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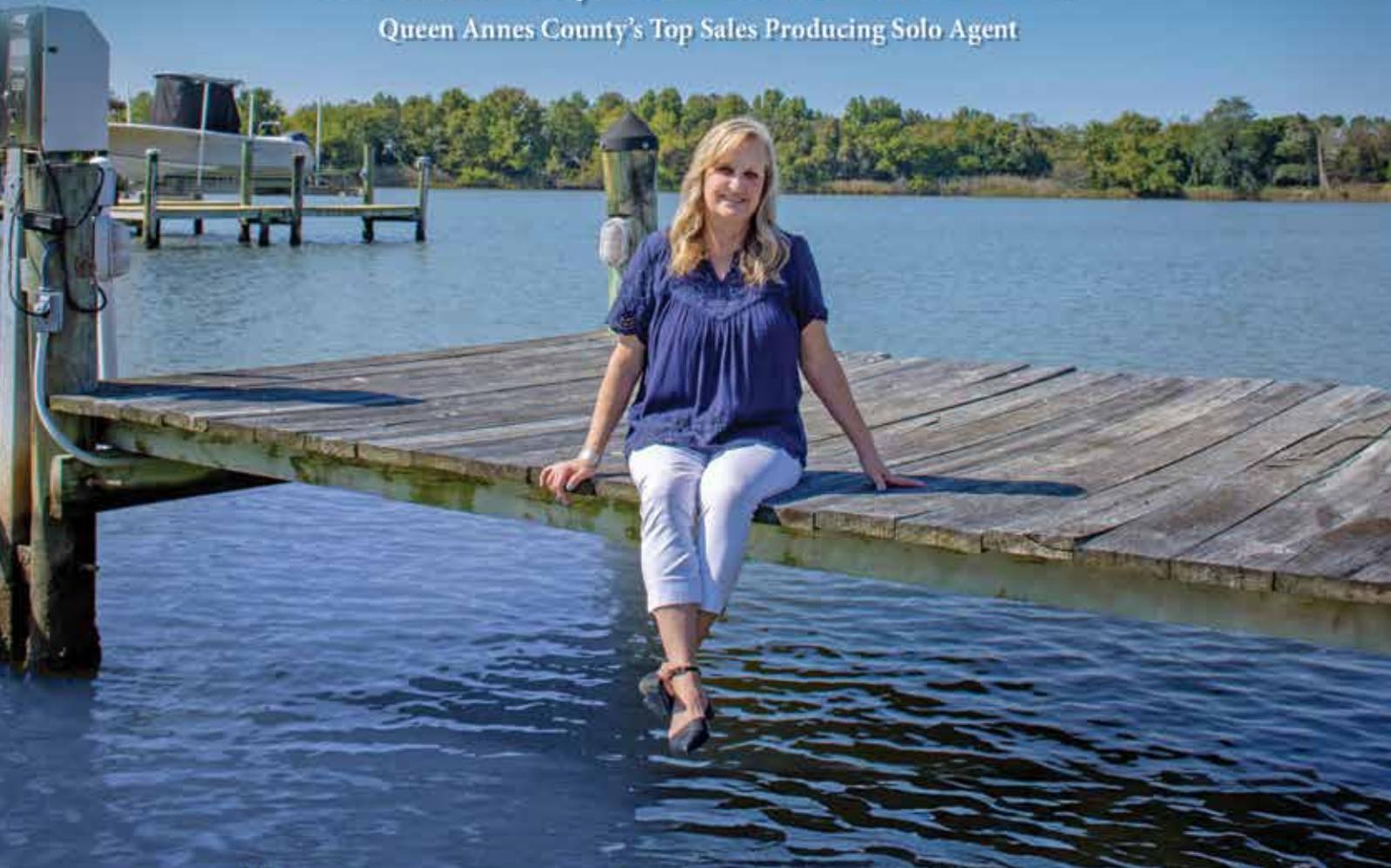
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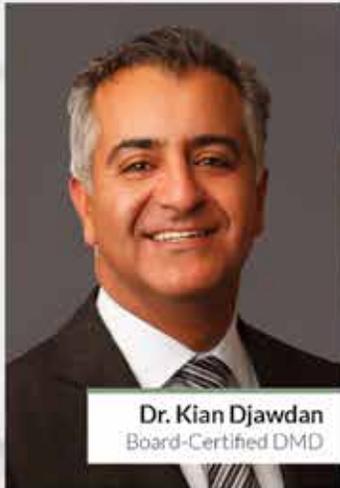
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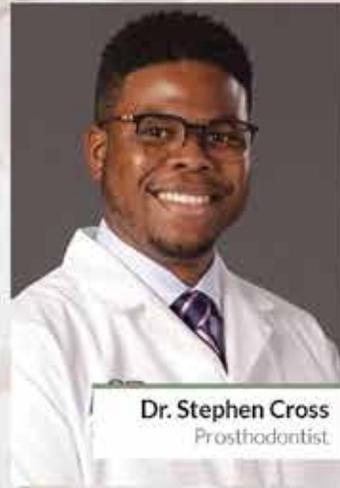
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106 Blenny Ln | Chester | Annie Eaton

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- Updated, 2 full baths & 2 half baths
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SOLD

323 Gibbs Rd | Grasonville | Lisa Barton

- Charming Cul de sac home
- Conveniently located
- 3 Bedrooms & 2 full baths
- Nearly new luxury vinyl flooring
- New kitchen counters
- Inviting outdoor deck space



SOLD

11 A Mariners Way #2 | Stevensville | DeeDee McCracken

- Waterviews & boat slip
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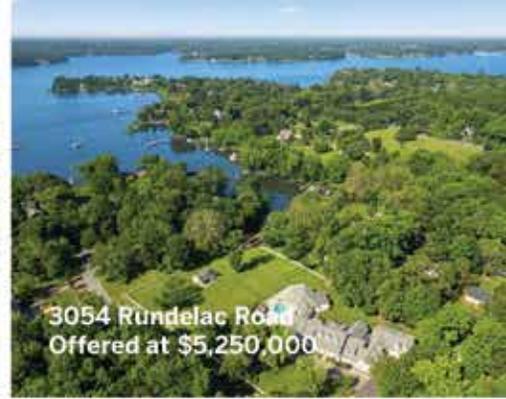
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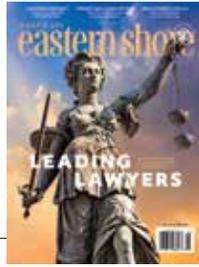
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Contents



MAY 2024

◀ **On the Cover:** Lady Justice weighs the arguments and evidence of each judicial case. Design by August Schwartz
Contact *What's Up? Eastern Shore* online at whatsupmag.com. ♻️ Please recycle this magazine.

Features

23 Leading Lawyers 2024–2025 reveals 45 exceptional lawyers that have received recognition from their peers, across 29 practice specialties in *What's Up? Media's* biennial survey

38 Government Built showcases Maryland's Department of Legislative Services' newly constructed offices, enabling its bi-partisan work to run smoother than ever before BY LISA HILLMAN

44 Toasts of the Town is our spring/summer/fall list of must-attend philanthropic events raising funds and awareness for many charities COMPILED BY MEGAN KOTELCHUCK



55 Rising Tide Lifts All Boats highlights the many programs and ways that local yacht clubs give back to the community BY GARY JOBSON

60 Coast to Coast is the next piece in our *Maryland's Historic & Iconic Roads Article Series*, following U.S. Route 50 from Ocean City, Maryland, to Sacramento, California BY ELLEN MOYER

Home & Garden

66 Starting with Value...And a Home Pre-Primed for Renovation is our featured home of the month—a challenging project and architectural achievement overlooking Duvall Creek BY LISA J. GOTTO

72 Interior: Pretty Performers highlights fresh fabrics that extend indoor living to the outdoors BY LISA J. GOTTO

74 Easily Sold in Southwind steps inside a charming Chester residence that recently sold for asking price BY LISA J. GOTTO

76 A Touch of Williamsburg on the Wye showcases a Cape Cod classic that's tucked in the woods near a private cove BY LISA J. GOTTO

Health & Beauty

BY DYLAN ROCHE

80 Electronic Muscle Stimulators

81 Look Away from This Cosmetic Trend

82 Don't Invite the Grossness

84 Narcissistic Personality Disorder

86 PFAS Information



Food & Dining

88 Cooked to Perfection discusses how Ava's Pizzeria & Wine Bar has sustained success with owner Chris Agharabi BY TOM WORG0

90 Savor the Chesapeake spotlights restaurant news and culinary trends from the Chesapeake Bay region BY MEGAN KOTELCHUCK

92 Readers' Dining Guide features local restaurant listings for your consideration

WHAT'S UP?
eastern shore

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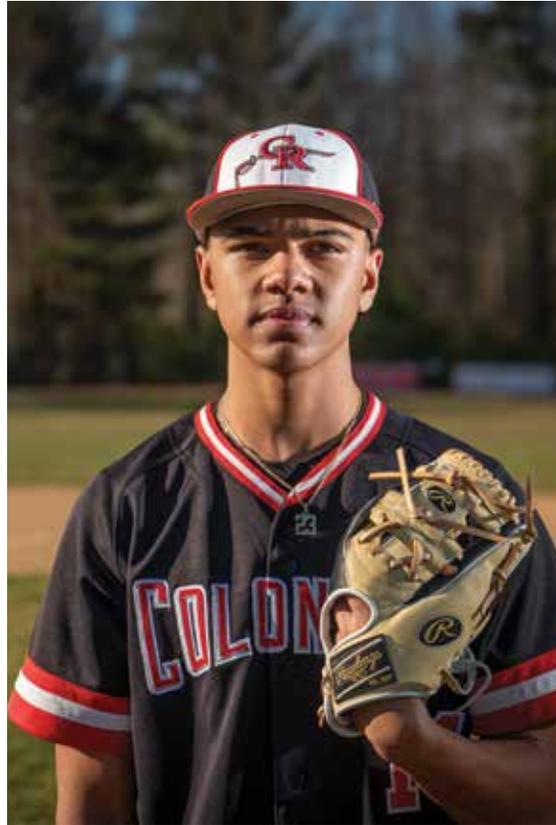
COMING UP IN JUNE 2024

Best of Eastern Shore Winners!, Summer Day Trip Adventures, Railroad History, Navy Baseball Heroes

In Every Issue

10 From the Editor shares James' thoughts on this month's issue

12 Out on the Towne highlights special celebrations and activities to enjoy this month BY MEGAN KOTELCHUCK ▼



16 Towne Spotlight features local business and community news

◀ **20 Towne Athlete** profiles Jordan Regulski of Col. Richardson High School BY TOM WORG0

96 Where's Wilma? Find the *What's Up? Media* mascot and win

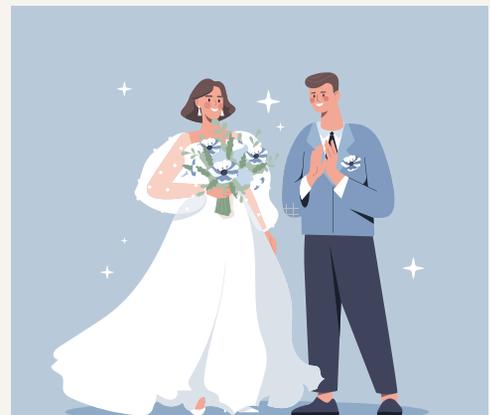


e-contents

WHAT'S UP? MEDIA'S 2024

EXCELLENCE IN NURSING

The Excellence in Nursing Campaign starts this month! A peer-survey project that celebrates exemplary nurses practicing in the Greater Chesapeake Bay Region. We are calling for licensed nurses and medical professionals to nominate your fellow nurses in several fields of practice. The results will be tabulated, vetted, and become Excellence in Nursing 2024. Voting will close at the end of June (6/30). Those earning Excellence in Nursing honors will be notified in early fall and the results will be published in the November issues of *What's Up? Annapolis*, *What's Up? Eastern Shore*, and *What's Up? Central Maryland*, in addition to the online platform and social media channels of What's Up? Media. Visit whatsupmag.com/2024nurses to nominate a nurse.



Planning your big day and looking for vendors? Visit our wedding vendor guide at whatsupmag.com/weddings/wedding-vendors





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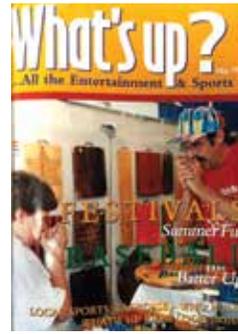
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During these 27 years, it's been *you* that motivated us to continue producing this magazine. From the stories and featured content to the many businesses and readers that support us, each magazine is testimony of the diversity, exciting culture, and community spirit within our hometowns and the state of Maryland.

In this issue, we celebrate a few things to this end. For starters, philanthropy. We've compiled the season's "greatest hits" of nonprofit events worth putting on your calendar, including posh galas, casual beach parties, golf tourneys, 5Ks, and other fantastic fundraisers—all for great causes. In another feature piece, "Rising Tide Lifts All Boats," writer/renowned sailor Gary Jobson discusses the very-involved community and charity programs of local yacht clubs.

We're also excited for a number of local businesses celebrating milestone anniversaries this year (see Towne Spotlight). Meanwhile, festival season begins with some real whoppers this month (see Out on the Towne). The arrival of the Blue Angels over the middle Bay on May 21st and 22nd will herald the summer season! And, for nearly two decades, we've honored the very best lawyers in the region with the biennial "Leading Lawyers" peer-review survey and results—this year's class is one of the most thoroughly vetted and distinguished in recent memory.

If you thumbed through that first issue of *What's Up?* in 1997 you'd likely be happy to see that this May's version hasn't veered from our company's mission to create a fun, informative lifestyle magazine for the community that's both homegrown and locally owned.

Thank you for 27 fantastic years of support and encouragement!

James Houck,
Editorial Director

If you could open a time capsule from, say, May of 1997, what would it contain? Maybe a movie ticket from the opening weekend of *Austin Powers: International Man of Mystery* (released May 2nd, 1997). A Palm Pilot device (remember those?!) Can of *Surge* energy soda (meh).

A mix CD with cuts released in '97 might include: the "Macarena," "Barbie Girl" by Aqua (remember that earworm?), "MMMBop" by Hanson (another one!), a couple tracks from Spice Girls, "Un-Break My Heart" by Bowie, Maryland's own Toni Braxton, and maybe "High" by Annapolis' Jimmie's Chicken Shack.

Perhaps the very first issue of *What's Up?* (May 1997) also would be in this time capsule—offering a snapshot of "All the entertainment and sports" taking place throughout the Chesapeake Bay region.

This month, *What's Up? Media* celebrates its 27th anniversary. And it's neat to take a look back and see just how far we've come as a company and community.

In May '97, I graduated from Key School and four college years later began working at *What's Up? Media* as an assistant editor. By that time, the company also had graduated, so to speak—moving from founding Publisher Veronica Tovey's basement to new office space in the Mason Building on West Street in Annapolis. Things were cooking.

By May '07, as the company recognized a decade in business, *What's Up? Eastern Shore* was launched. And five years later, *What's Up? Central Maryland* (nee *West County*) came along. Between these publications and continuing evermore, we also publish *What's Up? Weddings*, *Navy Guide to Annapolis*, *The Directory* (for Anne Arundel County's Dept. of Aging & Disabilities), and a fleet of digital products, including the flagship website *whatsupmag.com*. It's a lot of work for our entire team, but it's fun!

**THANK YOU FOR 27
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Out **ON THE** Towne

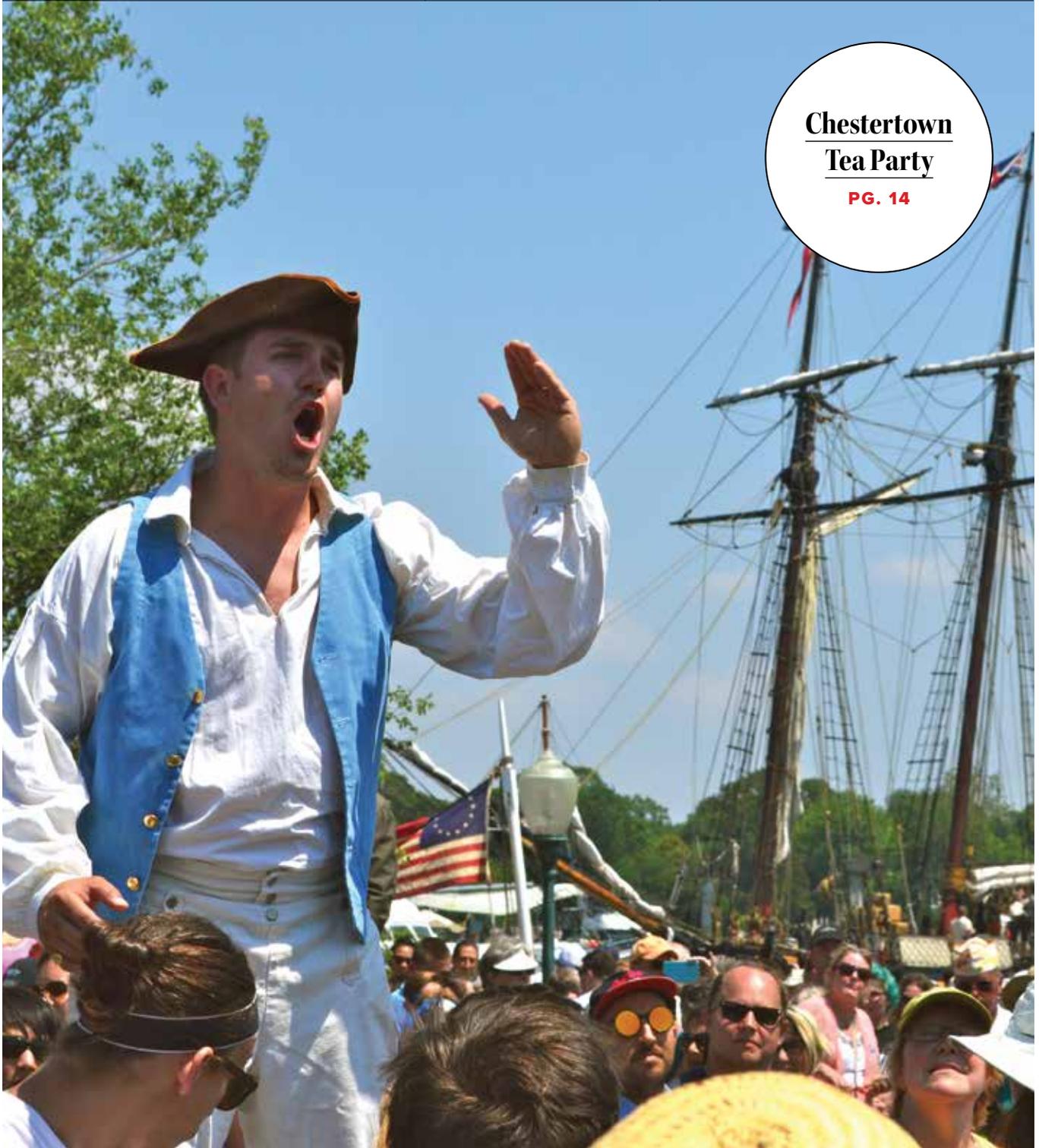
12 EVENT PICKS

18 SPOTLIGHT

20 ATHLETE

Chestertown Tea Party

PG. 14





RHAPSODY IN RED, WHITE AND BLUE

The Mid-Atlantic Symphony Orchestra will present Maryland’s premier of Peter Boyer’s “Rhapsody in Red, White and Blue” on May 5th at 3 p.m. at the Todd Performing Arts Center at Chesapeake College in Wye Mills. The musical composition, commissioned by and featuring world-acclaimed pianist Jeffrey Biegel, will celebrate the 100th anniversary of George Gershwin’s “Rhapsody in Blue.” Tickets are available at midatlanticsymphonyorchestra.org.



Tri-County Classic

Chesapeake Cycling Club’s Spring Road Cycling Event will begin at Talbot County Community Center in Easton on May 18th. The Tri-County Classic allows you to choose between a 23.2-, 38.6-, 64.9-, or 102.2-mile course all to support the Wounded Warriors project. The Tri-County Classic will have plenty of rest stops, food, and beer to celebrate the day. Find more information at ridec3.org.



CAMBRIDGE CLASSIC POWERBOAT RACES 2024

The country’s longest-running powerboat race is held in Dorchester County. On May 18th & 19th the Cambridge Classic Powerboat Regatta (first run in 1911) will race along the Choptank River in Cambridge. This is the opening race for The Hydroplane Racing League for 2024. Watch the Cambridge Classic from the water or from Gerry Boyle Park at Great Marsh. Find more information at cpbra.com.

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Oxford Fine Arts Show

Enjoy a three-day Fine Arts Show to start the summer art season. The 2024 Oxford Fine Arts Show will be at the Oxford Community Center May 17th through 19th. The juried exhibit draws collectors from local areas as well as Philadelphia, Virginia, and New York City regions. The 40th Fine Arts Show will feature a preview party on Friday night where attendees can meet the artists. Find more information at oxfordcc.org.





SIX PILLARS CENTURY

For the 17th year, Six Pillars Century is back on May 4th at Gerry Boyle Park at Great Marsh in Cambridge. This race allows cyclists to ride the back roads of the picturesque Blackwater Wildlife Refuge in Dorchester County. There are three options for the race, a 37-, 56- or 100-mile ride through quaint townships along the Chesapeake Bay. Sign up and find more information at bikesignup.com.

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Health Careers Website Launched

The Mid Shore Health Improvement Coalition recently announced the launch of a new health careers website, midshorehealthcareers.org, for health professional job seekers and employers. “The healthcare workforce has seen many challenges, especially in rural communities, and our workgroup is dedicated to bringing collaborative ideas and solutions forward,” said Jonathan Dayton, Executive Director of the Maryland Rural Health Association and Chair of the Mid Shore Health Improvement Coalition’s Provider Recruitment and Retention Workgroup. Since 2021, five Mid Shore counties have banded together to share knowledge and leverage scarce resources in the healthcare industry. The Coalition has grown to over 200 members from over 100 organizations. “The Mid Shore is an exceptional area and we wanted to show it off,” Dayton said. “An idea emerged to create a website to bring attention to all the fantastic things the region offers for providers and their families, and also serve as a hub for health professional job opportunities.”



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Coastal Pools Partners with PebbleTec International

Coastal Pools, a renowned leader in the pool building and remodeling industry, announced its strategic partnership and Elite Builder status with Pebble Technology International, the industry's premier provider of pool finishes. This collaboration marks a significant milestone in Coastal Pools' commitment to offering the very best materials and products to its customers. Brad Hull, Founder of Coastal Pools, expressed enthusiasm about the partnership, stating, "After extensive research, Coastal Pools proudly chooses PebbleTec International as the exclusive provider of our pool finishes. We firmly believe in aligning ourselves with industry leaders to offer our customers the highest quality product and experience." For more information about Coastal Pools and PebbleTec International, visit coastalpoolbuilders.net and pebbletec.com.



DEENA KILMON APPOINTED EXECUTIVE DIRECTOR OF WATERFOWL, INC.

Deena Kilmon of Easton has recently been named Executive Director of Waterfowl Festival, Inc. For more than 50 years, the Waterfowl Festival, Inc. has staged an annual event, the Waterfowl Festival, that has raised \$5.7 million for wildlife and habitat conservation, education, and research. Kilmon is an accomplished and enthusiastic marketing and communications leader with broad experience in all levels of marketing, advertising, and brand management having served in several positions on the Eastern Shore. Most recently, she served as Director of Strategic Initiatives for Easton Economic Development Corporation. Before this job, Kilmon served as Director of Engagement for The Arc Central Chesapeake Region. For several years, she was owner and operator of Foxy's Harbor Grille in St. Michaels. "On behalf of the Board of Directors and myself, we are thrilled to have Deena Kilmon as our new Executive Director," said Eric Milhollan, President of the Waterfowl Festival, Inc. Board of Directors. "The excitement comes from what we think she will bring to the Waterfowl Festival, everything from new ideas, collaboration with existing and new festival partners, and a chance to build and expand our current festival to allow it to continue for years to come." For more information, visit waterfowlfestival.org.



**PURPLE CHERRY
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30-YEAR MILESTONE**

This year, Annapolis-based architecture firm Purple Cherry Architects (PCA) celebrates its 30th anniversary; a remarkable accomplishment, during which time the firm has completed more than 1,500 projects, expanded to five office locations, and employed 38 professionals. "Thirty years ago, I started this business with a dream and a lot of hard work," stated Cathy Purple Cherry, founding principal of the firm. "I never imagined that I would have such fantastic clients who would trust and allow us to create beautiful homes on such a large scale. It has truly been a life blessing, so thank you. I also want to profusely thank each member of the Purple Cherry Architects team. I am proud of and boundlessly grateful for your energy, commitment, and hunger for creative perfection." Learn more about PCA at purplecherry.com. Photo by Elyse Cosgrove.



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Jordan Regulski

COLONEL RICHARDSON HIGH SCHOOL BASEBALL

By Tom Worgo

For former-North Dorchester sophomore Jordan Regulski, a pitch in a game against Mardela School of Salisbury in late-May turned into the defining moment of his high school baseball career. Regulski's blazing fastball hit an eye-catching 91-miles-per-hour on the radar gun, and changed his outlook in the sport.

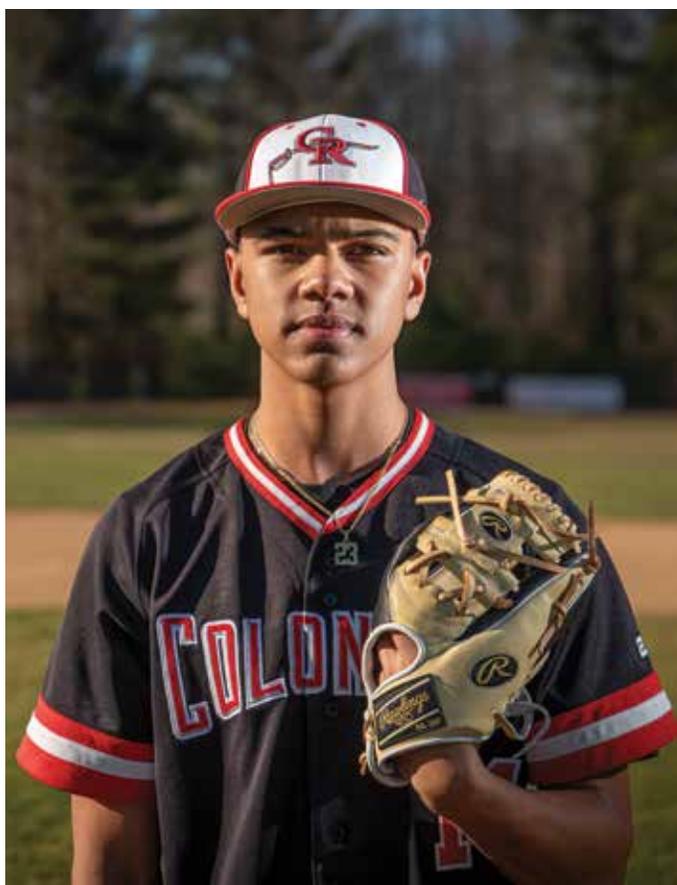
"That's the first time I had thrown over 90 and when it really all began," he recalls.

Regulski decided he really could go somewhere with baseball, so he worked on a plan for the rest of that season and off-season. That included stepping up the intensity of his workouts by getting stronger and adding weight along with the idea of playing on a summer baseball team that would get him noticed by colleges.

Regulski started working out at 5 a.m. at the Preston Gym with his uncle Dave Regulski, whom he lives with during the week, so he has a workout partner. After Regulski works out, he does 20 minutes of yoga at home before heading to his new school, Colonel Richardson High, where he transferred because of the baseball program's strong reputation.

Regulski, now a junior at Colonel Richardson, also started eating much more to continue his weight gain. Then in June, he joined the Under 16 Platinum team of the Richmond Braves National Baseball Club, which saw Regulski playing in showcase tournaments throughout the Southeast.

All of this has led to increased exposure and becoming a coveted college prospect.



"I KNEW IF I WANTED TO DO THIS, I WOULD HAVE TO PUT MY BEST FOOT FORWARD."

he is barely trying. He is just coming into his own. I expect him to be throwing 91 to 93 (miles per hour) by mid-summer with some 94 in there. He should get some draft interest."

Since last August 1st—the first day coaches were allowed to contact him by NCAA rules—Regulski has been recruited by about 40 schools. He has received three scholarship offers. The recruiting process is ongoing. More scholarship offers could come this summer.

"When I started going to places like Florida and Georgia, I knew I had a chance to go somewhere with baseball," Regulski says. "I knew if I wanted to do this, I would have to put my best foot forward."

Harris adds, "If he is where we expect him to be this summer, he can essentially punch his ticket to any college he wants."

One scholarship offer already came from the University of Notre Dame. Another Atlantic Coast Conference (ACC) school has seriously recruited him, and yet another from the Southeastern Conference (SEC).

"I want to go somewhere in the south, to a school that can develop me, and take me as far as possible with baseball," Regulski explains. "A lot of schools (25 to 30) jumped on me the first week.

"He has all the physical tools that make up a top-level college player," Richmond Braves National Baseball Club Director of College Recruiting Dustin Harris says. "He makes pitching look easy—like

They want me to commit (verbally) that first week. I couldn't do that. I am a marathon guy. Not a sprinter."

Regulski's focus over the past six or seven months has been to continue to develop physically. He's added 20 pounds since May to his 6-foot-3 frame and now weighs 175 pounds. "I really upped the calories and I am eating five to six times a day," Regulski says.

Colonel Richardson Baseball Coach Ryan Blanchfield gets excited talking about Regulski's potential. He closely monitored Regulski's development and workouts with the school's pitching coach Neil Lambert. The hurler worked with the Lambert for an hour daily on strength and conditioning and pitching mechanics.

The 17-year-old Regulski, a Hurlock resident, could give Colonel Richardson—a program that reached the Class 1A state championship game the past two years before losing to Clear Spring of Washington County—a tremendous boost because of the way he dominated while at North Dorchester.

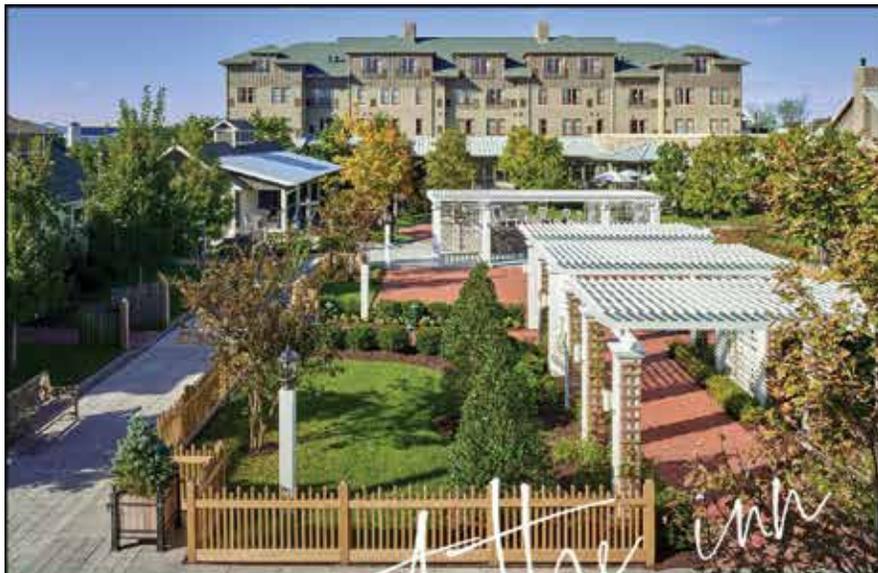
"He has made baseball his life," Blanchfield says. "He will continue to grow. When he fills out, gets stronger, and matures, look out."

Regulski went 4-1 with four saves and struck out 59 batters in 27 innings while fashioning a 1.28 earned run average. He also threw two one-hitters on his way to earning Bayside Conference Player of the Year. His three-pitch repertoire of a four-seam fastball, curveball, and change-up is impressive and the keys to his success.

"When his fastball comes out of his hand, it just explodes on you," Blanchfield says. "If he sets you up for his curveball, you just freeze."



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Leading Lawyers

2024 // 2025

A black and white photograph of a statue of Lady Justice, the personification of the goddess of justice. She is depicted standing, wearing a blindfold, holding a sword in her right hand and a pair of scales in her left hand. The statue is set against a plain background.

Heading into the new year, *What's Up? Media* conducted the biennial **Leading Lawyers Peer Review Survey**, inviting all attorneys and judges who practice law on the Eastern Shore and throughout the Central Maryland region to participate. We would like to thank the many area attorneys who took the time and effort to fill out the official survey online.

A true peer review survey is a rarity today—most publications don't take the time and energy to conduct the survey in-house, which makes these results all the more meaningful. These are not “editor picks” or the result of limitless ballots from the general public. **These honors only come directly from other at-**

torneys and judges—people who really know what it takes to be a good lawyer right here in Maryland.

We are especially gratified because we believe this biennial poll provides **an invaluable service to our readers**. Please consider this group of esteemed lawyers when seeking and vetting legal counsel.

The following names, in 29 categories, represent the individual lawyers who clearly received the *most substantial number of nominations*; not every lawyer who was nominated. *No attorney paid to be on this list*. Some categories list more names than others. This is the result of especially active voting in those categories. Congratulations to all Leading Lawyers named herein!

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FRANKE BECKETT LLC

An estates and trusts law firm

For more than 40 years we have focused exclusively on the law of estates and trusts and the law of fiduciaries. Within this practice area, we handle it all:

- **Estate and Closely Held Business Planning.** We prepare wills, various types of trusts, powers of attorney, health care directives, and other estate planning documents. The documents can be simple or complex depending on specific family concerns and/or on tax and asset protection considerations. Our firm represents clients with family businesses in all stages of the business development: from the selection of the type of entity and the creation of the governing instruments to structuring business succession planning. In every representation, we explore various approaches and then tailor the plan to address our client's goals and objectives.
- **Estate and Trust Litigation.** We handle a broad range of will, trust, and other fiduciary litigation. This litigation includes disputes on the meaning of estate planning documents, arguments involving estate or trust administration, challenges based on lack of capacity or undue influence, and breaches of fiduciary duty within trusts, estates, or closely held businesses.
- **Estate and Trust Administration.** We help clients with the process of winding up a decedent's financial affairs by implementing the individual's estate plan or in accordance with state law if the person has no valid planning documents. We prepare all estate and income tax returns in-house so we can offer seamless administration services from beginning to end.

Our Firm Culture and Why It Is Important to Clients

There are four defining attributes imbedded in the DNA of our firm: (1) We are an estates and trusts firm. The law of estates and trusts is largely a world unto itself with its own rules and practices. It requires a concentrated focus. (2) We keep a broad perspective while practicing in a defined niche. We “do it all” within that niche – estate and business planning, estate/trust administration, and fiduciary litigation. This means that each lawyer constantly sees issues from various perspectives which gives a unique depth to our advice and counsel. (3) We work as a team. We do not just give lip-service to intra-firm collaboration, but we follow a business model to achieve it and make it a habit. Clients are cli-

“You make the complex issues surrounding estate planning easily understandable for the layperson”

ents of the whole firm – not just of one lawyer in the firm. (4) Our culture fosters a deep understanding of our practice focus. The practice of law, like medicine, engineering, and other professions, is a learned profession. Our lawyers regularly write and teach courses for lawyers and judges. These activities keep the firm at the forefront of legal developments.

The firm is a multi-lawyer firm with partners and associates. Our roots go back 40 years of exclusively practicing the law of estates and trusts and that of fiduciaries. For a decade, the firm has consistently expanded while never growing so quickly or so big as to forget that every client matter requires the full attention of the firm. Each client is treated as a client of the whole firm, benefiting from the collective knowledge and experience of the entire firm. We work as a team with partners and associates thoroughly engaged in every aspect of client representations.

Our partners write for law reviews and other legal publications, routinely present continuing education courses on estates/trusts topics for other Maryland lawyers and for the Maryland Judicial Institute, and are active in Maryland Bar Association Estates and Trust Section Council and events. These activities help keep our

firm on the cutting edge of developments in Maryland estates and trusts law and deepen and extend the firm’s collective understanding of the law of estates and trusts.

We serve clients located various distances from our physical office in Annapolis: from the Eastern Shore, the southern counties, and those counties surrounding Baltimore and Washington. The remote service options that we first developed in response to the pandemic continue to provide our more distant clients with ease and convenience without sacrificing the quality of our services. For more information about our firm and how we approach representing our clients, visit our website at www.frankebeckett.com.



FRANKE BECKETT

AN ESTATES AND TRUSTS LAW FIRM

LLC

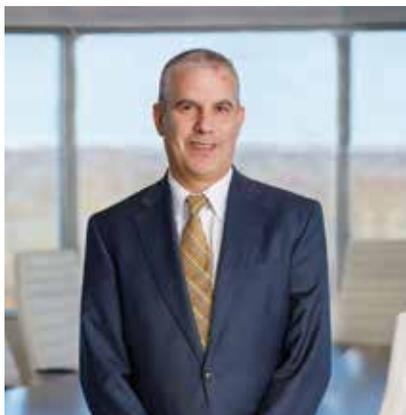
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McNamee Hosea, P.A. is a trusted full-service law firm serving clients in Maryland, DC and Virginia. Our attorneys advise entrepreneurs, businesses and individuals on a wide range of law services including, business law, estates and trust, family law, tax, litigation, bankruptcy, employment, real estate, land use and zoning, construction law and criminal defense. Our attorneys are passionate about providing our clients with exceptional, valuable and effective client service through zealous advocacy and creative strategies that will make a difference. We love what we do!

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JOHN LEO WALTER, ESQUIRE

Eastern Shore Legal

John Leo Walter has been a litigation attorney since 1996—his practice focuses primarily on personal injury and criminal defense. Prior to law school, Mr. Walter obtained his Bachelor of Arts degree in History from the University of Baltimore; thereafter, he received a Masters in Government and Public Administration from the University of Baltimore. In 1995, Mr. Walter earned his Juris Doctor from the Thomas M. Cooley Law School in Lansing, Michigan. He was awarded the American Jurisprudence Award in Scholarly Writing and served with distinction as a Senior Associate Editor of the Thomas M. Cooley Law Review. Mr. Walter was honored to have Rutgers Law School use his Law Review Case Note as a supplemental reading for its first year law students.

Although Mr. Walter has thousands of hours of litigation experience, he continues to review and analyze the most recent

case law on a weekly basis. Whether it's a jury trial or a bench trial—District Court or Circuit Court—Mr. Walter is comfortable and confident in the courtroom.

Mr. Walter's law firm, EASTERN SHORE LEGAL, has a reputation for being strong and aggressive while defending criminal & traffic cases—while being methodically prepared and steadfast pursuing civil tort cases. Mr. Walter is proud to say that he has been called "the go-to lawyer on the Eastern Shore." No matter the type of case, Mr. Walter always has the same goal... to win.

When asked what he would advise someone looking to hire a lawyer, Walter says: "if you need a lawyer, get a local lawyer—a local lawyer is familiar with the characteristics and makeup of the local community and is better able to advise a client about important decisions such as selecting a jury trial rather than a bench

trial or vice-versa; it's also important to hire a lawyer that you're comfortable with—for most, going to Court is an intimidating experience—if you are confident with your attorney you will undoubtedly be happy with the result."

John Leo Walter is on call 24/7 and can be reached at 410-758-2662 or the firm website, www.EasternShoreLegal.com. Mr. Walter encourages you to call anytime—all initial consultations are free (offices in Easton and Centreville).

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McAllister, DeTar, Showalter & Walker, LLC



McAllister, DeTar, Showalter & Walker (MDSW) is honored that our dedication to the practice of law and service to our communities has been recognized with 17 of our attorneys selected as 2024-2025 Leading Lawyers across Annapolis and the Eastern Shore!

MDSW's attorneys work collaboratively so that our clients benefit from our respective abilities and expertise. In addition, our attorneys have a deep commitment to the Eastern Shore: some were born and raised here; others have relocated because of the many regional attributes; but all are deeply woven into the fabric of this community.

This year marks a significant milestone for our firm as we celebrate the election of three of our most accomplished attorneys to partners.

Demetrios Kaouris has extensive experience in real estate law, commercial law, and estate litigation. Demetrios played an instrumental role in the founding of MDSW and has been a core team member ever since.

Janine Wolford is a highly accomplished family law attorney. As an expert counselor, negotiator, and litigator, Ms. Wolford leverages her extensive experience in both family law and litigation to help her clients reach their goals.

Brendan Mullaney's practice focuses on corporate and business law, zoning and land use, and real estate development. With a strong background in commercial construction and engineering, Brendan offers professional knowledge tailored to his diverse clientele range.

We recently welcomed our newest attorneys, Christina van Vonno, who

expanded our family law team to our Ocean City office, and Edward Scheirer, who joined our Easton office and specializes in corporate and business law.

Our long presence on the Eastern Shore enables our attorneys to have a unique understanding of the challenges our clients often face in this market. When you live and work here, client relationships are a privilege and responsibility. The depth, caliber, and efficiency of our attorneys allows MDSW to provide the exceptional services expected at a large firm while ensuring affordable rates and personalized attention for all of our clients.

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Celebrating 20 years and expanding our practice to Anne Arundel and Cecil Counties. The Shiple Law Firm was founded in 2004 with a focus on litigation serving all counties of the Eastern Shore. We are dedicated to providing personalized legal services in the areas of criminal and traffic defense, personal injury, motor vehicle law, and Department of Natural Resources violations.

Recognized year after year by her peers as a “Leading Lawyer,” The National Trial Lawyers’ “Top 100,” Super Lawyers 2018-2024 and most recently named to the Daily Record’s “PowerList,” founding member Stephanie A. Shiple is known for aggressively representing her clients and personally handling all aspects of her cases. She has practiced law on the Eastern Shore and throughout the State of Maryland for over 28 years, and has tried hundreds of jury trials and thousands of district court cases.

Associate Attorney Jesse F. Hicks joined the firm in 2017 and has since rapidly grown his practice. Recognized as a “Rising Star” since 2021 and a Leading Lawyer amongst his peers by *What’s Up? Magazine* in the area of Criminal Law, Mr. Hicks represents clients throughout the Eastern Shore and is now expanding to Cecil and Anne Arundel Counties. Having tried hundreds of cases by jury and in district court, Mr. Hicks is a tenacious advocate for his clients and an experienced trial attorney.

Principal Partner Stephanie A. Shiple is licensed to practice law in the States of Maryland and Florida, practicing in State and Federal Court, 4th Circuit Court of Appeals and the United States Supreme Court. Associate Attorney Jesse F. Hicks is licensed to practice law in the States of Maryland and Connecticut.

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PARKER COUNTS



Willard "Burry" Parker, Partner: Real estate, zoning and land use, corporations, business acquisition, estate planning, and estate administration.

Ann Karwacki Goodman, Partner: Estate planning, tax, estate and trust administration, and elder law.

Jesse B. Hammock, Partner: Trial and appellate litigation including: planning and zoning, estates and trusts, employment, and corporate matters.

C. Lee Gordon, Partner: Estate planning, estate and trust administration, tax, elder law, real estate, and business transactions.

Lynn Dymond, Partner (Cambridge based): Estate planning, estate and trust administration, real estate, tax, and elder law.

Peter R. Cotter, Associate: General civil litigation, family law, divorce and custody, landlord-tenant, traffic, real estate, and zoning.

Martha M. Effinger, Associate: Business formation and planning, real estate and business transactions, estate planning, and estate and trust administration.

Q&A

Questions & Answers with the Legal Experts



Q: What is premises liability?

A: Generally, premises liability is when someone is injured as the result of a property owner's negligence. Premises liability arises out of multiple situations; dog bites, lead paint, drowning, negligent

security, as well as slips, trips or falls. A property owner's responsibility to pay for personal injury damages depends largely on the type of property owner it is – i.e., commercial or private. The laws governing premises liability are complicated. If you have been injured on someone's property you should contact an attorney immediately – evidence is often fleeting, and time is of the essence.

John Leo Walter, Esquire, Eastern Shore Legal



Q: I have my business name registered in my state. Do I also need to file for a federal trademark registration?

A: The need for a federal trademark registration depends upon, amongst other things, whether or not you plan to advertise using your business name

outside of your local area. If so, a federal trademark registration will give you the broadest possible rights to advertise across the United States with your brand and will help prevent other businesses from trading on your business' good reputation. It's important to consult with a trademark attorney to make sure that your business name is not infringing the rights of another trademark holder and to make sure your brand is protected.

John N. Costello
 McAllister, DeTar, Showalter & Walker, LLC



Q: I would like to give my residence to my children. What are the tax implications?

A: A lifetime gift of your residence may not be the best option if your residence has increased in value since you purchased

it. If you make a gift, the recipient takes your basis in the property and will have to pay taxes on the gain if they sell in the future. If, however, you own your residence at your death (or have a life estate in your residence), your estate will receive a stepped up in basis to the fair market value. Because of this, the tax liability associated with the increase in value during your lifetime disappears.

Deborah F. Howe, Franke Beckett LLC



Q: What issues arise in planning for transferring a family legacy property or closely held business to the next generation?

A: Whether preserving legacy property, such as a farm or vacation home, or transferring a family business, the governance provisions are of equal or greater importance

than other considerations. Such planning is a mix of tax, legal, and family considerations. Although each situation is different, a primary concern is control and governance: how will the decision-making power be handled, and what rights will minority members have if they disagree? To do it right, a successful plan needs to establish a governance plan that balances the legitimate concerns of all stakeholders. Franke Beckett LLC brings both planning and litigation experience to the table in helping families implement effective succession planning.

Jack K. Beckett, Franke Beckett LLC



Q: Will my bankruptcy appear in my credit report and how will it affect me?

A: In most cases, Bankruptcy will typically discharge all your debt liability, leaving you a much better Credit Score and out-of-debt

after your discharge. When you then make timely payments, you can usually receive new credit at good rates within 10 months and obtain a Mortgage after two years. While the Bankruptcy will be listed on your Credit Report, Lenders make loans based on Debt Ratio, Income & credit worthiness. There are exceptions, but you will probably have little difficulty in re-establishing credit.

Cami Russack, RLC Lawyers & Consultants



Q: As the majority owner of a business what obligations do I owe to the other owners/ members?

A: Statutory and common law obligations are continuously changing which influence ownership dynamics, require corporate officers and LLC members to uphold a duty of

loyalty, and exercise prudence in decision-making. Corporate governance documents, such as By-Laws or Operating Agreements, may introduce additional obligations. Compliance is essential to avoid legal exposure. Given the unique characteristics of your business, consulting with an experienced business attorney is advisable for a comprehensive review of these documents and to understand specific obligations. This is particularly critical before significant business decisions like mergers or sales to prevent disputes and potential litigation, thus safeguarding the business's continuity and minimizing legal liabilities associated with decision-making processes.

Frank Lozupone, Bowman Jarashow Law LLC



Q: What does McNamee Hosea offer its clients that separates it from other law firms?

A: McNamee Hosea attorneys always provide their clients with consistent and clear communication to solve whatever legal problem needs to be solved. Whether your legal problem involves

a business dispute, an estates and trust issue, litigation, employment, zoning, contract, criminal defense, bankruptcy, or anything in between, you can trust that McNamee Hosea attorneys will be understanding and empathetic. For more than forty years, our skilled trial attorneys and advisors have provided creative solutions to complex legal issues. Because of our diverse practice experience, we can handle all of your legal needs within our Firm, resolving them effectively and efficiently.

John P. Lynch, McNamee Hosea, P.A.



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WHITING-TURNER

THURGOOD MARSHALL
1908 - 1991

GOVERNMENT BUILT

MARYLAND'S DEPARTMENT OF LEGISLATIVE SERVICES GETS A NEWLY CONSTRUCTED HOME, ENABLING ITS BI-PARTISAN WORK TO RUN SMOOTHER THAN EVER BEFORE

BY LISA HILLMAN

PHOTOGRAPHY BY TONY LEWIS, JR.



Imagine you have 188 bosses.

And the place where you work houses another 300-plus employees. But it's crumbling around you. The basement floods. Sewage pipes burst. Walls hold asbestos, mold, and lead paint.

Add to this, you oversee the sole agency supporting the legislative branch of state government. That includes the 141 members of the House of Delegates, the 47 members of the State Senate, their staff and support personnel—and not just when the Maryland General Assembly is in session for 90 days from January to April, but year-round.

That's the situation Vicki Gruber discovered when she returned to the Department of Legislative Services (DLS) as its executive director in 2018 after serving as Chief of Staff for the late Senate President Mike Miller.

"It was the beginning of the second Hogan administration," she recalls. "Our agency had grown. We had all these problems. Something had to be done."

THE BACKGROUND

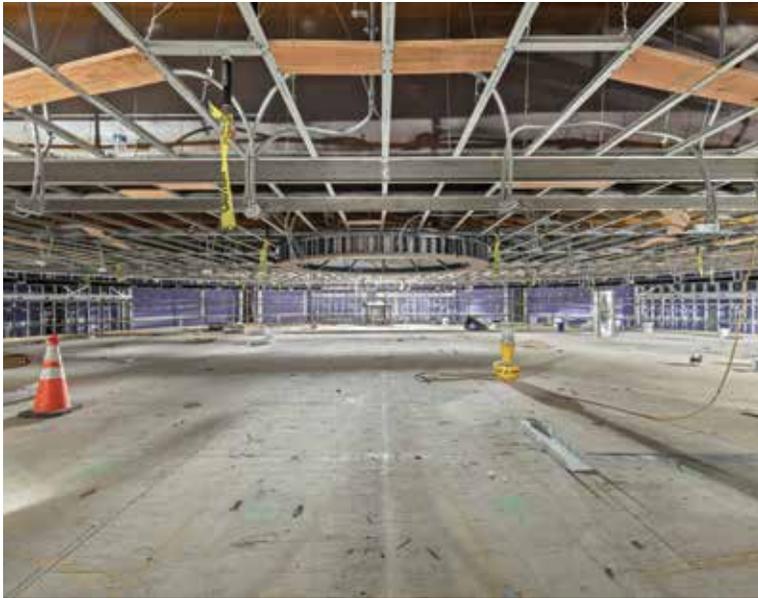
The original DLS building—built in 1976 on State Circle in downtown Annapolis directly across from the State House—was erected on the site that once held the Court of Appeals, Calvary Methodist Church, the church rectory, and several private residences. The site shared space with Lawyers Mall, an open plaza created in 1973 and later home to the Thurgood Marshall memorial erected in 1996.

Four decades later, DLS had grown to keep pace with a General Assembly whose members worked throughout the year. New services were added. New technology arrived.

DJ Lissau, a 29-year employee of DLS and Senior Manager in Administration, describes the gradual change in how the DLS building operated. "We had 'pass through' offices. You had to pass through one to get to the other."

The staff endured frequent floods, including sensitive areas like the technology office. Many reported illnesses related to mold. Asbestos and lead paint threatened other health concerns. But it was probably the sewage pipe bursting on the ground floor "trashing" the legislative library that was the capping indignity. The project had been in the state's capital budget for years but kept getting pushed out to the future. With the support of House Speaker Adrienne Jones and Senate President Bill Ferguson it finally became a priority in 2018.

After the Department of General Services conducted a condition assessment, DLS needed someone to oversee the project. General Services was occupied with the reconstruction of Lawyers Mall. Gruber and Lissau turned to the Maryland Stadium Authority (MSA). Established in 1986, MSA is best known for building and leasing Orioles and Ravens stadiums, but it also has built facilities across Maryland, including the Ocean City Convention Center and some 27 schools throughout Baltimore City. On July 9, 2019, DLS entered a Memorandum of Understanding with MSA.



THE TEAM EXPANDS

MSA and DLS entered a months-long process to select the architect. They chose Baltimore-based Murphy & Dittenhafer known for its experience with historic buildings. MSA contracted with the renowned firm of Whiting-Turner (WT) Contracting Company as construction manager. WT is no stranger to the region, having built Luminis Health Anne Arundel Medical Center in Parnoke and the Hillman parking garage in downtown Annapolis.

The question the team faced was, could the building be refurbished? Or would it need to be rebuilt?

According to Lissau, there were four possibilities: (1) do nothing; (2) refurbish; (3) refurbish with an addition; or (4) rebuild. Team members assessed the existing structure with its cracking foundation, need to mitigate mold, flooding, and lead paint, as well as a poor layout for expansion. After reviewing costs for each model,

they determined the best course was a new building.

The goal was to complement the existing House and Senate office buildings. The main entrance would face Lawyers Mall where the Thurgood Marshall statue would be centered to resemble his coming down the steps of the former Court of Appeals. The building could not be “more extravagant” than the State House.

Ultimately, the design called for a six-story structure, four above ground with two below. Because the State of Maryland is not subject to City of Annapolis regulations, the City had no oversight on the final design.

At a cost of \$120 million, the 141,000-square foot building on the 1.2 acre site is one story higher and 50,000 square feet bigger than its predecessor. It is not without its detractors. Many city residents decry its mass and wonder why it had to be so large. Occupying an entire city block from State Circle to College Avenue, it looms over neighboring residences.

SAD FAREWELLS

They disappeared almost overnight. In just three short days in late June 2022, eight trees were removed from the site. As limbs were shorn first, then trunks, passers-by stood and watched. It was an oddly emotional time for local workers and residents who had come to know the trees as neighbors, stately beacons offering shade, breeze, and brilliant colors. Some held back tears, whispering farewell to old friends.

Even Lissau confesses “The worst day on the project was seeing the trees go.”

MOVING OUT, MAKING WAY

In the fall of 2021 Gruber and Lissau faced an immediate challenge: where to place hundreds of employees in temporary quarters for three years?

“That itself was a major project,” Lissau says. Soon reception areas and multi-purpose rooms in the historic Shaw House, Senate, and House buildings were lined with cubicles. Plexiglass sprouted during the pandemic. Those who could telework—at least 40 percent of the workforce—did.

By mid-fall of 2021, everyone was out.

The greatest challenge, according to Gary McGuigan, Executive Vice President of MSA, was the building’s location “in the heart of downtown





Annapolis, surrounded by high profile neighbors.” Not only was it directly across the street from the State House, but also adjacent to Government House where Maryland’s Governor and his family reside.

“We couldn’t use explosives or implode the building. The impact to nearby residents and the impact of dust was too risky,” McGuigan says.

There were other challenges. The site was very tight, leaving little room for staging. Workers wearing hard hats and bright orange vests had to manage traffic daily. Coordination with the City of Annapolis on nearby projects required close coordination.

The plan followed four phases:

- ◆ Demolition, excavation and waterproofing of underground structures.
- ◆ Digging the “big hole” two stories down with a foundation.
- ◆ Utility work connecting from the surrounding streets, and
- ◆ Constructing the building from basement to roof.

WT used a “standard demolition” process, bringing in huge excavators to section off the building slowly and methodically.

Removing the cupola that stood atop the building’s roof provided a memorable moment and an “inside” joke. The giant claw-like machine began chewing away, nipping at the cupola’s fast hold. It took more than a day and at one point, it broke.

Says Lissau, “The gag around here was “Cupola – 1. Claw – zero.”

WHAT’S INSIDE

Since the department’s primary mission is to support the General Assembly and its operations, much of what the building houses will be invisible to the public. Upper floors include offices for such functions as bill drafting for the estimated 2,500 bills that pass through the department each legislative session, information technology, and website design linking the General Assembly to the public.

In the basement, the Legislative Library occupies much needed additional space with 5,400 square feet. Open to the

public, the library contains the entire history of the Maryland General Assembly, including files on every bill created, reports from state agencies and committees, and House and Senate journals. Although much has been digitized, DLS still maintains paper records.

Lissau notes, “Maybe ten years ago we printed more than 500 copies. Today we print only 26, exactly what we need.”

But working toward a “paperless” age did not lead to less space.

“As we become more paperless, we have reduced staff through attrition,” he says. “But our bill drafters need to be onsite. We need space for members to review the drafts, make amendments, and to meet our staff here.”

The 352 offices—versus 260 in the old building—include first floor space for the Attorney General (AG) and four assistant AGs. State Police also have a first-floor office. At least five state troopers are present year-round. During the session, their numbers increase to provide security for each legislative committee hearing room. Two troopers are assigned fulltime to the House Speaker and Senate





President. New space is allocated for legislative caucuses, including the Women’s, Latina, Black, and Asian Caucus, each with a fulltime staff member.

In the past five years, Gruber has added two new functions: (1) an office of program evaluation to evaluate state agencies for their efficiency and effectiveness, and (2) an office for “REIN” which stands for racial equity impact notes. This team will examine data for disproportionate effects on different communities, both positive and negative, and is currently focusing on criminal justice legislation.

But clearly the centerpiece of the building—certain to be a highlight for the public—is the Joint Hearing Room.

THE CENTERPIECE

It occupies a floor and a half, located just beyond the reception desk inside the main entrance off Lawyer’s Mall.

At 5,000 square feet, the new Joint Hearing Room is two-thirds larger than its predecessor. Gruber calls it “the centerpiece” of the building. “This really is ‘the legislative room,’” she says.

The Joint Hearing Room is reserved for controversial or complex bills which draw large crowds to testify before House and Senate members. It also is sometimes used for non-legislative purposes by special request. Built before ADA requirements, the room often required last-minute shuffling to arrange more seating.

Designed to accommodate up to 300 people, including 74 members of two House and Senate Committees simultaneously, the new Hearing Room, with its amphitheater-like layout, provides stadium seating on chairs that rise a full story from the ground floor. ADA compliant, the design allows wheelchairs to enter from the ground level or first floor.

There is great attention to detail. The room will have wood-paneled walls, three video screens, and dark wood accents sporting Maryland colors, reds, and yellows. The ceiling will resemble a dome. A multi-colored stained-glass window, ten feet in diameter, will be backlit resembling the former Tiffany dome now in the Senate Building. It will feature an acorn, similar to the State House dome, “to symbolize wisdom of the decisions being made beneath.”

WHAT’S OUTSIDE

According to MSA’s McGuigan, the landscaping plan brings in garden beds with native trees, shrubs and bushes, ground cover, and flowers. Much of it is focused on the Lawyer’s Mall entrance. A series of crepe myrtles in boxes will line the North Street side.

“Interestingly, when we removed the trees, we found their roots had caused damage to the utilities,” McGuigan says. “We need to box the trees to preserve the integrity of new utilities.”

Atop the building will be a 6,000-square foot green roof. Plants and grasses grown there will help to prevent stormwater run-off. The building is designed to be LEED Silver, an environmental status required by state law. It means the structure will be well-insulated and water-proofed to achieve a high level of energy efficiency.

WHAT’S UNDERGROUND

Most people don’t know they exist, not even those who live or work nearby.

Running deep underground beneath the State House complex are three pedestrian tunnels. The original was constructed in 1948 beneath the old Court of Appeals. That tunnel connects the DLS building to the State House. Tunnels connecting the House and Senate office buildings to the DLS were added in 1976. The tunnels are receiving



“WE ARE NON-PARTISAN. THAT’S VERY IMPORTANT TO US. WHATEVER WE DO FOR THE GENERAL ASSEMBLY, WE DO WITHOUT BIAS. WHETHER IT IS ONBOARDING A STAFF PERSON, HELPING WITH HEALTH BENEFITS, RETIREMENT, DRAFTING A BILL OR AMENDMENT, WRITING A FISCAL NOTE FOR A BILL, OR JUST MOVING A DESK OR HANGING A PICTURE, WE DO THE SAME FOR ALL.”

–VICKI GRUBER

much-needed upgrades, including waterproofing and improved lighting.

Library staff oversee tours of the DLS and State House complex for some 12,000 people annually. They say the tunnels are especially a big hit among schoolchildren.

OPENING DAY

With an expected ribbon cutting in December 2024, both Gruber, Lissau, and our state’s many legislators look forward to moving their hundreds of employees into their new quarters.

“The Maryland General Assembly cannot do its work without the dedicated, bipartisan staff of the Department of Legislative Services,” Speaker of the Maryland House of Delegates Adrienne A. Jones says. “They deserve to carry on their vital work in a new, state-of-the-art building that is scheduled to be completed by the 2025 Legislative Session. Meanwhile, it has been fascinating to have a front row view of the entire process coming to work each day.”

“DLS has always been a collaborative group,” Gruber says. “Out for the pandemic and now for construction, part of that has been lost. Being able to get back into the building and have our newer staff near our senior staff, just to pop into an office and ask for someone’s help...I am excited to bring back that collegiality.”

With a nod to today’s global, political climate, she emphasizes: “We are non-partisan. That’s very important to us. Whatever we do for the General Assembly, we do without bias. Whether it is onboarding a staff person, helping with health benefits, retirement, drafting a bill or amendment, writing a fiscal note for a bill, or just moving a desk or hanging a picture, we do the same for all.”

MSA’s McGuigan will be proud to see the project completed as he anticipates, “on time and on budget.”

“From where the project started it has been extremely complicated. I have to praise the team for its cooperation and understanding throughout. We will have a building that will last for decades to come.”

Snapshot of What’s Where

4th Floor: Information Technology, Office of Program Evaluations

3rd Floor: Bill Drafting, Editing (part of Office of Policy Analysis)

2nd Floor: Budget, Fiscal Notes (Part of Office of Policy Analysis)

1st Floor: Joint Hearing Room, Attorney General, State Police, Human Resources, Finance

Ground Floor: Graphics and Printing, Mail and Bill Room, Library Offices

Basement: Library, Facilities, Procurement

The Project Team

Maryland Stadium Authority

Department of Legislative Services

Department of General Services

Architect: Murphy & Dittenhafer

Construction Manager: Whiting Turner



YOUR 2024 PHILANTHROPIC EVENT CALENDAR

Compiled by Megan Kotelchuck

Save the date! Perhaps, save many... there's no shortage of toast-worthy celebrations taking place throughout the greater Chesapeake Bay region this month and throughout summer into fall. We've compiled a generous list of charity events benefiting various non-profit organizations; from derby day parties and beach concerts to black-tie galas and everything between. Have a great soiree season, all for many great causes!

EDITOR'S NOTES:

✦ There are a few To Be Determined events listed within the months they typically have been held in past years.

✦ For all events listed, always call ahead to confirm date and information, as changes have been known to occur.

✦ Don't see your organization's event listed? Email us at editor@whatsupmag.com to be added to the online listings and next year's print version.

MAY

WED, MAY 1

35th Annual Youth of the Year Awards Dinner for the Boys & Girls Club of America at The Westin in Annapolis. Bgcaa.org; The Youth of the Year Awards Dinner is BGCAA's biggest fundraiser of the year and the premier recognition program for Club teens. Honor Anne Arundel County's amazing teens!

THUR, MAY 2

26th Annual Treasure the Chesapeake for the Chesapeake Bay Trust at the Baltimore Museum of Industry. Cbtrust.org; Show off your love for the Bay, amplify your commitment to restoration, and catch up with old friends and new connections.

FRI, MAY 3

Haven Ministries Art Auction for Haven Ministries at Cascia Vineyards in Kent Island. Haven-ministries.org; The evening features lite fare, libations, live and silent auctions, including unique art, jewelry, and items by local artists.

SAT, MAY 4

Bourbon & Blossoms at Maryland Therapeutic Riding's Crownsville campus. Horsesthatheal.org/events; Kentucky Derby themed event that supports MTR's therapeutic equestrian programs for those with special needs.

2024 Derby Day for Talisman Therapeutic Riding at their campus in Grasonville. Talismantherapeuticriding.org; Coming down the home stretch is the event you've been waiting for—the 150th running of the Kentucky Derby celebrated at the organization's annual Derby Day Fundraiser.

Mother's Day Tea and Spring Walk for Adkins Arboretum at their campus in Ridgely. Adkins.donorshops.com; Celebrate spring and the wonderful women in your life with a guided walk and afternoon tea. Look for spring wildflowers along the forest paths, then return to the covered pavilion for a cuppa, scones, and other treats made by a local baker.

Academy Art Museum Spring Gala: An Evening in Tuscany for Academy Art Museum at their Campus in Easton. Academyartmuseum.org; An evening of art, live music, and Tuscan festivities in support of the museum's mission of accessible, high-quality art and art education for everyone.

MON, MAY 6

Tee It Up for a Child for Anne Arundel County CASA at Crofton Country Club. Aacasa.org

FRI, MAY 10

Julianne Rosela Memorial Golf Tournament for The Julianne Rosela Founda-

tion. Juliannerosela.org; Enjoy a great day of golf while supporting the Julianne Rosela Foundation; founded to assist in addressing the needs of local families that experience tragic loss as well as to provide scholarships for Kent Island HS and Queen Anne's County HS graduating seniors.

SAT, MAY 11

Hospice of the Chesapeake 45th Anniversary Celebration for Hospice of the Chesapeake at Fluegel Alumni Center (Annapolis). Hospicechesapeake.org; Hospice of the Chesapeake will commemorate its historic tradition of hospice, supportive and grief care with its 45th Anniversary Celebration.

Sultana Education Foundation's Annual Gala for Sultana Education at Clovelly Farm (Chestertown). Sultana.org; The Sultana Education Foundation's Annual Gala is a party with a mission—raising \$100,000-plus each year to underwrite scholarship programs and support specific capital initiatives.

Arundel Rivers on the Half Shell for Arundel Rivers at YMCA Camp Letts (Edgewater). Arundelrivers.org; Arundel Rivers on the Half Shell is the organization's largest, annual fundraising event. The evening features camp fare, drinks, oysters, and a silent auction—all to benefit our rivers!

WED, MAY 15

Chip in for the Arts Golf Tournament for Chesapeake Arts Center at Compass Pointe Golf Course (Pasadena). Chesapeakearts.org; 11th annual Chip in for the Arts Golf Tournament will pay tribute to Lou Zagarino, a longtime CAC Board member and North County business and community leader.

THUR, MAY 16

Golf Fore Our Girls for Girls on the Run at Renditions Golf Course, Davidsonville. pinwheel.us/registrationinfo/event/GolfFore-OurGirls2024; Girls on the Run of the Greater Chesapeake teaches girls in 3rd – 8th grades social, emotional, and physical well-being through a positive youth development curriculum. The program, offered in both fall and spring, includes life skills lessons, a community impact project, and culminates with a celebratory community 5K event that offers girls a tangible sense of accomplishment through goal-setting.

FRI MAY 17

GiGi's Playhouse "I Have a Voice" Gala for GiGi's Playhouse at The Atreum@Soaring Timbers (Annapolis). Gigsplayhouse.org; Honor children and adults with Down syndrome at GiGi's "I Have a Voice" Gala fundraiser, promoting greater acceptance for all.

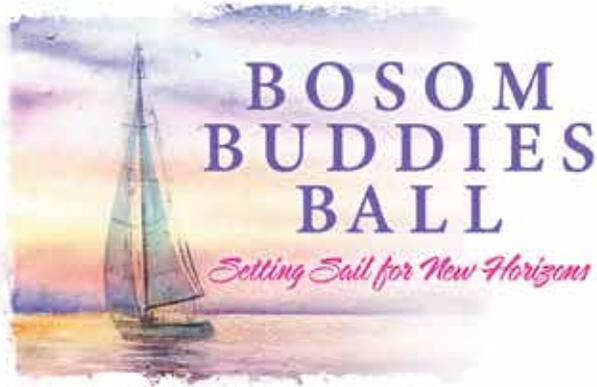


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Providence's Designer Bag Bingo Fundraiser for Providence at Elks Lodge (Severna Park). Providenceofmaryland.org; Join Providence for a great night of bingo and your chance to win a variety of designer handbags from Coach, Kate Spade, Michael Kors, and Tory Burch.

SAT, MAY 18

4th Annual Mental Health Gala & Awards Dinner for National Alliance on Mental Illness Anne Arundel County at Crowne Plaza Hotel in Annapolis. namiaac.org; Recovery from serious mental illness is not only possible, but for many people living with mental illness today, probable. Join us in being a beacon of hope to families living with mental illness by attending the annual Awards Dinner.

Chesapeake Cycling Club Tri-County Classic for Wounded Warriors at Talbot County Community Center (Easton). Ridec3.org; Choose your challenge—a 23-, 38-, 64-, or 102-mile race to support Wounded Warriors.

MON, MAY 20

9th Annual Bo's Effort Golf Tournament for Bo's Effort at Queenstown Harbor Golf Course. Boseffort.org; Support a great cause and make a difference in the community.

WED, MAY 22

Feeding Hope for Anne Arundel County Food Bank at Homestead Gardens (Davidsonville). Aafoodbank.org; For its third year, the Anne Arundel County Food Bank will host Feeding Hope, a casual spring garden party mixed up with a mini-food and drink festival, to raise funds to help neighbors in need fill their tables with fresh, nutritious food.

FRI, MAY 31

Relay for Life for American Cancer Society at Crofton High School. Acevents.org; Help fund groundbreaking cancer research and patient care programs.

University of Maryland Chester River Health Foundation of Shore Regional Health Golf Tournament at Chester River Yacht & Country Club (Chester town). Umcrhf.org; The 30th annual golf tournament to support the health system.

JUNE

SAT, JUNE 1

Clean the Bay Day for Chesapeake Bay Foundation. Cbf.org; This short, three-hour annual event has a massive cumulative impact. Since it began in 1989, this tradition has engaged more than 170,066 volunteers who have removed approximately 7.30 million pounds of

debris from more than 8,595 miles of shoreline.

MON, JUNE 3

Providence's 31st Annual Moran Golf Classic at Queenstown Harbor. Providenceofmaryland.org; The event features 18 holes of golf on Queenstown's two pristine courses on the Chester River, catered fare, beverage cart service, contest holes, silent auction, raffle, cocktail reception, and awards ceremony.

Woodmore Charity Golf Tournament for The Benedictine Foundation at The Country Club at Woodmore (Mitchellville). Benschool.org; Hosted by Thad Fletcher to benefit Benedictine.

Casey Cares Golf Tournament for at Baltimore Country Club. Caseycare.org; Proceeds from the tournament will directly benefit thousands of critically ill children in Casey Cares programs.

Designer Bag Bingo for Maryland Therapeutic Riding at their campus in Crownsville. Hors-esthatheal.org; The mission of Maryland Therapeutic Riding (MTR) is to improve the quality of life of children, adults, active military, and veterans with special needs by connecting humans and horses in a healing environment.

THUR JUNE 6

Bash for our Besties for the YWCA at the Charles Carroll House (Annapolis). Annapolisywca.org; Celebrate friendship while supporting the work and mission of the YWCA. Music, photo bus, fire pits, and delicious food.

FRI, JUNE 7

Fashion for a Cause for Hospice of the Chesapeake at the Fluegel Alumni Center (Annapolis). Hospicechesapeake.org; Join Hospice of the Chesapeake for an evening of runway fashion, food and cocktails, and revelry for a great cause.

SAT, JUNE 8

Bands in the Sand for Chesapeake Bay Foundation at the Philip Merrill Environmental Center (Annapolis). Cbf.org; Bands in the Sand is the party of the year, and you won't want to miss it! Each summer 1,600 guests gather on the beach, dance the night away to live music, and raise a drink to a saved Bay.

Chesapeake Bay Motoring Festival for Queen Anne's County Mental Health Committee at Kent Island Yacht Club in Easton. Chesapeakebaymotoring-festival.org; Support the Queen Anne's County Mental Health Committee, a nonprofit 501(c)(3) organization established to support those members of our community

who need assistance coping with mental illness.

Every Step Counts for Bello Machre at Anne Arundel Community College (Arnold). Bello-machre.org; Form a team, set a fundraising goal, and join the fun on the day of. You can also help out as a volunteer.

MON, JUNE 10

24th Annual Steve Quick Memorial Golf Tournament at The Preserve at Eisenhower Golf Course (Crownsville). Events.golfstatus.com; Benefits a local family with medical support needs.

TUES, JUNE 11

What's Up? Media's Best Of Party 2024 at Doordan Institute of Luminis Health Anne Arundel Medical Center (Annapolis). Whatsupmag.ticketspice.com/best-of-party-2024; Sip, sample, and celebrate the best restaurants, shops, and services at this annual party, which benefits local charities.

WED, JUNE 12

Paca Girlfriends Party at Historic Annapolis' William Paca Gardens (Annapolis). Pacagirlfriends.annapolis.org; Enjoy a glass of bubbly, indulge in culinary creations prepared by the area's premier chefs, shop the festive marketplace, and connect with a wide network of influential women.

FRI, JUNE 14

Casey Cares Rockfish Tournament for Casey Cares Foundation at Chesapeake Bay Beach Club (Stevensville). Caseycare.org; A great day and evening of fishing, fundraising.

Heroes of the Chesapeake for Bayside H.O.Y.A.S. at Fountain Park in Chestertown, through June 15th; Two-day celebration kicks off with a block party Friday evening with live music, and continues with live performances by Sombarkin', Frederick Douglass reenactor Nathan Richardson, educational programming, keynote speakers, and more.

SAT, JUNE 15

Pints 4 Paws for SPCA of Anne Arundel County at Navy Marine Corps Stadium in Annapolis. Annapolishomebrewclub.com; More information forthcoming; check website for details.

MON, JUNE 17

2024 Blasé Cooke Classic Golf Tournament for Catholic Charities at Baltimore Country Club. Cc-md.org; Each team plays for a different Catholic Charities program and the winning team has the opportunity to present a \$2,500 check to that program.

SAT, JUNE 22

Solstice Stomp 5K for Kinera Foundation at Cascia Vineyards (Stevensville). Kinera.org; Kent Island Running Group's (KIRG) 8th Annual Solstice Stomp 5K.

Bike MS: Chesapeake Challenge for National MS Society in Easton. Nationalmssociety.org; Cycle along the scenic, flat terrain of Maryland's Eastern shoreline with a community of riders dedicated to changing the world for people with MS.

SUN, JUNE 23

Taste For Life for the American Cancer Society at The Center Club (Baltimore). Tasteforlife.org; Enjoy delicious cuisine and taste fine wine, live entertainment, silent auction, and more.

SAT, JUNE 29

Shore Rivers Solstice Celebration for Shore Rivers at Wilmer Park (Chestertown). Shorerivers.org; Big-tent party on the banks of the Chester River to support Shore Rivers programs, advocacy, and restoration of the local rivers.

JULY**SAT, JULY 6**

Big Band Night for Chesapeake Bay Maritime Museum at their campus in St. Michaels. Cbmm.org; In celebration of Independence Day, bring lawn chairs and picnic

blankets for an evening of music, dancing, and fireworks along the Miles River.

FRI, JULY 12

Plein Air Easton for Avalon Foundation in Downtown Easton, through July 21st. Pleinaireaston.com; Plein Air Easton is the largest and most prestigious juried plein air painting competition in the United States.

SAT, JULY 13

Speak Your Truth Annual Event for Speak Your Truth at ArtFarm Studio in Annapolis. Speakyourtruthcrew.org; Poets, visual artists, dancers, clothing designers, and more share their experiences with mental illness.

SAT, JULY 20

Bay Paddle for Oyster Recovery Partnership, Chesapeake Conservancy, Waterkeepers Chesapeake, and Kent Island Outrigger Canoe Club in Kent Island. Baypaddle.org; SUP, kayak, and paddle watercraft event to raise awareness of Chesapeake Bay cleanup efforts.

SAT, JULY 27

Benedictine's Chrome City Fundraiser for The Benedictine Foundation at their campus in Ridgley. Benschool.org; Support Benedictine and its critical services and visit the campus all while enjoying a vast collection of cars and motorcycles.

AUGUST**FRI, AUGUST 2**

79th Annual Rotary Club of Annapolis Crab Feast for Annapolis Rotary Club at Navy Marine Corps Memorial Stadium. Annapolisrotary.org; This well-known Annapolis event is a major fundraiser for the community, benefiting many nonprofit organizations. This is an all-you-can eat feast, along with other food options, beer, water, and soda.

SAT, AUGUST 3

Casey Cares 5K Run/Walk for Casey Cares at Maryland Zoo in Baltimore. Caseycarees.org; Participants will receive a tech shirt, race bib, and finisher medal. Awards for the largest team, most spirited team, and top fundraising team.

SAT, AUGUST 17

CRAB Cup for Chesapeake Region Accessible Boating. Crabsailing.org; More information forthcoming.

SUN, AUGUST 25

Annapolis 10-Mile Run for Annapolis Striders at Navy-Marine Corps Memorial Stadium in Annapolis. Annapolisstriders.org; The Annapolis Ten Mile Run is a 10-mile foot race organized by the Annapolis Striders, Inc., an all volunteer, non-profit 501 (c) (3) organization that promotes physical fitness and mental well-being through distance running.

THUR, AUGUST 31

Charity Boat Auction for Chesapeake Bay Maritime Museum at their campus in St. Michaels. Cbmm.org; Bid on donated vessels of all shapes and sizes in support of CBMM. Dozens of boats and watercraft, ranging in size and performance, will be auctioned off to the highest bidders with no minimums or reserves.

SEPTEMBER**TO BE DETERMINED**

Boatyard Beach Bash for Annapolis Maritime Museum at their campus in Eastport. Boatyard-barandgrill.com

Haven Ministries Annual Golf Tournament for Haven Ministries. Haven-ministries.org

FRI, SEPTEMBER 6

Arts Alive 2024 for Maryland Hall at their location in Annapolis. Marylandhall.org; Supports Maryland Hall's mission to provide art for all, to inspire creativity, to uplift and celebrate diverse voices, and to tell important stories through a wide range of high-quality and engaging arts programming in our community.

SAT, SEPTEMBER 7

Boating Party Fundraising Gala for Chesapeake Bay Maritime Museum at their campus in St. Michaels. Cbmm.org; More information to come.

WED, SEPTEMBER 11

Bello Machre Golf Tournament for Bello Machre at Queenstown Harbor Golf Course. Bellomachre.org; Bello Machre's annual golf tournament is a great way to support people with developmental disabilities while enjoying a wonderful day of golf.

SUN, SEPTEMBER 15

Annapolis Run for The Light House for The Light House A Homeless Prevention Support Center at Quiet Waters Park in Annapolis. Annapolisrunfortheighthouse.org; Scenic half-marathon and 5K routes along the trails of Quiet Waters Park and through the beautiful Chesapeake Bay-front community of Hillsmere Shores.

Bay Bridge Paddle for Foundation for Community Betterment at Sandy Point State Park in Annapolis. Abceventsinc.com; This race will bring together all levels of paddlers to share in a day of camaraderie and fellowship.

Ride for Clean Rivers for Shore Rivers at Chesapeake College in Wye Mills. Shorerivers.org; Ride the beautiful back roads of Talbot and Queen Anne's counties in support of ShoreRivers' work for clean waterways.

MON, SEPTEMBER 23

GiGi's Playhouse Golf Tournament for GiGi's Playhouse at Queenstown Harbor Golf Course. Gigisplayhouse.org;

GiGi's Playhouse is a 501(c)(3) non-profit organization with a mission to change the way the world views Down syndrome.

THUR, SEPTEMBER 26

Bourbons. Blazers. Cigars at Historic Annapolis' William Paca Gardens (Annapolis). Bbc.annapolis.org; Network, enjoy bourbon, whiskey, and other fine liquor tastings, premium cigars, and delightful food from the area's top chefs. Supports Historic Annapolis.

Hospice of the Chesapeake Annual Golf Tournament for Hospice of the Chesapeake at Queenstown Harbor Golf Course. Hospicechesapeake.org; The golf tournament is held annually in the Fall at Queenstown Harbor Golf Course.

FRI, SEPTEMBER 27

St. Michaels Concors d'Elegance for the Student Chapter of Antique Automobile Club of America at Kent Island Yacht Club, through September 29th. Smcde.org

Chesapeake Film Festival benefits the Chesapeake Film Festival at various locations in Easton, through September 29th. Chesapeakefilmfestival.org; It is the mission of the Chesapeake Film Festival to entertain, empower, educate, and inspire diverse audiences of all ages by presenting exceptional independent films and events.

Dorchester Chamber Challenge Golf Tournament at Hyatt Regency Chesapeake Bay Resort and Spa in Cambridge. Dorchesterchamber.org; Network with business owners and leaders from across the region while enjoying 18 holes of golf.

MON, SEPTEMBER 30

Birdies for Benedictine for The Benedictine Foundation at Talbot Country Club in Easton. Benschool.org; For over 30 years, our annual Charity Golf Classic tournament has raised more than \$1 million to provide resources for the children and adults living with developmental disabilities and autism that Benedictine supports.

31st Annual BGCAA Bob Ferry Golf Classic for the Boys & Girls Clubs of Annapolis & Anne Arundel County at The Golf Club at South River in Edgewater. Bgcaa.org; Enjoy a day on the links, including a putting contest, closest to the pin contest, food and drinks, and much more.

OCTOBER

TO BE DETERMINED

Tilghman Day Celebration for the Tilghman Island Volunteer Fire Department. Find more information on Facebook; Local watermen and other members of the community plan a number of exhibits

and demonstrations designed to highlight the Chesapeake Bay waterman's way of life.

SAT, OCTOBER 5

Hoedown on the Farm at Maryland Therapeutic Riding's Crownsville campus. Horsesthatheal.org/ events; Country themed event that supports MTR's therapeutic equestrian programs for those with special needs.

Blue Crab Fun Run for Hospice of the Chesapeake at The Regency Stadium in Waldorf. Hospicechesapeake.org; After the run/walk, experience a community event with local vendors and family-filled activities. This event will raise funds to support Hospice of the Chesapeake programs.

SUN, OCTOBER 6

2024 Lifeline 100: Scenic Rivers' Ride for Land & Water for Scenic Rivers Land Trust at Kinder Farm Park in Millersville. Srlt.org; 100-, 65-, 30-, and 15-mile routes, as well as a family fun ride.

THUR, OCTOBER 10

Oysterfest for Chesapeake Maritime Museum at their campus in St. Michaels. Cbmm.org; Sip, slurp, and savor at the fall festival, featuring live music, retriever demonstrations, oysters, and more.

SAT, OCTOBER 12

10th Annual Harvest Bash for Providence of Maryland at their greenhouse in Arnold. Providenceofmaryland.org; More information forthcoming.

SAT, OCTOBER 19

Rock 'N' Roll Bash for Casey Cares Foundation at Rams Head Live! In Baltimore. Caseycare.org; The entertainment lineup will feature High Voltage, the nation's premier AC/DC tribute band.

FRI, OCTOBER 25

Bountiful Harvest: Boots & Bling for Friends of the Light House at The

Atreum at Soaring Timbers in Annapolis. Friendslh.ejoinme.org

NOVEMBER

TO BE DETERMINED

Beef, Bonfires, & Cigars for Haven Ministries. Haven-ministries.org

FRI, NOVEMBER 1

Sultana's Downrigging Festival for Sultana Education Foundation in Chestertown, through November 3rd. Downrigging.org; One of the largest annual tall ship gatherings in North America. The festival features ship tours, live bluegrass music, lectures, exhibits,

family activities, regional food, and more. Proceeds benefit the Foundation's environmental literacy programs and the other nonprofits participating in the festival.

FRI, NOVEMBER 8

Waterfowl Festival for William A. Perry Scholarship Fund and Samuel H. Shriver, Jr. Sporting Heritage Fund throughout Easton, through November 10th. Waterfowlfestival.org; For three days every November, between 18,000 and 20,000 visitors discover the best of local wildlife art, crafts, heritage, food, and fun at the Waterfowl Festival.

SAT, NOVEMBER 9

Fish For a Cure is back on November 9th based at Safe Harbor Annapolis (new venue). This annual fishing tournament and fundraising challenge has been making waves in cancer care in our community for years. The tournament will be followed by a Shore Party and all funds will benefit the Cancer Survivorship Program at Luminis Health Anne Arundel Medical Center's Geaton and JoAnn DeCesaris Cancer Institute. Find more information and register today at fishforacure.org.



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CELEBRATE

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GET HOOKED

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SATURDAY, NOVEMBER 9, 2024

Fish For A Cure (F4AC) is a fishing and fundraising competition that benefits cancer patients and their families in our community. Over the last 17 years, F4AC has raised more than \$5 million to support the Cancer Survivorship program at Luminis Health Anne Arundel Medical Center's Geaton and JoAnn DeCesaris Cancer Institute. The 18th Annual Fish For A Cure Tournament, Paul C. Dettor Captain's Challenge, and Shore Party will be taking place on Saturday, November 9, 2024 at Safe Harbor Annapolis, our new tournament home. Registration for the 2024 tournament is now open.



For more information, visit us at www.fishforacure.org.

Join us in 2024 as we celebrate continued commitment to making a splash in cancer care for our community.



Non-Profits & Charities

you should know about



Human Trafficking... *It's Here.*

It's hard to imagine the global crime of human trafficking is happening across the state of Maryland and throughout the Eastern Shore. Human trafficking involves the use of force, fraud, or threats to obtain some type of labor or commercial sex act from someone against their will. Three major airports, inexpensive bus transportation, train service along the East Coast, large sporting events, a seaport, truck stops, seasonal work, poverty, wealth, drug use, casinos, conventions, disposable income, and an overall lack of community awareness makes Maryland an attractive destination for traffickers. For All Seasons Behavioral Health and Rape Crisis Center is raising public awareness about this issue's impact locally.

For All Seasons campaign, *Human Trafficking. It's Here.* Provides information and resources to help victims of human trafficking know how to get support, as well as help community members recognize the signs of human trafficking, report possible cases, and know where to send someone for help. **Human trafficking occurs regardless of class, gender, or education and occurs in rural, suburban, and urban communities.** Human traffickers can be relatives, friends, individuals operating alone, or those affiliated with gangs or transnational criminal organizations. Some individuals are more vulnerable to trafficking. This includes those who have experienced sexual violence and trauma, homelessness, or involvement in the child welfare and juvenile justice systems.

Vulnerable individuals also include immigrants, LGBTQ youth, run-aways, developmentally or intellectually delayed individuals, and those who suffer from substance abuse personally or within their families. In 2021, the National Human Trafficking Hotline identified 10,360 cases of human trafficking involving 16,710 victims in the United States (cases can involve more than one victim).

Red flags of a human trafficking situation can be:

- Withdrawal from family, friends, and community organizations
- Dramatic change in behavior or signs of mental or physical abuse
- Unable to go in public alone or speak for oneself
- Appearing fearful, submissive, nervous, paranoid
- Sudden and unexplained access to expensive objects or money
- A juvenile with a new or unusual relationship with an adult

Today, **the Maryland State Police remind parents to be aware of online scams involving the sexual extortion of minors.** Investigators find online predators often give the impression that they are younger and romantically interested in the minor being targeted to gain their trust to gain illicit photographs of the minor. **Parents and caregivers are encouraged to talk to their children regularly about the risks of sexual exploitation and to monitor their children's use of all digital devices, including laptops, tablets, desktop computers, gaming consoles, and smartphones.**

Any victim who calls For All Seasons' hotline receives help understanding their options and resources. **For crisis support, contact For All Seasons 24-Hour Hotlines: 410.820.5600 for English or 410.829.6143 for Spanish or text in English and Spanish.**

For All Seasons provides the highest quality mental health and victim services to children, adults, and families regardless of their ability to pay. To learn more - **410-822-1018 | ForAllSeasonsInc.org.**



Amanda James

Food Pantry Director

The organization continues to respond to the growing needs of its clientele, operating two food pantries, in Queenstown and Sudlersville, MD. Haven Ministries has recently welcomed Amanda James as their new Food Pantry Director. She is guided by her person-

“The entire organization is a blessing to this region, offering hope to those in need, and I am thrilled to be a part of it.”

al creed, “Love God, Love People,” which propels her to shine her light through service. Her journey in community service began in Georgia, where she volunteered at a women’s shelter and later established a thriving community food pantry.

Having relocated to Maryland, Amanda was drawn to the work of Haven Ministries’ Food Pantry and eagerly joined as a volunteer. “Being able to fulfill such a fundamental need for those who rely on us uplifts my spirit. The entire organization is a blessing to this region, offering hope to those in need, and I am thrilled to be a part of it,” she expresses.

Love is the foundation of Haven Ministries, transforming lives and nurturing hope. The organization administers various services, including a seasonal Homeless Shelter, a Resource Center, and a Food Pantry in Queenstown; Our Daily Thread Thrift Store in Chester; Hope Warehouse in Queenstown; and a Food Pantry Truck in Sudlersville.

To learn more about supporting Haven Ministries or to organize a food drive, please visit Haven-Ministries.org. You can reach Amanda James at 410-827-7194 or email her at amanda@haven-ministries.com.



You can change lives by volunteering

Haven Ministries is a beacon of HOPE for individuals facing hardship in Queen Anne’s County, providing essential services including shelter, clothing, food, and support. The organization thrives on the generosity and dedication of the local community, which enables them to offer extensive assistance to those in need. “The goodwill of our community members is key to supporting our programs,” says Peter Grim, Executive Director of Haven Ministries.



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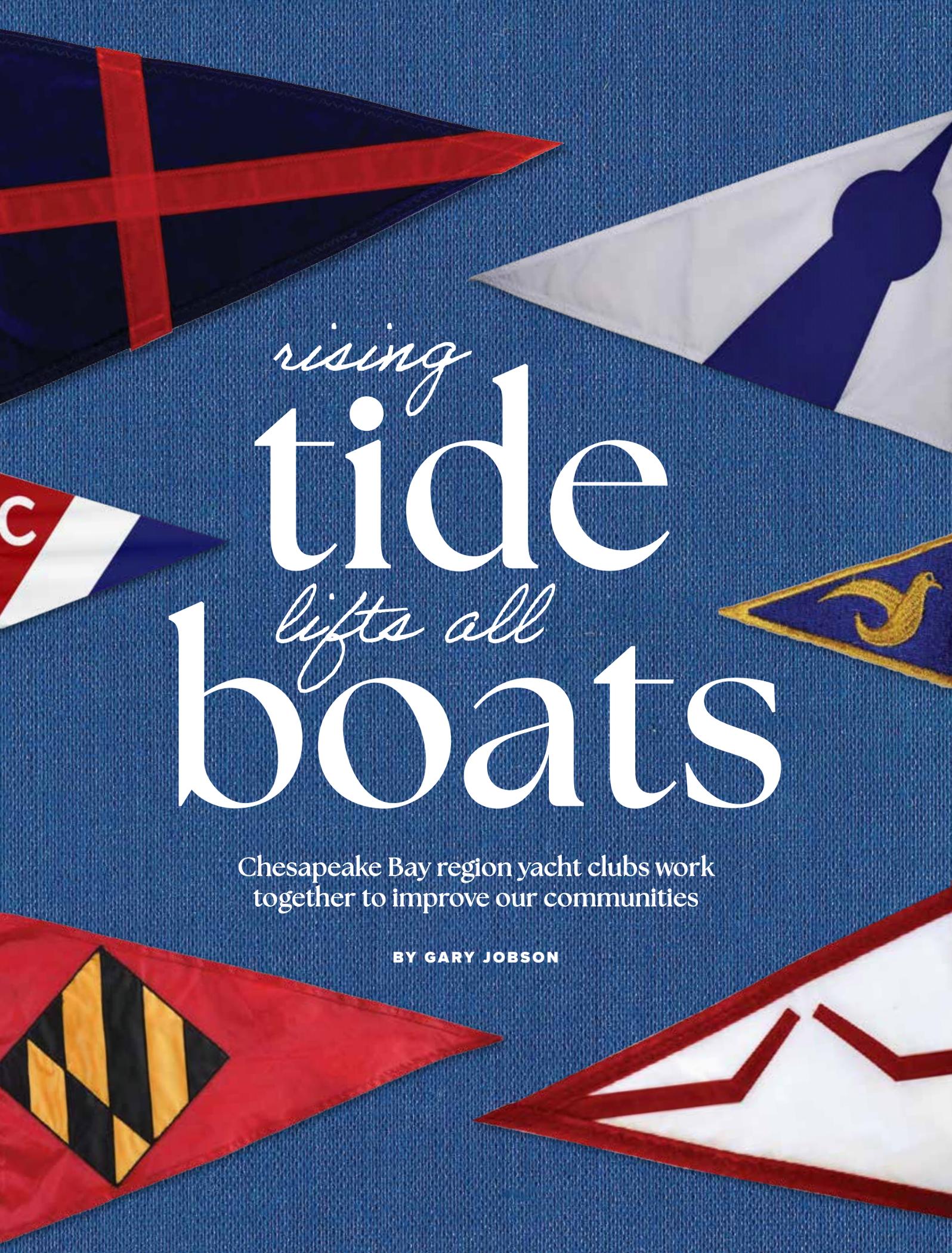
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tide
lifts all
boats

Chesapeake Bay region yacht clubs work
together to improve our communities

BY GARY JOBSON

Sailors in Annapolis like to refer to our town as “America’s Sailing Capital,” which is a nice play on words since the city is the capital of the State of Maryland. From early spring until late in the fall the bay is filled with boats. To my eye it is a heartwarming sight to see so many people enjoy the freedom of being out on the bay.

Several yacht clubs, sailing schools, and a variety of sailing associations work hard to help people of all ages to get on and enjoy the water. A high percentage of our population has difficulty gaining water access. The mission of every yacht club is to promote sailing as a life-long activity. These organizations support separate foundations to help aspiring sailors learn the sport and encourage more people to spend time boating safely. Adding to this narrative, many programs support projects outside of the sport.

The Eastport Yacht Club Foundation (eycfoundation.org), for example, hosts an annual Marine & Maritime Career Expo for high school students considering a career in the marine industry. The Expo is scheduled each spring and usually takes place at Bert Jabin’s Yacht Yard. Students learn



from industry professionals about career opportunities, maritime scholarships, on-the-job training programs, and college courses.

The Eastport Yacht Club also has long hosted a charity regatta to raise funds for cancer research. The first Leukemia Cup was organized in 1993. The Annapolis Yacht Club joined one year later. Between 1993 and 2020 the sailing event raised \$4 million dollars, presented to the Leukemia & Lymphoma Society. In 2022, the name of the regatta was changed to the Maryland Cures Cancer Regatta with the funds being donated to a

The Annapolis Yacht Club overlooks Spa Creek in Annapolis and has a long history of supporting aspiring sailors in the community and encouraging youth participation in the sport. The yacht club’s Foundation (AYCF) announced its latest quarterly grants and scholarships to area sailors and 501(c)(3) organizations totaling \$26K, bringing the AYCF contributions to more than \$130K for the year.



new cancer center at the University of Maryland Medical Center. Two other prominent charity regattas are held during the year, The Hospice Cup, and the CRAB Cup. Of the latter, the clever acronym stands for Chesapeake Regional Accessible Boating—the premier organization in the region dedicated to providing recreational sailing opportunities for people with disabilities.

Together, the three race events have been combined into an annual Triple Crown of Charity Sailing. Winners of the contest are determined by a combination of results on the water and the amount of money individual sailors raise. Another fundraising regatta that was formed recently honors the memory of sailing great Jeff Ewenson in support of the EWE Foundation.

Eastport Yacht Club commodore Mark Jones says, “EYC has and continues to pride itself on being an organization that is engaged with the community. We support Valhalla Sailing and their Veteran Sailing Program to prevent Veteran Suicide. EYC is proud to support the Seafarers Yacht Club. We work with the team at Seafarers to organize and execute their event that benefits their foundation.”

Jones adds, “We are also the home yacht club for Maryland’s Tall Ship, the *Pride of Baltimore II*.”

The Seafarers Yacht Club of Annapolis (seafarersyc.com) was formed in 1959 by African American sailors and power boaters. In 1967, the group acquired an abandoned schoolhouse in Eastport and completely renovated the building, along with adding a swimming pool and a deck overlooking Back Creek. The club’s Seafarers Foundation provides swimming lessons for neighborhood children. In 2003, a one-week summer program was formed for at-risk children between the ages of eight and 12 years old from Anne Arundel and Prince George’s counties. In 2018, the program was expanded to two weeks and includes STEM and maritime education. Interestingly, a day of chess instruction is included by the U.S. Chess Center. The Seafarers Foundation supports a Sea Scout Ship 1959 named *Commitment* in honor of the late Bill Pinkney’s vessel. Pinkney was the first African American to sail solo around the world. The vessel is chartered by the Boys Scouts of America’s National Capital and Baltimore Districts.

The Annapolis Yacht Club Foundation (AYCF; aycfoundation.org) works to foster excellence in na-



This year’s Hospice Cup will be held on September 14th, with the shore party held at Horn Point Marina in Annapolis. Now in its 43rd year, the annual regatta raises funds and awareness for hospice care. Participating hospices use funds raised through Hospice Cup to continue to offer quality end-of-life care to patients, their families, and friends.



Past Commodores of the Seafarers Yacht Club were recently honored. From left to right: PC Melville Wyche, PC William Woodard, PC George Smith (represented by his wife Vivian), PC David Turner, IPC Benjamin McCottry, and current Commodore Derrick Cogburn.

tional and international amateur sailing competition and provides grants to charitable and educational organizations in the Mid-Chesapeake Bay Region. An advisory committee analyzes requests for support.

Commodore Timothy Cusack says, "We support the Annapolis Maritime Museum and Box-of-Rain which connects under-resourced youth to the Chesapeake Bay. The Foundation has provided scholarships for the Annapolis Junior Summer Program."

Last spring, AYCF hosted a dinner and lecture to support three college sailors who are working to gain a berth in the 2024 and 2028 Olympic Games. Olympian Paul Cayard gave the keynote address to 200 junior sailors prior to a sold-out dinner. The event netted over \$100,000. Cusack adds about the Olympic night, "Truly one of the best fundraisers in quite a long time. We hope to build on this year's success."

A few notable sailors the AYCF has supported includes Leo Boucher who is an All-American sailor at St. Mary's College of Maryland, Joe Morris who made the Olympics in the International 49er Class in Rio de Janeiro in 2016, and Tommy Sitzmann who was a standout in the International Optimist Dinghy Class. He finished 5th in the World Championship out of a 258-boat fleet in 2018.

Currently, the AYCF is supporting Chesapeake Bay sailor, Peter Gibbons-Neff, one of 90 entrants in the Mini Transat. He is the only American in the race. The race stretches 4,050 miles on two legs that start in France to the Canary Islands and a second leg to Guadeloupe in the Caribbean. The

race boats are only 21 feet in length. Gibbons-Neff is a graduate of the U.S. Naval Academy and serves active duty in the Marine Corps for 10 years. He was a member of the Academy's Offshore Sailing Team as a midshipman.

The Severn Sailing Association (SSA; severn-sailing.org) was founded in 1954. The mission of the organization is to promote one design racing and education through a vibrant junior sailing program for children between the ages of 5 and 18. The annual dues for a junior member is a modest \$47 per year.

About 170 youngsters participate each summer. The club makes a point to enroll several children from Eastport that might not be able to afford any fees. In addition, the club sponsors three high school sailing teams during the spring and fall seasons. The club has hosted numerous major national and international championships over the years. Commodore Bruce Empey says SSA does not have a separate foundation like the other clubs in town but does host a regatta that raises funds for the Olivia Constants Foundation through a team race regatta. In 2011, Olivia tragically drowned when her small dinghy sailboat capsized. The regatta pairs sailors of all ages together in different boats. The event is well run and in 2014 was recognized by the U.S. Sailing Association for exceptional race management, awarding SSA with the prestigious St. Petersburg Trophy.

Severn Sailing Association works with local Scout troops to assist in maritime-oriented merit



The Seafarers Summer Youth Program was established for at-risk children between the ages of 8 and 12 years from Anne Arundel and Prince George's Counties, providing instruction and practical experiences in first aid and life saving measures, water safety, swimming, fishing, boating, the science of navigation, math and reading skills, etiquette, information on career opportunities in the marine environment.



badges. Empey says, “Most of these young people are non-members nor children of members. We supply 60 oyster cages each year in conjunction with the Oyster Recovery Partnership and a local Scout troop. The oysters are recovered and are taken upriver for planting near the Route 50 bridge.”

The Eastport Yacht Club is also heavily involved in the Oyster Recovery Partnership. Additionally, EYC has an Environmental Committee that works closely with Sailor’s for the Sea Clean Regatta’s Program. And one of the most popular events in Annapolis during the Christmas and holiday season is the annual Lights Parade. A portion of the sponsorship revenue goes into the Eastport Yacht Club Foundation.

On the Eastern Shore, the Rock Hall Yacht Club (rockhallyachtclub.org), established in 1937, has a long history of engaging the local community and philanthropic work. The Club’s sailing school offers camp partnerships and scholarships to the community to promote sailing and the enjoyment of the Chesapeake Bay. RHYC welcomes visitors for a day of learning basic sailing instruction

and introducing water to children that may not otherwise have the opportunity.

A bit south, the Cambridge Yacht Club (cambridgeyachtclub.com), formed in 1911, hosts an annual fundraiser for the Choptank River Lighthouse and supports an awareness walk for suicide and mental health. Junior sailing is a high priority for the club along with neighboring Tred Avon Yacht Club (tayc.com) in Oxford, Maryland. Both clubs host Log Canoe racing that draws large crowds to watch the racing.

The list of charitable programs supported by passionate sailors and local yacht clubs is long. Improving life for the whole community sets an important example for all. ■

Gary Jobson is a world-class sailor, television commentator, author, longtime resident of Annapolis, and pre-eminent ambassador for sailing of the United States. He either serves on or has served on the boards of Operation Sail, US Sailing, Olympic Sailing Committee, Leukemia Cup Regatta Series, Annapolis Yacht Club, National Sailing Hall of Fame, Chesapeake Bay Trust Board of Directors, and Visit Annapolis, among many others.

Junior (youth) sailing programs are the hallmark of many yacht clubs, including Severn Sailing Association in Annapolis, Rock Hall Yacht Club, and Cambridge Yacht Club on the Eastern Shore, among many others.

MARYLAND'S HISTORIC & ICONIC ROADS ARTICLE SERIES

coast

to

coast

FROM OCEAN CITY BEACHES TO CALIFORNIA SUNSHINE,
ROUTE 50 TRAVERSES AMERICA // BY ELLEN MOYER

In 1997, *Time* magazine devoted an entire issue to the road they called the “Backbone of America.” Reporters followed the road from its most eastern terminus in Ocean City, Maryland, through 12 states, across the Great Plains, the Rocky Mountains, and the Great Basin, to Sacramento, California. Their mission...to discover along the way “what is holding America together and what is pulling it apart.” The chosen road was U.S. Route 50—the very road that wraps around our state capital, Annapolis, and is a straight highway from ocean to ocean across middle America. Of it, author William Least Heat-Moon wrote, “For the unhurried, this little-known highway is the best national road across the middle of the United States.”

U.S. Route 50 was officially named so in 1926. Its first route was designed from Wadsworth, Nevada, to Annapolis, Maryland, but would soon extend from Sacramento, California, to Ocean City, Maryland—a full 3,073 miles across the USA. Before it became U.S. Route 50, however, it was known by monikers such as the Northwest Turnpike and the Midland Trail. Further back in the 1700s, parts of the route were surveyed by George Washington. It was known simply as a wilderness trail, a wagon trail, and the way west.

In the early 1900s, shortly after the creation of the automobile, America did not have a road network. It had a railroad network. The new auto invention was viewed as a toy for the rich, and not worthy of spending one’s money on. Roads from one town to another were open to bicycle and stagecoach travel, often sponsored by banks and private organizations, and given names such as the Lancaster Pike, Liberty, and Lincoln Highway (one of the first transcontinental highways).

But by 1925, Henry Ford and his car company had proven the auto skeptic wrong, and 250 named highways soon crisscrossed

The four-mile long Chesapeake Bay Bridge is one of the most iconic stretches of U.S. Route 50’s 3,073 miles.

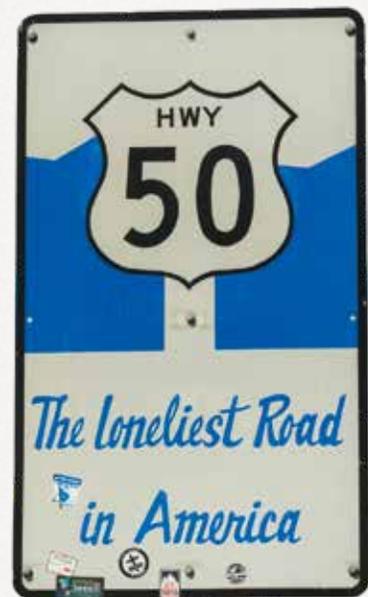


Henry Ford’s revolutionary automobile and its mass manufacturing would spur the United States to develop a national highway system to accommodate the rapid increase in auto travel.

the country. It was a confusing non-network. Though there was talk among states and federal agencies for years about creating a national system, it wasn’t until Franklin D. Roosevelt’s presidency in the 1930s that an interstate highway system began to come to fruition.

The Interstate Highway System eventually became reality with the Federal Aid Highway Act of 1956 and signed into law by President Dwight D. Eisenhower. Though some viewed losing the uniquely named highways as a historic loss, the new number system would shape the nation for the 20th century. It linked named highways into continuous routes and, for the first time, set standards for road design. Today, although we see cars everywhere, roads cover only one percent of the U.S. land area according to the Federal Highway Administration.

A sign in the Nevada desert denotes rural Route 50 as “The Loneliest Road in America.”





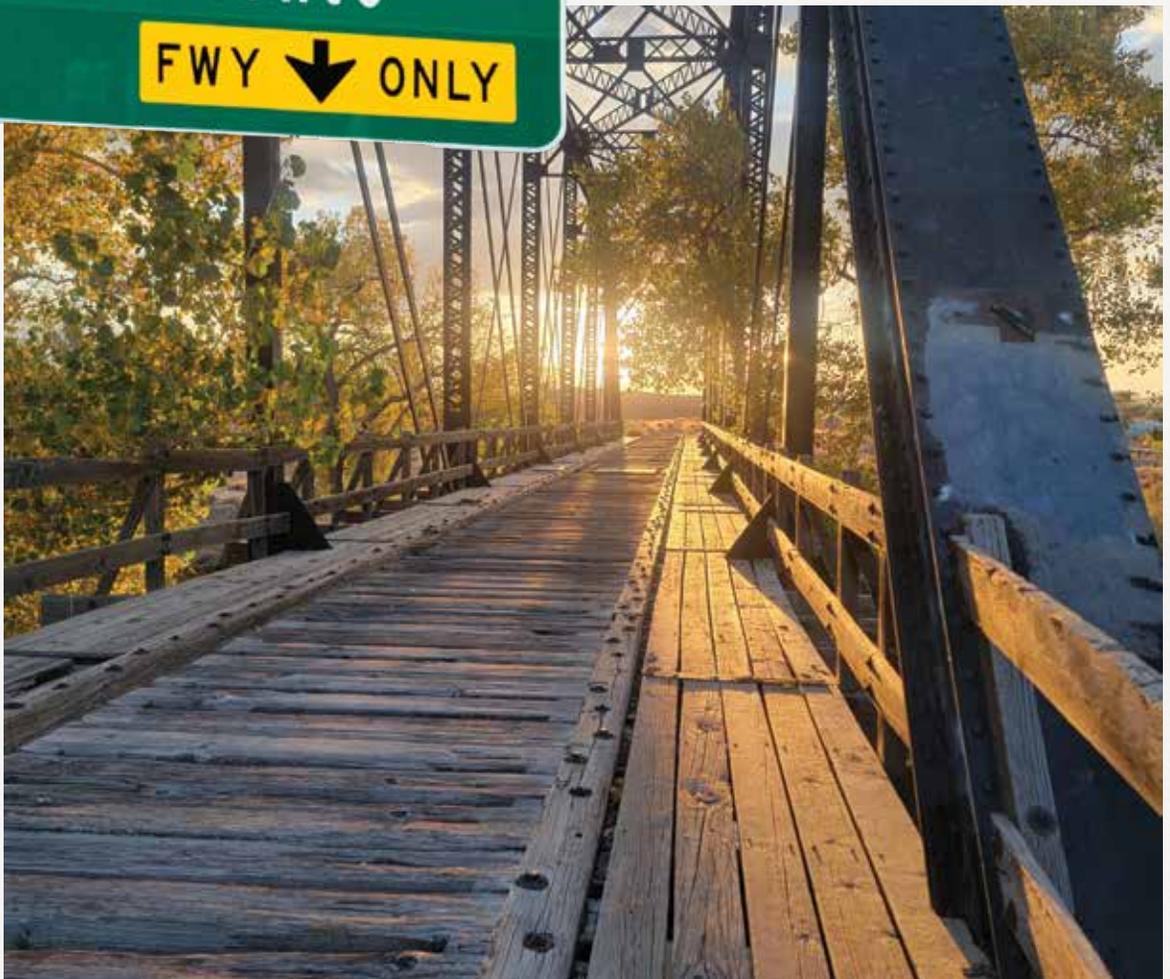
But what about U.S. Route 50, which began as a cross-country route from Wadsworth to Annapolis? The town of Wadsworth was named for a Civil War general killed in the Battle of the Wilderness in 1864. It was a major railroad town situated on the Truckee River. After 40 miles of desert, Wadsworth was a preferred stop along the Lincoln Highway, located near Lake Tahoe, as well as Pyramid Lake on the Paiute Reservation. In 1867, Central Pacific Railroad had a 21-stall, two-story roadhouse in Wadsworth.

The Route 50 Bridge in the foreground of this aerial view of Ocean City is the starting point (or end) of the cross-county highway. At the other end; Sacramento, California.

Wadsworth was a thriving company town and supply center with hotels, shops, and saloons that opened the southwest to travelers and



This railroad bridge that spans the Truckee River at Wadsworth, Nevada (population 991 as of the 2020 census) is one of the last remnants of the once-bustling railroad industry dominated by Central Pacific in the 1800s.





U.S. Route 50 reaches its highest elevation of 11,312 feet in Gunnison, Colorado.

tapped into its fishing and trapping areas. So, it was natural that this center on the Lincoln Highway would

be selected as the start of a major route east to the capital of Maryland—home of the U.S. Naval Academy and close to Washington, D.C.

But today, Wadsworth is a ghost town and U.S. Route 50 is known locally as the “loneliest road in the country” as it winds through miles of Nevada desert and extinct volcanos. The route reaches a high point of 11,312 feet at Gunnison, Colorado. By 1949, the highway route would lengthen to Sacramento westward and Ocean City east.

Every road has a story to tell and along them once-thriving towns have died, such as Wadsworth, while new towns were born, such as Ocean City. U.S. Route 50 was traveled by national heroes and helped birth legends including Kit Carson, The Pony Express, Johnny Appleseed, and George Washington. Along its way, U.S. Route 50 leads travelers

and tourists to national parks, canyon lands, serpent mounds in Ohio, Civil War battlefields, historic Annapolis, and Assateague National Seashore, among so many more national treasures. This highway offers an outstanding United States history and landscape story. Though it might not be the best-known or most-romanticized highway in our country, it is the “Backbone of America.” ■



Located just 10 miles from U.S. Route 50 in Peebles, Ohio, Serpent Mound Prehistoric Monument is a 1,348-foot-long, three-foot-high prehistoric effigy mound—the largest serpent effigy known in the world.

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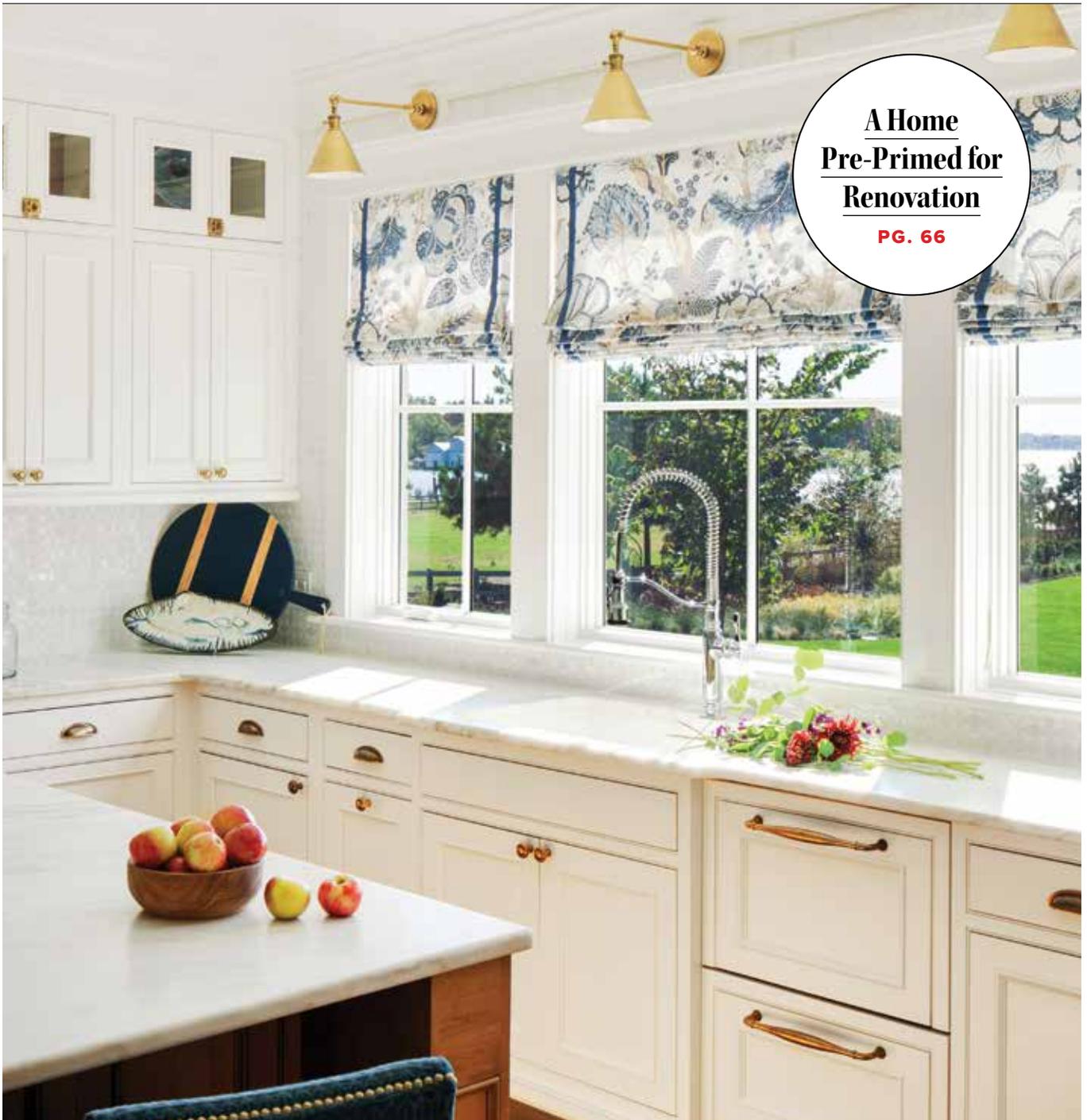
66 STARTING WITH VALUE...

72 PRETTY PERFORMERS

74 REAL ESTATE PROFILES

**A Home
Pre-Primed for
Renovation**

PG. 66



Starting with Value...

AND A HOME PRE-PRIMED FOR RENOVATION

By Lisa J. Gotto

After three years of searching the mid-Atlantic seaboard for just the right property, our feature homeowners thought that their intention to relocate from their 10-acre homestead in Nashville to a new, waterfront residence would not be realized. However, persistence and a willingness to reassess their goals provided them with a unique opportunity beyond their imagination.

As the homeowner explains, she and her husband had been looking for a place where they could take their true love of boating and finally get out on the water on a regular basis.

“It was hard in Nashville because you had to drive an hour to get to your boat when you’re on a lake, and you’re kind of landlocked. So, we did a lot of research. We went here, went there, and looked at oceanfront properties and stayed for a week in different places along the East Coast,” she says. “We knew we wanted to be on the East Coast on the water, but we really wanted to have a dock or a pier and to be able to just walk out our back door and be on that pier and get on a boat and not have to get in a car to do that.”

Along with the water requirements, the couple wished for a dwelling that was turn-key with little to no upgrades to be made. They desired a minimum of five acres of land, plus other features that would help accommodate their beloved dogs and cats—and there are five of each!

Their last residence had been a total revamp of a historic home from the mid-1800s, so the thought of another large-scale renovation was a non-starter until—until it wasn’t. After numerous

scouting trips to Annapolis and finding properties that didn’t hit the mark because the lot was too small or the elevation too high, their real estate agent had one last property that she felt had merit, even though it wasn’t listed on the Multiple Listing Service—and the interior was a mere shell.

There’s one word that turns a mere shell into a sold home...potential.

Despite the structure presenting a failing, ’80s red brick façade, a crumpled front gable, and rough landscaping, the location along Duvall Creek was exquisite, and the lot was large and flat.

“We knew that this was it as soon as we turned into the driveway,” she says. “I immediately saw so much potential. I saw the fencing around it for the dogs, a really beautiful gate. I could see the house, how it could look. It was just beautiful. It just needed somebody.”

The 7,300-square-foot Georgian classic, which was up for private sale, had been in a state of perpetual renovation with no clear resolution in sight.

Complicating the scenario, the home was also located in a critical area, which meant the new owners would need to find just the right team that could provide structural, logistical, and design expertise to address all that wasn’t working and then enhance what was working.

The couple chose Purple Cherry Architects (PCA) of Annapolis after doing some thorough research.

“We immediately knew Cathy [Purple Cherry] was the one; her personality fit ours.”

In addition to the team at PCA, the couple chose Gate One Builders to execute the plan and Champion/Hruby Landscape Architects to dress the surrounding acreage.

“WE KNEW WE WANTED TO BE ON THE EAST COAST ON THE WATER.”





AFTER

BEFORE AND AFTER TAKEAWAYS

Dramatic. Impactful. Stunning.

Attaining ‘before’ and ‘after’ effects of this scale are what it’s all about in the home remodeling arena. Project driver Cathy Purple Cherry points out that while it looks as though this home required many structural changes to produce what we see in the ‘after’ photos, some homeowners might be surprised to learn that the primary ingredient when it came to the façade, was the three coats of white opaque stain used to transform the drab brick.

“And only one other change, obviously, was simply the circle window in the big front gable because in the existing [home] proportionately, it was very tiny, and the front door changed to something that wasn’t arched and allowed that classic palladium window to sit above it,” Purple Cherry explains. “Then we also did bigger columns.”

Classic touches include the solid mahogany front door framed by two striking, oversized coach-style lanterns. The landscape is architecturally re-imagined with intentional, house-framing native plantings in the front and borders of hardscaped stone and garden-like plantings in the back. The entire package creates a reminiscent, Lowcountry feel.



And it is the back of the home that was richly deserving of a transformation worthy of the home’s advantageous waterfront positioning.

What had been a totally unremarkable and underwhelming waterfront reveal became a gracious and glorious walk out to the property’s private pier. Three levels of the home’s exterior had also been upgraded to maximize every sightline from indoors to out and provide a copious amount of outdoor living opportunities.

Purple Cherry says that the strategy was primarily centered on the application of the back porches. “And we did an addition on the right-hand side,” she says.

“If you compare the [before and after photos], we needed more room in the downstairs back kitchen, so we pulled that out. We then obviously widened our shed dormer on the right, and on the left took off the fake gable and then dug in and created those decks on the second floor.”

They then added an entire second- and third-story porch level to the structure's center core so that those new spaces could create those indoor and outdoor living opportunities.

"At the very top of the peak, that is a home office," she continues. "The right is the master suite. The left is a second master suite in concept. And then the lower level—the three, big quad pairs in the center under the roof are the great room, dining, and kitchen."

Completing the floorplan, the family room is located on the far left and the home's support spaces, including a back kitchen that feeds to the garage and the side entry, are located to the far right.

The back of the home was intentionally designed to be a less formal complement to the front of the house, says Purple Cherry, noting this was accomplished in several ways including changing the shape of the end gables and substituting square columns for round ones to create one cohesive informal but gracious visual takeaway.



FILLING THE MERE SHELL

The homeowner's interior scheme had a Mediterranean vibe to it, which was totally out of keeping with its classic, Georgian exterior. Purple Cherry had a remedy for that.

"We had to move walls, move lines, move patterns, move everything. So, we basically went in and ripped out," she says.

Once through that mahogany front door, however, one is immediately impressed with how some aspects of the home's floorplan, like the existing three-story entry would combine with newly envisioned sightlines to create a breathtaking introduction to the waterfront.

The PCA interiors team then took certain cues from the homeowner who had some serious experience creating interiors from her former home renovation and was already full of ideas of what she wanted and where it should go.

Although their former home was more traditional and evoked aspects of the equestrian lifestyle, coming to Annapolis meant an opportunity to do something different; somewhat coastal with a modern edge to it.

"I just had this vision of this house having all of these elements, all the window seats that we built in—and in every room that otherwise would've been an empty space. But now they're these cozy little nooks that you just want to sit in," she says.

Also on the homeowner's wish list was wide-plank floors, so with the help of PCA's interiors team, they chose a sanded and stained white oak in a chestnut color. And although they were basically starting from scratch at this point, there were some conventions of the structure that required workarounds. The lower-profile ceilings in the home's living areas, for instance, were not something they could change.

They could, however, be augmented. The result is a series of rooms where you notice refined architectural treatments, not a lack of height. In the great room, there's exquisite coffering on the "fifth wall" that complements the rest of the luxurious molding and trim work, including the accents on the crisp, white central fireplace with marble surround. This is another great example of

"WE HAD TO MOVE WALLS, MOVE LINES, MOVE PATTERNS, MOVE EVERYTHING. SO, WE BASICALLY WENT IN AND RIPPED OUT,"



a structure that already existed in the home but was enhanced ever so subtly by the homeowner requesting that two small stars be added to the mantle façade. A small detail with large impact.

In the family room, painted beams were added, and in the primary suite, knotty wood beams play off the rustic charm of its white mantle fireplace with brick surround.

The kitchen afforded another opportunity to get creative with the home's existing footprint. The room's square footage was a tad smaller by some of today's standards but enlarging it would require going through the permitting process again, creating another non-starter. The remedy was the addition of an adjacent back kitchen/butler's pantry that provided the homeowner with further creative license to personalize the space. A fashionable, coastal blue paint was used in this room for the cabinetry and molding, and upper glass fronts and heritage style hardware were chosen to further elevate the look

of the custom cabinets. The homeowner opted for a Dutch exterior door in this room, handsomely balancing style with substance by honoring her love of horses and creating a safer space for meandering pets. Re-claimed Chicago-style brick was laid in a herringbone pattern on the floor.

The main kitchen retained the wide-plank hardwoods and added an incredible view of the backyard and waterfront from a series of windows over the sink.

"I am not of big fan of cold white kitchens," says the homeowner. However, the smaller space denoted using white. So, the design would call on the owners' love of wood accents and custom, vintage hardware to help bring in warm tones and textures to balance out their crisp, Danby marble counters and white cabinets. Luxe, patterned window treatments with coastal vibes by Thibaut were sourced through Sew Beautiful Interiors of Severna Park, completing the bright, sunny look.

A PLACE FOR THEIR PALS

At the end of the day, one of the most important things the house needed to do was provide a home for all of the empty nesters' pets. Ardent animal rescuers, the couple required some workarounds for their furry brood of five dogs and five cats.

Purple Cherry explains that these types of conversations were central for the mindful outfitting of a home with many pets.

"What's the fabric that's going to be chosen? What's the floor material? For example, the family room...that is the Number One dog area, meaning that was the place where they envisioned that they would hang out all the time watching television and all of the animals would be with them. So, believe it or not, the hardwood stopped outside of that space and a decorative hardwood tile went in specifically because when the dogs are there, they can have accidents."



In fact, the homeowner says that one of her home's favorite features is located on the lower level where they installed a huge, dog washing station, that she muses is bigger than all of their showers combined.

"They all have to be washed and all of our dogs are shakers," she laughs. So, they provided plenty of space for them to do just that behind large glass panels, and they chose Chicago brick for the flooring. The finishing touch: Thibaut wallpaper depicting whimsical pencil drawings of dogs in shades of gray, yellow, and black for the walls.

Other aspects on the homeowners' favorite feature list include the home's entry with its soaring ceiling and its big, open-water view, and the primary bedroom with its fireplace, overhead beams, and soft, cozy vibe. All part and parcel of a team effort, and a true appreciation of what they had found.

"We are so proud of the house because we literally took a shell that was just torn to bits," she recalls. "It was a mess, and we turned it into a stunning, beautiful, warm, stately, elegant home. And that was the goal. I wanted it to look like it had been there forever."

Pretty Performers

FRESH FABRICS THAT EXTEND INDOOR LIVING TO THE OUTDOORS

By Lisa J. Gotto

Can it be that poolside-sitting weather is finally upon us? Perhaps you're getting ready to retrieve your patio soft goods from their storage containers for another season of outdoor relaxation and recreation? How is that going? Do they remain seasonally stunning, or might they look like they've been adrift in the Severn for a spell?

No matter, there's still time to style up a pleasing patio scene with best-in-class fabrics that stand the test of time while lending grace to your outdoor space.

WHAT MAKES IT LAST?

Maybe a better question is, what are your outdoor living goals? The truth is, not all upholstery fabrics are created equal. For some people this is of little consequence; while for others having to replace their pillows, cushions, umbrellas, and cabana drapes once upon a season is a story they have heard one time too often.

Once you have assessed your needs, you'll want to be aware of these buzzwords before you head out on your next cushion excursion:



ACRYLIC:

Synthetic and man-made, fabrics made from acrylic fibers are widely used for outdoor applications primarily for its water-resistant properties. Acrylic is also known for its resistance to fading and mildew. It's soft to the touch, quick-drying, and resists shrinking. For the long-haul, however, some of these fabrics may pill over-time and show signs of chafing. They are also highly flammable, so steer clear of the fire pit if you're choosing this popular option. These fabrics are best for consumers who wish to update their outdoor patio panoramas more frequently, perhaps as much as every summer, because these fabrics are option-rich and seasonally thrifty.

Polyester:

Another commonly used material for outdoor fabrics is polyester. It is not inherently waterproof, however, so it is most often treated with additional coatings or finishes such as silicone, or polyurethane to enhance its durability and resistance. The coating process plumps up the fabric giving it more elastic properties and a filmy surface feel. This additional affordable and durable option is also hypoallergenic.



SUNBRELLA:

Perhaps the most popular brand of high-performance outdoor fabric because of its affiliation with mass market retailers like Pottery Barn, Sunbrella fabrics are often made from acrylic, or a blend of acrylic and other materials known for their UV resistance, water repellency, and ease of maintenance. Other brand contenders that get high marks in this category are U.S.A.-based Bella-Dura Fabrics and Inside-Out Performance Fabrics.



Olefin:

Also known as polypropylene, Olefin is a synthetic fiber that is resistant to moisture, mold, and fading. It is often used for outdoor rugs, cushions and upholstery. Olefin is used in high-quality brands, such as GeoBella, known for its beautiful and touchable texture. While often compared to Sunbrella fabrics, Olefin is classified mostly as an indoor fabric that can be used outdoors, where Sunbrella is exclusively made for outdoors.



SOLUTION-DYED:

Manufacturers of premium fabrics for outdoor living like Perennials, a trendsetter in luxury fabric for poolside and boat, use a process called 100 percent solution-dyeing technology to enhance and sustain the color and pattern of outdoor fabrics. This process adds color pigments during the fiber production process which results in a more fade-resistant and durable fabric. These fabrics are often considered more natural-looking and feeling, as well. Many manufacturers will offer a five-year warranty on a solution-dyed fabric.



WHAT'S HOT? ➤

That pesky ol' color of the year, Peach Fuzz, continues to pop up on our design radar and while you may have never dreamed of going in that direction outdoors, our style spies are loving how it well it works with waterside surroundings. Sunbrella fabric offerings come in a variety of textured solids, subtle stripes, and geometric patterns. So inspiring! Ready to head back out to the patio? It's pillow-puffing and crab-cracking season once again!

OH, WHAT A TANGLED WEB?

Not really, but it does pay to know the particular weave of a fabric when you're seriously considering making an investment in new outdoor soft goods.



Among the most popular weaves in outdoor fabrics are plain, twill, and slub weave. The simple crisscross pattern of the yarns in a **plain weave** intersects at right angles creating a balanced and strong fabric that is durable, smooth, and easy to care for.



Twill weave creates a diagonal pattern by interlacing its warp and weft threads. Each weft thread passes over a certain

number of warp threads before going under, creating its distinct diagonal line. Twill weaves are known for their durability, flexibility, and characteristic diagonal appearance. The most popular heavy-duty fabric, canvas, for example, is a tightly woven material created from either a plain or twill weave. Every proper Marylander is familiar with the abilities of this boat-friendly, workhorse fabric.



The yarn fibers in a **slub weave** involve intentional irregularities, or thicker sections of yarn, that create a more textured or uneven surface than a plain weave. This type of weave allows for a greater degree of visual interest within the fabric, or even a more handcrafted look.



Easily Sold in Southwind

By Lisa J. Gotto

So much space and so much serenity. This 3,700-square-foot home located in the private community of Southwind in Chester has it all!

This is the perfect place to live if you like seasonal water views, the benefits of community amenities, and a home with space to dream.

Built in 1996, this contemporary style, three-story residence sits on an idyllic lot with plenty of green space, mature landscaping, and proximity to the waters of the Eastern Bay and Crab Alley from its position on a point of land completely surrounded by water.

**Primary
Structure
Built:** 1996

Sold For:
\$925,000

**Original
List Price:**
\$925,000

Bedrooms:
4

Baths: 4
Full, 1 Half

**Living
Space:**
3,713 Sq. Ft.

Lot Size:
1.07 acres

Just inside the welcoming portico, you'll gain entry to the large, open living area with gleaming, light-colored original hardwoods underfoot that partner so well with the space's large windows and patio doors offering tons of natural light. A central, wood-burning fireplace and easy access to the home's spacious gourmet kitchen, make this just the right place for gracious entertaining.

The kitchen has great sightlines to the living area and offers generous space for in-room dining framed with a lovely bay window. Rich wood cabinetry, a large center island with double sink, a roomy, separate pantry, and a stainless-steel appliance package make this room as functional as it is beautiful.

Did we mention the access it provides via sliding glass doors to the expansive deck and lounge area? This provides extra space for the party to spill out to a huge backyard with tons of running room for the kids.

Upstairs, the new owners will retreat to a spacious suite and their own private balcony off the bedroom. Again, natural light abounds and high-





lights the gorgeous tray ceiling above. A luxurious, all-white bathroom features dual vanities, garden tub, and an oh-so-enviable custom-designed his and her walk-in wardrobe.

This large second level also offers two additional spacious bedrooms that feature a shared bath, an amazing second floor rec room with custom built-ins and another primary suite with its own bath. Quite the accommodation for guests or even a live-in au pair.

The lower level provides even more room in the form a completely finished space with attractive, blonde hardwood floors, ready for furnishings and fun times with family.

Listing agent, Scott Schuetter, says his sellers were thrilled that their property was under contract within one week of listing despite the slower market, and that it sold for full ask.

Listing Agent: Scott Schuetter, Berkshire Hathaway Home Services | PenFed Realty, 1997 Annapolis Exchange Pkwy., Annapolis, m. 410-900-7668, o. 410-266-0600, scott@scottschuetter.com, scottschuetter.com **Buyers' Agent:** Joseph Holland, NextHome Residential Realty, 3280 Pine Orchard Ln., Ellicott City, m. 301-351-6890, o. 410-696-3319, nhrrrec.com, joe@nhrrrec.com

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A Touch of Williamsburg on the Wye

By Lisa J. Gotto

This precious house is a sweet dream come true in a prime waterside location in Queenstown. Indeed, the best things in life can come in small packages, but they also can have great water views and lovely surroundings. This three-bedroom, Williamsburg Cape Cod offers everything a family needs to get started in life and so much more when it comes to creature comforts and modern conveniences.

Located on a private cove off the Wye River, this picturesque charmer is well situated on a semi-wooded lot and offers some scenic tall

trees for sun cover and a large, tidy front lawn with a brick walkway to the front door.

A gracious entry introduces guests to the beginning of many custom details put into the home. They start with a roomy foyer that features an architectural staircase and attractive, honey-colored hardwood floors that guide you on the right to the formal living room, and forward to the open-plan kitchen and dining area.

The living room is bright and sunny and offers neutral tones and handsome crown molding and chair rail detail. The kitchen can also be accessed through the living room and is a large, combined space brimming with warmth and charm. Custom, honey-colored wood cabinetry abounds here, as does an abundance of natural light and a great view to the water from the window above the sink. There's also plenty of prep and counter space, and a complementary center island with breakfast seating and integrated gas cooktop.

Primary Structure Built: 1981

Sold For: \$1,210,000

Original List Price: \$1,179,000

Bedrooms: 3

Baths: 2
Full, 1 Half

Living Space: 2,256 Sq. Ft.

Lot Size: 1.31 acres





The dining area, with its sliding glass door view out to the water, is absolutely blissful with its wood beam ceiling treatment and a rustic, stacked stone fireplace with wood mantle.

The fireplace is of the two-sided variety and adjoins on the opposite side of the wall to highlight a roomy family room that also has sliders to the water. On the opposite end of the kitchen, a side door provides access to a lovely, bright sunroom with ceramic tile and water views.

This level is also conveniently accommodated with a roomy, first-floor primary suite. The home's additional two bedrooms are located on the upper floor and share a full bath.

Outside, there's a generous covered patio off the kitchen outfitted with brick pavers that is the perfect place to take in the scenery of a tree-topped lot and exquisite view of the water. The view of the property's deep water private pier equipped with all-new electric in 2022, and a boat lift also is great.

Listing Agent: Jimmy White, Long & Foster Real Estate, 202 Thompson Creek Mall, Stevensville, m. 410-320-3647, o. 410-643-2244, jimmy.white@longandfoster.com, longandfoster.com

Buyers' Agent: Deborah Savoie, Long & Foster Annapolis Eastport, 320 6th St., Annapolis, m. 410-991-2808, o. 410-260-2800, deborah.savoie@longandfoster.com, longandfoster.com

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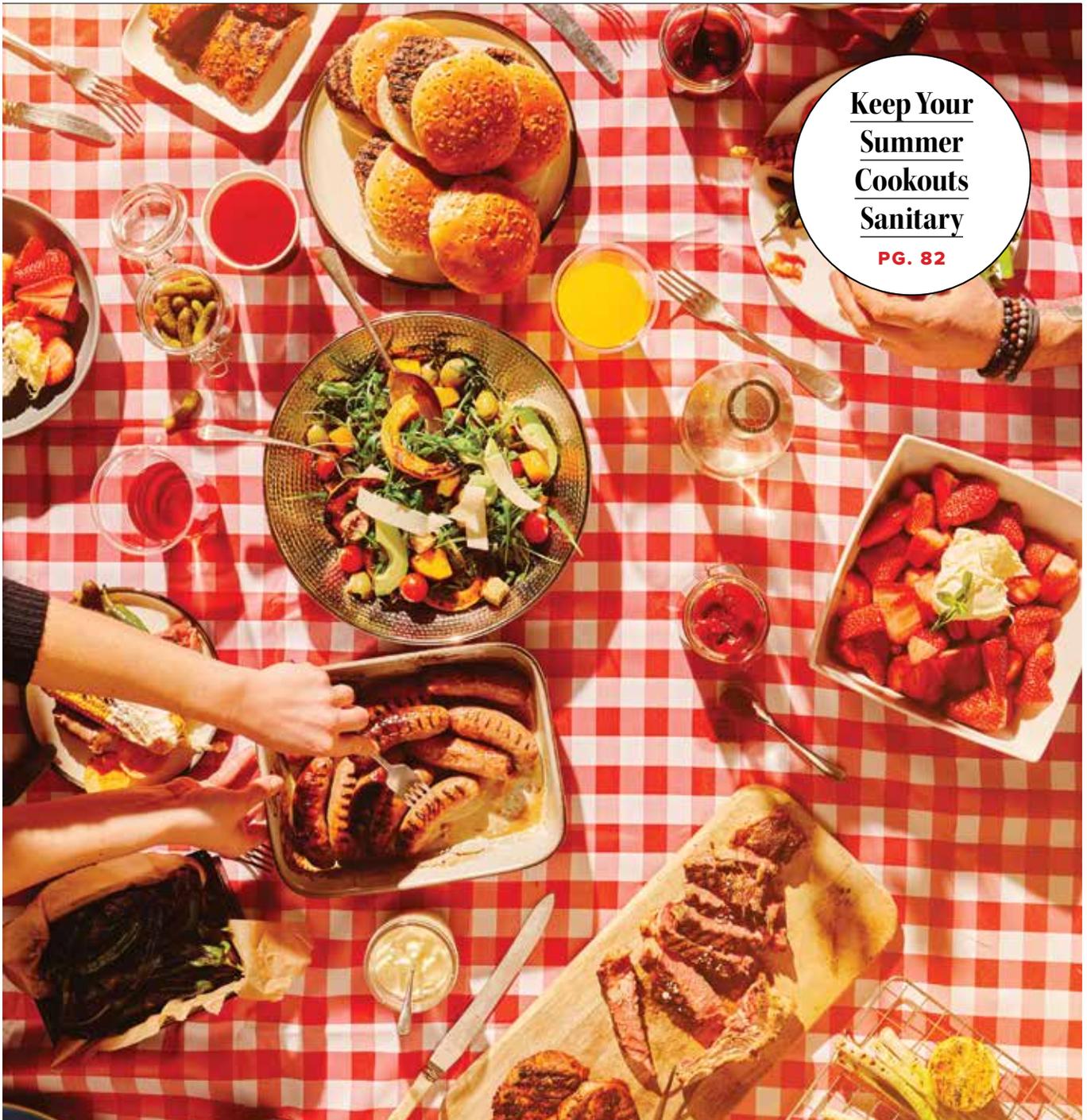
81 LOOK AWAY FROM THIS COSMETICS TREND

86 PFAS

84 WHEN THE INTERNET DIAGNOSES NARCISSISTIC PERSONALITY DISORDER

**Keep Your
Summer
Cookouts
Sanitary**

PG. 82



EMS

EFFECTIVE, BUT NOT AN AB WORKOUT

By Dylan Roche

Can *that* actually work?” It’s a question you could reasonably ask yourself when you consider electronic muscle stimulators, aka EMS. The short answer might be: It’s complicated.

These devices deliver minor pulses of electricity to your muscles, causing them to contract the same way that physical movement would. They’re safe and effective, according to the Food & Drug Administration, but that doesn’t necessarily mean they’re going to give you same results as an intense fitness routine would. And with an ab stimulator recently getting approval from the FDA to be sold on the market, it becomes important once again for consumers to manage their expectations.

When the FDA gives its approval to a medical device, such as a programmable pacemaker, or in this case, an EMS, it’s because the device is *safe and effective*. When used properly, it’s not a high risk to your health and safety, and it will fulfill the medical purpose it claims it will.

Many EMS devices are approved by the FDA, but only one ab stimulator, Slendertone Flex, made by BMR NeuroTech Inc., was approved as recently as January 2024. Ab stimulators are unique among EMS devices because they are designed specifically to target your abdominal muscles, unlike other EMS devices used by medical professionals in clinical settings to do things like treat muscle spasms or improve range of motion. The FDA’s approval of Slendertone Flex gives a jolt to the conversation about what EMS can do—and what it can’t.



If Slendertone Flex is FDA approved, does that mean using this over-the-counter device can give you a six pack? And is there a chance that other ab stimulators could soon get the same approval from the FDA?

Here’s the reality: Yes, an ab stimulator will strengthen your abdominal muscles, but it will likely not be so significant that you see any noticeable change. As the FDA itself states on its website, “Stimulating muscles repeatedly with electricity may eventually result in muscles that are strengthened and toned to some extent but will not, based on currently available data, create a major change in your appearance without the addition of diet and regular exercise.”

To see your muscles, you would have to strengthen your abs enough for them to grow in size *and* decrease your body fat. The National Academy of Sports Medicine says that abs only become visible on women below 19 percent body fat and on men below 9 percent body fat. That’s very low but still healthy—once a woman’s body fat drops below 16 percent and a man’s drops below 6 percent, they are in the unhealthy range.

Most experts agree that the best way to strengthen your abs is through core workouts, such as planks and crunches. A healthy diet and an exercise routine combining aerobic activity and strength training can help you lower your body fat.

Then there’s another final point to keep in mind. If a particular device hasn’t been approved by the FDA, there’s likely a good reason for it. Some non-approved EMS devices have caused shocks, burns, bruising, and skin irritation, or they might even interfere with pacemakers and defibrillators. Even if they aren’t dangerous, there’s no guarantee they’re going to do what they claim they’ll do. It’s not worth risking your safety while taking a shortcut to “better health.”

Look Away from This Cosmetics Trend

By Dylan Roche

Most cosmetic procedures can leave you feeling more confident about your appearance, but this is one surgery that could ultimately end up leaving you with poor eye health. Buzz about cosmetic eye color surgery has been growing, most prominently at the end of last year when Victoria's Secret model Jessica White took to her social media channels to show off her new eye color. Her previously brown eyes were now hazel after undergoing *keratopigmentation*, a process

that involves using lasers to insert dye into the corneas, so they mask the natural color of the eye's irises. The process has sometimes been referred to as "corneal tattooing."

What doctors are performing this kind of procedure? The first keratopigmentation practice in the country, KERATO, is based in New York City, and its owner Dr. Alexander Movshovich has garnered a widespread following on TikTok of people who are fascinated by the prospect of the cosmetic surgery trend. Although the procedure isn't approved by the Food and Drug Administration for safety or effectiveness, most health experts look to it as being safer than other forms of eye color surgery, such as iris implants, in which a doctor cuts a small slit in the cornea to insert an artificial silicone iris. Iris implants are illegal and considered to be malpractice in the United States, although some patients do travel abroad to seek the procedure. Organizations including the American Academy of Ophthalmology and the American Glaucoma Society warn not to undergo iris implant surgery, as it can end up doing severe damage to the eyes.

The biggest concern some eye health experts have is that very few people *need* to change their eye color, making any procedure a risky endeavor for minimal reward. A small percentage of patients may need their eye color changed because of eye injury or eye disease, such as ocular albinism. But generally speaking, if you're looking to change your eye color, the safest and easiest option is to use colored contact lenses, which is a low-cost, temporary (i.e. reversible) method.



Don't Invite the Grossness

KEEP YOUR SUMMER COOKOUTS SANITARY

By Dylan Roche



Once summer gets here, many of us will be firing up our grills and inviting the neighbors over for a cookout. It doesn't matter whether it's for a special occasion or just because it's a nice day outside.

But what *does* matter is that everything gets done in a clean, sanitary, healthy way. And the unfortunate reality is that when you're cooking and eating foods outside in the heat, or enjoying food over an extended period of time, such as you might during an hours-long cookout, there are a lot of unhealthy practices you fall victim to without even realizing it.

The Centers for Disease Control and Prevention estimate that about 48 million people get sick from some kind of foodborne illness during the course of a given year, with summer being one of the riskiest times because of the high temperatures that make it easy for bacteria to multiply and spread.

GIVEN THAT INFORMATION, HERE ARE 10 GROSS THINGS YOU MIGHT WANT TO BE CAREFUL WITH AT YOUR COOKOUT THIS SUMMER:



1. A DIRTY GRILL

This isn't even about a grill that has raw meat juice on it. This is about a grill that's been sitting around for a while, maybe even since last summer. You have no idea what kind of buildup from last year's barbecue is still on there, or what dirt has accumulated over the winter. Before cooking anything, clean the grill thoroughly with soap and water, using a wire bristle brush to get into any hard-to-reach places. Be careful, however—make sure none of the wire bristles from your cleaning brush come off on the grill, where they could easily get stuck to the food that somebody eventually eats.



2. Your hands

Think of everything you've been touching as you prepare food. First, there's the raw burgers. Then there's the unwashed produce. Then there's the trash you've bagged up and taken away. You should be washing your hands between each step of preparing food, especially after you handle anything dirty or germ. Use hot water and lather your hands with soap, scrubbing them for at least 30 seconds before rinsing thoroughly and drying with a clean towel.

3. UNDERCOOKED MEATS

Raw and undercooked meat harbors countless bacteria, and the only way to kill that bacteria is to cook the meat thoroughly. Even if you're setting the meat over hot coals or open flame, you need to ensure the center of the meat is reaching a temperature great enough to kill all the bacteria—don't rely on color as a way of telling whether a piece of meat is thoroughly cooked, even if you've been told that this is a reliable method. Instead, use a meat thermometer to ensure that fish or pork reaches 145F, poultry reaches 165F, and ground beef reaches 160F.



4. YOUR FRESH FRUITS AND VEGGIES

Produce is an essential part of any cookout, including the tomatoes and onions you're slicing up for the burgers or the fresh fruit you're dicing for a refreshing side dish. But all produce has to be washed. Think of the soil that it's grown in and all the handling it has endured as it's been transported to your local grocery store. Even if fruit has a rind that you're removing—such as watermelon and pineapples—you still need to wash the fruit so that your knife doesn't pick up any dirt as it slices through.

5. Cutting boards and plates

Cooking your meat thoroughly and washing your produce won't do you much good if you're subjecting all the food to cross-contamination. Keep everything separate and clean between uses. If you use a plate to hold raw meat, don't place the cooked meat back on that same plate. If you've been collecting dirty produce on a cutting board, be sure to clean the cutting board off when you wash the produce.



6. FOOD THAT'S BEEN SITTING OUT TOO LONG

Once your food is cooked, don't assume that it's safe indefinitely. Once food has a chance to sit out for a long period of time, especially in the heat of summer, it can quickly become a hotbed of bacteria all over again. The golden rule is to keep hot foods hot and cold foods cold. Don't let anything sit out for longer than two hours, or one hour if it's above 90F where you are. After that, everything needs to go in the fridge—and if it happens to sit out longer, it's safest to throw it away afterward.

7. YOUR MARINADE CONTAINER

Marinating your meat, poultry, or seafood can give it lots of flavor, but it can also allow bacteria to thrive if you're not careful. Always marinate food in the fridge, where there's less risk of bacteria breeding. Once your marinade has been exposed to raw meat juices, do not reuse it—transferring raw meat from a marinade container to the grill and then back to the marinade container isn't a safe move. If you wish to add more marinade after grilling, use marinade separate from what the raw meat sat in.



8. OVERCOOKED MEAT

This one isn't about germs, but it's still a health precaution you should keep in mind—when meat is cooked at high temps, its fatty juices create a seared crust around the exterior. As tempting as this is, it's also carcinogenic. You can avoid this by cooking the meat in the oven, but that would go against the spirit of a cookout, where a grill is often the main attraction. In this case, the MD Anderson Cancer Center recommends limited your consumption of extra-crispy barbecue to only a few times per month, and to load up on antioxidant-rich vegetables and fiber to counteract the effects.

9. Melty Ice Cream

Ice cream seems like a safe bet when it comes to a cookout. Once the ice cream gets too warm, it starts to melt, and then it comes inedible anyway. Unless, of course, you tend to take ice cream in and out of the freezer all summer. All the milk, sugar, and butterfat can become a breeding ground of bacteria for ice cream that sits out to soften—and when you return the tub to the freezer, bacteria remain despite the low temps of the freezer. If you take the tub out again for your cookout the next weekend, carefully assess the quality. If it has the icy, too-solid consistency of ice cream that's been melted and refrozen, it's best to rethink dessert for the occasion unless you want to risk an upset digestive system.



10. BEER THAT'S BEEN SITTING IN YOUR GARAGE THROUGHOUT THE WINTER

Sure, your garage is a handy place to store a case of beer throughout the winter. It's out of the way, and it's often cold enough that you don't even need to refrigerate it. Once summer comes, you can put the cans over ice and serve them at your cookout. But if this is your storage method, it's best to rinse those cans off first—you never know what kind of dirt, grime, or pests they've been exposed to in your garage for a few seasons. A simple rinse could be the difference between someone putting their lips to a dirty can or a clean one.

When the Internet Diagnoses Narcissistic Personality Disorder

By Dylan Roche

They're such a narcissist." You've probably heard a peer describe someone this way in reference to an ex-partner, a former friend, an estranged parent, or another unhealthy relationship they're keeping at a distance. *Narcissist* has become a popular buzzword in social discourse lately, but not every person who is self-absorbed or manipulative suffers from narcissistic personality disorder, an actual mental health condition marked by a person's disproportionate sense of their own importance.

And no, this doesn't mean that you can't distance yourself from a self-absorbed person simply because they aren't a clinical narcissist, nor do you necessarily have to go no contact with somebody just because they receive this diagnosis. But it's important to determine when a person in your life might have an actual disorder, particularly if you're encouraging them to get the therapeutic intervention they need.

There's a lot of overlap in behavior between a person with narcissistic personality disorder and somebody who is simply self-absorbed. Both of them might brag a lot, or even put others down. They might seek attention in most



IF YOU THINK YOU'RE DEALING WITH A NARCISSIST, CONSIDER ASKING THESE QUESTIONS:

- ◆ Can they acknowledge their mistakes and how those mistakes affect others?
- ◆ Do they feel bad about how their negative actions affect others?
- ◆ Are they able to provide emotional support to others?
- ◆ Do they respect other people's needs and boundaries?

social situations and get upset when they don't get treated in a special way.

The big difference comes down to empathy and whether this person is actually able to relate to others, according to the Cleveland Clinic. When you point out a self-absorbed person's bad behavior, they can recognize how their actions affect others and they will make an effort to change. On the other hand, a narcissist will not have this ability to empathize. They will be dismissive of the criticism or even angry that it was offered to them.

This ability to empathize usually affects their sense of ethics. A self-centered person might *want* preferential treatment, but they still have a moral compass. They understand rules, and they accept that rules apply to them just as they

apply to others. Somebody with narcissistic personality disorder will find a way to rationalize breaking the rules, or they may even blame other people around them for the way they are being held accountable.

This discernment is difficult because it often comes down to understanding their motivation. A self-absorbed person could commit to changed behavior because they know how it affects those around them, but they struggle with changing their behavior because habits are hard to break. A narcissist might not care about the negative effects of their behavior, but they will pretend to change as a way of further manipulating those around them.

Although many of us understandably don't like to have narcissists in our lives, it's worth remembering that this mental condition can have negative repercussions for the person who has it. They will struggle with relationships, both platonic and romantic. They may even hit plateaus in their career because somebody with this mental health condition isn't fit for leadership roles or management, and this person could negatively affect professional relationships with a company's clientele. Narcissists often deal with deep unhappiness because, underneath their bragging, they are deeply insecure and deal with negative emotions when they don't get the treatment they feel they deserve.

It's not clear how many people have narcissistic personality disorder, as it can often go undiagnosed. An estimated 0.5 percent to 5 percent of the U.S. population likely has it. For many with this condition, it forms in their youth. Children may show some narcissistic behavior, but this is often age appropriate and something they grow out of. If it continues into their teen years, it could be a warning sign that they will carry this behavior into adulthood.

Health experts aren't sure what causes narcissistic personality disorder, although there are theories. It could be caused by negative childhood experiences, such as rejection or neglect, but on the flip side, overindulgence might also cause it by making a child feel as if they are entitled to this type of treatment. Genetics and neurobiology might play a role as well.

The best treatment option available is talk therapy, or psychotherapy, which can equip a narcissist with a better understanding of how they affect others and how to unlearn their feelings of self-importance.

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PFAS

WHAT ARE THEY, AND WHAT ARE THE RISKS?

By Dylan Roche

Nobody wants to think there are chemicals in their drinking water—but it's a fact that many Americans need to face. Health experts and environmental advocates have been encouraging more discussion in recent years about PFAS, short for per- and polyfluorinated alkyl substances, also known as “forever chemicals.”

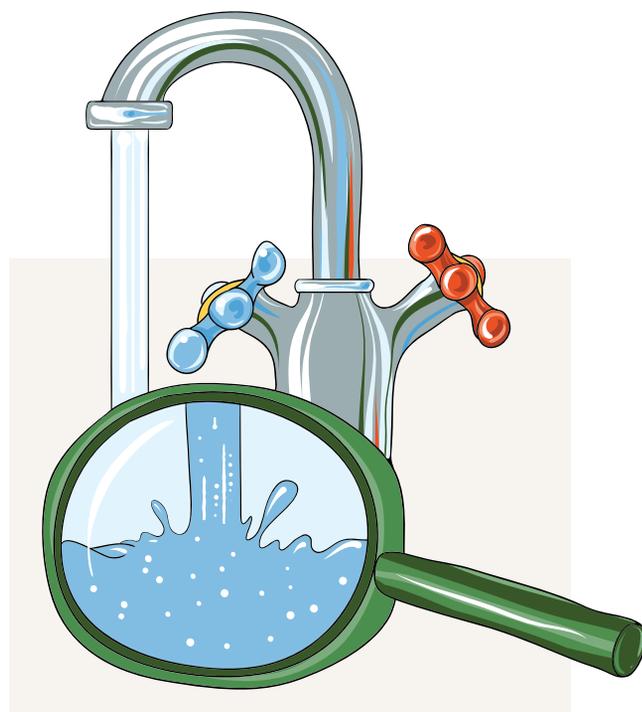
As the nickname suggests, these microplastics don't break down. They linger in the air we breathe, the soil in which we grow our food, and the water we drink. Because of this, they often end up consumed by humans or animals, where

they can accumulate in the body. In fact, in February 2024, the Environmental Protection Agency released data showing that about 70 million Americans have consumed drinking water contaminated by PFAS.

That's bad news, because this bioaccumulation of microplastics in our bodies has negative health consequences,

including cancer and damage to our DNA, our reproductive systems, and our immune function. The Centers for Disease Control and Prevention estimates that about 90 percent of people have been exposed to forever chemicals, determining that exposure is so commonplace that the agency put out guidelines for dealing with them. This CDC guidance encourages health care providers to test for PFAS in a patient's blood, and to talk to patients about how they can reduce future exposure.

Although the EPA and CDC warn about the risks associated with these forever chem-



icals, there are still no laws at the federal level regulating PFAS in drinking water. Currently, nine states have laws in place. Maryland currently has laws regulating the use of PFAS in fire-fighting products and apparatus, food packaging, and carpets, but there are no laws setting limits in drinking water.

Until standards are set by law, many consumers take a risk by drinking any water, including bottled water. Because the FDA does not regulate PFAS in bottled water, it is possible that some products still contain them. The International Bottled Water Association requires its members to test and limit products, but not all bottled water manufacturers and distributors are a member of this organization.

For those who are wary of the risks surrounding PFAS, one safety method is to install your home tap with a water treatment method certified by the National Sanitation Foundation, such as reverse osmosis or an activated carbon filter. Both of these methods use a type of filter (a semipermeable membrane in the case of reverse osmosis, and granulated activated carbon in the case of a carbon filter) to remove contaminants from the water. This can leave your home tap water clean and as free from as many chemicals as possible.

**THESE MICROPLASTICS
DON'T BREAK DOWN.
THEY LINGER IN THE
AIR WE BREATHE, THE
SOIL IN WHICH WE
GROW OUR FOOD, AND
THE WATER WE DRINK.**

Food & Dining

88 TASTE

91 SAVOR THE CHESAPEAKE

92 READERS' DINING GUIDE

Detroit
Pepperoni Pizza
at Ava's Pizzeria
& Wine Bar



Cooked to Perfection

By Tom Worgo

Ava's Pizzeria & Wine Bar owner Chris Agharabi gets the question often from customers: Why don't you open a location in my town? Agharabi owns and operates three popular restaurants in St. Michaels, Cambridge, and Rehoboth Beach. "When people stop asking me to open in their town, I am doing something wrong," Agharabi explains. "All I know is that we've got food that people love."

Pizza and meatballs are easily among the best sellers. And every month, Ava's features a chef's favorite pizza and the offerings are a big hit. Ava's has 10 specialty pizzas and 20 toppings for build-your-own pizza. Yet the restaurant is more than pizzas.

"Diners in St. Michael's like the short rib dish," Agharabi says of the Ava's Pizzeria location that opened in 2008. "It's the only place we have it. We also have barbecue shrimp, New Orleans style."



AVA'S PIZZERIA & WINE BAR | avaspizzeria.com

409 S. Talbot Street, St. Michaels; 410-745-3081

305 High Street, Cambridge; 443-205-4350

29 Baltimore Avenue, Rehoboth Beach; 302-212-5458



And the wine bar features about 80 different selections. "The wine bar concept was to make it a relaxing place," Agharabi says. "Most of the wines are new world (United States, South Africa, Australian). We do have a selection of Italian wines and an old-world (European) selection."

Ava's Pizzeria & Wine Bar—named after his daughter—aims for repeat customers. "I want people to eat with us once a week," Agharabi says. "I want to deliver a consistent experience."

To learn more, we sat down with the 52-year-old Agharabi to discuss Ava's.

What are your top selling food items?

At St. Michael's, the thin crust pizzas. In Rehoboth, we sell more Detroit-style pizza than regular pizza because it's something different. The heirloom tomato pie is also popular. And the Chef's Favorite with crispy prosciutto, arugula, prosciutto reduction, and fresh mozzarella. You have that creaminess from the mozzarella. When it's melted right, it rounds out that crunch. It's a perfect balance of bitter, sweet, sour, and salt. It's full of flavor and texture. It's just a complete package of a very delicious pizza. It goes with red or white wine.

What's another favorite?

The meatballs are big—three-ounces. People really love those. We use simple ingredients. It's garlic bread, fresh parsley, fresh parmesan, some eggs, salt, and ground beef. We want them to be light. You want to be able to take a knife and cut through them without completely disintegrating. You get the tomato sauce from the meatball that has the really good flavor of a Sunday gravy.

Tell me about your wine bar?

The first word that always pops into my head is accessible. Customers are going to see some familiar wines, but they are going to see some wines they normally don't see. We try blends. People always want new world wines versus old world wines. But we have both to be accessible for people to try things. We want balance.

Talk about making the ingredients from scratch.

The little details make a difference. We pretty much make everything from scratch. I like to say it's real food. We use real flour for our dough. We don't put sugar in it. We use cake yeast. It's how



you would do it if you are making real pizza. We make our own cheese using Italian cheese making machines. We make our little cherry mozzarella. We get tomatoes from California, and they are better than the Italian ones depending on the time of the year. In the summer, we have someone from Talbot County that grows all of our tomatoes. We don't buy anything pre-made.

How are your three locations different from each other?

They are really tailored to the town where they are located. If you look at Ava's in St. Michael's, it's in an old goose picking house on

Main Street. It's an old, split house. We still keep it like a house inside and modernized certain things about it. I tried to keep the historic vibe to it.

At Rehoboth, originally it was four different stores. It's stucco. It's a block from the beach. We have garage doors that open up. It's got a warehouse vibe. Not a historic one.

In downtown Cambridge, it's an old brick building. It also has a historic vibe to it, and it fits the neighborhood and environment.

Besides three Ava's Pizzerias, you own two Theo's Steaks, Sides and Spirits and Hammy's Burgers & Shakes. How did you get into the restaurant business?

I worked for other people for a long time in technology and sales. Eventually, I decided I wanted to work for myself. I had a house outside of St. Michael's. There are some pizza places outside of town, but there were none downtown. I thought it was a good fit and I like to cook. I went to the L'Academie de Cuisine (in Gaithersburg). I said to myself, "Let's take a shot at this." I went from there.

What causes or charities do you support?

We have a binder that is three inches thick. We love pet charities. I have a burger joint named Hammy after my beagle. We do a sailing program for kids. I go to events, and we do donations with gift cards. We do all the Thanksgiving turkeys for St. Michael's Community Center. During the pandemic, I did Feed the Front for Talbot and Dorchester counties. We fed the hospital staff lunch.

DETROIT PEPPERONI PIZZA

Yield: 2 each, 6" x 8" pepperoni pizzas. Prep Time: 2.5–3 hours; cook time: 10–14 minutes. *This recipe is adapted from a large batch recipe. Sugar has been added to bloom the yeast.

Dough Recipe

1.5 grams fresh yeast or .4 grams dry yeast
7 grams sugar, granulated
201 grams tap water, room temperature 75–80F
5 grams canola oil
7 grams olive oil
375 grams flour
10 grams salt, kosher
4 Tbsp olive oil and canola oil blended together (to grease pizza pan)

In a bowl mix sugar and yeast with water until yeast is dissolved. Add canola and olive oil to water and mix until frothy. In a separate bowl mix flour and salt. Add water mixture and knead by hand, or use a mixer with a dough hook, until cohesive and smooth. Pour 1 Tbsp of olive oil into each 6" x 8" Detroit-style baking pan. The darker the aluminum, the better. This will give you a better crust. If you do not have Detroit pans, cast iron skillets, or any similar-sized pan with a 2" depth. Divide dough into two 300-gram balls, place in oiled pans, cover loosely and let sit at room temperature for 1 hour. The dough should double in size. Gently stretch the dough into the edges and corners of the pan until it starts to shrink back and won't stretch any farther. Repeat this process every 15 minutes until the dough does not shrink back from the edges. Cover the pan and let sit in a warm place for 1–2 hours. The longer the dough rests the taller the Detroit Pizza will be.



Making a Pizza

4 Tbsp olive oil and canola oil blended
2 oz grated parmesan
3 oz thin sliced pepperoni
2 oz Wisconsin brick cheese, shredded
2 oz mozzarella cheese, shredded
3 oz tomato sauce (your favorite store-bought or make your-own)

Preheat oven to 500F. Gently lift the rested dough from the pan and drizzle the olive oil and canola oil blend around the edges. Sprinkle grated parmesan around the edge of the dough so it touches the sides of the pan. This is what creates the signature "burnt edge." Layer pepperoni first on top of the dough. This prevents the pepperoni from burning during the cook time and also helps the pizza retain some extra pepperoni flavor. Spread cheese over the pepperoni. Add two "stripes" of tomato sauce over the cheese. Make sure there is still cheese exposed to get the full caramelized cheese effect. Bake in the oven for 10–14 minutes. Pizza will be done when the internal temperature is 180 degrees. Remove the hot pizza pan from the oven and let it rest for 1 to 2 minutes. This makes it easier to remove the pizza from the pan. Top with more parmesan. Enjoy.

Savor the Chesapeake

RESTAURANT NEWS AND CULINARY TRENDS THROUGHOUT THE CHESAPEAKE BAY REGION

By Megan Kotelchuck

We have good news of several restaurants opening throughout the region and even a local chef appearing on the national stage. Plus, an herbal cocktail worth whipping up.

ON THE DINING SCENE...

Bay Wolf Restaurant in Rock Hall has closed and **Flying Decoy Bar + Grill** has opened in its place. Flying Decoy is described as “a delightful culinary haven with a testament to the fusion of fresh, locally sourced ingredients and has a commitment to providing exceptional value without compromising on quality. Flying Decoy has a diverse menu for all palates.” The restaurant is open Monday through Saturday for lunch and dinner. Find more information at flyingdecoy24.com.



Photo by Flying Decoy Bar & Grill



Photo courtesy of The Food Network

During the pandemic, **Tobias Dorzon** opened Huncho House in Hyattsville. Now, Chef Dorzon is taking a quick break from the restaurant to compete in Food Network’s *Tournament of Champions*. This competition gathers some of the world’s greatest chefs to compete head-to-head, East Coast versus West Coast to crown the best of the best. Need something new to watch? See how our hometown chef did and make reservations for Huncho House at hunchohouse.com.

After 19 months closed, **Sailor Oyster Bar** reopened this February. Sailor Oyster Bar experienced a fire on June 8th, 2022. While they were closed, the community raised \$110,000 which mostly went to support the staff. Sailor Oyster Bar is one of the top shell recycling alliance restaurants for the Oyster Recovery Partnership. Find their refreshed menu and hours at sailoroysterbar.com.

Reap What We Sow...

We have consequences for all of our actions, right? Well, if you start an herb garden, the consequences are delicious opportunities to create dishes and drinks. Here’s an herbalicious cocktail to try!

LEMON BASIL VODKA MARTINI

Ingredients

- 2.5 ounces vodka
- 1 ounce lemon juice
- 1 ounce simple syrup
- 3 to 4 basil leaves
- Sliced lemon wheels for garnish

Instructions

Add the basil leaves, simple syrup, and lemon juice to a cocktail shaker. Muddle the basil leaves until they are very bruised and torn. It should smell like basil. Add a handful of ice to the cocktail shaker along with the vodka. Shake well for 15–20 seconds until chilled. Strain the cocktail into a chilled martini or coupe glass. Garnish with a lemon wheel and a basil leaf. Enjoy!

Photo and recipe courtesy of toshistable.com





Readers' Dining Guide



Welcome to your regional dining guide. We include many restaurants for many tastes and experiences. Don't see your favorite on the list? Email [m Kotelchuck@whatsupmag.com](mailto:mkotelchuck@whatsupmag.com) or editor@whatsupmag.com and let us know! And for the full guide, visit whatsupmag.com.

Advertisers Listed in Red

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Queen Anne's County

18Twenty
 500 Kent Manor Drive, Stevensville; 410-643-5757; kentslandresort.com/dining ●●●●●

Amalfi Coast Italian & Wine Bar
 401 Love Point Road, Stevensville; 443-249-3426; amalficoastki.com ●●●●●

Bark Barbecue Café
 371 Log Canoe Circle, Stevensville; 443-618-3676; barkbarbecue.com ●●●●●

Bay Shore Steam Pot
 111 E. Water Street, Centreville; 410-758-3933; bayshoresteam-pot.com ●●●●●

Big Bats Café
 216 St Claire Place, Stevensville; 410-604-1120; bigbats.com ●●●●●

The Big Owl Tiki Bar and Grill
 3015 Kent Narrow Way S, Grasonville; 410-829-9546; thebigowl.com ●●●●● Seasonal

Bridges Restaurant
 321 Wells Cove Road, Grasonville; 410-827-0282; bridgesrestaurant.net ●●●●●

Café Sado
 205 Tackle Circle, Chester; 410-604-1688; cafesado.com ●●●●●

Cult Classic Brewing
 1169 Shopping Center Road, Stevensville; 410-980-8097; cultclassicbrewing.com ●●●●● Events, Beer

Doc's Riverside Grille
 511 Chesterfield Ave, Centreville; 410-758-1707; docsriverside-grille.com ●●●●●

Dock House Restaurant
 110 Piney Narrows Road, Chester; 443-446-4477; dockhouserestaurant.com ●●●●●

Fisherman's Crab Deck
 3032 Kent Narrows Way S, Grasonville; 410-827-6666; crab-deck.com ●●●●● Seasonal

Fisherman's Inn
 3116 Main Street, Grasonville; 410-827-8807; fishermansinn.com ●●●●●

Frix's Fire Grill
 1533 Postal Road, Chester; 410-604-2525; frixsfiregrill.com ●●●●●

Harris Crab House and Seafood Restaurant
 433 Kent Narrow Way N, Grasonville; 410-827-9500; harris-crabhouse.com ●●●●●

The Jetty Dock Bar and Restaurant
 201 Wells Cove Road, Grasonville; 410-827-4959; jettydockbar.com ●●●●●

Libbey's Coastal Kitchen and Bar
 357 Pier One Road, Stevensville; 410-604-0999; libbey-scoastalkitchen.com ●●●●●

Love Point Deli
 109 Main Street, Stevensville; 410-604-2447; lovepointdeli.com ●●●●●

Kent Point Marina, Bait House and Seafood
 107 Short Road, Stevensville; 410-753-2330; kent-point-marina.square.site ●●●●● Seafood

Kentmorr Restaurant & Crab House
 910 Kentmorr Road, Stevensville; 410-643-2263; kentmorr.com ●●●●● Seasonal

Knoxie's Table

180 Pier One Road, Stevensville; 443-249-5777; baybeachclub.com \$\$ ●●●

Mamma Mia Italian Bistro and Sports Bar

219 E Water Street, Centreville; 410-758-2222; mammamia-centreville.com \$\$ ●●

The Market**Gourmet Cafe**

180 Pier One Road, Stevensville; 410-604-5900; baybeachclub.com \$, Locally Sourced

Mr. B's Seafood Market

114 State Street, Stevensville; 410-643-5536; mrbsseafood.com \$\$ ● Seafood

The Narrows Restaurant

3023 Kent Narrows Way, Grasonville; 410-827-8113; thenarrowsrestaurant.com \$\$\$ ●●●●

Phat Daddy's BBQ

205 Spring Avenue, Chestertown; 443-282-0028; phatdaddybbq.com \$ ●

Pour House Pub

205 Tackle Circle, Chester; 443-249-3242; pourhouseki.com \$ ●●

Rams Head Shore House

800 Main Street, Stevensville; 410-643-2466; rams-headshorehouse.com \$\$ ●●●

Red Eye's Dock Bar

428 Kent Narrow Way N, Grasonville; 410-304-2072; reeyesdb.com \$\$ ●●●● Seasonal

Rolph's Wharf: The Sandbar

1008 Rolph's Wharf Road, Chestertown; 410-778-6347; rolphswharfmarina.com \$\$ ●●●● Light Fare

Stevensville**Crab Shack**

116 Pier One Road, Stevensville; 410-604-2722; stevensvillecrabshack.com \$\$ ● Seafood

Yo Java Bowl Café

800B Abruzzi Drive, Chester; 410-604-0000; yojavabowl.com \$ ●

Talbot County**Ava's Pizzeria & Wine Bar**

409 Talbot Street, St. Michaels; 410-745-3081; avaspizzeria.com \$ ●●●

Bas Rouge

19 Federal Street, Easton; 410-822-1637; basrougeeaston.com \$\$\$ ●●●

Bistro St. Michaels

403 South Talbot Street, St Michaels; 410-745-9111; bistrostmichaels.com \$\$\$ ●●

Blu Miles Seafood and Grill

305 Mulberry Street, St Michaels; 410-745-8079; theblumiles-restaurant.com \$\$ ●●●●

The Blue Crab

102 S Fremont St, St Michaels; 410-745-4155; the-blue-crab-shop.square.site \$ ●● Daily Breakfast

Bombay Tadka

508 Idlewild Ave, Easton; 410-746-2135; bombaytadkamd.com \$\$ ●●

Café 401

401 S Talbot Street, St Michaels; 410-745-3323; thecafe401.com \$\$ ●●

Capsize

314 Tilghman Street, Oxford; 410-226-5900; capsizexmd.com \$\$ ●●●● Seasonal

Carpenter Street Saloon

113 S Talbot Street, St Michaels; 410-745-511; carpenterstreet-saloon.com \$ ●●

The Coffee Trappe

4016 Trappe Street, Trappe; 410-476-6164; coffeetrappe.com \$\$ ● Daily Breakfast

Corah's Corner

105 N Talbot Street, St Michaels; 410-745-8008; corahs.com \$\$ ●●●●

Crab Claw Restaurant

304 Burns Street, St Michaels; 410-745-2900; thecrabclaw.com \$\$ ●●●●

Doc's Downtown Grille

14 N Washington Street, Easton; 410-822-7700; docsdowntowngrille.com \$\$ ●●●●

Doc's Sunset Grille

104 W Pier St, Oxford; 410-226-5550; docssunsetgrille.com \$\$ ●●●●

Foxy's Harbor Grille

125 Mulberry Street, St Michaels; 410-745-4340; foxysharbor-grille.com \$\$ ●●●● Seasonal

The Galley

305 South Talbot Street, St Michaels; 410-200-8572; thegalleyeastmichaels.com \$\$ ●●●●

Gina's Café

601 Talbot Street, St Michaels; 410-745-6400; ginascafemd.com \$\$ ●●

Hammy's Hideout

209 S Talbot Street, St. Michaels; 410-745-4044; hammy-burgers.com \$ ●●

Hot Off the Coals BBQ

8356 Ocean Gateway, Easton; 410-820-8500; hotoffthecoals.com \$ ●●

Hunter's Tavern

101 East Dover Street, Easton; Tidewaterinn.com; 410-822-4034 \$\$ ●● Daily Breakfast

Limoncello Italian Restaurant & Wine Bar

200 South Talbot Street, St Michaels; 410-745-3111; limoncellostmichaels.com \$\$ ●●

Lowe's Wharf

21651 Lowes Wharf Road, Sherwood; 410-745-6684; loweswharf.com/restaurant \$\$ ●●●● Seasonal

Marker Five

6178 Tilghman Island Road, Tilghman; 410-886-1122; markerfive.com \$\$ ●●●● Seasonal

Momma Maria's Mediterranean Bistro and Bar

4021 Trappe Street, Trappe; 410-476-6266; mommamiariasbistro.com \$\$ ●● Daily Breakfast

Osteria Alfredo

210 Marlboro Street, Easton; 410-822-9088; osteriaalfredo.com \$\$ ●●

Out of the Fire

111 South Washington Street, Easton; 410-205-2519; outofthefire.com \$\$ ●●

Piazza Italian Market

218 North Washington Street Suite 23, Easton; 410-820-8281; \$\$ ● Beer and Wine

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209 N Talbot Street, St Michaels at the Wildset Hotel; 410-745-8011; ruserestaurant.com \$\$\$ ●●

San Miguels

100 S Talbot Street, St Michaels; \$\$ ●●

Scossa Restaurant and Lounge

8 North Washington Street, Easton; 410-822-2202; scossarestaurant.com \$\$ ●●●

Sugar Buns Cafe

29137 Newnam Road, Easton; 410-820-4220; sugar-buns.com \$ ●

Sunflowers and Greens

11 Federal Street, Easton; 410-822-7972; sunflower-sandgreens.com \$\$ ●

T at the

General Store
25942 Royal Oak Road, Easton; 410-745-8402; tatthe-generalstore.com \$\$ ●●

Theo's Steak, Sides, and Spirits

407 South Talbot Street, St Michaels; 410-745-2106; theosteakhouse.com \$\$\$ ●●●

Tickler's Crab Shack and Restaurant

21551 Chesapeake Houe Drive, Tilghman in the Wylder Hotel; 410-886-2121; wylderhotels.com \$\$ ●●●

Tiger Lily

206 N Washington Street, Easton; 410-690-4602; tigerlily-easton.com \$\$\$ ●●

Tilghman Dining at The Tilghman Island Inn

21384 Coopertown Road, Tilghman Island; 410-886-1170; tilghmandining.com \$\$\$ ●●●● Seasonal

Two if by Sea

5776 Tilghman Island Road, Tilghman; 410-886-2447; twoifbysearestaurant.net \$ ●●

Kent County

Blue Bird Tavern

512 Washington Avenue, Chestertown; 410-778-2885; Facebook \$ ●●

Blue Heron Oyster House and Inn

20658 Wilkins Avenue, Rock Hall; 410-639-4374; bluehero-oysterhouseandinn.com \$\$\$ ●●●

Café Sado

870 High St, Chestertown; 410-778-6688; cafesado.com \$\$ ●●

Chester River Seafood

4954 Ashley Road, Rock Hall; 410-639-7018; chesterri-ver-seafood.com \$\$ ●

Deep Blue at Kitty Knight

14028 Augustine Herman Highway, Georgetown; 410-648-5200; deepblue-restaurant.com \$\$ ●●●●●

Dockside Café on Rock Hall Harbor

21906 Chesapeake Avenue, Rock Hall; 410-639-2478; the-lackduckinn.com \$, Seasonal

Fish Whistle

100 George Street, Georgetown; 410-275-1603; fish-handwhistle.com \$\$ ●●●●●

Flying Decoy Bar + Grill

21270 Rock Hall Ave, Rock Hall; 410-639-2000; flyingdecoy24.com \$\$ ●

Ford's Seafood Inc

21459 Rock Hall Ave, Rock Hall; 410-639-2032; fordsseafoodrockhall.com \$ ●

Happy Chicken Bakery

215 Scheeler Road, Chestertown; 443-988-3955; happy-chickenbakery.com \$ ●

Harbor Shack

20895 Bayside Avenue, Rock Hall; 410-639-9996; harborshack.net \$\$\$ ●●●●●

Java Rock

21309 E Sharp Street, Rock Hall; 410-639-9909; Facebook \$ ● Coffee and Breakfast

The Jefas Mexican Grill

100 West Cross Street, Galena; 410-648-7182; the-jefas-mexican-grill.business.site \$ ●●

The Kitchen at the Imperial

208 High Street, Chestertown; 410-778-5000; imperialchestertown.com \$\$\$ ●●

Luisa's Cucina Italiana

849 Washington Avenue, Chestertown; 410-778-5360; luisarestaurant.com \$\$\$ ●●

Modern Stone Age Kitchen

236 Cannon Street, Chestertown; 410-996-4776; modern-stoneagekitchen.com \$\$\$ ●

Muskrat Alley Café

5877 Coleman Road, Rock Hall; 410-708-0057; carriage-housemd.com \$ ● Breakfast

Osprey Point

20786 Rock Hall Ave, Rock Hall; 410-639-2194; ospreypoint.com \$\$\$ ●●●●

The Retriever Bar and Oysters

337 ½ High Street, Chestertown; theretrieverbar.com \$\$\$ ●●

Rock City Cafe

21356 Rock Hall Avenue, Rock Hall; 410-639-7916; Facebook \$\$\$ ●

The Shanty Bar

21085 Tolchester Beach Road, Chestertown; 410-778-1400; tolchester-marina.com \$ ●●●●●

Uncle Charlie's Bistro

834 High Street, Chestertown; 410-778-3663; unclecharliesbistro.com \$\$\$ ●●

Watershed Alley

337 High Street, Chestertown; 443-282-9797; thewatershedalley.com \$\$\$ ●●

Dorchester County

Ava's Pizzeria & Wine Bar

543 Poplar Street, Cambridge; 443-205-4350; avaspizzeria.com \$ ●●



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400 Race Street, Cambridge; 410-995-7559; blueruinbar.com \$\$\$ ●●

Bombay Social

413 Muir Street, Cambridge; 443-515-0853; bombaysocialmd.com \$\$\$ ●

Carol's Kitchen

1504 Glasgow St, Cambridge; 443-225-5889; Facebook \$ \$ ●

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Lil' Bitta Bull

520 Race Street, Cambridge; 443-205-2219; Facebook \$ \$ ●●

The Neck District Grill

1042 Hudson Road, Cambridge; 410;228-3052; Facebook \$ ●

Ocean Odyssey and Crab House

316 Sunburst High-way, Cambridge; 410-228-8633; toddseafood.com \$\$\$ ●●● Seasonal

Old Salty's

2560 Hoopers Island Road, Fishing Creek; 410-397-3752; oldsaltys.com \$ \$ ● Locally Sourced

Paul's Deli On the Creek

106 Market Square, Cambridge; 443-477-6630; Facebook \$ ●●●●

Paul's Pub

1200 Goodwill Ave, Cambridge; 410-901-1212; choptankbowl-ing.com \$ ●●

Portside Seafood Restaurant

201 Trenton Street, Cambridge; 410-228-9007; portsidemary-land.com \$ \$ ●●●●

RAR Brewing

508 Poplar Street, Cambridge; 443-225-5664; rarbrew-ing.com \$ \$ ● Beer

River View at the Point

1A Sunburst High-way, Cambridge; 410-228-0870; riverviewatthepoin-trestaurant.com \$ \$ ●●● Daily Breakfast

Snappers Water-front Cafe

112 Commerce Street, Cambridge; 410-228-0112; snap-perswaterfrontcafe.com \$ \$ ●●●●●

Suicide Bridge Restaurant

6304 Suicide Bridge Road, Hurlock; 410-943-4689; sui-cide-bridge-restau-rant.com \$ \$ ●●●●●

Vintage 414

414 Race Street, Cambridge; 410-228-4042; vintage414.com \$ \$ ● Light Fare

Caroline County

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422 N 6th Street, Denton; 410-479-0270; bullocksdeli.com \$ ●

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406 Market Street, Denton; 410-490-4495; carolinesin-denton.com \$ \$ ●● Seasonal

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Ridgely Pizza and Pasta

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Where's Wilma?

FIND WILMA AND WIN!

Up, up, and away! Our faithful flying mascot Wilma will take to the skies and hopefully soar as high as the Blue Angels when the flight squadron visits our region this month. Wilma will put on a show, but also travel town to Chesapeake town to find the greatest deals and meals. Where will she land next? Here's how the contest works: Wilma appears next to three different ads in this magazine. When you spot her, write the names of the ads and their page numbers on the entry form online or mail in the form below and you'll be eligible to win. Only one entry per family. Good luck and don't forget to submit your restaurant review online at whatsupmag.com/promotions for another opportunity to win a prize.

Congratulations to Malcolm P. of Easton, who won a \$50 gift certificate to a local business.

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Entries must be received by May 31, 2024. Winner will receive a gift certificate to a local establishment and their name will appear in an upcoming issue of What's Up? Eastern Shore. **Mail entries to:** Where's Wilma? Eastern Shore, 201 Defense Hwy., Ste. 203, Annapolis, MD 21401 or fill out the form at whatsupmag.com/promotions.

Anne Arundel Medical Center—Fish For A Cure	50
Aqua Pools	BC
Arundel Lodge, Inc.	49
Bosom Buddies Charities	46
Bowman Jarashow Law LLC	22
Brad Kappel, TTR Sotheby's International Realty.....	5
Chaney Homes, Tricia Wilson.....	IFC
Chesapeake Bay Beach Club.....	21
Coastal Pools.....	77
Dee Dee McCracken, Coldwell Banker	2
Djawdan Center for Implant and Restorative Dentistry	1
Drs. Walzer, Sullivan & Hlousek, P.A.....	7
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For All Seasons, Inc.	54, NP&C
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Fred Frederick Chrysler Jeep Dodge—Easton.....	4
Haven Ministries.....	NP&C
Kent Island Pediatric Dentistry	15
Law Office of John Leo Walters LLC.....	LLP
Londonderry On The Tred Avon	75
Long and Foster Real Estate, Cornelia Heckenbach.....	17
Long Fence.....	78
Luminis Health AAMC.....	9
Lundberg Builders and 314 Design Studio	64
McNamee Hosea Attorneys & Advisors.....	LLP
McAllister, DeTar, Showalter and Walker LLC	LLP
Mid Atlantic Symphony Orchestra.....	85
Nancy Hammond Editions.....	54
Parker Counts.....	LLP
Piazza Italian Market	94
RLC Lawyers and Consultants LLC.....	25
ROSM Regenerative Orthopedic Sports Medicine	15
Selling Maryland Sunsets LLC Biana Arentz.....	13
Shiple Law Firm	LLP
Swan Cove Spa and Salon	95, GG
The Arc Central Chesapeake Region	45
The Galley Restaurant and Bar.....	93
The Winery	95
Tidewater Inn	19
University of Maryland Shore Regional Health	IBC
Wade Lawn and Landscape	64

A man and a woman are dancing in a grassy park. The man is wearing a yellow and white plaid shirt and blue jeans. The woman is wearing a yellow top and blue jeans. They are both smiling and holding hands. The background shows trees and a building.

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