

WHAT'S UP?

IS YOUR DOG  
A GOOD CITIZEN?

THE ECONOMICS OF MARYLAND'S  
GENERAL ASSEMBLY 2020

YOUR GUIDE TO  
SUMMER CAMPS

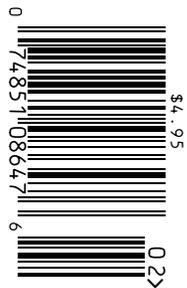
WHAT'S UP? MEDIA  
HOME  
GROWN  
LOCALLY  
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WEST COUNTY - WEDDINGS - WINTER ISLES  
EASTERN SHORE

# EASTERN SHORE

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WHAT'S UP? MEDIA FEBRUARY 2020





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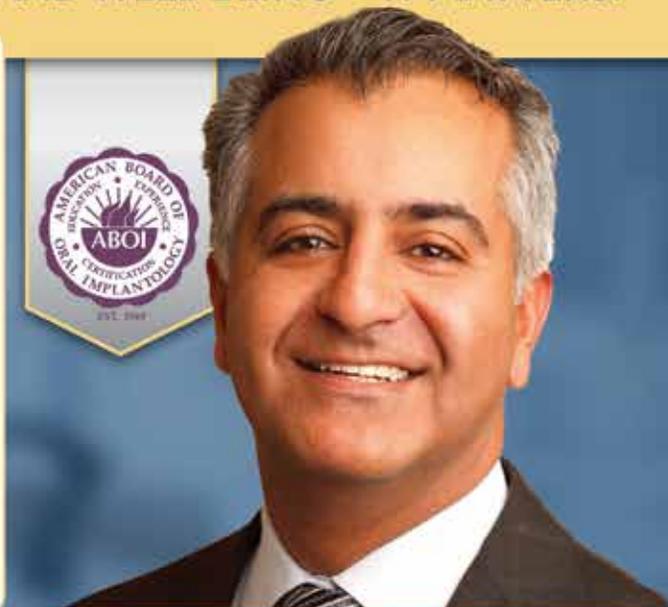


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\*Dr. Djawdan is Board Certified by the American Board of Implantology/Implant Dentistry

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**On the Cover:** The uniqueness of the Eastern Shore lifestyle is celebrated at several annual events. Design by August Schwartz. Contact *What's Up? Eastern Shore* online at [whatsupmag.com](http://whatsupmag.com). Please recycle this magazine.

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WHAT'S UP?

# EASTERN SHORE

**Publisher & President**

Veronica Tovey (x1102)

**Editorial Director**

James Houck (x1104)

**Chief Operating Officer**

Ashley Raymond (x1115)

**Community Editor**

Caley Breese (x1103)

**Entertainment Editor**

Megan Kotelchuck (x1129)

**Editorial Intern**

Amanda Vu

**Contributing Editors**

Lisa J. Gotto, Dylan Roche

**Staff Writers**

Diana Love, Frederick Schultz

**Contributing Writers**

Anirban Basu, Janice Booth,  
Anne McNulty, Ellen Moyer, Tom Worgo

**Staff Photographer**

Steve Buchanan

**Art Director**

August Schwartz (x1119)

**Graphic Designers**

Matt D'Adamo (x1117), Lauren VanSickle (x1123)

**Web Content Specialist**

Brian Saucedo (x1116)

**Production Manager**

Nicholas Gullotti (x1101)

**Senior Account Executive**

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Debbie Carta (x1110), Beth Kuhl (x1112),  
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**Special Events Director**

Melanie Quinn (x1132)

**Finance Manager**

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**MARCH 2020**

Year of the Woman: African American Suffragettes  
Local Goats Wear Many Hats  
Summer Camp Adventures  
Kent Island Archaeology

# February contents

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## What's Up? Online

Whatsupmag.com recently underwent some major changes. While we're still working out some kinks, we're excited to bring you a new and improved online experience. Digital Advertising space is now more valuable than ever. For more information, please visit [whatsupmag.com/advertise](http://whatsupmag.com/advertise) and reserve your spot today!



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# Meet Jennifer Brotz, DMD

## Dentist at Eastern Shore Dental Care

### Once you knew you were interested in healthcare, why did you choose dentistry?

My grandfather sold dental equipment, my father is a dentist; it has always been a part of my life.

**What brought you to ESDC?** I was looking to join a family practice in Maryland. I shadowed at ESDC for a few days to see how patients were treated. After witnessing the care and compassion everyone here had for each patient, I knew it was the perfect fit and something I wanted to be a part of.

**What does ESDC do best?** Patient care! Making sure every patient's needs are understood and exceeded.

**What skill/trait do you admire the most about Dr. Billings and/or Dr. Murphy?** I admire Dr. Billing's ability to calm an anxious patient. It is truly life changing to see how he works with patients that previously never received dental treatment because of their fears. As for Dr. Murphy, he has a way of relating to every Patient. He makes them feel at ease about the treatment he recommends..

**What skill/trait do you admire the most about one of your Dental Associates?** All of the dentists here are excellent, but Dr. Parikh just has a way with kids. She is patient with everyone, but I really applaud her when it comes to making little ones feel comfortable.

**What would you say is your dental philosophy?** Prevention is key. More extensive dental procedures can be avoided if things are caught sooner. Regular checkups and homecare allows for less time in the dental chair and less money out of the patient's pocket.

**When someone finds out you're a dentist, what is the #1 question they always ask you?** "How do you work in people's mouths all day?"

**If you could preach only one thing to all of your patients what would it be?** Brush twice a day for two minutes with a toothpaste that has fluoride. Homecare can make all the difference.

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# From the editor



I may be in the minority  
(the infinitesimal?),  
but I'm wishing for an

**ARCTIC BLAST THIS FEBRUARY;**

a deep freeze that lasts long  
enough to remind us that the

**MID-ATLANTIC CAN STILL  
BE MIGHTY, DARN COLD.**

I type this on the heels of a mild, 65-degree weekend we awkwardly enjoyed this past January. Tennis anyone? What the heck is going on? I've got sleds and saucers sitting in the shed, untouched. Winter coats, mittens, and earmuffs hanging in the closet. And...I long for winter.

Sounds crazy, but I remember looking forward to ice skating on the South River each season. And if the river didn't freeze shore-to-shore, then at the very least, the smaller tributaries did; and thick enough to round up us neighborhood kids for pick-up hockey games. If the ice cracked, we turned our attention to super-sized hills for sledding. It usually snowed enough, week-over-week, to enjoy some great sledding on snow-days or after school, and always on the weekends.

Today, we're lucky if we get enough snow to justify the plows on the roads. Well, I call it luck. Others call it annoying. We might get one heavy snow per season. And if the

rivers freeze overnight, they're usually thawed by noon. Call it what you will, but there certainly seems to be change in the seasons the older I get. I'm just hopeful to share those same experiences with my children.

If we're able to get out and about for these types of winter activities, great. Let's put a check mark in the win column for us. If the snow doesn't fall, there's still good news. This February is chock full of fun events, performances, and enough entertainment to keep whatever winter doldrums one might feel at bay. Our "Out on the Towne" and "Calendar of Events" sections offer the evidence. In this issue of *What's Up? Eastern Shore*, there's plenty to pump you up.

But, if you're curled-up on the couch with a blanket reading this issue, we've also got you covered. Perhaps, Fido is snuggled on the couch with you...or chewing the couch. If the latter, you'll want to read "Is Your Dog a Good Citizen?" which explores the intricacies of canine obedience. Speaking of good citizens, we certainly hope our legislators are just that; and doing their jobs well. The Maryland General Assembly is in session and there are new leaders in the House and Senate. Economist Anirban Basu explores this changing of the guard in his article—you guessed it—"New Leaders in Annapolis." And let yourself daydream of warmer weather as you peruse our annual summer camps guide; now is the time to register the wee ones for day- or overnight-sessions.

Our ambitious "Year of the Woman" project continues. This year-long remembrance of women's suffrage and the 100th anniversary of the 19th Amendment deep dives into important issues past and present. The latest offering, "Manifesting Their Destiny," in our article series is an inspiring read—to think of the civil rights climate in our nation 100 years ago...200 years ago. We've come so far, yet have so far to go.

Whether or not this February sees the snow I, for one, wish for remains to be seen. In the meantime, I hope you enjoy reading this issue as much as our staff has enjoyed putting it together.

**James Houck,**  
Editorial Director

A handwritten signature in black ink, appearing to read "James Houck". The signature is stylized and written over a large, light-colored oval shape.

# Out on the Town

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## ↑ Fire and Ice Festival

For the first time, Easton will be hosting its own Fire & Ice Festival! During February 14-16, 3,000 pounds of ice will be carved into beautiful works of art located throughout Easton's historic district. A Friday night Ice Party will kick off the event, giving a sneak peek into the featured ice sculptures of the weekend. There will be many things to do during the day including outdoor ice skating and live music, but be sure to stick around at night for each sculpture to colorfully light the streets of Easton. This event is free to visit. For more information, visit [Discovereaston.com](http://Discovereaston.com).





## ← DADDY-DAUGHTER ICE SKATE

Calling all dads! Start date night a little early this Valentine's by taking your daughter, or daughters, to the Talbot County Community Center ice rink. From 6 p.m. to 8 p.m. on both February 12 and February 13, refreshments, a DJ, and door prizes will be available while you skate around the rink. Admission is \$30 a couple and \$15 for each additional daughter. For more information, visit [Talbotparks.org](http://Talbotparks.org).

## National Outdoor Show

February 28 & 29 be sure to stop by South Dorchester School for the 75th Annual National Outdoor Show. Friday evening, doors open at 5 p.m. and the show starts at 7 p.m., while doors open at 9 a.m. on Saturday with shows starting at 10:30 a.m. and 6 p.m. In addition to the Little Mister & Little Miss Pageant, there will also be plenty of activities, including: chainsaw carving, kid's craft corner, police K-9 demonstration, muskrat skinning, cooking demos, and so much more throughout the day. Tickets at \$8 for adults and \$4 for children. For more information, visit [Nationaloutdoorshow.org](http://Nationaloutdoorshow.org).



## ← STEWS & BREWS

In conjunction with Easton's Fire and Ice Festival, Easton Beer Fest is hosting Stews & Brews on February 15 from noon to 4 p.m. at the Easton Volunteer Fire Department. This event brings in 25 craft brewers with unlimited tastings and 10 local chefs offering samples of their stews. These are included in your admission ticket and creative small plates will be for sale for \$2 or less. Beers, stews, vendors, live music, and chance games will all be available. Tickets are \$35 per person including noon entry, tasting glass, unlimited beer sampling, and stew samples, and are \$10 for the designated driver package, which includes stew samples and soda. For more information, and to buy tickets, visit [Discovereaston.com](http://Discovereaston.com).

## 3RD ANNUAL BLACK EXCEL- LENCE GALA

Harvesting Hope Youth & Family Wellness, Inc. hosts "When the Stars Align," the 3rd Annual Black Excellence Gala on Saturday, February 22 from 8 p.m. to 1 a.m. The Gala will take place at 2450 Cambridge Way, Cambridge. Tickets are \$50 per person and include heavy hors d'oeuvre and one beverage ticket. For more information, visit [Visitdorchester.org](http://Visitdorchester.org) or call 443-451-4846.



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## ↑ Seaside Boat Show

Celebrate Valentine's Weekend by the ocean this year with Ocean City's Seaside Boat Show. Admission is only \$10 a day, or \$15 for a weekend pass. See 350 boats, 50 boat dealers, accessory show specials, sport cruisers, performance boats, and more on Friday from 11 a.m. to 7 p.m., Saturday from 10 a.m. to 7 p.m., and Sunday from 10 a.m. to 5 p.m. at the Ocean City Convention Center. For more information visit [Oceancitymd.gov](http://Oceancitymd.gov).





## Love on Tap: FeBREWary

The 5th Annual Love on Tap Shore Craft Beer Festival will be hosted on February 29 at the Ocean City Convention Center. Only local craft beer will be offered at this unlimited free tasting event, and representatives from the breweries up and down the Shore will be available to talk about their beer with you. Over 45 beers will be featured, including some made specifically for this event. The event is held from 1:30-4:30 p.m. for a \$35 general admission ticket. To start your day earlier, buy a \$50 VIP Admission ticket to gain entrance at 12:30 p.m. There is also a Designated Driver ticket for \$10, which includes free soda and water. For more information, visit [Shorecraftbeerfest.com](http://Shorecraftbeerfest.com).

## 7TH ANNUAL → CHESTER GRAS

The Peoples Bank will host their 7th annual family fun event Chester Gras in the streets of Chestertown on February 22. There will be live music, kids' activities, food, a silent action, and of course, a traditional Mardi Gras parade. The parade will start its way down High Street at 11:30 a.m. and heated tents with food, music, and activities will open at noon until 3 p.m. All of the proceeds will benefit the Backpack Program of the Kent County Food Pantry. For more information visit, [Chestergras.org](http://Chestergras.org).



## St. Michaels Winter Romance Getaway

Visit St. Michaels this Valentine's Day Weekend for a quick, romantic getaway. From February 14 to 17, participating lodging partners are offering romance packages. Along with this, restaurants are offering special, romantic dishes and St. Michaels boutiques, jewelry, and gift shops are offering a unique shopping experience. For more information, visit [Stmichaelsmd.org](http://Stmichaelsmd.org).

**FOR MORE EVENTS** VISIT OUR CALENDAR ON PG. 89 OR GO TO [WHATSUPMAG.COM](http://WHATSUPMAG.COM)



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1 2



**TOWNE SOCIAL**

# Beef, Bonfires & Cigars

On the evening of November 2, Haven Ministries hosted its 3rd annual fall fundraising event, Beef, Bonfires & Cigars at the Aspen Institute, Wye River Conference Center in Queenstown. Guests enjoyed a selection of grilled meats, specialty whiskies and bourbons, live music, and fireside camaraderie. More than \$20,000 was raised to help the homeless population.

Photography courtesy Haven Ministries **1**. Premium whiskies were a draw for many guests **2**. Liz Verhelle and Mia Cranford **3**. Range & Reef catered the grilled cuisine **4**. Jim and Mary Beth Moran **5**. John Frase and Forrest Anderson perform **6**. Liz Verhelle, Deena Kilmon, and Kim Hannon



3



4



5



6



**TOWNE SOCIAL**

## Celebration of Charity

On November 14, Chesapeake Charities awarded local philanthropists and charities for their commitment to community and causes at the organization's annual Celebration of Charity luncheon, held at the Chesapeake Bay Beach Club in Stevensville.

Photography courtesy Chesapeake Charities **1.** Elaine Curl, Diana Waterman, Mark Anderson, Audrey Scott, Jody Gray, Paula Warner, Ozzie Culhagil **2.** Mike Arntz, Gaye Adams, Sen. Steve Hershey, and Del. Steve Arentz present state citations from the Governor's office and several senators to Linda Kohler (in red) **3.** Heather Bacher and Jenny Griffin **4.** Randy, Claudia, and Nate Boldyga **5.** Audrey Scott delivers remarks **6.** Kathy Deoudes and Heather Guerieri





Left to right: Bob Rauch, Brad Baker, Art Cecil, and Bill Houck.  
Photo courtesy of UM Shore Regional Health

## Shore Regional Health Golf Tournament Raises \$92,268

The University of Maryland Shore Regional Health Golf Tournament, held in September at the Talbot Country Club, raised \$92,268. The tournament was presented by UM Memorial Hospital Foundation and attracted 23 teams of four. Each player received a Hudson Sutler garment bag and enjoyed lunch and a reception on the course afterward. Proceeds from the event will support Surgical Services at UM Shore Medical Center at Easton, including a new GlideScope used by anesthesiologists and a specialty surgical table known as the Jackson Table.

## TALBOT COUNTY DEPARTMENT OF SOCIAL SERVICES HOSTS THANKS FOR GIVING

Talbot County Department of Social Services (DSS) hosted its second annual Thanks for Giving celebration in November. The event recognizes foster and adoptive (resource) parents and their families. Guests celebrated the Thanksgiving holiday with a catered meal and enjoyed family crafts. Elected officials, including Easton Town Councilman Don Abbatiello, also attended to pay tribute to the parents and their families.



Left to right: Director of Talbot County DSS Linda Webb; Resource Parent Susan Guffey; Zion Carter; Resource Parent Johnette Dozier; Jibreel Dozier; Senator Addie Eckardt; Emprin Wilson; Tavion Wilson; and Councilman Don Abbatiello of Easton Town Council. Photo by Amy Stewart

## COMPASS REGIONAL HOSPICE NAMED NONPROFIT OF THE YEAR

Compass Regional Hospice (CRH) was named Nonprofit of the Year at Chesapeake Charities' fourth annual Celebration of Charity in November. CRH was nominated and chosen for its admirable hospice care and grief support services in Caroline, Kent, and Queen Anne's counties, as well as its dedication to excellence and innovative leadership. The Celebration of Charity event was held at Chesapeake Bay Beach Club in Stevensville. Mark Freestate, a member of the Charting Our Course Together capital campaign, presented the award to CRH Chief Executive Officer Heather Guerieri, who accepted on behalf of Compass Regional Hospice.



Left to right: Capital Campaign Committee member Mark Freestate; CRH Board Chair Kathy Deodes; CRH CEO Heather Guerieri; CRH Board Vice Chair Teresa Baumann; CRH Board Secretary Paula Warner; CRH Board member Janice Feeley; CRH Board member Tom Helfenbein. Photo courtesy of Cara Smith

## Character Counts Mid Shore Appoints New Executive Director

Character Counts Mid Shore Board of Directors announced Lauren Weber as its new executive director in December. She succeeds Character Counts Mid Shore's longtime leader Susan Luby, who retired in November. Weber has a background in nonprofit governance, and she most recently served as the director of development for an independent school on the Eastern Shore. Character Counts Mid Shore is a nonprofit that serves Talbot, Dorchester, and Caroline counties. The organization is a member of the National Character Counts Coalition and provides educational programs to the community and area schools based on the six pillars of character.



Photo courtesy of Lauren Weber

Do you have community or business news to publicize?  
Send What's Up? an email at [cbreese@whatsupmag.com](mailto:cbreese@whatsupmag.com).

# “WHEN STANDING OUT MATTERS”



## Your #1 Eastern Shore Real Estate Experts



### CENTREVILLE - QUEEN ANNES

**403 N Commerce St.** 4BR/4BA Hilltop home in the heart of Centreville. This complete renovation includes a custom design, built with top quality materials. Inside this beautiful home includes: hardwood floors, tile and carpet, recessed lighting, granite countertops, quality cabinets, kitchen island, two master bedrooms, and more. The exterior offers fenced backyard, stone foundation and walkways. **\$399,500**



### CENTREVILLE - QUEEN ANNES

**227 N Commerce St.** 4BR/4BA. Completed fully remodeled and nearly new home. 3,000 SQFT +/- with all the bells and whistles. Two Master bedrooms, beautiful hardwood flooring, granite counters, kitchen island, stainless appliances, tankless water heater, huge back deck, two car detached garage, plenty of extra storage in the basement. Right in the heart of Centreville only a short walk from restaurants, stores, parks, boat ramps, and schools. **\$399,500**



### DENTON - CAROLINE

**27264 Greenwood Rd.** 3BR/1BA. Income producing Poultry Farm. Chicken houses w/many updates & currently contracted to grow for Perdue. 4 houses in total. House #1 Built in 2015 and is 40'X400' House #3 & #4 built in 2009 & are 60'X560' & have weigh scales new chore time feed lines, turbo feeders, bolt for dead bird removal. House #2 40'X400' All have tunnel doors, Radiant heat, Turbo feeders 2019. New feed pans in 2018. New alarm system by Roten. **\$1,299,500**



### CENTREVILLE - QUEEN ANNES

**208 Corsica St.** 1BR/1.5BA Looking for a home with lots of charm and history? Here's your chance to own 1 of 4 Historic Captain's Houses overlooking the beautiful scenic Corsica River, this solid 1 bed/1.5 bath home is move-in ready w/updated SS appliances, fresh paint, wood burning fp, hardwood and brick floors & tons of charm! Short walk to Centreville wharf/boat ramp, walking trails and restaurants! Listed on the National Register of Historic Places. **\$169,500**



### MARYDEL - CAROLINE

**Peters Corner Rd.** 2,200 sqft +/- 4 bed 2 1/2 bath house sits on just under 3 acres with no restrictions. Inside will feature an open floor plan. Kitchen you will fall in love with, granite countertops, stainless appliances, and plenty of cabinets with soft close feature. Hardwood floors throughout, carpet in bedrooms and tile in bathrooms. The master bedroom, bathroom, and walk-in closet are huge. **\$299,500**



### MARYDEL - CAROLINE

**Peters Corner Rd.** Are you looking for a great building lot to put your dream home on? No HOA or restrictions here. This property has a large homesite, cleared with good elevation. Approved Perk for standard system all on just under 3 acres in Queen anne's county. Only mins from 301 and Delaware shopping. Lots and lots of potential. Please call today for more info. **\$49,500**

[www.chrisrosendale.com](http://www.chrisrosendale.com)

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MLS



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TOWNE ATHLETE

# Lilly Roser

Easton High School  
Dance

By Tom Worgo

**W**hen Lilly Roser first tried dancing at age 5, she wanted nothing to do with it. It left her cold. “I hated it,” the Easton High senior recalled. “I didn’t have the attention span for it.”

But three years later a friend talked her into giving it a second try. Though it took a while, she fell in love with it. And she’s been immersed in dancing ever since and has won several state competitions. Her specialty is musical theater and contemporary. She doesn’t plan on stopping any time soon. She’s eyeing both dancing in college and after college.

Roser carries a 4.0 weighted grade-point average and has applied to Florida State, Wake Forest, North Carolina, Elon, and North Carolina. She wants to double major in dance and broadcast journalism.

“Dance is a really short-lived career,” Roser says. “If I went with a dance company it would be for the first few years of my life after college. I can pursue it in college and train with a dance company outside the college. I will be dancing in some shape or form.”

Dancing for all these years has led to another passion: pageants. She competed in Miss World America in Las Vegas in October and finished as third runner-up among some 40 participants.

The pageant, advertised as “beauty with a purpose,” involves public speaking, dancing, and a public-service platform. Roser’s platform was the “Hidden Hunger Epidemic—Tackling Malnutrition.” Her goal is to establish hunger coalitions in 24 areas of Maryland. Her video explaining her platform won first place.

“When I was introduced to pageants, I realized a true intersection of all my favorite things,” she says. “For me, it’s like a dance competition with so many more phases and opportunities. For me, it’s the best of both worlds.”

Victory Ram, owner of Be Victorious Prep, in Essex, trains the 5-foot-5 Roser for the pageants. Roser makes the nearly two-hour commute from her home in Easton twice a week.

“What led her to the top is her dancing talent,” Ram says of her impressive showing in the Miss World America. “Lilly is an incredible dancer. For her having this success so easily in Vegas is a testament to her confidence and who

she is as a person. She is so generous, so loveable and so real. It doesn’t happen very often that you do so well on your first shot in nationals.”

Roser qualified for Miss World America after finishing as first runner-up in the Miss Maryland competition in June, in Hagerstown. “It was my first pageant,” Roser says.

But the 17-year-old enjoyed herself even more in her three trips to Las Vegas. Her first two trips came in 2016 (Miss Teen Dance Icon Maryland) and 2017 (Miss Senior Dance Icon Maryland).

All of her success doesn’t surprise Jessica Hindman of the Eastern Shore Dance Academy in Cambridge and has trained Roser for nine years.

“She is very flexible and has an amazing stage presence,” Hindman says. “She is one of those girls you just can’t take your eyes off of when she is on stage. She is just a great performer. She has a wow factor. I think she will probably make dancing a profession.”

Her tremendous work ethic is also a big factor in how she’s come this far. For four years, up until she started high school, Roser often practiced seven days a week. Part of her commitment involved performing in the “The Nutcracker,” which involves months of rehearsal leading up the holiday season performance.

“She has sacrificed friendships,” says Roser’s mother Donna of her commitment to dancing. “She said to me one time, ‘I wish you got me into other sports so I could have that friendship that comes with teams.’”

Despite the time she puts into dancing and her studies, Roser also devotes as many hours as she can to her core community service effort by working with various organizations. With the Bay Area Community Church-Easton, Roser has traveled on mission trips to El Salvador twice and the Appalachian Mountains in West Virginia.

“I go on a mission trip ever summer,” Roser explains. “It makes me a stronger person. I use my resources and time to help others who may not have the resources to help themselves. In El Salvador, you are delivering things to homes with no beds and nothing but a dirt floor. It’s an experience that I am forever grateful for.”

Roser also volunteers for Talbot County Hunger Coalition, Talbot Interfaith Shelter, Maryland food bank of Feeding America, and Rise Against Hunger. She is president of Easton High’s Rotary Interactive Club, which helps Rise Against Hunger plan and organize its yearly food drive in Easton.

“It’s so impactful,” Roser says. “Last year, we raised over 20,000 meals that went overseas.”

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.

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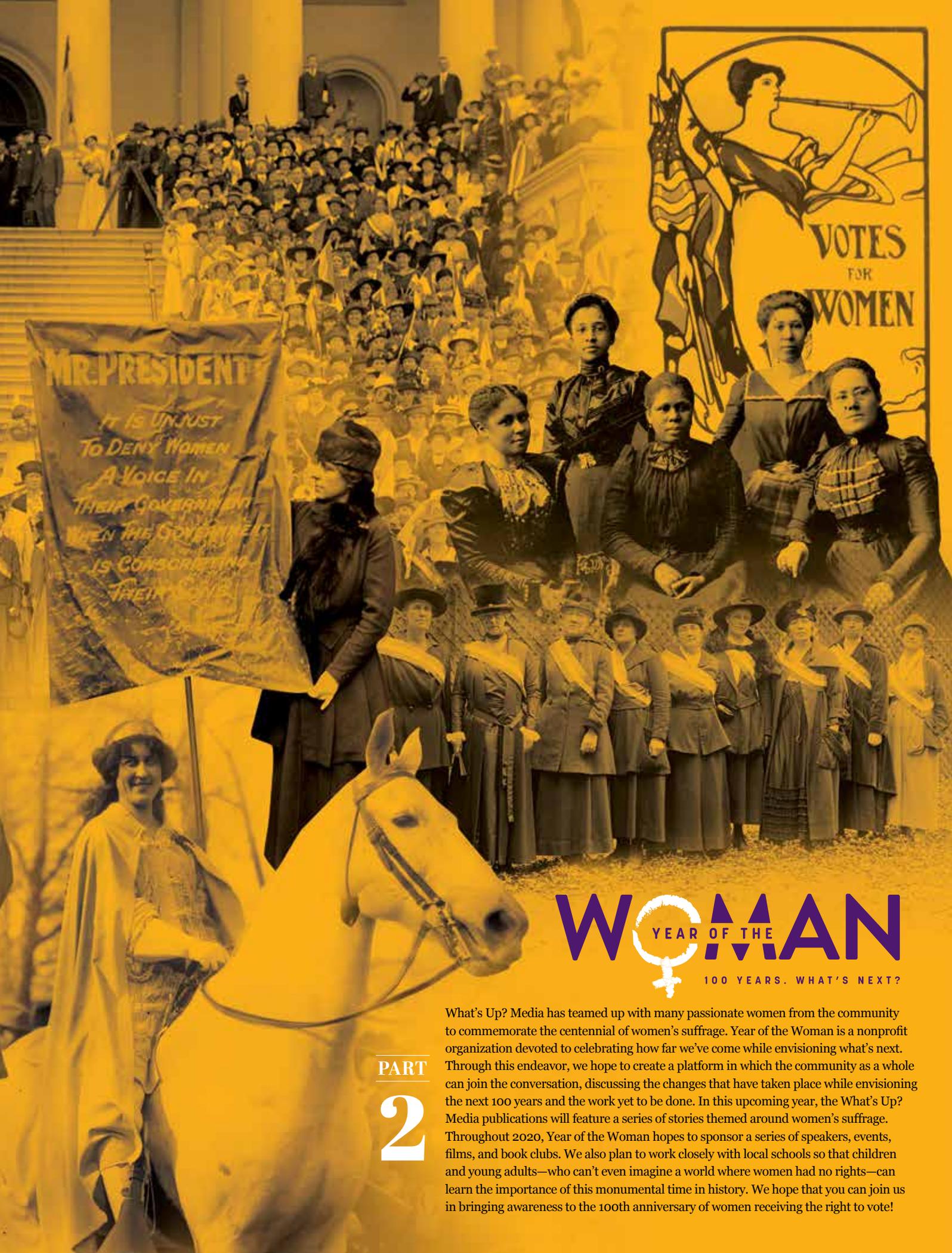
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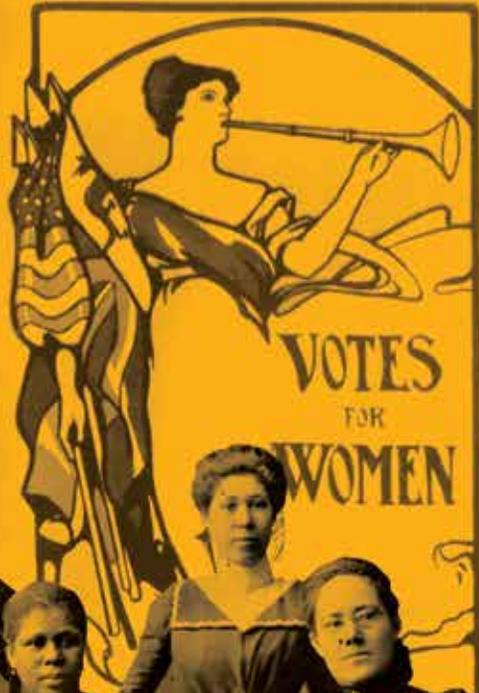


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and fight with hearts more proof than shields.





MR. PRESIDENT  
 IT IS UNJUST  
 TO DENY WOMEN  
 A VOICE IN  
 THEIR GOVERNMENT  
 WHEN THE GOVERNMENT  
 IS CONSCRIPTING  
 THEIR SERVICES



# WOMAN

YEAR OF THE

100 YEARS. WHAT'S NEXT?

PART

2

What's Up? Media has teamed up with many passionate women from the community to commemorate the centennial of women's suffrage. Year of the Woman is a nonprofit organization devoted to celebrating how far we've come while envisioning what's next. Through this endeavor, we hope to create a platform in which the community as a whole can join the conversation, discussing the changes that have taken place while envisioning the next 100 years and the work yet to be done. In this upcoming year, the What's Up? Media publications will feature a series of stories themed around women's suffrage. Throughout 2020, Year of the Woman hopes to sponsor a series of speakers, events, films, and book clubs. We also plan to work closely with local schools so that children and young adults—who can't even imagine a world where women had no rights—can learn the importance of this monumental time in history. We hope that you can join us in bringing awareness to the 100th anniversary of women receiving the right to vote!

## National Woman Suffrage Association.

President, SUSAN B. ANTHONY,  
Rochester, N. Y.  
Ch'n Ex. Com. MATILDA JOSLYN GAGE,  
Fayetteville, N. Y.  
Cor. Sec'y, JANE GRAHAM JONES,  
910 Prairie Ave., Chicago, Ill.  
For. Cor. Sec'y, LAURA CURTIS BULLARD,  
85 East Thirty-ninth St., New York.  
Rec. Sec'y, MARY F. DAVIS,  
Orange, New Jersey.  
Treasurer, ELLEN C. SARGENT,  
Washington, D. C.

1873.

To the Honorable Senate and  
House of Representatives in Congress  
assembled,

We, the undersigned, citizens of the  
United States, but deprived of some of the  
privileges and immunities of citizens  
among which, is the right to vote, beg leave  
to submit the following Resolution;

Resolved; That we, the officers  
and members of the National Woman  
Suffrage Association, in Convention  
assembled; Respectfully ask Congress to  
enact appropriate legislation during its  
present session to protect women citizens in  
the several States of this Union, in their  
right to vote.

Susan B. Anthony President  
Matilda Joselyn Gage Ch. & Cor.  
Elizabeth Cady Stanton

Petition to Congress from  
Susan B. Anthony, Matilda  
Joselyn Gage, and Elizabeth  
Cady Stanton of the National  
Woman Suffrage Association.  
The petition was referred to the  
Committee on the Judiciary  
on January 20, 1873.

# Manifesting Their Destiny

In the 1800s, a movement is afoot in the United States, as the call for women's rights and suffrage intensifies

By Ellen Moyer

During the first half of the nineteenth century, the United States was experiencing its first intellectual movement inspired by Ralph Waldo Emerson and Henry David Thoreau, who believed in the inherent goodness of people and nature, and the power of individuals when they were self-reliant and independent. Louisa May Alcott and Margaret Fuller joined in the discussions of the group (identified in history as transcendentalists) and contributed written articles to the "club's" publication *The Dial*. In 1843, Fuller's publication of "The Great Lawsuit" compared a woman's position in society to that of slaves. The book implored women to seek independence in their everyday lives and for men to cease dominating holds over women. It established women's rights as a civil and moral issue, and attacked the hypocrisy of men as the greatest sin. Salons, in the French tradition, were held throughout Boston to discuss the great questions facing the female sex. The Grimke sisters' writings on men's absolute tyranny over women were also opening the eyes of women to address women's rights.

In 1846, Judge John Fine offered an opinion that the Declaration of Independence's assertion that "all are created free and equal" should apply also to women inspired 44 married women in Western New York to write to the New York Assembly, "Your Declaration of Independence declares that Governments derive their just power from the consent of the governed. And as women have never consented to, been represented in, or recognized by this government, it is evident that in justice, no allegiance can be claimed from them...our petition disregarded, we now ask your august body to abolish all laws which hold married women more accountable for their acts than infants, idiots, and lunatics." The New York Assembly did not abolish all the laws, but they became the first state to pass the Married Women's Property Act, giving women the right to retain property they brought into a marriage, overturning the law that women gave up their property rights on marriage, and that creditors could not seize a wife's property to pay for her husband's debts. Championed by Lucretia Mott, the State of Pennsylvania soon followed suit. Women elsewhere were still denied property rights.

In 1848, the Liberty Party—a third party dedicated to finding solutions to slavery through the government process and opposed to the anti-government approach of William Lloyd Garrison's anti-slavery association—nominated Gerrit Smith, Elizabeth Cady Stanton's first cousin, for President. The party supported a universal suffrage platform. Mott, who was now attracting crowds to hear her speak, received five votes for a Vice President candidate. Though her nomination failed, it was the first time that a woman was suggested for federal executive office. The Liberty party continued until 1860, but lost all of its elections for President of the USA.



Louisa May Alcott and Margaret Fuller were two of several women to join the transcendental movement of the 1800s, contributing articles referencing women's rights to the "club's" publication *The Dial*.





The M'Clintock House parlor, located at Waterloo in Seneca County, New York, showing a replica of the table where the Declaration of Sentiments was drafted by Elizabeth Cady Stanton. Photo courtesy National Park Service.

It was time. It seemed social conditions had aligned for the convention that Mott and Stanton had talked about, as early as in 1840, to finally happen. Five women—Lucretia Mott, Mary Ann M'Clintock, Martha Coffin Wright, Jane Hunt (reco-

vering from childbirth), and Elizabeth Cady Stanton, the only non-Quaker—met to plan a Women's Rights Convention to discuss social, civil, and religious conditions regarding the rights of women. The convention was set for July 19–20, 1848, to be held in the Wesleyan Methodist Chapel, a site of prior reform lectures and the only place in Seneca, New York, that would open its doors to a women's rights convention. Only women were to attend the first day; the second open to both women and men.

Resolutions were introduced on equality. Written by Stanton on a three-legged stool, now in the possession of the Smithsonian Institution, the Declaration of Sentiments expressed a lifetime of pent-up frustrations and discontent. The Declaration of Sentiments was written in the format of the 1776 Declaration of Independence and focused on the tyranny of the social mores and laws framed by men. After the lengthy paraphrased preamble, the Sentiments introduced and discussed by the Convention state:

“The history of mankind is a history of repeated injuries and usurpations on the part of man toward woman, having in direct object the establishment of an absolute tyranny over her. To prove this, let the facts be submitted to a candid world.”

Sixteen conditions under which women lived were then noted in the Declaration, calling for equality and fair representation.

The Declaration closes, acknowledging: “Now in view of this entire disenfranchisement of one-half the people of this country, their social and religious degradation in view of the unjust laws... and because women do feel themselves aggrieved, oppressed, and fraudulently deprived of their most sacred rights, we insist that they have immediate admission to all rights and privileges, which belong to them as citizens of these United States.

“We anticipate no small amount of misconception, misrepresentation, and ridicule; but we shall use every instrumentality within our power to affect our object. We shall employ agents, circulate tracts, petition the state and national legislatures, and endeavor to enlist the pulpit and the press in our behalf. We hope this convention will be followed by a series of conventions, embracing every part of the country.”

One hundred participants of the 300 in attendance came forward to sign the Declaration of Sentiments; 68 women and 32 men. Only one of the 68 women, Charlotte Woodward, would be alive in August, 1920, when the 19th Amendment gave women the right to vote, as called for in the first of the sentiments.

The national press took notice of this conference. In St. Louis, the *Daily Reville* acknowledged, “The flag of independence has been hoisted.” Horace Greely, founder of the *New York Tribune* wrote, “The assertion of the natural right and such must be conceded.” The *National Reformer* editorial noted the Convention “forms an era in the progress of our age; it being the first convention of its kind ever held, and one whose influence shall not cease until woman is guaranteed all the rights now enjoyed by the other half of creation.”

The *Oneida Whig*, however, did not approve, writing “this bolt is the most shocking and unnatural incident ever recorded in the history of womanity.

## The 16 Conditions of the Declaration of Sentiments



1

He has never permitted her to exercise her inalienable right to the elective franchise.

2

He has compelled her to submit to laws, in the formation of which she had no voice.

3

He has withheld from her rights, which are given to the most ignorant and degraded men, both natives and foreigners.

4

Having deprived her of this first right of a citizen, the elective franchise, thereby leaving her without representation in the halls of legislation, he has oppressed her on all sides.

5

He has made her, if married, in the eyes of the law, civilly dead.

6

He has taken from her all right in property, even to the wages she earns.

7

He has made her, morally, an irresponsible being...in marriage she is compelled to promise obedience to her husband, he becoming, to all intents and purposes, her master—the law giving him power to deprive her of her liberty, and to administer chastisement.

8

He has so framed the laws of divorce, as to what shall be the proper causes of divorce; in cases of separation, to whom the guardianship of the children shall be given... in all cases, going upon the false supposition of the supremacy of man, and giving all power into his hands.

If our ladies will insist on voting and legislating, where, gentlemen, will be our dinners and our elbows? Where our domestic firesides and the holes in our stockings?" Men further lamented in the *Lowell Courier*, "...with women's equality...the Lords must wash the dishes, serve up, be put to the tub, handle the broom, darn stockings." Care and fostering children were absent from the concerns of men. Ministers generally attacked the Declaration of Sentiments. The Nation was divided.

## Solidifying the Movement

The Founders, however, were not to be denied. They persisted, following the plan to support conferences and outreach in the towns and cities of America. Margaret Fuller continued leading discussions in salons in Boston until July, 1850, when she with her husband and child were drowned in a boating mishap off Fire Island. A distraught Ralph Waldo Emerson thought this was the end of the women's fight for equality. He was wrong.

Later that same year, in October, 1850, the first official National Women's Rights Convention was held in Worcester, Massachusetts, organized by Lucy Stone. Then in 1851, a new duo emerged that would continue the work begun in Seneca and reinforced in Worcester. Susan B. Anthony met Elizabeth Cady Stanton and they became fast friends for the rest of their lives. Stanton would develop the talking points and Anthony would deliver them to audiences around the country, often 100 events per year. Stanton's husband said of the two, "Susan stirred the puddings, Elizabeth stirred up Susan, and Susan stirred up the world." Stanton forged the thunderbolts and Anthony fired them to make the New York state movement the most sophisticated in the country, according to Ann D. Gordon, a renowned professor of women's history at Rutgers University and author of multiple books on the duo.

Anthony was single and Stanton had seven children that kept her mostly homebound. When Stanton ventured out, Anthony would care for her children, thus becoming an integral part of the Stanton family. Together, they joined and formed groups battling slavery, and supporting temperance, fighting for reforms that protected women from drunk and abusive husbands against which, they had no defense. And together, they zeroed in on the fight for the right to vote, which they believed, once successful, would bring about the other changes for equality asked for in the Sentiments. Basically, they were right, but that right to vote would not come until after they had passed away.

Elizabeth Cady Stanton and Susan B. Anthony met in Worcester in 1851. The duo would become fast friends and the face of the women's suffrage movement of the mid-to-late 1800s.



9

After depriving her of all rights as a married woman, if single and the owner of property, he has taxed her to support a government which recognizes her only when her property can be made profitable to it.

10

He has monopolized nearly all the profitable employments, and from those she is permitted to follow, she receives scanty remuneration.

11

He closes against her all the avenues to wealth and distinction which he considers most honorable to himself—as a teacher of theology, medicines, or law, she is not known.

12

He has denied her the facilities for obtaining a thorough education—all colleges being closed against her.

13

He allows her in church...exclusion from the ministry and...from any public participation in affairs of the church.

14

He has created a false public sentiment by giving to the world a different code of morals for men and women.

15

He has usurped the prerogative of Jehovah, claiming it is his right to assign her for a sphere of action, when that belongs to her conscience and her god.

16

He has endeavored in every way that he could to destroy her confidence in her own powers to lessen her self-respect and to make her willing to lead a dependent and abject life.



The historic remains of the Wesleyan Chapel in Seneca Falls, where the 1848 convention was held, were stabilized and opened to the public in 1993. Photo courtesy National Park Service.

Next month, we continue our "Year of the Woman" article series by exploring the African American experience in the 1800s and major contributors of the civil rights and suffrage movement of the time.

### Check out these upcoming Year of the Woman Events

**Anne Arundel Women Giving Together** Wednesday, March 4, 2020, 6 - 8 pm, Location TBD. Joined by speaker Maggie Gunther Osborn, Sr. VP and Chief Strategy Officer for United Philanthropy Forum—her topic is: Looking to the Future: Census 2020. Let's look into the future together! Givingtogether.org. Admission is free and open to the entire community.

**Women Of The World Festival Baltimore** Saturday, March 7, 2020, 10 am - 4 pm, Columbus Center. Celebrating all women who are gaining momentum to collectively make change, the WOW Festival will feature artists, writers, politicians, performers and activists to promote inclusivity, honor the strength and inventiveness of women, and actively break down societal barriers through events, workshops, lectures, debates, activities, and performances. Presented by Notre Dame of Maryland University. Admission is \$10-30.

**2020 Anne Arundel County Trust for Preservation Lecture Series** Monday, March 9, 2020, 6 pm, AACCC Robert E. Kauffman Theater. Kacy Rohn will be discussing the outstanding digital story map program she created for the Maryland Historical Trust that provides a tour highlighting the people and places of the Maryland women's suffrage movement. Her storymap program can be accessed under "Related Pieces" at Yearofthewoman.net. Admission is free and open to the entire community.

**Fly Girls: Women Aviators in WWI** Monday, March 16, 2020, 10 am - 4 pm, Severna Park Community Library. Join lecturer Bruce Kagan for this stirring historical presentation on the little known heroic contribution brave women made to win WW II. These women were the first female pilots of US military aircraft. Her story is of women past, present, and future. Admission is free and open to the entire community.

Like the anti-slavery organizations before them that divided into different associations regarding strategy, the women's groups also divided loyalties—not to the cause, but to strategies for success. During the 1872 presidential election, Anthony urged women to vote and after being turned away from filing suits in federal court that challenged laws inconsistent with the 14th Amendment (that prevented women from voting), 50 women attempted to register in Rochester, New York. Most were refused, but Anthony and 14 other women did vote. Anthony was arrested and charged with illegal voting. She spoke out, asking over and over again in her speeches around the country, "Is it a crime for a U.S. citizen to vote?" During her trial, in 1873, Anthony was refused the right to speak until after the judge amazingly directed the jury to a finding of guilty. Anthony was fined \$100, which she refused to pay.

By 1890, fostered by Anthony and Stanton, the National Women's Suffrage Association and the American Suffrage Association would merge into the National American Women's Suffrage Association. On February 14th, 1920, the group would become the League of Women Voters. Founded by Carrie Chapman Catt to promote political action and civic engagement for ratification and beyond, the League now has representation in every state and more than 1,000 local chapters nationwide.

Since Abigail Adams pronounced to her husband John Adams in 1776 to "remember the women," it had taken 140 years to convince a nation—led by men with deeply ingrained attitudes centuries old against women's civic participation—to arrive at the fateful point of ratification of the 19th Amendment. The resolution passed in 1919 had to be ratified within the year by 36 states to become a law and time was running out. Tennessee was the last state to consider the vote and the vote, though passed by the State Senate, was deadlocked in a tie in the House. A ratification vote was called for. The youngest delegate, 24-year-old Harry

T. Burn, had carried a red rose against suffrage. On the day of the vote, he received a note from his mother urging him to vote for suffrage. She implored her son to "be a good boy and help Carrie Chapman Catt put the 'rat' in ratification." Burn, clutching his mother's letter, said a quick "Aye" extending the vote to women and ending a century of tireless campaigning by generations of suffragists." Burn's vote brought the fury of his anti-suffrage peers upon him, but he defended his vote saying, "I believe we had a moral and legal right to ratify...I know that a mother's advice is always safest for her boy to follow, and my mother wanted me to vote for ratification."

Through the years that followed, laws would chip away at the grievances listed in the Declaration of Sentiments. Education would open its door; property rights and divorce laws would become fairer. Women would move into professions once closed. Civil rights laws of 1964 would further equal rights, particularly for African American women who were blocked by state laws from civic participation. Women would be elected to Congress and appointed to Federal offices. Opening these new doors, being the first to call for action, was not easy. One hundred years later, equal pay for equal work is still elusive and lacking ratification by the states. Institutional sexism still lingers in corporate America and other walks of life. Women are still dismissed.

Ruth Bader Ginsburg, who graduated first in her class at Columbia, was vilified once by a professor at Harvard for taking up the space of a male. Unable to secure a job in a law firm because she was a mother (and also Jewish, though her husband was hired), she became a professor at Rutgers and Columbia Law Schools. An advocate for gender equality, she won victories for women's rights as a lawyer for the American Civil Liberties Union. President Bill Clinton appointed her to the Supreme Court in 1993. In an ode to her mother, Ginsburg said, "I pray that I may be all that my mother would have been had she lived in an age when women could aspire and achieve and daughters are cherished as much as sons."

The Founders at the Convention in Seneca, New York, in 1848, were angry, frustrated, and committed to a dream for a life of equality somewhere over the rainbow. Their endured ridicule and unfathomable hardships, but stuck to their word, followed with action, and advanced women's rights. In doing so, they bequeathed a legacy for us to honor and responsibly follow—the Right to Vote. Without it, all other advances described in the Declaration of Sentiments toward equality that we enjoy today, would have failed.



WHAT'S UP? MEDIA

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# IS YOUR DOG A GOOD CITIZEN?



OBEDIENCE TRAINING CAN LEAD TO  
A VERY REWARDING RELATIONSHIP  
WITH YOUR FURRY FRIEND

By Frederick Schultz





If you're serious about including a dog as part of your family, experts say you should be prepared to take on the time-tested responsibility that ensures success. Dog ownership (exactly who "owns" whom is often debatable) can be either a joy or a nightmare—a rewarding way of life or a costly liability. The American Society for the Prevention of Cruelty to Animals (ASPCA) estimates average first-year dog expenses to be at least \$1,250 and another \$500 each year thereafter. Those figures, however, tend to "low-ball" the reality in both cash and effort, specifically if the owner wants to optimize the essentials of good dog behavior. For the benefit of everyone, from owners to the general public—and especially the dogs themselves—some serious obedience training adds to that cost (prices vary), but it pays dividends in the end.

If you're looking for ways to keep your dog from running onto other people's property (or worse, into automobile traffic), jumping up on (or worse, biting) strangers and children, incessant barking, and other annoying, dangerous, or seemingly out-of-control behavior, help is readily available. And it's easier to train a dog early, before bad habits have already set in.

Some human common sense also plays a role. Never pet a dog without asking permission of the owner, and never approach a dog with the palm of the hand turned downward, which appears threatening to the dog. Instead, let the dog sniff and assess the palm of your upturned hand. From the owners' perspective, the rudiments of obedience training lie in three basic commands—heel (to walk gingerly on the left "heel" of the handler), come (to return to the handler), and leave it (commanding the dog to turn its attention away from anything undesirable).

## AVERAGE FIRST-YEAR DOG EXPENSES

\$1,250

## AVERAGE YEARLY EXPENSES THEREAFTER

\$500

### Dogs in Parks

Local counties' Departments of Recreation and Parks welcome all pet owners and their dogs, but they must abide by all rules and regulations, especially for off-leash dog parks and dog beaches. According to several counties' pamphlets on the subject, all dogs must be vaccinated, puppies under three months of age are not permitted, and all entry of such parks is at the owners' own risk, because "not all dogs get along."

Other requirements fall under The Big Three: "Scoop Your Poop," which should be self-explanatory; "All Dogs Must Remain on a Leash" (except in designated enclosed dog parks and secured beaches); and "Do Not Leave Your Dog Unattended in Your Vehicle." That second rule has three key objectives: "Protect from Unwanted Puppies," "Prevent Injuries," and "Make Good Neighbors."

Failure to abide by the rules and regulations will not be tolerated. According to the "Dogs In Parks" guidelines, "the county will take appropriate actions, including fines and park suspensions if necessary, against individuals who do not heed the laws." Therefore, dog owners should consider taking steps to avoid any "appropriate actions" taken against them.



# Conformation Is Not (Necessarily) Obedience

The 144th Annual Westminster Kennel Club Dog Show at New York's Madison Square Garden, held this year on February 10–11, unofficially ushers in the dog-show season that ramps up accordingly across the country. Westminster is known best for its conformation competition, in which canines (and their owners and handlers) compete for Best in Breed and Best in Show by “conforming” to American Kennel Club (AKC) breed standards.

Not to detract from this popular showcase, but to many canine lovers, the real test of a “good dog” is whether it conforms not simply to breed standards but also ones that “feature dogs that are well-behaved at home, in public places, and in the presence of other dogs,” the objective set by AKC obedience-trial guidelines. It is also essential “that the obedience dog demonstrates willingness and enjoyment while it is working with the handler.” The 2020 AKC National Obedience Championship is set for June 27–28 in Wilmington, Ohio, where sound training is the main attraction. Dogs, not unlike humans, learn behavior traits by repetition and by physical- and mildly-toned verbal gestures. One secret to teaching desirable traits is uniformity of commands and in rewarding the dog, in the same manner each time, for getting it right. A strict training regimen for dogs is just as demanding for their owners, if not more so. Simply put, it's a lot to remember, and it's hard work, too.



The Maryland SPCA stresses that space for the “All Star Canine” classes is limited, so interested parties must contact the society directly to schedule dates. Cost for three sessions (two practice sessions plus a CGC test) is \$75, and the fee for six sessions (five practice sessions plus a CGC test) is \$125, with a \$30 discount for SPCA adoptees. The SPCA also stresses that “completion of the course does not guarantee your dog will pass the test.”

Among “important details” listed for the course are to bring dog treats and use a

buckle collar attached to a four- to six-foot leash, also known as a “lead.” Instructors have the discretion to refuse any dog that “is ill or presents a potential danger to people or other dogs, or whose owner is abusive in class.” For more information, go to [www.mdspca.org](http://www.mdspca.org).

## When You're Serious About Obedience

Obedience training is available from at least 20 different outlets in this immediate area listed online. For this story, we spoke with Laurie Neomany, the area's grand dame of dog obedience. One of the most well-known of the instructors listed, her track record includes having trained more than 10,000 dogs.

That pursuit started in 1978, when she became frustrated with “a disobedient lab (Labrador retriever) mix” and decided to get help, soon getting the idea to set off on her own as an instructor herself. “An obedient dog,” she says, “is extremely important, especially in a place like Annapolis, which has such a high dog population.”

For Neomany, the most effective tool is her voice. While she stresses “making it hard for the dog,” she also makes it crystal clear that the onus is mostly on the handler to master her commands.

Outfitting for obedience classes involves a “choke collar” for the dog, which is a misnomer, because it actually only gently pinches the dog to keep it placed properly when executing a command. Also important are a belt pouch or pocket for keeping treats to award the dog for acceptable behavior and a water bottle for judiciously squirting the dog when it gets out of line. For Laurie, treats are used only sparingly.



A STRICT TRAINING REGIMEN FOR DOGS IS JUST AS DEMANDING FOR THEIR OWNERS, IF NOT MORE SO.

## Canine Good Citizens

Before taking the plunge into more stringent obedience training, dog owners might wish to consider the Canine Good Citizen (CGC) program. Established by the AKC in 1989, it's designed to “promote responsible dog ownership and to encourage the training of well-mannered dogs.” In Maryland, classes are available from the state's SPCA through “rolling enrollment,” allowing selection of dates that are best for you (classes are held every Saturday at 12:30 p.m.).





## Going Through the Paces

Once passing four “basic” private lessons offered to puppies as early as age eight weeks, you’re ready for group “novice” advanced classes. A typical class lasts about one hour and proceeds something like this:

The group forms a circle, facing uniformly in a clockwise direction, with all the dogs on the handlers’ left heel in a “sit-stay” position.

“Forward!” signals the handler to command the dog, beginning with its name, to “heel.” Each pair of handler and dog move around the circle.

“Halt!” tells the handler to stop (on the right foot), and all dogs stop in a “sit-stay” position, facing the rear of the pair in front of them. The exercise repeats.

“About turn!” instructs the group to turn around in unison and switch the direction of the circle. The exercise repeats.

“Center!” alerts the handler to turn the dog toward the center of the ring and halt at the instructor’s command.

“Figure eights!” indicates that the group forms groups of threes, with two handler/dog teams facing each other about eight feet apart in sit-stay position. At the command of “Forward!” the third handler/dog pair loops around the two other pairs in a figure-eight pattern. “About turn!” signals the pair to change direction. Each team of two takes a turn at the exercise.

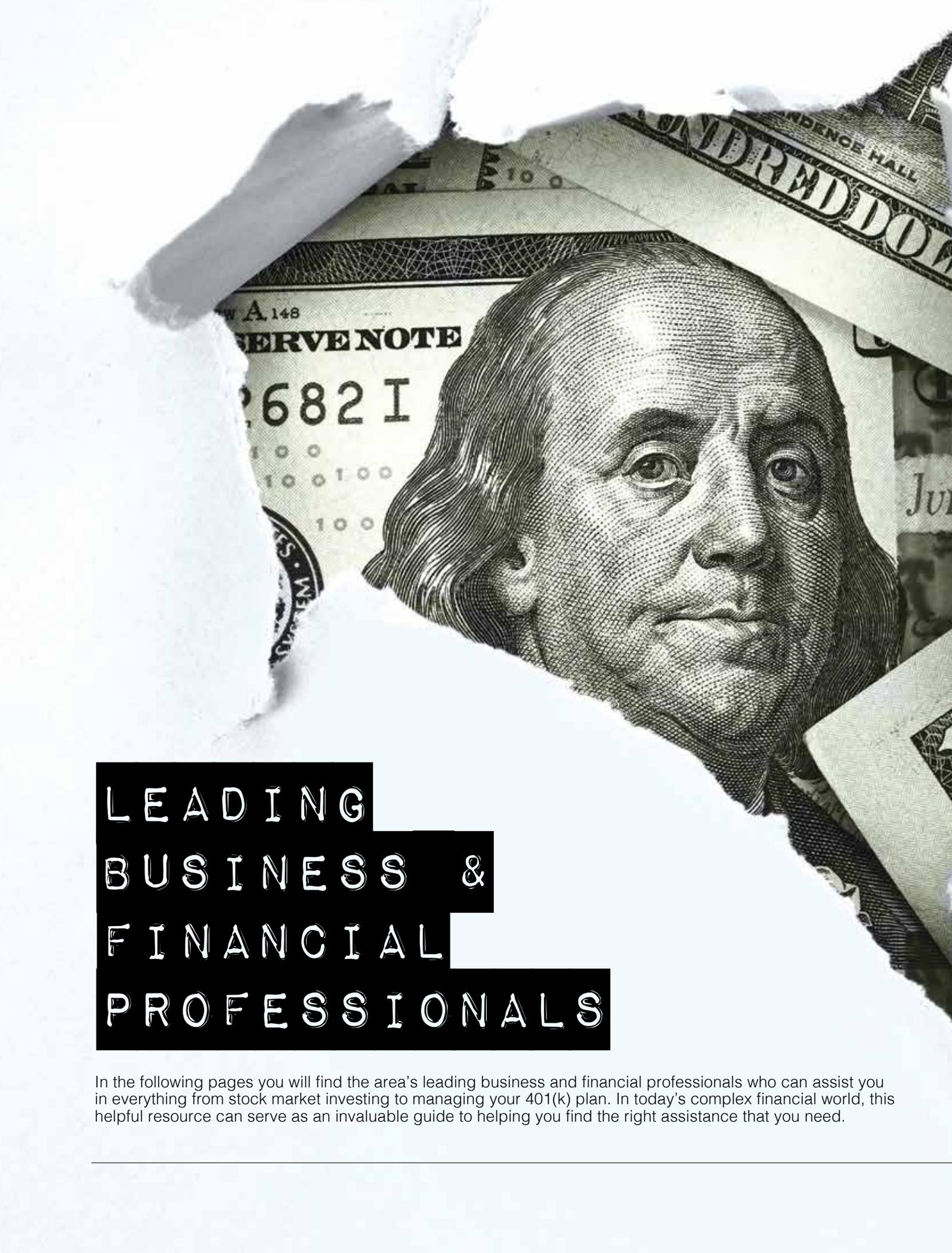
“Stand for examination!” means that the instructor approaches each dog and handler (which are in finished, heel position), and says, “Stand your dog.” The handler then passes a hand across the front of the dog’s face and commands “(dog’s name), stand.” The instructor approaches the dog from the front, touches the dog, circles around the rear of the dog, and returns to the original position, repeating this process with all dogs.

Next come “sit stays” and “down stays.” Dogs are placed a few feet apart in a straight line, facing the same direction, with handler and dog in a “finish” position, each dog at the left heel of the handler. “Leave your dog!” tells the handler to command the dog to stay, showing the palm of the hand to the dog, and to walk approximately 30 feet away, turn around, and face the dog. The instructor may roll balls and toys on the ground for additional distractions. Handlers then return to their dogs and prepare for the “down stay,” under the same rules. Each “stay” lasts three minutes.

The final exercise is “call your dog and finish,” also done in groups, to provide distraction for the dogs. Each handler and dog team form a line facing forward, with dog in the “heel” position. The handlers then tell the dogs

to “stay,” step off around 15 paces, and turn to face their dogs. At the instructor’s command to “call your dog,” each handler says the dog’s name, followed by “come.” The dog is expected to proceed forward and sit facing the handler. At the command of “Finish!” the handler tells the dog to “heel,” at which time the dog is expected to turn about and sit at the handlers left heel. Exercises finished!

Now you know how a typical obedience class might look, and all of it simulates what would be expected from both dog and handler in an AKC novice obedience competition. Who knows? You and your dog might just be destined for obedience fame. The list of progressive AKC obedience titles is extensive. And then there’s the literal jumping through hoops of agility. But that’s another story.



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Governor Larry Hogan in 2018 with then-Senate President Mike Miller and then-Speaker of the House Mike Busch. Together, the two Mikes led Maryland's legislature for nearly two decades. Photo courtesy Office of Governor Larry Hogan.

# New Leaders in Annapolis

HOW A CHANGING OF THE GUARD IN MARYLAND'S CAPITAL IS EXPECTED TO AFFECT STATE POLICY AND ECONOMICS

By Anirban Basu

## Expect the Unexpected

Prior to his recent retirement, Thomas V. “Mike” Miller (Democrat) was the longest-serving Senate president in America. He had been a state senator representing the 27<sup>th</sup> District since 1975 and served as President since January 1987 (about 33 years). That also means he served as the longest Senate President in Maryland history.

In the Maryland's other legislative body, Michael Busch, an Anne Arundel County Democrat, ultimately became the longest-serving House Speaker in state history. He was sworn in as Speaker in January 2003.

For the better part of two decades, the two “Mikes” led Maryland's legislature, wrestling with numerous issues ranging from equitable funding for schools to infrastructure and the fiscal challenges created by the Great Recession. But change is in the air. In late-October 2019, Democrats in Maryland's upper chamber unanimously elected Bill Ferguson as the next President of Maryland's Senate. While Mike Miller is in his 70s, Bill Ferguson is in his 30s.

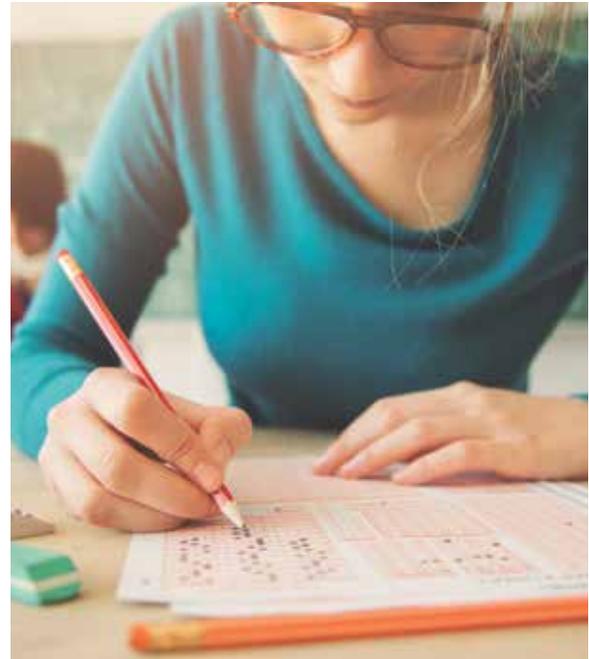
Still earlier in the year, Democrats in the state's lower chamber elected Adrienne Jones as Speaker of the Maryland House of Delegates after the passing of Busch. Combined, the

former Senate President and Speaker of the House of Delegates had held their respective positions for more than 50 years. The proverbial torch has been passed and politics in Annapolis are set to go from business as usual to expect the unexpected.

As is often the case in politics, geography plays a role. While the prior generation of leaders hailed from Anne Arundel and Prince George's counties, respectively, Senator Ferguson and Speaker Jones both hail from the Baltimore metropolitan area, Baltimore City and Baltimore County, respectively, to be precise. While there is no guarantee that new leadership will be any less committed to other parts of Maryland, it seems likely that the new leaders will focus

at least in part on issues of first-order importance in Central Maryland, including the need for expanded transit, improved approaches to fostering public safety, affordable housing, and, of course, public schools.

While Maryland's legislative leadership is new to their leadership posts, they are not new to the legislature. Indeed, both the new Speaker and the new President have been prominent for years and are not especially enigmatic. Responding to a *Baltimore Sun* survey, each has provided detailed stances regarding a number of the critical public policy issues of the day, including their attitudes toward the Kirwan Commission, transportation funding, and Baltimore's vast public safety challenges.



## Views on the Kirwan Commission

In September 2016, the Commission on Innovation and Excellence in Education held its first meeting. Commission members quickly discovered that Maryland's educational outcomes fall far short of expectations. Maryland should be home to one of the nation's best performing school systems. After all, the state is affluent and highly educated. However, recent performances on the National Assessment of Educational Progress indicate that Maryland's student performance is mediocre in a nation that is mediocre by global standards. Accordingly, the Kirwan Commission has promulgated dozens of recommendations to improve student achievement in the Free State, and new leadership appears to be on board.

According to the next Senate President, "Implementing

the Kirwan Commission's visionary framework for public schools in Maryland will be the single most important issue we address during the next term of the [2019] General Assembly." Ferguson goes on to state that Maryland's test results not only lag compared to other states, but also fall significantly behind when expanded to include other countries. He adds, "A grand compromise is required. Additional state funding will be required, and we will have to engage in broad tax reform – particularly as it relates to the sales tax—to create the sustainable revenue streams necessary to uphold the opportunity."

For her part, Speaker Jones, a Commission Member, has also supplied support for broad education reform in Maryland. As one of the eight members of the legislature to serve on the Commission, she indicated to the *Sun* that she was "committed to funding the associated reforms through our work..."



Maryland's new Speaker of the House, Adrienne Jones, discusses newly signed bills in May 2019, while Governor Larry Hogan and Senator Mike Miller look on. Photo courtesy Office of Governor Larry Hogan.

**"THE STATE'S ROLE WOULD BE TO PROVIDE RESOURCES TO DETER AN INDIVIDUAL FROM GETTING TO A PLACE WHERE VIOLENT CRIME WOULD EVEN BE A WAY OF LIFE. THE STATE'S ROLE IS TO WORK IN CONCERT WITH THE CITY IN ADDRESSING THIS VIOLENT EPIDEMIC."**

—ADRIENNE JONES,  
SPEAKER OF THE MARYLAND  
HOUSE OF DELEGATES



## Perspectives on Transportation

Both Baltimore and Washington, D.C., consistently rank high on the list of the cities with the dubious distinction of suffering the worst congestion. While many people view significant traffic delays as an unalloyed detriment to quality of life, one can perhaps take some solace in the notion that it is also evidence of a robust economy, with workers scrambling to work each morning and then wearily return home during the evening rush. Still, the typical Marylander would feel at least some sense of gratification if they could spend a bit less time in the vehicle and more time at home.

According to one recent report, Baltimore congestion adds an additional 59 hours of delays for an average

commuter over the course of a year and the Washington area is worse, with the D.C./Maryland/Virginia (DMV) region ranking third in terms of the nation's worst traffic. One of the pivotal choices is how much money should be devoted to transportation infrastructure and the split between roads/streets/highways and mass transit.

New legislative leadership will naturally have to work with or against Governor Larry Hogan, who was reelected in 2018 and accordingly has

much of his second term ahead of him. The Governor has been especially active in the area of transportation, recently indicating that, "we are moving forward on nearly all of the highest-priority transportation projects in every single jurisdiction all across the state. Over 800 projects totaling \$9 billion for roads, bridges, and tunnels are currently under construction. We have invested a record \$14 billion in transit, including the Purple Line, which is the largest P3 transit project in North America."



The Purple Line light rail (see here under construction in Bethesda) is one example of the \$14 billion transit investment that the governor has made since taking office. But new leadership in Maryland's House and Senate may look to refocus funding to other public needs. Photo courtesy Maryland Department of Transportation.

**"IMPLEMENTING THE KIRWAN COMMISSION'S VISIONARY FRAMEWORK FOR PUBLIC SCHOOLS IN MARYLAND WILL BE THE SINGLE MOST IMPORTANT ISSUE WE ADDRESS DURING THE NEXT TERM OF THE [2019] GENERAL ASSEMBLY."**



**"WE ARE CURRENTLY INVESTING TOO HEAVILY IN AN AUTOMOBILE-BASED TRANSPORTATION SYSTEM, AND WE ARE FALLING BEHIND OUR PEER REGIONS."**

**"ENSURING THE SAFETY OF ALL MARYLANDERS IS A FOUNDATIONAL PURPOSE OF GOVERNMENT."**

**-BILL FERGUSON,  
PRESIDENT OF  
MARYLAND'S SENATE**



Senator Bill Ferguson was elected by Maryland's Senate in October 2019 to become the next Senate President. Photo courtesy Bill Ferguson.

Predictably, there are differences in perspective. Senator Bill Ferguson has indicated that, "We are currently investing too heavily in an automobile-based transportation system, and we are falling behind our peer regions." He goes on to cite a month-long closure of Baltimore's subway system as an example of the impact of the lack of funding.

For her part, next-Speaker Jones, whose District 10 encompasses areas northwest of Baltimore, concurs. She has also indicated that funding has not been appropriately divided between roads and public transit options.

## **Ideas on Crime**

Speaker Jones' comments to the *Baltimore Sun* offer some hope and guidance for those in Baltimore. Specifically, she has stated that, "The state's role would be to provide resources to deter an individual from getting to a place where violent crime would even be a way of life." Moreover, she adds that, "The state's role is to work in concert with the City in addressing this violent epidemic."

Bill Ferguson has indicated that, "Ensuring the safety of all Marylanders is a foundational purpose of government. State government has an obligation and duty to work with local officials to reduce violence and create genuine safety in all of Maryland's communities." Ferguson's District 46 is located entirely within Baltimore City. In 2018, he worked to create the Commission to Restore Trust in Policing following the scandal involving the Baltimore Police Department's notorious Gun Task Force.

## **Looking Ahead**

There are some overarching themes at work. New leadership seeks to invest more in education, mass transit, and deterring crime through multi-pronged approaches. All of this will require additional revenue.

Accordingly, stakeholders should expect significant impetus to raise State of Maryland revenues in various ways, including by altering the State's retail sales tax rate or by rendering the sales tax more

broadly applicable to a variety of presently untaxed activities. Other revenue enhancements are also possible. This will likely set the stage for a direct conflict with Governor Hogan, who appears equally committed to holding the line on taxes.



Anirban Basu is Chairman & CEO of Sage Policy Group, Inc., an economic and policy consulting firm headquartered in Baltimore, Maryland. In 2014, Maryland Governor Larry Hogan appointed him Chair of the Maryland Economic Development Commission. Basu earned his B.S. in Foreign Service at Georgetown University in 1990. He earned his Master's in Public Policy from Harvard University's John F. Kennedy School of Government, and his Master's in Economics from the University of Maryland, College Park. His Juris Doctor was earned at the University of Maryland School of Law.

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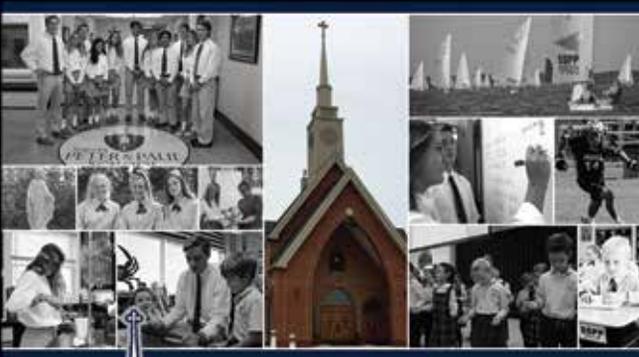
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## WHAT'S UP?



### **ACADEMY ART MUSEUM SUMMER CAMPS**

Location: 106 South Street, Easton; Contact: 410-822-2787; [academy-artmuseum.org](http://academy-artmuseum.org). Constance Del Nero, Director of Children's Education & Community Programs; Dates/Times: Weekly from last week of June through third week of August. Most camps run 2-3 hours; Ages: PreK-grade 12; some are intergenerational (open to adults); Cost: Varies by program; most camps are \$100-150;

The Academy Art Museum offers interesting and creative camps for every age range. From preschool summer-themed offerings to tween and teen intermediate drawing, 3D projects and digital media, there is something for everyone. The Museum's signature Kaleidoscope Camp—a perennial favorite—consists of multi-media projects, while other camps focus on building basic art skills or working with specific materials. Several new

camps are planned for 2020. Many camps welcome adult participants.

### **ANNAPOLIS AREA CHRISTIAN SCHOOL SUMMER PROGRAMS**

Location: 109 Burns Crossing Road, Severn; Contact: 410-519-5300 x3150; [aacsonline.org/summerprograms](http://aacsonline.org/summerprograms). Cedrick Dickens, Summer Programs Director, [summer@aacsonline.org](mailto:summer@aacsonline.org) Dates/Times: June 8-July 31, 9 a.m.-4 p.m. Half-day and extended day options available Ages: 3

1/2-18 years; Cost: \$195-355/week; With 40+ programs to choose from, Annapolis Area Christian School Summer Programs encourage you to find out more and see how they can meet your family's needs. Traditional day camp programs, academic camps, creative arts, and athletic camps are offered, including dance, culinary, basketball, soccer, volleyball, field hockey, football, tennis, dance cheer, sports training, teen leader-

ship development, science, coding, drones, and STEM. Tours are available by appointment.

### **ANNAPOLIS MARITIME MUSEUM & PARK SUMMER CAMP**

Location: Back Creek Nature Park Campus, 7300 Edgewood Road, Annapolis; Contact: 410-295-0104 x 31; [amaritime.org/education/camps](http://amaritime.org/education/camps). Katey Nelson; Dates/Times: Weekly sessions June 22-September 4, 9 a.m.-3:30 p.m. Extended care options available;

Ages: PreK-grade 10; volunteer and internship opportunities for older students; Cost: Museum members, \$275; non-members, \$315. Prices varies for specialty sessions, including half-day camp for our youngest explorers and Teen Travel Camp; Campers will get wet and muddy while exploring our Park campus with wooded trails, secluded coves, and marsh habitats along Back Creek. Come play in the woods and water, discover our mari-



**SEVERN SCHOOL CAMP**  
Photo courtesy of Severn School

time heritage, and become environmental stewards! Activities are designed specifically for each age group. Our youngest campers will enjoy animal investigations, water play, crafts, and stories, while older campers are challenged with additional adventures including kayaking and boating excursions, standup paddle boarding, and fishing.

**ARCHBISHOP SPALDING SUMMER CAMPS**

Location: 8080 New Cut Road, Severn; Contact: 410-969-9105; archbishopspalding.org/camps; Spalding offers a wide variety of summer programs, including aca-

demic and athletic camps. For more information, including dates, times, ages, and pricing for each camp, please visit the website or call the number above.

**BOYS' LATIN SUMMER ATHLETIC CAMPS**

Location: 822 W. Lake Avenue, Baltimore; Contact: 410-377-5193; boyslatinmd.com/summer; Dates/Times: Quint Kessenich Goalie Camp: June 2-5, 5:30-8 p.m. Beginner Lacrosse Camp: June 14-18, 5:30-8 p.m. Ten Star Lacrosse Camp: June 15-18, 9-11:30 a.m. Basketball Camp: June 17-20, 8:30 a.m.-12 p.m. Boys' Latin Grand Slam Baseball Camp: June 24-28, 9 a.m.-2

p.m.; Ages: Quint Kessenich Goalie Camp: boys of all ages. Beginner Lacrosse Camp: for the beginner with four or fewer years of experience. Ten Star Lacrosse Camp: boys 9-13 years.; Cost: Varies

**CAMP STELLINA AT ST. ANNE'S SCHOOL OF ANNAPOLIS**

Location: St. Anne's School of Annapolis (3112 Arundel on the Bay Road, Annapolis); Contact: 410-263-8650; stannesschool.org/CampStellina; Dates/Times: June-August; 9 a.m.-3 p.m. with free before care (8-9 a.m.) and after care (3-5 p.m.); Ages: 2-3 years; Cost: \$350/week; Camp Stellina, our summer program for children ages

two and three, is designed to provoke discovery, socialization, fun, and deep thinking in a safe and engaging environment. Students will enjoy an array of activities and adventures in a hands-on experiential, Reggio Emilia-inspired program. Space is limited! Register at stannesschool.org/CampStellina.

**CITY OF ANNAPOLIS RECREATION AND PARKS SUMMER CAMPS**

Location: Varies by camp; Contact: 410-263-7958; annapolis.gov/recreation. Katy Owings, Recreation Division Chief, KAOWings@annapolis.gov; Dates/Times: June 22-August 28; Ages: 4-15; Cost: Varies by

camp; Annapolis Recreation and Parks is excited to introduce a variety of camps for summer 2020! Activities include traditional day camps with field trips, while special interest camps include sports, STEAM, stand up paddle boarding, and much more! Please visit www.annapolis.gov/354/Camp-Information. Follow us on Facebook and Twitter to stay up to date on camp announcements!

**CODE NINJAS**

Location: 145 Mitchells Chance Road, Edgewater; Contact: 443-203-8415; codeninjas.com/camps/md-edgewater. Shefali Patel, Center Director; Dates/

Times: Weeklong camps June 22-August 24. Day camps will also be available; Ages: 7-14; Cost: \$45 half day; \$90 full day; \$450 full week; Our camps are packed full of fun and engaging activities, including coding, game-building, and robotics! Different types of camps that will be offered include: Game Builder Camp, Minecraft, Roblox, Code Drone Camp, Snap it Together (very limited spots), and Hack Attack (very limited spots).

**HOLY TRINITY HAWKS SUMMER CAMP 2020**

Location: 11902 Daisy Lane, Glenn Dale; Contact: 301-464-3215 ext. 216; htrinity.org/

summer-camp. Ms. Becky Williams, Director of Auxiliary Programs; Dates/Times: June 8–August 8; Ages: 3–14 years; Cost: Rooted Hawks (ages 3–4): \$185. Growing Hawks (grades 1–4): \$95 (half day), \$190 (full day). Flying Hawks (grades 5–9): \$105 (half day), \$210 (full day). Specialty camps for Growing and Flying campers: \$325

**HUNTINGTON LEARNING CENTER-CROFTON**

Location: 1403 S. Main Chapel Way, Suite 107, Gambrills; Contact: 410-451-0049; huntington-helps.com/center/gambrills. Anand Patel, Executive Director; Dates/Times: June 15–August 14; Ages: PreK–grade 12; Cost: Varies; Summer is the perfect time to help get your child ready for the upcoming school year. Catch up or get ahead. Prepare for the best school year ever! We'll build—or reinforce—the skills needed to succeed in school: reading, writing, phonics, math, and study skills. We help students acclimatize to greater teacher demands, increased classroom difficulty, and expanded homework.

**INDIAN CREEK SCHOOL SUMMER CAMP PROGRAM**

Location: 680 Evergreen Road, Crownsville; 1180 Anne Chambers Way, Crownsville; Contact: 410-923-3660; indian-creekschool.org. Shannon Craig, Summer Camp Director, scraig@indiancreekschool.org; Dates/Times: June–July; Ages: 3–18 years; Cost: Varies by camp; Traditional day camps, performing arts camps, blended learning camps, and athletic camps offered on two beautiful Crownsville campuses.

**MARYLAND PERFORMING ARTS CENTER SUMMER CAMP**

Location: 844 Ritchie Highway, Suite 108, Severna Park; Contact: 410-421-8960; marylandperformingartscenter.com. Kelsey King, Owner and Artistic Director; Dates/Times: Extreme Dance Camp: July 6–10, 9:30 a.m.–4 p.m.; Ages: 6 years and up; Cost: Call for information

**NAVY ATHLETICS SUMMER CAMPS**

Location: U.S. Naval Academy, Annapolis; Contact: 410-293-5845; navysports.com (click on “Camps” tab); Dates/Times: June–August; Ages: Varies by camp and program;

Cost: Varies by camp and program; Please visit website for information.

**2020 NAVY BASEBALL CAMPS**

Location: U.S. Naval Academy, Annapolis; Contact: 410-293-2831; Navysports.com. Paula Roche, proche@usna.edu; Dates/Times: Summer Elite Showcase: June 30–July 1. Little League Day Camp: July 6–9. Futures Overnight/Leadership Training Camp (day option available): July 25–28. Prospects Overnight/Leadership Training Camp: July 30–August 3 (day option available). Visit website for full details; Ages: Summer Elite Showcase: current high school players. Little League Day Camp: 7–12 years. Futures Overnight/Leadership Training Camp: players entering grades 7, 8, and 9. Prospects Overnight/Leadership Training Camp: players entering grades 10, 11, and 12; Cost: Summer Elite Showcase: \$250. Little League Day Camp: \$455. Futures Overnight/Leadership Training Camp: \$625 (overnight); \$550 (daily commuters). Prospects Overnight/Leadership Training Camp: \$715 (overnight); \$645 (daily commuters)



**ACADEMY ART MUSEUM**  
Photo courtesy of Academy Art Museum



**SUMMER AT KEY**



**RADCLIFFE CREEK SCHOOL**



**NAVY VOLLEYBALL CAMPS**

Location: U.S. Naval Academy, Annapolis; Contact: 410-293-5845; navysports.com or trainnavyvolleyball.com. navyvball-camp@hotmail.com; Dates/Times: Girls' Performance Camp #1: July 5-8. Girls' Mini Camp: July 8-10. Youth Commuter Camp: July 8-9. Girls' Position Camp #2: July 10-13. Boys' Training Camp: July 10-13. Girls' Team Camp (register through high school coach): July 22-24. Visit website for full details  
Ages: Girls' Performance Camp #1: 12-18 years. Girls' Mini Camp: 12-18 years. Youth Commuter Camp: 9-11 years. Girls' Position Camp #2: 12-18 years. Boys' Training Camp: 10-18 years; Cost: Girls' Performance Camp #1: \$645. Girls' Mini Camp: \$250. Youth Commuter Camp: \$150. Girls' Position Camp #2: \$645. Boys' Training Camp: \$645

**PONGOS LEARNING LAB**

Location: 2141 Priest Bridge Drive, Suite 8, Crofton; Contact: 301-789-1815 ext. 4; pongoslearninglab.com. Chrissy Rey, President and Founder; Dates/Times: June-August; Ages: Kindergarten-grade 8; some camps are open to students

up to grade 12; Cost: \$315, plus lab fees; We will cover a wide range of STEAM topics this summer, including video production, animation, game design, robotics, and coding. The first and last week of camp is Gamer Club, which gives kids a chance to have some fun while working on their teamwork and sportsmanship skills. For the rest of the summer, kids will spend most of their days at camp learning the subject for the week or working on related projects or challenges.

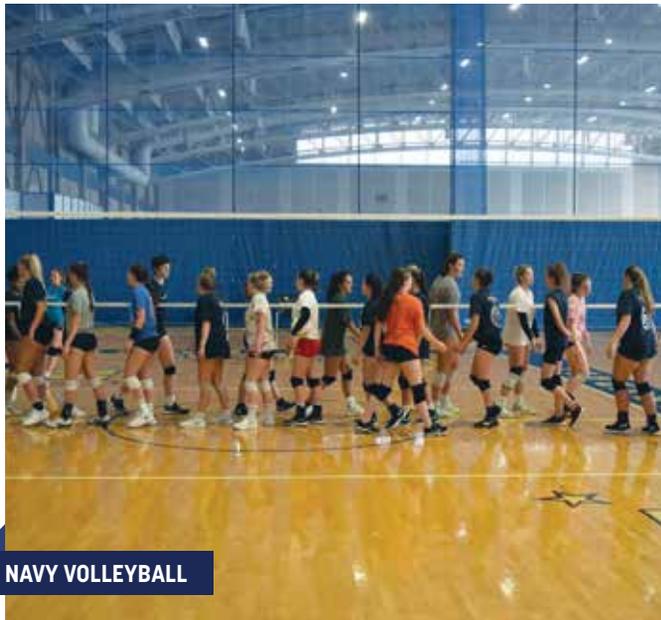
**RADCLIFFE CREEK SCHOOL SUMMER PROGRAM**

Location: 201 Talbot Boulevard, Chestertown; Contact: 410-778-8150; radcliffecreekschool.org. Betsy Babylon, bbabylon@radcliffecreekschool.org; Dates/Times: July 6-30, Mondays-Thursdays; Ages: Kindergarten-grade 8; Cost: Four weeks, four days (full day): \$1,075. Four weeks, half day: \$850. Weekly: \$275/morning. Extended care available for \$25/day; Join us for an exciting summer of Legends of Chesapeake at Radcliffe Creek School! Students can strengthen their skills in the areas of reading, writing, math, and

study skills as well as engage in dynamic, fun lessons that allow their talents and passions to shine. Students will explore the legends of the Chesapeake Bay by performing experiments, writing mini-books, building boats, going on field trips, creating art, and learning about environmental science. Radcliffe's Summer Program is fun, thematic, and embraces helping kids actualize their best selves in preparation for the upcoming school year.

**BLUE CRAB LACROSSE ELITE DEVELOPMENT SKILLS CAMP AT SAINTS PETER & PAUL**

Location: 900 High Street, Easton; Contact: 443-226-9454; bluecrablacrosse.com. Pat Tracy, Camp Director; Dates/Times: June 22-26; Ages: 6-14 years; Cost: \$250; Blue Crab Lacrosse Elite Development Skills camp is run by Pat Tracy at the Saints Peter & Paul School. Pat Tracy is a former Division I player and coach. He is currently the athletic director and lacrosse coach at Saints Peter & Paul. The Elite Development Skills Camp is an instruction-based camp for beginners and advanced



**NAVY VOLLEYBALL**



**THE COUNTRY SCHOOL**

players. The camp focuses on the development of the fundamentals of the game through collegiate-level drills, small-group instruction, and position specific training. Along with Coach Tracy, the camp will be staffed with current college coaches and professional players.

**SABRES SUMMER ALL SPORTS CAMP AT SAINTS PETER & PAUL**

Location: 900 High Street, Easton; Contact: 410-822-2275 ext. 156; [sspeaston.org](http://sspeaston.org). Pat Tracy, Camp Director, [ptracy@sspeaston.org](mailto:ptracy@sspeaston.org); Dates/Times: July 6-11; Ages: 6-12 years; Cost: \$225; The Sabres Summer Sports Camp is an instructional camp designed to provide exposure and basic instruction to a multitude of sports through

fundamental drills and games. Highlighted sports activities throughout the week will include, but not be limited to, soccer, basketball, floor hockey, lacrosse, baseball/softball, flag football, and speed and agility training.

**SEVERN SCHOOL SUMMER PROGRAMS**

Location: Varies by camp; Contact: 410-647-7701 x 2999; [severnschool.com/summerprograms](http://severnschool.com/summerprograms). Jennifer Hayman, Summer Program Director, [summerprograms@severnschool.com](mailto:summerprograms@severnschool.com); Dates/Times: June 22-July 31, 9 a.m.-3 p.m.; Extended Care Program is available before and after camp on the Chesapeake Campus only; Ages: 3 1/2 years-grade 5 (Chesapeake Campus); grades

5-11 (Teel Campus); Cost: \$300/week (all camps the same price this year); Chesapeake Campus offerings: Traditional day camp is available for children 3 1/2 years to grade 5; Specialty camps are available for campers entering grades 1-5; and new this year, academic camps for campers entering kindergarten-ten-grade 5. Teel Campus offerings: Specialty camps; Community Enrichment Program; and new this year, academic camps. Various sports camps are also available. Please visit website for details. Registration will begin this month (February).

**ST. MARGARET'S DAY SCHOOL CAMP**

Location: 1605 Pleasant Plains Road, Annapolis; Contact: 410-757-2333; [stmarga-](http://stmargaret.org)

[retsdayschool.org](http://retsdayschool.org). Tricia Hallberg McVeigh, St. Margaret's Day School Director; Dates/Times: June 8-19; July 6-17; July 20-24; July 27-August 7; Ages: 2-10 years; Cost: \$60-200/week; Join us from June to August at our fun-filled day camp! Every two weeks we will have a new, exciting camp theme with crafts, projects, games, science explorations, and more. Culminating activities and field trips for ages four and up at the end of each theme. Summer 2020 themes: Under the Sea; Unmask the Hero in You; Build It, Design It, LEGO; Ahoy, St. Margaret's Pirates.

**SUMMER AT SAINT ANDREW'S**

Location: 4B Wallace Manor Road, Edgewater; Contact: 410-216-2660; [\[sum.org\]\(http://sum.org\). \[summer@standrewsum.org\]\(mailto:summer@standrewsum.org\); Dates/Times: June 15-August 7, 9 a.m.-3:30 p.m. Half-day options available for younger campers. Morning and afternoon extended care options available; Ages: 3-14 years; Cost: Varies by program; Summer at Saint Andrew's offers an unforgettable summer of fun. Get ready to discover, create, and play as we travel through time, build exciting worlds, become pirates, train to be superheroes, and more!](http://summer.standrew-</a></p>
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**SUMMER AT KEY**

Location: 534 Hillsmere Drive, Annapolis; Contact: 443-321-2575; [Keyschool.org/summer](http://Keyschool.org/summer). Jane Flanagan, Director of Summer Programs, [jflanagan@key-school.org](mailto:jflanagan@key-school.org); Dates/Times: June-August, 9 a.m.-3:30

p.m.; extended care available; half and full day options available; Ages: 3 1/2 years-grade 12; Cost: Varies by program; Summer at KEY has many options for exciting activities and new adventures. From traditional camps to nearly 150 specialty camps to choose from, there is something for everyone.

**SUNRISESUP**

Location: Pier 7 Marina, 48 South River Road South, Edgewater; Contact: 434-234-4443; [sunrisesup.com](http://sunrisesup.com). Kate Grove, Owner; Dates/Times: June 22-August 28, Monday-Friday; Ages: SUP Pups 5-10 years; Tween Empowerment 10-14 years; Cost: \$275 (half day); \$375 (full day); Our paddleboarding camps cater to children within the ages of 5 to 14. The SUP experi-



## SUMMER AT SAINT ANDREW'S

Photo by Eric Danowski

ence starts with the fundamentals and instruction progresses over the week from beginner strokes and maneuvers to advanced paddling skills. During this fun-filled week, paddlers will develop a solid foundation for stand-up paddling, participate in individual and group skills sessions, and enjoy challenges and competition on and off the water. All equipment is included.

### THE COUNTRY SCHOOL

Location: 716 Goldsborough Street, Easton; Contact: 410-822-1935 ext. 130; countryschool.org. Annie Hasselgren, Director of Admissions; Dates/Times: June 15-

August 22; Ages: grades 1-8; Cost: \$125-350; The Country School offers camps related to sports, music, science, mystery, art, games, and more. Our newly renovated campus is the perfect backdrop for fun and learning with our camp teachers, both indoors and out.

### CAMP SUMMIT

Location: 664 East Central Avenue, Edgewater; Contact: 410-798-0005; thesummitschool.org; Dates/Times: July 6-31, 8:30 a.m.-3 p.m.; extended care available; Ages: Students entering grades 1-8; Cost: \$2,230/student; discounts available for Summit families, returning campers,

and Summit Resource Center clients; Camp Summit offers a nurturing environment where students build self-confidence and get the academic boost they need for back-to-school success. Campers avoid summer learning loss while having fun and making new friends. Morning academics followed by afternoon fun! Details and applications available online.

### THE SUMMIT SCHOOL SPECIALTY CAMPS

Location: 664 East Central Avenue, Edgewater; Contact: 410-798-0005; thesummitschool.org; Dates/Times: Executive Function: August 3-7, 9 a.m.-12 p.m.

(students entering grades 8-10); August 10-14, 9 a.m.-12 p.m. (students entering grades 5-7). EmPOWER™: August 3-7, 1-4 p.m. (students entering grades 8-10); August 10-14, 1-4 p.m. (students entering grades 5-7); Ages: Students entering grades 5-10; Cost: \$480/student; Make sure your child is ready for back to school success! In addition to Camp Summit, a month-long academic and recreation camp in July, The Summit School offers specialty academic camps including Executive Function and EmPOWER™ Writing. Executive Function tackles organization, time management, and study skills. Take

home resources that can be used in every class. Benefit from follow-up sessions to check in on progress and help set up a successful school year. EmPOWER™ helps students learn strategies to meet academic writing demands. Develop the skills necessary for effective writing from strong essays to research reports. Details and applications available online.

### WEBER'S BULLDOG BASKETBALL CAMP

Location: 716 Bestgate Road, Annapolis; Contact: 410-519-5300 ext. 3150; webersbulldogbasketball.com. William Weber; Dates/Times: July 6-10; July 13-17; July 20-24; Ages:

6-15 years; Cost: \$300/child; \$20 early bird discount available before March 31, 2020; Weber's Bulldog Basketball Camp is proudly owned and operated by experienced coaches and former athletes. Program open to boys and girls ages 6-15 years old with players' skill levels ranging from beginners to avid players. Campers are taught basic fundamentals during structured, competitive settings in weeklong sessions and focus is on enjoying the game. This award-winning camp has been a trusted favorite for Annapolis parents for over two decades. This is a peanut-free program.

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VALENTINE'S DAY

*Gift Guide*



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# ONLY ON THE SHORE



Seasonal celebrations that are unique to Maryland's Eastern Shore

BY ANNE MCNULTY

Every place on earth has its own character, which has been shaped by its environment, its landscape, and its people. This is certainly true of our Eastern Shore—which every year celebrates its uniqueness with festivals and events. Nature's bounty abounds here with bushels of crabs in spring and summer, and bushels of oysters in fall and winter. Every February, the watermen, trappers, and hunters celebrate the outdoor life they love in Dorchester County's National Outdoor Show. And there are so many stories to be told and to be remembered, such as the amazing life of Frederick Douglass, which is celebrated each September in Talbot County. Of course, there's so much natural beauty here as well. While eagles swoop down to capture their prey, and herons and egrets wade in the creeks, they inspire artists, photographers, and sculptors to capture their essence. They also inspire conservationists to protect them, which is the main purpose of Easton's annual Waterfowl Festival. These three events help to preserve this special place, our Eastern Shore.



## The National Outdoor Show in February

PHOTOGRAPHY COURTESY OF NATIONAL OUTDOOR SHOW

Dorchester County waterman, Buddy Oberender, loves the outdoors. It's where he lives and makes his living. He's out on Shore waters most every day, either crabbing or oystering. His home is near the shimmering marshes of Blackwater National Wildlife Refuge, far away from the sprawling growth now taking place on much of the Eastern Shore. He's been here since he was 14, and he has no plans to leave.

"I've made my living at my sport," he says, and at age 62 he's still at it. When asked how long he plans to work, he says, "I'll do it 'til they put me in the grave."

Oberender also loves his community, and he gives back to it by being president of the annual National Outdoor Show held in Dorchester County.

Only on the Eastern Shore could you find a show like this. It began at a winter picnic in 1938 at a Cambridge theater when three friends—Emmett Andrews, Frederick C. Malkus Jr., and Herbert Dozier—decided to organize a muskrat skinning contest for county farmers.



It was first held in the old Cambridge Armory and it quickly became an annual event. Now it's held at South Dorchester K-8 School, and it showcases skills that the Native people taught to the first Europeans who landed here. Survival was key in those days and, soon, early settlers learned how to fish, trap, and hunt. Folks are still at it today, and contestants display their skills at the show to determine who's the best and the quickest. From Duck, Goose, and Turkey Calling contests to Oyster Shucking there's a contest for everyone.

Muskrat skinning is one of the most popular contests for both adults and kids. With a few strategic cuts, contestants manage to peel the pelt

Trap Setting is also a popular contest. Oberender explains that trappers snare animals such as mink and otters. "We don't usually catch fox though. They're pretty smart and they know how to avoid the trap. They can pick up human scent."

Of course, the outdoor lifestyle of the Shore makes for good-looking and healthy children, and what could be more appropriate than a Miss Outdoors pageant and also the Little Miss and Mister Outdoors pageants. A scholarship is now awarded to the Miss Outdoors winner.

One event that's not to be missed is watching famous chainsaw sculptor, Marty Long, saw into a piece of a

**YOU HAVE TO BE QUICK, THE BEST SKINNERS CAN DO FIVE MUSKRATS IN A MINUTE AND A HALF.**

off the dead animal and come away with one that's ready for tanning.

"You have to be quick," Oberender says. "The best skimmers can do five muskrats in a minute and a half."

If you still have an appetite after watching a few get skinned, you can enjoy the muskrat cooking contest and then eat the results.

Loblolly pine and transform it into a work of art. From tree trunks, he's created dragons, owls, and eagles. Long's work can be viewed on his website.

To this day, the National Outdoor Show's purpose has always been to preserve Dorchester's outdoor centered culture, and this mission becomes more important every passing year as the Eastern Shore lifestyle continues to fade into the past.





# Frederick Douglass Day in September

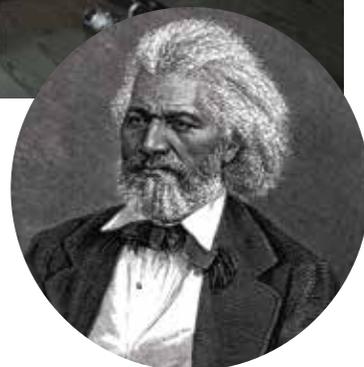
On the lawn of the Talbot County Courthouse in Easton stands a statue of a man. His arm is outstretched as he begins one of his famous speeches. This man has been here before. Once, he was dragged here and thrown in the jail. Much later, he returned to this same courthouse as one of the country's most respected orators and abolitionists. His name was Frederick Douglass, and he was Talbot County's most famous son.

Born near the Tuckahoe River in Talbot County in 1818, he was the son of a slave woman and a white father. She named him Frederick Augustus Washington Baily. When he was about six, he was sent to live at Wye House plantation near St. Michaels, one of the numerous plantations belonging to Colonel Edward Lloyd. He rarely saw his mother who would need to walk 12

miles at night to sleep alongside him and then get up before dawn to return to work. While at the Lloyd plantation, his master was Captain Anthony who was Colonel Lloyd's superintendent.

When he was about seven or eight, he was sent to Baltimore to live with Mr. and Mrs. Hugh Auld, relatives of Captain Anthony's daughter Lucretia. Mrs. Auld began to teach Fred his letters until her husband intervened and told her slaves were not allowed to be taught to read. It was too late. From then on, a new world began to open for him and he was determined to enter it. He learned to read by trading bread with the white neighborhood children who in turn would teach him the alphabet.

Later, while working in a shipyard, he would see the carpenters labeling a letter on



each timber for where it was intended to be placed, and by this tedious way, he finally began to figure out how to read.

At age 14, he was returned to Talbot County in 1832 where he worked as a field hand in St. Michaels. Here, he and a few others planned to escape. Their plot was discovered and they were hauled into the Easton jail. Eventually, he was taken back to his old home in Baltimore and then later escaped to New Bedford, New York, where he married freedwoman Anna Murray.

In New Bedford, he worked at any job he could get. Meanwhile he was urged to read the *Liberator*, an Abo-

# WE WANTED TO ERECT A STATUE OF DOUGLASS TO HONOR HIS MEMORY

litionist newspaper. He did, and when he spoke at an anti-slavery convention for the first time, he met his destiny. Trying to forge a new identity, he renamed himself Frederick Douglass. He would soon become a world-famous orator, writer, and abolitionist, and his incredible work would not cease until his death in 1895.

It was not until 115 years had passed that he would be honored by Talbot County, and this was because of the work of a committee named the Frederick Douglass Honor Society, which was formed in 2009. “We wanted to erect a statue of Douglass to honor his memory,” says its vice-president, Childlene Brooks.

It’s less of a task, however, when organizations work together, and this was the case when a partnership was established between the Chesapeake Bay Maritime Museum and the Honor Society. The Maritime Museum’s goal was to stress the African-American watermen’s contribution to this area. Soon it became a community-wide endeavor. Frederick Douglass Day then began as a fundraiser for the statue, and it was first held at the Maritime Museum in 2010.

“We had tremendous support for this concerted effort,” Brooks says. “We raised the money to hire sculptor, Jay Hall Carpenter, and by 2011 the statue was erected on the courthouse lawn.” Now the festival is held in Easton, where Frederick Douglass continues to have his day.

This past year, the courthouse lawn was the venue for the opening ceremony, which included school bands, speakers such as Mayor Robert C. Willey, Douglass Re-enactor Terron Quailles, and others. Children’s activities were held on the Library lawn and naturally the aroma of home-cooked barbecue and other delicacies awaited hungry citizens at the parking lot across the street.

The keynote speaker of the day was Dr. Celeste-Marie Bernier, Professor of United States and Atlantic Studies at the University of Edinburgh in Scotland. Having researched Douglass, his wife, Anna and their five children for 25 years and having written several books regarding the family, she emphasized that the trauma of enslavement not only marked his body, but was always carried within his soul.



# The Waterfowl Festival in November

PHOTOGRAPHY OF WATERFOWL FESTIVAL BY MICHAEL ROE

With all the events that make the Eastern Shore so appealing, none are more attended than the largest of them all—the Waterfowl Festival. November of 2019, was the 50th anniversary of this three-day event that now draws about 16,000 folks into the town of Easton. They throng the streets to enjoy the crisp autumn days that bring the trees aflame with colors of red, yellow, and gold. Flying over the crowds are V-formations of chattering geese wending their way down from Canada to the fields and marshes that await them in this fertile land.

There's so much to see and do here during the three-day festival that celebrates this unique area. The Easton Armory, the Avalon Theatre, the Academy Art Museum, and the Pavilion are the venues for fine paintings, sculptures, and carvings. Talented artists exhibit works that showcase the waterfowl, birds, and scenes of nature that depict the essence of the Shore. Every year the festival chooses a featured artist whose work is outstanding. The featured artist for 2020 is sculptor, Bart Walter, who sculpts wildlife as they are posed for action. His aim is to get the essence of the animals, and he travels throughout the world to capture them.



Meanwhile, there's a much livelier competition going on, and it's between dogs. It's the Dock Dogs Competition and it's one of the festival's most popular events. Labradors, Chesapeake Bay Retrievers, and some rather mixed breeds jump from a high dock into a waiting pool. Some dogs can't wait to jump in while others need

some serious coaxing as they look down at the water with trepidation. The ones who stay airborne the longest or jump the farthest are the prizewinners who usually deserve a bone or two.

At Easton High School, there's a lot of racket going on in the auditorium. It sounds like geese and ducks were set





How did this festival ever begin, and how did it grow into such a world class event? Margaret Enloe, Executive Director of Waterfowl Chesapeake, explains that Dr. Harry M. Walsh and William and Betty Perry were the inspiration and founders of the festival 50 years ago. Their vision was to preserve our wildlife. “Since the ’70s, we’ve lost 30 percent of our birds,” Enloe remarks. As their habitats disappear, so do the birds.

As Dr. Walsh wrote in his book, *The Outlaw Gunner*, “Our waterfowl, a living resource, are in need of help, and their welfare should come before our own indulgence.”

The main purpose of the Festival is to raise the funds needed for the conservation of waterfowl and for their habitats. For this purpose, the Festival’s Board of Directors established Waterfowl Chesapeake in 2011 to direct the use of these funds.

Enloe emphasizes that this is possible only because the Festival is run solely by volunteers.

“We have 42 volunteer chairpersons and 600 regular volunteers,” she says. “The whole town comes out to help. We also have an incredible list of corporate and business sponsors. And there is also the love of this unique area that is tied to our history, culture, and landscape.”

loose, but they’re still outdoors. Instead men, women, and children are competing as to who can make the most authentic duck and geese calls. The World Championship Team is also a part of this noisy program.

There’s also much here for the children to do including the Kids’ Fishing Derby, the Raptor Demonstrations, and the Kids’ Decoy Painting. And what’s a festival without a good children’s book written about the natural world that surrounds them here.

**“OUR WATERFOWL, A LIVING RESOURCE, ARE IN NEED OF HELP, AND THEIR WELFARE SHOULD COME BEFORE OUR OWN INDULGENCE.”**



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# Home & Garden

56 FINDING FOREVER IN CHESTERTOWN | 64 HOME DESIGN  
68 FRONT DOORS & MORE | 70 REAL ESTATE



# Finding Forever in Chestertown

THE HISTORIC, FOURSQUARE DESIGN TURNED 21ST CENTURY DREAM

By Lisa J. Gotto | Photography by Stephen Buchanan

**W**alking onto the sturdy, brightly painted front porch stairs, there was not so much as a creaky floorboard to distract you from the welcoming and warm view ahead. We met homeowners Dave Turner and Ran Crawford on a crisp, sun-soaked, blue-skied morning in what has to be one of the loveliest towns in America, Chestertown.

Nestled in among some treasured homes near the Chester River and on one of the town's most desirable blocks, is Turner and Crawford's cherished forever home, circa 1915. Upon first finding the home back in 2015, the homeowners were impressed with its quality construction, its location within a college town, and its historical background.

Being a historical preservationist, Turner knew the American foursquare, four-bedroom home they were looking at was something really special—and they had been looking for their version of forever for months prior to the discovery. Turner's background would come in handy again once they purchased the property, but before we explore the home's future, it's important to note its remarkable past.

## THE HOUSE THAT WOMEN BUILT

Apparently, Chestertown was home to some exceptional individuals in the very early 20<sup>th</sup> century. In fact, on October 2, 1905 the lead story in the town's widely-read newspaper, *Kent News*, proclaimed that, "... a big force of workmen began on Wednesday a new residence...on the elegant lot opposite the home of Carolene Hynson."







vis replied, “abandoned.” Not in the literal sense, she added, but in that the home had not seen any upgrading with the exception of an extra room tacked on to the back of the house, since the 1970s.

After extensive discussions with Turner and Crawford, she learned their specific priorities for the home. The two primary objectives were: the house had to become a welcoming gallery of sorts for their art, antiques, and their cherished furnishings and memorabilia, and it needed to grow old gracefully with them.

Carolene Hynson, a sagacious widow, partnered with another such widow, Gladys Wickes, to find the resources, both financial and trades-related, to have the home built on speculation. It was also remarked that Mrs. Hynson was approaching her 90<sup>th</sup> year at the time of the endeavor. Not to mention, this was a time before women even had gained the right to vote, making the home forever memorable in Chestertown as the “house that women built”.

It was therefore apropos that another woman would figure prominently in the home’s future. With his knowledge and love for preservation in mind, Turner picked up the phone to call a friend and professional associate, Melanie Hartwig-Davis, soon after the purchase of the home was secured.

“He immediately called and said, ‘I have this historic house in Chestertown and

I’m going to need your help with it,’” says Hartwig-Davis, AIA, LEED AP.

Hartwig-Davis and Turner had crossed paths several times in their pursuits of preservation; he as the chairman of the Historic Preservation Commission for Prince George’s County, and she as an architect securing grants for clients through the Commission.

“Melanie is one of the guardians of Western Shore preservation. This (project) was an extension for her and she did very well coming into the area,” Turner says of Hartwig-Davis’ credentials and background.

### CONCEIVING THE IDEAL BACKDROP

When asked for an adjective to describe the home before they rolled up their sleeves and got to work, Hartwig-Da-





“Specifically, these clients, their goal was to provide an ideal backdrop for their art collections,” Hartwig-Davis says. The second most important aspect, she adds, was the forever home concept. “They wanted to plan for single-level living, so that when and if they have mobility issues, they have everything they need.”

And while single-level living was a priority, there was also a desire to increase the functionality of the home’s second and even third stories. From that the team of three would conceive the perfect way to turn a seemingly abandoned home into what Hartwig-Davis would later characterize as “celebrated.” This suited Turner and Crawford extremely well, as they are consummate hosts and

love to entertain—a celebratory home they would have!

“It’s very important to us that people can come into the house and enjoy themselves. And want to come back,” Turner says.

There was no better place to start than with the home’s entryway. While it was clearly an ample space for receiving guests, all agreed it could and should be so much more. The main issue was the entry door to the working kitchen facing the front and it being one of the first things you see upon entering, detracting from the home’s magnificent pre-war stairway and railings. To enhance the “first impression” experience, that kitchen entry was closed off and in its place the homeowners displayed

a treasured Egyptian-influenced floor length pier mirror. Reflecting the light streaming through the home’s handsome and original panel and glass front door, the area is now awash in natural light. The replacement was not without angst, Turner told us the mirror in its original form was, in fact, too long for the space by about four inches.

“We actually had to shorten the mirror,” Turner says, explaining it was sent to an expert in Alexandria, Virginia. He is more than pleased with the result. “This is the only thing ‘New York’ in the house,” he adds. Turner and Crawford reside over a collection of furnishings from all over the world, but for Turner, he is all about Baltimore—Baltimore Federal Furniture, that is.

The collection is extensive and starts right when you walk in the house with a glorious Priestley mahogany Federal period sideboard, above which hangs an intricately detailed pencil drawing of a horse belonging to Turner, sketched by a friend. An avid equestrian and proud horse owner, on the same wall Turner also displays the buggy whip he used to win the National Carriage Championship at the prestigious Devon Horse Show in Pennsylvania in 1998.

In addition to various other treasures in just the entryway alone, this area was also chosen for the display of two very distinctive antique banjo clocks, another passion of Turner’s.



## THOSE VALUE-ENGINEERING DECISIONS

As you turn toward the left of the entry moving easily across the home's collection of antique Oriental rugs and its beautifully re-stained walnut and pine floors you are cognizant of how well the home flows with its wide entry room points. As you enter the home's exquisitely appointed dining room with its blazing hearth, prized Potthast Brothers Baltimore Federal period dining table, and Venetian crystal chandelier you are at once wowed and then immediately

drawn into the living room with its eye-catching bronze wall treatment. The one-ton, three-dimensional frieze is an homage reflecting the homeowners' Texan roots; Ran is originally from Dallas, Dave, from Austin.

The latter's father once owned a bank and Turner said when the bank was shuttered, he made sure he grabbed it—well, as much as you are able to “grab” a one-ton piece of art.

Thus, the configuration of these main floor rooms was changed to reflect the way the homeowners wish to live

now— amongst reminders of lives that continue to be best-lived. So walls did need to come down to incorporate a larger bath on the first level, to create better use of the earlier tacked-on room by turning it into an ample den/future main-level bedroom, and to provide for an island of modernity amongst a sea of antiquity with a sleek 21<sup>st</sup>-century kitchen design.

When the new walls went up, they were reinforced with studs to help bear the weight of things like the bronze frieze depicting a 20<sup>th</sup>-century cattle drive. It was during this part of the remodeling when the

design challenge plot thickened for the trio. As we are in the heyday of open plan living, Hartwig-Davis was more than happy to give them that living space by removing the wall between the kitchen and living room. However, the owners had a different plan. They did not wish to remove that wall. It served as great “gallery” space, and the pair is among the smaller contingent of homeowners feeling that open-plan design may be in its waning days as opposed to its heyday.

Nevertheless, the use of space is optimal. The frieze has its pride of place in the living room which is an inviting



mixture of eras' worth of functional collectibles such as the traditional wing chair reupholstered and upscaled by Ran with an earthy zebra pattern in cool tones and an Art Nouveau-era heavy leaded glass coffee table they picked up at the Washington Craft Show at the Smithsonian.

The living room flows to a small common area from which they can access the guest bath, the den, the kitchen, the breakfast area, and last but not least, the deck that leads to a precious wooded wonderland a-typical for most of Chestertown. But we'll get back to that.

The kitchen is where the “value-engineering decisions” a term coined by the homeowners to reflect their thinking of what to splurge on and what to think more frugally about, came about. The kitchen represented a consensus for the trio; they would go ultra-modern with a rustic touch or two. That rustic part came about fairly early on when a piece of built-out wall was removed and a glorious, original-to-the-home chimney was unearthed. While sturdy of structure, its frame was ever so slightly tilted providing for a rich-in-character conversation piece. The brick chimney was painted white and nearby storage spaces were created to provide a recessed framework for the must-have ginormous

stainless-steel refrigerator required by Turner. Ginormous, but brand-frugal, he mused. A door was put in adjacent to the chimney providing discreet access to the living room.

A waterfall-edge counter of supple light gray quartz wraps around the opposite side of the room creating all the counter space one could need for whipping up a great meal. The flow interrupted here only by the dual basin sink and gooseneck tap faucet with an ample vertical sliding window above for fresh air and rays of light. The backsplash choice, a no-brainer.

“We noticed that backsplash fashions go in and out so darn fast, but we also noticed that brick always hangs in there, and so we got colonial brick to play off the chimney feature,” Turner says.

A two-tone treatment of gray cabinets below and white above in polished push-touch lacquer add sophistication and clean lines and edges. The kitchen nook area is clean and gleaming yet warm with several wood touches in the chairs and a late, 18<sup>th</sup>-century pew from Ran's family church back in Texas to off-set the clear acrylic table for four.

Opposite the breakfast area is one of those walls that says it all. In part, it tells a tale of two lives spent in service to their country in a series of candid photos. Professionally, both Turner and Crawford were D.C.-based before semi-retirement and moving to Chestertown. They met in D.C. and spent the bulk of their careers there. Turner was a member of two White House staffs during





the Reagan and Bush 41eras, was a speechwriter for Janet Reno and others of note, and followed that up with several years in the U.S. Marshal's Service. Crawford was a special agent for the U.S. Department of State Bureau of Diplomatic Security. He was also a U.S. Foreign Service official with posts in Thailand, Algeria, Pakistan, and Saudi Arabia over the course of his career. He currently holds a part-time position with the U.S. Department of State.

The photos pop off the wall and into view not just because of their composition, but because of the color they specifically chose for the way it helps show off art. They discovered the hue called Silver Strand at the Phillips Art Collection Art Gallery in Washington.

"We wanted a gray that's going to last longer than gray the fad," Turner says. "We wanted a gray that's going to be good with future things."

## UPSTAIRS VS. DOWNSTAIRS

The second and third floors provided the greatest design and "flow" challenges for Hartwig-Davis and construction, which was completed by a Chestertown-based contractor. The second floor, upon purchase, was in its original condition as a foursquare home with four smaller bedrooms on the second floor and a mostly unfinished attic on the third.

"Originally, they had a four bedroom (home) off a central hallway and a central bath-

room and they very much wanted a modern master suite," explains Hartwig-Davis. "So, we left one front bedroom as a home office intact, but then we took out the walls between the two other bedrooms, so that they have a bedroom area and a seating area."

While one bedroom was sacrificed on the second floor, one was added to the third-floor attic space. Getting to that precious space was not easy. To do so meant taking out some load-bearing walls and adding beams for structural integrity—while always trying to maintain the character of the four-square's hallway, trim work, and railings. In the end, the effort would prove extremely worthwhile.

The result is a lovely guest bedroom offering peeks of the Chester River out the front window, another office space for Ran's part-time job responsibilities, and an additional full-size bathroom with a clawfoot tub intelligently placed in a gable overlooking the home's peaceful backyard.

## WHAT SOLD THEM ON THE HOUSE

And from what we learned, the backyard was in large part why the pair chose this particular home in the first place after initially searching for their forever home in other states and on other blocks in Chestertown.

"We were out here with our realtor and we went and looked at several houses, but



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nothing spoke to us, but then we were up at the bakery and someone mentioned that this one just came on the market. We walked in and kind of said, 'Well, that's it.' Then, they showed us the backyard..." Crawford says.

"The backyard sold us," Turner adds. They loved that unlike most yards in town, theirs was not a formal English garden. While Turner says he admires English gardens, they prefer something more wooded which is what they got, and later enhanced into a wooded wonderland of sorts, with mature trees, ornamental elements, and foliage they added themselves, but the backyard's true stunner, they said, is a 200-year-old tree.

"It's the oldest elm in town," Turner says with a touch of pride. And why not? Neither of them has ever had the opportunity to live in a small town before and they both seem pretty proud of being part of this one.



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# 3 Ways Bathrooms Will Change in the New Decade

HOW CLASSIC WHITE, NATURAL ELEMENTS & TECHNOLOGY WILL KICK OFF THE 2020S

By Lisa J. Gotto

While the bathroom is largely a place where basic needs are met, its function, style, and general footprint have done nothing but evolve over the years.

Today's bathrooms simply need to be designed smarter if they are to have longevity, make sense for the individuals using them, and transform into spaces where not only optimal convenience is delivered, but optimal health is maintained.

These design markers will manifest themselves in several ways as we enter this next decade.

Photo Courtesy of NKBA



## STYLE: NEW WAYS TO DO WHITE IN THE BATH

No matter how quickly times and aesthetics may change an all-white approach to fundamental fixtures and design elements in the bath provides for enduring style. The best aspect of this framework is that the look can be changed later by updating your bathroom's soft goods and smaller fixtures.

That said, the 2020s will be prime time for pushing boundaries with basic white. Like this exceptionally well designed and visually intriguing example of what happens when you add the word "wow" to "white."

**HERE ARE SOME OTHER WAYS WHITE WILL MAKE A STATEMENT IN THE 2020S:**



Right: A new level blending of modern and rustic. Photo courtesy of Kohler. Left: Designs that feature a two-tone approach and using statement hardware. Photo courtesy of Wellborn Cabinet, Inc.

## TECHNOLOGY: DELIVERING EASE OF USE & PERSONALIZED EXPERIENCES



Remember the first time you encountered a sensor-tech faucet feature? That was a game-changer. Not only would this smart technology save time and our most precious resource, water, it also makes for a cleaner and more hygienic bathroom. Unlike those first iterations, however, motion sensor technology and tap-touch technology has improved significantly making it something you need not even think about anymore.

One of the areas you'll most noticeably see upgrades right away is in the shower.

Photo Courtesy: Moen



Photo Courtesy of KOHLER

Seriously? Siri in the bathroom? Is this something we want? Consumers are saying yes and manufacturers like Moen agree! Actually, Alexa could be in the bathroom with you, too, if you opt for the U by Moen Smart shower. So, if you like it hot, you'll get it hot. Just use the presetting function and enter in your most desirable temperature. You'll then be able to turn that shower on from the phone on your nightstand with the accompanying app that is also compatible with Apple's HomeKit and Google Assistant.

Singing more in the shower these days? You can be with KOHLER's Moxie Shower-

head and Wireless Speaker. Part of their Connect Smart product series, KOHLER's in-showerhead speaker uses Bluetooth tech to stream your favorite power ballad right into the shower. This voice-activated technology also allows the user to control water flow, light, and even colors in the shower for an experience as unique as you are.

With music in the bathroom can TV be too far behind? No, it was actually ahead, as TVs have been masquerading as mirrors in high-end homes for some time now. The 2020's will only make this kind of convenience — or perhaps distraction, more commonplace.



Photo courtesy of KOHLER

## WELL-BEING: ADDING NATURAL ELEMENTS

Health experts agree and studies have shown that the time we spend in natural surroundings can have a positive impact on our health. A recent study published in *Frontiers in Psychology* stated that adding 20 minutes to your day in nature can lower stress hormone levels. Interior designs have been reflecting and utilizing these elements in the home in various ways in primary living spaces for years, but now this aspect of living is also extended into the bath.

Not only are live plants being added to these spaces in innovative ways, but more of

the spaces are being situated in nature as well, where they make sense. Think of all the gorgeous outdoor showers you've seen on Pinterest. For many this is not a possibility, but clever homeowners are finding other ways to make nature happen.

Adding a "living wall" of Wandering Jew (shown) in combination with other vines, brings the outdoors in in a profound way. An all-moss composition accentuating different depths is also a great low-maintenance choice for a wall of this nature—*pun intended*, but adding a series of potted plants on terraced shelves achieves a nice affect, as well—without all the bath-scaping.



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# Front Doors & More

CREATING AN INVITING FIRST IMPRESSION

By Lisa J. Gotto

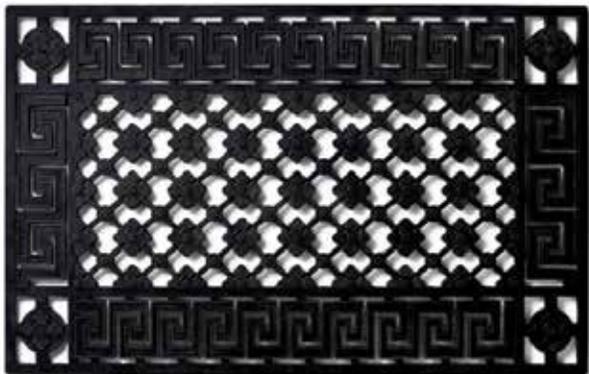
Is your front door a snore, or does it offer more with a few well-chosen touches? Ideally, a welcoming vibe can be created with just a few complementary accessories. Whether your front door look is classic, contemporary, or craftsman, here are a few items that can turn a bland scheme into a grand scheme!

## CRAFTSMAN

**BASKET A FUN BUNCH** Just add seasonal florals four times a year to this woven tote and enjoy! [Potterybarn.com](http://Potterybarn.com)

**MAILBOX CLEVER CATALOG KEEPER** And large enough to keep your copy of What's Up? crisp and dry. [Houseofantiquehardware.com](http://Houseofantiquehardware.com)

**DOOR MAT TASTE, WELL-PLACED** This sturdy black rubber mat has an attractive woven design that pulls this entire front door look together. [Frontgate.com](http://Frontgate.com)



## CLASSIC

**WREATH A POP OF COLOR ... IN REVERSE** White wreath, black door – need we say more? Chic! [Crateandbarrel.com](http://Crateandbarrel.com)

**DOOR MAT SIMPLE & EFFECTIVE** A subtle design; an oh, so neat-freak, necessity. [Anthropologie.com](http://Anthropologie.com)

**MAIL SLOT NICE SPOT FOR A SLOT** If the post office deems your neighborhood slot-worthy for delivery, this vintage version is timeless. [Signaturehardware.com](http://Signaturehardware.com)

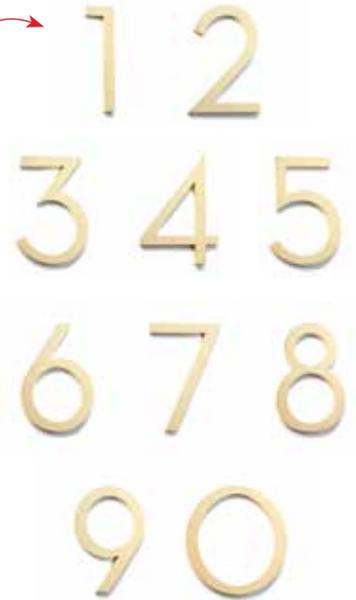


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**UMBRELLA STAND STAND BY ME** Cloudy day? You won't forget your umbrella if it's right by the door. This sleek, cylindrical holder is made of outdoor-friendly, easy-clean ceramic. [Birchlane.com](http://Birchlane.com)

**DOOR MAT STOP, WIPE, ENTER** Where street dirt meets its match! [Westelm.com](http://Westelm.com)





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**Primary Structure Built:** 1974  
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**Baths:** 2 Full, 2 Half-Baths  
**Living Space:** 3,562 Sq. Ft.  
**Lot Size:** 5 acres

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HOME REAL ESTATE

# Miles River Update

By Lisa J. Gotto

**M**iles River sunset views await the new homeowners of this privately located and multi-amenity property in Easton. Built in 1974, the 3,500-plus square-foot contemporary, has been attractively updated over the years and offers gorgeous water views from nearly every vantage point.

The great room represents the epitome of sought-after, water-side living. Awash in natural light from its expansive floor-to-ceiling windows, the room also offers an architecturally inviting cathedral ceiling treatment, a floor-to-ceiling stacked stone fireplace and warm hardwood floors.

“This exceptional Gulley’s Cove property only became available because the previous owner was offered a new job out of state,” says listing agent, Barbara Watkins of Benson and Mangold Real Estate.

A roomy and convenient main level master suite offers a private bath with jetted tub and large walk-in closet, and an adjacent room with water views offers a perfect space for an in-home office. A 20- x 22-foot family room with a wood-burning fireplace, and pool and water views is located just below on the lower level, along with three additional bedrooms, one-and-a-half baths, and another bonus/office space with water views. A utility room on this level leads out to a fenced-in yard.

While living on the water has its distinct advantages, on summer’s hotter days it’s so convenient to have your own in-



ground pool for quick dips, tranquil lounging, or cocktails pool-side with friends on airy evenings.

Lovers of low-maintenance features will appreciate the thoughtful construction of the homes’ decks and balconies which wrap around many areas of the home to take advantage of the river views on one side and its surrounding forest of numerous mature trees that lend privacy to the property on the other. These views can also be enjoyed from a spacious screened-in porch for weather-proof daydream-

ing and entertaining. There’s room for two vehicles in the home’s detached garage.

Once outside, the private pier and floating dock is just steps away; ready for peaceful sojourns on the deep waters of the Miles River.

**Listing Agent:** Barbara C. Watkins; Benson & Mangold Real Estate; 27999 Oxford Rd.; Oxford, MD; 410-310-2021

**Buyer’s Agent:** Chuck Mangold, Jr.; Benson & Mangold Real Estate; 31 Goldsborough St.; Easton, MD; 410-924-8832

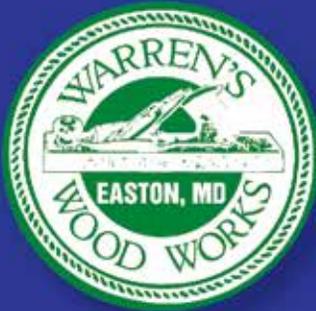
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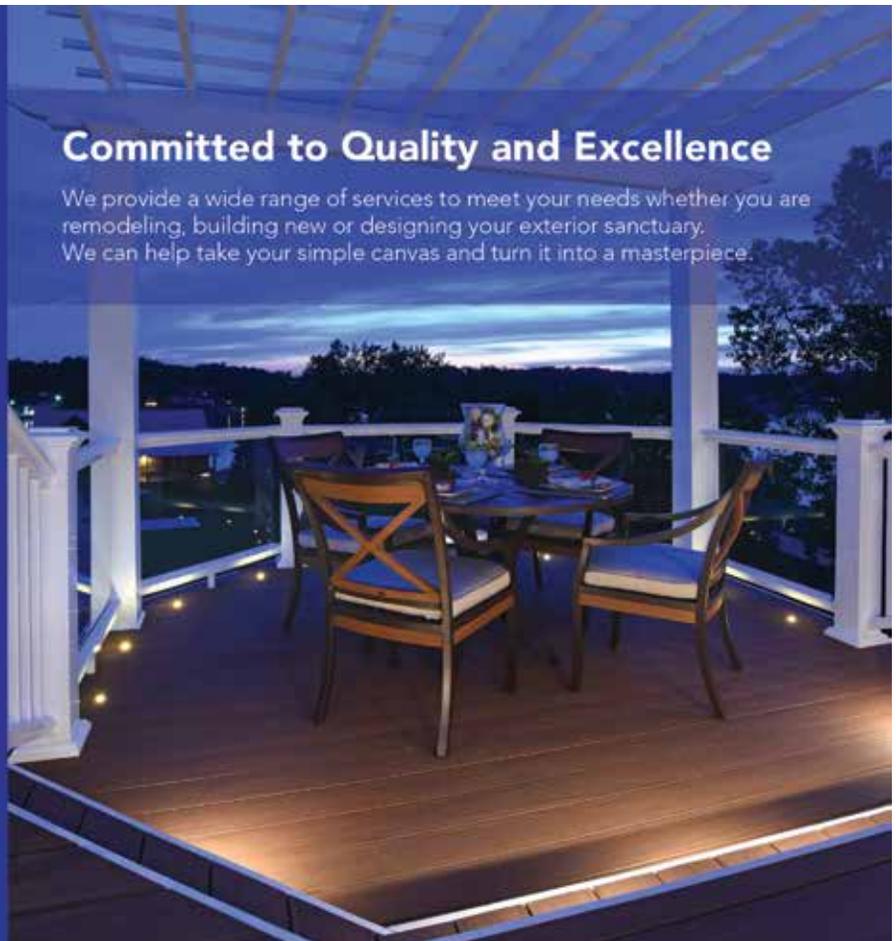


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# Health & Beauty

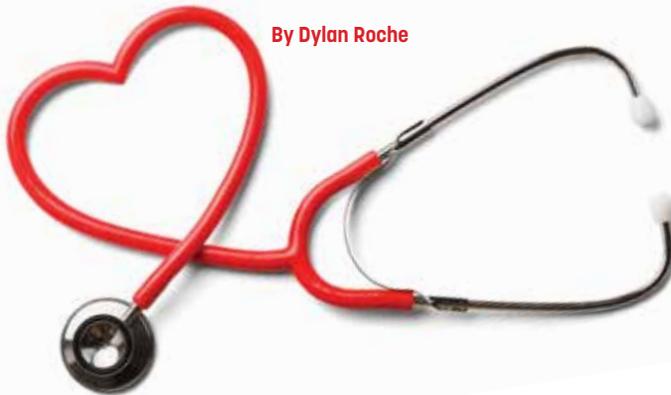
**74** WHY AMERICAN HEART MONTH MATTERS | **76** FRESH TAKE  
**78** FITNESS TIPS | **82** DON'T LET CUPID MAKE YOU STUPID *plus more!*



# Why American Heart Month Matters

THIS FEBRUARY, RENEW YOUR COMMITMENT TO CARING FOR YOUR CARDIOVASCULAR SYSTEM

By Dylan Roche



Back in 1963, when President Lyndon Johnson declared February to be American Heart Month, he cited that there were 10 million U.S. citizens battling cardiovascular disease, half of whom, in his own words, were “stricken during their most productive years, thereby causing a staggering physical and economic loss to the nation.”

Fast-forward 57 years and heart disease continues to be a major problem in the United States. The Centers for Disease Control and Prevention reports that it accounts for 610,000 deaths, or nearly one-quarter of all deaths, every year. There are also about 735,000 Americans who suffer a heart attack every year.

Though these statistics sound grim, health experts with the CDC and other organizations, like the American Heart Association and the National Heart, Lung, and Blood Institute, emphasize that anyone can make a difference in their long-term well-being by adopting healthier lifestyle practices.

## TAKING CARE OF YOUR TICKER

Despite the idea that heart disease affects only older adults, our country’s struggle with obesity and high blood pressure means that more and more young adults—some as young as their 30s—are at risk for heart disease.

The CDC describes heart disease as being caused by a buildup of plaque in your arteries that hinders your blood flow. When blood flow to the heart is completely blocked, this

causes a heart attack; when the blood flow to the brain is blocked, this causes a stroke. Unhealthy lifestyle practices—including poor diet, lack of exercise, and smoking—increase your risk of heart disease, and that risk is further exacerbated by other conditions like high blood pressure, high blood cholesterol, diabetes, and obesity.

If you’re looking to retake control of your heart health this February, here’s what health care experts recommend:

**BREAK A SWEAT:** The American Heart Association encourages at least 150 minutes per week of moderate-intense aerobic activity (brisk walking, tennis, water aerobics, leisurely biking) or 75 minutes per week of vigorous aerobic activity (running, lap swimming, cycling 10mph or faster, hiking, jumping rope). You should also incorporate resistance training or weights at least two days a week.

**WATCH YOUR DIET:** Give your eating habits a heart-healthy overhaul by limiting saturated fats from butter and animal sources and instead choosing unsaturated fats like olive oil, avocados, and nuts. Fruits and vegetables are low in calories and high in fiber, which research

has shown can help lower cholesterol. Don’t forget to watch your sodium, which can lead to high blood pressure—avoid processed and packaged foods, which often contribute more sodium to a person’s diet than regular table salt.

**RELIEVE YOUR STRESS:** Did you know that being stressed out damages your arteries, too? Try to remove stressful triggers at work and home; if those triggers can’t be avoided, find ways to manage your response and decompress with yoga, journaling, meditation, or breathing exercises.

**QUIT SMOKING:** Despite the widespread knowledge of its ill effects on health, smoking is still common in the United States, and more than 37 million adults are reported users of cigarettes. Make efforts to quit, but be careful not to replace one bad habit with another one—that is, don’t quit smoking and turn to fried food in its place.

## KNOW THE SYMPTOMS

Would you know the symptoms of a heart attack if you or someone close to you were suffering one? Not everyone is going to have the same symptoms, and some of those symptoms will come on fast-

er than others—it could be weeks in advance or merely hours. Here are common heart attack symptoms, courtesy of the Mayo Clinic:

1. Pressure or tightness in chest or arms
2. Pressure or tightness in neck, jaw or back
3. Nausea or heartburn
4. Shortness of breath
5. Cold sweat
6. Fatigue
7. Light-headedness

If you think you’re having a heart attack, call 9-1-1 right away for emergency medical help. If possible, take aspirin, which can keep your blood from clotting and prevent some heart damage.

## BE SOCIAL ABOUT HEART HEALTH

You don’t have to make your journey toward heart health alone. To help people stay motivated, not only in February but also throughout the rest of the year, the National Heart, Lung, and Blood Institute encourages use of the hashtag #OurHearts on social media when sharing photos of you, your friends, and your family engaged in heart-healthy activities, such as participating in physical activity or preparing a healthy meal.

The American Heart Association also has its Go Red for Women initiative. Because cardiovascular disease is the greatest health threat women face, participants can spread awareness and encourage healthy resolutions by wearing red and sharing wellness facts that will help women take charge of their heart health. News promoting women’s health and official Go Red gear can be found at [goredforwomen.org](http://goredforwomen.org).



HEALTH & BEAUTY BEAUTY

# Dressing in Layers

LOOK FASHIONABLE AND FEEL COMFORTABLE

By Dylan Roche

Welcome to Maryland, where it can feel like we're experiencing all four seasons in the course of a single day. With the temperature swings that come in late February and early March, it's not unusual to find yourself making some difficult judgement calls when getting dressed in the morning. Do you dress for winter? Or for spring? Or is it going to be one of those rare days when it feels like summer by the middle of the afternoon?

Dressing in layers has practical purposes here—you're able to add or remove a layer depending on the time of day or where you are. But layering also offers you a chance to experiment with different clothing elements and make bold fashion statements.

Don't think that layering is too complicated to pull off. Even if you're not someone with outstanding style sense, you can combine shirts, sweaters, vests, jackets, and scarves looks that are easily adjustable when the temps change.

## TIPS FOR MEN

**1.** Aim for three visible layers, such as a Henley, a long-sleeve flannel shirt, and a denim jacket for a casual look, or a button-front dress shirt, a lightweight cardigan, and a blazer for a more professional or formal look. Remember that your inner layers should never be longer than your outer layers, so don't let your shirt tail hang out under your sweater.

**2.** If you're expecting significant temperature changes throughout the day, wearing a cardigan or vest under your blazer is a smart move because you can remove either layer and still make the outfit work. On days when you expect it to be consistently cold, opt to ditch the blazer and wear a bulkier sweater instead. You can still wear the sweater under your winter coat (or with a scarf), but don't try to wear a bulky sweater under a blazer.

**3.** Remember to buy pieces that are meant to be layered. Although a well-tailored suit coat is great over a simple shirt-and-tie combo, you're better off getting an unstructured blazer to wear over multiple layers of T-shirts, button-front shirts, and sweaters. Similarly, the trendy shacket—which is shaped like a button-front shirt but made of heavier material like a jacket—works especially well as a middle layer between a T-shirt and a heavier coat.

**4.** Save the bold colors and patterns for your shirts, sweaters, and blazers. Your outdoor-only layers and accessories, such as your winter coat, hats, and

gloves, should be in neutral, solid colors so you can pair them with any outfit. The one exception to this is your scarf, which can serve as a nice statement piece. (Take the scarf off when you come inside. Although women can pull off scarves as indoor clothing, the only man who can do this is Johnny Depp.)

## TIPS FOR WOMEN

**1.** Don't worry about losing your figure by wearing too many layers. The secret is to keep your outfit balanced by wearing bulky or voluminous items on either your upper half or your lower half. If you're wearing a heavy sweater or shawl, keep the lower half of your body trim with pencil skirt, skinny jeans, or slim trousers. If your lower half has a wide skirt, thick leggings or heavy boots, wear a well-fitted top. If you start to lose your waist under too much fabric, you can always cinch all your layers, including sweaters and jackets, with a wide belt.

**2.** Go ahead and leave your innermost layer, like your blouse or camisole, untucked for a more modern look, but when you do this, you need to make sure your

outer layers aren't too fitted. Otherwise, they'll cause the fabric of your inner layer to bunch up. Wear sweaters or jackets that are relaxed in their fit or cropped higher. Remember that you can roll up the sleeves of outer layers to show off the sleeves of inner layers. This can also help with temperature balance by keeping your core warmer while your extremities stay a little cooler.

**3.** Dresses that you normally wouldn't wear during the winter because the skirt or sleeves are too short can be kept in rotation during cold-weather months with the use of a little layering. In this case, tights and boots will keep the lower half of your body warm. Wear a cardigan or jacket (or both) on top, and simply take one off as the day starts to get warmer.

**4.** Don't forget scarves and shawls add dimension to your outfit, are easily removable and can be worn in multiple ways. You also should not feel limited to wearing only one: On especially cold days, you can get away with wearing a thinner scarf around your neck and a heavier scarf draped over your shoulders.





HEALTH & BEAUTY HEALTH

# Fresh Take

## CRUCIFEROUS VEGETABLES

By Dylan Roche

If you're someone who associates fresh produce with every season except winter—strawberries and asparagus in the spring, tomatoes and watermelon in the summer, and pumpkin and apples in the fall—it's time to think again. Cold weather is ideal for certain vegetables, and among those winter veggies in season during the month of February are the ones you might have heard classified as *cruciferous*: cabbage, broccoli, Brussels sprouts, cauliflower, and kale.

As far as names go, *cruciferous* is pretty appropriate. Even though it actually derives its name from the Latin word *cruciferae*, a reference to the cross-like shape of its petals, the word *cruciferous* almost sounds like a combination of

“crunchy” and “sulfurous.” And why not? You probably associate most cruciferous vegetables with either the distinctive texture and bitter taste they have when they're raw, or you think of the distinctive strong smell they have when they're cooking. These sensations come from sulfur-containing compounds in the vegetables called glucosinolates.

The American Institute on Cancer Research notes that glucosinolates in cruciferous vegetables have lots of health benefits you're not going to want to miss out on. They're good for detoxifying carcinogens, limiting the production of cancer-related hormones, and preventing tumor growth.

These health benefits are what cruciferous vegetables have in common. Even though cruciferous vegetables all come in different shapes and colors (hey, do red cabbage and broccoli really look all that much alike?), they share these cancer-fighting abilities, as well as nutrients like fiber, folate, potassium, magnesium, and vitamins A, C, and K.

If you have an aversion to cruciferous vegetables because of the way they were served to you in childhood, think again. There are ways to prepare these vegetables so that you're happily going back for seconds (and with what we just established about their nutritive value, why wouldn't you?)

## BROCCOLI

This one is probably the best known of the cruciferous vegetables, and it's also the most versatile because you can eat it raw just as easily as you can eat it cooked. Broccoli is a decent source of protein among vegetables—a single cup of chopped broccoli has 3 grams of protein for only 31 calories. It also has healthy doses of minerals like calcium, manganese, potassium, phosphorus, magnesium, and iron.

Next time you're setting out appetizers, be sure to include stalks of raw broccoli with the crudité, or toss some shredded broccoli and carrots with raisins, walnuts, and olive oil for a new twist on slaw.

## CAULIFLOWER

Cauliflower has gained a lot of prominence lately as a replacement for so many carbohydrates—and it's easy to understand why. It has a mild taste when it's cooked, but it has only 14 calories per half-cup. This is also a great way to incorporate vegetables into your day, especially if you have kids or other finicky eaters in your household.

Replace rice with cauliflower by pulsing or grating the cauliflower into rice-sized pieces, pressing them with a towel or cheesecloth to remove any excess moisture, then sautéing with a little bit of oil over medium heat until tender (about five minutes).

You can also steam chunks of cauliflower and mash them up with milk, butter, salt, and pepper as an alternative to mashed potatoes. (Your kids might not even notice the difference.)

You'll want to make cauliflower a regular part of your routine this winter because, in addition to its fiber, it has high levels of vitamin C, which is good for your immune system.

## BRUSSELS SPROUTS

Once you know how to prepare Brussels sprouts, you'll wonder why they have a bad reputation. They're delicious when slow roasted in the oven for 40 minutes at 400 degrees. Before you throw them in, be sure to coat them with olive oil, honey (to help them caramelize), salt, and pepper. As a bonus, this type of slow roasting will lessen the sulfuric smell you get when you try to steam or boil cruciferous vegetables.

Brussels sprouts are great from a nutritional perspective. Remember those compounds called glucosinolates that were mentioned earlier? Brussels sprouts have the highest level out of any vegetable. They're also a great source of vitamin K, which Tufts University in 2015 reported is good for blood-sugar control and overall longevity.

## KALE

Kale was a big food trend a few years ago, and for good reason—it's full of vitamins A and C, along with minerals potassium, calcium, and iron, and it makes a great base for all kinds of winter salads. Toss it with grated carrots, raisins, diced apples, candied nuts, and a balsamic vinaigrette for a perfect side dish.

You can also steam kale and use it in place of spinach for most recipes (spinach is great, but it never hurts to vary the greens you're getting). Incorporate kale into your next spinach dip, casserole, or, even, soup.



## CABBAGE

Available in green and red varieties, cabbage makes a great raw addition to salads or cooked addition to soups. It's full of fiber—nearly 1 gram per every 10 calories—which aids healthy digestion and lowers cholesterol. Cabbage has also been shown to have anti-inflammatory effects in the body, meaning it is good for warding off cancer, heart disease, and diabetes.

Cabbage is unique among cruciferous vegetables because it is also enjoyed in fermented form—that is, pickled in vinegar or brine. Sauerkraut has been popular for years, but the Korean dish kimchi, which includes added spices, has recently entered the mainstream. Fermented foods are great because they deliver gut-friendly bacteria called probiotics, which boost your immune system and aid in digestion.

## Roasted Cruciferous Vegetables

This is a simple recipe that emphasizes the natural flavors of the vegetables, with a little bit of lemon juice to offset their bitterness and some spices to give it a gentle kick. To incorporate more cruciferous vegetables into your menu, serve it alongside the kale salad described above.

### INGREDIENTS:

- 1/4 cup extra virgin olive oil
- 1 clove minced garlic
- 1/2 teaspoon coarse sea salt
- 1 teaspoon black pepper
- 2 tablespoons lemon juice
- 1 teaspoon paprika
- 1/2 teaspoon cumin
- 1/2 cup feta cheese
- 2 cups broccoli florets
- 2 cups cauliflower florets
- 1 cup Brussels sprouts, quartered

### DIRECTIONS:

Preheat oven to 400 degrees. Combine olive oil, garlic, lemon juice, salt, pepper, paprika and cumin. Toss vegetables in olive oil mixture and spread over a well-oiled or parchment-lined baking sheet. Bake for 45 minutes or until vegetables are tender. Remove from oven and toss with feta cheese. Salt and pepper to taste.



HEALTH & BEAUTY HEALTH

# Fitness Tips

GETTING YOUR ARMS  
READY FOR SHORT SLEEVES

By Dylan Roche

It might be hard to believe when you're bundled up under sweaters and jackets, but short-sleeve season is mere weeks away. That means now is the time to start working your biceps and triceps if you want your arms to look their best this spring.

As the American Council on Exercise reminds us, having strong arms isn't just about the way you look. Sure, men are always looking to build more mass, and women, who tend to store body fat in their upper arms, are worried about being shapely and toned. But strong arms are important because of their practical purposes, too.

Strong biceps (formally known as the *biceps brachii*, located on the front of the upper arm between the shoulder and the elbow) are important for any kind of pulling movement, such as dragging heavy loads or picking up and carrying heavy objects, including your kids. Triceps (formally known as the *triceps brachii*, located on the back part of your up-

per arm between your elbow and shoulder) are used for pushing and throwing movements. Although biceps are often the muscles that get all the attention, triceps are just as important for overall upper-body strength.

Starting an intense fitness program is best done with the assistance of a personal trainer, but if you're simply looking to master the basics using only your body weight and a few spare dumbbells, here are a few tips. Always keep in mind that the National Academy of Sports Medicine recommends you perform each exercise with moderate loads and repetitions for growth and endurance. Perform each set to the point of muscle fatigue: the point where it's hard to perform while still maintaining your good form, posture, and technique. As you get stronger, you can increase the load and repetitions.

## ↑ PULL-UPS AND CHIN-UPS

*Pull-ups and chin-ups are effective exercises that require only your body weight and a horizontal bar of some kind (you can even use monkey bars at the local playground). The American Council on Exercise highlights bodyweight exercises as being great options because you can exercise almost anywhere, and they're adaptable to your fitness routine—that is, you can start with fewer repetitions and increase as you get stronger.*

**TO PERFORM A STANDARD PULL-UP:** 1. Grip the bar overhand with your palms facing away from you. Stabilize your body by crossing your legs and clenching your abs 2. Bend your elbows and draw them down by your side to pull yourself upward until your chin is over the bar 3. Keep good form and don't swing your body 4. Lower yourself back to the starting position with your arms completely straight 5. Repeat

Chin-ups are a variation on this exercise with an underhand grip where your palms face toward you. Both exercises are great for working your arms (and back), although chin-ups rely more heavily on biceps strength and may be easier for beginners to perform.

# BICEPS WORK- OUT

*Grab a pair of dumbbells and master these basics—your biceps will thank you for it.*

**ZOTTOMAN CURL:** 1. Start with a dumbbell in each hand down by your side and your palms facing out 2. Curl your arms to bring both dumbbells simultaneously up toward your shoulders 3. As you do this, keep your inner arms tucked in tight by your sides 4. When you have both dumbbells lifted to your shoulders, rotate your arms so your palms face outward 5. Lower your arms with your palms facing downward, back to your sides 6. Rotate your arms to your starting position 7. Repeat

**DRAG CURL:** 1. Stand with a dumbbell in each hand down by your side and your palms facing out 2. Draw your elbows back and bring the dumbbells up to chest height, keeping your palms facing outward and upward 3. Hold 4. Push the dumbbells back to the starting position

**HAMMER CURL:** 1. Start with your arms by your side, holding a dumbbell in each hand with your palms facing in 2. Curl the dumbbell upward toward your shoulder, keeping your elbow tucked in close to your side, until your forearm goes just past a 90-degree angle. Keep your palms facing in 3. Hold, then lower the dumbbell back to your starting position



# TRICEPS WORKOUT

**DIPS:** 1. Like pull-ups and chin-ups, dips are a great way of using your body weight for an effective workout – in this case, all you need is a sturdy bench or chair 2. While seated on the bench, put your hands at shoulder width with your palms pressed down on the bench and your fingers gripped over the edge. Move your butt off the bench so your weight is entirely supported by your arms 3. Bend your elbows to lower your hips to the floor 4. Go down as far as you can, ideally until your upper arms are parallel with the

ground 5. Raise yourself back up to your starting position. Be sure to raise yourself using your arms, not your legs

**OVERHEAD EXTENSION:** 1. Hold one dumbbell in both hands and stand with your feet shoulder width apart 2. Raise the dumbbell over your head. Keep your arms straight 3. Slowly bend your arms and lower the weight behind your head until your forearms are past a 90-degree angle 4. Straighten your arms and bring the weight back up above your head

# A Humidifier Could be the Answer to a Few Winter Woes

WHY MOISTURE IN THE AIR IS GOOD FOR YOU DURING THESE COLD, DRY MONTHS

By Dylan Roche

It's not just that winter air is so cold—it's *dry*, too! This dry air can leave your skin reddened and cracked, irritate your nose and throat, cause bloody noses, chap your lips, and make your eyes all itchy.

It can even be bad inside your house. Ideally, your home's indoor humidity should be between 30 and 50 percent, according to the Mayo Clinic. This is easy enough to measure yourself with a hygrometer available at most hardware stores. If you find your home is just a little too dry, it might be time to pull out the humidifier.

Unlike dehumidifiers, which draw moisture out of the air, a humidifier uses water vapor to increase the moisture. Although some homes have a built-in humidifier as part of the HVAC system, most people need to use a portable humidifying unit. When choosing a humidifier, you can opt for either an evaporator, which blows air via a fan through a wet filter or belt to humidify it, or a steam vaporizer, which uses electricity to create steam.

In addition to staving off dry skin, eyes and airways, moister air can help people who are battling cold symptoms that are more likely to strike in winter. Moister air relieves a stuffy nose and will break up mucus so you can cough it up more easily. Even if it won't cure anything, it will relieve a lot of discomfort!

The U.S. National Library of Medicine recommends people opt for a cool-mist humidifier, as warm-mist versions can burn you if you get too close. This is especially important for families using a humidifier around small children.



But there are a few other important points you should keep in mind if you're running a humidifier in your home. ↓

Be sure to keep the settings no higher than 50 percent humidity and don't run it for too long, or else you could end up with air that's too moist and even surfaces in your home that are damp to the touch — which could inevitably lead to mold and mildew.

It's best to fill your humidifier with distilled water instead of tap water, as the mineral deposits in tap water, when vaporized, can damage the humidifier and potentially leave a white dust on everything in your home.

Even with distilled water, you need to be careful you avoid bacterial growth inside the humidifier. Change the water at least once a day, and be sure to clean the humidifier at least once every three days. A dirty or ill-maintained humidifier can have the opposite effect of a clean one because dirty or allergen-infested air exacerbates breathing problems, especially in people with asthma or allergies.

Don't let dry air around the house be the reason you're feeling less than your best this winter. Make things a little more humid, and your body will be happier for it.



HEALTH & BEAUTY HEALTH

# Frozen Fingers?

IT COULD BE RAYNAUD'S SYNDROME

By Dylan Roche

It's normal for your fingers and toes to go numb at some point in the wintertime. Who hasn't spent an afternoon shoveling snow and come back inside to find that they can't feel their digits despite the thickest of gloves?

But when the cold temperatures have a harsher effect on your extremities than they should—during a short walk from your front door to your car, or simply when you spend time in atmospheres below 60 degrees—you might have a condition known as Raynaud's Syndrome (pronounced ray-NOHZ), which affects about 5 percent of the American population, according to the National Heart, Lung, and Blood Institute.



**Raynaud's Syndrome**, also called Raynaud's Phenomenon, affects people year-round, but it's especially bad during cold seasons. Those who are affected have episodes of vasospasm, a narrowing of the arteries that limits circulation to your extremities: not only your fingers and toes but also your nose, lips, ears, and nipples. Sometimes these reactions can be brought on by stress, too.

In addition to numbness, vasospasms can cause a change in color to the skin. First the skin turns white, then blue. When someone with Raynaud's warms up again or is relieved of stress, and their circulation starts to improve, the affected skin will redden and be struck with a tingling, prickling, or throbbing sensation. Episodes sometimes last for hours, and it can take up to 15 minutes upon warming up for normal blood flow to return. Because of this, Raynaud's, though not disabling, can have a significant effect on a person's quality of life.

at sporting good stores) into your gloves and socks for extra warmth. You should also let your car warm up by running your heater for a few minutes before making a drive in the snow.

Then there are the lifestyle changes you can make. The National Heart, Lung, and Blood Institute encourages physical activity to get your blood flowing and keep you warm, as well as limited caffeine and alcohol consumption to prevent restrictive arteries.

The National Heart, Lung, and Blood Institute encourages physical activity to get your blood flowing and keep you warm, as well as limited caffeine and alcohol consumption to prevent restrictive arteries.

Some people are more likely to develop Raynaud's Syndrome than others. As the U.S. National Library of Medicine indicates, people who live in colder climates are more likely to develop it, and it is more common in people with family histories of it. It also tends to be more common in women than in men.

The big problem is that doctors don't fully understand the cause of Raynaud's Syndrome, according to the Mayo Clinic; however, even though there is no cure, there are certain ways to prevent episodes from worsening or happening altogether.

First, there are the obvious measures: Bundle up if you have to go out in the cold, and try tucking small heat packs (like the ones you get

Although primary Raynaud's Syndrome, the most common form of it, is not associated with any health conditions, there is what's known as secondary Raynaud's Syndrome, which could be more serious because it's linked to problems like connective tissue disease, carpal tunnel, injuries, medications, and, even, buildup of plaque in the arteries.

If your fingers feel frigid a little more than you suspect is normal, talk to your doctor about whether you might have Raynaud's Syndrome. In most cases, lifestyle changes will be enough to manage it, but in extreme cases, your doctor may recommend surgery to the nerves that control the arteries in your hands and feet, or you may need medicine like calcium channel blockers, alpha blockers, or prescription skin creams.

# Don't Let Cupid Make You Stupid

VALENTINE'S DAY IS A GOOD REASON TO BRUSH UP ON YOUR KNOWLEDGE ABOUT SEXUAL SAFETY

By Dylan Roche

Come February 14th, love will be in the air. But whether you're connecting with a new partner on Valentine's Day or any other day of the year, the rule still applies: safety first.

Unfortunately, most people aren't observing that rule. According to the Centers for Disease Control and Prevention's most recent National Survey of Family Growth (2011–2015), only 24 percent of unmarried men ages 15 to 44 reported using a condom every time they engaged in sexual activity. That number is even lower for women within the same age range, of whom only 19 percent use one every time. On the other hand, 66 percent of men and 75 percent of women reported using a condom none of the time.

Those numbers are troubling because condoms aren't just about preventing pregnancy—they're an effective means of preventing sexually transmitted diseases (also called sexually transmitted infections). And with the CDC citing 20 million new STDs in the United States every year, practicing safe sex isn't a recommendation to be taken lightly. It's a necessity!

As the American Academy of Family Physicians (and probably every sex ed class out there) emphasizes, abstinence is the only 100 percent guaranteed way to prevent pregnancy and STDs. But sexual activity between consenting adults can provide stress relief, increase trust and empathy in a relationship, and, even, produce immunity-boosting antibodies and pain-relieving hormones.

For new couples, being honest about sexual history is important, and experts such as those at the U.S. National Library of Medicine and the U.S. Office of Disease Control and Prevention encourage getting tested for STDs before engaging in sexual activity with a new partner. It's not a conversation you should feel uncomfortable having with your doctor, who knows better than anyone that getting tested is always a responsible thing to do and something most adults do at some point in their lives; however, if you don't like the thought of discussing your sexual history with your doctor, there are specialized clinics that provide testing (in fact, this is one of the services offered by Planned Parenthood, which has a listing of clinics at [www.plannedparenthood.org](http://www.plannedparenthood.org)).



STD tests are harmless and noninvasive: Common methods include urine tests, cheek swab tests, or blood tests. If you do find out you have an STD, it might be curable with medication; if not, your doctor can advise you how to manage the symptoms and not pass the STD on to your partner.

Although birth control methods like the pill, a cervical cap, or a diaphragm can be used to prevent pregnancy, they will not protect you against an STD, which are spread by direct contact with body fluids, sores on the genitals or mouth, or even the skin around the genitals. Wearing a condom protects you by creating a barrier against these during intercourse.

The Food & Drug Administration recommends using condoms made from latex or polyurethane because these are the materials that can prevent passage of HIV, hepatitis, or herpes. It's still important to check the label on the package to make sure the condoms are made to prevent disease. Today's market has novelty condoms that are made only for sexual stimulation, not disease protection or pregnancy prevention.

Using lubrication will reduce the risk of breaking the condom, and although many condoms come pre-lubricated, there are still many others that do not. If you apply lubricant

## 24%

of unmarried men ages 15 to 44 reported using a condom every time they engaged in sexual activity

yourself, use a water-based lubricant only. Oil-based or petroleum-based lubricants—including petroleum jelly (Vaseline), baby oil, or lotion—can weaken the latex, increasing the chances of it breaking.

Storing the condoms in a hot place will also increase the risk of breakage, which is why you shouldn't keep condoms in places like a glove compartment or carry them in your back pocket. You're safer keeping them in the breast pocket of your coat or in your briefcase.

And though it may seem obvious, be careful about opening up the package. Don't use your teeth or sharp fingernails, and do it in a well-lit area so you can see what you're doing. Remember that being under the influence of alcohol can make you clumsy or impair your judgment.

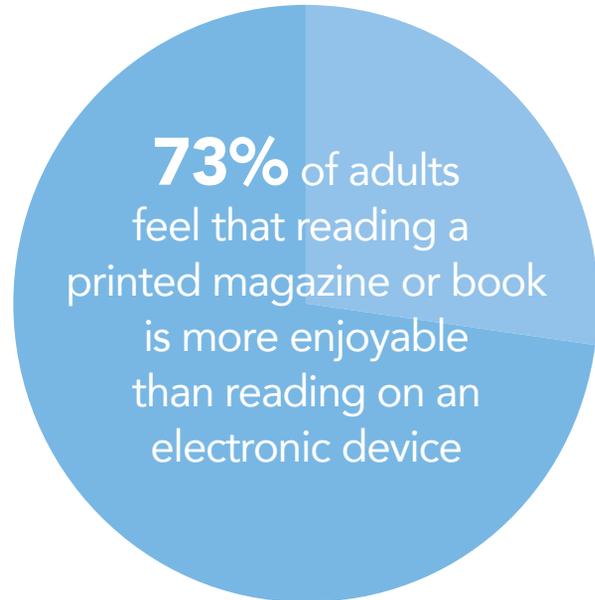
Being responsible is sexy. Keep this information in mind to ensure that your Valentine's Day is as safe as it is romantic.

# People prefer print on paper for reading—whether for enjoyment or for comprehension

## Americans tend to believe that...

- They retain more when they read in print on paper
- They are more easily distracted when reading on screens
- Print is more pleasant to handle and touch than other media

Source: Two Sides North America and Toluna, 2015, n=1,000; 2016, n=2,323



Source: Two Sides North America and Toluna, n=2,000. Fall 2017

## Magazine readers have **real** friends

**Devoted magazine readers have the most friends\* and spread their ideas over the widest social circle**

\*Real People—not social media

### Number of friends among devoted media users (index)

	magazines	internet*	TV	radio
20 or more	177	88	111	144
15 or more	168	88	103	155
10 or more	158	84	101	134
8 or more	149	88	105	134

### Self perception (index)

	magazines	internet*	TV	radio
Have a wide social circle and enjoy it	131	93	85	125
My friendship group is a really important part of my life <sup>+</sup>	128	95	93	101
Get energy by being in a group of people	122	98	103	110
Enjoy entertaining people at home <sup>+</sup>	116	93	93	105

\*Includes internet magazine activity. +Definitely agree/agree

Index: Percentage of top users of each medium vs. percentage of adults 18+.

Note: Devoted magazine readers are defined as those who read printed magazines at least several times per week or digital magazines more than once a day. Devoted internet users are those who use it at least 31 hours per week. Devoted radio listeners are those who listen to FM Radio at least two hours a day or AM radio at least one hour a day. Devoted TV viewers are defined as those who watch live or "catch-up" TV at least 31 hours per week. Each group represents approximately the same proportion of US adults 18+. Source: YouGov Profiles, December 2018



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5:00 pm to 7:00 pm

98 Cannon Riverfront Grille  
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 Chestertown, MD 21620

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 for more information**



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## WHAT'S UP **FOR LUNCH?**

**Tuesdays  
 Feb. 4, 11, 18**

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 20 N. Washington St.,  
 Easton, MD 21601

## EVENING *Business* MIXER

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 February 25**

5:00 pm to 7:00 pm

Snifters Craft Beer & Wine Bistro  
 219 Marlboro Ave. Unit 528  
 Easton, MD 21601

Go to [discovereaston.com/networking](http://discovereaston.com/networking) for more info

# Dining

86 GUIDE

Scallops  
appetizer at  
Hemingway's  
Restaurant in  
Stevensville



Photograph by Stephen Buchanan

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REVIEW

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# Dining Guide

## Advertisers Listed in Red

Average entrée price  
\$ 0-14 \$\$ 15-30 \$\$\$ 31 and over

☎ Reservations

Y Full bar

👨 Family Friendly

🌊 Water View

☀ Outdoor Seating

🎵 Live Music

🐾 Dog Friendly

👑 Best of 2019 Winner

## Queen Anne's County

### Adam's Taphouse and Grille

100 Abruzzi Drive, Chester; 410-643-5050; Adamsgillkentsland.com; Barbecue; lunch, dinner \$\$ ☎ Y 🍷

### Annie's Paramount Steak & Seafood House

500 Kent Narrows Way N., Grasonville; 410-827-7103; Annies.biz; Steakhouse, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷 🌊 🍷

### Big Bats Café

216 Saint Claire Place, Stevensville; 410-604-1120; Bigbats.com; American, sports bar; lunch, dinner \$ Y 🍷 ☀ 🎵 🍷

### Bridges Restaurant

321 Wells Cove Road, Grasonville; 410-827-0282; Bridgesrestaurant.net; Seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 ☀ 🍷

### Café Sado

205 Tackle Circle, Chester; 410-604-1688; Cafesado.com; Thai, sushi; lunch, dinner \$\$ Y 🍷

### Capriotti's

500 Abruzzi Drive, Chester; 410-643-9993; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

### Carmine's New York Pizza

2126 DiDonato Drive, Chester; 410-604-2123; Carminesnyppizzakitchen.net; Italian, pizza; lunch, dinner \$ 🍷

### Doc's Riverside Grille

511 Chesterfield Avenue, Centreville; 410-758-1707; Docsriversidegrille.com; American; lunch, dinner \$ Y 🍷 ☀ 🎵 🍷

### El Jefe Mexican Kitchen & Tequila Bar

1235 Shopping Center Road, Stevensville; 410-604-1234; Eljefemexkitchen.com; Mexican; lunch, dinner \$-\$\$ Y 🍷 🍷

### Fisherman's Inn & Crab Deck

3032 Kent Narrows Way S., Grasonville; 410-827-6666; Crab-deck.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 ☀ 🎵 🍷

### Frix's Fire Grill

1533 Postal Road, Chester; 410-604-2525; Frixsfiregrill.com; Brazilian/American, small plates, bar/lounge, lunch, dinner \$\$ ☎ Y 🍷

### Harris Crab House

433 Kent Narrows Way N., Grasonville; 410-827-9500; Harris-crab-house.com; Seafood, crabs; lunch, dinner \$\$ ☎ Y 🍷 🌊 ☀ 🎵 🍷

### Hemingway's Restaurant

357 Pier One Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com; Seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 ☀

### Historic Kent Manor Inn

500 Kent Manor Drive, Stevensville; 410-643-5757; Kentmanor.com; Modern American; special occasion dining, Sunday brunch \$\$\$ ☎ Y

### The Jetty Restaurant & Dock Bar

201 Wells Cove Road, Grasonville, 410-827-4959; Jettydockbar.com, American, seafood; lunch, dinner \$ Y 🍷 🌊 ☀ 🎵 🍷

### Joshua's Steak & Chop House

420 Pennsylvania Avenue, Centreville; 443-262-8064, Dinner; Y 🍷

### Kentmorr Restaurant

910 Kentmorr Road, Stevensville; 410-643-2263; Kentmorr.com; American, seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 ☀ 🎵 🍷

### Knoxie's Table

180 Pier 1 Rd, Stevensville; 443-249-5777; Baybeachclub.com; American; dinner, weekend brunch ☎ Y 🍷 🍷

### Ledo Pizza

110 Kent Landing, Stevensville; 410-643-7979; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷 🍷

### Love Point Deli

109 Main Street, Stevensville; 410-604-2447; Lovepointdeli.com; Deli; lunch, dinner \$ 🍷 🍷

### The Narrows Restaurant

3023 Kent Narrows Way S., Grasonville; 410-827-8113; Thenarrowsrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷 ☀ 🍷

### O'Shucks Irish Pub

122 Commerce Street, Centreville; 410-758-3619; Oshucksirishpub.com; Irish, American; lunch, dinner \$ Y 🍷

### Rams Head Shorehouse

800 Main Street, Stevensville; 410-643-2466; Ramsheadshorehouse.com; American, brewery; breakfast, lunch, dinner \$ Y 🍷 🎵 🍷

### Red Eye's Dock Bar

428 Kent Narrows Way N., Grasonville; 410-827-3937; Redeyedockbar.com; American, seafood; lunch, dinner \$ Y 🍷 ☀ 🎵 🍷

### Rustico Restaurant & Wine Bar

401 Love Point Road, Stevensville; 410-643-9444; Rusticoonline.com; Southern Italian; lunch, dinner \$\$ ☎ Y 🍷

## DOC'S RIVERSIDE

**"Awesome atmosphere and great beer selection, and best smoked ribs!"**

—Madison Bowling

### SandBar at Rolph's Wharf

1008 Rolph's Wharf Road, Chestertown; 410-778-6389; Seafood; lunch, dinner \$ Y 🍷 ☀ 🎵

### Smoke, Rattle & Roll

419 Thompson Creek Road, Stevensville; 443-249-3281; Smokerattleandroll.com; BBQ; lunch, dinner \$

## Talbot County

### 208 Talbot

208 N. Talbot Street, St. Michaels; 410-745-3838; 208talbot.com; Modern American; dinner \$\$ ☎ Y

### Ava's Pizzeria & Wine Bar

409 S. Talbot Street, St. Michaels; 410-745-3081; Avaspizzeria.com; Italian, pizza; lunch, dinner \$\$ Y 🍷 🍷

### Awful Arthur's Seafood Company

402 S. Talbot St., St. Michaels; 410-745-3474; Awfularthursusa.com; Fresh seafood, authentic oyster bar \$\$ Y ☎ 🍷 ☀ 🍷

### The BBQ Joint

216 East Dover Street, Ste. 201, Easton; 410-690-3641; Andrew-evansbbqjoint.com; Barbecue; lunch, dinner \$ Y 🍷 ☀

### Banning's Tavern

42 E Dover Street, Easton; 410-822-1733; Banningstavern.com; American; lunch, dinner \$\$ ☎ Y

### Bartlett Pear Inn

28 S. Harrison Street, Easton; 410-770-3300; Bartlettpearinn.com; Farm-to-table; dinner \$\$\$ ☎ Y

### Bas Rouge

19 Federal Street, Easton; 410-822-1637; Basrougeaston.com; European; lunch, dinner \$\$\$ ☎

### Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; dinner, Weekend brunch \$\$ ☎ Y 🍷

### Blackthorn Irish Pub

209 Talbot Street, St. Michaels; 410-745-8011; Irish, seafood; lunch, dinner \$\$ Y 🍷

### Capriotti's

106 Marlboro Avenue, Easton; 410-770-4546; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

### Capsize (Seasonal)

314 Tilghman Street, Oxford; 410-226-5900; Capsizeoxmd.com; American; lunch, dinner \$-\$\$ ☎ Y 🍷 ☀

### Captain's Ketch

316 Glebe Road, Easton; 410-820-7177; Captainsketchseafood.com; Seafood; lunch, dinner

### Carpenter Street Saloon

113 Talbot Street, St. Michaels; 410-745-5111; Carpenterstreetsaloon.com; American, seafood; breakfast, lunch, dinner \$\$ Y 🎵 🍷

**Characters Bridge Restaurant**

6136 Tilghman Island Road, Tilghman; 410-886-1060; Fresh seafood, casual atmosphere; Lunch, dinner; Charactersbridgerestaurant.com \$\$\$ 🍷 🍴 🌿

**Chesapeake Landing**

23713 St. Michaels Road, St. Michaels; 410-745-9600; ChesapeakeLandingrestaurant.com; Seafood; lunch, dinner \$\$\$ 🍷 🍴 🌿

**The Crab Claw Restaurant**

304 Burns Street, St. Michaels; 410-745-2900; Thecrabclaw.com; Seafood; lunch, dinner \$\$ 🍷 🍴 🌿

**Crab N Que**

207 N. Talbot St., St. Michaels; 410-745-8064; Crabnque.com; Seafood, Barbecue; lunch, dinner \$\$\$

**Crepes By The Bay**

413 S. Talbot St., St. Michaels; 410-745-8429; Breakfast, lunch 🍷 🍴 🌿

**Doc's Downtown Grille**

14 N Washington St., Easton; 410-822-7700; Docsdowntowngrille.com; American, seafood; lunch, dinner \$\$\$ 🍷 🍴

**Doc's Sunset Grille**

104 W Pier St., Oxford; 410-226-5550; Docssunsetgrille.com; American; lunch, dinner \$ 🍷 🍴 🌿

**Eat Sprout**

335 N Aurora Street, Easton; 443-223-0642; Eatssprout.com; Organic, ready-to-eat; breakfast, lunch, dinner \$ 🍷

**El Dorado Bar & Grill**

201-C Marlboro Avenue, Easton; 410-820-4002; Mexican; lunch, dinner \$\$\$ 🍷 🍴 🌿

**Foxy's Harbor Grille (Seasonal)**

125 Mulberry St., St. Michaels; 410-745-4340; Foxysharborgrille.com; Seafood, American; lunch, dinner \$ 🍷 🍴 🌿 🍷

**The Galley St. Michaels**

305 S. Talbot Street, St. Michaels; 410-200-8572; Thegalleyssaintmichaels.com; Breakfast, lunch \$ 🍷 🍴 🌿

**Gina's Cafe**

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascafestmikis; Southwestern, Vegetarian; lunch, dinner \$\$

**Harrison's Harbour Lights**

101 N. Harbor Road, St. Michaels; 410-745-9001; Harbourinn.com; American, seafood; lunch, dinner \$\$ 🍷 🍴 🌿 🍷

**Hill's Cafe and Juice Bar**

30 East Dover Street, Easton; 410-822-9751; Hillscafeandjuice.com; American, milkshakes, sandwiches; breakfast, lunch \$ 🍷

**Hong Kong Kitchens**

210 Marlboro Avenue, Easton; 410-822-7688; Hongkongkitchen-sea.com; Chinese; lunch, dinner \$ 🍷

**Hot off The Coals BBQ**

8356 Ocean Gateway, Easton; 410-820-8500; Hotoffthecoals.com; Barbecue; lunch, dinner \$ 🍷 🌿

**Hunters' Tavern at the Tidewater Inn**

101 E. Dover Street, Easton; 410-822-4034; Tidewaterinn.com; American; breakfast, lunch, dinner, Sunday brunch \$\$ 🍷 🍴 🌿 🍷

**In Japan**

101 Marlboro Avenue, Easton; 410-443-0681; Injapansushi.com; Japanese, sushi; lunch, dinner \$\$\$ 🍷 🍴 🌿 🍷

**Krave Courtyard**

12 W. Dover St., Easton; 410-980-5588; American; lunch \$ 🌿

**Latitude 38 Bistro & Spirits**

26342 Oxford Road, Oxford; 410-226-5303; Latitude38.biz; American, seafood; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍴 🌿

**Ledo Pizza**

108 Marlboro Avenue, Easton; 410-819-3000; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷

**Lighthouse Oyster Bar & Grill**

125 Mulberry Street, St. Michaels; 410-745-2226; Lighthouseoysterbarandgrill.com; Seafood, American; lunch, dinner \$-\$\$\$ 🍷 🍴 🌿

**Limoncello Italian Restaurant**

200 S. Talbot St., St. Michaels; 410-745-3111; Limoncellostmichaels.com; Italian; lunch, dinner \$\$\$ 🍷 🍴 🌿

**Lowes Wharf**

21651 Lowes Wharf Road, Sherwoo; 410-745-6684; Loweswharf.com; American; lunch, dinner \$ 🍷 🍴 🌿 🍷

**Marker Five**

6178 Tilghman Island Road, Tilghman; 410-886-1122; Markerfive.com; Local seafood, lunch, dinner Thursday-Sunday \$\$\$ 🍷 🍴 🌿 🍷

**Old Brick Café**

401 S. Talbot St., St. Michaels; 410-745-3323; Breakfast

**Osteria Alfredo**

210 Marlboro Avenue, Easton; 410-822-9088; osteriaalfredo.com; Italian; lunch, dinner \$\$\$ 🍷 🍴

**Out of the Fire Café & Wine Bar**

22 Goldsborough Street, Easton; 410-770-4777; Outofthefire.com; Mediterranean, seafood; lunch, dinner \$\$\$ 🍷 🍴

**Peacock Restaurant & Lounge at Inn at 202 Dover**

202 E. Dover Street, Easton; 410-819-8007; Innat202dover.com; Modern American; dinner \$\$\$ 🍷 🍴

**Piazza Italian Market**

218 N. Washington Street, Easton; 410-820-8281; Piazzaitalianmarket.com; Italian; lunch, takeout \$ 🍷 🌿

**Plaza Jalisco**

7813 Ocean Gateway, Easton; 410-770-8550; Plazajaliscoeaston.com; Mexican; lunch, dinner \$ 🍷 🍴

**Pope's Tavern**

504 S. Morris St., Oxford; 410-226-5220; Oxfordinn.net; European bistro; dinner \$\$\$ 🍷 🍴 🌿

**Portofino Ristorante Italiano**

4 W. Dover Street, Easton; 410-770-9200; Portofinoeaston.com; Italian; dinner \$\$\$ 🍷 🍴

**Robert Morris Inn**

314 North Morris Street, Oxford; 410-226-5111; Robertmorrising.com; Modern American; breakfast, lunch, dinner, Sunday brunch \$\$\$ 🍷 🍴 🌿

**Sakura Sushi Restaurant**

8475 Ocean Gateway, Easton; 410-690-4770; Japanese, Sushi; lunch, dinner \$-\$\$\$

**Sam's Pizza & Restaurant**

1110 S. Talbot Street, St. Michaels; 410-745-5955; Samspizzastmichaels.com; Italian, American, Greek cuisine; lunch, dinner \$ 🍷 🍴 🌿

**TWO TREE RESTAURANT**

**"You wouldn't find me anywhere else. Where else could I get mushroom soup like this?" –Jeremy Porter WINNER**

**Scossa Restaurant & Lounge**

8 N. Washington Street, Easton; 410-822-2202; Scossarestaurant.com; Northern Italian; lunch, dinner, Sunday brunch \$\$\$ 🍷 🍴

**Stars at Inn at Perry Cabin**

308 Watkins Lane, St. Michaels; 443-258-2228; Perrycabin.com; Seafood; breakfast, lunch, dinner \$\$\$ 🍷 🍴 🌿

**St. Michaels Crab & Steakhouse**

305 Mulberry Street, St. Michaels; 410-745-3737; Stmichaelscrabhouse.com; American, seafood; lunch, dinner \$\$\$ 🍷 🍴 🌿 🍷

**Sugar Buns Airport Café & Bakery**

29137 Newnam Road, Easton; 410-820-4220; Sugarbuns.com; Baked goods, desserts, light fare; breakfast, lunch \$ 🍷

**Sunflowers & Greens**

11 Federal Street, Easton; 410-822-7972; Sunflowersandgreens.com; Salads; lunch \$ 🍷

**T at the General Store**

25942 Royal Oak Road, Easton; 410-745-8402; Tatthegeneralstore.com; Dinner, Weekend brunch \$\$\$ 🍷 🍴

**Theo's Steaks, Sides & Spirits**

409 S. Talbot Street, St. Michaels; 410-745-2106; Theosteakhouse.com; Steakhouse; dinner \$\$\$ 🍷 🍴 🌿

**Two if by Sea**

5776 Tilghman Island Road, Tilghman; 410-886-2447; Twoifbysearestaurant.com; American; breakfast, lunch, Sunday brunch \$ 🍷

**U Sushi**

108 Marlboro Avenue, Easton; 410-763-8868; Usushimd.com; Japanese; lunch, dinner \$\$\$ 🍷

**Victory Garden Café**

124 S Aurora St., Easton; 410-690-7356; Multi-cuisine; breakfast, lunch, dinner \$ 🍷 🍴 🌿

**Washington Street Pub & Oyster Bar**

20 N. Washington Street, Easton; 410-822-1112; Washingtonstreetpub.com; American; lunch, dinner \$\$\$ 🍷 🍴 🌿 🍷

**Kent County**

**Barbara's On The Bay**

12 Ericson Avenue, Berterton; 410-348-3079; Barbarasonthebay.com; American; lunch, dinner \$\$\$ 🍷 🍴 🌿 🍷

**Bay Wolf Restaurant**

21270 Rock Hall Ave, Rock Hall; 410-639-2000; Baywolfrestaurant.com; Austrian & Eastern Shore Cuisine; lunch, dinner \$ 🍷

**Beverly's Family Restaurant**

11 Washington Ave, Chestertown; 410-778-1995; American; breakfast, lunch, coffee 🍷

**Café Sado**

870 High Street, Chestertown; 410-778-6688; Cafesado.com; Sushi and Thai \$\$\$ 🍷 🍴 🌿

MARKER FIVE

**"Never had a bad experience, scallops are unbelievable!"** —*Lisa Montgomery*

**The Channel Restaurant at Tolchester Marina (Seasonal)**

21085 Tolchester Beach Road, Chestertown; 410-778-1400; Tolchestermarina.com; Seafood, American; lunch, dinner 🌊 🌊 \*

**China House**

711 Washington Ave, Chestertown; 410-778-3939; Chinese; lunch, dinner \$ 🌊

**Ellen's Coffee Shop & Family Restaurant**

205 Spring Ave, Chestertown; 410-810-1992; American; breakfast, lunch, dinner, coffee \$ \$ 🌊

**Evergrain Bread Company**

201-203 High Street, Chestertown; 410-778-3333; Evergrainbreadco.com; Bakery; breakfast, lunch \$ 🌊

**Figg's Ordinary**

207 S. Cross Street #102, Chestertown; 443-282-0061; Figg-sordinary.com; Café and Bakery; Breakfast, Lunch, Gluten and refined sugar free \$ \*

**Ford's Seafood**

21459 Rock Hall Ave, Rock Hall; 410-639-2032; Seafood; breakfast, lunch, dinner \$ \$ \$

**Harbor House (Seasonal)**

23141 Buck Neck Road, Chestertown; 410-778-0669; Harborhouse-atwortoncreekmarina.com; Seafood, American; dinner, Saturday and Sunday lunch \$ \$ 🌊 🌊 🌊

**Harbor Shack**

20895 Bayside Ave, Rock Hall; 410-639-9996; Harborshack.net; American, seafood; lunch, dinner \$-\$\$ 🌊 🌊 🌊 \* 🌊

**Java Rock**

21309 Sharp St., Rock Hall; 410-639-9909; Javarockcoffeehouse.com; Gourmet coffee, light fare; breakfast, lunch \$ 🌊 \*

**The Kitchen at the Imperial**

208 High Street, Chestertown, MD. 21630; 410-778-5000; Imperialchestertown.com; Small Plates Tavern & Casual Fine Dining Restaurant, Sunday Brunch \$ \$ 🌊 🌊 \* 🌊

**Luisa's Cucina Italiana**

849 Washington Ave, Chestertown; 410-778-5360; Luisasrestaurant.com; Italian; lunch, dinner \$-\$\$ 🌊 🌊

**Marzella's By The Bay LLC**

3 Howell Point Road, Betterton; 410-348-5555; Italian, American; lunch, dinner \$ 🌊 🌊

**O'Connor's Pub & Restaurant**

844 High Street, Chestertown; 410-810-3338; American, Irish; lunch, dinner \$ \$ 🌊 🌊 \*

**Osprey Point**

20786 Rock Hall Avenue, Rock Hall; 410-639-2194; Ospreypoint.com; American, Seafood; dinner, Sunday brunch \$ \$ \$ 🌊 🌊 🌊

**Pasta Plus**

21356 Rock Hall Ave, Rock Hall; 410-639-7916; Rockhallpastaplus.com; American, Italian; breakfast, lunch, dinner \$ 🌊

**Plaza Tapatia**

715 Washington Ave, Chestertown 410-810-1952 Plazatapatia.com Mexican; lunch, dinner \$-\$\$ 🌊 🌊 🌊

**Procolino Pizza**

711 Washington Ave, Chestertown; 410-778-5900; Italian; lunch, dinner \$-\$\$

**Two Tree Restaurant**

401 Cypress Street, Millington; 410-928-5887; Twotreerestaurant.com; Farm-to-table; lunch, dinner \$ \$ 🌊 🌊

**Uncle Charlie's Bistro**

834B High Street, Chestertown; 410-778-3663; Unclecharlies-bistro.com; Modern American; lunch, dinner, Sunday brunch \$ \$ 🌊 🌊

**Waterman's Crab House**

21055 Sharp Street, Rock Hall; 410-639-2261; Watermanscrabhouse.com; Seafood; lunch, dinner \$ \$ 🌊 🌊 🌊 \* 🌊

**Wheelhouse Restaurant**

20658 Wilkens Ave., Rock Hall; 410-639-4235; American; lunch, dinner \$ \$ 🌊 🌊 🌊

**Dorchester County**

**Bay County Bakery and Café**

2951 Ocean Gateway, Cambridge; 410-228-9111; Baycountybakery.com; Sandwiches, pastries; breakfast, lunch \$ 🌊

**Bistro Poplar**

535 Poplar Street, Cambridge; 410-228-4884; Bistropoplar.com; French; dinner \$ \$ \$ 🌊 🌊 🌊

**Black Water Bakery and Coffee House**

429 Race Street, Cambridge; 443-225-5948; Black-water-bakery.com; Artisan breads, soups, sandwiches, desserts \$ 🌊

**Blue Point Provision**

100 Heron Boulevard, Cambridge; 410-901-6410; Chesapeakebay.hyatt.com; Seafood; dinner \$ \$ 🌊 🌊 🌊

**Bombay Tadka**

1721 Race Street, Cambridge; 443-515-0853; Bombaytadkamd.com; Indian; lunch, dinner \$ \$ 🌊

**Canvasback Restaurant & Irish Pub**

420 Race Street, Cambridge; 410-221-7888; Irish, European; lunch, dinner \$ \$ 🌊 🌊 🌊

**Carmela's Cucina**

400 Academy Street, Cambridge; 410-221-8082; Carmelascucina1.com; Italian; lunch, dinner \$ 🌊 🌊

**Jimmie & Sook's Raw Bar & Grill**

527 Poplar Street, Cambridge; 410-228-0008; Jimmieandsooks.com; Seafood; lunch, dinner \$ 🌊 🌊 \* 🌊

**Kay's at the Airport**

6263 Bucktown Road, Cambridge; 410-901-8844; American; breakfast, lunch, dinner \$ \$ 🌊

**Ocean Odyssey**

316 Sunburst Highway (Rt. 50), Cambridge; 410-228-8633; toddseafood.com; Seafood; lunch, dinner \$ \$, 🌊 🌊 \*

**Portside Seafood Restaurant**

201 Trenton Street, Cambridge; 410-228-9007; Portsidemaryland.com; Seafood; lunch, dinner \$ 🌊 🌊 🌊 \*

**RAR Brewing**

504 Poplar St., Cambridge; 443-225-5664; Rarbrewing.com; American; lunch, dinner \$ 🌊

**Snapper's Waterfront Café**

112 Commerce Street, Cambridge; 410-228-0112; Snapperswaterfrontcafe.com; American, seafood; lunch, dinner, Sunday breakfast \$ 🌊 🌊 🌊 \* 🌊

**Suicide Bridge Restaurant**

6304 Suicide Bridge Road, Hurlock; 410-943-4689; Suicide-bridge-restaurant.com \$ \$ 🌊 🌊 🌊

**Caroline County**

**Harry's on the Green**  
4 South First Street, Denton; 410-479-1919; Harrysonthegreen.com; American, seafood; lunch, dinner \$ \$ 🌊 🌊 \* 🌊

**Market Street Public House**

200 Market Street, Denton; 410-479-4720; Marketstreet.pub Irish, American; lunch, dinner \$ 🌊 🌊

# *February* Calendar

+

**(F)** FAMILY EVENTS    **(C)** CHARITY EVENTS    **(TIX)** AVAILABLE AT [WHATSUPTIX.COM](https://whatsuptix.com)

Advertisers listed in **red**    What's Up? Tix event listed in **blue**



↓ Throughout the first few months of 2020, Chesapeake Bay Maritime Museum will be bringing people together to perform a stem-to-stern restoration on the 1912 river tug *Delaware*. The restoration will be happening February 15, 16, and 29, and continue into March 1, 28, and 29. For more information visit [cbmm.org](https://cbmm.org).

Saturday

1

**SPECIAL EVENTS**

**Chestertown Farmer's Market** at Fountain Park, Chestertown. 8 a.m. townof-chestertown.com

**KidSPOT** at RiverArts KidSPOT, Chestertown. 9 a.m. townofchestertown.com

**STEAM Team** at Chesapeake Bay Maritime Museum, St. Michaels. 10 a.m. & 1 p.m. 410-745-4960. Cbmm.org [F]

**Electronic Navigation for Non-Technical People** at Chesapeake Bay Maritime Museum, St. Michaels. 10 a.m. 410-745-4960. Cbmm.org

**No Limits Monster Trucks & Supercross** at Wicomico Youth & Civic Center, Salisbury. 7 p.m. Wicomicociviccenter.org [F]

**The Return of Swamp Donkey** at Chesapeake Brewing Company, Annapolis. 7 p.m. chesbrewco.com

**Lecture Series: LGBTQ+ History in Maryland** at Historic London Town and Gardens, Edgewater. 410-222-1919. historiclondontown.com

**Unwrapping Chocolate's Secrets** at Riversdale House Museum, Riverdale Park. 1 p.m. pggparks.com

**PERFORMING ARTS**

**Other Desert Cities** at Church Hill Theatre, Church Hill. 8 p.m. churchhilltheatre.org

**Red by John Logan** at Compass Rose Theater, Annapolis. 2 p.m. & 8 p.m. 410-980-6662. compass-rosetheater.org

**The Children** at The Colonial Players, Annapolis. 8 p.m. thecolonialplayers.org

**Stand Up For Theatre Presents 9-5 The Musical** at Hammonds Lane Theatre, Brooklyn Park. 8 p.m. chesapeakearts.org

**MUSIC**

**Ken & Brad Kolodner** at Avalon Theatre, Easton. 7 p.m. 410-822-7299. avalonfoundation.org

**Good Deale Bluegrass and Eastman String Band 20th Anniversary Show** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**SPORTS**

**Navy Women's Basketball vs Loyola** at Navy Alumni Hall, Annapolis. 4 p.m. navysports.com

**Navy Men's Lacrosse vs Penn (scrimmage)** at Navy-Marine Corps Memorial Stadium, Annapolis. 12 p.m. navysports.com

**Navy Men's Lacrosse vs Georgetown (scrimmage)** at Navy-Marine Corps Memorial Stadium, Annapolis. 2 p.m. navysports.com

**Maryland Black Bears vs Jamestown Rebels** at Piney Orchard Ice Arena, Annapolis. 7:45 p.m. Pineyicerink.com

**Washington Wizards vs. Brooklyn Nets** at Capital One Arena, D.C. 8 p.m. capitalonearena.monumentalsportsnetwork.com

Sunday

2

**SPECIAL EVENTS**

**Nature Sketchers** at Adkins Arboretum, Ridgely. 1 p.m. 410-490-6930. adkinsarboretum.org

**14th Annual SOUTHERN Bowl Lunch for the Light House** at Heritage Baptist Church, Annapolis. 11:30 a.m. heritagebaptistannapolis.org [C]

**Anne Arundel County Farmers' Market** at Anne Arundel County Farmers' Market, Annapolis. 10 a.m. aacofarmersmarket.com

**Superbowl 54 Watch Party with Brewery Tour & Hotel** at Chesapeake Brewing Company, Annapolis. 12 p.m. chesbrewco.com

**PERFORMING ARTS**

**Other Desert Cities** at Church Hill Theatre, Church Hill. (See 2/1)

**Red by John Logan** at Compass Rose Theater, Annapolis. (See 2/1)

**Stand Up For Theatre Presents 9-5 The Musical** at Hammonds Lane Theatre, Brooklyn Park. (See 2/1)

**MUSIC**

**Chamber Music Series: String Quartet** at Annapolis Symphony, Annapolis. 3 p.m. 410-269-1132. annapolis-symphony.org

**SPORTS**

**Washington Capitals vs. Pittsburgh Penguins** at Capital One Arena, D.C. 12:30 p.m. capitalonearena.monumentalsportsnetwork.com

Monday

3

**SPECIAL EVENTS**

**Bereaved Parent Grief Support Group** at Compass Regional Hospice, Centreville. 6:30 p.m. 443-262-4100. compassregionalhospice.org

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. 10 a.m. 410-200-8019. chesapeakefineartstudio.com

**Woodcarving Club** at Ward Museum of Wildfowl Art, Salisbury. 1:30 p.m. 410-742-4988. wardmuseum.org

**Play Group: Babies and Toddlers** at Chesapeake Children's Museum, Annapolis. 9:30 a.m. 410-990-1993. Theccm.org

**City of Annapolis: Annapolis Education Commission Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 6 p.m. annapolis.gov

**City of Annapolis: Citizen Fingerprinting** at Annapolis Police Department, Annapolis. 6:30 p.m. 410-268-9000. annapolis.gov

**City of Annapolis: Human Relations Commission** at Pip Moyer Recreation Center, Annapolis. 6:30 p.m. Annapolis.gov

**PERFORMING ARTS**

**Live Playwrights' Society** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. 7 p.m. garfield-center.org

**MUSIC**

**Chester River Youth Choir Practice** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. 4:15 p.m. garfieldcenter.org

**Bluegrass Jam** at St. Andrew's Episcopal Church, Hurlock. 7 p.m. 410-943-4900.

**SPORTS**

**Washington Wizards vs. Golden State Warriors** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumentalsportsnetwork.com

Tuesday

4

**SPECIAL EVENTS**

**The Packing House: Repurposing a Historic Phillips Packing Company Factory for the Future** at Chesapeake Bay Maritime Museum, St. Michaels. 5:30 p.m. 410-745-4960. Cbmm.org

**Tai Chi for Health & Wellness Series** at Kent Island Library, Stevensville. 1:30 p.m. qaclubrary.org

**eBird** at Ward Museum of Wildfowl Art, Salisbury. 9 a.m. 410-742-4988. wardmuseum.org

**City of Annapolis: Board of Appeals** at Annapolis City Council Chambers, City Hall, Annapolis. 7 p.m. annapolis.gov

**Wine Dinner featuring Bodega Catena from Mendoza, Argentina** at Harvest Thyme Tavern, Davidsonville. 6 p.m. 443-203-6846. Harvest-thymetavern.com

**MUSIC**

**Cult Classic Open Mic 2020** at Cult Classic Brewing Company, Stevensville. 7 p.m. cultclassicbrewing.com

Wednesday

5

**SPECIAL EVENTS**

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Drop In Art Jr** at Ward Museum of Wildfowl Art, Salisbury. 10 a.m. 410-742-4988. wardmuseum.org

**The First 1000 Days of Life** at Maryland Hall for the Creative Arts, Annapolis. 6 p.m. givingtogether.wildapricot.org

**Annapolis Horticulture Society Lecture** at Annapolis Horticulture Society at St. Anne's Parish Hall Annapolis. 6:45 p.m.

**City of Annapolis: Alcoholic Beverage Control Board** at Annapolis City Council Chambers, City Hall, Annapolis. 7 p.m. annapolis.gov

**2020 Winter Luncheon Series** at Captain Avery Museum, Shady Side. 11:30 a.m. 410-867-4486. Captainaverymuseum.org

**PERFORMING ARTS**

**Disney On Ice Celebrate Memories** at Royal Farms Arena, Baltimore. 7:30 p.m. 410-347-2020. royalfarmsarena.com [F]

**MUSIC**

**Strunz & Farah** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**SPORTS**

**Navy Men's Basketball vs American** at Navy Alumni Hall, Annapolis. 7 p.m. navysports.com

Thursday

6

**SPECIAL EVENTS**

**Kent Island Farmer's Market** at Kent Island Farmers' Market (Year 'Round), Stevensville. (See 2/6)

**Member Night: Out of the CBMM Archives** at Chesapeake Bay Maritime Museum, St. Michaels. 5 p.m. 410-745-4960. Cbmm.org

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Writers as Editors Series Presents Kate Bernheimer** at Rose O'Neill Literary House, Chestertown. 4:30 p.m. 800-422-1782. washcoll.edu/centers/lithouse/

**Easton Utilities Cyber Defense 101** at The Milestone, Easton. 11:30 a.m.

**Dog Walking** at Adkins Arboretum, Ridgely. 10 a.m. adkinsarboretum.org

**Play Group: Creek Critters** at Chesapeake Children's Museum, Annapolis. 10:30 a.m. 410-990-1993. Theccm.org

**Projectile Paint Workshop: The Bob Ogle Collection** at Anne Arundel County Archaeology Lab, Annapolis. 3 p.m. historiclondontown.org

**Leadership Speaker Series with John Belcher** at Anne Arundel Medical Center Belcher Pavilion, Annapolis. 3:30 p.m. aamc.org

**City of Annapolis: Planning Commission Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 7 p.m. annapolis.gov

**Annapolis Maritime Museum Winter Lecture Series: Bay Ridge- Queen Resort of the Chesapeake: The Victorian Years (1880-1903)** at Annapolis Maritime Museum, Annapolis. 7 p.m. 410-295-0104. amaritime.org

**Lecture Series: LGBTQ+ History in Maryland** at Historic London Town and Gardens, Edgewater. (See 2/1)

**PERFORMING ARTS**

**Red by John Logan** at Compass Rose Theater, Annapolis. (See 2/1)

**Disney On Ice Celebrate Memories** at Royal Farms Arena, Baltimore. (See 2/5)

**MUSIC**

**Don Felder (formerly of The Eagles) at Maryland Hall** at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. maylandhall.org

Friday

7

**SPECIAL EVENTS**

**Garfield Improv Group** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. 6 p.m. garfield-center.org

**9th Annual Small Works** at Queen Anne's County Centre for the Arts, Centreville. 12 a.m. 410-758-2520. queenannescountyarts.com

**Oxford Community Center presents Winter Movie Series** at Oxford Community Center, Oxford. 7 p.m. tourtalbot.org

**HAGS Club Winter Witenag- amot** at Reynolds Tavern, Annapolis. 6 p.m. Annapolis.org

**Art and Story Time** at Chesapeake Children's Museum, Annapolis. 10:30 a.m. 410-990-1993. Theccm.org

**The Summit School's Designer Purse Bingo** at Annapolis Elks Club Lodge 622, Edgewater. 5 p.m.

**PERFORMING ARTS**

**The Hobbit** at Children's Theater of Annapolis, Annapolis. 7 p.m. childrenstheatreofannapolis.org [F]

**Red by John Logan** at Compass Rose Theater, Annapolis. (See 2/1)

**Disney On Ice Celebrate Memories** at Royal Farms Arena, Baltimore. (See 2/5)

**MUSIC**

**Ray Parker Jr.** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**Rodney Atkins** at Rams Head Live! Baltimore. 8 p.m. ramsheadlive.com

**Friday Night Karaoke** at The Hideaway, Odenton. 9 p.m. hideawayodenton.com

**Hot 99.5 & Z104.3 Presents Tove Lo-Sunshine Kitty Tour with ALMA** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. fillmoresilver-spring.com

**SPORTS**

**Navy Men's Lacrosse vs Manhattan** at Navy-Marine Corps Memorial Stadium, Annapolis. 7 p.m. navysports.com

**Wizards Vs. Mavericks** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumental-sportsnetwork.com

Saturday

8

**SPECIAL EVENTS**

**Chestertown Farmer's Market** at Fountain Park, Chestertown. (See 2/1)

**KidSPOT** at RiverArts Kid-SPOT, Chestertown. (See 2/1)

**Imagination Movers** at Avalon Theatre, Easton. 11 a.m. 410-822-7299. avalonfoundation.org

**Talbot County: Monthly Wine Pairings** at Piazza Italian Market, Easton. 5:30 p.m. 410-820-8281. piazzaitalian-market.com

**STEAM Team** at Chesapeake Bay Maritime Museum, St. Michaels. (See 2/1)

**Dog Walking** at Adkins Arboretum, Ridgely. (See 2/6)

**Summer Camp and Job Fair** at Severna Park High School, Severna Park. 10 a.m. aacounty.org/departments/recreation-parks

**Intro to Prenatal Fitness** at Anne Arundel Medical Center Clatanoff Pavilion, Rotary Room, Annapolis. 9 a.m. 443-481-5555. askAAMC.org

**Archaeology Lab Open House** at Anne Arundel County Archaeology Lab, Annapolis. 11:30 a.m. historiclondon-town.org

**Reptile Rampage to Benefit Severna Park Green Hornets 12U Baseball** at Eco Adventures, Millersville. 5:30 p.m. ecoadventures.org [F]

**Valentine's 5k** at Kinder Farm Park, Millersville. 10 a.m. annapolisstriders.com [F]

**PERFORMING ARTS**

**Red by John Logan** at Compass Rose Theater, Annapolis. (See 2/1)

**Stand Up For Theatre Presents 9-5 The Musical** at Hammonds Lane Theatre, Brooklyn Park. (See 2/1)

**Disney On Ice Celebrate Memories** at Royal Farms Arena, Baltimore. (See 2/5)

**MUSIC**

**Sparky and Rhonda** at The Mainstay, Rock Hall. 8 p.m. mainstayrockhall.org

**Crack The Sky** at Avalon Theatre, Easton. 8 p.m. 410-822-7299. avalonfoundation.org

**California Guitar Trio & Montreal Guitar Trio** at Rams Head On Stage, Annapolis. 7:30 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Navy Women's Basketball vs Colgate** at Navy Alumni Hall, Annapolis. 4 p.m. navysports.com

**Navy Women's Lacrosse vs Virginia** at Navy-Marine Corps Memorial Stadium, Annapolis. 12 p.m. navysports.com

**Washington Capitals vs. Philadelphia Flyers** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumental-sportsnetwork.com

Sunday

9

**SPECIAL EVENTS**

**2020 Eastern Shore Polar Dip** at Tred Avon Yacht Club, Oxford. 11 a.m. freezinforareason.com [F]

**Anne Arundel County Farmer's Market** at Anne Arundel County Farmers' Market, Annapolis. (See 2/2)

**PERFORMING ARTS**

**Red by John Logan** at Compass Rose Theater, Annapolis. (See 2/1)

**Disney On Ice Celebrate Memories** at Royal Farms Arena, Baltimore. (See 2/5)

**MUSIC**

**Emmanuel Church Concert Series** at Emmanuel Episcopal Church, Chestertown. 4 p.m. emmanuelchester-parish.org

**Black History Month Concert** at US Naval Academy - Main Chapel, Annapolis. 4 p.m. navyperforms.showare.com

**Morgan Heritage** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**Il Volo** at MGM National Harbor, Oxon Hill. 7:30 p.m. mgmnationalharbor.com

**SPORTS**

**Washington Wizards vs. Memphis Grizzlies** at Capital One Arena, D.C. 6 p.m. capitalonearena.monumental-sportsnetwork.com

Monday

10

**SPECIAL EVENTS**

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**B2C Mastermind** at Anne Arundel Chamber of Commerce, Annapolis. 9 a.m. annapolismmcb2c.eventbrite.com

**Play Group: Babies and Toddlers** at Chesapeake Children's Museum, Annapolis. (See 2/3)

**Talbot County: Chamber Ambassador's Lunch** at Headwaters Seafood & Grille, Annapolis. 12 p.m. talbot-chamber.org

**Silent Disco Yoga** at Prism, Annapolis. 6 p.m. prismannapolis.com

**City of Annapolis: Citizen Fingerprinting** at Annapolis Police Department, Annapolis. (See 2/3)

**Katie Merkle: Becoming Fearless** at Maryland Hall for the Creative Arts, Annapolis. 7 p.m. marylandhall.org

**City of Annapolis: Regular Meeting of the City Council** at Annapolis City Council Chambers, City Hall, Annapolis. 7 p.m. annapolis.gov

**MUSIC**

**Chester River Youth Choir Practice** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. (See 2/3)

**Juliana Hatfield** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**SPORTS**

**Washington Capitals vs. New York Islanders** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumental-sportsnetwork.com

Tuesday

11

**SPECIAL EVENTS**

**Volunteer Fair** at Chesapeake Bay Maritime Museum, St. Michaels. 10 a.m. 410-745-4960. cbmm.org

**Tai Chi for Health & Wellness Series** at Kent Island Library, Stevensville. 1:30 p.m. qaclubrary.org

**eBird** at Ward Museum of Wildfowl Art, Salisbury. (See 2/4)

**Talbot County: Executive Board Meeting** at Talbot County Chamber of Commerce, Easton. 4 p.m. 410-822-4606. talbotchamber.org

**Leadership Anne Arundel Executive Committee Meeting** at TBD, Annapolis. 8 a.m. leadershipaa.org

**City of Annapolis: Rules and City Government Committee Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 4 p.m. annapolis.gov

**Planning for Healthcare in Retirement** at Covington-Alsina, Annapolis. 6:30 p.m. 410-457-7165. covingtonalsina.com

**City of Annapolis: Historic Preservation Commission** at Annapolis City Council Chambers, City Hall, Annapolis. 7 p.m. annapolis.gov

**MUSIC**

**Cult Classic Open Mic 2020** at Cult Classic Brewing Company, Stevensville. (See 2/4)

**Gaelic Storm** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**SPORTS**

**Washington Wizards vs. Chicago Bulls** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumental-sportsnetwork.com

# On Stage

**Charley's Aunt**

**Tred Avon Players; February 13th through February 23rd, 2020; \$22; tredavonplayers.org; 410-226-0061** Oxford undergrads Jack Chesney and Charley Wykeham have found themselves helplessly in love with Kitty Verdun and Miss Amy Spettigue. However, it isn't proper for young men to meet their loves without a chaperone, so they invite the ladies to meet Charley's wealthy aunt from Brazil, "where the nuts come from". Cancelling her visit at the last minute, the millionaire aunt sends the boys into cataclysmic confusion.

What do they do now?

Wednesday

12

**SPECIAL EVENTS**

**Nature Photography for Beginners** at Adkins Arboretum, Ridgely. 2 p.m. 410-490-6930. adkinsarboretum.org

**Daddy-Daughter Valentine Ice Skate** at Talbot County Community Center, Easton. 6 p.m. talbotparks.com [F]

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Drop In Art Jr** at Ward Museum of Wildfowl Art, Salisbury. (See 2/5)

**2020 Winter Luncheon Series** at Captain Avery Museum, Shady Side. (See 2/5)

**Winter Lecture Series: Servitude and Enslavement-Laboring in a Tobacco Economy** at O'Briens, Annapolis. 10:30 a.m. 410-268-6288. obrien-soysterbar.com

**Intro to Prenatal Fitness** at Anne Arundel Medical Center Sajak Pavilion, Annapolis. 6:30 p.m.

**City of Annapolis: Recreation Advisory Board Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 7 p.m. annapolis.gov

**Love Story** at Regal at Waugh Chapel, Gambrills. (See 2/9)

**PERFORMING ARTS**

**Wicked** at The Hippodrome Theatre, Baltimore. 8 p.m. 800-343-3103. france-merickpac.com [F]

**MUSIC**

**Open Mic - A New Leaf** at Academy Arts Museum Of Easton, Easton. 7 p.m. 410-822-2787. academyart-museum.org

**Gaelic Storm** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**Echsmith** at 9:30 Club. 7 p.m. 202-265-0930. 930.com

**SPORTS**

**Navy Men's Basketball vs Bucknell** at Navy Alumni Hall, Annapolis. 7 p.m. navysports.com

Thursday

13

**SPECIAL EVENTS**

**Preserving the Heritage of the Nanticoke People** at Chesapeake Bay Maritime Museum, St. Michaels. 2 p.m. 410-745-4960. cbmm.org

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Kent Island Farmer's Market** at Kent Island Farmers' Market (Year Round), Stevensville. (See 2/6)

**Gal(Pa)lentine Paint and Sip with Ticked Paint** at Ward Museum of Wildfowl Art, Salisbury. 6 p.m. 410-742-4988. wardmuseum.org

**Daddy-Daughter Valentine Ice Skate** at Talbot County Community Center, Easton. (See 2/12)

# Exhibitions

## 9th Annual Small Works

**Queen Anne's County Centre for the Arts; February 7th through March 8th; One raffle ticket \$5 or 3 tickets for \$10; queenannescountyarts.org; 410-758-2520** The Queen Anne's county Centre for the Arts invites you to participate in our annual Small Works Exhibition opening February 7th. Your donated work will be displayed for five weeks at the Centre for the Arts. The public will have chances to win these artworks.

## On Land and On Sea: A Century of Women in the Rosenfeld Collection

**Chesapeake Bay Maritime Museum; Through March 1st; Free for CBMM Members, \$6-15 for non-members; cbmm.org; 410-745-2916** *On Land and On Sea: A Century of Women in the Rosenfeld Collection* features the work of Morris and Stanley Rosenfeld, who created the world's largest and most significant collection of maritime photography. The iconic photos featured in this exhibition are recognizable to the general public and are treasured by boating enthusiasts. *On Land and On Sea* reveals the social and historical context of women over the better part of the 20th century through the lenses of the Rosenfelds' cameras.

## Bodyphones and Jiwa dan Raga

**Academy Art Museum; Through May 31st; \$3 for non-members, free for children under 12; academyartmuseum.org; 410-822-2787** The Academy Art Museum *Bodyphones and Jiwa dan Raga*, immersive installations by Aaron Taylor Kuffner (1975). The Gamelatron Project exposes us to the rich and profound nature of resonance and its effect on the psyche. It strives to create harmony in the tension of fusing the east and the west, the modern and the ancient. The Gamelatron's contrasting materials and mechanisms tell us a story of globalization and modernization.

**City of Annapolis: Financial Advisory Commission** at Annapolis City Council Chambers, City Hall, Annapolis. 7:30 a.m. annapolis.gov

**Play Group: Creek Critters** at Chesapeake Children's Museum, Annapolis. (See 2/6)

**Projectile Point Workshop: The Bob Ogle Collection** at Anne Arundel County Archaeology Lab, Annapolis. 12 p.m. historiclondontown.com

**City of Annapolis: Economic Matters Committee Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 4 p.m. annapolis.gov

**Sip & Shine After Hours Experience** at American Visionary Art Museum, Annapolis. 6 p.m. avam.org

**City of Annapolis: Transportation Committee Meeting** at Mayor John T Chamber Jr Council Chambers, Annapolis. 6 p.m. Annapolis.gov

**Annapolis Maritime Museum Winter Lecture Series: Smoke by Day, Fire by Night: A History of Lighthouses including those of the Chesapeake Bay** at Annapolis Maritime Museum, Annapolis. (See 2/6)

**Lecture Series: LGBTQ+ History in Maryland** at Historic London Town and Gardens, Edgewater. (See 2/1)

**Flagship 2020 Health and Human Services Day** at Hospice of the Chesapeake, Pasadena. 8 a.m. leadership-paa.org

### PERFORMING ARTS

**Disney On Ice Celebrate Memories** at Capital One Arena, D.C. 7:30 p.m. capitalonearena.com [F]

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

### MUSIC

**Symphony Study Series** at Annapolis Symphony, Annapolis. 7 p.m. 410-269-1132. annapolissymphony.org

**TUSK: The Ultimate Fleetwood Mac Tribute** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Hayley Kiyoko- I'm Too Sensitive for This X** at Fillmore Silver Spring, Silver Spring. 8 p.m. 301-960-9999. fillmoresilverpring.com

## Friday

# 14

### SPECIAL EVENTS

**Reds For Love-Valentine's Happy Hour** at Crow Vineyard & Winery, Kennedyville. 4 p.m. crowvineyard.com

**Seaside Boat Show** at Ocean City, Ocean City. 11 a.m. ocbatshow.com

**Open Botanical Art Studio** at Adkins Arboretum, Ridgely. 9:30 a.m. 410-490-6930. adkinsarboretum.org

**A Winter Romance in St. Michaels** at St. Michaels, St. Michaels.org

**Chesapeake Fire & Ice Festival** at Downtown Easton, Easton. discorvereaston.com [F]

**Art and Story Time** at Chesapeake Children's Museum, Annapolis. (See 2/7)

### PERFORMING ARTS

**Charley's Aunt** at Tred Avon Players, Oxford. (See 2/13)

**Broadway in Annapolis: Camelot** at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. marylandhall.org

**The 39 Steps** at Annapolis Shakespeare Company, Annapolis. 8 p.m. 410-415-3513. annapolishakespeare.org

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**Disney On Ice Celebrate Memories** at Capital One Arena, D.C. (See 2/13)

### MUSIC

**Musicians Jam at Overflow Cafe** at Overflow Cafe', Cambridge. 6 a.m. 410-228-7199. overflowcafesite.com

**Art Garfunkel** at Avalon Theatre, Easton. 8 p.m. 410-822-7299. avalonfoundation.org

**Friday Night Karaoke** at The Hideaway, Odenton. (See 2/7)

### SPORTS

**Maryland Black Bears vs Maine Nordiques** at Piney Orchard Ice Arena, Annapolis. 7 p.m. Pineycerink.com

## Saturday

# 15

### SPECIAL EVENTS

**Stews & Brews** at Easton Volunteer Fire Department, Easton. 12 p.m. 410-822-4848. eastonvfd.org

**Chestertown Farmer's Market** at Fountain Park, Chestertown. (See 2/1)

**KidSPOT** at RiverArts Kid-SPOT, Chestertown. (See 2/1)

**Seaside Boat Show** at Ocean City, Ocean City. (See 2/14)

**Winter Greens & Distinctive Bark Soup n' Walk** at Adkins Arboretum, Ridgely. 11 a.m. 410-490-6930. adkinsarboretum.org

**Delaware Restoration: Sawn & Bent Frames** at Chesapeake Bay Maritime Museum, St. Michaels. 10 a.m. 410-745-4960. Cbmm.org

**STEAM Team** at Chesapeake Bay Maritime Museum, St. Michaels. (See 2/1)

**Bingomania** at Wicomico Youth & Civic Center, Salisbury. 5 p.m. Wicomicoiviccenter.org

**Drop in Art** at Ward Museum of Wildfowl Art, Salisbury (See 2/5)

**Financial Literacy: Auditing 101** at CovingtonAlsina, Annapolis. 12 p.m. 410-457-7165. Covingtonalsina.com

**The Black Vote Mural Project** at Banneker-Douglass Museum, Annapolis. 2 p.m. bdmuseum.maryland.gov

### PERFORMING ARTS

**Charley's Aunt** at Tred Avon Players, Oxford. (See 2/13)

**The 39 Steps** at Annapolis Shakespeare Company, Annapolis. (See 2/14)

**Broadway in Annapolis: Camelot** at Maryland Hall for the Creative Arts, Annapolis. (See 2/14)

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**Disney On Ice Celebrate Memories** at Capital One Arena, D.C. (See 2/13)

### MUSIC

**Art Garfunkel** at Avalon Theatre, Easton. (See 2/14)

**Maggie Miles with Grayson Moon** at Rams Head On Stage, Annapolis. 12 p.m. 410-268-4545. Ramsheadonstage.com

**Contra Dancing** at Annapolis Friends Meeting Hall, Annapolis. 6:30 p.m. contradancers.com

### SPORTS

**Navy Men's Basketball vs Boston U** at Navy Alumni Hall, Annapolis. 4 p.m. navysports.com

**Navy Women's Basketball vs American University** at Navy Alumni Hall, Annapolis. 7 p.m. navysports.com

**Navy Men's Lacrosse vs Furman** at Navy-Marine Corps Memorial Stadium, Annapolis. 12 p.m. navysports.com

**Maryland Black Bears vs Maine Nordiques** at Piney Orchard Ice Arena, Annapolis. 2 p.m. Pineycerink.com

## Sunday

# 16

### SPECIAL EVENTS

**Seaside Boat Show** at Ocean City, Ocean City. (See 2/14)

**Wine & Chocolate Pairing** at Crow Vineyard & Winery, Kennedyville. 12 p.m. 302-304-0551. crowvineyardandwinery.com

**Delaware Restoration: Sawn & Bent Frames** at Chesapeake Bay Maritime Museum, St. Michaels. (See 2/15)

**Anne Arundel County Farmer's Market** at Anne Arundel County Farmers' Market, Annapolis. (See 2/2)

### PERFORMING ARTS

**Charley's Aunt** at Tred Avon Players, Oxford. (See 2/13)

**The 39 Steps** at Annapolis Shakespeare Company, Annapolis. (See 2/14)

**Disney On Ice Celebrate Memories** at Capital One Arena, D.C. (See 2/13)

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

### MUSIC

**Resonance Concert: Cleveland Wind Trap** at St. Paul's Church Parish Hall, Chestertown. 3 p.m.

**Eaglemania: The World's Greatest Eagles Tribute Band** at Rams Head On Stage, Annapolis. 12 p.m. 410-268-4545. Ramsheadonstage.com

**The Linda Ronstadt Experience** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

### SPORTS

**Navy Women's Lacrosse vs Duke** at Navy-Marine Corps Memorial Stadium, Annapolis. 12 p.m. navysports.com

## Monday

# 17

### SPECIAL EVENTS

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Woodcarving Club** at Ward Museum of Wildfowl Art, Salisbury. (See 2/3)

**Play Group: Babies and Toddlers** at Chesapeake Children's Museum, Annapolis. (See 2/3)

**City of Annapolis: Housing and Human Welfare Committee Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 3 p.m. annapolis.gov

**City of Annapolis: Citizen Fingerprinting** at Annapolis Police Department, Annapolis. (See 2/3)

### PERFORMING ARTS

**Disney On Ice Celebrate Memories** at Capital One Arena, D.C. (See 2/13)

### MUSIC

**Chester River Youth Choir Practice** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. (See 2/3)

Tuesday  
18

**SPECIAL EVENTS**

**eBird** at Ward Museum of Wildfowl Art, Salisbury (See 2/4)

**City of Annapolis: Maritime Advisory Board Meeting** at Pip Moyer Recreation Center, Annapolis. 7 p.m. annapolis.gov

**Winter Lecture Series: Brothers in Arms - The Revolutionary Service of James and Edmund Brice** at O'Briens, Annapolis. (See 2/12)

**PERFORMING ARTS**

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**MUSIC**

**Cult Classic Open Mic 2020** at Cult Classic Brewing Company, Stevensville. (See 2/4)

Wednesday  
19

**SPECIAL EVENTS**

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Drop In Art Jr** at Ward Museum of Wildfowl Art, Salisbury (See 2/5)

**Wednesday Night Smackdown - 4 Band Show** at Cult Classic Brewing Company, Stevensville. 7 p.m. cultclassicrockbrewing.com

**2020 Winter Luncheon Series** at Captain Avery Museum, Shady Side. (See 2/5)

**City of Annapolis: Finance Committee Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 10:30 a.m. annapolis.gov

**City of Annapolis: Environmental Matters Committee Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 3 p.m. annapolis.gov

**Postpartum Fitness** at Anne Arundel Medical Center Sajak Pavilion, Annapolis. 6:30 p.m. aahs.org

**Storytelling Through Your Personal Ancestry** at Maryland Hall for the Creative Arts, Annapolis. 7 p.m. marylandhall.org

**PERFORMING ARTS**

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**MUSIC**

**The Brother Brothers** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

Thursday  
20

**SPECIAL EVENTS**

**TCCC Annual Chairman's Luncheon** at Talbot Country Club, Easton. 4 p.m. talbot-chamber.org

**Weekly Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Talbot County: Board of Directors Meeting** at Talbot County Chamber of Commerce, Easton. 4 p.m. 410-822-4606. talbotchamber.org

**Kent Island Farmer's Market** at Kent Island Farmers' Market (Year 'Round), Stevensville. (See 2/6)

**Cultural Narratives of Sea Level Rise on the Chesapeake** at Chesapeake Bay Maritime Museum, St. Michaels. 2 p.m. 410-745-4960. Cbmm.org

**Severn Town Club - Monthly General Meeting** at Annapolis Elks Lodge, Edgewater. 6:30 p.m. severntownclub.org

**Annapolis Maritime Museum Winter Lecture Series: The Chesapeake Table: Eating Local for the Bay** at Annapolis Maritime Museum, Annapolis. (See 2/6)

**City of Annapolis: City Council Work Session** at Annapolis City Council Chambers, City Hall, Annapolis. 3 p.m. annapolis.gov

**Play Group: Creek Critters** at Chesapeake Children's Museum, Annapolis. (See 2/6)

**Vantage Point: Paintings by Sally Davies** at Maryland Hall for the Creative Arts, Annapolis. 12 a.m. marylandhall.org

**PERFORMING ARTS**

**Charley's Aunt** at Tred Avon Players, Oxford. (See 2/13)

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**SPORTS**

**Washington Capitals vs. Montreal Canadiens** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumentalsportsnetwork.com

Friday  
21

**SPECIAL EVENTS**

**Art and Story Time** at Chesapeake Children's Museum, Annapolis. (See 2/7)

**The 2020 American Craft Show in Baltimore** at Baltimore Convention Center, Baltimore. 10 a.m. craftcouncil.org

**PERFORMING ARTS**

**Charley's Aunt** at Tred Avon Players, Oxford. (See 2/13)

**USNA Theatre Presents: Oklahama!** at Mahan Hall, United States Naval Academy. 7 p.m. navyperforms.showare.com [F]

**Swan Lake** at Maryland Hall for the Creative Arts, Annapolis. 7:30 p.m. marylandhall.org [F]

**The Book of Days** at The Colonial Players, Annapolis. 8 p.m. Thecolonialplayers.org

**The 39 Steps** at Annapolis Shakespeare Company, Annapolis. (See 2/14)

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**MUSIC**

**An Evening with Mike Doughty** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Friday Night Karaoke** at The Hideaway, Odenton. (See 2/7)

**SPORTS**

**Washington Wizards vs. Cleveland Cavaliers** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumentalsportsnetwork.com

Saturday  
22

**SPECIAL EVENTS**

**3rd Annual Black Excellence Gala** at Delmarva Community Service, Cambridge. 8 p.m. visitdorchester.org

**STEAM Team** at Chesapeake Bay Maritime Museum, St. Michaels. (See 2/1)

**Chefs for Habitat 10th Anniversary** at Wicomico Youth & Civic Center, Salisbury. 5:30 p.m. Wicomociviccenter.org [C]

**Chestertown Farmer's Market** at Fountain Park, Chestertown. (See 2/1)

**KidSPOT** at RiverArts Kid-SPOT, Chestertown. (See 2/1)

**7th Annual Chester Gras** at Peoples Bank, Chestertown. 11:30 a.m. chestergras.org

**Annapolis Home Expo Show** at The Byzantium Event Center, Annapolis. 10 a.m. homeownersexpo.com

**Heartbeat for Health** at Northeast High School, Pasadena. 10 a.m. umms.org

**PERFORMING ARTS**

**Charley's Aunt** at Tred Avon Players, Oxford. (See 2/13)

**USNA Theatre Presents: Oklahama!** at Mahan Hall, United States Naval Academy. (See 2/1)

**The 39 Steps** at Annapolis Shakespeare Company, Annapolis. (See 2/14)

**Swan Lake** at Maryland Hall for the Creative Arts, Annapolis. (See 2/1)

**The Book of Days** at The Colonial Players, Annapolis. (See 2/1)

**The 39 Steps** at Annapolis Shakespeare Company, Annapolis. (See 2/14)

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**What's Going On** at Hammonds Lane Theatre, Brooklyn Park. 2 p.m. chesapeakearts.showare.com

**MUSIC**

**Scary Pockets** at Rams Head On Stage, Annapolis. 8:30 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Navy Women's Lacrosse vs Villanova** at Navy-Marine Corps Memorial Stadium, Annapolis. 12 p.m. navysports.com

Sunday  
23

**SPECIAL EVENTS**

**Talbot County Empty Bowls 12th Annual Community Dinner** at Immanuel Lutheran Church, Easton. 5 p.m. talbot-countyemptybowls.org

**Anne Arundel County Farmer's Market** at Anne Arundel County Farmers' Market, Annapolis. (See 2/2)

**Annapolis Home Expo Show** at The Byzantium Event Center, Annapolis. (See 2/22)

**The Plummers' Kitchen** at Riversdale House Museum, Riverdale Park. 12 p.m. pggparks.com

**PERFORMING ARTS**

**Charley's Aunt** at Tred Avon Players, (See 2/13)

**USNA Theatre Presents: Oklahama!** at Mahan Hall, United States Naval Academy. (See 2/1)

**Swan Lake** at Maryland Hall for the Creative Arts, Annapolis. (See 2/1)

**The Book of Days** at The Colonial Players, Annapolis. (See 2/1)

**The 39 Steps** at Annapolis Shakespeare Company, Annapolis. (See 2/14)

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**The Color Purple** at Regal at Waugh Chapel, Gambills. 1 p.m. 8-5 p.m. fathomevents.com

**MUSIC**

**US Naval Academy Chamber Winds** at Washington College, Chestertown. 4 p.m. kentcounty.com

**The Hedgelawn Classical Series Presents the Ann Street Trio** at The Mainstay, Rock Hall. 4 p.m. mainstay-rockhall.org

**Ana Popovic** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Rams-headonstage.com

**SPORTS**

**Orioles Spring Training vs. Red Sox** at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com

**Washington Capitals vs. Pittsburgh Penguins** at Capital One Arena, D.C. 12 p.m. capitalonearena.monumentalsportsnetwork.com

Monday  
24

**SPECIAL EVENTS**

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**City of Annapolis: Audit Committee Meeting** at Annapolis City Council Chambers, City Hall, Annapolis. 8 a.m. annapolis.gov

**Play Group: Babies and Toddlers** at Chesapeake Children's Museum, Annapolis. (See 2/3)

**City of Annapolis: Citizen Fingerprinting** at Annapolis Police Department, Annapolis. (See 2/3)

**City of Annapolis: Special Meeting of the City Council** at Annapolis City Council Chambers, City Hall, Annapolis. 7 p.m. annapolis.gov

**City of Annapolis: Regular Meeting of the City Council** at Annapolis City Council Chambers, City Hall, Annapolis. (See 2/10)

**Dining to Donate: Killarney House** at Killarney House, Davidsonville. 5 p.m. killarneyhousepub.com

**MUSIC**

**Chester River Youth Choir Practice** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. (See 2/3)

**Celine Dion - Courage World Tour** at Royal Farms Arena, Baltimore. 7:30 p.m. 410-347-2020. royalfarmarena.com

**SPORTS**

**Washington Wizards vs. Milwaukee Bucks** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumentalsportsnetwork.com

Tuesday  
25

**SPECIAL EVENTS**

**Oysters in Maryland: A Glass Half Empty or Half Full?** at Chesapeake Bay Maritime Museum, St. Michaels. 5:30 p.m. 410-745-4960. Cbmm.org

**Writers As Editors Series Presents Aimee Nezhukuna-tahil** at Rose O'Neill Literary House, Chestertown. 4:30 p.m. 800-422-1782. washcoll.edu/centers/lithouse/

**eBird** at Ward Museum of Wildfowl Art, Salisbury (See 2/4)

**City of Annapolis: Art in Public Places Commission Meeting** at Pip Moyer Recreation Center, Annapolis. 7 p.m. annapolis.gov

**PERFORMING ARTS**

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**MUSIC**

**Cult Classic Open Mic 2020** at Cult Classic Brewing Company, Stevensville. (See 2/4)

**The Naptown Brass Band** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Washington Capitals vs. Winnipeg Jets** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumental-sportsnetwork.com

Wednesday

26

**SPECIAL EVENTS**

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Drop In Art Jr** at Ward Museum of Wildfowl Art, Salisbury (See 2/5)

**2020 Winter Luncheon Series** at Captain Avery Museum, Shady Side. (See 2/5)

**PERFORMING ARTS**

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**MUSIC**

**Monthly Open Mic Night** at The Garfield Center for the Arts at the Prince Theatre, Chestertown. 7:30 p.m. garfieldcenter.org

**SPORTS**

**Navy Men's Basketball vs Loyola Maryland** at Navy Alumni Hall, Annapolis. 7 p.m. navysports.com

**Orioles Spring Training vs. Braves** at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com

**Washington Wizards vs. Brooklyn Nets** at Capital One Arena, D.C. 7 p.m. capitalonearena.monumental-sportsnetwork.com

Thursday

27

**SPECIAL EVENTS**

**Greeter Training** at Chesapeake Bay Maritime Museum, St. Michaels. 9:30 a.m. 410-745-4960. cbmm.org

**Weekly Fine Art Classes** at Chesapeake Fine Art Studio, Stevensville. (See 2/3)

**Kent Island Farmer's Market** at Kent Island Farmers' Market (Year 'Round), Stevensville. (See 2/3)

**Play Group: Creek Critters** at Chesapeake Children's Museum, Annapolis. (See 2/6)

**City of Annapolis: Commission on Aging** at Annapolis City Council Chambers, City Hall, Annapolis. 11 a.m. annapolis.gov

**Neighborhood Leadership Academy - Session 2** at TBD, Annapolis. 6:30 p.m. leadershippaa.org

**Annapolis Maritime Museum Winter Lecture Series: Working toward a sustainable Chesapeake Bay and a sustainable world: a new way forward** at Annapolis Maritime Museum, Annapolis. (See 2/6)

**PERFORMING ARTS**

**The Book of Days** at The Colonial Players, Annapolis. (See 2/21)

**MUSIC**

**The Who's Tommy** at Washington College, Chestertown. 7:30 p.m. kentcounty.com

**Post Malone - Runaway Tour** at Capital One Arena, D.C. 8 p.m. capitalonearena.com

**Peter & Jeremy (Of Peter & Gordan and Chad & Jeremy)** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**SPORTS**

**Orioles Spring Training vs. Pirates** at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com

Friday

28

**SPECIAL EVENTS**

**National Outdoor Show** at South Dorchester School, Church Creek. 5 p.m. 410-397-3434. Nationaloutdoor-show.org

**Partying through Time: A Happy Hour Archaeology Workshop** at Historic London Town and Gardens, Edgewater. 6 p.m. historiclondon-town.org

**Art and Story Time** at Chesapeake Children's Museum, Annapolis. (See 2/7)

**City of Annapolis: Port Wardens Meetings** at Annapolis City Council Chambers, City Hall, Annapolis. 7 p.m. annapolis.gov

**Masterworks 3** at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. maryland-hall.org

**PERFORMING ARTS**

**The Book of Days** at The Colonial Players, Annapolis. 8 p.m. (See 2/21)

**The 39 Steps** at Annapolis Shakespeare Company, Annapolis. (See 2/14)

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**MUSIC**

**Broken Arrow: A Tribute to Neil Young** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Anne Akiko Meyers, violin** at Annapolis Symphony, Annapolis. 8 p.m. 410-269-1132. annapolissymphony.org

**The Lumineers - III : The World Tour** at Capital One Arena, D.C. 7 p.m. capitalonearena.com

**Friday Night Karaoke** at The Hideaway, Odenton. (See 2/7)

**SPORTS**

**Maryland Black Bears vs Jamestown Rebels** at Piney Orchard Ice Arena, Annapolis. 7 p.m. Pineycerink.com

Saturday

29

**SPECIAL EVENTS**

**Love on Tap: FeBREWary 29th** at Ocean City Convention Center, Ocean City. 1:30 p.m. shorecraftbeerfest.com

**Chestertown Farmer's Market** at Fountain Park, Chestertown. (See 2/1)

**National Outdoor Show** at South Dorchester School, Church Creek. (See 2/28)

**KidSPOT** at RiverArts Kid-SPOT, Chestertown. (See 2/1)

**Boating Essentials** at Chesapeake Bay Maritime Museum, St. Michaels. 410-745-4960. Cbmm.org

**Delaware Restoration: Sawn & Bent Frames** at Chesapeake Bay Maritime Museum, St. Michaels. (See 2/15)

**Winter Lecture Series: A Day in the Life of Mrs. Mary Paca** at William Paca House and Garden, Annapolis. 12:30 p.m. Annapolis.org

**Masterworks 3** at Maryland Hall for the Creative Arts, Annapolis. 8 p.m. maryland-hall.org

**Postpartum Fitness** at Anne Arundel Medical Center Clatanoff Pavilion, Rotary Room, Annapolis. 9 a.m. 443-481-5555. askAAMC.org

**Annapolis Restaurant Week** at Downtown Annapolis, Annapolis. 12 a.m. downtownannapolispartnership.org

**Saltwater Fishing Expo** at Annapolis Elks Lodge #622, Annapolis. 8 a.m. saltwater-fishingexpo.com

**Tiffany Haddish** at MGM National Harbor, Oxon Hill. 8 p.m. mgmnationalharbor.com

**PERFORMING ARTS**

**Wicked** at The Hippodrome Theatre, Baltimore. (See 2/12)

**MUSIC**

**Rik Ferrell and Keith Thompson of the Roadhouse Clams** at Avalon Theatre, Easton. 8 p.m. 410-822-7299. avalonfoundation.org

**Dublin 5 w/ Ciaran Quinn** at Rams Head On Stage, Annapolis. 8 p.m. 410-268-4545. Ramsheadonstage.com

**Zoe Keating** at Rams Head On Stage, Annapolis. 12 p.m. 410-268-4545. Rams-headonstage.com

**Anne Akiko Meyers, violin** at Annapolis Symphony, Annapolis. 8 p.m. 410-269-1132. annapolissymphony.org

**SPORTS**

**Navy Women's Basketball vs Lafayette** at Navy Alumni Hall, Annapolis. 7 p.m. navysports.com

**Maryland Black Bears vs Jamestown Rebels** at Piney Orchard Ice Arena, Annapolis. 7:45 p.m. Pineycerink.com

**Orioles Spring Training vs. Marlins** at Oriole Park at Camden Yards, Baltimore. 1:05 p.m. 888-848-2473. Orioles.com

**DC United vs Colorado Rapids** at Audi Field, D.C. 1 p.m. dcunited.com

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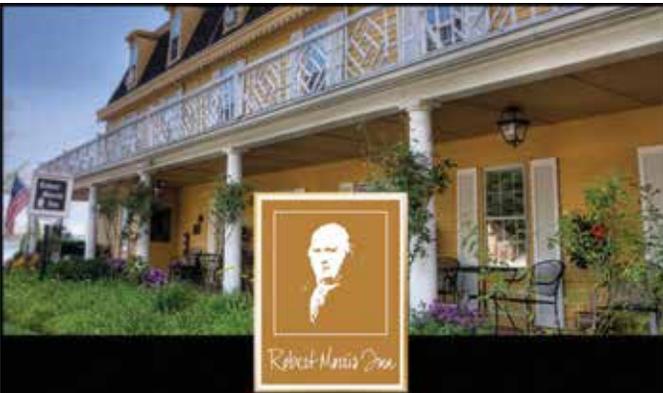


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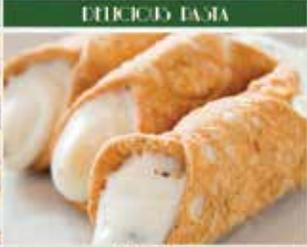
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# Where's Wilma?

## FIND WILMA AND WIN!

We get to enjoy February a little longer than usual because 2020 is a leap year! Get a jump start on summer plans for the kids by checking out the 2020 Summer Camp Guide. Wilma will take you through guide, which features fun opportunities for children of all ages and interests. Don't forget to stop by the restaurant guide and calendar to find a spot to watch the big game on Sunday, February 2. Love others and treat them with respect—February is the month of love, after all.

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at [whatsupmag.com/promotions](http://whatsupmag.com/promotions) for another opportunity to win a prize.

**Congratulations to this month's winner: Carly Wieslander** of Stevensville who won a gift certificate to Fisherman's Crab Deck!

**Mail entries to:** Where's Wilma? Eastern Shore, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at [whatsupmag.com/promotions](http://whatsupmag.com/promotions)



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Would you like to sign up for our weekly eNewsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles! Yes, please! \_\_\_\_\_ No, thanks \_\_\_\_\_

Entries must be received by February 29, 2020. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Eastern Shore.

98 Cannon Riverfront Grille.....	84, 94
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Accurate Asphalt LLC.....	66
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Djawdan Center for Implant and Restorative Dentistry.....	1
Dwelling & Design.....	GG
Eastern Shore Dental Care.....	5
For All Seasons Inc.....	67
Haven Ministries.....	11
JBS & Company LLC.....	LBP
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Lundberg Builders/314 Design Studio.....	71
Mid Atlantic Symphony Orchestra.....	47
Nancy Hammond Editions.....	67
Piazza Italian Market.....	84
Radcliffe Creek School.....	40
Robert Morris Inn.....	95
Safe at Home Senior Care.....	95
Saints Peter and Paul High School & Elementary School.....	40
South River Flooring.....	63
Sullivan Surgery and Spa.....	IFC
Tidewater Inn.....	9
University of Maryland Shore Regional Health.....	IBC
Warren's Wood Works.....	71

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