

WHAT'S UP?

WHAT'S UP? MEDIA  
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# 50

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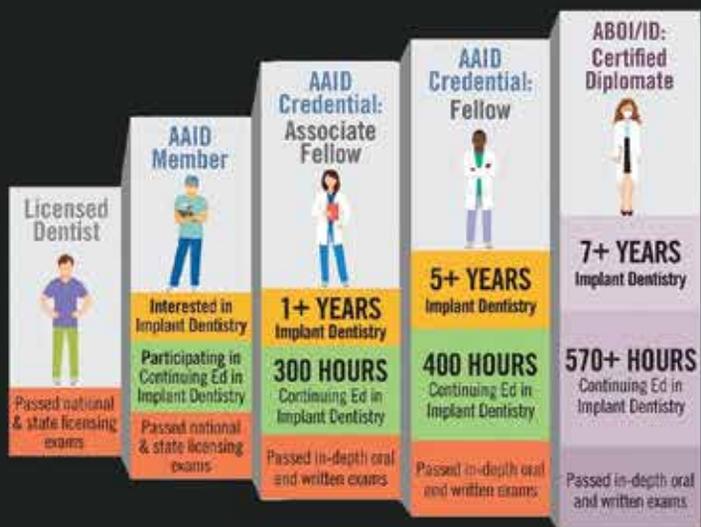
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**207 Brookfield Dr.** 4BR/3BA Open Floor living, Formal dining rm, Formal Living rm, kitchen w/ walk in pantry & granite counter tops. Dedicated laundry room upstairs. Large front porch wraps to side of home. Backs to woods and Bloomfield Farm/White Marsh Park. Neighborhood has walking/bike trail, soccer field, playground **\$355,500**



**CHESTERTOWN - QUEEN ANNES**

**101 Myers Rd** 4BR/3.5BA, Colonial. Living rm, Family rm, Office/library, eat-in kitchen, granite counters, Pergola on back deck, in-ground pool, fireplace, Sits on 1 acre corner lot lined with privacy trees, brand new roof w/50 yr warranty! 30 min. from Bay Bridge. **\$369,500**



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**CENTREVILLE - QUEEN ANNES**

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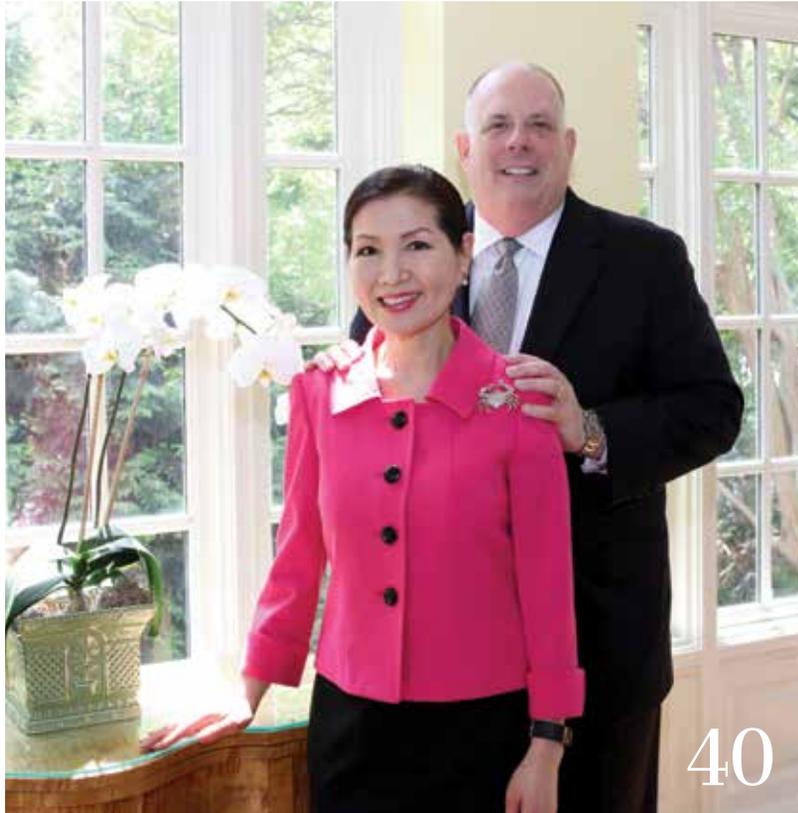
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**On the Cover:** We celebrate the very best of our local restaurants. Design by August Schwartz. Contact *What's Up? Eastern Shore* online at [whatsupmag.com](http://whatsupmag.com). ♻️ Please recycle this magazine.

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WHAT'S UP?

# EASTERN SHORE

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Women's Suffrage  
Celebrate Cancer Survivors  
Old Bay Seasoning Deconstructed

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**EDITOR'S NOTE:** May's event-related columns and the Calendar of Events have been removed from this issue due to the high-volume of cancellations related to the COVID-19 pandemic.

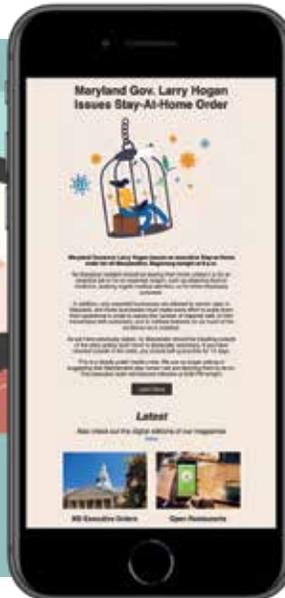
## e-contents

### Following COVID-19

[whatsupmag.com/covid-19](https://whatsupmag.com/covid-19)

What's Up? Media's landing page for COVID-19-related local information features live updates from government, businesses, and community sources.

We've been following closely, vetting and posting information as quickly as possible. Thank you for trusting us and please continue to check this page often. Stay healthy, stay safe.



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WHAT'S UP? MEDIA

# upcoming events

## What's Up? Media Best of Annapolis Party 2020

**Presented by Engel & Völkers of Annapolis**  
 Doordan Institute Conference Center  
 6:00pm - 9:00pm | \$85-\$135

End your summer with the best party in Annapolis! Don't miss our annual What's Up? Media Best Of Party happening on Wednesday, August 5th at the Doordan Institute Conference Center at Belcher Pavilion located at Anne Arundel Medical Center. Enjoy entertainment, music, and freshly prepared food and drink samples from the best local restaurants. This year's party is going coastal so wear your best seaside attire. The silent auction for this year's event will benefit **GiGi's Playhouse**. There are VIP tickets available that will allow early access to the party, valet parking, a private VIP room, unlimited drinks throughout the night, and a swag bag filled with goodies. Thank you to our presenting sponsor Engel & Völkers of Annapolis. This is a 21+ event.

*Tickets are available at [whatsuptix.com](http://whatsuptix.com)*



ANNAPOLIS  
8/5



EASTERN SHORE  
8/17

## What's Up? Media Best of Eastern Shore Party 2020

**Presented by Chaney Homes**  
 Prospect Bay Country Club  
 6:00pm - 9:00pm | \$60-\$100

We've found a way to make Monday sound good! Come out to Prospect Bay Country Club on Monday, August 17th for our What's Up? Media Best of Eastern Shore Party! Celebrate with the best restaurants on the shore by sampling freshly prepared food and drink all under one roof. This year's party is going coastal so wear your best seaside attire. The silent auction proceeds will benefit **Talbot Hospice**. There are VIP tickets available that will allow early access to the party, a private VIP room, unlimited drinks throughout the night, and a swag bag filled with goodies. Thank you to our presenting sponsor Chaney Homes. This is a 21+ event.

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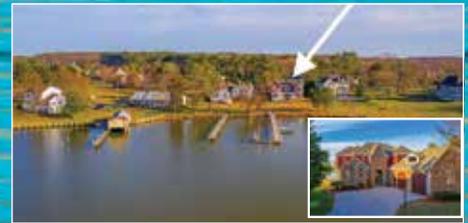
### 162 SEA EAGLE DR - GRASONVILLE

Million-Dollar Sunsets! 4000+ sf! Private Pier w/ Boat Lift, (2) Jet Ski Lifts, MDQA142314 - Offered for \$1.299M



### 112 EARECKSON LANE - STEVENSVILLE

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### 228 BENTONS PLEASURE ROAD - CHESTER

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### 114 CARVILLE COURT - STEVENSVILLE

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### 8 PROSPECT BAY DR - GRASONVILLE

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### 184 EVELYNE ST. - CHESTER

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### 305 SWAN COVE LANE - CHESTER

FANTASTIC Chester River Waterfront- Over 1600 sf 1-Level Condo! MDQA142940 - Offered for \$465K



### 200 SOMERSET ROAD - STEVENSVILLE

Remodeled STYLISH Waterfront! Over 2K SF MDQA142564 - Offered for \$450K



### 307 ACKERMAN RD - STEVENSVILLE

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### 1617 CHESTER RD - CHESTER

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### 34K QUEEN ANNE WAY - CHESTER

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### 101 WALNUT ST - RIDGELY

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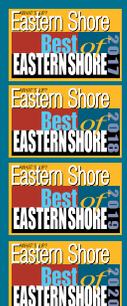
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# From the editor

the challenges and opportunities ahead. There's even a fun call out for readers to share photos of how you're spending your quarantine time. Some of those photos appear on page 14.

How we spend our time right now is crucial to moving forward and recovering together. The opportunity to connect in new and unique ways with family and friends has been particularly rewarding. This past Easter holiday, families held virtual gatherings—reuniting from across the country in one, digital space. Pretty neat. And my phone is bleeping and booping constantly from text threads with high school, college, and coworker friends.

Many of us are taking online fitness classes offered by local gyms. We're seeing virtual concerts and tip-jars by local musicians almost every night, sustaining their livelihoods and healing ours in a creative way. The restaurants that have kept their kitchens open have been able to focus solely on cooking great food. We ordered delivery from a local restaurant that we'd normally dine at; and were overly impressed with the food. Imagine that; being able to deliver great meals without the added pressures of dine-in service and atmosphere. What an opportunity to put your best foot forward to re-ignite customers' love of your food.

I'm not trying to minimize the economic hits that have reverberated throughout these industries, but rather to emphasize how many individuals and businesses are creating opportunities from an intense situation—to both service the community and offer an ounce of normalcy. And we're doing our best to this end as well.

The daily news feed can be a lot to take in, so it's our hope that this magazine offers a bit of respite in the midst of the cacophony. This issue presents the Best of Food & Dining winners, many of whom are still delivering their best dishes and providing take-out. Who's got the best crabcake in town? Find out on page 35. We also reveal the results of our biennial survey of locally-practicing lawyers and their peer recommendations in more than 30 law specialties. You'll meet several power couples (though they humbly dismiss the label) in the article "Dynamic & Devoted" and their advice on life, love, happiness, business, and, yes, opportunity. It's a natural segue (or juxtaposition perhaps) to the next article in our Year of the Woman series, which explores the institution of marriage and the role of women. And though we don't have the vast amount of local events and entertainment that would normally be scheduled into the magazine (and our own calendars), we offer great home and garden ideas, ways to maintain health and wellness, and a few other fun distractions along the way.

'Til the next time this rooster crows...

**James Houck,**  
Editorial Director

*Opportunity* is a word I've said more times

**THAN THE ROOSTER CROWS EACH MORNING.**

And it's become much more than a word—

**IT'S ACTION, IT'S A FEELING, IT'S CARPE DIEM.**

Opportunity is often born from challenge and as we enter week eight or so of the coronavirus pandemic, I like to think many of us have been fortunate enough to discover silver linings during this unprecedented situation. Number one—a greater appreciation for essential services and those working the front lines to help Americans manage this crisis: doctors, nurses, first-responders, janitorial staff, grocers, trash/recycling collection, the USPS...the list goes on and on. Even our politicians. Though partisan politics unfortunately rules the Federal roost, we see our local leaders—from the governor to county executives and councils—uniting to prioritize community health and safety. And I think we should thank them.

On the home front, I consider myself one lucky son of a gun as I sit and type, sit and type, have a Zoom meeting here and there, make a few phone calls, and continue telecommuting...we're still all systems go. I recognize I'm very fortunate to be working and, so, I'm trying to make the most of this opportunity. It's been a recalibration of priorities, projects, articles, and a chance to grow our coverage on other platforms—including [whatsupmag.com](http://whatsupmag.com) and our many e-newsletters and social channels—with consistency and mindfulness. To that end, we've created a bounty of information, blogs, and resources online to help guide our readership through

# Out on the **TownE**

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## Hit the Trail!

Choose your own adventure this spring at one of the many hiking and biking trails that weave through the Mid-Shore. **Popular options include:** Terrapin Nature Park, Wye Island, Eastern Neck, Idylwild, Blackwater, and others found at local parks.

### Events Have Gone Virtual!

Many events, from film festivals to business chamber mixers, have transitioned to digital forums on platforms such as Zoom and Facebook Messenger.

Get the scoop on great opportunities to connect with your community and interests by visiting [Whatsupmag.com](http://Whatsupmag.com)!



1



2



3

TOWNE SOCIAL

# Say "Quarantine!"

Most of us have been hunkered down at home during the past month--quarantined, so to speak. And with the spring season's highly-anticipated galas and charity events having been cancelled, we called upon you, our readers, to submit photos of how you're spending this time on the home-front. The results offer a snapshot of how we're all making lemonade out of lemons. Enjoy!

- 1. Submitted by Ashley Raymond
- 2. Submitted by Candice Bothun
- 3. Submitted by Katie Guido
- 4. Submitted by Claudia Boldyga
- 5. Submitted by Kate Slayton

To submit your photo, simply visit:  
[whatsupmag.com/show-us-your-quarantine](https://whatsupmag.com/show-us-your-quarantine)

To view the full gallery, visit:  
[whatsupmag.com/news/coping-with-covid-19](https://whatsupmag.com/news/coping-with-covid-19)



4



5



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## SAVE THE DATE FOR 2021!

Be sure to mark your calendars for next year's AAMCF's Denim & Diamonds Bash on Saturday, April 24, 2021. We look forward to seeing you there! For information on the 2021 Denim & Diamonds Bash please contact Kendra Smith Houghton at: [khoughton@aahs.org](mailto:khoughton@aahs.org) or visit [www.aamcndenimanddiamonds.org](http://www.aamcndenimanddiamonds.org)

Since we made the announcement that we needed to cancel our AAMC Foundation's 2020 Denim & Diamonds Bash on April 25th, we have received an overwhelmingly positive response from our community partners and friends of Anne Arundel Medical Center as well as caring citizens from across the region. We sincerely appreciate your understanding and partnership in putting the health of our community first.

We are incredibly grateful to these sponsors who donated their 2020 Denim & Diamonds sponsorship gifts to support AAMC's mental health and addiction care programs and services. Your thoughtfulness and leadership are great examples of why this community, spanning across both sides of the Chesapeake Bay Bridge, is so special. On behalf of the thousands of patients and families who will benefit from your generosity - THANK YOU!

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TOWNE SALUTE

# Jenny Griffin

## Bosom Buddies Charities, Inc.

By Lisa A. Lewis

**A** dedicated volunteer, Jenny Griffin is passionate about supporting meaningful causes and devotes her time wholeheartedly in an effort to make a difference. When her friend, Pat Harris, one of the owners of Harris Crab House in Grasonville, was diagnosed with breast cancer, Griffin was inspired by her courage and compelled to help. So, she started a tradition that has grown into a joint effort between Harris Crab House and Bosom Buddies Charities.

“I was working at Harris Crab House as office/restaurant manager, and I developed admiration for Pat as I saw her battle breast cancer with such grace and humor,” Griffin says. “She is a warrior/superhero in the truest sense. I wanted to help Pat and other breast cancer patients, so I decided to host a crab feast to raise money for breast cancer awareness and support. Since I had experience planning events, my co-workers, friends, and I were able to work together to organize the event.”

Indeed, Griffin has put her heart and soul into the cause, and the crab feast that she launched, called Crabs for a Cure, has become an annual event. Now in its eighth year, the popular fundraiser, which is held at Harris Crab House, continues to generate a lot of support, and the proceeds benefit Bosom Buddies Charities. In fact, Crabs for a Cure has raised a little more than \$70,000 to date. This year, the event will be held on October 20.

A nonprofit organization, Bosom Buddies Charities was founded in 2007 by Susan Ponchock, a breast cancer survivor who wanted to give back to the community. With a mission to “promote breast cancer awareness, encourage early detection, support treatment, and celebrate healing,” the organization has raised more than \$2 million since its inception.

An avid volunteer for Bosom Buddies Charities, Griffin, who is also a member of the board of directors, spends a lot of time planning, organizing, and promoting the organization’s events, including the Bosom Buddies Ball. The annual event is held in January and is a major fundraiser. The 2020 Ball, “Hope Anchors the Soul,” was held at The Westin Annapolis, and plans are already underway for the 2021 Bosom Buddies Ball.

Although 2020 marks Bosom Buddies Charities’ 13th anniversary, the organization is still growing and evolving, thanks to volunteers like Griffin. By combining her talent for event planning that she developed while working for 20 years at Harris Crab House with her

love of volunteering, Griffin has brought a new dynamic to Bosom Buddies Charities. And her energy and enthusiasm inspired her to create a new event, the Faces of Courage Dinner, which is held at Fisherman’s Inn in Grasonville every October in observance of Breast Cancer Awareness Month.

“The Faces of Courage Dinner is an uplifting event that honors and celebrates our friends who are breast cancer patients,” Griffin says. “Now in its third year, the idea originated as a result of the 2018 Bosom Buddies Ball. The theme was ‘Faces of Courage,’ and we spotlighted the people who we serve and their stories. Inspired by this theme, we decided to host an annual event to remind us why we support this cause.” This year, the Faces of Courage Dinner will be held on October 1.

“I’ve had the pleasure of calling Jenny my friend for the past five years,” says Claudia Boldyga, chair of the Bosom Buddies Charities Board of Directors. “She is such a talented, kind person and has the biggest heart. She has always been a valuable asset to Bosom Buddies Charities and gives 100 percent to everything she does. I am truly honored that Jenny is a member of our board of directors, but I am especially proud to call her my friend.”

Griffin, who lives in Chester, is the senior administrative assistant to Dr. Lorraine Tafra, the medical director of the Rebecca Fortney Breast Center at Anne Arundel Medical Center. In addition, she is the past president of Chesapeake Women’s Network and a board member of the United Way of Queen Anne’s County.

“Volunteering serves a great purpose,” Griffin says. “It’s so important to volunteer and give back to your community. I have three daughters and six grandchildren. Imagine what they can do for others by volunteering when a cause touches their heart. I hope that I can lead by example. I also want to encourage people to volunteer for Bosom Buddies Charities. I know that I am just one of many people who dedicate their time and skills to the community. By working together, we are making a difference.”

For more information about Bosom Buddies Charities or to become a volunteer, visit [bosombuddiescharities.com](http://bosombuddiescharities.com).

Do you have a volunteer to nominate? Send What's Up? an email to editor@whatsupmag.com.



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## ↑ CBMM Earns Coveted Charity Navigator 4-Star Rating

The Chesapeake Bay Maritime Museum's strong financial health and commitment to accountability and transparency have earned the nonprofit museum yet another 4-star rating from Charity Navigator, America's largest independent charity evaluator. This is the fourth consecutive year CBMM has earned this top distinction. Since 2002, Charity Navigator has awarded only the most fiscally responsible organizations a 4-star rating. "The Chesapeake Bay Maritime Museum's exceptional 4-star rating sets it apart from its peers and demonstrates its trustworthiness to the public," according to Michael Thatcher, President & CEO of Charity Navigator.

## STATE OF MARYLAND ANNOUNCES 2020 HERITAGE AWARD WINNERS

Maryland Traditions, the folk-life program of the Maryland State Arts Council (MSAC), has announced the winners of its 2020 Heritage Award, which recognizes long-term achievement in folklife, or living cultural traditions. Three Heritage Awards are given annually: one each in the categories of Person or People, Place, and Tradition. Each award comes with a \$5,000 grant, and winners are recognized at a public ceremony. This year's winners are: **Place:** The region now known as Dorchester County is the ancestral home of the Nause-Waiwash Band of Indians, descendants of the Nanticoke Indians who have made their home on the Eastern Shore for centuries. The modern Nause-Waiwash maintain an unbroken connection to their homelands, which today are used for an annual festival, traditional activities like trapping, and education on Indigenous lifeways. **Person or People:** Rock Howland of Carroll County, a master of Appalachian flatfoot dancer, a mountain dance style that has emerged from a blend of Scots-Irish, African American, and Indigenous solo dance traditions over the past 150 years. **Tradition:** The Black Storytelling tradition is influenced on state and national levels by activities in Baltimore City, where organizations such as the National Association of Black Storytellers and the Griots' Circle of Maryland steward and participate in African and African American oral traditions.



## EMPLOYEE CELEBRATES 25TH ANNIVERSARY WITH SHORE UNITED BANK

Shore United Bank is proud to recognize LaVonne Medford for 25 years of service. Medford began her career with the Bank in 1995 as a floating teller for branches located in Easton. Currently, Medford is a Branch Support Specialist, responsible for supporting the customer service functions of our branches, such as reviewing and verifying accuracy of procedures, and filing documents related to deposit accounts. "LaVonne brings a wealth of banking knowledge to our department and we are lucky to have her as part of our Branch Operations team," says Misty Newnam, Branch Operations Officer of Shore United Bank.



## ↑ Choptank Transport's "We Are One" Program and Community Foundation Charity Help Local Businesses During COVID-19

This past March, Choptank Transport announced the implementation of a generous and unprecedented initiative to help both employees and local businesses during the COVID-19 crisis. With a large percentage of the company's staff now working remotely, Choptank gave each employee \$100 to spend at their favorite eateries within 50 miles of their workspaces. Choptank has more than 400 employees, which means it infused more than \$40,000 into its local economies through restaurants, coffee shops, and other food establishments. "We know this is a stressful time for everyone," said Choptank's President & CEO, Geoff Turner. "Our employees are doing a Herculean job of keeping America's freight moving under less than ideal circumstances. This is a way of saying thank you to them while also helping mitigate some of the crushing economic effects to our local business community."

## PURPLE CHERRY ARCHITECTS WINS BEST OF HOUZZ →

Purple Cherry Architects has been recognized as a “Best of Houzz” award winner in two categories: Design and Service. Their work received these awards, as their portfolio included some of the most popular images and the firm was rated at the highest level for client satisfaction by the Houzz community this past year. Awards were decided by the more than 40 million monthly unique users that comprise the Houzz community from among more than one million active home building, remodeling, and design industry professionals.



## COMPASS REGIONAL HOSPICE RECEIVES DONATION FROM THE UNITED WAY OF CAROLINE COUNTY ↓

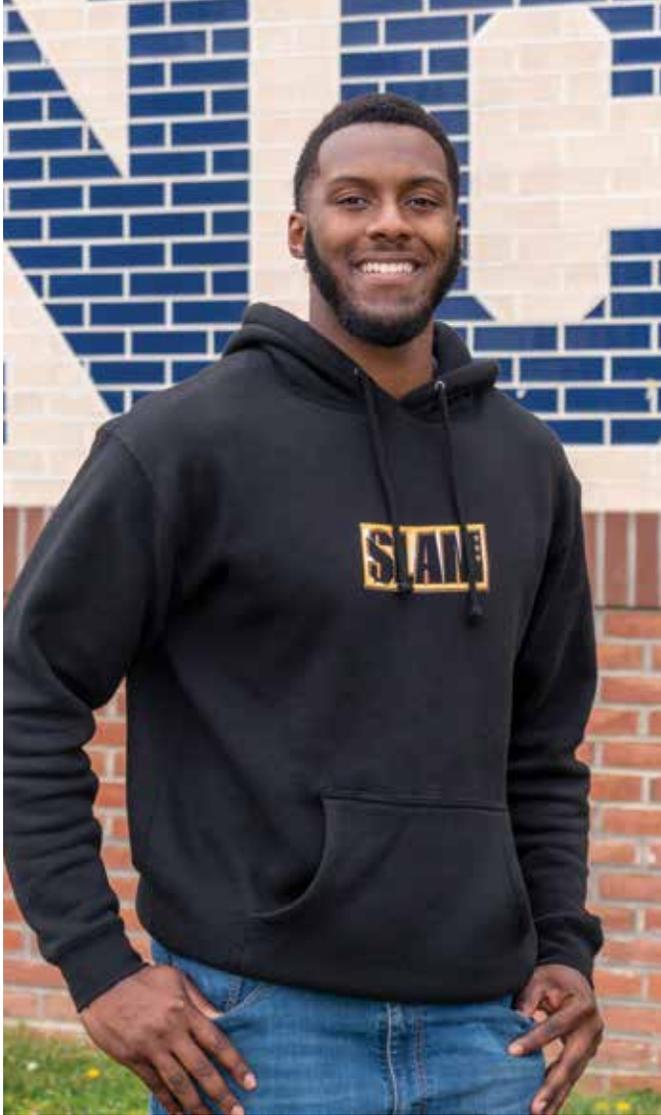
In late 2019, Compass Regional Hospice revealed a plan for expanded services in Caroline County. The United Way of Caroline County announced a gift of \$6,000 towards the construction of a new facility in Denton. The United Way of Caroline County supports agencies in the community that provides human service needs to the county. Since 1982, the United Way of Caroline County has distributed approximately \$1,750,000 in gifts from local businesses and individuals. “Compass Hospice provides such an important service to our community and does so with care and compassion,” says Sara Visintainer, UWCC Vice President. “We are pleased to be able to use funds provided by our generous donors to support their vision for a new facility that will serve our residents for decades to come.”

## New Appointments at Shore Regional Health

Pamela “Pam” Addy has joined University of Maryland Shore Regional Health as vice president, Ambulatory and Clinical Services, effective this past January. Addy provides leadership over the clinical operations of the Cancer Center, laboratory, diagnostic imaging, cardiovascular services, pulmonary and neuro-diagnostic services, and ambulatory services. Addy joins Shore’s senior leadership team with more than 25 years of experience and achievements in diagnostic imaging, acute and ambulatory services, and medical group and practice management. Meanwhile, Sherri Hobbs, MSM, MSN, RN, CPHQ, CPPS, was named SRH’s new Chief Quality Officer. Hobbs has been the interim Chief Quality Officer since December 2019, after joining SRH as the Director of Patient Safety in February 2019.



Do you have community or business news to publicize? Send What’s Up? an email at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).



TOWNE ATHLETE

# Kendron Wayman

North Carolina High School Football, Basketball, Track & Field

By Tom Worgo

**K**endron Wayman has earned a reputation as standout basketball player. After all, Wayman has played the sport since third grade. But during his freshman year at North Carolina High School, Wayman made a big change. He decided to give football a try for the first time. As a result, he had rough freshman and sophomore seasons.

“He was big, fast, and strong,” North Carolina Football Coach James McCormick says. “But we kept him on jayvee because he had never played before. He had no idea what he was doing. We brought him up to varsity as a sophomore. Still, he didn’t know what he was doing.”

Over the course of the next two seasons, Wayman, now a senior, made dramatic improvements that no one could have anticipated. The three-sport athlete simply dominated opponents, and college scouts noticed.

Wayman, a three-year starter at defensive end, received a football scholarship from Wake Forest University, where he will major in pre-med. He carried a 3.8 grade-point average at North Carolina.

“Growing up, all I did was basketball and I wanted to play it in college,” says Wayman, who also played the sport in high school along with football. “I started improving in football late in my sophomore year. After the season was done, (teammates) Jamion (Franklin) and David (Bailey) went on some college visits.

“I went with them and saw what it was like getting recruited,” he adds. “I said, ‘I want to push myself and get recruited by a Division I college.’” Wayman’s goal came true. He received scholarship offers from nine schools, including the University of Maryland, Stanford, and Syracuse.

McCormick says the 6-foot-4-inch tall Wayman made a

great choice in picking the Demon Deacons. “He will be an awesome college football player,” McCormick explains. “He will be 260, 270 pounds in the blink of an eye. He has so much room to grow.”

Wayman earned Bayside Conference Player of the Year honors in both 2018 and 2019. Last fall was clearly his best season. He finished with 13 sacks, 65 tackles (24.5 for a loss), and forced five fumbles.

“I have been coaching in the Bayside Conference for 25 years and I can’t remember a player who has gotten Defensive Player of the Year two years in a row,” McCormick says. Meanwhile, the 18-year-old Wayman remained a standout on the basketball court. He started for four years on the varsity squad at power forward and this past winter was his breakthrough season.

Wayman averaged 21 points and 15 rebounds. He totaled 30 points and 15 rebounds in a 94-28 rout of St. Michaels in mid-January and had 29 points and 17 rebounds in a 66-58 conquest of Cambridge-South Dorchester in mid-December. He is expected to surpass the 1,000-point mark late in the season.

North Carolina Boys Basketball Coach Steve Perry called Wayman the best inside player he has coached in 14 years at the school. “He is such an inside presence and is probably the best big man in the Bayside Conference,” Perry says. “He has size, jumps well, rebounds, and plays great defense. He has come a long way since he was a fresh-

**“He has size, jumps well, rebounds, and plays great defense. He has come a long way since he was a freshman and he started as a sophomore on our team that went to the state championship game.”**

man and he started as a sophomore on our team that went to the state championship game.”

Wayman also decided to try out for track and field last spring and he ended up having a sensational year in that as well. He won a Class 2A state championship in both the shot put and discus.

“I thought I would be pretty decent because I improved over the season,” Wayman says. “But to win two state titles was pretty amazing. It was surprising.”

North Carolina Track and Field Coach Robert Thomas would probably say the same thing. “For someone to win two state titles that had never picked up a shot put or discus before is unheard of,” Thomas says. “Most high school kids you have to push for two hours of practice. He was always ready to do two hours. He would ask one of the coaches, ‘Are you free this weekend?’ He wanted to put in that extra time.”

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.



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# A New Icon Takes Shape at the Chesapeake Bay Maritime Museum

A construction project of historic proportions is underway at the Chesapeake Bay Maritime Museum (CBMM) in St. Michaels, Md., with both international ties and links to the founding of Maryland.

*Maryland Dove* is a representation of the vessel that accompanied the first European settlers to Maryland in 1634. Owned by the state of Maryland and operated and maintained by Historic St. Mary's City (HSMC), the ship serves as HSMC's floating ambassador and one of its most popular exhibitions. And thanks to funding from the State and a partnership between CBMM and HSMC, the 42-year-old ship will be getting a brand-new successor.

"We are thrilled and honored to have been selected to build a new *Maryland Dove*," said CBMM President Kristen Greenaway. "Over the course of the next few years, our shipwrights and apprentices will build a historically accurate replacement for the existing ship, and we welcome guests to be a part of the construction and education experience."

CBMM's working Shipyard began construction on the new *Maryland Dove* in 2019 and has nearly completed the framing stage of the build, giving guests an idea of what the overall shape of the new state icon will be. The new ship will differ slightly from its existing counterpart thanks to new historical and archaeological research that's been done by experts on the HSMC staff and sources like the Vasa Museum in Sweden.

"This research is going to allow the new ship to be more historically accurate," said Regina Faden, executive director at HSMC. "There were no surviving plans of the original *Dove* of 1634, so we're happy that advances in research and technologies over the past 40 years will be informing the design of the new ship and allowing us to better tell the story of (early) Maryland."

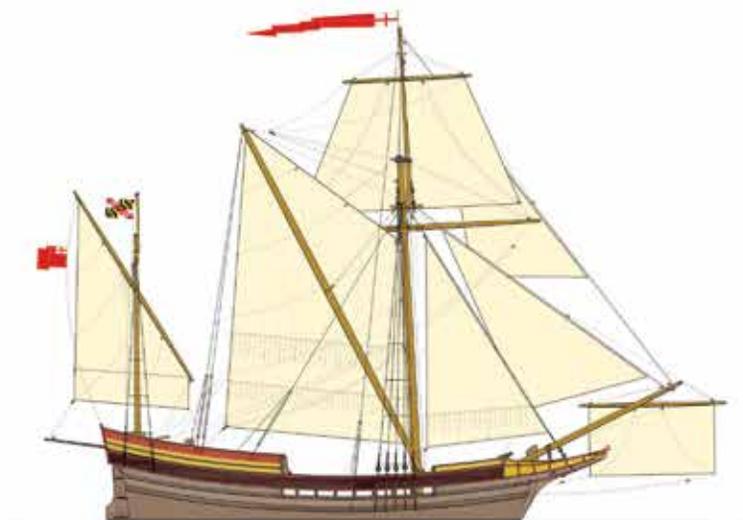
This is the largest project to date for CBMM's shipwrights, who serve as a tangible connection to the Bay's rich story of boatbuilding. CBMM is

committed to preserving and transferring traditional boatbuilding skills in its Shipyard to help keep them alive in both new craftsmen and the general public. CBMM's Shipyard provides an educational experience for guests on not just how ships are built, but on the timber, tools and labor involved, and the social world within which that building takes place both now and historically.

On *Maryland Dove*, the shipwrights' next steps involve framing and planking. To follow along with this project and to learn more and *Maryland Dove's* past, present, and future, visit [marylanddove.org](http://marylanddove.org).



From now through 2021, the shipwrights at the Chesapeake Bay Maritime Museum will be constructing a new *Maryland Dove*, a representation of the vessel that accompanied the first European settlers to Maryland in 1634 in full public view. The ship is owned by the state of Maryland and operated and maintained by Historic St. Mary's City. To learn more about the project, visit [marylanddove.org](http://marylanddove.org).



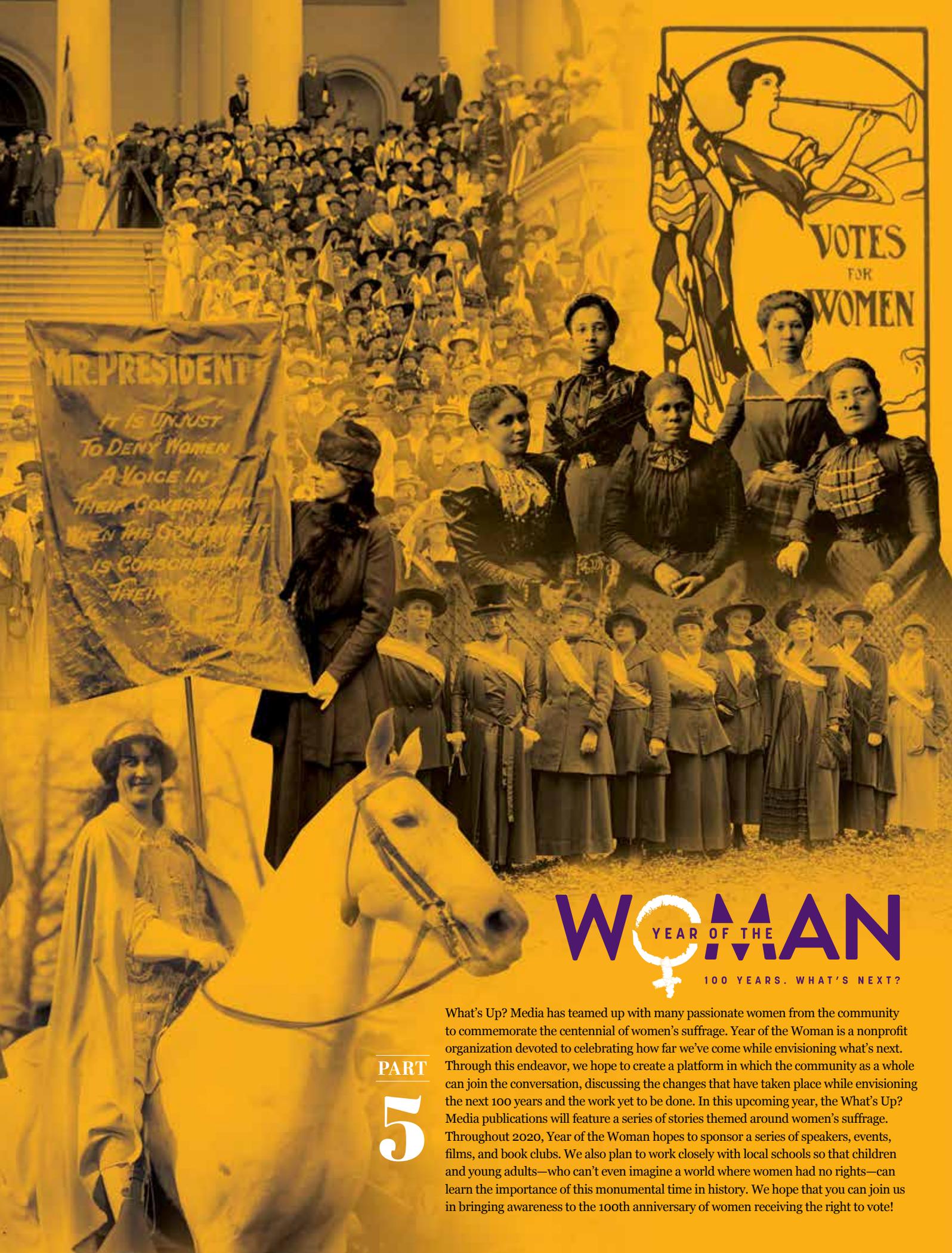
Dove

This drawing by naval architect Iver Franzen shows what the new *Maryland Dove* will look like after its constructed by shipwrights at the Chesapeake Bay Maritime Museum in St. Michaels, Md. To learn more about the project, visit [marylanddove.org](http://marylanddove.org).

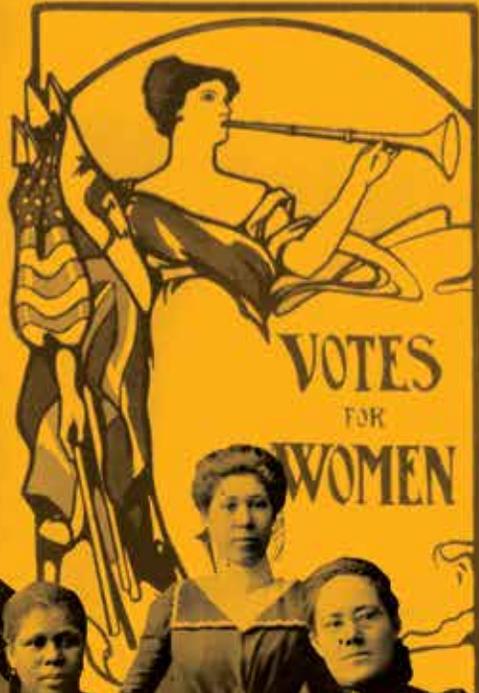


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# WOMAN

YEAR OF THE

100 YEARS. WHAT'S NEXT?

PART

5

What's Up? Media has teamed up with many passionate women from the community to commemorate the centennial of women's suffrage. Year of the Woman is a nonprofit organization devoted to celebrating how far we've come while envisioning what's next. Through this endeavor, we hope to create a platform in which the community as a whole can join the conversation, discussing the changes that have taken place while envisioning the next 100 years and the work yet to be done. In this upcoming year, the What's Up? Media publications will feature a series of stories themed around women's suffrage. Throughout 2020, Year of the Woman hopes to sponsor a series of speakers, events, films, and book clubs. We also plan to work closely with local schools so that children and young adults—who can't even imagine a world where women had no rights—can learn the importance of this monumental time in history. We hope that you can join us in bringing awareness to the 100th anniversary of women receiving the right to vote!



# Women & Marriage

An overview of how expectations of the institution have evolved

By Jodie Schram  
Hardesty

The evolution of marriage in America brings us to a unique place in history. Contemporary observers in the 1790s, 1890s, and 1920s noted concern during each of those periods that marriage was in trouble. Despite every previous generation's assertion that the younger set is ruining the traditions of marriage, the institution today has become more inclusive and less restrictive, which are inherently good qualities when it comes to the loving partnership we understand to be marriage. More significant changes have taken place between men and women in the past 30 years than in the past 3,000, and those changes have had a substantial impact on the structure and perception of marriage.

The notion that marriage was mostly about political alliances and property gains, rather than personal affection, lasted thousands of years. Affluent families married off their sons and daughters as a personal benefit to increase wealth, share resources, and increase labor pools. Even lower-class families considered the practical and economic benefits of marriage over the romantic, albeit on a much smaller scale. Marrying a suitable partner and producing children to help with farms and businesses was more important than a couple's attraction to one another. Despite the strategy behind these couplings, people did fall in love, sometimes with their spouses and

sometimes not. If a woman hoped to find love within her marriage but was thwarted, she was required to suffer in silence while her husband was permitted to seek affection elsewhere. The institution of marriage was simply too vital to economic and political stability to be based on something as seemingly frivolous as love. Marriage played the additional role of demarcating the division of labor within a household, with gender and age determining on whom the power was bestowed: men.

In addition to marriage's institutional and practical functions, the human element of the arrangement didn't always conform to the legal, cultural, or philosophical model of the times. Marriage is, in most cases, a relationship between two people that brings them face-to-face with both the challenges and joys of sharing a life. For far too many years, men had a legal right to physically abuse their wives and force on them their marital privilege of sex. Even in loving marriages, this was a common and acceptable practice.

Throughout most of our country's history, marriage and property laws mimicked those brought over by English colonists, which gave a husband legal possession of his wife as if she were his property. Women were unable to hold assets or control their earnings. Like children and enslaved people, women were considered dependents. With limited ability to make it on her own economically, a woman relied on marriage as a means to survive, making her legally beholden to her husband in all matters.

With marriage comes divorce, which was uncommon but not unheard of in colonial America. Each colony had its own policies on divorce, usually mirroring those of English law. When marriages didn't work out as a couple expected in colonial and early national America, couples could execute an exclusive contract on their own to live separately and divide their assets. Sometimes they relied on the judgment of legislative authorities to grant them divorces. Another form of separation during that time was called a "wife sale," a folk custom of early

modern England. This oddity took place after a couple agreed to part ways, and the symbolic sale of the wife was granted, most often to a relative, but sometimes to her paramour. Some communities considered this an acceptable form of divorce. Women whose husbands skipped town and were unheard of for seven years or more could obtain permission to remarry. Otherwise, remarrying was not allowed and women relied on relatives to support them.

For the Cherokee, in the early days of white colonization and evangelization, tribes were both matrilineal and matrilocal, meaning a man lived with his wife in her family's home. A husband had no right over the property of his wife, their children, or the fields in which they grew crops. Women had full control over the growing, harvesting, and trading of goods. They signed deeds in property transfers and, as late as 1785, participated in negotiations. In 1818, the United States was working toward the removal of Native Americans from their land. A group of Cherokee women recognized that under the new state guidelines of property allotment and patriarchal standards, they would cease to be property owners, with all ownership transferred to their husbands; they refused to sign allotment agreements.

Marriage has always changed with the times. The Victorian Era ushered in the concept of romantic love but maintained the patriarchal structure of it. Baltimore Unitarian pastor George Burnap published a series of lectures

in 1841 called *The Sphere and Duties of Woman*. In them he described marriage as "that sphere for which woman was originally intended, and to which she is so exactly fitted to adorn and bless, as the wife, the mistress of a home, the solace, the aid and the counselor of that ONE, for whose sake alone the world is of any consequence to her." Even as free choice in marriage became the cultural norm and represented emotional safety for men, the pitfalls of marriage increased for women. They became dependent on their husbands for economic stability and remained without legal status. Their role was to bear and raise children, care for the home, and obey their husbands. If anything went wrong within that arrangement, they had little to no recourse.

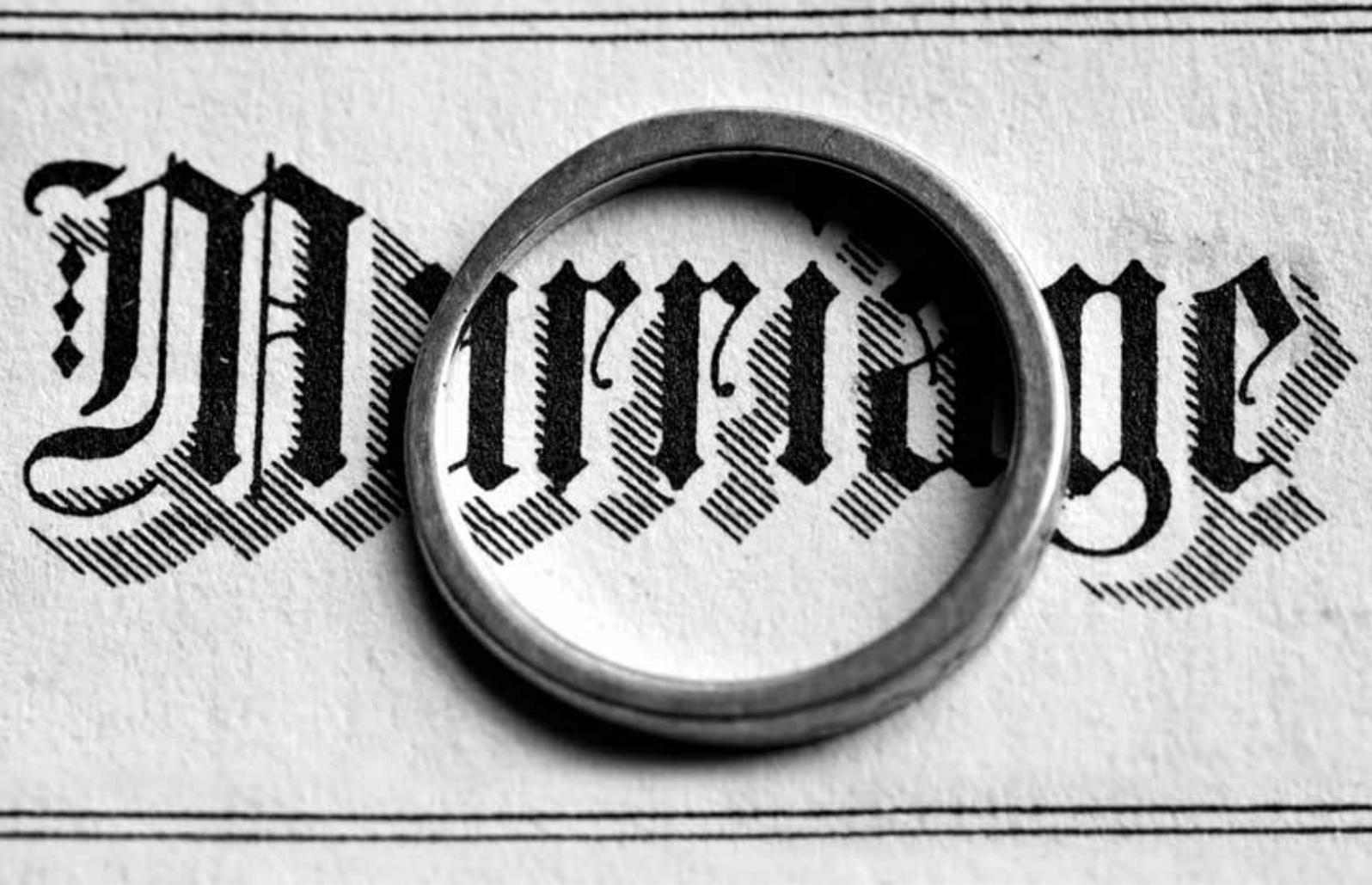
Slavery, like marriage, denied women independent legal existence. Enslaved women (and men) were the property of the men who were responsible for them through ownership. During the eighteenth century, it was not uncommon to find newspaper advertisements placed by men who publicly relinquished their obligation to pay an estranged wife's debts or the debts for slaves who escaped. Enslaved women had no rights. They were utterly dependent on their owners, often sold or traded despite their familial status. While slaves were forbidden to marry, many did so without legal or religious recognition of the union, and at the risk of forced separation.

Before the Civil War, partially in response to the abolitionist movement that argued slavery undermined the institution of marriage within the African American community, and partly because it was economically sensible to do so, owners of the enslaved took an interest in promoting their marriages. They felt it pacified their slaves and provided an incentive for them to stay on their plantations rather than seek freedom without their spouses. After the Civil War, marriage was one of the first civil rights granted to African Americans.

In the early nineteenth century, Connecticut Supreme Court Justice, Tapping Reeve, wrote the first treatise on domestic relations published in the United States. Believing that the courts didn't recognize women's social and business contracts out of fear of male coercion, he argued that the law did not consider husbands and wives one person operating under the husband's power; they were two. He also discussed a second factor that con-

Print shows Francis LeBaron and Mary Wilder during their wedding ceremony in Plymouth, 1695, with many guests, in a room, possibly in the magistrate's residence, officiated by a clergyman.





tributed to the restrictive rules on women's contracts: male marital privileges. If a woman engaged in any agreement that might result in legal actions taken against her, she could go to prison, leaving her husband to fend for himself both in the kitchen and the bedroom. To most American men at the time, that was unacceptable. Once the idea took hold that love and intimacy should be the cornerstones of marriage rather than the arranged alliances of yore, people began to insist on the right to dissolve their marriages. Demanding equal rights for women was, in part, to ensure they could earn and keep their wages. In doing so, they could support themselves financially rather than endure a loveless marriage.

During the 1920s, acceptance of female sexuality seemed revolutionary to the Victorian parents of young women. Sigmund Freud's work influenced psychologists of the time who promoted positive views on sexuality (but only in heterosexual contexts). Birth control became mainstream in middle-class marriages as

a means to an emotionally fulfilling relationship that allowed for sexual pleasure without procreative consequences.

What sometimes gets painted as the golden age of marital ideals, the 1950s, while exceptional in many ways, was an anomaly in the history of marriage. For thousands of years prior, families relied on the contributions of women and children to keep their households afloat. The shared tasks associated with being the breadwinner were spread across an entire family unit. For the first time in American history (and elsewhere in the world), a majority of households consisted of a single, male provider who worked outside the home and a full-time homemaker who only worked within the home, providing all domestic support. This new system was the culmination of over 150 years of marital evolution.

It was only in the mid-twentieth century that opportunities arose in a way that allowed the majority of families to survive on a single income. The outdated patriarchal model of

Painting depicting the marriage of George Washington to Martha Custis in 1759.



marriage was replaced by a love-based model that relied on the male as breadwinner, maintaining his position of power within the family. More than ever before, people accepted the ideals of love and companionship as the basis for marriage. However, loveless marriages were less likely to end in divorce, and the lack of equality between men and women was still accepted. When people comment on what they perceive to be the ultimate stability of marriages in the 1950s and 1960s, they fail to recognize the turmoil and dissatisfaction that was brewing under the surface.

In the last forty years, that model has been turned upside down as we enter uncharted territory in the marital landscape. Even though women today are steadily rising to the tops of their fields, enjoying rights and opportunities that eluded their grandmothers, studies show they are less happy in their marriages than men. In most heterosexual unions, women continue to do more of the unpaid housework, kin keeping, and childcare. They are more likely than their husbands to sacrifice personal and career goals in exchange for time spent fulfilling the needs of their families. Inequality still exists, and marriage can be less beneficial to women than it would be to remain single. When women get divorced, they report increased levels of happiness as divorcees and are more likely than men to enjoy their single status.

At a time when women don't have to rely on partners to support them financially, love and emotional support still provide reasons to marry. However, with marriage rates continuing to decline, it's apparent that men and women still form bonds, live together and raise children, but sometimes without the formality of a legal marriage. The transition currently taking place in both married and non-married partnerships seems to be one of parity where both partners work full-time and take on the domestic tasks that are simply part of life, including childcare. As American women strengthen their independence and ability to thrive economically in society, the shift isn't always to abandon the institution of marriage. Instead, it may emphasize working toward a marriage that better suits both partners and is happier.

A line from the 1996 film *Jerry Maguire* had a culturally impactful effect on our perception of love. When Tom Cruise's teary-eyed character says to the wistful Renee Zellweger,

"I love you. You complete me," there was a collective melting of American's hearts. That line has infected our notion of true love for 24 years too long. Yes, it was a romantic cinematic moment, but should it dictate our expectations of real-life romance? We've evolved beyond that. "We are born wise; we are born complete." This quote was printed onto the little tag attached to a teabag and offers a more pragmatic approach to the self-acceptance required for a healthy partnership.

If we learn anything from history as it pertains to marriage, it's how few precedents are still applicable to today's marital landscape. We've moved from women having little or no choice in who they married to the 2015 Supreme Court ruling that made same-sex marriage legal in all 50 states. Death used to end many more marriages than divorce does today. A husband used to own his wife's property, earnings, and sexuality while a woman who bore a child out of wedlock became a social castoff, only able to survive as either a mistress or prostitute.

When Justice Anthony Kennedy authored his opinion on same-sex marriage, he wrote:

**"No union is more profound than marriage, for it embodies the highest ideals of love, fidelity, devotion, sacrifice, and family. In forming a marital union, two people become something greater than once they were. As some of the petitioners in these cases demonstrated, marriage embodies a love that may endure even past death. It would misunderstand these men and women to say they disrespect the idea of marriage. Their plea is that they do respect it, respect it so deeply that they seek to find its fulfillment for themselves. Their hope is not to be condemned to live in loneliness, excluded from one of civilization's oldest institutions. They ask for equal dignity in the eyes of the law. The Constitution grants them that right."**

While women continue to gain footing in America and across the globe, we can expect to see continued changes in how marriage is interpreted and practiced. As long as equality, respect, and yes, love, are at the forefront of those unions, the institution will remain one of reverence.

**Tune in each month as we continue our "Year of the Woman" article series, and in the meantime, check out the upcoming related events at**

**yearofthewoman.net**



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# 2020

# BEST OF

## EASTERN SHORE

FOOD &  
DINING

The Best of Eastern Shore Food & Dining winners are here, *as voted by our readership. This is an important designation. You chose the winners on the following pages; nobody paid to be included on this list.*

So, thank you to our loyal readership that took the time to vote for the tops in town when it comes to restaurants and fave dishes. Last fall we called upon you to write-in your recommendations in many categories. After carefully vetting ballots for any duplicates or multiples originating from one source (no ballot stuffing allowed), we arrived at the resulting winners.

**Editor's Note:** *As we go to press on this issue and list of winners, we acknowledge that the COVID-19 situation has affected business operations. The good news is that many restaurants and vendors on this list are still offering delivery, curbside, and takeout menus; and many of the best items on this list are available to purchase. Please support these local businesses as they—like us—navigate, adjust, and creatively survive the COVID-19 situation. Thank you!*

And coming in our June issue, we'll publish the Best of Beauty & Fitness results.

## AND THE WINNERS ARE...

LISTED ALPHABETICALLY BY *CATEGORY*



Knoxie's Table

*American  
Restaurant  
Waterfront  
Restaurant*

**Barbara's on the Bay**  
12 Ericsson Avenue,  
Berterton  
410-348-3079  
barbarasonthebay.com

*Appetizers  
Crab Cake*

**Fisherman's Inn**  
3116 Main Street,  
Grasonville  
410-827-8807  
fishermansinn.com

*Bakery*  
**Bay Country Bakery**  
2951 Ocean Gate-  
way, Cambridge  
410-228-9111  
baycountrybakery.com

*Barbeque  
Wings*  
**Lil' Bitta Bull BBQ**  
1504 Glasgow  
Street, Cambridge  
443-205-2219

*Beer Selection*  
**Carpenter Street  
Saloon**  
113 S. Talbot Street,  
St. Michaels  
410-745-5111  
carpenterstreetsa-  
loon.com

*Breakfast*  
**Two if By Sea**  
5776 Tilghman Is-  
land Road, Tilghman  
410-886-2447  
twoifbysearestau-  
rant.net

*Brewery*  
**RAR Brewing**  
504 Poplar Street,  
Cambridge  
443-225-5664  
rarbrewing.com

*Burger*  
**Wheelhouse  
Restaurant**  
20658 Wilkins Ave-  
nue, Rock Hall  
410-639-4235  
wheelhouserestau-  
rantmd.com

*Candy Shop*  
**Oh My Chocolate**  
417 Thompson Creek  
Road, Stevensville  
410-643-7111  
ohmychocolate.com

*Caterer*  
**Gourmet by the Bay**  
415 S. Talbot Street,  
St. Michaels  
410-745-6260  
gourmetbythebay.net

*Chain Pizza*  
**Ledo Pizza**  
Locations in Ste-  
vensville and Easton  
ledopizza.com

*Chef  
New Restaurant*  
**Paul Brinkley and/of  
The Pearl on Main**  
Closed with plans to  
relocate/reopen  
pearlonmain.com

*Chinese Restaurant*  
**China House**  
711 Washington  
Avenue, Ste. 31,  
Chestertown  
410-778-3939

*Cocktails*  
**Blue Ruin**  
400 Race Street,  
Cambridge  
410-995-7559  
blueruinbar.com

*Cream of Crab Soup*  
**The Narrows  
Restaurant**  
3023 Kent Narrows  
Way S., Grasonville  
410-827-8113  
thenarrowsrestau-  
rant.com

*Cupcakes*  
**JoJo's Cupcakes &  
Cream**  
218 N. Washington  
Street, Easton  
101 S Talbot St, St  
Michaels, MD 21663  
410-763-4930  
jojocupcakesand-  
cream.com

*Deli*  
**Bayside Foods**  
21309 Rock Hall  
Avenue, Rock Hall  
410-639-2552

*Distillery*

**Lyon Distilling Company**

605 S. Talbot Street,  
#6, St. Michaels  
443-333-9181  
lyondistilling.com

*Family-Friendly Restaurant*

**Kentmoor Resturant & Crab House**

910 Kentmorr Road,  
Stevensville  
410-643-2263  
kentmorr.com

*Farm-to-Table Menu*

**Knoxie's Table**

180 Pier One Road,  
Stevensville  
443-249-5775  
baybeachclub.com

*French Restaurant Small Plates*

**Bistro Poplar**

535 Poplar Street,  
Cambridge  
410-228-4884  
bistropoplar.com

*German Restaurant*

**Bay Wolf Restaurant**

21270 Rock Hall  
Avenue, Rock Hall  
410-639-2000  
baywolfrestaurant.com

*Gluten-Free*

**Gluten-Free Bakery Girl**

116 N. Talbot Street,  
St. Michaels  
410-693-1153  
glutenfreebakerygirl.com

*Greek Food*

**Sam's Pizza & Restaurant**

1110 S. Talbot Street,  
Unit 1, St. Michaels  
410-745-5955  
sampsizzastmi-  
chaels.com

*Happy Hour*

*Whiskey Selection*

**The Retriever Bar & The Decoy Bottle Shop**

337 1/2 High Street,  
#339, Chestertown

*Ice Cream*

**Storm and Daughters Ice Cream**

32 E. Dover Street,  
Easton  
443-746-0058

*Indian Restaurant*

**Bombay Tadka**

1721 Race Street,  
Cambridge  
443-515-0853  
bombaytadkamd.com

*Japanese Restaurant*

**In Japan**

101 Marlboro Avenue,  
Ste. 51, Easton  
410-443-0681

*Local Coffee Shop*

**Rise Up Coffee**

618 Dover Road,  
Easton  
410-822-1353  
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Cambridge, and  
more  
riseupcoffee.com

*Local Pizza*

*Wine Selection*

**Ava's Pizzeria & Wine Bar**

409 S. Talbot Street,  
St. Michaels  
410-745-3081  
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Cambridge  
avaspizzeria.com



Barbara's on the Bay



Two if By Sea



Eat Sprout



The Kitchen at The Imperial



*Maryland Crab Soup*  
**Fisherman's Crab Deck**  
 3032 Kent Narrows Way S., Grasonville  
 410-827-6666  
 crabdeck.com

*Mexican Restaurant*  
**El Jefe Mexican Kitchen/Tequila Bar**  
 1235 Shopping Center Road, Stevensville  
 410-604-1234  
 eljefemexican-kitchentequilabar.com

*Outdoor Dining*  
**Bridges on Kent Narrows**  
 321 Wells Cove Road, Grasonville  
 410-827-0282  
 bridgesrestaurant.net

*Place to Take Out of Towners*  
**Hemingway's**  
 357 Pier One Road, Stevensville  
 410-604-0999  
 hemingwaysbay-bridge.com

*Raw Bar/Oysters*  
**Awful Arthur's**  
 402 S. Talbot Street, St. Michaels  
 410-745-3474  
 awfularthursusa.com

*Romantic Restaurant*  
**Scossa Restaurant & Lounge**  
 8 N. Washington Street, Easton  
 410-822-2202  
 scossarestaurant.com

*Scratch Kitchen*  
**The Kitchen at the Imperial**  
 208 High Street, Chestertown  
 410-778-5000  
 imperialchester-town.com

*Spanish Food*  
**Casa Carmen Wine House**  
 312 Cannon Street, Chestertown  
 443-203-8023  
 casacarmenwines.com

*Sports Bar*  
**Big Bats Café**  
 216 Saint Claire Place, Stevensville  
 410-604-1120  
 bigbats.com

*Steakhouse (tie)*  
**Annie's Paramount Steak and Seafood House**  
 500 Kent Narrows Way N., Grasonville  
 410-827-7103  
 annies.biz

*Theo's Steaks, Sides & Spirits*  
**Theo's Steaks, Sides & Spirits**  
 409 S. Talbot Street, St. Michaels  
 410-745-2106  
 Also located in Cambridge  
 theossteakhouse.com

*Steamed Crabs*  
**Harris Crab House & Seafood Restaurant**  
 433 Kent Narrows Way N., Grasonville  
 410-827-9500  
 harriscrabhouse.com

*Sunday Brunch*  
**Bistro St. Michaels**  
 403 S. Talbot Street, St. Michaels  
 410-745-9111  
 bistrostmichaels.com

*Sushi*  
**Cafe Sado**  
 205 Tackle Circle, Chester  
 410-604-1688  
 Also located in Chestertown  
 cafesado.com

*Take-Out Food Vegetarian*  
**Eat Sprout**  
 335 N. Aurora Street, Easton  
 Also located in St. Michaels  
 eatsprout.com

*Thai Food*  
**ThaiTalian Infusion Cuisine**  
 300B Washington Street, Cambridge  
 443-225-6615  
 thaitalianinfusion-cuisine.com

*Wait Staff*  
**Rams Head Shore House**  
 800 Main Street, Stevensville  
 410-643-2466  
 ramsheadshore-house.com

*Wine Selection*  
**Sniffers Crafts Beer and Wine Bistro**  
 219 Marlboro Avenue, Easton  
 410-820-4700  
 sniffersbistro.com

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# DYNAMIC



# DEVOTED

They're known as "Power Couples," and what—in their opinions—makes them successful in marriage, careers, and social life may surprise you

**By Lisa Hillman**

You can sense it. You're at a party or a meeting or any large gathering, and that couple walks into the room. All heads turn. There's something about how they hold themselves, shake hands, and smile. And if you didn't know them, you'd ask "Who are they?" **POWER COUPLES.**

Whether on the world stage or in our own communities, they draw our attention. Targets of our fascination, these couples draw both our curiosity and maybe our envy. Who are they? How did they get to be where they are? In what ways are their lives different from ours? Or are they?

What's Up? Media set out to interview four local couples who can claim the moniker "power couple," even though each rebuffs the title. In a region where government dominates, three of the four couples are politically connected. A fourth reflects a highly successful business acumen. All four couples offer something to make our own lives better.

**A BIT OF BACKGROUND.** To some people, the term "power couple" may feel new. We think of celebrities like Kim and Kanye West, Amal and George Clooney, or Beyoncé and Jay Z. Or political leaders, like Bill and Hillary Clinton, or one of the most famous power couples of our time, Barack and Michelle Obama.

But the term actually was cited

nearly 40 years ago when Bob Dole, then U.S. Senator, and his wife Elizabeth, then Secretary of Education, were dubbed a "power couple" by such publications as the *New York Times*, *U.S. News*, and *Cosmopolitan*. Other publications proclaimed the 1990s and the years that followed as the "age of the power couple."

Today, the phrase generally applies to two people who are married or in a relationship with one another, where both have very successful careers, typically in politics or entertainment.

According to a recent article in *Harvard Business Review*, researcher Jennifer Petriglieri notes that dual-earner couples are on the rise. Her findings indicate that "evidence is mounting from social research that when both parties dedicate themselves to work and to home life, they reap benefits such as increased economic freedom, a more satisfying relationship, and lower-than-average chance of divorce."

In a related article *Harvard Business Review's* Executive Editor Ania G. Wieckowski cautions that "Choosing a spouse may be one of the most important career decisions you'll ever make because that person will be either a support or a hindrance to your professional ambitions. So, choose wisely."

# LAWRENCE J. HOGAN, JR. & YUMI HOGAN

It's hard to imagine anyone in this region more powerful than the residents of Government House. By virtue of Larry Hogan's political prominence, Maryland's Governor and First Lady qualify as a "power couple." In 2014, Governor Hogan became the first Maryland governor in more than 100 years elected as an Anne Arundel County resident, and in 2016, the first Republican to win a second term in Maryland since 1954.

But what makes this pair even more attractive is Yumi Hogan's own renown as an artist and teacher. Born on December 25th in South Korea, the youngest of eight children, Mrs. Hogan met her husband in an art gallery in Columbia, Maryland, when he was "in real estate and just passing by." They married May 1, 2004 at the William Paca House in Annapolis, "the year of the cicadas. It was very noisy!"

The first Asian-American first lady of Maryland, she also is the first American artist to live in the mansion, complete with the home's first art studio. Mrs. Hogan teaches at the Maryland Institute of Art and has held exhibitions of her work—applying Sumi ink and mixed media on traditional Hanji paper—in the United States, Canada, China, Korea, and, most recently, in Greece.





# ROBERT NEALL & MARTA HARTING

Another local power couple also has strong government ties. Having served as Anne Arundel County Executive from 1990–94 and State Senator from 1996–2003, Robert Neall now serves as Secretary of the Maryland Department of Health, overseeing 7,000 employees and a \$14 billion budget. For 26 years, he was Senior Vice President of Development and External Affairs for Johns Hopkins Health System.

Marta Harting is a partner with Venable LLP, a law firm headquartered in Washington, D.C., with 850 professionals nationwide. She is a state regulatory and government affairs attorney who represents clients before the Maryland General Assembly, Executive Branch, and State regulatory agencies. Her clients include large Maryland health systems and other health care providers, insurers, public utilities, IT companies, manufacturers, hospitality, gaming, and entertainment companies. Married in June, 2006, the couple first met earlier when she was bond counsel for Anne Arundel County and Neall was County Executive. During his Senate term almost a decade later, the two met again “over a bowl of oyster stew,” which he made.

# VICKI GRUBER & TOM LEWIS

Vicki Gruber is the Executive Director of the Department of Legislative Services, a state agency with 400 employees that provides comprehensive support for the Maryland General Assembly, including policy and fiscal analysis, bill drafting, and committee staffing. An attorney, Gruber formerly served as Chief of Staff for Senate President Mike Miller from 2006–2017.

Tom Lewis, Vice President for Government and Community Affairs for Johns Hopkins Health System and University, oversees a staff of 25, including lawyers, researchers, and community workers. Also an attorney, he served as Chief of Staff for two House Speakers, Casper Taylor and Michael Busch. Married in September, 1999, the couple met at a Maryland Chamber of Commerce Conference in Ocean City, “while working, of course!”





# TINA & JOHN GALDIERI

This Eastern Shore couple epitomizes entrepreneurship. A 1996 graduate of the U.S. Naval Academy, John is President of Trident Aircraft, a company he founded in 2006 to make flight instruction and aircraft rental affordable to midshipmen. Based at Easton Airport, Trident's staff of 47 employees, including 30 pilots, has trained more than 3,500 midshipmen to fly in Maryland and in Trident offices in Milton, Florida, and Ozark, Alabama.

Tina is the National Football League Baltimore Ravens Cheerleading Director, a position she's held since 1998. She hires, fires, and trains the 70-plus cheerleaders, both male and female, who perform at home games and numerous appearances yearlong. She also is General Manager of Epic, one of the largest cheerleading and dance-event planning companies in the United States that hosts some 65 events per year. The couple met when John's younger brother at the Academy couldn't keep a date with a Ravens cheerleader, so John attended and met Tina at the annual cheerleading event. The couple married May, 2006, "in a clubhouse on the water with sundresses and Tommy Bahama shirts."



**A CERTAIN PRIDE**

Spend time with any of these couples, and what emerge first is how each partner has worked hard to be where he or she is, and secondly, how each is proud of his or her spouse.

John Galdieri watches almost in awe as his wife recounts the story of her early years. It's a story he's heard many times, but his face glows as she talks.

As a student pursuing a criminal justice degree at the University of Maryland, Tina realized that she could convert her interest in choreography for cheerleading into a business. At age 20, with grit and hard work, she started building a company that rapidly expanded into hosting camps, clinics, and competitions, and later evolved into Epic. Recently, Epic was bought by Varsity, the largest cheerleading company in the U.S. Tina also loves her work with the Ravens, incorporating dance routines into the athleticism of the performances. On the field for every game, she admits, "It's such unique work," and is proud that it is the first co-ed squad in the National Football League.

John, a pilot since age 16, set sights on flying for the Navy. But a heart murmur detected in his senior year at the Academy landed him on a ship instead. Undeterred, he "built aviation as a career off-duty." After his Navy commitment, he flew charter jets for large, private companies and then started his own company in 2006. By 2010, he'd also landed a contract with the Navy to teach an introductory flight screening program to midshipmen, and his company "took off."

Hard work. Love for what they do. Pride in each other's achievements. Themes that characterize all the couples.

Neall speaks almost reverentially about his wife. He praises her as a "great lawyer with excellent clients." He understands when she takes a "Sunday to work all day because she has a filing due," as she does often. She, in turn, expresses great pride in him, "how he grasps a situation and bears down until it is solved." The two are matched well. Neall, known for a certain "south county" charm and turn-of-phrase is perfectly offset by Harting's more quiet, self-reflective, and studious style. As Neall himself describes their marriage, it's "sort of a merge." And it works well.

For Gruber and Lewis, it is an extraordinary, life-changing event that reflects admiration for one another's stamina and problem-solving. Celebrating their second wedding anniversary in 2001, they were flying to Dulles airport on September 11th when their plane was diverted to St. John's, Newfoundland. Theirs was the second plane to land on the small, sparsely populated Canadian island. They sat on the tarmac for 12 hours, unaware of the tragedy unfolding in the United States until they witnessed it on a jumbo screen in the hockey arena. With all U.S. flights shut down, finding a way home tested the couple's resolve. After five nights sleeping on gym mats, they made their way home by bus and ferry.

As an artist Maryland's First Lady relishes the time she can spend in her studio. She paints often on weekends and admits



**HE PRAISES HER AS A "GREAT LAWYER WITH EXCELLENT CLIENTS."**

she can "get lost in it," sometimes forgetting to stop for meals. It is the Governor who reminds her she has to eat. She, in turn, makes sure he returns to a "warm" home at the end of his typically very long days.



**WHEN CONFLICTS ARISE**

Conflicts are bound to arise with a dual-career, high-powered marriage. Common among all four couples is the goal to avoid them, both at home and in the workplace.

Given Governor Hogan's relentless schedule, the First Lady acknowledges "he's not my husband. He's the whole of Maryland's husband." She's quick to add it is "never any problem. We understand each other. We support each other." She notes he will change his schedule to attend her exhibitions and even help load and unload her artwork.

For Neall and Harting, "conflict" takes a legal meaning, often requiring formal disclosure because of their careers. As a lawyer and a lobbyist, Harting deals with health department staff, but Neall says "I don't even know it. It would never come across my desk." They don't support one another in the traditional sense because "we really don't discuss the other's work." If Harting asks her husband how his day was, he typically quips "Fine. I escaped with my life." It's not uncommon for the two of them to attend the same evening function and to arrive and leave separately. "We try to avoid mixing work and socializing," Neall says, to avoid any conflicts.

It is a similar concern for Gruber and Lewis. Considering that Tom frequents the halls of the General Assembly, Vicki says if there's

even a perceived conflict, "I step away and another member of our staff is assigned to avoid any knowledge or involvement."



**"WE WILL CONTINUE TO LIVE A SECURE, STRUCTURED, FUN, FAMILY CENTERED LIFE."**

Tina and John readily admit managing their hard-charging careers, albeit quite different from one another, has not been "all smooth." Shortly after their daughter Gracie was born 12 years ago, they sought a life coach, a woman they knew from church. Says Tina, "She helped define our roles and acknowledged that we are two highly-successful, controlling people." And it helped. The Galdieris even apply their business sense to their family. Perched on their home computer and refrigerator is the Galdieri Family Mission Statement: "We will continue to live a Secure, Structured, Fun, Family Centered Life."



**TAKING OUT THE TRASH**

In any household, someone has to do it. But what if both husband and wife are working 12-14-hour days, or in the case of the Galdieris, travelling for John's flight school or Tina's event-planning company?

For power couples, resources are rarely a problem. Nevertheless, as with many couples, there's a division of labor regarding routine household chores.

Neall normally gets home first. In his characteristic self-deprecating style, he quips: “Marta has a much stronger work ethic than I do.” He does the trash, cooks, and feeds their three cats. She cleans the litter, does the laundry, and helps with the dishes.

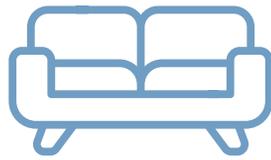


**TOM DOES THE LAUNDRY. SHE LOVES TO GROCERY SHOP AND COOK. HE DOES THE DISHES. THEY BALANCE NIGHTLY WHO WILL BE WHERE AND WITH WHICH CHILD.**

For Gruber and Lewis, it’s more complicated since they still have teenagers at home. Tom does the laundry. She loves to grocery shop and cook. He does the dishes. They balance nightly who will be where and with which child. Adolescent sons Ben and Will both attend Key School where Will plays soccer and basketball and Ben recently acted in the school drama. Tom takes them to school in the morning before heading to Baltimore and she typically picks-up. Any “spare” time is spent with their children. Volunteer activities also reflect the boys’ interests. But Gruber readily admits she couldn’t manage without her parents who moved to Annapolis when Ben was one year old: “They’re invaluable to us in making it all work.”

Balancing household chores is sometimes a challenge for the Galdieris. Says Tina, “John likes the big toys, like taking care of the cars. I do the laundry, shopping, cooking.” They also still have a nanny for Gracie, now almost 13, whom Tina says, “has learned to be very independent,”

and—no surprise—“is very driven.” Mornings, John makes his daughter breakfast and drives her to school.



### DOWN TIME

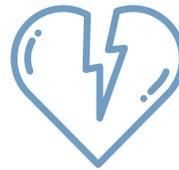
With hard-charging couples, there’s not much time outside of work. But even Maryland’s first couple makes time for each other and their family.

The Hogans recently vacationed in Disney World with the whole family, including three daughters and four grandchildren, ages 1 ½ to 6. Yumi says her husband “loves the rides.” In a rare glimpse of their private lives, she admits that the couple finds “quiet time before sleep” when they might “watch a drama together.” She also has taken up Korean cooking, something she wants to pass along to the next generation via YouTube.

For couples with children, there’s little “down” time. Vacations become sacred, often spent in remote places to disengage and focus totally on the family. Vicki and Tom reserve the first two weeks of August annually. They have taken Mediterranean cruises, traveling to Italy and Greece with their sons. Time alone for each other? “Not as much as we should,” they confess.

John and Tina also have vacationed with their daughter in Europe. They take frequent overnight trips on their boat, or spend days in their home in Naples, Florida. The couple is very clear that they schedule time just for themselves—one large, annual trip, like a trip to Alaska or Jamaica—but even more important, weekly “date nights.” Says Tina, “We made a New Year’s resolution five years ago to do this. Weekdays we’ll go to dinner while Gracie is at gymnastics. Usually it’s just a speed date, two appetizers and a glass of wine.”

Bucking the vacation trend, Neall claims he cannot do “more than three days or you’d have to retrain me.” The couple spends weekends at either Harting’s house on Brooms Island in Calvert County or their cabin in Berkley Springs, West Virginia. On rare weeknights when they can relax at home, Neall paints this picture: “We’re each in our own leather recliners in the den. She’s with her lap top and I’m watching *Perry Mason* or some old TV show, like *Ma and Pa Kettle*, with a book in my lap, and there’s a stray cat or two nearby.”



### THE HARD TIMES

Power couples are far from immune to family crises or struggle. Sometimes, these even go public.

When Governor Hogan was diagnosed with Stage 3 non-Hodgkin’s lymphoma in 2015, the First Lady followed his lead in being very open about his disease and long-term treatment. During her frequent visits to the hospital, she met and talked with many cancer patients and their families. Inspired by the courage of children fighting cancer, she established “Yumi Cares,” an organization to help children battling cancer and other diseases.

The Galdieris’ world was shaken when Gracie was diagnosed with a rare condition that requires medication and careful monitoring by pediatric specialists. Tina says they have attended more than 30 doctor visits in the last year. Despite the couple’s demanding schedule, both she and John attend every appointment, together.



### TIPS FOR OTHERS

Asked what advice they would offer others, the power couples share combined wisdom:

- Discuss your goals. You need to talk about your goals to attain them.
- Make time for each other. Don’t just “find” time.
- Be flexible, especially when each partner has a career he or she loves.
- Find similar passions.
- Be part of making good things happen for people.
- Have your own space, but stay connected.

Perhaps the First Lady in her more traditional style describes it best: “Understand that sometimes husband is tired. When he comes home, it’s not a time for criticism. Stay in touch throughout the day. Near the end of the day, he often texts me just to tell me, Honey I’m coming home.”



**“UNDERSTAND THAT SOMETIMES HUSBAND IS TIRED. WHEN HE COMES HOME, IT’S NOT A TIME FOR CRITICISM. STAY IN TOUCH THROUGHOUT THE DAY. NEAR THE END OF THE DAY, HE OFTEN TEXTS ME JUST TO TELL ME, HONEY I’M COMING HOME.”**

### A FINAL WORD

When asked “Do you think of yourself as a Power Couple?” no one said “yes.” Despite her considerable span of influence, Gruber says she still thinks of herself as a “staffer.” Tina says she and John simply “both love the business side” of what they do.

But it’s Neall—as a former elected official and now in an appointed post—who responds the strongest. “Power couple? No. Never thought of it as power. It’s the ability to serve citizens. If I don’t do my job well, people suffer. It’s not about power. It’s about service.”



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For more than 35 years we have focused exclusively on the law of fiduciaries and the law of estates and trusts. By concentrating our practice, the firm has developed deep experience and knowledge. Within this practice niche, we handle it all:

- **Planning.** We prepare wills, various types of trusts, powers of attorney, health care directives, and other estate planning documents. The documents can be simple, complex or focus on tax planning depending on the needs of the client. We explore the unique circumstances of every client and their planning goals and then tailor the documents to address those needs.
- **Estate and Trust Administration.** We help clients with the process of winding up a decedent's financial affairs by implementing the individuals' estate plan or in accordance with state law if the person has no valid planning documents. We prepare all estate and income tax returns in-house so we can offer seamless administration services from beginning to end.
- **Estate and Trust Litigation.** We are not a general litigation firm. We focus on will, trust, and other fiduciary litigation. We regularly appear before Maryland's Orphans' Courts and Circuit Courts. We also routinely handle appeals in Maryland's appellate courts.

**“We consistently were surprised and delighted by the way your law office was thinking on our behalf and was coming up with solutions for problems we didn’t even think about.”**

By handling every aspect of our practice area, we create a synergy that strengthens the handling of each matter. Our approach to planning, for example, is strengthened by our estate and trust administration practice. Our handling of both planning and administration is informed by the lessons learned from our fiduciary litigation practice. Our fiduciary litigation practice, in turn, benefits from our understanding of the substantive issues that arise in our planning and administration practices.

Clients are clients of the whole firm – not just of one lawyer in the firm. This starts from the initial meeting and continues to the end. This collaborative approach, coupled with our involvement in all aspects of estates and trusts law, lets us deliver the highest quality of client services. Our approach leverages the knowledge of seasoned lawyers and staff.

The firm consists of three partners: Fred Franke, David Sessions, and Jack Beckett; and two associates, Deb Howe and Sam Draper. Fred is a Fellow of the American College of Trust and Estate Counsel, past chair of the Estate and Trust Section Council of the Maryland State Bar Association, and he has taught at the University of Baltimore School of Law. All three partners have written articles for law reviews or other legal publications and all three present continuing education courses on estates/trusts topics. These activities give back to our profession and deepen and extend our understanding of the law of estates and trusts.

To Read “Maryland Estate Planning During the Coronavirus Epidemic” please visit our website at [www.fsbestatelaw.com](http://www.fsbestatelaw.com)

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# Gormley Jarashow Bowman, LLC

**G**ormley Jarashow Bowman LLC attorneys have been recognized by *What's Up? Annapolis* as Leading Lawyers in eleven different practice areas, including Litigation, Business Law, Employment Law, Arbitration, Appellate Law, Construction Law, Intellectual Property, Medical Malpractice, Education Law, and General Practice. The firm represents businesses and individuals in litigation, transactional and counseling matters.

**F. Joseph Gormley** represents local, national, and international businesses and executives in competition matters, as well as transactional, litigation, and general business law matters. Mr. Gormley is Co-Chair of the Compliance and Ethics Committee of the American Bar Association Section of Antitrust Law and is a former Chair of the Business Torts and Civil RICO Committee. He is a 2020 Leading Lawyer in Business Law and Intellectual Property Law.

**Hon. Ronald H. Jarashow**, a former judge on the Anne Arundel County Circuit Court represents clients in business, real estate, employment, and personal injury litigation. He has been recognized as a top business lawyer and a leading lawyer in medical malpractice and is an experienced mediator and arbitrator.

**Jeffrey P. Bowman** is a trial lawyer who concentrates his practice in the areas of business litigation, estate and trust litigation, construction and real estate claims, and general civil litigation. Mr. Bowman also represents businesses and individuals in business transactions. Mr. Bowman has been recognized by *Super Lawyers* as a "Top 100" lawyer in the state for the past four years. Mr. Bowman is a 2020 Leading Lawyer in five separate categories: Litigation, Business Law, Employment Law, Construction Law, and Education Law.

**Paul Farmer** is an associate at the firm. He handles business, employment and competition litigation and transactional matters. Prior to joining the firm, Mr. Farmer served as a judicial law clerk for the Honorable Kendra Y. Ausby at the Circuit Court for Baltimore City. Mr. Farmer is recognized as "Rising Star" by *Super Lawyers*.

**Frank Lozupone** is an associate at the firm. He handles business and real estate litigation along with assisting in the firm's personal injury practice. Prior to joining the firm, Mr. Lozupone served as a judicial law clerk for the Honorable Thomas G. Ross at the Circuit Court for Queen Anne's County. Mr. Lozupone is recognized as a "Rising Star" by *Super Lawyers*.

**Brooke Bowman** serves as "of counsel" to the firm. She assists clients with their estate planning needs by drafting wills, trusts, advance directives and power of attorneys. Mrs. Bowman also advises business and provides legal assistance in creating business organizations, including tax-exempt organizations, and business entities. Mrs. Bowman is recognized as a "Rising Star" by *Super Lawyers*.



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# John Leo Walter, *Esquire*

## Mr. Walter—how does it feel to be voted an outstanding litigator on the Eastern Shore?

It is very humbling—I have a deep respect for all of the attorneys that practice here on the Shore; I am very fortunate and privileged to work with so many fine talented lawyers—to be recognized as “outstanding” by my peers is a profound honor.

## Can you explain to the readers what a litigation attorney is?

Yes. A litigation attorney is a lawyer that focuses primarily on courtroom trial work. A litigation attorney defends and represents Plaintiffs and Defendants in the Maryland Court system. Under the category of litigation, there are sort-of subcategories, so to speak, lawyers that focus on certain areas of the law. For instance, some lawyers do family law; some do real estate. My firm focuses mostly on criminal and traffic defense—as well as personal injury cases (serious auto accidents, medical malpractice, premises liability, etc.) and breach of contracts.

## What makes a good trial lawyer?

Preparation and client communication. With regard to preparation, I always think back to the advice a very senior Circuit Court Judge—whose name shall remain anonymous—gave me during one of my first jury trials almost 20 years ago. He said, “counselor: always remember, when you prepare for trial you should always come to court with a belt & suspenders.” I’ll never forget it; in essence, the Judge was saying always be over-prepared—but now that I think about it, maybe he was telling me that I don’t want to get caught with my pants down?

As for client communication, a happy client makes for a better trial. If your client is well informed and understands what’s going on—meaning the lawyer tells the client all of the possible ups and downs and ins and outs of the case—the client will undoubtedly be more comfortable in Court and the trial usually goes pretty smoothly. I am of the opinion that if you keep your client informed of all the potential outcomes (good and bad) the client will be happy...and so will the lawyer.



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# George R. Roles

Experienced Eastern Shore Attorney

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**F**inancial pressures are certainly mounting nowadays, and if you're like most people, they have been for some time. Making the decision to file a bankruptcy case can be devastating. You may be the kind of person who doesn't want to give up, wondering how you ever got into the situation you're in. Here at my law firm, we care, we empathize with you, and we will treat you with the utmost compassion and understanding. **We know the lay of the land** in debt relief, bankruptcy, and debt settlement. Receptive and responsive, you will never feel alone during the proceedings. You will always receive personal service and quality advice. We are very proud to have helped thousands of people along the way.

Insolvency means that your debts cannot be paid when they are due or that your liabilities are greater than your assets. **It does not mean that you are poor, broke, or stupid. Bankruptcy is not a crime, fraud, or a way to scam your creditors.**

We help individuals and families get a fresh start. Our business practice will help put your company back on the right track whether it's small scale or very large. We are experienced, respected, and focus a very large part of our practice on bankruptcy, restructuring, and debt relief. We have the savvy to get you, your family, or your business **out of the weeds of financial distress**. Bankruptcy is often the quickest and most certain way to clear the bluster in your

financial life. Folks are often surprised at how fast relief comes, and how speedy the credit recovery is.

If you need help, or even if you are unsure that you do, give us a call. George Roles knows that every case is different, no two families are the same, and each company is unique. George will meet with you in person for a complete case evaluation at no charge. Call us, we understand.



**George R. Roles Attorney and  
Counselor at Law**

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We are a debt relief agency. We help people file for bankruptcy relief under the Bankruptcy Code. All of the benefits and services we offer related to Bankruptcy are with respect to Bankruptcy relief under 11 U.S.C. § 101, et. seq.



# Iliff, Meredith, Wildberger & Brennan, P.C.

Since its founding in April 1995, the attorneys at Iliff, Meredith, Wildberger & Brennan, P.C. have worked tirelessly to represent victims injured as a result of medical negligence, i.e., medical malpractice. While the firm's primary focus is on medical malpractice injuries, the firm's practice also emphasizes representation of clients injured in automobile accidents and truck accidents.

The firm understands that victims are often unable to afford an attorney's hourly rate. The firm often represents clients on a contingency fee basis. This means that the firm is paid a percentage of a client's recovery as the firm's fee, but that a client does not owe the firm a fee unless a client obtains a monetary recovery. This contingency fee model allows Iliff, Meredith, Wildberger & Brennan, P.C. to represent injured clients who otherwise could not afford to pursue their claims.

Iliff, Meredith, Wildberger & Brennan, P.C. offers clients a potent combination of small firm efficiency coupled with ability and experience in litigating large and complex cases. All of the firm's clients receive personal attention from their attorneys at Iliff, Meredith, Wildberger & Brennan, P.C.

Iliff, Meredith, Wildberger & Brennan, P.C.'s relationships with clients are characterized by confidence and trust. Irrespective of the type, value, or complexity of a given case, the attorneys care about what happens to the firm's clients. The firm's attorneys do their utmost in every case to ensure that justice is done for their clients and to assist clients in achieving the best possible result.

Iliff, Meredith, Wildberger & Brennan, P.C. also believes in giving back to the community. In addition to financially supporting community initiatives, the

firm's attorneys regularly donate their time through a variety of charitable and professional organizations. This commitment has resulted in many honors and awards to Iliff, Meredith, Wildberger & Brennan, P.C. and its attorneys, as well as many leadership positions being held by the firm's attorneys in both community and professional organizations.

Iliff, Meredith, Wildberger & Brennan, P.C. provides potential clients with free legal consultations. Please contact the firm by telephone (410) 685-1166 or online to discuss how its attorneys may be able to provide assistance. Please visit Iliff, Meredith, Wildberger & Brennan, P.C.'s website, [www.ilimer.com](http://www.ilimer.com), to review a more complete description of the firm's practice areas and to view individual attorney profiles.

## Iliff, Meredith, Wildberger & Brennan, P.C.

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# Jacobs & Barney, LLC

**J**acobs & Barney, LLC, is a small family law firm located in the heart of Easton, that practices throughout the Eastern Shore. The father and daughter team of lawyers is highly experienced in providing quality legal services involving disputes, civil trials, appeals, arbitration, and mediation.

The focus of the practice is the pursuit of civil claims and lawsuits in a wide variety of areas. Those include personal injury claims, disputes involving property boundaries, ownership and zoning, estates and trusts, construction, business and commercial interests, employment disputes, trade secrets, injunctions, declaratory judgments and many other matters. While small in size, the firm handles effectively, with a high degree of success, many complex matters.

Both Melanie and Mike are proud of their high success rate and the quality of their legal services. They get to know their clients in order to represent them effectively. They value the resulting friendships.

“We help our clients negotiate the legal system effectively,” Mike comments. “We’ve established some wonderful relationships with many fine people and businesses through the years. We have been privileged to be able to help many in their time of need to reach a successful resolution of disputes that are often very upsetting.”

Melanie explains that preparation and dedication to the representation of their clients’ interests — including keeping the clients informed about their cases — are cornerstones of their practice. “We evaluate and prepare a case carefully. We try to help clients avoid a lawsuit if possible. But when all else fails, we are ready and able to try, arbitrate, or mediate a case. We do that well in order to achieve the best result for our clients. We ensure that our clients are fully informed throughout the process so that they can make the necessary decisions.”

The law firm was formed in 1994 when Mike left his long-standing partnership with Miles & Stockbridge in Easton, to establish his own firm. A short time later, Melanie joined Mike in the practice. Prior to joining Miles & Stockbridge in 1983, Mike had served on active duty for many years as an officer, lawyer and judge with the rank of commander in the United States Coast Guard.

Mike and Melanie’s dedication to their clients is well-known in the community. Through the years, the two have worked to serve their clients, the community and the legal profession through their work with various civic and professional associations. For example, in 2003, Mike received the Thurgood Marshall Legacy Award from the Talbot County branch of the NAACP. He received the club service award from the Easton Rotary Club for 2007–2008; and, in 2004, the David Hjortsberg Award from the Solo & Small Firm Section of the Maryland State Bar Association.

Mike and Melanie recognize and respect the fact that clients who turn to them for assistance have serious personal and business concerns at stake. They dedicate their efforts to helping their clients find their way to the best possible resolution of their problems.

**Michael J. Jacobs & Melanie Jacobs Barney**  
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# Fisher Law Office

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The years 2018 and 2019 created a crossroad for the Fisher Law Office. Randy Fisher, the principal of the Fisher Law Office, received the proverbial “offer he couldn’t refuse.”

The Fisher Law Office, LLC, has joined forces with Frost & Associates, giving Fisher Law Office clients more depth and experience in litigation and business matters and bringing Asset Protection, trust and estates planning and probate administration experience and depth to the Frost & Associates lineup.

“We couldn’t be happier that Randy agreed to join us as Of Counsel because he will bring tremendous experience to our team and to our clients,” Glen Frost, Managing Partner of Frost & Associates, said. “We look forward to making his skills available to our client base.”

Frost & Associates will offer Fisher Law Office clients experienced representation in the following areas currently not available through the Fisher Law Office alone:

- IRS Audits & Appeals
- IRS Collections Cases
- IRS Tax Litigation
- Criminal Tax Matters
- Business & Employment Tax Cases
- International Tax Issues
- State Tax Issues
- International Estate Planning
- Bankruptcy

The Fisher Law Office, while merging into Frost & Associates, will continue to represent its existing clients and evaluate new client needs before determining whether to work with them as a Fisher Law Office client or as Of Counsel to Frost & Associates.

“Glen Frost, Eli Noff and Matt Kraeuter (the partners at Frost & Associates) have offered me a tremendous opportunity for the next decade,” Fisher said. “I look forward to both working in their new opportunities and insuring that my clients have the level of representation they deserve now and well into the future.”

Randy Fisher is a member of WealthCouncil, a national network of more than 1,800 estate and financial planning practitioners who collaborate on best practices and changes in the law. Mr. Fisher began practicing law in Washington, D.C., in 1988, and opened his Annapolis practice in 2004. In 2020, Mr. Fisher was again honored with an AV rating, the highest possible rating for legal ability and ethical standards for twenty-three consecutive years by Martindale-Hubbell, the legal profession’s leading peer review organization. He also has been given the “Client Distinction Award,” among other awards and honors. Mr. Fisher belongs to a number of community, professional, and legal organizations, including the Anne Arundel Estate Planning Council.

#### Education

- Texas Tech University School of Law, Lubbock, Texas
  - J.D. - 1998
- University of Texas, Austin, Texas
  - Bachelor of Journalism - 1975
  - Major: Journalism

#### Bar Admissions

- Texas, 1988
- Maryland, 1990
- District of Columbia, 1989
- Wyoming, 2016

#### Professional Associations and Memberships

- American Bar Association , Member, 1988 - Present
- Anne Arundel Bar Association , Member, 2005 - Present



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# Stevens Palmer, LLC

**S**tevens Palmer, LLC provides superior representation in a variety of legal areas. All of the attorneys at Stevens Palmer, LLC have been recognized as Leading Lawyers in *What's Up? Eastern Shore* by their peers. The attorneys at Stevens Palmer, LLC bring decades of legal experience and provide decisive, results-orientated representation.

## Attorney Joseph A. Stevens, Partner

Mr. Stevens has over 30 years of land use and real estate experience with a proven ability to successfully represent private, public and institutional not for profit clients in all aspects of land development. Mr. Stevens' clients range from local small businesses to national publicly traded corporations. Mr. Stevens is a licensed title insurance agent representing clients in many of Maryland's Eastern Shore's largest transactions.

## Attorney Patrick J. Palmer, Partner

Mr. Palmer brings decades of experience to the firm in the areas of family law, business law, civil litigation, criminal litigation, and mediation. Mr. Palmer brings a wealth of experience to domestic issues as he previously served as Juvenile and Domestic Relations Master for Maryland's Second Judicial Circuit. Mr. Palmer's unique background in complex divorce, custody and support matters make him distinctively qualified to best serve his clients' needs as an attorney and as a mediator.

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- Mediation
- Real Estate Law
- Real Estate Settlement Services
- Traffic matter/ DUI/DWI
- Wills, Trusts, & Estates



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# Henley & Henley

**R**obin Henley is a trial lawyer recognized by *What's Up? Magazine* as a 2020 Leading Lawyer in Criminal Law and Family Law. He represents clients charged in various types of criminal matters, serious felonies, misdemeanors, and serious traffic offenses. His civil practice includes personal injury, workers' compensation and family law matters.

In addition to his practice, Mr. Henley is an active member in several organizations committed to improving the practice of law. Mr. Henley serves as the 2019-2020 President of the Maryland Criminal Defense Attorneys' Association. Mr. Henley is also a past president of the James C. Cawood, Jr., American Inn of Court, an organization designed to promote professionalism in the practice of law.

Mr. Henley is a member of the Maryland State Bar Association, Anne Arundel County Bar Association and a past president and current member of the Queen Anne's County Bar Association. He is also a Fellow with the Maryland Bar Foundation.

Mr. Henley graduated from the University of Maryland, College Park and subsequently obtained his Juris Doctor from the University of Baltimore School of Law.

Mr. Henley provides his clients with personal attention and focused representation. As a result, Mr. Henley has been recognized by his peers in *What's Up? Magazine's* "Leading Lawyers" and *Super Lawyers' "Rising Stars."* He also maintains his membership with The National Trial Lawyers.

With offices conveniently located in Annapolis and Centreville, Mr. Henley represents clients on the Western Shore and Eastern Shore of Maryland.

## Robin K. Henley - Attorney at Law

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# Law Office of Marla Zide, LLC

At the Law Office of Marla Zide, LLC, we assist individuals and families across Maryland in confronting and resolving family law, adoption, bankruptcy and criminal legal matters. We understand the unique obstacles you face and aim to uncover a workable solution for you and your family.

Marla Zide brings more than 19 years of legal experience to a practice that expands across all family law matters. Prior to founding the firm in 2011, Zide's litigation career started at the YWCA of Annapolis and Anne Arundel County. Zide has been recognized to *Super Lawyers* Top 100 since 2015 and the *Super Lawyers* Top 50 Women list since 2014. She not only represents parents, grandparents, and other third parties in matters involving separation, divorce, custody, visitation, child support, alimony, and adoption, but also has been appointed as children's best attorney by the court.

Zide leads a team of seasoned negotiators and litigators that aggressively both pursue and protect the best interests of our clients. Robert Siegel, a partner, brings decades of experience in bankruptcy and criminal law. Zide and Siegel are joined by their associates, Lisa Windsor, Joshua Tabor and Megan Magee. Lisa Windsor concentrates exclusively in family law in Anne Arundel County and the Eastern Shore counties. Joshua Tabor, an Anne Arundel County native, handles all matters related to family law and has recently expanded his practice to include criminal law. In July 2019, Megan Magee joined the team as an associate attorney. After nearly three years of practice, Magee has decided to focus on her true passion—family law.

With nearly 50 years of combined experience, the Law Office of Marla Zide, LLC zealously provides the knowledgeable legal guidance necessary to achieve the best possible resolution to your legal matter.



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# Andie Ross, Esq.

Bankruptcy attorney Andie Ross has dedicated her practice to providing dignified and tailored solutions to individuals and businesses throughout the region. As a full-time resident of the Shore, she wants to see her community thrive and wholeheartedly believes that everyone deserves a second chance. “We are living through extraordinary times, which none of us could have predicted and most people are simply overwhelmed. Now is the time to take control of your financial situation – you’ve got options!,” she says. The people who come to her to get out of debt and start a new life are more than just clients – they’re her neighbors and friends, who deserve her personal attention every step of the way. Ms. Ross welcomes all inquiries and provides a free and confidential consultation to review all Debt Consolidation, Debt Settlement, and Bankruptcy options. The Law Office of Andrea Ross remains open for business during the current Coronavirus (Covid-19) crisis and will continue to file new cases. It is important to stay calm and understand there are solutions available to help people facing financial difficulty.

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# Parker Counts

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**Jesse B. Hammock, Partner:** Civil litigation, land use and environmental litigation, employment law, real estate and estate and guardianship litigation.

**C. Lee Gordon:** Estate planning, estate and trust administration, tax, elder law, real estate, and business transactions.

**Peter R. Cotter, Associate:** General civil litigation, family law, divorce and custody, landlord-tenant, traffic, real estate, and zoning.

**Lynn Dymond Hutchinson, Associate Counsel (Cambridge based):** Estate planning, estate and trust administration, real estate, tax and elder law.

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# Catherine E. Stavely, Esquire



Catherine Stavely, a Leading Lawyer in the field of Elder Law for over 10 years, was recently joined by Elena Sallitto to create the firm of Stavely & Sallitto Elder Law, LLC. Catherine and Elena are two of the most experienced, knowledgeable Elder Law Attorneys in Maryland. They offer their combined thirty plus years of experience to seniors, their families, and those with disabilities. Recognized leaders in their field, they are highly skilled and respected by colleagues, health care professionals, clients, and government officials with whom they often interact. Each of their clients receives individual attention, tailored to their particular needs.

The firm mission is to empower seniors and those with disabilities to manage the complex fields of financial management and of health care, at home, in assisted living communities, or in skilled nursing facilities. They offer guidance on medical decision making and financial management tools such as Powers of Attorney and Guardianships. Both Catherine and Elena have served on the Maryland Advisory Council on Quality Care at End of Life, both are past Chairs of the Elder and Disability Rights Section Council of the Maryland State Bar Association, and past Presidents of the Maryland/DC Chapter of the National Academy of Elder Law Attorneys. The firm strongly supports hospice and palliative care programs and interact with the Maryland Legislature on issues impacting their clients.

Ms. Stavely is a Maryland native and graduate of the University of Baltimore School of Law, George Washington University, and Western Maryland College. Ms. Sallitto is a graduate of Catholic University Columbus School of Law, Georgetown University, and a Certified Elder Law Attorney (CELA) through the National Elder Law Foundation.

## Stavely & Sallitto Elder Law, LLC

124 South Street | Annapolis, Maryland 21401  
410-268-9246 | catherine@stavelylaw.com



# Gormley Jarashow Bowman, LLC

Gormley Jarashow Bowman, LLC and its attorneys have been recognized by What's Up? Annapolis as Leading Lawyers in eleven different practice areas, including Business Law, Arbitration, Appellate Law, Construction Law, Intellectual Property, Employment Law, Medical Malpractice, Education, and General Practice.

For 2020, Jeffrey P. Bowman was recognized in five separate categories: Litigation, Business Law, Employment Law, Construction Law, and Education Law. F. Joseph Gormley was recognized for two categories: Business Law and Intellectual Property Law.

Gormley Jarashow Bowman traces its roots to 1976 when Partner, Ron Jarashow, began practicing in Annapolis. For over 40 years, our lawyers have provided the highest quality services to individual and corporate clients in complex civil litigation and business matters.



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**Q:** Why is it important to seek advice from an attorney as soon as possible about a potential claim?

**A:** Memories are generally more accurate when fresh and tend to fade over time. If you consult with an attorney promptly, there is a greater likelihood that you will remember more facts and will be

able to provide the attorney with more details regarding your potential claim. Many, if not most, cases also involve documents, electronically stored information, or other objects or things that can be used as evidence if claims are pursued. Prompt consultation with an attorney increases the possibility of preserving evidence that might otherwise be lost or destroyed. Prompt consultation with an attorney is also important because lawsuits asserting claims also must be filed within time limits established by law, and failure to file within the applicable time limits prevents recovery of damages.

**KATHLEEN HOWARD MEREDITH**  
Iloff, Meredith, Wildberger & Brennan, P.C.



**Q:** What concerns should I have when I get automobile insurance, to protect myself and occupants of my vehicles?

**A:** Too often, we meet with victims of a motor vehicle collision where the other driver was underinsured and steps had not been taken by the client to have proper insurance

protection for themselves and the occupants of their vehicles. In the event of a serious crash, the results can be devastating. You have a right to have underinsured/uninsured motorist coverage as high as your liability coverage. Get it. You also have a right to maximize your personal injury protection (PIP) & medical payments coverage to protect the occupants of your vehicles. You should do that as well if you can afford it. You need to protect the people in your vehicles.

**MELANIE J. BARNEY**  
Jacobs & Barney



**Q:** What Asset Protection Laws are available in Maryland?

**A:** In Maryland, an "inter vivos QTIP trust" can now be used for asset protection. Under this new law, one spouse may create a trust for the other spouse but retain the right to receive income or

principal back if the donee spouse dies first. The rules are very precise, but if followed carefully, the trust is not subject to the donor's creditor claims. For example, a high-risk spouse could create this trust for a low-risk spouse with spendthrift provisions and fund the trust with nonretirement assets.

**RANDALL D. FISHER**  
Fisher Law



**Q:** If I file a bankruptcy case, can I keep my house and car?

**A:** The quick answer is almost always. Congress established the current Bankruptcy Laws in order to provide honest debtors with a fresh start. Most folks would not have much of a fresh start if the bankruptcy process resulted in the loss of the most important

assets like the place to live and the way to get back and forth to work. So, whether we use the tools in Chapter 7, 11, 12, or 13 of the Bankruptcy Code, there are provisions in place to help almost every person keep those assets that are the most important. It is true that every case is different, and not every home or car can be saved, but the law can provide nearly every family/person some way to save these assets in a bankruptcy case. We are happy to evaluate your case free of charge. Just give us a call.

**GEORGE R. ROLES**  
Attorney and Counselor at Law



**Q:** Will I need to file bankruptcy due to the impact from the Coronavirus? Are you unemployed? Behind on your rent, mortgage, or car payment? Do you have mounting medical or credit card debt? Did the Coronavirus pull the rug out from under you?

**A:** You've Got Options! There are major differences between debt consolidation, debt settlement, and bankruptcy. Bankruptcy is a

legal proceeding for those that cannot afford to pay their debts. It enables a business or person to become debt-free by allowing them to get a fresh start. There is no greater time than now to get a free & confidential consultation to learn about your options. The Law Office of Andrea Ross remains open for business during the current Coronavirus (Covid-19) crisis and will continue to file new cases. It is important to stay calm and understand there are solutions available to help people facing financial difficulty.

**ANDIE ROSS, ESQ.**  
The Law Office of Andrea Ross, (800) 758-9265



**Q:** What should I expect from my lawyer in litigation?

**A:** Litigation results after a lawsuit has been filed. While litigation can often be avoided, there are instances where the court has to be utilized. Competent legal counsel should advise you throughout the process. In advising you, your lawyer should not be a cheerleader; he/she

should clearly communicate the pros and cons of the factual and legal landscape of your case. Litigation is unpredictable, but your lawyer should be able to advise you of the approximate costs and benefits in pursuing certain strategies in litigation.

**JEFFREY P. BOWMAN**  
Gormley Jarashow Bowman, LLC



**Q:** What should I do if I get into a car accident?

**A:** If you are involved in an auto accident it is very important to (i) call the police; (ii) exchange information with the at-fault driver getting insurance information, driver's license

number and tag number (with the advent of smart phones — it is super easy to simply take pictures of all of these things); (iii) take a picture of the property damage and the location of the accident; (iv) seek medical treatment, and (v) contact a lawyer.

**JOHN LEO WALTER, ESQUIRE**  
Eastern Shore Legal®



**Q:** If I file for divorce, can I still try to settle my case with an agreement?

**A:** Yes! Absolutely. You know your family better than anyone, so it is always best if you are the one making decisions about your future. Even if you have already filed a complaint for

custody or divorce, mediation is always an available option, under most circumstances. In fact, the Court will order one mediation session prior to your final hearing with the hope that you can reach an agreement on your own. If an agreement is reached, your case converts to an uncontested matter, and your agreement becomes an enforceable Court Order. Understanding the law and your rights while negotiating is very important. An experienced family law attorney can assist and guide you through this process

**PAMELA L. DUKE, ESQUIRE**  
Duke Law LLC



**Q:** Why do I need owner's title insurance when buying a house?

**A:** An owner's policy is a one-time purchase at the closing on your property. Title insurance can compensate you for damages or legal costs in a variety of situations if there is a cloud on title,

including title defects which a search of the land records would not disclose such as fraud or forgery. An owner's policy lasts for as long as you have an interest in the property and the policy often covers the full purchase price.

**GENEVIEVE LINDNER**  
Stevens Palmer, LLC



**Q:** What is mediation and why should I try it?

**A:** Mediation is a process in which the parties discuss their disputes with a trained impartial third person who assists them in reaching their own resolution. Mediation can be private or court-

ordered and it is important for the parties to work to resolve conflicts on their own terms. An added benefit of mediation is the avoidance of the costs associated with protracted litigation.

**PATRICK PALMER**  
Stevens Palmer, LLC



**Q:** Can I get divorced even though I continue to live with my spouse?

**A:** Historically, absent certain acts of wrongdoing by either spouse, a court could not grant the parties a divorce unless the court first found that the parties had been separated continuously for at

least one year. Recent changes by Maryland's legislature have allowed an exception to this requirement on the basis of mutual consent, which occurs when the parties execute a written agreement resolving all issues related to alimony, the distribution of marital property, child custody and access, and child support. Under these circumstances, the parties may get divorced even though they continue living together.

**JUSTIN HOYT**  
Stevens Palmer, LLC



**Q:** What are the legal concerns that I should consider when I am buying or selling a property?

**A:** It is critical that you understand the provisions of a proposed contract *prior* to signing it. Once the contract is signed, absent unusual circumstances, it defines the rights and risks of the parties.

Contract provisions that frequently generate disputes and litigation involve clauses pertaining to: property inspections; title warranties; repairs; financing; property descriptions; boundaries; rights of way; and zoning limitations. In the event a dispute does unfortunately arise, the contract provisions will often determine the outcome of that dispute.

**MICHAEL JACOBS**  
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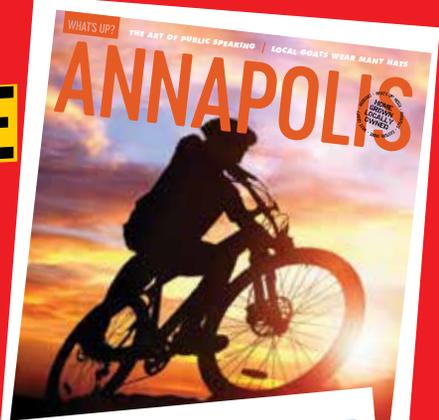


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## Eastern Shore

# LEADING LAWYERS

## 2020—2021

Last fall, we conducted our biennial **Leading Lawyers Peer Review Survey**, inviting all attorneys and judges who practice law throughout the Mid-Shore and/or Anne Arundel County to participate. We would like to thank the many area attorneys who took the time and effort to fill out the official ballot online. Lawyers were required to enter their Maryland attorney license number to access the survey and the results were vetted to ensure that only lawyers/surveys in good standing with the state were counted.

**A true peer review survey is a rarity in this day and age**—most publications don't take the time and trouble to conduct the survey and ballot tallying—which makes these results all the more meaningful. These are not “editors' picks” or the result of limitless ballots from the general public.

**These honors only come directly from other attorneys and judges**—people who really know what it takes to be a good lawyer right here in the Eastern Shore. We are especially gratified because we believe this biennial poll provides **an invaluable service to our readers**.

The following names, in 20 categories, represent the individuals who clearly received the most substantial amount of votes, not everyone who was nominated. **No attorney paid to be on this list**. Some categories list more names than others. This is as a result of the especially active voting in those categories. Congratulations to all Leading Lawyers named herein!

—**James Houck, Editorial Director**



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recently appointed circuit  
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private practice.*

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Stevensville | \$950,000**

SERIOUSLY, this property offers something for everyone! Deep protected water, private pier, 3800+sq/ft, 6 car garage, in-ground pool, fireplace, multiple decks, screened porch, 2.63 acres.



**153 River Run  
Queenstown | \$900,000**

Lovely 1 Level Living on the Wye River in Governor Grason Manor. 4 BR, 2.5 BA. Master Suite w/sitting room, Updated Kitchen & private pier. Enjoy water views from 2 sunrooms.



**212 Chews Manor  
Stevensville | \$875,000**

This Northwest Creek, waterfront dream is privately located, w/unobstructed views of the Creek & the Bay! Sitting poolside you are surrounded by extensive hardscape, decks, & daily entertainment of Eagles, Herons, & more. Space is plentiful w/ 3750 sq.ft., 4 BR, finished bonus space, oversized garage, 1+ acre lot.



**231 River View Dr  
Stevensville | \$750,000**

Here's your private Oasis! A quality built home perched up on a hill with a vista of water views, only steps away from your waterfront lot with a sandy beach & possibility of a pier. Large wrap around porch for eating crabs & entertaining. 1st floor living with the master BR & 2 full baths on the first floor, over 3,600 sq. feet finished.



**2912 Cox Neck Rd.  
Chester | \$616,000**

Custom designed timber frame home w/ great water views of Eastern Bay. Architects Finelli & Gray designed a spacious & elegant wooden home w/a cupola, expansive windows, a grand fireplace, & solid wood beams throughout.  
On 1.5 acres in Southwind.



**1101 Kentmorr Road  
Stevensville | \$445,000**

Enjoy Chesapeake Bay breezes, amazing water views, & sunsets from your updated, open concept, corner lot cottage! All of this without taxes, or an HOA.



**22677 Camryns Way  
Queen Anne | \$360,000**

Updated Turn-key colonial w/over 2200 square feet, 4 large BR's, incl. huge Master BR w/en suite & walk in closet, 2 1/2 BA, updated kitchen, formal dining room, 2 car garage. Backs to woods. Situated on over 1 acre. The backyard space is a blank slate.



**28A Queen Mary Ct.  
Chester | \$215,000**

Charming end unit townhouse. Relax in your rocking chairs on the front porch, entertain on the lake front patio, or just sit and watch the serenity of the lake from any of the 4 decks Vaulted ceilings, fireplace & first floor master bedroom. Great size for downsizing & or second home.



**Lot 36 Calvert Road  
Stevensville | \$175,000**

.62 Acre Lot Only, Waterfront on Carter Creek  
**Lot 36 with New 2140 Sq. Ft. Rancher - \$528,000**  
By Caruso Homes

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## PAVERS GO LIGHTER

Richer, more intense hues like brick reds and oranges in paver materials are being upgraded with more subtle colors like mauve, grey, and slate. The shapes are changing, as well, from harder squares and rectangles to a look with more rounded corners. *Photo courtesy of belgard.com.*

HOME DESIGN

# Prime-Time Patios

WHAT'S HOT FOR THE WARMER TEMPS AHEAD

By Lisa J. Gotto



## HANGING FURNITURE

If you have the ability to affix a hanging basket chair or even a day bed or love seat swing somewhere in your outdoor scheme, by all means do. This casual take on seating is what true outdoor living is all about. So, catch that wind, tap a nap, soothe a little one to sleep; there's more variations of this trend available than ever! *Photo courtesy of frontgate.com*

## SET TO CHANGE

While it does defy the very essence of our cherished "patio sets," watch and you will see how outdoor furniture gets more eclectic every spring for the foreseeable future. Don't be afraid to start with a few basic pieces from a standard patio set. Then feel free to add in a few seating options from another set or even a flea market find to jazz up the look and by all means—personalize it! *Photo courtesy of cococozy.com*





## NEW SHAPES IN FURNISHINGS

If this is the year you spring for a new patio set, you may be surprised to find what you'll find when it comes to shapes and style. Think rounder edges and softer hues. Also think increased comfort with extra cushy cushions and pillows. It's all about softening the look with extra fabrics like throws for crisper nights and a cozier feel and lending balance to your hardscaping. *Photo courtesy of hayneedle.com*



## FIRE PIT PATIOS

What used to be an extra is now a must-have and what a great way to extend the outdoor season well into the fall! There are two ways to make this feature happen: by adding a free-standing pit; there are many variations that include chairs for fireside chatting, or if you're in the patio planning stage you may wish to build the pit right in. With its increasing popularity, you may want this feature around for the life of your home. *Photo courtesy of belgard.com.*



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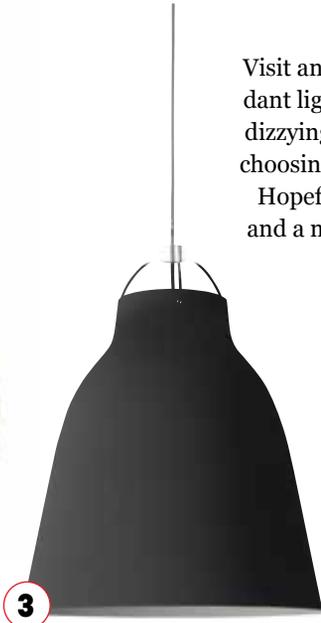
**"Sunshine's a Wastin'!"**

# Luminous, Voluminous, Fabulous

## NEXT-DECADE PENDANT LIGHTING

By Lisa J. Gotto

Visit any website or retailer selling pendant lighting and you will be met with a dizzying array of options that can make choosing just one style seem impossible. Hopefully, a quick take on the trends and a match-your-style guide can help.



# 1

### GEOMETRY LESSON

Bulkier, geometric shapes bring a more relaxed, casual look to almost any room and are especially popular in today's modern kitchens. The bold rectangular style of this Gracie Oaks Maisie pendant chandelier with four-candle design shines plenty of light on your exceptionally good taste. \$299.85, [wayfair.com](http://wayfair.com) **YOUR STYLE:** MID-CENTURY MODERN, CONTEMPORARY

# 2

### NEXT LEVEL EDISON

Once upon a time, the Edison bulb met the Mason jar and it created a rustic and nostalgic twist on home interior lighting. So many variations on this basic style have since flooded the marketplace. As this Paxton Glass 3-Light pendant clearly shows, going clear with larger shade options is this style's next move. \$299, [potterybarn.com](http://potterybarn.com) **YOUR STYLE:** COASTAL, RUSTIC, OR FARMHOUSE

# 3

### MAKE MINE MATTE

It's all shade, no bulb when it comes to the no-fuss pendant look, and right now designers are getting many calls for matte black, although various colors with matte finishes are trending, including matte gold. Typically, three to five of this style are grouped and used above a kitchen island. This Caravaggio pendant style by Cecilie Manz for Fritz Hansen in matte black is currently a stand-out in many an all-white kitchen. \$523, [hightoweraccess.com](http://hightoweraccess.com) **YOUR STYLE:** TRANSITIONAL, INDUSTRIAL

# 4

### LITTLE BEAUTIES

These sophisticated takes on minimalism combine a simple shape that can be used subtly as one single light or grouped together for a more statement-making accessory. This Rousseau mini pendant from Hudson Valley Lighting with its colored dimpled glass adds an extra layer of visual interest and provides an obscured view of its light source, a filament bulb. \$306-572.00, [lumens.com](http://lumens.com) **YOUR STYLE:** MINIMALIST, CONTEMPORARY

# 5

### BOUQUETS OF LIGHT

Grouping together several smaller pendants into one statement-making, brightness-inducing bouquet of light works well in larger living areas, great rooms, and formal dining spaces. This Fulton Chandelier by Hinkley Lighting says you're a smart and serious homeowner who wishes not to swap looks for utility. \$1,549-2,799, [lumens.com](http://lumens.com) **YOUR STYLE:** CONTEMPORARY, RUSTIC

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**Primary Structure Built:** 2010  
**Sold For:** \$1,850,000  
**Original List Price:** \$2,330,000  
**Bedrooms:** 5  
**Baths:** 5 full, 1 half  
**Living Space:** 4,681 sq. ft.  
**Lot Size:** 2.43 acres

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HOME REAL ESTATE

# Warm, Welcoming, & Well- Designed

By Lisa J. Gotto | Photography by Jim McKee, BroadView Interactive LLC

Living life in a grand style is what this custom-built Foster & Sons home with picturesque views of the Miles River is all about. While the size of this 4,600-square foot Traditional-style home could seem austere to some, the residence is warm and welcoming with well-designed rooms full of detail and quiet, cozier spaces built in for relaxation and reflection.

Located just a few miles from St. Michael's, this home's first floor offers plenty of living and entertaining space with its custom-built kitchen with center island, large living and family rooms, plus a formal dining room and study. A master suite balances out the space on the first floor providing ample opportunity for aging-in-place. The upstairs of the main house offers two generous bedrooms, two baths, and a large second floor family room area.



A screened porch area and French doors off the back of the home on the first floor lead to a great overflow space for guests and toward a lovely in-ground salt-cell swimming pool and a blue stone patio seating area with a pergola canopy. An outdoor kitchen/barbecue area stands ready for al fresco dining pursuits.

Also outside, above the three-car garage, the homeowners have extra space for guests or rental income potential with a cozy apartment offering one large bedroom, a family room area, and private bath.

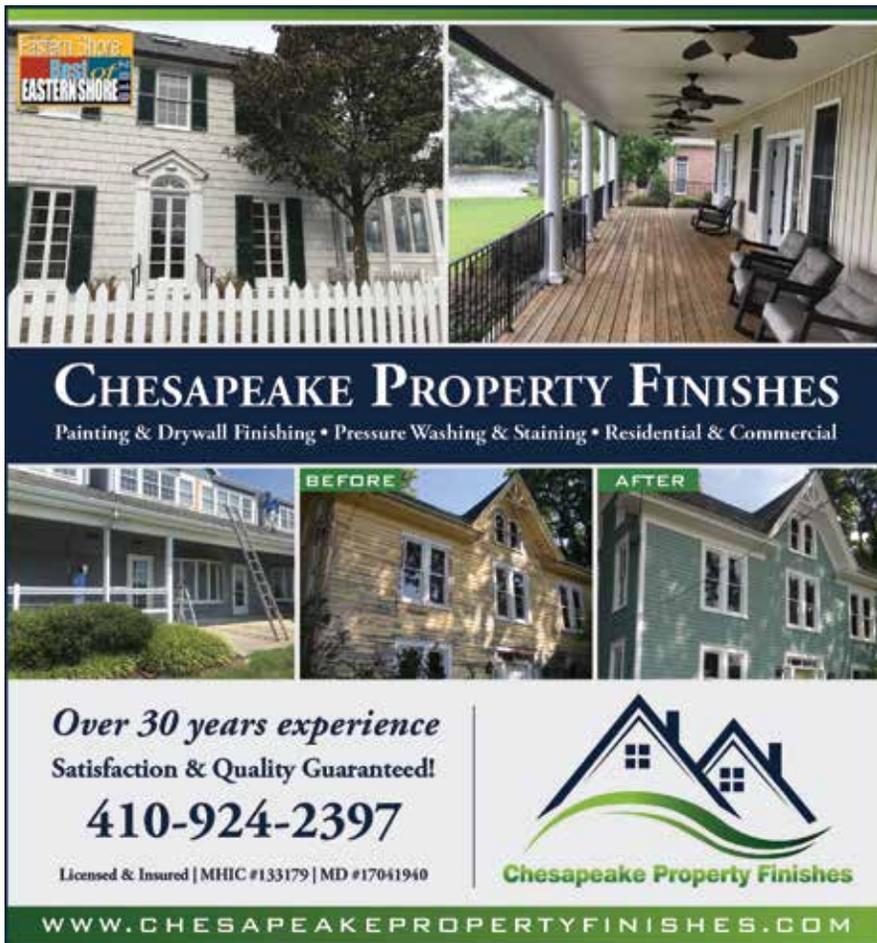
Impeccable landscaping tastefully surrounds the

architecture of the property, which provides over 200 feet of bulk-headed shoreline with four feet at mean low tide from a 100-foot pier and an 8,000-pound boat lift.

“It was a pleasure selling this beautiful Miles River waterfront home to a great family,” says Robert Lacaze. “I absolutely love what I do and wouldn’t want to sell real estate anywhere but Maryland’s Eastern Shore.”

**Listing Agent:** Coard Benson; The Benson Dulin Group; Benson & Mangold Real Estate; 24 N. Washington Street, Easton; c. 410-310-4909; o. 410-770-9255; coard@bensondulingroup.com

**Buyer’s Agent:** Robert Lacaze; Long & Foster/Christie’s International Real Estate; 28380 St. Michaels Road, Easton; c. 410-310-7835; o. 410-770-3600; lacazerob@gmail.com; roblacaze.com



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**Primary Structure Built:** 1880  
**Sold For:** \$1,525,000  
**Original List Price:** \$1,995,000  
**Bedrooms:** 7  
**Baths:** 6  
**Living Space:** 6,856 sq. ft.  
**Lot Size:** 113.36 acres

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HOME REAL ESTATE

# Great Old Bones

on Oak Creek

By Lisa J. Gotto

**S**erene scenes of Oak Creek greet the new homeowners of this expansive and historical property, parts of which date back to 1880. Situated on more than 113 acres, this home offers an amazing template on which to build a new dream, with its seven bedrooms and six bathrooms, and nearly 7,000 square feet of living space.

The waterfront estate also provides generous opportunities for gathering both indoors and out with its varied living and dining spaces, a large indoor pool, and a dock house with a screened porch and fireplace. One can't help but imagine the many excursions that began by boat from this dock and ended with fireside chats in the charming dock house. Many of the estate's main rooms boast large picture windows showcasing exquisite views to the creek and its surrounding majestic landscape on which sits separate guest house quarters.

The accompanying land, which is separated into two additional parcels, one offering five acres and the other offering 20, have the same peaceful creek views and 100-foot setbacks to the water. They are also perc approved so the new homeowners will have endless potential for future expansion.

"Our buyer was attracted to this property with its two additional waterfront lots," says the buyer's agent Coard Benson of The Benson Dulin Group. "With their architect and builder, they saw



the potential for renovating the house and guesthouse and turning this property into another version of a waterfront estate. Opportunities, although fleeting, are still available on the Eastern Shore."

Privacy, tranquility, and a sense of nostalgia abound at this timeless Talbot County waterfront estate.

**Listing Agent:** Cliff Meredith; Meredith Fine Properties; 101 N. West Street, Easton; c. 410-924-0082; mre@goeaston.net

**Buyer's Agent:** Coard Benson; The Benson Dulin Group; Benson & Mangold Real Estate; 24 N. Washington Street, Easton; c. 410-310-4909; o.410-770-9255; coard@bensondulingroup.com

# Health & Beauty

80 BE CAREFUL ABOUT BITES & STINGS | 81 SWIMMING VERSUS RUNNING  
82 FRESH TAKE | 84 STANDING TALL *plus more!*



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# Be Careful About Bites & Stings

By Dylan Roche

On a warm spring day, you're probably eager to emerge from wherever you've spent the last few months feeling cold and cooped up. Unfortunately, you're not the only one—plenty of pests are doing the same exact thing.

Nothing spoils your time outside quite like having to deal with a bite or a sting, but it's a risk you face whether you're hiking in a natural reserved area or just hanging out in your backyard. When something does happen, it's wise to know how to handle the situation, especially if it's one where a doctor's care might be necessary.

*Here's a run-down of the critters that you're most likely to face when you're outside in Maryland, and what you can do to keep yourself healthy and safe.*



## TICKS: CARRIERS OF DISEASE

Found in all parts of the United States, ticks are common in summer and early fall. They're especially troublesome because they can transmit diseases, most notably Lyme disease, but also Rocky Mountain spotted fever. If you're going to be in a tick-infested area, be sure to apply insect repellent and

check yourself thoroughly upon your return home. Ticks are small but visible, and they commonly lodge themselves around the scalp, in the nape of the neck, and around the ankles.

If you come across a tick on yourself (or on your child or pet), remove it as quickly and as carefully as possible to reduce the risk of disease. Using a pair of small tweezers, pinch the tick and pull straight up. Do not try to squeeze or squish the tick with the tweezers, especially while it's still lodged in the skin, as this could increase risk of diseases.

You might not be able to remove the tick, or part of the tick may remain lodged; in these situations, consult a doctor. If you are able to successfully remove the tick on your own, clean the area with soap and warm water, then apply an antiseptic. Keep an eye on the area for signs of infection or disease, particularly a bulls-eye-shaped rash that indicates Lyme disease.



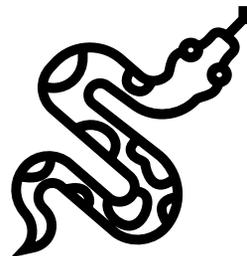
## BEES: POTENTIALLY DEADLY FOR PEOPLE WHO ARE ALLERGIC

Bee stings hurt, but they're only dangerous for people with allergies, who might suffer potentially life-threatening anaphylaxis. Signs of this allergic reaction include swelling of the lips, tongue, or throat, resulting in extremely labored, difficult breathing. There might also be an erratic pulse and violent coughing. This is an emergency and requires immediate medical assistance.

People who are not allergic to bees usually won't require a doctor's care. They may have some swelling or redness, but this will subside within a few days. It's more important that you take care to remove the stinger if it is still lodged in the skin—use a clean pair of tweezers, but do not squeeze.

Apply ice for about 15 to 20 minutes in intervals up to four times a day to reduce the swelling, and if the sting hurts, you can take an over-the-counter painkiller such as acetaminophen or ibuprofen.

The only time a bee sting will present a greater problem for non-allergic individuals is if they accidentally disrupt a hive or swarm and suffer many stings at once. In this case, according to the Mayo Clinic, the accumulation of venom from the stings could bring about a toxic reaction, causing nausea, headaches, dizziness, convulsions, and fever. If you've been stung more than a dozen times at once, a doctor's care is needed.



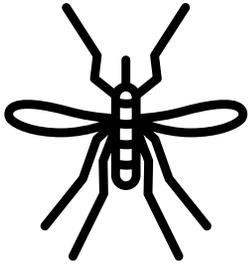
## SNAKES: BE CAREFUL AND KEEP CALM

Maryland is home to 27 species and subspecies of snakes, according to the Maryland Department of Natural Resources, but only two of them are poisonous: the copperhead and the timber rattlesnake. Copperheads are usually found Central and Western Maryland, and the timber rattlesnake is usually found in Western Maryland, primarily in Frederick and Garrett County.

If you are bitten by a poisonous snake, the National Library of Medicine emphasizes that bites can be effectively treated in an emergency room. Keeping a victim of a snake bite calm is important. Remove any constricting items, as the area may swell, and keep a close eye on vital signs: temperature, pulse, breathing, and blood pressure. If you're not sure whether it was a poisonous snake, do not wait for symptoms to appear—seek medical attention immediately. You should also call Maryland Poison Control, available 24 hours a day, at 800-222-1222.

Take precaution against snake bites by wearing suitable clothing (thick boots and long pants) if you're going hiking or camping, especially if you're going to be walking through dense grass or brush. Be careful around rock piles, stacks of old boards or wood, brush piles, or other debris. If you encounter a snake, leave it alone and do not try to capture it.

Even if a snake is not poisonous, a snake bite that breaks the skin may warrant medical attention to prevent infection or allergic reactions. Rinse and clean the wound as best you can, and but don't try to stop the bleeding unless the bleeding is severe. You might need to get a tetanus shot if you haven't had one in the past five years.



## MOSQUITOS: COMMONPLACE BUT ANNOYING

Mosquitos probably seem pretty tame compared with ticks, bees, and snakes, but these biting-prone bugs can wreck your spring and summer if your yard gets overrun with them. They are also known to carry viruses like West Nile and Zika.

Be sure to eliminate any standing water around your property, particularly after rain to limit their quantity—just a thimbleful of water is enough for mosquitos to breed.

When you're going outside in an area that will likely have mosquitos, use an insect repellent made with DEET, picaridin, Icaridin, or oil of lemon eucalyptus, all of which are registered with the Food and Drug Administration and the Environmental Protection Agency indicating their effectiveness.

Most mosquito bites heal within a few days, but if your bites are bothering you, use a calamine lotion or hydrocortisone cream to relieve the itching. Mayo Clinic also recommends a paste made from baking soda and water.

# Swimming Versus Running:

HOW DO THE CARDIO CHOICES COMPARE

By Dylan Roche

Temperatures are rising, and for people who exercise outside, that might mean it's time to switch from jogging on blacktop pavement and, instead, opt to do their cardio at the local pool. Don't be fooled just because you can't feel the sweat you work up when you're submerged in cool water. A good lap session has the potential to torch calories, work your muscles, and potentially rival the quality of the workout you get from running.

The Centers for Disease Control and Prevention classifies both running and swimming as vigorous physical activities, meaning that your heart rate increases significantly when you do them. If you're pushing yourself the way you should, you'll be breathing too hard and too fast to have a conversation. This kind of vigorous exercise is the kind the U.S. Department of Health and Human Services recommends you do for at least 75 minutes per week (or you could do 150 minutes weekly of moderate activity like walking, playing tennis, or going for a leisurely bike ride).

When it comes to calorie burning, running does have a slight edge: A 154-pound person can expect to burn about 590 calories when running at a pace of five miles per hour, or they can burn 510 calories when swimming slow freestyle laps. Harvard Medical Center states that swimming a certain distance burns as many calories as running four times that distance; in other words, if you swim 1 mile (33 laps in a 25-yard pool), you'll burn the same number of calories as you would if you ran 4 miles.

And according to a 2018 review published in the journal *Sports Medicine*, which looked at 29 studies on swimming and running as exercise options, swimming increases VO<sub>2</sub> max—that is, the amount of oxygen the body can use during exercise, considered a measure of a person's aerobic endurance—and reduces body fat just as much as running or cycling.



Swimming even has a few benefits that running doesn't have. The U.S. Public Health Service Commissioned Corps recommends swimming as a way of staying in shape because it's a full-body workout, meaning it works every muscle in the body. As your arms and legs work against the density of the water, you build strength and tone your muscles.

While weight-bearing exercises like running are great for developing strong bones, the buoyancy of water make swimming an easy workout for individuals who can't bear weight, such as those with arthritis, those recovering from injury, or those who are overweight. According to the Cleveland Clinic, this is one of the reasons swimming sees far fewer injuries than running.

Finally, don't think that the benefits of swimming are limited to doing intensely paced laps. You can still reap the benefits of water resistance by doing water aerobics, playing water polo, doing water jogging, or simply treading water.

As the American Council on Exercise observes, running can be effective for improving health and losing weight, but it isn't the only option out there, particularly for the many people who find running to be an uncomfortable form of exercise. If running is uncomfortable—and that includes if the weather is too hot—then other forms of exercise like swimming will still fulfill your need for physical activity. Other options include cycling, rowing, jumping rope, dancing, and hiking.

So, if you're looking to switch up your workout routine as the summer heat gets more intense, try stashing your running shoes in the back of the closet and busting out the goggles instead. You'll get just as many cardiovascular benefits with less of the sweat.

# Fresh Take

## STRAWBERRIES

By Dylan Roche

If you're a parent struggling to get your kids to eat well—or if you're an adult who is struggling to eat well yourself—then you should rejoice at the thought that strawberries are back in season as of late April, and they'll be at their peak now through August.

Why is this such great news? Well, the Academy of Nutrition and Dietetics notes that half of children ages seven to nine identify strawberries as their favorite fruit. In fact, the average American consumes about eight pounds of strawberries a year!



### ← Strawberry Salad

#### FOR THE SALAD:

- 10 ounces baby spinach
- 1 pound of strawberries, washed and quartered
- 1/4 cup candied pecans
- 1/4 cup pistachios
- 1 cup feta cheese

#### FOR THE DRESSING:

- 1/2 cup white wine vinegar
- 1/2 cup honey
- 1/2 cup olive oil
- 2 tablespoons lemon juice
- 2 tablespoons poppy seeds

Combine ingredients for the dressing and refrigerate for two hours. Whisk the dressing once more right before serving to ensure all ingredients are blended. Toss spinach, strawberries, nuts and cheese before adding the dressing. This salad can be served with grilled chicken if desired.

Those stats sound even better when you consider how good strawberries are for you. At only 50 calories per cup, they're a good source of vitamin C, which is necessary for body tissue repair and a healthy immune system. They also contain fiber, which helps regulate blood sugar and supports good digestion. Strawberries are even a rich source of potassium, which is necessary for fluid balance and may reduce the risk of high blood pressure and stroke.

You know the bright red color associated with strawberries? They get that color from antioxidants known as anthocyanins, which help the body stave off diseases like cancer and diabetes. A 2019 study "Flavonoids in Hypertension," published in the

journal *Current Opinions in Pharmacology*, found that anthocyanin might lower risk of heart attacks.

Because of this, you should look for strawberries that are bright red. Any green or yellow patches on the strawberry's flesh will indicate that they are not fully ripened—and unlike other fruits, strawberries do not

continue to ripen after they are picked. You also want to find strawberries that are pleasantly firm, neither too hard nor too soft.

One important thing to note about strawberries is that they are often listed among the Environmental Working Group's



## Strawberry Shortcake

### FOR THE CAKE:

- 2 cups cake flour
- 2 tablespoons baking powder
- 1/4 cup sugar
- 1/2 cup butter
- 3/4 cup milk

- 2 tablespoons honey

### FOR THE WHIPPED CREAM:

- 2 cups cold heavy cream
- 1/4 cup confectioner's sugar
- 1 teaspoon vanilla extract

### FOR THE STRAWBERRIES:

- 1 pound strawberries, quartered
- 1/2 cup granulated sugar

**CAKE DIRECTIONS:** Combine flour, baking powder and sugar. Add the butter and chop with a pastry cutter until combined.

In a separate bowl, whisk together the milk and honey, then add slowly to the dry ingredients. Work the dough until it is thoroughly combined. It will be dry and crumbly. Transfer to a floured work surface and roll it out with a rolling pin to 1-inch thickness. Cut out 3-inch circles, then re-roll the remaining dough and cut more circles. The dough should produce approximately a dozen biscuits. Bake at 425 degrees Fahrenheit for 15 minutes. **WHIPPED CREAM DIRECTIONS:** Combine the cream, sugar and vanilla and whip with a hand mixer for approximately five minutes until stiff peaks form. Cover and chill for up to two days.

**STRAWBERRY DIRECTIONS:** Sprinkle strawberries with the sugar and allow to chill for two hours. The sugar will draw out the juices. When it's time to serve, top the shortcake with generous amounts of whipped cream and strawberries.

## Marinated Strawberries

- 1 pound strawberries
- 3/4 cup goat cheese
- 1/4 cup cream cheese
- 1 teaspoon fresh basil
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 cup balsamic vinegar
- 2 tablespoons olive oil

Combine olive oil and balsamic vinegar with salt, pepper and basil. Chop strawberries into half-inch cubes. Allow them to marinate in the vinaigrette for three to four hours. In a separate bowl, combine goat cheese and cream cheese. Refrigerate until ready for use. To serve, spread toasted baguette slices with goat cheese mixture and top with marinated strawberries.

Dirty Dozen—the fruits and vegetables most likely to have pesticides on them. If you want to ensure your strawberries are clean, set them in a colander and rinse them under cold running water. Don't use any kind of vegetable washes, which are not regulated by the Food and Drug Administration and may leave residue on fruit.

Strawberries are great to have on hand because there are all kinds of ways to incorporate them into a healthy diet. Slice them up and add them to Greek yogurt with some almonds, or toss them into a blender with banana, avocado, orange juice, and ice for an easy shake.

But if you're feeling ambitious and want to use strawberries to their full potential in the kitchen, try making marinated strawberries for a unique appetizer, or include them in a spinach salad perfect for a spring dinner. And for dessert, a special summer occasion just wouldn't be complete without strawberry shortcake.

# In a pickle?

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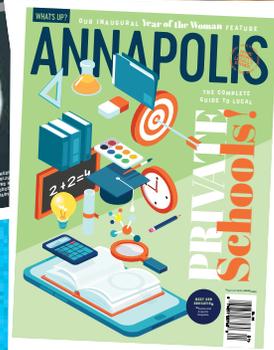
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# Standing Tall:

## WHY YOUR POSTURE MATTERS

By Dylan Roche

Take a moment to check yourself right now. How's your posture as you read this? Are you slouched over? Maybe your head is craning forward to see the words on the page or on the screen. If you're like most people, then yes—yes to all the above.

Most individuals suffer from weak posture. That's a big problem because posture isn't just about your appearance. Posture affects your overall health in ways you wouldn't expect. As the National Library of Medicine explains, the way you hold your body can cause pain and injuries. It misaligns your musculoskeletal system, decreases your flexibility, and affects the way your joints move. It can even make it hard for you to breathe or digest food.

*Here are a few tips courtesy of the American Chiropractic Association to help you improve your posture.*



**When standing**, keep your feet shoulder width apart with your shoulders pulled back, your stomach pulled in and your knees slightly bent. Your weight should rest primarily on the balls of your feet. Let your knees bend slightly, and hold your arms naturally down at your sides. Your head should be neither pushed forward nor drawn backward, keeping your ears aligned with your shoulders. If you are standing for a long time, shift your weight every so often, either from your toes to your heels or from one foot to the other.



**When sitting**, keep your feet firmly on the floor with your legs uncrossed and your ankles in front of your knees. Your knees should be at the level of your hips, and there should be a slight gap between the edge of the seat and the back of your knees. If you can't adjust the backrest of your chair, prop up a pillow or insert a back supporter. Most importantly, avoid sitting for extended periods of time.



**When lying down**, do so on a mattress that is comfortable and to your liking. The American Chiropractic Association recommends a firm mattress, but you can use a softer mattress if it feels better. Use a pillow, and opt for one that's specially designed for back problems if necessary. You should lie on your side or back rather than on your stomach. Put a pillow between your legs if you sleep on your side or under your knees if you sleep on your back.

will help you replace your old posture habits with new ones. Some people will find it helpful to engage in physical activities that focus on the way you hold your body, such as yoga or tai chi. You can also do exercises that strengthen your core, which will help you hold your body straight.

Let Posture Month be your chance to commit to standing straight and tall. Focusing on your body's alignment every day for 30 days will help make strong posture feel more natural and set you on the path for improved health.

Doctors, therapists, and trainers around the world recognize Posture Month each May ([www.posturemonth.org](http://www.posturemonth.org)) as a way of educating people about the health consequences of weak posture, particularly when it results from too much attachment to technology. Slouched sitting and staring at screens, whether it's your computer screen at your desk or your phone screen while you stand in line at the grocery store, stop people from developing a strong posture.

"Strong" is the way the Posture Month movement encourages thinking about posture. It's not about good or bad posture but rather about strong or weak. It's all about training, the same way balance is all about training. Posture Month encourages people to stand with their head centered above their feet and their shoulders even. In theory, you should be able to draw a line down the center of your body from your nose to your feet.

The National Library of Medicine breaks it down even further by distinguishing between dynamic posture and static posture. Dynamic posture is the way people hold their body when they're moving, such as walking or running, and the static posture is the way they hold their body when they're standing still or lying down.

In general, the best way to improve your posture is by increasing your awareness. Knowing how to stand, sit, and lie properly, and frequently reminding yourself,



HEALTH & BEAUTY BEAUTY

# The Changing Perception of Botox Injections

By Dylan Roche

It's been nearly two decades since Botox made its appearance onto the cosmetic scene, but despite the longstanding stigma the drug has in some people's minds, the culture around it has started to change in recent years. With older generations re-entering the dating scene and younger generations more conscious of their appearance, the demand remains high—but patients should still be careful about where they go to get their injections.

Botox, a brand-name drug manufactured by the pharmaceutical company Allergan, launched in 2002, offering dermatology patients an option for reducing facial wrinkles. When the drug is injected into muscles, it blocks the release of the chemical acetylcholine, the compound responsible for muscle contraction.

This block of acetylcholine paralyzes the muscles, thus relaxing them and reducing the appearance of wrinkles. The injection is done with a needle and usually takes only a few minutes with no anesthesia necessary. Patients will usually see the drug's full effects within 24 hours to seven days, and the effects last for four to six months, after which time the muscle action will return and wrinkles will reappear unless a repeated dose is administered. After several repeat doses, the facial muscles will be relaxed enough that wrinkles will no longer be as severe.

But it's not just for cosmetic uses that Botox can be beneficial. Doctors have prescribed Botox as a therapeutic treatment for conditions like chronic migraines and excessive sweating.

In other cases, its cosmetic uses extend beyond simply helping patients look younger. A clinical trial published in a March 2018 edition of *Plastic and Reconstructive Surgery*, the official journal of

the American Society of Plastic Surgeons (ASPS), found that Botox injections can improve the appearance of surgical scars. Member doctors with ASPS surmise this is because the muscle paralysis decreases movement and stress around a wound as it heals, which in turn prevents the scar from widening, getting larger, or getting darker.

Despite its many uses, cosmetics continues to be the primary reason for getting Botox regardless of a patient's age. Last year, ASPS reported that 50,000 cosmetic procedures had been performed on patients 55 and older. These procedures encompassed not only Botox and fillers but also liposuction, hair transplantation, and breast augmentation. This is likely because divorce rates for Baby Boomers have doubled since the 1990s, and more Baby Boomers are returning to the dating scene and wanting to look younger.

But it's not just the older generation. ASPS reported in 2017 that selfie culture has made more young people conscious of their image and in turn helped destigmatize cosmetic surgery. That might explain why Botox saw a 28 percent increase among people ages 20 to 29 since 2010.

The popularity of Botox means that many "Botox bars" have started opening up, offering consumers the option of getting injections at a spa rather than in a doctor's office. Although it is legal for non-physicians to administer Botox, be wary—the Mayo Clinic emphasizes that Botox should be used only under a doctor's care. Improperly administered Botox can be dangerous. In some cases, the toxins in the injection that paralyze the muscles can spread throughout the body. This could potentially cause muscle weakness, vision problems, trouble speaking or swallowing, vision problems, and loss of bladder control.

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# Dining

88 DINING REVIEW | 90 GUIDE



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Rockfish at  
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Michaels

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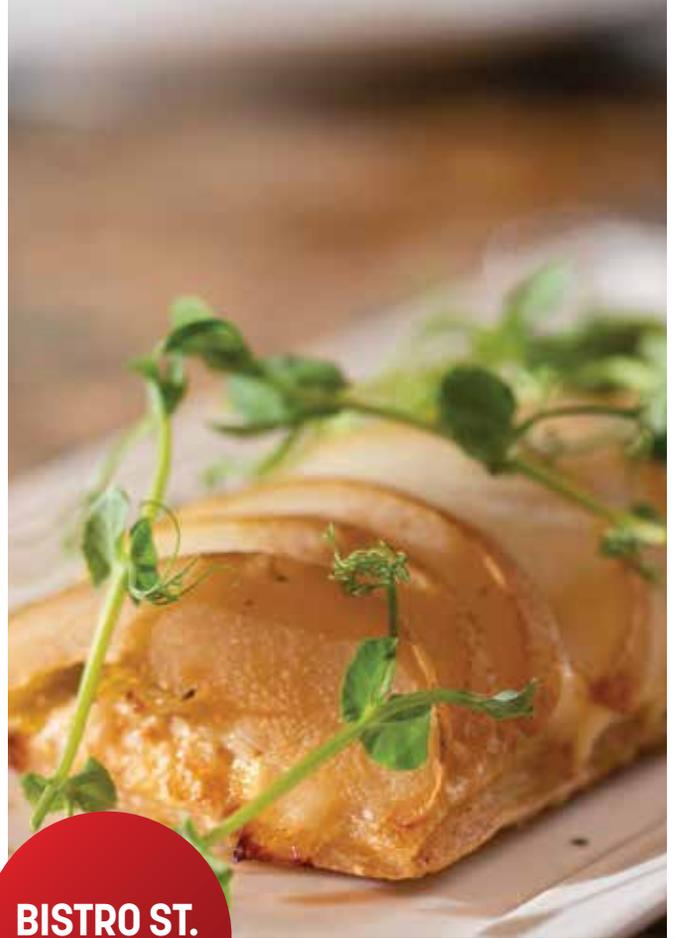
Many of our favorite restaurants are offering full or partial take-out/delivery menus to please all palates during this challenging time. Please consider ordering your next meal from them and support local business. For a constantly updated list of restaurants, visit [Whatsupmag.com](http://Whatsupmag.com)!

# Charmed in St. Michaels

By Sharon Harrington  
Photography by Stephen Buchanan

I love when the name of a restaurant gives you a hint about their culinary point of view. Restaurants with clever names like Orange Goat (yes, that's the name of a real restaurant) get a nod for creativity but leave me clueless as to what my dining experience will be. Not so at Bistro St. Michaels, a simple but eloquent name that conjures thoughts of a cozy atmosphere, convivial hosts, and well-prepared food.

On the night friends and I dined, the prophesied winter mix had stayed across the Bay Bridge and the shore was left with cold, wind, and rain—a perfect night for a bistro meal. Housed in what was once a private home on Talbot Street, you enter immediately into the restaurant proper with an open floor plan, a small bar on the right, another bar toward the rear, a dining area on your left, and the kitchen. What could become a log jam of waiting diners is avoided by the staff's immediate attention. Your name and party number are taken, and you are quickly seated. One of the first things I notice is the energy in the rooms. Wait staff bustling. A low hum of conversation. There are happy diners here. Both upstairs and downstairs dining rooms project a rosy-beige glow enhanced by Parisian-type wall sconces. French art posters complete the bistro theme.



**BISTRO ST. MICHAELS**

403 S. Talbot Street, St. Michaels  
410-745-9111 | [bistrostmichaels.com](http://bistrostmichaels.com)

Doug Stewart, the executive chef of the Bistro as well as part-owner with Laura Poole, is a graduate of The Chesapeake College Culinary Program. In his 18 years in the food service business, he has worked at Latitudes, The Old Inn, Mitchum's, and The River House. At the Bistro, he presents a new American menu that pays homage to traditional culinary styles and local cuisine, while sourcing the best sustainable, organic offerings for his patrons. Gallic classics dot the menu—steak frites and French onion soup, for example—but the chef has not forgotten his shore heritage and, so, we have oyster stew, oyster pot pie, and, on the evening we visited, Crispy Rockfish. To walk us through the menu we were very lucky to have drawn Christian as our waiter. The young man was ener-

getic and knowledgeable. He clearly knew the menu from ingredients to preparation but, more importantly, he was very proud of the product the restaurant was offering.

While pondering the selections, we nibbled on a good crusty French baguette, although not house-made, it was the perfect sop for the in-house rosemary, garlic-infused olive oil. We chose two appetizers to share, shrimp and grits and an onion confit tartlet with brie and poached pear. The presentation of both was perfect—I personally would have liked a little more caramelization of the onion in the confit.

One of my friends chose the short ribs with blue cheese chive Pommies puree, Brussel sprouts, shallots, and green peppercorn jus, accompanied

by a glass of Sea Pearl New Zealand 2018. My pescatarian friend chose the Crispy Rockfish on a bed of spinach and potatoes, with lemon thyme jus. She paired her dish with a glass of Rose La Villa de Maison Vialade Rose France 2017. Both friends enjoyed their meals, one declaring “best short ribs ever.”

For my entree I deliberated, steak frites or lamb? Steak Frites was a straight-forward preparation while the Herb-Crusted Lamb with Dijon rub, beet jam, currant jus offered the kitchen more of an opportunity to show their chops. Our wonderful waiter helped with the decision. He described both the cut of the lamb and the process; marinate, rub, grill, oven. It was a good choice. The presentation was lovely (I love food towers but am always reminded of mother’s admonishment not to stack my food—now it is a trend). The beet jam and currant jus offered a hint of sweet and tart to each bite of lamb, and

roasted rainbow carrots provided a crunchy counterpoint.

The cocktail and wine offerings had something for everyone with good price points and at least eight single-glass wine choices. There was some intriguing, fun cocktails I would like to try on another occasion.

With both our palates and stomachs satisfied, we still managed to save room for dessert. Dessert offerings veered toward the comfort side—mousse, creme brûlée, gelato, house sorbet, and on the night we were there, a cheesecake. We chose chocolate mousse, the sorbet trio of lemon, raspberry, mango, and a salted caramel gelato. All were served with a garnish of berries.

As we were winding down the meal, I asked our server if he thought the diners were local or tourists given the abysmal weather. He said he thought it was about 50/50 and went on to describe what



the Bistro was doing to woo local patrons. They have instituted theme nights with a good price point. His excitement was palpable regarding the upcoming Brazilian night, which involved some partnering with Lyons Distillery for one of the food preparations (I don’t want to give that secret away). He also mentioned the owner and partners are branching out with a catering company. You may also leave your email address to receive notification of any special events the Bistro is hosting.

I think Bistro St. Michaels offers a charming and palate-satisfying night out. A little French (without the ubiquitous French waiter), a little local fare, and a little adventure into new tastes and preparations.

---

**Sharon Harrington is a retired social worker by profession and, now, a passionate gourmand/chef in practice, having trained with reputable culinary personalities and institutions, notably: Chef Francois Dinot; L’Académie de Cuisine; the Culinary Institute of America in Hyde Park; and Le Cordon Bleu in Paris. She currently resides on the Eastern Shore.**



# Dining Guide

## Advertisers Listed in Red

Average entrée price  
\$ 0-14 \$\$ 15-30 \$\$\$ 31 and over

📞 Reservations

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## Queen Anne's County

### Adam's Taphouse and Grille

100 Abruzzi Drive, Chester; 410-643-5050; Adamsgillkentsland.com; Barbecue; lunch, dinner \$\$ 📞 🍷 🍷

### Annie's Paramount Steak & Seafood House

500 Kent Narrows Way N., Grasonville; 410-827-7103; Annies.biz; Steakhouse, seafood; lunch, dinner, Sunday brunch \$\$ 📞 🍷 🍷 🍷

### Big Bats Café

216 Saint Claire Place, Stevensville; 410-604-1120; Bigbats.com; American, sports bar; lunch, dinner \$ 🍷 🍷 🍷

### Bridges Restaurant

321 Wells Cove Road, Grasonville; 410-827-0282; Bridgesrestaurant.net; Seafood; lunch, dinner \$\$\$ 📞 🍷 🍷 🍷

### Café Sado

205 Tackle Circle, Chester; 410-604-1688; Cafesado.com; Thai, sushi; lunch, dinner \$\$\$ 🍷 🍷 🍷

### Capriotti's

500 Abruzzi Drive, Chester; 410-643-9993; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

### Carmine's New York Pizza

2126 DiDonato Drive, Chester; 410-604-2123; Carminesnypizzakitchen.net; Italian, pizza; lunch, dinner \$ 🍷

### Doc's Riverside Grille

511 Chesterfield Avenue, Centreville; 410-758-1707; Docsriversidegrille.com; American; lunch, dinner \$ 🍷 🍷 🍷

### El Jefe Mexican Kitchen & Tequila Bar

1235 Shopping Center Road, Stevensville; 410-604-1234; Eljefemexkitchen.com; Mexican; lunch, dinner \$-\$\$ 🍷 🍷 🍷

### Fisherman's Inn & Crab Deck

3032 Kent Narrows Way S., Grasonville; 410-827-6666; Crabdeck.coml Seafood; lunch, dinner \$\$ 🍷 🍷 🍷

### Frix's Fire Grill

1533 Postal Road, Chester; 410-604-2525; Frixsfiregrill.com; Brazilian/American, small plates, bar/lounge, lunch, dinner \$\$ 📞 🍷 🍷 🍷

### Harris Crab House

433 Kent Narrows Way N., Grasonville; 410-827-9500; Harriscrabhouse.com; Seafood, crabs; lunch, dinner \$\$ 📞 🍷 🍷 🍷

### Hemingway's Restaurant

357 Pier One Road, Stevensville; 410-604-0999; Hemingwaysbaybridge.com; Seafood; lunch, dinner \$\$ 📞 🍷 🍷 🍷

### Historic Kent Manor Inn

500 Kent Manor Drive, Stevensville; 410-643-5757; Kentmanor.com; Modern American; special occasion dining, Sunday brunch \$\$\$ 📞 🍷 🍷

### The Jetty Restaurant & Dock Bar

201 Wells Cove Road, Grasonville, 410-827-4959, Jettydockbar.com, American, seafood; lunch, dinner \$ 🍷 🍷 🍷

### Joshua's Steak & Chop House

420 Pennsylvania Avenue, Centreville; 443-262-8064, Dinner; 🍷 🍷

### Kentmorr Restaurant

910 Kentmorr Road, Stevensville; 410-643-2263; Kentmorr.com; American, seafood; lunch, dinner \$\$ 📞 🍷 🍷 🍷

### Knoxie's Table

180 Pier 1 Rd, Stevensville; 443-249-5777; Baybeachclub.com; American; dinner, weekend brunch 📞 🍷 🍷 🍷

### Ledo Pizza

110 Kent Landing, Stevensville; 410-643-7979; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷 🍷

### Love Point Deli

109 Main Street, Stevensville; 410-604-2447; Lovepointdeli.com; Deli; lunch, dinner \$ 🍷

### The Narrows Restaurant

3023 Kent Narrows Way S., Grasonville; 410-827-8113; Thenarrowsrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ 📞 🍷 🍷 🍷

### Oh My Chocolate

417 Thompson Creek Road, Stevensville; 410-643-7111 ohmychocolate.com 🍷

### O'Shucks Irish Pub

122 Commerce Street, Centreville; 410-758-3619; Oshucksirishpub.com; Irish, American; lunch, dinner \$ 🍷

### Rams Head Shorehouse

800 Main Street, Stevensville; 410-643-2466; Ramsheadshorehouse.com; American, brewery; breakfast, lunch, dinner \$ 🍷 🍷 🍷

### Red Eye's Dock Bar

428 Kent Narrows Way N., Grasonville; 410-827-3937; Redeyedockbar.com; American, seafood; lunch, dinner \$ 🍷 🍷 🍷

### Rustico Restaurant & Wine Bar

401 Love Point Road, Stevensville; 410-643-9444; Rusticoonline.com; Southern Italian; lunch, dinner \$\$ 📞 🍷 🍷

## BRIDGES RESTAURANT

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### SandBar at Rolph's Wharf

1008 Rolph's Wharf Road, Chestertown; 410-778-6389; Seafood; lunch, dinner \$ 🍷 🍷 🍷

### Smoke, Rattle & Roll

419 Thompson Creek Road, Stevensville; 443-249-3281; Smokerattleandroll.com; BBQ; lunch, dinner \$

## Talbot County

### 208 Talbot

208 N. Talbot Street, St. Michaels; 410-745-3838; 208talbot.com; Modern American; dinner \$\$ 📞 🍷

### Ava's Pizzeria & Wine Bar

409 S. Talbot Street, St. Michaels; 410-745-3081; Avaspizzeria.com; Italian, pizza; lunch, dinner \$\$ 🍷 🍷 🍷

### Awful Arthur's Seafood Company

402 S. Talbot St., St. Michaels; 410-745-3474; Awfularthursusa.com; Fresh seafood, authentic oyster bar \$\$ 🍷 🍷 🍷

### The BBQ Joint

216 East Dover Street, Ste. 201, Easton; 410-690-3641; Andrew-evansbbqjoint.com; Barbecue; lunch, dinner \$ 🍷 🍷 🍷

### Banning's Tavern

42 E Dover Street, Easton; 410-822-1733; Banningstavern.com; American; lunch, dinner \$\$ 📞 🍷

### Bartlett Pear Inn

28 S. Harrison Street, Easton; 410-770-3300; Bartlettpearinn.com; Farm-to-table; dinner \$\$\$ 📞 🍷

### Bas Rouge

19 Federal Street, Easton; 410-822-1637; Basrougeeaston.com; European; lunch, dinner \$\$\$ 📞

### Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; dinner, Weekend brunch \$\$ 📞 🍷 🍷

### Blackthorn Irish Pub

209 Talbot Street, St. Michaels; 410-745-8011; Irish, seafood; lunch, dinner \$\$ 🍷 🍷 🍷

### Capriotti's

106 Marlboro Avenue, Easton; 410-770-4546; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

### Capsize (Seasonal)

314 Tilghman Street, Oxford; 410-226-5900; Capsizeoxmd.com; American; lunch, dinner \$-\$\$ 📞 🍷 🍷 🍷

### Captain's Ketch

316 Glebe Road, Easton; 410-820-7177; Captainsketchseafood.com; Seafood; lunch, dinner

### Carpenter Street Saloon

113 Talbot Street, St. Michaels; 410-745-5111; Carpenterstreetsaloon.com; American, seafood; breakfast, lunch, dinner \$\$ 🍷 🍷 🍷

### Characters Bridge Restaurant

6136 Tilghman Island Road, Tilghman; 410-886-1060; Fresh seafood, casual atmosphere; lunch, dinner; Charactersbridge-restaurant.com \$\$\$ 🍷 🍷 🍷

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### Chesapeake Landing

23713 St. Michaels Road, St. Michaels; 410-745-9600; ChesapeakeLandingrestaurant.com; Seafood; lunch, dinner \$\$ 🍷 🍴 🌿

### The Coffee Trappe

4016 Main Street, Trappe; 410-476-6164; coffeetrappe.com; breakfast \$

### The Crab Claw Restaurant

304 Burns Street, St. Michaels; 410-745-2900; Thecrabclaw.com; Seafood; lunch, dinner \$\$ 🍷 🍴 🌿 🍷 🌿

### Crab N Que

207 N. Talbot St., St. Michaels; 410-745-8064; Crabnque.com; Seafood, Barbecue; lunch, dinner \$\$

### Crepes By The Bay

413 S. Talbot St., St. Michaels; 410-745-8429; Breakfast, lunch 🍷 🍴 🌿

### Doc's Downtown Grille

14 N Washington St., Easton; 410-822-7700; Docsdowntowngrille.com; American, seafood; lunch, dinner \$\$ 🍷 🍴

### Doc's Sunset Grille

104 W Pier St., Oxford; 410-226-5550; Docsunsetgrille.com; American; lunch, dinner \$ 🍷 🍴 🌿

### Eat Sprout

335 N Aurora Street, Easton; 443-223-0642; Eatsprout.com; Organic, ready-to-eat; breakfast, lunch, dinner \$ 🍷

### El Dorado Bar & Grill

201-C Marlboro Avenue, Easton; 410-820-4002; Mexican; lunch, dinner \$\$ 🍷 🍴

### Foxy's Harbor Grille (Seasonal)

125 Mulberry St., St. Michaels; 410-745-4340; Foxysharborgrille.com; Seafood, American; lunch, dinner \$ 🍷 🍴 🌿 🍷 🌿

### The Galley St. Michaels

305 S. Talbot Street, St. Michaels; 410-200-8572; Thegalleyssaintmichaels.com; Breakfast, lunch \$ 🍷 🍴 🌿

### Gina's Cafe

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascfestmikes; Southwestern, Vegetarian; lunch, dinner \$\$

### Gluten Free Bakery Girl

116 N Talbot St; St Michaels; 410-693-1153 \$ 🍷

### Gourmet by the Bay

415 S. Talbot Street, St. Michaels; 410-745-6260; gourmetbythebay.net 🍷

### Harrison's Harbour Lights

101 N. Harbor Road, St. Michaels; 410-745-9001; Harbourinn.com; American, seafood; lunch, dinner \$\$ 🍷 🍴 🌿 🍷 🌿

### Hill's Cafe and Juice Bar

30 East Dover Street, Easton; 410-822-9751; Hillscafeandjuice.com; American, milkshakes, sandwiches; breakfast, lunch \$ 🍷

### Hong Kong Kitchens

210 Marlboro Avenue, Easton; 410-822-7688; Hongkongkitchen-sea.com; Chinese; lunch, dinner \$

### Hot off The Coals BBQ

8356 Ocean Gateway, Easton; 410-820-8500; Hotoffthecoals.com; Barbecue; lunch, dinner \$ 🍷 🌿

### Hunters' Tavern at the Tidewater Inn

101 E. Dover Street, Easton; 410-822-4034; Tidewaterinn.com; American; breakfast, lunch, dinner, Sunday brunch \$\$ 🍷 🍴 🌿

### In Japan

101 Marlboro Avenue, Easton; 410-443-0681; Injapansushi.com; Japanese, sushi; lunch, dinner \$\$ 🍷 🍴 🌿 🍷

### JoJo's Cupcakes & Cream

218 N. Washington Street, Easton; 410-763-4930; jojoscupcakesandcream.com 🍷

### Krave Courtyard

12 W. Dover St., Easton; 410-980-5588; American; lunch \$ 🌿

### Latitude 38 Bistro & Spirits

26342 Oxford Road, Oxford; 410-226-5303; Latitude38.biz; American, seafood; lunch, dinner, Sunday brunch \$\$ 🍷 🍴 🌿

### Ledo Pizza

108 Marlboro Avenue, Easton; 410-819-3000; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷 🍴

### Lighthouse Oyster Bar & Grill

125 Mulberry Street, St. Michaels; 410-745-2226; Lighthouseoysterbarandgrill.com; Seafood, American; lunch, dinner \$-\$\$ 🍷 🍴 🌿 🍷 🌿

### Limoncello Italian Restaurant

200 S. Talbot St., St. Michaels; 410-745-3111; Limoncellostmichaels.com; Italian; lunch, dinner \$\$ 🍷 🍴 🌿

### Lowes Wharf

21651 Lowes Wharf Road, Sherwoo; 410-745-6684; Loweswharf.com; American; lunch, dinner \$ 🍷 🍴 🌿 🍷 🌿

### Lyons Distilling Company

605 S. Talbot Street, #6, St. Michaels; 443-333-9181; lyonsdistilling.com 🍷

### Marker Five

6178 Tilghman Island Road, Tilghman; 410-886-1122; Markerfive.com; Local seafood, lunch, dinner Thursday-Sunday \$\$ 🍷 🍴 🌿 🍷

### Momma Maria's Mediterranean Bistro

4021 Main Street, Trappe; 410-476-6266; mommariasbistro.com; Mediterranean; dinner \$\$

### Old Brick Café

401 S. Talbot St., St. Michaels; 410-745-3323; Breakfast

### Osteria Alfredo

210 Marlboro Avenue, Easton; 410-822-9088; osteriaalfredo.com; Italian; lunch, dinner \$\$ 🍷 🍴

### Out of the Fire Café & Wine Bar

22 Goldsborough Street, Easton; 410-770-4777; Outofthefire.com; Mediterranean, seafood; lunch, dinner \$\$ 🍷 🍴

### Piazza Italian Market

218 N. Washington Street, Easton; 410-820-8281; Piazzaitalianmarket.com; Italian; lunch, takeout \$ 🍷 🌿

### Plaza Jalisco

7813 Ocean Gateway, Easton; 410-770-8550; Plazajaliscoeaston.com; Mexican; lunch, dinner \$ 🍷

### Pope's Tavern

504 S. Morris St., Oxford; 410-226-5220; Oxfordinn.net; European bistro; dinner \$\$ 🍷 🍴 🌿

### Portofino Ristorante Italiano

4 W. Dover Street, Easton; 410-770-9200; Portofinoeaston.com; Italian; dinner \$\$ 🍷 🍴

### Purser's Pub at Inn at Perry Cabin

308 Watkins Lane, St Michaels 443-258-2228 innatperrycabin.com; American food, small plates, lunch and dinner 🍷

### Rise Up Coffee

1216 St. Michaels Road, St, Michaels 410-745-5555; riseupcoffee.com 🍷

### Robert Morris Inn

314 North Morris Street, Oxford; 410-226-5111; Robertmorrissinn.com; Modern American; breakfast, lunch, dinner, Sunday brunch \$\$ 🍷 🍴 🌿

### Sakura Sushi Restaurant

8475 Ocean Gateway, Easton; 410-690-4770; Japanese, Sushi; lunch, dinner \$-\$\$

### Sam's Pizza & Restaurant

1110 S. Talbot Street, St. Michaels; 410-745-5955; Sampsizzastmichaels.com; Italian, American, Greek cuisine; lunch, dinner \$ 🍷 🍴 🌿

### Scossa Restaurant & Lounge

8 N. Washington Street, Easton; 410-822-2202; Scossarestaurant.com; Northern Italian; lunch, dinner, Sunday brunch \$\$ 🍷 🍴 🌿

### Snifters Crafts Beer and Wine Bistro

219 Marlboro Avenue, Easton; 410-820-4700; sniftersbistro.com 🍷

### Stars at Inn at Perry Cabin

308 Watkins Lane, St. Michaels; 443-258-2228; innatperrycabin.com; Seafood; breakfast, lunch, dinner \$\$\$ 🍷 🍴 🌿 🍷 🌿

### St. Michaels Crab & Steakhouse

305 Mulberry Street, St. Michaels; 410-745-3737; Stmichaelscrabhouse.com; American, seafood; lunch, dinner \$\$ 🍷 🍴 🌿 🍷 🌿

### Storm and Daughters Ice Cream

32 E. Dover Street, Easton 🍷

### Sugar Buns Airport Café & Bakery

29137 Newnam Road, Easton; 410-820-4220; Sugarbuns.com; Baked goods, desserts, light fare; breakfast, lunch \$ 🍷

### Sunflowers & Greens

11 Federal Street, Easton; 410-822-7972; Sunflowersandgreens.com; Salads; lunch \$

### T at the General Store

25942 Royal Oak Road, Easton; 410-745-8402; Tatthegeneralstore.com; Dinner, Weekend brunch \$\$ 🍷 🍴

### Theo's Steaks, Sides & Spirits

409 S. Talbot Street, St. Michaels; 410-745-2106; Theosteakhouse.com; Steakhouse; dinner \$\$\$ 🍷 🍴 🌿

### Two if by Sea

5776 Tilghman Island Road, Tilghman; 410-886-2447; Twoifbysearestaurant.com; American; breakfast, lunch, Sunday brunch \$ 🍷 🍴

### U Sushi

108 Marlboro Avenue, Easton; 410-763-8868; Usushimd.com; Japanese; lunch, dinner \$\$

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**Victory Garden Café**  
124 S Aurora St.,  
Easton; 410-690-7356;  
Multi-cuisine; break-  
fast, lunch, dinner \$  
☎ 🍴 \*

**Washington Street Pub & Oyster Bar**  
20 N. Washington  
Street, Easton; 410-  
822-1112; Washing-  
tonstreetpub.com; Amer-  
ican; lunch, dinner \$\$  
☎ 🍴 🍷 🌿

**Kent County**

**Barbara's On The Bay**  
12 Ericson Avenue, Bet-  
terton; 410-348-3079;  
Barbarasonthebay.  
com; American; lunch,  
dinner \$\$ 🍴 🍷 🌿 \*

**Bayside Foods**  
21309 Rock Hall  
Avenue, Rock Hall;  
410-639-2552 🍴

**Bay Wolf Restaurant**  
21270 Rock Hall Ave,  
Rock Hall; 410-639-  
2000; Baywolfrresta-  
urant.com; Austrian &  
Eastern Shore Cuisine;  
lunch, dinner \$ 🍴

**Beverly's Family  
Restaurant**  
11 Washington Ave,  
Chestertown; 410-778-  
1995; American; break-  
fast, lunch, coffee 🍴

**Café Sado**  
870 High Street, Ches-  
tertown; 410-778-6688;  
Cafesado.com; Sushi  
and Thai \$\$ 🍴

**The Channel Restaurant  
at Tolchester Marina  
(Seasonal)**  
21085 Tolchester Beach  
Road, Chestertown;  
410-778-1400; Tol-  
chestermarina.com;  
Seafood, American;  
lunch, dinner 🍴 🍷 🌿 \*

**Casa Carmen Wine  
House**  
312 Cannon Street,  
Chestertown; 443-203-  
8023; casacarmen-  
wines.com 🍴

**China House**  
711 Washington Ave,  
Chestertown; 410-778-  
3939; Chinese; lunch,  
dinner \$ 🍴

**Ellen's Coffee Shop &  
Family Restaurant**  
205 Spring Ave, Ches-  
tertown; 410-810-1992;  
American; breakfast,  
lunch, dinner, coffee  
\$\$ 🍴

**Evergrain Bread Com-  
pany**  
201-203 High Street,  
Chestertown; 410-  
778-3333; Evergrain-  
breadco.com; Bakery;  
breakfast, lunch \$ 🍴

**Figg's Ordinary**  
207 S. Cross Street  
#102, Chestertown;  
443-282-0061; Figg-  
sordinary.com; Café  
and Bakery; Breakfast,  
Lunch, Gluten and  
refined sugar free \$ \*

**Ford's Seafood**  
21459 Rock Hall Ave,  
Rock Hall; 410-639-  
2032; Seafood; break-  
fast, lunch, dinner \$\$\$

**Harbor House (Seasonal)**  
23141 Buck Neck Road,  
Chestertown; 410-778-  
0669; Harborhouse-  
atwortoncreekmarina.  
com; Seafood, American;  
dinner, Saturday and  
Sunday lunch \$\$ ☎ 🍴 🍷 🌿

**Harbor Shack**  
20895 Bayside Ave,  
Rock Hall; 410-639-  
9996; Harborshack.  
net; American, seafood;  
lunch, dinner \$-\$\$ 🍴  
🍷 🌿 \*

**Java Rock**  
21309 Sharp St., Rock  
Hall; 410-639-9909;  
Javarockcoffeehouse.  
com; Gourmet coffee,  
light fare; breakfast,  
lunch \$ 🍴 \*

**The Kitchen at the  
Imperial**  
208 High Street Ches-  
tertown, MD. 21630;  
410-778-5000; Impe-  
rialchestertown.com;  
Small Plates Tavern &  
Casual Fine Dinning  
Restaurant, Sunday  
Brunch \$\$ 🍴 🍷 🌿

**Luisa's Cucina Italiana**  
849 Washington Ave,  
Chestertown; 410-778-  
5360; Luisasrestaurant.  
com; Italian; lunch,  
dinner \$-\$\$ ☎ 🍴

**Marzella's By The Bay  
LLC**  
3 Howell Point Road,  
Betterton; 410-348-  
5555; Italian, Amer-  
ican; lunch, dinner \$  
🍴 ☎

**O'Connor's Pub &  
Restaurant**  
844 High Street, Ches-  
tertown; 410-810-3338;  
American, Irish; lunch,  
dinner \$\$ 🍴 🍷 \*

**Osprey Point**  
20786 Rock Hall  
Avenue, Rock Hall;  
410-639-2194; Osprey-  
point.com; American,  
Seafood; dinner, \$\$\$  
☎ 🍴 🍷

**Pasta Plus**  
21356 Rock Hall Ave,  
Rock Hall; 410-639-  
7916; Rockhallpasta-  
plus.com; American,  
Italian; breakfast,  
lunch, dinner \$ 🍴

**Plaza Tapatia**  
715 Washington Ave,  
Chestertown  
410-810-1952  
Plazatapatia.com  
Mexican; lunch, dinner  
\$-\$\$ 🍴 🌿

**Procolino Pizza**  
711 Washington Ave,  
Chestertown; 410-778-  
5900; Italian; lunch,  
dinner \$-\$\$

**The Retriever Bar & The  
Decoy Bottle Shop**  
337 1/2 High Street,  
#339, Chestertown 🍴

**Two Tree Restaurant**  
401 Cypress Street, Mil-  
lington; 410-928-5887;  
Twotreerestaurant.  
com; Farm-to-table;  
lunch, dinner \$\$ ☎ 🍴

**Uncle Charlie's Bistro**  
834B High Street,  
Chestertown; 410-778-  
3663; Unclecharlies-  
bistro.com; Modern  
American; lunch,  
dinner, Sunday brunch  
\$\$ 🍴 🍴

**Waterman's Crab House**  
21055 Sharp Street,  
Rock Hall; 410-639-  
2261; Watermanscrab-  
house.com; Seafood;  
lunch, dinner \$\$ ☎ 🍴  
🍷 🌿 \*

**Wheelhouse Restaurant**  
20658 Wilkens Ave.,  
Rock Hall; 410-639-  
4235; American; lunch,  
dinner \$\$ 🍴 🌿 🍴

**Dorchester  
County**

**Bay County Bakery and  
Café**  
2951 Ocean Gateway,  
Cambridge; 410-228-  
9111; Baycountybakery.  
com; Sandwiches,  
pastries; breakfast,  
lunch \$ 🍴

**Bistro Poplar**  
535 Poplar Street,  
Cambridge; 410-228-  
4884; Bistropoplar.  
com; French; dinner  
\$\$\$ ☎ 🍴 🍴

**Black Water Bakery  
and Coffee House**  
429 Race Street, Cam-  
bridge; 443-225-5948;  
Black-water-bakery.  
com; Artisan breads,  
soups, sandwiches,  
desserts \$

**Blue Point Provision**  
100 Heron Boulevard,  
Cambridge; 410-901-  
6410; Chesapeakebay.  
hyatt.com; Seafood;  
dinner \$\$ ☎ 🍴 🍷

**Blue Ruin**  
400 Race Street, Cam-  
bridge; 410-995-7559;  
blueruinbar.com 🍴

**Bombay Tadka**  
1721 Race Street, Cam-  
bridge; 443-515-0853;  
Bombaytadkamd.com;  
Indian; lunch, dinner  
\$\$ 🍴

**Canvasback Restaurant  
& Irish Pub**  
420 Race Street, Cam-  
bridge; 410-221-7888;  
Irish, European; lunch,  
dinner \$\$ ☎ 🍴 🍴 🌿

**Carmela's Cucina**  
400 Academy Street,  
Cambridge; 410-221-  
8082; Carmelascuci-  
na1.com; Italian; lunch,  
dinner \$ ☎ 🍴

**Jimmie & Sook's Raw  
Bar & Grill**  
527 Poplar Street, Cam-  
bridge; 410-228-0008;  
Jimmieandsooks.com;  
Seafood; lunch, dinner  
\$ 🍴 🍴 🌿 \*

**Kay's at the Airport**  
6263 Bucktown Road,  
Cambridge; 410-901-  
8844; American; break-  
fast, lunch, dinner  
\$\$ 🍴

**Lil' Bitta Bull BBQ**  
1504 Glasgow Street,  
Cambridge; 443-205-  
2219 🍴

**Ocean Odyssey**  
316 Sunburst Highway  
(Rt. 50), Cambridge;  
410-228-8633;  
toddsseafood.com;  
Seafood; lunch, dinner  
\$\$, ☎ 🍴 \*

**Portside Seafood  
Restaurant**  
201 Trenton Street,  
Cambridge; 410-228-  
9007; Portsidemary-  
land.com; Seafood;  
lunch, dinner \$ 🍴 🍴  
🍷 \*

**RAR Brewing**  
504 Poplar Street,  
Cambridge; 443-225-  
5664; Rarbrewing.  
com; American; lunch,  
dinner \$ 🍴 🍴

**Snapper's Waterfront  
Café**  
112 Commerce Street,  
Cambridge; 410-228-  
0112; Snapperswa-  
terfrontcafe.com;  
American, seafood;  
lunch, dinner, Sunday  
breakfast \$ 🍴 🍴 🌿 \*

**Suicide Bridge  
Restaurant**  
6304 Suicide Bridge  
Road, Hurlock;  
410-943-4689; Sui-  
cide-bridge-restaurant.  
com \$\$ 🍴 🍴 🍷

**ThaiTalian Infusion  
Cuisine**  
300B Washington  
Street, Cambridge; 443-  
225-6615; thaitalianin-  
fusioncuisine.com 🍴

**Caroline  
County**

**Harry's on the Green**  
4 South First Street,  
Denton; 410-479-1919;  
Harrysonthegreen.com;  
American, seafood;  
lunch, dinner \$\$ ☎  
🍴 \*

**Market Street Public  
House**  
200 Market Street,  
Denton; 410-479-4720;  
Marketstreet.pub  
Irish, American; lunch,  
dinner \$ 🍴 🌿



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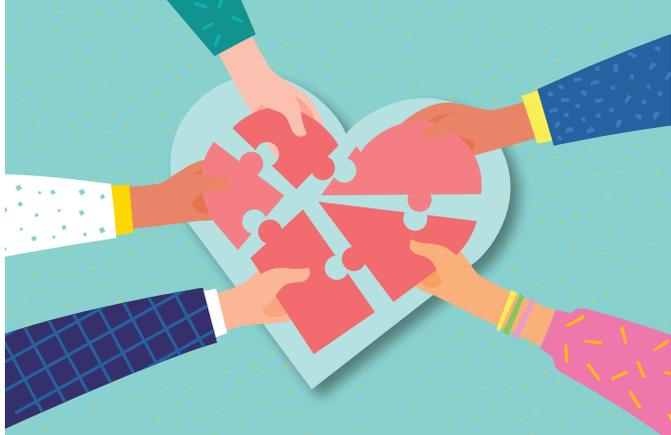


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# THANK YOU

We want to help recognize the people keeping Maryland going amid the coronavirus pandemic. On behalf of What's Up? Media and our entire community:

**Thank you for all that you do!**

*Grateful* to have neighbors like you that support local business.



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Hello Friends & Neighbors,

We hope that all of you have remained safe and healthy through these uncertain times. When we are able to return to business as usual, know that we have and will continue to follow every guideline, old and new, to ensure your safe return.

In the meantime, you can offer your support by following us on Facebook (Bistro St. Michaels) & Instagram (@BistroStMichaels). Gift cards can also be purchased for future use on our website (see below).

Feel free to contact us by phone or email as listed below. We very much look forward to welcoming you back, hopefully very soon!

Best regards,

*The Staff at Bistro St. Michaels*



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# Where's Wilma?

## FIND WILMA AND WIN!

After many weeks hibernating at home, our fearless mascot Wilma is ready to take to the skies to help others. She'll safely social distance her way to the best restaurants for take-out meals to deliver to others, collect medical supplies for hospitals, and pick up more than a few gift cards from local businesses to distribute to needy individuals and families. Can you help her along the way?

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at [whatsupmag.com/promotions](http://whatsupmag.com/promotions) for another opportunity to win a prize.

**Congratulations to this month's winner: Wendy Fillmore** of Cambridge who won a \$50 gift card to a local restaurant.

**Mail entries to:** Where's Wilma? Eastern Shore, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at [whatsupmag.com/promotions](http://whatsupmag.com/promotions)



Please Print Legibly

**I FOUND WILMA ON PG.** \_\_\_\_\_ Advertiser \_\_\_\_\_  
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 \_\_\_\_\_ Advertiser \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

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What is your age bracket? (Circle one) <25 25-34 35-44 45-54 55+

Would you like to sign up for our weekly eNewsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles! Yes, please! \_\_\_\_\_ No, thanks \_\_\_\_\_

Entries must be received by May 31, 2020. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Eastern Shore.

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Fisher Law Office.....	LLP
Franke Sessions & Beckett LLC.....	LLP
George R. Roles Attorney and Counselor at Law.....	LLP
Gormley Jarashow Bowman.....	LLP
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