Maryland. Agricultural-reliant "support industries" contributed nearly \$12.5 billion to the state economy last year, supported 41,129 jobs, and added more than \$495 million in combined state and local tax revenue. Crop revenues make up roughly 50 percent of Maryland's agricultural output revenue.



**"Maryland farmers embrace innovation and technology to help them continually improve," a publication from MDA states. "Today, each farmer raises enough food to feed 155 other people Agriculture is the State's No. 1 industry, with an [average] economic impact of \$8.25 billion each year. Farming is an economic powerhouse that fuels both our rural communities and the state's economy."**

But all of this is largely unknown by the general public, thus the impetus for the television program. "The program was conceived as way to paint the portrait of farmers and rural Maryland and tell the stories of agriculture," says Mark Powell, chief of marketing with the Maryland Department of Agriculture. "It has succeed-

ed mightily. We get feedback that people have seen the program and love it."

Farming is an arduous industry, in which the outcome relies heavily on Mother Nature. The show does a great job of enabling armchair explorers to discover the resilient farmers who are sustaining Maryland's foundation. Let's meet a few of them ►



## FARM TO PIZZA

According to the National Association of Pizza Operators, Americans eat enough pizza in a day to cover 100 acres.

Part of that story begins at Mercuro Farms in Frederick

County, where farmer Katie Kearns performs a morning ritual in the wee hours—the daily milking.

The milk is then loaded onto a truck bound for a milk coop, Lanco Pennland in Washington County, which opened in 2016. Kurt Williams of Lanco Pennland says that for the last four years, dairy farmers in the Mid-Atlantic region have been faced with the dumping of milk, partly due to non-dairy alternative milk products. The idea of a newly-opened plant which processes 500 tractor loads of milk monthly, has been a wonderful thing for the dairy industry. They now are at full capacity, yielding about 2.3 million pounds of cheese per month, both hard and soft cheeses.

At the company's cheese making division, Pennland Pure, milk becomes cheese—specifically, gooey, stretchy, mozzarella cheese. In the process, milk, with different ratios of butterfat and protein, starts in giant vats. Cultures are added, followed by rennet, which sets the cheese. The curds are cooked, cut, and moved to finishing tables. Since the focus here is pizza, a star cheese is made via a technique called “pasta filata,” in which it's cooked to enhance its stretching ability. This kind of mozzarella is then formed into logs, which then float down a “lazy river” of brine before being packaged.

It's part of an effort by a Maryland-based dairy cooperative to create a new market for its 650-member farms by restoring an old cheese plant to its former glory. But Pennland Pure makes a lot more than mozzarella cheese. Their new signature item is a hard cheese named Braddock's Crossing (a mix between Parmesan and sharp cheddar), after General Edward Braddock—commander in chief of the 13 colonies at the start of French and Indian War.

## FARMERS' CANINE COMPANIONS

Protective farm dogs earn their keep by being workers, companions, and body guards for poultry and their eggs. Born right in the pasture, puppies are then put in the fields at 10 weeks old with poultry and other animals. It takes almost a year of “on the job” training before they are on full duty.

Since 1873, a private language of whistles and calls have been used with sheep dogs. On Carla King's 60-acre sheep farm in Davidsonville, her Border Collies are much more than friendly companions. They're also indispensable helpers that herd King's flock of sheep far more efficiently than any person could. First thing in the morning, the dog holds the sheep at bay so they don't stampede the feed. Border Collies herd the stray sheep as well.



Meanwhile, Pomeranians wrestle rebellious chickens at Valerie Lafferty's Springfield Farm in Sparks. Lafferty found that her Pomeranians had untapped talent—herding their chickens back into the hen house at the end of the day.

Many farm dogs seem to have the run of the land, and they've certainly earned that privilege! From guarding sheep, goats, and chickens to assisting in dressage lessons, these four-legged farmers put in a lot of hard work.

## BEHIND A FARM PHOTOGRAPHER'S LENS

Go behind the lens of a farm photographer, as Edwin Remsberg, based in Harford County, takes documentary images in the photojournalism tradition. Fallston is home to Remsberg's Belvedere Farm, which was established in 1823 and remains family-owned. He is involved in an ongoing project documenting the 20-acre farm that his grandfather started. Remsberg inherited the farm and currently lives the life of an agrarian artist on his, now, sheep farm. He feels the need to continue his family's legacy and does this by archiving farm life.

After college, Remsberg left the farm to become, as he says, "a dashing photojournalist capturing war zones and chaos." In his 30s, he realized his grandfather's diaries could speak "as the ghost" of his grandfather. His work became more meaningful when he focused on his roots.

He has also photographed farming in all 50 states and 16 Maryland counties. He feels he holds a mirror up for people to see how important they are. He captures the spirit of farming, taking beautiful pictures of not just the farm, but the farm work.

In the 1800s, the Remsbergs raised sheep and grain, and then operated as a dairy farm from the 1920s until 1972. The farm has hosted thousands of school children over the years and features corn mazes and pumpkin picking in the fall. The farm's newest incarnation as a cut flower purveyor has become the farm's mainstay, offering both traditional and unique varieties. In fact, 35 different varieties of flowers are grown, including their prized Dahlias. The cut flowers are sold at local farmers' markets in Harford County and at the Remsberg's farm.

*Rita Calvert has close to three decades in the food, media production, marketing, and public relations fields. She has created myriad programs, events, cooking sessions on national television for corporations, the stage for cookbooks, and founded the original Annapolis School of Cooking.*

For more information about these hardworking farmers and to learn more about Maryland Farm & Harvest, check MPT television listings, follow the show's Facebook or Instagram accounts under the handle "md-farmtv," or visit [mpt.org](http://mpt.org). Maryland Public Television welcomes story ideas. Email them at [farm@mpt.org](mailto:farm@mpt.org).



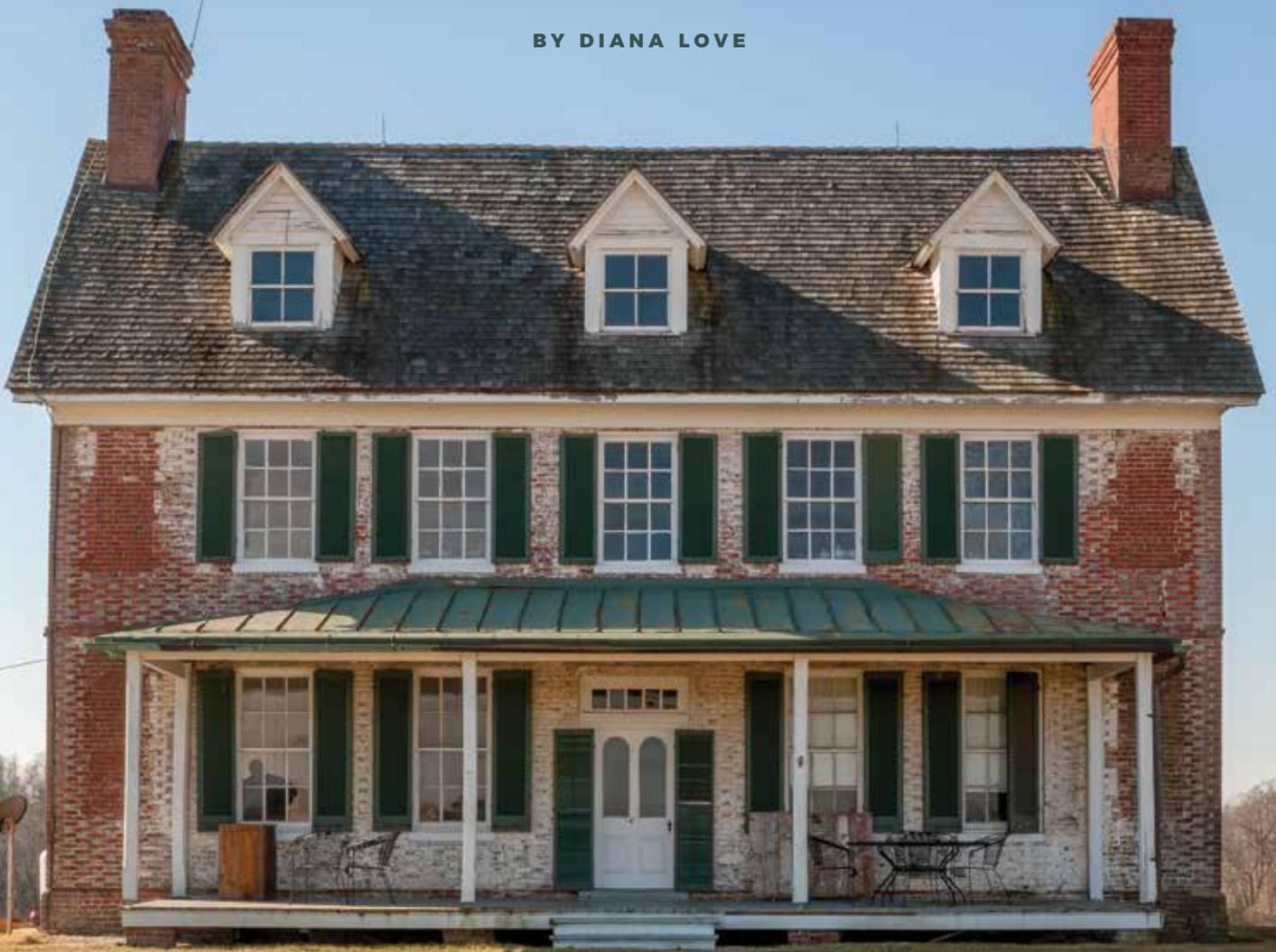
THE HISTORY WITHIN

# *Claverfields*

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Dating back 313 years, this Shore estate is a remarkable example of colonial wealth and architectural ingenuity

BY DIANA LOVE



HA65 No. MD-178-6



served in the Continental Congress in New York. After declining his election in 1784, he returned to the state senate in 1786. During the war, he was appointed to the rank of colonel in the militia of Queen Anne's County, was a member of the Maryland Convention that ratified the United States Constitution in 1788, and represented Maryland in the Continental Congress in 1782 and 1783. Writing for the Cloverfields Preservation Commission, historian Willie Graham, curator of architecture for Colonial Williamsburg from 1981

It's the dream of every parent to build a home and a fortune that will ensure security and prosperity for their children and heirs. Indeed, this was the case in colonial America, when social standing was determined not only by heredity but especially by material wealth.

Philemon Hemsley, born in 1670 to a family of modest wealth, inherited his family's 200-acre farm, Cloverfields, on Maryland's Eastern Shore upon his father's death when he was just 16 years old. Accustomed to a life of wealth and status—which in Maryland at the time was often associated with successful farming and shipping of tobacco—Philemon quickly realized that he would need more than 200 acres of land to sustain his standard of living. In 1700, he acquired the first of seven contiguous parcels along the Wye River. Eventually, he owned and handed down to his children an estate that would grow in both size and prosperity, and that would be continuously held by his descendants for more than 300 years.

By the time of his death in Annapolis in 1719, Philemon left behind an estate that historical records show was valued at £3,034.19 "current money." In addition to Cloverfields, Philemon owned a house on State Circle in Annapolis, more than 1,000 acres of land, and human capital: 44 slaves and seven indentured servants. William Hemsley, Philemon's only son, inherited the family's Eastern Shore properties and assets. Like his father, who inherited his wealth at a young age, William became the owner of substantial holdings.

William Hemsley became a leading planter on the Eastern Shore, growing in esteem and prestige in the community. He held local offices in Queen Anne's and Talbot counties. In 1779, he was elected to the state senate. Between 1782 and 1783, he



to 2016, notes that Hemsley built on the wealth and privileges that his heredity and three marriages conveyed. “Col. William Hemsley became a wealthy planter, was a prominent statesman, and he [had refashioned] his estate into the power-house that his position and fortune demanded.”

Hemsley married three times, each time improving the estate he named Cloverfields. During his lifetime, the farm experienced a period of great reconstruction and expansion, making it one of the most beautiful and substantial plantations in the American colonies. Historical records, including official inventories and census data, indicate that William renovated his father’s original two-story, T-shaped design to enlarge it, bring in much-needed sunlight, and create beautiful spaces for entertaining. Graham writes, “The dining room was self-contained and dressed as a showplace, the likes of which few on the shore could boast. Most impressive was the chimneypiece, which featured floor-to-ceiling Ionic pilasters flanking a mantel with a carved frieze and consoles, and an over mantel equally dripping with the latest rococo adornments.”



During the Revolutionary War, Hemsley served the Patriot forces as chief procurement officer, putting his wealth and reputation, not to mention his life, on the line. During this period, he completed work on his estate, which, by then, included 28 structures over 1,622 acres that stretched from Wye Mills to what is now Chesapeake College. Graham notes that by the time Hemsley and his second wife Sarah completed their reconstruction, “the new house was...fully ordered, with discrete zones for the public, another, more private sphere for the family, and finally, a fully separate facility for the work activities and living spaces for those who toiled at these efforts.”

None of the history of this incredible property would be known if not for the work of the Cloverfields Preservation Foundation, a project funded and managed by a descendant of Philemon and William Hemsley. Cloverfields was handed down through the family until the foundation arranged the purchase of four acres that included



the house and family cemetery. The foundation aims to explore the 300-year history of the home while at the same time engaging a team of expert archeologists, dendrologists, architects, builders, and craftsmen to restore the property to the height of its use as a plantation estate in 1784.

The foundation’s restoration of Cloverfields includes researching architectural plans, design details like trim styles, paint colors, finishes, and fabrics, and replacing the systems of the house. The modern kitchen will be removed, and HVAC, lighting, and electric will only be used as absolutely necessary to reflect the lack of these amenities during the home’s prominence. “Once complete, for the first time, future generations will be able to visit the site and experience in person a mostly undiscovered portion of the history of Maryland,” the Cloverfields Preservation Foundation writes in its mission statement. “The site will be useful for preservation research, educational programming, and exhibitions showcasing the history and architecture of Cloverfields.”

Architect Devon Kimmel and builder Raymond Gauthier have joined the Cloverfields Preservation Foundation team. Kimmel, whose firm in Annapolis focuses on high-end institutional and residential architecture, works on projects as diverse as a war memorial in France to restaurants, breweries, horse farms, and waterfront homes. Kimmel loves history and especially historical colonial architecture. For him, this project is one of great passion and learning. “Cloverfields was one of the earliest estates on the Eastern Shore and would have been the grandest house on the Eastern Shore, bar none,” he says. “This project, which includes a website, a monthly newsletter, and even videography that may be made into a documentary, is a dream job. It’s an opportunity to

view firsthand Maryland history and colonial history, the progression of people living in [the home], and how it changed over time from almost medieval in 1705 to Georgian to finally to Federal.”

Gauthier was approached to handle physical reconstruction of the home and outbuildings. As an expert builder of luxury homes, he is just as passionate about this particular project as he is about his personal craft, recognizing that there is a multitude of ways this restoration could become complicated. “With a historical restoration like this one that has a lot of potential pitfalls, you don’t want critics to say that you didn’t investigate it correctly or thoroughly, that you didn’t do it the right way, or didn’t do it to the right period,” Gauthier says. “We set the expectation from the beginning with ourselves, with our community, and with the public that we would leave no stone unturned and that we are doing 100 percent of what we can to do this right.”

## Doing It Right

Doing it right includes managing some quirky details of the house. Kimmel says there are “goofy things all over the house,” like a brick bell-course that goes around the house, stepping down at the corners. “This is unusual. There’s no other example of it, and there is no purpose except for aesthetics. It’s simply used to call out the corners of the house.”

On the eaves of the main residence, there is what looks like an exposed medallion, or dental, in the eaves of the roof, spaced about 18 to 20 inches apart. “This is called a medallion cornice,” Kimmel says. “But actually, it’s the floor joists coming through. That is strictly aesthetic and has no function.”



The roof has bent principal rafters. Six big pieces of oak, probably cut and carved on the plantation, were used to build the rafters. “Why would they have bent rafters?” wonders Kimmel. “I am not sure. Perhaps the builder was an Englishman familiar with English building techniques or Tudor style.”

Another unusual design element is the main stair hall. A brick tower houses the stairs at the rear of the house. The stairwell dates to 1705, a date the team has confirmed through a dendrochronological study of the wood. The

stairwell is 12 by 12 feet and goes up to the third floor. “This stairwell is very pretty, with the original custom hand-rail that is one of a kind. We know the trees for the stairs were felled in 1703 and 1704, and finished in 1705. These are the oldest or the second oldest stairs in the Southern colonies,” Kimmel says.

There is evidence of an open-air front porch, dated to 1705, which would make it the earliest known porch in what became a quintessentially American design. “The porch would be considered innovative at that time,” says Kimmel, “because prior porches were enclosed to create a vestibule. We don’t know why the porch was designed to be open, but we do know this is one of the first.”



Perhaps most quirky is the attic room used as a meat smoking room, a potentially dangerous idea given that fires could and did destroy other colonial mansions of the time. Gauthier says the room, which has wood floors and a wooden roof, still smells faintly of the fire and smoke used to preserve meats.

Doing it right also involves sourcing the raw materials and skilled craftsmanship that would have been used to build and decorate a stately plantation in the colonial era. “We have to find guys willing to make 5,000 handmade nails, hinges, glass, and window frames,” Gauthier says. “Then we have to find period experts to install windows, doors, and panels just as would have been done in 1784.” Hemsley relied on renown artists and builders who chose the very best raw materials from the plantation. They carefully selected the tree that best suited their job, typically utilizing the best first growth wood. Gauthier says windows were made of American black walnut, floors were fashioned from heart pine, and only the very best parts of the tree were used to ensure strength, longevity, and beauty.

Gauthier has formed relationships with craftsmen throughout New England and the mid-Atlantic to hand-build interior and exterior elements, right down to the original bricks. “Back then, craftspeople apprenticed for seven years before working on their own,” Gauthier explains. “Often, the son would join the father’s trade or guild, so the skills and knowledge about how wood moves and works were handed down through generations. In today’s world of automation and use of modern materials, that skill and knowledge have been lost.”

Lost, but not gone. Gauthier’s contractors are fashioning not only the bricks, but also plaster, panels, doors, windows, and even





wood shingles, which are modeled after the original 1760 shingles Hemsley used. “The shingles show gorgeous workmanship,” Gauthier says. “The builders didn’t just put two roofs together and use metal to join them. They tapered and swept the shingles continuously. It’s a beautiful technique that’s gone out of practice.”

## Discovery

Archeologists recently discovered an ice house on the property. According to Kimmel, the find is remarkable. Only the very wealthiest plantations—Mt. Vernon and Monticello, for example—could boast a cool drink during hot summer. “It’s a pretty spectacular find which our team discovered with the use of ground penetrating radar. It measures 14 by 12 feet, and it’s just another example of how this estate on the Eastern Shore is really special,” he says.

Jason Tyler, writes extensively about the ice house on the Cloverfield Preservation Foundation website. For anyone who loves history, Tyler’s explanation of the excavation reveals a perfect reason for why it’s so relevant and timely for projects like Cloverfields to be funded and pursued. The ice house, built about 60 feet from the main house, was used for decades before becoming first a gaping hole and then a trash receptacle. Multiple artifacts from generations of Cloverfields inhabitants have been found.

Archeologists also discovered an extensive terraced garden which Kimmel, who is also a landscape architect, says was the most sig-





Despite these challenges, the Cloverfields Preservation Foundation, Kimmel, and Gauthier remain impassioned and committed to the project. They are driven by the owner's evident love for his family's heritage and property, and their own passion for history. "On this project, there is absolutely no cutting corners," Gauthier says "The house has been here for 313 years, and we are restoring it to survive another 313 years. It's an excellent way to learn about best practices in building because this house remains in great shape, even after generations of people living in it."

To learn more about Cloverfields and the Preservation Foundation team's work, visit [CloverfieldsPreservationFoundation.org](http://CloverfieldsPreservationFoundation.org) and subscribe to the monthly blog. In it, Kimmel describes discoveries made, challenges, and obstacles encountered, and construction projects underway or completed. The foundation's website offers extensive information on the history of the property, the purpose of the project, and the future museum.

*All photography courtesy Kimmel Studio Architects.*

nificant colonial garden in the United States. "This is a spectacular example of a parterre garden, which was used by the Hemsleys for practical purposes, but also for pleasure." The garden looks like a lawn now, but the team is working to recreate the ellipses and geometric shapes that made this garden so unique and pleasant.

Doing this project right has involved an intense study of Maryland historical deeds, wills, inventories, and other records by international and local experts. Archeological digs have discovered 60,000 artifacts. "It's amazing that just six inches under the ground we are finding out how things looked and how people worked and played," Gauthier says. Archeological finds are curated, cataloged, and prepared for storage by experts in England and the United States. Once the Cloverfields restoration project is complete, the Preservation Foundation plans to present the items in a visitor's center and museum.

## Challenges

Gauthier and Kimmel say challenges remain in the excavation and restoration of Cloverfields. The bathroom and kitchen built after 1785 will be removed, and an authentic colonial kitchen will be installed. For help with this, they are working with historians from George Washington's Mt. Vernon. The building will need a sprinkler system so the architects will have to determine how best to add this modern equipment to 18th-century rooms. Electrical lines installed in the 20th century will be pulled out and new lighting systems will be installed only where necessary. Seven different HVAC units will be used to condition the house so the builders don't have to install ductwork.





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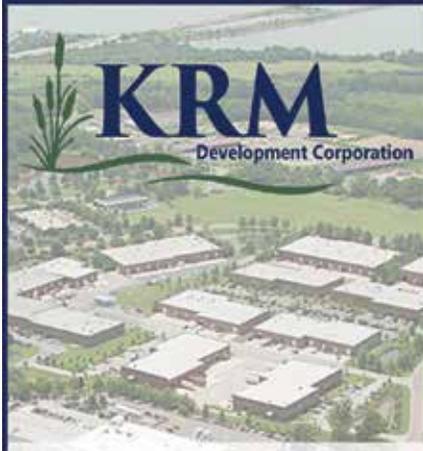


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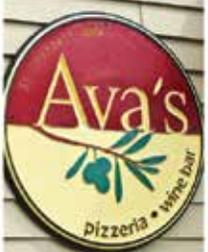
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Lisa Barton - Realtor - 410-829-2051

Annie Eaton - Realtor - 410-739-4260

Amanda Stromberg - Realtor - 410-703-1403

Destinee Blackstone - Realtor - 410-693-9291

Lisa McGrath - Licensed Assistant

## Big or Small - We Sell Them All!



**430 Plantation Lane  
Stevensville | \$2,500,000**

Create your own lifestyle in this Luxury Waterfront Home on Kent Island! Floor to ceiling windows overlooking Eastern Bay. A separate guest house, total of 5 garages, custom wrought iron staircase & radiant heated floors are just a few details! Nature abounds on this property, expansive views, 450' of waterfront, & private pier on 5 private acres.



**1160 Thompson Creek Road  
Stevensville | \$2,100,000**

Beautiful Kent Island waterfront farm on 28.97 ac. Situated on a point 3,000+ ft. of waterfront and deep water 6' at pier. Soaring windows, expansive water views, Custom built home by Lindal Cedar homes, 7852 sq. ft. 4 BR's, 5.5 BA's, 4 FP's & 3 car attached garages. Barn/Stall 5 more, Public W/C



**120 Parks Point  
Queenstown | \$1,950,000**

5.44 Acres with Spectacular Views, Waterfront on the Wye River, Pier with Boat Lift, Sandy Beach, Duck Blind and Sub-dividable



**233 Wineland Way  
Stevensville | \$1,450,000**

Paradise at the point! Coastal living at its best, deep sheltered water, bring your sailboat! Beautiful vista looking out into Eastern Bay. Sprawling 5,450 sq. ft. home, 5 BR 5.5 BA, huge game room, Large Family rm. Completely finished interior incl new baths, flooring, counters, roof & HVAC.



**228 Shipping Creek Drive  
Stevensville | \$850,000**

Peaceful location in Shipping Creek. Bountiful light streams in through multiple floor to ceiling windows! Private pier, shady stand of trees at water's edge, nicely landscaped, circular drive, plenty of parking plus a nice sunroom & patio for entertaining.



**209 Hickory Ridge Drive  
Queenstown | \$825,000**

Beautiful Wye River Waterfront w/sunset views. One floor living 3 BR, 2 BA, FP, sun room, unfinished basement + 3 car garages. Total of 3 lots w/possible subdivision Total acreage is 5.40 acres being sold as a combined parcel. 15 min. to the Bay Bridge!



**1100 Kentmorr Road  
Stevensville | \$725,000**

Breathtaking Sunsets & the Glisten of the Bay! Nicely Renovated Island Cottage filled with natural light, open living space & gorgeous kitchen. Enjoy the waterfront entertainment spaces & private pier.



**806 Bay Drive  
Stevensville | \$690,000**

Cheapeake Bay Waterfront on private lot with in-ground pool! Beautiful open view, two FP's updated baths & kitchen plus 2 car garage with bonus space above Rip-Rap, bulkhead & new siding.



**200 Sportsman Neck Road  
Queenstown | \$675,000**

Beautiful & completely updated home from top to bottom. One floor living is poss. in this home with 1st floor Master BR! An amazing kitchen & dining room + 3 screened porches to entertain. 294 feet waterfront on the tributary of the Wye River. Private setting with 3.5 plus acres, Kayak, or Jet ski's to explore the Wye River.



**411 Beachside Drive  
Stevensville | \$525,000**

Waterfront on Northwest Creek w/sprawling views! Private setting, big home, beautiful updated kitchen. Large LR & FR with 2 FP's. Screened porch & wrap around deck, entertaining areas. A possible in-law suite! Bring your fresh touch! Great location.



**407 Elm Street  
Stevensville | \$425,000**

There's no question you will love this home! Splendid sprawling spaces, great for entertaining with family & friends on large deck areas & screened porch. New baths, kitchen, hardwoods & roof plus 4 car detached garage.



**1230 Painted Fern Road  
Denton | \$279,900**

Welcome Home! One of the biggest models in Savannah Overlook with 3 car garage & over 3,200 square feet! 4 large BR's, 2.5 BA's, 3 living areas, oversized deck (can be screened in), new flooring, new appliances, light fixtures, pellet stove, & fenced in yard.



**1403 Queen Anne Drive  
Chester | \$265,000**

Enjoy sunset water views from this adorable beach cottage in beloved Marling Farms! Open concept Kitchen Dining & Living spaces w/ fenced yard & large deck. Your front porch is just waiting for you to watch the sun go down & feel the summer breeze!



**28 A Queen Mary Court  
Chester | \$215,000**

Charming end unit townhouse ready for new owners! Relax on your rocking chairs on the front porch or entertain on the lake front patio, or just sit and watch the serenity of the lake from any of the 4 deck areas. Vaulted ceilings, fireplace & first floor master bedroom. Great size for down sizing & second home.



**Lot 36 Calvert Road  
Stevensville | \$175,000**

.62 Acre Lot Only, Waterfront on Carter Creek  
Lot 36 with New 2140 Sq. Ft. Rancher  
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By Caruso Homes



**Lots 20 & 21 Penny Ln. \$78,000  
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# OUT OF HEARTACHE COMES HOPE

## Haven Ministries is HOPE through Shelter, Clothing, Food, and Support

In 2014, Haven Ministries found itself with the distinction of being a "homeless" homeless shelter. For several years, the organization had successfully operated a transitional housing program on State Street in Stevensville and was well on their way to transforming the property into a much needed, well-designed Center of HOPE. "Haven House" would include emergency shelter beds, transitional living spaces, a playroom, commercial kitchen, office space, classroom space, and dining room, as well as many amenities to improve the lives of the guests. Haven Ministries worked tirelessly for over a decade with a variety of government agencies and community partners to make this dream a reality. With construction ready to begin, what should have been a showcase of our community's cooperation and compassion was

suddenly sidelined by a fear-based campaign driven by a small but vocal opposition group. Lies, under-handed tactics, and political pressure led to the interference of elected officials who halted public funding designated for the project which led to the eventual eviction of Haven Ministries from the property. Despite the heroic efforts of churches, supporters, and a few bold public servants, "Haven House" would not be. But the story doesn't stop there...

Despite this clear injustice, Haven Ministries persevered, clung to HOPE, and moved forward in fulfilling its mission of loving our neighbors. Haven Ministries' leadership responded with integrity throughout the controversy and continued the hard work of alleviating poverty in their community. They opened a Resource Center, opened a second food pantry, and opened Hope Warehouse which offers a job training program, all the while continuing their existing shelter, food, and clothing operations. Today, Haven Ministries is the largest "Helps Organization" in the county and HOPE is the basis for everything the organization does.

Haven Ministries continues to pursue the dream of owning and operating a much needed home. However, this time the goal is to raise private funds so the dream can succeed without the interference of those who do not have the best interest of the disadvantaged in mind. Haven Ministries relies on people like you to keep the dream alive through generous donations. Krista Pettit, Executive Director of Haven Ministries, knows that in the end, justice will prevail and the humble will be lifted up. "With your contribution, I am confident that HOPE will continue to prevail in our community."

► To support or learn more about Haven Ministries, visit [haven-ministries.org](http://haven-ministries.org) or call 410-739-4363

# Home & Garden

48 GARDEN DESIGN | 54 REAL ESTATE



# Watching Your Garden's Diet:

CHOOSING THE RIGHT  
NOURISHMENT FOR PLANTS

By Janice F. Booth

Properly feeding our loved ones—human, fauna, and flora, is a responsibility we do not take lightly. We feed our families, our friends, our pets, our neighbors, even strangers, and we must not forget to feed our gardens and lawns, too. Summer is almost in full swing, with all its beauty and pleasures. As we look over our flourishing gardens, all our efforts—the planning and the investment of time and money—seem worthwhile. The azaleas are still providing some ruffled blooms, the boxwood is leafy, and the roses are showing off their petaled heads. White and yellow daisies, pink and red petunias, yellow coreopsis, and purple sage—all are dazzling us with their showy blooms. The lawn is lush and sparkling green. Time now to drink in the splendor.

Ah, but there may be a little nagging voice in the back of your mind, “Do I need to add more protein to the kids’ diet? Is the dog gaining weight? What should we grill for the neighborhood picnic? Aren’t the lilies looking a bit droopy?” And the list goes on.

So, I’m here to help—at least with the flora portion of your grownup list of responsibilities. Whether you hire garden specialists or care for your garden yourself, it’s time to think about a well-balanced diet for your garden. As with vitamin supplements and fortified foods, finding the right nutrients, aka fertilizer, and appropriate application schedule for your garden is important and a bit complicated. But, once you’ve figured out what needs to be done to keep your garden well fed and healthy, you will continue to enjoy your garden’s beauty until the last blossoms have fallen.

**DIRECT CONNECTIONS WITH THE OUTSIDE WORLD EXIST IN EVERY GARDEN, WHICH IS WHY I THINK WE SHOULD ALWAYS AIM, IN OUR GARDENING PRACTICES, TO DO THE LEAST HARM AND THE GREATEST GOOD.**

—**DAVID L. CULP**, *THE LAYERED GARDEN: DESIGN LESSONS FOR YEAR-ROUND BEAUTY FROM BRANDYWINE COTTAGE*





Gardener David Culp's admonishment to "do the least harm and the most good" in our gardens is particularly pertinent when it pertains to fertilizing in our region. In our backyards and neighborhoods, marshes, streams, creeks, and rivers flow into one of the most beautiful and prolific estuaries in the world: the Chesapeake Bay. As we know only too well, run-off from our gardens pollutes the waters of the Bay. But, if we educate ourselves to the needs of our individual gardens, we can do something about that pollution. We can stem the flow of excess nitrogen, phosphates, and other nu-

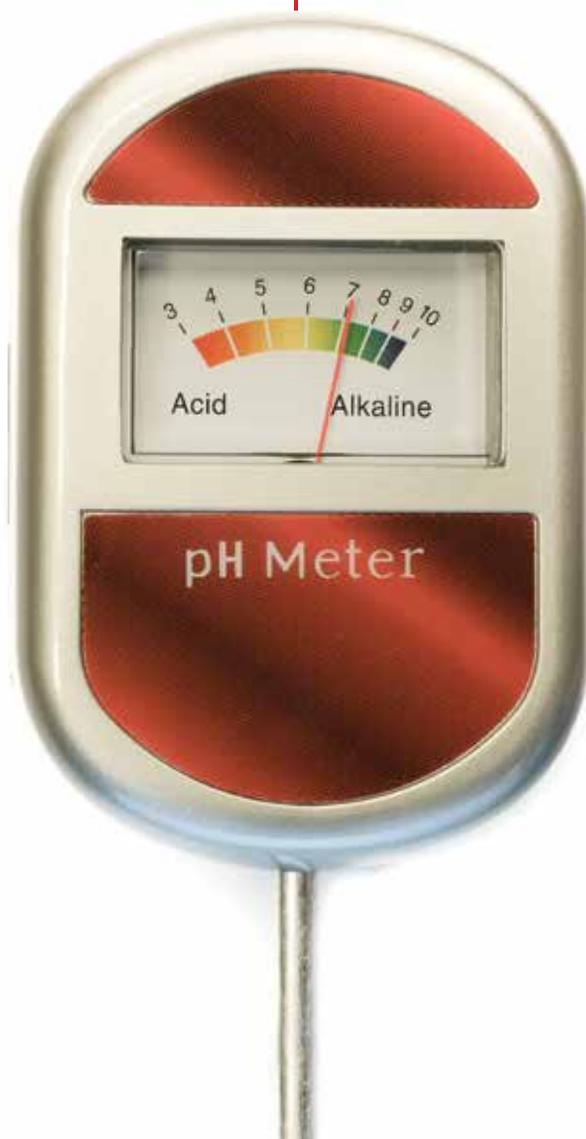
trients and chemicals into the Bay. We can make sure that, like our children, our plants, shrubs, and trees are getting exactly the nutrients they need to flourish.

**PREP WORK:** First, test your soil—or ask your gardener about the current condition of your soil. You want to know the pH or soil acidity. That information is vital, and the test results may vary from your last test, so be sure to use test results calculated within the last growing cycle, or last six months. Your gardener will be able to perform the soil test quickly. Or, you can order a test kit online, and test the soil

yourself. In either case, the testing is inexpensive and easily accomplished.

One of the most important measurements of your soil is the nitrogen level; it's measured on a ten-point scale. Nitrogen supports photosynthesis and leads to healthy, lush foliage and flower production. On the ten-point scale, 7.0 is neutral. Eight or above is less acidic; 6.0 and below is alkaline, or more acidic. Your flowers probably prefer a bit on the alkaline side, 6.3 or so. For quick remedies, ground limestone can be added to your soil to increase pH. Sulfur or aluminum sulfate can be added to lower your soil's pH level. But a caution: It may take six to nine months for these substances to change your pH level.

**MENU PLANNING:** Once you've performed any triage your garden soil might have needed, you can make a plan for maintaining healthy nutrient levels in your garden and among your shrubs and trees. This is where careful attention to detail, at least at the outset, is vital to protecting both the Bay's estuary system and your garden's health. Overly enthusiastic fertilizing, by your gardener or by you, will not provide lovelier, stronger garden growth. To the contrary, over-fertilizing can burn your plants' roots and disrupt the pH balance in the soil. In addition, the excess nitrogen, phosphate, and potassium could filter through the soil and into the water table. From there, they become pollutants feeding algae blooms and choking the oxygen from the water.



**INGREDIENTS:** If you're looking at fertilizers that come prepackaged, you'll probably see three numbers on the label; these numbers indicate the fertilizer's nutrient ratios. For example, 5-10-5. The first number indicates the percentage of nitrogen in the fertilizer. The second number is the percentage of phosphorous, and the third number is the percentage of potash or potassium. A 5-10-5 ratio is considered a "complete fertilizer." The nutrients contained in fertilizer each provide support for a particular plant process:

- ▶ Nitrogen encourages new growth.
- ▶ Phosphorous builds the root system and encourages the production of buds, flowers, fruit and seeds.
- ▶ Potassium protects a plant from disease.
- ▶ Calcium binds the soil so it properly supports the plant's root system.
- ▶ Magnesium encourages photosynthesis.
- ▶ Sulfur protects plant protein.

Based on the general health and quality of your garden's soil and plants, you can look for fertilizers that provide the nutrients you need.

The consensus seems to be that fertilizing is best done every six to eight weeks. That means if you fertilized in the spring, early May perhaps, you can fertilize now, as the summer gets underway, and again in late August or early September. The exception to that rule is after a period of heavy or prolonged rain, which will wash away the nutrients you've put there. After a rainy period, a "snack" of well-rounded, water-soluble fertilizer may be necessary.



Also, if you replace plants, it's a good idea to add some fertilizer to the soil in which the new plant will grow, and some fertilizer along with the bulbs when those are planted.

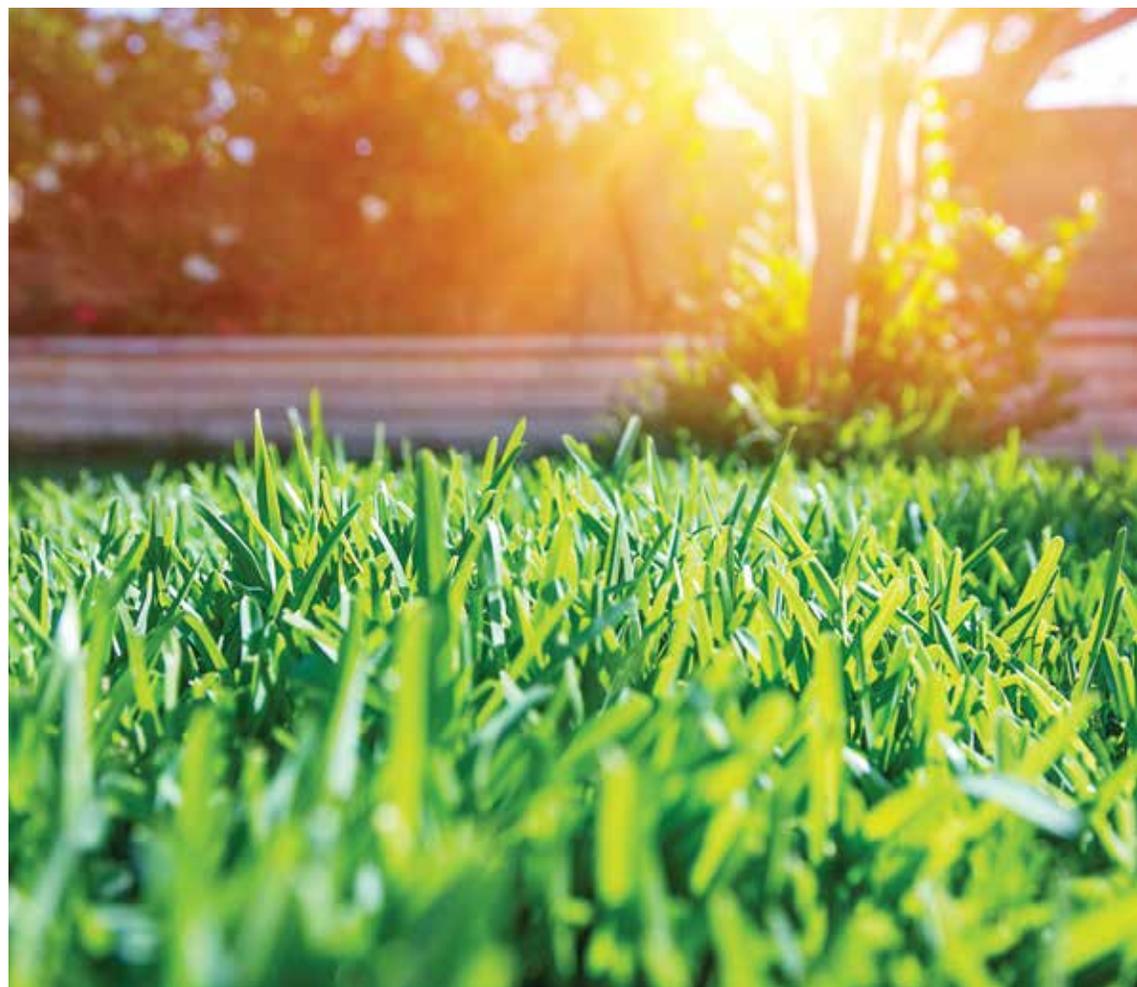
**FERTILIZER TYPES:** So, which will it be? An organic or chemical fertilizer? Organic fertilizers include animal and green manure (leaves and other undecomposed plant products), blood meal, fish emulsion, cottonseed meal, granite dust, and rock phosphates. Chemical fertilizers are marketed in liquid, granular, powder, and pellets forms.

**ADVANTAGES:** Organic fertilizers contribute organic matter to the soil, improving your soil's structure. Such natural fertilization provides a steady diet of nutrients to the soil and helps your plants fight fungal and bacterial disease. Chemical fertilizers are man-made and may include sodium nitrate, potassium chloride, and superphosphates. They are often cheaper per square foot than organic fertilizer, and chemical fertilizers are fast-acting, breaking down and being absorbed almost immediately.

**DISADVANTAGES:** Organic fertilizers have some drawbacks. They are usually bulky and difficult to transport and store; consider a bag of chicken manure or a wheelbarrow full of leaves, carrots, and potatoes breaking down in a corner of your backyard. Because organic matter breaks down slowly, it's an unreliable resource if your plants need food now. Additionally, organic fertilizers are fugitive; they are inconsistent in makeup and do not retain their nutrient composition.

Chemical fertilizers have their problems, too. They don't improve the soil's structure or add organic matter to the soil. Some chemical fertilizers can actually harm microorganisms, interfering with long-term plant growth. Finally, producing chemical fertilizers requires lots of energy; there's a big carbon footprint.

As with the food we feed our bodies, what we feed our plants matters. But sometimes we must weigh convenience versus nutrition, which often leads to a compromise—providing



the best nutrition within the limits of our time and resources. So, we add a green salad to the kids' mac and cheese Saturday lunch. Or, we purchase the vegetable medley readymade instead of preparing our own chopped and marinated carrots and cucumbers.

And that may be the same compromise we make in our gardens. Give your plants and the soil that nourishes them a healthy dose of organic fertilizer now, as summer begins. As the weeks pass and your garden delights you, you may see a drooping plant or a tired shrub. Give those dears a short-term boost of chemical fertilizer. Hopefully, they'll perk right up and thank you with more showy blooms.

A word of caution: If you've turned over the fertilizing responsibilities to your gardener, avoid doing your own fertilizing between their visits. Or, be sure to check with your gardener if you feel compelled to do auxiliary feeding. Over-fertilizing can cause serious damage to your plants. More is not better. And, if you're doing your own fertilizing, moderation is advisable. Trust your plants to let you know if they need extra nourishment. If they're doing well, just relax and rely on the fertilization schedule you've devised.

As with all our grownup responsibilities; make a plan, implement your plan, and be prepared to intervene and be flexible if problems arise. The family may need a multivitamin to keep up with the busy summer schedule, the dogs may get a few healthy treats not on their diet, and you may figure out some well-balanced snacks to serve up at a last-minute party. And, in the garden, you may do the same, for your plants—plan for the garden's fertilization, but be willing to provide supplemental nutrition if heavy rains wash out the fertilizer or a few plants need some extra nourishment. Keep on hand a little liquid seaweed or household fertilizer from the hardware store, just in case. Then, lean back and watch your garden flourish.

# Thank You!



for voting Jennifer Chaney 2019's *Best Residential Realtor* AND *Best Waterfront Realtor* of What's Up? Eastern Shore Magazine!



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HORSE-Lovers Dream House! 23 Acres w/ Custom-Built Colonial Nearly 2700 sq. 36 x 60' Morton Barn w/ 5 Stalls! \$675K MDQA137120



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**110 STONEY BAR BLUFF - GRASONVILLE**

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**218 UPLAND LN - CENTREVILLE**

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**301 OLD STEAMSHIP RD - STEVENSVILLE**

Post & Beam Custom Home- Gorgeous! 1 Acre, Cul-de-Sac Location, Offered for \$550K - MDOA122808



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**163 W. GOLDFINCH LN - CENTREVILLE**

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Greenwood Custom Built Colonial- Nearly 2700 sq. ft. High-End Finishes- Offered for \$465K - MDOA137162



**603 BROAD CREEK DR - STEVENSVILLE**

Rancher boasting nearly 2100 SF, Attached 2-car garage, Bay/Creek Views. Offered for \$429K - MDOA133484



**121 HENRY STOUPE WAY - CHESTER**

Affordable Gibson's Grant, 3BR's, 2.5 Baths, Offered for \$499K - MLS#1002146432



**6014 BRIDGEPOINTE DR - CHESTER**

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**List Price:** \$885,000  
**Closing Price:** \$880,000  
**Year Built:** 1870  
**Home Size:** 2,639 Sq. Ft.  
**Bathrooms:** 4 full/ 1 half  
**Bedrooms:** 4  
**Lot Size:** .18 acres  
**DOM:** 35

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HOME REAL ESTATE

# St. Michaels

By Diana Love

**M**any colonial-era homes in St. Michaels historic district reflect the town's colonial history. The neighborhood evokes charm and tradition, and features homes that have been painstakingly cared for over generations.

This home was built in 1870, when St. Michaels established itself as a rural outpost for plantation owners and local farmers, and as a commercial center for watermen. A great sense of the town's history resonates throughout this house, from the front porch to the rear garden.

The screened front porch extends across the width of the house and offers a shady welcome to visitors, or a lovely spot to quietly sit and take in the breezes off the harbor that is less than 30 feet away. Inside, the home was recently renovated to update the kitchen, bathrooms, and bedrooms. The result is a house that has every modern amenity, but that resonates with generations of local history.

The kitchen itself is beautiful, with marbleized grey granite countertops, a farmhouse sink, white cabinetry, and stainless steel appliances. The island is painted a soft shade that offsets the bright white of the cabinets. Although the stainless steel, the gas range, and faucet are distinctly modern, the kitchen renovation was careful to integrate the historic ambiance of



the rest of the home. Dark bronze stools and overhead lighting punctuate the muted colors of the room. The kitchen shares an open floor plan with the casual family dining area. A crystal chandelier lights a dark wood table and corner curio cabinet. Each of these decor elements, including the hardwood floors throughout, are perfectly juxtaposed against modern accessories in the kitchen.

The four and a half bathrooms in this home are notable for their crisp, clean design and natural light.

Each has at least one window, with views to the treetops and water beyond. The four bedrooms also make the most of the light and incredible views. Each features picture windows with views to the harbor and across the water to other historic homes. "My client wanted a place in the St. Michaels-area where her parents could stay with them," buyer's agent Janet Larson of Benson and Mangold says. "This property has a gorgeous first-floor master suite for her parents and another master with private bath on the second floor."



A sense of heirloom agelessness pervades the private upstairs rooms, a feeling lent by the hardwood floors, period chandeliers and hall lighting, straight architectural lines, and simple trim around windows and doors. Two multi-purpose rooms were used as offices, each with similar views as the bedrooms. "The home really is unique for the exquisite renovation," listing agent Cornelia Hackenbach says. "There is plenty of storage, and the number of bedrooms, plus the stunning kitchen truly make it a rare find in historic St. Michaels."

The exterior of the home is beautifully maintained with a purposeful landscape design that offers shade and color. A garden shed with heat and electricity borders the back end of the property. An extensive brick patio runs the length of the house along one side. Here, benches and tables sit under leafy crepe myrtles and alongside flowering hydrangeas, rhododendron, and laurel. It's easy to imagine generations of St. Michaels locals and visitors alike succumbing to the lure of the town. The new buyers of this home certainly did. Several offers were made nearly immediately when the property was listed, and it sold in just 35 days.

**Listing Agent:** Cornelia Hackenbach, Long and Foster Real Estate, Inc., O: (410) 745-0283, C: (410) 310-1229

**Buyer's Agent:** Janet Larson Associate Broker Benson & Mangold, C: 410-310-1797, E: JLarson@bensonandmangold.com

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**SNUG COVE** - 3.43 private wooded acres of land facing southeast on Leadenham Creek. Approximate 267 ft of protected water frontage with a combination of expansive water views & deep water—5 ft MLW. Approx. 2700 sq. ft. two story residence built in 1987 w/ major additions & renovations from 1994 through recently. **\$1,250,000**

**ARCADIA SHORES** - Sunsets & wide views of Miles River. Private setting, pier w/3 lifts, in-ground pool, elevated lot, protected shoreline. Large 4 BR, brick home remodeled in '12 & '17. Great open floor plan, grand living room, gourmet kitchen, multiple dining areas, private study & office. Perfect retreat to entertain or to enjoy a quiet day overlooking the river & St. Michael's harbor in the distance. **\$1,775,000**

**LONG HAUL COTTAGE** - A unique 13.9 acre property w/ deep water on Long Haul Creek overlooking Miles River. The 2,700 sq. ft. one story main house was built in 1974 w/ recent renovations. There is a protected harbor w/ 30' floating pier plus 150' x 10' long pier w/ 12 rentable boat spaces. **\$1,975,000**

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A two-story rear addition and a one-story screened-in porch were constructed sometime after Shehan's death in 1941. Although it has been sold numerous times since then, the home retains its original detailing and remains virtually unaltered. Landscaping has evolved over the years, and a three-car garage, pool, and firepit were installed. These new additions only add to the sense that this was always meant to be a family home: one that could be enjoyed by folks both young and old, one that should be explored

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**Home Built:** ca 1909  
**Sale Price:** \$1,490,000  
**Square Feet:** 3,959  
**Bedrooms:** 4  
**Baths:** 5/1

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and adored. The house has four bedrooms with five full baths and one half-bath. The third level is a loft softly lit by sunlight that filters through windows on each side. These windows look over the treetops and across the lawn to other historic homes in the neighborhood.

HOME REAL ESTATE

# Easton

By Diana Love

**T**he William Mason Shehan House is an excellent example of Colonial Revival architecture and remains a grand monument to Mr. Shehan, Chief Judge of the Circuit Court of Talbot County from 1934 to 1940. The Maryland Historic Trust dates construction from 1909 to 1910. The home was built on three parcels that together make it one of the largest properties in Easton's historic district.

The front elevation of the home features four tall and imposing columns that support a sharply gabled roof and define a stately brick portico and wide porch. Three arched Queen Anne sash windows on the third story preside over symmetrical bays of windows on the second and first floors. Dark shutters outline each set of windows.

The roofline is characterized by a denticulated, boxed cornice of wood that continues around the home, returning on the pediment of the portico. Three brick chimneys have corbelled caps. Together, the brick entry, roof lines, and architecturally balanced window frames make a powerful statement and evoke another era, one that was surely more elegant, sophisticated and timeless than is possible to find now.



The home was recently sold in a private transaction to sincere admirers. The couple currently lives in St. Michaels, but have been familiar with the property for some time. "When I first saw this home in 2006, I was taken with its architecture and history," the new owner says. "I thought that one day I might have an opportunity to own the home and live there with my wife and family. This home reminded me of something from *Gone with the Wind*, and we fell in love with it instantly."

The sale and purchase of the property proved to be serendipitous and smooth, aided in no small part by Chuck Mangold of Benson and Mangold Realty. In fact, the home was not on the market when the former owners happened by chance to meet the new owners at a reception. Shortly after, the property was mentioned in passing over breakfast with Mangold, who suggested it might be for sale. "The owners weren't living in the home at the time, they had moved to St. Michaels," the new owner says. "By chance, we live in St. Michaels but were preparing to downsize. It was the perfect coincidence and perfect timing for everyone."

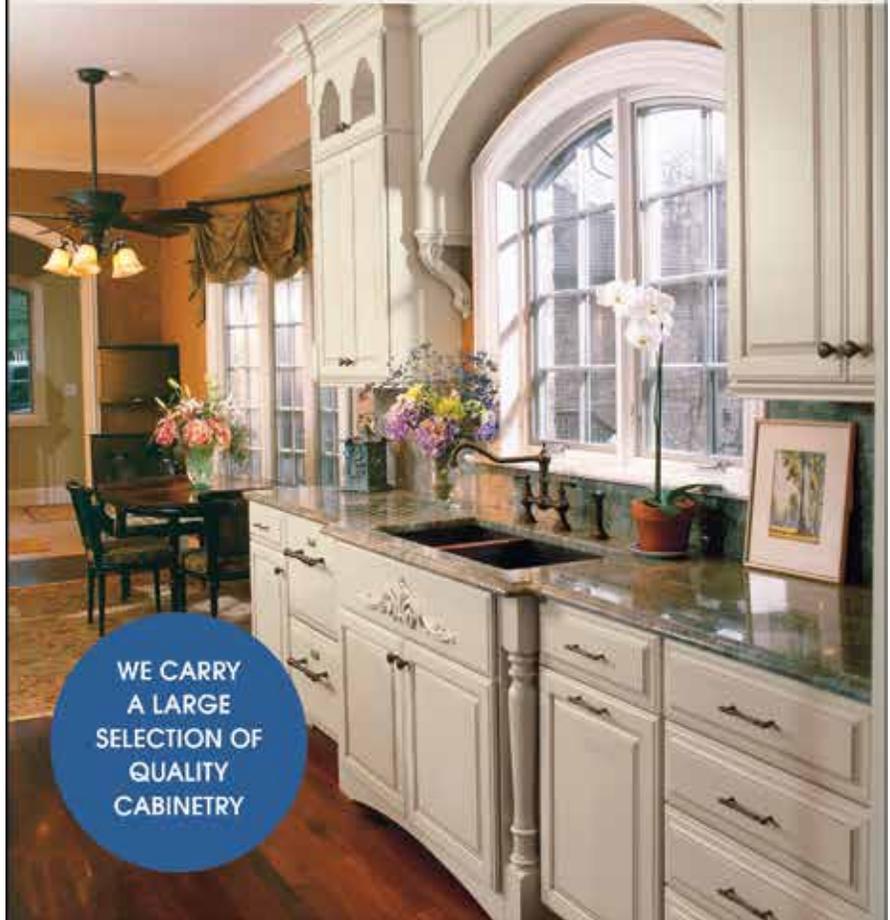
Although the quality of the original craftsmanship continues to shine through on design details like crown moulding and trim, wainscoting, and the elegant staircases, the new owners are making some cosmetic changes to the home. Throughout the spring, they painted, modernized the kitchen, and refinished the wood floors. Outside, they worked with the Easton Historic District Commission for approval to remove tall shrubbery, which blocked a view of the house from the sidewalk, and to install a beautiful wrought iron fence around the edge of the property. "My wife has purchased a fountain for the front of the house, and we are refinishing the pool, installing a rose garden and planting beautiful landscape flowers like hydrangeas," the new owner says. "When these projects are complete, we look forward to sitting in our rockers on the porch watching people pass by."

**Agent:** Chuck Mangold, Benson & Mangold,  
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# Health & Beauty

60 TAKING A STAND | 61 FLOWER POWER  
62 FRESH TAKE | 66 PRODUCTS WE LOVE *plus more!*





## HOW SITTING IS KILLING YOUR TUSH

The reports surrounding the dangers of sitting might seem exaggerated, but in some ways, they're not overhyped at all—at least when it comes to dead butt syndrome.

Nope, that's not a joke. Dead butt syndrome, also known as gluteal amnesia, is a real condition that occurs when the gluteus medius, one of the main butt muscles that's located right above the gluteus maximus, stops working properly. It's most common in those who spend too much time in a chair, but also appears in people who are active but neglect to focus on strengthening the glutes.

You can test yourself for dead butt syndrome with the Trendelenburg test: Stand up straight and lift one leg in front of you. Have another person look at you head-on—if your pelvis dips on the same side as the lifted leg, your gluteus medius on the opposite side is weak. You might be experiencing lower back or hip pain because of this imbalance.

Luckily, gluteal amnesia isn't permanent. Reverse the effects by working all three parts of the glutes: the minimus, the medius, and the maximus. Lower-body exercises such as deadlifts, squats, lunges, glute bridges, and bird dogs will all do their part in bringing your butt back to life.

HEALTH & BEAUTY HEALTH

# Taking a Stand

STANDING DESKS ARE IN SO MANY OFFICES NOW—BUT ARE YOU USING IT PROPERLY?

By Kelsey Casselbury

The headlines are dramatic: “Sitting is the new smoking.” “Sitting too much can kill you.” “Sitting is a full-fledged epidemic.” Let's get real: Are health experts being a bit theatrical about it all? Unfortunately, probably not. To combat this self-inflicted sitting “disease,” some employers have invested in desks that toggle between sitting and standing, so workers can spend more time on their feet. However, it's also possible to go too far the *other* way—that is, to stand *too* much while working. While it's true that Americans spend far too much time sitting—an average of 13 hours a day, according to research from Ergotron, a sit-stand desk manufacturer—it's not a great idea to stand all the time, either. Research surrounding people in professions that stand all day, such as

bank tellers, finds that they suffer from lower back pain, varicose veins, and other leg muscle, tendon, and connective tissue problems. What's a sedentary office worker to do?

The answer: sit *and* stand! The proper way to use your standing desk is to alternate between sitting and standing regularly, aiming for a ratio of 1:1 or 2:1 sitting to standing time. It's also important to have the desk positions properly when you're standing:

**Set the desk to elbow-height.**

**Position the monitor at eye level around 20 to 28 inches from your face.**

**Tilt the monitor to a 20-degree angle.**

But wait, there's more. (Isn't there always?) For optimum health, you also need an anti-fatigue mat on the floor to help reduce the risk of leg and lower back pain. These mats, which improve blood flow, will reduce your overall discomfort when standing.

Despite any precautions that you might take to alternate sitting and standing, it's still important to take a break from the computer every hour or so. Your body needs a bit of a stretch, and your eyes need a break—and, most likely, your brain could use a few minutes away from work, too.

# Flower Power

By Jessica Greensmith

It's that time of year when the whole world's in love, and you've got the stack of wedding invites to prove it. But who says the fashion has to be all about the lady in white or those two fetching grooms? A wedding is a party, and a party is an excuse to treat *yourself*, too. The only question is what kind of statement you'll be making.

This season, the runway is all about vivid blooms, from oversized appliqués to splashy prints—and they're even showing up on shoes. But gentlemen, listen in: Flowers are not for women only. In fact, floral patterns on ties are unexpectedly cool. Don't be like that guy who doesn't wear purple. Be the guy who takes the risk (and picks up lots of phone numbers, too!)



**Sophia Floral Jumpsuit,**  
Gal Meets Glam, \$158,  
galmeetsglam.com



**Green Floral Tie,**  
Dazi, \$28,  
daziusa.com



**Rouge Dress,** BHLDN,  
\$605, bhldn.com



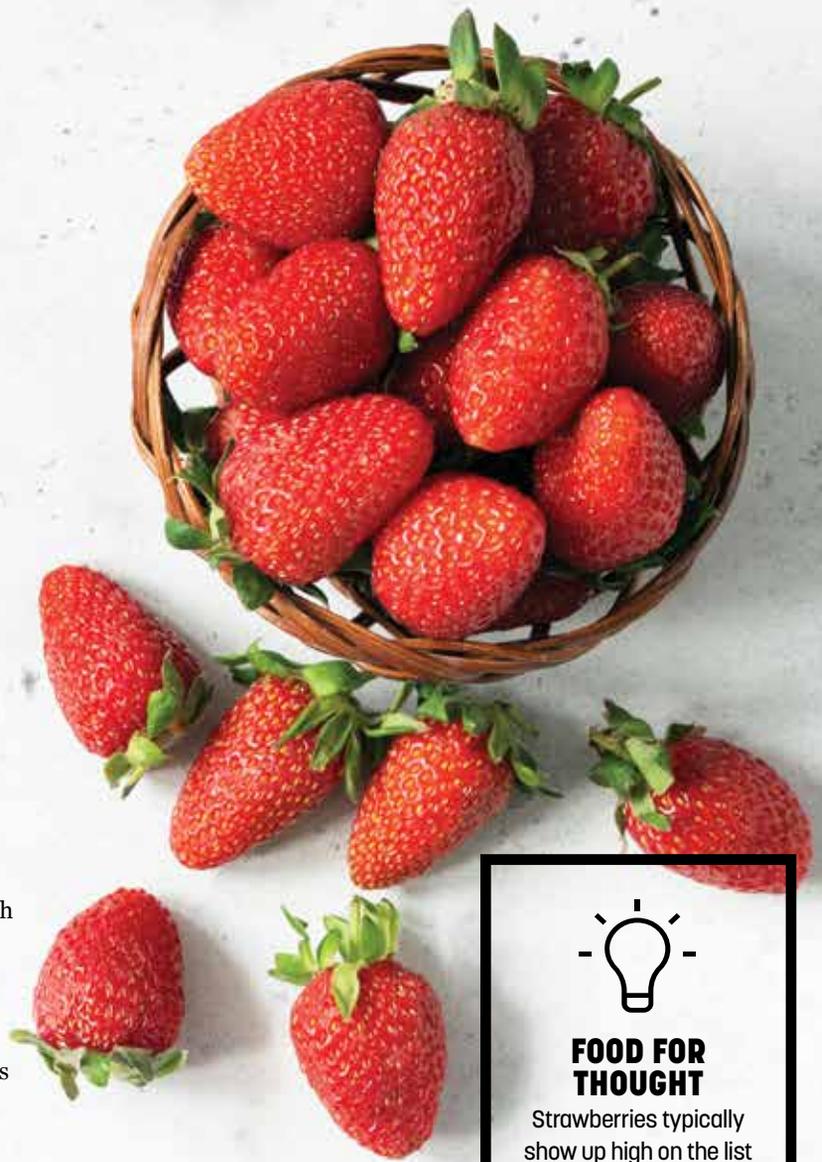
**Open Lace Dress,**  
Eliza J, \$178,  
elizajdresses.com

# Fresh Take

## STRAWBERRIES

By Kelsey Casselbury

It's strawberry season in Maryland, and these nutritionally potent little packages are the picture of beauty when they're perfectly ripe. Although wild strawberries have been prized for centuries, the domesticated variety wasn't cultivated until the late 18th century in Brittany, France—and people have gone crazy for them ever since. And why not? The bright, beautiful berries are not only rich in vitamins and minerals, but also antioxidants and other beneficial plant compounds. They have more vitamin C than the equivalent amount of oranges, plus an abundance of manganese, folate, and potassium. Vividly colored fruits and vegetables such as strawberries contain anthocyanins, a flavonoid that's linked to better heart health. Strawberries are also a smart source of fiber, a type of carbohydrate that nearly everyone needs more of—the average American eats just 15 grams of fiber a day, much less than the recommended 25 to 30 grams. More than a quarter of strawberries' carbohydrate content is in the form of fiber, and each cup provides 3 grams. Strawberry season doesn't last long. In only a couple of weeks, locally grown berries will be just a memory for 2019—snack now, while you still can.



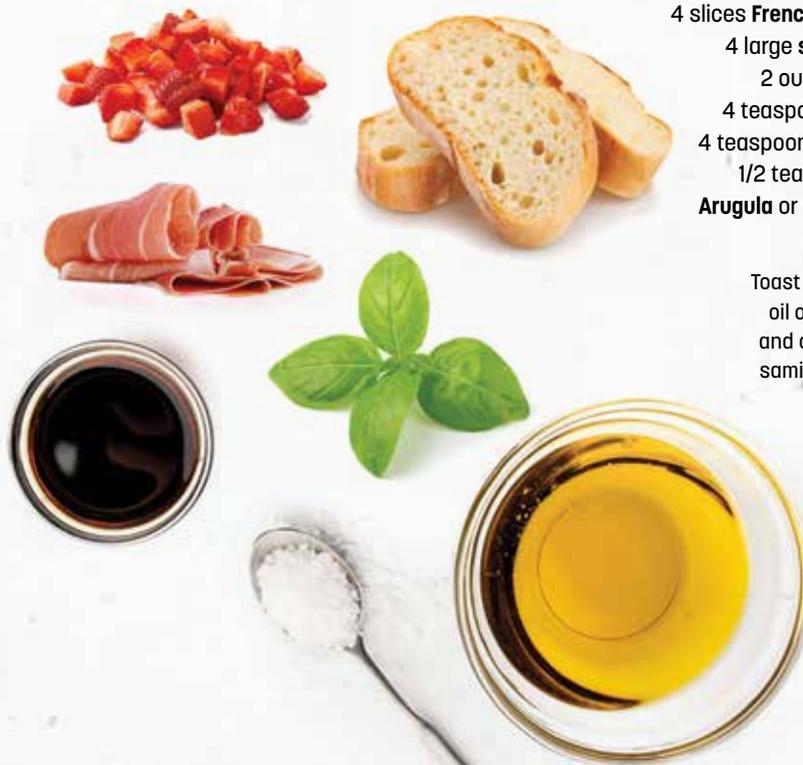
### FOOD FOR THOUGHT

Strawberries typically show up high on the list of the "Dirty Dozen," an index produced by the Environmental Working Group noting the fruits and vegetables with the highest levels of pesticide residue. Consider purchasing organic strawberries to mitigate any potential risks.

### Strawberry & Prosciutto Bruschetta

Serves 4

- 4 slices **French baguette**, 1 ounce each
- 4 large **strawberries**, sliced
- 2 ounces **prosciutto**
- 4 teaspoons **balsamic glaze**
- 4 teaspoons **extra-virgin olive oil**
- 1/2 teaspoon **kosher salt**
- Arugula** or **fresh basil** for garnish



Toast the slices of the baguette. Drizzle 1 teaspoon of extra-virgin olive oil on each slice of toasted baguette. Layer 1/2 ounce of prosciutto and one sliced strawberry on the baguette. Drizzle 1 teaspoon of balsamic glaze on top of each slice and sprinkle with salt. Garnish each piece of bruschetta with a leaf of arugula or fresh basil.

#### Nutritional information (per serving)

175 calories, 8 grams fat, 6 grams protein, 20 grams carbohydrates, 1 gram fiber, 4 grams sugar, 797 milligrams sodium

\*Nutritional information is for estimation purposes only and may vary based on brand and weight of individual ingredients

# Weighing the Pros and Cons of Semi-Permanent BB Cream

MICRONEEDLING PIGMENT INTO THE SKIN SOUNDS LIKE A TIMESAVER BUT COMES WITH RISKS

By Kelsey Casselbury

**P**ermanent makeup, or makeup tattoos, have been around a lot longer than anyone realizes—all the way back to 1902, when a noted tattoo artist in the U.K. inked a “delicate pink complexion” on the cheeks. The industry has come a long way—thank goodness, right?—but some women are still looking for a way to skip a few steps in their morning beauty routine. Here’s the latest way they might be able to do so: semi-permanent BB cream that’s microneedled into the face.

It might *sound* a little crazy, but it’s not too far out of the realm of what people are doing already with microblading, which is also semi-permanent inking for eyebrows that’s applied with tiny little needles to deposit pigment under the skin. Dermatologists also have been using microneedling techniques for decades to treat skin issues ranging from facial scars to stretch marks.

Semi-permanent BB cream takes it one step further, however, by inserting skin-colored pigment with those microneedles as a form of foundation. The goal is to even out the skin tone, which is particularly beneficial to people who have discolorations due to melasma, as well as simply make the skin look radiant.

Sounds great, right? No more smoothing tinted moisturizer or foundation over the face, and forget about stressing over red acne scars or other types of discoloration. Hold on a second, because there are still *a lot* of unknowns out there. There are already some minor risks for standard microneedling, such as scarring, pain, infection, and bruising, and dermatologists warn that adding the semi-permanent BB cream to the mix might exacerbate those risks. It also adds some con-



cerns of its own, such as allergic reactions, scars known as granulomas, or inflammatory reactions to the pigment, even years after the procedure has been done.

The treatment, which hasn’t yet made its way to the Annapolis region yet, isn’t approved yet by the U.S. Food and Drug Administration. Because of the lack of federal oversight, there’s no guarantee of the quality or sterility of the pigments. Finally, the BB cream is *semi*-permanent, which means that it will fade over time—and that fading might occur unevenly, which would mean that you would have to return to the regular old foundation to get the even complexion that was initially sought.

As the beauty industry evolves, so might the opportunities to lessen the hassle of daily makeup application. For now, though, this seems like a wait-and-see situation.

# Ignore That, Listen to This

WHETHER MISINFORMATION OR MISUNDERSTANDING, SOME INACCURATE PIECES OF NUTRITION ADVICE CONTINUE TO BE SHARED AS FACT

By Kelsey Casselbury



The nutrition industry is saturated with bad advice, most of it based on misunderstandings or outdated information—and, it’s understandable. Nutrition science is not only complicated, but it’s rapidly changing as researchers understand more about the interactions between food and the human body.

For example, take this story from health and fitness coach Gillian Goerzen, author of “The Elephant in the Gym,” which was released in late 2018: “One of my favorite stories around food was when a client came to me genuinely concerned about eating carrots,” Goerzen recalls. “She worried about their sugar content. A misinformed trainer obviously told her that the

glycemic index of carrots was on the higher side for veggies, but the trainer did not explain what that means. We had a giggle once I explained it to her—seriously, carrots are not our problem, people!”

It’s true that carrots are higher on the glycemic index, a measurement of how a food impacts your blood sugar levels, particularly compared to other vegetables. However, without context, Goerzen’s client was unnecessarily left to stress about how carrots might negatively affect her health. Regrettably, there’s many other pieces of nutrition advice out there that you’d do well to ignore.

#### Ignore That:

Certain foods or beverages—green tea, cayenne pepper, and so on—will rev your metabolism, so eat or drink a lot of them.

#### Listen to This:

Clinical studies might show some evidence that certain foods will increase metabolism, which refers to the rate at which your body burns calories, but the amount studied versus the amount a typical person ingests often differs drastically. The increase in metabolism also is so slight that it’s unlikely to make a lick of difference in weight-loss efforts. Sip on green tea because you like it, not because you think it will turn you into a calorie-burning machine.

#### Ignore That:

Skip all foods that have ingredients that you can’t pronounce.

#### Listen to This:

Eating clean is a worthy goal, but unless you have a degree in chemistry or food science, you’re going to run into ingredients with which you’re not familiar—but are perfectly acceptable on any eating plan. Acetic acid? That’s vinegar. Ascorbic acid? Vitamin C. Inulin? A type of fiber harvested from chicory root, a plant. The moral of the story: Unpronounceable ingredients aren’t always bad.

#### Ignore That:

You need to do a cleanse every once in a while to get rid your body of toxins.

#### Listen to This:

Your body has an entire organ dedicated to cleansing your body of toxins—it’s called your kidney, and it filters your blood to extract waste products and excess water. Juice cleanses—or any other variety of “cleanse”—are typically high in sugar (because of all the fruit juice) and have minimal lasting effect on weight loss. Now, if you want to add some green juice or a fruit and veggie smoothie to your daily diet to increase your vitamin and mineral intake or cut back on higher-calorie food, that’s a fantastic idea—but keep the nutrient-rich solid food in there, too.

#### Ignore That:

Use honey, brown sugar, or maple syrup as more “natural” forms of sugar.

#### Listen to This:

Sugar is sugar. Honey or maple syrup might be less processed than refined table sugar, but they all have the same number of calories—four per gram—and the same number of nutrients—zero (for the most part). If you want to cut back on sugar, go ahead and do that—but don’t think that replacing it with some other form of sugar is going to benefit your health.

# Color Blindness

IT ISN'T BLACK AND WHITE

By Cate Reynolds

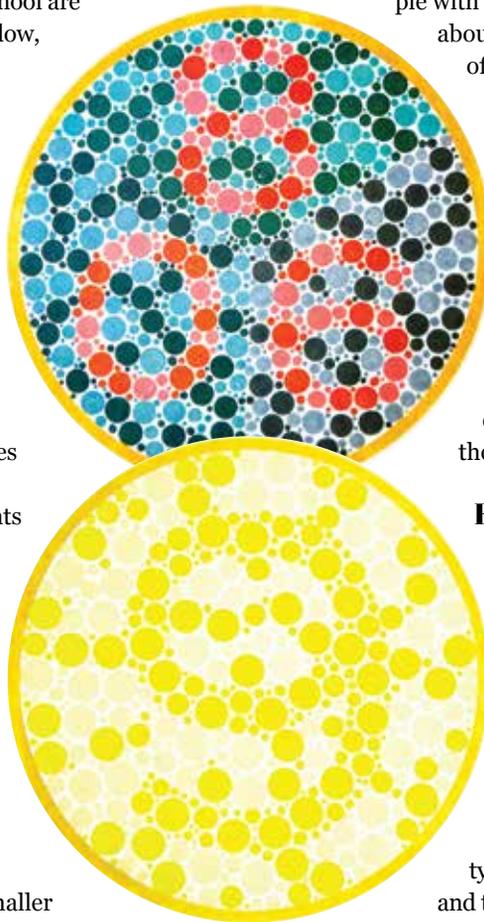
One of the first things children learn in school are the colors of the rainbow: red, orange, yellow, green, blue, and violet. For people with normal color vision, it's relatively easy to distinguish between those six colors. For someone with deficient color vision, or "color blindness," it isn't so simple.

## What is color blindness?

Two types of photoreceptors in the retina of the eye are responsible for how we see color: rods and cones. Rods and cones contain pigments that change when they detect light. Rods are triggered in dim or low lighting, and cones are activated in brighter environments. Cones have several types of photopigments that react to different wavelengths of visible light. Color blindness occurs when one or more of these pigments is missing, or isn't functioning correctly. Contrary to what many people may believe, in most cases, color blindness doesn't mean a person can't see color. Complete color blindness (seeing in black and white), which often impacts clearness of vision as well, is extremely rare. The majority of people with color blindness can see color, but they see a smaller range of color. For example, according to colour-blindawareness.org, if a person with a moderate form of red-green color blindness were looking at a box of 24 colored pencils, they'd likely only be able to accurately identify the color of about five pencils. Red-green color blindness is the most common type, and is caused by loss or limited function of the red (protan) or green (deutan) cones. Blue-yellow color blindness, or Tritan color blindness, is less common than red-green, and is caused by missing or limited functioning blue cone photopigments.

## Who gets color blindness?

According to the National Eye Institute, the common form of red-green color blindness is most prevalent among peo-



ple with Northern European ancestry, affecting about eight percent of men and 0.5 percent of women. The inherited colorblind gene (the most common type of color blindness) appears on the X chromosome, which is why men are more likely to be affected than women. Males only have one X chromosome, while women have two—which means both of their chromosomes would have to carry the gene for them to inherit the deficiency. Trauma to the eye, as well as certain eye-related inherited diseases, can also lead to color blindness, though they are all quite rare.

## How do I know if I'm colorblind?

The symptoms of color blindness are not usually detected by the person with the color deficiency, but rather the people around them. That's because color perception is individualized, and if you've always seen color one way, there's no way you can know that your perception of color is abnormal. Parents are most likely to notice symptoms when a child is learning colors. Symptoms include difficulty seeing colors, or the brightness of colors, and the inability to distinguish between shades of the same or similar color. Eye care professionals diagnose color blindness using a variety of color tests.

## Are there treatments for color blindness?

Although there is no cure for color blindness, there are various tools and visual aids that help people cope. For people with red-green colorblindness, there are special glasses that can help them see colors more accurately. There are also apps, like Color Blind Pal, that help people with color blindness discover the color or shade of an item, which can be particularly helpful for things like selecting ripe fruit or shopping for clothing. Many phones and computers also have colorblind modes, which will adjust the color on your device to create better contrast.

# Products We Love

THIS MONTH'S PICKS FROM THE BEAUTY BUZZ TEAM

By Caley Breese

Check out the latest and greatest hair, skin, makeup, and grooming products, reviewed by our Beauty Buzz team (and the occasional What's Up? staff member!)

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**1.**  
 "I love the 3-in-1 aspect of this. It's great for a simple refresher, or to prime or set. I am generally very hesitant of setting sprays, but this spray maintains a fresh face of makeup all day long. I love this product!" —Beauty Buzz Member Lindsey Follis, 27, Annapolis



**2.**  
 "This hand healer absorbs quickly and leaves no greasy residue behind! I work with my hands daily and partake in outdoor activities that leave them dry and out of commission in the winter...this product has brought them back to life." —Beauty Buzz Member Brian Jacobs, 26, Baltimore



**3.**  
 "If you are looking for a lotion that does it all, give this one a try. You can use it as a face moisturizer and around your eyes, during the day and at night. It's lightweight, but hydrates your skin very well without leaving a greasy feeling." —Beauty Buzz Member Carolina Rauch, 29, Annapolis



**4.**  
 "They hit the nail on the head with this product. Once I learned how to properly apply it, through trial and error, I was very satisfied with the results. A little dollop of this exquisitely-packaged hair goop goes a long way, both in hold and aroma." —Beauty Buzz Member Conor Reynolds, 25, Baltimore



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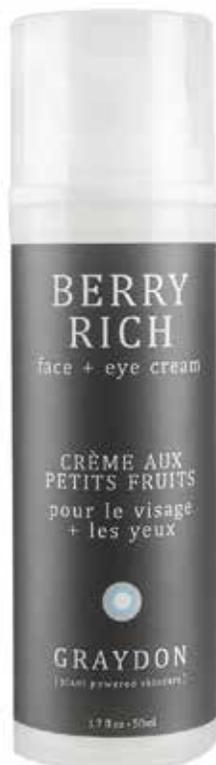
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**3**

**BERRY RICH FACE + EYE CREAM BY GRAYDON SKINCARE**

\$38/1.7 fl. oz.; \$72/8 fl. oz., [graydonskincare.com](http://graydonskincare.com)  
 Achieve a beautiful summer glow with this lightweight moisturizer that's loaded with antioxidants and probiotics. Cranberry and blueberry seed oil help fight inflammation, while vegan probiotic extract increases cell turnover and moisturizes skin. To use, apply one or two pumps and gently massage into clean skin.



**4**  
**TEDDY BOY MATTE WATER-BASED DRY MATTE WAX BY ANCHORS AWEIGH HAIR CO.**

\$12/2.3 oz.; \$20/4.5 oz., [anchorshairco.com](http://anchorshairco.com)  
 Summer weather can't compete with this matte, water-based pomade, infused with vitamin E and bamboo extract. Providing all-day hold, this product is easy to style and mold through hair, and offers a natural look and non-greasy finish.

# Strokes Do Not Hurt, But They Damage the Brain

In the medical world, when someone is having a stroke, we call it a “brain attack.” We do this to make sure everyone involved knows that it is an emergency. When your brain is being “attacked” by a stroke, it means the brain is being damaged and, if nothing is done quickly, parts of the brain will die. Strokes come in two varieties: bleeding (called hemorrhagic stroke) and clotting (called ischemic stroke). With hemorrhagic strokes, blood leaks out into the surrounding brain causing damage. With an ischemic stroke, a clot forms within the blood vessels and chokes off the blood supply to parts of the brain.

Essentially, a stroke causes brain cells (called neurons) to be injured and then eventually die if nothing is done to reverse what is happening. These neurons go through stages of injury when a stroke starts. First, the neurons are stunned by the damage that is occurring, but they can still be saved. When they stay stunned for a too long, then they will eventually die. Neurons do not grow back, which is why it is essential to get treatment for stroke very quickly. If treated quickly, the neurons will only be stunned and not die.

Strokes do not hurt; they cause you to lose the ability to do things. A stroke can cause someone to lose the ability to walk, speak, see, move, and/or feel. Strokes come on suddenly. Doctors want people to “BE FAST” and call 911 if they notice one or more of these signs. BE FAST stands for balance, eyes, face, arm, speech, and time. Let’s break down what each part means.



## B.E.F.A.S.T

**Balance:** During a stroke, people can lose the ability to walk. They may also drag a leg while walking. These things occur because a leg can become weak during a stroke.

**Eyes:** Sudden changes in vision can be a sign of a stroke. If someone loses the ability to see, that can be a sign for a stroke. In addition to the loss of vision, double vision is another sign of stroke.

**Face:** When someone has a stroke, their face often appears twisted. Ask them to smile. If one side of the face seems droopy, that can be a sign of stroke.

**Arm:** One arm can become weak during a stroke. Ask them to hold both arms in front of them. If one arm drifts down, that can be a sign of a stroke.

**Speech:** Abnormal speech is a sign of a stroke. Speech can become garbled or slurred. Sometimes, people know what they want to say but cannot get the words out. Other times, people get the words out but what comes out does not make sense.

**Time:** Time is the most important thing with a stroke. Call 911 immediately if you notice one or more of these signs.

Remember to BE FAST, you can save a life. Each year, we can treat more and more people. Strokes do not hurt, but cause you to lose the ability to do things. Quick treatment helps people regain their ability to function again. These treatments are designed to save those stunned neurons and save them from dying. Again, if you notice one or more of the BE FAST signs, call 911 immediately.

*Dr. Christopher Stack is a vascular neurologist with the University of Maryland Baltimore Washington Medical Center. He can be reached at 410-553-8160.*

# Fisherman's Inn and CRAB DECK RESTAURANTS



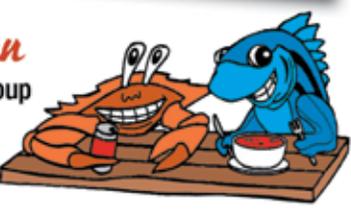
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# Dining

70 GUIDE

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100 Abruzzi Drive, Chester; 410-643-5050; Adamsgillkentsland.com; Barbecue; lunch, dinner \$\$ ☎ Y 🍷

### Annie's Paramount Steak & Seafood House

500 Kent Narrows Way N., Grasonville; 410-827-7103; Annies.biz; Steakhouse, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷

### Big Bats Café

216 Saint Claire Place, Stevensville; 410-604-1120; Bigbats.com; American, sports bar; lunch, dinner \$ Y 🍷 \* 🎵 🍷

### Bridges Restaurant

321 Wells Cove Road, Grasonville; 410-827-0282; Bridgesrestaurant.net; Seafood; lunch, dinner \$\$\$ ☎ Y 🍷 🌊 \* 🍷

### Café Sado

205 Tackle Circle, Chester; 410-604-1688; Cafesado.com; Thai, sushi; lunch, dinner \$\$ Y 🍷

### Capriotti's

500 Abruzzi Drive, Chester; 410-643-9993; Capriottis.com; Sandwiches; lunch, dinner 🍷

### Carmine's New York Pizza

2126 DiDonato Drive, Chester; 410-604-2123; Carminesnypizzakitchen.net; Italian, pizza; lunch, dinner \$ 🍷

### Doc's Riverside Grille

511 Chesterfield Avenue, Centreville; 410-758-1707; Docsriversidegrille.com; American; lunch, dinner \$ Y 🍷 \* 🎵

### El Jefe Mexican Kitchen & Tequila Bar

1235 Shopping Center Road, Stevensville; 410-604-1234; Eljefemexkitchen.com; Mexican; lunch, dinner \$-\$\$ Y 🍷 🍷

### Fisherman's Inn & Crab Deck

3032 Kent Narrows Way S., Grasonville; 410-827-6666; Crabdeck.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 \* 🎵 🍷

### Frix's Fire Grill

1533 Postal Road, Chester; 410-604-2525; Frixsfiregrill.com; Brazilian/American, small plates, bar/lounge, lunch, dinner \$\$ ☎ Y 🍷

### Harris Crab House

433 Kent Narrows Way N., Grasonville; 410-827-9500; Harriscrabhouse.com; Seafood, crabs; lunch, dinner \$\$ ☎ Y 🍷 🌊 \* 🎵 🍷

### Hemingway's Restaurant

357 Pier One Road, Stevensville; 410-604-0999; Hemingwaysbaybridge.com; Seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 \*

### Historic Kent Manor Inn

500 Kent Manor Drive, Stevensville; 410-643-5757; Kentmanor.com; Modern American; special occasion dining, Sunday brunch \$\$\$ ☎ Y

### The Jetty Restaurant & Dock Bar

201 Wells Cove Road, Grasonville, 410-827-4959, Jettydockbar.com, American, seafood; lunch, dinner \$ Y 🍷 🌊 \* 🎵

### Kentmorr Restaurant

910 Kentmorr Road, Stevensville; 410-643-2263; Kentmorr.com; American, seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 \* 🍷

### Knoxie's Table

180 Pier 1 Rd, Stevensville; 443-249-5777; Baybeachclub.com; American; dinner, weekend brunch ☎ Y 🍷 🍷

### Ledo Pizza

110 Kent Landing, Stevensville; 410-643-7979; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷 🍷

### Love Point Deli

109 Main Street, Stevensville; 410-604-2447; Lovepointdeli.com; Deli; lunch, dinner \$ 🍷 🍷

### The Narrows Restaurant

3023 Kent Narrows Way S., Grasonville; 410-827-8113; Thenarrowsrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷 \* 🍷

### O'Shucks Irish Pub

122 Commerce Street, Centreville; 410-758-3619; Oshucksirishpub.com; Irish, American; lunch, dinner \$ Y 🍷

### Rams Head Shorehouse

800 Main Street, Stevensville; 410-643-2466; Ramsheadshorehouse.com; American, brewery; breakfast, lunch, dinner \$ Y 🍷 🎵 🍷

### Red Eye's Dock Bar

428 Kent Narrows Way N., Grasonville; 410-827-3937; Redeyedockbar.com; American, seafood; lunch, dinner \$ Y 🍷 🌊 \* 🎵

### Rustico Restaurant & Wine Bar

401 Love Point Road, Stevensville; 410-643-9444; Rusticoonline.com; Southern Italian; lunch, dinner \$\$ ☎ Y 🍷

### SandBar at Rolph's Wharf

1008 Rolph's Wharf Road, Chestertown; 410-778-6389; Seafood; lunch, dinner \$ Y 🍷 \* 🎵

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### Smoke, Rattle & Roll

419 Thompson Creek Road, Stevensville; 443-249-3281; Smokerattlearoll.com; BBQ; lunch, dinner \$

## Talbot County

### 208 Talbot

208 N. Talbot Street, St. Michaels; 410-745-3838; 208talbot.com; Modern American; dinner \$\$ ☎ Y

### Ava's Pizzeria & Wine Bar

409 S. Talbot Street, St. Michaels; 410-745-3081; Avaspizzeria.com; Italian, pizza; lunch, dinner \$\$ Y 🍷

### Awful Arthur's Seafood Company

402 S. Talbot St., St. Michaels; 410-745-3474; Awfularthursusa.com; Fresh seafood, authentic oyster bar \$\$\$ Y ☎ 🍷 \* 🍷

### The Barn Steakhouse & Sports Bar

8249 Teal Drive, Easton; 410-820-0500; Thebarnofeaston.com; Steak, American; brunch, lunch, dinner \$\$\$

### The BBQ Joint

216 East Dover Street, Ste. 201, Easton; 410-690-3641; Andrew-evansbbqjoint.com; Barbecue; lunch, dinner \$ Y 🍷 \*

### Banning's Tavern

42 E Dover Street, Easton; 410-822-1733; Banningstavern.com; American; lunch, dinner \$\$ ☎ Y

### Bartlett Pear Inn

28 S. Harrison Street, Easton; 410-770-3300; Bartlettpearinn.com; Farm-to-table; dinner \$\$\$ ☎ Y

### Bas Rouge

19 Federal Street, Easton; 410-822-1637; Basrougeeaston.com; European; lunch, dinner \$\$\$ ☎

### Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; dinner, Weekend brunch \$\$ ☎ Y 🍷

### Blackthorn Irish Pub

209 Talbot Street, St. Michaels; 410-745-8011; Irish, seafood; lunch, dinner \$\$ Y 🍷

### Capriotti's

106 Marlboro Avenue, Easton; 410-770-4546; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

### Capsize (Seasonal)

314 Tilghman Street, Oxford; 410-226-5900; Capsizeoxmd.com; American; lunch, dinner \$-\$\$ ☎ Y 🍷 \*

### Captain's Ketch

316 Glebe Road, Easton; 410-820-7177; Captainsketchseafood.com; Seafood; lunch, dinner

### Carpenter Street Saloon

113 Talbot Street, St. Michaels; 410-745-5111; Carpenterstreetssaloon.com; American, seafood; breakfast, lunch, dinner \$\$ Y 🎵 🍷

**Characters Bridge Restaurant**

6136 Tilghman Island Road, Tilghman; 410-886-1060; Fresh seafood, casual atmosphere; Lunch, dinner; Charactersbridge-restaurant.com \$\$\$ 🍷 🍷 🍷

**Chesapeake Landing**

23713 St. Michaels Road, St. Michaels; 410-745-9600; Chesapeake-landing-restaurant.com; Seafood; lunch, dinner \$\$\$ 🍷 🍷 🍷

**The Crab Claw Restaurant**

304 Burns Street, St. Michaels; 410-745-2900; Thecrabclaw.com; Seafood; lunch, dinner \$\$\$ 🍷 🍷 🍷

**Crab N Que**

207 N. Talbot St., St. Michaels; 410-745-8064; Crabnque.com; Seafood, Barbecue; lunch, dinner \$\$\$

**Crepes By The Bay**

413 S. Talbot St., St. Michaels; 410-745-8429; Breakfast, lunch 🍷 🍷 \*

**Doc's Sunset Grille**

104 W Pier St., Oxford; 410-226-5550; American; lunch, dinner \$ 🍷 🍷 🍷 \*

**Eat Sprout**

335 N Aurora Street, Easton; 443-223-0642; Eatsprout.com; Organic, ready-to-eat; breakfast, lunch, dinner \$ 🍷

**El Dorado Bar & Grill**

201-C Marlboro Avenue, Easton; 410-820-4002; Mexican; lunch, dinner \$\$\$ 🍷 🍷

**Foxy's Harbor Grille (Seasonal)**

125 Mulberry St., St. Michaels; 410-745-4340; Foxysharbor-grille.com; Seafood, American; lunch, dinner \$ 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷 🍷

**The Galley St. Michaels**

305 S. Talbot Street, St. Michaels; 410-200-8572; Thegalley-saintmichaels.com; Breakfast, lunch \$ 🍷 🍷 \*

**Gina's Cafe**

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascfestmikes; Southwestern, Vegetarian; lunch, dinner \$\$\$

**Harrison's Harbour Lights**

101 N. Harbor Road, St. Michaels; 410-745-9001; Harbourinn.com; American, seafood; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷 \*

**Hill's Cafe and Juice Bar**

32 East Dover Street, Easton; 410-822-9751; Hillscfeandjuice.com; American, milkshakes, sandwiches; breakfast, lunch \$ 🍷

**Hong Kong Kitchens**

210 Marlboro Avenue, Easton; 410-822-7688; Hongkongkitchen-seaon.com; Chinese; lunch, dinner \$ 🍷

**Hot off The Coals BBQ**

8356 Ocean Gateway, Easton; 410-820-8500; Hotoffthecoals.com; Barbecue; lunch, dinner \$ 🍷 \*

**Hunters' Tavern at the Tidewater Inn**

101 E. Dover Street, Easton; 410-822-4034; Tidewaterinn.com; American; breakfast, lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷 \*

**In Japan**

101 Marlboro Avenue, Easton; 410-443-0681; Injapansushi.com; Japanese, sushi; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷 🍷

**Krave Courtyard**

12 W. Dover St., Easton; 410-980-5588; American; lunch \$ \*

**Latitude 38 Bistro & Spirits**

26342 Oxford Road, Oxford; 410-226-5303; Latitude38.biz; American, seafood; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷 🍷

**Ledo Pizza**

108 Marlboro Avenue, Easton; 410-819-3000; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷

**Lighthouse Oyster Bar & Grill**

125 Mulberry Street, St. Michaels; 410-745-2226; Lighthouseoysterbarandgrill.com; Seafood, American; lunch, dinner \$-\$ \$ 🍷 🍷 🍷 🍷 \*

**Limoncello Italian Restaurant**

200 S. Talbot St., St. Michaels; 410-745-3111; Limoncellostmichaels.com; Italian; lunch, dinner \$\$\$ 🍷 🍷 🍷

**Lowes Wharf**

21651 Lowes Wharf Road, Sherwoo; 410-745-6684; Loweswharf.com; American; lunch, dinner \$ 🍷 🍷 🍷 🍷 🍷 🍷 \*

**Marker Five**

6178 Tilghman Island Road, Tilghman; 410-886-1122; Markerfive.com; Local seafood, lunch, dinner Thursday-Sunday \$\$\$ 🍷 🍷 🍷 🍷 🍷 \*

**Mason's Redux**

22 South Harrison Street, Easton; 410-822-3204; Masonsredux.com; Modern American; lunch, dinner, Sunday brunch \$-\$ \$ 🍷 🍷 🍷 \*

**Old Brick Café**

401 S. Talbot St., St. Michaels; 410-745-3323; Breakfast

**Out of the Fire Café & Wine Bar**

22 Goldsborough Street, Easton; 410-770-4777; Outofthefire.com; Mediterranean, seafood; lunch, dinner \$\$\$ 🍷 🍷 🍷

**Peacock Restaurant & Lounge at Inn at 202 Dover**

202 E. Dover Street, Easton; 410-819-8007; Innat202dover.com; Modern American; dinner \$\$\$ 🍷 🍷

**Piazza Italian Market**

218 N. Washington Street, Easton; 410-820-8281; Piazzaitalianmarket.com; Italian; lunch, takeout \$ 🍷 \*

**Plaza Jalisco**

7813 Ocean Gateway, Easton; 410-770-8550; Plazajaliscoeaston.com; Mexican; lunch, dinner \$ 🍷 🍷

**Plaza Tapatia**

7813 Ocean Gateway, Easton; 410-770-8550; Plazatapatia.com; Mexican; lunch, dinner \$ 🍷 🍷

**Pope's Tavern**

504 S. Morris St., Oxford; 410-226-5220; Oxfordinn.net ; European bistro; dinner \$\$\$ 🍷 🍷 🍷

**Portofino Ristorante Italiano**

4 W. Dover Street, Easton; 410-770-9200; Portofinoeaston.com; Italian; dinner \$\$\$ 🍷 🍷 🍷

**Robert Morris Inn**

314 North Morris Street, Oxford; 410-226-5111; Robertmorrisinn.com; Modern American; breakfast, lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷 \*

**Sakura Sushi Restaurant**

8475 Ocean Gateway, Easton; 410-690-4770; Japanese, Sushi; lunch, dinner \$-\$ \$

**Sam's Pizza & Restaurant**

1110 S. Talbot Street, St. Michaels; 410-745-5955; Samspizzastmichaels.com; Italian, American, Greek cuisine; lunch, dinner \$ 🍷 🍷 🍷

**Scossa Restaurant & Lounge**

8 N. Washington Street, Easton; 410-822-2202; Scossarestaurant.com; Northern Italian; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷

**Stars at Inn at Perry Cabin**

308 Watkins Lane, St. Michaels; 410-745-2200; Perrycabin.com; Seafood; breakfast, lunch, dinner \$\$\$ 🍷 🍷 🍷 \*

**St. Michaels Crab & Steakhouse**

305 Mulberry Street, St. Michaels; 410-745-3737; Stmichaelscrab-house.com ; American, seafood; lunch, dinner \$\$\$ 🍷 🍷 🍷 🍷 \*

**Sugar Buns Airport Café & Bakery**

29137 Newnam Road, Easton; 410-820-4220; Sugarbuns.com; Baked goods, desserts, light fare; breakfast, lunch \$ 🍷

**Sunflowers & Greens**

11 Federal Street, Easton; 410-822-7972; Sunflowersandgreens.com; Salads; lunch \$ 🍷

**T at the General Store**

25942 Royal Oak Road, Easton; 410-745-8402; Tatthegeneralstore.com; Dinner, Weekend brunch \$\$\$ 🍷 🍷

**PIAZZA ITALIAN MARKET**

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WHAT'S UP? Eastern Shore Best of EASTERN SHORE 2018

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**Theo's Steaks, Sides & Spirits**

407 S. Talbot Street, St. Michaels; 410-745-2106; Theosteakhouse.com; Steakhouse; dinner \$\$\$ 🍷 🍷 🍷

**Two if by Sea**

5776 Tilghman Island Road, Tilghman; 410-886-2447; Twoifbysearestaurant.com; American; breakfast, lunch, Sunday brunch \$ 🍷

**U Sushi**

108 Marlboro Avenue, Easton; 410-763-8868; Usushimd.com; Japanese; lunch, dinner \$\$ 🍷

**Victory Garden Café**

124 S Aurora St., Easton; 410-690-7356; Multi-cuisine; breakfast, lunch, dinner \$ 🍷 🍷 \*

**Washington Street Pub & Oyster Bar**

20 N. Washington Street, Easton; 410-822-1112; Washingtonstreetpub.com; American; lunch, dinner \$\$ 🍷 🍷 🍷 🍷 🍷

**Kent County**

**Barbara's On The Bay**

12 Ericson Avenue, Betterson; 410-348-3079; Barbarasonthebay.com; American; lunch, dinner \$\$ 🍷 🍷 🍷 \*

**Bay Wolf Restaurant**

21270 Rock Hall Ave, Rock Hall; 410-639-2000; Baywolfrestaurant.com; Austrian & Eastern Shore Cuisine; lunch, dinner \$ 🍷

**Beverly's Family Restaurant**

11 Washington Ave, Chestertown; 410-778-1995; American; breakfast, lunch, coffee 🍷

**Café Sado**

870 High Street, Chestertown; 410-778-6688; Cafesado.com; Sushi and Thai \$\$ 🍷 🍷

**The Channel Restaurant at Tolchester Marina (Seasonal)**

21085 Tolchester Beach Road, Chestertown; 410-778-1400; Tolchestermarina.com; Seafood, American; lunch, dinner 🍷 🍷 \*

**China House**

711 Washington Ave, Chestertown; 410-778-3939; Chinese; lunch, dinner \$

**Ellen's Coffee Shop & Family Restaurant**

205 Spring Ave, Chestertown; 410-810-1992; American; breakfast, lunch, dinner, coffee \$\$ 🍷

**Evergrain Bread Company**

203 High Street, Chestertown; 410-778-3333; Evergrainbreadco.com; Bakery; breakfast, lunch \$ 🍷

**Figg's Ordinary**

207 S. Cross Street #102, Chestertown; 443-282-0061; Figgsordinary.com; Café and Bakery; Breakfast, Lunch, Gluten and refined sugar free \$ \*

**Ford's Seafood**

21459 Rock Hall Ave, Rock Hall; 410-639-2032; Seafood; breakfast, lunch, dinner \$\$\$

**Harbor House (Seasonal)**

23141 Buck Neck Road, Chestertown; 410-778-0669; Harborhouse-atwortoncreekmarina.com; Seafood, American; dinner, Saturday and Sunday lunch \$\$ 🍷 🍷 🍷

**Harbor Shack**

20895 Bayside Ave, Rock Hall; 410-639-9996; Harborshack.net; American, seafood; lunch, dinner \$-\$ 🍷 🍷 🍷

**Java Rock**

21309 Sharp St., Rock Hall; 410-639-9909; Javarockcoffeehouse.com; Gourmet coffee, light fare; breakfast, lunch \$ 🍷 \*

**The Kitchen at the Imperial**

208 High Street, Chestertown, MD. 21630; 410-778-5000; Imperialchestertown.com; Small Plates Tavern & Casual Fine Dining Restaurant, Sunday Brunch \$\$ 🍷 🍷 🍷

**Luisa's Cucina Italiana**

849 Washington Ave, Chestertown; 410-778-5360; Luisasrestaurant.com; Italian; lunch, dinner \$-\$ 🍷 🍷

**Marzella's By The Bay LLC**

3 Howell Point Road, Betterson; 410-348-5555; Italian, American; lunch, dinner \$ 🍷 🍷

**New Yarmouth Café**

21325 Rock Hall Ave, Rock Hall; 410-639-9933; Newyarmouthcafe.com; American, Italian; breakfast, lunch, dinner \$

**O'Connor's Pub & Restaurant**

844 High Street, Chestertown; 410-810-3338; American, Irish; lunch, dinner \$\$ 🍷 🍷 \*

**Osprey Point**

20786 Rock Hall Avenue, Rock Hall; 410-639-2194; Ospreypoint.com; American, Seafood; dinner, Sunday brunch \$\$\$ 🍷 🍷 🍷

**Pasta Plus**

21356 Rock Hall Ave, Rock Hall; 410-639-7916; Rockhallpasta-plus.com; American, Italian; breakfast, lunch, dinner \$ 🍷

**Plaza Tapatia**

715 Washington Ave, Chestertown 410-810-1952; Plazatapatia.com; Mexican; lunch, dinner \$-\$ 🍷 🍷

**Procolino Pizza**

711 Washington Ave, Chestertown; 410-778-5900; Italian; lunch, dinner \$-\$

**Two Tree Restaurant**

401 Cypress Street, Milington; 410-928-5887; Twotreerestaurant.com; Farm-to-table; lunch, dinner \$\$ 🍷 🍷

**Uncle Charlie's Bistro**

834B High Street, Chestertown; 410-778-3663; Unclecharlies-bistro.com; Modern American; lunch, dinner, Sunday brunch \$\$ 🍷 🍷

**Waterman's Crab House**

21055 Sharp Street, Rock Hall; 410-639-2261; Watermanscrabhouse.com; Seafood; lunch, dinner \$\$ 🍷 🍷 🍷

**Wheelhouse Restaurant**

20658 Wilkens Ave., Rock Hall; 410-639-4235; American; dinner, weekend lunch and dinner, Sunday brunch \$\$ 🍷 🍷 🍷

**Dorchester County**

**Bay County Bakery and Café**

2951 Ocean Gateway, Cambridge; 410-228-9111; Baycountybakery.com; Sandwiches, pastries; breakfast, lunch \$ 🍷

**Bistro Poplar**

535 Poplar Street, Cambridge; 410-228-4884; Bistropoplar.com; French; dinner \$\$\$ 🍷 🍷 🍷

**Black Water Bakery and Coffee House**

429 Race Street, Cambridge; 443-225-5948; Black-water-bakery.com; Artisan breads, soups, sandwiches, desserts \$ 🍷

**Blue Point Provision**

100 Heron Boulevard, Cambridge; 410-901-6410; Chesapeakebay.hyatt.com; Seafood; dinner \$\$ 🍷 🍷 🍷

**Bombay Tadka**

1721 Race Street, Cambridge; 443-515-0853; Bombaytadkamd.com; Indian; lunch, dinner \$\$ 🍷 🍷

**Canvasback Restaurant & Irish Pub**

420 Race Street, Cambridge; 410-221-7888; Irish, European; lunch, dinner \$\$ 🍷 🍷 🍷

**Carmela's Cucina**

400 Academy Street, Cambridge; 410-221-8082; Carmelascucina1.com; Italian; lunch, dinner \$ 🍷 🍷

**Jimmie & Sook's Raw Bar & Grill**

527 Poplar Street, Cambridge; 410-228-0008; Jimmieandsooks.com; Seafood; lunch, dinner \$ 🍷 🍷 \*

**Ocean Odyssey**

316 Sunburst Highway (Rt. 50), Cambridge; 410-228-8633; toddseafood.com; Seafood; lunch, dinner \$\$, 🍷 🍷 \*

**Portside Seafood Restaurant**

201 Trenton Street, Cambridge; 410-228-9007; Portsideseafoodland.com; Seafood; lunch, dinner \$ 🍷 🍷 🍷

**RAR Brewing**

504 Poplar Street, Cambridge; 443-225-5664; Rarbrewing.com; American; lunch, dinner \$ 🍷

**Snapper's Waterfront Café**

112 Commerce Street, Cambridge; 410-228-0112; Snapperswaterfrontcafe.com; American, seafood; lunch, dinner, Sunday breakfast \$ 🍷 🍷 🍷 \*

**Stoked Wood Fired Eatery**

413 Muir St., Cambridge; 443-477-6040; Stokedwoodfireeatery.com; Italian; lunch, dinner \$ 🍷 🍷 🍷

**Suicide Bridge Restaurant**

6304 Suicide Bridge Road, Hurlock; 410-943-4689; Suicide-bridge-restaurant.com \$\$ 🍷 🍷 🍷

**Caroline County**

**Harry's on the Green**

4 South First Street, Denton; 410-479-1919; Harrysonthegreen.com; American, seafood; lunch, dinner \$\$ 🍷 🍷 \*

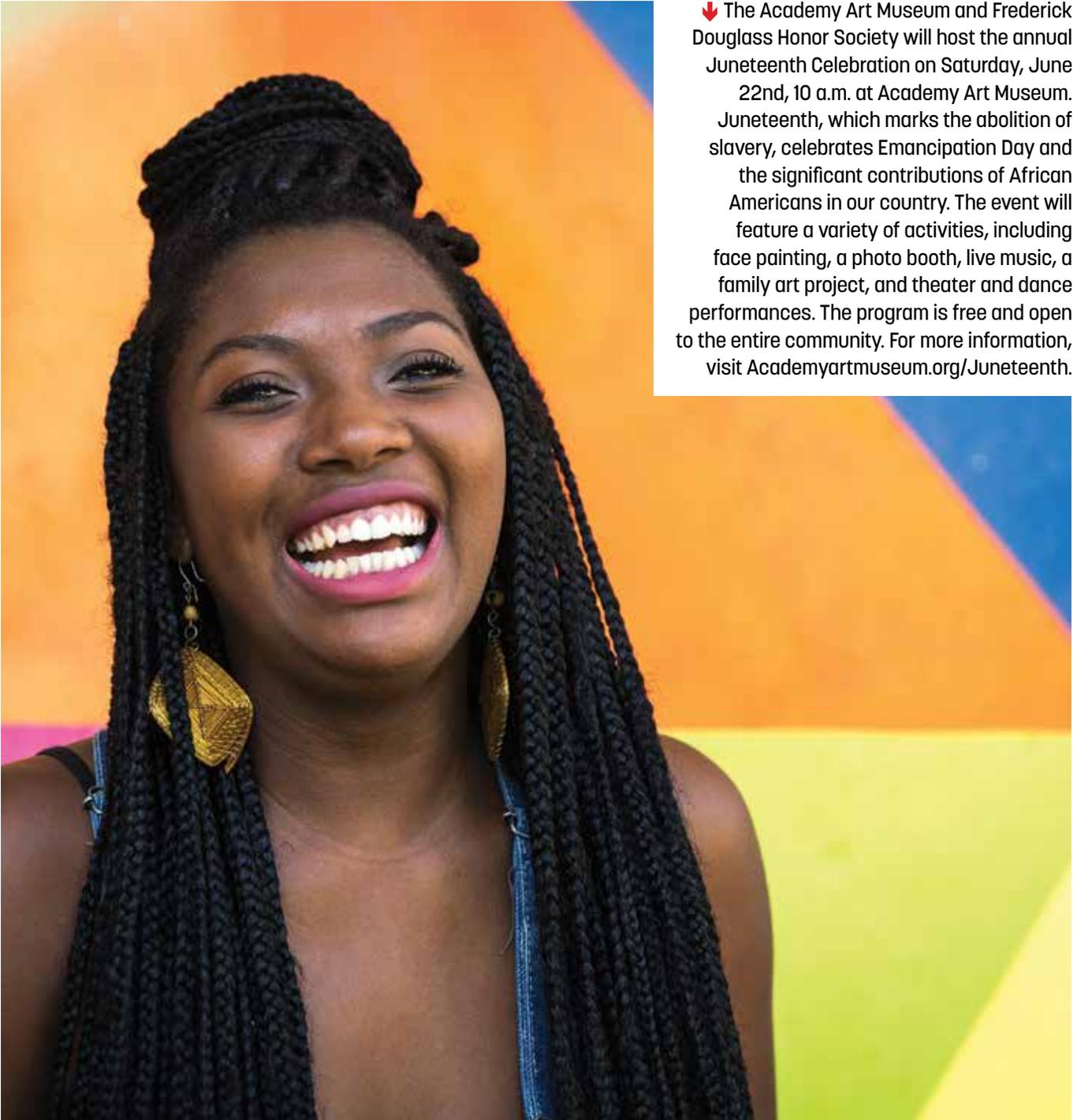
**Market Street Public House**

200 Market Street, Denton; 410-479-4720; Marketstreet.pub; Irish, American; lunch, dinner \$ 🍷 🍷

# June Calendar

(F) FAMILY EVENTS (C) CHARITY EVENTS (TIX) AVAILABLE AT WHATSUPTIX.COM

Advertisers listed in red What's Up? Tix event listed in blue



↓ The Academy Art Museum and Frederick Douglass Honor Society will host the annual Juneteenth Celebration on Saturday, June 22nd, 10 a.m. at Academy Art Museum. Juneteenth, which marks the abolition of slavery, celebrates Emancipation Day and the significant contributions of African Americans in our country. The event will feature a variety of activities, including face painting, a photo booth, live music, a family art project, and theater and dance performances. The program is free and open to the entire community. For more information, visit [Academyartmuseum.org/Juneteenth](http://Academyartmuseum.org/Juneteenth).

Saturday

1

**SPECIAL EVENTS**

**Harriet Tubman Underground Railroad Conference** at Dorchester County Visitor Center, Cambridge. 410-228-1000. Visitdorchester.org

**Easton Farmers Market** at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

**Learn to Row on the Tred Avon** at Evergreen, Easton. 9 a.m. 410-819-3395. Escrowers.org

**Outdoor Art Fair** Kent Island Federation of Art, Stevensville. 9 a.m. 410-643-7424. Kifa.us

**Strawberry Festival and Craft Show** St. Luke's United Methodist Church, St. Michaels. 410-745-2534. Stlukescmc.org

**Youth Fishing Derby Fun Day** at Blackwater National Wildlife Refuge, Cambridge. 9 a.m. Friendsblackwater.org (F)

**Maritime Day** at Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 410-745-4995. Cbmm.org

**Old Wye Mill Grinding Days** at Wye Grist Mill, Wye Mills. 10 a.m. 410-827-6909. Historicqac.org

**St. Michaels Brew Festival** at St. Michaels. 11 a.m. Stmichaelsbrewfest.com

**Murder Mystery Dinner Theatre** at Crow Vineyard & Winery, Kennedyville. 6 p.m. Crowvineyard.com

**Bay Bridge Paddle** at Sandy Point State Park, Annapolis. 8 a.m. 443-699-3158. Abceventsinc.com (C)

**4th Annual Herald Harbor 5K Run and Walk** at Herald Harbor Park, Crownsville. 9 a.m. 443-994-6966. Whatsuptx.com (TIX)

**Outback Steakhouse Charity Clay Classic** at The Point at Pintail, Queenstown. 8 a.m. 410-827-7065. Pintailpoint.com (C)

**Rock Hall Triathlon** at Rock Hall Landing Marina, Rock Hall. 9 a.m. Kentcounty.com

**Richard Diebenkorn: Beginnings, 1942-1955** at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through July 14th, 2019. 410-822-2787. Academyart-museum.org

**Deconstructing Decoys: The Culture of Collecting** at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through November 1st, 2019. 410-745-2916. Cbmm.org

**Beach Finds on the Chesapeake** at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through June 29th, 2019. 410-745-2916. Cbmm.org

**Chesapeake Visual Icons** at Ward Museum of Wildfowl Art, Salisbury. 10 a.m.-5 p.m. (Mon.-Sat.), 12-5 p.m. (Sun.). Now through September 29th, 2019. 410-742-4988. Wardmuseum.org

**On Land and On Sea** at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through March 1st, 2020. 410-745-2916. Cbmm.org

**Visual Storytellers** at Chestertown RiverArts, Chestertown. 11 a.m.-5:30 p.m. (Tues.-Fri.), 10 a.m.-5:30 p.m. (Sat.), 11 a.m.-3 p.m. (Sun.). Now through June 2nd, 2019. 410-778-6300. Chestertownriverarts.net

**Annual Spring Group Show** at Troika Gallery, Easton. 10 a.m.-5:30 p.m. (Mon.-Sat.). Now through June 4th, 2019. 410-770-9190. Troikagallery.com

**PERFORMING ARTS**

**Towards Zero** at The Colonial Players, Annapolis. 8 p.m. 410-268-7373. Thecolonialplayers.org

**Oliver! The Musical** at Annapolis Shakespeare Company, Annapolis. 2 p.m. & 8 p.m. 410-415-3513. Annapolis-shakespeare.org

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. 8:30 p.m. 410-286-9212. Summergarden.com

**MUSIC**

**Reggie Harris Wraps It Up! The Final Concert in the African American Legacy & Heritage in Jazz, Blues & Gospel series** at Summer Hall, Chestertown. 7 p.m. 443-282-0023. Garpost25.org

**Summer Concert Series: Kane Brown** at Calvert Marine Museum, Solomons. 12 p.m. 1-800-787-9454. Calvertmarinemuseum.com

**Hannah Wicklund & The Steppin Stones** at Rams Head On Stage, Annapolis. 1 p.m. 410-268-4545. Rams-headonstage.com

**Indigenous, Chris Duarte** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**D.C. United vs. San Jose Earthquakes** at Audi Field, D.C. 8 p.m. Dcunited.com (F)

**Giants at Orioles** at Oriole Park at Camden Yards, Baltimore. 4:05 p.m. 888-848-2473. Orioles.com (F)

Sunday

2

**SPECIAL EVENTS**

**Mears Great Oak Landing Marina & Yacht Club Boating Flea Market** at Mears Great Oak Landing Marina & Yacht Club, Chestertown. 9 a.m. 410-778-5007. Mearsgreatoaklanding.com

**Chamber Challenge Boat Docking** at Long Wharf Park, Cambridge. 11 a.m. Dorchesterchamber.org

**Rock Hall Triathlon** at Rock Hall Landing Marina, Rock Hall. 9 a.m. Kentcounty.com

**PERFORMING ARTS**

**Towards Zero** at The Colonial Players, Annapolis. 2 p.m. 410-268-7373. Thecolonialplayers.org

**Talbot Hospice**  
4<sup>th</sup> Annual Outreach

Dr. Kerr, a hospice and palliative care physician and Chief Medical Officer at Hospice Buffalo, has been researching the dreams of terminally ill patients for several years. He will share what he has learned about the dreams and visions experienced by patients who are nearing the end of their lives, which is the subject of a documentary he is producing—Death is but a Dream—scheduled for release in 2020.

**Death is but a Dream**  
Featuring Christopher Kerr, MD  
THURSDAY, JUNE 20, 2019, 6 P.M.  
Avalon Theatre, Easton, MD  
Free of charge and open to the public

Register at [TalbotHospice.org/events](http://TalbotHospice.org/events)  
410-822-6681

Sponsored by

# On Stage

## Jesus Christ Superstar

**Church Hill Theatre; June 7th through June 23rd, 2019; \$10-20; Churchhilltheatre.org; 410-556-6003** This 1970 rock opera with music by Andrew Lloyd Webber and lyrics by Tim Rice started as a rock concept album before it made its Broadway debut in 1971. The musical tells the biblical story of Jesus and the last several days of his life. Loosely based on the Gospels, the musical focuses on the personal conflicts between Jesus, his disciples, the people of Israel, and the leadership of Rome.

**Kennards Annual 'June-teenth' Celebration** at Kennard High School Cultural Heritage Center, Centreville. 11 a.m.

**Second Saturday** at Downtown Cambridge. 5 p.m. 443-477-0843. Downtown-cambridge.org

**Fundraiser to benefit Maryland Museum of Women's History** at Lundberg Builders, Inc., Stevensville. 6 p.m. 410-643-3334. Lundbergbuilders.com (C)

### PERFORMING ARTS

**Jesus Christ Superstar** at Church Hill Theatre, Church Hill. (See 6/7).

**Oliver! The Musical** at Annapolis Shakespeare Company, Annapolis. (See 6/1).

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. (See 6/1).

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

### MUSIC

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. Chesapeakechambermusic.org

**The Subdues** at Avalon Theatre, Easton. 8 p.m. 410-822-0345. Avalonfoundation.org

**Capital Jazz Fest Saturday** at Merriweather Post Pavilion, Columbia. 12 p.m. 410-715-5550. Merriweathermusic.com

### SPORTS

**Shorebirds vs. Suns** at Arthur W. Perdue Stadium, Salisbury. 6:35 p.m. 410-219-3112. Theshorebirds.com (F)

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. (See 6/1).

### MUSIC

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. Chesapeakechambermusic.org

**Mindi Abair** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Capital Jazz Fest Friday** at Merriweather Post Pavilion, Columbia. 7:30 p.m. 410-715-5550. Merriweathermusic.com

### SPORTS

**Shorebirds vs. Suns** at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

## Saturday

# 8

### SPECIAL EVENTS

**Fundraiser to Benefit Maryland Museum of Women's History** at Lundberg Builders, Stevensville. 6 p.m. 410-643-3334. Lundbergbuilders.com (C)

**7th Annual Marty Gangemi Memorial Car Show** at Greensboro Elementary School, Greensboro. 8 a.m. 410-924-0521

**Second Saturday Art Night Out** at Town of St. Michaels. 5 a.m. Tourtalbot.org

**Easton Farmers Market** at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

**Book Sale** at Dorchester County Library, Cambridge. 9 a.m. 410-228-7331. Visitdorchester.org

**Ironkids Cambridge Fun Run** at Great Marsh Park, Cambridge. 9 a.m. Mironman.com (F)

**Sporting Clays Classic** at The Point at Pintail, Queenstown. 9 a.m. 410-822-1000. Ummhfoundation.org (C)

**OC Car & Truck Show** at Roland E. Powell Convention Center, Ocean City. 9 a.m. 410-213-9473. Occarshow.com

**Chesapeake Children's Book Festival** at Easton Branch, Talbot County Free Library, Easton. 10 a.m. 410-822-1626. Chesapeakechildrensbookfestival.com (F)

## Tuesday

# 4

### SPECIAL EVENTS

**Horn Point Lab Tour** at Horn Point Lab, Cambridge. 10 a.m. 410-228-8200. Umces.edu

### PERFORMING ARTS

**Tartuffe** at Annapolis Shakespeare Company, Annapolis. 7:30 p.m. 410-415-3513. Annapolisshakespeare.org

### MUSIC

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. Chesapeakechambermusic.org

### SPORTS

**White Sox at Nationals** at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

## Wednesday

# 5

### MUSIC

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. Chesapeakechambermusic.org

**David Crosby** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

### SPORTS

**White Sox at Nationals** at Nationals Park, D.C. 1:05 p.m. 202-675-6287. Nationals.com (F)

## Thursday

# 6

### SPECIAL EVENTS

**Thursdays in the Park** at Chesapeake Heritage & Visitors Center, Chester. 7 p.m. 410-758-2520. Queenannescountyararts.com

**Ladies Night Out** at Downtown Cambridge. 4 p.m. 443-477-0843. Visitdorchester.org

**Cambridge Farmers Market** at Long Wharf Park, Cambridge. 3 p.m. Visitdorchester.org

### PERFORMING ARTS

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. (See 6/1).

### MUSIC

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. Chesapeakechambermusic.org

### SPORTS

**Shorebirds vs. Suns** at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

## Friday

# 7

### SPECIAL EVENTS

**First Friday in Chestertown** at Downtown Chestertown, Chestertown. 5 p.m. 443-282-0246. Kentcounty.com

**Judged Painting and Craft Opening Reception** at Chestertown RiverArts, Chestertown. 5 p.m. 410-778-6300. Chestertownriverarts.net

**Rock Hall Rockfish Tournament** at Town of Rock Hall, Rock Hall. 5 a.m. Maryland-watermen.com

**Judged Painting and Craft** at Chestertown RiverArts, Chestertown. 11 a.m.-5:30 p.m. (Tues.-Fri.), 10 a.m.-5:30 p.m. (Sat.), 11 a.m.-3 p.m. (Sun.). Now through June 30th, 2019. 410-778-6300. Chestertownriverarts.net

**Kevin Fitzgerald** at Troika Gallery, Easton. 10 a.m.-5:30 p.m. (Mon.-Sat.). Now through July 16th, 2019. 410-770-9190. Troikagallery.com

### PERFORMING ARTS

**Jesus Christ Superstar** at Church Hill Theatre, Church Hill. 8 p.m. 410-556-6003. Churchhilltheatre.org

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

**Oliver! The Musical** at Annapolis Shakespeare Company, Annapolis. 8 p.m. 410-415-3513. Annapolis-shakespeare.org

**Oliver! The Musical** at Annapolis Shakespeare Company, Annapolis. 2 p.m. 410-415-3513. Annapolis-shakespeare.org

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. (See 6/1).

### MUSIC

**Vanessa Collier** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

### SPORTS

**Giants at Orioles** at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com (F)

## Monday

# 3

### SPECIAL EVENTS

**Open Portrait Studio** at Academy Arts Museum Of Easton, Easton. 1 p.m. 410-822-2787. Academyartmuseum.org

**The Garfield Center Presents: Live Playwrights' Society** at Garfield Center for the Arts, Chestertown. 7:30 p.m. 410-810-2060. Garfieldcenter.org

**Bright Colors of Spring** at What's Up? Media Gallery, Annapolis. 8 a.m.-6 p.m. (Mon.-Fri.). Now through August 16th, 2019. 410-266-6287. Whatsupmag.com

**Wendi Winters PR Bazaar** at Maryland Hall, Annapolis. 6 p.m. 410-280-0231. Whatsuptix.com (TIX) (C)

### MUSIC

**Bluegrass Jam** at St. Andrew's Episcopal Church, Hurlock. 7 p.m. 410-943-4900. Dorchesterchamber.org

**Mainstay Monday** featuring **Joe Holt** and guests **John Ewart** and **Mike McShane** at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstay-rockhall.org

**Melanie Fiona** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Florence + The Machine** at Merriweather Post Pavilion, Columbia. 7:30 p.m. 410-715-5550. Merriweathermusic.com

# Exhibitions



Richard Diebenkorn, *Untitled, 1943*, watercolor, graphite and tape on paper, 15 1/4 x 22 in. (38.7 x 55.9 cm). © Richard Diebenkorn Foundation.

## Richard Diebenkorn: Beginnings, 1942–1955

**Academy Art Museum; Now through July 14th, 2019; \$3 for non-members, free for children under 12; [Academyartmuseum.org](http://Academyartmuseum.org); 410-822-2787** The exhibition *Richard Diebenkorn: Beginnings, 1942–1955* and its accompanying catalogue aim to present a comprehensive view of Diebenkorn's evolution to maturity, focusing solely on the paintings and drawings that precede his 1955 shift to figuration at age 33. Included in the exhibition are paintings and drawings primarily from the Richard Diebenkorn Foundation, many of which have not before been publicly exhibited.

## Beach Finds of the Chesapeake

**Chesapeake Bay Maritime Museum; Now through June 29th, 2019; Free for CBMM members, \$6-15 for non-members; [Cbmm.org](http://Cbmm.org); 410-745-2916** *Beach Finds of the Chesapeake* explores a sampling of the different types of finds discovered by those who seek to preserve the history of our region by collecting fragments of its past.

## Chesapeake Visual Icons

**Ward Museum, Salisbury University; Now through September 29th, 2019; Prices vary; [Wardmuseum.org](http://Wardmuseum.org)** The area surrounding the Chesapeake Bay has a distinct visual appeal that is centered on the iconic images of the bay, its people, and the incredibly diverse bounty of both water and land. This exhibit features historical pictures that have shaped the wider understanding of the Chesapeake. Paired with the historical images, contemporary photographers will display works that feature the Chesapeake through both cultural and environmental perspectives, offering a powerful sense of where we have been and where we are.

## Deconstructing Decoys: The Culture of Collecting

**Chesapeake Bay Maritime Museum; Now through November 1st, 2019; Free for CBMM members, \$6-15 for non-members; [Cbmm.org](http://Cbmm.org); 410-745-2916** *Deconstructing Decoys* will explore varying perspectives about decoys as art and will help guests understand how collectors "read" a decoy to determine its maker, its history, and its significance.

## On Land and On Sea: A Century of Women in the Rosenfeld Collection

**Chesapeake Bay Maritime Museum; Now through March 1st, 2020; Free for CBMM members, \$6-15 for non-members; [Cbmm.org](http://Cbmm.org); 410-745-2916** *On Land and On Sea: A Century of Women in the Rosenfeld Collection* features the work of Morris and Stanley Rosenfeld, who created the world's largest and most significant collection of maritime photography. The iconic photos featured in this exhibition are recognizable to the general public and are treasured by boating enthusiasts. *On Land and On Sea* reveals the social and historical context of women over the better part of the 20th century through the lenses of the Rosenfelds' cameras.

## Judged Painting and Craft

**Chestertown RiverArts; June 7th through June 30th, 2019; Opening Reception: June 7th, 5-8 p.m.; Free; [Chestertownriverarts.org](http://Chestertownriverarts.org); 410-778-6300** This exhibition will showcase the region's finest artwork, and feature pieces by artists working in painting, drawing, printmaking, mixed media, sculpture, and fine craft (including metal, wood, fiber, ceramics, glass, and jewelry).

## Kevin Fitzgerald: Places We Remember

**Troika Gallery; June 7th through July 16th, 2019; Free; [Troikagallery.com](http://Troikagallery.com); 410-770-9190** *Places We Remember* features new oil landscape paintings by artist Kevin Fitzgerald. Fitzgerald's paintings are highly sought after and known for their timeless and ethereal quality. Fitzgerald expresses his reverence for the land and sea in his tonalist paintings characterized by neutral hues, muted atmospheric tones, and mystery. Inspired by French mid-19th-century romantic landscape painters, Fitzgerald's paintings are evocative and spiritual. His fields of color are both suggestions and subtle depictions.

## SPORTS

**Shorebirds vs. Suns** at Arthur W. Perdue Stadium, Salisbury. 2:05 p.m. 410-219-3112. [Theshorebirds.com](http://Theshorebirds.com) (F)

Monday

10

## SPECIAL EVENTS

**Open Portrait Studio** at Academy Arts Museum of Easton, Easton. 1 p.m. 410-822-2787. [Academyartmuseum.org](http://Academyartmuseum.org)

## MUSIC

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. [Chesapeakemusic.org](http://Chesapeakemusic.org)

**In The Vane Of...** at Rams Head On Stage, Annapolis. 7 p.m. 410-268-4545. [Rams-headonstage.com](http://Rams-headonstage.com)

**Mainstay Monday with Joe Holt and guests Matt Brower and Woobin Park** at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. [Mainstayrock-hall.org](http://Mainstayrock-hall.org)

Tuesday

11

## SPECIAL EVENTS

**Mobile Veterans Center at Washington College** at Washington College, Chestertown. 10 a.m. [Washcoll.edu](http://Washcoll.edu)

**Horn Point Lab Tour** at Horn Point Lab, Cambridge. 10 a.m. 410-228-8200. [Umces.edu](http://Umces.edu)

## PERFORMING ARTS

**Garfield Improv Group** at Garfield Center for the Arts, Chestertown. 8 p.m. 410-810-2060. [Garfieldcenter.org](http://Garfieldcenter.org)

**Tartuffe** at Annapolis Shakespeare Company, Annapolis. (See 6/4).

## MUSIC

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. [Chesapeakemusic.org](http://Chesapeakemusic.org)

**Gaelic Storm** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. [Rams-headonstage.com](http://Rams-headonstage.com)

## SPORTS

**Blue Jays at Orioles** at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. [Orioles.com](http://Orioles.com) (F)

Wednesday

12

## SPECIAL EVENTS

**What's Up? Media's Best Of Party 2019** at Doarden Institute at Anne Arundel Medical Center, Annapolis. 6 p.m. 410-266-6287. [Whatsuptix.com](http://Whatsuptix.com) (TIX) (C)

## PERFORMING ARTS

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. (See 6/1).

## MUSIC

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. [Chesapeakemusic.org](http://Chesapeakemusic.org)

**The Talbott Brothers** at Avalon Theatre, Easton. 8 p.m. 410-822-0345. [Avalonfoundation.org](http://Avalonfoundation.org)

**Lorrie Morgan** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. [Rams-headonstage.com](http://Rams-headonstage.com)

**Brian Wilson presents Pet Sounds: The Final Performances with special guests Al Jardine and Blondie Chaplin** at The Hippodrome Theatre, Baltimore. 8 p.m. 410-837-7400. [France-merriickpac.com](http://France-merriickpac.com)

## SPORTS

**Blue Jays at Orioles** at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. [Orioles.com](http://Orioles.com) (F)

Thursday

13

## SPECIAL EVENTS

**Cambridge Farmers Market** at Long Wharf Park, Cambridge. 3 p.m. [Visitdorchester.org](http://Visitdorchester.org)

**"Ask a Master Gardener" Plant Clinic** at University of Maryland Extension, Princess Anne. 3:30 p.m. 410-651-7974.

**Judged Painting and Craft Gallery Talk** at Chestertown RiverArts, Chestertown. 5:30 p.m.

**PERFORMING ARTS**

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. (See 6/1).

**MUSIC**

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. Chesapeakechamber.org

**The Slambonian Circus of Dreams** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Blue Jays at Orioles** at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

**D-backs at Nationals** at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

**Shorebirds vs. Crows** at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Friday

14

**SPECIAL EVENTS**

**Antique and Classic Boat Festival** at Chesapeake Bay Maritime Museum, Saint Michaels. 11 a.m. 410-745-2916. Cbmm.org

**Berlin Bathtub Races** at Downtown Berlin, Berlin. 5 p.m. 410-641-4775. Berlinchamber.org

**Friday Night Cruise-In** at Historic Downtown Easton, Easton. 6 p.m. Dentonmaryland.com

**Tall Ship Kalmar Nyckel Visits Cambridge** at Long Wharf Park, Cambridge. 1 p.m. 410-228-1000. Visitdorchester.org

**PERFORMING ARTS**

**Jesus Christ Superstar** at Church Hill Theatre, Church Hill. (See 6/7).

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. (See 6/1).

**MUSIC**

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. Chesapeakechamber.org

**Darrell Scott** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Brandi Carlile** at Merriweather Post Pavilion, Columbia. 7 p.m. 410-715-5550. Merriweathermusic.com

**SPORTS**

**Shorebirds vs. Crows** at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

**D-backs at Nationals** at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

**Red Sox at Orioles** at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. Orioles.com (F)

Saturday

15

**SPECIAL EVENTS**

**Paddle-Jam** at Easton Point Marina, Easton. 3 p.m. Talbotchamber.org (C)

**Drink Maryland: Centreville** at Town of Centreville. 12 p.m. 410-758-1180. Townofcentreville.org

**Easton Farmers Market** at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalounfoundation.org

**Antique and Classic Boat Festival** at Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 410-745-2916. Cbmm.org

**Ocean City Airshow** at Ocean City Boardwalk, Ocean City. 10 a.m. 321-395-3110. Ocairshow.com

**Medieval Forest Faire 2019** at Adkins Arboretum, Ridgely. 11 a.m. 410-634-2847. Adkinsarboretum.org (F)

**Tall Ship Kalmar Nyckel Visits Cambridge** at Long Wharf Park, Cambridge. 1 p.m. 410-228-1000. Visitdorchester.org

**PERFORMING ARTS**

**Jesus Christ Superstar** at Church Hill Theatre, Church Hill. (See 6/7).

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

**Crazy For You** at Annapolis Summer Garden Theatre, Annapolis. (See 6/1).

**MUSIC**

**Pierce Edens** at Avalon Theatre, Easton. 8:30 p.m. 410-822-0345. Avalounfoundation.org

**Intern John's Revival Tour** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Red Sox at Orioles** at Oriole Park at Camden Yards, Baltimore. 4:05 p.m. 888-848-2473. Orioles.com (F)

**D-backs at Nationals** at Nationals Park, D.C. 4:05 p.m. 202-675-6287. Nationals.com (F)

**Shorebirds vs. Crows** at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. Theshorebirds.com (F)

Sunday

16

**SPECIAL EVENTS**

**Tall Ship Kalmar Nyckel Visits Cambridge** at Long Wharf Park, Cambridge. 1 p.m. 410-228-1000. Visitdorchester.org

**PERFORMING ARTS**

**Jesus Christ Superstar** at Church Hill Theatre, Church Hill. (See 6/9).

**Towards Zero** at The Colonial Players, Annapolis. (See 6/2).

**MUSIC**

**Chesapeake Chamber Music Festival** at Talbot County, Easton. 10 a.m. 410-819-0380. Chesapeakechamber.org

**Southside Johnny & The Asbury Jukes** at Rams Head On Stage, Annapolis. 1 p.m. 410-268-4545. Ramsheadonstage.com

**Anna Nalick** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Red Sox at Orioles** at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com (F)

**D-backs at Nationals** at Nationals Park, D.C. 1:35 p.m. 202-675-6287. Nationals.com (F)

**Shorebirds vs. Crows** at Arthur W. Perdue Stadium, Salisbury. 2:05 p.m. 410-219-3112. Theshorebirds.com (F)

Monday  
17

**MUSIC**

**Mainstay Monday with Joe Holt and guest Celine Mogielnicki** at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrockhall.org

**SPORTS**

**Phillies at Nationals** at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

**SPECIAL EVENTS**

**Horn Point Lab Tour** at Horn Point Lab, Cambridge. 10 a.m. 410-228-8200. Umces.edu

**Celebrate Dorchester at Governor's Hall at Sailwinds Park, Cambridge. 5:30 p.m.** 410-228-3575. Dorchesterchamber.org

**PERFORMING ARTS**

**Tartuffe** at Annapolis Shakespeare Company, Annapolis. (See 6/4).

**SPORTS**

**Phillies at Nationals** at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Wednesday

19

Tuesday

18

**SPECIAL EVENTS**

**Eastern Shore Best of Party 2019** at Prospect Bay Country Club, Grasonville. 6 p.m. 410-266-6287. Whatsuptix.com (TIX) (C)

**MUSIC**

**Willie Nelson & Family and Alison Krauss** at Merriweather Post Pavilion, Columbia. 7 p.m. 410-715-5550. Merriweathermusic.com

**Amy Grant** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Phillies at Nationals** at Nationals Park, D.C. 7:05 p.m. 202-675-6287. Nationals.com (F)

Thursday

20

"Morning Wave", oil, 24 x 48

TROIKA GALLERY  
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*Places We Remember*

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June 7, 2019 5-8 pm  
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## JUNE EVENTS

### SPECIAL EVENTS

**Thursdays in the Park** at Chesapeake Heritage & Visitors Center, Chester. 7 p.m. 410-758-2520. [Queenanne-scounityarts.com](http://Queenanne-scounityarts.com)

**Cambridge Farmers Market** at Long Wharf Park, Cambridge. 3 p.m. [Visitdorchester.org](http://Visitdorchester.org)

**Death is but a Dream** at Avalon Theatre, Easton. 6 p.m. 410-822-6681. [Talbothospice.org](http://Talbothospice.org)

### PERFORMING ARTS

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

### SPORTS

**Phillies at Nationals** at Nationals Park, D.C. 7:05 p.m. 202-675-6287. [Nationals.com](http://Nationals.com) (F)

Friday

21

### SPECIAL EVENTS

**Jellyfish Festival: the Art of Extreme Sports and Music** at Ocean City, Ocean City. 11 a.m. 410-289-2800. [Ooocean.com](http://Ooocean.com)

### PERFORMING ARTS

**Jesus Christ Superstar** at Church Hill Theatre, Church Hill. (See 6/7).

**Short Attention Span Theatre** at Garfield Center for the Arts, Chestertown. 8 p.m. 410-810-2060. [Garfieldcenter.org](http://Garfieldcenter.org)

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

### MUSIC

**White Ford Bronco: DC's All '90s Band** at 9:30 Club, D.C. 8 p.m. 202-265-0930. [930.com](http://930.com)

**Barbara Parker- Her Music with Camilo Carrara and Joe Holt** at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. [Mainstayrockhall.org](http://Mainstayrockhall.org)

**Ariana Grande** at Capital One Arena, D.C. 12 p.m. 202-628-3200. [Capitalonearena.com](http://Capitalonearena.com)

**Jason Isbell & the 400 Unit and Father John Misty** at Merriweather Post Pavilion, Columbia. 7 p.m. 410-715-5550. [Merriweathermusic.com](http://Merriweathermusic.com)

### SPORTS

**Braves at Nationals** at Nationals Park, D.C. 7:05 p.m. 202-675-6287. [Nationals.com](http://Nationals.com) (F)

Saturday

22

### SPECIAL EVENTS

**Easton Farmers Market** at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. [Avalonfoundation.org](http://Avalonfoundation.org)

**8th Annual Juneteenth Celebration** at Academy Art Museum, Easton. 9 a.m. 410-822-2787. [Frederickdouglasshonorsociety.org](http://Frederickdouglasshonorsociety.org) (F)

**ReptiCon Reptile Show** at Wicomico Youth & Civic Center, Salisbury. 10 a.m. [Wicomocociviccenter.org](http://Wicomocociviccenter.org)

**Rolan Comtois - Spiritual Medium** at Avalon Theatre, Easton. 8 p.m. 410-822-7299. [Avalonfoundation.org](http://Avalonfoundation.org)

### PERFORMING ARTS

**Jesus Christ Superstar** at Church Hill Theatre, Church Hill. (See 6/7).

**Towards Zero** at The Colonial Players, Annapolis. (See 6/1).

**Short Attention Span Theatre** at Garfield Center for the Arts, Chestertown. 8 p.m. 410-810-2060. [Garfieldcenter.org](http://Garfieldcenter.org)

### MUSIC

**The SMITHEREENS** at Rams Head On Stage, Annapolis. 4 p.m. & 8 p.m. 410-268-4545. [Ramsheadonstage.com](http://Ramsheadonstage.com)

**Phish** at Merriweather Post Pavilion, Columbia. 7 p.m. 410-715-5550. [Merriweather-music.com](http://Merriweather-music.com)

### SPORTS

**Braves at Nationals** at Nationals Park, D.C. 7:15 p.m. 202-675-6287. [Nationals.com](http://Nationals.com) (F)

Sunday

23

### SPECIAL EVENTS

**Bay to Bay Ride** at Betterton Beach, Betterton. 7 a.m. [Chestertownlions.org](http://Chestertownlions.org) (C)

**Art in Bloom** at Chestertown RiverArts, Chestertown. 4 p.m. 410-778-6300. [Chestertownriverarts.net](http://Chestertownriverarts.net) (C)

### PERFORMING ARTS

**Short Attention Span Theatre** at Garfield Center for the Arts, Chestertown. 2 p.m. 410-810-2060. [Garfieldcenter.org](http://Garfieldcenter.org)

**Jesus Christ Superstar** at Church Hill Theatre, Church Hill. (See 6/9).

### MUSIC

**Phish** at Merriweather Post Pavilion, Columbia. 7 p.m. 410-715-5550. [Merriweather-music.com](http://Merriweather-music.com)

**Mandolin Orange** at Rams Head Live!, Baltimore. 8 p.m. 410-244-1131. [Ramsheadlive.com](http://Ramsheadlive.com)

### SPORTS

**Braves at Nationals** at Nationals Park, D.C. 1:35 p.m. 202-675-6287. [Nationals.com](http://Nationals.com) (F)

Monday

24

### SPECIAL EVENTS

**Open Portrait Studio** at Academy Arts Museum Of Easton, Easton. 1 p.m. 410-822-2787. [Academyartmuseum.org](http://Academyartmuseum.org)

### MUSIC

**Mainstay Monday with Joe Holt and guest Peter Heck** at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. [Mainstay-rockhall.org](http://Mainstay-rockhall.org)

### SPORTS

**Shorebirds vs. BlueClaws** at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. [Theshorebirds.com](http://Theshorebirds.com) (F)

Tuesday

25

### SPECIAL EVENTS

**Horn Point Lab Tour** at Horn Point Lab, Cambridge. 10 a.m. 410-228-8200. [Umces.edu](http://Umces.edu)

**Paddle with the President** at Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 410-745-4995. [Cbmm.org](http://Cbmm.org)

### PERFORMING ARTS

**Tartuffe** at Annapolis Shakespeare Company, Annapolis. (See 6/4).

**Hamilton** at Hippodrome Theatre, Baltimore. 8 p.m. 410-837-7400. [France-merri-rickpac.com](http://France-merri-rickpac.com)

### MUSIC

**New Kids on the Block** at Capital One Arena, D.C. 7:30 p.m. 202-628-3200. [Capitalonearena.com](http://Capitalonearena.com)

### SPORTS

**Padres at Orioles** at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. 888-848-2473. [Orioles.com](http://Orioles.com) (F)

**Shorebirds vs. BlueClaws** at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. [Theshorebirds.com](http://Theshorebirds.com) (F)

Wednesday

26

### SPECIAL EVENTS

**Open Mic Night at the Garfield** at Garfield Center for the Arts, Chestertown. 7:30 p.m. 410-810-2060. [Garfieldcenter.org](http://Garfieldcenter.org)

### PERFORMING ARTS

**Hamilton** at Hippodrome Theatre, Baltimore. (See 6/25).

### SPORTS

**D.C. United vs. Orlando City SC** at Audi Field, D.C. 8 p.m. [Dcunited.com](http://Dcunited.com) (F)

**Padres at Orioles** at Oriole Park at Camden Yards, Baltimore. 3:05 p.m. 888-848-2473. [Orioles.com](http://Orioles.com) (F)

**Shorebirds vs. BlueClaws** at Arthur W. Perdue Stadium, Salisbury. 7:05 p.m. 410-219-3112. [Theshorebirds.com](http://Theshorebirds.com) (F)

Thursday

27

### SPECIAL EVENTS

**Cambridge Farmers Market** at Long Wharf Park, Cambridge. 3 p.m. [Visitdorchester.org](http://Visitdorchester.org)

**Volunteer Fair** at Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 410-745-4995. Cbmm.org

#### PERFORMING ARTS

**Hamilton** at Hippodrome Theatre, Baltimore. (See 6/25).

**Songs for a New World** at Annapolis Summer Garden Theatre, Annapolis. 8:30 p.m. 410-286-9212. Summer-garden.com

#### MUSIC

**Euge Groove** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Friday

28

#### PERFORMING ARTS

**Hamilton** at Hippodrome Theatre, Baltimore. (See 6/25).

#### MUSIC

**Vivian Sessoms** at Avalon Theatre, Easton. 8 p.m. 410-822-0345. Avalonfoundation.org

**Amy Helm** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

#### SPORTS

**Indians at Orioles** at Oriole Park at Camden Yards, Baltimore. 7:05 p.m. Orioles.com (F)

Saturday  
29

#### SPECIAL EVENTS

**Easton Farmers Market** at Easton Farmers' Market, Easton. 8 a.m. 410-822-7299. Avalonfoundation.org

**2nd Annual Krusty Crab Jam** at Cult Classic Brewing Company, Stevensville. 4-10 p.m. Kentislandbeachclean-ups.com. (C)

#### PERFORMING ARTS

**Short Attention Span Theatre** at Garfield Center for the Arts, Chestertown. 8 p.m. 410-810-2060. Garfieldcenter.org

**Hamilton** at Hippodrome Theatre, Baltimore. 2 p.m. & 8 p.m. 410-837-7400. France-merrickpac.com

**Songs for a New World** at Annapolis Summer Garden Theatre, Annapolis. (See 6/27).

#### MUSIC

**Gridline** at Avalon Theatre, Easton. 8 p.m. 410-822-0345. Avalonfoundation.org

**Iren Jalenti - Here There and Everywhere, A Jazz Homage to the Beatles** at The Mainstay, Rock Hall. 8 p.m. 410-639-9133. Mainstayrock-hall.org

**Pierce Edens, Sam Burchfield** at Rams Head On Stage, Annapolis. 1 p.m. 410-268-4545. Ramsheadonstage.com

**The Classic Rock Experience** at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Ramsheadonstage.com

#### SPORTS

**Indians at Orioles** at Oriole Park at Camden Yards, Baltimore. 4:05 p.m. 888-848-2473. Orioles.com (F)

**D.C. United vs. Toronto FC** at Audi Field, D.C. 8 p.m. Dcunited.com (F)

Sunday

30

#### SPECIAL EVENTS

**Watermen's Day** at The Bulkhead, Rock Hall. 12 p.m. 410-639-7719. Kentcounty.com

#### PERFORMING ARTS

**Short Attention Span Theatre** at Garfield Center for the Arts, Chestertown. 2 p.m. 410-810-2060. Garfieldcenter.org

#### MUSIC

**The Four Freshmen** at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Ramsheadonstage.com

#### SPORTS

**Indians at Orioles** at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com (F)

**Baysox vs. RubberDucks** at Prince George's Stadium, Bowie. 1:35 p.m. 301-805-6000. Baysox.com (F)

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# Where's Wilma?

**FIND WILMA AND WIN!**

The sun is shining, the weather is warm, and great things are happening in June! Wilma is here to show you around the Best of Food and Dining results for Annapolis and Eastern Shore, and help you discover your new favorite restaurant. Check out our pet guide, and find some awesome activities to enjoy with Fido this summer. Help celebrate all of the Best Of winners during What's Up? Media's 1920s-themed Best Of Party on Wednesday, June 12th at the Doordan Institute at AAMC. Two is better than one! Dress in your best white attire for the inaugural Eastern Shore Best Of Party, happening Wednesday, June 19th at Prospect Bay Country Club. With so much celebrate, this summer could be the BEST yet.

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at [whatsupmag.com/promotions](http://whatsupmag.com/promotions) for another opportunity to win a prize.

**Congratulations to this month's winner: Barbara Lipe** of Cambridge, who won a gift certificate to Fisherman's Crab Deck!

**Mail entries to:** Where's Wilma? Eastern Shore, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at [whatsupmag.com/promotions](http://whatsupmag.com/promotions)



## I FOUND WILMA ON PG.

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E-mail address \_\_\_\_\_

What is your age bracket? (Circle one) <25 25-34 35-44 45-54 55+

Would you like to sign up for our weekly eNewsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles! Yes, please! \_\_\_\_\_ No, thanks \_\_\_\_\_

Entries must be received by June 30th, 2019. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Eastern Shore.

Annapolis Auto.....17, 28  
 Anne Arundel Medical Center.....2  
 Ava's Pizzeria and Wine Bar.....40  
 Bay Bridge Marina Yacht Club-Hemingway's Restaurant.....13  
 Black Water Bakery.....19  
 Bombay Tadka.....40  
 Bridges On Kent Narrows.....79  
 Catherine Purple Cherry Architects.....3  
 Chaney Homes.....52  
 Chesapeake Bay Beach Club.....11  
 Chesapeake Bay Maritime Museum.....28  
 Chesapeake Bay Properties.....55  
 Chesapeake Music Festival.....13  
 Dee Dee McCracken-Coldwell Banker.....45  
 Djawdan Center for Implant and Restorative Dentistry.....1  
 Eastern Shore Dental Care.....19  
 Fisherman's Crab Deck / Fisherman's Inn.....68  
 Friel Lumber Company.....57  
 Griffith Energy Services.....5  
 Haven Ministries.....46, 78  
 Kent Island Pediatric Dentistry.....11  
 Koala Paving.....79  
 KRM Development Corporation.....40  
 Londonderry Retirement.....28  
 Lundberg Builders / 314 Design Studio.....BC  
 Nancy Hammond Editions.....21  
 Piazza Italian Market.....71  
 Snifters Crafts Beer and Wine Bistro.....40  
 South River Flooring.....55  
 Sullivan Surgery and Spa.....IFC  
 Talbot Hospice.....74  
 Tidewater Inn.....23  
 Tilghman Volunteer Fire Company.....13  
 Troika Gallery.....77  
 University of Maryland Shore Regional Health.....IBC  
 What's Up? Social.....23

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