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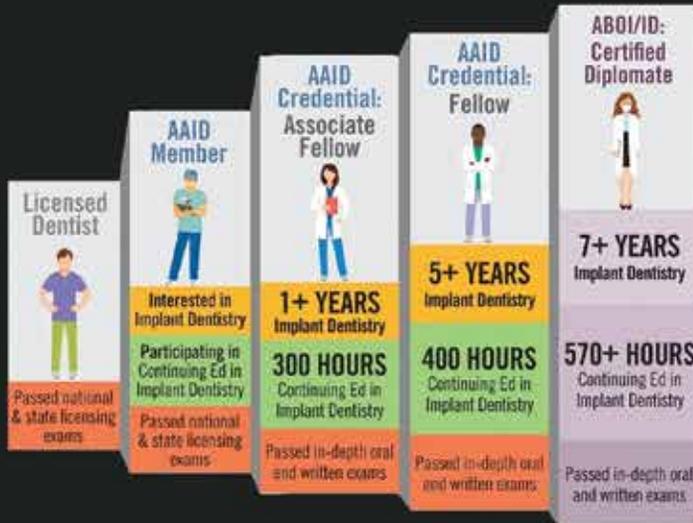
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**On the Cover:** Explore the bounty of businesses, services, and professionals in our Newbies & Natives Guide to the Chesapeake Bay region. Design by August Schwartz. Contact *What's Up? Eastern Shore* online at [whatsupmag.com](http://whatsupmag.com).  
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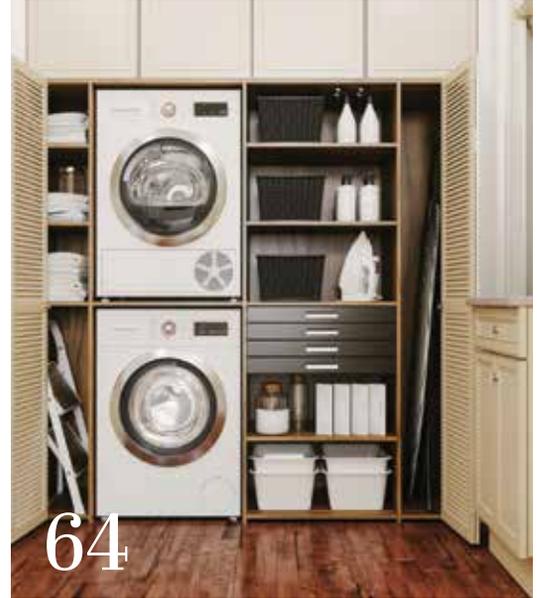
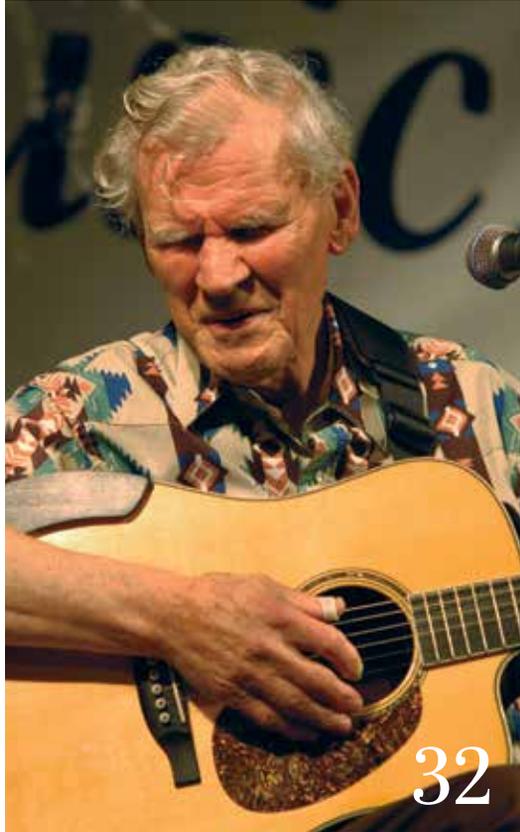
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WHATS UP?

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**EDITOR'S NOTE:** July's event-related columns and the Calendar of Events have been removed from this issue due to the high-volume of cancellations related to the COVID-19 pandemic.

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### Following COVID-19

[whatsupmag.com/covid-19](https://whatsupmag.com/covid-19)

What's Up? Media's landing page for COVID-19-related local information features live updates from government, businesses, and community sources.

We've been following closely, vetting and posting information as quickly as possible. Thank you for trusting us and please continue to check this page often. Stay healthy, stay safe.



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# From the editor

There are certainly systemic social issues that must be addressed by our citizenship and leadership across the broad spectrum of both public and private sectors. This begs the question, “What will it take to actually realize the words written into our Declaration of Independence?” That...“all men [and women, I’ll add] are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.”

It’s a broad question, the answer to which dives down many, many rabbit holes. I get that. And in the past 244 years, we’ve made progress. But there’s still so much more to accomplish.

In this issue, our article “Year of the Woman: Their Bond Would Not Break” reflects on the suffrage movement through the lens of the Silent Sentinels—the women who marched on Washington, in front of the White House, more than 100 years ago. They challenged the status quo, picketing and protesting for equal rights for women. A number of these ladies were jailed at Occoquan Workhouse in Lorton, Virginia, and subjected to severe physical abuse, malnourishment, and mental fatigue at the hands of their jailors. Yet they persisted and women earned the right to vote in 1920.

There are many parallels between this 100-year-old story and the call for equal rights that we are reliving today. There are lessons to learn. Lessons for each of us to take to heart, to teach others, to say, “Not all has ever been right in our nation; we can do better.”

So as we hang our American flags and light fireworks to honor and celebrate our Nation’s independence, take pause to consider that not everyone has the benefit of experiencing this independence as it’s intended. And that you and I...yes we, can be contributors to a better society. Let’s be the good apples.

A handwritten signature in black ink, appearing to read 'James Houck', written over a large, stylized, handwritten flourish that resembles a large 'J' or a similar shape.

**James Houck,**  
Editorial Director

**O**ur nation celebrates its 244<sup>th</sup> birthday on July Fourth and I’m proud to be an American. I’m proud to celebrate our country because—despite what we see exposed on the news and social media—there are still a lot of very fine citizens doing amazing and positive things every day within our communities, the state, and the USA. I’ve written about this before; the front-line medical workers, first responders, our teachers, parents, and neighbors, nonprofit volunteers serving the less fortunate and disenfranchised, the social justice warriors demanding equity and fairness...the list goes on. In fact, I’ll bet dollars to doughnuts that there are more ethically and socially conscious individuals than there are ignorant and morally-depraved, no matter where the GPS points. We are a nation, by and large, of good people.

We’re halfway through this year, 2020, and it already feels like a lifetime of challenges and emotions have been experienced. We’ve faced historic tribulations that will, not only, define the year, but very likely an entire generation and beyond. Did they bring us together or drive us apart? Somehow, we became accustomed to bearing witness to selfishness, social injustice, racism, divisiveness, and all manner of illogical behavior every day we turned on the television or looked at our phones. Despite my assertion that there are more good folks and deeds in our communities than bad, we seem bombarded with terrible news daily. So it’s up to each of us to shine—to shine a brighter light of empathy and action into this world than the one in which we were born. Trust me, it actually feels good.

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# *Out on the* **TownE**

12 ADVENTURES | 16 SALUTE | 20 SPOTLIGHT | 22 ATHLETE



## **Stoke a Camping Adventure!**

It is camping season! With everything else going on, it may have slipped your mind to make reservations at Maryland's State Parks' camping grounds, but we are here to help. The process is simple, as long as you know where to start. →

### **Events Have Gone Virtual!**

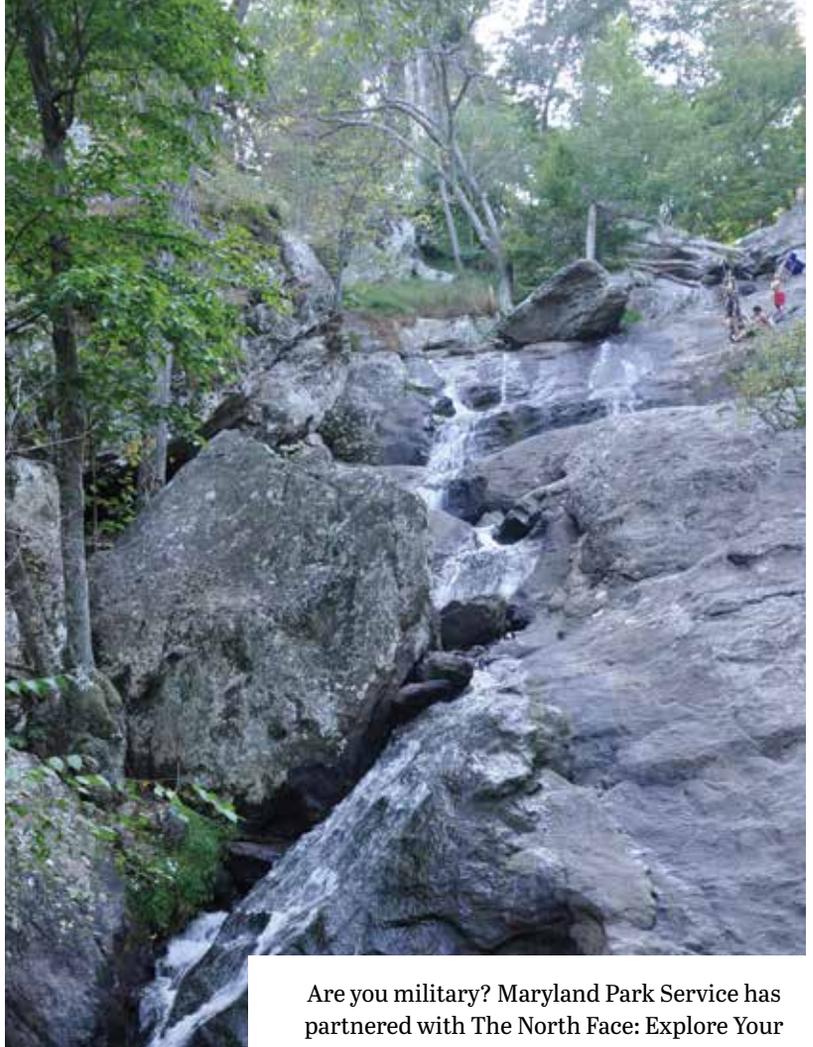
Many events, from film festivals to business chamber mixers, have transitioned to digital forums on platforms such as Zoom and Facebook Messenger.

Get the scoop on great opportunities to connect with your community and interests by visiting [Whatsupmag.com](http://Whatsupmag.com)!

The best and easiest way to begin your search for the perfect park is by visiting [ParkReservations.Maryland.gov](https://www.parkreservations.maryland.gov). Here, you will be able to choose the region of Maryland you'd like to visit (Eastern, Central, Western, etc.) and whether you are reserving a campsite, a cabin, or just want to show up for the day. From there, it will ask you when you want to go, your party size, equipment you need, and several other filters (like pet-friendly camp sites). Once you put in your specifics, the website will display a map, showing all of the parks available to meet your needs. Quick and easy!

**Tip.** Use *Campsite Assist*. By logging into [Campsite-photos.com/campsite-assist](https://campsite-photos.com/campsite-assist), you will be able to get text message alerts for campground availability. Use this if the campground has been sold out; they will text you if a site becomes available.

Another website to make reservations for local campgrounds and those in neighboring states is Reserve America ([reserveamerica.com](https://reserveamerica.com)). This site will give you all of the available campsites on a map, and give you information about each park. They will also give you a link straight to the reservation page.



Cunningham Falls State Park



Elk Neck State Park

Are you military? Maryland Park Service has partnered with The North Face: Explore Your Parks to offer Operation: Campout! Through this program, military individuals and military families are able to borrow a tent, chairs, stove, lanterns, and more equipment free of charge to reconnect with each other and the outdoors. The following parks take part in Operation: Campout! (and are popular for camping, in general):

- Cunningham Falls State Park; 301-271-7574
- Swallow Falls State Park; 301-387-6938
- New Germany State Park; 301-895-5453
- Rocky Gap State Park; 301-722-1480
- Patapsco Valley State Park; 410-461-5005
- Pocomoke River State Park; 410-632-2566

**Other popular parks for day use and/or youth group camping include:**

- Sandy Point State Park; 410-974-2149
- Rosaryville State Park; 301-888-1410
- Tuckahoe State Park; 410-820-1668
- Wye Island NRMA; 410-827-7577
- Harriet Tubman; 410-221-2290
- Gunpowder Falls State Park; 410-592-2897
- Elk Neck State Park; 410-287-5333

There are many more parks worth exploring in the far reaches of our great State. Visit [ParkReservations.Maryland.gov](https://www.parkreservations.maryland.gov) for more details about them all. Happy trails!



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TOWNE SALUTE

# Lloyd Devigne

## Chesapeake Bay Maritime Museum

By Lisa A. Lewis

**A** native of Glen Rock, New Jersey, Lloyd Devigne and his wife relocated to Easton in 2005 and settled into their new home. After a career at IBM that spanned 25 years, Devigne wanted to enjoy his retirement and find an interesting way to spend his time. So when he read an article in local newspaper about an upcoming docent training course for prospective volunteers at the Chesapeake Bay Maritime Museum (CBMM), it immediately piqued his interest. He had always been captivated by maritime history, and the opportunity to become actively involved really appealed to him. Although Devigne didn't realize it at the time, he had just discovered his vocation, and he would soon embark on an exciting new chapter in his life.

"After giving it some thought, I decided to take the course, and I have been a volunteer at CBMM since 2006," Devigne says. "I love being a member of the volunteer corps and seeing the visitors immerse themselves in the exhibits. CBMM offers a wide variety of opportunities for people of all ages to learn about the culture and history of the Chesapeake Bay region. There is so much to see and do, and I especially love interacting with the visitors and watching as their eyes light up with excitement."

The CBMM campus, which is located along the Miles River in St. Michaels, features a floating fleet of historic boats, a working shipyard, several exhibition buildings, a lighthouse, interactive exhibits, collections, tours, boat rides, hands-on education programs, festivals, and much

more. Indeed, Devigne is so impressed by the treasure trove of opportunities that CBMM offers that he has taken on numerous roles as a volunteer, which allow him to participate year round in different activities.

Although he first began his volunteer work as a docent leading group tours of the campus, Devigne soon decided to expand his horizons. In 2007, he started crewing CBMM's buyboat, *Mister Jim*, and he completed the requirements to become a United States Coast Guard (USCG) certified captain in 2010. Devigne moved from the crew to one of the volunteer captains on *Mister Jim* and then became a volunteer captain on *Winnie Estelle*, an oyster buyboat built in 1920, when CBMM acquired the vessel in 2014. In addition, he welcomes visitors and also mentors new docents.

Obviously, this schedule keeps Devigne very busy, but he wouldn't have it any other way. He enjoys the flexibility that CBMM offers its volunteers to budget their time and strives to stay engaged in exciting activities. From April through November, he leads group tours, and he spends May through October driving

**"Lloyd is a true steward of the Chesapeake Bay, and we are extremely lucky to have him as part of the CBMM family."**

*Winnie Estelle.* One of eight volunteer captains, Devigne takes visitors on scenic river cruises on the Miles River when he is on the schedule, which is typically about once a week. And during the winter months, he greets visitors.

“Lloyd is a true example of what it means to be an ambassador,” says CBMM’s Volunteer & Education Programs Manager Allison Speight. “He has immersed himself in all aspects of the museum’s operations—from leading tours, to serving as captain and crew to support on-the-water programming, to helping to maintain our fleet of historic vessels. Lloyd is a true steward of the Chesapeake Bay, and we are

extremely lucky to have him as part of the CBMM family.”

“Lloyd’s passion for maritime heritage and his love of sharing the Chesapeake’s story shine through in every interaction,” adds CBMM’s Content Marketing Manager Bethany Ziegler “CBMM would not be the success it is today without the generous commitment of dedicated volunteers like Lloyd.”

Without a doubt, Devigne is passionate about volunteering at CBMM and enjoys sharing the experience with the visitors. The campus offers a great venue to learn about Maryland’s rich history and can easily be likened to a living classroom—a forum to

gain a better understanding of the importance of the Chesapeake Bay. And while CBMM offers a fun experience for visitors of all ages, Devigne also hopes that it inspires them to become actively involved in a great cause.

“We all have an obligation to do our part to protect the Bay,” Devigne says. “CBMM fosters awareness of the serious issues that affect the Bay. It’s so important to preserve our maritime history and culture, so we can pass it on to the next generation. I love volunteering, and the work I do is extremely rewarding. CBMM has a great corps of volunteers who share a sense of camaraderie. We love interacting with the visitors,

and we meet so many interesting people. There is never a dull moment.”

*At the time of writing, CBMM was closed due to the coronavirus pandemic. For the latest updates on the situation, visit [cbmm.org](http://cbmm.org).*

**Do you have a volunteer to nominate? Send What's Up? an email to [editor@whatsupmag.com](mailto:editor@whatsupmag.com).**



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# A New Icon Takes Shape at the Chesapeake Bay Maritime Museum

A construction project of historic proportions is underway at the Chesapeake Bay Maritime Museum (CBMM) in St. Michaels, Md., with both international ties and links to the founding of Maryland.

*Maryland Dove* is a representation of the vessel that accompanied the first European settlers to Maryland in 1634. Owned by the state of Maryland and operated and maintained by Historic St. Mary's City (HSMC), the ship serves as HSMC's floating ambassador and one of its most popular exhibitions. And thanks to funding from the State and a partnership between CBMM and HSMC, the 42-year-old ship will be getting a brand-new successor.

"We are thrilled and honored to have been selected to build a new *Maryland Dove*," said CBMM President Kristen Greenaway. "Over the course of the next few years, our shipwrights and apprentices will build a historically accurate replacement for the existing ship, and we welcome guests to be a part of the construction and education experience."

CBMM's working Shipyard began construction on the new *Maryland Dove* in 2019 and has nearly completed the framing stage of the build, giving guests an idea of what the overall shape of the new state icon will be. The new ship will differ slightly from its existing counterpart thanks to new historical and archaeological research that's been done by experts on the HSMC staff and sources like the Vasa Museum in Sweden.

"This research is going to allow the new ship to be more historically accurate," said Regina Faden, executive director at HSMC. "There were no surviving plans of the original *Dove* of 1634, so we're happy that advances in research and technologies over the past 40 years will be informing the design of the new ship and allowing us to better tell the story of (early) Maryland."

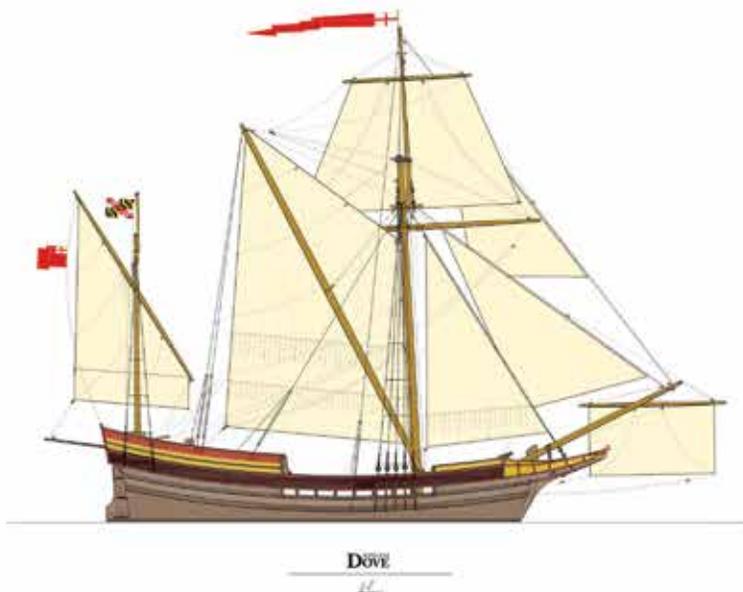
This is the largest project to date for CBMM's shipwrights, who serve as a tangible connection to the Bay's rich story of boatbuilding. CBMM is

committed to preserving and transferring traditional boatbuilding skills in its Shipyard to help keep them alive in both new craftsmen and the general public. CBMM's Shipyard provides an educational experience for guests on not just how ships are built, but on the timber, tools and labor involved, and the social world within which that building takes place both now and historically.

On *Maryland Dove*, the shipwrights' next steps involve framing and planking. To follow along with this project and to learn more and *Maryland Dove's* past, present, and future, visit [marylanddove.org](http://marylanddove.org).



From now through 2021, the shipwrights at the Chesapeake Bay Maritime Museum will be constructing a new *Maryland Dove*, a representation of the vessel that accompanied the first European settlers to Maryland in 1634 in full public view. The ship is owned by the state of Maryland and operated and maintained by Historic St. Mary's City. To learn more about the project, visit [marylanddove.org](http://marylanddove.org).



This drawing by naval architect Iver Franzen shows what the new *Maryland Dove* will look like after its constructed by shipwrights at the Chesapeake Bay Maritime Museum in St. Michaels, Md. To learn more about the project, visit [marylanddove.org](http://marylanddove.org).



Academy Art Museum staff distribute Art Kits to Talbot County elementary students.

## ↑ WOMEN SUPPORTING WOMEN TO PROVIDE MEALS TO CANCER SURVIVORS

With support from the Community Foundation of the Eastern Shore, Women Supporting Women provided prepared meals to a total of 12 survivors currently going through treatment over an eight-week period. Families of survivors also received a \$30 gift card to a local grocery store to help with other food expenses. The grant allowed for two meals a day for three days a week to be prepared and delivered directly to the survivor's home. We are expecting this effort to alleviate stress for survivors so they are able to focus on recovery and keep themselves safe. Cancer survivors have a weakened immune system and can be more susceptible to infection, so staying home during this pandemic is especially important. WSW is thankful for the Community Foundation's support during this difficult time and is looking forward to continuing support services to breast cancer patients and survivors. More information about Women Supporting Women and the Community Foundation can be found at [womensupportingwomen.org](http://womensupportingwomen.org) and [cfes.org](http://cfes.org).



## ↑ Talbot County Council Recognizes the 50th Anniversary of Neighborhood Service Center

For over 50 years, the Neighborhood Service Center (NSC), Inc., Talbot County's designated Community Action Agency, has worked to improve the quality of life both socially and economically for low-income residents in Talbot County by equipping them with the tools and potential for becoming self-sufficient. Talbot County Councilman Frank Divilio, who is the Council representative on the Board of NSC, wanted to recognize the organization's achievements on behalf of the County Council because the official celebration for the event had to be postponed due to COVID-19. Pictured left to right are: Megan Cook, Easton Town Council member, Treasurer of Neighborhood Service Center (NSC), and a member of the NSC Board for 11 years; Marilyn Neal, Executive Director of NSC; and Talbot County Councilman Frank Divilio, who also serves on the Board of NSC. Divilio wanted to recognize the organization's 50th Anniversary achievements with flowers and balloons because the official celebration for the event had to be postponed due to COVID-19.

## UM SHORE REGIONAL HEALTH HELPS THOSE IN NEED OF HEALTHY FOOD ↓

University of Maryland Shore Regional Health announced that it has partnered with the Maryland Food Bank Eastern Shore to help address food insecurity challenges affecting Eastern Shore Marylanders as a result of the COVID-19 pandemic. Shore Regional Health's initial donation of \$5,000 will provide approximately 15,000 nourishing meals, contributing to the overall health and well-being of the community, explained Small. Shore Regional Health has supported five of Maryland Food Bank's partners on the Eastern Shore including: Delmarva Community Services; Haven Ministries Safe Harbor; Living Waters Assembly; Millington-Crumpton Food Pantry of Asbury United Methodist Church; and Society of St. Vincent De Paul.



Volunteers at Delmarva Community Services are working hard to distribute food daily to those in need.

## Academy Art Museum Encourages Creative Learning During Pandemic

The Academy Art Museum in Easton reached out to students and their families through its "Art at Home" weekly emails that feature creative ways for students and families to engage in art virtually through activities posted to the Museum's website. Weekly family art projects are designed to be low-cost and feature easily-available materials. Projects so far have included creating Australian dot art paintings, fashioning Sicilian marionettes out of card stock, making paper molas out of construction paper, and weaving with paper. The project for Earth Day week featured the Museum's signature art/environmental science program, Junk Mail Fish. Ben Simons, Director at AAM states, "In addition to our virtual offerings, we have also stepped up our innovative programming for our partners, such as the Talbot County Public Schools. Art Kits, boxes filled with art supplies, continue to be distributed to Talbot County elementary students who depend on free lunches at Easton Elementary-Dobson so that they can continue their creative learning while they are home. I'm very proud of the Museum staff for the extensive outreach and programming we have developed in a short time in response to this crisis."

Do you have community or business news to publicize? Send What's Up? an email at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).



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TOWNE ATHLETE

# Carley Dare

## Kent Island High School Indoor Track, Track & Field

By Tom Worgo

**W**hen Kent Island senior and two-sport athlete Carley Dare was young, her parents divorced and it was a challenging experience for her and brother Casey. She still feels the ramifications of it to this day and has wanted to be a family attorney “most of my life.” In pursuit of this goal, Dare will major in pre-law at Slippery Rock University in Pennsylvania.

“I want to help other families that have children,” she says. “And help children get through it. I want to let them understand everything will okay in the long run and make sure the parents are comfortable doing that to their children.”

While Dare is at Slippery Rock, she will compete in both indoor track and track and field for the Division II The Rock. Dare thinks she can have an impact early in her athletic career. “I played a ton of sports growing up, but the one I stuck with was track and field.” she says. “I have been running since the seventh grade. There’s nothing like it. The team, the families, the coaches, and other athletes you meet. It just all fits into place.”

Frostburg State University, Lebanon Valley College, and Ohio Central College also recruited her. But Dare picked Slippery Rock for two reasons.

“When I talked to the coach, I really ended up liking him and the program they have built for athletes,” she explains. “I like their past record. I also ended up touring the campus and learned more about their educational programs, which I really liked as well.”

Slippery Rock coach John Papa is excited to have her on the track teams. “She is a good fit for here.” Papa says. “She wants to work hard. She has a lot of potential and I think, ultimately, she will be able to really help us.”

The 5-foot-5-inch Dare, who carries a 3.25 grade-point average, is already working out like a college athlete. She plans to train five days a week, running an hour each day and lifting weights another hour and a half. “I have to put the work in day in and day out,” she says. “I have to push myself and be able to keep up with my team members and not let them down.”

Kent Island Track and Field Coach Justin Holland called the 17-year-old Dare one of the best leaders he’s worked with in his 21 years on the job. She co-captained the indoor and outdoor track team this year.

“She is very vocal,” he says. “If I ask her to do something or talk to a teammate, she will make sure it gets done. She is very fiery. She definitely wants to help the younger teammates out. When the freshmen and sophomores come in, she definitely takes them under her wing.”

Dare also has contributed to Kent Island’s success with her performance in individual events and relays. She ran a leg on the 1,600-meter relay team that finished second in the Class 2A East Regional championships. That performance advanced the team onto states. Last spring, Dare won regular-season meets in the 100- and 300-meter hurdles and her 1,600-meter relay team captured first-place honors in both the Nesbit Pinkett Relays and the Kent Island Invitational.

In every meet, Dare competes in two relays and two individual events. “She has worked very hard for four years,” Holland says. “She is a workhorse for us. She has helped us get the championships we have had the past few years.”

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.



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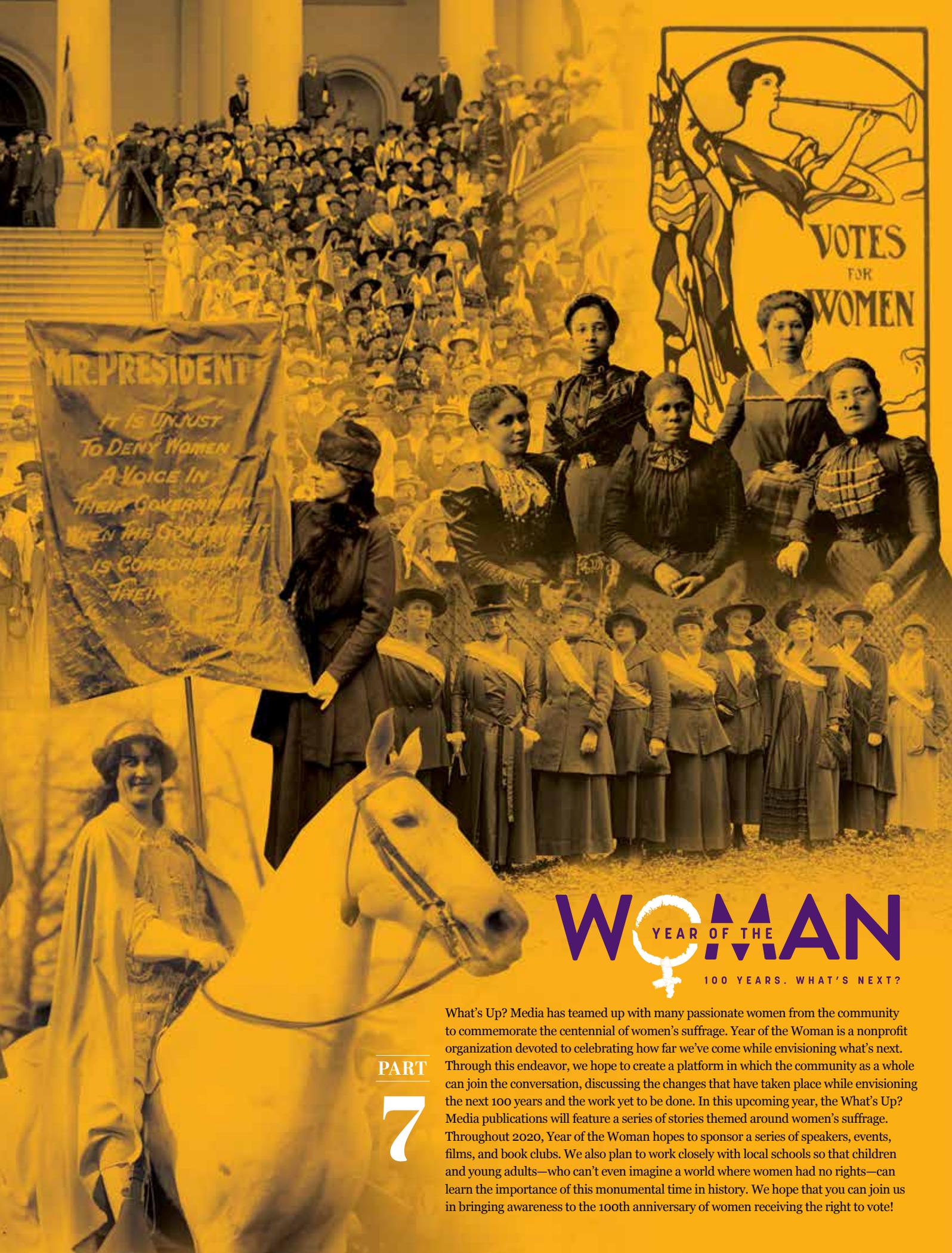
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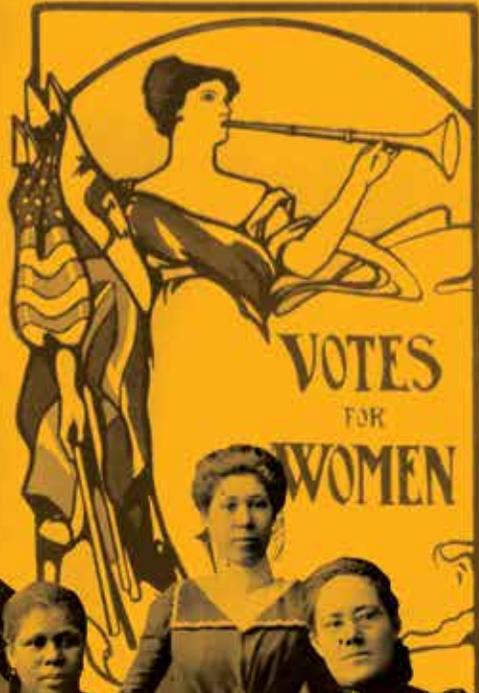


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and fight with hearts more proof than shields.





MR. PRESIDENT  
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TO DENY WOMEN  
A VOICE IN  
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WHEN THE GOVERNMENT  
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# WOMAN

YEAR OF THE

100 YEARS. WHAT'S NEXT?

PART

7

What's Up? Media has teamed up with many passionate women from the community to commemorate the centennial of women's suffrage. Year of the Woman is a nonprofit organization devoted to celebrating how far we've come while envisioning what's next. Through this endeavor, we hope to create a platform in which the community as a whole can join the conversation, discussing the changes that have taken place while envisioning the next 100 years and the work yet to be done. In this upcoming year, the What's Up? Media publications will feature a series of stories themed around women's suffrage. Throughout 2020, Year of the Woman hopes to sponsor a series of speakers, events, films, and book clubs. We also plan to work closely with local schools so that children and young adults—who can't even imagine a world where women had no rights—can learn the importance of this monumental time in history. We hope that you can join us in bringing awareness to the 100th anniversary of women receiving the right to vote!



12

Lucy Burns  
in Occoquan  
Workhouse,  
Lorton, Virginia in  
November 1917.

# Their Bond Would Not Break

The Night of Terror in Occoquan served to solidify the determination of the Silent Sentinels and the suffrage movement in America **By Ines Alicia**

**F**ive prison guards held down Lucy Burns as a doctor shoved a tube up her nose to force feed her three times per day. The 38-year-old had launched a hunger strike one week earlier after being beaten and tortured for seeking the vote for women in 1917.

“I refused to open my mouth,” Burns wrote of her experience on tiny scraps of paper which were smuggled out of the jail, according to Burns’ fellow prisoner, Doris Stevens in her book, *Jailed for Freedom: American Women Win the Vote*. Stevens was sentenced for 60 days for picketing at the White House. The doctor “pushed tube up left nostril,” Burns said. “It hurts nose and throat very much and makes nose bleed freely. Operation leaves one very sick. Food dumped directly into stomach feels like a ball of lead.”

Burns and 32 other women, whose ages ranged from 19 (Matilda Young) to 73 (Mary Nolan), were imprisoned at the Occoquan Workhouse in Lorton, Virginia, on charges of unlawful assembly and obstructing the sidewalk after peacefully protesting in front of the White House on November 10, 1917. Some were sentenced for six days while others, like Burns, received six months, wrote Stevens. Their 13

days in the prison eventually drew national media attention for the prison administration’s brutality and its extensive efforts to keep their stay and treatment secret from the public.

“The women who were imprisoned were so committed to the idea that all women get the vote that they were willing to give their lives for it,” says Laura McKie, director of the recently opened Lucy Burns Museum in Occoquan Workhouse. “It was a pretty awful experience.”

The Night of Terror, which really should have been called Thirteen Days of Terror, began after prison superintendent William H. Whitaker became enraged with the women for refusing to agree to stop picketing the White House once released, for protesting their treatment and prison conditions, and for seeking to be declared political prisoners. Political prisoners had less supervision, greater freedom of dress and movement, didn’t have to do prison work like sewing and laundry, and could receive visitors, says Alice Reagan, an associate professor of history at Northern Virginia Community College and a key player in developing the new museum.

Guards launched the Night of Terror on one of the women the suffragists considered the most frail, Dorothy Day, who spent the rest of her life dedicated to helping the poor. She



Cell blocks at Occoquan Workhouse, ca. 1917.



Lucy Burns (standing in middle) speaks to women and men in 1910 about women's suffrage.

Women hold banners at the White House gates January 11, 1917, the day after their "silent sentinel" campaign for the women's right to vote began. The banner on the right reads, "Mr. President, what will you do for woman suffrage?" The campaign was organized by Alice Paul and the National Women's Party after President Woodrow Wilson refused in a meeting held January 9th to openly support women's suffrage.



co-founded the Catholic Worker Movement, a collection of autonomous communities dedicated to living "in accordance with the justice and charity of Jesus Christ."

"They twisted my arms above my head, lifted me, and slammed my back twice over a bench," said Day, who was 20 at the time and who is being considered for sainthood by the Catholic Church for her work. One of the men told her, "I will put you through hell."

The guards then turned their rage on suffragists Dora Lewis, Nolan, and Alice Cosu.

"A man sprang at me and caught me by the shoulder," said 73-year-old Nolan. "I remember saying, 'I'll come with you; don't drag me; I have a lame foot.' But, I was jerked down the steps and away into the dark. There was no light but from the corridor. Then they threw in two mats and two dirty blankets. (Mrs. Cosu and I) had only lain there a few minutes trying to get our breath, when Mrs. Lewis was literally thrown in."

Nolan said guards grabbed Lewis "like a sack of flour," smashing her head into an iron bed frame and knocking her unconscious for the evening, according to Cindy L. Bennett, author of the book *Wicked Fairfax County*.

Cosu, believing Lewis, 55, was dead, suffered a heart attack.

"Mrs. Cosu became desperately ill with chest pains and vomiting," said Nolan. "We called for help, but guards nearby ignored us."

Burns, an Irish Catholic from Brooklyn, became concerned after hearing the racket from the other cells. She launched a verbal roll call to check on the status of the other women, infuriating the guards who threatened to put a horse's bit in her mouth to silence her. They stripped Burns down to her petticoat, shackled her to her prison cell door with her arms over her head, and forced her to stand in that position all night in her unheated cell.

Another suffragist, Emily Du Bois Butterworth, said she was taken to the section of the prison where males were held. "They told me I was alone and the men could do what they pleased with me."

"It (The Night of Terror) helped turn public opinion to being more sympathetic to what the women were asking for," Reagan says. "People began to ask, 'what are you doing in the Occoquan Workhouse?'"

The guards would taunt the women with fried chicken and other tasty foods to try to get the women to resume eating. They would tell each of the women that the other women had stopped their hunger strikes. The women began to starve themselves in protest and the jailers feared being responsible for their deaths, so they force fed hunger strikers through a tube via the nostril or throat.

“Dr. Gannon then forced the tube through my lips down my throat; I gasping and suffocating with the agony of it,” Lewis later wrote of being force fed. “I didn’t know where to breathe from and everything turned black when the fluid began pouring in. I was moaning...Finally the tube was withdrawn. I lay motionless.”

Yet, none of the women gave in.

Initially, family and friends had no idea where the women had been imprisoned; they expected to find them at the D.C. Jail since they were arrested in Washington, D.C., at the White House. Instead, the women were transported by train to Lorton, Virginia, 30 minutes south of Washington. Once family and friends knew their location, the prison’s superintendent prohibited any visits, including from their lawyers. The women bribed guards to smuggle information about their stay to the public, but Whitaker asked U.S. Marines to surround the prison so no more information could be leaked.

An attorney, Dudley Field Malone, desperately tried to expose the maltreatment of the women and get them released. He eventually secured their release by challenging the government’s decision to imprison them in Virginia instead of D.C. where they were charged for violating the law. Prison superintendent Whitaker tried to circumvent the court order to bring the women to an Alexandria court for a hearing. He cut the phone line to the prison and disappeared for several days so he couldn’t be served with the court order.

“On November 23, the 26 suffragists who were still serving time were brought into the Alexandria courtroom,” wrote Bennett in *Wicked Fairfax County*. “The women appeared dazed, ashen and weak. Some did not have the strength to sit and ended up lying down on the court benches.”

The judge ordered the women be transferred to the D.C. Jail to complete their sentences.

The women resumed their hunger strikes and President Woodrow Wilson, fearing they would die, intervened and had them released on November 27–28.

Wilson believed individual states, not the federal government, should decide if women should be allowed to vote and he was initially amused when the women wearing purple, cream, and gold banners began protesting in January 1917 six days per week in front of the White House. On occasion, he would invite them in for tea. The protestors became known as the Silent Sentinels because they initially protested in silence. They were frustrated that it was taking so long to convince each state to give women the vote and they wanted a constitutional amendment to make it possible for women to vote across the country. Women could vote in Russia, Finland, and other Scandinavian countries.

The suffragists decided it was time to hold parades and protests; tactics not used before by women in the United States, but had been employed by British women, known as suffragettes there, to gain media attention. Burns and suffragist Alice Paul met in a jail in Britain after participating in the British movement while studying at universities there. They learned many of the techniques used and sought to employ them back home in the United States. Some U.S. women, however, felt squeamish about protests and parades because they were seen as militant and unwomanly. Every day, the protests had a different theme—they had college day where college-educated women would protest and they had State Day where women from different states, including Maryland, would protest in front of the White House.

The women faced hostility and angry crowds at times. The public felt they should focus their energies on being homemakers and supporting the war effort and soldiers in World War I. The suffragists refused to wait until the war ended. They recalled suffragists stopped pursuing the vote for women during the U.S. Civil War (1861–1865) because they were promised that if they helped with the war effort, their ideas on women voting would be entertained. Yet, 50 years later, women were still trying to have that discussion.

“A lot of people thought they were unpatriotic to continue picketing during the war,” McKie says. “These women were educated, worldly, had

#### A FORMIDABLE DUO

Graduate students in England at the height of the British suffrage campaign, both Paul and Burns were drawn into the movement. They met there in jail in 1909, where they were held for disturbing the peace during a demonstration. They were jailed together once more, enduring a hunger strike and force-feeding. Though they did not condone violence or vandalism, they witnessed—and learned from—the British movement’s radical, confrontational tactics.



Alice Paul—Born in New Jersey in 1890, Paul held a degree from Swarthmore College and a PhD from the University of Pennsylvania. In 1907, her social work studies took her to England, where she joined the British suffrage movement led by the Pankhurst family.



Lucy Burns—Burns, a graduate of Vassar College from Brooklyn, also studied at Yale, Columbia and universities in Bonn and Berlin, Germany. She became a suffragist while studying at Oxford University. Burns’ activist energy complemented Paul’s studied, thoughtful manner.



WE DEMAND  
AN AMENDMENT  
TO THE  
UNITED STATES  
CONSTITUTION  
ENFRANCHISING  
WOMEN

traveled, and had experiences and opportunities that hadn't been possible a generation before. They were angry when World War I started and that they didn't have a say."

Wilson, the police, and, to some extent, the public saw the protests as embarrassing. Wilson ordered federal law enforcement officers to trail the participants and had the protestors arrested. When the protests continued, authorities became more aggressive, charging them fines, which if they paid meant they also were pleading guilty. Most of the arrested women chose instead to spend a night in jail.

"The women were middle- and upper-class ladies who you'd expect to be taking tea instead of picketing the White House," McKie explains. "But, women at the time basically had no rights. When they worked, their wages could be taken by their husbands or fathers. When there was a divorce, the kids were given to the fathers. They couldn't own property. When they married, whatever the family gave them became property of their husband's."

Voting at the time was largely conducted in bars, no place for a woman. Women sought more family friendly policies, including laws

to strengthen consumer safety and improve education and economic opportunity. People worked six days per week at the time and women had no say on how their family's earnings were spent nor could they get loans or go to college.

"Women saw that getting the right to vote was a way to get politicians to support family-friendly policies," Reagan says. "They said, 'I want to vote to make a better life for my family.'"

After six months of protests, the crowds became more violent with the protestors. They often ripped their banners while mocking, deriding, and shoving the women, particularly after Wilson met with a Russian leader to encourage Russia to continue to support the war effort to encourage democracy around the world.

"The (suffragists) highlighted the government's hypocrisy of supporting democracy abroad while denying its women citizens at home the right to vote," according to a Library of Congress brochure titled *Shall Not be Denied: Women Fight for the Vote*.

The arrests of the suffragists grew more frequent. By the time the 33 women were arrested in November, right before the Night of Terror, authorities, citing frustration and anger with the women and multiple arrests, upped the stakes to try to coerce the women to stop protesting. They shipped the women to Lorton.

Author Kate Clarke Lemay wrote in her book *Votes for Women*, "Daily life in Occoquan (Workhouse) was meant to be miserable. The women wore coarse fabric dresses, labored in the heat of the gardens with their blistered hands, spent hours in the sewing room."

A guard who claimed she was fired for being friendly with the imprisoned suffragists, alleged in an August 30, 1917, article in the *Alexandria Gazette* titled "A Woman's Charges" that the workhouse food was wormy; bedding was seldom changed, going unwashed even if a new prisoner was assigned the bed of a released prisoner; prisoners were all required to use the same bar of soap; the suffragists' mail was not delivered to them; and that the superintendent and his son beat prisoners.

"You get the sense (Whitaker) wasn't a big fan of women from what we've read about him" Reagan says. "He had already been

investigated for violence on the prisoners before the women arrived.”

By 1918, Wilson, who had two daughters who supported suffrage, changed his opinion in support of a federal amendment to grant women the vote “and he had to do a lot of arm twisting” to get it passed in the House of Representatives, asserts Reagan. The U.S. Senate refused, but an election shortly after changed the composition of the Senate and the amendment was passed. Suffragists struggled through numerous challenges for the next two years trying to get ratification from a three-fourths majority of states. Tennessee became the 36<sup>th</sup> state to ratify, giving women the right to vote on August 26, 1920. Three months later, women across the country voted for president for the first time.

“It is incredible to me that any woman should consider the right to full equality won,” wrote suffragist Alice Paul of the events. Paul and Burns formed the National Woman’s Party to push for a Constitutional amendment to give women the vote. “It has just begun.”

Reagan said she gets frustrated when she hears voters, particularly women, take the vote for granted. She quotes one of her favorite posters which says, “She was not force-fed eggs and milk so you could not vote.”

“I say to all of my students, ‘If you didn’t vote, I don’t want to hear your complaints,’” Reagan says.

U.S. women battled for the right to vote for more than 70 years before the 33 women were imprisoned. The women’s fourth night in the prison, November 14, 1917, known as the Night of Terror, however, changed the trajectory of the movement to secure voting rights for women nationally. Though the suffragist movement still overcame many challenges and difficulties after the women’s imprisonment, the Night of Terror seemed to fast track the effort. Three years later, women were allowed to vote with passage of the 19<sup>th</sup> Amendment to the U.S. Constitution. The protestors, known as suffragists, though, were so traumatized from being beaten, choked, dragged, clubbed with batons, and force-fed by the guards during their imprisonment that some of them never participated in suffrage efforts again. Burns left the movement after passage of the amendment and focused her life on raising a niece.

“These women were the strongest women,” McKie says. “They willingly went to jail, purposefully resisted their treatment, decided to do hunger strikes, and would have probably been dead if not force fed. We need to honor that commitment. We need to get out and vote. The museum doesn’t tell people how to vote; just that it is our responsibility to vote.”

The Lucy Burns Museum, located in Building Two, highlights the sacrifices and hardships suffragists endured so all women could vote in the United States. McKie, who volunteers as director of the museum after retiring from the Smithsonian Institution, says museum visitors see the suffragist exhibit, a prison cell depicting the forced feeding of the women, and a section on the history of the prison and reformatory in Lorton. McKie says she plans to open four additional prison cells in the future, hopes to launch an oral history project, and produce signature films for their theater once they secure additional funding. She also proudly noted the Girl Scouts offers an opportunity to earn a patch by visiting the museum.

“Lucy Burns has the distinction of being jailed more often than anyone in the National Woman’s Party,” says Page Harrington, author of an upcoming book called *Interpreting the Legacy of Suffrage at Museums and Historic Sites*.

Reagan says it is important to have a museum dedicated to the suffrage movement.

“It is very satisfying to see this museum come to fruition,” says Reagan, a docent at the Lucy Burns Museum. “So many museums just have a panel on women’s contributions. Women’s history is not really highlighted. There are only a few museums out there that have to do with women. People walk into this museum and they’ll often say, ‘we didn’t know this happened.’”

The grounds of Occoquan Workhouse and buildings were converted into art galleries, apartments, a golf course, two parks, and a museum after being sold to Fairfax County in 2002.



Tune in each month as we continue our "Year of the Woman" article series, and in the meantime, check out the upcoming related events at

[yearofthewoman.net](http://yearofthewoman.net)

SEARCHING FOR

“THAT HIGH  
LONESOME  
SOUND”

By Frederick Schultz



Where and when bluegrass music originated doesn't matter much to folks in the D.C./Maryland/Virginia corridor (dubbed the "DMV") as the area continues to be a hotbed for old-time, acoustic, Americana music



was a magical night and a year in the making. The Rams Head On Stage concert venue on West Street in Annapolis was recently brimming with hot licks and

high-lonesome harmonies— sold out for the 20th anniversary of the Good Deale Bluegrass Band. Tim and Savannah Finch were back. Forced to cancel their annual appearance at the same venue the year before when Savannah was sidelined for health reasons, their performance this night was in several ways a gift and a triumph.

The group, now known as “Tim and Savannah Finch with the Eastman String Band,” includes Tim (a sales rep for the Eastman company of fine stringed-instrument crafters) on vocals, mandolin, and banjo, Savannah on vocals and guitar, fiddling “Baltimore Jonny” Glik, Danny Stewart on stand-up bass, and a blazing young guitar picker named Chris Luquette, who often plays with the Eastman String Band. Tonight, the crowd was told, Luquette had just traveled from the Grammy Awards program in New York to be there for this special show. Also appearing with the anniversary band was dobroist Alex Sens, capably filling in but certainly not replacing the late, great, former Good Deale Bluegrass member Mike Auldridge, who, *The New York Times* wrote in a tribute, lent “fresh elegance” to the dobro.

Joining the lineup for the second set were long-time Good Deale friends and bluegrass greats Dudley Connell and Sally Love Connell and 2013 International Bluegrass Music Association Instrumental Performer and Banjo Player of the Year, Mike Munford. After masterful renditions, especially of the Lester Flatt and Earl Scruggs classic “Some Old Day” and a rousing instrumental “Alabama Jubilee,” everyone in the house agreed that bluegrass music in this town has lost none of its luster. But are these still glory days, or is general interest in bluegrass fading?





**The Del McCoury Band**  
at a recent performance. Creative Commons License.

## Where Did Bluegrass Come From?

The bona-fide home of bluegrass is still up for debate, now 90-odd years hence. Whether it was at a rural square-dance hall in Indiana that led to performances broadcast over the entire eastern half the country on WLS radio's "National Barn Dance" in Chicago, or the back room of some fledgling record company among those setting up shop in Nashville, bluegrass was little more than just a product label at the time. To borrow from the lyrics of a hit song released in 1982 by the popular country band Alabama, "mountain music" was "like grandma and grandpa used to play." As it turns out, Alabama might have been onto something there.

According to *Bluegrass: A History*, an authoritative, exhaustive volume acclaimed by aficionados and written in 1985 by Neil V. Rosenberg, what eventually became known as bluegrass actually did start before anyone ever performed it for money. Rosenberg, himself "a semiprofessional bluegrass musician" and at the time a professor of folklore at Memorial University of Newfoundland (St. John's), Canada, writes that immigrants who settled in the Appalachian hills and the eastern piedmont of this country principally played music they'd imported from home—known derisively as "hillbilly" by outsiders—for their own entertainment.

## Blue Grass Becomes Bluegrass

As those immigrants started migrating to higher population centers during the Great Depression to find work, and after radio and recorded music became more accessible, a mandolin player and entrepreneur named Bill Monroe formed a band in Indiana he called "The Blue Grass Boys." It wasn't long before the name stuck. Over the years, a total of 143 blue grass boys have been on the Monroe payroll at one time or another.

"Like all myths," Rosenberg laments, "those of country music are based on



Bluegrass phenom **Billy Strings** performs. His performance has sold out venues nationwide. Photo by Emily Butler.

truth but not necessarily the whole literal truth. Bill Monroe was and is the central figure in bluegrass, but he and his music were molded by culture and circumstance.” The combination of unamplified and unaltered guitar, mandolin, banjo, fiddle (don’t call it a violin), and later bass fiddle—at a higher “dupal-meter” tempo and accompanied by separate high-octave vocal harmonies—became its own style. And it has risen and fallen with commercial music’s fickle definitions of quality and popularity.

Television networks were responsible early on for spreading some of the bluegrass gospel. The Dillards made their debut appearance in 1963 as the Darling family “boys” in the 1960s series *The Andy Griffith Show*, and Lester Flatt and Earl Scruggs (both former Blue Grass Boys) guest-starred on *The Beverly Hillbillies* from 1963–68. In 1969, the country-music variety show *Hee-Haw* (cohosted by Roy Clark, who grew up in the Washington, D.C., area) became one of the most popular series in TV history.

## A Big Revival

In an interview for the February 1988 *Country Journal*, blind-from-birth old-time guitar virtuoso Doc Watson recalled: “It seems like there have been revivals in this kind of music all along, a recurring thing. There was a lull in it at

the end of the ’60s, and then all at once in the ’70s it began to grow again...The ‘Circle Album,’ they call it...got us heard in a lot of audiences where we never would have been heard otherwise.”

What Watson was referring to, of course, was the Nitty Gritty Dirt Band’s 1972 ensemble of picking and strumming legends gathered together for the platinum-selling triple album *Will the Circle Be Unbroken*. That, along with the release the same year of the movie *Deliverance*, featuring the unlikely hit “Dueling Banjos,” and Jerry Garcia of the Grateful Dead sitting down on banjo to record—with fiddler Vassar Clements, mandolinist David Grisman, bassist John Kahn, and guitarist Peter “Panama Red” Rowan—for the release the following year of the classic old-timey album *Old and in the Way* helped bring on the resurgence that Watson was talking about.

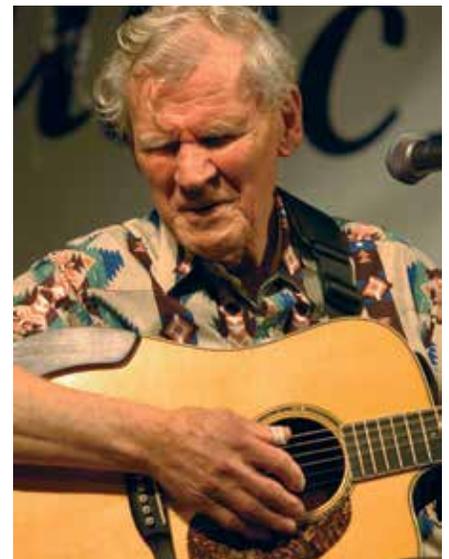
Another spike of interest in the music came in 2000, this time a reintroduction of bluegrass pioneers Carter and Ralph Stanley to a whole new audience with the release of the Coen brothers’ film *O Brother Where Art Thou*. One of its many memorable lines came when Tim Blake Nelson as character Delmarr O’Donnell says, “Hey mister! I don’t mean to be tellin’ tales out of school, but there’s a feller in there that’ll pay you ten dollars if you sing into his can.”

So, where has all this led? One of the hottest acts in live-performance music today is 27-year-old bluegrass jam guitar phenom William Apostol whose biggest influence, he says, is Doc Watson. If Apostol’s name doesn’t ring any bells, he’s been going by the stage name “Billy Strings,” coined by an aunt who early on recognized his stringed-instrument virtuosity. Most of the venue list for his tour this summer includes the words “SOLD OUT,” and he is a headliner for the more and more popular Delfest (an ode to festival founder Del McCoury), held Memorial Day weekend in Cumberland, Maryland.

## The Nation’s Bluegrass Capital

The music has caught on nationwide, but nowhere was the appetite for it more voracious at one time than in the mid-Atlantic region. The *Washington Post* ran a story in March 1974 with the headline “D.C. Is Also Nation’s Bluegrass Capital.” In the early and mid-1970s, bluegrass music was definitely being reborn, if not reinvented altogether, right here in our neck o’ the woods.

Among a host of local musicians who’ve carried the bluegrass torch, most prominent in the Washington area have been The Country Gentlemen and The Seldom Scene; the lineups of both hav-



**Doc Watson Sugar Grove**, Doc Watson, 86 years old, performs in 2009, three years before his death. Creative Commons License.

ing changed considerably over the years, even though the product was essentially the same. Their stories and lineages are simply too long and complicated to include here, but suffice it to say, the “Scene” is still going strong with its current configuration, and a tribute band has taken on the responsibility of keeping the “Gentlemen” music alive.

## Books Assess the Condition of Local Bluegrass

In 2015, Jim Newby produced *Bluegrass in Baltimore: The Hard-Drivin’ Sound and its Legacy*, “detailing the struggles Appalachian musicians faced in a big city that viewed the music they made as ‘the poorest example of poor man’s music.’” Among the notable legends from Charm City included in the book are Del McCoury and the Stoney Mountain Boys, the first bluegrass band to perform at New York City’s Carnegie Hall.

A book released early this year and written by “American vernacular music scholar” Kip Lornell, *Capital Bluegrass: Hillbilly Music Meets in Washington*, recounts the history of this type of music in the nation’s capital and surrounding area. In it, he describes the present local outlook as “the chilling winds of change” that started brewing in the early 1990s when bluegrass music declined in stature and popularity and paints a gloomy picture for the future of this musical genre in the region.

Harking back to the Rams Head Good Deale Bluegrass anniversary show (which at press time was in the early stages of production for a new live album), it was obvious that audience members had more age and grey hair than a typical concert crowd would have. Which leads to the questions: Is this style of music in a downward spiral? Or is it healthier than ever? Hints of its enduring popularity are everywhere; Delfest in Cumberland; the Charm City Bluegrass Festival, now in its seventh year; and sold-out performances at venues region-wide. Just ask Tim and Savannah Finch.

## Area Bluegrass Jams

The Metropolitan Kitchen and Lounge on West Street in Annapolis features a Bluegrass Jam on the first and third Tuesdays of every month from 7 to 10 p.m., hosted by Sarah Larsen and Danny Stewart, Jr., a stringed-instrument master and a musician first-class in the U.S. Navy’s Country Current band. The family-friendly event welcomes all ages and musical skills and attracts bluegrass enthusiasts from the entire mid-Atlantic region.

The monthly Bluegrass Jam at the Sandy Spring Museum on Route 108 in Sandy Spring, Maryland, is now in its third year. Held the last Sunday of the month (with the occasional exception), it draws pickers from Montgomery County and beyond, from players with considerable experience to beginners hoping to pick up pointers. The jam is led by Sandy Spring Museum board member Bruce Evans (who plays in the Brookeville-based band, The Fire Hazards) and Mary Burdette (assistant director of the Grey Fox Bluegrass Festival in Oak Hill, New York). To help pay museum staff and utilities, participants and listeners alike are encouraged to donate \$5 each time they attend.

## Maryland Band Sampler

- Bluetrain Bluegrass—Baltimore
- Lonesome Fiddle Ramblers—Hagerstown
- Flatland Drive Band—Denton
- Free Range Bluegrass—Greensboro
- 15 Strings—Park Hall
- Across the Track—Aberdeen
- Backroad—Tacoma Park
- Smooth Kentucky—Towson
- Grand Old Ditch—Cumberland
- Blue Crab Crossing—Salisbury
- The Knuckle Dusters—Washington, D.C.



↑ Eastman String Band performs a signature set at Rams Head On Stage. From left: Fiddling Jon Glick, Tim Finch, Savannah Finch, bassist Danny Stewart from the Navy’s “Country Current” band, and Grammy-nominated up-and-coming guitar “picker,” Chris Luquette. Photo by G. T. Keplinger.



# Newbies & Natives Guide

TO THE CHESAPEAKE BAY REGION

Whether you're fresh in town or an old-salt, the Chesapeake Bay region is chock full of amazing individuals and businesses driving its economy and the lifestyle that we love to enjoy. On the following pages, What's Up? Media presents a very resourceful and intuitive guide to the best restaurants, shopping, professional services, schools, home and garden contractors, realtors, lawyers, doctors, and dentists. Whew!

The best part? Altogether, this handy guide is the result of collaboration between our editors, readers, and licensed peers within the industries represented. It's been a community effort. Truly. And you'll read about the production processes for each of the categorical lists herein. It is our hope that it helps you navigate the sometimes tricky choices faced during times of want and need. Have fun perusing this guide and enjoy!



# BEST OF EASTERN SHORE

## The summary list of 2020's winners

The Best of Eastern Shore 2020 winners are here, as voted by our readership. This is an important designation. Last fall we called upon you to write-in your recommendations in many categories. After carefully vetting ballots for any duplicates or multiples originating from one source (no ballot stuffing allowed), we arrived at the resulting winners. You chose the winners on the following pages; *no winner paid to be on this list*, however those businesses who have purchased advertising in *What's Up? Eastern Shore* magazine this year have their full contact information included on their individual listing.

### BEAUTY & FITNESS

*Aromatherapy*  
**Massage By Jess**

*Barre Class*  
*Pilates*  
**Barrevolution**

*Bootcamp*  
*Personal Trainer at a Gym*  
**Workout Like A Girl Fit Camps**

*Brazilian Blowout*  
*Fabulous Haircut*  
**Elizabeth Claire Salon**

*Stylist for Long Hair*  
**Victoria Moore of Elizabeth Claire Salon**

*Bridal Hairstyling*  
**Studio Two Salon**

*Bridal Make-up*  
*Men's Haircut*  
**Shapers Salon**  
413 Needwood Avenue, Easton; 410-822-6555; shapershairstalon.com

*Chemical Peel*  
*Deep Tissue Massage*  
**Spa Angels Boutique and Spa**

*Circuit Training*  
*CrossFit*  
**Fitness Rx**

*Customer Service*  
*Spray Tan*  
**Island Sun Tanning Salon**

*Day Spa*  
*Salon Pampering*  
**Spa at Harbour Inn**

*Eyebrow Care*  
**Bella Rose Medispa**

*Eyesh Extensions*  
*Microblading*  
**The Lash Lounge LLC**

*Facial*  
**Chesapeake Bay Beach Club**  
500 Marina Club Road, Stevensville; 410-604-1933; baybeachclub.com

*Fashion Stylist*  
**Mary Guschke of Charisma Clothing Boutique**

*Free Weights*  
*Gym Amenities*  
**Club One Fitness**

*Gym*  
*Spin Class Instructor*  
**Eastern Shore Performance Center**

*Gym Childcare*  
*Pool/Swim Facility*  
**YMCA of the Chesapeake**

*Holistic Health Coach*  
*Lifestyle Coach*  
**Leslie Murphy of Shore Integrative Health**

*Kickboxing*  
**Sculpt Kent Island**

*Manicure*  
**M&M Nails and Spa**

*Martial Arts for Children*  
*Mixed Martial Arts*  
**Kent Island Martial Arts Center**

*Medispa*  
**Sullivan Surgery & Spa**  
1 Goldsborough Street, Easton; 443-221-2700; sullivanurgery.com

*Men's Barber*  
**Mike's Barber Shop**

*Mother-To-Be Massage*  
**Foremost Massage & Spa**

*Pedicure*  
**Nautical Nails**

*Permanent Makeup*  
**Willis Salon**

*Personal Trainer at a Private Studio*  
**Josh Plugge of Optimal Fitness**

*Resort with Spa*  
**St. Michaels Harbour Inn, Marina & Spa**

*Salon for Coloring*  
**Levity Hair Studio**

*Stand-Up Paddleboard Class*  
**Shore Pedal & Paddle**

*Stone Massage*  
**Swan Cove Spa & Salon**

*Tattoo Parlor*  
**Kent Liberty Tattoo**

*Tween Dance Class*  
**Eastern Shore Dance Academy**

*Tween Fitness Class*  
**Step 1 Dance 2 Academy**

*Waxing*  
**Absolute Vanity**

*Yoga Studio*  
**The Studio**

*Yoga Instructor*  
**Paulette Florio of The Studio**

### FOOD & DINING

*American Restaurant*  
*Waterfront Restaurant*  
**Barbara's on the Bay**  
12 Ericsson Avenue, Betterton; 410-348-3079; barbarasonthebay.com

*Appetizers*  
*Crab Cake*  
**Fisherman's Inn**  
3116 Main Street, Grasonville; 410-827-8807; fishermansinn.com

*Bakery*  
**Bay Country Bakery**

*Barbeque*  
*Wings*  
**Lil' Bitta Bull BBQ**

*Beer Selection*  
**Carpenter Street Saloon**

*Breakfast*  
**Two if By Sea**

*Brewery*  
**RAR Brewing**

*Burger*  
**Wheelhouse Restaurant**  
20658 Wilkins Avenue, Rock Hall; 410-639-4235; wheelhouserestaurantmd.com

*Candy Shop*  
**Oh My Chocolate**

*Caterer*  
**Gourmet by the Bay**

*Chain Pizza*  
**Ledo Pizza**

*Chef*  
*New Restaurant*  
**Paul Brinkley and/of The Pearl on Main**

*Chinese Restaurant*  
**China House**

*Cocktails*  
**Blue Ruin**

*Cream of Crab Soup*  
**The Narrows Restaurant**

*Cupcakes*  
**JoJo's Cupcakes & Cream**

*Deli*  
**Bayside Foods**

*Distillery*  
**Lyon Distilling Company**

*Family-Friendly Restaurant*  
**Kentmorr Restaurant & Crab House**  
910 Kentmorr Road, Stevensville; 410-643-2263; kentmorr.com

*Farm-to-Table Menu*  
**Knoxie's Table**  
180 Pier One Road, Stevensville; 443-249-5775; baybeachclub.com

*French Restaurant*  
*Small Plates*  
**Bistro Poplar**

*German Restaurant*  
**Bay Wolf Restaurant**

*Gluten-Free*  
**Gluten-Free Bakery Girl**

*Greek Food*  
**Sam's Pizza & Restaurant**

*Happy Hour*  
*Whiskey Selection*  
**The Retriever Bar & The Decoy Bottle Shop**

*Ice Cream*  
**Storm and Daughters Ice Cream**

*Indian Restaurant*  
**Bombay Tadka**

*Japanese Restaurant*  
**In Japan**

*Local Coffee Shop*  
**Rise Up Coffee**

*Local Pizza*  
*Wine Selection*  
**Ava's Pizzeria & Wine Bar**  
409 S. Talbot Street, St. Michaels; 410-745-3081; Also located in Cambridge; avaspizzeria.com

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bridgesrestaurant.net

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Michaels; 410-745-3474;  
awfularthursusa.com

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**Scossa Restaurant &  
Lounge**

*Scratch Kitchen*

**The Kitchen at The  
Imperial**

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*Sports Bar*

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Spirits**

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theosteakhouse.com; Addi-  
tional location in Cambridge

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**Harris Crab House &  
Seafood Restaurant**

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bistrostmichaels.com

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*Take-Out Food*

*Vegetarian*

**Eat Sprout**

*Thai Food*

**ThaiTalian Infusion Cuisine**

*Wait Staff*

**Rams Head Shore House**

*Wine Selection*

**Snifters Crafts Beer and  
Wine Bistro**

219 Marlboro Avenue,  
Easton; 410-820-4700;  
sniftersbistro.com

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REAL ESTATE**

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**Higgins & Spencer**  
902 South Talbot Street, St.  
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higginsandspencer.com

*Architect*

*Interior Design Service*

**Purple Cherry Architects**  
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410-990-1700; purplecherry.  
com

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*Home Remodeling*

**Lundberg Builders, Inc.**  
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410-643-3334; lundberg-  
builders.com

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**Warren's Wood Works, Inc.**  
8708 Brooks Drive, Easton  
410-820-8984; war-  
renswoodworks.com

*Electrician*

**Carrión Electric**  
Easton, Maryland; 443-786-  
0446; carrionelectric.com

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Design/Build*

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*Lumber Supply*

**Friel Lumber Company**

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877-758-1600; shoreunited-  
bank.com

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**Sherwin-Williams Paint  
Store**

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**Godwin's Painting Services**  
443-867-0461; godwinpaint-  
ingservices.com

*Plumbing Service*

**Palmer's Plumbing, LLC**  
410-827-4546; palmer-  
splumbing.com

*Pool Design/Build*

**Aqua Pools**  
8801 Mistletoe Drive, Easton;  
410-822-7000; aqua74.com

*Pool Maintenance*

**Coastal Pools**

*Real Estate Team*

**May Realty**

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*Title Company*

**Bay East Title**

114 West Water Street, Centerville; 410-758-4682; bayeasttitle.com

*Tree Service*

**Bartlett Tree Experts, St. Michaels**

*Waterfront Team*

**Benson & Mangold Real Estate**

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1 Goldsborough Street, Easton; 443-221-2700; sullivanurgery.com

*Cardiologist*

**AAMG Cardiology Specialists**

*Child & Family Mental Health Providers*

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*Endodontist*

**J. Fredrick Heaton, DMD, PA**

*Facial Rejuvenation*

**Bella Rose Medispa**

*Family Dentistry*

*Sedation/Phobia Treatment*

**Eastern Shore Dental Care**

22 Kent Towne Market, Chester; 443-249-8881; easternshoredentalcare.com

*General Cosmetic Dentist*

*Implantologist*

**Easton Family Dental**

*General Dentist*

**Kent Island Dentistry**

*Gynecologist*

**AAMG Mid-Shore Women's Health**

*Hospice Medicine*

**Talbot Hospice**

586 Cynwood Drive, Easton; 410-822-2724; talbothospice.org

*Hygienist*

**Melissa Higginbottom with Erica Lewis-Mead, D.D.S. & Katherine Barnes, D.D.S.**

*Invisalign Specialist*

*Orthodontist for Adults*

**Philbin & Reinheimer**

*Mammography*

**Chesapeake Medical Imaging**

*Medical Grade Skin Care Products*

**Chesapeake Laser and Skin Care Center**

*Neurologist*

**Mohammad Walid Kamshah, MD**

UM Shore Medical Pavilion, Easton; 490 Cadmus Land, Easton; 410-770-5250; umms.org

*Occupational/Speech Therapy*

*Physical Therapy*

**Building Bridges Pediatric Therapy Services**

*Oral & Maxillofacial Surgeon*

**Oral Surgery Specialists**

*Orthodontics for Children*

**Higginbottom Orthodontics**

*Pediatric Dentist*

**Kent Island Pediatric Dentistry**

160 Sallitt Drive, Ste. 106, Stevensville; 410-604-2211; kipediatricdentistry.com

*Pediatrician*

**Choptank Community Health**

522 Cynwood Drive, Ste. 100, Easton; 410-770-8910; choptankhealth.org

*Periodontist*

**Center for Specialized Dentistry**

*Pharmacy*

**Edward's Pharmacy**

*Primary Care Medicine*

**Maryland Primary Care Physicians**

*Psychiatrist/Therapy Practice*

**Peace of Mind Mental Health Services, LLC**

*Urgent Care Medicine*

**UM Shore Regional Health/ChoiceOne Urgent Care**

28522-C Marlboro Avenue, Easton; 443-746-0086; choiceoneuc.com/locations/easton

*Vein Restoration*

**O'Donnell Vein & Laser**

505A Dutchman's Lane, Ste. 1, Easton; 877-461-1564; odonnellveinandlaser.com

*Veterinarian for Cats*

**Mid Atlantic Cat Hospital**

*Veterinarian for Dogs*

**Queenstown Veterinary Hospital**

*Veterinarian for Large Animals*

*Veterinarian for Small/Exotic Pets*

**Veterinary Medical Center**

*Veterinarian Surgery*

**Chestertown Animal Hospital**

10530 Augustine Herman Highway, Chestertown; 410-778-2455; chestertown-animalhospital.com

*Women's Imaging*

**AAMG Breast Specialists**

**RETAIL &  
PROFESSIONAL  
SERVICES**

*Accounting Firm*

**Kram, McCarthy, Ayers & Frost LLC**

*Art Gallery*

**Hopkins Original Art**

*Artisan Jewelry*

**Silva Wear**

*Auto Body Shop*

**Mullikan's Auto Body Shop**

*Auto Dealership*

**Fred Fredrick Chrysler Easton, Inc.**

8562 Ocean Gateway, Easton; 410-612-3648; fred-frederickchryslereaston.com

*Auto Insurance*

**Whitten Group LLC**

*Auto Repair*

**Phoenix Automotive**

*Boat Detailing*

**The Last Detail**

*Boutique Shopping*

*Purses/Handbags*

**Charisma Clothing Boutique**

*Carwash*

**Gander Car Wash**

*Computer Repair Services*

**Jason's Computer Services**

*Consignment Shop*

**Little Rascals Consignment Shop**

*Crowlers and Growlers*

**Eastern Shore Brewing Company**

*Designer Jewelry*

*Engagement Rings*

**DBS Fine Jewelers**

*Diamonds*

**Shearer the Jeweler**

*Driving School*

**Shane's Driving School**

*Eco-Friendly Business*

**Agave Juicing Company**

*Estate Jewelry*

**Guilford & Company**

*Event/Party Boat*

**Patriot Cruises**

*Festival/Event*

**Wine Fest at St. Michaels**

*Financial Advisor*

**Wye Financial & Trust**

16 N. Washington Street, Easton; 410-763-8543; wyefinancialandtrust.com

*Florist Shop*

**Swan Cove Flowers**

*Hotel*

**Inn at Perry Cabin**

*In Home Assisted Living*

**Regent Healthcare**

*Jewelry Repair*

*Watches*

**TNT Jewelers**

*Local Bank*

**Shore United Bank**

Multiple Eastern Shore locations; 877-758-1600; shoreunitedbank.com

*Local Music Venue*

**Carpenter Street Saloon**

*Local Musician/Band*

**Wheelhouse Rock Band**

*Local Nonprofit Organization*

**St. Michaels Youth and Law Enforcement (S.M.Y.L.E)**

*Marina*

**St. Michaels Marina**

*Nonprofit Fundraiser*

**Cover Your Chin for Charity**

Easton, Maryland  
coveryourchin.com

*Nonprofit Gala*

**Academy Art Museum Gala**

106 South Street, Easton; 410-822-2787; academyart-museum.org

*Oil/Vinegar Shop*

**Olivins Aged & Infused**

*Optician*

**Pensel & Walker Inc.**

*Outdoor Store*

**The Shore Sportsman**

*Pet Boarding and Daycare*

**Tricrown Inn for Pets**

*Pet Grooming*

**Bev's Grooming**

*Pet Services*

**Canine Country Club**

*Pet Store*

**St. Michaels Pet Supplies**

*Retail Beer Selection*

**Hair O' the Dog**

*Retail Whiskey Selection*

**Town and Country Wine Liquor Etc.**

*Retail Wine Selection*

**The Winery**

*Sailing School*

**Rock Hall Yacht Club Sailing School**

*Senior Living Facility*

**Homestead Manor Assisted Living**

*Silver Jewelry*

**Silver Linings**

*Specialty Grocer*

**The Village Shoppe**

*Summer Camp*

**YMCA**

*Tax Law*

**Frost Tax Law**

*Unique Gifts*

*Customer Service in Retail*

**The Hickory Stick**

21326 E. Sharp Street, Rock Hall; 410-639-7980; thehickorystickrockhall.com

*Wedding Venue*

**Chesapeake Bay Beach Club**

500 Marina Club Road, Stevensville; 410-604-1933; baybeachclub.com

*Wedding/Event Planner*

**Hannah Belle Events**

P.O. Box #308, Gelena; hannahbelleevents.com



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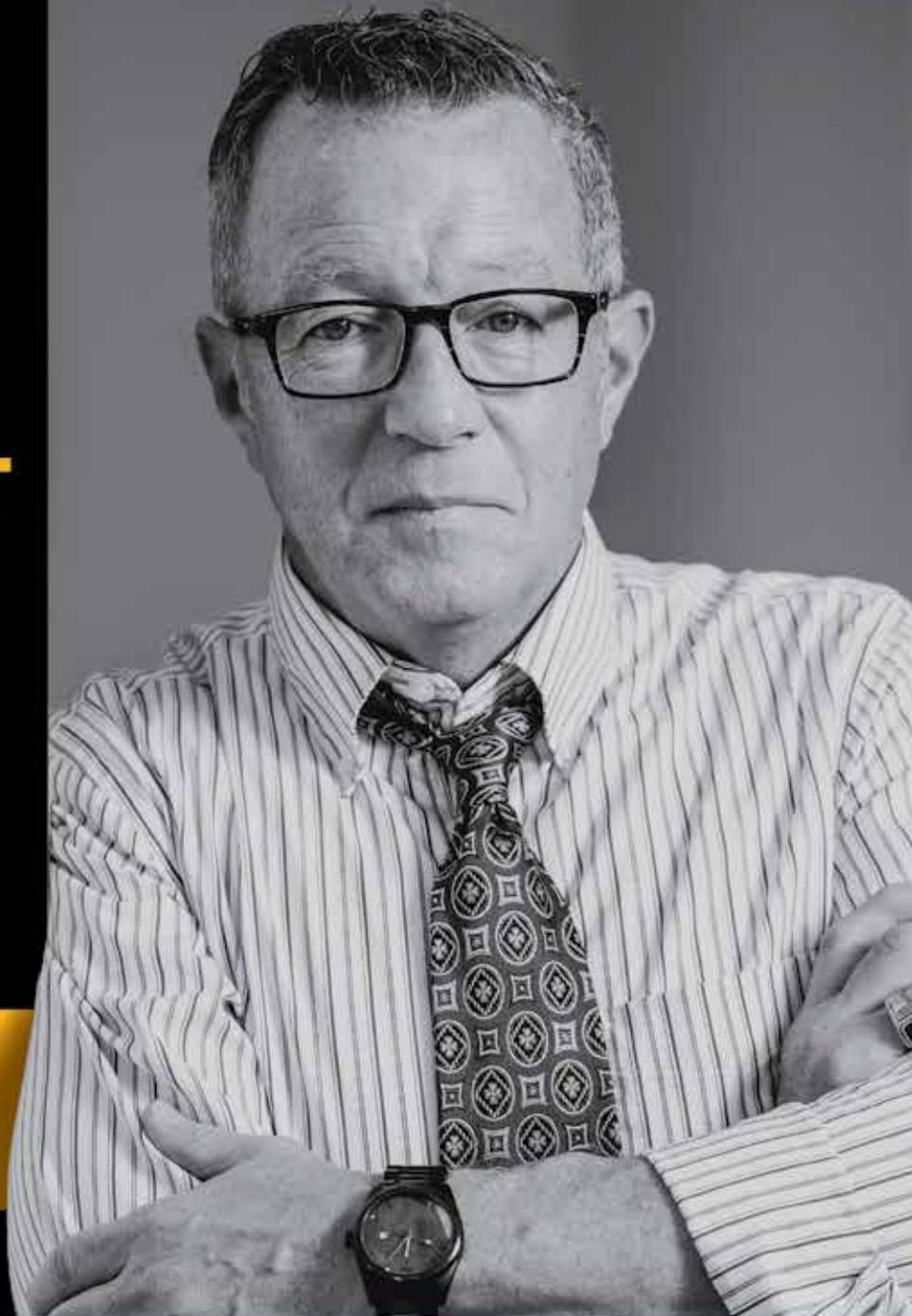


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# LEADING LAWYERS

OF THE EASTERN SHORE

## The biennial peer review survey from 2020–2021

The following lawyers, in 20 categories, represent the individuals who clearly received the most substantial amount of votes during our biennial peer review survey, most recently conducted this year. These honors only come directly from other attorneys and judges—people who really know what it takes to be a good lawyer right here on the Eastern Shore. *No attorney paid to be on this list, however those lawyers who have purchased advertising in What's Up? Eastern Shore magazine this year have their full contact information included on their individual listing. Knowing who legal professionals consider the best in their respective fields is an invaluable asset.*

### ADMINISTRATIVE LAW/ LIQUOR LAWS/ HEARINGS

**Justin M. Hoyt**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

### APPELLATE LAW

**C. Daniel Saunders**  
Saunders Law Firm

### BANKRUPTCY LAW

**Andrea Ross**  
The Law Office of Andrea Ross; 129 N. West Street, Ste. 1, Easton; 800-758-9265; andierosslaw.com

**Cami Russack**  
RLC PA Lawyers & Consultants; 8737 Brooks Drive, Ste. 107, Easton; 410-505-4150; russacklaw.com

**Tate Russack**  
RLC PA Lawyers & Consultants; 8737 Brooks Drive, Ste. 107, Easton; 410-505-4150; russacklaw.com

### BUSINESS LAW

**Joseph A. Stevens**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

### CONSTRUCTION LAW

**Derek A. Hills**  
The Law Office of Derek A. Hills, LLC

**Lance M. Young**  
Saunders Law Firm

### CRIMINAL LAW

**John Leo Walter**  
Eastern Shore Legal; 128 N. Commerce Street, P.O. Box 686, Centreville; 410-758-2662; easternshorelegal.com

**Justin M. Hoyt**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

### DOMESTIC VIOLENCE LAW

**Justin M. Hoyt**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

**Lynn Knight**  
The Law Office of Lynn Knight, P.C.; (Editor's note: Lynn Knight was recently named a Queen Anne's County Circuit Court judge)

**Patrick J. Palmer**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

### DISPUTE RESOLUTION

**Crystal S. Richard**  
Thompson & Richard, LLP

**Lynn Knight**  
The Law Office of Lynn Knight, P.C.; (See editor's note in Lynn Knight's first listing)

**Pamela L. Duke**  
Duke Law, LLC; 217 High Street, Chestertown; 410-778-2828; dukelaw.org

**Patrick J. Palmer**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

### ELDER LAW

**Tara K. Frame**  
Frame & Frame, LLC

### ENVIRONMENTAL LAW

**Jesse Hammock**  
Parker Counts; 129 N. Washington Street, Easton; 410-822-1122; parkercountslaw.com

**Joseph A. Stevens**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

**Mark F. Gabler**  
Rich & Henderson, P.C.

### FAMILY LAW

**Allison B. Hicks**  
The Law Office of Lynn Knight, P.C.

**Justin M. Hoyt**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

**Lynn Knight**  
The Law Office of Lynn Knight, P.C.; (See editor's note in Lynn Knight's first listing)

**Patrick J. Palmer**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

### GENERAL PRACTICE

**C. Daniel Saunders**  
Saunders Law Firm

**George R. Roles**  
G. Roles, Attorney & Counselor at Law; 101 S. Commerce Street, 1st Floor, Centreville; 443-262-8501; groleslaw.com

**James T. Worm, III**  
Hollis, Cronan, and Frank, P.A.

**John Leo Walter**  
Eastern Shore Legal; 128 N. Commerce Street, P.O. Box 686, Centreville; 410-758-2662; easternshorelegal.com

**John Rizos**  
Welch Law, LLC

**Pamela L. Duke**  
Duke Law, LLC; 217 High Street, Chestertown; 410-778-2828; dukelaw.org

**Walter B. Palmer, III**

### LITIGATION

**Justin M. Hoyt**  
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### MEDIATION

**Patrick J. Palmer**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

### MEDICAL MALPRACTICE

**Curtis H. Booth**  
Booth, Cropper & Marriner, P.C.

### PERSONAL INJURY LAW

**John Leo Walter**  
Eastern Shore Legal; 128 N. Commerce Street, P.O. Box 686, Centreville; 410-758-2662; easternshorelegal.com

### REAL ESTATE LAW

**Genevieve H. R. Lindner**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

**Joseph A. Stevens**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

### TAX LAW

**Glen E. Frost**  
Kram, McCarthy, Ayers & Frost, LLC

**Trusts & Estate/Wills & Probate**

**Crystal S. Richard**  
Thompson & Richard, LLP

**JoRhea N. Wright**  
Armistead, Lee, Rust & Wright, P.A.

**C. Lee Gordon**  
Parker Counts; 129 N. Washington Street, Easton; 410-822-1122; parkercountslaw.com

**Tara K. Frame**  
Frame & Frame, LLC

### ZONING, PLANNING & LAND USE LAW

**C. Daniel Saunders**  
Saunders Law Firm

**Genevieve H. R. Lindner**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

**Joseph A. Stevens**  
Stevens Palmer, LLC; 114 W. Water Street, Centreville; 410-758-4600; spp-law.com

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LEADING LAWYER 2020-2021

# EASTERN SHORE LEGAL™

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## John Leo Walter, Esq.

John Leo Walter has been a trial lawyer since 1996. His practice focuses primarily on personal injury and criminal defense cases. Prior to law school, Mr. Walter obtained his Bachelor of Arts degree in history from the University of Baltimore; thereafter, he received a Master's in Government & Public Administration from the University of Baltimore.

In 1995, Mr. Walter earned his Juris Doctor from Thomas Cooley Law School in Lansing, Michigan. He was awarded the American Jurisprudence Award for Scholarly Writing and served with distinction as a Senior Associate editor of the Thomas Cooley Law Review.

Although Mr. Walter has over 20 years of litigation experience and thousands of hours trial work, he continues to review and analyze the most recent case law on a weekly basis. Whether it's a jury trial or a bench trial - District Court or Circuit Court Mr. Walter is comfortable and confident in the courtroom. Mr. Walter's Law Firm, Eastern Shore Legal®, has a reputation for being strong and aggressive while defending criminal and traffic cases while being methodical, prepared and steadfast pursuing civil tort cases. Remember, if you need a lawyer, get a local lawyer at [EasternShoreLegal.com](http://EasternShoreLegal.com).



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# HOME RESOURCE GUIDE

## Summer 2020's go-to list of professional home and garden services

On the following pages meet many of the region's most dependable, knowledgeable, and reputable home and garden service professionals. The services listed are provided by advertisers appearing in recent What's Up? Media publications. They are dedicated to serving our readership. Please consider their services for your home projects and needs.

### ARCHITECTURE/DESIGN

#### Adrian Development

121 East Bay View Drive, Annapolis; 301-852-7748; adr-dev.com

#### Melanie Hartwig-Davis

HD Squared Architects, LLC; 86 Maryland Avenue, Annapolis; hd2architects.com

#### Purple Cherry Architects

1 Melvin Avenue, Annapolis; 410-990-1700; purplecherry.com

### ART/DÉCOR/FRAMING

#### American Craft Council

800-836-3470; craftcouncil.org

#### Annapolis Arts Alliance

801 Chase Street, Annapolis; 410-333-8906; annapolis-arts-alliance.com

#### Annapolis Pillow Company

annapolispillowco.com

#### Nancy Hammond Editions

192 West Street, Annapolis; 410-295-6612; nancyhammond-editions.com

#### RiverArts Chestertown

315 High Street, Ste. 106, Chestertown; 410-778-6300; chestertownriverarts.org

#### The Trippe Gallery

23 N. Harrison Street, Easton; 410-310-8727; thetrippgallery.com

#### Troika Gallery

9 S. Harrison Street, Easton; 410-770-9190; troikagallery.com

#### Wimsey Cove Framing & Fine Art Printing

209 Chinquapin Round Road, Ste. 101, Annapolis; 410-956-7278; marylandframing.com

### CARPENTRY

#### Warren's Wood Works, Inc.

8708 Brooks Drive, Easton; 410-820-8984; warrenwoodworks.com

### CLEANING SERVICES

#### Bello's Cleaning

1230 Gemini Drive, Annapolis; 443-837-4034; belloscleaning.com

#### D&P Carpet Cleaning

443-942-0664; dpcarpet.com

### DEMOLITION/RESTORATION

#### Access Demolition & Environmental

3437 9th Street, Baltimore; 443-692-6213; accessdemolition.com

#### Rainbow International Restoration

4224 Main Street, Grasonville; 410-643-5408; rainbowintl.com/stevensville

#### Servpro of Annapolis/Severna Park

410-647-8181; servproannapolis-severnapark.com

### DRIVEWAYS/ASPHALT

#### Accurate Asphalt

362 Hickory Trail, Crownsville; 410-697-3167; accurate-asphalt.com

#### Koala Paving

410-924-3176; koalapaving.com

### ELECTRICIAN

#### Carrion Electric

Easton, Maryland; 443-786-0446; carrionelectric.com

#### Smartech Electrical

6512 Church Hill Road, Chestertown; 443-282-0176; smartechelectrical.com

### EXTERIOR LIGHTING/IRRIGATION

#### Atlantic Lighting & Irrigation Company

1392 Defense Hwy, Gambrills; 410-721-4070; atlantic-irrigation.com

### FLOORING

#### Bay Carpets, Cabinets & Floors

300 Centreville Road, Queenstown; 410-820-7288; baycarpets.com

#### South River Flooring

3059 Solomons Island Road, Ste. B, Edgewater; 443-221-7167; southriverflooring.com

### FURNITURE

#### Showman Furniture—Crofton Showroom

2431 Crofton Lane, Crofton; 410-451-8744; showmanfurniture.com

### GARAGE

#### Maryland Garage Concepts

410-695-6249; garagesolutionsbaltimore.com

### HEATING/VENTILATING/AIR CONDITIONING

#### Griffith Energy Services

Locations across Maryland; 888-721-5707; griffithenergy-services.com

#### SMO Energy

109 North Maple Avenue, La Plata; 888-222-3720; smoenergy.com

### HANDYMAN

#### Mr. Handyman of Anne Arundel and North PG

8229 Cloverleaf Drive, Ste. 435, Millersville; 410-593-1456; mrhandyman.com/anne-arundel-ne-pg

### HOME APPRAISAL/FINANCE/TITLING

#### Arundel Federal Savings Bank

Locations in Annapolis, Severna Park, Gambrills, Pasadena, and more; 410-768-7800; arundelfederal.com

#### Atlantic Prime Mortgage, LLC

77 West St #310, Annapolis; 800-204-1283; atlanticprimemortgage.com

#### Bay Capital Mortgage Corporation

801 Compass Way, #208, Annapolis; 410-974-6044; baycapitalmortgage.com

#### Bay East Title

114 West Water Street, Centreville; 410-758-4682; bayeasttitle.com

#### Church Circle Title & Escrow

23 West Street, 2nd Floor, Annapolis; 410-269-6488; cctitle.net

#### Eastern Shore Title Company

114 N. West Street, Easton; 410-820-4426; easternshoretitle.com

#### Essex Bank

Locations in Annapolis, Edgewater, Crofton, Bowie, and more; 1-800-443-5524; essexbank.com

#### May Appraisal Services

7410 Baltimore-Annapolis Blvd., Glen Burnie; 410-766-4433; mayappraisalservice.com

#### Mid-Maryland Title Company, Inc.

200 Westgate Circle, Ste. 102, Annapolis; 410-573-0017; midmdtitle.com

#### Revere Bank

Locations in Severna Park, Laurel, and more; 866-950-5784; reverebank.com

#### Severn Bank

Locations in Annapolis, Edgewater, Glen Burnie, Severna Park, and more; 410-260-2000; severnbank.com

#### Shore United Bank

Locations throughout Maryland, Delaware, and Virginia; 877-758-1600; shoreunited-bank.com

#### U.S. Bank: Paul Sullivan

1910 Towne Centre Blvd, Ste. 250, Annapolis; 410-533-8558; mortgage.usbank.com/paul-sullivan-annapolis-md

### HOME CONSTRUCTION/MATERIALS

#### Bozzuto Homes

301-220-0100; bozzuto.com

#### Friel Lumber Company

100 Friels Place, Queenstown; 410-827-8811; friellumber.com

#### James L. Graves Construction

750 Route 3 South, Ste. 2A, Gambrills; 410-921-9619; jlgbuilds.com

#### The J.F. Johnson Lumber Company

8200 Veterans Highway, Millersville; 410-987-5200; 3120 Solomons Island Road, Edgewater; 410-956-0400; johnsonlumber.biz

#### Lundberg Builders, Inc.

314 Main Street, Stevensville; 410-643-3334; lundberg-builders.com

#### Paquin Design/Build

500-A Saddler Road, Grasonville; 410-643-7811; paquindesignbuild.com

#### Timberlake Design/Build

240-547-0104; timberlakedb.com

### HOME REMODELING

#### Brothers Services Company

1910 Towne Centre Boulevard, Ste. 200, Annapolis; 410-694-7478; brothersservices.com

#### Ready to Sell Renovations & Custom Builders

4 Virginia Avenue, Edgewater; 410-320-7348; r2sr.com

### INTERIOR DESIGN/FURNISHINGS

#### Dwelling & Design

13 Goldsborough Street, Easton; 410-822-2211; dwellinganddesign.com

#### The Hickory Stick

21326 Sharp Street, Rock Hall; 410-639-7980; thehickorystick.com

#### Higgins & Spencer

902 South Talbot Street, St. Michaels; 410-745-5192; higginsandspencer.com

#### Suzanne Coleman Design

Oxford, Maryland; 301-928-0937; suzannecolemandesign.com

### KITCHEN/BATH/STONE/TILE

#### 314 Design Studio, LLC

Lundberg Builders, Inc. 314 Main Street, Stevensville; 410-643-4040; 314designstudio.com

#### Cabinet Discounters

910-A Bestgate Road, Annapolis; 410-266-9195; cabinetdiscounters.com

#### Compass Stone & Tile Studio

302 Harry S Truman Parkway, Annapolis; 410-224-0700; cst-studio.com

#### Kenwood Kitchens

1415 Forest Drive, Annapolis; 443-458-5484; kenwood-kitchens.com

#### Stuart Kitchens Inc.

2335-B Forest Drive, Annapolis; 410-761-5700; Locations across Maryland; stuartkitchens.com

#### USA Cabinet Store/Kitchen & Bath Design Center

508-A Chinquapin Round Road, Annapolis; 410-609-5995; usacabinetstore.com/annapolis



# DD McCracken Home Team



RESIDENTIAL BROKERAGE

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410-224-2200

2903 Cox Neck Road E. | Chester | \$1,350,000



5000 sq.ft.+ Custom Waterfront Home on Crab Alley Bay in Southwind. Enjoy beautiful sunrises & your private pier with lift for your powerboat. Setup for outdoor living with an In-Ground Pool, Screened Porch & 2nd level waterside balcony. Inside has 5 BR's, 3.5 BA's & beautiful finishes include a Custom Kitchen & new Master Bath. Make plans for the 3rd floor bonus space!



430 Plantation Lane  
Stevensville | \$2,500,000

Create your own lifestyle in this Luxury Waterfront Home on Kent Island! Floor to ceiling windows overlooking Eastern Bay. A separate guest house, total of 5 garages, 5 private acres.



205 Lighthouse View Drive  
Stevensville | \$1,750,000

Newly renovated home on the Chesapeake Bay! Watch ships from around the world travel the bay. Large Palatial windows in family room & both Master Suites. Four fireplaces, Panoramic views!



107 Windward Court  
Stevensville | \$1,500,000

Tranquility at its best with 180-degree waterfront & views! One of a kind waterfront lot. Wonderful, free flowing house that is set-up to entertain or the ability to live long term, on one level.



Lot 1 & Lot 2 - Parks Point  
Queenstown | 1,250,000 & \$600,000

2 Spectacular Wye River Waterfront Lots  
**Lot 1** - 3.81 ac. 1000' + rip rapped water frontage, Pier, Lift, Duck Blinds & underground utilities  
**Lot 2** - 1.81 ac. 300' + rip rapped water frontage, Underground utilities & ready to build.



233 Wineland Way  
Stevensville | \$1,395,000

Paradise at the point! Coastal living at its best, deep sheltered water, bring your sailboat! Beautiful vista looking out into Eastern Bay. Sprawling 5,450 sq. ft. home, 5 BR 5.5 BA, Completely refinished interior.



204 Lighthouse View Drive  
Stevensville | \$1,075,000

Serenity at it's best with breathtaking views of the Chesapeake Bay! Take in exquisite sunsets and scenic international ships passing thru, pier and bulkhead. Free flowing floor plan sited on 1.3 acres.

## Your Real Estate Team for Life



**DeeDee McCracken**  
CEO & Realtor  
DMcCracken@cbmove.com  
410-739-7571



**Lisa Barton**  
COO & Realtor  
Lisa.Barton@cbmove.com  
410-829-2051



**Annie Eaton**  
Real Estate Sales  
Annie.Eaton@cbmove.com  
410-739-4260



**Amanda Stromberg**  
Real Estate Sales  
Amanda.Stromberg@cbmove.com  
410-703-1403



**Destinee Blackstone**  
Real Estate Sales  
Destinee.Blackstone@cbmove.com  
410-693-9291



**Lisa McGrath**  
Licensed Assistant  
DMcCracken@cbmove.com  
410-320-1971



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**118 Greenwood Creek Drive  
Queenstown | \$950,000**

Waterfront on Greenwood Creek. Private Pier, Paver patio, stone FP, fire pit. Built in 2016, Main level MBR, 3 BR's upstairs & 2 car garage, stone front, paver drive & walk, Hardwoods & SS appl.



UNDER CONTRACT

**212 Chews Manor  
Stevensville | \$875,000**

This Northwest Creek, waterfront dream is privately located, w/ unobstructed views of the Creek & the Bay! Sitting poolside you are surrounded by extensive hardscape, decks, & daily entertainment of Eagles, Herons, & more. Space is plentiful w/ 3750 sq. ft., 4 BR, finished bonus space, oversized garage, 1+ acre lot.



UNDER CONTRACT

**231 River View Dr  
Stevensville | \$750,000**

Here's your private Oasis! A quality built home perched up on a hill with a vista of water views, only steps away from your waterfront lot with a sandy beach & possibility of a pier. Large wrap around porch for eating crabs & entertaining. 1st floor living with the master BR & 2 full baths on the first floor, over 3,600 sq. feet finished.



**224 Canal Street  
Grasonville | \$750,000**

Welcome to your own private oasis! 3.2 acre waterfront peninsula, 790' of shoreline, pier, rip rap, & marshlands. Over 2000 sq ft, 3 BR, 2 BA Rancher offers lots of updates, 2+ car garage, office and views for days.



**22677 Camryns Way  
Queen Anne | \$360,000**

Updated Turn-key colonial w/over 2200 square feet, 4 large BR's, incl. huge Master BR w/en suite & walk in closet, 2 1/2 BA, updated kitchen, formal dining room, 2 car garage. Backs to woods. Situated on over 1 acre. The backyard space is a blank slate.



**7007 Bridgepointe Dr  
Chester | \$310,000**

Beautiful Unit, 1st floor master that's 100% updated & move-in ready! New kitchen & bathrooms, new carpet, tile & flooring, new skylights, encapsulated crawl space, fresh paint, new doors, new HVAC and more!



**26H Queen Anne Way  
Chester | \$169,000**

Nice lakelront views from your patio in this One Level unit with 1 BR & 1 Full Bath. A welcoming, spacious and bright LR, Kitchen with breakfast bar and full bath. The nice size BR has sliders to the rear patio. Enjoy Queens Landing amenities.



**Lot 36 Calvert Road  
Stevensville | \$175,000**

.62 Acre Lot Only, Waterfront on Cantor Creek  
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### Ciminelli's Landscape Services, Inc.

18301 Central Avenue, Bowie;  
410-741-9683; m.ciminellis-  
landscape.com

### Fence & Deck Connection

8057 Veterans Highway, Mill-  
ersville; 410-969-4444; 1544  
Whitehall Road, Annapolis;  
410-757-5511; fenceanddeck-  
connection.com

### Homestead Gardens

743 West Central Avenue,  
Davidsonville; 410-798-  
5000; 522 Ritchie Highway,  
Severna Park; 410-384-7966;  
homesteadgardens.com

### I Tree LLC

410-647-TREE; myitree.com

### McHale Landscape Design

6212 Leapley Road, Upper  
Marlboro; 301-599-8300;  
mchalelandscape.com

### On the Green, Inc.

777 Annapolis Road,  
Gambrills; 410-695-0444;  
onthegreeninc.com

## OUTDOOR POWER EQUIP- MENT/UTILITY VEHICLES

### Harrison Cart Works

750 Route 5 South,  
Gambrills; 301-832-4087;  
harrisoncartworks.com

## PAINTING/SUR- FACE SERVICES

### Annapolis Painting Services

2561 Housley Road,  
Annapolis; 410-974-6768;  
annapolispainting.com

### Chesapeake Property Finishes

410-924-2397; chesapeake-  
propertyfinishes.com

### Fresh Coat Painters of Annapolis

410-302-7879; freshcoat-  
annapolis.com

### Godwin's Painting Services

443-867-0461; godwinspaint-  
ingservices.com

### Maryland Paint & Decorating

209 Chinquapin Round Road,  
Annapolis; 410-280-2225;  
mdpaint.com

## PEST CONTROL

### Mosquito Squad of Annapolis

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5, Pasadena; 410-317-8385;  
mosquitosquad.com

## PLUMBING

### David E. White's Plumbing, Heating & Repair Company

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whiteplumbing.com

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com

### Betty Batty

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410-280-1646; hellohomeof-  
compass.com

### Biana Arentz and Steve Arentz

Coldwell Banker Residential  
Brokerage; 170 Jennifer  
Road, Annapolis; 410-224-  
2200; bianaarentz.com

### Bob Lucido Team of Keller Williams Integrity

2024 West Street, Ste. 100,  
Annapolis; 410-224-7777;  
boblucidoteam.com

### Brad Kappel

TTR/Sotheby's International  
Realty; 209 Main Street,  
Annapolis; 410-280-5600;  
bradkappel.com

### Chaney Homes

Jennifer Chaney; 206 Old  
Love Point Road, Stevensville  
443-249-SOLD or 410-739-  
0242; chaneyhomes.com

### Chesapeake Bay Properties

102 N. Harrison Street,  
Easton; 410-820-8008  
chesapeakebayproperty.com

### The Christina Janosik Palmer Group

Kelly Williams Realty, Inc.;  
231 Najoles Road, Ste. 100,  
Millersville; 410-729-7700;  
cjpgroup.kw.com

### Chuck Mangold, Jr.

Benson & Mangold Real  
Estate; 27999 Oxford Road,  
Oxford; 410-822-1415; ben-  
sonandmangold.com

### Coldwell Banker Church Circle

4 Church Circle, Annapolis;  
410-263-8686; coldwellbank-  
erhomes.com

### Coldwell Banker Jennifer Road

170 Jennifer Road, Ste. 102,  
Annapolis; 410-224-2200;  
coldwellbankerhomes.com

### CR Realty

337 North Liberty Street,  
Centreville; 443-988-0114;  
chrisrosendale.com

### David Orso Team of Com- pass Real Estate

Offices in Annapolis and  
Severna Park; 443-372-7171;  
davidorso.com

### DeeDee McCracken

Coldwell Banker Residential  
Brokerage; 170 Jennifer  
Road, Suite 102, Annapolis;  
410-739-7571; deedeemc-  
crackenhomes.com

### Diane & Crew of Taylor Properties

175 Admiral Cochrane Drive,  
Ste. 112, Annapolis; 410-  
279-3868 or 800-913-4326;  
dianeandcrew.com

### Engel & Volkers

138 West Street, Annapolis;  
443-292-6767; annapolis.  
evrealstate.com

### Erica Baker

TTR/Sotheby's International  
Realty; 209 Main Street,  
Annapolis; 410-919-7019;  
ericabaker.ttrsir.com

### Jennifer Chino, Stahley Thompson Homes

TTR/Sotheby's International  
Realty; 209 Main Street,  
Annapolis; 410-280-5600;  
stahleythompsonhomes.com

### Long & Foster Annapolis Fine Homes

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napolis; 410-263-3400;  
longandfoster.com/annapo-  
lis-md-fine-homes-realty

### Long & Foster Crofton/Bowie, Tri-County Office

Dominic Catalupo, Manager/  
Associate Broker; 2191  
Defense Highway, Crofton;  
410-721-1500; longandfoster.  
com/crofton-md-realty

### Michael Rutledge

The Keyes Company; 410-  
804-2144; michaelrutledge.  
keyes.com

### Mr. Waterfront Team of Long & Foster

102 Old Solomons Island  
Road, Annapolis; 410-266-  
6880; waterfronthomes.org

### Nancy McD. McGuire

Maryland Heritage Prop-  
erties; 306 Cannon Street,  
Chestertown; 410-778-9319;  
marylandheritageproperties.  
com

### Neil Simonsen

Coldwell Banker Residential  
Brokerage; 310 King Street,  
Alexandria; 703-518-8300;  
Nealsimonsen.cbintouch.com

### Northrop Realty, A Long & Foster Company

320 Sixth Street, Suite 101,  
Annapolis; 410-295-6579;  
northropteam.com

### The Sandra K. Libby Group

Coldwell Banker Residential  
Brokerage; 4 Church Circle,  
Annapolis; 410-919-1809;  
sandraklibby.com

### Scott Schuetter of Century 21 New Millenium

1730 West Street, Ste. 200,  
Annapolis; 410-266-9005;  
scottschuetter.com

### Shane Hall

TTR/Sotheby's International  
Realty; 209 Main Street,  
Annapolis; 410-991-1382;  
ttrsir.com

### Travis Gray

Coldwell Banker Residential  
Brokerage; 4 Church Circle,  
Annapolis  
410-263-8686; annapoliswa-  
terfrontguide.com

### TTR/Sotheby's International Realty

209 Main Street, Annapolis;  
410-280-5600; ttrsir.com

### The Williams Home Team, LLC

Taylor Properties; 175 Admiral  
Cochrane Drive, Ste. 111,  
Annapolis; 301-970-2447  
thewilliamshometeam.com

## RETIREMENT COMMUNITIES

### Bay Village Assisted Living & Memory Care

979 Bay Village Drive,  
Annapolis; 888-687-5440;  
integracare.com/bay-village

### Baywoods of Annapolis

7101 Bay Front Drive,  
Annapolis; 410-268-9222;  
baywoodsofannapolis.com

### The Gardens of Annapolis

931 Edgewater Road,  
Annapolis; 833-261-6184;  
gardensofannapolis.com

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700 Port Street, Ste. 148,  
Easton; 410-820-8732;  
londonderrytredavon.com

### The Village at Providence Point

Sales office: 1997 Annapolis  
Exchange Parkway, Ste. 300,  
Annapolis; 410-849-6928;  
thevillageatprovidencepoint.  
org

## ROOFING/ SIDING

### Bowie Siding & Roofing

13109 14th Street, Bowie;  
301-262-7855; bowiesiding-  
roofingandwindows.net

### Fichtner Services

P.O. Box 115, Odenton; 866-  
591-1900; fichtnerservices.  
com

### Landmark Roofing

540 Baltimore Annapolis  
Boulevard, Ste. 3, Severna  
Park; 443-223-7453; roofing-  
bylandmark.com

### Ruff Roofers, Inc.

6400 Main Street, Queen-  
stown; 410-643-4300;  
ruffroofers.com

### Stoltzfus Roofing

6408 Church Hill Road,  
Chestertown; 410-810-1504;  
stoltzfusroofingmd.com

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### Solar Energy Services, Inc.

1514 Jabez Run, Millersville;  
410-923-6090; solarsaves.  
net

### Sunrise Solar, Inc.

6408 Church Hill Road,  
Chestertown; 410-810-1504;  
sunrisesolarmd.com

## WATER TREATMENT

### Hague Quality Water of Maryland

814 East College Parkway,  
Annapolis; 410-757-2992;  
haguewaterofmd.com

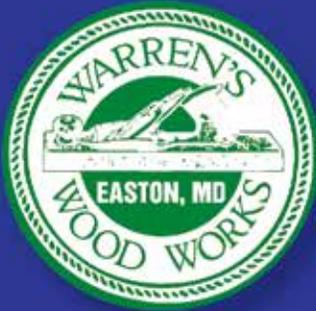
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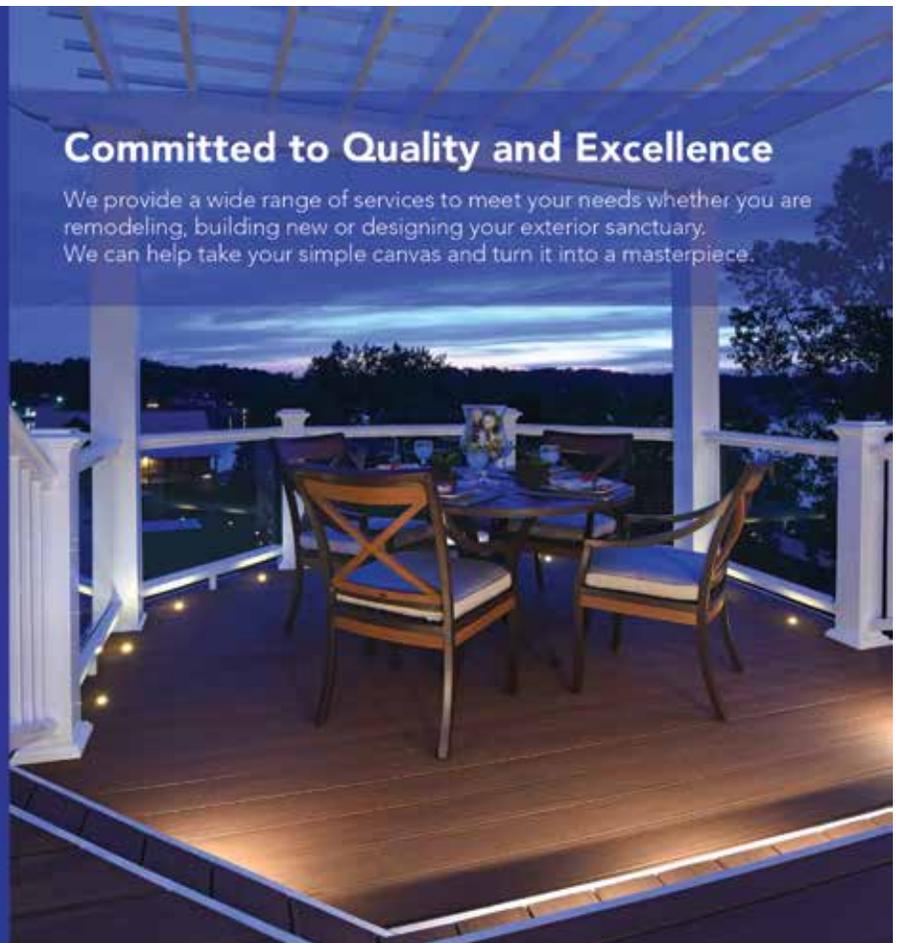


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# TOP DOCS

OF THE EASTERN SHORE

## The biennial peer review survey from 2019–2020

The Top Docs named on these pages represent the individuals who received the highest number of nominations from their peers during our biennial peer review survey, the latest of which was conducted in 2019. Please note that many fine physicians who are either new to the area or affiliated with other medical institutions may not be included. *No doctor paid to be on this list*, however those doctors/hospitals who have purchased advertising in *What's Up? Eastern Shore* magazine this year have their full contact information included on their individual listing. Knowing who medical professionals consider the best in their respective fields is an invaluable asset.

### ALLERGY & IMMUNOLOGY

#### Dr. Duane Gels

Annapolis Allergy & Asthma, L.L.C.

### ANESTHESIOLOGY

#### Dr. Stephen Lemke

Tidewater Anesthesia Associates; 219 South Washington Street, Easton; 410-822-1000 Ext.5603; tidewateranesthesia.com

#### Dr. Kevin Nebab

Tidewater Anesthesia Associates; 219 South Washington Street, Easton; 410-822-1000 Ext.5603; tidewateranesthesia.com

#### Dr. John Snell

Tidewater Anesthesia Associates; Tidewater Anesthesia Associates; 219 South Washington Street, Easton; 410-822-1000 Ext.5603; tidewateranesthesia.com

### CARDIOVASCULAR DISEASE

#### Dr. Robert Hanna

UM Shore Medical Center; 500 Cadmus Lane, Ste. 207, Easton; 410-822-5571; umms.org

#### Dr. John Kennedy

MedStar Cardiology Associates

### COLON & RECTAL SURGERY

#### Dr. Kevin Stitely

Anne Arundel Medical Group

### CRITICAL CARE MEDICINE

#### Dr. Peyman Otmishi

UM Shore Regional Health; 500 Cadmus Lane, Ste. 209, Easton; 410-822-0110; umms.org

### DERMATOLOGY

#### Dr. Kirra Brandon

Easton Dermatology Associates; 403 Marvel Court, Easton; 443-261-0250; eastondermatology.com

### ENDOCRINOLOGY

#### Dr. Bayan Mesmar

UM Shore Medical Center; 219 South Washington Street, Easton; 410-822-1000; umms.org

### GASTROENTEROLOGY

#### Dr. George John

Eastern Shore Endoscopy; 511 Idlewild Avenue, Easton; 410-200-9800; eastern-shoreendoscopy.com

#### Dr. Volkan Taskin

Eastern Shore Endoscopy; 511 Idlewild Avenue, Easton; 410-200-9800; eastern-shoreendoscopy.com

#### Dr. Mattew Troshinski

Eastern Shore Endoscopy; 511 Idlewild Avenue, Easton; 410-200-9800; eastern-shoreendoscopy.com

### GYNECOLOGY

#### Dr. Dale Jafari

UM Shore Medical Group; 522 Idlewild Avenue, Easton; 410-820-4888; umms.org

#### Dr. Karen Hardart

AAMG Annapolis OB-GYN

### HEMATOLOGY & ONCOLOGY

#### Dr. Mary DeShields

Eastern Shore Oncology PC; 509 Idlewild Avenue, Ste. 1, Easton; 410-819-3332

#### Dr. David Smith

Bay Hematology/Oncology

### HOSPICE & PALLIATIVE

#### Dr. Lakshmi Vaidyanathan

UM Shore Medical Center; 219 South Washington Street, Easton; 410-822-1000; umms.org

### INTERNAL MEDICINE

#### Dr. Matthew Fischer

Chesapeake Bay Internal Medicine

#### Dr. Curtis Foy

River Family Physicians

#### Dr. Carolyn Helmlly

Miles River Physicians; 508 Idlewild Avenue, Ste. 3, Easton; 410-822-9133 Ext.5887; umshoreregional.org

### NEPHROLOGY

#### Dr. Anish Hinduja

Kidney Health Center; 5 Martin Court, Easton; 410-820-9823; khcmd.com

### NEUROLOGICAL SURGERY

#### Dr. Khalid Kurtom

University of Maryland Community Medical Group; 490 Cadmus Lane, Ste. 103, Easton; 410-820-9117; umms.org

#### Dr. Molly Price

Annapolis Neurology Associates

#### Dr. Patricia Scripko

UM CMG Neurology and Sleep Medicine; 490 Cadmus Lane, Ste.102, Easton; 410-770-5250; umms.org

### OPHTHAMOLOGY

#### Dr. Paul Dyer

James & Dyer, M.D.

#### Dr. Zuleika Ghodsi

Delmarva Laser Eye Center

### ORTHOPEDIC SPORTS MEDICINE

#### Dr. Richard Mason

The Orthopedic Center; 510 Idlewild Avenue, Ste. 200, Easton; 410-820-8226 Ext. 5891; theorthopediccenter.net

### ORTHOPEDIC SURGERY

#### Dr. Jason Jancosko

The Orthopedic Center; 510 Idlewild Avenue, Ste. 200, Easton; 410-820-8226; theorthopediccenter.net

### ORTHOPE-DIC SURGERY (KNEE)

#### Dr. Richard Mason

The Orthopedic Center; 510 Idlewild Avenue, Ste. 200, Easton; 410-820-8226 Ext. 5891; theorthopediccenter.net

### OTALARYNGOLOGY

#### Dr. Avron Marcus

Ear Nose Throat Asthma & Allergy Care

### PLASTIC SURGERY (ENHANCEMENT)

#### Dr. Roger Orsini

Shore Aesthetic & Reconstructive Associates

#### Dr. Kelly Sullivan

Sullivan Surgery & Spa; 1 Goldsborough Street, Easton; 443-221-2700; sullivanurgery.com

### PLASTIC SURGERY (FACIAL)

#### Dr. Roger Orsini

Shore Aesthetic & Reconstructive Associates

### PLASTIC SURGERY (RECONSTRUCTIVE)

#### Dr. Christopher Spittler

Plastic Surgery Specialists; 611A Dutchman's Lane, Easton; 410-841-5355; plasticsurgeryspec.com

### PRIMARY CARE MEDICINE

#### Dr. Matthew King

AAMG Eastern Shore Primary Care

#### Dr. Patrick Shanahan

Drs. Shanahan & Ferguson

### PULMONOLOGY

#### Dr. David Oliver

UM Shore Medical Group; 500 Cadmus Lane, Ste. 209, Easton; 410-822-0110; umms.org

### RADIOLOGY

#### Dr. Kimberly Oster

Delmarva Radiology; 219 South Washington Street, Easton; 410-822-1000

### RHEUMATOLOGY

#### Dr. Elizabeth Clayton

UM Shore Regional Health; 501 Idlewild Avenue, Ste. 200, Easton; 410-706-8457; umms.org

### GENERAL SURGERY

#### Dr. Kevin Stitely

Shore Surgical Care

### UROLOGY

#### Dr. Chris Runz

UM Shore Regional Health; 490 Cadmus Lane, Ste. 104, Easton; 410-820-0560; umms.org

#### Dr. John Foley

UM Shore Regional Health; 490 Cadmus Lane, Ste. 104, Easton; 410-820-0560; umms.org

### BACK PAIN

#### Dr. Khalid Kurtom

University of Maryland Community Medical Group; 490 Cadmus Lane, Ste. 103, Easton; 410-820-9117; umms.org

### BREAST CANCER

#### Dr. Roberta Lilly

University of Maryland Community Medical Group; 219 South Washington Street, Easton; 410-820-9400; umms.org

### SLEEP APNEA

#### Dr. Peyman Otmishi

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# Ask the Expert

Molly Kirsch, BSN, RN  
Clinical Director  
Talbot Hospice

## What is the difference between hospice and palliative care?

Talbot Hospice offers both hospice and palliative care. Palliative care is an option available to anyone dealing with a chronic or progressing illness with symptoms that affect their quality of life. People that receive palliative care services are still able to continue curative treatment options, and Talbot Palliative Care works in consult with your primary care physician or your specialist team. Talbot Palliative Care will visit you in the comfort of your own home.

Hospice services are offered to people with a life-limiting prognosis of six months or less who have decided to transition away from curative treatment and focus on comfort-based quality of life care. Talbot Hospice provides a comprehensive care team that manages the person's quality of life and also supports families through the end-of-life and beyond.

## When is it time to call Talbot Hospice?

The chances are, if you are wondering if hospice might be helpful, then it's time to call. One of the things we hear most from families and patients we work with is, "I wish we had called sooner." Our services offer so much more than relief from pain at the very end of life. Having hospice involved sooner can help the patient and their family have the support they need to navigate their health care with as much independence and quality of life as possible. If you or a loved one has been diagnosed with a life-limiting illness, now is the time to call and get answers to your questions. Our nurses can visit with you to provide information about our services anytime you would like, as many times as you need, without charge.

## Isn't hospice just a service for people in their final days?

Not at all! Hospice is a comprehensive service available to people who are facing a life-limiting illness that is measured in months rather than years. Hospice care is a compassionate approach to care that focuses on the quality of life physically, emotionally, and spiritually. Hospice care focuses on living each day with dignity and the best quality of life possible. The hospice team helps patients and families with what to expect as the disease progresses and enables them to decide on care options based on where a patient may be in the disease process.

Talbot Hospice



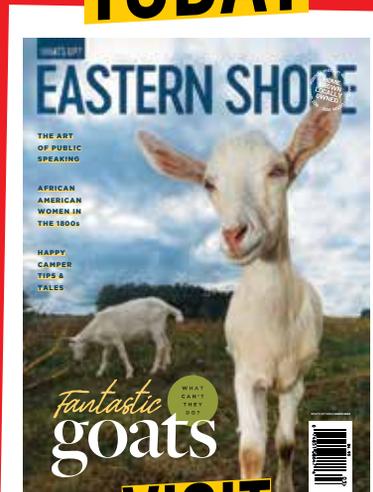
586 Cynwood Drive  
Easton, MD 21601

24-Hour Access Line  
(410) 822-2724

Main Phone (410) 822-6681  
www.talbothospice.org

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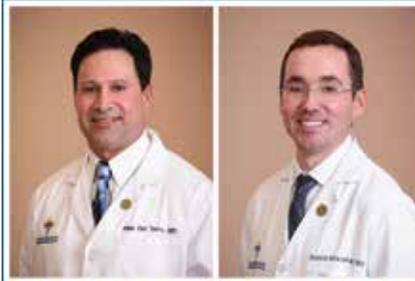
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## TOP DENTISTS

OF THE EASTERN SHORE

### The biennial peer review survey from 2018–2019

The Top Dentists named on these pages represent the individuals who received the highest number of nominations from their peers during our biennial peer review survey, the latest of which was conducted in 2018. Please note that many fine dentists who are either new to the area or affiliated with other practices may not be included. *No dentist paid to be on this list*, however those dentists/practices who have purchased advertising in *What's Up? Eastern Shore* magazine this year have their full contact information included on their individual listing. Knowing who dental professionals consider the best in their respective fields is an invaluable asset. **Editor's Note:** *The 2020–2021 Top Dentists will be fully revealed and celebrated in the upcoming October issue.*

#### ENDODONTICS

*Dental specialty dealing with diseases of the tooth root, dental pulp, and surrounding tissues. Root canal procedures are commonly performed by endodontists in order to alleviate pain and to save the tooth.*

**Dr. J. Fredrick Heaton**

#### GENERAL DENTISTRY

*A general dentist caters to a wide variety of dental health concerns for patients of all ages by preventing and/or treating both straightforward and complex conditions.*

**Dr. Scott H. Billings**

Eastern Shore Dental Care; 22 Kent Towne Market, Chester; 443-249-8881; easternshoredentalcare.com

**Dr. Irving M. Phillips, Jr.**

Dental Choice

**Dr. James C. Pochron**

Chesapeake Dental

#### GENERAL DENTISTRY (COSMETIC)

*This specialty concentrates on improving the appearance of a person's teeth, mouth, and smile. This may involve restorative work, treatment of the gums, realignment of the bite, and creation of prostheses.*

**Dr. Alvan Holston**

Easton Maryland Dental

**Dr. Scott H. Billings**

Eastern Shore Dental Care; 22 Kent Towne Market, Chester; 443-249-8881; easternshoredentalcare.com

#### ORAL & MAXILLOFACIAL PATHOLOGY

*This specialty is concerned with diagnosis and study of the causes and effects of diseases of the mouth, jaws, and related structures, such as salivary glands, temporomandibular joints, facial muscles, and perioral skin (the skin around the mouth).*

**Dr. Borek L. Hlousek**

Oral Surgery Specialists; 101 St. Claire Place, Stevensville; 410-643-9730; annapolisoss.com

**Dr. Harry Y. Canter, Jr.**

#### ORAL & MAXILLOFACIAL RADIOLOGY

*This specialty is concerned with performance and interpretation of diagnostic imaging used for examining the craniofacial, dental, and adjacent structures.*

**Dr. Borek L. Hlousek**

Oral Surgery Specialists; 101 St. Claire Place, Stevensville; 410-643-9730; annapolisoss.com

**Dr. Horace K. Wood**

Horace K. Wood, DMD Oral & Maxillofacial Surgery

#### ORAL & MAXILLOFACIAL SURGERY

*This specialty deals with the diagnosis and surgical treatment of diseases, injuries, and defects of the teeth, mouth, and face. Procedures range from removal of wisdom teeth to surgical treatment of facial trauma.*

**Dr. Borek L. Hlousek**

Oral Surgery Specialists; 101 St. Claire Place, Stevensville; 410-643-9730; annapolisoss.com

**Dr. Cornelius J. Sullivan**

Oral Surgery Specialists; 101 St. Claire Place, Stevensville; 410-643-9730; annapolisoss.com

**Dr. Clifford S. Walzer**

Oral Surgery Specialists; 101 St. Claire Place, Stevensville; 410-643-9730; annapolisoss.com

**Dr. Horace K. Wood**

Horace K. Wood, DMD Oral & Maxillofacial Surgery

#### ORTHODONTICS

*This specialty deals with the diagnosis, prevention, and correction of improperly aligned teeth and abnormal jaw structures. Treatment can be for functional and/or aesthetic reasons.*

**Dr. Ora Reinheimer**

Philbin & Reinheimer Orthodontics

**Dr. Erik Higginbottom**

Higginbottom Orthodontics

**Dr. Kyle Higginbottom**

Higginbottom Orthodontics

**Dr. Philip Philbin**

Philbin & Reinheimer Orthodontics

**Dr. John W. Serino**

Serino Orthodontics; 538 Cynwood Dr., Ste. 1, Easton; 410-822-9411; serinoortho.com

**Dr. Mary C. Trahar**

Smiles by the Bay

#### PEDIATRIC DENTISTRY

*This is an age-defined specialty that provides primary and comprehensive preventive and therapeutic oral health care for infants and children through adolescence.*

**Dr. Margaret C. McGrath**

Kent Island Pediatric Dentistry; 160 Sallitt Drive, Ste. 106, Stevensville; 410-604-2211; kipediaticdentistry.com

#### PERIODONTICS

*This specialty deals with the tissue that supports and surrounds the teeth—including gums, jaw and roots. This effort often includes salvaging the teeth and jawbone from gum disease.*

**Dr. John V. Louis**

John V. Louis, DMD, LLC Center for Specialized Dentistry



# RADCLIFFE CREEK SCHOOL

## CONGRATULATIONS TO THE CLASS OF 2020:

Luke Blackiston, Patrick Darrell, Aiden Dunlap, Ben Gale, Ben Lutz, Collins Rhoey, Mariner Schut, Nathan Pusey, Elliyjha Taylor, Bridon Lucas, and John Corley



### Thinking About the 2020-2021 School Year?

Radcliffe Creek School now offers a variety of educational options tailored to the needs of your student. If your child would benefit from an individualized approach in a traditional setting or through Distance Learning, visit our website today to learn more.



[www.radcliffecreekschool.org](http://www.radcliffecreekschool.org)  
410-778-8150



# PRIVATE SCHOOL

GREATER ANNAPOLIS

DESCRIPTION	YEAR FOUNDED	RELIGIOUS AFFILIATION	PRINCIPAL/HEAD OF SCHOOL	GRADE LEVELS	ENROLLMENT	AVG. CLASS SIZE
<b>ANNAPOLIS AREA CHRISTIAN SCHOOL—LOWER</b> <i>(Severn) 61 Gambrills Road, Severn (Annapolis) 710 Ridgely Avenue, Annapolis 410-519-5300; aacsonline.org</i>	1971	Christian	Karl Graustein (S); Elizabeth Williams (A)	K–5	242	15-17
<b>ANNAPOLIS AREA CHRISTIAN SCHOOL—MIDDLE</b> <i>716 Bestgate Road, Annapolis 410-846-3505; aacsonline.org</i>	1971	Christian	Benjamin Peddicord	6–8	262	16-22
<b>ANNAPOLIS AREA CHRISTIAN SCHOOL—UPPER</b> <i>109 Burns Crossing Road, Severn 410-846-3507; aacsonline.org</i>	1971	Christian	Dr. Robert McCollum	9–12	431	20-23
<b>BOOK OF LIFE ACADEMY</b> <i>913 Cedar Park Road, Annapolis 410-263-2600; bookoflifeacademy.com</i>	1982	Christian	Ashley Mackell	K2–5	115	12
<b>CALVARY CENTER SCHOOL</b> <i>301 Rowe Boulevard, Annapolis 410-268-3812; calumc.org/calvary-center-school</i>	1986	Methodist	Johnna Parker	PreK	75	12-15
<b>CHESAPEAKE MONTESSORI SCHOOL</b> <i>30 Old Mill Bottom Road North, Annapolis 410-757-4740; chesapeake-montessori.com</i>	1977	Non-Sec-tarian	Robb Wirts	18 months–8	150	24
<b>THE HARBOUR SCHOOL AT ANNAPOLIS</b> <i>1277 Green Holly Drive, Annapolis 410-974-4248; harbourschool.org</i>	1982	Non-Sec-tarian	Linda J. Jacobs	1–12	189	8–10
<b>INDIAN CREEK SCHOOL—LOWER</b> <i>680 Evergreen Road, Crownsville 410-923-3660; indiancreekschool.org</i>	1973	Non-Sec-tarian	Jennifer Malachowski	PreK 3–6	200	16
<b>INDIAN CREEK SCHOOL—UPPER</b> <i>1130 Anne Chambers Way, Crownsville 410-849-5151; indiancreekschool.org</i>	1973	Non-Sec-tarian	Matthew McCormick	7–12	350	15
<b>THE KEY SCHOOL</b> <i>534 Hillsmere Drive, Annapolis 410-263-9231; keyschool.org</i>	1958	Non-Sec-tarian	Matthew Nespole	Key-Wee (2.5 yrs.) –12	645	16–18
<b>MONTESSORI INTERNATIONAL CHILDREN'S HOUSE</b> <i>1641 North Winchester Road, Annapolis 410-757-7789; montessorinternational.org</i>	1985	Non-Sec-tarian	Elizabeth Whitaker	18 months–6	150	12–25
<b>NAVAL ACADEMY PRIMARY SCHOOL</b> <i>74 Greenbury Point Road, Annapolis 410-757-3090; naps.napschool.com</i>	1949	Non-Sec-tarian	Robyn M. Green	PreK–5	242	15
<b>ROCKBRIDGE ACADEMY</b> <i>680 Evergreen Road, Crownsville (K–6) 911 Generals Highway, Millersville (7–12) 410-923-1171; rockbridge.org</i>	1995	Christian	Roy Griffith	K-12	335	13
<b>ST. ANNE'S SCHOOL OF ANNAPOLIS</b> <i>3112 Arundel on the Bay Road, Annapolis 410-263-8650; st.annesschool.org</i>	1992	Episcopal	Lisa Nagel	Twos–8	235	13
<b>ST. MARGARET'S DAY SCHOOL</b> <i>1605 Pleasant Plains Road, Annapolis 410-757-2333; stmargaretsdayschool.org</i>	1995	Episcopal	Tricia McVeigh	2 year–K	127	12-20
<b>SAINT MARTIN'S LUTHERAN SCHOOL OF ANNAPOLIS</b> <i>1120 Spa Road, Annapolis 410-269-1955; stmartinsonline.org</i>	1963	Lutheran	James D. Moorhead	PreK 3–8	100	10
<b>ST. MARY'S ELEMENTARY SCHOOL</b> <i>111 Duke of Gloucester Street, Annapolis 410-263-2869; stmarysannapolis.org</i>	1862	Catholic	Rebecca Zimmerman	PreK–8	800	28
<b>ST. MARY'S HIGH SCHOOL</b> <i>113 Duke of Gloucester Street, Annapolis 410-263-3294; stmarysadmissions.org</i>	1946	Catholic	Mindi Imes	9–12	507	20

RATIO	TUITION PER YEAR	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	% MINORITY	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/VOLUNTEER REQUIREMENT
11:1	\$11,800–13,150	Coed	Yes	✓	35%	✓	0	0	Spanish	4	2	0	N/A
11:1	\$15,600	Coed	Yes	✓	35%	✓	0	0	Spanish, ASL	6	4	5	N/A
11:1	\$19,850	Coed	Yes	✓	40%	✓	11	0	Chinese, French, German, Latin, Spanish, ASL, ESL	21	20	15	8 hours/year (encouraged, not required)
6:1	\$4,500–6,000	Coed	No	✓	N/A	✓	0	0	Spanish	Music and Fine Arts	Multiple	0	N/A
6:1	\$180–1,025	Coed	No	✗	N/A	✗	0	0	N/A	Music	N/A	0	N/A
Varies	\$11,000–16,500	Coed	No	✗	N/A	✓	0	0	French	Art and music	Multiple	0	72 hours/year (7–8)
2:1	\$40,112	Coed	No	✓	27%	✗	0	0	N/A	Studio art and performing arts	5	4	75 hours for seniors
7:1	\$8,910–21,660	Coed	Yes	✓	23%	✓	0	0	Spanish	8	12	8	N/A
7:1	\$26,990	Coed	Yes	✓	23%	✓	22	0	Spanish, French, Latin	30	43	25	75 hours (9–12)
6:1	\$8,545–29,200	Coed	Yes (ISEE or SSAT)	✗	35%	✓	6 AP; 13 Advanced	0	Arabic, French, Latin, Spanish	24	45	40	N/A
Varies 4:1 to 15:1	\$9,700–11,950	Coed	No	✗	25%	✓	0	0	Spanish	N/A	Varies by year; 8	0	N/A
9:1 (PreK); 16:1 (K–5)	\$5,000–9,400	Coed	Yes	✓	12%	✓	0	0	French	Art night; 7 musical performances	16	0	N/A
6:1	\$7,000–15,080	Coed	Yes	✓	29%	✓	Honors level (Upper)	0	Latin, Spanish	25	23	6	Daily service duties
9:1	\$3,575–19,995	Coed	Yes	✓	33%	✓	0	0	Spanish	7	7	6	10 hours (grade 8)
5:1	\$2,300–8,000	Coed	No	Opt.	5%	✓	0	0	Spanish	Music Together, ballet	3-4	0	N/A
10:1	\$3,900–12,900	Coed	No	✓	18%	✓	0	0	Spanish	14	5	4	15 hours (middle school)
6:1 (PreK–K); 12:1 (1–3); 15:1 (4–5)	\$8,537 (Catholic); \$9,812 (Non-Catholic)	Coed	K and middle math	✓	N/A	✓	0	0	Spanish	5	Multiple	4 (middle school)	Weekly service projects, community outreach, Saints in action
14:1	\$14,577 (Catholic); \$16,320 (non-Catholic)	Coed	Yes	✓	15%	✓	16	0	Spanish, French, Latin	15	30	19	75 hours

# PRIVATE SCHOOL

	DESCRIPTION	YEAR FOUNDED	RELIGIOUS AFFILIATION	PRINCIPAL/HEAD OF SCHOOL	GRADE LEVELS	ENROLLMENT	AVG. CLASS SIZE
SEVERNA PARK	<b>SEVERN SCHOOL—CHESAPEAKE CAMPUS (LOWER)</b> 1185 Baltimore Annapolis Boulevard, Arnold 410-647-7700; severnschool.com	1914	Non-Sec-tarian	Douglas Lagarde	Pre-school–5	227	15
	<b>SEVERN SCHOOL—TEEL CAMPUS (UPPER)</b> 201 Water Street, Severna Park 410-647-7700; severnschool.org	1914	Non-Sec-tarian	Douglas Lagarde	6–12	627	13
	<b>ST. JOHN THE EVANGELIST SCHOOL</b> 669 Ritchie Highway, Severna Park 410-647-2283; stjohnspschool.org	1959	Catholic	Casey Buckstaff	PreK–8	484	25
	<b>ST. MARTIN'S IN-THE-FIELD EPISCOPAL SCHOOL</b> 375-A Benfield Road, Severna Park 410-647-7055; stmartinsmd.org	1957	Episcopal	Jamey Hein	PreK 3s–8	170	12-18
EDGEWATER	<b>SAINTE ANDREW'S DAY SCHOOL</b> 4B Wallace Manor Road, Edgewater 410-266-0952; standrewsum.org	1985	United Methodist	Mark Wagner	PreK–8	251	14
	<b>THE SUMMIT SCHOOL</b> 664 East Central Avenue, Edgewater 410-798-0005; thesummitschool.org	1989	Non-Sec-tarian	Dr. Joan Mele-Mc-Carthy	1–8	105	Varies
GAMBRILL/ODENTON	<b>ODENTON CHRISTIAN SCHOOL</b> 8410 Piney Orchard Parkway, Odenton 410-305-2380; ocs.odentonbaptist.org	1977	Baptist	Scott Milner (principal); John Lacombe (director)	K3–12	181	14
	<b>SCHOOL OF THE INCARNATION</b> 2601 Symphony Lane, Gambrills 410-519-2285; schooloftheincarnation.org	2000	Catholic	Nancy Baker	PreK–8	750	25
MILLERSVILLE	<b>ELVATON CHRISTIAN ACADEMY*</b> 8422 Elvaton Road, Millersville 410-647-3224; elvatonacademy.com	1995	Christian	Pastor Dallas Bumgarner	PreK2–8	60	8
SEVERN/GLEN BURNIE	<b>ARCHBISHOP SPALDING HIGH SCHOOL</b> 8080 New Cut Road, Severn 410-969-9105; archbishopspalding.org	1966	Catholic	Kathleen K. Mahar	9–12	1,250	25
	<b>GRANITE BAPTIST SCHOOL</b> 7823 Oakwood Road, Glen Burnie 410-761-1118; granitebaptistschool.org	1975	Baptist	Lou Rossi, Jr.	K3–12	273	Varies
	<b>MONSIGNOR SLADE CATHOLIC SCHOOL</b> 120 Dorsey Road, Glen Burnie 410-766-7130; msladeschool.com	1954	Catholic	Alexa L. Cox	PreK2–8	475	25
	<b>ST. PAUL'S LUTHERAN SCHOOL</b> 308 Oak Manor Drive, Glen Burnie 410-766-5790; stpaulsgb.org	1950	Lutheran	John Maxwell	P2–8	230	18
...AND BEYOND	<b>THE BOYS' LATIN SCHOOL OF MARYLAND</b> 822 West Lake Avenue, Baltimore 410-377-5192; boyslatinmd.com	1844	Non-Sec-tarian	Christo-pher J. Post	K–12	625	13
	<b>CALVERT HALL COLLEGE HIGH SCHOOL:</b> 8102 LaSalle Road, Baltimore 410-825-4266; calverthall.com	1845	Catholic	Charles S. Stembler	9-12	1,200	18
	<b>THE CALVERTON SCHOOL</b> 300 Calverton School Road, Huntingtown 410-535-0216; calvertonschool.org	1967	Non-Sec-tarian	Chris-topher Hayes	PreK–12	269	14
	<b>DEMATHA CATHOLIC HIGH SCHOOL</b> 4313 Madison Street, Hyattsville 240-764-2200; dematha.org	1946	Catholic	Dr. Daniel J. McMahon	9–12	825	19

	RATIO	TUITION PER YEAR	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	% MINORITY	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/VOLUNTEER REQUIREMENT
	13:1	\$21,540; PS-K varies	Coed	Yes	✓	20%	✓	0	0	Spanish	Multiple	Multiple	0	N/A
	12:1	\$27,780	Coed	Yes	✓	17%	✓	20	0	French, Spanish, Latin	35+	45+	15-48 teams	10 hour/year (9-12)
	14:1	\$4,845 (half-day); \$8,075 (full-day)	Coed	No	✓	11%	✓	0	0	Spanish	10	21	6	N/A
	7:1	\$3,200-12,700	Coed	No	✓	17%	✓	0	0	Spanish	6	20+	4	Yearly class service
	9:1	\$8,940-\$13,015	Coed	No	✓	N/A	✓	0	0	Spanish	Music and Art	Multiple (After School Enrichment Program)	4	N/A
	4:1	\$31,621	Coed	No	✓	22%	✓	0	0	N/A	4	8	6	Yes
	9:1	\$6,300	Coed	Yes	✓	N/A	✗	0	0	Spanish	Multiple	Multiple	3	N/A
	14:1	\$7,400 (Catholic); \$8,150 (other faiths)	Coed	Yes	✓	24%	✓	0	0	Spanish	Music	30+	9	20 hours (grade 8)
	12:1	\$1,400-5,500	Coed	Yes	✓	30%	Limited	0	0	Spanish	Multiple	Multiple	0	N/A
	14:1	\$17,250	Coed	Yes	✓	N/A	✓	26	Yes	Spanish, French, Latin	Music, Theatre, Visual Arts	30+	30+	60 hours of community service
	Varies	Starts at \$4,410	Coed	Yes	✓	N/A	✗	0	0	N/A	Multiple	N/A	12; Little Braves (K5-6)	N/A
	Varies	Starts at \$3,071	Coed	Yes	✓	37%	✓	0	0	Spanish (grade 4-8)	10	14	5	12 hours
	20:1	\$1,845-7,315	Coed	Yes	✓	25%	✓	0	0	N/A	4	5	3	N/A
	7:1	\$21,220-30,530	Boys	Yes	✓	33%	✓	15	0	Latin, Spanish, French, Mandarin	15	20+	14	40 hours
	Varies	\$16,975	Boys	Yes (HSPT)	✓	N/A	✓	24	0	Latin, French, German, Spanish	Multiple	70+	40	Varies
	7:1	\$7,000-35,000	Coed	Yes	✓	41%	✓	0	14	French, Spanish, German	Multiple	Multiple	19	Yes
	12:1	\$18,850	Boys	Yes (HSPT)	✓	N/A	✓	22	0	French, Spanish, Latin, German, Mandarin Chinese	30	28	14	55 hours

# PRIVATE SCHOOL

CAROLINE COUNTY

DORCHESTER COUNTY

KENT COUNTY

QUEEN ANNE'S COUNTY

TALBOT COUNTY

## DESCRIPTION

## YEAR FOUNDED

## RELIGIOUS AFFILIATION

## PRINCIPAL/HEAD OF SCHOOL

## GRADE LEVELS

## ENROLLMENT

## AVG. CLASS SIZE

**ELIZABETH SETON HIGH SCHOOL**  
5715 Emerson Street, Bladensburg  
301-864-4532; setonhs.org

Elizabeth Seton High School is an all-girls, college preparatory school, and is affiliated with the Archdiocese of Washington.

1959

Catholic

Sister Ellen Marie Hagar

9–12

611

16

**HOLY TRINITY EPISCOPAL DAY SCHOOL**  
*Primary School*  
13106 Annapolis Road, Bowie  
301-262-5355; htrinity.org  
*The Daisy Lane School and High School Prep*  
11902 Daisy Lane, Glenn Dale  
301464-3215; htrinity.org

Holy Trinity features the Primary School campus for grades 1–4, while The Daisy Lane School and High School Prep campus houses preschool and kindergarten and grades 5–8.

1963

Episcopal

Juanita Nell (Daisy Lane); Karen Falk (Primary School); Gene Esposito (HS Prep)

Pre-school–8

480+

15 (Pre); 20 (K–grade 4); 21 (grades 5–8)

**NOTRE DAME PREPARATORY SCHOOL**  
815 Hampton Lane, Towson  
410-825-6202; notredameprep.com

Notre Dame Prep was founded by the School Sisters of Notre Dame. It is a college preparatory school for girls, located in Towson.

1873

Catholic

Sister Patricia McCarron, SSND, PhD

6–12

800

16

**ST. VINCENT PALLOTTI HIGH SCHOOL**  
113 St. Mary's Place, Laurel  
301-725-3228; PallottiHS.org

St. Vincent Pallotti High School is a college preparatory school in the Archdiocese of Washington, and serves students from Anne Arundel, Howard, Montgomery, and Prince George's counties.

1921

Catholic

Jeffrey Palumbo

9–12

465

17

**THE BENEDICTINE SCHOOL**  
14299 Benedictine Lane, Ridgely  
410-634-2112; benschool.org

The Benedictine School is an approved day and residential school, serving students with intellectual disabilities, autism, or multiple disabilities.

1959

Non-Sec-tarian

Julie Hickey

Ages 5–21

66

5-7

**COUNTRYSIDE CHRISTIAN SCHOOL**  
5333 Austin Road, Cambridge  
410-228-0574; countrysidechristianschool.org

Countryside Christian School is located off of Route 50, and is part of Maryland's BOOST program (Broadening Options and Opportunities for Students Today).

1974

Christian

Beverly Stephens Herbst

PreK–8

40

5

**CHESTERTOWN CHRISTIAN ACADEMY**  
401 Morgnac Road, Chestertown  
410-778-5855; chestertownchristian.org

Chestertown Christian Academy serves students from Kent, Queen Anne's, and Cecil counties, as well as New Castle County in Delaware.

1979

Baptist

Joseph Baugher

K–12

97

9

**KENT SCHOOL**  
6788 Wilkins Lane, Chestertown  
410-778-4100; kentschool.org

Kent School is an independent day school located along the bank of the Chester River. The school incorporates Chesapeake Bay studies into their curriculum.

1967

Non-Sec-tarian

Nancy Mugele

PreK–8

132

12

**RADCLIFFE CREEK SCHOOL**  
201 Talbot Boulevard, Chestertown  
410-778-8150; radcliffecreekschool.org

Radcliffe Creek School focuses its curriculum on multi-sensory learning. It serves students from Kent, Queen Anne's, Talbot, Dorchester, Cecil, Caroline, and Anne Arundel counties.

1996

Non-Sec-tarian

Meg Bamford

K–8

73

5

**THE GUNSTON SCHOOL**  
911 Gunston Road, Centreville  
410-758-0620; gunston.org

Founded over 100 years ago, The Gunston School is an independent college preparatory school that offers individualized learning plans.

1911

Non-Sec-tarian

John A. Lewis, IV

9–12

210

10-12

**LIGHTHOUSE CHRISTIAN ACADEMY**  
931 Love Point Road, Stevensville  
410-643-3034; lcademy.org

Lighthouse Christian Academy serves students on the Eastern Shore from three counties, and focuses on a Classical Christian education curriculum.

2001

Christian

Kathleen Guerra

PreK–8

86

7

**SWEET BAY MAGNOLIA ACADEMY AT THE MCARDLE CENTER\***  
201 Love Point Road, Stevensville  
443-249-3368; mcardlecenter.com

Sweet Bay Magnolia Academy focuses on an individualized way of teaching for children diagnosed with ASD, offering science, technology, engineering, art, and math (STEAM).

2015

Non-Sec-tarian

Brian Tyler

K–3; home instruction 1–9 co-op

10

5

**WYE RIVER UPPER SCHOOL**  
316 South Commerce Street, Centreville  
410-758-2922; wyeriverupperschool.org

Wye River is a 501(c)(3) nonprofit school that serves students with dyslexia, ADHD, ADD, and other learning differences at their Centreville campus.

2002

Non-Sec-tarian

Chrissy Aull

9–12

58

7-8

**CHESAPEAKE CHRISTIAN SCHOOL\***  
1009 N. Washington Street, Easton  
410-822-7600; chesapeakechristian.org

Chesapeake Christian School is conveniently located near Route 50, and offers a traditional classroom setting with Christian values.

1999

Christian

Deborah L. Whitter

K4–12

170

15

**THE COUNTRY SCHOOL**  
716 Goldsborough Street, Easton  
410-822-1935; countryschool.org

The Country School is an independent, 501(c)(3) nonprofit school located near downtown Easton.

1934

Non-Sec-tarian

Neil Mufson

PreK–8

298

16

**SAINTS PETER AND PAUL ELEMENTARY SCHOOL**  
900 High Street, Easton  
410-822-2251; ssppeaston.org

Saints Peter and Paul School is a college preparatory school, and is the only Catholic, PreK–12th grade school on the Eastern Shore.

1955

Catholic

Sherrie Connolly

PreK3–8

360

18

**SAINTS PETER AND PAUL HIGH SCHOOL**  
900 High Street, Easton  
410-822-2275; ssppeaston.org

Saints Peter and Paul School is a college preparatory school, and is the only Catholic, PreK–12th grade school on the Eastern Shore.

1955

Catholic

James Nemeth

9–12

174

15

	RATIO	TUITION PER YEAR	EDUCATIONAL ENVIRONMENT	ENTRANCE EXAMS	UNIFORMS	% MINORITY	FINANCIAL ASSISTANCE	AP COURSES	IB COURSES	LANGUAGES TAUGHT	PERFORMANCE/ CREATIVE ARTS OFFERINGS	EXTRACURRICULAR CLUBS	INTERSCHOLASTIC SPORTS	SERVICE/VOLUNTEER REQUIREMENT
	16:1	\$15,250	Girls	Yes (HSPT)	✓	N/A	✓	15	0	Spanish, French, Latin	17	30	22	Varies per year
	Varies	\$9,690–\$13,370	Coed	Yes	✓	N/A	✓	0	0	Spanish	Multiple	Multiple	6 (grades 5–8)	15 hours/year (7.5 hours/year for single-parent families)
	9:1	\$20,590	Girls	Yes	✓	19%	✓	26	0	Spanish, French, Latin, Chinese	Multiple	30+ (UL); 12+ (ML)	14, including squash & crew	Call for information
	12:1	\$16,485–17,480	Coed	Yes (HSPT)	✓	N/A	✓	20+	0	Spanish, French, Mandarin, Latin	20+	20+	20+	80 hours
	3:1	Varies	Coed	No	✓	N/A	✓	0	0	N/A	N/A	Multiple	0	N/A
	5:1	\$4,400	Coed	No	✓	N/A	✓	0	0	Spanish, ASL	Musical and drama programs	N/A	0	N/A
	9:1	\$6,975 (K–6); \$8,480 (7–12)	Coed	Yes (3-12)	✓	3%	✓	Available upon request	Yes	Spanish	3	Varies year-to-year	4	10 hours per academic year (9-12)
	7:1	\$6,200–8,200 (PreK 3 & 4); \$15,800 (K–4); \$16,950 (5–8)	Coed	Evaluation	✓	14%	✓	0	0	Spanish	3	1	9	N/A
	Ranges from 1:1 to 7:1; (typically 4:1)	\$28,700	Coed	No	✓	N/A	✓	0	0	N/A	8 (changes yearly)	6	2	N/A
	9:1	\$25,600	Coed	Yes	✗	18%	✓	19	0	Spanish, Latin	16	18	13	45 hours
	7:1	\$3,800–8,950	Coed	Yes	✓	10%	✓	0	0	Latin	2	4	2	N/A
	3:1	\$5,000–20,000 (based on program)	Coed	Yes	✗	N/A	✓	0	0	N/A	0	0	0	N/A
	5:1	\$29,100	Coed	No	✓	21%	✓	0	0	Spanish	9	7	5	90 hours
	15:1	\$5,000	Coed	Yes	✓	20%	✗	0	0	Spanish	4	0	6	100 hours
	9:1	\$9,750–17,350	Coed	No	✓	23%	✓	0	0	Spanish, Latin	Music, Art, Theater	Multiple	5	Not required, but encouraged
	14:1	\$5,940–\$8,381 (PreK3–8)	Coed	Yes (HSPT)	✓	7%	✓	11	0	Spanish, Latin	2	13	6	N/A
	8:1	\$13,354–\$14,753 (9–12)	Coed	Yes (HSPT)	✓	10%	✓	11	0	Spanish, Latin	20	32+	15	80 hours over four years (9–12)



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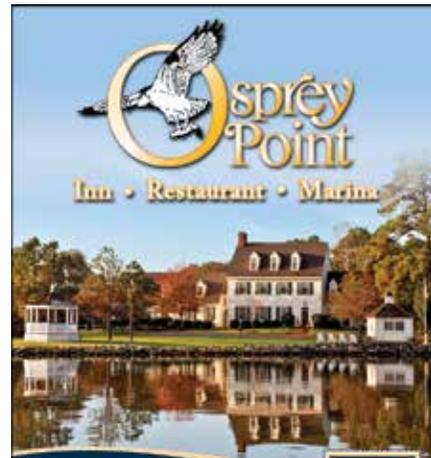
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# Home & Garden

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## Home Resources Still in Service!

Did you know many home service providers, from landscapers to builders, are deemed essential.

And many others like realtors, are creatively showcasing properties online. For the full list of who's operating and in what manner, visit our Home Resources list online at [Whatsupmag.com!](https://www.whatsupmag.com)



HOME DESIGN

# The Purposeful Laundry Room

ADVANCED CLOTHING CARE & CLUTTER CUTTERS

By Lisa J. Gotto

Smart, busy homeowners are creating order out of chaos with laundry rooms that serve not only to clean clothes but as command centers for their entire household. Intelligent design and advanced appliances are making this prospect more attractive every day. Here are our favorite laundry room hacks and perks.



## LAUNDRY ROOMS THAT DO DOUBLE-DUTY

Main level laundry rooms conveniently located just off the kitchen and side entry of the home are perfectly placed to be more than just a laundry room. Not only can these spaces work simultaneously as mud rooms for removing shoes and hanging coats, they can provide a convenient space to store pet paraphernalia. If you have a utility sink in the room, it can be used as a pet bathing station, as well.

## RE-THINK YOUR SINK?

Speaking of sinks, while you have the advantage of a plumbed room you may wish to consider reconfiguring your utility sink to have even more—utility! Farmhouse and traditional utility sinks are great for bathing smaller pets, but creating an area the combines the best of both worlds can make these mundane chores less cumbersome.

## IN-ROOM FOLDING ZONE

Make the commitment to sit less and keep your laundry baskets out of the family room by installing a folding shelf either above your washer/dryer combo or on an adjacent wall. Then employ a routine that has the family retrieving their folded laundry items as they return home and after they have removed shoes and hung their totes and backpacks.

## ANOTHER MAN'S TREASURE

Think of all the things we find in pockets and at the bottom of the washer drum every day. Create your own system of managing and even re-purposing those found items. This example is brought to you from the design mind of Bob

Vila. Whether it's a dollar bill, some coins, a paper receipt, or stray crayon, this premise of a hand-crafted organizer can be adapted to fit the vibe of any laundry room. And some of what you find could even become your fund for good—perhaps this is where you can collect your SPCA donation?

## HANG IN THERE!

This aspect can be as simple as adding a pole between two cabinets or above your folding area, or you can plan for a more integrated organization system with racks of varying heights that alternate with baskets and shelves. As we trend away from traditional ironing, these smart ways to hang and treat laundry while damp—for less wrinkles—become all the more essential.



## STEAM-POWERED INGENUITY

Once you have one, you will probably wonder how you ever lived without it! These slim closet-like appliances do so much in just a small space. Standing laundry sanitizer/steam units are becoming the gold standard in clever, cleaner homes. Especially useful for homes with allergy or asthma sufferers, these units refresh clothes, like business and formal attire, that typically need just that in between more formal cleanings. They help reduce odors and are great for sanitizing kids' plush toys. Some models even have a gentle dry feature that preserves pant creases and are Smart Wi-Fi enabled!

# Dare to Go Dark?

TRENDING DEEP HUES FOR YOUR HOME'S EXTERIOR

By Lisa J. Gotto



They're popping up everywhere—those vibrant, eye-popping homes that take curb appeal to the next level. Daring and creative homeowners are drenching their residences in rich hues; for some it may be as an accent color on part of the home, but for the truly bold the entire home is making a lively style statement.

With these rich hues being applied to various exterior materials including brick and even stone, it's a good idea to ask the right questions of

your paint retailer before you make your bold move. These questions will vary depending on the type of home you're painting (older homes like Victorians have a palette all their own and if you wish to honor it historically, certain rules for application should be recognized). When you choose a color you will also need to decide on a finish. Experts generally recommend a flat finish offering a softer look that hides subtle imperfections or a satin finish that offers a slight gloss for bolder hues.

You will also need to address the level of on-going maintenance associated with a richly-painted exterior, especially in our region where you'll need to account for our Bay climate. Sun will be your main concern. Darker colors absorb the sunlight faster than others. Inside, this could result in higher cooling bills in the summer. Outside, the side of your home that receives the most sun can start to fade as soon as three years.

That said, the quality of exterior paint continues to improve. Though you will

pay more for the top-of-line options from the most respected manufacturers like Sherwin-Williams and Benjamin Moore, you will save precious time and some money down the road when it comes to touching up and re-painting. Some of these paints also contain built-in primer for the most practical and fastest application.

Convinced yet? If you're still debating whether or not to plunge head-first into color, keep in mind you can consider some bold moves with your door color,

trim, and shutter color. But with so many attractive options and the availability of the most durable exterior paints ever, the question may not be if you dare to go dark, but when.

*Photo Credits: 1. Two-Tone: For those who wish to just dabble in color. Photo courtesy of hgtv.com 2. The traditionalist's top choice. Photo courtesy of bobvila.com 3. Sleek and sophisticated. Photo courtesy of oldhouseguy.com 4. The most widely trending color. Photo courtesy of benjaminmoore.com 5. The nautical classic. Photo courtesy of bobvila.com 6. Farmhouse fabulous. Photo courtesy of bobvila.com*

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HOME DESIGN

# Techno-Plumbing Solutions

By Janice F. Booth

Infrared sensors, play-lists, chromotherapy, auto-flow, and auto-temperature...these features and so much more are available to you. And no, I'm not describing your next spa experience; I'm talking about your very own home, your bathrooms, and kitchen. They have joined the march to high-tech, eco-friendly functionality. Let me help you brush up on your 21<sup>st</sup> century plumbing options. This will be fun.

## BATHROOM WIZARDRY

Let's start with the bathroom. We'll focus on your sinks, faucets, showers, tubs, and what's being called "Tush Technology."

**Sinks & Faucets:** We're all familiar with some of the innovations in sink and faucet designs, but let's review, in case you haven't been keeping up or need a refresher. There are three components to one's bathroom sink; the bowl or basin, the faucet(s), and the vanity or furniture upon which the sink rests.

The movement in design has been toward the natural—bowls and faucets that echo the experience of a tiny rivulet or waterfall into a small pool. Basins are made of stone, such as marble, granite, and cement. Faucets echo the appearance of bamboo or reeds. And both basin and faucets are placed on slabs or vanities of slate, oak, or bamboo.

The underlying contradiction in this unaffected style is the technology that can be harnessed to this elegant simplicity. Your faucets can be hands-free, with sensors that detect movement allowing water to flow as needed and turn off when you step away. This feature saves water and energy, and helps cut-down on germ transmission. Some faucets offer an ozone-activated, antibacterial feature; the device injects a stream of ozone into the water, killing any bacteria.

Another logical partner for the auto-flow and anti-bacterial features is the preset temperature control. An LED on the fixture reads out the water temperature, and a touch can choose another temperature. Expanding on the eco-friendly water usage, a device can be added to your faucet, which has preset timing for various common tasks—washing hands, filling a cup for drinking, and even brushing your teeth. This is a particular favorite of this writer. You program your faucet so enough water flows to wet your toothbrush, and then shuts off. The timer continues for the appropriate two-minutes, and then the water flows again for rinsing the toothbrush. This timer feature helps everyone keep to the necessary brushing regimen and saves on unnecessary water usage.

**Showers & Tubs:** Now that we have the sink properly programed, let's turn to the shower and tub. Here again, technology is your friend and eco-friendly too. Like the sink, shower and tub designs have gone simply natural. Showers are no longer sequestered behind modesty glass or hidden in corners. The shower fixtures are behind clear glass walls and sometimes glass doors.

The "dam" or slight frame around the shower that kept water from puddling on the floor outside is no longer necessary. Instead of a frame or dam, the shower floor slants slightly to the wall side where a long-drain allows the water to flow away. The tub's drain can be sensor controlled; when the tub is being filled, the drain closes. When the sensor detects someone leaving the tub, it automatically drains. Like your sink's faucet, the showerhead can perform all sorts of marvelous services. It can be programmed for temperatures and set for hands-free use along with ozone-injected bacteria fighting. Your shower or tub can be programmed with Alexa or Google-Assist, your very own bathroom butler.

And from the practical to the sensual, things are changing in your shower and tub. There are a variety of water pattern and pressure options for the showerhead or tub faucet.

And to be environmentally responsible, the water flowing from the faucet or showerhead can be aerated so that what seems like a tumbling rush of water under strong pressure is actually accomplished using less water—guilt free. Your shower experience can be lit in LED color patterns and synchronized with your personalized play list—a blue-green helix of hot water accompanied by Handel’s *Water Music* might be your fantasy, or Mick Jagger belting out “Jumpin’ Jack Flash” while the hard-pounding water wakes you up in the morning. The possibilities are endless.

**Toilets & Bidets:** Let us not forget the lowly commode, toilet, or john. That too is being transformed by technology. We’re probably all familiar with the now-common dual-flush toilet that allows you to choose the correct amount of water for the flushing task—solid or liquid. That’s great, but why stop there? Now, your toilet bowl can be set up to auto-flush, recognizing when the toilet has been used and when it’s appropriate to flush. (I know—we’ve all experienced the over-zealous auto-flush at some restaurant or airport, but usually the technology works just fine.) So, moving on, you need no longer chastise son or husband for failing to close the toilet seat. Toilet seats are available with the capacity to sense someone’s approach and lift the seat cover. A wave of the hand then lifts the toilet seat itself. The seat and cover quietly close when the commode is unoccupied. (Ah, now that’s the solution many women have been hoping for, for generations. And did you know that the most common accident in the bathroom is falling into the toilet when the seat has not been in place? Believe it!)

You needn’t worry any longer about dangling your feet on a too-tall toilet or squatting on a toilet that’s too short. There are toilets that allow you to adjust the height to your needs. And while we’re on these modern delights for our commodes, how



about this? Your toilet can be fitted with an automatic deodorizer. Yes, no more embarrassing odors lingering when you leave. But wait, that’s not all; you can select white noise or some sounds or music satisfactory to you which will play while you’re using the commode.

Let’s not forget the somewhat mysterious and exotic bidet. We’re more likely to associate them with European hotels, but they’re gaining popularity in the States. They’re available as free-standing or attachments for the toilet. In addition to the traditional spout of refreshing water for cleansing, bidets can allow the user to control water temperature and activate a gentle drying feature. Very civilized and sanitary.

### CLEVER KITCHEN

Kitchen plumbing is focused on the sink with its garbage disposal and the refrigerator. We’re all fairly familiar with the refrigerator’s occasionally rogue ice maker and water

faucet. (As you’re settling down for a chat with a glass of wine and a charming companion, the frig spits out a few ice cubes or dribbles just enough water to require you stop everything and mop up the mess.) The plumbing for the refrigerator is pretty much controlled by the manufacturer. So, there’s little to fuss over.

The kitchen sink, however, offers loads of opportunities for improvements and special features. So, let’s return to the conversation about the sink’s basin or bowl. In the bathroom, style over function seems to prevail. We want an elegant bathroom sink. In the kitchen, practicality wins, hands down! We want the kitchen sink to be dependable, versatile, and easy to maintain.

**Maintenance:** Keeping the sink area clean and the garbage disposal sanitary is a constant battle. Choosing the right sink basin may be the single most helpful decision. There are four types



of kitchen basins, and they each approach differently the problem of the seal between sink and countertop, the place where bacteria can lurk.

**Self-rimming:** This is the basin that slips into a hole in the counter-top. It is suspended by its own rim or lip. A seal is added between the countertop and the rim or lip to avoid water leaking under the sink's edge and into the cupboard below.

**Bottom-mounted:** This basin is clamped or suspended beneath the countertop. When installed, the counter's edge must be made to seal down onto the basin's edge. That's a bit tricky, and requires a skilled installer to insure a full seal and attractive mounting. **Solid-surface:** This is a one-piece basin-countertop. It is secured underneath to the

cupboard and plumbing. It is seamless and probably easiest to keep sanitary. **Stand-alone:** The free-standing sink on its own pedestal or leg is uncommon except in some antique-style kitchens. In the 19th and early 20th century, porcelain units—a sink on four legs—were common in kitchen and laundry rooms.

Once you've settled on the basin, you'll have a variety of faucet-styles to choose from. Do you want two handles or one? That choice determines how you'll regulate hot and cold water as well as the intensity of the flow. Do you want an integral, flexible hose for spraying vegetables, and yourself, occasionally? How about a soap dispenser? If you want to go a bit high-

tech, you'll want to choose a faucet system that allows for those features available in the bathroom faucets—auto-flow, temperature control, volume and intensity control, and ozone-injection for bacteria removal. Garbage disposals, it seems, have not gone hi-tech. They're pretty much doing the task they've been designed to do with more-or-less efficiency. Alexa probably can't help you there, unfortunately.

## MISCELLANY

Finally, let me review a few interesting technological advances in home plumbing.

**Water heaters:** You may already be using a solar water heater, linked to your rooftop solar panels. An unfortunate drawback, extended cloudy days mean no hot water for the days' showers. The on-demand water heater may be married with the solar system. When hot water is required, electricity heats as much water as is required almost instantaneously. Unfortunately, the cost of electricity probably eliminates the savings you were counting on with the solar heating.

**Pipes and fittings:** Worried about those pin-hole leaks that may have begun in your old, copper pipes? Well, when you replace those pipes you can get a Smart-Pipe System. These "brainy" pipes detect leaks early, sensing a change in pressure and volume. They can be programmed to alert the home owner and/or the plumber as to the problem and the location of the leak, saving time and money as well as the new flooring in your basement playground.

**Greywater Recycling:** This allows for the collection and reuse of water from the showers, sinks, dishwasher, and clothes washer. The water can be redirected to water lawns and gardens, or even reused in the clothes washer. (I'm not too sure about that last option.)

**Smart Irrigation System:** And finally, for all the gardeners out there: Your watering system can be synched with regional weather reports. The system will skip timed watering when rains are expected and extend watering times during droughts. (A good system to link with your greywater recycling so as not to waste fresh water on the garden.) The system can also be programmed for your specific soil type, plant varieties, and even the micro-climate of your neighborhood. The system works on a Cloud-based connection and can be adjusted and controlled by you, wherever you happen to be. Smart Irrigation sounds like every gardener's dream solution!

Essayist and literary critic, Edmund Wilson summed it up nicely in 1956, "I have derived a good deal more benefit of the civilizing as well as of the inspirational kind [of tradition] from the admirable American bathroom than I have from the cathedrals of Europe...I have had a good many more uplifting thoughts, creative and expansive visions—while soaking in comfortable baths or drying myself after bracing showers—in well-equipped American bathrooms than I have ever had in any cathedral."

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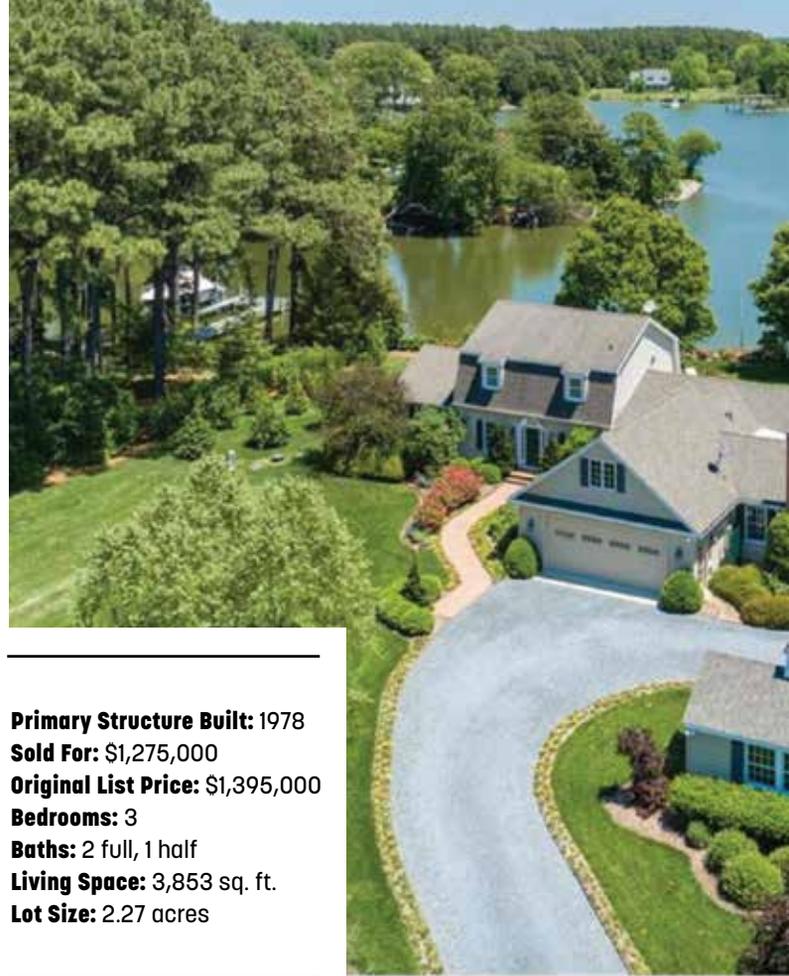
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# Cove & Creekside Convenience

By Lisa J. Gotto

**T**his wow of a house has great first impressions written all over it! Follow the extended driveway to a quaint welcoming gatehouse situated in a small plot of land surrounded by a convenient circular drive. Everything about this Oxford home is light and bright, from its warm, light tan exterior to its large airy floor plan.



**Primary Structure Built:** 1978  
**Sold For:** \$1,275,000  
**Original List Price:** \$1,395,000  
**Bedrooms:** 3  
**Baths:** 2 full, 1 half  
**Living Space:** 3,853 sq. ft.  
**Lot Size:** 2.27 acres



The main level features rich hardwood floors and generous rooms with numerous large windows flooding each space with natural light. The kitchen is every cook's dream with its gourmet gas range, large center island, and a wealth of all-white cabinets, some featuring glass front insets. It also features a large breakfast room with sliding door views out to the water and pool area.

The main floor offers a formal dining space, a formal living room with Federal-style fireplace with brick inset, and a less formal and warm family or "river" room with a rustic brick fireplace and peaceful views to the water. The main level also provides a luxurious first floor master suite with a massive soaking tub and a large separate glass shower and double vanity.



The new owners of this picturesque Eastern Shore retreat will wake up to the idyllic and serene surroundings of nearby Bringman's Cove and Island Creek. Two additional generous bedrooms are located on the home's second floor.

Gorgeous mature trees and landscaping perfectly frame the home's exterior, as does an expansive 56- by 40-foot water-front deck surrounding a large inground gunite pool. The great outdoors beckon, as the property offers 220 feet of prime water frontage, a rip-rap shoreline, private pier with boat lift, and six feet of mean low water.

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HOME REAL ESTATE

# Wye River Retreat

By Lisa J. Gotto

**T**his Queen Anne's County waterfront home offers an extraordinary quality of life for every member of the family, with so many features for convenience, recreation, and even creativity.

Walking into the living room of this custom-built home is a breath-taking experience with its soaring vaulted ceiling and wall of windows overlooking the Wye River. The main level is, indeed, designed to exploit the view from nearly every area with natural light flooding into the family room, breakfast room, and kitchen. This room is fully-equipped to please the most discerning of chefs and is wonderfully appointed with all the features that make a house a home, including an incredible cherry wood hearth with gas fireplace. Fine alder custom cabinetry defines the kitchen, and custom cherry millwork can be found throughout the home, most noticeable in its fireplace mantles and bookcases.

This floor also offers a spacious formal dining room and a main level master suite with those amazing river views and another dramatic vaulted ceiling. Included in this luxurious space is a spa-like master bathroom with a walk-in shower and floors clad with onyx, separate vanities, and a jetted tub. Two additional bedrooms with en-suite baths are located in the master wing and sleeping quarters.

---

**Primary Structure Built:** 2006  
**Sold For:** \$1,800,000  
**Original List Price:** \$1,850,000  
**Bedrooms:** 5  
**Baths:** 6 full, 1 half  
**Living Space:** 6,117 sq. ft.  
**Lot Size:** 5.42 acres

---

A work-from-home office suite with a separate client entrance, a craft-working station, room for a home gym, and an incredible workshop fit for a master craftsman are additional features of this stunning home. The home's upper level offers two additional bedrooms.

The new homeowners will be able to access the home's spacious composite deck off the breakfast room with unobstructed water views. Cascading deck stairs lead to a lush green lawn and the more than 440 feet of rip rap at the water's edge. A deep-water boat lift is located in the property's protected cove and a private pier provides many opportunities to take in a life-affirming sunrise.

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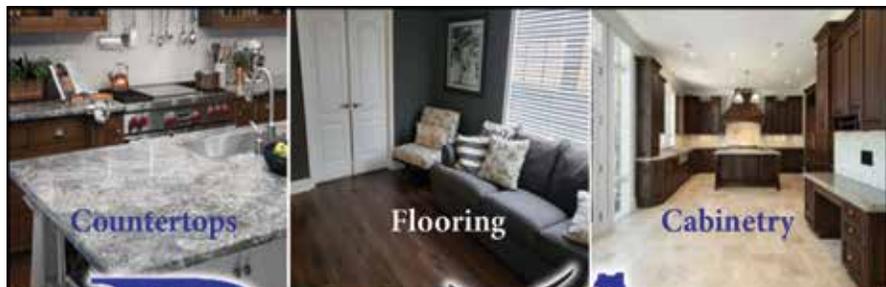
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# Health & Beauty

78 EMTONE | 79 SEERSUCKER | 80 FRESH TAKE  
82 FREE, SAFE, AND HEALTHY | 83 TWO-A-DAYS *plus more!*



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HEALTH & BEAUTY BEAUTY

# Emtone

A NEW OPTION FOR  
TREATING CELLULITE

By Dylan Roche

Although it doesn't pose any physiological harm, cellulite can be a big hindrance to a woman's confidence. "Cellulite is one of those things—most women, we have it, and it holds us back with certain things," says Katina Byrd Miles, MD, FAAD, of Skin Oasis Dermatology. "You want to put on shorts or short sleeves, but you just don't feel comfortable because your legs aren't as smooth as you want them to be."

But now there's a new treatment option for cellulite that emerged just last year. Known as Emtone, it's a device that combines radiofrequency and mild pressure to treat the causes of cellulite and give skin a smoother appearance.

The Mayo Clinic explains that cellulite appears when fat cells grow under the skin and the fibrous connective tethers that bind skin to the muscles are pulled rigid, creating an uneven, dimpled surface on the skin, commonly on a woman's legs, arms, or stomach.

the device over their afflicted area. As Dr. Miles describes it, being treated with Emtone feels like a massage. But while the patient is being pampered, Emtone's gentle pressure and radiofrequency break up the adhesions under the skin that cause dimpling.

"With Emtone, the nice thing about it is there's no downtime. [After the procedure], you get up off the table and go about your activities as you normally would."

Before the advent of Emtone, the most common procedure to reduce the appearance of cellulite was surgery. "With that, you do have some healing time," Dr. Miles, one of the greater Annapolis area's very first physicians to offer Emtone, explains. "With Emtone, the nice thing about it is there's no downtime. [After the procedure], you get up off the table and go about your activities as you normally would."

When a person is treated with Emtone, they lie down while the operator runs

Dr. Miles encourages anyone who is self-conscious because of cellulite to consider the treatment, though there's a small group of people who are ineligible. Those who have had a knee replacement and still have metal in their leg cannot be treated, nor can those who have a defibrillator or a pacemaker. Otherwise, the ideal candidate is anyone who has cellulite.

"It's a great treatment," Dr. Miles says. "If you're exercising and the cellulite won't go away, this is an aid to having your skin be nice and smooth."

# Seersucker

A VERSATILE ANSWER TO SUMMER'S SCORCHING TEMPS

By Dylan Roche

Looking your best shouldn't have to mean being decked out in heavy formalwear. Let's face it—being a sweaty mess is never a great look.

This is part of the enduring appeal of seersucker, the lightweight puckered fabric made so easily recognizable by its thin pinstripes. If you've worn seersucker before, you know these stripes of alternating smooth and course texture are great for offering a little bit of ventilation and breeze, keeping you cool even on hot days.

Seersucker looks sharp, but it can easily be dressed down for casual occasions. And although men have been the ones who have worn seersucker throughout centuries past, it's becoming increasingly popular with women in recent years.

Seersucker started out as the formal attire in cultures where it was known to get very hot, such as British India and the Southern United States. Today, it's better suited for smart-casual dress codes or festive-formal occasions, such as a beach wedding. The puckered fabric, in addition to providing ventilation, is more forgiving of wrinkles, so you never look sloppy even if your attire gets a little ruffled in the heat and humidity (which is more than can be said about linen).



HERE ARE A FEW RECOMMENDATIONS ON HOW TO WEAR SEERSUCKER THIS SUMMER:

*Men shouldn't be afraid to incorporate seersucker suit separates into a more casual outfit. What's most important is that the pieces fit well, as the puckered texture can make seersucker slightly bulkier. If possible, opt for slim-fit pieces or get them tailored.*

Pair the seersucker jacket with a white Oxford shirt and either dark-wash jeans or chinos. Wear the seersucker pants with a crisp white T-shirt or a pale-colored polo shirt, and be sure to cuff the pants twice to expose some ankle.

In a casual setting, seersucker can be paired with boat shoes or loafers; in smart-casual settings, go for a classic look with white bucks.

It's best to always wear seersucker with light colors (white, ivory, or pastels) and fabrics associated with summer, even when you're dressing it up—go for a linen shirt and a knitted silk tie.

*Seersucker had its moment with women last summer after designer Cecilie Bahnsen released dresses and separates that took Instagram by storm (@ceciliebahnsen). But even before then, savvy ladies knew how to incorporate what was traditionally a menswear fabric into their outfits.*

One of the easiest ways for women to make use of seersucker is with a blazer or suit coat—either find one that is made for a woman's body or get a man's coat tailored. It's easily paired with a T-shirt and shorts or capri pants.

If you're feeling creative, keep your clothing in light colors (think pastels) and make the outfit pop with bold-colored jewelry and accessories (Kelly green, lemon yellow, or royal blue).

But that seersucker jacket can work for women on dressier occasions too. If you're going out for a summer evening and worried the weather might get a little chilly, instead of grabbing a cardigan, grab that seersucker blazer to toss on over your sundress.



HEALTH & BEAUTY HEALTH

# Fresh Take

## CORN ON THE COB

By Dylan Roche

Have you ever heard someone claim that corn isn't a real vegetable? What they probably mean is that corn—like potatoes and peas—have more starch than vegetables like broccoli or spinach. But that doesn't mean corn isn't packed with vitamins, minerals, and antioxidants that have major benefits for your body. And hey, who can resist this summertime staple, especially when it's grown right here in Maryland?

While corn does have more calories and carbohydrates than other vegetables—per the U.S. Department of Agriculture, it has about 125 calories and 27 grams of carbohydrates per cup, compared with, for example, the 31 calories and 6 grams of carbohydrates in a cup of broccoli—it also has fiber and protein to keep you feeling satisfied and energized. It's a good source of thiamine for energy metabolism, vitamin C for fighting oxidation, magnesium for healthy muscle and nerve function, zinc for boosting the immune system, folate for making DNA, and lutein for healthy eyes.

If you're eating corn straight off the cob, you can enjoy it plenty of ways, whether you choose to roast it, steam it, boil it, or grill it. You can eat it plain or dress it up with oil, herbs, and spices.

However you prefer your corn on the cob, you want to make sure you start by getting the best ears available. If you're picking the ears yourself, the National Gardening Association recommends looking for ears that are rounder rather than pointed. Your husks should be green, not wilted or dried out, and the silk should be dark brown.

When you peel back the husk, you should see kernels that are plump and have not yet started to shrivel. If you press on the kernel to pop it, the juice that comes out should be milky rather than watery.

Ideally, you should cook and eat corn on the cob as soon as possible after it is picked. Once the ear leaves its stalk, some of the corn's sugar will start to convert to starch, so it will be less and less sweet—even a few hours can make all the difference.

If you can't eat the corn right away, you can keep it for up to three days in your fridge, where the colder temperatures will slow the conversion. Leave the husks on, and resist the inclination to wrap the ears in plastic wrap or put them in a zip-close bag.

### HOW TO PREPARE CORN ON THE COB

Ready to enjoy those ears you brought home? Start by shucking the husks off the corn right before cooking. If the ear still has some of its stem left on it, snap the stem off at the base. Be sure to get all the silk off the corn as well. Rinse the shucked ear off under cold running water to remove any dirt or contaminants.

**To boil corn on the cob**, bring a large pot of water to a full rolling boil. Don't salt the water, as this will only toughen the corn; however, a pinch of sugar will help bring out the corn's natural sweetness. Submerge the corn in the boiling water for five minutes, then drain and rinse.

**To grill corn on the cob**, brush the ear with olive oil and wrap it in aluminum foil. Set the foil-wrapped ears on a hot grill and allow them to cook for 10 minutes. When you unwrap the foil off the ear, the corn should be a nice shade of golden brown.

### Gua-corn-mole

*Add a little bit of corn to your next batch of guacamole to give it a boost of sweetness and a crunchy texture.*

#### INGREDIENTS:

- 4 ripe avocados
- 1 cup (about two ears) roasted corn
- 1 tomato, diced
- 1 red onion, diced
- 2 tablespoons of lime juice
- 1/3 cup cilantro
- 1/4 teaspoon cayenne pepper
- 1/2 teaspoon minced garlic

#### DIRECTIONS:

Mash the avocado and slowly add the lime juice, cilantro, cayenne pepper and garlic. Stir until the guacamole has reached your desired texture and consistency, then add the corn, tomato, and onion. Serve with tortilla chips.



Once you've cooked the corn, you have two options: You can enjoy it straight off the cob, or you can remove the kernels to use them in a few recipes. When eating the corn straight off the cob, be creative in the way you dress it up—salt and pepper work well, but you could also go with lime juice and chili powder for a Mexican flair or garlic powder and parmesan for an Italian taste.

To cut the kernels off the cob, start by standing the cob up on a cutting board on its base where the stem used to be. Hold the corn by its tip, and use a sharp kitchen knife to cut from the top down to the bottom, removing the kernels as you go. Be careful not to cut into the cob. One ear will give you approximately a half-cup of corn, which you can try using in the following recipes.

### Corn and Roasted Red Pepper Salad

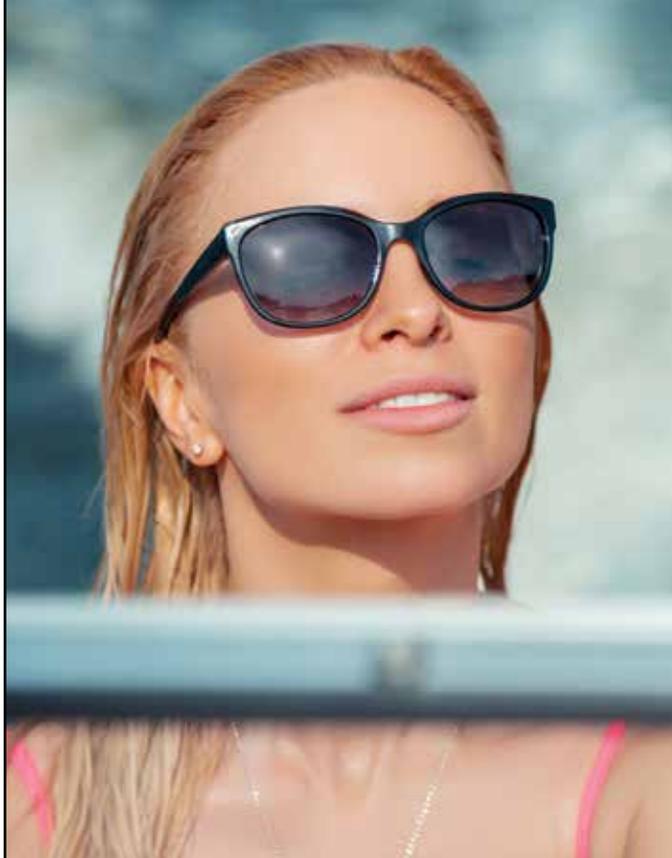
*This flavorful salad is simple to throw together and will liven up the spread at any summer get-together.*

#### INGREDIENTS:

2 cups corn (approximately four ears)  
10 cups arugula  
2 red bell peppers  
1/4 cup extra virgin olive oil  
1/4 cup lemon juice  
1/4 cup parmesan cheese  
1/4 cup feta cheese  
1 teaspoon salt  
1 teaspoon pepper  
1 teaspoon garlic  
1 teaspoon fresh basil, minced  
1 teaspoon oregano  
1 teaspoon rosemary

#### DIRECTIONS:

Core and deseed the red bell peppers and roast them on a hot grill or in the broiler until they are soft (about 20 minutes). Allow them to cool, then peel and slice into thin strips (about 1/8 of an inch). Combine the red peppers, arugula, and corn in a large bowl, then toss with parmesan and feta cheese. In a separate bowl, whisk the olive oil and lemon juice with salt, pepper, garlic, basil, oregano, and rosemary. Drizzle over the salad and serve immediately.



HEALTH & BEAUTY HEALTH

# Slip on a Pair of Shades to Protect Your Eyes

By Dylan Roche

Sunny days are great, but ultraviolet rays? Not so much. And while so many of us know we need to be diligent about protecting our skin when we head outside on a bright day, not quite so many are conscious of the toll that too much UV light can have on their eyes.

It's one of the reasons that a high-quality pair of sunglasses makes all the difference. Sure, wearing shades makes you a lot more comfortable and makes it easier for you to see. But they're also protecting your eyes from ultraviolet damage that can cause both short-term and long-term problems.

If you're investing in a pair of sunglasses, make sure you look for a pair that block out 99 to 100 percent of UV-A and UV-B radiation, both of which can cause damage that leads to

macular degeneration and cataracts. You can also suffer sunburn of your corneas, also known as photokeratitis, a condition characterized by pain and temporary vision loss. The American Optometric Association notes that there is no definitive amount of exposure to solar radiation that is known to cause damage, so you should be careful any time you are outside.

Ideally, your sunglasses should be large enough to provide coverage of your entire eye. Wraparound styles are even better, as they will stop the sun's rays from getting in around the side of the lens. It's important to note that dark lenses don't block out more sunlight, nor do polarized lenses.

And don't think that you have to sink a lot of money into expensive sunglasses. A cheap pair can provide UV protection just as well as a designer pair. You just need to make sure you're checking the glasses for a tag or sticker saying they block out both UV-A and UV-B rays—something the American Academy of Ophthalmology notes only half of people shopping for sunglasses do before making a purchase.

And although summer is the time of year when you're more likely to spend time out in the sun, those UV rays can cause just as much damage during the winter months, and people with light-colored eyes tends to be more sensitive. For maximum safety, avoid being outside too much when the sun is at its strongest, between the hours of 10 a.m. and 2 p.m., try to stay in the shade, and always wear a brimmed hat or visor.

# Free, Safe, and Healthy

## HOW TO CELEBRATE AMERICA'S BIRTHDAY RESPONSIBLY

By Dylan Roche

The Fourth of July always promises a lot of festivity, but it also holds potential for unsafe or unhealthy activity if you're not being responsible. Most of the time, it's simple negligence that gets you into trouble. Don't go thinking you have to cancel your plans to grill out in the backyard and light some sparklers—you just need to keep in mind a few health and safety tips so the day remains a fun one instead of a fiasco.



### Play it safe with your pyromania.

Yes, it can be a lot of fun to set off fireworks in your driveway, but there's a lot of risk involved, and many fireworks are illegal for unlicensed amateurs in Maryland. Laws vary among jurisdictions regarding smaller fireworks, such as ground-based sparklers, so it's important to check with your local fire department to find out what you can and can't set off.

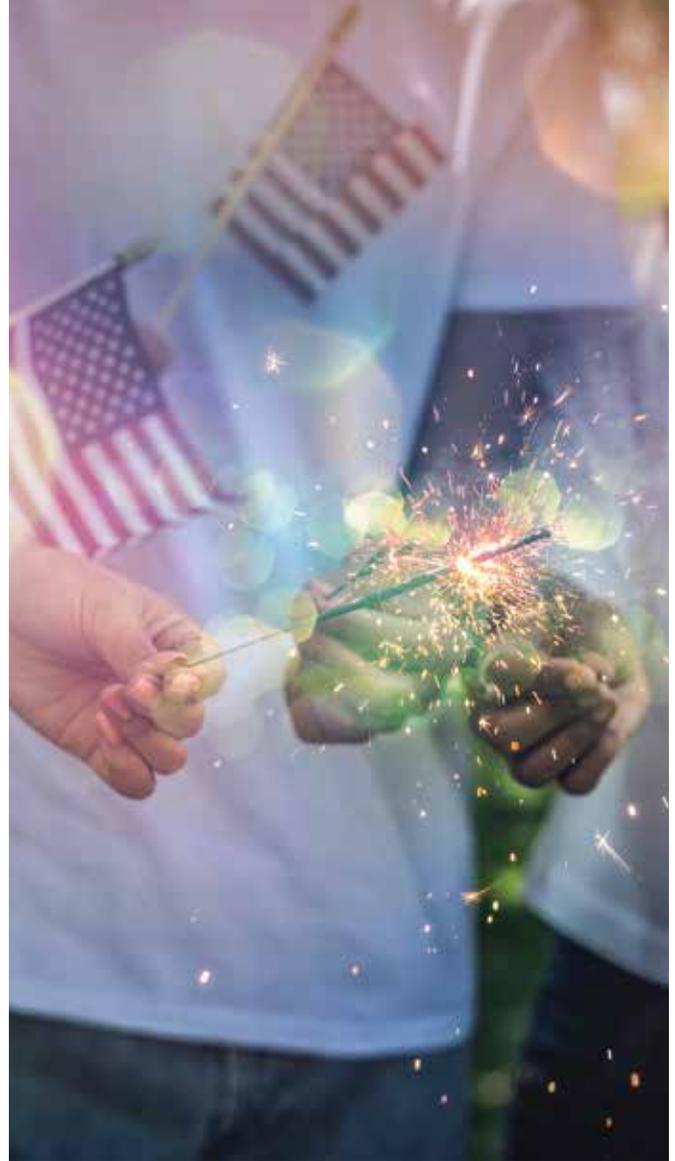
If you have legal products that you want to use to light up the night, be sure to read the directions on the package and keep a safe distance away from it once it is lit. Additionally, abide by these other safety precautions: **1.** Never allow children to touch fireworks or get too close. Keep a minimum of 10 feet away. **2.** Never try to light fireworks when you're under the influence of alcohol. **3.** Keep a bucket of water nearby in case the fireworks get out of control. **4.** Light only one firework product at a time. **5.** If you're holding a

party with many very small children, consider having a pinata, noisemakers, confetti, or glow jewelry or glow sticks instead of fireworks.



### Fire safety means grill safety too.

Fireworks aren't the only way you could get burned on the Fourth of July. If you're holding a backyard barbecue, be a responsible grill master. Last year, the National Fire Protection Association reported that 10,200 home fires are started by grills each year and about 19,000 people go to the emergency room because of injuries involving grills. Make your barbecue a safe one by observing the following: **1.** Keep the grill at least 10 feet away from your house, deck, garage, or other structures. **2.** Always be sure that the grill is supervised while it is hot, and don't let children or pets get any closer than 3 feet from the grill. **3.** Keep your grill clean, as any grease or fat buildup can be flammable. **4.** If you're using a charcoal grill, don't add lighter fluid after your coals have already been lit.



### Say no to food-borne illness.

Your Fourth of July party is bound to have a lot of food, but it takes only a few careless errors to turn that delicious picnic into a hotbed of bacteria. Here's how to make sure everyone stays healthy: **1.** Always wash your hands before preparing food, after handling raw meat and before eating. **2.** Keep foods separate and avoid cross-contamination by designating specific plates and utensils for raw meat and specific ones for cooked meat. Any plates or utensils that have been used for raw meat should be washed immediately. **3.** Remember to keep hot foods hot and cold foods

cold. Perishable food should never be left out for more than two hours, or for more than one hour if the temperature is above 90 degrees Fahrenheit.



### Apply sunscreen and bug spray.

Yes, it's a holiday, but UV rays and mosquitoes don't take time off. While you're enjoying your time out in the backyard, by the pool, on a boat, or anywhere else outdoors, it's important you still wear sunscreen and bug spray. **1.** Choose a sunscreen with SPF 15 or higher, and be sure to get even hard-to-reach places like your back or behind your ears. **2.** Reapply sunscreen every two hours and after swimming or heavy sweating. **3.** Bug spray

should be applied to all exposed skin, but never underneath your clothing. Be careful not to get it in any cuts or wounds. **4.** Use bug spray in well-ventilated areas and avoid breathing it in.



**It's cool to be cool.** Maryland has seen temperatures in the triple digits

on the Fourth of July. If it's hot out, remember to take it easy: **1.** If partaking in backyard games, such as volleyball or kickball, avoid any activity that is too strenuous. Keep it light and take breaks often. **2.** Go inside or stay in the shade during the hottest part of the day, between 10 a.m. and 2 p.m. This rule is especially important for small children and the elderly. **3.** Drink plenty of water to stay hydrated, especially if you have been consuming alcohol. **4.** Stay vigilant for signs of heat exhaustion: heavy sweating, clammy skin, a headache, nausea, muscle cramping, and/or a weak pulse. If you're around someone who might be suffering heat exhaustion, take them to a cool place and provide them with water. Seek medical attention if the person continues to experience symptoms.



**Last but not least, don't forget about Rover's well-being.**

The Fourth of July is a scary time for your pets, who can be frightened by the sound of fireworks. Be sure to keep them inside in a sheltered, ideally soundproof, location. The ASPCA also reminds pet owners to make sure all cookout food, alcohol, citronella candles, sunscreen, bug spray, and glow jewelry/sticks are kept away from your pet's access.

# Two-a-Days

TO DO THEM OR NOT?

By Dylan Roche

In only a few weeks, athletes will hit the field to start training for the fall sports season, and for some of them, their rigorous schedule entails twice daily practices often referred to as two-a-days. For those who undertake this kind of workout routine, there can be benefits—but it's important to remember not to over-train.

For the average person, a moderate half-hour of exercise a day is often all they need to maintain their weight, stave off chronic disease, improve their energy levels, and strengthen their bones and muscles. The Physical Guidelines for Americans put out by the U.S. Department of Health and Human Services recommends adults get at least 150 minutes of moderate aerobic activity a week or 75 minutes of vigorous aerobic

activity a week, plus at least two days of strength training that works all major muscle groups. Adolescents should get at least 60 minutes of daily moderate to vigorous activity encompassing a combination of aerobic, muscle strengthening, and bone strengthening activities.

But if you have specific goals, such as losing weight or, yes, training for athletic competition, then there's a chance you'll need a greater amount. It's for this reason that the American Council on Exercise suggests that two-a-days might be beneficial.

*However, if you're going to undertake two-a-days, you need to be smart about it. Here are some major points to consider:*

## TALK TO A PROFESSIONAL

**FIRST.** As with any fitness plan, it's best to consult a doctor, trainer, or coach about what's best for you and your particular situation. If you've been inactive since the spring, or even longer, you should ease into your program—going too hard too fast could lead to injury.

## CHANGE IT UP BETWEEN WORK-

**OUTS.** Look at two workouts a day as a chance to work different energy systems or muscle groups. If you do cardio in the morning, do strength training in the evening. If you're focusing exclu-



sively on strength training, do your upper body in the morning and your lower body in the evening. If you're training for a triathlon, you might do a run in the morning and then bicycle or swim at night. Whatever routine you go with, only one of the workouts should be done at a high intensity, and the other should be a low-intensity workout.

**DON'T OVERDO IT.** Two-a-days aren't an everyday thing. You should limit yourself to doing them only twice a week, and give yourself one or two days a week when you take off from training and engage in lighter physical activity.

**TAKE CARE OF YOURSELF.** Make sure you're getting plenty of water, nutrition, and rest, and be aware of the symptoms of overtraining: If you are suffering fatigue, energy loss and stamina decline, then you are pushing yourself too hard. Take some time to recover—but that doesn't mean you have to be a couch potato. Try a light activity like a leisurely stroll or bicycle ride that gets your blood flowing without putting too much stress on your body.



# Don't Let Mold Made You Sick

By Dylan Roche

Mildew and mold in your home are not just gross because they're unsightly and smelly—they're bad for your health, too. And with summer's humid air and the potential for flooding from heavy rainstorms and hurricanes, now is the time to start being diligent before mildew and mold have a chance to take over.

These microscopic organisms that thrive in wet environments often turn up in damp basements or in carpet or drywall that has gotten soggy. Spores enter the house through open doors and windows or on your clothing, then they start to grow wherever there's moisture. The Environmental Protection Agency notes that mold spores are in the air, so you can never completely rid your house of them. What you can control, however, is the moisture in your home.

And controlling that moisture is important because, according to the Federal Emergency Management Agency (FEMA), mildew and mold can start growing in just 24 hours. They will then continue to thrive until you address the problem—that is, until you not only kill the fungi but also eliminate the moisture.

## Protect Your Health

If you have mildew or mold in your home, you'll know. The Centers for Disease Control and Prevention explains that you will be able to see and smell it.

As far as your health goes, mold will affect everyone a little bit differently. There's a chance you might not be bothered by it at all; however, there are some sensitive individuals who could suffer a range of problems.

FEMA explains that mold causes respiratory problems and nasal and sinus congestion, and people who have allergies or asthma might find their conditions exacerbated by mold.

Some people will suffer burning, watery, or red irritated eyes, or they'll have dry hacking coughs or sneezing fits. In some cases, you could break out in rashes or hives or feel aches and pains. Some individuals even feel the effects in their nervous system and are prone to headaches, memory loss, or mood changes.



## Be Smart About Prevention

To prevent mold growth in your home, run your air conditioner and/or a dehumidifier to keep the humidity between 30 percent and 50 percent. Vent any places where steam builds up, such as your shower, laundry room, or kitchen, and avoid heavy textiles (like carpets) in these rooms. If you have places where water is entering your house (such as a leaky roof or window) address the problem and thoroughly clean and dry the area.

## Clean Up Safely

Mold cleanup isn't always easy. If you find that you have a problem, start by removing anything that has mold growth, including carpets, insulation, drywall, baseboards, furniture, or textiles. Most items with mold growth will have to be thrown away. If a belonging of monetary or sentimental value has been affected by mold growth, you should enlist the help of a professional restoration company to clean it.

Hard surfaces should be cleaned with a solution made from 1 cup of bleach to 1 gallon of water. Protect yourself from getting mold spores on your skin or in your eyes by wearing rubber gloves and goggles. After you have scrubbed the mold infestation with the bleach solution, run a fan so the area can thoroughly dry out.

*Find more tips and techniques for healthy, safe mold cleanup at [www.epa.gov/mold](http://www.epa.gov/mold) or [www.cdc.gov/mold](http://www.cdc.gov/mold).*

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# A New Treat in Town

By Tom Worgo

Photography by Stephen Buchanan



**M**ost people breezing down Route 50 to the beach pass by the town of Trappe and don't even know it's there. Tom Mitchell is in the process of changing that.

Mitchell has opened two eateries in town: The Coffee Trappe and Momma Maria's Mediterranean Bistro & Bar. The one that really has people at attention is Maria's. He bought the property of the old Mitchum's Tavern. Mitchell, a long-time Trappe resident, thoroughly renovated the space, and in the first few months, his new restaurant has been a roaring success. "We turned away over 100 people for dinner on Friday night and Saturday night one weekend," Mitchell says of the early goings. He named the restaurant after his wife Maria, who has had Alzheimer's for about a decade.

The restaurant's atmosphere is inspired by his wife's Greek heritage. The menu is built around her recipes, which includes ones for deserts, appetizers, and main dishes. And two eye-catching paintings "set the tone" for the dining experience.

We recently sat down with Mitchell to talk about what makes Momma Maria's stand out, the customer favorites, and how the Coffee Trappe impacts the restaurant.

## What was the inspiration for the restaurant?

It used to be a sleepy little town with a rich history. There have been a number of attempts at putting in restaurants into Mitchum's. It started off very well, but they had some issues. Then a couple of other people attempted to open places here. There was nothing there for year or so. It seemed like an opportunity. If you look at Route 50 from Easton to Cambridge, there no place to stop even for a sandwich. Our plan was to provide breakfast, lunch, and dinner. Dinner will be at Momma Maria's. Across from Maria's is the old bank

of Trappe. The building has been there for over 100 years. So we call that Coffee Trappe now. We renovated the inside and made it customer friendly. We got a lot of vibe there and in the restaurant. We start serving breakfast and lunch at Coffee Trappe. That has become extremely popular.

## What separates your restaurant from others?

We have a very good staff of servers. They didn't bring any bad habits. They were trained by Bunny Murphy. She is from Manhattan and has owned and run restaurants. She knows the ins and outs of the front end of the business. She has done a really good job of training the servers. We get a lot of compliments on not only the food, but the servers. I try to be there every night and I go around to every table. I talk to the customers and find out where they are from. Ninety percent of them thank me for opening the restaurant. They say, "It's good and fills a void."

## Mitchum's went out of business. What are you going to do differently to get by and what did you do to the building?

I have a pretty good track record of buying and running businesses. This is my first restaurant. I tell people, "My only qualifications are that I



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like to eat and drink.” We repainted everything. We have two beautiful murals that were painted by our PR lady, Alison Ford. One of them is a chalk painting of Santorini, a Greek island. It’s my wife’s favorite island. The other is of an Italian vineyard.

We also have a great big wood cast burning pizza oven, a little room called the bistro room, and a very long, old bar. The lady who owned Mitchum’s put it in.

**In a small, out-of-the-way-place like Trappe, how do you build clientele?**

We do a lot of social media and word of mouth. We have signs on Route 50. I have been around town along time and know a lot of people. I met a lot of nice groups. The country club group and some golfing groups. I have been involved in some charities. People know me and want to come down and support me and see what it’s like. It’s turned out to be really good.

**Can you talk about why you named the restaurant after you wife?**

It’s a personal story. She is Greek, a great mother, cook,

and baker. She is in her ninth year with Alzheimer’s. She’s home with twenty-four, seven care. So my kids and I decided to open Maria’s in her honor. We have added some of her recipes. That is the story behind Momma Maria’s. We have some Greek and Italian influence.

**Did your wife have a real passion for food?**

Absolutely. She absolutely loved to cook. She was a Greek lady and did a lot of cooking. She did great baking and baked a lot of pies and cakes and baklava. She made great food. Plus, she’s a mother. We are doing the restaurant to honor her.

**Tell me about your executive chef, Michael Quattrucci.**

He is very talented and designed our menu. He spent seven years at the Talbot Country Club. His father lives in the Virgin Islands, so he goes there and has worked in restaurants there. That is one place we get some coffee beans. He also is from Maine and has a source for great seafood from there. He helped open the Tidewater Inn and Pascal’s Chop House in Severna Park. We also



**Shrimp Feta**

Serves 3-4

**Ingredients**

- 1 lb. package vermicelli
- Pinch of red pepper flakes
- 2 lbs. shrimp, peeled and deveined
- 1/2 cup olive oil
- 1 1/3 cup feta cheese
- 1 tsp. crushed garlic
- 28 oz. can tomato wedges
- 1/2 cup dry white wine
- 1 1/2 tsp. dried whole basil
- 1 tsp. dried whole oregano
- 1/2 tsp. salt
- 1/2 tsp. pepper
- Fresh basil (optional)

**Directions**

Cook vermicelli. Set aside and keep warm. Sauté shrimp and red pepper with 2 Tbsp of olive oil in a large skillet for 5 minutes until pink. Arrange shrimp in a 10x6x2 baking dish; sprinkle with feta cheese and set aside. Add remaining oil to skillet and sauté garlic over low heat; add tomatoes and their juice. Cook one minute. Stir in wine and next four ingredients. Simmer uncovered 10 minutes. Spoon tomato mixture over shrimp. Bake uncovered in a 400-degree oven for 10 minutes. Remove from oven and spoon shrimp mixture over portioned vermicelli. Sprinkle with fresh basil.

have two talented sous chefs, and one of them is a pizza specialist. One of our goals was to have the best pizza in the area, and I think we do.

**Has the coffee shop impacted Momma Maria’s?**

It complements the restaurant. We opened that first. Many people go there and find out about the restaurant and come there. A lot of people would have had either lunch or breakfast and come over for dinner. There’s a certain synergy between the two.

**What are the customer favorites?**

Moroccan-braised beef short ribs is our biggest seller. It has roasted mashed potatoes and Brussels sprouts with au jus sauce. We are going to have Monday night prime rib night. I don’t think anybody does it the way we do it. The crab cake is also popular. It has fresh crab meat. The crab cake dinner and sandwich are outstanding.



# Dining Guide

## Advertisers Listed in Red

Average entrée price  
\$ 0-14 \$\$ 15-30 \$\$\$ 31 and over

☎ Reservations

Y Full bar

👨 Family Friendly

🌊 Water View

☀ Outdoor Seating

🎵 Live Music

🐾 Dog Friendly

👑 Best of 2020 Winner

## Queen Anne's County

### 98 Cannon Riverfront Grille

98 Cannon Street, Chestertown; 443-282-0055; 98cannon.com; Seafood; lunch and dinner \$\$, ☎ Y 🌊 ☀ 🍷 🍴

### Adam's Taphouse and Grille

100 Abruzzi Drive, Chester; 410-643-5050; Adamsgillkentisland.com; Barbecue; lunch, dinner \$\$ ☎ Y 🍷 🍴

### Annie's Paramount Steak & Seafood House

500 Kent Narrows Way N., Grasonville; 410-827-7103; Annies.biz; Steakhouse, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷 🍴 🌊 🍷

### Big Bats Café

216 Saint Claire Place, Stevensville; 410-604-1120; Bigbats.com; American, sports bar; lunch, dinner \$ Y 🍷 🍴 🎵 🍷

### Bridges Restaurant

321 Wells Cove Road, Grasonville; 410-827-0282; Bridgesrestaurant.net; Seafood; lunch, dinner \$\$ ☎ Y 🌊 🍷 ☀ 🍷

### Café Sado

205 Tackle Circle, Chester; 410-604-1688; Cafesado.com; Thai, sushi; lunch, dinner \$\$ Y 🌊 🍷 🍴

### Capriotti's

500 Abruzzi Drive, Chester; 410-643-9993; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷 🍴

### Carmine's New York Pizza

2126 DiDonato Drive, Chester; 410-604-2123; Carminesnypizzakitchen.net; Italian, pizza; lunch, dinner \$ 🍷 🍴

### Doc's Riverside Grille

511 Chesterfield Avenue, Centreville; 410-758-1707; Docsriversidegrille.com; American; lunch, dinner \$ Y 🍷 🎵 🍷

### El Jefe Mexican Kitchen & Tequila Bar

1235 Shopping Center Road, Stevensville; 410-604-1234; Eljefemexkitchen.com; Mexican; lunch, dinner \$-\$\$ Y 🍷 🍴 🍷

### Fisherman's Inn & Crab Deck

3032 Kent Narrows Way S., Grasonville; 410-827-6666; Crabdeck.com; Seafood; lunch, dinner \$\$ Y 🍷 🍴 🌊 🎵 🍷

### Frix's Fire Grill

1533 Postal Road, Chester; 410-604-2525; Frixsfiregrill.com; Brazilian/American, small plates, bar/lounge, lunch, dinner \$\$ ☎ Y 🍷 🍴

### Harris Crab House

433 Kent Narrows Way N., Grasonville; 410-827-9500; Harris-crab-house.com; Seafood, crabs; lunch, dinner \$\$ ☎ Y 🍷 🌊 🎵 🍷

### Hemingway's Restaurant

357 Pier One Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com; Seafood; lunch, dinner \$\$ ☎ Y 🌊 🍷 ☀ 🍷

### Historic Kent Manor Inn

500 Kent Manor Drive, Stevensville; 410-643-5757; Kentmanor.com; Modern American; special occasion dining, Sunday brunch \$\$\$ ☎ Y

### The Jetty Restaurant & Dock Bar

201 Wells Cove Road, Grasonville, 410-827-4959, Jettydockbar.com, American, seafood; lunch, dinner \$ Y 🍷 🌊 🎵 🍷

### Joshua's Steak & Chop House

420 Pennsylvania Avenue, Centreville; 443-262-8064, Dinner; Y 🍷

### Kentmorr Restaurant

910 Kentmorr Road, Stevensville; 410-643-2263; Kentmorr.com; American, seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 🍷

### Knoxie's Table

180 Pier 1 Rd, Stevensville; 443-249-5777; Baybeachclub.com; American; dinner, weekend brunch ☎ Y 🍷 🍴 🍷

### Ledo Pizza

110 Kent Landing, Stevensville; 410-643-7979; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷 🍴

### Love Point Deli

109 Main Street, Stevensville; 410-604-2447; Lovepointdeli.com; Deli; lunch, dinner \$ 🍷

### The Narrows Restaurant

3023 Kent Narrows Way S., Grasonville; 410-827-8113; Thenarrowsrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🌊 🍷 ☀ 🍷

### Oh My Chocolate

417 Thompson Creek Road, Stevensville; 410-643-7111 ohmychocolate.com 🍷

### O'Shucks Irish Pub

122 Commerce Street, Centreville; 410-758-3619; Oshucksirishpub.com; Irish, American; lunch, dinner \$ Y

### Rams Head Shorehouse

800 Main Street, Stevensville; 410-643-2466; Ramsheadshorehouse.com; American, brewery; breakfast, lunch, dinner \$ Y 🍷 🎵 🍷

### Red Eye's Dock Bar

428 Kent Narrows Way N., Grasonville; 410-827-3937; Redeyedockbar.com; American, seafood; lunch, dinner \$ Y 🌊 ☀ 🎵

### Rustico Restaurant & Wine Bar

401 Love Point Road, Stevensville; 410-643-9444; Rusticoonline.com; Southern Italian; lunch, dinner \$\$ ☎ Y

### SandBar at Rolph's Wharf

1008 Rolph's Wharf Road, Chestertown; 410-778-6389; Seafood; lunch, dinner \$ Y 🌊 ☀ 🎵

### Smoke, Rattle & Roll

419 Thompson Creek Road, Stevensville; 443-249-3281; Smokerattleandroll.com; BBQ; lunch, dinner \$

## SCOSSA RESTAURANT AND LOUNGE

"Saffron Risotto with duck is a standout!" -Alex C.

## Talbot County

### 208 Talbot

208 N. Talbot Street, St. Michaels; 410-745-3838; 208talbot.com; Modern American; dinner \$\$ ☎ Y

### Ava's Pizzeria & Wine Bar

409 S. Talbot Street, St. Michaels; 410-745-3081; Avaspizzeria.com; Italian, pizza; lunch, dinner \$\$ Y 🍷 🍴

### Awful Arthur's Seafood Company

402 S. Talbot St., St. Michaels; 410-745-3474; Awfularthursusa.com; Fresh seafood, authentic oyster bar \$\$\$ Y ☎ 🍷 ☀ 🍷

### The BBQ Joint

216 East Dover Street, Ste. 201, Easton; 410-690-3641; Andrew-evansbbqjoint.com; Barbecue; lunch, dinner \$ Y 🍷 ☀

### Banning's Tavern

42 E Dover Street, Easton; 410-822-1733; Banningstavern.com; American; lunch, dinner \$\$ ☎ Y

### Bartlett Pear Inn

28 S. Harrison Street, Easton; 410-770-3300; Bartlettpearinn.com; Farm-to-table; dinner \$\$\$ ☎ Y

### Bas Rouge

19 Federal Street, Easton; 410-822-1637; Basrougeeaston.com; European; lunch, dinner \$\$\$ ☎

### Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; dinner, Weekend brunch \$\$ ☎ Y 🍷

### Blackthorn Irish Pub

209 Talbot Street, St. Michaels; 410-745-8011; Irish, seafood; lunch, dinner \$\$ Y 🍷

### Capriotti's

106 Marlboro Avenue, Easton; 410-770-4546; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

### Capsize (Seasonal)

314 Tilghman Street, Oxford; 410-226-5900; Capsizeoxmd.com; American; lunch, dinner \$-\$\$ ☎ Y 🌊 ☀

### Captain's Ketch

316 Glebe Road, Easton; 410-820-7177; Captainsketchseafood.com; Seafood; lunch, dinner

### Carpenter Street Saloon

113 Talbot Street, St. Michaels; 410-745-5111; Carpenterstreetsaloon.com; American, seafood; breakfast, lunch, dinner \$\$ Y 🎵 🍷

### Characters Bridge Restaurant

6136 Tilghman Island Road, Tilghman; 410-886-1060; Fresh seafood, casual atmosphere; Lunch, dinner; Charactersbridge-restaurant.com \$\$ Y 🍷 🌊 ☀

### Chesapeake Landing

23713 St. Michaels Road, St. Michaels; 410-745-9600; Chesapeake-landing-restaurant.com; Seafood; lunch, dinner \$\$ Y 🍷

### The Coffee Trappe

4016 Main Street, Trappe; 410-476-6164; coffeetrappe.com; breakfast \$

### The Crab Claw Restaurant

304 Burns Street, St. Michaels; 410-745-2900; Thecrabclaw.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 ☀

**Crab N Que**

207 N. Talbot St., St. Michaels; 410-745-8064; Crabnque.com; Seafood, Barbecue; lunch, dinner \$\$

**Crepes By The Bay**

413 S. Talbot St., St. Michaels; 410-745-8429; Breakfast, lunch  
Y 🍴 \*

**Doc's Downtown Grille**

14 N Washington St., Easton; 410-822-7700; Docsdowntowngrille.com; American, seafood; lunch, dinner \$\$ Y

**Doc's Sunset Grille**

104 W Pier St., Oxford; 410-226-5550; Docssunsetgrille.com; American; lunch, dinner \$ 🍴 🍷 \*

**Eat Sprout**

335 N Aurora Street, Easton; 443-223-0642; Eatsprout.com; Organic, ready-to-eat; breakfast, lunch, dinner \$ 🍴

**El Dorado Bar & Grill**

201-C Marlboro Avenue, Easton; 410-820-4002; Mexican; lunch, dinner \$\$ 🍴 Y

**Foxy's Harbor Grille (Seasonal)**

125 Mulberry St., St. Michaels; 410-745-4340; Foxysharbor-grille.com; Seafood, American; lunch, dinner \$ Y 🍴 🍷 \*

**The Galley St. Michaels**

305 S. Talbot Street, St. Michaels; 410-200-8572; Thegalleystmichaels.com; Breakfast, lunch \$ Y 🍴 \*

**Gina's Cafe**

601 S Talbot Street, St. Michaels; 410-745-6400; Facebook.com/ginascasfstmikes; Southwestern, Vegetarian; lunch, dinner \$\$

**Gluten Free Bakery Girl**

116 N Talbot St; St Michaels; 410-693-1153 \$ 🍴

**Gourmet by the Bay**

415 S. Talbot Street, St. Michaels; 410-745-6260; gourmetbythe-bay.net 🍴

**Harrison's Harbour Lights**

101 N. Harbor Road, St. Michaels; 410-745-9001; Harbourinn.com; American, seafood; lunch, dinner \$\$ 🍴 Y 🍴 🍷 \*

**Hill's Cafe and Juice Bar**

30 East Dover Street, Easton; 410-822-9751; Hillscasfeandjuice.com; American, milkshakes, sandwiches; breakfast, lunch \$ 🍴

**Hong Kong Kitchens**

210 Marlboro Avenue, Easton; 410-822-7688; Hongkongkitchen-seaston.com; Chinese; lunch, dinner \$

**Hot off The Coals BBQ**

8356 Ocean Gateway, Easton; 410-820-8500; Hotoffthecoals.com; Barbecue; lunch, dinner \$ 🍴 \*

**Hunters' Tavern at the Tidewater Inn**

101 E. Dover Street, Easton; 410-822-4034; Tidewaterinn.com; American; breakfast, lunch, dinner, Sunday brunch \$\$ Y 🍴 🍷 \*

**In Japan**

101 Marlboro Avenue, Easton; 410-443-0681; Injapansushi.com; Japanese, sushi; lunch, dinner \$\$ 🍴 Y 🍴 🍷

**Krave Courtyard**

12 W. Dover St., Easton; 410-980-5588; American; lunch \$ \*

**Latitude 38 Bistro & Spirits**

26342 Oxford Road, Oxford; 410-226-5303; Latitude38.biz; American, seafood; lunch, dinner, Sunday brunch \$\$ 🍴 Y 🍴

**Ledo Pizza**

108 Marlboro Avenue, Easton; 410-819-3000; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍴 🍷

**Lighthouse Oyster Bar & Grill**

125 Mulberry Street, St. Michaels; 410-745-2226; Lighthouseoysterbarandgrill.com; Seafood, American; lunch, dinner \$-\$\$ Y 🍴 🍷 \*

**Limoncello Italian Restaurant**

200 S. Talbot St., St. Michaels; 410-745-3111; Limoncellostmichaels.com; Italian; lunch, dinner \$\$ Y 🍴 🍴

**Lowes Wharf**

21651 Lowes Wharf Road, Sherwoo; 410-745-6684; Loweswharf.com; American; lunch, dinner \$ 🍴 Y 🍴 🍷 \*

**Lyon Distilling Company**

605 S. Talbot Street, #6, St. Michaels; 443-333-9181; lyondiilling.com 🍴

**Marker Five**

6178 Tilghman Island Road, Tilghman; 410-886-1122; Markerfive.com; Local seafood, lunch, dinner Thursday-Sunday \$\$ 🍴 Y 🍴 🍷 \*

**Momma Maria's Mediterranean Bistro**

4021 Main Street, Trappe; 410-476-6266; mommamariasbistro.com; Mediterranean; dinner \$\$

**Old Brick Café**

401 S. Talbot St., St. Michaels; 410-745-3323; Breakfast

**Osteria Alfredo**

210 Marlboro Avenue, Easton; 410-822-9088; osteriaalfredo.com; Italian; lunch, dinner \$\$ 🍴 Y

**Out of the Fire Café & Wine Bar**

22 Goldsborough Street, Easton; 410-770-4777; Outoffthefire.com; Mediterranean, seafood; lunch, dinner \$\$ 🍴 Y

**Piazza Italian Market**

218 N. Washington Street, Easton; 410-820-8281; Piazzaitalianmarket.com; Italian; lunch, takeout \$ 🍴 \*

**Plaza Jalisco**

7813 Ocean Gateway, Easton; 410-770-8550; Plazajaliscoeaston.com; Mexican; lunch, dinner \$ 🍴

**Pope's Tavern**

504 S. Morris St., Oxford; 410-226-5220; Oxfordinn.net ; European bistro; dinner \$\$ 🍴 Y 🍴

**Portofino Ristorante Italiano**

4 W. Dover Street, Easton; 410-770-9200; Portofinoeaston.com; Italian; dinner \$\$ 🍴 Y

**Purser's Pub at Inn at Perry Cabin**

308 Watkins Lane, St Michaels 443-258-2228 innatperrycabin.com; American food, small plates, lunch and dinner Y

**Robert Morris Inn**

314 North Morris Street, Oxford; 410-226-5111; Robertmorrisinn.com; Modern American; breakfast, lunch, dinner, Sunday brunch \$\$ 🍴 Y \*

**Sakura Sushi Restaurant**

8475 Ocean Gateway, Easton; 410-690-4770; Japanese, Sushi; lunch, dinner \$-\$\$

**Sam's Pizza & Restaurant**

1110 S. Talbot Street, St. Michaels; 410-745-5955; Samspizzastmichaels.com; Italian, American, Greek cuisine; lunch, dinner \$ Y 🍴 🍴

**Scossa Restaurant & Lounge**

8 N. Washington Street, Easton; 410-822-2202; Scossarestaurant.com; Northern Italian; lunch, dinner, Sunday brunch \$\$ 🍴 Y 🍴

**"I stop here everytime we are in town! It's not a real trip without getting Gluten Free Bakery Girl" –Ed Potts WINNER**

**Snifters Crafts Beer and Wine Bistro**

219 Marlboro Avenue, Easton; 410-820-4700; sniftersbistro.com 🍴

**Stars at Inn at Perry Cabin**

308 Watkins Lane, St. Michaels; 443-258-2228; innatperrycabin.com; Seafood; breakfast, lunch, dinner \$\$\$ 🍴 Y \* 🍴 🍴

**St. Michaels Crab & Steakhouse**

305 Mulberry Street, St. Michaels; 410-745-3737; Stmichaelscrab-house.com ; American, seafood; lunch, dinner \$\$ 🍴 Y 🍴 🍴 \*

**Sugar Buns Airport Café & Bakery**

29137 Newnam Road, Easton; 410-820-4220; Sugarbuns.com; Baked goods, desserts, light fare; breakfast, lunch \$ 🍴

**Sunflowers & Greens**

11 Federal Street, Easton; 410-822-7972; Sunflowersandgreens.com; Salads; lunch \$

**T at the General Store**

25942 Royal Oak Road, Easton; 410-745-8402; Tatthegeneralstore.com; Dinner, Weekend brunch \$\$ 🍴 Y

**Theo's Steaks, Sides & Spirits**

409 S. Talbot Street, St. Michaels; 410-745-2106; Theosteakhouse.com; Steakhouse; dinner \$\$\$ 🍴 Y 🍴

**Two if by Sea**

5776 Tilghman Island Road, Tilghman; 410-886-2447; Twoifby-searestaurant.com; American; breakfast, lunch, Sunday brunch \$ 🍴 🍴

**U Sushi**

108 Marlboro Avenue, Easton; 410-763-8868; Usushimd.com; Japanese; lunch, dinner \$\$

**Victory Garden Café**

124 S Aurora St., Easton; 410-690-7356; Multi-cuisine; breakfast, lunch, dinner \$ 🍴 🍴 \*

**Washington Street Pub & Oyster Bar**

20 N. Washington Street, Easton; 410-822-1112; Washingtonstreetpub.com; American; lunch, dinner \$\$ 🍴 Y 🍴 🍴

## Kent County

**Barbara's On The Bay**

12 Ericson Avenue, Betterton; 410-348-3079; Barbarasonthebay.com; American; lunch, dinner \$\$ Y 🍴 🍴 🍴 \*

**Bayside Foods**

21309 Rock Hall Avenue, Rock Hall; 410-639-2552 🍴

**Bay Wolf Restaurant**

21270 Rock Hall Ave, Rock Hall; 410-639-2000; Baywolfrestaurant.com; Austrian & Eastern Shore Cuisine; lunch, dinner \$ 🍴

**Beverly's Family Restaurant**

11 Washington Ave, Chestertown; 410-778-1995; American; breakfast, lunch, coffee 🍴

**Café Sado**

870 High Street, Chestertown; 410-778-6688; Cafesado.com; Sushi and Thai \$\$ Y

**Casa Carmen Wine House**

312 Cannon Street, Chestertown; 443-203-8023; casacarmen-wines.com 🍴

**China House**

711 Washington Ave, Chestertown; 410-778-3939; Chinese; lunch, dinner \$ 🍴

**Ellen's Coffee Shop & Family Restaurant**

205 Spring Ave, Chestertown; 410-810-1992; American; breakfast, lunch, dinner, coffee \$ \$ 🍴

**Evergrain Bread Company**

201-203 High Street, Chestertown; 410-778-3333; Evergrainbreadco.com; Bakery; breakfast, lunch \$ 🍴

**Figg's Ordinary**

207 S. Cross Street #102, Chestertown; 443-282-0061; Figg-sordinary.com; Café and Bakery; Breakfast, Lunch, Gluten and refined sugar free \$ \*

**Harbor House (Seasonal)**

23141 Buck Neck Road, Chestertown; 410-778-0669; Harborhouse-atwortoncreekmarina.com; Seafood, American; dinner, Saturday and Sunday lunch \$ \$ 🍴 🌊

**Harbor Shack**

20895 Bayside Ave, Rock Hall; 410-639-9996; Harborshack.net; American, seafood; lunch, dinner \$-\$ \$ 🌊 🌊 🌊

**Java Rock**

21309 Sharp St., Rock Hall; 410-639-9909; Javarockcoffeehouse.com; Gourmet coffee, light fare; breakfast, lunch \$ 🍴 \*

**The Kitchen at the Imperial**

208 High Street Chestertown, MD. 21630; 410-778-5000; Imperialchestertown.com; Small Plates Tavern & Casual Fine Dinning Restaurant, Sunday Brunch \$ \$ 🌊 \* 🍴

**Luisa's Cucina Italiana**

849 Washington Ave, Chestertown; 410-778-5360; Luisarestaurant.com; Italian; lunch, dinner \$-\$ \$ 🍴 🌊

**Marzella's By The Bay**

3 Howell Point Road, Betterton; 410-348-5555; Italian, American; lunch, dinner \$ 🍴 🍴

**O'Connor's Pub & Restaurant**

844 High Street, Chestertown; 410-810-3338; American, Irish; lunch, dinner \$ \$ 🌊 🍴 \*

**Osprey Point**

20786 Rock Hall Avenue, Rock Hall; 410-639-2194; Osprey-point.com; American, Seafood; dinner, \$ \$ \$ 🍴 🌊 🌊

**Pasta Plus**

21356 Rock Hall Ave, Rock Hall; 410-639-7916; Rockhallpastaplus.com; American, Italian; breakfast, lunch, dinner \$ 🍴

**Plaza Tapatia**

715 Washington Ave, Chestertown 410-810-1952 Plazatapatia.com Mexican; lunch, dinner \$-\$ \$ 🍴 🌊

**Procolino Pizza**

711 Washington Ave, Chestertown; 410-778-5900; Italian; lunch, dinner \$-\$ \$

**The Retriever Bar & The Decoy Bottle Shop**

337 1/2 High Street, #339, Chestertown 🍴

**Two Tree Restaurant**

401 Cypress Street, Millington; 410-928-5887; Twotreerestaurant.com; Farm-to-table; lunch, dinner \$ \$ 🍴 🌊

**Uncle Charlie's Bistro**

834B High Street, Chestertown; 410-778-3663; Unclecharlies-bistro.com; Modern American; lunch, dinner, Sunday brunch \$ \$ 🌊 🍴

**Waterman's Crab House**

21055 Sharp Street, Rock Hall; 410-639-2261; Watermanscrab-house.com; Seafood; lunch, dinner \$ \$ 🍴 🌊 🌊 🌊

**Wheelhouse Restaurant**

20658 Wilkens Ave., Rock Hall; 410-639-4235; American; lunch, dinner \$ \$ 🌊 🌊 🍴

**Dorchester County**

**Bay County Bakery and Café**

2951 Ocean Gateway, Cambridge; 410-228-9111; Baycountybakery.com; Sandwiches, pastries; breakfast, lunch \$ 🍴

**Bistro Poplar**

535 Poplar Street, Cambridge; 410-228-4884; Bistropoplar.com; French; dinner \$ \$ \$ 🍴 🌊 🍴

**Black Water Bakery and Coffee House**

429 Race Street, Cambridge; 443-225-5948; Black-water-bakery.com; Artisan breads, soups, sandwiches, desserts \$

**Blue Point Provision**

100 Heron Boulevard, Cambridge; 410-901-6410; Chesapeakebay.hyatt.com; Seafood; dinner \$ \$ 🍴 🌊 🌊

**Blue Ruin**

400 Race Street, Cambridge; 410-995-7559; blueruinbar.com 🍴

**Bombay Tadka**

1721 Race Street, Cambridge; 443-515-0853; Bombaytadkamd.com; Indian; lunch, dinner \$ \$ 🍴

**Canvasback Restaurant & Irish Pub**

420 Race Street, Cambridge; 410-221-7888; Irish, European; lunch, dinner \$ \$ 🍴 🌊 🌊

**Carmela's Cucina**

400 Academy Street, Cambridge; 410-221-8082; Carmelascucina1.com; Italian; lunch, dinner \$ 🍴 🍴

**Jimmie & Sook's Raw Bar & Grill**

527 Poplar Street, Cambridge; 410-228-0008; Jimmieandsooks.com; Seafood; lunch, dinner \$ 🌊 🍴 🌊 🌊

**Key's at the Airport**

6263 Bucktown Road, Cambridge; 410-901-8844; American; breakfast, lunch, dinner \$ \$ 🍴

**Lil' Bitta Bull BBQ**

1504 Glasgow Street, Cambridge; 443-205-2219 🍴

**Ocean Odyssey**

316 Sunburst Highway (Rt. 50), Cambridge; 410-228-8633; toddseafood.com; Seafood; lunch, dinner \$ \$, 🍴 🍴 \*

**RAR Brewing**

504 Poplar Steet, Cambridge; 443-225-5664; Rarbrewing.com; American; lunch, dinner \$ 🌊 🍴

**Snapper's Waterfront Café**

112 Commerce Street, Cambridge; 410-228-0112; Snapperswaterfrontcafe.com; American, seafood; lunch, dinner, Sunday breakfast \$ 🌊 🌊 🌊 🌊

**Suicide Bridge Restaurant**

6304 Suicide Bridge Road, Hurlock; 410-943-4689; Suicide-bridge-restaurant.com \$ \$ 🌊 🍴 🌊 🌊

**ThaiTalian Infusion Cuisine**

300B Washington Street, Cambridge; 443-225-6615; thaitalianinfusioncuisine.com 🍴

**Caroline County**

**Harry's on the Green**

4 South First Street, Denton; 410-479-1919; Harrysonthegreen.com; American, seafood; lunch, dinner \$ \$ 🍴 🌊 \*

**Market Street Public House**

200 Market Street, Denton; 410-479-4720; Marketstreet.pub Irish, American; lunch, dinner \$ 🌊 🌊



WHAT'S UP? READERS' **RESTAURANT REVIEW**

EAT  
REVIEW  
WIN

Restaurant Name \_\_\_\_\_

Restaurant Location \_\_\_\_\_

Your Review \_\_\_\_\_

\_\_\_\_\_

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CALLING ALL  
NURSES & MEDICAL  
PROFESSIONALS!

WHAT'S UP? MEDIA'S 2020

# EXCELLENCE IN N NRSING

Welcome to the inaugural Excellence in Nursing honors! A peer-survey project that celebrates exemplary nurses practicing in the Greater Chesapeake Bay Region. This is nurses celebrating nurses!

You—licensed nurses and medical professionals—are integral to this nomination process and the forthcoming honors of your peers. *These are, essentially, your awards.* This is a peer-survey project. Your nominations of fellow nurses in several fields of practice will be tabulated and vetted. The results will become Excellence in Nursing and will honor those nurses most recognized by their peers. There will be “Top Nurses” within each field, but also “Honorary Nominees” for each category as well. This will be a celebration of the many, many excellent nurses that drive medicine on the front-lines.

The value of this project exceeds those of other “Best Of” type projects in that this is truly *professionals nominating professionals*. This is not open to the public at large. *Only licensed nurses and medical professionals may access this [survey](#).* The process

will be anonymous, but do have your state license number handy to access the nomination form. The license number is required to verify and qualify each nomination form. Only one nomination form may be entered by each person. There are 15 categories/specialties on each nomination form. You may nominate up to two nurses per category; one nurse practicing within Anne Arundel and Prince George Counties, and another nurse on the Eastern Shore.

Thank you very much for your time and participation. You are truly benefitting the medical community by acknowledging the contributions of your peers. **Voting will close in August.**

Those earning Excellence in Nursing honors will be notified in early fall and the results will be published in the November issues of *What's Up? Annapolis*, *What's Up? Eastern Shore*, and *What's Up? West County*, in addition to the online platform and social media channels of What's Up? Media.

If you have any questions about the process, please contact our Editorial Director at [editor@whatsupmag.com](mailto:editor@whatsupmag.com).

[WHATSUPMAG.COM/2020NURSES](https://www.whatsupmag.com/2020nurses)

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# Where's Wilma?

## FIND WILMA AND WIN!

Mid-summer in the Chesapeake Bay region offers a bevy of recreation and pastimes near and dear to the hearts of locals. Our mascot Wilma flies the skies above, across Chesapeake waters, to drop into her favorite towns to enjoy crab picking, shopping, water sports, fishing, and all-manner of activities.

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at [whatsupmag.com/promotions](http://whatsupmag.com/promotions) for another opportunity to win a prize.

**Congratulations to this month's winner: Sue Bastille** of Grasonville who won a \$50 gift certificate to a local restaurant.

**Mail entries to:** Where's Wilma? Eastern Shore, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at [whatsupmag.com/promotions](http://whatsupmag.com/promotions)



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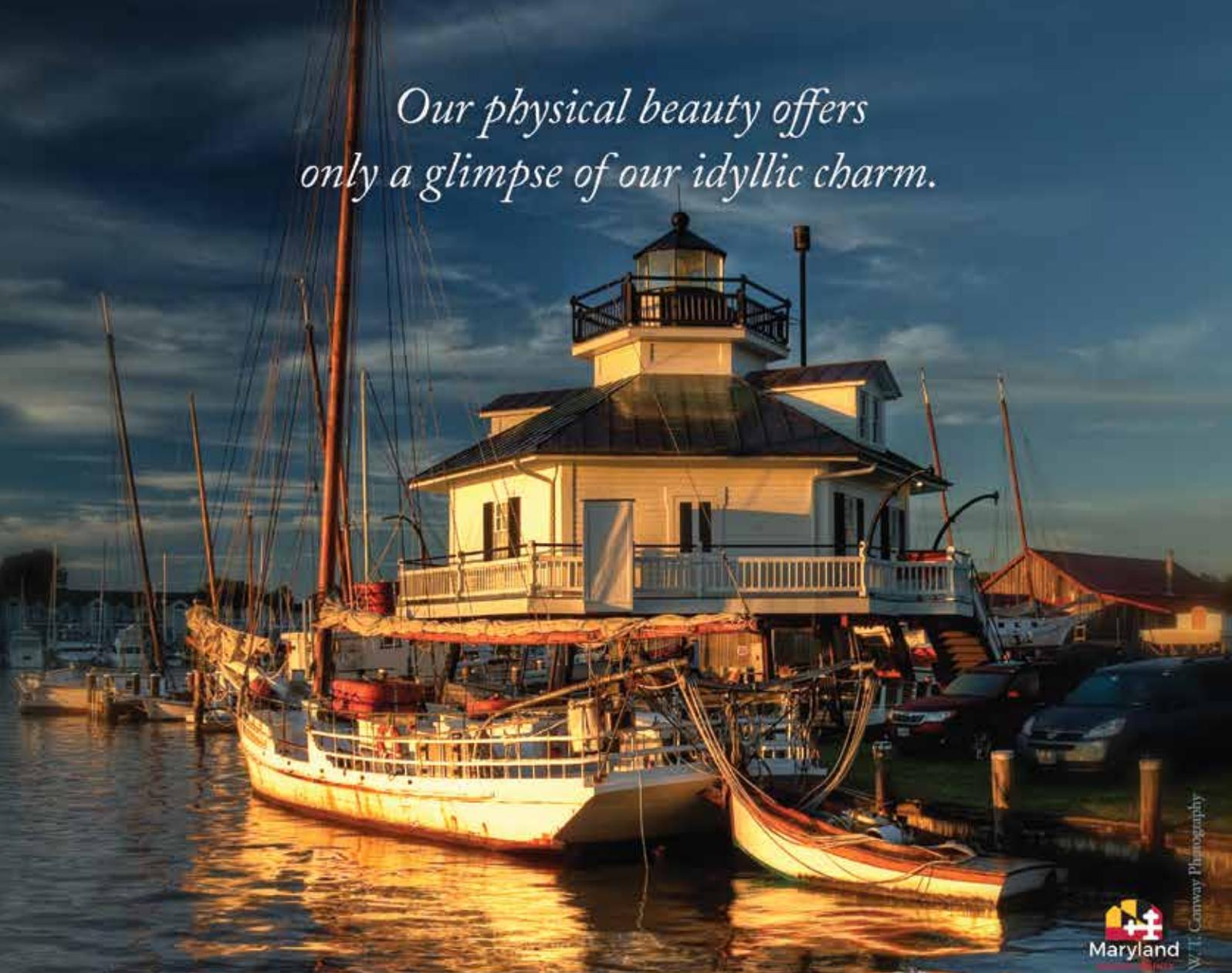
What is your age bracket? (Circle one) <25 25-34 35-44 45-54 55+

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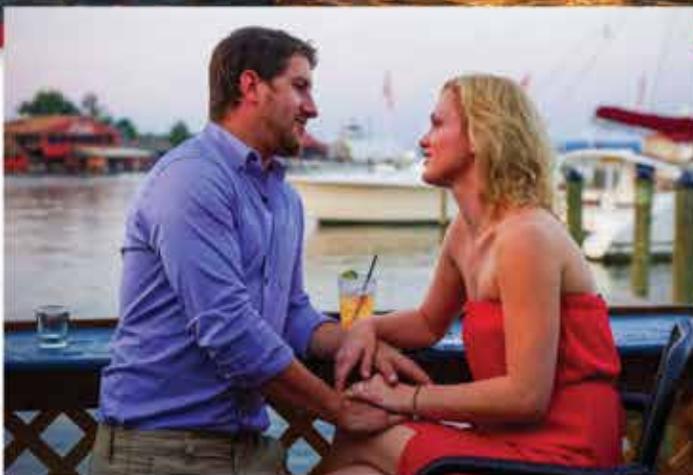
Entries must be received by July 31, 2020. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Eastern Shore.

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AAMC Foundation.....	76
Annapolis Auto.....	17, 21
Aqua Pools.....	BC
Ava's Pizzeria and Wine Bar.....	40
Bay Carpets Cabinets & Floors.....	75
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Catalina Pool Builders.....	95
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Dee Dee McCracken-Coldwell Banker.....	48
Djawdan Center for Implant and Restorative Dentistry.....	1
Dogwood Acres.....	94
Drs. Walzer Sullivan & Hlousek PA.....	3
Duke Law LLC.....	45
Dwelling and Design.....	51
Eastern Shore Dental Care.....	5
Eastern Shore Title Company.....	95
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For All Seasons Inc.....	85
Fred Frederick Chrysler Jeep Dodge.....	85
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