

WHAT'S UP?

The Ultimate Home Resource Guide for 2021

EASTERN SHORE

WHAT'S UP? MEDIA
ANNOUNCEMENTS
EASTERN SHORE
BOOKS
WEST VIRGINIA
WEDDINGS
HOME GROWN
LOCALLY OWNED

Spring Inspiration!

Inside:
EXPAND YOUR LIVING SPACE, FRESH HUES FOR THE HOME



Best of MEDICAL, DENTAL & VETERINARY Results

THIS SEASON'S Charity Events TO ATTEND

WHAT'S UP? MEDIA APRIL 2021

0 74851 08647 6

\$4.95

047





O'DONNELL

vein & laser | medical aesthetics



O'Donnell Vein and Laser is a comprehensive medical facility established for the treatment of varicose veins, spider veins and venous disorders. For every patient, our objective is the elimination of lower extremity symptoms associated with venous disease. Since inception, nearly all patients have significant or complete resolution of their previous pain or symptoms.

We are also a full-service medical aesthetics center offering the latest in laser skin rejuvenation, laser hair removal, and cosmetic injectables. With our focus on both functional and cosmetic vein treatments, as well as our medical spa services, we are committed to giving our clients beautiful, healthy skin.

Let Dr. O'Donnell and our caring staff share our passion for healthy legs and beautiful skin with you.

Contact us today at 410-224-3390 to schedule your evaluation!



Alexandra "Ali" Weiss
Nurse Practitioner



Laura Ruppel
Licensed Aesthetician

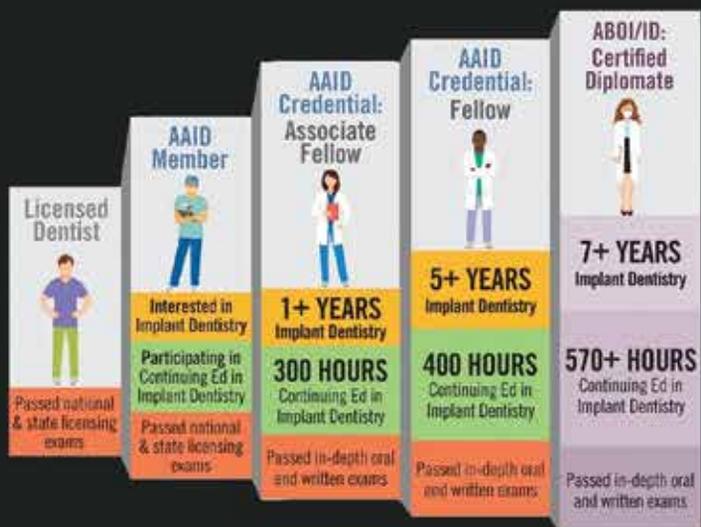


Eden Flynn
Clinical Director

Easton 499 Idlewild Ave, Easton, MD 21601
Annapolis 166 Defense Hwy, Suite 101, Annapolis, MD 21401
www.odonnellveinandlaser.com | 410.224.3390



If you are considering dental implants it is important you choose a dental implant dentist credentialed by the American Academy of Implant Dentistry, AAID.



AAID-credentialed dentists are qualified to provide the treatment you need.

Dental implants are complex, sophisticated devices that require deep knowledge and specialized expertise to fit and place properly, and every treatment needs to be customized to the unique needs of the patient. You can count on an AAID-credentialed implant dentist to expertly evaluate your needs, design a personalized treatment plan and complete it successfully.



Dr. Kian Djawdan (pronounced Jav-dan) is Board Certified by the American Board of Implantology/ Implant Dentistry and is considered an expert in implant dentistry. He is specially trained and licensed to administer IV sedation for any dental procedure. Dr. Djawdan has created a unique patient experience where adult patients with complex dental problems can have all of their dental treatment (surgical and restorative) in one office with one dentist.



DENTURE

- Ruins food's taste
- Unnatural looking: bulky plastic
- Weak bite, poor chewing
- Staining and embarrassing odor
- Continued loss of jaw bone
- Requires gooey adhesives
- Can break



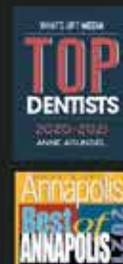
PRETTAU™ ALL CERAMIC IMPLANT BRIDGE

- Taste your food again
- Beautiful natural smile
- Eat what you want
- No staining or odor
- Maintains jaw bone
- No messy adhesive required
- Unbreakable

Djawdan Center for Implant and Restorative Dentistry

Restoring Hope & Confidence

200 Harry S. Truman Parkway
Suite 210
Annapolis, Maryland 21401
410.266.7645
www.smileannapolis.com



Dr. Djawdan's Professional Training & Dental Credentials



*Based on fracture toughness, Vickers, and flexural strength in University tests.



visit
ANNAPOLIS



Annapolis Redefined

Resilient to the core, Annapolis has been redefining itself for nearly 400 years. This Navy town has a track record of rolling with the punches and emerging ever new. But don't take our word for it. We invite you to hop in the car and drive to a place where life's simple pleasures abound. Treat yourself to an afternoon of sailing or cruising the Chesapeake Bay. Dine and shop al fresco along centuries-old brick-lined streets. Bike or hike our miles of trails. Discover best kept secrets on a ghost or history tour before calling it a day at a historic inn or hotel. Discover Annapolis redefined.

PLAN YOUR STAY AT VISITANNAPOLIS.ORG



Maryland
VisitMaryland.org

THE EASTERN SHORE'S
EXPERIENCED

PLASTIC SURGERY & COSMETIC TEAM



Dr. Christopher Spittler

Patients on Maryland's Eastern Shore have trusted Dr. Spittler of Plastic Surgery Specialists for over 20 years. Schedule your complimentary cosmetic consult with him today.



Melissa Corbin, PA-C

Melissa Corbin is a Board-Certified Physician Assistant & Cosmetic Specialist and is available in our Easton office for Filler and Botox appointments. Call to book your time today!



June Mitchell

June Mitchell is a licensed medical esthetician and staffs our Easton and Annapolis offices. She is a member of Society of Plastic Surgical Skin Care Specialists.

*Mention this advertisement to receive a
FREE Cosmetic Consult.*



PLASTIC
SURGERY
SPECIALISTS



PSS
MediSpa

PLASTICSURGERYSPEC.COM
800-570-7600



Easton | Annapolis | Boca Raton

Maryland's Bankruptcy Counsel

**ARE YOU OVERWHELMED BY BILLS?
PAST-DUE RENT, CREDIT CARDS
or MORTGAGE DUE?**

Has the Pandemic put you under water?
RLC can offer you a Lifeboat for
your Financial Future.

Call us now!

Let's talk about the Right Time to
Get Out Of Debt.

Don't Pay Credit Card Debt Forever.

Don't refinance or use a credit-line
payment that will leave you more in Debt.
Get effective Debt Relief.

RLC's Bankruptcy and Restructuring
practice is experienced, respected and
focused on Debt Relief to give you
the Protections of Bankruptcy so
YOU can regain your Financial Future.

**BUSINESS
ASSET ACQUISITION
DEBT REDUCTION
BANKRUPTCY**

410-505-4150

RLCFirm.com

8737 Brooks Dr. Suite 107, Easton, MD 20601
301 4th Street, Suite A-2, Annapolis, MD 21403

We are a qualified debt relief agency. This is Attorney advertising. The information on this Ad is for general information purposes only. Nothing on this Ad should be taken as legal advice for any individual case or situation. This information is not intended to create, and receipt or viewing does not constitute, an attorney client relationship. We are a qualified debt relief agency. We help people file for bankruptcy relief under the U.S. Bankruptcy Code. This is Attorney Advertising for RLC P.A., RLC Lawyers & Consultants LLC.





220 Lighthouse View Drive, Stevensville
SOLD for \$4,600,000 | Highest Sale in Queen Anne's County in 2021



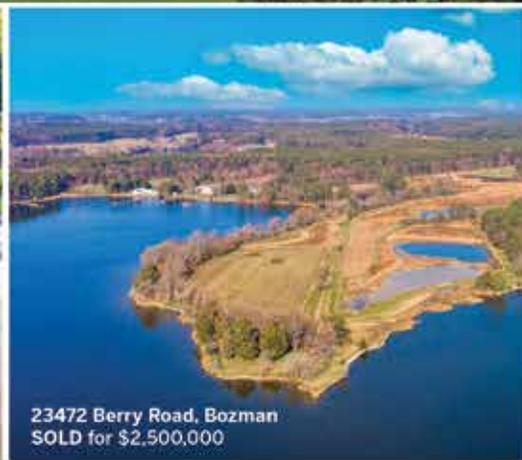
330 Serenity Lane
Under Contract - \$2,999,000



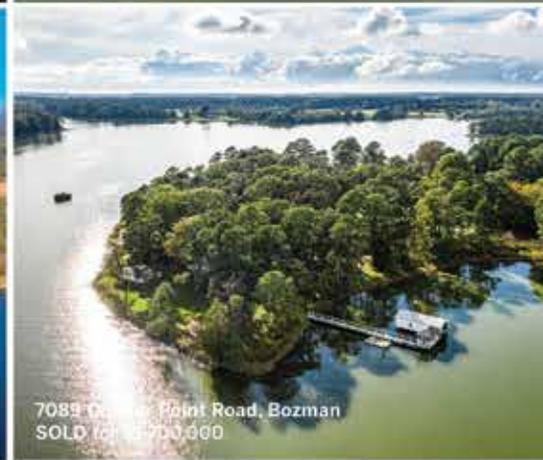
3102 Bennett Point Road, Queenstown
SOLD for \$2,700,000



310 Whistling Swan Way, Queenstown
SOLD for \$2,675,000



23472 Berry Road, Bozman
SOLD for \$2,500,000



7089 Ocean Point Road, Bozman
SOLD for \$2,500,000

Over \$46 million in sales in 2021!

MAKE YOUR MOVE WITH BRAD KAPPEL

No one invests more to sell your home for TOP DOLLAR. Brad combines his local expertise with best-in-class digital marketing to ensure your property is exposed to highly qualified global clientele. Call Brad today and take advantage of the current record-breaking Seller's Market!

MAKE YOUR MOVE in 2021 with Brad Kappel.



Brad Kappel, Vice President

m +1 410 279 9476

o +1 410 280 5600

brad.kappel@sothebysrealty.com

bradkappel.com

Annapolis Brokerage

209 Main Street

Annapolis, MD

TTR | **Sotheby's**
INTERNATIONAL REALTY



April contents

On the Cover: Spring inspiration abounds. Design by August Schwartz. Contact *What's Up?* Eastern Shore online at whatsupmag.com. Please recycle this magazine.

Features

27 2021 Best of Eastern Shore The Best of Medical, Dental, and Veterinary Wellness results are in; find out who won this year's honors based on reader voting

34 Victory is Ours The new Victory Garden movement for our times has taken root *By Rita Calvert*



39 Save the Date! 2021 Philanthropic Calendar Get a head start on planning your attendance of many regional charitable events

42 One Nation: A Diversity Article Series Our new series of articles, which explore culture, race, and minority issues in our community continues with "An Asian American Tale" *By Soo Youn*

Home & Design

52 Home Resource Guide: Spring 2021 Comprehensive listings of top-tier home service professionals and realtors

59 Reflective & Hopeful Color trend forecast for 2021 *By Lisa J. Gotto*

64 Porches, Decks & Patios How-tos for reimagining your outdoor living spaces *By Janice F. Booth*

66 Single-Story Style & Serenity Creek-side living in the Easton abode *By Lisa J. Gotto*

68 Idyllic Life-on-the-Shore Experience Pastoral retreat a stone's throw away from Leeds Creek *By Lisa J. Gotto*



Health & Beauty

By Dylan Roche

- 70 All About Aromatherapy**
- 71 Fitness Tips**
- 72 Fresh Take: Asparagus**
- 73 Probiotics: Magic Pills or Marketing Ploy?**

Dining

76 Readers Restaurant Guide More than 125 regional restaurants listed

77 Readers Review Contest Your dining reviews can win you free dinners!

WHAT'S UP?

EASTERN SHORE

Publisher & President

Veronica Tovey (x1102)

Editorial Director

James Houck (x1104)

Chief Operating Officer

Ashley Lyons (x1115)

Entertainment Editor

Megan Kotelchuck (x1129)

Contributing Editors

Lisa J. Gotto, Dylan Roche

Contributing Writers

Janice Booth, Rita Calvert,

Tom Worgo, Soo Youn

Staff Photographer

Steve Buchanan

Contributing Photographers

David Burroughs

Art Director

August Schwartz (x1119)

Graphic Designers

Matt D'Adamo (x1117), Lauren Ropel (x1123)

Web Content Specialist

Arden Haley (x1116)

Production Manager

Nicholas Gullotti (x1101)

Senior Account Executive

Kathy Sauve (x1107)

Account Executives

Debbie Carta (x1110), Beth Kuhl (x1112),

Rick Marsalek (x1124), Kimberly Parker,

Nina Peake (x1106), Michelle Roe (x1113)

Special Events Director

Melanie Quinn (x1132)

Finance Manager

Deneen Mercer (x1105)

Bookkeeper

Heather Teat (x1109)

Administrative Assistant

Kristen Awad (x1126)

WHATSUPMAG.COM



Proud Partner



Proud Partner

What's Up? Eastern Shore is published by What's Up? Media

201 Defense Highway, Suite 203, Annapolis, MD 21401,

410-266-6287, Fax: 410-224-4308. No part of this

magazine may be reproduced in any form without

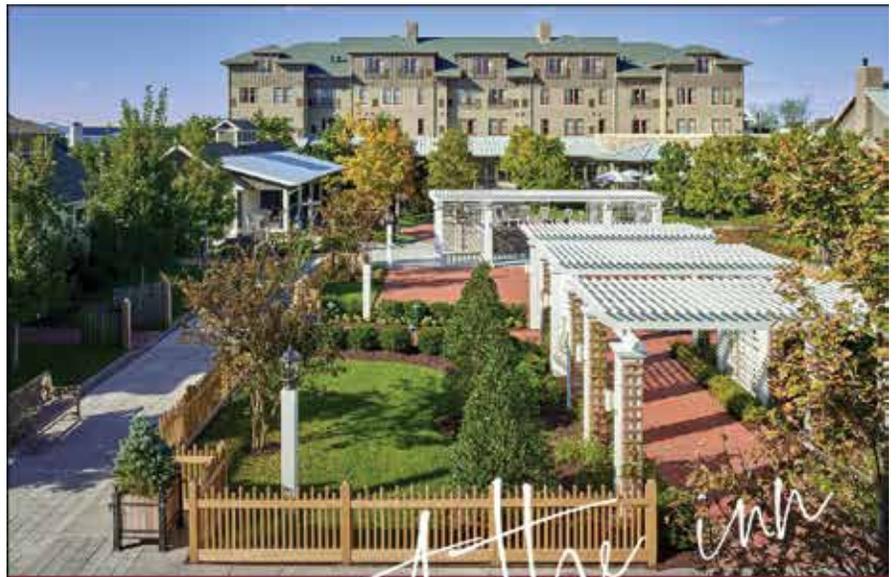
express written consent of the publisher. Publisher

disclaims any and all responsibility for omissions and

errors. All rights reserved. Total printed circulation is

23,888 copies with an estimated readership of 78,830.

©2021 What's Up? Media



spring at the inn

KNOXIE'S TABLE & THE MARKET

DINING, TAKE OUT & SHOPPING

LOCAL GETAWAYS

HOTEL PACKAGES & SPECIALS

EXPERIENCE THE SPA

LUXURIOUS SPA & SALON SERVICES

WEDDING OPEN HOUSE

SATURDAYS

9A-11A



THE INN

Chesapeake Bay Beach Club

Stevensville, MD | 410.604.5900 | baybeachclub.com

COMING UP IN
MAY 2021

Best of Eastern Shore Food & Dining
Farmers Adapt to the New Normal
Pleasures of Horse Riding
And More!

April contents



In Every Issue

8 E-Contents & Promotions

A snapshot of what's online, promotions, and exclusive content

9 **Editor's Letter** James shares his thoughts

13 **Out on the Towne** Day trips to arboretums, zoos, and nature centers to enjoy this month *By Megan Kotelchuck*

18 **Towne Salute** Meet Maureen Wheatley with Kent Island Federation of the Arts *By Tom Worgo*

21 **Towne Spotlight** Local business and community news *By James Houck*

22 **Towne Athlete** Meet Leila Robinson of Sts. Peter & Paul High School *By Tom Worgo*

80 **Where's Wilma?** Find the What's Up? Media mascot and win

18

Editorial Update: Within our March feature article titled "Young Thespians," photographer credit to Wendy Hickok Photography was inadvertently omitted from several CTA sourced photos.

e-contents



Sponsored Instagram Posts

Share your Instagrammable moments and inspire our 4,000+ followers.

Through sponsored Instagram posts, you can leverage our social presence and get in front of highly desired followers. Partner with our account through a single post or tap into our Instagram stories for even more creative content and distribution opportunities. Email mquinn@whatsupmag.com for more details!



Inbox Updates

whatsupmag.com/subscribe

Our newsletters are more valuable than ever during this time in crisis. Don't miss a beat, be sure you're signed up.

Connect

@whatsupmag
@whatsupmags





editor *From the*

In this April issue, we share some of the adventures you can enjoy comfortably and safely right now. In our lead-off column, *Out on the Towne*, our Entertainment Editor Megan Kotelchuck has rounded up a batch of day trips to regional arboretums, zoos, and nature centers. This time of the year is perfect for visiting each of them; the flora is blooming, fauna is awake and frisky, and the weather (hopefully) abides for such exploration. Megan has also compiled *the list* of this season's (and Summer's) planned philanthropic events, both virtual and live. Yes, it looks like there will be some opportunities to actually socialize...in person...with humans...once again, and for good causes!

Snap, crackle, pop.

With each careful step along a steep, sloping trail that wound up and down the wooded riverbank, my hiking boots alerted nearby critters of my approach. The sun teasingly poked out from wispy cloud puffs and there were only tiny, closed buds at the ends of each tree fingerling. In fact, there were a few leftover, small patches of snow still holding strong to the earth where the sun barely shone. Like a bear emerging from hibernation, I was enjoying the serenity of nature while reorienting to these surroundings. All the while, I knew my step-by-step disturbance of this peace was probably one of the very first signs of Spring's arrival. A time when anything seems possible.

I look forward to this time of the year. Of getting outside, waking my senses, and being more active in general. And it's easy to understand why, right? We've been cooped up for months, spending a majority of our time indoors, longing for that first run of sunny days and temperatures that beg us outdoors. It's like permission to get out and enjoy life again. This Spring, I do think that our sense of possibility and wonder is peaking like never before, right now, because of the hope that vaccinations and warmer weather will mightily curb the COVID virus and its grip on our everyday lives. It's been an exhausting year. Our patience has been tested but we'll be chasing adventures, camaraderie, and the activities that define us proud Marylanders with normalcy soon enough. We're getting there.

Meanwhile, on the home-front—both indoors and out—we know that Spring is also the time to size up the project list that's grown on paper all winter. We're looking to improve our living spaces—and boy, have we done a lot of living in them lately. Our Home & Design department offers a variety of colorful, practical, structural, and aesthetic inspirations. And if you're in need of a professional hand to get the job done (or maybe you want to upgrade to a new home altogether!), our annual Home Resource Guide gives you our list of top-tier home professionals ready to help.

There's much more to cull through in this issue—our hope is there's something meaningful within, for each of our readers. Feature articles explore the renewed "Victory Garden" movement (talk about homegrown!), diversity and inclusion in our "One Nation" series, and the very first of the renowned Best of Eastern Shore results begin to trickle out—the Best of Medical, Dental & Veterinary Wellness winners.

Lots to chew on and lots to look forward to. This season, I hope we can stretch our legs, get out and active, enjoy each other's company and comfort, and find inspiration all around. May we take our steps carefully as we blaze new trails this Spring.

James Houck,
Editorial Director



COMING SOON TO THE MARKET

945 Melvin Road | Annapolis, MD

"A Rare Opportunity" to acquire "Cedarstone" located on a deep water peninsula of Aberdeen Creek off Melvin Road.

This Epic Home sits proudly on over 6 Acres of Parklike Grounds and Gardens. Boasting over 14,000 Square Feet of Living the property lends itself to Grand Entertaining coupled with Unparalleled Yachting and Nautical Enjoyment and Access.

Available for showings to Qualified Buyers May 1st 2021.
Price Upon Request.



THE RUTLEDGE TEAM

Client Focused. Results Driven.

MICHAEL J. RUTLEDGE

Cell: 410-804-2144

RutledgeM8234@gmail.com

Facebook @RutledgeTeam

TheRutledgeTeam.com



BERKSHIRE HATHAWAY
Home Services

Maryland Office
410-583-0400

Florida/Jupiter-Tequesta Office
561-713-2437





GEORGETOWN | \$18,000,000
The Penthouse Residences at Ritz Carlton, Washington, DC
Mark C. Lowham +1 703 966 6949
Matt McCormick +1 202 365 5883



THE FRIARY | \$24,900,000
1604 Winchester Road, Annapolis, MD
Brad Kappel +1 410 279 9476
David DeSantis +1 202 438 1542



PALAZZO DELLA FELICITA | \$13,750,000
3301 Fessenden Street NW, Washington, DC
Will Thomas +1 202 607 0364



TRED AVON MANOR | \$7,995,000
5733 Pecks Point Road, Easton, MD
Rick Hoffman +1 516 702 6554



WEEMS CREEK WATERFRONT | \$6,480,000
225 Wardour Drive, Annapolis, MD
Brad Kappel +1 410 279 9476



RIVER OAKS | \$11,497,000
620 Rivercrest Drive, McLean, VA
Mark C. Lowham +1 703 966 6949
Phyllis Patterson +1 703 408 4232



MCLEAN | \$6,495,000
8548-A Georgetown Pike, McLean, VA
Jonathan Taylor +1 202 276 3344



WESLEY HEIGHTS | \$9,495,000
4400 Garfield Street NW, Washington, DC
Russell Firestone +1 202 271 1701



WESLEY HEIGHTS | \$6,830,000
4615 Dexter Street NW, Washington, DC
Michael Rankin +1 202 271 3344
John Vardas +1 301 807 1119



CAMBRIDGE | \$2,495,000
1902 Horns Point Road, Cambridge, MD
Rick Hoffman +1 516 702 6554



GEORGETOWN | \$4,750,000
2816 O Street NW, Washington, DC
Christie-Anne Weiss +1 202 256 0105
Christopher Ritzert +1 202 256 9241



CHESAPEAKE BAY WATERFRONT | \$2,999,000
221 Bay Front Drive, Pasadena, MD
Brad Kappel +1 410 279 9476



STONEWOOD | \$3,450,000
9324 Georgetown Pike, Great Falls, VA
Tracy Williams +1 703 867 4309



ARUNDEL ON THE BAY | \$575,000
3245 Arundel On The Bay Road, Annapolis, MD
Ashley Earle +1 410 279 4597
Jennifer Chino +1 410 941 7009



WETHERIDGE ESTATES | \$1,400,000
3060 Mimon Road, Annapolis, MD
Maria Giakoumakis +1 443 694 0772

Out on the **TownE**

13 EVENT PICKS | 18 SALUTE | 21 SPOTLIGHT | 22 ATHLETE

Spring is here, the flowers are in full blossom, and the animals are starting to stir. It is time to get out and about to take in the beauty in nature around us. As Marylanders, we are blessed with beautiful scenery in and around our state, which can easily create a fun-filled day trip. Pack the car and fill your April days traveling to Baltimore, D.C., Annapolis, and beyond to experience the beauty in nature around us and make new friends at the local zoos and sanctuaries.



Catoctin Wildlife Preserve

Catoctinwildlifepreserve.com; 301-271-4922

In Thurmont, Maryland, just south of the Pennsylvania border, you can find Catoctin Wildlife Preserve. This zoo adventure holds over 600 exotic animals across a 50-acre park. What makes Catoctin Wildlife Preserve special is that it features more interactive touch and feed opportunities than any other zoo in the region. Catoctin offers one-hour adventure rides through 25 wooded acres of land. Feed and photograph animals from six continents including the African Zebra, North American Bison, Asiatic and African Antelope, Giant birds like Ostrich and Emu, European deer, Eurasian Wild Sheep, South American Llama and unusual cattle, donkey and goat breeds.

Photo courtesy of Adkins Arboretum



↑ Adkins Arboretum

Adkinsarboretum.org; 410-634-2847

Adkins Arboretum is a 400-acre native garden and preserve in Ridgely, Maryland. Pop over to Caroline County for a walk in nature and to learn how the arboretum strives to engage all people in conversation, appreciation, and the enjoyment of the Chesapeake region through education, recreation, art, and community events. The arboretum offers many educational, science-based programs for adults and kids of all ages including virtual field trips. Visit year-round for self-guided walks through five miles of paths that explore a variety of habitats.

Annmarie Gardens →

Annmariegarden.org; 410-326-4640

Visit Solomons for Annmarie Gardens, a 30-acre sculpture garden run as a non-profit organization. Annmarie Gardens is a great place to hit the trails for self-guided tours or to explore Murray Arts Building, this is a spacious indoor area with two art galleries. Bring your own chairs and blankets to create your own picnic. Currently, you can walk around the sculpture garden before visiting the Kay Daugherty Mezzanine Gallery in the Murray Arts Building. Through September 26th, they are featuring the exhibit On Paper: Printmaking, Book Arts & Beyond. Here, selected work will highlight the expanse of printmaking and book arts as an artistic discipline. They will explore techniques such as relief printing, etching, lithography, paper making, book binding, letterpress, collage and papercut. Also, Annmarie Gardens starts their Faries in the Garden experience on April 2nd and runs all summer long.

Photo courtesy of Annmarie Gardens



Smithsonian's National Zoo & Conservation Biology Institute

Nationalzoo.si.edu; 202-633-4888

In 1891, the animals living on the National Mall had a new home in the Zoo within Rock Creek Park in Washington, D.C., now, over 2,700 animals representing more than 390 species reside in the zoo. In addition to housing these species, SCBI study and breed 20 species at their headquarters, including a few that were once extinct in the wild, like the black-footed ferrets and scimitar-horned oryx. The Smithsonian's National Zoo is offering online activities and self-guided,



Photo courtesy of the Maryland Zoo

interactive learning on their website. The topics include going behind the scenes of zoo jobs with Wildlife Careers, all about migratory birds, Earth optimism, and more. After you have finished with those activities, watch live webcams in the lion, elephant, naked mole-rat, cheetah, and giant panda habitats.

↑ Maryland Zoo

Marylandzoo.org; 410-369-7102

As the flowers start to bloom, the animals come out of their habitat to meet the warm sun. Schedule your visit to the Maryland Zoo in Baltimore. This is the third oldest zoo in the country and spans 135-plus acres in Druid Hill Park. The Zoo's mission is to 'engage people with the wonder of the living world' and they have done exactly that by housing 130 different species of birds, mammals, amphibians, and reptiles. This Spring and Summer, take a look at the Maryland Zoo's website for dates on Breakfast with the Animals. Now through October, they are offering a one-of-a-kind dinging experience with the Zoo animals, special keepers, and photo opportunities. Eat alongside the chimpanzees, giraffes, lions, penguins, and more! Also, this Spring, be sure to join the Animal Care Team on Fridays and Saturdays at 1 p.m. for their Goat Trek where you can walk a goat through the back paths of the Farmyard or join on Sundays and Mondays for Penguin Fish Toss.



TIDEWATER INN

*A picturesque downtown destination
on Maryland's Eastern Shore*

HISTORIC INN | HUNTERS' TAVERN | WEDDINGS & EVENTS

101 East Dover Street | Easton, MD | 410.822.1300 | tidewaterinn.com



Dentistry That Kids Love & Parents Trust!

KENT ISLAND PEDIATRIC DENTISTRY
Treating Children & Adolescents Ages 0-18

410-604-2211
160 Sallitt Drive, Suite 106 • Stevensville, MD 21666
www.KIPediatricDentistry.com

Margaret C. McGrath DMD, MPH
Megan Golia DDS
Diplomates, American Board of Pediatric Dentistry



U.S. National Arboretum

usna.usda.gov; 202-245-4523

In 1927, the Act of Congress established the Arboretum which was administered by the U.S. Department of Agriculture's Agricultural Research Service. The grounds cover 446-acres containing 9.5 miles of winding roadways where researchers learn more about trees, shrubs, turf and ornamental plants. They are also working on the development of new technologies for the floral and nursery industries as well as development of superior landscape plants through a program of genetic improvement, evaluation, and selection. While exploring the grounds, pull up the Arboretum Botanical Explorer on your phone. The ABE combines plant records, GIS maps, and images to become an easy-to-use search and mapping tool for all visitors. Pull up pictures of the plants through ABE and find them around the gardens. Whether you are a novice plant fan or consider yourself an expert, there is always something new to learn about the many plants at the U.S. National Arboretum.

Smithsonian Environmental Research Center

serc.si.edu; 443-482-2200

The Smithsonian Environmental Research Center has created ways to reduce mercury pollution in the food chain and seafood, rescuing blue crabs and other fisheries from decline and so much more to protect us against the environmental challenges of the 21st century. The research they do is urgent due to the fact that more than 70% of the global population resides in coastal zones. Hike, canoe, and search for wildlife on one of the many trails, including the Java History trail, the Discovery trail, and the Contee Watershed trail, each ranging from 1 to 1.5 miles long.

THERE'S NO PLACE LIKE HOME

Committed to Quality and Excellence
We provide a wide range of services to meet your needs whether you are remodeling, building new or designing your exterior sanctuary. We can help take your simple canvas and turn it into a masterpiece.

TimberTech
by ABE Building Products

8708 Brooks Drive • Easton, MD 21601 • 410-820-8984 • www.warrenswoodworks.com



**Extra Power,
Capability
and Fun.**

The 2021 Subaru Crosstrek is the most powerful, most fun to drive, and safest Crosstrek Subaru has ever made. Performance, technology and design updates abound. The new 2.5 liter direct-injection SUBARU BOXER® engine is available for extra performance. The confidence of EyeSight® Driver Assist Technology is now standard on all Crosstrek models.*

**Standard EyeSight requires optional CVT transmission on Base and Premium trim.*



Annapolis
SUBARU

149 Old Solomon's Island Road
443-837-1400 • AnnapolisSubaru.com



Gateway
SUBARU

Rt. 13 & Winner Blvd., Delmar, MD
410-896-3800 • GatewaySubaru.com
Minutes from the beaches



 **JASON'S**
COMPUTER SERVICES



NEW 2021
LAPTOPS & DESKTOPS
ARE HERE



JCSCOMP.NET

DELL

hp HEWLETT
PACKARD

lenovo

Apple



NEW COMPUTERS



REMOTE SERVICE



COMPUTER SERVICE



OFFICE@JCSCOMP.NET



9231 CENTREVILLE ROAD • EASTON, MD

410.820.9467



TOWNE SALUTE

Maureen Wheatley

Kent Island Federation of the Arts

By Tom Worgo

Art lies in the heart of Maureen Wheatley. Wheatley has spent the past 45 years creating art, teaching art, and supporting other artists in their creative endeavors by staging exhibits, where they can show their work.

“It’s just who I am,” Wheatley says of her life’s passion. “It’s the way I look at the world and the way I want to express that and what I see all the time. I want to share the arts with other people and also teach it to others, so they see what is around them.”

For nearly three decades, the 68-year-old Wheatley, who has been painting since she was in her twenties, has had an ideal outlet for her ambitions at Kent Island Federation of the Arts. She’s so devoted that she recently left her part-time job of 15 years as assistant office manager at Cove Creek Club, in Stevensville.

As the federation’s president of the board, the Kent Island resident, has her hands in just about everything, including fundraising, overseeing classes, writing the organization’s newsletter, doing community outreach, and mounting monthly exhibitions, sometimes singlehandedly.

“The thing about Maureen that impresses me the most is that she has given her heart and soul to our organization,” says Dale Hall, a longtime student of Wheatley’s who also volunteers for the federation. “She will step up when someone is needed and she has been involved in so many shows and fundraisers. She’s also involved in the Stevensville Arts and Entertainment District.”

Wheatley, who is also the gallery director, says one of her most time-consuming (about 20 hours per event) and favorite responsibilities is curating, organizing and hanging, and taking back down the artwork in the one, and sometimes two, exhibits the federation presents each month. This past November, for example, the two show’s themes were small works and veterans.

“That’s what I feel I am most capable of doing,” Wheatley says, “along with bringing in groups and artists. I have been doing it the longest, probably more than two decades. I do the exhibits all the time. It just comes easy for me to look at a space and know how many pieces are going to fit on the wall.”

When it comes to staging and organizing these exhibits, there is Wheatley, and then there’s everybody else.

“She is our leader,” says Mary Ann Buckley, a board member of Kent Island Federation

of Arts. “She is really good with people and shows in the gallery. That’s what we are all about. Letting local artists show their art and have a place to congregate and paint and weave and play the piano and practice all the arts.”

Another one of Wheatley’s strong suits is attracting new people to the organization, which boasts more than 200 members. That number continues to grow due to Wheatley’s decades-long community ties.

“For a little nonprofit, I think that’s pretty awesome,” Buckley says. “She did that. She’s always recruiting and encouraging people to be part of KIFA. I am an example of that. I took a class at the senior center with her when I retired. Now, I am on the board of directors. She has a passion for art and a passion to let everybody experience it.”

Wheatley, who grew in Silver Spring, also takes pride in running KIFA’s Paint Stevensville as its chairman, a four-day annual outdoor event.

She recalls that she was first inspired to paint by her mother, Lillian Nardone, who was also a professional artist.

“She was my first art teacher,” Wheatley says. “Both of my parents were always interested in the theater. My dad was a professor at Catholic University and he was always taking my sisters and me to see plays. We were always been involved in the arts in some way.”

Do you have a volunteer to nominate? Send What’s Up? an email to editor@whatsupmag.com.



ALL STAR
Pain Management & Regenerative Medicine

HAVE YOU EXPERIENCED ANY OF THE FOLLOWING?

- ✔ Sports Injuries
- ✔ Joint Pain
- ✔ Osteoarthritis
- ✔ Tendinitis

If you do you might be a candidate for **STEM CELL THERAPY!**



Dr. Zvezdomir Zamfirov (Dr. Zed)

REGENERATIVE MEDICINE

Effectively alleviate pain, regenerate and repair cells and structures from within for long-lasting relief with this minimally-invasive treatment.

Dr. Zed at All Star Pain Management is at the forefront of this new revolutionary therapy option.

CALL TODAY

TO FIND OUT IF YOU ARE A CANDIDATE FOR STEM CELL THERAPY

(443) 808-1808

AllStarPainManagement.com



Oxford
fine Arts
2021

Virtual Art Show Exhibit and Sale!
May 14-16

Celebrating 50 Artists

*Get your tickets early for the
VIP preview experience
\$80 - First chance to view the gallery!*

DEMOS & WORKSHOPS
RAFFLE
VIRTUAL STUDIO TOURS

**Visit oxfordcc.org for tickets
and more information!**



Workshop at 11:30 - From the Deck



Presented in part by the Talbot County Arts Council with funds from Maryland State Arts Council





UNPLUG AND PLAY.

The Volvo XC40 Recharge.

The pure electric compact SUV designed with a purpose for our planet. Engineered for urban driving.

- 0-60 mph in 4.7 seconds
- 208 miles EPA-based estimated distance on a fully-charged battery*
- 40 minutes to charge to approximately 80%
- 402 hp of pure power

*This is an electric vehicle. Since electricity is not measured in gallons, a conversion factor is used to translate the fuel economy into miles per gallon of gasoline equivalent (MPGe). EPA-estimated 65 city/72 highway/79 combined MPGe. Use for comparison purposes only. Your MPGe will vary for many reasons, including but not limited to, driving conditions, how and where you drive, how you maintain your vehicle battery, package/condition, and other factors. For more information, including information on MPGe, see www.fueleconomy.gov.

**VOLVO CARS
ANNAPOLIS**

333 Busch's Frontage Road • Annapolis, MD
410-349-8800 • VolvoCarsAnnapolis.com



**BAY BRIDGE
COVE**

Our Sense of Community

The smell of the Chesapeake. The sight of people waving hello. The sound of neighbors chatting. The taste of crab boil in the air. The feeling of being home. From the moment you arrive. It just feels different. The energy, the "vibe", just pulls you in. Maybe it's the bay air? We think it's the people. Friends, neighbors, family... a true community in every sense of the word. We promise one thing – once you're here, you'll never want to leave!

Come visit today!

Kent Island's Premier 55+ Community
VILLA STYLE HOMES FROM \$372,900

Contact Ed at 443-241-2150 to schedule a private tour.

GPS Address: 550 Kent Manor Drive,
Stevensville, MD 21666

BayBridgeCove.com





For All Seasons Awarded Nonprofit of the Year

Chesapeake Charities awarded For All Seasons its 2020 Nonprofit of the Year

Award as it recognized local heroes during the pandemic. Recognition was done virtually through video interviews. A spokesperson for Chesapeake Charities said that For All Seasons, "mounted an all-hands-on-deck approach to address the mental health crisis arising from the COVID19 pandemic and its associated economic distress and social isolation. With a huge uptick of clients since March 1, For All Seasons added teletherapy and telepsychiatry and additional staff to address the dramatically higher number of calls to its 24/7 hotline." Pamela Ortiz, President of the For All Seasons Board of Directors, commented, "This award is an honor for our staff and medical team who have accommodated over 1,050 new clients since COVID19 arrived last March. It has taken extraordinary measures to meet the growing mental health needs on the Mid-Shore, and I am so proud of the entire staff stepping up to deliver these services."

Do you have community or business news to publicize? Send What's Up? an email at editor@whatsupmag.com.

TALBOT COUNTY GOVERNMENT CELEBRATED EMPLOYEES ↓

At the end of this past year, Talbot County Government recently honored 39 County employees with awards for years of service. Corey Pack,

President of the Talbot County Council comments, "Our County employees work diligently day after day to serve the citizens of our county. We wish to thank all County employees for their dedicated and tireless service but to particularly honor these employees who have reached milestones in their employment service with us. This year has put demands on all County staff due to the pandemic and we can't thank all of our employees for stepping up to the challenges we have faced." The following Talbot County employees were honored: 30 Years of Service: Carol A. Ludwigsen, Howard G. Williams, and Arthur L. Kellum (Posthumously). 25 Years of Service: Erin L. Davidson, Christine Fields, and Teresa A. Pierce. 20 Years of Service: K. Jane Warrington, Catherine L. Asche, Margaret F. Stein, Raymond P. Clarke, and R. Mark Cohoon. More employees were celebrated for 15-, 10-, and 5-year milestones.



Thank you

FOR VOTING
TALBOT HOSPICE
#1 HOSPICE CARE
ON THE SHORE

40 YEARS OF
COMPASSIONATE
CARE!
1981-2021

Talbot Hospice

586 Cynwood Drive
Easton, MD 21601
(410) 822-6681

www.talbothospice.org



TOWNE ATHLETE

Leila Robinson

Sts. Peter & Paul High School
Soccer

By Tom Worgo

Saints Peter and Paul High senior Leila Robinson grew up listening to stories from her great grandmother Janice Edmondson about her great grandfather, Charles, a Dorchester County circuit and district court judge.

Robinson loved every minute of these family reminiscences. Ever since then, she's had her sight set on being a lawyer. She will attend Rhoades College in Memphis on an academic scholarship in the fall.

"I think that's what I can be best at," says Robinson, who carries a weighted 4.7 grade-point average and will play soccer at the Division III school. "I like how lawyers advocate for people. I want people to have a voice and I want to fight for what is right. I am good at arguments and building a case. I am very outspoken and just never back down—ever."

Besides the law, and soccer, she has plenty of enthusiasm for volunteering.

Robinson, a Cambridge resident, helps out at Special Olympics events, coaches rec soccer, and is a member of her school's National Honor Society, the community-service oriented Key Club, and the Eco-Discovery Club, which works on environmental projects.

It's the Special Olympics that has left a lasting impression on her.

"I have had an amazing time with Special Olympics," she says. "It was an eye-opening experience. I had never worked with people with disabilities. They all were so genuine and grateful. It warms my heart that I can help them."

She also does volunteer work near Cancun, Mexico, where her family owns a vacation home. Robinson, who speaks Spanish fluently, helps clean up beaches and is a certified rescue scuba diver with a local dive shop called Scuba Garrido.

"One of my big things is the environment," she says. "When I go down there, I always participate in the beach cleanup."

Robinson is as sharply focused on her volunteer work as she is with soccer. Her coaches rave about her leadership, versatility, and work ethic.

She's a productive player on the stat sheet. Robinson led Saints Peter and Paul in goals (10) and assists (15) during her junior years as the Sabres went 9-1-1 and won the Eastern Shore Independent Athletic Conference.

The midfielder and three-year starter had two assists in the title win over The Salisbury School.

"Her skill level was well above everybody else's on the team," Saints Peter and Paul Girls Soccer Coach Jess Kile says. "And she always had the drive to be better. She was always asking, 'How can I improve?' She is one of the hardest workers I have ever seen, and she was always trying something new."

Robinson's most important skill to her was leadership. She co-captained the team for two years.

"I love it," she says of being a captain. "I like getting to know the younger players and helping them grow and giving them confidence. I was always there for them, but I was also like, 'Hey, we are here. We need to get work done.'"

Kile says: "She is our leader on and off the field. She gets us hyped up for the games. She makes sure everyone is doing well in school and keeping their grades up."

Robinson has played soccer for 11 years and she suited

up for Dorchester rec and Eastern Shore YMCA before joining the elite Shore Football Club, which competes in Eastern Development Soccer League throughout the mid-Atlantic region.

“When she joined our club, she started out on defense,” Shore Football Club Coach Mike Leach says. “The last two years, she has become the central part of offense at midfield and forward. A lot of the girls that play defense just don’t have the skills to play offensive.”

Once at Rhoades, the 17-year-old Robinson plans to continue her volunteer work while concentrating on aca-

demics. She even took nine advance-placement classes at Saints Peter and Paul.

“She does more than average people combined,” Kile says. “She is always out there doing something. It’s very rare that she is sitting at home just relaxing. It’s always soccer, school, or helping people out.”

Do you have a local athlete to nominate? Send What's Up? an email to editor@whatsupmag.com.



JOAN MIRÓ, *L'Antifeta pair D-J*, 1947, Etching and engraving

Miró in New York

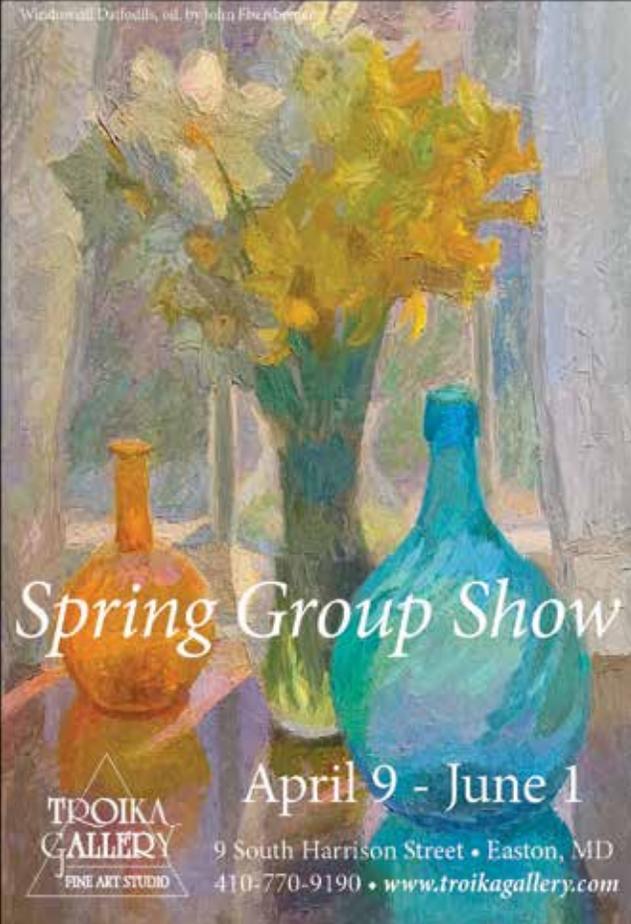
Miró, Hayter and Atelier 17

April 16–July 8, 2021

Available online through August 1, 2021

Information at academyartmuseum.org

410-822-2787
106 South Street, Easton, MD

Window with Details, oil, by John F. Schaeffer

Spring Group Show

April 9 - June 1

TROIKA GALLERY
FINE ART STUDIO

9 South Harrison Street • Easton, MD
410-770-9190 • www.troikagallery.com



FIRST MARYLAND Disability Trust

We recognize the importance of assisting individuals with disabilities regardless of age or disability.

For the Individual with disabilities we offer a Pooled Special Needs Trust to protect assets and preserve eligibility for benefits.

For the Individual's family, we offer a Third Party Special Needs Trust to help you plan for the future.

- We facilitate case management and care coordination as needed.
- We distribute funds to increase the Individual's quality of life and enhance independence.
- We provide a corporate alternative to the Individual Trustee, for both Pooled Trusts and Individual Trusts.

410-296-4408  www.firstmdtrust.org

The First Maryland Disability Trust, Inc., a Non-Profit organization.



KNOW US BEFORE YOU NEED US

While We Sleep:

A night in the life of a hospice nurse

By Sheila F. Buckmaster

Michelle, 28, is on call 4:30 p.m. to 8:00 a.m. Yes, the lobster shift. Monday–Friday. Working from home, which she does even in non-COVID times, Michelle is poised to act while her husband and two young children sleep. She passes the time reading, watching TV, and noshing—always with one ear to the phone...and one foot just about out the door.

“Michelle never knows what a phone call will entail,” says Molly Kirsch, Talbot Hospice Clinical Director. “A call could well be the first time Michelle interacts with a patient or family member,” Molly says. The patient’s file, accessible on computer, helps bring Michelle up to speed.

At any given moment, Michelle is “there for” some 40 hospice patients: in their homes, in assisted living, in skilled-nursing facilities, and, yes, in residence at Hospice House, which can accommodate 12 patients.

The hospice mission is to offer hope, compassionate support, and services to community members facing end-of-life issues, regardless of the ability to pay for this care. Hospice provides patient/family care so that patients may live as fully and as comfortably as possible. Hospice recognizes dying as part of the normal process of living and focuses on maintaining quality of life.

“We let patients and their loved ones know that there is no such thing as a question or concern too small to warrant a phone call to us, no matter the time of day,” Molly says.

Hospice exists in the hope and belief that through appropriate care, patients and their families may be free to attain a degree of mental and spiritual preparation for death that is satisfactory to them. Michelle, the night nurse, points out that keeping loved ones fully apprised puts them in the position to understand what is to come. It can be she who, for instance, encourages on-the-scene family

members to let other loved ones know that the time has come for them to make what could well be a final visit.

Crucial to after-hours hospice care is the “comfort pack” of basic medications issued to patients. Some wee-hours call wind up with Michelle instructing family caregivers to give a patient the appropriate medication. Each patient’s comfort pack, put together with input from a hospice physician, is designed to treat the symptoms of life-limiting conditions. “Patients,” explains Michelle, “have on hand prescription medicines to alleviate such symptoms as shortness of breath [common at end of life], anxiety, fever, pain, restlessness, nausea, constipation, and vomiting.”

Michelle always travels to patients with her “blue bag,” which includes gloves, wipes, blood-pressure cuff, stethoscope, thermometer, and a pulse-rate device.

“Most calls that Michelle receives require an in-person visit,” Molly says. “For family members in distress,” she continues, “the words ‘I’m on my way’ are just what they need to hear.”

“It’s daunting to have a loved one in hospice,” says Molly. “And it is even more daunting in the middle of the night, when providing a lifeline—starting with a calm, knowing, supportive voice—is key to the care we provide.”

As anyone who has ever worked with hospice knows, the care shown to a patient’s family members is a fundamental piece of the puzzle.

“I try to see to it that the family is helped through the process,” Michelle says. “Preparation is what it is all about when it comes to end-of-life situations. I will speak with or, better yet, meet with family members to help them understand what will happen as their loved one transitions from life to death. I don’t want them to be blindsided,” she explains. In addition to providing facts to help combat the fear felt by family members, in many cases Michelle helps them say goodbye.

A recent visit entailed updating family members on the swift



Michelle Chapman

decline of their loved one and explaining what would likely transpire as the patient progressed in his transition. Michelle knew that checking in on the patient and discussing these changes in person would be more comforting and helpful than a phone call.

“For family members in distress,” she continues, “the words ‘I’m on my way’ are just what they need to hear.”

“To be able to provide that last needed comfort for the patient and the patient’s family is an important part of my job,” says Michelle. She is quick to point out that providing these end-of-life services and standing by for family members prompts feelings of deep gratitude. “As a hospice nurse,” she says, “I am appreciated in a way that is profoundly gratifying. There is no better feeling,” Michelle says.



“When we get an after-hours call that a loved one has passed,” says Michelle, “I am the nurse making the visit, filling out the death certificate, coordinating care with the funeral home, helping family members cope, and disposing of medications on site.”

Before joining the Talbot Hospice team in October 2019, Michelle was a cardiac nurse at Shore Memorial in Easton for three years. She points out that thus far in her career she has experienced two radically different styles of nursing—one of which centers on life-extending treatments (hospital) and the other a matter of keeping a patient as comfortable as possible until the end (hospice).



When asked what are the three most important attributes of the hospice nurse, Michelle doesn’t skip a beat. “Compassion, empathy, and trustworthiness,” she offers. “When a family has a loved one enter into hospice care, it can be a sudden decision or one that they have been expecting. While some are accepting of starting hospice services and understand our mission to maintain quality of life until the patient passes,” Michelle says, “others feel as if they are giving up. As hospice nurses, we are there to support the family and let them know that we are doing our best to follow the patient’s end-of-life wishes.”

The combination of compassion and professional skills Michelle brings to bear means everything to everyone involved.

In the final analysis, dignity to the end—emotionally, physically, and spiritually—is what hospice is all about. No matter the time of day. While the rest of us sleep, Michelle is at the ready to be of service and, if required, to deliver those comforting words “I am on my way” just before she sets out to be with a patient.

Talbot Hospice offers free grief counseling to the whole community. Talbot Hospice provides compassionate care, comfort and support for patients and their families and caregivers wherever they call home. Talbot Hospice serves patients facing life-limiting illnesses through hospice and palliative care, as well as its pathways and bereavement programs. Services are available to patients and caregivers regardless of ability to pay.

For more information, see www.talbothospice.org

Talbot Hospice 2020, 2021
Know Us 
BEFORE
You Need Us
Presenting Sponsor



Thank you,

Dr. Kelly O'Donnell, for supporting our efforts to connect with our community and educate the Mid-Shore about the many ways our compassionate services and support are available long before the very end of life.



O'DONNELL
vein & laser

499 Idlewild Avenue, Suite 101
Easton, MD 21601
410-224-3390
odonnellveinandlaser.com

Talbot Hospice 

586 Cynwood Drive
Easton, MD 21601-3805
410-822-6681 | talbothospice.org

PROVIDER OF THE REGION'S FINEST RADIOLOGY SERVICES

THE LEADER IN PATIENT SERVICE

MRI • CT • PET/CT • 3D MAMMOGRAPHY • DEXA • ULTRASOUND • XRAY • NUCLEAR MEDICINE



SCHEDULING OPTIONS

Request an appointment online at www.CMIRAD.net

Or call Patient Scheduling at **855.455.8900**

FAX **855.455.8222**

Same Day Appointments • Pre-Authorization Services • Online Reports and Images

13 CMI LOCATIONS

ANNAPOLIS (Defense)
ANNAPOLIS (Bestgate)

ANNAPOLIS (Weems)
BALTIMORE (Wilkens)
BOWIE

CATONSVILLE
CHESTERTOWN
EASTON

FULTON (Maple Lawn)
GLEN BURNIE
LUTHERVILLE/TOWSON

STEVENSVILLE
WHITE MARSH

EXPERIENCE...QUALITY...EXCELLENCE...

2021 TOP DOCS

ANNE ARUNDEL COUNTY + EASTERN SHORE SURVEY

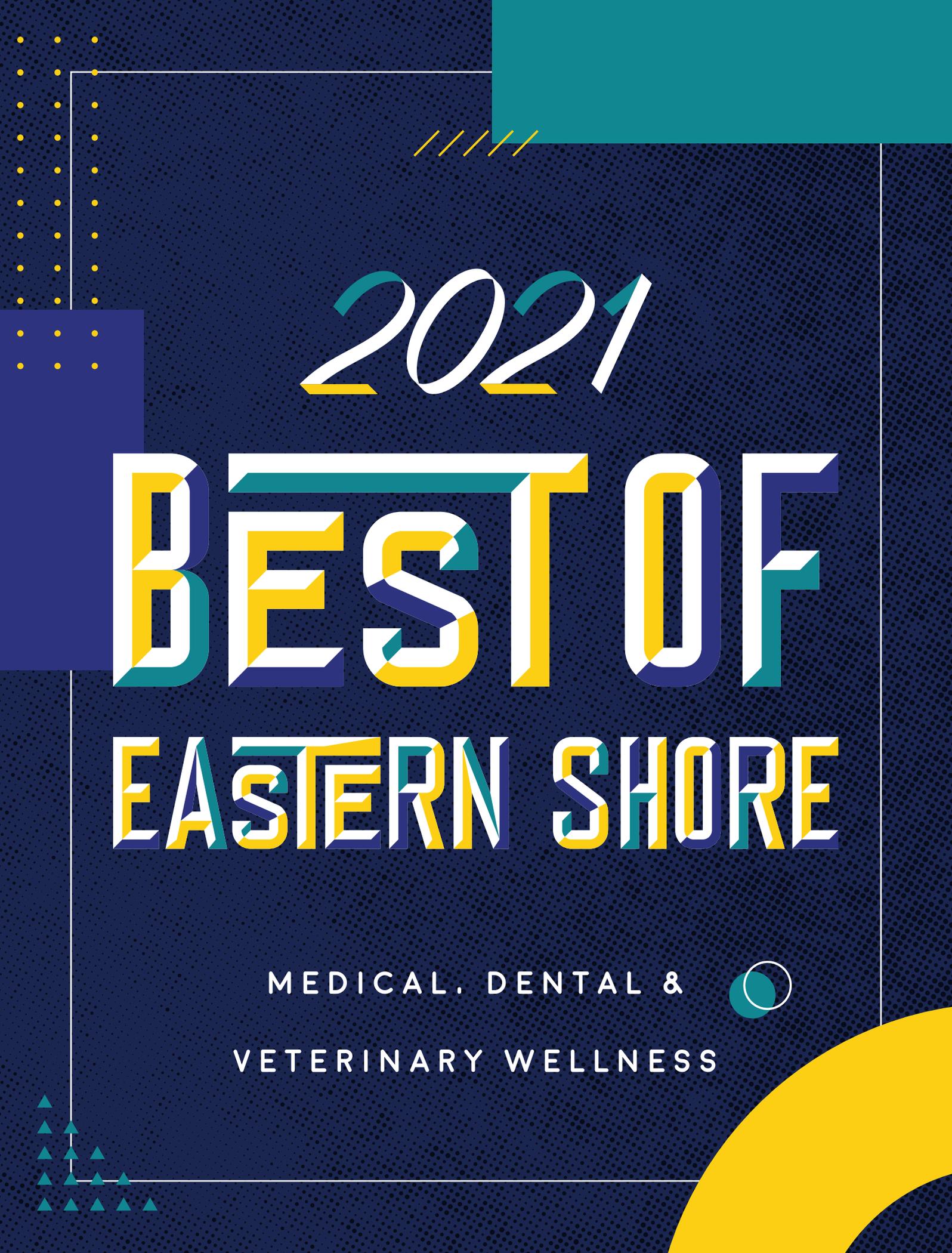
Calling All
Doctors!

Nominations have begun for this year's Top Docs honors! A biennial peer-survey project that celebrates exemplary medical professionals practicing in the Greater Chesapeake Bay Region. You—licensed medical doctors—are integral to this nomination process and the forthcoming honors of your peers. These are your awards. Your nominations of fellow doctors in more than 40 fields of practice will be tabulated and vetted. The results will become Top Docs 2021–2022 and will honor those doctors most recognized by their peers.

Only licensed medical doctors may access the survey forms.

There are two survey forms: one to nominate doctors practicing in Anne Arundel and Prince George's Counties; and another for doctors practicing in the Mid-Shore (Queen Anne's, Kent, Talbot, and Dorchester counties). You may complete and submit each form once. You may nominate up to three doctors for each category listed on each form. Voting is live March 1 - April 30.

WHATSUPMAG.COM/TOPDOCS2021



2021

BEST OF EASTERN SHORE

MEDICAL. DENTAL &
VETERINARY WELLNESS





Welcome to the start of celebrating the Best of Eastern Shore 2021! The following *Medical, Dental & Veterinary Wellness* winners—the first series of five categorical batches of results that will appear in this magazine over the next several months—are the result of you, our readers, voting for your very favorite service providers in our annual Best of Eastern Shore voting campaign.

More than 20,000 of you participated this year! There were so many votes for so many businesses in fact, that, in addition to naming the overall winners for each category, we've decided to name *honorable mentions*—those businesses which earned a high number of votes, but came in second or third place, so to speak. Not every category has an honorable mention—only those categories in which the voting was most active.



So please join us in toasting and celebrating the Best of Eastern Shore winners (listed alphabetically by category).

Acupuncturist

Easton Acupuncture

21 N. Harrison Street, Easton; 410-310-1599; eastona.com

Honorable Mention

EbbTide Wellness Studio

Easton

Alternative Wellness Therapy

The Healing and Wellness Center

711 Main Street, Stevensville; 410-604-0900; shopthewellness-center.com

Honorable Mention

Easton Integrative Medicine

Easton

Body Contouring (Surgical)

Plastic Surgery Specialists

611A Dutchmans Lane, Easton; 410-841-5355; plasticsurgeryspec.com

Breast Augmentation/ Reconstruction

Peninsula Plastic Surgery

314 W. Carroll Street, Ste. 1, Salisbury; 410-546-0464; penplasticsurgery.com

Honorable Mention

Plastic Surgery Specialists

Easton

Honorable Mention

Sullivan Surgery & Spa

Easton

Child & Family Mental Health Providers

For All Seasons

300 Talbot Street, Easton; 410-822-1018; forallseasonsinc.org

Honorable Mention

Peace of Mind Mental Health Services

Easton

Chiropractor Practice

Cianci Chiropractic Center

8737 Brooks Drive, #201, Easton; 410-820-4070; drcianci.com

Honorable Mention

Century Spine Center

Easton

Honorable Mention

Kent Island Chiropractic & Physical Therapy

Chester

Cosmetic Injections

Easton Dermatology Associates

403 Marvel Court, Easton; 410-819-8867; eastondermatology.com

Hospice Care

Talbot Hospice

586 Cynwood Drive, Easton; 410-822-6681; talbothospice.org

Honorable Mention

Compass Regional Hospice

Centreville

Hygienists

Kent Island Dentistry

1231 Shopping Center Road, Stevensville; 410-643-5100; kentislanddentistry.com

Invisalign Specialist

Higginbottom Orthodontics

503 Dutchmans Lane, Easton; 410-822-3626; higginbottomorthodontics.com

Honorable Mention

Philbin & Reinheimer

Stevensville

Medical Grade Chemical Peels

Plastic Surgery Specialists

611A Dutchmans Lane, Easton; 410-841-5355; plasticsurgeryspec.com

Honorable Mention

O'Donnell Vein & Laser

Easton

EASTON DERMATOLOGY ASSOCIATES

▶ ACCEPTING NEW PATIENTS

Providing medical treatment for:

- Skin Cancer (Screening, Surgery, MOHS Surgery)
- Acne
- Psoriasis
- Rosacea
- Eczema
- Hair loss
- Nail diseases

Our cosmetic services include:

- Botox injections
- Dermal fillers
- Laser hair removal
- Laser wrinkle reduction
- TempSure Rejuvenation®
- Sclerotherapy

Thank you for voting us
Best Cosmetic Injections



403 Marvel Court
Easton, MD

410-819-8867

www.eastondermatology.com

DONALD STRANAHAN JR., MD, FAAD

MICHAEL DEL TORTO, MD, FAAD

AAD

Fellow
American Academy of Dermatology
Excellence in Dermatology



For All Seasons provides therapy, psychiatry, and victim advocacy to English and Spanish speaking individuals regardless of one's ability to pay.

forallseasonsinc.org
410.822.1018

Serving Maryland's Mid-Shore

WE BELIEVE YOU

CALL OUR 24-HR HOTLINES:
English 410-820-5600
Spanish 410-829-6143
Text Eng/Sp 410-829-6143



Sexual assault happens in all communities. For All Seasons Rape Crisis Center offers:

- 24/7 crisis hotlines and intervention
- support & advocacy as the survivor chooses next steps
- hospital, law enforcement, & court accompaniment
- mental health & counseling services



Navigating this journey alongside you.

We're more than just hospice care, offering support and counseling from the time of diagnosis, and guiding those grieving the loss of a loved one.



HOSPICE CARE | GRIEF SERVICES | SUPPORTIVE CARE

 **443-262-4100**
compassregionalhospice.org




Call now to book your consultation! 410-224-3390



Providing medical treatment for:
Varicose Veins • Spider Veins • Non-Healing Wounds/Pain • Venous Ulcers

Providing cosmetic treatment for:

Injectables: Botox/Dysport • Hyaluronic Acid Fillers
Specialized Lip Augmentation Kybella • Sclerotherapy

Laser Treatments: Laser Hair Reduction • Halo Laser • Broadband Light (BBL)
Hyperpigmentation Treatment • Micro Laser Peel • Skin Tightening • Fractional Laser Resurfacing
Acne • Laser Genesis • Removal of Brown Spots • Treatment of Red Spots
Excel V+ Laser Vein Removal

Skincare Services: Facial Treatments • Chemical Peels • Dermaplaning • Microblading
Deep Pore Extractions • Acne • Melasma Management • Lash Lift • Brow Tint
Medical Grade Product Lines: Zo Skin • Rive Skin • IS Clinical • Alastin

Easton 499 Idlewild Ave, Easton, MD 21601
Annapolis 166 Defense Hwy, Suite 101, Annapolis, MD 21401
www.odonnellveinandlaser.com | 410.224.3390



Mental Health Services

For All Seasons

300 Talbot Street, Easton; 410-822-1018; forallseason-sinc.org

Honorable Mention
Peace of Mind Mental Health Services
Easton

Pharmacy

Hill's Drug Store

503 Cynwood Drive, Easton; 410-822-3700; hillsdrugstore.com

Honorable Mention
Edwards Pharmacy
Centreville

Physical Therapy

Tidewater Physical Therapy

406 Marvel Court, Easton; 410-822-3891; tidewaterpt.com

Honorable Mention
Anne Arundel Medical Group Physical Therapy
Chester

Honorable Mention
Chestertown Physical Therapy
Chestertown

Urgent Care Medicine

University of Maryland Urgent Care

28522-C Marlboro Avenue, Easton; 443-746-0086; umms.org

Vein Restoration

O'Donnell Vein & Laser

499 Idlewild Avenue, Ste. 101, Easton; 877-461-1564; odonnellvein-andlaser.com

Honorable Mention
Center for Vein Restoration
Easton

Veterinarian for Cats

Mid Atlantic Cat Hospital

201 Grange Hall Road, Queenstown; 410-827-7788; midatlanticcathospital.com

Honorable Mention
Community Animal Hospital
Easton

Veterinarian for Dogs

Veterinary Medical Center

28966 Information Lane, Easton; 410-822-8505; vmceaston.com

Honorable Mention
Chesapeake Veterinary Hospital
Chester

Veterinarian for Large/Small/Exotic Animals

Midshore Veterinary Service

605 Dutchmans Lane, Easton; 410-820-9229; midshoreveterinaryservice.vetstreet.com

Veterinary Clinic

Midshore Veterinary Service

605 Dutchmans Lane, Easton; 410-820-9229; midshoreveterinaryservice.vetstreet.com

Honorable Mention
Chestertown Animal Hospital
Chestertown

Honorable Mention
All Pets Veterinary Hospital
St. Michaels

Veterinary Surgery

Midshore Veterinary Service

605 Dutchmans Lane, Easton; 410-820-9229; midshoreveterinaryservice.vetstreet.com

Honorable Mention
Mid Atlantic Cat Hospital
Queenstown

Honorable Mention
Rock Hall Veterinary Hospital
Rock Hall

Women's Imaging

Chesapeake Medical Imaging

130 Love Point Road, Ste. 105, Stevensville; 410-643-3331; cmirad.net

Honorable Mention
UM Shore Regional Health Diagnostic and Imaging Center
Easton

Come and Knock on Our Door!



At Londonderry on the Tred Avon, the Eastern Shore's only 62+ independent living waterfront cooperative, our team has been waiting for you.

This past year has been challenging, but we have remained optimistic, creative, and steadfast in our commitment to keep residents safe, active, and engaged. We still offer farm-to-table meals delivered directly to our residents' doors. Routine maintenance continues, including snow removal and upgrades to infrastructure, like new siding and energy-efficient windows. We've increased the number of programs we offer and are rolling out new technology all over campus so each resident can be informed in real-time of what is happening around our community. We have worked with the county health department to make sure we have the most updated information and protocols to keep residents and staff healthy. These are just a few of the many things our team has been up to as we prepare to welcome you.

The Londonderry residents and team are waiting for you to join us. Come and knock on our door and find out for yourself what makes us so special.

Call Rachel Smith today at 410-820-8732. She's been waiting for you.



700 Port Street, Suite 148 • Easton, MD 21601 • 410-820-8732
www.LondonderryTredAvon.com



Thank you

for voting us Best Veterinarian Clinic,
 Best Veterinarian for Large/Small/Exotic Animals
 and Best Veterinarian Surgery



605 Dutchmans Lane • Easton, MD 21601
 (410) 820-9229

www.midshoreveterinaryservice.vetstreet.com

Thank you for Voting us
 Best Physical Therapy



AND
 REHABILITATION
 ASSOCIATES, P.A.



www.tidewaterpt.com

Easton 406 Marvel Court Easton, MD 21601 410-822-3116	Centreville 140 Pennsylvania Ave - 1A Centreville, MD 21617 410-758-3816	Denton 416 North Sixth St Denton, MD 21629 410-479-3059
---	--	---

Chester 800 Abruzzi Dr - Suite E Chester, MD 21619 410-643-7515	Cambridge 828 Airpax Rd - Suite 100 - Building B Cambridge, MD 21613 410-228-0742
---	---



McAllister, DeTar, Showalter & Walker LLC Establishes (and Expands) its Presence in Annapolis

McAllister, DeTar, Showalter & Walker LLC (MDSW), a full-service law firm with a combination of sophisticated, nationwide experience and deep Maryland roots, has established (and is immediately expanding) its presence in the Annapolis area to better serve its regional clients. This highly recognized firm, the largest on Maryland's Eastern Shore, has attracted a team of experienced and talented lawyers based in the new Annapolis office.

After years of steady growth on the Eastern Shore, MDSW expanded its geographic footprint to Annapolis in late 2019 by opening an office at 706 Giddings Avenue. Highly respected local attorneys Morgan E. Foster, Steven A. Brown and Strider L. Dickson initially staffed the office, but have recently been joined by Janine Evans Wolford, Timothy (Tim) J. Oursler and Anthony (Tony) P. Kupersmith.

"For decades, the principals of the Firm have had meaningful client relationships with businesses in and residents of Anne Arundel County. These clients have more consistently asked for our presence in Annapolis. Further, many of our clients, employees and referral sources live and work between Annapolis and Easton. When the opportunity arose to partner with some of our colleagues in the State's capital, many of whom have been professional and personal friends for years, it made sense to open an Annapolis office and to become a more meaningful contributor to the community" noted Douglas (Doug) S. Walker, Managing Partner of MDSW.



MDSW's Annapolis expansion began with the hiring of partner Morgan Foster (pictured), who you may have seen providing legal commentary during one of her regular TV appearances on Fox 45's BMORE Lifestyle morning show. Morgan lives in Grasonville (Queen Anne's County) and her practice is split between Anne Arundel, Queen Anne's and Talbot Counties. She also brought an entirely new practice area to the

firm, specializing in family law. Janine Evans Wolford, another Queen Anne's County resident, joined the firm shortly thereafter for added family law depth. "Morgan and Janine are a wonderful complement to our firm," stated Doug Walker. "In addition to providing a much needed service to the area, they are the perfect fit for many of our business owners that face challenging family law issues."

In 2020, the firm also hired two seasoned litigators for the Annapolis office, Steven Brown and Strider Dickson. "Steven has been practicing in Anne Arundel County since 2013. Steven is a widely respected employment lawyer, and has a loyal client base for whom he has provided advice and guidance for many years," notes firm co-founding partner William W. ("Sandy") McAllister. Strider is a former federal and state prosecutor with significant trial experience, having served for more than three years as an Assistant Attorney General in the Maryland Office of the Attorney General and for nearly seven years as an Assistant United States Attorney in the Southern District of Florida. "In addition to providing significant first chair experience to our litigation practice in Annapolis, Strider will provide meaningful support to our health care clients drawing on his experience with the Attorney General's office".

“The firm has a robust real estate practice representing national, regional and local developers throughout the State of Maryland.”

The most recent additions to the firm's Annapolis presence add meaningful depth to MDSW areas of strength and focus: estate planning and land use. On January 1, 2021, Tim Oursler joined MDSW as the firm's newest partner. "Tim is widely respected in the legal community for his trust and estate work and business acumen, and we're excited that he chose to join our team," said Sandy McAllister. "We've partnered with Tim on multiple projects over the years and have seen first-hand his ability to manage the complex needs associated with multi-generational family planning, including family owned businesses. Beyond his own thriving client base, Tim is an experienced resource for many of our existing clients throughout our geographic footprint. Additionally, his bank practice and experience compliments MDSW's existing network of bank clients. We are very fortunate to have him not only join the firm but to partner in our Annapolis expansion."

Most recently, Tony Kupersmith (not pictured) joined the firm in March of this year. Tony served as the County Attorney for Talbot County for the last 4 years and is an Annapolis resident. His extensive real estate, land use, zoning and municipal experience is a natural fit for the firm's development clients on both sides of the Bay. "The firm has a robust real estate practice representing national, regional and local developers throughout the State of Maryland. Tony's addition meaningfully expands the expertise and depth provided to our clients State-wide," said Doug Walker.

In addition to its Annapolis location, MDSW maintains offices in Easton, Cambridge and Ocean City. The firm is committed to providing efficient and personal legal services for complex business, finance, civil litigation, estate planning, real estate, employment law, and family law matters. MDSW is excited and invigorated about expanding its civic and professional involvement in the Annapolis region.

MCALLISTER DETAR SHOWALTER & WALKER

WILLIAM (SANDY) W. MCALLISTER, JR.

RICHARD A. DETAR

RYAN D. SHOWALTER

DOUGLAS S. WALKER

TIMOTHY J. OURSLER

MORGAN E. FOSTER

ADAM M. LYNN

DEMETRIOS G. KAOURIS

VINCENT A. DONGARRA

JOHN M. GILMAN

STRIDER L. DICKSON

ELYSHA M. CAROUGE

SARAH A. BAUGH

STEVEN A. BROWN

JANINE EVANS WOLFORD

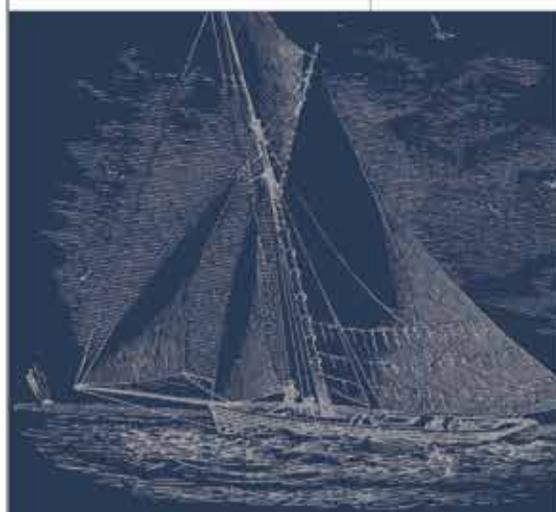
ANTHONY P. KUPERSMITH

KIRBY L. CALLAWAY

BRENDAN MULLANEY

CURTIS S. SNYDER

706 GIDDINGS AVENUE
STE. 305
ANNAPOLIS, MD 21401
(410) 954-3900
WWW.MDSWLAW.COM



ANNAPOLIS | CAMBRIDGE | EASTON | OCEAN CITY

MDSW

MCALLISTER
DETAR
SHOWALTER
& WALKER

BY RITA CALVERT

VICTORY IS OURS

The new Victory Garden movement for our times has taken root

While COVID19 raged, there was a new breath of life into the Victory Garden movement, also known as Grow It Yourself. “Food Supply Anxiety Brings Back Victory Gardens,” proclaimed the *New York Times* in late-March 2020. The term was used during World War II to describe small vegetable and fruit gardens at homes, parks, and other public spaces, promoting gardening for unity. But the idea actually started in World War I, when such spots were called Liberty Gardens to help secure the national food supply. Youth gardeners were recast as “soldiers of the soil,” and no plot was left uncultivated, lest it be considered “slacker” land. Rose Hayden-Smith writes in her 2014 book, *Sowing the Seeds of Victory: American Gardening Programs of World War I*, “Gardens were ‘munitions plants,’ garden furrows became ‘trenches,’ and food was referred to as ‘ammunition.’ Victory Gardens drove the creation of 20 million gardens. These gardens lessened food chain demands and boosted morale.”

The 2020–21 pandemic has given us a new awareness of the origin of our food, an awareness that was not always pleasant. Due to immense breakdowns in food distribution, supermarket shelves were left bare while newscasts about milk being dumped and produce rotting in the field or being plowed under, abounded. The industrial food system was showing cracks. At

the same time, food pantry lines stretched for miles; many in the wait being folks who had never needed food aid in the past. This occurrence was about supply and demand as well as food security. But, when the going got tough, Americans also turned to more gardening—for sustenance and comfort.

Now, the initiative to “grow your own food” is about establishing food resilience while being out in nature in our COVID-complicated world. Timing was perfect in the sense that March was the beginning of growing season locally or at least the time to shop for garden supplies, whether for a nice-sized plot in the yard, a container garden, or a simple pot or two in a window.

Garden centers and longtime gardeners have noticed more novices this year picking their brains on tips and troubleshooting. Many fledgling gardeners were educated by a healthy dose of internet research.

Take Annapolitan Christina Berry, who had no background in growing food and turned it into a family-friendly hobby. Now she says, “It’s been super fun, especially having my five-year-old out there with me, taking earthworms to the compost and learning about plants together as he’s been digging and planting with me.”



GARDEN BENEFITS

There are many benefits resulting from gardening, especially during a pandemic, including:

Safer food, with less worry about where it has been before it gets to your table

—
Physical activity

—
Nature stimulus

—
Mental health boost, calming and fun

—
Positive control

—
Interactive learning experience

—
Gardening often leads to cooking what you grow; also a valuable skill to hone

—
Self-reliance cooking (Cooking things like homemade pasta sauces, homemade yogurt, and a keen interest in canning. These more labor-intensive practices provide a way to keep busy, learn something new, save money, and eat well.)





There was, however, an unexpected downside to the explosive growth of gardening. Nursery products, seed companies, canning supplies, and even chicken wire were in unexpected demand. For example, Johnny's Selected Seeds in Fairfield, Maine, saw a 270 percent jump in orders the week of March 16, 2020, after U.S. President Donald Trump, Jr., declared a national emergency over the coronavirus. Suddenly, vegetable seeds, soil, and canning supplies were sold out from new interest. Annapolis' Bowen's Farm Supply says their canning jar stock has been sold out since April 2020, but they're hopeful that their suppliers are ramping up to help them meet demand.

"No worries at this point in time," advises garden center consultant and garden grower, Jen Hurt. "Garden

centers seem to be well-stocked again. Some of their initial orders were reduced as retailers were initially closed before being categorized as an essential business. Then they needed to up their orders (difficult because initial orders are placed six months in advance before anyone anticipated the virus and its impact on gardening interest). Some items were very scarce: e.g. seeds, because sales were so high; plant starts, because initial orders actually were cut down when the virus led to retail shut downs. When summer came, though, stock for most things improved for the unanticipated boom. Online seed sales generally caught up to demand."

Hurt also adds, "I noticed that several [garden centers] started advertising earlier for 2021 than usual, most likely in anticipation of heavy

orders. Catalogs have been arriving in the mail and inboxes are full of selections and recommendations."

Local Inspiration Sources

Nonprofit Annapolis Green, with a keen eye on local environmental trends, introduced a new program: Here We Grow. Founders Elvia Thompson and Lynne Foresman state, "There are two actions resonating with many people during the COVID crisis: gardening and cooking. This program introduces a modern-day Victory Garden project to encourage people to value the land and nature by installing, developing, or updating their gardens to provide beauty, food, and pollinator habitat. It will educate, provide resources, and inspire, both online and in-person, and create a 'club'."

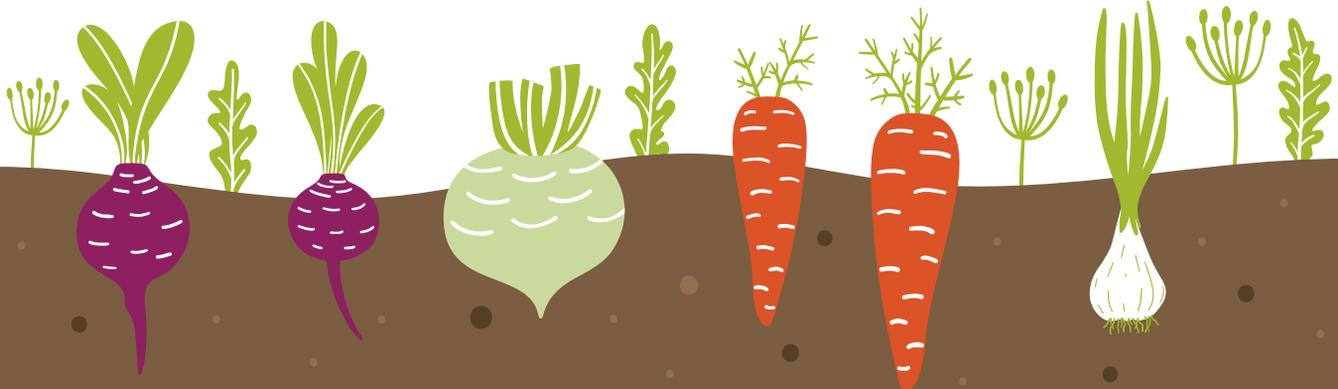
Here We Grow's program and participants came to several conclusions. The industrial food distribution system is easily disrupted and could likely get worse with climate change. People need to connect to nature and understand where their food comes from in order to take action to protect the environment. There is growing interest in gardening and cooking during this time—a trend that is likely to continue.

"Over the last few years, our [former] home and garden at The Green House on Maryland Avenue was a beautiful

example of urban gardening, fueled by our 'secret ingredient,' the compost we sell that's comprised of waste from many of our responsible events and festivals," Forsman explains. "It made sense to have our garden serve as the centerpiece and demonstration garden. Our compost and organic potting mix are available for sale," which supports Annapolis Green's mission.

Beth Stang, gardener and landscaper at The Inn at Chesapeake Bay Beach Club on Kent Island, says, "These times are absolutely the perfect time for a Victory Garden. I feel like I have always had the ability, but with COVID, everyone wanted to get out there and grow. Even I had a tough time finding seeds and plants in the spring of 2020. I hope everyone will continue their gardens. We are starting brassicas, Brussels sprouts, broccoli, cauliflower, and lettuce." Stang expresses enthusiasm for the Facebook group, Dirty Annapolis (information follows), and says she also could help answer questions on invasives—bugs, blights, or disease.

The Gardens of Queen Anne, as the Inn's gardens are named, are done with quite a creative flare as Stang has had the chance to experiment with building much of the garden supports: cattle fencing acts as a trellis for climbing vegetables; charming strawberry



planter obelisks were built by JP Anthony, director of facilities; there are A-frame hot houses with Plexiglas doors, which can be removed in hot weather; and tall wooden Tuteurs (three dimensional trellis) support vines of hops for beer making. "It's the place I go for inspiration and garden chitchat," she says.

Greg King, manager and buyer of hardgoods, annuals, and perennials at Potomac Garden Center says, "We had a great year in sales all over the garden center in 2020! Herbs and vegetables, both seeds and plants, were overwhelmed by customer demand. Perennial sales were outstanding. Raised bed sales were off the charts, along with all products relating to them.

"People had a lot of unexpected time on their hands and a desire to take control of their food source. They wanted to take that unspent energy in a positive direction and grow their own food. They wanted to create a safe haven, where they could relax with plants and be in nature. They were telling us they want organic and raised bed vegetable gardens."

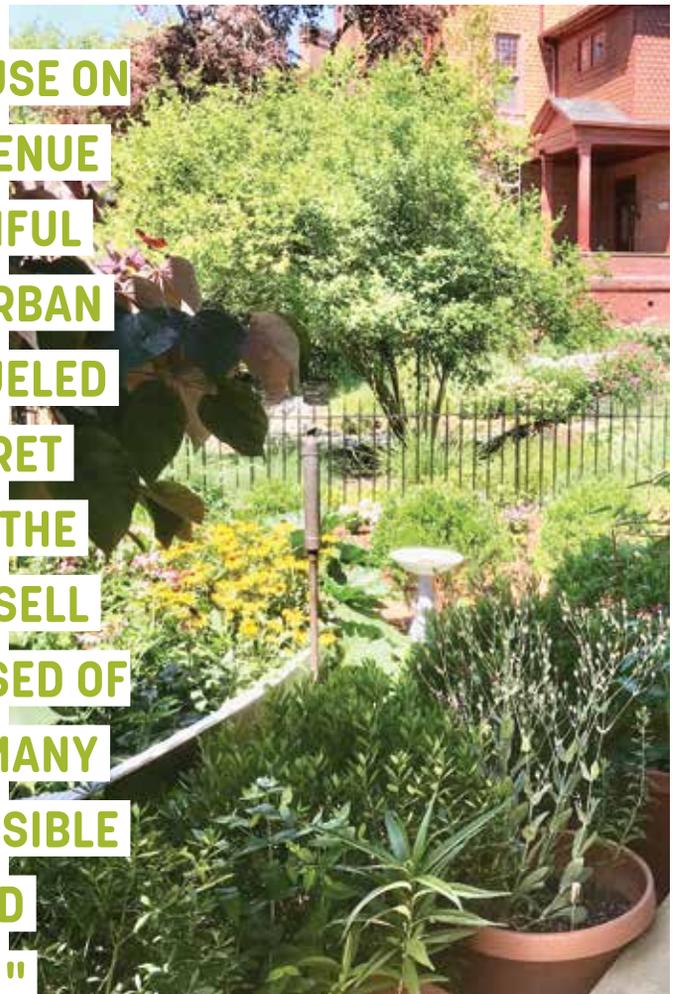
**LOCAL SOCIAL
(MEDIA) SOURCES**

Dirty Annapolis

This social media group was founded on Facebook Groups in April 2020 by Tim Hamilton, Marketing Manager for State Parks with the Maryland Department of Natural Resources, also a former marketing director for Homestead Gardens, and avid home gardener. Gardening newbies and old hands share tips, produce progress, and answer perplexing



**"THE GREEN HOUSE ON
MARYLAND AVENUE
WAS A BEAUTIFUL
EXAMPLE OF URBAN
GARDENING, FUELED
BY OUR 'SECRET
INGREDIENT,' THE
COMPOST WE SELL
THAT'S COMPRISED OF
WASTE FROM MANY
OF OUR RESPONSIBLE
EVENTS AND
FESTIVALS. "**



The Gardens of Queen Anne, as the Inn's gardens are named, feature a range of garden supports, including cattle fencing, strawberry planter obelisks, A-frame hot houses with Plexiglas doors, and tall wooden Tuteurs (three dimensional trellis) to support vines of hops for beer making.



"THESE TIMES ARE ABSOLUTELY THE PERFECT TIME FOR A VICTORY GARDEN. I FEEL LIKE I HAVE ALWAYS HAD THE ABILITY, BUT WITH COVID, EVERYONE WANTED TO GET OUT THERE AND GROW."



Homestead Gardens

Horticultural center, Homestead Gardens, is known regionwide for its vast selection of plants, flowers, trees, tools, landscaping services, housewares, decorations, and all manner of garden supplies. But the Davidsonville-based company has developed a strong digital presence on Facebook and offers weekly virtual chats, such as the popular "Grow Live!" program hosted every Monday at noon, and "Houseplant Haven," described as "a community for those who are just finding their green thumb as well as master gardeners looking for a new challenge." Homestead also has a vast how-to video library on their website, as well as plant look-up tools, tips, and trends. Just click on "Learning Center" at the website homesteadgardens.com.

questions. The group is for novice, casual, serious, and expert gardeners alike in and around Annapolis. Ask or answer questions about anything garden-related that is specific to our area.

Why the heading, Dirty Annapolis? Hamilton says it came about because he loves to get dirty in the garden and his wife would comment on his disheveled condition. He thinks it's just great, to be like a kid out playing and thus the title. To further confirm Hamilton's wit, he has done stints in standup comedy. So, when COVID19 raged into our lives, he says he had the excuse to stay in the garden all the time!

With close to 800 members, Dirty Annapolis serves as a Q&A resource on gardening and identifying plants, weeds, diseases, and bugs. There is also a close-knit sharing component. "Humans love community and Dirty Annapolis helps fill that need," Hamilton says.

Capital Naturalist

Founded by Alonso Abugattas, naturalist, storyteller, and environmental educator, this social (media) butterfly shares his insights, while asking others to share theirs, about the nation's capital's natural world on Facebook, YouTube, Twitter, and Blogspot.

On a final note, Green America—a national nonprofit founded in 1982 with the mission of harnessing economic power (the strength of consumers, investors, businesses, and the marketplace) to create a socially just and environmentally sustainable society—reminds us, "Planting a garden has the power to change the world."

Save the Date!



P H I L A N T H R O P I C C A L E N D A R

COMPILED BY MEGAN KOTELCHUCK

In-person events may be scarce, but that doesn't mean fundraising won't be fun this year! As hard as the last year plus has been for all of us, it has been just as difficult for those non-profits who do great things for our community year after year. Whether it be socially distanced or virtual, find the cause that sticks out to you and attend (or log on to) their philanthropic event!

Editor's Note: Be sure to double check the organization's website before attending the event. With COVID-19, many events and plans are still up in the air. This is the most updated information at the time of publication.





APR

**Monday, April 5th—
Saturday, May 15th**
Walk the Watershed, Virtual Event. Benefits Chesapeake Bay Foundation. cbf.org/events/walk-the-watershed/

Thursday, April 22nd
Tuscan Twilight Tasting, Virtual Event, 5 p.m. Benefitting Hospice of the Chesapeake. Hospicechesapeake.org/wine-tasting

Friday, April 23rd
Annapolis by Candlelight, Virtual Event. Benefits Historic Annapolis. Annapolis.org

Saturday, April 24th
Walk MS: Annapolis 2021, Virtual Event. Benefits National MS Society, nationalms-society.org

Wednesday, April 28th
Leadership Anne Arundel 2021 New Leaders Reception at Carrol's Creek Café. Benefits Leadership Anne Arundel. Leadershipaa.com

Dash 4 Dignity, Virtual Event. Benefits The Well. Drinkatthewell.org

Friday, April 30th
Kart Klassic 5th Annual Golf Tournament at Back Creek Golf Club, Middletown, DE. Benefits Kent County Chamber of Commerce. Kentridingtherapy.org/klassicgolf

MAY

Saturday, May 1st
Derby Day House Party, Virtual Event. Benefits Maryland Therapeutic Riding, Horsesthatheal.org

Six Pillars Century Blackwater Tour Fundraiser at Gerry Boyle Park, Cambridge. Benefits Six Pillars Century, find 6 Pillars on Facebook

Academy Art Museum Spring Gala at the Academy Art Museum in Easton. Benefits the Academy Art Museum. Academyartmuseum.org

19th Annual Ride for the Feast at the Talbot Agricultural & Education Center, Easton and Virtually. Benefits Moveable Feast. Rideforthe Feast.org

Monday, May 3rd
2021 Tee It Up for the Arc, location TBD. Benefits The Arc Central Chesapeake Region, thearc.org

Thursday, May 6th
Arts Council of Anne Arundel County Virtual Arts Gala, Virtual Event; Benefits Arts Council of Anne Arundel County, acaac.org

Thursday, May 20th
Great Strides Walk (Baltimore), Virtual Event. Benefits Cystic Fibrosis Foundation. Fightcf.cff.org

**Monday, May 31st—
Saturday, June 5th**
Clean the Bay Day, Virtual Event. Benefitting Chesapeake Bay Foundation. cbf.org/events/clean-the-bay-day/

JUN

Saturday, June 5th
Great Strides Walk (Annapolis), Virtual Event. Benefits Cystic Fibrosis Foundation. Fightcf.cff.org

**Saturday, June 5th—
Sunday, June 6th**
Annual Secret Garden Tour throughout the Historic District, Annapolis. Benefits Hammond-Harwood House Association. Hammondharwoodhouse.org

Monday, June 7th
Compass Regional Hospice Golf Tournament at Prospect Bay Country Club, Grasonville. Benefits Compass Regional Hospice's hospice care and grief support services. Compassregionalhospice.org

Thursday, June 10th
18th Annual Friends of the Lighthouse Golf Tournament at Renditions Golf Course, Davidsonville. Benefits Lighthouse Shelter. Friendslhs.org

Saturday, June 12th
The Annual Don Backe Memorial Regatta at Annapolis Yacht Club, Annapolis. Benefits Chesapeake Region Accessible Boating (CRAB.) Crabsailing.org

Wednesday, June 16th
Paca Girlfriends Flower Power Party at William Paca House and Gardens, Annapolis. Benefits Historic Annapolis. Pacagirlfriends.com

Monday, June 21st
Leadership Anne Arundel 2021 Tribute to Community Leadership at Live! Casino & Hotel Grand Ballroom. Benefits Leadership Anne Arundel. Leadershipaa.com

Saturday, June 26th
Eastport-a-Rockin at Annapolis Maritime Museum, Annapolis. Benefits local non-profit organizations, eastportarockin.com or Facebook

JUL

Monday, July 26th
20th Annual Tee Up for a Child at Crofton Country Club, Crofton. Benefits Anne Arundel County CASA. Aacasa.org

AUG

Thursday, August 12th
2021 Treasure the Chesapeake Gala at the Baltimore Museum of Industry, Baltimore. Benefits Chesapeake Bay Trust. Cbtrust.org.

Saturday, August 21th
2021 CRAB Cup Regatta at Eastport Yacht Club, Annapolis. Benefits Chesapeake Region Accessible Boating (CRAB). Crab-sailing.com.

Saturday, August 28th
Annual Bands in the Sand at Philip Merrill Environmental Center, Annapolis. Benefits Chesapeake Bay Foundation. Cbf.org.

Monday, August 30th
UM Shore Regional Health Golf Tournament at Talbot County Country Club, Easton. Benefits UM Shore Regional Health. Ummhfoundation.org.

SEPT

To Be Determined
Taste of the Chesapeake at The Crown Plaza Annapolis, Annapolis. Benefits Alliance for the Chesapeake Bay. Alliance-forthebay.org.

The 4th Annual Stefanie Ashdown Memorial; "Do Your Best" 5K Run & 1 Mile Walk at Belvedere Elementary School, Arnold. Benefits Stef Ripple, a non-profit for Ovarian Cancer patients and their families. Stefripple.org.

Friday, September 10th
Arts Alive! Gala at Maryland Hall for the Creative Arts, Annapolis. Benefits Maryland Hall for the Creative Arts. Marylandhall.org.

Wednesday, September 15th
37th Annual Bello Machre Golf Tournament at Queenstown Harbor Golf Course, Queenstown. Benefits Bello Machre. Bello-machre.org.

Friday, September 17th
Putting a Roof Over Homelessness Golf Tournament at the Prospect Country Club, Grasonville. Benefits Haven Ministries. Haven-ministries.org.

Saturday, September 18th
2021 Tour de Cure Nationwide, Virtual Event. Benefits the American Diabetes Association. Diabetes.org/tourdecure

Hospice Cup XXXIX, Annapolis. Benefits hospice programs throughout Maryland, Washington D.C., and Northern Virginia. Hospicecup.org.

Saturday, September 25th—Sunday, September 26th
Maryland Seafood Festival at Sandy Point State Park, Annapolis. Benefits TBD. Abceventsinc.com

Saturday, September 25th
Bay Bridge Paddle at Sandy Point State Park, Annapolis. Benefitting Community Betterment. Abceventsinc.com

Sunday, September 26th
St. Michaels Concours d' Elegance: Gala Welcome Home Reception at Talbot County Country Club, Easton. Smdcde.org.

Wednesday, September 29th
Best of Annapolis Party at The Graduate Hotel, Annapolis. Benefits GiGi's Playhouse. Whatsupmag.com

Thursday, September 30th
Hospice of the Chesapeake's Annual Golf Tournament at Queenstown Harbor Golf Course, Queenstown. Benefits Hospice of the Chesapeake. Hospicechesapeake.org

OCT

An Evening Under the Tuscan Sky Gala. Benefits Hospice of the Chesapeake Foundation. Hospicechesapeake.org

Friday, October 1st
Chamber Challenge Golf Tournament at the Hyatt Regency Chesapeake Bay Resort and Spa. Benefits Dorchester Chamber of Commerce. Dorchesterchamber.org

Saturday, October 2nd
Easton Beer Festival at Easton Volunteer Fire Department. Benefits Easton Volunteer Fire Department. Discovereaston.com

Saturday, October 2nd—Sunday October 3rd for Live Events and Monday October 4th through Sunday October 10th for Virtual Events
Annual Chesapeake Film Festival at the Avalon Theatre, Easton, and various locations in St. Michaels. Benefits Chesapeake Film Festival. Chesapeakefilmfestival.com.

Monday, October 4th
Estate Treasures Fashion Show at Prospect Bay Country Club, Grasonville. Benefits Compass Regional Hospice. Compassregionalhospice.org.

Friday, October 15th—Sunday, October 17th
Academy Art Museum 24th Annual Craft Show at Academy Art Museum. Benefits Academy Art Museum. Academyartmuseum.org

Thursday, October 21st
Blazers. Bourbon. Cigars. at William Paca House, Annapolis. Benefits Historic Annapolis. Annapolis.org

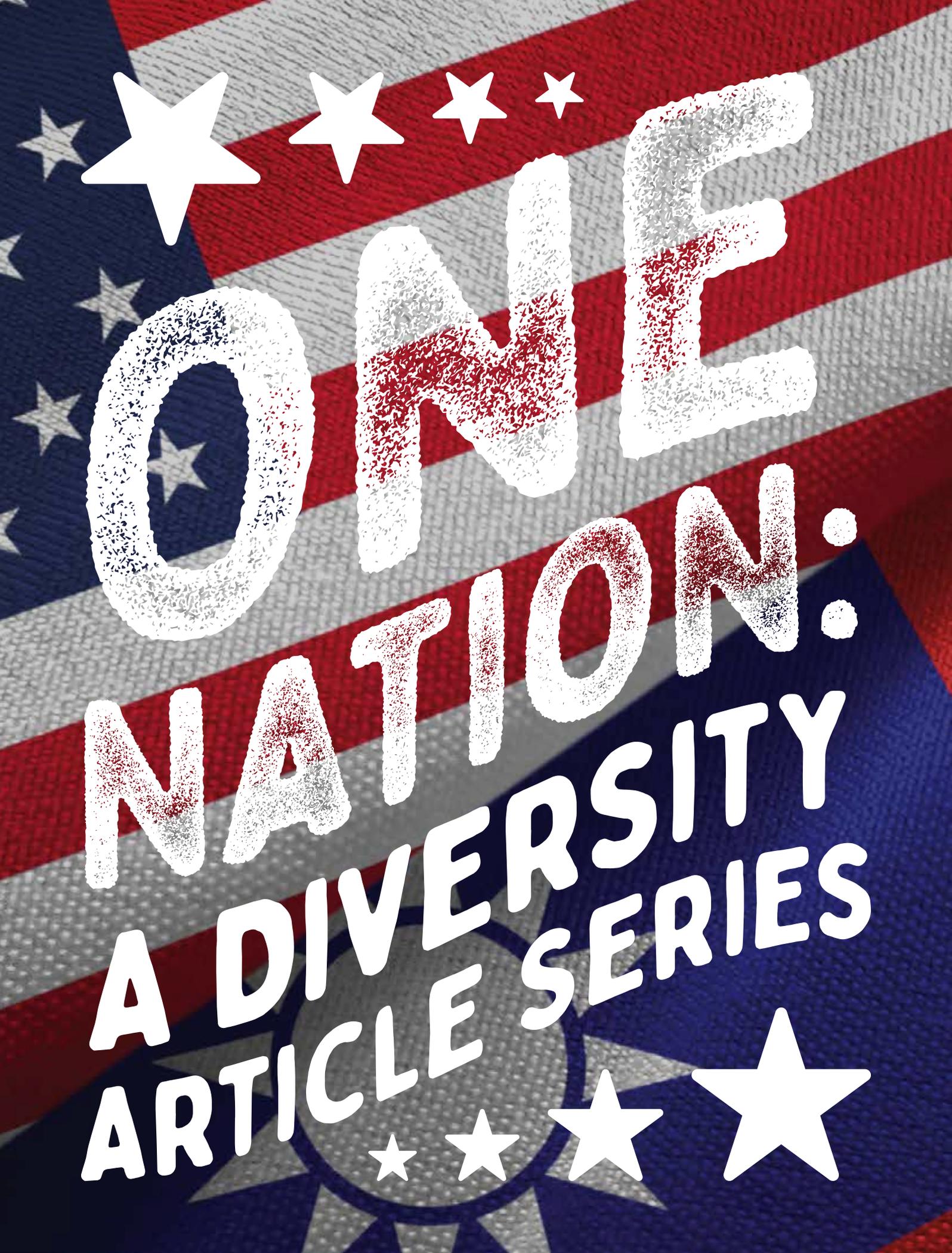
Saturday, October 23rd
Annual UM Shore Regional Health Sporting Clays Classic at The Point at Pintail, Queenstown. Benefits UM Shore Regional Health Center. Ummh-foundation.org.

Monday, October 25th
Best of Eastern Shore Party at Prospect Bay Country Club, Grasonville. Benefits Talbot Hospice. Whatsupmag.com



Don't See Your Event? Have an event going on soon?

Please let us know about your organization's charity event by emailing Entertainment Editor Megan Kotelchuck at mkotelchuck@whatsupmag.com. You can also add your event to our online calendar by visiting www.whatsupmag.com.



ONE

NATION:

A DIVERSITY
ARTICLE SERIES

An Asian American Tale

How the arrival of eastern cultures, their struggles, and assimilation into the American story have inspired generations of success and achievement // *By Soo Youn*

Editor's note: Our publication continues this series of articles that will explore, address, and attempt to convey with empathy and direct perspective issues of race and culture within our communities. These issues are not limited to racial inequalities or suffering. We intend to also share stories of success and hope. The second article in this series is written by journalist Soo Youn, an experienced professional who has written for The Guardian, CNN, CNN Business, ABC News, The Washington Post, The Wall Street Journal, Harvard Health Publishing, ABC NewsOne, Aol, and Yahoo News UK to name a few publishers. Youn conveys her personal story, and those of several other families, of having grown up in the Chesapeake Bay region within the context of the greater Asian American experience of immigration and assimilation.

"I could see, across the river, the track field and buildings of the famous U.S. Naval Academy, and further down the river, the Bay Bridge is also visible. It was a clear sunshine [sic] day in the early spring, the breeze, not salty, but cool and fresh, made me feel once again the call of the mighty and stormy sea as well as the charm of a little seaside town, which I had missed so much and so long while in State College."

In mid-April 1977, Yen-Yi Wu first laid eyes on Annapolis while visiting for a job interview. The software engineer with a Ph.D in mathematics from Penn State University already had several job offers, but the commanding views of the white-walled academy accompanied only one. Wu grew up in Keelung, a major port city on the north-eastern edge of Taiwan near Tapei with its own harbor, and the Annapolis vistas evoked a longing for home, as he noted in an essay he wrote for his family in 2005.

Families Bond

Wu left Taiwan in 1964, arriving first at Berkeley, then to Pennsylvania for his doctorate. Then, like few Asians before him, he moved to the Annapolis area to work for IITRI, a company contracted to the Department of Defense to maintain its radio frequency resources for U.S. military units around the globe. In the summer of 1977, he moved his family—his wife Sabrina and his children, Craig and Chrissy, into a house in Arnold, just seven miles from where he would work until he retired in 2001.

When young Craig started at Belvedere Elementary School that year, there were two classmates who were ethnically Chinese. A few days later, a woman identifying herself as Mrs. Hon called. She was the mother of one of Craig's Chinese classmates at Belvedere.

"We were both surprised and delighted to finally meet a family from Taiwan that had a similar background as ours," Wu wrote. Mrs. Hon introduced them to the Chis—whose daughter was also in Craig's class. The Hons had been in Arnold for a while, but the Chis were also recent transplants who had moved so Professor Chi could teach computer science at the Naval Academy. A fourth family, the Leungs (who moved when their father took a job teaching math, also at the Academy) rounded out the group.

"All of a sudden, we had four families, each with school children of similar ages, living in the same area, and it was no surprise that [the] four families became very close since then," Wu said.

And that's exactly four more Taiwanese—or any Asian—families I [the author] would have expected to find in the area then. Soon enough, my own family would connect with the others.

I had gone through most of elementary school in the 1980s without encountering another Asian student. Then, in middle school, I met Chrissy through All-County orchestra. Later, we both attended Severna Park High School. My memory is inexact, but I believe there were also a couple other students who were south Asian refugees, having arrived in fifth or sixth grade. Occasionally, people confused all of us, saying we looked alike. We did not.

The Immigration Wave Explained

That trickle of Asians to the area tracks the greater immigration trends for Maryland and the U.S. at large. In the midst of the Civil Rights Era, Lyndon Johnson signed the Hart–Celler Act, or the Immigration and Nationality Act of 1965 into law, abolishing the National Origins Formula or per-country immigration quotas, that finally allowed Asians to immigrate to the U.S.

From the 1920s, U.S. immigration policy had restricted immigration to people from northwestern Europe, serving to discriminate against Asians, and southern and Eastern Europeans (Jewish and Italian Americans fell

into this category). The 1924 Immigration Act succeeded in barring immigration for Asians who were not previously excluded from immigration laws, notably the Japanese.

In his 1925 manifesto, *Mein Kampf*, Adolf Hitler expressed admiration of America’s immigration laws as an aspiring example for Germany, writing: “The American Union categorically refuses the immigration of physically unhealthy elements, and simply excludes the immigration of certain races.”

In fact, Asian Americans can trace their history to Maryland at least as far as 1870.

That was the first year the racial category “Chinese” was added to the census, according to Mike Friedrich, a public affairs specialist at the U.S. Census Bureau. “Two people in the whole state of Maryland!” he wrote in an email. In 1880, the government added “Japanese” as a category.

But after 1965, everything changed.

“It’s the law that ended Asian exclusion,” says Occidental College history professor Jane Hong.

“The way that it was originally written was it was supposed to be half skilled and then half family relationships that get you in. But at the last minute, some lawmakers who really wanted to restrict nonwhite immigration changed the formula,” Hong, author of *Opening the Gates to Asia: A Transpacific History of How America Repealed Asian Exclusion*, explains.

“There’s no numerical limit on family visas. They did that on purpose because they thought fewer nonwhite people would come, because mostly European people came historically. But the unintended consequences were that the people who ended up using the family visas were Asians and Latinos. That’s how the rest of my family came,” she says.

Before 1965 about 100 to 185 Asians came to the U.S. per country every year, Hong says. In the 1940s and ’50s, the vast majority of Asians came to the U.S. outside the quotas as students, military brides or refugees, or other special categories.

“But ’65 opens the gates for everyone. Before then, there were basically racial restrictions

On October 3, 1965 President Lyndon B. Johnson signs the Immigration Act as Vice President Hubert Humphrey, Lady Bird Johnson, Muriel Humphrey, Sen. Edward (Ted) Kennedy, Sen. Robert F. Kennedy, and others look on at Liberty Island, New York.



by way of nationality restrictions,” Hong says. For the first time you had tens of thousands, then many more Asians emigrating.

Personal Journeys to America

In fact, Hong’s own family also moved to the Chesapeake Bay area in the late 1980s. They had initially immigrated to New York City, where Hong was born. But after her father died, her mother moved the family to Salisbury, where she worked at a nursing home. It was a huge adjustment from New York, where her parents had opened a deli in Brooklyn Heights, a much more familiar Korean American narrative. By then, there were enough Koreans locally that Hong’s family attended an already-established Korean church.

Her mother was a nurse, as was her now mother-in-law, who immigrated to Los Angeles, both on skilled worker visas. Her mother immigrated from Korea in 1975, the same year as my parents.

“That’s very common. It’s equally common among Filipino Americans. There’s a long history of U.S. colonialism: setting up an educational system, hospitals, industries in the Philippines and South Korea. So, there’s a whole historical legacy there,” Hong says. She argues that the push for Asian immigration to the U.S. came from protecting U.S. military troops and economic interests in Asia after World War II.

My [the author’s] father traces our American story to the Vietnam War, when the U.S. suffered a shortage of doctors, which dovetails into the Immigration Act of 1965.

The U.S. recruited Foreign Medical Graduates (FMGs) mostly from postcolonial Asian nations, like my father, who received permanent residency or citizenship for their medical service, often in marginalized communities. Originally conceived as a temporary solution, it has become a fixture in American immigration to this date.

This provision prompted waves of Asian doctors in the 1960s and 1970s to come to the States, particularly from Korea, China, and the Philippines, then later India and Pakistan.

Like Hong’s mother, my family came in 1975 to Richmond, Virginia, where my uncle and aunt—an anesthesiologist and nurse, respectively—had moved in 1967. We then spent a year in rural North Carolina, where my father worked in a mental hospital with a friend from medical school in Korea who was like him, trained as a pediatrician—such was the need for foreign doctors. Afterwards, we ended up in Maryland. When I was six years old, we moved to Severna Park, where I grew up.

Adolescence & Race

There was racism, of course. I remember being beaten up—punched a few times as I walked home from school by a blonde-haired brother and sister who were older than me. I remember thinking their hair looked like Malibu Barbie. We were friendly in high school and never talked about it—the girl was sheepish around me.

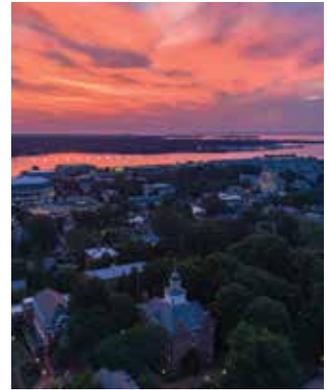
When I reconnected with Chrissy, now Christine Wu Nordahl, she said she remembers growing up without a lot of racism because there were so few Asians to even generalize about, which I somewhat agree with. My high school guidance counselor always called me Kim, which was curious.

I reconnected with Sonya McFarland, who I knew as Sonya Lee, the other Asian girl I remembered from Severna Park. Her dad had been in the Korean military and befriended an American soldier who worked at General Motors—they fixed machinery or trucks together.

The American offered to help Sonya’s dad find a job should he come to the States. Sonya’s father took him up on it and ended up with a job at a GM plant in Maryland, without experience. He learned on the job and spent his breaks in the bathroom reading manuals and cramming.

I asked Sonya if she agreed with Chrissy’s take, that the scarcity of Asians translated into a lack of racism. She and Chrissy were often mistaken for each other, so much so much so that their nicknames for each other were Chrissy Lee and Sonya Wu.

We talked about how people were in general well-meaning, and earnest. Despite remembering very little of that time, she does recall being called “banana” and “Twinkie” and also “chink” by friends she had known since kindergarten.





Maryland's First Lady Yumi Hogan has long been a champion of Asian American awareness, recognition, and relationships. In November of last year, Hogan received the Order of Civil Merit of the Republic of Korea—the nation's highest and most prestigious civilian honor. The Camellia (Dongbaek) Medal was awarded in recognition of the First Lady's commitment to serving the Korean American community and strengthening ties between the United States and the Republic of Korea. Photo by Steve Kwak/Office of Governor Larry Hogan.

The other thing she distinctly remembers is a fact-box in her older brother's yearbook from 1990. It broke down Severna Park by race: 97 percent white, 2 percent Black, 1 percent other. "We were other," she said.

Yet, as the Asian American population increased in the U.S. we assumed it would get easier. I remember always wanting to be younger, because it would be that number of years less racist, and less hard to not be white in America. For a while, for me, and others, it did seem like it was getting better.

Who We Are and Aren't, Today

By 2018, the estimated number of U.S. residents identifying as some degree of Asian was 22.6 million, according to the UCLA Asian

American Studies Center, which partners with the U.S. Census Information Center.

That breaks down into 5.2 million Chinese (excluding the Taiwanese), Asian Indian (4.5 million), Filipino (4.1 million), Vietnamese (2.2 million), Korean (1.9 million), and Japanese (1.5 million).

The current U.S. population is 331 million.

In 2019, Maryland's population was 6.05 million—58.5 percent White, 31.1 percent Black, 10.6 percent Latino or Hispanic, and 6.7 percent Asian, according to the U.S. Census Bureau. Marylanders who identified as having two or more races numbered 2.9 percent.

Last year started off with a culturally groundbreaking moment for Asian Americans. For many, it signaled a sort of arrival. A Korean

film, *Parasite*, won four Academy Awards, and made history by becoming the first non-English film to win the Best Picture Oscar.

That seemed to build off of the momentum of *Crazy Rich Asians*, which enjoyed unexpected box office success, and two Golden Globe nominations in 2018. Lulu Wang's *The Farewell* broke records in 2019 for theater average on opening weekend, topping even *Avengers: Endgame*. It seemed that Asian representation was pushing new frontiers and being not just embraced, but wildly celebrated.

Then COVID19 struck the U.S. full force. As the virus raged, so did anti-Asian sentiment, stoked by the then-President's constant race-baiting moniker "China virus."

As COVID19 initially made its way through America, I was living in Brooklyn, one stop from Manhattan's Chinatown. On January 25th, to mark the Lunar New Year, I hosted a party. On the way, a friend noticed that an older Asian man had coughed on the subway, and other riders had glared and moved away. "It's starting," she said. We knew what was going to happen next.

As the weeks and months unfolded, so did reports of attacks on Asians and Asian-owned businesses both in the news media and in our own whisper networks across the U.S. My friends and I worried about our parents—and they, in turn, worried about us being in the city, because of both COVID and racism. One day I opened Facebook to find a friend from Severna Park (going back to first grade!) saying she was "proud of" her nephew writing "China virus" across his school calendar. I rarely comment on such things but this time I did, and she maintained it was not racist. While heartbreaking, I cannot say I was surprised.

Maryland's own First Lady, Yumi Hogan, witnessed hateful actions as well.

"I am saddened that our community has faced that sentiment and went through unacceptable incidents. First generation Asian Americans are actually immune to it—think about how their life has been," she wrote in an email, a stoic cadence I find so familiar from that generation of immigrants.

"They were obviously nervous, for example, when hearing 'go back to China' at a market.

Some Asians regardless of their origin heard that. Young generations were also worried about it and tried to find a way to protect our community," she said, referencing letters she received.

Hogan herself immigrated to the U.S. 42 years ago and has lived in the state for the past three decades. Like Wu, she had embraced Maryland for terrain evocative of home.

"Its landscapes—with mountains and the ocean and four seasons—much look like those of South Korea, my homeland," she said.

I asked Hogan about the highly anticipated film *Minari*, about a Korean American family's struggle to farm in Arkansas, written by the Korean American screenwriter Isaac Lee Chung, which features an ethnically Korean cast starring Steven Yeun. Heading into the Hollywood awards season, the film's classification is "foreign film" by the Hollywood Foreign Press Association (HFPA) who administer the Golden Globes, and not a contender for either best picture awards, but rather considered a foreign language film.

"It is based on not a story in Korea, but a story of Korean American immigrants living in America. It is absolutely an American story, our story," Hogan wrote. "Defining it as a foreign film is going backward. This is another type of discrimination."

The celebration of art in 2020 did not reflect the anti-Asian sentiment so flagrantly on display in everyday life. The National Book Awards showcased Asians or Asian-Americans as three of the five winners: the novel *Interior Chinatown* by Charle Yu, the poetry collection *DMZ Colony* by Don Mee Choi, and the translated novel *Tokyo Ueno Station* by Yu Miri.

For Hogan, the most arguably high profile Asian American in Annapolis, or Maryland, there is much to celebrate in the arts, a course of action she advocates.

"I am proud of wonderful artists who make great artworks that represent and raise the voice of immigrants and remind all of us of what American history is about. Different cultures, foods, and languages are part of the diversity America is proud of and learning or knowing them is your strength," she said. "Enjoy, support, and share them and talk about them more."

Journalist and writer of this article Soo Youn grew up in the 1980s and '90s in the Severna Park area, just outside Annapolis.



Home Furnishings • Interior Design • Gifts



13 Goldsborough Street • Easton, MD 21601 • 410.822.2211 • www.dwellinganddesign.com

PAVING WITH PRECISION

RETAINING WALLS • COMMERCIAL PAVING • PARKING LOT PAVING • DRIVEWAY PAVING • SEALCOATING • ASPHALT REPAIR



RESIDENTIAL & COMMERCIAL - CALL US TODAY! 410-697-3167



Crownsville, MD 21032
 Visit us online at www.accurate-asphalt.com
 Facebook.com/AccurateAsphaltMD



MHIC # 05-136088

Home & Design

52 HOME RESOURCE GUIDE | 59 REFLECTIVE & HOPEFUL
64 PORCHES, DECKS & PATIOS | 66 REAL ESTATE





DD McCracken Home Team



RESIDENTIAL BROKERAGE

Operated by a subsidiary of NRT, LLC

"Big or Small - We Sell Them All!"

410-224-2200



**233 Hickory Ridge Drive
Queenstown | \$1,200,000**

Stunning, Wye River waterfront home! Beautiful 1.42 ac. property. Private pier, expansive maintenance free decks, new screened porch. Pier has 8000lb lift, jet ski lift, down lighting, electric & water. This property will not disappoint with a multitude of thoughtful upgrades! Private, yet short drive to Bay Bridge.



**11 Sonneborn Lane
Severna Park | \$1,115,000**

Location isn't all this magnificent property has to offer! There are spaces for everyone! For the wine connoisseur, a wine cellar. Working from home? An enormous dedicated office space. For the gourmet cook, an impressive and expansive kitchen! For those who love the outdoors, multiple outdoor entertainment areas. And guest will find their own private suite.



**118 Greenwood Creek Drive
Queenstown | \$867,500**

Waterfront on Greenwood Creek. Private Pier, Paver patio, stone FP, fire pit. Built in 2016, Main level MBR, 3 BR's upstairs & 2 car garage, stone front, paver drive & walk, Hardwoods & SS appl.



**430 Narrows Pointe Drive
Grasonville | \$830,000**

In the coveted gated community of Narrows Point. This exceptional luxury end unit home has views of the Chester River. Lovely stone FP, high ceilings, expansive open living area & gourmet kitchen. Each BR has its' own private BA & exceptional views. The expansive landing/ loft would be an amazing art space or reading room!



**1015 Long Point Road
Grasonville | \$750,000**

Wow, what a view! Enjoy sunsets from the comfort of this 3BR 2.5 BA Cape Cod. Nestled in a low-traffic area, with shopping, dining, and the bridge just a quick trip away. Boaters & car enthusiasts will appreciate the 6ft wide pier, & over-sized garage. Enjoy meals on the newly planked deck or gardening in the greenhouse.



**1716 Saint Mary's Road
Chester | \$714,000**

Quaint ranch style home w/expansive views on Crab Alley Bay! Fishing/ Crabbing pier. Updated kitchen & BA's, hardwoods, roof, heat system & laundry room. Charming, one level living, 3 BR, 2, cute screened in porch & two car garage all on .86 ac. Move in ready! Quiet neighborhood with 4 community areas for launching boats & kayak, playgrounds & beach.



**224 Canal Street
Grasonville | \$689,000**

Welcome to your own private oasis! 3.2 acre waterfront peninsula, 790' of shoreline, pier, rip rap, & marshlands. Over 2000 sq ft, 3 BR, 2 BA Rancher offers lots of updates, 2+ car garage, office and views for days.



**901 Golden Eye Court
Arnold | \$675,000**

Beautiful corner lot in Jamestown on the Magothy. Spacious 3 level, 4 BR home offers multiple independent school and office space for all! Well maintained, updated, and amazing backyard/pool space & screened porch.



**316 Larch Place
Stevensville | \$399,900**

This gorgeous rancher in the heart of Cloverfields is ready for its new owners. Every detail has been thought of. Plantation shutters, impeccable hardwoods w/vents to match, screened in porch, ample private deck that leads right to your swimming pool, bathrooms & kitchen updated to the 9's.

Your Real Estate Team for Life



DeeDee McCracken
CEO & Realtor®
DMcCracken@cbmove.com
410-739-7571



Lisa Barton
COO & Realtor®
Lisa.Barton@cbmove.com
410-829-2051



Annie Eaton
Real Estate Sales
Annie.Eaton@cbmove.com
410-739-4260



Amanda Stromberg
Real Estate Sales
Amanda.Stromberg@cbmove.com
410-703-1403



Destinee Blackstone
Real Estate Sales
Destinee.Blackstone@cbmove.com
410-693-9291



Kevin McCracken
Realtor®, Real Estate Sales
kevin.mccracken@cbmove.com
443-838-1417



Lisa McGrath
Licensed Assistant
DMcCracken@cbmove.com
410-320-1971



DD McCracken Home Team

www.DDMcCrackenHomeTeam.com • 410-849-9181

COLDWELL BANKER

RESIDENTIAL BROKERAGE
Operated by a subsidiary of NRE, LLC



UNDER CONTRACT

**1701 Midway Road
Chester | \$399,900**

This beautiful colonial is just 2 blocks to the community boat launch & picnic, playground area. First time on the market, traditional Colonial looking for a new owner to make their own personal touch to this home. Nice oversized living room, family room w/wood stove. New deck, large yard ready to go! Close to shopping, easy commute to bridge.



SOLD

**109 Queen Anne Road
Stevensville | \$383,000**

Water views of Eastern Bay, Oversized lot, inground pool, private back yard setting, plus a deck off the right side for entertaining. The original charm still in place & ready for your personal touches. Lots of space throughout includes a wood burning stove in family room for energy efficiency. Walk to walking trails and fishing pier.



SOLD

**703 Davol Road
Stevensville | \$380,000**

Water privileged community. This 2-story home is situated on the most desired street in Cloverfields and features a new roof, carpet and SS appliances. Community clubhouse, pool, and beach along the Chester River plus a marina & boat ramp for boats up to 24 feet. Great location for boaters, fishing fanatics and crabbers alike!



UNDER CONTRACT IN 3 DAYS

**720 Old Love Point
Stevensville | \$365,000**

Charming 3 BR/2 BA Rancher in the heart of Kent Island. Easy access to shopping & the bridge. As if a move-in ready beautifully updated home isn't enough, car lovers will especially enjoy the oversized two-car detached garage with a driveway that can accommodate extra parking for a boat or RV.



SOLD

**227 Ackerman Road
Stevensville | \$339,900**

Cape Cod boasts 3 BR, 2 full BA, large fenced in back yard, hardwood flooring, & updated appliances! 1st floor - open concept living/dining/kitchen, oversized back deck plus 2 generous sized BR and full BA. Upstairs - luxurious master suite w/walk-in closet, grand en suite bath w/ walk in shower & soaking tub.



SOLD

**4134 Falls Road
Baltimore | \$330,000**

Gorgeous end unit row home with a GARAGE! Located in the heart of Medfield/Hampden, this charming, updated home is ready for its new owner! Enjoy a modern kitchen, gorgeous hardwoods, 3 BR's, 1 full and 2 half baths and large basement ready to be converted into more livable space. Entertainers delight with 3 oversized porches!



SOLD

**4929 Beech Street
Shady Side | \$300,000**

Charming corner lot colonial. Impeccably kept home offer a large eat in kitchen area that is sure to be a favorite gathering space for you and your guests. The charm of the living room fireplace, or the draw of the large screened in porch, will offer competition for where you'd like to spend most of your time. Landscaping, and a fenced yard.



UNDER CONTRACT IN 3 DAYS

**206 Little Kidwell Avenue
Centerville | \$235,000**

Adorable rancher in the heart of Centerville! Built in 2013. Updated laminate wood flooring, vaulted ceilings in the living room and master bedroom, 3 BR's, 2 full baths, eat-in-kitchen and HUGE master closet! Sit back and relax on the welcoming front porch & enjoy the Centerville lifestyle.



**Montgomery Road
Stevensville | \$25,000**

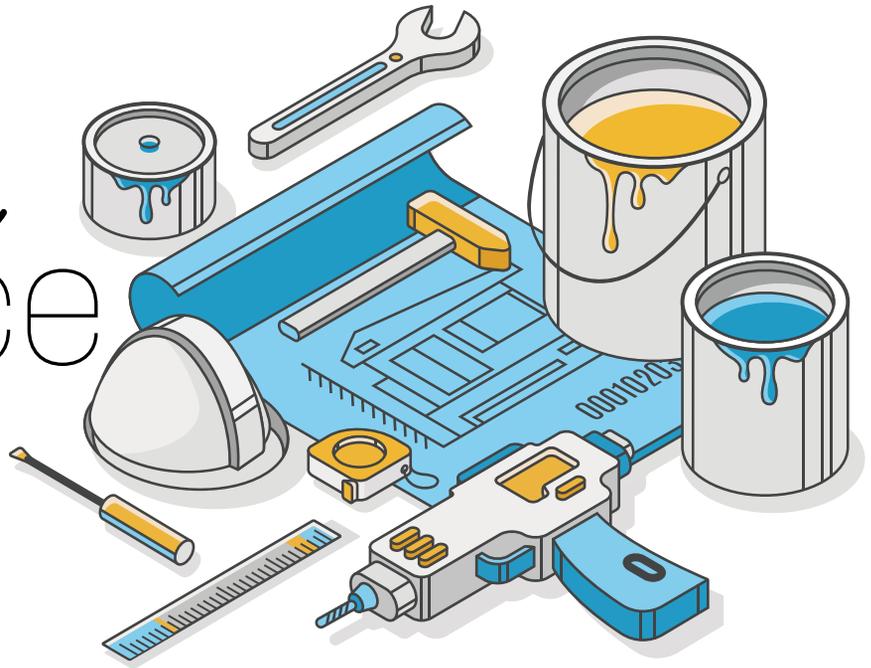
Beautiful wooded with sunlight on the south end of Rt. 8 right side after Margaret drive on, right, no street to access. Currently property is not scheduled for SKI program for public sewer. Buyer would need to perc to see if buildable.

Our Team is Here to Serve You!

The DDMcCracken Home Team, is interested in being your Real Estate team for Life! We are inspired and have an intimate Knowledge of the Bay Region to provide top of the line services to all of our clients. The team thrives on providing tailored, custom services, for each client because each client's needs and circumstances are different.

Whether you are selling or buying each client is provided with the utmost professionalism and integrity. Along with our in-depth knowledge of the area, you will have the best resources and technology provide for selling and buying, including staging services, individual website, professional photography, Market Analysis and a whole lot more.

Home Resource Guide



Spring 2021

A comprehensive list of the region's most dependable, knowledgeable, and reputable home and garden service professionals. The services listed are provided by advertisers appearing in recent What's Up? Media publications.

They are dedicated to serving our readership. Please consider their services for your home projects and needs.

For our complete business directory, visit whatsupmag.com.

Architecture/Design

Adrian Development 121 East Bay View Drive, Annapolis; 301-852-7748; adr-dev.com

Purple Cherry Architects
1 Melvin Avenue, Annapolis; 410-990-1700; purplecherry.com

Art/Décor/Framing

Annapolis Arts Alliance/Gallery 57 West
57 West Street, Annapolis; 443-333-8906; annapolis-arts-alliance.com

Annapolis Pillow Company
annapolispillowco.com

Nancy Hammond Editions

192 West Street, Annapolis; 410-295-6612; nancyhammond-editions.com

Revival Home & Gifts

101 Annapolis Street, Annapolis; 443-949-9200; revivalannapolis.com

RiverArts Chestertown
chestertownriver-arts.org

The Trippe Gallery

23 N. Harrison Street, Easton; 410-310-8727; thetrippegallery.com

Troika Gallery

9 S. Harrison Street, Easton; 410-770-9190; troika-gallery.com

Whimsey Cove Framing & Fine Art Printing

209 Chinquapin Round Road, Ste. 101, Annapolis; 410-956-7278; marylandframing.com

Carpentry

Warren's Wood Works, Inc.
8708 Brooks Drive, Easton; 410-820-8984; warrenswoodworks.com

Demolition/Restoration

Rainbow International Restoration

4224 Main Street, Grasonville; 410-643-5408; rainbowintl.com/stevensville

Driveways/Asphalt

Accurate Asphalt
410-697-3167; accurate-asphalt.com

Electrician

Carrion Electric
443-786-0446; carrionelectric.com

Flooring

Bay Carpets, Cabinets & Floors

300 Centreville Road, Queenstown; 410-820-7288; baycarpets.com

South River Flooring

3059 Solomons Island Road, Ste. B, Edgewater; 443-221-7167; southriverflooring.com

Furniture

Showman Furniture

2431 Crofton Lane, Crofton; 410-451-8744; showman-furniture.com

Garage

Maryland Garage Concepts

410-695-6249; garagesolutions-baltimore.com

H&S
Higgins & Spencer

ENJOY YOUR OUTDOOR SPACE IN STYLE & COMFORT
Explore New Outdoor Furniture Options at Higgins and Spencer



Open Monday-Friday 8AM-5PM | 902 S. Talbot Street, St. Michaels, MD 21663 | (410)-745-5192 | higginsandspencer.com | [f/higginsandspencer](https://www.facebook.com/higginsandspencer)



LAUREN HURLBRINK
INTERIORS

410.701.9070 ■ WWW.LAURENHURLBRINK.COM

Proudly Serving the Eastern Shore



POSSUM POINT FARM | \$4,800,000
 253 Fourever Lane, Centreville, MD
 Elevated 17 acre Private Peninsula; Main House, Pool House and Guest House
 Listed by Laura Carney +1 410 310 3307



SAINT MICHAELS | \$3,650,000
 24724 New Post Road, St. Michael's, MD
 180 degree Unobstructed Water Views, over 8,800 sq.ft. Built in 2003
 Listed by Trey Rider +1 443 786 0235



BOZMAN | \$3,275,000
 7308 Quaker Neck Road, Bozman, MD
 Classic 5 acre Renovated Estate on Broad Creek with Beautiful Pool and Studio
 Listed by Laura Carney +1 410 310 3307



HONEST POINT FARM | \$2,750,000
 5750 Honest Point Lane, Chestertown, MD
 26 acres of Waterfront Grounds, Main Residence & 2 Cottages
 Listed by Trey Rider +1 443 786 0235



Laura Carney, Vice President
 m +1 410 310 3307
 lcarney@ttrsir.com

TTR | **Sotheby's**
 INTERNATIONAL REALTY



Trey Rider, Vice President
 m +1 443 786 0235
 trey.rider@sothebysrealty.com
 treyrider.com

EASTON BROKERAGE 17 Goldsborough Street, Easton, MD | +1 410 673 3344 | ttrsir.com



Handyman

Mr. Handyman of Anne Arundel and North PG

8229 Cloverleaf Drive, Ste. 435, Millersville; 410-593-1456; mrhandyman.com/anne-arundel-nepg

Home Appraisal/Finance/Titling

Arundel Federal Savings Bank

Locations in Annapolis, Severna Park, Gambrills, Pasadena, and more; 410-768-7800; arundelfederal.com

Atlantic Prime Mortgage

77 West Street, Ste. 310, Annapolis; 800-204-1283; atlanticprimemortgage.com

Bay Capital Mortgage Corporation

801 Compass Way, Ste. 208, Annapolis; 410-974-6044; baycapitalmortgage.com

Church Circle Title & Escrow

23 West Street, 2nd Floor, Annapolis; 410-269-6488; cctitle.net

Eastern Shore Title Company

114 N. West Street, Easton; 410-820-4426; easternshoretitle.com

Essex Bank

Locations in Annapolis, Edgewater, Crofton, Bowie, and more; 1-800-443-5524; essexbank.com

Mid-Maryland Title Company, Inc.

200 Westgate Circle, Ste. 102, Annapolis; 410-573-0017; midmdtitle.com

Severn Bank

Locations in Annapolis, Edgewater, Glen Burnie, Severna Park, and more; 410-260-2000; severnbank.com

Shore United Bank

Locations throughout Maryland, Delaware, and Virginia; 877-758-1600; shoreunitedbank.com

Home Construction/Materials

Gary Smith Builders

410-827-7901; garysmithbuilders.com

The J.F. Johnson Lumber Company

8200 Veterans Highway, Millersville; 410-987-5200; 3120 Solomons Island Road, Edgewater; 410-956-0400; johnsonlumber.biz

Lundberg Builders, Inc.

314 Main Street, Stevensville; 410-643-3334; lundbergbuilders.com

McKee Builders

215-791-6948; mckeebuilders.com

Nielsen Construction

165 Conduit Street, Annapolis; 443-336-3110; nielsenconstruction.net

Paquin Design/Build

500-A Saddler Road, Grasonville; 410-643-7811; paquindesignbuild.com

Timberlake Design/Build

304 Harry S Truman Parkway, Ste. M, Annapolis; 443-618-2643; timberlakedb.com

Home Insurance

Tammy Counts

State Farm; 1416 Annapolis Road, Ste. C, Odenton; 410-647-8756; tammycounts.net

Home Modifications (for Seniors)

Little Deeds

410-970-0110; littledeeds.com

Home Remodeling

Brothers Services Company

1910 Towne Centre Boulevard, Ste. 200, Annapolis; 443-507-1025; brothersservices.com

Interior Design/Furnishings

Dwelling & Design

13 Goldsborough Street, Easton; 410-822-2211; dwellinganddesign.com

The Hickory Stick

21326 E. Sharp Street, Rock Hall; 410-639-7980; thehickorystick.com

Higgins & Spencer

902 S. Talbot Street, St. Michaels; 410-745-5192; higginsandspencer.com

Lauren Hurlbrink Interiors

10829 Falls Road, Lutherville; 410-701-9070; laurenhurlbrink.com

Suzanne Coleman Design

301-928-0937; suzannecolemandesign.com

Kitchen/Bath/Stone/Tile

314 Design Studio

Lundberg Builders, Inc.; 314 Main Street, Stevensville; 410-643-4040; 314designstudio.com

84 Lumber/Kitchen & Bath Design Studio

1690 Baltimore Annapolis Boulevard, Arnold; 410-757-4684; 84lumber.com

Cabinet Discounters

910-A Bestgate Road, Annapolis; 410-266-9195; cabinetdiscounters.com

Compass Stone & Tile Studio

302 Harry S Truman Parkway, Annapolis; 410-224-0700; cst-studio.com

Stuart Kitchens

2335-B Forest Drive, Annapolis; 410-761-5700; stuartkitchens.com

Teknika Kitchens & Baths

103 S. Cross Street, 2nd Floor, Chesertown; 410-778-2036; teknikakitchensandbaths.com

USA Cabinet Store/Kitchen & Bath Design Center

508-A Chinquapin Round Road, Annapolis; 410-609-5995; usacabinetstore.com/annapolis

Landscaping/Hardscaping/Outdoor Services

Ciminelli's Landscape Services

18301 Central Avenue, Bowie; 410-741-9683; ciminellislandscape.com

Homestead Gardens

743 West Central Avenue, Davidsonville; 410-798-5000; 522 Ritchie Highway, Severna Park; 410-384-7966; homesteadgardens.com

iTree LLC

609 Shore Drive, Edgewater; 410-647-TREE; myitree.com

On the Green, Inc.

777 Annapolis Road, Gambrills; 410-695-0444; onthegreeninc.com

Painting/ Surface Services

Annapolis Painting Services

2561 Housley Road, Annapolis; 410-974-6768; annapolispainting.com

Chesapeake Property Finishes

410-924-2397; chesapeakepropertyfinishes.com

Fresh Coat Painters of Annapolis

443-290-5623; freshcoatpainters.com/annapolis

Godwin's Painting Services

443-867-0461; godwinpainting-services.com

Maryland Paint & Decorating

209 Chinquapin Round Road, Annapolis; 410-280-2225; mdpaint.com

Regal Paint Centers

150 Jennifer Road, Ste. H, Annapolis; 410-266-5072; regalpaintcenters.com

Pest Control

Mosquito Squad of Annapolis

410-609-5609; mosquitosquad.com/annapolis

Plumbing

David E. White's Plumbing, Heating & Repair Company

P.O. Box 6553, Annapolis; 410-216-7132; davidwhiteplumbing.com

Pool & Spa Design/Service

Aqua Pools

8801 Mistletoe Drive, Easton; 410-822-7000; aqua74.com

Catalina Pool Builders

836 Ritchie Highway, Ste. 8, Severna Park; 410-647-7665; catalinapoolbuilders.com

Real Estate

Academy Realty

801 Compass Way, Ste. 3, Annapolis; 410-263-9105; academyrealty.com

Betty Batty

Hello Home of Compass; 410-280-1646; hellohomeofcompass.com

Brad Kappel

TTR Sotheby's International Realty; 209 Main Street, Annapolis; 410-280-5600; bradkappel.com

Chaney Homes

Jennifer Chaney; 443-249-7653; chaneyhomes.com

The Christina Janosik Palmer Group

Kelly Williams Realty, Inc.; 231 Najoles Road, Ste. 100, Millersville; 410-729-7700; cjpgroup.kw.com

Chuck Mangold, Jr.

Benson & Mangold Real Estate; Offices in Easton, St. Michaels, Oxford, Cambridge, and more; 410-822-1415; bensonandmangold.com

CR Realty

335 N. Liberty Street, Centreville; 443-988-0114; chrisrosendale.com

David Orso Team of Compass Real Estate

8 Evergreen Road, Severna Park; 443-372-7171; davidorso.com

DeeDee McCracken

Coldwell Banker Realty; 170 Jennifer Road, Suite 102, Annapolis; 410-739-7571; deedeeemccrackenhomes.com

Diane & Crew of Taylor Properties

175 Admiral Cochrane Drive, Ste. 112, Annapolis; 410-279-3868 or 800-913-4326; dia-neandcrew.com

Elizabeth Dooner

Coldwell Banker Realty; 3 Church Circle, Annapolis; 410-263-8686; edooner.cbintouch.com

Engel & Volkers

138 West Street, Annapolis; 443-292-6767; annapolis.evrealestate.com

Erica Baker

TTR Sotheby's International Realty; 209 Main Street, Annapolis; 410-919-7019; ericabaker.ttrsir.com

The Irby & Ecton Group

Long & Foster/Christie's International; 443-266-8839; irbyandectongroup.com

John McGlannan

Chesapeake Bay Real Estate; 108 N. Talbot Street, St. Michaels; 410-745-6702; cbreplus.com

Liz Montaner & Crew

Coldwell Banker Realty; 3 Church Circle, Annapolis; 410-263-8686; lizmontaner.com

Lona Sue Todd

Taylor Properties; 175 Admiral Cochrane Drive, Stes. 111-112, Annapolis; 410-310-0222; taylorproperties.co

Long & Foster Annapolis Fine Homes

145 Main Street, Annapolis; 410-263-3400; longandfoster.com/annapolis-md-fine-homes-realty

Long & Foster Bowie Tri-County Crofton

Dominic Catalupo, Office Leadership; 2191 Defense Highway, Crofton; 410-721-1500; longandfoster.com/crofton-md-realty

Malina Koerschner

Coldwell Banker Realty; 3 Church Circle, Annapolis; 410-263-8686; greatannapolis-homes.com

Mark Feen

Coldwell Banker Realty; 572B Ritchie Highway, Severna Park 410-562-3687; markfeen.cbintouch.com

The Masters Club

Anne Arundel County; themastersclub.org

Michael J. Rutledge

The Rutledge Team; Serving Maryland and Florida; 410-804-2144; therutledgeteam.com

Mr. Waterfront Team of Long & Foster Real Estate

320 Sixth Street, Annapolis; 410-266-6880; waterfronthomes.org

Northrop Realty, A Long & Foster Company

900 Bestgate Road, Ste. 100, Annapolis; 410-295-6579; northrop-team.com

Sarah Greenlee Morse

TTR Sotheby's International Realty; 209 Main Street, Annapolis; 410-280-5600; sothebysrealty.com

Scott Schuetter

Century 21; 1730 West Street, Ste. 200, Annapolis; 410-266-9005; scottschuetter.com

The Shane Hall Group

Compass Real Estate; 1 Park Place, Ste. 12, Annapolis; 410-991-1382; shanehallre.com

Travis Gray

Coldwell Banker Realty; 3 Church Circle, Annapolis; 410-263-8686; annapoliswaterfrontguide.com

Trey Rider

TTR Sotheby's International Realty; 17 Goldsborough Street, Easton; 443-786-0235; treyrider.com

TTR Sotheby's International Realty

209 Main Street, Annapolis; 410-280-5600; ttrsir.com



Award Winning Landscape Design
Nursery | Garden Center | Retail & Gifts

Davidsonville, MD | Severna Park, MD | Smyrna, DE

www.HomesteadGardens.com



FINE CRAFTED HOMES & RENOVATIONS SINCE 1988

A family business committed to traditional craftsmanship and superior service.

GARY SMITH BUILDERS, INC.
 BUILD | REMODEL
garysmithbuilders.com | PH: 410-827-7901

Helping our clients to craft legacy homes, handed down from generation to generation.

Thinking of remodeling ...



103 S. Cross Street, 2nd Floor • Chestertown, MD 21620
email: ameade@teknikakitchensandbaths.com
www.teknikakitchensandbaths.com
By Appointment

The Trippe Gallery



Photographs Paintings Sculpture

23 N Harrison Street Easton

410-310-8727 thetrippegallery.com

HOME RESOURCE GUIDE

W Home Group of Next Step Realty

2200 Somerville Road, Ste. 200, Annapolis; 443-901-2200; thewhomegroup.com

Retirement Communities

Bay Village Assisted Living & Memory Care

979 Bay Village Drive, Annapolis; 888-687-5440; integracare.com/bay-village

Baywoods of Annapolis

7101 Bay Front Drive, Annapolis; 410-268-9222; baywoodsfofannapolis.com

The Gardens of Annapolis

931 Edgewater Road, Annapolis; 410-995-9383; gardensofannapolis.com

Londonderry on the Tred Avon

700 Port Street, Ste. 148, Easton; 410-820-8732; londonderrytredavon.com

Queenstown Landing IntegraCare

120 Shoreway Drive, Queenstown; 888-606-0030; integracare.com/queenstown-landing

Somerford Place Annapolis

2717 Riva Road, Annapolis; 410-224-7300; fivestarseniorliving.com

Roofing/Siding

Bowie Siding & Roofing

13109 14th Street, Bowie; 301-262-7855; bowiesiding-roofingandwindows.net

Fichtner Services

1872 Betson Avenue, Odenton; 410-519-1900; fichtnerservices.com

Stoltzfus Roofing

6408 Church Hill Road, Chestertown; 410-810-1504; stoltzfusroofingmd.com

Solar Energy Systems

Solar Energy Services, Inc.

1514 Jabez Run, Millersville; 410-923-6090; solar-saves.net

Water Treatment

Hague Quality Water of Maryland

814 East College Parkway, Annapolis; 410-757-2992; haguewaterofmd.com

Reflective & Hopeful

COLOR TREND FORECAST 2021

By Lisa J. Gotto

If you haven't already guessed what the single biggest influence on trending color palettes for 2021 is, you're probably not really trying. Themes of simple comforts, nostalgia, respite, reflection, and hope abound this year, as we recuperate from the unprecedented physical and emotional stresses of 2020.

All of the major paint manufacturers have taken these themes and their own color-, culture-, and design-based research and formulated a series of palettes that reflect a sense of well-being, familiarity, and optimism. This is more important than ever as we know the essential role that color plays when it comes to mood.



WELL-BEING



In Pittsburgh Paint's (PPG) Palette of the Year we see three primary tones: Big Cypress, a shaded ginger with persimmon undertones, Misty Aqua, a watercolor cerulean blue, and Transcend, a mid-tone oatmeal-colored hue. Working together and applied according to the 60-30-10 design rule; 60 percent being the dominant color, 30 percent the

secondary, and 10 percent the accent color translates to a tranquil room for dining or space in which to work.

These softened hues blend well with the room's subtle aspects of nature, as well as its blonde and natural brown-toned woods.

"These comfort colors are similar to comfort foods—both offering a certain sense of familiarity and normalcy when facing the unknown," says Dee Schlotter, PPG senior color marketing, architectural, and industrial coatings specialist.

Use of these hues in other areas of the home such as the bedroom and separate workspaces translate well especially for consumers who wish to embrace mindful intention by showcasing natural colors that evoke restorative, compassionate, and optimistic feelings.





FAMILIARITY

This year Benjamin Moore is taking to the kitchen to unveil its Color of the Year: Aegean Teal.

This intriguing blue-green hue has an elegant and hand-spun quality to it; one that creates natural harmony and invites us to reflect and reset. Addressing today's need for what is familiar and stable, much like the exercise of baking batches of homemade cookies, colors like Aegean Teal will be among the most requested at paint counters this year.

“Amid uncertainty, people yearn for stability,” says Andrea Magno, Benjamin Moore Director of Color Marketing & Development. “The colors we surround ourselves with can have a powerful impact on our emotions and wellbeing.”

Eleven other complementary colors have been introduced by Benjamin Moore as part of this collection for both their modernity and their time-tested appeal, including Chestertown Buff, Muslin, and Silhouette.



OPTIMISM

It's time to think again about the bright, the light, and the happy. Sherwin-Williams introduced four collections for 2021 that evoke a spectrum of possibilities. With spring now around the corner we can certainly see how much this thinking will be welcomed.

This vibrant Jaipur Pink is from SW's 2021 Tapestry palette collection, which includes happy modern hues meant to signal joy and layer together to tell a story through texture and pattern.

The Continuum palette conveys a story of smart living and the role technology plays, how it ties into how people live today, and the desire for it to blend seamlessly into the whites, charcoals, and pops of color in their everyday environments.

The Sanctuary palette is rooted in the idea of nature, focusing on the connection that the natural world has to nurturing wellness and calm. This simple, tasteful corner of a room is dressed in the



quietness of SW Pure White as a signal to take respite, slow down, and embrace what's truly important.

Defined by heirlooms and the stories behind them, the Encounter palette conveys special meanings and tells stories of hyperlocal connections through a bohemian aesthetic and natural materials complemented by earthy tones.

Sherwin-Williams' Director of Color Marketing, Sue Wadden, explains that this

year's themes are a continuation of a color story that began last year about being grounded as we headed into a new decade.

"Now we are continuing that inward journey by exploring the past, examining the present, and looking at what all of this means for our future," Wadden says.

Which leaves us to ponder, what colors will you use to reflect simple comfort in your home's future?

10th Annual Derby Day

A Benefit for
Talisman Therapeutic
Riding

Saturday May 1, 2021

10th Derby Day Benefit
On- Line Auction Party!
April 17- May 1
www.TalismanFarm.org



Talisman Therapeutic Riding 10th Derby Day Benefit OnLine Auction Party! Saturday April 17- May 1 www.TalismanFarm.org

The online Interactive Auction Benefit will start on Saturday April 17th and conclude at 8pm on Saturday, May 1, 2021. There will be over \$100,000 in merchandise and pledge opportunities including Destination Vacations, Fine Jewelry, Sports Memorabilia and Fan Experiences, Horse Fun, Art, Exercise, Dining Experiences, and more.

Go to: TalismanFarm.org to register, preview items and bid
Helping our special riders succeed!





HOME GARDEN

Porches, Decks & Patios

By Janice F. Booth

For, lo, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of the singing of birds is come, and the voice of the turtle is heard in our land.

I can't assure you that the rains are past, and I'm not too sure I've ever heard a turtle's voice, but these beautiful lines from Ecclesiastic's "Song of Solomon" seem to me just the right note for this season in the garden. We've come through a long, difficult winter, and many of us have rushed early into our gardens to look and plan and dream of better seasons ahead.

We may have spent some of our daydreams imagining which bulbs will burst into bloom first and how lushly the camellia or the azalea's blossoms will cover the bushes. But, let me turn your thoughts and imagination to an asset in your garden that may have been either overlooked or overused through the long winter past—your porch, deck, or patio. Perhaps now is the time to plan a few projects to freshen up that transitional space—half house, half garden. Through the winter months, you may have used your patio as a place to more safely meet friends or just breathe some fresh air. Or, maybe you preferred the cozy indoor spaces and left your deck chairs and tables covered and unused.

So, let me propose, first, we re-examine how you and your family and friends can comfortably enjoy your garden's beauty from your porch, patio, or deck. Second, let's consider ways to enhance your outdoor living areas. And finally, how can we bring our gardens into or nearer our porches and decks, bring Nature's charms within easy reach.

COMFORTABLE OUTDOOR LIVING

Depending on the style of your home, you may have a porch or porches and a deck. A patio is often part of a townhouse or condominium's amenities. Sometimes, one or more of those structures, particularly a front porch, is overlooked and underutilized, its beauty and usefulness left untapped. So, looking first at a **front porch**, consider that it is more than a setting for the front door and steps. Think of your front porch as a gift box inviting guests into the beauty contained inside. The porch can set the tone for the residence—calm and sophisticated or casual and bustling. We've all read and seen videos on the importance of the front door, both for design and color. Perhaps what surrounds that front door can be equally inviting. The size of your front porch dictates your plans. The long porch facing the front yard and walkway flower beds is the perfect place for inviting neighbors and friends passing by

to stop and chat. A few chairs and small table provide a conversation area and a great setting for a cascading fern or perky, pink begonia. For a comfy, old-fashioned look, install a porch swing suspended from the ceiling or on a glider-frame. A swing can be a handy way to turn away from the neighbor's driveway and face the attractions of the front yard.

If your front porch is little more than a stoop, don't despair. Look at the porch as an architect might. The support for the roof—could there be columns rather than posts? Would adding a wrought iron railing add a touch of elegance? Here too, bring some of your garden's beauty to that tiny porch. A tall urn filled with elegant plants or a low bowl overflowing with blooming flowers might sit invitingly beside the front door.

The **back porch, patio, or deck** will be much easier to update and freshen. Lighting

is important, and easy string lights are great. But, you may want to consult an electrician about adding recessed lighting on the steps leading from the porch or deck. Seating is equally critical to a comfy outdoor area. Simple wood or vinyl chairs will work. You can choose cushions for added comfort. And, again, add some potted plants to your porch, patio, or deck. The porch has one important difference in that it's usually roofed. So, if you're choosing plants to bring on the porch, consider shade plants: coleus, sweet potato vine, vincas, hellebores, and impatiens. Lots of color there. And think about looking up! Hang some plants from the ceiling; bicycle hooks are sturdy and easy to install. Another option is to install a trellis on the porch or patio. Add rectangular pots beneath the trellis, and plant vines that will find their way up the trellis. This is great if you have some unsightly recycle cans or a neighbor's garden shed to hide.



EXPANDING YOUR OUTDOOR LIVING SPACE

Even if your living space is interior, you might want to consider expanding out into lawn or garden. One simple way to do that is by creating a small seating area. This doesn't have to be set up on a permanent slab or wooden platform. Your two chairs and small table might be placed, picturesquely, near the tall pine in your backyard, or next to a group of azaleas. If you wish, you could even pick up a few paving stones at the hardware store and put them under the chairs for stability. Or, why not have a small area set out with timber or brick borders and fill that square with gravel or crushed shell? This impromptu patio can be a charming gathering place.

If you're ready for a bigger project, why not consider screening-in your porch, patio, or deck? While the screens will lessen the breezes, they'll also keep out the pesky mosquitoes, flies, and midges that plague us day-and-night. If you decide to go with screen-

ing the porch, add ceiling and pedestal fans to the area. They'll keep the air moving.

BRINGING THE GARDEN ONTO THE PORCH, PATIO, OR DECK

In addition to the planters, trellises, and hanging pots we've already discussed, you can bring your garden onto the porch in other ways. It may be interesting to set up a little plant nursery on the porch. Start some seeds, they could be flowers or vegetables, even an avocado pit or pineapple top would be fun. As the weeks go by, you can enjoy watching the seedlings and shoots grow and strengthen. (And, if they don't make it, just quietly dispose of them and start again.) You might want to frame a group of your garden photos to hang on the porch. You don't need a wall, you could suspend them, one below the other, from the ceiling—a great conversation piece.

Whatever you decide to do, I hope you'll enjoy the voice of the turtles and the touch of the breezes in your garden, as I will in mine.



HOME REAL ESTATE

Single-Story Style & Serenity

By Lisa J. Gotto

Gracious creek-side living awaits the new homeowners of this beautifully designed and meticulously maintained ranch home in Easton. Situated on a scenic, wooded two-and-a-half acre lot, this property affords tranquil views of Peach Blossom Creek from its numerous large windows within its spacious open plan living space.

From the front door, you enter the home's formal living room on the right with its gorgeous honey-colored hardwood floors and large bay window which affords much natural light. Lovely built-ins are crafted at one end of the room which then flows into the sunny open plan dining room and kitchen.

The dining room is adorned with a lovely centrally-located brick fireplace with white wood mantle. Adjacent is a breakfast bar which flows into the home's gorgeous kitchen with maple cabinetry and all stainless-steel appliance. The back of the home that faces the creek flows from this generous space into an additional casual dining area and the home's comfy family room with its

many windows on the water, home entertainment center, and wet bar.

The new homeowners will enjoy the convenience of single story living with a main level master suite with two walls of windows on the water, separate seating area and a glamorous master bath with contemporary-style soaking sink, dual vanity with granite countertops and a large, glass panel walk-in shower with beautiful tile accents. Two additional generous bedrooms and an additional bath and a powder room are all located in this wing of the home. A sunny home office with built-ins is located off the family room.

The surrounding grounds are beautifully landscaped with many areas of paver patio, pretty walkways, plantings, and garden spaces. There's even a tree house for extended outdoor play.

"My clients fell in love with this lovely waterfront home and beautiful, serene yard immediately," said buyers'

Primary Structure Built: 1968
Sold For: \$850,000
Original List Price: \$905,000
Bedrooms: 3
Baths: 2 Full, 1 Half
Living Space: 2,159 Sq. Ft.
Lot Size: 2.63 acres

agent, Lona Sue Todd of Taylor Properties. "They plan to make many wonderful memories there for years to come."

A large, detached two-car garage is fully heated, insulated, and outfitted for auto/shop use with extended second floor storage space also located on the grounds, as are stairs which lead to the dock at water's edge.

Listing Agent: Judy Moore; Benson & Mangold Real Estate; m. 410-463-1730; o. 410-822-1415; jmoore@bensonandmangold.com; bensonandmangold.com

Buyer's Agent: Lona Sue Todd; Taylor Properties; m. 410-310-0222; o. 301-970-2447; lstodd11@outlook.com



Eastern Shore Real Estate *Specialist*

EXCEEDING EXPECTATIONS: Lona has lived on the beautiful Eastern Shore of Maryland her entire life. Her local knowledge and connections make her an expert in the area. Lona has a reputation for putting her client's needs first which she believes is at the heart of her success. Providing customer service with honesty and integrity is important to her. She also understands that buying and selling a home is more than just a transaction; it is a life changing experience.



Lona Sue Todd

LONA SUE TODD
410.310.0222

TAYLOR PROPERTIES
800.913.4326

lstodd11@outlook.com
www.realtorlona.com



Lona is a 3rd generation realtor in the family business with her father as the current broker since 1978.

NANCY HAMMOND EDITIONS



On The Watch, A Triptych by Nancy Hammond
Signed and Numbered Limited Edition Silkscreens, 23" x 35"

OPEN DAILY · 192 WEST STREET, ANNAPOLIS MD · 410-295-6612 · NANCYHAMMONDEDITIONS.COM

Idyllic Life-on-the-Shore Experience

By Lisa J. Gotto

This property combines everything one loves about great old bones and tons of charm and possibility. This scenic setting on Leeds Creek offers the home's new owners a pastoral retreat just a literal stone's throw away from the tranquil beauty of a still body of water.

Don't let the frontage of the home deceive you, this two-story colonial that dates back to 1889, has been expanded to fill a generous three acres and offer more than 4,000 square feet of living space.

"The buyers are enjoying the serene setting and ample room the house has to offer along with the quaint atmosphere of the community," says their agent Connie Loveless of Benson & Mangold Real Estate. "They are also captivated by the abundant amount of wildlife and waterfowl in the area."

Inside this lovely home, you'll find a massive open plan living area with a great room that features character-enhancing timber beamed ceilings, warm wood paneling, and a floor-to-ceiling-brick fireplace with a rustic wood mantle. This space has two sets of oversized sliders that lead into a tiled and heated four-season room with its own large sliders leading out the home's patio and inground pool and surrounding apron. This setting is made even more perfect with the immediate views of Leeds Creek and the charming Tunis Mill bridge, which leads one to the property.



Primary Structure Built: 1889
Sold For: \$912,500
Original List Price: \$969,000
Bedrooms: 4
Baths: 3
Living Space: 4,177 Sq. Ft.
Lot Size: 2.93 acres

The first floor offers the ultimate convenience of a bedroom, an elevator, a den with fireplace, and a full bath with soaking claw-foot tub. The second floor features a master suite with picturesque views, a dressing room and a private bath. Two more charming bedrooms with water views and a shared bath is located on this level.

Additional property highlights include a family/billiard room, a dedicated office, a detached two-car garage, storage shed, and pier access to Leeds Creek.



The kitchen is a masterpiece of scale, function, and style. Generous and dramatic, black custom wood cabinetry balanced with white countertops create a classic farmhouse look. Wood beams accent the room's vaulted ceiling and there's a separate eat-in area, as well as generous peninsula seating. High-end, integrated appliances with black finishes blend in and complement the country vibe. A full, formal dining room with honey-colored hardwood floors and a white brick fireplace is also available for special occasions and entertaining.

Located just minutes from St. Michaels in Talbot County, this property is all-at-once a step back in time and a home with a robust future.

Listing Agent: Barbara C. Watkins; Benson & Mangold Real Estate; 27999 Oxford Road, Oxford; m. 410-310-2021; o. 410-822-1415; easternshorehomes.com; barb.c.watkins@gmail.com

Buyer's Agent: Connie Loveless; Benson & Mangold Real Estate; 24 N. Washington Street, Easton; m. 410-829-0188; o. 410-770-9255; cloveland@bensonandmangold.com; connieloveland.com

Health & Beauty

70 ALL ABOUT AROMATHERAPY | 71 FITNESS TIPS

72 FRESH TAKE | 73 PROBIOTICS





HEALTH & BEAUTY HEALTH

All About Aromatherapy

By Dylan Roche

Think about some of your favorite smells. Maybe it's lavender. Or lemon. Or cinnamon. Whatever it is, it might be healthier for you than you think—because believe it or not, it's possible to smell your way to better health.

That's the idea behind aromatherapy. And with National Sense of Smell Day coming up—observed annually on the last Saturday in April, specifically on April 24th in 2021—it's worth remembering that smell is much more than just a pleasant sensation.

The National Association for Holistic Aromatherapy explains that aromatherapy has been around for millennia, going as far back as Ancient Egypt and Ancient Rome. In contemporary times, aromatherapy is moving from a fringe holistic practice into the mainstream and, although the research isn't conclusive, there is some science to support it. Johns Hopkins Medicine explains that when a person inhales, scent molecules go from the person's olfactory nerves, which control your sense of smell, to the brain, where they affect the amygdala, the gray matter inside your brain that controls your emotions.

In the case of aromatherapy, what the person smells are essential oils—fragrant plant extracts that are created by steaming or pressing certain plant parts like leaves or flowers. Common types of essential oils include those made from jasmine, cinnamon, lemongrass, oregano, chamomile, and bergamot.

By treating your amygdala to the scent molecules of these essential oils, you can alleviate certain mental health problems like anxiety, depression, and insomnia, as well as the physical symptoms of nausea, low appetite, and headaches.

So, how do you actually undergo aromatherapy? You have a few options:

JEWELRY: By wearing an aromatherapy necklace or bracelet, you can dab a small piece of absorbent material connected to the accessory that you lift to your nose and sniff throughout the day.



DIFFUSER: These small appliances sit right on your countertop or tabletop and release essential oil into the air via steam vapor throughout the day. Diffusers aren't ideal for households with more than one person, as everyone reacts to aromatherapy differently.



AROMA STICKS: These absorbent sticks can be soaked in a small amount of essential oil and then left out to scent the air.



BODY OIL: Mix a small amount of essential oil with a carrier oil or lotion to massage it onto the skin. You'll then be able to smell the scent on your hands, forearms, or neck throughout the day.



It's important to use discretion in how often you're doing aromatherapy—the Cleveland Clinic discourages using essential oils too much or else your body gets used to them and they lose their effectiveness. And while some people respond very well to aromatherapy, others do not. Older adults, for example, may not benefit as much as younger people because the sense of smell declines with age.

So go ahead—give your mood a boost and have a scent-sational National Sense of Smell Day on April 24.

Fitness Tips

EXERCISING ON YOUR PERIOD?

By Dylan Roche



There's a longstanding misconception out there that women shouldn't exercise while on their period—and that doing so could even make them more vulnerable to injuries. While it's certainly understandable that women may not be in the mood at times to exercise during menstruation, health experts agree there's no serious risk to engaging in physical activity, and the benefits of exercise can actually help offset some of the negative symptoms.

Here's what you should know:

WARNINGS ABOUT PERIOD-RELATED EXERCISE

INJURIES ARE UNSUBSTANTIATED. Over the past few decades, a handful of studies have looked at female athletes who have been injured during their premenstrual period or menstrual period, but there's not a conclusive connection, according to Harvard Medical School. In fact, plenty of

women have successfully competed (and won!) while menstruating. Fu Yuanhui, the Chinese swimmer who took home the bronze for the 100-meter backstroke at the 2016 Olympics, made headlines for openly discussing the fact that she raced while on her period.

EXERCISE CAN ACTUALLY MAKE YOUR PERIOD MORE BEARABLE. Most people know about the way exercise relieves stress and

makes your body release feel-good endorphins. Those same benefits apply even when a woman is going through PMS. Additionally, exercise improves circulation, which can reduce cramps, and raises energy levels, which can stave off headaches and fatigue.

A MENSTRUAL CUP WORKS BETTER THAN TAMPONS OR PADS.

Some women are worried about exercising on their period because of the physical discomfort they have with a pad or tampon. Pads can chafe, and certain moves—such as squats—might cause leakage with a tampon. Many female athletes find they're much more comfortable and reassured using a menstrual cup.

IT DOESN'T HAVE TO BE AN INTENSE WORKOUT.

Even if you don't have the energy or stamina to do your regular

workout on your period, a little bit of light activity can still deliver the benefits you're hoping for. Go for a walk, do some gentle yoga, or engage in some light calisthenics.

A missed period could be a sign of overtraining. While some women are taking rest days because of their period, there's also the opposite problem—some women are training themselves so hard that their period stops altogether. This state is called amenorrhea and it can happen when nutritional needs are not met to fuel the body during these intense training periods. To preserve energy, the body shuts down functions that aren't necessary for survival, including the reproductive system. However, overtraining might not be the only cause; if you notice your period is irregular or has stopped, consult your doctor.

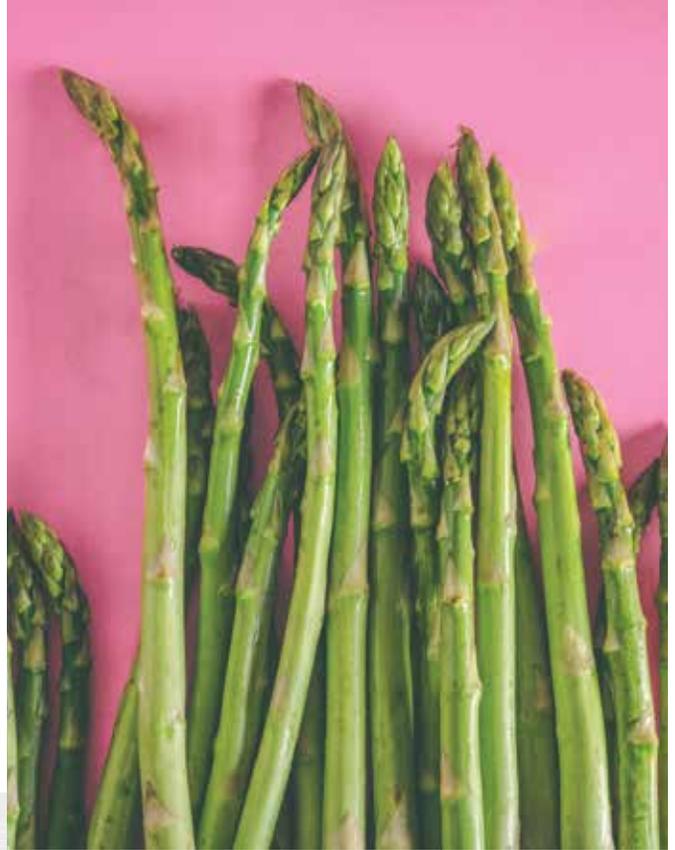
Fresh Take

ASPARAGUS

By Dylan Roche

Spring is a time of year when flowers are all in bloom—including asparagus.

That's right. This green vegetable is, botanically speaking, actually a flower. Those parts we prepare and eat are actually shoots, and if they were left to mature, the buds at the end of each spear would open up and sprout ferny leaves. It would look pretty (some people even use mature asparagus, which is known as "sparrow grass" in folk culture, as part of floral arrangements) but the asparagus would then take on an unpleasant woody taste.



Asparagus Casserole

INGREDIENTS:

- 1 1/2 pounds asparagus
- 3 cups sliced white mushrooms
- 2 cups cooked green peas
- 1 cup sundried tomatoes
- 1/4 cup crushed whole-grain crackers
- 1/4 cup parmesan
- 1/4 cup shredded swiss cheese
- 1/4 cup olive oil
- 1 teaspoon garlic
- 1 teaspoon dried thyme
- 2 teaspoons dried basil
- 1 teaspoon salt
- 1 teaspoon black pepper

DIRECTIONS:

Preheat the oven to 400 degrees Fahrenheit. In a small bowl, combine the olive oil, garlic, thyme, basil, salt, and pepper. Trim asparagus into six-inch pieces and line them along the bottom of a standard 12x8-inch casserole dish. Brush generously with oil, then add a layer of mushrooms, peas, and sundried tomatoes. Add another layer of asparagus and brush with oil. Alternate layers up to the top of the dish. In a separate small bowl, combine parmesan, shredded swiss cheese, and cracker crumbs. Sprinkle atop the layered vegetables. Cover with glass top or aluminum foil and bake for approximately 30 minutes. Remove the cover and continue baking for another 5-10 minutes. The top layer of the casserole should be golden brown and bubbly.

Harvested at just the right time, however, and prepared in just the right way, asparagus has a savory flavor reminiscent of a blend between broccoli and green beans. It's also in its peak season in April and May, making it an ideal addition to spring meals.

The Produce for a Better Health Foundation encourages people to look at the spear-like shape of asparagus and think of it as a weapon for fighting off carcinogens and free radicals—this is because asparagus is rich in antioxidants, particularly glutathi-

one, the same antioxidant found in abundance in kale and Brussels sprouts that the National Cancer Institute describes as a "potent cancer fighter." Asparagus is also one of the best sources of folic acid, also known as folate or Vitamin B9. This mighty B vitamin is necessary for the formation of red blood cells to carry oxygen all around the body. Folic acid is especially important for women who are pregnant or trying to get pregnant because a deficiency could result in major birth defects of the baby's brain (anencephaly) or

spine (spina bifida), according to the Centers for Disease Control and Prevention.

In addition to folate, other nutrients in asparagus include Vitamin A (good for healthy vision and immunity), Vitamin C (important for the formation of blood vessels, cartilage, and muscle), and Vitamin K (necessary for blood clotting and healing), all at about only four calories per spear.

On the subject of the way the body breaks down and uses asparagus, it's worth noting that some people will

notice their urine has a distinct odor after eating asparagus. According to Harvard Medical School, this happens because the human body sometimes forms sulfuric chemicals when it metabolizes acids in the asparagus. Don't notice the smell? Everyone metabolizes asparagus differently, and some people might not be affected.

When you're at the grocery store or farmers' market to pick up asparagus, seek out the stems that are a uniform green color from end to tip, avoiding any that look limp or wilted. After you get them home, dampen a towel and wrap it around the ends, then place the wrapped asparagus in a plastic bag to store in the fridge for up to four days, per the advice of the Produce for a Better Health Foundation.

The easiest way to prepare asparagus on warm spring days is to toss it with some olive oil and lemon juice, then place it on a hot grill to sizzle until it's tender. But if you're looking for some more creative ways to use this veggie, here are two recipes that are sure to impress.

Asparagus Gazpacho

INGREDIENTS:

1 pound asparagus, steamed
4 avocados, pitted and scooped from their skins
1 1/2 cup milk
2 tablespoons minced garlic
1 lemon, juiced
1 lime juiced
2 tablespoons olive oil
1/2 teaspoon cumin
1/2 teaspoon turmeric
1/4 teaspoon cayenne
1 teaspoon salt
1 teaspoon black pepper

DIRECTIONS:

Add all ingredients to a food processor or high-power blender and process until smooth. Transfer to a container and allow to chill completely before serving. Garnish with kale leaves if desired.



HEALTH & BEAUTY HEALTH

Probiotics:

MAGIC PILLS OR MARKETING PLOY?

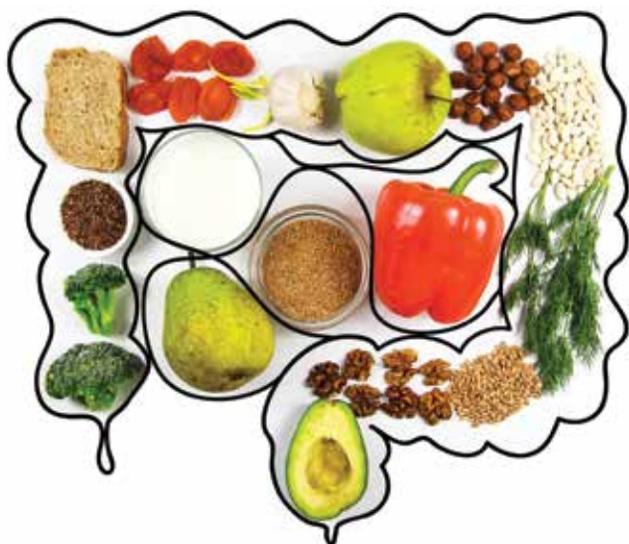
By Dylan Roche

Bacteria has such a bad reputation, but it's important to remember that it's not all harmful stuff. Some bacteria are actually good for you—specifically, the live, active microorganisms known as probiotics. You might have heard of them because they've been gaining popularity in health and wellness circles for more than a decade now.

Certain foods are hailed as being rich in probiotics, and there are supplements available on store shelves in pharmacies and health food stores. But is it worth all the hype? Well, yes and no.

Probiotics are healthy, but they might not be the cure-all that some consumers expect them to be. Furthermore, those consumers might not be getting quite the dose of probiotics they expect when they buy supplements right off the store shelf.





Back up, though. I'm supposed to be consuming bacteria?

That's right. Probiotics help feed the gastrointestinal microflora that naturally exists in your digestive tract—the microflora that helps your body break down food, offset bad bacteria, and support your immune system.

The problem is that sometimes the bacteria in your gut aren't quite present in the amount they should be. Maybe this is because your diet hasn't been great, or maybe it's because of a recent bout of illness. It could even be because you're on an antibiotic, which will result in good bacteria being killed off just as much as the bad bacteria.

By ingesting probiotics, you can help set the balance of bacteria in your guy right again. Research suggests—but hasn't proven conclusively—that this reset balance can prevent or treat digestive problems like diarrhea or irritable bowel syndrome, boost your immune system, offset inflammation, and alleviate your allergies.

You mentioned that these bacteria are sometimes found in food?

Specifically, fermented foods. When food is preserved via fermentation, bacteria convert the carbohydrates to alcohols and acids so that the food doesn't spoil. This fermentation process also gives foods a distinctive pungent taste. More importantly, it promotes the growth of good bacteria.

You're probably familiar with fermented foods like yogurt, sauerkraut, and pickles—these are all rich in good-for-you bacteria. Other less recognizable fermented foods include miso (a Japanese seasoning made from soybeans typically used in

soup), kimchee (a Korean dish made of fermented vegetables), kefir (a type of drinkable yogurt), and tempeh (a patty made of fermented soybeans that's popular in Indonesian culture).

Just as important as probiotics are those foods known as prebiotics—high-fiber foods that feed the microorganisms, thus contributing to the balance in your digestive tract. Prebiotic foods recommended by the Mayo Clinic are whole grains, bananas, and green vegetables.

But I can take a supplement?

In theory, supplements will have a higher concentration of probiotics than food will. But it's not necessarily a reliable source. Some strains of bacteria die out in heat, moisture, oxygen, and even bright light. Because of this, certain brands of supplements state on their label that they should be kept refrigerated. In general, check the storage instructions on any probiotics you're buying and pay close attention to the expiration date.

It's also good to remember that dietary supplements aren't tested and regulated the same way medicine is, and it's up to the manufacturers to make sure their products do what they say they will do. Even if your shelf-stable probiotic says it can be kept at room temperature, some of its bacteria may have already died out—which means you're not getting quite as many live, active microorganisms as you expect.

Anything else I should know?

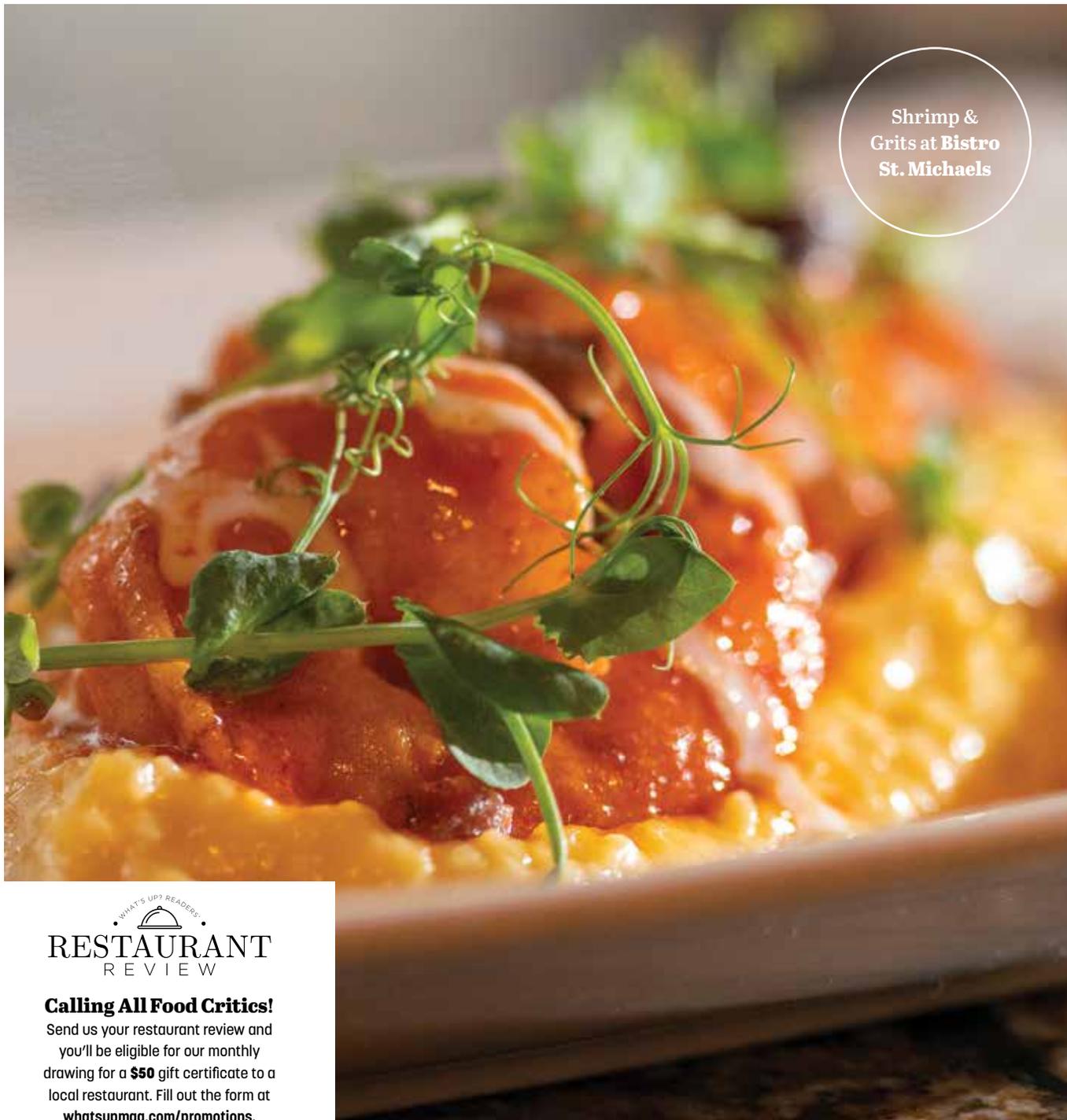
For the most part, probiotics are considered safe, but people with sensitive stomachs could potentially experience mild digestive side effects such as gas. People who are immunocompromised could suffer serious complications and infections. You also don't know how probiotics will interfere with other medicines you're taking, so always check with your doctor before you start taking them or any other kind of supplement.



Dining

76 GUIDE

Shrimp &
Grits at Bistro
St. Michaels



WHAT'S UP? READERS
RESTAURANT
REVIEW

Calling All Food Critics!

Send us your restaurant review and you'll be eligible for our monthly drawing for a **\$50** gift certificate to a local restaurant. Fill out the form at whatsupmag.com/promotions.

photography by Steve Buchanan

Dining Guide

Advertisers Listed in Red

Average entrée price
\$ 0-14 \$\$ \$15-30 \$\$\$ \$31 and over

☎ Reservations

Y Full bar

👨 Family Friendly

🌊 Water View

☀ Outdoor Seating

🎵 Live Music

🐕 Dog Friendly

👑 Best of 2020 Winner

Queen Anne's County

Adam's Taphouse and Grille

100 Abruzzi Drive, Chester; 410-643-5050; Adamsgillkentsland.com; Barbecue; lunch, dinner \$\$ ☎ Y 🍷

Annie's Paramount Steak & Seafood House

500 Kent Narrows Way N., Grasonville; 410-827-7103; Annies.biz; Steakhouse, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷 🌊

Barbecue Bueno

422 Pennsylvania Ave, Centreville, 443-262-8054, Food Truck, barbecue

Big Bats Café

216 Saint Claire Place, Stevensville; 410-604-1120; Bigbats.com; American, sports bar; lunch, dinner \$ Y 🍷 🎵

Bridges Restaurant

321 Wells Cove Road, Grasonville; 410-827-0282; Bridgesrestaurant.net; Seafood; lunch, dinner \$\$\$ ☎ Y 🍷 🌊 🎵

Café Sado

205 Tackle Circle, Chester; 410-604-1688; Cafesado.com; Thai, sushi; lunch, dinner \$\$ Y 🍷 🌊

Capriotti's

500 Abruzzi Drive, Chester; 410-643-9993; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

Carmine's New York Pizza

2126 DiDonato Drive, Chester; 410-604-2123; Carminesnypizzakitchen.net; Italian, pizza; lunch, dinner \$ 🍷

Doc's Riverside Grille

511 Chesterfield Avenue, Centreville; 410-758-1707; Docsriversidegrille.com; American; lunch, dinner \$ Y 🍷 🎵

El Jefe Mexican Kitchen & Tequila Bar

1235 Shopping Center Road, Stevensville; 410-604-1234; Eljefemexkitchen.com; Mexican; lunch, dinner \$-\$\$ Y 🍷

Fisherman's Inn & Crab Deck

3032 Kent Narrows Way S., Grasonville; 410-827-6666; Crabdeck.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 🎵

Frix's Fire Grill

1533 Postal Road, Chester; 410-604-2525; Frixsfiregrill.com; Brazilian/American, small plates, bar/lounge, lunch, dinner \$\$ ☎ Y 🍷

Harris Crab House

433 Kent Narrows Way N., Grasonville; 410-827-9500; Harris-crab-house.com; Seafood, crabs; lunch, dinner \$\$ ☎ Y 🍷 🌊 🎵

Hemingway's Restaurant

357 Pier One Road, Stevensville; 410-604-0999; Hemingwaysbay-bridge.com; Seafood; lunch, dinner \$\$\$ ☎ Y 🍷 🌊 🎵

Historic Kent Manor Inn

500 Kent Manor Drive, Stevensville; 410-643-5757; Kentmanor.com; Modern American; special occasion dining, Sunday brunch \$\$\$ ☎ Y

The Jetty Restaurant & Dock Bar

201 Wells Cove Road, Grasonville, 410-827-4959, Jettydockbar.com, American, seafood; lunch, dinner \$ Y 🍷 🌊 🎵 🐕

Kentmorr Restaurant

910 Kentmorr Road, Stevensville; 410-643-2263; Kentmorr.com; American, seafood; lunch, dinner \$\$ ☎ Y 🍷 🌊 🎵

Knoxie's Table

180 Pier 1 Rd, Stevensville; 443-249-5777; Baybeachclub.com; American; dinner, weekend brunch ☎ Y 🍷 🌊

Ledo Pizza

110 Kent Landing, Stevensville; 410-643-7979; Ledopizza.com; Pizza, pasta, sandwiches; lunch, dinner \$ 🍷

Love Point Deli

109 Main Street, Stevensville; 410-604-2447; Lovepointdeli.com; Deli; lunch, dinner \$ 🍷

The Narrows Restaurant

3023 Kent Narrows Way S., Grasonville; 410-827-8113; Thenarrowsrestaurant.com; American, seafood; lunch, dinner, Sunday brunch \$\$ ☎ Y 🍷 🌊 🎵

Oh My Chocolate

417 Thompson Creek; Road, Stevensville; 410-643-7111 ohmychocolate.com 🍷

O'Shucks Irish Pub

122 Commerce Street, Centreville; 410-758-3619; Oshucksirishpub.com; Irish, American; lunch, dinner \$ Y

Rams Head Shorehouse

800 Main Street, Stevensville; 410-643-2466; Ramsheadshorehouse.com; American, brewery; breakfast, lunch, dinner \$ Y 🍷 🌊 🎵

Red Eye's Dock Bar

428 Kent Narrows Way N., Grasonville; 410-827-3937; Redeyedockbar.com; American, seafood; lunch, dinner \$ Y 🍷 🌊 🎵

SandBar at Rolph's Wharf

1008 Rolph's Wharf Road, Chestertown; 410-778-6389; Seafood; lunch, dinner \$ Y 🍷 🌊 🎵

Talbot County

208 Talbot

208 N. Talbot Street, St. Michaels; 410-745-3838; 208talbot.com; Modern American; dinner \$\$ ☎ Y

SCOSSA RESTAURANT AND LOUNGE

"Top notch and nothing short of amazing. Can't wait to come back" –Sarah Day **WINNER**

Ava's Pizzeria & Wine Bar

409 S. Talbot Street, St. Michaels; 410-745-3081; Avaspizzeria.com; Italian, pizza; lunch, dinner \$\$ Y 🍷 🌊

Awful Arthur's Seafood Company

402 S. Talbot St., St. Michaels; 410-745-3474; Awfularthursusa.com; Fresh seafood, authentic oyster bar \$\$ Y ☎ 🍷 🌊 🎵

The BBQ Joint

216 East Dover Street, Ste. 201, Easton; 410-690-3641; Andrew-evansbbqjoint.com; Barbecue; lunch, dinner \$ Y 🍷 🌊 🎵

Banning's Tavern

42 E Dover Street, Easton; 410-822-1733; Banningstavern.com; American; lunch, dinner \$\$ ☎ Y

Bartlett Pear Inn

28 S. Harrison Street, Easton; 410-770-3300; Bartlettpearinn.com; Farm-to-table; dinner \$\$\$ ☎ Y

Bas Rouge

19 Federal Street, Easton; 410-822-1637; Basrougeeaston.com; European; lunch, dinner \$\$\$ ☎

Bistro St. Michaels

403 Talbot Street, St. Michaels; 410-745-9111; Bistrostmichaels.com; Euro-American; dinner, Weekend brunch \$\$ ☎ Y 🍷

Capriotti's

106 Marlboro Avenue, Easton; 410-770-4546; Capriottis.com; Sandwiches; lunch, dinner \$ 🍷

Capsize (Seasonal)

314 Tilghman Street, Oxford; 410-226-5900; Capsizeoxmd.com; American; lunch, dinner \$-\$\$\$ ☎ Y 🍷 🌊 🎵

Captain's Ketch

316 Glebe Road, Easton; 410-820-7177; Captainsketchseafood.com; Seafood; lunch, dinner

Carpenter Street Saloon

113 Talbot Street, St. Michaels; 410-745-5111; Carpenterstreetsaloon.com; American, seafood; breakfast, lunch, dinner \$\$ Y 🍷 🌊 🎵

Characters Bridge Restaurant

6136 Tilghman Island Road, Tilghman; 410-886-1060; Fresh seafood, casual atmosphere; Lunch, dinner; Charactersbridgerestaurant.com \$\$ Y 🍷 🌊 🎵

Chesapeake Landing

23713 St. Michaels Road, St. Michaels; 410-745-9600; ChesapeakeLandingrestaurant.com; Seafood; lunch, dinner \$\$ Y 🍷

The Coffee Trappe

4016 Main Street, Trappe; 410-476-6164; coffeetrappe.com; breakfast \$ 🍷 🌊 🎵

The Crab Claw Restaurant

304 Burns Street, St. Michaels; 410-745-2900; Thecrabclaw.com; Seafood; lunch, dinner \$\$ Y 🍷 🌊 🎵

Crepes By The Bay

413 S. Talbot St., St. Michaels; 410-745-8429; Breakfast, lunch Y 🍷 🌊 🎵

Doc's Downtown Grille
14 N Washington St.,
Easton; 410-822-7700;
Docsdowntowngrille.
com; American, seafood;
lunch, dinner \$\$ 🍴

Doc's Sunset Grille
104 W Pier St., Ox-
ford; 410-226-5550;
Docssunsetgrille.com;
American; lunch, din-
ner \$ 🍴 🌿 *

Eat Sprout
335 N Aurora Street,
Easton; 443-223-
0642; Eatsprout.com;
Organic, ready-to-eat;
breakfast, lunch, dinner
\$ 🍴 🌿

El Dorado Bar & Grill
201-C Marlboro Ave-
nue, Easton; 410-820-
4002; Mexican; lunch,
dinner \$\$ 🍴 🌿

**Foxy's Harbor Grille
(Seasonal)**
125 Mulberry St., St.
Michaels; 410-745-
4340; Foxysharbor-
grille.com; Seafood,
American; lunch,
dinner \$ 🌿 🍴 * 🎸

The Galley St. Michaels
305 S. Talbot Street,
St. Michaels; 410-
200-8572; Thegalley-
saintmichaels.com;
Breakfast, lunch \$ 🌿
🍴 *

Gina's Cafe
601 S Talbot Street, St.
Michaels; 410-745-
6400; Facebook.com/
ginascafestmikes;
Southwestern, Vegetar-
ian; lunch, dinner \$\$

Gluten Free Bakery Girl
116 N Talbot St; St
Michaels; 410-693-1153
\$ 🍴

Gourmet by the Bay
415 S. Talbot Street, St.
Michaels; 410-745-
6260; gourmetbythe-
bay.net 🍴

**Harrison's Harbour
Lights**
101 N. Harbor Road, St.
Michaels; 410-745-
9001; Harbourinn.com;
American, seafood;
lunch, dinner \$\$ 🍴 🌿
🍴 🌿 *

Hill's Cafe and Juice Bar
30 East Dover Street,
Easton; 410-822-9751;
Hillscafeandjuice.com;
American, milkshakes,
sandwiches; breakfast,
lunch \$ 🍴

Hong Kong Kitchens
210 Marlboro Avenue,
Easton; 410-822-7688;
Hongkongkitchen-
seaston.com; Chinese;
lunch, dinner \$

Hot off The Coals BBQ
8356 Ocean Gateway,
Easton; 410-820-8500;
Hotoffthecoals.com;
Barbecue; lunch, dinner
\$ 🍴 *

**Hunters' Tavern at
the Tidewater Inn**
101 E. Dover Street,
Easton; 410-822-4034;
Tidewaterinn.com;
American; breakfast,
lunch, dinner, Sunday
brunch \$\$ 🌿 🍴 *

In Japan
101 Marlboro Avenue,
Easton; 410-443-0681;
Injapansushi.com;
Japanese, sushi; lunch,
dinner \$\$ 🍴 🌿 🍴 🍴

Krave Courtyard
12 W. Dover St.,
Easton; 410-980-5588;
American; lunch \$ *

**Latitude 38 Bistro &
Spirits**
26342 Oxford Road,
Oxford; 410-226-5303;
Latitude38.biz; Amer-
ican, seafood; lunch,
dinner, Sunday brunch
\$\$ 🍴 🌿 🍴

Ledo Pizza
108 Marlboro Avenue,
Easton; 410-819-3000;
Ledopizza.com; Pizza,
pasta, sandwiches;
lunch, dinner \$ 🍴 🍴

**Limoncello Italian
Restaurant**
200 S. Talbot St., St.
Michaels; 410-745-3111;
Limoncellostmichaels.
com; Italian; lunch,
dinner \$\$ 🌿 🍴

WHAT'S UP? READERS'

**RESTAURANT
REVIEW**

Visit whatsupmag.com/promotions
or fill out the form below:

Have you dined at a delicious new spot or want to rave about your favor-
ite restaurant? We want you for your restaurant review! Winners will win
a \$50 gift certificate to a local eatery. Plus, the winner's review will be
printed in a future Readers' Restaurant Guide in What's Up? Magazine.

Restaurant Name _____

Restaurant Location _____

Your Review _____

Name _____

Phone _____

Email _____

Address _____

City _____

Zip _____

Would you like to sign up for our daily eNewsletters?

_____ Yes please! _____ No thanks

**EAT
REVIEW
WIN**


Mail this form to:
201 Defense Hwy.,
Ste. 203, Annapolis,
MD 21401

HARRIS CRAB HOUSE AND SEAFOOD RESTAURANT
**"Great food, Great prices, and Great
 combo options" –Max Stiller**

Lowes Wharf
 21651 Lowes Wharf
 Road, Sherwoo; 410-
 745-6684; Loweswharf.
 com; American; lunch,
 dinner \$ 🍷 🍴 🍷 🍷 🍷

**Lyon Distilling
 Company**
 605 S. Talbot Street,
 #6, St. Michaels; 443-
 333-9181; lyondistill-
 ing.com 🍷

Marker Five
 6178 Tilghman Island
 Road, Tilghman; 410-
 886-1122; Markerfive.
 com; Local seafood,
 lunch, dinner Thurs-
 day-Sunday \$\$ 🍷 🍴 🍷 🍷 🍷

**Momma Maria's
 Mediterranean Bistro**
 4021 Main Street,
 Trappe; 410-476-6266;
 mommariasbistro.
 com; Mediterranean;
 dinner \$\$ 🍷 🍴 🍷 🍷 🍷

Old Brick Café
 401 S. Talbot St., St.
 Michaels; 410-745-
 3323; Breakfast

Osteria Alfredo
 210 Marlboro Avenue,
 Easton; 410-822-9088;
 osteriaalfredo.com;
 Italian; lunch, dinner
 \$\$ 🍷 🍴

**Out of the Fire Café
 & Wine Bar**
 22 Goldsborough
 Street, Easton; 410-
 770-4777; Outoffirefire.
 com; Mediterranean,
 seafood; lunch, dinner
 \$\$ 🍷 🍴

Piazza Italian Market
 218 N. Washington
 Street, Easton; 410-
 820-8281; Piazzaital-
 ianmarket.com; Italian;
 lunch, takeout \$ 🍷 🍴 *

Plaza Jalisco
 7813 Ocean Gateway,
 Easton; 410-770-8550;
 Plazajaliscoeaston.com;
 Mexican; lunch, dinner
 \$ 🍷

Pope's Tavern
 504 S. Morris St.,
 Oxford; 410-226-5220;
 Oxfordinn.net; Euro-
 pean bistro; dinner \$\$
 🍷 🍴 🍷

**Portofino Ristorante
 Italiano**
 4 W. Dover Street,
 Easton; 410-770-9200;
 Portofinoeaston.com;
 Italian; dinner \$\$ 🍷 🍴

**Purser's Pub at Inn at
 Perry Cabin**
 308 Watkins Lane,
 St Michaels 443-258-
 2228 innatperrycabin.
 com; American food,
 small plates, lunch and
 dinner 🍷

Robert Morris Inn
 314 North Morris
 Street, Oxford; 410-
 226-5111; Robertmor-
 risinn.com; Modern
 American; breakfast,
 lunch, dinner, Sunday
 brunch \$\$ 🍷 🍴 *

Sakura Sushi Restaurant
 8475 Ocean Gateway,
 Easton; 410-690-4770;
 Japanese, Sushi; lunch,
 dinner \$-\$\$

**Sam's Pizza & Restau-
 rant**
 1110 S. Talbot Street,
 St. Michaels; 410-745-
 5955; Samspizzastmi-
 chaels.com; Italian,
 American, Greek
 cusine; lunch, dinner \$
 🍷 🍴 🍷

**Scossa Restaurant
 & Lounge**
 8 N. Washington Street,
 Easton; 410-822-2202;
 Scossarestaurant.com;
 Northern Italian; lunch,
 dinner, Sunday brunch
 \$\$ 🍷 🍴 🍷

**Snifters Crafts Beer and
 Wine Bistro**
 219 Marlboro Avenue,
 Easton; 410-820-4700;
 sniftersbistro.com 🍷

**Stars at Inn at Perry
 Cabin**
 308 Watkins Lane, St.
 Michaels; 443-258-
 2228; innatperrycabin.
 com; Seafood; break-
 fast, lunch, dinner \$\$\$
 🍷 🍴 * 🍷 🍷 🍷

**St. Michaels Crab
 & Steakhouse**
 305 Mulberry Street,
 St. Michaels; 410-745-
 3737; Stmichaelscrab-
 house.com; American,
 seafood; lunch, dinner
 \$\$ 🍷 🍴 🍷 🍷 *

**Sugar Buns Airport
 Café & Bakery**
 29137 Newnam Road,
 Easton; 410-820-4220;
 Sugarbuns.com; Baked
 goods, desserts, light
 fare; breakfast, lunch
 \$ 🍷

Sunflowers & Greens
 11 Federal Street,
 Easton; 410-822-7972;
 Sunflowersandgreens.
 com; Salads; lunch \$

T at the General Store
 25942 Royal Oak Road,
 Easton; 410-745-8402;
 Tatthegeneralstore.
 com; Dinner, Weekend
 brunch \$\$ 🍷 🍴

**Theo's Steaks, Sides &
 Spirits**
 409 S. Talbot Street, St.
 Michaels; 410-745-
 2106; Theosteakhouse.
 com; Steakhouse;
 dinner \$\$\$ 🍷 🍴 🍷

Two if by Sea
 5776 Tilghman Island
 Road, Tilghman; 410-
 886-2447; Twoifby-
 searestaurant.com;
 American; breakfast,
 lunch, Sunday brunch
 \$ 🍷 🍴 🍷

U Sushi
 108 Marlboro Avenue,
 Easton; 410-763-8868;
 Usushimd.com; Japa-
 nese; lunch, dinner \$\$

**Washington Street Pub
 & Oyster Bar**
 20 N. Washington
 Street, Easton; 410-
 822-1112; Washingto-
 nstreetpub.com; Amer-
 ican; lunch, dinner \$\$
 🍷 🍴 🍷 🍷

Kent County

**98 Cannon Riverfront
 Grille**
 98 Cannon Street,
 Chestertown; 443-282-
 0055; 98cannon.com,
 Seafood; lunch and
 dinner \$\$, 🍷 🍴 🍷 *
 🍷 🍷,

Barbara's On The Bay
 12 Ericson Avenue, Bet-
 tertown; 410-348-3079;
 Barbarasonthebay.
 com; American; lunch,
 dinner \$\$ 🍷 🍴 🍷 * 🍷

Bayside Foods
 21309 Rock Hall
 Avenue, Rock Hall;
 410-639-2552 🍷

Bay Wolf Restaurant
 21270 Rock Hall Ave,
 Rock Hall; 410-639-
 2000; Baywolfresta-
 urant.com; Austrian &
 Eastern Shore Cuisine;
 lunch, dinner \$ 🍷

**Beverly's Family
 Restaurant**
 11 Washington Ave,
 Chestertown; 410-778-
 1995; American; break-
 fast, lunch, coffee 🍷

Café Sado
 870 High Street, Ches-
 tertown; 410-778-6688;
 Cafesado.com; Sushi
 and Thai \$\$ 🍷

**Casa Carmen Wine
 House**
 312 Cannon Street,
 Chestertown; 443-203-
 8023; casacarmen-
 wines.com 🍷

China House
 711 Washington Ave,
 Chestertown; 410-778-
 3939; Chinese; lunch,
 dinner \$ 🍷

**Ellen's Coffee Shop &
 Family Restaurant**
 205 Spring Ave, Ches-
 tertown; 410-810-1992;
 American; breakfast,
 lunch, dinner, coffee
 \$\$ 🍷

**Evergrain Bread Com-
 pany**
 201-203 High Street,
 Chestertown; 410-
 778-3333; Evergrain-
 breadco.com; Bakery;
 breakfast, lunch \$ 🍷

Figg's Ordinary
 207 S. Cross Street
 #102, Chestertown;
 443-282-0061; Figg-
 sordinary.com; Café
 and Bakery; Breakfast,
 Lunch, Gluten and
 refined sugar free \$ *

Harbor House (Seasonal)
 23141 Buck Neck Road,
 Chestertown; 410-778-
 0669; Harborhouse-
 atwortoncreekmarina.
 com; Seafood, American;
 dinner, Saturday and
 Sunday lunch \$\$ 🍷 🍴 🍷

Harbor Shack
 20895 Bayside Ave,
 Rock Hall; 410-639-
 9996; Harborshack.
 net; American, seafood;
 lunch, dinner \$-\$\$ 🍷
 🍷 * 🍷

Java Rock
 21309 Sharp St., Rock
 Hall; 410-639-9909;
 Javarockcoffeehouse.
 com; Gourmet coffee,
 light fare; breakfast,
 lunch \$ 🍷 *

**The Kitchen at the
 Imperial**
 208 High Street Ches-
 tertown, MD. 21630;
 410-778-5000; Impe-
 rialchestertown.com;
 Small Plates Tavern &
 Casual Fine Dinning
 Restaurant, Sunday
 Brunch \$\$ 🍷 🍴 🍷

Luisa's Cucina Italiana
 849 Washington Ave,
 Chestertown; 410-778-
 5360; Luisarestaurant.
 com; Italian; lunch,
 dinner \$-\$\$ 🍷 🍴

STAY UPDATED
SUBSCRIBE
TODAY

VISIT
WHATSUPMAG.COM/SUBSCRIBE

WHEELHOUSE

"Plenty of great options for brunch, lunch or dinner" –Andy Sherman

Marzella's By The Bay
3 Howell Point Road, Betterton; 410-348-5555; Italian, American; lunch, dinner \$ 🍴 📞

Osprey Point
20786 Rock Hall Avenue, Rock Hall; 410-639-2194; Osprey-point.com; American, Seafood; dinner, \$\$\$ 🍴 📞 🌿 🌊

Pasta Plus
21356 Rock Hall Ave, Rock Hall; 410-639-7916; Rockhallpasta-plus.com; American, Italian; breakfast, lunch, dinner \$ 🍴

Procolino Pizza
711 Washington Ave, Chestertown; 410-778-5900; Italian; lunch, dinner \$-\$\$

The Retriever Bar & The Decoy Bottle Shop
337 1/2 High Street, #339, Chestertown 🍷

Two Tree Restaurant
401 Cypress Street, Millington; 410-928-5887; Twotreerestaurant.com; Farm-to-table; lunch, dinner \$\$ 🍴 🌿

Uncle Charlie's Bistro
834B High Street, Chestertown; 410-778-3663; Unclecharlies-bistro.com; Modern American; lunch, dinner, Sunday brunch \$\$ 🌿 🍴

Waterman's Crab House
21055 Sharp Street, Rock Hall; 410-639-2261; Watermanscrab-house.com; Seafood; lunch, dinner \$\$ 🍴 🌿 🌊 🌿 🌊

Wheelhouse Restaurant
20658 Wilkens Ave., Rock Hall; 410-639-4235; American; lunch, dinner \$\$ 🌿 🌊 🍷

Dorchester County

Bay County Bakery and Café

2951 Ocean Gateway, Cambridge; 410-228-9111; Baycountybakery.com; Sandwiches, pastries; breakfast, lunch \$ 🍷

Bistro Poplar

535 Poplar Street, Cambridge; 410-228-4884; Bistropoplar.com; French; dinner \$\$\$ 🍴 🌿 🍷

Black Water Bakery and Coffee House

429 Race Street, Cambridge; 443-225-5948; Black-water-bakery.com; Artisan breads, soups, sandwiches, desserts \$

Blue Point Provision

100 Heron Boulevard, Cambridge; 410-901-6410; Chesapeakebay.hyatt.com; Seafood; dinner \$\$ 🍴 🌿 🌊

Blue Ruin

400 Race Street, Cambridge; 410-995-7559; blueruinbar.com 🍷

Bombay Tadka

1721 Race Street, Cambridge; 443-515-0853; Bombaytadkamd.com; Indian; lunch, dinner \$\$ 🍷

Jimmie & Sook's Raw Bar & Grill

527 Poplar Street, Cambridge; 410-228-0008; Jimmieandsooks.com; Seafood; lunch, dinner \$ 🌿 🍴 🌊 🌿

Kay's at the Airport

6263 Bucktown Road, Cambridge; 410-901-8844; American; breakfast, lunch, dinner \$\$ 🍴

Lil' Bitta Bull BBQ

1504 Glasgow Street, Cambridge; 443-205-2219 🍷

Ocean Odyssey

316 Sunburst Highway (Rt. 50), Cambridge; 410-228-8633; toddseafood.com; Seafood; lunch, dinner \$\$, 🍴 🍷 *

RAR Brewing

504 Poplar Steet, Cambridge; 443-225-5664; Rarbrewing.com; American; lunch, dinner \$ 🌿 🍷

Snapper's Waterfront Café

112 Commerce Street, Cambridge; 410-228-0112; Snapperswaterfrontcafe.com; American, seafood; lunch, dinner, Sunday breakfast \$ 🌿 🌊 🌿 🌊

Suicide Bridge Restaurant

6304 Suicide Bridge Road, Hurlock; 410-943-4689; Suicide-bridge-restaurant.com \$\$ 🌿 🍴 🌊

ThaiTalian Infusion Cuisine

300B Washington Street, Cambridge; 443-225-6615; thaitalianinfusioncuisine.com 🍷

Caroline County

Harry's on the Green

4 South First Street, Denton; 410-479-1919; Harrysonthegreen.com; American, seafood; lunch, dinner \$\$ 🍴 🌿 *

Market Street Public House

200 Market Street, Denton; 410-479-4720; Marketstreet.pub Irish, American; lunch, dinner \$ 🌿 🌊

Shop Local. Buy Local.

RESERVE YOUR SPACE TODAY
Contact Ashley Lyons at 410-266-6287 x1115
or alyons@whatsupmag.com

Range & Reef
A unique al fresco live-fire grilling experience by Chef Holderbaum.

Annapolis Best of Annapolis 2020

Providing live-fire grilling and specialty cooking services year round
(240) 476-7291
www.rangeandreef.com



Where's Wilma?

FIND WILMA AND WIN!

Our faithful, flying mascot Wilma is springing into action this... Spring. She's soaring the skies, zipping to and from her favorite hangouts, from local restaurant to shops, and all service providers in between. Where will she land next?

Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to this month's winner: Carol Pollio of St. Michaels, who won a \$50 gift certificate to a local restaurant.

Mail entries to: Where's Wilma? Eastern Shore, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions



Please Print Legibly

I FOUND WILMA ON PG. _____ Advertiser _____
 _____ Advertiser _____
 _____ Advertiser _____

Name _____

Phone _____

Address _____

E-mail address _____

What is your age bracket? (Circle one) <25 25-34 35-44 45-54 55+

Would you like to sign up for our weekly eNewsletters, which brings you each weekend's best events and dining deals, as well as online-exclusive articles! Yes, please! _____ No, thanks _____

Entries must be received by April 30, 2021. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Eastern Shore.

Academy Arts Museum of Easton.....	23
Accurate Asphalt LLC.....	48
All Star Pain Management and Regenerative Medicine.....	19
Annapolis Auto.....	17, 20
Brad Kappel - TTR Sotheby's Annapolis.....	5
Chesapeake Bay Beach Club.....	7
Chesapeake Medical Imaging.....	26
Compass Regional Hospice and The Hope & Healing Center.....	30
Dee Dee McCracken - Coldwell Banker.....	50, 51
Djawan Center for Implant and Restorative Dentistry.....	1
Dwelling and Design.....	48
Easton Dermatology Associates LLC.....	29
First Maryland Disability Trust.....	23
For All Seasons Inc.....	29
Gary Smith Builders.....	57
Higgins & Spencer Inc.....	53
Homestead Gardens.....	57
Jason's Computer Services.....	17
Kent Island Pediatric Dentistry.....	16
Lauren Hurlbrink Interiors.....	53
Londonderry On The Tred Avon.....	31
Lundberg Builders / 314 Design Studio.....	BC
McKee Builders.....	20
MDSW McAllister DeTar Showalter and Walker LLC.....	32, 33
Michael Rutledge.....	10, 11
Midshore Veterinary Service.....	31
Nancy Hammond Editions.....	67
ODonnell Vein and Laser.....	IFC, 30
Oxford Community Center Inc.....	19
Plastic Surgery Specialists.....	3
Range & Reef.....	79
RLC Lawyers and Consultants LLC.....	4
Talbot Hospice.....	21, 24, 45
Talisman Therapeutic Riding.....	63
Taylor Properties - Lona Sue Todd.....	67
Teknika Kitchens and Baths.....	58
Tidewater Inn.....	15
Tidewater Physical Therapy.....	31
Trey Rider TTR Sotheby's International Realty.....	54
Trippe Gallery.....	58
Troika Gallery.....	23
TTR Sotheby's International Realty.....	12
University of Maryland Shore Regional Health.....	IBC
Visit Annapolis.....	2
Warrens Wood Works.....	16

CELEBRATING

100+
YEARS
of Caring

Where the health of the
Eastern Shore comes first

At **UM Shore Regional Health**, we've been providing quality health care to our community for more than a century. The health care you need is right here, close to home.

Our network of physicians and other providers work side by side with University of Maryland specialists to bring you the highest level of care and expertise. You don't have to travel far for advanced care with a personal touch.

**Be a part
of something
greater**

To find a physician or service close to home, visit umshoreregional.org



UNIVERSITY *of* MARYLAND
SHORE REGIONAL HEALTH

CAROLINE | DORCHESTER | KENT | QUEEN ANNE'S | TALBOT

Refresh & REMODEL



314 Design Studio
KITCHEN AND BATH SPECIALISTS

314 MAIN STREET | STEVENSVILLE | 410.643.4040 | 314DESIGNSTUDIO.COM

