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DECEMBER 2019

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What's Up? Online

Whatsupmag.com recently underwent some major changes. While we're still working out some kinks, we're excited to bring you a new and improved online experience. Digital Advertising space is now more valuable than ever. For more information, please visit whatsupmag.com/advertise and reserve your spot today!



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UPCOMING **NOVEMBER** EVENTS ON

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What's Up? for Lunch Networking in Talbot

What's Up? Media
Washington Street Pub
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What's Up? for Happy Hour

What's Up? Media
Nonna Angela's Italian
Bistro & Wine Bar
5:00pm - 7:00pm | **FREE**



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Beef, Bonfires, & Cigars

Haven Ministries
Wye River Conference Center
6:00pm - 9:00pm | **\$60**

FREE Pet Loss Workshop

Dogwood Acres Pet Retreat
Dogwood Acres Pet Retreat
1:00pm - 3:00pm | **FREE**



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What's Up? for Lunch Networking in Talbot

What's Up? Media
Washington Street Pub
11:30am - 12:30pm | **FREE**

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What's Up? for Lunch

What's Up? Media
Blackwall Barn and Lodge
11:30am - 1:30pm | **FREE**



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22

Caymus & The Wagner Family of Wines Wine Dinner

Fishpaws Marketplace
Carroll's Creek Cafe
6:30pm - 9:30pm | **\$115**

56th Annual Holly Ball

The Severn Town Club, Inc.
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Our goal is to host tickets for all organizations, from small charity groups, artists and entrepreneurs to the region's largest festivals, concerts and play-houses. So, no matter what you're interested in attending—cooking lessons, networking lunches, concerts, fundraisers, food and wine festivals and so much more—we've got you covered. Call 410.266.6287 or visit whatsuptix.com.

From the publisher



These next two months are filled with holidays and all that these celebrations mean to us.

Thanksgiving has always been my favorite. The meaning behind it is so simple yet so meaningful. Taking the time and mental space to remember all my blessings isn't an everyday occurrence. For me, having a few days set aside to bring my family together is an accomplishment in itself, and the idea that we are gathered together just to enjoy each other is an even bigger reason to celebrate.

My family has a tradition of bringing two thoughts to share to the Thanksgiving dinner table. One is to share something new that we are thankful for, and the other

is to share something of which we are proud. We can't repeat the same things each year and we can't list more than one of each. By not repeating the same thing each year (like health) and not being able to list a string of prideful accomplishments, it makes each of us take a little time and think about what is really important. I wish as I'm writing this that over the years, I had privately saved some of these sentiments, but I never have.

One thing I can share, and for which I am grateful, is that I live in an area where friends and family are happy to visit. I never need to worry about what to do with guests. Take a look at our calendar of events and subscribe to our free e-newsletters. You will never be at a loss for creative and interesting things going on around us! The weather here usually cooperates, at least in November, so that there have been years when going for a walk was beautiful and a boat ride was possible. Living here is something that I rarely need to remind myself to be grateful for.

As we all wind our ways through this busy season, I have found myself remembering some of my favorite moments from holidays past. I can't re-live them and don't want to, but just noticing what these best times were can be a guide for the future. And what becomes clear is that these times were rarely the big spending or dramatic extravagances that we hoped for in planning them, but more often, they are the simple times sharing thoughts with each other, or getting together around a board game—a good fire in the fireplace helps, too. With that thought in mind, take some time for yourself, and savor the moments.

Enjoy,

Veronica Tovey,
President + Publisher

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343 Overture Way. 4BD/4BA. Private lot backing to trees/woods. Open floor plan. Almost 5,000 sq ft in living space. Large open foyer with hardwood floors throughout. Main level master whuge walk in closet & bath. Large upstairs BR w/private bath. Basement could be great in-law suite w/ Kitchenette & large space. Come enjoy 55+ community living. Newly redone public access Wharf is less than 10 minutes drive. Easy access to Bay Bridge. **\$485,500**



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Out on the **TownE**

9 EVENT PICKS | 14 SOCIAL | 16 SALUTE | 19 SPOTLIGHT | 20 ATHLETE



↑ 49th Annual Waterfowl Festival

The 49th Annual Waterfowl Festival is a community-wide, three-day event that promotes wildlife conservation, the art of sporting culture, and life on Maryland's Eastern Shore. Held at walkable locations across historic downtown Easton, the festival will run Friday, November 8th through Sunday, November 10th. Experience wildlife art; buy, sell, and trade antique decoys and hunting artifacts; and watch dock dogs, retriever, fishing, and birds of prey demonstrations. Visitors can sample local wines, beers, and delicacies at the Tasting Pavilion downtown or stop by the Chesapeake Marketplace at Easton Middle School to purchase unique, regional gifts. Tickets are \$20 per person. For more information, including a complete schedule of events and activities, visit Waterfowlfestival.org.

OYSTER JAM

This year's Oyster Jam, Phillips Wharf Environmental Center's annual fundraiser, will be held Saturday, November 2nd, 12–4 p.m. Enjoy oysters from all over the state of Maryland, and taste the difference between oysters grown in different areas of the Bay and its estuaries. Oysters will be both aquaculture-grown and wild-caught, and will be offered raw, fried, steamed, in stew, and in signature dishes presented by select local restaurants. The event will also include beer tastings from seven different breweries with 14 different beers on tap. This event is for ages 21 and older. Ticket prices start at \$30 per person. For more information, visit Phillipswarf.org.

Photo by Michael Wootton



↑ Downrigging Weekend

Now in its 19th year, the Sultana Education Foundation's Downrigging is one of the largest annual tall ship gatherings in North America. This year's festival will take place Friday, November 1st through Sunday, November 3rd at the Chestertown Marina and throughout the town of Chestertown. Visitors can enjoy three days of tall ship sails, deck tours, concerts, lectures, film exhibits, family activities, and more. Ticket prices vary. Proceeds benefit the Sultana Education Foundation and other nonprofit organizations operating tall ships in the festival. For more information, visit Downrigging.org.

Photo by Jennifer Madino



SYRCL'S WILD & SCENIC[®] FILM FESTIVAL

WILD & SCENIC FILM FESTIVAL

Join ShoreRivers for an evening of food, drinks, and short films during its 10th annual Wild & Scenic Film Festival on Friday, November 15th, 5:30–9 p.m. The festival celebrates ShoreRivers' achievements and showcases communities and individuals engaging and advocating on issues surrounding their environment. Start the evening with a cocktail party and silent auction at the Tidewater Inn. Films will be screened at the Avalon Theatre beginning at 7:30 p.m. Tickets are \$100 for premier tickets, which includes the pre-films cocktail party, and \$30 for films-only tickets. Proceeds benefit clean water efforts on Maryland's Eastern Shore.

For more information, and to purchase tickets, visit Shorerivers.org.

↑ Beef, Bonfires & Cigars

Join Haven Ministries on Saturday, November 2nd, 6–9 p.m. at the Wye River Conference Center for Beef, Bonfires & Cigars. Enjoy a night of food and spirit samplings from several regional restaurants, caterers, wineries, and distilleries. The event will also feature live music by John Frase and Forrest Anderson, a live auction and prize wheel, vendors, cigars, and much more. Proceeds benefit Haven Ministries, the only cold weather shelter in Queen Anne's County. Tickets are \$60 per person. For more information, visit Whatsup-tix.com.



Photo by Will Scott

↑ Wet & Wild Auction

Celebrate the Chesapeake Bay Environmental Center's (CBEC) 40th birthday at the 15th annual Wet & Wild Auction on Friday, November 8th, 6:30 p.m. at the Chesapeake Bay Beach Club. Enjoy appetizers and a dinner buffet, drinks, live music from Wheelhouse, and a live and silent auction. The event is CBEC's biggest fundraiser of the year, and proceeds will be used to expand CBEC's education and restoration programs. Tickets are \$150 per person and can be purchased at Bayrestoration.org.

MANNHEIM STEAMROLLER CHRISTMAS

Join Mannheim Steamroller in celebrating 35 years of holiday magic during their annual holiday tour, Mannheim Steamroller Christmas by Chip Davis, coming to Wicomico Youth & Civic Center on Wednesday, November 20th, 7:30 p.m. This year's show will feature all the classic Christmas hits from the first *Mannheim Steamroller Christmas* album, along with multimedia effects. Tickets range from \$52-62 and are available at Wicomicociviccenter.org.

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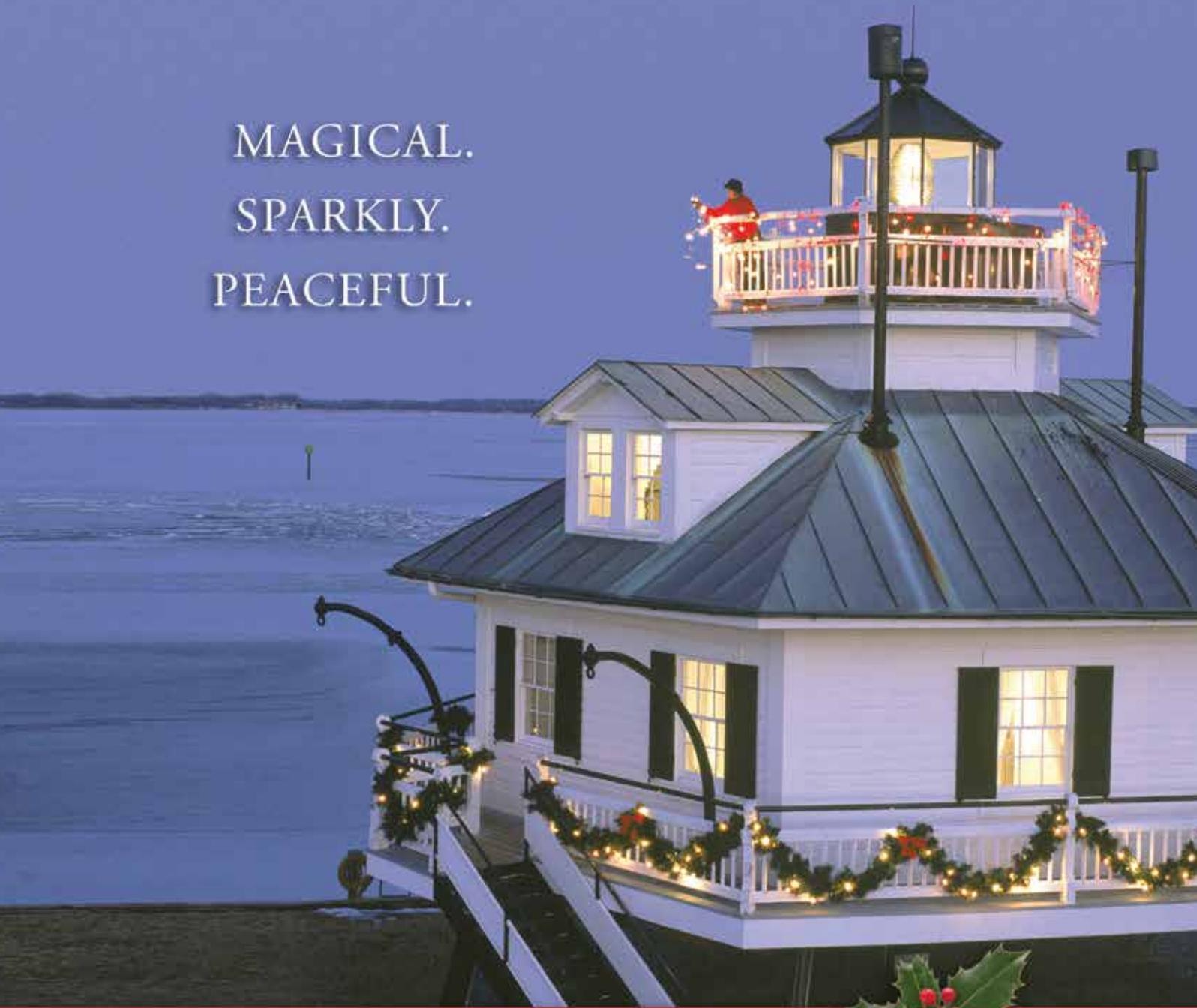
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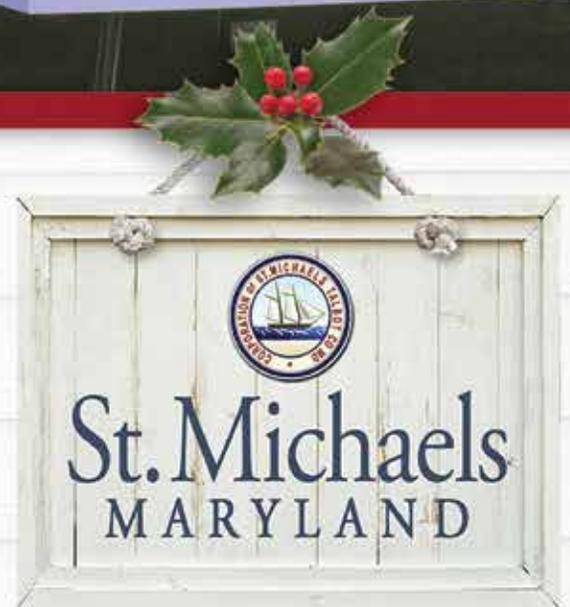
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Talbot Hospice Festival of Trees

Join the Friends of Hospice for the 34th Festival of Trees, benefitting Talbot Hospice, on Saturday, November 30th through Tuesday, December 3rd at the Tidewater Inn. Enjoy a spectacular display of holiday trees at the Tidewater Inn Gold Room. Festival hours are Saturday and Monday, 10 a.m.-8 p.m.; Sunday, 11 a.m.-8 p.m.; and Tuesday, 10 a.m.-6 p.m. Other festival events include Carols by Candlelight, Candy Cane Lane children's activities, and the Family Dance. Ticket prices vary. For more information, and a full schedule of events, visit Talbotfestival.org.

Photo by Ted Mueller



Photo by Y of Central Maryland

TURKEY TROT

On Thanksgiving morning, Thursday, November 28th, 8:30 a.m. the YMCA will host its Turkey Trot Charity 5K at the Easton Family YMCA and Pauline F. & W. David Robbins Family YMCA in Cambridge. Join thousands as they run, walk, jog, and stroll the 3.1-mile course at this annual Thanksgiving Day tradition. Funds raised help children living in poverty throughout the Eastern Shore gain access to Y programs. Registration prices vary. For more information, or to register, visit Ymdturkeytrot.org.

❖ WINTERFEST OF LIGHTS

Explore a magical land of spectacular lights during Ocean City's Winterfest of Lights, held at Northside Park from Thursday, November 21st through Tuesday, December 31st. Board the Winterfest Express and embark on a mile-long journey accompanied by festive music. After your ride, visit the Winterfest Village and warm up with some hot chocolate and take a photo with Santa. Festival hours are Sundays through Thursdays, 5:30-9:30 p.m. and Fridays and Saturdays, 5:30-10:30 p.m. Admission is \$5 for ages 12 and older, and free for ages 11 and younger. For more information, visit Ococean.com.



FOR MORE EVENTS VISIT OUR CALENDAR ON pg. 89 OR GO TO WHATSUPMAG.COM



TOWNE SOCIAL

Chesapeake Chamber Music Festival

The 34th annual Chesapeake Chamber Music Festival took place this past summer, from June 4 through June 15 at various locations throughout Easton, Oxford, and Cambridge. During the two music-filled weeks, artists and musical ensembles delighted audiences with eight concerts, including: romantic classics from husband and wife Robert and Clara Schumann, Ravel and Debussy; bohemian elegance in three works from the great Czech composer Antonin Dvořák; plus, the music of Beethoven, Brahms, Mozart, Bartók, and Bolcom.

Photography by Cal Jackson, Janet M. Kerr, and William McDonnell/ courtesy Chesapeake Music **1.** Carmit Zori (violin), Cathy Cho (violin), Marcy Rosen (cello) and Maiya Papach (viola) **2.** Pete Leshar, Talbot County Council, Mariana Leshar, Chesapeake Music Board member and Treasurer, and Catherine Cho, newly appointed Co-Artistic Director **3.** The Trio St. Bernard, winner of the 2018 Chesapeake Chamber Music Competition, returned to perform **4.** Don Buxton, Executive Director, and Courtney Kane, President of Chesapeake Music, present the Board's certificate of appreciation to J. Lawrie Bloom **5.** Harpist June Han was featured in several concerts



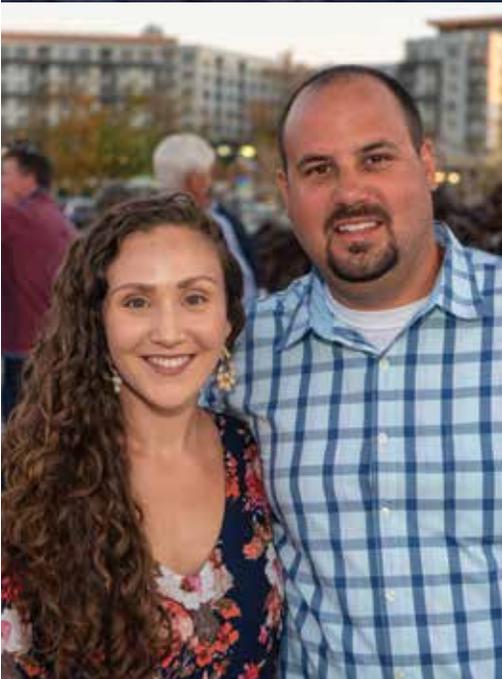


TOWNE SOCIAL

Mermaid's Kiss Oyster Fest

On Thursday, September 19, Oyster Recovery Partnership celebrated its 25th anniversary and achievements—including 8.5 billion oysters planted throughout the Maryland portion of the Chesapeake Bay—at the annual Mermaid's Kiss Oyster Fest, held at the Baltimore Museum of Industry. Guests enjoyed small plates from local chefs, live music by Pressing Strings, an open bar, and plenty of fresh-shucked oysters. The evening also featured a Bay-themed silent auction, which benefitted ORP's programs.

Photography by Stephen Buchanan **1**. Brian Ray, Jenna Ray, Lisa Pomroy, and Michael Hackermann **2**. Timothy Phillips, Kaycee Coleman, Gray Redding, and Sarah Coleman **3**. The Baltimore Museum of Industry **4**. Lauren Donnelly and Alex Steele **5**. Jennifer Walters and Andrew Aus **6**. Jen Smith and Matt Teffeau





TOWNE SALUTE

Harry Heckathorn

Friends of Blackwater

By Caley Breese

When Harry Heckathorn was in high school, he took a career test that told him he should be a park ranger. Although his career took him in a different direction, he's always had an affinity for the great outdoors.

"I grew up in Minnesota, so we did a lot of outdoor stuff in the summer and the winter," he shares. "So, I'm kind of getting back to that and I enjoy that sort of thing. I didn't want to do that for a living [because] I enjoyed the excitement of space and astronomy and astrophysics."

Heckathorn received his master's degree and PhD in astrophysics from Northwestern University. He began his career as an astrophysicist in 1970, eventually making his way to the U.S. Naval Research Laboratory to conduct research related to the space shuttle *Challenger*. In 1986, when the shuttle tragically failed, Heckathorn's career changed course and he

became active in missile defense applications until his retirement in 2006. Since then, Heckathorn has lived in the town Church Creek with his wife, Glenna. After spending time working on his house and enjoying retirement, Heckathorn wanted to get involved as a volunteer. About four years ago, he joined the Friends of Blackwater Board of Directors.

Blackwater National Wildlife Refuge was established in 1933 and is located in Cambridge. The refuge encompasses over 28,000 acres of tidal marshes, forests, freshwater wetlands, and open fields. It's home to a variety of mammals and serves as a sanctuary for migrating and wintering waterfowl. Friends of Blackwater was founded in 1987 and is a nonprofit group that supports the refuge.

"I got dragged into it," Heckathorn jokes. "They had

"It's great working with Harry. Give him a job and you know it will be done correctly. Harry is making his mark as a super volunteer. Many of his projects will be enjoyed by the public for many years to come."

a scholarship committee chairman who was retiring, and since I was somewhat academically oriented, they thought that maybe I could do the scholarship stuff. So, they invited me to a meeting, and they twisted my arm, and I decided that was fine; I could do that. I like interfacing with young people and reading what their aspirations are and so on, so that was a fit."

Every year, Friends of Blackwater awards scholarships to three undergraduate or graduate students. The 2020 recipients will each receive a \$3,000 scholarship. According to Heckathorn, the scholarship is mostly geared toward people interested in biological sciences, environmental sciences, and conservation. As scholarship committee chair, Heckathorn works with four other volunteers and is responsible for receiving and vetting the applications.

Since the scholarship committee isn't active all year, Heckathorn found other ways to contribute to Friends of Blackwater. He has a great passion for building, designing, and problem

solving, so he decided to join the projects committee. Heckathorn developed the support structure for the Blackwater National Wildlife Refuge gate, updated the osprey camera, and designed, built, and helped install the waterfowl camera. Heckathorn is currently working on designing and installing an eagle camera for the property.

“I knew we had a winner when Harry joined our Friends of Blackwater Board of Directors as our scholarship committee chair,” Friends of Blackwater President Rick Abend says. “While he continues to expand that program, his work on our waterfowl, osprey, and eagle cam systems really stands out. Thousands of visitors, both at the refuge and on our website, have Harry’s leadership and tenacity for attention to detail to thank for many hours of wildlife viewing pleasure.”

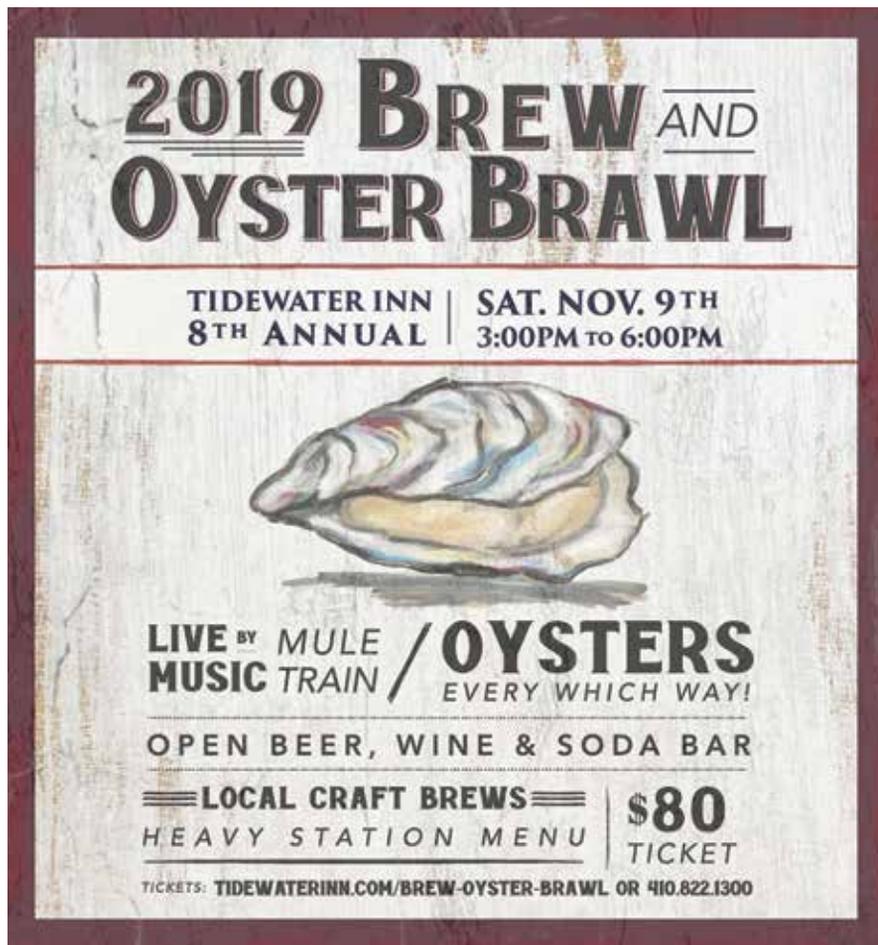
It may not be rocket science, but Heckathorn still finds plenty of opportunities to educate himself.

“There’s more stuff to learn with the camera project,” he shares. “There’s a lot of stuff I just didn’t know about at all. Every day when I have to go find a piece of equipment or solve a problem, there’s something I learn, so I like that.”

“It’s great working with Harry,” Abend says. “Give him a job and you know it will be done correctly. Harry is making his mark as a super volunteer. Many of his projects will be enjoyed by the public for many years to come.”

For more information on Friends of Blackwater, visit friendsofblackwater.org

Do you have a volunteer to nominate? Send What's Up? an email to cbreese@whatsupmag.com.



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Photo by Katherine Willis

COMPASS REGIONAL HOSPICE NURSE RECEIVES CAREGIVER AWARD

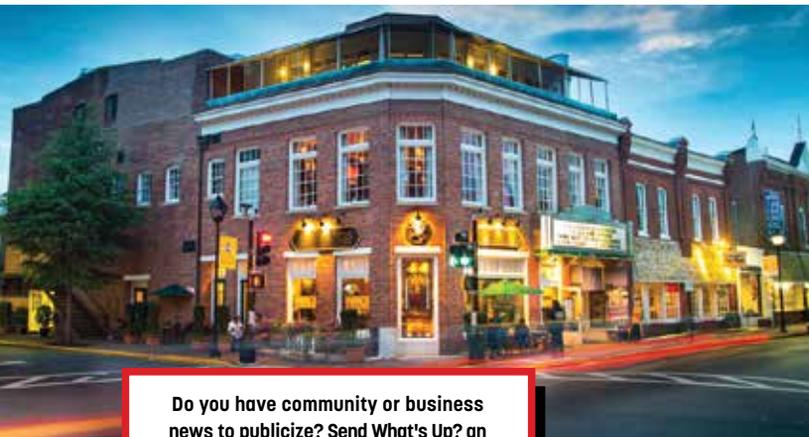
Compass Regional Hospice RN Case Manager Cathy Willis received the Fellows, Helfenbein and Newnam Hospice Caregivers Award after being nominated by multiple patients' families. This award recognizes Willis' commitment to compassionate and personalized end-of-life care and grief support. Willis has been with Compass Regional Hospice since 2013. The Fellows, Helfenbein and Newnam Hospice Caregivers Award is awarded quarterly, and is open to physicians, nurses, social workers, bereavement counselors, hospice aides, chaplains, administrative staff, and volunteers of Compass Regional Hospice who care for patients in Queen Anne's, Kent, and Caroline counties.

↑ Easton's Primary Stroke Center Earns Honors from American Stroke Association

University of Maryland Shore Medical Center at Easton's Primary Stroke Center received the American Heart Association/American Stroke Association's Get With The Guidelines®-Stroke Gold Plus Achievement Award with Target: Stroke Honor Roll Elite. The hospital was recognized for its achievement in providing the most effective stroke treatment based on recent scientific evidence, as well as taking successful measures to reduce the time between the patient's arrival at the hospital and treatment. This is the third consecutive year that Easton's Primary Stroke Center has received these honors.



Left to right: Kirk Helfenbein of Fellows, Helfenbein and Newnam Funeral Home; Chief Executive Officer of Compass Regional Hospice Heather Guerieri; Compass Regional Hospice RN Cathy Willis; and Chris Fontana of Fellows, Helfenbein and Newnam Funeral Home. Photo courtesy of Compass Regional Hospice



Avilion Theatre

← EASTON NAMED MARYLAND'S NEWEST ARTS & ENTERTAINMENT DISTRICT

Maryland Secretary of Commerce Kelly M. Schulz announced in June that Easton is now recognized as an Arts & Entertainment District in Maryland. The district encompasses more than 110 acres, including Easton's Historic District, East End Neighborhood, and nearby residential and commercial neighborhoods. Easton is home to many arts-focused events and opportunities, including First Friday Gallery Walk, Plein Air Easton art festival, Chesapeake Film Festival, and much more. The 27 Arts & Entertainment Districts across Maryland promote community involvement, tourism, and town revitalization.

Do you have community or business news to publicize? Send What's Up? an email at cbreese@whatsupmag.com.



TOWNE ATHLETE

McKenzie Mogel

Kent Island High School
Soccer, Indoor Track, Outdoor Track

By Tom Worgo

Kent Island High three-sport senior athlete McKenzie Mogel wants to go to a service academy. She's most focused on the Naval Academy and the Coast Guard Academy.

"I'd like to go to the Naval Academy more so than the Coast Guard Academy, but I am perfectly fine with either one," Mogel says. "It's more likely I will get accepted into the Coast Guard."

Mogel attended the Academy Introduction Mission (AIM) program at the U.S. Coast Guard Academy in July. She's been recruited by the school for soccer, a sport she has dominated while at Kent Island.

"You stay there [at the AIM program] for a week and they run it like plebe summer," she says. "I got to meet the admissions officers and the coaches. They are interested in having me on their team."

Mogel feels that attending the Coast Guard Academy could be a stepping stone toward her long-term career ambition: doing mission work. It's a passion of hers. She's already taken part in three mission trips to Haiti, which she helped organize at her school.

"It will lead me into the medical field," Mogel says of attending the Coast Guard Academy. "I want to be a medical missionary. You are rebuilding homes and providing medical aid. I want to do that on a daily basis."

It appears the 17-year-old has the credentials to get into the Coast Guard Academy.

She carries a 3.97 GPA, takes several advanced placement courses, is a member of the National Honor Society and the National English Honor Society, and teaches Sunday school at Chesapeake Christian Fellowship.

On top of that, she plays club soccer for most of the year and coaches for the Kent Island Youth Soccer League.

"She is a very fast and physical player. She has an excellent shot with both feet. If the ball is in front of her, she is going to score or she is going to pass it off to someone who will score. That is her mindset. And I like the fact that she will run through a brick wall for you."

"I don't see how she has time for anything else with her course load and everything else she does," Kent Island Soccer Coach Mike Leach says. "She is studying all the time when she is not on the practice field. She plays travel soccer for me. And she works at Subway."

The 5-foot-6 Mogel has had quite a soccer career at Kent Island. The forward is a four-year starter and led the Buccaneers in scoring in her first three seasons on the varsity team. Her biggest accomplishment? She earned Bayside Conference Player of the Year honors as a sophomore after totaling 22 goals and 11 assists.

Mogel, who also plays for the Shore Football Club (Shore FC) for most of the year, came into this fall with 56 career goals and has also been recruited by York College, McDaniel, Salisbury, and Southern Wesleyan.

“She is a very fast and physical player,” Leach says. “She has an excellent shot with both feet. If the ball is in front of her, she is going to score or she is going to pass it off to someone who will score. That is her mindset. And I like the fact that she will run through a brick wall for you.”

Mogel has also been a standout performer while competing in indoor and outdoor track and field for three years on the varsity squad. She has been versatile, participating in relays, the 100-meter dash, the long jump, high jump, discus throw, and shot put. Most of her success has come in the throwing events during

her junior year, in which she co-captained both squads.

She placed sixth in the shot put during the state indoor championships and took third in discus during the outdoor regionals.

“She is a pure athlete,” Kent Island Track Coach Justin Holland says. “She can pretty much do anything.”

Do you have a local athlete to nominate? Send What's Up? an email to tworgo@whatsupmag.com.

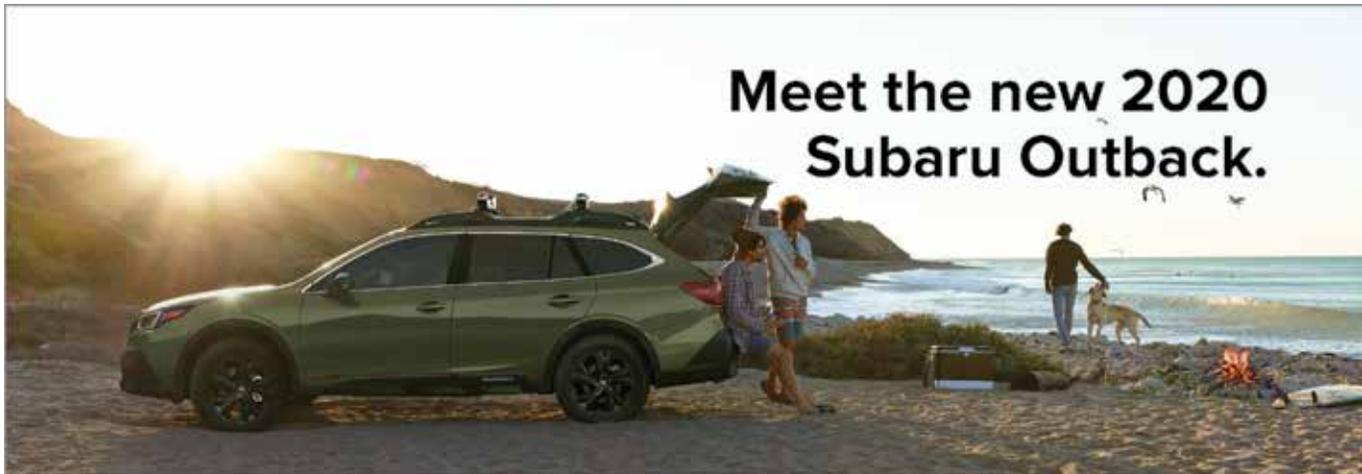
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'Annapolis...
Was Like We
Pressed the
Easy Button'

**A N I N T E R V I E W
W I T H C H R I S
W A L L A C E**

*By Frederick Schultz
Photography courtesy Chris Wallace*

To anyone who follows national news on network television, Chris Wallace has been a familiar face and voice for decades. The current host of "Fox News Sunday," he has been reporting for that network since 2003 (earning an Emmy nomination this year), when he left ABC News after 14 years. There, he had served as senior correspondent for "Primetime Thursday" and as an occasional host on "Nightline." Prior to that move, Wallace worked for 14 years at NBC News, variously as a political correspondent, Washington co-anchor and news reader for the "Today" show, White House correspondent during the Reagan administration, anchor for the Sunday edition of "NBC Nightly News," and one-year moderator of "Meet the Press."

On a day off from Fox, What's Up? Media caught up with Wallace from his "second home" near Annapolis and discussed his contentment here as an escape from Washington; the perceived and, to him, the very real bias of most network-television news; his relationship with his father, Mike Wallace, the both revered and reviled late star of CBS' "Sixty Minutes;" and the uncertain future of news reporting in general and the public consumption of it.

WHAT MADE LIVING IN ANNAPOLIS ATTRACTIVE TO YOU? My main residence is in Washington, but we have a second home here. It took me probably 20 years to discover what an absolutely right place Annapolis is. My father had had a second home in Martha's Vineyard for years, and we visited him there every summer. Even after he passed away, we continued to rent a house for a month in the summer in Martha's Vineyard. But we endured so many missed connections and delayed or canceled flights that I thought there's got to be an easier way to do this.

Meanwhile, my wife, Lorraine, was looking at places in Annapolis, and it was like we pressed the easy button. I finish the Fox News show at 10:15 on Sunday mornings, and by 11 I'm at my place here overlooking the water. I can feel my blood pressure, anxiety, and stress level going down every mile I get farther from Washington and closer to Annapolis.

YOU'RE ONE OF THE FEW—IF NOT THE ONLY—TELEVISION JOURNALISTS TO HAVE WORKED FOR ALL FOUR MAJOR

NETWORKS, IF YOU INCLUDE YOUR TIME WITH WALTER CRONKITE AT CBS. WHAT WOULD YOU SAY ARE THE DIFFERENCES AMONG OR BETWEEN EACH OF THOSE NETWORKS? It's a little hard to compare, because I was at such different stages of my life and my career when I was working for each of them. I never really worked for CBS News. I was a high school intern in 1964 at the [party] conventions.

Generally speaking, I think there is an unspoken, but nevertheless real, liberal bias in the mainstream media. I think at Fox News—and I distinguish between the news side and the opinion side of Fox—that there is an effort to tell the full story. I think that full story includes some other points of view that the mainstream media leave out.

BY MOST ACCOUNTS, YOU SEEM TO BE KNOWN AS THE VOICE OF REASON AND THE STRAIGHT SHOOTER OF THE FOX NEWS TEAM. WHAT DO YOU THINK OF THAT ASSESSMENT? When people stop me on the street, they say I'm one of the few straight shooters in journalism generally. I think people are tired of the liberal bias at some places and





Chris Wallace enjoys relaxing and reading outside at his waterfront Annapolis home.

a conservative bias at other places, and they just want somebody to try to report the news straight, to be equally tough if they're doing interviews of members from both parties.

When I was growing up, fairness was a basic requirement. You distinguished yourself by how well you wrote or reported—or interviewed. But fairness was something everybody assumed. They no longer assume it. Somebody who is seen as being fair, equally probing on both sides, stands out. And I like that people recognize I'm trying to do that. But it makes me sad that it somehow sets me apart from a lot of my colleagues in the journalism business.

HAS NETWORK NEWS BECOME MORE SHOW BUSINESS THAN PUBLIC SERVICE? I think that's probably going too far. I believe my father played a role in that perception with "60 Minutes." What people found out from the tremendous success of that program is that news could make money, if done properly. And I think my father would acknowledge that. But he would also say "60

Minutes" has generally done a pretty good job of reporting the news in a responsible, even-handed way. Previously, news was seen as a public service, something that networks did with no expectation that they were going to turn a profit on it. But I think it did open a box, and as a result some of what one sees on network or cable television is not as serious, as legitimate, or as useful as it used to be a quarter- or a half-century ago.

MANY PEOPLE SEEM TO BE SIGHING HEAVILY LATELY BECAUSE THE POLITICAL CLIMATE IN WASHINGTON NOW IS SOMEHOW DIFFERENT FROM THE WAY IT'S EVER BEEN. WOULD YOU SAY WE'VE SEEN THIS

BEFORE? The climate has been poisonous at other points in our history. Look back at the Vietnam War and the Civil Rights Movement, for example. Those were quite ugly times in Washington, too, when the country was really fractured. So, it's been as bad if not worse. Watergate would be another example. I think what distinguishes the present is that the division is so personal—the demonization of both sides. And it doesn't seem to be as much about big issues than it is about personalities.



Chris Wallace enjoys kayaking with his grandson in and around the waters of Annapolis.

The Republicans are bashing Nancy Pelosi and some of the democratic presidential candidates. The Democrats are bashing Donald Trump. The result is that almost nothing gets done. And that's sad to me. Even in the '60s, great legislation was passed—the Civil Rights Act or housing and voting-rights acts. Now—whether it's immigration, the economy, entitlements, or the change in our economic base from manufacturing to much more service-oriented or high-tech industries—we don't seem to be addressing the great problems of the nation.

FEWER AND FEWER OF THE YOUNG PEOPLE IN THIS COUNTRY ARE READING A DAILY NEWSPAPER OR WATCHING NEWS ON TELEVISION. HOW ARE YOU DEALING WITH THAT APPARENT REALITY? I think a lot of people are still interested in the news. They just get it in more and different ways. That's been true throughout my career, and I assume it will continue into the future. The individual audience for any newscast, or for a Sunday-morning talk show, might be smaller, but my guess is that the

aggregate of people who follow the news in some way is fairly constant. You just have to adapt to it.

I can see somebody back in the 1400s cursing Gutenberg and “that damn printing press.” There have been changes throughout time. Whether it's the transportation business or the news business, you can either adapt and embrace change, or you're going to fall by the wayside.

WHAT CAN BE DONE ABOUT THE PLIGHT OF LOCAL NEWSPAPERS—THE ONE IN YOUNGSTOWN, OHIO, BEING ONE OF THE MOST RECENT TO CEASE PUBLICATION? Yes, the *Indicator*. I started at the *Boston Globe*, my first job out of college, so I understand and embrace them, because they cover news that nobody else covers. One of the papers I am pleased about is the *Capital Gazette* here in Annapolis, which suffered that tragic attack in 2018 and yet put out a paper the next day. Particularly in a state capital, the idea of not having a local newspaper that is patrolling the beat, swinging a light stick, and keeping people honest is troubling.



I don't think people act better when nobody is watching them.

WE'VE READ THAT YOU WEREN'T PARTICULARLY CLOSE TO YOUR FATHER EARLY IN LIFE, BUT YOU EMBRACED HIM LATER.

WHAT IMPACT DID HE HAVE ON YOU? As a teenager, we became much closer, particularly after my brother died. I would say it isn't what most people think. Did he teach me how to do an interview or how to check my shoulders when I'm behind the anchor desk? The answer is, none of that. As the father of six children myself, I've come to feel that your kids pay more attention and learn much more from what you do, not what you say. That was certainly true with my father and me.

What I really picked up from him came from observing him over decades—maintaining high standards, a tremendous work ethic, the value of preparation. As the anchor of “Fox News Sunday,” I can be sitting down with the secretary of state, or a foreign leader, somebody who obviously knows more about the subject than I do. One of the things I've learned is, if you really prepare and have a “big book of research”—which I read and digest and use every week—early on in an interview I can challenge somebody in a way that they realize they can't just spin you. They can't just use their talking points. They're really going to have to engage with you. So, you're much more likely to get a good, substantive, fresh interview. And that's certainly something I picked up from my father—again, not from something he said, but just from watching him in action.

WHAT DO YOU THINK OF THE NEW DOCUMENTARY FILM, “MIKE WALLACE IS HERE”? Well, it's good. I had nothing to do with it, other than the fact that I lived it. I didn't produce it, and I don't have

any financial interest in it. I think it gives a real insight into my father, into his personality, his strengths, his weaknesses, his vulnerabilities.

It does tend to portray him as totally focused on his job and the next interview, to the neglect of his family. I think that was true certainly earlier in his career, but later, he mellowed. And while he continued to travel the world doing news-breaking interviews, he took much more comfort and engaged much more with his family. I don't think the movie reflects that. It kind of gives a sense of it at the end, when he retires, that it's like “Death of a Salesman” and he doesn't have anything left to focus on. By the end of his life, my father was very devoted and had good relationships with his children and his grandchildren and took great comfort in that. And we took great comfort in our relationship with him.

When the movie was coming out, I googled “Mike Wallace” and was kind of shocked and disheartened to see the first name that popped up was a wide receiver for the Miami Dolphins. So, my greatest hope for the documentary is it'll introduce my dad to a whole generation of young people who really never got to watch him.

HOW WOULD YOU LIKE HISTORY TO REMEMBER CHRIS WALLACE? I remember my father used to struggle with that question, and I think he was a little taken aback at the thought that history was going to remember him at all. He came up with the phrase, “tough but fair.” In fact, that's on his tombstone.

I don't know that history is going to pay any attention [to me], but if it does, I hope it would say that I was a good husband and a good father, an even better grandfather—and not a bad reporter. How's that?



Chris Wallace with his father, Mike Wallace, star of *Sixty Minutes* who passed away in 2012 at age 93.



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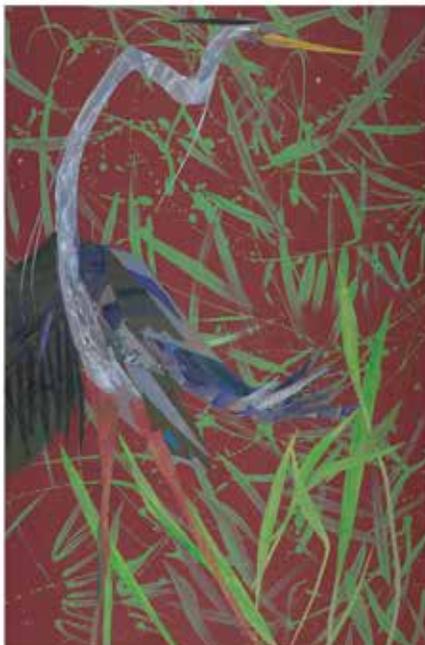
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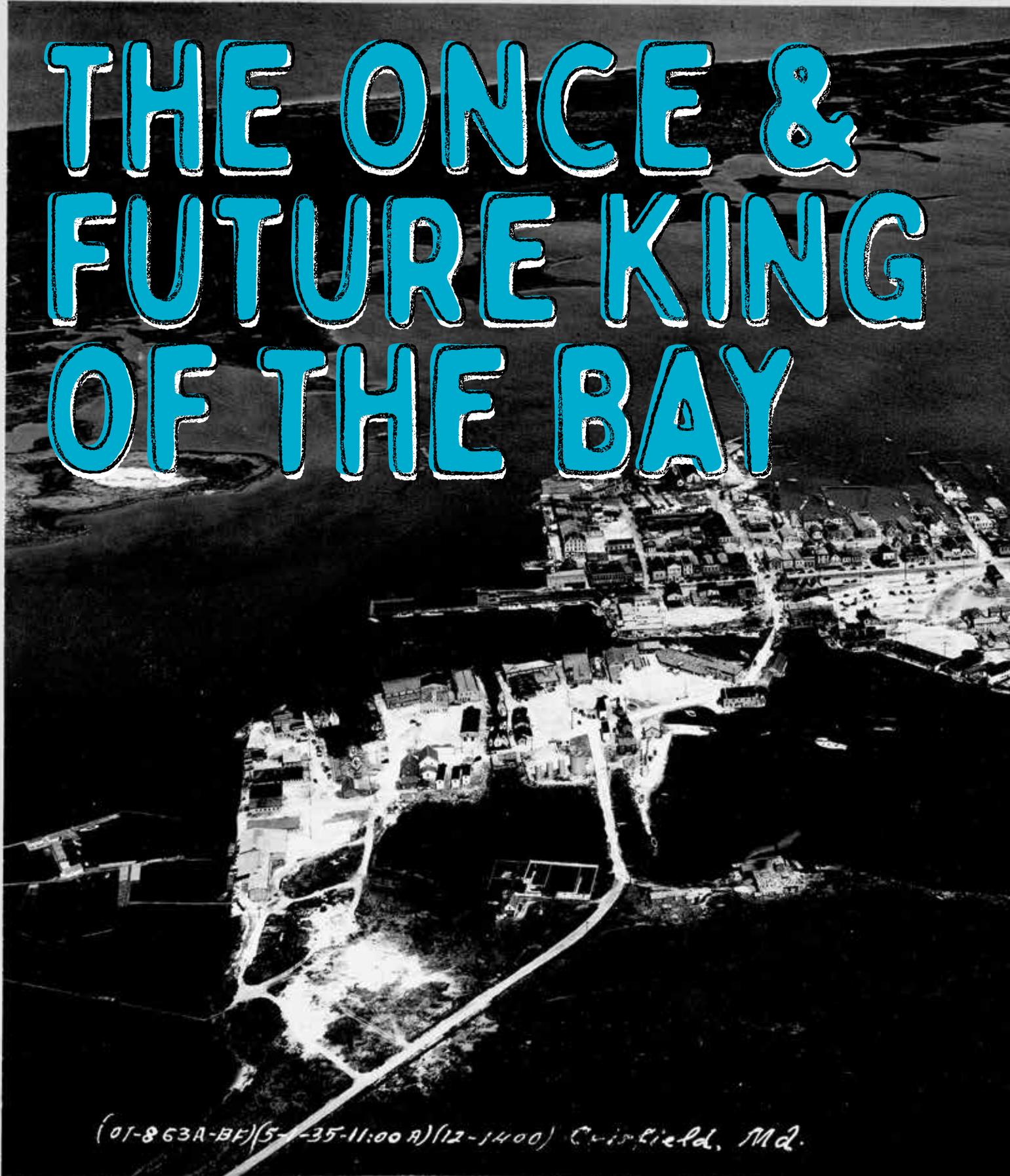
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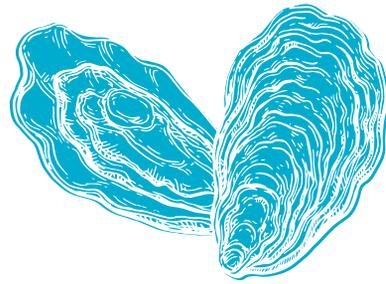
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A HISTORY OF THE OYSTER INDUSTRY IN MARYLAND INCLUDES BOOM TOWNS, GLUTTONY, PIRATING, WARFARE, ENTERPRISE, LEGISLATION, AND CONSERVATION EFFORTS BY ELLEN MOYER

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The year was 1880 and Crisfield, Maryland's second largest city at the time, was thriving. Thanks to the oyster, Crisfield was a boomtown; raucous, greedy, and vice-ridden with con men, gamblers, and prostitutes. More sailing ships than anywhere in the world—about 600 of them—filled the harbor, eventually bringing to this salt marsh peninsula (known as Somers Cove since its settlement in 1663 by Ben Summers) the title of “Seafood Capital of the World.”

By 1880, the town had been incorporated and named for Senator John Crisfield, who brought a Pennsylvania railroad line to the quiet village in 1866 to move the coveted oyster—15 million bushels—around the globe. To the dismay of the local citizens, Crisfield was transformed into a major lawless and hardscrabble shipping center.

With a labor shortage, young men and immigrants were kidnapped, shanghaied, and tortured to work the newly designed oyster sailboats, pungies, bugeyes, and skipjacks. Their pay was often a hit of the boat's boom to the call of “man overboard,” and they were left behind to sink or swim.

On land, saloons proliferated and staged bare-knuckle boxing matches; no-holds-barred conflicts between Virginians and Smith Islanders. Haymie Bradshaw, a Smith Island Methodist, would fall from grace every oyster season to box as one of the “scrappiest dockside brawlers on the Eastern Shore and the staunchest defender of Smith Island honor.”

Meanwhile, the streets were piled high with heaps of oyster shells. Buttons and fertilizer factories joined in business with the growing number of shucking and packing houses. In 1879, *Harper's* magazine described Crisfield with “oysters, oysters everywhere—in barrels, in boxes, in cans, in buckets, in the shell and out.” What wasn't recycled was thrown into the salt marsh, creating a whole new landfill—a half-mile extension into Tangier Sound, which is the base of today's downtown Crisfield.

Boomtowns eventually die and so did Crisfield, but what gave rise to this thriving, new boomtown in the first place? In 1854, the world's largest oyster beds were discovered in Tangier Sound. And so, a culinary delight, which dates back centuries in history, ascended into Maryland and the Chesapeake Bay industry and precipitated 100 years of “Oyster Wars” that eventually decimated the ancient oyster beds to one percent of their original number.



RIGHT: "ENGAGEMENT IN THE OYSTER WAR ON THE CHESAPEAKE," FROM A SKETCH BY F. CRESSON SCHELL THAT APPEARED IN HARPER'S WEEKLY, JANUARY 9TH, 1886. BELOW: A STATE POLICE STEAMER OVERHAULING A PIRATE BOAT ON CHESAPEAKE BAY, OFF SWAN'S POINT: FROM A SKETCH BY FRANK ADAMS PUBLISHED IN 1888.

ANCIENT CONTEXT

Oysters are ancient—probably 250 million years old. Their mission? To keep the waters of Earth clean and to support the emerging aquatic marine life. They find a home in brackish, shallow water near the mouths of rivers and creeks where they can feed on micro-plankton. They were, and still are, the original clean water mechanic, individually filtering 50 gallons of water each day. At one point in time, oyster beds could filter the entire Chesapeake Bay in three to four days. Today, it takes a year or longer.

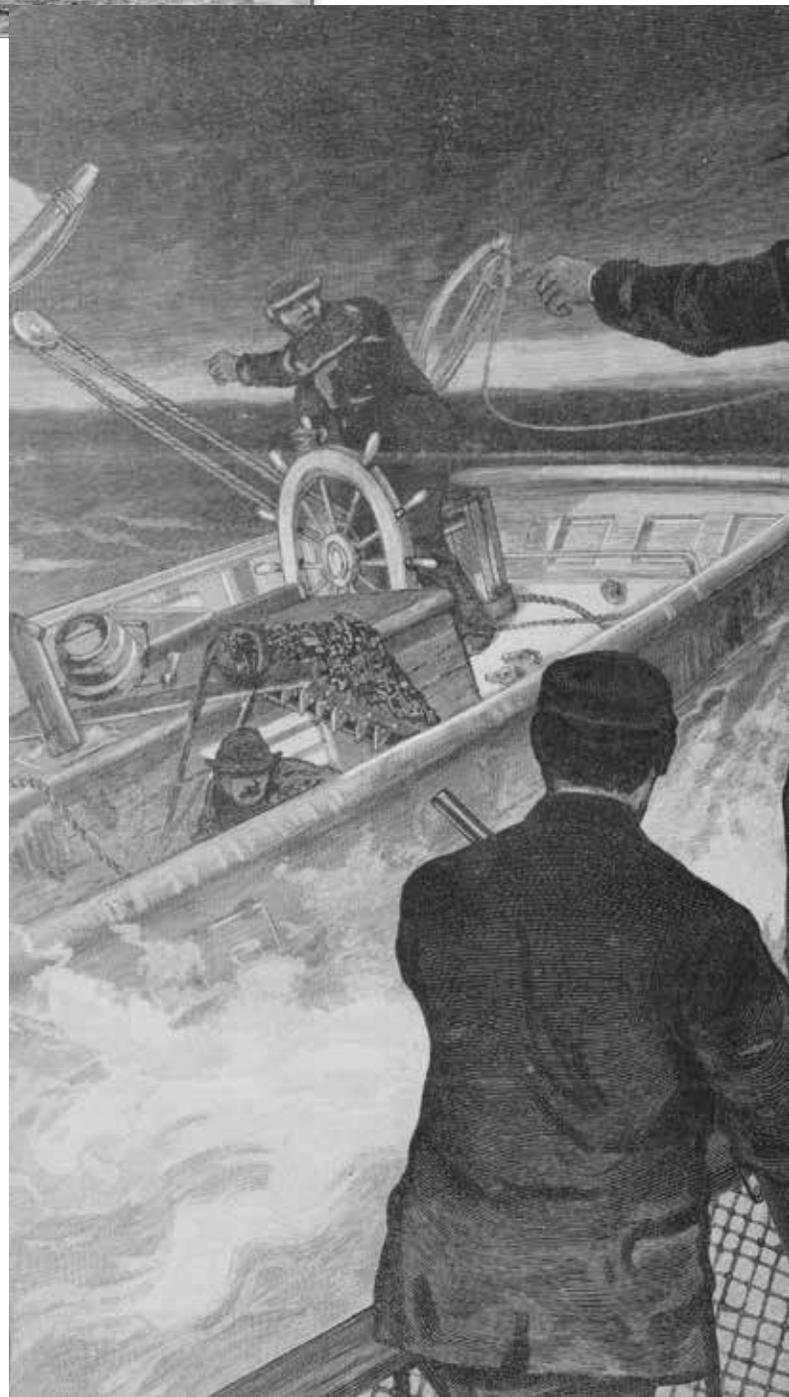
Oysters are filled with protein and are high in vitamin B12, zinc, magnesium, and calcium. Easy to reach along shallow shorelines, ancient oyster middens around the world testify to feasting by native populations.

So popular was the oyster that the Greeks created

oyster farms to increase this juicy morsel, which, in the Mediterranean, also produced the pearl, the gem of choice for the wealthy.

The Romans were the first to market oysters, gathering them from oyster beds along the Thames and English Channel and greedily consuming them in lavish parties. They associated the oyster with wealth and even created a coin in their currency worth the value of an oyster. The Roman elite lived in gluttony. Reportedly, Emperor Vitellius ate 1,000 oysters in one sitting. Perhaps he liked the taste, but the bivalve also was believed to stimulate the libido.

Shift forward to the New World when Henry Hudson sailed into the New York river that would eventually bear his name. The Dutch, like the English and French, were great lovers of oysters—



essential to their cuisine and a subject in the still life paintings of master artists. Hudson's river was a mass of oyster beds—350 square miles of them. As the Dutch settled into New Amsterdam, they feasted on the fish and bivalves from the surrounding waters. Soon, beer gardens, oyster carts, and basement oyster cellars were flourishing in the new city, New York. Oyster cellars were marked by a red

balloon, the traditional sign of prostitution—the red-light pubs continuing the ancient link between sex and oysters. In 2007, research identified a rare amino acid found in high concentration in oysters that does indeed stimulate intimate arousal, giving credence to the myth provoked by the Romans.

Despite its pub culture, New York had no restaurant serving fine cuisine until Swiss brothers and wine merchants Giovanni and Pietro Delmonico opened what became the most celebrated French restaurant in America. Delmonico's restaurant brought about a major shift in New York culture. The oyster on the half shell was popularized and featured as the main appetizer.

Unfortunately, all was not well in the oyster grounds of the Hudson. An oyster-loving public employed thousands from the region to rake the oyster beds. Soon, pollution poisoned the beds around Staten Island and Manhattan. In New England, a new way to harvest oysters (other than by hand tongs) called the dredge completed the task of eliminating the 350 square miles of oyster beds from the Hudson estuaries, as well as those throughout Cape Cod.

Then, in 1857, the oyster beds were discovered in Tangier Sound off the quiet town of Somers Cove, soon to be Crisfield. The boomtown would become the "Queen City of the Oyster Trade." And the Chesapeake Bay would become ground zero for the vicious Oyster Wars between legal hand tongs and illegal pirate dredgers.



DRAWING BY SCHELL AND HOGAN THAT APPEARED IN HARPER'S WEEKLY, MARCH 1ST, 1884, UNDER THE TITLE "THE OYSTER WAR IN CHESAPEAKE BAY."

WAR ON THE CHESAPEAKE

Maryland legislators acted as early as 1800 to protect its oyster industry and Maryland oystermen. In 1830, the Maryland General Assembly passed legislation authorizing only state residents to harvest oysters in its waters. In an early conservation action, they also outlawed dredging. The General Assembly continued to protect its industry, passing another law in 1865 that required annual permits for oyster harvesting.

After the Civil War, and with depletion of the oyster beds in New York and New England, Maryland's oyster harvesting industry exploded. The Chesapeake Bay supplied almost half of the world's oyster supply. New England oystermen flocked to the Chesapeake Bay, coming in the dead of night to raid Maryland's oyster beds by dredge.

To combat what were called "oyster pirates," in 1868 the state created the Oyster

Navy—now considered Maryland's oldest law enforcement agency and the predecessor to the Natural Resources Police—responsible for enforcing the state's oyster harvesting laws. The Oyster Navy was headed by a Naval Academy graduate, Hunter Davidson.

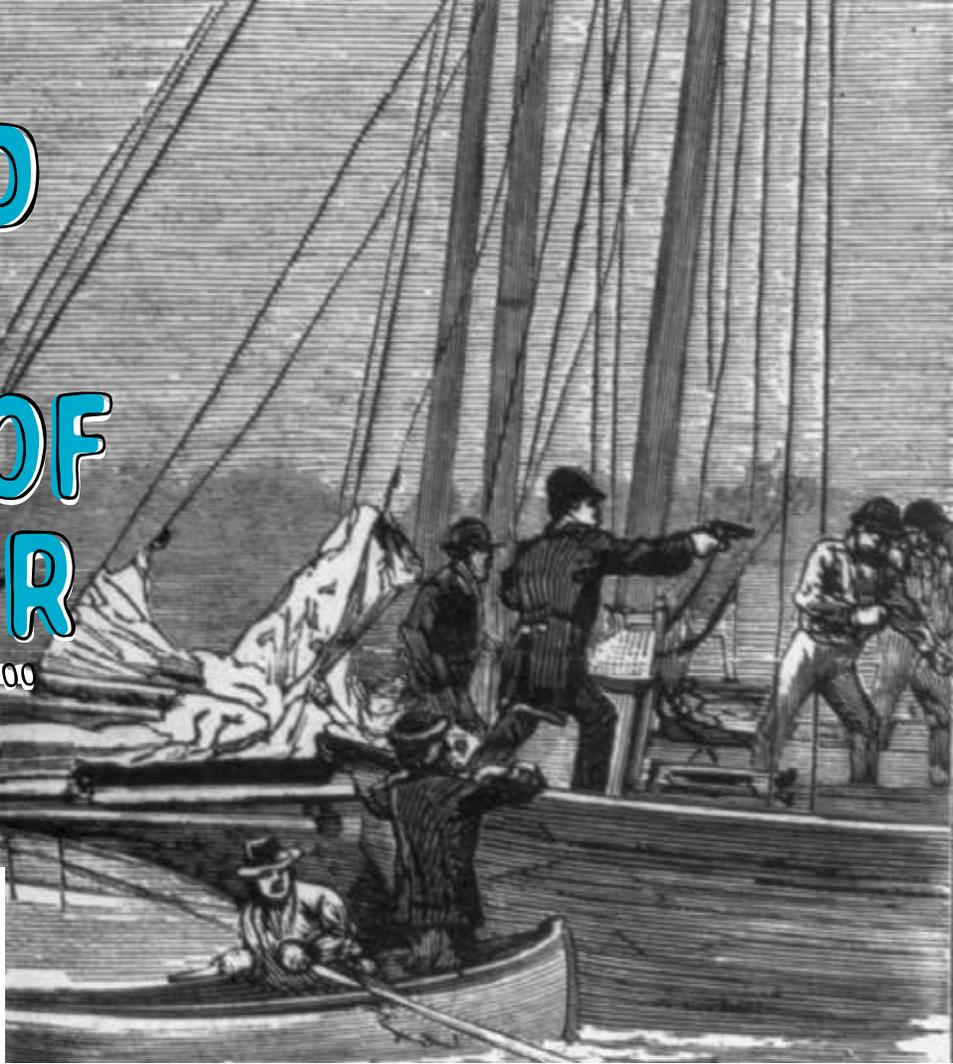
However, greed has no limit, and the state's Navy was outclassed and outspent by the affluent, mostly out-of-state dredgers. Working at night, the speedy dredger boats could outrun the naval boats. Maryland's tongs could make \$500 annually compared to a dredger's \$2,000. The pirates, in their swift boats, came for their "treasure in a shell," illegally poaching the state's valuable natural resource with the equipment that wiped out the oyster beds in the north.

But Chief Davidson would not be outdone. The underfunded Oyster Navy armed their boats with a howitzer cannon, chasing the outlaw dredgers, sink-



"I DEMAND THE SURRENDER OF SYLVESTER CANNON."

"I DEMAND THE SURRENDER OF SYLVESTER CANNON." SYLVESTER CANNON WAS AN OYSTER PIRATE WHO THREATENED A JUDGE AND WAS PURSUED BY POLICE DURING THE CHESAPEAKE OYSTER WARS. THIS DEPICTION APPEARED IN THE NEW YORK TIMES, FEBRUARY 15, 1884, UNDER THE HEADLINE "PIRATICAL OYSTER CREWS: THE DESPERADOES VERY FREE IN THE USE OF THEIR FIRE-ARMS. THE POLICE BOAT AND A MAGISTRATE'S RESIDENCE SHOWERED WITH BULLETS-BLOODY DEEDS ANTICIPATED."



ing boats, and placing armed schooners at the mouths of rivers. He soon became a target of the pirating oystermen, who tried to murder him.

Tongers were armed too, and attempted to ambush the dredger outlaws, resulting in more deaths of hard-working residents in the marine business.

Annapolis has another connection to the Oyster Wars through Captain William Burtis, a member of the Oyster Navy, who bought a house on Spa Creek at the end of Prince George Street. This space, later owned by the Department of Natural Resources, is a history museum in the making to tell the stories of Maryland watermen who worked but failed to preserve our oyster beds.

The 100 years of poaching and murders took its toll, ravaging the Chesapeake Bay. It did not cease until 1962, when President John F. Kennedy signed into law the Potomac River Fisheries Commission bill. That bill had its roots in a 1785 contract that stated new laws concerning shared waters of the Potomac River, including oyster harvesting, had to be agreed upon by both states: Maryland and Virginia. But both rarely agreed. Finally, gun-happy local authorities resulted in the death of a popular Colonial Beach resident on a poaching expedition in 1958, and legislators from Virginia and Maryland, exhausted with the oyster wars, finally said enough is enough.

NEW AGE BATTLE

Today, the oyster packing houses that lined the bay are gone. McNasby Oyster Company on Second Street and Back Creek in Eastport, Annapolis, was the last of the western shore houses to close. In its heyday, Annapolis had four packing houses around City Dock and the Burtis House. Not long ago, skipjacks, built on the Eastern Shore to maneuver the shallow waters of oyster beds, lined local harbors and were

packed as close as stepping stones across waterways. Buy-boats visited City Dock to receive the harvests of the oystermen. These are scenes only available in old photos.

The oyster, king of the Chesapeake Bay, is no more. Crisfield, now a small town of 2,500 residents, is still a seafood capital, but the blue crab is now its harvest. Efforts to bring back the oyster, if for no other reason

than to clean our water, are expensive and fragile at best. Controversy surrounds the cause. Some residents say they want to clean up the bay, but then oppose aquaculture efforts to rebuild oyster beds on historic sites.

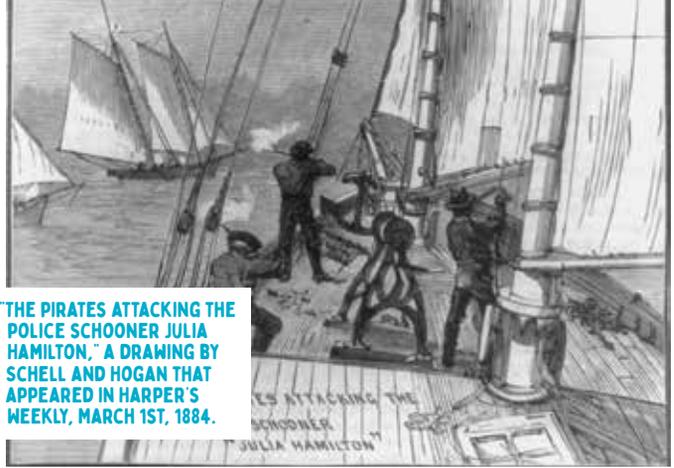
Aquaculture is not new. The ability to raise oysters artificially dates back to the ancient Greeks. Aristotle noted that fishermen were able to move oysters to more favorable spots to fatten them. Cultivating oysters is an old European concept promoted by Orata, a son of first-century BC Rome and its epicurean excesses. He cultivated oysters in lakes near Naples and reportedly made a fortune selling them. Frenchman Victor Coates pursued oyster culture as the beds of Normandy became bare. In 19th-century Europe, replanting oysters was common place. Mesoamericans, long before the 1800s, regularly worked with spats to grow oysters.

In America, as knowledge of the oyster grew, the ability to raise oysters artificially

became sophisticated. In 1825, Chesapeake spats were planted near Staten Island for the first time.

But conservation efforts based on the knowledge of the slow-growing oyster in different habitats couldn't survive the steam powered dredge. Maryland legislative action tried to protect the industry and preserve oyster beds for economic purposes but greed succeeded in the 1800s. Today, less than 400,000 bushels are harvested.

Maryland began its official Oyster Recovery program in 1994. Ten years ago, President Barack Obama issued an executive order to develop a comprehensive Chesapeake Bay restoration plan, that includes replenishing 22 oyster habitats by the year 2025. In the 2019 Maryland General Assembly, oyster recovery received hot and active attention.



“THE PIRATES ATTACKING THE POLICE SCHOONER JULIA HAMILTON,” A DRAWING BY SCHELL AND HOGAN THAT APPEARED IN HARPER’S WEEKLY, MARCH 1ST, 1884.

Time, weather, and climate change, which impact water temperature and salinity, as well as the attitudes of waterfront property owners and the availability of public dollars, will determine if the oyster population will prosper once again.

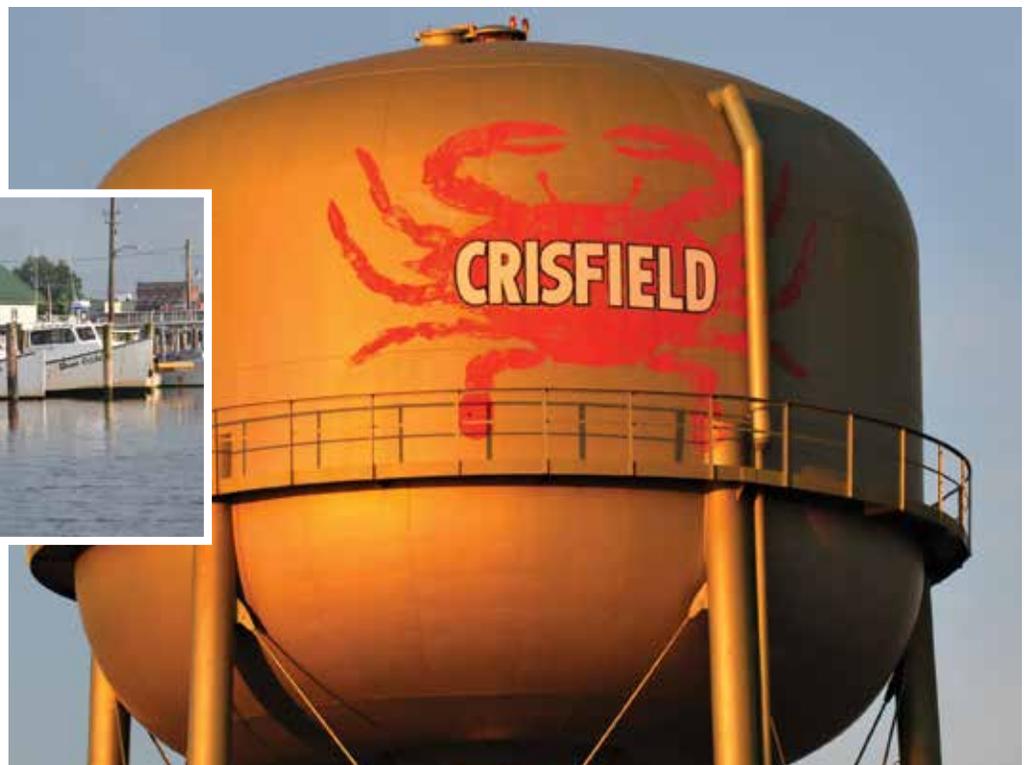
The Oyster Wars continue—they just have a different face than the century of shoot-em-up naval battles from 1863 to 1962. Today’s foes are parasites, pollution, and public perception. Polls show 99 percent of the public want to save the Chesapeake Bay,

but some naysayers believe it’s an inconvenience.

Maryland’s oyster hatchery at Horn Point in Cambridge works hard at creating billions of spat for restoration activities by local groups and educating citizens on the key role oysters play to clean our waters and what we can do to assist. It is a long-term positive project dedicated to enhancing culinary delight, economic vitality, jobs, and clean water in the nation’s largest estuary, the Chesapeake Bay.



ONCE THE EPICENTER OF THE WORLD’S OYSTER INDUSTRY AND OYSTER WARS OF THE 1800S THROUGH 1960S, CRISFIELD, MARYLAND STILL SUPPORTS MARITIME INDUSTRY BUT HAS SHIFTED TO HARVESTING BLUE CRABS.





A Time-tested Formula to Engage All Learners

Radcliffe Creek School

How do you keep a child motivated to learn in school? Parents and educators frequently ask this question as they struggle to engage their learners in the classroom.

Benjamin Franklin wisely stated, "Tell me and I forget, teach me and I remember, involve me and I learn." This statement rings true for all students and is a critical component of student success as they learn in and out of the classroom.

Teachers at Radcliffe Creek School, in Chestertown, MD, prove on a daily basis that the following elements for learning are instrumental for engaging students in their learning; a feeling of connection, a personalized approach, and multisensory instruction.



painting, sports teams, and culinary arts build academic and social skills in an environment where each student is entirely engaged.

A personalized program is defined as knowing what each student is capable of performing and providing targeted instruction that leads them to the next level of achievement. By eliminating barriers that may get in a student's way of accessing the curriculum, children learn what works best for them. Examples may be the ability to utilize speech to text technology, allowing a student to use a fidget so he can focus his attention on the speaker or let them sit in a quiet corner to do work.

Another important way to engage students is to use multi-sensory instruction. This is especially true as students move from learning concrete to abstract concepts. Incorporating a variety of hands-on activities allows children to joyfully come to master new skills and concepts. At Radcliffe Creek School, students can be observed practicing spelling words by writing with shaving cream, singing a song to learn the order of operations, telling jokes to work on reading fluency, drawing lifesize maps of civil war battles, or acting out new vocabulary words.

Educational research has proven over and over that student engagement is critical for students to be successful in the classroom. When using these time-tested techniques, students' joy for learning blossoms, their feeling of self-worth flourishes, and their academic achievement increases.

"Students need to know that they are cared about"

Students need to know that they are cared about and that their presence matters in the school community. To connect with children means to embrace their strengths and passions. When students feel connected to their teachers and their peers, they are more willing to take risks. They believe they can be successful in the learning process because they are a part of it. At Radcliffe, students are taught in a manner that connects them to the curriculum in a meaningful way. Teachers frequently collaborate on students and share ideas on how to best teach each child. This type of methodology also creates an atmosphere of trust so that when the students work to develop skills in areas that are difficult to master, they know they will receive the support they need to achieve mastery instead of shutting down or shying away from a challenge. Another opportunity for students to thrive at Radcliffe is in enrichment classes that are created and planned to support their individual strengths, talents and interests. Enrichment classes, such as boat building, mural

TIME-TESTED RADCLIFFE WAYS TO ENGAGE LEARNERS:

1

Let the student be the expert. By giving students the ability to fully immerse themselves in a subject and learn through conducting their own research and present what they have learned, they are able to build confidence and a broader understanding of the subject. By creating visuals and presenting to others, students are able to retain the content they learn in a much more comprehensive manner.

2

Involve sensory projects is every learning experience. Research proves that students learn through their senses, and the more integrated all senses are in the learning process, the more students retain what they have learned. Every skill can be turned into a fun sensory project: from writing and sounding out words in sidewalk chalk to planting seeds to learn about the life cycle.

3

Allow students to move. Getting students up and moving while they are learning is imperative for keeping them engaged and interested. Some great ways to incorporate movement without wasting valuable time are to create games centered on the subject matter, allow time for short "brain breaks" for students to get up and then quickly refocus, or use centers and rotations to optimize their brain power before they move on.

4

Help your students set personal goals. When students can articulate what they would like to accomplish in the learning process, they gain a personal sense of control. Children benefit from the experience of setting shorter goals to achieve larger ones.

5

Start lessons with why it is important for students to learn a concept or skill. Students have a sense of purpose if they understand why learning a certain skill is important. This knowledge provides students a meaningful connection to the task.



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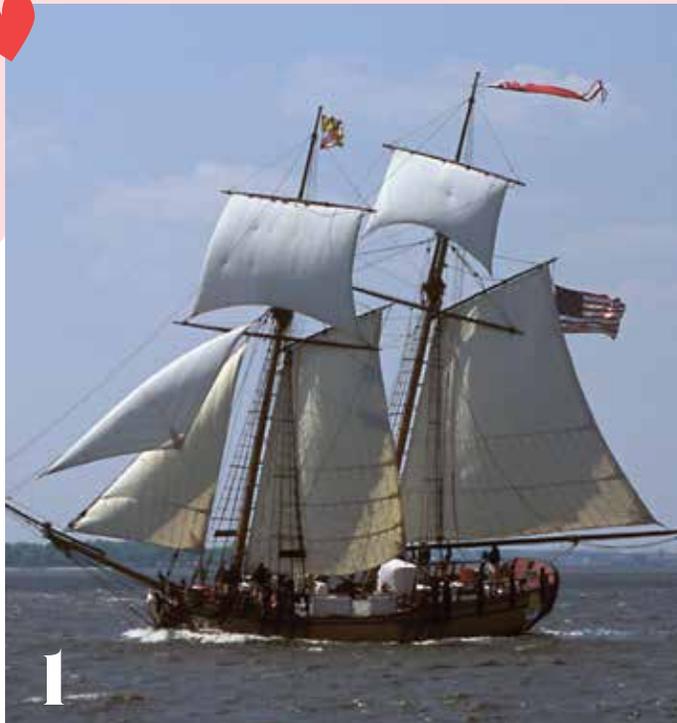
SAVE THE DATE

Philanthropic Calendar



FALL 2019 - SPRING 2020

The holidays are upon us, the New Year nearby, and 2020 not more than a glance at the calendar away. And there are parties aplenty to attend this season and into next year. We've got you covered with the "it list" of charity galas, celebrations, and all manner of philanthropic events you won't want to miss. The following list features *confirmed* save the dates through April. As always, call ahead or visit websites to ensure plans haven't changed closer to the day-of. You can also visit our online calendar for more event listings as they are confirmed. And in our May 2020 issue (yes, we're thinking that far ahead), we'll present May through December save-the-dates. Now go have a ball!



FRIDAY, NOVEMBER 1

1. Sultana Downrigging Weekend

Sultana Education Foundation and throughout Chestertown. Benefits SEF's programs and supports participating nonprofit organizations that operate other tall ships. Through Sunday, November 3rd. Sultanaeducation.org.

SATURDAY, NOVEMBER 2

Baltimore Washington Medical Center Foundation's "The Power of Caring" Gala

Live! Casino & Hotel, Hanover. Benefits BW-MC's mission to provide state-of-the-art patient care. Umms.org/bwmc/giving/gala.

Fish for a Cure Tournament and Shore Party

Annapolis. All proceeds support the Cancer Survivorship Programs within the Geaton and JoAnn DeCesaris Cancer Institute at Anne Arundel Medical Center. Fishforacure.org.

CASAblanca, The Westin Annapolis Hotel. Benefits Anne Arundel County CASA (Court Appointed Special Advocates), Inc. Aacasa.org.

2. Beef, Bonfires and Cigars, Aspen Institute, Wye River Conference Center, Queenstown. Haven-ministries.org

FRIDAY, NOVEMBER 8

Privateer Party at Historic London Town and Gardens, Edgewater. Benefits Historic London Town and Gardens. Historiclondontown.org.

Waterfowl Festival

Easton. Benefits wildlife and habitat conservation, education and research. Continues through Sunday, November 10th. Waterfowlfestival.org.

SATURDAY, NOVEMBER 9

9th Annual Artisan Bazaar, Kent Island High School. Benefits local artisans and Haven Ministries. Haven-ministries.org.

THURSDAY, NOVEMBER 14

Celebration of Charity Luncheon, Chesapeake Bay Beach Club, Stevensville. Chesapeakecharities.org.

FRIDAY, NOVEMBER 15

Designer Handbag Bingo at the Annapolis Elks Club. Benefits the Zonta Club of Annapolis Foundation Scholarship Fund and The Bernie House. Zontaclubannapolis.org.

FRIDAY, NOVEMBER 22

Severn Town Club's Annual Holly Ball at The Westin Annapolis Hotel. Benefits Annapolis area charities. Severntownclub.org.

Celebration of Philanthropy Awards Luncheon at the BWI Airport Marriott, Linthicum. Community Foundation of Anne Arundel County. Cfaac.org.

3. Mid-Shore Community Foundation's Annual Report to the Community and Awards Breakfast, Easton. Mscf.org/annual-awards.

SATURDAY, NOVEMBER 30

4. Festival of Trees, throughout Talbot County. Benefits Talbot Hospice. Continues through Tuesday, December 3rd. Festival-of-trees.org.

SATURDAY, DECEMBER 7

Shells & Bells, A Party on the Creek at the Historic Charles Carroll House & Gardens. Benefits Chesapeake BaySavers. Chesapeakebaysavers.org.

SUNDAY, DECEMBER 8

The Nutcracker Tea 2019 presented by What's Up? Media at The Graduate (formerly Loews Annapolis Hotel), Annapolis. Three seatings available. Benefits donor's choice. Whatsuptix.com.

Annapolis Chocolate Binge Festival, West Street, Annapolis. Benefits the Inner West Street Association and Annapolis Arts District. Annapolischocolatefestival.com.





FRIDAY, DECEMBER 13

Christmas in St. Michaels at venues throughout St. Michaels. Benefits local nonprofit organizations. Continues through Sunday, December 15th. ChristmasinStMichaels.org.

SATURDAY, JANUARY 18

5. Cover Your Chin for Charity Shave Party at Waterfowl Building, Easton. Benefits local kid, vet, and pet charities. CoverYourChin.com.

THURSDAY, JANUARY 23

Wild & Scenic Film Festival presented by Alliance for the Chesapeake Bay, venues to be determined, Annapolis. Benefits the Alliance's education and environmental programs. AlliancefortheChesapeakeBay.org.

SATURDAY, JANUARY 25

Bosom Buddies Ball at the Westin Annapolis Hotel. Benefits breast cancer awareness, early detection, support, and treatment. Bosombuddiescharities.com.

FRIDAY, JANUARY 31

Compass Regional Hospice's Annual Gala at Chesapeake Bay Beach Club, Stevensville. Compassregionalhospice.org.

FRIDAY, MARCH 6

Opportunity Builders Annual Mardi Gras Gala, location to be determined. Obiworks.org.

SATURDAY, MARCH 7

Black Tie & Diamonds, venue to be determined, Annapolis. Benefits local nonprofits. Annapolisrotary.org.

MONDAY, MARCH 9

Chesapeake Bay Foundation's D.C. on the Half-Shell, Dock 5 at Union Market, Washington, D.C. Benefits CBF's education and restoration efforts. Cbf.org.

THURSDAY, MARCH 12

Ignite Annapolis 5, Maryland Hall for the Creative Arts, Annapolis. Proceeds go to The Capital Gazette Memorial Scholarship Fund. Igniteannapolis.com.

SATURDAY, MARCH 21

GiGi's Playhouse "Seas" the Day Gala, Annapolis Waterfront Hotel, Annapolis. Benefits GiGi's Playhouse, a Down Syndrome achievement center. Gigisplayhouse.org/Annapolis.

Annapolis Oyster Roast & Sock Burning, Annapolis Maritime Museum, Annapolis. Benefits the museum's education programs. Amaritime.org.

THURSDAY, MARCH 26

Annapolis Film Festival at venues throughout Annapolis. Benefits AFF's mission to "encourage and grant the development of all aspects of the creative arts in and around Annapolis through the cinema experience." Continues through Sunday, March 29th. Annapolisfilmfestival.com.

SATURDAY, APRIL 4

Hospice of the Chesapeake Gala, venue to be determined. Hospicechesapeake.org.

SATURDAY, APRIL 25

AAMC Foundation's Denim & Diamonds: "An Evening Under the Stars to Bring Mental Health to Light" in Annapolis. Aamcdenimanddiamonds.org



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password **bestof2020** to get started. You can stop and pick-up the survey later by selecting the Save and Continue box at the top of the following screen.



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Holidays in Kent County
Dickens of a Christmas
December 6th, 7th & 8th

Photo courtesy of Bernadette Bowman

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Maryland's Upper Eastern Shore on the Chesapeake Bay is home to the smallest county in the state of Maryland—per capita that is—but Kent County is vast when it comes to things to do and places to see.

Look no further when trying to find small town, Main Street America. It's right here in the towns of Chestertown, Rock Hall, Galena, Millington and Betterton. Peaceful vistas, a bucolic landscape of rolling hills, farms, vineyards, and open space reminds us of a time past, when life was simpler.

This waterfront destination is home to historic Chestertown, one of the oldest mid-Atlantic ports of entry. A beautiful colonial town resting along the banks of the Chester River, Chestertown has been named among the state's most significant arts communities by the Maryland State Arts Council.

With a desired location along the Chesapeake Bay, it might not be surprising to learn that Kent County is a site known for delicious, straight-from-the-water seafood. Some say that the end of season Chesapeake Bay Blue Crabs are the sweetest. The season runs through December 15th. Restaurants offer powerful views, amazing drinks, and incredible food.

In fact, you will find that the working waterman's town of Rock Hall is well known for fresh Chesapeake Bay seafood, including the world-famous Chesapeake Bay Blue Crab, delicious Rockfish, mouth-watering oysters and clams. Savor fresh seafood, locally grown produce, and grass-fed beef, which many local chefs feature in specialty dishes. Stop in for a tasting at a local winery or distillery.

This waterfront haven offers visitors year-round experiences that showcase the depth and beauty of each season. See a show at the Garfield Center for the Arts on High Street in Chestertown or at the Mainstay on Main Street in Rock Hall. Perfect for any season is Eastern Neck National Wildlife Refuge. Only seven miles from Rock Hall, this island is nestled along the Chesapeake Bay and Chester River. A protected habitat, it is home to a wealth of wildlife, including the Tundra Swan, which migrates from Alaska in early to mid-December and stays through February to early March. Thousands of these beautiful creatures can be viewed from the Tundra Swan Observation Deck, located just over the refuge's bridge entrance. Mark your calendars for the Winter Birding and Refuge Walks on the first Saturdays from December to March.

This historic destination welcomes this special time of year with town-wide festivities and a nod toward the nostalgic. So much to

enjoy during the holiday season! In fact, Kent County has become notably recognized for its many popular events. Visitors agree that some old-time favorites keep getting better. Try Chestertown's award winning Farmers and Artisans market every Saturday morning in Fountain Park, where you'll find only made-in or grown-in Kent County goodies.

Chestertown's First Friday is a favorite of locals and visitors. You'll find shops, galleries and restaurants opened late, with lots of art and music throughout this nationally designated Arts & Entertainment District. There are simply too many events to list, but check out this sampling of what's coming.

**First Fridays in Downtown Chestertown
5:00 - 8:00 p.m. Free event**

Meander the red-brick sidewalks leading to shops and galleries along Park Row, High, Cross, & Cannon Streets. Keeping their doors open late for fun shopping.

**Concert Series at Emmanuel Church
Nov. 8th: 7:30 p.m.**

Now in its 26th year, the concert series draws world-renowned organists and choirs to this historic church in Chestertown. Experience the sounds of a very special organ, crafted by Harrison & Harrison of Durham. emmanuelchesterparish.org *continued*

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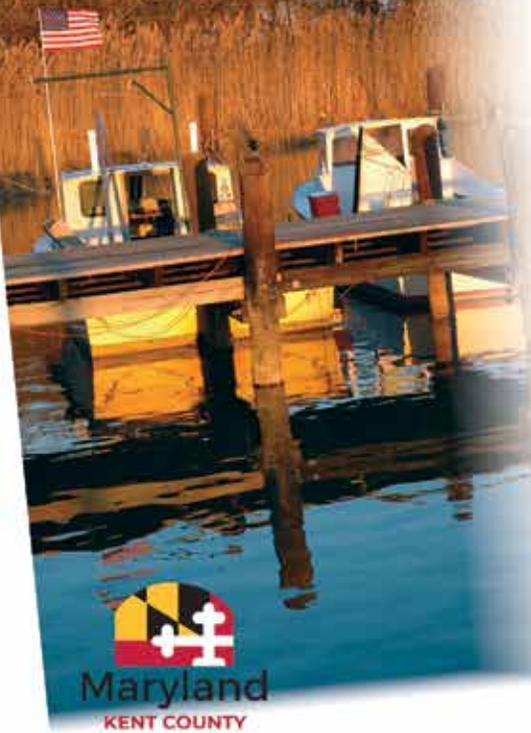
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Kent County MD

continued



US Naval Academy Superintendent's Combo

Nov. 9th: 7:30 p.m.; Free concert
Washington College, Chestertown.

Under the direction of Chief Musician Colin Renick on Saxophones and clarinet, the history of America's music will be intertwined with the history of the U.S. Navy in the 20th century. washcoll.edu.org

The Conservatory Classic Jazz Band Plays Louis Armstrong

Nov. 16th: 7:00 p.m.

Summer Hall, Chestertown

The third edition to this year's concert series, this group, of a diverse collection of artists, have performed across the United States and abroad. charlessummerpost.org

Annie: The Musical

Garfield Center for the Arts, Chestertown

Nov. 22nd through Dec. 8th: 8:00 p.m.

Fridays & Saturdays; 2:00 p.m. Sundays

Directed by Jennifer Kafka Smith. With equal measures of pluck and positivity, little Orphan Annie charms everyone's hearts. garfieldcenter.org

Country Craft Guild Fall Show

Nov. 29th and 30th: 10:00 a.m. - 4:00 p.m.

Rock Hall Fire House, Rock Hall

Dozens of vendors featuring jewelry, soaps, candles, furniture, treats, and more.

Christmas Parade in Chestertown

Nov. 30th: 10:00 a.m.

Historic Downtown Chestertown

Small Business Saturday

Historic Downtown Chestertown

Nov. 30th: 10:00 a.m. - 5:00 p.m.

Win fantastic prizes donated by local, independent merchants, gallery owners, artists, and restaurants. Music, food, wine & spirits, and fabulous small town shopping.

Winter Wassail Party

Dec. 6th, 5:00 p.m.

Bordley History Center, Chestertown

The Historical Society of Kent County sets the stage for the perfect opportunity to indulge in the history of this area as you immerse yourself in the winter festivities.

WACappella

Dec. 6th, 7:30 p.m.

Washington College Hotchkiss Hall, Chestertown

A Free concert by Washington College's Student A cappella group. Part of the concert series. washcoll.edu

Dickens of a Christmas

Dec. 6th - Dec. 8th

Historic Downtown Chestertown

The third annual Dickens of a Christmas weekend kicks off during First Friday festivities throughout the Historic District,



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bringing carriage rides, hot beverages, fire pits, s'mores stations, fire dancers and other special entertainment to set the mood for a joyous holiday season.

**Santa Arrives by Boat
Rock Hall Harbor
Dec. 7th: 6:00 p.m.**

Santa comes through the jetties at Rock Hall Harbor at 6:00, where he is greeted and driven to downtown Main Street by fire truck. There, kids of all ages will be able to visit Santa at his house at the Village Shops, enjoy extended shopping, and more.

**New Year's Eve Hat Parade
Rock Hall Main Street
Dec. 31st: 6:45 p.m.**

Design the craziest hat you can and come be in the parade on Main Street. Prizes and lots of fun.

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Hero's Welcome

Gridiron support, community ambition, and military ideals have created an Eastern Shore retreat for front-line war veterans, known as Patriot Point

By Diana Love // Photography by Stephen Buchanan and courtesy Kevin Simmons

If you attend football games in Annapolis, you might know about the Military Bowl presented by Northrup Grumman, a post-season NCAA sanctioned Division I college football game held each year since 2014 at the Navy-Marine Corps Memorial Stadium in late December. Last year, more than 32,000 fans attended the game, enduring winter cold and sheets of rain to cheer on Virginia Tech and Cincinnati.

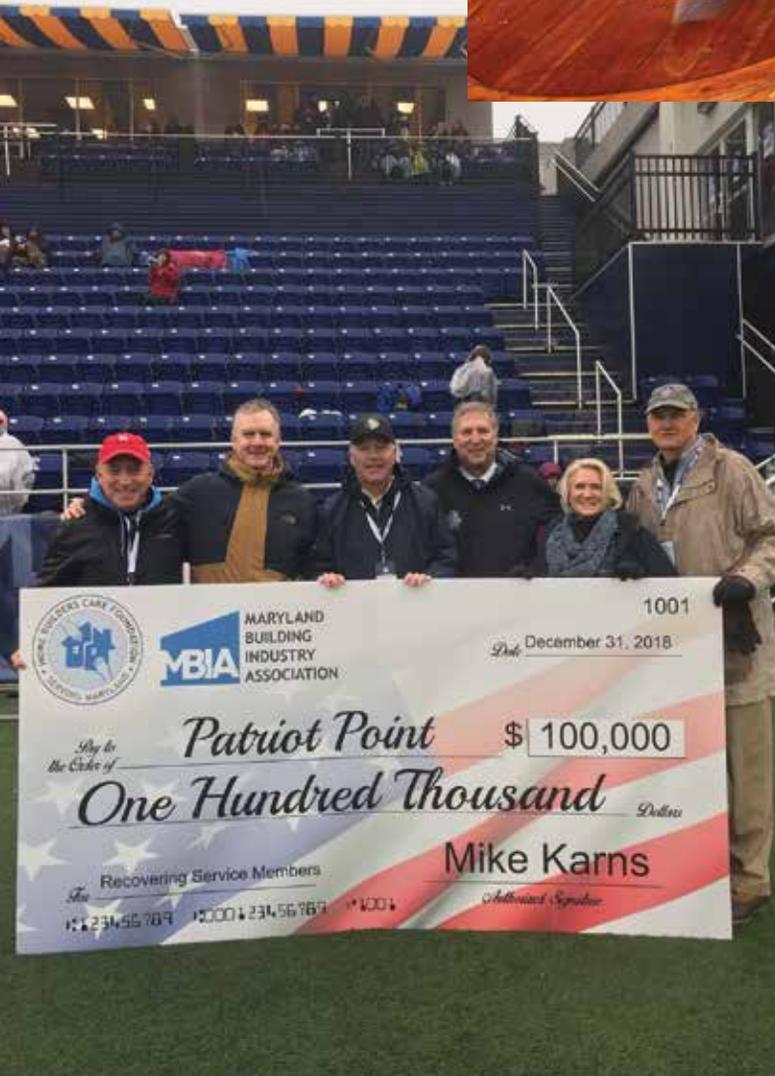
The Military Bowl Foundation (MBF) is the founding non-profit organization and manager of the Military Bowl game. In the five years since the foundation moved the event to

Annapolis from Washington, D.C. (where it was called the Congressional Bowl), the city, Anne Arundel County, and the state of Maryland have realized direct financial and commercial benefits to the tune of millions of dollars.

Besides hotel rooms, parking, and sales tax revenue, the Miracle on Annapolis Street Food Truck Festival with the Budweiser Clydesdales and the game-day parade down West Street provide the city an economic boost during the holidays. The events also offer locals and visitors a fun way to spend an otherwise slow winter day.



Perhaps most importantly, as the Military Bowl has grown in attendance and therefore revenue, the MBF has been able to donate a significant portion of their bottom line to help sick and injured veterans. Whether it's making tickets to the game possible for free through the USO, donating directly to military service organizations, treating hospitalized veterans to a night out, or creating their own private retreat, the foundation is singularly focused on touching the lives of our veterans, most in need of safety, security, and support.



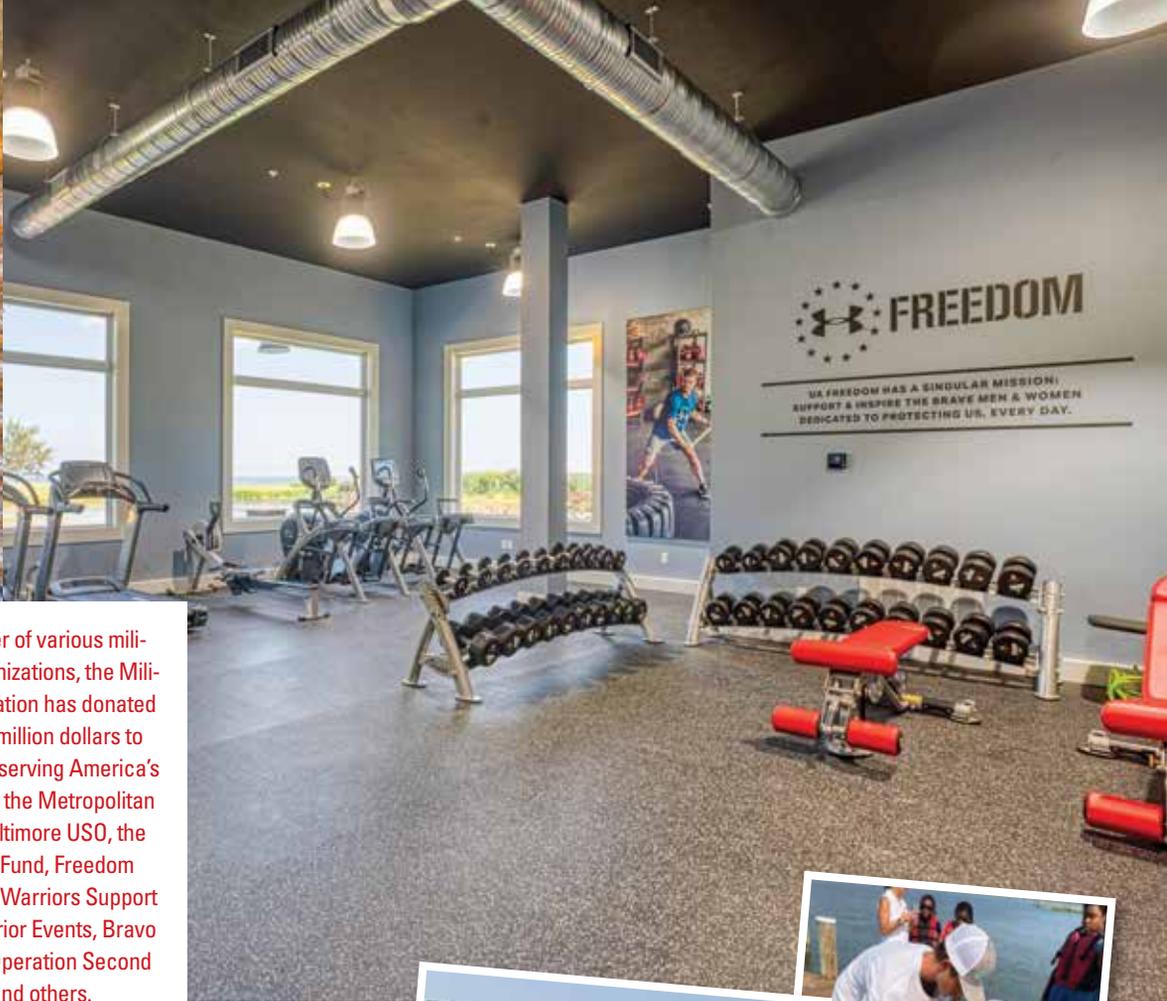
In 2015, the Congressional Research Service submitted an official report to members and committees of Congress outlining casualty statistics for our most recent military conflicts, including in their analysis data from 2001 to 2015. The report indicated that throughout military action in Operation Enduring Freedom, Iraqi Freedom, New Dawn, Inherent Resolve, and Freedom's Sentinel, 52,351 service members returned home physically injured. The incidence of reported and diagnosed post traumatic stress disorder increased year over year by the tens of thousands to 138,197 cases. Brain injuries likewise increased during the years of these conflicts, peaking at 32,907 in 2011 and totaling more than 344,000 cases. Amputations totaled 1,645 cases. Estimates suggest that more than a half-million Iraq and Afghanistan veterans suffer from psychological injuries

Although the foundation has donated funds to many worthy organizations, it wanted to do more to support returning service members that needed a safe place for comfort, healing, and camaraderie. In 2016, led by President and Executive Director Steve Beck, the Taishoft Family Foundation of Annapolis, and board member Stuart Plank, the MBF worked with the state of Maryland to purchase Patriot Point, a 290-acre estate that the foundation intended to transform into a retreat for wounded or ill service members, their caregivers, and family.

“Patriot Point will be a place for the men and women who serve our nation so selflessly to take the time to recharge,” Beck said when the deal was announced. “We look forward to welcoming these brave men



Long a supporter of various military service organizations, the Military Bowl Foundation has donated more than one million dollars to nonprofit groups serving America's soldiers, such as the Metropolitan Washington-Baltimore USO, the Yellow Ribbon Fund, Freedom Hunters, Military Warriors Support Foundation, Warrior Events, Bravo Zulu Outdoors, Operation Second Chance, and others.



and women to the Eastern Shore and allowing them to enjoy themselves and relax.” Patriot Point has hosted nearly 600 guests since it was purchased in 2016.

Patriot Point is located about 1.5 hours from Annapolis, past Cambridge and the Blackwater National Wildlife Refuge. The property boasts 2.3 miles of shoreline along two pristine waterways, a pond, woodlands, wetlands, and fields of cover crops for raising and hunting waterfowl. James Bugg, chairman of the Yellow Ribbon Fund, previously owned the land. Bugg frequently used his Eastern Shore estate, which he called Poverty Point, to host wounded service members, and the MBF intended to further his efforts.

The property has interesting roots. Once owned by the

Carrington family, proprietors of a shipping line based in New York, actress Clara Bow purchased the property in the mid-1920s. Bow was notorious for wild parties fueled by bootleg liquor, reportedly shipped in via the Chesapeake Bay during Prohibition. She named the estate Happy Days and had a log cabin built with a substantial three-story stone fireplace. That cabin, with the fireplace intact, remains today and serves as the main house for guests of Patriot Point.

In 2018, the Military Bowl Foundation embarked on a three-year capital campaign intended to raise money for operations, refurbishment, and new construction. The first phase of the campaign wrapped up in September and proved to be a pivotal time for Patriot Point. A large barn with a caretaker's residence and a welcome





The state of Maryland offered \$500,000 in capital funding, targeted for specific improvements on the property, including handicap accessibility. Initiated by the Maryland Legislature's Veterans' Caucus (Sen. Doug Peters, Senate Chair and Delegate C.T. Wilson, House Chair), the legislative bill to offer to fund Patriot Point was supported by former House Speaker Mike Busch and Senate President Mike Miller. In total, the state has supported Patriot Point with \$875,000 in funding.

center were erected and a large patio with firepits was installed. The main house has new windows and siding, an entrance lift, and widened doorways for improved mobility and accessibility. Maryland Building Industry Association's Home Builders Care Foundation was instrumental in sourcing donations of money, materials, and labor in this effort. Under Armour donated a large gym with equipment for typical and adaptive sports, called the Under Armour Freedom Fitness Center. 3M helped to rebuild the 225-foot pier in time for summer. Volunteer coordinator Mike Mattingly, a veteran of the Air Force and a former Washington, D.C., firefighter, helped round up Annapolis and Dorchester County firefighters, law en-

forcement, military service members, and others to hand-build a new pier, spiffy up the shooting range, clear the 3-D archery course, and keep the property in ideal shape for the visitors they hosted over the season.

The second phase of the capital campaign includes continued renovations to the main house and improvements to the art studio that currently occupies the third floor of the house. Improvements to the shoreline and wetlands conservation will include implementing an erosion control plan, landscaping with native plants, and rebuilding the pond, which will be stocked for fishing. Eventually, the foundation hopes to create a museum to highlight the property's history.





“We created every aspect of Patriot Point to be a state-of-the-art, one-of-a-kind facility for our nation’s injured and ill service members, their caregivers, and families. We offer a refuge from the hospital, from an environment they might be stuck in, and from the struggles in their everyday lives. They get to come to this beautiful place for a rest, for refuge and to enjoy the camaraderie of their fellow veterans in the outdoors.”—Steve Beck



A visit to Patriot Point offers every opportunity for outdoor recreation in a safe and relaxing environment. Entry to the property is secure, and only folks previously vetted by a partner organization or the foundation are allowed access. Twenty-two acres of the property are set aside for the planting of milo, a cover crop used to feed the 2,000 ducks raised for hunting each year. Sunflowers are planted over five to 10 acres, enjoyed all season long by the dozens of sika deer that live on the land. Canoeing, kayaking, paddleboarding, shooting archery, skeet shooting, fishing, and crabbing are just a few activities guests can enjoy when not quietly taking in the water-front view from the patio. Mattingly offers tours of the property and can help coordinate visits to area wellness

providers, such as Talisman Therapeutic Riding, an ADA accessible and adaptive stable in Grasonville.

Beck has long envisioned that Patriot Point could be accessible to the communities the Military Bowl touches the most, including those in Annapolis. Last August, 24 children from Annapolis were invited to the property for a day on the water and a barbecue. Patriot Point hosted every aspect of the event, including boating, crabbing, fishing, ATV riding, and the cookout. “These are kids from various areas of Annapolis who would not necessarily have had the opportunity to participate in all that Patriot Point provides if it wasn’t for the Military Bowl and Patriot Point,” says Kevin Simmons, Director of the City of Annapolis Office of Emergency Management. “[The kids] got to see a different place, different

atmosphere, and people who catered to them. It does a lot for the kids. It does a lot for their esteem, lets them see another side of life they don’t see very often, and participate in things they don’t [usually] get to participate in.” Beck and his team are excited about the potential for impacting young lives and look forward to more visits with local children. “Patriot Point has evolved into way more than we thought it would be originally. We’re doing an awful lot of good things down there,” he says.

Beck says there is no other bowl game in the country with a passion project like Patriot Point. Beck, along with his colleagues Josh Barr, Director of External Relations, and Mike Mattingly, Volunteer Coordinator, are not compensated for the work they do on behalf of the property. They spend hours there each week, greeting guests, working on

construction projects, and thinking hard about how to best reach the communities they serve. Every year is a tenuous adventure in covering fees, finding sponsors, developing engagement and fundraising plans, and partnering with service organizations, let alone entertaining 35,000—plus people at a college football game. Despite the complications and challenges, the Military Bowl Foundation perseveres, knowing that the tagline of their signature fundraising event, “Home of the Free Because of the Brave,” is truer now more than ever, and that the work they do directly impacts the health and wellness of individuals, families, and communities.

If you want to learn more about Patriot Point, become a volunteer, or join the Military Bowl Foundation as a sponsor, please visit patriotpoint.org or email Steve Beck at sbeck@militarybowl.org.



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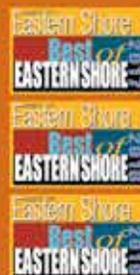
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Millwork *on* Mill Creek

Architectural and custom details transform a property from Georgian-style to Nantucket

By James Houck | Photography by Stephen Buchanan

Tucked away in the bucolic community of Providence—which has a renowned history as the Annapolis area’s first Puritan colony settled during mid-1600s—this home underwent a complete transformation after the new owner purchased the property in 2016. What was once a stately but simple Georgian-style footprint built in 1967, the property was renovated into a Nantucket shingle-style home—expanding the square footage and adding custom millwork throughout, among many other architectural details.

The homeowners collaborated with Purple Cherry Architects to develop an altogether unique blueprint within this unique lot, a portion of which is water oriented on Mill Creek, a tributary of Whitehall Bay and the near the mouth of the Severn River. Today, Providence is an evolving community of 77 single-family homes—where croquet sets once dominated backyards and front, there are now lacrosse goals and soccer balls.

We spoke with our homeowners—who wish to remain anonymous—about their property selection and collaborative experience throughout the project.





What is the backstory to this property/project (how did you come to own it and decide to renovate it)?

We had been looking for a waterfront property in a low traffic neighborhood with a friendly community feel near downtown Annapolis but on the north side of the Severn. We also wanted a Nantucket shingle-style home with a first-floor master suite, which wasn't available. It was a beautiful lot in a safe community.

How did you come to meet with Purple Cherry and how would you describe the collaboration and process of designing your home?

My husband's company had done a project with Cathy

and was impressed with her design detail and her team.

Cathy listened carefully to our wish list and creatively re-oriented the house toward the water with the new addition. It is a seamless transition from the original footprint of the home into the addition which includes my special office space.

What architectural features and home amenities were must-haves on your list?

Detailed millwork throughout the first floor; barrel entry on the front of the house; wide hallway leading to the great room; interior window; abundant light;



hardwood floors throughout the house; open space great room, kitchen, and screened porch with views of the water; first-floor master suite with a water view; screened in porch with a fireplace; a second spacious first-floor office off of the kitchen for easy access and yet a way to close the door as needed; a mudroom with bench seating and good storage; three-car garage; and lots of storage space throughout the house.

The color palette is neutrals w/ touches of color; how/why did you decide on this color plan?

We wanted the interior of this home to be relaxed and inviting, grounded by detailed neutrals accented with a variety of fabrics to add texture and patterns in soft shades of sea blue and cream. The first fabric we selected was used in the window treatments in the great room. It set the tone with its subtle print which makes one's eye move directly

out to the lawn and the creek beyond. It is soothing to the eyes. I wanted everything light and airy from the water.

How/where did you source much of the décor, furniture, and fixtures?

Anne Hahn of Willow Hill Studios was my interior designer who was very helpful in finding the fabrics in the color palette I wanted from the Washington Design Center. Because we wanted stuffed furniture in the great room, we selected that which was similar to what we loved from our previous home. Anne is a talented professional who was great about guiding me through every selection process beyond what was done during the architectural design process with Cathy. Margaret Blount of Sew Beautiful handled the window treatments and cushions for the window seats on the front side of the house. The lighting fixtures came from too many sources to name!



What are your favorite features of the property/project?

The detailed kitchen design and millwork, however I love the millwork throughout. The detail of the screened porch, where we spend every moment we can year round. Both the exterior and interior barrel entry and the open foyer. The beautiful oval window with the cross which looks over the creek.

We absolutely love our house! It's everything we wanted, and Purple Cherry Architects and Bay Builders did a fabulous job making it happen. Working with an existing footprint and the challenges of the old property made it challenging, but the experienced professionals made it all possible.



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HOME DESIGN

Holiday Décor Trends

Four standout themes
elicit the emotions and
sentimentality of the season

By Diana Love

The onset of cold, early evenings and more time indoors is surely a good time to make your home beautiful. So, unless you're the Grinch, now is time to make a celebratory decorating plan; one that will carry you through rain and snow to warmth and good cheer.

It would seem, given the plethora of magazines, blogs, and Pinterest pages dedicated to holiday décor, that not much changes from year to year when it comes to hanging baubles and putting up a tree. Never has this been less the case than in 2019, when consumers have access to every décor element, from natural to manufactured, and from handmade to factory-fashioned, at every price point.

There are four striking décor style themes trending for holiday 2019. Germany's elite holiday market, Christmasworld, identifies the themes as: Tender Festivities, Essential Ceremonies, Sweet Traditions, and Luminous Celebration. These trends seek to bring out the emotion and sentimentality of the season. The artists who specialize in creating items for the home seek to reflect a movement that brings people together through our commonalities and family traditions. More important than a well-styled home are items both large and small, that bring a shared sense of happiness, joy, love, and security. Décor elements are made to promote sociability, solidarity, and belonging in ways that are both aesthetically pleasing and practical. Nothing is standoff-ish, and all brings the sense of a rich, deep, and encompassing holiday spirit.

TENDER FESTIVITIES



The moon, moonlight, clouds, grey and gold glitter, or glass and stars are inspiration for Tender Festivities. The décor is clean, yet soft and romantic, the color palette ranges from deep navy to pastels and to soft silver and golds. Accessories can accommodate a range of color matches within this theme, as well as a myriad of textures.

ESSENTIAL CEREMONIES



Essential Ceremonies relies on a natural aesthetic to make a statement about our most basic spiritual origins: the earth, water, trees, and plants. Rosemary, magnolia, cedar, pine, twine, and a variety of seeds help cinch this look.

Handmade and handcrafted items stand out in this décor, with earthy palettes of warm tones that range into bright reds, soft oranges and browns, and a variety of shades of green. This unpretentious approach utilizes techniques that should make the décor last as table arrangements and accessory design from Thanksgiving to well beyond the holidays.





SWEET TRADITIONS



◀ Sweet Traditions reflect our inner child with wit, charm, and whimsy. A brightly-colored mix of turquoise, deep blue, crimson red, camouflage green, and even fuchsia pink used in Nordic or Scottish patterns are at once preppy, happy, and eye catching. Themes of reindeer, bears, gingerbread folks, simple mid-century ornaments, snowflakes, and the North Star reflect themes of ancient folklore brought to life in a modern way.

◀ Luminous Celebration marries dark and somber, yet intensely rich, Victorian colors with turn-of-the-century glitz and glamour. Sparkle and iridescence highlight luxurious fabrics, modern textures, and futuristic renderings of traditional motifs. Vibrant colors offset rich and elegant tones of champagne, blush, eggplant, red, and deep blue, often applied in sophisticated velvet and silk.

LUMINOUS CELEBRATION

Other style trends reflect an effort we can see in our everyday lives to put away differences and division in order to embrace the ceremonies that bring us together. Trade those starkly contrasting shades of bright red and green for blue, which defiantly made its way to the top of the color trends for holiday 2019.

While last year highlighted endless shades of purple, turquoise, pink, and blush, this year, blue rules the roost. As you make your décor plans, think about deep midnight and starry blues, shades of concentrated aquamarine and stylish cerulean. Even soft pastel hues (although not baby blues) rendered in glass and crystal can be used as both main and accent colors.

In terms of patterns, while polka dots and plaids are both acceptable and traditional, style trends are showcasing dots and lines. Herringbone is the most popular example of graphic patterning. Table runners, greeting cards, large table



centerpiece, pillows, tree skirts, and blankets with bold ikat, chevron, or lightly embroidered dots are excellent ways to bring affordable elements into a fashionable holiday home.

Lighting is always an important facet for really showing off the sheen and angles of holiday décor elements. For the most impact, use warm golden light and

forego cold white light that is on the decline. Lighting comes in all forms, but candles, especially high-quality flameless types with that characteristic fire-like glow, are especially popular. Fireplace surrounds are a wonderful way to experiment with holiday lighting: They are inexpensive enough to interchange annually, can hold up to swags, and garland and can be used to

accentuate the natural coziness and sophistication of candle flame or firelight.

Outside, Rudolph and pals make way for stands of real or faux coniferous trees, natural or rustic wreaths and door swags, and entry plantings that reflect the seedpods and needles found on the forest floor.

All images courtesy Messe Frankfurt Exhibition GmbH.



GARDEN DESIGN

The Mystery and Magic of Flower Bulbs

By Janice F. Booth

**DAFFODILS/THAT COME BEFORE THE SWALLOW
DARES/AND TAKE THE WINDS OF MARCH WITH BEAUTY.**

—WM. SHAKESPEARE'S THE WINTER'S TALE

It's that time of year when our lawns and gardens are being tucked in like sleepy children. That blanket of leaves and soon snow will keep our shrubs and perennials safe 'til spring returns. It's also an excellent time to prepare for springtime by planting bulbs in our now-tidy flower beds, setting the stage for crocuses, tulips, and daffodils to trumpet the return of warmth and sunshine.

BASIC FACTS ABOUT BULBS

Before we entertain some ideas of how flowering bulbs can expand color and variety in our gardens, let's review the basics. Not all flowers we call "bulbs" are; they may be one of four types of flower-producers. →

No matter the type—true bulbs, corms, rhizomes, or tubers—bulbs must rest, experience a dormancy period in order to produce new plants and flowers. Given proper care and avoiding freezes or drownings, most bulbs will produce for two to three years or seasons. Staggering the planting of bulbs in each flower bed will insure uninterrupted displays of your favorite flower bulbs over the years.

A few cautions: Certain true bulbs and corms may be annual, biennial, or perennial; don't toss out a "Sleeping Beauty." Bulbs may prefer to bloom in spring, summer, or fall. When they're planted may determine whether they can provide their best display. (We'll talk a bit about forcing bulbs to bloom out of season—paperwhites in January, for example.)

True bulbs: the flower's bud is incased in the dense material that will feed the bud and produce stem, leaves, and flowers. Except for lilies, bulbs have a papery skin that protects the bulb from cold and retains its essential moisture.

Corms: the flower's bud is atop the bulb that feeds it. As the stem and leaves grow above ground, the flower's roots will devour all the material stored up in the corm and then form a new bulb as the flower fades, and the leaves and stem turn brown and dry up. Note of caution: Do not cut off the green leaves and stem after the flower dies. Let the green parts die back naturally. They are forming a new corm beneath the surface.

Rhizomes: the roots spread horizontally beneath the soil and stems shoot up randomly along the root system. Rhizomes are susceptible to cold; if the rhizomes freeze, the plant dies. Since the roots contain the material for new stems, leaves, and flowers, the roots can be cut without harming the plant. Each section will produce its own plant vertically. In our region, rhizomes (lilies, bearded irises, clematis, bamboo) must be planted in protected areas or dug up and stored over the winter.

Tubers: plump, underground stems (caladium, cyclamen, anemone) or roots (dahlia, peony, begonia) produce buds or "eyes" that send out stems. Eventually, as the flower dies back, the underground root or stem will retain the material necessary to produce new flowers in the coming season.

PLANTING BULBS: BASICS & CRITTER PROTECTION

Whether you're getting down on your knees and planting your own bulbs or having your gardener or your teenagers do the work, here are the basics.

1. Check that the bulbs are healthy—no soft spots or rot, no mold or clods of soil.
2. If you're organizing your bulbs by type and seasonal display, sort the bulbs that will go in particular beds, and set aside the bulbs you're saving for summer and fall blooms. For example, Dahlias are tubers. If you plant them in the spring, you'll get summer blooms; if you plant them in the summer, they'll fill your fall garden with colorful flowers. (More on this later.)
3. Be sure the flowerbeds are damp but not soggy. (Water the soil if it feels dry.)
4. Dig the trench or holes for the bulbs based on the size of the bulb. Make the trench or hole 3-times as deep as the bulb is high. Plant each bulb 3 bulb-widths apart, measuring from the center of the bulb.

5. Critter protection: Squirrels, chipmunks, moles, and voles will be keeping a close eye on your spring gardening, particularly the planting of their favorite delicacy—flowering bulbs! Squirrels and chipmunks actually watch and remember where you plant bulbs, and they'll return to those holes and trenches. Voles and moles smell the inviting aroma of those plump bulbs and head right for them. So, here are the recommendations I've found for outwitting those greedy foragers! (Good luck.)

■ There's a unanimous endorsement of "cages" to protect the bulbs. Use chicken wire or electrical cloth (see your hardware store) to devise cages or bags to protect bulbs. This seems to be foolproof, but lots of work. The cages must be put in each hole and the bulb inserted, then the entire thing buried. Or, the cloth of wire mesh can be laid in the trench, the bulbs set on top, then another layer of cloth (with holes cut to allow the bulbs to grow through) the mesh. All of which is then covered in soil.

■ If that seems a bit excessive, try planting bulbs among established plants, such as ivy and other ground cover. The squirrels will have a tougher time finding all of your bulbs.

■ Save the pressed paper or green plastic berry baskets from the market; you'll need two baskets per bulb, one beneath and one atop the bulb. Set the bulb inside the basket and then cover with soil.

■ Gophers and moles go by scent, so try spraying castor oil spray when you plant the bulbs. Or, if you're not ready to smell that yourself, sprinkle red pepper or cayenne pepper in and around the bulbs' locations. Chicken manure and blood meal fertilizers smell nasty to squirrels as well as humans. So, if you can tolerate a week of stinky beds, you might be able to fend off the bulb eaters that way.

■ And while we're on the topic of olfactory deterrents, human urine and hair can keep pesky rodents away from your bulbs. (I'll say no more on that one.)

■ Here's a solution that's a personal favorite. Buy a bag of grit (coarse sand) or gravel. Mix this sharp substance with the soil in which you plant the bulbs—both around and on top. Squirrels, chipmunks, and moles dislike digging through sharp stone; it hurts their paws. Ah-ha! Gotcha!

■ And, if all else fails, squirrels and these other bulb-eaters slow their feeding by late October. So, now—early November—is a good time to plant bulbs for spring.

6. Be sure to place the bulb with the root end down, pointed end up. If you're not sure, lay the bulb on its side; it will find its way into the sunlight.

7. Before covering the bulbs, sprinkle with high-phosphorous fertilizer (5-10-5).

8. Cover the bulbs with soil, patting down the soil to remove any air pockets. Then soak the bed thoroughly.

9. Mark the areas or sketch a little map so you'll know where the bulbs are planted, if you need to remove them later for winter storage.



PLANTING BULBS FOR SEASONAL DISPLAY

Let's leave the flower beds as battlefields behind now and return to the pleasant drifts of daffodils and nodding tulips, fragrant hyacinths and delicate snowdrops.

Like me, you may not have realized that bulbs can provide our gardens with blooms for three of the four seasons. Though we usually think of bulbs producing spring flowers, they can produce summer and autumn flowers. As one might guess, the trick is *timing*.

Since bulbs require dormant periods, *when* they awake decides when they will bloom. There's a handy chart you may want to refer to online from Longfield Gardens (longfield-gardens.com). If you want your bulbs to bloom in summer and fall, be sure to check the chart to see which flower bulbs can do that, and plant them six to eight weeks before you want them to display.

We're pretty familiar with the spring bloomers, but let me mention a few summer and autumn beauties. (This is not an exhaustive list.)

SUMMER BLOOMERS: DUTCH IRIS, GRAPE HYACINTH, GLADIOLUS, LILY

FALL BLOOMERS: DAHLIA, CYCLAMEN, AUTUMN CROCUS, HYBRID TUBEROUS BEGONIA

CAUTION: You may decide to dig up some of these beauties, like the dahlias and autumn croci, and store them over the winter, keeping them safe for next season's blooming.



1. Dig up the bulbs after the flowers, leaves, and stem have died back.
2. Remove all the dead matter, including roots, from the bulbs so they're clean. Throw away any bulbs that appear diseased or damaged.
3. Dry the bulbs for a day or two in a cool, dry, shady place.
4. Tear the newspaper into strips; wrap the bulbs in paper.
5. Place wrapped bulbs in the egg cartons or in mesh bags lined with moss. Cardboard boxes can be used, but be sure they are clean and dry.
6. Store in a dark, dry, cool location where the temperature never falls below 32 F. Small quantities of bulbs can go in a refrigerator's vegetable crisper, if you can spare the room. Be sure the dormant bulbs are not exposed to light.
7. Plant your bulbs according to your bloom plan.

STORING BULBS

If you want to be sure your rare tulip bulb or dahlia tubers survive the winter to bloom afresh next year, you will have to dig them up and store them. A winter that is too warm or too cold can kill any bulb type. If you can find that little sketch or map you prepared last spring and summer, you can look up where you planted those special bulbs.

Collect mesh onion bags or pressed-paper egg cartons to use as storage containers. You'll also need some peat moss and newspaper. Here are the simple steps: ➔

FORCING BULBS

Speaking of blooming, you may want to set aside a hyacinth, amaryllis, or paperwhite narcissus bulb for winter blooming. "Forcing" bulbs is a charming way to help us recall spring during the long winter. In fact, if you plan ahead, you can prepare charming and personal blooming gifts for the Holidays or simply to delight friends. Here are the steps:





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1. Soak the roots of the bulb in luke-warm water for 30-60 minutes.
2. In an appropriate container, cover the lower third of the bulb with soil, glass beads, or pretty pebbles. (2/3 of the bulb should be exposed.)
3. Add water to dampen the soil or barely cover the beads or pebbles. (Be sure to keep that level of moisture.)
4. Place the bulb(s) on a sunny, warm windowsill, and enjoy the harbinger of spring.

There you have it. The mysteries of flowering bulbs resolved, or are they?

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Primary Structure Built: 1794
Close Price: \$875,000
Original List Price: \$875,000
Last Sold/Price: \$630,000 (2011)
Bedrooms: 4
Baths: 3 full, 1 half
Living Space: 2,942 sq. ft.
Lot Size: .25 acres

HOME REAL ESTATE

St. Michaels

Talbot County

By Lisa A. Lewis

Upgrades completed in 2008 and a major renovation in 2013 transformed this 225-year-old structure into an absolute gem that exudes classic elegance in every single detail. But the architectural design of this two-level Cape Cod style home only accentuates its charm and character. The home is a noteworthy landmark that boasts a unique story—securing its place in the history of St. Michaels.

The Maryland State Archives, references in the 1783 and 1798 tax assessments, as well as information in town deeds, indicate that the home, known as the Amelia Welby House, may hold the distinction of being the oldest house to remain standing in St. Michaels. (However, extensive renovation has eliminated any definitive signs of 18th century construction.)

Information provided by St. Michaels Tourism states that the home was most likely built for Philip Wetheral during the last quarter of the 18th century. Amelia Coppuck Welby, referred to by some people as the first Poet Laureate of Maryland, is thought to have been born in the house while her parents rented it in 1819. The property, which was listed on February 7th, 2019, went under contract after only 22 days on the market and closed on May 1st, 2019.



Boasting a charming exterior design with mahogany wood siding, the home showcases beautifully designed living spaces adorned with exquisite architectural detailing. The main level features a stylish living room with

crowns and chair rail molding, hardwood floors, and a cozy gas fireplace. The lovely sunroom includes large windows, tile flooring, and built-ins. Both of these spaces offer ideal settings for relaxing with family and friends.



The kitchen is appointed with ample cabinetry, sleek granite countertops, high-end appliances, an island, a gas fireplace, and hardwood floors. Adorned with crown and chair rail molding, an elegant chandelier, hardwood floors, and a gas fireplace, the dining room exudes a delightful ambiance. The main level also includes a bedroom, a full bath, and a powder room.

Located on the upper level, the master bedroom features elegant moldings, a ceiling fan, and hardwood floors. Two additional bedrooms and two full baths—either of which could serve as the master bath—offer convenience. Plus, lovely English gardens beautify the property, and views of the Miles River provide a sense of serenity.

“This transaction was such a rewarding experience for me,” says Melissa Tippett of Meredith Fine Properties, the buyer’s agent for the property. “My client truly appreciated and embraced the history of the property. I was able to share my favorite things about St. Michaels with him, and he hopes to create a lot of memories in the home.”

Listing Agent: Kurt Petzold, Chesapeake Bay Properties, 410-310-1050 (direct), 410-820-8008 (office), kpetzold@goeaston.net, chesapeakebayproperty.com.

Buyer’s Agent: Melissa Tippett, Meredith Fine Properties, 410-822-6272 (office), 410-241-7409 (cell), melissa.tippett@outlook.com, homeasap.com/melissatippett.



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Royal Oak

Easton, Talbot County

By Lisa A. Lewis

Situated in a picturesque setting and boasting 400 feet of water frontage on Oak Creek and serene water views, this two-level colonial home combines the charm and character of a historic structure with the modern amenities that waterfront homeowners desire. The property was listed on April 18th, 2019 and closed on June 24th, 2019.

As guests enter the home, they are greeted by a beautiful foyer that leads to the main-level living spaces, which are adorned with hardwood floors. The open floor plan seamlessly blends the living, kitchen, and dining areas into one common space—creating an easy flow. Stately white columns accentuate this space—adding a touch of elegance.

A stylish and comfortable retreat, the living room features a vaulted ceiling, a ceiling fan, a cozy fireplace, and recessed lighting. The kitchen is beautifully appointed with white cabinetry, granite countertops, stainless steel appliances, and recessed lighting. With walls of windows that boast tranquil water views, a wood-paneled ceiling, and glass doors that lead to the delightful wrap-around porch, the dining room offers a lovely setting to share a meal with family and friends.

Relaxation awaits in the elegant master bedroom with large windows that showcase the water views, a beamed ceiling, crown molding,

recessed lighting, and access to the wraparound porch. The master bath, which also offers water views, features a vanity, a jetted soaking tub, and tile flooring. In addition, the home includes a bedroom and a full bath on the main level as well as two bedrooms and a full bath on the upper level.

Homeowners can easily accommodate visitors in comfort and style in the charming two-level guest house, which features a kitchen, a living/dining room combination,



Primary Structure Built: 1920
Close Price: \$1,360,000
Original List Price: \$1,395,000
Last Sold/Price: \$1,300,000 (2013)
Bedrooms: 4 (main house),
 2 (guest house)
Baths: 3 full, 1 half (main house),
 2 full (guest house)
Living Space: 4,904 sq. ft.
Lot Size: 2.95 acres





two bedrooms, two full baths, a sauna, a fitness studio, and a two-car garage. The pool house is equally delightful and includes a kitchen and a full bath with a Jacuzzi tub. Ideal for relaxing on hot, sunny days, the sitting area by the waterside pool is partially covered and offers shade. Plus, the property also includes a pier and a boat lift.

“This property is situated on a beautiful point of land with a rip rap shoreline and majestic oak trees,” says Cornelia C. Heckenbach of Long & Foster Christie’s, the listing agent for the property. “It appealed to the buyer because it’s com-

pact but still offers everything homeowners are looking for in an Eastern Shore getaway. He plans to enjoy it as much as possible and is also going to use it as a vacation rental on a weekly basis.”

Listing Agent: Cornelia C. Heckenbach, Long & Foster Christie’s, 410-310-1229, info@CorneliaHeckenbach.com, StMichaelsMDWaterfront.com.

Selling Agent: Kelly Sim Joyce, Coldwell Banker Residential Brokerage, 410-570-7115 (cell), 410-263-8686 (office), kellysimjoyce@gmail.com, kellysimjoyce.com.



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Health Report

By Lisa J. Gotto



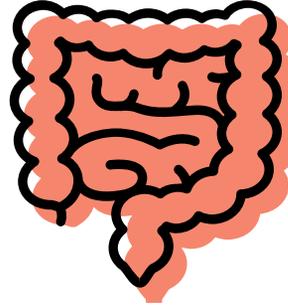
DIAGNOSING CELIAC DISEASE MAY BE GETTING EASIER

If you are someone who suffers from celiac disease, you know that the road to an official diagnosis can be lengthy and painful. Scientists are now hopeful they will soon be able to offer a quicker diagnosis with one simple blood test.

If you are having issues symptomatic with celiac disease, which include bloating, vomiting, diarrhea, steatorrhea (fatty stools), weight loss, and anemia, the current diagnosis process requires several blood tests to start and consumption of various quantities of the foods thought to cause celiac disease to determine your level of discomfort during digestion. Foods containing gluten, such as pasta and bread, are the biggest offenders. This is due to a protein that is found in the wheat, rye, or barley used to make them. The problem with current blood tests is they are far from definitive. Even if you test negative, there's still a small chance you could have the disease.

According to *Medical News Today*, scientists have identified biomarkers that could form the basis of a much more reliable blood test for celiac disease. By testing individuals who have already been diagnosed with celiac disease, they were able to determine a rise in certain inflammatory molecules in the bloodstream of individuals with the disease.

Having this blood test for diagnosis could be a game-changer because it will be able to provide results in a matter of hours instead of days or weeks. The advanced blood test will only require limited gluten exposure for those being tested, making the testing procedure much more tolerable for potential celiac sufferers. The test will also be helpful in ruling out celiac disease for others more easily, so they can be guided to more suitable methods of treatment sooner.



THE DISCOVERY OF A NEW GUT-BRAIN CONNECTION

Researchers at Baylor College of Medicine have spent years trying to understand the well-known satiety hormone leptin and its connection in causing obesity in some people. What they discovered is a hormone produced in the gut of both mice and humans, which they refer to as GIP (gastric inhibitory polypeptide), that is responsible for managing the body's energy balance.

According to the study in which mice are fed a high-fat diet, it is the GIP that travels through the blood to the brain and hinders this vital satiety hormone. As a result, the mice in the trials continued to eat and gain weight.

Once the researchers were able to block the interaction of GIP, the leptin in the brain was restored and was able to do its job of inhibiting the appetite resulting in weight loss.

Another benefit of the study is it confirmed the connection between those who consume solely high-fat foods in the diet as opposed to those who eat a more balanced diet that includes leaner foods, whole foods, and little to no junk or processed foods. Mice fed a healthier diet did not experience issues with processing leptin, so their GIP did its job of managing energy balance.

While researchers feel further studies are needed, they are hopeful that these results may one day be translated into effective weight loss strategies via restoration of the brain's ability to efficiently respond to leptin by controlling the anti-leptin effects of GIP.



THAT'S GOOD TO HEAR! There is good news coming out of the Johns Hopkins University School of Medicine regarding hearing loss. Scientists studying the malady have been attempting to locate molecular signals that trigger the formations of hair cells that sense and transmit sound. This discovery is apparently in their grasp. Using genetic tools on mice, researchers at Johns Hopkins Medicine say they have identified a pair of proteins that precisely control when sound-detecting cells, known as hair cells, are born in the mammalian inner ear. These proteins may hold the key to future therapies to restore hearing in people with irreversible deafness. "These hair cells are a major player in hearing loss, and knowing more about how they develop will help us figure out ways to replace hair cells that are damaged," says Angelika Doetzlhofer, PhD, an associate professor of neuroscience at Johns Hopkins University School of Medicine. Problems with these hair cells, directly and indirectly, are reportedly responsible for 90 percent of genetic hearing loss cases. In these cases, the precision and timing required in the development process has been thrown off, causing haphazardly developed cells. In cases of deafness attributed to exposure to loud noises or certain viral infections, the hair cells become damaged over time. In either case, researchers are encouraged that their recent findings will help them find ways to work with the proteins to develop a treatment process for hearing improvement and restoration.

The Seven Sins of Bad Skin

YOUR NEED-TO-KNOW NO-NOS

By Lisa J. Gotto



It's rough enough that winter is swiftly approaching; that's when skin really takes it on the chin. But correcting bad behavior now will help you reap skin benefits no matter the season. Are you guilty of any of these seven skin wreckers?

You don't feed your body enough healthy foods. If your lifestyle includes an excess of junk food, alcohol, or fats, your skin is in for trouble. Your skin is your body's biggest organ. When you neglect feeding it a proper diet, you risk damage on a deeper, cellular level.

As a rule, incorporate a variety of fresh foods into your diet. Fruits like tomatoes and mangos have been clinically shown to benefit the skin. Tomatoes contain lycopene, which offers protection from damaging UV rays. Mangos provide antioxidants—protectors of your skin's collagen. Kale is an excellent source of lutein and zeaxanthin, other UV defenders. Actually, a salad a day containing these basic ingredients and a dressing with an olive oil base can improve the look of your skin from the inside out. Olive oil lowers your risk of severe facial photoaging.

And when you consider your beverages, swap out some of the alcohol you drink, which increases your risk of developing basal cell carcinoma and cutaneous squamous cell carcinoma, with white or green tea. Green tea is known for its polyphenols which revive dying skin cells and have been shown to fight inflammation. Inflammation occurs when there is an overproduction of skin cells and this condition manifests itself in the form of dry, flaky skin. White tea has been found to have anti-aging and anti-cancer properties. Studies have shown



Remember:
Your body is a vessel...think before you drink!

this tea may help protect the skin from immune cell damage and oxidative stress.

You smoke. Smoking ages the skin by narrowing the blood vessels found in its outer layer. This, in turn, reduces blood flow and depletes the skin of the nutrients and oxygen it requires to maintain peak health. Not to mention, all that puckering and squinting from puffing causes a significant increase in crow's feet and wrinkles around the mouth.

You often find yourself stressed out. This may be the toughest item to work around on our list. Stressed skin can lead to itchy and scaly skin, flaky, oily, or waxy patches on your scalp, and even hair loss.



Find some time each day to meditate—even if you start with 10 minutes and build from there.

Stress also can lead to severe acne. However, stress can be managed. Yoga, tai chi, and exercise are effective stress-reducing methods.

You don't moisturize regularly. Is this really a biggie? Well, yes! When the skin gets dry, it can increase your chance of developing skin issues like blemishes, early on-set wrinkles, and even skin cancer—dry skin is very vulnerable. During the winter months especially, swap hot showers for warm and keep it to 10 minutes max. Apply moisturizer immediately after showering.

You forget to wear sunscreen. So, this is what you're looking at every time you forget to put on sunscreen for your day at the beach: wrinkles, blotchiness, broken capillaries, and cell trauma that could

lead to skin cancer. Enough said? Put it on! Use a minimum of SPF 30 and reapply liberally throughout the day as you sweat and swim.

You often burn the midnight oil.

Not getting enough sleep does not give your skin the time it needs to repair the day's damage from free radicals, environmental stressors, and sun exposure. The amount of collagen you produce is also



When you sleep deeply, your body regenerates skin, muscles, and blood and brain cells.

directly related to adequate sleep, and collagen plays a large role in strengthening skin. So, don't skimp on sleep! Seven hours is optimal.

You go to bed with makeup on. Say it isn't so! This is bad in SO many ways, but primarily because it can trap dirt and the day's environmental pollutants underneath your skin. It also inhibits healthy cell regeneration. Take five minutes to remove mascara, liner, and eyeshadow with a non-oil-based makeup remover, and then gently wash off the rest with your go-to cleanser. Then hit the sheets and get that beauty sleep!

Cell Wrinkles and Your Health

By Lisa J. Gotto

While we tend to obsess over every wrinkle we find on our skin, researchers are providing valid reasons for us to be more concerned with wrinkles we cannot see. Why can't we see these wrinkles? Because they are deep within our cells' nuclei, which also happens to be where our DNA is stored. University of Virginia School of Medicine researchers have found that the genesis of some unwanted effects of aging, for example, fatty liver disease, may be the result of these areas within our cells getting wrinkly—and a wrinkly cell is an inefficient cell, which prevents our genes from functioning properly. In the case of fatty liver disease, the inefficient cell causes compromised gene performance. Researchers have found that certain genes need to be turned on in the liver and off in the brain, and vice versa. When the genes are not properly turned off, an accumulation of fat can occur in the liver.

Now that researchers have discovered the problem, they say the solution may lie in the ability to smooth out these wrinkles. Fortunately, researchers have already been working on modifying viruses for beneficial health purposes. Using a virus as a delivery method to the liver was particularly interesting for scientists because of the organ's role in detoxifying the body.

Initial attempts to deliver a protein called lamin to the effected cells in the liver have been encouraging. Lamin has the ability to smooth wrinkly nuclear membranes, which are responsible for many unwanted effects of aging. Researchers think that, with the liver's ability to detoxify the body, treating other age-related illnesses and conditions could be possible.

"You're going to have normal cells—normal, healthy cells—and they will appropriately express the genes that should be expressed and you're going to eradicate the stuff that shouldn't be there," says Irina M. Bochkis, PhD, of UVA's Department of Pharmacology. "Every time I give this talk to colleagues, they say, 'Well, do you think this is a universal mechanism?' In my opinion, I think it is." Scientists are hopeful that further research will someday help them treat a host of metabolic diseases.



The Coolest Thing in Beauty

By Lisa J. Gotto

Nothing feels better in the morning than an invigorating face wash. Now, imagine that the product you use to wash your skin was chilled before you applied it to your face. Sounds refreshing, right?

Well, now you can have that feeling every morning. The FaceTory Fridge chills not only your facewash, but other products you use on your skin every day. The fridge is perfect for products like undereye gel patches, which are recommended to stay chilled for optimal effect.

Your most cherished beauty products won't be competing for space or getting lost in your standard kitchen fridge. And, you'll no longer need to go back and forth from the kitchen to the bathroom, which can cost you valuable time in the morning.

Weighing in at about eight pounds, the fridge stands about 13 inches tall and offers three adjustable shelves; one, like most fridges, is located on the inside of the door, so you can make plenty of room for your taller bottles and still have room on the top shelf for small, low-profile containers. And, those convenient facial sheet masks, which are taking over the cosmetic market right now, tuck nicely inside the door shelf. Facial toners, undereye creams, serums, and moisturizers are all good fits in this ultra-mini fridge.

The unit, which plugs into any standard electrical outlet, also offers a convenient handle at the top so your fridge can be as mobile as you are. *To learn more about the FaceTory Fridge, visit Facetory.com. \$89*

Fresh Take

PERSIMMONS

By Lisa J. Gotto

Persimmons are one of the oldest fruits on the planet. Cultivated in Asia and dating back 2,000 years in China, they are rich in dietary fiber and other nutrients such as manganese, beta-carotene, vitamin C, and iron. Persimmons are also phytonutrient-rich with catechin, gallic acid, and betulinic acid. Combined, these nutrients provide antiretroviral, antimalarial, and anti-inflammatory properties. Persimmons offer an exotic tropical flavor. Two types of persimmons are grown in the U.S., specifically Oregon: the Fuyu and Hachiya varieties. The Fuyu is classified as a non-astringent variety and Hachiya as an astringent variety. If you are new to persimmons, both of these varieties are high in soluble tannins, which can make for a bitter taste and chalky mouth feel, particularly if eaten before they are fully ripened. The high glucose content of a fully-ripened and softened persimmon provides a sweet and delicate flavor.

FACT

A persimmon is classified as a berry.



In season October through December, persimmons can be eaten raw, dried, or dehydrated. The non-astringent variety can be eaten out-of-hand or cut into smaller pieces or sliced like an apple. The astringent variety must be extremely soft before eaten, and can be sliced in-half and eaten with a spoon. This is the variety that can be pureed and used to make desserts. This recipe for Persimmon Bread Pudding is particularly appropriate for the approaching fall months!

TIP

The ripening process for persimmons can take several days to a few weeks when sitting at room temperature (about 68°F). To speed up this process, you can also place them in a paper bag together with other pieces of ripening fruit that give off large quantities of ethylene gas, such as apples, pears, and bananas.

Persimmon Bread Pudding

- 3 cups persimmon purée
- 6 eggs, slightly beaten
- 1 quarter of an orange, zested
- 4 ounces full-fat coconut milk
- 1/4 cup maple sugar
- 1/4 cup coconut oil, melted then cooled; plus, a bit more for greasing pan
- 1/2 cup coconut flour
- 1/2 cup baking soda
- 1/2 teaspoon pumpkin pie spice
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon salt
- Handful of raisins (optional)

Preheat oven to 375°F. Grease an 8x8 pan with coconut oil. Place seeded and halved ripened or over-ripened persimmons with stems removed into a blender or food processor. Run with skins on until smoothly pureed. Add the eggs and run until well blended. Empty mixture into a large mixing bowl. Add remaining ingredients. Use a stick blender, hand mixer, or whisk to mix until you have a smooth batter. Pour batter into greased pan and bake for 35 minutes or until toothpick comes out clean when inserted into the center. Let cool completely and, if desired, top with whipped cream before serving.



Be Your Own Fitness Boss

THE BENEFITS OF BUILDING A PERSONALIZED PHYSICAL ACTIVITY PLAN

By Lisa J. Gotto

As we wind down another year, you may be considering how well your “new year, new you” plan worked out. Were you able to lose the weight you hoped to lose? Do you look and feel healthier? Did the fitness tracker you got as a gift last Christmas pop off your wrist and explode from overuse?

Okay, so maybe you aren’t your personal trainer’s model client, but the fact that you set a goal to be healthier was an important first step. Let’s build on that. Perhaps a new approach to physical activity in 2020 will help you get the results you wanted. And we’re not talking about any radical muscle-building or combat-inspired workout you see on social media. What about really taking charge of your life and health, and building your own physical activity plan? Experts say that taking ownership enhances one’s chance for success because of the personal investment made—and there’s nothing more personal than building your own plan. Think of it as being your own fitness boss!



BUILDING YOUR OWN PLAN OFFERS SOME IMMEDIATE BENEFITS

It’s easier to manage because you designed the plan, so you can tweak it at any time.

You’re in control of how often you wish to mark your progress. So, you don’t have to do the mandatory “check-ins” when an app tells you that you should.

You can design to complement, not complicate, your lifestyle.

GETTING STARTED

Before you get moving, get thinking! The success of any plan is determined by your willingness to do it and examining exactly what it is you wish to accomplish. Here’s how to set yourself up for success:

Examine your lifestyle so you can set aside time each day. Ideally, an hour would be great, but if you can only spare 30 minutes, use that as a base to get started. This is key: Be sure to make this time as much of a priority as anything else you do that day.

Make sure you have the proper attire/equipment. Because you are designing the plan yourself, you may (and should!) include various activities. Make sure lack of equipment, such as hiking shoes or a swimsuit, doesn’t hold you back. Having what you need at the ready helps avoid excuses for skipping activity.

Write it down. The National Institute of Health offers a great online tool for individuals who wish to create their own physical activity plan (go4life.nia.nih.gov). The site offers many assessment tools to help you determine what it is that you actually want to achieve. Whether it’s losing weight, building strength, or reducing stress, this website allows you define realistic goals and then helps you track the progress you make. Remember: It’s flexible because you are customizing the plan with the help of trusted health and fitness resources.



Pack your plan with activities you love. Now we’re getting to the fun part. Variety is the spice of life;

change up your plan with a plethora of activities. In fact, you should not plan to do the same workout every day. If you’re able to set aside an hour, envision your hour looks like this one day a week: 20-minute morning stretch as a warm-up, 20-minute strength training, 20-minute walk. The next day, perhaps it’s a 10-minute stretch to loosen up, followed by 30-minutes of gardening, and then some slow-flow yoga as a cool down.

Another option—you could just choose a 60-minute online exercise video to get that cardio in; these traditionally include about 10 minutes of warm-up activities and 10 minutes of cool-down. The internet is full of options! Or, how about 30 minutes of cardio and a leisurely 30-minute bike ride? The possibilities are endless, and that hour will pass by quickly!

Keep in mind that adding new activities will help challenge you and keep you from getting bored. Pick up on a new trend—pickle ball, perhaps?

Easy, real-life hacks. When you consider the many things you do in a day that can be incorporated into your plan, getting in that hour a day can become even easier. Similar to meal planning with healthy food swaps, you can also substitute real-life activity as a means of making sure you get your hour in every day.

Take that dance class you have always wanted to, use part of your lunch break to walk, stroll through every aisle of the grocery store several times, or walk the entire mall while shopping—those all count! As the weather warms back up in the spring, you will find even more ways to get in a workout. Weekend family outings are great places to get in on a game of badminton, cornhole, or play some aqua volleyball in the pool.

Give yourself a day off. Most importantly, give yourself a break. You don’t have to do a complete cheat, but having a day’s worth of downtime is okay—and can even provide the time you need to plan your active week ahead.

DIEP Flap

AN INNOVATIVE PLASTIC SURGERY TECHNIQUE FOR BREAST RECONSTRUCTION

In January 2019, Alison Jordan, 58, was diagnosed with breast cancer. Soon after her diagnosis, Jordan received breast surgery at Anne Arundel Medical Center (AAMC).

“After my first lumpectomy with Dr. [Rubie Sue] Jackson, we went through another biopsy and found more cancer,” says Jordan. “Instead of doing another lumpectomy, the treatment team recommended a mastectomy because there were cancer cells found even in areas that were not calcified.”

Jordan didn’t want to risk having her cancer resurface. Although a difficult decision,

she agreed to the mastectomy but knew she would want breast reconstruction. She met with Devinder Singh, MD, chief of plastic surgery at AAMC and medical director of Anne Arundel Medical Group (AAMG) Plastic Surgery, who walked her through her options.

“One option was to get a silicone implant, but the thought of a foreign object in my body didn’t resonate with me,” says Jordan. “Another option was a procedure using my own tissue. That’s what I chose.” The procedure is known as deep inferior epigastric perforator (DIEP) flap.

DIEP flap is a breast reconstruction procedure that uses tissue from the lower abdomen to make a new breast mound. The delicate blood vessels are reconnected under microscope. Essentially, this makes a living breast implant from skin and fat from the lower abdomen—the same tissue a plastic surgeon would discard during a tummy tuck.

AAMC is the only hospital in Anne Arundel County that offers this procedure. DIEP flap combines breast reconstruction with a tummy tuck, making it a popular choice for breast cancer patients who get a mastectomy.

“Most patients choose an implant because it’s quick and easy,” says Dr. Singh. “But these can come with some potential problems, including possible infection and scarring around the implant. Although it is a more intense operating room experience and recovery takes longer, when patients choose their own tissue there is almost no downstream maintenance for them.”



It Takes a Village

The DIEP flap procedure is highly intricate, requiring the surgeons to reconnect vessels in order to make the tissue live using tools so small they can’t be seen with the naked eye. The effort is worth it and the results are pleasing.

Dr. Singh and his partner Tripp Holton, MD, who is also a plastic surgeon at AAMG Plastic Surgery, worked with the operating room nursing team to build a dedicated operating room and team specifically focused on microsurgical breast reconstruction. Dr. Singh and Dr. Holton know that even the most skilled microvascular surgeon can’t do this alone.

“We always have the same nurses and technicians for these cases,” says Dr. Singh about the team. “When we are in the operating room, we don’t have to ask for anything because they know our every move. Our team is like a NASCAR pit crew.”

In addition to their team-based approach, the doctors attribute their success to their use of the most innovative technologies. They use a 3D computerized tomography of the abdomen and pelvis—or CT scan of the belly—as a ‘roadmap’ that shows them what to expect as they dissect the flap (or belly skin that will create a new breast).

The team also uses Xact, an alternative energy source technology that’s less damaging to the muscle when making cuts to access tissue, as well as SPY fluorescence imaging to better visualize microvascular blood flow. “A really good breast reconstruction is also an aesthetic reconstruction,” says Dr. Singh. “That’s the new standard of breast reconstruction and that’s our standard. It has to look good to be good.”

Keeping Patient Experience at the Forefront

Performing approximately 50 DIEP flaps each year, the plastic surgery team has seen a nearly 100-percent success rate due not only to medical expertise, but to the program they planned from beginning to end. Even after the patient has left the operating room, the team continues to prioritize patient care and experience.

“We have an intelligent recipe that allows the patient to recover very rapidly with a high level of dignity and comfort,” says Dr. Holton. He says that instead of sending patients to the intensive care unit, patients go to a designated floor in the hospital with a dedicated team of oncology nurses.

“DIEP Flap: An innovative plastic surgery technique for breast reconstruction” is provided by Anne Arundel Medical Center.

Products We Love

THIS MONTH'S PICKS FROM THE BEAUTY BUZZ TEAM

By Caley Breese

Check out the latest and greatest hair, skin, makeup, and grooming products, reviewed by our Beauty Buzz team (and the occasional What's Up? staff member!)

For more reviews, visit us online at WHATSUPMAG.COM



1. "I put this on before I got into the shower and exfoliated while in the shower. It removed all the dead skin cells from my face, and it was incredibly refreshing! I loved the 'no mess' style packaging as a tube with the pump at the end. You won't waste any product, and, with the lid, it is easy to bring on the go!" —Beauty Buzz Member Lindsey Folis, 27, Annapolis



2. "This nail repair kit is absolutely amazing. It really does work!! I am very hard on my hands and normally have weak, thin, splitting nails, but after using this Natural Nail Repair Kit, my nails have never been healthier or looked better." —Beauty Buzz Member Cathy Belcher, 67, Edgewater



3. "BYRD Daily Face Wash gets a first-class ticket to my toiletry bag. If you're a fan of the classic coconut beach smell and looking for a new addition to your skin cleaning and toning regiment, the BYRD is the word! This face wash exceeds my expectations on the basis of its scent and cleaning abilities." —Beauty Buzz Member Brian Jacobs, 27, Baltimore



4. "This goes on super smooth and lasts for hours. Best thing about it is that, despite being a matte product, it is not at all drying. Works well for a bit of dramatic cheek color as well and blends easily. LOVE." —Beauty Buzz Member Jillian Amodio, 29, Annapolis



1
LUMINOUS 3-MINUTE PEEL BY REAL CHEMISTRY
\$48/1.7 fl. oz.
myrealchemistry.com
This acid-free face peel exfoliates and removes dead skin cells, leaving you with a rejuvenated, glowing complexion. Suitable for even the most sensitive skin, use this peel one to two times per week after cleansing. Spread a thin amount onto your face and neck, and massage in circular motions. Once the gel begins to solidify, rinse off with warm water.



2
NATURAL NAIL REPAIR KIT BY DERMELECT
\$34, dermelect.com Damaged, brittle nails don't stand a chance against this two-step repair kit, formulated with key ingredients like sunflower seed oil, keratin protein peptides, and vitamin E. The TRANSFIX base coat helps restore and strengthen nails damaged by acrylics, powders, and gels, while the EXPEDITE top coat prevents further breakage including chipping, splitting, and yellowing.



3
DAILY FACE WASH BY BYRD
\$9/5 fl. oz.
byrdhair.com
Treat your skin to a gentle, yet effective, face wash that rids skin of everyday impurities. This daily cleanser is formulated with skin-loving, botanical ingredients that will leave you feeling refreshed and revitalized. Algae moisturizes while chamomile helps alleviate inflammation and protects the skin from free radicals.



4
INTENSE MATTE LIP + CHEEK PENCIL BY NUDESTIX
\$26, nudestix.com The holiday season has arrived along with plenty of celebrations! Save time on perfecting your party look with this lip and cheek pencil, available in 13 different shades. This all-in-one tool can be used as lip liner, lipstick, and cheek blush, and offers a smooth, matte finish.



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Dining

84 TASTE | 86 GUIDE



Mussels with
White Wine and
Garlic at Snifter's
Craft Beer and
Wine Bistro

WHAT'S UP? READERS

RESTAURANT
REVIEW

Calling All Food Critics!

Send us your restaurant review and you'll be eligible for our monthly drawing for a **\$50** gift certificate to a local restaurant. Fill out the form to  the left or submit your review at whatsupmag.com/promotions.

Beer and Wine Bistro Bar Takes Flight

By Rita Calvert

Photography by Stephen Buchanan

Joe Petro had a dream: a vision of a craft beer and wine bistro with an eclectic vibe paired with the consequences of the best hops, grapes, and noshes! Tapas/lite fare/small plates/mezze... however you frame it, “tastes” are a hip hit, especially when supported by wine, beer, and mocktails. The new digs, Snifter’s Craft Beer and Wine Bistro, appears to be very progressive with a staff described as quirky, fun, extremely knowledgeable, and helpful.

The libations retail side of Petro’s two-part business—Hair O’ The Dog (referred to as “The Dog”)—led the way for the bistro dream with carefully chosen selections from small producers of wine, beer, and liquors. You can now order a bottle of brew, a mocktail or glass of vino, or even a selection of “flights” next door at Snifter’s, which has a choice of stools around the bar, a few tables, as well as comfy lounging spaces with padded chairs and sofas.

Snifter’s now opens at 2:30 p.m. most days, for a late lunch or very early happy hour. We spoke with Petro about the business.

In reference to Snifter’s, you mention, “a lot of years in the making.” What is the story behind that comment?

I have contemplated, for many years, opening a bistro that mirrored what we have done for fifteen years on the retail side at Hair O’ The Dog. In other words, small family producers, unique varietals, local products, et cetera. We have created a new space that is fun, educational, and experiential!

How long have you been in business? Give us an overview of the history.

I opened the business in August of 2004 with a location on the east side of town. In 2007, I opened a second location adjacent



SNIFTER'S CRAFT BEER AND WINE BISTRO
219 Marlboro Avenue, Ste. 52B Easton
410-820-4700 | facebook.com/snifterseaston

to my current store, where Snifter's is now located. In 2012, I consolidated both stores into my current wine and spirits location. In June of 2018, I opened Snifter's and, at first, we literally had an open door from the retail store to Snifter's. Now we have changed our liquor license and will go to a full-service restaurant, so in that case we closed off the door and decided to make Snifter's its own entity.

Do you have partners in this business expansion?

Yes, my sister and brother-in-law have partnered with me in this expansion.

What is your background to have two bustling businesses?

Other than having been a casual drinker, I had no background in the business prior to starting Hair O' The Dog. I have a BS degree in Business and was a CPA, so I had an overall business background and a love of numbers from the get go. This was always my vision.

Where do you get your food inspiration for small plates? Do you have a chef that implements these ideas?

The inspiration for the menu comes from our extremely talented Chef Rob Quimby and his partner, Tim Redmond, along with some of the concepts I have experienced over the years. Chef and Tim have dozens of years' experience with Chef Quimby working in St. Michaels and also for Latitude 38 in Oxford for years. They have total free reign to do whatever they think will make our customers happy! Chef gets inspiration from homestyle cooking

as he grew up with his parents cooking everything in one cast-iron pan. He cooks as if feeding his mother, who is a tough customer. One of the specials he always offers is a sea scallop dish of many different interpretations. He says he's very good at cooking scallops! Chef Quimby started at what he says is the triple sink (washing dishes) and moved up from there.

How often have you been doing the Wine School classes? Do you teach them? How well attended are they?

We have done wine classes off and on, since Snifter's opened. They are always sold out as we've learned that consumers always enjoy learning and tasting new wines. I teach the classes and we plan on doing these once a month now.

What fun that you have a Comedy Night and from your social media history, some even sell out. Tell us about them.

Comedy nights have been a resounding success! Each one has sold out. For \$25 guests hear four different comedians in a great and casual environment while enjoying awesome food, wine, and beer. We hold them once a month.

It looks like you have a very full roster of activities. What are some of the other events?

We've started something called Yoga-Mosas. We've had about 25 people taking a one-hour yoga class, then we partake in mimosas and some really good nibbles. Then there is our Opionation Game Night and we will even do a Ballroom Dancing event complete with lessons.

We've added a full liquor license to create a wider



Mussels with White Wine and Garlic

SERVES TWO

Ingredients

2 tablespoons olive oil
4 cloves garlic, minced
2 cups white wine
freshly ground black pepper to taste
2 pounds mussels, cleaned and debearded
6 ounces butter
2 tablespoons freshly chopped parsley
2 slices grilled bread

Instructions

Add olive oil to a large stock pot over medium heat. Add garlic and let sizzle for about 30 seconds, stirring for about 45 seconds. Quickly pour in wine into the pan and season with black pepper. Bring sauce to a boil, stir in mussels, and cover immediately. Shake pot and let boil for 1 minute. Add 6 ounces butter. Stir mussels, replace cover, and let boil for 2 more minutes. The shells will begin to open. Stir in half of parsley, cover pot, and cook until all shells are open, 1 to 3 minutes. Serve with grilled bread and sprinkle with remaining parsley.

array of tastings and flights along with some incredible events. We will be majoring in "flights" and will focus on flights of mainly gin, but also bourbon, rum, and our spirits. Recently my wife, Vicki, and I traveled to Barcelona, Spain, where we experienced a stellar gin bar doing flights. It was incredible and we will recreate that here as we are heavy on the gin side in our retail store. We'll also offer a Gin Class where they make their own botanical "tea bag" to infuse flavor.

Wine Dinners are held once a month featuring a four-course meal pairing a wine with a specific region. We are going to do a special bubbles dinner and pair prosecco, cava, and champagne with food to show the bubbles are not just for a toast, but marry well with different courses.

Dining Guide

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Average entrée price
\$ 0-14 \$\$ 15-30 \$\$\$ 31 and over

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Y Full bar

👨 Family Friendly

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☀ Outdoor Seating

🎵 Live Music

🐕 Dog Friendly

👑 Best of 2019 Winner

Queen Anne's County

Adam's Taphouse and Grille

100 Abruzzi Drive, Chester; 410-643-5050; Adamsgrillkentisland.com; Barbecue; lunch, dinner \$\$ ☎ Y 🍷

Annie's Paramount Steak & Seafood House

500 Kent Narrows Way N., Grasonville; 410-827-7103; Annies.biz; Steakhouse, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷 🌊

Big Bats Café

216 Saint Claire Place, Stevensville; 410-604-1120; Bigbats.com; American, sports bar; lunch, dinner \$ Y 🍷 🎵 🌊

Bridges Restaurant

321 Wells Cove Road, Grasonville; 410-827-0282; Bridgesrestaurant.net; Seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊

Café Sado

205 Tackle Circle, Chester; 410-604-1688; Cafesado.com; Thai, sushi; lunch, dinner \$\$ Y 🌊

Capriotti's

500 Abruzzi Drive, Chester; 410-643-9993; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

Carmine's New York Pizza

2126 DiDonato Drive, Chester; 410-604-2123; Carminesnypizzakitchen.net; Italian, pizza; lunch, dinner \$ 🍷

Doc's Riverside Grille

511 Chesterfield Avenue, Centreville; 410-758-1707; Docsriversidegrille.com; American; lunch, dinner \$ Y 🍷 🎵 🌊

El Jefe Mexican Kitchen & Tequila Bar

1235 Shopping Center Road, Stevensville; 410-604-1234; Eljefemexkitchen.com; Mexican; lunch, dinner \$-\$\$ Y 🍷 🌊

Fisherman's Inn & Crab Deck

3032 Kent Narrows Way S., Grasonville; 410-827-6666; Crabdeck.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 🎵 🌊

Frix's Fire Grill

1533 Postal Road, Chester; 410-604-2525; Frixsfiregrill.com; Brazilian/American, small plates, bar/lounge, lunch, dinner \$\$ ☎ Y 🍷

Harris Crab House

433 Kent Narrows Way N., Grasonville; 410-827-9500; Harriscrabhouse.com; Seafood, crabs; lunch, dinner \$\$ ☎ Y 🍷 🌊 🎵 🌊

Hemingway's Restaurant

357 Pier One Road, Stevensville; 410-604-0999; Hemingwaysbaybridge.com; Seafood; lunch, dinner \$\$ ☎ Y 🌊 🌊

Historic Kent Manor Inn

500 Kent Manor Drive, Stevensville; 410-643-5757; Kentmanor.com; Modern American; special occasion dining, Sunday brunch \$\$\$ ☎ Y

The Jetty Restaurant & Dock Bar

201 Wells Cove Road, Grasonville, 410-827-4959; Jettydockbar.com; American, seafood; lunch, dinner \$ Y 🍷 🌊 🎵 🐕

Kentmorr Restaurant

910 Kentmorr Road, Stevensville; 410-643-2263; Kentmorr.com; American, seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 🎵 🌊

Knoxie's Table

180 Pier 1 Rd, Stevensville; 443-249-5777; Baybeachclub.com; American; dinner, weekend brunch ☎ Y 🍷 🌊

Ledo Pizza

110 Kent Landing, Stevensville; 410-643-7979; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷 🌊

Love Point Deli

109 Main Street, Stevensville; 410-604-2447; Lovepointdeli.com; Deli; lunch, dinner \$ 🍷 🌊

The Narrows Restaurant

3023 Kent Narrows Way S., Grasonville; 410-827-8113; Thenarrowsrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🌊 🌊 🎵 🌊

O'Shucks Irish Pub

122 Commerce Street, Centreville; 410-758-3619; Oshucksirishpub.com; Irish, American; lunch, dinner \$ Y 🍷

Rams Head Shorehouse

800 Main Street, Stevensville; 410-643-2466; Ramsheadshorehouse.com; American, brewery; breakfast, lunch, dinner \$ Y 🍷 🎵 🌊

Red Eye's Dock Bar

428 Kent Narrows Way N., Grasonville; 410-827-3937; Redeyedockbar.com; American, seafood; lunch, dinner \$ Y 🌊 🎵 🌊

Rustico Restaurant & Wine Bar

401 Love Point Road, Stevensville; 410-643-9444; Rusticoonline.com; Southern Italian; lunch, dinner \$\$ ☎ Y 🌊

SandBar at Rolph's Wharf

1008 Rolph's Wharf Road, Chestertown; 410-778-6389; Seafood; lunch, dinner \$ Y 🌊 🎵 🌊

Smoke, Rattle & Roll

419 Thompson Creek Road, Stevensville; 443-249-3281; Smokeratleandroll.com; BBQ; lunch, dinner \$ 🌊

Talbot County

208 Talbot 208 N. Talbot Street, St. Michaels; 410-745-3838; 208talbot.com; Modern American; dinner \$\$ ☎ Y

Ava's Pizzeria & Wine Bar 409 S. Talbot Street, St. Michaels; 410-745-3081; Avaspizzeria.com; Italian, pizza; lunch, dinner \$\$ Y 🍷 🌊

RAMS HEAD SHORE HOUSE

"Best breakfast around! Seafood omelet was stacked full of fresh seafood." –Riley Ronda WINNER!

Awful Arthur's Seafood Company 402 S. Talbot St., St. Michaels; 410-745-3474; Awfularthursusa.com; Fresh seafood, authentic oyster bar \$\$ Y ☎ 🍷 🌊 🎵 🌊

The BBQ Joint

216 East Dover Street, Ste. 201, Easton; 410-690-3641; Andrew-evansbbqjoint.com; Barbecue; lunch, dinner \$ Y 🍷 🌊

Banning's Tavern

42 E Dover Street, Easton; 410-822-1733; Banningstavern.com; American; lunch, dinner \$\$ ☎ Y

Bartlett Pear Inn

28 S. Harrison Street, Easton; 410-770-3300; Bartlettpearinn.com; Farm-to-table; dinner \$\$\$ ☎ Y

Bas Rouge

19 Federal Street, Easton; 410-822-1637; Basrougeeaston.com; European; lunch, dinner \$\$\$ ☎

Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; dinner, Weekend brunch \$\$ ☎ Y 🍷

Blackthorn Irish Pub

209 Talbot Street, St. Michaels; 410-745-8011; Irish, seafood; lunch, dinner \$\$ Y 🍷

Capriotti's

106 Marlboro Avenue, Easton; 410-770-4546; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

Capsize (Seasonal)

314 Tilghman Street, Oxford; 410-226-5900; Capsizeoxmd.com; American; lunch, dinner \$-\$\$ ☎ Y 🌊 🎵 🌊

Captain's Ketch

316 Glebe Road, Easton; 410-820-7177; Captainsketchseafood.com; Seafood; lunch, dinner

Carpenter Street Saloon

113 Talbot Street, St. Michaels; 410-745-5111; Carpenterstreetsaloon.com; American, seafood; breakfast, lunch, dinner \$\$ Y 🌊 🍷 🌊

Characters Bridge Restaurant

6136 Tilghman Island Road, Tilghman; 410-886-1060; Fresh seafood, casual atmosphere; lunch, dinner; Charactersbridgerestaurant.com \$\$ Y 🍷 🌊 🎵 🌊

Chesapeake Landing

23713 St. Michaels Road, St. Michaels; 410-745-9600; ChesapeakeLandingrestaurant.com; Seafood; lunch, dinner \$\$ Y 🍷

The Crab Claw Restaurant

304 Burns Street, St. Michaels; 410-745-2900; Thecrabclaw.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 🎵 🌊

Crab N Que

207 N. Talbot St., St. Michaels; 410-745-8064; Crabnque.com; Seafood, Barbecue; lunch, dinner \$\$

Crepes By The Bay

413 S. Talbot St., St. Michaels; 410-745-8429; Breakfast, lunch Y 🍷 🌊

Doc's Downtown Grille

14 N Washington St., Easton; 410-822-7700; Docsdowntowngrille.com; American, seafood; lunch, dinner \$\$ Y

Doc's Sunset Grille
104 W Pier St., Oxford; 410-226-5550; Docsunsetgrille.com; American; lunch, dinner \$ 🍷 🍴 🌿 *

Eat Sprout
335 N Aurora Street, Easton; 443-223-0642; Eatsprout.com; Organic, ready-to-eat; breakfast, lunch, dinner \$ 🍷

El Dorado Bar & Grill
201-C Marlboro Avenue, Easton; 410-820-4002; Mexican; lunch, dinner \$\$ 🍷 🍴

Foxy's Harbor Grille (Seasonal)
125 Mulberry St., St. Michaels; 410-745-4340; Foxysharborgrille.com; Seafood, American; lunch, dinner \$ 🍷 🍴 🌿 🎵 🍷

The Galley St. Michaels
305 S. Talbot Street, St. Michaels; 410-200-8572; Thegalley-saintmichaels.com; Breakfast, lunch \$ 🍷 🍴 *

Gina's Cafe
601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascafemikes; Southwestern, Vegetarian; lunch, dinner \$\$

Harrison's Harbour Lights
101 N. Harbor Road, St. Michaels; 410-745-9001; Harbourinn.com; American, seafood; lunch, dinner \$\$ 🍷 🍴 🌿 🍷 🎵 *

Hill's Cafe and Juice Bar
30 East Dover Street, Easton; 410-822-9751; Hillscafeandjuice.com; American, milkshakes, sandwiches; breakfast, lunch \$ 🍷

Hong Kong Kitchens
210 Marlboro Avenue, Easton; 410-822-7688; Hongkongkitchen-seaston.com; Chinese; lunch, dinner \$ 🍷

Hot off The Coals BBQ
8356 Ocean Gateway, Easton; 410-820-8500; Hotoffthecoals.com; Barbecue; lunch, dinner \$ 🍷 *

Hunters' Tavern at the Tidewater Inn
101 E. Dover Street, Easton; 410-822-4034; Tidewaterinn.com; American; breakfast, lunch, dinner, Sunday brunch \$\$ 🍷 🍴 🌿 *

In Japan
101 Marlboro Avenue, Easton; 410-443-0681; Injapansushi.com; Japanese, sushi; lunch, dinner \$\$ 🍷 🍴 🍷 🍷

Krave Courtyard
12 W. Dover St., Easton; 410-980-5588; American; lunch \$ *

Latitude 38 Bistro & Spirits
26342 Oxford Road, Oxford; 410-226-5303; Latitude38.biz; American, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍴 🍷

Ledo Pizza
108 Marlboro Avenue, Easton; 410-819-3000; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷

Lighthouse Oyster Bar & Grill
125 Mulberry Street, St. Michaels; 410-745-2226; Lighthouseoysterbarandgrill.com; Seafood, American; lunch, dinner \$-\$\$ 🍷 🍴 🌿 🎵 *

Limoncello Italian Restaurant
200 S. Talbot St., St. Michaels; 410-745-3111; Limoncellostmichaels.com; Italian; lunch, dinner \$\$ 🍷 🍴

Lowes Wharf
21651 Lowes Wharf Road, Sherwoo; 410-745-6684; Loweswharf.com; American; lunch, dinner \$ 🍷 🍴 🌿 🍷 🎵 *

Marker Five
6178 Tilghman Island Road, Tilghman; 410-886-1122; Markerfive.com; Local seafood, lunch, dinner Thursday-Sunday \$\$ 🍷 🍴 🌿 *

Mason's Redux
22 South Harrison Street, Easton; 410-822-3204; Masonsredux.com; Modern American; lunch, dinner, Sunday brunch \$-\$\$ 🍷 🍴 🍷 *

Old Brick Café
401 S. Talbot St., St. Michaels; 410-745-3323; Breakfast

Out of the Fire Café & Wine Bar
22 Goldsborough Street, Easton; 410-770-4777; Outofthefire.com; Mediterranean, seafood; lunch, dinner \$\$ 🍷 🍴

Peacock Restaurant & Lounge at Inn at 202 Dover
202 E. Dover Street, Easton; 410-819-8007; Innat202dover.com; Modern American; dinner \$\$ 🍷 🍴

Piazza Italian Market
218 N. Washington Street, Easton; 410-820-8281; Piazzaitalianmarket.com; Italian; lunch, takeout \$ 🍷 *

Plaza Jalisco
7813 Ocean Gateway, Easton; 410-770-8550; Plazajaliscoeaston.com; Mexican; lunch, dinner \$ 🍷 🍷

Pope's Tavern
504 S. Morris St., Oxford; 410-226-5220; Oxfordinn.net; European bistro; dinner \$ 🍷 🍴 🌿

WHEELHOUSE
"Great place for food and drinks! The smoked fish dip is the best." –Jeff Browneman

Portofino Ristorante Italiano
4 W. Dover Street, Easton; 410-770-9200; Portofinoeaston.com; Italian; dinner \$\$ 🍷 🍴

Robert Morris Inn
314 North Morris Street, Oxford; 410-226-5111; Robertmorrisinn.com; Modern American; breakfast, lunch, dinner, Sunday brunch \$\$ 🍷 🍴 🌿 *

Sakura Sushi Restaurant
8475 Ocean Gateway, Easton; 410-690-4770; Japanese, Sushi; lunch, dinner \$-\$\$

Sam's Pizza & Restaurant
1110 S. Talbot Street, St. Michaels; 410-745-5955; Samspizzastmichaels.com; Italian, American, Greek cuisine; lunch, dinner \$ 🍷 🍴 🍷

Scossa Restaurant & Lounge
8 N. Washington Street, Easton; 410-822-2202; Scossarestaurant.com; Northern Italian; lunch, dinner, Sunday brunch \$\$ 🍷 🍴

Stars at Inn at Perry Cabin
308 Watkins Lane, St. Michaels; 443-258-2228; Perrycabin.com; Seafood; breakfast, lunch, dinner \$\$\$ 🍷 🍴 🌿 *



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WHAT'S UP? MEDIA

St. Michaels Crab & Steakhouse

305 Mulberry Street, St. Michaels; 410-745-3737; Stmichaelscrab-house.com ; American, seafood; lunch, dinner \$\$ 🍷 🍴 🍷 *

Sugar Buns Airport Café & Bakery

29137 Newnam Road, Easton; 410-820-4220; Sugarbuns.com; Baked goods, desserts, light fare; breakfast, lunch \$ 🍷

Sunflowers & Greens

11 Federal Street, Easton; 410-822-7972; Sunflowersandgreens.com; Salads; lunch \$ 🍷

T at the General Store

25942 Royal Oak Road, Easton; 410-745-8402; Tatthegeneralstore.com; Dinner, Weekend brunch \$\$ 🍷 🍴

Theo's Steaks, Sides & Spirits

409 S. Talbot Street, St. Michaels; 410-745-2106; Theossteakhouse.com; Steakhouse; dinner \$\$\$ 🍷 🍴 🍷

Two if by Sea

5776 Tilghman Island Road, Tilghman; 410-886-2447; Twoifbysearestaurant.com; American; breakfast, lunch, Sunday brunch \$ 🍷

U Sushi

108 Marlboro Avenue, Easton; 410-763-8868; Usushimd.com; Japanese; lunch, dinner \$\$ 🍷

Victory Garden Café

124 S Aurora St., Easton; 410-690-7356; Multi-cuisine; breakfast, lunch, dinner \$ 🍷 🍴 *

Washington Street Pub & Oyster Bar

20 N. Washington Street, Easton; 410-822-1112; Washingtonstreetpub.com; American; lunch, dinner \$\$ 🍷 🍴 🍷 🍴 🍷

Kent County

Barbara's On The Bay

12 Ericson Avenue, Betterton; 410-348-3079; Barbarasonthebay.com; American; lunch, dinner \$\$ 🍴 🍷 🍷 *

Bay Wolf Restaurant

21270 Rock Hall Ave, Rock Hall; 410-639-2000; Baywolfrestaurant.com; Austrian & Eastern Shore Cuisine; lunch, dinner \$ 🍷

Beverly's Family Restaurant

11 Washington Ave, Chestertown; 410-778-1995; American; breakfast, lunch, coffee 🍷

Café Sado

870 High Street, Chestertown; 410-778-6688; Cafesado.com; Sushi and Thai \$\$ 🍴 🍷

The Channel Restaurant at Tolchester Marina (Seasonal)

21085 Tolchester Beach Road, Chestertown; 410-778-1400; Tolchestermarina.com; Seafood, American; lunch, dinner 🍴 🍷 *

China House

711 Washington Ave, Chestertown; 410-778-3939; Chinese; lunch, dinner \$

Ellen's Coffee Shop & Family Restaurant

205 Spring Ave, Chestertown; 410-810-1992; American; breakfast, lunch, dinner, coffee \$\$ 🍷

Evergrain Bread Company

201-203 High Street, Chestertown; 410-778-3333; Evergrainbreadco.com; Bakery; breakfast, lunch \$ 🍷

Figg's Ordinary

207 S. Cross Street #102, Chestertown; 443-282-0061; Figg-sordinary.com; Café and Bakery; Breakfast, Lunch, Gluten and refined sugar free \$ *

Ford's Seafood

21459 Rock Hall Ave, Rock Hall; 410-639-2032; Seafood; breakfast, lunch, dinner \$\$\$

Harbor House (Seasonal)

23141 Buck Neck Road, Chestertown; 410-778-0669; Harborhouse-atwortoncreekmarina.com; Seafood, American; dinner, Saturday and Sunday lunch \$\$ 🍷 🍴 🍷

Harbor Shack

20895 Bayside Ave, Rock Hall; 410-639-9996; Harborshack.net; American, seafood; lunch, dinner \$-\$\$ 🍴 🍷 *

Java Rock

21309 Sharp St., Rock Hall; 410-639-9909; Javarockcoffeehouse.com; Gourmet coffee, light fare; breakfast, lunch \$ 🍷 *

The Kitchen at the Imperial

208 High Street, Chestertown, MD. 21630; 410-778-5000; Imperialchestertown.com; Small Plates Tavern & Casual Fine Dinning Restaurant, Sunday Brunch \$\$ 🍴 🍷 🍷

Luisa's Cucina Italiana

849 Washington Ave, Chestertown; 410-778-5360; Luisarestaurant.com; Italian; lunch, dinner \$-\$\$ 🍷 🍴

Marzella's By The Bay LLC

3 Howell Point Road, Betterton; 410-348-5555; Italian, American; lunch, dinner \$ 🍷 🍷

O'Connor's Pub & Restaurant

844 High Street, Chestertown; 410-810-3338; American, Irish; lunch, dinner \$\$ 🍴 🍷 *

Osprey Point

20786 Rock Hall Avenue, Rock Hall; 410-639-2194; Osprey-point.com; American, Seafood; dinner, Sunday brunch \$\$\$ 🍷 🍴 🍷

Pasta Plus

21356 Rock Hall Ave, Rock Hall; 410-639-7916; Rockhallpasta-plus.com; American, Italian; breakfast, lunch, dinner \$ 🍷

Plaza Tapatia

715 Washington Ave, Chestertown 410-810-1952; Plazatapatia.com; Mexican; lunch, dinner \$-\$\$ 🍷 🍴

Procolino Pizza

711 Washington Ave, Chestertown; 410-778-5900; Italian; lunch, dinner \$-\$\$

Two Tree Restaurant

401 Cypress Street, Millington; 410-928-5887; Twotreerestaurant.com; Farm-to-table; lunch, dinner \$\$ 🍷 🍴

Uncle Charlie's Bistro

834B High Street, Chestertown; 410-778-3663; Unclecharlies-bistro.com; Modern American; lunch, dinner, Sunday brunch \$\$ 🍴 🍷

Waterman's Crab House

21055 Sharp Street, Rock Hall; 410-639-2261; Watermanscrab-house.com; Seafood; lunch, dinner \$\$ 🍷 🍴 🍷 🍴 🍷

Wheelhouse Restaurant

20658 Wilkens Ave., Rock Hall; 410-639-4235; American; lunch, dinner \$\$ 🍴 🍷 🍷

Dorchester County

Bay County Bakery and Café

2951 Ocean Gateway, Cambridge; 410-228-9111; Baycountybakery.com; Sandwiches, pastries; breakfast, lunch \$ 🍷

Bistro Poplar

535 Poplar Street, Cambridge; 410-228-4884; Bistropoplar.com; French; dinner \$\$\$ 🍷 🍴 🍷

Black Water Bakery and Coffee House

429 Race Street, Cambridge; 443-225-5948; Black-water-bakery.com; Artisan breads, soups, sandwiches, desserts \$ 🍷

Blue Point Provision

100 Heron Boulevard, Cambridge; 410-901-6410; Chesapeakebay-hyatt.com; Seafood; dinner \$\$ 🍷 🍴 🍷

Bombay Tadka

1721 Race Street, Cambridge; 443-515-0853; Bombaytadkamd.com; Indian; lunch, dinner \$\$ 🍷

Canvasback Restaurant & Irish Pub

420 Race Street, Cambridge; 410-221-7888; Irish, European; lunch, dinner \$\$ 🍷 🍴 🍷 🍴

Carmela's Cucina

400 Academy Street, Cambridge; 410-221-8082; Carmelascucina1.com; Italian; lunch, dinner \$ 🍷 🍷

Jimmie & Sook's Raw Bar & Grill

527 Poplar Street, Cambridge; 410-228-0008; Jimmieandsooks.com; Seafood; lunch, dinner \$ 🍴 🍷 🍷 *

Kay's at the Airport

6263 Bucktown Road, Cambridge; 410-901-8844; American; breakfast, lunch, dinner \$\$ 🍷

Ocean Odyssey

316 Sunburst Highway (Rt. 50), Cambridge; 410-228-8633; toddseafood.com; Seafood; lunch, dinner \$\$, 🍷 🍷 *

Portside Seafood Restaurant

201 Trenton Street, Cambridge; 410-228-9007; Portsidemaryland.com; Seafood; lunch, dinner \$ 🍴 🍷 🍷 *

RAR Brewing

504 Poplar Street, Cambridge; 443-225-5664; Rarbrewing.com; American; lunch, dinner \$ 🍴

Snapper's Waterfront Café

112 Commerce Street, Cambridge; 410-228-0112; Snapperswaterfrontcafe.com; American, seafood; lunch, dinner, Sunday breakfast \$ 🍴 🍷 🍷 *

Suicide Bridge Restaurant

6304 Suicide Bridge Road, Hurlock; 410-943-4689; Suicide-bridge-restaurant.com \$\$ 🍴 🍷 🍷

Caroline County

Harry's on the Green

4 South First Street, Denton; 410-479-1919; Harrysonthegreen.com; American, seafood; lunch, dinner \$\$ 🍷 🍴 *

Market Street Public House

200 Market Street, Denton; 410-479-4720; Marketstreet.pub Irish, American; lunch, dinner \$ 🍴 🍷

November Calendar

(F) FAMILY EVENTS (C) CHARITY EVENTS (TIX) AVAILABLE AT WHATSUPTIX.COM

Advertisers listed in red What's Up? Tix event listed in blue



↑ Head to Tidewater Inn for the eighth annual Brew & Oyster Brawl on Saturday, November 9th, 3 p.m. Celebrate the heritage of the Chesapeake Bay region while enjoying live music, an open beer and wine bar, and oysters prepared every way imaginable! Tickets are \$80 and include a commemorative pint class. For more information, visit Tidewaterinn.com

Friday

1

SPECIAL EVENTS

Deconstructing Decoys: The Culture of Collecting at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through November 1st, 2019. 410-745-2916. Cbmm.org

To Fool the Eye, Trompe L'oeil Paintings by Jorge Alberto at Troika Gallery, Easton. 10 a.m.-5:30 p.m. (Mon.-Sat.). Now through November 6th, 2019. 410-770-9190. Troikagallery.com

On Land and On Sea at Chesapeake Bay Maritime Museum, St. Michaels. 9 a.m.-5 p.m. daily. Now through March 1st, 2020. 410-745-2916. Cbmm.org

Bodyphones and Jiwa dan Raga at Academy Art Museum, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through May 31st, 2020. 410-822-2787. Academyartmuseum.org

Water/Ways at Dorchester Center for the Arts, Cambridge. 12-4 p.m. (Sun.), 12-6 p.m. (Tues.-Thurs.), 10 a.m.-6 p.m. (Fri.-Sat.). Now through November 30th, 2019. 410-228-3575. Visitdorchester.org

Color Pencil at Adkins Arboretum, Ridgely. 10 a.m. Adkinsarboretum.org

Block Prints at Chesapeake Bay Maritime Museum, Saint Michaels. 5:30 p.m. 410-745-4960. Cbmm.org

Downrigging Festival at Downtown Chestertown, Chestertown. 12 p.m. Downrigging.org (C)

First Friday in Chestertown at Downtown Chestertown, Chestertown. 5 p.m. Kent-county.com

First Friday Gallery Walk at Downtown Easton, Easton. 5 p.m. Discovereaston.com

Easton Ghost Walk at Tidewater Inn, Easton. 7 p.m. Chesapeakeghostwalks.com

Artists' Favorites at What's Up? Media Gallery, Annapolis. 8 a.m.-6 p.m. (Mon.-Fri.). Now through December 13th, 2019. 410-266-6287. Whatsupmag.com

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 12 p.m. Brilliantbaltimore.com (F)

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. 8 p.m. 410-556-6003. Churchhilltheatre.org

The Prisoner of Second Avenue at Tred Avon Players, Oxford. 7:30 p.m. 410-226-0061. Tredavonplayers.org

Annapolis Opera: Tosca at Maryland Hall for the Creative Arts, Annapolis. 7:30 p.m. 410-267-8135. Annapolisopera.org

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. 7 p.m. 410-757-2281. Childrenstheatreofannapolis.org

The White Rose at The Colonial Players, Inc., Annapolis. 8 p.m. 410-268-7373. Thecolonialplayers.org

Carrie - The Musical at Chesapeake Arts Center, Brooklyn Park. 7 p.m. 410-636-6597. Chesapeakearts.showare.com

MUSIC

Jon McLaughlin at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Boz Scaggs at Maryland Live! Casino, Hanover. 7 p.m. Livecasinohotel.com

Leslie Odum, Jr. with the BSO at Joseph Meyerhoff Symphony Hall, Baltimore. 8 p.m. Bsomusic.org

Corn Maze at Breckenridge Adventures, Vienna. 10 a.m. 443-521-9588. Shoremaze.com (F)

Annual Christmas Bazaar at Old Wye Church, Wye Mills. 9 a.m. Tourtalbot.org (C)

St. Michaels Farmers' Market at Public Parking Lot, St. Michaels. 8:30 a.m. Stmichaelsmd.org

Holiday Arts, Crafts & Gifts Fair at Emily's Produce, Cambridge. 10 a.m. 443-521-0789. Emilysproduce.com

Family Fun Day at the Boatworks at Richardson Maritime Museum, Cambridge. 10 a.m. 410-221-1871. Richardsonmuseum.org (F)

Water/Ways: Skipjack Sail at Long Wharf Park, Cambridge. 3:30 p.m.

Italian Dinner with Bad Company at Grove Creek Mule Farm, Centreville. 6 p.m. Qacmhc.org (C)

Casino Night for a Cause - Gambling & Ghouls at Kent Island Volunteer Fire Department, Chester. 5:30 p.m. (C)

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

Downrigging Festival at Downtown Chestertown, Chestertown. 9 a.m. Downrigging.org (C)

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. Avalonfoundation.org

Holiday Sip and Shop at Talbot Agriculture and Education Center, Easton. 10 a.m. Tourtalbot.org

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 12 p.m. Brilliantbaltimore.com

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. (See 11/1).

The Prisoner of Second Avenue at Tred Avon Players, Oxford. (See 11/1).

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. 11 a.m. & 4 p.m. 410-757-2281. Childrenstheatreofannapolis.org

The White Rose at The Colonial Players, Inc., Annapolis. (See 11/1).

Carrie - The Musical at Chesapeake Arts Center, Brooklyn Park. (See 11/1).

MUSIC

Swamp Donkey Newgrass at Avalon Theatre, Easton. 8 p.m. Avalonfoundation.org

Oleta Adams at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Grateful Dead Tribute Concert for Kids at Maryland Hall for the Creative Arts, Annapolis. 10 a.m. Maryland-hall.org (F)

Saturday

2

SPECIAL EVENTS

Beef, Bonfires & Cigars at Aspen Institute Wye River Conference Center, Queenstown. 6 p.m. Whatsuptix.com (C) (TIX)

First Saturday Guided Walk at Adkins Arboretum, Ridgely. 10 a.m. Adkinsarboretum.org

Bring Your Own Motor (and Parts) at Chesapeake Bay Maritime Museum, Saint Michaels. 9 a.m. 410-745-4960. Cbmm.org

St. Michaels Ghost Walk at Chesapeake Bay Maritime Museum, Saint Michaels. 7 p.m. Chesapeakeghostwalks.com

First Saturday in Historic Stevensville at Historic Stevensville, Stevensville. 12 p.m. Stevensvilleartsandentertainment.org

Oyster & Brew Festival on Tilghman Island at Phillips Wharf Environmental Center - Tilghman, MD, Tilghman. 12 p.m. (C)

Sunday

3

SPECIAL EVENTS

Downrigging Festival at Downtown Chestertown, Chestertown. 10 a.m. Downrigging.org (C)

Holiday Sip and Shop at Talbot Agriculture and Education Center, Easton. 10 a.m. Tourtalbot.org

Nature Sketchers at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org

Garden Hardscaping at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org

Corn Maze at Breckenridge Adventures, Vienna. 11 a.m. 443-521-9588. Shoremaze.com (F)

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 12 p.m. Brilliantbaltimore.com

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. 2 p.m. 410-556-6003. Churchhilltheatre.org

The Prisoner of Second Avenue at Tred Avon Players, Oxford. 2 p.m. 410-226-0061. Tredavonplayers.org

Annapolis Opera: Tosca at Maryland Hall for the Creative Arts, Annapolis. 3 p.m. 410-267-8135. Annapolisopera.org

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. 2 p.m. 410-757-2281. Childrenstheatreofannapolis.org

The White Rose at The Colonial Players, Inc., Annapolis. 2 p.m. 410-268-7373. Thecolonialplayers.org

Carrie - The Musical at Chesapeake Arts Center, Brooklyn Park. 2 p.m. 410-636-6597. Chesapeakearts.showare.com

MUSIC

Paul Thorn at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Joseph Arthur at Rams Head On Stage, Annapolis. 1 p.m. 410-268-4545. Ramsheadonstage.com

SPORTS

Ravens vs Patriots at M&T Bank Stadium, Baltimore. 8:20 p.m. Baltimore Ravens. com (F)

Monday

4

SPECIAL EVENTS

Open Portrait Studio at Academy Arts Museum of Easton, Easton. 1 p.m. Academyartmuseum.org

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 5 p.m. Brilliantbaltimore.com

MUSIC

Saxophone Solo and Chamber Music Concert at Washington College, Chestertown. 7:30 p.m.

Bluegrass Jam at St. Andrew's Episcopal Church, Hurlock. 7 p.m. 4109434900.

Mainstay Monday featuring **Joe Holt** and guest **Paula Johns** at The Mainstay, Rock Hall. 7 p.m. Mainstayrockhall.org

Los Straitjackets at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Tuesday

5

SPECIAL EVENTS

Eastern Shore Classic Dog Shows at Wicomico Youth & Civic Center, Salisbury. 12 p.m. Wicomicociviccenter.org

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 5 p.m. Brilliantbaltimore.com

MUSIC

Gordon Lightfoot at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Wednesday

6

SPECIAL EVENTS

Sophie Kerr Series: Sophie Kerr 2019 Writer-in-Residence - Craft Talk by Jason Fagone at Rose O'Neill Literary House, Chestertown. 4:30 p.m. 8004221782. Washcoll.edu

Bees, Bats, and Snakes! Oh, My! at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org

Messing About in Boats (Fall Speaker Series 2019) at Chesapeake Bay Maritime Museum, Saint Michaels. 2 p.m. 410-745-4960. Cbmm.org

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 5 p.m. Brilliantbaltimore.com

MUSIC

Gordon Lightfoot at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Thursday

7

SPECIAL EVENTS

Dog Walking at Adkins Arboretum, Ridgely. 10 a.m. Adkinsarboretum.org

Time Travel for Homeschoolers (ages 6 - 8) at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org (F)

Maryland's Mammals for Homeschoolers (ages 9 - 12) at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org (F)

Build Your Own Classic Sea Chest at Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 410-745-4960. Cbmm.org

MEMBER NIGHT: All About Oysters at Chesapeake Bay Maritime Museum, Saint Michaels. 5 p.m. 410-745-4960. Cbmm.org

Golden Spades Meetup at Homestead Gardens, Severna Park. 10 a.m. Homesteadgardens.com

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 5 p.m. Brilliantbaltimore.com

PERFORMING ARTS

The White Rose at The Colonial Players, Inc., Annapolis. (See 11/1).

MUSIC

MSO: Appalachian Spring at Easton Church of God, Easton. 7:30 p.m. Middatlanticsymphony.org

The Manhattan Transfer at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Friday

8

SPECIAL EVENTS

Open Botanical Art Studio with Lee D'Zmura at Adkins Arboretum, Ridgely. 9:30 a.m. Adkinsarboretum.org

CBEC Wet & Wild Auction at Chesapeake Bay Beach Club, Stevensville. 6:30 p.m. 410-604-1933. Bayrestoration.org (C)

Empty Bowls at Kent School, Chestertown. 6 p.m. 410-778-4100. Kentschool.org (C)

49th Annual Waterfowl Festival at Easton, Easton. 12 p.m. Waterfowlfestival.org

46th Annual Maryland Irish Festival at Timonium Fairgrounds, Timonium. 6 p.m. Irishfestival.com (C) (F)

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 5 p.m. Brilliantbaltimore.com

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. (See 11/1).

James and the Giant Peach at Clear Space Theatre, Rehoboth Beach. 7 p.m. 302-227-2270. Clearspacetheatre.org

Annapolis Symphony Orchestra presents Lisa Pegher, percussion at Annapolis Symphony, Annapolis. 8 p.m. 410-263-0907. Annapolis-symphony.org

The White Rose at The Colonial Players, Inc., Annapolis. (See 11/1).

Carrie - The Musical at Chesapeake Arts Center, Brooklyn Park. (See 11/1).

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. (See 11/1).

MUSIC

Session Americana at Avalon Theatre, Easton. 8 p.m. Avalonfoundation.org

Crack The Sky at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Ramsheadonstage.com

Saturday

9

SPECIAL EVENTS

22nd Anniversary Group Show at Troika Gallery, Easton. 10 a.m.-5:30 p.m. (Mon.-Sat.). Now through December 21st, 2019. 410-770-9190. Troikagallery.com

Brew & Oyster Brawl at Tidewater Inn, Easton. 3 p.m. Tidewaterinn.com

49th Annual Waterfowl Festival at Easton, Easton. 12 p.m. Waterfowlfestival.org

St. Michaels Farmers' Market at Public Parking Lot, St. Michaels. 8:30 a.m. Stmichaelsmd.org

Second Saturday Art Night Out at St. Michaels. 5 p.m. Tourtalbot.org

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. Avalonfoundation.org

52nd Annual Antique Show and Sale at Oxford Fire Co, Oxford. 10 a.m. 4102265110. Tourtalbot.org

Dog Walking at Adkins Arboretum, Ridgely. 10 a.m. Adkinsarboretum.org

Annual Model Boat Show at Oxford Community Center, Oxford. 10 a.m. Oxfordcc.org

St. Michaels Ghost Walk at Chesapeake Bay Maritime Museum, Saint Michaels. 7 p.m. Chesapeakeghostwalks.com

Carver's Crew Color Fun Run at Breckenridge Adventures, Vienna. 10 a.m. 443-521-9588. Shoremaze.com (F)

Corn Maze at Breckenridge Adventures, Vienna. 10 a.m. 443-521-9588. Shoremaze.com (F)

Christmas at the 'Peake at Chesapeake College, Wye Mills. 10 a.m. Facebook.com/christmasatthepeake (F)

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 5 p.m. Brilliantbaltimore.com

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. (See 11/1).

James and the Giant Peach at Clear Space Theatre, Rehoboth Beach. 3 p.m. & 7 p.m. 302-227-2270. Clearspacetheatre.org

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. (See 11/2).

The White Rose at The Colonial Players, Inc., Annapolis. (See 11/1).

Carrie - The Musical at Chesapeake Arts Center, Brooklyn Park. (See 11/1).

MUSIC

US Naval Academy Superintendent's Combo at Washington College, Chestertown. 7:30 p.m.

Session Americana at Avalon Theatre, Easton. 5 p.m. & 8 p.m. Avalonfoundation.org

Jazz on the Chesapeake Presents Dominick Farinacci at Christ Church, Easton. 8 p.m. 410-822-2677. Chesapeakejazz.org

Chuck Redd and the Youngbloods at The Mainstay, Rock Hall. 8 p.m. Mainstayrockhall.org

MID-ATLANTIC SYMPHONY ORCHESTRA
 WE ARE YOUR MUSIC
 APPALACHIAN SPRING
 Thursday, November 7 7:30 PM
 Easton Church of God Easton, MD
 Didier Castell-Jacomin Piano
 Antonin Dvorak, String Serenade
 Antonino Vivaldi, Two Cello Concerto
 Joseph Haydn, D Major Piano Concerto
 Aaron Copland, Appalachian Spring
 For tickets and to learn about the rest of the 2019-2020 season, call 888-846-8600 or visit midatlanticsymphony.org.

On Stage

Crack The Sky at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Rams-headonstage.com

Joe Bonamassa at MGM National Harbor, Oxon Hill. 8 p.m. Mgmnationalharbor.mgmresorts.com

Sunday

10

SPECIAL EVENTS

49th Annual Waterfowl Festival at Easton, Easton. 12 p.m. Waterfowlfestival.org

52nd Annual Antique Show and Sale at Oxford Fire Co, Oxford. 10 a.m. 4102265110. Tourtabot.org

Needle Felting 101 at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org

Corn Maze at Breckenridge Adventures, Vienna. 11 a.m. 443-521-9588. Shoremaze.com (F)

Brilliant Baltimore at Baltimore's Inner Harbor, Baltimore. 5 p.m. Brilliantbaltimore.com

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. (See 11/3).

James and the Giant Peach at Clear Space Theatre, Rehoboth Beach. 3 p.m. 302-227-2270. Clearspacetheatre.org

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. (See 11/3).

The White Rose at The Colonial Players, Inc., Annapolis. (See 11/3).

MUSIC

The Reverend Peyton's Big Damn Band at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Crack The Sky at Rams Head On Stage, Annapolis. 1 p.m. 410-268-4545. Rams-headonstage.com

Monday

11

SPECIAL EVENTS

Open Portrait Studio at Academy Arts Museum Of Easton, Easton. 1 p.m. Academyartmuseum.org

MUSIC

Mainstay Monday featuring **Joe Holt** and guest **Matt Folkner** at The Mainstay, Rock Hall. 7 p.m. Mainstayrockhall.org

Tuesday

12

PERFORMING ARTS

We Will Rock You at MGM National Harbor, Oxon Hill. 8 p.m. 844-346-4664. Mgm-nationalharbor.mgmresorts.com

MUSIC

Sonny Landreth, Cindy Cashdollar at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Wednesday

13

SPECIAL EVENTS

Sustainable Landscape Management for the Chesapeake Bay Watershed at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org

At the Helm of Kalmar Nyckel (Fall Speaker Series 2019) at Chesapeake Bay Maritime Museum, Saint Michaels. 5:30 p.m. 410-745-4960. Cbmm.org

MUSIC

John Hiatt at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Thursday

14

The Prisoner of Second Avenue

Tred Avon Players; Now through November 3rd, 2019; Tredavonplayers.org; 410-226-0061

Edna and Mel are a struggling, middle-aged, empty-nested, middle class couple living in New York City. When Mel loses his job, their apartment is robbed, and among other things, Mel suffers from a nervous breakdown. The couple suffers indignity after indignity (some self-inflicted), and when they seem on the verge of surrender, they thumb their noses defiantly and dig the trenches for battle.

Matilda

Community Players of Salisbury; November 1st through November 3rd, 2019; Communityplayersofsalisbury.org Matilda is the story of an extraordinary little girl with extraordinary powers.

The daughter of abusive parents, Matilda finds refuge in library books, which she reads quickly, and in creating her own stories. Things are no better at school, where Matilda also must face a tyrannical and cruel headmistress, Miss Trunchbull. She finds companionship in her teacher, Miss Honey, though well-intentioned, is shy and fragile. Brave little Matilda knows she has to stand up against the adults in her world, and in doing so, discovers her own remarkable powers.

James and the Giant Peach

Clear Space Theatre; November 8th through November 10th, 2019; Clearspacetheatre.org; 302-227-2270

When James is sent by his conniving aunts to chop down their old fruit tree, he discovers a magic potion that grows a tremendous peach, rolls into the ocean and launches a journey of enormous proportions.

A Christmas Story: The Musical

Clear Space Theatre; November 29th through December 15th, 2019; Clearspacetheatre.org; 302-227-2270

Ralphie Parker wants only one thing for Christmas; an official Red Ryder Carbine-Action 200 Shot Range Model Air Rifle. *A Christmas Story* is the hilarious account of Ralphie's desperate quest to ensure that this most perfect gift ends up under his tree this Christmas.

The Importance of Being Earnest

Church Hill Theatre; November 1st through November 17th, 2019; Churchhilltheatre.org; 410-556-6003

Two dashing Victorian-era gentlemen believe that a bachelor need not be earnest unless, of course, the woman he loves demands it of him. When each of their ladyloves claim to only love men called Ernest, each of the men struggle to maintain his own charade. They all become entangled in a delightful romp of mistaken identities, secret engagements, and an elaborate plot which ridicules Victorian sensibilities while producing an evening of hilarious comedy for the audience

Annie

Garfield Center for the Arts; November 22nd through December 8th, 2019; Garfieldcenter.org; 410-810-2060

With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York City. She is determined to find the parents who abandoned her years ago on the doorstep of an orphanage that is run by the cruel, embittered Miss Hannigan. With the help of the other girls in the orphanage, Annie escapes to the wondrous world of NYC.

In a fun-filled adventure, Annie foils Miss Hannigan's evil machinations and finds a new home and family in billionaire, Oliver Warbucks, his personal secretary, Grace Farrell, and a lovable mutt named Sandy.

SPECIAL EVENTS

Saving the Chesapeake Bay at Dorchester Center for the Arts, Cambridge. 6:30 p.m.

Time Travel for Homeschoolers (ages 6 - 8) at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org (F)

Maryland's Mammals for Homeschoolers (ages 9 - 12) at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org (F)

Open Boatshop at Chesapeake Bay Maritime Museum, Saint Michaels. 5:30 p.m. 410-745-4960. Cbmm.org

PERFORMING ARTS

The White Rose at The Colonial Players, Inc., Annapolis. (See 11/1).

Friday

15

SPECIAL EVENTS

Annual Members' Exhibition: The Small Originals Holiday Show at Easton Armory, Easton. 10 a.m.-8 p.m. (Tues.-Thurs.), 10 a.m.-4 p.m. (Fri.-Mon.). Now through December 4th, 2019. 410-822-2787. Academyartmuseum.org

Wild & Scenic Film Festival at Avalon Theatre, Easton. 5:30 p.m. 4108227299. Shoreriviers.org (C)

Watercolor: Fall Leaves at Adkins Arboretum, Ridgely. 10 a.m. Adkinsarboretum.org

Exhibitions

On Land and On Sea: A Century of Women in the Rosenfeld Collection

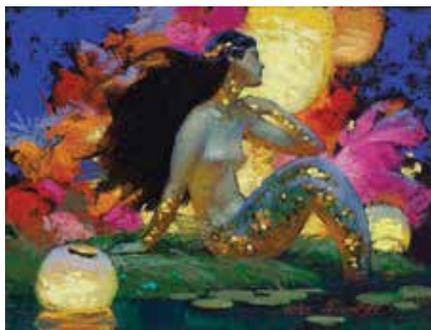
Chesapeake Bay Maritime Museum; Now through March 1st, 2020; Free for CBMM members, \$6-15 for non-members; Cbmm.org; 410-745-2916 *On Land and On Sea: A Century of Women in the Rosenfeld Collection* features the work of Morris and Stanley Rosenfeld, who created the world's largest and most significant collection of maritime photography. The iconic photos featured in this exhibition are recognizable to the general public and are treasured by boating enthusiasts. *On Land and On Sea* reveals the social and historical context of women over the better part of the 20th century through the lenses of the Rosenfelds' cameras.

Bodyphones and Jiwa dan Raga

Academy Art Museum; Now through May 31st, 2020; \$3 for non-members, free for children under 12; Academyartmuseum.org; 410-822-2787 The Academy Art Museum presents *Bodyphones and Jiwa dan Raga*, immersive installations by Aaron Taylor Kuffner (1975). The Gamelatron Project exposes us to the rich and profound nature of resonance and its effect on the psyche. It strives to create harmony in the tension of fusing the east and the west, the modern and the ancient. The Gamelatron's contrasting materials and mechanisms tell us a story of globalization and modernization.

↓ 22nd Anniversary Group Show

Troika Gallery; November 8th through December 31st, 2019; Free; Troikagallery.com; 410-770-9190 Troika Gallery's 22nd Anniversary Group Show opens Waterfowl Weekend exhibiting new masterpieces by all of the Troika artists. Works in oil, pastel, watercolor, acrylic, pencil, clay, bronze, and porcelain are on exhibit. This annual fall group show is a favorite of collectors and gallery admirers.



Victor Nizovtsev, *Mermaid with Lanterns* oil, 9 x 12

To Fool the Eye, Trompe L'oeil Paintings by Jorge Alberto →

Troika Gallery; Now through November 6th, 2019; Free; Troikagallery.com; 410-770-9190

Troika Gallery is proud to present *To Fool the Eye, Trompe L'oeil Paintings of Jorge Alberto*. A fine realist artist, Jorge Alberto Gonzalez was born in Cuba and emigrated to the U.S. with his family in 1965. As a child, he observed the work of the Old Masters and is attracted to the realistic quality of the paintings of Caravaggio, da Vinci, and Velazquez. He is fascinated with the drama of light, the deception of illusion, and creates works that have these qualities.

Annual Members' Exhibition: The Small Originals Holiday Show

Easton Armory; November 15th through December 4th, 2019; Opening reception: November 15th, 5:30-7 p.m.; \$3 for non-members, free for children under 12; Academyartmuseum.org; 410-822-2787

Academy Art Museum members were invited to get creative, imaginative, and experimental around a Small Original theme in any medium. Participation in the Members' Exhibition is not juried. David Hawkins, Head of Education at The Kreeger Museum, will serve as judge for the 2019 exhibition.

2019 Holiday Show/Gift Sale

Chestertown RiverArts; November 21st through December 29th, 2019; Free; Chestertownriverarts.org; 410-778-6300

The annual RiverArts Holiday Show features gifts for every pocketbook. These unique gifts created by our members include everything from children's clothing to jewelry, fashion accessories, home decor, stocking stuffers, holiday cards and ornaments, paintings, and more.

Water/Ways

Dorchester Center for the Arts; Now through November 30th, 2019; Free; Visitdorchester.org; 410-228-3575 From above, Earth appears as a water planet with more than 71 percent of its surface covered with this vital resource for life. Water impacts climate, agriculture, transportation, industry and more. It inspires art and music. The *Water/Ways* traveling exhibition from the Smithsonian's Museum on Main Street program examines water as an environmental necessity and an important cultural element.



The Enigma of Love, 16 x 20 inches, oil on panel

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. (See 11/1).

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. (See 11/1).

The White Rose at The Colonial Players, Inc., Annapolis. (See 11/1).

MUSIC

Hogslop String Band at Avalon Theatre, Easton. 8 p.m. Avalonfoundation.org

Brian Newman at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Kenny "Babyface" Edmonds at Maryland Live! Casino, Hanover. 7 p.m. Livecasino-hotel.com

Chris Young at Royal Farms Arena, Baltimore. 7 p.m. Royalfarmsarena.com

Celestial Navigation at

Chesapeake Bay Maritime Museum, Saint Michaels. 10 a.m. 410-745-4960. Cbmm.org

St. Michaels Ghost Walk at Chesapeake Bay Maritime Museum, Saint Michaels. 7 p.m. Chesapeakeghostwalks.com

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. (See 11/1).

The Met: Live in HD - Puccini's Madama Butterfly at Avalon Theatre, Easton. 12:55 p.m. Avalonfoundation.org

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. (See 11/2).

The White Rose at The Colonial Players, Inc., Annapolis. (See 11/1).

MUSIC

The Conservatory Classic Jazz Band Plays Louis

Armstrong at Summer Hall, Chestertown. 7 p.m. 443-282-0023. Garpost25.org/

Mark Wade Trio at Avalon Theatre, Easton. 8 p.m. Avalonfoundation.org

Superflydisco: The Ultimate 70s Disco Funk! at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Ramsheadonstage.com

Saturday

16

SPECIAL EVENTS

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. Avalonfoundation.org

St. Michaels Farmers' Market at Public Parking Lot, St. Michaels. 8:30 a.m. Stmichaelsmd.org

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

Nutritious Berries, Nuts, & Seeds Soup 'n Walk at Adkins Arboretum, Ridgely. 11 a.m. Adkinsarboretum.org

Sunday

17

SPECIAL EVENTS

Painting with Wool at Adkins Arboretum, Ridgely. 1 p.m. Adkinsarboretum.org

NOVEMBER EVENTS

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. 2 p.m. & 8 p.m. 410-556-6003. Churchhill-theatre.org

Tarzan the Musical at Children's Theatre of Annapolis, Annapolis. (See 11/3).

MUSIC

Herman's Hermits feat. Peter Noone at Rams Head On Stage, Annapolis. 4:30 p.m. & 7:30 p.m. 410-268-4545. Ramsheadonstage.com

SPORTS

Ravens vs Texans at M&T Bank Stadium, Baltimore. 1 p.m. Baltimore Ravens.com (F)

Redskins vs Jets at FedExField, Landover. 1 p.m. 301-276-6800. Redskins.com (F)

Monday

18

SPECIAL EVENTS

Open Portrait Studio at Academy Arts Museum Of Easton, Easton. 1 p.m. Academyart-museum.org

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. (See 11/1).

MUSIC

Washington College Students Honors Recital at Washington College, Chestertown. 7:30 p.m.

Mainstay Monday featuring Joe Holt and guest Steve Beskrone at The Mainstay, Rock Hall. 7 p.m. Mainstay-rockhall.org

Tuesday

19

PERFORMING ARTS

The Importance of Being Earnest at Church Hill Theatre, Church Hill. (See 11/3).

MUSIC

Eric Gales at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Wednesday

20

MUSIC

Mannheim Steamroller Christmas at Wicomico Youth & Civic Center, Salisbury. 7:30 p.m. Wicomicoyouthcenter.org

Kevin Griffin at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Thursday

21

SPECIAL EVENTS

2019 Holiday Show/Gift Sale at Chestertown RiverArts, Chestertown. 11 a.m.-5:30 p.m. (Tues.-Fri.), 10 a.m.-5:30 p.m. (Sat.), 11 a.m.-3 p.m. (Sun.). Now through December 29th, 2019. 410-778-6300. Chestertownriverarts.net

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

MUSIC

John 5 at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Trans-Siberian Orchestra at Royal Farms Arena, Baltimore. 7:30 p.m. Royalfarmsarena.com

Friday

22

PERFORMING ARTS

Annie at Garfield Center for the Arts, Chestertown. 7 p.m. 410-810-2060. Garfieldcenter.org

MUSIC

Classic Albums Live: The Doors - LA Woman at Avalon Theatre, Easton. 8 p.m. Avalonfoundation.org

Lee Ritenour at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Gladys Knight at Maryland Live! Casino, Hanover. 8 p.m. Livecasinohotel.com

Saturday

23

SPECIAL EVENTS

Annual Holiday Bazaar at Immanuel United Church of Christ, Cambridge. 8 a.m. 410-228-4640. Immanuelucc.com

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

New Dress, by Victor Nizovtsev, oil, 20 x 16

ANNIVERSARY GROUP SHOW

TROIKA GALLERY

Friday, November 8
Gala Reception
5 - 8 pm
Exhibit through December 31

9 South Harrison Street • Easton, MD 21601 • 410-770-9190 • troikagallery.com

The Trippe Gallery

Chance Meeting by Angela Herbert-Hodge

Red Bellied Woodpecker by Kevin Griffin

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Go online now for tickets at WATERFOWLFESTIVAL.ORG | 410.822.4567

Turkey Trot Fun Run at Denton Elementary School, Denton. Carolinerecreation.org (F)

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. Avalonfoundation.org

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

Lights and Leashes at Sandy Point State Park, Annapolis. 6 p.m. Lightsonthebay.org (C) (F)

PERFORMING ARTS

Annie at Garfield Center for the Arts, Chestertown. (See 11/22).

The Met: Live in HD 2019-20 Season at Avalon Theatre, Easton. 1 p.m. 410-822-7299. Avalonfoundation.org

Piff The Magic Dragon at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. 410-263-5544. Marylandhall.org

MUSIC

Robbie Schaefer at Avalon Theatre, Easton. 8 p.m. Avalonfoundation.org

Suzy Bogguss at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Monday
25

SPECIAL EVENTS

Open Portrait Studio at Academy Arts Museum of Easton, Easton. 1 p.m. Academyart-museum.org

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

Lights on the Bay at Sandy Point State Park, Annapolis. 5 p.m. 410-268-4388. Lightsonthebay.org (C) (F)

MUSIC

Washington College String Orchestra and Chorus Concert at Washington College, Chestertown. 7:30 p.m.

Mainstay Monday featuring Joe Holt with guest Lea McGowan at The Mainstay, Rock Hall. 7 p.m. Mainstay-rockhall.org

Lights on the Bay at Sandy Point State Park, Annapolis. 5 p.m. 410-268-4388. Lightsonthebay.org (C) (F)

MUSIC

Comedy Jam at the Ram feat. **Danny Rouhier** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Thursday
28

SPECIAL EVENTS

Lights on the Bay at Sandy Point State Park, Annapolis. 5 p.m. 410-268-4388. Lightsonthebay.org (C) (F)

Turkey Trot at Pauline F. & W. David Robbins Family YMCA, Cambridge. 8:30 a.m. Ymdturkeytrot.org (C)

Turkey Trot at Easton Family YMCA, Easton. 8:30 a.m. Ymdturkeytrot.org (C)

Turkey Trot at Hunter Oak Golf Course, Queenstown. 8:30 a.m. Ymdturkeytrot.org (C)

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

Friday
29

SPECIAL EVENTS

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

Lights on the Bay at Sandy Point State Park, Annapolis. 5 p.m. 410-268-4388. Lightsonthebay.org (C) (F)

PERFORMING ARTS

Annie at Garfield Center for the Arts, Chestertown. (See 11/22).

A Christmas Story: The Musical at Clear Space Theatre, Rehoboth Beach. 7 p.m. 302-227-2270. Clearspacetheatre.org

A Christmas Carol at Annapolis Shakespeare Company, Annapolis. 8 p.m. 410-415-3513. Annapolis-shakespeare.org

MUSIC

Motown & More: A Holiday Celebration at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Saturday
30

SPECIAL EVENTS

Easton Volunteer Fire Department Train Garden at Easton Volunteer Fire Department, Easton. 4 p.m. Eastonvfd.org (F)

Small Business Saturday in Easton at Easton, Easton. 10 a.m. Discovereaston.com

Talbot Hospice Festival of Trees at Tidewater Inn, Easton. 10 a.m. Talbotfestival.org (C) (F)

Easton Farmers Market at Easton Farmers' Market, Easton. 8 a.m. Avalonfoundation.org

Chestertown Farmers Market at Fountain Park, Chestertown. 8 a.m. Townofchestertown.com

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

Enchant Christmas at Nationals Park, Washington, D.C. 4:30 p.m. 202-675-6287. Enchantchristmas.com (F)

Lights on the Bay at Sandy Point State Park, Annapolis. 5 p.m. 410-268-4388. Lightsonthebay.org (C) (F)

PERFORMING ARTS

Annie at Garfield Center for the Arts, Chestertown. (See 11/24).

A Christmas Story: The Musical at Clear Space Theatre, Rehoboth Beach. (See 11/29).

A Christmas Carol at Annapolis Shakespeare Company, Annapolis. 2 p.m. & 8 p.m. 410-415-3513. Annapolis-shakespeare.org

MUSIC

Carols By Candlelight at Tidewater Inn, Easton. 5 p.m. Tidewaterinn.com

XPD's Dance Party at Avalon Theatre, Easton. 8 p.m. Avalonfoundation.org

Jesse Carron's Tribute to Elvis Christmas Dinner & Show at Wicomico Youth & Civic Center, Salisbury. 7 p.m. Wicomicociviccenter.org

Christmas with the Celts at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

Michael Bolton at Maryland Live! Casino, Hanover. 8:30 p.m. Livecasinohotel.com

Jonas Brothers at Royal Farms Arena, Baltimore. 7 p.m. Royalfarmsarena.com

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Sunday
24

SPECIAL EVENTS

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

Lights on the Bay at Sandy Point State Park, Annapolis. 5 p.m. 410-268-4388. Lightsonthebay.org (C) (F)

PERFORMING ARTS

Annie at Garfield Center for the Arts, Chestertown. 2 p.m. 410-810-2060. Garfieldcenter.org

MUSIC

Damien Escobar at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

SPORTS

Redskins vs Lions at FedExField, Landover. 1 p.m. 301-276-6800. Redskins.com (F)

Tuesday
26

SPECIAL EVENTS

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

Lights on the Bay at Sandy Point State Park, Annapolis. 5 p.m. 410-268-4388. Lightsonthebay.org (C) (F)

MUSIC

Tommy Castro & The Painkillers, Tinsley Ellis at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Wednesday
27

SPECIAL EVENTS

Winterfest of Lights at Northside Park, Ocean City. 5:30 p.m. Ococean.com (F)

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Where's Wilma?

FIND WILMA AND WIN!

'Tis the season for family, friends, and, of course, Turkey Trots! Follow Wilma to the calendar as she shows you some fun, festive events to attend throughout the month. Once you've filled your planner, head over to the Home & Garden section to check out "Holiday Décor Trends" for some seasonal decorating inspiration. Spend some time with friends and family—there's a lot to be thankful for this November!

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to this month's winner:
Leslie Sides of Easton, who won a gift certificate to Fisherman's Crab Deck!

Mail entries to: Where's Wilma? Eastern Shore, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions



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I FOUND WILMA ON PG. _____ Advertiser _____
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Would you like to sign up for our weekly eNewsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles! Yes, please! _____ No, thanks _____

Entries must be received by November 30th, 2019. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Eastern Shore.

98 Cannon Riverfront Grille.....	95
Accurate Asphalt LLC.....	71
Anchor and Plow Restaurant.....	Kent County
Annapolis Auto.....	21, 28
Annapolis Pillow Company.....	GG
Catherine Purple Cherry Architects.....	BC
Chaney Homes.....	54
Chesapeake Bay Beach Club.....	3
Chesapeake Property Finishes.....	18
Choices Pregnancy Center.....	21
Christmas In St. Michaels.....	11
County Commissioners of Kent County.....	Kent County
CR Realty.....	7
Discover Easton.....	72
Djawdan Center for Implant and Restorative Dentistry.....	1
Dwelling & Design.....	GG
Eastern Shore Dental Care.....	18
Eastern Shore Tents And Events.....	Kent County
Great Oak manor.....	Kent County
Griffith Energy Services.....	67
Haven Ministries.....	81
Higgins & Spencer Inc.....	69
Kent Island Pediatric Dentistry.....	11
Kitty Knight LLC.....	Kent County
KRM Development Corporation.....	Kent County
Lundberg Builders / 314 Design Studio.....	59
Mid Atlantic Symphony Orchestra.....	90
Molly's Place.....	8
Nancy Hammond Editions.....	28
Osprey Point.....	Kent County
Polished Nails.....	47
Radcliffe Creek School.....	36
RiverArts.....	Kent County
RLC Lawyers & Consultants.....	41
Smilin' Jake's.....	Kent County
Snifters Crafts Beer and Wine Bistro.....	82
South River Flooring.....	17
Sullivan Surgery and Spa.....	IFC
The Arc Central Chesapeake Region.....	81
The Chester River Wellness Alliance.....	Kent County
The Hickory Stick.....	Kent County
The Listening Room.....	Kent County
Tidewater Inn.....	17
Town of St. Michaels.....	12
Trippe Gallery.....	93
Troika Gallery.....	93
Two Tree Restaurant.....	Kent County
University of Maryland Shore Regional Health.....	IBC
Waterfowl Festival.....	94
WHEELHOUSE.....	Kent County

CELEBRATING

100+
YEARS
of Caring



Gearing up for
a healthy
home team

Look who's on the sidelines! University of Maryland Shore Regional Health orthopedist Dr. Jason Jancosko isn't just caring for Eastern Shore residents in the usual places. His medical expertise, including injury prevention, extends to many local fields. He and his colleague, Dr. Richard Mason, volunteer their time as team physicians for schools in Caroline, Dorchester, Queen Anne's and Talbot counties. That's a lot of time spent ensuring one goal: that young athletes are safe and well. After all, a healthy community is definitely a winning one!

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